

# Bieg przełajowy na dystansie 8 km w ramach Biegowego Grand Prix Knurowa



## Wyniki OPEN

07.09.2025, Knurów

| M-ce                    | Nr  | Nazwisko i imię     | Miasto | Klub                   | Kat./<br>m-ce                            | min/<br>km   | Netto | Wynik<br>(Brutto) | Strata       | K     | M  |
|-------------------------|-----|---------------------|--------|------------------------|------------------------------------------|--------------|-------|-------------------|--------------|-------|----|
| <b>Bieg główny 8 km</b> |     |                     |        |                        |                                          |              |       |                   |              |       |    |
| 1.                      | 11  | Cieplak Marcin      | POL    | Rybnik                 | TI Row Rybnik                            | M30 / Kl.gen | 3:30  | 28:49             | <b>28:49</b> | --    | 1  |
| 2.                      | 38  | Grzegorzycza Marcin | POL    | Gierałtowiec           |                                          | M40 / Kl.gen | 3:33  | 29:14             | <b>29:14</b> | +0:25 | 2  |
| 3.                      | 33  | Gołyś Grzegorz      | POL    | Knurów                 |                                          | M20 / Kl.gen | 3:34  | 29:20             | <b>29:20</b> | +0:31 | 3  |
| 4.                      | 13  | Ciołek Tomasz       | POL    | Rybnik                 |                                          | M30 / 1      | 3:38  | 29:52             | <b>29:53</b> | +1:04 | 4  |
| 5.                      | 36  | Furmanek Łukasz     | POL    | Wilcza                 | Zatyрани Gratisownia.pl Gmina Pilchowice | M40 / 1      | 3:39  | 29:58             | <b>29:59</b> | +1:10 | 5  |
| 6.                      | 29  | Głowacz Kamil       | POL    | Jaworzno               | Mckisjaworzno                            | M20 / 1      | 3:40  | 30:07             | <b>30:09</b> | +1:20 | 6  |
| 7.                      | 8   | Bujnowski Artur     | POL    | Knurów                 | TI Row Rybnik                            | M30 / 2      | 3:41  | 30:19             | <b>30:19</b> | +1:30 | 7  |
| 8.                      | 78  | Łakomski Paweł      | POL    | Gliwice                | Bojków Team                              | M40 / 2      | 3:44  | 30:38             | <b>30:38</b> | +1:49 | 8  |
| 9.                      | 32  | Gogolin Artur       | POL    | Ruda Śląska            | Lotom Po Śląsku                          | M30 / 3      | 3:46  | 31:00             | <b>31:02</b> | +2:13 | 9  |
| 10.                     | 23  | Falejczyk Mateusz   | POL    | Gliwice                | Holbox Runners                           | M30 / 4      | 3:48  | 31:10             | <b>31:11</b> | +2:22 | 10 |
| 11.                     | 121 | Piszer Michał       | POL    | Knurów                 |                                          | M40 / 3      | 3:53  | 31:57             | <b>31:59</b> | +3:10 | 11 |
| 12.                     | 168 | Zalewski Artur      | POL    | Zabrze                 | Patisony                                 | M30 / 5      | 3:53  | 31:57             | <b>31:59</b> | +3:10 | 12 |
| 13.                     | 110 | Pchełka Tomasz      | POL    | Knurów                 |                                          | M30 / 6      | 3:55  | 32:11             | <b>32:11</b> | +3:22 | 13 |
| 14.                     | 57  | Knopek Bartłomiej   | POL    | Bieruń                 |                                          | M40 / 4      | 3:55  | 32:14             | <b>32:15</b> | +3:26 | 14 |
| 15.                     | 30  | Gluszek Adam        | POL    | Rybnik                 | Stellantis Active Team                   | M40 / 5      | 3:58  | 32:36             | <b>32:36</b> | +3:47 | 15 |
| 16.                     | 5   | Błaszczak Daniel    | POL    | Gierałtowiec           |                                          | M20 / 2      | 4:03  | 33:17             | <b>33:20</b> | +4:31 | 16 |
