

1	KONCEWICZ Szymon	2353		BIALYSTOK	M20	1	M 1	00:00:00	00:30:29	00:56:23	01:10:04.98	01:10:05.97	
2	ŁODZIŃSKI Tomasz	2273	AW - SZYBCIEJ - TEAM	SUPRAŚL	M20	2	M 2	00:00:00	00:31:13	00:57:23	01:11:12.11	01:11:13.09	+00:01:07 (1.6%)
3	ROSIAK Piotr	2389	ASSECO ACTIVE TEAM	ŁÓDŹ	M40	1	M 3	00:00:06	00:33:27	01:01:39	01:16:13.39	01:16:20.03	+00:06:14 (8.2%)
4	SZYDŁOWSKI Adrian	2099	CHŁOPCY CHORTENOWCY	BIALYSTOK	M30	1	M 4	00:00:00	00:34:20	01:04:23	01:19:47.19	01:19:48.18	+00:09:42 (12.2%)
5	NIELSEN Christian	2219		GENEVA	M30	2	M 5	00:00:00	00:35:53	01:04:48	01:19:52.26	01:19:53.25	+00:09:47 (12.3%)
6	STOLARCZYK Tomasz	2341	BIEGAM BO LUBIE	OSTROŁĘKA	M40	2	M 6	00:00:07	00:35:47	01:04:45	01:20:12.27	01:20:20.11	+00:10:14 (12.7%)
7	RYBNIK Rafał	2102	CHŁOPCY CHORTENOWCY	NOWE ALEKSANDROWO	M30	3	M 7	00:00:04	00:35:51	01:05:04	01:20:27.81	01:20:32.00	+00:10:26 (13.0%)
8	ALTEWĘGIER Jarosław	2043	AW SZYBCIEJ TEAM	WROCŁAW	M40	3	M 8	00:00:04	00:36:05	01:06:09	01:22:00.25	01:22:04.54	+00:11:58 (14.6%)
9	JERMAKOWICZ Bartłomiej	2298	ABART TEAM	WARSZAWA	M40	4	M 9	00:00:00	00:36:26	01:06:21	01:22:16.33	01:22:17.32	+00:12:11 (14.8%)
10	MAZGAJSKI Michał	2072	DZIKIE KUNY	KANIE	M40	5	M 10	00:00:03	00:36:24	01:06:42	01:22:49.26	01:22:53.10	+00:12:47 (15.4%)
11	JAMASZEWSKA Ewelina	2293	MD RUN TRAINING	WASILKÓW	K20	1	K 1	00:00:03	00:37:27	01:08:09	01:23:07.63	01:23:11.07	+00:13:05 (15.7%)
12	OSIOR Beata	2483	BORECKA ŁĘKUK TRAIL	SUPRAŚL	K30	1	K 2	00:00:04	00:37:41	01:08:08	01:24:10.98	01:24:15.35	+00:14:09 (16.8%)
13	PIETKUN Łukasz	2469	KALINOWSKI TEAM	BIALYSTOK	M30	4	M 11	00:00:06	00:37:40	01:08:20	01:24:29.16	01:24:35.84	+00:14:29 (17.1%)
14	PASŁAWSKI Paweł	2316	ELK TU BIEGAM	OGRÓDEK	M30	5	M 12	00:00:08	00:37:37	01:08:26	01:24:48.16	01:24:56.86	+00:14:50 (17.5%)
15	SŁOTWIŃSKI Adam	2336	ELK TU BIEGAM	ELK	M40	6	M 13	00:00:08	00:38:12	01:10:09	01:26:33.55	01:26:41.57	+00:16:35 (19.1%)
16	ŁODEJ Krzysztof	2016	LZS MAKOSZYN	MAKOSZYN	M40	7	M 14	00:00:08	00:40:35	01:11:00	01:26:42.91	01:26:51.29	+00:16:45 (19.3%)
17	KORYCIŃSKI Andrzej	2385	UNIQA RUNNING TEAM	WARSZAWA	M40	8	M 15	00:00:05	00:36:57	01:10:24	01:27:11.58	01:27:16.69	+00:17:10 (19.7%)
18	CHROSTOWSKI Arkadiusz	2484	BORECKA ŁĘKUK TRAIL	KUKLAK	M30	6	M 16	00:00:04	00:39:33	01:11:23	01:27:38.72	01:27:43.49	+00:17:37 (20.1%)
19	KOWALSKI Tomasz	2033		WARSZAWA	M40	9	M 17	00:00:05	00:38:41	01:11:24	01:27:57.48	01:28:03.45	+00:17:57 (20.4%)
20	AUGUSTYNOWICZ Wojciech	2424	MKS JUVENIA BIALYSTOK	OGRODNICZKI	M30	7	M 18	00:00:12	00:40:31	01:11:22	01:28:12.45	01:28:25.02	+00:18:19 (20.7%)
21	MASZKOWSKI Jakub	2376		LEGIONOWO	M40	10	M 19	00:00:21	00:38:51	01:10:55	01:28:27.22	01:28:48.56	+00:18:42 (21.1%)
22	RADOSZ Dawid	2041		ŻYDOWO	M20	3	M 20	00:00:03	00:39:38	01:11:45	01:28:47.60	01:28:51.57	+00:18:45 (21.1%)
23	CHODZIUTKO Andrzej	2362		BIALYSTOK	M30	8	M 21	00:00:09	00:39:36	01:12:20	01:29:51.31	01:30:00.91	+00:19:54 (22.1%)
24	SUTKOWSKI Adam	2163		KOLAKI KOŚCIELNE	M18	1	M 22	00:00:00	00:37:42	01:11:38	01:30:02.81	01:30:03.80	+00:19:57 (22.2%)
25	ZIELONY Łukasz	2034		KOCZARGI STARE	M40	11	M 23	00:00:05	00:39:20	01:12:41	01:30:19.92	01:30:25.74	+00:20:19 (22.5%)
26	WERESZCZUK Marcin	2045		JUSZKOWY GRÓD	M40	12	M 24	00:00:08	00:40:28	01:13:12	01:30:22.00	01:30:30.85	+00:20:24 (22.6%)
27	ŻUKOWSKI Krzysztof	2210	+PHARMA SPORT TEAM	BIALYSTOK	M40	13	M 25	00:00:36	00:40:00	01:12:44	01:30:06.74	01:30:43.50	+00:20:37 (22.7%)
28	GRYCIUK Walenty	2233		NURZEC-STACJA	M50	1	M 26	00:00:21	00:40:01	01:13:02	01:30:37.80	01:30:59.40	+00:20:53 (23.0%)
29	BAZYLUK Ewa	2459	KALINOWSKI TEAM	CZARNA BIAŁOSTOCKA	K40	1	K 3	00:00:06	00:40:02	01:13:19	01:31:05.06	01:31:11.22	+00:21:05 (23.1%)
30	RYBNIK Karol	2101	CHŁOPCY CHORTENOWCY	NOWE ALEKSANDROWO	M30	9	M 27	00:00:05	00:40:03	01:13:21	01:31:05.72	01:31:11.66	+00:21:05 (23.1%)
31	RADZIWOŃSKA Emilia	2446	KALINOWSKI TEAM	BIALYSTOK	K40	2	K 4	00:00:04	00:39:56	01:13:28	01:31:49.09	01:31:53.27	+00:21:47 (23.7%)

32	KRAUTHOEFER Molly	2035		WARAZAWA	K30	2	K 5	00:00:53	00:40:24	01:14:13	01:31:31.13	01:32:25.00	+00:22:19 (24.19)
33	WIŚNIEWSKA Anna	2089	AZYL BIEGACZA SKLEP Z PASJĄ	POZNAŃ	K40	3	K 6	00:00:03	00:39:41	01:14:32	01:33:03.81	01:33:07.13	+00:23:01 (24.79)
34	BOKUNIEWICZ Dominik	2302		SUWAŁKI	M20	4	M 28	00:00:33	00:40:43	01:14:36	01:32:33.67	01:33:07.24	+00:23:01 (24.79)
35	ZIMNOCH Michał	2284		SUCHOWOLA	M20	5	M 29	00:00:10	00:39:41	01:15:10	01:33:41.37	01:33:51.60	+00:23:45 (25.39)
36	MOCHEGIANI Andrea	2462		TOLENTINO	M50	2	M 30	00:00:00	00:41:24	01:16:50	01:34:27.78	01:34:28.77	+00:24:22 (25.89)
37	GORGOL Emilia	2281	PĘDZĄCE ŚLIMAKI ŁOSICE	PIETRUSY	K30	3	K 7	00:00:10	00:41:09	01:16:12	01:34:28.97	01:34:39.45	+00:24:33 (25.99)
38	LESZCZYŃSKI Piotr	2319		BIAŁYSTOK	M20	6	M 31	00:00:07	00:41:17	01:16:17	01:34:40.74	01:34:47.82	+00:24:41 (26.19)
39	TOKARSKI Piotr	2061		KOTUŃ	M30	10	M 32	00:00:13	00:43:37	01:17:58	01:34:34.61	01:34:48.07	+00:24:42 (26.19)
40	OPOŃSKI Artur	2218	ELK TU BIEGAM	BARANY	M40	14	M 33	00:00:08	00:42:24	01:17:42	01:35:57.84	01:36:06.66	+00:26:00 (27.19)
41	ZŁONKIEWICZ Michał	2280		WARSZAWA	M40	15	M 34	00:00:33	00:43:00	01:17:38	01:35:46.24	01:36:19.55	+00:26:13 (27.29)
42	JAGŁOWSKI Patryk	2419	ROZBIEGANE SUWAŁKI	SUWAŁKI	M20	7	M 35	00:00:10	00:41:11	01:16:54	01:36:29.04	01:36:39.46	+00:26:33 (27.59)
43	NOWAKOWSKA Małgorzata	2445	LZS MAKOSZYN / STOKOWCZYKI TEAM	LUBLIN	K40	4	K 8	00:00:07	00:41:48	01:18:02	01:36:48.72	01:36:56.31	+00:26:50 (27.79)
44	SOKOL Mariusz	2398		BIAŁYSTOK	M40	16	M 36	00:00:55	00:45:02	01:19:15	01:36:23.02	01:37:18.36	+00:27:12 (28.09)
45	KUŁAK Aneta	2436		BIAŁYSTOK	K30	4	K 9	00:00:10	00:41:22	01:17:59	01:37:20.62	01:37:30.85	+00:27:24 (28.19)
46	SOLTYSIAK Piotr	2190		PULTUSK	M30	11	M 37	00:00:13	00:43:41	01:19:52	01:37:52.04	01:38:05.72	+00:27:59 (28.59)
47	ROSIAK Kamila	2198	SZKOLE BAŁUT ŁÓDŹ	ŁÓDŹ	K50	1	K 10	00:00:09	00:42:42	01:18:56	01:37:59.40	01:38:09.29	+00:28:03 (28.69)
48	KANASHEVICH Aliona	2464	RUN_WAWA_RUN	WARSAW	K30	5	K 11	00:00:12	00:43:39	01:19:54	01:38:17.96	01:38:30.03	+00:28:24 (28.89)
49	CHMIELEWSKI Przemysław	2299		WARSZAWA	M40	17	M 38	00:00:11	00:43:40	01:19:57	01:39:05.46	01:39:16.82	+00:29:10 (29.49)
50	SZCZEPURA Michał	2443	BIEGAJĄCY DIETETYK TEAM	BIAŁYSTOK	M40	18	M 39	00:00:17	00:42:36	01:19:53	01:39:01.81	01:39:19.56	+00:29:13 (29.49)
