

GP Trzemeszna 2015/16 w biegach



Wyniki OPEN Suma czasów brutto 3 najlepszych biegów

| Lp | Msc open | Nazwisko imię | Miejscowość | Klub | Rok ur | Kat | Msc | 21 listopada | 12 grudnia | 9 stycznia | 6 lutego | Suma | Średnia | |
|----|----------|-------------------------|---------------------|------------------------------------|--------|-----|-----|--------------|------------|------------|----------|----------------|---------|---|
| 1 | 1. | Frydrychowski Piotr | Kleczew | KS TEAM RUN GDAŃSK | 1994 | M20 | 1. | 0:34:58 | 0:34:39 | 0:36:01 | | 1:45:37 | 0:35:13 | 3 |
| 2 | 2. | Kledzik Zbigniew | Chomiąża Szlachecka | Waleczne Serca | 1991 | M20 | 2. | 0:34:39 | 0:34:51 | 0:36:17 | | 1:45:46 | 0:35:16 | 3 |
| 3 | 3. | Śliwiński Dariusz | Żnin | Waleczne Serca/Pałuki Running Team | 1988 | M20 | 3. | 0:34:46 | 0:35:08 | 0:38:41 | | 1:48:34 | 0:36:12 | 3 |
| 4 | 4. | Szymański Ryszard | Mogilno | Sport i Rekreacja Mogilno | 1970 | M40 | 1. | 0:37:51 | 0:38:53 | 0:40:36 | | 1:57:19 | 0:39:07 | 3 |
| 5 | 5. | kowalewski marek | rogowo | brak | 1990 | M20 | 4. | 0:40:33 | 0:41:04 | 0:43:33 | | 2:05:10 | 0:41:44 | 3 |
| 6 | 6. | Czapiński Mariusz | Gniezno | Altom Gniezno | 1967 | M40 | 2. | 0:41:17 | 0:41:36 | 0:42:29 | | 2:05:21 | 0:41:47 | 3 |
| 7 | 7. | Małkowski Jacek | Gniezno | Altom Gniezno | 1973 | M40 | 3. | 0:41:49 | 0:41:40 | 0:43:55 | | 2:07:24 | 0:42:28 | 3 |
| 8 | 8. | Nowak Michał | Gniezno | Wełnica Biega | 1978 | M30 | 1. | 0:42:23 | 0:41:59 | 0:43:12 | | 2:07:33 | 0:42:31 | 3 |
| 9 | 9. | Plewczyński Dawid | Gniezno | | 1990 | M20 | 5. | 0:42:33 | 0:42:02 | 0:43:35 | | 2:08:08 | 0:42:43 | 3 |
| 10 | 10. | Krause Daniel | Żydowo | Altom Gniezno | 1981 | M30 | 2. | 0:42:27 | 0:42:19 | 0:44:08 | | 2:08:53 | 0:42:58 | 3 |
| 11 | 11. | Berg Dariusz | Gniezno | ALTOM Gniezno/NO EXCUSES TEAM | 1977 | M30 | 3. | 0:42:24 | 0:42:29 | 0:44:39 | | 2:09:31 | 0:43:11 | 3 |
| 12 | 12. | Żuk Włodzimierz | Gołębki | | 1963 | M50 | 1. | 0:42:58 | 0:41:58 | 0:44:51 | | 2:09:46 | 0:43:16 | 3 |
| 13 | 13. | Wieruszewski Mateusz | Gniezno | UKS Gniezno Biega | 1980 | M30 | 4. | 0:43:42 | 0:42:43 | 0:44:44 | | 2:11:09 | 0:43:43 | 3 |
| 14 | 14. | nowak ireneusz | gniezno | | 1988 | M20 | 6. | 0:43:03 | 0:44:28 | 0:45:10 | | 2:12:40 | 0:44:14 | 3 |
| 15 | 15. | Maciejewska Kamila | Barcin | Ślimaki Barcin | 1981 | K30 | 1. | 0:44:48 | 0:43:39 | 0:44:56 | | 2:13:21 | 0:44:27 | 3 |
| 16 | 16. | Kaźmierski Mirosław | Janikowo | Janikowo na sportowo | 1969 | M40 | 4. | 0:44:32 | 0:46:10 | 0:46:25 | | 2:17:05 | 0:45:42 | 3 |
