

IV Leśny Bieg

10km



Miejsce: Leśnictwo Przystań - 2017-03-19

Organizator: Klub Kolarski 24h, Nadleśnictwo Ostrołęka, gmina Olszewo-Borki

| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce pięć M / K | Rok ur | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | LEŚNIK | KK24H | GMINA | DYST ANS | Wynik | km/h | min/km | Punkt 1 |
|--------------|-------|---------------|------------|------|--------------------|--------|---------------|--------------------|---------------------|-----------------------------------|--------|-------|-------|----------|--------------|----------------|----------------|---------|
| 1 | 35 | DĄBROWSKI | PRZEMYSŁAW | M | 1 | 1989 | M 0-29 | 1 | BORAWĘ | AGRO-METAL OSTROŁĘKA | | | | 10 | 0:32:29 | 18,47 [km/h] | 03:15 [min/km] | 0:16:04 |
| 2 | 37 | ŚWIERDZEWSKI | DAMIAN | M | 2 | 1993 | M 0-29 | 2 | DZBENIN | NASTĘPNY KROK/MÓWIĄCY KIJ | | | | 10 | 0:33:02 | 18,16 [km/h] | 03:18 [min/km] | 0:16:20 |
| 3 | 61 | GRYGO | PAWEŁ | M | 3 | 1976 | M 40-49 | 1 | ŁOMŻA | ŁŁKS | | | | 10 | 0:36:41 | 16,36 [km/h] | 03:40 [min/km] | 0:18:30 |
| 4 | 55 | KRUKOWSKI | KRZYSZTOF | M | 4 | 1976 | M 40-49 | 2 | NOWA WIEŚ | | | GMINA | 10 | 0:37:35 | 15,96 [km/h] | 03:46 [min/km] | 0:18:40 | |
| 5 | 52 | ZAREMBA | TOMASZ | M | 5 | 1981 | M 30-39 | 1 | ZAMBRÓW | SPORTEAM | | | | 10 | 0:38:16 | 15,68 [km/h] | 03:50 [min/km] | 0:18:59 |
| 6 | 17 | MALUCHNIK | RADOSŁAW | M | 6 | 1976 | M 40-49 | 3 | GRĄDY | KS MAKÓW BIEGA | | | | 10 | 0:38:22 | 15,64 [km/h] | 03:50 [min/km] | 0:19:04 |
| 7 | 83 | SZELAĞ | AREK | M | 7 | 1979 | M 30-39 | 2 | OTWOCK | | | | | 10 | 0:38:42 | 15,50 [km/h] | 03:52 [min/km] | 0:18:52 |
| 8 | 71 | MAKA | SŁAWOMIR | M | 8 | 1966 | M 50 i więcej | 1 | OSTROŁĘKA | | KK24H | KK24H | | 10 | 0:39:28 | 15,20 [km/h] | 03:57 [min/km] | 0:19:27 |
| 9 | 11 | WILKOWSKI | MIROSLAW | M | 9 | 1964 | M 50 i więcej | 2 | OSTROŁĘKA | AGRO-METAL OSTROŁĘKA | | | | 10 | 0:40:00 | 15,00 [km/h] | 04:00 [min/km] | 0:19:31 |
| 10 | 22 | OLSZEWSKI | KRZYSZTOF | M | 10 | 1975 | M 40-49 | 4 | OLSZEWO-BORKI | | | GMINA | 10 | 0:40:17 | 14,89 [km/h] | 04:02 [min/km] | 0:20:00 | |
| 11 | 21 | WIŚNIEWSKI | PIOTR | M | 11 | 1995 | M 0-29 | 3 | OSTROŁĘKA | AMATOR_SPORTU | | | | 10 | 0:40:30 | 14,81 [km/h] | 04:03 [min/km] | 0:20:11 |
| 12 | 24 | TOMCZAK | MARCIN | M | 12 | 1980 | M 30-39 | 3 | CIECHANÓW | | | | | 10 | 0:40:36 | 14,78 [km/h] | 04:04 [min/km] | 0:19:52 |
| 13 | 38 | BANASZKIEWICZ | MARCIN | M | 13 | 1980 | M 30-39 | 4 | NASIELSK | | | | | 10 | 0:40:45 | 14,72 [km/h] | 04:05 [min/km] | 0:20:11 |
