

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas netto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
1	KABAT Damian	46	12 BZ SZCZECIN	STARGARD		OPEN -M	1	M 1	00:19:22.30		3:52	15.5 (100%)
2	CHRUŚCIŃSKI Kacper	21	12 BZ SZCZECIN	SZCZECIN		OPEN -M	2	M 2	00:19:24.05	+00:00:01 (0.2%)	3:52	15.5 (100%)
3	WASZAK Krzysztof	110	12 BZ SZCZECIN	MIERZYN		OPEN -M	3	M 3	00:21:24.80	+00:02:02 (9.5%)	4:16	14 (90.3%)
4	PRZKOPOWICZ Bartosz	85	102. BATALION OCHRONY.	STARGARD		OPEN -M	4	M 4	00:22:03.75	+00:02:41 (12.2%)	4:24	13.6 (87.7%)
5	LOBA Jakub	63	SKB DZIK	ŻYDOWO		OPEN -M	5	M 5	00:22:54.10	+00:03:31 (15.4%)	4:34	13.1 (84.5%)
6	WASILEWSKI Andrzej	109	WILKI Z CIECHOCINKA	SZCZECIN		OPEN -M	6	M 6	00:23:32.15	+00:04:09 (17.7%)	4:42	12.7 (81.9%)
7	WOJCIECHOWSKI Tomasz	114		SZCZECIN		OPEN -M	7	M 7	00:23:43.45	+00:04:21 (18.3%)	4:44	12.6 (81.3%)
8	KĄCKI Arkadiusz	230		GRYFINO		OPEN -M	8	M 8	00:23:44.60	+00:04:22 (18.4%)	4:44	12.6 (81.3%)
9	HOŁYŃSKI Leszek	40	FIRE TEAM	PRZECŁAW		OPEN -M	9	M 9	00:23:46.90	+00:04:24 (18.5%)	4:45	12.6 (81.3%)
10	MEYER Irek	70		BERGISCH GLADBACH		OPEN -M	10	M 10	00:23:48.50	+00:04:26 (18.6%)	4:45	12.6 (81.3%)
11	WOJTASIK Fabian	115		WARSZAWA		OPEN -M	11	M 11	00:24:09.15	+00:04:46 (19.8%)	4:49	12.4 (80.0%)
12	CHENON Guillaume	20	WIECZORNE BIEGANIE W SZCZECINIE	MAYET		OPEN -M	12	M 12	00:24:10.20	+00:04:47 (19.9%)	4:50	12.4 (80.0%)
13	KACZOR Michał	47	2 BATALION SAPERÓW	NOWY SĄCZ		OPEN -M	13	M 13	00:24:16.30	+00:04:54 (20.2%)	4:51	12.4 (80.0%)
14	OKPIS Wojciech	77	SPRAWNI NA 5	GDYNIA		OPEN -M	14	M 14	00:24:25.35	+00:05:03 (20.7%)	4:53	12.3 (79.4%)
15	GOLIŃSKI Łukasz	35	21 BAZA LOTNICTWA TAKTYCZNEGO	ŚWIDWIN		OPEN -M	15	M 15	00:24:31.45	+00:05:09 (21.0%)	4:54	12.2 (78.7%)
16	WARCZALOWSKI Arkadiusz	108		DOBRA		OPEN -M	16	M 16	00:24:35.05	+00:05:12 (21.2%)	4:55	12.2 (78.7%)
17	PAWLISIAK Paweł	81	WKS KARACZAN TRZEBAWIE	DĘBNO		OPEN -M	17	M 17	00:24:35.70	+00:05:13 (21.2%)	4:55	12.2 (78.7%)
18	SZYPKOWSKI Marek	98	NOTEĆ OCR TEAM	CHWIRAM		OPEN -M	18	M 18	00:24:46.60	+00:05:24 (21.8%)	4:57	12.1 (78.1%)
19	BĘDKOWSKI Piotr	15	SWIM2TRI	WELTYŃ		OPEN -M	19	M 19	00:24:58.05	+00:05:35 (22.4%)	4:59	12 (77.4%)
20	KAMIŃSKA Agata	49	CCROSS TRAINING WARSZEWO	SZCZECIN		OPEN -K	1	K 1	00:25:07.75	+00:05:45 (22.9%)	5:01	11.9 (76.8%)
21	SZULC Marcin	129	BOLI, BOLI	POLICE		OPEN -M	20	M 20	00:25:08.70	+00:05:46 (23.0%)	5:01	11.9 (76.8%)
22	ŁUKASZEWSKI Sebastian	152		STARGARD		OPEN -M	21	M 21	00:25:08.90	+00:05:46 (23.0%)	5:01	11.9 (76.8%)

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23	GIELNIK Katarzyna	30	12 BZ SZCZECIN	SZCZECIN		OPEN -K	2	K 2	00:25:10.40	+00:05:48 (23.0%)	5:02	11.9 (76.8%)
24	KOWALSKA Natalia	56	SPRAWNI NA 5	KRAKÓW		OPEN -K	3	K 3	00:25:19.35	+00:05:57 (23.5%)	5:03	11.8 (76.1%)
