

XXII Bieg Powstania Warszawskiego 2012
WYNIKI ZAWODÓW / RESULTS LIST

Bieg 5km

Organizator: WOSIR
Data: 28 lipca 2012 r.
Miejsce: Warszawa
Dystans: 5km

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | | | |
|-------------|-----------|-------------------------|---------------------|--------------|---|------------|-----------------------|----------------|---------------|-------------|--------------|--------------|--------------|--------------|-------|--|
| | | | | | | | | | | | 2.5km | 4.1mk | 5km | 7.5km | 9.1km | |
| 1 | 4352 | KOZŁOWSKI Artur | SIERADZ | | POLTRAF-ASCLEPIOS TEAM | 85 | M20/1 | M / 1 | 00:14:22 | 02.52 | +0:00:01 | 0:06:49 / 1 | 0:12:32 / 1 | | | |
| 2 | 36 | BERNARDELLI Michał | | | | | | M / 2 | 00:14:31 | 02.54 | +0:00:09 | 0:06:50 / 2 | 0:12:36 / 2 | | | |
| 3 | 38 | DOBROWOLSKI Emil | | | | | | M / 3 | 00:14:45 | 02.57 | +0:00:23 | 0:06:51 / 3 | 0:12:40 / 3 | | | |
| 4 | 813 | KŁECZEK Radosław | | | | | | M / 4 | 00:15:05 | 03.01 | +0:00:43 | 0:06:51 / 4 | 0:13:01 / 4 | | | |
| 5 | 37 | BRESZKA Michał | | | | | | M / 5 | 00:15:15 | 03.03 | +0:00:53 | 0:07:04 / 6 | 0:13:19 / 5 | | | |
| 6 | 1591 | MIELEWCZYK Piotr | ŁĘBORK | | BANKI / IDEABANK | 90 | M20/2 | M / 6 | 00:15:19 | 03.03 | +0:00:57 | 0:06:57 / 5 | 0:13:20 / 6 | | | |
| 7 | 4507 | MŁYNARZ Kamil | ŁĘCZNOWOLA | | | | | M / 7 | 00:15:43 | 03.08 | +0:01:21 | 0:07:15 / 7 | 0:13:45 / 9 | | | |
| 8 | 1514 | LOBODZIŃSKI Piotr | BIELSK | | PUMA RUNNING TEAM | 85 | M20/4 | M / 8 | 00:15:43 | 03.08 | +0:01:21 | 0:07:20 / 9 | 0:13:42 / 8 | | | |
| 9 | 4548 | OLSZEWSKI Bartosz | WARSZAWA | | MIESZKANCY_WAWA / WARSZAWIAKY | 84 | M20/5 | M / 9 | 00:15:50 | 03.10 | +0:01:28 | 0:07:19 / 8 | 0:13:41 / 7 | | | |
| 10 | 1653 | CIELUSZECKI Jacek | POOLE/WIELKA | | BOURNEMOUTH AC | 77 | M30/1 | M / 10 | 00:16:15 | 03.15 | +0:01:54 | 0:07:29 / 10 | 0:14:06 / 10 | | | |
| 11 | 4494 | MIERZEJEWSKI Krzysztof | SIEDLCE | | YULO RUN TEAM SIEDLCE | 76 | M30/2 | M / 11 | 00:16:16 | 03.15 | +0:01:54 | 0:07:43 / 16 | 0:14:14 / 12 | | | |
| 12 | 4505 | MŁODZIKOWSKI Paweł | ADAMÓW | | INNE / V-MAX ADAMÓW | 87 | M20/6 | M / 12 | 00:16:26 | 03.17 | +0:02:05 | 0:07:34 / 14 | 0:14:14 / 11 | | | |
| 13 | 947 | BEŁOWSKI Mateusz | PULAWY | | | | | M / 13 | 00:16:31 | 03.18 | +0:02:09 | 0:07:32 / 11 | 0:14:19 / 13 | 0:35:11 / 32 | | |
| 14 | 402 | KSIĄŻKIEWICZ Piotr | | | | | | M / 14 | 00:16:32 | 03.18 | +0:02:10 | 0:07:54 / 21 | 0:14:35 / 16 | | | |
| 15 | 1057 | GIŻYŃSKI Przemysław | PŁOCK | | INNE / TKKF PŁOCK | 79 | M30/3 | M / 15 | 00:16:39 | 03.19 | +0:02:18 | 0:07:32 / 12 | 0:14:26 / 14 | | | |
| 16 | 1504 | SZYMBORSKI Rafał | GÓRA | | MKS POLONIA WARSZAWA | 92 | M20/9 | M / 16 | 00:16:41 | 03.20 | +0:02:19 | 0:07:45 / 19 | 0:14:38 / 17 | | | |
| 17 | 4503 | MISIUREK Krzysztof | KURÓW | | INNE / KLEMENTOWICE | 88 | M20/10 | M / 17 | 00:16:44 | 03.20 | +0:02:22 | 0:07:44 / 17 | 0:14:32 / 15 | | | |
| 18 | 783 | LIPIEC Tomasz | WARSZAWA | | FESTIWAL BIEGOWY | 71 | M40/1 | M / 18 | 00:16:51 | 03.22 | +0:02:29 | 0:07:43 / 15 | 0:14:40 / 18 | | | |
| 19 | 4667 | RUSINIAK Rafał | CIECHANOWIEC | | PREFBET ŚNIADOWO ŁOMŻA | 93 | M20/11 | M / 19 | 00:17:00 | 03.24 | +0:02:39 | 0:07:33 / 13 | 0:14:41 / 19 | 0:35:24 / 35 | | |
| 20 | 4293 | KINASZ Jerzy | WARSZAWA | | MIESZKANCY_WAWA / AKL URSYŃÓW | 94 | M20/12 | M / 20 | 00:17:05 | 03.25 | +0:02:43 | 0:07:45 / 18 | 0:14:53 / 20 | | | |
| 21 | 1443 | KROCHMAL Paweł | WARSZAWA | | AKL - URSYŃÓW | 93 | M20/13 | M / 21 | 00:17:20 | 03.28 | +0:02:59 | 0:07:50 / 20 | 0:15:08 / 23 | | | |
| 22 | 517 | IGNATOWICZ Andrzej | WARSZAWA | | MIESZKANCY_WAWA / TRUCHT TARCHOMIN TEAM | 74 | M30/4 | M / 22 | 00:17:21 | 03.28 | +0:03:00 | 0:08:01 / 26 | 0:15:09 / 24 | | | |
| 23 | 1204 | OMSZAŃSKI Marek | WARSZAWA | | MIESZKANCY_WAWA / TRUCHT TARCHOMIN TEAM | 81 | M30/5 | M / 23 | 00:17:23 | 03.28 | +0:03:02 | 0:08:02 / 27 | 0:15:01 / 21 | | | |
| 24 | 4468 | MATCZAK Bartosz | WARSZAWA | | MIESZKANCY_WAWA / EDC RUNNERS | 81 | M30/6 | M / 24 | 00:17:25 | 03.29 | +0:03:03 | 0:07:59 / 24 | 0:15:04 / 22 | | | |
| 25 | 580 | ŚLIWA Krzysztof | WARSZAWA | | MIESZKANCY_WAWA / | 85 | M20/14 | M / 25 | 00:17:29 | 03.29 | +0:03:08 | 0:08:22 / 39 | 0:15:22 / 27 | | | |
| 26 | 95 | LASIŃSKI Michał | | | INNE / AZS | | | M / 26 | 00:17:32 | 03.30 | +0:03:11 | 0:08:06 / 28 | 0:15:18 / 26 | | | |
| 27 | 1313 | ZANIEWSKA Izabela | WARSZAWA | | K.S. PODLASIE BIAŁYSTOK | 88 | K20/1 | K / 1 | 00:17:35 | 03.31 | +0:03:13 | 0:08:08 / 29 | 0:15:23 / 29 | | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | |
|-------------|--------|-----------------------|------------------|-----------|--|-----------|--------------------|-------------|------------|----------|--------------|--------------|--------------|--------------|
| 28 | 2148 | KRUSZYŃSKI Grzegorz | PRUSZKÓW | POL | | 74 M30/7 | M / 27 | 00:17:37 | 03.31 | +0:03:15 | 0:07:58 / 23 | 0:15:14 / 25 | | |
| 29 | 4332 | KOSMALSKI Marcin | WŁOCŁAWEK | POL | INNE / | 84 M20/15 | M / 28 | 00:17:39 | 03.31 | +0:03:17 | 0:08:21 / 38 | 0:15:28 / 30 | | |
| 30 | 4640 | PUDEŁKO Jakub | PIASECZNO | POL | | 90 M20/16 | M / 29 | 00:17:43 | 03.32 | +0:03:21 | 0:08:09 / 30 | 0:15:30 / 31 | | |
| 31 | 4360 | KRYGIER Krzysztof | GRODZISKO | POL | INNE / ZS IM.JADWIGI GRODZKIEJ W ŁĘCZYCY | 91 M20/17 | M / 30 | 00:17:53 | 03.34 | +0:03:31 | 0:07:58 / 22 | 0:15:23 / 28 | | |
| 32 | 1691 | BASSEŃDOWSKI Piotr | ŁÓDŹ | POL | | 74 M30/8 | M / 31 | 00:17:58 | 03.35 | +0:03:36 | 0:08:27 / 42 | 0:15:37 / 32 | | |
| 33 | 4427 | LUKASIAK Adam | CHORKI 24 | POL | ZS IM.JADWIGI GRODZKIEJ W ŁĘCZYCY | 95 M20/18 | M / 32 | 00:18:00 | 03.36 | +0:03:39 | 0:08:36 / 46 | 0:15:44 / 34 | | |
| 34 | 414 | JASIŃSKI Mateusz | | POL | ADWOKACI / | | M / 33 | 00:18:04 | 03.36 | +0:03:43 | 0:08:32 / 45 | 0:15:52 / 36 | 0:30:16 / 1 | 0:40:28 / 2 |
| 35 | 4391 | LASECKI Mariusz | KARCZEW | POL | INNE / | 80 M30/9 | M / 34 | 00:18:09 | 03.37 | +0:03:48 | 0:08:18 / 37 | 0:15:44 / 35 | | |
| 36 | 4858 | WESOŁOWSKI Ireneusz | WARSZAWA | POL | AZS AWF WARSZAWA | 74 M30/10 | M / 35 | 00:18:10 | 03.38 | +0:03:48 | 0:08:25 / 40 | 0:15:58 / 39 | | |
| 37 | 230 | STELMACH Dominika | | POL | | | K / 2 | 00:18:13 | 03.38 | +0:03:51 | 0:08:11 / 32 | 0:15:43 / 33 | | |
| 38 | 1539 | NOWOCIEŃ Jacek | PODKOWA | POL | NOLETT-FINANCE DORADZTWO | 59 M50/1 | M / 36 | 00:18:16 | 03.39 | +0:03:55 | 0:08:26 / 41 | 0:15:52 / 37 | | |
| GOSPODARCZE | | | | | | | | | | | | | | |
| 39 | 666 | ZWIERSZCHOŃ Grzegorz | WARSZAWA | POL | | 81 M30/11 | M / 37 | 00:18:23 | 03.40 | +0:04:02 | 0:08:10 / 31 | 0:15:56 / 38 | | |
| 40 | 1840 | EJSMONT Piotr | SUPRAŚL | POL | INNE / DRUŻYNA GANDALFA | 88 M20/19 | M / 38 | 00:18:24 | 03.40 | +0:04:03 | 0:08:16 / 35 | 0:16:01 / 41 | | |
| 41 | 4325 | KOPER Zbigniew | JANÓW | POL | INNE / WARSZAWSKIE HOSPICJUM DLA DZIECI | 63 M40/2 | M / 39 | 00:18:33 | 03.42 | +0:04:11 | 0:08:14 / 34 | 0:16:00 / 40 | | |
| 42 | 213 | SALAK Michał | WARSZAWA | POL | PKO / | 80 M30/12 | M / 40 | 00:18:37 | 03.43 | +0:04:15 | 0:08:39 / 49 | 0:16:15 / 46 | | |
| 43 | 4969 | KUROWSKI Kamil | ZALESIE GÓRNE | POL | | 84 M20/20 | M / 41 | 00:18:43 | 03.44 | +0:04:22 | 0:08:12 / 33 | 0:16:13 / 42 | | |
| 44 | 1304 | PĘKALA Leszek | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 M30/13 | M / 42 | 00:18:46 | 03.45 | +0:04:25 | 0:08:17 / 36 | 0:16:13 / 44 | | |
| 45 | 4564 | PAJDOSZ Rafał | BIAŁA PODLASKA | POL | KB BIAŁA BIEGA | 77 M30/14 | M / 43 | 00:18:47 | 03.45 | +0:04:25 | 0:08:51 / 54 | 0:16:21 / 47 | | |
| 46 | 1717 | BIBIK Andrii | | POL | | | M / 44 | 00:18:51 | 03.46 | +0:04:29 | 0:08:29 / 43 | 0:16:13 / 45 | | |
| 47 | 1661 | DZIWOSZ Katarzyna | WARSZAWA | POL | | 80 K30/1 | K / 3 | 00:18:58 | 03.47 | +0:04:36 | 0:08:36 / 47 | 0:16:24 / 48 | | |
| 48 | 4443 | MALEC Bartek | AUGUSTÓW | POL | ATP AUGUSTÓW | 80 M30/15 | M / 45 | 00:19:02 | 03.48 | +0:04:41 | 0:07:59 / 25 | 0:16:13 / 43 | | |
| 49 | 1535 | KOWALIK Paweł | KOMARÓWKA | POL | | 90 M20/21 | M / 46 | 00:19:04 | 03.48 | +0:04:42 | 0:08:41 / 50 | 0:16:36 / 51 | 0:29:03 / 15 | |
| 50 | 1773 | CHRABAŁOWSKI Jarosław | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 M20/22 | M / 47 | 00:19:06 | 03.49 | +0:04:44 | 0:08:57 / 58 | 0:16:30 / 50 | | |
| 51 | 170 | ROMAN Adam | WARSZAWA | POL | PKO / | 85 M20/23 | M / 48 | 00:19:09 | 03.49 | +0:04:47 | 0:08:38 / 48 | 0:16:30 / 49 | | |
| 52 | 1516 | GISKA Fabian | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 M20/24 | M / 49 | 00:19:13 | 03.50 | +0:04:52 | 0:08:56 / 57 | 0:16:42 / 53 | | |
| 53 | 1448 | PIOTROWSKI Andrzej | WARSZAWA | POL | INNE / ORTOREH RUNNING TEAM | 72 M40/3 | M / 50 | 00:19:16 | 03.51 | +0:04:55 | 0:09:01 / 61 | 0:16:49 / 55 | | |
| 54 | 711 | WOJDOWSKI Kamil | WARSZAWA | POL | | 92 M20/25 | M / 51 | 00:19:24 | 03.52 | +0:05:02 | 0:08:49 / 51 | 0:16:37 / 52 | 0:37:21 / 49 | |
| 55 | 4595 | PIECHOTA Jarosław | ŁÓDŹ | POL | INNE / K B ARTURÓWEK ŁÓDŹ | 74 M30/16 | M / 52 | 00:19:30 | 03.54 | +0:05:09 | 0:08:31 / 44 | 0:16:49 / 54 | | |
| 56 | 1104 | KIELECKI Tomasz | WARSZAWA | POL | | 85 M20/26 | M / 53 | 00:19:38 | 03.55 | +0:05:16 | 0:08:56 / 56 | 0:17:00 / 56 | | |
| 57 | 1281 | MISZTAŁ Łukasz | JÓZEFOSŁAW | POL | KONDYCJA | 81 M30/17 | M / 54 | 00:19:40 | 03.56 | +0:05:18 | 0:09:33 / 76 | 0:17:25 / 63 | 0:47:14 / 11 | 0:58:08 / 14 |
| 58 | 1618 | TEKIEŃ Joanna | WARSZAWA | POL | MIESZKANCY_WAWA / WARSZAWIANKA | 87 K20/2 | K / 4 | 00:19:45 | 03.57 | +0:05:24 | 0:08:50 / 53 | 0:17:16 / 60 | | |
| 59 | 560 | PHILLIPS Robert | WARSZAWA | POL | WITC | 74 M30/18 | M / 55 | 00:19:48 | 03.57 | +0:05:26 | 0:08:50 / 52 | 0:17:06 / 57 | 1:02:06 / 18 | |
| 60 | 267 | KRUPIŃSKI Maciej | WARSZAWA | POL | | 84 M20/27 | M / 56 | 00:19:51 | 03.58 | +0:05:29 | 0:09:12 / 63 | 0:17:20 / 62 | | |
| 61 | 873 | NIEMCZYK Damian | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 M20/28 | M / 57 | 00:19:55 | 03.59 | +0:05:34 | 0:08:55 / 55 | 0:17:16 / 59 | | |
| 62 | 4126 | KLIŚ Maciej | WARSZAWA | POL | INNE / DEAD ON ARRIVAL | 77 M30/19 | M / 58 | 00:19:58 | 03.59 | +0:05:36 | 0:09:27 / 71 | 0:17:16 / 58 | | |
| 63 | 1620 | DĄBROWSKI Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 M30/20 | M / 59 | 00:20:00 | 04.00 | +0:05:38 | 0:09:30 / 75 | 0:17:20 / 61 | | |
| 64 | 3800 | SZYMAŃSKI Piotr | PRUSZKÓW | POL | INNE / ENTRE.PL TEAM | 80 M30/21 | M / 60 | 00:20:06 | 04.01 | +0:05:45 | 0:09:30 / 74 | 0:17:45 / 74 | 0:28:21 / 13 | |
| 65 | 1598 | KOŚCIELSKI Mateusz | KĄTY | POL | KĄTY WĘGIERSKIE | 76 M30/22 | M / 61 | 00:20:09 | 04.01 | +0:05:47 | 0:09:25 / 68 | 0:17:38 / 67 | | |
| 66 | 4820 | TAJCHMAN Michał | WŁOSZCZOWA | POL | | 82 M30/23 | M / 62 | 00:20:12 | 04.02 | +0:05:51 | 0:09:11 / 62 | 0:17:36 / 66 | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | |
|----------|--------|----------------------|------------------|-----------|-------------------------------|---------|--------------------|-------------|------------|----------|--------------|---------------|---------------|---------------|
| 67 | 561 | DĘBEK Marcin | WARSZAWA | POL | | 96 | M20/29 | M / 63 | 00:20:14 | 04.02 | +0:05:52 | 0:09:29 / 73 | 0:17:40 / 71 | |
| 68 | 1305 | MICHALAK Krzysztof | RZĄDZA | POL | KB DREPTAK MIŃSK MAZ. | 67 | M40/4 | M / 64 | 00:20:16 | 04.03 | +0:05:55 | 0:09:42 / 85 | 0:17:35 / 65 | |
| 69 | 763 | ŁASZCZUK Witold | W-WA | POL | AGORA | 59 | M50/2 | M / 65 | 00:20:17 | 04.03 | +0:05:56 | 0:09:20 / 65 | 0:17:34 / 64 | |
| 70 | 1282 | BURAŚ Bartłomiej | WARSZAWA | POL | | 86 | M20/30 | M / 66 | 00:20:21 | 04.04 | +0:05:59 | 0:09:49 / 92 | 0:17:58 / 80 | |
| 71 | 190 | WIŚNIAK Artur | WARSZAWA | POL | KONKURS PKO | 96 | M20/31 | M / 67 | 00:20:22 | 04.04 | +0:06:01 | 0:09:29 / 72 | 0:17:44 / 73 | |
| 72 | 181 | ZYCH Tomasz | JASIEINICA | POL | KONKURS PKO | 91 | M20/32 | M / 68 | 00:20:24 | 04.04 | +0:06:02 | 0:09:26 / 69 | 0:17:40 / 70 | |
| 73 | 4330 | KORZENIOWSKI Dariusz | WARSZAWA | POL | INNE / ANTALIS POLAND | 77 | M30/24 | M / 69 | 00:20:26 | 04.05 | +0:06:05 | 0:09:53 / 97 | 0:17:57 / 79 | |
| 74 | 4613 | PŁOSKOŃSKI Piotr | RUSINÓW | POL | | 65 | M40/5 | M / 70 | 00:20:30 | 04.06 | +0:06:09 | 0:08:58 / 60 | 0:17:39 / 68 | |
| 75 | 589 | STAŃSKI Sławomir | WARSZAWA | POL | INNE / TRUCK SHOW TEAM | 61 | M50/3 | M / 71 | 00:20:30 | 04.06 | +0:06:09 | 0:09:54 / 100 | 0:17:56 / 78 | |
| 76 | 2482 | WOJDOWSKI Sławomir | WARSZAWA | POL | | 71 | M40/6 | M / 72 | 00:20:33 | 04.06 | +0:06:12 | 0:09:34 / 77 | 0:17:51 / 76 | 0:37:20 / 48 |
| 77 | 562 | DĘBEK Paweł | WARSZAWA | POL | | 85 | M20/33 | M / 73 | 00:20:34 | 04.06 | +0:06:13 | 0:09:22 / 67 | 0:17:40 / 72 | |
| 78 | 4729 | SOBECKI Bartłomiej | BOATCITY | POL | INNE / WWW.BIEGFABRYKANTA.PL | 80 | M30/25 | M / 74 | 00:20:36 | 04.07 | +0:06:15 | 0:09:21 / 66 | 0:17:39 / 69 | |
| 79 | 1472 | RACZKOWSKI Filip | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 97 | M20/34 | M / 75 | 00:20:37 | 04.07 | +0:06:16 | 0:09:19 / 64 | 0:17:52 / 77 | |
| 80 | 1850 | FOLTA Jakub | DĘBICA | POL | MUKLA KORZENIOWSKI DĘBICA | 97 | M20/35 | M / 76 | 00:20:50 | 04.10 | +0:06:29 | 0:08:57 / 59 | 0:17:49 / 75 | 0:21:13 / 3 |
| 81 | 578 | LASOCKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | M30/26 | M / 77 | 00:20:51 | 04.10 | +0:06:29 | 0:09:54 / 98 | 0:18:18 / 87 | 0:32:11 / 2 |
| 82 | 705 | MELCAREK Jacek | WARSZAWA | POL | | 77 | M30/27 | M / 78 | 00:20:51 | 04.10 | +0:06:30 | 0:09:54 / 99 | 0:18:12 / 82 | 0:41:28 / 3 |
| 83 | 993 | POPIELEĆ Michał | WARSZAWA | POL | | 97 | M20/36 | M / 79 | 00:20:57 | 04.11 | +0:06:35 | 0:09:38 / 80 | 0:18:14 / 84 | |
| 84 | 778 | GRZESZCZAK Bartosz | WARSZAWA | POL | FESTIWAL BIEGOWY | 88 | M20/37 | M / 80 | 00:20:58 | 04.11 | +0:06:37 | 0:10:01 / 108 | 0:18:23 / 90 | |
| 85 | 3862 | ZAŁUGA Maciej | WARSZAWA | POL | INNE / KLUB BIEGACZA ERGO | 88 | M20/38 | M / 81 | 00:20:59 | 04.11 | +0:06:37 | 0:10:01 / 110 | 0:18:24 / 91 | |
| 86 | 843 | MŚZYCA Grzegorz | WARSZAWA | POL | STRAŻ POŻARNA | 87 | M20/39 | M / 82 | 00:20:59 | 04.11 | +0:06:38 | 0:10:11 / 120 | 0:18:18 / 86 | |
| 87 | 756 | PACEWICZ Piotr | W-WA | POL | PKO / AGORA | 53 | M50/4 | M / 83 | 00:21:03 | 04.12 | +0:06:41 | 0:09:48 / 91 | 0:18:14 / 83 | |
| 88 | 1566 | ASŁANOWICZ Marcin | WARSZAWA | POL | | 75 | M30/28 | M / 84 | 00:21:03 | 04.12 | +0:06:41 | 0:09:36 / 78 | 0:18:10 / 81 | |
| 89 | 4646 | RADOMSKI Kazimierz | WOŁOMIN / | POL | KB-REBUS.PL | 63 | M40/7 | M / 85 | 00:21:04 | 04.12 | +0:06:42 | 0:09:56 / 104 | 0:18:27 / 94 | |
| 90 | 3998 | ARTYSZUK Mirosław | WARSZAWA | POL | | 60 | M50/5 | M / 86 | 00:21:04 | 04.12 | +0:06:42 | 0:09:51 / 95 | 0:18:15 / 85 | 0:40:16 / 74 |
| 91 | 1457 | KRZYŻEWSKI Maciej | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/29 | M / 87 | 00:21:11 | 04.14 | +0:06:50 | 0:09:46 / 86 | 0:18:27 / 93 | |
| 92 | 1511 | ŚMIECHOWSKA Ewa | WARSZAWA | POL | MIESZKANCY_WAWA / WITC | 82 | K30/2 | K / 5 | 00:21:11 | 04.14 | +0:06:50 | 0:09:51 / 94 | 0:18:26 / 92 | |
| 93 | 851 | CHUDY Andrzej | WARSZAWA | POL | ADWOKACI / ORA WARSZAWA | 86 | M20/40 | M / 88 | 00:21:13 | 04.14 | +0:06:52 | 0:09:47 / 87 | 0:18:39 / 102 | |
| 94 | 1826 | DREWNOWSKI Robert | WARSZAWA | POL | | 73 | M30/30 | M / 89 | 00:21:14 | 04.14 | +0:06:52 | 0:09:38 / 79 | 0:18:20 / 89 | |
| 95 | 3115 | ZIÓLKOWSKI Michał | BIALYSTOK | POL | INNE / FAURECIA | 81 | M30/31 | M / 90 | 00:21:15 | 04.15 | +0:06:53 | 0:09:55 / 102 | 0:18:34 / 100 | |
| 96 | 969 | LEWANDOWSKI Piotr | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 74 | M30/32 | M / 91 | 00:21:16 | 04.15 | +0:06:55 | 0:09:56 / 103 | 0:18:27 / 95 | |
| 97 | 2648 | LEŚNOWOLSKI Piotr | WARSZAWA | POL | | 68 | M40/8 | M / 92 | 00:21:18 | 04.15 | +0:06:56 | 0:09:41 / 83 | 0:18:19 / 88 | |
| 98 | 620 | PODCZASKI Maciej | WARSZAWA | POL | | 74 | M30/33 | M / 93 | 00:21:20 | 04.16 | +0:06:58 | 0:09:51 / 96 | 0:18:35 / 101 | |
| 99 | 1062 | TURSKI Artur | WARSZAWA | POL | MIESZKANCY_WAWA / | 87 | M20/41 | M / 94 | 00:21:21 | 04.16 | +0:07:00 | 0:10:01 / 109 | 0:18:55 / 108 | |
| 100 | 942 | WYROŻEMSKI Łukasz | WARSZAWA | POL | | 90 | M20/42 | M / 95 | 00:21:22 | 04.16 | +0:07:01 | 0:09:50 / 93 | 0:18:27 / 96 | 0:27:36 / 12 |
| 101 | 608 | JURKIEWICZ Karol | BIĄŁOBRZEGI | POL | | 81 | M30/34 | M / 96 | 00:21:22 | 04.16 | +0:07:00 | 0:09:47 / 90 | 0:18:34 / 99 | |
| 102 | 731 | JEZERSKI Łukasz | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 81 | M30/35 | M / 97 | 00:21:27 | 04.17 | +0:07:06 | 0:09:47 / 88 | 0:18:32 / 98 | |
| 103 | 3301 | JĘDRZEJEWSKI Rafał | WARSZAWA | POL | MIESZKANCY_WAWA / RUN DARKINS | 70 | M40/9 | M / 98 | 00:21:29 | 04.17 | +0:07:07 | 0:10:16 / 123 | 0:18:42 / 104 | |
| 104 | 308 | PILISZEK Grzegorz | WARSZAWA | POL | ADWOKACI / | 87 | M20/43 | M / 99 | 00:21:32 | 04.18 | +0:07:11 | 0:09:26 / 70 | 0:18:29 / 97 | |
| 105 | 3153 | SZYLIKOWSKI Jarosław | KAWKI | POL | | 85 | M20/44 | M / 100 | 00:21:39 | 04.19 | +0:07:18 | 0:10:25 / 131 | 0:18:56 / 110 | |
| 106 | 1447 | WITEK-PIOTROWSKA Ewa | WARSZAWA | POL | INNE / ORTOREH RUNNING TEAM | 75 | K30/3 | K / 6 | 00:21:41 | 04.20 | +0:07:20 | 0:09:58 / 105 | 0:18:40 / 103 | 0:44:22 / 102 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | |
|----------|--------|------------------------|------------------|-----------|--------------------------------------|---------|--------------------|-------------|------------|----------|--------------|---------------|---------------|-------------------------------------|
| 107 | 2582 | SATKOWSKI Radosław | WARSZAWA | POL | BANKI / | 73 | M30/36 | M / 101 | 00:21:44 | 04.20 | +0:07:22 | 0:10:02 / 111 | 0:18:58 / 111 | |
| 108 | 1532 | ZAPYTOWSKI Jacek | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/37 | M / 102 | 00:21:44 | 04.20 | +0:07:23 | 0:09:58 / 106 | 0:19:00 / 114 | 0:40:17 / 75 |
| 109 | 4818 | ŚWIĘTOCHOWSKI Karol | KOBYŁKA | POL | NIEZRZESZONY | 87 | M20/45 | M / 103 | 00:21:45 | 04.21 | +0:07:23 | 0:10:22 / 127 | 0:19:00 / 113 | |
| 110 | 4138 | KRZYŻANOWSKI Krzysztof | NOWY DWÓR | POL | MIESZKANCY_WAWA / | 72 | M40/10 | M / 104 | 00:21:47 | 04.21 | +0:07:26 | 0:10:49 / 166 | 0:19:20 / 121 | |
| 111 | 746 | SIWOŃ Wojciech | WARSZAWA | POL | HRMAX.PL | 70 | M40/11 | M / 105 | 00:21:51 | 04.22 | +0:07:29 | 0:10:03 / 114 | 0:18:48 / 106 | |
| 112 | 1523 | PARFIANOWICZ Marcin | WARSZAWA | POL | NIEZRZESZONY | 63 | M40/12 | M / 106 | 00:21:53 | 04.22 | +0:07:32 | 0:09:58 / 107 | 0:18:44 / 105 | |
| 113 | 1290 | TRUSZKOWSKI Tomasz | WARSZAWA | POL | | 80 | M30/38 | M / 107 | 00:21:54 | 04.22 | +0:07:32 | 0:10:10 / 119 | 0:19:07 / 115 | |
| 114 | 4091 | KRZYŻEWSKI Tomasz | WARSZAWA | POL | JARTOM24.PL | 75 | M30/39 | M / 108 | 00:21:55 | 04.23 | +0:07:33 | 0:10:20 / 126 | 0:18:56 / 109 | |
| 115 | 1684 | BAŃKOWSKI Łukasz | WARSZAWA | POL | INNE / GALILEA.WAW.PL | 74 | M30/40 | M / 109 | 00:21:59 | 04.23 | +0:07:37 | 0:10:13 / 121 | 0:18:54 / 107 | |
| 116 | 1339 | PAWŁOWSKI Michał | TERESIN | POL | INNE / UKS FILIPIDES TERESIN | 98 | M20/46 | M / 110 | 00:22:00 | 04.24 | +0:07:38 | 0:10:41 / 155 | 0:19:21 / 123 | |
| 117 | 550 | KRASZEWSKI Adam | BIĄŁYSTOK | POL | | 76 | M30/41 | M / 111 | 00:22:00 | 04.24 | +0:07:38 | 0:10:07 / 116 | 0:19:08 / 116 | |
| 118 | 4804 | SZYMAŃSKI Dominik | NOWY KAMION | POL | INNE / OSP KAMION | 89 | M20/47 | M / 112 | 00:22:03 | 04.24 | +0:07:42 | 0:10:22 / 128 | 0:19:17 / 119 | |
| 119 | 1839 | DZWONKOWSKI Arkadiusz | KRĘPA | POL | | 78 | M30/42 | M / 113 | 00:22:05 | 04.25 | +0:07:43 | 0:10:30 / 142 | 0:19:13 / 118 | |
| 120 | 1768 | CHMIELEWSKI Tomasz | BIĄŁYSTOK | POL | INNE / DRUŻYNA GANDALFA | 85 | M20/48 | M / 114 | 00:22:07 | 04.25 | +0:07:45 | 0:09:39 / 81 | 0:19:00 / 112 | |
| 121 | 1186 | BIELAS Kamil | TOMASZÓW | POL | MIESZKANCY_WAWA / | 86 | M20/49 | M / 115 | 00:22:10 | 04.26 | +0:07:49 | 0:10:26 / 133 | 0:19:29 / 129 | |
| 122 | 4939 | NIEWIADOMSKI Piotr | WARSZAWA | POL | | 77 | M30/43 | M / 116 | 00:22:10 | 04.26 | +0:07:49 | 0:10:24 / 130 | 0:19:19 / 120 | 0:48:13 / 126 |
| 123 | 1338 | PAWŁOWSKI Andrzej | TERESIN | POL | | 66 | M40/13 | M / 117 | 00:22:11 | 04.26 | +0:07:50 | 0:10:42 / 156 | 0:19:22 / 125 | |
| 124 | 1630 | JASZCZUR Michał | PŁOŃSK | POL | LEKARZE | 81 | M30/44 | M / 118 | 00:22:13 | 04.26 | +0:07:52 | 0:10:24 / 129 | 0:19:29 / 131 | |
| 125 | 1430 | JANIAK Kamil | SULEJÓWEK | POL | | 90 | M20/50 | M / 119 | 00:22:14 | 04.26 | +0:07:52 | 0:10:29 / 138 | 0:19:21 / 124 | |
| 126 | 4873 | WILK Artur | TARNOBRZEG | POL | | 95 | M20/51 | M / 120 | 00:22:14 | 04.26 | +0:07:52 | 0:10:43 / 157 | 0:19:36 / 140 | |
| 127 | 607 | PARYS-LISOWSKI Jan | WARSZAWA | POL | MIESZKANCY_WAWA / RKS HUWDU | 88 | M20/52 | M / 121 | 00:22:18 | 04.27 | +0:07:56 | 0:10:36 / 151 | 0:19:20 / 122 | |
| 128 | 4531 | NOWAK Paweł | KRAKÓW | POL | | 82 | M30/45 | M / 122 | 00:22:19 | 04.27 | +0:07:58 | 0:10:48 / 163 | 0:19:29 / 130 | |
| 129 | 1181 | CHRYCIUK Wojciech | WARSZAWA | POL | MIESZKANCY_WAWA / SPARTANIE DZIECIOM | 65 | M40/14 | M / 123 | 00:22:21 | 04.28 | +0:08:00 | 0:10:31 / 144 | 0:19:30 / 132 | |
| 130 | 4586 | PERET Ela | WARSZAWA | POL | | 82 | K30/4 | K / 7 | 00:22:24 | 04.28 | +0:08:03 | 0:10:33 / 147 | 0:19:32 / 135 | |
| 131 | 758 | GRZYMIŚLAWSKI Łukasz | W-WA | POL | AGORA | 78 | M30/46 | M / 124 | 00:22:25 | 04.29 | +0:08:03 | 0:09:39 / 82 | 0:19:11 / 117 | |
| 132 | 4654 | ROBAK Wojciech | WARSZAWA | POL | MIESZKANCY_WAWA / MUNDUROWY | 82 | M30/47 | M / 125 | 00:22:25 | 04.29 | +0:08:03 | 0:10:09 / 117 | 0:19:41 / 144 | |
| 133 | 4301 | KLIM Łukasz | BIĄŁYSTOK | POL | | 88 | M20/53 | M / 126 | 00:22:26 | 04.29 | +0:08:04 | 0:10:05 / 115 | 0:19:27 / 128 | |
| 134 | 1812 | DENKIEWICZ Paweł | OSTROŁĘKA | POL | | 90 | M20/54 | M / 127 | 00:22:27 | 04.29 | +0:08:05 | 0:11:25 / 235 | 0:19:59 / 155 | |
| 135 | 2269 | POJAWA Tomasz | WARSZAWA | POL | MIESZKANCY_WAWA | 73 | M30/48 | M / 128 | 00:22:28 | 04.29 | +0:08:07 | 0:10:26 / 132 | 0:19:32 / 137 | |
| 136 | 2656 | ŚWIDERSKI Sławomir | OKUNIEW | POL | BEMOVIA | 72 | M40/15 | M / 129 | 00:22:31 | 04.30 | +0:08:09 | 0:09:47 / 89 | 0:19:25 / 127 | |
| 137 | 628 | DOLECKI Jarosław | WARSZAWA | POL | | 75 | M30/49 | M / 130 | 00:22:31 | 04.30 | +0:08:09 | 0:11:02 / 188 | 0:19:37 / 141 | 0:45:30 / 110 |
| 138 | 4825 | TERESZCZUK Katarzyna | BIAŁA PODLASKA | POL | KB BIAŁA BIEGA | 82 | K30/5 | K / 8 | 00:22:32 | 04.30 | +0:08:10 | 0:10:43 / 158 | 0:19:33 / 138 | |
| 139 | 1291 | SZYMAŃSKI Michał | WARSZAWA | POL | | 80 | M30/50 | M / 131 | 00:22:32 | 04.30 | +0:08:11 | 0:10:18 / 125 | 0:19:35 / 139 | |
| 140 | 2557 | ZALEWSKI Henryk | JÓZEFÓW | POL | BIEGAM BO LUBIĘ | 72 | M40/16 | M / 132 | 00:22:35 | 04.31 | +0:08:13 | 0:10:18 / 124 | 0:19:31 / 133 | |
| 141 | 478 | MORGALA Sebastian | WARSZAWA | POL | | 92 | M20/55 | M / 133 | 00:22:35 | 04.31 | +0:08:13 | 0:10:35 / 149 | 0:19:39 / 142 | |
| 142 | 4588 | PERZANOWSKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 90 | M20/56 | M / 134 | 00:22:37 | 04.31 | +0:08:16 | 0:10:45 / 162 | 0:19:44 / 146 | |
| 143 | 3559 | BREZDEŃ Jarosław | WARSZAWA | POL | INNE / | 86 | M20/57 | M / 135 | 00:22:38 | 04.31 | +0:08:17 | 0:11:02 / 189 | 0:19:44 / 145 | 0:22:59 / 5 0:34:08 / 3 0:43:33 / 5 |
| 144 | 732 | JEZERSKI Jan | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 57 | M50/6 | M / 136 | 00:22:39 | 04.31 | +0:08:17 | 0:10:15 / 122 | 0:19:32 / 136 | |
| 145 | 1446 | ANDERSZ Patryk | WARSZAWA | POL | | 85 | M20/58 | M / 137 | 00:22:40 | 04.32 | +0:08:18 | 0:10:03 / 113 | 0:19:24 / 126 | |
| 146 | 1363 | GIERASIMIUK Grzegorz | WARSZAWA | POL | | 84 | M20/59 | M / 138 | 00:22:40 | 04.32 | +0:08:18 | 0:11:12 / 203 | 0:20:07 / 161 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | | | |
|----------|--------|-----------------------|------------------|-----------|-----------------------------|---------|--------------------|-------------|------------|----------|--------------|---------------|---------------|--------------|-------------|-------------|
| 147 | 3824 | KOZŁOWSKI Sobięslaw | LEGNICA | POL | BANKI / | 79 | M30/51 | M / 139 | 00:22:41 | 04.32 | +0:08:19 | 0:10:29 / 136 | 0:19:49 / 150 | | | |
| 148 | 994 | BONIAKOWSKI Michał | CEGLÓW | POL | | 94 | M20/60 | M / 140 | 00:22:46 | 04.33 | +0:08:25 | 0:10:59 / 183 | 0:19:56 / 154 | | | |
| 149 | 4828 | TOKARCZYK Bartoszy | BYDGOSZCZ | POL | | 76 | M30/52 | M / 141 | 00:22:47 | 04.33 | +0:08:25 | 0:11:24 / 231 | 0:20:06 / 160 | | | |
| 150 | 697 | STRZELECKI Grzegorz | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/53 | M / 142 | 00:22:49 | 04.33 | +0:08:27 | 0:10:30 / 139 | 0:19:46 / 147 | | | |
| 151 | 18 | ELIASZ Jaroslaw | WARSZAWA | POL | | 93 | M20/61 | M / 143 | 00:22:50 | 04.34 | +0:08:28 | 0:09:41 / 84 | 0:19:46 / 148 | | | |
| 152 | 1435 | JACOSZEK Mirosław | NOWY DWÓR | POL | INNE / | 88 | M20/62 | M / 144 | 00:22:55 | 04.35 | +0:08:33 | 0:10:09 / 118 | 0:19:47 / 149 | | | |
| 153 | 1376 | NOWAK Marcin | KALINOWO | POL | INNE / PUKS ROCH JASIEINICA | 80 | M30/54 | M / 145 | 00:22:55 | 04.35 | +0:08:33 | 0:11:01 / 185 | 0:20:03 / 159 | | | |
| 154 | 3750 | MATCZUK Grzegorz | PIASECZNO | POL | | 71 | M40/17 | M / 146 | 00:22:58 | 04.35 | +0:08:37 | 0:10:32 / 146 | 0:19:50 / 152 | | | |
| 155 | 1696 | BAK Seweryn | GDAŃSK | POL | BANKI / BANK HANDLOWY | 86 | M20/63 | M / 147 | 00:22:58 | 04.35 | +0:08:37 | 0:10:40 / 154 | 0:19:55 / 153 | | | |
| 156 | 590 | NIEDZIÓŁKA Małgorzata | WARSZAWA | POL | INNE / TRUCK SHOW TEAM | 68 | K40/1 | K / 9 | 00:23:01 | 04.36 | +0:08:39 | 0:10:30 / 141 | 0:20:10 / 164 | | | |
| 157 | 278 | MAJEWSKI Tomasz | | POL | GO SPOTR | 81 | M30/55 | M / 148 | 00:23:05 | 04.37 | +0:08:44 | 0:11:18 / 214 | 0:20:10 / 165 | | | |
| 158 | 4930 | ŻUKOWSKI Marcin | WARSZAWA | POL | | 88 | M20/64 | M / 149 | 00:23:08 | 04.37 | +0:08:47 | 0:10:57 / 178 | 0:20:08 / 163 | | | |
| 159 | 823 | BOROWSKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 69 | M40/18 | M / 150 | 00:23:10 | 04.38 | +0:08:48 | 0:10:59 / 184 | 0:20:01 / 157 | 0:24:50 / 7 | 0:36:08 / 4 | 0:46:09 / 8 |
| 160 | 140 | PIWKO Halina | WARSZAWA | POL | PKO / | 66 | K40/2 | K / 10 | 00:23:10 | 04.38 | +0:08:49 | 0:11:11 / 199 | 0:20:16 / 172 | | | |
| 161 | 4803 | SZYMAŃSKI Szymon | WARSZAWA | POL | INNE / WTT | 81 | M30/56 | M / 151 | 00:23:11 | 04.38 | +0:08:49 | 0:10:57 / 175 | 0:20:07 / 162 | 0:29:33 / 16 | | |
| 162 | 172 | JAKÓBCZAK Paweł | WARSZAWA | POL | PKO / | 66 | M40/19 | M / 152 | 00:23:15 | 04.39 | +0:08:53 | 0:10:26 / 135 | 0:20:02 / 158 | | | |
| 163 | 2349 | DARNOWSKI Jacek | BRWINÓW | POL | | 79 | M30/57 | M / 153 | 00:23:15 | 04.39 | +0:08:53 | 0:11:05 / 192 | 0:20:18 / 175 | 0:35:24 / 34 | | |
| 164 | 692 | SKOWRONEK Mateusz | WARSZAWA | POL | | 87 | M20/65 | M / 154 | 00:23:16 | 04.39 | +0:08:55 | 0:11:07 / 193 | 0:20:17 / 173 | | | |
| 165 | 3151 | WODZIŃSKI Marcin | KROSNO | POL | | 87 | M20/66 | M / 155 | 00:23:16 | 04.39 | +0:08:55 | 0:10:49 / 167 | 0:20:11 / 168 | 0:38:11 / 56 | | |
| 166 | 1552 | BUTRYN Szymon | WARSZAWA | POL | INNE / RODZINA BUTRYN | 99 | M20/67 | M / 156 | 00:23:17 | 04.39 | +0:08:56 | 0:11:10 / 195 | 0:20:34 / 189 | | | |
| 167 | 1551 | BUTRYN Adam | WARSZAWA | POL | INNE / RODZINA BUTRYN | 68 | M40/20 | M / 157 | 00:23:18 | 04.39 | +0:08:56 | 0:11:12 / 200 | 0:20:34 / 190 | | | |
| 168 | 866 | SIEGOCZYŃSKI Piotr | WARSZAWA | POL | KICK CENTER | 66 | M40/21 | M / 158 | 00:23:21 | 04.40 | +0:08:59 | 0:10:58 / 180 | 0:20:29 / 182 | | | |
| 169 | 4345 | KOWALSKI Patryk | KAMPINOS | POL | KM AKTYWNI SOCHACZEW | 95 | M20/68 | M / 159 | 00:23:22 | 04.40 | +0:09:01 | 0:10:58 / 181 | 0:20:30 / 183 | | | |
| 170 | 4080 | MIELEWCZYK Leszek | LĘBORK | POL | INNE / LTS LĘBORK | 56 | M50/7 | M / 160 | 00:23:24 | 04.40 | +0:09:02 | 0:11:13 / 205 | 0:20:27 / 179 | | | |
| 171 | 2257 | ŚLIWA Aneta | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 | K20/3 | K / 11 | 00:23:25 | 04.41 | +0:09:04 | 0:10:44 / 161 | 0:20:12 / 169 | | | |
| 172 | 1152 | SÓJKA Marcin | WARSZAWA | POL | INNE / 12TRI.PL | 70 | M40/22 | M / 161 | 00:23:26 | 04.41 | +0:09:04 | 0:11:18 / 218 | 0:20:28 / 180 | | | |
| 173 | 2239 | MULARCZYK Wojciech | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/58 | M / 162 | 00:23:28 | 04.41 | +0:09:06 | 0:10:50 / 168 | 0:20:18 / 174 | | | |
| 174 | 1157 | BAJOREK Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/59 | M / 163 | 00:23:28 | 04.41 | +0:09:07 | 0:10:57 / 176 | 0:20:23 / 178 | | | |
| 175 | 615 | STALKOWSKI Michał | POZNAŃ | POL | | 82 | M30/60 | M / 164 | 00:23:28 | 04.41 | +0:09:07 | 0:10:29 / 137 | 0:20:14 / 171 | | | |
| 176 | 1306 | MICHALAK Dawid | RZĄDZA | POL | KB DREPTAK MIŃSK MAZ. | 98 | M20/69 | M / 165 | 00:23:31 | 04.42 | +0:09:09 | 0:10:30 / 140 | 0:19:50 / 151 | | | |
| 177 | 161 | WASNIEWSKI Rafał | | POL | PKO / | 75 | M30/61 | M / 166 | 00:23:31 | 04.42 | +0:09:10 | 0:11:17 / 213 | 0:20:01 / 156 | | | |
| 178 | 1212 | KOSTEK Andrzej | ZANIEMYŚL | POL | | 83 | M20/70 | M / 167 | 00:23:32 | 04.42 | +0:09:10 | 0:11:12 / 202 | 0:20:31 / 184 | 0:35:35 / 37 | | |
| 179 | 1833 | DUJKA Dariusz | JEDLIŃSK | POL | | 73 | M30/62 | M / 168 | 00:23:33 | 04.42 | +0:09:11 | 0:11:05 / 191 | 0:20:28 / 181 | | | |
| 180 | 4323 | KOPEĆ Sebastian | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/63 | M / 169 | 00:23:33 | 04.42 | +0:09:12 | 0:10:51 / 169 | 0:20:20 / 176 | | | |
| 181 | 1697 | BAK Bartłomiej | | POL | | 95 | M20/71 | M / 170 | 00:23:33 | 04.42 | +0:09:12 | 0:11:32 / 252 | 0:20:40 / 195 | | | |
| 182 | 2285 | LEWANDOWSKI Paweł | WARSZAWA | POL | | 80 | M30/64 | M / 171 | 00:23:34 | 04.42 | +0:09:12 | 0:11:10 / 196 | 0:20:23 / 177 | | | |
| 183 | 4334 | KOSTANIAK Mariusz | GRÓJEC | POL | | 87 | M20/72 | M / 172 | 00:23:34 | 04.42 | +0:09:12 | 0:11:15 / 209 | 0:20:36 / 191 | | | |
| 184 | 4826 | TOBÓLA Paweł | WARSZAWA | POL | | 81 | M30/65 | M / 173 | 00:23:34 | 04.42 | +0:09:13 | 0:10:36 / 152 | 0:20:11 / 167 | | | |
| 185 | 497 | GLĄB Przemysław | WARSZAWA | POL | | 83 | M20/73 | M / 174 | 00:23:37 | 04.43 | +0:09:16 | 0:11:33 / 256 | 0:20:42 / 196 | | | |
| 186 | 1743 | BORKOWSKA Joanna | WARSZAWA | POL | | 84 | K20/4 | K / 12 | 00:23:37 | 04.43 | +0:09:16 | 0:11:16 / 212 | 0:20:39 / 193 | | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|-----------------------|------------------|-----------|--------------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 187 | 1585 | SOJKA Michal | KRAKÓW | POL | | 71 | M40/23 | M / 175 | 00:23:38 | 04.43 | +0:09:17 | 0:10:52 / 170 0:20:33 / 187 |
| 188 | 477 | MORGAŁA Dominik | WARSZAWA | POL | | 86 | M20/74 | M / 176 | 00:23:39 | 04.43 | +0:09:17 | 0:10:31 / 145 0:20:11 / 166 |
| 189 | 594 | BEKSA Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 89 | M20/75 | M / 177 | 00:23:40 | 04.44 | +0:09:19 | 0:11:43 / 283 0:20:46 / 201 |
| 190 | 1310 | KANTOREK Piotr | SKIERNIEWICE | POL | | 76 | M30/66 | M / 178 | 00:23:42 | 04.44 | +0:09:20 | 0:11:48 / 305 0:20:54 / 210 |
| 191 | 75 | KACPRZAK Marek | JÓZEFÓW | POL | | 71 | M40/24 | M / 179 | 00:23:42 | 04.44 | +0:09:20 | 0:10:59 / 182 0:20:33 / 186 0:33:44 / 25 |
| 192 | 3333 | ZIELIŃSKI Marek | WARSZAWA | POL | | 64 | M40/25 | M / 180 | 00:23:42 | 04.44 | +0:09:21 | 0:11:09 / 194 0:20:43 / 197 |
| 193 | 159 | KOBYLAŃSKI Krzysztof | WARSZAWA | POL | PKO / | 84 | M20/76 | M / 181 | 00:23:44 | 04.44 | +0:09:22 | 0:11:19 / 222 0:20:44 / 200 |
| 194 | 4308 | KOBUS Łukasz | WARSZAWA | POL | | 85 | M20/77 | M / 182 | 00:23:44 | 04.44 | +0:09:23 | 0:11:27 / 242 0:20:38 / 192 0:39:04 / 63 |
| 195 | 1209 | TOPOROWSKI Marcin | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | M20/78 | M / 183 | 00:23:47 | 04.45 | +0:09:26 | 0:11:18 / 216 0:20:54 / 208 |
| 196 | 115 | PASTUŁA Urszula | WARSZAWA | POL | PKO / | 70 | K40/3 | K / 13 | 00:23:48 | 04.45 | +0:09:27 | 0:11:24 / 232 0:20:44 / 199 |
| 197 | 875 | KARWACKI Łukasz | PASEK | POL | INNE / PIĘKNI MŁODZIEŃCY` | 83 | M20/79 | M / 184 | 00:23:49 | 04.45 | +0:09:28 | 0:11:24 / 233 0:20:53 / 207 |
| 198 | 652 | STEFAŃSKA Katarzyna | STARA WIEŚ | POL | INNE / UMOWA ZLECENIE | 72 | K40/4 | K / 14 | 00:23:49 | 04.45 | +0:09:28 | 0:11:04 / 190 0:20:33 / 188 |
| 199 | 716 | GIEŁO Daniel | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | M20/80 | M / 185 | 00:23:50 | 04.46 | +0:09:28 | 0:11:27 / 243 0:20:55 / 211 |
| 200 | 4727 | SOBCZAK Marcin | WARSZAWA | POL | | 76 | M30/67 | M / 186 | 00:23:54 | 04.46 | +0:09:32 | 0:11:30 / 248 0:21:04 / 230 |
| 201 | 410 | ZAWISTOWSKI Marcin | WARSZAWA | POL | ADWOKACI / | | | M / 187 | 00:23:54 | 04.46 | +0:09:33 | 0:11:18 / 215 0:20:57 / 216 |
| 202 | 745 | SIWOŃ Ewa | WARSZAWA | POL | INNE / HRMAX.PL | 73 | K30/6 | K / 15 | 00:23:55 | 04.47 | +0:09:33 | 0:11:12 / 201 0:20:49 / 204 |
| 203 | 1735 | BOGUSIEWICZ Tomasz | TŁUSZCZ | POL | BÓBR TŁUSZCZ | 76 | M30/68 | M / 188 | 00:23:56 | 04.47 | +0:09:34 | 0:12:06 / 355 0:20:58 / 219 |
| 204 | 1411 | JANKOWSKI Kamil | WARSZAWA | POL | INNE / DELOITTE ADVENTURE TEAM | 85 | M20/81 | M / 189 | 00:23:56 | 04.47 | +0:09:34 | 0:12:12 / 369 0:20:59 / 221 |
