

1	KUROPATWA Gabriel	200	TEAM SALCO	BIELSKO-BIAŁA	OPEN M	1	M 1	00:00:01	01:19:14	01:53:36.30	01:53:37.90		4:32	13.2 (100%)
2	WACHAŁA Łukasz	205	STJ KW KRAKÓW	KRAKÓW	OPEN M	2	M 2	00:00:01	01:22:57	02:00:08.90	02:00:10.35	+00:06:32 (5.4%)	4:47	12.5 (94.7%)
3	WOŁĄKIEWICZ Piotr	203	STUDIO REKLAMY „ZA 5”	BIELSKO-BIAŁA	OPEN M	3	M 3	00:00:01	01:26:12	02:02:37.65	02:02:39.10	+00:09:01 (7.4%)	4:53	12.3 (93.2%)
4	DOBROWOLSKI Emil	206	UKS EKONOMIK MARATOŃCZYK LĘBORK	CHOTOMÓW	OPEN M	4	M 4	00:00:02	01:24:28	02:04:37.00	02:04:39.05	+00:11:01 (8.8%)	4:58	12.1 (91.7%)
5	DOBROWOLSKI Szymek	250	MOK MSZANA DOLNA	MSZANA DOLNA	OPEN M	5	M 5	00:00:03	01:28:52	02:07:11.10	02:07:14.65	+00:13:36 (10.7%)	5:04	11.8 (89.4%)
6	ŚLIWKA Paweł	414		WARSZAWA	OPEN M	6	M 6	00:00:01		02:07:40.90	02:07:42.80	+00:14:04 (11.0%)	5:05	11.8 (89.4%)
7	MIROSZKA Krzysztof	353		WROCŁAW	OPEN M	7	M 7	00:00:01	01:28:55	02:08:43.75	02:08:45.35	+00:15:07 (11.7%)	5:08	11.7 (88.6%)
8	GĘBUSIA Grzegorz	258	GORĄCY POTOK TEAM	KRAKÓW	OPEN M	8	M 8	00:00:02	01:31:44	02:11:42.80	02:11:45.05	+00:18:07 (13.8%)	5:15	11.4 (86.4%)
9	TESLUK Kuba	417	AW - SZYBCIEJ - TEAM	ŻORY	OPEN M	9	M 9	00:00:02	01:30:42	02:12:25.50	02:12:27.70	+00:18:49 (14.2%)	5:17	11.3 (85.6%)
10	BULENDA Bartosz	241	PIŹDZICA	RACIBÓRZ	OPEN M	10	M 10	00:00:02	01:34:00	02:14:01.60	02:14:04.15	+00:20:26 (15.2%)	5:21	11.2 (84.8%)
11	KWIATKOWSKI Paweł	327		BRZEG DOLNY	OPEN M	11	M 11	00:00:01	01:33:30	02:14:05.10	02:14:06.75	+00:20:28 (15.3%)	5:21	11.2 (84.8%)
12	STANEK Patrycja	210	BROOKS TRAIL TEAM	CZARNY DUNAJEC	OPEN K	1	K 1	00:00:02	01:34:33	02:16:52.05	02:16:54.55	+00:23:16 (17.0%)	5:27	11 (83.3%)
13	JURA Rafał	280		KOZY	OPEN M	12	M 12	00:00:01	01:32:51	02:18:44.95	02:18:46.85	+00:25:08 (18.1%)	5:32	10.8 (81.8%)
14	KLUSEK Mateusz	298	SMUCIKONIE	KRAKÓW	OPEN M	13	M 13	00:00:02	01:37:16	02:20:14.35	02:20:17.00	+00:26:39 (19.0%)	5:36	10.7 (81.1%)
15	GRUCHAŁA Natalia	212	BROOKS TEAM/ HARPAGAN GDAŃSK	GDYNIA	OPEN K	2	K 2	00:00:02	01:39:04	02:20:59.65	02:21:01.85	+00:27:23 (19.4%)	5:37	10.7 (81.1%)
16	BUKOWSKI Maciej	240		WARSZAWA	OPEN M	14	M 14	00:00:05	01:40:43	02:23:28.95	02:23:33.95	+00:29:56 (20.9%)	5:43	10.5 (79.5%)
17	DYDEK Kamil	252	CMP ENGINEERING GROUP	WARSZAWA	OPEN M	15	M 15	00:00:02	01:38:49	02:23:34.50	02:23:36.85	+00:29:58 (20.9%)	5:44	10.5 (79.5%)
18	WŁODARCZYK Bartłomiej	428	INŻYNIERIA BIEGANIA / DZIABA_RUNNER	WODZISŁAW ŚLĄSKI	OPEN M	16	M 16	00:00:03	01:39:19	02:23:54.20	02:23:58.00	+00:30:20 (21.1%)	5:44	10.4 (78.8%)
19	PEKAŁA Michał	367	MOUNTAIN RUNNING GUIDES	WARSZAWA	OPEN M	17	M 17	00:00:03	01:39:28	02:24:21.30	02:24:24.40	+00:30:46 (21.3%)	5:45	10.4 (78.8%)
20	GRUCEL Sławomir	267	AW SZYBCIEJ TEAM	SOSNOWIEC	OPEN M	18	M 18	00:00:03	01:41:02	02:24:32.35	02:24:35.75	+00:30:57 (21.4%)	5:46	10.4 (78.8%)
21	KWIATKOWSKA Kinga	211	HOKA GARMIN TEAM	RADKÓW	OPEN K	3	K 3	00:00:02	01:42:33	02:25:51.90	02:25:54.40	+00:32:16 (22.1%)	5:49	10.3 (78.0%)
22	SKARŻYŃSKI Łukasz	393		SOBOŃ	OPEN M	19	M 19	00:00:03	01:41:58	02:26:01.20	02:26:04.60	+00:32:26 (22.2%)	5:49	10.3 (78.0%)
23	PAPIÓR Jolanta	214	WATAHA/ SS- STAJNIA SZCZECZLI	USTROŃ	OPEN K	4	K 4	00:00:04	01:41:19	02:27:03.95	02:27:08.70	+00:33:30 (22.8%)	5:52	10.2 (77.3%)
24	KĘDZIORA Bogumił	293		KRAKÓW	OPEN M	20	M 20	00:00:03	01:47:17	02:31:10.85	02:31:14.35	+00:37:36 (24.9%)	6:02	9.9 (75.0%)
25	GRABSKI Dawid	265	SAGORSI	STRUMIEŃ	OPEN M	21	M 21	00:00:07	01:46:54	02:32:55.70	02:33:02.80	+00:39:24 (25.8%)	6:06	9.8 (74.2%)
26	CIAGAŁA Wojciech	244		BRZESZCZE	OPEN M	22	M 22	00:00:10	01:47:56	02:33:20.75	02:33:31.25	+00:39:53 (26.0%)	6:07	9.8 (74.2%)
