

# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



GOSPODARZ



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię        | Miejscowość         | Klub   | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M  | K |
|------|---------|----------------------|---------------------|--|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|----|---|
| 1    | 1571    | RAJCA MICHAŁ         | GLUCHOŁAZY          | GT RAT   | PL   | 1990       | M18       | 1          | 00:00:01,15 | 4:31         | 13,3       | 00:34:48,95 | 01:21:23,95 | <b>01:48:24,05</b> | 01:48:25,20 | 1  |   |
| 2    | 1506    | SZCZEŚNIEWSKI MIŁOSZ | DĄBCZE              | SALCO GARMIN TEAM                                    | PL   | 1989       | M18       | 2          | 00:00:01,25 | 4:46         | 12,6       | 00:36:30,05 | 01:25:25,90 | <b>01:54:25,70</b> | 01:54:26,95 | 2  |   |
| 3    | 1250    | HERCOG PIOTR         | KUDOWA-ZDRÓJ        | SALOMON SUUNTO TEAM                                  | PL   | 1976       | M40       | 1          | 00:00:01,35 | 4:46         | 12,6       | 00:36:28,90 | 01:25:22,60 | <b>01:54:25,90</b> | 01:54:27,25 | 3  |   |
| 4    | 1311    | GONCZARENKO JAREK    | ŻYWIEC              |  | PL   | 1980       | M30       | 1          | 00:00:01,60 | 5:06         | 11,8       | 00:39:13,45 | 01:31:42,05 | <b>02:02:12,70</b> | 02:02:14,30 | 4  |   |
| 5    | 1242    | JURA MACIEJ          | NOWY SĄCZ           | ITMBW KRAKÓW   | PL   | 1990       | M18       | 3          | 00:00:07,95 | 5:10         | 11,6       | 00:39:14,90 | 01:33:25,90 | <b>02:03:50,50</b> | 02:03:58,45 | 5  |   |
| 6    | 1363    | STĘPIEŃ PAWEŁ        | DZIERŻONIÓW         |  | PL   | 1991       | M18       | 4          | 00:00:02,65 | 5:13         | 11,5       | 00:39:48,00 | 01:33:17,40 | <b>02:05:08,55</b> | 02:05:11,20 | 6  |   |
| 7    | 1329    | KRUPA MARCIN         | NOWA RUDA           | AKTYWNA NOWA RUDA                                    | PL   | 1976       | M40       | 2          | 00:00:01,15 | 5:14         | 11,5       | 00:39:13,75 | 01:33:19,55 | <b>02:05:44,15</b> | 02:05:45,30 | 7  |   |
| 8    | 1172    | ŻWIŃSKI MARCIN       | NYSA                |  | PL   | 1989       | M18       | 5          | 00:00:14,60 | 5:16         | 11,4       | 00:40:26,00 | 01:34:03,95 | <b>02:06:35,55</b> | 02:06:50,15 | 8  |   |
| 9    | 1207    | JACHYMZYK NORBERT    | JAWORZNO            | KB MCKJIS JAWORZNO                                   | PL   | 1978       | M40       | 3          | 00:00:02,10 | 5:17         | 11,4       | 00:40:57,65 | 01:36:35,55 | <b>02:06:43,05</b> | 02:06:45,15 | 9  |   |
| 10   | 1514    | KOWOLIK MACIEJ       | KATOWICE            |  | PL   | 1989       | M18       | 6          | 00:00:03,25 | 5:25         | 11,1       | 00:40:16,20 | 01:36:38,40 | <b>02:09:50,80</b> | 02:09:54,05 | 10 |   |
| 11   | 1436    | KOZAK ROBERT         | WAŁBRZYCH           | RONAL POLSKA RUN                                     | PL   | 1978       | M40       | 4          | 00:00:01,00 | 5:27         | 11,0       | 00:43:01,10 | 01:40:29,35 | <b>02:10:52,45</b> | 02:10:53,45 | 11 |   |
| 12   | 1290    | FUTOMA RAFAŁ         | RADKÓW              | FUTEREK TEAM OCHOTNICZA STRAŻ POŻARNA RADKÓW         | PL   | 1979       | M30       | 2          | 00:00:01,35 | 5:30         | 10,9       | 00:41:56,05 | 01:39:08,00 | <b>02:11:49,95</b> | 02:11:51,30 | 12 |   |
| 13   | 1481    | IGNACZAK MARCIN      | ŻYCHLIN             | IFB BROKER-FILLCO IFB BROKER                         | PL   | 1977       | M40       | 5          | 00:00:01,65 | 5:31         | 10,9       |             |             | <b>02:12:19,50</b> | 02:12:21,15 | 13 |   |
| 14   | 1164    | KOWALSKI MACIEJ      | OŚNO LUBUSKIE       | MORSY OŚNO LUBUSKIE                                  | PL   | 1975       | M40       | 6          | 00:00:13,70 | 5:32         | 10,9       | 00:43:23,45 | 01:41:08,95 | <b>02:12:36,75</b> | 02:12:50,45 | 14 |   |
| 15   | 1274    | SOJKA JAKUB          | WILKSZYN            |  | PL   | 1985       | M30       | 3          | 00:00:02,15 | 5:32         | 10,9       | 00:41:19,30 | 01:40:29,00 | <b>02:12:41,90</b> | 02:12:44,05 | 15 |   |
| 16   | 1661    | NAWRÓT WOJCIECH      | WROCLAW             |  | PL   | 1982       | M30       | 4          | 00:00:04,70 | 5:36         | 10,7       | 00:41:29,30 | 01:39:35,65 | <b>02:14:16,70</b> | 02:14:21,40 | 16 |   |
| 17   | 1175    | KUTAJ DAWID          | HENRYKÓW            | KLASZTOR KSIĘGI HENRYKOWSKIEJ                        | PL   | 1990       | M18       | 7          | 00:00:02,20 | 5:36         | 10,7       | 00:43:58,25 | 01:42:53,65 | <b>02:14:25,15</b> | 02:14:27,35 | 17 |   |
| 18   | 1323    | KALICKI PATRYK       | CICHOBÓRZ           |  | PL   | 1994       | M18       | 8          | 00:00:04,95 | 5:37         | 10,7       | 00:44:08,75 | 01:42:20,65 | <b>02:14:41,25</b> | 02:14:46,20 | 18 |   |
| 19   | 1582    | LEŚNIAK JAROSŁAW     | CZĘSTOCHOWA         | MAKARONY POLSKIE                                     | PL   | 1983       | M30       | 5          | 00:00:10,05 | 5:38         | 10,6       | 00:44:15,15 | 01:42:23,75 | <b>02:15:21,35</b> | 02:15:31,40 | 19 |   |