| 205 | 733 | DUDEK Bartłomiej | WARSZAWA | POL | 12TRI.PL | 82 | M30/69 | M / 190 | 00:23:57 | 04.47 | +0:09:35 | 0:11:44 / 284 0:20:56 / 214 |
| 206 | 2801 | POLKOWSKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 88 | M20/82 | M / 191 | 00:24:00 | 04.48 | +0:09:39 | 0:10:26 / 134 0:20:48 / 203 0:33:56 / 27 |
| 207 | 1273 | RASZEWSKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | M30/70 | M / 192 | 00:24:00 | 04.48 | +0:09:38 | 0:11:54 / 320 0:21:12 / 238 |
| 208 | 337 | KASZA Marek | RZESZÓW | POL | ADWOKACI / | | | M / 193 | 00:24:00 | 04.48 | +0:09:39 | 0:11:33 / 258 0:21:01 / 224 |
| 209 | 546 | SUDOMIR Paweł | WARSZAWA | POL | BANKI / ALIOR RUNNING TEAM | 88 | M20/83 | M / 194 | 00:24:01 | 04.48 | +0:09:40 | 0:11:19 / 219 0:20:54 / 209 |
| 210 | 3125 | GUTKOWSKA Karolina | | POL | MOKOTÓW | | | K / 16 | 00:24:01 | 04.48 | +0:09:40 | 0:11:37 / 265 0:21:00 / 222 |
| 211 | 1952 | JASIŃSKI Stanisław | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | M30/71 | M / 195 | 00:24:02 | 04.48 | +0:09:40 | 0:11:37 / 266 0:21:06 / 232 |
| 212 | 3384 | KOSSAKOWSKA Katarzyna | WARSZAWA | POL | INNE / DELOITTE ADVENTURE TEAM | 74 | K30/7 | K / 17 | 00:24:02 | 04.48 | +0:09:40 | 0:11:29 / 245 0:20:55 / 212 |
| 213 | 621 | AMBROZIAK Daniel | WARSZAWA | POL | | 88 | M20/84 | M / 196 | 00:24:03 | 04.48 | +0:09:42 | 0:10:34 / 148 0:20:40 / 194 |
| 214 | 1503 | POLOWCZYK Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | M30/72 | M / 197 | 00:24:03 | 04.48 | +0:09:42 | 0:11:32 / 254 0:21:03 / 228 |
| 215 | 655 | GĘBICKI Łukasz | WARSZAWA | POL | INNE / 12TRI.PL | 84 | M20/85 | M / 198 | 00:24:04 | 04.48 | +0:09:43 | 0:11:14 / 207 0:21:03 / 229 |
| 216 | 1220 | SUTARCZYK Marek | WARSZAWA | POL | BEMOVIA | 55 | M50/8 | M / 199 | 00:24:04 | 04.48 | +0:09:42 | 0:11:41 / 276 0:21:08 / 235 |
| 217 | 888 | BIEDACHA Piotr | WARSZAWA | POL | INNE / ACCELERATE | 85 | M20/86 | M / 200 | 00:24:04 | 04.48 | +0:09:43 | 0:11:29 / 246 0:20:58 / 218 |
| 218 | 474 | JAGIEŁŁOWICZ Łukasz | WARSZAWA | POL | ADWOKACI / | | | M / 201 | 00:24:06 | 04.49 | +0:09:44 | 0:09:55 / 101 0:20:31 / 185 |
| 219 | 288 | KRUŻEWSKI Bartosz | WARSZAWA | POL | ADWOKACI / | | | M / 202 | 00:24:07 | 04.49 | +0:09:45 | 0:11:21 / 226 0:20:51 / 205 |
| 220 | 1231 | NAMYŚL Tomasz | WARSZAWA | POL | | 68 | M40/26 | M / 203 | 00:24:07 | 04.49 | +0:09:46 | 0:10:43 / 159 0:20:48 / 202 |
| 221 | 1737 | BOGUTA Andrzej | PIASECZNO | POL | | 92 | M20/87 | M / 204 | 00:24:07 | 04.49 | +0:09:45 | 0:11:36 / 264 0:21:08 / 234 |
| 222 | 4784 | SZELWACHOWSKI Dariusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 64 | M40/27 | M / 205 | 00:24:07 | 04.49 | +0:09:46 | 0:10:40 / 153 0:20:43 / 198 |
| 223 | 646 | DYLAŁAK Grzegorz | ZIELONKA | POL | ADWOKACI / | 84 | M20/88 | M / 206 | 00:24:09 | 04.49 | +0:09:47 | 0:11:28 / 244 0:21:07 / 233 0:35:05 / 31 |
| 224 | 430 | KOŻUCHOWSKI Rafał | WARSZAWA | POL | ADWOKACI / | | | M / 207 | 00:24:09 | 04.49 | +0:09:48 | 0:10:49 / 165 0:21:02 / 227 |
| 225 | 1160 | GARDZIŃSKI Piotr | ZĄBKI | POL | | 98 | M20/89 | M / 208 | 00:24:10 | 04.50 | +0:09:48 | 0:11:47 / 303 0:21:27 / 254 |
| 226 | 4787 | SZEWczyk Łukasz | WARSZAWA | POL | BANKI / GETIN NOBLE BANK | 82 | M30/73 | M / 209 | 00:24:10 | 04.50 | +0:09:49 | 0:11:15 / 211 0:20:51 / 206 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|----------------------|------------------|-----------|-------------------------|---------|--------------------|-------------|------------|----------|--------------|---|
| 227 | 912 | NAGIEL Jakub | SULEJÓWEK | POL | | 96 | M20/90 | M / 210 | 00:24:10 | 04.50 | +0:09:49 | 0:11:41 / 275 0:21:11 / 237 |
| 228 | 1011 | KRASHENINNIKOV Anton | | POL | BANKI / RBS | 86 | M20/91 | M / 211 | 00:24:14 | 04.50 | +0:09:53 | 0:11:26 / 239 0:21:06 / 231 |
| 229 | 4798 | SZURGOT Joanna | WARSZAWA | POL | BANKI / | 79 | K30/8 | K / 18 | 00:24:15 | 04.51 | +0:09:53 | 0:10:56 / 174 0:20:56 / 213 |
| 230 | 4925 | ŻABIŃSKI Lech | GRAJEWO-RUDA | POL | MARATONKA GRAJEWO | 56 | M50/9 | M / 212 | 00:24:15 | 04.51 | +0:09:54 | 0:11:41 / 277 0:21:13 / 241 |
| 231 | 3066 | GONDEK Andrzej | WARSZAWA | POL | MIESZKANCY_WAWA / | 74 | M30/74 | M / 213 | 00:24:16 | 04.51 | +0:09:54 | 0:10:48 / 164 0:21:00 / 223 |
| 232 | 1283 | BAK Mikołaj | WARSZAWA | POL | | 00 | M20/92 | M / 214 | 00:24:16 | 04.51 | +0:09:54 | 0:11:43 / 281 0:20:57 / 215 |
| 233 | 4516 | MORTKA Karol | RADOM | POL | | 78 | M30/75 | M / 215 | 00:24:16 | 04.51 | +0:09:55 | 0:11:40 / 272 0:21:13 / 242 |
| 234 | 3537 | MĘŻYŃSKI Piotr | ZIELONKA | POL | CZEGOSZUKASZ.ORG | 79 | M30/76 | M / 216 | 00:24:17 | 04.51 | +0:09:55 | 0:10:02 / 112 0:19:31 / 134 |
| 235 | 4590 | PĘKAŁA Kacper | WARSZAWA | POL | | 98 | M20/93 | M / 217 | 00:24:17 | 04.51 | +0:09:55 | 0:11:34 / 259 0:21:12 / 239 |
| 236 | 4092 | JOCZ Jarosław | WARSZAWA | POL | JARTOM24.PL | 70 | M40/28 | M / 218 | 00:24:19 | 04.51 | +0:09:57 | 0:12:12 / 371 0:21:09 / 236 |
| 237 | 3121 | JAROSZ Krzysztof | | POL | MOKOTÓW | | | M / 219 | 00:24:20 | 04.52 | +0:09:58 | 0:11:29 / 247 0:20:59 / 220 0:43:36 / 91 |
| 238 | 2844 | SIEDLECKI Tomasz | GRÓJEC | POL | AKTYWNI GRÓJEC | 80 | M30/77 | M / 220 | 00:24:20 | 04.52 | +0:09:59 | 0:11:46 / 298 0:21:22 / 249 |
| 239 | 985 | MAJEK Piotr | CIECHANÓW | POL | INNE / | 75 | M30/78 | M / 221 | 00:24:23 | 04.52 | +0:10:01 | 0:11:11 / 198 0:21:01 / 226 |
| 240 | 3413 | KLUKOWSKI Dariusz | WARSZAWA | POL | | 65 | M40/29 | M / 222 | 00:24:24 | 04.52 | +0:10:02 | 0:11:25 / 236 0:21:18 / 245 |
| 241 | 4615 | POGORZELSKI Maciej | WARSZAWA | POL | BANKI / BRE BANK | 82 | M30/79 | M / 223 | 00:24:24 | 04.52 | +0:10:02 | 0:11:48 / 307 0:20:58 / 217 |
| 242 | 2842 | RADZIO Bartosz | GRÓJEC | POL | | 75 | M30/80 | M / 224 | 00:24:24 | 04.52 | +0:10:03 | 0:11:47 / 300 0:21:22 / 248 |
| 243 | 1541 | KONARSKI Tomasz | ŁOMIANKI | POL | | 84 | M20/94 | M / 225 | 00:24:27 | 04.53 | +0:10:06 | 0:11:33 / 257 0:21:19 / 246 |
| 244 | 563 | JĘDRUSIK Katarzyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | K20/5 | K / 19 | 00:24:27 | 04.53 | +0:10:06 | 0:11:34 / 260 0:21:16 / 244 0:32:03 / 21 |
| 245 | 4752 | STASZCZAK Błażej | WARSZAWA | POL | | 82 | M30/81 | M / 226 | 00:24:28 | 04.53 | +0:10:07 | 0:11:44 / 289 0:21:44 / 276 |
| 246 | 2444 | KOZŁOWSKI Adam | WARSZAWA | POL | | 62 | M50/10 | M / 227 | 00:24:29 | 04.53 | +0:10:07 | 0:11:10 / 197 0:21:01 / 225 0:40:47 / 78 |
| 247 | 512 | PĄCZKOWSKI Rajmund | WARSZAWA | POL | | 76 | M30/82 | M / 228 | 00:24:30 | 04.54 | +0:10:09 | 0:12:08 / 361 0:21:34 / 261 |
| 248 | 1202 | RYBACZEWSKI Grzegorz | POZNAŃ | POL | | 73 | M30/83 | M / 229 | 00:24:31 | 04.54 | +0:10:10 | 0:11:20 / 223 0:21:12 / 240 |
| 249 | 543 | WIŚNIEWSKI Marcin | SIERPC | POL | INNE / | 84 | M20/95 | M / 230 | 00:24:32 | 04.54 | +0:10:10 | 0:11:58 / 331 0:21:36 / 264 0:31:02 / 18 |
| 250 | 4830 | TOMICZEK Jakub | WARSZAWA | POL | | 83 | M20/96 | M / 231 | 00:24:34 | 04.54 | +0:10:13 | 0:11:43 / 280 0:21:29 / 255 |
| 251 | 1040 | NOWAKOWSKI Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/84 | M / 232 | 00:24:36 | 04.55 | +0:10:15 | 0:11:39 / 268 0:21:33 / 259 |
| 252 | 1264 | KIELAK Tadeusz | WARSZAWA | POL | INNE / RUN RACE TEAM | 70 | M40/30 | M / 233 | 00:24:37 | 04.55 | +0:10:16 | 0:11:56 / 325 0:21:35 / 262 0:45:18 / 108 |
| 253 | 703 | WŁOCZEWSKI Mateusz | WARSZAWA | POL | | 00 | M20/97 | M / 234 | 00:24:38 | 04.55 | +0:10:16 | 0:11:57 / 327 0:21:36 / 269 |
| 254 | 1456 | PAKOS Michał | SĘDZISZÓW | POL | | 96 | M20/98 | M / 235 | 00:24:38 | 04.55 | +0:10:16 | 0:12:51 / 488 0:21:58 / 305 |
| 255 | 3549 | NOWAK Jarosław | OSTRÓW | POL | PUKS ROCH JASIENICA | 82 | M30/85 | M / 236 | 00:24:38 | 04.55 | +0:10:17 | 0:11:21 / 225 0:21:20 / 247 |
| 256 | 704 | WŁOCZEWSKI Marcin | WARSZAWA | POL | | 70 | M40/31 | M / 237 | 00:24:39 | 04.55 | +0:10:17 | 0:11:57 / 328 0:21:36 / 268 |
| 257 | 1830 | DRÓDŹ Mateusz | TRĄBKI | POL | | 94 | M20/99 | M / 238 | 00:24:39 | 04.55 | +0:10:17 | 0:12:23 / 411 0:21:34 / 260 |
| 258 | 247 | GAŃKO Krzysztof | | POL | | 83 | M20/100 | M / 239 | 00:24:41 | 04.56 | +0:10:19 | 0:11:14 / 208 0:21:30 / 257 |
| 259 | 1070 | BRYGAŁA Tomasz | WARSZAWA | POL | | 85 | M20/101 | M / 240 | 00:24:43 | 04.56 | +0:10:22 | 0:11:46 / 297 0:21:25 / 252 |
| 260 | 710 | OKRASZEWSKI Łukasz | WARSZAWA | POL | | 82 | M30/86 | M / 241 | 00:24:44 | 04.56 | +0:10:22 | 0:12:20 / 395 0:21:43 / 275 |
| 261 | 244 | KRZEMIŃSKI Mariusz | | POL | | 81 | M30/87 | M / 242 | 00:24:44 | 04.56 | +0:10:22 | 0:11:14 / 206 0:21:31 / 258 |
| 262 | 1459 | BOFFY Jonathan | WARSZAWA | POL | | 74 | M30/88 | M / 243 | 00:24:44 | 04.56 | +0:10:22 | 0:11:26 / 237 0:21:47 / 285 |
| 263 | 99 | CZARNECKI Kamil | WARSZAWA | POL | | 79 | M30/89 | M / 244 | 00:24:45 | 04.57 | +0:10:24 | 0:11:50 / 312 0:21:48 / 288 |
| 264 | 447 | GAŚSIOROWSKI Konrad | PŁOŃSK | POL | ADWOKACI / | | | M / 245 | 00:24:46 | 04.57 | +0:10:25 | 0:11:46 / 295 0:21:42 / 273 |
| 265 | 1627 | BAK Robert | OLAWA | POL | INNE / | 82 | M30/90 | M / 246 | 00:24:47 | 04.57 | +0:10:26 | 0:11:59 / 334 0:21:47 / 287 |
| 266 | 4645 | RADKO Piotr | JAWORZNO | POL | | 79 | M30/91 | M / 247 | 00:24:48 | 04.57 | +0:10:26 | 0:12:18 / 389 0:21:47 / 283 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|------------------------|------------------|-----------|---------------------------------------|------------|--------------------|-------------|------------|----------|---------------|---------------|--------------|
| 267 | 1276 | MIESZKOWSKI Stanisław | WARSZAWA | POL | INNE / UKS SKALAR | 99 M20/102 | M / 248 | 00:24:48 | 04.57 | +0:10:27 | 0:11:48 / 304 | 0:21:47 / 286 | |
| 268 | 717 | WÓJCICKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 87 M20/103 | M / 249 | 00:24:48 | 04.57 | +0:10:27 | 0:12:45 / 471 | 0:22:26 / 350 | |
| 269 | 1469 | MILEJ Ireneusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 56 M50/11 | M / 250 | 00:24:49 | 04.57 | +0:10:27 | 0:11:32 / 253 | 0:21:25 / 250 | |
| 270 | 690 | PAC Bartosz | WARSZAWA | POL | | 81 M30/92 | M / 251 | 00:24:51 | 04.58 | +0:10:29 | 0:11:50 / 314 | 0:21:37 / 270 | |
| 271 | 1082 | YANG Zofia | WARSZAWA | POL | | 83 K20/6 | K / 20 | 00:24:52 | 04.58 | +0:10:30 | 0:10:58 / 179 | 0:21:16 / 243 | |
| 272 | 72 | KULIKOWSKI Mariusz | WARSZAWA | POL | | 76 M30/93 | M / 252 | 00:24:53 | 04.58 | +0:10:32 | 0:11:01 / 186 | 0:21:25 / 251 | |
| 273 | 1542 | KONARSKI Kazimierz | ŁOMIANKI | POL | | 56 M50/12 | M / 253 | 00:24:53 | 04.58 | +0:10:32 | 0:11:32 / 255 | 0:21:26 / 253 | |
| 274 | 723 | HULANICKI Andrzej | WARSZAWA | POL | MIESZKANCY_WAWA / FESTIWAL BIEGOWY | 58 M50/13 | M / 254 | 00:24:55 | 04.59 | +0:10:33 | 0:11:56 / 326 | 0:21:47 / 284 | |
| 275 | 4917 | ZINCZUK Kamil | LUBLIN | POL | | 78 M30/94 | M / 255 | 00:24:56 | 04.59 | +0:10:34 | 0:12:02 / 347 | 0:21:55 / 301 | |
| 276 | 1267 | STANISŁAWSKI Mikołaj | WARSZAWA | POL | ADWOKACI / | 83 M20/104 | M / 256 | 00:24:56 | 04.59 | +0:10:35 | 0:12:23 / 408 | 0:22:08 / 321 | |
| 277 | 3338 | KWIECIEŃ Przemysław | LEGIONOWO | POL | | 78 M30/95 | M / 257 | 00:24:57 | 04.59 | +0:10:35 | 0:11:44 / 288 | 0:21:50 / 292 | |
| 278 | 1862 | LAWANDOWSKI Robert | ŁĘCZYCA | POL | INNE / | 73 M30/96 | M / 258 | 00:24:57 | 04.59 | +0:10:36 | 0:11:47 / 301 | 0:21:50 / 293 | |
| 279 | 1326 | WIŚNIEWSKI Tomasz | WARSZAWA | POL | | 70 M40/32 | M / 259 | 00:24:57 | 04.59 | +0:10:36 | 0:12:28 / 429 | 0:22:16 / 338 | |
| 280 | 1168 | KULESZA Andrzej | WARSZAWA | POL | | 60 M50/14 | M / 260 | 00:24:57 | 04.59 | +0:10:35 | 0:12:28 / 424 | 0:21:57 / 303 | |
| 281 | 270 | GROCHOWSKI Andrzej | KAMIONKA | POL | | 59 M50/15 | M / 261 | 00:24:57 | 04.59 | +0:10:36 | 0:11:31 / 250 | 0:21:36 / 266 | 0:39:22 / 66 |
| 282 | 1328 | WIŚNIEWSKI Maciej | WARSZAWA | POL | | 96 M20/105 | M / 262 | 00:24:57 | 04.59 | +0:10:36 | 0:12:28 / 426 | 0:22:16 / 336 | |
| 283 | 625 | ZEMLAK Magdalena | WARSZAWA | POL | INNE / 12TRI.PL | 86 K20/7 | K / 21 | 00:25:00 | 05.00 | +0:10:38 | 0:11:22 / 227 | 0:21:45 / 279 | 0:35:15 / 33 |
| 284 | 1180 | SULIK Michał | LESZNO | POL | | 98 M20/106 | M / 263 | 00:25:01 | 05.00 | +0:10:40 | 0:11:44 / 287 | 0:21:48 / 290 | |
| 285 | 593 | MICHALAK Artur | KOMORÓW | POL | INNE / TRUCK SHOW TEAM | 76 M30/97 | M / 264 | 00:25:02 | 05.00 | +0:10:40 | 0:10:54 / 173 | 0:21:35 / 263 | |
| 286 | 3344 | SADOWSKI Grzegorz | PULTUSK | POL | | 83 M20/107 | M / 265 | 00:25:03 | 05.00 | +0:10:41 | 0:11:45 / 291 | 0:21:30 / 256 | |
| 287 | 1345 | BŁĄŻKOW Szymon | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 M30/98 | M / 266 | 00:25:03 | 05.00 | +0:10:42 | 0:12:57 / 504 | 0:22:28 / 353 | |
| 288 | 1347 | GŁOWACKI Paweł | RADOM | POL | | 73 M30/99 | M / 267 | 00:25:03 | 05.00 | +0:10:42 | 0:11:15 / 210 | 0:21:39 / 271 | |
| 289 | 636 | GOŁASZEWSKI Michał | WARSZAWA | POL | | 83 M20/108 | M / 268 | 00:25:04 | 05.00 | +0:10:42 | 0:12:16 / 380 | 0:21:58 / 307 | |
| 290 | 416 | KOWALEWSKI Jacek | MILANÓWEK | POL | ADWOKACI / | | M / 269 | 00:25:04 | 05.00 | +0:10:43 | 0:11:59 / 333 | 0:22:05 / 312 | |
| 291 | 4682 | SAMSEK Wojciech | PIASECZNO | POL | INNE / PRZEJEZDNI | 90 M20/109 | M / 270 | 00:25:05 | 05.01 | +0:10:43 | 0:11:30 / 249 | 0:21:45 / 280 | |
| 292 | 1356 | BALKOWSKI Krystian | WARSZAWA | POL | MIESZKANCY_WAWA / | 77 M30/100 | M / 271 | 00:25:05 | 05.01 | +0:10:44 | 0:11:31 / 251 | 0:21:36 / 267 | |
| 293 | 2441 | STARBAŁA Michał | WARSZAWA | POL | | 82 M30/101 | M / 272 | 00:25:06 | 05.01 | +0:10:44 | 0:11:26 / 238 | 0:21:45 / 278 | |
| 294 | 2697 | BANASIAK Piotr | WARSZAWA | POL | NKS POD WEZWANIEM DOBREGO ŁOTRA | 70 M40/33 | M / 273 | 00:25:06 | 05.01 | +0:10:44 | 0:12:09 / 366 | 0:22:07 / 317 | |
| 295 | 1289 | WÓJCIC Piotr | WARSZAWA | POL | | 77 M30/102 | M / 274 | 00:25:06 | 05.01 | +0:10:44 | 0:11:44 / 285 | 0:21:39 / 272 | |
| 296 | 1197 | PYTKA Marek | WARSZAWA | POL | INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 75 M30/103 | M / 275 | 00:25:06 | 05.01 | +0:10:45 | 0:12:23 / 409 | 0:22:15 / 332 | |
| 297 | 4399 | LESZCZYŃSKI Grzegorz | KRAKÓW | POL | | 78 M30/104 | M / 276 | 00:25:06 | 05.01 | +0:10:44 | 0:12:07 / 360 | 0:21:53 / 295 | |
| 298 | 2440 | PARURA Dominik | MILANOWEK | POL | | 74 M30/105 | M / 277 | 00:25:07 | 05.01 | +0:10:46 | 0:11:26 / 240 | 0:21:42 / 274 | |
| 299 | 1979 | KACZYŃSKA Joanna | LEGIONOWO | POL | INNE / CHTMO | 85 K20/8 | K / 22 | 00:25:08 | 05.01 | +0:10:47 | 0:11:42 / 278 | 0:21:52 / 294 | |
| 300 | 4199 | WIŚNIEWSKI Janusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 52 M60/1 | M / 278 | 00:25:08 | 05.01 | +0:10:47 | 0:11:24 / 234 | 0:21:36 / 265 | |
| 301 | 2397 | PARZUCHOWSKI Paweł | RADOM | POL | INNE / KB ŚNIEŻKA 1602 | 84 M20/110 | M / 279 | 00:25:09 | 05.01 | +0:10:47 | 0:11:46 / 294 | 0:21:48 / 289 | |
| 302 | 4402 | LEWANDOWSKI Bartłomiej | MIŃSK | POL | INNE / | 81 M30/106 | M / 280 | 00:25:09 | 05.01 | +0:10:48 | 0:11:39 / 269 | 0:22:05 / 313 | |
| 303 | 4321 | KONIECZNY Anna | KRAKÓW | POL | | 85 K20/9 | K / 23 | 00:25:10 | 05.02 | +0:10:49 | 0:11:49 / 311 | 0:21:44 / 277 | |
| 304 | 1145 | PYSZYŃSKI Jakub | WARSZAWA | POL | | 79 M30/107 | M / 281 | 00:25:11 | 05.02 | +0:10:49 | 0:12:06 / 358 | 0:22:06 / 315 | |
| 305 | 4983 | GOŁAWSKI Bartosz | | POL | | 90 M20/111 | M / 282 | 00:25:12 | 05.02 | +0:10:50 | 0:11:40 / 271 | 0:22:03 / 311 | |
| 306 | 1111 | WAŚOWSKA Jagoda | PIASECZNO | POL | | 66 K40/5 | K / 24 | 00:25:12 | 05.02 | +0:10:50 | 0:12:12 / 372 | 0:22:08 / 318 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|----------------------|------------------|-----------|------------------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 307 | 3302 | SANTOREK Jakub | WARSZAWA | POL | | 79 | M30/108 | M / 283 | 00:25:13 | 05.02 | +0:10:52 | 0:11:34 / 261 0:21:47 / 282 |
| 308 | 2624 | GODZINA Dorota | WARSZAWA | POL | INNE / X FIGHT PIASECZNO | 85 | K20/10 | K / 25 | 00:25:13 | 05.02 | +0:10:52 | 0:11:19 / 220 0:21:46 / 281 |
| 309 | 1421 | KRÓLIKOWSKI Łukasz | WARSZAWA | POL | INNE / EDC RUNNERS | 83 | M20/112 | M / 284 | 00:25:13 | 05.02 | +0:10:52 | 0:11:48 / 308 0:21:58 / 306 |
| 310 | 494 | LOBOS Michał | ZĄBKI | POL | | 78 | M30/109 | M / 285 | 00:25:14 | 05.02 | +0:10:53 | 0:11:43 / 282 0:21:54 / 299 |
| 311 | 1410 | BEDNARCZYK Tomasz | WARSZAWA | POL | | 73 | M30/110 | M / 286 | 00:25:15 | 05.03 | +0:10:53 | 0:11:02 / 187 0:21:54 / 298 |
| 312 | 611 | GEORGEON Christian | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | M20/113 | M / 287 | 00:25:16 | 05.03 | +0:10:54 | 0:10:44 / 160 0:21:54 / 297 |
| 313 | 409 | GRADZI Dariusz | KRAKÓW | POL | ADWOKACI / | | | M / 288 | 00:25:16 | 05.03 | +0:10:54 | 0:12:26 / 414 0:22:27 / 352 |
| 314 | 2391 | GRZEJDAK Igor | WARSZAWA | POL | MIESZKANCY_WAWA / | 73 | M30/111 | M / 289 | 00:25:16 | 05.03 | +0:10:55 | 0:11:35 / 262 0:21:54 / 296 |
| 315 | 108 | MIGDAŁ Radosław | WARSZAWA | POL | MIESZKANCY_WAWA / REMBERTÓW TEAM | 76 | M30/112 | M / 290 | 00:25:17 | 05.03 | +0:10:55 | 0:12:00 / 340 0:22:08 / 320 |
| 316 | 967 | KOSIŃSKA Marta | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | K30/9 | K / 26 | 00:25:17 | 05.03 | +0:10:56 | 0:11:58 / 332 0:22:01 / 309 |
| 317 | 1761 | BUŻANTOWICZ Zygmunt | WARSZAWA | POL | INNE / WAT | 88 | M20/114 | M / 291 | 00:25:17 | 05.03 | +0:10:56 | 0:11:39 / 270 0:22:00 / 308 |
| 318 | 4815 | ŚWIĄTEK Maciej | | POL | | 85 | M20/115 | M / 292 | 00:25:18 | 05.03 | +0:10:57 | 0:11:59 / 336 0:22:05 / 314 |
| 319 | 4370 | KUCEWICZ Łukasz | BIĄŁYSTOK | POL | INNE | 87 | M20/116 | M / 293 | 00:25:18 | 05.03 | +0:10:57 | 0:12:13 / 375 0:22:11 / 327 |
| 320 | 4025 | SŁAWUTA Patrycja | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | K20/11 | K / 27 | 00:25:20 | 05.04 | +0:10:59 | 0:12:01 / 346 0:22:11 / 326 |
| 321 | 1579 | LYSAKIEWICZ Paweł | WARSZAWA | POL | | 87 | M20/117 | M / 294 | 00:25:20 | 05.04 | +0:10:59 | 0:12:02 / 348 0:22:09 / 324 |
| 322 | 721 | HULANICKA Irina | WARSZAWA | POL | MIESZKANCY_WAWA / FESTIWAL BIEGOWY | 56 | K50/1 | K / 28 | 00:25:20 | 05.04 | +0:10:59 | 0:11:54 / 321 0:21:54 / 300 |
| 323 | 1592 | WIĄCZYK Błażej | DUCHNÓW | POL | | 97 | M20/118 | M / 295 | 00:25:21 | 05.04 | +0:10:59 | 0:11:54 / 319 0:22:07 / 316 |
| 324 | 2946 | RYTEL Rafał | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | M30/113 | M / 296 | 00:25:21 | 05.04 | +0:10:59 | 0:11:50 / 313 0:21:56 / 302 |
| 325 | 1391 | NOWIERSKI Łukasz | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | M20/119 | M / 297 | 00:25:21 | 05.04 | +0:10:59 | 0:11:45 / 292 0:22:13 / 330 |
| 326 | 633 | MALCZEWSKI Krzysztof | WARSZAWA | POL | MIESZKANCY_WAWA / | 00 | M20/120 | M / 298 | 00:25:22 | 05.04 | +0:11:01 | 0:11:47 / 299 0:21:57 / 304 |
| 327 | 919 | KOWALCZYK Mariusz | RADOM | POL | | 76 | M30/114 | M / 299 | 00:25:24 | 05.04 | +0:11:03 | 0:13:14 / 567 0:22:38 / 369 |
| 328 | 2416 | PEPŁOŃSKI Łukasz | WARSZAWA | POL | | 84 | M20/121 | M / 300 | 00:25:26 | 05.05 | +0:11:05 | 0:11:19 / 221 0:21:49 / 291 |
| 329 | 878 | DEFRATYKA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | K30/10 | K / 29 | 00:25:28 | 05.05 | +0:11:06 | 0:11:49 / 309 0:22:21 / 344 0:44:17 / 99 |
| 330 | 913 | STRACHOTA Damian | MNISZEW | POL | | 86 | M20/122 | M / 301 | 00:25:28 | 05.05 | +0:11:07 | 0:11:41 / 274 0:22:08 / 319 |
| 331 | 1835 | DZIĘCIOŁ Artur | TŁUSZCZ | POL | INNE / BÓBR TŁUSZCZ | 87 | M20/123 | M / 302 | 00:25:29 | 05.05 | +0:11:07 | 0:12:09 / 363 0:22:19 / 341 |
| 332 | 572 | JASIŃSKI Franciszek | WARSZAWA | POL | MIESZKANCY_WAWA / UKA | 99 | M20/124 | M / 303 | 00:25:30 | 05.06 | +0:11:08 | 0:12:08 / 362 0:22:43 / 380 |
| 333 | 531 | SZYMAŃSKI Karol | WARSZAWA | POL | | 95 | M20/125 | M / 304 | 00:25:31 | 05.06 | +0:11:09 | 0:12:23 / 407 0:22:22 / 345 |
| 334 | 893 | MADEJ Ewa | WARSZAWA | POL | MIESZKANCY_WAWA / ACCELERATE | 84 | K20/12 | K / 30 | 00:25:34 | 05.06 | +0:11:13 | 0:11:52 / 318 0:22:15 / 334 |
| 335 | 997 | MACIAK Wiktor | | POL | BANKI / BGK | 89 | M20/126 | M / 305 | 00:25:34 | 05.06 | +0:11:13 | 0:12:25 / 413 0:22:34 / 361 |
| 336 | 1953 | JASIŃSKI Maciej | SŁUPSK | POL | | 83 | M20/127 | M / 306 | 00:25:36 | 05.07 | +0:11:14 | 0:12:12 / 368 0:22:25 / 349 |
| 337 | 1337 | MARCINIAK Arkadiusz | LEGIONOWO | POL | | 75 | M30/115 | M / 307 | 00:25:37 | 05.07 | +0:11:15 | 0:12:16 / 382 0:22:09 / 323 |
| 338 | 1133 | GAŁĄZKA Antoni | WARSZAWA | POL | MIESZKANCY_WAWA / | 91 | M20/128 | M / 308 | 00:25:37 | 05.07 | +0:11:16 | 0:12:32 / 441 0:22:39 / 371 |
| 339 | 1066 | MAŁOLEPSZA Adrianna | GÓRA KALWARIA | POL | | 95 | K20/13 | K / 31 | 00:25:38 | 05.07 | +0:11:17 | 0:12:20 / 396 0:22:38 / 370 0:42:30 / 84 |
| 340 | 1064 | SZYMCZAK Zbigniew | ZĄBKI | POL | | 69 | M40/34 | M / 309 | 00:25:39 | 05.07 | +0:11:18 | 0:12:23 / 406 0:22:16 / 335 |
| 341 | 4604 | PIKULA Sławomir | WŁOCŁAWEK | POL | MIESZKANCY_WAWA / | 72 | M40/35 | M / 310 | 00:25:41 | 05.08 | +0:11:19 | 0:11:58 / 330 0:22:15 / 333 |
| 342 | 487 | MŁOT Karolina | OTWOCK | POL | INNE / | 89 | K20/14 | K / 32 | 00:25:41 | 05.08 | +0:11:19 | 0:11:49 / 310 0:22:12 / 329 |
| 343 | 1444 | BERENDT Karolina | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | K30/11 | K / 33 | 00:25:42 | 05.08 | +0:11:21 | 0:12:15 / 378 0:22:36 / 365 |
| 344 | 539 | WOŹNY Maciej | WARSZAWA | POL | | 82 | M30/116 | M / 311 | 00:25:43 | 05.08 | +0:11:21 | 0:12:13 / 376 0:22:14 / 331 |
| 345 | 1393 | DREWNIAK Małgorzata | WARSZAWA | POL | | 85 | K20/15 | K / 34 | 00:25:44 | 05.08 | +0:11:23 | 0:12:22 / 400 0:22:36 / 367 |
| 346 | 981 | CYRNY Rafał | WARSZAWA | POL | INNE / INGZYCIE.PL | 77 | M30/117 | M / 312 | 00:25:44 | 05.08 | +0:11:23 | 0:10:57 / 177 0:22:02 / 310 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | | | |
|----------|--------|----------------------|------------------|-----------|---|---------|--------------------|-------------|------------|----------|--------------|---------------|---------------|---------------|--------------|--------------|
| 347 | 1001 | LASKA Jakub | ZAWICHOST | POL | INNE / | 93 | M20/129 | M / 313 | 00:25:44 | 05.08 | +0:11:23 | 0:12:26 / 420 | 0:22:44 / 381 | | | |
| 348 | 1266 | STANISŁAWSKI Maciej | WARSZAWA | POL | | 88 | M20/130 | M / 314 | 00:25:46 | 05.09 | +0:11:24 | 0:12:32 / 439 | 0:22:35 / 363 | | | |
| 349 | 1534 | OKOŃSKI Łukasz | PULTUSK | POL | INNE / COLLEGE OF EUROPE | 83 | M20/131 | M / 315 | 00:25:46 | 05.09 | +0:11:24 | 0:12:02 / 350 | 0:22:44 / 382 | | | |
| 350 | 1537 | KUCZA Piotr | LEGIONOWO | POL | INNE / | 77 | M30/118 | M / 316 | 00:25:47 | 05.09 | +0:11:25 | 0:12:06 / 356 | 0:22:47 / 386 | | | |
| 351 | 1660 | WRÓBLEWSKI Robert | WINNICA | POL | INNE / LIDER WINNICA | 70 | M40/36 | M / 317 | 00:25:47 | 05.09 | +0:11:26 | 0:11:46 / 293 | 0:22:28 / 354 | | | |
| 352 | 1252 | SABAK Ryszard | WARSZAWA | POL | MIESZKANCY_WAWA / | 60 | M50/16 | M / 318 | 00:25:48 | 05.09 | +0:11:26 | 0:12:22 / 403 | 0:22:20 / 342 | | | |
| 353 | 1182 | KORENKIEWICZ Marcin | AUGUSTÓW | POL | | 85 | M20/132 | M / 319 | 00:25:48 | 05.09 | +0:11:26 | 0:12:29 / 434 | 0:22:40 / 375 | | | |
| 354 | 1311 | KOZAKOW Borys | WARSZAWA | POL | INNE / | 44 | M60/2 | M / 320 | 00:25:50 | 05.10 | +0:11:29 | 0:12:26 / 418 | 0:22:31 / 357 | | | |
| 355 | 2099 | FABISZEWSKI Adam | WARSZAWA | POL | | 69 | M40/37 | M / 321 | 00:25:51 | 05.10 | +0:11:30 | 0:11:59 / 338 | 0:22:16 / 337 | | | |
| 356 | 1013 | MICHALAK Mateusz | | POL | INNE / RBS | 80 | M30/119 | M / 322 | 00:25:53 | 05.10 | +0:11:31 | 0:12:30 / 436 | 0:22:42 / 379 | | | |
| 357 | 143 | BUJNOWSKI Marek | WARSZAWA | POL | PKO / | 77 | M30/120 | M / 323 | 00:25:54 | 05.10 | +0:11:32 | 0:11:18 / 217 | 0:22:19 / 340 | | | |
| 358 | 1050 | ŻURAWSKI Wojciech | JULIANÓW | POL | ZARZĄD | 80 | M30/121 | M / 324 | 00:25:54 | 05.10 | +0:11:33 | 0:12:29 / 433 | 0:22:36 / 368 | 0:31:53 / 20 | 0:39:28 / 1 | |
| 359 | 870 | PIKAŁA Artur | WARSZAWA | POL | INNE / EKOLOŻA | 68 | M40/38 | M / 325 | 00:25:55 | 05.11 | +0:11:33 | 0:12:13 / 374 | 0:22:29 / 355 | | | |
| 360 | 4592 | PIĄTEK Bożena | GORZÓW WLKP. | POL | | 95 | K20/16 | K / 35 | 00:25:55 | 05.11 | +0:11:34 | 0:12:16 / 383 | 0:22:50 / 389 | | | |
| 361 | 2181 | KOSIŃSKI Marek | WARSZAWA | POL | PARAFIALNU KLUB IM.DOBREGO ŁOTRA | 57 | M50/17 | M / 326 | 00:25:57 | 05.11 | +0:11:36 | 0:12:04 / 352 | 0:22:32 / 358 | 0:47:42 / 121 | | |
| 362 | 1625 | GROMEK Anna | BIAŁOBRZEGI | POL | FIRMY_RODZINNE / TEAM BOMIKA | 98 | K20/17 | K / 36 | 00:25:57 | 05.11 | +0:11:36 | 0:12:40 / 457 | 0:22:41 / 377 | | | |
| 363 | 1583 | WIŚNIEWSKI Piotr | WARSZAWA | POL | | 76 | M30/122 | M / 327 | 00:25:58 | 05.11 | +0:11:36 | 0:12:19 / 394 | 0:22:35 / 364 | | | |
| 364 | 1901 | GRABOWSKI Tadeusz | SOCHACZEW | POL | INNE / | 51 | M60/3 | M / 328 | 00:25:58 | 05.11 | +0:11:37 | 0:11:55 / 324 | 0:22:26 / 351 | | | |
| 365 | 145 | IMIELOWSKA Patrycja | WARSZAWA | POL | PKO / | 85 | K20/18 | K / 37 | 00:25:59 | 05.11 | +0:11:37 | 0:12:06 / 357 | 0:22:25 / 348 | | | |
| 366 | 954 | ZASADA Michał | WARSZAWA | POL | | 49 | M60/4 | M / 329 | 00:25:59 | 05.11 | +0:11:38 | 0:12:01 / 345 | 0:22:29 / 356 | | | |
| 367 | 1256 | ŚLEZIAK Jacek | TARNOWSKIE | POL | | 72 | M40/39 | M / 330 | 00:25:59 | 05.11 | +0:11:38 | 0:13:19 / 593 | 0:22:56 / 399 | | | |
| 368 | 3581 | OLCZAK Piotr | ŻYRARDÓW | POL | INNE / COFACE TEAM | 84 | M20/133 | M / 331 | 00:25:59 | 05.11 | +0:11:38 | 0:11:24 / 230 | 0:22:18 / 339 | | | |
| 369 | 1707 | BELL Branka | UNITED STATES | POL | | 74 | K30/12 | K / 38 | 00:26:01 | 05.12 | +0:11:39 | 0:12:51 / 486 | 0:22:47 / 385 | | | |
| 370 | 1308 | ADAMCZAK Joanna | MIŃSK | POL | INNE / | 83 | K20/19 | K / 39 | 00:26:01 | 05.12 | +0:11:39 | 0:12:46 / 474 | 0:22:56 / 398 | 0:42:01 / 81 | 1:02:43 / 19 | |
| 371 | 952 | BARANOWSKI Paweł | ZIELONKA | POL | | 95 | M20/134 | M / 332 | 00:26:02 | 05.12 | +0:11:41 | 0:10:31 / 143 | 0:22:40 / 374 | | | |
| 372 | 654 | STRZELECKI Michał | OSTRÓW | POL | | 77 | M30/123 | M / 333 | 00:26:03 | 05.12 | +0:11:41 | 0:11:35 / 263 | 0:22:24 / 347 | | | |
| 373 | 588 | MĘCIŃSKI Łukasz | WARSZAWA | POL | | 73 | M30/124 | M / 334 | 00:26:03 | 05.12 | +0:11:42 | 0:12:44 / 469 | 0:23:22 / 442 | | | |
| 374 | 1251 | SYTA Krzysztof | WARSZAWA | POL | | 52 | M60/5 | M / 335 | 00:26:03 | 05.12 | +0:11:42 | 0:12:47 / 479 | 0:22:56 / 400 | | | |
| 375 | 1278 | KOSIKOWSKA Anna | DĄBROWA | POL | INNE / KLUB BIEGACZA ERGO | 88 | K20/20 | K / 40 | 00:26:04 | 05.12 | +0:11:42 | 0:11:46 / 296 | 0:22:50 / 390 | | | |
| 376 | 629 | SIERADZKA Daria | GŁOSKÓW | POL | INNE / STUDENT PRAWA UNIWERSYTET WARSZAWSKI | 90 | K20/21 | K / 41 | 00:26:06 | 05.13 | +0:11:45 | 0:12:15 / 379 | 0:22:41 / 378 | | | |
| 377 | 533 | FASZCZEWSKI Artur | WARSZAWA | POL | ABC KONDYCJA | 68 | M40/40 | M / 336 | 00:26:07 | 05.13 | +0:11:46 | 0:12:28 / 427 | 0:22:49 / 388 | 0:39:55 / 71 | | |
| 378 | 3978 | IMIOLEK Robert | RASZYN | POL | INNE / KS RASZYN | 72 | M40/41 | M / 337 | 00:26:08 | 05.13 | +0:11:47 | 0:12:28 / 425 | 0:22:58 / 401 | | | |
| 379 | 1216 | BADELEK Mateusz | BIAŁOBRZEGI | POL | | 88 | M20/135 | M / 338 | 00:26:08 | 05.13 | +0:11:46 | 0:11:51 / 315 | 0:22:36 / 366 | 0:26:31 / 8 | 0:40:28 / 5 | 0:52:50 / 10 |
| 380 | 1200 | KOŁPOWSKA Alicja | POZNAŃ | POL | BIEGNIJ WARSZAWO | 77 | K30/13 | K / 42 | 00:26:09 | 05.13 | +0:11:48 | 0:11:44 / 286 | 0:22:46 / 384 | | | |
| 381 | 1234 | CHOYNOWSKI Andrzej | ŁOMIAŃKI | POL | | 70 | M40/42 | M / 339 | 00:26:10 | 05.14 | +0:11:48 | 0:12:15 / 377 | 0:23:03 / 411 | | | |
| 382 | 1170 | MILEWSKI Paweł | WARSZAWA | POL | | 81 | M30/125 | M / 340 | 00:26:10 | 05.14 | +0:11:49 | 0:12:42 / 464 | 0:22:55 / 396 | | | |
| 383 | 618 | PROKOP Krzysztof | KOBYLANKA | POL | POLFIN ROAD RUNNERS | 76 | M30/126 | M / 341 | 00:26:10 | 05.14 | +0:11:49 | 0:12:17 / 387 | 0:22:58 / 402 | | | |
| 384 | 1476 | BIJOCH Grzegorz | JÓŻEFÓW | POL | INNE / POZA WARSZAWA | 89 | M20/136 | M / 342 | 00:26:10 | 05.14 | +0:11:49 | 0:11:55 / 323 | 0:22:32 / 360 | | | |
| 385 | 4831 | TRĄBIŃSKI Arkadiusz | ZAGOŚCINIEC | POL | | 86 | M20/137 | M / 343 | 00:26:12 | 05.14 | +0:11:50 | 0:12:09 / 365 | 0:22:21 / 343 | | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|-----------------------|------------------|-----------|--|---------|--------------------|-------------|------------|----------|---------------|---------------|---------------------------------------|
| 386 | 749 | LACH Teresa | JEŻOWE | POL | | 75 | K30/14 | 00:26:12 | 05.14 | +0:11:51 | 0:12:03 / 351 | 0:22:35 / 362 | |
| 387 | 1995 | KATAŃSKA Katarzyna | KRAKÓW | POL | MIESZKANCY_WAWA / | 89 | K20/22 | 00:26:13 | 05.14 | +0:11:51 | 0:12:21 / 399 | 0:22:53 / 393 | |
| 388 | 4987 | MAKOS Robert | MIŃSK | POL | KONKURS PKO | 69 | M40/43 | 00:26:13 | 05.14 | +0:11:51 | 0:11:59 / 337 | 0:22:32 / 359 | 0:26:33 / 9 0:40:38 / 6 0:52:32 / 9 |
| 389 | 565 | OSIADACZ Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | M30/127 | 00:26:13 | 05.14 | +0:11:52 | 0:12:25 / 412 | 0:22:40 / 376 | |
| 390 | 619 | WÓJCIKIEWICZ Rafał | WARSZAWA | POL | INNE / POLFIN ROAD RUNNERS/SECTION WARSAW | 78 | M30/128 | 00:26:13 | 05.14 | +0:11:52 | 0:12:21 / 398 | 0:23:00 / 405 | |
| 391 | 4185 | GROMEK Mirosław | BIĄŁOBRZEGI | POL | FIRMY_RODZINNE / TEAM BOMIKA | 60 | M50/18 | 00:26:14 | 05.14 | +0:11:52 | 0:12:40 / 456 | 0:22:55 / 395 | |
| 392 | 4874 | WILK Grzegorz | TARNOBRZEG | POL | | 70 | M40/44 | 00:26:14 | 05.14 | +0:11:53 | 0:12:00 / 341 | 0:22:39 / 372 | |
| 393 | 2544 | RYSZ Mariusz | WARSZAWA | POL | INNE / INFORMATYCY | 78 | M30/129 | 00:26:16 | 05.15 | +0:11:54 | 0:12:09 / 364 | 0:22:49 / 387 | |
| 394 | 4960 | OGONOWSKI Jacek | KRAKÓW | POL | | 46 | M60/6 | 00:26:19 | 05.15 | +0:11:58 | 0:11:20 / 224 | 0:22:12 / 328 | 0:35:48 / 38 |
| 395 | 4992 | OLEJNICZAK Sebastian | WARSZAWA | POL | | 82 | M30/130 | 00:26:20 | 05.16 | +0:11:58 | 0:11:23 / 228 | 0:22:09 / 322 | |
| 396 | 155 | BORKOWSKI Dominik | WARSZAWA | POL | PKO / | 80 | M30/131 | 00:26:25 | 05.17 | +0:12:03 | 0:11:38 / 267 | 0:22:55 / 397 | |
| 397 | 983 | KOWAL Tomasz | NOWY DWÓR | POL | | 80 | M30/132 | 00:26:25 | 05.17 | +0:12:03 | 0:13:05 / 537 | 0:23:25 / 446 | |
| 398 | 1608 | PRZYBYLSKI Michał | WARSZAWA | POL | | 91 | M20/138 | 00:26:26 | 05.17 | +0:12:04 | 0:12:45 / 470 | 0:23:11 / 422 | |
| 399 | 71 | KWIETNIKOWSKI Michał | WARSZAWA | POL | | 76 | M30/133 | 00:26:26 | 05.17 | +0:12:04 | 0:12:53 / 495 | 0:23:17 / 432 | |
| 400 | 1381 | KORECKA-REJCZAK Zofia | WARSZAWA | POL | INNE / | 73 | K30/15 | 00:26:27 | 05.17 | +0:12:06 | 0:12:28 / 430 | 0:23:00 / 404 | |
| 401 | 1261 | TARCZYŃSKA Zuzanna | WARSZAWA | POL | MIESZKANCY_WAWA / | 99 | K20/23 | 00:26:27 | 05.17 | +0:12:06 | 0:13:13 / 565 | 0:23:32 / 453 | |
| 402 | 1274 | MOĆKO Beata | WOŁOMIN | POL | | 72 | K40/6 | 00:26:29 | 05.17 | +0:12:08 | 0:12:16 / 381 | 0:23:06 / 416 | |
| 403 | 1201 | RYBACZEWSKA Monika | POZNAŃ | POL | | 75 | K30/16 | 00:26:29 | 05.17 | +0:12:07 | 0:12:42 / 465 | 0:23:07 / 417 | |
| 404 | 3203 | RATAJCZAK Marcin | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 | M40/45 | 00:26:29 | 05.17 | +0:12:08 | 0:11:52 / 317 | 0:22:39 / 373 | 0:26:53 / 10 0:40:51 / 7 0:53:00 / 11 |
| 405 | 2348 | GAŁĄZKA Kamil | PIASECZNO | POL | | 83 | M20/139 | 00:26:29 | 05.17 | +0:12:07 | 0:12:07 / 359 | 0:22:53 / 394 | |
| 406 | 977 | GOLANOWSKA Ewa | PRUSZKÓW | POL | INNE / ŻADNA | 84 | K20/24 | 00:26:29 | 05.17 | +0:12:08 | 0:11:26 / 241 | 0:22:46 / 383 | |
| 407 | 435 | RYNKUN WERNER Robert | WARSZAWA | POL | ADWOKACI / | | M / 358 | 00:26:30 | 05.18 | +0:12:09 | 0:11:54 / 322 | 0:22:52 / 392 | |
| 408 | 1279 | GREGORCZYK Małgorzata | WARSZAWA | POL | MIESZKANCY_WAWA / | 77 | K30/17 | 00:26:31 | 05.18 | +0:12:09 | 0:13:16 / 578 | 0:23:24 / 445 | |
| 409 | 675 | KOCEWIAK Sławomir | WARSZAWA | POL | MIESZKANCY_WAWA / | 48 | M60/7 | 00:26:31 | 05.18 | +0:12:09 | 0:12:27 / 422 | 0:23:01 / 408 | |
| 410 | 669 | GERWAT Michał | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/134 | 00:26:32 | 05.18 | +0:12:10 | 0:12:51 / 487 | 0:23:21 / 440 | 0:42:12 / 82 |
| 411 | 275 | DEFoux Christophe | | POL | GO SPORT | 69 | M40/46 | 00:26:33 | 05.18 | +0:12:11 | 0:12:33 / 442 | 0:23:06 / 415 | |
| 412 | 305 | ŁASZKIEWICZ Paweł | BRODNICA | POL | ADWOKACI / | | M / 362 | 00:26:33 | 05.18 | +0:12:11 | 0:12:40 / 458 | 0:23:18 / 434 | |
| 413 | 736 | ZARYCHTA Kamil | WARSZAWA | POL | INNE / ACCELERATE | 82 | M30/135 | 00:26:33 | 05.18 | +0:12:12 | 0:12:32 / 440 | 0:23:11 / 421 | |
| 414 | 1488 | WÓLKIEWICZ Piotr | PRUSZKÓW | POL | | 99 | M20/140 | 00:26:34 | 05.18 | +0:12:13 | 0:14:03 / 787 | 0:23:42 / 467 | |
| 415 | 1843 | FABISZEWSKI Marcin | ŁOMŻA | POL | NIEZRZESZONY | 79 | M30/136 | 00:26:34 | 05.18 | +0:12:13 | 0:12:35 / 444 | 0:23:14 / 427 | |
| 416 | 1578 | KWIATKOWSKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 77 | M30/137 | 00:26:35 | 05.19 | +0:12:13 | 0:11:45 / 290 | 0:22:58 / 403 | |
| 417 | 1394 | WOLSKI Paweł | WARSZAWA | POL | | 75 | M30/138 | 00:26:36 | 05.19 | +0:12:14 | 0:12:26 / 416 | 0:23:01 / 407 | |
| 418 | 630 | DOROSIŃSKI Rafał | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | M20/141 | 00:26:36 | 05.19 | +0:12:15 | 0:12:50 / 482 | 0:23:32 / 454 | |
