

JBL TRIATHLON SIERAKÓW 26-27.05.2018 r.  
Dystans: 112,99km



Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat.	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
1	6	BANACH BARTOSZ	GDAŃSK	TORUS-Apteka Gemini.pl	1986	M-PRO	1	<b>00:27:09</b>	6	00:03:50	<b>02:06:07</b>	4	00:01:58	<b>01:20:18</b>	3	<b>03:59:22</b>	1		
2	4	SPALENIAK TOMASZ	GDYNIA		1990	M-PRO	2	<b>00:28:43</b>	13	00:03:59	<b>02:09:28</b>	6	00:01:49	<b>01:19:09</b>	2	<b>04:03:08</b>	2		
3	37	RAJCA MICHAŁ	WROCLAW		1990	M25-29	1	<b>00:30:24</b>	28	00:04:01	<b>02:09:24</b>	5	00:01:37	<b>01:18:33</b>	1	<b>04:03:59</b>	3		
4	66	LISIEŃSKI MICHAŁ	SIEMIANOWICE ŚLĄSKIE	ChopZeZelaza Tri Team	1987	M30-34	1	<b>00:26:05</b>	1	00:03:49	<b>02:14:24</b>	13	00:02:12	<b>01:29:08</b>	12	<b>04:15:38</b>	4		
5	182	LIPOWSKI MARCIN	WARSZAWA	Trinergy	1982	M35-39	1	<b>00:29:53</b>	21	00:04:16	<b>02:11:09</b>	7	00:02:10	<b>01:28:51</b>	11	<b>04:16:19</b>	5		
6	51	KIMMER JAKUB	ZELÓW	Transition Technologies PSC	1988	M30-34	2	<b>00:29:15</b>	15	00:03:55	<b>02:15:54</b>	17	00:01:51	<b>01:26:03</b>	6	<b>04:16:58</b>	6		
7	85	MŁODZIKOWSKI PAWEŁ	ADAMÓW	KB V-Max Adamów	1986	M30-34	3	<b>00:30:26</b>	30	00:04:11	<b>02:17:02</b>	22	00:02:33	<b>01:25:14</b>	4	<b>04:19:26</b>	7		
8	362	SZUMIEC LUKASZ	JASŁO		1977	M40-44	1	<b>00:33:54</b>	124	00:04:48	<b>02:11:27</b>	9	00:02:16	<b>01:27:48</b>	7	<b>04:20:13</b>	8		
9	304	KOWALCZYK MAREK	BYDGOSZCZ	Brzoza Biega	1978	M40-44	2	<b>00:31:01</b>	41	00:04:08	<b>02:16:29</b>	20	00:02:11	<b>01:28:18</b>	9	<b>04:22:07</b>	9		
10	114	BULECZKA PAWEŁ	ZDUŃSKA WOLA	Rajspport Active / GATTA BIKE-RS	1984	M30-34	4	<b>00:38:11</b>	259	00:04:02	<b>02:11:27</b>	8	00:03:10	<b>01:25:27</b>	5	<b>04:22:17</b>	10		
11	138	BOROWIAK RAFAŁ	SŁUBICE	JAKOŚ TEAM	1983	M35-39	2	<b>00:31:10</b>	43	00:03:55	<b>02:16:24</b>	19	00:02:06	<b>01:29:48</b>	14	<b>04:23:23</b>	11		
12	77	GREGUŁA WOJCIECH	CHOJNA		1986	M30-34	5	<b>00:31:15</b>	46	00:04:36	<b>02:16:47</b>	21	00:02:17	<b>01:28:30</b>	10	<b>04:23:25</b>	12		
13	265	KLATKA MARIUSZ	KATOWICE	LABOSPORT	1979	M35-39	3	<b>00:32:35</b>	86	00:04:13	<b>02:13:31</b>	11	00:02:28	<b>01:31:03</b>	18	<b>04:23:50</b>	13		
14	347	WOJTYSŁO MICHAŁ	WROCLAW	GT RAT	1982	M35-39	4	<b>00:30:52</b>	34	00:04:06	<b>02:13:08</b>	10	00:02:15	<b>01:33:52</b>	27	<b>04:24:13</b>	14		
15	352	MROCEK MARCIN	OPOLE		1977	M40-44	3	<b>00:28:16</b>	8	00:04:11	<b>02:20:20</b>	38	00:02:22	<b>01:30:23</b>	15	<b>04:25:32</b>	15		
16	56	MARCINIAK DAMIAN	ŚWIEBODZIN		1988	M30-34	6	<b>00:32:12</b>	69	00:04:44	<b>02:19:07</b>	32	00:01:59	<b>01:28:06</b>	8	<b>04:26:08</b>	16		
17	5	DOMAGAŁA TOMASZ	KOZIEGŁOWY		1988	M-PRO	3	<b>00:26:35</b>	4	00:03:42	<b>02:13:34</b>	12	00:02:00	<b>01:41:21</b>	65	<b>04:27:12</b>	17		
18	163	CHYLEK WOJCIECH	KRAKÓW		1982	M35-39	5	<b>00:29:45</b>	17	00:04:12	<b>02:15:52</b>	16	00:02:21	<b>01:35:12</b>	34	<b>04:27:22</b>	18		
19	256	BRUMH MACIEJ	DUNDALK		1979	M35-39	6	<b>00:29:45</b>	17	00:04:12	<b>02:15:52</b>	16	00:02:21	<b>01:35:12</b>	34	<b>04:27:22</b>	19		
20	62	BUCZEK BARTLOMIEJ	WROCLAW		1987	M30-34	7	<b>00:29:43</b>	16	00:04:22	<b>02:17:39</b>	25	00:02:38	<b>01:34:40</b>	32	<b>04:29:02</b>	20		
21	355	PIECZYŃSKI SZYMON	WYSOCKO MAŁE	No1 triathlon club	1977	M40-44	4	<b>00:32:39</b>	89	00:04:13	<b>02:17:07</b>	23	00:02:23	<b>01:32:58</b>	23	<b>04:29:20</b>	21		
22	466	SZEFER PIOTR	STANISŁAWÓW DRUGI	TRINERGY	1974	M40-44	5	<b>00:32:10</b>	67	00:04:09	<b>02:15:56</b>	18	00:01:59	<b>01:35:48</b>	38	<b>04:30:02</b>	22		
23	197	ZWIERCZAKOWSKI ANDRZEJ	GŁOGÓW MAŁOPOLSKI		1982	M35-39	7	<b>00:32:19</b>	80	00:04:30	<b>02:17:41</b>	26	00:02:20	<b>01:33:28</b>	25	<b>04:30:18</b>	23		
24	145	FABISZEWSKI RAFAŁ	WARSZAWA	TriWawa	1983	M35-39	8	<b>00:31:47</b>	58	00:04:34	<b>02:20:34</b>	39	00:02:36	<b>01:30:48</b>	17	<b>04:30:19</b>	24		
25	78	JACKOWIAK PIOTR	BRZEG	SurowyProjekt	1986	M30-34	8	<b>00:28:36</b>	12	00:04:29	<b>02:20:20</b>	37	00:02:46	<b>01:35:41</b>	37	<b>04:31:52</b>	25		
26	65	KWASNIEWSKI MATEUSZ	WROCLAW	Ważelski Coaching	1987	M30-34	9	<b>00:26:55</b>	5	00:04:13	<b>02:20:00</b>	34	00:02:13	<b>01:39:11</b>	52	<b>04:32:23</b>	26		
27	106	RODZIEWICZ MARCIN	POZNAŃ		1985	M30-34	10	<b>00:29:58</b>	24	00:04:11	<b>02:22:10</b>	46	00:01:59	<b>01:34:15</b>	29	<b>04:32:33</b>	27		
28	228	DOMINIKOWSKI KRZYSZTOF	SWIDNICA	GLKS Żelazna Świdnica	1980	M35-39	9	<b>00:35:19</b>	165	00:04:10	<b>02:21:23</b>	43	00:02:53	<b>01:29:34</b>	13	<b>04:33:19</b>	28		
29	588	POMORSKI RAFAŁ	WARSZAWA	LOVE THE PAIN	1983	M35-39	10	<b>00:31:38</b>	53	00:04:23	<b>02:22:37</b>	49	00:02:04	<b>01:33:02</b>	24	<b>04:33:44</b>	29		
30	233	JANIĄK PAWEŁ	SIEDLCE	Triathlon Siedlce Club / Team Poland	1980	M35-39	11	<b>00:31:41</b>	55	00:04:38	<b>02:24:09</b>	60	00:02:02	<b>01:31:16</b>	20	<b>04:33:46</b>	30		
31	237	MICHAŁOWSKI MARCIN	SZCZECIN	SILO TRANS GRYPUS SZCZECIN	1980	M35-39	12	<b>00:30:52</b>	35	00:04:15	<b>02:22:10</b>	47	00:01:59	<b>01:34:34</b>	31	<b>04:33:50</b>	31		
32	308	MAZURKIEWICZ DAREK	SMOLEC		1978	M40-44	6	<b>00:31:47</b>	57	00:05:20	<b>02:17:37</b>	24	00:03:19	<b>01:36:17</b>	41	<b>04:34:20</b>	32		
33	38	SZYSZKA ŁUKASZ	WARSZAWA	Drużyna TVN	1990	M25-29	2	<b>00:31:13</b>	44	00:05:07	<b>02:24:12</b>	61	00:02:37	<b>01:31:21</b>	21	<b>04:34:30</b>	33		
34	30	JĘDRZEJCZAK MARCIN	SUCHY LAS		1991	M25-29	3	<b>00:32:21</b>	82	00:04:07	<b>02:23:05</b>	52	00:02:22	<b>01:33:32</b>	26	<b>04:35:27</b>	34		
35	270	MALACZEWSKI ŁUKASZ	WROCLAW	GVT	1979	M35-39	13	<b>00:26:10</b>	2	00:04:16	<b>02:18:39</b>	29	00:02:22	<b>01:44:01</b>	96	<b>04:35:28</b>	35		
36	70	PISAREK EWELINA	WARSZAWA	TRIWAWA EWELSPORT	1987	K30-34	1	<b>00:32:35</b>	87	00:04:08	<b>02:24:15</b>	63	00:02:11	<b>01:32:55</b>	22	<b>04:36:04</b>	36		1
37	144	FABISZEWSKI MARCIN	WARSZAWA	TriWawa	1983	M35-39	14	<b>00:28:26</b>	10	00:04:50	<b>02:19:42</b>	33	00:02:14	<b>01:41:07</b>	61	<b>04:36:19</b>	37		
38	224	BANASZEWSKI WOJCIECH	WROCLAW		1980	M35-39	15	<b>00:31:59</b>	63	00:04:01	<b>02:27:37</b>	92	00:02:40	<b>01:30:26</b>	16	<b>04:36:43</b>	38		
39	43	LEWANDOWSKI MACIEJ	WROCLAW	#DASHRADE TEAM	1989	M25-29	4	<b>00:33:13</b>	107	00:04:30	<b>02:21:24</b>	44	00:02:42	<b>01:35:32</b>	35	<b>04:37:21</b>	38		
40	89	SZYMCZAK JANUSZ	WARSZAWA		1986	M30-34	11	<b>00:29:57</b>	23	00:04:38	<b>02:18:51</b>	31	00:02:18	<b>01:41:52</b>	72	<b>04:37:36</b>	39		
41	328	ZAJĄC TOMASZ	RUDAWA		1978	M40-44	7	<b>00:34:15</b>	135	00:04:45	<b>02:22:01</b>	45	00:02:32	<b>01:37:04</b>	44	<b>04:40:37</b>	40		
42	479	GOZDALSKI JAROSŁAW	WITKOWO		1973	M45-49	1	<b>00:34:55</b>	153	00:04:39	<b>02:25:03</b>	68	00:02:12	<b>01:33:52</b>	28	<b>04:40:41</b>	41		
