

1	WIŚNIEWSKI Adam	791	JESTEM OD ROMKA	TULCE	M20	1	M 1	00:00:06	00:16:09	00:35:11.76	00:35:18.64		3:31	17.1 (100%)
2	DUDA Cezary	195	SZYBKIEBIEGANIE	POZNAŃ	M20	2	M 2	00:00:07	00:16:08	00:35:19.38	00:35:26.75	+00:00:08 (0.4%)	3:31	17 (99.4%)
3	JAGŁA Dawid	548	KB KOSYNIER WRZEŚNIA	POZNAŃ	M30	1	M 3	00:00:07	00:16:11	00:35:29.49	00:35:36.62	+00:00:17 (0.8%)	3:32	16.9 (98.8%)
4	BOS Patrick	179		TWELLO	M30	2	M 4	00:00:07	00:16:11	00:36:01.82	00:36:08.96	+00:00:50 (2.3%)	3:36	16.7 (97.7%)
5	PLUCIŃSKI Radosław	679	PARKRUN JEZIORO SWARZĘDZKIE	SWARZĘDZ	M30	3	M 5	00:00:06	00:16:40	00:36:36.17	00:36:43.10	+00:01:24 (3.8%)	3:39	16.4 (95.9%)
6	KÓSKA Marcin	566	ZALINAMETY	POZNAŃ	M20	3	M 6	00:00:07	00:16:49	00:36:52.01	00:36:59.05	+00:01:40 (4.5%)	3:41	16.3 (95.3%)
7	KONIECZNY Waldek	1100	NIGHT RUNNERS	DOLSK	M30	4	M 7	00:00:07	00:17:07	00:36:59.68	00:37:07.27	+00:01:48 (4.9%)	3:41	16.2 (94.7%)
8	CZECHOWSKI Oskar	1104	JESTEM OD ROMKA	SWARZEDZ	M20	4	M 8	00:00:06	00:16:53	00:37:13.46	00:37:20.32	+00:02:01 (5.4%)	3:43	16.1 (94.2%)
9	WIŚNIEWSKI Kacper	625	PAWKO RUNNER TEAM	SŁUPSK	M20	5	M 9	00:00:07	00:17:19	00:38:37.13	00:38:44.69	+00:03:26 (8.9%)	3:51	15.5 (90.6%)
10	BROTIER Etienne	1187		KAMIONKI	M20	6	M 10	00:00:07	00:17:09	00:38:46.30	00:38:53.53	+00:03:34 (9.2%)	3:52	15.5 (90.6%)
11	BARAN Radosław	626	PAWKO RUNNER TEAM	DAMNICA	M20	7	M 11	00:00:07	00:17:35	00:38:54.58	00:39:02.23	+00:03:43 (9.5%)	3:53	15.4 (90.1%)
12	ZAJĄCZKOWSKI Tomasz	502	PGB SPORTOWA PACZKA	POZNAŃ	M40	1	M 12	00:00:07	00:17:50	00:39:27.71	00:39:34.95	+00:04:16 (10.8%)	3:56	15.2 (88.9%)
13	MROZEK Krzysztof	425	PXCW	POZNAŃ	M40	2	M 13	00:00:08	00:18:02	00:39:37.14	00:39:45.83	+00:04:27 (11.2%)	3:57	15.1 (88.3%)
14	SKUPNIEWICZ Dobrawa	40	PRZYSPIESZ	PROMIENKO	K30	1	K 1	00:00:08	00:18:30	00:40:09.67	00:40:17.78	+00:04:59 (12.4%)	4:00	14.9 (87.1%)
15	NOWACZYK Piotr	923	MERIXSTUDIO	POZNAŃ	M30	5	M 14	00:00:08	00:18:30	00:40:24.26	00:40:32.38	+00:05:13 (12.9%)	4:02	14.9 (87.1%)
16	JESKA Tomasz	786	PCH_RUN	WĄGROWIEC	M40	3	M 15	00:00:08	00:18:28	00:40:28.79	00:40:37.38	+00:05:18 (13.1%)	4:02	14.8 (86.5%)
17	FISCHER Marcin	726		SIERAKÓW	M20	8	M 16	00:00:07	00:18:27	00:40:33.65	00:40:41.59	+00:05:22 (13.2%)	4:03	14.8 (86.5%)
18	PRIMKE Filip	768		POBIEDZISKA	M30	6	M 17	00:00:08	00:18:23	00:40:39.16	00:40:47.61	+00:05:28 (13.4%)	4:03	14.8 (86.5%)
19	GUZEK Wojciech	393	MISTRZOWSKI TRENING	BARANOWO	M40	4	M 18	00:00:09	00:18:30	00:40:40.75	00:40:49.80	+00:05:31 (13.5%)	4:04	14.8 (86.5%)
20	PASTERNAK Szymon	232	LIFE IS A HIGHWAY	POZNAŃ	M20	9	M 19	00:00:09	00:19:10	00:41:13.77	00:41:23.23	+00:06:04 (14.7%)	4:07	14.6 (85.4%)
21	STANKIEWICZ Szymon	599		POZNAŃ	M30	7	M 20	00:00:09	00:19:11	00:41:27.11	00:41:36.49	+00:06:17 (15.1%)	4:08	14.5 (84.8%)
22	CHENCHYK Vladyslav	1102		POZNAŃ	M30	8	M 21	00:00:07	00:18:41	00:41:38.48	00:41:45.71	+00:06:27 (15.4%)	4:09	14.4 (84.2%)
23	KANIECKI Konrad	971	JURAS BIEGANIE TEAM	POZNAŃ	M20	10	M 22	00:00:10	00:19:10	00:41:36.81	00:41:46.83	+00:06:28 (15.5%)	4:09	14.4 (84.2%)
24	ROGOWSKI Waldek	138	MW POLSKA	POZNAŃ	M50	1	M 23	00:00:11	00:18:49	00:41:58.76	00:42:09.87	+00:06:51 (16.3%)	4:11	14.3 (83.6%)
25	LESZCZYŃSKI Paweł	546	MERIXSTUDIO	PRZEBĘDOWO	M20	11	M 24	00:00:07	00:18:57	00:42:13.17	00:42:20.86	+00:07:02 (16.6%)	4:13	14.2 (83.0%)
26	MICHAŁSKI Michał	631		SWARZĘDZ	M40	5	M 25	00:00:10	00:19:08	00:42:19.22	00:42:29.64	+00:07:11 (16.9%)	4:13	14.2 (83.0%)
27	KOŁODZIEJEK Daniel	1103		WIĘCIBORK	M20	12	M 26	00:00:20	00:19:17	00:42:19.30	00:42:40.26	+00:07:21 (17.2%)	4:13	14.2 (83.0%)
28	PIASECKI Jakub	477	FSD RUN DREZDENKO	DREZDENKO	M20	13	M 27	00:00:11	00:19:26	00:42:33.25	00:42:44.84	+00:07:26 (17.4%)	4:15	14.1 (82.5%)
29	JANYGA Adam	63		POZNAŃ	M20	14	M 28	00:00:24	00:19:27	00:42:38.47	00:43:03.29	+00:07:44 (18.0%)	4:15	14.1 (82.5%)
30	KUBCZAK Jan	547	TONIK RUN CLUB	POZNAN	M30	9	M 29	00:00:12	00:19:23	00:42:55.72	00:43:08.52	+00:07:49 (18.2%)	4:17	14 (81.9%)
31	JARUSZEWSKI Jakub	174		POZNAŃ	M30	10	M 30	00:00:10	00:19:47	00:43:01.97	00:43:12.03	+00:07:53 (18.3%)	4:18	13.9 (81.3%)

32	MAZUR Kamil	162		CZERWONAK	M30	11	M 31	00:00:10	00:20:09	00:43:05.54	00:43:16.20	+00:07:57 (18.4%)	4:18	13.9 (81.3%)
33	MICHALAK Michal	564		POZNAŃ	M20	15	M 32	00:00:22	00:19:44	00:42:54.49	00:43:16.55	+00:07:57 (18.4%)	4:17	14 (81.9%)
34	LASAK Maria	980	HERNIK TEAM	POZNAŃ	K40	1	K 2	00:00:08	00:19:57	00:43:23.95	00:43:32.41	+00:08:13 (18.9%)	4:20	13.8 (80.7%)
35	MIELCAREK Adrian	288	HERNIK TEAM	POZNAN	M30	12	M 33	00:00:08	00:19:30	00:43:29.72	00:43:38.10	+00:08:19 (19.1%)	4:20	13.8 (80.7%)
36	URBAŃSKI Mateusz	247		WRONKI	M30	13	M 34	00:00:08	00:20:10	00:43:47.78	00:43:56.74	+00:08:38 (19.6%)	4:22	13.7 (80.1%)
37	JĘDRZEJCZAK Tomasz	15	MERYNOS	GRUSZCZYN	M50	2	M 35	00:00:09	00:20:03	00:43:53.48	00:44:03.27	+00:08:44 (19.8%)	4:23	13.7 (80.1%)
38	FAFEREK Marek	1177		WRONKI	M30	14	M 36	00:00:17	00:20:07	00:43:49.33	00:44:06.96	+00:08:48 (20.0%)	4:22	13.7 (80.1%)
39	MACHAJEWSKA Aneta	627	POLONIA ŚRODA	ŚRODA WLKP	K40	2	K 3	00:00:09	00:20:17	00:44:06.91	00:44:16.70	+00:08:58 (20.3%)	4:24	13.6 (79.5%)
40	ZALEWSKI Tomasz	82		BISKUPICE	M50	3	M 37	00:00:19	00:20:15	00:43:57.13	00:44:16.85	+00:08:58 (20.3%)	4:23	13.7 (80.1%)
41	DOMAŃSKI Szymon	953		SUCHYLAS	M20	16	M 38	00:00:10	00:20:18	00:44:08.18	00:44:18.74	+00:09:00 (20.3%)	4:24	13.6 (79.5%)
42	PAWLAK Sylwester	719	POLONIA ŚRODA	ŚRODA WIELKOPOLSKA	M40	6	M 39	00:00:10	00:20:17	00:44:14.20	00:44:24.42	+00:09:05 (20.5%)	4:25	13.6 (79.5%)
43	NOWAK Paweł	955	TRAIN WITH MERYNOS	SWARZĘDZ	M30	15	M 40	00:00:10	00:20:41	00:44:24.40	00:44:34.67	+00:09:16 (20.8%)	4:26	13.5 (78.9%)
44	CHRAPLAK Witold	308		SWARZĘDZ	M40	7	M 41	00:00:08	00:19:42	00:44:26.73	00:44:35.66	+00:09:17 (20.8%)	4:26	13.5 (78.9%)
45	ŚNIEGOCKI Marek	1158		KÓRNIK	M30	16	M 42	00:01:00	00:20:27	00:43:36.82	00:44:37.00	+00:09:18 (20.9%)	4:21	13.8 (80.7%)
46	FOJUT Artur	949		POZNAŃ	M20	17	M 43	00:00:11	00:20:40	00:44:27.81	00:44:39.16	+00:09:20 (20.9%)	4:26	13.5 (78.9%)
47	KURAS Justyna	799	PEKABEX	POZNAŃ	K30	2	K 4	00:00:08	00:20:10	00:44:31.96	00:44:40.55	+00:09:21 (21.0%)	4:27	13.5 (78.9%)
48	WOZNIAK Piotr	748	GLEEDS	LUBOŃ	M40	8	M 44	00:00:11	00:20:32	00:44:32.74	00:44:44.33	+00:09:25 (21.1%)	4:27	13.5 (78.9%)
49	RUDZIŃSKI Piotr	433		POZNAŃ	M30	17	M 45	00:00:14	00:20:43	00:44:38.17	00:44:52.96	+00:09:34 (21.3%)	4:27	13.4 (78.4%)
50	WAŃSKI Tomasz	671		POZNAŃ	M30	18	M 46	00:00:18	00:20:36	00:44:37.18	00:44:55.59	+00:09:36 (21.4%)	4:27	13.4 (78.4%)
51		336		CZAPURY	M40	9	M 47	00:00:12	00:20:05	00:44:44.00	00:44:56.19	+00:09:37 (21.4%)	4:28	13.4 (78.4%)
52	GOLAŃSKI Grzegorz	772		ZALASEWO	M40	10	M 48	00:00:09	00:19:25	00:44:47.59	00:44:57.40	+00:09:38 (21.5%)	4:28	13.4 (78.4%)
53	JESSA Łukasz	575	KAMA RUN CZARNKÓW	ŚMIESZKOWO	M30	19	M 49	00:00:09	00:20:36	00:45:02.19	00:45:11.81	+00:09:53 (21.9%)	4:30	13.3 (77.8%)
54	KRAKOWSKI Robert	773		KALSKO	M30	20	M 50	00:00:58	00:20:39	00:44:18.18	00:45:16.48	+00:09:57 (22.0%)	4:25	13.5 (78.9%)
55	ŁUCZAK Jacek	1191	JACEKLUCZAK.PL	POZNAŃ	M50	4	M 51	00:00:09	00:20:34	00:45:07.86	00:45:17.56	+00:09:58 (22.0%)	4:30	13.3 (77.8%)
56	BAJACZYK Filip	684		SKÓRZEWO	M40	11	M 52	00:00:15	00:20:34	00:45:03.76	00:45:19.13	+00:10:00 (22.1%)	4:30	13.3 (77.8%)
57	KICIŃSKI Kamil	29		SKÓRZEWO	M30	21	M 53	00:00:09	00:20:29	00:45:11.68	00:45:20.73	+00:10:02 (22.1%)	4:31	13.3 (77.8%)
58	DĘBOWSKI Maciej	1255	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	M20	18	M 54	00:00:12	00:21:17	00:45:11.04	00:45:23.08	+00:10:04 (22.2%)	4:31	13.3 (77.8%)
59	PAWLAK Sławomir	436	BIEGAM BO LUBIĘ	POZNAŃ	M50	5	M 55	00:00:08	00:20:46	00:45:22.13	00:45:30.43	+00:10:11 (22.4%)	4:32	13.2 (77.2%)
60	RÓŻAK Paweł	366		POZNAŃ	M40	12	M 56	00:00:14	00:21:07	00:45:15.69	00:45:30.64	+00:10:11 (22.4%)	4:31	13.3 (77.8%)
61	CIESIELSKI Sebastian	552	ADIDAS RUNNERS POZNAŃ	ZALASEWO	M40	13	M 57	00:00:10	00:20:09	00:45:20.67	00:45:30.93	+00:10:12 (22.4%)	4:32	13.2 (77.2%)
62	PIC Jan	427		POZNAŃ	M30	22	M 58	00:00:58	00:20:52	00:44:34.42	00:45:32.49	+00:10:13 (22.5%)	4:27	13.5 (78.9%)

63	GAŁKA Łukasz	572		LESZNO	M40	14	M 59	00:00:11	00:20:58	00:45:23.32	00:45:35.09	+00:10:16 (22.5%)	4:32	13.2 (77.2%)
64	BAJSZTOK Tomasz	682		KURZA GÓRA	M40	15	M 60	00:00:22	00:20:53	00:45:12.91	00:45:35.64	+00:10:17 (22.6%)	4:31	13.3 (77.8%)
65	PAJAŁ Kajetan	321		SZCZECIN	M20	19	M 61	00:00:28	00:20:43	00:45:08.70	00:45:37.29	+00:10:18 (22.6%)	4:30	13.3 (77.8%)
66	MIGDAŁEK Łukasz	1170		POZNAŃ	M30	23	M 62	00:00:18	00:20:45	00:45:19.03	00:45:37.71	+00:10:19 (22.6%)	4:31	13.2 (77.2%)
67	KOKOT Mateusz	212		POZNAŃ	M20	20	M 63	00:01:36	00:20:02	00:44:02.70	00:45:39.34	+00:10:20 (22.7%)	4:24	13.6 (79.5%)
68		1127	VEOLIA	POZNAŃ	M30	24	M 64	00:00:11	00:20:57	00:45:29.36	00:45:40.49	+00:10:21 (22.7%)	4:32	13.2 (77.2%)
69	BARSKI Bartosz	22		WRONIAWY	M20	21	M 65	00:00:23	00:20:36	00:45:17.42	00:45:41.10	+00:10:22 (22.7%)	4:31	13.2 (77.2%)
70	PLÓCIENNIK Bartosz	410		POZNAŃ	M30	25	M 66	00:00:07	00:20:08	00:45:35.63	00:45:43.57	+00:10:24 (22.8%)	4:33	13.2 (77.2%)
71	NOWAK Adam	438		POZNAŃ	M20	22	M 67	00:00:08	00:21:11	00:45:35.84	00:45:44.78	+00:10:26 (22.8%)	4:33	13.2 (77.2%)
72	SOJKA Miłosz	324		POZNAŃ	M20	23	M 68	00:00:26	00:21:01	00:45:19.44	00:45:46.43	+00:10:27 (22.9%)	4:31	13.2 (77.2%)
73	KŁACZYŃSKI Mariusz	817	PARKRUN GRUDZIĄDZ	PIŁA	M40	16	M 69	00:00:25	00:21:27	00:45:22.67	00:45:48.47	+00:10:29 (22.9%)	4:32	13.2 (77.2%)
74	WALKOWIAK Michał	533		ŚRODA WIELKOPOLSKA	M20	24	M 70	00:00:09	00:20:36	00:45:40.17	00:45:49.76	+00:10:31 (23.0%)	4:34	13.1 (76.6%)
75	JEZIERSKI Mikołaj	1059	PHYSIOCENTER	POZNAŃ	M30	26	M 71	00:00:08	00:21:29	00:45:47.98	00:45:56.61	+00:10:37 (23.1%)	4:34	13.1 (76.6%)
76	PONIŻY Adam	695		POZNAŃ	M20	25	M 72	00:00:21	00:21:35	00:45:42.69	00:46:03.70	+00:10:45 (23.3%)	4:34	13.1 (76.6%)
77	CHAPONNAIS Florian	1082		POZNAN	M20	26	M 73	00:01:10	00:20:40	00:44:54.25	00:46:04.30	+00:10:45 (23.4%)	4:29	13.4 (78.4%)
78	WILCZYŃSKA Beata	464	#ZALINIAMETY	POZNAŃ	K30	3	K 5	00:00:09	00:20:47	00:45:55.35	00:46:04.84	+00:10:46 (23.4%)	4:35	13.1 (76.6%)
79	STOLARSKI Artur	476		POZNAŃ	M30	27	M 74	00:00:15	00:21:05	00:45:49.48	00:46:04.92	+00:10:46 (23.4%)	4:34	13.1 (76.6%)
80	DIERING Piotr	820	MERIXSTUDIO	OBORNIKI	M40	17	M 75	00:00:32	00:21:02	00:45:35.00	00:46:07.55	+00:10:48 (23.4%)	4:33	13.2 (77.2%)
81	MITUTA Jacek	1008	KAMA RUN CZARNKÓW	POŁAJEWO	M40	18	M 76	00:00:09	00:20:44	00:45:57.96	00:46:07.73	+00:10:49 (23.5%)	4:35	13.1 (76.6%)
82	KOROLKIEWICZ Rafał	201		ZALASEWO	M40	19	M 77	00:00:08	00:21:38	00:46:01.42	00:46:10.37	+00:10:51 (23.5%)	4:36	13 (76.0%)
83	SZEWCZAK Mariusz	1097	PCH_RUN	CHODZIEŻ	M50	6	M 78	00:00:19	00:21:19	00:45:54.80	00:46:14.09	+00:10:55 (23.6%)	4:35	13.1 (76.6%)
84	ZBOIŃSKI Jan	1057	PHYSIOCENTER	POZNAŃ	M20	27	M 79	00:00:07	00:21:37	00:46:07.88	00:46:15.80	+00:10:57 (23.7%)	4:36	13 (76.0%)
85	JAKUSZAK Jakub	634	FITBOX TEAM	CHRZYSKO WIELKIE	M20	28	M 80	00:00:26	00:21:06	00:45:50.32	00:46:16.65	+00:10:58 (23.7%)	4:35	13.1 (76.6%)
86	BEVZ Yaroslav	742		POZNAŃ	M20	29	M 81	00:01:28	00:21:39	00:44:50.92	00:46:19.12	+00:11:00 (23.8%)	4:29	13.4 (78.4%)
87	ŁUKASZYK Maciej	373	VERBUM	LUSOWO	M40	20	M 82	00:00:23	00:21:15	00:45:57.98	00:46:21.32	+00:11:02 (23.8%)	4:35	13.1 (76.6%)
88	PAWLICKI Paweł	633	FITBOX TEAM	SIERAKÓW	M30	28	M 83	00:00:26	00:21:07	00:45:56.99	00:46:23.09	+00:11:04 (23.9%)	4:35	13.1 (76.6%)
89	KOZAJDA Damian	28		BOLECHOWO	M40	21	M 84	00:00:47	00:21:05	00:45:42.68	00:46:29.78	+00:11:11 (24.1%)	4:34	13.1 (76.6%)
90	STACHOWIAK Mateusz	1107		NOWY TOMYŚL	M30	29	M 85	00:00:15	00:21:05	00:46:14.74	00:46:30.52	+00:11:11 (24.1%)	4:37	13 (76.0%)
91	KNASIECKI Marcin	323	XX	POZNAŃ	M40	22	M 86	00:00:19	00:21:03	00:46:13.65	00:46:32.90	+00:11:14 (24.1%)	4:37	13 (76.0%)
92	MATUSZEWSKI Hubert	200		BRODOWO	M30	30	M 87	00:00:09	00:21:39	00:46:31.71	00:46:41.22	+00:11:22 (24.4%)	4:39	12.9 (75.4%)
93	JANICKI Miłosz	1016	SZAMRUN	WRONKI	M20	30	M 88	00:00:17	00:21:14	00:46:24.84	00:46:42.00	+00:11:23 (24.4%)	4:38	12.9 (75.4%)

94	BAMBER Aleksandra	1015	SZAMRUN	SZAMOTUŁY	K30	4	K 6	00:00:17	00:21:14	00:46:24.85	00:46:42.32	+00:11:23 (24.4%)	4:38	12.9 (75.4%)
95	MĘCZYKALSKI Radosław	916		POZNAŃ	M30	31	M 89	00:00:11	00:20:56	00:46:32.46	00:46:44.01	+00:11:25 (24.4%)	4:39	12.9 (75.4%)
96	PODLEŚNY Jakub	1069	THERAPYGUIDE	POZNAŃ	M20	31	M 90	00:00:23	00:21:21	00:46:21.58	00:46:45.56	+00:11:26 (24.5%)	4:38	12.9 (75.4%)
97	NOWAKOWSKA Sandra	109		POZNAN	K20	1	K 7	00:00:13	00:21:06	00:46:36.46	00:46:49.60	+00:11:30 (24.6%)	4:39	12.9 (75.4%)
98	WYGRAŁA Robert	1178	WIELEŃ	WIELEŃ	M50	7	M 91	00:00:38	00:21:17	00:46:11.26	00:46:50.19	+00:11:31 (24.6%)	4:37	13 (76.0%)
99	CIESIELCZYK Filip	282	WTCH TEAM	KRUSZEWNIA	M40	23	M 92	00:00:18	00:21:46	00:46:31.93	00:46:50.87	+00:11:32 (24.6%)	4:39	12.9 (75.4%)
100	ZIMNY Krystian	35		DĄBROWA	M20	32	M 93	00:00:14	00:21:21	00:46:41.64	00:46:55.70	+00:11:37 (24.8%)	4:40	12.9 (75.4%)
101	GRZEBYTA Bartłomiej	977		POZNAN	M30	32	M 94	00:00:49	00:21:28	00:46:11.21	00:47:00.60	+00:11:41 (24.9%)	4:37	13 (76.0%)
102	OSSES Arkadiusze	866		POZNAŃ	M30	33	M 95	00:00:25	00:21:53	00:46:36.81	00:47:02.45	+00:11:43 (24.9%)	4:39	12.9 (75.4%)
103	SOBIECH Karol	1019	NIGHT RUNNERS	POBIEDZISKA	M40	24	M 96	00:00:18	00:21:40	00:46:56.96	00:47:15.31	+00:11:56 (25.3%)	4:41	12.8 (74.9%)
104	ALBRECHT Katarzyna	1018	HERNIK TEAM	POZNAŃ	K40	3	K 8	00:00:18	00:21:40	00:46:56.95	00:47:15.48	+00:11:56 (25.3%)	4:41	12.8 (74.9%)
105	CYRANOWICZ Szymon	103		POZNAŃ	M30	34	M 97	00:00:22	00:21:34	00:46:56.49	00:47:19.27	+00:12:00 (25.4%)	4:41	12.8 (74.9%)
106	POLAK Natalia	141		ZALASEWO	K20	2	K 9	00:00:24	00:21:06	00:46:56.64	00:47:21.28	+00:12:02 (25.4%)	4:41	12.8 (74.9%)
107	KOZŁOWSKA Magdalena	102		POZNAŃ	K20	3	K 10	00:00:22	00:21:34	00:47:00.75	00:47:23.72	+00:12:05 (25.5%)	4:42	12.8 (74.9%)
108	KURZAJ Krzysztof	341		POZNAN	M50	8	M 98	00:01:28	00:21:59	00:46:01.81	00:47:29.83	+00:12:11 (25.7%)	4:36	13 (76.0%)
109	JACKOWSKI Adam	83	TRI ADAMO	KAMIONKI	M40	25	M 99	00:00:23	00:21:19	00:47:12.04	00:47:35.51	+00:12:16 (25.8%)	4:43	12.7 (74.3%)
110	KORKOWICZ Marcin	589	HILDING ANDERS	MUROWANA GOŚLINA	M40	26	M 100	00:00:17	00:22:27	00:47:19.28	00:47:37.05	+00:12:18 (25.8%)	4:43	12.7 (74.3%)
111	STAWICKI Adam	474		OBORNIKI	M50	9	M 101	00:00:11	00:21:31	00:47:37.06	00:47:48.27	+00:12:29 (26.1%)	4:45	12.6 (73.7%)
112		1		POZNAŃ	M30	35	M 102	00:00:33	00:22:19	00:47:16.10	00:47:50.05	+00:12:31 (26.2%)	4:43	12.7 (74.3%)
113	WĄCHALSKI Cyprian	600		PRZYTOCZNA	M20	33	M 103	00:00:24	00:22:23	00:47:29.15	00:47:53.86	+00:12:35 (26.3%)	4:44	12.6 (73.7%)
114	SUŁKOWSKI Marcin	1009		SWARZĘDZ	M20	34	M 104	00:00:15	00:21:37	00:47:38.93	00:47:53.97	+00:12:35 (26.3%)	4:45	12.6 (73.7%)
115	LEONENKO Oleksii	1153		OSTRÓW WIELKOPOLSKI	M30	36	M 105	00:00:31	00:22:27	00:47:28.47	00:48:00.34	+00:12:41 (26.4%)	4:44	12.6 (73.7%)
116	KLIMCZAK Bartosz	607		POZNAŃ	M20	35	M 106	00:00:24	00:21:42	00:47:40.78	00:48:04.82	+00:12:46 (26.6%)	4:46	12.6 (73.7%)
117	JONIK Paweł	1167	ENEA BASKET POZNAŃ	POZNAŃ	M20	36	M 107	00:00:11	00:21:08	00:47:55.81	00:48:07.03	+00:12:48 (26.6%)	4:47	12.5 (73.1%)
118	MAJEWSKI Piotr	367		GORTATOWO	M40	27	M 108	00:00:15	00:22:08	00:48:00.27	00:48:15.46	+00:12:56 (26.8%)	4:48	12.5 (73.1%)
119	GRABIŃSKI Marcel	272		POZNAŃ	M20	37	M 109	00:00:26	00:22:57	00:47:49.63	00:48:16.30	+00:12:57 (26.8%)	4:46	12.5 (73.1%)
120	FRĄCKOWIAK Patryk	319		KOŚCIAN	M30	37	M 110	00:00:33	00:22:24	00:47:42.93	00:48:16.60	+00:12:57 (26.9%)	4:46	12.6 (73.7%)
121	ROZWALKA Magdalena	338		POZNAŃ	K30	5	K 11	00:00:18	00:22:42	00:47:59.90	00:48:18.13	+00:12:59 (26.9%)	4:47	12.5 (73.1%)
122	SŁOWIŃSKI Łukasz	560	REX BAR TEAM ŚREM	ŚREM	M40	28	M 111	00:00:12	00:22:09	00:48:06.70	00:48:18.85	+00:13:00 (26.9%)	4:48	12.5 (73.1%)
123	POLCZYŃSKI Maciej	42	STAŁOWA ŁYDA	POZNAŃ	M40	29	M 112	00:00:46	00:21:51	00:47:34.85	00:48:21.44	+00:13:02 (27.0%)	4:45	12.6 (73.7%)
124	KONIECZNY Adrian	234		DASZEWICE	M40	30	M 113	00:00:13	00:21:37	00:48:09.97	00:48:23.33	+00:13:04 (27.0%)	4:48	12.5 (73.1%)

