

II Pruszkowski Bieg Wolności

Organizatorzy: Fundacja Chartered Institute of Cooperation, Urząd Miasta Pruszków

Pruszków, 2015-05-31

Dystans: 10 km



Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|---------------|-----------------------|---------------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 1 | 447 | Krzysztof | Wasiewicz | Kondycja | Piaseczno | 1990 | M20 | 1 | 1 | | 00:32:18 | 00:32:18 |
| 2 | 411 | Dariusz | Nożyński | dcs.pl | Warszawa | 1980 | M30 | 1 | 2 | | 00:32:54 | 00:32:54 |
| 3 | 439 | Artur | Jabłoński | Dream Run | Garmatka | 1981 | M30 | 2 | 3 | | 00:32:59 | 00:32:58 |
| 4 | 377 | Piotr | Cypriański | runfollowme.pl | Warszawa | 1989 | M20 | 2 | 4 | | 00:34:50 | 00:34:49 |
| 5 | 16 | Grzegorz | Kruszyński | Kruszon Team | Pruszków | 1974 | M40 | 1 | 5 | | 00:35:18 | 00:35:18 |
| 6 | 17 | Damian | Falandysz | WPRunning Parkrun | Pruszkow | 1987 | M20 | 3 | 6 | | 00:36:45 | 00:36:44 |
| 7 | 199 | Wojciech | Piszczatowski | Orange Polska | Warszawa | 1971 | M40 | 2 | 7 | | 00:37:36 | 00:37:35 |
| 8 | 87 | Tomasz | Kwiatek | MORT! | Pruszków | 1982 | M30 | 3 | 8 | | 00:37:40 | 00:37:39 |
| 9 | 438 | Marek | Maciszewski | | Łomianki | 1976 | M30 | 4 | 9 | | 00:37:48 | 00:37:46 |
| 10 | 358 | Sebastian | Czupryński | | Żyrardów | 1992 | M20 | 4 | 10 | | 00:37:52 | 00:37:51 |
| 11 | 40 | Marcin | Nitkiewicz | TASOWANIE | Pruszków | 1984 | M30 | 5 | 11 | | 00:38:06 | 00:38:04 |
| 12 | 30 | Sebastian | Kieszek | WPRunning Parkrun | Pruszków | 1987 | M20 | 5 | 12 | | 00:38:13 | 00:38:12 |
| 13 | 28 | Dawid | Petrów | Dream Run | Pruszków | 1984 | M30 | 6 | 13 | | 00:38:14 | 00:38:14 |
| 14 | 157 | Radosław | Selke | MORT! | WARSZAWA | 1985 | M30 | 7 | 14 | | 00:38:24 | 00:38:22 |
| 15 | 148 | Paweł | Kącki | KB Rabarbar | Warsaw | 1975 | M40 | 3 | 15 | | 00:38:35 | 00:38:33 |
| 16 | 187 | Daniel | Pietrzak | | Pruszków | 1987 | M20 | 6 | 16 | | 00:38:44 | 00:38:44 |
| 17 | 232 | Arek | Łęczycki | PTA Team | Pruszków | 1983 | M30 | 8 | 17 | | 00:39:03 | 00:39:01 |
| 18 | 191 | Michał | Olszak | | Pruszków | 1988 | M20 | 7 | 18 | | 00:39:06 | 00:39:04 |
| 19 | 446 | Piotr | Piątkowski | Kondycja | Pruszków | 1995 | M20 | 8 | 19 | | 00:39:07 | 00:39:05 |
| 20 | 312 | Andri | Bibik | Nezrzeszony | Pruszków | 1987 | M20 | 9 | 20 | | 00:39:18 | 00:39:18 |
| 21 | 317 | Michał | Węgrzecki | Rohlig Suus Logistics | Pruszków | 1990 | M20 | 10 | 21 | | 00:39:21 | 00:39:20 |
| 22 | 270 | Grzegorz | Gala | DB Schenker | Sochaczew | 1978 | M30 | 9 | 22 | | 00:39:22 | 00:39:18 |
| 23 | 115 | Michał | Sadkowski | Biegający Wodniacy | Pruszków | 1982 | M30 | 10 | 23 | | 00:39:23 | 00:39:23 |
| 24 | 381 | Nazariy | Chugay | | Konstancin-Jeziorna | 1996 | M20 | 11 | 24 | | 00:39:29 | 00:39:24 |
| 25 | 407 | Grzesiek | Stawicki | Ursus | Warszawa | 1981 | M30 | 11 | 25 | | 00:39:38 | 00:39:35 |
| 26 | 346 | Jacek | Litawa | | Warszawa | 1970 | M40 | 4 | 26 | | 00:39:47 | 00:39:45 |
| 27 | 171 | Paweł | Troniarz | Dzkie_Dziki Raszyn | Rszyn | 1979 | M30 | 12 | 27 | | 00:39:51 | 00:39:46 |
| 28 | 20 | Łukasz | Rytel | PMArt Adventure | Pruszków | 1987 | M20 | 12 | 28 | | 00:39:53 | 00:39:53 |
| 29 | 449 | Emilia | Zielińska | Wieczorek Team | Warszawa | 1983 | K30 | 1 | | 1 | 00:40:09 | 00:40:08 |

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Wyniki

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| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|-------------|---|-------------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 30 | 145 | Krzysztof | Korol | | Warszawa | 1976 | M30 | 13 | 29 | | 00:40:32 | 00:40:29 |
| 31 | 81 | Artur | Panasiuk | PTA Team | Pruszków | 1976 | M30 | 14 | 30 | | 00:40:43 | 00:40:39 |
| 32 | 252 | Błażej | Mrozinski | | Warszawa | 1982 | M30 | 15 | 31 | | 00:40:43 | 00:40:43 |
| 33 | 82 | Konrad | Pietrusiak | Drużyna z Tartaku | Pruszków | 1982 | M30 | 16 | 32 | | 00:40:54 | 00:40:47 |
| 34 | 100 | Dariusz | Siedlecki | BEMOZAŁOGA | Warszawa | 1971 | M40 | 5 | 33 | | 00:40:54 | 00:40:52 |
| 35 | 435 | Adam | Janeczek | | Kozienice | 1987 | M20 | 13 | 34 | | 00:41:03 | 00:41:00 |
| 36 | 276 | Radosław | Gozdek | DB Schenker | Warszawa | 1973 | M40 | 6 | 35 | | 00:41:04 | 00:41:01 |
| 37 | 77 | Jacek | Kulpik | WPRunning Parkrun | PRUSZKÓW | 1970 | M40 | 7 | 36 | | 00:41:09 | 00:41:06 |
| 38 | 373 | Daniel | Dumeracki | Dogoń Grodzisk Mazowiecki | Piastów | 1977 | M30 | 17 | 37 | | 00:41:31 | 00:41:10 |
| 39 | 391 | Mariusz | Mączyński | Juventus | Piastów | 1982 | M30 | 18 | 38 | | 00:41:37 | 00:41:28 |
| 40 | 33 | Paweł | Wink | | Pruszków | 1982 | M30 | 19 | 39 | | 00:41:32 | 00:41:31 |
| 41 | 27 | Marcin | Zatorski | Błonie biega | Błonie | 1975 | M40 | 8 | 40 | | 00:41:42 | 00:41:38 |
| 42 | 289 | Paweł | Grzybowski | TNT | Warszawa | 1990 | M20 | 14 | 41 | | 00:42:04 | 00:41:39 |
| 43 | 26 | Norbert | Ścisłowski | KS Start Pułaski Warka | Warka | 1982 | M30 | 20 | 42 | | 00:41:51 | 00:41:49 |
| 44 | 247 | Sebastian | Grzejszczyk | RR RUNNERS | Ożarów Mazowiecki | 1986 | M20 | 15 | 43 | | 00:42:00 | 00:41:55 |
| 45 | 104 | Dorota | Kamień | | Warszawa | 1972 | K40 | 1 | | 2 | 00:42:05 | 00:42:01 |
| 46 | 172 | Marcin | Troniarz | Dzikiie_Dziki Raszyn | Raszyn | 1975 | M40 | 9 | 44 | | 00:42:25 | 00:42:20 |
| 47 | 209 | Jacek | Polak | | Warszawa | 1980 | M30 | 21 | 45 | | 00:42:28 | 00:42:26 |
| 48 | 254 | Michał | Kowalski | TG Sokół Zakopane | Warszawa | 1992 | M20 | 16 | 46 | | 00:42:30 | 00:42:27 |
| 49 | 426 | Jarosław | Szajewski | KM AKTYWNI SOCHACZEW | Sochaczew | 1976 | M30 | 22 | 47 | | 00:42:37 | 00:42:27 |
| 50 | 410 | Agnieszka | Kolano | | WARSZAWA | 1981 | K30 | 2 | | 3 | 00:42:32 | 00:42:28 |
| 51 | 234 | Karol | śledziwski | | Warszawa | 1983 | M30 | 23 | 48 | | 00:42:41 | 00:42:31 |
| 52 | 257 | Mariusz | Bartczak | Allianz Triathlon Team | Ciechanów | 1979 | M30 | 24 | 49 | | 00:42:39 | 00:42:31 |
| 53 | 55 | Andrzej | Maziński | | Pruszków | 1978 | M30 | 25 | 50 | | 00:42:44 | 00:42:36 |
| 54 | 169 | Kamila | Kucharska | Centrum Rehabilitacji Medycznej REHAPunkt Piastów | Warszawa | 1984 | K30 | 3 | | 4 | 00:42:50 | 00:42:48 |
| 55 | 31 | Artur | Joński | Hufiec Pruszków | Pruszków | 1989 | M20 | 17 | 51 | | 00:42:54 | 00:42:49 |
| 56 | 121 | Maciej | Mazuruk | awao | Warszawa | 1970 | M40 | 10 | 52 | | 00:43:04 | 00:42:54 |
| 57 | 451 | Łukasz | Jastrzębski | AIG Running Team | Skierniewice | 1985 | M30 | 26 | 53 | | 00:43:16 | 00:43:13 |
| 58 | 78 | Michał | Piskorz | | Pruszkow | 1989 | M20 | 18 | 54 | | 00:43:38 | 00:43:29 |