| 14 | 42 | NOWAK | PAWEŁ | M | 14 | 1989 | M 0-29 | 4 | KALINOWO | ROCH JASIEINICA | | | | 10 | 0:40:58 | 14,65 [km/h] | 04:06 [min/km] | 0:20:11 |
| 15 | 20 | WÓJTOWICZ | ROBERT | M | 15 | 1977 | M 40-49 | 5 | OSTROŁĘKA | AMATOR_SPORTU | | | | 10 | 0:41:30 | 14,46 [km/h] | 04:09 [min/km] | 0:20:38 |
| 16 | 53 | REGULSKI | DARIUSZ | M | 16 | 1968 | M 40-49 | 6 | OSTROŁĘKA | TARGOR-TRUCK | | | | 10 | 0:41:45 | 14,37 [km/h] | 04:11 [min/km] | 0:20:23 |
| 17 | 58 | SERAFIN | DANIEL | M | 17 | 1986 | M 30-39 | 5 | ŁOMŻA | BIEGAMY DLA ZDROWIA | | | | 10 | 0:41:49 | 14,35 [km/h] | 04:11 [min/km] | 0:20:23 |
| 18 | 60 | MIECZKOWSKI | ROBERT | M | 18 | 1976 | M 40-49 | 7 | ŁOMŻA | BIEGAMY DLA ZDROWIA | | | | 10 | 0:42:10 | 14,23 [km/h] | 04:13 [min/km] | 0:21:04 |
| 19 | 32 | PĘDZICH | WALDEMAR | M | 19 | 1967 | M 50 i więcej | 3 | LELIS | BBL STAROSTWO POWIATOWE OSTROŁĘKA | | | | 10 | 0:42:29 | 14,12 [km/h] | 04:15 [min/km] | 0:21:13 |
| 20 | 13 | ZYŚK | ARKADIUSZ | M | 20 | 1975 | M 40-49 | 8 | ŁAWY | KS ARCO ŁAWY | | | | 10 | 0:42:38 | 14,07 [km/h] | 04:16 [min/km] | 0:21:23 |
| 21 | 15 | MAŁKOWSKI | LESZEK | M | 21 | 1968 | M 40-49 | 9 | SUSK NOWY | KS ARCO ŁAWY | | | | 10 | 0:43:08 | 13,91 [km/h] | 04:19 [min/km] | 0:21:17 |
| 22 | 51 | JĘDRZEJCZYK | JAROSŁAW | M | 22 | 1982 | M 30-39 | 6 | OSTROŁĘKA | | | | | 10 | 0:43:45 | 13,71 [km/h] | 04:23 [min/km] | 0:21:55 |
| 23 | 19 | WIŚNIEWSKI | KRZYSZTOF | M | 23 | 1974 | M 40-49 | 10 | OSTROŁĘKA | AMATOR_SPORTU | | | | 10 | 0:43:48 | 13,70 [km/h] | 04:23 [min/km] | 0:21:51 |
| 24 | 14 | ŻEBROWSKI | MAREK | M | 24 | 1964 | M 50 i więcej | 4 | RZEKUŃ | KS ARCO ŁAWY | | | | 10 | 0:43:52 | 13,68 [km/h] | 04:23 [min/km] | 0:21:44 |
| 25 | 39 | KULAWIK | BARTOSZ | M | 25 | 1982 | M 30-39 | 7 | OSTROŁĘKA | | | | | 10 | 0:44:07 | 13,60 [km/h] | 04:25 [min/km] | 0:21:46 |
| 26 | 8 | PADOWSKI | PIOTR | M | 26 | 1981 | M 30-39 | 8 | MAKÓW MAZ. | | | | | 10 | 0:44:54 | 13,36 [km/h] | 04:29 [min/km] | 0:22:29 |
| 27 | 75 | STOLARCZYK | TOMASZ | M | 27 | 1977 | M 40-49 | 11 | OSTROŁĘKA | TRASA OSTROŁĘKA | | | | 10 | 0:45:08 | 13,29 [km/h] | 04:31 [min/km] | 0:22:11 |
| 28 | 81 | WIĘCKOWSKI | MACIEJ | M | 28 | 1981 | M 30-39 | 9 | OSTROŁĘKA | | KK24H | KK24H | | 10 | 0:45:16 | 13,25 [km/h] | 04:32 [min/km] | 0:22:31 |
| 29 | 4 | RUSZCZYŃSKI | ALBERT | M | 29 | 1971 | M 40-49 | 12 | BOGATE | KS MAKÓW BIEGA | | | | 10 | 0:45:23 | 13,22 [km/h] | 04:32 [min/km] | 0:22:40 |
| 30 | 72 | BUKOWSKI | MICHAŁ | M | 30 | 1977 | M 40-49 | 13 | OSTROŁĘKA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 0:45:32 | 13,18 [km/h] | 04:33 [min/km] | 0:22:33 |
