

2019-04-28, Chorzów

Miejsce	Numer	Imię i nazwisko	Miasto	Klub	Lap1	Lap2	Lap3	Lap4	Brutto	Netto	Płeć /m-sce
<b>Bieg -10km</b>											
1.	666	DENICKI Przemysław	Knurów		0:09:29,96	0:09:49,22	0:10:03,58	0:10:05,59	0:39:28,35	<b>0:39:26,70</b>	M (1)
2.	995	KIMAK Paweł			0:09:48,01	0:10:27,96	0:10:33,06	0:10:28,95	0:41:17,99	<b>0:41:15,35</b>	M (2)
3.	654	WITCZAK Adam	Pyskowice	M.A.J. Correre	0:10:06,59	0:10:28,19	0:10:40,73	0:10:36,77	0:41:52,29	<b>0:41:50,37</b>	M (3)
4.	489	WRÓŃSKA Beata	Chorzów		0:10:35,54	0:10:49,52	0:10:47,44	0:10:45,16	0:42:57,67	<b>0:42:56,40</b>	K (1)
5.	683	BEINER Adrian	Chorzów		0:10:31,76	0:11:25,73	0:11:30,50	0:10:49,97	0:44:17,97	<b>0:44:15,14</b>	M (4)
6.	602	KASZUBA Łukasz	Czeladź	#czeladzbiega	0:10:39,83	0:11:21,60	0:11:20,05	0:10:55,53	0:44:17,03	<b>0:44:15,63</b>	M (5)
7.	670	ŁUKAJCZYK Kamil	Jaworzno	KPRM ;)	0:10:52,45	0:11:26,48	0:11:28,97	0:10:56,04	0:44:43,96	<b>0:44:39,49</b>	M (6)
8.	494	DARSICKA-MAĆZKA Roksana	Piekary Śląskie	URODZENI BIEGACZE	0:10:48,95	0:11:15,98	0:11:26,56	0:11:33,19	0:45:04,70	<b>0:45:02,83</b>	K (2)
9.	520	MROWIEC Tomasz	Katowice	Tomkatotrening.pl	0:11:08,65	0:11:13,37	0:11:26,13	0:11:20,90	0:45:09,07	<b>0:45:03,02</b>	M (7)
10.	651	OZIĘBŁO Rafał	Chorzów	K.S. Kandahar	0:11:41,94	0:11:17,99	0:11:17,08	0:10:56,81	0:45:13,84	<b>0:45:04,30</b>	M (8)
11.	493	BŁASZCZYK Paulina	Chorzów	Biegam bo lubię	0:11:01,21	0:11:20,12	0:11:30,53	0:11:24,99	0:45:16,87	<b>0:45:14,68</b>	K (3)
12.	631	PERNIKOZA Michał	Czeladź	#czeladzbiega	0:11:19,79	0:11:40,09	0:11:32,45	0:11:23,22	0:45:55,57	<b>0:45:54,01</b>	M (9)
13.	685	SCHAB Bartłomiej	Gliwice		0:11:27,21	0:11:32,73	0:11:32,52	0:11:40,79	0:46:13,26	<b>0:46:06,27</b>	M (10)
14.	620	ŻYDEK Piotr	Chorzów		0:11:44,66	0:11:23,79	0:11:40,63	0:11:28,45	0:46:17,55	<b>0:46:10,04</b>	M (11)
15.	687	TRZCINSKI Artur	Tokarki Drugie	OSP	0:11:13,21	0:11:41,61	0:11:53,59	0:11:48,09	0:46:36,51	<b>0:46:30,62</b>	M (12)
16.	559	SOŁTYSIK Kacper	Rokitno		0:11:06,47	0:11:36,65	0:12:09,13	0:11:55,11	0:46:47,37	<b>0:46:43,88</b>	M (13)
17.	671	KOWOLIK Andrzej	Radzionków	Cidry Lotajom	0:11:36,91	0:11:43,96	0:11:44,80	0:11:49,09	0:46:54,78	<b>0:46:49,69</b>	M (14)
18.	663	PICHIT Maciek	Rybnik		0:11:40,85	0:11:38,81	0:11:58,07	0:11:48,97	0:47:06,71	<b>0:47:00,00</b>	M (15)
19.	633	MATYKIEWICZ Marek	Pogwizdów	Lichota Team	0:11:33,21	0:11:39,56	0:11:55,71	0:11:53,29	0:47:01,79	<b>0:47:00,24</b>	M (16)