125		539		CZERWONAK	M20	38	M 114	00:00:46	00:22:38	00:47:41.45	00:48:28.08	+00:13:09 (27.1%)	4:46	12.6 (73.7%)
126	BLACHUT-LASKOWSKA Marta	254		POZNAN	K40	4	K 12	00:00:12	00:21:43	00:48:17.88	00:48:30.50	+00:13:11 (27.2%)	4:49	12.4 (72.5%)
127	DZIURLA Michał	85	VOX	POZNAŃ	M30	38	M 115	00:00:11	00:22:10	00:48:19.95	00:48:31.41	+00:13:12 (27.2%)	4:49	12.4 (72.5%)
128	ZAWADKA Dawid	81		ŻELAZKÓW	M30	39	M 116	00:00:59	00:21:50	00:47:35.84	00:48:34.99	+00:13:16 (27.3%)	4:45	12.6 (73.7%)
129	WALENTOWICZ Jakub	470	OGNISTA UKLEJA	SWARZĘDZ	M30	40	M 117	00:00:34	00:22:30	00:48:05.21	00:48:39.74	+00:13:21 (27.4%)	4:48	12.5 (73.1%)
130	KOKOT Robert	213		POZNAŃ	M50	10	M 118	00:01:37	00:22:24	00:47:08.28	00:48:45.66	+00:13:27 (27.6%)	4:42	12.7 (74.3%)
131	JANUSZEWSKA Karolina	307		POZNAŃ	K30	6	K 13	00:00:12	00:21:50	00:48:41.31	00:48:54.07	+00:13:35 (27.8%)	4:52	12.3 (71.9%)
132	KOWALCZYK Andrzej	959		GORZÓW WIELKOPOLSKI	M40	31	M 119	00:01:07	00:23:17	00:47:53.76	00:49:00.85	+00:13:42 (28.0%)	4:47	12.5 (73.1%)
133	ZNAJEWSKI Piotr	219	LA ZABAWA	POZNAŃ	M30	41	M 120	00:00:56	00:22:39	00:48:08.46	00:49:05.31	+00:13:46 (28.1%)	4:48	12.5 (73.1%)
134	MRUK Kacper	794	DELTA SZWADRON SUPER COOL KOMANDO WILKÓW ALFA	POZNAŃ	M20	39	M 121	00:00:20	00:22:20	00:48:49.35	00:49:09.84	+00:13:51 (28.2%)	4:52	12.3 (71.9%)
135	ROGOZIK Ireneusz	965	IRENEUSZ	POZNAŃ	M30	42	M 122	00:00:18	00:22:03	00:48:52.39	00:49:10.76	+00:13:52 (28.2%)	4:53	12.3 (71.9%)
136	FLUDER Patryk	258	PARKRUN JEZIORO SWARZĘDZKIE	TULCE	M40	32	M 123	00:00:12	00:22:10	00:49:00.78	00:49:12.90	+00:13:54 (28.3%)	4:54	12.2 (71.3%)
137	SIEMIŃSKI Mateusz	151		ZALASEWO	M20	40	M 124	00:00:20	00:22:30	00:48:52.60	00:49:13.26	+00:13:54 (28.3%)	4:53	12.3 (71.9%)
138	MARCINIAK Karol	220	LA ZABAWA	POZNAŃ	M30	43	M 125	00:00:56	00:22:39	00:48:16.93	00:49:13.43	+00:13:54 (28.3%)	4:49	12.4 (72.5%)
139	BĘBEL Michał	363	LIFE IS A HIGHWAY	GORTATOWO	M20	41	M 126	00:00:09	00:21:35	00:49:06.58	00:49:15.85	+00:13:57 (28.3%)	4:54	12.2 (71.3%)
140	MARSZAŁEK Łukasz	185		POZNAŃ	M20	42	M 127	00:00:08	00:23:18	00:49:09.33	00:49:17.85	+00:13:59 (28.4%)	4:54	12.2 (71.3%)
141	RYPINA Agnieszka	451		POZNAŃ	K30	7	K 14	00:00:15	00:22:08	00:49:04.02	00:49:19.26	+00:14:00 (28.4%)	4:54	12.2 (71.3%)
142	MAŁKOWSKI Szymon	1041	DIRTY SPARROWS	CHODZIEŻ	M20	43	M 128	00:01:16	00:23:33	00:48:16.44	00:49:32.90	+00:14:14 (28.7%)	4:49	12.4 (72.5%)
143	GEŁETA Mateusz	1172	JURAS BIEGANIE TEAM	SKORZEWO	M30	44	M 129	00:00:00	00:23:33	00:49:33.43	00:49:33.43	+00:14:14 (28.7%)	4:57	12.1 (70.8%)
144	GNIOT Jakub	249	IKEA	POZNAŃ	M20	44	M 130	00:00:18	00:21:19	00:49:16.18	00:49:34.65	+00:14:16 (28.8%)	4:55	12.2 (71.3%)
145	TRAWCZYŃSKA Sandra	753	TU MOŻNA	POZNAŃ	K40	5	K 15	00:00:21	00:22:39	00:49:16.03	00:49:37.27	+00:14:18 (28.8%)	4:55	12.2 (71.3%)
146	ROHOZHYN Vitalii	705		POZNAŃ	M30	45	M 131	00:01:54	00:22:42	00:47:43.93	00:49:38.52	+00:14:19 (28.9%)	4:46	12.6 (73.7%)
147	ZINKO Paweł	396		ZAKRZEWO	M50	11	M 132	00:00:11	00:21:47	00:49:27.69	00:49:39.31	+00:14:20 (28.9%)	4:56	12.1 (70.8%)
148	KOSZAL Robert	370	JULL AND <3	POZNAŃ	M30	46	M 133	00:00:25	00:22:30	00:49:16.27	00:49:41.70	+00:14:23 (28.9%)	4:55	12.2 (71.3%)
149	PABICH-ZAKRZEWSKA Patrycja	779	SZAMOTUŁY	SZAMOTUŁY	K30	8	K 16	00:00:16	00:22:10	00:49:28.48	00:49:45.35	+00:14:26 (29.0%)	4:56	12.1 (70.8%)
150	KLUPŚ Mikołaj	924	NIETYKALNI	KROBIA	M20	45	M 134	00:00:07	00:23:17	00:49:40.03	00:49:47.94	+00:14:29 (29.1%)	4:58	12.1 (70.8%)
151	GAPSKI Bogdan	1200	BIEGACZE JÓZEFA NOJI	PĘCKOWO	M60	1	M 135	00:00:38	00:23:02	00:49:10.31	00:49:49.11	+00:14:30 (29.1%)	4:55	12.2 (71.3%)
152	KOSSOWSKI Bartosz	1144		GRODZISK WIELKOPOLSKI	M20	46	M 136	00:01:37	00:22:41	00:48:13.16	00:49:50.26	+00:14:31 (29.1%)	4:49	12.4 (72.5%)
153	JANUS Michał	529		GRODZISK WIELKOPOLSKI	M20	47	M 137	00:00:51	00:22:53	00:49:04.72	00:49:56.09	+00:14:37 (29.3%)	4:54	12.2 (71.3%)
154	TRZCIELIŃSKI Michał	1134		KIEKRZ	M20	48	M 138	00:00:21	00:22:46	00:49:37.79	00:49:59.26	+00:14:40 (29.4%)	4:57	12.1 (70.8%)
155	KORSZUN Błażej	101		LUSÓWKO	M40	33	M 139	00:00:55	00:22:43	00:49:07.90	00:50:02.96	+00:14:44 (29.4%)	4:54	12.2 (71.3%)

156	SIEMIATKOWSKA Katarzyna	120	LEGIMI	POZNAŃ	K30	9	K 17	00:01:13	00:23:30	00:48:52.62	00:50:05.63	+00:14:46 (29.5%)	4:53	12.3 (71.9%)
157	PASTERNAK Maciej	233	LIFE IS A HIGHWAY	POZNAŃ	M20	49	M 140	00:00:10	00:23:17	00:50:01.72	00:50:11.83	+00:14:53 (29.7%)	5:00	12 (70.2%)
158		459					1	00:01:06	00:23:14	00:49:07.21	00:50:13.80	+00:14:55 (29.7%)	4:54	12.2 (71.3%)
159	SZKUDLAREK Maciej	118		KOŁOBRZEG	M20	50	M 141	00:01:14	00:23:10	00:49:01.68	00:50:15.68	+00:14:57 (29.7%)	4:54	12.2 (71.3%)
160	SŁUPSKA Wiktoria	1063		SKÓRZEWO	K20	4	K 18	00:00:32	00:22:59	00:49:43.33	00:50:16.08	+00:14:57 (29.8%)	4:58	12.1 (70.8%)
161	STRAUB Krzychu	814		WITKOWO	M30	47	M 142	00:00:42	00:22:33	00:49:35.15	00:50:17.46	+00:14:58 (29.8%)	4:57	12.1 (70.8%)
162	ŚWIERCZYŃSKA Ewelina	188	ZESPÓŁ SZKÓŁ W TULCACH	TULCE	K30	10	K 19	00:00:37	00:23:36	00:49:40.01	00:50:17.88	+00:14:59 (29.8%)	4:58	12.1 (70.8%)
163	AL DAHHAN Haled	716		POZNAŃ	M20	51	M 143	00:00:14	00:23:40	00:50:08.01	00:50:22.86	+00:15:04 (29.9%)	5:00	12 (70.2%)
164	FILIPIAK Zbigniew	526		ŚRODA WIELKOPOLSKA	M50	12	M 144	00:00:16	00:23:29	00:50:07.52	00:50:23.78	+00:15:05 (29.9%)	5:00	12 (70.2%)
165	TROETSCH FLOR Aleksandra	981	RUBY TEAM	POZNAŃ	K20	5	K 20	00:00:28	00:23:39	00:49:56.89	00:50:24.98	+00:15:06 (30.0%)	4:59	12 (70.2%)
166	WYSOCKI Michał	277		POZNAŃ	M40	34	M 145	00:00:58	00:23:10	00:49:37.36	00:50:35.73	+00:15:17 (30.2%)	4:57	12.1 (70.8%)
167	MUMALI Fredrick	170		BŁĄŻEJEWO	M30	48	M 146	00:01:11	00:22:19	00:49:25.90	00:50:37.01	+00:15:18 (30.2%)	4:56	12.1 (70.8%)
168	BONIEC Marcin	1125		RADZEWO	M30	49	M 147	00:00:24	00:23:27	00:50:12.91	00:50:37.17	+00:15:18 (30.2%)	5:01	12 (70.2%)
169	KLIPOW Zbigniew	931		ROKIETNICA	M30	50	M 148	00:00:29	00:23:57	00:50:09.37	00:50:38.62	+00:15:19 (30.3%)	5:00	12 (70.2%)
170	SZCZEPANIAK Patryk	236		ZALASEWO	M30	51	M 149	00:00:29	00:23:57	00:50:10.05	00:50:39.11	+00:15:20 (30.3%)	5:01	12 (70.2%)
171	SPETH Bartłomiej	289	LEPSZYSERWIS.PL	POZNAŃ	M40	35	M 150	00:00:56	00:22:38	00:49:44.42	00:50:41.25	+00:15:22 (30.3%)	4:58	12.1 (70.8%)
172	ŚLIWA Sergiusz	310		ZALASEWO	M20	52	M 151	00:00:50	00:23:10	00:49:52.39	00:50:42.87	+00:15:24 (30.4%)	4:59	12 (70.2%)
173	RENK Rafał	350	#ZALINIAMETY	POZNAŃ	M50	13	M 152	00:00:13	00:22:58	00:50:30.03	00:50:43.45	+00:15:24 (30.4%)	5:03	11.9 (69.6%)
174	BLASZKA Błażej	693	BLASZKA TEAM	MOSINA	M30	52	M 153	00:00:37	00:23:21	00:50:06.75	00:50:43.83	+00:15:25 (30.4%)	5:00	12 (70.2%)
175	KANIEWSKI Marcin	659		SUCHY LAS	M40	36	M 154	00:00:26	00:22:58	00:50:17.32	00:50:43.84	+00:15:25 (30.4%)	5:01	11.9 (69.6%)
176	HERWICHOWSKI Marcin	132	TARNOWO PODGÓRNE BIEGA	TARNOWO PODGÓRNE	M50	14	M 155	00:00:17	00:22:58	00:50:26.75	00:50:43.87	+00:15:25 (30.4%)	5:02	11.9 (69.6%)
177	JUSKOWIAK Halina	368		KOMORNIKI	K30	11	K 21	00:00:15	00:23:23	00:50:32.27	00:50:47.86	+00:15:29 (30.5%)	5:03	11.9 (69.6%)
178	SZYMANOWSKI Piotr	43		POZNAŃ	M40	37	M 156	00:01:20	00:25:14	00:49:30.31	00:50:50.57	+00:15:31 (30.5%)	4:57	12.1 (70.8%)
179	STEPANIAK Tomasz	519		STROSZKI	M30	53	M 157	00:00:18	00:23:02	00:50:35.09	00:50:53.10	+00:15:34 (30.6%)	5:03	11.9 (69.6%)
180	STACHOWSKI Dariusz	732	SULIKÓW	SULIKÓW	M50	15	M 158	00:00:10	00:23:21	00:50:43.65	00:50:54.47	+00:15:35 (30.6%)	5:04	11.8 (69.0%)
181	KRUKOWSKA Agnieszka	798		POZNAŃ	K50	1	K 22	00:00:16	00:23:08	00:50:42.68	00:50:58.83	+00:15:40 (30.7%)	5:04	11.8 (69.0%)
182	DUDKOWIAK Michał	937	DUDKOWIAK & PUTYRA BUSINESS LAWYERS	POZNAN	M40	38	M 159	00:03:00	00:22:42	00:47:59.75	00:51:00.22	+00:15:41 (30.8%)	4:47	12.5 (73.1%)
183	KURCZYK Krzysztof	919		OSTRORÓG	M30	54	M 160	00:00:18	00:23:35	00:50:47.15	00:51:05.25	+00:15:46 (30.9%)	5:04	11.8 (69.0%)
184	GLINKA Witold	795		MICHORZEWO	M30	55	M 161	00:00:55	00:23:21	00:50:11.44	00:51:06.63	+00:15:47 (30.9%)	5:01	12 (70.2%)
185	ŻMINKOWSKI Tomasz	442		SWARZĘDZ	M40	39	M 162	00:00:33	00:23:13	00:50:32.99	00:51:06.95	+00:15:48 (30.9%)	5:03	11.9 (69.6%)
186	NAWROCKI Dominik	561	DUDKOWIAK & PUTYRA BUSINESS LAWYERS	POZNAŃ	M40	40	M 163	00:03:01	00:22:34	00:48:05.46	00:51:06.98	+00:15:48 (30.9%)	4:48	12.5 (73.1%)

187	NOWAK Edyta	954	TRAIN WITH MERYNOS	SWARZĘDZ	K40	6	K 23	00:00:10	00:23:15	00:50:57.99	00:51:08.73	+00:15:50 (31.0%)	5:05	11.8 (69.0%)
188	CAMPOS MARTIN Jacob	570		LESZNO	M30	56	M 164	00:00:12	00:23:17	00:50:56.15	00:51:09.11	+00:15:50 (31.0%)	5:05	11.8 (69.0%)
189	GRYGIEL Mateusz	248		MILKOWO	M40	41	M 165	00:00:17	00:23:35	00:50:52.85	00:51:10.29	+00:15:51 (31.0%)	5:05	11.8 (69.0%)
190	SAWA Aleksandra	925		POZNAŃ	K30	12	K 24	00:00:42	00:23:15	00:50:28.96	00:51:11.15	+00:15:52 (31.0%)	5:02	11.9 (69.6%)
191	SZCZYGIEL Damian	706		POZNAŃ	M30	57	M 166	00:00:19	00:23:59	00:50:52.62	00:51:12.30	+00:15:53 (31.0%)	5:05	11.8 (69.0%)
192	NYCZ Joanna	1061		SUCHY LAS	K30	13	K 25	00:00:31	00:23:12	00:50:41.91	00:51:13.85	+00:15:55 (31.1%)	5:04	11.8 (69.0%)
193	NOWAKOWSKI Adam	763	GLEEDS	POZNAŃ	M40	42	M 167	00:00:11	00:23:14	00:51:02.50	00:51:14.17	+00:15:55 (31.1%)	5:06	11.8 (69.0%)
194	MIZERA Adrian	424		KRAKÓW	M30	58	M 168	00:01:15	00:22:17	00:50:00.09	00:51:15.35	+00:15:56 (31.1%)	5:00	12 (70.2%)
195	KASPROWICZ Jan	315		KICIN	M20	53	M 169	00:00:23	00:23:14	00:50:54.07	00:51:17.62	+00:15:58 (31.2%)	5:05	11.8 (69.0%)
196	MIKOŁAJCZYK Sebastian	1088		WRZEŚNIA	M30	59	M 170	00:01:47	00:22:53	00:49:30.91	00:51:17.98	+00:15:59 (31.2%)	4:57	12.1 (70.8%)
197	WOJTASZEK Maciej	11	MARUDERZY	POZNAN	M40	43	M 171	00:02:08	00:22:53	00:49:14.62	00:51:23.19	+00:16:04 (31.3%)	4:55	12.2 (71.3%)
198	FRĄCKOWIAK Marcin	70		POZNAŃ	M50	16	M 172	00:00:32	00:23:52	00:50:52.22	00:51:24.88	+00:16:06 (31.3%)	5:05	11.8 (69.0%)
199	ROGOWSKA Karolina	437		POZNAŃ	K20	6	K 26	00:01:02	00:23:30	00:50:22.96	00:51:25.71	+00:16:07 (31.3%)	5:02	11.9 (69.6%)
200	PRZYPIS Kasia	681		POZNAN	K30	14	K 27	00:00:28	00:22:55	00:51:01.29	00:51:29.32	+00:16:10 (31.4%)	5:06	11.8 (69.0%)
201	JAHS Przemysław	255		POZNAŃ	M40	44	M 173	00:00:16	00:23:38	00:51:13.88	00:51:30.56	+00:16:11 (31.4%)	5:07	11.7 (68.4%)
202	SZYMKÓW Michał	622		POZNAŃ	M30	60	M 174	00:01:21	00:24:37	00:50:10.79	00:51:32.17	+00:16:13 (31.5%)	5:01	12 (70.2%)
203	PIOTROWSKI Robert	269		KÓRNIK	M40	45	M 175	00:00:52	00:23:51	00:50:40.50	00:51:33.47	+00:16:14 (31.5%)	5:04	11.8 (69.0%)
204	KRAWCZYK Leszek	330		POZNAŃ	M60	2	M 176	00:00:12	00:23:13	00:51:21.08	00:51:33.61	+00:16:14 (31.5%)	5:08	11.7 (68.4%)
205	ZJAWIONY Piotr	33	GÓRSKIE BIEGUSIE	POZNAŃ	M20	54	M 177	00:01:02	00:23:40	00:50:31.51	00:51:34.28	+00:16:15 (31.5%)	5:03	11.9 (69.6%)
206	ŁAWIAK Mateusz	698	TWISTED PIXEL TEAM	SZAMOTUŁY	M30	61	M 178	00:01:42	00:23:48	00:49:53.51	00:51:35.86	+00:16:17 (31.6%)	4:59	12 (70.2%)
207	MURAWSKI Adrian	927		ZIELONA GÓRA	M30	62	M 179	00:00:14	00:23:40	00:51:20.97	00:51:35.92	+00:16:17 (31.6%)	5:08	11.7 (68.4%)
208	ASLANKENT Burak	699		POZNAŃ	M30	63	M 180	00:01:42	00:23:48	00:49:53.61	00:51:36.32	+00:16:17 (31.6%)	4:59	12 (70.2%)
209	KONWICKI Michał	662		POZNAŃ	M30	64	M 181	00:01:37	00:23:01	00:49:59.84	00:51:37.28	+00:16:18 (31.6%)	4:59	12 (70.2%)
210	MAJEWSKI Krzysztof	239		BISKUPICE	M40	46	M 182	00:00:15	00:23:30	00:51:22.10	00:51:38.01	+00:16:19 (31.6%)	5:08	11.7 (68.4%)
211	MACIEJEWSKI Andrzej	482		POZNAŃ	M20	55	M 183	00:00:24	00:23:34	00:51:17.28	00:51:41.98	+00:16:23 (31.7%)	5:07	11.7 (68.4%)
212	SOBKOWIAK Marcin	807		POZNAŃ	M40	47	M 184	00:01:52	00:23:30	00:49:49.45	00:51:42.19	+00:16:23 (31.7%)	4:58	12 (70.2%)
213	SZTURMIŃSKI Marcin	117		POZNAŃ	M30	65	M 185	00:01:02	00:24:17	00:50:40.08	00:51:42.66	+00:16:24 (31.7%)	5:04	11.8 (69.0%)
214	GRZEMSKI Kamil	475		POZNAŃ	M20	56	M 186	00:00:13	00:24:24	00:51:29.41	00:51:43.23	+00:16:24 (31.7%)	5:08	11.7 (68.4%)
215	GAWROŃSKI Adam	309		PACZKOWO	M30	66	M 187	00:00:18	00:23:11	00:51:27.14	00:51:45.24	+00:16:26 (31.8%)	5:08	11.7 (68.4%)
216	REGUS Jonasz	473		POZNAŃ	M20	57	M 188	00:00:44	00:25:02	00:51:02.57	00:51:47.21	+00:16:28 (31.8%)	5:06	11.8 (69.0%)
217	CHELEK Bartosz	1161		POZNAŃ	M30	67	M 189	00:01:20	00:23:54	00:50:26.79	00:51:47.68	+00:16:29 (31.8%)	5:02	11.9 (69.6%)

218	JURGA Paweł	521	LAFRENTZ	POZNAŃ	M20	58	M 190	00:00:00	00:25:54	00:51:55.24	00:51:55.24	+00:16:36 (32.0%)	5:11	11.6 (67.8%)
219	GRABOWSKI Arek	962		POZNAŃ	M30	68	M 191	00:00:59	00:24:32	00:50:56.34	00:51:55.92	+00:16:37 (32.0%)	5:05	11.8 (69.0%)
220	KOSICKI Błażej	57		POZNAŃ	M20	59	M 192	00:00:59	00:26:20	00:51:01.72	00:52:01.16	+00:16:42 (32.1%)	5:06	11.8 (69.0%)
221	SZULC Paulina	96		POZNAŃ	K30	15	K 28	00:00:13	00:23:36	00:51:50.19	00:52:03.44	+00:16:44 (32.2%)	5:11	11.6 (67.8%)
222	ROSIŃSKI Cezary	76	DKSC DZIKA KACZKA	POZNAŃ	M30	69	M 193	00:01:31	00:24:36	00:50:36.26	00:52:07.94	+00:16:49 (32.3%)	5:03	11.9 (69.6%)
223	JĘDRYCKZOWSKI Jakub	586		KROBIA	M20	60	M 194	00:00:07	00:23:16	00:51:59.97	00:52:07.96	+00:16:49 (32.3%)	5:11	11.5 (67.3%)
224	CHEREPYNETS Vasyl	740		POZNAŃ	M20	61	M 195	00:00:54	00:22:13	00:51:14.67	00:52:09.43	+00:16:50 (32.3%)	5:07	11.7 (68.4%)
225	TWARDOWSKA Ania	567		POZNAŃ	K20	7	K 29	00:01:03	00:23:07	00:51:11.15	00:52:14.58	+00:16:55 (32.4%)	5:07	11.7 (68.4%)
226	WELTROWSKI Grzegorz	443		POZNAŃ	M50	17	M 196	00:02:09	00:23:24	00:50:04.89	00:52:14.88	+00:16:56 (32.4%)	5:00	12 (70.2%)
227	KIRSZKE Paweł	802		RYDZYNA	M30	70	M 197	00:01:27	00:25:40	00:50:52.68	00:52:20.13	+00:17:01 (32.5%)	5:05	11.8 (69.0%)
228	RZECKI Radosław	402		POZNAŃ	M30	71	M 198	00:01:39	00:24:33	00:50:42.57	00:52:21.63	+00:17:02 (32.6%)	5:04	11.8 (69.0%)
229	CHROSTOWSKI Nikodem	381		POZNAŃ	M20	62	M 199	00:01:44	00:24:03	00:50:37.59	00:52:21.78	+00:17:03 (32.6%)	5:03	11.9 (69.6%)
230	GŁOWACKI Mateusz	1184	MERIXSTUDIO	POZNAŃ	M30	72	M 200	00:00:12	00:23:59	00:52:09.82	00:52:22.68	+00:17:04 (32.6%)	5:12	11.5 (67.3%)
231	DŁUBAŁA Adam	534		ROGALINEK	M20	63	M 201	00:00:45	00:23:39	00:51:38.28	00:52:23.63	+00:17:04 (32.6%)	5:09	11.6 (67.8%)
232	MRÓWCZYŃSKI Jakub	718		GRUSZCZYN	M20	64	M 202	00:00:10	00:23:17	00:52:17.53	00:52:27.71	+00:17:09 (32.7%)	5:13	11.5 (67.3%)
233	FRĄTCZAK Kamil	184		POZNAŃ	M30	73	M 203	00:01:01	00:23:16	00:51:26.33	00:52:27.84	+00:17:09 (32.7%)	5:08	11.7 (68.4%)
234	KOPKA Mateusz	588		SĘPÓLNO KRAJEŃSKIE	M20	65	M 204	00:00:59	00:24:37	00:51:30.38	00:52:29.66	+00:17:11 (32.7%)	5:09	11.7 (68.4%)
235	STAŚKIEWICZ Jakub	113		SWARZĘDZ	M20	66	M 205	00:00:57	00:22:51	00:51:34.25	00:52:32.09	+00:17:13 (32.8%)	5:09	11.6 (67.8%)
236	MEJER Wojciech	389		POZNAŃ	M20	67	M 206	00:00:57	00:22:51	00:51:35.05	00:52:32.36	+00:17:13 (32.8%)	5:09	11.6 (67.8%)
237	BĄCZKIEWICZ Michał	727		ŚRODA WIELKOPOLSKA	M20	68	M 207	00:00:24	00:23:38	00:52:11.40	00:52:35.53	+00:17:16 (32.9%)	5:13	11.5 (67.3%)
238	KONIECZNY Dominik	1356	PARKRUN JEZIORO SWARZĘDZKIE	SWARZĘDZ	M40	48	M 208	00:00:19	00:24:11	00:52:17.11	00:52:36.61	+00:17:17 (32.9%)	5:13	11.5 (67.3%)
239	OSMAŃSKI Patryk	823	DOMINO THE DIABEŁ	WROCŁAW	M30	74	M 209	00:00:33	00:24:21	00:52:06.25	00:52:40.07	+00:17:21 (33.0%)	5:12	11.5 (67.3%)
240	RATAJCZAK Beata	1003	NIEZRZESZONY	POZNAŃ	K40	7	K 30	00:00:51	00:23:31	00:51:49.51	00:52:41.20	+00:17:22 (33.0%)	5:10	11.6 (67.8%)
241	KRZESZOWIEC Małgorzata	1110		POZNAŃ	K20	8	K 31	00:00:29	00:24:33	00:52:12.50	00:52:41.51	+00:17:22 (33.0%)	5:13	11.5 (67.3%)
242	OWCZARZ Aleksandra	777		ŚREM	K40	8	K 32	00:01:02	00:23:38	00:51:42.75	00:52:45.29	+00:17:26 (33.1%)	5:10	11.6 (67.8%)
243	JARZĄBEK Tomasz	345		PACZKOWO	M20	69	M 210	00:00:27	00:24:18	00:52:19.41	00:52:46.67	+00:17:28 (33.1%)	5:13	11.5 (67.3%)
244	PISKORSKI Piotr	1099		POZNAŃ	M20	70	M 211	00:02:00	00:25:32	00:50:47.91	00:52:48.85	+00:17:30 (33.1%)	5:04	11.8 (69.0%)
245	PIETRAS Igor	1098		CZERWONAK	M20	71	M 212	00:02:00	00:25:31	00:50:48.62	00:52:49.58	+00:17:30 (33.2%)	5:04	11.8 (69.0%)
246	CIECHANOWICZ Wiktor	260		POZNAŃ	M20	72	M 213	00:02:15	00:23:41	00:50:36.65	00:52:52.41	+00:17:33 (33.2%)	5:03	11.9 (69.6%)
247	WALENCIAK Michał	129	TARNOWO PODGÓRNE BIEGA	TARNOWO PODGÓRNE	M40	49	M 214	00:00:16	00:24:43	00:52:36.15	00:52:52.62	+00:17:33 (33.2%)	5:15	11.4 (66.7%)
248	MAJCHRZAK Szymon	466		SWARZĘDZ	M30	75	M 215	00:00:21	00:23:32	00:52:34.43	00:52:55.88	+00:17:37 (33.3%)	5:15	11.4 (66.7%)