| 31 | 74 | MARCINIAK | DAMIAN | M | 31 | 1981 | M 30-39 | 10 | OSTROŁĘKA | | KK24H | KK24H | | 10 | 0:45:33 | 13,17 [km/h] | 04:33 [min/km] | 0:22:32 |
| 32 | 50 | GRABOWSKI | ŁUKASZ | M | 32 | 1984 | M 30-39 | 11 | RYDZEWO | LZS RYDZEWO | | | | 10 | 0:45:58 | 13,05 [km/h] | 04:36 [min/km] | 0:22:48 |
| 33 | 95 | GRZYMAŁA | JACEK | M | 33 | 1978 | M 30-39 | 12 | DOBRY LAS | | | | | 10 | 0:46:23 | 12,94 [km/h] | 04:38 [min/km] | 0:22:50 |
| 34 | 12 | BRZOZOWSKI | IRENEUSZ | M | 34 | 1981 | M 30-39 | 13 | WYSOKIE MAZOWIECKIE | | | | | 10 | 0:46:45 | 12,83 [km/h] | 04:41 [min/km] | 0:22:28 |
| 35 | 1 | SIEMIĄTKOWSKI | NORBERT | M | 35 | 1974 | M 40-49 | 14 | RZEKUŃ | | KK24H | KK24H | | 10 | 0:46:46 | 12,83 [km/h] | 04:41 [min/km] | 0:22:57 |

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Organizator: Klub Kolarski 24h, Nadleśnictwo Ostrołęka, gmina Olszewo-Borki

| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M / K | Rok ur | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | LEŚNIK | KK24H | GMINA | DYST ANS | Wynik | km/h | min/km | Punkt 1 |
|--------------|-------|--------------|------------|------|--------------------|--------|---------------|--------------------|--------------|-----------------------------|--------|-------|-------|----------|---------|--------------|----------------|---------|
| 36 | 59 | MODZELEWSKI | KRZYSZTOF | M | 36 | 1966 | M 50 i więcej | 5 | OSTROŁĘKA | KK24H | | KK24H | | 10 | 0:46:51 | 12,81 [km/h] | 04:41 [min/km] | 0:22:58 |
| 37 | 23 | ZALEWSKI | MICHAŁ | M | 37 | 1975 | M 40-49 | 15 | ŁAWY | UKS ATLETA | | | | 10 | 0:46:53 | 12,80 [km/h] | 04:41 [min/km] | 0:23:21 |
| 38 | 33 | KUROWSKI | ROBERT | M | 38 | 1978 | M 30-39 | 14 | OSTROŁĘKA | | | | | 10 | 0:47:12 | 12,71 [km/h] | 04:43 [min/km] | 0:23:07 |
| 39 | 68 | DŁUGOŁĘCKI | HUBERT | M | 39 | 1988 | M 0-29 | 5 | RZEKUŃ | | | | | 10 | 0:47:25 | 12,65 [km/h] | 04:45 [min/km] | 0:23:35 |
| 40 | 3 | RUSZCZYŃSKA | MARTA | K | 1 | 1978 | K 0 i więcej | 1 | BOGATE | KS MAKÓW BIEGA | | | | 10 | 0:47:28 | 12,64 [km/h] | 04:45 [min/km] | 0:23:15 |
| 41 | 109 | URBANIAK | ANNA | K | 2 | 1987 | K 0 i więcej | 2 | JEDNOROŻEC | JEDNOROŻEC | | | | 10 | 0:47:50 | 12,54 [km/h] | 04:47 [min/km] | 0:23:38 |
| 42 | 93 | MATUSZAK | DARIUSZ | M | 40 | 1971 | M 40-49 | 16 | OSTROŁĘKA | MONAR ARKADIA TEAM | | | | 10 | 0:47:50 | 12,54 [km/h] | 04:47 [min/km] | 0:23:04 |
| 43 | 10 | CZARTORYSKA | SYLWIA | K | 3 | 1978 | K 0 i więcej | 3 | ŁOMŻA | ŁOMŻA | | | | 10 | 0:48:24 | 12,40 [km/h] | 04:50 [min/km] | 0:23:38 |
| 44 | 18 | WARSZAWIK | TOMASZ | M | 41 | 1981 | M 30-39 | 15 | OSTROŁĘKA | AMATOR_SPORTU | | | | 10 | 0:48:46 | 12,30 [km/h] | 04:53 [min/km] | 0:24:18 |
