

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury,Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię               | Miejscowość         | Klub                                 | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M  | K |
|------|---------|-----------------------------|---------------------|--------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|----|---|
| 1    | 887     | KOCZWARA TOMASZ             | RADOMYŚL WIELKI     | MARCIN ŚWIERC TEAM                   | POL  | 1977       | M40       | 1          | 07:30:20    | 5:03         | 11,9       | 01:41:13 | 04:08:03 | 04:42:19 | 1  |   |
| 2    | 781     | KOBYŁECKI MICHAŁ            | WROCŁAW             | PROCOM SYSTEM TEAM PROCOM SYSTEM     | POL  | 1993       | M18       | 1          | 07:30:03    | 5:28         | 11,0       | 01:47:41 | 04:30:03 | 05:05:54 | 2  |   |
| 3    | 867     | OLEKSIEWICZ MAURZYCY        | ŁÓDŹ                | ALPIN SPORT HOKA ONE ONE TEAM        | POL  | 1982       | M30       | 1          | 07:30:07    | 5:30         | 10,9       | 01:46:24 | 04:33:33 | 05:07:36 | 3  |   |
| 4    | 733     | JUREK MICHAŁ                | WROCŁAW             |                                      | POL  | 1983       | M30       | 2          | 07:30:05    | 5:30         | 10,9       | 01:50:16 | 04:34:03 | 05:07:53 | 4  |   |
| 5    | 874     | GAWLIK SŁAWEK               | KRAKÓW              | DYNAFIT TEAM POLAND                  | POL  | 1984       | M30       | 3          | 08:30:02    | 5:41         | 10,6       | 01:53:12 | 04:42:50 | 05:17:43 | 5  |   |
| 6    | 609     | URBANEK PATRYK              | MYŚLOWICE           |                                      | POL  | 1993       | M18       | 2          | 07:30:09    | 5:52         | 10,2       | 02:03:23 | 04:52:03 | 05:27:32 | 6  |   |
| 7    | 614     | ŁYJAK BŁAŻEJ                | WROCŁAW             | RATEMYTRAIL.COM                      | POL  | 1979       | M40       | 2          | 07:30:11    | 6:04         | 9,9        | 02:00:44 | 05:00:37 | 05:38:49 | 7  |   |
| 8    | 912     | BORYCKI MIROSLAW            | LIBERTÓW            |                                      | POL  | 1976       | M40       | 3          | 08:30:10    | 6:12         | 9,7        | 01:57:35 | 05:04:36 | 05:46:54 | 8  |   |
| 9    | 792     | MACULEWICZ MATEUSZ          | GDYNIA              | CTS - CZAJATRININGSYSTEM             | POL  | 1979       | M40       | 4          | 07:30:23    | 6:16         | 9,6        | 01:57:18 | 05:07:29 | 05:50:24 | 9  |   |
| 10   | 795     | MIKESZOVA JANA              | NOVÁ PAKA           | SALMING CZ                           | CZE  | 1991       | K18       | 1          | 07:30:11    | 6:21         | 9,4        | 02:15:38 | 05:18:11 | 05:55:06 |    | 1 |
| 11   | 947     | KWIATKOWSKA KINGA           | RADKÓW              | SALCO GARMIN TEAM                    | POL  | 1988       | K30       | 1          | 07:30:18    | 6:26         | 9,3        | 02:18:33 | 05:23:30 | 05:59:41 |    | 2 |
| 12   | 10046   | SZCZEPANIAK ANGELIKA        | RĄBIEŃ              | ALPIN SPORT HOKA ONE ONE TEAM / AKAI | POL  | 1982       | K30       | 2          | 07:30:03    | 6:27         | 9,3        | 02:14:21 | 05:24:23 | 06:00:07 |    | 3 |
| 13   | 750     | MIŚTAK JOLANTA              | OLAWA               | OGB                                  | POL  | 1983       | K30       | 3          | 07:30:57    | 6:27         | 9,3        | 02:10:12 | 05:23:01 | 06:00:33 |    | 4 |
| 14   | 908     | MAZUREK MARCIN              | KRUSZEWNIA          |                                      | POL  | 1978       | M40       | 5          | 08:31:11    | 6:28         | 9,3        | 02:15:04 | 05:23:41 | 06:01:44 | 10 |   |
| 15   | 841     | FORTUNA NORBERT             | GŁOGÓW              | KGHM ZG RUN                          | POL  | 1986       | M30       | 4          | 08:30:05    | 6:29         | 9,3        | 02:01:35 | 05:23:28 | 06:02:00 | 11 |   |
| 16   | 827     | PAZDUR ANTONI               | WOLA SKRZYDŁAŃSKA   |                                      | POL  | 1980       | M40       | 6          | 08:30:34    | 6:29         | 9,3        | 02:05:21 | 05:23:09 | 06:02:21 | 12 |   |
| 17   | 751     | SICIARZ MARCIN              | OLAWA               |                                      | POL  | 1978       | M40       | 7          | 07:31:01    | 6:29         | 9,3        | 02:02:17 | 05:02:41 | 06:02:26 | 13 |   |
| 18   | 861     | KWIATKOWSKI PRZEMYSŁAW      | PISARZOWICE         |                                      | POL  | 1989       | M30       | 5          | 08:30:42    | 6:42         | 9,0        | 02:10:30 | 05:33:42 | 06:14:26 | 14 |   |
| 19   | 10042   | SNARSKI DARIUSZ             | KATOWICE            | WATAHA - ŁĄCZY NAS BIEGANIE          | POL  | 1971       | M40       | 8          | 07:30:07    | 6:48         | 8,8        | 02:24:34 | 05:41:58 | 06:19:46 | 15 |   |
| 20   | 707     | LUZAR RAFAŁ                 | OPOLE               |                                      | POL  | 1979       | M40       | 9          | 07:30:32    | 6:48         | 8,8        | 02:10:30 | 05:33:03 | 06:19:58 | 16 |   |
| 21   | 905     | SIKUT ARKADIUSZ             | TORUŃ               |                                      | POL  | 1974       | M40       | 10         | 08:30:05    | 6:48         | 8,8        | 02:03:30 | 05:29:54 | 06:20:02 | 17 |   |
| 22   | 835     | ORACZ MATEUSZ               | PLEWISKA            | BEZ LITOŚCI KALENJI BY DECATHLON     | POL  | 1988       | M30       | 6          | 08:30:36    | 6:49         | 8,8        | 02:19:14 | 05:43:47 | 06:21:13 | 18 |   |
| 23   | 603     | KUREK JACEK                 | TYCHY               | ŚWIETLIKOWO                          | POL  | 1972       | M40       | 11         | 07:30:30    | 6:50         | 8,8        | 02:10:30 | 05:41:24 | 06:22:07 | 19 |   |
| 24   | 817     | KULCHYTSKYI YEHO            | KRAKÓW              |                                      | POL  | 1998       | M18       | 3          | 08:30:38    | 6:51         | 8,8        | 02:17:50 | 05:40:03 | 06:22:37 | 20 |   |
| 25   | 938     | SKIBA MACIEJ                | WAŁBRZYCH           | SKIBASPORT.PL                        | POL  | 1992       | M18       | 4          | 08:31:57    | 6:51         | 8,8        | 02:17:54 | 05:42:39 | 06:22:44 | 21 |   |
| 26   | 10048   | WICHŁACZ PAWEŁ              | SZRENIAWA           | KB MANIAC POZNAŃ                     | POL  | 1983       | M30       | 7          | 07:30:28    | 6:51         | 8,8        | 02:25:58 | 05:45:42 | 06:23:02 | 22 |   |
| 27   | 871     | TANISTRA - SŁOWIK KATARZYNA | KATOWICE            | HURAGAN LIGOTA                       | POL  | 1978       | K40       | 1          | 08:30:23    | 6:53         | 8,7        | 02:19:20 | 05:43:48 | 06:24:24 |    | 5 |
| 28   | 664     | KRUPA MARCIN                | NOWA RUDA           | AKTYWNA NOWA RUDA                    | POL  | 1976       | M40       | 12         | 07:30:03    | 6:54         | 8,7        | 02:02:23 | 05:44:42 | 06:25:24 | 23 |   |
| 29   | 619     | STOIŃSKI MARCIN             | KOSTRZYN            | BAND OF RUNNERS                      | POL  | 1980       | M40       | 13         | 07:30:38    | 6:55         | 8,7        | 02:09:23 | 05:44:52 | 06:26:49 | 24 |   |
| 30   | 916     | SCHWITALLA ADRIAN           | SIECHNICE           | MKS SIECHNICE                        | POL  | 1978       | M40       | 14         | 08:30:24    | 6:59         | 8,6        | 02:18:19 | 05:49:16 | 06:30:33 | 25 |   |
| 31   | 621     | PRZEPIÓRA MATEUSZ           | WASILKÓW            | BAND OF RUNNERS                      | POL  | 1985       | M30       | 8          | 07:30:33    | 7:03         | 8,5        | 02:15:57 | 05:48:19 | 06:33:39 | 26 |   |
| 32   | 613     | BOLEWICZ MICHAŁ             | RADZIEJÓW           |                                      | POL  | 1996       | M18       | 5          | 07:30:27    | 7:03         | 8,5        | 02:17:25 | 05:49:20 | 06:34:06 | 27 |   |
| 33   | 10030   | NOCHOWICZ MATEUSZ           | POZNAŃ              | TRIGAR.PL TRIGAR.PL                  | POL  | 1990       | M30       | 9          | 07:30:25    | 7:04         | 8,5        | 02:26:54 | 05:56:31 | 06:35:02 | 28 |   |
| 34   | 10057   | ZIEBA TOMASZ                | WARSZAWA            | JACEKBIEGA RUNNING TEAM              | POL  | 1974       | M40       | 15         | 07:31:04    | 7:05         | 8,5        | 02:29:02 | 05:55:42 | 06:36:06 | 29 |   |
| 35   | 761     | MIELĘCKI MACIEJ             | OLSZTYN             |                                      | POL  | 1967       | M50       | 1          | 07:30:25    | 7:06         | 8,5        | 02:27:41 | 05:55:44 | 06:36:49 | 30 |   |
| 36   | 10021   | KOVAŘÍK PAVEL               | RYCHNOV NAD KNĚŽNOU | RUN4FUN                              | CZE  | 1975       | M40       | 16         | 08:30:08    | 7:08         | 8,4        | 02:19:27 | 05:55:39 | 06:38:39 | 31 |   |
