

1	DUDEK Wojciech	325	GOLIAT LEONCIN	LEONCIN	M30	1	M 1		00:00:03	01:38:40.20	01:38:43.75		4:41	12.8 (100%)
2	SZMIST Szymon	228	KB ATHLETIC ZRECIN	ŚWIERZOWA POLSKA	M40	1	M 2		00:00:03	01:43:10.45	01:43:13.70	+00:04:29 (4.4%)	4:54	12.2 (95.3%)
3	KRAWCZYŃSKI Mikołaj	335	WKS ŚLĄSK	WROCŁAW	M20	1	M 3		00:00:03	01:47:40.25	01:47:43.95	+00:09:00 (8.4%)	5:07	11.7 (91.4%)
4	ŁOZA Mateusz	324	ZWIEDZANIE PRZEZ BIEGANIE	GORZKÓW	M30	2	M 4		00:00:03	01:53:03.05	01:53:06.65	+00:14:22 (12.7%)	5:23	11.1 (86.7%)
5	GAJDA Bartosz	260	SZYBKIE ŻÓŁWIE	BUDY DŁUTOWSKIE	M20	2	M 5		00:00:03	01:57:21.05	01:57:24.45	+00:18:40 (15.9%)	5:35	10.7 (83.6%)
6	PERNAL Dariusz	336	FINISZ RYMANÓW	RYMANÓW	M40	2	M 6		00:00:03	01:57:34.80	01:57:38.35	+00:18:54 (16.1%)	5:35	10.7 (83.6%)
7	PODOLAK Kuba	323	A TAK SOBIE BIEGAM	JAROSŁAW	M30	3	M 7		00:00:04	01:57:53.35	01:57:57.50	+00:19:13 (16.3%)	5:36	10.7 (83.6%)
8	PISKADŁO Jacek	238	NOWY STYL RUNNING TEAM	TARNOWIEC	M30	4	M 8	Nowy Styl Running Team	00:00:03	01:59:16.80	01:59:20.65	+00:20:36 (17.3%)	5:40	10.6 (82.8%)
9	LECZOWICZ Patryk	315		WROCŁAW	M30	5	M 9		00:00:04	01:59:45.10	01:59:49.15	+00:21:05 (17.6%)	5:42	10.5 (82.0%)
10	WYROSTEK Krzysztof	317	CHEŁM BIEGA	CHEŁM	M50	1	M 10	Chelm Biega	00:00:04	02:01:35.65	02:01:40.10	+00:22:56 (18.9%)	5:47	10.4 (81.3%)
11	KURASZ Piotr	303	PODEST TEAM	KRAKÓW	M40	3	M 11		00:00:04	02:04:16.45	02:04:21.20	+00:25:37 (20.6%)	5:55	10.1 (78.9%)
12	ZIEMBA Michal	328	AKADEMIA BIEGACZA MATYLDY KOWAL	RZESZÓW	M40	4	M 12		00:00:04	02:05:30.95	02:05:35.10	+00:26:51 (21.4%)	5:58	10 (78.1%)
13	JAKUBIK Kamil	270		LEGIONOWO	M30	6	M 13		00:00:04	02:07:34.35	02:07:38.70	+00:28:54 (22.7%)	6:04	9.9 (77.3%)
14	ROGIŃSKI Jacek	316		TARNOWSKIE GÓRY	M30	7	M 14		00:00:07	02:07:42.00	02:07:49.80	+00:29:06 (22.8%)	6:04	9.9 (77.3%)
15	GIERULA Grzegorz	313	KB ATHLETIC ZRĘCIN	ŁĘŻANY	M30	8	M 15	KB Athletic Zrecin	00:00:06	02:07:49.30	02:07:55.90	+00:29:12 (22.8%)	6:05	9.9 (77.3%)
16	KUDRA Dariusz	217	SZYBKIE ŻÓŁWIE	DŁUTÓW	M50	2	M 16		00:00:05	02:10:37.75	02:10:43.15	+00:31:59 (24.5%)	6:13	9.6 (75.0%)
17	KOTULA Dominik	226		TYCZYN	M20	3	M 17		00:00:04	02:11:36.00	02:11:40.00	+00:32:56 (25.0%)	6:16	9.6 (75.0%)
