

## IX Bieg Tarnowski – Leśna Draka

Organizator: **Urząd Gminy w Tarnowie Opolskim**  
**Tarnowska Grupa Biegowa „Leśna Draka”**  
**Stowarzyszenie Od Zmierzchu Do Świtu**

Miejscowość i data: **Tarnów Opolski, 16.11.2025**

Klasyfikacja: **Bieg 5 km**

| Miejsce | Numer startowy | Kraj | Nazwisko i imię             | Rok ur. | Klub / Miejscowość                     | Czas brutto | Czas netto | Tempo | K  | M  | Kat. MGTO |
|---------|----------------|------|-----------------------------|---------|----------------------------------------|-------------|------------|-------|----|----|-----------|
| 1       | 531            | POL  | Kaczmarek Michał            | 1984    | Malnia                                 | 00:19:00    | 00:18:59   | 03:47 |    | 1  |           |
| 2       | 584            | POL  | Polak Łukasz                | 1987    | Opolska Grupa Biegowa, Opole           | 00:19:10    | 00:19:08   | 03:49 |    | 2  |           |
| 3       | 589            | POL  | Rzadkowski Piotr            | 2010    | Tarnów Opolski                         | 00:19:16    | 00:19:15   | 03:51 |    | 3  | 1         |
| 4       | 537            | POL  | Katzy Marcin                | 1989    | Stajniak Team, Opole                   | 00:19:29    | 00:19:29   | 03:53 |    | 4  |           |
| 5       | 619            | POL  | Wojtkowski Mateusz          | 1990    | Stan Umysłu Lewin Biega, Skorogoszcz   | 00:19:51    | 00:18:20   | 03:58 |    | 5  |           |
| 6       | 595            | POL  | Skibiński Mirosław          | 1981    | Gogolin Biega, Gogolin                 | 00:20:09    | 00:20:08   | 04:01 |    | 6  |           |
| 7       | 576            | POL  | Nowak Kamil                 | 2011    | Klub Biegacza Gogolin, Krapkowice      | 00:20:15    | 00:20:14   | 04:03 |    | 7  |           |
| 8       | 549            | POL  | Koprek Dominik              | 1996    | Tarnów Opolski                         | 00:20:17    | 00:20:16   | 04:03 |    | 8  | 2         |
| 9       | 555            | POL  | Boczowska Marzena           | 1984    | Stan Umysłu Lewin Biega, Lewin Brzeski | 00:20:51    | 00:20:50   | 04:10 | 1  |    |           |
| 10      | 538            | POL  | Kern Ryszard                | 1985    | KB Odra Opole, Kotórz Mały             | 00:21:01    | 00:21:00   | 04:12 |    | 9  |           |
| 11      | 582            | POL  | Pasoń Tomasz                | 1984    | GKS Piomar, Raszowa                    | 00:21:09    | 00:21:08   | 04:13 |    | 10 | 3         |
| 12      | 222            | POL  | Jakubczyk Karolina          | 1989    | KB Odra Opole, Ligota Prószkowska      | 00:21:49    | 00:21:48   | 04:21 | 2  |    |           |
| 13      | 571            | POL  | Moczko Sebastian            | 1978    | Moczko OCR Team, Zawada                | 00:22:19    | 00:22:18   | 04:27 |    | 11 |           |
| 14      | 593            | POL  | Sebastian Marcin            | 1977    | Opole                                  | 00:23:38    | 00:23:33   | 04:43 |    | 12 |           |
| 15      | 610            | POL  | Tomasz Kamil                | 1997    | ODRA Kąty Opolskie, Kąty Opolskie      | 00:23:42    | 00:23:37   | 04:44 |    | 13 | 4         |
| 16      | 72             | POL  | Hajt Sebastian              | 1992    | Suchy Bór Biega, Suchy Bór             | 00:23:49    | 00:23:46   | 04:45 |    | 14 |           |
| 17      | 572            | POL  | Mytnik Michał               | 1981    | 10 Brygada Logistyczna, Tarnów Opolski | 00:24:03    | 00:23:56   | 04:48 |    | 15 | 5         |
| 18      | 594            | POL  | Skibińska Dominika          | 1983    | Gogolin Biega, Gogolin                 | 00:24:09    | 00:24:08   | 04:49 | 3  |    |           |
| 19      | 613            | POL  | Urbanowski Piotr            | 1989    | Ożimek                                 | 00:24:11    | 00:24:09   | 04:50 |    | 16 |           |
| 20      | 570            | POL  | Moczko Monika               | 1980    | Moczko OCR Team, Zawada                | 00:24:14    | 00:24:11   | 04:50 | 4  |    |           |
| 21      | 608            | POL  | Szymala Paweł               | 1990    | Izbicko w biegu, Suchodaniec           | 00:24:14    | 00:24:14   | 04:50 |    | 17 |           |