| 37   | 688     | KOTLAREK DAWID              | ZIELONA GÓRA        | VEGE RUNNERS                         | POL  | 1978       | M40       | 17         | 07:30:38    | 7:09         | 8,4        | 02:14:47 | 05:55:50 | 06:39:30 | 32 |   |

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość     | Klub                                | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M  | K  |
|------|---------|----------------------|-----------------|-------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|----|----|
| 38   | 752     | KODZIK ALEKSANDRA    | GDANSK          | BRAK #FITDZIADEK                    | POL  | 1985       | K30       | 4          | 07:30:51    | 7:09         | 8,4        | 02:20:48 | 05:57:03 | 06:40:00 |    | 6  |
| 39   | 907     | GĄSIÓREK PAWEŁ       | ZABRZE          |                                     | POL  | 1989       | M30       | 10         | 08:31:02    | 7:10         | 8,4        | 02:15:03 | 05:48:53 | 06:40:32 | 33 |    |
| 40   | 703     | STRZELCZYK EWA       | KATOWICE        | HURAGAN LIGOTA                      | POL  | 1978       | K40       | 2          | 07:30:00    | 7:11         | 8,4        |          |          | 06:41:12 |    | 7  |
| 41   | 763     | POPRAWSKI MATEUSZ    | BOJANOWO        | KILIŃSKIEGO TEAM                    | POL  | 1988       | M30       | 11         | 07:31:09    | 7:11         | 8,4        | 02:21:45 | 05:59:39 | 06:41:20 | 34 |    |
| 42   | 882     | ANTCZAK ADRIAN       | BOGATYNIA       | IZERY BOGATYNIA                     | POL  | 1976       | M40       | 18         | 08:31:23    | 7:11         | 8,3        | 02:23:22 | 06:01:03 | 06:41:45 | 35 |    |
| 43   | 690     | KARPOWICZ RAFAL      | WROCLAW         |                                     | POL  | 1976       | M40       | 19         | 07:30:00    | 7:14         | 8,3        |          | 06:00:03 | 06:44:17 | 36 |    |
| 44   | 10043   | STEFANIAK ŁUKASZ     | SZCZECIN        |                                     | POL  | 1978       | M40       | 20         | 07:31:38    | 7:18         | 8,2        | 02:34:10 | 06:09:13 | 06:47:43 | 37 |    |
| 45   | 665     | HERCHEL ARKADIUSZ    | GRODKÓW         |                                     | POL  | 1977       | M40       | 21         | 07:31:05    | 7:18         | 8,2        | 02:23:10 | 06:00:33 | 06:48:01 | 38 |    |
| 46   | 617     | BERSZ TOMASZ         | WARSZAWA        | WTK                                 | POL  | 1979       | M40       | 22         | 07:31:37    | 7:19         | 8,2        | 02:37:11 | 06:02:19 | 06:48:40 | 39 |    |
| 47   | 848     | PTASIŃSKI TOMASZ     | NOWA RUDA       | CZAJKERSI                           | POL  | 1977       | M40       | 23         | 08:30:12    | 7:19         | 8,2        | 02:22:14 | 06:03:41 | 06:49:19 | 40 |    |
| 48   | 945     | KRYM KATARZYNA       | SMOLEC          | HERCOG RUNNING TEAM NIGHT RUNNERS   | POL  | 1977       | K40       | 3          | 08:30:29    | 7:20         | 8,2        | 02:31:40 | 06:08:14 | 06:50:07 |    | 8  |
| 49   | 901     | KWIATKOWSKI PAWEŁ    | PISARZOWICE     |                                     | POL  | 1985       | M30       | 12         | 08:30:41    | 7:22         | 8,2        | 02:16:54 | 06:05:19 | 06:51:25 | 41 |    |
| 50   | 917     | ŚLEZIAK JAROSŁAW     | ZŁOTY STOK      | MATNER RUNNING TEAM                 | POL  | 1979       | M40       | 24         | 08:30:14    | 7:23         | 8,1        | 02:16:38 | 06:05:01 | 06:52:31 | 42 |    |
| 51   | 902     | GREIVELDINGER GILLES | KORNIK          | ŚWIAT BIEGACZA FEHLAU RUN TEAM ŚWIA | FRA  | 1971       | M40       | 25         | 08:31:15    | 7:23         | 8,1        | 02:18:50 | 06:07:52 | 06:52:49 | 43 |    |
| 52   | 923     | FLIS-CZAJKA JUSTYNA  | PISARY          | LACHO TEAM                          | POL  | 1984       | K30       | 5          | 08:30:32    | 7:23         | 8,1        | 02:33:54 | 06:10:50 | 06:52:56 |    | 9  |
| 53   | 951     | BOROWIAK ADAM        | WROCLAW         | EL-AGO ADAM BOROWIAK                | POL  | 1981       | M30       | 13         | 08:30:58    | 7:24         | 8,1        | 02:15:20 | 06:12:59 | 06:53:32 | 44 |    |
| 54   | 884     | KURCZYK TOMASZ       | KOLONOWSKIE     | XXX                                 | POL  | 1978       | M40       | 26         | 07:31:13    | 7:25         | 8,1        | 02:17:49 | 06:07:10 | 06:54:38 | 45 |    |
| 55   | 893     | PRUCIAK KRZYSZTOF    | OŁAWA           | BIEGOWY PATOL                       | POL  | 1984       | M30       | 14         | 08:30:02    | 7:26         | 8,1        | 02:21:48 | 06:12:03 | 06:55:29 | 46 |    |
| 56   | 10014   | JAJUGA ARKADIUSZ     | ZDZIESZOWICE    |                                     | POL  | 1971       | M40       | 27         | 07:30:15    | 7:26         | 8,1        | 02:25:43 | 06:07:31 | 06:55:31 | 47 |    |
| 57   | 898     | KUPIŃSKI CEZARY      | WROCLAW         | MKS SIECHNICE/SBRT WROCLAW          | POL  | 1968       | M50       | 2          | 08:30:17    | 7:27         | 8,1        | 02:22:08 | 06:10:05 | 06:56:18 | 48 |    |
| 58   | 929     | ZAJĄC LESZEK         | ŚWIEBODZICE     |                                     | POL  | 1983       | M30       | 15         | 08:30:12    | 7:28         | 8,0        | 02:16:35 | 06:10:28 | 06:57:21 | 49 |    |
| 59   | 777     | SUDOMIR PAWEŁ        | WARSZAWA        | JACEKBIEGA RUNNING TEAM             | POL  | 1988       | M30       | 16         | 07:30:52    | 7:28         | 8,0        | 02:31:39 | 06:15:45 | 06:57:34 | 50 |    |
| 60   | 10033   | PARDELA BARTOSZ      | BIELSKO - BIAŁA | FZJ                                 | POL  | 1982       | M30       | 17         | 07:31:35    | 7:29         | 8,0        | 02:38:07 | 06:12:06 | 06:57:59 | 51 |    |
| 61   | 10031   | NOWAKOWSKI PAWEŁ     | IŁOWA           | ŻARY RUNNERS TEAM                   | POL  | 1976       | M40       | 28         | 07:30:11    | 7:30         | 8,0        | 02:38:42 | 06:13:18 | 06:58:50 | 52 |    |
| 62   | 793     | BEDNARZ SEBASTIAN    | OTMUCHÓW        | OTM.B                               | POL  | 1971       | M40       | 29         | 07:30:23    | 7:30         | 8,0        | 02:20:24 | 06:15:42 | 06:59:01 | 53 |    |
| 63   | 738     | ZIMNY TOMASZ         | SZCZECIN        |                                     | POL  | 1956       | M60       | 1          | 07:30:31    | 7:30         | 8,0        | 02:26:04 | 06:15:14 | 06:59:17 | 54 |    |
| 64   | 895     | MARZEC KAROLINA      | DESZCZNO        | DZIKIE DZIKI GORZÓW                 | POL  | 1979       | K40       | 4          | 08:30:25    | 7:31         | 8,0        | 02:25:50 | 06:15:33 | 07:00:16 |    | 10 |
| 65   | 810     | ZERZUT JAROSŁAW      | SZCZECIN        | ŚRUNDUNIA SZCZECIN 1968             | POL  | 1968       | M50       | 3          | 08:30:27    | 7:34         | 7,9        | 02:26:51 | 06:15:53 | 07:03:05 | 55 |    |
| 66   | 10024   | KUŹMIAK STANISŁAW    | ŻARY            | ŻARY RUNNERS TEAM                   | POL  | 1979       | M40       | 30         | 07:30:11    | 7:36         | 7,9        | 02:42:09 | 06:18:56 | 07:04:43 | 56 |    |
| 67   | 711     | OGŁAZA TOMASZ        | KRAKÓW          | WM TRISELF                          | POL  | 1979       | M40       | 31         | 07:30:19    | 7:39         | 7,8        | 02:16:12 | 06:12:36 | 07:07:22 | 57 |    |
| 68   | 10054   | FELTOWICZ JACEK      | BIALYSTOK       |                                     | POL  | 1987       | M30       | 18         | 07:31:36    | 7:39         | 7,8        | 02:41:43 | 06:24:48 | 07:07:40 | 58 |    |
| 69   | 789     | KIŃCZYK TOMASZ       | OŁAWA           | TERMY JAKUBA - OŁAWSKI PARK WODNY T | POL  | 1980       | M40       | 32         | 07:30:57    | 7:41         | 7,8        | 02:26:33 | 06:23:41 | 07:09:54 | 59 |    |
| 70   | 714     | STECZKOWSKA ANNA     | OŁAWA           |                                     | POL  | 1982       | K30       | 6          | 07:30:56    | 7:41         | 7,8        | 02:26:09 | 06:23:40 | 07:09:55 |    | 11 |
| 71   | 897     | SZEGŁOWSKA JUSTYNA   | PĘGÓW           |                                     | POL  | 1983       | K30       | 7          | 08:30:17    | 7:44         | 7,8        | 02:25:57 | 06:23:12 | 07:11:56 |    | 12 |
| 72   | 620     | PRZEPIÓRA ŁUKASZ     | WARSZAWA        | BAND OF RUNNERS                     | POL  | 1985       | M30       | 19         | 07:30:35    | 7:46         | 7,7        | 02:26:32 | 06:23:59 | 07:14:01 | 60 |    |
| 73   | 10015   | JOŃCZYK RAFAŁ        | WARSZAWA        | JACEKBIEGA RUNNING TEAM             | POL  | 1977       | M40       | 33         | 07:30:57    | 7:47         | 7,7        | 02:47:06 | 06:29:10 | 07:15:15 | 61 |    |
| 74   | 879     | KŁOS MARCIN          | GDAŃSK          |                                     | POL  | 1979       | M40       | 34         | 08:31:07    | 7:50         | 7,7        | 02:39:40 | 06:27:11 | 07:18:07 | 62 |    |

