

## XII Puszczykowski Bieg po Ciacho

Puszczykowo 30.11.2025 | Dystans: 10 km | Wyniki OPEN | wyniki nieoficjalne

Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko                                                | Kraj | Klub                             | Miejscowość  | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|----------------------------------------------------------------|------|----------------------------------|--------------|------------|----------------|----|---|-------------|--------------|-----------------|
| 1    | 76  | Dawid Ling<br>3,33 km: 00:11:52   6,66 km: 00:24:15            | POL  |                                  | Mościenica   | M30        | 1              | 1  |   | 00:36:52    | 00:36:54     | 03:41           |
| 2    | 75  | Sebastian Łukaszewski<br>3,33 km: 00:12:41   6,66 km: 00:25:30 | POL  | STARGARDZKI KLUB LEKKOATLETYCZNY | Stargard     | M40        | 1              | 2  |   | 00:38:19    | 00:38:20     | 03:50           |
| 3    | 159 | Łukasz Feliksiak<br>3,33 km: 00:12:46   6,66 km: 00:25:40      | POL  |                                  | Oborniki     | M40        | 2              | 3  |   | 00:38:46    | 00:38:48     | 03:53           |
| 4    | 52  | Bartosz Szewczyk<br>3,33 km: 00:12:48   6,66 km: 00:26:12      | POL  |                                  | Jeziory Małe | M30        | 2              | 4  |   | 00:39:28    | 00:39:29     | 03:57           |
| 5    | 190 | Oleh Vodianchuk<br>3,33 km: 00:12:58   6,66 km: 00:26:12       | POL  |                                  | Lubon        | M30        | 3              | 5  |   | 00:39:32    | 00:39:34     | 03:57           |
| 6    | 141 | Piotr Pastok<br>3,33 km: 00:12:50   6,66 km: 00:26:21          | POL  | KU AZS UMP                       | Poznań       | M20        | 1              | 6  |   | 00:40:11    | 00:40:13     | 04:01           |
| 7    | 156 | Tomasz Zajączkowski<br>3,33 km: 00:13:19   6,66 km: 00:27:14   | POL  | PGB Sportowa Paczka              | Poznań       | M40        | 3              | 7  |   | 00:41:29    | 00:41:30     | 04:09           |
| 8    | 142 | Łukasz Juszczak<br>3,33 km: 00:13:38   6,66 km: 00:27:46       | POL  |                                  | Mościenica   | M30        | 4              | 8  |   | 00:41:37    | 00:41:40     | 04:10           |
| 9    | 161 | Taras Pataman<br>3,33 km: 00:13:44   6,66 km: 00:27:50         | UKR  | K-2                              | Wrocław      | M40        | 4              | 9  |   | 00:41:53    | 00:41:57     | 04:11           |
| 10   | 18  | Przemek Dembski<br>3,33 km: 00:13:39   6,66 km: 00:27:51       | POL  |                                  | Kórnik       | M40        | 5              | 10 |   | 00:41:56    | 00:41:58     | 04:12           |
| 11   | 51  | Robert Walczak<br>3,33 km: 00:13:38   6,66 km: 00:27:50        | POL  | Marcin Stachowiak fan club       | Poznań       | M40        | 6              | 11 |   | 00:42:22    | 00:42:23     | 04:14           |
| 12   | 46  | Piotr Draber<br>3,33 km: 00:15:02   6,66 km: 00:29:44          | POL  | Biegacze Celebryci               | Poznań       | M30        | 5              | 12 |   | 00:43:58    | 00:44:02     | 04:24           |
| 13   | 197 | Jakub Aksamił<br>3,33 km: 00:14:49   6,66 km: 00:29:36         | POL  | Radosne Kurki                    | Sochaczew    | M30        | 6              | 13 |   | 00:43:57    | 00:44:10     | 04:24           |
| 14   | 104 | Marcin Włodarczak<br>3,33 km: 00:14:45   6,66 km: 00:29:35     | POL  |                                  | Czempiń      | M50        | 1              | 14 |   | 00:44:29    | 00:44:32     | 04:27           |
| 15   | 30  | Marek Fałerek<br>3,33 km: 00:14:57   6,66 km: 00:29:51         | POL  |                                  | Wronki       | M30        | 7              | 15 |   | 00:44:33    | 00:44:35     | 04:27           |
| 16   | 91  | Piotr Szymanowski<br>3,33 km: 00:15:27   6,66 km: 00:30:23     | POL  |                                  | Poznań       | M40        | 7              | 16 |   | 00:44:49    | 00:44:55     | 04:29           |
| 17   | 181 | Jakub Koczorowski<br>3,33 km: 00:15:04   6,66 km: 00:30:11     | POL  | KB DęBIEC Poznań                 | Poznań       | M40        | 8              | 17 |   | 00:45:27    | 00:45:30     | 04:33           |
| 18   | 136 | Artur Sienkiewicz<br>3,33 km: 00:15:25   6,66 km: 00:30:57     | POL  |                                  | Krotoszyn    | M30        | 8              | 18 |   | 00:46:08    | 00:46:14     | 04:37           |
| 19   | 35  | Paweł Zimny<br>3,33 km: 00:15:20   6,66 km: 00:30:54           | POL  | hopeless outdoor team            | Dopiewiec    | M50        | 2              | 19 |   | 00:46:19    | 00:46:24     | 04:38           |
| 20   | 176 | Krzysztof Kownacki<br>3,33 km: 00:16:00   6,66 km: 00:31:32    | POL  | AGC Sport Team                   | Poznań       | M30        | 9              | 20 |   | 00:46:24    | 00:46:30     | 04:38           |

