

1	KOCZWARA Tomasz	2151		RADOMYŚL WIELKI	M40	1	M 1	00:00:00	01:06:56	02:13:17.00	02:13:17.00		5:07	1
2	JACHYMIAK Robert	2154		NOWY TARG	M40	2	M 2	00:00:00	01:08:40	02:14:56.20	02:14:56.20	+00:01:39 (1.2%)	5:11	11
3	TARASEK Dariusz	2185	SEVEN7	NOWY SĄCZ	M40	3	M 3	00:00:00	01:08:39	02:15:02.20	02:15:02.20	+00:01:45 (1.3%)	5:11	11
4	KAMIŃSKI Artur	2138	PRZEDWOJEWSKI TEAM	NOWY ŚWIĘTÓW	M40	4	M 4	00:00:00	01:14:18	02:27:03.00	02:27:03.00	+00:13:46 (9.4%)	5:39	10
5	ZAJĄC Marcin	2191	MOUNTAIN RUNNING GUIDES	WARSZAWA	M30	1	M 5	00:00:00	01:13:25	02:27:22.15	02:27:22.15	+00:14:05 (9.6%)	5:40	10
6	JOSZCZAK Tymon	2149	FLORIAN PYSZEL TEAM	GDAŃSK	M20	1	M 6	00:00:00	01:18:11	02:32:13.80	02:32:13.80	+00:18:56 (12.4%)	5:51	10
7	GNIADZIK Dawid	2222	WOODSPOT SPORT TEAM	WROCŁAW	M30	2	M 7	00:00:00	01:20:04	02:36:54.40	02:36:54.40	+00:23:37 (15.1%)	6:02	9
8	KOWALCZYK Mateusz	2190	MINUTKA TRAIL / DUCH POGÓRZA / PRZEWORSKA GRUPA BIEGOWA	STUDZIAN	M30	3	M 8	00:00:00	01:21:43	02:40:30.45	02:40:30.45	+00:27:13 (17.0%)	6:10	9
9	ROŚŁON Piotr	2174		WARSZAWA	M50	1	M 9	00:00:00	01:19:01	02:42:09.20	02:42:09.20	+00:28:52 (17.8%)	6:14	9
10	HEJNAR Jakub	2200		SZCZEPAŃCOWA	M40	5	M 10	00:00:00	01:21:33	02:43:34.15	02:43:34.15	+00:30:17 (18.5%)	6:17	9
11	JASTRZĘBSKI Paweł	2099	YULO RUN TEAM SIEDLCE	ŻELKÓW-KOLONIA	M50	2	M 11	00:00:00	01:19:01	02:44:42.60	02:44:42.60	+00:31:25 (19.1%)	6:20	9
12	CIOCH Cezary	2168	KALLIPSO RUNNERS TEAM	SKARYSZEW	M40	6	M 12	00:00:00	01:23:53	02:47:17.05	02:47:17.05	+00:34:00 (20.3%)	6:26	9
13	BAJSAROWICZ Marlena	2042	EERLE RUNNING TEAM / STAJNIAK TEAM	NOWY SĄCZ	K20	1	K 1	00:00:00	01:24:45	02:48:27.70	02:48:27.70	+00:35:10 (20.9%)	6:28	9
14	MAGIERA Janusz	2150	FORMA WODZISŁAW ŚLĄSKI	WODZISŁAW ŚL.	M60	1	M 13	00:00:00	01:25:31	02:48:29.75	02:48:29.75	+00:35:12 (20.9%)	6:28	9
15	MAKOWSKI Jarosław	2105		LUBLIN	M40	7	M 14	00:00:00	01:26:42	02:49:44.50	02:49:44.50	+00:36:27 (21.5%)	6:31	9
16	STACHURSKI Paweł	2216		ŁAŃCUT	M40	8	M 15	00:00:00	01:26:32	02:52:12.00	02:52:12.00	+00:38:55 (22.6%)	6:37	9
17	CHUDY Michał	2163		WARSZAWA	M40	9	M 16	00:00:00	01:27:40	02:54:29.15	02:54:29.15	+00:41:12 (23.6%)	6:42	8
18	STRUŚ Łukasz	2115	TEAM STRUŚ .)	GRABOWNICA STARZEŃSKA	M40	10	M 17	00:00:00	01:27:10	02:54:39.15	02:54:39.15	+00:41:22 (23.7%)	6:43	8
19	KOPEĆ Paweł	2201		BRZOSTOWA GÓRA	M40	11	M 18	00:00:00	01:30:20	02:59:21.40	02:59:21.40	+00:46:04 (25.7%)	6:53	8
20	ŚNIEGOSKA Sandra	2002	RUN RADICAL	WARSZAWA	K30	1	K 2	00:00:00	01:30:02	02:59:27.00	02:59:27.00	+00:46:10 (25.7%)	6:54	8
21	LICHOTA Karol	2128		RZESZÓW	M30	4	M 19	00:00:00	01:34:15	03:05:31.45	03:05:31.45	+00:52:14 (28.2%)	7:08	8
22	KNOPEK Adam	2198		JAWORZE	M40	12	M 20	00:00:00	01:32:09	03:05:51.25	03:05:51.25	+00:52:34 (28.3%)	7:08	8
23	CHOŁAJCZYK Marcin	2129	GRUNNERS	ZAMOŚĆ	M30	5	M 21	00:00:00	01:30:54	03:06:18.25	03:06:18.25	+00:53:01 (28.5%)	7:09	8