25	SKOWROŃSKI Andrzej	91	GRUPA MALBORK	MALBORK		OPEN -M	22	M 22	00:25:22.10	+00:05:59 (23.6%)	5:04	11.8 (76.1%)
26	MAJCHRZAK Dominik	132	KWP SZCZECIN	SZCZECIN		OPEN -M	23	M 23	00:25:24.45	+00:06:02 (23.8%)	5:04	11.8 (76.1%)
27	DYDEK Edyta	141		SZCZECIN		OPEN -K	4	K 4	00:25:30.25	+00:06:07 (24.0%)	5:06	11.8 (76.1%)
28	GOŁĘBIEWSKI Tomasz	36	FIRE TEAM	SZCZECIN		OPEN -M	24	M 24	00:25:32.95	+00:06:10 (24.2%)	5:06	11.7 (75.5%)
29	MIKSZA Paweł	72	21 BAZA LOTNICTWA TAKTYCZNEGO	ŚWIDWIN		OPEN -M	25	M 25	00:25:41.70	+00:06:19 (24.6%)	5:08	11.7 (75.5%)
30	MALYHIN Mikołaj	66		SZCZECIN		OPEN -M	26	M 26	00:25:45.55	+00:06:23 (24.8%)	5:09	11.7 (75.5%)
31	SZYDŁOWSKI Kamil	300		SZCZECIN		OPEN -M	27	M 27	00:26:00.25	+00:06:37 (25.5%)	5:12	11.5 (74.2%)
32	OSTOJSKI Ireneusz	78		POLICE		OPEN -M	28	M 28	00:26:04.30	+00:06:42 (25.7%)	5:12	11.5 (74.2%)
33	RYKAŁA Krzysztof	87	HELENKA TEAM	POLICE		OPEN -M	29	M 29	00:26:24.55	+00:07:02 (26.6%)	5:16	11.4 (73.5%)
34	PARADZIŃSKI Dawid	79	OCR NOWOGARD	NOWOGARD		OPEN -M	30	M 30	00:26:26.45	+00:07:04 (26.7%)	5:17	11.3 (72.9%)
35	POPCZYK Mariusz	82		POLICE		OPEN -M	31	M 31	00:26:33.30	+00:07:11 (27.1%)	5:18	11.3 (72.9%)
36	GRZESZCZAK Radosław	127		SZCZECIN		OPEN -M	32	M 32	00:26:33.40	+00:07:11 (27.1%)	5:18	11.3 (72.9%)
37	SZCZOTKOWSKI Adam	135		SZCZECIN		OPEN -M	33	M 33	00:26:44.90	+00:07:22 (27.6%)	5:20	11.2 (72.3%)
38	ZELEK Dariusz	119		POLICE		OPEN -M	34	M 34	00:26:56.70	+00:07:34 (28.1%)	5:23	11.1 (71.6%)
39	WÓJCIK Maciej	116		WIECHOWO		OPEN -M	35	M 35	00:27:17.95	+00:07:55 (29.0%)	5:27	11 (71.0%)
40	BUCHOLC Zbigniew	19	HELL'S HEAVEN CF	MIERZYN		OPEN -M	36	M 36	00:27:19.95	+00:07:57 (29.1%)	5:27	11 (71.0%)
41	SURMA Kamil	95	ZALATANI1.BLTR	WARSZAWA		OPEN -M	37	M 37	00:27:20.65	+00:07:58 (29.2%)	5:28	11 (71.0%)
42	WEBER Mirela	112	MILIONERZY	POLICE		OPEN -K	5	K 5	00:27:23.05	+00:08:00 (29.3%)	5:28	11 (71.0%)
43	DYDEK Arkadiusz	143		SZCZECIN		OPEN -M	38	M 38	00:27:28.30	+00:08:06 (29.5%)	5:29	10.9 (70.3%)
44	ZABORA Paweł	117		POLICE		OPEN -M	39	M 39	00:27:28.35	+00:08:06 (29.5%)	5:29	10.9 (70.3%)

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45	WIELOPOLSKI Krzysztof	310		SZCZECIN		OPEN -M	40	M 40	00:27:58.40	+00:08:36 (30.7%)	5:35	10.7 (69.0%)
46	BRUMIRSKI Bartek	205		STARGARD		OPEN -M	41	M 41	00:28:03.60	+00:08:41 (31.0%)	5:36	10.7 (69.0%)
47	CICHOCKI Paweł	211		POLICE		OPEN -M	42	M 42	00:28:10.50	+00:08:48 (31.2%)	5:38	10.7 (69.0%)
48	CHMIELOWIEC Piotr	207		POLICE		OPEN -M	43	M 43	00:28:33.00	+00:09:10 (32.1%)	5:42	10.5 (67.7%)
49	WIERZBICKA Katarzyna	125	INSTRUKTOR PŁYWANIA ŁUKASZ PODLECKI TEAM	SZCZECIN		OPEN -K	6	K 6	00:28:36.90	+00:09:14 (32.3%)	5:43	10.5 (67.7%)
50	FURMANIAK Piotr	27	GRUPA MALBORK	MALBORK		OPEN -M	44	M 44	00:28:37.25	+00:09:14 (32.3%)	5:43	10.5 (67.7%)
