

ALPINA EVEREST RUN

 Organizator: Fundacja Bieg Rzeźnika
 Data: 2017-09-23
 Miejsce: Łądek Zdrój
 Dystans: 8.848 km

BIEG RZEŹNIKA
ALPINA EVEREST RUN, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	HERCOG PIOTR	140	SALOMON SUUNTO TEAM	M36-49		M 1	1	M 1	00:35:59.70	00:36:03.60	4:04	14.8
2	KITA MICHAŁ	53	PĘDZĄCY W MIEJSCU	M36-49		M 2	2	M 2	00:36:13.60	00:36:16.25	4:05	14.7
3	BORZYSTOWSKI PATRYK	129	WIDZIALNI.PL	M18-35		M 3	1	M 3	00:38:23.80	00:38:28.30	4:20	13.8
4	SŁOBODZIAN JERZY	109	NYSZA BIEGA	M50+		M 4	1	M 4	00:38:25.35	00:38:28.90	4:20	13.8
5	SZCZEPANIAK KAMIL	105		M18-35		M 5	2	M 5	00:38:29.75	00:38:32.25	4:21	13.8
6	WOWER BARTŁOMIEJ	5	CSC ADVENTURE ACADEMY	M18-35		M 6	3	M 6	00:38:31.70	00:38:34.55	4:21	13.8
7	WRÓBEL MARIUSZ	31	SOBAS TEAM	M36-49		M 7	3	M 7	00:38:47.50	00:38:50.00	4:23	13.7
8	GARDENER JACEK	17	JACEKBIEGA RUNNING TEAM	M50+		M 8	2	M 8	00:39:11.80	00:39:14.85	4:25	13.6
9	WĄCHAŁA ŁUKASZ	136		M18-35		M 9	4	M 9	00:39:11.55	00:39:15.85	4:25	13.6
10	PĘKALA KRZYSZTOF	124		M36-49		M 10	4	M 10	00:39:34.95	00:39:41.35	4:28	13.4
11	KOWALIK ANDRZEJ	41	BIEG OPOLSKI	M36-49		M 11	5	M 11	00:39:57.70	00:40:00.50	4:30	13.3
12	DERENCZ MICHAŁ	95		M36-49		M 12	6	M 12	00:39:56.65	00:40:00.90	4:30	13.3
13	BONDARA SYLWIA	70	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	K18-35		K 1	1	K 1	00:39:58.50	00:40:01.65	4:30	13.3
14	TOMASIAK NATALIA	121	SALOMON SUUNTO TEAM	K18-35		K 2	2	K 2	00:40:02.45	00:40:02.45	4:31	13.3
15	TARNOWSKI KRZYSZTOF	112	KW OPOLE	M18-35		M 13	5	M 13	00:39:59.05	00:40:02.45	4:31	13.3
16	CIEŚNIK KRZYSZTOF	108		M18-35		M 14	6	M 14	00:41:04.20	00:41:08.75	4:38	12.9
17	ŁABUZ MAŁGORZATA	123	#SOBASTEAM	K18-35		K 3	3	K 3	00:41:29.95	00:41:33.50	4:41	12.8
18	CZARNY JAROSŁAW	122	#SOBASTEAM	M18-35		M 15	7	M 15	00:41:36.95	00:41:41.30	4:42	12.8
19	THIER DOMINIK	23	KS KANDAHAR	M36-49		M 16	7	M 16	00:41:55.00	00:42:00.45	4:44	12.7
20	SZPINEK MARCIN	62	TUTU TEAM	M36-49		M 17	8	M 17	00:41:57.55	00:42:02.95	4:44	12.7
21	PIŁAT MICHAŁ	47		M36-49		M 18	9	M 18	00:41:59.60	00:42:04.70	4:44	12.6
22	TOPOLSKI MARCIN	42	BKB VICTORIA BRZESKO	M36-49		M 19	10	M 19	00:42:55.55	00:43:01.15	4:51	12.4
23	GREŃ WACŁAW	22	HUSARIA RACE TEAM	M18-35		M 20	8	M 20	00:43:55.55	00:44:00.85	4:57	12.1
24	GROCHOWSKI WOJCIECH	19	KLUB WYSOKOGÓRSKI WARSZAWA	M36-49		M 21	11	M 21	00:44:00.80	00:44:04.35	4:58	12.1
25	PASTUCHA MAREK	56	CROSS KRAPKOWICE	M50+		M 22	3	M 22	00:44:03.95	00:44:11.90	4:58	12
26	DZIUK ŁUKASZ	138		M18-35		M 23	9	M 23	00:44:08.40	00:44:15.85	4:59	12
27	MOŚCICKI MICHAŁ	92	OPOLSKI FESTIWAL GÓR/CITO/PATONORKI	M18-35		M 24	10	M 24	00:44:20.00	00:44:30.80	5:00	12
28	GĘDŁEK ŁUKASZ	98		M18-35		M 25	11	M 25	00:45:24.30	00:45:32.30	5:07	11.7
29	BALYS KATARZYNA	97	HERCOG RUNNING TEAM	K18-35		K 4	4	K 4	00:45:30.20	00:45:34.25	5:08	11.7
30	MIECH SZYMON	21		M36-49		M 26	12	M 26	00:45:34.60	00:45:40.20	5:09	11.6
31	JAJOR PAWEŁ	82		M18-35		M 27	12	M 27	00:45:34.85	00:45:41.15	5:09	11.6
32	PACHURA KINGA	139		K36-49		K 5	1	K 5	00:45:59.70	00:46:03.70	5:11	11.5
33	ZAKRZYŃSKI TOMASZ	14		M18-35		M 28	13	M 28	00:45:58.55	00:46:05.25	5:11	11.5
34	SOBIERAJ ALEKSANDER	40	OLO TEAM	M36-49		M 29	13	M 29	00:46:21.70	00:46:31.10	5:14	11.5
35	KOTYSZ WALDEMAR	59	BBL OPOLE	M50+		M 30	4	M 30	00:46:22.00	00:46:32.35	5:14	11.5
36	URBAŃSKI MICHAŁ	128	FLUNKYBALLTEAM ŁĄDEK-ZDRÓJ	M18-35		M 31	14	M 31	00:46:22.95	00:46:34.35	5:14	11.4
37	TOMASZEWICZ SYLWESTER	60	NABIEGOWKACH.PL	M36-49		M 32	14	M 32	00:46:38.60	00:46:44.50	5:16	11.4
38	DOMAGAŁA JAROSŁAW	131	BBL	M50+		M 33	5	M 33	00:46:36.70	00:46:46.20	5:16	11.4
39	PŁASKOCIŃSKI ROBERT	33	PRO-RUN WROCŁAW	M36-49		M 34	15	M 34	00:46:48.20	00:47:01.65	5:17	11.3
40	JACEWICZ KAROL	78	MOLOMOLO	M36-49		M 35	16	M 35	00:46:57.70	00:47:02.70	5:18	11.3
41	KLARŻUK MIKOŁAJ	79		M18-35		M 36	15	M 36	00:47:22.35	00:47:22.35	5:21	11.2
42	KANDZIORA DOMINIK	110		M18-35		M 37	16	M 37	00:47:17.70	00:47:34.20	5:20	11.2
43	SZACH ANDRZEJ	93		M36-49		M 38	17	M 38	00:48:02.70	00:48:14.85	5:25	11.1
44	WOŁOŚZYN PIOTR	104	OBIBOKI	M36-49		M 39	18	M 39	00:48:21.95	00:48:28.05	5:27	11
45	KLAR MAREK	96		M50+		M 40	6	M 40	00:48:39.40	00:48:53.35	5:29	10.9
46	KWOLIK DANIEL	115		M36-49		M 41	19	M 41	00:48:40.90	00:48:53.55	5:30	10.9
47	GORZUCH JUSTYNA	32	KW WARSZAWA	K18-35		K 6	5	K 6	00:48:47.30	00:48:53.95	5:30	10.9
48	CZERNAK HENRYK	101	KB MARATOŃCZYK	M50+		M 42	7	M 42	00:48:53.00	00:48:57.85	5:31	10.9

