

# VI MARATON KARKONOSKI

## WYNIKI ZAWODÓW

**Organizator:** Fundacja Maraton Karkonoski, Miasto Szklarska Poręba, Miejski Ośrodek Kultury Sportu.

**Termin:** 02.08.2014

**Miejsce:** Szklarska Poręba

**Dystans:**

| Miejsce Rank                         | Nr Bib | Nazwisko i imię Name  | Miejscowość City   | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|--------------------------------------|--------|-----------------------|--------------------|----------|--------------|---------|------------------------|-----------|----------|----------|
| <b>ULTRA Mężczyźni KATEGORIA:M20</b> |        |                       |                    |          |              |         |                        |           |          |          |
| 1                                    | 270    | PAWLISZYN Paweł       | GOSTYŃ K. GAWORZYC | POL      |              | 91      | M20/1 (M)25            | 05:00:56  | 05:00:21 | 06.25    |
| 2                                    | 182    | GAŁOSZ Łukasz         | ZABRZE             | POL      |              | 92      | M20/2 (M)37            | 05:17:59  | 05:16:55 | 06.47    |
| 3                                    | 31     | ŚWIDA Adam            | WROCLAW            | POL      |              | 85      | M20/3 (M)40            | 05:19:38  | 05:18:47 | 06.49    |
| 4                                    | 239    | KORZENIOWSKI Tomasz   | SIEDLCE            | POL      |              | 85      | M20/4 (M)43            | 05:21:00  | 05:20:19 | 06.51    |
| 5                                    | 29     | HOJAN Łukasz          | POZNAŃ             | POL      |              | 85      | M20/5 (M)47            | 05:23:56  | 05:22:53 | 06.54    |
| 6                                    | 542    | SOCZOMSKI Grzegorz    | WROCLAW            | POL      |              | 90      | M20/6 (M)54            | 05:28:59  | 05:27:43 | 07.01    |
| 7                                    | 133    | BAKALARZ Emil         | GUBIN              | POL      |              | 89      | M20/7 (M)62            | 05:32:56  | 05:32:19 | 07.06    |
| 8                                    | 306    | DOMISZEWSKI Ignacy    | USTRZYKI DOLNE     | POL      |              | 90      | M20/8 (M)73            | 05:41:12  | 05:40:40 | 07.17    |
| 9                                    | 162    | ZBOIŃSKI Filip        | BYDGOSZCZ          | POL      |              | 85      | M20/9 (M)86            | 05:46:52  | 05:46:02 | 07.24    |
| 10                                   | 163    | PIECHNIK Stanisław    | POZNAŃ             | POL      |              | 89      | M20/10 (M)119          | 05:59:28  | 05:58:32 | 07.40    |
| 11                                   | 230    | WOŁCZEK Paweł         | LEGNICA            | POL      |              | 85      | M20/11 (M)132          | 06:03:32  | 06:02:30 | 07.45    |
| 12                                   | 89     | WOCH Adam             | KOSZALIN           | POL      |              | 91      | M20/12 (M)134          | 06:04:21  | 06:02:58 | 07.46    |
| 13                                   | 265    | ŁABUZ Sylwester       | DZIERŻONIÓW        | POL      |              | 85      | M20/13 (M)144          | 06:06:35  | 06:05:20 | 07.49    |
| 14                                   | 142    | SALA Łukasz           | JELEŃ GÓRA         | POL      |              | 85      | M20/14 (M)151          | 06:09:01  | 06:08:01 | 07.52    |
| 15                                   | 203    | GOSTKOWSKI Łukasz     | BYTÓW              | POL      |              | 87      | M20/15 (M)153          | 06:09:31  | 06:08:31 | 07.53    |
| 16                                   | 229    | POKOTYCKI Denis       | KOSTRZYN NAD ODRĄ  | POL      |              | 90      | M20/16 (M)159          | 06:11:52  | 06:10:51 | 07.56    |
| 17                                   | 108    | KAZIMIERUK Krzysztof  | POZNAN             | POL      |              | 86      | M20/17 (M)186          | 06:20:11  | 06:19:21 | 08.07    |
| 18                                   | 445    | SALUSZEWSKI Jakub     | JELEŃ GÓRA         | POL      |              | 90      | M20/18 (M)191          | 06:21:10  | 06:19:54 | 08.08    |
| 19                                   | 23     | JĘDRÓS Przemysław     | GLIWICE            | POL      |              | 86      | M20/19 (M)205          | 06:25:08  | 06:24:06 | 08.13    |
| 20                                   | 393    | ŻAK Andrzej           | WROCLAW            | POL      |              | 90      | M20/20 (M)211          | 06:28:30  | 06:27:17 | 08.17    |
| 21                                   | 68     | BERA Emilian          | JAWOR              | POL      |              | 85      | M20/21 (M)233          | 06:35:28  | 06:34:19 | 08.26    |
| 22                                   | 53     | RATAJCZYK Robert      | PIŁA               | POL      |              | 89      | M20/22 (M)235          | 06:36:30  | 06:35:21 | 08.27    |
| 23                                   | 183    | KOŁACZKOWSKI Bartosz  | KRETOMINO          | POL      |              | 92      | M20/23 (M)236          | 06:36:35  | 06:35:10 | 08.27    |
| 24                                   | 227    | KOSMACZEWSKI Mateusz  | GNIEZNO            | POL      |              | 87      | M20/24 (M)259          | 06:43:08  | 06:42:29 | 08.37    |
| 25                                   | 513    | KŁOSOWSKI Wojciech    | RADYMNO            | POL      |              | 85      | M20/25 (M)262          | 06:44:40  | 06:43:29 | 08.38    |
| 26                                   | 107    | IWASZKO Paweł         | DZIERŻONIÓW        | POL      |              | 85      | M20/26 (M)266          | 06:46:35  | 06:45:17 | 08.40    |
| 27                                   | 551    | BANIA Dawid           | STRZEGOM           | POL      |              | 85      | M20/27 (M)283          | 06:57:23  | 06:56:14 | 08.54    |
| 28                                   | 324    | DZIELENDZIAK Patryk   | WROCLAW            | POL      |              | 88      | M20/28 (M)292          | 07:01:59  | 07:01:06 | 09.01    |
| 29                                   | 7      | SUŁKO Grzegorz        | WARSZAWA           | POL      |              | 89      | M20/29 (M)315          | 07:13:40  | 07:12:34 | 09.15    |
| 30                                   | 205    | SARNOCIŃSKI Sebastian | KŁODAWA            | POL      |              | 89      | M20/30 (M)327          | 07:17:45  | 07:16:30 | 09.20    |
| 31                                   | 187    | RUDKOWSKI Michał      | PULAWY             | POL      |              | 88      | M20/31 (M)335          | 07:23:28  | 07:22:19 | 09.28    |
| 32                                   | 494    | ZYWAR Michał          | POZNAŃ             | POL      |              | 85      | M20/32 (M)351          | 07:33:28  | 07:32:19 | 09.41    |
| 33                                   | 199    | JAROSZ Jakub          | SUCHA KOSZALIŃSKA  | POL      |              | 96      | M20/33 (M)363          | 07:41:12  | 07:40:07 | 09.51    |
| 34                                   | 450    | ŻUK Artur             | SZKLARSKA PORĘBA   | POL      |              | 87      | M20/34 (M)367          | 07:44:34  | 07:43:34 | 09.55    |
| 35                                   | 346    | GLÓD Michał           | ELBLĄG             | POL      |              | 85      | M20/35 (M)386          | 07:58:50  | 07:57:58 | 10.14    |