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| Msc. | Nr  | Imię i nazwisko                                                | Kraj | Klub                 | Miejscowość           | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|----------------------------------------------------------------|------|----------------------|-----------------------|------------|----------------|----|---|-------------|--------------|-----------------|
| 21   | 5   | Roman Rybarczyk<br>3,33 km: 00:15:03   6,66 km: 00:30:48       | POL  | #biegiemwlas         | Puszczykowo           | M40        | 9              | 21 |   | 00:46:34    | 00:46:36     | 04:39           |
| 22   | 160 | Sławomir Pawlak<br>3,33 km: 00:15:26   6,66 km: 00:31:01       | POL  | BIEGAM BO LUBIĘ      | Poznań                | M50        | 3              | 22 |   | 00:46:33    | 00:46:37     | 04:39           |
| 23   | 77  | Magdalena Kędziora<br>3,33 km: 00:15:31   6,66 km: 00:31:03    | POL  |                      | Boguszyn              | K30        | 1              |    | 1 | 00:46:39    | 00:46:41     | 04:40           |
| 24   | 194 | Roman Kołodziejczyk<br>3,33 km: 00:15:32   6,66 km: 00:31:12   | POL  | PCH_RUN              | Chodzież              | M50        | 4              | 23 |   | 00:46:42    | 00:46:44     | 04:40           |
| 25   | 204 | Damian Nowak<br>3,33 km: 00:15:08   6,66 km: 00:30:47          | POL  |                      | Baranowo              | M20        | 2              | 24 |   | 00:46:46    | 00:46:53     | 04:41           |
| 26   | 132 | Beata Dudkowiak<br>3,33 km: 00:15:33   6,66 km: 00:31:24       | POL  |                      | Machcin               | K30        | 2              |    | 2 | 00:46:57    | 00:47:00     | 04:42           |
| 27   | 131 | Julita Nyczka<br>3,33 km: 00:15:32   6,66 km: 00:31:23         | POL  |                      | Karśnice              | K30        | 3              |    | 3 | 00:47:03    | 00:47:06     | 04:42           |
| 28   | 58  | Przemysław Durczyński<br>3,33 km: 00:16:11   6,66 km: 00:31:59 | POL  |                      | Poznań                | M30        | 10             | 25 |   | 00:47:30    | 00:47:50     | 04:45           |
| 29   | 53  | Prz Mie<br>3,33 km: 00:16:17   6,66 km: 00:32:16               | POL  |                      | Ple                   | M30        | 11             | 26 |   | 00:47:42    | 00:48:06     | 04:46           |
| 30   | 143 | Marcin Wójciak<br>3,33 km: 00:15:27   6,66 km: 00:31:53        | POL  |                      | Szczecin              | M20        | 3              | 27 |   | 00:48:10    | 00:48:11     | 04:49           |
| 31   | 54  | Dariusz Staszuk<br>3,33 km: 00:15:54   6,66 km: 00:32:00       | POL  | Ziółkowska Team      | Puszczykowo           | M40        | 10             | 28 |   | 00:48:12    | 00:48:16     | 04:49           |
| 32   | 122 | Robert Krochmalny<br>3,33 km: 00:15:49   6,66 km: 00:32:10     | POL  | EXTREME HOBBY        | Leszno                | M20        | 4              | 29 |   | 00:48:23    | 00:48:24     | 04:50           |
| 33   | 116 | Fredrick Mumali<br>3,33 km: 00:15:47   6,66 km: 00:31:50       | KEN  | Biegacze z Przylesia | Błajejewo             | M30        | 12             | 30 |   | 00:48:21    | 00:48:25     | 04:50           |
| 34   | 88  | Wiktor Walkiewicz<br>3,33 km: 00:16:17   6,66 km: 00:32:28     | POL  |                      | Pobiedziska           | M20        | 5              | 31 |   | 00:48:21    | 00:48:31     | 04:50           |
| 35   | 157 | Karol Woźniak<br>3,33 km: 00:16:30   6,66 km: 00:33:03         | POL  |                      | Suchy Las             | M15        | 1              | 32 |   | 00:48:32    | 00:48:38     | 04:51           |
| 36   | 153 | Michał Janus<br>3,33 km: 00:16:12   6,66 km: 00:32:17          | POL  |                      | Grodzisk Wielkopolski | M20        | 6              | 33 |   | 00:48:41    | 00:48:49     | 04:52           |
| 37   | 87  | Piotr Kutschenreiter<br>3,33 km: 00:16:17   6,66 km: 00:32:42  | POL  |                      | Swarzędz              | M20        | 7              | 34 |   | 00:48:40    | 00:48:50     | 04:52           |
| 38   | 9   | Julia Ciłkowska<br>3,33 km: 00:16:21   6,66 km: 00:32:49       | POL  |                      | Wronki                | K20        | 1              |    | 4 | 00:48:48    | 00:48:55     | 04:53           |
| 39   | 95  | Konrad Nowak<br>3,33 km: 00:16:33   6,66 km: 00:33:14          | POL  |                      | Darnowo               | M15        | 2              | 35 |   | 00:48:51    | 00:48:57     | 04:53           |
| 40   | 175 | Bartosz Szczepaniak<br>3,33 km: 00:16:33   6,66 km: 00:33:14   | POL  | PKS Racot Run        | Kościan               | M15        | 3              | 36 |   | 00:49:02    | 00:49:08     | 04:54           |