51	KAŹMIERCZAK Magda	51	1 DYWIZJON LOTNICZY	ŁÓDŹ		OPEN -K	7	K 7	00:28:45.95	+00:09:23 (32.7%)	5:45	10.4 (67.1%)
52	MEYER Joanna	71		BERGISCH GLADBACH		OPEN -K	8	K 8	00:28:51.05	+00:09:28 (32.9%)	5:46	10.4 (67.1%)
53	DAWID Nowek	32	1312	MOKRA		OPEN -M	45	M 45	00:28:51.20	+00:09:28 (32.9%)	5:46	10.4 (67.1%)
54	KUCZA Szymon	61		SZCZECIN		OPEN -M	46	M 46	00:28:58.10	+00:09:35 (33.1%)	5:47	10.4 (67.1%)
55	DRYGLAK Wiktor	317		DOBRA		OPEN -M	47	M 47	00:29:12.25	+00:09:49 (33.7%)	5:50	10.3 (66.5%)
56	CHMIELOWIEC Karolina	208		POLICE		OPEN -K	9	K 9	00:29:12.75	+00:09:50 (33.7%)	5:50	10.3 (66.5%)
57	TROJANOWSKA Aleksandra	106	OŻW SZCZECIN	SZCZECIN		OPEN -K	10	K 10	00:29:16.20	+00:09:53 (33.8%)	5:51	10.3 (66.5%)
58	SASAK Michał	89	12 BZ SZCZECIN	GOLENIÓW		OPEN -M	48	M 48	00:29:18.80	+00:09:56 (33.9%)	5:51	10.2 (65.8%)
59	JASIŃSKI Mariusz	43	OŻW SZCZECIN	SZCZEXIN		OPEN -M	49	M 49	00:29:34.60	+00:10:12 (34.5%)	5:54	10.1 (65.2%)
60	TARGOSZ Łukasz	102		RADECZ		OPEN -M	50	M 50	00:29:39.80	+00:10:17 (34.7%)	5:55	10.1 (65.2%)
61	STARZEC Damian	326	KWP SZCZECIN	SZCZECIN		OPEN -M	51	M 51	00:29:46.30	+00:10:24 (34.9%)	5:57	10.1 (65.2%)
62	GRZEGORCZYK Krystian	38	DIRTY TIGERS	PRZYBYŚLAW		OPEN -M	52	M 52	00:29:46.45	+00:10:24 (34.9%)	5:57	10.1 (65.2%)
63	GIERMAKOWSKI Błażej	31	ALBATROS ULTIMATE SZCZECIN	SZCZECIN		OPEN -M	53	M 53	00:30:01.80	+00:10:39 (35.5%)	6:00	10 (64.5%)
64	SZYMAŃSKI Mateusz	97	1312	SKARZYSKO		OPEN -M	54	M 54	00:30:07.35	+00:10:45 (35.7%)	6:01	10 (64.5%)
65	SEK Dariusz	192	MIĘTUSY	SZCZECIN		OPEN -M	55	M 55	00:30:09.90	+00:10:47 (35.8%)	6:01	10 (64.5%)
66	GIETKO Piotr	219	MIĘTUSY	SZCZECIN		OPEN -M	56	M 56	00:30:11.05	+00:10:48 (35.8%)	6:02	9.9 (63.9%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas netto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
67	NOWICKI Mikołaj	76	OŻW SZCZECIN	SZCZECIN		OPEN -M	57	M 57	00:30:11.40	+00:10:49 (35.8%)	6:02	9.9 (63.9%)
68	TRYSZCZ Tobiasz	107	ZBPŚ	SZCZECIN		OPEN -M	58	M 58	00:30:18.80	+00:10:56 (36.1%)	6:03	9.9 (63.9%)
69	ŁAWNICZAK Sebastian	130		POLICE		OPEN -M	59	M 59	00:30:32.15	+00:11:09 (36.6%)	6:06	9.8 (63.2%)
70	PASIKOWSKI Kamil	41	SKB DZIK			OPEN -M	60	M 60	00:30:34.75	+00:11:12 (36.7%)	6:06	9.8 (63.2%)
71	NAPIÓRKOWSKI Paweł	325	KWP SZCZECIN	SZCZECIN				M 61	00:30:41.95	+00:11:19 (36.9%)	6:08	9.8 (63.2%)
72	ZIĘCIK Paweł	123		GRYFINO		OPEN -M	61	M 62	00:30:43.05	+00:11:20 (36.9%)	6:08	9.8 (63.2%)
73	ŚWIERCZ Ewa	100	NORDICOWE SOBOTY	DOBRA		OPEN -K	11	K 11	00:30:50.95	+00:11:28 (37.2%)	6:10	9.7 (62.6%)
74	ŁAGOSZ Marcin	64		SZCZECIN		OPEN -M	62	M 63	00:30:52.05	+00:11:29 (37.2%)	6:10	9.7 (62.6%)
75	DANILUK-DUPLA Ewa	24	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN		OPEN -K	12	K 12	00:31:04.40	+00:11:42 (37.7%)	6:12	9.7 (62.6%)