51	ZDRAJKOWSKA Julia	2470		BIAŁYSTOK	K30	6	K 12	00:00:04	00:42:48	01:20:02	01:39:16.61	01:39:21.06	+00:29:15 (29.49)
52	KORONKIEWICZ Karol	2414	ROZBIEGANY PIASTÓW	PIASTÓW	M60	1	M 40	00:00:07	00:44:11	01:20:49	01:39:23.28	01:39:31.14	+00:29:25 (29.69)
53	ŻARNIEWSKI Bartosz	2224		BIAŁYSTOK	M30	12	M 41	00:00:42	00:43:41	01:19:18	01:38:59.87	01:39:42.25	+00:29:36 (29.79)
54	KOSESKI Maciej	2269		WARSZAWA	M40	19	M 42	00:00:30	00:44:58	01:22:06	01:39:42.60	01:40:12.71	+00:30:06 (30.09)
55	KRUKOWSKI Andrzej	2461		JUROWCE	M50	3	M 43	00:00:13	00:43:20	01:20:32	01:40:09.72	01:40:23.51	+00:30:17 (30.29)
56	KASZUBSKA Aleksandra	2177		WARSZAWA	K20	2	K 13	00:00:26	00:46:18	01:22:13	01:40:30.14	01:40:56.95	+00:30:50 (30.69)
57	SZELAĞ Bartłomiej	2372		WARSZAWA	M30	13	M 44	00:00:19	00:43:57	01:21:12	01:40:54.51	01:41:13.85	+00:31:07 (30.89)
58	KRZESZEWSKI Zbigniew	2339	KLUB BIEGACZA SOKÓŁ BODZANÓW	BODZANÓW	M50	4	M 45	00:00:12	00:44:21	01:21:17	01:41:13.82	01:41:26.72	+00:31:20 (30.99)
59	SERWINOWSKI Michał	2439		MIŃSK MAZOWIECKI	M40	20	M 46	00:00:00	00:49:10	01:24:07	01:41:38.25	01:41:38.25	+00:31:32 (31.09)
60	SAWICKI Adam	2420		BIAŁYSTOK	M30	14	M 47	00:00:36	00:44:37	01:22:17	01:41:04.96	01:41:41.44	+00:31:35 (31.19)
61	CHUTKOWSKA Agnieszka	2322	KOLNO BIEGA	KOLNO	K40	5	K 14	00:00:03	00:43:59	01:21:54	01:41:45.84	01:41:49.13	+00:31:43 (31.29)
62	KONDRACKI Daniel	2454	BBL WYDMINY	WYDMINY	M40	21	M 48	00:00:25	00:45:53	01:22:32	01:41:28.95	01:41:54.55	+00:31:48 (31.29)

63	GAWEL Michał	2337		GRAJEWO	M20	8	M 49	00:00:09	00:43:20	01:20:23	01:41:59.98	01:42:09.57	+00:32:03 (31.49)
64	BIAŁKOWSKI Marek	2037		BIĄŁYSTOK	M40	22	M 50	00:00:07	00:42:50	01:21:00	01:42:18.66	01:42:26.59	+00:32:20 (31.69)
65	WYGONOWSKI Jacek	2206	DZIKUR CREW	WARSZAWA	M50	5	M 51	00:00:26	00:44:03	01:22:22	01:42:05.79	01:42:32.26	+00:32:26 (31.69)
66	NOWAK Olga	2085	ROCH JASIEINICA	PODBORZE	K30	7	K 15	00:00:28	00:46:10	01:23:27	01:42:43.84	01:43:12.62	+00:33:06 (32.19)
67	ZENG Yi	2359	WARSAW INTERNATIONAL TRIATHLON CLUB	AUCKLAND	M30	15	M 52	00:00:06	00:43:50	01:22:29	01:43:10.01	01:43:16.95	+00:33:10 (32.19)
68	KOSIŃSKI Hubert	2481		BIĄŁYSTOK	M40	23	M 53	00:00:05	00:46:00	01:23:36	01:43:16.79	01:43:22.40	+00:33:16 (32.29)
69	SZCZEPANEK Szymon	2028	TEAM PAPROTKA STABLE	LEJKOWO	M20	9	M 54	00:00:13	00:44:21	01:22:36	01:43:18.40	01:43:31.72	+00:33:25 (32.39)
70	TULIK Przemysław	2306		WARSZAWA	M50	6	M 55	00:00:23	00:44:47	01:23:49	01:43:13.77	01:43:37.48	+00:33:31 (32.49)
71	SOBOCIŃSKA Joanna	2203	KALINOWSKI TEAM	BIĄŁYSTOK	K20	3	K 16	00:00:37	00:46:28	01:24:00	01:43:09.44	01:43:46.48	+00:33:40 (32.59)
72	KADELA Tomasz	2308		KRAKÓW	M20	10	M 56	00:00:39	00:44:55	01:23:14	01:43:16.25	01:43:56.09	+00:33:50 (32.69)
73	KULESZA Julia	2307		KRAKÓW	K20	4	K 17	00:00:39	00:44:56	01:23:14	01:43:16.77	01:43:56.12	+00:33:50 (32.69)
74	KOSCIUCZYK Krzysztof	2154	NATURE LOVERS GRUSZKI	GRUSZKI	M40	24	M 57	00:00:11	00:45:06	01:23:20	01:43:46.39	01:43:58.28	+00:33:52 (32.69)
75	JURGA Damian	2467		ŁÓDŹ	M30	16	M 58	00:00:16	00:45:39	01:24:42	01:43:46.34	01:44:02.41	+00:33:56 (32.69)
76	ROGOWSKI Damian	2400		ŚWIECIENIN	M30	17	M 59	00:00:44	00:44:08	01:21:53	01:43:28.22	01:44:12.37	+00:34:06 (32.79)
77	BUGAJNY Damian	2387	COLLINS AEROSPACE KALISZ \ SUPERMARATON KALISZ	KALISZ	M50	7	M 60	00:00:40	00:44:38	01:22:56	01:43:39.94	01:44:20.62	+00:34:14 (32.89)
78	GOLONKO Dariusz	2361		KRUKLANKI	M40	25	M 61	00:00:25	00:46:36	01:23:46	01:44:01.89	01:44:27.14	+00:34:21 (32.99)
79	WACHOWSKI Krzysztof	2234		BRZOZÓWKA	M20	11	M 62	00:00:06	00:45:11	01:24:04	01:44:21.64	01:44:28.10	+00:34:22 (32.99)
80	BOHDZIEWICZ Zbigniew	2432	BYNIO TEAM	BIĄŁYSTOK	M50	8	M 63	00:00:06	00:46:31	01:25:03	01:44:32.22	01:44:38.73	+00:34:32 (33.09)
81	DRESLER Kzysztof	2472	PKO BANK POLSKI	WARSZAWA	M50	9	M 64	00:00:06	00:46:31	01:25:03	01:44:32.52	01:44:38.77	+00:34:32 (33.09)
82	DAUHAIYOU Yavor	2197	RUN_WAWA_RUN	WARSZAWA	M40	26	M 65	00:00:36	00:49:24	01:25:47	01:44:05.20	01:44:41.65	+00:34:35 (33.09)
83	GIERSZEWSKI Cezary	2444	BURE FUTRO	OLECKO	M50	10	M 66	00:00:13	00:47:51	01:25:58	01:44:34.06	01:44:47.46	+00:34:41 (33.19)
84	ZŁOTOROWICZ Karol	2305		BIĄŁYSTOK	M20	12	M 67	00:00:43	00:45:23	01:24:03	01:44:41.49	01:45:24.62	+00:35:18 (33.59)
85	PARTYKA Marek	2092		JANUSZKOWICE	M30	18	M 68	00:00:06	00:45:32	01:25:16	01:45:18.81	01:45:25.78	+00:35:19 (33.59)
86	GÓRA Angelika	2226		OLSZTYN	K30	8	K 18	00:00:03	00:46:17	01:25:20	01:45:27.61	01:45:30.72	+00:35:24 (33.69)
87	SADOWSKI Rafał	2103	CHŁOPCY CHORTENOWCY	OSOWICZE	M30	19	M 69	00:00:11	00:43:43	01:22:55	01:45:31.05	01:45:42.33	+00:35:36 (33.79)
88	SZEPSEL Michał	2441		WARSZAWA	M30	20	M 70	00:00:47	00:47:53	01:25:06	01:45:05.33	01:45:53.05	+00:35:47 (33.89)
89	STRUK Piotr	2278		BIĄŁYSTOK	M30	21	M 71	00:00:10	00:46:56	01:26:04	01:46:02.83	01:46:13.61	+00:36:07 (34.09)
90	TKACZUK Eugeniusz	2416		BIELSK PODLASKI	M60	2	M 72	00:00:34	00:47:03	01:25:02	01:45:54.19	01:46:28.59	+00:36:22 (34.29)
91	ROGAŁ Mateusz	2221		BIĄŁYSTOK	M20	13	M 73	00:00:42	00:46:26	01:25:10	01:46:20.83	01:47:02.94	+00:36:56 (34.59)
92	PILIC Marcin	2486		BIĄŁYSTOK	M30	22	M 74	00:00:50	00:46:16	01:25:07	01:46:28.96	01:47:19.20	+00:37:13 (34.79)
93	KOLENDO Mirosław	2066		KARCZMISKO	M60	3	M 75	00:00:24	00:45:34	01:25:27	01:47:03.46	01:47:27.93	+00:37:21 (34.89)

94	STEFANIAK Jakub	2395		BIALYSTOK	M20	14	M 76	00:00:49	00:49:29	01:26:05	01:47:01.28	01:47:51.20	+00:37:45 (35.09)
95	KUŚMIEREK Krzysztof	2404		OTWOCK	M30	23	M 77	00:00:22	00:47:44	01:27:48	01:47:52.13	01:48:14.36	+00:38:08 (35.29)
96	CZAPLICKI Tomasz	2255		BIALYSTOK	M20	15	M 78	00:00:49	00:48:08	01:27:04	01:47:53.68	01:48:42.76	+00:38:36 (35.59)
97	MAJCHRAK Michał	2175		ŁÓDŹ	M40	27	M 79	00:00:20	00:47:33	01:27:14	01:48:40.82	01:49:01.48	+00:38:55 (35.79)
98	ROSZKOWSKA-ŚWISŁOCKA Magdalena	2410	KAN RACING TEAM	BIALYSTOK	K30	9	K 19	00:00:20	00:47:45	01:27:51	01:48:53.59	01:49:13.76	+00:39:07 (35.89)
99	WIĘSLAW Tomasz	2397	SK ŁADWĘGLA IPAPY	BIALYSTOK	M30	24	M 80	00:00:33	00:47:09	01:28:16	01:49:03.54	01:49:37.13	+00:39:31 (36.19)
100	BOHDZIEWICZ Piotr	2434	BYNIO TEAM	BIALYSTOK	M18	2	M 81	00:00:05	00:45:07	01:25:59	01:49:53.50	01:49:59.08	+00:39:53 (36.39)
101	BOHDZIEWICZ Mateusz	2433	BYNIO TEAM	BIALYSTOK	M20	16	M 82	00:00:05	00:45:08	01:26:01	01:49:55.77	01:50:00.82	+00:39:54 (36.39)
102	STĘPKOWSKI Miłosz	2352		WARSZAWA	M30	25	M 83	00:00:23	00:48:52	01:27:46	01:49:38.03	01:50:01.71	+00:39:55 (36.39)