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury,Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość      | Klub                                 | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M  | K  |
|------|---------|------------------------|------------------|--------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|----|----|
| 75   | 796     | TARNOGÓRSKA JUSTYNA    | ŻŁOBIZNA         |                                      | POL  | 1985       | K30       | 8          | 07:31:53    | 7:52         | 7,6        | 02:44:37 | 06:32:49 | 07:19:23 |    | 13 |
| 76   | 10055   | BURMAN MICHAŁ          | MUROWANA GOŚLINA | KB GEPARD                            | POL  | 1976       | M40       | 35         | 07:31:43    | 7:52         | 7,6        | 02:43:54 | 06:34:16 | 07:20:04 | 63 |    |
| 77   | 627     | DZIAŁZIAK ŁUKASZ       | OŁAWA            | SENTE.PL                             | POL  | 1986       | M30       | 20         | 07:30:21    | 7:53         | 7,6        | 01:57:47 | 06:03:25 | 07:20:49 | 64 |    |
| 78   | 10001   | BARANOWSKI JACEK       | WARSZAWA         | JACEKBIEGA RUNNING TEAM              | POL  | 1980       | M40       | 36         | 07:30:35    | 7:58         | 7,5        | 02:47:23 | 06:35:30 | 07:24:56 | 65 |    |
| 79   | 767     | CARUK DAMIAN           | KAMIEŃ POMORSKI  |                                      | POL  | 1975       | M40       | 37         | 07:30:52    | 7:58         | 7,5        | 02:26:47 | 06:32:56 | 07:25:02 | 66 |    |
| 80   | 623     | MIELNIK MICHAŁ         | POZNAŃ           | PANICZE                              | POL  | 1989       | M30       | 21         | 07:30:35    | 7:58         | 7,5        | 02:25:55 | 06:32:54 | 07:25:13 | 67 |    |
| 81   | 10004   | CHOROSTKOWSKI BARTOSZ  | WROCŁAW          | CHATA BIEGACZA K34 ZAKOPANE          | POL  | 1982       | M30       | 22         | 07:30:06    | 7:59         | 7,5        | 02:40:46 | 06:41:03 | 07:26:25 | 68 |    |
| 82   | 782     | JAMROZIAK GRZEGORZ     | KAMIEŃ POMORSKI  | AARSLEFF.BIZ RUNNING TEAM AARSLEFF.B | POL  | 1981       | M30       | 23         | 07:30:49    | 7:59         | 7,5        | 02:39:07 | 06:37:11 | 07:26:25 | 69 |    |
| 83   | 668     | KIEŁCZYŃSKI RAJMUND    | LUBIN            | OVER 40 TEAM                         | POL  | 1977       | M40       | 38         | 07:30:47    | 8:02         | 7,5        | 02:38:50 | 06:40:59 | 07:29:07 | 70 |    |
| 84   | 922     | WIELOCH AGNIESZKA      | KATOWICE         | HURAGAN LIGOTA                       | POL  | 1984       | K30       | 9          | 08:30:24    | 8:02         | 7,5        | 02:43:47 | 06:40:03 | 07:29:13 |    | 14 |
| 85   | 10039   | POTONIEC GRZEGORZ      | WARSZAWA         | RODZEŃSTWO RAKSA                     | POL  | 1985       | M30       | 24         | 07:30:22    | 8:03         | 7,5        | 02:48:53 | 06:44:24 | 07:29:52 | 71 |    |
| 86   | 942     | CZERNIK JUDYTA         | ZABRZE           | JRCZ JRCZ                            | POL  | 1989       | K30       | 10         | 08:30:56    | 8:03         | 7,5        | 02:49:19 | 06:44:17 | 07:29:56 |    | 15 |
| 87   | 759     | PETRYKOWSKI KAROL      | SZCZECIN         | HASAJTOI                             | POL  | 1988       | M30       | 25         | 07:32:03    | 8:05         | 7,4        | 02:42:53 | 06:42:16 | 07:32:01 | 72 |    |
| 88   | 819     | MAJCHRZAK MARCIN       | SWARZĘDZ         | MAJ TEAM                             | POL  | 1978       | M40       | 39         | 08:30:41    | 8:07         | 7,4        | 02:25:21 | 06:43:52 | 07:33:43 | 73 |    |
| 89   | 760     | ROKITA ANDRZEJ         | ŚRODA ŚLĄSKA     |                                      | POL  | 1967       | M50       | 4          | 07:31:26    | 8:07         | 7,4        | 02:33:27 | 06:42:09 | 07:34:07 | 74 |    |
| 90   | 10049   | WIERZBA JACEK          | ŻMIGRÓD          | KB SUKCES ŻMIGRÓD KB SUKCES ŻMIGRÓD  | POL  | 1978       | M40       | 40         | 07:31:48    | 8:08         | 7,4        | 02:41:36 | 06:45:33 | 07:34:55 | 75 |    |
| 91   | 950     | WALESIAK WOJCIECH      | WARSZAWA         | REMBERTÓW TEAM                       | POL  | 1985       | M30       | 26         | 08:31:10    | 8:09         | 7,4        | 02:43:07 | 06:48:58 | 07:35:34 | 76 |    |
| 92   | 919     | CHYLIŃSKA AGNIESZKA    | ŁÓDŹ             | CHODZIMISIE CHODZIMISIE              | POL  | 1987       | K30       | 11         | 08:31:49    | 8:10         | 7,3        | 02:38:12 | 06:50:00 | 07:36:59 |    | 16 |
| 93   | 10050   | WUJDA MARTA            | ŻARY             | ŻARY RUNNERS TEAM ŻARY RUNNERS TEA   | POL  | 1976       | K40       | 5          | 07:30:13    | 8:11         | 7,3        | 02:51:43 | 06:49:55 | 07:37:19 |    | 17 |
| 94   | 805     | STĘŻYCKI MACIEJ        | ZBRUDZEWO        |                                      | POL  | 1987       | M30       | 27         | 07:31:06    | 8:12         | 7,3        | 02:28:34 | 06:41:40 | 07:38:26 | 77 |    |
| 95   | 797     | SLAZIŃSKI PAWEŁ        | ZBRUDZEWO        | REHAU CROSSACTIVE                    | POL  | 1977       | M40       | 41         | 07:31:05    | 8:12         | 7,3        | 02:28:57 | 06:41:42 | 07:38:26 | 78 |    |
| 96   | 10051   | ZAKROCZYŃSKI MICHAŁ    | WARSZAWA         |                                      | POL  | 1969       | M50       | 5          | 07:32:07    | 8:12         | 7,3        | 02:47:35 | 06:50:12 | 07:38:33 | 79 |    |
| 97   | 602     | SMOLAREK PATRYK        | ZAWONIA          |                                      | POL  | 1998       | M18       | 6          | 07:31:48    | 8:12         | 7,3        | 02:38:35 | 06:45:59 | 07:38:34 | 80 |    |
| 98   | 762     | SĘDZIK PIOTR           | WROCŁAW          | VILLA MEDICA                         | POL  | 1994       | M18       | 7          | 07:32:02    | 8:13         | 7,3        | 02:44:50 | 06:52:26 | 07:38:55 | 81 |    |
| 99   | 10045   | STRYCYŃSKI TOMASZ      | KOMORNIKI        | EFITNESS RACING TEAM                 | POL  | 1978       | M40       | 42         | 07:31:53    | 8:13         | 7,3        | 02:59:00 | 06:49:51 | 07:39:02 | 82 |    |
| 100  | 743     | PIELATOWSKI ADAM       | POZNAŃ           | DIRTY SPARROWS CHOCOLISSIMO          | POL  | 1989       | M30       | 28         | 07:31:08    | 8:15         | 7,3        | 02:33:20 | 06:50:44 | 07:41:20 | 83 |    |
| 101  | 933     | GAIDA KAROL            | WROCŁAW          | WROCŁAWSKIE ŚWIRY                    | POL  | 1992       | M18       | 8          | 08:30:22    | 8:16         | 7,3        | 02:34:38 | 06:52:27 | 07:41:55 | 84 |    |
| 102  | 815     | ZDANOWICZ ŁA           | WROCŁAW          | VEGE RUNNERS POLSKA                  | POL  | 1974       | K40       | 6          | 08:30:29    | 8:17         | 7,2        | 02:51:43 | 06:55:16 | 07:42:37 |    | 18 |
| 103  | 640     | MŁOST TOMASZ           | WADOWICE         | #ZBIEGANIEMMIDOTWARZY                | POL  | 1985       | M30       | 29         | 07:30:49    | 8:17         | 7,2        | 02:38:01 | 06:49:32 | 07:43:03 | 85 |    |
| 104  | 808     | RUDNICKI MACIEJ        | WARKA            | KS START PUŁASKI WARKA               | POL  | 1970       | M50       | 6          | 08:30:17    | 8:18         | 7,2        | 02:36:43 | 06:49:01 | 07:43:55 | 86 |    |
| 105  | 784     | KUCHARSKI ARKADIUSZ    | OBORNIKI ŚL.     |                                      | POL  | 1984       | M30       | 30         | 07:30:27    | 8:18         | 7,2        | 02:24:02 | 06:39:32 | 07:44:05 | 87 |    |
| 106  | 894     | SADKOWSKI PAWEŁ        | MAKÓW            | KALLIPSO RUNNERS TEAM                | POL  | 1980       | M40       | 43         | 07:30:45    | 8:18         | 7,2        | 02:44:16 | 06:54:44 | 07:44:17 | 88 |    |
| 107  | 741     | DĄBROWSKI RAFAŁ SZYMON | WASILKÓW         | DĄBEK-BUD DĄBEK-BUD                  | POL  | 1982       | M30       | 31         | 07:30:38    | 8:19         | 7,2        | 02:39:37 | 06:56:29 | 07:44:57 | 89 |    |
| 108  | 618     | BARASIŃSKI TOMASZ      | BEŁCHATÓW        | KLUB BIEGACZA SPARTAKUS BEŁCHATÓW    | POL  | 1975       | M40       | 44         | 07:30:49    | 8:19         | 7,2        | 02:25:06 | 06:59:31 | 07:45:02 | 90 |    |
| 109  | 10044   | STĘPIEŃ WOJCIECH       | GLIWICE          | COMPAPEROS ASFALT TEAM               | POL  | 1975       | M40       | 45         | 07:31:59    | 8:20         | 7,2        | 02:50:25 | 06:58:48 | 07:45:33 | 91 |    |
| 110  | 10052   | ZAWORSKI TOMASZ        | WROCŁAW          |                                      | POL  | 1988       | M30       | 32         | 07:30:16    | 8:22         | 7,2        | 02:55:38 | 06:58:49 | 07:47:45 | 92 |    |
| 111  | 869     | FINKBEINER ŁUKASZ      | KATOWICE         | HURAGAN LIGOTA                       | POL  | 1982       | M30       | 33         | 08:30:23    | 8:23         | 7,2        | 02:33:10 | 06:58:52 | 07:48:43 | 93 |    |