27	DYGACZ Agnieszka	253		CHORZÓW	OPEN K	5	K 5	00:00:02	01:46:15	02:33:58.25	02:34:00.45	+00:40:22 (26.2%)	6:08	9.8 (74.2%)
28	KOCOŃ Justyna	213	TRAIL IS OUR WAY	ZŁATNA	OPEN K	6	K 6	00:00:02	01:47:58	02:35:12.45	02:35:15.15	+00:41:37 (26.8%)	6:11	9.7 (73.5%)
29	MEHRENS Stefan	341		WARSZAWA	OPEN M	23	M 23	00:00:05	01:48:06	02:36:19.70	02:36:25.15	+00:42:47 (27.4%)	6:14	9.6 (72.7%)

30	MAZUR Jakub	339	KŁĘBOWISKO	LIPOWA	OPEN M	24	M 24	00:00:04	01:48:18	02:36:20.90	02:36:25.45	+00:42:47 (27.4%)	6:14	9.6 (72.7%)
31	KUROWSKI Bartek	324		-	OPEN M	25	M 25	00:00:11	01:48:23	02:36:24.60	02:36:36.45	+00:42:58 (27.4%)	6:14	9.6 (72.7%)
32	OKRUCH Jakub	359		KRAKÓW	OPEN M	26	M 26	00:00:03	01:53:41	02:39:09.25	02:39:12.95	+00:45:35 (28.6%)	6:21	9.4 (71.2%)
33	IDZIAK Jakub	272	KAMIL LEŚNIAK TEAM	GRUSZCZYN	OPEN M	27	M 27	00:00:04	01:51:15	02:39:16.75	02:39:20.85	+00:45:42 (28.7%)	6:21	9.4 (71.2%)
34	GRZYWACZEWSKA Justyna	460		SOPOTNIA WIELKA	OPEN K	7	K 7	00:00:02	01:51:13	02:39:26.00	02:39:28.95	+00:45:51 (28.7%)	6:22	9.4 (71.2%)
35	JAROSZEK Piotr	276	SPARTAN POLAND	RYCHWAŁD	OPEN M	28	M 28	00:00:04		02:41:33.90	02:41:38.55	+00:48:00 (29.7%)	6:27	9.3 (70.5%)
36	BUGNO Marcelina	239		SKAWINA	OPEN K	8	K 8	00:00:13	01:48:24	02:41:43.20	02:41:56.40	+00:48:18 (29.8%)	6:27	9.3 (70.5%)
37	KUCHARSKI Marcin	321		KAMESZNICA	OPEN M	29	M 29	00:00:02	01:53:48	02:42:14.50	02:42:17.00	+00:48:39 (30.0%)	6:28	9.3 (70.5%)
38	PIĄTEK Joanna	368		KATOWICE	OPEN K	9	K 9	00:00:04		02:42:52.95	02:42:57.00	+00:49:19 (30.3%)	6:30	9.2 (69.7%)
39	ZAJĄC Mateusz	437		GLIWICE	OPEN M	30	M 30	00:00:08	01:53:59	02:43:16.90	02:43:25.65	+00:49:47 (30.5%)	6:31	9.2 (69.7%)
40	KOMANDER Dawid	303		BIERUŃ STARY	OPEN M	31	M 31	00:00:13	01:53:33	02:43:27.90	02:43:41.00	+00:50:03 (30.6%)	6:31	9.2 (69.7%)
41	SALNIKOV Denis	388	MŁYNARCZYK ENDURANCE TEAM	KRAKÓW	OPEN M	32	M 32	00:00:05	01:56:30	02:45:31.10	02:45:36.25	+00:51:58 (31.4%)	6:36	9.1 (68.9%)
42	KNAPCZYK Oskar	300		SKAWA	OPEN M	33	M 33	00:00:04	01:53:55	02:47:02.70	02:47:07.35	+00:53:29 (32.0%)	6:40	9 (68.2%)
43	NYKA Jan	357	FREE PALESTINE	WARSZAWA	OPEN M	34	M 34	00:00:03	01:56:47	02:47:37.40	02:47:41.10	+00:54:03 (32.2%)	6:41	9 (68.2%)
44	ROGIŃSKI Jacek	385		TARNOWSKIE GÓRY	OPEN M	35	M 35	00:00:03	01:52:56	02:47:55.55	02:47:58.95	+00:54:21 (32.4%)	6:42	8.9 (67.4%)
45	JOŃCZYK Katarzyna	279		ŻARNÓWKA	OPEN K	10	K 10	00:00:06	01:55:07	02:49:21.35	02:49:28.20	+00:55:50 (32.9%)	6:45	8.9 (67.4%)
46	POŚPIECH Michał	377	ING HUBS POLAND RUNNERS	SOSNOWIEC	OPEN M	36	M 36	00:00:06	01:57:59	02:49:47.05	02:49:53.55	+00:56:15 (33.1%)	6:46	8.8 (66.7%)
47	PILCH Piotr	452		WISŁA	OPEN M	37	M 37	00:00:01	01:29:38	02:50:37.25	02:50:39.15	+00:57:01 (33.4%)	6:48	8.8 (66.7%)
48	ZBYLUT Konrad	439	ING HUBS POLAND RUNNERS	PIETRZYKOWICE	OPEN M	38	M 38	00:00:11		02:52:18.05	02:52:29.55	+00:58:51 (34.1%)	6:52	8.7 (65.9%)
49	BĄK-PUCHAŁKA Michalina	230	SCARPA TEAM POLSKA	MIKOŁÓW	OPEN K	11	K 11	00:00:05		02:54:36.05	02:54:41.20	+01:01:03 (35.0%)	6:58	8.6 (65.2%)
50	SZAREK Marcin	406	BAŁUCKIE TYGRYSY	LALIKI	OPEN M	39	M 39	00:00:03	01:56:04	02:55:17.85	02:55:20.95	+01:01:43 (35.2%)	7:00	8.6 (65.2%)
51	SZCZOTKA Paweł	408		BIELSKO-BIAŁA	OPEN M	40	M 40	00:00:13	02:00:21	02:55:17.55	02:55:30.75	+01:01:52 (35.3%)	7:00	8.6 (65.2%)
52	KORCZAK Jan	305		WARSZAWA	OPEN M	41	M 41	00:00:15	02:00:24	02:55:53.60	02:56:08.65	+01:02:30 (35.5%)	7:01	8.5 (64.4%)
53	SZYMAŃSKI Maciej	411		BIELSKO-BIAŁA	OPEN M	42	M 42	00:00:14	02:01:21	02:56:49.25	02:57:03.35	+01:03:25 (35.8%)	7:03	8.5 (64.4%)