|                                      |     |                   |              |     |  |    |              |          |          |       |
|--------------------------------------|-----|-------------------|--------------|-----|--|----|--------------|----------|----------|-------|
| <b>ULTRA Mężczyźni KATEGORIA:M30</b> |     |                   |              |     |  |    |              |          |          |       |
| 1                                    | 3   | DAWIDZIUK Maciej  | ZŁOTORYJA    | POL |  | 79 | M30/1 (M)1   | 03:52:55 | 03:52:26 | 04.58 |
| 2                                    | 359 | PAWŁOWSKI Marcin  | ZŁOTORYJA    | POL |  | 82 | M30/2 (M)2   | 03:59:04 | 03:58:33 | 05.06 |
| 3                                    | 548 | JOCHYMEK Michał   | BUKÓWKA      | POL |  | 82 | M30/3 (M)4   | 04:16:57 | 04:16:27 | 05.29 |
| 4                                    | 321 | BARANOW Tomasz    | PLATERÓW     | POL |  | 76 | M30/4 (M)9   | 04:40:14 | 04:39:43 | 05.59 |
| 5                                    | 379 | PRETKI Przemysław | ZIELONA GORA | POL |  | 78 | M30/5 (M)10  | 04:40:31 | 04:39:44 | 05.59 |
| 6                                    | 269 | ZŁOTOWSKI Michał  | NYSA         | POL |  | 84 | M30/6 (M)11  | 04:42:04 | 04:41:32 | 06.01 |
| 7                                    | 425 | GIEŁDA Jędrzej    | LEGNICA      | POL |  | 83 | M30/7 (M)13  | 04:47:33 | 04:46:33 | 06.08 |
| 8                                    | 209 | KURCZYK Tomasz    | KOLONOWSKIE  | POL |  | 78 | M30/8 (M)14  | 04:50:37 | 04:49:58 | 06.12 |
| 9                                    | 336 | ŻYLIŃSKI Piotr    | JELEŃ GÓRA   | POL |  | 77 | M30/9 (M)16  | 04:51:20 | 04:50:49 | 06.13 |
| 10                                   | 526 | DUDZIK Robert     | MSZANA DOLNA | POL |  | 84 | M30/10 (M)17 | 04:52:07 | 04:51:18 | 06.14 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>Netto</b> | <b>[min/km]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|--------------|-----------------|
| 11                  | 478           | DETLAFF Mariusz             | WILCZA GÓRA             | POL             |                     | 83             | M30/11 (M)18                  | 04:52:26         | 04:51:40     | 06.14           |
| 12                  | 332           | ŁYJAK Błażej                | WROCLAW                 | POL             |                     | 79             | M30/12 (M)19                  | 04:52:34         | 04:51:57     | 06.15           |
| 13                  | 152           | RYCYK Grzegorz              | KRASNOSTAW              | POL             |                     | 75             | M30/13 (M)22                  | 04:56:47         | 04:55:52     | 06.20           |
| 14                  | 132           | WICHLACZ Paweł              | POZNAŃ                  | POL             |                     | 83             | M30/14 (M)24                  | 04:59:21         | 04:58:03     | 06.22           |
| 15                  | 16            | PAWLOWSKI Tomasz            | DOBRYCA                 | POL             |                     | 79             | M30/15 (M)26                  | 05:03:19         | 05:02:46     | 06.28           |
| 16                  | 401           | KOBIERSKI Piotr             | WARSZAWA                | POL             |                     | 77             | M30/16 (M)27                  | 05:03:24         | 05:02:43     | 06.28           |
| 17                  | 380           | JEŻEWSKI Krzysztof          | JELENIA GÓRA            | POL             |                     | 81             | M30/17 (M)29                  | 05:06:25         | 05:05:50     | 06.32           |
| 18                  | 480           | DYBALSKI Mariusz            | BELCHATÓW               | POL             |                     | 83             | M30/18 (M)30                  | 05:08:24         | 05:07:47     | 06.35           |
| 19                  | 118           | POGOCKI Seweryn             | ZELÓW                   | POL             |                     | 79             | M30/19 (M)32                  | 05:13:20         | 05:12:46     | 06.41           |
| 20                  | 392           | MIĘKUS Hubert               | WARSZAWA                | POL             |                     | 75             | M30/20 (M)33                  | 05:14:37         | 05:13:55     | 06.43           |
| 21                  | 137           | WAJEROWSKI Krzysztof        | OLEŚNICA                | POL             |                     | 79             | M30/21 (M)36                  | 05:17:04         | 05:16:21     | 06.46           |
| 22                  | 47            | POLAŃSKI Mariusz            | ZŁOTORYJA               | POL             |                     | 75             | M30/22 (M)38                  | 05:18:41         | 05:18:00     | 06.48           |
| 23                  | 169           | KRASULAK Daniel             | WROCLAW                 | POL             |                     | 81             | M30/23 (M)39                  | 05:19:12         | 05:18:39     | 06.49           |
| 24                  | 224           | PERKOWSKI Piotr             | KAMPINOS                | POL             |                     | 79             | M30/24 (M)42                  | 05:20:25         | 05:19:20     | 06.50           |
| 25                  | 39            | BATRANIEC Tomasz            | LEGNICA                 | POL             |                     | 82             | M30/25 (M)44                  | 05:21:06         | 05:20:09     | 06.51           |
| 26                  | 173           | SZYMAŃSKI Arkadiusz         | RADOM                   | POL             |                     | 77             | M30/26 (M)46                  | 05:23:32         | 05:22:30     | 06.54           |
| 27                  | 333           | CHOŁOTA Marek               | ŻORY                    | POL             |                     | 79             | M30/27 (M)48                  | 05:24:11         | 05:23:26     | 06.55           |
| 28                  | 69            | ŁUBIAN Michał               | GARWOLIN                | POL             |                     | 75             | M30/28 (M)50                  | 05:24:50         | 05:24:08     | 06.56           |
| 29                  | 303           | OSTAPSKI Kamil              | WROCLAW                 | POL             |                     | 82             | M30/29 (M)52                  | 05:26:10         | 05:25:11     | 06.57           |
| 30                  | 21            | DURMAJ Bartłomiej           | WROCLAW                 | POL             |                     | 84             | M30/30 (M)56                  | 05:29:27         | 05:28:18     | 07.01           |
| 31                  | 124           | NOWAKOWSKI Marcin           | WROCLAW                 | POL             |                     | 83             | M30/31 (M)60                  | 05:30:42         | 05:29:27     | 07.03           |
| 32                  | 521           | KLÍMA Štěpán                | KONIN                   | POL             |                     | 77             | M30/32 (M)61                  | 05:32:31         | 05:31:53     | 07.06           |
| 33                  | 557           | LANG Aleksander             | WARSZAWA                | POL             |                     | 75             | M30/33 (M)64                  | 05:33:51         | 05:33:09     | 07.08           |
| 34                  | 529           | KOLASA Filip                | LESZNO                  | POL             |                     | 79             | M30/34 (M)66                  | 05:35:27         | 05:34:16     | 07.09           |
| 35                  | 361           | TRELA Bartłomiej            | ZGŁOBICE                | POL             |                     | 81             | M30/35 (M)68                  | 05:35:54         | 05:35:05     | 07.10           |
| 36                  | 298           | DĄBROWSKI Marcin            | GDAŃSK                  | POL             |                     | 79             | M30/36 (M)70                  | 05:37:49         | 05:36:54     | 07.12           |
| 37                  | 343           | ADAMCZUK Mariusz            | SOPOT                   | POL             |                     | 80             | M30/37 (M)72                  | 05:40:21         | 05:39:29     | 07.16           |
| 38                  | 106           | FULAWKA Łukasz              | JAWOR                   | POL             |                     | 80             | M30/38 (M)74                  | 05:42:18         | 05:41:16     | 07.18           |
| 39                  | 347           | SKORUPINSKI Piotr           | POZNAŃ                  | POL             |                     | 83             | M30/39 (M)75                  | 05:42:43         | 05:41:49     | 07.19           |
| 40                  | 87            | KUBICA Piotr                | ZŁOTORYJA               | POL             |                     | 81             | M30/40 (M)76                  | 05:42:54         | 05:41:42     | 07.19           |
| 41                  | 364           | WOJCIECHOWICZ Jacek         | KOSZALIN                | POL             |                     | 78             | M30/41 (M)79                  | 05:44:05         | 05:43:01     | 07.20           |
| 42                  | 422           | MAJER Piotr                 | POZNAŃ                  | POL             |                     | 78             | M30/42 (M)81                  | 05:44:31         | 05:43:21     | 07.21           |
| 43                  | 98            | PRZYBYŁEK Michał            | WARSZAWA                | POL             |                     | 83             | M30/43 (M)84                  | 05:46:15         | 05:44:18     | 07.22           |
| 44                  | 261           | STANISZCZAK Tomasz          | PRZYBYSZEWO             | POL             |                     | 83             | M30/44 (M)85                  | 05:46:40         | 05:45:42     | 07.24           |
| 45                  | 532           | NIEDZIELSKI Robert          | KRAKÓW                  | POL             |                     | 77             | M30/45 (M)89                  | 05:49:02         | 05:48:16     | 07.27           |
| 46                  | 300           | NIEDZIELSKI Dariusz         | POZNAŃ                  | POL             |                     | 80             | M30/46 (M)91                  | 05:51:29         | 05:50:19     | 07.30           |
| 47                  | 65            | JARZĘBOWICZ Adam            | KATOWICE                | POL             |                     | 75             | M30/47 (M)93                  | 05:52:31         | 05:51:44     | 07.31           |
| 48                  | 377           | ŁOJEWSKI Maciej             | JULIANÓW                | POL             |                     | 81             | M30/48 (M)94                  | 05:52:44         | 05:51:58     | 07.32           |
| 49                  | 251           | ZALEWSKI Dariusz            | GDYNIA                  | POL             |                     | 76             | M30/49 (M)97                  | 05:54:22         | 05:53:07     | 07.33           |
| 50                  | 114           | KONFEDERAK Tomasz           | ZAWADZKIE               | POL             |                     | 75             | M30/50 (M)98                  | 05:54:37         | 05:53:53     | 07.34           |
| 51                  | 372           | PIKULA Radomir              | ZIELONA GÓRA            | POL             |                     | 83             | M30/51 (M)100                 | 05:55:32         | 05:54:40     | 07.35           |
| 52                  | 527           | MAŁEK Łukasz                | WARSZAWA                | POL             |                     | 80             | M30/52 (M)101                 | 05:56:11         | 05:55:16     | 07.36           |
| 53                  | 273           | WOJNAROWSKI Paweł           | ŁOCHOWO                 | POL             |                     | 82             | M30/53 (M)102                 | 05:56:27         | 05:55:39     | 07.36           |
| 54                  | 315           | WAJDA Robert                | OPOLE                   | POL             |                     | 76             | M30/54 (M)104                 | 05:57:12         | 05:56:18     | 07.37           |
| 55                  | 116           | JAROSZYŃSKI Piotr           | LUBIN                   | POL             |                     | 82             | M30/55 (M)105                 | 05:57:27         | 05:56:35     | 07.38           |
| 56                  | 35            | MEDEJSZO Mariusz            | NOWA SÓL                | POL             |                     | 75             | M30/56 (M)108                 | 05:57:31         | 05:56:38     | 07.38           |
| 57                  | 189           | SOPOTNICKI Wojciech         | KUNICE                  | POL             |                     | 77             | M30/57 (M)109                 | 05:57:42         | 05:56:34     | 07.38           |
| 58                  | 225           | WIECZOREK Lucjan            | CHORZÓW                 | POL             |                     | 79             | M30/58 (M)110                 | 05:58:19         | 05:57:41     | 07.39           |
| 59                  | 329           | DOŁOSZYŃSKI Tomasz          | BOLKÓW                  | POL             |                     | 78             | M30/59 (M)111                 | 05:58:34         | 05:57:22     | 07.39           |
| 60                  | 126           | ZIENIEWICZ Wojciech         | WROCLAW                 | POL             |                     | 75             | M30/60 (M)113                 | 05:58:48         | 05:58:05     | 07.40           |
| 61                  | 198           | MIS Waldemar                | GDAŃSK                  | POL             |                     | 76             | M30/61 (M)114                 | 05:59:08         | 05:58:18     | 07.40           |
| 62                  | 299           | SKAŁECKI Przemysław         | GORZÓW WLKP.            | POL             |                     | 83             | M30/62 (M)117                 | 05:59:23         | 05:58:15     | 07.40           |
| 63                  | 545           | NIKODON Paweł               | WROCLAW                 | POL             |                     | 78             | M30/63 (M)120                 | 06:00:18         | 05:59:28     | 07.41           |
| 64                  | 489           | WOLBACH Tomasz              | POZNAŃ                  | POL             |                     | 82             | M30/64 (M)121                 | 06:00:46         | 05:59:29     | 07.41           |
| 65                  | 143           | HŁADKI Sławomir             | GORZÓW WLKP.            | POL             |                     | 81             | M30/65 (M)122                 | 06:00:52         | 05:59:45     | 07.42           |
| 66                  | 368           | TESZKA Leszek               | SZCZECIN                | POL             |                     | 81             | M30/66 (M)124                 | 06:01:14         | 06:00:24     | 07.43           |
| 67                  | 188           | JÓZWIAK Krzysztof           | SIEDLCE                 | POL             |                     | 77             | M30/67 (M)127                 | 06:01:41         | 06:01:01     | 07.43           |
| 68                  | 237           | SIKORA Maciej               | WARSZAWA                | POL             |                     | 81             | M30/68 (M)128                 | 06:01:51         | 05:59:55     | 07.42           |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|--------------|--------|------------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|----------|
| 69           | 295    | PODWIKA Marcin         | LUSOWO           | POL      |              | 76      | M30/69 (M)129          | 06:02:26  | 06:01:26 | 07.44    |
| 70           | 181    | BRONOWICKI Jarek       | LESZNO           | POL      |              | 76      | M30/70 (M)130          | 06:03:17  | 06:02:02 | 07.45    |
| 71           | 43     | JANKOWSKI Dariusz      | WROCLAW          | POL      |              | 84      | M30/71 (M)131          | 06:03:20  | 06:02:38 | 07.45    |
| 72           | 338    | OBIDOWSKI Łukasz       | POZNAŃ           | POL      |              | 83      | M30/72 (M)133          | 06:03:56  | 06:02:48 | 07.46    |
| 73           | 546    | MIESZKIAN Krystian     | NOWY DWÓR MAZ.   | POL      |              | 79      | M30/73 (M)135          | 06:04:27  | 06:03:45 | 07.47    |
| 74           | 113    | KOZIOLEK Marcin        | WOLSZTYN         | POL      |              | 75      | M30/74 (M)137          | 06:04:52  | 06:04:10 | 07.47    |
| 75           | 420    | WZIĘTEK Adam           | WRONKI           | POL      |              | 83      | M30/75 (M)138          | 06:04:54  | 06:03:38 | 07.47    |
| 76           | 293    | FOC Grzegorz           | ZALASEWO         | POL      |              | 76      | M30/76 (M)139          | 06:05:10  | 06:04:11 | 07.47    |
| 77           | 544    | POPRAWSKI Paweł        | WŁOSZAKOWICE     | POL      |              | 84      | M30/77 (M)140          | 06:05:24  | 06:04:20 | 07.48    |
| 78           | 285    | GARGUL Leszek          | BORNE SULINOWO   | POL      |              | 83      | M30/78 (M)157          | 06:11:42  | 06:10:32 | 07.56    |
| 79           | 82     | URBAN Daniel           | DOBRYKOWICE      | POL      |              | 77      | M30/79 (M)158          | 06:11:47  | 06:11:04 | 07.56    |
| 80           | 350    | MOCZULSKI Marcin       | WARSZAWA         | POL      |              | 75      | M30/80 (M)160          | 06:12:13  | 06:11:18 | 07.57    |
| 81           | 378    | MYRCIK Rafał           | PRUSZCZ GDĄSKI   | POL      |              | 76      | M30/81 (M)162          | 06:12:36  | 06:11:38 | 07.57    |
| 82           | 291    | NIEDŹWIECKI Mateusz    | POZNAŃ           | POL      |              | 82      | M30/82 (M)163          | 06:12:57  | 06:11:55 | 07.57    |
| 83           | 486    | KUCHTA Marcin          | ŚWIECIE          | POL      |              | 80      | M30/83 (M)167          | 06:14:27  | 06:13:35 | 07.59    |
| 84           | 541    | DOMINO Krystian        | GŁOGÓW           | POL      |              | 75      | M30/84 (M)169          | 06:15:09  | 06:14:16 | 08.00    |
| 85           | 492    | WAWRZYN Tomasz         | OLSZTYN          | POL      |              | 77      | M30/85 (M)172          | 06:16:51  | 06:15:42 | 08.02    |
| 86           | 83     | DZIEDZIC Artur         | WAŁBRZYCH        | POL      |              | 78      | M30/86 (M)173          | 06:16:53  | 06:16:05 | 08.03    |
| 87           | 470    | CZERWIŃSKI Łukasz      | TARNOWO PODGORNE | POL      |              | 81      | M30/87 (M)176          | 06:17:30  | 06:16:37 | 08.03    |
| 88           | 92     | WESOLEK Marek          | WROCLAW          | POL      |              | 80      | M30/88 (M)178          | 06:17:58  | 06:17:12 | 08.04    |
| 89           | 217    | SOBIERSKI Wojciech     | WROCLAW          | POL      |              | 78      | M30/89 (M)179          | 06:18:25  | 06:17:23 | 08.04    |
| 90           | 326    | PELICHOWSKI Damian     | PILA             | POL      |              | 82      | M30/90 (M)180          | 06:18:50  | 06:17:50 | 08.05    |
| 91           | 436    | KOPYCKI Bartosz        | POZNAŃ           | POL      |              | 83      | M30/91 (M)181          | 06:19:08  | 06:18:12 | 08.05    |
| 92           | 194    | ROGÓRZ Andrzej         | WROCLAW          | POL      |              | 79      | M30/92 (M)185          | 06:20:04  | 06:19:08 | 08.07    |
| 93           | 556    | GRZYB Sławomir         | WROCLAW          | POL      |              | 81      | M30/93 (M)187          | 06:20:44  | 06:19:27 | 08.07    |
| 94           | 407    | PLUKARSKI Patryk       | WROCLAW          | POL      |              | 82      | M30/94 (M)188          | 06:20:44  | 06:19:26 | 08.07    |
| 95           | 397    | KRZYŻANOWSKI Marcin    | WYSOKA           | POL      |              | 78      | M30/95 (M)190          | 06:21:08  | 06:20:04 | 08.08    |
| 96           | 257    | BUCZYŃSKI Marek        | JASIEŃ           | POL      |              | 76      | M30/96 (M)192          | 06:21:10  | 06:20:05 | 08.08    |
| 97           | 419    | DOMSKI Marcin          | POZNAŃ           | POL      |              | 77      | M30/97 (M)193          | 06:21:32  | 06:20:19 | 08.08    |
| 98           | 5      | ŁAKOMY Rafał           | MALBORK          | POL      |              | 81      | M30/98 (M)195          | 06:22:19  | 06:21:08 | 08.09    |
| 99           | 508    | ZIMNIAK Łukasz         | OLEŚNICA         | POL      |              | 81      | M30/99 (M)199          | 06:23:14  | 06:22:39 | 08.11    |
| 100          | 267    | JURECZYK Łukasz        | TORUŃ            | POL      |              | 83      | M30/100 (M)200         | 06:23:18  | 06:22:23 | 08.11    |
| 101          | 76     | KAMIŃSKI Michał        | WARSZAWA         | POL      |              | 81      | M30/101 (M)201         | 06:24:26  | 06:23:17 | 08.12    |
| 102          | 325    | DOBROWOLSKI Bartłomiej | BYDGOSZCZ        | POL      |              | 79      | M30/102 (M)203         | 06:24:39  | 06:23:27 | 08.12    |
| 103          | 9      | KRUCZKIEWICZ Mateusz   | WROCLAW          | POL      |              | 79      | M30/103 (M)206         | 06:25:27  | 06:24:20 | 08.13    |
| 104          | 446    | PILECKI Maciej         | WROCLAW          | POL      |              | 77      | M30/104 (M)207         | 06:26:00  | 06:24:51 | 08.14    |
| 105          | 172    | ŚWIDEREK Marcin        | SKIERNIEWICE     | POL      |              | 77      | M30/105 (M)209         | 06:27:17  | 06:26:23 | 08.16    |
| 106          | 153    | WIŚNIEWSKI Artur       | POZNAŃ           | POL      |              | 75      | M30/106 (M)210         | 06:27:26  | 06:26:35 | 08.16    |
| 107          | 102    | KACZANOWSKI Marcin     | LUBIN            | POL      |              | 76      | M30/107 (M)213         | 06:29:17  | 06:28:26 | 08.19    |
| 108          | 308    | GÓRNY Tomasz           | ŚWIĘCIECHOWA     | POL      |              | 82      | M30/108 (M)214         | 06:29:39  | 06:28:24 | 08.19    |
| 109          | 222    | BRZOSTOWSKI Tomasz     | POZNAN           | POL      |              | 79      | M30/109 (M)215         | 06:29:44  | 06:28:30 | 08.19    |
| 110          | 165    | MYSLEK Tomasz          | JELENIA GÓRA     | POL      |              | 78      | M30/110 (M)219         | 06:31:44  | 06:31:12 | 08.22    |
| 111          | 111    | ŚLIWIŃSKI Grzegorz     | PRZESIEKA        | POL      |              | 80      | M30/111 (M)220         | 06:31:44  | 06:31:10 | 08.22    |
| 112          | 37     | SULEJ Kamil            | KARPACZ          | POL      |              | 83      | M30/112 (M)222         | 06:32:13  | 06:31:14 | 08.22    |
| 113          | 17     | KUCHARSKI Michał       | LUBOŃ            | POL      |              | 81      | M30/113 (M)223         | 06:32:31  | 06:31:27 | 08.22    |
| 114          | 110    | MIKUŚ Marcin           | WROCLAW          | POL      |              | 81      | M30/114 (M)224         | 06:32:42  | 06:31:41 | 08.23    |
| 115          | 70     | BERG Dariusz           | GNIEZNO          | POL      |              | 77      | M30/115 (M)228         | 06:33:06  | 06:32:28 | 08.24    |
| 116          | 77     | MAĆKOWSKI Tomasz       | SWARZĘDZ         | POL      |              | 82      | M30/116 (M)234         | 06:36:00  | 06:34:50 | 08.27    |
| 117          | 283    | KORZENIOWSKI Michał    | WARSZAWA         | POL      |              | 80      | M30/117 (M)237         | 06:37:31  | 06:36:51 | 08.29    |
| 118          | 558    | KOMIŃSKI Robert        | WARSZAWA         | POL      |              | 76      | M30/118 (M)243         | 06:38:53  | 06:37:47 | 08.31    |
| 119          | 190    | OLSZEWSKI Tomasz       | MOSINA           | POL      |              | 79      | M30/119 (M)244         | 06:39:09  | 06:38:02 | 08.31    |
| 120          | 254    | SZYMCZAK Maciej        | GORZÓW WLKP      | POL      |              | 79      | M30/120 (M)246         | 06:40:14  | 06:39:10 | 08.32    |
| 121          | 314    | ILASZ Stanisław        | POZNAŃ           | POL      |              | 76      | M30/121 (M)248         | 06:40:19  | 06:39:16 | 08.32    |
| 122          | 497    | IGNASZEWSKI Przemysław | ŚREM             | POL      |              | 77      | M30/122 (M)252         | 06:40:44  | 06:39:38 | 08.33    |
| 123          | 406    | FRANKIEWICZ Maciej     | MALBORK          | POL      |              | 77      | M30/123 (M)253         | 06:40:50  | 06:39:43 | 08.33    |
| 124          | 474    | EWIAK Grzegorz         | WARSZAWA         | POL      |              | 77      | M30/124 (M)254         | 06:41:46  | 06:41:01 | 08.35    |
| 125          | 444    | POLUS Tomasz           | GNIEZNO          | POL      |              | 75      | M30/125 (M)260         | 06:43:10  | 06:42:32 | 08.37    |
| 126          | 138    | STACHOWIAK Bartosz     | LUBOŃ            | POL      |              | 82      | M30/126 (M)261         | 06:43:41  | 06:42:38 | 08.37    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City  | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|--------------|--------|------------------------|-------------------|----------|--------------|---------|------------------------|-----------|----------|----------|
| 127          | 354    | MELIŃSKI Marek         | WROCLAW           | POL      |              | 84      | M30/127 (M)265         | 06:46:35  | 06:45:17 | 08.40    |
| 128          | 335    | ZIELIŃSKI Robert       | LUBOŃ             | POL      |              | 78      | M30/128 (M)267         | 06:47:44  | 06:46:31 | 08.42    |
| 129          | 147    | PARA Jakub             | LESZNO            | POL      |              | 79      | M30/129 (M)268         | 06:48:25  | 06:47:13 | 08.43    |
| 130          | 134    | ZASINA Sebastian       | PRUSZKÓW          | POL      |              | 82      | M30/130 (M)270         | 06:49:22  | 06:48:32 | 08.44    |
| 131          | 88     | LATAROWSKI Grzegorz    | LWÓWEK ŚLĄSKI     | POL      |              | 82      | M30/131 (M)271         | 06:49:22  | 06:48:31 | 08.44    |
| 132          | 215    | WÓJCIK Robert          | WARSZAWA          | POL      |              | 75      | M30/132 (M)273         | 06:50:03  | 06:48:58 | 08.45    |
| 133          | 476    | MŁODOŻENIEC Mirosław   | SOBÓTKA           | POL      |              | 80      | M30/133 (M)276         | 06:52:37  | 06:51:22 | 08.48    |
| 134          | 442    | BRONISZEWSKI Jakub     | ZĄBKI             | POL      |              | 75      | M30/134 (M)278         | 06:52:59  | 06:51:42 | 08.48    |
| 135          | 334    | RATAJCZAK Marek        | SWARZĘDZ          | POL      |              | 75      | M30/135 (M)279         | 06:54:00  | 06:53:03 | 08.50    |
| 136          | 255    | JAWORSKI Przemysław    | SMOLEC            | POL      |              | 79      | M30/136 (M)281         | 06:57:02  | 06:56:02 | 08.54    |
| 137          | 349    | KIEŁBASA Paweł         | STRZEGOM          | POL      |              | 78      | M30/137 (M)291         | 07:01:54  | 07:00:39 | 09.00    |
| 138          | 331    | PAWŁOWSKI Wojciech     | KRASNYSTAW        | POL      |              | 76      | M30/138 (M)294         | 07:02:29  | 07:01:31 | 09.01    |
| 139          | 192    | STARZYŃSKI Tomek       | KAZIMIERZA WIELKA | POL      |              | 80      | M30/139 (M)296         | 07:03:21  | 07:02:17 | 09.02    |
| 140          | 129    | MRÓZ Marcin            | SWARZĘDZ          | POL      |              | 78      | M30/140 (M)298         | 07:05:13  | 07:04:17 | 09.05    |
| 141          | 538    | LATANOWICZ Bernard     | POZNAŃ            | POL      |              | 84      | M30/141 (M)302         | 07:05:39  | 07:04:33 | 09.05    |
| 142          | 559    | CZAPSKI- PRUSZAK Piotr | TCZEW             | POL      |              | 78      | M30/142 (M)304         | 07:06:48  | 07:05:45 | 09.07    |
| 143          | 63     | LEWANDOWSKI Wojciech   | WROCLAW           | POL      |              | 76      | M30/143 (M)306         | 07:06:57  | 07:06:01 | 09.07    |
| 144          | 177    | ZABEL Robert           | POZNAŃ            | POL      |              | 77      | M30/144 (M)307         | 07:07:57  | 07:06:31 | 09.08    |
| 145          | 339    | WACŁAWSKI Janusz       | GRUDZIĄDZ         | POL      |              | 82      | M30/145 (M)312         | 07:13:19  | 07:12:05 | 09.15    |
| 146          | 84     | KULKA Jacek            | JELENIA GÓRA      | POL      |              | 82      | M30/146 (M)314         | 07:13:33  | 07:12:46 | 09.16    |
| 147          | 391    | POSŁUSZNY Paweł        | WROCLAW           | POL      |              | 79      | M30/147 (M)318         | 07:14:28  | 07:12:59 | 09.16    |
| 148          | 512    | WYCZAWSKI Tomasz       | WARSZAWA          | POL      |              | 78      | M30/148 (M)324         | 07:16:24  | 07:15:17 | 09.19    |
| 149          | 115    | LATAŃSKI Michał        | KALISZ            | POL      |              | 77      | M30/149 (M)328         | 07:18:41  | 07:17:56 | 09.22    |
| 150          | 246    | GÓRNY Dawid            | WRONKI            | POL      |              | 84      | M30/150 (M)329         | 07:19:03  | 07:17:46 | 09.22    |
| 151          | 214    | DRAGAN Mateusz         | BOGATYNIA         | POL      |              | 79      | M30/151 (M)332         | 07:21:19  | 07:20:21 | 09.25    |
| 152          | 141    | ŁACHETA Krzysztof      | LUBIN             | POL      |              | 82      | M30/152 (M)334         | 07:22:38  | 07:21:43 | 09.27    |
| 153          | 223    | CHRAPLAK Karol         | LESZNO            | POL      |              | 76      | M30/153 (M)342         | 07:26:32  | 07:25:18 | 09.32    |
| 154          | 441    | KANTYKA Tomasz         | OŚWIĘCIM          | POL      |              | 75      | M30/154 (M)348         | 07:30:43  | 07:29:21 | 09.37    |
| 155          | 400    | OLEJNICZAK Paweł       | ŁĄGÓW             | POL      |              | 76      | M30/155 (M)350         | 07:33:08  | 07:31:50 | 09.40    |
| 156          | 543    | ZAREWICZ Konrad        | DĄBRÓWKA          | POL      |              | 82      | M30/156 (M)355         | 07:35:13  | 07:33:52 | 09.43    |
| 157          | 360    | MAŁKOWSKI Krzysztof    | POZNAŃ            | POL      |              | 77      | M30/157 (M)360         | 07:36:43  | 07:35:22 | 09.45    |
| 158          | 408    | ŁAGOWSKI Przemysław    | STRZELIN          | POL      |              | 84      | M30/158 (M)383         | 07:54:48  | 07:53:30 | 10.08    |