103	ZYSKOWSKA Emilia	2058	MROŻNE WILKI GRAJEWO	GRAJEWO	K30	10	K 20	00:00:14	00:47:37	01:28:22	01:50:00.85	01:50:15.28	+00:40:09 (36.49)
104	MAZUR Cyprian	2064		SOCHACZEW	M40	28	M 84	00:00:35	00:47:54	01:28:20	01:49:59.11	01:50:34.38	+00:40:28 (36.69)
105	MAZUR Dawid	2063		MARKI	M40	29	M 85	00:00:35	00:47:54	01:28:20	01:50:00.16	01:50:35.24	+00:40:29 (36.69)
106	ROSTKOWSKI Patryk	2138		BIALYSTOK	M30	26	M 86	00:00:27	00:49:09	01:29:14	01:50:08.12	01:50:35.63	+00:40:29 (36.69)
107	DAROWICKI Daniel	2279		PIECZARKI	M50	11	M 87	00:01:08	00:50:47	01:29:34	01:49:27.21	01:50:35.84	+00:40:29 (36.69)
108	ŚWIĘTOCHOWSKI Jarosław	2235	BIURO RACHUNKOWE JAROSŁAW ŚWIĘTOCHOWSKI	BIALYSTOK	M40	30	M 88	00:00:04	00:48:02	01:29:43	01:50:36.60	01:50:40.98	+00:40:35 (36.79)
109	KUCZYŃSKI Maciej	2412		WARSZAWA	M30	27	M 89	00:00:48	00:48:18	01:29:49	01:49:53.24	01:50:41.40	+00:40:35 (36.79)
110	OLECH Robert	2283		BISZTYNEK	M50	12	M 90	00:00:40	00:49:35	01:29:21	01:50:15.05	01:50:55.38	+00:40:49 (36.89)
111	MEDWID Emil	2442		MRAĞOWO	M30	28	M 91	00:00:25	00:48:30	01:29:18	01:50:31.44	01:50:56.62	+00:40:50 (36.89)
112	GAŁKA Maciej	2468		WARSZAWA	M40	31	M 92	00:00:43	00:50:59	01:29:38	01:50:12.74	01:50:56.68	+00:40:50 (36.89)
113	MEKH Denis	2164	RUN_WAWA_RUN	JÓZEFOSŁAW	M30	29	M 93	00:00:36	00:51:41	01:31:24	01:50:22.66	01:50:59.01	+00:40:53 (36.89)
114	WOJDYGA Piotr	2251		WARSZAWA	M30	30	M 94	00:00:33	00:49:48	01:29:58	01:50:35.88	01:51:08.99	+00:41:03 (36.99)
115	BRONISZEWSKI Piotr	2135	DRUŻYNA STEFANA CZARNIECKIEGO	TYKOCIN	M50	13	M 95	00:00:00	00:45:15	01:26:12	01:51:15.81	01:51:16.80	+00:41:10 (37.09)
116	MICHALUK Izabela	2333		WARSZAWA	K30	11	K 21	00:00:23	00:48:05	01:29:53	01:50:53.12	01:51:17.03	+00:41:11 (37.09)
117	MAŁEK Michał	2140		LUBLIN	M40	32	M 96	00:00:39	00:49:31	01:29:35	01:50:51.51	01:51:31.27	+00:41:25 (37.19)
118	KARWOWSKA Weronika	2186	ROZBIEGAJMY WAWER	WARSZAWA	K30	12	K 22	00:00:44	00:50:21	01:30:27	01:50:52.74	01:51:37.71	+00:41:31 (37.29)
119	BANACH Magdalena	2297	KOLNO BIEGA	KOLNO	K40	6	K 23	00:00:04	00:48:00	01:30:25	01:51:41.03	01:51:45.44	+00:41:39 (37.39)
120	RASZCZYK Katarzyna	2292	KOLNO BIEGA	KOLNO	K40	7	K 24	00:00:04	00:48:00	01:30:26	01:51:40.89	01:51:45.47	+00:41:39 (37.39)
121	RÓG Adam	2363		INOWROCŁAW	M50	14	M 97	00:00:31	00:49:19	01:30:38	01:51:22.85	01:51:53.96	+00:41:47 (37.49)
122	TRYHUBENKA Palina	2346		WARSZAWA	K30	13	K 25	00:00:58	00:51:13	01:31:00	01:51:07.92	01:52:06.81	+00:42:00 (37.59)
123	MAŃCZAK Adrianna	2231		SWARZĘDZ	K50	2	K 26	00:00:20	00:48:51	01:30:22	01:52:03.94	01:52:24.85	+00:42:18 (37.69)
124	PUCIŁOWSKI Dawid	2364		ŁOMŹA	M20	17	M 98	00:00:45	00:51:57	01:31:36	01:51:43.04	01:52:28.96	+00:42:22 (37.79)

125	KIELAK Łukasz	2328		MINSK MAZOWIECKI	M40	33	M 99	00:00:39	00:51:29	01:32:12	01:51:52.90	01:52:32.45	+00:42:26 (37.79)
126	ROMOTOWSKI Tomasz	2294		OLECKO	M40	34	M 100	00:00:08	00:47:22	01:29:26	01:52:28.46	01:52:37.23	+00:42:31 (37.89)
127	CHACIŃSKI Wojciech	2258		WARSZAWA	M30	31	M 101	00:00:26	00:51:53	01:32:29	01:52:11.89	01:52:38.54	+00:42:32 (37.89)
128	WÓJCIK Karolina	2326		BIAŁYSTOK	K20	5	K 27	00:01:00	00:49:41	01:31:02	01:51:41.96	01:52:42.65	+00:42:36 (37.89)
129	OKOŃ Grzegorz	2455	BIAŁE ORŁY	WARSZAWA	M30	32	M 102	00:00:11	00:50:06	01:30:51	01:52:32.50	01:52:44.14	+00:42:38 (37.89)
130	MILKOWSKI Jakub	2189		BIAŁYSTOK	M20	18	M 103	00:00:48	00:51:07	01:31:29	01:52:04.31	01:52:53.18	+00:42:47 (37.99)
131	DOROSZKIEWICZ Jakub	2236		BIAŁYSTOK	M20	19	M 104	00:01:01	00:50:35	01:31:19	01:51:54.36	01:52:55.56	+00:42:49 (37.99)
132	JURKIEWICZ Zygmunt	2246		ŁOMŻA	M20	20	M 105	00:00:45	00:50:39	01:31:19	01:52:15.53	01:53:00.84	+00:42:54 (38.09)
133	JASIŃSKA Magdalena	2082	GIGI TEAM	WARSZAWA	K50	3	K 28	00:00:53	00:49:54	01:30:17	01:52:07.89	01:53:01.29	+00:42:55 (38.09)
134	KARNY Agata	2320		BIAŁYSTOK	K20	6	K 29	00:00:32	00:49:52	01:31:19	01:52:33.80	01:53:06.14	+00:43:00 (38.09)
135	STRUMNIK Katarzyna	2451	TIMBUD TEAM	NOWY DWÓR MAZOWIECKI	K40	8	K 30	00:00:25	00:49:10	01:31:07	01:52:50.38	01:53:15.72	+00:43:09 (38.19)
136	KRZYSIAK Kamil	2125	CARMAGEDON	SPICZYN	M30	33	M 106	00:00:17	00:49:24	01:30:20	01:53:02.88	01:53:20.41	+00:43:14 (38.29)
137	WOJNO Aldona	2358		BIAŁYSTOK	K40	9	K 31	00:00:36	00:49:37	01:30:56	01:53:13.99	01:53:50.95	+00:43:44 (38.49)
138	ŻAKOWSKI Stanisław	2204		WARSZAWA	M30	34	M 107	00:00:54	00:51:38	01:32:54	01:53:09.82	01:54:04.36	+00:43:58 (38.59)
139	ZADROŻNA Anna	2161		WARSZAWA	K30	14	K 32	00:00:48	00:51:55	01:33:08	01:53:47.59	01:54:35.94	+00:44:29 (38.89)
140	MAKSIMOWICZ Magdalena	2355		BIAŁYSTOK	K40	10	K 33	00:00:31	00:50:32	01:32:07	01:54:15.31	01:54:46.32	+00:44:40 (38.99)
141	KONCZEREWICZ Mariusz	2422	MARSZOMANIACY BIELSK PODLASKI	ORZECHOWICZE	M40	35	M 108	00:00:00	00:50:01	01:32:38	01:54:48.60	01:54:49.58	+00:44:43 (39.09)
142	STĘPNIIEWSKI Dominik	2220		WARSZAWA	M20	21	M 109	00:00:12	00:48:58	01:30:25	01:54:37.92	01:54:50.52	+00:44:44 (39.09)
143	ARCISZEWSKA Anita	2399		BIAŁYSTOK	K30	15	K 34	00:00:13	00:46:37	01:30:24	01:54:49.57	01:55:02.87	+00:44:56 (39.19)
144	MOGILNICKI Mateusz	2266	EKIPA GŁĄBY	WARSZAWA	M30	35	M 110	00:00:53	00:51:51	01:33:12	01:54:12.97	01:55:06.65	+00:45:00 (39.19)
145	SAGANEK Radosław	2059	DSO.PL CIECHANÓW	CIECHANÓW	M40	36	M 111	00:00:43	00:50:04	01:32:00	01:54:40.01	01:55:23.18	+00:45:17 (39.29)
146	GUIGGI Luca	2287		BRUXELLES	M40	37	M 112	00:01:07	00:50:31	01:32:40	01:54:19.96	01:55:27.17	+00:45:21 (39.39)
147	SIWIK Łukasz	2453	TAM I Z POWROTEM	KIELCZÓW	M40	38	M 113	00:00:25	00:49:30	01:32:14	01:55:10.84	01:55:36.54	+00:45:30 (39.49)
148	SIWIK Kamila	2463	TAM I Z POWROTEM	KIELCZÓW	K40	11	K 35	00:00:25	00:49:30	01:32:16	01:55:10.84	01:55:36.71	+00:45:30 (39.49)
149	MANTIUK Michał	2378		KARAKULE	M20	22	M 114	00:00:15	00:50:50	01:33:17	01:55:26.61	01:55:42.04	+00:45:36 (39.49)
150	KRÓLICKI Konrad	2129	STG WARSZAWA	WARSZAWA	M40	39	M 115	00:00:41	00:48:29	01:31:13	01:55:15.21	01:55:56.67	+00:45:50 (39.59)
151	SOKÓŁ Karolina	2344		BIAŁYSTOK	K20	7	K 36	00:00:45	00:52:54	01:34:05	01:55:11.42	01:55:57.38	+00:45:51 (39.59)
152	PERLO Dariusz	2380		BIAŁYSTOK	M50	15	M 116	00:00:31	00:50:19	01:33:34	01:55:35.01	01:56:06.20	+00:46:00 (39.69)
153	MASALSKA Ewelina	2178	HAJNÓWKA BIEGA	HAJNÓWKA	K30	16	K 37	00:00:27	00:51:48	01:34:19	01:55:40.07	01:56:07.31	+00:46:01 (39.69)
