

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas		Różnica	Tempo	Tempo
									netto	brutto			
									108.6km	108.6km	w czasie	min/km	km/h
1	HLAVATIK Jan	4202	SPONSOR POSZUKIWANY -)	FRYDEK-MISTEK / WROCLAW		Masters M - 40	1	M 1	12:37:03.35	12:37:04.50		06:58	8.6 (100%)
2	TOMKIEWICZ Bartosz	4412		PISZCZYCE		Senior I M - 20	1	M 2	12:39:36.55	12:39:37.80	+00:02:33 (0.3%)	06:59	8.6 (100%)
3	SOBAS Jacek	4440	#SOBASTEAM	SZKLARSKA PORĘBA		Masters M - 40	2	M 3	12:58:38.30	12:58:40.10	+00:21:35 (2.8%)	07:10	8.4 (97.7%)
4	FISZER Sebastian	4273	LESZ NO LIMITS RUNNERS	KRZEMIENIEWO		Masters M - 40	3	M 4	13:28:24.75	13:28:30.80	+00:51:26 (6.4%)	07:26	8.1 (94.2%)
5	SOBORSKI Krzysztof	4338		OLKUSZ		Masters M - 40	4	M 5	13:49:16.05	13:49:24.35	+01:12:19 (8.7%)	07:38	7.9 (91.9%)
6	KOCUREK Martin	4232	RUNCAT	PRAHA		Masters M - 40	5	M 6	13:55:30.15	13:55:31.30	+01:18:26 (8.4%)	07:41	7.8 (90.7%)
7	WELNIAK Przemysław	4140	TRAIN WITH MERYNOS	GRUSZCZYN		Masters M - 40	6	M 7	14:15:21.55	14:15:25.75	+01:38:21 (11.5%)	07:52	7.6 (88.4%)
8	CIEPLY Kamil	4124	AUTOLIV RUN TEAM / AW-SZYBIEJ-TEAM	WROCLAW		Senior I M - 30	1	M 8	14:17:34.65	14:17:38.45	+01:40:33 (11.7%)	07:53	7.6 (88.4%)
9	KUMISZCZO Marcin	4151	TRIMP	WROCLAW		Senior I M - 30	2	M 9	14:17:47.60	14:17:50.70	+01:40:46 (11.7%)	07:53	7.6 (88.4%)
10	MISZCZAK Piotr	4192	SI! RUNNING TEAM	WARSZAWA		Masters M - 40	7	M 10	14:17:59.35	14:18:20.05	+01:41:15 (11.8%)	07:54	7.6 (88.4%)
11	MORAS Daria	4225		WROCLAW		Senior II K - 30	1	K 1	14:19:40.30	14:19:45.05	+01:42:40 (11.9%)	07:54	7.6 (88.4%)
12	KAPLOWSKI Jerzy	4319	BARTOSZ GORCZYCA TEAMKATCROSS WALBRZYCH	WALBRZYCH		Weteran I M - 50	1	M 11	14:20:02.60	14:20:10.70	+01:43:06 (12.0%)	07:55	7.6 (88.4%)
13	SZRAMOWIAT Marek	4427	BRITA/SALOMON	LIWÓWEK ŚLĄSKI		Masters M - 40	8	M 12	14:21:14.15	14:21:17.85	+01:44:13 (12.1%)	07:55	7.6 (88.4%)
14	LOPATYŃSKI Inesiusz	4226	REMA SPORT TEAM	ŁADEK ZDRÓJ		Weteran I M - 50	2	M 13	14:23:27.20	14:23:33.30	+01:46:28 (12.3%)	07:57	7.5 (87.2%)
15	SZOTOWICZ Sebastian	4365	ULTRASKYRUNNER	SZCZECIN		Masters M - 40	9	M 14	14:25:17.95	14:25:32.50	+01:48:28 (12.5%)	07:58	7.5 (87.2%)
16	SICHNIEWICZ Krzysztof	4037	SFB	DZIERŻONIÓW		Masters M - 40	10	M 15	14:27:06.95	14:27:11.30	+01:50:06 (12.7%)	07:59	7.5 (87.2%)
17	GERBER Maria	4143		MKOŁÓW		Senior I K - 20	1	K 2	14:32:51.55	14:33:05.80	+01:56:01 (13.3%)	08:05	7.5 (87.2%)