jacek.grzybowski@sts-timing.pl

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury,Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość      | Klub                         | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M   | K  |
|------|---------|-----------------------|------------------|------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|-----|----|
| 112  | 642     | BRENDA MICHAŁ         | CADOLZBURG       | LAUFTEAM FÜRTH 2010          | GER  | 1981       | M30       | 34         | 07:31:35    | 8:23         | 7,2        | 02:31:21 | 06:54:32 | 07:48:46 | 94  |    |
| 113  | 10058   | MAZUREK ROMAN         | MURÓW            | SPARTANIE DZIECIOM           | POL  | 1978       | M40       | 46         | 07:30:07    | 8:23         | 7,2        | 02:51:49 | 07:02:54 | 07:48:50 | 95  |    |
| 114  | 704     | CHRAPŁAK KAROL        | LESZNO           | NASZ DOM NASZ ŚWIAT          | POL  | 1976       | M40       | 47         | 08:31:11    | 8:24         | 7,1        | 02:38:02 | 06:58:50 | 07:49:38 | 96  |    |
| 115  | 849     | BUDYCH AREK           | WRONKI           |                              | POL  | 1981       | M30       | 35         | 08:30:20    | 8:25         | 7,1        | 02:39:52 | 06:55:27 | 07:50:23 | 97  |    |
| 116  | 692     | BIECUSZEK TOMASZ      | NOWA RUDA        | AKTYWNA NOWA RUDA            | POL  | 1978       | M40       | 48         | 07:30:40    | 8:25         | 7,1        | 02:26:43 | 06:51:28 | 07:50:31 | 98  |    |
| 117  | 608     | KOLACHA PATRYK        | IMIELIN          |                              | POL  | 1995       | M18       | 9          | 07:30:33    | 8:27         | 7,1        | 02:39:49 | 06:56:18 | 07:52:36 | 99  |    |
| 118  | 843     | RYŻEWSKI KRZYSZTOF    | MIRKÓW           | QUADIMODO RACING RAWLPLUG    | POL  | 1971       | M40       | 49         | 08:30:29    | 8:28         | 7,1        | 02:43:45 | 07:01:56 | 07:53:08 | 100 |    |
| 119  | 630     | KOS ROBERT            | BERLIN           |                              | GER  | 1969       | M50       | 7          | 07:30:47    | 8:28         | 7,1        | 02:38:44 | 07:01:50 | 07:53:37 | 101 |    |
| 120  | 806     | ANACZKOWSKI MIROŚŁAW  | SZTUM            | LKS ZANTYR SZTUM             | POL  | 1956       | M60       | 2          | 08:30:03    | 8:29         | 7,1        | 02:48:42 | 07:04:41 | 07:53:55 | 102 |    |
| 121  | 10034   | PAWLIK PAWEŁ ALIBABA  | OLEŚNICA         | CAŁA OLEŚNICA BIEGA          | POL  | 1974       | M40       | 50         | 07:31:49    | 8:29         | 7,1        | 02:57:45 | 07:06:14 | 07:54:05 | 103 |    |
| 122  | 914     | WIŚNIEWSKI JACEK      | NOWA RUDA        | NOWA RUDA BIEGA              | POL  | 1976       | M40       | 51         | 07:31:39    | 8:30         | 7,1        | 02:32:55 | 07:01:28 | 07:55:16 | 104 |    |
| 123  | 656     | CUPIAK DANIEL         | GRODKÓW          |                              | POL  | 1972       | M40       | 52         | 07:31:05    | 8:30         | 7,1        | 02:41:45 | 07:04:27 | 07:55:18 | 105 |    |
| 124  | 780     | KONOPKA ŁUKASZ        | WAŁBRZYCH        | KAT CROSS WAŁBRZYCH          | POL  | 1986       | M30       | 36         | 07:31:14    | 8:30         | 7,1        | 02:27:13 | 07:06:32 | 07:55:28 | 106 |    |
| 125  | 721     | MŁYNARSKI PAWEŁ       | JÓZEFÓW          | LKS OLYMP BŁONIE             | POL  | 1983       | M30       | 37         | 07:32:07    | 8:32         | 7,0        | 02:56:11 | 07:10:14 | 07:56:54 | 107 |    |
| 126  | 626     | STODOLNY KRZYSZTOF    | WORZYTY          |                              | POL  | 1962       | M50       | 8          | 07:30:54    | 8:32         | 7,0        | 02:52:53 | 07:07:34 | 07:56:58 | 108 |    |
| 127  | 837     | MORAWIEC DANIEL       | ŁÓDŹ             | DM                           | POL  | 1976       | M40       | 53         | 08:32:44    | 8:32         | 7,0        | 02:44:38 | 06:55:53 | 07:57:11 | 109 |    |
| 128  | 941     | CHOŁOTA MAREK         | PIŁA             | BIEGOWY ŚWIAT                | POL  | 1979       | M40       | 54         | 08:30:27    | 8:32         | 7,0        | 02:30:28 | 06:57:31 | 07:57:16 | 110 |    |
| 129  | 694     | PIKOS PATRYK          | POLSKA NOWA WIEŚ |                              | POL  | 1987       | M30       | 38         | 07:31:18    | 8:35         | 7,0        | 02:26:10 | 07:01:30 | 07:59:45 | 111 |    |
| 130  | 866     | DĘBICKI MARIUSZ       | WRZEŚNIA         |                              | POL  | 1975       | M40       | 55         | 08:30:31    | 8:35         | 7,0        | 02:48:14 | 07:07:20 | 07:59:54 | 112 |    |
| 131  | 632     | PASZKIEWICZ KAMIL     | WROCŁAW          |                              | POL  | 1973       | M40       | 56         | 07:31:45    | 8:36         | 7,0        | 02:31:50 | 07:10:13 | 08:00:21 | 113 |    |
| 132  | 872     | CHMIELEWSKI TOMASZ    | ŻORY             |                              | POL  | 1972       | M40       | 57         | 08:30:21    | 8:36         | 7,0        | 02:43:17 | 07:15:42 | 08:00:36 | 114 |    |
| 133  | 890     | CHEŁMINSKI MATEUSZ    | GDAŃSK           |                              | POL  | 1983       | M30       | 39         | 08:30:24    | 8:36         | 7,0        | 02:38:51 | 07:06:20 | 08:00:53 | 115 |    |
| 134  | 802     | SURLAS IZABELA        | WROCŁAW          |                              | POL  | 1991       | K18       | 2          | 08:30:36    | 8:36         | 7,0        | 02:49:40 | 07:07:44 | 08:00:57 |     | 19 |
| 135  | 909     | STARON TOMASZ         | WROCŁAW          |                              | POL  | 1976       | M40       | 58         | 08:30:30    | 8:36         | 7,0        | 02:51:31 | 07:13:19 | 08:01:12 | 116 |    |
| 136  | 679     | LISZKA PIOTREK        | BYTOM            | 19531953                     | POL  | 1953       | M60       | 3          | 07:31:37    | 8:38         | 7,0        | 02:52:44 | 07:12:37 | 08:02:27 | 117 |    |
| 137  | 742     | WIERZBIŃSKA EDYTA     | PIASECZNO        | ULTRADZICZKI I ULTRALISICZKI | POL  | 1976       | K40       | 7          | 07:31:31    | 8:38         | 6,9        | 02:56:59 | 07:12:14 | 08:02:45 |     | 20 |
| 138  | 875     | SUCHAN ANDRZEJ        | WADOWICE         | ENDORFINY WADOWICE           | POL  | 1982       | M30       | 40         | 07:30:45    | 8:40         | 6,9        | 02:57:16 | 07:15:48 | 08:04:34 | 118 |    |
| 139  | 607     | BIAŁECKI ZBYSZEK      | ŁÓDŹ             | ŁÓDŹ RUNNING TEAM            | POL  | 1969       | M50       | 9          | 08:32:07    | 8:41         | 6,9        | 02:50:22 | 07:17:29 | 08:05:22 | 119 |    |
| 140  | 687     | PISAREK KAROL         | WARSZAWA         |                              | POL  | 1988       | M30       | 41         | 07:31:31    | 8:42         | 6,9        | 02:44:46 | 07:10:19 | 08:05:59 | 120 |    |
| 141  | 616     | MIERZOWICKI KRZYSZTOF | WARSZAWA         | MAZURSKIE TROPY              | POL  | 1979       | M40       | 59         | 07:31:08    | 8:43         | 6,9        | 02:40:01 | 07:06:00 | 08:07:38 | 121 |    |
| 142  | 647     | GRZONDZIEL MIROŚŁAW   | KATOWICE         | HURAGAN LIGOTA               | POL  | 1975       | M40       | 60         | 07:31:56    | 8:44         | 6,9        | 02:58:12 | 07:17:10 | 08:07:54 | 122 |    |
| 143  | 672     | SAKOWSKI MACIEJ       | KATOWICE         | HURAGAN LIGOTA               | POL  | 1974       | M40       | 61         | 07:31:45    | 8:44         | 6,9        | 02:58:23 | 07:17:20 | 08:08:08 | 123 |    |
| 144  | 701     | TROCHANOWSKA KAMILA   | SOBIN            | LEM - RUSYN                  | POL  | 1993       | K18       | 3          | 07:31:22    | 8:44         | 6,9        | 03:04:34 | 07:18:12 | 08:08:33 |     | 21 |
| 145  | 601     | SACHMATA ROBERT       | PIASECZNO        | CTS - CZAJATRANINGSYSTEM     | POL  | 1967       | M50       | 10         | 07:31:31    | 8:47         | 6,8        | 02:57:03 | 07:17:44 | 08:11:19 | 124 |    |
| 146  | 622     | GOŁOWSKI CEZARY       | PIASECZNO        | BIEGANIE.PL                  | POL  | 1975       | M40       | 62         | 08:30:14    | 8:50         | 6,8        | 02:36:41 | 07:23:05 | 08:14:14 | 125 |    |
| 147  | 10005   | DARMETKO RAFAŁ        | POZNAŃ           |                              | POL  | 1987       | M30       | 42         | 07:31:13    | 8:51         | 6,8        | 03:02:20 | 07:24:43 | 08:14:44 | 126 |    |
| 148  | 791     | DZIEDZIC ARTUR        | WAŁBRZYCH        | LEŚNE CYMBAŁY                | POL  | 1978       | M40       | 63         | 07:32:05    | 8:51         | 6,8        | 02:55:25 | 07:20:54 | 08:14:55 | 127 |    |

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury,Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość       | Klub                               | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M   | K  |
