

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
1	WASZAK Krzysztof	110	12 BZ SZCZECIN	MIERZYN		M-30	1	M 1	Tak	00:59:00.40		7:52	7.6 (100%)
2	CHRUŚCIŃSKI Kacper	21	12 BZ SZCZECIN	SZCZECIN		M-30	2	M 2	Tak	00:59:09.15	+00:00:08 (0.2%)	7:53	7.6 (100%)
3	KABAT Damian	46	12 BZ SZCZECIN	STARGARD		M-30	3	M 3	Tak	00:59:09.90	+00:00:09 (0.3%)	7:53	7.6 (100%)
4	ŻYCKI Karol	775		STARGARD		M-30	4	M 4	Tak	01:01:15.90	+00:02:15 (3.7%)	8:10	7.3 (96.1%)
5	PRZKOPOWICZ Bartosz	85	102. BATALION OCHRONY.	STARGARD		M-30	5	M 5	Tak	01:01:31.80	+00:02:31 (4.1%)	8:12	7.3 (96.1%)
6	SZYPKOWSKI Marek	98	NOTEĆ OCR TEAM	CHWIRAM		M-40	1	M 6	Tak	01:03:24.75	+00:04:24 (6.9%)	8:27	7.1 (93.4%)
7	WOJTASIK Fabian	115		WARSZAWA		M-30	6	M 7	Yes	01:03:44.05	+00:04:43 (7.4%)	8:29	7.1 (93.4%)
8	WOJCIECHOWSKI Tomasz	114		SZCZECIN		M-30	7	M 8		01:04:53.75	+00:05:53 (9.1%)	8:39	6.9 (90.8%)
9	HARHAJ Piotr	113	MUSTANGI STARGARD	STARGARD		M-40	2	M 9		01:04:59.40	+00:05:59 (9.2%)	8:39	6.9 (90.8%)
10	BOREK Marek	798		MASZEWO		M-16	1	M 10		01:05:37.90	+00:06:37 (10.1%)	8:44	6.9 (90.8%)
11	GOŁĘBIEWSKI Tomasz	36	FIRE TEAM	SZCZECIN		M-40	3	M 11	Tak	01:05:50.95	+00:06:50 (10.4%)	8:46	6.8 (89.5%)
12	PAWLISIAK Paweł	81	WKS KARACZAN TRZEBAWIE	DĘBNO		M-30	8	M 12		01:07:05.50	+00:08:05 (12.1%)	8:56	6.7 (88.2%)
13	KACZOR Michał	47	2 BATALION SAPERÓW	NOWY SĄCZ		M-16	2	M 13	Tak	01:07:11.20	+00:08:10 (12.2%)	8:57	6.7 (88.2%)
14	WÓJCIK Maciej	116		WIECHOWO		M-30	9	M 14		01:07:13.65	+00:08:13 (12.2%)	8:57	6.7 (88.2%)
15	OLEJARZ Damian	679	POL-BUD POLICE	POLICE		M-30	10	M 15		01:07:21.85	+00:08:21 (12.4%)	8:58	6.7 (88.2%)
16	WOJCIECHOWSKI Konrad	757	MUSTANGI STARGARD	STARGARD		M-16	3	M 16	Tak	01:07:41.50	+00:08:41 (12.8%)	9:01	6.6 (86.8%)
17	KĄCKI Arek	600		GRYFINO		M-16	4	M 17		01:07:49.80	+00:08:49 (13.0%)	9:02	6.6 (86.8%)
18	SKOWROŃSKI Andrzej	91	GRUPA MALBORK	MALBORK		M-40	4	M 18	Tak	01:09:11.85	+00:10:11 (14.7%)	9:13	6.5 (85.5%)
19	OKPIS Wojciech	77	SPRAWNI NA 5	GDYNIA		M-40	5	M 19	Tak	01:09:17.75	+00:10:17 (14.8%)	9:14	6.5 (85.5%)
20	SZULC Marcin	129	BOLI, BOLI	POLICE		M-40	6	M 20		01:09:50.40	+00:10:49 (15.5%)	9:18	6.4 (84.2%)
21	OSTOJSKI Ireneusz	78		POLICE		M-40	7	M 21		01:09:51.30	+00:10:50 (15.5%)	9:18	6.4 (84.2%)
22	KOWALSKA Natalia	56	SPRAWNI NA 5	KRAKÓW		K-30	1	K 1	Tak	01:09:57.80	+00:10:57 (15.7%)	9:19	6.4 (84.2%)
23	HOŁYŃSKI Leszek	40	FIRE TEAM	PRZECŁAW		M-30	11	M 22	Tak	01:10:45.60	+00:11:45 (16.6%)	9:26	6.4 (84.2%)
24	MIREK Mariusz	662		SZCZECIN		M-40	8	M 23	Tak	01:10:45.75	+00:11:45 (16.6%)	9:26	6.4 (84.2%)
25	BĘDKOWSKI Piotr	15	SWIM2TRI	WEŁTYŃ		M-30	12	M 24		01:11:18.95	+00:12:18 (17.3%)	9:30	6.3 (82.9%)
26	LOBA Jakub	63	SKB DZIK	ŻYDOWO		M-16	5	M 25		01:12:21.80	+00:13:21 (18.5%)	9:38	6.2 (81.6%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
27	PIETRUSZKA Artur	806	KWP SZCZECIN			M-40	9	M 26	Tak	01:12:25.00	+00:13:24 (18.5%)	9:39	6.2 (81.6%)
28	DUDEK Edyta	141	SKB DZIK	SZCZECIN		K-16	1	K 2	Tak	01:12:32.80	+00:13:32 (18.7%)	9:40	6.2 (81.6%)
29	ZAMOIĆ Daniel	767		BĘDARGOWO		M-30	13	M 27	Tak	01:12:54.60	+00:13:54 (19.1%)	9:43	6.2 (81.6%)
30	KLIMEK Piotr	606		SZCZECIN		M-40	10	M 28		01:12:59.55	+00:13:59 (19.2%)	9:43	6.2 (81.6%)
31	KAWKA Aneta	597		BANIEWICE		K-40	1	K 3		01:13:01.05	+00:14:00 (19.2%)	9:44	6.2 (81.6%)
32	MATUSIAK Mariusz	655	HELL'S HEAVEN SZCZECIN	SZCZECIN		M-40	11	M 29		01:13:08.15	+00:14:07 (19.3%)	9:45	6.2 (81.6%)
33	GRZELAK Andrzej	812	KWP SZCZECIN	SOKOZIENIEC		M-40	12	M 30	Tak	01:13:31.25	+00:14:30 (19.7%)	9:48	6.1 (80.3%)
34	KAPAŁA Dominik	789	HELL'S HEAVEN SZCZECIN	SZCZECIN		M-30	14	M 31		01:14:26.30	+00:15:25 (20.7%)	9:55	6 (78.9%)
35	LUDEW Tomasz	638		POLICE		M-30	15	M 32		01:15:20.30	+00:16:19 (21.7%)	10:02	6 (78.9%)
36	ZAMYSZEWSKI Mateusz	804	3PSAP	ŚWIECIE		M-30	16	M 33	Tak	01:15:43.75	+00:16:43 (22.1%)	10:05	5.9 (77.6%)
37	STERNA Maciej	724	MACAMA	POLICE		M-30	17	M 34		01:15:43.90	+00:16:43 (22.1%)	10:05	5.9 (77.6%)
38	MAJCHRZAK Dominik	132	KWP SZCZECIN	SZCZECIN		M-40	13	M 35	Tak	01:15:53.80	+00:16:53 (22.3%)	10:07	5.9 (77.6%)
39	WERS Marcin	750	JRG ŚLAWNO	MALECHOWO		M-30	18	M 36	Tak	01:15:56.00	+00:16:55 (22.3%)	10:07	5.9 (77.6%)
40	PARADZIŃSKI Dawid	79	OCR NOWOGARD	NOWOGARD		M-16	6	M 37		01:16:08.30	+00:17:07 (22.5%)	10:09	5.9 (77.6%)
41	NOWICKI Marcel	676		MYŚLIÓRZ		M-16	7	M 38		01:16:12.30	+00:17:11 (22.6%)	10:09	5.9 (77.6%)
42	BRUMIRSKI Bartek	521		STARGARD		M-40	14	M 39		01:16:23.55	+00:17:23 (22.8%)	10:11	5.9 (77.6%)
43	POPCZYK Mariusz	82		POLICE		M-30	19	M 40		01:16:49.80	+00:17:49 (23.2%)	10:14	5.9 (77.6%)
44	ZELEK Dariusz	119		POLICE		M-50	1	M 41		01:17:01.60	+00:18:01 (23.4%)	10:16	5.8 (76.3%)
45	GIELNIK Katarzyna	30	12 BZ SZCZECIN	SZCZECIN		K-16	2	K 4	Tak	01:17:13.80	+00:18:13 (23.6%)	10:17	5.8 (76.3%)
46	RACZYŃSKA Anna	702	7 BRYGADA OBRONY WYBRZEŻA	ŚLUPSK		K-40	2	K 5	Tak	01:17:56.65	+00:18:56 (24.3%)	10:23	5.8 (76.3%)
47	KASZYŃSKI Paweł	595	JRG ŚLAWNO	DARŁOWO		M-30	20	M 42	Tak	01:17:57.00	+00:18:56 (24.3%)	10:23	5.8 (76.3%)
48	MEYER Irek	70		BERGISCHE GLADBACH		M-50	2	M 43		01:18:06.25	+00:19:05 (24.5%)	10:24	5.8 (76.3%)
49	MALYHIN Mikalai	66		SZCZECIN		M-40	15	M 44		01:18:14.95	+00:19:14 (24.6%)	10:25	5.8 (76.3%)
50	SOBCZYK Damian	718	JRG ŚLAWNO	WILKOWICE		M-30	21	M 45	Tak	01:18:17.95	+00:19:17 (24.6%)	10:26	5.7 (75.0%)
51	BUCHOLC Zbigniew	19	HELL'S HEAVEN CF	MIERZYN		M-40	16	M 46		01:18:37.05	+00:19:36 (24.9%)	10:28	5.7 (75.0%)
52	GŁOGOWSKI Dawid	808	MDM	SZCZECIN		M-30	22	M 47	Tak	01:19:00.10	+00:19:59 (25.3%)	10:32	5.7 (75.0%)

