

VIII TRIATHLON SOKOŁA - 05.07.2025 - WYNIKI

Open	Kategoria	Nazwisko / Name	Team	Miasto / City	KAT	Numer	Pływanie 500m	T1	Rower 20km	T2	Bieg 5km	Czas łączny
1	1	BRZYSKI MACIEJ	B3T-BRZYSKI TRI TEAM	KRAKÓW	OPEN M	100	00:08:23 (1)	00:00:26	00:26:46 (1)	00:00:47	00:18:37 (1)	00:55:00,56
2	2	FLIEGER PATRYK	TRIO TEAM	OŚWIĘCIM	OPEN M	69	00:09:20 (5)	00:00:51	00:29:33 (4)	00:00:47	00:19:39 (7)	01:00:09,98
3	3	CZECH PAWEŁ	TRIATHLETIC TEAM	KRAKÓW	OPEN M	65	00:10:06 (11)	00:01:25	00:28:44 (2)	00:00:44	00:19:19 (3)	01:00:18,67
4	1	MAC SZCZEPAN	-	NOWY SĄCZ	M30	108	00:09:24 (6)	00:01:15	00:30:54 (8)	00:00:36	00:19:33 (4)	01:01:42,85
5	2	GUBAŁA ARKADIUSZ	GRUPETTO GORLICE	GORLICE	M30	25	00:10:21 (15)	00:01:09	00:30:31 (7)	00:00:51	00:19:19 (2)	01:02:11,85
6	1	KULA MIKOŁAJ	-	ŻOŁYNIA	M20	45	00:08:30 (2)	00:01:08	00:32:39 (24)	00:00:44	00:19:36 (6)	01:02:36,65
7	3	ŁOPATA KAROL		KRAKÓW	M30	14	00:10:02 (10)	00:01:12	00:30:57 (9)	00:01:20	00:19:36 (5)	01:03:07,08
8	1	ŁUKASZCZYK MARCIN	FITLIFE24 TRIATHLON TEAM BIŁGORAJ	BIŁGORAJ	M40	75	00:10:26 (18)	00:00:29	00:29:51 (5)	00:00:52	00:21:44 (17)	01:03:22,68
9	2	STERNA RADOSŁAW	BRZYSKI TRI TEAM	KRAKÓW	M20	102	00:09:02 (4)	00:00:40	00:31:38 (12)	00:00:36	00:21:40 (13)	01:03:36,66
10	2	BRONICKI GRZEGORZ		KRAKÓW	M40	34	00:10:42 (23)	00:00:51	00:29:21 (3)	00:00:43	00:22:26 (27)	01:04:02,63
11	4	KRUDYSZ PRZEMYSŁAW	TRIATHLON JAROSŁAW/ MOTYKA TEAM	JAROSŁAW	M30	74	00:10:43 (24)	00:00:38	00:31:50 (14)	00:00:54	00:20:15 (9)	01:04:19,20
12	1	SZADKOWSKI KRZYSZTOF	GRUPETTO GORLICE	GORLICE	M50	1	00:10:45 (29)	00:00:38	00:29:59 (6)	00:00:37	00:22:37 (29)	01:04:36,47
13	1	TWARDOWSKA ANNA	GB SPORT	RZESZÓW	OPEN K	9	00:09:00 (3)	00:00:37	00:33:38 (36)	00:00:30	00:21:53 (19)	01:05:38,60
14	3	KRZEMIŃSKI MARCIN	SPRINT GORZYCE	GORZYCE	M40	95	00:09:39 (8)	00:01:08	00:32:09 (20)	00:01:08	00:21:49 (18)	01:05:53,15
15	4	ŁUKASZCZYK PIOTR	TRIATHLON TEAM BIŁGORAJ	BIŁGORAJ	M40	68	00:10:28 (19)	00:00:35	00:32:34 (23)	00:01:17	00:21:00 (11)	01:05:54,77
16	5	MISIASZEK MARCIN	-	DĄBROWA TARNOWSKA	M30	85	00:10:47 (30)	00:00:59	00:32:55 (27)	00:00:39	00:20:43 (10)	01:06:03,31