| 45 | 100 | DŁUGOŁĘCKI | PIOTR | M | 42 | 1979 | M 30-39 | 16 | ZIELONA | DŁUGOŁĘCCY | | | | 10 | 0:48:55 | 12,27 [km/h] | 04:54 [min/km] | 0:23:47 |
| 46 | 40 | MALIK | OLGA | K | 4 | 1990 | K 0 i więcej | 4 | PODBORZE | OSTRÓW BIEGA | | | | 10 | 0:48:58 | 12,25 [km/h] | 04:54 [min/km] | 0:24:21 |
| 47 | 26 | SZCZUBELEK | WALDEMAR | M | 43 | 1958 | M 50 i więcej | 6 | OSTROŁĘKA | | | | | 10 | 0:49:00 | 12,24 [km/h] | 04:54 [min/km] | 0:24:27 |
| 48 | 48 | OGONOWSKI | PATRYK | M | 44 | 1993 | M 0-29 | 6 | OSTROŁĘKA | | | | | 10 | 0:49:07 | 12,22 [km/h] | 04:55 [min/km] | 0:25:00 |
| 49 | 54 | KRUCZYŃSKI | JANUSZ | M | 45 | 1959 | M 50 i więcej | 7 | OSTROŁĘKA | BIEGAMY DLA ZDROWIA | | | | 10 | 0:49:10 | 12,20 [km/h] | 04:55 [min/km] | 0:24:15 |
| 50 | 88 | SKOWROŃSKI | SŁAWEK | M | 46 | 1971 | M 40-49 | 17 | TOBOLICE | WALD -POL | | | | 10 | 0:49:11 | 12,20 [km/h] | 04:55 [min/km] | 0:24:04 |
| 51 | 94 | MATUSZAK | WIKTOR | M | 47 | 2000 | M 0-29 | 7 | OSTROŁĘKA | MONAR ARKADIA TEAM | | | | 10 | 0:49:29 | 12,13 [km/h] | 04:57 [min/km] | 0:25:25 |
| 52 | 29 | WISZNIEWSKI | TOMASZ | M | 48 | 1977 | M 40-49 | 18 | OSTRÓDA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 0:49:38 | 12,09 [km/h] | 04:58 [min/km] | 0:25:32 |
| 53 | 16 | OLBRYŚ | STANISŁAW | M | 49 | 1967 | M 50 i więcej | 8 | NASIELSK | KB LEGIONOWO | | | | 10 | 0:49:44 | 12,06 [km/h] | 04:58 [min/km] | 0:24:53 |
| 54 | 101 | SZURNICKI | ROBERT | M | 50 | 1970 | M 40-49 | 19 | DREŻEWO | SZURA TEAM | | | GMINA | 10 | 0:50:02 | 11,99 [km/h] | 05:00 [min/km] | 0:24:51 |
| 55 | 84 | DOMIAN | BARTŁOMIEJ | M | 51 | 1986 | M 30-39 | 17 | OSTROŁĘKA | | | | | 10 | 0:50:02 | 11,99 [km/h] | 05:00 [min/km] | 0:25:11 |
| 56 | 7 | MORAWSKI | PIOTR | M | 52 | 1977 | M 40-49 | 20 | OSTROŁĘKA | | | | | 10 | 0:50:05 | 11,98 [km/h] | 05:00 [min/km] | 0:25:43 |
| 57 | 103 | MURZA | HUBERT | M | 53 | 1993 | M 0-29 | 8 | OSTROŁĘKA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 0:50:15 | 11,94 [km/h] | 05:01 [min/km] | 0:25:31 |
| 58 | 25 | BIAŁOBRZESKI | WITOLD | M | 54 | 1950 | M 50 i więcej | 9 | OSTROŁĘKA | KK24H | | KK24H | | 10 | 0:50:21 | 11,92 [km/h] | 05:02 [min/km] | 0:24:46 |
| 59 | 98 | TWORKOWSKI | MARIUSZ | M | 55 | 1980 | M 30-39 | 18 | OSTROŁĘKA | URZĄD MIASTA OSTROŁĘKI | | | | 10 | 0:50:27 | 11,89 [km/h] | 05:03 [min/km] | 0:25:03 |
| 60 | 36 | MICHNOWICZ | WITOLD | M | 56 | 1961 | M 50 i więcej | 10 | BRANIEWO | | | | | 10 | 0:50:32 | 11,87 [km/h] | 05:03 [min/km] | 0:24:31 |
| 61 | 91 | WAJSZCZYK | WIESŁAW | M | 57 | 1970 | M 40-49 | 21 | PODBORZE | | | | | 10 | 0:50:35 | 11,86 [km/h] | 05:03 [min/km] | 0:24:55 |
| 62 | 118 | WOJTKOWSKI | MARCIN | M | 58 | 1992 | M 0-29 | 9 | OSTROŁĘKA | FC PRYSIANKI | | | | 10 | 0:50:35 | 11,86 [km/h] | 05:03 [min/km] | 0:25:14 |
| 63 | 104 | MŁYNARCZYK | MONIKA | K | 5 | 1980 | K 0 i więcej | 5 | NAKŁY | | | | GMINA | 10 | 0:50:44 | 11,83 [km/h] | 05:04 [min/km] | 0:25:53 |
| 64 | 125 | KONOPKA | MONIKA | K | 6 | 1993 | K 0 i więcej | 6 | NOWOSIEDLINY | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 0:50:55 | 11,78 [km/h] | 05:06 [min/km] | 0:24:36 |
| 65 | 49 | OGONOWSKI | JAROSŁAW | M | 59 | 1972 | M 40-49 | 22 | OSTROŁĘKA | | | | | 10 | 0:50:59 | 11,77 [km/h] | 05:06 [min/km] | 0:26:09 |
| 66 | 47 | ORZOŁ | PAWEŁ | M | 60 | 1977 | M 40-49 | 23 | OSTROŁĘKA | | | | | 10 | 0:50:59 | 11,77 [km/h] | 05:06 [min/km] | 0:25:48 |
| 67 | 2 | NABIALEK | PIOTR | M | 61 | 1987 | M 30-39 | 19 | OSTROŁĘKA | KK24H | | KK24H | | 10 | 0:51:03 | 11,75 [km/h] | 05:06 [min/km] | 0:25:12 |
| 68 | 111 | SZEWczyk | KRZYSZTOF | M | 62 | 1966 | M 50 i więcej | 11 | DREŻEWO | TURYSTO WEEKENDOWY PRZYSTAŃ | | | GMINA | 10 | 0:51:31 | 11,65 [km/h] | 05:09 [min/km] | 0:25:52 |
| 69 | 30 | KORSAK | GRZEGORZ | M | 63 | 1977 | M 40-49 | 24 | OSTROŁĘKA | UKS „CLAN” | | | | 10 | 0:51:32 | 11,64 [km/h] | 05:09 [min/km] | 0:24:36 |
| 70 | 57 | LESZCZYŃSKI | KRZYSZTOF | M | 64 | 1981 | M 30-39 | 20 | BIAŁYSTOK | BO ŻONA KAZAŁA... | | | | 10 | 0:51:41 | 11,61 [km/h] | 05:10 [min/km] | 0:25:49 |

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| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce płeć M / K | Rok ur | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | LEŚNIK | KK24H | GMINA | DYST ANS | Wynik | km/h | min/km | Punkt 1 |
|--------------|-------|----------------------|------------|------|--------------------|--------|---------------|--------------------|---------------------------|--|--------|-------|-------|----------|---------|--------------|----------------|---------|
| 71 | 73 | GÓRALCZYK | PRZEMYSŁAW | M | 65 | 1986 | M 30-39 | 21 | MAŁY PŁOCK | | | | | 10 | 0:51:50 | 11,58 [km/h] | 05:11 [min/km] | 0:25:15 |
| 72 | 96 | MARCINKOWSKA-CHOLEWA | KATARZYNA | K | 7 | 1974 | K 0 i więcej | 7 | OSTROŁĘKA | | | | | 10 | 0:52:18 | 11,47 [km/h] | 05:14 [min/km] | 0:26:49 |
| 73 | 9 | WYRWAS | TADEUSZ | M | 66 | 1959 | M 50 i więcej | 12 | ŁOMŻA | BIEGAMY DLA ZDROWIA | | | | 10 | 0:52:22 | 11,46 [km/h] | 05:14 [min/km] | 0:26:24 |
| 74 | 43 | KONRAD | MAREK | M | 67 | 1972 | M 40-49 | 25 | OSTRÓW MAZOWIECKA | OSTRÓW BIEGA | | | | 10 | 0:52:40 | 11,39 [km/h] | 05:16 [min/km] | 0:26:56 |