54	MĘDRAŁA Krzysztof	342	NEMAK RUNNERS	ZARZECZE	OPEN M	43	M 43	00:00:18	02:02:24	02:58:02.25	02:58:20.25	+01:04:42 (36.3%)	7:06	8.4 (63.6%)
55	KWAŚNY Marcin	326	WILD BUCHAYS	BUCZKOWICE	OPEN M	44	M 44	00:00:09	02:05:40	02:58:30.00	02:58:39.55	+01:05:01 (36.4%)	7:07	8.4 (63.6%)
56	TANISTRA Katarzyna	415	HURAGAN LIGOTA	KATOWICE	OPEN K	12	K 12	00:00:08	02:05:56	02:58:46.25	02:58:54.25	+01:05:16 (36.5%)	7:08	8.4 (63.6%)
57	KUPIEC Damian	323		KATOWICE	OPEN M	45	M 45	00:00:16	02:04:48	02:58:49.15	02:59:06.05	+01:05:28 (36.6%)	7:08	8.4 (63.6%)
58	STANIEWSKI Wojciech	400	ADIDAS RUNNERS POZNAŃ	POZNAŃ	OPEN M	46	M 46	00:00:08	02:02:03	02:59:00.10	02:59:08.75	+01:05:30 (36.6%)	7:08	8.4 (63.6%)

59	PAWLIK Michał	456		DĄBROWA GÓRNICZA	OPEN M	47	M 47	00:00:14	02:04:37	02:58:55.20	02:59:09.45	+01:05:31 (36.6%)	7:08	8.4 (63.6%)
60	WRÓBEL Jan	434	ING HUBS POLAND RUNNERS	RAJCZA	OPEN M	48	M 48	00:00:08		03:00:10.00	03:00:18.15	+01:06:40 (37.0%)	7:11	8.3 (62.9%)
61	TARGIEL Damian	416	INVICTUS3CITY	GDAŃSK	OPEN M	49	M 49	00:00:05	02:05:06	03:00:15.85	03:00:21.55	+01:06:43 (37.0%)	7:11	8.3 (62.9%)
62	SWACZYNA Radek	405		ČESKÝ TĚŠÍN	OPEN M	50	M 50	00:00:13	02:05:28	03:02:18.50	03:02:32.30	+01:08:54 (37.7%)	7:16	8.2 (62.1%)
63	GOSTOMSKA Katarzyna	455	VELOTEAM	GÓRA	OPEN K	13	K 13	00:00:04	02:07:05	03:02:33.60	03:02:38.25	+01:09:00 (37.8%)	7:17	8.2 (62.1%)
64	SZOSTAK Tomasz	410		WARSZAWA	OPEN M	51	M 51	00:00:06	02:02:25	03:02:35.95	03:02:42.25	+01:09:04 (37.8%)	7:17	8.2 (62.1%)
65	SZYMOCHA Andrzej	412		SPYTKOWICE	OPEN M	52	M 52	00:00:09	02:05:48	03:02:38.50	03:02:47.60	+01:09:09 (37.8%)	7:17	8.2 (62.1%)
66	FIEDOR Paweł	255	BIZNESINTERAKCJA TEAM	BIELSKO-BIAŁA	OPEN M	53	M 53	00:00:18	02:05:55	03:03:15.00	03:03:33.85	+01:09:55 (38.1%)	7:19	8.2 (62.1%)
67	PAGACZ Jakub	361		BOCHNIA	OPEN M	54	M 54	00:00:15	02:09:19	03:03:37.15	03:03:52.90	+01:10:15 (38.2%)	7:19	8.2 (62.1%)
68	KAŁUŻNY Michał	288	DIRTY SPARROWS	POZNAŃ	OPEN M	55	M 55	00:00:15	02:09:35	03:03:43.30	03:03:58.55	+01:10:20 (38.2%)	7:20	8.2 (62.1%)
69	KAŻMIERCZAK Piotr	292		WARSZAWA	OPEN M	56	M 56	00:00:04	02:07:15	03:04:08.80	03:04:13.20	+01:10:35 (38.3%)	7:21	8.2 (62.1%)
70	HOLBÓJ Rafał	270	ROMAN FICEK TEAM	WIEPRZ	OPEN M	57	M 57	00:00:04	02:06:11	03:04:17.60	03:04:22.05	+01:10:44 (38.4%)	7:21	8.2 (62.1%)
71	PSZONAK Tomasz	379		KATOWICE	OPEN M	58	M 58	00:00:04	01:58:51	03:04:42.70	03:04:46.80	+01:11:08 (38.5%)	7:22	8.1 (61.4%)
72	DIAFAS Nikos	249		WARSAW	OPEN M	59	M 59	00:00:05	02:07:06	03:05:11.55	03:05:17.20	+01:11:39 (38.7%)	7:23	8.1 (61.4%)
73	REGENCZUK Jakub	458		BIELSKO-BIAŁA	OPEN M	60	M 60	00:00:12	02:08:12	03:05:19.60	03:05:32.50	+01:11:54 (38.8%)	7:24	8.1 (61.4%)
74	JURASZEK Kamil	281		LIPOWA	OPEN M	61	M 61	00:00:11	02:06:48	03:05:32.40	03:05:43.75	+01:12:05 (38.8%)	7:24	8.1 (61.4%)
75	ALEKSANDROV Denys	220		KRAKÓW	OPEN M	62	M 62	00:00:11	02:05:32	03:05:46.00	03:05:57.45	+01:12:19 (38.9%)	7:25	8.1 (61.4%)
76	KOWALSKI Łukasz	311	PIEROGI ATTAKE	RODAKI	OPEN M	63	M 63	00:00:04	02:03:12	03:06:42.00	03:06:46.00	+01:13:08 (39.2%)	7:27	8 (60.6%)
77	KOZAK Krzysztof	313		PSZCZYNA	OPEN M	64	M 64	00:00:12	02:10:43	03:10:04.35	03:10:16.45	+01:16:38 (40.3%)	7:35	7.9 (59.8%)
78	WOLAŃSKA Anna	429	ING HUBS POLAND RUNNERS	ZABRZE	OPEN K	14	K 14	00:00:06		03:10:18.45	03:10:24.95	+01:16:47 (40.3%)	7:35	7.9 (59.8%)
79	KACPEREK-WÓJCIK Dorota	284	KW ZAKOPANE	ZAKOPANE	OPEN K	15	K 15	00:00:09	02:13:05	03:10:17.10	03:10:26.15	+01:16:48 (40.3%)	7:35	7.9 (59.8%)
80	JARMUŻEK Marcin	275		KRAKÓW	OPEN M	65	M 65	00:00:21		03:10:14.15	03:10:35.80	+01:16:57 (40.4%)	7:35	7.9 (59.8%)