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53	KOWALSKI Michał	618	JRG SŁAWNO	TYCHOWO		M-16	8	M 48	Tak	01:19:14.85	+00:20:14 (25.5%)	10:33	5.7 (75.0%)
54	BRZOZOWSKI Adrian	525	MILIONERZY	POLICE		M-30	23	M 49		01:21:00.55	+00:22:00 (27.2%)	10:48	5.6 (73.7%)
55	DĘBICKI Bartosz	535	ODDZIAŁ PREWENCJI POLICJI W SZCZECINIE	SZCZECIN		M-30	24	M 50	Tak	01:21:51.90	+00:22:51 (27.9%)	10:54	5.5 (72.4%)
56	JADCZYK Dawid	570	ODDZIAŁ PREWENCJI POLICJI W SZCZECINIE	SOWNO		M-30	25	M 51	Tak	01:21:52.05	+00:22:51 (27.9%)	10:54	5.5 (72.4%)
57	DOBISZEWSKI Bartosz	536	ODDZIAŁ PREWENCJI POLICJI W SZCZECINIE	SZCZECIN		M-16	9	M 52	Tak	01:21:56.55	+00:22:56 (28.0%)	10:55	5.5 (72.4%)
58	KAWKA Wojciech	598		BANIEWICE		M-40	17	M 53		01:22:08.05	+00:23:07 (28.2%)	10:57	5.5 (72.4%)
59	CHENON Guillaume	20	WIECZORNE BIEGANIE W SZCZECINIE	MAYET		M-40	18	M 54		01:22:10.55	+00:23:10 (28.2%)	10:57	5.5 (72.4%)
60	ANTOSIK Bartosz	507	NA PRZYPALE ALBO WCALE!!!	MIERZYN		M-40	19	M 55		01:22:27.25	+00:23:26 (28.4%)	10:59	5.5 (72.4%)
61	GRZESZCZAK Radosław	127		SZCZECIN		M-30	26	M 56	Tak	01:22:34.85	+00:23:34 (28.5%)	11:00	5.5 (72.4%)
62	NOWICKI Maciej	677		MYŚLIBÓRZ		M-40	20	M 57		01:22:36.30	+00:23:35 (28.6%)	11:00	5.4 (71.1%)
63	MAŁOCHA Piotr	802	ZK KRZYWANIEC	NOWA SÓL		M-40	21	M 58	Tak	01:23:21.50	+00:24:21 (29.2%)	11:06	5.4 (71.1%)
64	RAFALSKI Bartek	704	KWP SZCZECIN	SZCZECIN		M-30	27	M 59	Tak	01:23:25.55	+00:24:25 (29.3%)	11:07	5.4 (71.1%)
65	HODERNY Mateusz	621	JRG GRYFICE	TRZYGLÓW		M-16	10	M 60	Tak	01:23:34.50	+00:24:34 (29.4%)	11:08	5.4 (71.1%)
66	AUGUŚCIK Marcin	807	KWP SZCZECIN	SZCZECIN		M-30	28	M 61	Tak	01:23:57.20	+00:24:56 (29.7%)	11:11	5.4 (71.1%)
67	RYKAŁA Krzysztof	87	HELENKA TEAM	POLICE		M-40	22	M 62		01:24:07.00	+00:25:06 (29.9%)	11:12	5.3 (69.7%)
68	RYKAŁA Klaudia	710	HELENKA TEAM	POLICE		K-16	3	K 6		01:24:28.55	+00:25:28 (30.1%)	11:15	5.3 (69.7%)
69	BORUCIŃSKI Tomasz	818		GRYFINO		M-30	29	M 63		01:24:51.45	+00:25:51 (30.5%)	11:18	5.3 (69.7%)
70	WEBER Mirela	112	MILIONERZY	POLICE		K-30	2	K 7		01:25:30.25	+00:26:29 (31.0%)	11:24	5.3 (69.7%)
71	GIERMAKOWSKI Błażej	31	ALBATROS ULTIMATE SZCZECIN	SZCZECIN		M-30	30	M 64		01:25:47.10	+00:26:46 (31.2%)	11:26	5.2 (68.4%)
72	DYDEK Arkadiusz	143	SKB DZIK	SZCZECIN		M-30	31	M 65	Tak	01:26:20.45	+00:27:20 (31.7%)	11:30	5.2 (68.4%)
73	STOLARSKI Wiktor	821	MUSTANGI STARGARD	STARGARD		M-16	11	M 66		01:26:41.70	+00:27:41 (31.9%)	11:33	5.2 (68.4%)
74	BONIECKI Dariusz	16		SZCZECIN		M-40	23	M 67		01:27:11.10	+00:28:10 (32.3%)	11:37	5.2 (68.4%)
75	KAŻMIERCZAK Magda	51	1 DYWIZJON LOTNICZY	ŁÓDŹ		K-16	4	K 8	Tak	01:27:28.20	+00:28:27 (32.5%)	11:39	5.1 (67.1%)
76	TABAKA Krzysztof	101	1 DYWIZJON LOTNICZY	SIERADZ		M-40	24	M 68	Tak	01:27:29.25	+00:28:28 (32.6%)	11:39	5.1 (67.1%)
77	KAMIŃSKA Agata	49	CROSS TRAINING WARSZEWO	SZCZECIN		K-40	3	K 9		01:27:39.90	+00:28:39 (32.7%)	11:41	5.1 (67.1%)
78	KLEPACKI Bartosz	52		POLICE		M-40	25	M 69		01:28:18.25	+00:29:17 (33.2%)	11:46	5.1 (67.1%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
79	SASAK Michał	89	12 BZ SZCZECIN	GOLENIOW		M-30	32	M 70	Tak	01:28:38.60	+00:29:38 (33.4%)	11:49	5.1 (67.1%)
80	WIERZBICKA Katarzyna	125	INSTRUKTOR PŁYWANIA ŁUKASZ PODLECKI TEAM	SZCZECIN		K-30	3	K 10	Tak	01:28:44.05	+00:29:43 (33.5%)	11:49	5.1 (67.1%)
81	FURMANIAK Piotr	27	GRUPA MALBORK	MALBORK		M-40	26	M 71		01:28:45.20	+00:29:44 (33.5%)	11:50	5.1 (67.1%)
82	ZABORA Paweł	117		POLICE		M-40	27	M 72		01:29:20.10	+00:30:19 (33.9%)	11:54	5 (65.8%)
83	SPYCHALSKI Filip	720	CHEMICY	TANOWO		M-16	12	M 73	Tak	01:29:54.60	+00:30:54 (34.4%)	11:59	5 (65.8%)
84	SURMA Kamil	95	ZALATANI1.BLTR	WARSZAWA		M-40	28	M 74	Tak	01:30:30.75	+00:31:30 (34.8%)	12:04	5 (65.8%)
85	KAŻMIERCZAK Mateusz	599		SZCZECIN		M-30	33	M 75		01:31:58.45	+00:32:58 (35.8%)	12:15	4.9 (64.5%)
86	ZEMANKIEWICZ Sebastian	770	HELL'S HEAVEN SZCZECIN	SZCZECIN		M-30	34	M 76		01:32:06.00	+00:33:05 (35.9%)	12:16	4.9 (64.5%)
87	WIŚNIEWSKI Sprzedający	755		SZCZECIN		M-40	29	M 77		01:32:06.15	+00:33:05 (35.9%)	12:16	4.9 (64.5%)
88	WAHN Przemysław	745		SZCZECIN		M-40	30	M 78		01:32:09.15	+00:33:08 (36.0%)	12:17	4.9 (64.5%)
89	JADCZAK Sebastian	569	OTAKU	POLICE		M-30	35	M 79		01:32:45.85	+00:33:45 (36.4%)	12:22	4.9 (64.5%)
90	GIETKO Szymon	556	MIĘTUSY	SZCZECIN		M-16	13	M 80		01:32:49.55	+00:33:49 (36.4%)	12:22	4.8 (63.2%)
91	NOWAK Kamil	673		PRZEMOCZE		M-30	36	M 81		01:32:56.25	+00:33:55 (36.5%)	12:23	4.8 (63.2%)
92	STARZEC Damian	326	KWP SZCZECIN	SZCZECIN		M-30	37	M 82		01:32:57.20	+00:33:56 (36.5%)	12:23	4.8 (63.2%)
93	TARGOSZ Łukasz	102		RADECZ		M-30	38	M 83		01:33:09.85	+00:34:09 (36.7%)	12:25	4.8 (63.2%)
94	WĄS Krzysztof	111		SIEMIANICE		M-40	31	M 84	Tak	01:33:14.50	+00:34:14 (36.7%)	12:25	4.8 (63.2%)
95	KUCZA Szymon	61		SZCZECIN		M-30	39	M 85		01:33:17.15	+00:34:16 (36.7%)	12:26	4.8 (63.2%)
96	WARCZALOWSKI Arkadiusz	108		DOBRA		M-40	32	M 86		01:34:16.20	+00:35:15 (37.4%)	12:34	4.8 (63.2%)
97	ŚWIERCZ Ewa	100	NORDICOWE SOBOTY	DOBRA		K-50	1	K 11		01:34:18.80	+00:35:18 (37.4%)	12:34	4.8 (63.2%)
98	ŁOMAŃSKI Michał	639	JRG GRZYFICE	WRZOSOWO		M-30	40	M 87	Tak	01:34:19.50	+00:35:19 (37.4%)	12:34	4.8 (63.2%)
99	DYWELSKI Marcin	545	WOLF TEAM	STARGARD		M-40	33	M 88		01:34:33.85	+00:35:33 (37.6%)	12:36	4.8 (63.2%)
100	ŁUDCZAK Tomasz	643	MUSTANGI STARGARD	STARGARD		M-30	41	M 89		01:35:06.05	+00:36:05 (38.0%)	12:40	4.7 (61.8%)
101	JAKUBOWSKA Angelika	572	MUSTANGI STARGARD	STARGARD		K-30	4	K 12		01:35:07.60	+00:36:07 (38.0%)	12:40	4.7 (61.8%)