249	GINTROWICZ Dominik	145		SWARZĘDZ	M20	73	M 216	00:00:40	00:23:43	00:52:20.42	00:53:00.73	+00:17:42 (33.4%)	5:14	11.5 (67.3%)
250	GAPSKI Robert	1195		KAZIMIERZ BISKUPI	M40	50	M 217	00:00:38	00:24:33	00:52:24.64	00:53:02.84	+00:17:44 (33.4%)	5:14	11.5 (67.3%)
251	REWERS Igor	943	NIGHT RUNNERS WRZESNIA	PSARY MAŁE	M20	74	M 218	00:00:42	00:24:59	00:52:21.25	00:53:03.98	+00:17:45 (33.5%)	5:14	11.5 (67.3%)
252	MILER Dariusz	790		SŁUPCA	M50	18	M 219	00:00:51	00:24:03	00:52:12.87	00:53:04.66	+00:17:46 (33.5%)	5:13	11.5 (67.3%)
253	JEZIERSKA Monika	483		WROCŁAW	K30	16	K 33	00:00:25	00:24:19	00:52:40.77	00:53:05.95	+00:17:47 (33.5%)	5:16	11.4 (66.7%)
254	ZIELIŃSKI Mateusz	1145	WARP	GOSTYŃ	M20	75	M 220	00:00:25	00:23:27	00:52:41.18	00:53:06.54	+00:17:47 (33.5%)	5:16	11.4 (66.7%)
255	ZYBURA Paweł	812	ALBIS	POZNAŃ	M40	51	M 221	00:00:50	00:24:28	00:52:16.76	00:53:07.13	+00:17:48 (33.5%)	5:13	11.5 (67.3%)
256	KLÓSKA Aleksandra	400		PRZEŻMIEROWO	K20	9	K 34	00:00:53	00:27:18	00:52:16.09	00:53:09.21	+00:17:50 (33.6%)	5:13	11.5 (67.3%)
257	ADAMCZYK Edyta	192	SAID TEAM	STRZAŁKOWO	K40	9	K 35	00:00:19	00:24:12	00:52:50.31	00:53:10.03	+00:17:51 (33.6%)	5:17	11.4 (66.7%)
258	SWOBODA Eliza	169		GARBY	K40	10	K 36	00:00:31	00:24:38	00:52:41.17	00:53:12.21	+00:17:53 (33.6%)	5:16	11.4 (66.7%)
259	BOHDANOWICZ Karolina	1186		POZNAŃ	K20	10	K 37	00:01:20	00:23:58	00:51:53.77	00:53:14.45	+00:17:55 (33.7%)	5:11	11.6 (67.8%)
260	KIRSCHENSTEIN Dominika	932		POZNAŃ	K30	17	K 38	00:00:19	00:24:07	00:52:58.98	00:53:18.54	+00:17:59 (33.8%)	5:17	11.3 (66.1%)
261	SULEJ-CHOJNACKA Joanna	194	SAID TEAM	ŁUBOWO	K40	11	K 39	00:00:19	00:24:33	00:53:00.97	00:53:20.67	+00:18:02 (33.8%)	5:18	11.3 (66.1%)
262	KŁOSKOWSKI Maciej	135		POZNAŃ	M20	76	M 222	00:00:23	00:23:29	00:53:00.78	00:53:24.74	+00:18:06 (33.9%)	5:18	11.3 (66.1%)
263		578	TATERSKI TEAM	SREM	M30	76	M 223	00:00:27	00:24:27	00:52:58.40	00:53:25.77	+00:18:07 (33.9%)	5:17	11.3 (66.1%)
264	ŁOPATA Piotr	353		POZNAŃ	M30	77	M 224	00:00:31	00:25:48	00:52:57.05	00:53:28.13	+00:18:09 (34.0%)	5:17	11.3 (66.1%)
265	MUSZYŃSKA Nina	211		POZNAŃ	K20	11	K 40	00:01:34	00:25:48	00:51:55.29	00:53:30.05	+00:18:11 (34.0%)	5:11	11.6 (67.8%)
266	PRZYBYLSKI Paweł	294		POZNAŃ	M20	77	M 225	00:01:20	00:25:37	00:52:10.87	00:53:31.02	+00:18:12 (34.0%)	5:13	11.5 (67.3%)
267	MASŁOŃ Mateusz	21		POZNAŃ	M30	78	M 226	00:00:43	00:24:45	00:52:51.75	00:53:34.95	+00:18:16 (34.1%)	5:17	11.4 (66.7%)
268	BOLEWSKI Andrzej	352		POZNAŃ	M40	52	M 227	00:01:23	00:24:28	00:52:13.74	00:53:37.05	+00:18:18 (34.1%)	5:13	11.5 (67.3%)
269	KĘDZIORA Weronika	869		KÓRNIK	K30	18	K 41	00:01:38	00:24:05	00:51:59.90	00:53:38.75	+00:18:20 (34.2%)	5:11	11.5 (67.3%)
270	KULCZAK Paweł	754	SFORA BMK	BRODOWO	M40	53	M 228	00:00:16	00:24:13	00:53:25.18	00:53:41.78	+00:18:23 (34.2%)	5:20	11.2 (65.5%)
271	BUDASZ Andrzej	1130	KB KOSYNIER WRZEŚNIA	LIPIE	M50	19	M 229	00:01:54	00:24:45	00:51:48.71	00:53:42.92	+00:18:24 (34.3%)	5:10	11.6 (67.8%)
272	PODHALICZ Krzysztof	1080		JASTROWIE	M20	78	M 230	00:01:15	00:24:15	00:52:33.36	00:53:49.07	+00:18:30 (34.4%)	5:15	11.4 (66.7%)
273	KAWA Wojciech	556		POZNAŃ	M30	79	M 231	00:00:39	00:23:49	00:53:17.39	00:53:56.66	+00:18:38 (34.5%)	5:19	11.3 (66.1%)
274	SIWEK Krzysztof	1185	MERIXSTUDIO	POZNAŃ	M30	80	M 232	00:00:12	00:23:18	00:53:47.12	00:53:59.82	+00:18:41 (34.6%)	5:22	11.2 (65.5%)
275	PIĄTEK Wojciech	1162		POZNAŃ	M30	81	M 233	00:00:20	00:24:22	00:53:40.84	00:54:01.75	+00:18:43 (34.6%)	5:22	11.2 (65.5%)
276	ŁABĘDZKI Piotr	1055		BOREK WIELKOPOLSKI	M40	54	M 234	00:00:13	00:24:34	00:53:49.58	00:54:02.92	+00:18:44 (34.7%)	5:22	11.1 (64.9%)
277	BURZYŃSKA Karolina	1346		STĘSZEW	K40	12	K 42	00:01:25	00:24:46	00:52:41.48	00:54:06.58	+00:18:47 (34.7%)	5:16	11.4 (66.7%)
278	KŁOS Wacław	20		POZNAŃ	M30	82	M 235	00:01:18	00:24:46	00:52:48.94	00:54:07.01	+00:18:48 (34.8%)	5:16	11.4 (66.7%)
279	MICHAŁSKI Michał	979	INT4	POZNAŃ	M40	55	M 236	00:01:08	00:24:38	00:52:59.32	00:54:07.36	+00:18:48 (34.8%)	5:17	11.3 (66.1%)

280	HRYNIEWICZ Rafał	1010	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	M40	56	M 237	00:00:16	00:24:01	00:53:52.94	00:54:09.03	+00:18:50 (34.8%)	5:23	11.1 (64.9%)
281	DOLNY Adrian	609		POZNAN	M40	57	M 238	00:01:25	00:24:46	00:52:44.00	00:54:09.57	+00:18:50 (34.8%)	5:16	11.4 (66.7%)
282	ŚWITEK Magdalena	764		KOŁUDA WIELKA	K30	19	K 43	00:01:47	00:24:39	00:52:24.32	00:54:11.50	+00:18:52 (34.8%)	5:14	11.5 (67.3%)
283	GRYNDA Michał	558		KALISZ	M30	83	M 239	00:01:58	00:25:50	00:52:12.98	00:54:11.62	+00:18:52 (34.8%)	5:13	11.5 (67.3%)
284	POLISHCHUK Danylo	225	NEW BALANCE RUN CLUB	POZNAŃ	M20	79	M 240	00:00:43	00:25:25	00:53:28.53	00:54:11.69	+00:18:53 (34.8%)	5:20	11.2 (65.5%)
285	RYBARCZYK Dariusz	62		POZNAŃ	M60	3	M 241	00:01:13	00:25:22	00:52:58.00	00:54:11.76	+00:18:53 (34.8%)	5:17	11.3 (66.1%)
286	RAKOWSKI Krystian	606		POZNAŃ	M20	80	M 242	00:00:36	00:25:40	00:53:37.56	00:54:13.91	+00:18:55 (34.9%)	5:21	11.2 (65.5%)
287	GAPSKA Agnieszka	1196		KAZIMIERZ BISKUPI	K30	20	K 44	00:00:38	00:24:33	00:53:36.94	00:54:15.00	+00:18:56 (34.9%)	5:21	11.2 (65.5%)
288	SOBCZAK Iwo	734		OSTRÓW WIELKOPOLSKI	M20	81	M 243	00:01:14	00:23:40	00:53:04.55	00:54:18.70	+00:19:00 (35.0%)	5:18	11.3 (66.1%)
289	LASKOWSKI Patryk	524		ŚWIEBODZIN	M30	84	M 244	00:01:55	00:24:39	00:52:24.37	00:54:19.92	+00:19:01 (35.0%)	5:14	11.5 (67.3%)
290	DURSKI Mateusz	574	LAFRENTZ	POZNAŃ	M20	82	M 245	00:01:21	00:25:25	00:52:59.10	00:54:20.83	+00:19:02 (35.0%)	5:17	11.3 (66.1%)
291	RATAJCZAK Mateusz	966		POZNAŃ	M20	83	M 246	00:00:40	00:25:05	00:53:42.67	00:54:23.52	+00:19:04 (35.1%)	5:22	11.2 (65.5%)
292	OGÓRKIEWICZ Maciej	967		POZNAŃ	M40	58	M 247	00:00:20	00:24:55	00:54:03.34	00:54:23.66	+00:19:05 (35.1%)	5:24	11.1 (64.9%)
293	PODSIADŁO Dagmara	79		POZNAŃ	K30	21	K 45	00:00:46	00:25:29	00:53:37.71	00:54:23.90	+00:19:05 (35.1%)	5:21	11.2 (65.5%)
294	STROIŃSKI Aleksander	18		POZNAŃ	M40	59	M 248	00:01:17	00:24:47	00:53:07.71	00:54:24.98	+00:19:06 (35.1%)	5:18	11.3 (66.1%)
295	ŚWIECICKA Renata	692		POZNAŃ	K30	22	K 46	00:01:35	00:26:22	00:52:51.38	00:54:26.97	+00:19:08 (35.1%)	5:17	11.4 (66.7%)
296	CZAJKOWSKI Tomasz	623		POZNAŃ	M30	85	M 249	00:01:18	00:24:45	00:53:10.29	00:54:29.25	+00:19:10 (35.2%)	5:19	11.3 (66.1%)
297	LEONENKO Olena	730		OSTRÓW WIELKOPOLSKI	K30	23	K 47	00:00:32	00:25:17	00:53:57.41	00:54:29.43	+00:19:10 (35.2%)	5:23	11.1 (64.9%)
298	HUDZIŃSKI Igor	360		GOSTYŃ	M20	84	M 250	00:01:55	00:23:59	00:52:38.32	00:54:34.06	+00:19:15 (35.3%)	5:15	11.4 (66.7%)
299	KARBOWY Szymon	408		GRUSZCZYN	M20	85	M 251	00:00:38	00:26:41	00:53:55.59	00:54:34.36	+00:19:15 (35.3%)	5:23	11.1 (64.9%)
300	CYBULSKI Paweł	98		DĄBRÓWKA	M40	60	M 252	00:00:42	00:24:45	00:53:52.47	00:54:34.69	+00:19:16 (35.3%)	5:23	11.1 (64.9%)
301	DUDA Patrycja	356		POZNAŃ	K20	12	K 48	00:00:32	00:24:50	00:54:04.85	00:54:37.00	+00:19:18 (35.3%)	5:24	11.1 (64.9%)
302	SIP Piotr	1292	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	M20	86	M 253	00:01:15	00:26:24	00:53:25.58	00:54:41.13	+00:19:22 (35.4%)	5:20	11.2 (65.5%)
303	KIELAR Marek	369		POZNAŃ	M30	86	M 254	00:02:51	00:24:11	00:51:54.92	00:54:45.96	+00:19:27 (35.5%)	5:11	11.6 (67.8%)
304	AWUKU Marlena	714		POZNAŃ	K40	13	K 49	00:01:58	00:24:20	00:52:48.70	00:54:47.37	+00:19:28 (35.6%)	5:16	11.4 (66.7%)
305	ZIARNIK Jakub	593		POZNAŃ	M20	87	M 255	00:00:27	00:26:04	00:54:27.40	00:54:55.27	+00:19:36 (35.7%)	5:26	11 (64.3%)
306	BRAJLICH Adam	952		POZNAŃ	M30	87	M 256	00:01:20	00:25:48	00:53:36.74	00:54:57.36	+00:19:38 (35.7%)	5:21	11.2 (65.5%)
307	KAROLIK Jan	948		POZNAŃ	M20	88	M 257	00:00:36	00:25:12	00:54:20.88	00:54:57.77	+00:19:39 (35.8%)	5:26	11 (64.3%)
308	NOWAK Joanna	813		GNIEZNO	K30	24	K 50	00:00:23	00:25:10	00:54:34.47	00:54:58.23	+00:19:39 (35.8%)	5:27	11 (64.3%)
309	LEWANDOWSKI Łukasz	1133	POZNAŃ	POZNAŃ	M40	61	M 258	00:00:40	00:24:38	00:54:17.51	00:54:58.43	+00:19:39 (35.8%)	5:25	11.1 (64.9%)
310	ZIELIŃSKA Milena	268		ZALASEWO	K40	14	K 51	00:01:01	00:25:44	00:53:57.97	00:54:59.28	+00:19:40 (35.8%)	5:23	11.1 (64.9%)

311	KORDAS Jan	1166		POZNAŃ	M20	89	M 259	00:01:23	00:25:56	00:53:37.33	00:55:00.80	+00:19:42 (35.8%)	5:21	11.2 (65.5%)
312	WÓJCIK Łukasz	313		POZNAŃ	M30	88	M 260	00:00:13	00:24:39	00:54:48.00	00:55:01.08	+00:19:42 (35.8%)	5:28	10.9 (63.7%)
313	JAMBROŹEK Sebastian	168	DRUZYNĄ SZPIKU	POZNAŃ	M40	62	M 261	00:00:30	00:24:45	00:54:31.77	00:55:02.56	+00:19:43 (35.8%)	5:27	11 (64.3%)
314	CZAPOWSKA-KURZAJ Aldona	342		POZNAN	K50	2	K 52	00:01:27	00:24:45	00:53:36.63	00:55:03.82	+00:19:45 (35.9%)	5:21	11.2 (65.5%)
315	JĘDRZEJEWSKI Krzysztof	167		POZNAŃ	M40	63	M 262	00:00:31	00:24:38	00:54:33.09	00:55:04.48	+00:19:45 (35.9%)	5:27	11 (64.3%)
316	WOJCIECHOWSKI Jan	458		ŚREM	M20	90	M 263	00:01:05	00:24:12	00:53:59.59	00:55:05.18	+00:19:46 (35.9%)	5:23	11.1 (64.9%)
317	SERÓWKA Kamil	849	DVL69	POZNAŃ	M30	89	M 264	00:00:29	00:25:55	00:54:37.85	00:55:07.82	+00:19:49 (36.0%)	5:27	11 (64.3%)
318		421		POZNAŃ	M40	64	M 265	00:01:43	00:25:19	00:53:25.18	00:55:08.67	+00:19:50 (36.0%)	5:20	11.2 (65.5%)
319	GRZECHOWIAK Maksymilian	186		WĄGROWIEC	M30	90	M 266	00:01:38	00:26:13	00:53:31.86	00:55:10.06	+00:19:51 (36.0%)	5:21	11.2 (65.5%)
320	SZMANIA Rafał	187		WĄGROWIEC	M20	91	M 267	00:01:37	00:26:14	00:53:32.47	00:55:10.13	+00:19:51 (36.0%)	5:21	11.2 (65.5%)
321	STRUŚ Rafał	928		SUCHY LAS	M40	65	M 268	00:00:13	00:25:49	00:54:57.31	00:55:10.69	+00:19:52 (36.0%)	5:29	10.9 (63.7%)
322	KOTERBA Piotr	717	31BLT	BNIN	M50	20	M 269	00:00:42	00:25:35	00:54:27.99	00:55:10.87	+00:19:52 (36.0%)	5:26	11 (64.3%)
323	KUBICKI Stanisław	852	HARPAGAN SOCIETY	SKOKI	M20	92	M 270	00:00:30	00:25:55	00:54:41.10	00:55:11.10	+00:19:52 (36.0%)	5:28	11 (64.3%)
324	LADRA Karina	1004		DOBRZYKOWICE	K30	25	K 53	00:00:22	00:25:05	00:54:49.02	00:55:11.78	+00:19:53 (36.0%)	5:28	10.9 (63.7%)
325	KOZIARA Krystyna	409		POZNAN	K60	1	K 54	00:00:00	00:25:22	00:55:12.97	00:55:12.97	+00:19:54 (36.1%)	5:31	10.9 (63.7%)
326	DOBRODZIEJ Damian	306		POZNAŃ	M40	66	M 271	00:00:22	00:25:06	00:54:51.90	00:55:14.06	+00:19:55 (36.1%)	5:29	10.9 (63.7%)
327	FELICZAK Małgorzata	1006		ŚREM	K40	15	K 55	00:01:02	00:25:05	00:54:13.97	00:55:16.06	+00:19:57 (36.1%)	5:25	11.1 (64.9%)
328	PUACZ Weronika	19		POZNAŃ	K30	26	K 56	00:01:17	00:24:52	00:53:58.59	00:55:16.23	+00:19:57 (36.1%)	5:23	11.1 (64.9%)
329	SZYMCZAK Patryk	1047		KÓRNIK	M30	91	M 272	00:01:40	00:24:17	00:53:38.26	00:55:18.47	+00:19:59 (36.2%)	5:21	11.2 (65.5%)
330	CZĄSTKA Dawid	114		STARE KUROWO	M20	93	M 273	00:00:41	00:25:12	00:54:37.60	00:55:19.04	+00:20:00 (36.2%)	5:27	11 (64.3%)
331	BASZKIEWICZ Wojciech	1137	GLEEDS	POZNAŃ	M30	92	M 274	00:00:49	00:25:20	00:54:30.52	00:55:20.10	+00:20:01 (36.2%)	5:27	11 (64.3%)
332	WOJCIECHOWSKI Andrzej	1136		KONARZEWO	M30	93	M 275	00:01:04	00:25:03	00:54:22.50	00:55:26.76	+00:20:08 (36.3%)	5:26	11 (64.3%)
333	MODRZEJEWSKI Krzysztof	320		PIEKARY	M30	94	M 276	00:00:34	00:24:52	00:54:52.70	00:55:26.86	+00:20:08 (36.3%)	5:29	10.9 (63.7%)
334	ANDRZEJEWSKI Adrian	944	NIGHT RUNNERS WRZESNIA	WRZEŚNIA	M40	67	M 277	00:00:20	00:26:07	00:55:06.21	00:55:26.97	+00:20:08 (36.3%)	5:30	10.9 (63.7%)
335	SZYMAŃSKI Max	196		POZNAŃ	M20	94	M 278	00:00:57	00:26:57	00:54:30.94	00:55:28.37	+00:20:09 (36.3%)	5:27	11 (64.3%)
336	URBAŃSKI Kamil	411		DACHOWA	M30	95	M 279	00:01:00	00:25:26	00:54:29.43	00:55:30.21	+00:20:11 (36.4%)	5:26	11 (64.3%)
337		274					2	00:01:39	00:25:56	00:53:53.61	00:55:32.74	+00:20:14 (36.4%)	5:23	11.1 (64.9%)
338	ZIÓŁKOWSKI Patryk	165	TRAIN WITH MERYNOS	SWARZĘDZ	M20	95	M 280	00:00:10	00:25:58	00:55:21.87	00:55:32.86	+00:20:14 (36.4%)	5:32	10.8 (63.2%)
339	STRZAŁKOWSKA Klaudia	1122		CZERWONAK	K20	13	K 57	00:01:37	00:25:29	00:53:56.79	00:55:34.58	+00:20:15 (36.5%)	5:23	11.1 (64.9%)
340	JAKUBOWSKA Kaja	668		POZNAŃ	K20	14	K 58	00:00:23	00:25:19	00:55:12.52	00:55:36.08	+00:20:17 (36.5%)	5:31	10.9 (63.7%)
341	PILAWSKI Ryszard	945	NOTEĆ OCR TEAM	CZARNKÓW	M50	21	M 281	00:00:10	00:24:04	00:55:27.25	00:55:37.41	+00:20:18 (36.5%)	5:32	10.8 (63.2%)

342	FABISIAK Paulina	641	PAPARO	POZNAŃ	K20	15	K 59	00:01:32	00:26:16	00:54:05.26	00:55:37.95	+00:20:19 (36.5%)	5:24	11.1 (64.9%)
343	GÓRKA Patryk	640	PAPARO	POZNAŃ	M20	96	M 282	00:01:32	00:26:17	00:54:05.19	00:55:37.97	+00:20:19 (36.5%)	5:24	11.1 (64.9%)
344	CEGIEL Robert	326		MIELESZYN	M20	97	M 283	00:00:34	00:24:56	00:55:04.32	00:55:38.96	+00:20:20 (36.5%)	5:30	10.9 (63.7%)
345	GAPSKA Rozalia	921	BIEGACZE JÓZEFA NOJI	PĘCKOWO	K20	16	K 60	00:00:14	00:25:08	00:55:25.59	00:55:40.48	+00:20:21 (36.6%)	5:32	10.8 (63.2%)
346	ROGOWSKA Julia	137		POZNAŃ	K20	17	K 61	00:00:22	00:25:17	00:55:18.64	00:55:41.11	+00:20:22 (36.6%)	5:31	10.8 (63.2%)
347	PUZIAK Tomasz	144	EKOTEL TEAM	KOZIEGŁOWY	M40	68	M 284	00:00:14	00:24:40	00:55:27.14	00:55:41.55	+00:20:22 (36.6%)	5:32	10.8 (63.2%)
348	TRESZCZYNSKI Arkadiusz	749		WROCŁAW	M40	69	M 285	00:00:22	00:24:41	00:55:20.47	00:55:42.83	+00:20:24 (36.6%)	5:32	10.8 (63.2%)
349	KOCZOROWSKI Piotr	490		LUBOŃ	M40	70	M 286	00:01:44	00:24:45	00:54:02.20	00:55:46.97	+00:20:28 (36.7%)	5:24	11.1 (64.9%)
350	LASKOWSKI Tomasz	525		POZNAŃ	M30	96	M 287	00:01:55	00:24:39	00:53:53.75	00:55:49.26	+00:20:30 (36.7%)	5:23	11.1 (64.9%)
351	KROLL Wojciech	829		POZNAŃ	M40	71	M 288	00:01:21	00:25:07	00:54:27.50	00:55:49.41	+00:20:30 (36.7%)	5:26	11 (64.3%)
352	JURGA Anna	238	JAN NIEZBĘDNY	POZNAŃ	K30	27	K 62	00:02:02	00:25:56	00:53:47.13	00:55:49.79	+00:20:31 (36.8%)	5:22	11.2 (65.5%)
353	WIRTH Adrian	850	@SEBASTIANKOWO	POZNAŃ	M30	97	M 289	00:00:29	00:25:46	00:55:21.00	00:55:50.05	+00:20:31 (36.8%)	5:32	10.8 (63.2%)
354	KUCZYŃSKI Andrzej	235	JAN NIEZBĘDNY	POZNAŃ	M50	22	M 290	00:02:02	00:25:57	00:53:47.52	00:55:50.11	+00:20:31 (36.8%)	5:22	11.2 (65.5%)
355	KUBIAK Mirosław	1111	GB WIELKOPOLSCY BIEGACZE	SWARZĘDZ	M60	4	M 291	00:00:22	00:25:14	00:55:29.23	00:55:52.08	+00:20:33 (36.8%)	5:32	10.8 (63.2%)
356	MARCINKOWSKA Aleksandra	93		POZNAŃ	K20	18	K 63	00:00:36	00:25:39	00:55:16.41	00:55:53.19	+00:20:34 (36.8%)	5:31	10.9 (63.7%)
357	SZYMANIAK Kinga	472		POZNAŃ	K30	28	K 64	00:01:22	00:25:24	00:54:33.10	00:55:55.88	+00:20:37 (36.9%)	5:27	11 (64.3%)
358	GALAS Szymon	279	DRUŻYNA UMP	POZNAŃ	M30	98	M 292	00:01:42	00:25:05	00:54:13.75	00:55:56.32	+00:20:37 (36.9%)	5:25	11.1 (64.9%)
359	NOCHOWICZ Marcin	428		ROKIETNICA	M30	99	M 293	00:01:16	00:25:24	00:54:41.77	00:55:58.76	+00:20:40 (36.9%)	5:28	11 (64.3%)
360	SZCZEPANIAK Anna	1176	VOX	POZNAŃ	K40	16	K 65	00:01:43	00:25:30	00:54:15.78	00:55:59.47	+00:20:40 (36.9%)	5:25	11.1 (64.9%)
361	SZALAMACHA Beata	1126		RADZEWO	K30	29	K 66	00:00:24	00:25:46	00:55:39.95	00:56:04.58	+00:20:45 (37.0%)	5:33	10.8 (63.2%)
362	SOLTYSIAK Patryk	75		POZNAŃ	M30	100	M 294	00:02:06	00:24:42	00:53:59.85	00:56:06.56	+00:20:47 (37.1%)	5:23	11.1 (64.9%)
363	GRZYBOWSKI Jakub	1109		POZNAŃ	M20	98	M 295	00:00:28	00:26:39	00:55:38.93	00:56:07.40	+00:20:48 (37.1%)	5:33	10.8 (63.2%)
364	KULCZYŃSKA Małgorzata	91		POZNAŃ	K30	30	K 67	00:00:19	00:25:20	00:55:48.55	00:56:08.36	+00:20:49 (37.1%)	5:34	10.8 (63.2%)
365	HEJNA Artur	337		CZESZEWO	M30	101	M 296	00:01:28	00:25:25	00:54:42.89	00:56:11.24	+00:20:52 (37.2%)	5:28	11 (64.3%)
366	ZIELIŃSKA Maria	750	WITKOWO BIEGA	OSINIEC	K20	19	K 68	00:00:48	00:25:25	00:55:25.69	00:56:13.84	+00:20:55 (37.2%)	5:32	10.8 (63.2%)
367	ANDREE Bartłomiej	136		LUBOŃ	M20	99	M 297	00:00:23	00:24:41	00:55:51.13	00:56:14.87	+00:20:56 (37.2%)	5:35	10.7 (62.6%)
368	KRAKOWSKA Wiktoria	291		TULCE	K20	20	K 69	00:00:51	00:26:12	00:55:24.87	00:56:15.99	+00:20:57 (37.2%)	5:32	10.8 (63.2%)
369	JÓZWIK Michał	253		POZNAŃ	M20	100	M 298	00:00:41	00:25:00	00:55:34.83	00:56:16.22	+00:20:57 (37.2%)	5:33	10.8 (63.2%)
370	SOBALA Artur	108	ALBIS	POZNAŃ	M30	102	M 299	00:00:48	00:26:17	00:55:29.26	00:56:17.42	+00:20:58 (37.3%)	5:32	10.8 (63.2%)
371	CZĘSTOCHOWSKI Arkadiusz	390		SWARZĘDZ	M40	72	M 300	00:01:13	00:25:47	00:55:03.73	00:56:17.46	+00:20:58 (37.3%)	5:30	10.9 (63.7%)
372	KOKOT Jeremiasz	611	WILDA BIEGA	POZNAŃ	M20	101	M 301	00:01:02	00:25:29	00:55:15.02	00:56:17.96	+00:20:59 (37.3%)	5:31	10.9 (63.7%)