17	6	BIELA TOMASZ	BRZYSKI TRI TEAM	KRAKÓW	M30	58	00:10:36 (20)	00:00:40	00:32:58 (28)	00:00:35	00:21:41 (14)	01:06:29,61
18	5	MĄCZYŃSKI PATRYK		WOLA BATORSKA	M40	46	00:10:39 (22)	00:01:06	00:32:11 (21)	00:00:59	00:22:28 (28)	01:07:22,64
19	2	RADZIWIŃSKI MARCIN	GB SPORT	RZESZÓW	M50	18	00:11:16 (43)	00:00:52	00:33:15 (31)	00:00:40	00:21:31 (12)	01:07:33,15
20	7	CHMIEL ŁUKASZ	-	RZESZÓW	M30	116	00:12:24 (72)	00:00:58	00:31:16 (10)	00:00:47	00:22:09 (20)	01:07:33,91
21	3	GARBACIK JACEK	SKB TRIATHLON TEAM	STAŁOWA WOLA	M50	54	00:11:03 (37)	00:00:45	00:32:28 (22)	00:00:42	00:23:13 (37)	01:08:10,87
22	6	KRUPA PAWEŁ		AGATÓWKA	M40	78	00:13:12 (86)	00:01:29	00:32:40 (25)	00:00:51	00:20:14 (8)	01:08:26,45
23	8	CHODUR WOJCIECH	-	STARY SĄCZ	M30	72	00:11:21 (46)	00:01:05	00:32:05 (18)	00:01:07	00:22:54 (35)	01:08:32,40
24	7	ROGOWSKI MATEUSZ	KS PRESTIGE RZESZÓW	RZESZÓW	M40	76	00:11:40 (56)	00:00:49	00:34:06 (40)	00:00:52	00:21:41 (15)	01:09:07,90
25	8	BANAŚ ŁUKASZ	-	RZESZÓW	M40	63	00:09:48 (9)	00:00:28	00:33:39 (37)	00:00:36	00:24:47 (52)	01:09:17,15
26	9	DZIOBA ARTUR	FINISZ RYMANÓW	ODRZECZOWA	M40	2	00:13:28 (89)	00:01:01	00:31:36 (11)	00:01:08	00:22:18 (23)	01:09:30,04
27	10	SAMOLEWICZ MAREK	SST LUBCZA	GŁOGÓW MAŁOPOLSKI	M40	117	00:10:24 (17)	00:01:47	00:33:16 (33)	00:01:27	00:22:39 (30)	01:09:32,52

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28	11	MARTYNIAK ANDRZEJ	BRZYSKI TRI TEAM	KRAKÓW	M40	57	00:11:03 (36)	00:01:10	00:34:33 (43)	00:00:43	00:22:10 (21)	01:09:37,69
29	4	LIŚKIEWICZ BARTŁOMIEJ	NA SPORTOWO PO 50	NOWY SĄCZ	M50	3	00:10:13 (13)	00:01:10	00:32:02 (17)	00:01:25	00:25:00 (57)	01:09:50,11
30	3	ZYGMUNT KAMIL	K.L.K.S. „AZALIA” BRZÓZA KRÓLEWSKA	BRZÓZA KRÓLEWSKA	M20	83	00:12:02 (68)	00:01:11	00:33:12 (29)	00:00:58	00:22:48 (32)	01:10:11,64
31	9	BUJDASZ MATEUSZ	WHYNOTTRAVEL	BLAZOWA	M30	98	00:11:58 (64)	00:00:56	00:33:14 (30)	00:00:55	00:23:19 (38)	01:10:22,21
32	10	KASPERCZYK MICHAŁ	B3T-BRZYSKI TRI TEAM	KRAKÓW	M30	60	00:11:06 (39)	00:01:28	00:31:58 (16)	00:01:14	00:24:38 (50)	01:10:23,55
33	12	KIKIELA PAWEŁ	INGLOT	PRZEMYŚL	M40	28	00:11:00 (34)	00:01:07	00:34:48 (48)	00:00:42	00:22:53 (34)	01:10:30,40