| 22      | 614            | POL  | Widera Remigiusz            | 1976    | Przywory                               | 00:24:21    | 00:24:17   | 04:52 |    | 18 | 6         |
| 23      | 629            | POL  | Gładki Joanna               | 1988    | Niewodniki                             | 00:24:26    | 00:24:23   | 04:53 | 5  |    |           |
| 24      | 588            | POL  | Rozwadowski Tomasz          | 1971    | Autoliv Run Team, Brzeg                | 00:24:31    | 00:24:21   | 04:54 |    | 19 |           |
| 25      | 574            | POL  | Namyślik Sabina             | 1988    | Opole                                  | 00:24:41    | 00:24:38   | 04:56 | 6  |    |           |
| 26      | 504            | POL  | Bojczuk Mateusz             | 1988    | 10 Brygada Logistyczna, Tarnów Opolski | 00:24:46    | 00:24:43   | 04:57 |    | 20 | 7         |
| 27      | 580            | POL  | Pałubska Maria              | 1979    | Gogolin Biega, Gogolin                 | 00:24:52    | 00:24:51   | 04:58 | 7  |    |           |
| 28      | 581            | POL  | Pasoń Justyna               | 1985    | UNIA Raszowa-Daniec, Raszowa           | 00:25:07    | 00:25:05   | 05:01 | 8  |    | 1         |
| 29      | 529            | POL  | Juraszek Tomasz             | 1984    | Gogolin                                | 00:25:29    | 00:25:27   | 05:05 |    | 21 |           |
| 30      | 606            | POL  | Szumilas Jacek              | 2008    | Przywory                               | 00:25:39    | 00:25:38   | 05:07 |    | 22 | 8         |
| 31      | 625            | POL  | Nowak Robert                | 1978    | Krapkowice                             | 00:25:41    | 00:25:40   | 05:08 |    | 23 |           |
| 32      | 554            | POL  | Krysiński Jan               | 2008    | Tarnów Opolski                         | 00:25:46    | 00:25:44   | 05:09 |    | 24 | 9         |
| 33      | 623            | POL  | Zerman Sebastian            | 1984    | Krapkowice                             | 00:25:58    | 00:25:55   | 05:11 |    | 25 |           |
| 34      | 601            | POL  | Stanek Jakub                | 1996    | 10 Brygada Logistyczna, Opole          | 00:26:32    | 00:26:25   | 05:18 |    | 26 |           |
| 35      | 596            | POL  | Skrzydło Janusz             | 1974    | Gogolin Biega, Górażdże                | 00:26:33    | 00:26:30   | 05:18 |    | 27 |           |
| 36      | 609            | POL  | Szymańska Małgorzata        | 1984    | Otmuchów                               | 00:26:54    | 00:26:50   | 05:22 | 9  |    |           |
| 37      | 530            | POL  | Juszczak Wojciech           | 1986    | Krapkowice                             | 00:27:03    | 00:26:58   | 05:24 |    | 28 |           |
| 38      | 102            | POL  | Niedoba Barbara             | 1981    | TIM JEST TIM, Ożimek                   | 00:27:13    | 00:27:09   | 05:26 | 10 |    |           |
| 39      | 611            | POL  | Trzop Mirosław              | 1985    | Gogolin Biega, Gogolin                 | 00:27:22    | 00:27:20   | 05:28 |    | 29 |           |
| 40      | 550            | POL  | Koprek Jakub                | 1999    | Sportowe TeOpe, Tarnów Opolski         | 00:27:48    | 00:27:45   | 05:33 |    | 30 | 10        |
| 41      | 620            | POL  | Wysada Maria                | 1986    | Dyszka dla Serca, Olszowa              | 00:28:02    | 00:27:56   | 05:36 | 11 |    |           |
| 42      | 540            | POL  | Klimek Michał               | 1989    | Opole                                  | 00:28:31    | 00:28:31   | 05:42 |    | 31 |           |
| 43      | 562            | POL  | Mandat Janek                | 1959    | Oleśnica                               | 00:28:36    | 00:28:35   | 05:43 |    | 32 |           |
| 44      | 575            | POL  | Narewski Kamil              | 1983    | Kielcza                                | 00:28:40    | 00:28:37   | 05:44 |    | 33 |           |
| 45      | 507            | POL  | Bul-Narewska Marta          | 1983    | Matematyczne Świry, Kielcza            | 00:28:40    | 00:28:38   | 05:44 | 12 |    |           |