43	90	WÓJTOWICZ WOJCIECH	POBIEDZISKA		1986	M30-34	12	<b>00:34:48</b>	149	00:05:21	<b>02:18:30</b>	27	00:02:54	<b>01:39:36</b>	53	<b>04:41:09</b>	42		
44	414	HOFFMANN WOJCIECH	KRAKÓW	Korona Masters Kraków	1975	M40-44	8	<b>00:26:33</b>	3	00:04:15	<b>02:20:16</b>	36	00:02:36	<b>01:47:43</b>	125	<b>04:41:23</b>	43		
45	63	JEDRASIEWICZ PAWEŁ	JELENIA GÓRA		1987	M30-34	13	<b>00:35:15</b>	162	00:03:56	<b>02:24:27</b>	64	00:02:13	<b>01:35:35</b>	36	<b>04:41:26</b>	44		
46	190	SERWIŃSKI RADEK	WARSZAWA		1982	M35-39	16	<b>00:33:44</b>	120	00:04:36	<b>02:23:17</b>	53	00:02:09	<b>01:38:24</b>	49	<b>04:42:10</b>	45		
47	396	TARGONI PAWEŁ	FRYDEK		1976	M40-44	9	<b>00:31:35</b>	51	00:04:54	<b>02:26:04</b>	75	00:03:00	<b>01:36:40</b>	42	<b>04:42:13</b>	46		
48	175	KISŁY KAMIL	MYŚLIBÓRZ		1982	M35-39	17	<b>00:33:20</b>	112	00:05:48	<b>02:22:57</b>	51	00:03:04	<b>01:37:43</b>	47	<b>04:42:52</b>	47		
49	214	NIEDBAŁ ŁUKASZ	GLIWICE		1981	M35-39	18	<b>00:33:32</b>	117	00:04:52	<b>02:20:06</b>	35	00:02:39	<b>01:42:56</b>	84	<b>04:44:05</b>	48		
50	39	BŁACHOWIAK JAKUB	LESZNO		1989	M25-29	5	<b>00:32:45</b>	91	00:04:27	<b>02:18:47</b>	30	00:02:09	<b>01:46:04</b>	103	<b>04:44:12</b>	49		
51	213	MESSYASZ KRZYSZTOF	GĄC	BIMARKO&WELDA TEAM	1981	M35-39	19	<b>00:34:18</b>	137	00:04:13	<b>02:21:02</b>	41	00:02:23	<b>01:42:29</b>	77	<b>04:44:25</b>	50		
52	274	UBUCHOWICZ ARTUR	WISCHOWA		1979	M35-39	20	<b>00:31:40</b>	54	00:04:56	<b>02:25:17</b>	70	00:02:41	<b>01:39:56</b>	56	<b>04:44:30</b>	51		
53	253	ARAK TOMASZ	PIASECZNO	TriWawa	1979	M35-39	21	<b>00:36:58</b>	226	00:04:08	<b>02:21:16</b>	42	00:02:36	<b>01:39:42</b>	55	<b>04:44:40</b>	52		
54	511	WIERZBICKI GRZEGORZ	NOWE IGANIE		1972	M45-49	2	<b>00:32:33</b>	85	00:05:41	<b>02:24:34</b>	65	00:02:29	<b>01:40:05</b>	58	<b>04:45:22</b>	53		
55	156	TOMASZEWSKI MIKOŁAJ	KOŚCIAN		1983	M35-39	22	<b>00:32:54</b>	95	00:05:24	<b>02:28:06</b>	99	00:02:27	<b>01:37:23</b>	45	<b>04:46:14</b>	54		
56	131	RAKDE TOMASZ	BABKI		1984	M30-34	14	<b>00:35:23</b>	168	00:05:01	<b>02:27:24</b>	89	00:03:37	<b>01:35:54</b>	39	<b>04:46:19</b>	55		
57	110	ŚWITALSKI TOMASZ	SZCZECIN		1985	M30-34	15	<b>00:35:48</b>	190	00:04:26	<b>02:25:11</b>	69	00:02:23	<b>01:39:07</b>	51	<b>04:46:55</b>	56		
58	367	BARTOSZEWSKI GRZEGORZ	DLUGOŁĘKA	Litwin Triathlon Team	1976	M40-44	10	<b>00:33:29</b>	116	00:05:13	<b>02:24:51</b>	66	00:02:33	<b>01:41:47</b>	71	<b>04:47:53</b>	57		
59	155	TEMPSKI PATRYK	BYDGOSZCZ		1983	M35-39	23	<b>00:31:26</b>	49	00:05:30	<b>02:26:55</b>	84	00:02:37	<b>01:41:26</b>	67	<b>04:47:54</b>	58		
60	222	TARSKI TOMASZ	KATOWICE	WAY2CHAMP	1981	M35-39	24	<b>00:33:13</b>	105	00:04:50	<b>02:22:24</b>								

Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
86	385	LESISZ MACIEJ	NAMYSŁÓW	TriAda Namysłów	1976	M40-44	20	<b>00:30:04</b>	25	00:04:38	<b>02:31:52</b>	141	00:02:41	<b>01:47:44</b>	127	<b>04:56:59</b>			85
87	532	KALINOWSKI PAWEŁ	OSTRÓW WIELKOPOLSKI		1969	M45-49	6	<b>00:33:18</b>	109	00:04:30	<b>02:33:59</b>	165	00:02:19	<b>01:43:08</b>	87	<b>04:57:14</b>			86
88	71	WALISZEWSKI JAKUB	POZNAŃ	Rowery Małgoška	1987	M30-34	18	<b>00:37:18</b>	236	00:04:49	<b>02:26:06</b>	76	00:02:26	<b>01:46:37</b>	109	<b>04:57:16</b>			87
89	519	WALASZCZYK WOJCIECH	JASŁO		1971	M45-49	7	<b>00:37:31</b>	241	00:04:07	<b>02:35:26</b>	183	00:02:46	<b>01:37:50</b>	48	<b>04:57:40</b>			88
90	462	PIETRZAK DANIEL	ŁÓDŹ		1974	M40-44	21	<b>00:35:31</b>	176	00:05:28	<b>02:27:19</b>	88	00:02:31	<b>01:46:52</b>	111	<b>04:57:41</b>			89
91	345	KULA DAMIAN	KRAKÓW		1977	M40-44	22	<b>00:31:00</b>	40	00:04:33	<b>02:35:54</b>	188	00:02:40	<b>01:43:38</b>	92	<b>04:57:45</b>			90
92	108	SOBIELGA AGATA	POZNAŃ		1985	K30-34	2	<b>00:32:18</b>	78	00:04:02	<b>02:28:04</b>	98	00:02:12	<b>01:51:09</b>	157	<b>04:57:45</b>	2		
93	447	GORCZYCA JAKUB	RYBNIK	wroniecki klub biegacza	1974	M40-44	23	<b>00:34:10</b>	132	00:04:31	<b>02:27:57</b>	95	00:03:35	<b>01:47:37</b>	123	<b>04:57:50</b>			91
94	23	HYHS JAN	OSTRÓW WIELKOPOLSKI	OSW TRI TEAM	1992	M25-29	7	<b>00:35:56</b>	193	00:04:47	<b>02:27:52</b>	94	00:03:11	<b>01:46:10</b>	106	<b>04:57:56</b>			92
95	192	SOSNOWSKA ALEKSANDRA	WARSZAWA		1982	K35-39	1	<b>00:29:46</b>	18	00:05:13	<b>02:37:16</b>	204	00:02:28	<b>01:43:14</b>	88	<b>04:57:57</b>	3		
96	319	SZAFRANIEC ARTUR	WARSZAWA		1978	M40-44	24	<b>00:35:17</b>	163	00:05:12	<b>02:31:15</b>	131	00:02:47	<b>01:43:28</b>	89	<b>04:57:59</b>			93
97	142	DOMARADZKI WOJCIECH	POZNAŃ		1983	M35-39	32	<b>00:32:16</b>	75	00:05:22	<b>02:31:45</b>	138	00:02:17	<b>01:47:17</b>	119	<b>04:58:57</b>			94
98	379	GLÓD TOMASZ	JÓZEFOSŁAW	Accelerating Poland	1976	M40-44	25	<b>00:36:24</b>	201	00:06:11	<b>02:29:24</b>	115	00:03:26	<b>01:43:42</b>	93	<b>04:59:07</b>			95
99	99	GZYL JAKUB	WRONKI	wroniecki klub biegacza	1985	M30-34	19	<b>00:35:27</b>	170	00:04:45	<b>02:26:56</b>	85	00:02:48	<b>01:49:15</b>	139	<b>04:59:11</b>			96
100	389	OHLA KRZYSZTOF	POZNAŃ		1976	M40-44	26	<b>00:38:39</b>	276	00:05:12	<b>02:24:15</b>	62	00:02:38	<b>01:48:28</b>	132	<b>04:59:12</b>			97
101	408	DUCHNOWSKI RADOSŁAW	GORZÓW WIELKOPOLSKI		1975	M40-44	27	<b>00:35:29</b>	175	00:04:54	<b>02:34:08</b>	170	00:03:18	<b>01:41:26</b>	66	<b>04:59:15</b>			98
102	580	NOWAK PAWEŁ	NIEPORĘT		1977	M40-44	28	<b>00:33:57</b>	126	00:05:37	<b>02:30:28</b>	123	00:02:57	<b>01:46:21</b>	107	<b>04:59:20</b>			99
103	403	BLAZOWSKI PATEL	JASŁO		1975	M40-44	29	<b>00:34:37</b>	143	00:05:42	<b>02:34:00</b>	166	00:02:36	<b>01:42:39</b>	79	<b>04:59:34</b>			100
104	520	WYSOCKI RAFAŁ	BYDGOSZCZ	SrTri/Triathlon Konsulting	1971	M45-49	8	<b>00:32:48</b>	92	00:05:10	<b>02:23:42</b>	56	00:02:51	<b>01:55:03</b>	201	<b>04:59:34</b>			100
105	36	MROCKOWSKI KAROL	WROCLAW		1990	M25-29	8	<b>00:30:35</b>	32	00:04:52	<b>02:30:36</b>	124	00:03:25	<b>01:50:14</b>	147	<b>04:59:42</b>			102
106	135	TIETZ ERYK	LUBIECIN		1984	M30-34	20	<b>00:34:53</b>	151	00:05:30	<b>02:33:41</b>	162	00:02:42	<b>01:43:01</b>	85	<b>04:59:47</b>			103
107	297	FREJNIK MIŁOSZ	BERLIN		1978	M40-44	30	<b>00:36:33</b>	208	00:05:12	<b>02:24:57</b>	67	00:03:06	<b>01:50:11</b>	146	<b>04:59:59</b>			104
108	493	WELZER DARIUSZ	OLAWA		1973	M45-49	9	<b>00:34:39</b>	144	00:04:53	<b>02:29:27</b>	117	00:04:19	<b>01:46:53</b>	112	<b>05:00:11</b>			105
109	122	KRAWCZYK ALEKSANDRA	WARSZAWA		1984	K30-34	3	<b>00:32:12</b>	70	00:04:46	<b>02:37:50</b>	213	00:02:28	<b>01:43:45</b>	94	<b>05:01:01</b>	4		
110	465	SOLECKI ALEKSANDER	WARSZAWA		1974	M40-44	31	<b>00:35:20</b>	166	00:04:47	<b>02:25:48</b>	74	00:02:57	<b>01:52:14</b>	172	<b>05:01:06</b>			106