24	PAŁUBSKI Mateusz	2012		LUBLIN	M30	6	M 22	00:00:00	01:34:24	03:07:05.95	03:07:05.95	+00:53:48 (28.8%)	7:11	8
25	KUREK Grażyna	2217	THEBELFERS	ŁOWICZ	K40	1	K 3	00:00:00	01:33:02	03:08:05.10	03:08:05.10	+00:54:48 (29.1%)	7:14	8
26	SZAJAN Rafał	2209	MINISTERSTWO GŁUPICH KROKÓW	PRZEMYŚL	M40	13	M 23	00:00:00	01:35:05	03:10:22.30	03:10:22.30	+00:57:05 (30.0%)	7:19	8
27	KRALEWSKI Robert	2210	CROSSFIT KONSTANCIN	GÓRA KALWARIA	M50	3	M 24	00:00:00	01:35:35	03:12:04.60	03:12:04.60	+00:58:47 (30.6%)	7:23	8
28	KOWALCZYK Michał	2041	SII RUNNING TEAM	CZELADŹ	M30	7	M 25	00:00:00	01:38:13	03:12:11.30	03:12:11.30	+00:58:54 (30.6%)	7:23	8
29	KOWALSKA Dorota	2040	KB PARANTELA	LIMANOWA	K40	2	K 4	00:00:00	01:36:42	03:13:02.80	03:13:02.80	+00:59:45 (31.0%)	7:25	8
30	PIWOŃSKA Maria	2146		RYDZYNA	K30	2	K 5	00:00:00	01:37:42	03:14:01.85	03:14:01.85	+01:00:44 (31.3%)	7:27	
31	ŻMUDA Barbara	2016		NOWA DĘBA	K30	3	K 6	00:00:00	01:35:52	03:14:22.20	03:14:22.20	+01:01:05 (31.4%)	7:28	

32	IWANOW Michał	2001	JDDR	KALISZ	M20	2	M 26	00:00:00	01:38:58	03:14:51.00	03:14:51.00	+01:01:34 (31.6%)	7:29	
33	KOŁODZIEJCZYK Łukasz	2096		LUBLIN	M30	8	M 27	00:00:00	01:40:27	03:15:46.55	03:15:46.55	+01:02:29 (31.9%)	7:31	
34	SIKORA Natalia	2053	CZAS MNIE GONI	KIELCE	K20	2	K 7	00:00:00	01:42:04	03:17:23.85	03:17:23.85	+01:04:06 (32.5%)	7:35	7
35	PAŚNIEWSKI Piotr	2203		WARSZAWA	M30	9	M 28	00:00:00	01:37:45	03:17:35.15	03:17:35.15	+01:04:18 (32.5%)	7:35	7
36	GRZYBEK Antoni	2036		PIERŚCIEC	M50	4	M 29	00:00:00		03:18:30.00	03:18:30.00	+01:05:13 (32.9%)	7:38	7
37	PISKORZ Przemysław	2207	UKS ACADEMY DOBRZYKOWICE	DOBRZYKOWICE	M20	3	M 30	00:00:00	01:40:45	03:18:48.75	03:18:48.75	+01:05:31 (33.0%)	7:38	7
38	CICHOŃ Sabina	2187		STARA WIEŚ	K40	3	K 8	00:00:00	01:36:37	03:19:55.10	03:19:55.10	+01:06:38 (33.3%)	7:41	7
39	TATARCZUCH Mateusz	2118		RZESZÓW	M30	10	M 31	00:00:00	01:38:03	03:25:13.95	03:25:13.95	+01:11:56 (35.1%)	7:53	7
40	GRUSZKA Paweł	2179	BIEG PO ZDRÓJ	BIELSKO-BIAŁA	M40	14	M 32	00:00:00	01:37:54	03:26:09.85	03:26:09.85	+01:12:52 (35.4%)	7:55	7
41	GŁOWACKA Marta	2164		KRAKÓW	K30	4	K 9	00:00:00	01:42:09	03:26:19.00	03:26:19.00	+01:13:02 (35.4%)	7:56	7
42	RYMSZEWICZ Tomasz	2218		WĘGORZEWO	M40	15	M 33	00:00:00	01:43:32	03:26:20.45	03:26:20.45	+01:13:03 (35.4%)	7:56	7
43	PERLIŃSKI Mirosław	2109	ASSECO ACTIVE TEAM	RZESZÓW	M40	16	M 34	00:00:00	01:45:35	03:26:30.85	03:26:30.85	+01:13:13 (35.5%)	7:56	7
44	PROCHERA Damian	2062		KRAKÓW	M40	17	M 35	00:00:00	01:36:40	03:27:04.50	03:27:04.50	+01:13:47 (35.6%)	7:57	7
45	WIKA Bartosz	2085		POZNAŃ	M30	11	M 36	00:00:00	01:40:41	03:28:46.35	03:28:46.35	+01:15:29 (36.2%)	8:01	7
46	WACŁAWIK Jan	2165		SANOK	M40	18	M 37	00:00:00	01:46:16	03:29:34.60	03:29:34.60	+01:16:17 (36.4%)	8:03	7
47	CZWERENKO Wojciech	2166		SANOK	M40	19	M 38	00:00:00	01:46:14	03:29:35.25	03:29:35.25	+01:16:18 (36.4%)	8:03	7
48	WOJDALSKI Piotr	2213		WARSZAWA	M20	4	M 39	00:00:00	01:47:18	03:29:35.65	03:29:35.65	+01:16:18 (36.4%)	8:03	7