|------|---------|-----------------------|-------------------|------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|-----|----|
| 149  | 946     | WOŹNIAK PAWEŁ         | WROCŁAW           | KLEP                               | POL  | 1980       | M40       | 64         | 08:30:32    | 8:51         | 6,8        | 02:33:19 | 07:13:43 | 08:14:55 | 128 |    |
| 150  | 790     | BŁASZKIEWICZ TOMASZ   | WAŁBRZYCH         | TEMMPO WAŁBRZYCH                   | POL  | 1975       | M40       | 65         | 07:32:02    | 8:51         | 6,8        | 02:55:22 | 07:19:23 | 08:14:57 | 129 |    |
| 151  | 918     | GAJEWSKI PAWEŁ        | ŁÓDŹ U            | BEAUTY SPORT                       | POL  | 1969       | M50       | 11         | 08:32:18    | 8:52         | 6,8        | 02:46:01 | 07:21:10 | 08:15:22 | 130 |    |
| 152  | 611     | ROKSELA WOJCIECH      | OSTRÓW WLKP.      |                                    | POL  | 1959       | M60       | 4          | 07:30:38    | 8:52         | 6,8        | 02:47:26 | 07:18:59 | 08:15:45 | 131 |    |
| 153  | 696     | NEUMANN JACEK         | RADKÓW            | CENTRUM ŁĄKOWA 1                   | POL  | 1964       | M50       | 12         | 07:31:25    | 8:52         | 6,8        | 02:51:23 | 07:18:23 | 08:15:52 | 132 |    |
| 154  | 10022   | KRAWCZUK DAWID        | POZNAŃ            |                                    | POL  | 1977       | M40       | 66         | 07:30:42    | 8:53         | 6,7        | 03:08:48 | 07:25:08 | 08:16:58 | 133 |    |
| 155  | 10013   | GÓRNY ROBERT          | OZIMEK            |                                    | POL  | 1976       | M40       | 67         | 07:30:27    | 8:54         | 6,7        | 03:08:07 | 07:24:00 | 08:17:22 | 134 |    |
| 156  | 926     | TERLECKI MARCIN       | CZESTOCHOWA       | AMATOR                             | POL  | 1973       | M40       | 68         | 08:30:57    | 8:54         | 6,7        | 02:52:13 | 07:22:44 | 08:17:55 | 135 |    |
| 157  | 930     | MORAWSKI GRZEGORZ     | WARSZAWA          | KONIUCHY OCR                       | POL  | 1983       | M30       | 43         | 08:30:40    | 8:56         | 6,7        | 02:47:01 | 07:25:44 | 08:19:31 | 136 |    |
| 158  | 10029   | MESJASZ MAREK         | LUBIN             | BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | POL  | 1985       | M30       | 44         | 07:31:22    | 8:57         | 6,7        | 03:17:42 | 07:32:37 | 08:20:17 | 137 |    |
| 159  | 828     | GAFFKE KRZYSZTOF      | CZARNÓWKO         | E.L.ITE RUNNERS                    | POL  | 1988       | M30       | 45         | 08:30:56    | 8:58         | 6,7        | 02:47:01 | 07:19:05 | 08:20:47 | 138 |    |
| 160  | 891     | KANIA PAWEŁ           | DĄBROWA GÓRNICZA  | SAINT-GOBAIN SQUAD                 | POL  | 1974       | M40       | 69         | 08:30:45    | 9:00         | 6,7        | 03:00:17 | 07:33:25 | 08:22:42 | 139 |    |
| 161  | 892     | KANIA JOLANTA         | DĄBROWA GÓRNICZA  |                                    | POL  | 1975       | K40       | 8          | 08:30:44    | 9:00         | 6,7        | 03:00:17 | 07:33:27 | 08:22:43 |     | 22 |
| 162  | 712     | CAŁKA KRYSZTIAN       | POZNAN            |                                    | POL  | 1984       | M30       | 46         | 07:31:19    | 9:01         | 6,7        | 02:49:16 | 07:29:16 | 08:23:50 | 140 |    |
| 163  | 820     | GRONAU MACIEJ         | KOBYŁKA           |                                    | POL  | 1984       | M30       | 47         | 08:30:22    | 9:01         | 6,7        | 02:42:23 | 07:17:31 | 08:24:15 | 141 |    |
| 164  | 834     | CIESIELSKI PRZEMYSŁAW | ŁÓDŹ              |                                    | POL  | 1989       | M30       | 48         | 08:30:51    | 9:01         | 6,7        | 02:50:56 | 07:30:01 | 08:24:21 | 142 |    |
| 165  | 10020   | KOSIN PAWEŁ           | KIELCE            | KLUB BIEGAJĄCYCH LEŚNIKÓW          | POL  | 1980       | M40       | 70         | 07:31:03    | 9:03         | 6,6        | 03:13:38 | 07:30:46 | 08:25:42 | 143 |    |
| 166  | 657     | SKRĘTEK MONIKA        | JELENIA GÓRA      | BIEGAMDLAZDROWIA. PL               | POL  | 1972       | K40       | 9          | 07:31:31    | 9:06         | 6,6        | 03:08:01 | 07:34:35 | 08:28:17 |     | 23 |
| 167  | 773     | FILIPIAK MARCIN       | GORZÓW WLKP.      | CF1 GORZÓW WLKP.                   | POL  | 1988       | M30       | 49         | 07:31:23    | 9:06         | 6,6        | 02:57:20 | 07:29:55 | 08:28:28 | 144 |    |
| 168  | 727     | ŻURAWIŃSKI BOGUMIŁ    | BŁONIE            |                                    | POL  | 1983       | M30       | 50         | 07:32:05    | 9:07         | 6,6        | 02:56:12 | 07:30:42 | 08:29:35 | 145 |    |
| 169  | 723     | KARPIŃSKI DAMIAN      | BŁONIE            |                                    | POL  | 1993       | M18       | 10         | 07:32:02    | 9:07         | 6,6        | 02:36:50 | 07:30:44 | 08:29:37 | 146 |    |
| 170  | 944     | DZISZKIEWICZ GRZEGORZ | BIELSKO BIAŁA     |                                    | POL  | 1982       | M30       | 51         | 08:30:41    | 9:07         | 6,6        | 03:10:56 | 07:38:20 | 08:30:05 | 147 |    |
| 171  | 845     | MARECKI GRZEGORZ      | KRAPKOWICE        | KRAPKOWICE BIEGA                   | POL  | 1979       | M40       | 71         | 08:30:45    | 9:08         | 6,6        | 03:03:14 | 07:38:12 | 08:30:15 | 148 |    |
| 172  | 910     | RACZYŃSKA GOSIA       | MYSŁOWICE         | COCA-COLA RUNNERS                  | POL  | 1975       | K40       | 10         | 07:31:25    | 9:08         | 6,6        | 03:06:09 | 07:41:07 | 08:30:44 |     | 24 |
| 173  | 868     | TIAHNYBOK PAWEŁ       | KALETY            | DECATHLON CAR GLIWICE              | POL  | 1972       | M40       | 72         | 08:30:51    | 9:09         | 6,6        | 02:57:20 | 07:39:49 | 08:31:53 | 149 |    |
| 174  | 737     | SZCZEPANIAK ARTUR     | WARSZAWA          | KB CZESIO BIEGA                    | POL  | 1972       | M40       | 73         | 07:31:59    | 9:10         | 6,5        | 03:04:23 | 07:40:13 | 08:32:06 | 150 |    |
| 175  | 915     | WIŚNIEWSKI RADOŚŁAW   | ŁÓDŹ              |                                    | POL  | 1971       | M40       | 74         | 08:32:21    | 9:10         | 6,5        | 02:51:40 | 07:37:49 | 08:32:24 | 151 |    |
| 176  | 935     | ZMYJ DANUTA           | WIELICZKA         | LACHO TEAM                         | POL  | 1974       | K40       | 11         | 08:30:32    | 9:11         | 6,5        | 03:06:11 | 07:39:03 | 08:33:02 |     | 25 |
| 177  | 739     | NIESPODZIANA ANNA     | ROGOŹNO           | ROGOZIŃSKI KLUB BIEGACZA           | POL  | 1982       | K30       | 12         | 07:31:03    | 9:11         | 6,5        | 03:02:30 | 07:39:59 | 08:33:30 |     | 26 |
| 178  | 851     | SZANDAŁA JACEK        | OLEŚNICA          | CAŁA OLEŚNICA BIEGA                | POL  | 1976       | M40       | 75         | 08:31:25    | 9:14         | 6,5        | 02:52:13 | 07:36:29 | 08:36:35 | 152 |    |
| 179  | 10037   | PILECKI ŁUKASZ        | OLEŚNICA          | CAŁA OLEŚNICA BIEGA                | POL  | 1977       | M40       | 76         | 07:31:48    | 9:15         | 6,5        | 03:17:13 | 07:50:12 | 08:37:02 | 153 |    |
| 180  | 754     | ROLIŃSKI RADOŚŁAW     | OLEŚNICA          |                                    | POL  | 1972       | M40       | 77         | 07:32:00    | 9:15         | 6,5        | 03:01:07 | 07:40:27 | 08:37:16 | 154 |    |
| 181  | 10017   | KARALUS SEBASTIAN     | KROSINKO          |                                    | POL  | 1979       | M40       | 78         | 07:31:08    | 9:17         | 6,5        | 03:08:14 | 07:45:19 | 08:38:39 | 155 |    |
| 182  | 881     | GRYS MAREK            | BRZEZINA          |                                    | POL  | 1984       | M30       | 52         | 08:31:04    | 9:18         | 6,4        | 03:12:31 | 07:42:07 | 08:40:20 | 156 |    |
| 183  | 928     | GUZEK MARIUSZ         | KUTNO             | LOSBIEGANEROSKUTNO                 | POL  | 1977       | M40       | 79         | 08:30:35    | 9:20         | 6,4        | 02:34:01 | 07:37:55 | 08:41:53 | 157 |    |
| 184  | 953     | GRABIŃSKI WALDEMAR    | ROGOŹNO WLKP.     | ROGOZIŃSKI KLUB BIEGACZA           | POL  | 1973       | M40       | 80         | 08:30:20    | 9:21         | 6,4        | 03:13:05 | 07:39:01 | 08:42:55 | 158 |    |
| 185  | 683     | BIALIC GRZEGORZ       | BRZEZINKA ŚREDZKA | GRZEGORZ BIALIC GRZEGORZ BIALIC    | POL  | 1979       | M40       | 81         | 07:31:26    | 9:22         | 6,4        | 03:02:20 | 07:48:53 | 08:43:20 | 159 |    |

jacek.grzybowski@sts-timing.pl

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury,Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię                | Miejscowość       | Klub                                | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M   | K  |