154	KOTRYS Natalia	2179	HAJNÓWKA BIEGA	HAJNÓWKA	K30	17	K 38	00:00:28	00:51:47	01:34:18	01:55:39.22	01:56:07.37	+00:46:01 (39.69)
155	SACHARCZUK Joanna	2172	HAJNÓWKA BIEGA	HAJNÓWKA	K30	18	K 39	00:00:27	00:51:49	01:34:21	01:55:39.74	01:56:07.67	+00:46:01 (39.69)

156	BUĆKO Anna	2475		WARSZAWA	K40	12	K 40	00:00:47	00:52:43	01:34:26	01:55:28.28	01:56:15.89	+00:46:09 (39.79)
157	WĄDRZYK Dariusz	2332		WARSZAWA	M30	36	M 117	00:00:24	00:50:15	01:33:08	01:56:12.02	01:56:36.13	+00:46:30 (39.99)
158	PIETRASZKO Barbara	2230	TEAM ZABIEGANEDNI	WIĄZOWNA	K30	19	K 41	00:00:51	00:50:27	01:33:43	01:55:45.28	01:56:37.16	+00:46:31 (39.99)
159	PRUSAK Marta	2229	TEAM ZABIEGANEDNI	WIĄZOWNA	K40	13	K 42	00:00:52	00:50:37	01:33:45	01:55:44.95	01:56:37.29	+00:46:31 (39.99)
160	JACKOWSKI Zbigniew	2112	ŚWIĘTOKRZYSKI WŁÓCZYKIJ	JĘDRZEJÓW	M60	4	M 118	00:00:43	00:52:08	01:34:39	01:55:58.60	01:56:41.94	+00:46:35 (39.99)
161	WOJTKOWSKI Tomek	2096	CIECHANOWIEC BIEGA	CIECHANOWIEC	M20	23	M 119	00:01:02	00:52:26	01:33:48	01:55:44.13	01:56:46.24	+00:46:40 (40.09)
162	STEFANIAK Maciej	2261		WARSZAWA	M30	37	M 120	00:00:54	00:51:58	01:34:40	01:56:21.79	01:57:15.80	+00:47:09 (40.29)
163	OBIEDZIŃSKA Anna	2039	DZIK KOMANDO	ŁÓDŹ	K40	14	K 43	00:00:28	00:50:29	01:33:44	01:56:59.32	01:57:27.50	+00:47:21 (40.39)
164	WOJCIECHOWSKI Kamil	2027	BBL WYDMINY	WYDMINY	M40	40	M 121	00:00:25	00:53:05	01:35:22	01:57:18.45	01:57:43.80	+00:47:37 (40.59)
165	ODACHOWSKI Patryk	2473	-	BIAŁYSTOK	M30	38	M 122	00:00:31	00:54:35	01:37:01	01:57:13.43	01:57:44.92	+00:47:38 (40.59)
166	WIECZOREK Marcin	2042		BIAŁYSTOK	M30	39	M 123	00:00:52	00:52:04	01:34:17	01:56:58.85	01:57:51.12	+00:47:45 (40.59)
167	RUTKOWSKI Hubert	2214		BIAŁYSTOK	M30	40	M 124	00:00:53	00:52:04	01:34:18	01:56:58.31	01:57:51.35	+00:47:45 (40.59)
168	DEHMEL Jakub	2180	MUCHOMORKI	GORTATOWO	M50	16	M 125	00:00:18	00:49:38	01:33:19	01:57:34.51	01:57:52.59	+00:47:46 (40.59)
169	GRABOWIEC Amelia	2474		ŁUKÓW	K20	8	K 44	00:00:48	00:52:32	01:34:49	01:57:04.54	01:57:52.92	+00:47:46 (40.59)
170	KRUPA Sławomir	2139		BIAŁYSTOK	M40	41	M 126	00:01:04	00:52:27	01:34:51	01:56:57.10	01:58:01.70	+00:47:55 (40.69)
171	NIEBRZYDOWSKI Karol	2349	TOYOTA TEAM	BIAŁYSTOK	M40	42	M 127	00:00:22	00:53:01	01:34:58	01:57:42.67	01:58:04.85	+00:47:58 (40.69)
172	PODBOROŻNY Karol	2152		POZNAN	M40	43	M 128	00:00:49	00:50:22	01:33:23	01:57:24.81	01:58:14.17	+00:48:08 (40.79)
173	GRENS Iza	2021		BIAŁYSTOK	K30	20	K 45	00:00:11	00:52:26	01:35:32	01:58:04.67	01:58:16.33	+00:48:10 (40.79)
174	SZOSTKO Bartek	2286		BEERSEL	M40	44	M 129	00:01:07	00:47:37	01:29:23	01:57:25.48	01:58:32.77	+00:48:26 (40.99)
175	SOWA Kamil	2309		MAZURY	M40	45	M 130	00:00:42	00:52:25	01:35:03	01:58:10.54	01:58:53.23	+00:48:47 (41.09)
176	WOŁCZ Lesław	2438	URZĄD MARSZAŁKOWSKI WOJEWÓDZTWA PODLASKIEGO	OSOWICZE	M40	46	M 131	00:00:17	00:52:58	01:40:04	01:58:35.60	01:58:53.30	+00:48:47 (41.09)
177	OLESIUK Kamil	2166		BIAŁYSTOK	M18	3	M 132	00:00:29	00:54:40	01:38:27	01:58:41.24	01:59:10.67	+00:49:04 (41.29)
178	ĆWIKOWSKI Artur	2351		BIAŁYSTOK	M30	41	M 133	00:00:42	00:52:25	01:35:04	01:58:28.64	01:59:11.08	+00:49:05 (41.29)
179	SZWED Adam	2184		WARSZAWA	M40	47	M 134	00:00:44	00:53:08	01:36:30	01:58:29.64	01:59:14.48	+00:49:08 (41.29)
180	BOŹKIEWICZ Jacek	2331	AZYL BIEGACZA	MUROWANA GOŚLINA	M50	17	M 135	00:00:23	00:51:27	01:36:18	01:59:02.25	01:59:25.62	+00:49:19 (41.39)
181	MACLENNAN Gus	2317	TONY LAI RUNNING COLLECTIVE	GLASGOW	M40	48	M 136	00:01:00	00:51:41	01:35:03	01:58:29.55	01:59:30.11	+00:49:24 (41.39)
182	RADZISZEWSKI Bogdan	2371		CIECHANOWIEC	M20	24	M 137	00:01:01	00:52:28	01:35:25	01:58:29.32	01:59:30.60	+00:49:24 (41.39)
183	TOŁKACZ Piotr	2338	KS MARATONKA GRAJEWO	GRAJEWO	M40	49	M 138	00:00:15	00:53:16	01:37:25	01:59:26.08	01:59:41.16	+00:49:35 (41.49)
184	MIKUTANIEC Sebastian	2368		MARKI	M40	50	M 139	00:00:47	00:52:34	01:36:42	01:58:56.66	01:59:44.01	+00:49:38 (41.59)
185	STEFANOWICZ Zdzisław	2223		BIAŁYSTOK	M50	18	M 140	00:00:43	00:53:37	01:36:43	01:59:02.06	01:59:45.13	+00:49:39 (41.59)
186	PANASEWICZ Jakub	2375		WARSZAWA	M30	42	M 141	00:00:55	00:54:23	01:37:50	01:58:51.34	01:59:46.64	+00:49:40 (41.59)

187	BARTOSIAK Kamil	2201		DROHICZYN	M20	25	M 142	00:00:50	00:54:20	01:36:44	01:58:58.44	01:59:48.69	+00:49:42 (41.59)
188	OBRYCKI Paweł	2354	BIAŁYSTOK BIEGA	BIAŁYSTOK	M40	51	M 143	00:00:32	00:52:57	01:36:22	01:59:21.27	01:59:53.96	+00:49:47 (41.59)
189	DAWIDOWICZ Michał	2030	ŁÓDŹ KOCHA SPORT	WYDMINY	M30	43	M 144	00:00:25	00:52:08	01:35:48	01:59:45.57	02:00:11.34	+00:50:05 (41.79)
190	BOROWIEC Marta	2090		PIASECZNO	K50	4	K 46	00:00:43	00:54:28	01:39:03	01:59:34.15	02:00:17.75	+00:50:11 (41.79)
191	DUDEK Radosław	2343	SKIBIDI	ŁOMŹA	M20	26	M 145	00:00:45	00:54:47	01:39:08	01:59:47.04	02:00:32.57	+00:50:26 (41.89)
192	BAK Natalia	2471	PKO BANK POLSKI Ł	PARZNIEW	K30	21	K 47	00:00:25	00:51:51	01:37:53	02:00:19.17	02:00:44.42	+00:50:38 (41.99)
193	HAPUNIK Dariusz	2440		BIAŁYSTOK	M50	19	M 146	00:00:40	00:53:15	01:37:45	02:00:07.80	02:00:47.82	+00:50:41 (42.09)
194	LITWINIUK Paweł	2145		NAREWKA	M40	52	M 147	00:00:54	00:54:35	01:38:09	01:59:54.69	02:00:49.63	+00:50:43 (42.09)
195	SZWAŁEK Wojciech	2114		POZNAŃ	M20	27	M 148	00:00:32	00:55:42	01:39:19	02:00:36.29	02:01:09.05	+00:51:03 (42.19)
196	KOŹŁOWSKI Tomasz	2225	PSIRAJ.PL	BUGAJ	M40	53	M 149	00:00:21	00:49:27	01:34:22	02:00:53.49	02:01:14.89	+00:51:08 (42.29)
197	KIRYŁOWICZ Jakub	2282		BIAŁYSTOK	M20	28	M 150	00:00:51	00:54:15	01:38:06	02:00:29.18	02:01:20.34	+00:51:14 (42.29)
198	SZUFLICKI Arkadiusz	2209		WARSZAWA	M20	29	M 151	00:00:50	00:54:04	01:38:05	02:00:30.46	02:01:20.62	+00:51:14 (42.29)
199	ŁAJSZCZAK Filip	2391		WARSZAWA	M40	54	M 152	00:00:09	00:53:29	01:38:12	02:01:32.85	02:01:42.64	+00:51:36 (42.49)
200	MALAŁ Monika	2479		ZELÓW	K40	15	K 48	00:00:42	00:52:36	01:37:56	02:01:15.38	02:01:58.35	+00:51:52 (42.59)
201	SIPA Aleksandra	2476	TEAM OSMO	ŁÓDŹ	K40	16	K 49	00:00:18	00:51:24	01:37:57	02:01:40.50	02:01:58.64	+00:51:52 (42.59)
202	MIKULSKA Karolina	2127		SOWIA WOLA	K20	9	K 50	00:00:04	00:54:06	01:39:40	02:02:39.51	02:02:44.45	+00:52:38 (42.99)
203	SEREWa Damian	2365		BŁONIE	M30	44	M 153	00:00:05	00:54:05	01:39:40	02:02:39.46	02:02:44.95	+00:52:38 (42.99)
204	SEKLECKA Agata	2128	BRIGHT DEVELOPMENTS	WARSZAWA	K40	17	K 51	00:00:40	00:51:09	01:39:17	02:02:14.30	02:02:54.75	+00:52:48 (43.09)
