

XXVIII BIEG CHOMICZÓWKI

WYNIKI ZAWODÓW / RESULTS LIST

Bieg 15km

Organizator: Urząd Dzielnicy Bielany m. st. Warszawy

Data: 16 stycznia 2011r.

Miejsce/Spot: Warszawa

Distance: 15km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
1	581	BRZEZIŃSKI BŁAŻEJ	BYDGOSZCZ	POL	MUKS	87	M20/1		(M)1	00:46:05	00:46:05	19.53	00:15:18 / 1 [19.61]	00:30:51 / 1 [19.45]
2	643	POCZWARDOWSKI KAMIL	SZCZUTOWO	POL	KB SPORTING MIĘDZYZDROJE	84	M20/2		(M)2	00:46:19	00:46:19	19.43	00:15:18 / 2 [19.61]	00:30:52 / 2 [19.44]
3	1438	NOWAK JAKUB	WARSZAWA	POL	JAKUBOWSKI TEAM	89	M20/3		(M)3	00:47:39	00:47:39	18.89	00:15:35 / 4 [19.25]	00:31:46 / 4 [18.89]
4	1437	DOBROWOLSKI EMIL	CHOTOMÓW	POL	JAKUBOWSKI TEAM	86	M20/4		(M)4	00:47:50	00:47:50	18.82	00:15:35 / 5 [19.25]	00:31:50 / 5 [18.85]
5	582	SIERACKI KAMIL	INOWROCLAW	POL	-	88	M20/5		(M)5	00:48:30	00:48:30	18.56	00:15:34 / 3 [19.27]	00:31:45 / 3 [18.90]
6	1229	CELIŃSKI ROBERT	TRZEBIESZÓW	POL	AZS AWF WARSZAWA ITI ADVENTURE TEAM	73	M30/1		(M)6	00:50:22	00:50:22	17.87	00:16:29 / 6 [18.20]	00:33:43 / 6 [17.80]
7	346	DZIĘGIELEWSKI MAREK	DŁUŻNIEWO	POL	KB IM PIOTRA SĘKOWSKIEGO PŁONSK	62	M45/1		(M)7	00:50:49	00:50:49	17.71	00:16:41 / 7 [17.98]	00:34:05 / 8 [17.60]
8	1680	WOJCIECHOWSKI MACIEJ	SZCZYTNO	POL	WYŻSZA SZKOŁA POLICJI W SZCZYTNIE	74	M30/2		(M)8	00:50:55	00:50:55	17.68	00:16:43 / 9 [17.95]	00:34:05 / 7 [17.60]
9	898	ŚWIECAK ROBERT	MISTKÓW	POL	HARPAGAN ZWOLA	80	M30/3		(M)9	00:50:59	00:50:59	17.65	00:16:43 / 8 [17.95]	00:34:05 / 9 [17.60]
10	19	GIŻYŃSKI PRZEMYSŁAW	PŁOCK	POL	TKKF PŁOCK	79	M30/4		(M)10	00:51:06	00:51:06	17.61	00:16:46 / 10 [17.89]	00:34:05 / 10 [17.60]
11	684	CELIŃSKI ALEKSANDER	WARSZAWA	POL	BYLEDOBIEC ANIN	84	M20/6		(M)11	00:52:36	00:52:36	17.11	00:17:09 / 11 [17.49]	00:34:59 / 11 [17.15]
12	591	PRANCKŪNAS PETRAS	VILNIUS	LTU	NA, PAGAUKI	69	M40/1		(M)12	00:52:59	00:52:59	16.99	00:17:15 / 13 [17.39]	00:35:41 / 15 [16.81]
13	353	WIĘCKOWSKI WOJCIECH	BODZANÓW	POL	TKKF PŁOCK	61	M50/1		(M)13	00:53:01	00:53:01	16.98	00:17:50 / 16 [16.82]	00:35:41 / 14 [16.81]
14	473	BOROWSKI KRZYSZTOF	BLACHOWNIA	POL	BLACHOWNIA	54	M55/1		(M)14	00:53:02	00:53:01	16.98	00:17:51 / 18 [16.81]	00:35:41 / 13 [16.81]
15	1045	GOLONKA MATEUSZ	GORLICE	POL	MARATONYPOLSKIE.PL TEAM	89	M20/7		(M)15	00:53:08	00:53:08	16.94	00:17:49 / 14 [16.84]	00:35:41 / 12 [16.81]
16	1440	LEWANDOWSKA IWONA	WARSZAWA	POL	JAKUBOWSKI TEAM	85	K16/1		(K)1	00:53:46	00:53:46	16.74	00:17:50 / 15 [16.82]	00:35:51 / 17 [16.74]
17	282	POLAK SEBASTIAN	WARSZAWA	POL	KB ACTIVESPORTS WARSZAWA	80	M30/5		(M)16	00:54:08	00:54:08	16.63	00:17:14 / 12 [17.41]	00:35:44 / 16 [16.79]
18	1048	KĄŻMIERCZAK MATEUSZ	WARSZAWA	POL	UKS G-8 BIELANY WARSZAWA	90	M20/8		(M)17	00:54:22	00:54:19	16.57	00:17:51 / 17 [16.81]	00:35:51 / 18 [16.74]
19	533	WOJTKOWSKI JAROSŁAW	ZAMBRÓW	POL	AZS AWF WARSZAWA	79	M30/6		(M)18	00:54:31	00:54:31	16.51	00:17:52 / 19 [16.79]	00:36:01 / 19 [16.66]
20	342	HUNDZ PAWEŁ	PULAWY	POL	CHEMIK ADBLUE PULAWY	78	M30/7		(M)19	00:54:38	00:54:37	16.48	00:17:58 / 22 [16.70]	00:36:37 / 20 [16.39]
21	1270	STARZYŃSKI WOJCIECH	WARSZAWA	POL	ENTRE.PL TEAM	71	M40/2		(M)20	00:54:48	00:54:48	16.42	00:18:12 / 31 [16.48]	00:36:37 / 22 [16.39]
22	1007	ADAMKIEWICZ MARIUSZ	KOŁO	POL	MLUKS TRIATHLON KOŁO	83	M20/9		(M)21	00:54:52	00:54:52	16.40	00:18:13 / 32 [16.47]	00:36:38 / 23 [16.38]
23	241	PIECHNA ANDRZEJ	OJRZEŃ	POL	KB TTKF PROMYK CIECHANÓW	69	M40/3		(M)22	00:54:54	00:54:53	16.40	00:18:11 / 28 [16.50]	00:36:37 / 21 [16.39]
24	1382	SAWICKI PIOTR	WARSZAWA	POL	9DYWERSYJNA	74	M30/8		(M)23	00:55:03	00:55:02	16.35	00:18:02 / 25 [16.64]	00:36:39 / 25 [16.37]
25	528	PIOTROWSKI ARTUR	SYBERIA	POL		71	M40/4		(M)24	00:55:16	00:55:16	16.28	00:17:58 / 23 [16.70]	00:36:46 / 30 [16.32]
26	657	SZRAJNER PIOTR	WARSZAWA	POL	ENTRE.PL TEAM	74	M30/9		(M)25	00:55:28	00:55:28	16.23	00:18:01 / 24 [16.65]	00:36:39 / 24 [16.37]
27	34	KARKUT BOGDAN	KOMORÓW	POL	WITAR TARNOBRZEG	70	M40/5		(M)26	00:55:34	00:55:34	16.20	00:18:11 / 29 [16.50]	00:36:48 / 31 [16.30]
28	544	ANTOSIEWICZ ROBERT	TOMASZÓW	POL	TOMASZÓW MAZOWIECKI	69	M40/6		(M)27	00:55:34	00:55:34	16.20	00:18:02 / 26 [16.64]	00:36:44 / 28 [16.33]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	5km	10km	Check points
29	880	WRONISZEWSKI RAFAŁ	TOMASZÓW	POL	MKS TOMASZÓ MAZOWIECKI	78	M30/10		(M)28	00:55:35	00:55:35	16.19	00:18:03 / 27 [16.62]	00:36:44 / 27 [16.33]	
30	112	ŁUKASIEWICZ MACIEJ	WARSZAWA	POL	WARSZAWIAKY	82	M20/10		(M)29	00:55:43	00:55:42	16.16	00:17:55 / 20 [16.74]	00:36:41 / 26 [16.36]	
31	340	KAMOLA KAZIMIERZ	PULAWY	POL	CHEMIK ADBLUE PULAWY	60	M50/2		(M)30	00:55:47	00:55:45	16.14	00:18:20 / 34 [16.36]	00:36:58 / 32 [16.23]	
32	280	ARTYSZUK KAMIL	WARSZAWA	POL	WARSZAWIAKY	84	M20/11		(M)31	00:55:49	00:55:48	16.13	00:17:57 / 21 [16.71]	00:36:46 / 29 [16.32]	
33	183	DRABCZYK SZYMON	WARSZAWA	POL		60	M50/3		(M)32	00:55:55	00:55:54	16.10	00:18:18 / 33 [16.39]	00:37:05 / 34 [16.18]	
34	1427	PRZEPIÓRA SEBASTIAN	GORLICE	POL	ENERGOTEL.PL	73	M30/11		(M)33	00:55:59	00:55:59	16.08	00:18:12 / 30 [16.48]	00:36:59 / 33 [16.22]	
35	187	ANTOSIK JAROSŁAW	RAWA MAZOWIECKA	POL	ACCRESO ALL BLUES	74	M30/12		(M)34	00:56:10	00:56:10	16.02	00:18:25 / 36 [16.29]	00:37:18 / 35 [16.09]	
36	395	GARDENER JACEK	WARSZAWA	POL	ACCELERATE1	66	M45/2		(M)35	00:56:23	00:56:23	15.96	00:18:27 / 39 [16.26]	00:37:27 / 37 [16.02]	
37	698	KALINSKA RENATA	ZABIENIEC	POL	IMPACT TEAM	78	K30/1		(K)2	00:56:39	00:56:39	15.89	00:18:26 / 38 [16.27]	00:37:28 / 38 [16.01]	
38	1281	BŁASZCZAK ANDRZEJ	KOŚCIELISKO	POL		61	M50/4		(M)36	00:56:39	00:56:38	15.89	00:18:38 / 43 [16.10]	00:37:35 / 39 [15.96]	
39	1035	LEŚNIEWSKI ANDRZEJ	ZWOLEŃ	POL	POLITECHNIKA WARSZAWSKA	63	M45/3		(M)37	00:56:42	00:56:41	15.88	00:18:20 / 35 [16.36]	00:37:26 / 36 [16.03]	
40	447	WIECZOREK PIOTR	WARSZAWA	POL		78	M30/13		(M)38	00:57:05	00:57:02	15.78	00:18:35 / 40 [16.14]	00:37:42 / 40 [15.92]	
41	1060	GASPARSKI BARTŁOMIEJ	KĄTY WĘGIERSKIE	POL	ART PROFI WARSZAWA	77	M30/14		(M)39	00:57:28	00:56:18	15.99	00:19:46 / 65 [15.18]	00:38:54 / 49 [15.42]	
42	1422	RUTKOWSKI JAN	LUZINO	POL	GKS 'KASZUBI' LUZINO	76	M30/15		(M)40	00:57:32	00:57:29	15.66	00:19:07 / 50 [15.69]	00:38:25 / 43 [15.62]	
43	855	RADZIKOWSKI ANDRZEJ	CZOSNÓW	POL	LKS OLYMP BŁONIE	81	M30/16		(M)41	00:57:40	00:57:39	15.61	00:18:25 / 37 [16.29]	00:37:59 / 41 [15.80]	
44	393	STEFANIAK MACIEJ	WARSZAWA	POL	ACCELERATE1	83	M20/12		(M)42	00:57:41	00:57:39	15.61	00:19:20 / 57 [15.52]	00:38:39 / 44 [15.52]	
45	197	OPAŁA PRZEMYSŁAW	STRZESZEWO	POL	WAT	87	M20/13		(M)43	00:57:46	00:57:41	15.60	00:19:07 / 52 [15.69]	00:38:42 / 45 [15.50]	
46	708	PODLIPNY MAREK	ŁĘCZNA	POL	LW,BOGDANKA	74	M30/17		(M)44	00:57:49	00:57:47	15.58	00:18:59 / 46 [15.80]	00:38:42 / 46 [15.50]	
47	1472	ZIÓŁKOWSKI JACEK	WARSZAWA	POL	SYRENKA WARSZAWA	66	M45/4		(M)45	00:57:59	00:57:59	15.52	00:19:07 / 49 [15.69]	00:38:42 / 47 [15.50]	
48	408	SZYNAŁ PAWEŁ	BŁONIE	POL	LKS OLYMP BŁONIE	73	M30/18		(M)46	00:58:01	00:57:59	15.52	00:18:43 / 44 [16.03]	00:38:24 / 42 [15.63]	
49	1312	KARCZEWSKI SYLWESTER	WARSZAWA	POL	ENTRE.PL TEAM	59	M50/5		(M)47	00:58:03	00:58:02	15.51	00:19:07 / 48 [15.69]	00:38:43 / 48 [15.50]	
50	1398	PIWKO RYSZARD	WARSZAWA	POL	PARK LEŚNY BRÓDNO	65	M45/5		(M)48	00:58:23	00:58:23	15.42	00:19:11 / 54 [15.64]	00:38:56 / 50 [15.41]	
51	541	KOŁODZIEJEK PIOTR	WARSZAWA	POL		70	M40/7		(M)49	00:58:29	00:58:28	15.39	00:19:10 / 53 [15.65]	00:39:04 / 53 [15.36]	
52	1343	KUCIEJCZYK HENRYK	SZYDŁOWO	POL	KB TKKF PROMYK CIECHANÓW	59	M50/6		(M)50	00:58:37	00:58:34	15.37		00:38:58 / 51 [15.40]	
53	41	ZMORZYŃSKI JAKUB	WARSZAWA	POL	ALETEMPO	79	M30/19		(M)51	00:58:46	00:58:44	15.32	00:19:20 / 56 [15.52]	00:39:13 / 55 [15.30]	
54	1041	LEŚNIAK ADAM	HALINÓW	POL	BYLEDOBIEC ANIN	65	M45/6		(M)52	00:58:52	00:58:50	15.30	00:19:27 / 60 [15.42]	00:39:15 / 56 [15.29]	
55	276	WIŚNIEWSKI ROBERT	MAŁA WIEŚ	POL	TKKF PŁOCK	76	M30/20		(M)53	00:58:55	00:58:54	15.28	00:19:07 / 51 [15.69]	00:38:59 / 52 [15.39]	
56	549	SIKORA RADOŚLAW	SOCHACZEW	POL	UKS FILIPIDES	95	M16/1		(M)54	00:59:05	00:59:03	15.24	00:19:16 / 55 [15.57]	00:39:11 / 54 [15.31]	
57	1446	DOMAŃSKI MICHAŁ	WARSZAWA	POL	BYLEDOBIEC ANIN	80	M30/21		(M)55	00:59:20	00:59:16	15.19	00:19:50 / 69 [15.13]	00:39:41 / 62 [15.12]	
58	1207	ZAKRZEWSKI KRZYSZTOF	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	90	M20/14		(M)56	00:59:23	00:59:23	15.16	00:18:36 / 41 [16.13]	00:39:22 / 57 [15.24]	
59	680	DLUGOSZ MAREK	MRAĞOWO	POL	KLUB BIEGACZA MRAĞOWO	62	M45/7		(M)57	00:59:26	00:59:24	15.15	00:19:25 / 59 [15.45]	00:39:30 / 59 [15.19]	
60	394	KŁÓSEK TOMASZ	WARSZAWA	POL	ACCELERATE1	74	M30/22		(M)58	00:59:28	00:59:26	15.14	00:19:50 / 68 [15.13]	00:39:49 / 63 [15.07]	
61	786	ZIMNY EMANUEL	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	81	M30/23		(M)59	00:59:28	00:59:28	15.13	00:18:36 / 42 [16.13]	00:39:22 / 58 [15.24]	
62	1100	WŁODARSKI JAROSŁAW	WARSZAWA	POL	DECATHLON	85	M20/15		(M)60	00:59:45	00:59:32	15.12	00:20:24 / 88 [14.71]	00:40:24 / 70 [14.85]	
63	1274	ANDERSEN OLE	WARSZAWA	POL		74	M30/24		(M)61	00:59:46	00:59:44	15.07	00:19:22 / 58 [15.49]	00:39:31 / 61 [15.18]	
64	102	SCHAB JOANNA	WARSZAWA	POL	ALETEMPO	76	K30/2		(K)3	00:59:48	00:59:45	15.06	00:19:27 / 61 [15.42]	00:39:31 / 60 [15.18]	
65	1685	KMICIEK MARIUSZ	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	70	M40/8		(M)62	01:00:00	00:59:55	15.02	00:19:47 / 66 [15.16]	00:40:06 / 67 [14.96]	
66	822	KRÓL DARIUSZ	WOŁOMIN	POL	AKTYWNY RELAKS WOŁOMIN	64	M45/8		(M)63	01:00:15	01:00:13	14.95	00:20:44 / 97 [14.47]	00:40:42 / 75 [14.74]	
67	818	BUGA MARIUSZ	WARSZAWA	POL	CZENKA	92	M16/2		(M)64	01:00:21	01:00:20	14.92	00:19:00 / 47 [15.79]	00:39:58 / 66 [15.01]	
68	174	OPAŁKA JAN	POLSKA	POL	KB IM PIOTRA SĘKOWSKIEGO PŁONSK	50	M60/1		(M)65	01:00:25	01:00:23	14.90	00:19:30 / 62 [15.38]	00:39:51 / 64 [15.06]	
69	1037	FIGAT ANDRZEJ	KOBYLKA	POL	KOBYLKA	77	M30/25		(M)66	01:00:35	01:00:32	14.87	00:20:11 / 79 [14.86]	00:40:24 / 69 [14.85]	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
70	525	STAROBRAT ARKADIUSZ	WARSZAWA	POL	ALETEMPO	68	M40/9 (M)67	01:00:38	01:00:33	14.86	00:20:19 / 85 [14.77]	00:40:52 / 80 [14.68]
71	341	MURAT JAN	PULAWY	POL	TKKF CHEMIK AD-BLUE PULAWY	53	M55/2 (M)68	01:00:41	01:00:39	14.84	00:20:01 / 72 [14.99]	00:40:28 / 73 [14.83]
72	650	IGNATOWICZ ANDRZEJ	WARSZAWA	POL	TRUCHT TARCHOMIN TEAM	74	M30/26 (M)69	01:00:42	01:00:37	14.85	00:20:08 / 77 [14.90]	00:40:30 / 74 [14.81]
73	298	BULANOW LESZEK	HALINÓW	POL	-	71	M40/10 (M)70	01:00:42	01:00:38	14.84	00:19:58 / 70 [15.03]	00:40:27 / 71 [14.83]
74	291	JURKOWSKI JAN	WARSZAWA	POL	-	83	M20/16 (M)71	01:00:44	01:00:44	14.82	00:18:48 / 45 [15.96]	00:39:58 / 65 [15.01]
75	1449	PY CZ DANIEL	WARSZAWA	POL	POGROMCY NIEMOCY	76	M30/27 (M)72	01:00:44	01:00:39	14.84	00:20:23 / 87 [14.72]	00:41:03 / 85 [14.62]
76	10	MICHAŁOWSKI TOMASZ	WARSZAWA	POL	DECATHLON	73	M30/28 (M)73	01:00:45	01:00:45	14.81	00:20:59 / 111 [14.30]	00:40:59 / 83 [14.64]
77	824	KOWALIK PAWEŁ	KOMARÓWKA	POL	KAMIKAZE SQUAD KOMARÓWKA PODLASKA	90	M20/17 (M)74	01:00:49	01:00:42	14.83	00:20:45 / 99 [14.46]	00:41:00 / 84 [14.63]
78	230	DREWNOWSKI ROBERT	WARSZAWA	POL	-	73	M30/29 (M)75	01:00:54	01:00:47	14.81	00:20:15 / 80 [14.81]	00:40:42 / 76 [14.74]
79	903	FIKS ZBIGNIEW	KRASZEW	POL	-	49	M60/2 (M)76	01:01:03	01:01:00	14.75	00:19:48 / 67 [15.15]	00:40:22 / 68 [14.86]
80	438	PRZYBYSZ KRZYSZTOF	WARSZAWA	POL	WARSZAWA URSYNÓW	69	M40/11 (M)77	01:01:06	01:01:03	14.74	00:20:47 / 102 [14.43]	00:41:14 / 87 [14.55]
81	400	JAROSIEWICZ PAWEŁ	WARSZAWA	POL	ACCELERATE2	90	M20/18 (M)78	01:01:08	01:01:01	14.75	00:20:11 / 78 [14.86]	00:40:28 / 72 [14.83]
82	1012	KAMUSINSKI PAWEŁ	RADOM	POL	KLUB MARATOŃCZYKA AZS RADOM	80	M30/30 (M)79	01:01:24	01:01:20	14.67	00:20:06 / 74 [14.93]	00:40:43 / 77 [14.74]
83	1061	DUKAŁA PIOTR	WARSZAWA	POL	DECATHLON	84	M20/19 (M)80	01:01:31	01:01:19	14.68	00:20:26 / 89 [14.68]	00:40:59 / 82 [14.64]
84	901	ZIOLKOWSKI DOMINIK	WARSZAWA	POL	-	83	M20/20 (M)81	01:01:32	01:01:28	14.64	00:20:19 / 84 [14.77]	00:40:44 / 78 [14.73]
85	319	SZCZYPKOWSKI HIERONIM	OSTRÓW WLKP.	POL	DRUŻYNA SZPIKU OSTRÓW WLKP.	59	M50/7 (M)82	01:01:35	01:01:33	14.62	00:20:05 / 73 [14.94]	00:40:45 / 79 [14.72]
86	302	PAKUŁA PAWEŁ	WISZNICE	POL	SHERPAS RAIDTEAM	77	M30/31 (M)83	01:01:35	01:01:28	14.64	00:20:00 / 71 [15.00]	00:41:14 / 86 [14.55]
87	529	SADOWSKI ZBIGNIEW	BIEŻUŃ	POL	-	61	M50/8 (M)84	01:01:38	01:01:34	14.62	00:20:07 / 75 [14.91]	00:40:52 / 81 [14.68]
88	1477	BOBROWSKI DARIUSZ	WARKA	POL	PULASKI WARKA	64	M45/9 (M)85	01:01:56	01:01:51	14.55	00:21:15 / 123 [14.12]	00:41:40 / 93 [14.40]
89	1668	ŻYTO MACIEJ	PRUSZKÓW	POL	IM 2010	74	M30/32 (M)86	01:02:10	01:02:09	14.48	00:20:46 / 100 [14.45]	00:41:47 / 95 [14.36]
90	682	OLSZEWSKI PAWEŁ	WARSZAWA	POL	WARSZAWIACY	87	M20/21 (M)87	01:02:11	01:02:07	14.49	00:20:08 / 76 [14.90]	00:41:20 / 90 [14.52]
91	678	DLUGOSZ KAMIL	MRĄGOWO	POL	KLUB BIEGACZA MRĄGOWO	86	M20/22 (M)88	01:02:15	01:02:11	14.47	00:21:15 / 122 [14.12]	00:42:08 / 107 [14.24]
92	745	WITEK KONRAD	WARSZAWA	POL	ENTRE.PL TEAM	74	M30/33 (M)89	01:02:19	01:02:06	14.49	00:20:30 / 91 [14.63]	00:41:19 / 88 [14.52]
93	396	OWSIŃSKI ANDRZEJ	WARSZAWA	POL	ACCELERATE1	66	M45/10 (M)90	01:02:22	01:02:20	14.44	00:20:47 / 101 [14.43]	00:41:56 / 97 [14.31]
94	712	STELMACH ZBIGNIEW	ĆMIŁÓW	POL	LW,BOGDANKA	60	M50/9 (M)91	01:02:22	01:02:10	14.48	00:20:59 / 109 [14.30]	00:41:59 / 103 [14.29]
95	1015	POLAŃSKI PIOTR	WARSZAWA	POL	WARSZAWA MOKOTÓW	65	M45/11 (M)92	01:02:24	01:02:24	14.42	00:20:44 / 98 [14.47]	00:41:51 / 96 [14.34]
96	1670	ORMAN TOMASZ	SZYDŁOWIEC	POL	-	66	M45/12 (M)93	01:02:25	01:01:35	14.61	00:22:00 / 162 [13.64]	00:42:23 / 112 [14.16]
97	448	SZCZOTKA PAWEŁ	WARSZAWA	POL	-	72	M30/34 (M)94	01:02:27	01:02:23	14.43	00:20:29 / 90 [14.65]	00:41:28 / 91 [14.47]
98	821	JANKOWSKI EUGENIUSZ	PULAWY	POL	OPEC PULAWY	54	M55/3 (M)95	01:02:30	01:02:30	14.40	00:20:35 / 96 [14.57]	00:41:59 / 101 [14.29]
99	1022	ROMAŃSKI KAZIMIERZ	LEGIONOWO	POL	WSB-CYTADELA	64	M45/13 (M)96	01:02:46	01:02:44	14.35	00:20:48 / 103 [14.42]	00:41:57 / 98 [14.30]
100	816	MUZYKA MICHAŁ	WARSZAWA	POL	KOPYTKO IM 2010	71	M40/12 (M)97	01:02:53	01:02:46	14.34	00:20:49 / 106 [14.41]	00:41:58 / 99 [14.30]
101	336	GOCZYŃSKI WALDEMAR	SIERPC	POL	TKKF KUBUŚ SIERPC	77	M30/35 (M)98	01:02:56	01:02:55	14.30	00:21:05 / 114 [14.23]	00:42:15 / 110 [14.20]
102	13	CZECHOWSKI ROBERT	WARSZAWA	POL	ALETEMPO	64	M45/14 (M)99	01:03:00	01:02:55	14.30	00:21:01 / 112 [14.27]	00:42:08 / 106 [14.24]
103	634	AKSIUCIK ARKADIUSZ	WARSZAWA	POL	-	81	M30/36 (M)100	01:03:02	01:02:59	14.29	00:19:44 / 64 [15.20]	00:41:20 / 89 [14.52]
104	605	POŁASKI DARIUSZ	RADZYMIN	POL	KB-REBUS.PL	75	M30/37 (M)101	01:03:05	01:02:59	14.29	00:21:57 / 157 [13.67]	00:43:09 / 132 [13.90]
105	713	BISEK MAREK	LUBLIN	POL	LW,BOGDANKA	62	M45/15 (M)102	01:03:08	01:03:03	14.27	00:20:59 / 110 [14.30]	00:41:59 / 100 [14.29]
106	587	KORSAKAS EMILIS	VILNIUS	LTU	NA, PAGAUKI	66	M45/16 (M)103	01:03:10	01:01:26	14.65	00:21:59 / 161 [13.65]	00:42:46 / 123 [14.03]
107	589	MILKAMANAVICIUS ROMAS	VILNIUS	LTU	-	66	M45/17 (M)104	01:03:13	01:03:09	14.25	00:20:17 / 83 [14.79]	00:41:45 / 94 [14.37]