49	KULESZA Agnieszka	2186		CELESTYNÓW	K30	5	K 10	00:00:00	01:46:34	03:31:23.85	03:31:23.85	+01:18:06 (37.0%)	8:07	7
50	PYTEL Waldemar	2037	YULO RAN TEAM SIEDLCE	SIEDLCE	M60	2	M 40	00:00:00	01:43:45	03:32:18.60	03:32:18.60	+01:19:01 (37.2%)	8:09	7
51	ROŹKIEWICZ Leszek	2212	LETSGODEVOPS.PL	RZESZÓW	M40	20	M 41	00:00:00	01:48:53	03:34:02.75	03:34:02.75	+01:20:45 (37.7%)	8:13	7
52	IDZIOR Tomasz	2121		BRZEZINY	M30	12	M 42	00:00:00	01:49:16	03:34:46.95	03:34:46.95	+01:21:29 (37.9%)	8:15	7
53	FURMAGA Przemysław	2043		WARSZAWA	M40	21	M 43	00:00:00	01:45:58	03:35:29.45	03:35:29.45	+01:22:12 (38.1%)	8:17	7
54	KUKLA Marcin	2161	RYSIK RUNNERS	WARSZAWA	M50	5	M 44	00:00:00	01:48:16	03:39:19.75	03:39:19.75	+01:26:02 (39.2%)	8:26	7
55	SMOLKA Piotr	2114		KATOWICE	M30	13	M 45	00:00:00	01:53:00	03:43:59.00	03:43:59.00	+01:30:42 (40.5%)	8:36	
56	WĘGRZYN Krzysztof	2195	RZESZOWSKIE GAZELE I GEPARDY	KRASNE	M50	6	M 46	00:00:00	01:55:33	03:44:12.25	03:44:12.25	+01:30:55 (40.6%)	8:37	
57	SZAŁAS Szałas	2039		RZESZÓW	M30	14	M 47	00:00:00	01:53:04	03:44:42.80	03:44:42.80	+01:31:25 (40.7%)	8:38	€
58	BABICZ Karol	2142		LUBLIN	M30	15	M 48	00:00:00	01:50:44	03:44:54.40	03:44:54.40	+01:31:37 (40.7%)	8:39	€
59	SKRZYŃSKI Emil	2052	SII RUNNING TEAM	LUBLIN	M30	16	M 49	00:00:00	01:58:55	03:44:56.65	03:44:56.65	+01:31:39 (40.7%)	8:39	€
60	STEFANIUK Roman	2015	GRUPA BIEGACZY SKÓRZEC BIEGA	SIEDLCE	M60	3	M 50	00:00:00	01:50:56	03:45:19.30	03:45:19.30	+01:32:02 (40.8%)	8:39	€
61	FILIPEK Rafał	2143	GRUBASY	RZESZÓW	M50	7	M 51	00:00:00	01:48:57	03:45:27.25	03:45:27.25	+01:32:10 (40.9%)	8:40	€
62	ULIK Marcin	2111		PNIÓWEK	M40	22	M 52	00:00:00	01:51:15	03:45:39.90	03:45:39.90	+01:32:22 (40.9%)	8:40	€

63	KRYŻMAN Joanna	2077		PIENKÓW	K20	3	K 11	00:00:00	01:55:33	03:47:59.95	03:47:59.95	+01:34:42 (41.5%)	8:46	€
64	BAZIAK Piotr	2172		NOWY SĄCZ	M50	8	M 53	00:00:00	01:55:41	03:48:00.45	03:48:00.45	+01:34:43 (41.5%)	8:46	€
65	BALCEROWSKI Paweł	2132	POLISH RUNNERS CLUB IRELAND	DUBLIN	M40	23	M 54	00:00:00	01:54:39	03:48:23.55	03:48:23.55	+01:35:06 (41.6%)	8:47	€
66	KAMER Adam	2117		PRUSZKÓW	M20	5	M 55	00:00:00	02:04:46	03:50:01.10	03:50:01.10	+01:36:44 (42.1%)	8:50	€
67	KORPYSA Piotr	2009		BYCHAWKA TRZECIA	M30	17	M 56	00:00:00	01:57:25	03:50:28.30	03:50:28.30	+01:37:11 (42.2%)	8:51	€
68	PYTEL Paweł	2136	KOMANDO PYTLE	GDAŃSK	M40	24	M 57	00:00:00	01:50:13	03:51:12.05	03:51:12.05	+01:37:55 (42.4%)	8:53	€
69	RACHWAŁSKI Robert	2211		CISNA	M40	25	M 58	00:00:00	01:58:22	03:52:27.55	03:52:27.55	+01:39:10 (42.7%)	8:56	€
70	GIERLAK Paweł	2019	CPP RZESZÓW	PRZEDMIEŚCIE CZUDECKIE	M40	26	M 59	00:00:00	01:56:10	03:55:57.95	03:55:57.95	+01:42:40 (43.5%)	9:04	€
71	STAŃCZYK Mateusz	2005		SŁOPSK	M30	18	M 60	00:00:00	02:00:48	03:56:59.55	03:56:59.55	+01:43:42 (43.8%)	9:06	€
72	JOSZCZAK Michał	2147		GDANSK	M40	27	M 61	00:00:00	01:56:13	03:58:06.80	03:58:06.80	+01:44:49 (44.0%)	9:09	€