18	ZAMLYŃSKI Bartosz	4350		WROCLAW		Senior II M - 30	3	M 16	14:38:54.90	14:38:54.90	+02:01:50 (13.9%)	08:05	7.4 (86.0%)
19	TYLEK Rafał	4103		KRAKÓW		Weteran I M - 50	3	M 17	14:37:54.25	14:38:54.95	+02:01:50 (13.9%)	08:05	7.4 (86.0%)
20	CZAJKA Tomasz	4432		BIELSKO-BIAŁA		Weteran I M - 50	4	M 18	14:50:44.50	14:50:49.25	+02:13:44 (15.0%)	08:12	7.3 (84.9%)
21	MROZ Monika	4070		WROCLAW		Senior II K - 30	2	K 3	14:52:04.80	14:52:24.65	+02:15:20 (15.2%)	08:12	7.3 (84.9%)
22	REPCZYŃSKA Mateusz	4405	KAMIL LEŚNIAK TEAM	WOJCIECHÓW		Senior II M - 30	4	M 19	14:52:56.25	14:53:02.70	+02:15:58 (15.2%)	08:13	7.3 (84.9%)
23	MACHAJSKA Małgorzata	4294		KRAKÓW		Senior II K - 30	3	K 4	15:00:28.70	15:00:34.65	+02:23:30 (15.9%)	08:17	7.2 (83.7%)
24	BARCZ Witold	4142		UŚCIE GÓRLICKIE		Senior I M - 20	2	M 20	15:12:08.80	15:12:22.40	+02:35:17 (17.0%)	08:23	7.1 (82.6%)
25	ŻEBROWSKI Juliusz	4196		KOZIEGŁOŹY		Senior II M - 30	5	M 21	15:16:15.55	15:16:30.20	+02:39:25 (17.4%)	08:26	7.1 (82.6%)
26	PROKOPCZUK Adam	4057		SZCZECIN		Masters M - 40	11	M 22	15:17:17.95	15:17:32.80	+02:40:28 (17.5%)	08:26	7.1 (82.6%)
27	KUZIŃSKI Stanisław	4398	ULTRA SPAM ŻARY	ŻARY		Masters M - 40	12	M 23	15:18:31.40	15:18:57.35	+02:41:52 (17.6%)	08:27	7.1 (82.6%)
28	HALABIS Krzysztof	4437	KNURY LESNE	STRASZYN		Masters M - 40	13	M 24	15:18:45.05	15:18:57.65	+02:41:53 (17.6%)	08:27	7.1 (82.6%)
29	KOSYL Sebastian	4113	SPIE STANGL TECHNIKAMIL LEŚNIAK TEAM	WALBRZYCH		Senior II M - 30	6	M 25	15:24:08.65	15:24:26.25	+02:47:21 (18.1%)	08:30	7.1 (82.6%)
30	STACHOWICZ-ZADKOŃNA Kinga	4270		SOŁĄK		Senior II K - 30	4	K 5	15:25:00.25	15:25:02.90	+02:47:58 (18.2%)	08:31	7.1 (81.4%)
31	FEREŃC-SZMID Edyta	4326		KUDOWA ZDRÓJ		Senior II K - 30	5	K 6	15:25:28.95	15:25:37.60	+02:48:33 (18.2%)	08:31	7.1 (81.4%)
32	WALASZCZYK Radosław	4168	CZEKWA ULTRA SQUAD	CZESTOCHOWA		Masters M - 40	14	M 26	15:37:27.65	15:37:43.20	+03:00:38 (19.3%)	08:37	7.0 (81.4%)
33	BRUDEREX Tomasz	4332	PRIMUM CURRERE	JABLONNA		Masters M - 40	15	M 27	15:41:03.10	15:41:14.40	+03:04:09 (19.8%)	08:39	6.9 (80.2%)
34	POWOLNA Zuzanna	4211	MKS SIECHNICE	MIRKÓW		Senior II K - 30	6	K 7	15:42:31.85	15:42:33.85	+03:05:29 (19.7%)	08:40	6.9 (80.2%)
35	FOJT Krzysztof	4441	K.J.R.A.	ŁAZISKA GÓRNE		Masters M - 40	16	M 28	15:44:08.90	15:44:37.50	+03:07:33 (19.9%)	08:41	6.9 (80.2%)
36	ANDRZEJEWSKI Tomasz	4170	MERYNOSA ZABAWA W BIEGANIE	ZALUSKOWO		Masters M - 40	17	M 29	15:46:41.35	15:46:45.45	+03:09:40 (20.0%)	08:43	6.9 (80.2%)