102	DURLEJ Adrian	542	HELL'S HEAVEN SZCZECIN	SZCZECIN		M-50	3	M 90		01:35:31.30	+00:36:30 (38.2%)	12:44	4.7 (61.8%)
103	CZERNIAK Oskar	531		TRZESZCZYN		M-16	14	M 91		01:36:05.00	+00:37:04 (38.6%)	12:48	4.7 (61.8%)
104	KUBIK Michał	60		POLICE		M-30	42	M 92		01:36:07.95	+00:37:07 (38.6%)	12:48	4.7 (61.8%)

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105	WASYLENKO Bartłomiej	749		SZCZECIN		M-40	34	M 93		01:36:22.50	+00:37:22 (38.8%)	12:50	4.7 (61.8%)
106	GARBACIAK Przemysław	28		STARGARD		M-40	35	M 94		01:36:39.85	+00:37:39 (39.0%)	12:53	4.7 (61.8%)
107	MIKSZA Paweł	72	21 BAZA LOTNICTWA TAKTYCZNEGO	ŚWIDWIN		M-30	43	M 95	Tak	01:36:57.65	+00:37:57 (39.1%)	12:55	4.6 (60.5%)
108	SZMIGIELSKI Mateusz	733	MEDIA EXPERT	ŁÓDŹ		M-16	15	M 96		01:37:02.85	+00:38:02 (39.2%)	12:56	4.6 (60.5%)
109	KALINOWSKI Aleks	588		SZCZECIN		M-16	16	M 97		01:37:05.10	+00:38:04 (39.2%)	12:56	4.6 (60.5%)
110	KOŁODZIEJCZYK Rafał	851		SZCZECIN		M-16	17	M 98		01:37:12.75	+00:38:12 (39.3%)	12:57	4.6 (60.5%)
111	ŁUKASIK Karolina	644	MILIONERZY	SZCZECIN		K-30	5	K 13		01:37:33.20	+00:38:32 (39.5%)	13:00	4.6 (60.5%)
112	SZYMANSKI Mateusz	97	1312	SKARZYSKO		M-30	44	M 99		01:37:57.20	+00:38:56 (39.8%)	13:03	4.6 (60.5%)
113	DAWID Nowek	32	1312	MOKRA		M-16	18	M 100		01:38:41.95	+00:39:41 (40.2%)	13:09	4.6 (60.5%)
114	SZCZEPANIK Patryk	96		GRYFINO		M-30	45	M 101		01:39:02.95	+00:40:02 (40.4%)	13:12	4.5 (59.2%)
115	KRUK Agnieszka	58	GRUPA MALBORK	SZYMANKOWO		K-40	4	K 14		01:39:03.25	+00:40:02 (40.4%)	13:12	4.5 (59.2%)
116	KWIATKOWSKI Michał	427		POLICE		M-30	46	M 102		01:39:06.20	+00:40:05 (40.5%)	13:12	4.5 (59.2%)
117	ZIĘCIK Paweł	123		GRYFINO		M-30	47	M 103		01:39:06.75	+00:40:06 (40.5%)	13:12	4.5 (59.2%)
118	NOWAK Paweł	674	JRG GRYFICE	PŁOTY		M-40	36	M 104	Tak	01:39:40.30	+00:40:39 (40.8%)	13:17	4.5 (59.2%)
119	SOKOŁOWSKI Miłosz	719		SZCZECIN		M-30	48	M 105		01:40:24.40	+00:41:23 (41.2%)	13:23	4.5 (59.2%)
120	JUSINSKA Anna	45	21 BAZA LOTNICTWA TAKTYCZNEGO	SŁAWOBORZE		K-50	2	K 15	Tak	01:40:29.75	+00:41:29 (41.3%)	13:23	4.5 (59.2%)
121	LIBERACKI Oskar	637		STARGARD		M-30	49	M 106	Tak	01:40:46.85	+00:41:46 (41.5%)	13:26	4.5 (59.2%)
122	MOŁDOCH Adam	663	12BZ	STARGARD		M-30	50	M 107	Tak	01:40:51.25	+00:41:50 (41.5%)	13:26	4.5 (59.2%)
123	WALUS Paweł	748		SZCZECIN		M-40	37	M 108		01:40:55.00	+00:41:54 (41.5%)	13:27	4.5 (59.2%)
124	SMOCZYŃSKI Paweł	717	12BZ	SZCZECIN		M-30	51	M 109	Tak	01:41:05.80	+00:42:05 (41.6%)	13:28	4.5 (59.2%)
125	TROJANOWSKA Aleksandra	106	OŻW SZCZECIN	SZCZECIN		K-30	6	K 16	Tak	01:41:12.50	+00:42:12 (41.7%)	13:29	4.4 (57.9%)
126	WASILEWSKI Andrzej	109	WILKI Z CIECHOCINKA	SZCZECIN		M-40	38	M 110		01:41:13.10	+00:42:12 (41.7%)	13:29	4.4 (57.9%)
127	KWASNIEWSKI Wojciech	632	POLANIE PIERZCHNICA	SZCZECIN		M-40	39	M 111		01:41:13.70	+00:42:13 (41.7%)	13:29	4.4 (57.9%)
128	BRYZEK Filip	523		SZCZECIN		M-16	19	M 112		01:41:14.80	+00:42:14 (41.7%)	13:29	4.4 (57.9%)
129	BRYLIŃSKI Michał	522	JRG GRYFICE	DOBRZYCA		M-30	52	M 113	Tak	01:41:21.45	+00:42:21 (41.8%)	13:30	4.4 (57.9%)
130	GOLIŃSKI Łukasz	35	21 BAZA LOTNICTWA TAKTYCZNEGO	ŚWIDWIN		M-40	40	M 114	Tak	01:41:21.70	+00:42:21 (41.8%)	13:30	4.4 (57.9%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
131	PRZYBYLSKI Bartek	697	JRG GRYFICE	GRYFICE		M-16	20	M 115	Tak	01:41:22.85	+00:42:22 (41.8%)	13:30	4.4 (57.9%)
132	GRĄCZEWSKA-GŁOGOWSKA Magdalena	561	MDM	SZCZECIN		K-30	7	K 17		01:41:28.45	+00:42:28 (41.9%)	13:31	4.4 (57.9%)
133	WOSIAK Paweł	760		SZCZECIN		M-30	53	M 116		01:41:34.55	+00:42:34 (41.9%)	13:32	4.4 (57.9%)
134	SKRZYPKOWSKA Anna	92		SZCZECIN		K-30	8	K 18		01:41:34.70	+00:42:34 (41.9%)	13:32	4.4 (57.9%)
135	ŁUCZ Daniel	642		PRUSZKÓW		M-30	54	M 117		01:41:45.00	+00:42:44 (42.0%)	13:34	4.4 (57.9%)
136	NOWICKI Mikołaj	76	OŻW SZCZECIN	SZCZECIN		M-30	55	M 118	Tak	01:41:51.75	+00:42:51 (42.1%)	13:34	4.4 (57.9%)
137	TOMCZAK Maksymilian	105		SZCZECIN		M-16	21	M 119		01:41:59.40	+00:42:58 (42.1%)	13:35	4.4 (57.9%)
138	ŁAGOSZ Marcin	64		SZCZECIN		M-40	41	M 120	Tak	01:42:01.35	+00:43:00 (42.2%)	13:36	4.4 (57.9%)
139	NOWAK-PIASECKA Dorota	675	JRG GRYFICE	PRZECŁAW		K-40	5	K 19		01:42:34.95	+00:43:34 (42.5%)	13:40	4.4 (57.9%)
140	BORYS Andrzej	520		SZCZECIN		M-50	4	M 121	Tak	01:43:23.65	+00:44:23 (42.9%)	13:47	4.4 (57.9%)
141	JASIŃSKI Mariusz	43	OŻW SZCZECIN	SZCZEXIN		M-40	42	M 122	Tak	01:43:24.10	+00:44:23 (42.9%)	13:47	4.4 (57.9%)
142	MATUSIAK Agnieszka	656	HELL'S HEAVEN SZCZECIN	SZCZECIN		K-30	9	K 20		01:43:24.80	+00:44:24 (42.9%)	13:47	4.4 (57.9%)
143	KASZA Dawid	594		SZCZECIN		M-30	56	M 123		01:43:36.05	+00:44:35 (43.0%)	13:48	4.3 (56.6%)
144	TRYSZCZ Tobiasz	107	ZBPŚ	SZCZECIN		M-30	57	M 124		01:44:17.25	+00:45:16 (43.4%)	13:54	4.3 (56.6%)
145	MADALIŃSKI Maciej	649		POLICE		M-16	22	M 125		01:44:25.25	+00:45:24 (43.5%)	13:55	4.3 (56.6%)
146	ULIASZ Mateusz	744		WĘGORZYNO		M-30	58	M 126		01:44:56.45	+00:45:56 (43.8%)	13:59	4.3 (56.6%)
147	SZAFRANIEC Piotr	727		ŚWIĘTE		M-30	59	M 127		01:44:57.35	+00:45:56 (43.8%)	13:59	4.3 (56.6%)
148	FARYSEJ Daniel	549		STARGARD		M-16	23	M 128		01:45:02.60	+00:46:02 (43.8%)	14:00	4.3 (56.6%)
149	KAŻMIERCZAK Wojciech	50	ZBPŚ	SZCZECIN		M-30	60	M 129		01:47:00.75	+00:48:00 (44.9%)	14:16	4.2 (55.3%)
150	DURAJ Kacper	541		TANOWO		M-16	24	M 130	Tak	01:47:04.75	+00:48:04 (44.9%)	14:16	4.2 (55.3%)
151	ŚLIWIŃSKI Adam	737		SZCZECIN		M-16	25	M 131		01:47:06.25	+00:48:05 (44.9%)	14:16	4.2 (55.3%)
152	ZARZECKA Kamila	118	GRUPA MALBORK	MALBORK		K-30	10	K 21		01:47:20.90	+00:48:20 (45.0%)	14:18	4.2 (55.3%)