373	PERZ Dariusz	868	SPORTOWY KAŻMIERZ	SZCZUCZYN	M30	103	M 302	00:01:34	00:26:22	00:54:43.45	00:56:18.14	+00:20:59 (37.3%)	5:28	11 (64.3%)
374	ROMANOWSKI Michał	304		POZNAŃ	M40	73	M 303	00:01:00	00:26:34	00:55:19.83	00:56:20.24	+00:21:01 (37.3%)	5:31	10.8 (63.2%)
375	MALACZYNSKI Mikołaj	262	LEGIMI	POZNAN	M30	104	M 304	00:01:18	00:25:07	00:55:07.37	00:56:25.56	+00:21:06 (37.4%)	5:30	10.9 (63.7%)
376	LIUBAS Irina	493		POZNAŃ	K20	21	K 70	00:00:41	00:25:58	00:55:44.23	00:56:25.83	+00:21:07 (37.4%)	5:34	10.8 (63.2%)
377		263	LEGIMI	POZNAN	K40	17	K 71	00:01:18	00:25:05	00:55:07.49	00:56:25.95	+00:21:07 (37.4%)	5:30	10.9 (63.7%)
378	WOLSKI Karol	1129		POZNAŃ	M30	105	M 305	00:00:33	00:26:04	00:55:52.96	00:56:26.71	+00:21:08 (37.4%)	5:35	10.7 (62.6%)
379	KALUŻNIAK-SZYMANOWSKA Ola	45		POZNAŃ	K30	31	K 72	00:01:22	00:25:37	00:55:06.05	00:56:28.38	+00:21:09 (37.5%)	5:30	10.9 (63.7%)
380	KOKOT Krzysztof	610	WILDA BIEGA	POZNAŃ	M50	23	M 306	00:01:03	00:25:29	00:55:26.11	00:56:29.57	+00:21:10 (37.5%)	5:32	10.8 (63.2%)
381	STYPCZYŃSKI Szymon	691		KÓRNIK	M20	102	M 307	00:01:27	00:25:55	00:55:03.38	00:56:30.81	+00:21:12 (37.5%)	5:30	10.9 (63.7%)
382	VOROBETS Inna	1105		POZNAŃ	K30	32	K 73	00:00:28	00:27:33	00:56:03.41	00:56:32.09	+00:21:13 (37.5%)	5:36	10.7 (62.6%)
383	SZEDLBAUER Adam	1140		POZNAŃ	M20	103	M 308	00:01:19	00:26:14	00:55:15.64	00:56:34.83	+00:21:16 (37.6%)	5:31	10.9 (63.7%)
384	WISNIEWSKI Kosma	23		PALEDZIE	M20	104	M 309	00:01:14	00:25:55	00:55:23.27	00:56:37.92	+00:21:19 (37.6%)	5:32	10.8 (63.2%)
385	WEINKAUF Jonasz	549	IKEA RETAIL SP. Z O.O.	POZNAŃ	M20	105	M 310	00:00:18	00:27:37	00:56:19.92	00:56:38.25	+00:21:19 (37.7%)	5:37	10.7 (62.6%)
386	BIAŁECKA Kornelia	636	FITBOX TEAM	MIĘDZYCHÓD	K20	22	K 74	00:00:26	00:26:09	00:56:13.48	00:56:39.63	+00:21:20 (37.7%)	5:37	10.7 (62.6%)
387	PUACZ Michał	16		POZNAŃ	M30	106	M 311	00:01:17	00:26:12	00:55:22.47	00:56:40.24	+00:21:21 (37.7%)	5:32	10.8 (63.2%)
388	WRÓBLEWSKA Małgorzata	1058		OBORNIKI	K50	3	K 75	00:00:32	00:26:07	00:56:09.29	00:56:41.38	+00:21:22 (37.7%)	5:36	10.7 (62.6%)
389		709		POZNAŃ	K20	23	K 76	00:00:43	00:26:06	00:55:58.84	00:56:42.53	+00:21:23 (37.7%)	5:35	10.7 (62.6%)
390	SPYCHAŁA Jacek	46		SZAMOTUŁY	M40	74	M 312	00:00:44	00:25:47	00:55:59.38	00:56:43.63	+00:21:24 (37.8%)	5:35	10.7 (62.6%)
391	KMIECIK Mateusz	455	G-RUN-WALD	POZNAŃ	M30	107	M 313	00:00:36	00:26:40	00:56:09.72	00:56:46.11	+00:21:27 (37.8%)	5:36	10.7 (62.6%)
392	JASZCZYŃSKI Tomasz	1148		BRODOWO	M20	106	M 314	00:01:19	00:26:00	00:55:27.86	00:56:47.45	+00:21:28 (37.8%)	5:32	10.8 (63.2%)
393	GROBELNY Jarek	935	STOLICA EXPERYMENTU	GNIEZNO	M50	24	M 315	00:00:41	00:25:07	00:56:05.84	00:56:47.59	+00:21:28 (37.8%)	5:36	10.7 (62.6%)
394	SALAMON-BANASZAK Martyna	514	SALEZJANIE	ZBRUDZEWO, WIELKOPOLSKIE	K30	33	K 77	00:00:19	00:25:56	00:56:28.66	00:56:48.62	+00:21:29 (37.8%)	5:38	10.6 (62.0%)
395	ŻABIŃSKA Afrodyta	445		KRUSZEWNIA	K20	24	K 78	00:00:38	00:25:53	00:56:10.59	00:56:48.77	+00:21:30 (37.8%)	5:37	10.7 (62.6%)
396	KĄKOL Marek	810		SIERAKÓW	M50	25	M 316	00:01:09	00:26:52	00:55:39.48	00:56:48.82	+00:21:30 (37.8%)	5:33	10.8 (63.2%)
397	ZJAWIONA Katarzyna	603		RABOWICE	K30	34	K 79	00:01:14	00:25:45	00:55:38.65	00:56:53.24	+00:21:34 (37.9%)	5:33	10.8 (63.2%)
398	KANIA Karina	1160		POZNAŃ	K30	35	K 80	00:00:44	00:26:08	00:56:09.32	00:56:53.41	+00:21:34 (37.9%)	5:36	10.7 (62.6%)
399	ŁUKOMSKI Dominik	74		POZNAŃ	M20	107	M 317	00:00:52	00:25:12	00:56:01.03	00:56:53.78	+00:21:35 (37.9%)	5:36	10.7 (62.6%)
400	JEZIERSKI Tomasz	484		WROCŁAW	M30	108	M 318	00:00:25	00:26:10	00:56:29.80	00:56:54.83	+00:21:36 (38.0%)	5:38	10.6 (62.0%)
401	RANZ Angelika	432		POZNAŃ	K20	25	K 81	00:00:14	00:25:53	00:56:43.07	00:56:57.67	+00:21:39 (38.0%)	5:40	10.6 (62.0%)
402	CHMARA-GUBERNAT Anna	628		TARNOWO PODGÓRNE	K30	36	K 82	00:01:52	00:27:12	00:55:05.41	00:56:58.28	+00:21:39 (38.0%)	5:30	10.9 (63.7%)
403	WITKOWSKA Jagoda	375		POZNAŃ	K30	37	K 83	00:01:55	00:26:31	00:55:02.94	00:56:58.76	+00:21:40 (38.0%)	5:30	10.9 (63.7%)

404	KURAS Damian	930		POZNAŃ	M30	109	M 319	00:00:32	00:27:39	00:56:27.53	00:56:59.87	+00:21:41 (38.0%)	5:38	10.6 (62.0%)
405	URBAN Artur	157		TANIBÓRZ	M40	75	M 320	00:00:39	00:26:22	00:56:21.38	00:57:01.03	+00:21:42 (38.1%)	5:38	10.6 (62.0%)
406	WIŚNIEWSKI Kacper	760	-	SKÓRZEWO	M20	108	M 321	00:01:04	00:24:33	00:55:57.11	00:57:01.87	+00:21:43 (38.1%)	5:35	10.7 (62.6%)
407	ADAMCZYK Maciej	160		SĘDZICE	M30	110	M 322	00:01:24	00:25:58	00:55:37.80	00:57:02.79	+00:21:44 (38.1%)	5:33	10.8 (63.2%)
408	JERZYŃSKI Krzysztof	601		POZNAŃ	M20	109	M 323	00:01:16	00:25:53	00:55:46.26	00:57:02.84	+00:21:44 (38.1%)	5:34	10.8 (63.2%)
409	NOWAK Adam	267		BORNE SULINOWO	M20	110	M 324	00:01:52	00:27:14	00:55:10.46	00:57:02.86	+00:21:44 (38.1%)	5:31	10.9 (63.7%)
410	CHWEDCZUK Tomasz	275		POZNAŃ	M30	111	M 325	00:00:27	00:26:18	00:56:40.04	00:57:07.25	+00:21:48 (38.2%)	5:40	10.6 (62.0%)
411	MOŚCICKI Igor	968		POZNAN	M40	76	M 326	00:00:34	00:24:20	00:56:34.01	00:57:08.18	+00:21:49 (38.2%)	5:39	10.6 (62.0%)
412	LAMBRYCZAK Piotr	206		RABOWICE	M30	112	M 327	00:00:42	00:26:32	00:56:26.93	00:57:09.20	+00:21:50 (38.2%)	5:38	10.6 (62.0%)
413	HURNIK Mateusz	88		POZNAŃ	M20	111	M 328	00:00:37	00:27:14	00:56:32.50	00:57:09.80	+00:21:51 (38.2%)	5:39	10.6 (62.0%)
414	KRYSTKIEWICZ Jakub	1175	IKEA	POZNAŃ	M20	112	M 329	00:00:18	00:26:22	00:56:51.75	00:57:10.18	+00:21:51 (38.2%)	5:41	10.6 (62.0%)
415	STRUSKI Jan	84		POZNAŃ	M30	113	M 330	00:00:29	00:25:53	00:56:43.88	00:57:13.47	+00:21:54 (38.3%)	5:40	10.6 (62.0%)
416		339		POZNAŃ	K20	26	K 84	00:00:32	00:26:05	00:56:40.82	00:57:13.80	+00:21:55 (38.3%)	5:40	10.6 (62.0%)
417	ZBUCKI Przemysław	264		POZNAŃ	M40	77	M 331	00:02:21	00:25:55	00:54:59.36	00:57:20.45	+00:22:01 (38.4%)	5:29	10.9 (63.7%)
418	WIERTELAK Szymon	874		POZNAŃ	M50	26	M 332	00:00:26	00:25:19	00:56:58.99	00:57:25.19	+00:22:06 (38.5%)	5:41	10.5 (61.4%)
419	KIRSZKE Justyna	929		RYDZYNA	K40	18	K 85	00:01:27	00:25:40	00:55:59.31	00:57:26.34	+00:22:07 (38.5%)	5:35	10.7 (62.6%)
420	PISZCZEK Piotr	99	IKEA	POZNAŃ	M40	78	M 333	00:00:18	00:24:24	00:57:08.55	00:57:26.61	+00:22:07 (38.5%)	5:42	10.5 (61.4%)
421	GRZYBOWSKI Piotr	696	IKEA	POZNAŃ	M30	114	M 334	00:00:17	00:24:25	00:57:08.92	00:57:26.67	+00:22:08 (38.5%)	5:42	10.5 (61.4%)
422	DUTKIEWICZ Katarzyna	303	IKEA	POZNAŃ	K40	19	K 86	00:00:16	00:26:08	00:57:10.30	00:57:27.10	+00:22:08 (38.5%)	5:43	10.5 (61.4%)
423	CEPA Natalia	301	IKEA	KONINKO	K30	38	K 87	00:00:16	00:26:08	00:57:10.94	00:57:27.94	+00:22:09 (38.6%)	5:43	10.5 (61.4%)
424	ŻELAZEK Tomasz	651		POZNAŃ	M40	79	M 335	00:00:40	00:27:10	00:56:47.60	00:57:28.07	+00:22:09 (38.6%)	5:40	10.6 (62.0%)
425	ORAWIEC Krzysztof	276		POZNAŃ	M30	115	M 336	00:00:27	00:27:00	00:57:01.47	00:57:28.75	+00:22:10 (38.6%)	5:42	10.5 (61.4%)
426	PIETRUSIEWICZ Weronika	531		POZNAŃ	K20	27	K 88	00:00:36	00:25:52	00:56:57.04	00:57:33.55	+00:22:14 (38.7%)	5:41	10.5 (61.4%)
427	ZIELIŃSKI Marcin	940		MOSINA	M40	80	M 337	00:00:19	00:26:25	00:57:15.44	00:57:34.58	+00:22:15 (38.7%)	5:43	10.5 (61.4%)
428	WAŃSKI Przemysław	670		POZNAŃ	M40	81	M 338	00:01:45	00:25:28	00:55:53.85	00:57:39.52	+00:22:20 (38.8%)	5:35	10.7 (62.6%)
429	WOLNIAKOWSKA Ewa	1092		POZNAŃ	K40	20	K 89	00:01:29	00:26:42	00:56:11.44	00:57:41.02	+00:22:22 (38.8%)	5:37	10.7 (62.6%)
430	ROZMARNIEWICZ Adrian	1119	GLEEDS	POZNAŃ	M30	116	M 339	00:00:49	00:27:05	00:56:51.17	00:57:41.13	+00:22:22 (38.8%)	5:41	10.6 (62.0%)
431	LANGE Marcin	365		ŚREM	M40	82	M 340	00:00:28	00:26:23	00:57:14.19	00:57:42.82	+00:22:24 (38.8%)	5:43	10.5 (61.4%)
432	KASPROWICZ Szymon	314		PUSZCZYKOWO	M50	27	M 341	00:00:23	00:25:54	00:57:20.02	00:57:43.61	+00:22:24 (38.8%)	5:44	10.5 (61.4%)
433	ĆWIKLIŃSKI Alex	612	RUN	POZNAŃ	M20	113	M 342	00:00:52	00:27:53	00:56:51.47	00:57:43.72	+00:22:25 (38.8%)	5:41	10.6 (62.0%)
434	KŁOBUCHOWSKI Szymon	125	LEGIMI	POZNAŃ	M30	117	M 343	00:01:13	00:26:44	00:56:30.95	00:57:44.69	+00:22:26 (38.9%)	5:39	10.6 (62.0%)

435	PIASNY Jakub	317		POZNAŃ	M40	83	M 344	00:00:35	00:26:19	00:57:09.06	00:57:44.76	+00:22:26 (38.9%)	5:42	10.5 (61.4%)
436	KRZESZOWIEC-GRZYBOWSKA Barbara	1112		POZNAŃ	K20	28	K 90	00:00:28	00:26:59	00:57:16.85	00:57:45.06	+00:22:26 (38.9%)	5:43	10.5 (61.4%)
437	GOLIWAŚ Patrycja	48		RABOWICE	K30	39	K 91	00:00:43	00:26:07	00:57:02.41	00:57:45.98	+00:22:27 (38.9%)	5:42	10.5 (61.4%)
438	MALIŃSKA Anna	765	NIGHT RUNNERS	POZNAŃ	K40	21	K 92	00:00:16	00:26:30	00:57:32.22	00:57:48.80	+00:22:30 (38.9%)	5:45	10.4 (60.8%)
439	TAPEK Katarzyna	604		POZNAŃ	K30	40	K 93	00:00:20	00:25:55	00:57:29.29	00:57:49.75	+00:22:31 (38.9%)	5:44	10.4 (60.8%)
440	RÓŻYŃSKA Aneta	163		POZNAŃ	K30	41	K 94	00:01:05	00:26:45	00:56:45.31	00:57:51.11	+00:22:32 (39.0%)	5:40	10.6 (62.0%)
441	MOKRACKI Mateusz	1194	ZIELONA ENKLAWA	JANOWO	M30	118	M 345	00:01:01	00:25:58	00:56:50.59	00:57:51.74	+00:22:33 (39.0%)	5:41	10.6 (62.0%)
442	WALKOWIAK Mateusz	489		ŁUGI	M30	119	M 346	00:01:22	00:26:39	00:56:29.12	00:57:51.93	+00:22:33 (39.0%)	5:38	10.6 (62.0%)
443	PANKOWSKA Eryka	720		POZNAŃ	K20	29	K 95	00:00:24	00:27:15	00:57:30.62	00:57:55.23	+00:22:36 (39.0%)	5:45	10.4 (60.8%)
444	LORETAŃSKA Justyna	221		POZNAŃ	K40	22	K 96	00:01:03	00:25:56	00:56:52.11	00:57:55.44	+00:22:36 (39.0%)	5:41	10.6 (62.0%)
445	STUMSKI Karol	500		POZNAŃ	M20	114	M 347	00:01:02	00:25:28	00:56:56.42	00:57:58.58	+00:22:39 (39.1%)	5:41	10.5 (61.4%)
446	KOZAK Piotr	518		POZNAŃ	M30	120	M 348	00:00:35	00:26:12	00:57:25.17	00:58:00.60	+00:22:41 (39.1%)	5:44	10.4 (60.8%)
447	KALUŻNY Łukasz	1062	BIEGAM O 4 RANO	POZNAN	M40	84	M 349	00:00:23	00:27:27	00:57:40.14	00:58:04.06	+00:22:45 (39.2%)	5:46	10.4 (60.8%)
448	KOPCZYŃSKI Piotr	318	LAFRENTZ	POZNAŃ	M20	115	M 350	00:02:15	00:25:49	00:55:51.06	00:58:06.72	+00:22:48 (39.2%)	5:35	10.7 (62.6%)
449	PIASKOWSKI Mateusz	978	POZNAŃ	POZNAŃ	M30	121	M 351	00:01:36	00:26:37	00:56:30.64	00:58:06.76	+00:22:48 (39.2%)	5:39	10.6 (62.0%)
450	JUREK Andrzej	621		POBIEDZISKA	M30	122	M 352	00:01:54	00:25:49	00:56:12.61	00:58:07.23	+00:22:48 (39.2%)	5:37	10.7 (62.6%)
451	BLASZAK Monika	1192	NIGHT RUNNERS WRZESNIA	WRZEŚNIA	K40	23	K 97	00:00:41	00:26:21	00:57:25.86	00:58:07.33	+00:22:48 (39.2%)	5:44	10.4 (60.8%)
452	MELKA Dariusz	1188	NIGHT RUNNERS WRZESNIA	WRZEŚNIA	M40	85	M 353	00:00:41	00:26:20	00:57:25.95	00:58:07.36	+00:22:48 (39.2%)	5:44	10.4 (60.8%)
453	CHLEBOWSKI Wojciech	587		POZNAŃ	M30	123	M 354	00:00:50	00:26:15	00:57:19.23	00:58:09.54	+00:22:50 (39.3%)	5:43	10.5 (61.4%)
454	FIEDOSEWICZ Igor	469		KOŁOBRZEG	M20	116	M 355	00:00:30	00:27:11	00:57:39.75	00:58:09.98	+00:22:51 (39.3%)	5:45	10.4 (60.8%)
455	SZCZĘŚNIAK Piotr	56		POZNAŃ	M40	86	M 356	00:01:42	00:26:31	00:56:27.86	00:58:10.47	+00:22:51 (39.3%)	5:38	10.6 (62.0%)
456	PYTLAK Alicja	975		POZNAŃ	K30	42	K 98	00:01:43	00:26:57	00:56:26.62	00:58:10.60	+00:22:51 (39.3%)	5:38	10.6 (62.0%)
457	NOWAKOWSKA Monika	55	VOX	POZNAŃ	K30	43	K 99	00:01:42	00:26:31	00:56:28.62	00:58:11.12	+00:22:52 (39.3%)	5:38	10.6 (62.0%)
458	JABŁOŃSKA Olga	956		STRZELCE KRAJEŃSKIE	K40	24	K 100	00:01:33	00:27:11	00:56:39.56	00:58:13.13	+00:22:54 (39.3%)	5:39	10.6 (62.0%)
459	PANEK Piotr	207		POZNAŃ	M40	87	M 357	00:00:42	00:26:44	00:57:31.94	00:58:13.99	+00:22:55 (39.4%)	5:45	10.4 (60.8%)
460	KACPEROWSKA Katarzyna	1094	KILOMETRY ZBIERAMY	LUBOŃ	K50	4	K 101	00:02:18	00:25:48	00:55:55.53	00:58:14.34	+00:22:55 (39.4%)	5:35	10.7 (62.6%)
461	MATYSIAK Magdalena	515	POWRÓT DO KORZENI	POZNAŃ	K40	25	K 102	00:00:19	00:26:17	00:57:55.45	00:58:14.81	+00:22:56 (39.4%)	5:47	10.4 (60.8%)
462	GUMKOWSKA Olga	471		POZNAŃ	K30	44	K 103	00:01:24	00:27:14	00:56:50.50	00:58:15.24	+00:22:56 (39.4%)	5:41	10.6 (62.0%)
463	PALUSZKIEWICZ Emilia	5		TULCE	K30	45	K 104	00:01:21	00:26:46	00:56:54.97	00:58:16.51	+00:22:57 (39.4%)	5:41	10.5 (61.4%)
464	SWOREK Basia	193	NIGHT RUNNERS WRZESNIA	WRZEŚNIA	K40	26	K 105	00:00:20	00:27:44	00:57:55.99	00:58:16.75	+00:22:58 (39.4%)	5:47	10.4 (60.8%)
465	WALCZAK Małgorzata	713	CYTADELA BY NIGHT	POZNAŃ	K40	27	K 106	00:00:21	00:26:27	00:57:55.13	00:58:16.80	+00:22:58 (39.4%)	5:47	10.4 (60.8%)

466	SZUKALA Izabela	573		POZNAŃ	K30	46	K 107	00:00:46	00:27:29	00:57:30.75	00:58:17.45	+00:22:58 (39.4%)	5:45	10.4 (60.8%)
467	CHOLEWCZYŃSKI Łukasz	1079		POZNAŃ	M20	117	M 358	00:01:23	00:27:16	00:56:55.67	00:58:18.81	+00:23:00 (39.4%)	5:41	10.5 (61.4%)
468	WIŚNIEWSKA Agnieszka	228		POZNAŃ	K40	28	K 108	00:00:53	00:27:04	00:57:27.80	00:58:21.22	+00:23:02 (39.5%)	5:44	10.4 (60.8%)
469	SENKTAS Łukasz	7		TULCE	M40	88	M 359	00:01:22	00:27:02	00:56:58.74	00:58:21.47	+00:23:02 (39.5%)	5:41	10.5 (61.4%)
470	SZUFLADA Karolina	281		POZNAŃ	K40	29	K 109	00:00:25	00:26:35	00:57:59.08	00:58:24.37	+00:23:05 (39.5%)	5:47	10.3 (60.2%)
471		987		POZNAN	M20	118	M 360	00:00:36	00:25:52	00:57:48.70	00:58:25.34	+00:23:06 (39.6%)	5:46	10.4 (60.8%)
472	RYBAKOWSKI Edmund	491		SWARZEDZ	M60	5	M 361	00:00:39	00:26:00	00:57:47.26	00:58:26.42	+00:23:07 (39.6%)	5:46	10.4 (60.8%)
473	GRYGIEL Jakub	789		JAROCIN	M20	119	M 362	00:01:31	00:27:28	00:56:57.01	00:58:28.10	+00:23:09 (39.6%)	5:41	10.5 (61.4%)
474	ABRAMCZEWSKA Justyna	1173	WARTECKA TEAM	ZANIEMYŚL	K30	47	K 110	00:01:15	00:26:42	00:57:15.55	00:58:30.56	+00:23:11 (39.6%)	5:43	10.5 (61.4%)
475	HLIWA Maria	551	MIESZANE MIESZANE	POZNAN	K20	30	K 111	00:01:26	00:27:19	00:57:05.94	00:58:32.57	+00:23:13 (39.7%)	5:42	10.5 (61.4%)
476	PALICHUK Dmytro	617		POZNAŃ	M30	124	M 363	00:01:40	00:26:02	00:56:52.89	00:58:33.29	+00:23:14 (39.7%)	5:41	10.6 (62.0%)
477	DZIUBA Oliwia	941		CHODZIEŻ	K20	31	K 112	00:00:18	00:27:15	00:58:16.12	00:58:35.05	+00:23:16 (39.7%)	5:49	10.3 (60.2%)
478	JAKUBOWSKA Agata	1159		KÓRNIK	K30	48	K 113	00:00:30	00:26:42	00:58:07.03	00:58:37.74	+00:23:19 (39.8%)	5:48	10.3 (60.2%)
479	ROŻEK Dominik	915		ZALASEWO	M30	125	M 364	00:00:59	00:28:03	00:57:38.52	00:58:38.06	+00:23:19 (39.8%)	5:45	10.4 (60.8%)
480	DRZEWIECKA-KATULSKA Justyna	847		NIECHANOWO	K30	49	K 114	00:01:12	00:28:12	00:57:26.72	00:58:38.86	+00:23:20 (39.8%)	5:44	10.4 (60.8%)
481	BANICKI Adam	688		KŁECKO	M20	120	M 365	00:01:13	00:28:11	00:57:26.06	00:58:39.14	+00:23:20 (39.8%)	5:44	10.4 (60.8%)
482	LEMANIK Izabella	685		POZNAŃ	K30	50	K 115	00:00:58	00:26:37	00:57:40.92	00:58:39.18	+00:23:20 (39.8%)	5:46	10.4 (60.8%)
483	KOZHUKHOVA Mariia	243		POZNAŃ	K40	30	K 116	00:00:31	00:27:01	00:58:12.37	00:58:43.41	+00:23:24 (39.9%)	5:49	10.3 (60.2%)
484	DĄBROWSKI Adam	656		POZNAŃ	M40	89	M 366	00:00:16	00:27:10	00:58:30.03	00:58:46.30	+00:23:27 (39.9%)	5:51	10.3 (60.2%)
485	TEREBELSKA Karina	960		MUROWANA GOŚLINA	K40	31	K 117	00:01:23	00:27:40	00:57:22.53	00:58:46.44	+00:23:27 (39.9%)	5:44	10.5 (61.4%)
486	SOCHA Damian	767		KOZIEGŁOWY	M40	90	M 367	00:01:23	00:27:40	00:57:22.75	00:58:46.68	+00:23:28 (39.9%)	5:44	10.5 (61.4%)
487	JANKOWSKA Maria	223		POZNAŃ	K40	32	K 118	00:01:03	00:27:14	00:57:43.82	00:58:47.08	+00:23:28 (39.9%)	5:46	10.4 (60.8%)
488	JANASZAK Klaudia	642		POZNAŃ	K20	32	K 119	00:00:29	00:27:44	00:58:21.48	00:58:51.27	+00:23:32 (40.0%)	5:50	10.3 (60.2%)
489	MAŁYCHA Marcin	1046	WIARA LECHA POZNAŃ FUTSAL	ZBĄSZYŃ	M20	121	M 368	00:02:08	00:28:31	00:56:43.35	00:58:51.61	+00:23:32 (40.0%)	5:40	10.6 (62.0%)
490	ZAJĄCZKOWSKA Krystyna	448		BABKI	K60	2	K 120	00:00:37	00:26:35	00:58:15.10	00:58:52.75	+00:23:34 (40.0%)	5:49	10.3 (60.2%)
491	CZAJA Łukasz	430		POZNAŃ	M30	126	M 369	00:01:24	00:27:32	00:57:28.69	00:58:53.38	+00:23:34 (40.0%)	5:44	10.4 (60.8%)
492	KIEŁB Robert	155	4BLOG	ŚRODA WIELKOPOLSKA	M40	91	M 370	00:00:16	00:27:10	00:58:38.65	00:58:54.80	+00:23:36 (40.1%)	5:51	10.2 (59.6%)
493	PRINC Marcin	351		POZNAŃ	M40	92	M 371	00:01:49	00:27:35	00:57:06.30	00:58:55.88	+00:23:37 (40.1%)	5:42	10.5 (61.4%)
494	JASINIAK Jeremi	1048		POZNAŃ	M20	122	M 372	00:02:09	00:28:30	00:56:47.34	00:58:56.43	+00:23:37 (40.1%)	5:40	10.6 (62.0%)
495	TOMASZEWSKI Dominik	1179		PIŁA	M40	93	M 373	00:01:23	00:26:34	00:57:32.86	00:58:56.58	+00:23:37 (40.1%)	5:45	10.4 (60.8%)
496	NOWAKOWSKA Paulina	761	GLEEDS	POZNAŃ	K40	33	K 121	00:00:49	00:27:05	00:58:08.91	00:58:58.61	+00:23:39 (40.1%)	5:48	10.3 (60.2%)