37	OSIS Kaspars	4040	DON'T WORRY BE HAPPY	BRNO		Masters M - 40	18	M 30	15:48:56.15	15:49:37.05	+03:12:32 (20.3%)	08:44	6.9 (80.2%)
38	ESCHLER Radek	4446	DON'T WORRY BE HAPPY	BRNO		Masters M - 40	19	M 31	15:48:56.25	15:49:37.35	+03:12:32 (20.3%)	08:44	6.9 (80.2%)
39	HARASIMOWICZ Paweł	4274	#ZALINIAMIETYTEAM	ŁÓDŹ		Senior II M - 30	7	M 32	15:50:11.45	15:50:29.65	+03:13:25 (20.3%)	08:44	6.9 (80.2%)
40	JANIAK Norbert	4116		ŁÓDŹ		Senior II M - 30	8	M 33	15:52:19.75	15:52:21.30	+03:15:16 (20.5%)	08:46	6.8 (79.1%)
41	GÓRECKI Krzysztof	4034		GRYFÓW ŚLĄSK		Senior II M - 30	9	M 34	15:55:21.70	15:55:26.55	+03:18:22 (20.8%)	08:47	6.8 (79.1%)
42	BOROWSKI Robert	4282		KRAKÓW		Senior II M - 30	10	M 35	15:55:14.80	15:55:26.75	+03:18:22 (20.8%)	08:47	6.8 (79.1%)
43	PIETRZAK Jan	4322		WROCLAW		Senior II M - 30	11	M 36	15:55:34.25	15:55:36.75	+03:18:32 (20.8%)	08:47	6.8 (79.1%)
44	PENIOWICZ Justyna	4405	ASICS FRONTRUNNER POLAND	SULÓW		Senior II K - 30	7	K 8	15:59:32.00	15:59:38.15	+03:22:33 (21.1%)	08:50	6.8 (79.1%)
45	PWOWOŃSKI Paweł	4411		ZAGRODNO		Masters M - 40	20	M 37	15:59:25.45	15:59:38.15	+03:22:33 (21.1%)	08:50	6.8 (79.1%)
46	KRUMPHOLZ Jakub	4002		JAWORNIK		Senior II M - 30	12	M 38	16:06:29.95	16:06:45.45	+03:29:40 (21.7%)	08:53	6.7 (77.9%)
47	BUZAK Jakub	4088	KURORT ŁADEK ZDRÓJ TEAM	ŁADEK ZDRÓJ		Senior II M - 30	13	M 39	16:11:15.75	16:11:22.35	+03:34:17 (22.1%)	08:56	6.7 (77.9%)
48	ANDRZCZUK Józef	4420	STARSZAKI BIAŁYSTOK	POROSŁY		Weteran I M - 50	5	M 40	16:14:26.40	16:14:34.90	+03:37:30 (22.3%)	08:58	6.7 (77.9%)
49	GRZOMBA Łukasz	4254	WOJTEK KOTARBA - ULTRA WAY	BYTOM		Masters M - 40	21	M 41	16:14:52.80	16:15:00.30	+03:37:55 (22.4%)	08:58	6.7 (77.9%)
50	KOTARBA Wojciech	4430	ULTRAWAY.PL WOJTEK KOTARBA	KIELCE		Masters M - 40	22	M 42	16:15:37.35	16:15:44.90	+03:38:40 (22.4%)	08:59	6.7 (77.9%)
51	PIETRZYK Jarosław	4235		CZĘSTOCHOWA		Masters M - 40	23	M 43	16:15:45.35	16:16:09.95	+03:39:05 (22.4%)	08:59	6.7 (77.9%)
52	FJAŁKOWSKI Sebastian	4189		ZIELONA GÓRA		Senior II M - 30	14	M 44	16:23:10.60	16:23:14.55	+03:46:10 (23.0%)	09:03	6.6 (76.7%)
53	TURCHAN Michał	4058		SOSNOWIEC		Senior II M - 30	15	M 45	16:29:20.70	16:29:28.10	+03:52:23 (23.5%)	09:06	6.6 (76.7%)
54	SKAŁSKI Rafał	4087	BIEGOWAKUŻNIA	BĘDZIN		Senior II M - 30	16	M 46	16:29:21.30	16:29:28.25	+03:52:23 (23.5%)	09:06	6.6 (76.7%)