| 17.                     | 39  | Guja Marcin         | POL    | Jaworzno               |                                          | M30 / 7      | 4:07  | 33:51             | <b>33:53</b> | +5:04 | 17 |
| 18.                     | 79  | Łyczak Artur        | POL    | Knurów                 | Lisieński Team                           | M50 / 1      | 4:10  | 34:10             | <b>34:12</b> | +5:23 | 18 |
| 19.                     | 109 | Pawłuszek Piotr     | POL    | Knurów                 | KB Orły z Knurowa                        | M50 / 2      | 4:10  | 34:12             | <b>34:14</b> | +5:25 | 19 |
| 20.                     | 104 | Ostrowski Maciej    | POL    | Knurów                 |                                          | M30 / 8      | 4:12  | 34:29             | <b>34:31</b> | +5:42 | 20 |
| 21.                     | 103 | Pytlik Mirosław     | POL    | Gliwice                | Zatyрани Gratisownia.pl Gmina Pilchowice | M30 / 9      | 4:12  | 34:29             | <b>34:32</b> | +5:43 | 21 |
| 22.                     | 97  | Nakoneczny Damian   | POL    | Wilcza, Upper Silesian | Kagb Gb Gopr                             | M30 / 10     | 4:14  | 34:47             | <b>34:51</b> | +6:02 | 22 |
| 23.                     | 44  | Holona Wojciech     | POL    | Rybnik                 | Akmb Pędziwiatr Gliwice                  | M50 / 3      | 4:16  | 35:05             | <b>35:07</b> | +6:18 | 23 |
| 24.                     | 80  | Łytek Sebastian     | POL    | Gostyń                 |                                          | M20 / 3      | 4:17  | 35:12             | <b>35:14</b> | +6:25 | 24 |



| M-ce | Nr  | Nazwisko i imię     | Miasto | Klub                 | Kat./<br>m-ce                            | min/<br>km   | Netto | Wynik<br>(Brutto) | Strata       | K      | M  |
|------|-----|---------------------|--------|----------------------|------------------------------------------|--------------|-------|-------------------|--------------|--------|----|
| 25.  | 46  | Janowska Michalina  | POL    | Jejkowice            | K30 / Kl.gen                             | 4:18         | 35:16 | <b>35:17</b>      | +6:28        | 1      |    |
| 26.  | 55  | Kiszka Gabriel      | POL    | Bargłówka            | Beledomety                               | M50 / 4      | 4:19  | 35:20             | <b>35:25</b> | +6:36  | 25 |
| 27.  | 74  | Laskowska Katarzyna | POL    | Gliwice              | Inżynieria Biegania Team                 | K40 / Kl.gen | 4:20  | 35:36             | <b>35:37</b> | +6:48  | 2  |
| 28.  | 136 | Strojny Andrzej     | POL    | Chełm Śląski         |                                          | M60 / 1      | 4:21  | 35:42             | <b>35:43</b> | +6:54  | 26 |
| 29.  | 101 | Ogaza Mariusz       | POL    | Knurów               | Island Runners                           | M40 / 6      | 4:23  | 36:00             | <b>36:03</b> | +7:14  | 27 |
| 30.  | 131 | Sienniak Michalina  | POL    | Jastrzębie-Zdrój     | TI Athletics Jastrzębie/ Zawierucha Team | K40 / Kl.gen | 4:25  | 36:15             | <b>36:17</b> | +7:28  | 3  |
| 31.  | 60  | Kołosza Mikołaj     | POL    | Gliwice              |                                          | M40 / 7      | 4:25  | 36:19             | <b>36:21</b> | +7:32  | 28 |
| 32.  | 59  | Kołąk Szymon        | POL    | Zabrze               |                                          | M30 / 11     | 4:26  | 36:17             | <b>36:26</b> | +7:37  | 29 |
| 33.  | 16  | Długaj Michał       | POL    | Knurów               | KB Orły z Knuruwa                        | M30 / 12     | 4:29  | 36:51             | <b>36:54</b> | +8:05  | 30 |
| 34.  | 3   | Baron Damian        | POL    | Knurów               |                                          | M30 / 13     | 4:31  | 37:02             | <b>37:08</b> | +8:19  | 31 |