ALPINA EVEREST RUN, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
49	JAZY SZYMON	36	POMIOTY SZATANA			M18-35	17	M 43	00:49:01.70	00:49:09.95	5:32	10.8
50	PASTUCHA KATARZYNA	57	CROSS KRAPKOWICE			K18-35	6	K 7	00:49:07.05	00:49:25.75	5:32	10.8
51	GODLEWSKI TYBERIUSZ	106				M36-49	20	M 44	00:49:19.10	00:49:30.70	5:34	10.8
52	NOWAKOWSKI LESZEK	61				M36-49	21	M 45	00:49:32.30	00:49:42.65	5:35	10.7
53	HENEL MARCIN	114				M18-35	18	M 46	00:49:49.25	00:49:58.15	5:37	10.7
54	CICHERSKI BARTŁOMIEJ	16	KLUB BIEGACZA RTVEUROAGD			M18-35	19	M 47	00:50:01.05	00:50:06.85	5:39	10.6
55	OSMOLAK AGNIESZKA	51	PRO-RUN WROCŁAW			K18-35	7	K 8	00:50:05.30	00:50:11.35	5:39	10.6
56	JÓSKOWSKI BOGDAN	38	REKOWO BIEGA			M36-49	22	M 48	00:50:20.35	00:50:27.70	5:41	10.5
57	SMOLAN MARCIN	94				M36-49	23	M 49	00:50:21.50	00:50:29.15	5:41	10.5
58	MARCINKOWSKI PIOTR	11	OSW TRI TEAM			M36-49	24	M 50	00:50:28.20	00:50:37.90	5:42	10.5
59	KLEPACZ PIOTR	113				M36-49	25	M 51	00:50:44.80	00:50:56.30	5:44	10.5
60	KAPRAL ŁUKASZ	7	BIEGAM BO LUBIĘ			M18-35	20	M 52	00:50:48.35	00:50:59.35	5:44	10.5
61	RUSZKOWSKI DANIEL	71	IKSS			M18-35	21	M 53	00:50:59.80	00:51:09.80	5:45	10.4
62	LEWANDOWSKA PATRYCJA	135	LKS ISKRA JASZKOWA			K18-35	8	K 9	00:51:05.60	00:51:15.80	5:46	10.4
63	WESOŁOWSKI MICHAŁ	111	KW OPOLE			M18-35	22	M 54	00:51:18.20	00:51:21.30	5:47	10.4
64	SKACZKOWSKA BARBARA	103	OBIBOKI			K36-49	2	K 10	00:51:29.60	00:51:34.20	5:49	10.3
65	RAWSKI JAROSŁAW	73	STOPA SŁUPSK			M50+	8	M 55	00:52:01.00	00:52:13.55	5:52	10.2
66	PELPLIŃSKI PIOTR	77	INTEL RUNNERS			M18-35	23	M 56	00:52:12.80	00:52:17.90	5:53	10.2
67	WITKOWSKA ANIA	54	KLUB KRÓLIKA STEFANA			K36-49	3	K 11	00:53:10.35	00:53:22.30	6:00	10
68	SIEKIERZYŃSKI RADOSŁAW	100				M36-49	26	M 57	00:53:25.80	00:53:30.30	6:02	9.9
69	ZAWADZKI ŁUKASZ	3				M36-49	27	M 58	00:53:23.50	00:53:32.75	6:01	9.9
70	GRZĘBSKA-BUJA MAŁGORZATA	116	SKPT GDAŃSK			K36-49	4	K 12	00:53:19.05	00:53:33.35	6:01	10
71	SOBCZAK KAROLINA	49				K18-35	9	K 13	00:53:30.50	00:53:38.55	6:02	9.9
72	DURSKI ADAM	137				M18-35	24	M 59	00:53:33.20	00:53:46.55	6:03	9.9
73	GAJEK HALINA	26	ATHLETICS NYSA			K36-49	5	K 14	00:54:01.35	00:54:06.05	6:06	9.8
74	WALKOWIAK DOMINIK	81				M18-35	25	M 60	00:54:07.55	00:54:15.10	6:07	9.8
75	KOPACKA ELIZA	125				K18-35	10	K 15	00:54:19.30	00:54:29.90	6:08	9.8
76	KOPACKI GRZEGORZ	126				M18-35	26	M 61	00:54:20.20	00:54:30.50	6:08	9.8
77	KIRKIEWICZ IRENEUSZ	66	KOLEGA MAĆKA OŁAWA			M36-49	28	M 62	00:54:20.30	00:54:32.00	6:08	9.8
78	ZJAWIONA KATARZYNA	133				K18-35	11	K 16	00:54:48.80	00:54:55.25	6:11	9.7
79	PRASZELIK ŁUKASZ	29				M36-49	29	M 63	00:54:53.00	00:55:00.35	6:12	9.7
80	SADOWY ANDRZEJ	65	SUDECKI KW			M50+	9	M 64	00:54:50.65	00:55:04.15	6:11	9.7
81	KRZYSZTOFIAK ALEKSANDRA	10	KOWARY BIEGAJĄ			K18-35	12	K 17	00:55:01.20	00:55:08.75	6:12	9.7
82	KANECKI MIREK	8	KOWARY BIEGAJĄ			M36-49	30	M 65	00:55:02.15	00:55:09.00	6:13	9.6
83	KANECKA MARIOLA	9	KOWARY BIEGAJĄ			K36-49	6	K 18	00:55:02.35	00:55:09.20	6:13	9.6
84	GAŚIOROWSKI MICHAŁ	63				M36-49	31	M 66	00:55:04.50	00:55:12.65	6:13	9.6
85	PASTUCHA ANNA	58	CROSS KRAPKOWICE			K50+	1	K 19	00:55:28.05	00:55:41.25	6:16	9.6
86	RAKOCZY IRENEUSZ	84				M50+	10	M 67	00:56:16.30	00:56:21.85	6:21	9.4
87	JUCHA URSZULA	117				K36-49	7	K 20	00:57:30.60	00:57:43.95	6:29	9.2
88	JUCHA RAFAŁ	118				M36-49	32	M 68	00:57:29.45	00:57:44.35	6:29	9.2
89	WITKOWSKA MONIKA	80	NIEZRZESZONA			K50+	2	K 21	00:58:21.00	00:58:24.95	6:35	9.1
90	SIERAKOWSKI MACIEJ	25				M18-35	27	M 69	00:58:28.85	00:58:37.75	6:36	9.1
91	CZANEWSKI ŁUKASZ	99				M36-49	33	M 70	00:58:33.95	00:58:42.75	6:37	9.1
92	ŻÓRAWSKA KATARZYNA	15				K18-35	13	K 22	00:58:32.05	00:58:43.90	6:36	9.1
93	STACHOWICZ MARCIN	76	5F TEAM			M18-35	28	M 71	00:58:59.15	00:59:12.20	6:39	9
94	PAWLIK KATARZYNA	75	5F TEAM			K18-35	14	K 23	00:58:59.50	00:59:12.30	6:40	9
95	JÓSKOWSKA BEATA	37	REKOWO BIEGA			K36-49	8	K 24	00:59:05.35	00:59:12.60	6:40	9
96	POLAK AGNIESZKA	119	TATERNIK KW KATOWICE			K36-49	9	K 25	01:00:26.90	01:00:38.50	6:49	8.8
97	BALICZ AGNIESZKA	50	VIP CLUB			K18-35	15	K 26	01:01:25.20	01:01:37.70	6:56	8.6
98	JASICKI JULIAN	102				M50+	11	M 72	01:01:55.05	01:02:05.80	6:59	8.6
99	CHALCIŃSKA IZABELA	13				K36-49	10	K 27	01:02:00.05	01:02:09.30	7:00	8.6
100	MIKOŁAJCZYK AGATA	18				K36-49	11	K 28	01:02:19.55	01:02:23.45	7:02	8.5
101	HOFFMANN FILIP	134				M18-35	29	M 73	01:02:56.10	01:03:03.85	7:06	8.4
102	GRZELEWSKA IZABELA	30	BMC ŁÓDŹ			K36-49	12	K 29	01:03:10.00	01:03:16.20	7:08	8.4
103	PRASZELIK SYLWIA	28				K36-49	13	K 30	01:03:09.55	01:03:18.15	7:08	8.4
104	ADAMCZYK KRZYSZTOF	34				M18-35	30	M 74	01:03:58.00	01:04:06.65	7:13	8.3
105	STEFANIAK JACEK	83	KB LUPUS OLEŚNICA			M36-49	34	M 75	01:04:23.70	01:04:37.20	7:16	8.2