18	SZAROWICZ Fabian	261	BATORYBAU	SĘKOWA	M40	5	M 18		00:00:05	02:12:34.10	02:12:40.05	+00:33:56 (25.6%)	6:18	9.5 (74.2%)
19	KRAJNIEWSKI Krzysztof	285		KRAKÓW	M30	9	M 19		00:00:05	02:13:37.80	02:13:43.20	+00:34:59 (26.2%)	6:21	9.4 (73.4%)
20	BILSKI Krzysztof	306		WARSZAWA	M30	10	M 20		00:00:06	02:14:29.60	02:14:36.00	+00:35:52 (26.6%)	6:24	9.4 (73.4%)
21	MERCHUT Krzysztof	280		BRZOZÓWKA	M30	11	M 21		00:00:06	02:17:01.75	02:17:08.55	+00:38:24 (28.0%)	6:31	9.2 (71.9%)
22	WANAT Janusz	341	#SZLACHTABIEGA	SIEDLISKA	M40	6	M 22		00:00:05	02:17:55.35	02:18:00.40	+00:39:16 (28.5%)	6:34	9.1 (71.1%)
23	CIESIÓŁKA Katarzyna	334	WKS ŚLĄSK	WROCŁAW	K20	1	K 1		00:00:07	02:18:20.50	02:18:27.50	+00:39:43 (28.7%)	6:35	9.1 (71.1%)
24	PURGAL Tomasz	259	SAINT-GOBAIN SQUAD	DĄBROWA GÓRNICZA	M40	7	M 23		00:00:07	02:19:20.25	02:19:27.85	+00:40:44 (29.2%)	6:38	9 (70.3%)
25	BOCHYŃSKI Maciej	211		KRAKÓW	M30	12	M 24		00:00:07	02:20:30.95	02:20:38.75	+00:41:55 (29.8%)	6:41	9 (70.3%)
26	STYCZYŃSKI Maciej	239	NOWY STYL RUNNING TEAM	JASŁO	M40	8	M 25	Nowy Styl Running Team	00:00:00	02:21:44.05	02:21:44.05	+00:43:00 (30.3%)	6:44	8.9 (69.5%)
27	DRZYMAŁA Artur	288	GORLICKA GRUPA BIEGOWA	SĘKOWA	M50	3	M 26		00:00:06	02:22:08.75	02:22:15.10	+00:43:31 (30.6%)	6:46	8.9 (69.5%)
28	MICHAŁSKI Arkadiusz	245	NOWY STYL RUNNING TEAM	DOBIESZYN	M40	9	M 27		00:00:09	02:23:30.05	02:23:39.90	+00:44:56 (31.3%)	6:50	8.8 (68.8%)
29	GLAB Krzysztof	299	VEGE RABBITS	KŁOBUCK	M50	4	M 28		00:00:05	02:24:47.65	02:24:53.60	+00:46:09 (31.9%)	6:53	8.7 (68.0%)

30	DYKAS Piotr	340	GŁODNE WILKI	RZESZÓW	M20	4	M 29		00:00:05	02:25:01.15	02:25:06.60	+00:46:22 (32.0%)	6:54	8.7 (68.0%)
31	SZYBISTY Grzegorz	201	KKB MOSIR KROSNO	WROCANKA	M50	5	M 30		00:00:05	02:27:53.35	02:27:58.80	+00:49:15 (33.3%)	7:02	8.5 (66.4%)
32	BOŻĘTKA Waldemar	240	NOWY STYL RUNNING TEAM	KROSNO	M40	10	M 31	Nowy Styl Running Team	00:00:10	02:28:05.05	02:28:15.60	+00:49:31 (33.4%)	7:03	8.5 (66.4%)
33	SIKORSKI Błażej	293	NIEDZIELNE TOWARZYSTWO BIEGOWE	SOCHACZEW	M30	13	M 32		00:00:04	02:28:24.55	02:28:29.50	+00:49:45 (33.5%)	7:04	8.5 (66.4%)
34	UJMA Stanisław	311	GALICJA BIEGA	PRZEWORSK	M60	1	M 33		00:00:04	02:28:50.15	02:28:54.65	+00:50:10 (33.7%)	7:05	8.5 (66.4%)
35	SIENKIEWICZ Basia	253		KRAKOW	K20	2	K 2		00:00:09	02:29:54.50	02:30:04.30	+00:51:20 (34.2%)	7:08	8.4 (65.6%)