73	SIWIEC Stanisław	2175	PODIUM	RZESZÓW	M60	4	M 62	00:00:00	02:00:05	03:58:10.70	03:58:10.70	+01:44:53 (44.0%)	9:09	€
74	ROŹNIATA Iwona	2202	ULTRATEAM ŁÓDŹ	ŁÓDŹ	K50	1	K 12	00:00:00	02:01:07	03:59:29.35	03:59:29.35	+01:46:12 (44.3%)	9:12	€
75	ŚNIEGOSKI Sebastian	2003		WARSZAWA	M40	28	M 63	00:00:00	01:58:32	04:00:03.45	04:00:03.45	+01:46:46 (44.5%)	9:13	€
76	BARANOWSKA Justyna	2160		ŁÓDŹ	K20	4	K 13	00:00:00	02:00:14	04:02:00.25	04:02:00.25	+01:48:43 (44.9%)	9:18	€
77	ZEGAR Barbara	2057	LUBARTOWSKI BEERGACZ TEAM	LUBARTOW	K50	2	K 14	00:00:00	02:03:13	04:03:13.00	04:03:13.00	+01:49:56 (45.2%)	9:21	€
78	CZYŻ Piotr	2069		RZAŚKA	M40	29	M 64	00:00:00	02:03:53	04:03:57.15	04:03:57.15	+01:50:40 (45.4%)	9:22	€
79	BUDZIK Karina	2215		SKRZYSZÓW	K20	5	K 15	00:00:00	01:57:00	04:04:19.05	04:04:19.05	+01:51:02 (45.4%)	9:23	€
80	KIELAR Marcin	2131		RZESZÓW	M30	19	M 65	00:00:00	01:59:28	04:05:07.00	04:05:07.00	+01:51:50 (45.6%)	9:25	€
81	WITKOWSKI Tymoteusz	2125		WARSZAWA	M20	6	M 66	00:00:00	02:04:46	04:05:52.55	04:05:52.55	+01:52:35 (45.8%)	9:27	€
82	SZYSZ Alina	2017	GRUPA BIEGACZY SKÓRZEC BIEGA	SIEDLCE	K40	4	K 16	00:00:00	02:02:28	04:08:41.10	04:08:41.10	+01:55:24 (46.4%)	9:33	€
83	PIECH Janusz	2011	JASIONKI	JAWORZE NAŁĘŻE	M60	5	M 67	00:00:00	01:59:48	04:08:49.05	04:08:49.05	+01:55:32 (46.4%)	9:34	€
84	HABDAS Damian	2170		WARSZAWA	M30	20	M 68	00:00:00	02:02:17	04:08:54.00	04:08:54.00	+01:55:37 (46.5%)	9:34	€
85	GAWRON Paweł	2083	KONIN RUN	POSADA	M60	6	M 69	00:00:00	01:57:19	04:09:38.15	04:09:38.15	+01:56:21 (46.6%)	9:36	€
86	RZECZKOWSKI Maciej	2056		OTWOCK	M50	9	M 70	00:00:00	02:08:05	04:09:51.45	04:09:51.45	+01:56:34 (46.7%)	9:36	€
87	KRZYŻAK Łukasz	2068		BOCHNIA	M40	30	M 71	00:00:00	01:56:20	04:13:32.95	04:13:32.95	+02:00:15 (47.4%)	9:45	€
88	PASTERNAK Robert	2182		WARSZAWA	M50	10	M 72	00:00:00	02:01:18	04:13:37.85	04:13:37.85	+02:00:20 (47.4%)	9:45	€
89	MATUSIK-SKALSKA Renata	2148	NOTOJESTEM	DZIEWKI	K50	3	K 17	00:00:00	02:05:41	04:13:40.00	04:13:40.00	+02:00:23 (47.5%)	9:45	€
90	TRZCIELIŃSKI Grzegorz	2064		WIELICZKA	M40	31	M 73	00:00:00	02:05:38	04:14:07.50	04:14:07.50	+02:00:50 (47.6%)	9:46	€
91	CHABROWSKI Marcin	2171		WARSZAWA	M30	21	M 74	00:00:00	02:08:01	04:14:12.25	04:14:12.25	+02:00:55 (47.6%)	9:46	€
92	ROMANOWSKA Iga	2076		WARSZAWA	K20	6	K 18	00:00:00	02:08:06	04:15:30.45	04:15:30.45	+02:02:13 (47.8%)	9:49	€
93	ZAŁUSKI Wojciech	2134		PLAZA	M20	7	M 75	00:00:00	02:31:38	04:15:52.95	04:15:52.95	+02:02:35 (47.9%)	9:50	€

94	WOŁYNIEC Paweł	2070	BIEGACZE SPECJALNEJ TROSKI	ŚWIDNIK	M40	32	M 76	00:00:00	02:08:56	04:17:43.70	04:17:43.70	+02:04:26 (48.3%)	9:54	6
95	BALBUENA Jasper	2093		MOROWO	M40	33	M 77	00:00:00	02:06:14	04:18:05.40	04:18:05.40	+02:04:48 (48.4%)	9:55	
96	KAMER Joanna	2113	UKA	PRUSZKÓW	K40	5	K 19	00:00:00	02:04:56	04:18:33.35	04:18:33.35	+02:05:16 (48.5%)	9:56	