108	672	SZAŁADZIŃSKI SEBASTIAN	ZĄBKI	POL	-	75	M30/38 (M)105	01:03:14	01:03:12	14.24	00:21:08 / 119 [14.20]	00:42:39 / 121 [14.07]
109	304	OMSZAŃSKI MAREK	WARSZAWA	POL	-	81	M30/39 (M)106	01:03:20	01:03:19	14.21	00:20:57 / 108 [14.32]	00:42:14 / 109 [14.21]
110	849	ŚCIGOCKI JAN	STRZELCE OPOLSKIE	POL	RSIR STRZELCE OP.	51	M60/3 (M)107	01:03:26	01:03:25	14.19	00:20:34 / 94 [14.59]	00:42:08 / 105 [14.24]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
111	343	PAWŁOWSKI ZBIGNIEW	PULAWY	POL	CHEMIK ADBLUE PULAWY	51	M60/4		(M)108	01:03:27	01:03:27	14.18	00:20:49 / 105 [14.41]	00:42:24 / 113 [14.15]
112	367	PAJDOSZ RAFAŁ	BIALA PODLASKA	POL		77	M30/40		(M)109	01:03:30	01:03:24	14.20	00:21:07 / 116 [14.21]	00:42:19 / 111 [14.18]
113	242	TARNOWSKI WITOLD	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	61	M50/10		(M)110	01:03:31	01:03:29	14.18	00:20:33 / 93 [14.60]	00:42:11 / 108 [14.22]
114	1487	KOCISZEWSKI KRZYSZTOF	WARSZAWA	POL	WARSZAWIAKY	59	M50/11		(M)111	01:03:35	01:03:34	14.16	00:20:35 / 95 [14.57]	00:41:59 / 102 [14.29]
115	518	DELVERN PIERRE-MARIE	WARSZAWA	POL	-	75	M30/41		(M)112	01:03:37	01:02:46	14.34	00:21:45 / 148 [13.79]	00:42:51 / 127 [14.00]
116	1244	SPECHT MIKOŁAJ	WARSZAWA	POL	PARK SKARYSZEWSKI	76	M30/42		(M)113	01:03:37	01:03:25	14.19	00:21:44 / 147 [13.80]	00:43:08 / 131 [13.91]
117	132	KOKOSZA RADOSŁAW	WARSZAWA	POL	IM 2010	79	M30/43		(M)114	01:03:38	01:03:22	14.20	00:21:39 / 142 [13.86]	00:43:00 / 128 [13.95]
118	1694	PANEJ KO-WANAT KATARZYNA	MILANÓWEK	POL	BYLEDOBIEC ANIN	84	K16/2		(K)4	01:03:40	01:03:37	14.15	00:21:10 / 121 [14.17]	00:42:30 / 119 [14.12]
119	1305	SZOTA WOJCIECH	WARSZAWA	POL	ART PROFI TEAM	74	M30/44		(M)115	01:03:42	01:03:34	14.16	00:21:18 / 124 [14.08]	00:42:26 / 115 [14.14]
120	399	SEKUNDA PIOTR	RADZYMIN	POL	ACCELERATE2	87	M20/23		(M)116	01:03:45	01:03:39	14.14	00:21:20 / 129 [14.06]	00:42:49 / 124 [14.01]
121	404	SMOLAK ŁUKASZ	SIEDLCE	POL		84	M20/24		(M)117	01:03:45	01:03:30	14.17	00:22:08 / 170 [13.55]	00:43:15 / 137 [13.87]
122	542	NOWOCIEŃ JACEK	PODKOWA LEŚNA	POL	KB ACTIVESPORTS WARSZAWA	59	M50/12		(M)118	01:03:46	01:03:45	14.12	00:20:23 / 86 [14.72]	00:42:00 / 104 [14.29]
123	1039	TARNOWSKA JUSTYNA	WIAZOWNA	POL		79	K30/3		(K)5	01:03:49	01:03:44	14.12	00:21:19 / 126 [14.07]	00:42:39 / 120 [14.07]
124	686	KRZESAK ADAM	PIASTÓW	POL	IM 2010	74	M30/45		(M)119	01:03:51	01:03:41	14.13	00:22:08 / 169 [13.55]	00:43:15 / 138 [13.87]
125	705	WROCŁAWSKI STANISŁAW	ŁĘCZNA	PER	LW,BOGDANKA	57	M50/13		(M)120	01:04:05	01:04:04	14.05	00:20:51 / 107 [14.39]	00:42:27 / 117 [14.13]
126	1202	LIBAN ZYGFRYD	TCZEW	POL	TCZEW	43	M65/1		(M)121	01:04:16	01:04:15	14.01	00:21:19 / 125 [14.07]	00:42:50 / 126 [14.01]
127	14	CZECHOWSKI MAREK	WARSZAWA	POL	ALETEMPO	87	M20/25		(M)122	01:04:19	01:04:14	14.01	00:21:24 / 131 [14.02]	00:43:06 / 129 [13.92]
128	1684	KAMIŃSKI JAN	ŁÓDŹ	POL	KM PSP ŁÓDŹ JRG-5	68	M40/13		(M)123	01:04:22	01:04:20	13.99	00:21:39 / 143 [13.86]	00:43:32 / 142 [13.78]
129	1430	WASILEWSKI ROBERT	WARSZAWA	POL	WSB-CYTADELA	72	M30/46		(M)124	01:04:24	01:04:16	14.00	00:20:48 / 104 [14.42]	00:42:24 / 114 [14.15]
130	33	OLCZAK JANUSZ	WARSZAWA	POL		64	M45/18		(M)125	01:04:35	01:04:25	13.97	00:21:27 / 132 [13.99]	00:43:07 / 130 [13.92]
131	398	DĄBROWSKI KRZYSZTOF	WARSZAWA	POL	ACCELERATE2	50	M60/5		(M)126	01:04:38	01:04:34	13.94	00:21:19 / 127 [14.07]	00:42:50 / 125 [14.01]
132	1350	SKOWROŃSKI JACEK	WARSZAWA	POL	HP RUN	77	M30/47		(M)127	01:04:41	01:04:27	13.96	00:21:51 / 152 [13.73]	00:43:41 / 146 [13.74]
133	642	SMOLEŃSKI MICHAŁ	ŁÓDŹ	POL	KLUB BIEGACZA ARTURÓWEK ŁÓDŹ	80	M30/48		(M)128	01:04:42	01:03:42	14.13	00:22:42 / 203 [13.22]	00:43:51 / 150 [13.68]
134	1215	MAŃCZAK ROBERT	GDAŃSK	POL	-	80	M30/49		(M)129	01:04:44	01:04:39	13.92	00:21:43 / 144 [13.81]	00:43:33 / 143 [13.78]
135	1273	GAJDA JAKUB	BIELSKO-BIAŁA	POL		81	M30/50		(M)130	01:04:51	01:04:45	13.90	00:20:17 / 82 [14.79]	00:42:29 / 118 [14.12]
136	279	STAŃCZAK EDMUND	PŁOCK	POL	TKKF PŁOCK	53	M55/4		(M)131	01:04:54	01:04:48	13.89	00:21:43 / 145 [13.81]	00:43:30 / 141 [13.79]
137	118	BARBARSKI DARIUSZ	NOWE MIASTO	POL		70	M40/14		(M)132	01:05:00	01:04:40	13.92	00:21:59 / 160 [13.65]	00:43:49 / 149 [13.69]
138	701	BARTKOWIAK DARIUSZ	OSTRÓW WLKP.	POL	KS MARATON OSTRÓW WLKP.	65	M45/19		(M)133	01:05:05	01:04:15	14.01	00:23:57 / 283 [12.53]	00:45:11 / 185 [13.28]
139	1368	PIASECKI TOMASZ	WARSZAWA	POL	MIMUW	80	M30/51		(M)134	01:05:08	01:04:58	13.85	00:21:58 / 158 [13.66]	00:43:43 / 147 [13.72]
140	780	BIAŁOGRODZKI SYLWESTER	ZALESIE GÓRNE	POL	ZALESIE GÓRNE	61	M50/14		(M)135	01:05:10	01:05:10	13.81	00:21:53 / 154 [13.71]	00:43:36 / 145 [13.76]
141	1351	MISKIEWICZ MARCIN	KOZIENICE	POL	KB GALERIA WARSZAWA	79	M30/52		(M)136	01:05:18	01:04:49	13.89	00:21:29 / 135 [13.96]	00:43:12 / 135 [13.89]
142	1284	LENGIEWICZ JAKUB	WARSZAWA	POL	OTK RZEZNIK	77	M30/53		(M)137	01:05:23	01:04:50	13.88	00:21:05 / 115 [14.23]	00:43:09 / 133 [13.90]
143	121	OLBRYŚ STANISŁAW-ADAM	NASILSK	POL	K B PIMAR LEGIONOWO	67	M40/15		(M)138	01:05:24	01:05:22	13.77	00:21:27 / 133 [13.99]	00:43:26 / 140 [13.81]
144	92	SUSMANEK JOANNA	WROCŁAW	POL	WARSZAWIAKY	88	K16/3		(K)6	01:05:27	01:05:19	13.78	00:22:36 / 195 [13.27]	00:44:32 / 165 [13.47]
145	677	KUŹMIŃSKI GRZEGORZ	LEGIONOWO	POL	WARSZAWIAKY	70	M40/16		(M)139	01:05:35	01:05:13	13.80	00:21:35 / 139 [13.90]	00:44:25 / 161 [13.51]
146	181	POPOWSKI JAROSŁAW	WARSZAWA	POL	UNTS WARSZAWA	69	M40/17		(M)140	01:05:42	01:05:37	13.72	00:21:07 / 118 [14.21]	00:43:13 / 136 [13.88]
147	70	ARTYSZUK MIROSLAW	WARSZAWA	POL	DOWÓDZTWO SIŁ POWIETRZNYCH	60	M50/15		(M)141	01:05:52	01:05:47	13.68	00:21:32 / 137 [13.93]	00:43:44 / 148 [13.72]
148	17	SEROCKI PIOTR	MARKI	POL		77	M30/54		(M)142	01:05:53	01:05:46	13.68	00:22:44 / 207 [13.20]	00:44:53 / 176 [13.37]
149	387	DĘBOWSKI EDWARD	TOMASZÓW MAZ.	POL		51	M60/6		(M)143	01:05:54	01:05:47	13.68	00:21:48 / 150 [13.76]	00:44:00 / 153 [13.64]
150	638	ZARZEKA MARCIN	BIALA PODLASKA	POL	VEGE RUNNERS	74	M30/55		(M)144	01:05:55	01:05:48	13.68	00:22:07 / 165 [13.56]	00:44:23 / 159 [13.52]
151	215	ZARZECKI ADRIAN	TŁUSZCZ	POL	AZS UNIWERSYTET WARSZAWSKI	87	M20/26		(M)145	01:05:55	01:05:36	13.72	00:22:06 / 164 [13.57]	00:44:22 / 157 [13.52]
152	1043	SIKORA PRZEMYSŁAW	SOCHACZEW	POL	UKS FILIPIDES	92	M16/3		(M)146	01:05:59	01:05:57	13.65	00:19:43 / 63 [15.22]	00:41:29 / 92 [14.46]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
153	269	HERNIK DARIUSZ	RADOM	POL		69	M40/18		(M)147	01:06:02	01:05:37	13.72	00:22:13 / 176 [13.50]	00:44:06 / 155 [13.61]
154	1436	PODBIELSKI ANDRZEJ	BYDGOSZCZ	POL	BRZOZA BIEGA	67	M40/19		(M)148	01:06:04	01:05:58	13.64	00:22:24 / 186 [13.39]	00:44:38 / 169 [13.44]
155	1435	JEDLIŃSKI JANUSZ	OSIELSKO	POL	BRZOZA BIEGA	67	M40/20		(M)149	01:06:04	01:05:59	13.64	00:22:24 / 187 [13.39]	00:44:37 / 168 [13.45]
156	778	KOZŁOWSKI TOMASZ	PIASECZNO	POL	PIASECZNO TEAM	72	M30/56		(M)150	01:06:07	01:05:42	13.70	00:21:44 / 146 [13.80]	00:43:35 / 144 [13.77]
157	560	URBAŃSKI JAN	CZOSNÓW	POL		64	M45/20		(M)151	01:06:15	01:05:52	13.66	00:22:28 / 190 [13.35]	00:44:43 / 173 [13.42]
158	1017	DUDEK ROBERT	SKIERNIEWICE	POL		70	M40/21		(M)152	01:06:17	01:06:11	13.60	00:23:03 / 229 [13.02]	00:45:21 / 193 [13.23]
159	844	KIEBLESZ PIOTR	WARSZAWA	POL		89	M20/27		(M)153	01:06:19	01:06:16	13.58	00:20:16 / 81 [14.80]	00:43:25 / 139 [13.82]
160	1063	LATUSZEK ZBIGNIEW	UNIN	POL	TRUCHTACZ.PL	82	M20/28		(M)154	01:06:25	01:06:10	13.60	00:21:09 / 120 [14.18]	00:43:11 / 134 [13.89]
161	802	PIETRZYKOWSKI TOMASZ	N.DWÓR MAZ.	POL	JOGGER	93	M16/4		(M)155	01:06:26	01:06:23	13.56	00:20:32 / 92 [14.61]	00:42:27 / 116 [14.13]
162	383	PODRAZA BARTOSZ	WARSZAWA	POL	POLSKA BIEGA	84	M20/29		(M)156	01:06:27	01:06:06	13.62	00:22:41 / 200 [13.23]	00:44:57 / 180 [13.35]
163	498	RUBISZ WOJSLAW	WARSZAWA	POL	LECHICI ZIELONKA	79	M30/57		(M)157	01:06:34	01:06:13	13.59	00:22:31 / 191 [13.32]	00:44:39 / 170 [13.44]
164	290	DARUK PIOTR	WARSZAWA	POL		79	M30/58		(M)158	01:06:35	01:06:29	13.54	00:21:51 / 153 [13.73]	00:44:06 / 154 [13.61]
165	464	LATUSZEK MICHAŁ	GARWOLIN	POL	TRUCHTACZ.PL	94	M16/5		(M)159	01:06:35	01:06:23	13.56	00:21:07 / 117 [14.21]	00:42:46 / 122 [14.03]
166	1258	PAWĘŻKA KRZYSZTOF	WARSZAWA	POL		71	M40/22		(M)160	01:06:36	01:06:36	13.51	00:22:23 / 184 [13.40]	00:44:45 / 174 [13.41]
167	163	ŚWIERCZ JACEK	WARSZAWA	POL	BYLEDOBIEC ANIN	69	M40/23		(M)161	01:06:38	01:06:28	13.54	00:21:56 / 156 [13.68]	00:44:24 / 160 [13.51]
168	548	KĘSICKI ANDRZEJ	KRAKÓW	POL	KB TP	67	M40/24		(M)162	01:06:41	01:06:06	13.62	00:21:50 / 151 [13.74]	00:44:00 / 152 [13.64]
169	1686	OCHMAŃSKA EWA	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	73	K30/4		(K)7	01:06:42	01:06:38	13.51	00:22:09 / 171 [13.54]	00:44:32 / 166 [13.47]
170	1677	DĘBSKI DARIUSZ	RADOM	POL		71	M40/25		(M)163	01:06:49	01:05:02	13.84	00:22:48 / 216 [13.16]	00:44:57 / 179 [13.35]
171	590	NAVAGRUDSKAS VLADAS	VILNIUS	LTU	NA, PAGAUKI	66	M45/21		(M)164	01:06:49	01:06:47	13.48	00:22:37 / 196 [13.26]	00:44:55 / 177 [13.36]
172	261	REDA SŁAWOMIR	WARSZAWA	POL	WARSZAWA	58	M50/16		(M)165	01:06:51	01:06:40	13.50	00:22:42 / 202 [13.22]	00:45:07 / 183 [13.30]
173	630	LAU MARCIN	ZĄBKI	POL	LAWFAMILY	74	M30/59		(M)166	01:06:51	01:06:41	13.50	00:21:35 / 138 [13.90]	00:43:54 / 151 [13.67]
174	1371	FIGURSKI CEZARY	WARSZAWA	POL	UKS G-8 BIELANY WARSZAWA	66	M45/22		(M)167	01:06:52	01:06:52	13.46	00:23:43 / 265 [12.65]	00:46:55 / 251 [12.79]
175	22	RYŚ DARIUSZ	WARSZAWA	POL	RATUJMY RYSIE	80	M30/60		(M)168	01:06:55	01:06:39	13.50	00:22:10 / 173 [13.53]	00:44:33 / 167 [13.47]
176	795	DĄBROWSKI MARIUSZ	WOŁOMIN	POL	KB-REBUS.PL	77	M30/61		(M)169	01:07:00	01:06:53	13.46	00:22:20 / 181 [13.43]	00:44:49 / 175 [13.39]
177	234	KOWALEWSKI JAN	LEGIONOWO	POL	LOTOS JABLONNA	50	M60/7		(M)170	01:07:01	01:07:00	13.43	00:21:54 / 155 [13.70]	00:44:26 / 163 [13.50]
178	833	MOREAU BENJAMIN	WARSAW	POL	NEW	73	M30/62		(M)171	01:07:08	01:06:45	13.48	00:23:06 / 235 [12.99]	00:45:21 / 194 [13.23]
179	415	PECZSZ JAKUB	WARSZAWA	POL	KLUB WYSOKOGÓRSKI WARSZAWA GCH	77	M30/63		(M)172	01:07:08	01:06:45	13.48	00:23:06 / 234 [12.99]	00:45:24 / 198 [13.22]
180	520	KOWALCZYK ANDRZEJ	ŁEKNO	POL		87	M20/30		(M)173	01:07:13	01:06:49	13.47	00:24:08 / 298 [12.43]	00:46:08 / 221 [13.01]
181	1434	WIŚNIEWSKI ZBIGNIEW	BRZOZA	POL	BRZOZA BIEGA	66	M45/23		(M)174	01:07:17	01:07:11	13.40	00:22:49 / 217 [13.15]	00:45:20 / 192 [13.24]
182	366	SUJAK MIROSLAW	MIŃSK MAZOWIECKI	POL	KB DREPTAK	65	M45/24		(M)175	01:07:20	01:07:12	13.39	00:22:37 / 197 [13.26]	00:45:08 / 184 [13.29]
183	347	PIĄTEK BOGDAN	ZIELONKA	POL	LECHICI ZIELONKA	53	M55/5		(M)176	01:07:25	01:07:02	13.43	00:22:27 / 188 [13.36]	00:44:28 / 164 [13.49]
184	1251	PARZEWSKI JERZY	WARSZAWA	POL	KB ORIENT WARSZAWA	52	M55/6		(M)177	01:07:29	01:07:21	13.36	00:22:20 / 179 [13.43]	00:44:55 / 178 [13.36]
185	75	KOTYŃSKI ŁUKASZ	WOŁOMIN	POL		84	M20/31		(M)178	01:07:30	01:07:11	13.40	00:22:01 / 163 [13.63]	00:45:18 / 187 [13.25]
186	322	SŁOMCZEWSKI SZYMON	SOCHOCIN	POL	KB IM PIOTRA SĘKOWSKIEGO PŁONSK	86	M20/32		(M)179	01:07:32	01:07:30	13.33	00:21:22 / 130 [14.04]	00:44:40 / 171 [13.43]
187	140	GOTKOWICZ KRZYSZTOF	GDAŃSK	POL		75	M30/64		(M)180	01:07:37	01:07:19	13.37	00:22:46 / 211 [13.18]	00:45:19 / 189 [13.24]
188	485	NIEDŹWIĄDEK KAMIL	WARSZAWA	POL	AWF WARSZAWA	89	M20/33		(M)181	01:07:38	01:07:37	13.31	00:21:03 / 113 [14.25]	00:44:23 / 158 [13.52]
189	419	STAŚKIEWICZ TOMASZ	WARSZAWA	POL	12TRI.PL	75	M30/65		(M)182	01:07:41	01:07:34	13.32	00:22:46 / 213 [13.18]	00:45:34 / 203 [13.17]
190	1313	NADROWSKI SŁAWOMIR	MILANÓWEK	POL		76	M30/66		(M)183	01:07:45	01:07:39	13.30	00:22:46 / 212 [13.18]	00:45:34 / 202 [13.17]
191	254	WIŚNIEWSKI ANDRZEJ	WARSZAWA	POL		66	M45/25		(M)184	01:07:47	01:07:29	13.34	00:22:54 / 220 [13.10]	00:45:44 / 212 [13.12]
192	561	ZASINA SEBASTIAN	PRUSZKÓW	POL		82	M20/34		(M)185	01:07:48	01:07:35	13.32	00:23:01 / 227 [13.03]	00:45:37 / 206 [13.15]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
193	113	MUCHA KRZYSZTOF	FIRLEJ	POL		73	M30/67 (M)186	01:07:48	01:07:44	13.29	00:22:40 / 199 [13.24]	00:45:41 / 209 [13.13]
194	23	ZALEWSKI MARCIN	WARSZAWA	POL	CANOR ANTICUS	52	M55/7 (M)187	01:07:58	01:07:56	13.25	00:21:30 / 136 [13.95]	00:44:43 / 172 [13.42]
195	752	GRYCNER TOMASZ	WARSZAWA	POL	BEZIMIENNI	80	M30/68 (M)188	01:07:59	01:07:38	13.31	00:23:04 / 231 [13.01]	00:45:39 / 208 [13.14]
196	666	RYBKOWSKI GRZEGORZ	PRUSZKÓW	POL	IM 2010	68	M40/26 (M)189	01:08:04	01:07:44	13.29	00:22:54 / 219 [13.10]	00:45:33 / 201 [13.17]
197	360	ŁOJEK NORBERT	OSTROWIEC	POL	DRUŻYNA SZPIKU	87	M20/35 (M)190	01:08:06	01:07:57	13.25	00:22:07 / 167 [13.56]	00:45:01 / 182 [13.33]
198	872	WOJDAK ROBERT	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	67	M40/27 (M)191	01:08:07	01:08:02	13.23	00:22:24 / 185 [13.39]	00:45:23 / 197 [13.22]
199	784	KOTOWICZ TADEUSZ	OTWOCK	POL		53	M55/8 (M)192	01:08:14	01:08:09	13.21	00:21:45 / 149 [13.79]	00:44:25 / 162 [13.51]
200	108	NOWAK DARIUSZ	WARSZAWA	POL		67	M40/28 (M)193	01:08:20	01:08:05	13.22	00:22:36 / 194 [13.27]	00:45:35 / 204 [13.16]
201	348	KWIATEK TOMASZ	PRUSZKÓW	POL		82	M20/36 (M)194	01:08:21	01:07:04	13.42	00:23:46 / 269 [12.62]	00:46:28 / 232 [12.91]
202	1460	SCRIVO ANDREA	WARSZAWA	ITA		84	M20/37 (M)195	01:08:23	01:08:20	13.17	00:22:07 / 168 [13.56]	00:45:00 / 181 [13.33]
203	264	SZANIAWSKI WOJCIECH	WARSZAWA	POL		73	M30/69 (M)196	01:08:24	01:08:21	13.17	00:23:02 / 228 [13.02]	00:46:09 / 222 [13.00]
204	920	CICHACKI SYLWESTER	WARSZAWA	POL	STAL_PL	89	M20/38 (M)197	01:08:29	01:08:19	13.17	00:22:14 / 177 [13.49]	00:45:20 / 190 [13.24]
205	534	BARAN ZENON	WARSZAWA	POL	WARSZAWA MOKOTÓW	60	M50/17 (M)198	01:08:30	01:08:21	13.17	00:23:29 / 246 [12.78]	00:46:30 / 234 [12.90]
206	1369	OLSZEWSKI JERZY	WARSZAWA-TARGÓW	POL		59	M50/18 (M)199	01:08:32	01:08:28	13.15	00:22:10 / 174 [13.53]	00:45:53 / 214 [13.08]
207	1675	BARTOSIAK PATRYCJA	WARSZAWA	POL	GWARDIA-WARSZAWA	92	K16/4 (K)8	01:08:33	01:08:12	13.20	00:23:59 / 286 [12.51]	00:46:32 / 235 [12.89]
208	835	KRYPA JAN	WARSZAWA	POL		54	M55/9 (M)200	01:08:33	01:08:21	13.17	00:23:01 / 224 [13.03]	00:45:54 / 215 [13.07]
209	513	KORZONKOWSKI ZBIGNIEW	WARSZAWA	POL	ENTRE.PL TEAM	50	M60/8 (M)201	01:08:39	01:08:36	13.12	00:22:12 / 175 [13.51]	00:45:22 / 196 [13.23]
210	1047	MATYSIAK HANNA	WARSZAWA	POL	UKS G-8 BIELANY WARSZAWA	90	K16/5 (K)9	01:08:42	01:08:34	13.13	00:23:43 / 266 [12.65]	00:46:56 / 254 [12.78]
211	294	PAWLICKI TOMASZ	WARSZAWA	POL	12TRI.PL	80	M30/70 (M)202	01:08:42	01:08:30	13.14	00:22:20 / 182 [13.43]	00:45:38 / 207 [13.15]
212	1414	BUCZKOWSKI DANIEL	WARSZAWA	POL		58	M50/19 (M)203	01:08:43	01:07:42	13.29	00:23:37 / 257 [12.70]	00:46:25 / 230 [12.93]
213	349	ZDZIECHOWSKI SZYMON	WARSZAWA	POL		79	M30/71 (M)204	01:08:44	01:08:30	13.14	00:23:17 / 240 [12.88]	00:46:28 / 233 [12.91]
214	725	DUCH MARCIN	SKIERNIEWICE	POL	-	77	M30/72 (M)205	01:08:46	01:08:17	13.18	00:23:18 / 241 [12.88]	00:45:21 / 195 [13.23]
215	783	BIAŁOGRODZKI TADEUSZ	ZALESIE GÓRNE	POL		58	M50/20 (M)206	01:08:47	01:08:00	13.24	00:24:13 / 307 [12.39]	00:47:14 / 263 [12.70]