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| Msc. | Nr  | Imię i nazwisko                                              | Kraj | Klub                        | Miejscowość    | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--------------------------------------------------------------|------|-----------------------------|----------------|------------|----------------|----|---|-------------|--------------|-----------------|
| 41   | 41  | Aleksander Niemir<br>3,33 km: 00:16:17   6,66 km: 00:32:46   | POL  | Klub Biegacza Maniac Poznań | Poznań         | M60+       | 1              | 37 |   | 00:49:15    | 00:49:17     | 04:56           |
| 42   | 126 | Aleksandra Owczarz<br>3,33 km: 00:16:09   6,66 km: 00:32:45  | POL  |                             | Śrem           | K40        | 1              |    | 5 | 00:49:22    | 00:49:25     | 04:56           |
| 43   | 139 | Mateusz Rupociński<br>3,33 km: 00:16:14   6,66 km: 00:32:51  | POL  | Poznań                      | Poznań         | M30        | 13             | 38 |   | 00:49:24    | 00:49:29     | 04:56           |
| 44   | 42  | Andrzej Müller<br>3,33 km: 00:16:13   6,66 km: 00:32:51      | POL  |                             | Puszczykowo    | M60+       | 2              | 39 |   | 00:49:28    | 00:49:31     | 04:57           |
| 45   | 112 | Grzegorz Pisarczyk<br>3,33 km: 00:16:05   6,66 km: 00:32:48  | POL  |                             | Poznań         | M30        | 14             | 40 |   | 00:49:42    | 00:49:45     | 04:58           |
| 46   | 26  | Damian Szczygieł<br>3,33 km: 00:17:11   6,66 km: 00:33:29    | POL  |                             | Poznań         | M30        | 15             | 41 |   | 00:49:27    | 00:49:50     | 04:57           |
| 47   | 173 | Izabela Rutkowska<br>3,33 km: 00:17:15   6,66 km: 00:33:42   | POL  | Sportowy Kaźmierz           | Kaźmierz       | K40        | 2              |    | 6 | 00:50:06    | 00:50:17     | 05:01           |
| 48   | 203 | Daniel Łagoda<br>3,33 km: 00:16:27   6,66 km: 00:33:30       | POL  | Fernox                      | Krosinko       | M40        | 11             | 42 |   | 00:50:29    | 00:50:29     | 05:03           |
| 49   | 206 | Bartosz Chełek<br>3,33 km: 00:16:09   6,66 km: 00:33:00      | POL  |                             | Rosnowo        | M30        | 16             | 43 |   | 00:50:35    | 00:50:39     | 05:04           |
| 50   | 115 | Tomasz Więckowski<br>3,33 km: 00:16:17   6,66 km: 00:33:17   | POL  |                             | Plewiska       | M40        | 12             | 44 |   | 00:50:37    | 00:50:42     | 05:04           |
| 51   | 148 | Piotr Nowak<br>3,33 km: 00:16:37   6,66 km: 00:33:36         | POL  | Moderska DwuSetka           | Modrze         | M40        | 13             | 45 |   | 00:50:47    | 00:50:52     | 05:05           |
| 52   | 25  | Krzysztof Kurczyk<br>3,33 km: 00:17:10   6,66 km: 00:34:01   | POL  |                             | Ostroróg       | M30        | 17             | 46 |   | 00:50:40    | 00:50:56     | 05:04           |
| 53   | 163 | Mariusz Stachowiak<br>3,33 km: 00:17:25   6,66 km: 00:34:24  | POL  |                             | Kozłowo        | M40        | 14             | 47 |   | 00:51:09    | 00:51:20     | 05:07           |
| 54   | 24  | Artur Kubaczyk<br>3,33 km: 00:17:59   6,66 km: 00:34:49      | POL  |                             | Poznań         | M30        | 18             | 48 |   | 00:51:12    | 00:51:21     | 05:07           |
| 55   | 170 | Sebastian Szymański<br>3,33 km: 00:15:08   6,66 km: 00:32:26 | POL  |                             | Stare Bojanowo | M20        | 8              | 49 |   | 00:51:20    | 00:51:22     | 05:08           |
| 56   | 193 | Łukasz Wawrzyniak<br>3,33 km: 00:17:51   6,66 km: 00:34:45   | POL  |                             | Kliny          | M30        | 19             | 50 |   | 00:51:07    | 00:51:24     | 05:07           |
| 57   | 67  | Marcin Boniec<br>3,33 km: 00:16:27   6,66 km: 00:33:29       | POL  |                             | Radzewo        | M30        | 20             | 51 |   | 00:51:22    | 00:51:31     | 05:08           |
| 58   | 40  | Sebastian Tomczak<br>3,33 km: 00:17:29   6,66 km: 00:35:02   | POL  | Komorniki                   | Komorniki      | M40        | 15             | 52 |   | 00:51:32    | 00:51:41     | 05:09           |
| 59   | 92  | Paweł Horanin<br>3,33 km: 00:17:03   6,66 km: 00:34:12       | POL  |                             | Zalasewo       | M30        | 21             | 53 |   | 00:51:22    | 00:51:43     | 05:08           |
| 60   | 195 | Tomasz Wiciński<br>3,33 km: 00:17:23   6,66 km: 00:34:37     | POL  | Eskadra Luboń               | Luboń          | M30        | 22             | 54 |   | 00:51:42    | 00:51:51     | 05:10           |