55	CHMIEL Joanna	4271	JOHANNAGTEDDY	KRAKÓW		Masters K - 40	1	K 9	16:31:41.05	16:31:46.15	+03:54:41 (23.7%)	09:07	6.6 (76.7%)
56	MARCINIAK Jakub	4165	TLEŃNIAWA RADOŚĆ TEAM	KROTOSZYN		Senior I M - 30	17	M 47	16:33:22.10	16:33:26.35	+03:56:21 (23.8%)	09:08	6.6 (76.7%)
57	BARTCZAK Paweł	4207	DRUŻYNA SZPIKU	PRZEMIEROWO		Masters M - 40	24	M 48	16:36:03.00	16:36:24.75	+03:58:20 (23.9%)	09:09	6.5 (75.6%)
58	STUPEK Bogusław	4208	GALMET TEAM	ZAWISZCIE		Weteran I M - 50	6	M 49	16:39:19.45	16:39:40.70	+04:02:36 (24.3%)	09:12	6.5 (75.6%)
59	BORK Łukasz	4031	GRUPA DRUHA BORUCHA	ZULAWA		Masters M - 40	25	M 50	16:40:57.60	16:41:16.70	+04:04:12 (24.4%)	09:13	6.5 (75.6%)
60	DOMBROWSKI Radosław	4073		GDAŃSK		Masters M - 40	26	M 51	16:40:58.15	16:41:17.00	+04:04:12 (24.4%)	09:13	6.5 (75.6%)
61	SYPEK Damian	4077	HARPAGAN SOSNOWIEC	SOSNOWIEC		Senior I K - 20	18	M 52	16:45:03.05	16:45:09.50	+04:08:05 (24.7%)	09:15	6.5 (75.6%)
62	WESOŁOWSKA Michalina	4255	KUŻNIA ZDROWIA	GNIĘZNO		Senior I K - 20	2	K 10	16:46:54.05	16:47:41.65	+04:10:37 (24.9%)	09:16	6.5 (75.6%)
63	ŚWIEREK Piotr	4210	RADLINIKI W BIEGU	RADLIN		Masters M - 40	27	M 53	16:49:42.80	16:49:57.85	+04:12:53 (25.0%)	09:17	6.5 (75.6%)
64	NICIAK Oskar	4358		JANCOZEWO		Senior II M - 30	19	M 54	16:55:36.65	16:55:52.15	+04:18:47 (25.5%)	09:21	6.4 (74.4%)
65	MICHALAK Lesław	4396		OSIELSKO		Masters M - 40	28	M 55	16:55:35.35	16:56:28.85	+04:19:24 (25.5%)	09:21	6.4 (74.4%)
66	SKOCZYŁAS Mateusz	4336	AW SZYBIEJ TEAM	RAMISZÓW		Senior II M - 30	20	M 56	16				

[illegible]

251	ŚNIECIKOWSKI Kamil	4280	RUN WITH TRENER DRZEWECKA	TERESIN		Senior II M - 30	66	M 197	21:46:23.75	21:47:11.60	+0:09:10.72 (42.1%)	12:01	5 (58.1%)
252	JUSZCZAK Marcin	4353		LOMAZY		Weteran I M - 50	34	M 198	21:47:45.35	21:47:50.70	+0:09:10.46 (42.1%)	12:02	5 (58.1%)
253	SMOLAK Katarzyna	4402		WARSZAWA		Senior II K - 30	22	K 55	21:47:45.60	21:48:18.50	+0:09:11.14 (42.1%)	12:02	5 (58.1%)
254	LIS Tomasz	4275		WARSZAWA		Weteran I M - 50	35	M 199	21:48:52.55	21:49:52.65	+0:09:12.48 (42.2%)	12:03	5 (58.1%)
255	FUDAŁA Piotr	4191		BALIN		Masters M - 40	93	M 200	21:51:02.95	21:51:30.00	+0:09:14.25 (42.3%)	12:04	5 (58.1%)
256	PISZCZEK Piotr	4279	DZIKIE ŚWINIE	POZNAN		Masters M - 40	94	M 201	21:51:23.30	21:52:19.15	+0:09:15.14 (42.3%)	12:04	5 (58.1%)
257	SKWAREK Agnieszka	4166	DZIKIE ŚWINIE	POZNAN		Senior II K - 30	23	K 56	21:51:25.25	21:52:20.90	+0:09:15.16 (42.3%)	12:04	5 (58.1%)