| 46      | 194            | POL  | Staniszewska-Duda Katarzyna | 1979    | TIM JEST TIM, Ożimek                   | 00:28:50    | 00:28:46   | 05:45 | 13 |    |           |
| 47      | 573            | POL  | Namyślik Izabela            | 1987    | Poreba                                 | 00:29:09    | 00:29:06   | 05:49 | 14 |    |           |
| 48      | 539            | POL  | Klama Laura                 | 2002    | Tarnów Opolski                         | 00:29:18    | 00:29:08   | 05:51 | 15 |    | 2         |
| 49      | 592            | POL  | Sawlewicz Beata             | 1984    | Nysa                                   | 00:29:23    | 00:29:18   | 05:52 | 16 |    |           |
| 50      | 515            | POL  | Gebauer Anna                | 1990    | Gogolin Biega, Kamień Śląski           | 00:29:25    | 00:29:21   | 05:53 | 17 |    |           |
| 51      | 616            | POL  | Wieczorek Piotr             | 1961    | Cała Oleśnica Biega, Boguszyce         | 00:29:27    | 00:29:23   | 05:53 |    | 34 |           |
| 52      | 508            | POL  | Cebula Maja                 | 2005    | Kosorowice                             | 00:29:33    | 00:29:23   | 05:54 | 18 |    | 3         |
| 53      | 513            | POL  | Fortuński Bartosz           | 1978    | Tarnów Opolski                         | 00:29:42    | 00:29:34   | 05:56 |    | 35 | 11        |
| 54      | 535            | POL  | Kansy Sebastian             | 1989    | Opole                                  | 00:29:47    | 00:29:42   | 05:57 |    | 36 |           |
| 55      | 219            | POL  | Wawer Kasia                 | 1987    | Bieg Opolski Team, Opole               | 00:29:50    | 00:29:41   | 05:58 | 19 |    |           |
| 56      | 527            | POL  | Halupczok Bożena            | 1992    | Opole                                  | 00:29:55    | 00:29:52   | 05:59 | 20 |    |           |
| 57      | 563            | POL  | Mateja Anna                 | 1991    | Kosorowice                             | 00:30:08    | 00:30:01   | 06:01 | 21 |    | 4         |
| 58      | 591            | POL  | Sajdak Rafał                | 1976    | OZAS-ESAB Running Team, Opole          | 00:30:37    | 00:30:31   | 06:07 |    | 37 |           |
| 59      | 602            | POL  | Stanek Julia                | 1995    | Parkrun Opole, Opole                   | 00:31:02    | 00:30:54   | 06:12 | 22 |    |           |
| 60      | 607            | POL  | Szumilas Zofia              | 1980    | Przywory                               | 00:31:07    | 00:31:05   | 06:13 | 23 |    | 5         |

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|---------|----------------|------|----------------------------|---------|-----------------------------------|-------------|------------|-------|----|----|-----------|
| 61      | 577            | POL  | <b>Nowak Oliwia</b>        | 2009    | Klub Biegacza Gogolin, Krapkowice | 00:31:09    | 00:31:02   | 06:13 | 24 |    |           |
| 62      | 568            | POL  | <b>Michoń Justyna</b>      | 1991    | Tarnów Opolski                    | 00:31:18    | 00:31:16   | 06:15 | 25 |    | 6         |
| 63      | 551            | POL  | <b>Kostek Aleksandra</b>   | 1991    | Opole                             | 00:31:19    | 00:31:16   | 06:15 | 26 |    |           |
| 64      | 628            | POL  | <b>Botel Marlena</b>       | 1995    | Łącznik                           | 00:31:26    | 00:31:23   | 06:17 | 27 |    |           |
| 65      | 534            | POL  | <b>Kania Mariola</b>       | 1984    | Izbicko w biegu, Izbicko          | 00:31:37    | 00:31:32   | 06:19 | 28 |    |           |
| 66      | 512            | POL  | <b>Dylla Franz</b>         | 1948    | Tarnów Opolski                    | 00:31:50    | 00:31:43   | 06:21 |    | 38 | 12        |
| 67      | 505            | POL  | <b>Broj Karolina</b>       | 2008    | LUKS Rospondek Żyrowa, Przywory   | 00:31:52    | 00:31:45   | 06:22 | 29 |    | 7         |
| 68      | 553            | POL  | <b>Kroll Milena</b>        | 1988    | Tarnów Opolski                    | 00:31:55    | 00:31:48   | 06:23 | 30 |    | 8         |