| 20   | 1528    | LUBAŃSKI ROBERT      | BUKOWICE            |  | PL   | 1966       | M50       | 1          | 00:00:03,00 | 5:38         | 10,6       | 00:42:53,25 | 01:42:16,10 | <b>02:15:21,75</b> | 02:15:24,75 | 20 |   |
| 21   | 1158    | WYSOCHAŃSKI ADRIAN   | PIETRZYKOWICE       |  | PL   | 1976       | M40       | 7          | 00:00:04,85 | 5:40         | 10,6       | 00:42:17,75 | 01:41:20,60 | <b>02:15:58,55</b> | 02:16:03,40 | 21 |   |
| 22   | 10006   | DROZD MICHAŁ         | KOŁAKÓW             | GRUSZKA Z JEDNYM SKRZYDŁEM                           | PL   | 1978       | M40       | 8          | 00:00:03,20 | 5:42         | 10,5       | 00:44:43,90 | 01:43:36,80 | <b>02:16:58,05</b> | 02:17:01,25 | 22 |   |
| 23   | 1523    | LUZAR RAFAŁ          | OPOLE               |  | PL   | 1979       | M30       | 6          | 00:00:06,80 | 5:43         | 10,5       | 00:44:27,75 | 01:43:18,30 | <b>02:17:20,95</b> | 02:17:27,75 | 23 |   |
| 24   | 1665    | BALUTA EDYTA         | KRAKÓW              | XRUNNERS   | PL   | 1994       | K18       | 1          | 00:00:05,75 | 5:46         | 10,4       | 00:44:16,05 | 01:44:24,55 | <b>02:18:16,50</b> | 02:18:22,25 |    | 1 |
| 25   | 1300    | WINIARZYK KRZYSZTOF  | ŚWIEBODZICE         | KLUB SPORTOWY REKIN ŚWIEBODZICE                      | PL   | 1982       | M30       | 7          | 00:00:04,65 | 5:48         | 10,4       | 00:42:16,75 | 01:41:40,75 | <b>02:19:02,15</b> | 02:19:06,80 | 24 |   |
| 26   | 1211    | KEMPA KRZYSZTOF      | TRZEBNICA           | ATHLETICS TEAM PRUSICE                               | PL   | 1987       | M30       | 8          | 00:00:05,00 | 5:48         | 10,3       | 00:43:10,55 | 01:44:27,65 | <b>02:19:21,50</b> | 02:19:26,50 | 25 |   |
| 27   | 1694    | STANIK WITOLD        | OPOCZNO             | YEOPY OPOCZNO  | PL   | 1981       | M30       | 9          | 00:00:31,70 | 5:49         | 10,3       | 00:46:33,45 | 01:45:50,50 | <b>02:19:34,70</b> | 02:20:06,40 | 26 |   |
| 28   | 1219    | KAFARSKA URSZULA     | POZNAŃ              | SKS OBORNIKI   | PL   | 1993       | K18       | 2          | 00:00:04,55 | 5:50         | 10,3       | 00:42:32,60 | 01:44:18,45 | <b>02:20:09,10</b> | 02:20:13,65 |    | 2 |
| 29   | 1214    | HARKIEWICZ PIOTR     | POZNAŃ              | NARAMOWICE BIEGAJĄ                                   | PL   | 1981       | M30       | 10         | 00:00:02,80 | 5:51         | 10,3       | 00:42:48,55 | 01:44:31,10 | <b>02:20:13,20</b> | 02:20:16,00 | 27 |   |
| 30   | 1526    | TOMASZKIEWICZ ŁUKASZ | ŁOWICZ              | KK ŁOWICZ  | PL   | 1987       | M30       | 11         | 00:00:12,10 | 5:51         | 10,3       | 00:44:13,60 | 01:44:21,50 | <b>02:20:25,55</b> | 02:20:37,65 | 28 |   |
| 31   | 1213    | DROBZYŃSKI BARTOSZ   | SZCZECIN            | PUSZCZYK BUKOWY                                      | PL   | 1982       | M30       | 12         | 00:00:12,85 | 5:52         | 10,2       | 00:44:00,95 | 01:45:18,90 | <b>02:20:52,65</b> | 02:21:05,50 | 29 |   |
| 32   | 1337    | KOŃCZAŁ PRZEMYSŁAW   | WROCLAW             |  | PL   | 1974       | M40       | 9          | 00:00:08,50 | 5:53         | 10,2       | 00:45:20,05 | 01:45:19,40 | <b>02:21:15,45</b> | 02:21:23,95 | 30 |   |
| 33   | 1525    | PRZYGODA ULA         | ŁOWICZ              | KK ŁOWICZ  | PL   | 1987       | K30       | 1          | 00:00:12,45 | 5:56         | 10,1       | 00:45:19,75 | 01:47:45,05 | <b>02:22:12,85</b> | 02:22:25,30 |    | 3 |
| 34   | 1604    | KOTYRBA TOMASZ       | KATOWICE            |  | PL   | 1986       | M30       | 13         | 00:00:13,00 | 5:58         | 10,1       | 00:47:26,45 | 01:48:08,35 | <b>02:23:11,35</b> | 02:23:24,35 | 31 |   |
| 35   | 10008   | RASZPLA ROBERT       | PIASECZNO           | SERWIS SPEED ROBERT RASZPLA                          | PL   | 1971       | M40       | 10         | 00:00:46,55 | 5:59         | 10,0       | 00:50:07,25 | 01:50:43,20 | <b>02:23:42,60</b> | 02:24:29,15 | 32 |   |
| 36   | 1563    | KWIATKOWSKI ŁUKASZ   | LUBIN               | JASNA STRONA MOCY JASNA STRONA MOCY                  | PL   | 1978       | M40       | 11         | 00:00:16,70 | 6:01         | 10,0       | 00:46:42,50 | 01:48:48,00 | <b>02:24:23,15</b> | 02:24:39,85 | 33 |   |
| 37   | 1699    | MIAZGA MICHAŁ        | DZIERŻONIÓW         | MIAZGA MIAZGA  | PL   | 1974       | M40       | 12         | 00:00:08,45 | 6:02         | 9,9        | 00:44:40,95 | 01:47:15,10 | <b>02:24:53,30</b> | 02:25:01,75 | 34 |   |
| 38   | 10029   | MARKOWSKI TOMASZ     | PŁOCK               | RYKOWISKO TEAM PKN ORLEN S.A.                        | PL   | 1982       | M30       | 14         | 00:00:03,05 | 6:03         | 9,9        | 00:45:12,30 | 01:48:25,15 | <b>02:25:21,75</b> | 02:25:24,80 | 35 |   |
| 39   | 10005   | DYBOL DAWID          | OSTRÓW WIELKOPOLSKI |  | PL   | 1979       | M30       | 15         | 00:00:02,70 | 6:03         | 9,9        | 00:45:12,60 | 01:48:26,00 | <b>02:25:21,85</b> | 02:25:24,55 | 36 |   |
| 40   | 1232    | MORAWSKI MATEUSZ     | PRZEWÓZ             | ŻARY RUNNERS TEAM                                    | PL   | 1991       | M18       | 9          | 00:00:15,55 | 6:04         | 9,9        | 00:45:07,80 | 01:47:50,95 | <b>02:25:26,45</b> | 02:25:42,00 | 37 |   |