ALPINA EVEREST RUN, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
106	SENKÓW MIROSLAW	27	NIE ZRZESZONY			M50+	12	M 76	01:05:41.30	01:05:46.60	7:25	8.1
107	KUCZAKOWSKA JOANNA	45	BIEGOWE MISIE			K18-35	16	K 31	01:06:16.45	01:06:26.35	7:29	8
108	KRUZEL RAFAL	46	BIEGOWE MISIE			M36-49	35	M 77	01:06:17.80	01:06:26.65	7:29	8
109	KOTYSZ KATARZYNA	55	BBL OPOLE			K50+	3	K 32	01:06:56.75	01:07:08.05	7:33	7.9
110	SZAŁAPSKI MARCIN	35	BMC ŁÓDŹ			M36-49	36	M 78	01:07:16.00	01:07:22.05	7:36	7.9
111	SAWCZUK KAROLINA	132				K36-49	14	K 33	01:07:38.60	01:07:42.60	7:38	7.9
112	BRONISZEWSKA EDYTA	127				K36-49	15	K 34	01:08:28.05	01:08:38.10	7:44	7.8
113	HRYŃKÓW TOMASZ	44				M36-49	37	M 79	01:08:41.55	01:08:41.55	7:45	7.7
114	ZIELIŃSKA JADWIGA	87				K18-35	17	K 35	01:08:48.25	01:08:55.20	7:46	7.7
115	GŁOWACKI PIOTR	120	KW KATOWICE			M50+	13	M 80	01:13:13.10	01:13:22.80	8:16	7.3