34	4	FORYT ŁUKASZ	-	ŻOŁYNIA	M20	82	00:10:12 (12)	00:00:47	00:33:22 (34)	00:01:24	00:24:52 (55)	01:10:36,15
35	13	DUDZIŃSKI ADAM	-	LEŻAJSK	M40	66	00:11:10 (41)	00:00:58	00:35:14 (53)	00:00:54	00:22:24 (25)	01:10:41,11
36	14	PRZYBYŁA MARCIN	-	RZESZÓW	M40	50	00:11:35 (53)	00:01:16	00:33:48 (39)	00:01:39	00:22:24 (26)	01:10:42,61
37	15	SKOWROŃSKI TOMASZ		NOWA WIEŚ	M40	61	00:10:36 (21)	00:01:34	00:31:52 (15)	00:01:16	00:25:27 (67)	01:10:44,44
38	16	LEŚKO PAWEŁ	GBSPORT/ZIAJA TEAM	KIELANÓWKA	M40	73	00:10:44 (28)	00:00:54	00:33:34 (35)	00:00:54	00:24:53 (56)	01:10:59,36
39	5	KAMIŃSKI DOMINIK	-	ŁUKAWIEC	M20	55	00:10:43 (27)	00:00:49	00:34:45 (47)	00:01:15	00:23:37 (40)	01:11:10,25
40	17	KOLANO KRZYSZTOF	-	KAMIEŃ	M40	44	00:11:45 (62)	00:01:15	00:31:44 (13)	00:00:55	00:25:33 (71)	01:11:12,88
41	11	PIETRASZAK MACIEJ		KRAKÓW	M30	13	00:11:24 (48)	00:01:25	00:35:26 (59)	00:01:20	00:21:42 (16)	01:11:17,89
42	2	KRAWCZYK OLGA	B3T	KRAKÓW	OPEN K	103	00:10:55 (31)	00:01:05	00:35:43 (62)	00:01:02	00:22:49 (33)	01:11:33,85
43	18	WIĄCEK PIOTR	FKS STAL MIELEC	KRAKÓW	M40	41	00:09:26 (7)	00:01:01	00:35:41 (61)	00:00:56	00:24:34 (48)	01:11:37,17
44	19	OLSZEWSKI TOMASZ	-	DEBICA	M40	51	00:12:00 (66)	00:01:15	00:34:12 (41)	00:01:43	00:22:55 (36)	01:12:06,03
45	12	PERNAL MACIEJ	-	RZESZÓW	M30	90	00:11:24 (49)	00:00:47	00:34:59 (50)	00:01:02	00:24:34 (49)	01:12:45,57
46	20	ROSIEK GRZEGORZ	-	BOLECHOWICE	M40	77	00:11:10 (42)	00:01:03	00:32:54 (26)	00:01:09	00:26:36 (82)	01:12:52,58
47	21	PAWLINA MARCIN	-	JAMNICA	M40	36	00:11:42 (60)	00:01:01	00:33:42 (38)	00:01:32	00:25:11 (61)	01:13:07,86
48	3	BAZAN KLAUDIA	-	SOKOŁÓW MAŁOPOLSKI	OPEN K	62	00:12:01 (67)	00:01:10	00:36:34 (73)	00:01:07	00:22:18 (24)	01:13:11,28
49	22	KOPECKI ANDRZEJ	-	RZESZÓW	M40	39	00:11:39 (55)	00:01:21	00:34:19 (42)	00:00:53	00:25:00 (58)	01:13:11,62
50	13	SKOCZYLAS ADRIAN	SZARE ŁOSIE	RZESZÓW	M30	97	00:10:23 (16)	00:00:48	00:35:45 (63)	00:00:57	00:25:23 (66)	01:13:15,58
51	5	SZYNALIK SŁAWOMIR	KIKATEAM	KRAKÓW	M50	111	00:10:17 (14)	00:01:16	00:35:09 (52)	00:01:14	00:25:34 (73)	01:13:29,93