205	NOWICKA Urszula	2314	BIEGAM NA TARCHOMINIE	WARSZAWA	K40	18	K 52	00:00:40	00:53:12	01:39:10	02:02:25.60	02:03:05.90	+00:52:59 (43.19)
206	WIECZOREK Michał	2477	LUPUS OLEŚNICA	PLEWISKA	M40	55	M 154	00:00:20	00:53:05	01:39:06	02:02:47.12	02:03:07.21	+00:53:01 (43.19)
207	WOJTCZAK Małgorzata	2187	KB LUPUS	OLEŚNICA	K50	5	K 53	00:00:19	00:53:09	01:39:28	02:02:47.87	02:03:07.33	+00:53:01 (43.19)
208	DANILUK Piotr	2257		WARSZAWA	M30	45	M 155	00:00:34	00:54:26	01:39:42	02:02:44.53	02:03:18.99	+00:53:13 (43.29)
209	GOLAN Hubert	2262		BIAŁYSTOK	M30	46	M 156	00:00:24	00:54:41	01:40:03	02:03:18.12	02:03:42.31	+00:53:36 (43.39)
210	SZCZUKA Dariusz	2384		BIAŁYSTOK	M30	47	M 157	00:00:18	00:52:35	01:38:49	02:03:32.97	02:03:51.07	+00:53:45 (43.49)
211	RYPEL Celina	2323		KLIKUSZOWA	K50	6	K 54	00:00:51	00:53:06	01:39:35	02:03:03.53	02:03:55.03	+00:53:49 (43.49)
212	MIELECH Grzegorz	2003	MROŹNE WILKI GRAJEWO	BOGUSZE	M50	20	M 158	00:00:14	00:54:24	01:40:01	02:03:42.63	02:03:57.10	+00:53:51 (43.49)
213	TUROS Marek	2010		WARSZAWA	M50	21	M 159	00:00:31	00:55:05	01:40:18	02:03:27.37	02:03:59.09	+00:53:53 (43.59)
214	BOROWSKA Magdalena	2437	URZĄD MARSZAŁKOWSKI WOJEWÓDZTWA PODLASKIEGO	OSOWICZE	K30	22	K 55	00:00:17	00:52:59	01:40:07	02:04:11.42	02:04:28.53	+00:54:22 (43.79)
215	GÓRECKA Karolina	2149	CHMURABIEGA	WARSZAWA	K40	19	K 56	00:00:44	00:54:26	01:39:44	02:03:47.56	02:04:32.19	+00:54:26 (43.79)
216	REICH Dominika	2171		BIAŁYSTOK	K40	20	K 57	00:00:31	00:50:52	01:39:44	02:04:07.98	02:04:39.94	+00:54:33 (43.89)
217	SUMA Sebastian	2271		BIAŁYSTOK	M40	56	M 160	00:00:40	00:54:54	01:40:34	02:04:04.79	02:04:44.82	+00:54:38 (43.89)

218	ZUB Hubert	2111		LEWICKIE	M30	48	M 161	00:00:16	00:53:35	01:41:21	02:04:31.04	02:04:47.31	+00:54:41 (43.89)
219	ADAMCZYK Joanna	2057	ŚWIĘTOKRZYSKI WŁÓCZYKIJ	JĘDRZEJÓW	K50	7	K 58	00:00:36	00:55:53	01:42:05	02:04:36.05	02:05:12.76	+00:55:06 (44.09)
220	CICHOCKA Joanna	2040		BIAŁYSTOK	K30	23	K 59	00:00:16	00:54:04	01:40:59	02:05:05.50	02:05:22.46	+00:55:16 (44.19)
221	KASZUBSKI Łukasz	2188		PŁOCK	M20	30	M 162	00:00:26	00:53:03	01:39:40	02:04:58.96	02:05:25.89	+00:55:19 (44.19)
222	MRÓWKA Katarzyna	2087	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	K50	8	K 60	00:00:38	00:54:40	01:40:26	02:04:57.74	02:05:36.50	+00:55:30 (44.29)
223	SIDORUK Aleksandra	2193		BIAŁYSTOK	K20	10	K 61	00:00:18	00:53:58	01:40:46	02:05:19.52	02:05:38.39	+00:55:32 (44.29)
224	SOWUL Łukasz	2415		CZARNA BIAŁOSTOCKA	M20	31	M 163	00:00:19	00:49:57	01:39:56	02:05:31.57	02:05:50.58	+00:55:44 (44.39)
225	KOMAR Natalia	2350		BIAŁYSTOK	K20	11	K 62	00:00:15	00:52:10	01:40:10	02:05:38.34	02:05:54.06	+00:55:48 (44.39)
226	SIPIERA Tomasz	2456		GIEBUŁTÓW	M50	22	M 164	00:00:14	00:53:12	01:40:10	02:05:46.14	02:06:01.01	+00:55:55 (44.49)
227	SIEDLECKA Agnieszka	2310		GDAŃSK	K30	24	K 63	00:00:03	00:53:14	01:40:46	02:06:02.15	02:06:05.84	+00:55:59 (44.49)
228	FRYDRYCH Dariusz	2071	KKB MOSIR KROSNO	KROSNO	M50	23	M 165	00:00:39	00:55:08	01:40:33	02:05:30.68	02:06:10.21	+00:56:04 (44.49)
229	GAJEWSKA Ewelina	2238		BIAŁYSTOK	K20	12	K 64	00:00:16	00:56:08	01:42:43	02:06:01.57	02:06:18.14	+00:56:12 (44.59)
230	IWANICKI Jerzy	2070	PADALEC KRUSZYNIEC	KRUSZYNIEC 5	M60	5	M 166	00:00:28	00:54:43	01:42:15	02:06:05.15	02:06:33.89	+00:56:27 (44.69)
231	CHODOROWSKI Piotr	2160		WASILKÓW	M18	4	M 167	00:00:29	00:54:41	01:41:56	02:06:07.55	02:06:36.70	+00:56:30 (44.69)
232	MACKEY Julie	2136		WARSAW	K40	21	K 65	00:00:53	00:56:43	01:42:26	02:05:46.26	02:06:39.80	+00:56:33 (44.79)
233	BYCZYK Katarzyna	2038		POZNAŃ	K30	25	K 66	00:00:37	00:53:31	01:41:15	02:06:21.08	02:06:58.37	+00:56:52 (44.89)
234	MAROZAU Aliaksandr	2260		WARSAWA	M30	49	M 168	00:00:59	00:54:55	01:40:18	02:05:59.83	02:06:59.78	+00:56:53 (44.89)
235	KNUDSON Ildiko	2146		KONSTANCIN JEZIORNA	K40	22	K 67	00:00:51	00:55:15	01:42:29	02:06:20.94	02:07:12.00	+00:57:06 (44.99)
236	KLICH Monika	2265		WARSAWA	K40	23	K 68	00:00:33	00:54:24	01:41:53	02:06:39.79	02:07:13.23	+00:57:07 (44.99)
237	DRAĞOWSKI Mateusz	2137		BIAŁYSTOK	M20	32	M 169	00:00:59	00:57:07	01:44:05	02:06:19.65	02:07:19.28	+00:57:13 (44.99)
238	PIWNICKI Piotr	2377		WARSAWA	M30	50	M 170	00:00:24	00:56:17	01:44:31	02:06:57.00	02:07:21.62	+00:57:15 (45.09)
239	TRUHTANOVA Elena	2335		WARSAWA	K40	24	K 69	00:00:35	00:55:25	01:42:28	02:06:59.74	02:07:35.63	+00:57:29 (45.19)
240	OŁDYTOWSKA Elżbieta	2083		CZARNA BIAŁOSTOCKA	K50	9	K 70	00:00:07	00:54:55	01:42:36	02:07:37.87	02:07:45.13	+00:57:39 (45.19)
241	BECHTA Damian	2104		WARSAWA	M30	51	M 171	00:00:07	00:53:34	01:41:45	02:07:43.83	02:07:51.48	+00:57:45 (45.29)
242	KOBYLIŃSKI Romuald	2426		JÓZEFÓW	M40	57	M 172	00:00:19	00:55:20	01:43:32	02:07:41.08	02:08:00.33	+00:57:54 (45.29)
243	MADEJ Edyta	2079		LUBLIN	K40	25	K 71	00:00:57	00:53:18	01:43:45	02:07:09.91	02:08:07.51	+00:58:01 (45.39)
244	MALECKI Mateusz	2239		WARSAWA	M30	52	M 173	00:00:30	00:58:01	01:44:52	02:07:43.80	02:08:14.61	+00:58:08 (45.39)
245	BOJKO Jurij	2396		KLEPACZE	M40	58	M 174	00:00:34	00:56:56	01:45:01	02:07:46.72	02:08:21.47	+00:58:15 (45.49)
246	PUCHALSKI Dariusz	2250		NIEMYJE JARNAŁY	M20	33	M 175	00:00:46	00:53:36	01:45:07	02:08:00.16	02:08:46.91	+00:58:40 (45.69)
247	LEPAS Arnaud	2288		BEERSEL	M30	53	M 176	00:01:09	00:57:08	01:42:43	02:07:43.96	02:08:53.15	+00:58:47 (45.69)
248	NOKES Makenzie	2025		WARSAWA	K30	26	K 72	00:00:54	00:57:18	01:42:58	02:08:02.48	02:08:56.53	+00:58:50 (45.69)

249	PERELKIEWICZ Michał	2167		WARSZAWA	M30	54	M 177	00:00:34	00:58:52	01:45:44	02:08:28.91	02:09:03.86	+00:58:57 (45.79)
250	ZALEWSKI Karol	2001		NOWODWORCE	M30	55	M 178	00:01:05	00:55:25	01:41:11	02:08:09.05	02:09:14.78	+00:59:08 (45.89)
251	POLECKA Magdalena	2321		BIAŁYSTOK	K20	13	K 73	00:00:32	00:57:55	01:45:40	02:08:47.47	02:09:20.45	+00:59:14 (45.89)
252	PATEJUK Agnieszka	2012		SURAŻ	K30	27	K 74	00:00:44	00:56:30	01:43:33	02:08:43.88	02:09:28.04	+00:59:22 (45.99)
253	NOWICKA Joanna	2228	MANUFAKTURA TRENINGU	LUBLIN	K30	28	K 75	00:00:10	00:54:55	01:42:01	02:09:32.21	02:09:42.83	+00:59:36 (46.09)
254	WAWRENIUK Aleksandra	2249		BIAŁYSTOK	K20	14	K 76	00:00:10	00:58:00	01:45:34	02:09:31.94	02:09:42.85	+00:59:36 (46.09)
255	TELATYCKA Aleksandra	2248		LUBLIN	K20	15	K 77	00:00:10	00:58:01	01:45:36	02:09:32.64	02:09:43.14	+00:59:37 (46.09)