497	JACKOWSKI Jacek	602		POZNAN	M40	94	M 374	00:01:53	00:27:28	00:57:05.59	00:58:59.12	+00:23:40 (40.1%)	5:42	10.5 (61.4%)
498	KOS Kacper	479		POZNAŃ	M20	123	M 375	00:02:14	00:26:57	00:56:45.27	00:58:59.43	+00:23:40 (40.1%)	5:40	10.6 (62.0%)
499	WAGNER Waldemar	92		POZNAŃ	M20	124	M 376	00:00:36	00:27:22	00:58:23.26	00:59:00.03	+00:23:41 (40.2%)	5:50	10.3 (60.2%)
500	LISSOŃ Maria	946	PARKRUN LASEK MARCELIŃSKI	DOPIEWIEC	K30	51	K 122	00:00:33	00:26:20	00:58:27.05	00:59:00.29	+00:23:41 (40.2%)	5:50	10.3 (60.2%)
501		72		KONARSKIE	M30	127	M 377	00:01:52	00:27:49	00:57:09.38	00:59:01.51	+00:23:42 (40.2%)	5:42	10.5 (61.4%)
502	SYRYŁO Krzysztof	680		GARBY	M40	95	M 378	00:01:31	00:27:28	00:57:30.72	00:59:01.84	+00:23:43 (40.2%)	5:45	10.4 (60.8%)
503	TRAWIŃSKA Edyta	1071		WIRY	K40	34	K 123	00:01:32	00:27:13	00:57:31.20	00:59:03.59	+00:23:44 (40.2%)	5:45	10.4 (60.8%)
504	DRABIK Monika	1182		SKÓRZEWO	K30	52	K 124	00:01:34	00:27:20	00:57:33.08	00:59:07.19	+00:23:48 (40.3%)	5:45	10.4 (60.8%)
505	JANKOWSKA Maryna	488		POZNAŃ	K20	33	K 125	00:00:21	00:26:37	00:58:47.13	00:59:09.12	+00:23:50 (40.3%)	5:52	10.2 (59.6%)
506		487		POZNAŃ	M50	28	M 379	00:00:22	00:26:36	00:58:46.76	00:59:09.33	+00:23:50 (40.3%)	5:52	10.2 (59.6%)
507	PUCHALSKA Barbara	652		POZNAŃ	K20	34	K 126	00:00:42	00:27:21	00:58:27.58	00:59:10.08	+00:23:51 (40.3%)	5:50	10.3 (60.2%)
508	BIEDRZYCKI Marcin	278		MILANÓWEK	M50	29	M 380	00:02:13	00:26:51	00:56:57.22	00:59:10.68	+00:23:52 (40.3%)	5:41	10.5 (61.4%)
509	DĄDAJ Ania	973		NEKLA	K30	53	K 127	00:00:15	00:27:23	00:58:56.55	00:59:11.75	+00:23:53 (40.3%)	5:53	10.2 (59.6%)
510	FIGARSKI Rafał	1199		POZNAŃ	M40	96	M 381	00:01:31	00:26:58	00:57:43.94	00:59:15.82	+00:23:57 (40.4%)	5:46	10.4 (60.8%)
511	POTOCKA Agnieszka	737		NOCHOWO	K30	54	K 128	00:01:10	00:28:11	00:58:05.43	00:59:16.32	+00:23:57 (40.4%)	5:48	10.3 (60.2%)
512	JAKUBOWSKA Ela	173		SWARZĘDZ	K40	35	K 129	00:00:31	00:27:41	00:58:50.24	00:59:21.75	+00:24:03 (40.5%)	5:53	10.2 (59.6%)
513	OBDERKO-DOPIERAŁA Jan	355		POZNAŃ	M20	125	M 382	00:00:00	00:28:25	00:59:22.08	00:59:22.08	+00:24:03 (40.5%)	5:56	10.1 (59.1%)
514	PITOŃ Hanna	522	LAFRENTZ	KAMIONKI	K20	35	K 130	00:01:30	00:26:30	00:57:52.50	00:59:23.38	+00:24:04 (40.5%)	5:47	10.4 (60.8%)
515	HEISA Svitlana	751	LEGNICA	LEGNICA	K40	36	K 131	00:00:58	00:27:37	00:58:24.66	00:59:23.58	+00:24:04 (40.5%)	5:50	10.3 (60.2%)
516	MULARCZYK Paulina	839		POZNAŃ	K20	36	K 132	00:00:58	00:26:50	00:58:26.87	00:59:24.91	+00:24:06 (40.6%)	5:50	10.3 (60.2%)
517	KAROŃ Konrad	836		POZNAŃ	M20	126	M 383	00:00:58	00:26:51	00:58:27.09	00:59:25.49	+00:24:06 (40.6%)	5:50	10.3 (60.2%)
518	KRYSTKOWSKI Adrian	757	ALBIS	POZNAŃ	M40	97	M 384	00:00:50	00:27:20	00:58:36.52	00:59:26.97	+00:24:08 (40.6%)	5:51	10.2 (59.6%)
519	JAKUBOWSKI Paweł	618		POZNAŃ	M40	98	M 385	00:00:48	00:27:46	00:58:38.76	00:59:27.51	+00:24:08 (40.6%)	5:51	10.2 (59.6%)
520	SKRZYPCZAK Norbert	441		POZNAŃ	M30	128	M 386	00:01:10	00:27:55	00:58:18.99	00:59:29.42	+00:24:10 (40.6%)	5:49	10.3 (60.2%)
521	KOZDROWSKA Klaudia	305	INTOP	SŁUPSK	K30	55	K 133	00:00:20	00:26:58	00:59:09.39	00:59:30.20	+00:24:11 (40.7%)	5:54	10.1 (59.1%)
522	HETNAŁ Sandra	13		ZALASEWO	K20	37	K 134	00:00:59	00:27:17	00:58:32.19	00:59:32.03	+00:24:13 (40.7%)	5:51	10.3 (60.2%)
523	POPARDA-SERWIŃSKI Rafał	14		ZALASEWO	M20	127	M 387	00:01:00	00:27:15	00:58:31.87	00:59:32.27	+00:24:13 (40.7%)	5:51	10.3 (60.2%)
524	ZAWADKA Damian	300		POZNAŃ	M30	129	M 388	00:00:58	00:27:02	00:58:33.64	00:59:32.38	+00:24:13 (40.7%)	5:51	10.2 (59.6%)
525	URBANIAK Łukasz	780		NIEWIERZ	M30	130	M 389	00:00:35	00:26:23	00:58:57.45	00:59:32.51	+00:24:13 (40.7%)	5:53	10.2 (59.6%)
526	SARTANOWICZ Martyna	380		POZNAŃ	K20	38	K 135	00:01:19	00:27:42	00:58:14.48	00:59:33.85	+00:24:15 (40.7%)	5:49	10.3 (60.2%)
527	KARWASIŃSKI Tomasz	1081		GNIEZNO	M40	99	M 390	00:00:42	00:27:38	00:58:53.38	00:59:35.63	+00:24:16 (40.7%)	5:53	10.2 (59.6%)

528	SUŁKOWSKI Dariusz	147	LUBIA RUN	POZNAŃ	M40	100	M 391	00:01:07	00:27:32	00:58:28.39	00:59:36.37	+00:24:17 (40.8%)	5:50	10.3 (60.2%)
529	KAŃDULA Klaudia	419	INACOCITOKLAUDIA	POZNAŃ	K40	37	K 136	00:01:13	00:27:47	00:58:22.88	00:59:36.41	+00:24:17 (40.8%)	5:50	10.3 (60.2%)
530	CUDNIK Maksymilian	1070	DUDKOWIAK & PUTYRA BUSINESS LAWYERS	POZNAŃ	M30	131	M 392	00:03:02	00:26:35	00:56:36.07	00:59:38.38	+00:24:19 (40.8%)	5:39	10.6 (62.0%)
531	MARCINIAK Jakub	803	ŻUBERKI USTKA	GRABNO	M20	128	M 393	00:01:19	00:27:45	00:58:22.04	00:59:41.90	+00:24:23 (40.9%)	5:50	10.3 (60.2%)
532	HUDZIŃSKA Dominika	361		POZNAŃ	K30	56	K 137	00:01:56	00:27:31	00:57:45.99	00:59:42.51	+00:24:23 (40.9%)	5:46	10.4 (60.8%)
533	GAŁCZYŃSKI Tomasz	808		POZNAŃ	M40	101	M 394	00:01:24	00:27:20	00:58:17.93	00:59:42.62	+00:24:23 (40.9%)	5:49	10.3 (60.2%)
534	ŚWIĘTASZCZYK Jan	252		TUREK	M20	129	M 395	00:01:08	00:26:38	00:58:34.66	00:59:43.34	+00:24:24 (40.9%)	5:51	10.2 (59.6%)
535	SZOBER Łukasz	139		POZNAŃ	M30	132	M 396	00:01:35	00:26:56	00:58:08.37	00:59:43.40	+00:24:24 (40.9%)	5:48	10.3 (60.2%)
536	WELMAN Maciej	127		POZNAŃ	M30	133	M 397	00:02:06	00:27:23	00:57:37.22	00:59:43.51	+00:24:24 (40.9%)	5:45	10.4 (60.8%)
537	PAWLAK Karolina	128		POZNAŃ	K30	57	K 138	00:02:07	00:27:22	00:57:36.52	00:59:43.60	+00:24:24 (40.9%)	5:45	10.4 (60.8%)
538	GAŁCZYŃSKA Joanna	806		POZNAŃ	K40	38	K 139	00:01:24	00:27:20	00:58:19.42	00:59:44.07	+00:24:25 (40.9%)	5:49	10.3 (60.2%)
539	DZIEDZIC Julka	95		POZNAŃ	K30	58	K 140	00:01:25	00:27:20	00:58:19.62	00:59:44.69	+00:24:26 (40.9%)	5:49	10.3 (60.2%)
540	TUREK Maciej	1143	UTAL LICENSE PLATE SOLUTIONS	MUROWANA GOŚLINA	M30	134	M 398	00:01:27	00:27:31	00:58:20.26	00:59:48.15	+00:24:29 (41.0%)	5:50	10.3 (60.2%)
541	CHMURA Krzysztof	51	HUNTERS	POZNAŃ	M30	135	M 399	00:01:29	00:27:41	00:58:18.74	00:59:48.30	+00:24:29 (41.0%)	5:49	10.3 (60.2%)
542	KLÓSKA Daniel	401		PRZEŻMIEROWO	M50	30	M 400	00:00:53	00:27:47	00:58:57.45	00:59:50.81	+00:24:32 (41.0%)	5:53	10.2 (59.6%)
543	SEREDA Filip	1118		POZNAŃ	M20	130	M 401	00:01:10	00:27:48	00:58:42.57	00:59:53.40	+00:24:34 (41.0%)	5:52	10.2 (59.6%)
544	WOJSA Tatiana	1117		POZNAŃ	K20	39	K 141	00:01:10	00:27:48	00:58:43.32	00:59:53.79	+00:24:35 (41.0%)	5:52	10.2 (59.6%)
545	OSTROWSKA-CHUDY Joanna	745		POZNAŃ	K30	59	K 142	00:01:11	00:28:08	00:58:46.50	00:59:58.13	+00:24:39 (41.1%)	5:52	10.2 (59.6%)
546	CHUDY Robert	744		POZNAŃ	M30	136	M 402	00:01:11	00:28:09	00:58:46.94	00:59:58.50	+00:24:39 (41.1%)	5:52	10.2 (59.6%)
547	KOZŁOWSKI Antoni	951	-	ŁABISZYN WIEŚ	M20	131	M 403	00:00:20	00:26:32	00:59:38.51	00:59:59.24	+00:24:40 (41.1%)	5:57	10.1 (59.1%)
548	STANCHLY Jakub	537		ZABRZE	M40	102	M 404	00:00:00	00:29:48	01:00:00.67	01:00:00.67	+00:24:42 (41.2%)	6:00	10 (58.5%)
549	NOWAKOWSKI Mateusz	205		POZNAŃ	M30	137	M 405	00:00:54	00:27:05	00:59:05.84	01:00:00.81	+00:24:42 (41.2%)	5:54	10.2 (59.6%)
550	CHOJNACKA Dagmara	30		POZNAŃ	K20	40	K 143	00:01:00	00:27:48	00:59:01.37	01:00:02.14	+00:24:43 (41.2%)	5:54	10.2 (59.6%)
551	SKRZYPEK Maria	579		POZNAŃ	K30	60	K 144	00:00:24	00:27:07	00:59:38.81	01:00:03.16	+00:24:44 (41.2%)	5:57	10.1 (59.1%)
552	SKRZYPEK Maciej	577	BIEGAJĄCE KREJZOLE	POZNAŃ	M30	138	M 406	00:00:24	00:27:07	00:59:38.74	01:00:03.31	+00:24:44 (41.2%)	5:57	10.1 (59.1%)
553	KĘDZIERSKI Michał	743		KAMIONKI	M30	139	M 407	00:00:37	00:27:38	00:59:28.25	01:00:05.58	+00:24:46 (41.2%)	5:56	10.1 (59.1%)
554	URBANIAK Robert	715		SUCHY ŁĄS	M50	31	M 408	00:01:59	00:28:55	00:58:06.64	01:00:05.78	+00:24:47 (41.2%)	5:48	10.3 (60.2%)
555	WAROCZYK Maria	224	STRZESZYN BIEGA	ZŁOTNIKI	K50	5	K 145	00:01:42	00:27:43	00:58:25.16	01:00:07.24	+00:24:48 (41.3%)	5:50	10.3 (60.2%)
556	KOŚCIELSKI Hubert	637		SIERAKÓW	M20	132	M 409	00:00:27	00:27:43	00:59:42.38	01:00:10.03	+00:24:51 (41.3%)	5:58	10.1 (59.1%)
557	KASPROWICZ Magdalena	630		SWARZĘDZ	K40	39	K 146	00:00:36	00:27:01	00:59:35.52	01:00:11.58	+00:24:52 (41.3%)	5:57	10.1 (59.1%)
558	WOŹNICKA Gabriela	1001		POZNAŃ	K20	41	K 147	00:01:46	00:27:43	00:58:26.42	01:00:12.69	+00:24:54 (41.4%)	5:50	10.3 (60.2%)

559		555		TRZEBAW	M20	133	M 410	00:01:18	00:29:20	00:58:54.82	01:00:12.94	+00:24:54 (41.4%)	5:53	10.2 (59.6%)
560	WIŚNIEWSKI Jacek	175		PAŁĘDZIE	M50	32	M 411	00:01:24	00:27:49	00:58:48.77	01:00:13.30	+00:24:54 (41.4%)	5:52	10.2 (59.6%)
561	PAKUŁA Szymon	71		WIELUŃ	M20	134	M 412	00:00:32	00:27:43	00:59:40.59	01:00:13.32	+00:24:54 (41.4%)	5:58	10.1 (59.1%)
562	BOS Natalia	180		POZNAŃ	K30	61	K 148	00:00:16	00:27:33	00:59:58.46	01:00:15.30	+00:24:56 (41.4%)	5:59	10 (58.5%)
563	NAJKOWSKA Klaudia	17	IT'S WRAP	POZNAŃ	K20	42	K 149	00:00:54	00:27:53	00:59:25.19	01:00:19.53	+00:25:00 (41.5%)	5:56	10.1 (59.1%)
564	FESENKO Maryna	785		WRZEŚNIA	K30	62	K 150	00:01:48	00:27:19	00:58:32.88	01:00:21.12	+00:25:02 (41.5%)	5:51	10.3 (60.2%)
565	BUT Dominik	1013		POZNAŃ	M20	135	M 413	00:01:06	00:26:49	00:59:15.07	01:00:21.46	+00:25:02 (41.5%)	5:55	10.1 (59.1%)
566	BANASZAK Krystian	325		POZNAŃ	M20	136	M 414	00:00:34	00:29:26	00:59:48.00	01:00:22.65	+00:25:04 (41.5%)	5:58	10 (58.5%)
567	STACHOWIAK Marta	189		POZNAN	K30	63	K 151	00:01:29	00:27:14	00:58:54.08	01:00:23.16	+00:25:04 (41.5%)	5:53	10.2 (59.6%)
568	PRZYBYŁ Lidia	976	WRONIECKI KLUB BIEGACZA		K40	40	K 152	00:00:38	00:26:45	00:59:51.27	01:00:29.74	+00:25:11 (41.6%)	5:59	10 (58.5%)
569	JABŁOŃSKI Grzegorz	598		STRZELCE KRAJEŃSKIE	M40	103	M 415	00:01:33	00:27:50	00:58:58.24	01:00:32.09	+00:25:13 (41.7%)	5:53	10.2 (59.6%)
570	RYBARCZYK Krzysztof	939	SZAMRUN	ŚMIŁOWO	M40	104	M 416	00:00:17	00:26:53	01:00:17.88	01:00:35.36	+00:25:16 (41.7%)	6:01	10 (58.5%)
571	HARKE Mariusz	528		KOBYLNIKI	M20	137	M 417	00:00:51	00:27:40	00:59:43.57	01:00:35.48	+00:25:16 (41.7%)	5:58	10 (58.5%)
572	OSUCH Grażyna	988	CNS	NOWA SÓL	K40	41	K 153	00:01:18	00:27:23	00:59:17.79	01:00:36.48	+00:25:17 (41.7%)	5:55	10.1 (59.1%)
573	STASZAK Małgorzata	1165	CNS	NOWA SÓL	K40	42	K 154	00:01:18	00:27:23	00:59:18.20	01:00:36.88	+00:25:18 (41.7%)	5:55	10.1 (59.1%)
574	MAŁECKA Dorota	1163	CNS	NOWE MIASTECZKO	K50	6	K 155	00:01:19	00:27:23	00:59:17.88	01:00:37.23	+00:25:18 (41.8%)	5:55	10.1 (59.1%)
575	BARAŃSKA Daria	771		KAŻMIERZ	K20	43	K 156	00:01:12	00:28:03	00:59:25.46	01:00:37.81	+00:25:19 (41.8%)	5:56	10.1 (59.1%)
576	KRYCH Katarzyna	1115	KATARZYNA KRYCH	POZNAŃ	K30	64	K 157	00:00:34	00:28:33	01:00:03.96	01:00:38.35	+00:25:19 (41.8%)	6:00	10 (58.5%)
577	ZIELASKOWSKI Mariusz	161		POZNAŃ	M50	33	M 418	00:00:45	00:27:07	00:59:53.54	01:00:38.70	+00:25:20 (41.8%)	5:59	10 (58.5%)
578	JAŁOSZYŃSKA Magdalena	340		ZIELĄTKOWO	K20	44	K 158	00:00:33	00:28:18	01:00:05.60	01:00:38.87	+00:25:20 (41.8%)	6:00	10 (58.5%)
579	SZUKALA Piotr	571		POZNAŃ	M40	105	M 419	00:00:46	00:27:30	00:59:52.03	01:00:38.98	+00:25:20 (41.8%)	5:59	10 (58.5%)
580		208					3	00:00:43	00:27:19	00:59:55.68	01:00:39.05	+00:25:20 (41.8%)	5:59	10 (58.5%)
581	KAŻMIERCZAK Sylwia	920	BIEGACZE JÓZEFA NOJI	KWIEJCE	K30	65	K 159	00:00:14	00:27:21	01:00:25.00	01:00:39.51	+00:25:20 (41.8%)	6:02	9.9 (57.9%)
582	MIECZYŃSKI Tomasz	404		POZNAŃ	M50	34	M 420	00:01:05	00:28:36	00:59:38.79	01:00:44.59	+00:25:25 (41.9%)	5:57	10.1 (59.1%)
583	CHYREK Sonia	348		ZŁOTNIKI	K30	66	K 160	00:00:56	00:27:33	00:59:49.78	01:00:45.83	+00:25:27 (41.9%)	5:58	10 (58.5%)
584	MENDELEWSKA-SZUKAŁA Anna	985		DĄBRÓWKA	K30	67	K 161	00:01:57	00:28:23	00:58:48.86	01:00:46.77	+00:25:28 (41.9%)	5:52	10.2 (59.6%)
585	ŻYWICA Patryk	107		POZNAŃ	M30	140	M 421	00:01:38	00:27:54	00:59:09.26	01:00:47.34	+00:25:28 (41.9%)	5:54	10.1 (59.1%)
586	RZYSKI Tomasz	230		POZNAŃ	M30	141	M 422	00:01:32	00:27:30	00:59:15.96	01:00:48.34	+00:25:29 (41.9%)	5:55	10.1 (59.1%)
587	TRESZCZYŃSKA Mirka	392		POZNAŃ	K40	43	K 162	00:01:45	00:27:18	00:59:03.99	01:00:49.63	+00:25:30 (41.9%)	5:54	10.2 (59.6%)
588	OLEJNICZAK Izabela	828		POZNAŃ	K40	44	K 163	00:00:17	00:27:17	01:00:32.05	01:00:49.88	+00:25:31 (42.0%)	6:03	9.9 (57.9%)
589	HOMA Marek	197	CZERWONAK BIEGA	KOZIEGŁOWY	M60	6	M 423	00:01:26	00:30:10	00:59:23.77	01:00:49.95	+00:25:31 (42.0%)	5:56	10.1 (59.1%)

590	OLEJNICZAK Jacek	683		POZNAŃ	M40	106	M 424	00:00:17	00:27:17	01:00:33.10	01:00:50.46	+00:25:31 (42.0%)	6:03	9.9 (57.9%)
591	KURAŚ Joanna	158		ZALASEWO	K20	45	K 164	00:01:33	00:28:24	00:59:17.96	01:00:51.06	+00:25:32 (42.0%)	5:55	10.1 (59.1%)
592		769		POZNAŃ	M40	107	M 425	00:00:33	00:26:50	01:00:18.69	01:00:52.04	+00:25:33 (42.0%)	6:01	10 (58.5%)
593	MAŃKOWSKI Jakub	616		SWARZĘDZ	M20	138	M 426	00:00:47	00:28:00	01:00:04.47	01:00:52.26	+00:25:33 (42.0%)	6:00	10 (58.5%)
594	HORBAL Mateusz	242		POZNAŃ	M30	142	M 427	00:01:49	00:28:08	00:59:02.87	01:00:52.27	+00:25:33 (42.0%)	5:54	10.2 (59.6%)
595	MIAŁKAS Marta	793		BUK	K20	46	K 165	00:00:31	00:26:48	01:00:20.77	01:00:52.31	+00:25:33 (42.0%)	6:02	9.9 (57.9%)
596	ŁABĘTA Kamila	1116		POZNAŃ	K20	47	K 166	00:00:53	00:27:10	00:59:58.89	01:00:52.71	+00:25:34 (42.0%)	5:59	10 (58.5%)
597	PAWŁOWSKA Agnieszka	615		SWARZĘDZ	K20	48	K 167	00:00:47	00:28:00	01:00:05.22	01:00:52.76	+00:25:34 (42.0%)	6:00	10 (58.5%)
598	KLIMEK Karolina	146		POZNAŃ	K30	68	K 168	00:02:06	00:27:22	00:58:46.15	01:00:52.96	+00:25:34 (42.0%)	5:52	10.2 (59.6%)
599	MAZUR Dominika	620		POZNAŃ	K30	69	K 169	00:00:57	00:28:58	00:59:55.91	01:00:53.28	+00:25:34 (42.0%)	5:59	10 (58.5%)
600	KOWALSKI Ksawery	183		POZNAŃ	M20	139	M 428	00:00:45	00:28:33	01:00:09.72	01:00:54.90	+00:25:36 (42.0%)	6:00	10 (58.5%)
601	WOJCIECHOWSKI Tomasz	759		SWARZĘDZ	M40	108	M 429	00:01:37	00:27:04	00:59:18.83	01:00:56.39	+00:25:37 (42.1%)	5:55	10.1 (59.1%)
602	NOWICKA Dorota	39		JAROCIN	K50	7	K 170	00:01:44	00:27:06	00:59:13.17	01:00:57.93	+00:25:39 (42.1%)	5:55	10.1 (59.1%)
603	ANDRZEJEWSKI Patryk	1090		POZNAN	M40	109	M 430	00:00:55	00:29:06	01:00:03.00	01:00:58.32	+00:25:39 (42.1%)	6:00	10 (58.5%)
604	HOŁUBOWICZ Gabrysia	639		MIĘDZYRZECZ	K20	49	K 171	00:00:26	00:27:58	01:00:35.89	01:01:02.76	+00:25:44 (42.2%)	6:03	9.9 (57.9%)
605	WROCZYNSKI Jerzy	989		POZNAN	M30	143	M 431	00:01:29	00:27:51	00:59:34.00	01:01:03.77	+00:25:45 (42.2%)	5:57	10.1 (59.1%)
606	KONIECZNY Kuba	678		POZNAŃ	M20	140	M 432	00:01:09	00:28:11	00:59:55.20	01:01:04.93	+00:25:46 (42.2%)	5:59	10 (58.5%)
607	ŚWITAŁA Anna	67	STREFA SPORTU	POZNAŃ	K20	50	K 172	00:01:02	00:28:18	01:00:03.15	01:01:05.16	+00:25:46 (42.2%)	6:00	10 (58.5%)
608	RAJCH Michał	68	STREFA SPORTU	POZNAŃ	M30	144	M 433	00:01:02	00:28:18	01:00:03.28	01:01:05.29	+00:25:46 (42.2%)	6:00	10 (58.5%)
609	KONIECZNA Zosia	1355		WOLSZTYN	K20	51	K 173	00:01:10	00:28:10	00:59:55.17	01:01:05.41	+00:25:46 (42.2%)	5:59	10 (58.5%)
610	ŁUKASZKIEWICZ Natalia	738		WIRY	K20	52	K 174	00:01:22	00:28:15	00:59:45.98	01:01:08.50	+00:25:49 (42.2%)	5:58	10 (58.5%)
611	JAWORSKA Matylda	542		GNIEZNO	K20	53	K 175	00:01:41	00:27:25	00:59:27.31	01:01:09.00	+00:25:50 (42.3%)	5:56	10.1 (59.1%)
612	GRZESIAK Marta	712		POZNAN	K20	54	K 176	00:00:48	00:28:38	01:00:22.40	01:01:11.26	+00:25:52 (42.3%)	6:02	9.9 (57.9%)
613	BAREŁKOWSKA Katarzyna	1139	TACAKIEWICZ FERMA KRESEK	POZNAŃ	K50	8	K 177	00:00:31	00:28:46	01:00:39.87	01:01:11.33	+00:25:52 (42.3%)	6:03	9.9 (57.9%)
614	SZYMCZAK Mateusz	663	PIMP MY SHOES	POZNAN	M30	145	M 434	00:01:44	00:29:23	00:59:27.38	01:01:12.15	+00:25:53 (42.3%)	5:56	10.1 (59.1%)
615	RATAJSZCZAK Krzysztof	584	FANCLUB OSTATNIEGO BASTIONU	POZNAŃ	M20	141	M 435	00:02:04	00:29:24	00:59:10.68	01:01:14.69	+00:25:56 (42.3%)	5:55	10.1 (59.1%)
616	ROSZAK Martyna	1152		GĘBICE	K20	55	K 178	00:01:21	00:28:33	00:59:53.48	01:01:14.89	+00:25:56 (42.3%)	5:59	10 (58.5%)
617	ŁUCZAK Tomasz	177	LEGIMI	POZNAŃ	M30	146	M 436	00:00:20	00:27:10	01:00:54.11	01:01:15.01	+00:25:56 (42.3%)	6:05	9.9 (57.9%)
618	SOMMERREY Krzysztof	784	LEGIMI	WIĘCKOWICE	M30	147	M 437	00:01:18	00:28:14	00:59:56.87	01:01:15.59	+00:25:56 (42.4%)	5:59	10 (58.5%)
619	KWIETNIOWSKA Edyta	597		GŁOGÓW	K40	45	K 179	00:01:07	00:28:27	01:00:10.14	01:01:17.79	+00:25:59 (42.4%)	6:01	10 (58.5%)
620	KOPANIARZ Agnieszka	403	LAFRENTZ	POZNAŃ	K40	46	K 180	00:01:30	00:27:25	00:59:47.91	01:01:18.15	+00:25:59 (42.4%)	5:58	10 (58.5%)

621	FRĄTCZAK Dominika	331		POZNAŃ	K30	70	K 181	00:01:00	00:27:16	01:00:20.40	01:01:21.14	+00:26:02 (42.4%)	6:02	9.9 (57.9%)
622	KUBIAK Maciej	1121	TACAKIEWICZ FERMA KRESEK	POZNAŃ	M40	110	M 438	00:00:31	00:28:46	01:00:50.63	01:01:21.76	+00:26:03 (42.5%)	6:05	9.9 (57.9%)
623	SMIERZCHAŁA Marta	1147	PRO366	POZNAŃ	K40	47	K 182	00:00:50	00:28:50	01:00:33.73	01:01:24.10	+00:26:05 (42.5%)	6:03	9.9 (57.9%)
624	BENTKOWSKA Agnieszka	1146		BORÓWIEC	K20	56	K 183	00:00:50	00:28:50	01:00:33.38	01:01:24.20	+00:26:05 (42.5%)	6:03	9.9 (57.9%)
625	FARYŃSKA Dorota	1084		POZNAŃ	K30	71	K 184	00:00:53	00:28:50	01:00:30.99	01:01:24.76	+00:26:06 (42.5%)	6:03	9.9 (57.9%)
626	NOWAK Maciej	257	SPEEDFEET16	POZNAŃ	M50	35	M 439	00:00:50	00:28:49	01:00:34.64	01:01:25.43	+00:26:06 (42.5%)	6:03	9.9 (57.9%)
627	KAŹKOL Justyna	926		SIERAKÓW	K40	48	K 185	00:01:22	00:27:54	01:00:08.36	01:01:30.50	+00:26:11 (42.6%)	6:00	10 (58.5%)
628	URBANIAK Michał	591	VICTORIA JAROCIN	JAROCIN	M20	142	M 440	00:01:39	00:28:23	00:59:51.81	01:01:31.75	+00:26:13 (42.6%)	5:59	10 (58.5%)
629	TRESZCZYŃSKI Janusz	90		KONARZEWO	M40	111	M 441	00:01:45	00:27:38	00:59:50.88	01:01:36.17	+00:26:17 (42.7%)	5:59	10 (58.5%)
630	ZIELIŃSKA Daria	986		PAŁĘDZIE	K30	72	K 186	00:01:57	00:28:24	00:59:45.08	01:01:42.80	+00:26:24 (42.8%)	5:58	10 (58.5%)
631	SERBIN Beata	517		POZNAŃ	K20	57	K 187	00:01:20	00:27:41	01:00:22.08	01:01:42.89	+00:26:24 (42.8%)	6:02	9.9 (57.9%)
632	BRODNICKI Konrad	707		POZNAŃ	M20	143	M 442	00:01:21	00:27:41	01:00:22.05	01:01:43.24	+00:26:24 (42.8%)	6:02	9.9 (57.9%)
633	BARTKOWIAK Dorota	497		POZNAŃ	K40	49	K 188	00:01:12	00:28:40	01:00:31.40	01:01:44.32	+00:26:25 (42.8%)	6:03	9.9 (57.9%)
634	KĘSY Małgorzata	676		POZNAŃ	K40	50	K 189	00:01:00	00:28:50	01:00:45.04	01:01:45.37	+00:26:26 (42.8%)	6:04	9.9 (57.9%)
635	ŚWIDERSKA Monika	677		POZNAŃ	K30	73	K 190	00:01:00	00:28:50	01:00:44.62	01:01:45.55	+00:26:26 (42.8%)	6:04	9.9 (57.9%)
635	KOZŁOWSKI Amadeusz	435	MERIXSTUDIO	POZ	M30	148	M 443	00:00:25	00:28:44	01:01:20.30	01:01:45.55	+00:26:26 (42.8%)	6:08	9.8 (57.3%)
637	SZACH Elżbieta	536		POZNAŃ	K40	51	K 191	00:01:01	00:28:46	01:00:44.61	01:01:46.58	+00:26:27 (42.8%)	6:04	9.9 (57.9%)
638	KWIETNIOWSKI Rafał	596		GŁOGÓW	M40	112	M 444	00:01:08	00:28:26	01:00:38.79	01:01:47.04	+00:26:28 (42.8%)	6:03	9.9 (57.9%)
639	LASKOWSKI Rafał	226	DĄBRÓWKOWE NALEŚNIKI	DĄBRÓWKA	M30	149	M 445	00:01:58	00:28:44	00:59:51.73	01:01:50.66	+00:26:32 (42.9%)	5:59	10 (58.5%)
640	STUDZIŃSKI Adam	778		SZCZYTNIKI	M20	144	M 446	00:01:09	00:28:33	01:00:42.19	01:01:51.76	+00:26:33 (42.9%)	6:04	9.9 (57.9%)
641	ŁEBEDYŃSKA Monika	848		POZNAŃ	K40	52	K 192	00:02:35	00:27:11	00:59:16.81	01:01:52.17	+00:26:33 (42.9%)	5:55	10.1 (59.1%)
642	ZAPART Katarzyna	1054		CZEMPIŃ	K20	58	K 193	00:00:18	00:28:18	01:01:36.15	01:01:54.78	+00:26:36 (43.0%)	6:09	9.7 (56.7%)
643	SOLECKA Agnieszka	362		POZNAŃ	K50	9	K 194	00:00:40	00:28:28	01:01:16.23	01:01:57.12	+00:26:38 (43.0%)	6:07	9.8 (57.3%)
644	POLAK Anna	140		ZALASEWO	K40	53	K 195	00:01:18	00:28:41	01:00:38.85	01:01:57.57	+00:26:38 (43.0%)	6:03	9.9 (57.9%)
645		686		POZNAŃ	K30	74	K 196	00:01:37	00:28:20	01:00:21.80	01:01:59.15	+00:26:40 (43.0%)	6:02	9.9 (57.9%)
646	SERWA Mariusz	8	STRZESZYN BIEGA	POZNAŃ	M50	36	M 447	00:01:42	00:27:45	01:00:20.00	01:02:02.70	+00:26:44 (43.1%)	6:02	9.9 (57.9%)
647	WALCZAK Adam	1295	KLUB WARTECKA TEAM	ŚRODA WIELKOPOLSKA	M20	145	M 448	00:01:16	00:28:35	01:00:47.56	01:02:03.78	+00:26:45 (43.1%)	6:04	9.9 (57.9%)
648	SIP Mikołaj	1293	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	M20	146	M 449	00:01:16	00:28:35	01:00:52.99	01:02:09.28	+00:26:50 (43.2%)	6:05	9.9 (57.9%)
649		398		POZNAŃ	K30	75	K 197	00:00:35	00:29:22	01:01:33.67	01:02:09.52	+00:26:50 (43.2%)	6:09	9.7 (56.7%)
650	KLEPACKA Anita	111		POZNAŃ	K20	59	K 198	00:00:14	00:28:46	01:02:01.31	01:02:15.59	+00:26:56 (43.3%)	6:12	9.7 (56.7%)
651	DĘBOWSKA Ela	299	WARTECKA TEAM	ŚRODA WLKP	K50	10	K 199	00:01:16	00:28:35	01:01:02.41	01:02:18.46	+00:26:59 (43.3%)	6:06	9.8 (57.3%)