| 35.  | 159 | Widera Mateusz      | POL    | Knurów               |                                          | M30 / 14     | 4:32  | 37:14             | <b>37:16</b> | +8:27  | 32 |
| 36.  | 1   | Adamski Adam        | POL    | Gliwice              |                                          | M40 / 8      | 4:33  | 37:13             | <b>37:22</b> | +8:33  | 33 |
| 37.  | 89  | Mendak Michał       | POL    | Gliwice              |                                          | M40 / 9      | 4:37  | 37:47             | <b>37:53</b> | +9:04  | 34 |
| 38.  | 21  | Dyrbuś Jacek        | POL    | Knurów               | Island Runners                           | M30 / 15     | 4:38  | 37:56             | <b>38:00</b> | +9:11  | 35 |
| 39.  | 94  | Mokrzycki Patryk    | POL    | Knurów               | KB Orły z Knuruwa                        | M40 / 10     | 4:39  | 38:11             | <b>38:15</b> | +9:26  | 36 |
| 40.  | 84  | Macionczyk Julita   | POL    | Rybnik               | Rybnicka Grupa Biegowa Pędzimy Razem     | K30 / 1      | 4:40  | 38:19             | <b>38:22</b> | +9:33  | 4  |
| 41.  | 82  | Łyziński Jan        | POL    | Kuźnia Nieborowska   |                                          | M60 / 2      | 4:41  | 38:22             | <b>38:25</b> | +9:36  | 37 |
| 42.  | 91  | Mikitiuk Patrycja   | POL    | Gliwice              | Bojków Team                              | K30 / 2      | 4:41  | 38:29             | <b>38:31</b> | +9:42  | 5  |
| 43.  | 28  | Głębica Piotr       | POL    | Knurów               | Opaśnicy                                 | M20 / 4      | 4:46  | 39:05             | <b>39:11</b> | +10:22 | 38 |
| 44.  | 54  | Kądziała Jan        | POL    | Knurów               |                                          | M40 / 11     | 4:49  | 39:31             | <b>39:36</b> | +10:47 | 39 |
| 45.  | 6   | Brychcy Wioleta     | POL    | Gliwice              | Akmb Pędziwiatr Gliwice                  | K50 / 1      | 4:50  | 39:36             | <b>39:39</b> | +10:50 | 6  |
| 46.  | 105 | Pacula Andrzej      | POL    | Gliwice              | Akmb Pędziwiatr Gliwice                  | M60 / 3      | 4:50  | 39:36             | <b>39:39</b> | +10:50 | 40 |
| 47.  | 68  | Krzyżowski Gabriel  | POL    | Knurów               | Bks Concordia Knurów                     | M40 / 12     | 4:50  | 39:41             | <b>39:46</b> | +10:57 | 41 |
| 48.  | 138 | Studnik Jarosław    | POL    | Ruda Śląska          |                                          | M50 / 5      | 4:51  | 39:46             | <b>39:52</b> | +11:03 | 42 |
| 49.  | 52  | Karwot Piotr        | POL    | Czerwionka-Leszczyny |                                          | M40 / 13     | 4:52  | 39:47             | <b>39:57</b> | +11:08 | 43 |
| 50.  | 34  | Górka Krzysztof     | POL    | Knurów               | Mosir Knurów                             | M30 / 16     | 4:52  | 39:42             | <b>39:59</b> | +11:10 | 44 |
| 51.  | 22  | Dyrcz Anna          | POL    | Knurów               | Lisieński Team                           | K50 / 2      | 4:54  | 40:09             | <b>40:12</b> | +11:23 | 7  |
| 52.  | 152 | Szymczak Justyna    | POL    | Jemielnica           |                                          | K30 / 3      | 4:55  | 40:26             | <b>40:26</b> | +11:37 | 8  |
| 53.  | 56  | Kłoda Adam          | POL    | Czerwionka-Leszczyny |                                          | M30 / 17     | 4:55  | 40:20             | <b>40:28</b> | +11:39 | 45 |
| 54.  | 53  | Kasper Iwona        | POL    | Knurów               | KB Orły z Knuruwa                        | K50 / 3      | 4:57  | 40:39             | <b>40:41</b> | +11:52 | 9  |
| 55.  | 112 | Pępek Małgorzata    | POL    | Knurów               | Ks Garda Gierałtowie                     | K20 / 1      | 4:58  | 40:39             | <b>40:48</b> | +11:59 | 10 |