81	KOLENDOWSKA Kamila	301	FLORIAN PYSZEL TEAM	WARSZAWA	OPEN K	16	K 16	00:00:06	02:11:39	03:10:29.55	03:10:36.05	+01:16:58 (40.4%)	7:36	7.9 (59.8%)
82	SĘDKOWSKI Łukasz	389		RUDA ŚLĄSKA	OPEN M	66	M 66	00:00:09		03:10:31.90	03:10:41.25	+01:17:03 (40.4%)	7:36	7.9 (59.8%)
83	KOLENDOWSKI Bartosz	302	FLORIAN PYSZEL TEAM	WARSZAWA	OPEN M	67	M 67	00:00:06	02:11:20	03:10:44.05	03:10:50.60	+01:17:12 (40.5%)	7:37	7.9 (59.8%)
84	ZIELIŃSKA Kinga	440	#ADAMCZERWIŃSKITEAM	KŁAJ	OPEN K	17	K 17	00:00:04	02:06:56	03:11:30.30	03:11:35.25	+01:17:57 (40.7%)	7:38	7.8 (59.1%)
85	KOWALSKI Łukasz	312	WIĘCEJ SPRZĘTU NIŻ TALENTU	GAŁKÓW DUŻY	OPEN M	68	M 68	00:00:02	02:14:20	03:13:22.60	03:13:25.15	+01:19:47 (41.3%)	7:43	7.8 (59.1%)
86	TOMSIA Wojciech	420		KRAKÓW	OPEN M	69	M 69	00:00:06	02:08:48	03:13:25.95	03:13:32.60	+01:19:54 (41.3%)	7:43	7.8 (59.1%)
87	PITEK Tomasz	374	42K PRO TEAM	TYCHY	OPEN M	70	M 70	00:00:09	02:08:52	03:13:29.50	03:13:38.75	+01:20:00 (41.3%)	7:43	7.8 (59.1%)

88	MIELNIK Michał	347		POZNAŃ	OPEN M	71	M 71	00:00:08	02:07:49	03:13:33.05	03:13:41.05	+01:20:03 (41.3%)	7:43	7.8 (59.1%)
89	KLÓSKA Rafał	297	STADO ZE SZCZECINA	SZCZECIN	OPEN M	72	M 72	00:00:05	02:09:11	03:13:39.10	03:13:44.95	+01:20:07 (41.4%)	7:44	7.8 (59.1%)
90	CASEY Mackinnon	457		TOKOROZAWA	OPEN M	73	M 73	00:00:19	02:01:59	03:13:27.45	03:13:46.75	+01:20:08 (41.4%)	7:43	7.8 (59.1%)
91	POLKOWSKI Piotr	376		WARSZAWA	OPEN M	74	M 74	00:00:05	02:15:02	03:13:59.30	03:14:04.85	+01:20:26 (41.5%)	7:44	7.7 (58.3%)
92	KOZIOL Paweł	316		KRAKÓW	OPEN M	75	M 75	00:00:19	02:10:24	03:13:54.90	03:14:13.90	+01:20:36 (41.5%)	7:44	7.7 (58.3%)
93	PAMUŁA Marta	362		KATOWICE	OPEN K	18	K 18	00:00:13	02:16:38	03:14:06.15	03:14:20.00	+01:20:42 (41.5%)	7:45	7.7 (58.3%)
94	MIKODA Krzysztof	348		PIETROWICE WIELKIE	OPEN M	76	M 76	00:00:11	02:11:39	03:14:56.30	03:15:07.35	+01:21:29 (41.8%)	7:47	7.7 (58.3%)
95	KALFAS Tomasz	287		SANKA	OPEN M	77	M 77	00:00:09	02:13:43	03:15:06.05	03:15:15.95	+01:21:38 (41.8%)	7:47	7.7 (58.3%)
96	WANTULOK Natalia	424		WISŁA	OPEN K	19	K 19	00:00:07	02:14:00	03:15:11.10	03:15:18.25	+01:21:40 (41.8%)	7:47	7.7 (58.3%)
97	ZAJAS Marcin	436		PRZECISZÓW	OPEN M	78	M 78	00:00:16		03:15:27.00	03:15:43.15	+01:22:05 (41.9%)	7:48	7.7 (58.3%)
98	TOKARZA Marcin	418		STARY SĄCZ	OPEN M	79	M 79	00:00:05	02:12:59	03:16:03.15	03:16:08.70	+01:22:30 (42.1%)	7:49	7.7 (58.3%)
99	MAZUR Dawid	340		TYCHY	OPEN M	80	M 80	00:00:14	02:34:18	03:15:57.90	03:16:12.50	+01:22:34 (42.1%)	7:49	7.7 (58.3%)
100	ŻYDEK Piotr	442	CHSBD "W RUCHU"	CHORZÓW	OPEN M	81	M 81	00:00:23	02:16:31	03:16:17.95	03:16:41.40	+01:23:03 (42.2%)	7:50	7.7 (58.3%)
101	JAWORSKI Dominik	278		ORNONTOWICE (WOJ. ŚLĄSKIE)	OPEN M	82	M 82	00:00:16	02:09:21	03:16:25.70	03:16:41.95	+01:23:04 (42.2%)	7:50	7.6 (57.6%)
102	PIETRUSZKA Antoni	372	HTF LUDWIK SIKORSKI	ZGIERZ	OPEN M	83	M 83	00:00:10	02:09:08	03:16:36.25	03:16:47.10	+01:23:09 (42.3%)	7:51	7.6 (57.6%)
103	WALATEK Jakub	421		ŻYWIEC	OPEN M	84	M 84	00:00:04	02:10:13	03:17:48.00	03:17:52.55	+01:24:14 (42.6%)	7:53	7.6 (57.6%)
104	WOLAŃSKI Mateusz	430	ING HUBS POLAND RUNNERS	ZABRZE	OPEN M	85	M 85	00:00:23	02:12:58	03:18:04.75	03:18:28.20	+01:24:50 (42.7%)	7:54	7.6 (57.6%)
105	TOMASZEK Marcin	419		ŚLASKIE	OPEN M	86	M 86	00:00:12	02:14:36	03:18:47.15	03:18:59.75	+01:25:21 (42.9%)	7:56	7.6 (57.6%)
106	ŁACIŃSKI Piotr	333		KONIN	OPEN M	87	M 87	00:00:03	02:14:27	03:19:15.05	03:19:18.65	+01:25:40 (43.0%)	7:57	7.5 (56.8%)
107	SIKORSKI Paweł	392	KIP RUNNING	MAGDALENKA	OPEN M	88	M 88	00:00:16	02:19:12	03:19:09.70	03:19:26.35	+01:25:48 (43.0%)	7:57	7.5 (56.8%)