ALPINA EVEREST RUN, K-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	BONDARA SYLWIA	70	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM			K18-35	1	K 1	00:39:58.50	00:40:01.65	4:30	13.3
2	TOMASIAK NATALIA	121	SALOMON SUUNTO TEAM			K18-35	2	K 2	00:40:02.45	00:40:02.45	4:31	13.3
3	ŁABUZ MAŁGORZATA	123	#SOBASTEAM			K18-35	3	K 3	00:41:29.95	00:41:33.50	4:41	12.8
4	BAŁYS KATARZYNA	97	HERCOG RUNNING TEAM			K18-35	4	K 4	00:45:30.20	00:45:34.25	5:08	11.7
5	PACHURA KINGA	139				K36-49	1	K 5	00:45:59.70	00:46:03.70	5:11	11.5
6	GORZUCH JUSTYNA	32	KW WARSZAWA			K18-35	5	K 6	00:48:47.30	00:48:53.95	5:30	10.9
7	PASTUCHA KATARZYNA	57	CROSS KRAPKOWICE			K18-35	6	K 7	00:49:07.05	00:49:25.75	5:32	10.8
8	OSMOLAK AGNIESZKA	51	PRO-RUN WROCŁAW			K18-35	7	K 8	00:50:05.30	00:50:11.35	5:39	10.6
9	LEWANDOWSKA PATRYCJA	135	LKS ISKRA JASZKOWA			K18-35	8	K 9	00:51:05.60	00:51:15.80	5:46	10.4
10	SKACZKOWSKA BARBARA	103	OBIBOKI			K36-49	2	K 10	00:51:29.60	00:51:34.20	5:49	10.3
11	WITKOWSKA ANIA	54	KLUB KRÓLIKA STEFANA			K36-49	3	K 11	00:53:10.35	00:53:22.30	6:00	10
12	GRZĘBSKA-BUJA MAŁGORZATA	116	SKPT GDAŃSK			K36-49	4	K 12	00:53:19.05	00:53:33.35	6:01	10
13	SOBCZAK KAROLINA	49				K18-35	9	K 13	00:53:30.50	00:53:38.55	6:02	9.9
14	GAJEK HALINA	26	ATHLETICS NYSA			K36-49	5	K 14	00:54:01.35	00:54:06.05	6:06	9.8
15	KOPACKA ELIZA	125				K18-35	10	K 15	00:54:19.30	00:54:29.90	6:08	9.8
16	ZJAWIONA KATARZYNA	133				K18-35	11	K 16	00:54:48.80	00:54:55.25	6:11	9.7
17	KRZYSZTOFIK ALEKSANDRA	10	KOWARY BIEGAJĄ			K18-35	12	K 17	00:55:01.20	00:55:08.75	6:12	9.7
18	KANECKA MARIOLA	9	KOWARY BIEGAJĄ			K36-49	6	K 18	00:55:02.35	00:55:09.20	6:13	9.6
19	PASTUCHA ANNA	58	CROSS KRAPKOWICE			K50+	1	K 19	00:55:28.05	00:55:41.25	6:16	9.6
20	JUCHA URSZULA	117				K36-49	7	K 20	00:57:30.60	00:57:43.95	6:29	9.2
21	WITKOWSKA MONIKA	80	NIEZRZESZONA			K50+	2	K 21	00:58:21.00	00:58:24.95	6:35	9.1
22	ŻÓRAWSKA KATARZYNA	15				K18-35	13	K 22	00:58:32.05	00:58:43.90	6:36	9.1
23	PAWLIK KATARZYNA	75	5F TEAM			K18-35	14	K 23	00:58:59.50	00:59:12.30	6:40	9
24	JÓSKOWSKA BEATA	37	REKOWO BIEGA			K36-49	8	K 24	00:59:05.35	00:59:12.60	6:40	9
25	POLAK AGNIESZKA	119	TATERNIK KW KATOWICE			K36-49	9	K 25	01:00:26.90	01:00:38.50	6:49	8.8
26	BALICZ AGNIESZKA	50	VIP CLUB			K18-35	15	K 26	01:01:25.20	01:01:37.70	6:56	8.6
27	CHALCIŃSKA IZABELA	13				K36-49	10	K 27	01:02:00.05	01:02:09.30	7:00	8.6
28	MIKOŁAJCZYK AGATA	18				K36-49	11	K 28	01:02:19.55	01:02:23.45	7:02	8.5
29	GRZELEWSKA IZABELA	30	BMC ŁÓDŹ			K36-49	12	K 29	01:03:10.00	01:03:16.20	7:08	8.4
30	PRASZELIK SYLWIA	28				K36-49	13	K 30	01:03:09.55	01:03:18.15	7:08	8.4
31	KUCZAKOWSKA JOANNA	45	BIEGOWE MISIE			K18-35	16	K 31	01:06:16.45	01:06:26.35	7:29	8
32	KOTYSZ KATARZYNA	55	BBL OPOLE			K50+	3	K 32	01:06:56.75	01:07:08.05	7:33	7.9
33	SAWCZUK KAROLINA	132				K36-49	14	K 33	01:07:38.60	01:07:42.60	7:38	7.9
34	BRONISZEWSKA EDYTA	127				K36-49	15	K 34	01:08:28.05	01:08:38.10	7:44	7.8
35	ZIELIŃSKA JADWIGA	87				K18-35	17	K 35	01:08:48.25	01:08:55.20	7:46	7.7