76	BONIECKI Dariusz	16		SZCZECIN		OPEN -M	63	M 64	00:31:06.05	+00:11:43 (37.7%)	6:13	9.6 (61.9%)
77	SADŁOWSKI Szymon	190		SZCZECIN		OPEN -M	64	M 65	00:31:08.65	+00:11:46 (37.8%)	6:13	9.6 (61.9%)
78	EUCHAST Artur	214		POLICE		OPEN -M	65	M 66	00:31:12.55	+00:11:50 (37.9%)	6:14	9.6 (61.9%)
79	GOLAŃSKI Paweł	33	1312	SKARZYSKO		OPEN -M	66	M 67	00:31:17.60	+00:11:55 (38.1%)	6:15	9.6 (61.9%)
80	TABAKA Krzysztof	101	1 DYWIZJON LOTNICZY	SIERADZ		OPEN -M	67	M 68	00:31:27.15	+00:12:04 (38.4%)	6:17	9.5 (61.3%)
81	GARBACIAK Przemysław	28		STARGARD		OPEN -M	68	M 69	00:31:46.85	+00:12:24 (39.0%)	6:21	9.4 (60.6%)
82	TOMCZAK Maksymilian	105		SZCZECIN		OPEN -M	69	M 70	00:31:58.25	+00:12:35 (39.4%)	6:23	9.4 (60.6%)
83	ŚWIĄTEK Bronisław	99	SAMOTNY WILK	KALISZ		OPEN -M	70	M 71	00:32:03.00	+00:12:40 (39.6%)	6:24	9.4 (60.6%)
84	PIRÓG Ewa	178		SZCZECIN		OPEN -K	13	K 13	00:32:10.95	+00:12:48 (39.8%)	6:26	9.3 (60.0%)
85	KLEPACKI Bartosz	52		POLICE		OPEN -M	71	M 72	00:32:15.80	+00:12:53 (40.0%)	6:27	9.3 (60.0%)
86	SOWA Krzysztof	93		SZCZECIN		OPEN -M	72	M 73	00:32:27.40	+00:13:05 (40.3%)	6:29	9.2 (59.4%)
87	KUBIK Michał	60		POLICE		OPEN -M	73	M 74	00:32:27.85	+00:13:05 (40.3%)	6:29	9.2 (59.4%)
88	SZYSZKO Artur	302		SZCZECIN		OPEN -M	74	M 75	00:32:29.45	+00:13:07 (40.4%)	6:29	9.2 (59.4%)

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89	SKRZYPKOWSKA Anna	92		SZCZECIN		OPEN -K	14	K 14	00:32:40.50	+00:13:18 (40.7%)	6:32	9.2 (59.4%)
90	BOBROWSKI Andrzej	318	SKB DZIK	SUWAŁKI		OPEN -M	75	M 76	00:32:46.75	+00:13:24 (40.9%)	6:33	9.2 (59.4%)
91	SZCZEPANIK Patryk	96		GRYFINO		OPEN -M	76	M 77	00:32:52.35	+00:13:30 (41.1%)	6:34	9.1 (58.7%)
92	NAPIÓRKOWSKA Justyna	139	KWP SZCZECIN	SZCZECIN		OPEN -M	77	M 78	00:32:53.35	+00:13:31 (41.1%)	6:34	9.1 (58.7%)
93	MIELKE Wiktoria	161		SZCZECIN		OPEN -K	15	K 15	00:32:57.10	+00:13:34 (41.2%)	6:35	9.1 (58.7%)
94	ZARZECKA Kamila	118	GRUPA MALBORK	MALBORK		OPEN -K	16	K 16	00:32:58.50	+00:13:36 (41.3%)	6:35	9.1 (58.7%)
95	HAWRYLAK Marcin	39	14ZBOT/143 BLP	SZCZECIN		OPEN -M	78	M 79	00:33:00.70	+00:13:38 (41.3%)	6:36	9.1 (58.7%)
96	JUSINSKA Anna	45	21BLT	SŁAWOBORZE		OPEN -K	17	K 17	00:33:02.65	+00:13:40 (41.4%)	6:36	9.1 (58.7%)
97	WITORZĘĆ Dariusz	312		ŁĘGI		OPEN -M	79	M 80	00:33:03.50	+00:13:41 (41.4%)	6:36	9.1 (58.7%)
98	ZIELIŃSKI Kamil	122	DIRTY TIGERS	MIERZYN		OPEN -M	80	M 81	00:33:24.45	+00:14:02 (42.0%)	6:40	9 (58.1%)
99	ZIELIŃSKA Monika	120	DIRTY TIGERS	MIERZYN		OPEN -K	18	K 18	00:33:36.95	+00:14:14 (42.4%)	6:43	8.9 (57.4%)
100	WĄS Krzysztof	111		SIEMIANICE		OPEN -M	81	M 82	00:33:39.65	+00:14:17 (42.5%)	6:43	8.9 (57.4%)
101	TOKARSKI Rafal	104	RAZ SZCZECIN	SZCZECIN		OPEN -M	82	M 83	00:33:53.30	+00:14:31 (42.8%)	6:46	8.9 (57.4%)
102	BACH Agata	11		MALBORK		OPEN -K	19	K 19	00:33:54.90	+00:14:32 (42.9%)	6:46	8.8 (56.8%)