| 419 | 542 | HUPERT Agnieszka | GODZIESZE | POL | INNE / | 84 | K20/25 | 00:26:37 | 05.19 | +0:12:15 | 0:12:26 / 419 | 0:23:02 / 409 | |
| 420 | 3813 | ŁONIEWSKI Bartłomiej | SZCZYTNO | POL | KS PRINCESSKA | 84 | M20/142 | 00:26:37 | 05.19 | +0:12:15 | 0:12:29 / 432 | 0:23:14 / 426 | |
| 421 | 536 | JONIK Justyna | WARSZAWA | POL | INNE / WAT | 91 | K20/26 | 00:26:38 | 05.19 | +0:12:16 | 0:12:56 / 501 | 0:23:16 / 431 | |
| 422 | 1814 | DEPTUŁA Anna | WARSZAWA | POL | INNE / | 70 | K40/7 | 00:26:38 | 05.19 | +0:12:17 | 0:12:22 / 402 | 0:23:07 / 418 | |
| 423 | 3085 | PAWLIKOWSKI Michał | WARSZAWA | POL | | 84 | M20/143 | 00:26:38 | 05.19 | +0:12:16 | 0:12:01 / 343 | 0:23:00 / 406 | 0:34:10 / 28 |
| 424 | 753 | NAKONIECZNY Krzysztof | | POL | TELEEXPRES | 83 | M20/144 | 00:26:39 | 05.19 | +0:12:17 | 0:12:38 / 451 | 0:23:14 / 428 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|----------------------------------|------------------|-----------|-------------------------|---------|--------------------|-------------|------------|----------|---------------|---------------|--------------|
| 425 | 702 | WŁOCZEWSKA Agnieszka | WARSZAWA | | POL | 75 | K30/18 | 00:26:39 | 05.19 | +0:12:18 | 0:13:20 / 599 | 0:23:35 / 459 | |
| 426 | 4997 | WARCINKOWSKI Arkadiusz | WARSZAWA | | POL | 97 | M20/145 | 00:26:40 | 05.20 | +0:12:19 | 0:12:02 / 349 | 0:22:22 / 346 | |
| 427 | 568 | MYŚLIWIEC Michał | WARSZAWA | | POL | 79 | M30/139 | 00:26:42 | 05.20 | +0:12:21 | 0:12:27 / 423 | 0:23:08 / 419 | |
| 428 | 4996 | SZWANKE Patryk | WARSZAWA | | POL | 98 | M20/146 | 00:26:44 | 05.20 | +0:12:22 | 0:11:24 / 229 | 0:22:10 / 325 | |
| 429 | 4135 | KOZŁOWSKI Krzysztof | WARSZAWA | | POL | 68 | M40/47 | 00:26:45 | 05.21 | +0:12:23 | 0:12:45 / 473 | 0:23:02 / 410 | |
| 430 | 4339 | ZIELINSKA-OWCZAREK Magdalena | KOBYŁKA BIEGA | | POL | 78 | K30/19 | 00:26:45 | 05.21 | +0:12:24 | 0:12:38 / 449 | 0:23:16 / 430 | |
| 431 | 748 | LACH Wiesław | JEŻOWE | | POL | 70 | M40/48 | 00:26:45 | 05.21 | +0:12:24 | 0:12:21 / 397 | 0:23:13 / 423 | |
| 432 | 1530 | BIAŁOWAŚ Aleksandra | WARSZAWA | | POL | 95 | K20/27 | 00:26:45 | 05.21 | +0:12:23 | 0:12:10 / 367 | 0:23:10 / 420 | |
| 433 | 518 | SENATOR Ryszard | WARSZAWA | | POL | 57 | M50/19 | 00:26:46 | 05.21 | +0:12:24 | 0:11:40 / 273 | 0:22:51 / 391 | |
| 434 | 3547 | KAMIŃSKI Sebastian | RZESZÓW | | POL | 78 | M30/140 | 00:26:46 | 05.21 | +0:12:24 | 0:12:30 / 437 | 0:23:14 / 425 | |
| 435 | 1659 | SZABŁOWSKA Emilia | WARSZAWA | | POL | 86 | K20/28 | 00:26:46 | 05.21 | +0:12:25 | 0:12:53 / 494 | 0:23:34 / 458 | |
| 436 | 989 | KWIATKOWSKI Marcin | WARSZAWA | | POL | 77 | M30/141 | 00:26:47 | 05.21 | +0:12:25 | 0:13:11 / 562 | 0:23:43 / 470 | |
| 437 | 1665 | JEZERSKI Karol | WARSZAWA | | POL | 81 | M30/142 | 00:26:47 | 05.21 | +0:12:25 | 0:12:05 / 354 | 0:23:18 / 433 | |
| 438 | 1549 | MALCZEWSKA Zofia | WARSZAWA | | POL | 00 | K20/29 | 00:26:47 | 05.21 | +0:12:26 | 0:13:16 / 575 | 0:23:43 / 469 | |
| 439 | 1086 | JANUSZCZAK Janusz | EDMONTON | | POL | 67 | M40/49 | 00:26:48 | 05.21 | +0:12:27 | 0:12:46 / 476 | 0:23:36 / 462 | |
| 440 | 1614 | KULAR Marcin | WARSZAWA | | POL | 77 | M30/143 | 00:26:49 | 05.21 | +0:12:27 | 0:12:26 / 415 | 0:23:36 / 461 | |
| 441 | 1622 | KUK Mirosław | OŻARÓW | | POL | 79 | M30/144 | 00:26:49 | 05.21 | +0:12:28 | 0:12:37 / 447 | 0:23:23 / 443 | |
| 442 | 1254 | SZEZIAK Kacper | TARNOWSKIE | | POL | 95 | M20/147 | 00:26:50 | 05.22 | +0:12:28 | 0:12:54 / 496 | 0:23:19 / 437 | |
| 443 | 910 | BAK Sebastian | ZĄBKI | | POL | 85 | M20/148 | 00:26:50 | 05.22 | +0:12:29 | 0:12:26 / 417 | 0:23:13 / 424 | |
| 444 | 3905 | WAŚOWSKI Artur | MIŃSK | | POL | 71 | M40/50 | 00:26:50 | 05.22 | +0:12:29 | 0:12:39 / 454 | 0:23:19 / 438 | 0:33:52 / 26 |
| 445 | 1441 | GOŚCICKI Tomasz | WARSZAWA | | POL | 88 | M20/149 | 00:26:51 | 05.22 | +0:12:29 | 0:11:47 / 302 | 0:23:38 / 463 | |
| 446 | 3903 | GRELEWSKI Krzysztof | MIŃSK | | POL | 75 | M30/145 | 00:26:51 | 05.22 | +0:12:30 | 0:12:40 / 459 | 0:23:19 / 436 | |
| 447 | 974 | GWARDYS Karol | GORA KALWARIA | | POL | 84 | M20/150 | 00:26:52 | 05.22 | +0:12:30 | 0:13:15 / 569 | 0:23:26 / 447 | |
| 448 | 730 | LUBRYCZYŃSKI Dariusz | CHYLICE | | POL | 64 | M40/51 | 00:26:52 | 05.22 | +0:12:31 | 0:12:46 / 475 | 0:23:21 / 439 | |
| 449 | 612 | DUDEK Iwona | WARSZAWA | | POL | 82 | K30/20 | 00:26:52 | 05.22 | +0:12:30 | 0:12:00 / 339 | 0:23:05 / 414 | |
| 450 | 1709 | BERENT Marta | WARSZAWA | | POL | 00 | K20/30 | 00:26:53 | 05.22 | +0:12:32 | 0:11:59 / 335 | 0:23:03 / 412 | |
| 451 | 1357 | PAŚNIEWSKI Piotr | WARSZAWA | | POL | 87 | M20/151 | 00:26:54 | 05.22 | +0:12:32 | 0:13:00 / 518 | 0:23:39 / 464 | |
| 452 | 3033 | OSITEK Janusz | MICHAŁOWICE | | POL | 70 | M40/52 | 00:26:54 | 05.22 | +0:12:32 | 0:12:50 / 484 | 0:23:34 / 457 | |
| 453 | 4902 | ZAKRZEWSKA Katarzyna | SOCHACZEW | | POL | 95 | K20/31 | 00:26:55 | 05.23 | +0:12:33 | 0:12:17 / 386 | 0:23:29 / 449 | |
| 454 | 1269 | TROC Leszek | WARSZAWA | | POL | 00 | M20/152 | 00:26:55 | 05.23 | +0:12:34 | 0:11:57 / 329 | 0:23:23 / 444 | |
| 455 | 592 | POBOŻY Tomasz | WARSZAWA | | POL | 83 | M20/153 | 00:26:58 | 05.23 | +0:12:37 | 0:13:40 / 688 | 0:23:43 / 471 | |
| 456 | 1217 | BADELEK Hubert | BIAŁOBRZEGI | | POL | 60 | M50/20 | 00:26:59 | 05.23 | +0:12:38 | 0:12:53 / 491 | 0:23:22 / 441 | |
| 457 | 3312 | HABURA Miłosz | SZCZECIN | | POL | 76 | M30/146 | 00:26:59 | 05.23 | +0:12:38 | 0:12:18 / 391 | 0:23:18 / 435 | |
| 458 | 688 | OKOŃ Przemysław | WARSZAWA | | POL | 86 | M20/154 | 00:27:00 | 05.24 | +0:12:38 | 0:12:59 / 512 | 0:23:46 / 477 | |
| 459 | 2051 | SELERSKI Krzysztof | WARSZAWA | | POL | 61 | M50/21 | 00:27:00 | 05.24 | +0:12:39 | 0:12:04 / 353 | 0:23:03 / 413 | |
| 460 | 1474 | GONTA Aneta | SOCHACZEW | | POL | 97 | K20/32 | 00:27:01 | 05.24 | +0:12:40 | 0:12:18 / 390 | 0:23:30 / 451 | |
| 461 | 1250 | NIEDZIÓŁKA-WYSOKIŃSKA Małgorzata | WARSZAWA | | POL | 75 | K30/21 | 00:27:02 | 05.24 | +0:12:40 | 0:11:12 / 204 | 0:23:15 / 429 | |
| 462 | 564 | ENDER Andrzej | WARSZAWA | | POL | 82 | M30/147 | 00:27:04 | 05.24 | +0:12:43 | 0:12:58 / 509 | 0:23:34 / 456 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|-----------------------|------------------|-----------|---------------------------------------|---------|--------------------|-------------|------------|----------|---------------|---------------|---------------|
| 463 | 504 | KRECH Monika | DĘBLIN | POL | MIESZKANCY_WAWA / | 88 | K20/33 | 00:27:05 | 05.25 | +0:12:43 | 0:12:01 / 344 | 0:23:29 / 448 | |
| 464 | 1550 | ŚWIDERSKI Grzegorz | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | M30/148 | 00:27:06 | 05.25 | +0:12:44 | 0:13:01 / 526 | 0:23:33 / 455 | |
| 465 | 559 | PIETRASIK Hanna | WARSZAWA | POL | INNE / ACCELERATE | 76 | K30/22 | 00:27:06 | 05.25 | +0:12:45 | 0:12:59 / 514 | 0:23:45 / 475 | 0:33:41 / 24 |
| 466 | 980 | KOSTUCH Adam | WARSZAWA | POL | | 58 | M50/22 | 00:27:07 | 05.25 | +0:12:45 | 0:13:04 / 535 | 0:23:47 / 478 | |
| 467 | 971 | KOPYŚ Jakub | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 88 | M20/155 | 00:27:07 | 05.25 | +0:12:46 | 0:13:44 / 703 | 0:24:01 / 505 | |
| 468 | 1495 | WASILEWSKI Robert | MARKI | POL | INNE / MARKI | 77 | M30/149 | 00:27:08 | 05.25 | +0:12:46 | 0:13:52 / 738 | 0:23:53 / 493 | |
| 469 | 1453 | SZEWCIK Andrzej | MICHAŁOWICE | POL | INNE / | 78 | M30/150 | 00:27:09 | 05.25 | +0:12:48 | 0:13:03 / 530 | 0:23:53 / 490 | |
| 470 | 1315 | BURKOWSKI Zbigniew | WARSZAWA | POL | INNE / NIEZALEŻNY | 78 | M30/151 | 00:27:10 | 05.26 | +0:12:48 | 0:13:00 / 519 | 0:23:58 / 501 | |
| 471 | 1525 | BENDERZ Patryk | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | M30/152 | 00:27:10 | 05.26 | +0:12:49 | 0:13:20 / 600 | 0:23:54 / 495 | |
| 472 | 871 | BŁAŻEJOWSKI Krzysztof | JÓZEFÓW | POL | | 66 | M40/53 | 00:27:10 | 05.26 | +0:12:49 | 0:12:59 / 511 | 0:23:40 / 465 | |
| 473 | 4663 | RÓZIECKA Katarzyna | OSTROŁĘKA | POL | | 91 | K20/34 | 00:27:11 | 05.26 | +0:12:49 | 0:12:19 / 393 | 0:23:46 / 476 | |
| 474 | 3367 | ZDUNIAK Marcin | WARSZAWA | POL | | 80 | M30/153 | 00:27:12 | 05.26 | +0:12:50 | 0:12:53 / 493 | 0:23:57 / 500 | |
| 475 | 1412 | PAMUŁA Jakub | WADOWICE | POL | | 86 | M20/156 | 00:27:13 | 05.26 | +0:12:51 | 0:12:47 / 477 | 0:23:48 / 480 | |
| 476 | 3444 | CZEPANKO Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 73 | K30/23 | 00:27:13 | 05.26 | +0:12:51 | 0:11:48 / 306 | 0:23:30 / 450 | |
| 477 | 922 | JEŻEWSKI Krzysztof | WARSZAWA | POL | | 76 | M30/154 | 00:27:15 | 05.27 | +0:12:54 | 0:13:03 / 529 | 0:23:48 / 482 | |
| 478 | 4485 | MICHALIK Bartosz | TŁUSZCZ | POL | | 87 | M20/157 | 00:27:15 | 05.27 | +0:12:54 | 0:13:32 / 656 | 0:23:53 / 494 | |
| 479 | 1836 | DZIĘCIOŁ Dariusz | TŁUSZCZ | POL | BÓBR TŁUSZCZ | 88 | M20/158 | 00:27:16 | 05.27 | +0:12:54 | 0:13:33 / 659 | 0:23:53 / 492 | |
| 480 | 4078 | SZEWCIK Adam | ŁOMIANKI | POL | | 77 | M30/155 | 00:27:16 | 05.27 | +0:12:55 | 0:12:54 / 498 | 0:23:42 / 468 | |
| 481 | 631 | KLIMEK Piotr | WARSZAWA | POL | | 90 | M20/159 | 00:27:17 | 05.27 | +0:12:55 | 0:13:01 / 524 | 0:23:55 / 497 | |
| 482 | 4464 | MARKIEWICZ Piotr | KRAKÓW | POL | INNE | 81 | M30/156 | 00:27:18 | 05.27 | +0:12:57 | 0:13:08 / 550 | 0:24:03 / 511 | |
| 483 | 1073 | NAZOREK Barbara | | POL | INNE / BAYER LIFE TEAM | | K / 68 | 00:27:19 | 05.27 | +0:12:57 | 0:13:05 / 543 | 0:23:48 / 481 | 0:44:19 / 100 |
| 484 | 4877 | WIŚNIEWSKA Anna | POMIECHÓWEK | POL | | 84 | K20/35 | 00:27:19 | 05.27 | +0:12:58 | 0:13:05 / 540 | 0:23:49 / 484 | |
| 485 | 1116 | KOZŁOWSKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | M30/157 | 00:27:20 | 05.28 | +0:12:58 | 0:13:26 / 629 | 0:23:55 / 499 | |
| 486 | 360 | PUSTKOWSKI Bartosz | | POL | ADWOKACI / | | M / 417 | 00:27:20 | 05.28 | +0:12:59 | 0:13:59 / 775 | 0:24:19 / 540 | |
| 487 | 1718 | BIDZIŃSKA Elżbieta | WARSZAWA | POL | | 82 | K30/24 | 00:27:21 | 05.28 | +0:12:59 | 0:12:17 / 384 | 0:23:44 / 473 | 0:34:42 / 29 |
| 488 | 2111 | NOWAKOWSKI Czesław | WARSZAWA | POL | | 47 | M60/8 | 00:27:21 | 05.28 | +0:13:00 | 0:12:58 / 510 | 0:23:52 / 489 | |
| 489 | 3902 | WASILEWSKI Konrad | WARSZAWA | POL | | 86 | M20/160 | 00:27:23 | 05.28 | +0:13:01 | 0:13:12 / 563 | 0:24:03 / 509 | |
| 490 | 1828 | DROBOT Maksym | LWOW | POL | INNE / OBCY TURYSTY | 79 | M30/158 | 00:27:25 | 05.29 | +0:13:03 | 0:13:19 / 598 | 0:24:20 / 544 | |
| 491 | 4139 | ANDRZEJEWSKA Marika | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | K30/25 | 00:27:25 | 05.29 | +0:13:03 | 0:12:52 / 489 | 0:24:01 / 506 | |
| 492 | 1115 | LIBERA Anna | WARSZAWA | POL | | 81 | K30/26 | 00:27:25 | 05.29 | +0:13:04 | 0:13:15 / 573 | 0:24:00 / 504 | |
| 493 | 4313 | KOLASA Jakub | WARSZAWA | POL | PEKAO LEASING RUNNING TEAM | 76 | M30/159 | 00:27:26 | 05.29 | +0:13:04 | 0:13:04 / 536 | 0:24:05 / 513 | |
| 494 | 2177 | MAJCHERCZYK Anna | WARSZAWA | POL | | 79 | K30/27 | 00:27:26 | 05.29 | +0:13:04 | 0:12:31 / 438 | 0:23:54 / 496 | 0:44:20 / 101 |
| 495 | 2176 | MAJCHERCZYK Krzysztof | WARSZAWA | POL | | 79 | M30/160 | 00:27:26 | 05.29 | +0:13:05 | 0:12:17 / 385 | 0:23:31 / 452 | 0:44:17 / 98 |
| 496 | 3873 | BARSZCZEWSKA Alicja | MRAĞOWO | POL | INNE / KLUB BIEGACZA MRAĞOWO | 76 | K30/28 | 00:27:27 | 05.29 | +0:13:05 | 0:12:22 / 404 | 0:23:47 / 479 | |
| 497 | 4721 | SKWARCZYŃSKI Andrzej | WARSZAWA | POL | MIESZKANCY_WAWA / GRUPA BIEGOWA CHTMO | 82 | M30/161 | 00:27:27 | 05.29 | +0:13:06 | 0:12:28 / 431 | 0:23:41 / 466 | |
| 498 | 467 | LEŻAŃSKA Zofia | LUBLIN | POL | ADWOKACI / | | K / 75 | 00:27:27 | 05.29 | +0:13:05 | 0:12:35 / 443 | 0:23:52 / 488 | |
| 499 | 4897 | WRÓBLEWSKI Marek | OTWOCK | POL | | 70 | M40/54 | 00:27:28 | 05.29 | +0:13:06 | 0:13:27 / 633 | 0:24:03 / 510 | |
| 500 | 1820 | DŁUGOSZ Magdalena | PRUSZKÓW | POL | | 79 | K30/29 | 00:27:28 | 05.29 | +0:13:07 | 0:13:17 / 583 | 0:24:05 / 514 | |
| 501 | 476 | SZYMCZAKOWSKI Oskar | RAWA | POL | INNE / MLUKS-RAWA | 99 | M20/161 | 00:27:29 | 05.29 | +0:13:07 | 0:13:55 / 751 | 0:24:35 / 571 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|-------------------------|------------------|-----------|------------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 502 | 2901 | BONIK Paweł | WARSZAWA | POL | | 74 | M30/162 | M / 426 | 00:27:30 | 05.30 | +0:13:08 | 0:12:38 / 450 0:23:50 / 486 |
| 503 | 760 | RAWSKI Tomasz | W-WA | POL | AGORA | 78 | M30/163 | M / 427 | 00:27:31 | 05.30 | +0:13:10 | 0:12:43 / 467 0:23:53 / 491 |
| 504 | 1801 | CZEREMĄSKI Rafał | ŁOŃSK | POL | | 83 | M20/162 | M / 428 | 00:27:31 | 05.30 | +0:13:10 | 0:13:19 / 596 0:24:11 / 526 |
| 505 | 498 | GRZESZKIEWICZ Mirosław | WARSZAWA | POL | INNE / NIE-MA | 67 | M40/55 | M / 429 | 00:27:31 | 05.30 | +0:13:10 | 0:13:05 / 539 0:23:44 / 472 |
| 506 | 554 | TULEJ Bożena | MIŃSK | POL | | 63 | K40/8 | K / 77 | 00:27:32 | 05.30 | +0:13:11 | 0:13:00 / 516 0:23:51 / 487 |
| 507 | 4822 | TARKOWSKI Paweł | BIALA PODLASKA | POL | | 78 | M30/164 | M / 430 | 00:27:33 | 05.30 | +0:13:12 | 0:13:09 / 556 0:24:14 / 531 |
| 508 | 838 | URBAŃSKI Piotr | WARSZAWA | POL | | 68 | M40/56 | M / 431 | 00:27:34 | 05.30 | +0:13:12 | 0:12:18 / 388 0:23:35 / 460 |
| 509 | 4353 | KOZUBSKI Sławomir | ŻYRARDÓW | POL | MIESZKANCY_WAWA / | 86 | M20/163 | M / 432 | 00:27:36 | 05.31 | +0:13:15 | 0:13:27 / 636 0:24:18 / 539 |
| 510 | 2713 | KURZAWA Aldona | WARSZAWA | POL | INNE / ORANGE POLSKA | 67 | K40/9 | K / 78 | 00:27:39 | 05.31 | +0:13:17 | 0:13:06 / 546 0:24:02 / 508 |
| 511 | 1232 | CHOYNOWSKA Małgorzata | ŁOMIAŃKI | POL | POWERADE | 68 | K40/10 | K / 79 | 00:27:39 | 05.31 | +0:13:18 | 0:13:19 / 597 0:24:12 / 527 |
| 512 | 727 | SZMEL Dariusz | WARSZAWA | POL | | 80 | M30/165 | M / 433 | 00:27:40 | 05.32 | +0:13:18 | 0:13:28 / 640 0:24:24 / 548 |
| 513 | 1383 | BIJOK Magdalena | NISKO | POL | | 86 | K20/36 | K / 80 | 00:27:40 | 05.32 | +0:13:19 | 0:12:52 / 490 0:24:08 / 521 |
| 514 | 1409 | KONDRACIUK Katarzyna | PIASECZNO | POL | INNE / | 73 | K30/30 | K / 81 | 00:27:41 | 05.32 | +0:13:20 | 0:13:00 / 517 0:24:09 / 522 |
| 515 | 1626 | POPIS Przemysław | OTWOCK | POL | | 74 | M30/166 | M / 434 | 00:27:42 | 05.32 | +0:13:20 | 0:13:33 / 660 0:24:07 / 519 |
| 516 | 1246 | PRZYCHODZKI Dominik | WARSZAWA | POL | | 83 | M20/164 | M / 435 | 00:27:42 | 05.32 | +0:13:20 | 0:13:20 / 601 0:24:31 / 561 |
| 517 | 1644 | OBŁOZA Piotr | PIASECZNO | POL | | 71 | M40/57 | M / 436 | 00:27:42 | 05.32 | +0:13:20 | 0:13:01 / 521 0:24:10 / 523 |
| 518 | 4608 | PISZCZATOWSKA Sylwia | BIĄŁYSTOK | POL | INNE / PTR DOJLIDY BIAŁYSTOK | 82 | K30/31 | K / 82 | 00:27:42 | 05.32 | +0:13:21 | 0:13:04 / 533 0:23:55 / 498 |
| 519 | 1639 | KLICKI Tomasz | WARSZAWA | POL | INNE / | 77 | M30/167 | M / 437 | 00:27:43 | 05.32 | +0:13:21 | 0:13:09 / 554 0:24:06 / 517 |
| 520 | 1056 | SZYMAŃSKA-KOPCIŃSKA Ewa | MIŃSK | POL | | 77 | K30/32 | K / 83 | 00:27:43 | 05.32 | +0:13:21 | 0:13:22 / 607 0:24:10 / 525 |
| 521 | 3843 | ROGOZIŃSKI Mirek | WARSZAWA | POL | PKO / INTELIGO | 87 | M20/165 | M / 438 | 00:27:45 | 05.33 | +0:13:23 | 0:13:32 / 655 0:24:18 / 538 |
| 522 | 1473 | SZEWCIK Justyna | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 97 | K20/37 | K / 84 | 00:27:45 | 05.33 | +0:13:24 | 0:12:22 / 401 0:23:49 / 483 |
| 523 | 3692 | OCHAL Agnieszka | JÓZEFOSŁAW | POL | | 75 | K30/33 | K / 85 | 00:27:46 | 05.33 | +0:13:25 | 0:12:57 / 507 0:24:20 / 545 |
| 524 | 3388 | KURDEJ Grzegorz | JÓZEFÓW | POL | INNE / T-MOBILE RUNNING TEAM | 74 | M30/168 | M / 439 | 00:27:47 | 05.33 | +0:13:25 | 0:12:39 / 455 0:23:59 / 503 |
| 525 | 4780 | SZALAK Michał | PULAWY | POL | | 77 | M30/169 | M / 440 | 00:27:47 | 05.33 | +0:13:26 | 0:13:27 / 634 0:24:06 / 518 |
| 526 | 729 | SZCZYGIEL Łukasz | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | M20/166 | M / 441 | 00:27:47 | 05.33 | +0:13:26 | 0:13:47 / 713 0:24:32 / 564 |
| 527 | 87 | WARDAL Cezary | | POL | PUMA | 88 | M20/167 | M / 442 | 00:27:48 | 05.33 | +0:13:26 | 0:13:05 / 541 0:24:20 / 543 |
| 528 | 790 | WILCZEWSKI Adam | | POL | PWPW | 71 | M40/58 | M / 443 | 00:27:48 | 05.33 | +0:13:27 | 0:12:41 / 461 0:23:49 / 485 |
| 529 | 361 | WOŁODŹKO Paweł | GDAŃSK | POL | ADWOKACI / | | | M / 444 | 00:27:48 | 05.33 | +0:13:26 | 0:13:16 / 580 0:24:34 / 566 0:43:51 / 95 |
| 530 | 882 | KUSZNER Przemysław | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/170 | M / 445 | 00:27:48 | 05.33 | +0:13:27 | 0:13:07 / 549 0:24:32 / 562 |
| 531 | 3691 | OCHAL Artur | JÓZEFOSŁAW | POL | | 72 | M40/59 | M / 446 | 00:27:49 | 05.33 | +0:13:27 | 0:13:01 / 525 0:24:21 / 546 |
| 532 | 174 | HOŁODY Grzegorz | WARSZAWA | POL | PKO / | 85 | M20/168 | M / 447 | 00:27:49 | 05.33 | +0:13:28 | 0:13:49 / 727 0:24:37 / 576 |
| 533 | 1075 | OSTROWSKI Janusz | | POL | INNE / BAYER LIFE TEAM | | | M / 448 | 00:27:50 | 05.34 | +0:13:28 | 0:13:10 / 558 0:24:01 / 507 |
| 534 | 4919 | ZUBKIEWICZ Jan | PŁASKA | POL | INNE / PŁASKA | 47 | M60/9 | M / 449 | 00:27:50 | 05.34 | +0:13:29 | 0:12:47 / 478 0:23:58 / 502 |
| 535 | 4405 | LEWSZA Marcin | WARSZAWA | POL | | 84 | M20/169 | M / 450 | 00:27:51 | 05.34 | +0:13:30 | 0:13:38 / 674 0:24:35 / 572 |
| 536 | 4709 | SIKORA Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | M20/170 | M / 451 | 00:27:52 | 05.34 | +0:13:30 | 0:13:28 / 638 0:24:39 / 584 |
| 537 | 3818 | GAWLICKI Piotr | WARSZAWA | POL | ACCELERATE | 86 | M20/171 | M / 452 | 00:27:52 | 05.34 | +0:13:30 | 0:13:26 / 628 0:24:29 / 556 |
| 538 | 2425 | KOMARNICKI Kamil | WARSZAWA | POL | | 79 | M30/171 | M / 453 | 00:27:52 | 05.34 | +0:13:30 | 0:13:04 / 534 0:24:06 / 516 |
| 539 | 42 | SOBIERAJSKI Krzysztof | WARSZAWA | POL | VIP | 79 | M30/172 | M / 454 | 00:27:53 | 05.34 | +0:13:31 | 0:10:52 / 171 0:23:45 / 474 |
| 540 | 1519 | LOSİK Eryk | WARSZAWA | POL | MIESZKANCY_WAWA / | 77 | M30/173 | M / 455 | 00:27:53 | 05.34 | +0:13:31 | 0:13:15 / 572 0:24:29 / 554 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | | |
|----------|--------|-------------------------|------------------|-----------|--------------------------|---------|--------------------|-------------|------------|----------|--------------|---------------|---------------|--------------|-------------|
| 541 | 2650 | ROŻEK Krzysztof | WARSZAWA | POL | INNE | 78 | M30/174 | M / 456 | 00:27:53 | 05.34 | +0:13:32 | 0:13:41 / 690 | 0:24:14 / 530 | | |
| 542 | 4814 | ŚMIESZEK Małgorzata | GLIWICE | POL | | 83 | K20/38 | K / 86 | 00:27:53 | 05.34 | +0:13:32 | 0:13:03 / 531 | 0:24:20 / 542 | | |
| 543 | 914 | ŻOTKIEWICZ Michał | KOLNO | POL | | 85 | M20/172 | M / 457 | 00:27:54 | 05.34 | +0:13:32 | 0:13:11 / 559 | 0:24:17 / 536 | | |
| 544 | 894 | MURATÓW Marek | RZESZÓW | POL | INNE / ACCELERATE | 85 | M20/173 | M / 458 | 00:27:55 | 05.35 | +0:13:33 | 0:13:11 / 561 | 0:24:24 / 547 | | |
| 545 | 1324 | LASKOWSKI Jacek | WARSZAWA | POL | | 79 | M30/175 | M / 459 | 00:27:56 | 05.35 | +0:13:34 | 0:13:13 / 564 | 0:24:17 / 537 | | |
| 546 | 1442 | STOLARZ Łukasz | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | M20/174 | M / 460 | 00:27:56 | 05.35 | +0:13:35 | 0:13:08 / 552 | 0:24:10 / 524 | | |
| 547 | 911 | TOMASZEWSKI Rafał | WARSZAWA | POL | INNE / ACCELERATE | 87 | M20/175 | M / 461 | 00:27:56 | 05.35 | +0:13:34 | 0:13:56 / 759 | 0:24:44 / 590 | | |
| 548 | 854 | WÓJCIK Krzysztof | WARSZAWA | POL | MIESZKANCY_WAWA / | 72 | M40/60 | M / 462 | 00:27:56 | 05.35 | +0:13:35 | 0:12:48 / 481 | 0:24:04 / 512 | | |
| 549 | 807 | ZALEWSKA Małgorzata | WARSZAWA | POL | | 86 | K20/39 | K / 87 | 00:27:56 | 05.35 | +0:13:35 | 0:13:25 / 621 | 0:24:31 / 560 | | |
| 550 | 466 | BINDAS-LEŻAŃSKA Izabela | LUBLIN | POL | ADWOKACI / | | | K / 88 | 00:27:57 | 05.35 | +0:13:35 | 0:12:44 / 468 | 0:24:15 / 532 | | |
| 551 | 1069 | GŁOZAK Magdalena | KORCZEW | POL | NKB ROMA | 88 | K20/40 | K / 89 | 00:27:57 | 05.35 | +0:13:36 | 0:13:07 / 547 | 0:24:27 / 553 | | |
| 552 | 2043 | URBAN Andrzej | WARSZAWA | POL | | 65 | M40/61 | M / 463 | 00:27:57 | 05.35 | +0:13:35 | 0:13:53 / 744 | 0:24:37 / 574 | | |
| 553 | 883 | BUDZIK Dariusz | ZALESIE GÓRNE | POL | | 68 | M40/62 | M / 464 | 00:27:57 | 05.35 | +0:13:35 | 0:12:23 / 410 | 0:24:29 / 558 | | |
| 554 | 1238 | USZYCKI Maksymilian | WARSZAWA | POL | | 98 | M20/176 | M / 465 | 00:27:57 | 05.35 | +0:13:36 | 0:13:29 / 641 | 0:24:34 / 569 | 0:35:56 / 41 | 0:44:16 / 7 |
| 555 | 1360 | PASTOR Jacek | SIEDLCE | POL | | 82 | M30/176 | M / 466 | 00:28:00 | 05.36 | +0:13:38 | 0:14:27 / 909 | 0:25:00 / 616 | | |
| 556 | 3780 | SZTYBER Jakub | ZĄBKI | POL | INNE / COLLEGE OF EUROPE | 77 | M30/177 | M / 467 | 00:28:00 | 05.36 | +0:13:38 | 0:12:41 / 463 | 0:24:15 / 533 | | |
| 557 | 1698 | BAK Cezary | | POL | | 59 | M50/23 | M / 468 | 00:28:01 | 05.36 | +0:13:39 | 0:12:56 / 502 | 0:24:25 / 549 | | |
| 558 | 884 | BUDZIK Monika | ZALESIE GÓRNE | POL | | 90 | K20/41 | K / 90 | 00:28:01 | 05.36 | +0:13:40 | 0:12:28 / 428 | 0:24:34 / 568 | | |
| 559 | 1221 | KACZMAREK Stanisław | WARSZAWA | POL | MIESZKANCY_WAWA / | 91 | M20/177 | M / 469 | 00:28:01 | 05.36 | +0:13:40 | 0:12:57 / 503 | 0:24:06 / 515 | | |
| 560 | 853 | RACIBORSKI Tomasz | GÓRA KALWARIA | POL | INNE / | 83 | M20/178 | M / 470 | 00:28:01 | 05.36 | +0:13:39 | 0:13:47 / 711 | 0:25:20 / 672 | | |
| 561 | 1239 | USZYCKI Wojciech | WARSZAWA | POL | | 72 | M40/63 | M / 471 | 00:28:01 | 05.36 | +0:13:39 | 0:13:31 / 650 | 0:24:36 / 573 | | |
| 562 | 4319 | KONDEJ Rafał | JÓZEFÓW | POL | | 75 | M30/178 | M / 472 | 00:28:01 | 05.36 | +0:13:40 | 0:13:09 / 557 | 0:24:34 / 570 | 0:44:05 / 6 | |
| 563 | 528 | KOSIM Michał | DESZCZNO | POL | | 97 | M20/179 | M / 473 | 00:28:02 | 05.36 | +0:13:40 | 0:13:30 / 647 | 0:24:54 / 610 | | |
| 564 | 1662 | KOZAK-GĄSIOR Joanna | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | K30/34 | K / 91 | 00:28:04 | 05.36 | +0:13:42 | 0:13:24 / 616 | 0:24:29 / 557 | | |
| 565 | 4182 | STELMACH Maciej | WRASZWA | POL | INNE / XXLSTOCK.COM | 74 | M30/179 | M / 474 | 00:28:04 | 05.36 | +0:13:42 | 0:12:57 / 505 | 0:24:12 / 528 | | |
| 566 | 4989 | WYPYCH Bartłomiej | WARSZAWA | POL | | 96 | M20/180 | M / 475 | 00:28:05 | 05.37 | +0:13:43 | 0:14:04 / 792 | 0:24:53 / 609 | | |
| 567 | 616 | BECZEK Tomasz | WARSZAWA | POL | | 82 | M30/180 | M / 476 | 00:28:05 | 05.37 | +0:13:44 | 0:13:31 / 653 | 0:24:50 / 606 | | |
| 568 | 1247 | KOTWAS Bożena | NIEPORĘT | POL | INNE / | 78 | K30/35 | K / 92 | 00:28:05 | 05.37 | +0:13:43 | 0:13:33 / 661 | 0:24:49 / 602 | | |
| 569 | 623 | BOCIAŃSKI Grzegorz | WARSZAWA | POL | | 82 | M30/181 | M / 477 | 00:28:07 | 05.37 | +0:13:45 | 0:13:28 / 637 | 0:24:40 / 585 | | |
| 570 | 1708 | BERENT Irena | WARSZAWA | POL | ORANGE POLSKA | 74 | K30/36 | K / 93 | 00:28:07 | 05.37 | +0:13:46 | 0:13:03 / 532 | 0:24:14 / 529 | | |
| 571 | 1028 | SZANDECKI Łukasz | | POL | BANKI / RBS | 81 | M30/182 | M / 478 | 00:28:07 | 05.37 | +0:13:46 | 0:13:18 / 592 | 0:24:33 / 565 | | |
| 572 | 571 | KANIEWSKI Paweł | WARSZAWA | POL | | 82 | M30/183 | M / 479 | 00:28:08 | 05.37 | +0:13:46 | 0:12:50 / 483 | 0:24:17 / 535 | | |
| 573 | 863 | ADAMEK Michał | WARSZAWA | POL | | 99 | M20/181 | M / 480 | 00:28:08 | 05.37 | +0:13:47 | 0:14:16 / 854 | 0:25:06 / 633 | 0:38:52 / 61 | |
| 574 | 503 | PIEKUT Kamil | NACPOLS | POL | | 89 | M20/182 | M / 481 | 00:28:08 | 05.37 | +0:13:46 | 0:13:34 / 664 | 0:24:34 / 567 | | |
| 575 | 1087 | SZELENBAUM Jarosław | WARSZAWA | POL | MIESZKANCY_WAWA / | 77 | M30/184 | M / 482 | 00:28:08 | 05.37 | +0:13:47 | 0:13:30 / 646 | 0:24:47 / 597 | | |
| 576 | 131 | KONDRASZUK Dorota | PIASECZNO | POL | PKO / | 78 | K30/37 | K / 94 | 00:28:08 | 05.37 | +0:13:47 | 0:13:18 / 591 | 0:24:29 / 555 | | |
| 577 | 617 | ŁOZA Arkadiusz | WARSZAWA | POL | | 84 | M20/183 | M / 483 | 00:28:09 | 05.37 | +0:13:47 | 0:13:16 / 576 | 0:24:38 / 578 | | |
| 578 | 1146 | KLOSKE Marcin | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 | M40/64 | M / 484 | 00:28:09 | 05.37 | +0:13:48 | 0:13:26 / 631 | 0:24:39 / 581 | | |
| 579 | 1248 | MIĘTEK Małgorzata | NIEPORĘT | POL | INNE / | 74 | K30/38 | K / 95 | 00:28:09 | 05.37 | +0:13:48 | 0:13:31 / 651 | 0:24:46 / 595 | | |
| 580 | 1489 | WÓLKIEWICZ Bartłomiej | PRUSZKÓW | POL | | 99 | M20/184 | M / 485 | 00:28:10 | 05.38 | +0:13:49 | 0:14:13 / 840 | 0:25:17 / 664 | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|------------------------|------------------|-----------|--|------------|--------------------|-------------|------------|----------|----------------|---------------|---------------------------------------|
| 581 | 2455 | MARCINIŃCZAK Agnieszka | ZĄBKI | POL | | 82 K30/39 | K / 96 | 00:28:11 | 05.38 | +0:13:49 | 0:13:17 / 586 | 0:24:30 / 559 | 1:01:48 / 17 |
| 582 | 1596 | LISZKA Maciej | WARSZAWA | POL | MIESZKANCY_WAWA / | 90 M20/185 | M / 486 | 00:28:11 | 05.38 | +0:13:50 | 0:14:24 / 892 | 0:25:16 / 660 | |
| 583 | 4162 | SZEJKO Marta | WARSZAWA | POL | INNE / PIĘKNA I BESTIE | 81 K30/40 | K / 97 | 00:28:12 | 05.38 | +0:13:51 | 0:12:41 / 462 | 0:24:07 / 520 | |
| 584 | 4311 | KOK Anna | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 K20/42 | K / 98 | 00:28:12 | 05.38 | +0:13:50 | 0:12:57 / 508 | 0:24:16 / 534 | |
| 585 | 1544 | JESIONKIEWICZ Jacek | WARSZAWA | POL | | 64 M40/65 | M / 487 | 00:28:14 | 05.38 | +0:13:53 | 0:12:36 / 446 | 0:24:27 / 551 | |
| 586 | 4551 | ORCZYK Tomasz | WARSZAWA | POL | MIESZKANCY_WAWA / DOLKA RULEZ | 76 M30/185 | M / 488 | 00:28:15 | 05.39 | +0:13:53 | 0:13:15 / 570 | 0:24:44 / 591 | 0:36:03 / 42 |
| 587 | 4942 | RADZIACH Ilona | MŁOCHÓW | POL | | 71 K40/11 | K / 99 | 00:28:16 | 05.39 | +0:13:54 | 0:13:52 / 740 | 0:24:43 / 587 | |
| 588 | 1493 | SZYMAŃSKA Malwina | PRUSZKÓW | POL | | 80 K30/41 | K / 100 | 00:28:17 | 05.39 | +0:13:56 | 0:13:17 / 582 | 0:24:45 / 592 | |
| 589 | 1487 | WÓLKIEWICZ Paweł | PRUSZKÓW | POL | | 70 M40/66 | M / 489 | 00:28:17 | 05.39 | +0:13:55 | 0:14:16 / 857 | 0:25:19 / 669 | |
| 590 | 3145 | KAWALEC Magdalena | BRZOSTEK | POL | | 85 K20/43 | K / 101 | 00:28:18 | 05.39 | +0:13:56 | 0:13:21 / 605 | 0:24:38 / 580 | 0:35:56 / 40 |
| 591 | 627 | BIELEŃ Kamil | WARSZAWA | POL | MIESZKANCY_WAWA / | 99 M20/186 | M / 490 | 00:28:18 | 05.39 | +0:13:56 | 0:13:59 / 772 | 0:25:03 / 620 | |
| 592 | 1097 | GAPISZ Marcin | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 M20/187 | M / 491 | 00:28:18 | 05.39 | +0:13:57 | 0:14:16 / 856 | 0:24:43 / 589 | 0:45:40 / 112 |
| 593 | 626 | BIELEŃ Robert | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 M40/67 | M / 492 | 00:28:19 | 05.39 | +0:13:57 | 0:14:00 / 779 | 0:25:03 / 619 | |
| 594 | 1570 | JEDLIŃSKI Bartłomiej | WARSZAWA | POL | BANKI / KREDYT BANK BIEGAMY Z ZASADAMI | 83 M20/188 | M / 493 | 00:28:19 | 05.39 | +0:13:58 | 0:14:39 / 959 | 0:25:25 / 685 | |
| 595 | 495 | ADAMIAK Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 66 M40/68 | M / 494 | 00:28:20 | 05.40 | +0:13:58 | 0:13:17 / 585 | 0:24:27 / 552 | |
| 596 | 3147 | TOMASZEWSKI Paweł | ŁOSICE | POL | | 86 M20/189 | M / 495 | 00:28:21 | 05.40 | +0:13:59 | 0:13:24 / 619 | 0:25:06 / 628 | 0:40:59 / 80 |
| 597 | 1080 | KUŹMOWICZ Włodzimierz | WARSZAWA | POL | INNE / BAYER LIFE TEAM | 78 M30/186 | M / 496 | 00:28:21 | 05.40 | +0:14:00 | 0:13:37 / 671 | 0:24:47 / 600 | 0:37:02 / 46 |
| 598 | 1223 | JASIŃSKI Mikołaj | WARSZAWA | POL | | 83 M20/190 | M / 497 | 00:28:22 | 05.40 | +0:14:01 | 0:13:09 / 555 | 0:24:37 / 575 | |
| 599 | 290 | STUSIŃSKI Marek | WARSZAWA | POL | ADWOKACI / | | M / 498 | 00:28:23 | 05.40 | +0:14:02 | 0:14:55 / 1053 | 0:25:00 / 615 | |
| 600 | 3831 | YOUSSEF Adam | WARSZAWA | POL | | 85 M20/191 | M / 499 | 00:28:25 | 05.41 | +0:14:04 | 0:12:43 / 466 | 0:24:20 / 541 | 0:28:50 / 14 0:42:38 / 8 0:54:06 / 12 |
| 601 | 1114 | WICHROWSKI Michał | PŁOCK | POL | INNE / LIDER WINNICA | 78 M30/187 | M / 500 | 00:28:25 | 05.41 | +0:14:04 | 0:13:30 / 645 | 0:25:02 / 618 | |
| 602 | 4685 | RZEWUSKI Karol | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 M30/188 | M / 501 | 00:28:25 | 05.41 | +0:14:03 | 0:13:30 / 644 | 0:24:46 / 594 | |
| 603 | 662 | DZIK Dariusz | WARSZAWA | POL | | 77 M30/189 | M / 502 | 00:28:25 | 05.41 | +0:14:04 | 0:14:09 / 819 | 0:24:55 / 611 | |
| 604 | 2478 | KLEJ Tomasz | SOKÓŁKA | POL | | 84 M20/192 | M / 503 | 00:28:25 | 05.41 | +0:14:04 | 0:13:19 / 594 | 0:24:45 / 593 | |
| 605 | 1879 | GIZIŃSKI Cezary | ŁOSICE | POL | INNE / TAKOŁO | 86 M20/193 | M / 504 | 00:28:26 | 05.41 | +0:14:04 | 0:13:24 / 617 | 0:25:04 / 622 | |
| 606 | 605 | GRYZ Jakub | WARSZAWA | POL | | 78 M30/190 | M / 505 | 00:28:26 | 05.41 | +0:14:05 | 0:15:29 / 1199 | 0:25:36 / 717 | |
| 607 | 972 | KUGLER Dariusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 M30/191 | M / 506 | 00:28:27 | 05.41 | +0:14:06 | 0:13:38 / 673 | 0:24:49 / 603 | |
| 608 | 4900 | WYPYCH Mateusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 96 M20/194 | M / 507 | 00:28:27 | 05.41 | +0:14:06 | 0:14:05 / 802 | 0:25:06 / 630 | |
| 609 | 4251 | GRAFF Krzysztof | WARSZAWA | POL | INNE / FIZJOGRAFF | 58 M50/24 | M / 508 | 00:28:29 | 05.41 | +0:14:07 | 0:13:40 / 684 | 0:24:57 / 612 | |
| 610 | 1888 | GOŁĘBIEWSKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 M20/195 | M / 509 | 00:28:29 | 05.41 | +0:14:08 | 0:12:19 / 392 | 0:24:26 / 550 | 0:47:57 / 123 |
| 611 | 4771 | STRYJCZAK Jolanta | WARSZAWA | POL | MIESZKANCY_WAWA / | 72 K40/12 | K / 102 | 00:28:30 | 05.42 | +0:14:09 | 0:13:49 / 721 | 0:25:05 / 627 | 0:39:47 / 69 |
| 612 | 4621 | POPIEL Paweł | KIELCE | POL | | 81 M30/192 | M / 510 | 00:28:30 | 05.42 | +0:14:09 | 0:12:39 / 452 | 0:24:38 / 579 | |
| 613 | 1810 | DĄBROWSKI Paweł | LIPNO | POL | | 95 M20/196 | M / 511 | 00:28:31 | 05.42 | +0:14:09 | 0:15:42 / 1248 | 0:25:53 / 758 | |
| 614 | 622 | AMBROZIAK Tomasz | WARSZAWA | POL | | 62 M50/25 | M / 512 | 00:28:31 | 05.42 | +0:14:10 | 0:12:39 / 453 | 0:24:39 / 583 | |
| 615 | 1689 | BARTOSZUK Sebastian | PLATERÓW | POL | INNE / ZPO PLATERÓW | 97 M20/197 | M / 513 | 00:28:32 | 05.42 | +0:14:10 | 0:15:43 / 1249 | 0:25:53 / 760 | |
| 616 | 4625 | POTOCZNY Robert | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 M30/193 | M / 514 | 00:28:32 | 05.42 | +0:14:10 | 0:13:05 / 542 | 0:24:50 / 604 | |
| 617 | 902 | ZIELIŃSKI Jacek | WARSZAWA | POL | | 87 M20/198 | M / 515 | 00:28:32 | 05.42 | +0:14:11 | 0:13:35 / 668 | 0:25:09 / 640 | |
| 618 | 119 | STĘPIEŃ Radosław | JÓZEFOSŁAW | POL | PKO / | 74 M30/194 | M / 516 | 00:28:32 | 05.42 | +0:14:11 | 0:13:26 / 626 | 0:24:43 / 588 | |
| 619 | 876 | WIĘCH Wojciech | KOMORÓW | POL | INNE / | 76 M30/195 | M / 517 | 00:28:32 | 05.42 | +0:14:11 | 0:13:24 / 620 | 0:24:50 / 605 | |
| 620 | 218 | LEWEK Marcin | WARSZAWA | POL | PKO / | 79 M30/196 | M / 518 | 00:28:33 | 05.42 | +0:14:11 | 0:14:10 / 823 | 0:25:15 / 659 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|------------------------|------------------|-----------|---|------------|--------------------|-------------|------------|----------|----------------|---------------|---------------|
| 621 | 2724 | MARKIEWICZ Marcin | WARSZAWA | | POL | 92 M20/199 | M / 519 | 00:28:35 | 05.43 | +0:14:13 | 0:13:49 / 720 | 0:25:05 / 624 | |
| 622 | 1034 | URBAN Bartłomiej | | | POL BANKI / RBS | 87 M20/200 | M / 520 | 00:28:35 | 05.43 | +0:14:14 | 0:14:11 / 831 | 0:25:37 / 722 | |
| 623 | 770 | BARAŃSKA Halina | W-WA | | POL AGORA | 53 K50/2 | K / 103 | 00:28:36 | 05.43 | +0:14:14 | 0:13:29 / 642 | 0:24:48 / 601 | |
| 624 | 3644 | JOŃCZYK Daniel | PNIEWY | | POL | 81 M30/197 | M / 521 | 00:28:37 | 05.43 | +0:14:16 | 0:11:52 / 316 | 0:24:47 / 598 | |
| 625 | 984 | CIESIELSKI Zbigniew | NOWY DWÓR | | POL INNE | 73 M30/198 | M / 522 | 00:28:38 | 05.43 | +0:14:16 | 0:13:05 / 538 | 0:24:42 / 586 | |
| 626 | 693 | KURECKI Jacek | WARSZAWA | | POL MIESZKANCY_WAWA / | 60 M50/26 | M / 523 | 00:28:38 | 05.43 | +0:14:17 | 0:13:52 / 739 | 0:25:08 / 637 | |
| 627 | 1330 | SZYMAŃSKI Piotr | WARSZAWA | | POL MIESZKANCY_WAWA / | 64 M40/69 | M / 524 | 00:28:38 | 05.43 | +0:14:17 | 0:13:52 / 741 | 0:25:03 / 621 | |
| 628 | 671 | ROWICKI Marcin | WARSZAWA | | POL MIESZKANCY_WAWA / | 96 M20/201 | M / 525 | 00:28:39 | 05.43 | +0:14:18 | 0:13:38 / 677 | 0:25:13 / 648 | |
| 629 | 2231 | TOKARZ-MULARCZYK Kinga | WARSZAWA | | POL | 77 K30/42 | K / 104 | 00:28:40 | 05.44 | +0:14:19 | 0:13:41 / 689 | 0:25:14 / 655 | |
| 630 | 928 | MICHALSKA Weronika | ŻYRARDÓW | | POL MIESZKANCY_WAWA / | 87 K20/44 | K / 105 | 00:28:41 | 05.44 | +0:14:20 | 0:14:11 / 826 | 0:25:26 / 688 | 0:44:42 / 107 |
| 631 | 574 | M.....SKI P..... | WARSZAWA | | POL | 78 M30/199 | M / 526 | 00:28:42 | 05.44 | +0:14:20 | 0:14:06 / 805 | 0:25:32 / 704 | |
| 632 | 1944 | JANISZEK Bartłomiej | WARSZAWA | | POL MIESZKANCY_WAWA / | 86 M20/202 | M / 527 | 00:28:42 | 05.44 | +0:14:20 | 0:13:54 / 748 | 0:25:11 / 647 | |
| 633 | 1455 | KRUPINIEWICZ Antoni | LEGIONOWO | | POL SKORPION | 69 M40/70 | M / 528 | 00:28:43 | 05.44 | +0:14:22 | 0:12:35 / 445 | 0:24:32 / 563 | |
| 634 | 1480 | NOCEN Piotr | WARSZAWA | | POL MIESZKANCY_WAWA / | 76 M30/200 | M / 529 | 00:28:45 | 05.45 | +0:14:23 | 0:12:00 / 342 | 0:24:47 / 596 | |
| 635 | 1322 | ZAWADZKI Ireneusz | SOCHACZEW | | POL INNE / DRAGON FIGHT CLUB SOCHACZEW | 91 M20/203 | M / 530 | 00:28:45 | 05.45 | +0:14:23 | 0:12:57 / 506 | 0:25:11 / 646 | |