216	567	KREPS ANDRZEJ	WARSZAWA	POL	CARSERVIS WARSZAWA	67	M40/29 (M)207	01:08:49	01:08:40	13.11	00:22:22 / 183 [13.41]	00:45:44 / 211 [13.12]
217	1452	MACIEJEWSKI PAWEŁ	WARKA	POL	PULASKI WARKA	76	M30/73 (M)208	01:08:50	01:08:34	13.13	00:23:08 / 236 [12.97]	00:45:45 / 213 [13.11]
218	182	SZYMCZAK PIOTR	OSTROŁĘKA	POL		77	M30/74 (M)209	01:08:52	01:08:18	13.18	00:23:56 / 281 [12.53]	00:46:11 / 223 [12.99]
219	538	ASLANOWICZ MARCIN	WARSZAWA	POL		75	M30/75 (M)210	01:08:54	01:08:50	13.08	00:22:32 / 192 [13.31]	00:45:56 / 216 [13.06]
220	323	KLEPACKI TOMASZ	WARSZAWA	POL	BIELANSKI KLUB BIEGACZA WARSZAWA	56	M55/10 (M)211	01:08:54	01:08:46	13.09	00:23:46 / 270 [12.62]	00:46:44 / 246 [12.84]
221	764	TERCZYŃSKI PAWEŁ	WARSZAWA	POL	KB TP	73	M30/76 (M)212	01:08:57	01:08:51	13.07	00:23:05 / 233 [13.00]	00:46:27 / 231 [12.92]
222	372	KAMINSKI STANISŁAW	NADARZYN	POL		58	M50/21 (M)213	01:08:59	01:08:54	13.06	00:22:41 / 201 [13.23]	00:46:25 / 229 [12.93]
223	16	RZEPNIEWSKI WOJCIECH	WARSZAWA	POL		51	M60/9 (M)214	01:09:01	01:08:37	13.12	00:23:37 / 256 [12.70]	00:46:36 / 239 [12.88]
224	213	SOBCZAK KRZYSZTOF	OLSZTYN	POL	SIEPOMAGA.PL	82	M20/39 (M)215	01:09:04	01:08:59	13.05	00:21:20 / 128 [14.06]	00:45:18 / 188 [13.25]
225	357	RUTKOWSKI SŁAWOMIR	WARSZAWA	POL	NIEZRZESZONY	59	M50/22 (M)216	01:09:06	01:08:54	13.06	00:22:59 / 222 [13.05]	00:46:23 / 228 [12.94]
226	1210	DOBAK STEFAN	SZAMOTUŁY	POL	KB SZAMOTUŁY	46	M65/2 (M)217	01:09:08	01:09:02	13.04	00:22:46 / 210 [13.18]	00:46:06 / 219 [13.02]
227	211	BIAŁOGRODZKI LESZEK	PIASECZNO	POL	PIASECZNO TEAM	71	M40/30 (M)218	01:09:08	01:08:58	13.05	00:22:17 / 178 [13.46]	00:45:44 / 210 [13.12]
228	751	WOJDAT LECH	WARSZAWA	POL	KBP PASJA WARSZAWA	53	M55/11 (M)219	01:09:08	01:09:02	13.04	00:22:44 / 206 [13.20]	00:45:59 / 217 [13.05]
229	716	GÓRSKI STEFAN	ŁĘCZNA	POL	LW,BOGDANKA	65	M45/26 (M)220	01:09:09	01:08:31	13.14	00:24:06 / 293 [12.45]	00:46:52 / 249 [12.80]
230	463	LATUSZEK JAROSŁAW	GARWOLIN	POL	TRUCHTACZ.PL	70	M40/31 (M)221	01:09:12	01:09:02	13.04	00:21:35 / 140 [13.90]	00:45:14 / 186 [13.26]
231	1238	WIELOGÓRKA PIOTR	WARSZAWA	POL	BYLEDOBIEC ANIN	76	M30/77 (M)222	01:09:13	01:08:46	13.09	00:23:25 / 243 [12.81]	00:46:35 / 238 [12.88]
232	530	LEKI ROBERT	WARSZAWA	POL		73	M30/78 (M)223	01:09:15	01:09:10	13.01	00:23:30 / 248 [12.77]	00:46:44 / 247 [12.84]
233	1476	JĘŻEWSKI SŁAWOMIR	WARSZAWA	POL	SYRENKA WARSZAWA	61	M50/23 (M)224	01:09:17	01:09:13	13.00	00:22:42 / 204 [13.22]	00:46:13 / 224 [12.98]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	5km	10km	Check points
234	856	KAMIEŃ DOROTA	WARSZAWA	POL	AWF WARSZAWA	72	K30/5	(K)10		01:09:21	01:08:55	13.06	00:23:38 / 260 [12.69]	00:46:42 / 242 [12.85]	
235	162	OPOWICZ MARZENA	WARSZAWA	POL	WARSZAWA	63	K40/1	(K)11		01:09:22	01:09:12	13.01	00:23:29 / 245 [12.78]	00:46:42 / 243 [12.85]	
236	768	SZTUBECKI MICHAŁ	WARSZAWA	POL	VEGE RUNNERS	72	M30/79	(M)225		01:09:22	01:09:11	13.01	00:22:45 / 208 [13.19]	00:46:07 / 220 [13.01]	
237	277	KLIGLICH PAWEŁ	WOŁOMIN	POL	TOWARZYSTWO AKTYWNY RELAKS WOŁOMIN	77	M30/80	(M)226		01:09:22	01:09:09	13.02	00:23:03 / 230 [13.02]	00:46:21 / 227 [12.94]	
238	1365	PAWELEC AGNIESZKA	WARSZAWA	POL	SBBP.PL	86	K16/6	(K)12		01:09:26	01:09:07	13.02	00:24:07 / 297 [12.44]	00:47:16 / 265 [12.69]	
239	1364	KACZKOROWSKI MICHAŁ	ŁÓDŹ	POL		88	M20/40	(M)227		01:09:29	01:09:10	13.01	00:24:07 / 296 [12.44]	00:47:15 / 264 [12.70]	
240	1400	KOROL KRZYSZTOF	WARSZAWA	POL	DB MARATHON TEAM	76	M30/81	(M)228		01:09:32	01:09:20	12.98	00:23:58 / 285 [12.52]	00:47:26 / 270 [12.65]	
241	206	RAKOCZY PIOTR	WARSZAWA	POL		77	M30/82	(M)229		01:09:32	01:08:43	13.10	00:23:49 / 274 [12.60]	00:46:44 / 245 [12.84]	
242	91	BRZUSZCZYŃSKI JACEK	WARSZAWA	POL		76	M30/83	(M)230		01:09:34	01:09:28	12.96	00:23:01 / 225 [13.03]	00:46:32 / 236 [12.89]	
243	412	SKAŁSKI PIOTR	WARSZAWA	POL		67	M40/32	(M)231		01:09:36	01:09:31	12.95	00:22:09 / 172 [13.54]	00:45:36 / 205 [13.16]	
244	484	NIEDŹWIADEK CZESŁAW	WARSZAWA	POL	DOWÓDZTWO GARNIZONU WARSZAWA	56	M55/12	(M)232		01:09:51	01:09:50	12.89	00:22:27 / 189 [13.36]	00:46:33 / 237 [12.89]	
245	617	SWORCZUK PAWEŁ	MIĘDZYRZEC	POL	WOJSKOWE CENTRUM GEOGRAFICZNE	81	M30/84	(M)233		01:09:51	01:09:32	12.94	00:23:49 / 276 [12.60]	00:47:25 / 269 [12.65]	
246	1662	SMOLARCZYK TOMASZ	WARSZAWA	POL		81	M30/85	(M)234		01:09:52	01:09:01	13.04	00:23:16 / 239 [12.89]	00:46:41 / 241 [12.85]	
247	397	WOLANIN TOMASZ	WARSZAWA	POL	ACCELERATE2	71	M40/33	(M)235		01:09:52	01:09:28	12.96	00:23:49 / 275 [12.60]	00:47:02 / 257 [12.76]	
248	679	NIEDŹWIECKI ANDRZEJ	PIECKI	POL	KLUB BIEGACZA MRAĞOWO	57	M50/24	(M)236		01:09:55	01:09:41	12.92	00:22:38 / 198 [13.25]	00:46:18 / 225 [12.96]	
249	715	SIKORSKI STANISŁAW	LECZNA	POL	LW,BOGDANKA	61	M50/25	(M)237		01:09:56	01:09:28	12.96	00:24:52 / 355 [12.06]	00:47:43 / 279 [12.57]	
250	707	FRANKOWSKI ŁUKASZ	LECZNA	POL	LW,BOGDANKA	84	M20/41	(M)238		01:09:58	01:09:29	12.95	00:24:51 / 354 [12.07]	00:47:42 / 277 [12.58]	
251	893	WIECZOREK JANUSZ	MIŃSK MAZOWIECKI	POL	KB DREPTAK	59	M50/26	(M)239		01:10:03	01:09:31	12.95	00:24:00 / 287 [12.50]	00:46:58 / 256 [12.78]	
252	1216	MARCINIAK ANDRZEJ	MŁAWA	POL		74	M30/86	(M)240		01:10:04	01:09:42	12.91	00:23:42 / 264 [12.66]	00:47:07 / 261 [12.73]	
253	1213	TURLEJ DARIUSZ	WARSZAWA	POL	DARTS WARSZAWA	57	M50/27	(M)241		01:10:04	01:09:55	12.87	00:23:05 / 232 [13.00]	00:46:42 / 244 [12.85]	
254	817	BANIAK JACEK	PŁOŃSK	POL	KB IM PIOTRA SĘKOWSKIEGO PŁOŃSK	67	M40/34	(M)242		01:10:05	01:10:03	12.85	00:21:28 / 134 [13.98]	00:44:11 / 156 [13.58]	
255	1459	PAPARO RICCARDO	WARSZAWA	POL	WŁOCHY	72	M30/87	(M)243		01:10:05	01:10:04	12.84	00:22:20 / 180 [13.43]	00:45:25 / 199 [13.21]	
256	329	GRUNWALD WOJCIECH	WARSZAWA	POL	BYLEDOBIEC ANIN	73	M30/88	(M)244		01:10:07	01:09:55	12.87	00:22:36 / 193 [13.27]	00:46:21 / 226 [12.94]	
257	315	JÓZWIK WALDEMAR	WARSZAWA	POL	KLUB MARATOŃCZYKA LEKAM	78	M30/89	(M)245		01:10:09	01:09:23	12.97	00:24:47 / 340 [12.10]	00:47:55 / 291 [12.52]	
258	457	STĘBOROWSKI ŁUKASZ	SOCHACZEW	POL	TKKF PŁOCK	86	M20/42	(M)246		01:10:11	01:09:53	12.88	00:24:57 / 370 [12.02]	00:48:29 / 305 [12.38]	
259	1447	POŁASKI LESZEK	WARSZAWA	POL		47	M60/10	(M)247		01:10:12	01:09:56	12.87	00:23:36 / 254 [12.71]	00:46:54 / 250 [12.79]	
260	389	DYGDON PRZEMYSŁAW	WARSZAWA	POL	ACCELERATE_	74	M30/90	(M)248		01:10:14	01:09:50	12.89	00:23:47 / 273 [12.61]	00:47:26 / 271 [12.65]	
261	1667	GOLEŃ JAN	WARSZAWA	POL	KB GALERIA WARSZAWA	69	M40/35	(M)249		01:10:19	01:09:38	12.92	00:24:48 / 343 [12.10]	00:47:50 / 283 [12.54]	
262	850	RAJKOWSKI KRZYSZTOF	PRUSZKÓW	POL		64	M45/27	(M)250		01:10:22	01:10:17	12.81	00:22:07 / 166 [13.56]	00:45:20 / 191 [13.24]	
263	706	TOMASZEWSKI LEON	CYCOW	POL	LW,BOGDANKA	54	M55/13	(M)251		01:10:24	01:09:58	12.86	00:23:33 / 250 [12.74]	00:46:48 / 248 [12.82]	
264	1375	GÒRAL TADEUSZ	WARSZAWA	POL		70	M40/36	(M)252		01:10:29	01:10:24	12.78	00:24:22 / 316 [12.31]	00:48:42 / 316 [12.32]	
265	729	LEWANDOWSKI PIOTR	WARSZAWA	POL	TRUCHT TARCHOMIN TEAM	74	M30/91	(M)253		01:10:30	01:10:25	12.78	00:21:38 / 141 [13.87]	00:45:28 / 200 [13.20]	
266	1294	NADROWSKI PIOTR	PIASECZNO	POL	KB ACTIVESPORTS WARSZAWA	67	M40/37	(M)254		01:10:38	01:10:09	12.83	00:24:33 / 323 [12.22]	00:48:35 / 311 [12.35]	
267	56	WICIŃSKI RAFAŁ	OLECKO	POL	POWERADE	68	M40/38	(M)255		01:10:42	01:10:37	12.74	00:23:44 / 267 [12.64]	00:46:57 / 255 [12.78]	
268	1666	WYRĄBKIEWICZ JANUSZ	CIECHOCINEK	POL		57	M50/28	(M)256		01:10:46	01:10:26	12.78	00:24:00 / 291 [12.50]	00:47:23 / 268 [12.66]	
269	1660	BOROWIECKI ROMAN	BRONISŁAWÓW	POL		75	M30/92	(M)257		01:10:49	01:10:02	12.85	00:25:00 / 378 [12.00]	00:48:46 / 320 [12.30]	
270	106	MIKOŁAJCZYK MARTA	WARKA	POL	PULASKI WARKA	48	K60/1	(K)13		01:10:51	01:10:46	12.72	00:22:47 / 215 [13.17]	00:46:40 / 240 [12.86]	
271	711	SZCZYPEK JAN	LECZNA	POL	LW,BOGDANKA	58	M50/29	(M)258		01:10:56	01:10:29	12.77	00:24:55 / 365 [12.04]	00:48:18 / 296 [12.42]	
272	1441	MARCINIAK JANUSZ	WARSZAWA	POL	WARSZAWIAKY	60	M50/30	(M)259		01:11:01	01:10:31	12.76	00:24:09 / 300 [12.42]	00:47:54 / 287 [12.53]	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points	
273	568	KREPS MAŁGORZATA	WARSZAWA	POL	CARSERVIS WARSZAWA	77	K30/6	(K)14	01:11:02	01:10:52	12.70	00:23:38 / 258 [12.69]	00:47:52 / 285 [12.53]
274	177	BEZULSKI LUKASZ	WARSZAWA	POL	HALABANY ZENONA	85	M20/43	(M)260	01:11:02	01:10:43	12.73	00:24:10 / 304 [12.41]	00:47:53 / 286 [12.53]
275	391	TAIPALE PEKKA	WARSZAWA	POL	ACCELERATE_	78	M30/93	(M)261	01:11:04	01:10:36	12.75	00:23:41 / 263 [12.67]	00:47:33 / 272 [12.62]
276	609	SZYMAŃSKI JERZY	KURZĘTNIK	POL	ZAMEK JAWOR KURZĘTNIK	44	M65/3	(M)262	01:11:05	01:11:04	12.66	00:22:43 / 205 [13.21]	00:46:56 / 253 [12.78]
277	1699	KOZŁOWSKI SOBIESŁAW	LEGNICA	POL	BPS RINNERS TEAM	79	M30/94	(M)263	01:11:09	01:11:03	12.67	00:23:33 / 251 [12.74]	00:47:39 / 276 [12.59]
278	171	KARPIŃSKI ROBERT	MARKI	POL		71	M40/39	(M)264	01:11:14	01:10:54	12.69	00:23:41 / 262 [12.67]	00:47:46 / 280 [12.56]
279	499	WÓJCIK PIOTR	WARSZAWA	POL	WARSZAWIAKY	65	M45/28	(M)265	01:11:15	01:11:07	12.66	00:22:56 / 221 [13.08]	00:46:55 / 252 [12.79]
280	1402	WOŹNIAK RYSZARD	BORZYCHY	POL	POLITECHNIKA WARSZAWSKA	71	M40/40	(M)266	01:11:15	01:10:37	12.74	00:24:38 / 328 [12.18]	00:47:58 / 292 [12.51]
281	805	DOBROWOLSKI MAREK	N.DWÓR MAZ.	POL	JOGGER	64	M45/29	(M)267	01:11:17	01:11:13	12.64	00:21:58 / 159 [13.66]	00:46:03 / 218 [13.03]
282	774	MĄDRZYK MAREK	KRAKÓW	POL	KB TP	63	M45/30	(M)268	01:11:17	01:11:17	12.63	00:23:36 / 253 [12.71]	00:47:35 / 274 [12.61]
283	392	TROCHIMCZUK RAFAŁ	WARSZAWA	POL	ACCELERATE_	80	M30/95	(M)269	01:11:18	01:10:40	12.74	00:24:56 / 369 [12.03]	00:49:02 / 327 [12.24]
284	466	PAWŁOWSKA-POJAWA ANNA	WARSZAWA-WESOLA	POL	BYLEDOBIEC ANIN	76	K30/7	(K)15	01:11:19	01:11:11	12.64	00:23:00 / 223 [13.04]	00:47:10 / 262 [12.72]
285	243	LEWANDOWSKI ZENON	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	52	M55/14	(M)270	01:11:21	01:11:19	12.62	00:23:31 / 249 [12.76]	00:47:20 / 266 [12.68]
286	832	LEWANDOWSKI PAWEŁ	WARSZAWA	POL	KB ACTIVESPORTS WARSZAWA	80	M30/96	(M)271	01:11:33	01:11:05	12.66	00:24:53 / 360 [12.06]	00:48:35 / 312 [12.35]
287	426	GONDEK ROBERT	WARSZAWA	POL	ALLIANZ MTB TEAM	76	M30/97	(M)272	01:11:39	01:11:21	12.61	00:24:25 / 319 [12.29]	00:48:18 / 295 [12.42]
288	456	JENKINS CHRIS	WARSAW	GBR	WILANOW COFFIN DODGERS	47	M60/11	(M)273	01:11:39	01:10:45	12.72	00:25:22 / 399 [11.83]	00:48:50 / 322 [12.29]
289	709	IWANICKI WŁADYSŁAW	ŁĘCZNA	POL	LW,BOGDANKA	59	M50/31	(M)274	01:11:40	01:11:01	12.67	00:25:56 / 451 [11.57]	00:49:20 / 349 [12.16]
290	199	BRZozowski ANDRZEJ	ZAMOŚĆ	POL	WARSZAWA MOKOTÓW	54	M55/15	(M)275	01:11:41	01:11:40	12.56	00:22:47 / 214 [13.17]	00:47:02 / 259 [12.76]
291	300	STĘPIEŃ LESZEK	WOŁOMIN	POL	KB POŚWIĘTNE	78	M30/98	(M)276	01:11:47	01:11:17	12.63	00:24:42 / 335 [12.15]	00:48:29 / 306 [12.38]
292	210	KOCIMSKI JAN	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	48	M60/12	(M)277	01:11:51	01:11:47	12.54	00:23:11 / 237 [12.94]	00:47:23 / 267 [12.66]
293	689	KACPROWSKI TADEUSZ	WARSZAWA	POL		51	M60/13	(M)278	01:11:51	01:10:41	12.73	00:24:50 / 352 [12.08]	00:48:33 / 309 [12.36]
294	85	NARTOWSKI JAN	WARSZAWA	POL	KB JÓZEFOSŁAW	59	M50/32	(M)279	01:11:52	01:11:32	12.58	00:24:00 / 290 [12.50]	00:47:33 / 273 [12.62]
295	726	WALENDZIK SŁAWOMIR	SKIERNIEWICE	POL	-	65	M45/31	(M)280	01:11:53	01:11:24	12.61	00:25:31 / 410 [11.76]	00:49:12 / 338 [12.20]
296	26	ZAWISTOWSKI ARTUR	LEGIONOWO	POL	WARSZAWIAKY	76	M30/99	(M)281	01:11:56	01:11:26	12.60	00:24:44 / 337 [12.13]	00:48:21 / 297 [12.41]
297	436	HOJDA MAREK	WARSZAWA	POL		66	M45/32	(M)282	01:11:57	01:11:07	12.66	00:25:34 / 416 [11.73]	00:49:28 / 357 [12.13]
298	522	MOSTOWSKA MAGDALENA	WARSZAWA	POL	-	77	K30/8	(K)16	01:11:57	01:11:37	12.57	00:23:01 / 226 [13.03]	00:47:06 / 260 [12.74]
299	250	SALA MIECZYŚŁAW	JELEŃ GÓRA	POL		61	M50/33	(M)283	01:12:00	01:11:35	12.57	00:24:40 / 332 [12.16]	00:48:33 / 310 [12.36]
300	1231	OLSZEWSKI BARTOSZ	WARSZAWA	POL	WARSZAWIAKY	84	M20/44	(M)284	01:12:05	01:11:52	12.52	00:24:45 / 338 [12.12]	00:48:21 / 299 [12.41]
301	155	DOBROWOLSKI KRZYSZTOF	WARSZAWA	POL		51	M60/14	(M)285	01:12:07	01:11:37	12.57	00:24:33 / 324 [12.22]	00:48:30 / 307 [12.37]
302	286	ŚWIĄTEK WOJCIECH	WARSZAWA	POL		81	M30/100	(M)286	01:12:09	01:11:54	12.52	00:23:37 / 255 [12.70]	00:47:55 / 290 [12.52]
303	647	KURZAWA SŁAWOMIR	WARSZAWA	POL	WARSZAWA URSYNÓW	66	M45/33	(M)287	01:12:09	01:12:02	12.49	00:24:48 / 342 [12.10]	00:49:08 / 331 [12.21]
304	1057	RYSKOWSKI SŁAWOMIR	WARSZAWA	POL	ART PROFI TEAM	78	M30/101	(M)288	01:12:11	01:12:02	12.49	00:24:15 / 308 [12.37]	00:48:47 / 321 [12.30]
305	72	BORDZOŁ JAN	LUBARTÓW	POL	LUBARTÓW	51	M60/15	(M)289	01:12:13	01:12:10	12.47	00:23:23 / 242 [12.83]	00:47:36 / 275 [12.61]
306	1700	GUZIEJEWSKI WIESŁAW	WŁOCLAWEK	POL	WKB MARATOŃCZYK WŁOCLAWEK	40	M70/1	(M)290	01:12:13	01:12:01	12.50	00:23:58 / 284 [12.52]	00:48:08 / 293 [12.47]
307	142	SIDOR KRZYSZTOF	DZIEKANÓW LEŚNY	POL	123-A-TERAZ-MY	62	M45/34	(M)291	01:12:19	01:12:16	12.45	00:24:20 / 311 [12.33]	00:49:15 / 344 [12.18]
308	188	MATYJASIK MIROSLAW	PULAWY	POL	123-A-TERAZ-MY	73	M30/102	(M)292	01:12:19	01:12:16	12.45	00:24:20 / 310 [12.33]	00:49:15 / 343 [12.18]
309	775	PACEWICZ MAREK	ZIELONKI	POL	KB TP	56	M55/16	(M)293	01:12:22	01:11:57	12.51	00:24:54 / 363 [12.05]	00:49:11 / 335 [12.20]
310	1239	BANOWSKI JANUSZ	WARSZAWA	POL	PARK SKARYSZEWSKI	67	M40/41	(M)294	01:12:23	01:11:50	12.53	00:25:06 / 389 [11.95]	00:49:12 / 339 [12.20]
311	694	GĘBAROWSKI PIOTR	WARSZAWA	POL	YUMOPI	73	M30/103	(M)295	01:12:25	01:11:48	12.53	00:25:06 / 390 [11.95]	00:49:10 / 334 [12.20]
312	303	KUBASZEWSKI MIROSLAW	WARSZAWA	POL		63	M45/35	(M)296	01:12:27	01:11:52	12.52	00:24:39 / 330 [12.17]	00:48:42 / 315 [12.32]
313	493	KACPERSKI OLAF	WARSZAWA	POL		73	M30/104	(M)297	01:12:27	01:12:20	12.44	00:23:34 / 252 [12.73]	00:47:51 / 284 [12.54]
314	97	PAWŁOWSKI BOGUSŁAW	STARE BABICE	POL	_	52	M55/17	(M)298	01:12:28	01:11:59	12.50	00:25:04 / 387 [11.97]	00:49:04 / 328 [12.23]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
315	99	KUPNIEWSKI JAKUB	WARSZAWA	POL		71	M40/42 (M)299	01:12:33	01:12:05	12.49	00:25:02 / 382 [11.98]	00:48:51 / 323 [12.28]
316	266	ŁAPIŃSKI ZENON	WARSZAWA	POL	ALETEMPO	55	M55/18 (M)300	01:12:33	01:12:00	12.50	00:25:50 / 439 [11.61]	00:50:05 / 388 [11.98]
317	607	RÓŻYCKI KONRAD	WARSZAWA	POL	LECHICI ZIELONKA	62	M45/36 (M)301	01:12:35	01:12:01	12.50	00:25:50 / 440 [11.61]	00:50:05 / 387 [11.98]
318	865	URBAN ARKADIUSZ	LUBARTÓW	POL		72	M30/105 (M)302	01:12:38	01:12:27	12.42	00:24:07 / 295 [12.44]	00:48:22 / 300 [12.41]
319	776	WINCZURA PIOTR	3A/25	POL	KB TP	57	M50/34 (M)303	01:12:42	01:12:15	12.46	00:24:39 / 331 [12.17]	00:48:27 / 302 [12.38]
320	760	KAROL MACIEJ	KOPRZYWNICA	POL	PKO BP	85	M20/45 (M)304	01:12:47	01:12:27	12.42	00:25:22 / 400 [11.83]	00:49:38 / 365 [12.09]
321	1362	PRZYBYLSKI TOMASZ	WARSZAWA	POL	KLUB WYSOKOGÓRSKI WARSZAWA	55	M55/19 (M)305	01:12:47	01:12:17	12.45	00:25:11 / 393 [11.91]	00:49:13 / 341 [12.19]