652	WARTECKA Małgorzata	298	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	K50	11	K 200	00:01:15	00:28:36	01:01:02.76	01:02:18.54	+00:26:59 (43.3%)	6:06	9.8 (57.3%)
653	SCHWARZ Sylwia	1091		POZNAŃ	K40	54	K 201	00:01:29	00:28:26	01:00:51.84	01:02:21.22	+00:27:02 (43.4%)	6:05	9.9 (57.9%)
654	ŁUCZAK Kamila	259		GNIEZNO	K30	76	K 202	00:00:11	00:27:29	01:02:11.67	01:02:23.64	+00:27:04 (43.4%)	6:13	9.6 (56.1%)
655	WŁODARCZAK Agnieszka	833		POZNAŃ	K30	77	K 203	00:00:12	00:27:28	01:02:11.30	01:02:24.04	+00:27:05 (43.4%)	6:13	9.6 (56.1%)
656	ŚWIETLIICKI Witold	486	KM PSP POZNAŃ JRG-8	POBIEDZISKA	M40	113	M 450	00:01:08	00:29:16	01:01:16.00	01:02:24.13	+00:27:05 (43.4%)	6:07	9.8 (57.3%)
657	KOZAJDA Andrzej	27		KOZIEGŁOWY	M60	7	M 451	00:00:47	00:28:37	01:01:37.23	01:02:25.02	+00:27:06 (43.4%)	6:09	9.7 (56.7%)
658	BRZOZOWSKI Mateusz	52		POZNAŃ	M40	114	M 452	00:00:16	00:29:03	01:02:09.02	01:02:25.63	+00:27:06 (43.4%)	6:12	9.7 (56.7%)
659	KUCHLEWSKI Andrzej	53	KLARP	POZNAŃ	M40	115	M 453	00:00:16	00:29:03	01:02:09.04	01:02:25.66	+00:27:07 (43.4%)	6:12	9.7 (56.7%)
660	FRĄCKOWIAK Jan	758	DRUŻYNA UMP	POZNAŃ	M30	150	M 454	00:01:33	00:29:50	01:00:55.92	01:02:29.17	+00:27:10 (43.5%)	6:05	9.8 (57.3%)
661		191		POZNAŃ	K60	3	K 204	00:00:20	00:28:54	01:02:08.97	01:02:29.81	+00:27:11 (43.5%)	6:12	9.7 (56.7%)
662	ANDRZEJEWSKA Julia	576		POZNAN	K20	60	K 205	00:01:21	00:29:22	01:01:08.30	01:02:30.06	+00:27:11 (43.5%)	6:06	9.8 (57.3%)
663	WIATROWSKA Angelika	613	BUBBLE TEAM	POZNAŃ	K20	61	K 206	00:00:25	00:29:19	01:02:05.38	01:02:30.55	+00:27:11 (43.5%)	6:12	9.7 (56.7%)
664	OLSZTYŃSKA-PAWLAK Ilona	700		ŚRODA WIELKOPOLSKA	K30	78	K 207	00:01:02	00:28:29	01:01:28.32	01:02:30.81	+00:27:12 (43.5%)	6:08	9.8 (57.3%)
665	KRZEMIŃSKA Aneta	701		ŚRODA WIELKOPOLSKA	K30	79	K 208	00:01:02	00:28:29	01:01:28.67	01:02:31.20	+00:27:12 (43.5%)	6:08	9.8 (57.3%)
666	KURDEK Karol	1358		POZNAŃ	M20	147	M 455	00:00:46	00:28:30	01:01:52.20	01:02:39.17	+00:27:20 (43.6%)	6:11	9.7 (56.7%)
667	SZCZYGLEWSKA Katarzyna	1357		POZNAŃ	K20	62	K 209	00:00:47	00:28:31	01:01:52.43	01:02:39.45	+00:27:20 (43.6%)	6:11	9.7 (56.7%)
668	KANIA Agata	9	ROGALIK	POZNAŃ	K40	55	K 210	00:01:49	00:28:46	01:00:50.97	01:02:40.29	+00:27:21 (43.7%)	6:05	9.9 (57.9%)
669	MARSZAŁKIEWICZ Jakub	287	ROGALIK	POZNAŃ	M40	116	M 456	00:01:50	00:28:58	01:00:49.56	01:02:40.38	+00:27:21 (43.7%)	6:04	9.9 (57.9%)
670		535		PIĄTEK	K20	63	K 211	00:01:53	00:29:02	01:00:48.56	01:02:42.04	+00:27:23 (43.7%)	6:04	9.9 (57.9%)
671	JASKÓLECKA-LIS Wiktoria	1096		LESZNO	K20	64	K 212	00:00:45	00:28:31	01:01:58.79	01:02:44.78	+00:27:26 (43.7%)	6:11	9.7 (56.7%)
672	HAMROL Paula	729		PŁAWCE	K20	65	K 213	00:00:27	00:27:19	01:02:19.76	01:02:47.07	+00:27:28 (43.8%)	6:13	9.6 (56.1%)
673	DZIEMIDZIK Martyna	653		POZNAŃ	K20	66	K 214	00:01:37	00:30:12	01:01:14.90	01:02:52.47	+00:27:33 (43.8%)	6:07	9.8 (57.3%)
674	KOWALSKI Bartosz	178	PARKRUN POZNAŃ	POZNAŃ	M40	117	M 457	00:01:34	00:28:51	01:01:18.86	01:02:53.72	+00:27:35 (43.9%)	6:07	9.8 (57.3%)
675	SOBCZAK Kamil	429		POZNAŃ	M30	151	M 458	00:01:04	00:29:39	01:01:52.12	01:02:56.25	+00:27:37 (43.9%)	6:11	9.7 (56.7%)
676	DZIATKIEWICZ Paweł	950		ŁÓDŹ	M30	152	M 459	00:01:25	00:30:29	01:01:31.62	01:02:57.02	+00:27:38 (43.9%)	6:09	9.8 (57.3%)
677	KUPCZAK Monika	405	#BIEGIEMWLAS	BUK	K30	80	K 215	00:00:32	00:28:57	01:02:25.90	01:02:58.84	+00:27:40 (43.9%)	6:14	9.6 (56.1%)
678	FLORJAŃCZYK Grzegorz	261	FUNDACJA ZAKŁADY KÓRNICKIE	KÓRNIK	M40	118	M 460	00:02:11	00:27:22	01:00:48.26	01:03:00.24	+00:27:41 (44.0%)	6:04	9.9 (57.9%)
679	PAWŁOWSKA Hanna	217		RABOWICE	K30	81	K 216	00:00:47	00:29:07	01:02:16.11	01:03:03.75	+00:27:45 (44.0%)	6:13	9.6 (56.1%)
680	PAWLIK Piotr	204		POZNAŃ	M40	119	M 461	00:01:13	00:28:48	01:01:53.50	01:03:07.06	+00:27:48 (44.1%)	6:11	9.7 (56.7%)
681	KUCNER Malwina	958		POZNAŃ	K30	82	K 217	00:00:32	00:28:26	01:02:35.06	01:03:07.40	+00:27:48 (44.1%)	6:15	9.6 (56.1%)
682	GRODZKA Anna	957	ENERGETYK POZNAŃ	POZNAŃ	K20	67	K 218	00:00:32	00:28:26	01:02:35.26	01:03:07.70	+00:27:49 (44.1%)	6:15	9.6 (56.1%)

683	RATAJSZCZAK Szymon	961		POZNAŃ	M20	148	M 462	00:02:03	00:29:26	01:01:05.68	01:03:08.74	+00:27:50 (44.1%)	6:06	9.8 (57.3%)
684	SMUSZKIEWICZ Zofia	739		CZERWONAK	K20	68	K 219	00:00:52	00:29:52	01:02:16.87	01:03:09.21	+00:27:50 (44.1%)	6:13	9.6 (56.1%)
685	STROIŃSKA Kamila	77		POZNAN	K40	56	K 220	00:01:30	00:28:04	01:01:42.50	01:03:13.33	+00:27:54 (44.1%)	6:10	9.7 (56.7%)
686	MARCINIAK Wojciech	664		PLEWISKA	M40	120	M 463	00:00:44	00:29:00	01:02:30.68	01:03:14.72	+00:27:56 (44.2%)	6:15	9.6 (56.1%)
687	PLATO Jacek	444		DACHOWA	M30	153	M 464	00:01:25	00:28:22	01:01:49.93	01:03:15.57	+00:27:56 (44.2%)	6:10	9.7 (56.7%)
688	REWERS Hanna	942	NIGHT RUNNERS WRZESNIA	PSARY MAŁE	K40	57	K 221	00:00:42	00:28:44	01:02:33.44	01:03:16.37	+00:27:57 (44.2%)	6:15	9.6 (56.1%)
689	KULISHENKO Oleksandra	283		POZNAŃ	K20	69	K 222	00:01:28	00:28:42	01:01:51.11	01:03:19.53	+00:28:00 (44.2%)	6:11	9.7 (56.7%)
690	MATVEIEV Aleksandr	747		POZNAN	M40	121	M 465	00:01:29	00:28:42	01:01:51.19	01:03:20.63	+00:28:01 (44.3%)	6:11	9.7 (56.7%)
691	DORYNEK Martyna	875		POZNAŃ	K20	70	K 223	00:00:00	00:31:48	01:03:29.60	01:03:29.60	+00:28:10 (44.4%)	6:20	9.5 (55.6%)
692	NOWAK Marta	481	NARAMOWICE BIEGAJĄ	POZNAŃ	K40	58	K 224	00:01:22	00:28:20	01:02:10.75	01:03:33.22	+00:28:14 (44.4%)	6:13	9.7 (56.7%)
693	TROT Nicole	121		POZNAŃ	K20	71	K 225	00:00:42	00:30:13	01:02:51.62	01:03:34.32	+00:28:15 (44.5%)	6:17	9.5 (55.6%)
694	ZEMŁA Dorota	1101		GLIWICE	K20	72	K 226	00:00:57	00:29:09	01:02:39.26	01:03:36.54	+00:28:17 (44.5%)	6:15	9.6 (56.1%)
695	MUTSCHKE Denis	792		BOGUSZYN	M20	149	M 466	00:00:57	00:29:09	01:02:39.45	01:03:36.76	+00:28:18 (44.5%)	6:15	9.6 (56.1%)
696	KRZYŻANIAK Krzysztof	1064		LUBOŃ	M30	154	M 467	00:01:28	00:30:24	01:02:10.94	01:03:39.57	+00:28:20 (44.5%)	6:13	9.7 (56.7%)
697	KOZAK Mateusz	934	LOKALNYTRENER.PL	SKÓRZEWO	M20	150	M 468	00:01:51	00:28:37	01:01:53.73	01:03:45.23	+00:28:26 (44.6%)	6:11	9.7 (56.7%)
698	CZECHOWSKA Jolanta	328		POZNAŃ	K20	73	K 227	00:00:33	00:29:46	01:03:12.63	01:03:46.59	+00:28:27 (44.6%)	6:19	9.5 (55.6%)
699		391		POZNAŃ	M30	155	M 469	00:00:00	00:34:05	01:03:48.54	01:03:48.54	+00:28:29 (44.7%)	6:22	9.4 (55.0%)
700	KOLASIŃSKI Radosław	496		LUBOŃ	M20	151	M 470	00:01:03	00:28:55	01:02:45.31	01:03:49.13	+00:28:30 (44.7%)	6:16	9.6 (56.1%)
701	KURASIEWICZ Zuzanna	1053		ŚREM	K20	74	K 228	00:00:24	00:28:02	01:03:27.38	01:03:51.54	+00:28:32 (44.7%)	6:20	9.5 (55.6%)
702	PŁOTKA Krzysztof	632	PRZYGODOWNIA.PL	POZNAŃ	M40	122	M 471	00:01:13	00:28:39	01:02:39.24	01:03:53.11	+00:28:34 (44.7%)	6:15	9.6 (56.1%)
703	DOLATA Katarzyna	87		POZNAŃ	K40	59	K 229	00:01:45	00:28:25	01:02:07.44	01:03:53.13	+00:28:34 (44.7%)	6:12	9.7 (56.7%)
704		190		POZNAŃ	M60	8	M 472	00:00:20	00:28:54	01:03:34.90	01:03:55.47	+00:28:36 (44.8%)	6:21	9.4 (55.0%)
705		69	ALBIS	POZNAŃ	K30	83	K 230	00:00:48	00:28:32	01:03:08.08	01:03:56.56	+00:28:37 (44.8%)	6:18	9.5 (55.6%)
706	BARANEK Patryk	809		SKÓRZEWO	M20	152	M 473	00:01:35	00:27:17	01:02:24.94	01:04:00.71	+00:28:42 (44.8%)	6:14	9.6 (56.1%)
707	LALKO Łukasz	619		POZNAŃ	M40	123	M 474	00:00:57	00:28:58	01:03:08.77	01:04:06.45	+00:28:47 (44.9%)	6:18	9.5 (55.6%)
708	KUDLIŃSKI Maciej	171	FNP	BUK	M30	156	M 475	00:02:07	00:28:12	01:01:59.87	01:04:07.21	+00:28:48 (44.9%)	6:11	9.7 (56.7%)
709	JAWOR Krzysztof	227	DĄBRÓWKOWE NALEŚNIKI	DĄBRÓWKA	M50	37	M 476	00:01:59	00:28:44	01:02:09.87	01:04:09.05	+00:28:50 (45.0%)	6:12	9.7 (56.7%)
710	PIATLITSKI Raman	703		POZNAN	M20	153	M 477	00:01:54	00:30:12	01:02:18.47	01:04:12.92	+00:28:54 (45.0%)	6:13	9.6 (56.1%)
711	STEFANIAK-GIŁOWSKA Agnieszka	650		POZNAŃ	K40	60	K 231	00:01:39	00:27:41	01:02:33.44	01:04:13.07	+00:28:54 (45.0%)	6:15	9.6 (56.1%)
712		728		ŚNIECISKA	K20	75	K 232	00:00:27	00:27:56	01:03:48.82	01:04:16.75	+00:28:58 (45.1%)	6:22	9.4 (55.0%)
713	POMIN Katarzyna	661		JANOWIEC WIELKOPOLSKI	K20	76	K 233	00:01:39	00:28:31	01:02:38.80	01:04:17.87	+00:28:59 (45.1%)	6:15	9.6 (56.1%)

714	LABANAVA Ina	704		POZNAŃ	K30	84	K 234	00:01:53	00:30:13	01:02:25.52	01:04:19.32	+00:29:00 (45.1%)	6:14	9.6 (56.1%)
715	BRZEZICKA Roksana	523		POZNAŃ	K30	85	K 235	00:01:45	00:29:23	01:02:39.20	01:04:24.44	+00:29:05 (45.2%)	6:15	9.6 (56.1%)
716	KUDLIŃSKI Jacek	1106	VEOLIA	KOMORNIKI	M50	38	M 478	00:00:35	00:29:12	01:03:56.62	01:04:32.14	+00:29:13 (45.3%)	6:23	9.4 (55.0%)
717	KURZEL Aniela	1093		POZNAŃ	K50	12	K 236	00:01:11	00:29:03	01:03:20.84	01:04:32.54	+00:29:13 (45.3%)	6:20	9.5 (55.6%)
718	SZYSZKA Julia	478		POZNAŃ	K20	77	K 237	00:02:14	00:29:45	01:02:20.11	01:04:34.35	+00:29:15 (45.3%)	6:14	9.6 (56.1%)
719	WYDRO-TARCZYŃSKA Katarzyna	1149	INT4MOVES	POZNAŃ	K30	86	K 238	00:01:11	00:29:13	01:03:25.92	01:04:36.99	+00:29:18 (45.4%)	6:20	9.5 (55.6%)
720	KĘDZIORA Weronika	870		KÓRNIK	K30	87	K 239	00:01:40	00:29:31	01:02:57.15	01:04:37.97	+00:29:19 (45.4%)	6:17	9.5 (55.6%)
721	RATAJSZCZAK Marek	583	FANCLUB OSTATNIEGO BASTIONU	POZNAŃ (POZNAŃ-JEŻYCE)	M50	39	M 479	00:02:04	00:29:25	01:02:34.22	01:04:38.32	+00:29:19 (45.4%)	6:15	9.6 (56.1%)
722	MARCINOWSKI Jan	585	FNP	POZNAŃ	M30	157	M 480	00:02:04	00:29:26	01:02:34.25	01:04:38.51	+00:29:19 (45.4%)	6:15	9.6 (56.1%)
723	SOCHACKA Andżelika	119		POZNAŃ	K20	78	K 240	00:00:45	00:30:08	01:03:53.53	01:04:39.28	+00:29:20 (45.4%)	6:23	9.4 (55.0%)
724	CZESNOWSKA Kinga	559		POZNAŃ	K20	79	K 241	00:01:34	00:29:27	01:03:04.79	01:04:39.41	+00:29:20 (45.4%)	6:18	9.5 (55.6%)
725	BARDOŃ Agnieszka	89	GLEEDS	WARSZAWA	K30	88	K 242	00:01:30	00:28:35	01:03:10.18	01:04:40.92	+00:29:22 (45.4%)	6:19	9.5 (55.6%)
726	ZWIERNIK Jarosław	1089	POZNAŃ	POZNAŃ	M50	40	M 481	00:00:19	00:28:51	01:04:24.03	01:04:43.91	+00:29:25 (45.5%)	6:26	9.3 (54.4%)
727	PIECZYŃSKA Magdalena	372	MPL VERBUM	POZNAŃ	K30	89	K 243	00:01:57	00:28:42	01:02:49.07	01:04:46.07	+00:29:27 (45.5%)	6:16	9.6 (56.1%)
728	REMBARZ Jakub	540		POZNAŃ	M20	154	M 482	00:00:11	00:26:38	01:04:34.94	01:04:46.21	+00:29:27 (45.5%)	6:27	9.3 (54.4%)
729	REMBARZ Anna	541		POZNAŃ	K20	80	K 244	00:00:11	00:26:37	01:04:36.12	01:04:47.38	+00:29:28 (45.5%)	6:27	9.3 (54.4%)
730	KIEN Ania	64		POZNAŃ	K40	61	K 245	00:00:53	00:29:12	01:03:55.27	01:04:48.46	+00:29:29 (45.5%)	6:23	9.4 (55.0%)
731	ŚWITEK Emil	766		KOŁUDA WIELKA	M30	158	M 483	00:01:48	00:30:11	01:03:01.84	01:04:50.35	+00:29:31 (45.5%)	6:18	9.5 (55.6%)
732	PRZYBYŁEK Natalia	787		KALISZ	K40	62	K 246	00:00:40	00:28:25	01:04:15.65	01:04:56.40	+00:29:37 (45.6%)	6:25	9.3 (54.4%)
733	BIEDZIŃSKA Anna	4		GOWARZEWO	K40	63	K 247	00:01:21	00:29:09	01:03:36.01	01:04:57.55	+00:29:38 (45.6%)	6:21	9.4 (55.0%)
734	SOWIŃSKA Patrycja	485		POZNAŃ	K20	81	K 248	00:00:41	00:29:08	01:04:17.71	01:04:58.90	+00:29:40 (45.7%)	6:25	9.3 (54.4%)
735	CICHON Anna	456	DUDKOWIAK & PUTYRA BUSINESS LAWYERS	POZNAN	K30	90	K 249	00:02:05	00:29:11	01:02:54.44	01:05:00.08	+00:29:41 (45.7%)	6:17	9.5 (55.6%)
736	SOBIERALSKA Małgorzata	983		POZNAŃ	K30	91	K 250	00:01:16	00:31:19	01:03:43.49	01:05:00.09	+00:29:41 (45.7%)	6:22	9.4 (55.0%)
737	PAWLAK Julia	938	DUDKOWIAK & PUTYRA BUSINESS LAWYERS	POZNAŃ	K30	92	K 251	00:02:05	00:29:11	01:02:54.56	01:05:00.17	+00:29:41 (45.7%)	6:17	9.5 (55.6%)
738	PANKIEWICZ Paula	669		POZNAŃ	K20	82	K 252	00:01:57	00:28:53	01:03:03.44	01:05:00.47	+00:29:41 (45.7%)	6:18	9.5 (55.6%)
739	DUDKOWIAK Martyna	936	DUDKOWIAK & PUTYRA BUSINESS LAWYERS	POZNAŃ	K30	93	K 253	00:01:57	00:29:20	01:03:03.52	01:05:00.92	+00:29:42 (45.7%)	6:18	9.5 (55.6%)
740	DRZEWIECKA Romana	665		POZNAŃ	K40	64	K 254	00:00:16	00:30:18	01:04:46.23	01:05:02.75	+00:29:44 (45.7%)	6:28	9.3 (54.4%)
741	GOSTYŃSKI Marcin	104		POZNAŃ	M40	124	M 484	00:02:12	00:29:46	01:02:51.35	01:05:04.21	+00:29:45 (45.7%)	6:17	9.5 (55.6%)
742	RAU Patryk	148		DĄBRÓWKA	M30	159	M 485	00:00:25	00:27:55	01:04:38.70	01:05:04.51	+00:29:45 (45.7%)	6:27	9.3 (54.4%)
743	SALIŃSKI Rafał	343		POZNAŃ	M40	125	M 486	00:01:24	00:29:25	01:03:43.72	01:05:07.75	+00:29:49 (45.8%)	6:22	9.4 (55.0%)
744	CZABAJSKI Mikołaj	44	ROTARY CLUB POZNAŃ	POZNAŃ	M40	126	M 487	00:01:23	00:29:25	01:03:44.31	01:05:08.19	+00:29:49 (45.8%)	6:22	9.4 (55.0%)

745	PAWŁOWSKA Joanna	229	AKKA	ZALASEWO	K40	65	K 255	00:01:25	00:30:23	01:03:46.64	01:05:12.62	+00:29:53 (45.9%)	6:22	9.4 (55.0%)
746	PAWŁOWSKI Karol	65	AKKA	ZALASEWO	M40	127	M 488	00:01:26	00:30:22	01:03:46.58	01:05:12.96	+00:29:54 (45.9%)	6:22	9.4 (55.0%)
747	ŚWIDER Miłochna	58		POZNAŃ	K20	83	K 256	00:02:13	00:30:17	01:03:02.43	01:05:16.01	+00:29:57 (45.9%)	6:18	9.5 (55.6%)
748	OBST Natalia	776	DUSZNIKI BIEGAJĄ	DUSZNIKI	K40	66	K 257	00:00:45	00:29:06	01:04:31.68	01:05:17.59	+00:29:58 (45.9%)	6:27	9.3 (54.4%)
749	FABERSKA-KORNOSZ Monika	1007	DUSZNIKI BIEGAJĄ	DUSZNIKI	K40	67	K 258	00:00:45	00:29:06	01:04:31.85	01:05:17.84	+00:29:59 (45.9%)	6:27	9.3 (54.4%)
750	GUZIALEK Paulina	447		NIECHANOWO	K20	84	K 259	00:01:03	00:29:34	01:04:15.44	01:05:19.30	+00:30:00 (45.9%)	6:25	9.3 (54.4%)
751	KACPRZAK Agata	1114		POZNAŃ	K20	85	K 260	00:00:13	00:29:12	01:05:05.58	01:05:19.52	+00:30:00 (45.9%)	6:30	9.2 (53.8%)
752	KUCZYŃSKI Mariusz	329		POZNAŃ	M40	128	M 489	00:01:51	00:30:08	01:03:39.82	01:05:30.93	+00:30:12 (46.1%)	6:21	9.4 (55.0%)
753	STROIŃSKI Andrzej	78		POZNAŃ	M30	160	M 490	00:01:29	00:28:42	01:04:03.28	01:05:32.66	+00:30:14 (46.1%)	6:24	9.4 (55.0%)
754	SŁUPSKA Katarzyna	1065		SKÓRZEWO	K40	68	K 261	00:01:28	00:30:42	01:04:05.60	01:05:34.34	+00:30:15 (46.1%)	6:24	9.4 (55.0%)
755		41		SUCHY LAS	M40	129	M 491	00:01:41	00:29:10	01:03:55.48	01:05:36.62	+00:30:17 (46.2%)	6:23	9.4 (55.0%)
756	CHLEBOWSKA Małgorzata	106	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	K50	13	K 262	00:01:15	00:29:56	01:04:22.41	01:05:37.74	+00:30:19 (46.2%)	6:26	9.3 (54.4%)
757	SOBAŃSKI Marcin	1181		LUBOŃ	M20	155	M 492	00:01:36	00:29:46	01:04:04.58	01:05:41.13	+00:30:22 (46.2%)	6:24	9.4 (55.0%)
758	JAGODA Jakub	1300		USTKA	M20	156	M 493	00:01:19	00:30:33	01:04:28.01	01:05:47.90	+00:30:29 (46.3%)	6:26	9.3 (54.4%)
759	GROSZAK Ewa	815	VOX	ZALASEWO	K30	94	K 263	00:01:44	00:30:10	01:04:04.15	01:05:48.37	+00:30:29 (46.3%)	6:24	9.4 (55.0%)
760		452		POZNAŃ	M20	157	M 494	00:01:42	00:31:23	01:04:05.89	01:05:48.54	+00:30:29 (46.3%)	6:24	9.4 (55.0%)
761	DURKIEWICZ Tomasz	395	VOX	DOPIEWIEC	M50	41	M 495	00:01:44	00:30:10	01:04:04.82	01:05:49.24	+00:30:30 (46.4%)	6:24	9.4 (55.0%)
762		453		POZNAŃ	M20	158	M 496	00:01:42	00:31:23	01:04:06.97	01:05:49.36	+00:30:30 (46.4%)	6:24	9.4 (55.0%)
763	NAWROCIK Paulina	568		POZNAŃ	K20	86	K 264	00:01:04	00:30:14	01:04:46.44	01:05:50.63	+00:30:31 (46.4%)	6:28	9.3 (54.4%)
764	ROSIŃSKA Aleksandra	251	DKSC DZIKA KACZKA	POZNAŃ	K30	95	K 265	00:01:31	00:30:10	01:04:22.73	01:05:53.92	+00:30:35 (46.4%)	6:26	9.3 (54.4%)
765	MATYSIAK Lena	638		SIERAKÓW	K20	87	K 266	00:00:26	00:28:34	01:05:27.21	01:05:54.17	+00:30:35 (46.4%)	6:32	9.2 (53.8%)
766		877		POZNAŃ	K20	88	K 267	00:02:50	00:28:56	01:03:03.65	01:05:54.52	+00:30:35 (46.4%)	6:18	9.5 (55.6%)
767	KRAKOWSKA Ania	290		TULCE	K40	69	K 268	00:00:51	00:28:08	01:05:07.20	01:05:58.65	+00:30:40 (46.5%)	6:30	9.2 (53.8%)
768	DOMŻAŁ Marcin	673		POZNAŃ	M40	130	M 497	00:00:52	00:28:13	01:05:06.93	01:05:59.14	+00:30:40 (46.5%)	6:30	9.2 (53.8%)
769	GEISLER Aleksander	1168		POZNAŃ	M30	161	M 498	00:02:16	00:29:40	01:03:50.74	01:06:07.52	+00:30:48 (46.6%)	6:23	9.4 (55.0%)
770	ŚWIĄTEK Dawid	553		POZNAŃ	M30	162	M 499	00:02:17	00:29:39	01:03:51.04	01:06:08.12	+00:30:49 (46.6%)	6:23	9.4 (55.0%)
771		1197					4	00:01:57	00:30:18	01:04:10.94	01:06:08.46	+00:30:49 (46.6%)	6:25	9.4 (55.0%)
772	GONDRO Kacper	562		POZNAŃ	M20	159	M 500	00:01:09	00:28:43	01:05:02.15	01:06:12.01	+00:30:53 (46.7%)	6:30	9.2 (53.8%)
773		150		LUBOŃ	M30	163	M 501	00:00:30	00:29:09	01:05:43.66	01:06:14.27	+00:30:55 (46.7%)	6:34	9.1 (53.2%)
774	KAISER Wiktoria	97		CHRZANÓW	K20	89	K 269	00:01:35	00:29:29	01:04:42.77	01:06:18.13	+00:30:59 (46.7%)	6:28	9.3 (54.4%)
775	LISEWSKA Katarzyna	800		POZNAŃ	K50	14	K 270	00:01:25	00:29:32	01:04:53.36	01:06:19.20	+00:31:00 (46.8%)	6:29	9.2 (53.8%)