108	STANKE Mateusz	402		BYDGOSZCZ	OPEN M	89	M 89	00:00:11	02:11:54	03:19:32.50	03:19:43.55	+01:26:05 (43.1%)	7:58	7.5 (56.8%)
109	WILKOWSKI Paweł	427		GDAŃSK	OPEN M	90	M 90	00:00:11	02:14:28	03:20:01.70	03:20:13.05	+01:26:35 (43.2%)	7:59	7.5 (56.8%)
110	RĄB Łukasz	383		WARSZAWA	OPEN M	91	M 91	00:00:13	02:18:05	03:20:08.10	03:20:21.75	+01:26:43 (43.3%)	7:59	7.5 (56.8%)
111	KRÓLIKOWSKA Agnieszka	320		KRAKÓW	OPEN K	20	K 20	00:00:26	02:19:19	03:20:04.35	03:20:31.00	+01:26:53 (43.3%)	7:59	7.5 (56.8%)
112	BŁAŚ Franek	232		KRAKÓW	OPEN M	92	M 92	00:00:05	02:19:11	03:20:33.65	03:20:38.80	+01:27:00 (43.4%)	8:00	7.5 (56.8%)
113	MARECKA Zofia	337	RUNPROGRESS.PL TEAM	KRAKÓW	OPEN K	21	K 21	00:00:12	02:21:59	03:20:58.75	03:21:11.65	+01:27:33 (43.5%)	8:01	7.5 (56.8%)
114	BIAŁECKI Patryk	231	CIEPŁE BAMBOSZE	BIELSKO-BIAŁA	OPEN M	93	M 93	00:00:09		03:22:08.60	03:22:18.25	+01:28:40 (43.8%)	8:04	7.4 (56.1%)
115	LASZCZYK Anna Laszczyk	329		WARSZAWA	OPEN K	22	K 22	00:00:18	02:20:57	03:22:03.60	03:22:21.90	+01:28:44 (43.8%)	8:04	7.4 (56.1%)
116	HUDY Maksymilian	271	FAWS	WROCŁAW	OPEN M	94	M 94	00:00:10	02:19:13	03:22:22.40	03:22:32.85	+01:28:54 (43.9%)	8:04	7.4 (56.1%)

117	SZCZYGIEL Agnieszka	409		WIELKA WIEŚ	OPEN K	23	K 23	00:00:13	02:20:38	03:22:39.60	03:22:52.95	+01:29:15 (44.0%)	8:05	7.4 (56.1%)
118	RĄB Agnieszka	384		WARSZAWA	OPEN K	24	K 24	00:00:17	02:21:45	03:22:46.45	03:23:03.75	+01:29:25 (44.0%)	8:05	7.4 (56.1%)
119	KLEPACKA-GANCARZ Barbara	296		GLIWICE	OPEN K	25	K 25	00:00:06	02:24:13	03:23:38.90	03:23:45.70	+01:30:07 (44.2%)	8:07	7.4 (56.1%)
120	PIOTROWSKA-PĘKALA Julia	373	MOUNTAIN RUNNING GUIDES	WARSZAWA	OPEN K	26	K 26	00:00:22	02:25:24	03:25:07.15	03:25:29.90	+01:31:52 (44.7%)	8:11	7.3 (55.3%)
121	SIERADZKI Piotr	391		MELCHOW	OPEN M	95	M 95	00:00:26	02:26:35	03:25:43.35	03:26:09.80	+01:32:31 (44.9%)	8:12	7.3 (55.3%)
122	KRAUTFORST Karolina	319		WROCŁAW	OPEN K	27	K 27	00:00:20	02:23:18	03:27:32.95	03:27:53.80	+01:34:15 (45.3%)	8:17	7.2 (54.5%)
123	PURGAL Tomasz	381	SAINT-GOBAIN SQUAD	DĄBROWA GÓRNICZA	OPEN M	96	M 96	00:00:10	02:20:53	03:27:52.90	03:28:03.35	+01:34:25 (45.4%)	8:18	7.2 (54.5%)
124	GÓRNA Anita	263	LPP TEAM	KRAKÓW	OPEN K	28	K 28	00:00:12	02:26:26	03:27:58.90	03:28:11.25	+01:34:33 (45.4%)	8:18	7.2 (54.5%)
125	ŁĄCKI Paweł	334		ZAWADA	OPEN M	97	M 97	00:00:17	02:20:54	03:28:15.60	03:28:32.85	+01:34:54 (45.5%)	8:19	7.2 (54.5%)
126	JASIŃSKA Katarzyna	277	BIEGOWE DUSZE	KRAKÓW	OPEN K	29	K 29	00:00:05	02:24:27	03:29:19.60	03:29:25.35	+01:35:47 (45.7%)	8:21	7.2 (54.5%)
127	KARWALA Jakub	291		PIELGRZYMOWICE	OPEN M	98	M 98	00:00:24	02:25:15	03:29:03.00	03:29:27.10	+01:35:49 (45.7%)	8:20	7.2 (54.5%)
128	WARSZYCKI Artur	425	BIEGAJĄCE KREJZOLE	POZNAŃ	OPEN M	99	M 99	00:00:10	02:25:14	03:29:26.50	03:29:36.75	+01:35:58 (45.8%)	8:21	7.2 (54.5%)
129	KAMECKI Maciej	289		ŻYWIEC	OPEN M	100	M 100	00:00:16	02:20:02	03:29:54.75	03:30:11.65	+01:36:33 (45.9%)	8:22	7.2 (54.5%)
130	PRUSKO Tomasz	378		PYSKOWICE	OPEN M	101	M 101	00:00:16	02:24:13	03:31:14.95	03:31:31.10	+01:37:53 (46.3%)	8:26	7.1 (53.8%)
131	KOŚCIELNY Wojciech	307	NOGI MNIE BOLA...	ZYWIEC	OPEN M	102	M 102	00:00:15	02:26:14	03:31:29.20	03:31:44.85	+01:38:06 (46.3%)	8:26	7.1 (53.8%)
132	LEGIEĆ-KWAŚNY Monika	331	WILD BUCHAYS	BUCZKOWICE	OPEN K	30	K 30	00:00:10	02:25:31	03:31:45.15	03:31:55.60	+01:38:17 (46.4%)	8:27	7.1 (53.8%)
133	MIREK Jacek	352		RYCHWALD	OPEN M	103	M 103	00:00:27	02:24:41	03:31:37.75	03:32:05.05	+01:38:27 (46.4%)	8:27	7.1 (53.8%)
134	BARTOSIŃSKA Katarzyna	228		SOSNOWIEC	OPEN K	31	K 31	00:00:04	02:29:30	03:33:22.25	03:33:26.95	+01:39:49 (46.8%)	8:31	7 (53.0%)