| 41   | 1502    | MARKIEWICZ ARTUR     | PODDĘBICE           | PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL PODDĘBICKI KLUB | PL   | 1980       | M30       | 16         | 00:00:05,45 | 6:04         | 9,9        | 00:45:14,95 | 01:49:39,75 | <b>02:25:39,20</b> | 02:25:44,65 | 38 |   |
| 42   | 1335    | NOLBRZAK MICHAŁ      | ŁÓDŹ                | COKE RUNNERS   | PL   | 1975       | M40       | 13         | 00:00:11,75 | 6:05         | 9,9        | 00:47:54,70 | 01:50:37,35 | <b>02:25:49,40</b> | 02:26:01,15 | 39 |   |
| 43   | 1224    | PODOLUK MAREK        | WROCLAW             |  | PL   | 1975       | M40       | 14         | 00:00:12,90 | 6:05         | 9,9        | 00:46:27,70 | 01:49:05,35 | <b>02:25:54,25</b> | 02:26:07,15 | 40 |   |
| 44   | 1636    | PETRYNA JAGODA       | WROCLAW             | NOA  | PL   | 1988       | K30       | 2          | 00:00:05,70 | 6:05         | 9,9        | 00:46:21,95 | 01:50:51,20 | <b>02:26:08,60</b> | 02:26:14,30 |    | 4 |
| 45   | 1664    | BALUTA ANNA          | LIMANOWA            | XRUNNERS   | PL   | 1992       | K18       | 3          | 00:00:05,95 | 6:06         | 9,8        | 00:46:15,35 | 01:49:30,30 | <b>02:26:18,80</b> | 02:26:24,75 |    | 5 |
| 46   | 1277    | GÓRSKI SYLWESTER     | CZĘSTOCHOWA         | ZABIEGANI CZĘSTOCHOWA                                | PL   | 1971       | M40       | 15         | 00:00:02,70 | 6:06         | 9,8        | 00:46:06,35 | 01:48:34,50 | <b>02:26:27,95</b> | 02:26:30,65 | 41 |   |
| 47   | 1640    | FALTYNOWSKI ALBERT   | ŁOWICZ              |  | PL   | 1998       | M18       | 10         | 00:00:12,45 | 6:07         | 9,8        | 00:47:09,00 | 01:50:30,25 | <b>02:26:42,70</b> | 02:26:55,15 | 42 |   |
| 48   | 1539    | ILKIEWICZ ADAM       | WARSZAWA            | ALLIANZ RUNNING TEAM                                 | PL   | 1981       | M30       | 17         | 00:00:03,95 | 6:07         | 9,8        | 00:48:27,65 | 01:51:46,15 | <b>02:26:45,55</b> | 02:26:49,50 | 43 |   |
| 49   | 1569    | GRZEGORCZYK WOJCIECH | WROCLAW             |  | PL   | 1980       | M30       | 18         | 00:00:22,45 | 6:07         | 9,8        | 00:47:18,70 | 01:50:03,80 | <b>02:26:48,90</b> | 02:27:11,35 | 44 |   |
| 50   | 1451    | ROJEWSKI MICHAŁ      | POZNAŃ              | NARAMOWICE BIEGAJĄ NARAMOWICE BIEGAJĄ                | PL   | 1983       | M30       | 19         | 00:00:03,30 | 6:07         | 9,8        | 00:48:12,65 | 01:52:04,05 | <b>02:26:52,65</b> | 02:26:55,95 | 45 |   |

# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY

GARMIN

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ORGANIZATORZY



labo sport

| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość             | Klub                              | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M  | K |
|------|---------|----------------------------|-------------------------|-----------------------------------|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|----|---|
| 51   | 1181    | SZCZEPANIK ROBERT          | DZIERŻONIÓW             |                                   | PL   | 1973       | M40       | 16         | 00:00:08,60 | 6:08         | 9,8        | 00:46:46,40 | 01:51:02,40 | <b>02:27:05,80</b> | 02:27:14,40 | 46 |   |
| 52   | 1260    | DUDEK MONIKA               | ZIĘBICE                 | PASJA CHRZANKA RUNNING TEAM       | PL   | 1983       | K30       | 3          | 00:00:01,60 | 6:09         | 9,7        | 00:46:38,05 | 01:51:01,55 | <b>02:27:44,40</b> | 02:27:46,00 |    | 6 |
| 53   | 1653    | HOLYST ANDRZEJ             | NOWA RUDA               |                                   | PL   | 1981       | M30       | 20         | 00:00:02,10 | 6:09         | 9,7        | 00:44:20,95 | 01:50:02,80 | <b>02:27:47,35</b> | 02:27:49,45 | 47 |   |
| 54   | 1445    | ORDYNIEC SŁAWOMIR          | ŚWIDNICA                | KB LEROY MERLIN                   | PL   | 1995       | M18       | 11         | 00:00:06,80 | 6:12         | 9,7        | 00:46:38,85 | 01:50:52,70 | <b>02:28:47,00</b> | 02:28:53,80 | 48 |   |
| 55   | 1477    | KALUŻNY WOJCIECH           | ŚWIDNICA                |                                   | PL   | 1977       | M40       | 17         | 00:00:41,25 | 6:12         | 9,7        | 00:51:25,85 | 01:54:08,80 | <b>02:28:58,00</b> | 02:29:39,25 | 49 |   |
| 56   | 1180    | LOS PATRYK                 | KRAPKOWICE              | LOSTEAM                           | PL   | 1981       | M30       | 21         | 00:00:07,85 | 6:13         | 9,7        | 00:46:58,45 | 01:51:13,55 | <b>02:29:00,45</b> | 02:29:08,30 | 50 |   |
| 57   | 1407    | NOWAK MAREK                | POZNAŃ                  | EXPLORADOR                        | PL   | 1981       | M30       | 22         | 00:00:09,10 | 6:13         | 9,6        | 00:47:17,80 | 01:52:18,35 | <b>02:29:13,85</b> | 02:29:22,95 | 51 |   |
| 58   | 10030   | JAWOROWICZ TOMASZ          | KONSTANCIN-JEZIORNA     | KS PEGAZ                          | PL   | 1977       | M40       | 18         | 00:00:09,45 | 6:14         | 9,6        | 00:47:16,75 | 01:52:22,40 | <b>02:29:37,60</b> | 02:29:47,05 | 52 |   |
| 59   | 1475    | CYRAN PIOTR                | NYSA                    | SKYRUNNERS                        | PL   | 1986       | M30       | 23         | 00:00:14,25 | 6:16         | 9,6        | 00:46:41,65 | 01:51:07,80 | <b>02:30:13,90</b> | 02:30:28,15 | 53 |   |