97	HABA Konrad	2204		WIELICZKA	M40	34	M 78	00:00:00	02:08:34	04:18:55.85	04:18:55.85	+02:05:38 (48.5%)	9:57	
98	NOSOWSKA Agnieszka	2199		OTWOCK	K30	6	K 20	00:00:00	02:13:40	04:19:48.65	04:19:48.65	+02:06:31 (48.7%)	9:59	
99	LEWCZUK Norbert	2167	EDYTA LEWANDOWSKA TEAM	ŁOSICE	M40	35	M 79	00:00:00	02:00:56	04:19:52.15	04:19:52.15	+02:06:35 (48.7%)	9:59	
100	WĘGRZYN Małgorzata	2196	RZESZOWSKIE GAZELE I GEPARDY	KRASNE	K50	4	K 21	00:00:00	02:07:35	04:21:16.85	04:21:16.85	+02:07:59 (49.0%)	10:02	
101	WÓJTOWICZ Sławomir	2106		WIĄZOWNA	M40	36	M 80	00:00:00	02:05:03	04:22:07.65	04:22:07.65	+02:08:50 (49.2%)	10:04	
102	TALAROWSKA Agnieszka	2051		KRASNYSTAW	K40	6	K 22	00:00:00	02:10:09	04:22:52.10	04:22:52.10	+02:09:35 (49.3%)	10:06	5
103	JANUSZCZAK Mateusz	2035		SIEDLCE	M30	22	M 81	00:00:00	02:02:37	04:23:55.80	04:23:55.80	+02:10:38 (49.5%)	10:09	5
104	MACHUCKA Ewelina	2192	21 BDOW	SANOK	K30	7	K 23	00:00:00	02:07:54	04:24:16.95	04:24:16.95	+02:10:59 (49.6%)	10:09	5
105	SOBOLEWSKA Marlena	2030		LUBLIN	K20	7	K 24	00:00:00	02:07:05	04:24:48.85	04:24:48.85	+02:11:31 (49.7%)	10:11	5
105	SOBOLEWSKI Michał	2031		LUBLIN	M20	8	M 82	00:00:00	02:07:04	04:24:48.85	04:24:48.85	+02:11:31 (49.7%)	10:11	5
107	BALCEROWSKI Rafał	2104	DKWS	WARSZAWA	M40	37	M 83	00:00:00	02:13:27	04:27:09.50	04:27:09.50	+02:13:52 (50.1%)	10:16	5
108	PAPROCKI Paweł	2074		GDAŃSK	M40	38	M 84	00:00:00	02:08:55	04:27:22.35	04:27:22.35	+02:14:05 (50.2%)	10:17	5
109	SKALSKA Aneta	2140	MKB DREPTAK	MIŃSK MAZOWIECKI	K30	8	K 25	00:00:00	02:11:02	04:28:09.80	04:28:09.80	+02:14:52 (50.3%)	10:18	5
110	CHUDZIK Kamil	2139		WĘGRÓW	M20	9	M 85	00:00:00	02:08:16	04:28:14.35	04:28:14.35	+02:14:57 (50.3%)	10:19	5
111	MĘTLAK Małgorzata	2091	JURA TEAM OCR	ZAWIERCIE	K20	8	K 26	00:00:00	02:08:16	04:28:14.60	04:28:14.60	+02:14:57 (50.3%)	10:19	5
112	WITEK- KONDRAT Anna	2116		CZEMIERNIKI	K50	5	K 27	00:00:00	02:15:55	04:29:08.40	04:29:08.40	+02:15:51 (50.5%)	10:21	5
113	BRYK Jagoda	2194		CISNA	K20	9	K 28	00:00:00	02:02:46	04:29:44.80	04:29:44.80	+02:16:27 (50.6%)	10:22	5
114	KUKLA Elzbieta	2176	RYSIK RUNNERS	WARSZAWA	K60	1	K 29	00:00:00	02:11:04	04:30:11.50	04:30:11.50	+02:16:54 (50.7%)	10:23	5
115	WARDEGA Ilona	2033		WROCŁAW (WROCŁAW-FABRYCZNA)	K30	9	K 30	00:00:00	02:04:51	04:30:13.85	04:30:13.85	+02:16:56 (50.7%)	10:23	5
116	MALIK Rafał	2047		WROCŁAW	M20	10	M 86	00:00:00	02:16:15	04:30:14.30	04:30:14.30	+02:16:57 (50.7%)	10:23	5
117	MALIK Robert	2048		GDAŃSK	M40	39	M 87	00:00:00	02:16:13	04:30:17.50	04:30:17.50	+02:17:00 (50.7%)	10:23	5
118	NIEMCZAK Basia	2205	ULTRA KSP	WARSZAWA	K30	10	K 31	00:00:00	02:19:46	04:30:42.05	04:30:42.05	+02:17:25 (50.8%)	10:24	5
119	ZARĘBA Jolanta	2193		RZESZÓW	K60	2	K 32	00:00:00	02:09:18	04:30:43.50	04:30:43.50	+02:17:26 (50.8%)	10:24	5
120	BURY Marek	2130		KATOWICE	M50	11	M 88	00:00:00	02:15:58	04:31:34.05	04:31:34.05	+02:18:17 (50.9%)	10:26	5