153	ROMANOWICZ Monika	707	MEDIA EXPERT	KOSZALIN		K-30	11	K 22		01:47:58.40	+00:48:57 (45.4%)	14:23	4.2 (55.3%)
154	DORAWA-ZIOMEK Anna	537	MEDIA EXPERT	KOSZALIN		K-40	6	K 23		01:47:58.50	+00:48:58 (45.4%)	14:23	4.2 (55.3%)
155	KATA Marcin	596	MEDIA EXPERT	NOWE BIELICE		M-40	43	M 132		01:47:58.60	+00:48:58 (45.4%)	14:23	4.2 (55.3%)
156	BORYS Marek	17		SZCZECIN		M-16	26	M 133		01:48:17.80	+00:49:17 (45.5%)	14:26	4.2 (55.3%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
157	MYŁKA Jerzy	668		POLICE		M-40	44	M 134		01:48:23.30	+00:49:22 (45.6%)	14:27	4.2 (55.3%)
158	MAZUR Dominik	660		POLICE		M-16	27	M 135		01:48:26.65	+00:49:26 (45.6%)	14:27	4.2 (55.3%)
159	DYDEK Dorota	142	SKB DZIK	SZCZECIN		K-50	3	K 24	Tak	01:48:32.35	+00:49:31 (45.6%)	14:28	4.1 (53.9%)
160	ŚCISŁOWSKI Grzegorz	735		POLICE		M-40	45	M 136		01:48:40.60	+00:49:40 (45.7%)	14:29	4.1 (53.9%)
161	DUBLIŃSKI Marek	803	ZK KRZYWANIEC	STARGARD		M-40	46	M 137	Tak	01:49:04.10	+00:50:03 (45.9%)	14:32	4.1 (53.9%)
162	WRÓBEL Emilia	761		SZCZECIN		K-30	12	K 25		01:49:07.30	+00:50:06 (45.9%)	14:32	4.1 (53.9%)
163	MATYSEK Ireneusz	67	KOMANDOS WAŁECKI	WAŁCZ DRUGI		M-60	1	M 138		01:49:07.80	+00:50:07 (45.9%)	14:32	4.1 (53.9%)
164	HELBIK Michał	564		SZCZECIN		M-30	61	M 139		01:49:08.50	+00:50:08 (45.9%)	14:33	4.1 (53.9%)
165	MUSZAŁSKI Artur	667		KOWARY		M-30	62	M 140		01:49:15.15	+00:50:14 (46.0%)	14:34	4.1 (53.9%)
166	HONCHARENKO Danylo	568		SZCZECIN		M-30	63	M 141		01:49:32.00	+00:50:31 (46.1%)	14:36	4.1 (53.9%)
167	SUŚLAK Aleks	777	OSP TRZEBIEŻ	POLICE		M-16	28	M 142	Tak	01:49:52.35	+00:50:51 (46.3%)	14:38	4.1 (53.9%)
168	NOWAK Łukasz	801	ZK KRZYWANIEC	GUBIN		M-30	64	M 143	Tak	01:49:59.20	+00:50:58 (46.4%)	14:39	4.1 (53.9%)
169	CHEŁMINIAK Kacper	526		POLICE		M-16	29	M 144		01:50:24.40	+00:51:23 (46.6%)	14:43	4.1 (53.9%)
170	GIETKO Piotr	555	MIĘTUSY	SZCZECIN		M-40	47	M 145		01:50:33.25	+00:51:32 (46.6%)	14:44	4.1 (53.9%)
171	SZCZYTNIEWSKI Gracjan	732		POLICE		M-16	30	M 146		01:50:51.45	+00:51:51 (46.8%)	14:46	4.1 (53.9%)
172	WISZNIEWSKI Marcin	754		SZCZECIN		M-40	48	M 147		01:51:06.00	+00:52:05 (46.9%)	14:48	4.1 (53.9%)
173	TAUBE-KACZOR Monika	103	2 BATALION SAPERÓW	KOLIN		K-30	13	K 26	Tak	01:51:11.95	+00:52:11 (46.9%)	14:49	4 (52.6%)
174	OKOŃ Kinga	678	KP NIEBUSZEWO	SZCZECIN		K-16	5	K 27	Tak	01:51:12.30	+00:52:11 (46.9%)	14:49	4 (52.6%)
175	ŚWIĄTEK Bronisław	99	SAMOTNY WILK	KALISZ		M-60	2	M 148		01:51:37.80	+00:52:37 (47.1%)	14:52	4 (52.6%)
176	NAPIÓRKOWSKI Kacper	805		SZCZECIN		M-16	31	M 149		01:52:16.80	+00:53:16 (47.4%)	14:58	4 (52.6%)
177	SĘK Dariusz	711	MIĘTUSY	SZCZECIN		M-50	5	M 150		01:53:23.50	+00:54:23 (48.0%)	15:07	4 (52.6%)
178	SĘK Alan	712	MIĘTUSY	SZCZECIN		M-16	32	M 151		01:53:23.70	+00:54:23 (48.0%)	15:07	4 (52.6%)
179	DZIMIŃSKI Kacper	547		GRYFICE		M-16	33	M 152		01:53:59.55	+00:54:59 (48.2%)	15:11	3.9 (51.3%)
180	BOROWSKI Tomasz	519		SZCZECIN		M-16	34	M 153		01:54:00.95	+00:55:00 (48.2%)	15:12	3.9 (51.3%)
181	BOROWSKI Jakub	518		SZCZECIN		M-16	35	M 154		01:54:06.00	+00:55:05 (48.3%)	15:12	3.9 (51.3%)
182	HAWRYŁAK Marcin	39	14ZBOT/143 BLP	SZCZECIN		M-50	6	M 155	Tak	01:54:30.70	+00:55:30 (48.5%)	15:16	3.9 (51.3%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
183	WYSOCKI Grzegorz	764		POLICE		M-40	49	M 156		01:54:50.10	+00:55:49 (48.6%)	15:18	3.9 (51.3%)
184	KOLCZYŃSKA Anna	610	MUSTANGI	STARGARD		K-40	7	K 28		01:54:52.35	+00:55:51 (48.6%)	15:18	3.9 (51.3%)
185	SEŃCZYK Sara	90		MALBORK		K-16	6	K 29		01:54:59.25	+00:55:58 (48.7%)	15:19	3.9 (51.3%)
186	SZYDŁOWSKI Krzysztof	734	KP NIEBUSZEWO	SZCZECIN		M-40	50	M 157	Tak	01:55:58.70	+00:56:58 (49.1%)	15:27	3.9 (51.3%)
187	MORDAS Martyna	664	ZORRO	SZCZECIN		K-30	14	K 30		01:56:19.60	+00:57:19 (49.3%)	15:30	3.9 (51.3%)
188	RYBACKA Agata	709		SZCZECIN		K-40	8	K 31		01:56:32.10	+00:57:31 (49.4%)	15:32	3.9 (51.3%)
189	MATUSIEWICZ Aleksander	657		SZCZECIN		M-30	65	M 158		01:56:39.00	+00:57:38 (49.4%)	15:33	3.9 (51.3%)
190		800				Drużyna	1	1		01:56:41.05	+00:57:40 (49.4%)	15:33	3.9 (51.3%)
191	MADEJAK Tomasz	650	KP NIEBUSZEWO	SZCZECIN		M-30	66	M 159	Tak	01:56:46.70	+00:57:46 (49.5%)	15:34	3.9 (51.3%)
192	BEDNARZ Katarzyna	13		KOŁOBRZEG		K-50	4	K 32		01:56:52.10	+00:57:51 (49.5%)	15:34	3.9 (51.3%)
193	BAJER Marcel	510		POLICE		M-16	36	M 160		01:56:55.50	+00:57:55 (49.5%)	15:35	3.8 (50.0%)
194	CZERWIŃSKI Tomasz	532		CEDYNIA		M-40	51	M 161		01:57:15.65	+00:58:15 (49.7%)	15:38	3.8 (50.0%)
195	JEŻYK Artur	578	KP NIEBUSZEWO	SZCZECIN		M-40	52	M 162	Tak	01:57:33.10	+00:58:32 (49.8%)	15:40	3.8 (50.0%)
196	WIJAS Jakub	753	MEDIAEXPERT	POLICE		M-16	37	M 163		01:57:59.35	+00:58:58 (50.0%)	15:43	3.8 (50.0%)
197	MEYER Joanna	71		BERGISCHE GLADBACH		K-50	5	K 33		01:58:24.15	+00:59:23 (50.2%)	15:47	3.8 (50.0%)
198	APANASIEWICZ Rafał	508		DOBRA		M-30	67	M 164		01:58:33.05	+00:59:32 (50.2%)	15:48	3.8 (50.0%)
199	SZCZUBIAŁ Wojciech	731		DOBRA		M-30	68	M 165		01:58:37.00	+00:59:36 (50.3%)	15:48	3.8 (50.0%)
200	ADAMEK Kamil	502		DOBRA		M-40	53	M 166		01:58:39.40	+00:59:38 (50.3%)	15:49	3.8 (50.0%)
201	BACH Agata	11		MALBORK		K-40	9	K 34		01:58:42.10	+00:59:41 (50.3%)	15:49	3.8 (50.0%)
202	KACZEMBA Emil	585		DOBRA		M-30	69	M 167		01:58:42.15	+00:59:41 (50.3%)	15:49	3.8 (50.0%)
203	GARSTKA Izabela	29	GRUPA MALBORK	MALBORK		K-40	10	K 35		01:58:43.00	+00:59:42 (50.3%)	15:49	3.8 (50.0%)
204	KALINOWSKI Dariusz	587		SZCZECIN		M-50	7	M 168		01:58:46.10	+00:59:45 (50.3%)	15:50	3.8 (50.0%)
205	WALASZCZYK Karol	746	DZIKI PATROL	POLICE		M-16	38	M 169		01:58:46.75	+00:59:46 (50.3%)	15:50	3.8 (50.0%)