103	CHODZIAK Marcin	209		POLICE		OPEN -M	83	M 84	00:33:57.40	+00:14:35 (43.0%)	6:47	8.8 (56.8%)
104	TOMCZUK Mateusz	307		SZCZECIN		OPEN -M	84	M 85	00:34:00.20	+00:14:37 (43.0%)	6:48	8.8 (56.8%)
105	ZWIERZOWSKI Leszek	330				OPEN -M	85	M 86	00:34:03.95	+00:14:41 (43.1%)	6:48	8.8 (56.8%)
106	GOWORSKI Jerzy	37	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN		OPEN -M	86	M 87	00:34:09.90	+00:14:47 (43.3%)	6:49	8.8 (56.8%)
107	SEŃCZYK Sara	90		MALBORK		OPEN -K	20	K 20	00:34:14.85	+00:14:52 (43.4%)	6:50	8.8 (56.8%)
108	BARTOSZEK Paulina	327		SZCZECIN		OPEN -K	21	K 21	00:34:39.60	+00:15:17 (44.1%)	6:55	8.7 (56.1%)
109	BORYS Marek	17		SZCZECIN		OPEN -M	87	M 88	00:34:40.55	+00:15:18 (44.1%)	6:56	8.7 (56.1%)
110	DOŁĘGOWSKA Joanna	212		SZCZECIN		OPEN -K	22	K 22	00:34:42.00	+00:15:19 (44.2%)	6:56	8.6 (55.5%)

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111	TRALIK Aneta	134	DIRTY TIGERS	INOWROCLAW		OPEN -K	23	K 23	00:34:53.20	+00:15:30 (44.5%)	6:58	8.6 (55.5%)
112	VASYLIEV Dmytro	308		SZCZECIN		OPEN -M	88	M 89	00:34:56.70	+00:15:34 (44.6%)	6:59	8.6 (55.5%)
113	DOMAGALA Karol	26	1312	SWIERCZÓW		OPEN -M	89	M 90	00:35:04.80	+00:15:42 (44.8%)	7:00	8.6 (55.5%)
114	OSTOJSKA Maria	316		POLICE		OPEN -K	24	K 24	00:35:16.25	+00:15:53 (45.1%)	7:03	8.5 (54.8%)
115	BOGDAŃSKI Zbigniew	329		MAŁKOCIN		OPEN -M	90	M 91	00:35:42.40	+00:16:20 (45.7%)	7:08	8.4 (54.2%)
116	MISIASZEK Mirosław	164		MAŁKOCIN		OPEN -M	91	M 92	00:35:42.45	+00:16:20 (45.7%)	7:08	8.4 (54.2%)
117	LENDARCIN Marcin	247	BIZONKI	STARGARD		OPEN -M	92	M 93	00:35:45.65	+00:16:23 (45.8%)	7:09	8.4 (54.2%)
118	PILIMAN Karolina	176	BIZONKI	SZCZECIN		OPEN -K	25	K 25	00:35:46.30	+00:16:24 (45.8%)	7:09	8.4 (54.2%)
119	BOBROWSKI Emanuel	320	SKB DZIK	POLICE		OPEN -M	93	M 94	00:36:16.15	+00:16:53 (46.6%)	7:15	8.3 (53.5%)
120	SZCZOTKOWSKI Tomasz	137	Parówy			OPEN -M	94	M 95	00:37:14.00	+00:17:51 (48.0%)	7:26	8.1 (52.3%)
121	DYDEK Dorota	142		SZCZECIN		OPEN -K	26	K 26	00:37:16.90	+00:17:54 (48.0%)	7:27	8.1 (52.3%)
122	MATYSIAK Sławomir	68		CHRZANÓW		OPEN -M	95	M 96	00:37:18.20	+00:17:55 (48.1%)	7:27	8 (51.6%)
123	KNAPIK Justyna	53	DZIKI SPECJALNEJ TROSKI	BABICE		OPEN -K	27	K 27	00:37:18.95	+00:17:56 (48.1%)	7:27	8 (51.6%)
124	MEDINA Dayana	158		SZCZECIN		OPEN -K	28	K 28	00:37:20.20	+00:17:57 (48.1%)	7:28	8 (51.6%)
125	ROSIŃSKI Stef	86		SZCZECIN		OPEN -M	96	M 97	00:37:22.75	+00:18:00 (48.2%)	7:28	8 (51.6%)
126	MASSIEL Julia	156		SZCZECIN		OPEN -K	29	K 29	00:37:23.65	+00:18:01 (48.2%)	7:28	8 (51.6%)
127	PAWŁOWSKA Agata	175		SZCZECIN		OPEN -K	30	K 30	00:37:24.20	+00:18:01 (48.2%)	7:28	8 (51.6%)
128	RUSZCZAK Łukasz	186		SZCZECIN		OPEN -M	97	M 98	00:37:24.45	+00:18:02 (48.2%)	7:28	8 (51.6%)