322	44	PATEREK ANDRZEJ	WARSZAWA	POL	ALETEMPO	54	M55/20 (M)306	01:12:50	01:12:29	12.42	00:23:30 / 247 [12.77]	00:47:54 / 289 [12.53]
323	467	POJAWA TOMASZ	WARSZAWA-WESOLA	POL	BYLEDOBIEC ANIN	73	M30/106 (M)307	01:12:56	01:12:27	12.42	00:25:00 / 376 [12.00]	00:49:09 / 332 [12.21]
324	1498	BOROWSKI PAWEŁ	WARSZAWA	POL		74	M30/107 (M)308	01:12:56	01:12:47	12.37	00:24:07 / 294 [12.44]	00:49:04 / 329 [12.23]
325	1349	PIASECKA MONIKA	WARSZAWA	POL	HP RUN	75	K30/9 (K)17	01:12:57	01:12:42	12.38	00:24:42 / 334 [12.15]	00:48:44 / 317 [12.31]
326	144	PULKOWNIK MARCIN	PIASECZNO	POL	KB-REBUS.PL	77	M30/108 (M)309	01:12:57	01:12:34	12.40	00:25:19 / 398 [11.85]	00:49:55 / 383 [12.02]
327	755	LESZCZYŃSKI PAWEŁ	WARSZAWA	POL	LASY WAWERSKIE	60	M50/35 (M)310	01:12:58	01:12:27	12.42	00:24:48 / 344 [12.10]	00:48:44 / 318 [12.31]
328	317	MAJCHER STANISŁAW	GOLUB-DOBRZYŃ	POL	MAJCHER	48	M60/16 (M)311	01:12:59	01:12:50	12.36	00:24:10 / 303 [12.41]	00:48:36 / 313 [12.35]
329	198	GÓRSKI MARCIN	WARSZAWA	POL		80	M30/109 (M)312	01:12:59	01:12:34	12.40	00:25:01 / 379 [11.99]	00:49:18 / 347 [12.17]
330	137	BORKOWSKI PAWEŁ	WARSZAWA	POL	BEPART	74	M30/110 (M)313	01:13:00	01:11:08	12.65	00:25:42 / 429 [11.67]	00:50:23 / 397 [11.91]
331	1026	WASILIEW CHRISTO	WARKA	POL	PULASKI WARKA	52	M55/21 (M)314	01:13:01	01:12:56	12.34	00:23:47 / 272 [12.61]	00:48:26 / 301 [12.39]
332	565	OLESIŃSKI ARTUR	WARSZAWA	POL		80	M30/111 (M)315	01:13:01	01:12:32	12.41	00:25:04 / 385 [11.97]	00:49:23 / 351 [12.15]
333	175	PRZYBYŁKOWICZ JACEK	WARSZAWA	POL	BSL TRUCK	74	M30/112 (M)316	01:13:01	01:12:24	12.43	00:24:37 / 327 [12.19]	00:49:00 / 326 [12.24]
334	1360	CAŁKA PAWEŁ	WARSZAWA	POL	METRO WARSZAWSKIE	47	M60/17 (M)317	01:13:06	01:13:04	12.32	00:23:14 / 238 [12.91]	00:47:42 / 278 [12.58]
335	554	NITKIEWICZ MARCIN	PRUSZKÓW	POL	RBS MARATHON TEAM	84	M20/46 (M)318	01:13:06	01:12:33	12.41	00:24:43 / 336 [12.14]	00:48:31 / 308 [12.37]
336	1451	KASPRZAK DARIUSZ	WARKA	POL	PULASKI WARKA	68	M40/43 (M)319	01:13:08	01:13:01	12.33	00:22:51 / 218 [13.13]	00:47:02 / 258 [12.76]
337	703	KOŚCIARZ JAN	ŁĘCZNA	POL	LW,BOGDANKA	65	M45/37 (M)320	01:13:09	01:12:31	12.41	00:25:57 / 455 [11.56]	00:49:48 / 377 [12.05]
338	540	WAGNER JOLANTA	WARSZAWA	POL		66	K40/2 (K)18	01:13:09	01:12:40	12.39	00:25:00 / 377 [12.00]	00:49:16 / 346 [12.18]
339	403	SZMIDT JACEK	WARSZAWA	POL	BIELANSKI KLUB BIEGACZA WARSZAWA	57	M50/36 (M)321	01:13:16	01:13:05	12.31	00:23:51 / 278 [12.58]	00:48:21 / 298 [12.41]
340	1390	KOWALCZYK ARKADIUSZ	WARSZAWA	POL	SZKODA GADAĆ	70	M40/44 (M)322	01:13:16	01:13:14	12.29	00:24:09 / 302 [12.42]	00:49:41 / 370 [12.08]
341	259	LULA MARIUSZ	WARSZAWA	POL		79	M30/113 (M)323	01:13:17	01:12:53	12.35	00:25:34 / 419 [11.73]	00:49:56 / 384 [12.02]
342	32	BOCZKOWSKA ALEKSANDRA	WARSZAWA	POL		81	K30/10 (K)19	01:13:17	01:12:44	12.37	00:25:31 / 412 [11.76]	00:49:30 / 361 [12.12]
343	453	KNYSZEWSKI ROBERT	SOCHACZEW	POL	NIEZRZESZONY	83	M20/47 (M)324	01:13:17	01:13:08	12.31	00:24:00 / 288 [12.50]	00:48:28 / 303 [12.38]
344	547	JANUSZEWSKI MAREK	WARSZAWA	POL	KB TP	70	M40/45 (M)325	01:13:18	01:12:51	12.35	00:24:55 / 367 [12.04]	00:49:11 / 337 [12.20]
345	153	ZGLIŃSKI PIOTR	SULEJÓWEK	POL	KB-REBUS.PL	74	M30/114 (M)326	01:13:22	01:12:29	12.42	00:26:35 / 501 [11.29]	00:51:11 / 428 [11.72]
346	826	GRABOWSKI ŁUKASZ	WARSZAWA	POL		81	M30/115 (M)327	01:13:25	01:13:10	12.30	00:24:50 / 353 [12.08]	00:49:26 / 356 [12.14]
347	272	SOCHACKI ANDRZEJ	WARSZAWA	POL		71	M40/46 (M)328	01:13:27	01:12:48	12.36	00:25:36 / 420 [11.72]	00:50:26 / 400 [11.90]
348	240	JABŁOŃSKI WALDEMAR	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	59	M50/37 (M)329	01:13:27	01:13:18	12.28	00:24:23 / 317 [12.30]	00:48:58 / 325 [12.25]
349	1496	SZYSZKOWSKI WŁODZIMIERZ	WARSZAWA	POL		68	M40/47 (M)330	01:13:29	01:13:08	12.31	00:24:53 / 357 [12.06]	00:49:23 / 352 [12.15]
350	1356	TARCZYŃSKA HALINA	WARSZAWA	POL		75	K30/11 (K)20	01:13:30	01:13:10	12.30	00:24:55 / 366 [12.04]	00:49:30 / 360 [12.12]
351	1054	GOZDAŁSKI ADAM	RADOM	POL	KLUB MARATOŃCZYKA AZS RADOM	85	M20/48 (M)331	01:13:38	01:12:35	12.40	00:25:44 / 430 [11.66]	00:49:40 / 369 [12.08]
352	515	TENDERENDA JAN	WARSZAWA	POL	DB MARATHON TEAM	80	M30/116 (M)332	01:13:40	01:13:28	12.25	00:25:02 / 381 [11.98]	00:50:30 / 402 [11.88]
353	889	WITT HENRYK	TORUN	POL	TS OPATRUNKI TORUN	41	M70/2 (M)333	01:13:41	01:13:16	12.28	00:23:50 / 277 [12.59]	00:47:47 / 281 [12.56]
354	1056	WĘSIERSKI LECH	TORUN	POL	TS OPATRUNKI TORUN	52	M55/22 (M)334	01:13:41	01:13:16	12.28	00:24:00 / 289 [12.50]	00:47:47 / 282 [12.56]
355	488	GRANAT ZBIGNIEW	WARSZAWA	POL	A1 POL - WARSZAWA	59	M50/38 (M)335	01:13:45	01:13:32	12.24	00:23:38 / 259 [12.69]	00:48:09 / 294 [12.46]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
356	604	KALBARCZYK IRENEUSZ	WOLA ROWSKA	POL	TRUCHTACZ.PL	60	M50/39 (M)336	01:13:47	01:13:10	12.30	00:24:49 / 347 [12.09]	00:49:32 / 364 [12.11]
357	576	ŻABIŃSKI LECH MAREK	GRAJEWO	POL	MARATONKA GRAJEWO	56	M55/23 (M)337	01:13:48	01:13:33	12.24	00:24:21 / 312 [12.32]	00:49:06 / 330 [12.22]
358	1358	JAKUBOWSKA EDYTA	WARSZAWA	POL	REELANDIA	83	K16/7 (K)21	01:13:49	01:13:39	12.22	00:25:34 / 417 [11.73]	00:49:55 / 380 [12.02]
359	532	JASTRZĘBSKI JACEK	SOCHACZEW	POL	AKTYWNI SOCHACZEW	70	M40/48 (M)338	01:13:49	01:13:38	12.22	00:24:21 / 313 [12.32]	00:49:15 / 342 [12.18]
360	314	GRZĘDA TOMASZ	SZYDŁOWIEC	POL	LENIWCE TEAM	78	M30/117 (M)339	01:13:54	01:13:46	12.20	00:26:10 / 470 [11.46]	00:51:51 / 453 [11.57]
361	158	OPALSKI WOJCIECH	WARSZAWA	POL	-	74	M30/118 (M)340	01:13:57	01:13:14	12.29	00:26:30 / 492 [11.32]	00:51:08 / 425 [11.73]
362	83	OSIŃSKI STANISŁAW	WARSZAWA	POL	-	51	M60/18 (M)341	01:13:58	01:13:49	12.19	00:24:53 / 358 [12.06]	00:49:30 / 359 [12.12]
363	1481	LESZCZYŃSKI CEZARY	GDAŃSK	POL	TRI CITY TRIATHLON TEAM	70	M40/49 (M)342	01:13:59	01:13:43	12.21	00:24:13 / 306 [12.39]	00:49:09 / 333 [12.21]
364	853	KOWALSKI ADRIAN	KAMPINOS	POL	KM AKTYWNI SOCHACZEW	88	M20/49 (M)343	01:14:03	01:13:44	12.21	00:24:57 / 371 [12.02]	00:48:29 / 304 [12.38]
365	421	JEDRZEJEWSKI KONRAD	WARSZAWA	POL	-	73	M30/119 (M)344	01:14:07	01:13:54	12.18	00:24:26 / 320 [12.28]	00:49:23 / 353 [12.15]
366	94	MIKINA ARTUR	WARSZAWA	POL	PWPW SA	59	M50/40 (M)345	01:14:07	01:13:49	12.19	00:24:17 / 309 [12.35]	00:49:15 / 345 [12.18]
367	292	LORANC PRZEMYSŁAW	WARSZAWA	POL	ACCREO ALL BLUES	87	M20/50 (M)346	01:14:09	01:13:36	12.23	00:27:15 / 565 [11.01]	00:52:25 / 488 [11.45]
368	546	BARAN HENRYK	PODWYSOKIE	POL	KB TP	74	M30/120 (M)347	01:14:11	01:13:44	12.21	00:24:54 / 361 [12.05]	00:49:11 / 336 [12.20]
369	514	SARNA JAKUB	WARSZAWA	POL	DB MARATHON TEAM	79	M30/121 (M)348	01:14:12	01:14:01	12.16	00:25:02 / 380 [11.98]	00:50:30 / 403 [11.88]
370	40	MICHAŁSKI DARIUSZ	WARSZAWA	POL	-	60	M50/41 (M)349	01:14:12	01:13:44	12.21	00:24:56 / 368 [12.03]	00:49:39 / 367 [12.08]
371	1665	KLEPCZAREK MAREK	WARSZAWA	POL	-	87	M20/51 (M)350	01:14:13	01:13:46	12.20	00:25:11 / 392 [11.91]	00:49:13 / 340 [12.19]
372	69	MĘCIŃSKI ŁUKASZ	WARSZAWA	POL	-	73	M30/122 (M)351	01:14:15	01:13:32	12.24	00:26:30 / 491 [11.32]	00:51:09 / 426 [11.73]
373	45	SKRZYPCZAK JAROSŁAW	WARSZAWA	POL	-	67	M40/50 (M)352	01:14:17	01:13:58	12.17	00:24:49 / 349 [12.09]	00:49:30 / 358 [12.12]
374	649	MIROCHA KRYSZTIAN	GDYNIA	POL	-	80	M30/123 (M)353	01:14:17	01:13:40	12.22	00:25:27 / 403 [11.79]	00:50:14 / 394 [11.94]
375	352	PIETRUSZEWSKI JACEK	WARSZAWA	POL	10 WARSZAWSKI PUŁK SAMOCHODOWY	70	M40/51 (M)354	01:14:19	01:13:35	12.23	00:25:30 / 407 [11.76]	00:50:06 / 390 [11.98]
376	771	RYSZKA BOGUSŁAW	WARSZAWA	POL	-	66	M45/38 (M)355	01:14:20	01:14:06	12.15	00:24:11 / 305 [12.41]	00:49:23 / 350 [12.15]
377	130	KOLAŃCZYK PAULINA	WARSZAWA	POL	ALETEMPO	80	K30/12 (K)22	01:14:20	01:13:35	12.23	00:25:30 / 408 [11.76]	00:50:06 / 389 [11.98]
378	186	GABRYŚ ALEKSANDER	WARSZAWA	POL	ERNST AND YOUNG AT	81	M30/124 (M)356	01:14:21	01:14:09	12.14	00:24:59 / 373 [12.01]	00:49:41 / 371 [12.08]
379	876	PRUCHNIEWSKI SŁAWOMIR	WARSZAWA	POL	-	79	M30/125 (M)357	01:14:25	01:14:07	12.14	00:24:49 / 346 [12.09]	00:49:42 / 373 [12.07]
380	500	MIOTKE EUGENIUSZ	LUZINO	POL	GKS 'KASZUBI' LUZINO	58	M50/42 (M)358	01:14:30	01:14:00	12.16	00:25:04 / 388 [11.97]	00:49:57 / 385 [12.01]
381	890	JAWORSKI PAWEŁ	CHELM	POL	-	78	M30/126 (M)359	01:14:31	01:14:00	12.16	00:24:21 / 314 [12.32]	00:49:25 / 354 [12.14]
382	838	STYKOWSKI ROBERT	WARSZAWA	POL	ART PROFI WARSZAWA	77	M30/127 (M)360	01:14:33	01:14:23	12.10	00:23:41 / 261 [12.67]	00:47:54 / 288 [12.53]
383	375	KASIŃSKI GRZEGORZ	WARSZAWA	POL	ERA RUNNING TEAM	70	M40/52 (M)361	01:14:34	01:14:12	12.13	00:25:45 / 431 [11.65]	00:50:54 / 415 [11.79]
384	159	BAŃBURA PIOTR	KOŃSKIE	POL	PASAT KOŃSKIE	79	M30/128 (M)362	01:14:36	01:14:23	12.10	00:23:55 / 280 [12.54]	00:48:58 / 324 [12.25]
385	178	BEBELSKI RAFAŁ	WARSZAWA	POL	DRUŻYNA SZPIKU	77	M30/129 (M)363	01:14:37	01:14:26	12.09	00:25:18 / 396 [11.86]	00:50:25 / 398 [11.90]
386	761	KOWALSKI WŁODZIMIERZ	ŁÓDŹ	POL	-	55	M55/24 (M)364	01:14:42	01:14:09	12.14	00:25:40 / 426 [11.69]	00:50:22 / 395 [11.91]
387	373	SZELWACHOWSKI DARIUSZ	WARSZAWA	POL	KB LAS HORMIGAS	64	M45/39 (M)365	01:14:43	01:14:34	12.07	00:24:09 / 301 [12.42]	00:49:31 / 363 [12.12]
388	573	DANILUK KAROL	WARSZAWA	POL	FDNT RUNNING TEAM	88	M20/52 (M)366	01:14:45	01:14:19	12.11	00:25:51 / 443 [11.61]	00:49:19 / 348 [12.17]
389	226	PRAŻMO ROMAN	SAMOKŁĘSKI	POL	-	56	M55/25 (M)367	01:14:48	01:14:28	12.09	00:25:34 / 418 [11.73]	00:49:55 / 382 [12.02]
390	840	DETTLAFF MARIUSZ	WILCZA GÓRA	POL	NIEZRZESZONY	83	M20/53 (M)368	01:14:51	01:14:51	12.02	00:23:52 / 279 [12.57]	00:48:39 / 314 [12.33]
391	1031	KWIATKOWSKI ANDRZEJ	WARSZAWA	POL	10 WARSZAWSKI PUŁK SAMOCHODOWY	78	M30/130 (M)369	01:14:52	01:14:07	12.14	00:25:31 / 411 [11.76]	00:50:23 / 396 [11.91]
392	577	SZADURA MAŁGORZATA	SKRZESZEW	POL	GRUPA BIEGOWA CHTMO	65	K40/3 (K)23	01:14:53	01:14:36	12.06	00:24:47 / 339 [12.10]	00:49:47 / 375 [12.05]
393	422	KOŁODZIEJEK MAREK	WARSZAWA	POL	-	71	M40/53 (M)370	01:14:54	01:14:09	12.14	00:26:55 / 532 [11.15]	00:51:43 / 451 [11.60]
394	444	DĘBNIK TOMASZ	WARSZAWA	POL	-	61	M50/43 (M)371	01:14:55	01:14:03	12.15	00:26:51 / 522 [11.17]	00:52:05 / 470 [11.52]
395	58	TOLAK TADEUSZ	WARSZAWA	POL	TIA	56	M55/26 (M)372	01:15:05	01:14:27	12.09	00:26:16 / 478 [11.42]	00:50:53 / 413 [11.79]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
396	150	ALBIŃSKI TOMASZ	WARSZAWA	POL		78	M30/131 (M)373	01:15:09	01:14:12	12.13	00:27:43 / 590 [10.82]	00:52:37 / 499 [11.40]
397	437	KWIECIEN MAREK	MARKI	POL		84	M20/54 (M)374	01:15:11	01:14:27	12.09	00:25:40 / 425 [11.69]	00:50:27 / 401 [11.89]
398	779	BIAŁOGRODZKI RYSZARD	PIASECZNO	POL	PIASECZNO TEAM	59	M50/44 (M)375	01:15:15	01:15:12	11.97	00:25:07 / 391 [11.94]	00:50:11 / 392 [11.96]
399	1316	BIADUŃ BOGDAN	WARSZAWA	POL		61	M50/45 (M)376	01:15:19	01:15:06	11.98	00:24:59 / 375 [12.01]	00:49:45 / 374 [12.06]
400	1417	NOWICKI MARIAN	WARSZAWA	POL	TKKF PIASKI WARSZAWA	44	M65/4 (M)377	01:15:19	01:14:33	12.07	00:25:50 / 438 [11.61]	00:50:37 / 407 [11.85]
401	659	TRZASKOWSKI JAROSŁAW	WARSZAWA	POL		78	M30/132 (M)378	01:15:21	01:14:58	12.01		00:49:38 / 366 [12.09]
402	746	KIESZEK TADEUSZ	OŻARÓW	POL	K.S. OŻAROWIANKA	56	M55/27 (M)379	01:15:25	01:15:10	11.97	00:24:50 / 351 [12.08]	00:49:58 / 386 [12.01]
403	116	CIEMIŃSKI KRZYSZTOF	WARSZAWA	POL		69	M40/54 (M)380	01:15:25	01:14:37	12.06	00:25:58 / 457 [11.55]	00:51:07 / 422 [11.74]
404	722	ROGAŁA SŁAWOMIR	WARSZAWA	POL	BIEGAJ Z ROGALEM	60	M50/46 (M)381	01:15:27	01:15:14	11.96	00:24:59 / 372 [12.01]	00:49:55 / 381 [12.02]
405	1484	PRZYBYŁA KRZYSZTOF	WARSZAWA	POL	KB ORIENTUZ	86	M20/55 (M)382	01:15:35	01:15:10	11.97	00:24:06 / 292 [12.45]	00:50:14 / 393 [11.94]
406	1214	LIPKA MAREK	WARSZAWA	POL		85	M20/56 (M)383	01:15:36	01:14:48	12.03	00:25:54 / 448 [11.58]	00:50:41 / 411 [11.84]
407	852	CYBULSKI ADAM	WARSZAWA	POL	WSB-CYTADELA	61	M50/47 (M)384	01:15:36	01:15:22	11.94	00:25:04 / 386 [11.97]	00:50:08 / 391 [11.97]
408	482	SIKORSKI ANDRZEJ	WARSZAWA	POL	TWINS	71	M40/55 (M)385	01:15:40	01:15:18	11.95	00:25:52 / 444 [11.60]	00:51:35 / 444 [11.63]
409	101	DOBRAŃSKI MACIEJ	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	54	M55/28 (M)386	01:15:41	01:15:02	11.99	00:25:41 / 428 [11.68]	00:50:36 / 406 [11.86]
410	154	KOSATKO JANUSZ	BEMOWO PISKIE	POL		77	M30/133 (M)387	01:15:43	01:15:03	11.99	00:26:59 / 535 [11.12]	00:52:24 / 487 [11.45]
411	321	OLCZAK PIOTR	WARSZAWA	POL	-	84	M20/57 (M)388	01:15:45	01:15:14	11.96	00:26:29 / 490 [11.33]	00:52:24 / 485 [11.45]
412	737	ZĘGOTA GRZEGORZ	WARSZAWA	POL	GRUBASY.PL	72	M30/134 (M)389	01:15:50	01:15:03	11.99	00:26:26 / 486 [11.35]	00:51:28 / 440 [11.66]
413	539	FREITES LUIS	WARSZAWA	VEN		61	M50/48 (M)390	01:15:54	01:13:23	12.26	00:27:06 / 548 [11.07]	00:51:27 / 439 [11.66]
414	111	PARZYSEK RADEK	MARUSZÓW	POL		81	M30/135 (M)391	01:15:57	01:15:19	11.95	00:26:12 / 472 [11.45]	00:51:18 / 430 [11.70]
415	445	BALŚ ANDRZEJ	ANTONINÓW	POL		55	M55/29 (M)392	01:15:57	01:15:05	11.99	00:25:56 / 450 [11.57]	00:50:40 / 410 [11.84]
416	1407	LESMAN ADAM	WARSZAWA	POL		69	M40/56 (M)393	01:15:59	01:15:52	11.86	00:24:22 / 315 [12.31]	00:49:31 / 362 [12.12]
417	131	ROGACEWICZ HUBERT	WARSZAWA	POL		84	M20/58 (M)394	01:16:01	01:14:55	12.01	00:26:54 / 526 [11.15]	00:51:46 / 452 [11.59]
418	1201	OCZAKOWSKI WŁODZIMIERZ	RAWA MAZOWIECKA	POL	TRIATHLON RAWA	63	M45/40 (M)395	01:16:07	01:15:49	11.87	00:25:29 / 405 [11.77]	00:51:02 / 418 [11.76]
419	489	WIETESKA WALDEMAR	RASZYN	POL	KS RASZYN	72	M30/136 (M)396	01:16:09	01:15:52	11.86	00:26:02 / 461 [11.52]	00:51:22 / 435 [11.68]
420	21	TRONIAK MARCIN	RASZYN	POL	KS RASZYN	75	M30/137 (M)397	01:16:10	01:15:53	11.86	00:26:03 / 462 [11.52]	00:51:22 / 434 [11.68]
421	1453	SITNIK JAN	WARKA	POL	START PUŁASKI WARKA	46	M65/5 (M)398	01:16:11	01:15:56	11.85	00:25:03 / 383 [11.98]	00:50:39 / 409 [11.85]
422	204	NOWAKOWSKI MARIUSZ	WARSZAWA	POL	POLSKA BIEGA	60	M50/49 (M)399	01:16:13	01:16:00	11.84	00:24:23 / 318 [12.30]	00:49:48 / 378 [12.05]
423	1264	PUSTÓWKA TOMASZ	DZIĘGIELÓW	POL		76	M30/138 (M)400	01:16:17	01:15:12	11.97	00:26:44 / 511 [11.22]	00:51:41 / 450 [11.61]
424	857	JEZIERSKI JAN	WARSZAWA	POL		57	M50/50 (M)401	01:16:17	01:16:10	11.82	00:23:47 / 271 [12.61]	00:49:47 / 376 [12.05]
425	902	ŻACZEK WŁADYSŁAW	ANDRESPOL	POL	BIEGACZ NOWOSOLNA	63	M45/41 (M)402	01:16:17	01:15:26	11.93	00:27:28 / 580 [10.92]	00:52:28 / 492 [11.44]
426	1346	BOLMIŃSKI PIOTR	WARSZAWA	POL		72	M30/139 (M)403	01:16:18	01:15:35	11.91	00:28:37 / 655 [10.48]	00:54:26 / 563 [11.02]
427	1307	MAŚLANKA JÓZEF	WARSZAWA	POL		61	M50/51 (M)404	01:16:21	01:15:40	11.89	00:27:14 / 564 [11.02]	00:52:33 / 495 [11.42]
428	267	KURCEWICZ DARIUSZ	WARSZAWA	POL	MADAROS	69	M40/57 (M)405	01:16:26	01:16:03	11.83	00:25:39 / 423 [11.70]	00:51:36 / 445 [11.63]
429	1320	MAJKOWSKI MICHAŁ	WARSZAWA	POL	AFRICATWIN.COM.PL	74	M30/140 (M)406	01:16:29	01:16:13	11.81	00:25:11 / 394 [11.91]	00:51:13 / 429 [11.71]
430	757	FELIS PAWEŁ	BOBROWIEC	POL		69	M40/58 (M)407	01:16:30	01:16:13	11.81	00:26:07 / 465 [11.49]	00:52:00 / 465 [11.54]