256	RUSSELL Amber	2013		WARSZAWA	K30	29	K 78	00:00:53	00:56:44	01:44:54	02:09:27.19	02:10:20.32	+01:00:14 (46.29)
257	KABACIK Jagoda Julia	2241	OLA TEAM	OSTROŁĘKA	K20	16	K 79	00:00:16	00:54:42	01:42:18	02:10:20.94	02:10:36.98	+01:00:31 (46.39)
258	PLISZKA Bartosz	2240	OLA TEAM	OSTROŁĘKA	M50	24	M 179	00:00:15	00:54:42	01:42:13	02:10:21.31	02:10:37.30	+01:00:31 (46.39)
259	ALEKSIEJUK Adam	2374		BIAŁYSTOK	M30	56	M 180	00:00:07	00:57:37	01:45:29	02:10:50.01	02:10:57.03	+01:00:51 (46.59)
260	ŻUK Piotr	2450		WARSZAWA	M30	57	M 181	00:00:11	00:53:26	01:42:56	02:10:52.87	02:11:04.87	+01:00:58 (46.59)
261	NOWICKI Dariusz	2312	BIEGAM NA TARCHOMINIE	WARSZAWA	M40	59	M 182	00:00:42	00:53:40	01:45:11	02:10:38.59	02:11:20.65	+01:01:14 (46.69)
262	MOKICKI Piotr	2004		BIAŁYSTOK	M50	25	M 183	00:00:53	00:58:00	01:45:19	02:11:00.63	02:11:54.19	+01:01:48 (46.99)
263	GORBACZ Sylwia	2465	HAJNÓWKA BIEGA	HAJNÓWKA	K30	30	K 80	00:00:28	00:58:20	01:48:20	02:11:28.77	02:11:57.29	+01:01:51 (46.99)
264	BAŁULIS Daiwa	2134	DABROWSKI TEAM	SUWAŁKI	K20	17	K 81	00:00:08	00:54:56	01:44:58	02:11:57.08	02:12:05.52	+01:01:59 (46.99)
265	KOSACKI Krzysztof	2291		BIAŁYSTOK	M40	60	M 184	00:00:15	00:57:28	01:44:54	02:12:32.18	02:12:47.45	+01:02:41 (47.29)
266	GOŁĘBIEWSKA Karolina Maria	2411		WARSZAWA	K20	18	K 82	00:00:56	00:58:13	01:46:12	02:12:01.26	02:12:57.48	+01:02:51 (47.39)
267	WRZESIŃSKA Marta	2390		BIAŁYSTOK	K40	26	K 83	00:00:14	00:56:27	01:46:07	02:12:43.40	02:12:57.95	+01:02:51 (47.39)
268	CZACZKOWSKI Krzysztof	2192		DĄBRÓWKI	M30	58	M 185	00:00:55	00:59:43	01:47:48	02:12:02.90	02:12:58.50	+01:02:52 (47.39)
269	SOKOŁOWSKA Dagmara	2373		WARSZAWA	K30	31	K 84	00:00:47	00:57:57	01:45:32	02:12:18.79	02:13:06.25	+01:03:00 (47.39)
270	GRĄDZKA Katarzyna	2423		KONOWAŁY	K30	32	K 85	00:00:49	00:54:09	01:44:15	02:12:23.50	02:13:12.91	+01:03:06 (47.49)
271	TOBYS Katarzyna	2208		ZBĄSZYŃ	K30	33	K 86	00:00:32	00:57:44	01:47:09	02:13:10.08	02:13:42.53	+01:03:36 (47.69)
272	TATKO Michał	2421	SW ŁOMŻA	ŁOMŻA	M20	34	M 186	00:00:52	00:55:23	01:44:56	02:12:51.64	02:13:44.58	+01:03:38 (47.69)
273	OWŁASIUK Michał	2382		BIAŁYSTOK	M30	59	M 187	00:00:23	00:58:09	01:48:31	02:13:22.35	02:13:45.67	+01:03:39 (47.69)
274	PARCHOMIUK Andrzej	2046		CHOTYLÓW	M50	26	M 188	00:00:58	00:57:34	01:47:33	02:13:02.64	02:14:01.45	+01:03:55 (47.79)
275	KOPCZYŃSKA Misia	2205	DZIKUR CREW	WARSZAWA	K50	10	K 87	00:00:26	00:55:27	01:45:49	02:13:42.14	02:14:08.73	+01:04:02 (47.79)
276	PILEWSKA Anna	2047		WARSZAWA	K50	11	K 88	00:00:59	00:58:11	01:47:37	02:14:11.52	02:15:10.55	+01:05:04 (48.19)
277	KOSESKI Wojciech	2259		WARSZAWA	M30	60	M 189	00:00:29	00:59:43	01:49:52	02:14:42.37	02:15:12.31	+01:05:06 (48.29)
278	TRYMUCHA Filip	2401		WARSZAWA	M20	35	M 190	00:00:44	00:57:27	01:46:25	02:14:29.09	02:15:13.66	+01:05:07 (48.29)
279	IDŹKOWSKI Adam	2383		BIAŁYSTOK	M30	61	M 191	00:00:22	00:59:06	01:48:54	02:14:58.21	02:15:20.89	+01:05:14 (48.29)

280	KOPEĆ Łukasz	2327		IGNATKI OSIEDLE	M30	62	M 192	00:00:38	00:58:54	01:51:58	02:14:44.88	02:15:22.89	+01:05:16 (48.29)
281	KOZŁOWSKI Szymon	2427		WĄGROWIEC	M40	61	M 193	00:00:20	00:55:32	01:46:05	02:15:03.89	02:15:24.79	+01:05:18 (48.29)
282	KOZŁOWSKA Agnieszka	2428		WĄGROWIEC	K40	27	K 89	00:00:20	00:55:08	01:46:08	02:15:04.19	02:15:24.99	+01:05:19 (48.29)
283	MICHALCZEWSKA Marzena	2191		SPYCHOWO	K50	12	K 90	00:01:11	00:56:58	01:46:38	02:14:25.92	02:15:37.59	+01:05:31 (48.39)
284	STACHELSKA Edyta	2106		KOLNO	K30	34	K 91	00:00:05	00:55:21	01:47:52	02:15:44.57	02:15:49.66	+01:05:43 (48.49)
285	ZOLCINSKA Monika	2105		KOLNO	K30	35	K 92	00:00:05	00:57:05	01:47:51	02:15:44.46	02:15:49.74	+01:05:43 (48.49)
286	BARTOSIK Sylwia	2458	SZAKALE BAŁUT ŁÓDŹ	ŁÓDŹ	K40	28	K 93	00:00:40	00:56:32	01:50:04	02:15:12.87	02:15:53.68	+01:05:47 (48.49)
287	SOKOŁOWSKA Urszula	2275	ROCH JASZENICA	OSTRÓW MAZOWIECKA	K20	19	K 94	00:00:37	01:00:11	01:50:28	02:15:45.70	02:16:23.48	+01:06:17 (48.69)
288	ROMEJKO Piotr	2460	22 WOJSKOWY OŚRODEK KARTOGRAFICZNY	KOMOROWO	M40	62	M 194	00:00:38	01:00:10	01:50:23	02:15:45.44	02:16:23.68	+01:06:17 (48.69)
289	JARMOC Tomasz	2150		IGNATKI	M20	36	M 195	00:00:32	00:58:25	01:48:13	02:16:05.80	02:16:37.95	+01:06:31 (48.79)
290	WASIELEWSKI Grzegorz	2478		KIERSNÓWEK	M30	63	M 196	00:00:15	00:55:57	01:48:13	02:16:26.62	02:16:42.08	+01:06:36 (48.79)
291	KRYŃSKI Kamil	2060		BIAŁYSTOK	M30	64	M 197	00:00:15	00:55:57	01:48:11	02:16:27.13	02:16:42.20	+01:06:36 (48.79)
292	KOWALCZYK Klaudia	2014		WARSZAWA	K30	36	K 95	00:00:26	00:57:49	01:48:28	02:16:15.93	02:16:42.78	+01:06:36 (48.79)
293	RUDZIŃSKA Marta	2018		PIASECZNO	K40	29	K 96	00:00:17	00:59:14	01:50:09	02:16:25.52	02:16:42.81	+01:06:36 (48.79)
294	PIOTROWSKA Julita	2285		CIASNE	K40	30	K 97	00:00:57	00:58:31	01:50:00	02:16:06.47	02:17:03.58	+01:06:57 (48.99)
295	PILKO Ewa	2357		BIAŁYSTOK	K50	13	K 98	00:01:03	00:57:34	01:47:31	02:16:04.54	02:17:07.89	+01:07:01 (48.99)
296	ANDRZEJEWSKA-SOBIESZEK Ewa	2253	SPORT LIFE BALANCE	WARSZAWA	K40	31	K 99	00:00:49	01:00:20	01:51:33	02:16:35.77	02:17:25.46	+01:07:19 (49.09)
297	SZPYT Tomasz	2270	SPORT LIFE BALANCE	WARSZAWA	M40	63	M 198	00:00:49	01:00:20	01:51:34	02:16:35.81	02:17:25.67	+01:07:19 (49.09)
298	SARNIAK Jolanta	2369	HALINÓW BIEGA	CISIE	K50	14	K 100	00:00:52	01:00:19	01:50:48	02:16:53.13	02:17:45.77	+01:07:39 (49.19)
299	JACKIEWICZ Anna	2194	PRUSZKOWSKITEAM	PIASTÓW	K40	32	K 101	00:00:32	01:00:47	01:52:37	02:17:29.17	02:18:01.55	+01:07:55 (49.29)
300	SOBCZYK Magdalena	2023		PIŃCZÓW	K30	37	K 102	00:00:07	00:57:52	01:52:11	02:17:58.89	02:18:06.01	+01:08:00 (49.29)
301	TURNER Allison	2360		WARSAW	K30	38	K 103	00:00:51	00:59:52	01:51:52	02:17:34.88	02:18:26.35	+01:08:20 (49.49)
302	BOJANOWSKA Ewa	2048		WARSZAWA	K30	39	K 104	00:00:40	00:59:39	01:52:47	02:17:49.95	02:18:30.39	+01:08:24 (49.49)
303	MAŁYSZKO Mariusz	2402	WORKPC.PL	BIAŁYSTOK	M50	27	M 199	00:00:27	00:58:51	01:52:03	02:18:06.74	02:18:33.95	+01:08:27 (49.49)
304	JANUSZCZYK Mateusz	2403		BIAŁYSTOK	M30	65	M 200	00:00:27	00:58:02	01:52:02	02:18:06.71	02:18:34.01	+01:08:28 (49.49)
305	KUŚMIERCZYK Weronika	2100		WARSZAWA	K20	20	K 105	00:00:13	01:01:27	01:52:00	02:18:25.29	02:18:38.34	+01:08:32 (49.49)
306	BIZOŃ Teresa	2031		TARGANICE	K20	21	K 106	00:00:12	01:01:27	01:52:09	02:18:25.54	02:18:38.46	+01:08:32 (49.49)
307	BAŁAZY Beata	2406		BIAŁYSTOK	K40	33	K 107	00:00:37	00:58:50	01:50:53	02:18:14.62	02:18:52.21	+01:08:46 (49.59)