36	KALINKA Maciej	274		KRAKÓW	M40	11	M 34		00:00:07	02:30:37.95	02:30:45.45	+00:52:01 (34.5%)	7:10	8.4 (65.6%)
37	PULAK Paweł	307		ZDZIARZEC	M30	14	M 35		00:00:13	02:31:32.55	02:31:46.50	+00:53:02 (35.0%)	7:12	8.3 (64.8%)
38	KOZAK Krzysztof	206	BTC - BYLE TRASA CIEKAWA	GORLICE	M40	12	M 36		00:00:04	02:33:11.65	02:33:16.25	+00:54:32 (35.6%)	7:17	8.2 (64.1%)
39	RAŚ Tomasz	276	T.S PIASTOVIA	WROCANKA	M20	5	M 37		00:00:05	02:34:40.95	02:34:46.90	+00:56:03 (36.2%)	7:21	8.1 (63.3%)
40	POPEK Bogusław	292		ŁĘCZNA	M50	6	M 38		00:00:15	02:35:33.50	02:35:49.45	+00:57:05 (36.6%)	7:24	8.1 (63.3%)
41	FORNAL-KRĘŻAŁEK Brygida	266		IWLA	K20	3	K 3		00:00:08	02:35:45.95	02:35:54.45	+00:57:10 (36.7%)	7:25	8.1 (63.3%)
42	ŁUSZCZ Paweł	295	GAMONIUSZE	DĘBICA	M40	13	M 39		00:00:16	02:35:38.00	02:35:54.55	+00:57:10 (36.7%)	7:24	8.1 (63.3%)
43	BANAŚ Szymon	218		GĄSAWA	M20	6	M 40		00:00:06	02:36:33.25	02:36:40.20	+00:57:56 (37.0%)	7:27	8 (62.5%)
44	WOJTOWICZ Piotr	227		BRZOZÓW	M20	7	M 41		00:00:06	02:36:33.40	02:36:40.30	+00:57:56 (37.0%)	7:27	8 (62.5%)
45	STANOSZ-CHEŁKOWSKA Aneta	329	HARDE DZIKI	CHYROWA	K40	1	K 4		00:00:07	02:37:03.20	02:37:10.70	+00:58:26 (37.2%)	7:28	8 (62.5%)
46	PIKUL Mikołaj	330		SKOŁYSZYN	M40	14	M 42		00:00:16	02:38:08.15	02:38:24.40	+00:59:40 (37.7%)	7:31	8 (62.5%)
47	SELEGRAT Norbert	264		RZESZÓW	M30	15	M 43		00:00:20	02:38:06.80	02:38:27.15	+00:59:43 (37.7%)	7:31	8 (62.5%)
48	MILEJ Wojciech	246		WOŁOMIN	M30	16	M 44		00:00:04	02:38:43.00	02:38:47.95	+01:00:04 (37.8%)	7:33	7.9 (61.7%)
49	KOSTKA Andrzej	287	CUBE TEAM	KROŚCIENKO WYŻNE	M60	2	M 45		00:00:07	02:40:49.15	02:40:56.50	+01:02:12 (38.7%)	7:39	7.8 (60.9%)
50	SERAFIN Magdalena	301		KRAKÓW	K40	2	K 5		00:00:10	02:41:23.80	02:41:34.70	+01:02:50 (38.9%)	7:41	7.8 (60.9%)
51	SOBSTEL Przemek	281	BOCA SENIORS PRZYBYSZÓW	KROCZYCE	M40	15	M 46		00:00:12	02:42:00.80	02:42:12.90	+01:03:29 (39.1%)	7:42	7.8 (60.9%)
52	KOSTKA Małgorzata	286	CUBE TEAM	KROŚCIENKO WYŻNE	K50	1	K 6		00:00:07	02:42:55.75	02:43:03.40	+01:04:19 (39.5%)	7:45	7.7 (60.2%)
53	KOZŁOWSKI Piotr	213	KILLA BEEZ	DĘBICA	M40	16	M 47		00:00:14	02:43:05.20	02:43:19.75	+01:04:36 (39.6%)	7:45	7.7 (60.2%)