431	125	NOWAKOWSKI CZESŁAW	WARSZAWA	POL	HUBERTUS-WARSZAWA	47	M60/19 (M)408	01:16:31	01:16:21	11.79	00:25:23 / 401 [11.82]	00:51:03 / 419 [11.75]
432	471	PANUFNIK PIOTR	WARSZAWA	POL		84	M20/59 (M)409	01:16:33	01:16:02	11.84	00:26:29 / 489 [11.33]	00:52:24 / 486 [11.45]
433	246	SZELAĞ TOMASZ	MIŃSK MAZOWIECKI	POL		70	M40/59 (M)410	01:16:34	01:16:18	11.80	00:24:50 / 350 [12.08]	00:50:48 / 412 [11.81]
434	1055	STACHOWICZ DOMINIK	WOŁOMIN	POL	KB-REBUS.PL	76	M30/141 (M)411	01:16:35	01:15:36	11.90	00:26:35 / 499 [11.29]	00:51:27 / 438 [11.66]
435	1495	SŁUPSKI GRZEGORZ	WARSZAWA	POL		75	M30/142 (M)412	01:16:37	01:16:05	11.83	00:26:46 / 515 [11.21]	00:52:32 / 493 [11.42]
436	305	KŁONIECKI MARCIN	WARSZAWA	POL		79	M30/143 (M)413	01:16:37	01:16:34	11.75	00:24:47 / 341 [12.10]	00:51:04 / 420 [11.75]
437	1456	GIERULA ROBERT	KRAKÓW	POL		64	M45/42 (M)414	01:16:38	01:16:02	11.84	00:25:39 / 424 [11.70]	00:51:09 / 427 [11.73]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
438	185	KRASKA TOMASZ	NOWE MIASTO NAD	POL	BIEGIEM PRZEZ POLSKĘ	68	M40/60		(M)415	01:16:38	01:16:07	11.82	00:26:16 / 477 [11.42]	00:52:05 / 468 [11.52]
439	847	WENTYKIER PIOTR	PŁOŃSK	POL	KB IM PIOTRA SĘKOWSKIEGO PŁOŃSK	79	M30/144		(M)416	01:16:41	01:16:37	11.75	00:23:57 / 282 [12.53]	00:49:53 / 379 [12.03]
440	1661	SZYMANSKI PAWEŁ	WARSZAWA	POL		85	M20/60		(M)417	01:16:42	01:16:36	11.75	00:24:36 / 326 [12.20]	00:50:34 / 405 [11.87]
441	11	PAWŁOWSKA JOLANTA	WARSZAWA	POL	ALETEMPO	59	K50/1		(K)24	01:16:42	01:16:31	11.76	00:25:53 / 445 [11.59]	00:51:35 / 443 [11.63]
442	1243	LEŚNIEWSKI MICHAŁ	WARSZAWA	GAB	OLINEK WARSZAWA	71	M40/61		(M)418	01:16:46	01:16:07	11.82	00:26:45 / 512 [11.21]	00:52:33 / 494 [11.42]
443	337	APANAS RAFAŁ	WOŁOMIN	POL	KB-REBUS.PL	77	M30/145		(M)419	01:16:50	01:16:42	11.73	00:25:49 / 435 [11.62]	00:51:23 / 436 [11.68]
444	523	ORZECZOWSKI KRZYSZTOF	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	49	M60/20		(M)420	01:16:52	01:16:41	11.74	00:24:27 / 321 [12.27]	00:50:39 / 408 [11.85]
445	312	PILECKI ADAM	RADOMYŚL	POL	WAT	88	M20/61		(M)421	01:16:54	01:16:29	11.77	00:26:21 / 482 [11.39]	00:51:58 / 459 [11.55]
446	271	KORNILUK PIOTR	RUDA ŚLĄSKA	POL	WAT	87	M20/62		(M)422	01:16:54	01:16:29	11.77	00:26:21 / 483 [11.39]	00:51:58 / 458 [11.55]
447	24	GAJERSKI SZYMON	OSOWIEC	POL	ERA RUNNING TEAM	77	M30/146		(M)423	01:16:55	01:16:34	11.75	00:25:45 / 432 [11.65]	00:50:54 / 414 [11.79]
448	196	RYBKA ZBIGNIEW	WARSZAWA	POL	-	68	M40/62		(M)424	01:16:58	01:16:28	11.77	00:26:39 / 504 [11.26]	00:52:35 / 497 [11.41]
449	193	SOSZYŃSKA MAŁGORZATA	WARSZAWA	POL		62	K40/4		(K)25	01:16:59	01:16:29	11.77	00:26:09 / 468 [11.47]	00:52:12 / 477 [11.49]
450	117	SIERY ARTUR	WARSZAWA	POL		57	M50/52		(M)425	01:17:01	01:16:46	11.72	00:25:54 / 447 [11.58]	00:51:39 / 448 [11.62]
451	46	DEPTUŁA SŁAWOMIR	OSTRÓW	POL		72	M30/147		(M)426	01:17:05	01:16:12	11.81	00:27:14 / 563 [11.02]	00:52:36 / 498 [11.41]
452	1389	RZESZOTARSKI DARIUSZ	MICHAŁÓWEK	POL	MICHAŁÓWKAKY	70	M40/63		(M)427	01:17:08	01:17:08	11.67	00:24:09 / 299 [12.42]	00:49:42 / 372 [12.07]
453	748	WRZOSEK ZBIGNIEW	WARSZAWA	POL	NIEZRZESZONY	70	M40/64		(M)428	01:17:12	01:16:30	11.76	00:26:36 / 503 [11.28]	00:51:52 / 454 [11.57]
454	299	SOBCZAK MICHAŁ	ŁOMIANKI	POL		75	M30/148		(M)429	01:17:15	01:16:52	11.71	00:25:38 / 422 [11.70]	00:51:20 / 431 [11.69]
455	143	ROSIĄK PAWEŁ	LODZ	POL		59	M50/53		(M)430	01:17:20	01:17:09	11.67	00:25:38 / 421 [11.70]	00:51:38 / 447 [11.62]
456	777	WZIĘCH TOMASZ	POZNAŃ	POL	KB TP	72	M30/149		(M)431	01:17:21	01:16:54	11.70	00:26:33 / 497 [11.30]	00:52:19 / 481 [11.47]
457	425	CIEĆWIERZ MARCIN	KLAUDYN	POL		83	M20/63		(M)432	01:17:21	01:17:03	11.68	00:25:46 / 433 [11.64]	00:52:07 / 474 [11.51]
458	693	ROGOWSKI GRZEGORZ	WARSZAWA	POL	FC PYK	86	M20/64		(M)433	01:17:22	01:16:42	11.73	00:24:54 / 364 [12.05]	00:50:31 / 404 [11.88]
459	1285	KOBIERSKI RADOSŁAW	WARSZAWA	POL		79	M30/150		(M)434	01:17:22	01:16:33	11.76	00:27:13 / 561 [11.02]	00:53:33 / 527 [11.20]
460	442	MAMLA ZBYSZEK	WARSZAWA	POL	TRUCHT TARCHOMIN TEAM	70	M40/65		(M)435	01:17:23	01:17:05	11.68	00:26:07 / 464 [11.49]	00:52:00 / 467 [11.54]
461	107	RATUSZYŃSKA URSZULA	WARSZAWA	POL	ALETEMPO	73	K30/13		(K)26	01:17:25	01:17:14	11.65	00:26:19 / 480 [11.40]	00:51:59 / 461 [11.54]
462	535	BOJAROWSKI JACEK	WARSZAWA	POL	ALETEMPO	55	M55/30		(M)436	01:17:25	01:17:02	11.68	00:26:08 / 466 [11.48]	00:52:00 / 466 [11.54]
463	628	TARNOWSKI MACIEJ	WARSZAWA	POL	TRUCHT TARCHOMIN TEAM	83	M20/65		(M)437	01:17:27	01:17:08	11.67	00:26:08 / 467 [11.48]	00:52:00 / 464 [11.54]
464	1689	OSAKOWICZ MATEUSZ	WARSZAWA	POL		80	M30/151		(M)438	01:17:28	01:16:56	11.70	00:25:50 / 442 [11.61]	00:50:57 / 416 [11.78]
465	105	KILIAŃSKI RAFAŁ	WARSZAWA	POL	UKS NET	72	M30/152		(M)439	01:17:35	01:17:09	11.67	00:25:40 / 427 [11.69]	00:51:25 / 437 [11.67]
466	287	SUCHOCKI MICHAŁ	WARSZAWA	POL	12TRI.PL	76	M30/153		(M)440	01:17:38	01:17:17	11.65	00:29:18 / 694 [10.24]	00:57:24 / 674 [10.45]
467	260	KWIATEK JACEK	WARSZAWA	POL		70	M40/66		(M)441	01:17:40	01:17:19	11.64	00:27:34 / 584 [10.88]	00:53:29 / 522 [11.22]
468	491	RAKOCZY MARCIN	KIELCE	POL	KKL	76	M30/154		(M)442	01:17:42	01:17:10	11.66	00:28:02 / 612 [10.70]	00:53:31 / 524 [11.21]
469	492	DERSZŃIAK MICHAŁ	KIELCE	POL	KKL	65	M45/43		(M)443	01:17:43	01:17:11	11.66	00:28:01 / 610 [10.71]	00:53:31 / 525 [11.21]
470	355	TELEŚNICKI GRZEGORZ	WARSZAWA	POL		71	M40/67		(M)444	01:17:45	01:17:37	11.60	00:25:12 / 395 [11.90]	00:51:22 / 433 [11.68]
471	365	STANISZEWSKI WALDEMAR	WARSZAWA	POL	TARCHOMIN-WIEŚ	48	M60/21		(M)445	01:17:48	01:17:11	11.66	00:26:31 / 494 [11.31]	00:51:40 / 449 [11.61]
472	494	FRASUNKIEWICZ ROBERT	WOŁOMIN	POL		71	M40/68		(M)446	01:17:52	01:17:04	11.68	00:26:28 / 488 [11.34]	00:52:10 / 475 [11.50]
473	1042	KOSTECKI WIESŁAW	LEGIONOWO	POL	KB PIMAR LEGIONOWO	55	M55/31		(M)447	01:17:56	01:17:53	11.56	00:25:30 / 409 [11.76]	00:51:59 / 460 [11.54]
474	1001	KWIATKOWSKI MACIEJ	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	94	M16/6		(M)448	01:17:57	01:17:53	11.56	00:24:54 / 362 [12.05]	00:51:07 / 423 [11.74]
475	371	BEDNARCZYK MARIUSZ	WARSZAWA	POL	STRAŻ MIEJSKA M.ST.WARSZAWY	70	M40/69		(M)449	01:18:03	01:17:55	11.55	00:26:33 / 498 [11.30]	00:52:49 / 502 [11.36]
476	481	DZIEKONSKI JACEK	KONSTANCIN-JEZIOR	POL	MARATONYPOLSKIE.PL TEAM	57	M50/54		(M)450	01:18:05	01:17:36	11.60	00:25:58 / 456 [11.55]	00:51:59 / 462 [11.54]
477	550	GIEREJKO GRZEGORZ	DZIEKANÓW POLSKI	POL		65	M45/44		(M)451	01:18:05	01:18:05	11.53	00:25:27 / 404 [11.79]	00:51:33 / 442 [11.64]
478	1486	GARBIEC TOMEK	WARSZAWA	POL	TARGOWEK	75	M30/155		(M)452	01:18:05	01:17:41	11.59	00:26:35 / 500 [11.29]	00:53:01 / 510 [11.32]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points	
479	675	KOBER PIOTR	WARSZAWA	POL	ALETEMPO	70	M40/70	(M)453	01:18:08	01:18:02	11.53	00:25:24 / 402 [11.81]	00:52:05 / 469 [11.52]
480	200	ŚWIERCZ ANDRZEJ	PŁOŃSK	POL	-	68	M40/71	(M)454	01:18:12	01:17:40	11.59	00:25:48 / 434 [11.63]	00:52:06 / 472 [11.52]
481	470	MAKULEC DARIUSZ	SOCHACZEW	POL	KM AKTYWNI SOCHACZEW	69	M40/72	(M)455	01:18:16	01:17:59	11.54	00:27:30 / 581 [10.91]	00:53:35 / 530 [11.20]
482	133	KORZONKOWSKI TOMASZ	WARSZAWA	POL	-	76	M30/156	(M)456	01:18:24	01:18:19	11.49	00:26:17 / 479 [11.41]	00:52:40 / 500 [11.39]
483	1315	DUDA ZUZANNA	JÓZEFÓW	POL	-	94	K16/8	(K)27	01:18:24	01:18:08	11.52	00:25:49 / 437 [11.62]	00:52:12 / 478 [11.49]
484	1659	WOJTKOWSKI IRENEUSZ	WARSZAWA	POL	-	61	M50/55	(M)457	01:18:25	01:16:25	11.78	00:27:45 / 596 [10.81]	00:53:29 / 523 [11.22]
485	194	KULAKOWSKI PIOTR	KONSTANCIN	POL	-	57	M50/56	(M)458	01:18:26	01:17:57	11.55	00:26:11 / 471 [11.46]	00:52:11 / 476 [11.50]
486	1345	KACZMARSKI ROBERT	PARCZEW	POL	-	73	M30/157	(M)459	01:18:31	01:17:48	11.57	00:28:37 / 657 [10.48]	00:54:26 / 562 [11.02]
487	440	JANUSZ PIOTR	WARSZAWA	POL	-	70	M40/73	(M)460	01:18:35	01:18:13	11.51	00:26:10 / 469 [11.46]	00:52:13 / 479 [11.49]
488	381	KUCZKOWSKI JERZY	OŻAROW	POL	-	56	M55/32	(M)461	01:18:38	01:17:37	11.60	00:28:21 / 636 [10.58]	00:54:27 / 564 [11.02]
489	61	BRODKA PAWEŁ	RADOM	POL	KLUB MARATOŃCZYKA AZS RADOM	74	M30/158	(M)462	01:18:40	01:18:01	11.54	00:26:47 / 518 [11.20]	00:53:02 / 511 [11.31]
490	284	CZUBAKOWSKI SŁAWOMIR	WARSZAWA	POL	-	64	M45/45	(M)463	01:18:43	01:18:22	11.48	00:24:59 / 374 [12.01]	00:51:05 / 421 [11.75]
491	1266	SZYMAŃSKI ADRIAN	WARSZAWA	POL	-	83	M20/66	(M)464	01:18:53	01:18:22	11.48	00:27:43 / 593 [10.82]	00:54:21 / 559 [11.04]
492	871	KACZMAREK GRZEGORZ	WARSZAWA	POL	-	80	M30/159	(M)465	01:18:54	01:18:07	11.52	00:27:10 / 556 [11.04]	00:54:04 / 547 [11.10]
493	459	BARTNIK ANDRZEJ	WARSZAWA	POL	WAT	60	M50/57	(M)466	01:18:56	01:18:33	11.46	00:26:21 / 481 [11.39]	00:52:26 / 491 [11.44]
494	1224	PODRAZA ROMAN	KOZIENICE	POL	-	73	M30/160	(M)467	01:18:57	01:18:40	11.44	00:22:46 / 209 [13.18]	00:49:25 / 355 [12.14]
495	98	DYMIŃSKI MARCIN	ZĄPKI	POL	BÓBR TŁUSZCZ	79	M30/161	(M)468	01:18:58	01:18:19	11.49	00:27:00 / 540 [11.11]	00:53:08 / 513 [11.29]
496	350	CIASNOCHA ŁUKASZ	JANÓW LUBELSKI	POL	-	82	M20/67	(M)469	01:19:02	01:18:54	11.41	00:24:49 / 345 [12.09]	00:51:54 / 456 [11.56]
497	344	SZCZEPKOWSKI PAWEŁ	WARSZAWA	POL	NIEZRZESZONY	55	M55/33	(M)470	01:19:04	01:18:50	11.42	00:25:49 / 436 [11.62]	00:52:07 / 473 [11.51]
498	663	WYSZOMIERSKI MICHAŁ	WARSZAWA	POL	BIEGANIE.MAUSER.COM.PL	80	M30/162	(M)471	01:19:06	01:18:11	11.51	00:27:08 / 554 [11.06]	00:53:22 / 518 [11.24]
499	446	MARKOWSKI KAZIMIERZ	MARKI	POL	MARCOVIA MARKI	81	M30/163	(M)472	01:19:11	01:18:45	11.43	00:25:55 / 449 [11.58]	00:51:52 / 455 [11.57]
500	356	MAKUCH TOMASZ	RADOM	POL	UKS TECHNIK RADOM	88	M20/68	(M)473	01:19:12	01:19:03	11.39	00:26:43 / 509 [11.23]	00:53:34 / 528 [11.20]
501	309	STANKIEWICZ ANDRZEJ	ŁÓDŹ	POL	RUNNING BUNNIES	74	M30/164	(M)474	01:19:12	01:18:46	11.43	00:27:53 / 603 [10.76]	00:54:29 / 565 [11.01]
502	88	KOMOR MIROSLAW	PIASTOW	POL	PIAST PIASTOW	51	M60/22	(M)475	01:19:14	01:18:47	11.42	00:24:53 / 359 [12.06]	00:50:25 / 399 [11.90]
503	1326	ROSA LESZEK	TŁUSZCZ	POL	TKS BÓBR TŁUSZCZ	59	M50/58	(M)476	01:19:14	01:18:36	11.45	00:27:00 / 536 [11.11]	00:53:08 / 514 [11.29]
504	1204	PRZEWÓDZKI JANUSZ	CIECHANÓW	POL	CIECHANÓW	56	M55/34	(M)477	01:19:15	01:18:27	11.47	00:27:07 / 551 [11.06]	00:53:36 / 531 [11.19]
505	1391	ŁUKASZUK MICHAŁ	WARSZAWA	POL	ZAKOPIAŃSKA ZO	75	M30/165	(M)478	01:19:16	01:19:06	11.38	00:25:33 / 415 [11.74]	00:52:06 / 471 [11.52]
506	497	POLEĆ ANDRZEJ	SOCHACZEW	POL	AKTYWNI SOCHACZEW	65	M45/46	(M)479	01:19:16	01:19:05	11.38	00:25:53 / 446 [11.59]	00:51:59 / 463 [11.54]
507	1275	LEWANDOWSKI KRZYSZTOF	RACIĄŻ	POL	R4FRACIĄŻ	79	M30/166	(M)480	01:19:17	01:18:46	11.43	00:27:18 / 568 [10.99]	00:53:46 / 539 [11.16]
508	1235	KNAP WOJCIECH	WARSZAWA	POL	-	60	M50/59	(M)481	01:19:19	01:18:53	11.41	00:26:02 / 460 [11.52]	00:52:26 / 490 [11.44]
509	325	OTRZĄSEK KRZYSZTOF	KATOWICE	POL	-	82	M20/69	(M)482	01:19:23	01:18:26	11.47	00:28:04 / 614 [10.69]	00:54:17 / 557 [11.05]
510	77	WOŁOŻYŃ PAWEŁ	NADARZYN	POL	MINISTERSTWO ROLNICTWA I ROZWOJU WSI	70	M40/74	(M)483	01:19:24	01:18:42	11.44	00:26:00 / 459 [11.54]	00:52:19 / 482 [11.47]
511	1053	TOKARZEWSKI STANISŁAW	KOMORÓW	POL	KOMORÓW	46	M65/6	(M)484	01:19:25	01:18:46	11.43	00:27:03 / 541 [11.09]	00:53:19 / 517 [11.25]
512	730	ILCZUK MACIEJ	BŁONIE	POL	LKS OLYMP BŁONIE	60	M50/60	(M)485	01:19:25	01:19:07	11.38	00:25:30 / 406 [11.76]	00:52:17 / 480 [11.48]
513	1248	WACHOWICZ GRZEGORZ	WARSZAWA	POL	-	78	M30/167	(M)486	01:19:27	01:18:56	11.40	00:27:05 / 547 [11.08]	00:53:37 / 532 [11.19]
514	699	ZASADA MICHAŁ	WARSZAWA	POL	-	49	M60/23	(M)487	01:19:30	01:18:54	11.41	00:27:06 / 549 [11.07]	00:53:32 / 526 [11.21]
515	1223	MAJER MACIEJ	WARSZAWA	POL	WAT	91	M20/70	(M)488	01:19:31	01:19:26	11.33	00:24:31 / 322 [12.24]	00:51:22 / 432 [11.68]
516	1059	KADO EUGENIUSZ	ŻUROWMIN	POL	AMATOR	48	M60/24	(M)489	01:19:31	01:18:45	11.43	00:26:41 / 505 [11.24]	00:53:25 / 519 [11.23]
517	831	TURZYŃSKI TOMASZ	WARSZAWA	POL	KB NA WŁASNĄ NOGĘ	76	M30/168	(M)490	01:19:32	01:19:07	11.38	00:25:50 / 441 [11.61]	00:52:20 / 483 [11.46]
518	1479	KUCIŃSKI ANDRZEJ	BRWINÓW	POL	LASEK BIELANSKI TEAM WASZAWA	60	M50/61	(M)491	01:19:32	01:19:10	11.37	00:27:15 / 566 [11.01]	00:54:00 / 544 [11.11]
519	1331	CZERNY DARIUSZ	WARSZAWA	POL	-	79	M30/169	(M)492	01:19:34	01:18:44	11.43	00:26:53 / 524 [11.16]	00:53:26 / 520 [11.23]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto	[km/h]	5km	10km	Check points
520	731	ILCZUK PIOTR	BLONIE	POL	LKS OLYMP BLONIE	91	M20/71 (M)493	01:19:38	01:19:19	11.35	00:27:11 / 559 [11.04]	00:54:02 / 545 [11.10]	
521	585	ISKRA PAWEŁ	PIASKI	POL	LUBELSKIE STOWARZYSZENIE BIEGOWE	83	M20/72 (M)494	01:19:40	01:19:06	11.38	00:28:09 / 622 [10.66]	00:55:03 / 583 [10.90]	
522	1663	MADZIARSKA MONIKA	WARSZAWA	POL	KB ACTIVESPORTS WARSZAWA	78	K30/14 (K)28	01:19:45	01:19:28	11.33	00:25:57 / 453 [11.56]	00:52:52 / 503 [11.35]	
523	1241	DULIŃSKI MARCIN	WARSZAWA	CHA	OLINEK WARSZAWA	76	M30/170 (M)495	01:19:46	01:19:06	11.38	00:26:45 / 514 [11.21]	00:53:28 / 521 [11.22]	
524	390	SUWALD ANDRZEJ	WARSZAWA	POL	ACCELERATE_	61	M50/62 (M)496	01:19:46	01:19:13	11.36	00:26:46 / 516 [11.21]	00:53:03 / 512 [11.31]	
525	793	KOBUSIŃSKI JÓZEF	WARSZAWA	POL	MIĘDZYLESIE	51	M60/25 (M)497	01:19:47	01:19:11	11.37	00:26:21 / 484 [11.39]	00:52:56 / 506 [11.34]	
526	753	GRYCNER PAWEŁ	WARSZAWA	POL	BEZIMIENNI	84	M20/73 (M)498	01:19:48	01:19:26	11.33	00:25:33 / 414 [11.74]	00:51:37 / 446 [11.62]	
527	123	BIAŁOWAŚ TOMASZ	WARSZAWA	POL	K.B. MARANATHA	75	M30/171 (M)499	01:19:53	01:18:32	11.46	00:28:18 / 632 [10.60]	00:54:54 / 576 [10.93]	
528	1696	KICEK KRZYSZTOF	RADOM	POL	AZS RADOM	44	M65/7 (M)500	01:19:53	01:19:44	11.29	00:26:43 / 510 [11.23]	00:53:46 / 538 [11.16]	
529	374	BURNOS ZBIGNIEW	REGUŁY	POL	ŁOMŻYŃSKI KLUB BIEGOWY	75	M30/172 (M)501	01:19:53	01:18:55	11.40	00:25:57 / 454 [11.56]	00:52:34 / 496 [11.41]	
530	1245	SULEJ JAROSŁAW	WARSZAWA	POL		71	M40/75 (M)502	01:19:54	01:19:12	11.36	00:27:57 / 607 [10.73]	00:54:37 / 570 [10.99]	
531	558	ZIELIŃSKI ADAM	WARSZAWA	POL	RBS MARATHON TEAM	77	M30/173 (M)503	01:19:57	01:18:55	11.40	00:28:27 / 647 [10.54]	00:55:07 / 587 [10.89]	
532	1212	POLAK KATARZYNA	WARSZAWA	POL		68	K40/5 (K)29	01:19:59	01:18:44	11.43	00:27:11 / 558 [11.04]	00:53:38 / 534 [11.19]	
533	1396	PIWKO GRAŻYNA	WARSZAWA	POL	PARK LEŚNY BRÓDNO	63	K40/6 (K)30	01:20:02	01:19:57	11.26	00:27:00 / 538 [11.11]	00:53:55 / 541 [11.13]	
534	161	PIETRZYKOWSKI DARIUSZ	WARSZAWA	POL		68	M40/76 (M)504	01:20:02	01:19:41	11.29	00:25:32 / 413 [11.75]	00:52:21 / 484 [11.46]	
535	432	MAKAREWICZ ROBERT	WARSZAWA	POL	ŚCIEŻKA POLE MOKOTOWSKIE	65	M45/47 (M)505	01:20:05	01:19:12	11.36	00:26:55 / 530 [11.15]	00:53:46 / 537 [11.16]	
536	606	PIĄTKOWSKI PIOTR	TCZEW	POL		71	M40/77 (M)506	01:20:08	01:20:05	11.24	00:23:26 / 244 [12.80]	00:50:58 / 417 [11.77]	
537	47	SZACHNA KRZYSZTOF	WARSAW	POL	RUNNINGCOUPLE	70	M40/78 (M)507	01:20:09	01:19:25	11.33	00:27:11 / 557 [11.04]	00:53:56 / 542 [11.12]	
538	1287	WIĘCKOWSKI KRZYSZTOF	WARSZAWA	POL		78	M30/174 (M)508	01:20:11	01:19:32	11.32	00:27:35 / 585 [10.88]	00:54:37 / 568 [10.99]	