308	OLEJNICZAK Przemysław	2217		WARSZAWA	M40	64	M 201	00:00:20	00:57:57	01:51:10	02:18:36.96	02:18:57.96	+01:08:51 (49.69)
309	NOWAK Paweł	2215		JANCZEWICE	M40	65	M 202	00:00:21	00:57:57	01:51:12	02:18:36.63	02:18:58.08	+01:08:52 (49.69)
310	NOWAK Grzegorz	2216		WARSZAWA	M40	66	M 203	00:00:19	00:57:59	01:51:44	02:18:38.66	02:18:58.45	+01:08:52 (49.69)

311	MATYSEK Martyna	2142		GNIEZNO	K30	40	K 108	00:00:48	01:01:25	01:52:40	02:18:14.77	02:19:03.22	+01:08:57 (49.6)
312	TALAGA Tomasz	2141		GNIEZNO	M30	66	M 204	00:00:48	01:01:25	01:52:43	02:18:14.81	02:19:03.29	+01:08:57 (49.6)
313	BASIAK Marta	2153	POWER, RESPECT, BANANA!	WARSZAWA	K30	41	K 109	00:00:54	00:57:06	01:53:12	02:18:24.83	02:19:19.31	+01:09:13 (49.7)
314	PIŁKO Jacek	2356		BIAŁYSTOK	M50	28	M 205	00:01:08	00:58:01	01:50:52	02:18:29.65	02:19:37.67	+01:09:31 (49.8)
315	JAROŃCZYK Paweł	2303		BIAŁYSTOK	M30	67	M 206	00:01:04	00:57:06	01:47:23	02:18:36.93	02:19:41.37	+01:09:35 (49.8)
316	KRASOWSKA Agata	2296		WARSZAWA	K30	42	K 110	00:00:26	00:59:21	01:54:00	02:19:53.59	02:20:19.83	+01:10:13 (50.0)
317	BURZYŃSKA Sylwia	2116	RUN DE GIRARD	ŻYRARDÓW	K50	15	K 111	00:00:58	01:01:20	01:51:19	02:19:24.17	02:20:22.27	+01:10:16 (50.1)
318	ZACZKIEWICZ Wiktoria	2318		BIAŁYSTOK	K20	22	K 112	00:00:10	01:00:25	01:54:26	02:20:27.11	02:20:37.13	+01:10:31 (50.1)
319	GROCHOWSKI Daniel	2121	PODLASKIE TOWARZYSTWO REKONSTRUKCJI HISTORYCZNEJ "TRZASKAWICA"	WARSAW	M30	68	M 207	00:00:18	00:59:44	01:51:31	02:20:20.74	02:20:39.72	+01:10:33 (50.2)
320	OSZCZYPAŁA Grzegorz	2017		KRAKÓW	M50	29	M 208	00:00:47	00:59:04	01:51:09	02:19:52.32	02:20:39.79	+01:10:33 (50.2)
321	BOROWIEC Arek	2091		PIASECZNO	M50	30	M 209	00:00:42	01:01:14	01:52:53	02:20:04.09	02:20:46.88	+01:10:40 (50.2)
322	MACIEJEWSKA Aldona	2123		KALISZ	K40	34	K 113	00:00:44	00:57:36	01:51:53	02:20:13.27	02:20:57.58	+01:10:51 (50.3)
323	MILLER Mariusz	2065	PSEJAK TEAM	ŁOMŻA	M40	67	M 210	00:01:16	01:00:56	01:53:13	02:20:21.89	02:21:37.89	+01:11:31 (50.5)
324	KOTOWICZ Joanna	2392	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI	K40	35	K 114	00:00:00	01:01:38	01:54:35	02:21:43.17	02:21:44.16	+01:11:38 (50.5)
325	STĘPIEŃ Renata	2110	BBL KIELCE	KIELCE	K60	1	K 115	00:00:43	01:00:46	01:53:33	02:21:04.29	02:21:48.12	+01:11:42 (50.6)
326	MARTYNIUK Julia	2408	GRYGOTEAM	WASILKÓW	K20	23	K 116	00:00:35	01:00:00	01:55:45	02:21:17.65	02:21:53.47	+01:11:47 (50.6)
327	STRZELCZYK Marzena	2026		PABIANICE	K50	16	K 117	00:00:23	01:01:19	01:55:18	02:21:52.64	02:22:15.76	+01:12:09 (50.7)
328	KOWAL Karolina	2449	SZYBKIE TRAMPKI	REDA	K30	43	K 118	00:00:46	01:00:20	01:52:47	02:21:41.91	02:22:28.55	+01:12:22 (50.8)
329	NIZIOŁ Katarzyna	2301		PIASECZNO	K30	44	K 119	00:00:48	00:59:37	01:53:49	02:21:41.39	02:22:29.48	+01:12:23 (50.8)
330	WOJDYNA Paweł	2036		KOBYŁKA	M30	69	M 211	00:00:24	01:00:27	01:53:37	02:22:17.69	02:22:42.38	+01:12:36 (50.9)
331	WŁOSTOWSKI Eryk	2345	SKIBIDI	BIAŁYSTOK	M20	37	M 212	00:00:46	01:01:20	01:53:54	02:22:16.00	02:23:02.50	+01:12:56 (51.0)
332	GRZEGORZEWSKA Małgorzata	2480	TEAM ZABIEGANEDNI	WARSZAWA	K40	36	K 120	00:00:52	01:01:19	01:55:37	02:22:12.72	02:23:05.02	+01:12:59 (51.0)
333	BARTOSIAK Oliwia	2195		PRUSZKÓW	K40	37	K 121	00:00:32	01:00:47	01:54:48	02:22:44.91	02:23:17.23	+01:13:11 (51.1)
334	PALIWODA Anna	2290		ŁÓDŹ	K30	45	K 122	00:00:56	00:58:29	01:57:55	02:22:23.58	02:23:20.19	+01:13:14 (51.1)
335	KOSESKA Emilia	2386	UNIQA RUNNING TEAM	WARSZAWA	K40	38	K 123	00:00:39	01:01:41	01:54:15	02:22:50.12	02:23:29.24	+01:13:23 (51.1)
336	BAREJKO Piotr	2148		WARSZAWA	M40	68	M 213	00:01:03	01:02:42	01:55:26	02:22:55.05	02:23:58.34	+01:13:52 (51.3)
337	BAREJKO Renata	2147		WARSZAWA	K40	39	K 124	00:01:02	01:02:31	01:55:29	02:22:55.53	02:23:58.42	+01:13:52 (51.3)
338	KORONKIEWICZ Małgorzata	2268	ROZBIEGANY PIASTÓW	PIASTÓW	K60	2	K 125	00:00:12	01:00:54	01:55:00	02:23:52.07	02:24:04.33	+01:13:58 (51.3)
339	GÓRECKA Anna	2126	MOTOBABINIEC	WARSZAWA	K50	17	K 126	00:00:07	01:00:46	01:56:51	02:24:17.49	02:24:25.02	+01:14:19 (51.5)
340	ŁUKASZUK Barbara	2181		BIAŁA PODLASKA	K50	18	K 127	00:00:51	01:00:17	01:54:53	02:23:55.09	02:24:46.76	+01:14:40 (51.6)
341	ŁUKASZUK Jakub	2182		BIAŁA PODLASKA	M20	38	M 214	00:00:51	01:00:18	01:54:51	02:23:55.68	02:24:46.79	+01:14:40 (51.6)

342	KALINOWSKA Agnieszka	2131	CALISTHENICS PŁOCK	PŁOCK	K50	19	K 128	00:01:01	01:02:01	01:56:06	02:24:16.81	02:25:18.70	+01:15:12 (51.89)
343	KOCHANOWSKA Anna	2272	JEST LEPIEJ RUN TEAM	CZĘSTOCHOWA	K40	40	K 129	00:00:27	01:01:59	01:56:18	02:25:18.26	02:25:45.93	+01:15:39 (51.99)
344	WIĘCKOWSKI Paweł	2073		OLSZOWIEC	M50	31	M 215	00:00:12	01:01:13	01:56:14	02:26:02.09	02:26:15.05	+01:16:09 (52.19)
345	MIERZEJEWSKI Dariusz	2130		BIĄŁYSTOK	M50	32	M 216	00:00:23	01:00:41	01:55:51	02:26:46.66	02:27:09.85	+01:17:03 (52.49)
346	BERNECKI Mateusz	2417		SUWAŁKI	M30	70	M 217	00:00:46	01:05:16	01:59:03	02:26:55.79	02:27:42.36	+01:17:36 (52.59)
347	SMOLEWSKA Jolanta	2212	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI	K50	20	K 130	00:00:03	01:02:35	01:56:00	02:27:56.74	02:27:59.97	+01:17:54 (52.69)
348	SNOP Sławomir	2067	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI	M40	69	M 218	00:00:03	01:02:35	01:55:51	02:27:56.24	02:28:00.05	+01:17:54 (52.69)
349	WALENDZIUK Łukasz	2329		BIĄŁYSTOK	M30	71	M 219	00:00:44	01:00:23	01:56:58	02:27:19.34	02:28:04.23	+01:17:58 (52.79)
350	PIETRZAK Katarzyna	2081	BŁĄŻEJA	POZNAŃ	K30	46	K 131	00:01:02	01:04:54	02:00:41	02:27:05.21	02:28:07.73	+01:18:01 (52.79)
351	FALKOWSKA Anna	2199		WARSZAWA	K30	47	K 132	00:00:03	01:05:15	02:01:18	02:28:21.42	02:28:24.96	+01:18:18 (52.89)
352	GRZĘDZIŃSKA Edyta	2418		SUWAŁKI, POW. SUWAŁKI	K20	24	K 133	00:00:46	01:05:16	01:59:50	02:28:01.50	02:28:47.92	+01:18:41 (52.99)
353	KOBYŁKA Małgorzata	2174	SUPERMARATON KALISZ	KALISZ	K50	21	K 134	00:00:43	01:02:21	02:00:37	02:28:25.24	02:29:08.63	+01:19:02 (53.09)
354	WIERCHOŁA Joanna	2274		LUBLIN	K60	3	K 135	00:00:57	01:04:08	01:59:44	02:28:14.36	02:29:11.72	+01:19:05 (53.09)
355	NOWOSIELSKA Monika	2132		PŁOCK	K40	41	K 136	00:01:02	01:03:52	01:59:15	02:28:18.01	02:29:20.32	+01:19:14 (53.19)
356	MACIAK Sylwester	2315	CROSSFIT OSTROŁĘKA	OSTROŁĘKA	M40	70	M 220	00:00:30	00:59:18	01:57:14	02:29:02.72	02:29:32.97	+01:19:26 (53.19)
357	ZABOROWSKA Emilia	2413		BIĄŁYSTOK	K20	25	K 137	00:00:09	01:00:40	01:58:09	02:29:26.02	02:29:35.91	+01:19:29 (53.19)