### ULTRA Mężczyźni KATEGORIA:M40

|    |     |                      |                  |     |  |    |              |          |          |       |
|----|-----|----------------------|------------------|-----|--|----|--------------|----------|----------|-------|
| 1  | 1   | FARON Robert         | ZALESIE          | POL |  | 74 | M40/1 (M)3   | 04:16:35 | 04:16:03 | 05.28 |
| 2  | 157 | SAWICKI Piotr        | WARSZAWA         | POL |  | 74 | M40/2 (M)5   | 04:27:50 | 04:27:18 | 05.43 |
| 3  | 259 | ORCHOLSKI Witold     | TORUŃ            | POL |  | 71 | M40/3 (M)6   | 04:36:53 | 04:36:11 | 05.54 |
| 4  | 356 | KURIATA Robert       | ZŁOTORYJA        | POL |  | 66 | M40/4 (M)7   | 04:37:25 | 04:36:44 | 05.55 |
| 5  | 516 | HERRMANN Matthias    | BAUTZEN          | GER |  | 73 | M40/5 (M)12  | 04:44:46 | 04:44:09 | 06.05 |
| 6  | 185 | KALITA Arkadiusz     | JAWORZE          | POL |  | 73 | M40/6 (M)15  | 04:51:00 | 04:50:23 | 06.13 |
| 7  | 410 | PROMIRSKI Norbert    | WROCLAW          | POL |  | 71 | M40/7 (M)20  | 04:52:49 | 04:52:08 | 06.15 |
| 8  | 160 | SZCZEPAŃSKI Andrzej  | ZIELONA GÓRA     | POL |  | 73 | M40/8 (M)23  | 04:58:37 | 04:57:51 | 06.22 |
| 9  | 196 | CIECIERA Paweł       | WARSZAWA         | POL |  | 72 | M40/9 (M)28  | 05:04:07 | 05:02:58 | 06.29 |
| 10 | 296 | SKROK Dariusz        | NAMYSŁÓW         | POL |  | 73 | M40/10 (M)31 | 05:11:43 | 05:11:01 | 06.39 |
| 11 | 56  | DERDA Robert         | SZCZECIN         | POL |  | 72 | M40/11 (M)34 | 05:16:06 | 05:15:28 | 06.45 |
| 12 | 45  | ŁUCZKIEWICZ Jarosław | OŁAWA            | POL |  | 72 | M40/12 (M)35 | 05:17:04 | 05:16:24 | 06.46 |
| 13 | 549 | PAPROCKI Krzysztof   | POLKOWICE        | POL |  | 73 | M40/13 (M)45 | 05:22:22 | 05:21:27 | 06.53 |
| 14 | 316 | SZTURO Jan           | PODGÓRZYN        | POL |  | 67 | M40/14 (M)51 | 05:25:19 | 05:24:36 | 06.57 |
| 15 | 547 | KITLAS Dariusz       | WASILKÓW         | POL |  | 72 | M40/15 (M)55 | 05:29:14 | 05:28:41 | 07.02 |
| 16 | 276 | PALIŃSKI Piotr       | SZKLARSKA PORĘBA | POL |  | 65 | M40/16 (M)57 | 05:29:42 | 05:29:01 | 07.02 |
| 17 | 274 | PROZOROWSKI Wiesław  | LESZNO           | POL |  | 68 | M40/17 (M)58 | 05:29:48 | 05:28:44 | 07.02 |
| 18 | 72  | BARAN Jarosław       | WROCLAW          | POL |  | 74 | M40/18 (M)59 | 05:30:09 | 05:29:00 | 07.02 |
| 19 | 256 | CZECHOLIŃSKI Piotr   | LESZNO           | POL |  | 68 | M40/19 (M)65 | 05:35:06 | 05:33:55 | 07.09 |
| 20 | 395 | SIKORA Michał        | ŻELOWICE         | POL |  | 69 | M40/20 (M)69 | 05:37:48 | 05:36:45 | 07.12 |
| 21 | 511 | KRUPA Grzegorz       | SOBÓTKA          | POL |  | 73 | M40/21 (M)71 | 05:37:56 | 05:36:55 | 07.12 |
| 22 | 27  | KOWALSKI Grzegorz    | PIASECZNO        | POL |  | 67 | M40/22 (M)77 | 05:43:42 | 05:42:46 | 07.20 |
| 23 | 4   | DYGDÓŃ Przemysław    | WARSZAWA         | POL |  | 74 | M40/23 (M)78 | 05:43:47 | 05:42:59 | 07.20 |
| 24 | 55  | BŁĘDOWSKI Jakub      | WOLA RĘBKOWSKA   | POL |  | 73 | M40/24 (M)80 | 05:44:18 | 05:43:38 | 07.21 |
| 25 | 550 | SULIMA Grzegorz      | STRZEGOM         | POL |  | 67 | M40/25 (M)83 | 05:45:10 | 05:44:24 | 07.22 |