121	KRÓL Ewa	2094		NOWY JADÓW	K30	11	K 33	00:00:00	02:19:45	04:32:48.65	04:32:48.65	+02:19:31 (51.1%)	10:29	5
122	WESENBURG-KASZUBOWSKA Joanna	2014		SZCZYTNO	K40	7	K 34	00:00:00	02:04:02	04:33:18.35	04:33:18.35	+02:20:01 (51.2%)	10:30	5
123	WOŹNIAK Grzegorz	2197	MROZOPĘDNI	WOLA RAFALOWSKA	M50	12	M 89	00:00:00	02:08:03	04:33:24.95	04:33:24.95	+02:20:07 (51.3%)	10:30	5
124	CHABROWSKI Paweł	2181	GRUPA BIESZCZADZKA GOPR/MROZOPĘDNI	MROZY	M50	13	M 90	00:00:00	02:07:58	04:33:25.20	04:33:25.20	+02:20:08 (51.3%)	10:30	5

125	KUŚNIERZ Piotr	2098		NIELEDWIA	M50	14	M 91	00:00:00	02:11:53	04:33:55.35	04:33:55.35	+02:20:38 (51.3%)	10:32	5
126	PANEK Agata	2086		ZAWIERCIE	K40	8	K 35	00:00:00	02:13:54	04:35:27.80	04:35:27.80	+02:22:10 (51.6%)	10:35	5
126	SOCHACKI Mariusz	2087		LGOTA MUROWANA	M40	40	M 92	00:00:00	02:13:55	04:35:27.80	04:35:27.80	+02:22:10 (51.6%)	10:35	5
128	PIĄTKOWSKA Magdalena	2049		CHORZÓW	K30	12	K 36	00:00:00	02:19:59	04:36:53.15	04:36:53.15	+02:23:36 (51.9%)	10:38	5
129	DRZEWIECKI Maciej	2112	CB163 CROSSFIT BYDGOSZCZ	NIEMCZ	M40	41	M 93	00:00:00	02:23:08	04:37:50.55	04:37:50.55	+02:24:33 (52.0%)	10:41	5
130	DARAŻ Mirosław	2137		WOLA UHRUSKA	M50	15	M 94	00:00:00	02:09:43	04:38:20.55	04:38:20.55	+02:25:03 (52.1%)	10:42	5
131	HADAŁA Jerzy	2173		RZESZÓW	M50	16	M 95	00:00:00	02:19:52	04:39:44.70	04:39:44.70	+02:26:27 (52.4%)	10:45	5
132	TOMASZKIEWICZ Marek	2079		ZĄBKI	M50	17	M 96	00:00:00	02:08:10	04:39:56.85	04:39:56.85	+02:26:39 (52.4%)	10:46	5
133	TATARCZUCH Eugeniusz	2119	VILLA-VERDE	ŻABNO	M50	18	M 97	00:00:00	02:10:12	04:41:49.65	04:41:49.65	+02:28:32 (52.7%)	10:50	5
134	ZYŚK Sylwia	2097		MAŁKINIA GÓRNA	K30	13	K 37	00:00:00	02:25:24	04:42:25.45	04:42:25.45	+02:29:08 (52.8%)	10:51	5
135	UŚCIŃSKA Marta	2044	OSTRÓW BIEGA	OSTRÓW MAZOWIECKA	K30	14	K 38	00:00:00	02:25:27	04:42:52.35	04:42:52.35	+02:29:35 (52.9%)	10:52	5
136	UŚCIŃSKI Marcin	2084		OSTRÓW MAZOWIECKA	M30	23	M 98	00:00:00	02:25:26	04:42:52.60	04:42:52.60	+02:29:35 (52.9%)	10:52	5
137	WDOWIAK Aneta	2054		WROCŁAW	K40	9	K 39	00:00:00	02:16:15	04:45:53.10	04:45:53.10	+02:32:36 (53.4%)	10:59	5
138	KOLASA Marta	2073		ŁÓDŹ	K30	15	K 40	00:00:00	02:19:11	04:46:53.85	04:46:53.85	+02:33:36 (53.5%)	11:02	5
139	BIELUŃ Adrian	2026		ŁÓDŹ	M30	24	M 99	00:00:00	02:19:10	04:46:53.95	04:46:53.95	+02:33:36 (53.5%)	11:02	5
140	HANDZEL Agnieszka	2123		MODLNICZKA	K40	10	K 41	00:00:00	02:19:58	04:48:29.55	04:48:29.55	+02:35:12 (53.8%)	11:05	5
141	MICIAK Wojciech	2071	NIEPOŁOMICE BIEGAJĄ	BODZANÓW	M50	19	M 100	00:00:00	02:17:20	04:50:17.75	04:50:17.75	+02:37:00 (54.1%)	11:09	5
142	MILEWSKA Dominika	2224		ŁÓDŹ	K40	11	K 42	00:00:00	02:26:03	04:50:45.05	04:50:45.05	+02:37:28 (54.2%)	11:10	5
142	ŚNIEG Paulina	2208		ŁÓDŹ	K50	6	K 42	00:00:00	02:26:04	04:50:45.05	04:50:45.05	+02:37:28 (54.2%)	11:10	5
144	JACKOWSKA Ewa	2158	JGB "SOKÓŁ"	JAROSŁAW	K50	7	K 44	00:00:00	02:22:56	04:52:35.70	04:52:35.70	+02:39:18 (54.4%)	11:15	5