111	509	SZNEK ARTUR	JERZYKOWO	CityZen Poznań	1972	M45-49	10	<b>00:33:38</b>	118	00:05:02	<b>02:37:33</b>	208	00:03:12	<b>01:41:59</b>	74	<b>05:01:24</b>			107
112	372	CZAPRACKI DOMINIK	OPALENICA		1976	M40-44	32	<b>00:36:46</b>	214	00:04:54	<b>02:35:48</b>	187	00:03:01	<b>01:41:29</b>	69	<b>05:01:58</b>			108
113	219	RASZTAWICKI DARIUSZ	ZIELONKA		1981	M35-39	33	<b>00:30:25</b>	29	00:05:06	<b>02:35:43</b>	186	00:02:13	<b>01:48:47</b>	134	<b>05:02:14</b>			109
114	103	NIEDZIEWICKI MARCIN	WARSZAWA		1985	M30-34	21	<b>00:30:46</b>	33	00:04:34	<b>02:28:52</b>	111	00:02:29	<b>01:55:50</b>	211	<b>05:02:31</b>			110
115	346	KURCZEWSKI BARTOSZ	GRUSZCZYN	CITYZEN	1977	M40-44	33	<b>00:36:47</b>	215	00:04:05	<b>02:38:47</b>	229	00:02:44	<b>01:40:46</b>	59	<b>05:03:09</b>			111
116	393	SITAREK ARTUR	PIASECZNO	NeOn TEAM	1976	M40-44	34	<b>00:36:31</b>	207	00:04:40	<b>02:28:14</b>	103	00:03:26	<b>01:50:34</b>	151	<b>05:03:25</b>			112
117	589	KOŚCIAŃSKI ADAM	KOŚCIAN	TGV KOŚCIAN	1980	M35-39	34	<b>00:37:32</b>	242	00:05:20	<b>02:26:52</b>	83	00:02:26	<b>01:51:33</b>	165	<b>05:03:43</b>			113
118	255	BESPALOV OLEG	KALININGRAD		1979	M35-39	35	<b>00:33:00</b>	100	00:04:53	<b>02:32:31</b>	146	00:02:40	<b>01:50:49</b>	153	<b>05:03:53</b>			114
119	101	KOCENDA WOJCIECH	ZDZIESZOWICE		1985	M30-34	22	<b>00:36:43</b>	213	00:05:24	<b>02:38:22</b>	223	00:02:18	<b>01:41:07</b>	60	<b>05:03:54</b>			115
120	93	ZAJĄC KRZYSZTOF	DEBNO	tricarbon.pl	1986	M30-34	22	<b>00:43:41</b>	400	00:06:00	<b>02:46:18</b>	79	00:02:57	<b>01:44:58</b>	99	<b>05:03:54</b>			115
121	375	DZIUBATY LUKASZ	TARNOWO PODGÓRNE		1976	M40-44	35	<b>00:29:54</b>	22	00:05:12	<b>02:33:35</b>	160	00:03:12	<b>01:52:07</b>	171	<b>05:04:00</b>			117
122	288	WRONSKI TOMASZ	WROCLAW		1979	M35-39	36	<b>00:28:23</b>	9	00:04:36	<b>02:50:08</b>	351	00:02:37	<b>01:38:40</b>	50	<b>05:04:24</b>			118
123	279	PUZOŃ ROBERT	BIELSKO-BIALA		1979	M35-39	37	<b>00:38:59</b>	289	00:05:05	<b>02:22:38</b>	50	00:03:05	<b>01:54:43</b>	193	<b>05:04:30</b>			119
124	469	WALEŃSKI TOMASZ	WROCLAW		1974	M40-44	36	<b>00:40:11</b>	321	00:03:56	<b>02:37:01</b>	202	00:02:19	<b>01:41:20</b>	64	<b>05:04:47</b>			120
125	370	CELMER PIOTR	WARSZAWA		1976	M40-44	37	<b>00:33:22</b>	114	00:05:25	<b>02:34:44</b>	176	00:03:07	<b>01:48:17</b>	129	<b>05:04:55</b>			121
126	494	WOŁOWSKI FILIP	WARSZAWA	TRIWAWA	1973	M45-49	11	<b>00:36:12</b>	196	00:04:36	<b>02:26:25</b>	80	00:02:37	<b>01:55:14</b>	204	<b>05:05:04</b>			122
127	383	KORZEŃ ARTUR	OLAWA		1976	M40-44	38	<b>00:39:56</b>	314	00:05:01	<b>02:41:08</b>	259	00:03:02	<b>01:36:00</b>	40	<b>05:05:07</b>			123
128	487	PALUS PAWEŁ	JÓZEFOSŁAW	SIDOR TEAM	1973	M45-49	12	<b>00:32:14</b>	72	00:05:02	<b>02:28:42</b>	109	00:02:42	<b>01:56:43</b>	226	<b>05:05:23</b>			124
129	535	DANIELEWSKI MICHAŁ	PIASECZNO		1968	M50-54	3	<b>00:33:10</b>	103	00:06:51	<b>02:26:11</b>	77	00:02:59	<b>01:56:38</b>	225	<b>05:05:49</b>			125
130	68	NOWAK EWELINA	BIAŁE BŁOTA	TriAmator	1987	K30-34	4	<b>00:34:30</b>	141	00:05:17	<b>02:33:31</b>	158	00:02:49	<b>01:49:46</b>	143	<b>05:05:53</b>	5		
131	354	OSMOLIK JAREK	ZABKI		1977	M40-44	39	<b>00:38:24</b>	267	00:05:13	<b>02:30:11</b>	121	00:02:54	<b>01:49:30</b>	142	<b>05:06:12</b>			126
132	291	ZIĘTEK KRZYSZTOF	GNIEZNO		1979	M35-39	38	<b>00:30:57</b>	39	00:04:44	<b>02:36:07</b>	189	00:02:28	<b>01:52:00</b>	170	<b>05:06:16</b>			127
133	109	STANISŁAWSKI JACEK	POZNAŃ		1985	M30-34	24	<b>00:37:58</b>	250	00:04:39	<b>02:52:16</b>	116	00:02:41	<b>01:52:16</b>	173	<b>05:06:20</b>			128
134	572	GRZANKA ANTONI	KOZIEGŁOWY		1956	M60-64	1	<b>00:38:50</b>	285	00:06:35	<b>02:32:47</b>	151	00:03:04	<b>01:45:07</b>	100	<b>05:06:23</b>			129
135	382	KOCZAJEWSKI SEWERYN	JĘDRZEJÓW		1976	M40-44	40	<b>00:33:16</b>	108	00:06:02	<b>02:37:59</b>	216	00:02:57	<b>01:46:09</b>	105	<b>05:06:23</b>			129
136	98	FIREK ADRIAN	BIELSKO-BIALA		1985	M30-34	25	<b>00:33:45</b>	121	00:04:53	<b>02:30:44</b>	126	00:02:35	<b>01:54:29</b>	192	<b>05:06:26</b>			131
137	464	SCHULTEK ARKADIUSZ	POZNAŃ		1974	M40-44	41	<b>00:44:48</b>	416	00:05:06	<b>02:26:51</b>	82	00:03:37	<b>01:46:09</b>	104	<b>05:06:31</b>			132
138	158	ZAPALOWSKI PAWEŁ	WROCLAW	GT RAT / Leniwece.pl	1983	M35-39	39	<b>00:32:56</b>	96	00:04:46	<b>02:28:01</b>	97	00:02:48	<b>01:58:00</b>	247	<b>05:06:31</b>			132
139	284	TAMBORSKI RAFAŁ	LESZNO		1979	M35-39	40	<b>00:36:19</b>	200	00:05:28	<b>02:28:09</b>	101	00:02:17	<b>01:54:43</b>	194	<b>05:06:56</b>			134
140	551	KRASUKI MIROSŁAW	SIEDLCE		1966	M50-54	4	<b>00:38:04</b>	254	00:05:51	<b>02:28:21</b>	104	00:02:44	<b>01:51:58</b>	169	<b>05:06:58</b>			135
141	183	MAŁECKI MATEUSZ	NOWY TARG	111.kegel.pl	1982	M35-39	41	<b>00:46:12</b>	440	00:04:54	<b>02:29:40</b>	120	00:02:53	<b>01:43:36</b>	91	<b>05:07:15</b>			136
142	273	NETTMANN MATEUSZ	SIEROŚLAW	FTI Racing Team	1979	M35-39	42	<b>00:38:33</b>	272	00:03:36	<b>02:31:27</b>	134	00:03:45	<b>01:49:56</b>	145	<b>05:07:17</b>			137
143	72	ŻYRA MACIEJ	JASŁO		1987	M30-34	26	<b>00:36:30</b>	206	00:06:20	<b>02:38:36</b>	228	00:02:40	<b>01:43:32</b>	90	<b>05:07:42</b>			138
144	397	WALCZAK WOJCIECH	RADZYMIN	Progress Triathlon Team	1976</														

Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
171	180	KRYCH JAKUB	POZNAŃ		1982	M35-39	47	00:40:56	338	00:04:29	02:38:25	224	00:02:21	01:47:17	120	05:13:28			166
172	356	PIĘTKA DANIEL	POZNAŃ		1977	M40-44	51	00:35:12	159	00:05:52	02:34:10	171	00:02:20	01:56:23	222	05:13:57			167
173	461	ORWAT TOMASZ	ZIELONA GÓRA	Grupa ROTO MTB	1974	M40-44	52	00:39:53	311	00:05:53	02:35:00	178	00:03:12	01:50:32	149	05:14:30			168
174	365	WIŚCIN ERIC	WROCLAW	TMTeam	1977	M40-44	53	00:36:16	199	00:05:36	02:32:37	148	00:03:03	01:57:01	228	05:14:33			169
175	53	KOBIELA MACIEJ	KRAKÓW	MAGAZYN TRIATHLON	1988	M30-34	36	00:38:47	282	00:05:01	02:30:44	127	00:02:26	01:57:53	243	05:14:51			170
176	172	JEGER KRZYSZTOF	SWARZĘDZ		1982	M35-39	48	00:30:21	27	00:06:41	02:34:22	174	00:03:22	02:00:34	273	05:15:20			171
177	202	DUZIK EMIL	RZESZÓW		1981	M35-39	49	00:41:46	364	00:05:47	02:28:39	108	00:03:04	01:56:13	215	05:15:29			172
178	553	WÓJCIK MIROSLAW	TOMASZÓW MAZ.		1966	M50-54	6	00:35:53	192	00:05:34	02:28:57	113	00:03:18	02:02:05	298	05:15:47			173
179	428	TYSZKA DARIUSZ	WARSZAWA	AKS Polonia Warszawa	1975	M40-44	54	00:38:34	273	00:05:02	02:34:38	175	00:04:24	01:53:14	183	05:15:52			174
180	404	BUCZEK ROBERT	SIEDLCE		1975	M40-44	55	00:35:28	171	00:06:13	02:30:59	129	00:03:44	01:59:42	263	05:16:06			175
181	61	BABICZ PAWEŁ	KRAKÓW	72d windsport team	1987	M30-34	37	00:30:16	26	00:05:19	02:28:54	112	00:03:04	02:08:43	344	05:16:16			176