|------|---------|------------------------------|-------------------|-------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|-----|----|
| 186  | 952     | JASICKA EWA                  | TYCHY             |                                     | POL  | 1983       | K30       | 13         | 08:30:45    | 9:22         | 6,4        | 02:59:24 | 07:48:13 | 08:43:25 |     | 27 |
| 187  | 943     | JASICKI KRZYSZTOF            | TYCHY             |                                     | POL  | 1980       | M40       | 82         | 08:30:45    | 9:22         | 6,4        | 02:59:24 | 07:48:27 | 08:43:25 | 160 |    |
| 188  | 896     | ZWOLIŃSKI GABRIEL            | KATOWICE          | GABRIEL ZWOLIŃSKI GABRIEL ZWOLIŃSKI | POL  | 1980       | M40       | 83         | 08:30:23    | 9:22         | 6,4        | 03:01:05 | 07:51:04 | 08:43:51 | 161 |    |
| 189  | 10027   | MAŁKOWSKI BOGDAN             | MURÓW             | SPARTANIE DZIECIOM                  | POL  | 1968       | M50       | 13         | 07:30:19    | 9:24         | 6,4        | 03:21:54 | 07:53:20 | 08:45:06 | 162 |    |
| 190  | 766     | SUJECKA URSZULA              | BEŁCHATÓW         | KB SPARTAKUS BEŁCHATÓW              | POL  | 1971       | K40       | 12         | 07:31:42    | 9:24         | 6,4        | 03:27:02 | 07:52:12 | 08:45:48 |     | 28 |
| 191  | 749     | KŁOSOK ADAM                  | MARKŁOWICE        | INŻYNIERIA BIEGANIA                 | POL  | 1977       | M40       | 84         | 07:31:56    | 9:25         | 6,4        | 03:26:04 | 07:57:42 | 08:46:18 | 163 |    |
| 192  | 746     | KUDELSKI IREK                | CHOJNÓW           | ROZBIEGANI CHOJNÓW                  | POL  | 1970       | M50       | 14         | 07:31:34    | 9:26         | 6,4        | 02:55:25 | 07:45:43 | 08:47:12 | 164 |    |
| 193  | 822     | WYSOCKI TOMASZ               | RYBNIK            | OCHAJORUN@FRIENDS                   | POL  | 1972       | M40       | 85         | 08:31:08    | 9:26         | 6,4        | 03:01:52 | 07:50:30 | 08:47:33 | 165 |    |
| 194  | 833     | ŻMUDKA BARTŁOMIEJ            | RYBNIK            | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZ! | POL  | 1978       | M40       | 86         | 08:31:08    | 9:26         | 6,4        | 03:01:52 | 07:50:28 | 08:47:33 | 166 |    |
| 195  | 932     | SZAWARA-ZIÓŁKOWSKA EWELINA   | JELCZ-LASKOWICE   | KB HARCOWNIK JELCZ-LASKOWICE        | POL  | 1985       | K30       | 14         | 07:31:01    | 9:26         | 6,4        | 03:08:59 | 07:51:12 | 08:47:34 |     | 29 |
| 196  | 934     | KOZICZAK KATARZYNA           | WROCŁAW           |                                     | POL  | 1988       | K30       | 15         | 08:31:20    | 9:27         | 6,3        | 03:09:39 | 07:54:58 | 08:48:32 |     | 30 |
| 197  | 10028   | MATUSEWICZ IRENEUSZ          | ZIELONA GÓRA      |                                     | POL  | 1979       | M40       | 87         | 07:31:18    | 9:27         | 6,3        | 03:10:18 | 07:54:41 | 08:48:33 | 167 |    |
| 198  | 859     | RUDY MACIEJ                  | ZĄBKOWICE ŚLĄSKIE | #ULTRARODZINKA                      | POL  | 2001       | M18       | 11         | 08:31:16    | 9:29         | 6,3        | 03:01:06 | 07:54:21 | 08:50:22 | 168 |    |
| 199  | 821     | PITOŃ PAWEŁ                  | ZĄBKOWICE ŚLĄSKIE | #ULTRARODZINKA                      | POL  | 1986       | M30       | 53         | 08:31:16    | 9:29         | 6,3        | 03:01:02 | 07:54:20 | 08:50:31 | 169 |    |
| 200  | 829     | RUDY RAFAŁ                   | WROCŁAW           |                                     | POL  | 1988       | M30       | 54         | 08:31:14    | 9:30         | 6,3        | 03:07:11 | 07:54:23 | 08:50:36 | 170 |    |
| 201  | 809     | BABIŃSKA-POPIŁKA EWELINA     | RADKÓW            |                                     | POL  | 1984       | K30       | 16         | 07:31:30    | 9:30         | 6,3        | 02:52:48 | 07:54:00 | 08:50:48 |     | 31 |
| 202  | 682     | KUBOWICZ ZBIGNIEW            | OLAWA             |                                     | POL  | 1966       | M50       | 15         | 07:31:35    | 9:30         | 6,3        | 03:07:22 | 07:55:45 | 08:51:01 | 171 |    |
| 203  | 10056   | FLISSIKOWSKI MICHAŁ          | NOWA WIEŚ RZECZNA |                                     | POL  | 1991       | M18       | 12         | 07:31:52    | 9:31         | 6,3        | 03:05:14 | 08:08:01 | 08:51:35 | 172 |    |
| 204  | 10026   | LIK MAREK                    | CHEŁM             | CHEŁM BIEGA CHEŁM BIEGA             | POL  | 1966       | M50       | 16         | 07:30:31    | 9:32         | 6,3        | 03:17:37 | 07:52:04 | 08:53:05 | 173 |    |
| 205  | 662     | KISIECKI DAMIAN              | KATOWICE          | HURAGAN LIGOTA                      | POL  | 1982       | M30       | 55         | 07:31:56    | 9:33         | 6,3        | 02:57:39 | 07:55:35 | 08:53:39 | 174 |    |
| 206  | 836     | SAMBORSKI DANIEL             | OPOLE             | BIEGACZE W RADOMSKU WIECZORNE BIEG  | POL  | 1977       | M40       | 88         | 08:31:02    | 9:33         | 6,3        | 03:00:46 | 07:47:35 | 08:54:14 | 175 |    |
| 207  | 840     | GRABCZAK JAROSŁAW            | OPOLE             | ITACY BIEGACZE                      | POL  | 1984       | M30       | 56         | 08:30:59    | 9:33         | 6,3        | 03:01:00 | 07:48:10 | 08:54:15 | 176 |    |
| 208  | 823     | TOMASZEWSKI MICHAŁ           | OPOLE             |                                     | POL  | 1975       | M40       | 89         | 08:30:56    | 9:34         | 6,3        | 03:00:47 | 07:47:15 | 08:54:19 | 177 |    |
| 209  | 720     | GLINA-KRAWCZYK MAŁGORZATA    | STARCZÓW          | ZĄBKOWICKA GRUPA BIEGOWA FRANKENŠ   | POL  | 1974       | K40       | 13         | 07:31:35    | 9:35         | 6,3        | 03:09:45 | 07:52:56 | 08:55:18 |     | 32 |
| 210  | 606     | JASTRZĄB - STANDERSKA JOANNA | CZĘSTOCHOWA       |                                     | POL  | 1980       | K40       | 14         | 07:31:45    | 9:35         | 6,3        | 03:14:12 | 07:57:19 | 08:55:58 |     | 33 |
| 211  | 10012   | GNOT KATARZYNA               | OPOLE             |                                     | POL  | 1974       | K40       | 15         | 07:30:13    | 9:38         | 6,2        | 03:24:09 | 07:59:43 | 08:58:12 |     | 34 |
| 212  | 814     | SADOWSKI MAREK               | GÓRA              | MUKS SZOK BOJANOWO                  | POL  | 1968       | M50       | 17         | 07:31:13    | 9:38         | 6,2        | 02:45:53 | 07:44:11 | 08:58:22 | 178 |    |
| 213  | 954     | KUBISZYN PAWEŁ               | WAŁBRZYCH         | POMIDOROWA ALTERNATYWA              | POL  | 1988       | M30       | 57         | 08:30:25    | 9:38         | 6,2        | 03:00:49 | 07:52:56 | 08:58:36 | 179 |    |
| 214  | 612     | BŁASZKOWIAK BŁAŻEJ           | KARWIANY          |                                     | POL  | 1981       | M30       | 58         | 07:30:40    | 9:40         | 6,2        | 02:44:03 | 07:38:45 | 09:00:35 | 180 |    |
| 215  | 671     | NOWAKOWSKI TOMASZ            | KATOWICE          | HURAGAN LIGOTA                      | POL  | 1971       | M40       | 90         | 07:31:45    | 9:46         | 6,1        | 03:07:53 | 08:05:42 | 09:06:19 | 181 |    |
| 216  | 10016   | KAMIŃSKI ŁUKASZ              | WROCŁAW           |                                     | POL  | 1973       | M40       | 91         | 07:31:06    | 9:47         | 6,1        | 03:09:11 | 08:05:59 | 09:06:58 | 182 |    |
| 217  | 10025   | LEWANDOWSKI JANUSZ           | TARNOWSKIE GÓRY   |                                     | POL  | 1972       | M40       | 92         | 07:30:56    | 9:48         | 6,1        | 03:28:08 | 08:06:24 | 09:08:09 | 183 |    |
| 218  | 889     | WÓJTOWICZ ANNA               | ŁÓDŹ              | M. LASOTA @MALA_ANECZKA             | POL  | 1991       | K18       | 4          | 08:31:12    | 9:48         | 6,1        | 02:59:26 | 08:09:43 | 09:08:14 |     | 35 |
| 219  | 858     | PETRUS KAROLINA              | KATOWICE          |                                     | POL  | 1991       | K18       | 5          | 08:30:26    | 9:49         | 6,1        | 03:07:28 | 08:08:07 | 09:08:21 |     | 36 |
| 220  | 794     | PIRUTA MARIUSZ               | BRZEG             |                                     | POL  | 1981       | M30       | 59         | 07:31:52    | 9:50         | 6,1        | 02:56:10 | 08:00:39 | 09:09:55 | 184 |    |
| 221  | 888     | PERUN WŁODZIMIERZ            | LUBIN             | RUSYN - LEM                         | POL  | 1982       | M30       | 60         | 08:31:09    | 9:51         | 6,1        | 03:14:15 | 08:10:06 | 09:10:49 | 185 |    |
| 222  | 748     | PAULAU MICHAŁ                | KRAKOW            |                                     | POL  | 1989       | M30       | 61         | 07:31:00    | 9:52         | 6,1        | 02:49:58 | 08:00:25 | 09:11:11 | 186 |    |