| 56.  | 132 | Sikora Bartosz      | POL    | Szczygłowice         | Real Madryt                              | M30 / 18     | 4:58  | 40:44             | <b>40:51</b> | +12:02 | 46 |
| 57.  | 96  | Motyka Dominik      | POL    | Knurów               |                                          | M20 / 5      | 4:59  | 40:40             | <b>40:55</b> | +12:06 | 47 |
| 58.  | 61  | Kopiec Grzegorz     | POL    | Zabrze               |                                          | M40 / 14     | 4:59  | 40:45             | <b>41:00</b> | +12:11 | 48 |
| 59.  | 75  | Lewicka Justyna     | POL    | Knurów               | Akmb Pędziwiatr Gliwice                  | K40 / 1      | 5:00  | 40:58             | <b>41:04</b> | +12:15 | 11 |
| 60.  | 76  | Lewicki Tomasz      | POL    | Knurów               | Akmb Pędziwiatr Gliwice                  | M40 / 15     | 5:00  | 40:58             | <b>41:04</b> | +12:15 | 49 |
| 61.  | 77  | Lisoń-Kubica Julia  | POL    | Knurów               | Inżynieria Biegania Team                 | K20 / 2      | 5:01  | 41:06             | <b>41:09</b> | +12:20 | 12 |
| 62.  | 37  | Grygierek Marcin    | POL    | Knurów               |                                          | M40 / 16     | 5:01  | 40:57             | <b>41:12</b> | +12:23 | 50 |
| 63.  | 81  | Łyzińska Agata      | POL    | Warszawa             |                                          | K30 / 4      | 5:01  | 41:09             | <b>41:13</b> | +12:24 | 13 |
| 64.  | 42  | Hibszel Krystian    | POL    | Rydułtowy            |                                          | M30 / 19     | 5:02  | 41:17             | <b>41:24</b> | +12:35 | 51 |

| M-ce | Nr  | Nazwisko i imię            | Miasto                   | Klub                                     | Kat./<br>m-ce | min/<br>km | Netto | Wynik<br>(Brutto) | Strata | K  | M  |
|------|-----|----------------------------|--------------------------|------------------------------------------|---------------|------------|-------|-------------------|--------|----|----|
| 65.  | 139 | Sukowska Julia             | POL Książenice           |                                          | K20 / 3       | 5:03       | 41:16 | <b>41:25</b>      | +12:36 | 14 |    |
| 66.  | 140 | Sulkowski Arkadiusz        | POL Knurów               | Sulek Team                               | M50 / 6       | 5:03       | 41:16 | <b>41:26</b>      | +12:37 |    | 52 |
| 67.  | 113 | Piątek Julia               | POL Knurów               | KB Orły z Knurowa                        | K40 / 2       | 5:04       | 41:27 | <b>41:37</b>      | +12:48 | 15 |    |
| 68.  | 151 | Szwagrzyk Dominik          | POL Knurów               | Opaśnicy                                 | M20 / 6       | 5:04       | 41:33 | <b>41:40</b>      | +12:51 |    | 53 |
| 69.  | 134 | Skrzepij Radomir           | POL Zabrze               |                                          | M30 / 20      | 5:04       | 41:34 | <b>41:41</b>      | +12:52 |    | 54 |
| 70.  | 64  | Kowalczyk Tomasz           | POL Gliwice              | Akmb Pędziwiatr Gliwice                  | M40 / 17      | 5:07       | 41:49 | <b>42:02</b>      | +13:13 |    | 55 |
| 71.  | 161 | Wojtyła Damian             | POL Smolnica             |                                          | M40 / 18      | 5:08       | 42:03 | <b>42:11</b>      | +13:22 |    | 56 |
| 72.  | 40  | Handzlik Grzegorz          | POL Nieborowice          | Zatyрани Gratisownia.pl Gmina Pilchowice | M40 / 19      | 5:09       | 42:10 | <b>42:14</b>      | +13:25 |    | 57 |
| 73.  | 48  | Jaworski Michał            | POL Knurów               | Garda                                    | M40 / 20      | 5:10       | 42:15 | <b>42:25</b>      | +13:36 |    | 58 |
| 74.  | 154 | Świtała Krystian           | POL Knurów               | AKB Knurów                               | M60 / 4       | 5:11       | 42:23 | <b>42:31</b>      | +13:42 |    | 59 |