52	6	KUSTRA KACPER	-	NIENADÓWKA	M20	35	00:10:43 (25)	00:01:37	00:35:08 (51)	00:00:37	00:25:31 (69)	01:13:36,43
53	1	SĄSIADK JUSTYNA	DKK GRYF	ROPCZYCE	K30	42	00:12:57 (82)	00:00:58	00:35:21 (55)	00:00:44	00:23:45 (41)	01:13:44,81
54	14	KURZYNA DAWID	-	MIELEC	M30	64	00:12:39 (77)	00:01:12	00:37:39 (89)	00:00:49	00:22:14 (22)	01:14:33,43

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55	2	DUDA-FLIEGER IZABELA	TRIO TEAM	OŚWIĘCIM	K30	70	00:14:33 (100)	00:01:12	00:35:26 (58)	00:00:52	00:22:40 (31)	01:14:43,34
56	23	DEC ZBIGNIEW	PEP	RZESZÓW	M40	19	00:11:06 (38)	00:01:50	00:36:25 (70)	00:00:53	00:24:31 (46)	01:14:44,69
57	3	MAJCHROWICZ ALEKSANDRA	PRO-SPORT KRAKÓW	KRAKÓW	K30	79	00:12:31 (74)	00:00:58	00:36:03 (66)	00:01:03	00:24:14 (45)	01:14:48,84
58	15	BISKUP ADRIAN	-	RZESZÓW	M30	119	00:11:02 (35)	00:01:30	00:36:15 (67)	00:00:55	00:25:08 (60)	01:14:49,67
59	6	MIROSZ ARTUR	-	RADOM	M50	22	00:12:26 (73)	00:00:34	00:36:51 (83)	00:00:59	00:24:04 (43)	01:14:53,48
60	1	KOPECKA MAGDALENA	-	RZESZÓW	K40	38	00:11:21 (45)	00:01:24	00:36:30 (71)	00:01:06	00:24:33 (47)	01:14:54,87
61	16	WOŹNIAK MICHAŁ	NIEŻELAZNY	GŁOGÓW MAŁOPOLSKI	M30	94	00:11:23 (47)	00:01:56	00:35:22 (56)	00:00:43	00:25:49 (76)	01:15:13,67
62	24	JANUSZ GRZEGORZ	UMCS BIEGA	LUBLIN	M40	26	00:11:31 (51)	00:01:08	00:36:20 (68)	00:01:23	00:25:18 (63)	01:15:40,84
63	25	KIELAR WALDEMAR	-	ŻOŁYNIA	M40	31	00:10:56 (32)	00:02:02	00:36:37 (74)	00:00:46	00:25:21 (65)	01:15:42,49
64	2	MIKA-HOFMAN MAGDALENA		KRAKÓW	K40	33	00:11:36 (54)	00:00:48	00:35:19 (54)	00:00:55	00:27:20 (87)	01:15:56,16
65	17	SZYBISTY MATEUSZ	-	TRZEBUSKA	M30	37	00:11:40 (57)	00:00:54	00:33:15 (32)	00:00:53	00:29:44 (101)	01:16:26,48
66	18	OPYRCHAŁ ADRIAN	-	KRAKÓW	M30	59	00:14:01 (96)	00:01:04	00:35:28 (60)	00:00:58	00:25:01 (59)	01:16:32,61
67	1	LEŚNIEWSKI ANDRZEJ	POLITECHNIKA WARSZAWSKA	OSTROWIEC ŚWIĘTOKRZYSKI	M60	105	00:11:32 (52)	00:01:29	00:36:43 (78)	00:01:22	00:25:32 (70)	01:16:38,16
68	26	WĘDZICHA RAFAŁ	B3T	KRAKÓW	M40	113	00:13:07 (85)	00:02:15	00:35:49 (65)	00:01:28	00:24:04 (42)	01:16:41,64
69	1	MATUŁA NATALIA	TRIO TEAM	OŚWIĘCIM	K20	53	00:12:43 (79)	00:01:15	00:36:40 (75)	00:01:26	00:24:51 (54)	01:16:54,53