145	JACKOWSKI Jacek	2159	JGB "SOKÓŁ"	JAROSŁAW	M50	20	M 101	00:00:00	02:23:06	04:52:35.75	04:52:35.75	+02:39:18 (54.4%)	11:15	5
146	MICIAK Agnieszka	2072	NIEPOŁOMICE BIEGAJĄ	BODZANÓW	K50	8	K 45	00:00:00	02:17:19	04:52:42.75	04:52:42.75	+02:39:25 (54.5%)	11:15	5
147	GUJDA Janusz	2223		PRZEWORSK	M50	21	M 102	00:00:00	02:26:04	04:54:19.90	04:54:19.90	+02:41:02 (54.7%)	11:19	5
148	TOWALSKA Zuzanna	2214		POZNAŃ	K40	12	K 46	00:00:00	02:24:57	04:55:15.25	04:55:15.25	+02:41:58 (54.9%)	11:21	5
149	PIETRUS Piotr	2050	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	BIELECKIE MŁYNY	M50	22	M 103	00:00:00	02:22:45	04:55:17.05	04:55:17.05	+02:42:00 (54.9%)	11:21	5
150	ŻEBROWSKA Dorota	2013		SZCZYTNO	K40	13	K 47	00:00:00	02:24:46	04:55:21.35	04:55:21.35	+02:42:04 (54.9%)	11:21	5
151	OGONOWSKA Renata	2045	OSTRÓW BIEGA	MAŁKINIA GÓRNA	K40	14	K 48	00:00:00	02:33:12	04:56:59.50	04:56:59.50	+02:43:42 (55.1%)	11:25	5
152	ŻYLEWICZ Agata	2145	PART5	PUSTKI	K30	16	K 49	00:00:00	02:27:10	04:58:32.55	04:58:32.55	+02:45:15 (55.4%)	11:28	5
153	SYNDER-TAMBORSKA Katarzyna	2126	RUNFORFUN	ŁÓDŹ	K40	15	K 50	00:00:00	02:29:46	05:01:28.80	05:01:28.80	+02:48:11 (55.8%)	11:35	5
154	TAMBORSKI Tomasz	2127	NET4DOCTOR	ŁÓDŹ	M40	42	M 104	00:00:00	02:29:47	05:01:29.20	05:01:29.20	+02:48:12 (55.8%)	11:35	5
155	HAMROL Katarzyna	2061		RADZYNY	K20	10	K 51	00:00:00	02:30:25	05:02:03.55	05:02:03.55	+02:48:46 (55.9%)	11:37	5

156	HAMROL Małgorzata	2060	SPORTOWY KAŻMIERZ	RADZYNY	K50	9	K 52	00:00:00	02:30:28	05:02:03.65	05:02:03.65	+02:48:46 (55.9%)	11:37	5
157	GIEFERT Dariusz	2092	INTER	ŚREDNIA WIEŚ	M40	43	M 105	00:00:00	02:36:36	05:02:30.10	05:02:30.10	+02:49:13 (55.9%)	11:38	5
158	PIECH Izabela	2010	JASIONKI	JAWORZE NAŁĘŻE	K50	10	K 53	00:00:00	02:33:24	05:02:58.70	05:02:58.70	+02:49:41 (56.0%)	11:39	5
159	POKRYWKA Stefan	2225		CISNA	M60	7	M 106	00:00:00	02:28:00	05:03:28.45	05:03:28.45	+02:50:11 (56.1%)	11:40	5
160	HADAŁA Agnieszka	2177		RZESZÓW	K50	11	K 54	00:00:00	02:32:11	05:03:59.35	05:03:59.35	+02:50:42 (56.2%)	11:41	5
161	DOMANSZCZYNSKA Anna	2075		BRZÓZA KRÓLEWSKA	K40	16	K 55	00:00:00	02:35:57	05:06:46.50	05:06:46.50	+02:53:29 (56.6%)	11:47	5
162	TURKO Katarzyna	2065		BYTOM	K50	12	K 56	00:00:00	02:22:48	05:07:54.45	05:07:54.45	+02:54:37 (56.7%)	11:50	5
163	WOJTASIK Adam	2058		WARSZAWA	M40	44	M 107	00:00:00	02:26:33	05:10:16.80	05:10:16.80	+02:56:59 (57.0%)	11:56	
164	NOWACKA Zuzanna	2059		MILANÓWEK	K30	17	K 57	00:00:00	02:41:01	05:11:21.95	05:11:21.95	+02:58:04 (57.2%)	11:58	
165	ISKRA-NOWIK Estera	2095		KOMAŃCZA	K30	18	K 58	00:00:00	02:34:22	05:11:22.40	05:11:22.40	+02:58:05 (57.2%)	11:58	
166	CZENCZEK Kamil	2020		RZESZÓW	M30	25	M 108	00:00:00	02:33:51	05:15:29.65	05:15:29.65	+03:02:12 (57.8%)	12:08	4
167	BIENIEK Bartłomiej	2133		CHRZANÓW	M20	11	M 109	00:00:00	02:31:39	05:15:54.30	05:15:54.30	+03:02:37 (57.8%)	12:09	4