| 75.  | 9   | Chrószcz Adam              | POL Rybnik               | Złote Bączki Klimafach                   | M30 / 21      | 5:11       | 42:29 | <b>42:33</b>      | +13:44 |    | 60 |
| 76.  | 69  | Kudzia Stanisław           | POL Łaziska Górne        | Złote Bączki Klimafach                   | M20 / 7       | 5:11       | 42:31 | <b>42:35</b>      | +13:46 |    | 61 |
| 77.  | 20  | Dymek Dariusz              | POL Knurów               | Wz                                       | M40 / 21      | 5:14       | 42:51 | <b>42:56</b>      | +14:07 |    | 62 |
| 78.  | 15  | Dajczak Tomasz             | POL Knurów               |                                          | M30 / 22      | 5:14       | 42:55 | <b>43:01</b>      | +14:12 |    | 63 |
| 79.  | 148 | Szmidt Stanisław Józef     | POL Knurów               | Klub Leniwych Biegaczy                   | M40 / 22      | 5:15       | 43:00 | <b>43:04</b>      | +14:15 |    | 64 |
| 80.  | 135 | Smuda Andrzej              | POL Gliwice              | Akmb Pędziwiatr Gliwice                  | M40 / 23      | 5:15       | 42:55 | <b>43:08</b>      | +14:19 |    | 65 |
| 81.  | 12  | Popiel-Kruk Aleksandra     | POL Gliwice              | Akmb Pędziwiatr Gliwice                  | K40 / 3       | 5:17       | 43:19 | <b>43:25</b>      | +14:36 | 16 |    |
| 82.  | 50  | Kaczmarek Rafał            | POL Knurów               | Gentelmenels                             | M20 / 8       | 5:19       | 43:30 | <b>43:44</b>      | +14:55 |    | 66 |
| 83.  | 18  | Dubec Paweł                | POL Gliwice              |                                          | M40 / 24      | 5:19       | 43:34 | <b>43:44</b>      | +14:55 |    | 67 |
| 84.  | 102 | Olimski Fabian             | POL Knurów               | Łydkateam                                | M40 / 25      | 5:20       | 43:42 | <b>43:47</b>      | +14:58 |    | 68 |
| 85.  | 95  | Morcinek Łukasz            | POL Czerwionka-Leszczyny |                                          | M30 / 23      | 5:20       | 43:42 | <b>43:49</b>      | +15:00 |    | 69 |
| 86.  | 153 | Świętochowska Wioletta     | POL Knurów               |                                          | K40 / 4       | 5:21       | 43:53 | <b>43:57</b>      | +15:08 | 17 |    |
| 87.  | 158 | Wędzicha-Głowacz Katarzyna | POL Jaworzno             |                                          | K20 / 4       | 5:21       | 43:48 | <b>44:00</b>      | +15:11 | 18 |    |
| 88.  | 67  | Krupa Zbigniew             | POL Knurów               | KB Orły z Knurowa                        | M40 / 26      | 5:24       | 44:13 | <b>44:21</b>      | +15:32 |    | 70 |
| 89.  | 70  | Kulińska Aleksandra        | POL Knurów               | Health Lab                               | K30 / 5       | 5:24       | 44:13 | <b>44:23</b>      | +15:34 | 19 |    |
| 90.  | 100 | Nuckowska Justyna          | POL Gliwice              | Akmb Pędziwiatr Gliwice                  | K30 / 6       | 5:26       | 44:24 | <b>44:38</b>      | +15:49 | 20 |    |
| 91.  | 125 | Rdych Iga                  | POL Knurów               |                                          | K20 / 5       | 5:26       | 44:29 | <b>44:38</b>      | +15:49 | 21 |    |
| 92.  | 66  | Kozak Marcin               | POL Knurów               | Island Runners                           | M40 / 27      | 5:26       | 44:32 | <b>44:40</b>      | +15:51 |    | 71 |
| 93.  | 149 | Sznajda Eugeniusz          | POL Świtochłowice        | 3 Kawały O ...Na Youtube                 | M70+ / 1      | 5:27       | 44:43 | <b>44:50</b>      | +16:01 |    | 72 |
| 94.  | 137 | Studnik Jolanta            | POL Knurów               | KB Orły z Knurowa                        | K30 / 7       | 5:28       | 44:48 | <b>44:53</b>      | +16:04 | 22 |    |