70	7	TROJANOWSKI PIOTR	-	RUDNIK NAD SANEM	M50	92	00:11:49 (63)	00:00:51	00:37:22 (87)	00:00:50	00:26:05 (78)	01:16:56,28
71	27	DEMKOWICZ DAMIAN		KĄTY TRZEBUSKIE	M40	109	00:12:19 (71)	00:01:45	00:32:06 (19)	00:01:31	00:29:24 (100)	01:17:05,19
72	2	BIAŁORUCKI BOGDAN	-	SĘDZISZÓW MAŁOPOLSKI	M60	17	00:12:13 (70)	00:02:07	00:34:40 (45)	00:01:07	00:27:31 (89)	01:17:36,61
73	8	TOMAS DARIUSZ		JAROSŁAW	M50	71	00:11:08 (40)	00:01:42	00:38:07 (90)	00:01:04	00:25:40 (75)	01:17:41,45
74	3	STĘPKOWSKA BERTA	UMCS_BIEGA	LUBLIN	K40	27	00:11:42 (59)	00:01:11	00:38:34 (95)	00:01:15	00:25:14 (62)	01:17:55,64
75	9	SITEŃ GRZEGORZ	SWIM-TRI	RZESZÓW	M50	32	00:13:46 (92)	00:01:20	00:34:36 (44)	00:01:00	00:27:36 (90)	01:18:18,46
76	10	SKOCZYLAS ROBERT	SZARE ŁOSIE	RZESZÓW	M50	96	00:12:54 (80)	00:01:27	00:36:43 (79)	00:00:43	00:26:33 (81)	01:18:19,44
77	11	FEDAK BOHDAN	UKS AQUARIUS MASTERS	ZAGÓRZ	M50	88	00:13:00 (83)	00:01:34	00:38:10 (91)	00:01:03	00:24:50 (53)	01:18:38,27
78	19	MACH DARIUSZ	KS PRESTIGE RZESZÓW	RZESZÓW	M30	87	00:10:58 (33)	00:01:08	00:38:16 (93)	00:01:02	00:27:19 (86)	01:18:42,89
79	28	MICHNO TOMASZ	SIGNUM	RZESZÓW	M40	118	00:12:41 (78)	00:01:18	00:36:42 (77)	00:00:58	00:27:15 (85)	01:18:52,97
80	7	PATTAK KACPER	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	ŁAŃCUT	M20	6	00:10:43 (26)	00:01:37	00:41:52 (108)	00:01:18	00:23:24 (39)	01:18:54,67
81	29	KUS JACEK	-	SOKOŁÓW MAŁOPOLSKI	M40	20	00:11:40 (58)	00:01:36	00:37:09 (86)	00:01:13	00:27:25 (88)	01:19:02,32

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82	4	NAVOZENKO NATALIJA	-	KRAKOW	K30	67	00:11:17 (44)	00:01:12	00:37:31 (88)	00:01:23	00:27:44 (92)	01:19:06,40
83	12	PAJDA JAROMIR	TRIATHLON JAROSŁAW, JGB "SOKÓŁ" JAROSŁAW	JAROSŁAW	M50	106	00:11:45 (61)	00:01:02	00:39:24 (101)	00:01:12	00:26:04 (77)	01:19:26,32
84	20	ROGÓŻ RAFAŁ	-	SANOK	M30	56	00:12:39 (76)	00:01:23	00:36:48 (80)	00:01:00	00:27:47 (93)	01:19:37,56
85	21	KITA KAMIL	-	LUBLIN	M30	10	00:13:21 (87)	00:00:57	00:38:11 (92)	00:01:04	00:26:23 (80)	01:19:56,34