182	517	SUPERSON WOJTEK	KRAKÓW		1971	M45-49	14	00:32:11	68	00:05:08	02:41:02	255	00:03:13	01:54:46	195	05:16:20			177
183	246	POWAŻYŃSKI AREK	WIAZOWNA	neON Team	1980	M35-39	50	00:33:12	104	00:04:31	02:27:33	91	00:02:42	02:08:24	339	05:16:22			178
184	373	CZŁONKOWSKI GRZEGORZ	POZNAŃ	DZIKI Z MORASKA	1976	M40-44	56	00:32:56	97	00:05:49	02:37:01	201	00:03:03	01:57:37	236	05:16:26			179
185	79	JASTRZEBSKI WOJTEK	OPALENICA	K.S Tęcza	1986	M30-34	38	00:36:54	221	00:04:34	02:27:27	90	00:02:50	02:04:45	314	05:16:30			180
186	463	RAK LUKASZ	JASLO		1974	M40-44	57	00:41:19	351	00:07:25	02:29:32	118	00:05:05	01:53:10	182	05:16:31			181
187	181	KUSIK ZBIGNIEW	POZNAŃ		1982	M35-39	51	00:37:40	243	00:05:33	02:28:12	102	00:02:41	02:02:30	299	05:16:36			182
188	456	ŁABNO WALDEMAR	ŁUCZYCE		1974	M40-44	58	00:39:39	308	00:06:24	02:40:45	248	00:02:41	01:47:12	117	05:16:41			183
189	120	HAJNOS-MALECKA MARIA	SZAFLARY	111.kegel.pl	1984	K30-34	5	00:32:19	79	00:04:18	02:39:02	233	00:02:15	01:59:06	254	05:17:00	6		184
190	241	NOWAKOWSKI ARKADIUSZ	STOK LACKI		1980	M35-39	52	00:34:47	148	00:05:31	02:33:17	156	00:02:44	02:01:19	285	05:17:36			184
191	125	MARKIEWICZ MACIEJ	BYDGOSZCZ	TriSpace	1984	M30-34	39	00:36:56	223	00:06:24	02:42:43	274	00:03:24	01:48:22	130	05:17:49			185
192	436	BIERNACKI DAMIAN	PABIANICE	Korona Pabianie AT TEAM	1974	M40-44	59	00:35:33	177	00:06:48	02:31:40	136	00:03:00	02:01:02	279	05:18:03			186
193	566	NOWICKI LESZEK	INOWROCLAW	inonowiki	1961	M55-59	1	00:42:03	370	00:05:38	02:37:07	203	00:02:18	01:50:58	156	05:18:04			187
194	146	GAŻDZIK TOMASZ	WROCLAW		1983	M35-39	53	00:32:20	81	00:05:38	02:32:25	145	00:03:09	02:04:34	311	05:18:06			188
195	474	CUPA IRENEUSZ	TORUŃ		1973	M45-49	15	00:40:55	337	00:05:22	02:31:50	139	00:03:58	01:56:14	217	05:18:19			189
196	245	PENDOWSKI KAMIL	BIALYSTOK		1980	M35-39	54	00:35:40	183	00:06:15	02:38:27	225	00:03:33	01:54:50	197	05:18:45			190
197	533	KORCZYŃSKI RADOSLAW	STRASSEN		1969	M45-49	16	00:37:17	235	04:14:51	-01:24:28	1	00:04:08	01:46:59	114	05:18:47			191
198	547	KOWALSKI GRZEGORZ	PIASECZNO		1967	M50-54	7	00:44:28	412	00:07:49	02:40:56	252	00:03:59	01:41:41	70	05:18:53			192
199	322	PZYMAŃSKI PRZEMYSŁAW	KRZCJANKA	Revizor TRI	1978	M40-44	60	00:38:49	283	00:05:00	02:33:32	159	00:03:34	01:58:24	249	05:19:19			193
200	526	PIETRAS DARIUSZ	KĘDZIERZYN-KOŻŁE		1970	M45-49	17	00:34:10	131	00:05:35	02:38:11	219	00:02:54	01:58:34	251	05:19:24			194
201	58	SERZYSCO BARTOSZ	CIESZYN		1988	M30-34	40	00:42:17	378	00:05:49	02:40:49	249	00:03:38	01:47:16	118	05:19:49			195
202	334	CISOWSKI ARTUR	WARSZAWA		1977	M40-44	61	00:35:26	169	00:05:31	02:35:20	182	00:02:52	02:00:49	277	05:19:58			196
203	386	MAKA WOJCIECH	GRANICA	TriWawa	1976	M40-44	62	00:37:16	233	00:06:09	02:32:36	147	00:02:30	02:01:35	289	05:20:06			197
204	539	JAGIELKA KRZYSZTOF	LESZNO		1968	M50-54	8	00:39:11	299	00:05:32	02:38:35	227	00:02:35	01:54:19	191	05:20:12			198
205	544	SADOWSKI PIOTR	PIASECZNO	PMCG Piaseczno	1968	M50-54	8	00:37:56	249	00:07:34	02:36:30	194	00:05:15	01:52:57	180	05:20:12			198
206	391	RADLIŃSKI LUKASZ	SZCZECIN		1976	M40-44	63	00:36:10	195	00:05:59	02:40:20	240	00:02:43	01:55:05	202	05:20:17			200
207	360	SOPOTNICKI WOJCIECH	KUNICE		1977	M40-44	64	00:35:14	160	00:06:11	02:43:45	287	00:02:31	01:52:47	177	05:20:28			201
208	230	FJALKOWSKI TOMASZ	BIALYSTOK	Nadaktyni	1980	M35-39	55	00:28:56	14	00:05:05	02:36:08	190	00:03:32	02:06:51	322	05:20:32			202
209	260	IDZIKOWSKI PIOTR	SUCHY LAS		1979	M35-39	56	00:38:03	253	00:05:44	02:37:49	212	00:03:22	01:55:39	208	05:20:37			203
210	343	KRZYŻYŃSKI ANDRZEJ	ŁÓDŹ	Tri Aktywny Piotrków	1977	M40-44	65	00:35:43	185	00:05:22	02:44:19	292	00:02:54	01:52:23	175	05:20:41			204
211	567	GLINKOWSKI ZBIGNIEW	MOŚCINA		1960	M55-59	2	00:41:35	360	00:05:35	02:33:05	153	00:02:52	01:57:43	237	05:20:50			205
212	317	SŁOMCZYŃSKI BARTOSZ	OPOLE	10 BLog	1978	M40-44	66	00:34:54	152	00:04:33	02:42:58	275	00:02:43	01:55:54	212	05:21:02			206
213	534	PARTYKA PIOTR	PROMIENKO		1969	M45-49	18	00:36:35	209	00:06:16	02:36:43	197	00:03:46	01:57:47	239	05:21:07			207
214	94	ANDRZEJCZAK ADAM	WROCLAW		1985	M30-34	41	00:36:42	211	00:06:38	02:43:01	276	00:02:45	01:52:24	176	05:21:30			208
215	27	WOŹNIAK PATRYK	OSTRÓW WIELKOPOLSKI		1992	M25-29	11	00:32:40	90	00:05:02	02:45:07	299	00:02:31	01:56:17	219	05:21:37			209
216	249	RATAJEWICZ MACIEJ	WARSZAWA		1980	M35-39	57	00:39:18	300	00:05:03	02:43:18	281	00:02:48	01:51:29	164	05:21:56			210
217	59	ŚWIĄTEK WOJCIECH	ŁÓDŹ		1988	M30-34	42	00:36:15	198	00:06:08	02:45:32	302	00:02:45	01:51:18	160	05:21:58			211
218	267	LEWICKI ARKADIUSZ	WARSZAWA	TriWawa	1979	M35-39	58	00:33:00	99	00:05:46	02:30:15	122	00:03:06	02:10:00	355	05:22:07			212
219	423	ROWIŃSKI MICHAŁ	KONSTANCYJEWICZ	JEZIORNA	1975	M40-44	67	00:31:38	52	00:05:32	02:32:16	144	00:03:09	02:09:32	351	05:22:07			212
220	554	CON LESLAW	DREZDENKO		1965	M50-54	10	00:35:33	178	00:07:15	02:37:24	207	00:03:30	01:58:27	250	05:22:09			214
221	31	KARKOSZKA MARCIN	MASANÓW		1990	M25-29	12	00:38:45	278	00:06:37	02:46:29	312	00:03:01	01:47:41	124	05:22:33			215
222	419	MILICH PAWEŁ	GORZÓW WLKP		1975	M40-44	68	00:35:44	188	00:05:41	02:40:23	241	00:03:26	01:40:34	235	05:22:48			216
223	232	HOLUBOWICZ GRZEGORZ	GORZÓW WLKP.		1980	M35-39	59	00:39:08	297	00:05:24	02:36:27	193	00:02:32	01:59:21	259	05:22:52			217
224	457	ŁYTEK MARCIN	BIELAWA		1974	M40-44	69	00:35:52	191	00:04:56	02:38:56	231	00:02:50	02:00:48	275	05:23:22			218
225	412	HALAJDA MACIEJ	STRZELIŃ		1975	M40-44	70	00:35:37	179	00:05:57	02:44:12	291	00:03:03	01:54:48	196	05:23:37			219
226	310	MINKO PIOTR	BIALYSTOK	TRI BIELSKI PODLASKI TEAM	1978	M40-44	71	00:38:01	252	00:04:56	02:40:36	247	00:05:01	01:55:16	205	05:23:50			220
227	522	DERSLY STEPHEN	POZNAN		1970	M45-49	19	00:31:56	61	00:06:19	02:37:23	206	00:03:20	02:04:56	315	05:23:54			221
228	318	SOKOŁOWSKI MICHAŁ	HENRYKÓW UROCZE		1978	M40-44	72	00:34:14	134	00:05:12	02:48:49	332	00:03:28	01:52:17	174	05:24:00			222
229	552	PETZA MACIEJ	POZNAŃ		1966	M50-54	11	00:38:58	287	00:05:25	02:43:15	280	00:03:05	01:53:21	185	05:24:04			223
230	418	MAROWSKI PAWEŁ	GORZÓW WIELKOPOLSKI		1975	M40-44	73	00:31:30	50	00:08:43	02:42:21	270	00:03:44	01:57:50	242	05:24:08			224
231	581	FOLTYŃSKI MARCIN	GRUSZCZYN		1977	M40-44	74	00:44:05	409	00:05:42	02:34:05	168	00:02:39	01:57:43	238	05:24:14			225
232	307	MACHATA JACEK	WROCLAW		1978	M40-44	75	00:35:40	182	00:06:02	02:43:36	285	00:02:55	01:56:04	214	05:24:17			226
233	26	SZOT DAWID	SZTUM	Tri NEGU / NeON Team	1992	M25-29	13	00:42:30	382	00:04:35	02:2								

JBL TRIATHLON SIERAKÓW 26-27.05.2018 r.  