258	JANISZEWSKI Rafał	4173	BRAVEHEARTS LEGIONOWO	LEGIONOWO		Senior II M - 30	57	M 202	21:56:06.90	21:56:36.10	+0:09:19.31 (42.5%)	12:07	5 (58.1%)
259	SOBIERALSKA Magdalena	4028		WROCŁAW		Senior II K - 30	24	K 57	21:56:24.35	21:57:03.95	+0:09:19.59 (42.5%)	12:07	4.9 (57.0%)
260	KUNKEL Anna	4362	PGB SPORTOWA PACZKA	GDAŃSK		Masters K - 40	20	K 58	22:00:51.00	22:00:56.35	+0:09:23.51 (42.7%)	12:09	4.9 (57.0%)
261	PLOTKOWSKI Mateusz	4059	CZASEM TRZEBA	SOKOŁÓW PODLASKI		Senior II M - 30	58	M 203	22:00:43.85	22:00:56.05	+0:09:23.53 (42.7%)	12:09	4.9 (57.0%)
262	MYRICK Paweł	4345		BORONÓW		Masters M - 40	95	M 204	22:02:52.85	22:03:40.40	+0:09:26.35 (42.8%)	12:10	4.9 (57.0%)
263	CISZEWSKI Paweł	4230		WROCŁAW		Senior II M - 30	59	M 205	22:07:04.45	22:07:45.30	+0:09:30.40 (43.0%)	12:13	4.9 (57.0%)
264	DYCKOWSKI Adam	4430		WARSZAWA		Senior II M - 30	60	M 206	22:08:37.65	22:09:26.75	+0:09:32.22 (43.1%)	12:14	4.9 (57.0%)
265	DYCKOWSKI Andrzej	4014	TYGRYSKI KUBUSIA PUCHATKA	WARSZAWA		Weteran II M - 80	5	M 207	22:08:39.25	22:09:28.20	+0:09:32.23 (43.1%)	12:14	4.9 (57.0%)
266	PIETRUSIAK Krzysztof	4240		PAŁĘDZIE		Masters M - 40	96	M 208	22:13:09.85	22:13:46.65	+0:09:36.44 (43.2%)	12:16	4.9 (57.0%)
267	CHRUŚCIŃSKI Kamil	4010	GOLBIN RUNNING	INOWROCLAW		Senior II M - 20	13	M 209	22:14:14.50	22:15:09.55	+0:09:38.05 (43.3%)	12:17	4.9 (57.0%)
268	STILLER Ireneusz	4098	LEIBER POLAND TEAM	ZABRZE		Weteran I M - 50	36	M 210	22:15:24.45	22:16:03.75	+0:09:38.59 (43.3%)	12:17	4.9 (57.0%)
269	BUDZIŃSKI Krzysztof	4317		OPOLE		Weteran I M - 50	37	M 211	22:16:08.15	22:16:20.85	+0:09:39.16 (43.3%)	12:18	4.9 (57.0%)
270	PUZO Maciej	4117	ALBATROSY	KRAKÓW		Senior II M - 30	61	M 212	22:18:07.80	22:18:30.95	+0:09:41.26 (43.4%)	12:19	4.9 (57.0%)
271	MYŚLEWSKI Janusz	4016	NOCHNY POYEB	SZCZECIN		Masters M - 40	97	M 213	22:20:39.80	22:20:50.15	+0:09:43.45 (43.5%)	12:20	4.9 (57.0%)
272	TOKARZYK Tomasz	4277		KALISZ		Weteran I M - 50	38	M 214	22:21:43.65	22:22:28.15	+0:09:45.23 (43.6%)	12:21	4.9 (57.0%)
273	KROL'S Hilde	4231	VOS SCHAFFEN	MOL		Weteran II K - 60	1	K 59	22:22:48.90	22:23:42.25	+0:09:46.37 (43.7%)	12:21	4.9 (57.0%)
274	ALLEN Steve	4066	BARNET & DISTRICT AC	ST ALBANS		Weteran II M - 60	6	M 215	22:22:52.00	22:23:44.75	+0:09:46.40 (43.7%)	12:21	4.9 (57.0%)
275	TOMCZAK Rafał	4072	MOJACUKRYZAC PL	MIKOŁÓW		Masters M - 40	98	M 216	22:25:43.25	22:26:03.80	+0:09:48.59 (43.8%)	12:23	4.8 (55.8%)