| 95.  | 127 | Rybak Radosław             | POL Knurów               | Kapibara Team                            | M40 / 28      | 5:28       | 44:40 | <b>44:56</b>      | +16:07 |    | 73 |
| 96.  | 120 | Pisulski Sebastian         | POL Knurów               | Kapibara Team                            | M40 / 29      | 5:28       | 44:41 | <b>44:56</b>      | +16:07 |    | 74 |
| 97.  | 88  | Malewski Robert            | POL Knurów               | KB Orły z Knurowa                        | M50 / 7       | 5:30       | 45:03 | <b>45:11</b>      | +16:22 |    | 75 |
| 98.  | 130 | Rybarz Janusz              | POL Żernica              | Zatyрани Gratisownia.pl Gmina Pilchowice | M50 / 8       | 5:32       | 45:23 | <b>45:29</b>      | +16:40 |    | 76 |
| 99.  | 2   | Banik Rafał                | POL Nieborowice          |                                          | M20 / 9       | 5:35       | 45:47 | <b>45:52</b>      | +17:03 |    | 77 |
| 100. | 114 | Piekarski Mateusz          | POL Knurów               |                                          | M20 / 10      | 5:37       | 45:50 | <b>46:07</b>      | +17:18 |    | 78 |
| 101. | 90  | Migas Anna                 | POL Kleszczów            | Akmb Pędziwiatr Gliwice                  | K40 / 5       | 5:39       | 46:17 | <b>46:26</b>      | +17:37 | 23 |    |
| 102. | 141 | Szelka Andrzej             | POL Pyskowice            | Akmb Pędziwiatr Gliwice                  | M60 / 5       | 5:40       | 46:24 | <b>46:35</b>      | +17:46 |    | 79 |
| 103. | 7   | Bugdol Zbigniew            | POL Rybnik               |                                          | M30 / 24      | 5:41       | 46:27 | <b>46:39</b>      | +17:50 |    | 80 |
| 104. | 19  | Dyjas Michał               | POL Ruda Śląska          |                                          | M30 / 25      | 5:45       | 47:04 | <b>47:15</b>      | +18:26 |    | 81 |

| M-ce | Nr  | Nazwisko i imię       |     | Miasto       | Klub                                     | Kat./<br>m-ce | min/<br>km | Netto   | Wynik<br>(Brutto) | Strata | K  | M  |
|------|-----|-----------------------|-----|--------------|------------------------------------------|---------------|------------|---------|-------------------|--------|----|----|
| 105. | 26  | Garwol Grzegorz       | POL | Zabrze       | Ks Zadyszka                              | M20 / 11      | 5:46       | 47:12   | 47:18             | +18:29 |    | 82 |
| 106. | 167 | Wyszyński Andrzej     | POL | Nieborowice  | Zatyrani Gratisownia.pl Gmina Pilchowice | M40 / 30      | 5:47       | 47:24   | 47:30             | +18:41 |    | 83 |
| 107. | 160 | Wojak Joanna          | POL | Knurów       | Klub Leniwych Biegaczy                   | K30 / 8       | 5:47       | 47:24   | 47:31             | +18:42 | 24 |    |
| 108. | 85  | Macionczyk Szymon     | POL | Rybnik       |                                          | M40 / 31      | 5:48       | 47:36   | 47:39             | +18:50 |    | 84 |
| 109. | 73  | Lachera Bogusław      | POL | Zabrze       |                                          | M60 / 6       | 5:49       | 47:30   | 47:44             | +18:55 |    | 85 |
| 110. | 157 | Wawer Aleksandra      | POL | Knurów       | AKB                                      | K30 / 9       | 5:49       | 47:39   | 47:47             | +18:58 | 25 |    |
| 111. | 17  | Donat Dariusz         | POL | Knurów       |                                          | M40 / 32      | 5:50       | 47:40   | 47:58             | +19:09 |    | 86 |
| 112. | 62  | Kopszak Lidia         | POL | Knurów       | AKB Knurów                               | K60 / 1       | 5:51       | 47:56   | 48:00             | +19:11 | 26 |    |
| 113. | 93  | Mirowska Katarzyna    | POL | Gliwice      |                                          | K30 / 10      | 5:51       | 47:46   | 48:03             | +19:14 | 27 |    |