776	WOLF Rafał	123		POZNAŃ	M20	160	M 502	00:01:06	00:32:20	01:05:17.82	01:06:24.49	+00:31:05 (46.8%)	6:31	9.2 (53.8%)
777	RUGAŁA Natalia	1087		ZBĄSZYŃ	K20	90	K 271	00:00:35	00:31:31	01:05:49.35	01:06:25.07	+00:31:06 (46.8%)	6:34	9.1 (53.2%)
778	MACIEJEWSKI Mikołaj	1011		ZBĄSZYŃ	M20	161	M 503	00:00:35	00:31:31	01:05:49.79	01:06:25.59	+00:31:06 (46.8%)	6:34	9.1 (53.2%)
779	GRZYBOWSKI Jakub	510		TULCE	M20	162	M 504	00:00:22	00:29:56	01:06:08.83	01:06:30.96	+00:31:12 (46.9%)	6:36	9.1 (53.2%)
780	JASIUWIAN Anna	407		CZAPURY	K40	70	K 272	00:00:40	00:30:23	01:05:53.59	01:06:33.97	+00:31:15 (47.0%)	6:35	9.1 (53.2%)
781	WODKA-KUJAWSKA Katarzyna	406		POZNAŃ	K30	96	K 273	00:00:40	00:30:22	01:05:53.61	01:06:34.12	+00:31:15 (47.0%)	6:35	9.1 (53.2%)
782	KACZMAREK Patryk	1002		SĘDZINKO	M20	163	M 505	00:00:38	00:28:26	01:05:56.78	01:06:35.05	+00:31:16 (47.0%)	6:35	9.1 (53.2%)
783	SINIAWSKI Robert	327		POZNAŃ	M20	164	M 506	00:00:34	00:31:03	01:06:09.36	01:06:44.32	+00:31:25 (47.1%)	6:36	9.1 (53.2%)
784		595		POZNAŃ	K50	15	K 274	00:01:00	00:29:58	01:05:44.73	01:06:45.36	+00:31:26 (47.1%)	6:34	9.1 (53.2%)
785	PUWAŁOWSKI Robert	12	MARUDERZY	POZNAŃ	M40	131	M 507	00:02:14	00:29:13	01:04:34.69	01:06:49.50	+00:31:30 (47.2%)	6:27	9.3 (54.4%)
786	MALICKI Bartłomiej	280		SWARZĘDZ	M40	132	M 508	00:01:57	00:30:37	01:04:58.64	01:06:56.13	+00:31:37 (47.2%)	6:29	9.2 (53.8%)
787	KRZYŻOSTANIAK Nikodem	816		SŁAWICA	M20	165	M 509	00:01:36	00:28:34	01:05:21.65	01:06:57.83	+00:31:39 (47.3%)	6:32	9.2 (53.8%)
788	KUJAWA Katarzyna	10		KÓRNIK	K30	97	K 275	00:00:39	00:30:36	01:06:18.17	01:06:57.87	+00:31:39 (47.3%)	6:37	9 (52.6%)
789	ZIĘBA Anna	54	TACAKIEWICZ FERMA KRESEK	POZNAŃ	K20	91	K 276	00:00:30	00:29:35	01:06:29.93	01:07:00.62	+00:31:41 (47.3%)	6:38	9 (52.6%)
790	UŚCIŃSKA Ilona	159		POZNAŃ	K40	71	K 277	00:01:06	00:31:17	01:05:59.99	01:07:06.59	+00:31:47 (47.4%)	6:35	9.1 (53.2%)
791	WRÓBEL Marzena	495	TARNOWO PODGÓRNE BIEGA	SWADZIM	K50	16	K 278	00:00:28	00:30:17	01:06:40.36	01:07:09.05	+00:31:50 (47.4%)	6:40	9 (52.6%)
792	WALENCIAK Aleksandra	130	TARNOWO PODGÓRNE BIEGA	TARNOWO PODGÓRNE	K50	17	K 279	00:00:28	00:30:17	01:06:40.56	01:07:09.21	+00:31:50 (47.4%)	6:40	9 (52.6%)
793	KONIECZNA Anna	131	TARNOWO PODGÓRNE BIEGA	TARNOWO PODGÓRNE	K40	72	K 280	00:00:28	00:30:17	01:06:40.40	01:07:09.23	+00:31:50 (47.4%)	6:40	9 (52.6%)
794	BELOWSKA Ania	222		POZNAŃ	K40	73	K 281	00:01:03	00:29:53	01:06:06.93	01:07:10.46	+00:31:51 (47.4%)	6:36	9.1 (53.2%)
795	SZARZAŁA Piotr	660	DRUZYNA SZPIKU	POZNAŃ	M40	133	M 510	00:01:05	00:30:21	01:06:07.80	01:07:13.13	+00:31:54 (47.5%)	6:36	9.1 (53.2%)
796	WOJTAŚ Dorota	1043		POZNAŃ	K20	92	K 282	00:02:19	00:28:42	01:04:59.09	01:07:18.24	+00:31:59 (47.5%)	6:29	9.2 (53.8%)
797	MATECKI Mariusz	420	DRUZYNA SZPIKU	POZNAŃ	M50	42	M 511	00:01:04	00:30:00	01:06:16.06	01:07:20.07	+00:32:01 (47.6%)	6:37	9.1 (53.2%)
798	CZARNECKI Dominik	605		POZNAŃ	M30	164	M 512	00:00:26	00:31:16	01:06:54.95	01:07:21.15	+00:32:02 (47.6%)	6:41	9 (52.6%)
799	PAWLIK Danuta	543		SKÓRZEWO	K50	18	K 283	00:00:30	00:30:31	01:06:54.15	01:07:24.48	+00:32:05 (47.6%)	6:41	9 (52.6%)
800	TÓRZ Jagoda	590	JUST HERO TEAM	ŁÓDZ	K20	93	K 284	00:00:46	00:29:20	01:06:40.08	01:07:26.77	+00:32:08 (47.6%)	6:40	9 (52.6%)
801	SAS Jakub	124		INOWROCŁAW	M20	166	M 513	00:01:05	00:30:46	01:06:25.76	01:07:31.33	+00:32:12 (47.7%)	6:38	9 (52.6%)
802	FILIPIAK Liwia	550		KOZIEGŁOWY	K30	98	K 285	00:01:41	00:30:33	01:05:54.02	01:07:35.65	+00:32:17 (47.8%)	6:35	9.1 (53.2%)
803	STRÓŻYK Marek	690		KOZIEGŁOWY	M40	134	M 514	00:01:40	00:30:34	01:05:55.06	01:07:35.85	+00:32:17 (47.8%)	6:35	9.1 (53.2%)
804	BIELAWSKA Wiktoria	1005		POZNAŃ	K20	94	K 286	00:00:20	00:31:15	01:07:19.99	01:07:40.04	+00:32:21 (47.8%)	6:43	8.9 (52.0%)
805	MALICKI Wojciech	513	SP3 SWARZĘDZ	JASIN	M40	135	M 515	00:01:50	00:28:59	01:05:49.98	01:07:40.76	+00:32:22 (47.8%)	6:34	9.1 (53.2%)
806	WARDAK Mateusz	545		OSTRÓW WIELKOPOLSKI	M30	165	M 516	00:00:13	00:31:57	01:07:32.39	01:07:45.96	+00:32:27 (47.9%)	6:45	8.9 (52.0%)

807	SZUKAŁA Maria	286		POZNAŃ	K20	95	K 287	00:00:34	00:30:30	01:07:22.21	01:07:56.96	+00:32:38 (48.0%)	6:44	8.9 (52.0%)
808	SZUKAŁA Małgorzata	285		POZNAŃ	K30	99	K 288	00:00:34	00:30:32	01:07:22.27	01:07:57.05	+00:32:38 (48.0%)	6:44	8.9 (52.0%)
809	DOBKOWSKI Piotr	417		POZNAŃ	M40	136	M 517	00:01:27	00:33:41	01:06:33.80	01:08:01.75	+00:32:43 (48.1%)	6:39	9 (52.6%)
810	PAWŁOWSKA Magdalena	182		POZNAŃ	K40	74	K 289	00:01:01	00:30:31	01:07:04.19	01:08:05.64	+00:32:46 (48.1%)	6:42	8.9 (52.0%)
811	PAWŁOWSKI Grzegorz	181		POZNAŃ	M40	137	M 518	00:01:01	00:30:32	01:07:05.37	01:08:06.55	+00:32:47 (48.2%)	6:42	8.9 (52.0%)
812	TRZASKAWKA Michał	316		POZNAŃ	M40	138	M 519	00:01:51	00:30:10	01:06:18.95	01:08:10.03	+00:32:51 (48.2%)	6:37	9 (52.6%)
813	ŚLAWNIKOWSKI Radek	1120	ZABIEGANI LUSÓWKO	LUSÓWKO	M40	139	M 520	00:02:06	00:31:32	01:06:05.75	01:08:11.76	+00:32:53 (48.2%)	6:36	9.1 (53.2%)
814	ŚLAWNIKOWSKA Agnieszka	1113	ZABIEGANI LUSÓWKO	LUSÓWKO	K40	75	K 290	00:02:05	00:31:33	01:06:05.86	01:08:11.78	+00:32:53 (48.2%)	6:36	9.1 (53.2%)
815	KATAŃSKI Marcin	371		POZNAŃ	M50	43	M 521	00:01:57	00:30:40	01:06:16.10	01:08:13.68	+00:32:55 (48.2%)	6:37	9.1 (53.2%)
816	TOMCZYK Stanisław	770	-	PUSZCZYKOWO	M60	9	M 522	00:00:59	00:28:34	01:07:16.10	01:08:15.35	+00:32:56 (48.3%)	6:43	8.9 (52.0%)
817	BILIŃSKA Anna	312		POZNAŃ	K40	76	K 291	00:01:35	00:30:35	01:06:40.72	01:08:16.37	+00:32:57 (48.3%)	6:40	9 (52.6%)
818	RUPOCIŃSKI Mateusz	467	DANCING IN THE MOONLIGHT	POZNAŃ	M30	166	M 523	00:00:21	00:31:48	01:07:55.27	01:08:16.40	+00:32:57 (48.3%)	6:47	8.8 (51.5%)
819	KURZAWA Kornelia	465	DANCING IN THE MOONLIGHT	POZNAŃ	K30	100	K 292	00:00:21	00:31:48	01:07:56.05	01:08:17.23	+00:32:58 (48.3%)	6:47	8.8 (51.5%)
820	KALINOWSKI Szymon	624		POZNAŃ	M20	167	M 524	00:01:33	00:30:27	01:06:54.78	01:08:28.41	+00:33:09 (48.4%)	6:41	9 (52.6%)
821	STEMPIN Aleksandra	418		POZNAŃ	K40	77	K 293	00:00:14	00:30:33	01:08:16.47	01:08:30.86	+00:33:12 (48.5%)	6:49	8.8 (51.5%)
822	PAJCHROWSKI Michał	867		ZANIEMYŚL	M40	140	M 525	00:02:18	00:32:05	01:06:15.59	01:08:33.63	+00:33:14 (48.5%)	6:37	9.1 (53.2%)
823	KURKOWIAK Agnieszka	697		POZNAŃ	K50	19	K 294	00:01:46	00:30:32	01:06:47.19	01:08:33.97	+00:33:15 (48.5%)	6:40	9 (52.6%)
824	CHRYSTEK Patrycja	796		GNIEZNO	K30	101	K 295	00:01:38	00:32:16	01:07:01.98	01:08:40.74	+00:33:22 (48.6%)	6:42	9 (52.6%)
825	MALINOWSKA Joanna	972		POZNAŃ	K20	96	K 296	00:00:15	00:31:58	01:08:30.92	01:08:46.69	+00:33:28 (48.7%)	6:51	8.8 (51.5%)
826	PALUSZKIEWICZ Grzegorz	6	PROFFESSOR DE MASTURBATION	TULCE	M30	167	M 526	00:01:22	00:30:36	01:07:25.60	01:08:48.56	+00:33:29 (48.7%)	6:44	8.9 (52.0%)
827	PĘCHORZEWSKI Adrian	1060		SWARZĘDZ	M20	168	M 527	00:01:32	00:33:41	01:07:18.03	01:08:50.73	+00:33:32 (48.7%)	6:43	8.9 (52.0%)
828	SAS Laura	480	LAURITTA.RUNS	POZNAŃ	K30	102	K 297	00:00:51	00:30:30	01:08:05.52	01:08:57.11	+00:33:38 (48.8%)	6:48	8.8 (51.5%)
829	KNAPIK Michał	426		POZNAŃ	M30	168	M 528	00:00:26	00:31:33	01:08:39.66	01:09:05.94	+00:33:47 (48.9%)	6:51	8.7 (50.9%)
830		462		BORÓWIEC	M40	141	M 529	00:01:07	00:31:04	01:08:00.24	01:09:08.02	+00:33:49 (48.9%)	6:48	8.8 (51.5%)
831		463		BORÓWIEC	K20	97	K 298	00:01:07	00:31:04	01:08:00.61	01:09:08.17	+00:33:49 (48.9%)	6:48	8.8 (51.5%)
832	PODYMSKA Emilia	970	SZACHOWANKI.PL	PLEWISKA	K30	103	K 299	00:01:53	00:32:02	01:07:16.70	01:09:10.08	+00:33:51 (48.9%)	6:43	8.9 (52.0%)
833	PIETRASZEK Aleksandra	667		POZNA	K30	104	K 300	00:01:58	00:30:34	01:07:12.64	01:09:10.80	+00:33:52 (49.0%)	6:43	8.9 (52.0%)
834	CZABAJSKA Alicja	344	ROTARY CLUB POZNAŃ	POZNAŃ	K40	78	K 301	00:02:20	00:30:32	01:06:50.43	01:09:11.42	+00:33:52 (49.0%)	6:41	9 (52.6%)
835	MATYNIAK Maja	1017		POZNAŃ	K20	98	K 302	00:01:58	00:32:02	01:07:17.34	01:09:15.83	+00:33:57 (49.0%)	6:43	8.9 (52.0%)
836	DUZIAK Bartosz	214		POZNAŃ	M30	169	M 530	00:02:04	00:31:36	01:07:13.32	01:09:17.57	+00:33:58 (49.0%)	6:43	8.9 (52.0%)
837	PINIARSKI Paweł	31	DPKJIP	POZNAŃ	M30	170	M 531	00:01:19	00:31:24	01:07:59.21	01:09:18.97	+00:34:00 (49.1%)	6:47	8.8 (51.5%)

838	PINIARSKA Dominika	32	DPKJIP	POZNAŃ	K30	105	K 303	00:01:19	00:31:24	01:07:59.73	01:09:19.15	+00:34:00 (49.1%)	6:47	8.8 (51.5%)
839	MATECKI Filip	711		POZNAŃ	M20	169	M 532	00:00:51	00:31:24	01:08:32.96	01:09:23.97	+00:34:05 (49.1%)	6:51	8.8 (51.5%)
840	GRACZYK Dąbrowka	710		POZNAŃ	K20	99	K 304	00:00:50	00:31:23	01:08:33.52	01:09:24.21	+00:34:05 (49.1%)	6:51	8.8 (51.5%)
841	GENDERA Ewa	399	NIGHT RUNNERS	POZNAŃ	K50	20	K 305	00:00:44	00:30:56	01:08:41.15	01:09:26.14	+00:34:07 (49.1%)	6:52	8.7 (50.9%)
842	VATER Natalie	655		SZCZECIN	K20	100	K 306	00:00:54	00:31:17	01:08:34.51	01:09:28.64	+00:34:10 (49.2%)	6:51	8.8 (51.5%)
843	JUSKOWIAK Przemysław	302		POZNAŃ	M40	142	M 533	00:00:17	00:31:04	01:09:11.33	01:09:28.73	+00:34:10 (49.2%)	6:55	8.7 (50.9%)
844	CZACZYK Julia	933		GNIEZNO	K40	79	K 307	00:00:47	00:30:37	01:08:44.16	01:09:31.51	+00:34:12 (49.2%)	6:52	8.7 (50.9%)
845	TWARDOWSKA Sandra	735		ŚREM	K30	106	K 308	00:01:12	00:32:05	01:08:19.64	01:09:32.42	+00:34:13 (49.2%)	6:49	8.8 (51.5%)
846	ŚWIETLICKI Hubert	80		POZNAŃ	M40	143	M 534	00:01:29	00:31:00	01:08:02.97	01:09:32.44	+00:34:13 (49.2%)	6:48	8.8 (51.5%)
847	KIERUJ Paulina	1318		POZNAŃ	K20	101	K 309	00:01:08	00:31:05	01:08:31.64	01:09:40.63	+00:34:21 (49.3%)	6:51	8.8 (51.5%)
848	KOTOWSKA Aleksandra	50		SWARZĘDZ	K20	102	K 310	00:00:44	00:31:03	01:08:56.30	01:09:40.63	+00:34:21 (49.3%)	6:53	8.7 (50.9%)
849	ODACHOWSKA Paulina	166		SWARZĘDZ	K20	103	K 311	00:00:11	00:32:59	01:09:30.81	01:09:41.93	+00:34:23 (49.3%)	6:57	8.6 (50.3%)
850	KE Paula	741		KAMIONKI	K30	107	K 312	00:00:38	00:31:12	01:09:04.35	01:09:42.41	+00:34:23 (49.3%)	6:54	8.7 (50.9%)
851	KAZIMIERCZYK Dominika	557		GDAŃSK	K30	108	K 313	00:01:27	00:31:04	01:08:15.06	01:09:42.64	+00:34:24 (49.3%)	6:49	8.8 (51.5%)
852	GRZEŚKOWIAK Joanna	1108		SWARZĘDZ	K30	109	K 314	00:01:30	00:33:02	01:08:12.09	01:09:42.70	+00:34:24 (49.3%)	6:49	8.8 (51.5%)
853	MARUSARZ WERSKA Natalia	974		SWARZĘDZ	K30	110	K 315	00:01:12	00:31:22	01:08:30.36	01:09:43.19	+00:34:24 (49.4%)	6:51	8.8 (51.5%)
854	BANASIŁ Faustyna	210		POZNAN	K20	104	K 316	00:01:35	00:29:43	01:08:17.30	01:09:52.50	+00:34:33 (49.5%)	6:49	8.8 (51.5%)
855	PAWLICKA Anna	635	FITBOX TEAM	SIERAKÓW	K30	111	K 317	00:00:27	00:31:19	01:09:28.11	01:09:55.30	+00:34:36 (49.5%)	6:56	8.6 (50.3%)
856	STAŚKOWIAK Agnieszka	520	BAD	ROKIETNICA	K50	21	K 318	00:01:22	00:32:02	01:08:35.26	01:09:57.50	+00:34:38 (49.5%)	6:51	8.7 (50.9%)
857	ROSZAK Andrzej	511		PLEWISKA	M30	171	M 535	00:01:26	00:30:11	01:08:35.26	01:10:01.87	+00:34:43 (49.6%)	6:51	8.7 (50.9%)
858	BIEDZIŃSKI Maciej	3		GOWARZEWO	M40	144	M 536	00:01:24	00:30:12	01:08:37.93	01:10:02.26	+00:34:43 (49.6%)	6:51	8.7 (50.9%)
859	NOWAK Michalina	156		KONINKO	K30	112	K 319	00:01:06	00:32:25	01:08:59.27	01:10:05.88	+00:34:47 (49.6%)	6:53	8.7 (50.9%)
860	WACHOWIAK Martyna	273		POZNAŃ	K20	105	K 320	00:01:50	00:31:49	01:08:19.82	01:10:10.03	+00:34:51 (49.7%)	6:49	8.8 (51.5%)
861		508		WOLSZTYN	K40	80	K 321	00:00:38	00:31:38	01:09:37.50	01:10:16.03	+00:34:57 (49.7%)	6:57	8.6 (50.3%)
862	LUDWICZAK Agnieszka	647	WARTECKA TEAM	MAĆZNIKI	K40	81	K 322	00:01:15	00:32:17	01:09:03.95	01:10:19.61	+00:35:00 (49.8%)	6:54	8.7 (50.9%)
863	KAŻMIERCZAK Natalia	292	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	K40	82	K 323	00:01:15	00:32:17	01:09:04.06	01:10:19.81	+00:35:01 (49.8%)	6:54	8.7 (50.9%)
864	GRYCHOWSKA Wiktoria	947		POZNAŃ	K20	106	K 324	00:01:52	00:32:32	01:08:44.64	01:10:37.05	+00:35:18 (50.0%)	6:52	8.7 (50.9%)
865	ZABADEUSZ Paulina	498		TULCE	K40	83	K 325	00:01:07	00:31:17	01:09:34.67	01:10:42.41	+00:35:23 (50.1%)	6:57	8.6 (50.3%)
866	SUŁKOWSKA Sylwia	142	LUBIA RUN	POZNAŃ	K40	84	K 326	00:01:08	00:31:16	01:09:34.89	01:10:43.09	+00:35:24 (50.1%)	6:57	8.6 (50.3%)
867	WOJCIECHOWSKA Marta	1198		POZNAŃ	K30	113	K 327	00:00:59	00:33:31	01:09:48.37	01:10:48.23	+00:35:29 (50.1%)	6:58	8.6 (50.3%)
868	QUAIUM Jan	284		POZNAŃ	M20	170	M 537	00:01:16	00:29:52	01:09:32.73	01:10:48.86	+00:35:30 (50.1%)	6:57	8.6 (50.3%)

869	BURDA Wiktoria	1151		POKOJE	K20	107	K 328	00:02:11	00:32:21	01:08:40.90	01:10:52.05	+00:35:33 (50.2%)	6:52	8.7 (50.9%)
870	WROTECKI Wojciech	1171		STRZAŁKOWO	M20	171	M 538	00:02:11	00:32:22	01:08:40.73	01:10:52.48	+00:35:33 (50.2%)	6:52	8.7 (50.9%)
871	SIP Dariusz	644	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	M40	145	M 539	00:01:18	00:32:17	01:09:45.82	01:11:03.99	+00:35:45 (50.3%)	6:58	8.6 (50.3%)
872		672		POZNAŃ	K40	85	K 329	00:01:40	00:31:53	01:09:26.00	01:11:06.95	+00:35:48 (50.3%)	6:56	8.6 (50.3%)
873	PAWLAK Joanna	1052		KIEŁCZEWO	K20	108	K 330	00:01:20	00:32:05	01:09:48.96	01:11:09.30	+00:35:50 (50.4%)	6:58	8.6 (50.3%)
874		762		POZNAŃ	K20	109	K 331	00:01:11	00:32:14	01:09:58.39	01:11:09.55	+00:35:50 (50.4%)	6:59	8.6 (50.3%)
875	SWALTEK Marcin	412		POZNA	M20	172	M 540	00:00:47	00:33:41	01:10:21.93	01:11:09.89	+00:35:51 (50.4%)	7:02	8.5 (49.7%)
876	KARLIŃSKA Anna	413		POZNAŃ	K20	110	K 332	00:00:47	00:33:41	01:10:21.94	01:11:09.93	+00:35:51 (50.4%)	7:02	8.5 (49.7%)
877	KOZŁOWSKA Agnieszka	811	ENEA ENERGETYK	KOZIEGŁOWY	K40	86	K 333	00:00:00	00:39:05	01:11:10.32	01:11:10.32	+00:35:51 (50.4%)	7:07	8.4 (49.1%)
878	JANAS Anna	47		SZAMOTUŁY	K40	87	K 334	00:00:44	00:30:38	01:10:36.51	01:11:20.93	+00:36:02 (50.5%)	7:03	8.5 (49.7%)
879	BRODNICKA Karolina	1156		BŁĄŻEJEWO	K30	114	K 335	00:00:31	00:32:07	01:10:50.40	01:11:21.52	+00:36:02 (50.5%)	7:05	8.5 (49.7%)
880		218	KOLACZKI	POBIEDZISKA	M30	172	M 541	00:02:08	00:33:19	01:09:18.38	01:11:27.03	+00:36:08 (50.6%)	6:55	8.7 (50.9%)
881	SUWICZAK Julia	460		POZNAŃ	K20	111	K 336	00:01:55	00:34:07	01:09:33.30	01:11:29.07	+00:36:10 (50.6%)	6:57	8.6 (50.3%)
882	PIECHEL Dominik	457		PSARSKIE	M20	173	M 542	00:01:55	00:34:07	01:09:33.85	01:11:29.82	+00:36:11 (50.6%)	6:57	8.6 (50.3%)
883	MAŚNICKA Magda	115	GÓRSKIE BIEGUSIE	POZNAŃ	K20	112	K 337	00:01:02	00:31:46	01:10:28.93	01:11:31.12	+00:36:12 (50.6%)	7:02	8.5 (49.7%)
884	DOBROGOJSKA Pola	216		WĄGROWIEC	K20	113	K 338	00:02:03	00:31:44	01:09:28.24	01:11:31.74	+00:36:13 (50.6%)	6:56	8.6 (50.3%)
885	LETZA Adelina	215		SKÓRZEWO	K20	114	K 339	00:02:03	00:31:37	01:09:28.24	01:11:31.80	+00:36:13 (50.6%)	6:56	8.6 (50.3%)
886	KARAŚ Jacek	1154	DRUZYNA SZPIKU	POZNAŃ	M40	146	M 543	00:01:03	00:30:59	01:10:29.01	01:11:32.50	+00:36:13 (50.6%)	7:02	8.5 (49.7%)
887	IWANEK Iga	991	THERAPYGUIDE	POZNAŃ	K20	115	K 340	00:01:26	00:32:43	01:10:06.73	01:11:33.44	+00:36:14 (50.7%)	7:00	8.6 (50.3%)
888	MULICA Nina	563		POZNAŃ	K20	116	K 341	00:01:26	00:32:42	01:10:06.94	01:11:33.90	+00:36:15 (50.7%)	7:00	8.6 (50.3%)
889	KACZMAREK Jan	774		ŚRODA WIELKOPOLSKA	M20	174	M 544	00:01:40	00:34:36	01:09:55.91	01:11:36.46	+00:36:17 (50.7%)	6:59	8.6 (50.3%)
890	WYPARLO Mikołaj	629		POZNAN	M20	175	M 545	00:01:40	00:34:36	01:09:56.63	01:11:37.06	+00:36:18 (50.7%)	6:59	8.6 (50.3%)
891	KUJASZEWSKI Jakub	982		PUSZCZYKOWO	M20	176	M 546	00:01:49	00:30:15	01:09:51.56	01:11:41.29	+00:36:22 (50.7%)	6:59	8.6 (50.3%)
892	KRZYŻANIAK Dawid	1150		PUSZCZYKOWO	M20	177	M 547	00:01:50	00:31:14	01:09:52.30	01:11:42.31	+00:36:23 (50.8%)	6:59	8.6 (50.3%)
893	WIECZOREK Krystian	1155		PUSZCZYKOWO	M20	178	M 548	00:01:50	00:32:14	01:09:52.61	01:11:42.62	+00:36:23 (50.8%)	6:59	8.6 (50.3%)
894	ROLNIK Damian	731		SŁUPCA	M20	179	M 549	00:02:12	00:32:20	01:09:30.23	01:11:43.10	+00:36:24 (50.8%)	6:57	8.6 (50.3%)
895	TOMCZAK Aleksander	1157		SAMARZEWO	M20	180	M 550	00:02:11	00:32:21	01:09:31.38	01:11:43.28	+00:36:24 (50.8%)	6:57	8.6 (50.3%)
896	FRĄCKOWIAK Mateusz	34		POZNAŃ	M40	147	M 551	00:01:30	00:32:16	01:10:13.43	01:11:43.70	+00:36:25 (50.8%)	7:01	8.5 (49.7%)
897	JUZYSZYN Karolina	198	NORMAL PEOPLE	POZNAŃ	K30	115	K 342	00:01:43	00:32:28	01:10:00.55	01:11:43.75	+00:36:25 (50.8%)	7:00	8.6 (50.3%)
898	DRGAS Dominika	333		POZNAŃ	K40	88	K 343	00:01:29	00:32:11	01:10:14.13	01:11:44.03	+00:36:25 (50.8%)	7:01	8.5 (49.7%)
899		334		POZNAŃ	K50	22	K 344	00:00:52	00:32:20	01:10:54.87	01:11:47.24	+00:36:28 (50.8%)	7:05	8.5 (49.7%)