276	KUCHAREK Marcin	4245	KAJUTOR TAK TO WIDZĘ	ŁĄŻSKA GÓRNE		Masters M - 40	99	M 217	22:25:44.10	22:26:04.65	+0:09:49.00 (43.8%)	12:23	4.8 (55.8%)
277	NOWAK Andrzej	4224		MŁOWICE		Senior II M - 30	62	M 218	22:33:30.80	22:33:58.85	+0:09:56.54 (44.1%)	12:27	4.8 (55.8%)
278	KRAWCZUK Dawid	4393	BIEGAJĄCE KREJZOLE	POZNAN		Masters M - 40	100	M 219	22:41:24.75	22:41:39.15	+0:04:34.44 (44.4%)	12:32	4.8 (55.8%)
279	FARION Marzena	4102	THE FARIONS	STRZEGOM		Masters K - 40	21	K 60	22:42:51.90	22:43:21.00	+0:06:16.44 (44.5%)	12:32	4.8 (55.8%)
280	DWORZANSKA-GUL Anna	4236	MARATONCZYK POZNANBIEGAJĄCE KREJZOLE	POZNAN		Masters K - 40	22	K 61	22:44:53.90	22:45:10.55	+0:08:06.44 (44.5%)	12:34	4.8 (55.8%)
281	ODZARSKI Krzysztof	4112	WARTKIE PIERONY	RUDA ŚLĄSKA		Weteran I M - 50	39	M 220	22:48:34.25	22:49:12.95	+0:10:12.08 (44.7%)	12:36	4.8 (55.8%)
282	MUSIAŁ Bożena	4248	WARTKIE PIERONY	ZABRZE		Masters K - 40	23	K 62	22:48:35.20	22:49:14.05	+0:10:12.09 (44.7%)	12:36	4.8 (55.8%)
283	MAJDA Maciej	4421	ZYCIE NA PRZELAJ - PATRYCJA DETTLAFF	NOWA WIECZNA		Senior II M - 30	63	M 221	22:48:27.70	22:49:25.35	+0:10:12.20 (44.7%)	12:36	4.8 (55.8%)
284	MAZONIK Justyna	4172	PSZCZOLKOWSKI TEAM	GUTKOWO		Masters K - 40	24	K 63	22:50:02.85	22:50:50.45	+0:10:13.45 (44.8%)	12:36	4.8 (55.8%)
285	KULAKOWSKA Magda	4417	PSZCZOLKOWSKI TEAM	OLSZYN		Masters K - 40	25	K 64	22:50:03.00	22:50:50.85	+0:10:13.46 (44.8%)	12:36	4.8 (55.8%)
286	BORDOWSKI Oliver	4372	SWIROWICE ATHLETICS	WARSZAWA		Masters M - 40	101	M 222	22:50:24.15	22:51:19.00	+0:10:14.14 (44.8%)	12:37	4.8 (55.8%)
287	KAPUŚCIŃSKI Michał	4239	WSCIEKLE MISIE	ŁÓDŹ		Masters M - 40	102	M 223	22:50:54.55	22:51:44.30	+0:10:14.39 (44.8%)	12:37	4.8 (55.8%)
288	KAPUŚCIŃSKA Agnieszka	4237	WSCIEKLE MISIE	ŁÓDŹ		Masters K - 40	26	K 65	22:50:55.00	22:51:44.45	+0:10:14.39 (44.8%)	12:37	4.8 (55.8%)
289	WIŚNIEWSKA Anna	4342		KROSNO		Senior II K - 30	25	K 66	22:52:48.80	22:53:45.60	+0:10:16.41 (44.9%)	12:38	4.7 (54.7%)
290	STOLAREK Sebastian	4163	WOLF TEAM	POZNAN		Senior II M - 30	64	M 224	22:53:15.80	22:54:04.10	+0:10:16.59 (44.9%)	12:38	4.7 (54.7%)
291	RADOMSKI Wojciech	4343	GOPR SUDETY	MIEDZYGÓRZE		Senior II M - 30	65	M 225	22:54:05.55	22:54:05.55	+0:10:17.01 (44.9%)	12:39	4.7 (54.7%)
292	LIC Janusz	4295		ZABRZE		Weteran I M - 50	40	M 226	22:53:59.25	22:54:42.85	+0:10:17.38 (44.9%)	12:39	4.7 (54.7%)