86	22	KUBIT MIŁOSZ	SZARE ŁOSIE	RZESZÓW	M30	101	00:14:57 (106)	00:01:44	00:38:39 (96)	00:00:36	00:24:08 (44)	01:20:03,30
87	1	ŻUKOWSKA BASIA	MROZEK TRI TEAM	LUBLIN	K50	110	00:11:27 (50)	00:01:21	00:36:25 (69)	00:01:17	00:29:47 (102)	01:20:16,79
88	4	TOKARZ AGATA	-	LEŻAJSK	K40	80	00:16:42 (112)	00:01:35	00:35:23 (57)	00:01:11	00:25:28 (68)	01:20:17,86
89	5	LUTAK-ŻELAZKO AGNIESZKA	JAK ŻÓŁWIE W GALOPIE	ZARZECZE	K30	115	00:14:40 (102)	00:01:23	00:36:40 (76)	00:01:22	00:27:12 (84)	01:21:17,61
90	2	SERAFIN MARCELINA	IM INSPIRATION	CMOLAS	K20	86	00:13:57 (94)	00:01:08	00:39:12 (99)	00:01:27	00:25:34 (72)	01:21:18,93
91	3	BORUTA ANDRZEJ	KINESIS TEAM	IWONICZ-ZDRÓJ	M60	12	00:13:22 (88)	00:01:03	00:36:48 (81)	00:01:06	00:29:13 (98)	01:21:32,61
92	13	TUCHOWSKI JANUSZ	-	DĘBICA	M50	52	00:15:05 (107)	00:02:20	00:36:59 (85)	00:02:19	00:25:37 (74)	01:22:19,84
93	30	KIELAR RAFAŁ	-	ŻOŁYNIA	M40	30	00:13:32 (90)	00:01:53	00:36:51 (82)	00:00:54	00:29:16 (99)	01:22:25,57
94	23	TROJANOWSKI MICHAŁ	-	RUDNIK NAD SANEM	M30	91	00:14:13 (99)	00:01:49	00:39:17 (100)	00:01:49	00:25:19 (64)	01:22:27,78
95	24	ZAJĄC SZYMON	TRIO TEAM OŚWIĘCIM	WŁOSIENICA	M30	15	00:14:44 (103)	00:02:31	00:36:33 (72)	00:02:07	00:26:59 (83)	01:22:54,85
96	4	ŚWINIUCH ZBIGNIEW	MARATOŃCZYK DĘBICA	DĘBICA	M60	16	00:14:55 (105)	00:01:13	00:34:52 (49)	00:01:23	00:30:43 (107)	01:23:05,19
97	25	PIECZONKA MATEUSZ	KINESIS TEAM	KROSNO	M30	11	00:14:02 (97)	00:01:18	00:38:43 (97)	00:01:12	00:28:08 (95)	01:23:23,54
98	5	ZABOROWSKI ROBERT	MARATOŃCZYK DĘBICA	DĘBICA	M60	47	00:16:51 (113)	00:01:38	00:35:47 (64)	00:01:03	00:28:14 (96)	01:23:33,31
99	6	ZAJĄC TADEUSZ	-	LUBACZÓW	M60	43	00:15:13 (108)	00:01:44	00:36:55 (84)	00:02:06	00:27:36 (91)	01:23:33,36
100	26	KOŁODZIEJ GRZEGORZ	PWAERO	SOKOŁÓW MAŁOPOLSKI	M30	23	00:15:37 (109)	00:01:29	00:34:41 (46)	00:01:04	00:31:38 (109)	01:24:29,22
101	5	RACHWAŁ CHMURA MAGDALENA	FALA	ROPCHYCE	K40	114	00:12:04 (69)	00:01:48	00:39:45 (103)	00:00:58	00:30:30 (106)	01:25:03,97
102	27	MIERZWA SZYMON	-	RZESZÓW	M30	40	00:12:57 (81)	00:01:19	00:39:34 (102)	00:01:26	00:30:21 (105)	01:25:36,35
103	31	KOCH SŁAWOMIR	-	SOKOŁÓW MAŁOPOLSKI	M40	107	00:14:45 (104)	00:01:23	00:40:03 (104)	00:01:31	00:28:52 (97)	01:26:34,25