| <i>Miejsce Rank</i> | <i>Nr Bib</i> | <i>Nazwisko i imię Name</i> | <i>Miejscowość City</i> | <i>Kraj Nat</i> | <i>Drużyna Team</i> | <i>R-k YoB</i> | <i>W kategorii in Age Sex</i> | <i>Czas Time</i> | <i>Netto</i> | <i>[min/km]</i> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------|----------------|-------------------------------|------------------|--------------|-----------------|
| 26                  | 376           | MICHALIK Jarosław           | SZKLARSKA PORĘBA        | POL             |                     | 66             | M40/26 (M)87                  | 05:48:04         | 05:47:12     | 07.26           |
| 27                  | 58            | KUSIAK Piotr                | KIELCE                  | POL             |                     | 65             | M40/27 (M)88                  | 05:48:45         | 05:47:49     | 07.26           |
| 28                  | 479           | JĄSKOWIAK Maciej            | GRODZISK WLKP.          | POL             |                     | 74             | M40/28 (M)90                  | 05:49:21         | 05:48:26     | 07.27           |
| 29                  | 94            | SŁOBODZIAN Jerzy            | DZIERŻONIÓW             | POL             |                     | 66             | M40/29 (M)92                  | 05:52:13         | 05:51:34     | 07.31           |
| 30                  | 144           | NIEZGÓDKA Tomasz            | WROCLAW                 | POL             |                     | 70             | M40/30 (M)95                  | 05:52:52         | 05:51:50     | 07.32           |
| 31                  | 309           | CZECHOROWSKI Ryszard piotr  | SZKLARSKA PORĘBA        | POL             |                     | 72             | M40/31 (M)96                  | 05:53:14         | 05:52:35     | 07.33           |
| 32                  | 50            | RAZIK Jacek                 | HERBY                   | POL             |                     | 68             | M40/32 (M)106                 | 05:57:27         | 05:56:30     | 07.38           |
| 33                  | 560           | WÓJCIK Artur                | SZKLARSKA PORĘBA        | POL             |                     | 70             | M40/33 (M)115                 | 05:59:15         | 05:58:22     | 07.40           |
| 34                  | 79            | KRAWCZYK Krzysztof          | RAKONIEWICE             | POL             |                     | 68             | M40/34 (M)118                 | 05:59:24         | 05:58:30     | 07.40           |
| 35                  | 506           | MENZEL Stanisław            | ŚREM                    | POL             |                     | 65             | M40/35 (M)123                 | 06:01:00         | 06:00:04     | 07.42           |
| 36                  | 499           | PIASECKI Michał             | WARSZAWA                | POL             |                     | 74             | M40/36 (M)125                 | 06:01:18         | 06:00:29     | 07.43           |
| 37                  | 218           | SŁOMOWICZ Bartosz           | GNIEZNO                 | POL             |                     | 73             | M40/37 (M)126                 | 06:01:29         | 06:00:47     | 07.43           |
| 38                  | 195           | GAŚSIOROWSKI Olek           | ZIELONA GÓRA            | POL             |                     | 74             | M40/38 (M)141                 | 06:05:42         | 06:04:45     | 07.48           |
| 39                  | 468           | WYSTĘPSKI Janusz            | GNIEZNO                 | POL             |                     | 72             | M40/39 (M)143                 | 06:06:18         | 06:05:02     | 07.48           |
| 40                  | 301           | ANTONIAK Paweł              | WROCLAW                 | POL             |                     | 72             | M40/40 (M)146                 | 06:07:05         | 06:06:06     | 07.50           |
| 41                  | 213           | DOMINIAK Dariusz            | ŚWIEBODZIN              | POL             |                     | 71             | M40/41 (M)147                 | 06:07:07         | 06:06:21     | 07.50           |
| 42                  | 278           | MAJEWSKI Bartłomiej         | MROWINO                 | POL             |                     | 74             | M40/42 (M)149                 | 06:08:52         | 06:07:32     | 07.52           |
| 43                  | 365           | CZUBAK Wawrzyniec           | KOSTRZYŃ                | POL             |                     | 74             | M40/43 (M)150                 | 06:08:53         | 06:07:32     | 07.52           |
| 44                  | 100           | MATUSZEWSKI Marek           | ŚREM                    | POL             |                     | 72             | M40/44 (M)152                 | 06:09:09         | 06:08:11     | 07.53           |
| 45                  | 175           | ZIELONY Ireneusz            | WARSZAWA                | POL             |                     | 71             | M40/45 (M)155                 | 06:10:41         | 06:09:54     | 07.55           |
| 46                  | 211           | KLABIK Maciej               | WROCLAW                 | POL             |                     | 72             | M40/46 (M)164                 | 06:13:38         | 06:12:25     | 07.58           |
| 47                  | 394           | TUZIMEK Dariusz             | ZIELONA GÓRA            | POL             |                     | 66             | M40/47 (M)165                 | 06:13:38         | 06:12:16     | 07.58           |
| 48                  | 330           | ZAKRZEWSKI Paweł            | WOŁOMIN                 | POL             |                     | 70             | M40/48 (M)166                 | 06:13:47         | 06:12:46     | 07.58           |
| 49                  | 539           | CICHOCKI Paweł              | POZNAŃ                  | POL             |                     | 71             | M40/49 (M)168                 | 06:14:55         | 06:13:50     | 08.00           |
| 50                  | 210           | CIESZYŃSKI Piotr            | POZNAŃ                  | POL             |                     | 72             | M40/50 (M)170                 | 06:15:23         | 06:14:14     | 08.00           |
| 51                  | 206           | DOBIECKI Tomasz             | KARPACZ                 | POL             |                     | 70             | M40/51 (M)171                 | 06:16:40         | 06:15:59     | 08.03           |
| 52                  | 36            | BORDYCH Andrzej             | KOŻUCHÓW                | POL             |                     | 74             | M40/52 (M)174                 | 06:17:06         | 06:16:11     | 08.03           |
| 53                  | 109           | JURASZ Paweł                | GRODZISK MAZOWIECKI     | POL             |                     | 70             | M40/53 (M)175                 | 06:17:16         | 06:16:15     | 08.03           |
| 54                  | 93            | ROGÓRZ Piotr                | WROCLAW                 | POL             |                     | 74             | M40/54 (M)177                 | 06:17:41         | 06:16:43     | 08.04           |
| 55                  | 462           | BURCHARDT Sławomir          | POZNAŃ                  | POL             |                     | 66             | M40/55 (M)183                 | 06:19:30         | 06:18:33     | 08.06           |
| 56                  | 228           | HNISDŁÓW Sławomir           | KAMIENNA GÓRA           | POL             |                     | 66             | M40/56 (M)189                 | 06:20:52         | 06:19:43     | 08.07           |
| 57                  | 289           | WOLIŃSKI Andrzej            | WOLIN                   | POL             |                     | 67             | M40/57 (M)196                 | 06:22:46         | 06:22:08     | 08.10           |
| 58                  | 128           | DOMINIAK Marcin             | ZIELONA GÓRA            | POL             |                     | 73             | M40/58 (M)197                 | 06:22:48         | 06:22:04     | 08.10           |
| 59                  | 57            | GÓRECKI Marek               | BUCZEK                  | POL             |                     | 73             | M40/59 (M)198                 | 06:23:09         | 06:22:28     | 08.11           |
| 60                  | 399           | SWINIARSKI Tomasz           | SKÓRZEWO                | POL             |                     | 70             | M40/60 (M)204                 | 06:25:06         | 06:24:05     | 08.13           |
| 61                  | 423           | SIKORA Jacek                | ŻELOWICE                | POL             |                     | 74             | M40/61 (M)212                 | 06:28:36         | 06:27:27     | 08.17           |
| 62                  | 320           | GÓZDŹ Wojtek                | KIELCE                  | POL             |                     | 74             | M40/62 (M)217                 | 06:30:09         | 06:28:26     | 08.19           |
| 63                  | 32            | JAROSZ Dariusz              | SUCHA KOSZALIŃSKA       | POL             |                     | 74             | M40/63 (M)225                 | 06:32:49         | 06:31:45     | 08.23           |
| 64                  | 313           | WOŹNIAK Ryszard             | BORZYCHY                | POL             |                     | 71             | M40/64 (M)226                 | 06:32:53         | 06:31:58     | 08.23           |
| 65                  | 290           | FURMAN Tomasz               | WARSZAWA                | POL             |                     | 71             | M40/65 (M)229                 | 06:33:52         | 06:32:49     | 08.24           |
| 66                  | 15            | BORDYCH Jacek               | KOŻUCHÓW                | POL             |                     | 69             | M40/66 (M)230                 | 06:34:42         | 06:33:47     | 08.25           |
| 67                  | 96            | DYBIEC Arkadiusz            | KAMIENNA GÓRA           | POL             |                     | 73             | M40/67 (M)239                 | 06:37:51         | 06:36:43     | 08.29           |
| 68                  | 286           | GRZESZAK Rafał              | GRODZISK MAZOWIECKI     | POL             |                     | 72             | M40/68 (M)240                 | 06:38:13         | 06:37:15     | 08.30           |
| 69                  | 197           | JESSA Włodzimierz           | ŚREM                    | POL             |                     | 65             | M40/69 (M)242                 | 06:38:49         | 06:37:52     | 08.31           |
| 70                  | 158           | SZEWczyk Robert             | PIASTÓW                 | POL             |                     | 68             | M40/70 (M)247                 | 06:40:19         | 06:39:37     | 08.33           |
| 71                  | 66            | TRYK Sebastian              | WROCLAW                 | POL             |                     | 71             | M40/71 (M)249                 | 06:40:23         | 06:39:37     | 08.33           |
| 72                  | 250           | LULKA Marcin                | MOSINA                  | POL             |                     | 74             | M40/72 (M)250                 | 06:40:33         | 06:39:28     | 08.33           |
| 73                  | 318           | KRUZEL Rafał                | LEGNICA                 | POL             |                     | 71             | M40/73 (M)251                 | 06:40:39         | 06:39:35     | 08.33           |
| 74                  | 416           | SITOWSKI Paweł              | WILCZA GÓRA             | POL             |                     | 70             | M40/74 (M)255                 | 06:41:49         | 06:40:42     | 08.34           |
| 75                  | 19            | KOSMALA Bartosz             | KRAKÓW                  | POL             |                     | 74             | M40/75 (M)264                 | 06:45:42         | 06:45:07     | 08.40           |
| 76                  | 121           | GRZELAK Daniel              | LESZNO                  | POL             |                     | 73             | M40/76 (M)272                 | 06:49:49         | 06:48:28     | 08.44           |
| 77                  | 536           | ŻMURKO Dariusz              | PIECHOWICE              | POL             |                     | 74             | M40/77 (M)277                 | 06:52:54         | 06:51:51     | 08.49           |
| 78                  | 428           | BUCZKOWSKI Marcin           | KRZĘCIN                 | POL             |                     | 74             | M40/78 (M)280                 | 06:57:00         | 06:56:11     | 08.54           |
| 79                  | 552           | FEDYCZKOWSKI Edward         | STRZEGOM                | POL             |                     | 73             | M40/79 (M)282                 | 06:57:22         | 06:56:13     | 08.54           |
| 80                  | 345           | SCHOLZ Marek                | KARPACZ                 | POL             |                     | 71             | M40/80 (M)284                 | 06:58:44         | 06:57:44     | 08.56           |
| 81                  | 178           | ŚWIERZYŃSKI Witold          | BEZRZECZE               | POL             |                     | 72             | M40/81 (M)285                 | 06:59:06         | 06:58:21     | 08.57           |
| 82                  | 48            | ULOWSKI Jacek               | ŁÓDŹ                    | POL             |                     | 68             | M40/82 (M)286                 | 06:59:37         | 06:58:51     | 08.58           |
| 83                  | 524           | FORTUNA Jacek               | ZIELONA GÓRA            | POL             |                     | 69             | M40/83 (M)287                 | 07:00:30         | 06:59:41     | 08.59           |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|--------------|--------|------------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|----------|
| 84           | 90     | BINKOWSKI Marcin       | MOSINA           |          | POL          | 73      | M40/84 (M)290          | 07:01:22  | 07:00:16 | 08.59    |
| 85           | 280    | MARSZAŁKOWSKI Grzegorz | NOWA SÓL         |          | POL          | 69      | M40/85 (M)295          | 07:02:51  | 07:01:52 | 09.02    |
| 86           | 503    | JAWORSKI Wojciech      | POZNAŃ           |          | POL          | 70      | M40/86 (M)297          | 07:03:29  | 07:02:35 | 09.02    |
| 87           | 146    | MORAWIEC Arkadiusz     | ŁÓDŹ             |          | POL          | 69      | M40/87 (M)299          | 07:05:16  | 07:04:22 | 09.05    |
| 88           | 389    | FURMANIAK Jarosław     | ŁÓDŹ             |          | POL          | 72      | M40/88 (M)300          | 07:05:17  | 07:04:12 | 09.05    |
| 89           | 131    | NOWICKI Marek          | DOBRYZKOWICE     |          | POL          | 71      | M40/89 (M)305          | 07:06:50  | 07:06:05 | 09.07    |
| 90           | 485    | OCHAB Janusz           | WARSZAWA         |          | POL          | 71      | M40/90 (M)311          | 07:11:15  | 07:09:40 | 09.12    |
| 91           | 460    | NOWAK Jarosław         | POZNAŃ           |          | POL          | 70      | M40/91 (M)313          | 07:13:31  | 07:12:33 | 09.15    |
| 92           | 264    | SKWARŁO Marek          | PILA             |          | POL          | 71      | M40/92 (M)316          | 07:14:10  | 07:13:11 | 09.16    |
| 93           | 469    | ŚLEŹCZEK Igor          | BĘDZIN           |          | POL          | 67      | M40/93 (M)317          | 07:14:11  | 07:13:36 | 09.17    |
| 94           | 455    | PISAŃSKI Tadeusz       | SZCZECIN         |          | POL          | 65      | M40/94 (M)320          | 07:15:19  | 07:14:01 | 09.17    |
| 95           | 510    | ORŁOWSKI Paweł         | POZNAŃ           |          | POL          | 69      | M40/95 (M)321          | 07:15:35  | 07:14:32 | 09.18    |
| 96           | 226    | SZANIEWSKI Mirosław    | JELENIA GÓRA     |          | POL          | 73      | M40/96 (M)322          | 07:16:07  | 07:15:10 | 09.19    |
| 97           | 140    | SKORNOWICZ Paweł       | KAŹMIERZ         |          | POL          | 71      | M40/97 (M)326          | 07:17:30  | 07:16:19 | 09.20    |
| 98           | 415    | WOLBACH Piotr          | POZNAŃ           |          | POL          | 70      | M40/98 (M)330          | 07:20:48  | 07:19:35 | 09.24    |
| 99           | 11     | ZDIARSKI Tomasz        | WROCLAW          |          | POL          | 73      | M40/99 (M)331          | 07:21:14  | 07:19:58 | 09.25    |
| 100          | 434    | GRZELCZAK Robert       | GRYFOW SLASKI    |          | POL          | 66      | M40/100 (M)336         | 07:24:06  | 07:22:55 | 09.29    |
| 101          | 382    | NICPON Wojciech        | LEGNICA          |          | POL          | 65      | M40/101 (M)337         | 07:24:41  | 07:23:37 | 09.29    |
| 102          | 429    | MIELNIKOWSKI Piotr     | SOBÓTKA          |          | POL          | 74      | M40/102 (M)339         | 07:25:31  | 07:24:10 | 09.30    |
| 103          | 517    | NOWIŃSKI Paweł         | WARSZAWA         |          | POL          | 72      | M40/103 (M)340         | 07:25:53  | 07:24:38 | 09.31    |
| 104          | 530    | MICHALAK Sławomir      | PRUSZKOW         |          | POL          | 67      | M40/104 (M)341         | 07:26:12  | 07:25:04 | 09.31    |
| 105          | 67     | DROŹDŻYŃSKI Krzysztof  | STRYKÓW          |          | POL          | 69      | M40/105 (M)346         | 07:29:24  | 07:28:01 | 09.35    |
| 106          | 18     | KOSIOROWSKI Leszek     | JELENIA GÓRA     |          | POL          | 70      | M40/106 (M)347         | 07:29:26  | 07:28:07 | 09.35    |
| 107          | 337    | STALMASIŃSKI Remigiusz | JELENIA GÓRA     |          | POL          | 72      | M40/107 (M)349         | 07:32:53  | 07:31:38 | 09.40    |
| 108          | 34     | WOJCIECHOWSKI Piotr    | BYDGOSZCZ        |          | POL          | 65      | M40/108 (M)352         | 07:33:34  | 07:32:14 | 09.41    |
| 109          | 328    | RYCZYŃSKI Jacek        | OLEŚNICA         |          | POL          | 74      | M40/109 (M)353         | 07:33:53  | 07:33:00 | 09.42    |
| 110          | 287    | SÓJKA Arkadiusz        | POZNAŃ           |          | POL          | 72      | M40/110 (M)354         | 07:34:00  | 07:32:43 | 09.41    |
| 111          | 404    | KRYŃSKI Jarosław       | MYSLAKOWICE      |          | POL          | 74      | M40/111 (M)356         | 07:35:41  | 07:34:25 | 09.43    |
| 112          | 249    | LECH Maciej            | LUBIN            |          | POL          | 71      | M40/112 (M)358         | 07:36:10  | 07:35:29 | 09.45    |
| 113          | 374    | BUCHHOLZ Piotr         | WARSZAWA         |          | POL          | 71      | M40/113 (M)359         | 07:36:42  | 07:35:23 | 09.45    |
| 114          | 317    | SERAFIN Dariusz        | LUBAŃ            |          | POL          | 66      | M40/114 (M)362         | 07:39:08  | 07:37:48 | 09.48    |
| 115          | 170    | GLAZ Sławek            | SWORDS           |          | IRL          | 69      | M40/115 (M)364         | 07:41:39  | 07:40:31 | 09.51    |
| 116          | 463    | WIERCHOWIEC Grzegorz   | ŁÓDŹ             |          | POL          | 68      | M40/116 (M)365         | 07:42:21  | 07:41:01 | 09.52    |
| 117          | 357    | GODLEWSKI Bogdan       | SOBIN            |          | POL          | 74      | M40/117 (M)366         | 07:43:10  | 07:41:50 | 09.53    |
| 118          | 411    | OLSZEWSKI Krzysztof    | JELENIA GÓRA     |          | POL          | 65      | M40/118 (M)369         | 07:46:39  | 07:45:24 | 09.57    |
| 119          | 75     | WIŚNIEWSKI Radosław    | LUBIN            |          | POL          | 72      | M40/119 (M)371         | 07:47:45  | 07:46:48 | 09.59    |
| 120          | 149    | MORAWSKI Marcin        | OBORNIKI ŚLĄSKIE |          | POL          | 73      | M40/120 (M)377         | 07:50:36  | 07:49:43 | 10.03    |
| 121          | 12     | SZARKOWSKI Robert      | WARSZAWA         |          | POL          | 70      | M40/121 (M)378         | 07:50:43  | 07:49:42 | 10.03    |
| 122          | 262    | WÓJCICKI Mateusz       | JELENIA GÓRA     |          | POL          | 73      | M40/122 (M)381         | 07:53:20  | 07:51:46 | 10.06    |
| 123          | 457    | BENECKI Piotr          | SZKLARSKA PORĘBA |          | POL          | 73      | M40/123 (M)385         | 07:55:32  | 07:54:14 | 10.09    |