129	JĘDRYKA Anna	44	DZIKI SPECJALNEJ TROSKI	TRZEBINIA		OPEN -K	31	K 31	00:37:32.75	+00:18:10 (48.4%)	7:30	8 (51.6%)
130	RZEPLIŃSKA Weronika	188		SZCZECIN		OPEN -K	32	K 32	00:37:48.45	+00:18:26 (48.8%)	7:33	7.9 (51.0%)
131	PUCHALSKA Patrycja	183		GOLENIÓW		OPEN -K	33	K 33	00:37:49.20	+00:18:26 (48.8%)	7:33	7.9 (51.0%)
132	BAK Natalia	204	BRAK	POLICE		OPEN -K	34	K 34	00:37:49.55	+00:18:27 (48.8%)	7:33	7.9 (51.0%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas netto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
133	TAUBE-KACZOR Monika	103	2 BATALION SAPERÓW	KOLIN		OPEN -K	35	K 35	00:37:52.25	+00:18:29 (48.8%)	7:34	7.9 (51.0%)
134	KRUSZCZYŃSKA Bożena	133	DIRTY TIGERS			OPEN -K	36	K 36	00:37:56.10	+00:18:33 (48.9%)	7:35	7.9 (51.0%)
135	KRUSZCZYŃSKA Agata	59	DIRTY TIGERS	PRZYBYŚLAW		OPEN -K	37	K 37	00:37:58.40	+00:18:36 (49.0%)	7:35	7.9 (51.0%)
136	MATUSIAK Wojciech	324		SZCZECIN		OPEN -M	98	M 99	00:37:58.95	+00:18:36 (49.0%)	7:35	7.9 (51.0%)
137	KRUK Agnieszka	58	GRUPA MALBORK	SZYMANKOWO		OPEN -K	38	K 38	00:38:32.95	+00:19:10 (49.7%)	7:42	7.8 (50.3%)
138	GARSTKA Izabela	29	GRUPA MALBORK	MALBORK		OPEN -K	39	K 39	00:38:33.30	+00:19:11 (49.8%)	7:42	7.8 (50.3%)
139	ZIELIŃSKI Maciej	121	DIRTY TIGERS	MIERZYN		OPEN -M	99	M 100	00:38:58.50	+00:19:36 (50.3%)	7:47	7.7 (49.7%)
140	PIWOWARSKA Ewelina	179		SZCZECIN		OPEN -K	40	K 40	00:39:00.00	+00:19:37 (50.3%)	7:48	7.7 (49.7%)
141	BARSZCZEWSKI Jacek	203		MORZYCZYN		OPEN -M	100	M 101	00:39:43.85	+00:20:21 (51.2%)	7:56	7.6 (49.0%)
142	BARSZCZEWSKA Marlena	202		MORZYCZYN		OPEN -K	41	K 41	00:39:44.25	+00:20:21 (51.3%)	7:56	7.6 (49.0%)
143	KOWALSKA Edyta	235	SKB DZIK	KRAJNIK		OPEN -K	42	K 42	00:40:19.55	+00:20:57 (52.0%)	8:03	7.4 (47.7%)
144	NOWAK Grzegorz	173		POLICE		OPEN -M	101	M 102	00:40:27.20	+00:21:04 (52.1%)	8:05	7.4 (47.7%)
145	NOWAK Marta	172		POLICE		OPEN -K	43	K 43	00:40:27.40	+00:21:05 (52.1%)	8:05	7.4 (47.7%)
146	PIOTRÓW Karolina	177		SZCZECIN		OPEN -K	44	K 44	00:40:27.70	+00:21:05 (52.1%)	8:05	7.4 (47.7%)
147	BEDNARZ Katarzyna	13		KOŁOBRZEG		OPEN -K	45	K 45	00:40:36.25	+00:21:13 (52.3%)	8:07	7.4 (47.7%)
148	RZEPIELA-PODLECKA Anna	88	INSTRUKTOR PŁYWANIA ŁUKASZ PODLECKI TEAM	POLICE		OPEN -K	46	K 46	00:40:39.25	+00:21:16 (52.4%)	8:07	7.4 (47.7%)
149	MATYSEK Ireneusz	67	KOMANDOS WAŁECKI	WAŁCZ DRUGI		OPEN -M	102	M 103	00:40:44.40	+00:21:22 (52.5%)	8:08	7.4 (47.7%)
150	MIELIŃSKI Mateusz	160		SZCZECIN		OPEN -M	103	M 104	00:40:45.35	+00:21:23 (52.5%)	8:09	7.4 (47.7%)
151	ROGOLEWSKA Agnieszka	169		SZCZECIN		OPEN -K	47	K 47	00:40:45.90	+00:21:23 (52.5%)	8:09	7.4 (47.7%)
152	NATALCZYK Ewelina	74		SZCZECIN		OPEN -K	48	K 48	00:40:46.40	+00:21:24 (52.5%)	8:09	7.4 (47.7%)
153	CHWALENCKI Grzegorz	779	UNIVERSUM	SZCZECIN		OPEN -M	104	M 105	00:40:46.50	+00:21:24 (52.5%)	8:09	7.4 (47.7%)