539	427	RYBAK GRZEGORZ	WARSZAWA	POL	LAS KABACKI	81	M30/175 (M)509	01:20:12	01:19:37	11.30	00:26:55 / 531 [11.15]	00:54:12 / 552 [11.07]	
540	798	ZARZYCKA ZDZIŚŁAW	N.DWÓR MAZ.	POL	JOGGER	58	M50/63 (M)510	01:20:15	01:20:10	11.23	00:27:03 / 542 [11.09]	00:54:13 / 553 [11.07]	
541	790	JACH PAWEŁ I MACIEK	WROCLAW	POL		64	M45/48 (M)511	01:20:15	01:18:57	11.40	00:27:55 / 604 [10.75]	00:54:17 / 558 [11.05]	
542	351	POLAK MARCIN	BUSKO-ZDRÓJ	POL		88	M20/74 (M)512	01:20:16	01:20:07	11.23	00:24:49 / 348 [12.09]	00:52:25 / 489 [11.45]	
543	451	KRUK ARKADIUSZ	WARSZAWA	POL		71	M40/79 (M)513	01:20:18	01:19:42	11.29	00:27:30 / 582 [10.91]	00:54:37 / 569 [10.99]	
544	696	GWOZDECKI PAWEŁ	SKIERNIEWICE	POL	TRUCHT MARATON SKIERNIEWICE	70	M40/80 (M)514	01:20:18	01:19:27	11.33	00:27:56 / 606 [10.74]	00:54:33 / 566 [11.00]	
545	1688	HAŁAS MACIEJ	WARSZAWA	POL		65	M45/49 (M)515	01:20:19	01:19:24	11.34	00:28:22 / 641 [10.58]	00:55:03 / 584 [10.90]	
546	1296	MARCINIAK LUKASZ	WARSZAWA	POL		81	M30/176 (M)516	01:20:21	01:19:18	11.35	00:27:46 / 597 [10.80]	00:54:22 / 560 [11.04]	
547	572	BOKSZ JAROSŁAW	WARSZAWA	POL	ŻÓLWIE RUNNING TEAM	70	M40/81 (M)517	01:20:25	01:18:30	11.46	00:28:15 / 629 [10.62]	00:54:40 / 573 [10.98]	
548	1403	NOWICKI ANDRZEJ	WARSZAWA	POL	POLITECHNIKA WARSZAWSKA	63	M45/50 (M)518	01:20:28	01:19:50	11.27	00:24:38 / 329 [12.18]	00:51:54 / 457 [11.56]	
549	1046	KRAWCOW PIOTR	BRWINÓW	POL		85	M20/75 (M)519	01:20:31	01:19:50	11.27	00:26:31 / 495 [11.31]	00:53:12 / 515 [11.28]	
550	274	PRZYBYSZ WOJCIECH	STARE BABICE	POL			(M)520	01:20:38	01:20:21	11.20	00:26:46 / 517 [11.21]	00:54:58 / 579 [10.92]	
551	1328	ZYGLEWICZ TOMASZ	WARSZAWA	POL		93	M16/7 (M)521	01:20:39	01:20:20	11.20	00:24:40 / 333 [12.16]	00:51:31 / 441 [11.65]	
552	68	ŻURANIEWSKA AGNIESZKA	WARSZAWA	POL	KLUB BIEGACZA NIKE	77	K30/15 (K)31	01:20:45	01:20:15	11.21	00:26:13 / 474 [11.44]	00:52:45 / 501 [11.37]	
553	758	WÓJCİK ROBERT	WARSZAWA	POL		75	M30/177 (M)522	01:20:48	01:19:49	11.28	00:27:00 / 537 [11.11]	00:52:56 / 507 [11.34]	
554	584	ZATOŃSKI ZBIGNIEW	LUBLIN	POL	LUBELSKIE STOWARZYSZENIE BIEGOWE	77	M30/178 (M)523	01:20:48	01:20:15	11.21	00:29:04 / 682 [10.32]	00:55:54 / 614 [10.73]	
555	160	MALDIS MAREK	WARSZAWA	POL	LASEK BIELAŃSKI TEAM	49	M60/26 (M)524	01:20:49	01:20:38	11.16	00:26:48 / 519 [11.19]	00:53:46 / 536 [11.16]	
556	923	KORKOSZ ANDRZEJ	WARSZAWA	POL	GROTY TEAM	77	M30/179 (M)525	01:20:52	01:20:52	11.13	00:32:07 / 818 [9.34]	00:56:28 / 632 [10.63]	
557	29	PROKOPOWICZ NIL	WŁOCŁAWEK	POL	WKB MARATOŃCZYK WŁOCŁAWEK	45	M65/8 (M)526	01:20:53	01:20:30	11.18	00:26:54 / 525 [11.15]	00:53:59 / 543 [11.11]	
558	555	RYSIĘW ROBERT	WARSZAWA	POL	RBS MARATHON TEAM	79	M30/180 (M)527	01:20:55	01:19:59	11.25	00:28:32 / 652 [10.51]	00:54:53 / 575 [10.93]	
559	244	WIŚNIEWSKI PAWEŁ	PULTUSK	POL	-	88	M20/76 (M)528	01:20:55	01:20:38	11.16	00:26:13 / 476 [11.44]	00:52:58 / 509 [11.33]	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[km/h]	5km	10km	Check points
560	508	PUDŁO MIROSLAW	WARSZAWA	POL		62	M45/51	(M)529		01:20:58	01:20:46	11.14	00:24:33 / 325 [12.22]	00:51:07 / 424 [11.74]	
561	235	SAKOWSKI MARCIN	WARSZAWA	POL	123-A-TERAZ-MY	80	M30/181	(M)530		01:20:58	01:20:27	11.19	00:27:17 / 567 [11.00]	00:54:16 / 556 [11.06]	
562	700	JESINOWICZ BRONISLAW	WARSZAWA	POL	CENTRUM SYMULACJI I KOMPUTEROWYCH GIER WOJENNYCH AON	59	M50/64	(M)531		01:20:59	01:20:01	11.25	00:27:27 / 579 [10.93]	00:54:38 / 572 [10.98]	
563	449	WOŹNIAK JAROSLAW	WARSZAWA	POL		67	M40/82	(M)532		01:21:01	01:20:55	11.12	00:26:49 / 520 [11.19]	00:54:14 / 554 [11.06]	
564	1260	SENATOR RYSZARD	WARSZAWA	POL	ATLETIC BODY	57	M50/65	(M)533		01:21:01	01:20:47	11.14	00:26:24 / 485 [11.36]	00:54:05 / 548 [11.09]	
565	1342	STRĄCZEK WOJCIECH	WARSZAWA	POL		70	M40/83	(M)534		01:21:05	01:20:29	11.18	00:27:58 / 609 [10.73]	00:55:00 / 580 [10.91]	
566	258	SZULKOWSKI MAREK	JÓZEFÓW K.	POL		70	M40/84	(M)535		01:21:06	01:20:38	11.16	00:27:00 / 539 [11.11]	00:53:41 / 535 [11.18]	
567	586	GALAS DOMINIK	PIASKI	POL	LUBELSKIE STOWARZYSZENIE BIEGOWE	87	M20/77	(M)536		01:21:07	01:20:32	11.18	00:28:09 / 625 [10.66]	00:55:03 / 582 [10.90]	
568	1397	PIWKO HALINA	WARSZAWA	POL	PARK LEŚNY BRÓDNO	66	K40/7	(K)32		01:21:13	01:20:58	11.12	00:28:30 / 650 [10.53]	00:55:51 / 613 [10.74]	
569	418	NOWOTNIK MICHAŁ	RADOM	POL	KLUB MARATOŃCZYKA AZS RADOM	79	M30/182	(M)537		01:21:20	01:20:36	11.17	00:29:03 / 681 [10.33]	00:56:02 / 617 [10.71]	
570	330	GARBACZ ANDRZEJ	WARSZAWA	POL	10 WARSZAWSKI PUŁK SAMOCHODOWY	70	M40/85	(M)538		01:21:24	01:20:40	11.16	00:26:30 / 493 [11.32]	00:54:04 / 546 [11.10]	
571	288	FILIPEK GRZEGORZ	WARSZAWA	POL	PUMA Z BIEGIEM WARSZAWY	71	M40/86	(M)539		01:21:25	01:20:43	11.15	00:28:21 / 637 [10.58]	00:55:11 / 590 [10.87]	
572	593	RAJCZYK WŁODZIMIERZ	ŻARKI LETNISKO	POL	LEŚNE LUDKI ŻARKI LETNISKO	59	M50/66	(M)540		01:21:27	01:21:12	11.08	00:26:32 / 496 [11.31]	00:53:38 / 533 [11.19]	
573	1497	WYRZYKOWSKI MAREK	WARSZAWA	POL		74	M30/183	(M)541		01:21:32	01:21:16	11.07	00:28:53 / 669 [10.39]	00:56:09 / 620 [10.69]	
574	916	KALICIECKI IRENEUSZ	WARSZAWA	POL	JELONEKRACE	63	M45/52	(M)542		01:21:35	01:20:46	11.14	00:28:25 / 646 [10.56]	00:55:15 / 594 [10.86]	
575	861	KOWALCZYK ROBERT	W-WA	POL	-	80	M30/184	(M)543		01:21:37	01:21:10	11.09	00:26:12 / 473 [11.45]	00:53:17 / 516 [11.26]	
576	96	BIELEC ARTUR	WARSZAWA	POL		73	M30/185	(M)544		01:21:44	01:21:08	11.09	00:26:36 / 502 [11.28]	00:54:09 / 549 [11.08]	
577	265	FILIPIAK GRZEGORZ	WARSZAWA	POL		74	M30/186	(M)545		01:21:46	01:21:15	11.08	00:26:55 / 529 [11.15]	00:54:16 / 555 [11.06]	
578	1049	TOMALSKI ROBERT	LESIÓW	POL	NN	70	M40/87	(M)546		01:21:50	01:21:12	11.08	00:24:52 / 356 [12.06]	00:49:40 / 368 [12.08]	
579	1018	KUPIS MARIAN	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	45	M65/9	(M)547		01:21:52	01:21:03	11.10	00:27:43 / 595 [10.82]	00:55:08 / 588 [10.88]	
580	307	KUCZYŃSKI LESZEK	WARSZAWA	POL	PRĘŻNE WACKI	78	M30/187	(M)548		01:21:57	01:21:23	11.06	00:26:54 / 527 [11.15]	00:54:11 / 551 [11.07]	
581	63	CZAJKOWSKI BŁAŻEJ	WARSZAWA	POL		84	M20/78	(M)549		01:21:58	01:21:27	11.05	00:27:43 / 592 [10.82]	00:54:23 / 561 [11.03]	
582	478	DOBKOWSKA ANNA	WARSZAWA	POL	KB GALERIA WARSZAWA	51	K60/2	(K)33		01:22:02	01:21:26	11.05	00:27:27 / 578 [10.93]	00:55:02 / 581 [10.90]	
583	905	MAGRZYK CZESLAW	WARSZAWA	POL	BIELANSKI KLUB BIEGACZA WARSZAWA	55	M55/35	(M)550		01:22:11	01:22:03	10.97	00:25:03 / 384 [11.98]	00:52:53 / 505 [11.35]	
584	1321	SKORUPIŃSKI JAROSLAW	NADARZYN	POL		68	M40/88	(M)551		01:22:13	01:21:28	11.05	00:28:24 / 645 [10.56]	00:55:23 / 600 [10.83]	
585	527	KARŃLOWICZ MICHAŁ	WARSZAWA	POL	OTK RZEZNIK	86	M20/79	(M)552		01:22:13	01:19:20	11.34	00:28:22 / 640 [10.58]	00:54:55 / 577 [10.93]	
586	1475	MIECH WIESLAW	PŁOCK	POL	SYRENKA WARSZAWA	54	M55/36	(M)553		01:22:16	01:21:52	10.99	00:27:23 / 572 [10.96]	00:54:38 / 571 [10.98]	
587	1674	CHCZYKOWSKI JACEK	PRUSZKÓW	POL	TEAM NUTRILITE	72	M30/188	(M)554		01:22:17	01:21:49	11.00	00:26:13 / 475 [11.44]	00:53:34 / 529 [11.20]	
588	231	GROCHOWSKA JOANNA	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	64	K40/8	(K)34		01:22:18	01:21:38	11.02	00:28:20 / 633 [10.59]	00:55:17 / 595 [10.85]	
589	439	DUDZIŃSKI RAFAŁ	WARSZAWA	POL		70	M40/89	(M)555		01:22:21	01:21:29	11.05	00:29:24 / 700 [10.20]	00:57:07 / 660 [10.50]	
590	1384	ROSLON MARCIN	WARSZAWA	POL	RVN2 D2	78	M30/189	(M)556		01:22:22	01:21:22	11.06	00:29:28 / 705 [10.18]	00:57:18 / 666 [10.47]	
591	809	BOJKO FILIP	WARSZAWA	POL		79	M30/190	(M)557		01:22:23	01:21:22	11.06	00:29:28 / 704 [10.18]	00:57:18 / 667 [10.47]	
592	632	SOBIERAJ ZIEMOWIT	PŁOCK	POL		78	M30/191	(M)558		01:22:23	01:21:39	11.02	00:28:48 / 664 [10.42]	00:55:27 / 603 [10.82]	
593	870	MOĆKO DANIEL	WOŁOMIN	POL	ŚWIAT ROWERÓW TEAM	71	M40/90	(M)559		01:22:23	01:21:46	11.01	00:28:39 / 659 [10.47]	00:56:40 / 639 [10.59]	
594	743	PUCHACZ KATARZYNA	WARSZAWA	POL	FDNT RUNNING TEAM	86	K16/9	(K)35		01:22:24	01:21:59	10.98	00:26:55 / 528 [11.15]	00:55:04 / 585 [10.90]	
595	487	MAZURKIEWICZ ANDRZEJ	WÓLKA	POL	KB ACTIVESPORTS WARSZAWA	53	M55/37	(M)560		01:22:26	01:21:40	11.02	00:27:46 / 598 [10.80]	00:54:55 / 578 [10.93]	
596	631	JANUŁA MARIUSZ	WARSZAWA	POL	KANGARANGA RUNNERS TEAM	67	M40/91	(M)561		01:22:34	01:22:24	10.92	00:25:19 / 397 [11.85]	00:54:36 / 567 [10.99]	
597	228	MICHAŁSKI ROBERT	WOŁOMIN	POL		82	M20/80	(M)562		01:22:37	01:21:29	11.05	00:29:13 / 686 [10.27]	00:56:44 / 640 [10.58]	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
598	166	TRAWIŃSKI KRZYSZTOF	OTWOCK	POL		72	M30/192 (M)563	01:22:42	01:22:28	10.91	00:27:04 / 545 [11.08]	00:55:19 / 598 [10.85]
599	249	STRZELECKI GRZEGORZ	WARSZAWA	POL	SALOMON TRAIL RUNNING	79	M30/193 (M)564	01:22:44	01:21:54	10.99	00:29:31 / 709 [10.16]	00:56:53 / 645 [10.55]
600	1405	KUCHARSKI MAREK	KLWÓW	POL	KB TP	75	M30/194 (M)565	01:22:44	01:22:18	10.94	00:27:04 / 546 [11.08]	00:54:41 / 574 [10.97]
601	526	PONIKOWSKI PAWEŁ	WARSZAWA	POL		83	M20/81 (M)566	01:22:45	01:22:10	10.95	00:28:05 / 616 [10.68]	00:55:57 / 616 [10.72]
602	490	WIKA JAKUB	WARSZAWA	POL		74	M30/195 (M)567	01:22:46	01:22:13	10.95	00:28:02 / 613 [10.70]	00:55:19 / 597 [10.85]
603	1482	WIŚNIEWSKI PAWEŁ	WARSZAWA	POL		72	M30/196 (M)568	01:22:49	01:22:14	10.94	00:28:17 / 630 [10.61]	00:56:15 / 624 [10.67]
604	1483	ZIÓLEK RADOSŁAW	WARSZAWA	POL		78	M30/197 (M)569	01:22:49	01:22:14	10.94	00:28:17 / 631 [10.61]	00:56:15 / 623 [10.67]
605	1240	GRZESIAK JERZY	WARSZAWA	POL	OLINEK WARSZAWA	59	M50/67 (M)570	01:22:54	01:22:14	10.94	00:28:59 / 677 [10.35]	00:56:16 / 625 [10.66]
606	306	SZPAK SEBASTIAN	TYCHY	POL	ALETEMPO	85	M20/82 (M)571	01:22:56	01:22:11	10.95	00:28:20 / 634 [10.59]	00:55:56 / 615 [10.73]
607	1003	ŚCIBISZ BOGDAN	SOSNOWIEC	POL	TKKF MOSIR CZELADZ	43	M65/10 (M)572	01:23:04	01:22:55	10.85	00:26:58 / 534 [11.12]	00:55:13 / 592 [10.87]
608	1040	MZYK ELŻBIETA	WARSZAWA	POL	BYLEDOBIEC ANIN	75	K30/16 (K)36	01:23:06	01:22:36	10.90	00:26:27 / 487 [11.34]	00:54:09 / 550 [11.08]
609	789	JANASZEK DARIUSZ	WARSZAWA	POL	-	67	M40/92 (M)573	01:23:13	01:22:49	10.87	00:27:19 / 569 [10.98]	00:55:24 / 602 [10.83]
610	1392	ŁUKASZUK ZENON	WARSZAWA	POL	ZAKOPIAŃSKA ZO	47	M60/27 (M)574	01:23:14	01:23:03	10.84	00:26:53 / 523 [11.16]	00:55:23 / 601 [10.83]
611	1302	KILIAN MAREK	WARSZAWA	POL	PEKARI CUCUMBER RUNNING TEAM	68	M40/93 (M)575	01:23:16	01:22:39	10.89	00:29:02 / 680 [10.33]	00:56:55 / 651 [10.54]
612	552	KALBARCZYK ROBERT PAWEŁ	WARSZAWA	POL	RBS MARATHON TEAM	76	M30/198 (M)576	01:23:17	01:22:02	10.97	00:29:43 / 734 [10.10]	00:57:28 / 677 [10.44]
613	1304	STANOCH EDWARD	WARSZAWA	POL	PEKARI CUCUMBER RUNNING TEAM	71	M40/94 (M)577	01:23:18	01:22:42	10.88	00:29:02 / 679 [10.33]	00:56:55 / 650 [10.54]
614	506	ŻACH ANDRZEJ	MAŁKINIA	POL	MKB TEAM MAŁKINIA	57	M50/68 (M)578	01:23:20	01:22:58	10.85	00:27:36 / 586 [10.87]	00:55:40 / 610 [10.78]
615	1415	BANACH AGNIESZKA	LEGIONOWO	POL		83	K16/10 (K)37	01:23:25	01:23:13	10.82	00:27:07 / 550 [11.06]	00:55:14 / 593 [10.86]
616	380	BRZEZIŃSKI WALDEMAR	NOWE MIASTO NAD	POL		65	M45/53 (M)579	01:23:27	01:22:49	10.87	00:27:26 / 577 [10.94]	00:55:05 / 586 [10.89]
617	320	LUBOWIECKA KATARZYNA	WARSZAWA	POL		69	K40/9 (K)38	01:23:27	01:23:12	10.82	00:27:26 / 576 [10.94]	00:55:32 / 607 [10.80]
618	428	ŻURAWSKI PAWEŁ	NOWY GLINNIK	POL	LENIWCE TEAM	78	M30/199 (M)580	01:23:29	01:23:20	10.80	00:28:08 / 620 [10.66]	00:56:32 / 633 [10.61]
619	49	DORCZUK IWONA	WARSZAWA	POL		85	K16/11 (K)39	01:23:33	01:22:30	10.91	00:28:22 / 639 [10.58]	00:55:31 / 606 [10.81]
620	334	CHOJNACKA KRYSZYNA	SIERPC	POL	TKKF KUBUŚ SIERPC	52	K50/2 (K)40	01:23:34	01:23:30	10.78	00:27:24 / 573 [10.95]	00:55:40 / 609 [10.78]
621	87	KWIATKOWSKI ALEKSANDER	BIELAWY	POL	NIEZRZESZONY	62	M45/54 (M)581	01:23:35	01:23:00	10.84	00:28:22 / 638 [10.58]	00:56:19 / 628 [10.65]
622	71	JĄŁKIEWICZ JULIUSZ	WARSZAWA	POL		77	M30/200 (M)582	01:23:35	01:23:01	10.84	00:28:23 / 642 [10.57]	00:56:19 / 627 [10.65]
623	1386	ZIELIŃSKI KAZIMIERZ	WARSZAWA	POL	WSB-CYTADELA	48	M60/28 (M)583	01:23:36	01:23:22	10.80	00:27:23 / 571 [10.96]	00:55:22 / 599 [10.84]
624	845	ZAWODNIK DO UZUP					(M)584	01:23:41	01:22:48	10.87	00:28:55 / 673 [10.37]	00:56:46 / 641 [10.57]
625	557	SZMEL PAWEŁ	WARSZAWA	POL	RBS MARATHON TEAM	70	M40/95 (M)585	01:23:44	01:22:41	10.88	00:29:43 / 730 [10.10]	00:57:29 / 678 [10.44]
626	1698	GOCH KAROL	SOCZACZEW	POL	KM AKTYWNI SOCHACZEW	85	M20/83 (M)586	01:23:46	01:23:28	10.78	00:28:08 / 621 [10.66]	00:56:32 / 634 [10.61]
627	592	KWIATKOWSKI ADRIAN	WARSZAWA	POL	GROTY TEAM	74	M30/201 (M)587	01:23:51	01:22:09	10.96	00:29:28 / 703 [10.18]	00:57:22 / 672 [10.46]
628	127	BIERNACKI ADAM	ŁÓDŹ	POL	ŁÓDŹ	50	M60/29 (M)588	01:23:52	01:23:34	10.77	00:27:52 / 601 [10.77]	00:56:12 / 622 [10.68]
629	483	BANASIAK PIOTR	WARSZAWA	POL	REPUBLIKA DZIECI	70	M40/96 (M)589	01:23:53	01:23:18	10.80	00:28:13 / 628 [10.63]	00:56:57 / 653 [10.54]
630	627	TALAGA BARTOSZ	WARSZAWA	POL	MARATONKA GRAJEWO	70	M40/97 (M)590	01:23:55	01:22:44	10.88	00:26:43 / 508 [11.23]	00:52:57 / 508 [11.33]
631	1272	ŁYCZBA PRZEMYSŁAW	WARSZAWA	POL		74	M30/202 (M)591	01:23:55	01:23:04	10.83	00:27:56 / 605 [10.74]	00:55:11 / 591 [10.87]
632	735	CZARNECKI ADAM	ŁOMIANKI	POL	KB ŁOMIANKI	71	M40/98 (M)592	01:23:56	01:23:07	10.83	00:28:44 / 662 [10.44]	00:56:19 / 626 [10.65]
633	219	GLIŃSKI TADEUSZ	JEDLNIA - LETNISKO	POL	LKS JODŁA - JEDLNIA-LETNISKO	41	M70/3 (M)593	01:24:00	01:23:14	10.81	00:28:02 / 611 [10.70]	00:56:34 / 637 [10.61]
634	656	RUPIEWICZ JAROSŁAW	WARSZAWA	POL	KB CASTELLANUS	80	M30/203 (M)594	01:24:02	01:23:37	10.76	00:28:54 / 670 [10.38]	00:57:01 / 656 [10.52]
635	209	CHACZYKOWSKI MACIEJ	WARSZAWA	POL		72	M30/204 (M)595	01:24:04	01:22:30	10.91	00:29:16 / 690 [10.25]	00:57:40 / 683 [10.40]
636	495	BOGUCKI WŁODZIMIERZ	SĘKOCIN NOWY	POL		61	M50/69 (M)596	01:24:07	01:23:19	10.80	00:27:22 / 570 [10.96]	00:55:40 / 611 [10.78]
637	263	DĄBROWSKI ZDZISŁAW	WARSZAWA	POL	12TRI.PL	64	M45/55 (M)597	01:24:09	01:23:50	10.74	00:29:22 / 698 [10.22]	00:57:20 / 671 [10.47]
638	195	BRZĘCZEK ROMAN	WARSZAWA	POL		60	M50/70 (M)598	01:24:12	01:23:41	10.75	00:28:10 / 626 [10.65]	00:57:19 / 668 [10.47]
639	830	MOSKAL IZABELLA	ŁÓDŹ	POL	BRYLANT KÓRNIK	73	K30/17 (K)41	01:24:20	01:24:14	10.68	00:26:45 / 513 [11.21]	00:55:11 / 589 [10.87]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
640	877	BEJTKA AGNIESZKA	WARSZAWA	POL	-	82	K16/12 (K)42	01:24:25	01:24:09	10.70	00:28:09 / 624 [10.66]	00:56:38 / 638 [10.59]
641	608	OLBRYCHT IWONA	WARSZAWA	POL	12TRI.PL	77	K30/18 (K)43	01:24:25	01:24:07	10.70	00:29:19 / 695 [10.23]	00:57:33 / 680 [10.43]
642	429	DOMAŃSKI BARTŁOMIEJ	PIASECZNO	POL		75	M30/205 (M)599	01:24:27	01:23:54	10.73	00:28:36 / 654 [10.49]	00:56:53 / 646 [10.55]
643	48	DOBOSZ ELŻBIETA	WARSZAWA	POL		58	K50/3 (K)44	01:24:31	01:22:51	10.86	00:28:37 / 656 [10.48]	00:57:10 / 661 [10.50]
644	1236	SKRZYPEK ANNA	SZYDŁOWIEC	POL		68	K40/10 (K)45	01:24:32	01:23:50	10.74	00:27:48 / 600 [10.79]	00:56:10 / 621 [10.68]
645	218	DOMANSKI JACEK EXPEDYT	WARSZAWA	POL	WKB MARATOŃCZYK WŁOCŁAWEK	41	M70/4 (M)600	01:24:40	01:24:14	10.68	00:27:41 / 588 [10.84]	00:56:20 / 629 [10.65]