20.	676	KOZIEŁ Adrian	Świętochłowice		0:11:36,21	0:12:01,60	0:11:51,42	0:11:37,40	0:47:06,65	<b>0:47:03,74</b>	M (17)
21.	646	KARCZEWSKI Patryk	Zabrze		0:11:10,84	0:12:11,01	0:12:15,01	0:11:55,17	0:47:32,05	<b>0:47:29,92</b>	M (18)
22.	614	STAJER Tomasz	Siemianowice Śląskie	Endurance Team	0:11:34,26	0:12:04,71	0:12:11,93	0:11:57,65	0:47:48,57	<b>0:47:44,72</b>	M (19)
23.	576	SIKORSKA Anna	Bytom		0:11:40,22	0:11:57,31	0:12:10,43	0:12:03,72	0:47:51,70	<b>0:47:46,81</b>	K (4)
24.	681	STASZEK Przemysław	Knurów		0:11:51,12	0:11:50,25	0:12:18,85	0:12:16,80	0:48:17,03	<b>0:48:10,10</b>	M (20)
25.	621	MOSKA Maciej	Rybnik		0:11:42,21	0:11:54,06	0:12:21,48	0:12:16,79	0:48:14,55	<b>0:48:11,41</b>	M (21)
26.	622	MATYS Adam	Katowice		0:12:25,22	0:12:08,63	0:11:58,44	0:12:00,02	0:48:32,33	<b>0:48:18,86</b>	M (22)
27.	639	ŻERKOWSKI Przemysław	Chorzów		0:13:03,92	0:12:02,45	0:11:58,40	0:11:42,56	0:48:47,35	<b>0:48:36,63</b>	M (23)
28.	629	KURZELA Jakub	Świętochłowice	Koneserzy Dźwięków	0:11:35,11	0:12:07,54	0:12:51,47	0:12:13,67	0:48:47,81	<b>0:48:40,76</b>	M (24)
29.	607	KOWALSKI Ariel	Wieszowa	@biegampowsi	0:11:07,23	0:12:19,08	0:12:47,43	0:12:41,25	0:48:55,00	<b>0:48:46,71</b>	M (25)
30.	644	KUPKA Rafał	Bytom	Bytom Film Festival	0:12:14,36	0:12:20,57	0:12:23,58	0:12:11,60	0:49:10,12	<b>0:49:01,57</b>	M (26)
31.	648	MATURA Romek	Knurów		0:12:44,08	0:12:35,64	0:12:28,52	0:12:09,12	0:49:57,39	<b>0:49:45,85</b>	M (27)
32.	582	RAJ Donata	Knurów		0:12:43,83	0:12:35,73	0:12:28,70	0:12:08,98	0:49:57,25	<b>0:49:45,93</b>	K (5)
33.	677	ŚWIDER Tomasz	Bytom		0:12:20,77	0:12:45,02	0:12:42,67	0:12:10,32	0:49:58,79	<b>0:49:54,40</b>	M (28)
34.	608	MAŁECKI Jacek	Świętochłowice	Ślunskie ElwRUNery	0:12:39,26	0:12:33,37	0:12:41,44	0:12:16,96	0:50:11,05	<b>0:49:57,32</b>	M (29)
35.	511	BOJUR Renata	Częstochowa		0:12:28,13	0:12:19,26	0:12:39,40	0:12:43,77	0:50:10,58	<b>0:49:59,74</b>	K (6)
36.	675	KUS Krzysztof	Kobielnik		0:11:40,26	0:12:28,46	0:12:57,87	0:12:59,14	0:50:05,74	<b>0:50:02,63</b>	M (30)
37.	627	MUCHARSKI Marcin	Bieruń Nowy		0:13:15,22	0:12:41,93	0:12:22,90	0:11:52,49	0:50:12,55	<b>0:50:05,04</b>	M (31)
38.	672	SZKLARSKI Daniel	Zabrze		0:12:56,98	0:12:53,98	0:12:27,23	0:12:11,34	0:50:29,55	<b>0:50:17,17</b>	M (32)
39.	605	ŁUKASIK Adam	Ruda Śląska	NFZ Katowice	0:12:17,68	0:12:49,47	0:12:51,05	0:12:29,24	0:50:27,45	<b>0:50:24,80</b>	M (33)
40.	642	KUSZEK Grzegorz	Sosnowiec		0:12:54,11	0:12:43,01	0:12:41,20	0:12:26,73	0:50:45,06	<b>0:50:39,89</b>	M (34)