| 17 | 17. | Kolibabka Adam | Gniezno | | 1973 | M40 | 5. | 0:45:14 | 0:45:15 | 0:46:45 | | 2:17:13 | 0:45:45 | 3 |
| 18 | 18. | Piniarski Paweł | Mogilno | | 1985 | M30 | 5. | 0:46:12 | 0:46:23 | 0:48:54 | | 2:21:27 | 0:47:09 | 3 |
| 19 | 19. | Kędziński Arkadiusz | Trzemeszno | | 1977 | M30 | 6. | 0:46:11 | 0:46:50 | 0:49:25 | | 2:22:26 | 0:47:29 | 3 |
| 20 | 20. | Nadrajkowski Adam | Inowrocław | | 1958 | M50 | 2. | 0:46:19 | 0:46:12 | 0:50:43 | | 2:23:13 | 0:47:45 | 3 |
| 21 | 21. | Tadrowski Tomasz | Inowrocław | | 1973 | M40 | 6. | 0:46:20 | 0:47:31 | 0:49:32 | | 2:23:22 | 0:47:48 | 3 |
| 22 | 22. | Mazur Norbert | Trzemeszno | | 1997 | M16 | 1. | 0:47:41 | 0:47:08 | 0:50:09 | | 2:24:58 | 0:48:20 | 3 |
| 23 | 23. | Mróz Violetta | Gąsawa | VAMP DREWNO | 1976 | K30 | 2. | 0:48:26 | 0:46:40 | 0:50:46 | | 2:25:51 | 0:48:37 | 3 |
| 24 | 24. | Utecht Arkadiusz | Janowiec Wlkp. | RodzinaPL | 1977 | M30 | 7. | 0:46:29 | 0:45:54 | 0:53:34 | | 2:25:56 | 0:48:39 | 3 |
| 25 | 25. | Karasiewicz Przemysław | Kiszkowo | | 1980 | M30 | 8. | 0:48:50 | 0:47:36 | 0:50:07 | | 2:26:32 | 0:48:51 | 3 |
| 26 | 26. | Wawrzyniak Leon | Pobiedziska | TKKF Płomień Pobiedziska | 1955 | M60 | 1. | 0:47:31 | 0:47:17 | 0:51:47 | | 2:26:34 | 0:48:52 | 3 |
| 27 | 27. | SZCZEPANKIEWICZ RAFAŁ | TRZEMESZNO | BOLT Trzemeszno | 1983 | M30 | 9. | 0:48:05 | 0:48:00 | 0:50:35 | | 2:26:39 | 0:48:53 | 3 |
| 28 | 28. | Lewandowski Jan | Mogilno | | 1975 | M40 | 7. | 0:50:48 | 0:47:53 | 0:50:03 | | 2:28:44 | 0:49:35 | 3 |
| 29 | 29. | Majewski Wiesław Stefan | Komorniki | BOLT Trzemeszno | 1973 | M40 | 8. | 0:48:52 | 0:48:55 | 0:52:06 | | 2:29:51 | 0:49:57 | 3 |



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|----|-------------|-----------------------------|-----------------------|-----------------------|-----------|-----|-----|--------------|------------|------------|----------|----------------|---------|---|
| 30 | 30. | Kozłowski Szymon | Dąbrowa | PSSE Mogilno | 1984 | M30 | 10. | 0:49:50 | 0:49:34 | 0:50:49 | | 2:30:13 | 0:50:05 | 3 |
| 31 | 31. | DEMBINA ANDRZEJ | SUCHY LAS | X | 1962 | M50 | 3. | 0:52:04 | 0:47:04 | 0:51:12 | | 2:30:19 | 0:50:07 | 3 |
| 32 | 32. | Sypniewski Hubert | Janowiec Wielkopolski | RodzinaPL | 1994 | M20 | 7. | 0:48:45 | 0:49:14 | 0:53:34 | | 2:31:32 | 0:50:31 | 3 |
| 33 | 33. | Waluszyński Janusz | Gniezno | Altom Gniezno | 1979 | M30 | 11. | 0:49:55 | 0:49:37 | 0:53:21 | | 2:32:51 | 0:50:57 | 3 |
| 34 | 34. | matuszewski szymon | poznań | Piątkowo na Biegowo | 1974 | M40 | 9. | 0:52:17 | 0:49:55 | 0:50:56 | | 2:33:06 | 0:51:02 | 3 |