### ULTRA Mężczyźni KATEGORIA:M50

|    |     |                      |               |  |     |    |               |          |          |       |
|----|-----|----------------------|---------------|--|-----|----|---------------|----------|----------|-------|
| 1  | 73  | WITULSKI Waldemar    | SOSNÓWKA      |  | POL | 60 | M50/1 (M)8    | 04:37:59 | 04:37:27 | 05.56 |
| 2  | 219 | PUZIA Krzysztof      | KRAKÓW        |  | POL | 64 | M50/2 (M)21   | 04:55:07 | 04:54:33 | 06.18 |
| 3  | 8   | PLEŚNIARSKI Zbigniew | KARPACZ       |  | POL | 59 | M50/3 (M)41   | 05:19:48 | 05:19:12 | 06.50 |
| 4  | 176 | SZPAK Damian         | TYCHY         |  | POL | 61 | M50/4 (M)53   | 05:27:18 | 05:26:30 | 06.59 |
| 5  | 216 | KLIMCZEWSKI Andrzej  | ŁÓDŹ          |  | POL | 62 | M50/5 (M)67   | 05:35:47 | 05:34:58 | 07.10 |
| 6  | 6   | WIRA Mirosław        | WROCLAW       |  | POL | 59 | M50/6 (M)82   | 05:44:36 | 05:43:30 | 07.21 |
| 7  | 104 | WOJTCZAK Piotr       | KALISZ        |  | POL | 58 | M50/7 (M)99   | 05:55:15 | 05:54:34 | 07.35 |
| 8  | 191 | NOWAK Paweł          | KALISZ        |  | POL | 59 | M50/8 (M)103  | 05:57:06 | 05:56:25 | 07.37 |
| 9  | 52  | NAPIERAŁA Andrzej    | GOSTYŃ        |  | POL | 58 | M50/9 (M)107  | 05:57:28 | 05:55:57 | 07.37 |
| 10 | 433 | MAŁEK Leszek         | ZIĘBICE       |  | POL | 56 | M50/10 (M)112 | 05:58:41 | 05:57:28 | 07.39 |
| 11 | 150 | BARAN Zenon          | WARSZAWA      |  | POL | 60 | M50/11 (M)116 | 05:59:18 | 05:58:13 | 07.40 |
| 12 | 46  | ĆWIAKAŁA Wojciech    | JELENIA GÓRA  |  | POL | 63 | M50/12 (M)136 | 06:04:39 | 06:03:24 | 07.46 |
| 13 | 515 | LEKS Ireneusz        | ZIELONA GÓRA  |  | POL | 63 | M50/13 (M)145 | 06:06:51 | 06:05:53 | 07.50 |
| 14 | 352 | ZIELONKA Wiesław     | KATOWICE      |  | POL | 60 | M50/14 (M)148 | 06:08:24 | 06:07:43 | 07.52 |
| 15 | 13  | KORDZIŃSKI Kazimierz | LUBLINIEC     |  | POL | 58 | M50/15 (M)154 | 06:10:25 | 06:09:16 | 07.54 |
| 16 | 71  | FURTAK Krzysztof     | LUBIN         |  | POL | 62 | M50/16 (M)161 | 06:12:18 | 06:11:13 | 07.56 |
| 17 | 28  | BARANCEWICZ Jacek    | JEŻÓW SUDECKI |  | POL | 55 | M50/17 (M)182 | 06:19:20 | 06:18:01 | 08.05 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City  | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|--------------|--------|----------------------|-------------------|----------|--------------|---------|------------------------|-----------|----------|----------|
| 18           | 186    | DŁUGOZIMA Jan        | MŁYNIEC PIERWSZY  | POL      |              | 61      | M50/18 (M)184          | 06:19:48  | 06:19:03 | 08.07    |
| 19           | 123    | SMOLIŃSKI Paweł      | WROCLAW           | POL      |              | 64      | M50/19 (M)194          | 06:21:33  | 06:20:45 | 08.09    |
| 20           | 554    | NĘDZUSIAK Dariusz    |                   | POL      |              | 62      | M50/20 (M)202          | 06:24:37  | 06:23:27 | 08.12    |
| 21           | 493    | GUZOWSKI Andrzej     | GRUDZIĄDZ         | POL      |              | 61      | M50/21 (M)208          | 06:26:59  | 06:25:50 | 08.15    |
| 22           | 20     | HORBOWY Sławomir     | LUBSZA            | POL      |              | 63      | M50/22 (M)216          | 06:30:04  | 06:28:51 | 08.19    |
| 23           | 148    | NIZIOŁ Marian        | PIASECZNO         | POL      |              | 57      | M50/23 (M)218          | 06:31:34  | 06:30:26 | 08.21    |
| 24           | 103    | STAWSKI Dariusz      | ŁÓDŹ              | POL      |              | 57      | M50/24 (M)221          | 06:31:48  | 06:30:59 | 08.22    |
| 25           | 253    | GÓRNY Marek          | ŚWIĘCIECHOWA      | POL      |              | 55      | M50/25 (M)227          | 06:33:05  | 06:31:52 | 08.23    |
| 26           | 236    | ELMINOWSKI Wojciech  | ELBLĄG            | POL      |              | 62      | M50/26 (M)231          | 06:35:00  | 06:33:59 | 08.26    |
| 27           | 385    | RATAJCZAK Rajmund    | POZNAŃ            | POL      |              | 62      | M50/27 (M)232          | 06:35:22  | 06:34:21 | 08.26    |
| 28           | 234    | SKUDLARSKI Kamil     | WROCLAW           | POL      |              | 61      | M50/28 (M)241          | 06:38:26  | 06:37:15 | 08.30    |
| 29           | 514    | KOMÓR Wiesław        | WROCLAW           | POL      |              | 62      | M50/29 (M)245          | 06:39:52  | 06:38:56 | 08.32    |
| 30           | 459    | GNIEWEK Dariusz      | JELENIA GÓRA      | POL      |              | 63      | M50/30 (M)256          | 06:42:08  | 06:40:53 | 08.35    |
| 31           | 430    | WNUK Krzysztof       | NOWA SÓL          | POL      |              | 63      | M50/31 (M)258          | 06:43:01  | 06:41:59 | 08.36    |
| 32           | 38     | OSKIERKO Roman       | LUBSKO            | POL      |              | 61      | M50/32 (M)263          | 06:45:39  | 06:44:34 | 08.39    |
| 33           | 311    | ROGALA Tomasz        | WROCLAW           | POL      |              | 63      | M50/33 (M)269          | 06:48:47  | 06:47:59 | 08.44    |
| 34           | 454    | LISEWSKI Piotr       | BYDGOSZCZ         | POL      |              | 63      | M50/34 (M)274          | 06:50:08  | 06:48:48 | 08.45    |
| 35           | 402    | ROTHER Carsten       | BAD SAAROW        | GER      |              | 60      | M50/35 (M)275          | 06:52:00  | 06:50:53 | 08.47    |
| 36           | 553    | POBŁOCKI Jan         | GDAŃSK            | POL      |              | 57      | M50/36 (M)288          | 07:00:30  | 06:59:29 | 08.58    |
| 37           | 268    | ZAPART Marcei        | ŚWIĘTOCHŁOWICE    | POL      |              | 59      | M50/37 (M)301          | 07:05:21  | 07:04:06 | 09.04    |
| 38           | 498    | MANTHAJ Jarosław     | JELENIA GÓRA      | POL      |              | 60      | M50/38 (M)303          | 07:05:42  | 07:04:47 | 09.05    |
| 39           | 495    | JĘSIEK Aleksander    | LESZNO            | POL      |              | 61      | M50/39 (M)308          | 07:08:55  | 07:07:40 | 09.09    |
| 40           | 155    | WIELGOSZ Leszek      | NOWA SÓL          | POL      |              | 63      | M50/40 (M)309          | 07:09:10  | 07:08:09 | 09.10    |
| 41           | 522    | PRZYBYLSKI Tomasz    | WARSZAWA          | POL      |              | 55      | M50/41 (M)310          | 07:09:50  | 07:08:48 | 09.10    |
| 42           | 54     | PODKÓWKA Zbigniew    | BYDGOSZCZ         | POL      |              | 60      | M50/42 (M)333          | 07:22:12  | 07:21:02 | 09.26    |
| 43           | 40     | SALA Mieczysław      | JELENIA GÓRA      | POL      |              | 61      | M50/43 (M)338          | 07:24:48  | 07:23:50 | 09.30    |
| 44           | 323    | PIŁAT Mariusz        | WARSZAWA          | POL      |              | 63      | M50/44 (M)343          | 07:26:55  | 07:26:05 | 09.33    |
| 45           | 405    | RUDZKI Grzegorz      | WROCLAW           | POL      |              | 63      | M50/45 (M)345          | 07:28:09  | 07:27:13 | 09.34    |
| 46           | 448    | MIREK Waldemar       | KUŹNIA RACIBORSKA | POL      |              | 60      | M50/46 (M)357          | 07:36:00  | 07:35:11 | 09.44    |
| 47           | 472    | ŁABĘCKI Bogdan       | WTELNO            | POL      |              | 62      | M50/47 (M)372          | 07:47:59  | 07:46:34 | 09.59    |
| 48           | 491    | MACIAS Waldemar      | ZIELONA GÓRA      | POL      |              | 58      | M50/48 (M)373          | 07:48:46  | 07:47:54 | 10.01    |
| 49           | 10     | PODSIADŁY Robert     | WROCLAW           | POL      |              | 59      | M50/49 (M)374          | 07:49:04  | 07:47:49 | 10.01    |
| 50           | 105    | SZYGENDA Waldemar    | KONIN             | POL      |              | 63      | M50/50 (M)376          | 07:50:23  | 07:49:18 | 10.02    |
| 51           | 500    | PYSIEWICZ Krzysztof  | KATOWICE          | POL      |              | 57      | M50/51 (M)379          | 07:52:53  | 07:51:40 | 10.05    |
| 52           | 233    | ODOLCZYK Jerzy       | X                 | POL      |              | 61      | M50/52 (M)380          | 07:52:55  | 07:51:38 | 10.05    |
| 53           | 81     | LENKIEWICZ Ryszard   | GDAŃSK            | POL      |              | 57      | M50/53 (M)382          | 07:54:48  | 07:53:51 | 10.08    |
| 54           | 342    | IMIELSKI Marek       | LUBLINIEC         | POL      |              | 59      | M50/54 (M)384          | 07:54:53  | 07:53:38 | 10.08    |

### ULTRA Mężczyźni KATEGORIA:M60

|    |     |                      |              |     |  |    |               |          |          |       |
|----|-----|----------------------|--------------|-----|--|----|---------------|----------|----------|-------|
| 1  | 22  | TRZCIELIŃSKI Roman   | WARSZAWA     | POL |  | 53 | M60/1 (M)49   | 05:24:19 | 05:23:29 | 06.55 |
| 2  | 466 | PLEWNIAK Jerzy       | TYCHY        | POL |  | 53 | M60/2 (M)63   | 05:33:06 | 05:31:48 | 07.06 |
| 3  | 30  | LISZKA Piotr         | BYTOM        | POL |  | 53 | M60/3 (M)142  | 06:05:51 | 06:04:50 | 07.48 |
| 4  | 284 | ROŻEŃSKI Ryszard     | JELENIA GÓRA | POL |  | 54 | M60/4 (M)156  | 06:11:01 | 06:09:53 | 07.55 |
| 5  | 51  | SAWICKI Zdzisław     | SIEDLCE      | POL |  | 54 | M60/5 (M)238  | 06:37:31 | 06:36:53 | 08.29 |
| 6  | 243 | BOBOWSKI Waldemar    | JELENIA GÓRA | POL |  | 53 | M60/6 (M)257  | 06:42:14 | 06:41:03 | 08.35 |
| 7  | 122 | DUL Wiesław          | JELENIA GÓRA | POL |  | 52 | M60/7 (M)289  | 07:00:46 | 06:59:48 | 08.59 |
| 8  | 502 | ADAMSKI Wojciech     | WROCLAW      | POL |  | 50 | M60/8 (M)293  | 07:02:22 | 07:01:38 | 09.01 |
| 9  | 496 | RADKE Witold         | WAŁBRZYCH    | POL |  | 43 | M60/9 (M)319  | 07:15:01 | 07:14:01 | 09.17 |
| 10 | 467 | ŁABĘCKI Edward       | RYPIN        | POL |  | 51 | M60/10 (M)323 | 07:16:07 | 07:14:43 | 09.18 |
| 11 | 154 | HAŁON Andrzej        | OPOLE        | POL |  | 54 | M60/11 (M)325 | 07:16:58 | 07:15:46 | 09.19 |
| 12 | 409 | BILON Bogdan         | SULECHÓW     | POL |  | 51 | M60/12 (M)344 | 07:27:14 | 07:26:23 | 09.33 |
| 13 | 44  | RUTKOWSKI Marian     | KOŻUCHÓW     | POL |  | 47 | M60/13 (M)361 | 07:37:26 | 07:36:29 | 09.46 |
| 14 | 271 | ZIÓLKOWSKI Krzysztof | WROCLAW      | POL |  | 53 | M60/14 (M)368 | 07:46:09 | 07:45:24 | 09.57 |
| 15 | 431 | SZATANIK Jerzy       | PODGÓRZYN    | POL |  | 54 | M60/15 (M)370 | 07:47:42 | 07:46:24 | 09.59 |
| 16 | 266 | SZCZEŚNIAK Andrzej   | WROCLAW      | POL |  | 49 | M60/16 (M)375 | 07:49:30 | 07:48:57 | 10.02 |

### ULTRA Kobiety KATEGORIA:K20

|   |     |                   |                   |     |  |    |             |          |          |       |
|---|-----|-------------------|-------------------|-----|--|----|-------------|----------|----------|-------|
| 1 | 366 | TEKIELI Agata     | BYSTRZYCA KŁODZKA | POL |  | 85 | K20/1 (K)4  | 05:28:17 | 05:27:27 | 07.00 |
| 2 | 78  | KAMIŃSKA Jolanta  | WARSZAWA          | POL |  | 87 | K20/2 (K)8  | 05:55:51 | 05:54:41 | 07.35 |
| 3 | 537 | ŁOWICKA Magdalena | WROCLAW           | POL |  | 85 | K20/3 (K)11 | 06:04:16 | 06:03:20 | 07.46 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time       | Netto    | [min/km] |
|--------------|--------|-----------------------|------------------|----------|--------------|---------|------------------------|-----------------|----------|----------|
| 4            | 390    | WOLFF-STEFANIAK Maria | POZNAŃ           |          | POL          | 88      | K20/4 (K)26            | <b>06:41:05</b> | 06:40:22 | 08.34    |
| 5            | 540    | PALACZ Anna           | DOBKÓW           |          | POL          | 89      | K20/5 (K)28            | <b>06:43:40</b> | 06:42:33 | 08.37    |
| 6            | 156    | BORODYN Sylwia        | PIECHOWICE       |          | POL          | 86      | K20/6 (K)30            | <b>06:47:46</b> | 06:46:28 | 08.42    |
| 7            | 145    | OZIMEK Bogusława      | WAMBIERZYCE      |          | POL          | 89      | K20/7 (K)39            | <b>07:17:45</b> | 07:16:32 | 09.20    |
| 8            | 453    | PAWLUKOWICZ Katarzyna | MILEJEWO         |          | POL          | 90      | K20/8 (K)50            | <b>07:44:37</b> | 07:43:36 | 09.55    |

### ULTRA Kobiety KATEGORIA:K30

|    |     |                              |                  |  |     |    |              |                 |          |       |
|----|-----|------------------------------|------------------|--|-----|----|--------------|-----------------|----------|-------|
| 1  | 461 | MAJER Ewa                    | DOBCZYCE         |  | POL | 82 | K30/1 (K)1   | <b>04:53:28</b> | 04:52:54 | 06.16 |
| 2  | 168 | ARSENIUK Anna                | GÓRSK K/TORUNIA  |  | POL | 81 | K30/2 (K)2   | <b>05:19:24</b> | 05:18:47 | 06.49 |
| 3  | 418 | ANDRZEJCZUK Marzena          | WROCLAW          |  | POL | 78 | K30/3 (K)5   | <b>05:29:35</b> | 05:28:52 | 07.02 |
| 4  | 139 | KURPIEWSKA Anna              | WROCLAW          |  | POL | 77 | K30/4 (K)6   | <b>05:47:44</b> | 05:46:50 | 07.25 |
| 5  | 440 | MILLER Anna                  | POZNAŃ           |  | POL | 79 | K30/5 (K)7   | <b>05:49:00</b> | 05:48:05 | 07.27 |
| 6  | 477 | DETLAFF Patrycja             | WILCZA GÓRA      |  | POL | 83 | K30/6 (K)10  | <b>05:59:06</b> | 05:58:24 | 07.40 |
| 7  | 304 | PALIŃSKA Aneta               | SZKLARSKA PORĘBA |  | POL | 75 | K30/7 (K)13  | <b>06:10:56</b> | 06:10:08 | 07.55 |
| 8  | 242 | ŚWIDEREK Aneta               | SKIERNIEWICE     |  | POL | 79 | K30/8 (K)14  | <b>06:12:48</b> | 06:11:55 | 07.57 |
| 9  | 371 | ROMAŃCZUK Monika             | JELEŃ GÓRA       |  | POL | 83 | K30/9 (K)17  | <b>06:23:12</b> | 06:22:17 | 08.11 |
| 10 | 327 | PETASZKO Joanna              | MRĄGOWO          |  | POL | 77 | K30/10 (K)19 | <b>06:28:29</b> | 06:27:20 | 08.17 |
| 11 | 136 | KRENZ-KUROWSKA Joanna        | PRZESIEKA        |  | POL | 79 | K30/11 (K)20 | <b>06:30:52</b> | 06:30:05 | 08.21 |
| 12 | 555 | KLÓSKA Katarzyna             |                  |  | POL | 83 | K30/12 (K)21 | <b>06:33:28</b> | 06:32:40 | 08.24 |
| 13 | 120 | WANŻEWICZ-UZNAŃSKA Agnieszka | DUSZNIKI ZDRÓJ   |  | POL | 79 | K30/13 (K)25 | <b>06:39:39</b> | 06:38:53 | 08.32 |
| 14 | 275 | FARON Agnieszka              | KRAKÓW           |  | POL | 82 | K30/14 (K)27 | <b>06:41:36</b> | 06:40:49 | 08.34 |
| 15 | 161 | SAKOWSKA Aneta               | WARSZAWA         |  | POL | 75 | K30/15 (K)29 | <b>06:45:57</b> | 06:44:48 | 08.40 |
| 16 | 520 | KWIATÓŃ Marta                | BYDGOSZCZ        |  | POL | 84 | K30/16 (K)31 | <b>06:48:05</b> | 06:46:57 | 08.42 |
| 17 | 375 | WŁODARCZYK Anna maria        | ZIELONA GÓRA     |  | POL | 83 | K30/17 (K)34 | <b>06:56:46</b> | 06:55:55 | 08.54 |
| 18 | 386 | PACOŃ Alicja                 | KATOWICE         |  | POL | 82 | K30/18 (K)37 | <b>07:11:34</b> | 07:10:31 | 09.13 |
| 19 | 119 | JÓŹWIAK Magdalena            | LESZNO           |  | POL | 82 | K30/19 (K)38 | <b>07:16:23</b> | 07:15:11 | 09.19 |
| 20 | 247 | GRYGIER Joanna               | KOŚCIAN          |  | POL | 82 | K30/20 (K)40 | <b>07:19:40</b> | 07:18:38 | 09.23 |
| 21 | 171 | WIELICZKO Anna               | WROCLAW          |  | POL | 82 | K30/21 (K)43 | <b>07:24:50</b> | 07:23:38 | 09.29 |
| 22 | 398 | BIALAS Iwona                 | SZKLARSKA PORĘBA |  | POL | 77 | K30/22 (K)44 | <b>07:29:18</b> | 07:28:31 | 09.36 |
| 23 | 241 | PAWLOWSKA-POJAWA Anna        | WARSZAWA         |  | POL | 76 | K30/23 (K)45 | <b>07:31:20</b> | 07:30:20 | 09.38 |
| 24 | 367 | RZEŹNIK Karolina             | POZNAŃ           |  | POL | 82 | K30/24 (K)46 | <b>07:31:52</b> | 07:30:42 | 09.39 |
| 25 | 351 | KUCZAKOWSKA Joanna           | LEGNICA          |  | POL | 83 | K30/25 (K)49 | <b>07:42:13</b> | 07:41:09 | 09.52 |
| 26 | 125 | GRABOWSKA Joanna             | TORUŃ            |  | POL | 75 | K30/26 (K)52 | <b>07:52:48</b> | 07:51:39 | 10.05 |
| 27 | 482 | MAJKA Kasia                  | WARSZAWA         |  | POL | 81 | K30/27 (K)55 | <b>08:06:22</b> | 08:05:11 | 10.23 |
| 28 | 490 | MAJKA Olga                   | PSZCZYNA         |  | POL | 83 | K30/28 (K)56 | <b>08:06:24</b> | 08:05:12 | 10.23 |