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| Msc. | Nr  | Imię i nazwisko                                                    | Kraj | Klub                       | Miejscowość               | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--------------------------------------------------------------------|------|----------------------------|---------------------------|------------|----------------|----|----|-------------|--------------|-----------------|
| 61   | 189 | Dariusz Załęski<br>3,33 km: 00:17:27   6,66 km: 00:34:38           | POL  |                            | Pleszew                   | M50        | 5              | 55 |    | 00:51:41    | 00:51:52     | 05:10           |
| 62   | 205 | Ewa Chelek<br>3,33 km: 00:16:56   6,66 km: 00:34:31                | POL  |                            | Rosnowo                   | K30        | 4              |    | 7  | 00:51:55    | 00:51:58     | 05:12           |
| 63   | 140 | Czesław Sienkiewicz<br>3,33 km: 00:17:01   6,66 km: 00:34:32       | POL  |                            | Krotoszyn                 | M60+       | 3              | 56 |    | 00:51:53    | 00:51:59     | 05:11           |
| 64   | 101 | Jakub Tonder<br>3,33 km: 00:17:11   6,66 km: 00:34:33              | POL  | Bukowski Klub Biegacza     | Buk                       | M30        | 23             | 57 |    | 00:51:49    | 00:51:59     | 05:11           |
| 65   | 168 | Filip Sobek<br>3,33 km: 00:17:22   6,66 km: 00:35:06               | POL  |                            | Suchy Las                 | M15        | 4              | 58 |    | 00:52:14    | 00:52:20     | 05:13           |
| 66   | 83  | Stanisław Menzel<br>3,33 km: 00:16:54   6,66 km: 00:34:30          | POL  | Śremski Klub Morsów MROZIK | Śrem                      | M60+       | 4              | 59 |    | 00:52:14    | 00:52:20     | 05:13           |
| 67   | 167 | Szmon Korycki<br>3,33 km: 00:16:03   6,66 km: 00:33:12             | POL  | Żona mi kazała!            | Daszewice                 | M40        | 16             | 60 |    | 00:51:54    | 00:52:23     | 05:11           |
| 68   | 34  | Katarzyna Kaeta<br>3,33 km: 00:17:01   6,66 km: 00:34:39           | POL  |                            | Poznań                    | K20        | 2              |    | 8  | 00:52:20    | 00:52:24     | 05:14           |
| 69   | 105 | Sławek Majchrzycki<br>3,33 km: 00:17:21   6,66 km: 00:34:36        | POL  | TKKF MPK POZNAŃ            | Kijewo/Środa Wielkopolska | M40        | 17             | 61 |    | 00:52:21    | 00:52:33     | 05:14           |
| 70   | 134 | Piotr Szkudlarek<br>3,33 km: 00:17:41   6,66 km: 00:34:58          | POL  | Kebabozercy                | Swarzędz                  | M40        | 18             | 62 |    | 00:52:28    | 00:52:48     | 05:15           |
| 71   | 49  | Monika Szura<br>3,33 km: 00:17:59   6,66 km: 00:35:38              | POL  |                            | Plewiska                  | K40        | 3              |    | 9  | 00:52:37    | 00:52:49     | 05:16           |
| 72   | 102 | Wojciech Korecki<br>3,33 km: 00:17:18   6,66 km: 00:34:55          | POL  |                            | Zalasewo                  | M30        | 24             | 63 |    | 00:52:30    | 00:52:50     | 05:15           |
| 73   | 121 | Norbert Stolpe<br>3,33 km: 00:17:00   6,66 km: 00:34:42            | POL  |                            | Poznan                    | M60+       | 5              | 64 |    | 00:52:53    | 00:53:01     | 05:17           |
| 74   | 125 | Małgorzata Feliczak<br>3,33 km: 00:17:21   6,66 km: 00:35:17       | POL  |                            | Śrem                      | K40        | 4              |    | 10 | 00:53:19    | 00:53:22     | 05:20           |
| 75   | 8   | Krzysztof Jędrzejczak<br>3,33 km: 00:18:15   6,66 km: 00:36:10     | POL  |                            | Poznań                    | M30        | 25             | 65 |    | 00:53:10    | 00:53:27     | 05:19           |
| 76   | 70  | Karol Wolski<br>3,33 km: 00:18:33   6,66 km: 00:36:34              | POL  |                            | Poznań                    | M30        | 26             | 66 |    | 00:53:25    | 00:53:39     | 05:21           |
| 77   | 207 | Aleksandra Białkowska<br>3,33 km: 00:17:49   6,66 km: 00:35:46     | POL  | Ziółkowska Team            | Poznań                    | K30        | 5              |    | 11 | 00:53:45    | 00:53:55     | 05:23           |
| 78   | 64  | Leszek Grocholewski<br>3,33 km: 00:17:54   6,66 km: 00:35:47       | POL  | MOTOR LUBOŃ TEAM           | Luboń                     | M60+       | 6              | 67 |    | 00:53:44    | 00:53:57     | 05:22           |
| 79   | 182 | Wiktor Ślusarek<br>3,33 km: 00:18:14   6,66 km: 00:36:25           | POL  | Arka Leśna                 | Puszczykowo               | M30        | 27             | 68 |    | 00:53:49    | 00:54:17     | 05:23           |
| 80   | 90  | Ola Kaluźniak-Szymanowska<br>3,33 km: 00:18:15   6,66 km: 00:36:40 | POL  |                            | Poznań                    | K30        | 6              |    | 12 | 00:54:24    | 00:54:30     | 05:26           |