54	JEDYNAK Marcin	298	GAMONIUSZE	DĘBICA	M40	17	M 48		00:00:17	02:43:34.05	02:43:51.05	+01:05:07 (39.7%)	7:47	7.7 (60.2%)
55	WYPARŁO Patrycja	255	SWORDSATHLETICS WARSAW	WARSZAWA	K20	4	K 7		00:00:07	02:44:30.80	02:44:38.00	+01:05:54 (40.0%)	7:50	7.7 (60.2%)
56	ZAWADZKI Piotr	337		DĄBROWA GÓRNICZA	M40	18	M 49		00:00:08	02:45:34.60	02:45:42.70	+01:06:58 (40.4%)	7:53	7.6 (59.4%)
57	GAJDA Sławomir	247		BUDY DŁUTOWSKIE	M40	19	M 50		00:00:05	02:46:07.70	02:46:13.25	+01:07:29 (40.6%)	7:54	7.6 (59.4%)
58	KOSELA Marcelli	249		WROCŁAW	M20	8	M 51		00:00:12	02:47:41.60	02:47:53.90	+01:09:10 (41.2%)	7:59	7.5 (58.6%)

59	SERAFIN Daniel	300		KRAKÓW	M40	20	M 52		00:00:09	02:47:56.20	02:48:06.15	+01:09:22 (41.3%)	7:59	7.5 (58.6%)
60	CIELOSZYK Paulina	204		USTJANOWA GÓRNA	K30	1	K 8		00:00:14	02:48:25.65	02:48:40.50	+01:09:56 (41.5%)	8:01	7.5 (58.6%)
61	HALASTRA Anna	310		WOLA FILIPOWSKA	K40	3	K 9		00:00:17	02:50:13.00	02:50:30.90	+01:11:47 (42.1%)	8:06	7.4 (57.8%)
62	CZYŻOWICZ-GOTFRYD Agnieszka	256	POLISH RUNNERS SQUAD	JASŁO	K50	2	K 10	Polish Runners Squad	00:00:14	02:50:49.00	02:51:03.40	+01:12:19 (42.3%)	8:08	7.4 (57.8%)
63	LEWANDOWSKI Artur	265	POLISH RUNNERS SQUAD	WLOCLAWEK	M50	7	M 53	Polish Runners Squad	00:00:28	02:51:27.00	02:51:55.00	+01:13:11 (42.6%)	8:09	7.3 (57.0%)
64	PRZYBYLSKI Damian	322	PODIUM	MEDYNIA GŁOGOWSKA	M30	17	M 54		00:00:17	02:51:41.85	02:51:59.45	+01:13:15 (42.6%)	8:10	7.3 (57.0%)
65	KNAPCZYK Mateusz	314		MYŚLENICE	M20	9	M 55		00:00:12	02:52:07.90	02:52:20.70	+01:13:36 (42.7%)	8:11	7.3 (57.0%)
66	CZECH Bartosz	225		JASŁO	M30	18	M 56		00:00:08	02:52:30.90	02:52:39.45	+01:13:55 (42.8%)	8:12	7.3 (57.0%)
67	WOJTOWICZ Paweł	242	NOWY STYL RUNNING TEAM	KROSNO	M40	21	M 57	Nowy Styl Running Team	00:00:11	02:52:55.80	02:53:07.05	+01:14:23 (43.0%)	8:14	7.3 (57.0%)
68	SAJDAK Dariusz	205		BĘDZIN	M40	22	M 58		00:00:10	02:52:58.90	02:53:09.60	+01:14:25 (43.0%)	8:14	7.3 (57.0%)
69	KLOCEK Konrad	232		ŁĘŻYNY	M40	23	M 59		00:00:09	02:53:49.05	02:53:58.10	+01:15:14 (43.2%)	8:16	7.2 (56.3%)
70	SKOLARCZYK Bartłomiej	222	#TYLKO_DLA_MEDALU	PRZEMYŚL	M30	19	M 60		00:00:12	02:54:09.15	02:54:21.25	+01:15:37 (43.4%)	8:17	7.2 (56.3%)
71	SZELAG Paweł	209		KRAKÓW	M30	20	M 61		00:00:15	02:54:09.00	02:54:24.80	+01:15:41 (43.4%)	8:17	7.2 (56.3%)