900		335		POZNAŃ	K50	23	K 345	00:00:52	00:32:20	01:10:54.95	01:11:47.50	+00:36:28 (50.8%)	7:05	8.5 (49.7%)
901	CIESIELSKA Marta	687		POZNAŃ	K30	116	K 346	00:00:12	00:31:15	01:11:41.38	01:11:53.97	+00:36:35 (50.9%)	7:10	8.4 (49.1%)
902	DYKCZAK Joanna	199		POZNAŃ	K30	117	K 347	00:01:43	00:32:28	01:10:15.61	01:11:58.93	+00:36:40 (50.9%)	7:01	8.5 (49.7%)
903	WOJKIEWICZ-BANASZAK Kinga	293	WARTECKA TEAM	BRODOWO	K30	118	K 348	00:01:15	00:32:25	01:10:50.89	01:12:06.60	+00:36:47 (51.0%)	7:05	8.5 (49.7%)
904	SZURKO Weronika	297	WARTECKA TEAM	KREROWO	K30	119	K 349	00:01:14	00:32:27	01:10:52.06	01:12:06.75	+00:36:48 (51.0%)	7:05	8.5 (49.7%)
905	ZIELIŃSKA Marta	1044		POZNAŃ	K20	117	K 350	00:02:07	00:31:55	01:10:27.57	01:12:34.87	+00:37:16 (51.4%)	7:02	8.5 (49.7%)
906	BEREZOWSKI Bartosz	1045		POZNAŃ	M20	181	M 552	00:02:07	00:31:55	01:10:28.14	01:12:35.56	+00:37:16 (51.4%)	7:02	8.5 (49.7%)
907	SPYCHAŁA Filip	246		ZBĄSZYNEK	M20	182	M 553	00:00:39	00:32:38	01:11:59.97	01:12:39.22	+00:37:20 (51.4%)	7:11	8.3 (48.5%)
908	BANASZEK Aleksandra	244		KOSIECZYN	K20	118	K 351	00:00:39	00:32:37	01:11:59.78	01:12:39.30	+00:37:20 (51.4%)	7:11	8.3 (48.5%)
909	JAŃCZAK Anna	1324		HERENTHOUT	K40	89	K 352	00:00:49	00:33:04	01:11:51.10	01:12:40.21	+00:37:21 (51.4%)	7:11	8.4 (49.1%)
910	CZUBAJ-WAHLA Natalia	231		POZNAŃ	K40	90	K 353	00:02:22	00:33:00	01:10:18.38	01:12:40.99	+00:37:22 (51.4%)	7:01	8.5 (49.7%)
911	JAŃCZAK Tomasz	1322		POZNAŃ	M30	173	M 554	00:00:49	00:33:03	01:11:52.78	01:12:42.02	+00:37:23 (51.4%)	7:11	8.3 (48.5%)
912	MATUSZAK Maria	993		LESZNO	K20	119	K 354	00:01:53	00:32:19	01:10:51.85	01:12:45.67	+00:37:27 (51.5%)	7:05	8.5 (49.7%)
913	ZAWADA Wiktoria	492		BORKI	K20	120	K 355	00:00:35	00:32:43	01:12:21.06	01:12:56.64	+00:37:38 (51.6%)	7:14	8.3 (48.5%)
914	OZDOBA Magdalena	134		POZNAŃ	K30	120	K 356	00:01:50	00:31:45	01:11:07.40	01:12:57.66	+00:37:39 (51.6%)	7:06	8.4 (49.1%)
915	GRECZKA Marcin	382		KOMORNIKI	M40	148	M 555	00:01:44	00:33:07	01:11:13.39	01:12:58.12	+00:37:39 (51.6%)	7:07	8.4 (49.1%)
916	KUROWSKA OWCZAREK Emilia	383		KOMORNIKI	K40	91	K 357	00:01:44	00:33:07	01:11:14.28	01:12:58.62	+00:37:39 (51.6%)	7:07	8.4 (49.1%)
917	WOLTYŃSKI Roman	237		CZMOŃ	M40	149	M 556	00:00:21	00:31:15	01:12:48.96	01:13:10.82	+00:37:52 (51.7%)	7:16	8.2 (48.0%)
918	BIAŁEK Anna	1050		POZNAŃ	K30	121	K 358	00:01:22	00:33:10	01:11:58.20	01:13:20.41	+00:38:01 (51.9%)	7:11	8.3 (48.5%)
919	SZUMSKI Krzysztof	865	CZAS SIĘ OGARNAĆ	SIEKIERKI WIELKIE	M40	150	M 557	00:02:18	00:32:05	01:11:13.07	01:13:31.21	+00:38:12 (52.0%)	7:07	8.4 (49.1%)
920		256	VEOLIA	POZNAŃ	K40	92	K 359	00:00:36	00:32:46	01:12:59.48	01:13:35.48	+00:38:16 (52.0%)	7:17	8.2 (48.0%)
921	SOCHA-SZYMCAK Agnieszka	414	ZESPÓŁ SZKÓŁ W TULCACH	GOWARZEWO	K30	122	K 360	00:00:39	00:34:28	01:12:56.98	01:13:36.87	+00:38:18 (52.0%)	7:17	8.2 (48.0%)
922	WITKOWSKA Monika	133		POZNAŃ	K40	93	K 361	00:01:49	00:31:54	01:11:49.78	01:13:39.76	+00:38:21 (52.1%)	7:10	8.4 (49.1%)
923	PACHURA Sylwia	649	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	K40	94	K 362	00:01:17	00:33:42	01:12:22.32	01:13:39.83	+00:38:21 (52.1%)	7:14	8.3 (48.5%)
924	WALCZAK Katarzyna	646	KLUB WARTECKA TEAM	ŚRODA WIELKOPOLSKA	K30	123	K 363	00:01:17	00:33:43	01:12:22.32	01:13:39.90	+00:38:21 (52.1%)	7:14	8.3 (48.5%)
925	SIP Agnieszka	643	WARTECKA TEAM	ŚRODA WIELKOPOLSKA	K40	95	K 364	00:01:17	00:33:40	01:12:22.68	01:13:40.13	+00:38:21 (52.1%)	7:14	8.3 (48.5%)
926	MAJEWSKA Beata	594		PUSZCZYKOWO	K40	96	K 365	00:00:58	00:32:15	01:12:42.32	01:13:40.97	+00:38:22 (52.1%)	7:16	8.3 (48.5%)
927		580		KOZIEGŁOWY	K20	121	K 366	00:01:11	00:31:01	01:12:35.60	01:13:47.04	+00:38:28 (52.1%)	7:15	8.3 (48.5%)
928	KALINOWSKA Anita	582		KOZIEGŁOWY	K30	124	K 367	00:01:11	00:31:00	01:12:35.90	01:13:47.14	+00:38:28 (52.1%)	7:15	8.3 (48.5%)
929		918		POZNAŃ	K20	122	K 368	00:00:45	00:31:48	01:13:01.93	01:13:47.45	+00:38:28 (52.1%)	7:18	8.2 (48.0%)
930	PIOTROWSKA Olena	1014		POZNAŃ	K30	125	K 369	00:01:51	00:32:02	01:11:56.84	01:13:48.39	+00:38:29 (52.2%)	7:11	8.3 (48.5%)

931	ŁUKASZYK Daria	374		POZNAŃ	K30	126	K 370	00:01:56	00:32:16	01:11:53.84	01:13:50.33	+00:38:31 (52.2%)	7:11	8.3 (48.5%)
932	KRUGER Inga	775	BOROWO MŁYN TEAM	BISKUPICE	K30	127	K 371	00:00:29	00:31:22	01:13:20.89	01:13:50.75	+00:38:32 (52.2%)	7:20	8.2 (48.0%)
933	DOLATA Marcin	86		POZNAŃ	M50	44	M 558	00:01:47	00:32:55	01:12:07.68	01:13:55.41	+00:38:36 (52.2%)	7:12	8.3 (48.5%)
934	BARCZAK Renata	755		POZNAŃ	K50	24	K 372	00:01:36	00:33:09	01:12:24.04	01:14:00.64	+00:38:41 (52.3%)	7:14	8.3 (48.5%)
935	KARASIEWICZ Przemysław	756		POZNAŃ	M50	45	M 559	00:00:00	00:34:46	01:14:00.89	01:14:00.89	+00:38:42 (52.3%)	7:24	8.1 (47.4%)
936	MAJEWSKI Marek	240		PROMIENKO	M60	10	M 560	00:00:43	00:33:25	01:13:20.13	01:14:03.81	+00:38:45 (52.3%)	7:20	8.2 (48.0%)
937		349		POZNAŃ	K40	97	K 373	00:00:19	00:32:51	01:14:10.30	01:14:30.11	+00:39:11 (52.6%)	7:25	8.1 (47.4%)
938	WESOLY Michał	1138		POZNAŃ	M20	183	M 561	00:01:37	00:34:11	01:12:55.20	01:14:32.33	+00:39:13 (52.6%)	7:17	8.2 (48.0%)
939	ŚLIWA Joanna	311	4ŚLIWKI.PL	ZALASEWO	K40	98	K 374	00:00:50	00:32:56	01:13:43.37	01:14:33.94	+00:39:15 (52.6%)	7:22	8.1 (47.4%)
940	KOCIK Katarzyna	569		PLEWISKA	K40	99	K 375	00:01:07	00:33:54	01:13:27.98	01:14:35.49	+00:39:16 (52.7%)	7:20	8.2 (48.0%)
941	KOZŁOWSKA-MASŁOŃ Joanna	172		POZNAŃ	K20	123	K 376	00:00:43	00:33:16	01:13:52.90	01:14:36.39	+00:39:17 (52.7%)	7:23	8.1 (47.4%)
942	BUKOWSKA-MATZ Magdalena	1123		POZNAŃ	K50	25	K 377	00:01:00	00:33:55	01:13:37.29	01:14:37.49	+00:39:18 (52.7%)	7:21	8.2 (48.0%)
943	WOŹNIAK Bożena	1124		KOZIEGŁOWY	K20	124	K 378	00:01:39	00:34:38	01:13:02.51	01:14:41.59	+00:39:22 (52.7%)	7:18	8.2 (48.0%)
944		1083		STĘSZEW	K20	125	K 379	00:01:26	00:33:29	01:13:25.09	01:14:51.37	+00:39:32 (52.8%)	7:20	8.2 (48.0%)
945	MATUSZEWSKI Kacper	66		POZNAŃ	M20	184	M 562	00:01:43	00:33:08	01:13:21.03	01:15:04.25	+00:39:45 (53.0%)	7:20	8.2 (48.0%)
946	SOBCZYK Tomasz	872		LUSÓWKO	M30	174	M 563	00:01:43	00:33:34	01:13:26.83	01:15:10.69	+00:39:52 (53.0%)	7:20	8.2 (48.0%)
947	NOWAK Bogna	105		SKÓRZEWO	K20	126	K 380	00:01:38	00:34:47	01:13:42.02	01:15:20.51	+00:40:01 (53.1%)	7:22	8.1 (47.4%)
948	KAZAK Konstanty	94		POZNAŃ	M20	185	M 564	00:01:38	00:34:48	01:13:42.04	01:15:20.61	+00:40:01 (53.1%)	7:22	8.1 (47.4%)
949	STRZYŻ-SOBAŃSKA Katarzyna	781	URZĄD MIASTA POZNANIA	POZNAŃ	K40	100	K 381	00:01:12	00:34:01	01:14:13.17	01:15:25.51	+00:40:06 (53.2%)	7:25	8.1 (47.4%)
950	NOWAK Natalia	266	IKEA	POZNAŃ	K20	127	K 382	00:00:17	00:32:39	01:15:10.27	01:15:28.02	+00:40:09 (53.2%)	7:31	8 (46.8%)
951	SURÓWKA Sylwia	512	DRUZYNA SZPIKU	POZNAŃ	K30	128	K 383	00:01:17	00:34:33	01:14:22.38	01:15:39.70	+00:40:21 (53.3%)	7:26	8.1 (47.4%)
952	KEDZIORA Agnieszka	694		MOSINA	K30	129	K 384	00:00:37	00:33:07	01:15:14.85	01:15:52.10	+00:40:33 (53.5%)	7:31	8 (46.8%)
953	PIECZYŃSKA Justyna	614		ZALASEWO	K40	101	K 385	00:00:57	00:32:57	01:15:00.59	01:15:58.54	+00:40:39 (53.5%)	7:30	8 (46.8%)
954	KORZENIOWSKA Monika	112		POZNAŃ	K50	26	K 386	00:00:56	00:33:49	01:15:26.48	01:16:22.64	+00:41:03 (53.8%)	7:32	8 (46.8%)
955	WYPIJEWSKI Marcin	116		POZNAŃ	M40	151	M 565	00:01:08	00:33:12	01:15:24.36	01:16:32.83	+00:41:14 (53.9%)	7:32	8 (46.8%)
956	SZYMCAK Barbara	1068		DOBRZYCA	K20	128	K 387	00:01:06	00:34:54	01:15:26.43	01:16:33.27	+00:41:14 (53.9%)	7:32	8 (46.8%)
957	SOBAŃSKI Dawid	1067		DOBRZYCA	M20	186	M 566	00:01:07	00:34:55	01:15:26.63	01:16:33.65	+00:41:15 (53.9%)	7:32	8 (46.8%)
958	KRAJEWSKA Angelika	322	KEBON	SWARZĘDZ	K30	130	K 388	00:01:17	00:37:47	01:15:23.38	01:16:40.87	+00:41:22 (54.0%)	7:32	8 (46.8%)
959	LALIK Monika	152		POZNAŃ	K40	102	K 389	00:00:53	00:34:26	01:15:49.03	01:16:42.17	+00:41:23 (54.0%)	7:34	7.9 (46.2%)
960	DUDZIAK Marta	154		POZNAŃ	K40	103	K 390	00:00:53	00:34:25	01:15:49.00	01:16:42.18	+00:41:23 (54.0%)	7:34	7.9 (46.2%)
961	PACANOWSKI Borys	527	IT'S WRAP	POZNAŃ	M30	175	M 567	00:00:54	00:33:55	01:15:57.84	01:16:51.93	+00:41:33 (54.1%)	7:35	7.9 (46.2%)

962	GRDUSZAK Agnieszka	499	CWR SWOBODA	POZNAŃ	K30	131	K 391	00:01:47	00:33:38	01:15:18.41	01:17:06.11	+00:41:47 (54.2%)	7:31	8 (46.8%)
963		431		POZNAŃ	K30	132	K 392	00:01:47	00:33:38	01:15:30.88	01:17:18.64	+00:41:59 (54.3%)	7:33	7.9 (46.2%)
964	KUHARCZYK Kamil	60	EWA BUGDOŁ TEAM	POZNAŃ	M30	176	M 568	00:01:05	00:34:24	01:16:32.06	01:17:37.35	+00:42:18 (54.5%)	7:39	7.8 (45.6%)
965	JASIŃSKA Anna	61		SUCHY LAS	K20	129	K 393	00:01:04	00:34:24	01:16:32.58	01:17:37.50	+00:42:18 (54.5%)	7:39	7.8 (45.6%)
966		917		POZNAŃ	K40	104	K 394	00:00:45	00:35:45	01:16:57.41	01:17:43.02	+00:42:24 (54.6%)	7:41	7.8 (45.6%)
967	KURZEL Sylwia	788		CZMOŃ	K30	133	K 395	00:01:12	00:34:28	01:16:47.27	01:17:59.81	+00:42:41 (54.7%)	7:40	7.8 (45.6%)
968	ORZEŁ-DOBKOWSKA Anna	416		POZNAŃ	K40	105	K 396	00:01:28	00:34:56	01:16:35.98	01:18:04.50	+00:42:45 (54.8%)	7:39	7.8 (45.6%)
969	ŚCIPNIAK Monika	509	LAFRENTZ	POZNAŃ	K20	130	K 397	00:02:14	00:32:52	01:15:51.37	01:18:06.21	+00:42:47 (54.8%)	7:35	7.9 (46.2%)
970	MURAWIECKA Marta	516	LAFRENTZ	CHODÓW	K20	131	K 398	00:02:14	00:32:51	01:15:51.50	01:18:06.28	+00:42:47 (54.8%)	7:35	7.9 (46.2%)
971	KRÓL Radek	608	RN POZNAŃ	POZNAŃ	M30	177	M 569	00:01:30	00:33:02	01:16:49.00	01:18:19.58	+00:43:00 (54.9%)	7:40	7.8 (45.6%)
972	TOMASZEWSKA Magdalena	1189		PIŁA	K40	106	K 399	00:01:23	00:33:27	01:17:00.95	01:18:24.52	+00:43:05 (55.0%)	7:42	7.8 (45.6%)
973	ŁASTOWSKA Weronika	1085		SWARZĘDZ	K20	132	K 400	00:00:55	00:35:44	01:17:45.66	01:18:41.65	+00:43:23 (55.1%)	7:46	7.7 (45.0%)
974	STASZEWSKA Klaudia	871		TARNOWO PODGÓRNE	K30	134	K 401	00:01:52	00:34:44	01:16:50.23	01:18:42.79	+00:43:24 (55.1%)	7:41	7.8 (45.6%)
975	KIEDROWICZ Konrad	654		USTKA	M20	187	M 570	00:01:20	00:38:33	01:17:31.56	01:18:52.27	+00:43:33 (55.2%)	7:45	7.7 (45.0%)
976	WALCZAK Łukasz	645	KLUB WARTECKA TEAM	ŚRODA WIELKOPOLSKA	M40	152	M 571	00:01:18	00:33:47	01:17:55.26	01:19:13.32	+00:43:54 (55.4%)	7:47	7.7 (45.0%)
977	CZUBEK Dawid	376		POZNAŃ	M40	153	M 572	00:01:56	00:34:12	01:17:23.85	01:19:20.39	+00:44:01 (55.5%)	7:44	7.8 (45.6%)
978		377		POZNAŃ (POZNAŃ-STARE MIASTO)	K30	135	K 402	00:01:56	00:34:12	01:17:23.57	01:19:20.53	+00:44:01 (55.5%)	7:44	7.8 (45.6%)
979	SWATEK Aleksandra	271		POZNAŃ	K20	133	K 403	00:01:22	00:33:52	01:18:54.20	01:20:16.81	+00:44:58 (56.0%)	7:53	7.6 (44.4%)
980	GROTUZ Alicja	270		POZNAŃ	K20	134	K 404	00:01:22	00:34:21	01:18:54.86	01:20:17.70	+00:44:59 (56.0%)	7:53	7.6 (44.4%)
981		354	KOLACZKI	POBIEDZISKA	K20	135	K 405	00:02:10	00:34:57	01:18:09.94	01:20:19.99	+00:45:01 (56.0%)	7:48	7.7 (45.0%)
982		964		MOSINA	M20	188	M 573	00:01:14	00:34:21	01:19:12.53	01:20:26.71	+00:45:08 (56.1%)	7:55	7.6 (44.4%)
983	PAWLIK-PAWŁOWSKA Małgorzata	963		POZNAŃ	K40	107	K 406	00:01:14	00:34:21	01:19:14.42	01:20:29.03	+00:45:10 (56.1%)	7:55	7.6 (44.4%)
984	PAŻ Anna	658		JABŁONNA	K40	108	K 407	00:00:15	00:36:00	01:20:28.85	01:20:44.01	+00:45:25 (56.3%)	8:02	7.5 (43.9%)
985	WACŁAWIAK Grzegorz	250		POZNAŃ	M30	178	M 574	00:01:21	00:46:43	01:19:38.55	01:21:00.40	+00:45:41 (56.4%)	7:57	7.5 (43.9%)
986	KAWIK Nicole	746		POZNAN	K20	136	K 408	00:01:00	00:35:54	01:20:14.75	01:21:15.65	+00:45:57 (56.5%)	8:01	7.5 (43.9%)
987	WALCZAK Maja	1135		KOSTRZYN	K20	137	K 409	00:00:37	00:36:33	01:20:42.09	01:21:19.90	+00:46:01 (56.6%)	8:04	7.4 (43.3%)
988	WÓJCIK Marlena	969		DĄBROWA	K30	136	K 410	00:01:35	00:35:38	01:20:08.56	01:21:44.54	+00:46:25 (56.8%)	8:00	7.5 (43.9%)
989	DOMAGAŁA Ewelina	581		ROKIETNICA	K30	137	K 411	00:01:21	00:36:15	01:20:34.19	01:21:56.05	+00:46:37 (56.9%)	8:03	7.4 (43.3%)
990	CHOJNACKA Aneta	1190		ZALASEWO	K30	138	K 412	00:01:09	00:37:41	01:20:47.63	01:21:57.12	+00:46:38 (56.9%)	8:04	7.4 (43.3%)
991	PISKUŁA-STĘPIEŃ Agnieszka	1193		POZNAŃ	K40	109	K 413	00:01:09	00:37:40	01:20:49.46	01:21:58.69	+00:46:40 (56.9%)	8:04	7.4 (43.3%)
992	FURMAN Wiktoria	1183		BUDZYŃ	K20	138	K 414	00:00:54	00:36:28	01:21:55.40	01:22:49.63	+00:47:30 (57.4%)	8:11	7.3 (42.7%)

993	PYBLEWSKA Natalia	783		WRZEŚNIA	K30	139	K 415	00:01:48	00:35:33	01:21:27.15	01:23:15.81	+00:47:57 (57.6%)	8:08	7.4 (43.3%)
994	OLSZEWSKA Mariya	387	VOX	BOGUCIN	K40	110	K 416	00:02:05	00:37:14	01:21:20.70	01:23:25.93	+00:48:07 (57.7%)	8:08	7.4 (43.3%)
995	DEWICKA Katarzyna	449	VOX	KOZIEGŁOWY	K50	27	K 417	00:02:06	00:37:14	01:21:20.05	01:23:26.13	+00:48:07 (57.7%)	8:08	7.4 (43.3%)
996		1354	VOX	KOZIEGŁOWY	K40	111	K 418	00:02:04	00:37:16	01:21:21.56	01:23:26.55	+00:48:07 (57.7%)	8:08	7.4 (43.3%)
997	KOŚCIELNIAK Dagmara	265	VOX	CZERWONAK	K40	112	K 419	00:02:05	00:37:15	01:21:20.90	01:23:26.72	+00:48:08 (57.7%)	8:08	7.4 (43.3%)
998	JAŹDZIKOWSKA Agnieszka	450	VOX	KOZIEGŁOWY	K40	113	K 420	00:02:06	00:37:13	01:21:20.36	01:23:26.99	+00:48:08 (57.7%)	8:08	7.4 (43.3%)
999	URBANIAK Weronika	782		NIEWIERZ	K30	140	K 421	00:00:43	00:36:49	01:23:49.46	01:24:33.44	+00:49:14 (58.2%)	8:22	7.2 (42.1%)
1000	DRAPIŃSKI Ryszard	73		PRZEŻMIEROWO	M60	11	M 575	00:01:40	00:37:45	01:24:27.81	01:26:08.10	+00:50:49 (59.0%)	8:26	7.1 (41.5%)
1001	JESIOŁKOWSKI Michał	1141		TORUŃ	M20	189	M 576	00:01:39	00:37:53	01:24:29.53	01:26:08.90	+00:50:50 (59.0%)	8:26	7.1 (41.5%)
1002		494		POZNAŃ	K60	4	K 422	00:00:44	00:38:16	01:26:10.01	01:26:54.42	+00:51:35 (59.4%)	8:37	7 (40.9%)
1003	BAKOWSKA Laura	805		WOLSZTYN	K20	139	K 423	00:01:34	00:37:29	01:25:48.49	01:27:22.58	+00:52:03 (59.6%)	8:34	7 (40.9%)
1004	STEFAŃCZYK Magdalena	804		LISÓWKI	K20	140	K 424	00:01:34	00:37:29	01:25:49.82	01:27:24.40	+00:52:05 (59.6%)	8:34	7 (40.9%)
1005	FILIPIAK Mikołaj	801		BUKOWIEC	M20	190	M 577	00:01:33	00:37:30	01:25:50.86	01:27:24.66	+00:52:06 (59.6%)	8:35	7 (40.9%)
1006		110					5	00:01:06	00:38:25	01:26:44.60	01:27:51.55	+00:52:32 (59.8%)	8:40	6.9 (40.4%)
1007	PRZYBYSZ Kinga	1131		GÓRA	K30	141	K 425	00:01:09	00:43:50	01:32:20.29	01:33:29.46	+00:58:10 (62.2%)	9:14	6.5 (38.0%)
1008		1132		POZNAŃ	K20	141	K 426	00:01:08	00:43:50	01:32:21.08	01:33:29.82	+00:58:11 (62.2%)	9:14	6.5 (38.0%)
1009	ANDRZEJEWSKA Katarzyna	1174	CWR SWOBODA	POZNAŃ	K40	114	K 427	00:00:57	00:48:47	01:45:48.32	01:46:45.40	+01:11:26 (66.9%)	10:34	5.7 (33.3%)
1010	BURDAJEWICZ Magdalena	1164		SZAMOTUŁY	K50	28	K 428	00:00:57	00:48:50	01:45:47.84	01:46:45.65	+01:11:27 (66.9%)	10:34	5.7 (33.3%)
1011	HETMANOWSKA Michalina	415	ZESPÓŁ SZKÓŁ W TULCACH	SIEKIERKI WIELKIE	K30	142	K 429	00:00:40	00:46:46	01:48:30.76	01:49:11.00	+01:13:52 (67.7%)	10:51	5.5 (32.2%)
1012	UGOREK-MACKA Agnieszka	209		POTASZE	K50	29	K 430	00:00:45	00:36:45			+00:21:13	7:21	8.2 (48.0%)
1013	JATCZAK Natalia	24		POZNAŃ	K30	143	K 431	00:01:37	00:38:33			+00:23:54	7:42	7.8 (45.6%)
1014	SOBOL Adrianna	1128	TACAKIEWICZ FERMA KRESEK	PLEWISKA	K50	30	K 432	00:00:23	00:38:41			+00:22:47	7:44	7.8 (45.6%)
1015	JATCZAK Izabela	359		POZNAŃ	K40	115	K 433	00:01:38	00:40:09			+00:25:31	8:01	7.5 (43.9%)
1016	HAREMSKA Izabela	648	WARTECKA TEAM	ZWOLA	K40	116	K 434	00:01:46	00:48:38			+00:34:08	9:43	6.2 (36.3%)
1017	BARAŃSKA Zofia	505	LAFRENTZ	POZNAŃ	K50	31	K 435	00:01:47	00:48:38			+00:34:08	9:43	6.2 (36.3%)
1018	DUNAJEWSKI Łukasz	364		SWARZĘDZ	M30	179	M 578	00:00:52	00:49:01			+00:33:37	9:48	6.1 (35.7%)
1019	JATCZAK Grażyna	357		OSTROROG	K60	5	K 436	00:01:43	00:50:34			+00:36:01	10:06	5.9 (34.5%)
1020	NEUMANN Bożena	25		TORUŃ	K60	6	K 437	00:02:17	00:53:46			+00:39:47	10:45	5.6 (32.7%)
1021	ŻELETKO Oliwia	873		POZNAŃ	K20	142	K 438	00:02:28	00:53:46			+00:39:58	10:45	5.6 (32.7%)
1022	MASZNER Weronika	984		POZNAŃ	K20	143	K 439	00:02:30	00:53:46			+00:39:59	10:45	5.6 (32.7%)
1023	LEWANDOWSKI Roman	26		ROZGARTY	M60	12	M 579	00:02:17	00:53:47			+00:39:48	10:45	5.6 (32.7%)

1024	SOŁTYSIAK Justyna	733	ROGALIN	K20	144	K 440	00:02:27	00:53:47	+00:39:58	10:45	5.6 (32.7%
1025	KOŁODZIEJ Arleta	386	DĄBRÓWKA	K40	117	K 441	00:02:08	00:54:36	+00:40:28	10:55	5.5 (32.2%
1026	ZEIDLER Alicja	385	CZERWONAK	K40	118	K 442	00:02:09	00:54:38	+00:40:30	10:55	5.5 (32.2%
1027		876				6	00:01:48				(0.0%