206	LATKO Natalia	634	DZIKI PATROL	POLICE		K-16	7	K 36		01:58:47.75	+00:59:47 (50.3%)	15:50	3.8 (50.0%)
207	JĘDRZEJEWSKI Adam	581		POLICE		M-30	70	M 170		01:59:03.90	+01:00:03 (50.4%)	15:52	3.8 (50.0%)
208	JĘDRZEJEWSKA Ewa	579		POLICE		K-40	11	K 37		01:59:44.10	+01:00:43 (50.7%)	15:57	3.8 (50.0%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
209	HERMANOWICZ Paulina	566	ZORRO	SZCZECIN		K-30	15	K 38		02:00:28.55	+01:01:28 (51.0%)	16:03	3.7 (48.7%)
210	HERMANOWICZ Miłosz	565	ZORRO	SZCZECIN		M-40	54	M 171		02:00:29.55	+01:01:29 (51.0%)	16:03	3.7 (48.7%)
211	PASZKOWSKI Fabian	684		SZCZECIN		M-16	39	M 172		02:00:31.55	+01:01:31 (51.0%)	16:04	3.7 (48.7%)
212	KRYSZEWSKI Artur	627		DYMACZEWO STARE		M-30	71	M 173	Tak	02:00:32.20	+01:01:31 (51.0%)	16:04	3.7 (48.7%)
213	KARCZMARZ Dawid	591	JRG GRYFICE	GOLCZEWO		M-16	40	M 174	Tak	02:01:20.10	+01:02:19 (51.4%)	16:10	3.7 (48.7%)
214	CHWALENCKI Grzegorz	779	UNIVERSUM	SZCZECIN		M-30	72	M 175		02:01:27.55	+01:02:27 (51.4%)	16:11	3.7 (48.7%)
215	PREDWALSKA Wioletta	776	UNIVERSUM	SZCZECIN		K-30	16	K 39		02:01:27.85	+01:02:27 (51.4%)	16:11	3.7 (48.7%)
216	PIERŚCIONEK Paulina	688		STARGARD		K-30	17	K 40		02:01:28.55	+01:02:28 (51.4%)	16:11	3.7 (48.7%)
217		778				Drużyna	2	2		02:01:30.65	+01:02:30 (51.4%)	16:12	3.7 (48.7%)
218	JANIK Elżbieta	574		ORLE		K-40	12	K 41		02:01:44.55	+01:02:44 (51.5%)	16:13	3.7 (48.7%)
219	PARADZIŃSKA Krzysztofa	683	OCR NOWOGARD	NOWOGARD		K-40	13	K 42		02:03:10.15	+01:04:09 (52.1%)	16:25	3.7 (48.7%)
220	KACPRZAK Michał	584	KEBABIEG	SZCZECIN		M-16	41	M 176		02:03:23.45	+01:04:23 (52.2%)	16:27	3.6 (47.4%)
221	KOWALSKA Patrycja	617		GLEŻNO		K-40	14	K 43		02:03:54.80	+01:04:54 (52.4%)	16:31	3.6 (47.4%)
222	CHUCHURELOS Dawid	527		SZCZECIN		M-16	42	M 177		02:03:58.80	+01:04:58 (52.4%)	16:31	3.6 (47.4%)
223	DZIĘCIOŁ Patryk	546		SZCZECIN		M-16	43	M 178		02:03:59.25	+01:04:58 (52.4%)	16:31	3.6 (47.4%)
224	KALINOWSKI Maciej	589		MIERZYN		M-16	44	M 179		02:04:00.85	+01:05:00 (52.4%)	16:32	3.6 (47.4%)
225	PŁÓSKA Mariusz	740	ŚWIRY.PL	SZCZECIN		M-30	73	M 180		02:04:07.65	+01:05:07 (52.5%)	16:32	3.6 (47.4%)
226	ABRANTOWICZ Maria	501	ZUMBA MARYSIA	SZCZECIN		K-30	18	K 44		02:04:14.00	+01:05:13 (52.5%)	16:33	3.6 (47.4%)
227	DANILUK-DUPLA Ewa	24	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN		K-40	15	K 45		02:04:16.65	+01:05:16 (52.5%)	16:34	3.6 (47.4%)
228	TOKARSKI Rafał	104	RAZ SZCZECIN	SZCZECIN		M-50	8	M 181		02:04:17.05	+01:05:16 (52.5%)	16:34	3.6 (47.4%)
229	SZCZEPANIAK Anna	730	ŚWIRY.PL	SZCZECIN		K-40	16	K 46		02:04:24.05	+01:05:23 (52.6%)	16:35	3.6 (47.4%)
230	NAPIÓRKOWSKI Paweł	325	KWP SZCZECIN	SZCZECIN		M-30	74	M 182	Tak	02:04:44.70	+01:05:44 (52.7%)	16:37	3.6 (47.4%)
231	SZAKAŁA Fabian	729	KEBABIEG	SZCZECIN		M-30	75	M 183		02:04:53.90	+01:05:53 (52.8%)	16:39	3.6 (47.4%)
232	KARPIŃSKI Mikołaj	593	MEDIA EXPERT	SZCZECIN		M-16	45	M 184		02:04:56.35	+01:05:55 (52.8%)	16:39	3.6 (47.4%)
233	GRĄCZEWSKA Matylda	560	MDM	SZCZECIN		K-30	19	K 47		02:05:01.65	+01:06:01 (52.8%)	16:40	3.6 (47.4%)
234	DUDZIŃSKI Krzysztof	540	MAŁPI KRÓL	SZCZECIN		M-40	55	M 185		02:05:32.20	+01:06:31 (53.0%)	16:44	3.6 (47.4%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
235	CZERWINSKI Łukasz	533	MAŁPI KRÓL	BOLESZKOWICE		M-30	76	M 186		02:05:32.85	+01:06:32 (53.0%)	16:44	3.6 (47.4%)
236	BAK Natalia	515		POLICE		K-16	8	K 48		02:05:44.90	+01:06:44 (53.1%)	16:45	3.6 (47.4%)
237	KOSOBUCKA Emilia	615		SZCZECIN		K-40	17	K 49		02:06:18.15	+01:07:17 (53.3%)	16:50	3.6 (47.4%)
238	MACKIEWICZ Artur	647		SZCZECIN		M-40	56	M 187		02:06:19.85	+01:07:19 (53.3%)	16:50	3.6 (47.4%)
239	MAKRZANOWSKI Dawid	651	MAŁPI KRÓL	SZCZECIN		M-30	77	M 188		02:06:27.75	+01:07:27 (53.3%)	16:51	3.6 (47.4%)
240	SZCZEPANIK Oskar	822	MUSTANGI STARGARD	SZCZECIN		M-30	78	M 189		02:06:28.45	+01:07:28 (53.3%)	16:51	3.6 (47.4%)
241	RAJSKA Aleksandra	705	MGM WARSZEWO	SZCZECIN		K-30	20	K 50		02:06:29.10	+01:07:28 (53.3%)	16:51	3.6 (47.4%)
242	NATALCZYK Damian	670		SZCZECIN		M-16	46	M 190		02:06:30.00	+01:07:29 (53.4%)	16:52	3.6 (47.4%)
243	JĘDRZEJEWSKI Wojciech	580	MGM WARSZEWO	SZCZECIN		M-30	79	M 191		02:06:33.00	+01:07:32 (53.4%)	16:52	3.6 (47.4%)
244	NATALCZYK Krzysztof	669		SZCZECIN		M-40	57	M 192		02:06:36.20	+01:07:35 (53.4%)	16:52	3.6 (47.4%)
245	NATALCZYK Ewelina	74		SZCZECIN		K-40	18	K 51		02:06:36.55	+01:07:36 (53.4%)	16:52	3.6 (47.4%)
246	STANISZEWSKA-KUŚ Magdalena	722	MGM WARSZEWO	SZCZECIN		K-40	19	K 52		02:06:41.60	+01:07:41 (53.4%)	16:53	3.6 (47.4%)
247	NAPIÓRKOWSKA Justyna	139	KWP SZCZECIN	SZCZECIN		K-30	21	K 53	Tak	02:07:20.50	+01:08:20 (53.7%)	16:58	3.5 (46.1%)
248	ANDRASZEK Michał	503	MAŁPI KRÓL	BOLESZKOWICE		M-30	80	M 193		02:08:13.75	+01:09:13 (54.0%)	17:05	3.5 (46.1%)
249	KŁANIECKI Radosław	608	GATE EIGHT	SZCZECIN		M-30	81	M 194		02:08:39.35	+01:09:38 (54.1%)	17:09	3.5 (46.1%)
250	JAGODNICKI Albert	571	GATE EIGHT	SZCZECIN		M-16	47	M 195		02:08:39.75	+01:09:39 (54.1%)	17:09	3.5 (46.1%)
251	TUROWSKI Piotr	743	GATE EIGHT	SZCZECIN		M-40	58	M 196		02:08:47.35	+01:09:46 (54.2%)	17:10	3.5 (46.1%)
252	SKRZOSKA Adriana	716	GATE EIGHT	SZCZECIN		K-16	9	K 54		02:08:50.60	+01:09:50 (54.2%)	17:10	3.5 (46.1%)
253	SOWA Krzysztof	93		SZCZECIN		M-40	59	M 197		02:09:32.95	+01:10:32 (54.5%)	17:16	3.5 (46.1%)
254	NIZIŃSKI Dariusz	672		SZCZECIN		M-30	82	M 198		02:09:43.95	+01:10:43 (54.5%)	17:17	3.5 (46.1%)
255	ZAORSKI Tomasz	768	KEBABIEG	DOŁUJE		M-30	83	M 199		02:10:44.70	+01:11:44 (54.9%)	17:25	3.4 (44.7%)