72	BOBRAS Arkadiusz	321		PIOTRKÓW TRYBUNALSKI	M50	8	M 62		00:00:09	02:54:33.30	02:54:42.40	+01:15:58 (43.5%)	8:18	7.2 (56.3%)
73	MONTUSIEWICZ Maciej	237		LUBLIN	M30	21	M 63		00:00:07	02:54:38.30	02:54:45.50	+01:16:01 (43.5%)	8:18	7.2 (56.3%)
74	PAWLIK Zuzanna	234		JASŁO	K20	5	K 11		00:00:09	02:54:39.30	02:54:48.70	+01:16:04 (43.5%)	8:19	7.2 (56.3%)
75	SZAFRAN Agnieszka	319		GLIWICE	K40	4	K 12		00:00:11	02:54:53.85	02:55:05.45	+01:16:21 (43.6%)	8:19	7.2 (56.3%)
76	SZCZEPANEK Paweł	243	NOWY STYL RUNNING TEAM	KROSNO	M40	24	M 64	Nowy Styl Running Team	00:00:09	02:55:35.85	02:55:45.20	+01:17:01 (43.8%)	8:21	7.2 (56.3%)
77	BIJATOWSKA Diana	267		PCIM	K40	5	K 13		00:00:12	02:55:48.95	02:56:01.10	+01:17:17 (43.9%)	8:22	7.2 (56.3%)
78	KENIG Jakub	309		KRZESZOWICE	M40	25	M 65		00:00:18	02:56:44.40	02:57:03.20	+01:18:19 (44.2%)	8:24	7.1 (55.5%)
79	DANIELAK Małgorzata	257		ZIELONKI	K50	3	K 14		00:00:15	02:57:11.35	02:57:26.80	+01:18:43 (44.4%)	8:26	7.1 (55.5%)
80	LEJMAN Adam	282		WARSZAWA	M50	9	M 66		00:00:14	02:57:22.30	02:57:36.70	+01:18:52 (44.4%)	8:26	7.1 (55.5%)
81	DANIELAK Roman	258		ZIELONKI	M50	10	M 67		00:00:16	02:57:40.00	02:57:56.70	+01:19:12 (44.5%)	8:27	7.1 (55.5%)
82	KOMOROWSKI Mateusz	308	KS WICHEREK	STRĄCZKÓW	M30	22	M 68		00:00:06	02:58:08.35	02:58:15.05	+01:19:31 (44.6%)	8:28	7.1 (55.5%)
83	DUDEK-HEWIG Magdalena	275		RUDA ŚLĄSKA	K40	6	K 15		00:00:06	02:59:29.25	02:59:35.60	+01:20:51 (45.0%)	8:32	7 (54.7%)
84	RÓŻYCKA Dorota	244	NOWY STYL RUNNING TEAM	JASŁO	K40	7	K 16	Nowy Styl Running Team	00:00:07	02:59:38.65	02:59:46.60	+01:21:02 (45.1%)	8:33	7 (54.7%)
85	WARDAK Anna	279		KRAKOW	K50	4	K 17		00:00:10	03:00:37.50	03:00:47.80	+01:22:04 (45.4%)	8:36	7 (54.7%)
86	HONKISZ Maciej	248		POTOK	M60	3	M 69		00:00:11	03:00:52.95	03:01:04.45	+01:22:20 (45.5%)	8:36	7 (54.7%)
87	URBANEK Jolanta	339		BIBOWA	K40	8	K 18		00:00:10	03:00:57.75	03:01:08.70	+01:22:24 (45.5%)	8:37	7 (54.7%)

88	POPEK Katarzyna	291		TOMASZOWICE KOLONIA	K20	6	K 19		00:00:15	03:00:53.75	03:01:09.05	+01:22:25 (45.5%)	8:36	7 (54.7%)
89	REC Bartosz	241	NOWY STYL RUNNING TEAM	KROSNO	M40	26	M 70	Nowy Styl Running Team	00:00:12	03:02:18.65	03:02:30.65	+01:23:46 (45.9%)	8:40	6.9 (53.9%)