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| Msc. | Nr  | Imię i nazwisko                                                    | Kraj | Klub                       | Miejscowość | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--------------------------------------------------------------------|------|----------------------------|-------------|------------|----------------|----|----|-------------|--------------|-----------------|
| 81   | 71  | Lidia Klaiber-Jarczyńska<br>3,33 km: 00:18:27   6,66 km: 00:36:32  | POL  |                            | Puszczkowo  | K40        | 5              |    | 13 | 00:54:24    | 00:54:36     | 05:26           |
| 82   | 187 | Maciej Przewozniak<br>3,33 km: 00:18:26   6,66 km: 00:36:35        | POL  |                            | Kielczewo   | M50        | 6              | 69 |    | 00:54:25    | 00:54:38     | 05:27           |
| 83   | 124 | Tomasz Gołda<br>3,33 km: 00:18:01   6,66 km: 00:36:38              | POL  |                            | Częstochowa | M30        | 28             | 70 |    | 00:54:38    | 00:54:44     | 05:28           |
| 84   | 185 | Jędrzej Ruskowiak<br>3,33 km: 00:18:42   6,66 km: 00:36:50         | POL  | Tgv Club                   | Kościan     | M15        | 5              | 71 |    | 00:54:38    | 00:54:45     | 05:28           |
| 85   | 191 | Paulina Pryfer<br>3,33 km: 00:18:49   6,66 km: 00:36:58            | POL  |                            | Poznań      | K30        | 7              |    | 14 | 00:54:56    | 00:55:06     | 05:30           |
| 86   | 107 | Darek Wiśniewski<br>3,33 km: 00:17:59   6,66 km: 00:36:18          | POL  |                            | Skórzewo    | M40        | 19             | 72 |    | 00:54:54    | 00:55:09     | 05:29           |
| 87   | 120 | Aleksandra Jańczak<br>3,33 km: 00:17:57   6,66 km: 00:36:25        | POL  |                            | Poznań      | K20        | 3              |    | 15 | 00:55:20    | 00:55:29     | 05:32           |
| 88   | 184 | Klaudia Kaczmarek<br>3,33 km: 00:18:15   6,66 km: 00:36:48         | POL  |                            | Kościan     | K20        | 4              |    | 16 | 00:55:36    | 00:55:44     | 05:34           |
| 89   | 12  | Łukasz Mikołajczak<br>3,33 km: 00:18:51   6,66 km: 00:37:33        | POL  |                            | Koziegłowy  | M30        | 29             | 73 |    | 00:55:41    | 00:55:54     | 05:34           |
| 90   | 188 | Monika Hauser-Giers<br>3,33 km: 00:18:48   6,66 km: 00:37:30       | POL  | Mustafa Team               | Nowy Lubosz | K40        | 6              |    | 17 | 00:55:41    | 00:55:55     | 05:34           |
| 91   | 59  | Maja Pigła<br>3,33 km: 00:18:47   6,66 km: 00:37:31                | POL  | SPORTOWY KAŻMIERZ          | Kiączyn     | K40        | 7              |    | 18 | 00:55:49    | 00:56:00     | 05:35           |
| 92   | 179 | Piotr Kuczyński<br>3,33 km: 00:19:41   6,66 km: 00:37:42           | POL  | NKB Chyży Nowy Tomyśl      | Poznań      | M60+       | 7              | 74 |    | 00:55:33    | 00:56:18     | 05:33           |
| 93   | 130 | Joanna Burakowska-Iwańska<br>3,33 km: 00:19:16   6,66 km: 00:38:15 | POL  |                            | Kostrzyn    | K30        | 8              |    | 19 | 00:56:10    | 00:56:21     | 05:37           |
| 94   | 149 | Ewelina Gmerek<br>3,33 km: 00:18:47   6,66 km: 00:37:30            | POL  | Mistrzowski Trening        | Poznań      | K40        | 8              |    | 20 | 00:56:06    | 00:56:21     | 05:37           |
| 95   | 44  | Tomasz Jarzyna<br>3,33 km: 00:17:51   6,66 km: 00:36:06            | POL  | PIGWA Kamionki             | Kamionki    | M30        | 30             | 75 |    | 00:56:10    | 00:56:22     | 05:37           |
| 96   | 147 | Aleksandra Przybyła<br>3,33 km: 00:18:26   6,66 km: 00:37:08       | POL  | Komorniki MTB Team         | Szreniawa   | K15        | 1              |    | 21 | 00:56:23    | 00:56:26     | 05:38           |
| 97   | 146 | Marcin Przybyła<br>3,33 km: 00:18:26   6,66 km: 00:37:04           | POL  | Komorniki MTB Team         | Szreniawa   | M50        | 7              | 76 |    | 00:56:23    | 00:56:27     | 05:38           |
| 98   | 103 | Piotr Kasprzycki<br>3,33 km: 00:18:07   6,66 km: 00:37:14          | POL  | Halkownia Centrum Sportowe | Poznan      | M30        | 31             | 77 |    | 00:56:23    | 00:56:33     | 05:38           |
| 99   | 68  | Beata Szalamacha<br>3,33 km: 00:18:23   6,66 km: 00:37:27          | POL  |                            | Radzewo     | K30        | 9              |    | 22 | 00:56:34    | 00:56:43     | 05:39           |
| 100  | 164 | Dorota Stachowiak<br>3,33 km: 00:18:51   6,66 km: 00:37:51         | POL  |                            | Kozłowo     | K40        | 9              |    | 23 | 00:56:46    | 00:56:57     | 05:41           |

## XII Puszczykowski Bieg po Ciacho

Puszczykowo 30.11.2025 | Dystans: 10 km | Wyniki OPEN | wyniki nieoficjalne

Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko                                                           | Kraj | Klub                    | Miejscowość        | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|---------------------------------------------------------------------------|------|-------------------------|--------------------|------------|----------------|----|----|-------------|--------------|-----------------|
| 101  | 169 | Sylwia Tobiasz<br>3,33 km: 00:18:44   6,66 km: 00:37:46                   | POL  |                         | Śrem               | K50        | 1              |    | 24 | 00:56:51    | 00:57:01     | 05:41           |
| 102  | 7   | Damian Gosieniecki<br>3,33 km: 00:19:05   6,66 km: 00:37:55               | POL  | Puszczykowo Biega Hardo | Puszczykowo        | M40        | 20             | 78 |    | 00:56:49    | 00:57:05     | 05:41           |
| 103  | 6   | Agnieszka Woronowicz-Gosieniecka<br>3,33 km: 00:19:06   6,66 km: 00:37:55 | POL  | Wielkopolscy Biegacze   | Puszczykowo        | K40        | 10             |    | 25 | 00:56:50    | 00:57:05     | 05:41           |
| 104  | 196 | Paweł Gul<br>3,33 km: 00:18:51   6,66 km: 00:37:46                        | POL  |                         | Bydgoszcz          | M40        | 21             | 79 |    | 00:56:48    | 00:57:10     | 05:41           |
| 105  | 155 | Artur Józefiak<br>3,33 km: 00:57:11   6,66 km:                            | POL  |                         | Kruszewnia         | M30        | 32             | 80 |    | 00:57:11    | 00:57:20     | 05:43           |
| 106  | 183 | Adam Bubela<br>3,33 km: 00:19:56   6,66 km: 00:39:14                      | POL  | Team Biegaczu           | Poznań             | M50        | 8              | 81 |    | 00:57:12    | 00:57:21     | 05:43           |
| 107  | 109 | Jarosław Koszczół<br>3,33 km: 00:19:19   6,66 km: 00:38:31                | POL  |                         | Pniewy             | M50        | 9              | 82 |    | 00:57:13    | 00:57:27     | 05:43           |
| 108  | 20  | Julita Dziedzic<br>3,33 km: 00:18:31   6,66 km: 00:38:04                  | POL  |                         | Luboń              | K30        | 10             |    | 26 | 00:57:27    | 00:57:34     | 05:45           |
| 109  | 117 | Joanna Gałczyńska<br>3,33 km: 00:18:31   6,66 km: 00:38:06                | POL  | Poznań                  | Poznań             | K40        | 11             |    | 27 | 00:57:27    | 00:57:35     | 05:45           |
| 110  | 15  | Marta Bernacka<br>3,33 km: 00:19:17   6,66 km: 00:38:36                   | POL  | Team Leonardo           | Mosina             | K30        | 11             |    | 28 | 00:57:46    | 00:57:54     | 05:47           |
| 111  | 62  | Łukasz Wiśniewski<br>3,33 km: 00:19:48   6,66 km: 00:38:56                | POL  |                         | Luboń              | M40        | 22             | 83 |    | 00:57:40    | 00:58:01     | 05:46           |
| 112  | 61  | Olga Staromłyńska<br>3,33 km: 00:19:36   6,66 km: 00:39:02                | POL  |                         | Poznań             | K30        | 12             |    | 29 | 00:58:04    | 00:58:15     | 05:48           |
| 113  | 4   | Agnieszka Rybarczyk<br>3,33 km: 00:19:51   6,66 km: 00:39:04              | POL  | #biegiemwlas            | Puszczykowo        | K40        | 12             |    | 30 | 00:58:14    | 00:58:30     | 05:49           |
| 114  | 80  | Wiesław Biniarz<br>3,33 km: 00:19:12   6,66 km: 00:38:37                  | POL  |                         | Środa Wielkopolska | M40        | 23             | 84 |    | 00:58:21    | 00:58:34     | 05:50           |
| 115  | 81  | Rober Bartkowiak<br>3,33 km: 00:19:12   6,66 km: 00:38:38                 | POL  |                         | Środa Wlkp         | M40        | 24             | 85 |    | 00:58:21    | 00:58:34     | 05:50           |
| 116  | 13  | Joanna Mikołajczak<br>3,33 km: 00:19:49   6,66 km: 00:39:23               | POL  |                         | Koziegłowy         | K30        | 13             |    | 31 | 00:58:41    | 00:58:53     | 05:52           |
| 117  | 60  | Bartosz Kamiński<br>3,33 km: 00:20:44   6,66 km: 00:40:06                 | POL  |                         | Poznań             | M30        | 33             | 86 |    | 00:58:38    | 00:59:01     | 05:52           |
| 118  | 47  | Małgorzata Walczak<br>3,33 km: 00:20:06   6,66 km: 00:39:47               | POL  | Cytadela by Night       | Poznań             | K40        | 13             |    | 32 | 00:58:58    | 00:59:06     | 05:54           |
| 119  | 55  | Marcin Zieliński<br>3,33 km: 00:19:28   6,66 km: 00:39:45                 | POL  |                         | Mosina             | M40        | 25             | 87 |    | 00:59:04    | 00:59:09     | 05:54           |
| 120  | 127 | Robert Stanisław Różalski<br>3,33 km: 00:20:47   6,66 km: 00:40:17        | POL  |                         | Poznań             | M40        | 26             | 88 |    | 00:58:47    | 00:59:11     | 05:53           |