Dystans: 112,99km



Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
256	189	SAWICKI ARKADIUSZ	WROCLAW	Scorpion	1982	M35-39	66	00:36:27	204	00:06:35	02:30:45	128	00:02:55	02:11:40	372	05:28:22			248
257	227	BIEN MACIEJ	WARSZAWA		1975	M40-44	83	00:29:49	20	00:05:19	02:40:24	242	00:03:23	02:09:34	352	05:28:29			249
258	332	CHACUŚ ADRIAN	TYCHY	RestTeam	1977	M40-44	84	00:41:58	369	00:05:13	02:41:14	260	00:03:22	01:57:21	233	05:29:08			250
259	41	KAMIŃSKI RADOŚLAW	ROKIEŃNICA	WUEFRITEAM	1989	M25-29	15	00:42:17	379	00:06:51	02:45:44	303	00:04:11	01:50:20	148	05:29:23			251
260	266	LEWANDOWSKI JAKUB	POZNAŃ		1979	M35-39	67	00:35:11	158	00:05:49	02:45:00	298	00:02:51	02:01:08	282	05:29:59			252
261	164	DRÓŻDŹ KAMIL	WARSZAWA	Kuźnia Triathlonu	1982	M35-39	68	00:36:56	222	00:06:22	02:36:33	195	00:02:38	02:07:59	334	05:30:28			253
262	410	FRANASZCZYK MARCIN	SIERAKÓW	Bucharzewo Team	1975	M40-44	85	00:34:46	147	00:06:16	02:44:42	295	00:03:46	02:01:03	281	05:30:33			254
263	147	JASKÓLSKI KRZYSZTOF	GUBIN	BBL Gubin	1983	M35-39	69	00:44:01	407	00:05:44	02:40:19	239	00:02:43	01:57:49	241	05:30:36			255
264	295	DEUTSCHMAN PIOTR	WROCLAW	GT RAT	1978	M40-44	86	00:33:20	113	00:05:16	02:37:35	209	00:03:12	02:11:33	368	05:30:56			256
265	286	WAWRZYŃSKI MICHAŁ	SOLEC KUJAWSKI	San Escobar Triathlon Team	1979	M35-39	70	00:34:39	145	00:07:01	02:37:40	210	00:03:21	02:08:25	340	05:31:06			257
266	216	PIOTROWSKI TOMASZ	WARSZAWA	GREMBSKI TRIATHLON	1981	M35-39	71	00:37:12	231	00:05:46	02:47:08	315	00:03:14	01:57:48	240	05:31:08			258
267	153	SIEKAN GRZEGORZ	TYCHY		1983	M35-39	72	00:34:10	133	00:05:59	02:46:51	314	00:02:49	02:01:26	287	05:31:15			259
268	439	CIEKAŃSKI MICHAŁ	LESZNO		1974	M40-44	87	00:36:27	205	00:06:24	02:41:06	258	00:03:39	02:03:42	303	05:31:18			260
269	376	GAŁEK WOJCIECH	KONSTANCIN- JEZIORNA		1976	M40-44	88	00:38:28	269	00:07:28	02:40:26	245	00:04:05	02:00:58	278	05:31:25			261
270	149	KONDRACKI LUKASZ	ZGORZELEC	UKS Energetyk Zgorzelec	1983	M35-39	73	00:32:16	74	00:05:41	02:48:16	326	00:03:23	02:01:57	295	05:31:33			262
271	584	KAPUSTKA MIROSLAW	POZNAŃ	KAPUSTRI	1983	M35-39	74	00:36:57	224	00:05:37	02:47:13	317	00:02:32	01:59:30	261	05:31:49			263
272	250	SAWCUK GRZEGORZ	WYSOKA		1980	M35-39	75	00:38:47	281	00:05:38	02:36:44	198	00:03:20	02:07:23	328	05:31:52			264
273	510	WIECZOREK MACIEK	POZNAŃ		1972	M45-49	24	00:41:52	366	00:06:43	02:40:58	253	00:03:25	01:59:11	257	05:32:09			265
274	314	PIDEK MARCIN	OBORNIKI		1978	M40-44	89	00:43:52	450	00:06:04	02:43:28	283	00:02:36	01:56:21	221	05:32:21			266
275	422	PRYK RAFAŁ	GOLENIÓW	Rozbiegany Goleniów	1975	M40-44	89	00:41:18	305	00:06:37	02:48:13	325	00:02:58	01:53:15	184	05:32:21			266
276	416	KUKOROWSKI GRZEGORZ	OŚNO LUBUSKIE		1975	M40-44	91	00:33:08	102	00:06:12	02:40:33	246	00:03:00	02:09:56	354	05:32:49			268
277	199	BREWKA WOJCIECH	PIERWOSZOW	GT RAT	1981	M35-39	76	00:34:58	156	00:05:03	02:44:00	290	00:03:07	02:05:51	316	05:32:59			269
278	311	NIEMCZEWSKI RAFAŁ	KOBYLNICZA		1978	M40-44	92	00:41:52	384	00:07:31	02:46:15	311	00:04:27	01:59:06	253	05:33:01			270
279	281	SOWA MACIEJ	POZNAŃ		1979	M35-39	77	00:37:51	244	00:07:41	02:35:15	181	00:03:12	02:09:04	346	05:33:03			271
280	506	NITSCHKE MACIEJ	WOLSZTYN	Wolsztyński Klub Biegowy	1972	M45-49	25	00:46:00	436	00:10:16	02:33:45	164	00:03:30	01:59:56	265	05:33:27			272
281	568	PAWŁOWSKI ANDRZEJ	POZNAŃ		1959	M55-59	3	00:44:49	419	00:05:20	02:41:58	269	00:02:19	01:59:09	255	05:33:35			273
282	542	KOZŁOWSKI WOJTEK	KRAKÓW		1968	M50-54	12	00:36:47	216	00:09:38	02:35:03	179	00:04:27	02:07:52	333	05:33:47			274
283	342	KRAKOWIAK GRZEGORZ	GRANOWO		1977	M40-44	93	00:44:46	415	00:05:42	02:45:10	300	00:02:49	01:55:24	206	05:33:51			275
284	261	JANUS JACEK	ZORY		1979	M35-39	78	00:34:01	127	00:05:35	02:48:37	329	00:03:15	02:02:31	300	05:33:59			276
285	582	STADNICKI PIOTR	WARSZAWA	TRI PASSION	1982	M35-39	79	00:39:25	304	00:06:39	02:43:06	277	00:03:08	02:01:46	291	05:34:04			277
286	21	MARCINEK SZYMON	PIETROWICE WIELKIE		1993	M25-29	16	00:32:18	77	00:05:21	02:51:49	368	00:03:42	02:01:03	280	05:34:13			278
287	193	STACHOWSKI SEBASTIAN	ZĄBKI		1982	M35-39	80	00:41:21	352	00:07:12	02:43:29	284	00:03:09	01:59:12	258	05:34:23			279
288	60	ZALEWSKI LESZEK	BERLIN	Olimpiusz.pl	1988	M30-34	45	00:41:10	346	00:05:17	02:38:01	218	00:03:27	02:06:45	321	05:34:40			280
289	212	LISIAKIEWICZ BARTOSZ	WROCLAW		1981	M35-39	81	00:38:47	280	00:07:05	02:45:18	301	00:03:28	02:00:05	266	05:34:43			281
290	405	CIOSEK ARTUR	GORZÓW WIELKOPOLSKI		1975	M40-44	94	00:32:54	94	00:08:08	02:47:11	316	00:03:43	02:02:57	302	05:34:53			282
291	450	JACZAN BARTEK	KOMORNKI	ZGRUPKA TEAM	1974	M40-44	95	00:30:56	38	00:05:18	02:44:26	293	00:03:42	02:10:36	360	05:34:58			283
292	446	GOLANOWSKI KRZYSZTOF	SZCZECIN		1974	M40-44	96	00:38:08	257	00:06:20	02:49:48	344	00:03:32	01:57:19	231	05:35:07			284
293	76	GŁOWACKI MICHAŁ	WARSZAWA		1986	M30-34	46	00:38:32	271	00:05:32	02:20:43	40	00:02:52	02:27:28	438	05:35:07			284
294	513	JANISZCZYK ARKADIUSZ	ŚRODA ŚLĄSKA	GT RAT	1971	M45-49	26	00:42:42	384	00:06:09	02:31:43	137	00:03:16	02:11:36	370	05:35:26			286
295	571	WALIGÓRSKI RYSZARD	WOLSZTYN	Wolsztyński Klub Biegowy	1957	M60-64	2	00:42:15	377	00:06:16	02:44:31	294	00:05:18	01:57:06	229	05:35:26			286
296	223	WITKOWSKI DAMIAN	KROTOSZYŃ		1981	M35-39	82	00:36:58	225	00:06:43	02:47:54	319	00:03:23	02:00:39	274	05:35:37			288
297	299	KASZUBOWSKI PATRYK	PROMNO	Danielówka Promno - Agroturystyka	1978	M40-44	97	00:39:29	305	00:06:39	02:41:54	268	00:03:42	02:04:04	307	05:35:48			289
298	162	BIAŁEK MAREK	WARSZAWA	TriWawa	1982	M35-39	83	00:34:55	154	00:06:17	02:35:30	184	00:04:08	02:15:55	402	05:36:45			290
299	564	LEŚNIEWSKI TOMASZ	POZNAŃ		1962	M55-59	4	00:45:32	430	00:06:44	02:54:06	382	00:02:49	01:47:34	122	05:36:45			290
300	395	SZUSTOROWSKI RAFAŁ	WARSZAWA	REST TEAM	1976	M40-44	98	00:38:45	279	00:04:58	02:31:23	133	00:03:01	02:18:39	412	05:36:46			292