| 60   | 1537    | OPPELN-BRONIKOWSKI MATEUSZ | SIEROSŁAW               |                                   | PL   | 1988       | M30       | 24         | 00:00:05,15 | 6:17         | 9,6        | 00:47:54,40 | 01:52:02,45 | <b>02:30:36,20</b> | 02:30:41,35 | 54 |   |
| 61   | 1542    | WYSOKINSKA JUSTYNA         | POZNAŃ                  | ASICSFRONTRUNNER POLAND           | PL   | 1989       | K18       | 4          | 00:00:05,15 | 6:17         | 9,6        | 00:47:53,60 | 01:52:23,30 | <b>02:30:36,55</b> | 02:30:41,70 | 7  |   |
| 62   | 1501    | MEISSNEROVÁ HELENA         | JAVORNIK                | TEAM JESENÍKY CHATA EDUARD        | CZ   | 1996       | K18       | 5          | 00:00:34,00 | 6:17         | 9,5        | 00:48:36,90 | 01:54:07,20 | <b>02:30:49,30</b> | 02:31:23,30 | 8  |   |
| 63   | 1341    | MATUSZEWSKI GRZEGORZ       | PASZOWICE               |                                   | PL   | 1993       | M18       | 12         | 00:00:17,90 | 6:19         | 9,5        | 00:46:21,20 | 01:50:51,30 | <b>02:31:24,45</b> | 02:31:42,35 | 55 |   |
| 64   | 1692    | KOŁTUN KONRAD              | WROCŁAW                 |                                   | PL   | 1995       | M18       | 13         | 00:00:21,00 | 6:19         | 9,5        | 00:50:19,15 | 01:55:13,20 | <b>02:31:37,20</b> | 02:31:58,20 | 56 |   |
| 65   | 1264    | SPIŻ CEZARY                | PRZEZMIEROWO            | TARNOWO PODGÓRNE BIEGA            | PL   | 1980       | M30       | 25         | 00:00:33,90 | 6:19         | 9,5        | 00:50:09,45 | 01:56:59,40 | <b>02:31:42,75</b> | 02:32:16,65 | 57 |   |
| 66   | 1424    | WITOSŁAWSKI MACIEJ         | POZNAŃ                  |                                   | PL   | 1984       | M30       | 26         | 00:00:15,05 | 6:20         | 9,5        | 00:48:39,10 | 01:54:12,35 | <b>02:31:55,10</b> | 02:32:10,15 | 58 |   |
| 67   | 1511    | NEUGEBAUER RADOMÍR         | BĚLÁ POD PRADĚDEM       | CHATA EDUARD                      | PL   | 1977       | M40       | 19         | 00:00:34,40 | 6:20         | 9,5        | 00:48:37,40 | 01:54:07,50 | <b>02:32:02,45</b> | 02:32:36,85 | 59 |   |
| 68   | 1374    | GRAMALA MATEUSZ            | KRAPKOWICE              |                                   | PL   | 1994       | M18       | 14         | 00:00:20,10 | 6:20         | 9,5        | 00:48:42,95 | 01:55:53,05 | <b>02:32:10,00</b> | 02:32:30,10 | 60 |   |
| 69   | 1238    | GACEK MICHAŁ               | NYSA                    | NOA                               | PL   | 1986       | M30       | 27         | 00:00:05,90 | 6:21         | 9,5        | 00:46:56,85 | 01:52:53,20 | <b>02:32:13,05</b> | 02:32:18,95 | 61 |   |
| 70   | 1461    | SIUDZIŃSKI MARCIN          | KONSTANCIN-JEZIORNA     | BANK BGŻ BNP PARIBAS S.A.         | PL   | 1981       | M30       | 28         | 00:00:04,15 | 6:22         | 9,4        | 00:48:35,40 | 01:53:36,70 | <b>02:32:41,65</b> | 02:32:45,80 | 62 |   |
| 71   | 1205    | LITWIN MONIKA              | PASIKUROWICE            | LITWIN TEAM                       | PL   | 1982       | K30       | 4          | 00:00:23,35 | 6:22         | 9,4        | 00:47:23,25 | 01:53:29,20 | <b>02:32:59,10</b> | 02:33:22,45 | 9  |   |
| 72   | 1452    | BARYŁA PIOTR               | WAŁBRZYCH               | RONAL POLSKA RUN                  | PL   | 1982       | M30       | 29         | 00:00:01,95 | 6:23         | 9,4        | 00:48:46,10 | 01:56:00,90 | <b>02:33:11,45</b> | 02:33:13,40 | 63 |   |
| 73   | 1638    | MODERHAK MARCELINA         | GDYNIA                  | EDF TREK GDYNIA                   | PL   | 1985       | K30       | 5          | 00:00:12,40 | 6:23         | 9,4        | 00:51:31,25 | 01:57:05,45 | <b>02:33:18,00</b> | 02:33:30,40 | 10 |   |
| 74   | 1588    | SMOLIŃSKI PAWEŁ            | WROCŁAW                 | TORQ PRO RUN                      | PL   | 1964       | M50       | 2          | 00:00:17,35 | 6:25         | 9,3        | 00:49:49,40 | 01:55:27,85 | <b>02:34:03,60</b> | 02:34:20,95 | 64 |   |
| 75   | 1188    | LITWIN MICHAŁ              | PASIKUROWICE            | LITWIN TEAM                       | PL   | 1982       | M30       | 30         | 00:00:23,95 | 6:26         | 9,3        | 00:45:40,00 | 01:51:14,15 | <b>02:34:13,40</b> | 02:34:37,35 | 65 |   |
| 76   | 1161    | BRONIK TOMASZ              | WROCŁAW                 |                                   | PL   | 1982       | M30       | 31         | 00:00:07,25 | 6:26         | 9,3        | 00:47:44,50 | 01:54:50,45 | <b>02:34:23,80</b> | 02:34:31,05 | 66 |   |
| 77   | 1585    | SZANDAŁA JACEK             | OLEŚNICA                | CAŁA OLEŚNICA BIEGA               | PL   | 1976       | M40       | 20         | 00:00:35,10 | 6:27         | 9,3        | 00:49:14,35 | 01:55:22,35 | <b>02:34:46,00</b> | 02:35:21,10 | 67 |   |
| 78   | 1176    | BRONISZEWSKI ŁUKASZ        | WARSZAWA                |                                   | PL   | 1989       | M18       | 15         | 00:00:08,85 | 6:28         | 9,3        | 00:48:13,70 | 01:54:47,85 | <b>02:35:03,85</b> | 02:35:12,70 | 68 |   |