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|---------|-------|------------|--------------|------------------------------|---------------------|---------|------------|---------|----|---|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 59 | 173 | Grzegorz | Dąbrowski | | Warszawa | 1985 | M30 | 27 | 55 | | 00:43:38 | 00:43:36 |
| 60 | 14 | Stanisław | Maciejewski | run-log.com | warszawa | 1971 | M40 | 11 | 56 | | 00:43:42 | 00:43:36 |
| 61 | 440 | Juliusz | Warszawski | | Warszawa | 1998 | M20 | 19 | 57 | | 00:44:02 | 00:43:48 |
| 62 | 412 | Marcin | Herbik | | Warszawa | 1972 | M40 | 12 | 58 | | 00:43:56 | 00:43:49 |
| 63 | 416 | Łukasz | Sadalski | JacekBiega Running Team | Pruszków | 1974 | M40 | 13 | 59 | | 00:44:04 | 00:43:50 |
| 64 | 331 | Damian | Danielik | | Warszawa | 1986 | M20 | 20 | 60 | | 00:44:05 | 00:43:52 |
| 65 | 453 | Tomasz | Stefanowicz | | Suwałki | 1994 | M20 | 21 | 61 | | 00:44:05 | 00:43:52 |
| 66 | 184 | Rafał | Dziurdziak | Pruszków | Pruszków | 1994 | M20 | 22 | 62 | | 00:44:10 | 00:43:59 |
| 67 | 5 | Przemysław | Głębocki | DB Schenker | Brwinów | 1973 | M40 | 14 | 63 | | 00:44:06 | 00:43:59 |
| 68 | 56 | Andrzej | Mirkiewicz | | Pruszków | 1955 | M60 | 1 | 64 | | 00:44:05 | 00:43:59 |
| 69 | 413 | Tomasz | Zygmuntowicz | | Rybie | 1977 | M30 | 28 | 65 | | 00:44:08 | 00:44:02 |
| 70 | 248 | Michał | Walczak | | Pruszków | 1987 | M20 | 23 | 66 | | 00:44:20 | 00:44:04 |
| 71 | 216 | Adam | Niziński | | Grodzisk Mazowiecki | 1985 | M30 | 29 | 67 | | 00:44:11 | 00:44:09 |
| 72 | 48 | Piotr | Wólkiewicz | Pruszków | Pruszków | 1999 | M20 | 24 | 68 | | 00:44:30 | 00:44:17 |
| 73 | 342 | Arkadiusz | Boruczenko | EMTOR YALE TEAM | Toruń | 1986 | M20 | 25 | 69 | | 00:45:01 | 00:44:53 |
| 74 | 54 | Tomasz | Wojenka | WPRunning Parkrun | Pruszków | 1976 | M30 | 30 | 70 | | 00:44:58 | 00:44:55 |
| 75 | 229 | Maciek | Wąsowski | | Pruszków | 1994 | M20 | 26 | 71 | | 00:45:07 | 00:44:57 |
| 76 | 151 | Piotr | Szymański | | Pruszków | 1980 | M30 | 31 | 72 | | 00:45:19 | 00:45:01 |
| 77 | 288 | Tomasz | Kolosowski | TNT | Warszawa | 1982 | M30 | 32 | 73 | | 00:45:26 | 00:45:01 |
| 78 | 450 | Ryszard | Skowron | | Warszawa | 1997 | M20 | 27 | 74 | | 00:45:18 | 00:45:02 |
| 79 | 59 | Piotr | Szłaga | | Brwinów | 1979 | M30 | 33 | 75 | | 00:45:08 | 00:45:04 |
| 80 | 189 | Zbigniew | Świerczyński | OKSWiM Olsztyn T-11 | Czersk | 1950 | M60 | 2 | 76 | | 00:45:07 | 00:45:05 |
| 81 | 420 | Robert | Roszko | | Waszawa | 1977 | M30 | 34 | 77 | | 00:45:21 | 00:45:08 |
| 82 | 181 | Piotr | Mazur | RR RUNNERS | Piaseczno | 1985 | M30 | 35 | 78 | | 00:45:23 | 00:45:17 |
| 83 | 183 | Sławomir | Pośpiech | Pruszków | Pruszków | 1972 | M40 | 15 | 79 | | 00:45:32 | 00:45:21 |
| 84 | 235 | Robert | Olkowski | | Warszawa | 1982 | M30 | 36 | 80 | | 00:45:41 | 00:45:23 |
| 85 | 49 | Konrad | Kisielewicz | | Pruszków | 1982 | M30 | 37 | 81 | | 00:45:39 | 00:45:28 |
| 86 | 379 | Rafał | Szkwarek | Smurfit Kappa Adventure Team | Pruszkow | 1974 | M40 | 16 | 82 | | 00:45:36 | 00:45:32 |
| 87 | 52 | Michał | Ojrzanowski | BEMOZAŁOGA | Warszawa | 1975 | M40 | 17 | 83 | | 00:45:53 | 00:45:46 |