| 35 | 35. | OLCHOWIK RYSZARD | GNIEZNO | Altom Gniezno | 1951 | M60 | 2. | 0:51:18 | 0:50:42 | 0:53:19 | | 2:35:18 | 0:51:46 | 3 |
| 36 | 36. | Kamińska Bogumiła | Trzemeszno | BOLT Trzemeszno | 1967 | K40 | 1. | 0:53:38 | 0:51:49 | 0:52:44 | | 2:38:10 | 0:52:44 | 3 |
| 37 | 37. | Krygier Ewa | Gąsawa | VAMP DREWNO | 1992 | K20 | 1. | 0:52:21 | 0:51:51 | 0:54:20 | | 2:38:31 | 0:52:51 | 3 |
| 38 | 38. | Możdżeń Maja | Gniezno | | 1983 | K30 | 3. | 0:52:03 | 0:51:49 | 0:55:01 | | 2:38:52 | 0:52:58 | 3 |
| 39 | 39. | Adamczyk Sławomir | Gniezno | | 1968 | M40 | 10. | 0:54:28 | 0:53:05 | 0:53:24 | | 2:40:56 | 0:53:39 | 3 |
| 40 | 40. | Majchrzak Piotr | Gniezno | | 1971 | M40 | 11. | 0:50:24 | 0:54:06 | 0:57:13 | | 2:41:43 | 0:53:55 | 3 |
| 41 | 41. | Kucharski Jarosław | Barcin | | 1975 | M40 | 12. | 0:50:48 | 0:51:25 | 0:59:42 | | 2:41:54 | 0:53:58 | 3 |
| 42 | 42. | Superczyńska Agata | Gąsawa | Gąsawa Run Team | 1997 | K16 | 1. | 0:52:27 | 0:52:07 | 0:57:24 | | 2:41:57 | 0:53:59 | 3 |
| 43 | 43. | Wesołowski Radosław | Mieleszyn | | 1988 | M20 | 8. | 0:53:22 | 0:52:02 | 0:59:23 | | 2:44:46 | 0:54:56 | 3 |
| 44 | 44. | Debski Jan | Dąbrowa | Softys | 1952 | M60 | 3. | 0:53:41 | 0:54:50 | 0:56:17 | | 2:44:47 | 0:54:56 | 3 |
| 45 | 45. | Nawrocka Joanna | Janowiec Wielkopolski | RodzinaPL | 1996 | K16 | 2. | 0:55:38 | 0:53:54 | 0:56:32 | | 2:46:02 | 0:55:21 | 3 |
| 46 | 46. | Krygier Mirosława | Gąsawa | VAMP DREWNO | 1965 | K50 | 1. | 0:53:36 | 0:53:20 | 0:59:16 | | 2:46:12 | 0:55:24 | 3 |
| 47 | 47. | Pacanowski Robert | Welnica | Welnica Biega | 1968 | M40 | 13. | 0:53:55 | 0:53:55 | 0:58:52 | | 2:46:41 | 0:55:34 | 3 |
| 48 | 48. | Przybylski Przemysław | Gniezno | Welnica Biega | 1971 | M40 | 14. | 0:52:49 | 0:58:41 | 1:00:48 | | 2:52:17 | 0:57:26 | 3 |
| 49 | 49. | Ochocka Magdalena | Janikowo | | 1979 | K30 | 4. | 0:55:40 | 0:57:06 | 0:59:43 | | 2:52:28 | 0:57:30 | 3 |
| 50 | 50. | Cichoń Marek | Inowrocław | | 1980 | M30 | 12. | 0:55:41 | 0:57:06 | 0:59:43 | | 2:52:29 | 0:57:30 | 3 |
| 51 | 51. | Skibiński Krzysztof | Janowiec Wielkopolski | RodzinaPL | 1987 | M20 | 9. | 0:56:07 | 0:59:06 | 0:58:38 | | 2:53:49 | 0:57:57 | 3 |
| 52 | 52. | Perek Bartosz | Gniezno | | 1985 | M30 | 13. | 0:53:13 | 0:55:30 | 1:05:47 | | 2:54:29 | 0:58:10 | 3 |
| 53 | 53. | Rosińska Magdalena | Trzemeszno | BOLT Trzemeszno | 1987 | K20 | 2. | 0:56:30 | 0:57:16 | 1:01:16 | | 2:55:02 | 0:58:21 | 3 |
| 54 | 54. | Niemeczek Waldemar | Janikowo | Janikowo na sportowo | 1961 | M50 | 4. | 0:58:03 | 0:56:41 | 1:00:42 | | 2:55:25 | 0:58:29 | 3 |