| 79   | 1366    | SZMIDT KAROL               | BISKUPIE                | SZMIDT I SYN                      | PL   | 1984       | M30       | 32         | 00:00:01,95 | 6:28         | 9,3        | 00:47:15,45 | 01:55:04,45 | <b>02:35:13,00</b> | 02:35:14,95 | 69 |   |
| 80   | 1203    | LANDYSZKOWSKI PIOTR        | LESZNO                  | LESZNO LIMITS RUNNERS             | PL   | 1984       | M30       | 33         | 00:00:30,80 | 6:29         | 9,3        | 00:49:26,60 | 01:55:40,65 | <b>02:35:24,10</b> | 02:35:54,90 | 70 |   |
| 81   | 1153    | KOZIOŁ WERONIKA            | KROSNO                  |                                   | PL   | 1994       | K18       | 6          | 00:00:07,40 | 6:29         | 9,3        | 00:50:08,40 | 01:57:46,55 | <b>02:35:26,75</b> | 02:35:34,15 | 11 |   |
| 82   | 1306    | GOŚ PIOTR                  | POZNAŃ                  | NARAMOWICE BIEGAJĄ                | PL   | 1976       | M40       | 21         | 00:00:05,10 | 6:30         | 9,2        | 00:50:10,40 | 01:58:12,25 | <b>02:35:49,80</b> | 02:35:54,90 | 71 |   |
| 83   | 1304    | POLEWSKI RASHID MAREK      | POZNAŃ                  | NARAMOWICE BIEGAJĄ                | PL   | 1978       | M40       | 22         | 00:00:04,25 | 6:30         | 9,2        | 00:50:45,15 | 01:58:04,50 | <b>02:36:06,80</b> | 02:36:11,05 | 72 |   |
| 84   | 1601    | KALICKI MATEUSZ            | POZNAŃ                  |                                   | PL   | 1990       | M18       | 16         | 00:01:09,80 | 6:31         | 9,2        | 00:56:12,90 | 02:01:50,35 | <b>02:36:17,30</b> | 02:37:27,10 | 73 |   |
| 85   | 1215    | KSIĄŻKIEWICZ TOMASZ        | LESZNO                  | #RUSZ4LITERY                      | PL   | 1975       | M40       | 23         | 00:00:22,20 | 6:31         | 9,2        | 00:53:39,05 | 01:59:49,40 | <b>02:36:22,05</b> | 02:36:44,25 | 74 |   |
| 86   | 1689    | KLĄHS DAWID                | WROCŁAW                 | ORWL                              | PL   | 1990       | M18       | 17         | 00:00:20,80 | 6:32         | 9,2        | 00:52:08,60 | 01:59:36,30 | <b>02:36:45,40</b> | 02:37:06,20 | 75 |   |
| 87   | 1633    | CABAJ PAWEŁ                | WARSZAWA                | NATIONALE NEDERLANDEN RUNING TEAM | PL   | 1975       | M40       | 24         | 00:00:28,80 | 6:32         | 9,2        | 00:49:05,30 | 01:58:31,25 | <b>02:36:56,15</b> | 02:37:24,95 | 76 |   |
| 88   | 1599    | KORCZYK JAKUB              | KOMOROWO                |                                   | PL   | 1985       | M30       | 34         | 00:00:16,45 | 6:32         | 9,2        | 00:49:06,65 | 01:56:48,85 | <b>02:36:59,45</b> | 02:37:15,90 | 77 |   |
| 89   | 1534    | JANECZEK ADAM              | KOZIENICE               | SAUCONY FREEDOM TEAM SAUCONY      | PL   | 1987       | M30       | 35         | 00:00:16,60 | 6:33         | 9,2        | 00:48:25,90 | 01:57:09,25 | <b>02:37:05,35</b> | 02:37:21,95 | 78 |   |
| 90   | 1309    | OWSIANNIK GRZEGORZ         | LEGNICA                 |                                   | PL   | 1976       | M40       | 25         | 00:00:04,45 | 6:33         | 9,2        | 00:49:02,45 | 01:58:06,50 | <b>02:37:19,30</b> | 02:37:23,75 | 79 |   |
| 91   | 1480    | GLIŃSKI RADOŚLAW           | NIEDARÝ (GMINA ZAWONIA) |                                   | PL   | 1985       | M30       | 36         | 00:00:07,95 | 6:34         | 9,1        | 00:48:48,10 | 01:56:05,75 | <b>02:37:32,40</b> | 02:37:40,35 | 80 |   |
| 92   | 1162    | ZOLICH RAFAŁ               | USTROŃ                  | NITTAN EURO TECH                  | PL   | 1983       | M30       | 37         | 00:00:34,55 | 6:34         | 9,1        | 00:51:40,80 | 01:59:11,50 | <b>02:37:36,90</b> | 02:38:11,45 | 81 |   |
| 93   | 1655    | KOSZEWSKI MICHAŁ           | BYDGOSZCZ               |                                   | PL   | 1986       | M30       | 38         | 00:00:37,50 | 6:35         | 9,1        | 00:49:42,85 | 01:53:52,40 | <b>02:38:03,35</b> | 02:38:40,85 | 82 |   |
| 94   | 1344    | KURZAWIAK GRZEGORZ         | KARŁÓW                  |                                   | PL   | 1982       | M30       | 39         | 00:00:07,25 | 6:35         | 9,1        | 00:47:52,55 | 01:56:56,45 | <b>02:38:06,35</b> | 02:38:13,60 | 83 |   |
| 95   | 1332    | GRYGLEWSKI ŁUKASZ          | RADOMSKO                | COKE RUNNERS COCA COLA            | PL   | 1991       | M18       | 18         | 00:00:11,40 | 6:35         | 9,1        | 00:49:42,00 | 01:59:13,30 | <b>02:38:07,20</b> | 02:38:18,60 | 84 |   |
| 96   | 1672    | WALUŚKIEWICZ ARTUR         | WROCŁAW                 |                                   | PL   | 1967       | M50       | 3          | 00:01:08,55 | 6:36         | 9,1        | 00:54:06,50 | 02:01:48,30 | <b>02:38:25,70</b> | 02:39:34,25 | 85 |   |
| 97   | 1625    | RUSIECKI MIKOŁAJ           | BYDGOSZCZ               | KEEPER                            | PL   | 1987       | M30       | 40         | 00:00:17,55 | 6:36         | 9,1        | 00:50:11,20 | 01:58:18,50 | <b>02:38:32,45</b> | 02:38:50,00 | 86 |   |
| 98   | 1546    | ORECKI RADOŚLAW            | SZCZECIN                |                                   | PL   | 1985       | M30       | 41         | 00:00:38,40 | 6:37         | 9,1        | 00:51:39,50 | 01:59:46,60 | <b>02:38:36,50</b> | 02:39:14,90 | 87 |   |
