

# V Cross Ozimski "Pagórace"

## Wyniki - Bieg

Organizator: Stowarzyszenie „Biegamy-Pomagamy”

Data: 10.04.2022

Miasto: Ozimek

Dystans: 10,95 km



TIMESPORT

| Miejsce | Nr. | Kraj | Nazwisko, Imię     | Rok  | Miasto            | Klub                       | Czas  | Tempo<br>min/km | Kat. Wiek.    |
|---------|-----|------|--------------------|------|-------------------|----------------------------|-------|-----------------|---------------|
| 1       | 121 | POL  | Pawelczak Mateusz  | 1995 | Złochowice        |                            | 39:54 | 03:38           | 1° Open       |
| 2       | 70  | POL  | Kokot Daniel       | 1992 | Ozimek            | RajSPORT Active            | 45:07 | 04:07           | 2° Open       |
| 3       | 29  | POL  | Czupala Kamil      | 2004 | Niwki             |                            | 45:25 | 04:09           | 3° Open       |
| 4       | 120 | POL  | Pawelczak Barbara  | 1994 | Złochowice        |                            | 46:29 | 04:15           | 1° Open       |
| 5       | 85  | POL  | Luzar Rafał        | 1979 | Opole             |                            | 46:37 | 04:16           | 1° Masters M  |
| 6       | 93  | POL  | Marciniak Dawid    | 1989 | Opole             | KB Odra Opole              | 46:51 | 04:17           | 1° Senior M   |
| 7       | 1   | POL  | Podgórnny Mariusz  | 1993 | Ozimek            | Active Team Ozimek         | 47:56 | 04:23           | 2° Senior M   |
| 8       | 11  | POL  | Bialek Piotr       | 1981 | Skorogoszcz       | STAN UMYSŁU LEWIN BIEGA    | 47:59 | 04:23           | 2° Masters M  |
| 9       | 113 | POL  | Ochota Marek       | 1974 | Ozimek            |                            | 48:03 | 04:23           | 3° Masters M  |
| 10      | 159 | POL  | Wacławczyk Rafał   | 1989 | Zakrzów           | Sasiedzi teaM              | 48:18 | 04:25           | 3° Senior M   |
| 11      | 22  | POL  | Bytomski Zygmunt   | 1968 | Szczepanek        |                            | 48:36 | 04:26           | 4° Masters M  |
| 12      | 25  | POL  | Cybiński Adam      | 2000 | Zajączki Pierwsze | KB Florian Zajączki Drugie | 48:36 | 04:26           | 4° Senior M   |
| 13      | 33  | DEU  | Dylla Piotr        | 1981 | Dachau            | SG Indersdorf              | 49:03 | 04:29           | 5° Masters M  |
| 14      | 5   | POL  | Bachłaj Maciej     | 2005 | Ozimek            | AZS Politechnika Opolska   | 49:16 | 04:30           | 5° Senior M   |
| 15      | 9   | POL  | Berlik Piotr       | 1992 | Opole             | Suchy Bór Patataj          | 49:27 | 04:31           | 6° Senior M   |
| 16      | 145 | POL  | Stanisz Marcin     | 1983 | Pyskowice         | Góral z Mazur Running Team | 49:56 | 04:34           | 7° Senior M   |
| 17      | 17  | POL  | Bonk Antoni        | 1978 | Kochcice          | Mafia Team Lubliniec       | 50:24 | 04:36           | 6° Masters M  |
| 18      | 62  | POL  | Kampa Paweł        | 1992 | Tarnów Opolski    |                            | 50:34 | 04:37           | 8° Senior M   |
| 19      | 47  | POL  | Gromek Grzegorz    | 1980 | Tarnów Opolski    | CYKLOFAN Opole             | 50:35 | 04:37           | 7° Masters M  |
| 20      | 39  | POL  | Gawenda Krzysztof  | 1978 | Lubliniec         | Mafia Team Lubliniec       | 50:47 | 04:38           | 8° Masters M  |
| 21      | 45  | POL  | Górny Robert       | 1976 | Ozimek            | Tim jest Tim               | 51:27 | 04:42           | 9° Masters M  |
| 22      | 24  | POL  | Citko Maciej       | 1986 | Opole             | Bieg Opolski               | 52:22 | 04:47           | 9° Senior M   |
| 23      | 66  | POL  | Kliś Marcin        | 1987 | Stare Siołkowice  |                            | 52:37 | 04:49           | 10° Senior M  |
| 24      | 163 | POL  | Wiechecki Radosław | 1979 | Opole             | SK Trail Tallinn           | 53:08 | 04:51           | 10° Masters M |
| 25      | 78  | POL  | Kropidłowski Marek | 1977 | Lubliniec         |                            | 53:17 | 04:52           | 11° Masters M |
| 26      | 125 | POL  | Pieruszka Piotr    | 1979 | Dębska Kuźnia     |                            | 53:28 | 04:53           | 12° Masters M |
| 27      | 173 | POL  | Zwierz Krzysztof   | 1982 | Opole             | Szymiteam                  | 53:31 | 04:53           | 11° Senior M  |
| 28      | 67  | POL  | Kłakowicz Marek    | 1985 | Opole             | DAMBONIA                   | 53:46 | 04:55           | 12° Senior M  |
| 29      | 116 | POL  | Oliwa Piotr        | 1984 | Opole             |                            | 53:56 | 04:56           | 13° Senior M  |
| 30      | 31  | POL  | Czyżykowski Marcin | 1974 | Świętochłowice    | Tel mart Run Club          | 54:01 | 04:56           | 13° Masters M |
| 31      | 112 | POL  | Oblicki Przemek    | 1989 | Ozimek            | Active Team Ozimek         | 54:03 | 04:56           | 14° Senior M  |

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|---------|-----|------|----------------------|------|----------------|----------------------------|-------|-----------------|---------------|
| 32      | 150 | POL  | Swoboda Leszek       | 1973 | Solarnia       | Mafia Team Lubliniec       | 54:18 | 04:58           | 14° Masters M |
| 33      | 21  | POL  | Buhl Marcin          | 1983 | Chrzastowice   |                            | 54:31 | 04:59           | 15° Senior M  |
| 34      | 180 | POL  | PIETRUCHA Artur      | 1987 | Gogolin        |                            | 54:35 | 04:59           | 16° Senior M  |
| 35      | 138 | POL  | Skóra Dominik        | 1998 | Tarnów Opolski | GKS PIOMAR                 | 54:40 | 04:59           | 17° Senior M  |
| 36      | 73  | POL  | Kosubek Adrian       | 1995 | Chorula        | OKR BIKE TEAM              | 54:59 | 05:01           | 18° Senior M  |
| 37      | 164 | POL  | Wiek-Rezacz Alicja   | 1983 | Nysa           | sPortMed                   | 55:01 | 05:01           | 2° Open       |
| 38      | 103 | POL  | Nalepa Krzysztof     | 1977 | Ozimek         | Tim jest Tim               | 55:13 | 05:02           | 15° Masters M |
| 39      | 80  | POL  | Kujawa Krystian      | 1981 | Opole          |                            | 55:18 | 05:03           | 16° Masters M |
| 40      | 133 | POL  | Riemann Patrick      | 1995 | Olesno         |                            | 55:19 | 05:03           | 19° Senior M  |
| 41      | 102 | POL  | Najwer Tomasz        | 1973 | Krapkowice     |                            | 55:26 | 05:04           | 17° Masters M |
| 42      | 166 | POL  | Witkiewicz Wojciech  | 1988 | Kotórz Mały    |                            | 55:49 | 05:06           | 20° Senior M  |
| 43      | 34  | POL  | Dziemba Krzysztof    | 1971 | Tarnów Opolski |                            | 56:02 | 05:07           | 18° Masters M |
| 44      | 90  | POL  | Malek Wojciech       | 1989 | Chrzastowice   |                            | 56:26 | 05:09           | 21° Senior M  |
| 45      | 110 | POL  | Nowak Marcin         | 1983 | Krasiejów      | Tim jest Tim               | 56:37 | 05:10           | 22° Senior M  |
| 46      | 142 | POL  | Soszka Mateusz       | 1987 | Grodziec       | Tim jest Tim               | 56:37 | 05:10           | 23° Senior M  |
| 47      | 89  | POL  | Madejski Piotr       | 1990 | Grodziec       |                            | 56:55 | 05:12           | 24° Senior M  |
| 48      | 64  | POL  | Karkosz Andrzej      | 1990 | Opole          |                            | 56:58 | 05:12           | 25° Senior M  |
| 49      | 183 | POL  | GROELNY Robert       | 1995 | Olesno         |                            | 57:19 | 05:14           | 26° Senior M  |
| 50      | 36  | POL  | Frąk Adam            | 1977 | Schodnia       | Active Team Ozimek         | 57:22 | 05:14           | 19° Masters M |
| 51      | 84  | POL  | Lepich Tomasz        | 1981 | Zakrzów        | Sasiedzi teaM              | 57:22 | 05:14           | 20° Masters M |
| 52      | 2   | POL  | Adamus Kamil         | 1986 | Ozimek         | Wieczorne Bieganie w Opolu | 57:29 | 05:15           | 27° Senior M  |
| 53      | 169 | POL  | Wysota Krzysztof     | 1985 | Lubliniec      | Mafia Team Lubliniec       | 57:31 | 05:15           | 28° Senior M  |
| 54      | 86  | POL  | Łuczak Paweł         | 1988 | Tarnów Opolski |                            | 57:41 | 05:16           | 29° Senior M  |
| 55      | 104 | POL  | Narodowicz Błażej    | 1995 | Kępa           | Wieczorne Bieganie w Opolu | 57:56 | 05:17           | 30° Senior M  |
| 56      | 101 | POL  | Mokrzycki Szymon     | 1990 | Kotórz Mały    | SMMS                       | 58:08 | 05:19           | 31° Senior M  |
| 57      | 158 | POL  | Urbanowski Piotr     | 1989 | Ozimek         |                            | 58:12 | 05:19           | 32° Senior M  |
| 58      | 162 | POL  | Wandzel Piotr        | 1985 | Gliwice        |                            | 58:18 | 05:19           | 33° Senior M  |
| 59      | 131 | POL  | Portka Mariusz       | 1969 | Krapkowice     |                            | 58:24 | 05:20           | 21° Masters M |
| 60      | 72  | POL  | Kordziński Kazimierz | 1958 | Lubliniec      | Mafia Team Lubliniec       | 58:28 | 05:20           | 22° Masters M |
| 61      | 126 | POL  | Piotr Natoński       | 1979 | Opole          |                            | 58:32 | 05:21           | 23° Masters M |
| 62      | 141 | POL  | Sokolowski Marcin    | 1984 | Opole          |                            | 58:33 | 05:21           | 34° Senior M  |
| 63      | 200 | POL  | OLEKSY Grzegorz      | 1981 | Tułowice       | LKS TUŁOWICE               | 58:41 | 05:22           | 24° Masters M |
| 64      | 149 | POL  | Sułkowski Marcin     | 1982 | Krapkowice     | GarageGym Krapkowice       | 58:41 | 05:22           | 35° Senior M  |
| 65      | 165 | POL  | Witkiewicz Dominika  | 1984 | Węgry          |                            | 58:44 | 05:22           | 3° Open       |
| 66      | 76  | POL  | Kowohl Adrian        | 1973 | Krapkowice     |                            | 58:46 | 05:22           | 25° Masters M |
| 67      | 91  | POL  | Malicki Grzegorz     | 1970 | Nowy Kazanów   | SCYZORYK                   | 59:01 | 05:23           | 26° Masters M |

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|---------|-----|------|-----------------------|------|------------------|----------------------------|---------|-----------------|---------------|
| 68      | 136 | POL  | Rusakowicz Sylwia     | 1981 | Krapkowice       | GarageGym Krapkowice       | 59:07   | 05:24           | 1° Masters K  |
| 69      | 38  | POL  | Garcarz Łukasz        | 1981 | Opole            | Wieczorne Bieganie w Opolu | 59:18   | 05:25           | 27° Masters M |
| 70      | 92  | POL  | Małolepszy Radosław   | 1985 | Kędzierzyn-Koźle |                            | 59:23   | 05:25           | 36° Senior M  |
| 71      | 108 | POL  | Nowak Katarzyna       | 1983 | Ozimek           | Tim jest Tim               | 59:23   | 05:25           | 1° Senior K   |
| 72      | 14  | POL  | Bobrowska Małgosia    | 1977 | Krapkowice       | W wodzie urodzona          | 59:43   | 05:27           | 2° Masters K  |
| 73      | 82  | POL  | Latka Marek           | 1990 | Lubliniec        | WKB META LUBLINIEC         | 1:00:01 | 05:29           | 37° Senior M  |
| 74      | 77  | POL  | Kozłowski Radosław    | 1975 | Ozimek           |                            | 1:00:06 | 05:29           | 28° Masters M |
| 75      | 168 | POL  | Wyrwich Dawid         | 1990 | Rozmierka        | Kulson Squaters            | 1:00:33 | 05:32           | 38° Senior M  |
| 76      | 115 | POL  | Olender Grzegorz      | 1978 | Opole            | Wieczorne Bieganie w Opolu | 1:00:40 | 05:32           | 29° Masters M |
| 77      | 18  | POL  | Brol Henryk           | 1971 | Glinica          | PASZE BIOS KOCHANOWICE     | 1:00:49 | 05:33           | 30° Masters M |
| 78      | 65  | POL  | Kciuk Maciej          | 1990 | Opole            | Kulson Squaters            | 1:01:00 | 05:34           | 39° Senior M  |
| 79      | 46  | POL  | Gręda Elżbieta        | 1979 | Ozimek           | Tim jest Tim               | 1:01:10 | 05:35           | 3° Masters K  |
| 80      | 105 | POL  | Nawarowski Marcin     | 1978 | Ozimek           | Tim jest Tim               | 1:01:14 | 05:35           | 31° Masters M |
| 81      | 148 | POL  | Stonoga Tomasz        | 1978 | Ozimek           | Kite Team                  | 1:01:29 | 05:37           | 32° Masters M |
| 82      | 111 | POL  | Nowak Waldek          | 1978 | Malnia           |                            | 1:01:31 | 05:37           | 33° Masters M |
| 83      | 134 | POL  | Ruksza Jarosław       | 1995 | Opole            |                            | 1:01:37 | 05:38           | 40° Senior M  |
| 84      | 170 | POL  | Zamorowski Piotr      | 1991 | Opole            |                            | 1:01:38 | 05:38           | 41° Senior M  |
| 85      | 135 | POL  | Ruksza Mieczysław     | 1962 | Opole            |                            | 1:01:50 | 05:39           | 34° Masters M |
| 86      | 59  | POL  | Jończyk Anna          | 1983 | Ozimek           |                            | 1:01:53 | 05:39           | 2° Senior K   |
| 87      | 123 | POL  | Perka Tomek           | 1969 | Opole            | Wieczorne Bieganie w Opolu | 1:02:15 | 05:41           | 35° Masters M |
| 88      | 20  | POL  | Brzeziński Paweł      | 1986 | Opole            | Bieg Opolski               | 1:02:40 | 05:43           | 42° Senior M  |
| 89      | 139 | POL  | Sobczyk Dawid         | 1992 | Brynek           | Davids CamStudio           | 1:02:49 | 05:44           | 43° Senior M  |
| 90      | 30  | POL  | Czykieta Paweł        | 1994 | Opole            |                            | 1:02:58 | 05:45           | 44° Senior M  |
| 91      | 40  | POL  | Gąsiorowski Krzysztof | 1990 | Ozimek           |                            | 1:02:59 | 05:45           | 45° Senior M  |
| 92      | 146 | POL  | Starzec Rafał         | 1968 | Ozimek           |                            | 1:03:02 | 05:46           | 36° Masters M |
| 93      | 69  | POL  | Jakuszewski Mateusz   | 1989 | Opole            |                            | 1:03:14 | 05:46           | 46° Senior M  |
| 94      | 83  | POL  | Latosiński Marek      | 1990 | Niwki            |                            | 1:03:21 | 05:47           | 47° Senior M  |
| 95      | 98  | POL  | Michnik Ryszard       | 1956 | Ozimek           | Ative Team                 | 1:03:25 | 05:47           | 37° Masters M |
| 96      | 68  | POL  | Kociszewski Łukasz    | 1980 | Opole            |                            | 1:03:46 | 05:49           | 38° Masters M |
| 97      | 41  | POL  | Gnot Krzysztof        | 1973 | Opole            |                            | 1:03:54 | 05:50           | 39° Masters M |
| 98      | 152 | POL  | Szambelan Paweł       | 1972 | Opole            | ANTONTEAM                  | 1:03:58 | 05:50           | 40° Masters M |
| 99      | 28  | POL  | Czochara Robert       | 1976 | Opole            | amator                     | 1:04:05 | 05:51           | 41° Masters M |
| 100     | 42  | POL  | Goliński Krzysztof    | 1975 | Biała            |                            | 1:04:05 | 05:51           | 42° Masters M |
| 101     | 57  | POL  | Jankowski Dariusz     | 1971 | Opole            | FENIKS                     | 1:04:30 | 05:53           | 43° Masters M |
| 102     | 124 | POL  | Piekarski Dawid       | 1979 | Opole            |                            | 1:04:42 | 05:55           | 44° Masters M |
| 103     | 43  | POL  | Gołębiowski Dariusz   | 1976 | Opole            | StruxiDeweloper            | 1:04:45 | 05:55           | 45° Masters M |

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|---------|-----|------|-------------------------|------|-------------------|---|---------|-----------------|---------------|
| 104     | 147 | POL  | Stasiak Rafał           | 1974 | Kluczbork         |   | 1:04:57 | 05:56           | 46° Masters M |
| 105     | 109 | POL  | Nowak Łukasz            | 1983 | Suchy Bór         | Wieczorne Bieganie w Opolu                      | 1:05:00 | 05:56           | 48° Senior M  |
| 106     | 153 | POL  | Szendera Robert         | 1976 | Opole             | SLD   | 1:05:04 | 05:56           | 47° Masters M |
| 107     | 171 | POL  | Zdyb Paweł              | 1984 | Krapkowice        | Cross Krapkowice                                | 1:05:08 | 05:57           | 49° Senior M  |
| 108     | 50  | POL  | Hylla Mateusz           | 1988 | Tarnów Opolski    |   | 1:05:35 | 05:59           | 50° Senior M  |
| 109     | 63  | POL  | KAMPA PAWEŁ             | 1983 | Tarnów Opolski    | Wieczorne Bieganie w Opolu                      | 1:05:36 | 05:59           | 51° Senior M  |
| 110     | 96  | POL  | Maszkowski Jacek        | 1962 | Polska Nowa Wieś  |   | 1:06:05 | 06:02           | 48° Masters M |
| 111     | 140 | POL  | Sobel Łukasz            | 1982 | Ujazd             | BB Team   | 1:06:18 | 06:03           | 52° Senior M  |
| 112     | 161 | POL  | Walczak Maciej          | 1982 | Ozimek            |   | 1:07:16 | 06:08           | 53° Senior M  |
| 113     | 167 | POL  | Witkowska Daria         | 1994 | Opole             |   | 1:07:24 | 06:10           | 3° Senior K   |
| 114     | 3   | POL  | Apostel Tomasz          | 1984 | Przechód          |   | 1:07:25 | 06:10           | 54° Senior M  |
| 115     | 127 | POL  | Piotrowski Paweł        | 1982 | Opole             |   | 1:07:42 | 06:11           | 55° Senior M  |
| 116     | 53  | POL  | Jachymski Ryszard       | 1957 | Praszka           | Niezzreszony                                    | 1:07:47 | 06:11           | 49° Masters M |
| 117     | 106 | POL  | Niedoba Barbara         | 1981 | Ozimek            | Tim jest Tim                                    | 1:08:08 | 06:13           | 4° Masters K  |
| 118     | 74  | POL  | Kośniewska-Nowak Joanna | 1979 | Chrzastowice      | Wieczorne Bieganie w Opolu                      | 1:08:11 | 06:14           | 5° Masters K  |
| 119     | 49  | POL  | Grytz Rafał             | 1979 | Szczedrzyk        |   | 1:08:35 | 06:16           | 50° Masters M |
| 120     | 107 | POL  | Niewiadomski Marek      | 1985 | Krapkowice        | Cross Krapkowice                                | 1:08:38 | 06:16           | 56° Senior M  |
| 121     | 58  | POL  | Jeszke Arkadiusz        | 1981 | Strzelce Opolskie |   | 1:08:46 | 06:17           | 51° Masters M |
| 122     | 99  | POL  | Mierzejewska Małgorzata | 1981 | Mysłowice         |   | 1:09:20 | 06:20           | 6° Masters K  |
| 123     | 35  | POL  | Filina Baginska-Wilk    | 1985 | Opole             |   | 1:09:40 | 06:22           | 4° Senior K   |
| 124     | 16  | POL  | Bonich Magdalena        | 1984 | Opole             | Wieczorne Bieganie w Opolu                      | 1:10:23 | 06:26           | 5° Senior K   |
| 125     | 15  | POL  | Bogus Agnieszka         | 1969 | Burzenin          |   | 1:10:58 | 06:29           | 7° Masters K  |
| 126     | 7   | POL  | Bednarek Arkadiusz      | 1968 | Burzenin          |   | 1:10:58 | 06:29           | 52° Masters M |
| 127     | 119 | POL  | Paterak Robert          | 1986 | Grodziec          | WKB Meta Lubliniec / Wieczorne Bieganie w Opolu | 1:11:12 | 06:30           | 57° Senior M  |
| 128     | 181 | POL  | SZYROKI Mariusz         | 1987 | Gogolin           |   | 1:11:13 | 06:30           | 58° Senior M  |
| 129     | 132 | POL  | Reinert Roman           | 1973 | Chorula           |   | 1:11:33 | 06:32           | 53° Masters M |
| 130     | 6   | POL  | Bachlaj Tomasz          | 1972 | Ozimek            | BBL Ozimek                                      | 1:12:36 | 06:38           | 54° Masters M |
| 131     | 185 | POL  | DYLLA Franz             | 1948 | Tarnów Opolski    |   | 1:15:07 | 06:52           | 55° Masters M |
| 132     | 130 | POL  | Poprawa Karol           | 1983 | Opole             | Runhub Opole                                    | 1:15:16 | 06:52           | 59° Senior M  |
| 133     | 144 | POL  | Stanek Natalia          | 1991 | Ozimek            |   | 1:15:51 | 06:56           | 6° Senior K   |
| 134     | 155 | POL  | Szwec Sylwia            | 1979 | Opole             |   | 1:16:24 | 06:59           | 8° Masters K  |
| 135     | 27  | POL  | Czochara Marta          | 1975 | Opole             | amator  | 1:16:24 | 06:59           | 9° Masters K  |
| 136     | 75  | POL  | Kowalczyk Bartłomiej    | 1990 | Ozimek            |   | 1:16:51 | 07:01           | 60° Senior M  |
| 137     | 48  | POL  | Gryska Grzegorz         | 1975 | Krasiejow         |   | 1:17:45 | 07:06           | 56° Masters M |
| 138     | 56  | POL  | Janicki Piotr           | 1995 | Opole             |   | 1:18:01 | 07:07           | 61° Senior M  |
| 139     | 172 | POL  | Zienkiewicz Agnieszka   | 1979 | Osiny             | Wieczorne Bieganie w Opolu                      | 1:18:10 | 07:08           | 10° Masters K |

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|---------|-----|------|---------------------------------|------|------------------|----------------------------|----------------|-----------------|---------------|
| 140     | 186 | POL  | <b>SZPAKOWSKA Agnieszka</b>     |      | Opole            | Wieczorne Bieganie w Opolu | <b>1:18:12</b> | 07:08           |               |
| 141     | 10  | POL  | <b>Bezwierchny Ewa</b>          | 1981 | Ozimek           | Ozimek                     | <b>1:18:33</b> | 07:10           | 11° Masters K |
| 142     | 71  | POL  | <b>Korczyński Tomasz</b>        | 1990 | Świętochłowice   | Kulson Squaters            | <b>1:18:39</b> | 07:11           | 62° Senior M  |
| 143     | 55  | POL  | <b>Jakubowska-Pytel Kamilla</b> | 1979 | Ozimek           | BBL Ozimek                 | <b>1:18:46</b> | 07:11           | 12° Masters K |
| 144     | 37  | POL  | <b>Frąk Sławomir</b>            | 1981 | Ozimek           | Active Team Ozimek         | <b>1:19:49</b> | 07:17           | 57° Masters M |
| 145     | 184 | POL  | <b>KORZENIE Agnieszka</b>       | 1980 | Krzyżowice Dolne |                            | <b>1:19:50</b> | 07:17           | 13° Masters K |
| 146     | 94  | POL  | <b>Marciniak Mirosław</b>       | 1974 | Ozimek           | Active Team Ozimek         | <b>1:19:50</b> | 07:17           | 58° Masters M |
| 147     | 157 | POL  | <b>Teper Zdzisław</b>           | 1983 | Sosnowiec        |                            | <b>1:19:58</b> | 07:18           | 63° Senior M  |
| 148     | 97  | POL  | <b>Michnik Jadwiga</b>          | 1959 | Ozimek           | Active Team Ozimek         | <b>1:20:02</b> | 07:19           | 14° Masters K |
| 149     | 122 | POL  | <b>Perdek Urszula</b>           | 1992 | Opole            | Wieczorne Bieganie w Opolu | <b>1:20:11</b> | 07:19           | 7° Senior K   |
| 150     | 182 | POL  | <b>PRINKE Beata</b>             | 1970 | Opole            | WBO                        | <b>1:22:42</b> | 07:33           | 15° Masters K |
| 151     | 117 | POL  | <b>Oliwa Violetta</b>           | 1964 | Ozimek           | Active Team Ozimek         | <b>1:25:18</b> | 07:47           | 16° Masters K |
| 152     | 79  | POL  | <b>Krzyżowski Tomasz</b>        | 1962 | Ozimek           | Active Team Ozimek         | <b>1:25:18</b> | 07:47           | 59° Masters M |
| 153     | 143 | POL  | <b>Sowiński Adam</b>            | 1958 | Opole            | Opole Team                 | <b>1:25:30</b> | 07:49           | 60° Masters M |
| 154     | 61  | POL  | <b>Kaczmarek Agnieszka</b>      | 1975 | Ozimek           |                            | <b>1:26:05</b> | 07:52           | 17° Masters K |
| 155     | 100 | POL  | <b>Mochnacz Joanna</b>          | 1971 | Opole            |                            | <b>1:27:41</b> | 08:01           | 18° Masters K |
| 156     | 129 | POL  | <b>Polak Krzysztof</b>          | 1970 | Opole            |                            | <b>1:27:43</b> | 08:01           | 61° Masters M |
| 157     | 32  | POL  | <b>Dajczak Joanna</b>           | 1991 | Opole            | Wieczorne Bieganie w Opolu | <b>1:28:02</b> | 08:02           | 8° Senior K   |
| 158     | 54  | POL  | <b>Jakimowicz Iza</b>           | 1974 | Opole            | Wieczorne Bieganie w Opolu | <b>1:28:02</b> | 08:02           | 19° Masters K |