| 55 | 55. | Michalska Przybylska Żaneta | Gniezno | Welnica Biega | 1975 | K40 | 2. | 0:56:30 | 0:58:41 | 1:00:48 | | 2:55:58 | 0:58:40 | 3 |
| 56 | 56. | Perek Jakub | Gniezno | Night Runners Gniezno | 1976 | M30 | 14. | 0:57:04 | 0:57:17 | 1:02:34 | | 2:56:53 | 0:58:58 | 3 |
| 57 | 57. | Brzewińska Marzena | Trzemeszno | niezrzeszona | 1974 | K40 | 3. | 0:57:00 | 0:57:00 | 1:05:11 | | 2:59:09 | 0:59:43 | 3 |
| 58 | 58. | Baczyński Andrzej | Janowiec Wielkopolski | RodzinaPL | 1984 | M30 | 15. | 0:59:19 | 1:06:35 | 0:57:06 | | 3:02:59 | 1:01:00 | 3 |
| 59 | 59. | SALITA LECH | GNIEZNO | Altom Gniezno | 1960 | M50 | 5. | 0:59:15 | 0:57:56 | 1:06:02 | | 3:03:13 | 1:01:05 | 3 |
| 60 | 60. | Osiński Wojciech | Szubin | MAISADOUR | 1979 | M30 | 16. | 1:01:02 | 0:59:32 | 1:09:18 | | 3:09:51 | 1:03:17 | 3 |
| 61 | 61. | Grochowiak Karolina | Barcin | Ślimaki Barcin | 1984 | K30 | 5. | 1:00:55 | 1:01:10 | 1:09:18 | | 3:11:23 | 1:03:48 | 3 |
| 62 | | Grochowiak Piotr | Barcin | Ślimaki Barcin | 1981 | M30 | | 0:37:58 | 0:37:38 | | | | 0:37:48 | 2 |



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|----|-------------|-----------------------|-----------------------|----------------------------|-----------|-----|-----|--------------|------------|------------|----------|---------|---------|
| 63 | | Adamczyk Mariusz | Gniezno | Altom Gniezno | 1973 | M40 | | 0:39:31 | 0:38:56 | | | 0:39:13 | 2 |
| 64 | | rezulak Paweł | Orchowo | BOLT | 1988 | M20 | | | 0:38:51 | 0:40:22 | | 0:39:36 | 2 |
| 65 | | Snuszk Adam | Kamieniec | | 1970 | M40 | | | 0:39:12 | 0:41:24 | | 0:40:18 | 2 |
| 66 | | Cyrok Maciej | Dąbrowa | Olimpia Dąbrowa | 1993 | M20 | | | 0:40:29 | 0:40:18 | | 0:40:24 | 2 |
| 67 | | Przybylski Krzysztof | Gniezno | UKS Gniezno Biega | 1969 | M40 | | | 0:41:47 | 0:42:00 | | 0:41:54 | 2 |
| 68 | | Zeidler Krzysztof | Gniezno | | 1957 | M50 | | | 0:43:41 | 0:44:12 | | 0:43:56 | 2 |
| 69 | | Wolski Jarosław | Mogilno | Sport i Rekreacja Mogilno | 1972 | M40 | | | 0:43:31 | 0:44:39 | | 0:44:05 | 2 |
| 70 | | Dreas Jakub | Rybitwy | Wędzikowski Running Team | 1985 | M30 | | 0:42:40 | | 0:45:42 | | 0:44:11 | 2 |
| 71 | | Szymański Piotr | Kleczew | OSiR Kleczek | 1976 | M30 | | 0:45:20 | 0:45:06 | | | 0:45:13 | 2 |
| 72 | | Grzesik Paulina | Trzemeszno | | 1991 | K20 | | | 0:44:11 | 0:46:38 | | 0:45:25 | 2 |
| 73 | | Kupczyk Agnieszka | Mogilno | | 1982 | K30 | | 0:45:58 | 0:46:27 | | | 0:46:12 | 2 |
| 74 | | Tonak Wojciech | Trzemeszno | | 1987 | M20 | | 0:46:36 | 0:46:24 | | | 0:46:30 | 2 |