104	28	STOPYRA KAMIL	-	SOKOŁÓW MAŁOPOLSKI	M30	49	00:18:30 (115)	00:01:39	00:41:55 (109)	00:02:09	00:24:39 (51)	01:28:51,37
105	29	OŻÓG JANUSZ		TRZEBUSKA	M30	24	00:13:59 (95)	00:02:00	00:38:52 (98)	00:00:57	00:33:40 (112)	01:29:27,17
106	32	JAWORSKI MIKOŁAJ	KCP GÓRSKIE ORŁY	RZESZÓW	M40	89	00:14:10 (98)	00:01:43	00:41:51 (107)	00:01:42	00:30:05 (104)	01:29:30,57
107	30	SZCZYGIEL ROBERT	-	JASŁO	M30	84	00:12:00 (65)	00:02:26	00:40:05 (105)	00:01:29	00:33:49 (113)	01:29:49,49
108	7	BABIARZ ROBERT	PRZ	RZESZÓW	M60	99	00:18:35 (116)	00:01:34	00:38:34 (94)	00:02:12	00:29:50 (103)	01:30:43,77

VIII TRIATHLON SOKOŁA - 05.07.2025 - WYNIKI

Open	Kategoria	Nazwisko / Name	Team	Miasto / City	KAT	Numer	Pływanie 500m	T1	Rower 20km	T2	Bieg 5km	Czas łączny
109	33	ZYCH MICHAŁ	MARKETVITA	RZESZÓW	M40	104	00:14:35 (101)	00:02:21	00:46:57 (115)	00:00:42	00:26:17 (79)	01:30:53,21
110	1	SZCZEPANIK KAROLINA	-	RZESZÓW	K18	21	00:13:01 (84)	00:01:42	00:42:28 (110)	00:01:53	00:33:15 (111)	01:32:18,63
111	8	SŁOBODZIAN ANDRZEJ	GB NA ZDROWIE	SOKOŁÓW MŁP	M60	48	00:17:07 (114)	00:02:40	00:43:42 (113)	00:01:19	00:28:04 (94)	01:32:52,02
112	8	JANKOWSKI WOJCIECH	-	RZESZÓW	M20	4	00:13:57 (93)	00:02:04	00:41:45 (106)	00:02:12	00:33:00 (110)	01:32:56,56
113	2	ZYGMUNT MONIKA	-	LEŻAJSK	K50	93	00:15:48 (110)	00:01:55	00:42:56 (112)	00:00:57	00:35:24 (116)	01:36:59,93
114	9	STĘPIEŃ LESZEK	-	NISKO	M60	5	00:12:38 (75)	00:01:59	00:42:37 (111)	00:01:27	00:38:38 (117)	01:37:19,54
115	6	PEŁDIAK JOANNA	-	KRAKÓW	K30	112	00:13:43 (91)	00:02:34	00:48:51 (116)	00:01:13	00:34:55 (115)	01:41:16,35
116	14	MISIAK WIESŁAW	B3T-BRZYSKI TRI TEAM	KRAKÓW	M50	7	00:19:44 (118)	00:03:29	00:43:48 (114)	00:02:05	00:38:42 (118)	01:47:46,70
117	15	ALCIBAR MARTINEZ CESAR	NOWOSARZYŃSKA GRUPA BIEGOWA	LEŻAJSK	M50	81	00:19:12 (117)	00:03:39	00:50:14 (117)	00:01:34	00:34:40 (114)	01:49:18,57
118	34	KOTULA JANUSZ	-	SOKOŁÓW MAŁOPOLSKI	M40	8	00:16:02 (111)	00:01:34	01:06:41 (118)	00:01:15	00:31:07 (108)	01:56:39,68
DNF	DNF	BOGUŃ BARTŁOMIEJ	NOLIMITED TEAM	SOKOŁÓW MAŁOPOLSKI	M20	29	00:24:46					DNF