| 99   | 1673    | MARKOWSKA KAROLINA         | WROCŁAW                 | EUROPA UBEZPIECZENIA/NOA          | PL   | 1988       | K30       | 6          | 00:00:05,90 | 6:37         | 9,1        | 00:49:40,00 | 01:59:58,40 | <b>02:38:39,40</b> | 02:38:45,30 | 12 |   |
| 100  | 1339    | NOWAK DAWID                | POZNAŃ                  | TRICERATOPS                       | PL   | 1981       | M30       | 42         | 00:00:14,25 | 6:37         | 9,1        | 00:50:12,50 | 01:58:25,50 | <b>02:38:46,45</b> | 02:39:00,70 | 88 |   |

Opracowanie: Jacek Grzybowski  
jacek.grzybowski@sts-timing.pl

# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię                     | Miejscowość             | Klub   | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto  | Czas brutto | M   | K  |
|------|---------|-----------------------------------|-------------------------|--|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|-------------|-------------|-----|----|
| 101  | 1540    | TRZECIAKIEWICZ MIECZYSLAW         | MYSŁOWICE               | MLKS RADKÓW                                    | PL   | 1966       | M50       | 4          | 00:00:10,35 | 6:37         | 9,1        | 00:52:02,60 | 01:59:54,45 | 02:38:48,90 | 02:38:59,25 | 89  |    |
| 102  | 1700    | KRAWCZYK KATARZYNA                | GRYFINO                 | KB HERMES GRYFINO                              | PL   | 1980       | K30       | 7          | 00:00:07,35 | 6:37         | 9,1        | 00:49:04,25 | 01:59:36,95 | 02:38:52,75 | 02:39:00,10 |     | 13 |
| 103  | 1493    | SHCHUR ANTON                      | BOBRUISK                |  | BY   | 1993       | M18       | 19         | 00:00:24,50 | 6:37         | 9,1        | 00:51:21,95 | 01:59:35,50 | 02:38:52,85 | 02:39:17,35 | 90  |    |
| 104  | 1605    | DOMAŃSKI DAWID                    | CHORZÓW                 |  | PL   | 1983       | M30       | 43         | 00:00:49,40 | 6:38         | 9,1        | 00:55:38,85 | 02:02:35,05 | 02:39:05,10 | 02:39:54,50 | 91  |    |
| 105  | 1231    | MIELNIK MICHAŁ                    | POZNAŃ                  | PANICZE  | PL   | 1989       | M18       | 20         | 00:00:36,45 | 6:38         | 9,0        | 00:51:59,50 | 02:01:23,60 | 02:39:10,30 | 02:39:46,75 | 92  |    |
| 106  | 1478    | BIERNACKI ŁUKASZ                  | OŚNO LUBUSKIE           | MORSY OŚNO LUBUSKIE                            | PL   | 1969       | M40       | 26         | 00:00:14,60 | 6:40         | 9,0        | 00:50:05,50 | 01:58:56,30 | 02:39:53,25 | 02:40:07,85 | 93  |    |
| 107  | 1358    | KOWALSKA JUSTYNA                  | OŚNO LUBUSKIE           | MORSY OŚNO LUBUSKIE                            | PL   | 1979       | K30       | 8          | 00:00:14,25 | 6:40         | 9,0        | 00:50:05,80 | 01:59:06,25 | 02:39:53,95 | 02:40:08,20 |     | 14 |
| 108  | 1650    | PYKA DAWID                        | DOBIESZOWICE            | BRAK BRAK                                      | PL   | 1988       | M30       | 44         | 00:00:35,25 | 6:40         | 9,0        | 00:52:57,50 | 02:00:05,95 | 02:40:04,55 | 02:40:39,80 | 94  |    |
| 109  | 1254    | SONNEK MARTA                      | SYCÓW                   | ELITE RUNNERS CLUB                             | PL   | 1981       | K30       | 9          | 00:00:02,65 | 6:40         | 9,0        | 00:48:44,75 | 01:59:58,15 | 02:40:09,40 | 02:40:12,05 |     | 15 |
| 110  | 1192    | BUDYCH AREK                       | WRONKI                  |  | PL   | 1981       | M30       | 45         | 00:00:30,60 | 6:42         | 9,0        | 00:52:29,90 | 02:02:04,45 | 02:40:45,75 | 02:41:16,35 | 95  |    |
| 111  | 1641    | GRAMZA KATARZYNA                  | RAWICZ                  |  | PL   | 1985       | K30       | 10         | 00:00:05,05 | 6:42         | 9,0        | 00:51:36,10 | 02:01:08,70 | 02:40:47,75 | 02:40:52,80 |     | 16 |
| 112  | 1263    | ŻUKOWSKI PAWEŁ                    | BOGUSZÓW-GORCE          | GRUPA BIEGOWA DZIKOWIEC                        | PL   | 1977       | M40       | 27         | 00:00:07,10 | 6:43         | 8,9        | 00:48:34,50 | 01:59:36,30 | 02:41:16,80 | 02:41:23,90 | 96  |    |
| 113  | 1400    | FLORCZAK MAREK                    | RATNO GÓRNE             | TAX AND TRADE                                  | PL   | 1974       | M40       | 28         | 00:00:20,70 | 6:43         | 8,9        | 00:54:40,40 | 02:02:55,90 | 02:41:23,55 | 02:41:44,25 | 97  |    |
| 114  | 1168    | PIETROSZEK AGATA                  | NAMYSŁÓW                | HUSARIA RACE TEAM                              | PL   | 1993       | K18       | 7          | 00:00:29,20 | 6:44         | 8,9        | 00:51:28,40 | 02:04:01,55 | 02:41:44,85 | 02:42:14,05 |     | 17 |
| 115  | 1393    | PAWŁOWSKI JANUSZ                  | GLUSZYCA GÓRNA          | AGROTURYSTYKA POGRANICZNA GLUSZYCA GÓRNA       | PL   | 1970       | M40       | 29         | 00:00:06,00 | 6:45         | 8,9        | 00:48:06,10 | 01:55:31,25 | 02:41:53,05 | 02:41:59,05 | 98  |    |
| 116  | 1522    | FILIPIAK JAREK                    | KROŚNICE                | SSW TEAM KROŚNICE                              | PL   | 1991       | M18       | 21         | 00:00:41,60 | 6:45         | 8,9        | 00:50:53,15 | 01:59:08,35 | 02:42:05,50 | 02:42:47,10 | 99  |    |