646	225	SIERY ARTUR	WARSZAWA	POL		86	M20/84 (M)601	01:24:43	01:24:28	10.66	00:27:25 / 574 [10.94]	00:56:50 / 643 [10.56]
647	74	MOSKAL ARKADIUSZ	RADZYMIN	POL		73	M30/206 (M)602	01:24:44	01:23:56	10.72	00:27:14 / 562 [11.02]	00:55:29 / 605 [10.81]
648	370	JAWORSKI DARIUSZ	LEGIONOWO	POL	PRANIE DYWANOW LEGIONOWO	64	M45/56 (M)603	01:24:47	01:24:39	10.63	00:27:26 / 575 [10.94]	00:56:21 / 630 [10.65]
649	95	LEWIŃSKI KRZYSZTOF	NOWE MIASTO NAD	POL	BIEGIEM PRZEZ POLSKĘ	67	M40/99 (M)604	01:24:48	01:24:13	10.69	00:29:33 / 711 [10.15]	00:57:30 / 679 [10.43]
650	1500	GORSIAK EDWARD	WARSZAWA	POL	OSIEDLE MEHOFFERA 103	59	M50/71 (M)605	01:24:50	01:23:53	10.73	00:28:54 / 671 [10.38]	00:57:02 / 657 [10.52]
651	863	OKSIEJUK-WASILEWSKA ANNA BIAŁA PODLASKA		POL		73	K30/19 (K)46	01:24:53	01:24:30	10.65	00:28:58 / 675 [10.36]	00:57:12 / 663 [10.49]
652	1014	FUJAŁKOWSKI PIOTR	SIERPC	POL	STRAŻ SIERPC	69	M40/100 (M)606	01:24:55	01:24:55	10.60	00:25:56 / 452 [11.57]	00:52:53 / 504 [11.35]
653	796	BAK ROBERT	WARSZAWA	POL	KB HOLMES PLACE	67	M40/101 (M)607	01:24:57	01:24:29	10.65	00:26:03 / 463 [11.52]	00:55:37 / 608 [10.79]
654	338	SZEWCUK ALEKSANDER	WARSZAWA	POL	SZEFOSTWO OPBMR	78	M30/207 (M)608	01:25:00	01:24:45	10.62	00:25:58 / 458 [11.55]	00:53:48 / 540 [11.15]
655	66	KOŁAKOWSKI MICHAŁ	WARSZAWA	POL	KROPELKI	82	M20/85 (M)609	01:25:02	01:23:59	10.72	00:29:57 / 748 [10.02]	00:58:35 / 702 [10.24]
656	67	SIECZKO ANNA	LEGIONOWO	POL	KROPELKI	80	K30/20 (K)47	01:25:04	01:24:02	10.71	00:29:58 / 750 [10.01]	00:58:35 / 703 [10.24]
657	331	BUNICZ SEBASTIAN	WARSZAWA	POL	BIELAŃSKI KLUB KARATE KYOKUSHIN (BKKK)	81	M30/208 (M)610	01:25:05	01:23:02	10.84	00:30:08 / 754 [9.96]	00:58:26 / 693 [10.27]
658	15	TRACZYK JAROSŁAW	WARSZAWA	POL	MODERATUS	60	M50/72 (M)611	01:25:09	01:24:45	10.62	00:27:43 / 591 [10.82]	00:56:34 / 636 [10.61]
659	25	KURIATA MARCIN	WARSZAWA	POL		75	M30/209 (M)612	01:25:10	01:24:36	10.64	00:28:49 / 665 [10.41]	00:57:57 / 687 [10.35]
660	435	ŚLIWA MIROSLAW	WARSZAWA	POL		74	M30/210 (M)613	01:25:10	01:24:22	10.67	00:30:17 / 761 [9.91]	00:58:39 / 708 [10.23]
661	80	ZIENTECKI JACEK	WARSZAWA	POL		48	M60/30 (M)614	01:25:11	01:24:30	10.65	00:28:54 / 672 [10.38]	00:57:05 / 659 [10.51]
662	695	PERŁOWSKI PIOTR	WARSZAWA	POL		82	M20/86 (M)615	01:25:11	01:24:17	10.68	00:29:14 / 689 [10.26]	00:58:27 / 695 [10.27]
663	151	KARŁOWICZ ANNA MARIA	WARSZAWA	POL	WOLNA WOLA	53	K50/4 (K)48	01:25:15	01:24:28	10.66	00:29:06 / 685 [10.31]	00:57:18 / 665 [10.47]
664	59	JANKOWSKI PIOTR	WARSZAWA	POL		75	M30/211 (M)616	01:25:19	01:24:49	10.61	00:26:50 / 521 [11.18]	00:56:03 / 618 [10.70]
665	754	DOMINIAK-LESZCZYŃSKA ELŻBIETA	WARSZAWA	POL	LASY WAWERSKIE	60	K50/5 (K)49	01:25:25	01:24:59	10.59	00:28:34 / 653 [10.50]	00:57:12 / 662 [10.49]
666	601	ZAWISTOWSKI PIOTR	WARSZAWA	POL		85	M20/87 (M)617	01:25:27	01:24:31	10.65	00:27:08 / 553 [11.06]	00:55:17 / 596 [10.85]
667	521	PODGÓRSKI PAWEŁ	WARSZAWA	POL		81	M30/212 (M)618	01:25:28	01:24:44	10.62	00:29:01 / 678 [10.34]	00:57:35 / 681 [10.42]
668	104	WIELGO PRZYBYSLAW	WARSZAWA	POL	-	73	M30/213 (M)619	01:25:33	01:24:44	10.62	00:30:27 / 769 [9.85]	00:58:24 / 692 [10.27]
669	222	STANISZEWSKI EDWARD	WIŚNIEWO	POL	KB TKKF PROMYK CIECHANÓW	39	M70/5 (M)620	01:25:34	01:25:00	10.59	00:28:05 / 615 [10.68]	00:56:49 / 642 [10.56]
670	1679	HULIN SEBASTIAN	KATOWICE	POL	JACHTY SATURN TEAM	74	M30/214 (M)621	01:25:41	01:25:22	10.54	00:23:45 / 268 [12.63]	00:48:45 / 319 [12.31]
671	1448	SOBOLEWSKI RAFAŁ	WARSZAWA	POL	ARTEFEX	75	M30/215 (M)622	01:25:42	01:25:26	10.53	00:27:04 / 543 [11.08]	00:55:42 / 612 [10.77]
672	417	ZUBOWICZ JAKUB	SEJNY	POL	-	82	M20/88 (M)623	01:25:44	01:25:02	10.58	00:28:38 / 658 [10.48]	00:57:14 / 664 [10.48]
673	311	ŚWIĄTEK EWELINA	ZABORÓW	POL		80	K30/21 (K)50	01:25:46	01:23:23	10.79	00:29:38 / 722 [10.12]	00:57:39 / 682 [10.41]
674	148	KOSATKO TOMASZ	WARSZAWA	POL		84	M20/89 (M)624	01:25:49	01:25:08	10.57	00:28:23 / 644 [10.57]	00:57:20 / 670 [10.47]
675	652	ZACHAREK PIOTR	ZAKROCZYM	POL	HP RUN	73	M30/216 (M)625	01:25:58	01:25:15	10.56	00:29:45 / 738 [10.08]	00:58:27 / 694 [10.27]
676	862	BEDNARCZYK KAZIMIERZ	TORUN	POL	TS OPATRUNKI TORUN	54	M55/38 (M)626	01:25:59	01:25:34	10.52	00:28:51 / 667 [10.40]	00:58:18 / 690 [10.29]
677	1664	GREWIŃSKI TOMIK	WARSZAWA	POL	RAN KAYAX RUN	69	M40/102 (M)627	01:26:02	01:23:26	10.79	00:31:23 / 798 [9.56]	00:59:42 / 737 [10.05]
678	237	NATORSKI MACIEJ	WARSZAWA	POL		79	M30/217 (M)628	01:26:02	01:25:31	10.52	00:28:30 / 649 [10.53]	00:56:54 / 649 [10.54]
679	825	PIETRUKANIEC MACIEJ	GDAŃSK	POL		77	M30/218 (M)629	01:26:05	01:25:33	10.52	00:27:53 / 602 [10.76]	00:56:33 / 635 [10.61]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
680	739	MUZYZKA BARBARA	WARSZAWA	POL	KOPYTKO IM 2010	70	K40/11	(K)51		01:26:08	01:25:08	10.57	00:29:56 / 746 [10.02]	00:59:10 / 727 [10.14]
681	517	KOBZA ALDONA	WARSZAWA	POL	POWERADE	82	K16/13	(K)52		01:26:10	01:25:42	10.50	00:28:07 / 618 [10.67]	00:56:53 / 648 [10.55]
682	766	BRAMBOR ŁUKASZ	WARSZAWA	POL	POWERADE	81	M30/219	(M)630		01:26:10	01:25:42	10.50	00:28:07 / 617 [10.67]	00:56:53 / 647 [10.55]
683	1016	KOTYNIA MAŁGORZATA	NOWA	POL		80	K30/22	(K)53		01:26:13	01:26:07	10.45	00:26:42 / 507 [11.24]	00:55:28 / 604 [10.82]
684	416	KAJAK MIROSLAW	GARWOLIN	POL	TRUCHTACZ.PL	58	M50/73	(M)631		01:26:17	01:26:08	10.45	00:35:52 / 857 [8.36]	01:01:51 / 784 [9.70]
685	583	MRZYGLOCKI ANDRZEJ	LUBLIN	POL	LUBELSKIE STOWARZYSZENIE BIEGOWE	62	M45/57	(M)632		01:26:22	01:25:48	10.49	00:29:04 / 683 [10.32]	00:57:24 / 673 [10.45]
686	1458	TAKAKURA DALIA CHIKA	WARSZAWA	POL		78	K30/23	(K)54		01:26:25	01:26:21	10.42	00:29:35 / 713 [10.14]	00:58:34 / 700 [10.24]
687	516	JÓZWIK BARBARA	ZIELONKA	POL		66	K40/12	(K)55		01:26:29	01:26:25	10.41	00:28:40 / 661 [10.47]	00:57:45 / 684 [10.39]
688	414	GORCZYCA ANNA	WARSZAWA	POL		76	K30/24	(K)56		01:26:33	01:25:51	10.48	00:30:10 / 755 [9.94]	00:58:42 / 709 [10.22]
689	1230	URBAŃSKI PAWEŁ	WARSZAWA	POL		90	M20/90	(M)633		01:26:34	01:26:10	10.44	00:26:56 / 533 [11.14]	00:57:00 / 655 [10.53]
690	149	MALINOWSKI JERZY	OŻARÓW	POL		61	M50/74	(M)634		01:26:37	01:25:33	10.52	00:29:56 / 744 [10.02]	00:58:46 / 712 [10.21]
691	382	KUCZKOWSKI RYSZARD	OLSZTYN	POL		66	M45/58	(M)635		01:26:42	01:25:43	10.50	00:30:05 / 753 [9.97]	00:58:28 / 698 [10.26]
692	1333	JAROSZ JACEK	WARSZAWA	POL	KB-REBUS.PL	77	M30/220	(M)636		01:26:42	01:26:00	10.47	00:27:47 / 599 [10.80]	00:56:50 / 644 [10.56]
693	4	LECH PAWEŁ	WARSZAWA	POL	GIBNO AMATOR WARSZAWA	65	M45/59	(M)637		01:26:43	01:26:40	10.38	00:27:04 / 544 [11.08]	00:56:06 / 619 [10.70]
694	379	WIŚNIEWSKI MAREK	WARSZAWA	POL		71	M40/103	(M)638		01:26:48	01:26:32	10.40	00:29:36 / 718 [10.14]	00:58:52 / 716 [10.19]
695	1354	ZACHOWSKI KRZYSZTOF	WARSZAWA	POL		60	M50/75	(M)639		01:26:51	01:26:07	10.45	00:29:42 / 728 [10.10]	00:58:28 / 697 [10.26]
696	462	LATUSZEK AGNIESZKA	GARWOLIN	POL	TRUCHTACZ.PL	70	K40/13	(K)57		01:26:55	01:26:35	10.39	00:28:20 / 635 [10.59]	00:57:19 / 669 [10.47]
697	569	GROCHOWSKI GRZEGORZ	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	61	M50/76	(M)640		01:27:00	01:26:20	10.42	00:29:42 / 727 [10.10]	00:58:28 / 699 [10.26]
698	1208	GONTAREK ADAM	STUDZIANKI	POL	KB POŚWIĘTNE	85	M20/91	(M)641		01:27:02	01:26:03	10.46	00:29:56 / 747 [10.02]	00:59:06 / 726 [10.15]
699	1683	ZOTOV DENIS	SKIERDY	POL	CISCO	71	M40/104	(M)642		01:27:02	01:26:42	10.38	00:29:44 / 736 [10.09]	00:59:13 / 729 [10.13]
700	327	NIEŚCIORUK MIROSLAW	ŁOMIANKI	POL	WARM	61	M50/77	(M)643		01:27:11	01:25:53	10.48	00:29:31 / 708 [10.16]	00:58:42 / 710 [10.22]
701	239	IWAŃSKA MONIKA	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	69	K40/14	(K)58		01:27:13	01:26:36	10.39	00:29:51 / 742 [10.05]	00:58:54 / 718 [10.19]
702	384	BUTKIEWICZ MAŁGORZATA	WARSZAWA	POL	KB GALERIA WARSZAWA	66	K40/15	(K)59		01:27:16	01:26:37	10.39	00:29:18 / 693 [10.24]	00:58:01 / 688 [10.34]
703	511	PETASZKO JOANNA	MRĄGOWO	POL		77	K30/25	(K)60		01:27:25	01:26:41	10.38	00:29:50 / 741 [10.06]	00:58:58 / 722 [10.18]
704	599	SIERADZKI ŁUKASZ	MIASTKÓW	POL	TRUCHTACZ.PL	94	M16/8	(M)644		01:27:31	01:27:14	10.32	00:28:12 / 627 [10.64]	00:57:25 / 675 [10.45]
705	1062	GOLĘDZINOWSKI TOMASZ	WARSZAWA	POL		65	M45/60	(M)645		01:27:32	01:27:16	10.31	00:28:09 / 623 [10.66]	00:57:51 / 685 [10.37]
706	559	GAJOWNICZEK MATEUSZ	WARSZAWA	POL	RBS MARATHON TEAM	85	M20/92	(M)646		01:27:33	01:26:32	10.40	00:28:23 / 643 [10.57]	00:57:03 / 658 [10.52]
707	1034	JAŚKIEWICZ MAREK	WARSZAWA	POL		78	M30/221	(M)647		01:27:41	01:27:08	10.33	00:29:06 / 684 [10.31]	00:58:28 / 696 [10.26]
708	1344	LIPOWSKI GRZEGORZ	KOMPRAHCICE	POL		68	M40/105	(M)648		01:27:46	01:27:03	10.34	00:29:33 / 712 [10.15]	00:58:56 / 720 [10.18]
709	361	WITAN PAWEŁ	W-WA	POL		73	M30/222	(M)649		01:27:46	01:27:26	10.29	00:27:41 / 589 [10.84]	00:56:55 / 652 [10.54]
710	378	WIŚNIEWSKA BEATA	WARSZAWA	POL		71	K40/16	(K)61		01:27:49	01:27:33	10.28	00:29:36 / 717 [10.14]	00:58:52 / 717 [10.19]
711	216	DYGAS PIOTR	WARSZAWA	POL	CROSTABBY	71	M40/106	(M)650		01:27:53	01:27:53	10.24	00:26:42 / 506 [11.24]	00:56:22 / 631 [10.64]
712	791	CIECIORA TOMASZ	WÓLKA KOSOWSKA	POL	DRUŻYNA SZPIKU	69	M40/107	(M)651		01:27:53	01:27:53	10.24	00:29:22 / 697 [10.22]	00:58:44 / 711 [10.22]
713	553	ŁUKASZEWICZ KRZYSZTOF	WARSZAWA	POL	RBS MARATHON TEAM	83	M20/93	(M)652		01:27:53	01:26:51	10.36	00:29:43 / 731 [10.10]	00:58:49 / 714 [10.20]
714	769	BIAŁEK MACIEJ	WARSZAWA	POL		80	M30/223	(M)653		01:27:56	01:27:33	10.28	00:27:09 / 555 [11.05]	00:56:58 / 654 [10.53]
715	1261	ŚWIĆ RAFAŁ	WARSZAWA	POL	TRUCHT TARCHOMIN TEAM	74	M30/224	(M)654		01:27:59	01:26:28	10.41	00:29:40 / 725 [10.11]	00:58:51 / 715 [10.20]
716	1253	SZTOBRYN MAREK	WARSZAWA	POL	POWERADE	76	M30/225	(M)655		01:28:00	01:27:46	10.25	00:29:39 / 724 [10.12]	00:59:14 / 731 [10.13]
717	915	MISIACZEK EWA	WARSZAWA	POL	SBBP.PL	68	K40/17	(K)62		01:28:01	01:27:15	10.32	00:29:56 / 745 [10.02]	00:58:58 / 723 [10.18]
718	73	MOSKAL DANUTA	RADZYMIN	POL		73	K30/26	(K)63		01:28:02	01:27:16	10.31	00:29:16 / 691 [10.25]	00:58:35 / 701 [10.24]
719	1470	POWAŁKA GRZEGORZ	WARSZAWA	POL	SYRENKA WARSZAWA	62	M45/61	(M)656		01:28:03	01:26:47	10.37	00:30:29 / 772 [9.84]	00:59:49 / 740 [10.03]
720	335	GOCZYŃSKA ANETA	SIERPC	POL	TKKF KUBUŚ SIERPC	80	K30/27	(K)64		01:28:04	01:28:02	10.22	00:28:46 / 663 [10.43]	00:58:37 / 704 [10.24]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
721	12	ROSIK PIOTR	SULEJÓWEK	POL		83	M20/94 (M)657	01:28:07	01:27:13	10.32	00:31:17 / 793 [9.59]	01:00:17 / 752 [9.95]
722	504	HAJNAS PAWEŁ	-	POL		81	M30/226 (M)658	01:28:08	01:27:29	10.29	00:29:26 / 702 [10.19]	00:58:38 / 706 [10.23]
723	1454	GRZELEWSKI ARTUR	WARKA	POL	PULASKI WARKA	64	M45/62 (M)659	01:28:14	01:28:08	10.21	00:28:30 / 648 [10.53]	00:58:37 / 705 [10.24]
724	410	SARNECKI JERZY	WARSZAWA	POL		46	M65/11 (M)660	01:28:17	01:27:59	10.23	00:29:38 / 721 [10.12]	00:59:19 / 732 [10.12]
725	1279	MOŻAŃSKI MICHAŁ	WARSZAWA	POL	APS POLSKA	77	M30/227 (M)661	01:28:25	01:27:29	10.29	00:32:44 / 832 [9.16]	01:00:56 / 764 [9.85]
726	109	COŚ MONIKA	WARSZAWA	POL	ALETEMPO	76	K30/28 (K)65	01:28:27	01:27:51	10.24	00:29:32 / 710 [10.16]	00:58:55 / 719 [10.18]
727	152	STĘPCZYŃSKI JERZY	OSTRÓW	POL		47	M60/31 (M)662	01:28:27	01:27:11	10.32	00:30:46 / 779 [9.75]	00:59:54 / 747 [10.02]
728	1237	OSIAK PAWEŁ	WARSZAWA	POL		77	M30/228 (M)663	01:28:31	01:27:51	10.24	00:29:57 / 749 [10.02]	00:58:56 / 721 [10.18]
729	405	PIROSZ WOJCIECH	RADOM	POL		70	M40/108 (M)664	01:28:41	01:27:59	10.23	00:31:01 / 788 [9.67]	01:00:43 / 760 [9.88]
730	512	WALCZAK SŁAWEK	MARKI	POL	STRUŚPĘDZIWIATR	78	M30/229 (M)665	01:28:46	01:28:03	10.22	00:30:19 / 764 [9.90]	01:00:00 / 748 [10.00]
731	623	SIENKIEWICZ DAREK	WARSZAWA	POL	KB-REBUS.PL	71	M40/109 (M)666	01:28:52	01:28:10	10.21	00:27:58 / 608 [10.73]	00:57:26 / 676 [10.45]
732	110	TEICHERT MARIA	WARSZAWA	POL	KB ACTIVE SPORT WARSZAWA	64	K40/18 (K)66	01:28:54	01:28:15	10.20	00:29:14 / 688 [10.26]	00:58:39 / 707 [10.23]
733	65	ŚMIGIERA ADAM	KANIE	POL		73	M30/230 (M)667	01:28:55	01:28:07	10.21	00:29:18 / 692 [10.24]	00:59:44 / 739 [10.04]
734	1314	DUDA STANISŁAW	JÓZEFÓW	POL		96	M16/9 (M)668	01:29:01	01:28:44	10.14	00:27:37 / 587 [10.86]	00:57:56 / 686 [10.36]
735	31	KONIECZNY GRZEGORZ	WARSZAWA	POL		75	M30/231 (M)669	01:29:07	01:28:16	10.20	00:30:30 / 773 [9.84]	01:00:23 / 753 [9.94]
736	270	GRZYB RYSZARD	WARSZAWA	POL		56	M55/39 (M)670	01:29:17	01:28:41	10.15	00:28:08 / 619 [10.66]	00:59:13 / 728 [10.13]
737	1682	KALENBACH JULIA	ŁÓDŹ	POL	KB ARTURÓWEK ŁÓDŹ	59	K50/6 (K)67	01:29:29	01:28:59	10.11	00:29:24 / 701 [10.20]	00:59:51 / 743 [10.03]
738	454	FITT MARCIN	WARSAW	POL	WILANOW COFFIN DODGERS	88	M20/95 (M)671	01:29:32	01:28:38	10.15	00:30:17 / 763 [9.91]	01:00:24 / 754 [9.93]
739	455	ROKICKA ALEKSANDRA	WARSAW	POL	WILANOW COFFIN DODGERS	86	K16/14 (K)68	01:29:32	01:28:38	10.15	00:30:17 / 762 [9.91]	01:00:24 / 755 [9.93]
740	1455	MIRECKI WOJCIECH	WARSZAWA	POL	WARM	61	M50/78 (M)672	01:29:41	01:28:18	10.19	00:29:31 / 707 [10.16]	00:59:06 / 725 [10.15]
741	223	STASIEWICZ LEONCJUSZ	HAJNÓWKA	POL	RKB HAJNÓWKA	39	M70/6 (M)673	01:29:51	01:29:36	10.04	00:28:31 / 651 [10.52]	00:59:14 / 730 [10.13]
742	1293	RYPINA MICHAŁ	OSTROŁĘKA	POL		93	M16/10 (M)674	01:29:52	01:29:05	10.10	00:30:39 / 774 [9.79]	01:00:15 / 751 [9.96]
743	479	ROŚLAN GRZEGORZ	WARSZAWA	POL	AKADEMIA OBRONY NARODOWEJ	65	M45/63 (M)675	01:29:55	01:29:05	10.10	00:30:27 / 770 [9.85]	01:00:56 / 765 [9.85]
744	1420	DUMA MARIUSZ	SIEDLCE	POL		78	M30/232 (M)676	01:30:01	01:28:45	10.14	00:31:30 / 804 [9.52]	01:02:54 / 797 [9.54]
745	1494	ZAGRZEJEWSKA ANTONINA	WARSZAWA	POL	LOBO SISTERS RUNNERS CLUB	77	K30/29 (K)69	01:30:02	01:29:11	10.09	00:31:27 / 800 [9.54]	01:01:09 / 774 [9.81]
746	503	IWASZKO PIOTR	WARSZAWA	POL		81	M30/233 (M)677	01:30:15	01:29:24	10.07	00:29:43 / 733 [10.10]	01:00:28 / 756 [9.92]
747	252	STASIEWICZ WIERA	HAJNÓWKA	POL		42	K60/3 (K)70	01:30:18	01:30:15	9.97	00:29:20 / 696 [10.23]	00:59:36 / 734 [10.07]
748	1292	RYPINA DOROTA	OSTROŁĘKA	POL		67	K40/19 (K)71	01:30:19	01:29:34	10.05	00:30:39 / 775 [9.79]	01:00:15 / 750 [9.96]
749	566	PACIEJEWSKI TOMASZ	RADOM	POL	TOM TEAM	65	M45/64 (M)678	01:30:21	01:29:39	10.04	00:31:04 / 791 [9.66]	01:01:24 / 777 [9.77]
750	563	KINASIEWICZ PAWEŁ	WARSZAWA	POL		76	M30/234 (M)679	01:30:42	01:30:08	9.99	00:28:58 / 676 [10.36]	00:59:05 / 724 [10.16]
751	882	DREJARZ-KACZMAREK ANNA	WARSZAWA	POL		79	K30/30 (K)72	01:30:44	01:29:58	10.00	00:30:26 / 768 [9.86]	01:00:50 / 762 [9.86]
752	1329	ZYGLEWICZ WIESŁAW	WARSZAWA	POL		69	M40/110 (M)680	01:30:47	01:30:28	9.95	00:27:12 / 560 [11.03]	00:58:03 / 689 [10.34]
753	839	DETLAFF PATRYCJA	WILCZA GÓRA	POL	NIEZRZESZONA	83	K16/15 (K)73	01:30:52	01:30:25	9.95	00:28:52 / 668 [10.39]	00:58:48 / 713 [10.20]
754	1323	MAZUREK RYSZARD	TŁUSZCZ	POL	BÓBR TŁUSZCZ	74	M30/235 (M)681	01:30:53	01:30:15	9.97	00:29:35 / 715 [10.14]	00:59:50 / 742 [10.03]
755	1324	ŚTOLARCZYK STANISŁAW	TŁUSZCZ	POL	TKS BÓBR TŁUSZCZ	43	M65/12 (M)682	01:30:54	01:30:16	9.97	00:29:35 / 714 [10.14]	00:59:50 / 741 [10.03]