90	CYNARSKI Roland	294	HAPPY RUNNERS	BYTOM	M40	27	M 71		00:00:18	03:02:24.10	03:02:42.30	+01:23:58 (46.0%)	8:41	6.9 (53.9%)
91	KRZEPKOWSKA Justyna	333		WARSZAWA	K30	2	K 20		00:00:17	03:03:31.25	03:03:48.65	+01:25:04 (46.3%)	8:44	6.9 (53.9%)
92	BOŻEK Grzegorz	302	DZIKIE ŻYCIE RUNTEAM	KROSNO	M50	11	M 72	Dzikie Życie RunTeam	00:00:10	03:03:52.80	03:04:03.75	+01:25:20 (46.4%)	8:45	6.9 (53.9%)
93	CZYŻ Barbara	219	RUNONLINE.PL	KRAKÓW	K40	9	K 21		00:00:11	03:05:48.90	03:06:00.60	+01:27:16 (46.9%)	8:50	6.8 (53.1%)
94	MILIŃSKI Michał	254		IWONICZ ZDRÓJ	M30	23	M 73		00:43:30	02:25:50.10	03:09:20.10	+01:30:36 (47.9%)	6:56	8.6 (67.2%)
95	DARAŻ Mirosław	277		WOLA UHRUSKA	M50	12	M 74		00:00:10	03:09:28.85	03:09:39.10	+01:30:55 (47.9%)	9:01	6.7 (52.3%)
96	KLUK Agata	320		JAWORZNO	K30	3	K 22		00:00:18	03:09:25.60	03:09:44.30	+01:31:00 (48.0%)	9:01	6.7 (52.3%)
97	WAŚKIEWICZ Mirosław	304		KREMPNA	M50	13	M 75		00:00:09	03:11:29.60	03:11:38.65	+01:32:54 (48.5%)	9:07	6.6 (51.6%)
98	FIEDORCZUK Łukasz	289	BIMBER RUNNING TEAM	DOŁŻYCA	M40	28	M 76		00:00:11	03:12:26.90	03:12:37.95	+01:33:54 (48.7%)	9:09	6.5 (50.8%)
99	VEEREGOWDA Deepak	214		GRONINGEN	M40	29	M 77		00:00:10	03:12:37.65	03:12:48.10	+01:34:04 (48.8%)	9:10	6.5 (50.8%)
100	IMIŃSKI Cezary	223		ZGIERZ	M50	14	M 78		00:00:07	03:15:35.60	03:15:43.40	+01:36:59 (49.6%)	9:18	6.4 (50.0%)
101	KUPIEC Piotr	297	KS RYGLICE	RYGLICE	M50	15	M 79		00:00:05	03:16:56.80	03:17:01.95	+01:38:18 (49.9%)	9:22	6.4 (50.0%)
102	KNAPCZYK Elżbieta	268		MYŚLENICE	K40	10	K 23		00:00:12	03:16:58.45	03:17:10.60	+01:38:26 (49.9%)	9:22	6.4 (50.0%)
103	KOŁOS Wioleta	312		STARA BŁOTNICA	K20	7	K 24		00:00:11	03:18:07.75	03:18:18.90	+01:39:35 (50.2%)	9:26	6.4 (50.0%)
104	DOMOWICZ Anna	224	RUNONLINE.PL TEAM	KRAKÓW	K30	4	K 25		00:00:08	03:22:45.90	03:22:54.45	+01:44:10 (51.3%)	9:39	6.2 (48.4%)
105	SIERZPOWSKI Marcin	327		OLSZTYN	M40	30	M 80		00:00:20	03:24:26.55	03:24:47.20	+01:46:03 (51.8%)	9:44	6.2 (48.4%)
106	FRYDRYCH Dariusz	207	KKB MOSIR KROSNO	MODERÓWKA	M50	16	M 81		00:00:15	03:24:36.00	03:24:51.85	+01:46:08 (51.8%)	9:44	6.2 (48.4%)
107	PABIAŃCZYK Małgorzata	305		KRAKÓW	K40	11	K 26		00:00:12	03:25:11.30	03:25:23.90	+01:46:40 (51.9%)	9:46	6.1 (47.7%)
108	SENDECKI Rafał	269		MYŚLENICE	M50	17	M 82		00:00:12	03:25:19.45	03:25:31.90	+01:46:48 (52.0%)	9:46	6.1 (47.7%)