ALPINA EVEREST RUN, M-Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	HERCOG PIOTR	140	SALOMON SUUNTO TEAM			M36-49	1	M 1	00:35:59.70	00:36:03.60	4:04	14.8
2	KITA MICHAŁ	53	PĘDZĄCY W MIEJSCU			M36-49	2	M 2	00:36:13.60	00:36:16.25	4:05	14.7
3	BORZYSTOWSKI PATRYK	129	WIDZIALNI.PL			M18-35	1	M 3	00:38:23.80	00:38:28.30	4:20	13.8
4	SŁOBODZIAN JERZY	109	NYSZA BIEGA			M50+	1	M 4	00:38:25.35	00:38:28.90	4:20	13.8
5	SZCZEPANIAK KAMIL	105				M18-35	2	M 5	00:38:29.75	00:38:32.25	4:21	13.8
6	WOWER BARTŁOMIEJ	5	CSC ADVENTURE ACADEMY			M18-35	3	M 6	00:38:31.70	00:38:34.55	4:21	13.8
7	WRÓBEL MARIUSZ	31	SOBAS TEAM			M36-49	3	M 7	00:38:47.50	00:38:50.00	4:23	13.7
8	GARDENER JACEK	17	JACEKBIEGA RUNNING TEAM			M50+	2	M 8	00:39:11.80	00:39:14.85	4:25	13.6
9	WĄCHAŁA ŁUKASZ	136				M18-35	4	M 9	00:39:11.55	00:39:15.85	4:25	13.6
10	PEKAŁA KRZYSZTOF	124				M36-49	4	M 10	00:39:34.95	00:39:41.35	4:28	13.4
11	KOWALIK ANDRZEJ	41	BIEG OPOLSKI			M36-49	5	M 11	00:39:57.70	00:40:00.50	4:30	13.3
12	DERENCZ MICHAŁ	95				M36-49	6	M 12	00:39:56.65	00:40:00.90	4:30	13.3
13	TARNOWSKI KRZYSZTOF	112	KW OPOLE			M18-35	5	M 13	00:39:59.05	00:40:02.45	4:31	13.3
14	CIEŚNIK KRZYSZTOF	108				M18-35	6	M 14	00:41:04.20	00:41:08.75	4:38	12.9
15	CZARNY JAROSŁAW	122	#SOBASTEAM			M18-35	7	M 15	00:41:36.95	00:41:41.30	4:42	12.8
16	THIER DOMINIK	23	KS KANDAHAR			M36-49	7	M 16	00:41:55.00	00:42:00.45	4:44	12.7
17	SZPINEK MARCIN	62	TUTU TEAM			M36-49	8	M 17	00:41:57.55	00:42:02.95	4:44	12.7
18	PIŁAT MICHAŁ	47				M36-49	9	M 18	00:41:59.60	00:42:04.70	4:44	12.6
19	TOPOLSKI MARCIN	42	BKB VICTORIA BRZESKO			M36-49	10	M 19	00:42:55.55	00:43:01.15	4:51	12.4
20	GREŃ WACŁAW	22	HUSARIA RACE TEAM			M18-35	8	M 20	00:43:55.55	00:44:00.85	4:57	12.1
21	GROCHOWSKI WOJCIECH	19	KLUB WYSOKOGÓRSKI WARSZAWA			M36-49	11	M 21	00:44:00.80	00:44:04.35	4:58	12.1
22	PASTUCHA MAREK	56	CROSS KRAPKOWICE			M50+	3	M 22	00:44:03.95	00:44:11.90	4:58	12
23	DZIUK ŁUKASZ	138				M18-35	9	M 23	00:44:08.40	00:44:15.85	4:59	12
24	MOŚCICKI MICHAŁ	92	OPOLSKI FESTIWAL GÓR/CITO/PATONORKI			M18-35	10	M 24	00:44:20.00	00:44:30.80	5:00	12
25	GĘDŁEK ŁUKASZ	98				M18-35	11	M 25	00:45:24.30	00:45:32.30	5:07	11.7
26	MIECH SZYMON	21				M36-49	12	M 26	00:45:34.60	00:45:40.20	5:09	11.6
27	JAJOR PAWEŁ	82				M18-35	12	M 27	00:45:34.85	00:45:41.15	5:09	11.6
28	ZAKRZYŃSKI TOMASZ	14				M18-35	13	M 28	00:45:58.55	00:46:05.25	5:11	11.5
29	SOBIERAJ ALEKSANDER	40	OLO TEAM			M36-49	13	M 29	00:46:21.70	00:46:31.10	5:14	11.5
30	KOTYSZ WALDEMAR	59	BBL OPOLE			M50+	4	M 30	00:46:22.00	00:46:32.35	5:14	11.5
31	URBAŃSKI MICHAŁ	128	FLUNKYBALLTEAM ŁĄDEK-ZDRÓJ			M18-35	14	M 31	00:46:22.95	00:46:34.35	5:14	11.4
32	TOMASZEWICZ SYLWESTER	60	NABIEGOWKACH.PL			M36-49	14	M 32	00:46:38.60	00:46:44.50	5:16	11.4
33	DOMAGAŁA JAROSŁAW	131	BBL			M50+	5	M 33	00:46:36.70	00:46:46.20	5:16	11.4
34	PŁASKOCIŃSKI ROBERT	33	PRO-RUN WROCŁAW			M36-49	15	M 34	00:46:48.20	00:47:01.65	5:17	11.3
35	JACEWICZ KAROL	78	MOLOMOLO			M36-49	16	M 35	00:46:57.70	00:47:02.70	5:18	11.3
36	KLARŻUK MIKOŁAJ	79				M18-35	15	M 36	00:47:22.35	00:47:22.35	5:21	11.2
37	KANDZIORA DOMINIK	110				M18-35	16	M 37	00:47:17.70	00:47:34.20	5:20	11.2
38	SZACH ANDRZEJ	93				M36-49	17	M 38	00:48:02.70	00:48:14.85	5:25	11.1
39	WOŁOSZYN PIOTR	104	OBIBOKI			M36-49	18	M 39	00:48:21.95	00:48:28.05	5:27	11
40	KLAR MAREK	96				M50+	6	M 40	00:48:39.40	00:48:53.35	5:29	10.9
41	KWOLIK DANIEL	115				M36-49	19	M 41	00:48:40.90	00:48:53.55	5:30	10.9
42	CZERNIAK HENRYK	101	KB MARATOŃCZYK			M50+	7	M 42	00:48:53.00	00:48:57.85	5:31	10.9
43	JAZY SZYMON	36	POMIOTY SZATANA			M18-35	17	M 43	00:49:01.70	00:49:09.95	5:32	10.8
44	GODLEWSKI TYBERIUSZ	106				M36-49	20	M 44	00:49:19.10	00:49:30.70	5:34	10.8
45	NOWAKOWSKI LESZEK	61				M36-49	21	M 45	00:49:32.30	00:49:42.65	5:35	10.7
46	HENEL MARCIN	114				M18-35	18	M 46	00:49:49.25	00:49:58.15	5:37	10.7
47	CICHERSKI BARTŁOMIEJ	16	KLUB BIEGACZA RTVEUROAGD			M18-35	19	M 47	00:50:01.05	00:50:06.85	5:39	10.6
48	JÓSKOWSKI BOGDAN	38	REKOWO BIEGA			M36-49	22	M 48	00:50:20.35	00:50:27.70	5:41	10.5
49	SMOLAN MARCIN	94				M36-49	23	M 49	00:50:21.50	00:50:29.15	5:41	10.5
50	MARCINKOWSKI PIOTR	11	OSW TRI TEAM			M36-49	24	M 50	00:50:28.20	00:50:37.90	5:42	10.5
51	KLEPACZ PIOTR	113				M36-49	25	M 51	00:50:44.80	00:50:56.30	5:44	10.5
52	KAPRAL ŁUKASZ	7	BIEGAM BO LUBIĘ			M18-35	20	M 52	00:50:48.35	00:50:59.35	5:44	10.5
53	RUSZKOWSKI DANIEL	71	IKSS			M18-35	21	M 53	00:50:59.80	00:51:09.80	5:45	10.4
54	WESOŁOWSKI MICHAŁ	111	KW OPOLE			M18-35	22	M 54	00:51:18.20	00:51:21.30	5:47	10.4
55	RAWSKI JAROSŁAW	73	STOPA SŁUPSK			M50+	8	M 55	00:52:01.00	00:52:13.55	5:52	10.2
56	PELPLIŃSKI PIOTR	77	INTEL RUNNERS			M18-35	23	M 56	00:52:12.80	00:52:17.90	5:53	10.2
57	SIEKIERZYŃSKI RADOSŁAW	100				M36-49	26	M 57	00:53:25.80	00:53:30.30	6:02	9.9