256	WIĘCŁAWSKI Rafał	752		BEZRZECZE		M-30	84	M 200		02:10:49.25	+01:11:48 (54.9%)	17:26	3.4 (44.7%)
257	NOWAK Zbigniew	75	SKB DZIK	POLICE		M-60	3	M 201		02:11:34.45	+01:12:34 (55.2%)	17:32	3.4 (44.7%)
258	FILIPIUK Agnieszka	551		SZCZECIN		K-30	22	K 55		02:11:38.45	+01:12:38 (55.2%)	17:33	3.4 (44.7%)
259	SILICKI Daniel	715		SZCZECIN		M-16	48	M 202		02:11:58.15	+01:12:57 (55.3%)	17:35	3.4 (44.7%)
260	LASKOWSKI Grzegorz	633	12 PUŁK LOGISTYCZNY	PARNOWO		M-30	85	M 203	Tak	02:12:38.75	+01:13:38 (55.5%)	17:41	3.4 (44.7%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
261	WALCZAK Natalia	747	12 PUŁK LOGISTYCZNY	KOŁOBRZEG		K-16	10	K 56	Tak	02:12:38.90	+01:13:38 (55.5%)	17:41	3.4 (44.7%)
262	PIOTROWSKA Ilona	690	12 PUŁK LOGISTYCZNY	KOŁOBRZEG		K-30	23	K 57	Tak	02:12:39.25	+01:13:38 (55.5%)	17:41	3.4 (44.7%)
263	PIOTROWSKI Karol	691	12 PUŁK LOGISTYCZNY	KOŁOBRZEG		M-30	86	M 204	Tak	02:12:59.45	+01:13:59 (55.6%)	17:43	3.4 (44.7%)
264	PAWŁOWSKA Urszula	685	12 PUŁK LOGISTYCZNY	KOŁOBRZEG		K-30	24	K 58	Tak	02:13:00.50	+01:14:00 (55.6%)	17:44	3.4 (44.7%)
265	RYMANEK Roksana	813		POLICE		K-16	11	K 59		02:13:20.40	+01:14:20 (55.7%)	17:46	3.4 (44.7%)
266	RYMANEK Rafał	814		POLICE		M-40	60	M 205		02:13:22.10	+01:14:21 (55.8%)	17:46	3.4 (44.7%)
266	ŁAWNICZAK Sebastian	130		POLICE		M-40	60	M 205		02:13:22.10	+01:14:21 (55.8%)	17:46	3.4 (44.7%)
268	ZUBKIEWICZ Michał	772		SZCZECIN		M-30	87	M 207		02:13:38.25	+01:14:37 (55.8%)	17:49	3.4 (44.7%)
269	KAROL Bartek	592	BIZONKI	STARGARD		M-30	88	M 208		02:14:26.90	+01:15:26 (56.1%)	17:55	3.3 (43.4%)
270	KACZMAREK Marcin	586		GRYFICE		M-30	89	M 209		02:14:27.35	+01:15:26 (56.1%)	17:55	3.3 (43.4%)
271	ZIĘBA Dawid	771	BIZONKI	STARGARD		M-40	62	M 210		02:14:36.40	+01:15:36 (56.2%)	17:56	3.3 (43.4%)
272	PILIMAN Karolina	689	BIZONKI	SZCZECIN		K-30	25	K 60		02:14:45.55	+01:15:45 (56.2%)	17:58	3.3 (43.4%)
273	LEND A Marcin	635	BIZONKI	STARGARD		M-30	90	M 211		02:14:45.60	+01:15:45 (56.2%)	17:58	3.3 (43.4%)
274	POMIANOWSKA Natalia	694		SZCZECIN		K-16	12	K 61		02:14:48.10	+01:15:47 (56.2%)	17:58	3.3 (43.4%)
275	KRZYKAŁA Maja	784		POLICE		K-16	13	K 62		02:15:09.70	+01:16:09 (56.3%)	18:01	3.3 (43.4%)
276		128				Drużyna	3	3		02:15:11.25	+01:16:10 (56.4%)	18:01	3.3 (43.4%)
277	WOŁOSZYN Konrad	758		GRZĘDZICE		M-40	63	M 212	Tak	02:15:11.60	+01:16:11 (56.4%)	18:01	3.3 (43.4%)
278	WOŁOSZYN Ola	759		GRZĘDZICE		K-40	20	K 63		02:15:12.75	+01:16:12 (56.4%)	18:01	3.3 (43.4%)
279	GOWORSKI Jerzy	37	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN		M-30	91	M 213		02:16:13.50	+01:17:13 (56.7%)	18:09	3.3 (43.4%)
280	ŁOWIŃSKI Włodzimierz	641	DZIKI PATROL	POLICE		M-16	49	M 214		02:16:24.45	+01:17:24 (56.7%)	18:11	3.3 (43.4%)
281	KUŻBIEL Weronika	630	DZIKI PATROL	POLICE		K-16	14	K 64		02:16:25.15	+01:17:24 (56.7%)	18:11	3.3 (43.4%)
282	TARNAWSKA Marlena	741	ZABIEGANI	POLICE		K-30	26	K 65		02:16:29.60	+01:17:29 (56.8%)	18:11	3.3 (43.4%)
283	ZAJĄC Oliwia	765		POLICE		K-16	15	K 66		02:16:32.85	+01:17:32 (56.8%)	18:12	3.3 (43.4%)
284	ZAJĄC Krzysztof	766	ZABIEGANI	SZCZECIN		M-50	9	M 215		02:16:38.70	+01:17:38 (56.8%)	18:13	3.3 (43.4%)
285	CYBULSKA Joanna	529	ZABIEGANI	POLICE		K-40	21	K 67		02:16:40.05	+01:17:39 (56.8%)	18:13	3.3 (43.4%)
286	PEREPECZA Piotr	686		SZCZECIN		M-30	92	M 216		02:17:13.00	+01:18:12 (57.0%)	18:17	3.3 (43.4%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
287	STACHOWICZ Małgorzata	94	KKM	MALBORK		K-50	6	K 68		02:17:51.20	+01:18:50 (57.2%)	18:22	3.3 (43.4%)
288	STANCEL Kamil	811	MEDIA EXPERT	GOLENIÓW		M-16	50	M 217		02:19:13.65	+01:20:13 (57.6%)	18:33	3.2 (42.1%)
289	PSZON Adam	700		POLICE		M-16	51	M 218		02:19:26.95	+01:20:26 (57.7%)	18:35	3.2 (42.1%)
290	BALEJKO Piotr	511		SZCZECIN		M-30	93	M 219		02:20:02.95	+01:21:02 (57.9%)	18:40	3.2 (42.1%)
291	GOLAŃSKI Paweł	33	1312	SKARZYSKO		M-16	52	M 220		02:20:45.85	+01:21:45 (58.1%)	18:46	3.2 (42.1%)
292	PRABUCKI Jarek	84	UKŁ ÓSEMKA POLICE	POLICE		M-40	64	M 221		02:21:05.45	+01:22:05 (58.2%)	18:48	3.2 (42.1%)
293	PRABUCKA Karolina	83		POLICE		K-40	22	K 69		02:21:06.25	+01:22:05 (58.2%)	18:48	3.2 (42.1%)
294	ŁASKA Monika	65	DIRTY TIGERS	INOWROCLAW		K-40	23	K 70		02:21:23.00	+01:22:22 (58.3%)	18:51	3.2 (42.1%)
295	BARWIŃSKI Patryk	514	ZARAZ PADNĘ SQUAD	SZCZECIN		M-30	94	M 222		02:21:25.35	+01:22:24 (58.3%)	18:51	3.2 (42.1%)
296	GRZEGORCZYK Krystian	38	DIRTY TIGERS	PRZYBYŚŁAW		M-16	53	M 223		02:21:26.10	+01:22:25 (58.3%)	18:51	3.2 (42.1%)
297	KRUSZCZYŃSKA Agata	59	DIRTY TIGERS	PRZYBYŚŁAW		K-16	16	K 71		02:21:26.15	+01:22:25 (58.3%)	18:51	3.2 (42.1%)
298	ZIELIŃSKI Kamil	122	DIRTY TIGERS	MIERZYN		M-16	54	M 224		02:21:42.00	+01:22:41 (58.4%)	18:53	3.2 (42.1%)
299	TRALIK Aneta	134	DIRTY TIGERS	INOWROCLAW		K-16	17	K 72		02:21:42.35	+01:22:41 (58.4%)	18:53	3.2 (42.1%)
300	KRUSZCZYŃSKA Bożena	133	DIRTY TIGERS			K-40	24	K 73		02:21:42.50	+01:22:42 (58.4%)	18:53	3.2 (42.1%)
301	ZIELIŃSKA Monika	120	DIRTY TIGERS	MIERZYN		K-40	25	K 74		02:21:42.75	+01:22:42 (58.4%)	18:53	3.2 (42.1%)
302	ZIELIŃSKI Maciej	121	DIRTY TIGERS	MIERZYN		M-50	10	M 225		02:21:43.25	+01:22:42 (58.4%)	18:53	3.2 (42.1%)
303	KNAPIK Justyna	53	DZIKI SPECJALNEJ TROSKI	BABICE		K-30	27	K 75		02:21:46.85	+01:22:46 (58.4%)	18:54	3.2 (42.1%)
304	DYMERSKI Zbyszek	544		SZCZECIN		M-50	11	M 226		02:21:54.95	+01:22:54 (58.4%)	18:55	3.2 (42.1%)
305	ANTKIEWICZ Agnieszka	505		BEZRZECZE		K-40	26	K 76		02:21:55.25	+01:22:54 (58.4%)	18:55	3.2 (42.1%)
306	JĘDRYKA Anna	44	DZIKI SPECJALNEJ TROSKI	TRZEBINIA		K-30	28	K 77		02:22:07.90	+01:23:07 (58.5%)	18:56	3.2 (42.1%)