301	161	BETLEJ HUBERT	KRAKÓW	ESKADA KRAKÓW	1982	M35-39	84	00:45:27	429	00:05:10	02:31:15	132	00:03:07	02:11:49	374	05:36:48			293
302	159	BABICKI SZYMON	WARSZAWA		1982	M35-39	85	00:44:57	423	00:06:43	02:50:43	357	00:02:35	01:51:55	168	05:36:53			294
303	69	PIESZAŁA MACIEJ	POZNAŃ		1987	M30-34	47	00:39:01	291	00:06:09	02:41:29	263	00:03:00	02:07:31	329	05:37:10			295
304	160	BARYŁA MARZANNA	STRZELIN		1982	K35-39	4	00:42:07	371	00:05:43	02:48:45	331	00:03:21	01:57:25	234	05:37:21			9
305	468	WAKUŁA MAREK	SIEDLCE		1974	M40-44	99	00:38:08	256	00:06:02	02:48:55	333	00:03:26	02:01:11	284	05:37:42			296
306	203	FLOREK-WOJTALIK MONIKA	KÓRZEWÓ		1981	K35-39	5	00:42:57	388	00:07:18	02:54:00	381	00:05:11	01:48:33	133	05:37:59			10
307	14	SIĘCZKOWSKI DAMIAN	DOBIESZKÓW	swimbikerun4fun	1997	M18-24	3	00:41:56	368	00:06:09	02:46:12	310	00:03:02	02:01:08	283	05:38:27			297
308	388	MITURA DARIUSZ	JÓZEFOSŁAW		1976	M40-44	100	00:39:00	290	00:07:26	02:48:25	328	00:03:09	02:00:30	271	05:38:30			298
309	516	OSTROWICKI PIOTR	POZNAŃ		1971	M45-49	27	00:39:04	294	00:05:37	02:41:44	267	00:02:56	02:09:29	349	05:38:50			299
310	148	JEZIOŁKOWSKI JAKUB	PNIEWY	Gira Się Kręci	1983	M35-39	86	00:39:44	309	00:05:21	02:43:53	289	00:02:16	02:07:42	330	05:38:56			300
311	387	MICHAŁAK ADRIAN	POZNAŃ		1976	M40-44	101	00:41:43	362	00:07:06	02:49:09	336	00:03:06	01:57:54					



Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
341	455	KUKOTKO RAFAŁ	TARNOWO PODGÓRNE		1974	M40-44	109	00:42:08	372	00:06:53	02:44:49	297	00:03:08	02:10:25	358	05:47:23		327	
342	275	PARTYKA LUKASZ	POZNAŃ		1979	M35-39	92	00:40:10	320	00:06:39	02:50:19	354	00:03:15	02:07:20	327	05:47:43		328	
343	333	CHMIELEWSKI GRZEGORZ	SUCHY DWÓR	TMTeam	1977	M40-44	110	00:32:30	84	00:06:41	02:49:19	340	00:03:15	02:16:02	405	05:47:47		329	
344	443	FLEISZAR TYMOTUSZ	GRUSZCZYN-POLAND	WÓJTOWICZ TRI TEAM	1974	M40-44	111	00:39:32	306	00:07:33	02:48:23	327	00:04:06	02:08:16	336	05:47:50		330	
345	95	ANDRZEJEWSKI BARTOSZ	MUROWANA GOŚLINA		1985	M30-34	53	00:44:48	417	00:04:50	02:43:40	286	00:03:44	02:10:59	362	05:48:01		331	
346	305	LAWNICZAK DOMINIK	NOTTINGHAM		1978	M40-44	112	00:43:03	391	00:06:31	02:52:39	372	00:03:59	02:01:50	292	05:48:02		332	
347	435	BIELERZEWSKI JAKUB	WARSZAWA		1974	M40-44	113	00:42:14	376	00:06:29	03:01:44	419	00:03:31	01:54:51	198	05:48:49		333	
348	184	MARTYNOWSKI LUKASZ	OPOLE		1982	M35-39	93	00:32:13	71	00:05:25	03:05:48	436	00:03:54	02:01:34	288	05:48:54		334	
349	18	ANDRYSZAK ALEKSANDRA	ŚWINOUJŚCIE		1993	K25-29	1	00:34:52	150	00:06:22	02:58:03	404	00:03:31	02:06:09	320	05:48:57	15		
350	557	BLACHOWIAK MARIUSZ	LESZNO	Maraton Leszno	1964	M50-54	14	00:46:04	439	00:07:17	02:50:05	350	00:04:38	02:01:25	286	05:49:29		335	
351	488	PALKA KRZYSZTOF	ŻORY		1973	M45-49	34	00:42:46	385	00:06:41	02:48:58	334	00:03:33	02:07:48	332	05:49:46		336	
352	124	LEWANDOWSKI WOJCIECH	ŻERNIKI WROCŁAWSKIE		1984	M30-34	54	00:43:33	397	00:07:44				02:00:17	269	05:49:54		337	
353	415	ILKIEWICZ MICHAŁ	STARE BABICE		1975	M40-44	114	00:44:53	421	00:08:02	02:43:08	279	00:04:43	02:09:30	350	05:50:16		338	
354	508	SZKUDLARSKI WOJCIECH	NOWY TOMYŚL		1972	M45-49	35	00:42:09	373	00:09:02	02:58:11	405	00:05:16	01:55:48	210	05:50:26		339	
355	133	SAZONOV VICTOR	KALININGRAD	AmberMan	1984	M30-34	55	00:37:52	245	00:05:33	02:51:59	369	00:03:25	02:11:46	373	05:50:35		340	
356	242	ORZYŁOWSKI RAJMUND	SIEDLCE		1980	M35-39	94	00:41:29	355	00:06:59	02:59:17	410	00:03:54	01:59:11	256	05:50:50		341	
357	390	PRZYBYLSKI TOMASZ	BORÓWIEC		1976	M40-44	115	00:42:12	375	00:05:28	02:40:53	250	00:03:17	02:19:25	416	05:51:15		342	
358	151	KUCHARSKI LUKASZ	ŁÓDŹ		1983	M35-39	95	00:36:48	217	00:06:04	02:40:25	244	00:03:06	02:25:40	432	05:52:03		343	
359	480	HANCZAR PAWEŁ	WROCŁAW		1973	M45-49	36	00:47:42	452	00:07:38	02:55:39	392	00:03:59	01:57:20	232	05:52:18		344	
360	470	WIADERNY JANUSZ	JASTRZĘBIA-ZDRÓJ		1974	M40-44	116	00:44:10	410	00:06:03	02:47:56	320	00:02:48	02:11:28	367	05:52:25		345	
361	263	KILKOWSKA PAULINA	MOSINA	AF MOSINA TEAM	1979	K35-39	6	00:44:51	420	00:05:51	02:49:56	348	00:03:37	02:08:22	338	05:52:37	16		
362	140	CZERNICKI JAKUB	SUCHY LAS		1983	M35-39	96	00:36:27	203	00:06:39	02:51:02	361	00:03:27	02:15:16	395	05:52:51		346	
363	459	NAROJCZYK KRZYSZTOF	NOWA TWICZNA		1974	M40-44	117	00:35:28	173	00:06:45	02:41:02	254	00:04:19	02:26:19	436	05:53:53		347	
364	320	SZAMBEŁAŃCZYK MACIEJ	LUSÓWKO		1978	M40-44	118	00:46:44	444	00:06:36	02:41:42	266	00:03:02	02:16:02	404	05:54:06		348	
365	536	DĘBSKI DANIEL	WAŁBRZYCH		1968	M50-54	15	00:38:27	268	04:07:03	01:14:18	3	00:07:53	02:15:40	399	05:54:45		349	
366	575	BARĘWKA BOGDAN	WARSZAWA	AKS Polonia Warszawa	1954	M60-64	3	00:46:40	443	00:08:04	03:06:18	439	00:04:52	01:48:52	135	05:54:46		350	
367	115	CZEKALSKA MARIA	POZNAŃ	FTI Racing Team	1984	K30-34	7	00:41:14	349	00:05:51	02:53:24	376	00:02:50	02:11:28	366	05:54:47	17		
368	220	RZYTKI PIOTR	BEZWOLA		1981	M35-39	97	00:49:08	460	00:06:34	02:49:50	345	00:03:44	02:06:56	324	05:56:12		351	
369	368	BLASIAK ADRIAN	BIELSKO-BIALA		1976	M40-44	119	00:41:00	340	00:06:07	02:46:05	308	00:03:11	02:20:08	422	05:56:31		352	
370	485	KUIK KRZYSZTOF	PUCK		1973	M45-49	37	00:44:03	408	00:07:45	02:49:46	342	00:04:07	02:11:27	365	05:57:08		353	
371	40	FABIJAŃCZYK PAWEŁ	LESZNO		1989	M25-29	18	00:39:54	313	00:07:42	03:05:53	437	00:04:17	01:59:30	262	05:57:16		354	
372	240	NOWAK TOMASZ	WITKOWO		1980	M35-39	98	00:40:38	327	00:06:17	02:53:10	375	00:03:47	02:13:37	387	05:57:29		355	
373	378	GLAPA KRZYSZTOF	GÓLSKI		1976	M40-44	120	00:37:19	237	00:09:45	02:49:08	335	00:05:34	02:15:53	401	05:57:39		356	
374	482	KAPCIŃSKA MALGORZATA	LUSÓWKO		1973	K45-49	2	00:43:50	404	00:06:37	03:05:44	434	00:03:43	01:57:55	246	05:57:49	18		
375	454	KRZESAK ADAM	PIASTÓW		1974	M40-44	121	00:35:39	181	00:06:00	02:52:54	374	00:03:44	02:19:46	420	05:58:03		357	
376	200	BUCKI PRZEMYŚLAW	SZCZODRE		1981	M35-39	99	00:38:13	260	00:07:32	03:00:18	415	00:03:48	02:08:39	343	05:58:30		358	