41.	667	BIAŁECKI Aleksander	Mysłowice		0:12:55,55	0:12:43,84	0:12:47,69	0:12:24,54	0:50:51,64	<b>0:50:47,94</b>	M (35)
42.	601	BUJOCZEK Piotr	Bytom		0:12:50,90	0:12:44,03	0:12:57,69	0:12:45,12	0:51:17,76	<b>0:51:08,38</b>	M (36)
43.	994	ŚWIERCZYŃSKI Michał	Tychy		0:12:45,32	0:12:47,86	0:12:58,86	0:12:49,31	0:51:21,37	<b>0:51:19,78</b>	M (37)
44.	507	KRAUSE Magdalena	Mikołów		0:12:45,67	0:12:47,45	0:12:59,07	0:12:49,42	0:51:21,63	<b>0:51:19,89</b>	K (7)
45.	534	PIECZYK Monika	Katowice		0:12:47,34	0:12:48,77	0:12:29,04	0:13:24,02	0:51:29,18	<b>0:51:23,62</b>	K (8)
46.	512	DARSKA Katarzyna	Zawiercie	Leśni Olimpijczycy	0:12:52,77	0:13:06,37	0:13:14,55	0:12:51,03	0:52:04,72	<b>0:51:58,97</b>	K (9)
47.	600	KUPKA Sabina	Bytom	Bytom Film Festival	0:12:47,73	0:13:10,46	0:13:15,59	0:12:53,93	0:52:07,72	<b>0:51:59,25</b>	K (10)

Miejsce	Numer	Imię i nazwisko	Miasto	Klub	Lap1	Lap2	Lap3	Lap4	Brutto	Netto	Płeć /m-sce
48.	684	OLESIAK Franciszek	Mikołów	Miraz Race Team	0:12:26,62	0:12:54,67	0:13:18,95	0:13:22,82	0:52:03,06	<b>0:52:01,25</b>	M (38)
49.	664	NOWAK Roman	Świętochłowice		0:12:53,29	0:13:25,16	0:13:27,04	0:12:36,19	0:52:21,70	<b>0:52:10,86</b>	M (39)
50.	498	KIECKA Ewelina	Orzesze		0:13:09,72	0:13:12,87	0:13:22,97	0:12:30,93	0:52:16,50	<b>0:52:11,33</b>	K (11)
51.	552	MARKIEWICZ Martyna	Gliwice		0:12:55,35	0:13:20,69	0:13:14,82	0:13:23,08	0:52:53,95	<b>0:52:45,54</b>	K (12)
52.	619	HADRYAN Andrzej	Imielin		0:13:56,81	0:14:04,15	0:12:35,60	0:12:25,98	0:53:02,54	<b>0:52:55,34</b>	M (40)
53.	561	SZCZUREK Lena	Knurów		0:13:12,27	0:13:20,60	0:13:26,22	0:13:06,00	0:53:05,11	<b>0:53:00,72</b>	K (13)
54.	662	MATYSZKIEWICZ Paweł	Czeladź	W Pogoni za duchem	0:13:31,98	0:13:23,99	0:13:28,88	0:13:09,97	0:53:34,83	<b>0:53:23,03</b>	M (41)
55.	641	ZIELENSKI Mateusz	Katowice		0:12:47,29	0:12:49,12	0:14:04,96	0:13:50,32	0:53:31,70	<b>0:53:25,73</b>	M (42)
56.	636	WÓJCIK Marek	Katowice		0:12:49,85	0:13:22,30	0:13:40,70	0:13:37,63	0:53:30,49	<b>0:53:27,84</b>	M (43)
57.	503	SKALBANIOK Agnieszka	Siemianowice Śląskie		0:13:13,45	0:13:19,62	0:13:26,21	0:13:37,80	0:53:37,09	<b>0:53:30,84</b>	K (14)
58.	996	SARNIK Łukasz			0:13:40,82	0:13:13,09	0:13:39,28	0:13:11,96	0:53:45,17	<b>0:53:32,33</b>	M (44)
59.	632	SKRZYPIEC Konrad	Bytom	SZOMBIERKI RUNNERS	0:14:09,20	0:13:18,31	0:13:18,43	0:13:02,87	0:53:48,83	<b>0:53:33,35</b>	M (45)
60.	509	GIL Iwona	Dąbrowa Górnicza		0:13:42,51	0:13:19,72	0:13:39,06	0:13:16,69	0:53:57,99	<b>0:53:45,99</b>	K (15)