| 114. | 165 | Wypchoł Piotr         | POL | Bargłówka    | Biegaj Z Trenerami                       | M60 / 7       | 5:51       | 47:49   | 48:04             | +19:15 |    | 87 |
| 115. | 144 | Szewc Renata          | POL | Knurów       | #Hutateam                                | K40 / 6       | 5:54       | 48:23   | 48:28             | +19:39 | 28 |    |
| 116. | 14  | Czaja Julia           | POL | Gliwice      |                                          | K30 / 11      | 5:54       | 48:21   | 48:31             | +19:42 | 29 |    |
| 117. | 72  | Lachera Marysia       | POL | Zabrze       |                                          | K60 / 2       | 5:55       | 48:21   | 48:34             | +19:45 | 30 |    |
| 118. | 87  | Makieła-Zoń Anna      | POL | Gliwice      |                                          | K40 / 7       | 5:57       | 48:37   | 48:50             | +20:01 | 31 |    |
| 119. | 163 | Wróbel Katarzyna      | POL | Ruda Śląska  |                                          | K20 / 6       | 5:59       | 48:55   | 49:06             | +20:17 | 32 |    |
| 120. | 10  | Chrzanowski Krzysztof | POL | Szczygłowice |                                          | M20 / 12      | 5:59       | 48:55   | 49:12             | +20:23 |    | 88 |
| 121. | 150 | Szpak Katarzyna       | POL | Knurów       |                                          | K30 / 12      | 6:03       | 49:27   | 49:39             | +20:50 | 33 |    |
| 122. | 119 | Piskorski Marcin      | POL | Knurów       | Gentelmenels                             | M20 / 13      | 6:03       | 49:26   | 49:41             | +20:52 |    | 89 |
| 123. | 71  | Kurek Patrycja        | POL | Knurów       | KB Orły z Knurowa                        | K30 / 13      | 6:12       | 50:47   | 50:52             | +22:03 | 34 |    |
| 124. | 115 | Piekielnik Jagoda     | POL | Knurów       |                                          | K30 / 14      | 6:12       | 50:44   | 50:56             | +22:07 | 35 |    |
| 125. | 111 | Pelc Czesław          | POL | Gliwice      | Akmb Pędziwiatr Gliwice                  | M60 / 8       | 6:14       | 51:00   | 51:10             | +22:21 |    | 90 |
| 126. | 143 | Szewc Henryk          | POL | Knurów       | #Hutateam                                | M50 / 9       | 6:15       | 51:17   | 51:22             | +22:33 |    | 91 |
| 127. | 129 | Rybarz Ewa            | POL | Żernica      | Zatyrani Gratisownia.pl Gmina Pilchowice | K40 / 8       | 6:17       | 51:28   | 51:34             | +22:45 | 36 |    |
| 128. | 156 | Wanecki Karol         | POL | Gliwice      | Akmb Pędziwiatr Gliwice                  | M20 / 14      | 6:20       | 51:43   | 51:57             | +23:08 |    | 92 |
| 129. | 4   | Bieniek Gabriela      | POL | Knurów       | KB Orły z Knurowa                        | K50 / 4       | 6:21       | 52:06   | 52:11             | +23:22 | 37 |    |
| 130. | 47  | Jasińska Marta        | POL | Knurów       | Pink Runners                             | K30 / 15      | 6:23       | 52:13   | 52:24             | +23:35 | 38 |    |
| 131. | 128 | Rybarczyk Katarzyna   | POL | Knurów       | Pink Runners                             | K30 / 16      | 6:23       | 52:13   | 52:25             | +23:36 | 39 |    |
| 132. | 63  | Kopszak Zbigniew      | POL | Knurów       | AKB Knurów                               | M60 / 9       | 6:27       | 52:53   | 52:58             | +24:09 |    | 93 |
| 133. | 35  | Greczek Mateusz       | POL | Knurów       | Opaśnicy                                 | M20 / 15      | 6:33       | 53:43   | 53:49             | +25:00 |    | 94 |
| 134. | 25  | Frost Joanna          | POL | Knurów       | KB Orły z Knurowa                        | K50 / 5       | 6:35       | 53:56   | 54:03             | +25:14 | 40 |    |
| 135. | 51  | Kaczor Magdalena      | POL | Knurów       | Róż Rzić Z Kanapy:)                      | K40 / 9       | 6:36       | 53:58   | 54:08             | +25:19 | 41 |    |