135	WRZASK Grzegorz	435		GLIWICE	OPEN M	104	M 104	00:00:16	02:23:30	03:34:17.40	03:34:34.10	+01:40:56 (47.0%)	8:33	7 (53.0%)
136	PTAK Paweł	380		WARSZAWA	OPEN M	105	M 105	00:00:19	02:29:53	03:34:15.35	03:34:35.20	+01:40:57 (47.0%)	8:33	7 (53.0%)
137	ODOLCZYK Joanna	358		WARSZAWA	OPEN K	32	K 32	00:00:29		03:35:03.00	03:35:32.45	+01:41:54 (47.3%)	8:35	7 (53.0%)
138	CYBULSKI Paweł	246		POZNAŃ	OPEN M	106	M 106	00:00:18	02:22:47	03:35:16.90	03:35:35.15	+01:41:57 (47.3%)	8:35	7 (53.0%)
139	MŁYŃSKI Aleksander	461		-	OPEN M	107	M 107	00:00:25		03:35:13.65	03:35:39.30	+01:42:01 (47.3%)	8:35	7 (53.0%)
140	KANKOWSKI Piotr	290		POZNAŃ	OPEN M	108	M 108	00:00:15	02:27:20	03:36:36.10	03:36:52.05	+01:43:14 (47.6%)	8:39	6.9 (52.3%)
141	SURMIAK Sabina	448		ORZESZE	OPEN K	33	K 33	00:00:24	02:29:42	03:36:35.50	03:37:00.40	+01:43:22 (47.6%)	8:38	6.9 (52.3%)
142	STABLA Jakub	398	EKO-OKNA RUNNERS	RYBNIK	OPEN M	109	M 109	00:00:01	02:22:06	03:37:00.00	03:37:01.00	+01:43:23 (47.6%)	8:39	6.9 (52.3%)
143	KOZYRA Dawid	318	TOP-THIMM OPAKOWANIA	TYCHY	OPEN M	110	M 110	00:00:08	02:28:17	03:36:59.55	03:37:07.55	+01:43:29 (47.7%)	8:39	6.9 (52.3%)
144	KOZUB Jacek	317	FITPAPU TEAM	TYCHY	OPEN M	111	M 111	00:00:14	02:26:59	03:37:23.15	03:37:37.95	+01:44:00 (47.8%)	8:40	6.9 (52.3%)
145	SOKOŁOWSKI Grzegorz	397		RACIBÓRZ	OPEN M	112	M 112	00:00:14	02:21:51	03:37:40.15	03:37:54.60	+01:44:16 (47.9%)	8:41	6.9 (52.3%)

146	HOCZEK Lukasz	269		WILKOWICE	OPEN M	113	M 113	00:00:01	02:28:37	03:38:22.00	03:38:23.00	+01:44:45 (48.0%)	8:43	6.9 (52.3%)
147	CYBA Piotr	245		CHORZÓW	OPEN M	114	M 114	00:00:18	02:28:43	03:38:12.15	03:38:30.25	+01:44:52 (48.0%)	8:42	6.9 (52.3%)
148	PŁONKA Sebastian	375		KRAKÓW	OPEN M	115	M 115	00:00:15	02:28:10	03:38:32.80	03:38:48.55	+01:45:10 (48.1%)	8:43	6.9 (52.3%)
149	STANIEWSKI Michał	399		POZNAŃ	OPEN M	116	M 116	00:00:09	02:29:39	03:39:48.70	03:39:57.95	+01:46:20 (48.3%)	8:46	6.8 (51.5%)
150	HACZEK Arleta	268		ŻYWIEC	OPEN K	34	K 34	00:00:26	02:31:36	03:39:46.55	03:40:13.05	+01:46:35 (48.4%)	8:46	6.8 (51.5%)
151	ZIEMEK Tomasz	449		ORZESZE	OPEN M	117	M 117	00:00:25	02:29:50	03:40:01.55	03:40:26.70	+01:46:48 (48.5%)	8:47	6.8 (51.5%)
152	BARAN Karolina	226	RUCH IZBICA	SIENNICA NADOLNA	OPEN K	35	K 35	00:00:10		03:40:31.05	03:40:41.95	+01:47:04 (48.5%)	8:48	6.8 (51.5%)
153	ROZMUS Marcin	387		DĄBROWA GÓRNICZA	OPEN M	118	M 118	00:00:13	02:27:16	03:40:38.70	03:40:51.90	+01:47:14 (48.6%)	8:48	6.8 (51.5%)
154	GRAMATYKA Jacek	266		GLIWICE	OPEN M	119	M 119	00:00:14		03:41:32.95	03:41:47.15	+01:48:09 (48.8%)	8:50	6.8 (51.5%)
155	BOCIAN Marcin	233	PKO BANK POLSKI	ŁÓDŹ	OPEN M	120	M 120	00:00:20	02:29:30	03:43:23.30	03:43:43.35	+01:50:05 (49.2%)	8:55	6.7 (50.8%)
156	NOWIŃSKI Artur	355		PRUSZKÓW	OPEN M	121	M 121	00:00:19	02:33:58	03:43:47.40	03:44:06.45	+01:50:28 (49.3%)	8:56	6.7 (50.8%)
157	MAŚLANKA Michał	338		ŁOMIANKI DOLNE	OPEN M	122	M 122	00:00:16	02:29:24	03:44:34.05	03:44:50.15	+01:51:12 (49.5%)	8:58	6.7 (50.8%)
158	MIREK Rafał	351		MIĘDZYPOLSKIE ŻYWIECKIE	OPEN M	123	M 123	00:00:26	02:29:28	03:44:34.60	03:45:01.45	+01:51:23 (49.5%)	8:58	6.7 (50.8%)
159	WERNIK Katarzyna	426		RADLIN	OPEN K	36	K 36	00:00:17	02:11:40	03:46:03.05	03:46:20.55	+01:52:42 (49.8%)	9:01	6.6 (50.0%)
160	ANTKOWIAK Przemysław	221		SIEMIANOWICE ŚLĄSKIE	OPEN M	124	M 124	00:00:24	02:34:12	03:46:14.75	03:46:39.05	+01:53:01 (49.9%)	9:02	6.6 (50.0%)
161	PIEKARCYK Bartosz	370		WYGIEŁZÓW	OPEN M	125	M 125	00:00:05	02:45:59	03:47:07.55	03:47:12.60	+01:53:34 (50.0%)	9:04	6.6 (50.0%)
162	WOŁĄKIEWICZ Dariusz	453		BIELSKO-BIAŁA	OPEN M	126	M 126	00:00:14	02:31:55	03:47:29.75	03:47:44.20	+01:54:06 (50.1%)	9:05	6.6 (50.0%)