| 636 | 379 | GÓRSKA Anna | | | POL ADWOKACI / | | K / 106 | 00:28:45 | 05.45 | +0:14:23 | 0:13:35 / 666 | 0:25:08 / 638 | |
| 637 | 1224 | BIERNACKI Dariusz | WOŁOMIN | | POL INNE / SK BANK TEAM | 71 M40/71 | M / 531 | 00:28:46 | 05.45 | +0:14:24 | 0:13:23 / 610 | 0:25:09 / 639 | |
| 638 | 1110 | ŚWIĆ Małgorzata | WARSZAWA | | POL TRUCHT TARCHOMIN TEAM | 74 K30/43 | K / 107 | 00:28:46 | 05.45 | +0:14:24 | 0:13:30 / 648 | 0:24:50 / 607 | |
| 639 | 1060 | DYMEL Jan | WARSZAWA | | POL | 90 M20/204 | M / 532 | 00:28:48 | 05.45 | +0:14:27 | 0:13:16 / 581 | 0:25:07 / 634 | |
| 640 | 877 | KARPETA Kamil | SZYDŁOWIEC | | POL INNE / | 98 M20/205 | M / 533 | 00:28:48 | 05.45 | +0:14:27 | 0:14:20 / 872 | 0:25:33 / 708 | |
| 641 | 1225 | BIERNACKI Kacper | WOŁOMIN | | POL INNE / SK BANK TEAM | 99 M20/206 | M / 534 | 00:28:48 | 05.45 | +0:14:27 | 0:13:25 / 625 | 0:25:11 / 645 | |
| 642 | 1572 | ZALESKI Michał | GRODZISK | | POL BANKI / KREDYT BANK BIEGAMY Z ZASADAMI | 85 M20/207 | M / 535 | 00:28:48 | 05.45 | +0:14:27 | 0:14:40 / 961 | 0:25:25 / 686 | |
| 643 | 1546 | LĘCKI Tomasz | WARSZAWA | | POL | 80 M30/201 | M / 536 | 00:28:49 | 05.45 | +0:14:27 | 0:12:27 / 421 | 0:25:24 / 683 | |
| 644 | 934 | SZEWCZYK Małgorzata | WARSZAWA | | POL MIESZKANCY_WAWA / | 83 K20/45 | K / 108 | 00:28:50 | 05.46 | +0:14:28 | 0:13:26 / 630 | 0:25:05 / 626 | |
| 645 | 1227 | MUCHA Janusz | WARSZAWA | | POL MIESZKANCY_WAWA / | 67 M40/72 | M / 537 | 00:28:50 | 05.46 | +0:14:29 | 0:14:01 / 780 | 0:25:20 / 671 | |
| 646 | 1165 | WYSOCKA Katarzyna | GDANSK | | POL INNE / STUDENTKA | 89 K20/46 | K / 109 | 00:28:51 | 05.46 | +0:14:30 | 0:13:16 / 579 | 0:24:57 / 613 | |
| 647 | 1156 | STANKIEWICZ Paweł | WARSZAWA | | POL MIESZKANCY_WAWA / | 81 M30/202 | M / 538 | 00:28:51 | 05.46 | +0:14:30 | 0:13:56 / 757 | 0:25:17 / 665 | |
| 648 | 1512 | BARTKIEWICZ Tomasz | WARSZAWA | | POL MIESZKANCY_WAWA / | 53 M50/27 | M / 539 | 00:28:53 | 05.46 | +0:14:31 | 0:13:01 / 522 | 0:25:13 / 649 | |
| 649 | 990 | KOWALIK Zbigniew | WARSZAWA | | POL | 66 M40/73 | M / 540 | 00:28:53 | 05.46 | +0:14:31 | 0:13:39 / 679 | 0:25:16 / 661 | |
| 650 | 1199 | OKAPIEC Aleksandra | WARSZAWA | | POL INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 81 K30/44 | K / 110 | 00:28:54 | 05.46 | +0:14:32 | 0:13:56 / 756 | 0:25:14 / 653 | |
| 651 | 4031 | SUMIŃSKA Magdalena | KAMION | | POL OSP KAMION | 91 K20/47 | K / 111 | 00:28:54 | 05.46 | +0:14:32 | 0:12:59 / 513 | 0:24:47 / 599 | |
| 652 | 905 | PANAS Krzysztof | WARSZAWA | | POL MIESZKANCY_WAWA / | 74 M30/203 | M / 541 | 00:28:55 | 05.47 | +0:14:34 | 0:13:44 / 702 | 0:25:14 / 654 | |
| 653 | 401 | TYTKO Milena | KRAKÓW | | POL ADWOKACI / | | K / 112 | 00:28:56 | 05.47 | +0:14:34 | 0:12:54 / 497 | 0:24:38 / 577 | |
| 654 | 1049 | JEŻYŃSKA Izabela | | | POL BANKI / RBS | 81 K30/45 | K / 113 | 00:28:56 | 05.47 | +0:14:34 | 0:14:23 / 889 | 0:25:31 / 701 | |
| 655 | 2804 | WOSZCZYŁO Zbigniew | BABICE NOWE | | POL INNE / | 62 M50/28 | M / 542 | 00:28:56 | 05.47 | +0:14:34 | 0:15:00 / 1067 | 0:25:57 / 768 | |
| 656 | 1083 | ZYGA Szymon | WARSZAWA | | POL KB NA WŁASNĄ NOGĘ | 76 M30/204 | M / 543 | 00:28:56 | 05.47 | +0:14:34 | 0:13:50 / 730 | 0:25:29 / 695 | |
| 657 | 817 | MIECH Wiesław | PŁOCK | | POL INNE / STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 54 M50/29 | M / 544 | 00:28:57 | 05.47 | +0:14:35 | 0:13:57 / 761 | 0:25:06 / 631 | 0:38:48 / 59 |
| 658 | 2908 | WŁODARCZYK Katarzyna | | | POL BANKI / RBS | 87 K20/48 | K / 114 | 00:28:57 | 05.47 | +0:14:36 | 0:14:25 / 896 | 0:25:35 / 712 | |
| 659 | 4776 | SZACIŁOWSKI Marek | BIALYSTOK | | POL INNE / | 85 M20/208 | M / 545 | 00:28:57 | 05.47 | +0:14:35 | 0:14:04 / 794 | 0:25:21 / 675 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|----------------------|------------------|-----------|---|---------|--------------------|-------------|------------|----------|---------------|---------------|--|
| 660 | 354 | KONSTANTY Katarzyna | KRAKÓW | POL | ADWOKACI / | | K / 115 | 00:28:57 | 05.47 | +0:14:36 | 0:13:51 / 735 | 0:25:14 / 652 | |
| 661 | 819 | JEŻOWSKI Sławomir | WARSZAWA | POL | INNE / STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 61 | M50/30 | 00:28:58 | 05.47 | +0:14:36 | 0:13:57 / 763 | 0:25:07 / 635 | 0:38:52 / 60 |
| 662 | 1301 | TOKARSKA Julia | PRUSZKÓW | POL | INNE / OSOBA PRYWATNA | 99 | K20/49 | 00:28:58 | 05.47 | +0:14:36 | 0:14:30 / 924 | 0:25:33 / 710 | |
| 663 | 830 | GROSZKOWSKI Henryk | WARSZAWA | POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 53 | M50/31 | 00:28:58 | 05.47 | +0:14:37 | 0:13:57 / 762 | 0:25:06 / 632 | |
| 664 | 338 | GIZIŃSKA Anna | BYDGOSZCZ | POL | ADWOKACI / | | K / 117 | 00:28:58 | 05.47 | +0:14:36 | 0:12:41 / 460 | 0:24:39 / 582 | |
| 665 | 1293 | ZABOROWSKI Dariusz | WARSZAWA | POL | FIRMY_RODZINNE / | 59 | M50/32 | 00:29:00 | 05.48 | +0:14:38 | 0:12:48 / 480 | 0:25:01 / 617 | |
| 666 | 398 | LEWANDOWSKI Paweł | PŁOCK | POL | ADWOKACI / | | M / 549 | 00:29:00 | 05.48 | +0:14:39 | 0:11:43 / 279 | 0:24:59 / 614 | |
| 667 | 3497 | SIANECKI Tomasz | WARSZAWA | POL | MIESZKANCY_WAWA / | 60 | M50/33 | 00:29:01 | 05.48 | +0:14:40 | 0:13:08 / 553 | 0:25:11 / 642 | 0:29:34 / 17 0:45:43 / 10 0:59:21 / 16 |
| 668 | 924 | GLEB Tomasz | WARSZAWA | POL | | 67 | M40/74 | 00:29:01 | 05.48 | +0:14:40 | 0:14:19 / 867 | 0:25:50 / 751 | |
| 669 | 936 | KYRCZ Marta | WARSZAWA | POL | INNE / | 75 | K30/46 | 00:29:01 | 05.48 | +0:14:40 | 0:13:25 / 622 | 0:25:06 / 629 | |
| 670 | 1245 | MAŚLAK Jakub | KWIRYNÓW | POL | | 99 | M20/209 | 00:29:02 | 05.48 | +0:14:41 | 0:14:03 / 790 | 0:25:30 / 699 | |
| 671 | 1244 | MAŚLAK Radomił | KWIRYNÓW | POL | | 72 | M40/75 | 00:29:02 | 05.48 | +0:14:41 | 0:14:05 / 799 | 0:25:29 / 694 | |
| 672 | 1228 | LUSAWA Tomasz | JÓZEFÓW | POL | | 74 | M30/205 | 00:29:03 | 05.48 | +0:14:41 | 0:13:33 / 663 | 0:25:18 / 668 | |
| 673 | 1973 | KABULSKA Anna | WARSZAWA | POL | | 84 | K20/50 | 00:29:03 | 05.48 | +0:14:42 | 0:14:15 / 851 | 0:25:37 / 719 | 0:46:59 / 119 |
| 674 | 2168 | CZARNECKA Beata | WARSZAWA | POL | RUN LUSIA RUN / 12TRI.PL | 75 | K30/47 | 00:29:04 | 05.48 | +0:14:42 | 0:13:53 / 745 | 0:25:24 / 682 | 0:46:55 / 118 |
| 675 | 1045 | WYBIRAL Agata | WARSZAWA | POL | | 84 | K20/51 | 00:29:04 | 05.48 | +0:14:43 | 0:14:16 / 855 | 0:25:37 / 721 | |
| 676 | 1615 | BUDNIK Joanna | WARSZAWA | POL | | 93 | K20/52 | 00:29:05 | 05.49 | +0:14:43 | 0:12:53 / 492 | 0:25:27 / 689 | |
| 677 | 880 | ROSLAN Jacek | WARSZAWA | POL | INNE / HP RUN | 63 | M40/76 | 00:29:06 | 05.49 | +0:14:44 | 0:12:45 / 472 | 0:24:51 / 608 | 0:43:52 / 97 |
| 678 | 1101 | JESINOWICZ Sławomir | WARSZAWA | POL | BIEGAM BO MUSZĘ | 84 | M20/210 | 00:29:06 | 05.49 | +0:14:45 | 0:14:31 / 927 | 0:25:46 / 739 | |
| 679 | 150 | RAJTAR Rafał | WARSZAWA | POL | PKO / | 81 | M30/206 | 00:29:06 | 05.49 | +0:14:45 | 0:13:03 / 528 | 0:25:13 / 651 | |
| 680 | 682 | BOGUĆKA Paulina | ŁASKARZEW | POL | | 85 | K20/53 | 00:29:07 | 05.49 | +0:14:45 | 0:14:11 / 833 | 0:25:29 / 698 | |
| 681 | 532 | KRUSZYŃSKA Marzena | PRUSZKÓW | POL | INNE / | 76 | K30/48 | 00:29:07 | 05.49 | +0:14:45 | 0:13:23 / 613 | 0:25:21 / 674 | |
| 682 | 83 | SASIN Adrian | | POL | PUMA | 84 | M20/211 | 00:29:08 | 05.49 | +0:14:46 | 0:13:49 / 724 | 0:25:23 / 680 | |
| 683 | 547 | SZATRAJ Stanisław | NOWY DWÓR | POL | INNE / | 55 | M50/34 | 00:29:08 | 05.49 | +0:14:46 | 0:13:29 / 643 | 0:25:11 / 643 | |
| 684 | 1656 | KRAJEWSKA Malwina | WARSZAWA | POL | | 81 | K30/49 | 00:29:08 | 05.49 | +0:14:46 | 0:14:22 / 879 | 0:25:49 / 749 | |
| 685 | 1713 | BIAŁACH Michał | WARSZAWA | POL | INNE / FORMER SOLDIER | 84 | M20/212 | 00:29:08 | 05.49 | +0:14:47 | 0:13:55 / 753 | 0:25:39 / 726 | |
| 686 | 1265 | SZANDECKI Mariusz | ŁOMIAŃKI | POL | | 74 | M30/207 | 00:29:08 | 05.49 | +0:14:46 | 0:13:33 / 662 | 0:25:05 / 623 | |
| 687 | 881 | PAWŁOWSKI Rafał | WARSZAWA | POL | | 63 | M40/77 | 00:29:08 | 05.49 | +0:14:47 | 0:13:21 / 604 | 0:25:16 / 662 | 0:43:52 / 96 |
| 688 | 1253 | KOMAR Jolanta | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | K30/50 | 00:29:09 | 05.49 | +0:14:47 | 0:14:01 / 781 | 0:25:36 / 715 | |
| 689 | 1047 | SZWED Marta | | POL | BANKI / RBS | 74 | K30/51 | 00:29:09 | 05.49 | +0:14:47 | 0:13:55 / 750 | 0:25:33 / 707 | |
| 690 | 1502 | SALACH Michał | WARSZAWA | POL | | 90 | M20/213 | 00:29:11 | 05.50 | +0:14:49 | 0:13:47 / 712 | 0:25:18 / 667 | |
| 691 | 3129 | GRYCNER Piotr | STAROGARD | POL | FIRMY_RODZINNE / | 51 | M60/10 | 00:29:11 | 05.50 | +0:14:49 | 0:13:50 / 734 | 0:25:25 / 684 | |
| 692 | 4955 | GOSŁAWSKI Maksym | WARSZAWA | POL | | 86 | M20/214 | 00:29:11 | 05.50 | +0:14:49 | 0:12:51 / 485 | 0:25:15 / 657 | |
| 693 | 1048 | LADA Dominik | | POL | BANKI / RBS | 84 | M20/215 | 00:29:11 | 05.50 | +0:14:50 | 0:12:38 / 448 | 0:25:46 / 740 | |
| 694 | 1284 | RUBAJ Małgorzata | WARSZAWA | POL | | 76 | K30/52 | 00:29:11 | 05.50 | +0:14:50 | 0:13:14 / 566 | 0:25:08 / 636 | |
| 695 | 698 | SZULC Magdalena | SOSNOWIEC | POL | | 88 | K20/54 | 00:29:12 | 05.50 | +0:14:50 | 0:14:40 / 969 | 0:25:47 / 743 | |
| 696 | 1956 | JEDLEWSKI Krzysztof | LUBLIN | POL | | 78 | M30/208 | 00:29:12 | 05.50 | +0:14:50 | 0:13:01 / 523 | 0:25:05 / 625 | |
| 697 | 586 | LUGOWSKI Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 58 | M50/35 | 00:29:12 | 05.50 | +0:14:50 | 0:13:19 / 595 | 0:25:10 / 641 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | |
|----------|--------|------------------------|------------------|-----------|--------------------------------------|---------|--------------------|-------------|------------|----------|--------------|----------------|---------------|--------------|
| 698 | 1032 | PIECZATKA Izabela | | POL | BANKI / RBS | 83 | K20/55 | K / 130 | 00:29:12 | 05.50 | +0:14:51 | 0:13:32 / 657 | 0:25:22 / 678 | |
| 699 | 114 | KADZIELAWA Adam | WARSZAWA | POL | PKO / | 74 | M30/209 | M / 569 | 00:29:12 | 05.50 | +0:14:51 | 0:13:08 / 551 | 0:25:15 / 656 | |
| 700 | 1580 | KWIATKOWSKI Paweł | WARSZAWA | POL | INNE / CYRANO | 78 | M30/210 | M / 570 | 00:29:13 | 05.50 | +0:14:51 | 0:14:00 / 778 | 0:25:17 / 663 | |
| 701 | 2355 | WAJDWICZ Anna | WARSZAWA | POL | INNE / | 78 | K30/53 | K / 131 | 00:29:13 | 05.50 | +0:14:52 | 0:13:23 / 611 | 0:25:19 / 670 | |
| 702 | 1259 | BACHÓRZ Iwo | WARSZAWA | POL | | 96 | M20/216 | M / 571 | 00:29:13 | 05.50 | +0:14:52 | 0:14:20 / 871 | 0:25:55 / 763 | |
| 703 | 1374 | TŁOŁKA Łukasz | WARSZAWA | POL | WARSZAWA | 84 | M20/217 | M / 572 | 00:29:14 | 05.50 | +0:14:53 | 0:14:25 / 895 | 0:25:58 / 773 | |
| 704 | 1482 | LACHOWSKI Tomasz | WARSZAWA | POL | DE LAGE LANDEN | 81 | M30/211 | M / 573 | 00:29:14 | 05.50 | +0:14:53 | 0:13:59 / 771 | 0:25:35 / 713 | |
| 705 | 998 | WILK Rafał | | POL | BANKI / BGK | 88 | M20/218 | M / 574 | 00:29:15 | 05.51 | +0:14:54 | 0:14:03 / 789 | 0:25:32 / 702 | |
| 706 | 1249 | SYTA Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/212 | M / 575 | 00:29:16 | 05.51 | +0:14:55 | 0:14:20 / 874 | 0:25:49 / 750 | |
| 707 | 4156 | CHACZYKOWSKI Jacek | PRUSZKÓW | POL | INNE / TEAM NUTRILITE | 72 | M40/78 | M / 576 | 00:29:16 | 05.51 | +0:14:54 | 0:14:13 / 839 | 0:25:52 / 755 | |
| 708 | 4851 | WAŃCZYK Michał | OSTRÓW | POL | | 94 | M20/219 | M / 577 | 00:29:16 | 05.51 | +0:14:54 | 0:13:34 / 665 | 0:25:43 / 732 | |
| 709 | 1177 | BILIŃSKI Przemysław | WARSZAWA | POL | MIESZKANCY_WAWA / TARCHOMIN | 90 | M20/220 | M / 578 | 00:29:17 | 05.51 | +0:14:56 | 0:14:25 / 901 | 0:25:36 / 716 | |
| 710 | 1006 | MAZUREK Michał | MINSK | POL | INNE / MINSK MAZOWIECKI | 94 | M20/221 | M / 579 | 00:29:17 | 05.51 | +0:14:56 | 0:13:50 / 733 | 0:25:34 / 711 | |
| 711 | 2558 | STANKIEWICZ Małgorzata | OSTRÓDA | POL | | 83 | K20/56 | K / 132 | 00:29:17 | 05.51 | +0:14:56 | 0:14:03 / 785 | 0:25:42 / 731 | |
| 712 | 2064 | SMUL Renata | WARSZAWA | POL | UKS OLIMPUS | 71 | K40/13 | K / 133 | 00:29:18 | 05.51 | +0:14:56 | 0:13:45 / 708 | 0:25:21 / 676 | 0:37:52 / 54 |
| 713 | 1416 | MARCZAK Agnieszka | KARCZEW | POL | | 74 | K30/54 | K / 134 | 00:29:18 | 05.51 | +0:14:56 | 0:13:31 / 649 | 0:25:27 / 692 | |
| 714 | 166 | NAGÓRSKI Bartosz | WARSZAWA | POL | PKO / | 78 | M30/213 | M / 580 | 00:29:18 | 05.51 | +0:14:57 | 0:14:16 / 859 | 0:25:37 / 720 | |
| 715 | 747 | PILIPCZUK Edward | WARSZAWA | POL | MIESZKANCY_WAWA / | 57 | M50/36 | M / 581 | 00:29:19 | 05.51 | +0:14:57 | 0:13:18 / 590 | 0:25:17 / 666 | |
| 716 | 1280 | WASILEWSKA Justyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | K20/57 | K / 135 | 00:29:19 | 05.51 | +0:14:57 | 0:13:58 / 768 | 0:25:40 / 729 | |
| 717 | 1857 | GACKA Larysa | WOŁOMIN | POL | | 86 | K20/58 | K / 136 | 00:29:19 | 05.51 | +0:14:57 | 0:13:43 / 699 | 0:25:22 / 677 | |
| 718 | 2993 | WULFF Dorde | WARSZAWA | POL | BAYER LIFE TEAM | 65 | K40/14 | K / 137 | 00:29:20 | 05.52 | +0:14:59 | 0:14:03 / 788 | 0:25:29 / 696 | 0:37:37 / 51 |
| 719 | 649 | TWORZYDŁO Robert | WARSZAWA | POL | | 84 | M20/222 | M / 582 | 00:29:21 | 05.52 | +0:15:00 | 0:14:39 / 957 | 0:26:19 / 835 | |
| 720 | 908 | NAZOREK Anna | OTWOCK | POL | | 74 | K30/55 | K / 138 | 00:29:21 | 05.52 | +0:15:00 | 0:14:22 / 878 | 0:25:53 / 759 | 1:06:51 / 22 |
| 721 | 4589 | PĘKAŁA Tomasz | WARSZAWA | POL | | 73 | M30/214 | M / 583 | 00:29:22 | 05.52 | +0:15:00 | 0:13:43 / 698 | 0:25:27 / 691 | |
| 722 | 3771 | KRAWCZYK Wojtek | WARSZAWA | POL | | 69 | M40/79 | M / 584 | 00:29:22 | 05.52 | +0:15:01 | 0:13:15 / 574 | 0:26:01 / 783 | |
| 723 | 577 | WÓJTOWICZ Przemysław | BIAŁA PODLASKA | POL | | 80 | M30/215 | M / 585 | 00:29:22 | 05.52 | +0:15:01 | 0:14:04 / 797 | 0:25:38 / 723 | |
| 724 | 939 | JANCZYK Rafał | WARSZAWA | POL | MIESZKANCY_WAWA / AVIVA RUNNING TEAM | 68 | M40/80 | M / 586 | 00:29:22 | 05.52 | +0:15:00 | 0:14:53 / 1041 | 0:25:58 / 774 | |
| 725 | 890 | BOLKO Beata | WARSZAWA | POL | | 88 | K20/59 | K / 139 | 00:29:22 | 05.52 | +0:15:01 | 0:13:59 / 769 | 0:25:35 / 714 | |
| 726 | 805 | SAWICKA Joanna | WARSZAWA | POL | INNE / STRAŻ MIEJSKA | | | K / 140 | 00:29:22 | 05.52 | +0:15:01 | 0:12:56 / 500 | 0:25:47 / 745 | |
| 727 | 1172 | KOSTRZEWSKA Anna | WARSZAWA | POL | MIESZKANCY_WAWA / | 63 | K40/15 | K / 141 | 00:29:23 | 05.52 | +0:15:01 | 0:13:23 / 612 | 0:25:13 / 650 | 0:43:41 / 93 |
| 728 | 909 | NAZOREK Piotr | OTWOCK | POL | | 74 | M30/216 | M / 587 | 00:29:23 | 05.52 | +0:15:02 | 0:14:22 / 880 | 0:25:56 / 765 | 1:06:50 / 21 |
| 729 | 1941 | JANCZYKOWSKA Karolina | RADOM | POL | | 85 | K20/60 | K / 142 | 00:29:23 | 05.52 | +0:15:02 | 0:14:31 / 930 | 0:25:45 / 738 | |
| 730 | 175 | WILK Joanna | WARSZAWA | POL | PKO / | 83 | K20/61 | K / 143 | 00:29:24 | 05.52 | +0:15:02 | 0:13:50 / 728 | 0:25:29 / 697 | |
| 731 | 1332 | TANOUS Dominik | WARSZAWA | POL | | 86 | M20/223 | M / 588 | 00:29:24 | 05.52 | +0:15:02 | 0:14:18 / 863 | 0:25:54 / 761 | |
| 732 | 1629 | KOCZARA Artur | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/217 | M / 589 | 00:29:24 | 05.52 | +0:15:03 | 0:14:51 / 1037 | 0:26:21 / 837 | |
| 733 | 916 | KOSIOREK Dominik | ZĄBKI | POL | INNE / INFORMATYKA | 85 | M20/224 | M / 590 | 00:29:24 | 05.52 | +0:15:03 | 0:14:43 / 986 | 0:26:03 / 793 | |
| 734 | 4246 | RYDZ Michał | WARSZAWA | POL | | 86 | M20/225 | M / 591 | 00:29:25 | 05.53 | +0:15:03 | 0:12:12 / 370 | 0:25:23 / 679 | |
| 735 | 1601 | PRUSINOWSKI Dominik | ZAKOPANE | POL | INNE / BIEGAM, BO LUBIĘ | 99 | M20/226 | M / 592 | 00:29:25 | 05.53 | +0:15:03 | 0:14:26 / 908 | 0:26:06 / 797 | |
| 736 | 1042 | RUTKOWSKI Paweł | KONSTANCIN | POL | | 68 | M40/81 | M / 593 | 00:29:25 | 05.53 | +0:15:04 | 0:14:35 / 946 | 0:25:55 / 764 | |
| 737 | 1477 | KRAWCZYK Paweł | WARSZAWA | POL | | 99 | M20/227 | M / 594 | 00:29:26 | 05.53 | +0:15:04 | 0:13:16 / 577 | 0:26:02 / 787 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|-------------------------|------------------|-----------|---------------------------|---------|--------------------|-------------|------------|----------|--------------|---|
| 738 | 856 | PASZTALENIC Grzegorz | WARSZAWA | POL | MIESZKANCY_WAWA / | 74 | M30/218 | M / 595 | 00:29:26 | 05.53 | +0:15:04 | 0:14:13 / 845 0:25:53 / 757 |
| 739 | 4740 | SREBRZYŃSKI Cezary | WARSZAWA | POL | | 70 | M40/82 | M / 596 | 00:29:26 | 05.53 | +0:15:04 | 0:13:31 / 652 0:25:11 / 644 |
| 740 | 1154 | VOGEL Walter | WARSZAWA | POL | | 82 | M30/219 | M / 597 | 00:29:26 | 05.53 | +0:15:05 | 0:13:22 / 608 0:25:30 / 700 |
| 741 | 1153 | VOGEL Aleksandra | WARSZAWA | POL | | 83 | K20/62 | K / 144 | 00:29:27 | 05.53 | +0:15:06 | 0:13:24 / 618 0:25:32 / 703 |
| 742 | 1380 | KOZIŃSKI Janusz | ŁOMIAŃKI | POL | | 50 | M60/11 | M / 598 | 00:29:29 | 05.53 | +0:15:07 | 0:13:49 / 718 0:25:32 / 706 |
| 743 | 1005 | MAZUREK Sławomir | MINSK | POL | INNE / MINSK MAZOWIECKI | 68 | M40/83 | M / 599 | 00:29:29 | 05.53 | +0:15:07 | 0:13:50 / 732 0:25:39 / 724 |
| 744 | 1464 | GRUNWALD Jacek | WARSZAWA | POL | | 73 | M30/220 | M / 600 | 00:29:29 | 05.53 | +0:15:08 | 0:13:54 / 749 0:25:50 / 752 |
| 745 | 501 | CESARCZYK Grzegorz | WARSZAWA | POL | MIESZKANCY_WAWA / | 99 | M20/228 | M / 601 | 00:29:30 | 05.54 | +0:15:09 | 0:13:17 / 587 0:25:44 / 734 |
| 746 | 722 | KRÓLAK Piotr | WARSZAWA | POL | | 74 | M30/221 | M / 602 | 00:29:30 | 05.54 | +0:15:08 | 0:13:59 / 770 0:25:36 / 718 |
| 747 | 1088 | BAKALARZ Agnieszka | KRAKÓW | POL | | 78 | K30/56 | K / 145 | 00:29:30 | 05.54 | +0:15:09 | 0:14:47 / 1012 0:26:12 / 811 |
| 748 | 1379 | DĄBROWSKA Ania | ŁOMIAŃKI | POL | INNE / | 75 | K30/57 | K / 146 | 00:29:31 | 05.54 | +0:15:10 | 0:14:32 / 932 0:26:02 / 785 |
| 749 | 583 | LUBAŃSKI Stanisław | WARSZAWA | POL | MIESZKANCY_WAWA / | 50 | M60/12 | M / 603 | 00:29:32 | 05.54 | +0:15:10 | 0:14:13 / 844 0:25:49 / 748 |
| 750 | 4563 | PAJAŁK Marta | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | K30/58 | K / 147 | 00:29:33 | 05.54 | +0:15:11 | 0:13:48 / 717 0:25:44 / 735 |
| 751 | 1174 | DZIĘGIELEWSKA Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 | K20/63 | K / 148 | 00:29:33 | 05.54 | +0:15:11 | 0:13:42 / 692 0:25:57 / 769 |
| 752 | 1557 | CIESIELSKI Przemysław | KOBYLKA | POL | OPEN | 74 | M30/222 | M / 604 | 00:29:33 | 05.54 | +0:15:11 | 0:14:32 / 937 0:26:13 / 814 0:40:57 / 79 |
| 753 | 4684 | RZECZKOWSKI Mariusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | M20/229 | M / 605 | 00:29:33 | 05.54 | +0:15:12 | 0:13:59 / 774 0:25:56 / 766 |
| 754 | 930 | GŁOWACKA Roma | WARSZAWA | POL | INNE / AVIVA RUNNING TEAM | 74 | K30/59 | K / 149 | 00:29:34 | 05.54 | +0:15:13 | 0:13:26 / 632 0:25:33 / 709 0:48:42 / 128 |
| 755 | 4510 | MODZELEWSKI Mateusz | PŁOŃSK | POL | | 90 | M20/230 | M / 606 | 00:29:34 | 05.54 | +0:15:13 | 0:13:33 / 658 0:25:26 / 687 |
| 756 | 4591 | PĘKAŁA Katarzyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | K30/60 | K / 150 | 00:29:35 | 05.55 | +0:15:13 | 0:13:42 / 693 0:25:40 / 728 |
| 757 | 489 | LEONARCZYK Jerzy | KRAKÓW | POL | | 60 | M50/37 | M / 607 | 00:29:35 | 05.55 | +0:15:13 | 0:13:22 / 606 0:25:15 / 658 |
| 758 | 2373 | TULIK Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | K30/61 | K / 151 | 00:29:35 | 05.55 | +0:15:13 | 0:13:23 / 609 0:25:40 / 727 |
| 759 | 1257 | ŚLEZIAK Ewa | TARNOWSKIE | POL | | 70 | K40/16 | K / 152 | 00:29:35 | 05.55 | +0:15:13 | 0:14:11 / 829 0:25:56 / 767 |
| 760 | 4278 | WNOROWSKI Michał | WARSZAWA | POL | | 73 | M30/223 | M / 608 | 00:29:35 | 05.55 | +0:15:14 | 0:13:58 / 767 0:25:58 / 778 0:34:45 / 30 |
| 761 | 889 | LASKA Przemysław | WARSZAWA | POL | | 87 | M20/231 | M / 609 | 00:29:37 | 05.55 | +0:15:15 | 0:25:57 / 770 |
| 762 | 169 | KUKAWKA Grzegorz | WARSZAWA | POL | PKO / | 79 | M30/224 | M / 610 | 00:29:37 | 05.55 | +0:15:15 | 0:13:25 / 623 0:25:20 / 673 |
| 763 | 2300 | WÓJCIK Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 61 | M50/38 | M / 611 | 00:29:37 | 05.55 | +0:15:15 | 0:14:05 / 803 0:25:45 / 737 |
| 764 | 966 | PŁOCHOCKI Ryszard | WARSZAWA | POL | | 60 | M50/39 | M / 612 | 00:29:38 | 05.55 | +0:15:16 | 0:14:50 / 1023 0:26:16 / 820 0:39:58 / 72 |
| 765 | 1478 | KUPECKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 | M20/232 | M / 613 | 00:29:38 | 05.55 | +0:15:17 | 0:14:25 / 897 0:25:48 / 747 |
| 766 | 3510 | IZDEBSKA Karolina | PISZCZAC | POL | | 85 | K20/64 | K / 153 | 00:29:39 | 05.55 | +0:15:18 | 0:13:28 / 639 0:25:43 / 733 |
| 767 | 637 | CIRMIRAKIS Lech | WARSZAWA | POL | OBP BIELANY | 84 | M20/233 | M / 614 | 00:29:39 | 05.55 | +0:15:17 | 0:14:13 / 843 0:26:11 / 809 |
| 768 | 4894 | WÓJTOWICZ Przemysław | WARSZAWA | POL | | 76 | M30/225 | M / 615 | 00:29:39 | 05.55 | +0:15:18 | 0:13:36 / 669 0:25:46 / 741 0:43:35 / 90 |
| 769 | 2268 | SKULTECKI Piotr | WARSZAWA | POL | | 82 | M30/226 | M / 616 | 00:29:40 | 05.56 | +0:15:19 | 0:13:48 / 716 0:25:58 / 777 0:37:12 / 47 |
| 770 | 3819 | KRYSIAK Tyberiusz | | POL | ACCELERATE | | | M / 617 | 00:29:40 | 05.56 | +0:15:18 | 0:14:32 / 933 0:26:08 / 801 |
| 771 | 3346 | AMBROZIAK Robert | WARSZAWA | POL | | 69 | M40/84 | M / 618 | 00:29:40 | 05.56 | +0:15:19 | 0:14:04 / 791 0:25:46 / 742 0:36:31 / 45 |
| 772 | 4970 | FOGEL Piotr | | POL | | 68 | M40/85 | M / 619 | 00:29:41 | 05.56 | +0:15:19 | 0:14:29 / 917 0:26:15 / 817 |
| 773 | 4224 | PANKOWSKI Andrzej paweł | PŁOCK-WARSZA | POL | INNE / FREERUNNER | 69 | M40/86 | M / 620 | 00:29:41 | 05.56 | +0:15:20 | 0:13:40 / 685 0:25:42 / 730 |
| 774 | 1353 | BERDNIK Błaż | WARSZAWA | POL | | 76 | M30/227 | M / 621 | 00:29:43 | 05.56 | +0:15:21 | 0:14:56 / 1057 0:26:12 / 810 |
| 775 | 1008 | SZOLUCHA Magdalena | WARSZAWA | POL | | 87 | K20/65 | K / 154 | 00:29:43 | 05.56 | +0:15:22 | 0:13:49 / 722 0:25:59 / 780 |
| 776 | 1334 | BEBLOT Luiza | WARSZAWA | POL | MIESZKANCY_WAWA / | 72 | K40/17 | K / 155 | 00:29:43 | 05.56 | +0:15:22 | 0:14:45 / 999 0:26:09 / 806 |
| 777 | 3821 | ŚREDNIAK Bartosz | | POL | ACCELERATE | | | M / 622 | 00:29:44 | 05.56 | +0:15:22 | 0:14:32 / 931 0:26:08 / 803 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | | |
|----------|--------|-----------------------|------------------|-----------|-----------------------------------|---------|--------------------|-------------|------------|----------|--------------|----------------|---------------|---------------|-------------|
| 778 | 1418 | STACHLEWSKI Tomasz | WARSZAWA | POL | ACCELERATE | 87 | M20/234 | M / 623 | 00:29:44 | 05.56 | +0:15:22 | 0:14:25 / 905 | 0:26:08 / 804 | | |
| 779 | 944 | KOŃCZYCKI Janusz | WARSZAWA | POL | | 64 | M40/87 | M / 624 | 00:29:44 | 05.56 | +0:15:23 | 0:13:39 / 683 | 0:25:52 / 756 | | |
| 780 | 943 | KOŃCZYCKA Małgorzata | WARSZAWA | POL | | 64 | K40/18 | K / 156 | 00:29:45 | 05.57 | +0:15:24 | 0:13:40 / 686 | 0:25:50 / 753 | | |
| 781 | 4954 | DYSIEWICZ Maciej | WARSZAWA | POL | | 67 | M40/88 | M / 625 | 00:29:45 | 05.57 | +0:15:23 | 0:14:05 / 801 | 0:26:01 / 781 | | |
| 782 | 3304 | PASEK Zbigniew | WARSZAWA | POL | | 63 | M40/89 | M / 626 | 00:29:45 | 05.57 | +0:15:24 | 0:14:21 / 876 | 0:25:58 / 775 | | |
| 783 | 535 | DAWICZEWSKI Dariusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | M30/228 | M / 627 | 00:29:46 | 05.57 | +0:15:24 | 0:16:09 / 1346 | 0:26:37 / 875 | 0:35:25 / 36 | 0:43:05 / 4 |
| 784 | 4489 | MICHALUK Michał | LIPNO | POL | INNE / YULO RUN TEAM SIEDLCE | 86 | M20/235 | M / 628 | 00:29:46 | 05.57 | +0:15:24 | 0:15:19 / 1154 | 0:26:18 / 833 | | |
| 785 | 54 | WOSTAK Dominik | | POL | | | | M / 629 | 00:29:46 | 05.57 | +0:15:24 | 0:12:30 / 435 | 0:25:24 / 681 | | |
| 786 | 1778 | CHUDZIK Marek | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | M20/236 | M / 630 | 00:29:46 | 05.57 | +0:15:24 | 0:15:20 / 1156 | 0:26:17 / 829 | | |
| 787 | 4953 | SKRZESZEWSKA Iwona | WARSZAWA | POL | | 75 | K30/62 | K / 157 | 00:29:47 | 05.57 | +0:15:26 | 0:14:08 / 813 | 0:26:01 / 784 | | |
| 788 | 2014 | NOCEŃ Dawid | SULEJÓWEK | POL | | 96 | M20/237 | M / 631 | 00:29:47 | 05.57 | +0:15:26 | 0:14:22 / 877 | 0:26:03 / 792 | | |
| 789 | 2659 | SZYMCZAK Aleksandra | WARSZAWA | POL | INNE | 82 | K30/63 | K / 158 | 00:29:48 | 05.57 | +0:15:27 | 0:13:26 / 627 | 0:25:32 / 705 | | |
| 790 | 4472 | MATUSIAK Julita | SWINICE | POL | ZS IM.JADWIGI GRODZKIEJ W ŁĘCZYCY | 93 | K20/66 | K / 159 | 00:29:48 | 05.57 | +0:15:27 | 0:14:50 / 1029 | 0:26:16 / 822 | | |
| 791 | 530 | SÓŁTYSIAK Jakub | WARSZAWA | POL | KS POLONIA WARSZAWA | 98 | M20/238 | M / 632 | 00:29:49 | 05.57 | +0:15:27 | 0:14:13 / 841 | 0:26:04 / 795 | | |
| 792 | 982 | ROSA Jadwiga | W-WA | POL | | 81 | K30/64 | K / 160 | 00:29:49 | 05.57 | +0:15:28 | 0:14:11 / 828 | 0:26:15 / 816 | | |
| 793 | 1382 | KOLANO Marek | NISKO | POL | | 85 | M20/239 | M / 633 | 00:29:49 | 05.57 | +0:15:28 | 0:13:18 / 588 | 0:25:39 / 725 | | |
| 794 | 3235 | RADCZYŃSKA Justyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 65 | K40/19 | K / 161 | 00:29:50 | 05.58 | +0:15:28 | 0:14:04 / 795 | 0:26:04 / 796 | | |
| 795 | 3448 | MALINOWSKA Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | K20/67 | K / 162 | 00:29:51 | 05.58 | +0:15:29 | 0:14:29 / 920 | 0:26:26 / 853 | 0:38:00 / 55 | |
| 796 | 1362 | LITKE Ewa | WARSZAWA | POL | INNE / ACCELERATE | 87 | K20/68 | K / 163 | 00:29:51 | 05.58 | +0:15:29 | 0:14:19 / 865 | 0:26:02 / 788 | | |
| 797 | 581 | GAJOWNIK Kamil | KARCZEW | POL | INNE / | 86 | M20/240 | M / 634 | 00:29:51 | 05.58 | +0:15:29 | 0:14:40 / 962 | 0:26:25 / 845 | | |
| 798 | 1690 | BARTYCHA Elżbieta | OLSZTYN | POL | INNE / | 61 | K50/3 | K / 164 | 00:29:54 | 05.58 | +0:15:33 | 0:13:17 / 584 | 0:25:28 / 693 | | |
| 799 | 582 | GAJOWNIK Paweł | KARCZEW | POL | INNE / | 83 | M20/241 | M / 635 | 00:29:55 | 05.59 | +0:15:33 | 0:14:39 / 955 | 0:26:28 / 855 | | |
| 800 | 1463 | GRUNWALD Marta | WARSZAWA | POL | | 73 | K30/65 | K / 165 | 00:29:55 | 05.59 | +0:15:34 | 0:13:55 / 752 | 0:25:51 / 754 | | |
| 801 | 632 | MALCZEWSKI Adam | WARSZAWA | POL | MIESZKANCY_WAWA / | 67 | M40/90 | M / 636 | 00:29:57 | 05.59 | +0:15:35 | 0:13:56 / 755 | 0:25:48 / 746 | | |
| 802 | 1147 | BIELINSKI Dariusz | WARSZAWA | POL | | 65 | M40/91 | M / 637 | 00:29:57 | 05.59 | +0:15:36 | 0:13:06 / 544 | 0:26:03 / 790 | 0:46:48 / 116 | |
| 803 | 1210 | CHOMA Jacek michał | KRAŚNIK | POL | | 85 | M20/242 | M / 638 | 00:29:58 | 05.59 | +0:15:37 | 0:13:25 / 624 | 0:26:18 / 831 | | |
| 804 | 1438 | BAJKO Justyna | WARSZAWA | POL | | 80 | K30/66 | K / 166 | 00:30:00 | 06.00 | +0:15:38 | 0:14:28 / 912 | 0:26:26 / 852 | | |
| 805 | 995 | BIAŁOWAŚ Bgusławo | | POL | BANKI / BGK | 69 | M40/92 | M / 639 | 00:30:01 | 06.00 | +0:15:39 | 0:13:11 / 560 | 0:25:45 / 736 | | |
| 806 | 1760 | BULWICKI Cezary | PULTUSK | POL | FIRMY_RODZINNE / AGROMEX | 83 | M20/243 | M / 640 | 00:30:01 | 06.00 | +0:15:39 | 0:12:22 / 405 | 0:25:27 / 690 | | |
| 807 | 1400 | FARMUS Aldona | WARSZAWA | POL | | 68 | K40/20 | K / 167 | 00:30:02 | 06.00 | +0:15:40 | 0:14:23 / 884 | 0:26:16 / 827 | | |
| 808 | 844 | BEHCICKI Paweł | OKUNIEW | POL | STRAŻ POŻARNA | 82 | M30/229 | M / 641 | 00:30:02 | 06.00 | +0:15:40 | 0:15:13 / 1129 | 0:26:33 / 866 | | |
| 809 | 3539 | KALŁAUR Krzysztof | WARSZAWA | POL | | 84 | M20/244 | M / 642 | 00:30:04 | 06.00 | +0:15:42 | 0:13:43 / 696 | 0:25:57 / 771 | | |
| 810 | 681 | ORACZ Mikołaj | WARSZAWA | POL | | 83 | M20/245 | M / 643 | 00:30:05 | 06.01 | +0:15:44 | 0:13:51 / 737 | 0:26:28 / 856 | | |
| 811 | 945 | BOCHENEK Maria | SKOCZÓW | POL | LKS POGÓRZE | 65 | K40/21 | K / 168 | 00:30:05 | 06.01 | +0:15:43 | 0:14:15 / 850 | 0:26:31 / 859 | | |
| 812 | 1538 | DUDKIEWICZ Małgorzata | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | K30/67 | K / 169 | 00:30:05 | 06.01 | +0:15:43 | 0:15:09 / 1108 | 0:26:26 / 851 | | |
| 813 | 1085 | BURNAT Robert | WARSZAWA | POL | | 77 | M30/230 | M / 644 | 00:30:05 | 06.01 | +0:15:43 | 0:14:11 / 827 | 0:26:26 / 848 | | |
| 814 | 1298 | SKORKO Krzysztof | PIASECZNO | POL | | 74 | M30/231 | M / 645 | 00:30:05 | 06.01 | +0:15:44 | 0:14:19 / 864 | 0:26:16 / 823 | | |
| 815 | 488 | JAKUBOWSKI Grzegorz | WARSZAWA | POL | | 64 | M40/93 | M / 646 | 00:30:05 | 06.01 | +0:15:44 | 0:13:57 / 765 | 0:26:07 / 800 | | |
| 816 | 685 | MIAŁKOS Marcin | SOCHACZEW | POL | INNE / | 84 | M20/246 | M / 647 | 00:30:05 | 06.01 | +0:15:44 | 0:13:48 / 715 | 0:26:03 / 791 | | |
| 817 | 33 | SALAZAR Patryk | | POL | | | | M / 648 | 00:30:06 | 06.01 | +0:15:45 | 0:14:13 / 842 | 0:26:13 / 815 | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|------------------------------|------------------|-----------|--------------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 818 | 4614 | PODRAZA Leszek | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/232 | M / 649 | 00:30:07 | 06.01 | +0:15:45 | 0:14:15 / 852 0:26:16 / 821 |
| 819 | 4555 | OSIPOWICZ Tomasz | WARSZAWA | POL | INNE / DELOITTE ADVENTURE TEAM | 83 | M20/247 | M / 650 | 00:30:07 | 06.01 | +0:15:45 | 0:13:44 / 700 0:26:16 / 824 |
| 820 | 4717 | SKRĘT Ela | WARSZAWA | POL | INNE / DELOITTE ADVENTURE TEAM | 83 | K20/69 | K / 170 | 00:30:07 | 06.01 | +0:15:46 | 0:13:44 / 701 0:26:15 / 819 |
| 821 | 946 | BOCHENEK Jacek | SKOCZÓW | POL | FESTIWAL BIEGOWY W KRYNICY | 68 | M40/94 | M / 651 | 00:30:08 | 06.01 | +0:15:46 | 0:14:15 / 853 0:26:34 / 869 |
| 822 | 1074 | DĄBROWSKI Daniel | | POL | INNE / BAYER LIFE TEAM | | | M / 652 | 00:30:10 | 06.02 | +0:15:48 | 0:13:47 / 710 0:26:33 / 864 |
| 823 | 648 | ŚREDZIŃSKA Joanna | WROCLAW | POL | | 81 | K30/68 | K / 171 | 00:30:10 | 06.02 | +0:15:49 | 0:14:40 / 963 0:26:25 / 846 0:40:04 / 73 |
| 824 | 4979 | KOŚCIELSKA Agnieszka | KĄTY | POL | KĄTY WĘGIERSKIE | 76 | K30/69 | K / 172 | 00:30:11 | 06.02 | +0:15:49 | 0:14:24 / 891 0:26:28 / 857 |
| 825 | 120 | TURKO Katarzyna | BYTOM | POL | PKO / | 70 | K40/22 | K / 173 | 00:30:11 | 06.02 | +0:15:50 | 0:14:06 / 806 0:26:03 / 794 |
| 826 | 4952 | HRYŃ Ewa | LIPSK | POL | | 79 | K30/70 | K / 174 | 00:30:12 | 06.02 | +0:15:50 | 0:13:45 / 705 0:26:17 / 830 |
| 827 | 46 | WALCZEWSKI Krzysztof | | POL | VIP | | | M / 653 | 00:30:12 | 06.02 | +0:15:50 | 0:14:08 / 814 0:26:19 / 834 |
| 828 | 2333 | SZWED Dominika | WARSZAWA | POL | INNE / RUN RACE TEAM | 84 | K20/70 | K / 175 | 00:30:14 | 06.02 | +0:15:52 | 0:14:04 / 793 0:26:29 / 858 0:37:49 / 53 |
| 829 | 1782 | CICHY Tomasz | KOŁO | POL | ADWOKACI / | 78 | M30/233 | M / 654 | 00:30:14 | 06.02 | +0:15:52 | 0:15:12 / 1120 0:26:36 / 872 |
| 830 | 1432 | MARCZEWSKI Stanisław | WARSZAWA | POL | BANKI / KS MINX | 83 | M20/248 | M / 655 | 00:30:15 | 06.03 | +0:15:53 | 0:13:15 / 571 0:25:58 / 772 |
| 831 | 3275 | GERA Karolina | MICHAŁÓW-GRAB | POL | | 87 | K20/71 | K / 176 | 00:30:15 | 06.03 | +0:15:54 | 0:13:18 / 589 0:25:58 / 776 |
| 832 | 1272 | KRAWCZYK Maryla | PIASECZNO | POL | | 75 | K30/71 | K / 177 | 00:30:15 | 06.03 | +0:15:53 | 0:14:31 / 925 0:26:26 / 847 |
| 833 | 1158 | PACZÓSKI Jacek | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/234 | M / 656 | 00:30:16 | 06.03 | +0:15:54 | 0:13:20 / 602 0:25:59 / 779 |
| 834 | 1309 | OSIŃSKI Dariusz | ORNETA | POL | | 86 | M20/249 | M / 657 | 00:30:16 | 06.03 | +0:15:54 | 0:14:06 / 807 0:26:32 / 862 |
| 835 | 2755 | KARWOWSKA Magdalena | WARSZAWA | POL | INNE / AVIVA RUNNING TEAM | 79 | K30/72 | K / 178 | 00:30:17 | 06.03 | +0:15:55 | 0:14:12 / 835 0:26:13 / 813 |
| 836 | 1136 | KWIATKOWSKI Aleksander | ŁOWICZ | POL | | 62 | M50/40 | M / 658 | 00:30:17 | 06.03 | +0:15:55 | 0:15:00 / 1066 0:26:45 / 894 |
| 837 | 1646 | SIWIŃSKI Adam | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | M30/235 | M / 659 | 00:30:18 | 06.03 | +0:15:57 | 0:14:08 / 817 0:26:24 / 844 |
| 838 | 860 | MALINOWSKI Piotr | WARSZAWA | POL | CLUB FIHT KICKCENTER | 67 | M40/95 | M / 660 | 00:30:18 | 06.03 | +0:15:56 | 0:13:24 / 615 0:25:54 / 762 |
| 839 | 2681 | BIERNAT Robert | WARSZAWA | POL | WOJSKO-ŻOLNIERZ | 84 | M20/250 | M / 661 | 00:30:18 | 06.03 | +0:15:57 | 0:14:16 / 860 0:26:11 / 808 |
| 840 | 538 | CERENIEWICZ Marta | WARSZAWA | POL | INNE / KAJASPORT.PL | 88 | K20/72 | K / 179 | 00:30:19 | 06.03 | +0:15:57 | 0:14:48 / 1015 0:26:44 / 893 |
| 841 | 634 | MALCZEWSKA Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 73 | K30/73 | K / 180 | 00:30:19 | 06.03 | +0:15:58 | 0:14:04 / 796 0:26:01 / 782 |
| 842 | 85 | KWIATKOWSKA Olga | | POL | PUMA | 92 | K20/73 | K / 181 | 00:30:19 | 06.03 | +0:15:58 | 0:13:43 / 697 0:26:09 / 805 |
| 843 | 2185 | SINKIEWICZ Bartosz | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | M20/251 | M / 662 | 00:30:20 | 06.04 | +0:15:58 | 0:14:47 / 1007 0:27:00 / 936 |
| 844 | 1548 | MALCZEWSKA Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 73 | K30/74 | K / 182 | 00:30:20 | 06.04 | +0:15:58 | 0:14:03 / 786 0:26:15 / 818 |
| 845 | 2483 | ZNAMIEC Marcin | WARSZAWA | POL | | 77 | M30/236 | M / 663 | 00:30:20 | 06.04 | +0:15:59 | 0:15:01 / 1071 0:26:48 / 900 |
| 846 | 521 | KISIELEWICZ Michał | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | M30/237 | M / 664 | 00:30:20 | 06.04 | +0:15:59 | 0:14:36 / 951 0:26:40 / 881 |
| 847 | 1607 | SIWIECKI Piotr | WARSZAWA | POL | INNE / PWC RUNNING TEAM | 84 | M20/252 | M / 665 | 00:30:21 | 06.04 | +0:15:59 | 0:14:12 / 837 0:26:41 / 886 |
| 848 | 1025 | OGORZELSKI Konrad | | POL | BANKI / RBS | 81 | M30/238 | M / 666 | 00:30:21 | 06.04 | +0:16:00 | 0:14:14 / 848 0:26:18 / 832 |
| 849 | 4609 | PISZCZATOWSKA Joanna | BIĄŁYSTOK | POL | | 86 | K20/74 | K / 183 | 00:30:21 | 06.04 | +0:16:00 | 0:13:39 / 682 0:26:02 / 786 |
| 850 | 1590 | ŁAPIEŃSKA-PIECHOTA Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 70 | K40/23 | K / 184 | 00:30:21 | 06.04 | +0:16:00 | 0:13:45 / 704 0:26:20 / 836 |
| 851 | 1581 | SIWEK Damian | ŁOCHÓW | POL | | 86 | M20/253 | M / 667 | 00:30:22 | 06.04 | +0:16:00 | 0:13:14 / 568 0:26:22 / 839 |
| 852 | 1236 | PIÓREK Mirosław | SULEJÓWEK | POL | | 57 | M50/41 | M / 668 | 00:30:22 | 06.04 | +0:16:01 | 0:14:19 / 869 0:26:16 / 826 |
| 853 | 1235 | PIÓREK Grażyna | SULEJÓWEK | POL | | 57 | K50/4 | K / 185 | 00:30:23 | 06.04 | +0:16:01 | 0:14:19 / 870 0:26:17 / 828 |
| 854 | 3822 | OKOŃ Michał | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | M30/239 | M / 669 | 00:30:23 | 06.04 | +0:16:01 | 0:13:42 / 695 0:26:16 / 825 |
| 855 | 4672 | RUTKOWSKI Andrzej | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | M20/254 | M / 670 | 00:30:24 | 06.04 | +0:16:02 | 0:14:29 / 918 0:26:58 / 931 0:37:30 / 50 |
| 856 | 4701 | SIEDLECKA Monika | WARSZAWA | POL | | 84 | K20/75 | K / 186 | 00:30:24 | 06.04 | +0:16:02 | 0:14:54 / 1048 0:26:32 / 863 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|-----------------------|------------------|-----------|---------------------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 857 | 1052 | BANASZEK Tomasz | | POL | INNE / SPORTGAS PGNIGO | 75 | M30/240 | M / 671 | 00:30:24 | 06.04 | +0:16:03 | 0:14:25 / 904 0:26:35 / 871 |
| 858 | 136 | PIEKARZEWSKI Grzegorz | WARSZAWA | POL | PKO / | 68 | M40/96 | M / 672 | 00:30:25 | 06.05 | +0:16:03 | 0:13:38 / 676 0:26:07 / 799 |
| 859 | 852 | SATKOWSKA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 68 | K40/24 | K / 187 | 00:30:27 | 06.05 | +0:16:06 | 0:15:03 / 1079 0:26:50 / 906 |
| 860 | 686 | SZAFARYN Marcin | SOCHACZEW | POL | INNE / | 81 | M30/241 | M / 673 | 00:30:27 | 06.05 | +0:16:05 | 0:13:50 / 729 0:26:02 / 789 |
| 861 | 575 | UMIŃSKI Michał | WARSZAWA | POL | INNE / UMISIE | 76 | M30/242 | M / 674 | 00:30:27 | 06.05 | +0:16:06 | 0:14:36 / 948 0:26:43 / 891 |
| 862 | 4702 | SIEJKOWSKI Krzysztof | JEŻÓW | POL | INNE / | 87 | M20/255 | M / 675 | 00:30:29 | 06.05 | +0:16:08 | 0:14:11 / 834 0:26:45 / 896 |
| 863 | 1547 | PANASZ-LIŻEWSKA Aneta | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | K30/75 | K / 188 | 00:30:30 | 06.06 | +0:16:08 | 0:14:29 / 919 0:26:35 / 870 |
| 864 | 4904 | ZALEWSKA Kamila | WARSZAWA | POL | | 82 | K30/76 | K / 189 | 00:30:30 | 06.06 | +0:16:09 | 0:14:25 / 900 0:26:37 / 877 |
| 865 | 1078 | KARSKI Mariusz | WARSZAWA | POL | INNE / BAYER LIFE TEAM | 74 | M30/243 | M / 676 | 00:30:31 | 06.06 | +0:16:09 | 0:14:12 / 836 0:26:24 / 841 |
| 866 | 798 | MIKETA Małgorzata | WARSZAWA | POL | INNE / STRAŻ MIEJSKA | | | K / 190 | 00:30:31 | 06.06 | +0:16:09 | 0:14:08 / 816 0:26:06 / 798 |
| 867 | 2831 | KARKOS Magdalena | WARSZAWA | POL | | 89 | K20/76 | K / 191 | 00:30:31 | 06.06 | +0:16:10 | 0:14:41 / 973 0:26:51 / 908 |
| 868 | 1226 | MOČKO Dominik | WARSZAWA | POL | MIESZKANCY_WAWA / | 96 | M20/256 | M / 677 | 00:30:32 | 06.06 | +0:16:11 | 0:13:51 / 736 0:26:42 / 890 |
| 869 | 4940 | FRONCZKOWSKA Barbara | TOMASZÓW | POL | | 84 | K20/77 | K / 192 | 00:30:32 | 06.06 | +0:16:10 | 0:14:51 / 1032 0:26:56 / 926 |
| 870 | 1371 | ZĄBECKI Paweł | WARKA | POL | MIESZKANCY_WAWA / | 71 | M40/97 | M / 678 | 00:30:32 | 06.06 | +0:16:11 | 0:14:46 / 1003 0:26:42 / 888 |
| 871 | 804 | STARBAŁA Monika | WARSZAWA | POL | INNE / STRAŻ MIEJSKA | | | K / 193 | 00:30:33 | 06.06 | +0:16:11 | 0:14:08 / 815 0:26:08 / 802 |
| 872 | 1370 | OGRODNIK Robert | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | M30/244 | M / 679 | 00:30:35 | 06.07 | +0:16:13 | 0:14:46 / 1005 0:26:42 / 889 |
| 873 | 1294 | SKOCZYŁAS Łukasz | LUBLIN | POL | | 80 | M30/245 | M / 680 | 00:30:35 | 06.07 | +0:16:13 | 0:14:30 / 923 0:26:57 / 929 |
| 874 | 4829 | TOMANIAK Krzysztof | JABŁONNA | POL | | 81 | M30/246 | M / 681 | 00:30:35 | 06.07 | +0:16:14 | 0:13:21 / 603 0:26:24 / 843 |
| 875 | 522 | MALDIS Marek | WARSZAWA | POL | | 49 | M60/13 | M / 682 | 00:30:35 | 06.07 | +0:16:14 | 0:14:07 / 809 0:26:12 / 812 |
| 876 | 1603 | PLUTA Ewa | WARSZAWA | POL | INNE / ETRAVELER | 85 | K20/78 | K / 194 | 00:30:35 | 06.07 | +0:16:14 | 0:14:31 / 928 0:26:32 / 861 |
| 877 | 4475 | MATWIJCZYK Adam | WARSZAWA | POL | | 86 | M20/257 | M / 683 | 00:30:36 | 06.07 | +0:16:14 | 0:14:10 / 822 0:26:43 / 892 |
| 878 | 4926 | ŻOCHOWSKA Iwona | OLSZTYN | POL | INNE / LUŻNYSQUAD | 79 | K30/77 | K / 195 | 00:30:36 | 06.07 | +0:16:14 | 0:14:17 / 862 0:26:26 / 850 |
| 879 | 1633 | RZEPKOWSKA Elżbieta | WARSZAWA | POL | | 71 | K40/25 | K / 196 | 00:30:36 | 06.07 | +0:16:15 | 0:14:19 / 866 0:26:51 / 909 |
| 880 | 709 | OKRASZEWSKI Jacek | WARSZAWA | POL | | 54 | M50/42 | M / 684 | 00:30:37 | 06.07 | +0:16:16 | 0:13:57 / 764 0:26:46 / 897 |
| 881 | 336 | PAWŁOWSKA Martyna | GRODZISK WLKP. | POL | ADWOKACI / | | | K / 197 | 00:30:38 | 06.07 | +0:16:16 | 0:13:31 / 654 0:26:24 / 840 |
| 882 | 1043 | RUTKOWSKA Barbara | KONSTANCIN | POL | | 69 | K40/26 | K / 198 | 00:30:38 | 06.07 | +0:16:16 | 0:14:35 / 943 0:26:27 / 854 |
| 883 | 587 | LUGOWSKA Marta | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | K30/78 | K / 199 | 00:30:38 | 06.07 | +0:16:17 | 0:14:48 / 1016 0:26:49 / 903 |
| 884 | 1255 | ŚLEZIAK Mikołaj | TARNOWSKIE | POL | | 98 | M20/258 | M / 685 | 00:30:38 | 06.07 | +0:16:17 | 0:14:50 / 1027 0:26:56 / 927 |
| 885 | 167 | OSSOWSKI Marcin | WARSZAWA | POL | PKO / | 71 | M40/98 | M / 686 | 00:30:39 | 06.07 | +0:16:17 | 0:13:40 / 687 0:26:10 / 807 |
| 886 | 3352 | DĄBRÓWKA Tomek | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | M30/247 | M / 687 | 00:30:40 | 06.08 | +0:16:18 | 0:13:55 / 754 0:26:26 / 849 |
| 887 | 4920 | ZUBKIEWICZ Ewelina | PŁASKA | POL | INNE / PŁASKA | 99 | K20/79 | K / 200 | 00:30:40 | 06.08 | +0:16:18 | 0:13:53 / 742 0:26:52 / 916 |
| 888 | 923 | SUSKA Monika | WARSZAWA | POL | | 83 | K20/80 | K / 201 | 00:30:40 | 06.08 | +0:16:19 | 0:14:45 / 1000 0:26:51 / 907 |
| 889 | 1196 | WIERZGAŁA Iwona | WARSZAWA | POL | INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 78 | K30/79 | K / 202 | 00:30:40 | 06.08 | +0:16:19 | 0:14:49 / 1020 0:26:50 / 904 |
| 890 | 1155 | SZYŁKOWSKI Dariusz | BRODNICA | POL | | 83 | M20/259 | M / 688 | 00:30:40 | 06.08 | +0:16:19 | 0:13:39 / 678 0:26:40 / 883 |
| 891 | 428 | KUCHARSKI Tomasz | ZIELONA GÓRA | POL | ADWOKACI / | | | M / 689 | 00:30:40 | 06.08 | +0:16:19 | 0:13:23 / 614 0:26:36 / 873 |
| 892 | 4098 | KOCIENSKA Magdalena | IŁAWA | POL | INNE / NIEZRZESZONA | 88 | K20/81 | K / 203 | 00:30:41 | 06.08 | +0:16:20 | 0:14:41 / 970 0:26:50 / 905 0:40:31 / 76 |
| 893 | 1263 | LELEK Marek | JÓZEFOSŁAW | POL | | 64 | M40/99 | M / 690 | 00:30:41 | 06.08 | +0:16:20 | 0:14:34 / 940 0:26:32 / 860 |
| 894 | 3119 | GAMPEL Krzysztof | | POL | MOKOTÓW | | | M / 691 | 00:30:42 | 06.08 | +0:16:20 | 0:15:29 / 1195 0:27:47 / 1020 |
| 895 | 743 | URBAN Paweł | WARSZAWA | POL | | 80 | M30/248 | M / 692 | 00:30:42 | 06.08 | +0:16:21 | 0:14:13 / 846 0:26:40 / 884 |
| 896 | 3499 | SZYSZKA Monika | GARWOLIN | POL | TRUCHTACZ.PL | 73 | K30/80 | K / 204 | 00:30:42 | 06.08 | +0:16:21 | 0:14:23 / 886 0:26:37 / 879 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|----------------------------|------------------|-----------|---------------------------------------|---------|--------------------|-------------|------------|----------|--------------|---|
| 897 | 2957 | KLAUZA Kamil | PRUSZKÓW | POL | | 95 | M20/260 | M / 693 | 00:30:43 | 06.08 | +0:16:21 | 0:14:09 / 821 0:27:11 / 958 |
| 898 | 147 | PERETIATKO-KRYGIER Barbara | WARSZAWA | POL | PKO / | 73 | K30/81 | K / 205 | 00:30:43 | 06.08 | +0:16:21 | 0:13:39 / 680 0:26:37 / 876 |
| 899 | 526 | MALINOWSKA Marta | WARSZAWA | POL | | 73 | K30/82 | K / 206 | 00:30:43 | 06.08 | +0:16:22 | 0:15:06 / 1092 0:27:01 / 937 |
| 900 | 1378 | KIELOCH Katarzyna | WARSZAWA | POL | | 83 | K20/82 | K / 207 | 00:30:44 | 06.08 | +0:16:23 | 0:14:20 / 873 0:26:54 / 919 |
| 901 | 1730 | BOBRYK Karolina | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | K20/83 | K / 208 | 00:30:44 | 06.08 | +0:16:22 | 0:14:23 / 881 0:27:02 / 939 |
| 902 | 1237 | PAWELCZYK Aleksandra | PRUSZKÓW | POL | | 84 | K20/84 | K / 209 | 00:30:45 | 06.09 | +0:16:23 | 0:14:23 / 883 0:27:01 / 938 |
| 903 | 4504 | MŁODZIKOWSKA Weronika | ADAMÓW | POL | V-MAX ADAMÓW | 86 | K20/85 | K / 210 | 00:30:46 | 06.09 | +0:16:24 | 0:15:18 / 1146 0:27:05 / 947 |
| 904 | 1492 | STĘPNIEWSKA Krystyna | WARSZAWA | POL | | 83 | K20/86 | K / 211 | 00:30:46 | 06.09 | +0:16:25 | 0:14:43 / 987 0:27:03 / 942 |
| 905 | 957 | SKOK Włodzimierz | ZIELONKA | POL | | 48 | M60/14 | M / 694 | 00:30:46 | 06.09 | +0:16:25 | 0:16:29 / 1409 0:27:11 / 960 |
| 906 | 4638 | PRZYBYTNIK Paweł | WARSZAWA | POL | BANKI / | 75 | M30/249 | M / 695 | 00:30:47 | 06.09 | +0:16:26 | 0:14:13 / 847 0:26:38 / 880 |
| 907 | 1706 | BELL Bradford | UNITED STATES | POL | | 73 | M30/250 | M / 696 | 00:30:48 | 06.09 | +0:16:26 | 0:14:25 / 898 0:26:49 / 902 |
| 908 | 1188 | RZESZUTKO Aleksandra | WARSZAWA | POL | INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 77 | K30/83 | K / 212 | 00:30:48 | 06.09 | +0:16:27 | 0:14:52 / 1038 0:26:55 / 923 |
| 909 | 1055 | POLAKOW Konrad s. | WARSZAWA | POL | INNE / WIEM BO BYŁEM | 74 | M30/251 | M / 697 | 00:30:48 | 06.09 | +0:16:27 | 0:14:49 / 1021 0:26:53 / 917 |
| 910 | 4506 | MŁODZIKOWSKI Arkadiusz | ADAMÓW | POL | V-MAX ADAMÓW | 89 | M20/261 | M / 698 | 00:30:48 | 06.09 | +0:16:26 | 0:15:21 / 1160 0:27:09 / 951 |
| 911 | 1681 | BANASIK - GRAWŻYN Karolina | KIELCE | POL | | 82 | K30/84 | K / 213 | 00:30:48 | 06.09 | +0:16:27 | 0:14:11 / 830 0:26:40 / 882 |
| 912 | 1655 | WÓJCIK Julia | WARSZAWA | POL | | 76 | K30/85 | K / 214 | 00:30:50 | 06.10 | +0:16:28 | 0:14:00 / 776 0:26:40 / 885 |
| 913 | 4099 | KIERSZTAN Kamil | IŁAWA | POL | PKO / NIEZRZESZONY | 84 | M20/262 | M / 699 | 00:30:50 | 06.10 | +0:16:29 | 0:14:41 / 972 0:26:53 / 918 0:37:42 / 52 |
| 914 | 806 | SAWICKI Sławomir | WARSZAWA | POL | INNE / STRAŻ MIEJSKA | | | M / 700 | 00:30:50 | 06.10 | +0:16:29 | 0:12:56 / 499 0:25:47 / 744 |
| 915 | 548 | ZAWADZKI Tomasz | WARSZAWA | POL | BIEGAMBOLUBIĘ WARSZAWA | 64 | M40/100 | M / 701 | 00:30:50 | 06.10 | +0:16:29 | 0:14:00 / 777 0:26:21 / 838 |
| 916 | 553 | MANCEWICZ Barbara | WARSZAWA | POL | | 86 | K20/87 | K / 215 | 00:30:51 | 06.10 | +0:16:29 | 0:13:53 / 743 0:26:36 / 874 |
| 917 | 1533 | SZUKALSKI Konrad | WARSZAWA | POL | | 67 | M40/101 | M / 702 | 00:30:51 | 06.10 | +0:16:29 | 0:15:10 / 1114 0:27:20 / 975 |
| 918 | 4731 | SOBOLCZYK Marek | ŁÓDŹ | POL | ADWOKACI / | 55 | M50/43 | M / 703 | 00:30:51 | 06.10 | +0:16:29 | 0:15:07 / 1098 0:27:04 / 943 |
| 919 | 107 | KRZANOWSKA Monika | CZAMANIN | POL | PKO / | 80 | K30/86 | K / 216 | 00:30:51 | 06.10 | +0:16:30 | 0:14:05 / 800 0:26:42 / 887 |
| 920 | 858 | ZAKRZEWSKA Katarzyna | WARSZAWA | POL | | 80 | K30/87 | K / 217 | 00:30:51 | 06.10 | +0:16:30 | 0:13:35 / 667 0:26:33 / 865 |
| 921 | 1331 | JANICKA Marta | WARSZAWA | POL | | 81 | K30/88 | K / 218 | 00:30:52 | 06.10 | +0:16:30 | 0:15:06 / 1096 0:27:10 / 957 |
| 922 | 4855 | WAWRO Marceline | LUKSEMBURG | POL | | 83 | K20/88 | K / 219 | 00:30:52 | 06.10 | +0:16:30 | 0:14:37 / 952 0:26:54 / 921 |
| 923 | 4779 | SZAKUŁA Grzegorz | WARSZAWA | POL | MIESZKANCY_WAWA / | 62 | M50/44 | M / 704 | 00:30:53 | 06.10 | +0:16:31 | 0:15:09 / 1111 0:27:04 / 945 |
| 924 | 1109 | PAŃCZAK Ewa | WARSZAWA | POL | MIESZKANCY_WAWA / | 72 | K40/27 | K / 220 | 00:30:53 | 06.10 | +0:16:32 | 0:14:07 / 810 0:26:34 / 868 |
| 925 | 1098 | SYSIK Piotr | WARSZAWA | POL | | 79 | M30/252 | M / 705 | 00:30:54 | 06.10 | +0:16:32 | 0:14:28 / 914 0:26:58 / 933 |
| 926 | 1450 | SKIRZYŃSKI Adam | WARSZAWA | POL | | 82 | M30/253 | M / 706 | 00:30:54 | 06.10 | +0:16:32 | 0:15:10 / 1116 0:27:29 / 986 |
| 927 | 903 | KWAPISIEWICZ Joanna | WARSZAWA | POL | | 77 | K30/89 | K / 221 | 00:30:55 | 06.11 | +0:16:33 | 0:14:15 / 849 0:26:49 / 901 |
| 928 | 1528 | MAZANOWSKA Agnieszka | BIELSKO BIAŁA | POL | | 95 | K20/89 | K / 222 | 00:30:55 | 06.11 | +0:16:34 | 0:15:35 / 1225 0:27:40 / 1009 |
| 929 | 1938 | JACQUES Paweł | WARSZAWA | POL | | 98 | M20/263 | M / 707 | 00:30:55 | 06.11 | +0:16:33 | 0:14:08 / 812 0:26:55 / 922 |
| 930 | 1242 | SMOLEŃ Witold | WARSZAWA | POL | BANKI / CITI | 80 | M30/254 | M / 708 | 00:30:55 | 06.11 | +0:16:33 | 0:13:42 / 691 0:26:51 / 912 |
| 931 | 1937 | JACQUES Krzysztof | WARSZAWA | POL | | 57 | M50/45 | M / 709 | 00:30:55 | 06.11 | +0:16:34 | 0:14:07 / 811 0:26:51 / 913 |
| 932 | 4932 | ŻURAWSKA Renata | NOWY GLINNIK | POL | INNE / LENIWCE TEAM | 78 | K30/90 | K / 223 | 00:30:56 | 06.11 | +0:16:35 | 0:14:55 / 1052 0:27:09 / 953 |
| 933 | 1076 | NOWAKOWSKI Lukasz | WARSZAWA | POL | INNE / BAYER LIFE TEAM | 76 | M30/255 | M / 710 | 00:30:56 | 06.11 | +0:16:35 | 0:14:49 / 1019 0:27:21 / 976 0:39:36 / 67 |
| 934 | 1241 | SZYMANEK Beata | WARSZAWA | POL | | 78 | K30/91 | K / 224 | 00:30:56 | 06.11 | +0:16:35 | 0:13:42 / 694 0:26:54 / 920 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|----------------------|------------------|-----------|---------------------------------------|------------|--------------------|-------------|------------|----------|----------------|-----------------------------|
| 935 | 3204 | CZAYKA Krystian | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 M30/256 | M / 711 | 00:30:58 | 06.11 | +0:16:37 | 0:14:40 / 965 | 0:26:56 / 925 |
| 936 | 1211 | OZIĘBŁO Marcin | ŁUKÓW | POL | MIESZKANCY_WAWA / | 77 M30/257 | M / 712 | 00:30:59 | 06.11 | +0:16:37 | 0:14:23 / 885 | 0:26:52 / 914 |
| 937 | 199 | GOCŁOWSKA Katarzyna | KLAUDYN | POL | PKO | 79 K30/92 | K / 225 | 00:30:59 | 06.11 | +0:16:38 | 0:13:39 / 681 | 0:26:45 / 895 |
| 938 | 1610 | PARFIANOWICZ Rafał | WARSZAWA | POL | | 74 M30/258 | M / 713 | 00:31:00 | 06.12 | +0:16:39 | 0:14:48 / 1014 | 0:27:03 / 940 0:44:29 / 104 |
| 939 | 1366 | WOLAK Sylwia | WARSZAWA | POL | | 78 K30/93 | K / 226 | 00:31:02 | 06.12 | +0:16:40 | 0:14:31 / 926 | 0:27:00 / 935 |
| 940 | 1563 | BASIAK Agnieszka | WARSZAWA | POL | | 83 K20/90 | K / 227 | 00:31:02 | 06.12 | +0:16:41 | 0:13:47 / 714 | 0:26:34 / 867 |
| 941 | 48 | SAMGA Anna | | POL | | 69 K40/28 | K / 228 | 00:31:02 | 06.12 | +0:16:40 | 0:13:38 / 675 | 0:26:58 / 932 |
| 942 | 1536 | KLEPACZ Janusz | WARSZAWA | POL | | 71 M40/102 | M / 714 | 00:31:02 | 06.12 | +0:16:41 | 0:14:36 / 950 | 0:27:03 / 941 |
| 943 | 1286 | KRAWCZYŃSKA Tina | RADZIEJOWICE/S | POL | | 76 K30/94 | K / 229 | 00:31:03 | 06.12 | +0:16:41 | 0:14:45 / 994 | 0:27:11 / 961 0:39:45 / 68 |
| 944 | 661 | STAŃCZYK Krzysztof | FIKKÓWKA | POL | V-MAX ADAMÓW | 47 M60/15 | M / 715 | 00:31:05 | 06.13 | +0:16:43 | 0:14:44 / 993 | 0:27:09 / 952 |
| 945 | 1605 | BIAŁCZAK Katarzyna | KĄTY | POL | INNE / KĄTY WĘGIERSKIE | 76 K30/95 | K / 230 | 00:31:06 | 06.13 | +0:16:44 | 0:14:16 / 861 | 0:26:52 / 915 |
| 946 | 776 | GAJEWSKI Michał | W-WA | POL | AGORA | 88 M20/264 | M / 716 | 00:31:06 | 06.13 | +0:16:45 | 0:15:30 / 1205 | 0:27:55 / 1042 |
| 947 | 603 | RASZOWSKI Jakub | ZĄBKI | POL | INNE / | 81 M30/259 | M / 717 | 00:31:06 | 06.13 | +0:16:45 | 0:14:39 / 953 | 0:27:05 / 946 |
| 948 | 1436 | GWIAZDA Weronika | WARSZAWA | POL | INNE / ACCELERATE | 88 K20/91 | K / 231 | 00:31:07 | 06.13 | +0:16:45 | 0:14:09 / 818 | 0:27:11 / 959 0:46:47 / 115 |
| 949 | 4648 | RAKOWSKI Krzysztof | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 M20/265 | M / 718 | 00:31:07 | 06.13 | +0:16:45 | 0:14:40 / 968 | 0:27:11 / 962 |
| 950 | 1071 | PACEK Agnieszka | JULIANÓW | POL | INNE / BAYER LIFE TEAM | 77 K30/96 | K / 232 | 00:31:09 | 06.13 | +0:16:48 | 0:14:44 / 992 | 0:27:18 / 971 |
| 951 | 1051 | WARGACKA Joanna | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 K20/92 | K / 233 | 00:31:10 | 06.14 | +0:16:48 | 0:14:55 / 1055 | 0:27:16 / 968 |
| 952 | 4696 | SEJDER Krzysztof | CZĘSTOCHOWA | POL | | 82 M30/260 | M / 719 | 00:31:10 | 06.14 | +0:16:49 | 0:14:05 / 798 | 0:26:57 / 930 |
| 953 | 1524 | RUTKOWSKA Katarzyna | WARSZAWA | POL | | 84 K20/93 | K / 234 | 00:31:10 | 06.14 | +0:16:48 | 0:14:24 / 893 | 0:27:14 / 965 |
| 954 | 940 | KAPICA Agnieszka | WARSZAWA | POL | AVIVA RUNNING TEAM | 82 K30/97 | K / 235 | 00:31:10 | 06.14 | +0:16:48 | 0:14:33 / 938 | 0:27:09 / 950 |
| 955 | 2182 | MICHNOWSKI Paweł | WARSZAWA | POL | | 82 M30/261 | M / 720 | 00:31:11 | 06.14 | +0:16:49 | 0:14:45 / 997 | 0:27:12 / 963 |
| 956 | 4695 | SEJDER Magdalena | CZĘSTOCHOWA | POL | | 86 K20/94 | K / 236 | 00:31:11 | 06.14 | +0:16:50 | 0:14:06 / 808 | 0:26:57 / 928 |
| 957 | 4202 | KOPCZYŃSKA Beata | WARSZAWA | POL | | 66 K40/29 | K / 237 | 00:31:11 | 06.14 | +0:16:49 | 0:14:28 / 913 | 0:26:56 / 924 |
| 958 | 3174 | ŚLIFIERZ Marek | BYDGOSZCZ | POL | INNE / NIEZRZESZONY | 51 M60/16 | M / 721 | 00:31:11 | 06.14 | +0:16:50 | 0:13:56 / 760 | 0:26:37 / 878 |
| 959 | 996 | ZYGMONT Tomasz | | POL | BANKI / BGK | 69 M40/103 | M / 722 | 00:31:12 | 06.14 | +0:16:51 | 0:14:48 / 1013 | 0:27:22 / 978 |
| 960 | 1203 | SKIBIŃSKA Aleksandra | PŁOŃSK | POL | | 83 K20/95 | K / 238 | 00:31:13 | 06.14 | +0:16:52 | 0:15:21 / 1159 | 0:27:43 / 1015 |
| 961 | 1388 | ZAJDEL Sylwia | WARSZAWA | POL | | 85 K20/96 | K / 239 | 00:31:14 | 06.14 | +0:16:52 | 0:14:16 / 858 | 0:26:51 / 910 |
| 962 | 168 | OSEWSKA Wioletta | WARSZAWA | POL | PKO / | 75 K30/98 | K / 240 | 00:31:14 | 06.14 | +0:16:53 | 0:15:15 / 1135 | 0:27:33 / 995 |
| 963 | 750 | KRĘPACKA Katarzyna | PUCHACZÓW | POL | | 88 K20/97 | K / 241 | 00:31:15 | 06.15 | +0:16:53 | 0:13:00 / 515 | 0:26:59 / 934 |
| 964 | 701 | MROCZEK Justyna | WARSZAWA | POL | | 81 K30/99 | K / 242 | 00:31:16 | 06.15 | +0:16:54 | 0:14:41 / 977 | 0:27:16 / 969 |
| 965 | 1486 | JAGIELLO-RYBKA Marta | WARSZAWA | POL | | 70 K40/30 | K / 243 | 00:31:16 | 06.15 | +0:16:54 | 0:15:08 / 1103 | 0:27:15 / 966 |
| 966 | 2509 | KOWALSKA Monika | WARSZAWA | POL | INNE / T-MOBILE RUNNING TEAM | 79 K30/100 | K / 244 | 00:31:16 | 06.15 | +0:16:55 | 0:14:53 / 1043 | 0:27:19 / 973 |
| 967 | 1485 | RYBKA Zbigniew | WARSZAWA | POL | | 68 M40/104 | M / 723 | 00:31:16 | 06.15 | +0:16:55 | 0:15:09 / 1107 | 0:27:15 / 967 |
| 968 | 1000 | DOBOSZYŃSKI Rafał | WARSZAWA | POL | INNE / POLSKI KLUB MTB | 80 M30/262 | M / 724 | 00:31:17 | 06.15 | +0:16:56 | 0:14:24 / 890 | 0:27:32 / 992 |
| 969 | 1390 | MAJEWSKI Marek | WARSZAWA | POL | MIESZKANCY_WAWA / | 64 M40/105 | M / 725 | 00:31:17 | 06.15 | +0:16:56 | 0:13:49 / 723 | 0:26:47 / 898 |
| 970 | 1187 | JASTRZĘBSKA Marta | WARSZAWA | POL | INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 85 K20/98 | K / 245 | 00:31:18 | 06.15 | +0:16:57 | 0:14:46 / 1001 | 0:27:16 / 970 |
| 971 | 1316 | NIKODEM Artur | SOCHACZEW | POL | DRAGON FC SOCHACZEW | 80 M30/263 | M / 726 | 00:31:21 | 06.16 | +0:17:00 | 0:13:56 / 758 | 0:26:47 / 899 |
| 972 | 1054 | KRAKOWIAK Agnieszka | | POL | INNE / SPORTGAS PGNIGO | 83 K20/99 | K / 246 | 00:31:21 | 06.16 | +0:17:00 | 0:15:04 / 1083 | 0:27:36 / 997 |
| 973 | 1809 | DĄBROWSKI Paweł | SOCHACZEW | POL | | 80 M30/264 | M / 727 | 00:31:21 | 06.16 | +0:17:00 | 0:15:02 / 1075 | 0:27:27 / 984 |
| 974 | 2903 | ZIELKE Marta | | POL | BANKI / RBS | 82 K30/101 | K / 247 | 00:31:22 | 06.16 | +0:17:01 | 0:13:54 / 747 | 0:27:08 / 949 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | | | |
|----------|--------|-----------------------|------------------|-----------|--|---------|--------------------|-------------|------------|----------|--------------|----------------|----------------|---------------|--------------|--------------|
| 975 | 1351 | SOWIŃSKI Marcin | WARSZAWA | POL | | 75 | M30/265 | M / 728 | 00:31:24 | 06.16 | +0:17:03 | 0:15:01 / 1072 | 0:27:23 / 980 | | | |
| 976 | 867 | ZIMNICKA Kamilla | PIASECZNO | POL | | 75 | K30/102 | K / 248 | 00:31:26 | 06.17 | +0:17:04 | 0:15:06 / 1094 | 0:27:40 / 1008 | | | |
| 977 | 1063 | MAJEWSKA Agnieszka | WARSZAWA | POL | | 88 | K20/100 | K / 249 | 00:31:27 | 06.17 | +0:17:06 | 0:13:49 / 719 | 0:27:19 / 972 | | | |
| 978 | 1951 | JASINOWSKA Emilia | MIĘDZYCHÓD | POL | INNE / GIMNAZJUM NR 2 MIĘDZYCHÓD | 52 | K60/1 | K / 250 | 00:31:27 | 06.17 | +0:17:06 | 0:14:02 / 783 | 0:27:10 / 956 | | | |
| 979 | 1623 | BOJUSŁAWSKI Tomasz | WARSZAWA | POL | BANKI / | 83 | M20/266 | M / 729 | 00:31:29 | 06.17 | +0:17:08 | 0:15:27 / 1189 | 0:28:01 / 1062 | | | |
| 980 | 1475 | MARCZAK Piotr | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 97 | M20/267 | M / 730 | 00:31:30 | 06.18 | +0:17:08 | 0:14:29 / 921 | 0:27:19 / 974 | 0:48:44 / 129 | | |
| 981 | 3814 | ROMANOWSKA Małgorzata | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | K30/103 | K / 251 | 00:31:30 | 06.18 | +0:17:09 | 0:15:04 / 1086 | 0:27:38 / 1002 | | | |
| 982 | 1336 | NOWOSAD Agnieszka | WARSZAWA | POL | | 75 | K30/104 | K / 252 | 00:31:31 | 06.18 | +0:17:09 | 0:14:02 / 782 | 0:27:39 / 1005 | | | |
| 983 | 4868 | WIĘCH Łukasz | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | M30/266 | M / 731 | 00:31:31 | 06.18 | +0:17:09 | 0:14:42 / 980 | 0:28:12 / 1083 | | | |
| 984 | 1602 | PRUSINOWSKA Aneta | WARSZAWA | POL | INNE / BIEGAM BO LUBIĘ | 73 | K30/105 | K / 253 | 00:31:31 | 06.18 | +0:17:10 | 0:14:26 / 906 | 0:27:27 / 983 | | | |
| 985 | 1490 | POKONIECZNA Katarzyna | WARSZAWA | POL | | 83 | K20/101 | K / 254 | 00:31:32 | 06.18 | +0:17:11 | 0:14:23 / 888 | 0:27:35 / 996 | | | |
| 986 | 897 | BALTAZIUK Arkadiusz | KOBYŁKA | POL | | 84 | M20/268 | M / 732 | 00:31:33 | 06.18 | +0:17:11 | 0:14:27 / 910 | 0:27:25 / 982 | | | |
| 987 | 1407 | KOPACZ Marta | WARSZAWA | POL | | 79 | K30/106 | K / 255 | 00:31:34 | 06.18 | +0:17:13 | 0:14:25 / 899 | 0:27:22 / 979 | | | |
| 988 | 493 | FRĄCZAK Monika | WARSZAWA | POL | | 80 | K30/107 | K / 256 | 00:31:35 | 06.19 | +0:17:13 | 0:14:32 / 935 | 0:27:21 / 977 | | | |
| 989 | 965 | LOPACKA Marta | WARSZAWA | POL | | 87 | K20/102 | K / 257 | 00:31:35 | 06.19 | +0:17:13 | 0:14:54 / 1049 | 0:27:31 / 988 | | | |
| 990 | 4511 | MODZELEWSKI Zdzisław | WARSZAWA | POL | | 73 | M30/267 | M / 733 | 00:31:35 | 06.19 | +0:17:14 | 0:14:41 / 974 | 0:27:10 / 954 | | | |
| 991 | 343 | KOSMAŁA Kacper | KRAKÓW | POL | ADWOKACI / | 99 | M20/269 | M / 734 | 00:31:37 | 06.19 | +0:17:16 | 0:13:02 / 527 | 0:28:00 / 1056 | | | |
| 992 | 1417 | LAZICKI Michał | WARSZAWA | POL | INNE / ACCELERATE | 83 | M20/270 | M / 735 | 00:31:38 | 06.19 | +0:17:16 | 0:14:02 / 784 | 0:27:28 / 985 | | | |
| 993 | 791 | RUBASZEK Michał | | POL | PWPW | 78 | M30/268 | M / 736 | 00:31:38 | 06.19 | +0:17:17 | 0:14:34 / 939 | 0:27:37 / 999 | | | |
| 994 | 473 | MASSALSKA Anna | KIELCE | POL | ADWOKACI / | | | K / 258 | 00:31:39 | 06.19 | +0:17:17 | 0:14:54 / 1046 | 0:27:51 / 1031 | | | |
| 995 | 1240 | TROCEWICZ Andrzej | WARSZAWA | POL | | 85 | M20/271 | M / 737 | 00:31:39 | 06.19 | +0:17:17 | 0:15:20 / 1158 | 0:27:46 / 1019 | 0:39:22 / 65 | | |
| 996 | 1575 | PATOKA Damian | WARSZAWA-WES | POL | MIESZKANCY_WAWA / | 85 | M20/272 | M / 738 | 00:31:40 | 06.20 | +0:17:18 | 0:15:08 / 1104 | 0:27:47 / 1021 | | | |
| 997 | 1288 | MULSKI Grzegorz | TORUŃ | POL | | 00 | M20/273 | M / 739 | 00:31:40 | 06.20 | +0:17:19 | 0:14:10 / 824 | 0:27:57 / 1048 | | | |
| 998 | 2055 | LEONARCZYK Sebastian | KRAKÓW | POL | | 85 | M20/274 | M / 740 | 00:31:41 | 06.20 | +0:17:19 | 0:13:06 / 545 | 0:27:13 / 964 | | | |
| 999 | 573 | MILCZEWSKA Anna | WARSZAWA | POL | | 70 | K40/31 | K / 259 | 00:31:41 | 06.20 | +0:17:20 | 0:15:34 / 1217 | 0:28:01 / 1063 | | | |
| 1000 | 381 | SZLANTA Borysław | RADOM | POL | ADWOKACI / | | | M / 741 | 00:31:41 | 06.20 | +0:17:20 | 0:13:59 / 773 | 0:27:10 / 955 | 0:32:25 / 23 | 0:49:17 / 12 | 1:03:22 / 20 |
| 1001 | 1395 | MAŁECKA Monika | WARSZAWA | POL | MIESZKANCY_WAWA / | 87 | K20/103 | K / 260 | 00:31:42 | 06.20 | +0:17:20 | 0:15:36 / 1232 | 0:28:01 / 1060 | | | |
| 1002 | 506 | CIEŚLAK Zenon | CELESTYNÓW | POL | INNE / WARTA.WARSZAWA.PL, WWW.WARTA-OTWOCK.COM. | 64 | M40/106 | M / 742 | 00:31:42 | 06.20 | +0:17:21 | 0:14:11 / 832 | 0:27:06 / 948 | | | |
| 1003 | 1342 | ZBIEĆ Michał | WARSZAWA | POL | | 84 | M20/275 | M / 743 | 00:31:42 | 06.20 | +0:17:20 | 0:15:26 / 1186 | 0:28:17 / 1090 | | | |
| 1004 | 874 | CHOJNOWSKI Maciej | WARSZAWA | POL | MIESZKANCY_WAWA / | 87 | M20/276 | M / 744 | 00:31:42 | 06.20 | +0:17:20 | 0:15:25 / 1177 | 0:28:16 / 1088 | | | |
| 1005 | 1402 | BUCKI Bartosz | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | M30/269 | M / 745 | 00:31:43 | 06.20 | +0:17:22 | 0:14:47 / 1006 | 0:27:38 / 1003 | | | |
| 1006 | 1159 | GARDZIŃSKI Bartosz | ZĄBKI | POL | | 00 | M20/277 | M / 746 | 00:31:44 | 06.20 | +0:17:22 | 0:14:40 / 967 | 0:27:48 / 1025 | | | |
| 1007 | 68 | KULIKOWSKI Mariusz | WARSZAWA | POL | | 76 | M30/270 | M / 747 | 00:31:44 | 06.20 | +0:17:23 | 0:15:17 / 1142 | 0:28:03 / 1068 | | | |
| 1008 | 4845 | URBAŃCZYK Anna | TYCHY | POL | INNE / GRUPA BIEGOWA MACROLOGIC | 89 | K20/104 | K / 261 | 00:31:45 | 06.21 | +0:17:23 | 0:15:19 / 1152 | 0:27:58 / 1049 | | | |
| 1009 | 113 | DRAJKOWSKI Tomasz | WARSZAWA | POL | PKO / | 74 | M30/271 | M / 748 | 00:31:46 | 06.21 | +0:17:25 | 0:14:54 / 1045 | 0:27:45 / 1018 | | | |
| 1010 | 3127 | ZIĘBA Łukasz | WARSZAWA | POL | | 79 | M30/272 | M / 749 | 00:31:46 | 06.21 | +0:17:24 | 0:15:03 / 1081 | 0:27:31 / 989 | | | |
| 1011 | 926 | LARKOWSKI Michał | WARSZAWA | POL | INNE / BBL WARSZAWA | 78 | M30/273 | M / 750 | 00:31:47 | 06.21 | +0:17:25 | 0:15:17 / 1143 | 0:28:12 / 1082 | | | |
| 1012 | 741 | GORDON Karol | WARSZAWA | POL | GENERALI RUNNING TEAM | 69 | M40/107 | M / 751 | 00:31:47 | 06.21 | +0:17:26 | 0:15:23 / 1173 | 0:27:49 / 1027 | | | |
| 1013 | 1285 | IMIIOLEK Katarzyna | WARSZAWA | POL | | 76 | K30/108 | K / 262 | 00:31:47 | 06.21 | +0:17:26 | 0:14:45 / 995 | 0:27:38 / 1004 | 0:43:04 / 87 | | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|-----------------------------|------------------|-----------|---|---------|--------------------|-------------|------------|----------|----------------|----------------|---------------------------------------|
| 1014 | 742 | WIECZOREK Katarzyna | WARSZAWA | POL | | 74 | K30/109 | 00:31:47 | 06.21 | +0:17:26 | 0:15:22 / 1164 | 0:27:47 / 1022 | |
| 1015 | 1574 | KARWAT Joanna | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | K30/110 | 00:31:47 | 06.21 | +0:17:26 | 0:14:45 / 998 | 0:27:40 / 1007 | |
| 1016 | 4354 | KRASZEWSKA Maria | KRAKÓW | POL | | 79 | K30/111 | 00:31:49 | 06.21 | +0:17:27 | 0:15:05 / 1089 | 0:27:44 / 1016 | |
| 1017 | 1645 | DRZEWIECKI Robert | WARSZAWA | POL | MIESZKANCY_WAWA / | 67 | M40/108 | 00:31:49 | 06.21 | +0:17:27 | 0:14:58 / 1064 | 0:27:40 / 1006 | |
| 1018 | 1012 | SOŁTYSIŃSKA Anna | | POL | BANKI / RBS | 79 | K30/112 | 00:31:49 | 06.21 | +0:17:28 | 0:15:05 / 1090 | 0:27:51 / 1030 | |
| 1019 | 879 | ROSLAN Małgorzata | WARSZAWA | POL | INNE / HP RUN | 64 | K40/32 | 00:31:50 | 06.22 | +0:17:28 | 0:14:35 / 944 | 0:27:37 / 1000 | 0:43:50 / 94 |
| 1020 | 2695 | MASTALERZ Bartosz | PIOTRKÓW | POL | INNE / CENTRUM SZKOLENIA SURVIVALOWO-SPECJALIST | 87 | M20/278 | 00:31:50 | 06.22 | +0:17:29 | 0:15:15 / 1137 | 0:28:12 / 1081 | |
| 1021 | 4458 | MARCINIUK Agata | SIEDLCE | POL | YULO RUN TEAM | 73 | K30/113 | 00:31:51 | 06.22 | +0:17:29 | 0:13:54 / 746 | 0:27:04 / 944 | 0:48:00 / 124 |
| 1022 | 418 | DUDKOWIAK Karolina | ZIELONA GÓRA | POL | ADWOKACI / | | K / 269 | 00:31:51 | 06.22 | +0:17:29 | 0:15:09 / 1109 | 0:28:10 / 1079 | |
| 1023 | 2299 | SZCZAWIŃSKI Cezary | WARSZAWA | POL | | 80 | M30/274 | 00:31:53 | 06.22 | +0:17:31 | 0:14:35 / 947 | 0:27:32 / 990 | |
| 1024 | 1036 | SZKLARCZYK Kamil | | POL | BANKI / RBS | 87 | M20/279 | 00:31:54 | 06.22 | +0:17:32 | 0:14:10 / 825 | 0:28:02 / 1065 | |
| 1025 | 4888 | WOJTALIK Ewelina | KUTNO | POL | | 86 | K20/105 | 00:31:55 | 06.23 | +0:17:34 | 0:15:19 / 1150 | 0:27:59 / 1052 | |
| 1026 | 1462 | DRZEWIECKA Emilia | WARSZAWA | POL | INNE / ACCELERATE | 80 | K30/114 | 00:31:56 | 06.23 | +0:17:35 | 0:15:25 / 1179 | 0:28:00 / 1058 | |
| 1027 | 1465 | KĘSKA-WŁODAWIEC Edyta | HIPOLITÓW | POL | ACCELERATE | 72 | K40/33 | 00:31:57 | 06.23 | +0:17:35 | 0:15:23 / 1169 | 0:28:00 / 1057 | |
| 1028 | 1148 | PASIEROWSKA Monika | WARSZAWA | POL | INNE / | 73 | K30/115 | 00:31:57 | 06.23 | +0:17:36 | 0:13:07 / 548 | 0:26:51 / 911 | |
| 1029 | 1420 | SKRZYPIŃSKA Agnieszka | WARSZAWA | POL | INNE / ACCELERATE | 76 | K30/116 | 00:31:58 | 06.23 | +0:17:37 | 0:14:09 / 820 | 0:27:29 / 987 | |
| 1030 | 3832 | KAMONT Rafał | KOŁBIEL | POL | | 81 | M30/275 | 00:31:58 | 06.23 | +0:17:36 | 0:15:37 / 1235 | 0:28:06 / 1073 | 0:32:22 / 22 0:45:37 / 9 0:56:24 / 13 |
| 1031 | 1277 | MIESZKOWSKI Andrzej | WARSZAWA | POL | INNE / | 00 | M20/280 | 00:31:58 | 06.23 | +0:17:37 | 0:14:47 / 1010 | 0:28:20 / 1091 | |
| 1032 | 1429 | WRĘBIAK Łukasz | WARSZAWA | POL | INNE / | 81 | M30/276 | 00:31:58 | 06.23 | +0:17:37 | 0:16:20 / 1377 | 0:28:30 / 1107 | |
| 1033 | 1466 | CSAVAJDA Edit | WARSZAWA | POL | ACCELERATE | 85 | K20/106 | 00:31:59 | 06.23 | +0:17:37 | 0:15:25 / 1178 | 0:28:00 / 1059 | |
| 1034 | 915 | KOSIOREK Agnieszka | WARSZAWA | POL | INNE / PRACA BIUROWA | 82 | K30/117 | 00:31:59 | 06.23 | +0:17:37 | 0:15:13 / 1128 | 0:27:49 / 1029 | |
| 1035 | 953 | ŚWIRSKA Katarzyna | WARSZAWA | POL | INNE / NIE MA | 86 | K20/107 | 00:31:59 | 06.23 | +0:17:38 | 0:15:10 / 1112 | 0:27:55 / 1043 | |
| 1036 | 1143 | SPOCZYŃSKI Michał | WARSZAWA | POL | INNE | 73 | M30/277 | 00:31:59 | 06.23 | +0:17:37 | 0:14:30 / 922 | 0:27:43 / 1014 | |
| 1037 | 380 | ŚLIWA Janusz | WROCLAW | POL | ADWOKACI / | | M / 760 | 00:31:59 | 06.23 | +0:17:38 | 0:14:28 / 911 | 0:27:47 / 1023 | |
| 1038 | 739 | CIARKA Jan | WARSZAWA | POL | | 82 | M30/278 | 00:32:00 | 06.24 | +0:17:38 | 0:15:53 / 1283 | 0:28:59 / 1158 | |
| 1039 | 2287 | DOLIŃSKA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / ALE TEMPO | 76 | K30/118 | 00:32:01 | 06.24 | +0:17:39 | 0:14:43 / 983 | 0:27:44 / 1017 | |
| 1040 | 1422 | GARDENER Jacek | WARSZAWA | POL | INNE / ACCELERATE | 66 | M40/109 | 00:32:01 | 06.24 | +0:17:39 | 0:14:13 / 838 | 0:27:33 / 993 | |
| 1041 | 833 | DROSIO Katarzyna | | POL | PRZEGLĄD SPORTOWY | 81 | K30/119 | 00:32:01 | 06.24 | +0:17:40 | 0:15:08 / 1101 | 0:28:17 / 1089 | |
| 1042 | 1295 | CHODŹKO-MACIEJKO Małgorzata | PIASECZNO | POL | | 78 | K30/120 | 00:32:03 | 06.24 | +0:17:42 | 0:14:40 / 960 | 0:27:54 / 1041 | |
| 1043 | 970 | LEWANDOWSKA Ewa | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 74 | K30/121 | 00:32:04 | 06.24 | +0:17:42 | 0:14:51 / 1034 | 0:27:52 / 1036 | |
| 1044 | 4307 | KOBIERZEWSKI Hubert | WARSZAWA | POL | | 74 | M30/279 | 00:32:05 | 06.25 | +0:17:43 | 0:15:12 / 1126 | | |
| 1045 | 1576 | PŁOSZAJ Renata | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | K20/108 | 00:32:05 | 06.25 | +0:17:44 | 0:15:08 / 1105 | 0:27:49 / 1028 | |
| 1046 | 694 | ABRAMCZUK Piotr | WARSZAWA | POL | | 76 | M30/280 | 00:32:05 | 06.25 | +0:17:44 | 0:14:51 / 1033 | 0:27:48 / 1026 | |
| 1047 | 3120 | ZIELIŃSKI Maciej | | POL | MOKOTÓW | | M / 765 | 00:32:06 | 06.25 | +0:17:44 | 0:15:29 / 1194 | 0:28:11 / 1080 | |
| 1048 | 1046 | OŁUBIEC JR Piotr | WARSZAWA | POL | TRUCHT TARCHOMIN TEAM | 97 | M20/281 | 00:32:06 | 06.25 | +0:17:45 | 0:14:47 / 1009 | 0:27:58 / 1050 | 0:39:09 / 64 |
| 1049 | 4404 | LEWIŃSKI Sławomir | RĄBIEŃ | POL | | 81 | M30/281 | 00:32:07 | 06.25 | +0:17:45 | 0:15:25 / 1181 | 0:28:13 / 1086 | |
| 1050 | 2381 | WIŚNIEWSKA Joanna | WARSZAWA | POL | | 75 | K30/122 | 00:32:07 | 06.25 | +0:17:45 | 0:14:50 / 1028 | 0:27:43 / 1013 | 0:46:17 / 113 |
| 1051 | 1413 | LENGOWIK Miłosz | PŁOCK | POL | | 95 | M20/282 | 00:32:07 | 06.25 | +0:17:45 | 0:13:36 / 670 | 0:28:27 / 1103 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|-----------------------|------------------|-----------|--|---------|--------------------|-------------|------------|----------|--------------|---|
| 1052 | 933 | POHORSKA Katarzyna | WARSZAWA | | POL MIESZKANCY_WAWA / | 82 | K30/123 | K / 284 | 00:32:08 | 06.25 | +0:17:46 | 0:15:01 / 1074 0:27:51 / 1033 |
| 1053 | 1613 | BALCER Daniel | WARSZAWA | | POL MIESZKANCY_WAWA / | 77 | M30/282 | M / 769 | 00:32:08 | 06.25 | +0:17:46 | 0:15:15 / 1136 0:28:07 / 1074 |
| 1054 | 2523 | DUROL Piotr | SUWALKI | | POL | 65 | M40/110 | M / 770 | 00:32:08 | 06.25 | +0:17:47 | 0:15:12 / 1121 0:28:01 / 1061 |
| 1055 | 1375 | TLOŁKA Zdzisław | ŻORY | | POL INNE | 59 | M50/46 | M / 771 | 00:32:09 | 06.25 | +0:17:47 | 0:14:24 / 894 0:27:32 / 991 |
| 1056 | 1350 | PYTKOWSKA Urszula | ZIELONKA | | POL LECHICI ZIELONKA | 81 | K30/124 | K / 285 | 00:32:09 | 06.25 | +0:17:48 | 0:15:18 / 1144 0:28:21 / 1095 |
| 1057 | 1205 | SKIBIŃSKA Alicja | PŁOŃSK | | POL | 91 | K20/109 | K / 286 | 00:32:10 | 06.26 | +0:17:49 | 0:15:24 / 1175 0:27:55 / 1044 |
| 1058 | 906 | MARSZALEK Aneta | WARSZAWA | | POL | 86 | K20/110 | K / 287 | 00:32:10 | 06.26 | +0:17:48 | 0:15:23 / 1168 0:27:55 / 1046 |
| 1059 | 1194 | URBAŃSKA Marzena | WARSZAWA | | POL INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 84 | K20/111 | K / 288 | 00:32:11 | 06.26 | +0:17:49 | 0:14:42 / 979 0:28:03 / 1067 |
| 1060 | 1162 | GBURZYŃSKA Agnieszka | PRUSZKÓW | | POL | 80 | K30/125 | K / 289 | 00:32:11 | 06.26 | +0:17:49 | 0:14:44 / 989 0:27:37 / 998 |
| 1061 | 1161 | GBURZYŃSKI Grzegorz | PRUSZKÓW | | POL | 76 | M30/283 | M / 772 | 00:32:11 | 06.26 | +0:17:50 | 0:14:41 / 978 0:27:38 / 1001 0:42:46 / 86 |
| 1062 | 1319 | MROŻEWSKA Justyna | SOCHACZEW | | POL FIRMY_RODZINNE / | 75 | K30/126 | K / 290 | 00:32:11 | 06.26 | +0:17:50 | 0:14:50 / 1026 0:27:52 / 1035 |
| 1063 | 1373 | BURZA Anna | PIASECZNO | | POL INNE / | 77 | K30/127 | K / 291 | 00:32:12 | 06.26 | +0:17:50 | 0:15:11 / 1117 0:27:57 / 1047 |
| 1064 | 238 | WILCZYŃSKI Waldemar | WARSZAWA | | POL MIESZKANCY_WAWA / | 41 | M70/1 | M / 773 | 00:32:12 | 06.26 | +0:17:51 | 0:14:34 / 942 0:27:40 / 1010 |
| 1065 | 935 | SZENDAL Paulina | WARSZAWA | | POL MIESZKANCY_WAWA / | 80 | K30/128 | K / 292 | 00:32:12 | 06.26 | +0:17:50 | 0:15:01 / 1070 0:27:51 / 1034 |
| 1066 | 740 | ŻAK Piotr | WARSZAWA | | POL MIESZKANCY_WAWA / | 85 | M20/283 | M / 774 | 00:32:12 | 06.26 | +0:17:51 | 0:15:50 / 1271 0:28:57 / 1153 |
| 1067 | 1318 | MICHAŁKIEWICZ Rafał | SOCHACZEW | | POL INNE / DRAGON FIGHTCLUB | 83 | M20/284 | M / 775 | 00:32:13 | 06.26 | +0:17:52 | 0:14:50 / 1030 0:27:52 / 1037 |
| 1068 | 1397 | ZIĘBA Magdalena | WARSZAWA | | POL BANKI / | 75 | K30/129 | K / 293 | 00:32:14 | 06.26 | +0:17:52 | 0:14:41 / 975 0:27:43 / 1012 |
| 1069 | 279 | NOWORYTA Jacek | WARSZAWA | | POL | 42 | M70/2 | M / 776 | 00:32:14 | 06.26 | +0:17:53 | 0:14:36 / 949 0:27:42 / 1011 |
| 1070 | 847 | FIUK Edyta | WARSZAWA | | POL | 83 | K20/112 | K / 294 | 00:32:14 | 06.26 | +0:17:53 | 0:14:20 / 875 0:27:33 / 994 |
| 1071 | 3678 | ROZWADOWSKA Hanna | WARSZAWA | | POL | 57 | K50/5 | K / 295 | 00:32:14 | 06.26 | +0:17:53 | 0:14:32 / 936 0:27:23 / 981 |
| 1072 | 585 | WRÓBLEWSKA Joanna | WARSZAWA | | POL MIESZKANCY_WAWA / LASEK BIELAŃSKI TEAM | 55 | K50/6 | K / 296 | 00:32:16 | 06.27 | +0:17:55 | 0:14:52 / 1039 0:27:52 / 1038 |
| 1073 | 4294 | KIRAGA Mirosław | PIONKI | | POL | 56 | M50/47 | M / 777 | 00:32:18 | 06.27 | +0:17:56 | 0:14:42 / 981 0:27:51 / 1032 |
| 1074 | 2775 | KAWECKI Zygmunt | WARSZAWA | | POL INNE / EDUKACJA | 53 | M50/48 | M / 778 | 00:32:18 | 06.27 | +0:17:57 | 0:14:39 / 954 0:27:59 / 1053 |
| 1075 | 135 | FIRLAĞ Arkadiusz | PIASECZNO | | POL PKO / | 83 | M20/285 | M / 779 | 00:32:18 | 06.27 | +0:17:57 | 0:13:27 / 635 0:28:02 / 1066 0:43:32 / 89 |
| 1076 | 1089 | STAŃCZYK Krzysztof | WARSZAWA | | POL FIRMY_RODZINNE / | 55 | M50/49 | M / 780 | 00:32:21 | 06.28 | +0:17:59 | 0:15:38 / 1237 0:28:27 / 1104 |
| 1077 | 848 | RAJEWSKA Anna | WARSZAWA | | POL | 57 | K50/7 | K / 297 | 00:32:21 | 06.28 | +0:17:59 | 0:15:04 / 1084 0:27:55 / 1045 |
| 1078 | 4782 | SZCZEPANKIEWICZ Piotr | WARSZAWA | | POL MIESZKANCY_WAWA / | 84 | M20/286 | M / 781 | 00:32:21 | 06.28 | +0:18:00 | 0:15:12 / 1122 0:28:10 / 1078 |
| 1079 | 482 | ZIELIŃSKA Marysia | WARSZAWA | | POL INNE / ŻOLIBORZ BIEGA | 85 | K20/113 | K / 298 | 00:32:22 | 06.28 | +0:18:01 | 0:15:33 / 1213 0:28:24 / 1100 |
| 1080 | 958 | TADLA Tomasz | WARSZAWA | | POL MIESZKANCY_WAWA / | 83 | M20/287 | M / 782 | 00:32:22 | 06.28 | +0:18:00 | 0:15:30 / 1201 0:28:30 / 1108 |
| 1081 | 2664 | SOKOŁOWSKI Szymon | WARSZAWA | | POL | 79 | M30/284 | M / 783 | 00:32:22 | 06.28 | +0:18:01 | 0:14:41 / 971 0:27:54 / 1039 |
| 1082 | 261 | KOŁACZ Joanna | WARSZAWA | | POL | 88 | K20/114 | K / 299 | 00:32:22 | 06.28 | +0:18:01 | 0:15:35 / 1222 0:28:41 / 1130 |
| 1083 | 4636 | PRZYBYSIĄK Aneta | OSUCHÓW | | POL KB ACTIVESPORTS WARSZAWA | 76 | K30/130 | K / 300 | 00:32:23 | 06.28 | +0:18:01 | 0:15:02 / 1078 0:28:04 / 1070 |
| 1084 | 2032 | FIGIEL Jolanta | WARSZAWA | | POL | 79 | K30/131 | K / 301 | 00:32:23 | 06.28 | +0:18:02 | 0:15:23 / 1165 0:28:25 / 1102 |
| 1085 | 1033 | ZILLER Patrycja | | | POL BANKI / RBS | 82 | K30/132 | K / 302 | 00:32:24 | 06.28 | +0:18:03 | 0:15:15 / 1134 0:28:41 / 1131 |
| 1086 | 262 | SZYMAŃSKA Agata | WARSZAWA | | POL | 81 | K30/133 | K / 303 | 00:32:25 | 06.29 | +0:18:03 | 0:15:35 / 1221 0:28:42 / 1134 |
| 1087 | 3135 | KONTOWSKI Rafał | MICHAŁOWICE | | POL | 61 | M50/50 | M / 784 | 00:32:26 | 06.29 | +0:18:05 | 0:15:31 / 1207 0:28:30 / 1109 |
| 1088 | 1027 | PESZKO Anna | | | POL BANKI / RBS | 82 | K30/134 | K / 304 | 00:32:26 | 06.29 | +0:18:05 | 0:15:11 / 1119 0:28:12 / 1084 |
| 1089 | 744 | ADAMEK Bożena | WARSZAWA | | POL BANKI / | 81 | K30/135 | K / 305 | 00:32:27 | 06.29 | +0:18:06 | 0:15:36 / 1228 0:28:37 / 1124 |
| 1090 | 1966 | JURCZYŃSKI Paweł | GLIWICE | | POL | 83 | M20/288 | M / 785 | 00:32:27 | 06.29 | +0:18:05 | 0:15:13 / 1130 0:28:14 / 1087 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|------------------------|------------------|-----------|-------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 1091 | 1031 | KRAJEWSKA Magdalena | | POL | BANKI / RBS | 82 | K30/136 | K / 306 | 00:32:28 | 06.29 | +0:18:06 | 0:15:47 / 1262 0:28:49 / 1142 |
| 1092 | 699 | HAŁASIK Paweł | SOSNOWIEC | POL | | 88 | M20/289 | M / 786 | 00:32:28 | 06.29 | +0:18:06 | 0:14:39 / 956 0:28:06 / 1072 |
| 1093 | 2028 | LACHETA Jerzy | WARSZAWA | POL | | 61 | M50/51 | M / 787 | 00:32:28 | 06.29 | +0:18:06 | 0:15:06 / 1097 0:27:59 / 1055 |
| 1094 | 968 | DULKO Bożena | WARSZAWA | POL | TARCHOMIN | 74 | K30/137 | K / 307 | 00:32:28 | 06.29 | +0:18:06 | 0:14:51 / 1031 0:27:54 / 1040 |
| 1095 | 1404 | ARTYMOWSKI Stefan | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | M30/285 | M / 788 | 00:32:28 | 06.29 | +0:18:07 | 0:14:48 / 1017 0:28:07 / 1076 |
| 1096 | 3360 | LEŚNIAK Urszula | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | K30/138 | K / 308 | 00:32:30 | 06.30 | +0:18:08 | 0:15:25 / 1180 0:28:07 / 1075 |
| 1097 | 499 | BARSZCZEWSKI Rafał | WARSZAWA | POL | INNE / RUMAKI | 93 | M20/290 | M / 789 | 00:32:31 | 06.30 | +0:18:09 | 0:15:38 / 1239 0:28:41 / 1132 |
| 1098 | 638 | KOWALSKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 74 | M30/286 | M / 790 | 00:32:32 | 06.30 | +0:18:11 | 0:15:16 / 1140 0:28:39 / 1129 |
| 1099 | 3848 | KOBYLECKI Dariusz | TOMASZÓW | POL | | 71 | M40/111 | M / 791 | 00:32:33 | 06.30 | +0:18:12 | 0:14:58 / 1062 0:28:22 / 1096 |
| 1100 | 601 | TOMANEK Rafał | WARSZAWA | POL | | 83 | M20/291 | M / 792 | 00:32:34 | 06.30 | +0:18:12 | 0:14:50 / 1025 0:28:21 / 1094 |
| 1101 | 1303 | MAJEWSKI Grzegorz | GDAŃSK | POL | | 87 | M20/292 | M / 793 | 00:32:34 | 06.30 | +0:18:13 | 0:13:45 / 707 0:27:59 / 1054 |
| 1102 | 1302 | MOLĘDA Elżbieta | GDAŃSK | POL | | 85 | K20/115 | K / 309 | 00:32:35 | 06.31 | +0:18:14 | 0:13:45 / 706 0:28:02 / 1064 |
| 1103 | 999 | MIRECKI Tomasz | WARSZAWA | POL | | 71 | M40/112 | M / 794 | 00:32:36 | 06.31 | +0:18:14 | 0:13:49 / 725 0:27:47 / 1024 |
| 1104 | 312 | KEMPA Andrzej | OLSZTYN | POL | ADWOKACI / | | | M / 795 | 00:32:36 | 06.31 | +0:18:14 | 0:13:58 / 766 0:28:04 / 1069 |
| 1105 | 4966 | GRZESIK Witold | WARSZAWA | POL | | 61 | M50/52 | M / 796 | 00:32:36 | 06.31 | +0:18:15 | 0:14:47 / 1011 0:28:07 / 1077 |
| 1106 | 24 | LEWANDOWSKA Magdalena | | POL | MARATONY WARSZAWSKIE | | | K / 310 | 00:32:36 | 06.31 | +0:18:15 | 0:16:27 / 1397 0:29:18 / 1195 |
| 1107 | 624 | JEKIMOW Joanna | WARSZAWA | POL | | 77 | K30/139 | K / 311 | 00:32:37 | 06.31 | +0:18:15 | 0:14:46 / 1002 0:28:05 / 1071 |
| 1108 | 841 | WIEŚLAW Łukasz | WARSZAWA | POL | WETERAN L.A. | 41 | M70/3 | M / 797 | 00:32:37 | 06.31 | +0:18:16 | 0:14:51 / 1035 0:28:13 / 1085 |
| 1109 | 713 | KNYCHAS Dominik | WARSZAWA | POL | | 97 | M20/293 | M / 798 | 00:32:38 | 06.31 | +0:18:16 | 0:15:16 / 1138 0:28:50 / 1143 0:38:22 / 57 |
| 1110 | 1658 | LENARCZYK Bogusław | WARSZAWA | POL | | 59 | M50/53 | M / 799 | 00:32:38 | 06.31 | +0:18:17 | 0:15:07 / 1099 0:28:23 / 1098 |
| 1111 | 2678 | NADROWSKI Piotr | PIASECZNO | POL | KONDYCJA | 67 | M40/113 | M / 800 | 00:32:40 | 06.32 | +0:18:19 | 0:15:06 / 1093 0:28:20 / 1093 |
| 1112 | 2679 | NADROWSKA Joanna | PIASECZNO | POL | | 70 | K40/34 | K / 312 | 00:32:41 | 06.32 | +0:18:19 | 0:15:07 / 1100 0:28:20 / 1092 |
| 1113 | 955 | SZYMBORSKA Doda | WARSZAWA | POL | | 78 | K30/140 | K / 313 | 00:32:43 | 06.32 | +0:18:22 | 0:15:48 / 1265 0:29:04 / 1174 |
| 1114 | 1584 | SOBCZAK Maciej | WARSZAWA | POL | UNLEASHED | 73 | M30/287 | M / 801 | 00:32:44 | 06.32 | +0:18:23 | 0:16:16 / 1370 0:29:21 / 1200 |
| 1115 | 859 | MOLENDĄ Piotr | LUBLIN | POL | | 88 | M20/294 | M / 802 | 00:32:44 | 06.32 | +0:18:23 | 0:15:19 / 1153 0:28:32 / 1116 |
| 1116 | 1260 | GOWOREK Jarosław | WARSZAWA | POL | MIESZKANCY_WAWA / | 74 | M30/288 | M / 803 | 00:32:45 | 06.33 | +0:18:23 | 0:15:09 / 1110 0:28:24 / 1099 |
| 1117 | 663 | PĘDZICH Katarzyna | MIŃSK MAZ | POL | | 82 | K30/141 | K / 314 | 00:32:45 | 06.33 | +0:18:24 | 0:14:39 / 958 0:27:59 / 1051 |
| 1118 | 689 | BAUMANN Anna | WARSZAWA | POL | | 81 | K30/142 | K / 315 | 00:32:46 | 06.33 | +0:18:24 | 0:15:51 / 1274 0:29:09 / 1187 |
| 1119 | 2633 | KOWALEWSKA Martyna | PIASECZNO | POL | | 91 | K20/116 | K / 316 | 00:32:46 | 06.33 | +0:18:25 | 0:15:57 / 1302 0:29:04 / 1173 |
| 1120 | 3310 | TUCHARZ Grażyna | WARSZAWA | POL | | 65 | K40/35 | K / 317 | 00:32:48 | 06.33 | +0:18:26 | 0:15:22 / 1162 0:28:31 / 1114 0:38:40 / 58 |
| 1121 | 1053 | CUR Lidia | | POL | INNE / SPORTGAS PGNIGO | 79 | K30/143 | K / 318 | 00:32:48 | 06.33 | +0:18:27 | 0:15:04 / 1085 0:28:30 / 1111 |
| 1122 | 1340 | TRZECIAKOWSKA Iga | WARSZAWA | POL | | 91 | K20/117 | K / 319 | 00:32:48 | 06.33 | +0:18:27 | 0:16:14 / 1359 0:29:02 / 1165 |
| 1123 | 677 | GADOMSKI Robert | WARSZAWA | POL | | 72 | M40/114 | M / 804 | 00:32:49 | 06.33 | +0:18:27 | 0:15:14 / 1133 0:28:31 / 1113 |
| 1124 | 1631 | MĘKAL Janusz | WARSZAWA | POL | RAJS TEAM | 52 | M60/17 | M / 805 | 00:32:49 | 06.33 | +0:18:28 | 0:15:41 / 1245 0:28:44 / 1136 |
| 1125 | 471 | MIKOŁAJONEK | | POL | ADWOKACI / | | | M / 806 | 00:32:49 | 06.33 | +0:18:28 | 0:13:00 / 520 0:28:23 / 1097 |
| 1126 | 1573 | WIĘCKOWSKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 95 | M20/295 | M / 807 | 00:32:50 | 06.34 | +0:18:29 | 0:15:24 / 1176 0:28:57 / 1152 |
| 1127 | 4891 | WOŹNIAKOWSKA Anna | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | K30/144 | K / 320 | 00:32:50 | 06.34 | +0:18:28 | 0:15:26 / 1187 0:28:32 / 1117 |
| 1128 | 284 | TRZASKOŚ Liliana | | POL | ADWOKACI / | | | K / 321 | 00:32:52 | 06.34 | +0:18:31 | 0:14:55 / 1050 0:28:27 / 1105 |
| 1129 | 4707 | SIELICKA Zuzanna | WARSZAWA | POL | | 85 | K20/118 | K / 322 | 00:32:52 | 06.34 | +0:18:31 | 0:15:08 / 1106 0:28:56 / 1150 |
| 1130 | 520 | LEWANDOWSKA Małgorzata | PIASECZNO | POL | | 84 | K20/119 | K / 323 | 00:32:55 | 06.35 | +0:18:33 | 0:15:56 / 1295 0:29:02 / 1169 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | |
|-----------|--------|-----------------------|------------------|-----------|---------------------------------------|---------|--------------------|-------------|------------|----------|--------------|----------------|----------------|---------------|
| 1131 | 991 | PIĄTEK Zdzisław | WARSZAWA | POL | | 53 | M50/54 | M / 808 | 00:32:55 | 06.35 | +0:18:34 | 0:15:04 / 1087 | 0:28:36 / 1123 | |
| 1132 | 1151 | KRASOWICZ Lidia | WARSZAWA | POL | | 81 | K30/145 | K / 324 | 00:32:56 | 06.35 | +0:18:35 | 0:15:04 / 1082 | 0:28:30 / 1110 | |
| 1133 | 606 | BOCZKOWSKI Marek | WARSZAWA | POL | INNE / RKS HUWDU | 88 | M20/296 | M / 809 | 00:32:57 | 06.35 | +0:18:35 | 0:15:26 / 1182 | 0:28:42 / 1133 | |
| 1134 | 828 | KOSSON Danuta | WARSZAWA | POL | INNE / STOWAŻYSZENIE OSÓB NIEWIDOMYCH | 50 | K60/2 | K / 325 | 00:32:57 | 06.35 | +0:18:36 | 0:15:37 / 1234 | 0:28:51 / 1144 | 0:39:51 / 70 |
| I SŁABOWI | | | | | | | | | | | | | | |
| 1135 | 1122 | SZYSZKOWSKA Agnieszka | WARSZAWA | POL | | 90 | K20/120 | K / 326 | 00:32:57 | 06.35 | +0:18:36 | 0:15:54 / 1286 | 0:29:12 / 1188 | |
| 1136 | 3434 | KULMA Magdalena | GDAŃSK | POL | | 80 | K30/146 | K / 327 | 00:32:59 | 06.35 | +0:18:37 | 0:15:50 / 1272 | 0:29:00 / 1160 | |
| 1137 | 4327 | KORNET Mateusz | WARSZAWA | POL | BANKI / DB MARATHON TEAM | 80 | M30/289 | M / 810 | 00:32:59 | 06.35 | +0:18:37 | 0:15:52 / 1281 | 0:29:03 / 1170 | |
| 1138 | 1434 | LIPIŃSKA Barbara | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | K30/147 | K / 328 | 00:32:59 | 06.35 | +0:18:38 | 0:15:12 / 1123 | 0:28:33 / 1119 | 0:43:37 / 92 |
| 1139 | 2016 | SZYMKOWIAK Karol | WIELISZEW | POL | | 86 | M20/297 | M / 811 | 00:32:59 | 06.35 | +0:18:38 | 0:15:59 / 1309 | 0:29:29 / 1216 | |
| 1140 | 1518 | ŁOSIK Dagna | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | K30/148 | K / 329 | 00:33:00 | 06.36 | +0:18:38 | 0:15:36 / 1227 | 0:28:49 / 1141 | |
| 1141 | 1312 | CHODOROWSKA Maja | WARSZAWA | POL | | 80 | K30/149 | K / 330 | 00:33:00 | 06.36 | +0:18:39 | 0:15:52 / 1278 | 0:29:03 / 1171 | |
| 1142 | 4706 | SIELECKI Michał | KOMOROWO | POL | | 77 | M30/290 | M / 812 | 00:33:00 | 06.36 | +0:18:39 | 0:15:57 / 1298 | 0:28:58 / 1155 | |
| 1143 | 1786 | CIESIELSKA Monika | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | K20/121 | K / 331 | 00:33:01 | 06.36 | +0:18:39 | 0:15:39 / 1241 | 0:28:44 / 1137 | |
| 1144 | 2394 | SZNAJDER Beata | BROCHÓW | POL | | 81 | K30/150 | K / 332 | 00:33:02 | 06.36 | +0:18:40 | 0:14:46 / 1004 | 0:28:36 / 1122 | |
| 1145 | 529 | SĄTOWICZ Katarzyna | ZĄBKI | POL | | 90 | K20/122 | K / 333 | 00:33:02 | 06.36 | +0:18:40 | 0:15:10 / 1113 | 0:28:36 / 1121 | |
| 1146 | 4705 | SIELECKA Agnieszka | KOMOROWO | POL | | 82 | K30/151 | K / 334 | 00:33:03 | 06.36 | +0:18:41 | 0:15:59 / 1307 | 0:29:01 / 1164 | |
| 1147 | 1118 | OKULSKA Joanna | NIEPORĘT | POL | | 69 | K40/36 | K / 335 | 00:33:03 | 06.36 | +0:18:41 | 0:14:55 / 1051 | 0:28:32 / 1118 | |
| 1148 | 4253 | GROSZEK Anita | WARSZAWA | POL | | 75 | K30/152 | K / 336 | 00:33:03 | 06.36 | +0:18:41 | 0:15:35 / 1219 | 0:28:48 / 1139 | |
| 1149 | 4254 | GAWRYCHOWSKI Mariusz | WARSZAWA | POL | | 80 | M30/291 | M / 813 | 00:33:04 | 06.36 | +0:18:42 | 0:15:35 / 1220 | 0:28:47 / 1138 | |
| 1150 | 3104 | NIEŚCIORUK Ula | ŁOMIAŃKI | POL | INNE / WARM RT | 90 | K20/123 | K / 337 | 00:33:04 | 06.36 | +0:18:42 | 0:15:29 / 1196 | 0:29:17 / 1193 | |
| 1151 | 1670 | AFTAŃSKI Przemysław | ŁOCHOCIN | POL | INNE / EXPERTS GROUP ŁOCHOCIN | 74 | M30/292 | M / 814 | 00:33:05 | 06.37 | +0:18:44 | 0:15:39 / 1240 | 0:28:31 / 1112 | |
| 1152 | 1669 | AFTAŃSKA Iwona | ŁOCHOCIN | POL | INNE / EXPERTS GROUP ŁOCHOCIN | 72 | K40/37 | K / 338 | 00:33:06 | 06.37 | +0:18:45 | 0:15:40 / 1243 | 0:28:33 / 1120 | |
| 1153 | 1569 | SZCZUCKI Piotr | WARSZAWA | POL | | 82 | M30/293 | M / 815 | 00:33:07 | 06.37 | +0:18:46 | 0:15:50 / 1269 | 0:29:08 / 1186 | |
| 1154 | 1577 | STAWICKA Jadwiga | KONSTANCIN-JEZ | POL | PARK ZDROJOWY KONSTANCIN | 52 | K60/3 | K / 339 | 00:33:07 | 06.37 | +0:18:45 | 0:15:18 / 1148 | 0:28:48 / 1140 | |
| 1155 | 4713 | SKOLIMOWSKI Konrad | PLATERÓW | POL | | 96 | M20/298 | M / 816 | 00:33:09 | 06.37 | +0:18:48 | 0:10:35 / 150 | 0:19:40 / 143 | 0:22:35 / 4 |
| 1156 | 1529 | MACKIEWICZ Andrzej | WARSZAWA | POL | | 49 | M60/18 | M / 817 | 00:33:09 | 06.37 | +0:18:47 | 0:14:31 / 929 | 0:29:00 / 1159 | |
| 1157 | 950 | KOSIARSKI Daniel | WARSZAWA | POL | | 74 | M30/294 | M / 818 | 00:33:11 | 06.38 | +0:18:49 | 0:15:37 / 1233 | 0:29:06 / 1181 | |
| 1158 | 595 | SELWET Urszula | WARSZAWA | POL | MIESZKANCY_WAWA / | 55 | K50/8 | K / 340 | 00:33:12 | 06.38 | +0:18:51 | 0:15:48 / 1264 | 0:29:05 / 1179 | 0:47:56 / 122 |
| 1159 | 2614 | KRUŚLIŃSKA Karolina | RASZYN | POL | KS RASZYN | 89 | K20/124 | K / 341 | 00:33:12 | 06.38 | +0:18:51 | 0:15:54 / 1287 | 0:29:20 / 1198 | |
| 1160 | 196 | ANCYGIER Kamil | KRAŚNIK | POL | KONKURS PKO | 84 | M20/299 | M / 819 | 00:33:13 | 06.38 | +0:18:51 | 0:14:26 / 907 | 0:28:59 / 1157 | |
| 1161 | 584 | ELŻBIETA Lubańska | WARSZAWA | POL | | 73 | K30/153 | K / 342 | 00:33:13 | 06.38 | +0:18:52 | 0:15:30 / 1203 | 0:28:59 / 1156 | |
| 1162 | 1123 | KOZŁOWSKA Karolina | KATOWICE | POL | INNE / HENDŽUSEK TEAM | 90 | K20/125 | K / 343 | 00:33:14 | 06.38 | +0:18:52 | 0:14:41 / 976 | 0:28:32 / 1115 | |
| 1163 | 4435 | MAJ Agnieszka | TARNOBRZEG | POL | | 70 | K40/38 | K / 344 | 00:33:14 | 06.38 | +0:18:53 | 0:15:43 / 1252 | 0:29:21 / 1201 | |
| 1164 | 1567 | DRÓZD Robert | WARSZAWA - | POL | MIESZKANCY_WAWA / | 79 | M30/295 | M / 820 | 00:33:14 | 06.38 | +0:18:52 | 0:15:30 / 1202 | 0:29:06 / 1182 | |
| 1165 | 2794 | WÓJCIK Magdalena | WARSZAWA | POL | FIRMY_RODZINNE / ANEL A.E.FIEJKA | 87 | K20/126 | K / 345 | 00:33:14 | 06.38 | +0:18:53 | 0:14:28 / 916 | 0:29:02 / 1167 | |
| 1166 | 1139 | KNAP Ewa | | POL | INNE | | | K / 346 | 00:33:15 | 06.39 | +0:18:54 | 0:14:35 / 945 | 0:28:37 / 1125 | |
| 1167 | 2094 | MULARCZYK Agnieszka | RASZYN | POL | KS RASZYN | 79 | K30/154 | K / 347 | 00:33:15 | 06.39 | +0:18:54 | 0:15:52 / 1275 | 0:29:19 / 1197 | |
| 1168 | 1874 | GAWLIKOWSKI Wojciech | WARSZAWA | POL | MIESZKANCY_WAWA / | 47 | M60/19 | M / 821 | 00:33:16 | 06.39 | +0:18:54 | 0:14:51 / 1036 | 0:28:38 / 1126 | |
| 1169 | 118 | GLUCH Krzysztof | WOŁOMIN | POL | PKO / | 78 | M30/296 | M / 822 | 00:33:17 | 06.39 | +0:18:55 | 0:14:57 / 1060 | 0:28:24 / 1101 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|-----------|--------|-----------------------|------------------|-----------|-----------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 1170 | 1258 | SUCHEŃSKI Janusz | OLEŚNICA | POL | | 44 | M60/20 | M / 823 | 00:33:17 | 06.39 | +0:18:56 | 0:15:23 / 1170 0:28:38 / 1127 |
| 1171 | 1364 | RZYSKO Tomasz | PIASECZNO | POL | | 68 | M40/115 | M / 824 | 00:33:18 | 06.39 | +0:18:56 | 0:14:19 / 868 0:28:30 / 1106 |
| 1172 | 670 | SZYMAŃSKI Jakub | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | M20/300 | M / 825 | 00:33:18 | 06.39 | +0:18:57 | 0:14:53 / 1042 0:29:05 / 1178 |
| 1173 | 4872 | WILK Agnieszka | TARNOBRZEG | POL | | 73 | K30/155 | K / 348 | 00:33:20 | 06.40 | +0:18:58 | 0:15:44 / 1254 0:29:23 / 1203 |
| 1174 | 712 | OTTO Zdzisława | WARSZAWA | POL | HARLEY DAVIDSON | 47 | K60/4 | K / 349 | 00:33:21 | 06.40 | +0:19:00 | 0:15:52 / 1280 0:29:02 / 1166 |
| 1175 | 1568 | BIALORUCKA Magdalena | WARSZAWA | POL | | 87 | K20/127 | K / 350 | 00:33:22 | 06.40 | +0:19:00 | 0:14:25 / 903 0:28:56 / 1151 |
| 1176 | 334 | ZAJĄCZKOWSKA Joanna | POZNAŃ | POL | ADWOKACI / | | | K / 351 | 00:33:22 | 06.40 | +0:19:01 | 0:18:11 / 1597 0:30:01 / 1263 |
| 1177 | 1014 | ROZYCKA Marlena | | POL | BANKI / RBS | 82 | K30/156 | K / 352 | 00:33:22 | 06.40 | +0:19:01 | 0:15:55 / 1293 0:29:08 / 1185 |
| 1178 | 1431 | NOWAKOWSKI Marcin | DĄBROWA | POL | | 79 | M30/297 | M / 826 | 00:33:23 | 06.40 | +0:19:02 | 0:15:37 / 1236 0:29:05 / 1177 |
| 1179 | 2027 | SZYMAŃSKI Antoni | ŁAZY | POL | | 48 | M60/21 | M / 827 | 00:33:24 | 06.40 | +0:19:02 | 0:15:19 / 1151 0:28:51 / 1145 |
| 1180 | 1664 | BIELAWSKA-PIETRUK | KOMORÓW | POL | MIESZKANCY_WAWA / | 69 | K40/39 | K / 353 | 00:33:25 | 06.41 | +0:19:03 | 0:15:59 / 1308 0:29:30 / 1218 |
| Katarzyna | | | | | | | | | | | | |
| 1181 | 2555 | LEŚ Julita | WARSZAWA | POL | | 86 | K20/128 | K / 354 | 00:33:28 | 06.41 | +0:19:07 | 0:15:12 / 1127 0:28:54 / 1148 |
| 1182 | 4922 | ZWIERSZCHOWSKI Michal | PRUSZKÓW | POL | | 81 | M30/298 | M / 828 | 00:33:31 | 06.42 | +0:19:09 | 0:14:43 / 985 0:29:00 / 1161 |
| 1183 | 1094 | WASILEWSKI Dariusz | W-WA | POL | | 96 | M20/301 | M / 829 | 00:33:32 | 06.42 | +0:19:10 | 0:16:19 / 1376 0:29:50 / 1242 0:42:15 / 83 |
| 1184 | 4921 | ZWIERSZCHOWSKA Dorota | PRUSZKÓW | POL | | 83 | K20/129 | K / 355 | 00:33:32 | 06.42 | +0:19:10 | 0:14:43 / 984 0:29:01 / 1163 |
| 1185 | 3730 | SZAJEWSKA Ewelina | WARSZAWA | POL | 12TRI.PL | 80 | K30/157 | K / 356 | 00:33:34 | 06.42 | +0:19:12 | 0:15:46 / 1260 0:29:17 / 1192 |
| 1186 | 323 | POKLUDA Kinga | KRAKÓW | POL | ADWOKACI / | | | K / 357 | 00:33:34 | 06.42 | +0:19:13 | 0:15:33 / 1214 0:28:52 / 1147 |
| 1187 | 89 | KACPRZAK Aleksandra | | POL | PUMA | 75 | K30/158 | K / 358 | 00:33:35 | 06.43 | +0:19:13 | 0:14:23 / 887 0:29:03 / 1172 |
| 1188 | 1562 | KIECOL Aleksandra | GDYNIA | POL | ADWOKACI / | 86 | K20/130 | K / 359 | 00:33:35 | 06.43 | +0:19:14 | 0:16:04 / 1323 0:29:33 / 1223 |
| 1189 | 921 | NOWAK Anna | WARSZAWA | POL | | 67 | K40/40 | K / 360 | 00:33:35 | 06.43 | +0:19:14 | 0:15:57 / 1299 0:29:28 / 1214 |
| 1190 | 1593 | SZERSZENIEWSKI Maciek | WARSZAWA | POL | | 75 | M30/299 | M / 830 | 00:33:36 | 06.43 | +0:19:14 | 0:15:36 / 1231 0:29:24 / 1206 |
| 1191 | 1134 | STRUG Paweł | WARSZAWA | POL | STRUGI TEAM | 76 | M30/300 | M / 831 | 00:33:36 | 06.43 | +0:19:14 | 0:16:02 / 1314 0:29:36 / 1228 |
| 1192 | 963 | BYCZUK Tomasz | TŁUSZCZ | POL | INNE / BÓBR TŁUSZCZ | 68 | M40/116 | M / 832 | 00:33:36 | 06.43 | +0:19:15 | 0:15:50 / 1273 0:29:16 / 1190 |
| 1193 | 920 | NOWAK Aleksandra | WARSZAWA | POL | | 00 | K20/131 | K / 361 | 00:33:36 | 06.43 | +0:19:15 | 0:15:58 / 1305 0:29:30 / 1217 |
| 1194 | 962 | BYCZUK Anna | TŁUSZCZ | POL | INNE / BÓBR TŁUSZCZ | 69 | K40/41 | K / 362 | 00:33:36 | 06.43 | +0:19:15 | 0:15:50 / 1270 0:29:16 / 1191 |
| 1195 | 4271 | KONDEK Agnieszka | WARSZAWA | POL | | 81 | K30/159 | K / 363 | 00:33:36 | 06.43 | +0:19:15 | 0:15:23 / 1172 0:29:18 / 1194 |
| 1196 | 1595 | NOWAKOWSKI Maciej | WARSZAWA | POL | MIESZKANCY_WAWA / | 72 | M40/117 | M / 833 | 00:33:37 | 06.43 | +0:19:16 | 0:13:37 / 672 0:29:26 / 1208 |
| 1197 | 1594 | SZERSZENIEWSKA Aneta | WARSZAWA | POL | INNE / | 74 | K30/160 | K / 364 | 00:33:38 | 06.43 | +0:19:16 | 0:15:38 / 1238 0:29:27 / 1212 |
| 1198 | 324 | POCIECHA Łukasz | KRAKÓW | POL | ADWOKACI / | | | M / 834 | 00:33:38 | 06.43 | +0:19:16 | 0:15:36 / 1230 0:28:55 / 1149 |
| 1199 | 762 | PIWKO Anna | W-WA | POL | AGORA | 78 | K30/161 | K / 365 | 00:33:40 | 06.44 | +0:19:18 | 0:15:16 / 1141 0:28:57 / 1154 |
| 1200 | 907 | CZARNECKA Elżbieta | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | K30/162 | K / 366 | 00:33:41 | 06.44 | +0:19:19 | 0:14:28 / 915 0:28:39 / 1128 |
| 1201 | 4792 | SZOPIŃSKI Tomasz | WARSZAWA | POL | | 86 | M20/302 | M / 835 | 00:33:41 | 06.44 | +0:19:20 | 0:16:09 / 1344 0:30:23 / 1295 |
| 1202 | 1565 | PARYS Aleksandra | WARSZAWA | POL | | 76 | K30/163 | K / 367 | 00:33:41 | 06.44 | +0:19:20 | 0:14:50 / 1022 0:28:52 / 1146 |
| 1203 | 752 | JEZIÓŁKOWSKA Renata | | POL | TELEEXPRES | 86 | K20/132 | K / 368 | 00:33:41 | 06.44 | +0:19:20 | 0:15:23 / 1174 0:29:27 / 1209 |
| 1204 | 751 | WOLIŃSKA Urszula | | POL | TELEEXPRES | 87 | K20/133 | K / 369 | 00:33:42 | 06.44 | +0:19:21 | 0:15:23 / 1166 0:29:30 / 1219 |
| 1205 | 3898 | WICHROWSKI Bartosz | WARSZAWA | POL | MIESZKANCY_WAWA / TARCHOMIN | 87 | M20/303 | M / 836 | 00:33:43 | 06.44 | +0:19:21 | 0:14:53 / 1044 0:29:23 / 1205 |
| 1206 | 1171 | SŁAWIŃSKI Michal | WARSZAWA | POL | MIESZKANCY_WAWA / | 90 | M20/304 | M / 837 | 00:33:45 | 06.45 | +0:19:24 | 0:16:38 / 1434 0:30:11 / 1278 |
| 1207 | 1667 | ADAMKIEWICZ Michal | SOCHACZEW | POL | KM AKTYWNI SOCHACZEW | 95 | M20/305 | M / 838 | 00:33:46 | 06.45 | +0:19:24 | 0:14:45 / 996 0:29:35 / 1226 |
| 1208 | 1433 | PAWŁOWSKA Magdalena | WARSZAWA | POL | BANKI / KS MINX | 83 | K20/134 | K / 370 | 00:33:46 | 06.45 | +0:19:24 | 0:15:35 / 1224 0:29:14 / 1189 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|--------------------------------|------------------|-----------|-------------------------|---------|--------------------|-------------|------------|----------|--------------|--|
| 1209 | 1877 | GAŚSIOR Michał | WARSZAWA | | POL MIESZKANCY_WAWA / | 85 | M20/306 | M / 839 | 00:33:46 | 06.45 | +0:19:25 | 0:15:01 / 1073 0:29:06 / 1183 |
| 1210 | 4401 | LEVKOVA Oлександра | LWOW | | POL INNE / OBCY TURYSTY | 79 | K30/164 | K / 371 | 00:33:46 | 06.45 | +0:19:25 | 0:14:32 / 934 0:29:04 / 1176 |
| 1211 | 4491 | MICHNIEWICZ Tadeusz | KNURÓW | | POL INNE / NIEZRZESZONY | 59 | M50/55 | M / 840 | 00:33:47 | 06.45 | +0:19:25 | 0:15:55 / 1291 0:29:39 / 1233 |
| 1212 | 1522 | GROCHOLSKI Sebastian | PIASECZNO | | POL PKO / | 86 | M20/307 | M / 841 | 00:33:47 | 06.45 | +0:19:26 | 0:14:44 / 991 0:29:50 / 1243 |
| 1213 | 162 | GROCHOLSKA Monika | PIASECZNO | | POL PKO / | 86 | K20/135 | K / 372 | 00:33:49 | 06.45 | +0:19:28 | 0:14:44 / 990 0:29:52 / 1247 |
| 1214 | 1367 | GULCZYŃSKA Maria | WARSZAWA | | POL | 84 | K20/136 | K / 373 | 00:33:50 | 06.46 | +0:19:28 | 0:15:35 / 1223 0:29:25 / 1207 |
| 1215 | 138 | FRELISZEK Piotr | WARSZAWA | | POL PKO / | 83 | M20/308 | M / 842 | 00:33:50 | 06.46 | +0:19:28 | 0:15:00 / 1068 0:29:32 / 1222 |
| 1216 | 1647 | TABIN Mateusz | WIĄZOWNICA | | POL | 84 | M20/309 | M / 843 | 00:33:50 | 06.46 | +0:19:29 | 0:16:15 / 1365 0:30:59 / 1353 |
| 1217 | 357 | GŁOGOWSKI Piotr | WARSZAWA | | POL ADWOKACI / | | | M / 844 | 00:33:52 | 06.46 | +0:19:30 | 0:15:04 / 1088 0:29:27 / 1211 |
| 1218 | 4763 | STĘPIEŃ Arkadiusz | PORAJ | | POL | 75 | M30/301 | M / 845 | 00:33:53 | 06.46 | +0:19:31 | 0:15:35 / 1226 0:29:28 / 1213 |
| 1219 | 570 | GOCH Mirosława | PIASECZNO | | POL | 64 | K40/42 | K / 374 | 00:33:54 | 06.46 | +0:19:33 | 0:15:48 / 1266 0:29:23 / 1204 |
| 1220 | 1606 | BOLIKOWSKA Agnieszka | WARSZAWA | | POL | 78 | K30/165 | K / 375 | 00:33:54 | 06.46 | +0:19:33 | 0:15:28 / 1192 0:29:35 / 1227 |
| 1221 | 1802 | CZERNIAWSKA Marta | WARSZAWA | | POL MIESZKANCY_WAWA / | 89 | K20/137 | K / 376 | 00:33:54 | 06.46 | +0:19:33 | 0:15:30 / 1204 0:29:34 / 1225 |
| 1222 | 1106 | DEMIANOWICZ Aneta | WARSZAWA | | POL MIESZKANCY_WAWA / | 79 | K30/166 | K / 377 | 00:33:54 | 06.46 | +0:19:32 | 0:14:58 / 1063 0:29:04 / 1175 0:48:31 / 127 0:58:23 / 15 |
| 1223 | 1361 | MELLER Anna | WARSZAWA | | POL INNE / ACCELERATE | 84 | K20/138 | K / 378 | 00:33:55 | 06.47 | +0:19:33 | 0:15:23 / 1167 0:29:01 / 1162 |
| 1224 | 1499 | KASPERSKI Wojciech | WARSZAWA | | POL | 49 | M60/22 | M / 846 | 00:33:56 | 06.47 | +0:19:34 | 0:14:56 / 1058 0:29:18 / 1196 |
| 1225 | 4295 | KIRAGA Anna | WARSZAWA | | POL | 80 | K30/167 | K / 379 | 00:33:57 | 06.47 | +0:19:36 | 0:13:50 / 731 0:29:02 / 1168 |
| 1226 | 1314 | MIKOŁAJCZYK Piotr | WARSZAWA | | POL | 79 | M30/302 | M / 847 | 00:33:59 | 06.47 | +0:19:37 | 0:15:56 / 1296 0:29:38 / 1232 |
| 1227 | 1663 | KRASNODĘBSKA-WNOROW SKA Dorota | WARSZAWA | | POL | 74 | K30/168 | K / 380 | 00:33:59 | 06.47 | +0:19:38 | 0:15:59 / 1310 0:29:37 / 1230 |
| 1228 | 3918 | STOLARCZYK Sylwia | TRZEBINIA | | POL | 87 | K20/139 | K / 381 | 00:34:01 | 06.48 | +0:19:39 | 0:16:07 / 1336 0:29:54 / 1250 |
| 1229 | 1150 | PIERŚCIENIAK Wojciech | WARSZAWA | | POL | 56 | M50/56 | M / 848 | 00:34:01 | 06.48 | +0:19:40 | 0:14:25 / 902 0:28:43 / 1135 |
| 1230 | 2237 | BOGUSZ Sebastian | WARSZAWA | | POL | 86 | M20/310 | M / 849 | 00:34:01 | 06.48 | +0:19:40 | 0:16:12 / 1356 0:30:02 / 1266 |
| 1231 | 3116 | TRAWIŃSKI Michał | | | POL MOKOTÓW | | | M / 850 | 00:34:02 | 06.48 | +0:19:40 | 0:19:29 / 1655 0:30:31 / 1308 |
| 1232 | 1392 | KRAWCZYK Anna | WARSZAWA | | POL INNE / ACCELERATE | 84 | K20/140 | K / 382 | 00:34:03 | 06.48 | +0:19:41 | 0:14:40 / 964 0:29:07 / 1184 |
| 1233 | 2616 | SKOCZEK Marek | SUŁKOWICE | | POL | 60 | M50/57 | M / 851 | 00:34:04 | 06.48 | +0:19:42 | 0:14:06 / 804 0:29:34 / 1224 |
| 1234 | 442 | ŚWIERCZYŃSKA Ewelina | KIELCE | | POL ADWOKACI / | | | K / 383 | 00:34:06 | 06.49 | +0:19:45 | 0:15:16 / 1139 0:29:40 / 1234 |
| 1235 | 898 | POLEWIAK Lidia | WARSZAWA | | POL INNE / ACCELERATE | 79 | K30/169 | K / 384 | 00:34:08 | 06.49 | +0:19:46 | 0:16:50 / 1458 0:29:58 / 1261 |
| 1236 | 1343 | GLINKA Rafał | WARSZAWA | | POL | 81 | M30/303 | M / 852 | 00:34:09 | 06.49 | +0:19:47 | 0:15:26 / 1183 0:29:20 / 1199 |
| 1237 | 1341 | GLINKA Emilia | ELK | | POL | 84 | K20/141 | K / 385 | 00:34:09 | 06.49 | +0:19:47 | 0:15:26 / 1184 0:29:22 / 1202 |
| 1238 | 1998 | KAZOŃ Krzysztof | WARSZAWA | | POL MIESZKANCY_WAWA / | 78 | M30/304 | M / 853 | 00:34:11 | 06.50 | +0:19:49 | 0:13:49 / 726 0:29:31 / 1220 |
| 1239 | 850 | ZIELINSKI Robert | WARSZAWA | | POL MIESZKANCY_WAWA / | 80 | M30/305 | M / 854 | 00:34:11 | 06.50 | +0:19:50 | 0:16:03 / 1319 0:29:55 / 1256 |
| 1240 | 1501 | OLCHA Klaudia | WARSZAWA | | POL | 90 | K20/142 | K / 386 | 00:34:11 | 06.50 | +0:19:50 | 0:16:08 / 1337 0:29:54 / 1251 |
| 1241 | 1149 | GRZESZCZAK Henryk | WARSZAWA | | POL | 50 | M60/23 | M / 855 | 00:34:12 | 06.50 | +0:19:51 | 0:14:40 / 966 0:29:06 / 1180 |
| 1242 | 525 | WILCZYŃSKA-ZGODA Aleksandra | LUBLIN | | POL | 82 | K30/170 | K / 387 | 00:34:12 | 06.50 | +0:19:51 | 0:16:03 / 1318 0:29:55 / 1258 |
| 1243 | 1597 | PARUZEL Janusz | WARSZAWA | | POL MIESZKANCY_WAWA / | 75 | M30/306 | M / 856 | 00:34:12 | 06.50 | +0:19:51 | 0:17:07 / 1496 0:30:25 / 1302 |
| 1244 | 302 | ZIĘBA Jerzy | KIELCE | | POL ADWOKACI / | | | M / 857 | 00:34:13 | 06.50 | +0:19:51 | 0:14:55 / 1054 0:30:05 / 1273 |
| 1245 | 1320 | POPEK-BERNAT Katarzyna | WARSZAWA | | POL MIESZKANCY_WAWA / | 85 | K20/143 | K / 388 | 00:34:14 | 06.50 | +0:19:53 | 0:16:03 / 1320 0:29:54 / 1255 |
| 1246 | 714 | BARANOWSKA Ewa | JÓZEFOSŁAW | | POL INNE / | 75 | K30/171 | K / 389 | 00:34:14 | 06.50 | +0:19:53 | 0:16:04 / 1321 0:30:01 / 1264 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|-----------------------------|------------------|-----------|---|---------|--------------------|-------------|------------|----------|----------------|----------------|--|
| 1247 | 1498 | ZAKRZEWSKA Joanna | WARSZAWA | POL | | 90 | K20/144 | 00:34:16 | 06.51 | +0:19:54 | 0:16:12 / 1354 | 0:29:57 / 1260 | |
| 1248 | 1270 | TROC Jakub | WARSZAWA | POL | INNE / ZMORY | 00 | M20/311 | 00:34:16 | 06.51 | +0:19:54 | 0:16:31 / 1417 | 0:30:29 / 1306 | |
| 1249 | 4338 | KOTARSKI Sławomir | ŁOWICZ | POL | MIESZKANCY_WAWA / | 58 | M50/58 | 00:34:18 | 06.51 | +0:19:57 | 0:16:10 / 1349 | 0:29:38 / 1231 | |
| 1250 | 97 | SZCZERBA Joanna | WARSZAWA | POL | INNE / AZS | 90 | K20/145 | 00:34:20 | 06.52 | +0:19:58 | 0:15:02 / 1076 | 0:30:05 / 1274 | |
| 1251 | 1061 | CEGIELSKI Maciej | ŚWIEKATOWO | POL | INNE / NIEZRZESZONY | 75 | M30/307 | 00:34:20 | 06.52 | +0:19:58 | 0:15:53 / 1282 | 0:29:49 / 1240 | |
| 1252 | 4159 | HARASZCZUK Dominika | SIEDLCE | POL | | 89 | K20/146 | 00:34:21 | 06.52 | +0:20:00 | 0:14:47 / 1008 | 0:29:46 / 1237 | |
| 1253 | 144 | PIEKARSKI Marcin | NOWY DWÓR | POL | PKO / | 83 | M20/312 | 00:34:22 | 06.52 | +0:20:00 | 0:15:44 / 1256 | 0:30:14 / 1279 | |
| 1254 | 1081 | JARMUŁA Magdalena | WARSZAWA | POL | INNE / KLASYFIKACJA DOKTORÓW NAUK HOMANISTYCZNY | 66 | K40/43 | 00:34:22 | 06.52 | +0:20:01 | 0:14:42 / 982 | 0:29:27 / 1210 | |
| 1255 | 728 | PAC Tomasz | WARSZAWA | POL | | 84 | M20/313 | 00:34:23 | 06.52 | +0:20:01 | 0:14:50 / 1024 | 0:29:53 / 1249 | |
| 1256 | 133 | SYCAN Krzysztof | WARSZAWA | POL | PKO / | 72 | M40/118 | 00:34:23 | 06.52 | +0:20:02 | 0:16:23 / 1385 | 0:30:53 / 1344 | |
| 1257 | 4971 | GÓRAK Robert | CHORZÓW | POL | | 67 | M40/119 | 00:34:24 | 06.52 | +0:20:02 | 0:15:41 / 1246 | 0:29:40 / 1235 | 0:35:53 / 39 0:53:07 / 13 1:07:46 / 25 |
| 1258 | 696 | MADEJ Katarzyna | OPOCZNO | POL | | 81 | K30/172 | 00:34:25 | 06.53 | +0:20:03 | 0:15:47 / 1263 | 0:30:10 / 1277 | |
| 1259 | 1163 | SYSIK Magdalena | WARSZAWA | POL | | 83 | K20/147 | 00:34:26 | 06.53 | +0:20:04 | 0:16:13 / 1357 | 0:29:52 / 1246 | |
| 1260 | 1103 | WIELGOCKA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | K30/173 | 00:34:27 | 06.53 | +0:20:05 | 0:15:11 / 1118 | 0:29:48 / 1239 | |
| 1261 | 4388 | KWIATKOWSKI Roman | BYDGOSZCZ | POL | TAXI BYDGOSZCZ. | 59 | M50/59 | 00:34:27 | 06.53 | +0:20:05 | 0:15:14 / 1132 | 0:29:55 / 1257 | |
| 1262 | 918 | OBLACIŃSKI Marek | WARSZAWA | POL | | 53 | M50/60 | 00:34:27 | 06.53 | +0:20:06 | 0:15:18 / 1147 | 0:29:36 / 1229 | |
| 1263 | 1344 | BOCHENEK Artur | WARSZAWA | POL | | 81 | M30/308 | 00:34:29 | 06.53 | +0:20:07 | 0:16:16 / 1366 | 0:30:03 / 1267 | |
| 1264 | 895 | NIEMIEC Adam | SOCHACZEW | POL | INNE / KM AKTYWNI SOCHACZEW | 57 | M50/61 | 00:34:30 | 06.54 | +0:20:08 | 0:16:20 / 1381 | 0:29:51 / 1244 | |
| 1265 | 325 | NIEWCZYK Tytus | POZNAŃ | POL | ADWOKACI / | | M / 869 | 00:34:30 | 06.54 | +0:20:08 | 0:15:00 / 1069 | 0:30:20 / 1288 | |
| 1266 | 3820 | SERJANT Serguei | WARSZAWA | POL | INNE / ACCELERATE | 82 | M30/309 | 00:34:30 | 06.54 | +0:20:09 | 0:14:57 / 1061 | 0:30:02 / 1265 | |
| 1267 | 1545 | JESIONKIEWICZ-BRANAS Monika | WARSZAWA | POL | | 84 | K20/148 | 00:34:30 | 06.54 | +0:20:09 | 0:16:36 / 1430 | 0:30:47 / 1333 | 0:40:46 / 77 |
| 1268 | 896 | PARADOWSKI Roman | SOCHACZEW | POL | INNE / KM AKTYWNI SOCHACZEW | 50 | M60/24 | 00:34:30 | 06.54 | +0:20:09 | 0:16:20 / 1378 | 0:29:54 / 1254 | |
| 1269 | 1612 | BRZÓSKA Joanna | WARSZAWA | POL | INNE / STUDENTÓW | 91 | K20/149 | 00:34:31 | 06.54 | +0:20:09 | 0:15:28 / 1190 | 0:30:15 / 1280 | |
| 1270 | 1880 | GŁOWACKA Emilia | ZGIERZ | POL | UNIQA RUNNERS | 82 | K30/174 | 00:34:32 | 06.54 | +0:20:10 | 0:16:21 / 1382 | 0:30:17 / 1283 | |
| 1271 | 768 | KOMÓR Waldemar | W-WA | POL | AGORA | 66 | M40/120 | 00:34:32 | 06.54 | +0:20:11 | 0:15:31 / 1208 | 0:29:47 / 1238 | |
| 1272 | 544 | MAKOWSKA Zofia barbara | WARSZAWA | POL | | 57 | K50/9 | 00:34:32 | 06.54 | +0:20:11 | 0:15:57 / 1300 | 0:30:03 / 1269 | |
| 1273 | 1975 | KACPRZAK Tomasz | LEGIONOWO | POL | INNE / LS ORIGINAL | 88 | M20/314 | 00:34:34 | 06.54 | +0:20:13 | 0:15:06 / 1091 | 0:29:54 / 1253 | |
| 1274 | 457 | PRONOBIS Magda | OSTROWIEC | POL | ADWOKACI / | | K / 401 | 00:34:34 | 06.54 | +0:20:12 | 0:14:56 / 1056 | 0:29:54 / 1252 | |
| 1275 | 1167 | MŁODAWSKA - SEKŚCIŃSKA Anna | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | K20/150 | 00:34:35 | 06.55 | +0:20:13 | 0:15:29 / 1200 | 0:30:05 / 1272 | |
| 1276 | 777 | RUTOWICZ Kinga | PIASTÓW | POL | | 84 | K20/151 | 00:34:35 | 06.55 | +0:20:14 | 0:16:16 / 1368 | 0:30:59 / 1356 | |
| 1277 | 1424 | JEZERSKI Jan | WARSZAWA | POL | | 96 | M20/315 | 00:34:36 | 06.55 | +0:20:14 | 0:15:06 / 1095 | 0:29:59 / 1262 | |
| 1278 | 1899 | GRABIEC Anna | WARSZAWA | POL | | 75 | K30/175 | 00:34:38 | 06.55 | +0:20:16 | 0:15:20 / 1157 | 0:29:51 / 1245 | |
| 1279 | 1348 | PIOTRKOWICZ Marek | WARSZAWA | POL | | 71 | M40/121 | 00:34:39 | 06.55 | +0:20:18 | 0:16:54 / 1472 | 0:30:38 / 1319 | 1:07:26 / 24 |
| 1280 | 1346 | PIOTRKOWICZ Urszula | WARSZAWA | POL | | 74 | K30/176 | 00:34:39 | 06.55 | +0:20:18 | 0:16:55 / 1476 | 0:30:39 / 1324 | 1:07:26 / 23 |
| 1281 | 961 | MAMRO Dominika | WARSZAWA | POL | | 81 | K30/177 | 00:34:40 | 06.56 | +0:20:18 | 0:16:26 / 1392 | 0:30:27 / 1304 | |
| 1282 | 4958 | WOŹNICKA Agata | SEROCK-ŁACHA | POL | | 88 | K20/152 | 00:34:40 | 06.56 | +0:20:19 | 0:15:21 / 1161 | 0:30:23 / 1296 | |
| 1283 | 1621 | FOLWARSKA Joanna | WARSZAWA | POL | INNE / STOWARZYSZENIE MIŁOŚNIKÓW | 58 | K50/10 | 00:34:41 | 06.56 | +0:20:20 | 0:15:28 / 1193 | 0:29:55 / 1259 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points |
|----------------|--------|-----------------------------|------------------|-----------|--|---------|--------------------|-------------|------------|----------|---|
| SKUBIANKI- SMS | | | | | | | | | | | |
| 1284 | 4741 | SROKA-LECH Izabela | KRAKOW | POL | | 83 | K20/153 | 00:34:42 | 06.56 | +0:20:20 | 0:15:33 / 1215 0:30:19 / 1285 |
| 1285 | 1300 | OWOC Alicja | WARSZAWA | POL | | 72 | K40/44 | 00:34:43 | 06.56 | +0:20:22 | 0:16:26 / 1393 0:30:25 / 1301 |
| 1286 | 109 | STAROSTKA Jacek | KĘDZIERZYN-KO | POL | PKO / | 74 | M30/310 | 00:34:44 | 06.56 | +0:20:23 | 0:16:07 / 1333 0:30:20 / 1290 |
| 1287 | 1092 | CISZEWSKI Jerzy | | POL | | 67 | M40/122 | 00:34:45 | 06.57 | +0:20:23 | 0:15:19 / 1149 0:29:49 / 1241 |
| 1288 | 1628 | NIKRA SZ-GIEREJKO Katarzyna | DZIEKANÓW | POL | | 70 | K40/45 | 00:34:46 | 06.57 | +0:20:25 | 0:16:06 / 1328 0:30:04 / 1270 |
| 1289 | 2917 | CHABIERA Sławomir | TARGÓWKA | POL | | 73 | M30/311 | 00:34:46 | 06.57 | +0:20:25 | 0:15:31 / 1210 0:29:45 / 1236 |
| 1290 | 2973 | PIWOWARSKA Katarzyna | WARSZAWA | POL | MIESZKANCY_WAWA | 81 | K30/178 | 00:34:47 | 06.57 | +0:20:26 | 0:16:24 / 1388 0:30:39 / 1321 |
| 1291 | 2912 | RACZYŃSKI Michał | WARSZAWA | POL | | 79 | M30/312 | 00:34:47 | 06.57 | +0:20:25 | 0:15:34 / 1218 0:29:53 / 1248 |
| 1292 | 3281 | PIWOWARSKA Małgorzata | WYSZKÓW | POL | INNE / TYTANOWE ŚRUBKI | 89 | K20/154 | 00:34:48 | 06.57 | +0:20:26 | 0:16:24 / 1390 0:30:40 / 1325 |
| 1293 | 4661 | ROSI AK Katarzyna | SOCHACZE W | POL | | 93 | K20/155 | 00:34:49 | 06.57 | +0:20:28 | 0:15:42 / 1247 0:30:38 / 1320 |
| 1294 | 3942 | GRABOWICZ Marcin | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 | M40/123 | 00:34:50 | 06.58 | +0:20:29 | 0:16:29 / 1408 0:30:20 / 1287 |
| 1295 | 4356 | KRAWCZAK Michalina | WARSZAWA | POL | BANKI / | 82 | K30/179 | 00:34:51 | 06.58 | +0:20:30 | 0:15:22 / 1163 0:30:34 / 1311 |
| 1296 | 1887 | GOŁĘBIEWSKI Łukasz | SOCHACZE W | POL | | 89 | M20/316 | 00:34:51 | 06.58 | +0:20:30 | 0:15:44 / 1257 0:30:39 / 1323 |
| 1297 | 1065 | TUDEK Joanna | GÓRA KALWARIA | POL | | 74 | K30/180 | 00:34:52 | 06.58 | +0:20:31 | 0:16:26 / 1394 0:30:40 / 1327 |
| 1298 | 1268 | TROC Ewa | WARSZAWA | POL | INNE / ZMORY | 74 | K30/181 | 00:34:52 | 06.58 | +0:20:30 | 0:16:32 / 1419 0:30:35 / 1313 |
| 1299 | 240 | MACHURA Roman | WARSZAWA | POL | INNE / SCIEŻKA BIEGOWA LASEK BIELAŃSKI | 40 | M70/4 | 00:34:53 | 06.58 | +0:20:31 | 0:15:02 / 1077 0:29:28 / 1215 |
| 1300 | 1369 | GYUROV Roman | WARSZAWA | POL | | 73 | M30/313 | 00:34:54 | 06.58 | +0:20:33 | 0:15:32 / 1211 0:30:05 / 1271 |
| 1301 | 1731 | BOBRYK Anna | ŁOSICE | POL | | 93 | K20/156 | 00:34:55 | 06.59 | +0:20:33 | 0:15:30 / 1206 0:30:16 / 1281 |
| 1302 | 1297 | LUCZYŃSKA Katarzyna | WARSZAWA | POL | BANKI / | 72 | K40/46 | 00:34:55 | 06.59 | +0:20:34 | 0:16:18 / 1374 0:30:28 / 1305 |
| 1303 | 511 | TRĄBIŃSKI Tomasz | WARSZAWA | POL | MIESZKANCY_WAWA / | 65 | M40/124 | 00:35:00 | 07.00 | +0:20:39 | 0:15:54 / 1288 0:30:21 / 1291 |
| 1304 | 1600 | WRÓBLEWSKA Grażyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 | K40/47 | 00:35:00 | 07.00 | +0:20:39 | 0:15:56 / 1294 0:30:22 / 1293 |
| 1305 | 1738 | BOLIMOWSKA Olga | TERESIN | POL | INNE / | 98 | K20/157 | 00:35:02 | 07.00 | +0:20:41 | 0:14:54 / 1047 0:30:19 / 1286 |
| 1306 | 524 | KOSIM Anna | WARSZAWA | POL | | 74 | K30/182 | 00:35:05 | 07.01 | +0:20:43 | 0:16:05 / 1325 0:30:25 / 1299 |
| 1307 | 1467 | MATHIA Anna | WARSZAWA | POL | MIESZKANCY_WAWA / RAKOWIEC | 84 | K20/158 | 00:35:06 | 07.01 | +0:20:45 | 0:15:34 / 1216 0:30:21 / 1292 0:43:28 / 88 |
| 1308 | 1540 | KRÓLAK Stanisław | WARSZAWA | POL | | 60 | M50/62 | 00:35:07 | 07.01 | +0:20:46 | 0:15:29 / 1198 0:30:03 / 1268 |
| 1309 | 1739 | BOLIMOWSKI Ryszard | TERESIN | POL | INNE / | 65 | M40/125 | 00:35:08 | 07.01 | +0:20:47 | 0:14:56 / 1059 0:30:22 / 1294 |
| 1310 | 328 | BIERNACKA Beata | RZESZÓW | POL | ADWOKACI / | | K / 424 | 00:35:12 | 07.02 | +0:20:50 | 0:14:23 / 882 0:30:17 / 1282 |
| 1311 | 1561 | NAGRODZKA Julia | KOBYŁKA | POL | OPEN | 98 | K20/159 | 00:35:13 | 07.02 | +0:20:51 | 0:16:21 / 1383 0:30:25 / 1300 0:45:36 / 111 |
| 1312 | 4008 | NAGRODZKA Maryla | KOBYŁKA | POL | OPEN | 75 | K30/183 | 00:35:13 | 07.02 | +0:20:51 | 0:16:21 / 1384 0:30:24 / 1297 |
| 1313 | 3568 | KRYSZKIEWICZ Izabela | WARSZAWA | POL | | 73 | K30/184 | 00:35:15 | 07.03 | +0:20:54 | 0:16:13 / 1358 0:30:33 / 1310 |
| 1314 | 1481 | KRUK-PIELESIAK Magdalena | WARSZAWA | POL | DELOITTE ADVENTURE TEAM | 82 | K30/185 | 00:35:15 | 07.03 | +0:20:54 | 0:16:56 / 1480 0:30:57 / 1349 |
| 1315 | 74 | DON Mirosław | SZCZECIN | POL | INNE / MARATOŃCZYK SZCZECIN | 40 | M70/5 | 00:35:18 | 07.03 | +0:20:57 | 0:16:42 / 1437 0:30:18 / 1284 0:47:27 / 120 |
| 1316 | 3827 | WOJCIECHOWSKA Elżbieta | WARSZAWA | POL | | 67 | K40/48 | 00:35:19 | 07.03 | +0:20:57 | 0:15:31 / 1209 0:30:43 / 1329 |
| 1317 | 941 | LUGOWSKA Karolina | WARSZAWA | POL | INNE / AVIVA RUNNING TEAM | 90 | K20/160 | 00:35:19 | 07.03 | +0:20:57 | 0:15:00 / 1065 0:30:26 / 1303 |
| 1318 | 228 | STOKOWSKI Witold | | POL | | 30 | M70/6 | 00:35:20 | 07.04 | +0:20:58 | 0:15:20 / 1155 0:29:32 / 1221 |
| 1319 | 1515 | PARANDYK Marta | WARSZAWA | POL | | 82 | K30/186 | 00:35:20 | 07.04 | +0:20:59 | 0:15:12 / 1125 0:30:51 / 1340 |
| 1320 | 1405 | GOGOLEWSKA Anna | SŁUPNO | POL | | 59 | K50/11 | 00:35:23 | 07.04 | +0:21:02 | 0:16:29 / 1410 0:30:58 / 1352 |
| 1321 | 4990 | BAJOREK Jacek | WYSZKÓW | POL | | 75 | M30/314 | 00:35:24 | 07.04 | +0:21:02 | 0:15:26 / 1185 0:30:33 / 1309 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|-------------------------------|------------------|-----------|-----------------------------|---------|--------------------|-------------|------------|----------|----------------|----------------|---------------|
| 1322 | 1616 | BUDNIK Magdalena | WARSZAWA | POL | | 92 | K20/161 | 00:35:25 | 07.05 | +0:21:04 | 0:14:48 / 1018 | 0:30:59 / 1354 | |
| 1323 | 2078 | KOLASA Barbara | WARSZAWA-WES | POL | | 56 | K50/12 | 00:35:25 | 07.05 | +0:21:04 | 0:15:32 / 1212 | 0:30:20 / 1289 | |
| 1324 | 4988 | BAJOREK Cezary | WYSZKÓW | POL | KONKURS PKO | 00 | M20/317 | 00:35:25 | 07.05 | +0:21:03 | 0:15:27 / 1188 | 0:30:35 / 1314 | |
| 1325 | 840 | KUDOWICZ Adam | OTWOCK | POL | MIESZKANCY_WAWA / | 40 | M70/7 | 00:35:25 | 07.05 | +0:21:04 | 0:16:27 / 1401 | 0:30:44 / 1332 | |
| 1326 | 1484 | LISIECKA-LIS Kamila | WARSZAWA | POL | | 68 | K40/49 | 00:35:26 | 07.05 | +0:21:05 | 0:16:07 / 1334 | 0:30:36 / 1317 | |
| 1327 | 1648 | MARASEK Agnieszka | WARSZAWA | POL | | 85 | K20/162 | 00:35:27 | 07.05 | +0:21:05 | 0:16:16 / 1371 | 0:31:03 / 1364 | |
| 1328 | 1169 | KLIMASZEWSKI Bartosz | WARSZAWA | POL | INNE / GIMNAZJUM NR 15 | 98 | M20/318 | 00:35:27 | 07.05 | +0:21:06 | 0:17:08 / 1498 | 0:32:03 / 1445 | |
| 1329 | 1219 | WOJTYŁA Róża | WARSZAWA | POL | MIESZKANCY_WAWA / | 58 | K50/13 | 00:35:28 | 07.05 | +0:21:06 | 0:16:04 / 1324 | 0:30:43 / 1331 | |
| 1330 | 1329 | WIŚNIEWSKA Zuzanna | WARSZAWA | POL | | 98 | K20/163 | 00:35:28 | 07.05 | +0:21:07 | 0:16:14 / 1363 | 0:31:32 / 1412 | |
| 1331 | 925 | GLEB Szymon | WARSZAWA | POL | INNE / GIMNAZJUM NR 15 | 98 | M20/319 | 00:35:28 | 07.05 | +0:21:07 | 0:17:09 / 1506 | 0:32:04 / 1448 | |
| 1332 | 1396 | CHOJNACKI Maciej | KOMORÓW | POL | | 78 | M30/315 | 00:35:29 | 07.05 | +0:21:07 | 0:16:07 / 1332 | 0:30:49 / 1336 | |
| 1333 | 527 | GIBZIŃSKA Joanna | WARSZAWA | POL | | 71 | K40/50 | 00:35:29 | 07.05 | +0:21:07 | 0:15:55 / 1292 | 0:30:55 / 1347 | |
| 1334 | 959 | GÓRNICKI Marek | LEGIONOWO | POL | MIESZKANCY_WAWA / | 55 | M50/63 | 00:35:29 | 07.05 | +0:21:08 | 0:16:07 / 1331 | 0:30:29 / 1307 | 0:45:26 / 109 |
| 1335 | 1468 | MILEJ Elżbieta | WARSZAWA | POL | MIESZKANCY_WAWA / | 59 | K50/14 | 00:35:30 | 07.06 | +0:21:09 | 0:15:44 / 1255 | 0:30:34 / 1312 | |
| 1336 | 1091 | NACHMAN Anna | W-WA | POL | | 87 | K20/164 | 00:35:31 | 07.06 | +0:21:09 | 0:16:04 / 1322 | 0:31:00 / 1359 | |
| 1337 | 552 | LIPKA Zofia | WARSZAWA | POL | MIESZKANCY_WAWA / | 87 | K20/165 | 00:35:31 | 07.06 | +0:21:10 | 0:16:09 / 1343 | 0:30:05 / 1275 | |
| 1338 | 4304 | KLUSKA Radosław | ŁÓDŹ | POL | STRAŻ MIEJSKA ŁÓDŹ | 70 | M40/126 | 00:35:32 | 07.06 | +0:21:10 | 0:16:11 / 1353 | 0:30:58 / 1351 | |
| 1339 | 1095 | KLUCZKA Marta | WARSZAWA | POL | | 82 | K30/187 | 00:35:32 | 07.06 | +0:21:10 | 0:16:12 / 1355 | 0:30:50 / 1339 | |
| 1340 | 4665 | RÓŻYCKA Jolanta | MROZY | POL | INNE / | 65 | K40/51 | 00:35:33 | 07.06 | +0:21:11 | 0:16:30 / 1414 | 0:31:13 / 1375 | |
| 1341 | 4664 | RÓŻYCKA Anna maria | MROZY | POL | | 91 | K20/166 | 00:35:33 | 07.06 | +0:21:12 | 0:16:30 / 1413 | 0:31:13 / 1377 | |
| 1342 | 1059 | DĘBSKA Anna | WARSZAWA | POL | 12TRI | 58 | K50/15 | 00:35:33 | 07.06 | +0:21:12 | 0:16:02 / 1315 | 0:30:38 / 1318 | |
| 1343 | 1634 | RZEPKOWSKA Sasha | WARSZAWA | POL | | 98 | K20/167 | 00:35:33 | 07.06 | +0:21:12 | 0:15:03 / 1080 | 0:30:24 / 1298 | |
| 1344 | 1327 | WIŚNIEWSKA Ewa | WARSZAWA | POL | | 69 | K40/52 | 00:35:33 | 07.06 | +0:21:12 | 0:16:11 / 1350 | 0:31:32 / 1410 | |
| 1345 | 537 | KOSOWSKI Miron | WARSZAWA | POL | MIESZKANCY_WAWA / BRAK | 62 | M50/64 | 00:35:34 | 07.06 | +0:21:13 | 0:16:35 / 1426 | 0:30:55 / 1345 | |
| 1346 | 1454 | WÓJCICKA Elżbieta | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 | K40/53 | 00:35:36 | 07.07 | +0:21:14 | 0:15:18 / 1145 | 0:30:40 / 1326 | |
| 1347 | 1508 | PIETRZAK Paweł | MILANOWEK | POL | | 78 | M30/316 | 00:35:36 | 07.07 | +0:21:15 | 0:16:05 / 1326 | 0:31:28 / 1402 | |
| 1348 | 656 | GRABOWSKA - KMIECIK Magdalena | WARSZAWA | POL | | 79 | K30/188 | 00:35:37 | 07.07 | +0:21:15 | 0:15:52 / 1276 | 0:31:00 / 1358 | |
| 1349 | 298 | ANDRZEJEWSKI Tadeusz | WARSZAWA | POL | | 33 | M70/8 | 00:35:37 | 07.07 | +0:21:15 | 0:16:56 / 1479 | 0:31:10 / 1370 | |
| 1350 | 4991 | POŚPIECH Marcin | WARSZAWA | POL | | 76 | M30/317 | 00:35:37 | 07.07 | +0:21:15 | 0:15:12 / 1124 | 0:30:52 / 1342 | |
| 1351 | 1494 | WASILEWSKA Magdalena | MARKI | POL | INNE / MARKI | 79 | K30/189 | 00:35:37 | 07.07 | +0:21:16 | 0:16:54 / 1475 | 0:31:13 / 1376 | |
| 1352 | 1479 | KRASZEWSKA Katarzyna | WARSZAWA | POL | INNE / BRAK KLUBU | 82 | K30/190 | 00:35:37 | 07.07 | +0:21:16 | 0:14:52 / 1040 | 0:30:35 / 1316 | 0:42:41 / 85 |
| 1353 | 1832 | DUDZIŃSKI Tomasz | WARSZAWA | POL | MIESZKANCY_WAWA / KTE TRAMP | 85 | M20/320 | 00:35:38 | 07.07 | +0:21:17 | 0:15:23 / 1171 | 0:31:29 / 1407 | |
| 1354 | 4805 | SZYMKIEWICZ-DANGEL Joanna | WARSZAWA | POL | MIESZKANCY_WAWA / | 55 | K50/16 | 00:35:39 | 07.07 | +0:21:17 | 0:15:13 / 1131 | 0:30:48 / 1334 | |
| 1355 | 171 | GRZYB Anna | WARSZAWA | POL | PKO / | 82 | K30/191 | 00:35:39 | 07.07 | +0:21:18 | 0:15:44 / 1258 | 0:30:39 / 1322 | |
| 1356 | 391 | LEŚNIAK Nina | ZIELONA GÓRA | POL | ADWOKACI / | | K / 455 | 00:35:40 | 07.08 | +0:21:19 | 0:15:40 / 1244 | 0:31:03 / 1363 | |
| 1357 | 4576 | PAWŁAK Ewa | WARSZAWA | POL | | 80 | K30/192 | 00:35:40 | 07.08 | +0:21:18 | 0:16:48 / 1452 | 0:31:10 / 1371 | |
| 1358 | 1173 | ZAJKOWSKA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | K30/193 | 00:35:42 | 07.08 | +0:21:20 | 0:17:07 / 1497 | 0:32:01 / 1442 | |
| 1359 | 978 | MĘDZA Dominik | WARSZAWA | POL | MIESZKANCY_WAWA / | 90 | M20/321 | 00:35:42 | 07.08 | +0:21:21 | 0:16:39 / 1436 | 0:31:31 / 1409 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|--------------------------|------------------|-----------|-------------------------|---------|--------------------|-------------|------------|----------|--------------|----------------|----------------|
| 1360 | 1609 | KALIŃSKI Paweł | PIASECZNO | POL | | 75 | M30/318 | M / 903 | 00:35:43 | 07.08 | +0:21:21 | 0:17:51 / 1562 | 0:32:13 / 1457 |
| 1361 | 4918 | ZIÓŁKOWSKI Michał | WARSZAWA | POL | INNE / BIEGAM BO LUBIĘ | 80 | M30/319 | M / 904 | 00:35:43 | 07.08 | +0:21:22 | 0:16:08 / 1339 | 0:31:28 / 1404 |
| 1362 | 1058 | RASZTAWICKA Agnieszka | ZIELONKA | POL | | 78 | K30/194 | K / 458 | 00:35:43 | 07.08 | +0:21:22 | 0:16:20 / 1380 | 0:31:08 / 1368 |
| 1363 | 1208 | GAŁECKA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 79 | K30/195 | K / 459 | 00:35:45 | 07.09 | +0:21:23 | 0:16:07 / 1330 | 0:31:05 / 1366 |
| 1364 | 695 | RYMAROWICZ Paweł | OTWOCK | POL | INNE / UKS MDK OTWOCK | 89 | M20/322 | M / 905 | 00:35:45 | 07.09 | +0:21:24 | 0:17:05 / 1493 | 0:32:03 / 1446 |
| 1365 | 4781 | SZALAK Iwona | PULAWY | POL | | 76 | K30/196 | K / 460 | 00:35:45 | 07.09 | +0:21:24 | 0:16:53 / 1470 | 0:31:15 / 1378 |
| 1366 | 1015 | SZLASA Michał | | POL | BANKI / RBS | 84 | M20/323 | M / 906 | 00:35:45 | 07.09 | +0:21:23 | 0:16:11 / 1352 | 0:31:01 / 1361 |
| 1367 | 347 | ROGULA Cezary | KRAKÓW | POL | ADWOKACI / | | | M / 907 | 00:35:46 | 07.09 | +0:21:24 | 0:15:10 / 1115 | 0:30:59 / 1355 |
| 1368 | 266 | GOTKOWICZ Agata | WARSZAWA | POL | | 82 | K30/197 | K / 461 | 00:35:46 | 07.09 | +0:21:25 | 0:17:23 / 1523 | 0:31:48 / 1430 |
| 1369 | 268 | GOTKOWICZ Kacper | WARSZAWA | POL | | 83 | M20/324 | M / 908 | 00:35:47 | 07.09 | +0:21:26 | 0:17:24 / 1528 | 0:31:50 / 1433 |
| 1370 | 1517 | DANISZENKO Kinga | WARSZAWA | POL | | 78 | K30/198 | K / 462 | 00:35:48 | 07.09 | +0:21:26 | 0:17:24 / 1525 | 0:31:36 / 1419 |
| 1371 | 720 | POTOCKI Tomasz | WARSZAWA | POL | INNE / | 80 | M30/320 | M / 909 | 00:35:48 | 07.09 | +0:21:26 | 0:15:43 / 1250 | 0:30:57 / 1350 |
| 1372 | 321 | LORKOWSKA Beata | GDAŃSKA | POL | ADWOKACI / | | | K / 463 | 00:35:49 | 07.09 | +0:21:28 | 0:15:39 / 1242 | 0:31:20 / 1387 |
| 1373 | 1425 | WOŹNIAK Marcin | WARSZAWA | POL | | 85 | M20/325 | M / 910 | 00:35:50 | 07.10 | +0:21:28 | 0:16:28 / 1405 | 0:31:18 / 1384 |
| 1374 | 383 | MAZUR Justyna | BYDGOSZCZ | POL | ADWOKACI / | | | K / 464 | 00:35:50 | 07.10 | +0:21:28 | 0:15:08 / 1102 | 0:30:43 / 1330 |
| 1375 | 975 | ZAKRZEWSKI Robert | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 | M20/326 | M / 911 | 00:35:50 | 07.10 | +0:21:28 | 0:16:36 / 1431 | 0:31:24 / 1400 |
| 1376 | 1619 | GOLEC-GRZYMEK Aleksandra | LUBLIN | POL | INNE / | 79 | K30/199 | K / 465 | 00:35:50 | 07.10 | +0:21:29 | 0:16:16 / 1367 | 0:30:55 / 1346 |
| 1377 | 1427 | SOBIŚ Elżbieta | WARSZAWA | POL | | 70 | K40/54 | K / 466 | 00:35:50 | 07.10 | +0:21:29 | 0:16:30 / 1411 | 0:31:20 / 1389 |
| 1378 | 1229 | SUCHODOLSKA Anna | WARSZAWA | POL | MIESZKANCY_WAWA / | 86 | K20/168 | K / 467 | 00:35:51 | 07.10 | +0:21:29 | 0:16:42 / 1441 | 0:31:50 / 1434 |
| 1379 | 3746 | KORBUS Łukasz | RAWA | POL | INNE / SKAUCI-EUROPY.PL | 89 | M20/327 | M / 912 | 00:35:52 | 07.10 | +0:21:30 | 0:16:09 / 1345 | 0:31:21 / 1390 |
| 1380 | 1636 | SZYMAŃSKI Marcin | WARSZAWA | POL | | 80 | M30/321 | M / 913 | 00:35:52 | 07.10 | +0:21:31 | 0:16:51 / 1467 | 0:31:22 / 1395 |
| 1381 | 647 | RABA Jolanta | WARSZAWA | POL | MIESZKANCY_WAWA / | 63 | K40/55 | K / 468 | 00:35:52 | 07.10 | +0:21:31 | 0:16:26 / 1396 | 0:31:15 / 1380 |
| 1382 | 3743 | SUDAKOWSKI Patryk | RAWA | POL | INNE / SKAUCI-EUROPY.PL | 92 | M20/328 | M / 914 | 00:35:53 | 07.10 | +0:21:31 | 0:16:10 / 1348 | 0:31:20 / 1388 |
| 1383 | 1635 | SZYMAŃSKA Beata | WARSZAWA | POL | | 80 | K30/200 | K / 469 | 00:35:53 | 07.10 | +0:21:31 | 0:16:49 / 1457 | 0:31:23 / 1398 |
| 1384 | 927 | RUSZKOWSKA Anna | WARSZAWA | POL | | 79 | K30/201 | K / 470 | 00:35:53 | 07.10 | +0:21:31 | 0:15:52 / 1277 | 0:31:12 / 1374 |
| 1385 | 1166 | SEKŚCIŃSKI Arkadiusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | M20/329 | M / 915 | 00:35:54 | 07.10 | +0:21:33 | 0:15:29 / 1197 | 0:30:06 / 1276 |
| 1386 | 3747 | WÓJCIAK Michał | RAWA | POL | INNE / SKAUCI-EUROPY.PL | 87 | M20/330 | M / 916 | 00:35:54 | 07.10 | +0:21:32 | 0:16:11 / 1351 | 0:31:22 / 1392 |
| 1387 | 1426 | GAJEK Piotr | WARSZAWA | POL | | 66 | M40/127 | M / 917 | 00:35:54 | 07.10 | +0:21:33 | 0:16:32 / 1420 | 0:31:22 / 1396 |
| 1388 | 1599 | OSIŃSKA Agnieszka | IZABELIN | POL | | 73 | K30/202 | K / 471 | 00:35:55 | 07.11 | +0:21:33 | 0:15:47 / 1261 | 0:30:41 / 1328 |
| 1389 | 1352 | WROŃSKA Małgorzata | WARSZAWA | POL | | 75 | K30/203 | K / 472 | 00:35:55 | 07.11 | +0:21:34 | 0:16:14 / 1360 | 0:31:23 / 1399 |
| 1390 | 3308 | KUZKA Robert | WARSZAWA | POL | | 70 | M40/128 | M / 918 | 00:35:57 | 07.11 | +0:21:36 | 0:15:43 / 1251 | 0:31:00 / 1360 |
| 1391 | 106 | OSIECIMSKI Bartosz | WARSZAWA | POL | PKO / | 72 | M40/129 | M / 919 | 00:35:57 | 07.11 | +0:21:36 | 0:15:58 / 1306 | 0:31:02 / 1362 |
| 1392 | 3141 | KOWALCZYK Mirosław | JÓZEFÓW | POL | | 65 | M40/130 | M / 920 | 00:35:58 | 07.11 | +0:21:36 | 0:15:49 / 1267 | 0:30:53 / 1343 |
| 1393 | 484 | MOLSKI Krzysztof | WARSZAWA | POL | VITESSE | 56 | M50/65 | M / 921 | 00:35:58 | 07.11 | +0:21:37 | 0:15:52 / 1279 | 0:30:56 / 1348 |
| 1394 | 485 | PARCZEWSKI Tadeusz | PRUSZKÓW | POL | | 49 | M60/25 | M / 922 | 00:35:58 | 07.11 | +0:21:37 | 0:15:49 / 1268 | 0:30:50 / 1337 |
| 1395 | 1440 | DOBROWOLSKA Maria | MYSIADŁO | POL | | 83 | K20/169 | K / 473 | 00:35:59 | 07.11 | +0:21:37 | 0:16:47 / 1446 | 0:31:15 / 1379 |
| 1396 | 1423 | JEZERSKI Jakub | WARSZAWA | POL | | 71 | M40/131 | M / 923 | 00:35:59 | 07.11 | +0:21:37 | 0:16:28 / 1407 | 0:31:19 / 1385 |
| 1397 | 56 | KURZAJEWSKI Franciszek | | POL | | | | M / 924 | 00:36:00 | 07.12 | +0:21:39 | 0:16:01 / 1312 | 0:31:53 / 1439 |
| 1398 | 1428 | DUBOIS Alexandra | WARSZAWA | POL | | 85 | K20/170 | K / 474 | 00:36:01 | 07.12 | +0:21:39 | 0:16:31 / 1416 | 0:31:22 / 1391 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|-------------------------|------------------|-----------|-------------------------------|---------|--------------------|-------------|------------|----------|----------------|----------------|--------------|
| 1399 | 4367 | KUBICKA Marlena | KOSZALIN | POL | | 71 | K40/56 | 00:36:02 | 07.12 | +0:21:41 | 0:15:53 / 1285 | 0:31:05 / 1365 | |
| 1400 | 4816 | ŚWIĄTKOWSKA Anna | POŚWIĘTNE | POL | | 88 | K20/171 | 00:36:03 | 07.12 | +0:21:41 | 0:17:31 / 1536 | 0:31:36 / 1417 | |
| 1401 | 1891 | GONTAREK Adam | STUDZIANKI | POL | PG POŚWIĘTNE | 85 | M20/331 | 00:36:03 | 07.12 | +0:21:42 | 0:17:32 / 1537 | 0:31:35 / 1416 | |
| 1402 | 735 | WŁODARCZYK Katarzyna | MILANÓWEK | POL | | 84 | K20/172 | 00:36:03 | 07.12 | +0:21:41 | 0:15:44 / 1253 | 0:31:26 / 1401 | |
| 1403 | 734 | SALACH Łukasz | WARSZAWA | POL | | 89 | M20/332 | 00:36:04 | 07.12 | +0:21:43 | 0:15:46 / 1259 | 0:31:29 / 1405 | |
| 1404 | 1643 | GUZ Karolina | WARSZAWA | POL | BANKI / IPOPEMA MARATHON TEAM | 86 | K20/173 | 00:36:05 | 07.13 | +0:21:43 | 0:16:14 / 1361 | 0:31:28 / 1403 | |
| 1405 | 1299 | SZAWARA Dorota | WARSZAWA | POL | | 74 | K30/204 | 00:36:06 | 07.13 | +0:21:44 | 0:16:45 / 1444 | 0:31:19 / 1386 | |
| 1406 | 458 | CHUDZIK Katarzyna | WARSZAWA | POL | ADWOKACI / | | K / 480 | 00:36:06 | 07.13 | +0:21:45 | 0:16:17 / 1373 | 0:31:34 / 1415 | |
| 1407 | 1004 | KOPROWSKA Dorota | RAWA | POL | | 83 | K20/174 | 00:36:07 | 07.13 | +0:21:46 | 0:15:54 / 1289 | 0:30:48 / 1335 | |
| 1408 | 1072 | OLIK Anna | WARSZAWA | POL | INNE / BAYER LIFE TEAM | 79 | K30/205 | 00:36:08 | 07.13 | +0:21:47 | 0:16:50 / 1462 | 0:31:36 / 1418 | 0:39:04 / 62 |
| 1409 | 146 | ROZWANDOWICZ Małgorzata | WARSZAWA | POL | PKO / | 64 | K40/57 | 00:36:08 | 07.13 | +0:21:47 | 0:16:34 / 1425 | 0:31:08 / 1369 | |
| 1410 | 1003 | KOPROWSKA Joanna | RAWA | POL | | 88 | K20/175 | 00:36:08 | 07.13 | +0:21:47 | 0:15:57 / 1303 | 0:30:50 / 1338 | |
| 1411 | 1403 | JANKOWSKA Ewa | WARSZAWA | POL | | 64 | K40/58 | 00:36:10 | 07.14 | +0:21:48 | 0:16:24 / 1387 | 0:31:05 / 1367 | |
| 1412 | 1586 | BOGDAŃSKA Joanna | WARSZAWA | POL | INNE | 65 | K40/59 | 00:36:10 | 07.14 | +0:21:49 | 0:16:10 / 1347 | 0:30:59 / 1357 | |
| 1413 | 700 | CWARTKOWSKI Andrzej | WARSZAWA | POL | | 58 | M50/66 | 00:36:10 | 07.14 | +0:21:48 | 0:16:06 / 1329 | 0:31:22 / 1397 | |
| 1414 | 469 | JASIEWICZ Magda | GLIWICE | POL | ADWOKACI / | | K / 487 | 00:36:11 | 07.14 | +0:21:49 | 0:17:15 / 1517 | 0:31:44 / 1425 | |
| 1415 | 1185 | FILINGER Piotr | WARSZAWA | POL | | 49 | M60/26 | 00:36:12 | 07.14 | +0:21:51 | 0:16:14 / 1362 | 0:31:22 / 1393 | |
| 1416 | 1183 | FILINGER Olga | WARSZAWA | POL | | 79 | K30/206 | 00:36:13 | 07.14 | +0:21:52 | 0:16:14 / 1364 | 0:31:22 / 1394 | |
| 1417 | 129 | KOZŁOWSKI Jakub | WARSZAWA | POL | PKO / | 79 | M30/322 | 00:36:17 | 07.15 | +0:21:55 | 0:16:27 / 1398 | 0:32:08 / 1451 | |
| 1418 | 358 | PIÓREK Joanna | WARSZAWA | POL | ADWOKACI / | | K / 489 | 00:36:17 | 07.15 | +0:21:56 | 0:16:03 / 1317 | 0:31:29 / 1406 | |
| 1419 | 130 | KOZŁOWSKA Lidia | WARSZAWA | POL | PKO / | 78 | K30/207 | 00:36:18 | 07.15 | +0:21:57 | 0:16:28 / 1404 | 0:32:09 / 1454 | |
| 1420 | 519 | ROZWANDOWICZ Marta | WARSZAWA | POL | | 90 | K20/176 | 00:36:20 | 07.16 | +0:21:59 | 0:16:36 / 1429 | 0:31:11 / 1372 | |
| 1421 | 3094 | GROCHOWSKA Marta | WARSZAWA | POL | BANKI / | 85 | K20/177 | 00:36:21 | 07.16 | +0:21:59 | 0:15:36 / 1229 | 0:31:30 / 1408 | |
| 1422 | 987 | SCHEFFS Bożena | ZĄBKI | POL | RODZINA BIEGA | 65 | K40/60 | 00:36:21 | 07.16 | +0:21:59 | 0:15:57 / 1301 | 0:31:11 / 1373 | |
| 1423 | 949 | KOWALSKI Witold | WARSZAWA | POL | | 63 | M40/132 | 00:36:21 | 07.16 | +0:21:59 | 0:16:09 / 1341 | 0:31:16 / 1381 | |
| 1424 | 951 | TROJANOWSKA Aneta | WARSZAWA | POL | | 66 | K40/61 | 00:36:21 | 07.16 | +0:21:59 | 0:16:09 / 1340 | 0:31:18 / 1383 | |
| 1425 | 1023 | MALINOWSKA Magdalena | | POL | BANKI / RBS | 84 | K20/178 | 00:36:23 | 07.16 | +0:22:01 | 0:16:28 / 1403 | 0:31:52 / 1436 | |
| 1426 | 872 | PLISIECKA Gosia | KONSTANCIN-JEZ | POL | INNE / KONSTANCIN-JEZIORNA | 69 | K40/62 | 00:36:24 | 07.16 | +0:22:03 | 0:16:42 / 1438 | 0:31:45 / 1427 | |
| 1427 | 299 | DUSZYŃSKI Zbigniew | WARSZAWA | POL | KB ACTIVE SPORT | 39 | M70/9 | 00:36:24 | 07.16 | +0:22:03 | 0:16:01 / 1313 | 0:30:51 / 1341 | |
| 1428 | 1638 | KOGUT Ola | KONSTANCIN-JEZ | POL | | 96 | K20/179 | 00:36:26 | 07.17 | +0:22:04 | 0:17:19 / 1521 | 0:31:56 / 1440 | |
| 1429 | 179 | DERKOWSKI Tomasz | | POL | | 70 | M40/133 | 00:36:27 | 07.17 | +0:22:06 | 0:14:44 / 988 | 0:31:42 / 1424 | |
| 1430 | 1881 | GŁÓWNIAK Katarzyna | WARSZAWA | POL | | 80 | K30/208 | 00:36:28 | 07.17 | +0:22:06 | 0:16:51 / 1463 | 0:31:37 / 1421 | |
| 1431 | 335 | DUDKOWIAK Michał | POZNAŃ | POL | ADWOKACI / | | M / 933 | 00:36:28 | 07.17 | +0:22:06 | 0:18:12 / 1599 | 0:33:08 / 1513 | |
| 1432 | 579 | GÓRCZYŃSKI Jan | WARSZAWA | POL | MIESZKANCY_WAWA / | 80 | M30/323 | 00:36:28 | 07.17 | +0:22:06 | 0:17:04 / 1492 | 0:31:52 / 1437 | |
| 1433 | 1711 | BERNARDO Nicolas | PARYŻ | POL | | 78 | M30/324 | 00:36:28 | 07.17 | +0:22:06 | 0:16:51 / 1465 | 0:31:37 / 1420 | |
| 1434 | 1090 | POJASEK Karolina | WARSZAWA | POL | | 81 | K30/209 | 00:36:29 | 07.17 | +0:22:08 | 0:16:08 / 1338 | 0:31:41 / 1423 | |
| 1435 | 1700 | BEDNARSKA Anna | STASZÓW | POL | | 89 | K20/180 | 00:36:32 | 07.18 | +0:22:10 | 0:16:28 / 1402 | 0:32:28 / 1483 | |
| 1436 | 4341 | KOWALIK Grzegorz | STASZÓW | POL | | 89 | M20/333 | 00:36:33 | 07.18 | +0:22:11 | 0:16:27 / 1400 | 0:32:29 / 1485 | |
| 1437 | 4446 | MALICKA Bożena | ŁÓDŹ | POL | NIEZRZESZONY | 67 | K40/63 | 00:36:34 | 07.18 | +0:22:12 | 0:15:57 / 1297 | 0:31:37 / 1422 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|---------------------------------|------------------|-----------|-------------------------------|---------|--------------------|-------------|------------|----------|--------------|---|
| 1438 | 4513 | MOŃKO Adam | BIĄŁYSTOK | POL | | 70 | M40/134 | M / 937 | 00:36:35 | 07.19 | +0:22:13 | 0:16:49 / 1456 0:32:29 / 1484 |
| 1439 | 1041 | SZEWCZYK Anna | WARSZAWA | POL | | 84 | K20/181 | K / 502 | 00:36:36 | 07.19 | +0:22:15 | 0:16:35 / 1427 0:32:16 / 1460 |
| 1440 | 4715 | SKOTNICKA Marta | WARSZAWA | POL | | 81 | K30/210 | K / 503 | 00:36:37 | 07.19 | +0:22:15 | 0:16:47 / 1445 0:31:52 / 1435 |
| 1441 | 1652 | NATORSKA Agnieszka | WARSZAWA | POL | | 79 | K30/211 | K / 504 | 00:36:37 | 07.19 | +0:22:15 | 0:16:47 / 1449 0:31:59 / 1441 |
| 1442 | 4509 | MODZELEWSKI Łukasz | PŁOŃSK | POL | MIESZKANCY_WAWA / | 83 | M20/334 | M / 938 | 00:36:37 | 07.19 | +0:22:16 | 0:16:48 / 1451 0:32:04 / 1449 |
| 1443 | 496 | OLEJ Agata | MAGDALENKA | POL | | 00 | K20/182 | K / 505 | 00:36:40 | 07.20 | +0:22:19 | 0:16:51 / 1466 0:32:23 / 1473 |
| 1444 | 556 | MUCHOROWSKI Krzysztof | WARSZAWA | POL | | 66 | M40/135 | M / 939 | 00:36:42 | 07.20 | +0:22:21 | 0:16:39 / 1435 0:32:25 / 1479 |
| 1445 | 557 | MUCHOROWSKI Jan | WARSZAWA | POL | | 00 | M20/335 | M / 940 | 00:36:43 | 07.20 | +0:22:21 | 0:16:37 / 1432 0:32:24 / 1475 |
| 1446 | 1419 | SKRZYPCZAK Aneta | CZĘSTOCHOWA | POL | | 77 | K30/212 | K / 506 | 00:36:45 | 07.21 | +0:22:23 | 0:16:30 / 1412 0:31:53 / 1438 0:48:08 / 125 |
| 1447 | 1624 | KUROŃ Krzysztof | WARSZAWA | POL | INNE / OSOBA PRYWATNA | 76 | M30/325 | M / 941 | 00:36:45 | 07.21 | +0:22:23 | 0:16:24 / 1389 0:31:32 / 1411 |
| 1448 | 1024 | HENCELEWSKA Anita | | POL | BANKI / RBS | 86 | K20/183 | K / 507 | 00:36:46 | 07.21 | +0:22:25 | 0:16:27 / 1399 0:31:50 / 1432 |
| 1449 | 604 | KRAUZE-GRYZ Dagny | WARSZAWA | POL | | 79 | K30/213 | K / 508 | 00:36:47 | 07.21 | +0:22:25 | 0:17:16 / 1518 0:32:05 / 1450 |
| 1450 | 1587 | SMYK Maria | BIAŁA PODLASKA | POL | | 91 | K20/184 | K / 509 | 00:36:48 | 07.21 | +0:22:26 | 0:15:53 / 1284 0:31:33 / 1413 |
| 1451 | 4650 | RASZEWSKA Weronika | WARSZAWA | POL | MIESZKANCY_WAWA / | 96 | K20/185 | K / 510 | 00:36:49 | 07.21 | +0:22:28 | 0:16:47 / 1447 0:32:36 / 1491 |
| 1452 | 4453 | MAŃCZAK Adam jan | BYDGOSZCZ | POL | AMATOR NIEZALEŻNY | 39 | M70/10 | M / 942 | 00:36:49 | 07.21 | +0:22:27 | 0:17:04 / 1491 0:32:18 / 1462 |
| 1453 | 788 | MAJCHROWSKA Anna | | POL | PWPW | 77 | K30/214 | K / 511 | 00:36:49 | 07.21 | +0:22:28 | 0:17:36 / 1546 0:32:38 / 1493 |
| 1454 | 651 | STEFAŃSKI Grzegorz | STARA WIEŚ | POL | INNE / DZIECI | 00 | M20/336 | M / 943 | 00:36:50 | 07.22 | +0:22:29 | 0:16:07 / 1335 0:32:32 / 1487 |
| 1455 | 1692 | BAUER Wiktoria | KĘDZIERZYN-KO | POL | | 00 | K20/186 | K / 512 | 00:36:54 | 07.22 | +0:22:32 | 0:16:51 / 1464 0:32:18 / 1463 |
| 1456 | 1296 | ROGOWSKI Piotr | WARSZAWA | POL | | 79 | M30/326 | M / 944 | 00:36:54 | 07.22 | +0:22:33 | 0:17:12 / 1512 0:32:22 / 1469 |
| 1457 | 1744 | BORKOWSKA Aleksandra | WARSZAWA | POL | MIESZKANCY_WAWA / URSYNÓW | 77 | K30/215 | K / 513 | 00:36:56 | 07.23 | +0:22:34 | 0:16:09 / 1342 0:32:10 / 1455 |
| 1458 | 3408 | TELKA Julia | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | K20/187 | K / 514 | 00:36:56 | 07.23 | +0:22:35 | 0:17:14 / 1514 0:32:20 / 1466 |
| 1459 | 1693 | BAUER Bogdan | KĘDZIERZYN-KO | POL | | 71 | M40/136 | M / 945 | 00:36:56 | 07.23 | +0:22:35 | 0:16:52 / 1469 0:32:19 / 1464 |
| 1460 | 4649 | RASZEWSKA Julia | WARSZAWA | POL | | 94 | K20/188 | K / 515 | 00:36:57 | 07.23 | +0:22:35 | 0:16:47 / 1450 0:32:37 / 1492 |
| 1461 | 976 | MĘDZA Krzysztof | WARSZAWA | POL | | 62 | M50/67 | M / 946 | 00:36:57 | 07.23 | +0:22:36 | 0:17:59 / 1569 0:32:36 / 1490 |
| 1462 | 1018 | TRACZ Adrian | | POL | BANKI / RBS | 85 | M20/337 | M / 947 | 00:36:57 | 07.23 | +0:22:36 | 0:16:16 / 1369 0:32:57 / 1504 |
| 1463 | 602 | TOMANEK Andrzej | WARSZAWA | POL | | 52 | M60/27 | M / 948 | 00:36:59 | 07.23 | +0:22:37 | 0:16:18 / 1375 0:31:49 / 1431 |
| 1464 | 678 | KOBAK Weronika | WARSZAWA | POL | INNE / KLASYFIKACJA PRAWNIKÓW | 87 | K20/189 | K / 516 | 00:36:59 | 07.23 | +0:22:37 | 0:17:08 / 1501 0:32:23 / 1474 |
| 1465 | 4895 | WRONOWSKI Tomasz | WARSZAWA | POL | | 69 | M40/137 | M / 949 | 00:37:00 | 07.24 | +0:22:38 | 0:16:54 / 1474 0:32:15 / 1459 |
| 1466 | 2077 | OLEJ Tomasz | MAGDALENKA | POL | | 69 | M40/138 | M / 950 | 00:37:00 | 07.24 | +0:22:39 | 0:16:50 / 1461 0:32:22 / 1471 |
| 1467 | 868 | KACZYŃSKA Paula | STEENOKKERZE | POL | | 98 | K20/190 | K / 517 | 00:37:01 | 07.24 | +0:22:40 | 0:16:26 / 1395 0:32:21 / 1468 |
| 1468 | 4329 | KORULCZYK-MALAROWSK A Agnieszka | DZIEKANÓW | POL | | 75 | K30/216 | K / 518 | 00:37:01 | 07.24 | +0:22:40 | 0:15:55 / 1290 0:32:02 / 1443 |
| 1469 | 483 | OLEJ Aleksandra | MAGDALENKA | POL | | 97 | K20/191 | K / 519 | 00:37:02 | 07.24 | +0:22:41 | 0:16:52 / 1468 0:32:24 / 1476 |
| 1470 | 4546 | OLSZEWSKA Anna | WARSZAWA | POL | | 69 | K40/64 | K / 520 | 00:37:03 | 07.24 | +0:22:42 | 0:16:58 / 1486 0:32:19 / 1465 |
| 1471 | 446 | CHRAPEK Emilia | WARSZAWA | POL | ADWOKACI / | | | K / 521 | 00:37:04 | 07.24 | +0:22:42 | 0:16:17 / 1372 0:32:04 / 1447 |
| 1472 | 1439 | SOKOŁOWSKA Anna | WARSZAWA | POL | | 82 | K30/217 | K / 522 | 00:37:04 | 07.24 | +0:22:43 | 0:17:17 / 1519 0:32:12 / 1456 0:44:39 / 106 |
| 1473 | 327 | RUSZKIEWICZ Piotr | ŻERKÓW | POL | ADWOKACI / | | | M / 951 | 00:37:04 | 07.24 | +0:22:43 | 0:14:34 / 941 0:31:34 / 1414 |
| 1474 | 4296 | KIRAGA Małgorzata | PIONKI | POL | | 59 | K50/17 | K / 523 | 00:37:08 | 07.25 | +0:22:46 | 0:16:32 / 1418 0:31:46 / 1428 |
| 1475 | 4512 | MOŃKO Jakub | BIĄŁYSTOK | POL | | 98 | M20/338 | M / 952 | 00:37:08 | 07.25 | +0:22:47 | 0:16:48 / 1453 0:32:27 / 1481 |
| 1476 | 1449 | POLKOWSKI Wojciech | ZĄBKI | POL | | 70 | M40/139 | M / 953 | 00:37:09 | 07.25 | +0:22:48 | 0:15:58 / 1304 0:32:47 / 1498 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|----------|--------|-----------------------|------------------|-----------|------------------------------|---------|--------------------|-------------|------------|----------|----------------|------------------------------|
| 1477 | 4848 | WALCZAK Marzena | WARSZAWA | POL | UNIQA RUNNERS | 76 | K30/218 | 00:37:10 | 07.26 | +0:22:49 | 0:16:23 / 1386 | 0:31:48 / 1429 |
| 1478 | 2140 | GRABOWSKI Krzysztof | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | M20/339 | 00:37:10 | 07.26 | +0:22:48 | 0:16:54 / 1473 | 0:32:42 / 1494 |
| 1479 | 1243 | MODLIBOREK Wojciech | WARSZAWA | POL | BANKI / | 79 | M30/327 | 00:37:11 | 07.26 | +0:22:50 | 0:16:49 / 1455 | 0:32:25 / 1477 |
| 1480 | 1560 | TROCEWICZ Zbigniew | WARSZAWA | POL | | 50 | M60/28 | 00:37:14 | 07.26 | +0:22:53 | 0:16:42 / 1439 | 0:32:09 / 1453 |
| 1481 | 1559 | TROCEWICZ Anna | WARSZAWA | POL | | 53 | K50/18 | 00:37:15 | 07.27 | +0:22:53 | 0:16:44 / 1443 | 0:32:08 / 1452 |
| 1482 | 4754 | STEFANIAK Barbara | TARNOBRZEG | POL | | 67 | K40/65 | 00:37:16 | 07.27 | +0:22:54 | 0:16:42 / 1440 | 0:32:21 / 1467 |
| 1483 | 1230 | BUJALSKA Dorota | WARSZAWA | POL | MIESZKANCY_WAWA / | 59 | K50/19 | 00:37:17 | 07.27 | +0:22:56 | 0:16:43 / 1442 | 0:32:16 / 1461 |
| 1484 | 1389 | BIERZAŚKA Magdalena | NOWY DWÓR | POL | | 82 | K30/219 | 00:37:17 | 07.27 | +0:22:56 | 0:16:20 / 1379 | 0:32:44 / 1495 |
| 1485 | 4674 | RYBAK Marcin | ŁÓDŹ | POL | INNE / PIĘKNA I BESTIA KLUB | 79 | M30/328 | 00:37:21 | 07.28 | +0:23:00 | 0:12:12 / 373 | 0:32:14 / 1458 |
| 1486 | 4517 | MYŚLIWIEC Katarzyna | WARSZAWA | POL | | 59 | K50/20 | 00:37:23 | 07.28 | +0:23:01 | 0:17:13 / 1513 | 0:32:22 / 1472 |
| 1487 | 84 | SASIN Joanna | | POL | PUMA | 81 | K30/220 | 00:37:25 | 07.29 | +0:23:03 | 0:16:59 / 1489 | 0:33:03 / 1507 |
| 1488 | 1976 | KACZMARCZYK Izabella | PIASECZNO | POL | | 85 | K20/192 | 00:37:27 | 07.29 | +0:23:05 | 0:16:26 / 1391 | 0:32:03 / 1444 |
| 1489 | 1358 | KALECIŃSKA Katarzyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | K20/193 | 00:37:30 | 07.30 | +0:23:08 | 0:16:58 / 1487 | 0:32:35 / 1488 |
| 1490 | 1359 | WILIŃSKA Anna | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | K20/194 | 00:37:30 | 07.30 | +0:23:09 | 0:16:58 / 1488 | 0:32:36 / 1489 |