61.	628	TÓRZ Mariusz	Bytom	WUJEK BIEGA	0:13:41,12	0:13:19,87	0:13:58,12	0:13:11,07	0:54:10,19	<b>0:53:55,60</b>	M (46)
62.	539	MATURA Agnieszka	Knurów	tonx triathlon team	0:13:41,99	0:13:32,46	0:13:49,99	0:13:04,96	0:54:09,41	<b>0:53:58,03</b>	K (16)
63.	656	BAK Krzysztof	Mysłowice	Night Runners Zabrze	0:13:06,48	0:13:15,91	0:14:27,70	0:13:20,13	0:54:10,23	<b>0:54:00,20</b>	M (47)
64.	546	MROWIEC Ilona	Bytom	Miechowicka Grupa Biegowa	0:13:22,80	0:13:23,83	0:14:00,54	0:13:19,45	0:54:06,63	<b>0:54:00,95</b>	K (17)
65.	623	PARSZEWSKI Krzysztof	SOSNOWIEC		0:13:35,42	0:13:29,06	0:13:58,59	0:13:27,03	0:54:30,11	<b>0:54:15,53</b>	M (48)
66.	668	KUCZYŃSKI Damian	Katowice		0:13:29,72	0:13:30,85	0:13:54,64	0:13:35,69	0:54:30,91	<b>0:54:21,57</b>	M (49)
67.	569	MORITZ-PIĄTEK Katarzyna	Katowice		0:13:10,99	0:13:21,80	0:14:01,79	0:13:52,29	0:54:26,89	<b>0:54:22,21</b>	K (18)
68.	586	FOGEL Dorota	Bytom		0:13:35,48	0:13:31,58	0:13:55,35	0:13:26,99	0:54:29,42	<b>0:54:23,15</b>	K (19)
69.	555	OSAK Małgorzata	Zawadzkie		0:13:19,45	0:13:34,19	0:14:01,66	0:13:47,22	0:54:42,53	<b>0:54:34,44</b>	K (20)
70.	486	MUNIAK Katarzyna	Żory		0:13:16,99	0:13:51,15	0:14:03,10	0:13:33,40	0:54:44,65	<b>0:54:40,71</b>	K (21)
71.	510	PODLEJSKA Karina	Dąbrowa Górnicza		0:13:47,38	0:13:27,39	0:13:49,45	0:13:49,41	0:54:53,64	<b>0:54:42,03</b>	K (22)
72.	625	KRAJEWSKI Mariusz	Mikołów		0:13:20,08	0:13:51,35	0:14:16,36	0:13:30,12	0:54:57,93	<b>0:54:50,41</b>	M (50)
73.	581	SZARZYŃSKA -GRYCHNIK Jolanta	Bytom-Zbrosławice	amator	0:13:24,90	0:13:51,89	0:14:07,59	0:13:37,95	0:55:02,34	<b>0:54:53,48</b>	K (23)
74.	653	ANTOLAK Edward	Katowice	TKKF Saturn Czeladź	0:13:05,61	0:13:37,88	0:14:03,81	0:14:11,30	0:54:58,61	<b>0:54:56,42</b>	M (51)
75.	488	MIROŃCZUK Agata	KATOWICE		0:12:47,67	0:13:45,12	0:14:16,04	0:14:10,27	0:54:59,11	<b>0:54:56,55</b>	K (24)
76.	506	KOWALSKA Karolina	Ruda Śląska	Miechowicka Grupa Biegowa	0:12:52,38	0:13:37,77	0:14:04,84	0:14:37,20	0:55:12,20	<b>0:55:04,12</b>	K (25)
77.	557	PIENIOWSKA Karolina	Świętochłowice		0:13:29,77	0:13:50,04	0:14:15,46	0:13:43,96	0:55:19,25	<b>0:55:09,11</b>	K (26)
78.	674	WÓJCIK Damian	Modliborzyce, woj. Lubelskie		0:14:39,29	0:13:37,05	0:13:24,04	0:13:53,36	0:55:33,74	<b>0:55:19,56</b>	M (52)
79.	603	KLUSKA Piotr	Katowice		0:13:34,96	0:13:48,65	0:14:12,60	0:14:05,23	0:55:41,45	<b>0:55:32,19</b>	M (53)
80.	558	SOŁTYSIK Aleksandra	Rokitno		0:13:28,81	0:14:04,87	0:13:49,22	0:14:14,97	0:55:37,87	<b>0:55:34,57</b>	K (27)