ALPINA EVEREST RUN, M-Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
58	ZAWADZKI ŁUKASZ	3				M36-49	27	M 58	00:53:23.50	00:53:32.75	6:01	9.9
59	DURSKI ADAM	137				M18-35	24	M 59	00:53:33.20	00:53:46.55	6:03	9.9
60	WALKOWIAK DOMINIK	81				M18-35	25	M 60	00:54:07.55	00:54:15.10	6:07	9.8
61	KOPACKI GRZEGORZ	126				M18-35	26	M 61	00:54:20.20	00:54:30.50	6:08	9.8
62	KIRKIEWICZ IRENEUSZ	66	KOLEGA MAĆKA OŁAWA			M36-49	28	M 62	00:54:20.30	00:54:32.00	6:08	9.8
63	PRASZELIK ŁUKASZ	29				M36-49	29	M 63	00:54:53.00	00:55:00.35	6:12	9.7
64	SADOWY ANDRZEJ	65	SUDECKI KW			M50+	9	M 64	00:54:50.65	00:55:04.15	6:11	9.7
65	KANECKI MIREK	8	KOWARY BIEGAJĄ			M36-49	30	M 65	00:55:02.15	00:55:09.00	6:13	9.6
66	GAŚIOROWSKI MICHAŁ	63				M36-49	31	M 66	00:55:04.50	00:55:12.65	6:13	9.6
67	RAKOCZY IRENEUSZ	84				M50+	10	M 67	00:56:16.30	00:56:21.85	6:21	9.4
68	JUCHA RAFAŁ	118				M36-49	32	M 68	00:57:29.45	00:57:44.35	6:29	9.2
69	SIERAKOWSKI MACIEJ	25				M18-35	27	M 69	00:58:28.85	00:58:37.75	6:36	9.1
70	CZANEWSKI ŁUKASZ	99				M36-49	33	M 70	00:58:33.95	00:58:42.75	6:37	9.1
71	STACHOWICZ MARCIN	76	5F TEAM			M18-35	28	M 71	00:58:59.15	00:59:12.20	6:39	9
72	JASICKI JULIAN	102				M50+	11	M 72	01:01:55.05	01:02:05.80	6:59	8.6
73	HOFFMANN FILIP	134				M18-35	29	M 73	01:02:56.10	01:03:03.85	7:06	8.4
74	ADAMCZYK KRZYSZTOF	34				M18-35	30	M 74	01:03:58.00	01:04:06.65	7:13	8.3
75	STEFANIAK JACEK	83	KB LUPUS OLEŚNICA			M36-49	34	M 75	01:04:23.70	01:04:37.20	7:16	8.2
76	SEŃKÓW MIROSLAW	27	NIE ZRZESZONY			M50+	12	M 76	01:05:41.30	01:05:46.60	7:25	8.1
77	KRUZEL RAFAŁ	46	BIEGOWE MISIE			M36-49	35	M 77	01:06:17.80	01:06:26.65	7:29	8
78	SZAŁAPSKI MARCIN	35	BMC ŁÓDŹ			M36-49	36	M 78	01:07:16.00	01:07:22.05	7:36	7.9
79	HRYŃKÓW TOMASZ	44				M36-49	37	M 79	01:08:41.55	01:08:41.55	7:45	7.7
80	GŁOWACKI PIOTR	120	KW KATOWICE			M50+	13	M 80	01:13:13.10	01:13:22.80	8:16	7.3

ALPINA EVEREST RUN, K18-35

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	BONDARA SYLWIA	70	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM			K18-35	1	K 1	00:39:58.50	00:40:01.65	4:30	13.3
2	TOMASIAK NATALIA	121	SALOMON SUUNTO TEAM			K18-35	2	K 2	00:40:02.45	00:40:02.45	4:31	13.3
3	ŁABUZ MAŁGORZATA	123	#SOBASTEAM			K18-35	3	K 3	00:41:29.95	00:41:33.50	4:41	12.8
4	BAŁYS KATARZYNA	97	HERCOG RUNNING TEAM			K18-35	4	K 4	00:45:30.20	00:45:34.25	5:08	11.7
5	GORZUCH JUSTYNA	32	KW WARSZAWA			K18-35	5	K 6	00:48:47.30	00:48:53.95	5:30	10.9
6	PASTUCHA KATARZYNA	57	CROSS KRAPKOWICE			K18-35	6	K 7	00:49:07.05	00:49:25.75	5:32	10.8
7	OSMOLAK AGNIESZKA	51	PRO-RUN WROCŁAW			K18-35	7	K 8	00:50:05.30	00:50:11.35	5:39	10.6
8	LEWANDOWSKA PATRYCJA	135	LKS ISKRA JASZKOWA			K18-35	8	K 9	00:51:05.60	00:51:15.80	5:46	10.4
9	SOBCZAK KAROLINA	49				K18-35	9	K 13	00:53:30.50	00:53:38.55	6:02	9.9
10	KOPACKA ELIZA	125				K18-35	10	K 15	00:54:19.30	00:54:29.90	6:08	9.8
11	ZJAWIONA KATARZYNA	133				K18-35	11	K 16	00:54:48.80	00:54:55.25	6:11	9.7
12	KRZYSZTOFIAK ALEKSANDRA	10	KOWARY BIEGAJĄ			K18-35	12	K 17	00:55:01.20	00:55:08.75	6:12	9.7
13	ŻÓRAWKA KATARZYNA	15				K18-35	13	K 22	00:58:32.05	00:58:43.90	6:36	9.1
14	PAWLIK KATARZYNA	75	5F TEAM			K18-35	14	K 23	00:58:59.50	00:59:12.30	6:40	9
15	BALICZ AGNIESZKA	50	VIP CLUB			K18-35	15	K 26	01:01:25.20	01:01:37.70	6:56	8.6
16	KUCZAKOWSKA JOANNA	45	BIEGOWE MISIE			K18-35	16	K 31	01:06:16.45	01:06:26.35	7:29	8
17	ZIELIŃSKA JADWIGA	87				K18-35	17	K 35	01:08:48.25	01:08:55.20	7:46	7.7

ALPINA EVEREST RUN, M18-35

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	BORZYSTOWSKI PATRYK	129	WIDZIALNI.PL			M18-35	1	M 3	00:38:23.80	00:38:28.30	4:20	13.8
2	SZCZEPANIAK KAMIL	105				M18-35	2	M 5	00:38:29.75	00:38:32.25	4:21	13.8
3	WOWER BARTŁOMIEJ	5	CSC ADVENTURE ACADEMY			M18-35	3	M 6	00:38:31.70	00:38:34.55	4:21	13.8
4	WĄCHAŁA ŁUKASZ	136				M18-35	4	M 9	00:39:11.55	00:39:15.85	4:25	13.6
5	TARNOWSKI KRZYSZTOF	112	KW OPOLE			M18-35	5	M 13	00:39:59.05	00:40:02.45	4:31	13.3
6	CIEŚNIK KRZYSZTOF	108				M18-35	6	M 14	00:41:04.20	00:41:08.75	4:38	12.9