168	ŁOKAS Andrzej	2018		BĘDZIN	M50	23	M 110	00:00:00	02:42:10	05:20:47.75	05:20:47.75	+03:07:30 (58.5%)	12:20	4
169	TAŻBIERSKA Martyna	2029		WROCŁAW	K20	11	K 59	00:00:00	02:16:03	05:24:33.05	05:24:33.05	+03:11:16 (58.9%)	12:28	4
170	BORKOWSKA Monika	2008		WARSZAWA	K30	19	K 60	00:00:00	02:38:35	05:27:23.20	05:27:23.20	+03:14:06 (59.3%)	12:35	4
171	GAJECKA Izabela	2089		ZAWIERCIE	K50	13	K 61	00:00:00	02:40:26	05:29:34.80	05:29:34.80	+03:16:17 (59.6%)	12:40	4
172	BĄCZEK Agata	2088		ZAWIERCIE	K50	14	K 62	00:00:00	02:40:21	05:29:35.15	05:29:35.15	+03:16:18 (59.6%)	12:40	4
173	SULIGA Wioletta	2067	ING BANK ŚLĄSKI	SOSNOWIEC	K40	17	K 63	00:00:00	02:39:54	05:31:46.75	05:31:46.75	+03:18:29 (59.8%)	12:45	4
174	SALIŃSKI Bartosz	2141		KATOWICE	M40	45	M 111	00:00:00	02:39:55	05:31:47.85	05:31:47.85	+03:18:30 (59.8%)	12:45	4
175	SZYMAŃSKA Agnieszka	2021		WARSZAWA	K40	18	K 64	00:00:00	03:06:42	06:23:52.85	06:23:52.85	+04:10:35 (65.3%)	14:45	4
176	MARCINIAK Barbara	2063		PUSTKI	K40	19	K 65	00:00:00	03:06:42	06:24:01.10	06:24:01.10	+04:10:44 (65.3%)	14:46	4
177	REJMAN Adam	2102		CZARNA	M60	8	M 112	00:00:00	02:58:27	06:26:43.80	06:26:43.80	+04:13:26 (65.5%)	14:52	
178	NOWAK Tomasz	2023		GOSTYŃ	M40	46	M 113	00:00:00	03:15:35	06:29:43.30	06:29:43.30	+04:16:26 (65.8%)	14:59	
179	CHECIŃSKI Sławomir	2038		LUBOCKIE	M30	26	M 114	00:00:00	03:15:37	06:29:44.05	06:29:44.05	+04:16:27 (65.8%)	14:59	
180	RUCIŃSKA Emilia	2022		WARSZAWA	K40	20	K 66	00:00:00	03:16:28	06:29:44.35	06:29:44.35	+04:16:27 (65.8%)	14:59	
181	BRUD Krzysztof	2024		TYCHY	M40	47	M 115	00:00:00	03:16:30	06:29:44.95	06:29:44.95	+04:16:27 (65.8%)	14:59	
182	DERUŚ Stanisław	2120		BISKUPICE	M60	9	M 116	00:00:00	03:20:32	06:30:13.40	06:30:13.40	+04:16:56 (65.8%)	15:00	
183	KŁOS Dariusz	2090	CKM PRZEBUDZENIE	TORUŃ	M60	10	M 117	00:00:00	03:20:39	06:46:54.30	06:46:54.30	+04:33:37 (67.2%)	15:39	3
184	WOŁOSZYN Ryszard	2135	MARGO TEAM	BIELSKO-BIAŁA	M50	24	M 118	00:00:00	03:21:27	06:57:54.20	06:57:54.20	+04:44:37 (68.1%)	16:04	3
185	PINDRAL Paweł	2157		TARNOWSKIE GÓRY	M40	48	M 119	00:00:00	03:35:26	07:15:29.20	07:15:29.20	+05:02:12 (69.4%)	16:44	3
186	MARONDEL Katarzyna	2169		BYTOM	K30	20	K 67	00:00:00	03:35:27	07:15:47.25	07:15:47.25	+05:02:30 (69.4%)	16:45	3

187	REJMAN-STELCZYK Monika	2100		JAROSŁAW	K40	21	K 68	00:00:00	04:26:01	09:07:38.50	09:07:38.50	+06:54:21 (75.7%)	21:03	2
188	STELCZYK Grzegorz	2101		JAROSŁAW	M40	49	M 120	00:00:00	03:20:08	09:07:42.00	09:07:42.00	+06:54:25 (75.7%)	21:03	2
189	BALCERZYK Natalia	2082	POWSINOGI BEŁCHATÓW	OKONEK	K30	21	K 69	00:00:00	04:56:47	09:11:13.30	09:11:13.30	+06:57:56 (75.8%)	21:12	2
190	KRÓLICKA Patrycja	2078		SIEMIANOWICE ŚLĄSKIE	K50	15	K 70	00:00:00	04:56:49	09:11:14.80	09:11:14.80	+06:57:57 (75.8%)	21:12	2
191	SIEWIERSKA Urszula	2080	POWSINOGI BEŁCHATÓW	BEŁCHATÓW	K40	22	K 71	00:00:00	04:56:50	09:11:15.90	09:11:15.90	+06:57:58 (75.8%)	21:12	2