109	SIEKIERA Sylwia	235		GŁOJSCE	K30	5	K 27		00:00:13	03:26:21.90	03:26:35.35	+01:47:51 (52.2%)	9:49	6.1 (47.7%)
110	KORECKI Marcin	210	4FI16	DOBCZYCE	M40	31	M 83		00:00:10	03:30:16.00	03:30:26.45	+01:51:42 (53.1%)	10:00	6 (46.9%)
111	KOSTKA Mikołaj	290	CUBE TEAM	KRAKÓW	M30	24	M 84	Claus Cube Running Team	00:00:08	03:31:22.80	03:31:30.90	+01:52:47 (53.3%)	10:03	6 (46.9%)
112	STANOSZ Dawid	236		DĄBROWA GÓRNICZA	M20	10	M 85		00:00:07	03:35:25.05	03:35:32.85	+01:56:49 (54.2%)	10:15	5.8 (45.3%)
113	BRODAWKA Olga	263	SZAKARON MAKARON	WARSZAWA	K30	6	K 28		00:00:17	03:39:02.25	03:39:19.35	+02:00:35 (55.0%)	10:25	5.8 (45.3%)
114	SIEDLIK Andrzej	230		FLUSHING	M40	32	M 86		00:00:16	03:41:08.50	03:41:24.70	+02:02:40 (55.4%)	10:31	5.7 (44.5%)
115	POTĘPA Barbara	229		TARNOWIEC	K30	7	K 29		00:00:16	03:41:09.05	03:41:25.15	+02:02:41 (55.4%)	10:31	5.7 (44.5%)
116	DZIEDZINA Tomasz	262		KRAKÓW	M40	33	M 87		00:00:00	03:41:29.70	03:41:29.70	+02:02:45 (55.4%)	10:32	5.7 (44.5%)

117	TOTOŃ Tomasz	250	NOWY STYL RUNNING TEAM	KRAKÓW	M40	34	M 88	Nowy Styl Running Team	00:00:13	03:41:20.10	03:41:33.75	+02:02:50 (55.4%)	10:32	5.7 (44.5%)
118	WITUSIK Olga	326		KRAKÓW/JASŁO	K20	8	K 30		00:00:09	03:42:55.40	03:43:05.05	+02:04:21 (55.7%)	10:36	5.7 (44.5%)
119	CISEK Dawid	278		KRYG	M20	11	M 89		00:00:13	03:46:04.25	03:46:17.25	+02:07:33 (56.4%)	10:45	5.6 (43.8%)
120	TOKARZ Jerzy	296	TOROSATO	KRAKÓW	M60	4	M 90		00:00:13	03:51:16.45	03:51:30.20	+02:12:46 (57.4%)	11:00	5.4 (42.2%)
121	GÓRNICKI Marek	283	WETERANI RP	LEGIONOWO	M60	5	M 91		00:00:18	03:55:25.10	03:55:43.40	+02:16:59 (58.1%)	11:12	5.4 (42.2%)
122	SIKORSKA Iwona	208	NOWICA CRAZY COMANDO	WARSZAWA	K50	5	K 31		00:00:22	04:11:01.55	04:11:23.55	+02:32:39 (60.7%)	11:57	5 (39.1%)
123	CZUBA Piotr	212		WARSZAWA	M60	6	M 92		00:00:21	04:11:01.95	04:11:23.70	+02:32:39 (60.7%)	11:57	5 (39.1%)
124	NACHMAN Ewelina	342		JASŁO	K40	12	K 32		00:00:19	04:21:16.85	04:21:36.15	+02:42:52 (62.3%)	12:26	4.8 (37.5%)
125	DREWNIAK Ewelina	252		LUBLIN	K30	8	K 33		00:00:06	04:26:56.25	04:27:02.85	+02:48:19 (63.0%)	12:42	4.7 (36.7%)
126	WRÓBEL Grzegorz	251		WARSZAWA	M40	35	M 93		00:00:06	04:26:56.50	04:27:03.10	+02:48:19 (63.0%)	12:42	4.7 (36.7%)