## XII Puszczykowski Bieg po Ciacho

Puszczykowo 30.11.2025 | Dystans: 10 km | Wyniki OPEN | wyniki nieoficjalne

Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko                                                  | Kraj | Klub                             | Miejscowość              | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|------------------------------------------------------------------|------|----------------------------------|--------------------------|------------|----------------|----|----|-------------|--------------|-----------------|
| 121  | 128 | Adam Woźniak<br>3,33 km: 00:20:47   6,66 km: 00:40:17            | POL  |                                  | Lusowo                   | M20        | 9              | 89 |    | 00:58:47    | 00:59:11     | 05:53           |
| 122  | 129 | Monika Komadowska<br>3,33 km: 00:20:48   6,66 km: 00:40:17       | POL  |                                  | Poznań                   | K30        | 14             |    | 33 | 00:58:48    | 00:59:11     | 05:53           |
| 123  | 10  | Kura Sobisiak<br>3,33 km: 00:19:18   6,66 km: 00:39:18           | POL  | KGW Dębowe Inspiracje w Dąbrowie | Dąbrowa                  | K50        | 2              |    | 34 | 00:59:03    | 00:59:14     | 05:54           |
| 124  | 98  | Hubert Rafiński<br>3,33 km: 00:19:46   6,66 km: 00:39:41         | POL  |                                  | Koninko                  | M30        | 34             | 90 |    | 00:59:03    | 00:59:16     | 05:54           |
| 125  | 96  | Robert Wolniewicz<br>3,33 km: 00:19:46   6,66 km: 00:39:40       | POL  | PIGWA KAMIONKI                   | Kamionki                 | M30        | 35             | 91 |    | 00:59:03    | 00:59:16     | 05:54           |
| 126  | 208 | Małgorzata Palacz<br>3,33 km: 00:18:37   6,66 km: 00:38:49       | POL  |                                  | Poznań                   | K30        | 15             |    | 35 | 00:59:15    | 00:59:25     | 05:56           |
| 127  | 200 | Bartłomiej Miązek<br>3,33 km: 00:20:10   6,66 km: 00:40:12       | POL  |                                  | Poznań                   | M20        | 10             | 92 |    | 01:00:14    | 01:00:30     | 06:01           |
| 128  | 277 | Grzegorz Kmita-Patyczak<br>3,33 km: 00:18:05   6,66 km: 00:34:08 | POL  | BIEGAJĄCE KREJZOLE               | Poznań                   | M50        | 10             | 93 |    | 00:50:19    | 01:00:49     | 05:02           |
| 129  | 72  | Katarzyna Synoradzka<br>3,33 km: 00:20:22   6,66 km: 00:40:57    | POL  | Motor Luboń Team                 | Poznań                   | K40        | 14             |    | 36 | 01:01:11    | 01:01:24     | 06:07           |
| 130  | 111 | Oskar Machotta<br>3,33 km: 00:18:23   6,66 km: 00:39:17          | POL  |                                  | Poznań                   | M20        | 11             | 94 |    | 01:01:30    | 01:01:35     | 06:09           |
| 131  | 37  | Jacek Rojewski<br>3,33 km: 00:20:29   6,66 km: 00:41:00          | POL  | D&J                              | Mosina                   | M60+       | 8              | 95 |    | 01:01:22    | 01:01:36     | 06:08           |
| 132  | 2   | Krystyna Zajączkowska<br>3,33 km: 00:19:36   6,66 km: 00:40:32   | POL  |                                  | Babki                    | K60+       | 1              |    | 37 | 01:01:35    | 01:01:46     | 06:10           |
| 133  | 166 | Igor Michta<br>3,33 km: 00:19:53   6,66 km: 00:41:15             | POL  |                                  | Poznań                   | M30        | 36             | 96 |    | 01:01:55    | 01:01:58     | 06:12           |
| 134  | 158 | Aleksander Woźniak<br>3,33 km: 00:20:04   6,66 km: 00:41:11      | POL  |                                  | Suchy Las                | M40        | 27             | 97 |    | 01:02:23    | 01:02:48     | 06:14           |
| 135  | 113 | Jan Grabowski<br>3,33 km: 00:19:55   6,66 km: 00:41:44           | POL  |                                  | Poznań (Poznań-Grunwald) | M30        | 37             | 98 |    | 01:02:40    | 01:02:57     | 06:16           |
| 136  | 201 | Julia Kotkowiak<br>3,33 km: 00:20:58   6,66 km: 00:42:11         | POL  |                                  | Poznań                   | K15        | 2              |    | 38 | 01:02:39    | 01:02:59     | 06:16           |
| 137  | 27  | Magdalena Całujek<br>3,33 km: 00:20:24   6,66 km: 00:41:51       | POL  | Elektrobud                       | Poznań                   | K40        | 15             |    | 39 | 01:02:45    | 01:03:01     | 06:17           |
| 138  | 135 | Marta Markowska<br>3,33 km: 00:21:01   6,66 km: 00:42:16         | POL  |                                  | Wysogotowo               | K40        | 16             |    | 40 | 01:03:08    | 01:03:24     | 06:19           |
| 139  | 11  | Ania Mikołajczak<br>3,33 km: 00:21:36   6,66 km: 00:42:53        | POL  |                                  | Dąbrowa                  | K30        | 16             |    | 41 | 01:03:41    | 01:03:54     | 06:22           |
| 140  | 1   | Mariusz Matecki<br>3,33 km: 00:20:20   6,66 km: 00:41:56         | POL  | Drużyna Szpiku                   | Poznan                   | M50        | 11             | 99 |    | 01:04:06    | 01:04:14     | 06:25           |