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|---------|-------|------------|--------------------|-----------------------|-------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 88 | 283 | Ryszard | Cieśla | Super WTP | Pruszków | 1973 | M40 | 18 | 84 | | 00:45:58 | 00:45:48 |
| 89 | 208 | Stefan | Nowakowski | | Skierniewice | 1977 | M30 | 38 | 85 | | 00:46:03 | 00:45:52 |
| 90 | 143 | Katarzyna | Stefańska | GLKS Nadarzyn | Warszawa | 1972 | K40 | 2 | | 5 | 00:46:01 | 00:45:56 |
| 91 | 243 | Michał | Olszewski | IBM Polska | Pruszków | 1983 | M30 | 39 | 86 | | 00:46:06 | 00:45:59 |
| 92 | 265 | Paweł | Daszkiewicz | | Ostrołęka | 1987 | M20 | 28 | 87 | | 00:46:02 | 00:45:59 |
| 93 | 161 | Jan | Górski | Kubuś Puchatek | Otrębusy | 1987 | M20 | 29 | 88 | | 00:46:05 | 00:46:00 |
| 94 | 210 | Joanna | Chodowicz-Szewczuk | | Warszawa | 1974 | K40 | 3 | | 6 | 00:46:18 | 00:46:04 |
| 95 | 180 | Marcin | Węgrzyn | RR RUNNERS | Warszawa | 1986 | M20 | 30 | 89 | | 00:46:11 | 00:46:06 |
| 96 | 177 | Kamil | Kacperski | RR RUNNERS | RYBIE | 1985 | M30 | 40 | 90 | | 00:46:14 | 00:46:08 |
| 97 | 85 | Krzysztof | Limanowski | | Warszawa | 1975 | M40 | 19 | 91 | | 00:46:32 | 00:46:08 |
| 98 | 414 | Małgorzata | Radkowska | TEAMOCHAL | Warszawa | 1988 | K20 | 1 | | 7 | 00:46:16 | 00:46:09 |
| 99 | 286 | Stanisław | Bończyk | TASOWANIE | Warszawa | 1983 | M30 | 41 | 92 | | 00:46:17 | 00:46:10 |
| 100 | 442 | Adam | Krysiak | | Pruszków | 1985 | M30 | 42 | 93 | | 00:46:43 | 00:46:36 |
| 101 | 353 | Zbigniew | Król | DB Schenker | Warszawa | 1979 | M30 | 43 | 94 | | 00:46:51 | 00:46:41 |
| 102 | 53 | Izabella | Gajewska | WPRunning Parkrun | Pruszków | 1981 | K30 | 4 | | 8 | 00:46:50 | 00:46:43 |
| 103 | 122 | Krzysztof | Pomykała | | pruszków | 1974 | M40 | 20 | 95 | | 00:47:03 | 00:46:47 |
| 104 | 341 | Łukasz | Nisterenko | EMTOR YALE TEAM | Toruń | 1984 | M30 | 44 | 96 | | 00:46:57 | 00:46:48 |
| 105 | 432 | Aniela | Krzepisz | | Warszawa | 1986 | K20 | 2 | | 9 | 00:47:11 | 00:46:51 |
| 106 | 427 | Jan | Kruczyński | TSL Kruczyński | Ostrołęka | 1985 | M30 | 45 | 97 | | 00:46:55 | 00:46:51 |
| 107 | 408 | Robert | Karp | Allianz Running Team | Łomianki | 1972 | M40 | 21 | 98 | | 00:46:59 | 00:46:51 |
| 108 | 315 | Tomasz | Celiński | TUPTUŚ Otwock | Otwock | 1968 | M40 | 22 | 99 | | 00:46:55 | 00:46:52 |
| 109 | 454 | Tomasz | Hancka | Kępa Pistols | Warszawa | 1975 | M40 | 23 | 100 | | 00:47:08 | 00:46:54 |
| 110 | 105 | Paweł | Szopa | | Pruszków | 1982 | M30 | 46 | 101 | | 00:47:11 | 00:46:55 |
| 111 | 419 | Hubert | Chojnowski | | PRUSZKÓW | 1985 | M30 | 47 | 102 | | 00:47:18 | 00:46:56 |
| 112 | 60 | Piotr | Sadowski | | Ożarów Mazowiecki | 1986 | M20 | 31 | 103 | | 00:47:07 | 00:46:56 |
| 113 | 211 | Joanna | Kamer | UKA | Pruszków | 1978 | K30 | 5 | | 10 | 00:47:05 | 00:46:57 |
| 114 | 62 | Paweł | Barczak | Pruszków | Pruszków | 1979 | M30 | 48 | 104 | | 00:47:18 | 00:47:03 |
| 115 | 86 | Przemek | Wyszogrodzki | | Pruszków | 1984 | M30 | 49 | 105 | | 00:47:21 | 00:47:10 |
| 116 | 452 | Bogusz | Barszcz | Rohlig Suus Logistics | Warszawa | 1988 | M20 | 32 | 106 | | 00:47:17 | 00:47:12 |

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|---------|-------|------------|---------------|---------------------|--------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 117 | 144 | Mariusz | Podbielski | | Pruszków | 1973 | M40 | 24 | 107 | | 00:47:29 | 00:47:13 |
| 118 | 445 | Darek | Deja | | Warszawa | 1974 | M40 | 25 | 108 | | 00:47:25 | 00:47:13 |
| 119 | 98 | Bartosz | Siedlecki | BEMOZAŁOGA | Warszawa | 1977 | M30 | 50 | 109 | | 00:47:23 | 00:47:15 |
| 120 | 179 | Łukasz | Surma | Kielce | Warszawa | 1984 | M30 | 51 | 110 | | 00:47:27 | 00:47:17 |
| 121 | 429 | Janusz | Kruczyński | TSL Kruczyński | Ostrołęka | 1959 | M50 | 1 | 111 | | 00:47:20 | 00:47:17 |
| 122 | 90 | Eryk | Maciejak | WPRunning Parkrun | Pruszków | 1981 | M30 | 52 | 112 | | 00:47:34 | 00:47:31 |
| 123 | 18 | Bartłomiej | Magnuski | | Pruszków | 1986 | M20 | 33 | 113 | | 00:47:39 | 00:47:32 |
| 124 | 250 | Eugeniusz | Koda | SGGW Runners | Warszawa | 1959 | M50 | 2 | 114 | | 00:47:47 | 00:47:35 |
| 125 | 72 | Jerzy | Babiński | | Nadarzyn | 1960 | M50 | 3 | 115 | | 00:47:54 | 00:47:42 |
| 126 | 268 | Bartłomiej | Ciastek | | Parzniew | 1983 | M30 | 53 | 116 | | 00:48:28 | 00:47:55 |
| 127 | 433 | Dariusz | Kosmala | warszawa | warszawa | 1964 | M50 | 4 | 117 | | 00:48:07 | 00:47:57 |
| 128 | 239 | Paweł | Michalski | Grupa Raben | Kraszew | 1980 | M30 | 54 | 118 | | 00:48:29 | 00:47:59 |
| 129 | 230 | Łukasz | Macheta | Agra-Art | Pruszków | 1983 | M30 | 55 | 119 | | 00:48:16 | 00:47:59 |
| 130 | 360 | Przemysław | Bielak | | Piastów | 1994 | M20 | 34 | 120 | | 00:48:22 | 00:48:12 |
| 131 | 279 | Norbert | Pająk | DB Schenker | Łódź | 1977 | M30 | 56 | 121 | | 00:48:29 | 00:48:15 |
| 132 | 70 | Robert | Potocki | | Pruszków | 1966 | M40 | 26 | 122 | | 00:48:42 | 00:48:18 |
| 133 | 363 | Monika | Strobin | Oxygen | Warszawa | 1981 | K30 | 6 | | 11 | 00:48:36 | 00:48:21 |
| 134 | 116 | Mikołaj | Talandziewicz | PTA Team | Pruszków | 1977 | M30 | 57 | 123 | | 00:48:41 | 00:48:30 |
| 135 | 332 | Andrzej | Partyka | Rohlig Suus | Rzeszów | 1979 | M30 | 58 | 124 | | 00:49:00 | 00:48:31 |
| 136 | 12 | Aleksandra | Suchanecka | Hufiec Pruszków ZHP | Brwinów | 1995 | K20 | 3 | | 12 | 00:48:51 | 00:48:38 |
| 137 | 309 | Michał | Woźniak | | Pruszków | 1981 | M30 | 59 | 125 | | 00:49:02 | 00:48:40 |
| 138 | 334 | Janusz T. | Wiśniewski | parkrun Pruszków | Pruszków | 1952 | M60 | 3 | 126 | | 00:48:49 | 00:48:43 |
| 139 | 398 | Marek | Płaskociński | | Milanówek | 1976 | M30 | 60 | 127 | | 00:49:00 | 00:48:45 |
| 140 | 428 | Ivan | Morales | | Pruszków, Parzniew | 1977 | M30 | 61 | 128 | | 00:49:05 | 00:48:48 |
| 141 | 106 | Mariusz | Okuń | | Pruszków | 1977 | M30 | 62 | 129 | | 00:49:09 | 00:48:53 |
| 142 | 321 | Fabian | Szmuřo | Rohlig Suus | Natolin | 1979 | M30 | 63 | 130 | | 00:49:08 | 00:48:55 |
| 143 | 290 | Iwona | Szablewicz | TNT | Warszawa | 1989 | K20 | 4 | | 13 | 00:49:24 | 00:49:00 |
| 144 | 38 | Bożena | Ceret | Pruszków | Pruszków | 1981 | K30 | 7 | | 14 | 00:49:11 | 00:49:02 |
| 145 | 205 | Mariusz | Kozłowski | DB Schenker | Warszawa | 1975 | M40 | 27 | 131 | | 00:49:12 | 00:49:03 |