ALPINA EVEREST RUN, M18-35 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
7	CZARNY JAROSŁAW	122	#SOBASTEAM			M18-35	7	M 15	00:41:36.95	00:41:41.30	4:42	12.8
8	GREŃ WACŁAW	22	HUSARIA RACE TEAM			M18-35	8	M 20	00:43:55.55	00:44:00.85	4:57	12.1
9	DZIUK ŁUKASZ	138				M18-35	9	M 23	00:44:08.40	00:44:15.85	4:59	12
10	MOŚCICKI MICHAŁ	92	OPOLSKI FESTIWAL GÓR/CITO/PATONORKI			M18-35	10	M 24	00:44:20.00	00:44:30.80	5:00	12
11	GEŃLEK ŁUKASZ	98				M18-35	11	M 25	00:45:24.30	00:45:32.30	5:07	11.7
12	JAJOR PAWEŁ	82				M18-35	12	M 27	00:45:34.85	00:45:41.15	5:09	11.6
13	ZAKRZYŃSKI TOMASZ	14				M18-35	13	M 28	00:45:58.55	00:46:05.25	5:11	11.5
14	URBAŃSKI MICHAŁ	128	FLUNKYBALLTEAM ŁĄDEK-ZDRÓJ			M18-35	14	M 31	00:46:22.95	00:46:34.35	5:14	11.4
15	KLARŻUK MIKOŁAJ	79				M18-35	15	M 36	00:47:22.35	00:47:22.35	5:21	11.2
16	KANDZIORA DOMINIK	110				M18-35	16	M 37	00:47:17.70	00:47:34.20	5:20	11.2
17	JAZY SZYMON	36	POMIOTY SZATANA			M18-35	17	M 43	00:49:01.70	00:49:09.95	5:32	10.8
18	HENEL MARCIN	114				M18-35	18	M 46	00:49:49.25	00:49:58.15	5:37	10.7
19	CICHERSKI BARTŁOMIEJ	16	KLUB BIEGACZA RTVEUROAGD			M18-35	19	M 47	00:50:01.05	00:50:06.85	5:39	10.6
20	KAPRAL ŁUKASZ	7	BIEGAM BO LUBIĘ			M18-35	20	M 52	00:50:48.35	00:50:59.35	5:44	10.5
21	RUSZKOWSKI DANIEL	71	IKSS			M18-35	21	M 53	00:50:59.80	00:51:09.80	5:45	10.4
22	WESOŁOWSKI MICHAŁ	111	KW OPOLE			M18-35	22	M 54	00:51:18.20	00:51:21.30	5:47	10.4
23	PELPLIŃSKI PIOTR	77	INTEL RUNNERS			M18-35	23	M 56	00:52:12.80	00:52:17.90	5:53	10.2
24	DURSKI ADAM	137				M18-35	24	M 59	00:53:33.20	00:53:46.55	6:03	9.9
25	WALKOWIAK DOMINIK	81				M18-35	25	M 60	00:54:07.55	00:54:15.10	6:07	9.8
26	KOPACKI GRZEGORZ	126				M18-35	26	M 61	00:54:20.20	00:54:30.50	6:08	9.8
27	SIERAKOWSKI MACIEJ	25				M18-35	27	M 69	00:58:28.85	00:58:37.75	6:36	9.1
28	STACHOWICZ MARCIN	76	5F TEAM			M18-35	28	M 71	00:58:59.15	00:59:12.20	6:39	9
29	HOFFMANN FILIP	134				M18-35	29	M 73	01:02:56.10	01:03:03.85	7:06	8.4
30	ADAMCZYK KRZYSZTOF	34				M18-35	30	M 74	01:03:58.00	01:04:06.65	7:13	8.3

ALPINA EVEREST RUN, K36-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	PACHURA KINGA	139				K36-49	1	K 5	00:45:59.70	00:46:03.70	5:11	11.5
2	SKACZKOWSKA BARBARA	103	OBIBOKI			K36-49	2	K 10	00:51:29.60	00:51:34.20	5:49	10.3
3	WITKOWSKA ANIA	54	KLUB KRÓLIKA STEFANA			K36-49	3	K 11	00:53:10.35	00:53:22.30	6:00	10
4	GRZĘBSKA-BUJA MAŁGORZATA	116	SKPT GDAŃSK			K36-49	4	K 12	00:53:19.05	00:53:33.35	6:01	10
5	GAJEK HALINA	26	ATHLETICS NYSA			K36-49	5	K 14	00:54:01.35	00:54:06.05	6:06	9.8
6	KANECKA MARIOLA	9	KOWARY BIEGAJĄ			K36-49	6	K 18	00:55:02.35	00:55:09.20	6:13	9.6
7	JUCHA URSZULA	117				K36-49	7	K 20	00:57:30.60	00:57:43.95	6:29	9.2
8	JÓSKOWSKA BEATA	37	REKOWO BIEGA			K36-49	8	K 24	00:59:05.35	00:59:12.60	6:40	9
9	POLAK AGNIESZKA	119	TATERNIK KW KATOWICE			K36-49	9	K 25	01:00:26.90	01:00:38.50	6:49	8.8
10	CHALCIŃSKA IZABELA	13				K36-49	10	K 27	01:02:00.05	01:02:09.30	7:00	8.6
11	MIKOŁAJCZYK AGATA	18				K36-49	11	K 28	01:02:19.55	01:02:23.45	7:02	8.5
12	GRZELEWSKA IZABELA	30	BMC ŁÓDŹ			K36-49	12	K 29	01:03:10.00	01:03:16.20	7:08	8.4
13	PRASZELIK SYLWIA	28				K36-49	13	K 30	01:03:09.55	01:03:18.15	7:08	8.4
14	SAWCZUK KAROLINA	132				K36-49	14	K 33	01:07:38.60	01:07:42.60	7:38	7.9
15	BRONISZEWSKA EDYTA	127				K36-49	15	K 34	01:08:28.05	01:08:38.10	7:44	7.8

ALPINA EVEREST RUN, M36-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	HERCOG PIOTR	140	SALOMON SUUNTO TEAM			M36-49	1	M 1	00:35:59.70	00:36:03.60	4:04	14.8
2	KITA MICHAŁ	53	PĘDZĄCY W MIEJSCU			M36-49	2	M 2	00:36:13.60	00:36:16.25	4:05	14.7
3	WRÓBEL MARIUSZ	31	SOBAS TEAM			M36-49	3	M 7	00:38:47.50	00:38:50.00	4:23	13.7
4	PĘKAŁA KRZYSZTOF	124				M36-49	4	M 10	00:39:34.95	00:39:41.35	4:28	13.4
5	KOWALIK ANDRZEJ	41	BIEG OPOLSKI			M36-49	5	M 11	00:39:57.70	00:40:00.50	4:30	13.3
6	DERENCZ MICHAŁ	95				M36-49	6	M 12	00:39:56.65	00:40:00.90	4:30	13.3
7	THIER DOMINIK	23	KS KANDAHAR			M36-49	7	M 16	00:41:55.00	00:42:00.45	4:44	12.7