756	524	SKRZYPKOWSKI TOMASZ	OTWOCK	POL	ADVENTURESQUAD.PL	57	M50/79 (M)683	01:30:58	01:30:48	9.91	00:27:08 / 552 [11.06]	00:58:24 / 691 [10.27]
757	1367	TWOREK MACIEJ	RADOM	POL		87	M20/96 (M)684	01:31:00	01:29:54	10.01	00:29:41 / 726 [10.11]	00:59:24 / 733 [10.10]
758	433	SZYMCAK RYSZARD	WARSZAWA	POL		43	M65/13 (M)685	01:31:09	01:31:09	9.87	00:29:14 / 687 [10.26]	00:59:37 / 735 [10.06]
759	310	SKOWRON JOANNA	ŁÓDŹ	POL	RUNNING BUNNIES	75	K30/31 (K)74	01:31:17	01:30:52	9.90	00:29:37 / 719 [10.13]	01:00:03 / 749 [9.99]
760	27	WOLIŃSKI RAFAŁ	PRUSZKÓW	POL		73	M30/236 (M)686	01:31:19	01:31:02	9.89	00:29:42 / 729 [10.10]	01:00:43 / 759 [9.88]
761	1317	BŁASZCZYK SŁAWOMIR	WARSZAWA	POL	HAPPY CARP TEAM	67	M40/111 (M)687	01:31:25	01:30:45	9.92	00:29:49 / 740 [10.06]	01:01:08 / 772 [9.81]
762	486	NIEDŹWIADEK JAKUB	WARSZAWA	POL	III LO IM. GEN. SOWIŃSKIEGO	93	M16/11 (M)688	01:31:33	01:30:35	9.94	00:31:28 / 801 [9.53]	01:02:34 / 795 [9.59]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
WARSZAWA												
763	57	TYTMAN JANUSZ	WARSZAWA	POL		60	M50/80 (M)689	01:31:35	01:30:44	9.92	00:30:59 / 784 [9.68]	01:01:44 / 783 [9.72]
764	358	RUTKOWSKI JAKUB	WARSZAWA	POL	-	87	M20/97 (M)690	01:31:37	01:30:37	9.93	00:29:59 / 751 [10.01]	01:00:31 / 757 [9.91]
765	180	ŚMIETANKA MARIA	WARSZAWA	POL		81	K30/32 (K)75	01:32:00	01:31:17	9.86	00:31:44 / 812 [9.45]	01:02:56 / 799 [9.53]
766	750	WOJDAT EWA	WARSZAWA	POL	KBP PASJA WARSZAWA	58	K50/7 (K)76	01:32:04	01:30:58	9.89	00:31:46 / 815 [9.44]	01:02:34 / 794 [9.59]
767	443	ZALEWSKI MICHAŁ	WARSZAWA	POL	ŚCIEŻKA BIEGOWA PARK LEŚNY BRÓDNO	63	M45/65 (M)691	01:32:05	01:31:42	9.81	00:29:30 / 706 [10.17]	00:59:44 / 738 [10.04]
768	1332	DOBROWOLSKI ARTUR	WARSZAWA	POL		74	M30/237 (M)692	01:32:10	01:30:49	9.91	00:32:12 / 820 [9.32]	01:03:52 / 808 [9.39]
769	1411	KRUSZEWSKA JOANNA	WARSZAWA	POL	OBOZYBIEGOWE	55	K50/8 (K)77	01:32:14	01:31:45	9.81	00:30:17 / 760 [9.91]	01:01:04 / 770 [9.83]
770	115	MIESZKOWSKI DARIUSZ	WARSZAWA	POL		61	M50/81 (M)693	01:32:18	01:31:33	9.83	00:30:16 / 759 [9.91]	01:01:22 / 776 [9.78]
771	714	DUDZIAK ANDRZEJ	ŁĘCZNA	POL	LW,BOGDANKA	47	M60/32 (M)694	01:32:19	01:32:04	9.78	00:29:36 / 716 [10.14]	01:01:17 / 775 [9.79]
772	388	CZEKAJ JUSTYNA	DĘBICA	POL	ACCELERATE_	81	K30/33 (K)78	01:32:22	01:31:49	9.80	00:30:29 / 771 [9.84]	01:00:58 / 768 [9.84]
773	1268	TARKOWSKI ALEKSANDER	WARSZAWA	POL		78	M30/238 (M)695	01:32:39	01:31:47	9.81	00:30:44 / 777 [9.76]	01:02:16 / 786 [9.64]
774	103	KOROTKO-WIELGO ANNA	WARSZAWA	POL	-	73	K30/34 (K)79	01:32:40	01:31:51	9.80	00:31:24 / 799 [9.55]	01:03:34 / 804 [9.44]
775	465	ROGAŁA MONIKA	BOROWIE	POL	TRUCHTACZ.PL	71	K40/20 (K)80	01:32:45	01:32:24	9.74	00:28:40 / 660 [10.47]	00:59:51 / 744 [10.03]
776	505	WACŁAWSKA RENATA	WARSZAWA	POL		73	K30/35 (K)81	01:32:45	01:31:54	9.79	00:31:31 / 805 [9.52]	01:00:57 / 766 [9.84]
777	1406	BERENT IRENA	WARSZAWA		KB TP	74	K30/36 (K)82	01:32:51	01:32:20	9.75	00:30:00 / 752 [10.00]	01:01:36 / 780 [9.74]
778	765	TARKOWSKI PIOTR	WARSZAWA	POL	KB TP	77	M30/239 (M)696	01:32:59	01:32:09	9.77	00:29:49 / 739 [10.06]	01:00:39 / 758 [9.89]
779	229	GRABOWSKI KRZYSZTOF	WARSZAWA	POL		84	M20/98 (M)697	01:32:59	01:32:29	9.73	00:31:44 / 813 [9.45]	01:02:56 / 800 [9.53]
780	545	SELEMSKI KRZYSZTOF	WARSZAWA	POL	-	61	M50/82 (M)698	01:33:08	01:31:19	9.86	00:29:37 / 720 [10.13]	01:00:50 / 761 [9.86]
781	912	KRÓL ARKADIUSZ	WARSZAWA	POL		77	M30/240 (M)699	01:33:08	01:32:34	9.72	00:30:42 / 776 [9.77]	01:01:33 / 779 [9.75]
782	772	MIGDAŁ RADOŚLAW	WARSZAWA	POL		76	M30/241 (M)700	01:33:13	01:32:38	9.72	00:29:44 / 737 [10.09]	00:59:51 / 745 [10.03]
783	723	ZALEWSKI PIOTR	WARSZAWA	POL	ALETEMPO	69	M40/112 (M)701	01:33:20	01:32:32	9.73	00:28:56 / 674 [10.37]	01:02:00 / 785 [9.68]
784	141	MATYSIAK WOJCIECH	WARSZAWA	POL		74	M30/242 (M)702	01:33:25	01:32:19	9.75	00:30:45 / 778 [9.76]	01:01:42 / 782 [9.72]
785	224	ANDRZEJEWSKI TADEUSZ	WARSZAWA	POL	WARSZAWA BIELANY	33	M75/1 (M)703	01:33:37	01:33:24	9.64	00:29:52 / 743 [10.04]	01:01:26 / 778 [9.77]
786	651	BURDYŃSKI KRYSPIŃ	WARSZAWA	POL	UKS GEPARD	79	M30/243 (M)704	01:33:44	01:33:02	9.67	00:31:20 / 795 [9.57]	01:03:07 / 802 [9.51]
787	129	ORZESZEK KRZYSZTOF	WARSZAWA	POL	UKS GEPARD	70	M40/113 (M)705	01:33:47	01:33:06	9.67	00:31:20 / 796 [9.57]	01:03:07 / 801 [9.51]
788	18	GRABOWSKA RENATA	WARSZAWA	POL	ALETEMPO	72	K30/37 (K)83	01:33:48	01:33:11	9.66	00:32:17 / 821 [9.29]	01:04:24 / 814 [9.32]
789	1286	ĆWIKOWSKI PRZEMYSŁAW	WARSZAWA	POL		75	M30/244 (M)706	01:33:56	01:33:00	9.68	00:31:03 / 790 [9.66]	01:02:24 / 791 [9.62]
790	1259	LUBERADZKI MICHAŁ	WARSZAWA	POL	KB HOLMES PLACE	63	M45/66 (M)707	01:34:08	01:33:39	9.61	00:30:11 / 756 [9.94]	01:02:16 / 787 [9.64]
791	1463	KACZANOWSKI ARTUR	PALMIRY	POL		83	M20/99 (M)708	01:34:09	01:33:11	9.66	00:30:15 / 757 [9.92]	01:01:04 / 771 [9.83]
792	1381	JEŻEWSKI KRZYSZTOF	WARSZAWA	POL		76	M30/245 (M)709	01:34:09	01:33:10	9.66	00:30:15 / 758 [9.92]	01:01:04 / 769 [9.83]
793	1413	BRODZIK BARTŁOMIEJ	WARSZAWA	POL		83	M20/100 (M)710	01:34:14	01:33:53	9.59	00:27:43 / 594 [10.82]	00:59:54 / 746 [10.02]
794	135	KRASKA HUBERT	RADOM	POL	KRASKA TEAM	78	M30/246 (M)711	01:34:29	01:33:45	9.60	00:30:59 / 782 [9.68]	01:02:19 / 790 [9.63]
795	136	KRASKA TADEUSZ	RADOM	POL	KRASKA TEAM	49	M60/33 (M)712	01:34:29	01:33:46	9.60	00:30:59 / 783 [9.68]	01:00:55 / 763 [9.85]
796	134	KRASKA AGNIESZKA	WARSZAWA	POL	KRASKA TEAM	73	K30/38 (K)84	01:34:29	01:33:46	9.60	00:31:00 / 786 [9.68]	01:02:19 / 788 [9.63]
797	787	MĘKAŁ RADOŚLAW	WARSZAWA	POL	RAJS TEAM	79	M30/247 (M)713	01:34:45	01:34:28	9.53	00:29:24 / 699 [10.20]	01:01:08 / 773 [9.81]
798	167	MILISZKIEWICZ-PAJDIŃSKA AGNIESZKA	WARSZAWA	POL	-	76	K30/39 (K)85	01:34:46	01:34:17	9.55	00:31:00 / 785 [9.68]	01:02:19 / 789 [9.63]
799	89	STRZELCZYK STANISŁAW	BŁONIE	POL	OLIMP BŁONIE	52	M55/40 (M)714	01:34:53	01:33:50	9.59	00:30:26 / 767 [9.86]	01:01:38 / 781 [9.73]
800	192	DZIKI MARZENNA	WARSZAWA	POL	ALETEMPO	53	K50/9 (K)86	01:34:58	01:34:21	9.54	00:30:23 / 765 [9.87]	01:02:31 / 793 [9.60]
801	248	SZARSKA IWONA	WARSZAWA	POL	ALETEMPO	60	K50/10 (K)87	01:35:20	01:34:44	9.50	00:31:37 / 808 [9.49]	01:03:36 / 806 [9.43]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
802	295	CZYŻEWSKA MARLENA	LEGIONOWO	POL		67	K40/21		(K)88	01:35:29	01:34:27	9.53	00:33:36 / 840 [8.93]	01:05:58 / 831 [9.10]
803	685	CELIŃSKA WERONIKA	WARSZAWA	POL	BYLEDOBIEC ANIN	86	K16/16		(K)89	01:35:41	01:35:05	9.47	00:32:17 / 822 [9.29]	01:04:24 / 813 [9.32]
804	595	MASŁOWSKI MICHAŁ	WARSZAWA	POL		74	M30/248		(M)715	01:36:04	01:35:02	9.47	00:33:47 / 844 [8.88]	01:06:22 / 837 [9.04]
805	245	WILK-KOPACZ KATARZYNA	WARSZAWA	POL		77	K30/40		(K)90	01:36:18	01:35:14	9.45	00:33:36 / 841 [8.93]	01:05:58 / 830 [9.10]
806	611	KĘDZIERSKI PAWEŁ	WARSZAWA	POL	PREZES PAWEŁ	57	M50/83		(M)716	01:36:19	01:35:14	9.45	00:34:21 / 850 [8.73]	01:05:56 / 829 [9.10]
807	53	KRZYKWA AGNIESZKA	LEGIONOWO	POL		65	K40/22		(K)91	01:36:20	01:35:18	9.44	00:33:36 / 842 [8.93]	01:05:58 / 833 [9.10]
808	476	ORZOŁ JACEK	ZĄBKI	POL	KBKS LENIWIEC	80	M30/249		(M)717	01:36:27	01:35:39	9.41	00:31:38 / 810 [9.48]	01:05:07 / 821 [9.21]
809	477	SUSKA KATARZYNA	RADZYMIN	POL	KBKS LENIWIEC	86	K16/17		(K)92	01:36:27	01:35:38	9.41	00:31:38 / 811 [9.48]	01:05:07 / 820 [9.21]
810	172	MORAWSKA ANNA	WARSZAWA	POL		53	K50/11		(K)93	01:36:39	01:36:01	9.37	00:31:37 / 807 [9.49]	01:03:35 / 805 [9.44]
811	1671	KRZACZYŃSKI MICHAŁ	BELCHATÓW	POL	WOJSKOWA AKADEMIA TECHNICZNA	87	M20/101		(M)718	01:36:53	01:36:07	9.36	00:31:18 / 794 [9.58]	01:03:54 / 809 [9.39]
812	281	POLAK TERESA	WARSZAWA	POL	KB ACTIVESPORTS WARSZAWA	51	K60/4		(K)94	01:36:59	01:36:35	9.32	00:30:25 / 766 [9.86]	01:03:41 / 807 [9.42]
813	1257	LUBRADZKI PAWEŁ	WARSZAWA	POL		82	M20/102		(M)719	01:37:06	01:36:38	9.31	00:27:33 / 583 [10.89]	00:59:42 / 736 [10.05]
814	1485	PRZYBYŁA SYLWESTER	WARSZAWA	POL	KB ORIENTUZ	57	M50/84		(M)720	01:37:08	01:36:33	9.32	00:29:43 / 732 [10.10]	01:02:25 / 792 [9.61]
815	827	KOWALCZYK KAMIL	WARSZAWA	POL	CF CEFARM SA	84	M20/103		(M)721	01:37:17	01:36:31	9.32	00:32:55 / 835 [9.11]	01:05:24 / 823 [9.17]
816	676	WALIDUDA JAROSŁAW	PISARZOWICE	POL	KB LUPUS OLEŚNICA	72	M30/250		(M)722	01:37:32	01:37:32	9.23	00:33:35 / 839 [8.93]	01:05:58 / 832 [9.10]
817	37	JEŻ AGNIESZKA	KOBYŁKA	POL		77	K30/41		(K)95	01:37:34	01:37:13	9.26	00:31:45 / 814 [9.45]	01:04:27 / 815 [9.31]
818	1330	BARTKIEWICZ PIOTR	WARSZAWA	POL		69	M40/114		(M)723	01:37:38	01:37:17	9.25	00:30:50 / 780 [9.73]	01:03:10 / 803 [9.50]
819	1421	MUZIŃSKI ANTONI	WARSZAWA	POL		81	M30/251		(M)724	01:38:04	01:36:48	9.30	00:31:30 / 803 [9.52]	01:02:54 / 798 [9.54]
820	1334	BRAŃSKA-DOBROWOLSKA OLGA	WARSZAWA	POL	MARATONYPOLSKIE.PL TEAM	73	K30/42		(K)96	01:38:10	01:36:50	9.29	00:32:12 / 819 [9.32]	01:04:36 / 816 [9.29]
821	122	BOBRYK KAROLINA	WARSZAWA	POL		84	K16/18		(K)97	01:38:15	01:36:49	9.30	00:33:55 / 846 [8.85]	01:06:47 / 846 [8.98]
822	883	BORKOWSKA JOANNA	WARSZAWA	POL		84	K16/19		(K)98	01:38:15	01:36:49	9.30	00:33:55 / 847 [8.85]	01:06:47 / 847 [8.98]
823	221	FIDO JERZY	ZIELONKA	POL	LECHICI ZIELONKA	39	M70/7		(M)725	01:38:17	01:38:16	9.16	00:32:01 / 817 [9.37]	01:05:26 / 824 [9.17]
824	859	KSIĘŻAK JOLANTA	WARSZAWA	POL	ZWARTA GRUPA BIEGOWA	79	K30/43		(K)99	01:38:25	01:37:20	9.25	00:32:33 / 828 [9.22]	01:05:44 / 828 [9.13]
825	1228	MICHAŁSKI PIOTR	WARSZAWA	POL		82	M20/104		(M)726	01:38:47	01:37:45	9.21	00:33:47 / 845 [8.88]	01:06:22 / 838 [9.04]
826	79	ROŚLAN JACEK	WARSZAWA	POL	HP RUN	63	M45/67		(M)727	01:38:50	01:38:07	9.17	00:31:13 / 792 [9.61]	01:04:18 / 811 [9.33]
827	62	GAJERSKI JERZY	WARSZAWA	POL		52	M55/41		(M)728	01:39:00	01:38:21	9.15	00:31:35 / 806 [9.50]	01:04:57 / 817 [9.24]
828	51	REMBERK BARBARA	WARSZAWA	POL	WARSZAWSKI ŻÓŁWIK	74	K30/44		(K)100	01:39:08	01:38:08	9.17	00:33:58 / 848 [8.83]	01:07:35 / 854 [8.88]
829	474	PASZEK KRYSZYNA	GRODZISK MAZ	POL		61	K50/12		(K)101	01:39:14	01:38:29	9.14	00:32:43 / 831 [9.17]	01:05:28 / 825 [9.16]
830	475	PAWELEC KRYSZYNA	BRWINÓW	POL		53	K50/13		(K)102	01:39:15	01:38:29	9.14	00:32:43 / 830 [9.17]	01:05:29 / 826 [9.16]
831	1669	PINKOSZ LESZEK	ZIELONKA	POL	LECHICI ZIELONKA	56	M55/42		(M)729	01:39:20	01:39:12	9.07	00:29:38 / 723 [10.12]	01:02:47 / 796 [9.56]
832	1474	JANKOWSKI PIOTR	LEGIONOWO	POL	SYRENKA WARSZAWA	46	M65/14		(M)730	01:39:43	01:39:20	9.06	00:30:51 / 781 [9.72]	01:04:05 / 810 [9.36]
833	268	KOWALIK ZBIGNIEW	WARSZAWA	POL		66	M45/68		(M)731	01:39:50	01:39:23	9.06	00:31:28 / 802 [9.53]	01:05:18 / 822 [9.19]
834	434	KULMA MAGDALENA	GDAŃSK	POL		80	K30/45		(K)103	01:40:17	01:39:47	9.02	00:28:50 / 666 [10.40]	01:00:57 / 767 [9.84]
835	1355	ROZWADOWSKA HANNA	WARSZAWA	POL		57	K50/14		(K)104	01:40:54	01:40:42	8.94	00:31:23 / 797 [9.56]	01:06:30 / 842 [9.02]
836	1310	DANILUK KRZYSZTOF	WARSZAWA	POL	KB-REBUS.PL	76	M30/252		(M)732	01:41:34	01:41:09	8.90	00:32:00 / 816 [9.38]	01:06:07 / 834 [9.07]
837	90	STAWICKA JADWIGA	KONSTANCIN -	POL	PARK ZDROJOWY KONSTANCIN	52	K50/15		(K)105	01:41:36	01:40:35	8.95	00:31:37 / 809 [9.49]	01:05:40 / 827 [9.14]
838	763	ZAJĄCZKOWSKA JOANNA	WARSZAWA	POL	KB TP	65	K40/23		(K)106	01:41:37	01:41:10	8.90	00:31:02 / 789 [9.67]	01:04:21 / 812 [9.32]
839	551	URBAŃSKA AGNIESZKA	CZOSNÓW	POL		70	K40/24		(K)107	01:41:42	01:41:19	8.88	00:32:47 / 834 [9.15]	01:07:07 / 852 [8.94]
840	184	KORDEK AGNIESZKA	WARSZAWA	POL		81	K30/46		(K)108	01:42:06	01:41:11	8.89	00:32:18 / 823 [9.29]	01:06:13 / 835 [9.06]
841	316	MAJCHER HALINA	GOLUB-DOBRZYŃ	POL	MAJCHER	51	K60/5		(K)109	01:42:23	01:41:47	8.84	00:33:08 / 836 [9.05]	01:07:15 / 853 [8.92]
842	496	WAJDWICZ ANNA	WARSZAWA	POL	ZAKŁADY FARMACEUTYCZNE UNIA	78	K30/47		(K)110	01:42:24	01:41:57	8.83	00:32:46 / 833 [9.16]	01:06:31 / 843 [9.02]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	10km	Check points
843	326	NIEŚCIORUK ANNA	ŁOMIANKI	POL	WARM	61	K50/16	(K)111		01:42:51	01:41:32	8.86	00:33:39 / 843 [8.92]	01:08:10 / 855 [8.80]
844	190	KURPIŃSKA IZABELA	WARSZAWA	POL	123-A-TERAZ-MY	83	K16/20	(K)112		01:42:59	01:42:28	8.78	00:32:25 / 825 [9.25]	01:06:35 / 844 [9.01]
845	781	FRYDRYCH BOŻENA	WARSZAWA	POL		57	K50/17	(K)113		01:45:10	01:45:10	8.56	00:33:20 / 838 [9.00]	01:06:35 / 845 [9.01]
846	452	GRANAT BOGUSŁAW	WARSZAWA	POL	A1 POL - WARSZAWA	32	M75/2	(M)733		01:45:11	01:44:57	8.58	00:29:44 / 735 [10.09]	01:06:15 / 836 [9.06]
847	411	KOWALCZYK ANNA	KRUPIA WÓLKA	POL		76	K30/48	(K)114		01:46:32	01:45:28	8.53	00:36:18 / 859 [8.26]	01:07:02 / 848 [8.95]
848	255	JEDLIŃSKA MARTA	WARSZAWA	POL	DB MARATHON TEAM	73	K30/49	(K)115		01:47:06	01:46:32	8.45	00:32:32 / 827 [9.22]	01:06:26 / 840 [9.03]
849	253	HIBSZ ANDRZEJ	WARSZAWA	POL		54	M55/43	(M)734		01:48:11	01:48:11	8.32	00:36:06 / 858 [8.31]	01:05:06 / 818 [9.22]
850	721	ROGAŁA BOŻENA	WARSZAWA	POL	NIEZRZESZONA	60	K50/18	(K)116		01:48:26	01:47:58	8.34	00:31:00 / 787 [9.68]	01:05:06 / 819 [9.22]
851	1327	KRAWCZYK RADOSŁAW	WARSZAWA	POL		71	M40/115	(M)735		01:48:32	01:47:36	8.36	00:32:30 / 826 [9.23]	01:07:02 / 850 [8.95]
852	794	LATUSZEK KRZYSZTOF	MIĘTNE	POL	TRUCHTACZ.PL	69	M40/116	(M)736		01:49:21	01:48:41	8.28	00:32:20 / 824 [9.28]	01:06:26 / 841 [9.03]
853	1499	CZUPTA ŁUKASZ	WARSZAWA	POL	WARSZAWSKA MASA KRYTYCZNA	74	M30/253	(M)737		01:49:35	01:49:07	8.25	00:34:06 / 849 [8.80]	01:07:02 / 851 [8.95]
854	653	UFNAL BARTOSZ	ZĄPKI	POL		81	M30/254	(M)738		01:49:51	01:48:13	8.32	00:36:23 / 860 [8.25]	01:07:02 / 849 [8.95]
855	30	HANDZLIK MARTA	WARSZAWA	POL		81	K30/50	(K)117		01:49:55	01:49:33	8.22	00:35:34 / 852 [8.43]	01:06:26 / 839 [9.03]
856	420	BULICZ-KASPRZAK KATARZYNA	SULEJÓWEK	POL		76	K30/51	(K)118		01:50:12	01:49:18	8.23	00:33:13 / 837 [9.03]	01:08:48 / 858 [8.72]
857	782	MAREK HENRYK	WARSZAWA	POL		47	M60/34	(M)739		01:50:57	01:50:57	8.11	00:35:42 / 856 [8.40]	01:08:48 / 859 [8.72]
858	81	SZOKALSKA ALEKSANDRA	WARSZAWA	POL	12TRI.PL	82	K16/21	(K)119		01:52:36	01:51:40	8.06	00:35:42 / 853 [8.40]	01:08:48 / 856 [8.72]
859	146	RACHWAŁ MICHAŁ	WARSZAWA	POL	12TRI.PL	81	M30/255	(M)740		01:52:36	01:51:39	8.06	00:35:42 / 855 [8.40]	01:08:48 / 857 [8.72]
860	145	ZWIERZCHOŃ GRZEGORZ	WARSZAWA	POL	12TRI.PL	81	M30/256	(M)741		01:52:37	01:51:39	8.06	00:35:42 / 854 [8.40]	01:23:39 / 862 [7.17]
861	1395	KOTOWICZ OTTON	WARSZAWA	POL		31	M75/3	(M)742		01:52:38	01:52:25	8.01	00:35:08 / 851 [8.54]	01:08:48 / 860 [8.72]
862	220	DUSZYŃSKI ZBIGNIEW	WARSZAWA	POL	KB ACTIVE SPORT WARSZAWA	39	M70/8	(M)743		01:53:41	01:53:02	7.96	00:32:35 / 829 [9.21]	01:23:39 / 863 [7.17]
863	1263	JURKOWSKA IRENA	WARSZAWA	POL		49	K60/6	(K)120		01:57:10	01:56:29	7.73	00:36:38 / 861 [8.19]	01:23:39 / 865 [7.17]
864	1252	ROSIŃSKA JANINA	PABIANICE	POL		36	K60/7	(K)121		02:01:21	02:01:17	7.42	00:39:58 / 863 [7.51]	01:23:39 / 864 [7.17]
865	1393	TOMASIK JANUSZ	WARSZAWA	POL		43	M65/15	(M)744		02:01:30	02:01:10	7.43	00:39:51 / 862 [7.53]	01:23:39 / 866 [7.17]
866	42	REMBERK MICHAŁ	WARSZAWA	POL	WARSZAWSKI ŻÓŁWIK	71	M40/117	(M)745		02:01:47	02:00:38	7.46	00:40:44 / 865 [7.36]	01:25:09 / 867 [7.05]
867	50	REMBERK DANUTA	WARSZAWA	POL		41	K60/8	(K)122		02:01:47	01:59:22	7.54	00:40:43 / 864 [7.37]	01:23:39 / 861 [7.17]

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU