

V Triathlon Ziemi Sandomierskiej

Organizator: MOSiR Sandomierz; UM Sandomierz; UMIG Koprzywnica; MGOKIS Koprzywnica

Data: 17.08.2013

Dystans: 0,75 km pływanie; 20 km rower; 5 km bieg

Miejscowość: Sandomierz

M-ce	Nr zaw.	Nazwisko Imię	Miejscowość	Klub	Kat wiek.	M-ce w kat	Pływanie	Rower	Czas zmiany	Bieg	Wynik	M	K
1	136	KALINOWSKI PIOTR	WŁOCLAWEK		M2	1	00:12:07/1	00:33:38/7	00:00:46	00:21:59/18	01:08:30	1	
2	97	POŁĘĆ DANIEL	AMSTETTEN	UNION LTU LINTZ	M1	1	00:15:06/15	00:33:14/3	00:00:40	00:19:54/2	01:08:54	2	
3	95	ZAJUSZ MAREK	ANDRYCHÓW	YMCA KRAKÓW	M1	2	00:14:21/9	00:33:22/4	00:00:35	00:20:55/9	01:09:13	3	
4	30	OLEJNIK JAKUB	KIELCE	AKWEDUKT KIELCE	M0		00:14:46/12	00:33:25/5	00:00:33	00:21:41/15	01:10:25	4	
5	144	CHABEL WIKTOR	SANDOMIERZ		M1	3	00:13:45/4	00:34:32/18	00:00:33	00:21:46/16	01:10:36	5	
6	63	SMOLAK PIOTR	PORAJ	PORAJ - KROSNO	M3	1	00:16:11/25	00:34:22/13	00:00:48	00:20:27/5	01:11:48	6	
7	4	IGNATOWICZ MARCIN	MIELEC		M1	4	00:15:39/19	00:34:25/15	00:00:44	00:21:26/12	01:12:14	7	
8	28	PODWYSOCKI MARCIN	AUGUSTÓW		M1	5	00:14:00/6	00:36:28/44	00:00:48	00:21:11/11	01:12:27	8	
9	99	UHL ANDRZEJ	KRAKÓW	SPORTANDBODY	M1	6	00:15:03/14	00:36:39/46	00:00:40	00:20:16/3	01:12:38	9	
10	17	GARBACIK JACEK	STAŁOWA WOLA	SKB STAŁOWA WOLA	M3	2	00:16:54/30	00:34:29/17	00:00:51	00:20:26/4	01:12:40	10	
11	23	PIEKARZ MARIUSZ	PRZĘDZEL	SKB STAŁOWA WOLA	M2	2	00:14:50/13	00:34:28/16	00:00:49	00:23:37/31	01:13:44	11	
12	59	NOWAKOWSKI TOMASZ	SZKLARSKA PORĘBA	TS REGLE	M2	3	00:16:08/24	00:34:17/11	00:00:55	00:22:25/20	01:13:45	12	
13	25	ABRAMIUK JAKUB	LUBLIN		M1	7	00:14:12/7	00:35:02/21	00:00:37	00:24:04/34	01:13:55	13	
14	22	KORGUL MARCIN	LUBLIN	XTRI	M1	8	00:15:17/17	00:35:05/22	00:00:42	00:23:11/25	01:14:15	14	
15	133	JURASZ WOJCIECH	POZNAŃ		M3	3	00:16:07/23	00:33:03/2	00:01:07	00:24:12/36	01:14:29	15	
16	38	GOGACZ SEBASTIAN	PULAWY		M2	4	00:14:31/11	00:37:44/58	00:00:54	00:22:34/21	01:15:43	16	
17	135	MAŁYSZA MICHAŁ	LUBLIN		M2	5	00:19:04/54	00:32:06/1	00:00:49	00:23:50/33	01:15:49	17	
18	127	GŁOWACKI JAROSŁAW	PIOTRKÓW TRYBUNALSKI		M2	6	00:17:10/33	00:34:25/14	00:01:10	00:23:25/28	01:16:10	18	
19	51	JANCZUKOWICZ PIOTR	KRAKÓW		M1	9					01:16:28	19	
20	18	OLESIJUK MICHAŁ	SANDOMIERZ	RACESQUAD SANDOMIERZ	M1	10	00:15:07/16	00:34:52/20	00:00:52	00:25:59/54	01:16:50	20	
21	3	PARDYGAŁ TOMASZ	KRAKÓW	NIEZRZESZONY	M2	7	00:17:41/40	00:35:18/24	00:00:56	00:23:00/22	01:16:55	21	
22	5	GRABIĘC MARCIN	KOLBUSZOWA		M1	11	00:18:32/50	00:36:37/45	00:00:50	00:21:10/10	01:17:09	22	
23	57	KOZIOŁ ŁUKASZ	DĘBICA		M1	12	00:18:40/51	00:34:16/10	00:00:59	00:23:22/27	01:17:17	23	
24	58	KLEPACKI TOMASZ	WARSZAWA	KS TRIATHLON RAWA	M4	1	00:15:55/21	00:37:42/57	00:00:55	00:23:02/23	01:17:34	24	
25	74	KUŁYNYCZ DARIUSZ	TARNOBRZEG		M2	8	00:19:37/61	00:36:20/43	00:01:01	00:20:42/6	01:17:40	25	
26	88	KĄŻMIERCZAK ARKADIUSZ	ZGIERZ	RUCH KLUCH	M1	13	00:16:11/26	00:36:19/42	00:01:43	00:23:29/30	01:17:42	26	
27	104	KOSMAŁA KAROL	LUBLIN		M1	14	00:17:10/32	00:35:58/35	00:01:11	00:23:27/29	01:17:46	27	
28	55	KRZYWICKI CEZARY	JELEŃ GÓRA	TRI LEK	M3	4	00:15:51/20	00:35:49/31	00:00:45	00:25:24/43	01:17:49	28	
29	27	ILNICKI DARIUSZ	KRAKÓW	-	M1	15	00:20:21/76	00:35:53/33	00:00:51	00:20:51/8	01:17:56	29	
30	36	JUCHA MICHAŁ	ŁÓDŹ	RSYIOTEAM	M2	9	00:19:49/65	00:36:12/38	00:00:40	00:21:30/13	01:18:11	30	
31	21	ZWIERCZOWSKI ANDRZEJ	GŁOGÓW MAŁOPOLSKI	BIEGUNKA TEAM	M1	16	00:18:13/46	00:35:38/28	00:01:17	00:23:07/24	01:18:15	31	
32	56	OLSZEWSKI TOMASZ	DĘBICA		M2	10	00:17:13/34	00:35:56/34	00:01:34	00:24:20/37	01:19:03	32	
33	13	SĄSIĄDEK MACIEJ	ROBECZYCE		M1	17	00:18:54/53	00:38:50/69	00:00:31	00:20:49/7	01:19:04	33	
34	117	PAJĄK TOMASZ	SANDOMIERZ	VEGE RUNNERS	M1	18	00:20:19/75	00:36:02/36	00:01:14	00:21:31/14	01:19:06	34	
35	14	POKRYWIŃSKI MARCIN	WARSZAWA	NIEZRZESZONY	M1	19	00:15:59/22	00:37:01/48	00:00:43	00:25:24/44	01:19:07	35	
36	109	BARSCZ MARCIN	WARSZAWA	FC BARCELONA	M1	20	00:21:06/87	00:34:51/19	00:01:07	00:22:25/19	01:19:29	36	
37	116	JESIOŃEK JAROSŁAW	SANDOMIERZ	VEGE RUNNERS	M1	21	00:20:46/82	00:35:24/25	00:01:27	00:21:58/17	01:19:35	37	
38	78	RAK ŁUKASZ	JASŁO	JASIELSKIE STOWARZYSZENIE CYKLISTÓW	M2	11	00:19:36/60	00:34:13/9	00:01:24	00:24:30/40	01:19:43	38	
39	34	BANAŚ ŁUKASZ	RZESZÓW		M1	22	00:17:28/37	00:35:50/32	00:00:55	00:25:43/48	01:19:56	39	
40	118	MAJOS PAULINA	KIELCE	AKWEDUKT KIELCE	K0		00:12:25/3	00:40:10/90	00:00:45	00:26:39/63	01:19:59		1
41	43	SŁODKI MACIEJ	PŁOCK	PTT DELTA	M2	12	00:17:51/42	00:35:45/30	00:01:05	00:26:01/56	01:20:42	40	
42	15	JASKOWSKA BOŻENA	RZESZÓW		K1	1	00:17:33/38	00:38:05/60	00:01:24	00:23:45/32	01:20:47		2
43	139	MORGUN GIENNADIJ	KRAKÓW		M3	5	00:14:18/8	00:37:15/52	00:01:13	00:28:07/82	01:20:53	41	
44	84	RACHWAŁIK TOMASZ	STASI ŁAS	XTRI	M2	13	00:16:45/29	00:38:26/65	00:01:18	00:24:24/38	01:20:53	42	
45	67	WALEWSKI ŁUKASZ	RZESZÓW		M2	14	00:15:26/18	00:37:23/54	00:01:21	00:26:52/67	01:21:02	43	
46	150	WITKOWSKI PAWEŁ	SOCHACZEW		M2	23	00:17:26/35	00:36:17/40	00:01:29	00:26:24/62	01:21:36	44	
47	48	ZARZYCKI GRZEGORZ	OSTROWIEC SWIETOKRZYSKI		M2	15	00:18:09/45	00:35:30/27	00:01:21	00:26:44/66	01:21:44	45	
48	142	JARNOT PIOTR	OŚWIĘCIM		M1	24	00:25:17/115	00:42:15/105	00:01:33	00:12:43/1	01:21:48	46	
49	143	NIEWCZAS MICHAŁ	LUBLIN		M1	25	00:16:37/28	00:35:07/23	00:00:52	00:29:13/85	01:21:49	47	
50	26	SAWICZ TOMASZ	LUBLIN	UNIQA LKKG BGŻ LUBLIN	M1	26	00:17:35/39	00:33:39/8	00:00:55	00:29:51/89	01:22:00	48	
51	134	MATRAS KRZYSZTOF	LUBLIN		M2	16	00:21:07/88	00:35:44/29	00:01:08	00:24:06/35	01:22:05	49	
52	32	ZAJĄC TOMASZ	RUDAWA	NIEZRZESZONY	M1	27	00:20:15/73	00:35:30/26	00:00:53	00:25:30/46	01:22:08	50	
53	47	WYTRWAŁ ADAM	TARNÓW		M2	17	00:16:57/31	00:37:05/49	00:01:53	00:26:16/59	01:22:11	51	
54	75	TROJANOWSKI PIOTR	RUDNIK NAD SANEM		M2	18	00:18:31/49	00:37:27/55	00:01:12	00:25:43/49	01:22:53	52	
55	101	CZERWIŃSKI DARIUSZ	SANDOMIERZ		M2	19	00:19:43/63	00:36:11/37	00:01:15	00:25:56/53	01:23:05	53	

56	96	ZMYSŁOWSKI ŁUKASZ	LUBLIN		M1	28	00:20:06/70	00:36:14/39	00:01:06	00:26:09/57	01:23:35	54	
57	24	POLAK KRZYSZTOF	STAŁOWA WOLA	NIEZRZESZONY	M3	6	00:19:27/58	00:34:19/12	00:01:13	00:30:02/90	01:25:01	55	
58	113	URBAN BARTŁOMIEJ	STAŁOWA WOLA		M1	29	00:20:08/71	00:36:18/41	00:01:17	00:27:27/72	01:25:10	56	
59	112	MAKOWSKI MAREK	PRUSZKÓW	12TRI.PL	M1	30	00:20:04/67	00:37:22/53	00:01:07	00:26:43/64	01:25:16	57	
60	71	PORĘBA MARIUSZ	RZESZÓW	RZESZOWSKIE GAZETE I GEPARDY	M2	20	00:20:05/68	00:38:25/64	00:01:11	00:25:47/52	01:25:28	58	
61	148	FURMAN TOMASZ	WARSZAWA		M3	7	00:17:27/36	00:40:03/87	00:00:43	00:27:34/75	01:25:47	59	
62	137	SKRABEL TOMASZ	JAWORZNO		M1	31	00:18:51/52	00:40:58/96	00:01:10	00:25:13/42	01:26:12	60	
63	16	WYDRA PAULINA	KRAKÓW	NIEZRZESZONY	K1	2	00:19:28/59	00:40:13/91	00:00:33	00:25:59/55	01:26:13		3
64	9	KRASOŃ MARIUSZ	SANDOMIERZ		M2	21	00:20:05/69	00:37:32/56	00:01:14	00:27:37/76	01:26:28	61	
65	132	ŚPIEWAK TOMASZ	TARNÓW		M1	32	00:20:53/83	00:37:08/51	00:01:06	00:27:33/74	01:26:40	62	
66	49	PALKA JACEK	DOBRA	LIMANOWA FORREST, IPA LIMANOWA	M1	33	00:18:21/47	00:39:43/83	00:01:16	00:27:30/73	01:26:50	63	
67	114	WOLAŃSKI PIOTR	RZESZÓW	-	M1	34	00:23:42/109	00:39:03/74	00:00:57	00:23:15/26	01:26:57	64	
68	92	TOMAKA WOJCIECH	RZESZÓW	JIM2010	M2	22	00:22:36/105	00:38:45/68	00:01:09	00:24:29/39	01:26:59	65	
69	6	WONKO EWA	ŁÓDŹ	MEDICYCLING TEAM	K1	3	00:18:04/43	00:41:25/98	00:01:09	00:26:24/61	01:27:02		4
70	70	KAŹMIERZAK - SOWA ADRIANA	ŁÓDŹ	RUCH KLUCH	K1	4	00:20:15/74	00:39:37/82	00:01:25	00:25:45/51	01:27:02		5
71	106	GÓRNIŚWICZ PIOTR	KRAKÓW	NIEZRZESZONY	M2	23	00:21:18/91	00:38:29/66	00:00:53	00:27:05/69	01:27:45	66	
72	124	ZMYSŁOWSKI IGOR	LUBLIN		M1	35	00:22:14/103	00:38:34/67	00:01:17	00:25:40/47	01:27:45	67	
73	46	SIEROŃ JACEK	SANDOMIERZ		M3	8	00:22:09/102	00:38:52/71	00:00:45	00:26:17/60	01:28:03	68	
74	119	HAWAJSKA MAŁGORZATA	KRAKÓW		K1	5	00:19:53/66	00:41:43/100	00:00:58	00:25:29/45	01:28:03		6
75	50	SZYMCZAK ROMAN	TARNOBRZEG	BODYMORS	M2	24	00:19:17/56	00:38:12/62	00:01:20	00:29:38/88	01:28:27	69	
76	20	JUREK PRZEMYSŁAW	TARNÓW		M1	36	00:13:46/5	00:38:55/72	00:01:04	00:34:50/114	01:28:35	70	
77	39	NAJA KRZYSZTOF	STAŁOWA WOLA		M1	37	00:20:42/80	00:36:51/47	00:01:13	00:30:18/93	01:29:04	71	
78	102	JUNG JAKUB	WARSZAWA	WTT WARSZAWA	M1	38	00:19:42/62	00:40:42/95	00:00:48	00:28:01/80	01:29:13	72	
79	83	KOWALSKI GRZEGORZ	SAINT NEOTS		M2	25	00:17:45/41	00:40:09/89	00:00:50	00:30:46/97	01:29:30	73	
80	35	STANEK JAROSŁAW	PIŃCZÓW		M3	9	00:21:03/86	00:38:51/70	00:01:46	00:27:58/79	01:29:38	74	
81	41	WONKO ADAM	TOMASZÓW MAZOWIECKI	KB OLIMP	M4	2	00:23:19/107	00:39:23/79	00:01:52	00:25:06/41	01:29:40	75	
82	123	JURKIEWICZ KATARZYNA	POZNAŃ		K1	6	00:20:36/79	00:38:06/61	00:01:06	00:30:03/91	01:29:51		7
83	42	JARCZYŃSKI TOMASZ	JĘDRZEJÓW	NIEZRZESZONY	M3	10	00:22:25/104	00:39:11/76	00:00:35	00:28:03/81	01:30:14	76	
84	10	KUREK ARKADIUSZ	PIŃCZÓW	NIEZRZESZONY	M1	39	00:24:39/114	00:38:56/73	00:01:16	00:26:10/58	01:31:01	77	
85	89	TRZENSIOK MAREK	BYTOM		M2	26	00:14:26/10	00:39:18/78	00:00:54	00:36:52/119	01:31:30	78	
86	93	LIPA IRENIJESZ	DĘBICA		M1	40	00:19:20/57	00:44:21/113	00:00:37	00:27:12/70	01:31:30	79	
87	76	TROJANOWSKI MICHAŁ	RUDNIK NAD SANEM		M1	41	00:19:47/64	00:39:36/81	00:01:40	00:30:41/95	01:31:44	80	
88	11	PAJDA JAROMIR	JAROSŁAW		M2	27	00:20:09/72	00:41:18/97	00:01:12	00:29:27/87	01:32:06	81	
89	115	KUŚMIEREK MARIUSZ	WŁODAWA		M2	28	00:21:01/85	00:42:45/107	00:01:20	00:27:25/71	01:32:31	82	
90	29	ANDRZEJ BUKSA	PYSZNICA	NIEZRZESZONY	M2	29	00:18:29/48	00:38:02/59	00:01:23	00:34:40/113	01:32:34	83	
91	44	CHMIEL DARIUSZ	KRAŚNIK		M3	11	00:23:46/110	00:39:54/85	00:01:18	00:27:38/77	01:32:36	84	
92	131	JURKIEWICZ ŚPIEWAK KATARZYNA	TARNÓW		K1	7	00:20:29/78	00:39:14/77	00:01:06	00:32:01/107	01:32:50		8
93	107	MAZUR-ZAGÓRSKA ELŻBIETA	BOCHNIA		K2	1	00:18:06/44	00:42:42/106	00:01:21	00:31:21/101	01:33:30		9
94	108	SMOLIŃSKI MARCIN	STAŁOWA WOLA		M1	42	00:21:43/98	00:43:17/111	00:01:53	00:26:43/65	01:33:36	85	
95	77	CZEPIEL-RAK KATARZYNA	JASŁO	JASIELSKIE STOWARZYSZENIE CYKLISTÓW	K2	2	00:21:42/97	00:41:33/99	00:01:16	00:29:14/86	01:33:45		10
96	62	PASTUSZKO PAWEŁ	TARNÓW		M2	30	00:21:13/89	00:37:05/50	00:01:57	00:33:40/110	01:33:55	86	
97	37	PIETROSIUK ROMUALD	MIEDZYRZEC PODLASKI		M4	3	00:21:50/101	00:40:16/92	00:01:56	00:30:14/92	01:34:16	87	
98	69	MATERNA ROMAN	RZESZÓW	BBL RZESZÓW	M3	12	00:21:21/94	00:40:08/88	00:01:31	00:31:22/102	01:34:22	88	
99	12	CUDECKI DAMIAN	DĘBICA	NIEZRZESZONY	M2	31	00:21:32/96	00:39:52/84	00:01:02	00:31:59/106	01:34:25	89	
100	61	WĄSIK MARCIN	KRAKÓW		M2	32	00:21:20/93	00:42:47/108	00:01:18	00:29:09/84	01:34:34	90	
101	66	ŚWINIARSKI PIOTR	BYDGOSZCZ	NIEZRZESZONY	M1	43	00:21:19/92	00:40:19/94	00:01:09	00:32:38/108	01:35:25	91	
102	31	KŁOCKIEWICZ RAFAŁ	PYSZNICA		M2	33	00:21:49/100	00:38:16/63	00:01:39	00:33:46/111	01:35:30	92	
103	65	NEJMAN ANDRZEJ	WARSZAWA		M1	44	00:21:15/90	00:39:23/80	00:03:11	00:31:54/105	01:35:43	93	
104	128	KRAJEWSKI MACIEJ	WŁOCLAWEK		M2	34	00:19:09/55	00:45:16/117	00:00:52	00:30:44/96	01:36:01	94	
105	73	POMYKAŁA MICHAŁ	RADOM		M1	45	00:20:28/77	00:40:16/93	00:01:29	00:34:14/112	01:36:27	95	
106	54	CZERWIŃSKA BOŻENA	SANDOMIERZ	TEAM SANDOMIERZ	K2	3	00:24:07/112	00:44:48/115	00:00:58	00:26:57/68	01:36:50		11
107	1	POŁEĆ LECH	AMSTETTEN	UNION LTU LINTZ	M3	13	00:23:20/108	00:39:59/86	00:01:17	00:32:39/109	01:37:15	96	
108	19	BACHURSKI MARIUSZ	DĘBICA		M2	35	00:20:44/81	00:44:46/114	00:01:02	00:30:54/98	01:37:26	97	
109	52	CIEPLIŃSKI TOMASZ	WARSZAWA		M1	46	00:22:40/106	00:42:07/104	00:01:38	00:31:06/99	01:37:31	98	
110	40	MUCHA JANUSZ	STAŁOWA WOLA	SKB STAŁOWA WOLA	M3	14	00:28:23/121	00:43:26/112	00:00:44	00:25:44/50	01:38:17	99	
111	126	KOZIOŁ RADOŚLAW	WŁODAWA		M1	47	00:21:00/84	00:42:04/103	00:01:04	00:35:04/115	01:39:12	100	
112	79	WOJCIECHOWSKI JANUSZ	KRAKÓW	KKB. DYSTANS	M4	4	00:26:09/119	00:41:43/102	00:00:53	00:31:06/100	01:39:51	101	
113	120	SZEWczyk SŁAWOMIR	JAROSŁAW		M2	36	00:25:30/118	00:46:07/120	00:00:38	00:27:56/78	01:40:11	102	
114	121	KURECKI ROBERT	RZESZÓW		M2	37	00:25:21/117	00:45:01/116	00:00:41	00:31:42/104	01:42:45	103	
115	98	SZYMCZYNA ZDZIŚLAW	KRAKÓW	KKB DYSTANS KRAKÓW - ROA SZCZECIN	M3	15	00:25:18/116	00:47:15/123	00:00:56	00:31:33/103	01:45:02	104	
116	110	JARNOT BARTŁOMIEJ	OŚWIĘCIM		M1	48	00:21:45/99	00:43:06/109	00:01:59	00:38:48/120	01:45:38	105	

117	125	ZAJUSZ MICHAŁ	ANDRYCHÓW		M1	49	00:23:54/111	00:39:06/75	00:01:11	00:42:19/122	01:46:30	106	
118	85	MIKOŁAJCZYK PIOTR	BĘDZIN	TKKF CZELADZ	M4	5	00:34:21/126	00:43:15/110	00:00:57	00:28:49/83	01:47:22	107	
119	145	ZĘBALA MICHAŁ	SAMBORZEC		M1	50	00:29:44/122	00:46:26/121	00:00:59	00:30:23/94	01:47:32	108	
120	86	STEPNIOWSKA ELŻBIETA	TARNOBRZEG		K2	4	00:21:26/95	00:56:06/125	00:01:04	00:35:15/116	01:53:51		12
121	103	OLESIEJUK ANTONI	LUBARTÓW		M4	6	00:33:31/124	00:46:35/122	00:01:56	00:36:07/118	01:58:09	109	
122	2	POZNAŃSKA MARTA	OŚWIĘCIM		K1	8	00:34:02/125	00:48:04/124	00:01:33	00:35:38/117	01:59:17		13
123	149	NAJA RYSZARD	STAŁOWA WOLA		M4	7	00:32:27/123	00:45:23/118	00:01:19	00:40:46/121	01:59:55	110	
124	122	KADŁUBOWSKA MARTA	SZCZECIN	NIEZRZESZONY	K1	9	00:24:27/113	01:06:44/126	00:01:12	00:43:27/123	02:15:50		14