ALPINA EVEREST RUN, M36-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
8	SZPINEK MARCIN	62	TUTU TEAM			M36-49	8	M 17	00:41:57.55	00:42:02.95	4:44	12.7
9	PIŁAT MICHAŁ	47				M36-49	9	M 18	00:41:59.60	00:42:04.70	4:44	12.6
10	TOPOLSKI MARCIN	42	BKB VICTORIA BRZESKO			M36-49	10	M 19	00:42:55.55	00:43:01.15	4:51	12.4
11	GROCHOWSKI WOJCIECH	19	KLUB WYSOKOGÓRSKI WARSZAWA			M36-49	11	M 21	00:44:00.80	00:44:04.35	4:58	12.1
12	MIECH SZYMON	21				M36-49	12	M 26	00:45:34.60	00:45:40.20	5:09	11.6
13	SOBIERAJ ALEKSANDER	40	OLO TEAM			M36-49	13	M 29	00:46:21.70	00:46:31.10	5:14	11.5
14	TOMASZEWICZ SYLWESTER	60	NABIEGOWKACH.PL			M36-49	14	M 32	00:46:38.60	00:46:44.50	5:16	11.4
15	PLASKOCIŃSKI ROBERT	33	PRO-RUN WROCŁAW			M36-49	15	M 34	00:46:48.20	00:47:01.65	5:17	11.3
16	JACEWICZ KAROL	78	MOLOMOLO			M36-49	16	M 35	00:46:57.70	00:47:02.70	5:18	11.3
17	SZACH ANDRZEJ	93				M36-49	17	M 38	00:48:02.70	00:48:14.85	5:25	11.1
18	WOŁOSZYN PIOTR	104	OBIBOKI			M36-49	18	M 39	00:48:21.95	00:48:28.05	5:27	11
19	KWOLIK DANIEL	115				M36-49	19	M 41	00:48:40.90	00:48:53.55	5:30	10.9
20	GODLEWSKI TYBERIUSZ	106				M36-49	20	M 44	00:49:19.10	00:49:30.70	5:34	10.8
21	NOWAKOWSKI LESZEK	61				M36-49	21	M 45	00:49:32.30	00:49:42.65	5:35	10.7
22	JÓSKOWSKI BOGDAN	38	REKOWO BIEGA			M36-49	22	M 48	00:50:20.35	00:50:27.70	5:41	10.5
23	SMOLAN MARCIN	94				M36-49	23	M 49	00:50:21.50	00:50:29.15	5:41	10.5
24	MARCINKOWSKI PIOTR	11	OSW TRI TEAM			M36-49	24	M 50	00:50:28.20	00:50:37.90	5:42	10.5
25	KLEPACZ PIOTR	113				M36-49	25	M 51	00:50:44.80	00:50:56.30	5:44	10.5
26	SIEKIERZYŃSKI RADOŚLAW	100				M36-49	26	M 57	00:53:25.80	00:53:30.30	6:02	9.9
27	ZAWADZKI ŁUKASZ	3				M36-49	27	M 58	00:53:23.50	00:53:32.75	6:01	9.9
28	KIRKIEWICZ IRENEUSZ	66	KOLEGA MAĆKA OŁAWA			M36-49	28	M 62	00:54:20.30	00:54:32.00	6:08	9.8
29	PRASZELIK ŁUKASZ	29				M36-49	29	M 63	00:54:53.00	00:55:00.35	6:12	9.7
30	KANECKI MIREK	8	KOWARY BIEGAJĄ			M36-49	30	M 65	00:55:02.15	00:55:09.00	6:13	9.6
31	GAŚSIOROWSKI MICHAŁ	63				M36-49	31	M 66	00:55:04.50	00:55:12.65	6:13	9.6
32	JUCHA RAFAŁ	118				M36-49	32	M 68	00:57:29.45	00:57:44.35	6:29	9.2
33	CZANEWSKI ŁUKASZ	99				M36-49	33	M 70	00:58:33.95	00:58:42.75	6:37	9.1
34	STEFANIAK JACEK	83	KB LUPUS OLEŚNICA			M36-49	34	M 75	01:04:23.70	01:04:37.20	7:16	8.2
35	KRUZEL RAFAL	46	BIEGOWE MISIE			M36-49	35	M 77	01:06:17.80	01:06:26.65	7:29	8
36	SZAŁAPSKI MARCIN	35	BMC ŁÓDŹ			M36-49	36	M 78	01:07:16.00	01:07:22.05	7:36	7.9
37	HRYŃKÓW TOMASZ	44				M36-49	37	M 79	01:08:41.55	01:08:41.55	7:45	7.7

ALPINA EVEREST RUN, K50+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	PASTUCHA ANNA	58	CROSS KRAPKOWICE			K50+	1	K 19	00:55:28.05	00:55:41.25	6:16	9.6
2	WITKOWSKA MONIKA	80	NIEZRZESZONA			K50+	2	K 21	00:58:21.00	00:58:24.95	6:35	9.1
3	KOTYSZ KATARZYNA	55	BBL OPOLE			K50+	3	K 32	01:06:56.75	01:07:08.05	7:33	7.9

ALPINA EVEREST RUN, M50+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Netto	Brutto	min/km	km/h
1	SŁOBODZIAN JERZY	109	NYSIA BIEGA			M50+	1	M 4	00:38:25.35	00:38:28.90	4:20	13.8
2	GARDENER JACEK	17	JACEKBIEGA RUNNING TEAM			M50+	2	M 8	00:39:11.80	00:39:14.85	4:25	13.6
3	PASTUCHA MAREK	56	CROSS KRAPKOWICE			M50+	3	M 22	00:44:03.95	00:44:11.90	4:58	12
4	KOTYSZ WALDEMAR	59	BBL OPOLE			M50+	4	M 30	00:46:22.00	00:46:32.35	5:14	11.5
5	DOMAGAŁA JAROSŁAW	131	BBL			M50+	5	M 33	00:46:36.70	00:46:46.20	5:16	11.4
6	KLAR MAREK	96				M50+	6	M 40	00:48:39.40	00:48:53.35	5:29	10.9
7	CZERNIAK HENRYK	101	KB MARATOŃCZYK			M50+	7	M 42	00:48:53.00	00:48:57.85	5:31	10.9
8	RAWSKI JAROSŁAW	73	STOPA SŁUPSK			M50+	8	M 55	00:52:01.00	00:52:13.55	5:52	10.2
9	SADOWY ANDRZEJ	65	SUDECKI KW			M50+	9	M 64	00:54:50.65	00:55:04.15	6:11	9.7
10	RAKOCZY IRENEUSZ	84				M50+	10	M 67	00:56:16.30	00:56:21.85	6:21	9.4
11	JASICKI JULIAN	102				M50+	11	M 72	01:01:55.05	01:02:05.80	6:59	8.6
12	SENKÓW MIROŚLAW	27	NIE ZRZESZONY			M50+	12	M 76	01:05:41.30	01:05:46.60	7:25	8.1
13	GŁOWACKI PIOTR	120	KW KATOWICE			M50+	13	M 80	01:13:13.10	01:13:22.80	8:16	7.3