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość          | Klub                             | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M   | K  |
|------|---------|-------------------------|----------------------|----------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|-----|----|
| 223  | 10009   | FELUCH KRZYSZTOF        | WARSZAWA             | JACEK BIEGA RUNNING TEAM         | POL  | 1973       | M40       | 93         | 07:31:01    | 9:52         | 6,1        | 03:21:13 | 08:11:47 | 09:12:00 | 187 |    |
| 224  | 629     | RABSCH PATRYCJA         | POZNAŃ               |                                  | POL  | 1988       | K30       | 17         | 07:30:40    | 9:54         | 6,1        | 03:13:05 | 08:19:06 | 09:12:58 |     | 37 |
| 225  | 936     | WOSZCZAK JOLANTA        | STRZELIN             | STRZELIŃSKI KLUB BIEGACZA GRANIT | POL  | 1968       | K50       | 1          | 08:30:20    | 9:54         | 6,1        | 03:19:35 | 08:17:51 | 09:13:23 |     | 38 |
| 226  | 772     | KORZENIOWSKA MAŁGORZATA | WARSZAWA             | METLIFE RUN                      | POL  | 1981       | K30       | 18         | 08:30:51    | 9:55         | 6,1        | 03:24:16 | 08:19:39 | 09:14:18 |     | 39 |
| 227  | 904     | IWANIEC EWA             | WARSZAWA (BIELANY)   |                                  | POL  | 1979       | K40       | 16         | 08:30:48    | 9:55         | 6,1        | 03:24:19 | 08:19:44 | 09:14:20 |     | 40 |
| 228  | 708     | BRZOZOWSKA KATARZYNA    | WARSZAWA             |                                  | POL  | 1977       | K40       | 17         | 07:31:27    | 9:55         | 6,0        | 03:19:11 | 08:16:18 | 09:14:33 |     | 41 |
| 229  | 903     | KADECKI MAREK           | KARGOSZYN            |                                  | POL  | 1973       | M40       | 94         | 08:30:08    | 9:55         | 6,0        | 03:14:46 | 08:15:44 | 09:14:39 | 188 |    |
| 230  | 10041   | SACHANBINSKI ALEKSANDER | OZIMEK               | LABOSPORT TEAM                   | POL  | 1965       | M50       | 18         | 07:30:49    | 9:57         | 6,0        | 03:25:26 | 08:14:19 | 09:16:02 | 189 |    |
| 231  | 927     | RYCHTYK DAWID           | WROCŁAW              |                                  | POL  | 1976       | M40       | 95         | 08:31:23    | 9:57         | 6,0        | 03:15:06 | 08:23:35 | 09:16:25 | 190 |    |
| 232  | 838     | ŻAK DOMINIKA            | SZCZECIN             | FARTY PUSZCZY                    | POL  | 1985       | K30       | 19         | 08:30:54    | 9:58         | 6,0        | 03:19:11 | 08:20:50 | 09:17:10 |     | 42 |
| 233  | 844     | FEDYSZYN ANNA           | SZCZECIN             | FARTY PUSZCZY                    | POL  | 1984       | K30       | 20         | 08:30:51    | 9:58         | 6,0        | 03:19:31 | 08:23:33 | 09:17:12 |     | 43 |
| 234  | 637     | MAZUREK MARITA          | KŁODZKO              |                                  | POL  | 1987       | K30       | 21         | 08:30:10    | 9:59         | 6,0        | 03:18:01 | 08:18:01 | 09:18:21 |     | 44 |
| 235  | 624     | ŁOPOKA PRZEMYSŁAW       | ZIĘBICE              | ABY DO METY                      | POL  | 1993       | M18       | 13         | 07:31:22    | 10:00        | 6,0        | 02:49:53 | 07:59:19 | 09:18:49 | 191 |    |
| 236  | 705     | CISZEWSKI MACIEJ        | MIRKÓW               | SAINT-GOBAIN SQUAD               | POL  | 1971       | M40       | 96         | 07:30:45    | 10:00        | 6,0        | 03:14:46 | 08:20:54 | 09:18:58 | 192 |    |
| 237  | 816     | SKOKOWSKI JACEK         | SZCZECIN             | ŚRUNDUNIA SZCZECIN               | POL  | 1964       | M50       | 19         | 08:30:48    | 10:00        | 6,0        | 03:19:11 | 08:20:56 | 09:19:16 | 193 |    |
| 238  | 842     | KACIUPA AGNIESZKA       | SZCZECIN             | BIEGACZKI PIJACZKI               | POL  | 1976       | K40       | 18         | 08:30:45    | 10:00        | 6,0        | 03:19:07 | 08:21:00 | 09:19:20 |     | 45 |
| 239  | 775     | ZEREK MARCIN            | RZEPIN               |                                  | POL  | 1989       | M30       | 62         | 07:31:09    | 10:01        | 6,0        | 03:05:15 | 08:11:21 | 09:19:41 | 194 |    |
| 240  | 695     | SZYSZKOWSKI WŁODZIMIERZ | WARSZAWA             |                                  | POL  | 1968       | M50       | 20         | 07:32:04    | 10:01        | 6,0        | 03:14:28 | 08:12:50 | 09:20:06 | 195 |    |
| 241  | 826     | KURENDA RADOŚLAW        | OPOLE                | KLUB BIEGACZA RTVEUROAGD         | POL  | 1983       | M30       | 63         | 08:30:15    | 10:01        | 6,0        | 03:05:26 | 08:18:27 | 09:20:20 | 196 |    |
| 242  | 824     | KUBÓW JAROSŁAW          | OPOLE                |                                  | POL  | 1982       | M30       | 64         | 08:30:12    | 10:01        | 6,0        | 03:05:48 | 08:18:26 | 09:20:21 | 197 |    |
| 243  | 755     | CHORAŻY IZABELA         | OLEŚNICA             | CAŁA OLEŚNICA BIEGA              | POL  | 1992       | K18       | 6          | 07:31:48    | 10:02        | 6,0        | 03:32:15 | 08:25:08 | 09:20:27 |     | 46 |
| 244  | 715     | KWIATKOWSKA STANISŁAWA  | MIĘKINIA             | NOA                              | POL  | 1967       | K50       | 2          | 07:31:27    | 10:05        | 5,9        | 02:58:28 | 08:37:03 | 09:23:59 |     | 47 |
| 245  | 931     | SCHUMACHER MAŁGORZATA   | PAKOŚĆ               | PAKOŚĆ BIEGA                     | POL  | 1987       | K30       | 22         | 07:31:05    | 10:05        | 5,9        | 03:23:57 | 08:19:47 | 09:24:05 |     | 48 |
| 246  | 787     | KRAŚNY ARKADIUSZ        | PIECHCIN             | PAKOŚĆ BIEGA                     | POL  | 1978       | M40       | 97         | 07:31:03    | 10:05        | 5,9        | 03:23:41 | 08:19:53 | 09:24:07 | 198 |    |
| 247  | 811     | MRÓZ JACEK              | ZLOTORYJA            |                                  | POL  | 1969       | M50       | 21         | 07:30:52    | 10:06        | 5,9        | 03:05:57 | 08:27:02 | 09:24:56 | 199 |    |
| 248  | 807     | JANKOWSKI ZBIGNIEW      | LUBIECHOWA           |                                  | POL  | 1982       | M30       | 65         | 07:30:52    | 10:06        | 5,9        | 03:08:18 | 08:27:03 | 09:24:57 | 200 |    |
| 249  | 924     | GARDYNA EWA             | BIELSKO-BIAŁA        | COCA COLA RUNNERS                | POL  | 1986       | K30       | 23         | 07:31:25    | 10:06        | 5,9        | 03:06:09 | 08:15:52 | 09:25:03 |     | 49 |
| 250  | 604     | GRZESIAK MICHAŁ         | RZESZÓW              |                                  | POL  | 1986       | M30       | 66         | 07:31:49    | 10:08        | 5,9        | 03:17:37 | 08:28:03 | 09:26:11 | 201 |    |
| 251  | 717     | GRZESIAK RAFAŁ          | GŁOGÓW               | KGHM ZG POLKOWICE-SIEROSZOWICE   | POL  | 1974       | M40       | 98         | 07:31:05    | 10:08        | 5,9        | 03:07:41 | 08:16:53 | 09:26:19 | 202 |    |
| 252  | 659     | BĄDZIUL DOROTA          | RZESZÓW              |                                  | POL  | 1983       | K30       | 24         | 07:30:47    | 10:08        | 5,9        | 03:30:55 | 08:27:34 | 09:26:31 |     | 50 |
| 253  | 10011   | GIERAK ANNA             | KATOWICE             | RUNPROGRESS                      | POL  | 1987       | K30       | 25         | 07:30:54    | 10:09        | 5,9        | 03:04:24 | 08:03:00 | 09:27:47 |     | 51 |
| 254  | 758     | BRODOWSKI MARCIN        | WROCŁAW              |                                  | POL  | 1976       | M40       | 99         | 07:31:15    | 10:10        | 5,9        | 03:05:11 | 08:21:56 | 09:27:59 | 203 |    |
| 255  | 799     | SAZON INESA             | GDAŃSK               |                                  | POL  | 1983       | K30       | 26         | 07:31:52    | 10:11        | 5,9        | 03:05:16 | 08:08:06 | 09:28:53 |     | 52 |
| 256  | 818     | PROŃCZUK ADAM           | CZECHOWICE-DZIEDZICE | WEHICOOLL WEHICOOLL              | POL  | 1966       | M50       | 22         | 08:31:20    | 10:11        | 5,9        | 03:26:59 | 08:22:28 | 09:28:54 | 204 |    |
| 257  | 846     | MASZEWSKA-WACH MARIOLA  | RAWA MAZOWIECKA      | RAWA TIM ZAWSZE SLIM             | POL  | 1982       | K30       | 27         | 08:31:17    | 10:11        | 5,9        | 03:27:35 | 08:23:07 | 09:28:55 |     | 53 |
| 258  | 10053   | ZYGADLEWICZ GRZEGORZ    | WARSZAWA             | JACEKBIEGA RUNNING TEAM          | POL  | 1982       | M30       | 67         | 07:30:42    | 10:12        | 5,9        | 03:29:53 | 08:33:35 | 09:29:55 | 205 |    |
| 259  | 886     | JANECZEK JAROSŁAW       | CZĘSTOCHOWA          | KAJTEX RUNNERS KAJTEX            | POL  | 1979       | M40       | 100        | 08:31:02    | 10:12        | 5,9        | 03:24:36 | 08:30:47 | 09:30:26 | 206 |    |