| 1491 | 124 | SZYSZKA Urszula | WARSZAWA | POL | PKO / | 58 | K50/21 | 00:37:31 | 07.30 | +0:23:09 | 0:16:56 / 1481 | 0:32:28 / 1482 |
| 1492 | 1175 | SZYSZKA Kinga | WARSZAWA | POL | | 88 | K20/195 | 00:37:31 | 07.30 | +0:23:10 | 0:16:57 / 1484 | 0:32:27 / 1480 |
| 1493 | 73 | ZAWADZKI Edward | WARSZAWA | POL | | 41 | M70/11 | 00:37:32 | 07.30 | +0:23:10 | 0:16:02 / 1316 | 0:31:44 / 1426 |
| 1494 | 869 | KACZYŃSKA Małgorzata | STEENOKKERZE | POL | | 63 | K40/66 | 00:37:32 | 07.30 | +0:23:10 | 0:16:37 / 1433 | 0:32:25 / 1478 |
| 1495 | 707 | ŚNIEGOCKA Marta | WARSZAWA | POL | INNE / ORKAN | 84 | K20/196 | 00:37:33 | 07.30 | +0:23:11 | 0:17:44 / 1553 | 0:32:57 / 1503 |
| 1496 | 462 | ATANASOW Anna | WARSZAWA | POL | ADWOKACI / | | K / 538 | 00:37:36 | 07.31 | +0:23:15 | 0:16:50 / 1459 | 0:32:55 / 1502 |
| 1497 | 3989 | HOLEWIŃSKI Szymon | WARSZAWA | POL | | 96 | M20/340 | 00:37:38 | 07.31 | +0:23:17 | 0:17:12 / 1509 | 0:33:01 / 1506 |
| 1498 | 82 | DZWONKOWSKA Agnieszka | | POL | PUMA | 81 | K30/221 | 00:37:38 | 07.31 | +0:23:17 | 0:16:53 / 1471 | 0:32:58 / 1505 |
| 1499 | 665 | POŚLAD Mariusz | WARSZAWA | POL | | 74 | M30/329 | 00:37:39 | 07.31 | +0:23:17 | 0:17:36 / 1543 | 0:32:49 / 1500 0:44:29 / 103 |
| 1500 | 667 | POŚLAD Anna | WARSZAWA | POL | | 74 | K30/222 | 00:37:39 | 07.31 | +0:23:17 | 0:17:36 / 1544 | 0:32:50 / 1501 0:44:29 / 105 |
| 1501 | 683 | MURAWSKI Zbigniew | MIŃSK | POL | INNE / | 69 | M40/140 | 00:37:41 | 07.32 | +0:23:19 | 0:16:34 / 1424 | 0:32:47 / 1499 |
| 1502 | 684 | MURAWSKA Iwona | MIŃSK | POL | | 90 | K20/197 | 00:37:41 | 07.32 | +0:23:20 | 0:16:33 / 1422 | 0:32:45 / 1496 |
| 1503 | 816 | KOWALCZYK Edyta | | POL | PRZEGLĄD SPORTOWY | 89 | K20/198 | 00:37:42 | 07.32 | +0:23:21 | 0:15:28 / 1191 | 0:32:30 / 1486 |
| 1504 | 1009 | AWDZIEJCZYK Ewa | WARSZAWA | POL | INNE / MEDIA | 63 | K40/67 | 00:37:42 | 07.32 | +0:23:20 | 0:16:55 / 1478 | 0:32:22 / 1470 |
| 1505 | 453 | MAZUR Anna | KRAKÓW | POL | ADWOKACI / | | K / 544 | 00:37:44 | 07.32 | +0:23:23 | 0:16:30 / 1415 | 0:33:05 / 1509 |
| 1506 | 1527 | DENKIEWICZ Marta | WARSZAWA | POL | MIESZKANCY_WAWA / | 88 | K20/199 | 00:37:45 | 07.33 | +0:23:23 | 0:17:08 / 1500 | 0:32:46 / 1497 |
| 1507 | 454 | KLICZEWSKA Anna | KRAKÓW | POL | ADWOKACI / | | K / 546 | 00:37:47 | 07.33 | +0:23:26 | 0:16:32 / 1421 | 0:33:07 / 1512 |
| 1508 | 1506 | MATLA PIETRZAK Anna | WARSZAWA | POL | | 81 | K30/223 | 00:37:50 | 07.34 | +0:23:29 | 0:17:08 / 1504 | 0:33:38 / 1533 |
| 1509 | 1505 | MATLA Ewelina | WARSZAWA | POL | | 84 | K20/200 | 00:37:51 | 07.34 | +0:23:30 | 0:17:09 / 1505 | 0:33:41 / 1534 |
| 1510 | 1497 | ZAJĄC Maciej | BRWINÓW | POL | INNE / WOLNOBIEGACZE | 73 | M30/330 | 00:37:52 | 07.34 | +0:23:31 | 0:17:48 / 1558 | 0:33:28 / 1528 |
| 1511 | 1496 | ZAJĄC Aleksandra | BRWINÓW | POL | INNE / WOLNOBIEGACZE | 00 | K20/201 | 00:37:52 | 07.34 | +0:23:31 | 0:17:48 / 1556 | 0:33:28 / 1527 |
| 1512 | 643 | BANAŚ Julianna | LUBLIN | POL | INNE / KLASYFIKACJA RODZINNA | 98 | K20/202 | 00:37:56 | 07.35 | +0:23:34 | 0:17:11 / 1508 | 0:33:09 / 1514 |
| 1513 | 4425 | LUGOWSKA Anna | SIEDLCE | POL | | 76 | K30/224 | 00:37:56 | 07.35 | +0:23:35 | 0:16:34 / 1423 | 0:31:17 / 1382 0:36:18 / 43 |
| 1514 | 986 | SCHIFFS Bartosz | ZĄBKI | POL | RODZIANA BIEGA | 96 | M20/341 | 00:37:57 | 07.35 | +0:23:35 | 0:17:30 / 1535 | 0:33:47 / 1540 |
| 1515 | 644 | BANAŚ Zuzanna | LUBLIN | POL | INNE / KLASYFIKACJA RODZINNA | 97 | K20/203 | 00:37:58 | 07.35 | +0:23:37 | 0:17:12 / 1510 | 0:33:10 / 1516 |
| 1516 | 642 | BANAŚ Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 73 | M30/331 | 00:37:58 | 07.35 | +0:23:36 | 0:17:15 / 1515 | 0:33:13 / 1520 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | | |
|----------|--------|---------------------------|------------------|-----------|-----------------------------|---------|--------------------|-------------|------------|----------|----------------|----------------|---------------|--------------|
| 1517 | 725 | MAGDZIARZ Malwina | WARSZAWA | POL | | 85 | K20/204 | 00:38:01 | 07.36 | +0:23:40 | 0:18:09 / 1594 | 0:33:45 / 1536 | | |
| 1518 | 1611 | IWASZKO Dorota | WARSZAWA | POL | | 75 | K30/225 | 00:38:05 | 07.37 | +0:23:43 | 0:18:08 / 1590 | 0:33:45 / 1535 | | |
| 1519 | 1461 | KOSOWSKA Angela | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | K30/226 | 00:38:05 | 07.37 | +0:23:43 | 0:17:25 / 1530 | 0:33:12 / 1519 | | |
| 1520 | 4758 | STEMPIŃ Dariusz | PRZASNYSZ | POL | | 70 | M40/141 | 00:38:09 | 07.37 | +0:23:47 | 0:17:39 / 1548 | 0:33:04 / 1508 | | |
| 1521 | 1666 | WARDYS Marcin | GÓRA KALWARIA | POL | | 81 | M30/332 | 00:38:10 | 07.38 | +0:23:48 | 0:18:14 / 1603 | 0:33:37 / 1532 | | |
| 1522 | 4757 | STEMPIŃ Renata | PRZASNYSZ | POL | | 72 | K40/68 | 00:38:11 | 07.38 | +0:23:49 | 0:17:40 / 1549 | 0:33:05 / 1510 | | |
| 1523 | 887 | GAWRYSZEWSKI Krzysztof | WARSZAWA | POL | MIESZKANCY_WAWA / | 88 | M20/342 | 00:38:13 | 07.38 | +0:23:51 | 0:18:07 / 1589 | 0:33:19 / 1524 | | |
| 1524 | 973 | KOCHAŃSKA Agnieszka | GÓRA KALWARIA | POL | | 88 | K20/205 | 00:38:13 | 07.38 | +0:23:52 | 0:18:22 / 1608 | 0:33:46 / 1538 | | |
| 1525 | 886 | GAWRYSZEWSKI Jacek | WARSZAWA | POL | | 50 | M60/29 | 00:38:14 | 07.38 | +0:23:52 | 0:18:09 / 1592 | 0:33:20 / 1525 | | |
| 1526 | 4699 | SICZEK Dominika | LUBLIN | POL | | 95 | K20/206 | 00:38:17 | 07.39 | +0:23:55 | 0:16:48 / 1454 | 0:33:14 / 1521 | | |
| 1527 | 341 | JAROMIN Agata | | POL | ADWOKACI / | | | 00:38:21 | 07.40 | +0:23:59 | 0:16:35 / 1428 | 0:33:15 / 1522 | | |
| 1528 | 1815 | DERDZIŃSKA Katarzyna | ŁOMIANKI | POL | | 79 | K30/227 | 00:38:21 | 07.40 | +0:24:00 | 0:17:50 / 1561 | 0:33:32 / 1529 | | |
| 1529 | 2008 | FRYDRYCH Bożena | WARSZAWA | POL | | 57 | K50/22 | 00:38:21 | 07.40 | +0:24:00 | 0:17:27 / 1533 | 0:33:10 / 1515 | 1:01:48 / 14 | 1:17:08 / 27 |
| 1530 | 4853 | WASILEWSKI Lukasz | WARSZAWA | POL | | 00 | M20/343 | 00:38:22 | 07.40 | +0:24:00 | 0:16:56 / 1482 | 0:34:04 / 1555 | | |
| 1531 | 4852 | WASILEWSKI Igor | WARSZAWA | POL | | 66 | M40/142 | 00:38:22 | 07.40 | +0:24:00 | 0:16:56 / 1483 | 0:34:02 / 1551 | | |
| 1532 | 2009 | MAREK Henryk | WARSZAWA | POL | | 47 | M60/30 | 00:38:22 | 07.40 | +0:24:01 | 0:17:27 / 1532 | 0:33:11 / 1517 | 1:01:50 / 15 | 1:19:59 / 28 |
| 1533 | 1816 | DERDZIŃSKI Marek | ŁOMIANKI | POL | | 69 | M40/143 | 00:38:24 | 07.40 | +0:24:03 | 0:17:53 / 1564 | 0:33:35 / 1531 | | |
| 1534 | 4700 | SICZEK Longin | LUBLIN | POL | | 67 | M40/144 | 00:38:25 | 07.41 | +0:24:03 | 0:16:50 / 1460 | 0:33:16 / 1523 | | |
| 1535 | 4572 | PANUFNIK Tomasz | WARSZAWA | POL | INNE / KSP POLONIA WARSZAWA | 81 | M30/333 | 00:38:27 | 07.41 | +0:24:06 | 0:18:45 / 1624 | 0:34:01 / 1550 | | |
| 1536 | 66 | SZPOND Feliks | WARSZAWA | POL | | 42 | M70/12 | 00:38:27 | 07.41 | +0:24:06 | 0:18:04 / 1585 | 0:33:26 / 1526 | | |
| 1537 | 4573 | PANUFNIK Anna | WARSZAWA | POL | | 78 | K30/228 | 00:38:28 | 07.41 | +0:24:06 | 0:18:47 / 1626 | 0:34:00 / 1549 | | |
| 1538 | 1650 | FAFIŃSKI Piotr | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | M30/334 | 00:38:30 | 07.42 | +0:24:09 | 0:17:59 / 1570 | 0:34:07 / 1558 | | |
| 1539 | 929 | MIELCARZ-PARYS Marta | WARSZAWA | POL | | 84 | K20/207 | 00:38:31 | 07.42 | +0:24:09 | 0:17:37 / 1547 | 0:33:06 / 1511 | | |
| 1540 | 1509 | KĘDZIA Jola | NOWA IWICZNA | POL | INNE / BIEGNĘ DLA CÓREK | 69 | K40/69 | 00:38:31 | 07.42 | +0:24:10 | 0:19:03 / 1631 | 0:34:36 / 1584 | | |
| 1541 | 1649 | GARBACZ Kamila | WARSZAWA | POL | MIESZKANCY_WAWA / | 81 | K30/229 | 00:38:32 | 07.42 | +0:24:11 | 0:18:02 / 1579 | 0:34:12 / 1564 | | |
| 1542 | 52 | ROGALA Adam | | POL | | | | 00:38:34 | 07.42 | +0:24:12 | 0:18:01 / 1576 | 0:33:50 / 1543 | | |
| 1543 | 53 | ZOLADKIEWICZ Marek | | POL | | | | 00:38:34 | 07.42 | +0:24:12 | 0:18:01 / 1575 | 0:33:48 / 1542 | | |
| 1544 | 1651 | PYSZYŃSKI Mariusz | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | M30/335 | 00:38:34 | 07.42 | +0:24:12 | 0:18:02 / 1580 | 0:34:11 / 1563 | | |
| 1545 | 992 | ROMANOWSKI Daniel | WARSZAWA | POL | MIESZKANCY_WAWA / | 77 | M30/336 | 00:38:39 | 07.43 | +0:24:17 | 0:17:48 / 1557 | 0:33:54 / 1545 | | |
| 1546 | 4944 | RĄBALSKI Rafał | HALINÓW | POL | | 96 | M20/344 | 00:38:39 | 07.43 | +0:24:17 | 0:18:04 / 1586 | 0:34:26 / 1576 | | |
| 1547 | 4794 | SZULIM Paweł | WARSZAWA | POL | MIESZKANCY_WAWA / | 97 | M20/345 | 00:38:41 | 07.44 | +0:24:20 | 0:18:32 / 1617 | 0:34:35 / 1583 | | |
| 1548 | 316 | URBANOWSKA Dorota | POZNAŃ | POL | ADWOKACI / | | | 00:38:43 | 07.44 | +0:24:21 | 0:17:19 / 1520 | 0:33:45 / 1537 | | |
| 1549 | 110 | ŁADA Mariusz | WARSZAWA | POL | PKO / | 77 | M30/337 | 00:38:45 | 07.45 | +0:24:23 | 0:17:34 / 1539 | 0:34:03 / 1554 | | |
| 1550 | 1553 | KRÓLIK Michalina | RZECZYCA | POL | INNE / | 99 | K20/208 | 00:38:51 | 07.46 | +0:24:30 | 0:17:58 / 1568 | 0:34:19 / 1570 | | |
| 1551 | 4218 | KLEJNOWSKI Krzysztof adam | WARSZAWA | POL | INNE / GREEN MANALISHI BAND | 61 | M50/68 | 00:38:52 | 07.46 | +0:24:30 | 0:16:55 / 1477 | 0:33:11 / 1518 | | |
| 1552 | 715 | KRAWCZYKIEWICZ Magdalena | WARSZAWA | POL | MIESZKANCY_WAWA / | 78 | K30/230 | 00:38:52 | 07.46 | +0:24:31 | 0:17:24 / 1526 | 0:33:33 / 1530 | | |
| 1553 | 1333 | MALESA Dorota | WARSZAWA | POL | MIESZKANCY_WAWA / | 85 | K20/209 | 00:38:53 | 07.46 | +0:24:32 | 0:16:05 / 1327 | 0:34:11 / 1562 | | |
| 1554 | 892 | SAJDAKOWSKA Katarzyna | WARSZAWA | POL | INNE / ACCELERATE | | | 00:38:59 | 07.47 | +0:24:37 | 0:17:49 / 1559 | 0:34:35 / 1582 | 0:46:22 / 114 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points |
|----------|--------|-------------------------|------------------|-----------|--|---------|--------------------|-------------|------------|----------|--|
| 1555 | 855 | GÓRA Agnieszka | WARSZAWA | POL | MIESZKANCY_WAWA / | 71 | K40/70 | 00:39:00 | 07.48 | +0:24:38 | 0:18:13 / 1601 0:34:12 / 1565 |
| 1556 | 2862 | NOWICKA Lilianna | WARSZAWA | POL | | 85 | K20/210 | 00:39:01 | 07.48 | +0:24:39 | 0:17:42 / 1550 0:33:47 / 1539 |
| 1557 | 610 | GALECKA Bożena | WARSZAWA | POL | | 66 | K40/71 | 00:39:01 | 07.48 | +0:24:40 | 0:17:25 / 1529 0:33:55 / 1547 |
| 1558 | 609 | TUPALSKA Janina | WARSZAWA | POL | | 63 | K40/72 | 00:39:02 | 07.48 | +0:24:40 | 0:17:24 / 1527 0:33:55 / 1546 |
| 1559 | 1980 | KAKIET Diana | WARSZAWA | POL | | 85 | K20/211 | 00:39:06 | 07.49 | +0:24:44 | 0:18:07 / 1588 0:34:29 / 1579 |
| 1560 | 1917 | GRZANKA Marcin | WARSZAWA | POL | | 88 | M20/346 | 00:39:07 | 07.49 | +0:24:45 | 0:18:09 / 1593 0:34:29 / 1578 |
| 1561 | 271 | FALKOWSKA Natalia | WARSZAWA | POL | | 92 | K20/212 | 00:39:08 | 07.49 | +0:24:46 | 0:18:08 / 1591 0:34:07 / 1559 |
| 1562 | 900 | SZCZYBELSKA Katarzyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 88 | K20/213 | 00:39:08 | 07.49 | +0:24:46 | 0:18:03 / 1583 0:34:15 / 1567 |
| 1563 | 541 | TARNOWSKI Tomek | WARSZAWA | POL | STASZEK JEST Z NAMI | 53 | M50/69 | 00:39:10 | 07.50 | +0:24:49 | 0:17:52 / 1563 0:34:03 / 1552 |
| 1564 | 514 | KELLER Anna | WARSZAWA | POL | INNE / KLASYFIKACJA DZIECI I MŁODZIEŻY | 00 | K20/214 | 00:39:11 | 07.50 | +0:24:49 | 0:18:20 / 1607 0:34:25 / 1574 |
| 1565 | 540 | TARNOWSKA Magda | WARSZAWA | POL | STASZEK JEST Z NAMI | 57 | K50/23 | 00:39:12 | 07.50 | +0:24:50 | 0:17:54 / 1565 0:34:04 / 1556 |
| 1566 | 956 | SKOK Anna | ZIELONKA | POL | | 48 | K60/5 | 00:39:12 | 07.50 | +0:24:51 | 0:17:08 / 1503 0:33:51 / 1544 |
| 1567 | 932 | NAROLEWSKA Dorota | ŁOMIANKI | POL | | 80 | K30/231 | 00:39:15 | 07.51 | +0:24:53 | 0:16:47 / 1448 0:35:07 / 1603 |
| 1568 | 1112 | ŚLIWIŃSKA-WÓJCIK Dorota | NOWY DWÓR | POL | | 75 | K30/232 | 00:39:16 | 07.51 | +0:24:55 | 0:17:26 / 1531 0:34:15 / 1568 |
| 1569 | 3686 | MAKOWSKA Katarzyna | WARSZAWA | POL | | 64 | K40/73 | 00:39:18 | 07.51 | +0:24:57 | 0:16:57 / 1485 0:33:48 / 1541 1:11:17 / 26 |
| 1570 | 1198 | POTYRA Marian | WARSZAWA | POL | INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 77 | M30/338 | 00:39:21 | 07.52 | +0:24:59 | 0:17:35 / 1541 0:34:13 / 1566 |
| 1571 | 1637 | KOGUT Wioletta | KONSTANCIN-JEZ | POL | | 73 | K30/233 | 00:39:22 | 07.52 | +0:25:00 | 0:18:11 / 1596 0:34:05 / 1557 |
| 1572 | 4863 | WIĄCEK Justyna | ŁUKÓW | POL | | 95 | K20/215 | 00:39:25 | 07.53 | +0:25:04 | 0:17:06 / 1494 0:34:58 / 1597 |
| 1573 | 1526 | KOPRZYWA Daniel | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | M30/339 | 00:39:26 | 07.53 | +0:25:05 | 0:17:32 / 1538 0:34:28 / 1577 |
| 1574 | 4797 | SZUMIŁO Katarzyna | SZCZECIN | POL | | 89 | K20/216 | 00:39:26 | 07.53 | +0:25:05 | 0:17:36 / 1545 0:34:52 / 1594 |
| 1575 | 4200 | KOGUT Robert | KONSTANCIN-JEZ | POL | | 73 | M30/340 | 00:39:26 | 07.53 | +0:25:05 | 0:18:16 / 1606 0:34:07 / 1560 |
| 1576 | 1317 | SZADKOWSKA Karina | ŁOWICZ | POL | PKO / DRAGON FC SOCHACZEW | 83 | K20/217 | 00:39:27 | 07.53 | +0:25:06 | 0:17:35 / 1542 0:34:33 / 1581 |
| 1577 | 1292 | WOJCIECHOWSKI Zbigniew | WARSZAWA | POL | MIESZKANCY_WAWA / | 64 | M40/145 | 00:39:28 | 07.53 | +0:25:07 | 0:18:01 / 1573 0:34:08 / 1561 |
| 1578 | 9 | LECH Paweł | | POL | | 65 | M40/146 | 00:39:33 | 07.54 | +0:25:12 | 0:17:11 / 1507 0:33:55 / 1548 |
| 1579 | 153 | DUTKIEWICZ Teresa | TORUŃ | POL | PKO | 60 | K50/24 | 00:39:36 | 07.55 | +0:25:15 | 0:17:23 / 1522 0:34:16 / 1569 |
| 1580 | 4945 | RĄBAŁSKI Bogdan | HACINÓW | POL | | 59 | M50/70 | 00:39:37 | 07.55 | +0:25:16 | 0:18:05 / 1587 0:34:26 / 1575 |
| 1581 | 348 | JURKIEWICZ Barbara | | POL | ADWOKACI / | | | 00:39:40 | 07.56 | +0:25:18 | 0:18:50 / 1627 0:34:57 / 1596 |
| 1582 | 15 | TRZASKA Robert | | POL | | | | 00:39:44 | 07.56 | +0:25:22 | 0:18:02 / 1581 0:35:10 / 1606 |
| 1583 | 452 | JASZCZUK Sylwia | | POL | ADWOKACI / | | | 00:39:44 | 07.56 | +0:25:22 | 0:18:01 / 1577 0:35:17 / 1607 |
| 1584 | 1554 | DUDZIUK Marcin | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | M30/341 | 00:39:46 | 07.57 | +0:25:25 | 0:18:01 / 1574 0:34:22 / 1572 |
| 1585 | 3322 | PACHULSKA Katarzyna | WARSZAWA | POL | MIESZKANCY_WAWA / | 82 | K30/234 | 00:39:47 | 07.57 | +0:25:25 | 0:16:28 / 1406 0:35:08 / 1604 |
| 1586 | 1406 | FLIS Grażyna | MICHAŁOWICE | POL | | 57 | K50/25 | 00:39:50 | 07.58 | +0:25:28 | 0:17:43 / 1552 0:34:03 / 1553 |
| 1587 | 4337 | KOTARSKA Urszula | ŁOWICZ | POL | | 61 | K50/26 | 00:39:50 | 07.58 | +0:25:29 | 0:17:58 / 1567 0:34:40 / 1585 |
| 1588 | 1307 | MALICKA Katarzyna | WARSZAWA | POL | INNE / THANG | 58 | K50/27 | 00:39:51 | 07.58 | +0:25:30 | 0:17:50 / 1560 0:35:01 / 1599 |
| 1589 | 1120 | KAMIŃSKA Katarzyna | WARSZAWA | POL | | 77 | K30/235 | 00:39:52 | 07.58 | +0:25:31 | 0:18:02 / 1578 0:35:04 / 1601 |
| 1590 | 1077 | KOTARSKA Malwina | WARSZAWA | POL | INNE / BAYER LIFE TEAM | 85 | K20/218 | 00:39:52 | 07.58 | +0:25:31 | 0:18:00 / 1572 0:34:42 / 1587 |
| 1591 | 2597 | BOCZAR Hubert | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | M30/342 | 00:39:53 | 07.58 | +0:25:32 | 0:20:45 / 1675 0:35:20 / 1609 |
| 1592 | 1589 | CHOJNACKA Marta | WARSZAWA | POL | MIESZKANCY_WAWA / | 84 | K20/219 | 00:39:55 | 07.59 | +0:25:33 | 0:19:04 / 1634 0:35:42 / 1618 |
| 1593 | 1588 | CHOJNACKI Szymon | TORUŃ | POL | MIESZKANCY_WAWA / | 80 | M30/343 | 00:39:55 | 07.59 | +0:25:34 | 0:19:05 / 1635 0:35:43 / 1620 |
| 1594 | 344 | TEODORCZAK Anna maria | SOPOT | POL | ADWOKACI / | | | 00:39:56 | 07.59 | +0:25:34 | 0:17:45 / 1555 0:35:01 / 1598 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points |
|----------|--------|-----------------------|------------------|-----------|-------------------------|---------|--------------------|-------------|------------|----------|---|
| 1595 | 468 | JAWORSKI Grzegorz | GLIWICE | POL | ADWOKACI / | | M / 997 | 00:39:56 | 07.59 | +0:25:34 | 0:17:23 / 1524 0:34:25 / 1573 |
| 1596 | 1825 | DREWNOWSKA Anna | ŚRÓDLĘSIE | POL | INNE / DREWNOWSCY GÓRĄ | 98 | K20/220 | 00:39:57 | 07.59 | +0:25:35 | 0:18:45 / 1623 0:34:52 / 1593 |
| 1597 | 1824 | DREWNOWSKA Beata | ŚRÓDLĘSIE | POL | INNE / DREWNOWSCY GÓRĄ | 70 | K40/74 | 00:39:58 | 07.59 | +0:25:36 | 0:18:46 / 1625 0:34:50 / 1590 |
| 1598 | 4943 | DREWNOWSKI Adam | ŚRÓDLĘSIE | POL | INNE / DREWNOWSCY GÓRĄ | 70 | M40/147 | 00:39:58 | 07.59 | +0:25:36 | 0:18:45 / 1622 0:34:50 / 1591 |
| 1599 | 596 | DAWIDCZYK Anna | KOBYŁKA | POL | | 00 | K20/221 | 00:39:59 | 07.59 | +0:25:37 | 0:19:25 / 1652 0:35:33 / 1613 |
| 1600 | 597 | DAWIDCZYK Zuzanna | KOBYŁKA | POL | | 00 | K20/222 | 00:40:00 | 08.00 | +0:25:38 | 0:19:24 / 1651 0:35:34 / 1615 |
| 1601 | 1287 | MULSKA Małgorzata | TORUŃ | POL | | 77 | K30/236 | 00:40:04 | 08.00 | +0:25:43 | 0:18:12 / 1600 0:35:10 / 1605 |
| 1602 | 1384 | JOŃCZYK Beata | WARSZAWA | POL | | 78 | K30/237 | 00:40:05 | 08.01 | +0:25:44 | 0:17:12 / 1511 0:34:31 / 1580 |
| 1603 | 1654 | ZIOMEK Joanna | WARSZAWA | POL | | 84 | K20/223 | 00:40:07 | 08.01 | +0:25:46 | 0:19:34 / 1657 0:35:46 / 1627 |
| 1604 | 4909 | ZDZIECHOWSKA Anna | ŚREM | POL | | 48 | K60/6 | 00:40:09 | 08.01 | +0:25:47 | 0:18:10 / 1595 0:34:45 / 1588 |
| 1605 | 2000 | KAŻMIERCZAK Paulina | DRAWSKO | POL | INNE | 87 | K20/224 | 00:40:09 | 08.01 | +0:25:47 | 0:17:35 / 1540 0:34:53 / 1595 |
| 1606 | 4331 | KOSMAŁSKA Barbara | GRYFINO | POL | | 47 | K60/7 | 00:40:11 | 08.02 | +0:25:49 | 0:18:14 / 1604 0:34:46 / 1589 |
| 1607 | 2224 | BARAŃSKI Jan izydor | WARSZAWA | POL | | 93 | M20/347 | 00:40:11 | 08.02 | +0:25:49 | 0:18:03 / 1582 0:35:27 / 1610 |
| 1608 | 2225 | ZIEMKIEWICZ Magdalena | WARSZAWA | POL | | 64 | K40/75 | 00:40:11 | 08.02 | +0:25:50 | 0:18:03 / 1584 0:35:28 / 1611 |
| 1609 | 451 | CZERNIAK Agnieszka | LUBLIN | POL | ADWOKACI / | | K / 610 | 00:40:13 | 08.02 | +0:25:51 | 0:18:00 / 1571 0:35:18 / 1608 |
| 1610 | 2362 | ADAMCZYK Marek | JAKTORÓW | POL | INNE / | 73 | M30/344 | 00:40:13 | 08.02 | +0:25:51 | 0:17:08 / 1502 0:35:04 / 1602 |
| 1611 | 650 | ADAMCZYK Iwona | JAKTORÓW | POL | | 77 | K30/238 | 00:40:13 | 08.02 | +0:25:51 | 0:17:27 / 1534 0:34:42 / 1586 |
| 1612 | 598 | DAWIDCZYK Katarzyna | KOBYŁKA | POL | | 73 | K30/239 | 00:40:14 | 08.02 | +0:25:52 | 0:19:23 / 1650 0:35:34 / 1614 |
| 1613 | 3189 | LECH-OSADNIK Klaudia | WARSZAWA | POL | MIESZKANCY_WAWA / | 83 | K20/225 | 00:40:15 | 08.03 | +0:25:53 | 0:18:24 / 1611 0:34:52 / 1592 0:46:53 / 117 |
| 1614 | 3190 | OSADNIK Jacek | WARSZAWA | POL | MIESZKANCY_WAWA / | 76 | M30/345 | 00:40:16 | 08.03 | +0:25:54 | 0:18:24 / 1610 0:36:12 / 1642 |
| 1615 | 4544 | OLEKSIAK Klaudia | ADAMOWO | POL | | 95 | K20/226 | 00:40:18 | 08.03 | +0:25:57 | 0:18:51 / 1628 0:35:45 / 1624 |
| 1616 | 1107 | KUDNY Wiesław | WOLA | POL | | 64 | M40/148 | 00:40:19 | 08.03 | +0:25:57 | 0:19:19 / 1647 0:36:17 / 1643 |
| 1617 | 1102 | KUPNY Kacper | WOLA | POL | | 00 | M20/348 | 00:40:19 | 08.03 | +0:25:57 | 0:19:17 / 1643 0:36:19 / 1644 |
| 1618 | 1632 | MĘKAL Joanna | WAŁBRZYCH | POL | RAJS TEAM | 80 | K30/240 | 00:40:21 | 08.04 | +0:25:59 | 0:17:02 / 1490 0:34:21 / 1571 |
| 1619 | 4565 | PALISZEWSKA Anita | ADAMOWO | POL | | 95 | K20/227 | 00:40:21 | 08.04 | +0:25:59 | 0:18:53 / 1630 0:35:45 / 1622 |
| 1620 | 4742 | STACHURSKI Mateusz | KUTNO | POL | | 92 | M20/349 | 00:40:21 | 08.04 | +0:25:59 | 0:18:52 / 1629 0:35:45 / 1621 |
| 1621 | 515 | KELLER Aleksandra | WARSZAWA | POL | MIESZKANCY_WAWA / | 75 | K30/241 | 00:40:22 | 08.04 | +0:26:00 | 0:19:30 / 1656 0:35:35 / 1616 |
| 1622 | 1108 | KUDNY Kinga | WOLA | POL | | 98 | K20/228 | 00:40:23 | 08.04 | +0:26:01 | 0:18:39 / 1620 0:35:46 / 1626 |
| 1623 | 1100 | SIDOR Izabela | JÓZEFOSŁAW | POL | | 72 | K40/76 | 00:40:23 | 08.04 | +0:26:01 | 0:18:41 / 1621 0:35:49 / 1629 |
| 1624 | 1323 | KAPRON Dagmara | WARSZAWA | POL | | 70 | K40/77 | 00:40:30 | 08.06 | +0:26:09 | 0:17:15 / 1516 0:35:03 / 1600 |
| 1625 | 508 | BRZOZOWSKA Kamila | WARSZAWA | POL | | 96 | K20/229 | 00:40:33 | 08.06 | +0:26:12 | 0:19:17 / 1644 0:35:40 / 1617 |
| 1626 | 507 | BRZOZOWSKI Artur | WARSZAWA | POL | | 66 | M40/149 | 00:40:34 | 08.06 | +0:26:13 | 0:19:19 / 1648 0:35:42 / 1619 |
| 1627 | 246 | LENCZYŃSKA Krystyna | | POL | | 62 | K50/28 | 00:40:42 | 08.08 | +0:26:21 | 0:17:43 / 1551 0:35:45 / 1623 |
| 1628 | 245 | PALKIEWICZ Andrzej | | POL | | 53 | M50/71 | 00:40:44 | 08.08 | +0:26:23 | 0:17:44 / 1554 0:35:47 / 1628 |
| 1629 | 1135 | CZYŻ Magdalena | WARSZAWA | POL | | 00 | K20/230 | 00:40:56 | 08.11 | +0:26:35 | 0:19:25 / 1653 0:35:52 / 1631 |
| 1630 | 1213 | SKURZAK Joanna | WARSZAWA | POL | FIRMY_RODZINNE / | 85 | K20/231 | 00:40:57 | 08.11 | +0:26:35 | 0:20:16 / 1668 0:36:50 / 1650 |
| 1631 | 1044 | MAŃKOWSKI Marcin | WARSZAWA | POL | | 79 | M30/346 | 00:40:57 | 08.11 | +0:26:35 | 0:19:28 / 1654 0:35:52 / 1632 |
| 1632 | 500 | OLEWIECKA Agnieszka | WARSZAWA | POL | | 84 | K20/232 | 00:41:00 | 08.12 | +0:26:38 | 0:19:11 / 1639 0:35:57 / 1635 |
| 1633 | 857 | KRAŚNIAKA Grażyna | WARSZAWA | POL | BIEGNIJ WARSZAWO | 65 | K40/78 | 00:41:04 | 08.12 | +0:26:43 | 0:17:54 / 1566 0:35:32 / 1612 |
| 1634 | 659 | JASIŃSKI Krzysztof | WARSZAWA | POL | | 99 | M20/350 | 00:41:04 | 08.12 | +0:26:43 | 0:18:12 / 1598 0:36:07 / 1638 |




KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points |
|----------|--------|---------------------------------|------------------|-----------|-------------------------|--|--------------------|-------------------|------------|----------|-------------------------------|
| 1635 | 658 | JASIŃSKA Ewa | WARSZAWA | | POL | 75 | K30/242 | K / 627 00:41:04 | 08.12 | +0:26:43 | 0:18:14 / 1602 0:36:08 / 1639 |
| 1636 | 3775 | SZOSTAK Adam | WARSZAWA | | POL | 80 | M30/347 | M / 1009 00:41:08 | 08.13 | +0:26:46 | 0:19:07 / 1637 0:36:09 / 1640 |
| 1637 | 821 | KARAŚ Aleksandra | PŁOCK | | POL | INNE / STOWAŻYSZENIE OSÓB NIEWIDOMYCH I SŁABOWI | 50 K60/8 | K / 628 00:41:11 | 08.14 | +0:26:49 | 0:19:04 / 1633 0:35:53 / 1633 |
| 1638 | 822 | DĄBROWSKI Maciek | PŁOCK | | POL | INNE / STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOWI | 83 M20/351 | M / 1010 00:41:15 | 08.15 | +0:26:53 | 0:19:06 / 1636 0:35:53 / 1634 |
| 1639 | 125 | CZAJKA Elżbieta | WARSZAWA | | POL | PKO / | 61 K50/29 | K / 629 00:41:22 | 08.16 | +0:27:00 | 0:18:25 / 1612 0:35:46 / 1625 |
| 1640 | 1215 | GÓRECKI Roman | GRÓJEC | | POL | | 65 M40/150 | M / 1011 00:41:22 | 08.16 | +0:27:00 | 0:18:37 / 1619 0:35:50 / 1630 |
| 1641 | 224 | KRÓL Arkadiusz | WARSZAWA | | POL | SŁUŻBY MUNDUROWE | 77 M30/348 | M / 1012 00:41:23 | 08.16 | +0:27:01 | 0:18:29 / 1616 0:35:59 / 1637 |
| 1642 | 223 | KRÓL Karolina | WARSZAWA | | POL | SŁUŻBY MUNDUROWE | 78 K30/243 | K / 630 00:41:24 | 08.16 | +0:27:02 | 0:18:28 / 1613 0:35:59 / 1636 |
| 1643 | 4378 | KUKLA Izabella | WARSZAWA | | POL | | 77 K30/244 | K / 631 00:41:28 | 08.17 | +0:27:07 | 0:19:04 / 1632 0:36:12 / 1641 |
| 1644 | 1415 | DEMBKOWSKI Jan | PŁOCK | | POL | | 46 M60/31 | M / 1013 00:41:29 | 08.17 | +0:27:07 | 0:20:29 / 1671 0:36:33 / 1645 |
| 1645 | 1414 | DEMBKOWSKA - ŁENGOWIK Katarzyna | PŁOCK | | POL | | 67 K40/79 | K / 632 00:41:30 | 08.18 | +0:27:09 | 0:20:30 / 1672 0:36:35 / 1647 |
| 1646 | 513 | KELLER Zofia | WARSZAWA | | POL | INNE / KLASYFIKACJA DZIECI I MŁODZIEŻY | 00 K20/233 | K / 633 00:41:35 | 08.19 | +0:27:14 | 0:18:29 / 1614 0:36:39 / 1648 |
| 1647 | 1099 | SIDOR Paulina | JÓZEFOSŁAW | | POL | | 00 K20/234 | K / 634 00:41:37 | 08.19 | +0:27:15 | 0:19:16 / 1641 0:36:44 / 1649 |
| 1648 | 1190 | REPCZUK-DRABAREK Anna | WARSZAWA | | POL | INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 82 K30/245 | K / 635 00:41:55 | 08.23 | +0:27:33 | 0:19:15 / 1640 0:36:51 / 1651 |
| 1649 | 505 | MARTYNIUK Renata | WARSZAWA | | POL | MIESZKANCY_WAWA / | 53 K50/30 | K / 636 00:42:15 | 08.27 | +0:27:54 | 0:19:17 / 1642 0:37:03 / 1653 |
| 1650 | 600 | TALBIERZ Anna | WARSZAWA | | POL | | 79 K30/246 | K / 637 00:42:17 | 08.27 | +0:27:55 | 0:20:20 / 1669 0:37:48 / 1663 |
| 1651 | 599 | SOBIEGRAJ-PILNIEWICZ Dominika | WARSZAWA | | POL | | 79 K30/247 | K / 638 00:42:18 | 08.27 | +0:27:57 | 0:20:23 / 1670 0:37:47 / 1662 |
| 1652 | 3003 | MYCIUK Alina | W-WA | | POL | | 58 K50/31 | K / 639 00:42:30 | 08.30 | +0:28:08 | 0:18:15 / 1605 0:36:34 / 1646 |
| 1653 | 1999 | KAZOŃ Marlena ewa | WARSZAWA | | POL | MIESZKANCY_WAWA / | 78 K30/248 | K / 640 00:42:40 | 08.32 | +0:28:18 | 0:18:22 / 1609 0:36:57 / 1652 |
| 1654 | 885 | FRYCZ Tomasz | WARSZAWA | | POL | INNE / TRI.PL | 73 | M / 1014 00:42:44 | 08.32 | +0:28:23 | 0:18:29 / 1615 0:37:06 / 1654 |
| 1655 | 1445 | NIEDŹWIEDZKA Joanna | WARSZAWA | | POL | MIESZKANCY_WAWA / | 58 K50/32 | K / 641 00:42:53 | 08.34 | +0:28:32 | 0:19:09 / 1638 0:37:14 / 1657 |
| 1656 | 794 | GRZELAK Zygmunt | WARSZAWA | | POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 32 M70/13 | M / 1015 00:42:54 | 08.34 | +0:28:32 | 0:20:56 / 1679 0:37:44 / 1658 |
| 1657 | 793 | MICHALIK Jan | WARSZAWA | | POL | STOWARZYSZENIE OSÓB NIEWIDOMYCH I SŁABOW | 44 M60/32 | M / 1016 00:42:55 | 08.35 | +0:28:34 | 0:20:59 / 1680 0:37:44 / 1659 |
| 1658 | 4936 | KOTOWICZ Otton | WARSZAWA | | POL | | 31 M70/14 | M / 1017 00:43:00 | 08.36 | +0:28:39 | 0:19:39 / 1658 0:37:13 / 1656 |
| 1659 | 49 | GRABOWSKI Wojciech | WARSZAWA | | POL | | 38 M70/15 | M / 1018 00:43:01 | 08.36 | +0:28:39 | 0:18:35 / 1618 0:37:11 / 1655 |
| 1660 | 4653 | REJMENT Natalia | WARSZAWA | | POL | | 00 K20/235 | K / 642 00:43:06 | 08.37 | +0:28:45 | 0:17:06 / 1495 0:37:44 / 1660 |
| 1661 | 4502 | MIRECKA Katarzyna | WARSZAWA | | POL | | 79 K30/249 | K / 643 00:43:08 | 08.37 | +0:28:46 | 0:17:08 / 1499 0:37:49 / 1664 |
| 1662 | 523 | KOMOROWSKA Elżbieta | WARSZAWA | | POL | | 56 K50/33 | K / 644 00:43:12 | 08.38 | +0:28:51 | 0:19:17 / 1645 0:37:45 / 1661 |
| 1663 | 349 | CHOROSZYŃSKI Rafał | | | POL | ADWOKACI / | | M / 1019 00:43:21 | 08.40 | +0:28:59 | 0:19:45 / 1661 0:38:17 / 1669 |
| 1664 | 250 | SUCHORZEWSKI Wojciech | WARSZAWA | | POL | | 33 M70/16 | M / 1020 00:43:45 | 08.45 | +0:29:24 | 0:19:44 / 1659 0:38:09 / 1668 |
| 1665 | 481 | ZIELIŃSKA Anna teresa | WARSZAWA | | POL | INNE / ZOLIBORZ BIEGA | 57 K50/34 | K / 645 00:43:46 | 08.45 | +0:29:25 | 0:19:45 / 1662 0:38:08 / 1667 |
| 1666 | 1105 | KUPNY-TARNAWSKA Beata | WOLA | | POL | | 65 K40/80 | K / 646 00:44:00 | 08.48 | +0:29:39 | 0:20:32 / 1673 0:38:21 / 1670 |
| 1667 | 4574 | PASZKIEWICZ Zbigniew | STALOWA WOLA | | POL | | 31 M70/17 | M / 1021 00:44:04 | 08.48 | +0:29:42 | 0:19:44 / 1660 0:38:08 / 1666 |
| 1668 | 1401 | FARMUS Jacek | WARSZAWA | | POL | MIESZKANCY_WAWA / | 79 M30/349 | M / 1022 00:44:07 | 08.49 | +0:29:46 | 0:21:22 / 1681 0:38:39 / 1671 |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | | |
|----------|--------|--------------------------|------------------|-----------|---|---------|--------------------|-------------------|------------|----------|----------------|----------------|--------------|
| 1669 | 4426 | LUGOWSKI Leszek | SIEDLCE | | POL | 77 | M30/350 | M / 1023 00:44:08 | 08.49 | +0:29:47 | 0:10:53 / 172 | 0:20:14 / 170 | 0:23:29 / 6 |
| 1670 | 1510 | TANKIELUN Monika | | | POL | 86 | K20/236 | K / 647 00:44:09 | 08.49 | +0:29:48 | 0:21:24 / 1682 | 0:38:42 / 1672 | |
| 1671 | 2698 | WOLNIEWICZ Mirosław | PRUSZKÓW | | POL | 70 | M40/151 | M / 1024 00:44:24 | 08.52 | +0:30:02 | 0:30:00 / 1701 | 0:40:47 / 1685 | 0:18:36 / 2 |
| 1672 | 917 | KOWALCZYK Klaudia | RADOM | | POL | 80 | K30/250 | K / 648 00:44:28 | 08.53 | +0:30:06 | 0:19:49 / 1664 | 0:38:56 / 1673 | |
| 1673 | 567 | PIETRKIEWICZ Henryk | WARSZAWA | | POL | 58 | M50/72 | M / 1025 00:44:30 | 08.54 | +0:30:09 | 0:21:28 / 1685 | 0:39:11 / 1678 | |
| 1674 | 566 | PIETRKIEWICZ Małgorzata | WARSZAWA | | POL | 59 | K50/35 | K / 649 00:44:31 | 08.54 | +0:30:10 | 0:21:26 / 1683 | 0:39:11 / 1676 | |
| 1675 | 726 | BIELAWSKA Dorota | WARSZAWA | | POL | 82 | K30/251 | K / 650 00:44:32 | 08.54 | +0:30:11 | 0:19:19 / 1646 | 0:38:07 / 1665 | |
| 1676 | 2171 | GRZYBOWSKI Marcin | WARSZAWA | | POL INNE | 82 | M30/351 | M / 1026 00:44:45 | 08.57 | +0:30:24 | 0:19:22 / 1649 | 0:39:26 / 1680 | |
| 1677 | 719 | MACHNACKI Michał | LEGIONOWO | | POL GRUPA BIEGOWA CHTMO | 76 | M30/352 | M / 1027 00:44:48 | 08.57 | +0:30:26 | 0:20:53 / 1677 | 0:39:11 / 1677 | |
| 1678 | 718 | MACHNACKA Urszula | LEGIONOWO | | POL GRUPA BIEGOWA CHTMO | 74 | K30/252 | K / 651 00:44:49 | 08.57 | +0:30:27 | 0:20:55 / 1678 | 0:39:13 / 1679 | |
| 1679 | 437 | MELLER-JAWORSKA Ewa | | | POL ADWOKACI / | | | K / 652 00:44:51 | 08.58 | +0:30:29 | 0:20:13 / 1667 | 0:39:07 / 1674 | |
| 1680 | 449 | KACZOROWSKA Joanna | PŁOCK | | POL ADWOKACI / | | | K / 653 00:44:59 | 08.59 | +0:30:37 | 0:20:11 / 1666 | 0:39:09 / 1675 | |
| 1681 | 1385 | BURSZTYNOWSKA Małgorzata | WARSZAWA | | POL MIESZKANCY_WAWA / | 59 | K50/36 | K / 654 00:45:28 | 09.05 | +0:31:06 | 0:26:09 / 1698 | 0:40:53 / 1686 | 0:11:18 / 1 |
| 1682 | 128 | KOZŁOWSKI Andrzej | WARSZAWA | | POL PKO / | 47 | M60/33 | M / 1028 00:45:41 | 09.08 | +0:31:20 | 0:20:50 / 1676 | 0:39:36 / 1681 | |
| 1683 | 901 | OLESIŃSKA Katarzyna | WARSZAWA | | POL MIESZKANCY_WAWA / | 60 | K50/37 | K / 655 00:45:54 | 09.10 | +0:31:33 | 0:20:38 / 1674 | 0:40:00 / 1682 | |
| 1684 | 459 | FRANKIEWICZ Katarzyna | | | POL ADWOKACI / | | | K / 656 00:46:02 | 09.12 | +0:31:40 | | | |
| 1685 | 845 | LUKASIEWICZ Andrzej | WARSZAWA | | POL STRAŻ POŻARNA | 53 | M50/73 | M / 1029 00:46:06 | 09.13 | +0:31:44 | 0:19:49 / 1663 | 0:40:09 / 1683 | |
| 1686 | 1030 | BADOWSKA Ingrid | | | POL BANKI / RBS | 81 | K30/253 | K / 657 00:46:14 | 09.14 | +0:31:53 | 0:20:05 / 1665 | 0:40:17 / 1684 | |
| 1687 | 979 | MĘDZA Małgorzata | WARSZAWA | | POL MIESZKANCY_WAWA / | 64 | K40/81 | K / 658 00:47:16 | 09.27 | +0:32:54 | 0:21:28 / 1684 | 0:41:06 / 1687 | |
| 1688 | 4193 | JĘDRZEJEWSKA Justyna | PŁOŃSK | | POL | 87 | K20/237 | K / 659 00:48:25 | 09.41 | +0:34:04 | 0:22:55 / 1692 | 0:43:02 / 1691 | |
| 1689 | 4194 | JĘDRZEJEWSKI Marcin | PŁOŃSK | | POL | 83 | M20/352 | M / 1030 00:48:30 | 09.42 | +0:34:08 | 0:22:56 / 1693 | 0:43:06 / 1692 | |
| 1690 | 591 | FILABER Monika | WARSZAWA-WA | | POL MIESZKANCY_WAWA / | 92 | K20/238 | K / 660 00:48:44 | 09.44 | +0:34:23 | 0:22:27 / 1688 | 0:42:21 / 1688 | |
| 1691 | 960 | GÓRNICKA Anna | LEGIONOWO | | POL MIESZKANCY_WAWA / | 56 | K50/38 | K / 661 00:49:15 | 09.51 | +0:34:53 | 0:22:41 / 1691 | 0:42:31 / 1689 | |
| 1692 | 1556 | KUSAK Barbara | KOBYLKA | | POL OPEN | 47 | K60/9 | K / 662 00:49:15 | 09.51 | +0:34:54 | 0:21:32 / 1686 | 0:42:39 / 1690 | |
| 1693 | 534 | PATRYCY Agnieszka | WARSZAWA | | POL MIESZKANCY_WAWA / | 75 | K30/254 | K / 663 00:49:39 | 09.55 | +0:35:17 | 0:23:44 / 1696 | 0:44:02 / 1694 | |
| 1694 | 1164 | CHMIELEWSKA Zofia | WARSZAWA | | POL | 55 | K50/39 | K / 664 00:49:59 | 09.59 | +0:35:37 | 0:22:05 / 1687 | 0:43:24 / 1693 | |
| 1695 | 674 | NATORSKI Maciek | WARSZAWA | | POL INNE / BRÓDNOWSKA JEDNOOSOBOWA EKIPA#9 SPORTOWA | | M30/353 | M / 1031 00:51:08 | 10.13 | +0:36:46 | 0:23:34 / 1695 | 0:45:02 / 1696 | |
| 1696 | 673 | NATORSKA Julia | WARSZAWA | | POL BRUDNOWSKA JEDNOOSOBOWA EKIPA SPORTOWA | 94 | K20/239 | K / 665 00:51:08 | 10.13 | +0:36:46 | 0:23:34 / 1694 | 0:45:02 / 1695 | |
| 1697 | 1192 | MOSIONEK Monika | WARSZAWA | | POL INNE / KLASYFIKACJA UBEZPIECZENIOWCÓW | 85 | K20/240 | K / 666 00:52:23 | 10.28 | +0:38:01 | 0:30:53 / 1702 | 0:48:37 / 1698 | |
| 1698 | 1335 | GAJEWSKI Marek | WARSZAWA | | POL MIESZKANCY_WAWA / | 51 | M60/34 | M / 1032 00:53:40 | 10.44 | +0:39:18 | 0:24:59 / 1697 | 0:46:34 / 1697 | |
| 1699 | 461 | JAKUBOWSKA-ZAWADA Joanna | RZESZÓW | | POL ADWOKACI / | | | K / 667 00:55:35 | 11.07 | +0:41:14 | 0:13:46 / 709 | 0:26:24 / 842 | 0:31:10 / 19 |
| 1700 | 3507 | BINKOWSKA Izabela | WARSZAWA | | POL MIESZKANCY_WAWA / | 79 | K30/255 | K / 668 00:55:38 | 11.07 | +0:41:16 | 0:16:00 / 1311 | 0:30:35 / 1315 | 0:36:23 / 44 |
| 1701 | 183 | KIELISZEK Marcin | ŁĘCZNA | | POL KONKURS PKO | 88 | M20/353 | M / 1033 00:57:51 | 11.34 | +0:43:29 | 0:40:32 / 1703 | 0:53:56 / 1703 | 0:27:24 / 11 |
| 1702 | 3117 | LEFEBVRE Juliette | | | POL MOKOTÓW | | | K / 669 01:01:06 | 12.13 | +0:46:44 | 0:22:37 / 1689 | 0:52:37 / 1699 | |
| 1703 | 3118 | LEFEBVRE Lucie | | | POL MOKOTÓW | | | K / 670 01:01:06 | 12.13 | +0:46:45 | 0:22:39 / 1690 | 0:52:42 / 1700 | |
| 1704 | 1176 | BILIŃSKI Tomasz | WARSZAWA | | POL MIESZKANCY_WAWA / YELONKI | 63 | M40/152 | M / 1034 01:02:29 | 12.29 | +0:48:07 | 0:27:10 / 1699 | 0:53:34 / 1701 | |

KLASYFIKACJA WG. CZASÓW INDYWIDUALNYCH NETTO

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | W kategorii in Age | Wynik Total | Tempo m/km | diff Net | Check points | |
|-----------------|---------------|-----------------------------|-------------------------|---|--------------------------------|----------------|---------------------------|--------------------|-------------------|-----------------|---------------------|-------------------------------|
| 1705 | 1178 | BILIŃSKA Alicja | WARSZAWA |  POL | MIESZKANCY_WAWA / YELONKI | 74 | K30/256 | K / 671 | 01:02:29 | 12.29 | +0:48:07 | 0:27:11 / 1700 0:53:34 / 1702 |
| 1706 | 2721 | SOŁTYS Łukasz | KIELCE |  POL | INNE / ACCELERATE | 82 | M30/354 | M / 1035 | 01:04:41 | 12.56 | +0:50:19 | |
| 1707 | 359 | BELCHATOWSKA Karolina | ZĄBKI |  POL | ADWOKACI / | | | K / 672 | 01:11:22 | 14.16 | +0:57:00 | |