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|---------|-------|-----------|-------------|----------------------------|---------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 146 | 91 | Adam | Zaborski | Parkrun TUNIA TEAM | Pruszków | 1970 | M40 | 28 | 132 | | 00:49:07 | 00:49:04 |
| 147 | 160 | Piotr | Dziubiński | | Warszawa | 1989 | M20 | 35 | 133 | | 00:49:34 | 00:49:10 |
| 148 | 296 | Robert | Wozniak | TNT | WARSZAWA | 1981 | M30 | 64 | 134 | | 00:49:41 | 00:49:12 |
| 149 | 318 | Grzegorz | Bober | | Warszawa | 1983 | M30 | 65 | 135 | | 00:49:17 | 00:49:13 |
| 150 | 293 | Roman | Siebiesiuk | TNT | Hajnówka | 1988 | M20 | 36 | 136 | | 00:49:39 | 00:49:14 |
| 151 | 394 | Andrzej | Gościński | | strzeniówka | 1975 | M40 | 29 | 137 | | 00:49:38 | 00:49:16 |
| 152 | 316 | Michał | Ostojski | | Michałowice | 1998 | M20 | 37 | 138 | | 00:49:31 | 00:49:17 |
| 153 | 80 | Rafał | Drożdżał | MiJa | PRUSZKÓW | 1976 | M30 | 66 | 139 | | 00:49:28 | 00:49:20 |
| 154 | 260 | Krzysztof | Urbański | EJKO Biegamy | Warszawa | 1982 | M30 | 67 | 140 | | 00:49:49 | 00:49:25 |
| 155 | 314 | Dominik | Szewczyk | Grupa Raben | Chrzanów Mały | 1991 | M20 | 38 | 141 | | 00:49:46 | 00:49:26 |
| 156 | 376 | Daniel | Walczak | | Łódź | 1997 | M20 | 38 | 141 | | 00:49:28 | 00:49:26 |
| 157 | 370 | Damian | Treliński | TNT | Warszawa | 1978 | M30 | 68 | 143 | | 00:49:51 | 00:49:27 |
| 158 | 37 | Sławomir | Kuropatwa | Bażant Team | Pruszków | 1983 | M30 | 69 | 144 | | 00:49:49 | 00:49:27 |
| 159 | 403 | Andrzej | Łażewski | 123-a-teraz-my.pl | Warszawa | 1967 | M40 | 30 | 145 | | 00:49:38 | 00:49:28 |
| 160 | 50 | Piotr | Litwiniuk | | Pruszków | 1982 | M30 | 70 | 146 | | 00:49:56 | 00:49:29 |
| 161 | 142 | Adam | Staciwa | | PRUSZKÓW | 1977 | M30 | 71 | 147 | | 00:49:36 | 00:49:31 |
| 162 | 7 | Adam | Daraż | EMTOR YALE TEAM | Zgierz | 1974 | M40 | 31 | 148 | | 00:49:45 | 00:49:36 |
| 163 | 272 | Ryszard | Deneka | DB Schenker | Piastów | 1974 | M40 | 32 | 149 | | 00:49:46 | 00:49:39 |
| 164 | 192 | Andrzej | Kubiak | | Pruszków | 1974 | M40 | 33 | 150 | | 00:49:48 | 00:49:41 |
| 165 | 351 | Piotr | Roszkowski | DB Schenker | Warszawa | 1973 | M40 | 34 | 151 | | 00:49:45 | 00:49:42 |
| 166 | 68 | Mariusz | Kowalski | | Pruszków | 1984 | M30 | 72 | 152 | | 00:49:54 | 00:49:43 |
| 167 | 15 | Hubert | Woźnica | | Komorów | 1986 | M20 | 40 | 153 | | 00:50:03 | 00:49:46 |
| 168 | 401 | Piotr | Dobrowolski | | Pruszkow | 1983 | M30 | 73 | 154 | | 00:50:06 | 00:49:48 |
| 169 | 32 | Tomasz | Ciechomski | | Pruszków | 1976 | M30 | 74 | 155 | | 00:49:57 | 00:49:51 |
| 170 | 375 | Maciej | Gryta | | Puławy | 1994 | M20 | 41 | 156 | | 00:49:58 | 00:49:55 |
| 171 | 36 | Paulina | Grumbianin | | PRUSZKÓW | 1973 | K40 | 4 | | 15 | 00:50:13 | 00:50:02 |
| 172 | 138 | Adam | Joński | Wielkie Księstwo Gąsińskie | Pruszków | 1985 | M30 | 75 | 157 | | 00:50:09 | 00:50:03 |
| 173 | 97 | Piotr | Tokarski | | Pruszków | 1978 | M30 | 76 | 158 | | 00:50:18 | 00:50:06 |
| 174 | 295 | Bartosz | Wójcik | TNT | Skrzeszew | 1986 | M20 | 42 | 159 | | 00:50:37 | 00:50:08 |

II Pruszkowski Bieg Wolności

Organizatorzy: Fundacja Chartered Institute of Cooperation, Urząd Miasta Pruszków

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Dystans: 10 km



Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------------------------------|-------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 175 | 415 | Robert | Boroszko | | Warszawa | 1975 | M40 | 35 | 160 | | 00:50:34 | 00:50:11 |
| 176 | 119 | Arkadiusz | Kęпка | | Parzniew | 1986 | M20 | 43 | 161 | | 00:50:34 | 00:50:12 |
| 177 | 113 | Michał | Białoszewski | Pruszkowscy Harcbiegacze | Stare Budy | 1996 | M20 | 44 | 162 | | 00:50:25 | 00:50:14 |
| 178 | 441 | Artur | Kulik | | Warszawa | 1980 | M30 | 77 | 163 | | 00:50:30 | 00:50:15 |
| 179 | 21 | Izabela | Kaczmarek | parkrun Pruszków | Pruszków | 1990 | K20 | 5 | | 16 | 00:50:27 | 00:50:17 |
| 180 | 137 | Adam | Jeziorek | | Pruszków | 1968 | M40 | 36 | 164 | | 00:50:31 | 00:50:27 |
| 181 | 141 | Tadeusz | Parczewski | | Pruszków | 1949 | M60 | 4 | 165 | | 00:50:50 | 00:50:33 |
| 182 | 124 | Adam | Bajena | Rodziny | Pruszków | 1973 | M40 | 37 | 166 | | 00:50:56 | 00:50:36 |
| 183 | 313 | Robert | Józwik | ARSUN Team | Warszawa | 1976 | M30 | 78 | 167 | | 00:50:52 | 00:50:37 |
| 184 | 165 | Przemysław | Nowak | Pruszków Occasionally Running Nation | Pruszków | 1980 | M30 | 79 | 168 | | 00:51:14 | 00:50:41 |
| 185 | 273 | Robert | Michalik | DB Schenker | Mińsk Mazowiecki | 1973 | M40 | 38 | 169 | | 00:50:52 | 00:50:44 |
| 186 | 126 | Marcin | Jędrzejewski | | Pruszków | 1980 | M30 | 80 | 170 | | 00:50:56 | 00:50:44 |
| 187 | 417 | Łukasz | Błachowicz | | Warszawa | 1988 | M20 | 45 | 171 | | 00:51:07 | 00:50:44 |
| 188 | 95 | Katarzyna | Agnieszczak | | Kamionka | 1989 | K20 | 6 | | 17 | 00:51:15 | 00:50:47 |
| 189 | 220 | Sylwia | Klepacka | | Piastów | 1989 | K20 | 7 | | 18 | 00:51:02 | 00:50:49 |
| 190 | 182 | Radosław | Zieliński | | Latchorzew | 1978 | M30 | 81 | 172 | | 00:51:06 | 00:50:51 |
| 191 | 335 | Dawid | Janeczek | PDJ | Pruszków | 1984 | M30 | 82 | 173 | | 00:51:12 | 00:50:53 |
| 192 | 153 | Michał | Bartnik | KB Ożarów Mazowiecki Biega | Ożarów Mazowiecki | 1978 | M30 | 83 | 174 | | 00:51:08 | 00:50:53 |
| 193 | 333 | Radosław | Szatkowski | wolno i wolniej | Pruszków | 1974 | M40 | 39 | 175 | | 00:51:03 | 00:50:55 |
| 194 | 330 | Krzysztof | Rzeźniczek | SUUS | Nowa Wola | 1981 | M30 | 84 | 176 | | 00:51:07 | 00:51:03 |
| 195 | 387 | Grzegorz | Kruszko | | Komorów | 1964 | M50 | 5 | 177 | | 00:51:19 | 00:51:06 |
| 196 | 437 | Janusz | Bukowski | Stowarzyszenie Dać Siebie Innym | Warszawa | 1956 | M50 | 6 | 178 | | 00:51:10 | 00:51:08 |
| 197 | 102 | Hubert | Gałowski | Misio Wstał z Kanapy | Pruszków | 1983 | M30 | 85 | 179 | | 00:51:35 | 00:51:21 |
| 198 | 280 | Przemek | Śliwiński | Grupa Raben | Poznań | 1979 | M30 | 86 | 180 | | 00:51:56 | 00:51:25 |
| 199 | 292 | Daniel | Skolimowski | TNT | Kołbiel | 1975 | M40 | 40 | 181 | | 00:51:57 | 00:51:28 |
| 200 | 154 | Damian | Kubicki | | Koszajec | 1987 | M20 | 46 | 182 | | 00:51:50 | 00:51:31 |
| 201 | 285 | Magdalena | Siwiec | | Komorow | 1988 | K20 | 8 | | 19 | 00:51:50 | 00:51:31 |
| 202 | 430 | Waldemar | Matysiak | Żyr.A.F.A. Żyrdów | Żyrdów | 1955 | M60 | 5 | 183 | | 00:51:57 | 00:51:36 |
| 203 | 397 | Łukasz | Tobrucki | | Pęcice Małe | 1973 | M40 | 41 | 184 | | 00:51:58 | 00:51:40 |

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Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|-------------|----------------------------------|---------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 204 | 388 | Paweł | Brzozowski | | Piastów | 1984 | M30 | 87 | 185 | | 00:51:48 | 00:51:41 |
| 205 | 357 | Jacek | Zgutka | Ochotnicza Straż Pożarna Piastów | Piastów | 1979 | M30 | 88 | 186 | | 00:51:48 | 00:51:41 |
| 206 | 188 | Ania | Golonka | | Parczew | 1987 | K20 | 9 | | 20 | 00:51:59 | 00:51:50 |
| 207 | 308 | Jacek | Gaj | | Warszawa | 1980 | M30 | 89 | 187 | | 00:52:09 | 00:51:54 |
| 208 | 79 | Mariusz | Mernitz | motointegrator zawsze do przodu | Pruszków | 1986 | M20 | 47 | 188 | | 00:52:31 | 00:51:56 |
| 209 | 302 | Marta | Głębocka | e-przemek.pl | Brwinów | 1972 | K40 | 5 | | 21 | 00:52:25 | 00:52:13 |
| 210 | 167 | Paweł | Tomczak | | Pruszków | 1962 | M50 | 7 | 189 | | 00:52:31 | 00:52:15 |
| 211 | 303 | Tomasz | Stempel | | Warszawa | 1974 | M40 | 42 | 190 | | 00:52:35 | 00:52:22 |
| 212 | 195 | Bartek | Cygan | | Pruszków | 1987 | M20 | 48 | 191 | | 00:52:53 | 00:52:22 |
| 213 | 348 | Grzegorz | Zabłocki | EMTOR YALE TEAM | Nadarzyn | 1963 | M50 | 8 | 192 | | 00:52:43 | 00:52:34 |
| 214 | 67 | Alicja | Kowalska | | Pruszków | 1985 | K30 | 8 | | 22 | 00:52:51 | 00:52:40 |
| 215 | 75 | Daniel | Chochół | | Pruszków | 1992 | M20 | 49 | 193 | | 00:53:12 | 00:52:47 |
| 216 | 278 | Daniel | Osiekowicz | DB Schenker | Pruszków | 1988 | M20 | 50 | 194 | | 00:53:06 | 00:52:54 |
| 217 | 176 | Jacek | Piekarski | Brwinów | Brwinów | 1966 | M40 | 43 | 195 | | 00:53:27 | 00:52:55 |
| 218 | 34 | Anna | Chmiel | | Pruszków | 1975 | K40 | 6 | | 23 | 00:53:30 | 00:52:55 |
| 219 | 42 | Monika | Zawistowska | | Pruszkow | 1975 | K40 | 7 | | 24 | 00:53:09 | 00:52:56 |
| 220 | 326 | Łukasz | Lewicki | | Warszawa | 1991 | M20 | 51 | 196 | | 00:53:04 | 00:52:58 |
| 221 | 392 | Sebastian | Karbowiak | | Nowa Wieś | 1969 | M40 | 44 | 197 | | 00:53:12 | 00:52:58 |
| 222 | 109 | Grażyna | Majkowska | | Pruszków | 1981 | K30 | 9 | | 25 | 00:53:11 | 00:53:02 |
| 223 | 35 | Tomasz | Wasiak | | Pruszków | 1985 | M30 | 90 | 198 | | 00:53:37 | 00:53:02 |
| 224 | 307 | Marcin | Snopek | | Pruszków | 1975 | M40 | 45 | 199 | | 00:53:13 | 00:53:03 |
| 225 | 374 | Paweł | Janeczek | | Pruszków | 1987 | M20 | 52 | 200 | | 00:53:33 | 00:53:14 |
| 226 | 41 | Paweł | Ziętek | | Pruszków | 1976 | M30 | 91 | 201 | | 00:53:34 | 00:53:14 |
| 227 | 298 | Iwona | Tadysz | TNT | Katowice | 1986 | K20 | 10 | | 26 | 00:53:45 | 00:53:17 |
| 228 | 369 | Marzena | Gasiewska | Rohlig Suus Logistics | Borzecin Duży | 1979 | K30 | 10 | | 27 | 00:53:25 | 00:53:22 |
| 229 | 83 | Paweł | Pietranik | Night Runners Albatrosy | Pruszków | 1986 | M20 | 53 | 202 | | 00:53:53 | 00:53:29 |
| 230 | 424 | Grzegorz | Sobania | | Kręczki | 1985 | M30 | 92 | 203 | | 00:54:09 | 00:53:38 |
| 231 | 45 | Sławomir | Michalak | inzynier.eu nosi trailowe botki | Pruszków | 1967 | M40 | 46 | 204 | | 00:53:53 | 00:53:38 |
| 232 | 300 | Rafał | Pawik | TNT | STRZYŻOWICE | 1975 | M40 | 47 | 205 | | 00:54:07 | 00:53:40 |

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Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|------------|--------------|--------------------------------------|--------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 233 | 73 | Leszek | Jakóbowski | | Pruszków | 1968 | M40 | 48 | 206 | | 00:54:04 | 00:53:44 |
| 234 | 222 | Radosław | Kulik | | Pruszków | 1979 | M30 | 93 | 207 | | 00:54:17 | 00:53:49 |
| 235 | 170 | Ireneusz | Goździkowski | | Warszawa | 1961 | M50 | 9 | 208 | | 00:53:59 | 00:53:50 |
| 236 | 371 | Łukasz | Sitnik | TNT | Pilawa | 1984 | M30 | 94 | 209 | | 00:54:24 | 00:53:55 |
| 237 | 6 | Sławomir | Błotny | Grupa Raben | Puszczykowo | 1968 | M40 | 49 | 210 | | 00:54:31 | 00:54:01 |
| 238 | 139 | Wacław | Grymuza | | Pruszków | 1987 | M20 | 54 | 211 | | 00:54:28 | 00:54:03 |
| 239 | 217 | Aleksandra | Pawełczyk | | Pruszków | 1984 | K30 | 11 | | 28 | 00:54:18 | 00:54:05 |
| 240 | 57 | Krzysztof | Maszczyński | | Pruszków | 1982 | M30 | 95 | 212 | | 00:54:13 | 00:54:07 |
| 241 | 343 | Tomasz | Dzieńkowski | EMTOR YALE TEAM | warszawa | 1973 | M40 | 50 | 213 | | 00:54:19 | 00:54:10 |
| 242 | 206 | Rafał | Augustyniak | | Pruszków | 1990 | M20 | 55 | 214 | | 00:54:49 | 00:54:12 |
| 243 | 383 | Paweł | Postek | | pruszków | 1976 | M30 | 96 | 215 | | 00:54:39 | 00:54:21 |
| 244 | 214 | Wiktor | Jarawka | Pruszków Occasionally Running Nation | Pruszków | 1984 | M30 | 97 | 216 | | 00:54:56 | 00:54:21 |
| 245 | 240 | Jakub | Mikołajczyk | Grupa Raben | Aleksandrów Łódzki | 1980 | M30 | 98 | 217 | | 00:55:02 | 00:54:31 |
| 246 | 19 | Marzena | Kruszyńska | Kruszon Team | Pruszków | 1976 | K30 | 12 | | 29 | 00:54:40 | 00:54:31 |
| 247 | 297 | Dorota | Hernas | TNT | Koszarawa | 1989 | K20 | 11 | | 30 | 00:55:02 | 00:54:34 |
| 248 | 64 | Jadwiga | Gałuszka | Trucht Tarchomin Team | Pruszków | 1977 | K30 | 13 | | 31 | 00:55:02 | 00:54:34 |
| 249 | 219 | Paweł | Klepacki | | Piastów | 1982 | M30 | 99 | 218 | | 00:54:51 | 00:54:38 |
| 250 | 227 | Artur | Ceret | | Pruszków | 1983 | M30 | 100 | 219 | | 00:54:50 | 00:54:39 |
| 251 | 366 | Piotr | Oleksiak | | Warszawa | 1973 | M40 | 51 | 220 | | 00:55:21 | 00:54:45 |
| 252 | 444 | Tomasz | Piechowski | | Warszawa | 1977 | M30 | 101 | 221 | | 00:55:21 | 00:54:45 |
| 253 | 399 | Marcin | Ojrzyński | | Pruszków | 1973 | M40 | 52 | 222 | | 00:55:08 | 00:54:49 |
| 254 | 393 | Justyna | Gościńska | | strzeniówka | 1980 | K30 | 14 | | 32 | 00:55:12 | 00:54:50 |
| 255 | 436 | Paweł | Starczewski | | Pruszków | 1961 | M50 | 10 | 223 | | 00:55:19 | 00:54:58 |
| 256 | 389 | Tomasz | Szymański | VELMAR TEAM | Pruszków | 1964 | M50 | 11 | 224 | | 00:55:21 | 00:55:06 |
| 257 | 117 | Krzysztof | Hrapkowicz | | Pruszków | 1957 | M50 | 12 | 225 | | 00:55:33 | 00:55:06 |
| 258 | 338 | Piotr | Zagubieniak | Rohlig Suus | Warszawa | 1983 | M30 | 102 | 226 | | 00:55:14 | 00:55:09 |
| 259 | 284 | Maciej | Siwiec | | Komorów | 1982 | M30 | 103 | 227 | | 00:55:30 | 00:55:10 |
| 260 | 306 | Sabina | Dudzińska | | Teresin | 1984 | K30 | 15 | | 33 | 00:55:16 | 00:55:10 |
| 261 | 390 | Tomasz | Bogusz | | Nadarzyn | 1991 | M20 | 56 | 228 | | 00:55:32 | 00:55:12 |

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Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|------------|-------------------|-------------------------------------|---------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 262 | 305 | Marek | Paciorek | 26. WOG | Grodzisk Mazowiecki | 1957 | M50 | 13 | 229 | | 00:55:46 | 00:55:20 |
| 263 | 367 | Paweł | Srokosz | | Warszawa | 1972 | M40 | 53 | 230 | | 00:56:13 | 00:55:37 |
| 264 | 130 | Alicja | Placha-Vasilevska | | Pruszków | 1981 | K30 | 16 | | 34 | 00:56:08 | 00:55:39 |
| 265 | 71 | Agnieszka | Potocka | | Pruszków | 1972 | K40 | 8 | | 35 | 00:56:04 | 00:55:40 |
| 266 | 101 | Lidia | Kurcińska | | Piaseczno | 1981 | K30 | 17 | | 36 | 00:56:10 | 00:55:41 |
| 267 | 271 | Dawid | Olszak | DB Schenker | Warszawa | 1990 | M20 | 57 | 231 | | 00:56:06 | 00:55:42 |
| 268 | 282 | Magdalena | Dworak | | Parzniew | 1980 | K30 | 18 | | 37 | 00:55:49 | 00:55:43 |
| 269 | 237 | Monika | Rola | | Pruszków | 1981 | K30 | 19 | | 38 | 00:56:10 | 00:55:47 |
| 270 | 175 | Izabela | Zaborska-Józefik | Run Forest Run | WARSZAWA | 1971 | K40 | 9 | | 39 | 00:55:59 | 00:55:47 |
| 271 | 236 | Przemysław | Marszałek | T2S | Warszawa | 1982 | M30 | 104 | 232 | | 00:55:55 | 00:55:47 |
| 272 | 174 | Emilia | Jończyk | Run Forest Run | Warszawa | 1971 | K40 | 10 | | 40 | 00:55:59 | 00:55:47 |
| 273 | 96 | Amelia | Kotlarska | Parzniew | Parzniew | 1974 | K40 | 11 | | 41 | 00:55:59 | 00:55:53 |
| 274 | 256 | Grzegorz | Sieczkowski | | Pruszków | 1982 | M30 | 105 | 233 | | 00:56:22 | 00:56:01 |
| 275 | 455 | Aldona | Piotrowska | | Warszawa | 1979 | K30 | 20 | | 42 | 00:56:20 | 00:56:04 |
| 276 | 339 | Iwetta | Drewko-Bieńkowska | | Warszawa | 1970 | K40 | 12 | | 43 | 00:56:08 | 00:56:04 |
| 277 | 405 | Przemysław | Mońko | Smurfit Kappa Adventure Team Poland | Warszawa | 1985 | M30 | 106 | 234 | | 00:56:11 | 00:56:07 |
| 278 | 359 | Kamil | Nować | Natural Born Runners | Nadarzyn | 1991 | M20 | 58 | 235 | | 00:56:29 | 00:56:09 |
| 279 | 135 | Teresa | Żywek | | Warszawa | 1947 | K60 | 1 | | 44 | 00:56:32 | 00:56:11 |
| 280 | 349 | Robert | Bujarski | DB Schenker | Teresin | 1985 | M30 | 107 | 236 | | 00:56:24 | 00:56:12 |
| 281 | 197 | Renata | Milczarek | | Pruszków | 1968 | K40 | 13 | | 45 | 00:56:33 | 00:56:14 |
| 282 | 128 | Tomasz | Czech | | Pruszków | 1980 | M30 | 108 | 237 | | 00:56:41 | 00:56:20 |
| 283 | 207 | Dariusz | Marcinkowski | | Sochaczew | 1958 | M50 | 14 | 238 | | 00:56:38 | 00:56:21 |
| 284 | 329 | Michał | Laskus | | Piaseczno | 1987 | M20 | 59 | 239 | | 00:56:27 | 00:56:21 |
| 285 | 66 | Tomasz | Dobkowski | | Pruszków | 1979 | M30 | 109 | 240 | | 00:56:53 | 00:56:34 |
| 286 | 266 | Kamilla | Zimnicka | | Warszawa | 1975 | K40 | 14 | | 46 | 00:56:54 | 00:56:38 |
| 287 | 319 | Grzegorz | Korczyński | | Warszawa | 1979 | M30 | 110 | 241 | | 00:56:42 | 00:56:38 |
| 288 | 347 | Karolina | Butkiewicz | TrenerBiegania.pl | Warszawa | 1978 | K30 | 21 | | 47 | 00:57:02 | 00:56:43 |
| 289 | 448 | Andrzej | Dołęga | | Nadarzyn | 1973 | M40 | 54 | 242 | | 00:57:19 | 00:56:43 |
| 290 | 425 | Piotr | Kaczyński | | Janowo | 1986 | M20 | 60 | 243 | | 00:57:16 | 00:56:45 |

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Wyniki

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| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|------------|---------------|--------------------------|----------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 291 | 382 | Tomasz | Twardowski | | Pruszków | 1975 | M40 | 55 | 244 | | 00:57:08 | 00:56:50 |
| 292 | 324 | Dariusz | Dębski | | Tarczyn | 1989 | M20 | 61 | 245 | | 00:57:15 | 00:56:58 |
| 293 | 395 | Aleksandra | Krosnowska | | Komorów | 1994 | K20 | 12 | | 48 | 00:57:07 | 00:56:59 |
| 294 | 162 | Mikołaj | Kołodziejczyk | | Pruszków | 1980 | M30 | 111 | 246 | | 00:57:14 | 00:57:00 |
| 295 | 114 | Mariusz | Marzec | | Warszawa | 1963 | M50 | 15 | 247 | | 00:57:27 | 00:57:00 |
| 296 | 299 | Marcin | Siarkiewicz | TNT | Katowice | 1980 | M30 | 112 | 248 | | 00:57:33 | 00:57:03 |
| 297 | 384 | Edyta | Balcerowska | | Pruszków | 1988 | K20 | 13 | | 49 | 00:57:34 | 00:57:11 |
| 298 | 25 | Gosia | Golebiowska | | Pruszków | 1978 | K30 | 22 | | 50 | 00:57:54 | 00:57:21 |
| 299 | 380 | Elżbieta | Solecka | | Pruszków | 1961 | K50 | 1 | | 51 | 00:57:38 | 00:57:31 |
| 300 | 386 | Anna | Burek | | Pruszków | 1974 | K40 | 15 | | 52 | 00:57:56 | 00:57:33 |
| 301 | 43 | Wojciech | Klauza | 12tri.pl | Pruszków | 1971 | M40 | 56 | 249 | | 00:57:41 | 00:57:33 |
| 302 | 63 | Zbyszek | Kłós | TAK SOBIE BIEGAM-PIASTÓW | PIASTÓW | 1960 | M50 | 16 | 250 | | 00:58:08 | 00:57:34 |
| 303 | 259 | Arkadiusz | Andruczyk | EJKO Biegamy | Błonie | 1974 | M40 | 57 | 251 | | 00:58:02 | 00:57:36 |
| 304 | 164 | Marek | Zemsta | | Antwerpia | 1976 | M30 | 113 | 252 | | 00:58:12 | 00:57:42 |
| 305 | 421 | Piotr | Ceregra | | Warszawa | 1973 | M40 | 58 | 253 | | 00:58:14 | 00:57:44 |
| 306 | 457 | Wioleta | Chmielewska | | Pruszków | 1992 | K20 | 14 | | 53 | 00:58:00 | 00:57:51 |
| 307 | 120 | Barbara | Kamińska | | Pruszków | 1977 | K30 | 23 | | 54 | 00:58:28 | 00:57:59 |
| 308 | 287 | Joanna | Gala | | Sochaczew | 1979 | K30 | 24 | | 55 | 00:58:23 | 00:58:00 |
| 309 | 404 | Piotr | Pikul | bph runners team | warszawa | 1980 | M30 | 114 | 254 | | 00:58:46 | 00:58:07 |
| 310 | 245 | Dominik | Dobkowski | | Pruszków | 1977 | M30 | 115 | 255 | | 00:58:26 | 00:58:07 |
| 311 | 51 | Katarzyna | Celmer | | Parzniew | 1982 | K30 | 25 | | 56 | 00:58:17 | 00:58:11 |
| 312 | 202 | Tadeusz | Janiuk | | Pruszków | 1976 | M30 | 116 | 256 | | 00:58:41 | 00:58:12 |
| 313 | 127 | Henryk | Bartosik | | Pruszków | 1955 | M60 | 6 | 257 | | 00:58:31 | 00:58:24 |
| 314 | 262 | Magdalena | Górska | VRC | Pruszków | 1981 | K30 | 26 | | 57 | 00:58:40 | 00:58:24 |
| 315 | 352 | Robert | Dąbski | DB Schenker | Nowy Dwór Mazowiecki | 1970 | M40 | 59 | 258 | | 00:58:38 | 00:58:26 |
| 316 | 238 | Jerzy | Ciechowski | | Warszawa | 1949 | M60 | 7 | 259 | | 00:59:02 | 00:58:28 |
| 317 | 74 | Paweł | Nowosiński | ---- | Pruszków | 1973 | M40 | 60 | 260 | | 00:58:58 | 00:58:28 |
| 318 | 350 | Szymon | Urbańczyk | DB Schenker | Jasieniec | 1978 | M30 | 117 | 261 | | 00:58:42 | 00:58:30 |
| 319 | 158 | Marcin | Drewniak | | Koczargi Stare | 1969 | M40 | 61 | 262 | | 00:59:06 | 00:58:36 |

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Dystans: 10 km



Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|------------|----------------------|--------------------------------------|---------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 320 | 291 | Paweł | Wóltański | TNT | Wyszaków | 1985 | M30 | 118 | 263 | | 00:59:14 | 00:58:49 |
| 321 | 361 | Katarzyna | Dąbrowska | | warszawa | 1978 | K30 | 27 | | 58 | 00:59:29 | 00:59:13 |
| 322 | 431 | Małgorzata | Przybylska | KM AKTYWNI SOCHACZEW | Sochaczew | 1969 | K40 | 16 | | 59 | 00:59:44 | 00:59:33 |
| 323 | 178 | Rafał | Lewczuk | | Pruszków | 1981 | M30 | 119 | 264 | | 00:59:44 | 00:59:33 |
| 324 | 132 | Zbyszek | Suchański | | REGUŁY | 1957 | M50 | 17 | 265 | | 01:00:00 | 00:59:34 |
| 325 | 44 | Kamil | Klauza | | Pruszków | 1995 | M20 | 62 | 266 | | 00:59:42 | 00:59:35 |
| 326 | 261 | Paweł | Kolczyński | | Błonie | 1969 | M40 | 62 | 267 | | 01:00:01 | 00:59:36 |
| 327 | 301 | Aleksandra | Maciejak | TNT | Marki | 1974 | K40 | 17 | | 60 | 01:00:03 | 00:59:36 |
| 328 | 65 | Rafał | Krupa | | Raszyn | 1984 | M30 | 120 | 268 | | 01:00:03 | 00:59:55 |
| 329 | 264 | Ewa | Głusińska | | Pruszków | 1975 | K40 | 18 | | 61 | 01:00:21 | 00:59:57 |
| 330 | 400 | Rosemary | Moore | | Pruszków | 1977 | K30 | 28 | | 62 | 01:00:27 | 01:00:09 |
| 331 | 418 | Damian | Kotlarski | | Parzniew | 1973 | M40 | 63 | 269 | | 01:00:18 | 01:00:14 |
| 332 | 251 | Anna | Anaszko | | Pruszków | 1978 | K30 | 29 | | 63 | 01:00:40 | 01:00:19 |
| 333 | 423 | Damian | Orliński | | Młodzieszyn | 1987 | M20 | 63 | 270 | | 01:00:50 | 01:00:19 |
| 334 | 89 | Jerzy | Burbelka | | Warszawa | 1970 | M40 | 64 | 271 | | 01:00:36 | 01:00:19 |
| 335 | 155 | Adam | Lisiecki | | Pruszków | 1982 | M30 | 121 | 272 | | 01:00:53 | 01:00:37 |
| 336 | 212 | Jarek | Kamer | UKA | Pruszków | 1977 | M30 | 122 | 273 | | 01:01:28 | 01:00:52 |
| 337 | 434 | Joanna | Kossakowska | | Grodzisk Mazowiecki | 1981 | K30 | 30 | | 64 | 01:01:00 | 01:00:53 |
| 338 | 263 | Witold | Felak | EJKO Biegamy | Warszawa | 1962 | M50 | 18 | 274 | | 01:01:32 | 01:01:07 |
| 339 | 323 | Anna | Galas | | Piaseczno | 1979 | K30 | 31 | | 65 | 01:01:15 | 01:01:10 |
| 340 | 200 | Michał | Bestry | Pruszków Occasionally Running Nation | Pruszków | 1984 | M30 | 123 | 275 | | 01:01:49 | 01:01:14 |
| 341 | 304 | Paweł | Paciorek | 1. Baza Lotnictwa Transportowego | Grodzisk Mazowiecki | 1981 | M30 | 124 | 276 | | 01:02:02 | 01:01:36 |
| 342 | 111 | Arkadiusz | Łoza | | Parzniew | 1984 | M30 | 125 | 277 | | 01:02:03 | 01:01:40 |
| 343 | 409 | Dariusz | Zbrowski | Biegnę, żeby Bartek mógł biegać. | PRUSZKÓW | 1959 | M50 | 19 | 278 | | 01:02:25 | 01:01:48 |
| 344 | 108 | Mirosław | Wójcicki | Pruszków | PRUSZKÓW | 1964 | M50 | 20 | 279 | | 01:02:06 | 01:01:56 |
| 345 | 168 | Paulina | Wysocka | | Łowicz | 1985 | K30 | 32 | | 66 | 01:02:28 | 01:02:00 |
| 346 | 112 | Wioletta | Bączyk-Jarmońkiewicz | | Pruszków | 1978 | K30 | 33 | | 67 | 01:02:32 | 01:02:23 |
| 347 | 218 | Anna | Płukarska | | Pruszków | 1981 | K30 | 34 | | 68 | 01:02:42 | 01:02:27 |
| 348 | 215 | Karolina | Gustawska | | Piastów | 1996 | K20 | 15 | | 69 | 01:02:46 | 01:02:27 |

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Wyniki

Klasyfikacja wg czasów netto (z wyjątkiem pierwszych 30 zawodników)

| Miejsce | Numer | Imię | Nazwisko | Klub | Miejscowość | Rocznik | Kat. wiek. | Miejsce | | | Wynik | Czas netto |
|---------|-------|-----------|--------------------|-----------------------|------------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 349 | 443 | Agnieszka | Hemmerich | | Wolica | 1986 | K20 | 16 | | 70 | 01:03:26 | 01:03:03 |
| 350 | 396 | Beata | Aksamit | | Granica | 1970 | K40 | 19 | | 71 | 01:03:16 | 01:03:06 |
| 351 | 193 | Katarzyna | Sokołowska | | Komorów | 1978 | K30 | 35 | | 72 | 01:03:34 | 01:03:06 |
| 352 | 355 | Joanna | Banaszewska | | Warszawa | 1977 | K30 | 36 | | 73 | 01:03:44 | 01:03:18 |
| 353 | 456 | Marcin | Dobek | | Piastów | 1976 | M30 | 126 | 280 | | 01:03:51 | 01:03:22 |
| 354 | 76 | Sebastian | Bownik | Parzniew II | Pruszków | 1981 | M30 | 127 | 281 | | 01:03:43 | 01:03:23 |
| 355 | 196 | Dorota | Ziętek | | Pruszków | 1986 | K20 | 17 | | 74 | 01:04:08 | 01:03:48 |
| 356 | 46 | Marzena | Ludwisiak | | Pruszków | 1984 | K30 | 37 | | 75 | 01:04:23 | 01:03:49 |
| 357 | 223 | Agata | Jabłońska-Luźnia | | Pruszków | 1980 | K30 | 38 | | 76 | 01:04:24 | 01:03:51 |
| 358 | 422 | Krzysztof | Gąsiewski | Rohlig Suus Logistics | Borzęcin Duży | 1981 | M30 | 128 | 282 | | 01:03:56 | 01:03:53 |
| 359 | 39 | Iwona | Makowska | | Pruszków | 1977 | K30 | 39 | | 77 | 01:04:38 | 01:04:01 |
| 360 | 103 | Jacek | Wojdała | | Pruszków | 1978 | M30 | 129 | 283 | | 01:04:38 | 01:04:01 |
| 361 | 267 | Iwona | Gogolińska | | Pruszków | 1975 | K40 | 20 | | 78 | 01:04:38 | 01:04:15 |
| 362 | 310 | Ryszard | Sawa | Pruszków Biega | Pruszków | 1944 | M70+ | 1 | 284 | | 01:05:32 | 01:04:57 |
| 363 | 166 | Jarosław | Poczekalewicz | Drużyna Szpiku | Żyrardów | 1975 | M40 | 65 | 285 | | 01:05:23 | 01:05:03 |
| 364 | 231 | Huszu | Jachna | | Jaworzno | 1989 | K20 | 18 | | 79 | 01:05:25 | 01:05:03 |
| 365 | 337 | Magdalena | Hiczevska-Kawińska | TNT | Żyrardów | 1987 | K20 | 19 | | 80 | 01:06:40 | 01:06:13 |
| 366 | 277 | Ewa | Samonek | DB Schenker | Warszawa | 1990 | K20 | 20 | | 81 | 01:06:57 | 01:06:34 |
| 367 | 23 | Katarzyna | Abucewicz | | Pruszków | 1975 | K40 | 21 | | 82 | 01:07:39 | 01:07:17 |
| 368 | 224 | Anna | Jaglińska | | Warszawa | 1982 | K30 | 40 | | 83 | 01:08:06 | 01:07:41 |
| 369 | 225 | Anna | Kęsik | | Warszawa | 1982 | K30 | 41 | | 84 | 01:08:06 | 01:07:42 |
| 370 | 328 | Anna | Reszka | | Wola Przytkowska | 1986 | K20 | 21 | | 85 | 01:07:50 | 01:07:45 |
| 371 | 362 | Katarzyna | Wronczewska | | Warszawa | 1985 | K30 | 42 | | 86 | 01:08:53 | 01:08:26 |
| 372 | 233 | Jolanta | osiak | | Węgrów | 1983 | K30 | 43 | | 87 | 01:09:10 | 01:08:42 |
| 373 | 150 | Malwina | Szymańska | | Pruszków | 1980 | K30 | 44 | | 88 | 01:09:19 | 01:08:51 |
| 374 | 204 | Mirosław | Falba | Wola | Warszawa | 1956 | M50 | 21 | 286 | | 01:09:36 | 01:09:25 |
| 375 | 364 | Piotr | Świstak | | Warszawa | 1984 | M30 | 130 | 287 | | 01:11:10 | 01:10:45 |
| 376 | 327 | Jarosław | Staciwa | | Płochocin | 1989 | M20 | 64 | 288 | | 01:11:35 | 01:11:29 |
| 377 | 385 | Jacek | Zakrzewski | GTECH RUNNING TEAM | Warszawa | 1953 | M60 | 8 | 289 | | 01:13:04 | 01:12:42 |

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|------------|-------|-----------|----------|------|-------------|---------|------------|---------|-----|----|----------|------------|
| | | | | | | | | kat. | M | K | | |
| 378 | 186 | Katarzyna | Gołos | | Pruszków | 1988 | K20 | 22 | | 89 | 01:15:27 | 01:14:49 |
| 379 | 185 | Tomasz | Gołos | | Pruszków | 1964 | M50 | 22 | 290 | | 01:15:28 | 01:14:50 |
| RAZEM: 379 | | | | | | | | | | | | |