| 75 | 108 | SAMSEL | BEATA | K | 8 | 1985 | K 0 i więcej | 8 | ORŁO | TEAM MAŁKINIA | | | | 10 | 0:52:40 | 11,39 [km/h] | 05:16 [min/km] | 0:26:56 |
| 76 | 67 | KLECZKOWSKI | LESZEK | M | 68 | 1960 | M 50 i więcej | 13 | OSTROŁĘKA | | | KK24H | | 10 | 0:52:51 | 11,35 [km/h] | 05:17 [min/km] | 0:25:39 |
| 77 | 90 | ŚWIĄTKOWSKI | SŁAWOMIR | M | 69 | 1970 | M 40-49 | 26 | KOMOROWO | LKS OSTROWIANKA | | | | 10 | 0:52:55 | 11,34 [km/h] | 05:17 [min/km] | 0:26:28 |
| 78 | 56 | SUCHCICKI | LESZEK | M | 70 | 1969 | M 40-49 | 27 | NOWA WIEŚ | MONAR ARKADIA TEAM | | | GMINA | 10 | 0:53:30 | 11,21 [km/h] | 05:21 [min/km] | 0:26:29 |
| 79 | 41 | MALIK | MAGDALENA | K | 9 | 1992 | K 0 i więcej | 9 | PODBORZE | OSTRÓW BIEGA | | | | 10 | 0:53:49 | 11,15 [km/h] | 05:23 [min/km] | 0:26:10 |
| 80 | 28 | TROJNAR | AGNIESZKA | K | 10 | 1965 | K 0 i więcej | 10 | OSTROŁĘKA | | | | | 10 | 0:54:21 | 11,04 [km/h] | 05:26 [min/km] | 0:26:21 |
| 81 | 106 | LAZAR-BORKOWSKA | BOGUSŁAWA | K | 11 | 1978 | K 0 i więcej | 11 | OLSZEWO-BORKI | | | | GMINA | 10 | 0:54:35 | 10,99 [km/h] | 05:28 [min/km] | 0:26:44 |
| 82 | 80 | GAŁĄZKA | DOROTA | K | 12 | 1967 | K 0 i więcej | 12 | OSTROŁĘKA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 0:55:00 | 10,91 [km/h] | 05:30 [min/km] | 0:26:59 |
| 83 | 87 | PARDO | KAMIL | M | 71 | 1988 | M 0-29 | 10 | OSTROŁĘKA | 5 PULK ULANÓW ZASŁAWSKICH | | | | 10 | 0:55:17 | 10,85 [km/h] | 05:32 [min/km] | 0:28:16 |
| 84 | 135 | RAKOWSKI | PIOTR | M | 72 | 1989 | M 0-29 | 11 | PIĄTNICA | | | | | 10 | 0:55:55 | 10,73 [km/h] | 05:36 [min/km] | 0:27:33 |
| 85 | 5 | NIEGOWSKI | MICHAŁ | M | 73 | 1980 | M 30-39 | 22 | LUDWINOWO | | | KK24H | | 10 | 0:55:57 | 10,72 [km/h] | 05:36 [min/km] | 0:28:45 |
| 86 | 99 | ŻEBROWSKI | TOMASZ | M | 74 | 1977 | M 40-49 | 28 | DRWĘCZ | | | | | 10 | 0:56:11 | 10,68 [km/h] | 05:37 [min/km] | 0:29:01 |
| 87 | 31 | PĘDZICH | MARIANNA | K | 13 | 1967 | K 0 i więcej | 13 | LELIS | GIMNAZJUM NOWA WIEŚ | | | | 10 | 0:56:26 | 10,63 [km/h] | 05:39 [min/km] | 0:27:36 |
| 88 | 66 | RYKOWSKI | GRZEGORZ | M | 75 | 1977 | M 40-49 | 29 | OSTROŁĘKA | CROSS FIGHT GYM | | | | 10 | 0:56:34 | 10,61 [km/h] | 05:39 [min/km] | 0:27:15 |
| 89 | 117 | NOSEK | WOJCIECH | M | 76 | 1977 | M 40-49 | 30 | OSTROŁĘKA | XTREME SPORT OSTROŁĘKA | | | | 10 | 0:57:02 | 10,52 [km/h] | 05:42 [min/km] | 0:29:01 |
| 90 | 85 | ELIASZ | MARCIN | M | 77 | 1976 | M 40-49 | 31 | OSTROŁĘKA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 0:57:23 | 10,46 [km/h] | 05:44 [min/km] | 0:28:50 |
| 91 | 102 | KARWOWSKI | MACIEJ | M | 78 | 1977 | M 40-49 | 32 | ŁOMŻA | | | KK24H | | 10 | 0:57:29 | 10,44 [km/h] | 05:45 [min/km] | 0:29:07 |