154	RETECKI Paweł	184		PYRZYCE		OPEN -M	105	M 106	00:40:53.40	+00:21:31 (52.6%)	8:10	7.3 (47.1%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas netto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
155	KOWALSKI Dariusz	238	SKB DZIK	KRAJNIK		OPEN -M	106	M 107	00:40:53.45	+00:21:31 (52.6%)	8:10	7.3 (47.1%)
156	PODLECKI Łukasz	126	INSTRUKTOR PŁYWANIA ŁUKASZ PODLECKI TEAM	POLICE		OPEN -M	107	M 108	00:41:27.50	+00:22:05 (53.3%)	8:17	7.2 (46.5%)
157	MILANOWICZ Maciej	136	Parówy			OPEN -M	108	M 109	00:41:30.70	+00:22:08 (53.3%)	8:18	7.2 (46.5%)
158	ZABŁOCKA Mariola	140	Parówy	SZCZECIN		OPEN -K	49	K 49	00:41:30.80	+00:22:08 (53.3%)	8:18	7.2 (46.5%)
159	BOCZKOWSKA Joanna	138	Parówy	SZCZECIN		OPEN -K	50	K 50	00:41:31.95	+00:22:09 (53.4%)	8:18	7.2 (46.5%)
160	NOWAK Zbigniew	75	SKB DZIK	POLICE		OPEN -M	109	M 110	00:42:15.25	+00:22:52 (54.2%)	8:27	7.1 (45.8%)
161	ŁASKA Monika	65	DIRTY TIGERS	INOWROCLAW		OPEN -K	51	K 51	00:42:22.55	+00:23:00 (54.3%)	8:28	7.1 (45.8%)
162	JAKUBOWSKA Emilia	223		SZCZECIN		OPEN -K	52	K 52	00:42:27.30	+00:23:05 (54.4%)	8:29	7.1 (45.8%)
162	LUTKIEWICZ Aleksandra	250		SZCZECIN		OPEN -K	52	K 52	00:42:27.30	+00:23:05 (54.4%)	8:29	7.1 (45.8%)
164	ŁOPALEWSKA Joanna	151		SZCZECIN		OPEN -K	54	K 54	00:42:58.95	+00:23:36 (54.9%)	8:35	7 (45.2%)
165	MARCINKOWSKI Rafał	154	ENERGETYCZNY ZRYW	SZCZECIN		OPEN -M	110	M 111	00:43:31.25	+00:24:08 (55.5%)	8:42	6.9 (44.5%)
166	GREBER Kinga	221		POLICE		OPEN -K	55	K 55	00:43:31.35	+00:24:09 (55.5%)	8:42	6.9 (44.5%)
167	GREBER Piotr	222		POLICE		OPEN -M	111	M 112	00:43:32.00	+00:24:09 (55.5%)	8:42	6.9 (44.5%)
168	KOROBEJKO Laura	234	ENERGETYCZNY ZRYW	POLICE		OPEN -K	56	K 56	00:43:37.35	+00:24:15 (55.6%)	8:43	6.9 (44.5%)
169	CHUDZIK Klaudia	22	DZIKIE PAPRYKARZE I SPÓŁKA	TCZEW		OPEN -K	57	K 57	00:44:08.90	+00:24:46 (56.1%)	8:49	6.8 (43.9%)
170	BOŚKO Paulina	18	DZIKIE PAPRYKARZE I SPÓŁKA	SZCZECIN		OPEN -K	58	K 58	00:44:13.00	+00:24:50 (56.2%)	8:50	6.8 (43.9%)
171	KRÓL Magdalena	57	DZIKIE PAPRYKARZE I SPÓŁKA	SZCZECIN		OPEN -K	59	K 59	00:44:13.50	+00:24:51 (56.2%)	8:50	6.8 (43.9%)
172	KOŁODZIEJCZYK Rafał	54		SZCZECIN		OPEN -M	112	M 113	00:44:42.90	+00:25:20 (56.7%)	8:56	6.7 (43.2%)
173	KACZMAREK Natalia	227		SZCZECIN		OPEN -K	60	K 60	00:44:44.25	+00:25:21 (56.7%)	8:56	6.7 (43.2%)
174	PRABUCKI Jarek	84	UKŁ ÓSEMKA POLICE	POLICE		OPEN -M	113	M 114	00:44:45.55	+00:25:23 (56.7%)	8:57	6.7 (43.2%)
175	PRABUCKA Karolina	83		POLICE		OPEN -K	61	K 61	00:44:45.65	+00:25:23 (56.7%)	8:57	6.7 (43.2%)
176		322						1	00:44:52.70	+00:25:30 (56.8%)	8:58	6.7 (43.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas netto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
177	KROTOL Bartosz	128		POLICE		OPEN -M	114	M 115	00:44:54.00	+00:25:31 (56.9%)	8:58	6.7 (43.2%)