| 117  | 1560    | NESTEREWICZ RYSZARD               | KŁODZKO                 | LKS ISKRA JASZKOWA                             | PL   | 1954       | M60+      | 1          | 00:40:43,90 | 6:46         | 8,9        | 01:29:21,90 | 02:39:04,70 | 02:42:16,65 | 03:23:00,55 | 100 |    |
| 118  | 1431    | ŁUĆ ŁUKASZ                        | WROCŁAW                 |  | PL   | 1980       | M30       | 46         | 00:00:22,75 | 6:46         | 8,9        | 00:50:06,60 | 02:00:36,20 | 02:42:16,85 | 02:42:39,60 | 101 |    |
| 119  | 1483    | KAZEK SEBASTIAN                   | KATOWICE                |  | PL   | 1980       | M30       | 47         | 00:00:15,35 | 6:46         | 8,9        | 00:51:37,00 | 02:02:53,75 | 02:42:21,95 | 02:42:37,30 | 102 |    |
| 120  | 1284    | WALOCHA MARCIN                    | KRAKÓW                  | ITMBW KRAKÓW                                   | PL   | 1979       | M30       | 48         | 00:00:19,90 | 6:47         | 8,8        | 00:52:53,00 | 02:02:27,20 | 02:42:55,55 | 02:43:15,45 | 103 |    |
| 121  | 1288    | SUŁKOWSKI MARCIN                  | KRAPKOWICE              | GARAGEGYM KRAPKOWICE                           | PL   | 1982       | M30       | 49         | 00:00:26,70 | 6:48         | 8,8        | 00:53:22,30 | 02:02:48,45 | 02:43:06,80 | 02:43:33,50 | 104 |    |
| 122  | 1674    | ŁATKA WOJCIECH                    | SOSNOWIEC               | OSP SOSNOWIEC-PORĄBKA                          | PL   | 1982       | M30       | 50         | 00:00:18,10 | 6:49         | 8,8        | 00:51:00,15 | 02:00:32,75 | 02:43:28,75 | 02:43:46,85 | 105 |    |
| 123  | 1532    | BUDZIŃSKI KRZYSZTOF               | OPOLE                   | STOWARZYSZENIE SPORTOWE FENIKS                 | PL   | 1968       | M50       | 5          | 00:00:49,80 | 6:49         | 8,8        | 00:52:17,35 | 02:01:40,40 | 02:43:29,10 | 02:44:18,90 | 106 |    |
| 124  | 1331    | URBAŃSKI KLAUDIUSZ                | OTWOCK                  |  | PL   | 1975       | M40       | 30         | 00:00:43,00 | 6:49         | 8,8        | 00:53:56,85 | 02:04:41,75 | 02:43:30,10 | 02:44:13,10 | 107 |    |
| 125  | 1333    | BIECUSZEK TOMASZ                  | NOWA RUDA               | AKTYWNA NOWA RUDA                              | PL   | 1978       | M40       | 31         | 00:00:01,80 | 6:50         | 8,8        | 00:51:34,30 | 02:02:01,50 | 02:43:51,65 | 02:43:53,45 | 108 |    |
| 126  | 1474    | SIKORSKI PAWEŁ                    | PULTUSK                 |  | PL   | 1983       | M30       | 51         | 00:00:12,15 | 6:50         | 8,8        | 00:50:38,05 | 02:02:04,05 | 02:44:06,80 | 02:44:18,95 | 109 |    |
| 127  | 1237    | CHOJNACKA MARTA                   | LUBIN                   | NIGHT RUNNERS                                  | PL   | 1983       | K30       | 11         | 00:00:16,65 | 6:51         | 8,8        | 00:53:18,45 | 02:04:12,95 | 02:44:12,80 | 02:44:29,45 |     | 18 |
| 128  | 1324    | STOLINSKI DOMINIK                 | POZNAŃ                  | RADOSNY CHMIEL                                 | PL   | 1976       | M40       | 32         | 00:00:14,30 | 6:51         | 8,8        | 00:53:10,55 | 02:04:00,50 | 02:44:13,95 | 02:44:28,25 | 110 |    |
| 129  | 1318    | ŚRÓDKA BARTŁOMIJ                  | TRZEBNICA               | NOKIA  | PL   | 1983       | M30       | 52         | 00:00:31,85 | 6:51         | 8,8        | 00:52:00,05 | 02:03:14,50 | 02:44:15,95 | 02:44:47,80 | 111 |    |
| 130  | 1668    | CETNAROWSKI KAMIL                 | WROCŁAW                 | SZYBKIE STOPY                                  | PL   | 1979       | M30       | 53         | 00:01:05,90 | 6:52         | 8,7        | 00:54:20,25 | 02:04:59,75 | 02:44:42,40 | 02:45:48,30 | 112 |    |
| 131  | 1670    | TELEŃCZUK TOMASZ                  | WROCŁAW                 | SZYBKIE STOPY ZUM CARSERWIS WROCŁAW            | PL   | 1975       | M40       | 33         | 00:01:05,90 | 6:52         | 8,7        | 00:54:19,55 | 02:04:56,50 | 02:44:54,45 | 02:46:00,35 | 113 |    |
| 132  | 1359    | LEŚNIEWSKA JUSTYNA                | RADKÓW                  | AKTYWNA NOWA RUDA HUSKY EKSPRES TRANSPORT DROG | PL   | 1981       | K30       | 12         | 00:00:01,50 | 6:53         | 8,7        | 00:53:07,30 | 02:04:03,55 | 02:45:05,05 | 02:45:06,55 |     | 19 |
| 133  | 1253    | URBAŃSKI PAWEŁ                    | WAŁCZ                   |  | PL   | 1991       | M18       | 22         | 00:00:38,15 | 6:53         | 8,7        | 00:52:39,10 | 02:00:35,05 | 02:45:14,60 | 02:45:52,75 | 114 |    |
| 134  | 1414    | NIEWIADA MACIEJ                   | DOPIEWO                 | EXPLORADOR                                     | PL   | 1981       | M30       | 54         | 00:00:10,00 | 6:53         | 8,7        | 00:51:46,65 | 02:02:00,35 | 02:45:18,50 | 02:45:28,50 | 115 |    |
| 135  | 1626    | LEWANDOWSKI MARCIN                | STĘSZEWKO               | KEEPER   | PL   | 1991       | M18       | 23         | 00:00:19,45 | 6:53         | 8,7        | 00:50:11,85 | 01:59:34,25 | 02:45:21,85 | 02:45:41,30 | 116 |    |