293	WOSZCZYK Michał	4158		RADZYMIN		Senior II M - 30	66	M 227	22:55:44.95	22:56:22.90	+0:10:19.18 (45.0%)	12:40	4.7 (54.7%)
294	JAKUBIAK Wojciech	4217		WARSZAWA		Senior II M - 30	66	M 227	22:55:45.15	22:56:22.90	+0:10:19.18 (45.0%)	12:40	4.7 (54.7%)
295	PAPAZISIS Jerzy	4080	#DEBEKTEAM #BYLEPRZEDJURKIEM	MYŚLAKÓW		Masters M - 40	103	M 229	22:57:26.60	22:57:42.45	+0:10:20.37 (45.0%)	12:41	4.7 (54.7%)
296	FRĄCZEK Bartosz	4089		ŚWIDNICA		Senior II M - 30	68	M 230	22:57:39.55	22:57:55.30	+0:10:20.50 (45.1%)	12:41	4.7 (54.7%)
297	SAWICKA - WERS Urszula	4076	NADMORSKY BIEGACZE KOŁOBRZEG	KOŁOBRZEG ORZNOWO		Senior II K - 30	26	K 67	22:58:00.85	22:58:50.40	+0:10:21.45 (45.1%)	12:41	4.7 (54.7%)
298	GAWLE Katarzyna	4121	MARATONCZYK DEBICA	ŻYRAKÓW		Masters K - 40	27	K 68	22:59:57.90	23:00:47.45	+0:10:23.42 (45.2%)	12:42	4.7 (54.7%)
299	GAWLE Mirosław	4120		ZAWIERZBIE		Weteran I M - 50	41	M 231	22:59:58.20	23:00:50.65	+0:10:23.46 (45.2%)	12:42	4.7 (54.7%)
300	GADZALA Agnieszka	4091		NOWOGÓRÓD BOBRZAŃSKI		Masters K - 40	28	K 69	23:01:06.45	23:01:25.30	+0:10:24.20 (45.2%)	12:43	4.7 (54.7%)
301	GADZALA Bartosz	4090		NOWOGÓRÓD BOBRZAŃSKI		Masters M - 40	104	M 232	23:01:07.35	23:01:26.85	+0:10:24.22 (45.2%)	12:43	4.7 (54.7%)
302	KULANEK Marcin	4395	DOGOŃ GRODZISK MAZOWIECKI	STANISŁAWÓW		Masters M - 40	105	M 233	23:06:20.50	23:07:12.65	+0:10:30.08 (45.4%)	12:45	4.7 (54.7%)
303	GLADYSZ Rafał	4086	BORN TO RUN CHOMINKI TEAM	ŚWIDNICA		Weteran I M - 50	42	M 234	23:07:55.00	23:08:47.45	+0:10:31.42 (45.5%)	12:46	4.7 (54.7%)
304	HACHOL Justyna	4062	KLEMENS TEAM	WROCŁAW		Masters K - 40	29	K 70	23:14:00.75	23:14:06.70	+0:10:37.02 (45.7%)	12:50	4.7 (54.7%)
305	KLEMENIEWSKI Jan	4061	KLEMENS TEAM	WROCŁAW		Masters M - 40	106	M 235	23:14:05.25	23:14:11.95	+0:10:37.07 (45.7%)	12:50	4.7 (54.7%)
306	SALKOWSKI Tomasz	4134	BIESIADNICZO-BIEGOWY K.S. LAWIECZKA WILANÓW	WARSZAWA		Masters M - 40	107	M 236	23:14:15.85	23:14:22.00	+0:10:37.17 (45.7%)	12:50	4.7 (54.7%)
307	SOJA-WAWRYSZEWICZ Agata	4175	ULTRAWAY.PL	WAŚCZÓW		Masters K - 40	30	K 71	23:21:47.50	23:21:58.65	+0:10:44.54 (46.0%)	12:54	4.6 (53.5%)
308	WOJCIK Jacek	4385		ZALASEWO		Masters M - 40	108	M 237	23:23:21.65	23:24:04.05	+0:10:46.59 (46.1%)	12:55	4.6 (53.5%)
309	WOJCIK Tomasz	4384		ZALASEWO		Masters M - 40	109	M 238	23:23:31.70	23:24:12.40	+0:10:47.07 (46.1%)	12:55	4.6 (53.5%)