178	WOŹNIAK Oliwier	314		PYRZYCE		OPEN -M	115	M 116	00:44:59.95	+00:25:37 (57.0%)	8:59	6.7 (43.2%)
179	WOŹNIAK Emilia	313		PYRZYCE		OPEN -K	62	K 62	00:45:00.40	+00:25:38 (57.0%)	9:00	6.7 (43.2%)
180	KACZOROWSKA Julia	321	ATDSH	POLICE		OPEN -K	63	K 63	00:45:04.70	+00:25:42 (57.0%)	9:00	6.7 (43.2%)
181	WIADEREK Beata	309	MEDYCY	POLICE		OPEN -K	64	K 64	00:45:07.70	+00:25:45 (57.1%)	9:01	6.6 (42.6%)
182	KONIK Aneta	233	POLICZANKI	POLICE		OPEN -K	65	K 65	00:45:09.75	+00:25:47 (57.1%)	9:01	6.6 (42.6%)
183	KOZAK Anna	240	MEDYCY	POLICE		OPEN -K	66	K 66	00:45:15.55	+00:25:53 (57.2%)	9:03	6.6 (42.6%)
184	JAROSZEWICZ Katarzyna	225	MEDYCY	POLICE		OPEN -K	67	K 67	00:45:50.80	+00:26:28 (57.7%)	9:10	6.5 (41.9%)
185	KNAP Sylwia	232		SZCZECIN		OPEN -K	68	K 68	00:45:52.40	+00:26:30 (57.8%)	9:10	6.5 (41.9%)
186	KRAIŃSKA Karolina	244		POLICE		OPEN -K	69	K 69	00:46:15.25	+00:26:52 (58.1%)	9:15	6.5 (41.9%)
187	KRAIŃSKA Wioletta	243		TANOWO		OPEN -K	70	K 70	00:46:22.80	+00:27:00 (58.2%)	9:16	6.5 (41.9%)
188	STACHOWICZ Małgorzata	94	KKM	MALBORK		OPEN -K	71	K 71	00:46:32.55	+00:27:10 (58.4%)	9:18	6.4 (41.3%)
189	GABRYŚ Karolina	218		SZCZECIN		OPEN -K	72	K 72	00:46:36.60	+00:27:14 (58.4%)	9:19	6.4 (41.3%)
190	MYŁKA Jerzy	166	MYŁKA TEAM	POLICE		OPEN -M	116	M 117	00:47:00.85	+00:27:38 (58.8%)	9:24	6.4 (41.3%)
191	MYŁKA Antonina	168	MYŁKA TEAM	POLICE		OPEN -K	73	K 73	00:47:01.00	+00:27:38 (58.8%)	9:24	6.4 (41.3%)
192	MYŁKA Hanna	167	MYŁKA TEAM	POLICE		OPEN -K	74	K 74	00:47:02.05	+00:27:39 (58.8%)	9:24	6.4 (41.3%)
193	KOZAK Daria	241		SZCZECIN		OPEN -K	75	K 75	00:47:21.10	+00:27:58 (59.1%)	9:28	6.3 (40.6%)
194	CIACHLA Matylda	23		POLICE		OPEN -K	76	K 76	00:48:36.55	+00:29:14 (60.1%)	9:43	6.2 (40.0%)
195	PODOLSKA Karolina	180		ŚWINOUJŚCIE		OPEN -K	77	K 77	00:49:17.90	+00:29:55 (60.7%)	9:51	6.1 (39.4%)
196	TARNOWSKA Alicja	304		WOLIN		OPEN -K	78	K 78	00:49:18.00	+00:29:55 (60.7%)	9:51	6.1 (39.4%)
197	KLIMAS Anna	231	ENERGETYCZNY ZRYW	POLICE		OPEN -K	79	K 79	00:50:01.70	+00:30:39 (61.3%)	10:00	6 (38.7%)
198	CHOJNACKI Adrian	210	ENERGETYCZNY ZRYW	POLICE		OPEN -M	117	M 118	00:50:41.65	+00:31:19 (61.8%)	10:08	5.9 (38.1%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Czas netto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
199	KLIMAS Natan	319	ENERGETYCZNY ZRYW	POLICE		OPEN -M	118	M 119	00:50:41.75	+00:31:19 (61.8%)	10:08	5.9 (38.1%)
200	KOWALSKA Natałka	236	SKB DZIK	KRAJNIK		OPEN -K	80	K 80	00:54:22.55	+00:35:00 (64.4%)	10:52	5.5 (35.5%)
201	KOWALSKI Adrian	237	SKB DZIK	KRAJNIK		OPEN -M	119	M 120	00:54:23.80	+00:35:01 (64.4%)	10:52	5.5 (35.5%)
202	SIEMIENIEC Patrycja	193	MEDYCY	POLICE		OPEN -K	81	K 81	00:58:00.50	+00:38:38 (66.6%)	11:36	5.2 (33.5%)
203	JOŃCA Anita	226	MEDYCY	POLICE		OPEN -K	82	K 82	00:58:51.05	+00:39:28 (67.1%)	11:46	5.1 (32.9%)