81.	560	KULIŃSKA Bożena	łędziny		0:13:18,54	0:13:51,67	0:14:15,58	0:14:32,76	0:55:58,55	<b>0:55:52,72</b>	K (28)
82.	543	KOWALEWSKA Renata	Tychy	#kopytkawbiegu#	0:14:14,51	0:13:45,88	0:14:36,72	0:14:04,33	0:56:41,45	<b>0:56:29,39</b>	K (29)
83.	650	KOWALEWSKI Łukasz	Tychy		0:14:14,56	0:13:45,76	0:14:36,68	0:14:04,71	0:56:41,71	<b>0:56:29,91</b>	M (54)
84.	568	MORAWIEC Barbara	Ruda Śląska		0:13:41,84	0:14:05,65	0:14:30,43	0:14:25,76	0:56:43,69	<b>0:56:37,43</b>	K (30)
85.	610	KLAJN Remigiusz	Chorzów		0:13:52,47	0:13:55,63	0:14:26,27	0:14:30,74	0:56:45,12	<b>0:56:38,49</b>	M (55)
86.	517	JAŁOWIECKA Małgorzata	Chorzów		0:13:52,27	0:13:55,58	0:14:26,31	0:14:30,97	0:56:45,15	<b>0:56:38,68</b>	K (31)
87.	518	RADZIĘTA Anna	Czeladź		0:14:35,93	0:14:12,11	0:14:27,41	0:14:07,03	0:57:22,49	<b>0:57:08,42</b>	K (32)
88.	499	WTOREK Ilona	DĄBROWA GÓRNICZA		0:13:38,20	0:13:34,84	0:14:45,90	0:15:34,87	0:57:33,83	<b>0:57:09,43</b>	K (33)
89.	665	BUGAŃSKI Damian	Dąbrowa Górnicza		0:13:37,91	0:13:35,18	0:14:45,76	0:15:34,72	0:57:33,59	<b>0:57:09,68</b>	M (56)
90.	490	PIOTROWSKA Anna	Katowice		0:14:08,40	0:14:06,98	0:14:40,87	0:14:23,20	0:57:19,46	<b>0:57:10,79</b>	K (34)
91.	572	ŻERKOWSKA Aleksandra	Chorzów		0:14:35,79	0:14:17,96	0:14:18,86	0:14:09,61	0:57:22,23	<b>0:57:11,51</b>	K (35)
92.	487	KOŁAK Alicja	Gliwice		0:14:32,12	0:14:12,51	0:14:20,05	0:14:19,99	0:57:24,69	<b>0:57:12,23</b>	K (36)
93.	528	SMYRAK Joanna	Katowice		0:13:57,61	0:14:13,42	0:14:45,13	0:14:21,29	0:57:17,46	<b>0:57:12,38</b>	K (37)
94.	585	RZENNO Aleksandra	Bytom		0:13:57,80	0:14:14,38	0:14:46,73	0:14:22,08	0:57:21,01	<b>0:57:14,38</b>	K (38)
95.	521	STRUZIK Monika	Kraków		0:13:49,19	0:15:15,20	0:14:15,70	0:14:00,79	0:57:20,88	<b>0:57:15,89</b>	K (39)
96.	634	KARAŚ Łukasz	Katowice		0:15:32,45	0:13:58,81	0:14:22,86	0:13:48,66	0:57:42,78	<b>0:57:31,58</b>	M (57)
97.	513	LIP Monika	Katowice		0:15:32,43	0:14:24,48	0:14:10,89	0:13:35,38	0:57:43,19	<b>0:57:31,99</b>	K (40)

Miejsce	Numer	Imię i nazwisko	Miasto	Klub	Lap1	Lap2	Lap3	Lap4	Brutto	Netto	Płeć /m-sce
98.	686	SUCHOCKI Marek	Ruda Śląska		0:15:07,13	0:14:46,09	0:14:27,97	0:13:43,09	0:58:04,28	<b>0:57:50,98</b>	M (58)
99.	527	KRUZ Joanna	Myszków		0:13:58,17	0:14:03,44	0:15:19,46	0:14:46,54	0:58:07,62	<b>0:58:00,29</b>	K (41)
100.	544	ŻUBER Ania	Knurów		0:14:27,29	0:14:37,30	0:15:05,13	0:14:21,71	0:58:31,45	<b>0:58:26,92</b>	K (42)
101.	604	NEC Grzegorz	Mysłowice		0:13:58,25	0:15:18,02	0:15:05,50	0:14:15,75	0:58:37,52	<b>0:58:27,28</b>	M (59)