| 75 | | Zieliński Bartłomiej | Mogilno | Sport i Rekreacja Mogilno | 1983 | M30 | | 0:50:13 | 0:43:20 | | | 0:46:47 | 2 |
| 76 | | Bandur Grzegorz | Gorzów Wlkp. | KB Maniac Poznań | 1988 | M20 | | 0:49:13 | 0:44:58 | | | 0:47:05 | 2 |
| 77 | | Cichowicz Marcin | Gąsawa | Gąsawa Run Team | 1977 | M30 | | 0:45:42 | | 0:48:29 | | 0:47:05 | 2 |
| 78 | | Wietrzyńska Donata | Gniezno | | 1970 | K40 | | 0:49:00 | 0:48:02 | | | 0:48:31 | 2 |
| 79 | | Gryboś Marcin | Mogilno | Sport i Rekreacja Mogilno | 1980 | M30 | | 0:50:12 | 0:46:58 | | | 0:48:35 | 2 |
| 80 | | Olczak Piotr | Poznań | VAMP DREWNO | 1993 | M20 | | | 0:47:29 | 0:50:06 | | 0:48:48 | 2 |
| 81 | | SIKORA Antoni | GĄSAWA | Żninski Klub Biegacza 1992 | 1949 | M60 | | | 0:47:40 | 0:50:27 | | 0:49:04 | 2 |
| 82 | | Sypniewski Marek | Janowiec Wielkopolski | RodzinaPL | 1972 | M40 | | 0:46:29 | | 0:53:34 | | 0:50:01 | 2 |
| 83 | | Dłutkowski Jarosław | Rogowo | ZaDyszka | 1973 | M40 | | 0:50:19 | | 0:52:07 | | 0:51:13 | 2 |
| 84 | | Jankowski Krzysztof | Gniezno | | 1971 | M40 | | 0:50:24 | | 0:52:10 | | 0:51:17 | 2 |
| 85 | | KANARKOWSKI TOMASZ | żnin | | 1968 | M40 | | | 0:50:06 | 0:52:38 | | 0:51:22 | 2 |
| 86 | | ZIÓŁKOWSKI MIECZYŚLAW | JANIKOWO | | 1965 | M50 | | | 0:49:25 | 0:53:29 | | 0:51:27 | 2 |
| 87 | | Joszcz Sławomir | Trzemeszno | | 1974 | M40 | | 0:51:19 | 0:51:43 | | | 0:51:31 | 2 |
| 88 | | Smolny Janusz | Kiszkowo | | 1971 | M40 | | 0:48:32 | | 0:54:36 | | 0:51:34 | 2 |
| 89 | | Krajewska Lucyna | ŻNIN | Pałuki Running Team | 1976 | K30 | | | 0:50:07 | 0:53:37 | | 0:51:52 | 2 |
| 90 | | Ochocki Krzysztof | Janikowo | Janikowo na sportowo | 1973 | M40 | | | 0:49:30 | 0:54:41 | | 0:52:05 | 2 |
| 91 | | Wojciechowska Dorota | Gąsawa | | 1989 | K20 | | 0:50:46 | | 0:56:52 | | 0:53:49 | 2 |
| 92 | | Rojewski Arkadiusz | Gniezno | | 1977 | M30 | | 0:51:11 | | 0:56:40 | | 0:53:56 | 2 |
| 93 | | Krygier Katarzyna | Gąsawa | VAMP DREWNO | 1990 | K20 | | 0:51:26 | | 0:57:00 | | 0:54:13 | 2 |
| 94 | | Kozłowski Marek | Żnin | | 1975 | M40 | | | 0:54:21 | 0:55:25 | | 0:54:53 | 2 |
| 95 | | Czaplińska Joanna | Gniezno | | 1973 | K40 | | 0:54:10 | | 0:56:56 | | 0:55:33 | 2 |



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|-----|-------------|--------------------------|-----------------------|------------------------|-----------|-----|-----|--------------|------------|------------|----------|------|-----------|
| 96 | | Poniewski Paweł | Stawa Wielkopolska | | 1985 | M30 | | 0:56:20 | 0:55:05 | | | | 0:55:43 2 |
| 97 | | Sobczak Tomasz | Gniezno | | 1974 | M40 | | 0:57:03 | 0:57:17 | | | | 0:57:10 2 |