377	357	SIP WOJCIECH	DREZDENKO		1977	M40-44	122	00:46:15	441	00:08:35	02:41:02	256	00:03:44	02:19:26	417	05:59:02		359	
378	116	DROPIK LUKASZ	POZNAŃ		1984	M30-34	56	00:47:14	451	00:05:52	03:01:17	417	00:02:50	02:02:05	297	05:59:18		360	
379	105	PIECH MICHAŁ	OPOLE		1985	M30-34	57	00:35:44	187	00:06:34	02:54:53	385	00:04:05	02:18:16	411	05:59:32		361	
380	448	GRY GORUK ANDRZEJ	WARSZAWA		1974	M40-44	123	00:39:24	303	00:08:46	02:51:04	362	00:05:16	02:15:06	393	05:59:36		362	
381	486	MOSKAL ARKADIUSZ	CEGLIENIA RADZYMIN		1973	M45-49	38	00:38:13	261	00:08:57	03:04:03	427	00:04:19	02:04:11	309	05:59:43		363	
382	136	TRACZYK GRZEGORZ	KIEKRZ K. POZNANIA		1984	M30-34	58	00:52:20	470	00:06:43	03:06:26	441	00:04:15	01:50:51	154	06:00:35		364	
383	380	JAGODZIŃSKI MICHAŁ	ROGOZINIEC		1976	M40-44	124	00:45:54	435	00:07:11	03:03:01	424	00:04:12	02:00:21	270	06:00:39		365	
384	198	BORDA PIOTR	POZNAŃ		1980	M35-39	100	00:40:42	330	00:06:53	02:50:51	359	00:03:43	02:18:57	415	06:01:06		366	
385	329	AUGUSTYNOWICZ ANDRZEJ	ŁĘGNICA		1977	M40-44	125	00:43:27	396	00:06:59	02:53:25	377	00:02:53	02:15:25	397	06:02:09		367	
386	530	MARCHWIŃSKI RAFAŁ	USZCZYN	Tri Aktywny Piotrków	1977	M40-44	126	00:41:10	345	00:06:42	02:40:55	251	00:04:02	02:29:50	445	06:02:39		368	
387	12	SZCZEPAŃSKI MACIEJ	SIERAKÓW	Drużyna Szpiku	1999	M18-24	4	00:40:44	331	00:04:02	02:49:48	343	00:02:39	02:25:46	433	06:02:59		369	
388	235	KOZMA MICHAŁ	POZNAŃ		1980	M35-39	101	00:50:32	464	00:08:42	02:47:59	321	00:04:18	02:11:34	369	06:03:05		370	
389	298	HOJNOR PIOTR	ŚWIĘTA KATARZYNA		1978	M40-44	127	00:44:30	413	00:07:00	02:49:18	339	00:02:58	02:19:47	421	06:03:33		371	
390	437	BIZIEL MICHAŁ	SMOLEC	TMTeam	1974	M40-44	128	00:39:48	310	00:05:54	03:12:29	449	00:03:31	02:02:01	296	06:03:43		372	
391	49	WYPYCHOWSKI JAKUB	POZNAŃ		1989	M25-29	19	00:46:03	438	00:07:50	02:56:11	396	00:05:25	02:08:26	341	06:03:55		373	
392	531	DZUBAŁA RADEK	ŚWIĘCIECHOWA	Real 64-sto	1969	M45-49	39	00:40:26	324	00:08:00	02:57:14	400	00:04:17	02:14:09	388	06:04:06		374	
393	559	SKIBA WŁODZIMIERZ	POZNAŃ	Stowarzyszenie Triathlonowców U64 Poznań	1964	M50-54	16	00:42:34	383	00:10:30	03:02:48	422	00:03:51	02:04:41	313	06:04:24		375	
394	563	BAJEROWICZ PIOTR	GRZĘDZICE		1963	M55-59	5	00:41:52	365	00:08:31	02:57:25	402	00:04:44	02:11:53	375	06:04:25		376	
395	35	KUREK DAWID	BYTOM		1990	M25-29	20	00:35:38	180	00:06:15	02:54:29	390	00:03:44	02:24:23	429	06:04:29		377	
396	10	KUNZ MARTIN	HOSTIVICE	Brána v Pěčku	1999	M18-24	5	00:39:33	307	00:08:17	03:15:40	453	00:04:55	01:56:16	218	06:04:41		378	
397	292	ZYBURA PAWEŁ	NYSA		1979	M35-39	102	00:49:44	463	00:08:17	03:06:54	442	00:03:34	01:56:30	223	06:04:59		379	
398	194	STASIOVICZ DOMINIKA	WARSZAWA		1982	K35-39	7	00:43:12	393	00:07:56	03:00:22	416	00:04:43	02:08:47	345	06:05:00	19		
399	433	BASIŃSKI MARCIN	PACZKOWO	OKBAS	1974	M40-44	129	00:35:43	186	00:07:00	03:06:03	438	00:03:32	02:13:05	384	06:05:23		380	
400	341	KOZIŃSKI DARIUSZ	CZĘSTOCHOWA	ITO	1977	M40-44	130	00:44:55	422	00:06:37	02:54:59	386	00:03:59	02:15:25	396	06:05:55		381	
401	583	BUGAJNY PAWEŁ	POZNAŃ		1964	M50-54	17	00:43:37	399	00:09:00	02:55:21	389	00:05:18	02:12:57	383	06:06:13		382	
402	501	LIGEZA JOASIA	KRAKÓW	Smashing Papkins/Unlimited	1972	K45-49	3	00:42:56	387	00:06:39	03:08:08	443	00:04:25	02:04:11	310	06:06:19	20		
403	252	WOŁODKO ANDRZEJ	KOWARY		1980	M35-39	103	00:3											

Pos	Numer	Nazwisko Imię	Miejscowość	Team	Rok ur.	Kat. wiek.	Miejsce kat	Pływanie	Pływanie miejsce	T1	Rower	Rower miejsce	T2	Bieg	Bieg miejsce	Czas	K	M	Kara
426	491	<b>RZEPKA MAREK</b>	WROCLAW		1973	M45-49	43	<b>00:47:53</b>	454	00:07:45	<b>02:51:18</b>	365	00:04:14	<b>02:21:55</b>	426	<b>06:13:05</b>			404
427	171	<b>GUZY PIOTR</b>	CZECHOWICE-DZIEDZICE		1982	M35-39	109	<b>00:37:55</b>	246	00:08:34	<b>03:03:26</b>	426	00:06:07	<b>02:17:12</b>	409	<b>06:13:14</b>			405
428	309	<b>MIKOŁAJCZYK MACIEJ</b>	WRZEŚNIA		1978	M40-44	136	<b>00:44:49</b>	418	00:07:48	<b>02:55:01</b>	388	00:04:07	<b>02:21:53</b>	425	<b>06:13:38</b>			406
429	47	<b>SOBKOWIAK MACIEJ</b>	KROTOSZYN	KS Krotosz Krotoszyn	1989	M25-29	22	<b>00:42:59</b>	389	00:06:10	<b>02:59:18</b>	411	00:03:58	<b>02:22:12</b>	427	<b>06:14:37</b>			407
430	514	<b>LENARD BŁAŻEJ</b>	BRZEG		1971	M45-49	44	<b>00:55:51</b>	476	00:08:32	<b>02:56:02</b>	394	00:05:11	<b>02:09:18</b>	348	<b>06:14:54</b>			408
431	290	<b>ZGORZELSKI BARTOSZ</b>	GNIEZNO		1979	M35-39	110	<b>00:49:35</b>	462	00:07:31	<b>03:04:47</b>	429	00:03:27	<b>02:10:03</b>	356	<b>06:15:23</b>			409
432	573	<b>SITEK WITOLD</b>	OSTRÓW WLKP.		1956	M60-64	4	<b>00:48:57</b>	459	00:07:12	<b>02:53:34</b>	378	00:05:23	<b>02:21:16</b>	424	<b>06:16:22</b>			410
433	432	<b>ZAGRABSKI DAWID</b>	BIELSKO-BIALA		1975	M40-44	137	<b>00:45:42</b>	432	00:07:07	<b>02:51:01</b>	360	00:03:45	<b>02:28:47</b>	441	<b>06:16:22</b>			410
434	45	<b>NOWICKI ŁUKASZ</b>	POZNAŃ		1989	M25-29	23	<b>00:38:22</b>	265	00:06:22	<b>02:59:01</b>	408	00:03:39	<b>02:29:28</b>	444	<b>06:16:52</b>			412
435	143	<b>DZIAMSKI MARCIN</b>	WARSZAWA	TriWawa	1983	M35-39	111	<b>00:41:29</b>	356	00:05:40	<b>02:50:46</b>	358	00:02:50	<b>02:36:19</b>	452	<b>06:17:04</b>			413
436	262	<b>KĄZMIERCZAK MICHAŁ</b>	ŚRODA WIELKOPOLSKA	Garel Plast Team	1979	M35-39	112	<b>00:40:41</b>	329	00:06:13	<b>02:57:12</b>	399	00:05:06	<b>02:28:47</b>	442	<b>06:17:59</b>			414
437	82	<b>MARKIEWICZ JAREK</b>	WARSZAWA		1986	M30-34	60	<b>00:38:39</b>	277	00:06:49	<b>02:54:16</b>	384	00:05:23	<b>02:35:07</b>	450	<b>06:20:14</b>			415
438	548	<b>KURZAWIŃSKI SZYMON</b>	TARNOWO PODGÓRNE		1967	M50-54	21	<b>00:37:07</b>	229	00:04:21	<b>03:02:10</b>	421	00:05:06	<b>02:34:56</b>	449	<b>06:23:40</b>			416
439	280	<b>SARZYŃSKI WOJCIECH</b>	KRAKOW		1979	M35-39	113	<b>00:40:28</b>	325	00:08:31	<b>03:15:10</b>	452	00:04:16	<b>02:15:34</b>	398	<b>06:23:59</b>			417
440	132	<b>ROCHOWIAK PRZEMYSŁAW</b>	INOWROCLAW		1984	M30-34	61	<b>00:55:42</b>	475	00:07:49	<b>03:01:20</b>	418	00:04:37	<b>02:14:40</b>	391	<b>06:24:08</b>			418