102.	678	BIENKOWSKI Paweł	Knurów		0:15:01,89	0:14:20,12	0:14:16,31	0:14:59,37	0:58:37,71	<b>0:58:28,05</b>	M (60)
103.	637	ZIOŁA Michał	Katowice		0:11:59,98	0:13:25,56	0:16:31,20	0:16:41,86	0:58:38,62	<b>0:58:33,19</b>	M (61)
104.	579	FABIAN Aleksandra	Tarnowskie Góry		0:13:44,76	0:14:53,98	0:15:15,55	0:14:53,60	0:58:47,90	<b>0:58:33,37</b>	K (43)
105.	613	DZIAGACZ Rafał	Bytom		0:14:38,77	0:14:44,90	0:15:00,26	0:14:13,77	0:58:37,71	<b>0:58:35,20</b>	M (62)
106.	566	MESSYARZ Anna Messyarz	Ruda Śląska		0:14:04,37	0:15:31,58	0:14:44,33	0:14:30,62	0:58:50,91	<b>0:58:47,03</b>	K (44)
107.	526	MELER Ewelina	Katowice		0:14:19,33	0:14:45,49	0:15:06,30	0:14:49,02	0:59:00,14	<b>0:58:51,28</b>	K (45)
108.	574	SYNAL Marta	Dąbrowa Górnicza		0:14:43,84	0:14:52,04	0:14:51,50	0:14:45,98	0:59:13,38	<b>0:59:05,75</b>	K (46)
109.	643	GARCIA Mariusz	Stara Wieś		0:15:01,41	0:14:41,82	0:14:40,75	0:14:54,55	0:59:18,54	<b>0:59:10,20</b>	M (63)
110.	529	PACUDA Maja	Lubliniec		0:14:42,77	0:14:39,04	0:15:05,95	0:15:08,74	0:59:36,51	<b>0:59:26,47</b>	K (47)
111.	606	SZAFRAN Aleksander	Łodygowice		0:14:53,16	0:15:01,79	0:15:24,77	0:14:26,93	0:59:46,67	<b>0:59:37,20</b>	M (64)
112.	492	LANGER Katarzyna	Chorzów	AugusTeam	0:15:00,27	0:14:57,37	0:14:59,40	0:14:53,62	0:59:50,67	<b>0:59:39,98</b>	K (48)
113.	485	PRZYBYŁA Kasia	BYTOM		0:14:42,97	0:15:07,42	0:15:20,29	0:14:33,97	0:59:44,66	<b>0:59:40,96</b>	K (49)
114.	549	KYZIOŁ Magdalena Kyzioł	Chorzów		0:14:46,24	0:14:42,39	0:15:23,95	0:15:04,39	0:59:56,98	<b>0:59:43,83</b>	K (50)
115.	514	BADEK Kinga	Sosnowiec		0:15:09,76	0:15:01,02	0:15:27,20	0:14:17,81	0:59:55,81	<b>0:59:47,82</b>	K (51)
116.	616	TARTANUS Grzegorz	Gliwice		0:14:35,63	0:14:43,61	0:15:09,36	0:15:34,46	1:00:03,07	<b>0:59:58,82</b>	M (65)
117.	624	ŻMIJEWSKI Dariusz	Gliwice		0:15:05,09	0:15:03,90	0:14:57,90	0:15:10,48	1:00:17,38	<b>1:00:15,25</b>	M (66)
118.	541	REKIEĆ Kaja	Dąbrowa Górnicza	MIRAZ RACE TEAM	0:15:05,31	0:15:03,41	0:14:57,90	0:15:10,88	1:00:17,51	<b>1:00:15,39</b>	K (52)
119.	482	KRAWCZYK Marta	Zawadzkie		0:14:20,68	0:15:09,09	0:15:29,50	0:15:25,29	1:00:24,57	<b>1:00:16,48</b>	K (53)
120.	556	GRULA Magdalena	bytom	MGB	0:14:26,38	0:15:19,03	0:15:32,55	0:15:32,89	1:00:50,87	<b>1:00:45,12</b>	K (54)
121.	588	NEC Dominika	Mysłowice		0:14:31,09	0:15:22,24	0:15:30,53	0:15:37,81	1:01:01,68	<b>1:00:51,44</b>	K (55)
122.	583	KRÓLIKOWSKA Dorota	Piekary Śląskie		0:14:30,68	0:15:19,13	0:15:57,54	0:15:28,72	1:01:16,08	<b>1:01:11,09</b>	K (56)