## XII Puszczykowski Bieg po Ciacho

Puszczykowo 30.11.2025 | Dystans: 10 km | Wyniki OPEN | wyniki nieoficjalne

Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko                                                          | Kraj | Klub               | Miejscowość    | Kat. wiek. | msc. kat.wiek. | M   | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|--------------------------------------------------------------------------|------|--------------------|----------------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 141  | 202 | Magdalena Deckert<br>3,33 km: 00:22:36   6,66 km: 00:44:06               | POL  |                    | Poznań         | K40        | 17             |     | 42 | 01:04:09    | 01:04:29     | 06:25           |
| 142  | 192 | Magdalena Baranowska-Wawrzyniak<br>3,33 km: 00:22:42   6,66 km: 00:44:16 | POL  |                    | Kliny          | K30        | 17             |     | 43 | 01:04:12    | 01:04:29     | 06:25           |
| 143  | 114 | Michał Filipiak<br>3,33 km: 00:20:58   6,66 km: 00:43:14                 | POL  |                    | Poznań         | M30        | 38             | 100 |    | 01:04:49    | 01:05:06     | 06:29           |
| 144  | 36  | Agata Jakubowska<br>3,33 km: 00:38:22   6,66 km: 00:57:45                | POL  |                    | Kórnik         | K30        | 18             |     | 44 | 01:04:59    | 01:05:09     | 06:30           |
| 145  | 23  | Bogumiła Silska<br>3,33 km: 00:21:21   6,66 km: 00:42:54                 | POL  |                    | Luboń          | K60+       | 2              |     | 45 | 01:04:53    | 01:05:09     | 06:29           |
| 146  | 108 | Krzysztof Knasiński<br>3,33 km: 00:21:49   6,66 km: 00:44:18             | POL  |                    | Gulczewko      | M30        | 39             | 101 |    | 01:05:07    | 01:05:26     | 06:31           |
| 147  | 106 | Piotr Wolski<br>3,33 km: 00:21:48   6,66 km: 00:44:16                    | POL  |                    | Poznań         | M30        | 40             | 102 |    | 01:05:06    | 01:05:26     | 06:31           |
| 148  | 74  | Jan Ratajczak<br>3,33 km: 00:20:00   6,66 km: 00:42:43                   | POL  |                    | Poznan         | M40        | 28             | 103 |    | 01:05:28    | 01:05:49     | 06:33           |
| 149  | 198 | Anna Dworżańska-Gul<br>3,33 km: 00:21:56   6,66 km: 00:44:08             | POL  | Maratończyk Poznań | Poznań         | K40        | 18             |     | 46 | 01:05:30    | 01:05:53     | 06:33           |
| 150  | 43  | Wojciech Malicki<br>3,33 km: 00:20:02   6,66 km: 00:42:43                | POL  | SP3 Swarzędz       | Jasin          | M40        | 29             | 104 |    | 01:05:33    | 01:05:55     | 06:33           |
| 151  | 19  | Agata Rybarczyk<br>3,33 km: 00:21:45   6,66 km: 00:43:52                 | POL  |                    | Poznań         | K20        | 5              |     | 47 | 01:05:45    | 01:05:57     | 06:35           |
| 152  | 118 | Paulina Wichrowska<br>3,33 km: 00:20:46   6,66 km: 00:42:54              | POL  |                    | Zbąszyń        | K20        | 6              |     | 48 | 01:05:51    | 01:06:00     | 06:35           |
| 153  | 29  | Zuzanna Ratajak<br>3,33 km: 00:21:45   6,66 km: 00:44:28                 | POL  | Elektrobud         | Luboń          | K20        | 7              |     | 49 | 01:05:59    | 01:06:14     | 06:36           |
| 154  | 73  | Grzegorz Pyta<br>3,33 km: 00:21:17   6,66 km: 00:43:48                   | POL  |                    | Grodzisk Wlkp. | M60+       | 9              | 105 |    | 01:07:22    | 01:07:40     | 06:44           |
| 155  | 165 | Łukasz Czaczyk<br>3,33 km: 00:21:17   6,66 km: 00:42:57                  | POL  |                    | Poznań         | M30        | 41             | 106 |    | 01:07:55    | 01:08:14     | 06:48           |
| 156  | 28  | Tomasz Ratajak<br>3,33 km: 00:23:28   6,66 km: 00:46:43                  | POL  | Elektrobud         | Luboń          | M50        | 12             | 107 |    | 01:08:57    | 01:09:13     | 06:54           |
| 157  | 57  | Sonia Kozłowska<br>3,33 km: 00:22:37   6,66 km: 00:44:56                 | POL  |                    | Wągrowiec      | K30        | 19             |     | 50 | 01:08:51    | 01:09:14     | 06:53           |
| 158  | 50  | Maciej Paczyński<br>3,33 km: 00:22:29   6,66 km: 00:46:40                | POL  |                    | Mosina         | M20        | 12             | 108 |    | 01:09:56    | 01:10:10     | 07:00           |
| 159  | 144 | Julia Pisarska<br>3,33 km: 00:23:31   6,66 km: 00:46:45                  | POL  |                    | Poznań         | K20        | 8              |     | 51 | 01:10:08    | 01:10:23     | 07:01           |
| 160  | 78  | Monika Wiórek<br>3,33 km: 00:23:37   6,66 km: 00:46:51                   | POL  | Team Leonardo      | Rogalin        | K30        | 20             |     | 52 | 01:10:16    | 01:10:24     | 07:02           |