| 92 | 6 | LESZCZYŃSKI | LECH | M | 79 | 1954 | M 50 i więcej | 14 | PRZASNYSZ | | | | | 10 | 0:57:50 | 10,37 [km/h] | 05:47 [min/km] | 0:28:22 |
| 93 | 62 | JANUCIK | TADEUSZ | M | 80 | 1949 | M 50 i więcej | 15 | ŁOMŻA | BIEGAMY DLA ZDROWIA | | | | 10 | 0:58:02 | 10,34 [km/h] | 05:48 [min/km] | 0:29:47 |
| 94 | 107 | ROGAŁSKA | MARTA | K | 14 | 1978 | K 0 i więcej | 14 | GRABOWO WIELKIE GM KRASNE | | | | | 10 | 0:58:31 | 10,25 [km/h] | 05:51 [min/km] | 0:28:30 |
| 95 | 34 | WÓJCIK | ŁUKASZ | M | 81 | 1982 | M 30-39 | 23 | OSTROŁĘKA | | | | | 10 | 0:58:42 | 10,22 [km/h] | 05:52 [min/km] | 0:29:37 |
| 96 | 82 | WIĘCKOWSKI | TADEUSZ | M | 82 | 1953 | M 50 i więcej | 16 | OLSZEWO-BORKI | | | KK24H | | 10 | 0:58:53 | 10,19 [km/h] | 05:53 [min/km] | 0:28:52 |
| 97 | 78 | KWAPISZ-CICHOWSKA | KATARZYNA | K | 15 | 1974 | K 0 i więcej | 15 | OSTROŁĘKA | URZĄD MIASTA OSTROŁĘKA | | | | 10 | 0:59:33 | 10,08 [km/h] | 05:57 [min/km] | 0:28:41 |
| 98 | 70 | JUCHNIEWICZ | ROBERT | M | 83 | 1970 | M 40-49 | 33 | OSTROŁĘKA | MZOS-TIIT W OSTROŁĘCE | | | | 10 | 1:01:06 | 9,82 [km/h] | 06:07 [min/km] | 0:30:37 |
| 99 | 97 | SUCHCICKI | WOJCIECH | M | 84 | 1975 | M 40-49 | 34 | OSTROŁĘKA | NIE CHCĘ MIEĆ STEMI | | | | 10 | 1:01:11 | 9,81 [km/h] | 06:07 [min/km] | 0:30:39 |
| 100 | 105 | KOBUS | DOROTA | K | 16 | 1973 | K 0 i więcej | 16 | OSTROŁĘKA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 1:01:12 | 9,80 [km/h] | 06:07 [min/km] | 0:30:39 |
| 101 | 65 | NADAJ | ROBERT | M | 85 | 1972 | M 40-49 | 35 | OSTROŁĘKA | BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 1:01:13 | 9,80 [km/h] | 06:07 [min/km] | 0:30:40 |
| 102 | 64 | KAMIŃSKA | PATRYCJA | K | 17 | 1991 | K 0 i więcej | 17 | WIZNA | | | | | 10 | 1:01:28 | 9,76 [km/h] | 06:09 [min/km] | 0:32:00 |
| 103 | 63 | DĄBROWSKI | GRZEGORZ | M | 86 | 1989 | M 0-29 | 12 | ŁOMŻA | | | | | 10 | 1:01:28 | 9,76 [km/h] | 06:09 [min/km] | 0:31:59 |
| 104 | 77 | KUĆ | HANNA | K | 18 | 1978 | K 0 i więcej | 18 | OSTROŁĘKA | URZĄD MIASTA OSTROŁĘKI / BIEGAM BO LUBIĘ OSTROŁĘKA | | | | 10 | 1:01:45 | 9,72 [km/h] | 06:10 [min/km] | 0:30:29 |
| 105 | 79 | MROZEK | SŁAWOMIR | M | 87 | 1987 | M 30-39 | 24 | OSTROŁĘKA | URZĄD MIASTA OSTROŁĘKI | | | | 10 | 1:01:45 | 9,72 [km/h] | 06:10 [min/km] | 0:30:29 |

IV LeŚny BieG

10km



Miejsce: Leśnictwo Przysań - 2017-03-19

Organizator: Klub Kolarski 24h, Nadleśnictwo Ostrołęka, gmina Olszewo-Borki

| Miejsce Open | Numer | Nazwisko | Imię | Płeć | Miejsce pięć M / K | Rok ur | Kategoria | Miejsce kat. M / K | Miejscowość | Klub | LEŚNIK | KK24H | GMINA | DYST ANS | Wynik | km/h | min/km | Punkt 1 |