123.	479	SÓLTYSIK Rafał	Rokitno		0:13:28,68	0:14:46,87	0:16:07,69	0:16:59,87	1:01:23,13	<b>1:01:19,98</b>	M (67)
124.	515	MAJCHRZAK Katarzyna	Katowice		0:15:26,80	0:15:25,65	0:15:42,75	0:15:09,62	1:01:44,83	<b>1:01:30,18</b>	K (57)
125.	497	WAWOCZNA Malina	Orzesze		0:15:07,25	0:14:47,16	0:15:47,15	0:15:54,21	1:01:35,78	<b>1:01:30,70</b>	K (58)
126.	481	GÓRNIKOWSKA Aldona	Czeladź		0:14:13,25	0:15:03,34	0:16:25,37	0:16:03,23	1:01:45,21	<b>1:01:35,29</b>	K (59)
127.	536	STARMACH Karolina	Pcim		0:13:54,08	0:15:10,13	0:16:21,22	0:16:21,39	1:01:46,83	<b>1:01:42,19</b>	K (60)
128.	597	NIEDBAŁA Magdalena	Czeladz		0:15:42,66	0:15:34,25	0:15:24,70	0:15:27,13	1:02:08,75	<b>1:01:54,68</b>	K (61)
129.	594	LATA Beata	Siemianowice Śląskie		0:15:38,04	0:15:39,11	0:15:30,97	0:15:18,63	1:02:06,77	<b>1:01:55,39</b>	K (62)
130.	548	SZYDŁOWSKA Sabina	Chorzów	AugusTeam	0:15:41,65	0:15:38,58	0:15:29,57	0:15:19,35	1:02:09,17	<b>1:01:58,29</b>	K (63)
131.	567	TURKO Katarzyna	Bytom		0:15:09,59	0:15:28,36	0:15:52,48	0:15:43,81	1:02:14,25	<b>1:02:01,61</b>	K (64)
132.	669	KURASZ Adam	Ruda Śląska		0:14:38,03	0:15:53,26	0:16:17,48	0:15:42,84	1:02:31,63	<b>1:02:27,78</b>	M (68)
133.	565	SKWAREK Sandra	Ruda Śląska		0:14:37,66	0:15:53,46	0:16:17,63	0:15:42,93	1:02:31,68	<b>1:02:27,80</b>	K (65)
134.	522	KUNA Katarzyna	Dąbrowa Górnicza		0:15:31,00	0:15:40,52	0:15:57,70	0:15:29,68	1:02:38,91	<b>1:02:31,12</b>	K (66)
135.	531	MAŁACHOWSKA Izabela	Katowice		0:15:15,14	0:15:46,48	0:15:33,39	0:16:07,35	1:02:42,38	<b>1:02:37,21</b>	K (67)
136.	495	OLSCHIMKE Katarzyna	Katowice		0:14:54,18	0:15:39,16	0:16:09,00	0:16:08,23	1:02:50,58	<b>1:02:40,84</b>	K (68)
137.	997	WALESZ Joanna			0:14:55,96	0:15:54,93	0:16:23,91	0:15:41,80	1:02:56,61	<b>1:02:49,00</b>	K (69)
138.	673	MATUSZYŃSKI Marian	Ruda Śląska	Ślązacy Biegają	0:14:56,38	0:15:53,27	0:16:23,77	0:16:13,15	1:03:26,59	<b>1:03:20,62</b>	M (69)
139.	587	KLUSKA Sylwia	Katowice		0:15:38,80	0:15:52,57	0:16:02,95	0:16:18,63	1:03:52,96	<b>1:03:43,82</b>	K (70)
140.	496	KRYSKA Aleksandra	Knurów		0:15:24,66	0:16:04,31	0:16:40,99	0:16:08,63	1:04:18,61	<b>1:04:09,39</b>	K (71)
141.	596	KRZYWICKA Marta	Gliwice		0:15:39,58	0:15:55,96	0:16:19,28	0:16:34,95	1:04:29,79	<b>1:04:17,33</b>	K (72)
142.	598	MALCZEWSKA Anna	Gliwice	Malczusia Team	0:15:35,76	0:16:03,67	0:16:22,97	0:16:44,41	1:04:46,82	<b>1:04:35,00</b>	K (73)
143.	617	DUDA Łukasz	Chorzów	Śląsk Runners	0:14:31,85	0:16:16,46	0:16:44,77	0:17:10,11	1:04:43,21	<b>1:04:37,72</b>	M (70)