## XII Puszczykowski Bieg po Ciacho

Puszczykowo 30.11.2025 | Dystans: 10 km | Wyniki OPEN | wyniki nieoficjalne

Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko                                               | Kraj | Klub                     | Miejscowość | Kat. wiek. | msc. kat. wiek. | M   | K  | Wynik netto | Wynik brutto | śr. tempo min/km |
|------|-----|---------------------------------------------------------------|------|--------------------------|-------------|------------|-----------------|-----|----|-------------|--------------|------------------|
| 161  | 17  | Dorota Bernacka<br>3,33 km: 00:23:37   6,66 km: 00:46:52      | POL  | Team Leonardo            | Rogalin     | K50        | 3               |     | 53 | 01:10:16    | 01:10:25     | 07:02            |
| 162  | 151 | Henryk Chwiałkowski<br>3,33 km: 00:24:49   6,66 km: 00:48:35  | POL  | Chwiałkowski Team        | Poznań      | M60+       | 10              | 109 |    | 01:11:59    | 01:12:17     | 07:12            |
| 163  | 150 | Bartosz Chwiałkowski<br>3,33 km: 00:25:08   6,66 km: 00:48:54 | POL  | Chwiałkowski Team        | Poznań      | M40        | 30              | 110 |    | 01:12:17    | 01:12:17     | 07:14            |
| 164  | 56  | Jolanta Jassem<br>3,33 km: 00:22:18   6,66 km: 00:46:46       | POL  |                          | Puszczykowo | K30        | 21              |     | 54 | 01:12:16    | 01:12:26     | 07:14            |
| 165  | 110 | Barbara Jankowska<br>3,33 km: 00:24:22   6,66 km: 00:48:07    | POL  |                          | Poznań      | K50        | 4               |     | 55 | 01:12:19    | 01:12:37     | 07:14            |
| 166  | 199 | Paulina Jurczak<br>3,33 km: 00:24:40   6,66 km: 00:50:17      | POL  | Radosne Kurki            | Warszawa    | K20        | 9               |     | 56 | 01:15:01    | 01:15:21     | 07:30            |
| 167  | 86  | Wiktoria Koszczoł<br>3,33 km: 00:23:33   6,66 km: 00:49:28    | POL  |                          | Pniewy      | K20        | 10              |     | 57 | 01:15:58    | 01:16:12     | 07:36            |
| 168  | 85  | Arkadiusz Kobus<br>3,33 km: 00:23:13   6,66 km: 00:49:30      | POL  | TTKF MPK POZNAŃ          | Wiry        | M40        | 31              | 111 |    | 01:16:12    | 01:16:25     | 07:37            |
| 169  | 145 | Julia Flisiewicz<br>3,33 km: 00:24:21   6,66 km: 00:50:04     | POL  |                          | Świebodzin  | K20        | 11              |     | 58 | 01:16:12    | 01:16:27     | 07:37            |
| 170  | 63  | Piotr Szott<br>3,33 km:   6,66 km:                            | POL  | Le-biega                 | Poznań      | M60+       | 11              | 112 |    | 01:17:20    | 01:17:20     | 07:44            |
| 171  | 186 | Kornelia Kurzawa<br>3,33 km: 00:24:27   6,66 km: 00:51:22     | POL  | Dancing in the moonlight | Poznań      | K30        | 22              |     | 59 | 01:17:26    | 01:17:33     | 07:45            |
| 172  | 45  | Magdalena Majchrzak<br>3,33 km: 00:24:27   6,66 km: 00:51:23  | POL  |                          | Zalasewo    | K30        | 23              |     | 60 | 01:17:27    | 01:17:33     | 07:45            |
| 173  | 21  | Magdalena Filipiak<br>3,33 km: 00:24:56   6,66 km: 00:51:26   | POL  |                          | Opalenica   | K40        | 19              |     | 61 | 01:19:19    | 01:19:30     | 07:56            |
| DNF  | 79  | Marek Strykowski<br>3,33 km: 00:20:52   6,66 km: 00:41:50     | POL  | Bula Team                | Poznań      | M60+       |                 |     |    |             |              | 06:17            |
| DNF  | 133 | Wiesław Brodziszewski<br>3,33 km: 00:22:13   6,66 km:         | POL  |                          | Swarzędz    | M60+       |                 |     |    |             |              | 06:40            |
| DNF  | 152 | Mariusz Harke<br>3,33 km: 00:38:56   6,66 km:                 | POL  |                          | Kobylniki   | M20        |                 |     |    |             |              | 11:41            |