### ULTRA Kobiety KATEGORIA:K40





















































|    |     |                            |            |  |     |    |              |                 |          |       |
|----|-----|----------------------------|------------|--|-----|----|--------------|-----------------|----------|-------|
| 1  | 535 | MIZERA Marzena             | JELEŃ GÓRA |  | POL | 73 | K40/1 (K)3   | <b>05:23:13</b> | 05:21:53 | 06.53 |
| 2  | 97  | RUMIŃSKA-PIETRZYK Joanna   | KRAKÓW     |  | POL | 74 | K40/2 (K)9   | <b>05:58:33</b> | 05:57:26 | 07.39 |
| 3  | 322 | WOLIŃSKA Emilia            | WOLIN      |  | POL | 71 | K40/3 (K)12  | <b>06:08:49</b> | 06:08:11 | 07.53 |
| 4  | 458 | KSIĘŻNIK Dorota            | BRZEG      |  | POL | 67 | K40/4 (K)15  | <b>06:20:26</b> | 06:19:18 | 08.07 |
| 5  | 207 | MOSKAL Izabella            | WARSZAWA   |  | POL | 73 | K40/5 (K)16  | <b>06:21:16</b> | 06:20:18 | 08.08 |
| 6  | 484 | BOCZKOWSKA Justyna         | ZAKOPANE   |  | POL | 66 | K40/6 (K)18  | <b>06:27:49</b> | 06:26:43 | 08.16 |
| 7  | 151 | KOSSAKOWSKA Katarzyna      | WARSZAWA   |  | POL | 74 | K40/7 (K)22  | <b>06:34:07</b> | 06:33:03 | 08.25 |
| 8  | 208 | NIENADOWSKA Beata          | ELBLĄG     |  | POL | 68 | K40/8 (K)23  | <b>06:35:00</b> | 06:33:59 | 08.26 |
| 9  | 26  | MUZYKA Barbara             | WARSZAWA   |  | POL | 70 | K40/9 (K)24  | <b>06:36:58</b> | 06:35:41 | 08.28 |
| 10 | 112 | GRZELAK Justyna            | LESZNO     |  | POL | 74 | K40/10 (K)32 | <b>06:49:49</b> | 06:48:31 | 08.44 |
| 11 | 381 | KUCNER Monika              | KAŃKOLEWO  |  | POL | 71 | K40/11 (K)33 | <b>06:54:19</b> | 06:53:09 | 08.50 |
| 12 | 24  | PISKOR-ŚWIERAD Beata       | JELEŃ GÓRA |  | POL | 66 | K40/12 (K)35 | <b>06:59:37</b> | 06:58:49 | 08.58 |
| 13 | 302 | LIBEREK Renata             | ŁOPUCHOWO  |  | POL | 74 | K40/13 (K)41 | <b>07:22:58</b> | 07:21:58 | 09.27 |
| 14 | 263 | KOZŁOWSKA Alicja           | LESZNO     |  | POL | 70 | K40/14 (K)42 | <b>07:23:55</b> | 07:22:37 | 09.28 |
| 15 | 307 | SZCZEPANEK-SÓJKA Katarzyna | POZNAŃ     |  | POL | 74 | K40/15 (K)47 | <b>07:34:00</b> | 07:32:42 | 09.41 |
| 16 | 180 | ŁUKASZEWICZ Barbara        | GDAŃSK     |  | POL | 71 | K40/16 (K)53 | <b>07:52:51</b> | 07:51:54 | 10.06 |
| 17 | 164 | ODOLCZYK Joanna            | X          |  | POL | 65 | K40/17 (K)54 | <b>07:52:55</b> | 07:51:41 | 10.06 |

### ULTRA Kobiety KATEGORIA:K50

|   |     |                                  |          |  |     |    |             |                 |          |       |
|---|-----|----------------------------------|----------|--|-----|----|-------------|-----------------|----------|-------|
| 1 | 279 | MATUSZEWICZ Ewa                  | WARSZAWA |  | POL | 60 | K50/1 (K)36 | <b>07:07:11</b> | 07:06:13 | 09.07 |
| 2 | 42  | NOWAK-LEWANDOWSKA Barbara ZBERKI |          |  | POL | 57 | K50/2 (K)48 | <b>07:36:29</b> | 07:35:39 | 09.45 |

### ULTRA Kobiety KATEGORIA:K60



| Miejsce Rank                        | Nr Bib | Nazwisko i imię Name    | Miejscowość City    | Kraj Nat  | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|-------------------------------------|--------|-------------------------|---------------------|---|--------------|---------|------------------------|-----------|----------|----------|
| 1                                   | 272    | SYPNIEWSKA Hanna        | GDYNIA              |  POL   |              | 54      | K60/1 (K)51            | 07:46:59  | 07:45:59 | 09.58    |
| <b>MINI Mężczyźni KATEGORIA:M20</b> |        |                         |                     |   |              |         |                        |           |          |          |
| 1                                   | 1148   | MICHALKÓW Michał        | SZKLARSKA PORĘBA    |  POL   |              | 86      | M20/1 (M)5             | 01:27:43  | 01:27:02 | 05.26    |
| 2                                   | 1009   | SKUDLARSKI Jakub        | WROCLAW             |  POL   |              | 91      | M20/2 (M)6             | 01:29:08  | 01:28:26 | 05.31    |
| 3                                   | 1143   | MURATOW Przemysław      | JELEŃ GÓRA          |  POL   |              | 89      | M20/3 (M)13            | 01:35:17  | 01:34:35 | 05.54    |
| 4                                   | 1021   | GANDURSKI Miłosz        | GNIEZNO             |  POL   |              | 85      | M20/4 (M)14            | 01:37:04  | 01:36:11 | 06.00    |
| 5                                   | 1003   | ZAWADZKI Krzysztof      | BIELANY WROCLAWSKIE |  POL   |              | 85      | M20/5 (M)17            | 01:38:31  | 01:37:51 | 06.06    |
| 6                                   | 1001   | SUCHY Hubert            | GNIEZNO             |  POL   |              | 90      | M20/6 (M)26            | 01:44:36  | 01:43:43 | 06.28    |
| 7                                   | 1103   | GÓRZYŃSKI Robert        | CHRZYPSKO WIELKIE   |  POL   |              | 86      | M20/7 (M)36            | 01:50:49  | 01:49:56 | 06.52    |
| 8                                   | 1084   | KASPRZAK Bartosz        | POZNAŃ              |  POL   |              | 86      | M20/8 (M)44            | 01:55:08  | 01:54:06 | 07.07    |
| 9                                   | 1068   | PACYNKO Piotr           | WARSZAWA            |  POL   |              | 87      | M20/9 (M)55            | 02:00:21  | 01:59:35 | 07.28    |
| 10                                  | 1086   | STEFANIAK Jakub         | POZNAŃ              |  POL   |              | 88      | M20/10 (M)71           | 02:26:37  | 02:25:37 | 09.06    |
| <b>MINI Mężczyźni KATEGORIA:M30</b> |        |                         |                     |   |              |         |                        |           |          |          |
| 1                                   | 1139   | SPYCHALSKI Krzysztof    | LEGNICA             |  POL   |              | 80      | M30/1 (M)1             | 01:22:49  | 01:22:09 | 05.08    |
| 2                                   | 1154   | PECHERZ Piotr           | KOWARY              |  POL   |              | 78      | M30/2 (M)2             | 01:23:24  | 01:22:42 | 05.10    |
| 3                                   | 1091   | FIRLET Daniel           | BOGATYNIA           |  POL   |              | 75      | M30/3 (M)4             | 01:27:41  | 01:26:59 | 05.26    |
| 4                                   | 1050   | GEROWSKI Maciej         | GOSTYŃ              |  POL   |              | 75      | M30/4 (M)10            | 01:33:01  | 01:32:13 | 05.45    |
| 5                                   | 1147   | KOŁODZIEJSKI Jarek      | POZNAŃ              |  POL   |              | 76      | M30/5 (M)12            | 01:34:40  | 01:33:50 | 05.51    |
| 6                                   | 1087   | JANISZEWSKI Michał      | TRZEBNICA           |  POL   |              | 83      | M30/6 (M)15            | 01:37:13  | 01:36:24 | 06.01    |
| 7                                   | 1153   | KULPA Paweł             | LUBIN               |  POL   |              | 83      | M30/7 (M)18            | 01:40:21  | 01:39:37 | 06.13    |
| 8                                   | 1117   | ROMANOWSKI Marek        | JAWOR               |  POL   |              | 76      | M30/8 (M)19            | 01:42:37  | 01:41:45 | 06.21    |
| 9                                   | 1120   | KORCZAK Konrad          | WROCLAW             |  POL   |              | 81      | M30/9 (M)20            | 01:42:38  | 01:41:12 | 06.19    |
| 10                                  | 1016   | WITKOWSKI Marcin        | GORZÓW WLKP.        |  POL   |              | 77      | M30/10 (M)23           | 01:43:41  | 01:42:48 | 06.25    |
| 11                                  | 1083   | PAPROTNY Michał         | WROCLAW             |  POL   |              | 83      | M30/11 (M)24           | 01:43:47  | 01:42:56 | 06.26    |
| 12                                  | 1058   | MIKOŁAJCZYK Przemysław  | GNIEZNO             |  POL  |              | 75      | M30/12 (M)27           | 01:44:49  | 01:43:56 | 06.29    |
| 13                                  | 1133   | CZAJKA Łukasz           | WARSZAWA            |  POL |              | 81      | M30/13 (M)28           | 01:44:56  | 01:43:54 | 06.29    |
| 14                                  | 1071   | KIERZEK Przemysław      | ZIELONA GÓRA        |  POL |              | 79      | M30/14 (M)29           | 01:45:10  | 01:44:18 | 06.31    |
| 15                                  | 1077   | OLEKSY Piotr            | KAMIENNA GÓRA       |  POL |              | 79      | M30/15 (M)31           | 01:47:37  | 01:46:45 | 06.40    |
| 16                                  | 1082   | LECH Wojciech           | JELEŃ G             |  POL |              | 77      | M30/16 (M)32           | 01:48:48  | 01:47:57 | 06.44    |
| 17                                  | 1054   | SMAGAŁA Wojciech        | WROCLAW             |  POL |              | 81      | M30/17 (M)37           | 01:51:07  | 01:50:09 | 06.53    |
| 18                                  | 1022   | GRYGIER Tomasz          | KOŚCIAN             |  POL |              | 77      | M30/18 (M)38           | 01:51:07  | 01:50:10 | 06.53    |
| 19                                  | 1149   | MROZIEWSKI Jakub        | GĘSINIEC            |  POL |              | 76      | M30/19 (M)39           | 01:53:02  | 01:52:02 | 07.00    |
| 20                                  | 1046   | HORDECKI Marcin         | WOLSZTYN            |  POL |              | 77      | M30/20 (M)40           | 01:53:53  | 01:52:58 | 07.03    |
| 21                                  | 1085   | ŁAWNICZAK Marcin        | WRONKI              |  POL |              | 81      | M30/21 (M)42           | 01:54:35  | 01:53:45 | 07.06    |
| 22                                  | 1098   | REMBACZ Tomasz          | CHRZYPSKO WIELKIE   |  POL |              | 77      | M30/22 (M)46           | 01:56:33  | 01:55:41 | 07.13    |
| 23                                  | 1019   | NOWAK Łukasz            | POZNAŃ              |  POL |              | 81      | M30/23 (M)47           | 01:57:07  | 01:56:07 | 07.15    |
| 24                                  | 1043   | PAWŁOWICZ Artur         | MYSLAKOWICE         |  POL |              | 76      | M30/24 (M)51           | 01:58:03  | 01:57:19 | 07.19    |
| 25                                  | 1028   | GOŁABKA Grzegorz        | LESZNO              |  POL |              | 81      | M30/25 (M)57           | 02:01:39  | 02:00:38 | 07.32    |
| 26                                  | 1017   | PTAK Arkadiusz          | WILKSZYN            |  POL |              | 79      | M30/26 (M)58           | 02:03:26  | 02:02:32 | 07.39    |
| 27                                  | 1118   | BARSKI Zbigniew         | SZCZECIN            |  POL |              | 78      | M30/27 (M)61           | 02:03:51  | 02:02:58 | 07.41    |
| 28                                  | 1024   | DĄBROWSKI Krzysztof     | SOPOT               |  POL |              | 78      | M30/28 (M)62           | 02:04:11  | 02:03:28 | 07.43    |
| 29                                  | 1034   | BUSZKIEWICZ Tomasz      | KOSCIAN             |  POL |              | 77      | M30/29 (M)63           | 02:05:15  | 02:04:18 | 07.46    |
| <b>MINI Mężczyźni KATEGORIA:M40</b> |        |                         |                     |   |              |         |                        |           |          |          |
| 1                                   | 1146   | ŚLĘZAK Tomasz           | RYBNA               |  POL |              | 71      | M40/1 (M)7             | 01:30:23  | 01:29:42 | 05.36    |
| 2                                   | 1013   | WICHER Paweł            | PIECHOWICE          |  POL |              | 71      | M40/2 (M)8             | 01:31:10  | 01:30:27 | 05.39    |
| 3                                   | 1113   | KUCZ Tomasz             | JELEŃ GÓRA          |  POL |              | 74      | M40/3 (M)9             | 01:31:55  | 01:31:06 | 05.41    |
| 4                                   | 1090   | SALACH Radosław         | LUBSKO              |  POL |              | 72      | M40/4 (M)11            | 01:34:34  | 01:33:46 | 05.51    |
| 5                                   | 1160   | NOWAK Jacek             | WSCHOWA             |  POL |              | 71      | M40/5 (M)16            | 01:37:44  | 01:37:44 | 06.06    |
| 6                                   | 1008   | SZABŁOWSKI Artur        | KOWARY              |  POL |              | 70      | M40/6 (M)21            | 01:42:52  | 01:41:54 | 06.22    |
| 7                                   | 1088   | WASIELEWSKI Włodzimierz | ZDZIESZOWICE        |  POL |              | 70      | M40/7 (M)22            | 01:43:37  | 01:42:52 | 06.25    |
| 8                                   | 1109   | SIERADZKI Wojciech      | RASZÓWKA            |  POL |              | 73      | M40/8 (M)34            | 01:50:00  | 01:49:07 | 06.49    |
| 9                                   | 1100   | CHABKO Jacek            | WYSOKA              |  POL |              | 68      | M40/9 (M)35            | 01:50:02  | 01:49:04 | 06.49    |
| 10                                  | 1092   | MLECZKO Marek           | KRYNICA - ZDRÓJ     |  POL |              | 65      | M40/10 (M)41           | 01:54:35  | 01:53:39 | 07.06    |
| 11                                  | 1038   | SOJKA Michał            | KRAKOW              |  POL |              | 71      | M40/11 (M)45           | 01:55:21  | 01:54:12 | 07.08    |
| 12                                  | 1135   | KĘDLARSKI Krzysztof     | WARSZAWA            |  POL |              | 73      | M40/12 (M)48           | 01:57:14  | 01:56:14 | 07.15    |
| 13                                  | 1015   | TOJZA Tomasz            | PILA                |  POL |              | 74      | M40/13 (M)49           | 01:57:14  | 01:56:09 | 07.15    |
| 14                                  | 1079   | KOZŁOWSKI Tomasz        | LESZNO              |  POL |              | 70      | M40/14 (M)50           | 01:57:24  | 01:56:23 | 07.16    |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Netto    | [min/km] |
|--------------|--------|----------------------|------------------|----------|--------------|---------|------------------------|-----------|----------|----------|
| 15           | 1074   | SŁOWIK Leszek        | ZIELONA GÓRA     | POL      |              | 74      | M40/15 (M)53           | 01:59:08  | 01:58:17 | 07.23    |
| 16           | 1005   | INDYK Mariusz        | LUBAŃ            | POL      |              | 68      | M40/16 (M)54           | 02:00:06  | 01:59:12 | 07.27    |
| 17           | 1080   | DZIESZUK Dariusz     | KOSZALIN         | POL      |              | 68      | M40/17 (M)56           | 02:00:35  | 01:59:47 | 07.29    |
| 18           | 1011   | ROGÓSZ Piotr         | ŁÓDŹ             | POL      |              | 68      | M40/18 (M)59           | 02:03:34  | 02:02:42 | 07.40    |
| 19           | 1056   | RESPONDEK Dariusz    | WROCLAW          | POL      |              | 74      | M40/19 (M)60           | 02:03:44  | 02:02:59 | 07.41    |
| 20           | 1002   | KURZAJCZYK Mariusz   | KALISZ           | POL      |              | 65      | M40/20 (M)65           | 02:07:46  | 02:06:47 | 07.55    |
| 21           | 1049   | KRAK Tomasz          | ZIELONA GÓRA     | POL      |              | 72      | M40/21 (M)66           | 02:14:38  | 02:13:43 | 08.21    |
| 22           | 1102   | JAWORSKI Artur       | WROCLAW          | POL      |              | 67      | M40/22 (M)67           | 02:17:25  | 02:16:25 | 08.31    |
| 23           | 1035   | SZAFRANIEC Krzysztof | KRAKÓW           | POL      |              | 70      | M40/23 (M)72           | 02:35:59  | 02:34:54 | 09.40    |
| 24           | 1039   | SZCZYŃSKI Piotr      | KOBIERNO         | POL      |              | 65      | M40/24 (M)73           | 03:06:19  | 03:05:16 | 11.34    |