144.	584	ŻACZKIEWICZ Sylwia	Katowice	PwC SDC Runners Team	0:14:41,85	0:17:07,48	0:16:46,53	0:16:38,38	1:05:14,25	<b>1:05:09,36</b>	K (74)
145.	570	JANOSZKA Julia	Zabrze	Ślązacy Biegają	0:16:15,33	0:16:42,59	0:16:55,82	0:15:25,21	1:05:18,97	<b>1:05:12,18</b>	K (75)
146.	640	KELLER Patryk	Bytom	Ślązacy Biegają	0:16:15,13	0:16:42,75	0:16:55,61	0:15:26,83	1:05:20,34	<b>1:05:13,41</b>	M (71)
147.	542	STELLMACH Ewa	Zabrze		0:15:35,76	0:16:33,32	0:16:34,58	0:16:50,07	1:05:33,75	<b>1:05:21,55</b>	K (76)

Miejsce	Numer	Imię i nazwisko	Miasto	Klub	Lap1	Lap2	Lap3	Lap4	Brutto	Netto	Płeć /m-sce
148.	550	KUCIEL Agnieszka	Jaworzno		0:16:11,94	0:16:24,27	0:16:58,08	0:16:34,59	1:06:08,90	<b>1:05:55,07</b>	K (77)
149.	538	BUJOCZEK Ewa	Bytom		0:16:11,17	0:16:19,79	0:16:48,01	0:16:50,73	1:06:09,70	<b>1:05:56,40</b>	K (78)
150.	679	MALINOWSKI Adrian	Będzin	#czeladzbiega	0:16:11,41	0:16:19,36	0:16:48,34	0:16:50,46	1:06:09,59	<b>1:05:57,71</b>	M (72)
151.	595	KOTUCZ Agnieszka	Katowice	Hager Sport Team	0:16:25,44	0:16:48,35	0:16:32,47	0:16:39,67	1:06:25,95	<b>1:06:15,91</b>	K (79)
152.	516	PACYNA PRZYBYLAK Agnieszka	Myszkowice		0:16:57,63	0:17:10,17	0:16:28,89	0:15:55,45	1:06:32,16	<b>1:06:30,57</b>	K (80)
153.	638	TROJANOWSKI Wojciech	Bytom		0:16:58,66	0:17:06,75	0:16:30,46	0:15:57,24	1:06:33,12	<b>1:06:31,25</b>	M (73)
154.	547	MIGDAŁ Iwona	Gliwice		0:16:25,19	0:16:50,71	0:16:53,46	0:16:38,54	1:06:47,91	<b>1:06:39,91</b>	K (81)
155.	626	WYRZYCHOWSKI Łukasz	Knurów	Biegnij WooCash	0:14:37,31	0:17:50,56	0:17:33,00	0:16:57,47	1:06:58,36	<b>1:06:45,46</b>	M (74)
156.	660	ZIELONKA Kamil	Czerwionka-Leszczyny		0:15:58,92	0:16:28,79	0:17:32,87	0:17:00,09	1:07:00,68	<b>1:06:47,34</b>	M (75)
157.	564	POLAKOWICZ Aleksandra	Chorzów		0:16:17,90	0:17:01,79	0:17:25,95	0:16:57,87	1:07:43,53	<b>1:07:31,99</b>	K (82)
158.	554	GRĘBSKA-BODZĘTA Agata	Trzebinia		0:16:18,60	0:16:39,77	0:17:35,52	0:17:14,77	1:07:48,68	<b>1:07:45,57</b>	K (83)
159.	519	MOTYL Agata	Radzionków		0:16:41,20	0:17:31,55	0:16:59,91	0:16:48,36	1:08:01,04	<b>1:07:48,54</b>	K (84)
160.	615	PACUDA Arkadiusz	Lubliniec		0:15:55,35	0:18:02,89	0:18:48,06	0:17:32,35	1:10:18,66	<b>1:10:08,24</b>	M (76)
161.	525	PIECUCH Małgorzata	Siemianowice Śląskie		0:17:39,98	0:18:52,98	0:18:56,36	0:17:46,04	1:13:15,37	<b>1:13:02,07</b>	K (85)
162.	484	GŁĄB Mariola	Gliwice		0:17:34,74	0:20:30,10	0:21:04,64	0:18:25,48	1:17:34,98	<b>1:17:25,98</b>	K (86)

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