| 98 | | Dreas Katarzyna | Rybitwy | | 1993 | K20 | | 0:57:34 | 0:57:42 | | | | 0:57:38 2 |
| 99 | | Frydrych Bartłomiej | Janowiec Wielkopolski | RodzinaPL | 1984 | M30 | | | 0:58:04 | 1:00:12 | | | 0:59:08 2 |
| 100 | | Baczyńska Ewelina | Janowiec Wielkopolski | RodzinaPL | 1987 | K20 | | 0:57:56 | | 1:05:22 | | | 1:01:39 2 |
| 101 | | Baczyński Maciej | Bydgoszcz | RodzinaPL | 1979 | M30 | | 0:56:50 | | 1:07:42 | | | 1:02:16 2 |
| 102 | | Angel Władysław | Bydgoszcz | Kolejarz Bydgoszcz | 1937 | M60 | | | 1:03:53 | 1:04:52 | | | 1:04:22 2 |
| 103 | | Baczyńska Marzena | Bydgoszcz | RodzinaPL | 1980 | K30 | | | 1:06:35 | 1:07:42 | | | 1:07:08 2 |
| 104 | | Gbur Arkadiusz | Witkowo | 31 BAZA LOTNICTWA | 1976 | M30 | | | 0:37:54 | | | | 0:37:54 1 |
| 105 | | Kaczor Marcin | Klecko | No Excuses Team | 1985 | M30 | | | 0:39:09 | | | | 0:39:09 1 |
| 106 | | Król Jakub | Gniezno | Zaparkowani | 1974 | M40 | | | 0:41:44 | | | | 0:41:44 1 |
| 107 | | Machiński Tomasz | Gniezno | | 1988 | M20 | | | | 0:41:49 | | | 0:41:49 1 |
| 108 | | Kamiński Sławek | Kleczew | | 1978 | M30 | | | 0:42:50 | | | | 0:42:50 1 |
| 109 | | Grzesik Katarzyna | Trzemeszno | - | 1993 | K20 | | | 0:42:50 | | | | 0:42:50 1 |
| 110 | | Kamiński Sławomir | Kleczew | | 1978 | M30 | | | | 0:44:35 | | | 0:44:35 1 |
| 111 | | Jeździkowski Marcin | Gąsawa | Gąsawa Run Team | 1978 | M30 | | 0:44:47 | | | | | 0:44:47 1 |
| 112 | | Frydrychowski Przemysław | Kleczew | OSIR Kleczew | 1971 | M40 | | | | 0:45:00 | | | 0:45:00 1 |
| 113 | | Kostka Katarzyna | Trzemeszno | | 1971 | K40 | | 0:46:17 | | | | | 0:46:17 1 |
| 114 | | SZYMAŃSKI DARIUSZ | KLECZEW | OSIR Kleczew | 1967 | M40 | | 0:46:50 | | | | | 0:46:50 1 |
| 115 | | Bąkowski Piotr | Gniezno | Ośła Ławka/Zaparkowani | 1983 | M30 | | | | 0:46:59 | | | 0:46:59 1 |
| 116 | | Frąckowiak Tomasz | Gniezno | PKO Bank Polski | 1974 | M40 | | 0:47:01 | | | | | 0:47:01 1 |
| 117 | | Bednarz Maria | Skórcz | FAT TRZEMESZNO | 1995 | K20 | | | 0:47:08 | | | | 0:47:08 1 |
| 118 | | Senger Michał | Gąsawa | Pałuki Running Team | 1981 | M30 | | | 0:47:26 | | | | 0:47:26 1 |
| 119 | | Bestrzyński Lech | Rodakowo | Człapak Rodaków | 1971 | M40 | | | 0:48:07 | | | | 0:48:07 1 |
| 120 | | Zeidler Adrianna | Gniezno | | 1997 | K16 | | | | 0:48:09 | | | 0:48:09 1 |
| 121 | | TOMASZEWSKI TOMASZ | GNIEZNO | | 1979 | M30 | | 0:48:21 | | | | | 0:48:21 1 |
| 122 | | Mazurek Kacper | Mogilno | | 1995 | M20 | | | 0:49:06 | | | | 0:49:06 1 |
| 123 | | Szymański Dariusz | Kleczew | OSIR Kleczew | 1967 | M40 | | | | 0:49:11 | | | 0:49:11 1 |