| 69      | 71             | POL  | <b>Hajt Nikola</b>         | 1996    | Suchy Bór Biega, Suchy Bór        | 00:31:58    | 00:31:49   | 06:23 | 31 |    |           |
| 70      | 612            | POL  | <b>Urban Rudolf</b>        | 1980    | Nakło                             | 00:32:03    | 00:31:56   | 06:24 |    | 39 | 13        |
| 71      | 598            | POL  | <b>Sobczak Jerzy</b>       | 1971    | Dalej Niż Czubek Nosa, Grabin     | 00:32:12    | 00:32:07   | 06:26 |    | 40 |           |
| 72      | 597            | POL  | <b>Sobczak Emilia</b>      | 2002    | Dalej Niż Czubek Nosa, Grabin     | 00:32:13    | 00:32:07   | 06:26 | 32 |    |           |
| 73      | 520            | POL  | <b>Golec Małgorzata</b>    | 1991    | Tarnów Opolski                    | 00:32:13    | 00:32:08   | 06:26 | 33 |    | 9         |
| 74      | 536            | POL  | <b>Kardasz Bogdan</b>      | 1964    | Dalej Niż Czubek Nosa, Tułowice   | 00:32:13    | 00:32:09   | 06:26 |    | 41 |           |
| 75      | 578            | POL  | <b>Okoń Ewa</b>            | 1991    | SąsiedziteaM, Kamień Śląski       | 00:32:21    | 00:32:17   | 06:28 | 34 |    |           |
| 76      | 516            | POL  | <b>Gebauer Manfred</b>     | 1987    | Gogolin Biega, Kamień Śląski      | 00:32:55    | 00:32:50   | 06:34 |    | 42 |           |
| 77      | 190            | POL  | <b>Sowiński Adam</b>       | 1958    | Opole biega, Opole                | 00:33:02    | 00:32:55   | 06:36 |    | 43 |           |
| 78      | 525            | POL  | <b>Gutkowska Natalia</b>   | 1989    | Tarnów Opolski                    | 00:35:19    | 00:35:14   | 07:03 | 35 |    | 10        |
| 79      | 524            | POL  | <b>Greupner Klaudia</b>    | 2003    | Opole                             | 00:35:40    | 00:35:31   | 07:07 | 36 |    |           |
| 80      | 526            | POL  | <b>Gutkowski Daniel</b>    | 1988    | Tarnów Opolski                    | 00:36:00    | 00:35:54   | 07:12 |    | 44 | 14        |
| 81      | 566            | POL  | <b>Mazur Arkadiusz</b>     | 1970    | Opolska Grupa Biegowa, Opole      | 00:36:01    | 00:35:54   | 07:12 |    | 45 |           |
| 82      | 152            | POL  | <b>Nykiel Laura</b>        | 1998    | Wysoka                            | 00:39:50    | 00:39:43   | 07:57 | 37 |    |           |
| 83      | 552            | POL  | <b>Kozioł Adam</b>         | 1973    | Radłów                            | 00:42:51    | 00:42:46   | 08:34 |    | 46 |           |
| 84      | 509            | POL  | <b>Cebulska Katarzyna</b>  | 1992    | Brak klubu, Lewin Brzeski         | 00:43:32    | 00:43:28   | 08:42 | 38 |    |           |
| DNS     | 501            | POL  | <b>Banyś Martyna</b>       | 1994    | SąsiedziteaM, Kłósów              |             |            |       |    |    |           |
| DNS     | 518            | POL  | <b>Golec Grzegorz</b>      | 1993    | Ozimek                            |             |            |       |    |    |           |
| DNS     | 519            | POL  | <b>Golec Katarzyna</b>     | 1999    | Ozimek                            |             |            |       |    |    |           |
| DNS     | 541            | POL  | <b>Kłyssek Martyna</b>     | 2010    | Rodzinka.pl, Żędowice             |             |            |       |    |    |           |
| DNS     | 547            | POL  | <b>Konieczny Krzysztof</b> | 1984    | SąsiedziteaM, Krapkowice          |             |            |       |    |    |           |
| DNS     | 585            | POL  | <b>Popiołek Karolina</b>   | 1986    | Opole                             |             |            |       |    |    |           |
| DNS     | 599            | POL  | <b>Sobonkiewicz Leszek</b> | 1984    | Opole                             |             |            |       |    |    |           |
| DNS     | 604            | POL  | <b>Susa Damian</b>         | 1981    | Opole                             |             |            |       |    |    |           |
| DNS     | 605            | POL  | <b>Susa Miłosz</b>         | 2011    | Nasza Szkoła, Opole               |             |            |       |    |    |           |