163	REGIŃCZUK Jolanta	459		BIELSKO-BIAŁA	OPEN K	37	K 37	00:00:14	02:31:53	03:47:29.75	03:47:44.25	+01:54:06 (50.1%)	9:05	6.6 (50.0%)
164	PANFIŁOW Alek	363		WARSZAWA	OPEN M	127	M 127	00:00:23	02:28:10	03:47:43.90	03:48:07.80	+01:54:29 (50.2%)	9:05	6.6 (50.0%)
165	BARAN Zenon	225		WARSZAWA	OPEN M	128	M 128	00:00:30	02:34:04	03:47:53.80	03:48:24.55	+01:54:46 (50.3%)	9:06	6.6 (50.0%)
166	DROZD Miłosz	251		PISARZOWICE	OPEN M	129	M 129	00:00:27	02:11:42	03:48:30.05	03:48:57.95	+01:55:20 (50.4%)	9:07	6.6 (50.0%)
167	KWAŚNIOK Rafał	325		RYBNIK	OPEN M	130	M 130	00:00:20	02:37:11	03:49:09.85	03:49:29.85	+01:55:51 (50.5%)	9:09	6.6 (50.0%)
168	MIKOŁAJCZAK Barbara	349		POZNAŃ	OPEN K	38	K 38	00:00:19	02:36:52	03:49:13.90	03:49:33.10	+01:55:55 (50.5%)	9:09	6.6 (50.0%)
169	LASOTA Arkadiusz	328		SOSNOWIEC	OPEN M	131	M 131	00:00:20		03:49:15.85	03:49:36.60	+01:55:58 (50.5%)	9:09	6.6 (50.0%)
170	KLECZKA Damian	295		ŚWIĘTOCHŁOWICE	OPEN M	132	M 132	00:00:25	02:37:40	03:49:28.70	03:49:54.20	+01:56:16 (50.6%)	9:09	6.5 (49.2%)
171	KACZMARCZYK Jakub	285	YMIELIN RUNNERS	IMIELIN	OPEN M	133	M 133	00:00:10		03:50:06.70	03:50:16.90	+01:56:39 (50.7%)	9:11	6.5 (49.2%)
172	GÓRNIK Adam	454	HARPAGAN SOSNOWIEC	SOSNOWIEC	OPEN M	134	M 134	00:00:08	02:35:52	03:50:25.75	03:50:34.05	+01:56:56 (50.7%)	9:12	6.5 (49.2%)
173	DĄBROWSKI Piotr	248		KRAKÓW	OPEN M	135	M 135	00:00:24	02:37:24	03:50:25.50	03:50:49.85	+01:57:11 (50.8%)	9:12	6.5 (49.2%)
174	NAWROCKA Wioleta	354		ŻABNICA	OPEN K	39	K 39	00:00:28	02:38:29	03:52:14.60	03:52:43.10	+01:59:05 (51.2%)	9:16	6.5 (49.2%)

175	KŁODA Błażej	299		BESTWINA	OPEN M	136	M 136	00:00:19	02:36:27	03:53:00.45	03:53:19.60	+01:59:41 (51.3%)	9:18	6.4 (48.5%)
176	PARECKA Katarzyna	365		KRAKÓW	OPEN K	40	K 40	00:00:52	02:37:17	03:52:39.30	03:53:31.95	+01:59:54 (51.3%)	9:17	6.5 (49.2%)
177	KULCZYK Paweł	322		ZABRZE	OPEN M	137	M 137	00:00:23	02:39:24	03:54:05.80	03:54:28.80	+02:00:50 (51.5%)	9:20	6.4 (48.5%)
178	WIĄCKIEWICZ Ewa	154	BIEGAJĄCE KREJZOLE	POZNAŃ	OPEN K	41	K 41	00:00:17		03:54:43.80	03:55:01.60	+02:01:23 (51.7%)	9:22	6.4 (48.5%)
179	MICHAŁOWSKI Maciej	346		GRABINY-ZAMECZEK	OPEN M	138	M 138	00:00:17	02:13:23	03:55:53.90	03:56:11.75	+02:02:33 (51.9%)	9:25	6.4 (48.5%)
180	BAJCAR Beata	224	KOBIETY NA 5+	CHYBIE	OPEN K	42	K 42	00:00:11	02:46:12	03:56:17.40	03:56:29.25	+02:02:51 (52.0%)	9:26	6.4 (48.5%)
181	MICHALSKI Sebastian	345		ORNONTOWICE	OPEN M	139	M 139	00:00:16		03:57:15.15	03:57:31.80	+02:03:53 (52.2%)	9:28	6.3 (47.7%)
182	SIEMEK Piotr	390	MOTOROLA SOLUTIONS	KRAKÓW	OPEN M	140	M 140	00:00:17	02:42:25	03:57:17.20	03:57:34.75	+02:03:56 (52.2%)	9:28	6.3 (47.7%)
183	KOŚCIELNIAK Milena	306	BAR ZACISZE	ŁAZISKA GÓRNE	OPEN K	43	K 43	00:00:16	02:46:15	03:57:23.40	03:57:39.55	+02:04:01 (52.2%)	9:28	6.3 (47.7%)
184	PASŁAWSKA Katarzyna	366		JASTRZĘBIE ZDRÓJ	OPEN K	44	K 44	00:00:12	02:42:35	03:58:17.10	03:58:29.10	+02:04:51 (52.4%)	9:30	6.3 (47.7%)
185	GŁOWACKI Jarosław	260		BUCZEK	OPEN M	141	M 141	00:00:24	02:19:59	04:02:17.15	04:02:41.65	+02:09:03 (53.2%)	9:40	6.2 (47.0%)
186	KOPACZ Mateusz	304		KRAKOW	OPEN M	142	M 142	00:00:06	02:41:13	04:04:32.70	04:04:39.00	+02:11:01 (53.6%)	9:45	6.1 (46.2%)
187	GOSTYŃSKA Beata	262	BIEGAJĄCE KREJZOLE	POZNAŃ	OPEN K	45	K 45	00:00:22	02:48:33	04:04:49.05	04:05:11.20	+02:11:33 (53.7%)	9:46	6.1 (46.2%)
188	BARANIOK Monika	227	ING HUBS POLAND RUNNERS	MIKOŁÓW	OPEN K	46	K 46	00:00:13	02:48:33	04:10:26.95	04:10:40.60	+02:17:02 (54.7%)	10:00	6 (45.5%)
189	SPEVAK David	450	DUPLOMONT	FRYDLANT NAD OSTRAVICI	OPEN M	143	M 143	00:00:18	02:46:41	04:11:09.75	04:11:28.60	+02:17:50 (54.8%)	10:01	6 (45.5%)