| 124 | | Mądry Wojciech | Kamieniec | Sołectwo Kamieniec | 1993 | M20 | | | 0:49:13 | | | | 0:49:13 1 |
| 125 | | Brzewwiński Jacek | Trzemeszno | BOLT Trzemeszno | 1972 | M40 | | 0:49:34 | | | | | 0:49:34 1 |
| 126 | | Małkowicz Maciej | Kołodziejewo | | 1988 | M20 | | | | 0:49:53 | | | 0:49:53 1 |
| 127 | | Łukowski Filip | Żnin | | 1977 | M30 | | | 0:50:37 | | | | 0:50:37 1 |
| 128 | | Szczęsny Wojciech | Oćwieka | Spokół Gąsawa | 1971 | M40 | | | | 0:50:52 | | | 0:50:52 1 |



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|-----|-------------|---------------------|-----------------------|---------------------|-----------|-----|-----|--------------|------------|------------|----------|---------|---------|
| 129 | | Hęś Tomasz | Trzemeszno | BOLT Trzemeszno | 1972 | M40 | | | 0:51:30 | | | 0:51:30 | 1 |
| 130 | | Witkowski Krzysztof | Mogilno | | 1981 | M30 | | | 0:51:30 | | | 0:51:30 | 1 |
| 131 | | Nęduży Jakub | Gniezno | No Excuses Team | 1997 | M16 | | 0:52:48 | | | | 0:52:48 | 1 |
| 132 | | Kapała Alicja | Rawicz | | 1983 | K30 | | | 0:52:54 | | | 0:52:54 | 1 |
| 133 | | Bukowski Krzysztof | Inowrocław | Bezklubowiec | 1966 | M40 | | | 0:53:56 | | | 0:53:56 | 1 |
| 134 | | Wojtaszak Leszek | Świątyniki Wielkie | PRZECZYTAMY.PL | 1961 | M50 | | 0:55:17 | | | | 0:55:17 | 1 |
| 135 | | krajewski adam | żnin | | 1977 | M30 | | | | 0:55:30 | | 0:55:30 | 1 |
| 136 | | GRZELAK ANDRZEJ | Mogilno | | 1986 | M20 | | | | 0:56:09 | | 0:56:09 | 1 |
| 137 | | Kamiński Artur | Świątyniki Wielkie | PRZECZYTAMY.PL | 1971 | M40 | | 0:57:42 | | | | 0:57:42 | 1 |
| 138 | | Grunwald Barbara | Mieleszyn | | 1995 | K20 | | | 0:59:14 | | | 0:59:14 | 1 |
| 139 | | Sypniewska Hanna | Janowiec Wielkopolski | RodzinaPL | 1974 | K40 | | 0:59:18 | | | | 0:59:18 | 1 |
| 140 | | ŁUKOMSKA MONIKA | ŻNIN | Pałuki Running Team | 1979 | K30 | | | | 0:59:41 | | 0:59:41 | 1 |
| 141 | | Rachela Sławek | Gniezno | | 1976 | M30 | | 0:59:57 | | | | 0:59:57 | 1 |
| 142 | | Przybylska Sylwia | Gniezno | | 1977 | K30 | | | | 1:02:46 | | 1:02:46 | 1 |
| 143 | | Siwka Monika | Gniezno | | 1988 | K20 | | | | 1:02:46 | | 1:02:46 | 1 |
| 144 | | DEMBINA KASIA | SUCHY LAS | X | 1986 | K20 | | | 1:03:30 | | | 1:03:30 | 1 |
| 145 | | Łącki Wojciech | Gniezno | Altom Gniezno | 1956 | M50 | | | 1:04:55 | | | 1:04:55 | 1 |
| 146 | | Brzewiński Jacek | Trzemeszno | BOLT Trzemeszno | 1972 | M40 | | | | 1:05:10 | | 1:05:10 | 1 |
| 147 | | Jagodzińska Justyna | Trzemeszno | BOLT Trzemesznp | 1992 | K20 | | | | 1:05:10 | | 1:05:10 | 1 |

Liczba zawodników: 147