310	SZYWNER Szymon	4152	KS KROTOSZYŃ KROTOSZYŃ	ŻDZIN		Weteran I M - 50	43	M 239	23:24:50.85	23:25:39.70	+0:10:48.35 (46.1%)	12:56	4.6 (53.5%)
311	KROLEWSKI Maciej	4246	KROTOSZYŃSKA GRUPA BIEGOWA	KROTOSZYŃ		Masters M - 40	110	M 240	23:24:51.10	23:25:40.00	+0:10:48.35 (46.1%)	12:56	4.6 (53.5%)
312	MATUSIAK Monika	4258		LONDON		Masters K - 40	31	K 72	23:25:35.50	23:25:42.15	+0:10:48.37 (46.1%)	12:56	4.6 (53.5%)
313	PIETRUSIAK Agnieszka	4238		PAŁĘDZIE		Masters K - 40	32	K 73	23:28:18.10	23:28:56.35	+0:10:51.51 (46.3%)	12:58	4.6 (53.5%)
314	LYSIAK Kasia	4095		DĄBRÓWKA		Masters K - 40	33	K 74	23:28:13.95	23:29:04.30	+0:10:51.59 (46.3%)	12:58	4.6 (53.5%)
315	TOPOREK Krzysztof	4431		SIEMANOWICZE ŚLĄSKIE		Masters M - 40	111	M 241	23:28:56.20	23:29:32.25	+0:10:52.27 (46.3%)	12:58	4.6 (53.5%)
316	ZASŁONKA Paweł	4004		WARSZAWA		Senior II M - 30	69	M 242	23:39:53.15	23:40:49.60	+0:10:53.45 (46.4%)	13:04	4.6 (53.5%)
317	KOWALEWSKI Grzegorz	4388		KRZEPETÓW		Weteran I M - 50	44	M 243	23:42:23.25	23:42:34.10	+0:10:55.29 (46.8%)	13:05	4.6 (53.5%)
318	WOJCIK Izabela	4329	DZIKI ZEB ŚLWIEK BIEGAM, ZEBY BARTEK MOGL BIEGAC	KIELCE		Masters K - 40	34	K 75	23:44:47.55	23:45:01.15	+0:10:57.56 (46.9%)	13:07	4.6 (53.5%)
319	CZECHOSKA Magdalena	4369		WARSZAWA		Masters K - 40	35	K 76	23:46:11.70	23:46:36.40	+0:10:59.31 (46.9%)	13:07	4.6 (53.5%)
320	DANIELCZYK Maria	4149	ULTRAWAY.PL WOJTEK KOTARBA	PIASKI		Senior II K - 30	27	K 77	23:50:07.70	23:50:18.75	+0:11:13.14 (47.1%)	13:10	4.6 (53.5%)
321	KULÁ Sebastian	4368	ZERKA RUNNERS	SYCÓW		Masters M - 40	112	M 244	23:54:23.95	23:55:03.30	+0:11:17.58 (47.2%)	13:12	4.5 (52.3%)
322	BEDNARSKA Joanna	4334	BIEGNĘ ZEBY BARTEK MOGL BIEGAC	KIELCE		Masters K - 40	36	K 78	23:56:29.95	23:56:43.25	+0:11:19.38 (47.3%)	13:13	4.5 (52.3%)
323	GAWRON Michał [Junior]	4348		CHORZÓW		Senior II M - 20	14	M 245	23:59:08.40	23:59:29.80	+0:11:22.25 (47.4%)	13:15	4.5 (52.3%)
324	WIĘCH Mariusz	4298		WROCŁAW		Weteran I M - 50	45	M 246	23:59:05.60	23:59:45.10	+0:11:22.40 (47.4%)	13:15	4.5 (52.3%)
325	RUSEK Mateusz	4125		TENCZYNEK		Masters M - 40	113	M 247	23:59:34.85	24:00:02.35	+0:11:22.57 (47.4%)	13:15	4.5 (52.3%)
326	CZOPEK Agnieszka	4297	KB MKSIS JAWORZNO	JAWORZNO		Masters K - 40	37	K 79	23:59:35.70	24:00:02.65	+0:11:22.58 (47.4%)	13:15	4.5 (52.3%)
328	KUREK Jan	4100	JURA TEAM	KRZESZOWICE		Masters M - 40	114	M 248	23:59:34.85	24:00:02.65	+0:11:22.58 (47.4%)	13:15</	