441	340	<b>KNOFEL-LASZCZYŃSKA AGATA</b>	STRZELIN		1977	K40-44	3	<b>00:43:13</b>	394	00:07:31	<b>03:16:48</b>	456	00:04:28	<b>02:12:17</b>	378	<b>06:24:17</b>	23		
442	492	<b>SAULS CLINT</b>	SOPOT		1973	M45-49	45	<b>00:38:32</b>	270	00:10:10	<b>02:51:44</b>	367	00:03:37	<b>02:40:18</b>	459	<b>06:24:21</b>			419
443	503	<b>MARCINKOWSKI PIOTR</b>	OSTRÓW WIELKOPOLSKI	OSW TRI TEAM	1972	M45-49	46	<b>00:30:55</b>	37	00:07:38	<b>02:54:10</b>	383	00:03:37	<b>02:48:34</b>	468	<b>06:24:54</b>			420
444	231	<b>FRAŹCZEK MARCIN</b>	WROCLAW		1980	M35-39	114	<b>00:41:09</b>	343	00:06:15	<b>03:04:23</b>	428	00:04:21	<b>02:30:27</b>	447	<b>06:26:35</b>			421
445	338	<b>JARZABEK CZAREK</b>	WARSZAWA		1977	M40-44	138	<b>00:45:07</b>	426	00:07:29	<b>02:52:45</b>	373	00:05:14	<b>02:36:28</b>	453	<b>06:27:03</b>			422
446	430	<b>WINTOCH MARCIN</b>	TORUŃ		1975	M40-44	139	<b>00:45:03</b>	425	00:07:39	<b>02:49:27</b>	341	00:04:41	<b>02:41:09</b>	460	<b>06:27:59</b>			423
447	543	<b>MIESZKOWSKI PAWEŁ</b>	POZNAŃ	Zmęczeni już przed biegiem	1968	M50-54	22	<b>00:48:48</b>	458	00:10:35	<b>03:16:25</b>	455	00:03:20	<b>02:12:44</b>	382	<b>06:31:52</b>			424
448	337	<b>JANOWSKI KRZYSZTOF</b>	KRUSZYN		1977	M40-44	140	<b>00:48:20</b>	455	00:07:16	<b>03:05:48</b>	435	00:04:27	<b>02:28:03</b>	439	<b>06:33:54</b>			425
449	549	<b>RECZKO MARIUSZ</b>	MALINOWICE		1967	M50-54	23	<b>00:38:35</b>	274	00:08:37	<b>02:51:19</b>	366	00:04:10	<b>02:51:22</b>	470	<b>06:34:03</b>			426
450	84	<b>MŁODZIKOWSKA WERONIKA</b>	ADAMÓW	KB V-Max Adamów	1986	K30-34	8	<b>00:40:12</b>	322	00:06:32	<b>03:16:57</b>	458	00:03:27	<b>02:28:39</b>	440	<b>06:35:47</b>	24		
451	11	<b>MÍŠKOVSÝ ŠTĚPÁN</b>	HOSŤIVICE	Brána v Péčku	1999	M18-24	7	<b>00:55:41</b>	474	00:07:56	<b>03:10:17</b>	446	00:04:38	<b>02:17:37</b>	410	<b>06:36:09</b>			427
452	421	<b>PAWLAK PIOTR</b>	POZNAŃ	PKO Bank Polski	1975	M40-44	141	<b>00:45:03</b>	424	00:06:34	<b>02:58:52</b>	407	00:03:40	<b>02:42:24</b>	461	<b>06:36:33</b>			428
453	424	<b>SIODLA MACIEJ</b>	CZERWONAK		1975	M40-44	142	<b>00:40:06</b>	318	00:08:39	<b>03:08:43</b>	444	00:04:23	<b>02:35:19</b>	451	<b>06:37:10</b>			429
454	34	<b>KRASZKA MARTA</b>	POZNAŃ		1990	K25-29	2	<b>00:46:57</b>	448	00:06:21	<b>03:13:33</b>	451	00:04:15	<b>02:26:18</b>	435	<b>06:37:24</b>	25		
455	254	<b>BANACH KAROL</b>	BOLEWICE	DC Bolewice	1979	M35-39	115	<b>00:39:54</b>	312	00:07:37	<b>03:00:05</b>	414	00:08:12	<b>02:42:31</b>	462	<b>06:38:19</b>			430
456	191	<b>SKOŁODRZYCH KAROL</b>	POZNAŃ		1982	M35-39	116	<b>00:48:22</b>	456	00:09:33	<b>03:06:23</b>	440	00:04:12	<b>02:36:44</b>	454	<b>06:45:14</b>			431
457	361	<b>STASZAK AGNIESZKA</b>	ZŁOTNIKI		1977	K40-44	4	<b>00:46:28</b>	442	00:06:54	<b>03:16:54</b>	457	00:04:49	<b>02:32:18</b>	448	<b>06:47:23</b>	26		
458	504	<b>MRÓWKA MACIEJ</b>	WARSZAWA	IRONANT.PL	1972	M45-49	47	<b>00:37:21</b>	239	00:08:15	<b>02:57:24</b>	401	00:06:09	<b>02:58:43</b>	475	<b>06:47:52</b>			432
459	578	<b>OLEJNICZAK WITOLD</b>	OSTRÓW WLKP		1949	M65-69	2	<b>00:51:05</b>	466	00:09:00	<b>03:13:15</b>	450	00:05:17	<b>02:30:16</b>	446	<b>06:48:53</b>			433
460	579	<b>FAJER MARKUS</b>	DOBRA SZCZECIŃSKA RAZ SZCZECIN		1948	M70+	1	<b>00:51:58</b>	468	00:10:52	<b>03:36:07</b>	472	00:37:34	<b>01:34:52</b>	33	<b>06:51:23</b>			434
461	550	<b>DAKOWSKI ROBERT</b>	POZNAŃ		1966	M50-54	24	<b>00:46:03</b>	437	00:18:19	<b>02:56:23</b>	397	00:08:26	<b>02:42:38</b>	463	<b>06:51:49</b>			435
462	24	<b>JUNCZYK EWELINA</b>	POZNAŃ		1992	K25-29	3	<b>00:41:29</b>	354	00:07:34	<b>03:20:03</b>	462	00:03:35	<b>02:39:51</b>	458	<b>06:52:32</b>	27		
463	92	<b>WRZECIAN ADAM</b>	POZNAŃ		1986	M30-34	62	<b>00:54:00</b>	472	00:06:49	<b>03:33:31</b>	470	00:39:28	<b>01:42:37</b>	78	<b>06:56:25</b>			436
464	168	<b>GAWROŃSKI SEBASTIAN</b>	WARSZAWA	PZU Sport Team	1982	M35-39	117	<b>00:44:37</b>	414	00:07:09	<b>03:10:17</b>	445	00:04:47	<b>02:54:25</b>	474	<b>07:01:15</b>			437
465	484	<b>KUCZMA MACIEJ</b>	GORTATOWO		1973	M45-49	48	<b>00:54:31</b>	473	00:06:55	<b>03:19:44</b>	461	00:05:58	<b>02:37:15</b>	455	<b>07:04:23</b>			438
466	569	<b>TROJAN STANISŁAW</b>	WROCLAW	WKB PIAST WROCLAW	1958	M60-64	5	<b>00:40:12</b>	323	00:11:47	<b>03:19:35</b>	460	00:03:49	<b>02:50:12</b>	469	<b>07:05:35</b>			439
467	130	<b>PAWŁOWSKI KRZYSZTOF</b>	WALBRZYCH		1984	M30-34	63	<b>00:41:10</b>	344	00:09:39	<b>03:25:22</b>	466	00:04:06	<b>02:46:58</b>	467	<b>07:07:15</b>			440
468	42	<b>KUZIEMSKI TOMASZ</b>	OSTRÓW WIELKOPOLSKI	KS MARATON OSTROW WLKP	1989	M25-29	24	<b>00:41:05</b>	342	00:07:48	<b>03:25:35</b>	467	00:04:58	<b>02:51:28</b>	471	<b>07:10:54</b>			441
469	473	<b>BOBROWSKI KRZYSZTOF</b>	WARSZAWA		1973	M45-49	49	<b>00:52:12</b>	469	00:07:21	<b>03:21:32</b>	465	00:04:14	<b>02:46:38</b>	465	<b>07:11:57</b>			442
470	277	<b>PTAK ARKADIUSZ</b>	WILKSZYN	Spartanie Dzieciom	1979	M35-39	118	<b>00:46:45</b>	445	00:08:19	<b>03:21:00</b>	464	00:05:31	<b>02:51:33</b>	472	<b>07:13:08</b>			443
471	303	<b>KORZENIOWSKI MIROSLAW</b>	WROCLAW		1978	M40-44	143	<b>00:43:35</b>	398	00:09:22	<b>03:37:40</b>	473	00:04:48	<b>02:37:49</b>	457	<b>07:13:14</b>			444
472	476	<b>FILIPOWSKI ZENON</b>	KOMORNIKI	SCIM	1973	M45-49	50	<b>00:45:35</b>	431	00:08:56	<b>03:28:30</b>	468	00:04:46	<b>02:46:12</b>	464	<b>07:13:59</b>			445
473	576	<b>MIAŚO JEDWÓW BOŻENA</b>	WARSZAWA	AKS Polonia Warszawa	1954	K60-64	1	<b>00:49:17</b>	461	00:08:05	<b>03:38:40</b>	475	00:38:47	<b>01:59:43</b>	264	<b>07:14:32</b>	28		
474	502	<b>MALINOWSKI PRZEMYSŁAW</b>	RYBNIK		1972	M45-49	51	<b>00:50:43</b>	465	00:08:58	<b>03:19:04</b>	459	00:04:43	<b>02:52:06</b>	473	<b>07:15:34</b>			446
475	394	<b>SZCZUCIŃSKI WITOLD</b>	POZNAŃ	FRAM	1976	M40-44	144	<b>01:03:23</b>	480	00:07:32	<b>03:16:00</b>	454	00:02:56	<b>02:46:54</b>	466	<b>07:16:45</b>			447
476	515	<b>MUCHA ROBERT</b>	KOLUSZKI		1971	M45-49	52	<b>00:53:16</b>	471	00:08:41	<b>03:11:18</b>	448	00:06:12	<b>03:00:20</b>	476	<b>07:19:47</b>			448
477	129	<																	