190	DOVICIC Radek	451	GREY WOLF	CZECHY	OPEN M	144	M 144	00:00:18	02:45:44	04:11:10.15	04:11:28.95	+02:17:51 (54.8%)	10:01	6 (45.5%)
191	MILARSKI Andrzej	350	SKAWINA BIEGA	SKAWINA	OPEN M	145	M 145	00:00:09	02:47:23	04:11:47.10	04:11:56.85	+02:18:18 (54.9%)	10:03	6 (45.5%)
192	ŁUŻNY Agnieszka	336	ULTRA BESKID SPORT	KATOWICE	OPEN K	47	K 47	00:00:22	02:49:25	04:11:40.15	04:12:02.55	+02:18:24 (54.9%)	10:03	6 (45.5%)
193	BRZYSKI Grzegorz	238		KETY	OPEN M	146	M 146	00:00:20	02:40:58	04:11:57.05	04:12:17.05	+02:18:39 (55.0%)	10:03	6 (45.5%)
194	GOLCZYK Marta	261	BIEGAJĄCE KREJZOLE	KOMORNIKI	OPEN K	48	K 48	00:00:21		04:12:01.60	04:12:23.05	+02:18:45 (55.0%)	10:03	6 (45.5%)
195	JURASZEK Andrzej	282		ŻYWIEC	OPEN M	147	M 147	00:00:07	02:50:43	04:12:24.80	04:12:32.20	+02:18:54 (55.0%)	10:04	6 (45.5%)
196	IZDEBSKA Wiktoria	273		WARSZAWA	OPEN K	49	K 49	00:00:15	02:54:10	04:12:34.60	04:12:50.25	+02:19:12 (55.1%)	10:05	5.9 (44.7%)
197	PIENIĘŻNY Paweł	371		WARSZAWA	OPEN M	148	M 148	00:00:22	02:53:16	04:14:34.75	04:14:57.45	+02:21:19 (55.4%)	10:09	5.9 (44.7%)
198	ZAJĄCZKOWSKA Joanna	438		KOMORNIKI	OPEN K	50	K 50	00:00:21	02:53:19	04:14:49.80	04:15:11.55	+02:21:33 (55.5%)	10:10	5.9 (44.7%)
199	LISKE Dorota	332		ŁÓDŹ	OPEN K	51	K 51	00:00:10	02:57:28	04:16:04.70	04:16:15.15	+02:22:37 (55.7%)	10:13	5.9 (44.7%)
200	GŁOWACKA Karolina	445		ZADROŻE	OPEN K	52	K 52	00:00:26	02:54:33	04:16:44.80	04:17:11.00	+02:23:33 (55.8%)	10:15	5.9 (44.7%)
201	SŁOWIK Daniel	395	GDZIECIENIESIE TEAM	ŻABNO	OPEN M	149	M 149	00:00:08	02:53:37	04:18:05.05	04:18:13.80	+02:24:35 (56.0%)	10:18	5.8 (43.9%)
202	APOSTOLSKI Przemysław	222	ZABIERZÓW BIEGA	KRAKÓW	OPEN M	150	M 150	00:00:07	02:55:58	04:24:27.30	04:24:34.85	+02:30:56 (57.1%)	10:33	5.7 (43.2%)
203	SKWARCZEK Katarzyna	394		ŻYWIEC	OPEN K	53	K 53	00:00:26	02:54:32	04:26:03.30	04:26:29.85	+02:32:51 (57.4%)	10:37	5.6 (42.4%)

204	RACZEK Jarosław	382		ŁĘKAWICA	OPEN M	151	M 151	00:00:14	02:49:00	04:33:06.30	04:33:21.15	+02:39:43 (58.4%)	10:54	5.5 (41.7%)
205	KOZAK Marek	314		WĘGIERSKA GÓRKA	OPEN M	152	M 152	00:00:15	02:48:55	04:33:05.90	04:33:21.30	+02:39:43 (58.4%)	10:54	5.5 (41.7%)
206	KOZAK Kamil	315		WĘGIERSKA GÓRKA	OPEN M	153	M 153	00:00:14	02:48:54	04:33:06.95	04:33:21.45	+02:39:43 (58.4%)	10:54	5.5 (41.7%)
207	GŁOWACKA Emilia	259		BUCZEK	OPEN K	54	K 54	00:00:24	03:08:22	04:35:40.25	04:36:05.15	+02:42:27 (58.8%)	11:00	5.5 (41.7%)
208	LECH Arkadiusz	330	ZABIEGANY WOŁOMIN	WOŁOMIN	OPEN M	154	M 154	00:00:09	02:57:37	04:35:56.10	04:36:05.70	+02:42:27 (58.8%)	11:01	5.4 (40.9%)
209	MICHALAK Aleksandra	343	KOBIETY BIEGAJĄ	POZNAŃ	OPEN K	55	K 55	00:00:12	03:18:07	04:36:53.65	04:37:06.25	+02:43:28 (59.0%)	11:03	5.4 (40.9%)
210	ZIMOŃCZYK Agata	441	MOUNTAIN RUNNING GUIDES	ŻORY	OPEN K	56	K 56	00:00:27	03:13:32	04:37:52.25	04:38:19.60	+02:44:41 (59.2%)	11:05	5.4 (40.9%)
211	KOWALCZYK Marta	310		CZĘSTOCHOWA	OPEN K	57	K 57	00:00:22	03:03:26	04:44:02.25	04:44:24.35	+02:50:46 (60.0%)	11:20	5.3 (40.2%)
212	KOWALCZYK Lukasz	309		CZĘSTOCHOWA	OPEN M	155	M 155	00:00:22	03:03:24	04:44:02.50	04:44:24.60	+02:50:46 (60.0%)	11:20	5.3 (40.2%)
213	CETLIN Maciej	447		WARSZAWA	OPEN M	156	M 156	00:00:24	03:10:12	04:50:28.25	04:50:52.50	+02:57:14 (60.9%)	11:36	5.2 (39.4%)
214	ŁOCHOWSKA-PIOTROWICZ Magdalena	335	TEAM PAPRY	TYCHY	OPEN K	58	K 58	00:00:11	03:42:25	05:40:45.00	05:40:56.20	+03:47:18 (66.7%)	13:36	4.4 (33.3%)
215	KOŚCIUK Grzegorz	308		ŚWINNA	OPEN M	157	M 157	00:00:32	04:05:57	05:46:24.70	05:46:57.20	+03:53:19 (67.2%)	13:50	4.3 (32.6%)