307	MATYSIAK Sławomir	68		CHRZANÓW		M-30	95	M 227		02:22:08.60	+01:23:08 (58.5%)	18:57	3.2 (42.1%)
308	GŁOWIŃSKI Mateusz	557	ZARAZ PADNĘ SQUAD	SZCZECIN		M-30	96	M 228		02:22:10.25	+01:23:09 (58.5%)	18:57	3.2 (42.1%)
309	ŻUKOWSKI Tomek	774	ZARAZ PADNĘ SQUAD	POZNAŃ		M-30	97	M 229		02:22:11.25	+01:23:10 (58.5%)	18:57	3.2 (42.1%)
310	MUCHA Agnieszka	666		STARGARD		K-30	29	K 78		02:22:54.85	+01:23:54 (58.7%)	19:03	3.1 (40.8%)
311	CHODZICKA Danuta	728		SZCZECIN		K-16	18	K 79		02:22:55.60	+01:23:55 (58.7%)	19:03	3.1 (40.8%)
312	ŚMIGIELSKA Joanna	738		STARGARD		K-30	30	K 80		02:22:56.85	+01:23:56 (58.7%)	19:03	3.1 (40.8%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
313	SWIĄTEK Marta	739		GOLENIOW		K-30	31	K 81		02:23:33.00	+01:24:32 (58.9%)	19:08	3.1 (40.8%)
314	KRUPIŃSKA Paulina	626		ŁANIEWO		K-30	32	K 82		02:23:33.05	+01:24:32 (58.9%)	19:08	3.1 (40.8%)
315	KNAPKIEWICZ Jacqueline	609		SZCZECIN		K-30	33	K 83		02:23:33.25	+01:24:32 (58.9%)	19:08	3.1 (40.8%)
316	DRUKAŁA Sylwia	539	ANIOŁKI REDVILL'A	SZCZECIN		K-16	19	K 84		02:24:16.35	+01:25:15 (59.1%)	19:14	3.1 (40.8%)
317	BAGIŃSKI Marcin	509		STARGARD		M-30	98	M 230		02:24:17.40	+01:25:17 (59.1%)	19:14	3.1 (40.8%)
318	JAWORSKI Krystian	820		SZCZECIN		M-30	99	M 231		02:24:27.25	+01:25:26 (59.2%)	19:15	3.1 (40.8%)
319	ZDUN Fabian	769	MEDIAEXPERT	POLICE		M-16	55	M 232		02:24:29.45	+01:25:29 (59.2%)	19:15	3.1 (40.8%)
320	DOMAGALA Karol	26	1312	SWIERCZÓW		M-16	56	M 233		02:25:34.05	+01:26:33 (59.5%)	19:24	3.1 (40.8%)
321	PASTUSZKA Adam	80	MMM BIGOSIK REAKTYWACJA	POLICE		M-16	57	M 234		02:25:59.95	+01:26:59 (59.6%)	19:27	3.1 (40.8%)
322	KEMPIŃSKI Andrzej	601		STARGARD		M-40	65	M 235		02:26:22.60	+01:27:22 (59.7%)	19:30	3.1 (40.8%)
323	KOWALCZYK Łukasz	616	GORĄCE CZAJNIKI	MORZYCZYN		M-40	66	M 236		02:26:34.50	+01:27:34 (59.7%)	19:32	3.1 (40.8%)
324	PIEKARSKA Wioletta	687	GORĄCE CZAJNIKI	STARGARD		K-40	27	K 85		02:26:35.20	+01:27:34 (59.7%)	19:32	3.1 (40.8%)
325	GOŁĘBIEWSKA Elwira	559	GORĄCE CZAJNIKI	STARGARD		K-40	28	K 86		02:26:35.25	+01:27:34 (59.7%)	19:32	3.1 (40.8%)
326	DYMERSKA Dominika	543	GORĄCE CZAJNIKI	STARGARD		K-30	34	K 87		02:26:35.30	+01:27:34 (59.7%)	19:32	3.1 (40.8%)
327	STAŃCZAK Marcin	723		SZCZECIN		M-40	67	M 237		02:27:18.10	+01:28:17 (59.9%)	19:38	3.1 (40.8%)
328	ŻAK Dominika	773	FART PUSZCZY	SZCZECIN		K-40	29	K 88		02:27:31.55	+01:28:31 (60.0%)	19:40	3.1 (40.8%)
329	MAŁYSZA Anna	817	CROSS TRAINING WARSZEWO	SZCZECIN		K-40	30	K 89		02:29:11.30	+01:30:10 (60.4%)	19:53	3 (39.5%)
330	ANTONIEWICZ-MIKUŁA Alicja	506	CROSS TRAINING WARSZEWO	SZCZECIN		K-40	31	K 90		02:29:44.45	+01:30:44 (60.6%)	19:57	3 (39.5%)
331	PŁAWSKA Ewa	692	CROSS TRAINING WARSZEWO	SZCZECIN		K-40	32	K 91		02:29:54.95	+01:30:54 (60.6%)	19:59	3 (39.5%)
332	LEWANDOWSKI Tomasz	636	KP SZCZECIN POGODNO	SZCZECIN		M-40	68	M 238	Tak	02:30:01.90	+01:31:01 (60.7%)	20:00	3 (39.5%)
333	KOPYCIŃSKA Benita	613	DZIKIE MORSY	SZCZECIN		K-50	7	K 92		02:31:01.45	+01:32:01 (60.9%)	20:08	3 (39.5%)
334	CIESZYŃSKI Łukasz	528		SZCZECIN		M-40	69	M 239		02:31:04.85	+01:32:04 (60.9%)	20:08	3 (39.5%)
335	KOWALSKI Dariusz	458	SKB DZIK	SZCZECIN		M-50	12	M 240		02:31:06.70	+01:32:06 (61.0%)	20:08	3 (39.5%)
336	KRAM Wioletta	623	DZIKIE MORSY	SZCZECIN		K-30	35	K 93		02:31:07.55	+01:32:07 (61.0%)	20:08	3 (39.5%)
337	KOŁTUN Sylwia	612	DZIKIE MORSY	SZCZECIN		K-30	36	K 94		02:31:07.60	+01:32:07 (61.0%)	20:08	3 (39.5%)
338	GARBACIAK Tomasz	553	DZIKIE MORSY	POLICE		M-30	100	M 241		02:31:08.85	+01:32:08 (61.0%)	20:09	3 (39.5%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
339	KOWALSKA Edyta	457	SKB DZIK	SZCZECIN		K-40	33	K 95		02:31:22.50	+01:32:22 (61.0%)	20:10	3 (39.5%)
340	WINIARZ Marta	796		PYRZYCE		K-30	37	K 96		02:31:49.35	+01:32:48 (61.1%)	20:14	3 (39.5%)
341	PIWONI Marta	795		PYRZYCE		K-40	34	K 97		02:31:53.20	+01:32:52 (61.2%)	20:15	3 (39.5%)
342	MARSZAŁEK Katarzyna	793	FUZJA PYRZYCE	PYRZYCE		K-40	35	K 98		02:31:56.70	+01:32:56 (61.2%)	20:15	3 (39.5%)
343	RUDNICKA Agnieszka	794		PYRZYCE		K-30	38	K 99		02:32:29.95	+01:33:29 (61.3%)	20:19	3 (39.5%)
344	STÓJ Paulina	790	FUZJA PYRZYCE	PYRZYCE		K-40	36	K 100		02:32:34.60	+01:33:34 (61.3%)	20:20	2.9 (38.2%)
345	KOBIERSKA Agata	791	FUZJA PYRZYCE	PYRZYCE		K-30	39	K 101		02:32:37.70	+01:33:37 (61.3%)	20:20	2.9 (38.2%)
346	ZIELIŃSKA Kinga	824	FUZJA PYRZYCE	PYRZYCE		K-30	40	K 102		02:32:39.05	+01:33:38 (61.3%)	20:21	2.9 (38.2%)
347	KRYNICKA Elżbieta	792	FUZJA PYRZYCE	PYRZYCE		K-50	8	K 103		02:32:40.25	+01:33:39 (61.4%)	20:21	2.9 (38.2%)
348	JUTRZONKA Bartłomiej	582	KP SZCZECIN POGODNO	SZCZECIN		M-16	58	M 242	Tak	02:33:05.90	+01:34:05 (61.5%)	20:24	2.9 (38.2%)
349	GAŁASZEWSKI Mikołaj	552	MOTOKOMANDO	SZCZECIN		M-16	59	M 243		02:33:22.10	+01:34:21 (61.5%)	20:26	2.9 (38.2%)
350	KOWALSKA Natalia	456	SKB DZIK	SZCZECIN		K-16	20	K 104		02:33:24.95	+01:34:24 (61.5%)	20:27	2.9 (38.2%)
351	BERLIŃSKA Magdalena	459	SKB DZIK	SZCZECIN		K-40	37	K 105		02:33:25.55	+01:34:25 (61.5%)	20:27	2.9 (38.2%)
352	KLUKACZEWSKI Kamil	607	KP SZCZECIN POGODNO	SZCZECIN		M-30	101	M 244	Tak	02:34:17.45	+01:35:17 (61.8%)	20:34	2.9 (38.2%)
353	STOCHMAL Dagmara	725		SZCZECIN		K-16	21	K 106		02:37:07.15	+01:38:06 (62.4%)	20:56	2.9 (38.2%)
354	WOJCIECHOWSKA Iwona	756		SZCZECIN		K-40	38	K 107		02:37:23.10	+01:38:22 (62.5%)	20:59	2.9 (38.2%)
355	TOMASIEWICZ Alicja	742		SZCZECIN		K-16	22	K 108		02:38:52.80	+01:39:52 (62.9%)	21:10	2.8 (36.8%)
356	MILANOWICZ Maciej	136	Parówy			M-40	70	M 245		02:39:56.30	+01:40:55 (63.1%)	21:19	2.8 (36.8%)