358	GOSK Jagoda	2448		BIĄŁYSTOK	K40	42	K 138	00:00:45	01:05:54	02:01:04	02:29:19.73	02:30:05.46	+01:19:59 (53.39)
359	KAVALIOVA Yuliya	2264		ŁAZY	K30	48	K 139	00:00:18	01:03:45	02:02:38	02:29:51.98	02:30:10.02	+01:20:04 (53.39)
360	CYUŃCZYK Agata	2075		BIĄŁYSTOK	K30	49	K 140	00:00:24	01:04:42	02:01:23	02:30:07.67	02:30:32.64	+01:20:26 (53.49)
361	GRYKO Jakub	2393		BIĄŁYSTOK	M30	72	M 221	00:00:24	01:04:42	02:01:24	02:30:08.20	02:30:32.89	+01:20:26 (53.49)
362	SOKÓLSKA Dorota	2244	TEAM ZABIEGANEDNI	WIĄZOWNA	K60	4	K 141	00:00:52	01:03:32	02:01:28	02:30:09.60	02:31:02.15	+01:20:56 (53.69)
363	SOKÓLSKI Tomasz	2243	TEAM ZABIEGANEDNI	WIĄZOWNA	M60	6	M 222	00:00:51	01:03:32	02:01:09	02:30:11.15	02:31:02.95	+01:20:56 (53.69)
364	KOVALIOV Kiryl	2263		ŁAZY	M30	73	M 223	00:00:18	01:03:44	02:02:38	02:31:26.39	02:31:45.19	+01:21:39 (53.89)
365	DRZEWICKA Katarzyna	2122		WARSZAWA	K30	50	K 142	00:00:47	01:03:06	02:00:18	02:31:29.52	02:32:17.38	+01:22:11 (54.09)
366	SKURSKA Klaudia	2002		WARSZAWA	K20	26	K 143	00:00:17	01:05:18	02:02:40	02:33:37.88	02:33:55.29	+01:23:49 (54.59)
367	SKARBEK-TWAROWSKA Ewelina	2388		PRUSZKÓW	K30	51	K 144	00:00:17	01:05:29	02:02:51	02:33:37.78	02:33:55.42	+01:23:49 (54.59)
368	NIEWIEROWSKA Magdalena	2168		BIĄŁYSTOK	K20	27	K 145	00:00:50	01:09:37	02:06:26	02:33:30.99	02:34:21.82	+01:24:15 (54.69)
369	ANTONIAK Joanna	2005	DOMINTEAM	WARSZAWA	K40	43	K 146	00:00:33	01:05:10	02:03:51	02:34:11.01	02:34:44.98	+01:24:39 (54.79)
370	LASKOWSKA Małgorzata	2340		DZBENIN	K40	44	K 147	00:00:09	01:04:26	02:02:09	02:34:50.98	02:35:00.28	+01:24:54 (54.89)
371	GROMEK Aleksandra	2115		OSTROŁĘKA	K40	45	K 148	00:00:08	01:03:14	02:02:17	02:34:51.38	02:35:00.32	+01:24:54 (54.89)
372	PRUSACZYK Edyta	2088	BIEGAM BO LUBIĘ OSTROŁĘKA	DZBENIN	K40	46	K 149	00:00:09	01:04:28	02:02:16	02:34:51.27	02:35:00.32	+01:24:54 (54.89)

373	PAWEŁKIEWICZ Edyta	2078	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI	K40	47	K 150	00:00:00	01:04:32	02:03:25	02:35:19.60	02:35:20.59	+01:25:14 (54.9%)
374	KLAMKA Wioletta	2055	ŚWIĘTOKRZYSKI WŁÓCZYKIJ	KIELCE	K50	22	K 151	00:00:36	01:05:34	02:03:08	02:35:02.37	02:35:38.78	+01:25:32 (55.0%)
375	KORYCIŃSKA Mariola	2254		WARSZAWA	K40	48	K 152	00:00:07	01:07:17	02:07:06	02:36:29.22	02:36:36.87	+01:26:30 (55.2%)
376	KOWALEWSKA Kowalewska	2008		WARSZAWA	K50	23	K 153	00:00:36	01:05:24	02:05:04	02:36:02.40	02:36:38.95	+01:26:32 (55.3%)
377	KOWALSKI Radosław	2144		ŁOSIA WÓLKA	M30	74	M 224	00:01:09	01:04:32	02:06:58	02:36:26.80	02:37:36.68	+01:27:30 (55.5%)
378	STANISZEWSKI Zygmunt	2015	SZCZUCZYN A/WISSA	SZCZUCZYN	M60	7	M 225	00:00:58	01:08:09	02:05:54	02:37:10.52	02:38:09.27	+01:28:03 (55.7%)
379	GAJOS Joanna	2051		BRWINÓW	K30	52	K 154	00:00:28	01:05:24	02:05:11	02:37:40.73	02:38:09.39	+01:28:03 (55.7%)
380	KOSSAKOWSKI Kamil	2367		OLSZEWO-BORKI	M40	71	M 226	00:00:59	01:04:05	02:08:30	02:38:00.02	02:38:59.75	+01:28:53 (55.9%)
381	KOSSAKOWSKA Anna	2366		BIAŁOBRZEG BLIŻSZY	K40	49	K 155	00:01:01	01:04:03	02:08:28	02:37:58.22	02:38:59.89	+01:28:53 (55.9%)
382	MOTYCZKO Dominika	2347	TOYOTA TEAM	BIAŁYSTOK	K30	53	K 156	00:00:22	01:04:30	02:06:11	02:38:53.18	02:39:15.84	+01:29:09 (56.0%)
383	HERMANOWICZ Izabela	2370	NIEDZIELNE BIEGACZKI	ŁÓDŹ	K40	50	K 157	00:00:59	01:06:10	02:08:50	02:39:04.76	02:40:04.23	+01:29:58 (56.2%)
384	LEŚNIAK-GĘBURA Agnieszka	2325	NIEDZIELNE BIEGACZKI	RĄBIEŃ AB	K50	24	K 158	00:00:59	01:06:10	02:08:50	02:39:04.80	02:40:04.31	+01:29:58 (56.2%)
385	ŁADA Dorota	2074	BIEGAM BO LUBIĘ OSTROŁĘKA	KRUKI	K50	25	K 159	00:00:41	01:05:30	02:05:25	02:39:37.94	02:40:19.20	+01:30:13 (56.3%)
386	ŁADA Dariusz	2080	BIEGAM BO LUBIĘ OSTROŁĘKA	OSTROŁĘKA	M50	33	M 227	00:00:41	01:05:29	02:05:24	02:39:37.62	02:40:19.49	+01:30:13 (56.3%)
387	GRANATYR Agnieszka	2159		SOBOLEWO	K40	51	K 160	00:00:28	01:07:41	02:10:35	02:40:40.55	02:41:08.57	+01:31:02 (56.5%)
388	MACIAK Sylwia	2313	CROSSFIT OSTROŁĘKA	OSTROŁĘKA	K40	52	K 161	00:00:29	01:07:40	02:10:34	02:40:39.13	02:41:08.59	+01:31:02 (56.5%)
389	GRZYB Michał	2485	RUN CREW OSTROŁĘKA	RZEKUŃ	M50	34	M 228	00:00:29	01:07:40	02:10:31	02:40:40.29	02:41:09.45	+01:31:03 (56.5%)
390	JANUSZEWSKA Ewa	2120	KLUB BIEGACZA SOKÓŁ BODZANÓW	PŁOCK	K50	26	K 162	00:01:00	01:07:12	02:07:01	02:40:14.10	02:41:14.56	+01:31:08 (56.5%)
391	ŚLUBOWSKA Katarzyna	2119		PŁOCK	K40	53	K 163	00:01:01	01:07:10	02:06:57	02:40:13.62	02:41:14.67	+01:31:08 (56.5%)
392	GRUSZCZYŃSKI Paweł	2007		TYCHY	M30	75	M 229	00:00:49	01:01:32	02:04:39	02:40:41.03	02:41:30.20	+01:31:24 (56.6%)
393	DOLEZIK Aleksandra	2006		TYCHY	K30	54	K 164	00:00:49	01:01:32	02:04:40	02:40:41.19	02:41:30.23	+01:31:24 (56.6%)
394	SOBOŃ Łukasz	2019	TMT	WARSZAWA	M30	76	M 230	00:00:30	01:06:33	02:10:28	02:41:31.21	02:42:02.10	+01:31:56 (56.7%)
395	SOBOŃ Marta	2227	TMT	WARSZAWA	K30	55	K 165	00:00:30	01:06:33	02:10:27	02:41:31.33	02:42:02.17	+01:31:56 (56.7%)
396	KOBUS-DUNAJ Lidia	2466	PBG RUNNING TEAM	ZĄBKI	K40	54	K 166	00:00:15	01:08:27	02:13:30	02:44:51.92	02:45:07.30	+01:35:01 (57.5%)
397	SMOŁA Paweł	2237		CHRZANÓW	M40	72	M 231	00:00:34	01:08:26	02:10:52	02:44:45.83	02:45:19.92	+01:35:13 (57.6%)
398	WOŹNIAK Adrian	2143		CZUBROWICE	M30	77	M 232	00:00:34	01:08:28	02:11:02	02:44:45.56	02:45:19.92	+01:35:13 (57.6%)
399	GADOMSKA Dominika	2196	ŻÓRAWSKI TEAM	WARSZAWA	K40	55	K 167	00:01:03	01:10:06	02:12:54	02:44:35.51	02:45:39.29	+01:35:33 (57.7%)
400	GADOMSKI Radosław	2247	PKO BANK POLSKI/ŻÓRAWSKI TEAM	WARSZAWA	M40	73	M 233	00:01:03	01:10:06	02:12:54	02:44:36.02	02:45:39.77	+01:35:33 (57.7%)
401	NIEWIEROWSKI Marek	2169		BIAŁYSTOK	M20	39	M 234	00:00:50	01:09:37	02:11:52	02:45:37.80	02:46:28.47	+01:36:22 (57.9%)
402	RALICKI Przemysław	2407		BIAŁYSTOK	M40	74	M 235	00:00:31	01:09:00	02:11:03	02:47:41.89	02:48:13.79	+01:38:07 (58.3%)
403	LASOTA Justyna	2435		DŁUGOŁĘKA	K40	56	K 168	00:00:22	01:09:37	02:15:18	02:48:51.73	02:49:13.88	+01:39:07 (58.6%)

404	BOCIAN Aneta	2157	WARSZAWA	K30	56	K 169	00:00:35	01:09:55	02:15:55	02:49:45.34	02:50:21.09	+01:40:15 (58.9%
405	KIELAR Robert	2156	WARSZAWA	M30	78	M 236	00:00:35	01:09:55	02:15:57	02:49:45.48	02:50:21.12	+01:40:15 (58.9%
406	DREŹEK Dorota	2158	WARSZAWA	K20	28	K 170	00:00:34	01:09:56	02:15:55	02:49:46.43	02:50:21.19	+01:40:15 (58.9%
407	NIEWIEROWSKI Grzegorz	2222	BIAŁYSTOK	M20	40	M 237	00:00:52	01:09:47	02:14:57	02:53:12.63	02:54:04.69	+01:43:58 (59.7%