|--------------|-------|---------------|-----------|------|--------------------|--------|---------------|--------------------|--------------|-----------------------------|--------|-------|-------|----------|---------|-------------|----------------|---------|
| 106 | 113 | GAŁĄZKA | MARTA | K | 19 | 1990 | K 0 i więcej | 19 | OSTROŁĘKA | CROSS FIGHT GYM | | | | 10 | 1:01:52 | 9,70 [km/h] | 06:11 [min/km] | 0:31:03 |
| 107 | 114 | SALAMUCHA | JAROSŁAW | M | 88 | 1984 | M 30-39 | 25 | OSTROŁĘKA | CROSS FIGHT GYM | | | | 10 | 1:01:52 | 9,70 [km/h] | 06:11 [min/km] | 0:31:03 |
| 108 | 69 | GRABOWSKI | SYLWESTER | M | 89 | 1967 | M 50 i więcej | 17 | OSTROŁĘKA | | KK24H | KK24H | | 10 | 1:01:56 | 9,69 [km/h] | 06:12 [min/km] | 0:30:11 |
| 109 | 44 | BARANOWSKI | WALDEMAR | M | 90 | 1957 | M 50 i więcej | 18 | SZCZYTNO | AKB GIMNAZJUM 1 TROHIM TEAM | | | | 10 | 1:01:56 | 9,69 [km/h] | 06:12 [min/km] | 0:30:24 |
| 110 | 46 | GRUDKOWSKI | TOMASZ | M | 91 | 1970 | M 40-49 | 36 | SZCZYTNO | AKB WTZ SZCZYTNO | | | | 10 | 1:02:11 | 9,65 [km/h] | 06:13 [min/km] | 0:31:26 |
| 111 | 110 | ZIEMBA | PATRYK | M | 92 | 1987 | M 30-39 | 26 | WROCLAW | MONAR OSTROŁĘKA | | | | 10 | 1:03:36 | 9,43 [km/h] | 06:22 [min/km] | 0:32:00 |
| 112 | 86 | ROPIAK | RYSZARD | M | 93 | 1944 | M 50 i więcej | 19 | MYSZYNIC | KURPIE MYSZYNIC | | | | 10 | 1:04:15 | 9,34 [km/h] | 06:26 [min/km] | 0:32:26 |
| 113 | 112 | ROZMARYNOWSKA | PAULINA | K | 20 | 1984 | K 0 i więcej | 20 | OSTROŁĘKA | | | | | 10 | 1:04:20 | 9,33 [km/h] | 06:26 [min/km] | 0:32:00 |
| 114 | 27 | JUCHNIEWICZ | STANISŁAW | M | 94 | 1952 | M 50 i więcej | 20 | OSTROŁĘKA | | KK24H | KK24H | | 10 | 1:04:47 | 9,26 [km/h] | 06:29 [min/km] | 0:31:52 |
| 115 | 115 | LESZCZYŃSKI | ROMAN | M | 95 | 1951 | M 50 i więcej | 21 | OSTROŁĘKA | SO-BIEBIE-GAM | | | | 10 | 1:05:11 | 9,20 [km/h] | 06:31 [min/km] | 0:31:49 |
| 116 | 45 | TROCHIMOWICZ | ARTUR | M | 96 | 1961 | M 50 i więcej | 22 | SZCZYTNO | AKB GIMNAZJUM 1 SZCZYTNO | | | | 10 | 1:05:26 | 9,17 [km/h] | 06:33 [min/km] | 0:33:27 |
| 117 | 76 | STOLARCZYK | LESZEK | M | 97 | 1975 | M 40-49 | 37 | ALEKSANDROWO | FAMILY STOLARCZYK/BBL | | | | 10 | 1:06:41 | 9,00 [km/h] | 06:40 [min/km] | 0:38:05 |
| 118 | 92 | GARBULEWSKA | ANNA | K | 21 | 1980 | K 0 i więcej | 21 | OSTROŁĘKA | | | | | 10 | 1:07:29 | 8,89 [km/h] | 06:45 [min/km] | 0:33:27 |
| 119 | 89 | WÓJCIK | JOANNA | K | 22 | 1978 | K 0 i więcej | 22 | OSTRÓW MAZ. | | | | | 10 | 1:19:18 | 7,57 [km/h] | 07:56 [min/km] | 0:42:28 |
| - | 119 | GÓRSKI | ANDRZEJ | M | - | 1980 | M 30-39 | - | OSTROŁĘKA | FC PRYSIAKI | | | | 10 | - | [km/h] | [min/km] | 0:27:31 |