| 136. | 155 | Tischbierek Katarzyna | POL | Bargłówka    |                                          | K30 / 17      | 6:45       | 55:09   | 55:23             | +26:34 | 42 |    |
| 137. | 118 | Pinocy Dawid          | POL | Knurów       | Klub Leniwych Biegaczy                   | M40 / 33      | 6:51       | 56:08   | 56:17             | +27:28 |    | 95 |
| 138. | 117 | Pinocy Mariola        | POL | Knurów       | Klub Leniwych Biegaczy                   | K40 / 10      | 6:51       | 56:08   | 56:17             | +27:28 | 43 |    |
| 139. | 83  | Maciejewski Wiesław   | POL | Knurów       | AKB Knurów                               | M70+ / 2      | 7:03       | 57:47   | 57:56             | +29:07 |    | 96 |
| 140. | 166 | Wyszyńska Joanna      | POL | Nieborowice  | Zatyrani Gratisownia.pl Gmina Pilchowice | K40 / 11      | 7:09       | 58:37   | 58:43             | +29:54 | 44 |    |
| 141. | 92  | Milewska Aneta        | POL | Knurów       |                                          | K40 / 12      | 7:12       | 59:01   | 59:04             | +30:15 | 45 |    |
| 142. | 99  | Nowak Czesław         | POL | Knurów       | AKB Knurów                               | M70+ / 3      | 7:16       | 59:18   | 59:38             | +30:49 |    | 97 |
| 143. | 27  | Gilga Patrycja        | POL | Gliwice      | Akmb Pędziwiatr Gliwice                  | K20 / 7       | 7:25       | 1:00:41 | 1:00:53           | +32:04 | 46 |    |
| 144. | 124 | Radecka-Nieckarz Anna | POL | Gliwice      | Akmb Pędziwiatr Gliwice                  | K40 / 13      | 7:25       | 1:00:42 | 1:00:54           | +32:05 | 47 |    |

| M-ce | Nr  | Nazwisko i imię     | Miasto                   | Klub                    | Kat./<br>m-ce | min/<br>km | Netto   | Wynik<br>(Brutto) | Strata | K  | M  |
|------|-----|---------------------|--------------------------|-------------------------|---------------|------------|---------|-------------------|--------|----|----|
| 145. | 107 | Parda Katarzyna     | POL Czerwionka-Leszczyny |                         | K40 / 14      | 7:34       | 1:01:53 | <b>1:02:09</b>    | +33:20 | 48 |    |
| 146. | 108 | Parda Marek         | POL Czerwionka-Leszczyny |                         | M50 / 10      | 7:35       | 1:01:57 | <b>1:02:13</b>    | +33:24 |    | 98 |
| 147. | 65  | Kozackiewicz Helena | POL Knurów               | KB Orły z Knurowa       | K70+ / 1      | 7:53       | 1:04:41 | <b>1:04:44</b>    | +35:55 | 49 |    |
| 148. | 147 | Szcamruk Małgorzata | POL Gliwice              | Akmb Pędziwiatr Gliwice | K40 / 15      | 8:02       | 1:05:42 | <b>1:05:56</b>    | +37:07 | 50 |    |
| 149. | 24  | Florecka Jolanta    | POL Gliwice              | Akmb Pędziwiatr Gliwice | K60 / 3       | 8:02       | 1:05:45 | <b>1:05:56</b>    | +37:07 | 51 |    |
| 150. | 145 | Szcamruk Janusz     | POL Gliwice              | Akmb Pędziwiatr Gliwice | M70+ / 4      | 8:09       | 1:06:42 | <b>1:06:57</b>    | +38:08 |    | 99 |
| 151. | 123 | Popiołek Krystyna   | POL Gliwice              |                         | K60 / 4       | 8:12       | 1:07:12 | <b>1:07:21</b>    | +38:32 | 52 |    |
| 152. | 58  | Kocyan Małgorzata   | POL Gliwice              | Akmb Pędziwiatr Gliwice | K60 / 5       | 8:15       | 1:07:37 | <b>1:07:48</b>    | +38:59 | 53 |    |
| 153. | 122 | Pogoda Agnieszka    | POL Gliwice              | Akmb Pędziwiatr Gliwice | K40 / 16      | 8:16       | 1:07:42 | <b>1:07:53</b>    | +39:04 | 54 |    |
| 154. | 106 | Pacula Tatiana      | POL Gliwice              | Akmb Pędziwiatr Gliwice | K60 / 6       | 8:16       | 1:07:43 | <b>1:07:54</b>    | +39:05 | 55 |    |
| 155. | 146 | Szcamruk Bogusława  | POL Gliwice              | Akmb Pędziwiatr Gliwice | K70+ / 2      | 8:22       | 1:08:25 | <b>1:08:39</b>    | +39:50 | 56 |    |

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