357	RELL Paweł	706		SZCZECIN		M-30	102	M 246		02:40:35.95	+01:41:35 (63.3%)	21:24	2.8 (36.8%)
358	GOLIK Piotr	558		SZCZECIN		M-30	103	M 247		02:40:36.30	+01:41:35 (63.3%)	21:24	2.8 (36.8%)
359	PIASEK Rafał	809	MEDIA EXPERT	POLICE		M-30	104	M 248		02:40:36.40	+01:41:36 (63.3%)	21:24	2.8 (36.8%)
360	MADALIŃSKI Michał	648		POLICE		M-16	60	M 249		02:42:54.05	+01:43:53 (63.8%)	21:43	2.8 (36.8%)
361	OSTROWSKA Wioletta	681		POLICE		K-50	9	K 109		02:43:42.85	+01:44:42 (64.0%)	21:49	2.7 (35.5%)
362	ZABŁOCKA Mariola	140	Parówy	SZCZECIN		K-40	39	K 110		02:44:17.55	+01:45:17 (64.1%)	21:54	2.7 (35.5%)
363	BRZOZOWSKA Aleksandra	524		SZCZECIN		K-40	40	K 111		02:44:25.20	+01:45:24 (64.1%)	21:55	2.7 (35.5%)
364	ROSIŃSKI Stef	86		SZCZECIN		M-30	105	M 250		02:44:25.45	+01:45:25 (64.1%)	21:55	2.7 (35.5%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
365	SEMENIUK Klaudia	819		SZCZECIN601882828		K-50	10	K 112		02:44:26.15	+01:45:25 (64.1%)	21:55	2.7 (35.5%)
366	SZCZOTKOWSKI Tomasz	137	Parówy			M-40	71	M 251		02:45:29.40	+01:46:29 (64.3%)	22:03	2.7 (35.5%)
367	BOCZKOWSKA Joanna	138	Parówy	SZCZECIN		K-30	41	K 113		02:45:30.35	+01:46:29 (64.3%)	22:04	2.7 (35.5%)
368	SZCZOTKOWSKI Adam	135		SZCZECIN		M-40	72	M 252		02:45:30.80	+01:46:30 (64.3%)	22:04	2.7 (35.5%)
369	KRZYMUSKA Agnieszka	816	Parówy	SZCZECIN		K-40	41	K 114		02:45:30.85	+01:46:30 (64.3%)	22:04	2.7 (35.5%)
370	GOŁECKI Karol	815	Parówy			M-40	73	M 253		02:45:31.25	+01:46:30 (64.4%)	22:04	2.7 (35.5%)
371	GAŁAŁSKI Arkadiusz	823	Parówy	SZCZECIN		M-40	74	M 254		02:45:31.30	+01:46:30 (64.4%)	22:04	2.7 (35.5%)
372	KALUŻNY Mateusz	590	DZIKI PATROL	POLICE		M-30	106	M 255		02:46:18.20	+01:47:17 (64.5%)	22:10	2.7 (35.5%)
373	MÓRAWSKA Magdalena	665		SZCZECIN		K-16	23	K 115		02:47:02.30	+01:48:01 (64.7%)	22:16	2.7 (35.5%)
374	ŚLEDŹ Maria	736	CTP	ZAŁOM		K-30	42	K 116		02:47:07.25	+01:48:06 (64.7%)	22:16	2.7 (35.5%)
375	LESZCZYŃSKI Marcin	799		SZCZECIN		M-40	75	M 256	Tak	02:47:33.85	+01:48:33 (64.8%)	22:20	2.7 (35.5%)
376	POLESKA Julia	693		SZCZECIN		K-16	24	K 117		02:47:34.85	+01:48:34 (64.8%)	22:20	2.7 (35.5%)
377	KLIMEK Hanna	604		SZCZECIN		K-16	25	K 118		02:47:58.20	+01:48:57 (64.9%)	22:23	2.7 (35.5%)
378	WIELGOSZEWSKA Olga	751		SZCZECIN		K-40	42	K 119		02:47:58.25	+01:48:57 (64.9%)	22:23	2.7 (35.5%)
379	MĘDRKIEWICZ Michał	661		SZCZECIN		M-50	13	M 257		02:47:58.45	+01:48:58 (64.9%)	22:23	2.7 (35.5%)
380	MĘDZIUKIEWIK Arina	504		SZCZECIN		K-50	11	K 120		02:47:58.55	+01:48:58 (64.9%)	22:23	2.7 (35.5%)
381	MATUSZAK Ania	658	MEDIA EXPERT	SZCZECIN		K-40	43	K 121		02:49:07.10	+01:50:06 (65.1%)	22:32	2.7 (35.5%)
382	BANACH Damian	513	DZIKI PATROL	POLICE		M-30	107	M 258		02:49:51.90	+01:50:51 (65.3%)	22:38	2.6 (34.2%)
383	KORSZUL Magdalena	614	DZIKI PATROL	POLICE		K-30	43	K 122		02:49:54.85	+01:50:54 (65.3%)	22:39	2.6 (34.2%)
384	POZNIEWICZ Kamila	696	NORDIC WALKING KAMILA POZNIEWICZ	SZCZECIN		K-50	12	K 123		02:50:33.55	+01:51:33 (65.4%)	22:44	2.6 (34.2%)
385	KRUK Anna	625	CTP	SZCZECIN		K-16	26	K 124		02:54:13.95	+01:55:13 (66.1%)	23:13	2.6 (34.2%)
386	WRÓBLEWSKI Filip	762	CTP	SZCZECIN		M-16	61	M 259		02:54:14.00	+01:55:13 (66.1%)	23:13	2.6 (34.2%)
387	PRZYCHOCKA Paulina	699	CENTRUM TRENINGU PERSONALNEGO MATEUSZ ANDRZEJAK	SZCZECIN		K-16	27	K 125		02:54:14.25	+01:55:13 (66.1%)	23:13	2.6 (34.2%)
388	KUBIAK Karolina	629	CTP	SZCZECIN		K-16	28	K 126		02:54:14.65	+01:55:14 (66.1%)	23:13	2.6 (34.2%)
389	JUŻWIK Mateusz	583	CTP	SZCZECIN		M-16	62	M 260		02:54:14.90	+01:55:14 (66.1%)	23:13	2.6 (34.2%)
390	JASIULEWICZ Aleksander	577	CTP	SZCZECIN		M-16	63	M 261		02:54:15.05	+01:55:14 (66.1%)	23:14	2.6 (34.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Mundurowi	Czas netto 7.5km	Różnica w czasie	Tempo min/km	Tempo km/h
391	KIELBASA Daria	602	CTP	POLICE		K-30	44	K 127		02:54:15.50	+01:55:15 (66.1%)	23:14	2.6 (34.2%)
392	JASEK-KRÓL Magdalena	576	CTP	SZCZECIN		K-30	45	K 128		02:54:15.65	+01:55:15 (66.1%)	23:14	2.6 (34.2%)
393	SIKORA Małgorzata	714	UKS 1 Police	POLICE		K-40	44	K 129		02:57:28.60	+01:58:28 (66.8%)	23:39	2.5 (32.9%)
394	OTT Paweł	682	DZIKIE PAPRYKARZE I SPÓŁKA	SZCZECIN		M-30	108	M 262		03:01:07.95	+02:02:07 (67.4%)	24:08	2.5 (32.9%)
395	BOŚKO Paulina	18	DZIKIE PAPRYKARZE I SPÓŁKA	SZCZECIN		K-30	46	K 130		03:01:08.00	+02:02:07 (67.4%)	24:09	2.5 (32.9%)
396	RZEPIELA-PODLECKA Anna	88	INSTRUKTOR PŁYWANIA ŁUKASZ PODLECKI TEAM	POLICE		K-30	47	K 131		03:02:03.55	+02:03:03 (67.6%)	24:16	2.5 (32.9%)
397	PODLECKI Łukasz	126	INSTRUKTOR PŁYWANIA ŁUKASZ PODLECKI TEAM	POLICE		M-40	76	M 263		03:02:03.90	+02:03:03 (67.6%)	24:16	2.5 (32.9%)
398	KRÓL Krzysztof	624	DZIKIE PAPRYKARZE I SPÓŁKA	SZCZECIN		M-30	109	M 264		03:02:10.55	+02:03:10 (67.6%)	24:17	2.5 (32.9%)
399	KRÓL Magdalena	57	DZIKIE PAPRYKARZE I SPÓŁKA	SZCZECIN		K-30	48	K 132		03:02:11.30	+02:03:10 (67.6%)	24:17	2.5 (32.9%)
400	CHUDZIK Klaudia	22	DZIKIE PAPRYKARZE I SPÓŁKA	TCZEW		K-16	29	K 133		03:02:38.80	+02:03:38 (67.7%)	24:21	2.5 (32.9%)
401		787				Drużyna	4	4		03:07:03.80	+02:08:03 (68.5%)	24:56	2.4 (31.6%)
402	SITKOWSKA Beata	788		SZCZECIN		K-16	30	K 134		03:07:04.00	+02:08:03 (68.5%)	24:56	2.4 (31.6%)
403	STACHOWSKA Oliwia	721		POLICE		K-16	31	K 135		03:13:27.00	+02:14:26 (69.5%)	25:47	2.3 (30.3%)
404		810				Drużyna	5	5		03:15:09.20	+02:16:08 (69.8%)	26:01	2.3 (30.3%)
405	KRZESKA Weronika	628	MEDIA EXPERT	SZCZECIN		K-16	32	K 136	Tak	03:36:12.15	+02:37:11 (72.7%)	28:49	2.1 (27.6%)
406	HALLMANN Ewa	563	MEDIA EXPERT	POLICE		K-30	49	K 137		03:43:54.75	+02:44:54 (73.6%)	29:51	2 (26.3%)