### MINI Mężczyźni KATEGORIA:M50

|   |      |                      |                     |     |  |    |             |          |          |       |
|---|------|----------------------|---------------------|-----|--|----|-------------|----------|----------|-------|
| 1 | 1072 | ADAMOWYCZ Bogusław   | BOJADŁA             | POL |  | 63 | M50/1 (M)3  | 01:25:46 | 01:25:07 | 05.19 |
| 2 | 1027 | PIETROWSKI Mariusz   | POZNAŃ              | POL |  | 62 | M50/2 (M)25 | 01:43:52 | 01:43:07 | 06.26 |
| 3 | 1033 | PARCHANOWICZ Mariusz | STRZEGOM            | POL |  | 59 | M50/3 (M)30 | 01:46:47 | 01:45:38 | 06.36 |
| 4 | 1140 | OSTROPOLSKI Henryk   | DZIERŻONIÓW         | POL |  | 57 | M50/4 (M)33 | 01:49:34 | 01:48:45 | 06.47 |
| 5 | 1032 | WOŹNIAK Piotr        | WROCLAW             | POL |  | 64 | M50/5 (M)43 | 01:54:48 | 01:53:48 | 07.06 |
| 6 | 1064 | BORTNIK Ryszard      | OPOLE               | POL |  | 60 | M50/6 (M)52 | 01:59:06 | 01:58:16 | 07.23 |
| 7 | 1048 | GAJ Marian           | WIELUŃ              | POL |  | 57 | M50/7 (M)68 | 02:19:09 | 02:18:23 | 08.38 |
| 8 | 1044 | DZIEKONSKI Jacek     | KONSTANCIN-JEZIORNA | POL |  | 57 | M50/8 (M)69 | 02:20:16 | 02:19:22 | 08.42 |

### MINI Mężczyźni KATEGORIA:M60

|   |      |                   |           |     |  |    |             |          |          |       |
|---|------|-------------------|-----------|-----|--|----|-------------|----------|----------|-------|
| 1 | 1078 | MACIEJEWSKI Piotr | KALISZ    | POL |  | 53 | M60/1 (M)64 | 02:07:45 | 02:06:47 | 07.55 |
| 2 | 1159 | MĘDRAŚ Adam       | GRUDZIĄDZ | POL |  | 46 | M60/2 (M)70 | 02:22:29 | 02:21:40 | 08.51 |
| 3 | 1041 | MAĆKOWIAK Valery  | KROTOSZYN | POL |  | 54 | M60/3 (M)74 | 03:06:20 | 03:05:17 | 11.34 |

### MINI Kobiety KATEGORIA:K20






|   |      |                       |          |     |  |    |             |          |          |       |
|---|------|-----------------------|----------|-----|--|----|-------------|----------|----------|-------|
| 1 | 1065 | LEWANDOWSKA Magdalena | ZBERKI   | POL |  | 94 | K20/1 (K)1  | 01:29:54 | 01:29:14 | 05.34 |
| 2 | 1157 | STOLIŃSKA Małgorzata  | WARSZAWA | POL |  | 87 | K20/2 (K)19 | 02:08:36 | 02:07:42 | 07.58 |
| 3 | 1122 | SZAL Aleksandra       | POZNAŃ   | POL |  | 85 | K20/3 (K)21 | 02:09:44 | 02:08:39 | 08.02 |
| 4 | 1060 | JANTOWSKA Daria       | REDA     | POL |  | 90 | K20/4 (K)26 | 02:13:40 | 02:12:42 | 08.17 |
| 5 | 1057 | ROSTKOWSKA Agata      | GRONOWO  | POL |  | 93 | K20/5 (K)35 | 02:37:09 | 02:35:58 | 09.44 |

### MINI Kobiety KATEGORIA:K30

|    |      |                         |                  |     |  |    |              |          |          |       |
|----|------|-------------------------|------------------|-----|--|----|--------------|----------|----------|-------|
| 1  | 1151 | PISKOROWSKA Danuta      | WROCLAW          | POL |  | 80 | K30/1 (K)2   | 01:30:04 | 01:29:23 | 05.35 |
| 2  | 1018 | JAROSZ Dominika         | JELENIA GÓRA     | POL |  | 81 | K30/2 (K)3   | 01:33:37 | 01:32:56 | 05.48 |
| 3  | 1067 | HOFMAN Ewa              | JELENIA GÓRA     | POL |  | 76 | K30/3 (K)4   | 01:38:02 | 01:37:21 | 06.05 |
| 4  | 1152 | BOCHEŃSKA Aleksandra    | WROCLAW          | POL |  | 75 | K30/4 (K)5   | 01:43:43 | 01:42:59 | 06.26 |
| 5  | 1029 | CHOMICZ-SZABŁOWSKA Anna | KOWARY           | POL |  | 79 | K30/5 (K)6   | 01:47:36 | 01:46:40 | 06.40 |
| 6  | 1093 | JÓŹWIAK Basia           | SIEDLCE          | POL |  | 80 | K30/6 (K)8   | 01:50:27 | 01:49:38 | 06.51 |
| 7  | 1137 | URYGA Kinga             | JERZMANOWICE     | POL |  | 83 | K30/7 (K)9   | 01:50:29 | 01:49:39 | 06.51 |
| 8  | 1040 | SIEDLACZEK Anna         | ŚWINOUJŚCIE      | POL |  | 81 | K30/8 (K)10  | 01:55:36 | 01:54:38 | 07.09 |
| 9  | 1014 | PISTL Anna              | WROCLAW          | POL |  | 84 | K30/9 (K)11  | 01:57:24 | 01:56:32 | 07.17 |
| 10 | 1006 | ANTOSZ Katarzyna        | WROCLAW          | POL |  | 81 | K30/10 (K)14 | 01:58:13 | 01:57:16 | 07.19 |
| 11 | 1004 | POLAK Justyna           | MARCISZÓW        | POL |  | 78 | K30/11 (K)15 | 01:58:52 | 01:57:52 | 07.22 |
| 12 | 1156 | JEDNORÓG Joanna         | DŁUGOŁĘKA        | POL |  | 78 | K30/12 (K)16 | 01:59:14 | 01:58:12 | 07.23 |
| 13 | 1026 | SIKORA Agnieszka        | WARSZAWA         | POL |  | 81 | K30/13 (K)17 | 02:03:56 | 02:03:03 | 07.41 |
| 14 | 1155 | MARKOWSKA Natalia       | WROCLAW          | POL |  | 83 | K30/14 (K)18 | 02:04:39 | 02:03:36 | 07.43 |
| 15 | 1010 | KOSMAŁA Joanna          | KRAKÓW           | POL |  | 76 | K30/15 (K)22 | 02:10:02 | 02:09:08 | 08.04 |
| 16 | 1145 | CELER Kornelia          | LESZNO           | POL |  | 80 | K30/16 (K)23 | 02:11:06 | 02:10:05 | 08.07 |
| 17 | 1053 | WOŹNA Magdalena         | ZIELONA GÓRA     | POL |  | 77 | K30/17 (K)27 | 02:16:21 | 02:15:25 | 08.27 |
| 18 | 1121 | SKUPNIK Anna            | WROCLAW          | POL |  | 77 | K30/18 (K)29 | 02:20:44 | 02:19:47 | 08.44 |
| 19 | 1104 | BARON-CZERWIŃSKA Magda  | TARNOWO PODGÓRNE | POL |  | 80 | K30/19 (K)30 | 02:22:31 | 02:21:42 | 08.51 |
| 20 | 1042 | ANTKOWIAK Agnieszka     | LESZNO           | POL |  | 82 | K30/20 (K)31 | 02:28:49 | 02:27:47 | 09.14 |
| 21 | 1025 | OLEJNIK Ewa             | GLIWICE          | POL |  | 83 | K30/21 (K)36 | 03:08:35 | 03:07:21 | 11.42 |

### MINI Kobiety KATEGORIA:K40

|   |      |                        |                |     |  |    |             |          |          |       |
|---|------|------------------------|----------------|-----|--|----|-------------|----------|----------|-------|
| 1 | 1144 | WILGOCKA-ŚLĘZAK Dorota | RYBNA          | POL |  | 70 | K40/1 (K)7  | 01:49:49 | 01:49:03 | 06.48 |
| 2 | 1138 | WOŹNIAK Dorota         | WROCLAW        | POL |  | 68 | K40/2 (K)12 | 01:57:57 | 01:57:00 | 07.18 |
| 3 | 1073 | SZUMIGRAJ Ewa          | PRZYTOK        | POL |  | 74 | K40/3 (K)13 | 01:58:08 | 01:57:12 | 07.19 |
| 4 | 1095 | NASTAWSKA Monika       | KALISZ         | POL |  | 74 | K40/4 (K)20 | 02:09:20 | 02:08:31 | 08.01 |
| 5 | 1052 | WŁODARCZYK Teresa      | MAŁA NIESZAWKA | POL |  | 67 | K40/5 (K)24 | 02:11:35 | 02:10:35 | 08.09 |

| <b>Miejsce Rank</b>               | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b>   | <b>Drużyna Team</b> | <b>R-k YoB</b> | <b>W kategorii in Age</b> | <b>Sex</b> | <b>Czas Time</b> | <b>Netto</b> | <b>[min/km]</b> |
|-----------------------------------|---------------|-----------------------------|-------------------------|---|---------------------|----------------|---------------------------|------------|------------------|--------------|-----------------|
| 6                                 | 1037          | PARCHANOWICZ Bożena         | STRZEGOM                |  POL |                     | 67             | K40/6                     | (K)25      | <b>02:12:14</b>  | 02:10:57     | 08.11           |
| 7                                 | 1126          | STĘPIEŃ Anna monika         | RYBNICA                 |  POL |                     | 71             | K40/7                     | (K)32      | <b>02:32:07</b>  | 02:31:11     | 09.26           |
| 8                                 | 1108          | KUCHARSKA Gabriela          | RUDAWA                  |  POL |                     | 72             | K40/8                     | (K)33      | <b>02:32:44</b>  | 02:31:39     | 09.28           |
| 9                                 | 1030          | CIEPLAK Elżbieta            | WROCLAW                 |  POL |                     | 73             | K40/9                     | (K)34      | <b>02:36:00</b>  | 02:34:56     | 09.41           |
| <b>MINI Kobiety KATEGORIA:K50</b> |               |                             |                         |   |                     |                |                           |            |                  |              |                 |
| 1                                 | 1105          | DUCH-MACKANIEC Danuta       | JELENIA GÓRA            |  POL |                     | 59             | K50/1                     | (K)28      | <b>02:17:17</b>  | 02:16:29     | 08.31           |