# Garmin Ultra Race - 55,9 km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 12 września 2020 r.

Dystans: 55,9 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



GOSPODARZ



ORGANIZATOR



| M-ce | Nr zaw. | Nazwisko Imię          | Miejscowość         | Klub                                 | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 21,4 km  | 48,5 km  | WYNIK    | M   | K  |
|------|---------|------------------------|---------------------|--------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|----------|----------|----------|-----|----|
| 260  | 885     | KWECZKA-JANECZEK ANNA  | CZĘSTOCHOWA         | KAJTEX RUNNERS                       | POL  | 1980       | K40       | 19         | 08:31:02    | 10:12        | 5,9        | 03:24:37 | 08:30:51 | 09:30:26 |     | 54 |
| 261  | 768     | CABAŃSKA KATARZYNA     | BARCIN              | #SLIMAKIBARCIN                       | POL  | 1978       | K40       | 20         | 07:31:03    | 10:12        | 5,9        | 03:23:47 | 08:36:07 | 09:30:29 |     | 55 |
| 262  | 670     | CZECH DOROTA           | WROCŁAW             | PRO-RUN PRO-RUN                      | POL  | 1976       | K40       | 21         | 07:31:22    | 10:12        | 5,9        | 03:30:45 | 08:32:37 | 09:30:31 |     | 56 |
| 263  | 855     | MODZELEWSKI PIOTR      | SIEROŚLAW           | TARNOWO PODGÓRNE BIEGA / BIEG LWA    | POL  | 1969       | M50       | 23         | 08:30:32    | 10:16        | 5,8        | 03:11:08 | 08:33:03 | 09:33:53 | 207 |    |
| 264  | 937     | SOBAŃSKA PAULINA       | TARNOWO PODGÓRNE    | TARNOWO PODGÓRNE BIEGA               | POL  | 1982       | K30       | 28         | 08:30:29    | 10:16        | 5,8        | 03:24:54 | 08:31:00 | 09:33:56 |     | 57 |
| 265  | 812     | POLAŃSKI MATEUSZ       | SPALICE             |                                      | POL  | 1986       | M30       | 68         | 08:30:53    | 10:18        | 5,8        | 03:11:51 | 08:18:23 | 09:35:29 | 208 |    |
| 266  | 10018   | KARAŚ MAREK            | TORUŃ               | PODGÓRZ TORUŃ                        | POL  | 1961       | M50       | 24         | 08:30:10    | 10:18        | 5,8        | 03:21:57 | 08:35:24 | 09:35:51 | 209 |    |
| 267  | 774     | JĘDROWSKI RYSZARD      | RZEPIN              | PŁONĄCE KIERPCE RZEPIN ULTRA ALKOHOL | POL  | 1982       | M30       | 69         | 07:31:09    | 10:19        | 5,8        | 03:11:13 | 08:36:51 | 09:36:51 | 210 |    |
| 268  | 10035   | PIETROWSKI MARIUSZ     | POZNAŃ              | KTOŚ TAKI BIEGAJĄ                    | POL  | 1962       | M50       | 25         | 07:31:33    | 10:23        | 5,8        | 03:30:24 | 08:33:12 | 09:40:26 | 211 |    |
| 269  | 800     | NOWOSAD ARTUR          | WOŁÓW               |                                      | POL  | 1976       | M40       | 101        | 07:31:59    | 10:25        | 5,8        | 03:01:37 | 08:29:41 | 09:41:54 | 212 |    |
| 270  | 850     | KUŁAKOWSKI PIOTR       | KONSTANCIN-JEZIORNA | CZŁAPACZE                            | POL  | 1957       | M60       | 5          | 08:31:27    | 10:25        | 5,8        | 03:27:37 | 08:41:38 | 09:42:38 | 213 |    |
| 271  | 873     | GACEK RENATA           | PRZEMKÓW            | ABY DO METY PRZEMKÓW                 | POL  | 1982       | K30       | 29         | 08:30:34    | 10:28        | 5,7        | 03:35:58 | 08:45:38 | 09:45:08 |     | 58 |
| 272  | 700     | PAWŁOWICZ PRZEMYSŁAW   | LEGNICA             |                                      | POL  | 1970       | M50       | 26         | 07:31:32    | 10:31        | 5,7        | 03:18:47 | 08:34:51 | 09:47:45 | 214 |    |
| 273  | 10007   | DOLIŃSKI TOMASZ        | WROCŁAW             | TOMASZ DOLIŃSKI TOMASZ DOLIŃSKI      | POL  | 1964       | M50       | 27         | 07:30:25    | 10:31        | 5,7        | 03:34:17 | 08:43:57 | 09:48:04 | 215 |    |
| 274  | 677     | LEŚNIAK DARIUSZ        | SZCZECIN            |                                      | POL  | 1968       | M50       | 28         | 07:31:56    | 10:31        | 5,7        | 03:26:06 | 08:45:03 | 09:48:09 | 216 |    |
| 275  | 10019   | KAWAŁKO RYSZARD        | LEGNICA             | WOLNY RYŚ ERBUD.EU                   | POL  | 1966       | M50       | 29         | 07:31:53    | 10:33        | 5,7        | 03:15:22 | 08:53:55 | 09:49:46 | 217 |    |
| 276  | 911     | ZIEMIAŃSKI JACEK       | PIŁA                |                                      | POL  | 1978       | M40       | 102        | 08:30:59    | 10:34        | 5,7        | 03:26:39 | 08:46:39 | 09:50:14 | 218 |    |
| 277  | 10038   | PODKÓWKA ZBIGNIEW      | BYDGOSZCZ           | PODGÓRZ TORUŃ                        | POL  | 1960       | M60       | 6          | 07:32:07    | 10:34        | 5,7        | 03:41:26 | 08:46:34 | 09:50:46 | 219 |    |
| 278  | 725     | WAŚCIŃSKA EDYTA        | BOJANOWO            | PĘDZI - PARA GOŁĄSZYN                | POL  | 1970       | K50       | 3          | 07:31:16    | 10:35        | 5,7        | 03:30:06 | 08:50:11 | 09:51:58 |     | 59 |
| 279  | 10047   | TABIŚ MARLENA          | WROCŁAW             |                                      | POL  | 1975       | K40       | 22         | 07:30:15    | 10:36        | 5,7        | 03:33:48 | 08:50:55 | 09:52:25 |     | 60 |
| 280  | 771     | ZDOBYCH JOANNA         | PRZEMKÓW            | DĄBROWSKI TEAM                       | POL  | 1991       | K18       | 7          | 08:30:36    | 10:37        | 5,6        | 03:35:55 | 08:52:16 | 09:53:55 |     | 61 |
| 281  | 870     | KUTYŁA MAREK           | KRAKÓW              | ITMBW KRAKÓW                         | POL  | 1981       | M30       | 70         | 08:30:49    | 10:38        | 5,6        | 03:23:07 | 08:45:18 | 09:54:06 | 220 |    |
| 282  | 955     | PAWLICKI GRZEGORZ      | LUTYNIA             |                                      | POL  | 1977       | M40       | 103        | 08:31:05    | 10:39        | 5,6        | 03:36:00 | 08:50:49 | 09:55:21 | 221 |    |
| 283  | 778     | POBIEDZIŃSKA KAROLINA  | SOSNOWIEC           |                                      | POL  | 1989       | K30       | 30         | 08:31:05    | 10:40        | 5,6        | 03:35:36 | 08:56:03 | 09:56:23 |     | 62 |
| 284  | 899     | RUDNICKA AGATA         | WARSZAWA            |                                      | POL  | 1969       | K50       | 4          | 08:30:48    | 10:40        | 5,6        | 03:42:20 | 08:56:20 | 09:56:38 |     | 63 |
| 285  | 906     | KOSIERKIEWICZ GRZEGORZ | KIELCE              | KAROLE                               | POL  | 1973       | M40       | 104        | 08:30:40    | 10:41        | 5,6        | 03:32:21 | 08:53:19 | 09:56:52 | 222 |    |
| 286  | 724     | WAŚCIŃSKI ROMAN        | BOJANOWO            | PĘDZI - PARA GOŁĄSZYN                | POL  | 1970       | M50       | 30         | 07:31:19    | 10:42        | 5,6        | 03:23:31 | 08:51:52 | 09:58:28 | 223 |    |
| 287  | 654     | DOLNY DANIEL           | WOLSZTYN            |                                      | POL  | 1976       | M40       | 105        | 07:31:22    | 10:44        | 5,6        | 03:30:53 | 08:55:59 | 10:00:08 | 224 |    |
| 288  | 605     | SUJECKI ANDRZEJ        | BEŁCHATÓW           | KB SPARTAKUS BEŁCHATÓW               | POL  | 1968       | M50       | 31         | 07:31:43    | 11:02        | 5,4        | 03:29:13 | 09:10:25 | 10:16:50 | 225 |    |
| 289  | 638     | PEŁC TOMASZ            | TRZEBNICA           |                                      | POL  | 1989       | M30       | 71         | 07:31:40    | 11:09        | 5,4        | 03:03:11 | 09:02:00 | 10:23:27 | 226 |    |
| 290  | 691     | HOROSZCZAK ADRIAN      | WARSZAWA            |                                      | POL  | 1987       | M30       | 72         | 07:31:25    | 11:09        | 5,4        | 03:33:14 | 08:57:24 | 10:23:37 | 227 |    |
| 291  | 776     | SMORĄGIEWICZ MARCIN    | WARSZAWA            |                                      | POL  | 1976       | M40       | 106        | 08:30:54    | 11:21        | 5,3        | 03:42:28 | 09:22:50 | 10:34:41 | 228 |    |
| 292  | 880     | SOCIŃSKI ARTUR         | WARSZAWA            | ARP RUN TEAM                         | POL  | 1974       | M40       | 107        | 08:30:38    | 11:55        | 5,0        | 03:41:32 | 09:51:07 | 11:06:22 | 229 |    |