| 136  | 1590    | HOTAŁA SYLWIA                     | KUDOWA-ZDRÓJ            |  | PL   | 1986       | K30       | 13         | 00:00:17,90 | 6:54         | 8,7        | 00:54:38,15 | 02:05:45,25 | 02:45:27,10 | 02:45:45,00 |     | 20 |
| 137  | 1195    | ICIEK MARIUSZ                     | GOMUNICE                | AKTYWNI KAMIEŃSK PASSION LIFE JOY              | PL   | 1974       | M40       | 34         | 00:00:08,55 | 6:54         | 8,7        | 00:52:40,30 | 02:04:45,80 | 02:45:28,65 | 02:45:37,20 | 117 |    |
| 138  | 10013   | NALAZEK MARCIN                    | WARSZAWA                | PIASECZNO RUNNING KALENJI BY DECATHLON         | PL   | 1984       | M30       | 55         | 00:00:09,05 | 6:54         | 8,7        | 00:50:07,80 | 02:02:22,15 | 02:45:34,50 | 02:45:43,55 | 118 |    |
| 139  | 1688    | OŻÓG GRZESIEK                     | CZARNOWĄSY              | POLE SMAKOW POLE SMAKOW                        | PL   | 1984       | M30       | 56         | 00:00:04,40 | 6:55         | 8,7        | 00:52:05,70 | 02:03:08,40 | 02:45:52,95 | 02:45:57,35 | 119 |    |
| 140  | 1247    | TOMIAK ANIA                       | WOLSZTYN                | WOLSZTYŃSKI KLUB BIEGOWY                       | PL   | 1987       | K30       | 14         | 00:00:14,05 | 6:55         | 8,7        | 00:52:14,20 | 02:05:13,55 | 02:45:53,35 | 02:46:07,40 |     | 21 |
| 141  | 1645    | ŁYSIAK SYLWIA                     | MIEJSKA GÓRKA - DABROWA | ROZBIEGANY RAWICZ                              | PL   | 1975       | K40       | 1          | 00:00:05,35 | 6:55         | 8,7        | 00:52:07,20 | 02:04:12,45 | 02:45:56,70 | 02:46:02,05 |     | 22 |
| 142  | 1191    | PRĘDKOPOWICZ DANIEL               | RADONIE                 | DOGOŃ GRODZISK MAZOWIECKI ASRAZ                | PL   | 1979       | M30       | 57         | 00:00:29,90 | 6:55         | 8,7        | 00:55:10,20 | 02:07:19,20 | 02:46:10,80 | 02:46:40,70 | 120 |    |
| 143  | 1628    | ŁUKASZKIEWICZ MICHAŁ              | TYCHY                   | POŻERACZE KILOSÓW POŻERACZE KILOSÓW            | PL   | 1979       | M30       | 58         | 00:00:47,40 | 6:55         | 8,7        | 00:54:41,70 | 02:05:37,10 | 02:46:11,10 | 02:46:58,50 | 121 |    |
| 144  | 1565    | GROSZEWSKI RADOSŁAW               | OLSZTYN                 | WWW.ROWERYSPORTOWY.PL NAJMOWICZE TRIATHLON     | PL   | 1976       | M40       | 35         | 00:00:01,60 | 6:56         | 8,7        | 00:48:07,00 | 02:05:26,85 | 02:46:16,55 | 02:46:18,15 | 122 |    |
| 145  | 1239    | HORDZIEJEWICZ-KARASIŃSKA EL BYTOM |                         |  | PL   | 1971       | K40       | 2          | 00:00:05,90 | 6:58         | 8,6        | 00:52:18,75 | 02:05:47,55 | 02:47:02,60 | 02:47:08,50 |     | 23 |
| 146  | 1578    | KOPINSKI KRZYSZTOF                | RUDA ŚLĄSKA             | KOPKI  | PL   | 1972       | M40       | 36         | 00:00:12,10 | 6:58         | 8,6        | 00:54:51,65 | 02:07:03,30 | 02:47:06,90 | 02:47:19,00 | 123 |    |
| 147  | 1435    | KRYSIEWICZ MARCIN                 | OPOLE                   | RUN-LOG.COM                                    | PL   | 1980       | M30       | 59         | 00:00:46,85 | 6:59         | 8,6        | 00:53:42,40 | 02:06:00,20 | 02:47:37,55 | 02:48:24,40 | 124 |    |
| 148  | 1680    | REDLER PAWEŁ                      | ŻARY                    |  | PL   | 1971       | M40       | 37         | 00:00:29,35 | 7:01         | 8,5        | 00:56:41,00 | 02:09:41,85 | 02:48:30,80 | 02:49:00,15 | 125 |    |
| 149  | 1418    | KALITA DAMIAN                     | KRAKÓW                  |  | PL   | 1979       | M30       | 60         | 00:00:21,90 | 7:01         | 8,5        | 00:52:57,05 | 02:04:39,50 | 02:48:31,30 | 02:48:53,20 | 126 |    |
| 150  | 1373    | SKRZYPIEC KATARZYNA               | OPOLE                   |  | PL   | 1980       | K30       | 15         | 00:00:10,85 | 7:01         | 8,5        | 00:51:08,80 | 02:04:21,10 | 02:48:33,95 | 02:48:44,80 |     | 24 |

Opracowanie: Jacek Grzybowski  
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# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię           | Miejscowość      | Klub  | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M   | K  |
|------|---------|-------------------------|------------------|---|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|-----|----|
| 151  | 1352    | POLOWY ROBERT           | OPOLE            |   | PL   | 1989       | M18       | 24         | 00:00:25,60 | 7:02         | 8,5        | 00:52:43,90 | 02:01:56,50 | <b>02:48:59,30</b> | 02:49:24,90 | 127 |    |
| 152  | 1465    | GRĘDA MARIUSZ           | OZIMEK           |   | PL   | 1979       | M30       | 61         | 00:00:07,55 | 7:04         | 8,5        | 00:51:32,05 | 02:05:09,55 | <b>02:49:24,90</b> | 02:49:32,45 | 128 |    |
| 153  | 1292    | CZAPLA RAFAŁ JAKUB      | WARSZAWA         | SNS   | PL   | 1991       | M18       | 25         | 00:01:03,60 | 7:04         | 8,5        | 00:53:43,55 | 02:05:40,85 | <b>02:49:35,10</b> | 02:50:38,70 | 129 |    |
| 154  | 1204    | BISKUPSKI JAKUB         | WROCLAW          |   | PL   | 1974       | M40       | 38         | 00:00:21,30 | 7:04         | 8,5        | 00:55:55,40 | 02:09:44,60 | <b>02:49:40,75</b> | 02:50:02,05 | 130 |    |
| 155  | 1217    | MIKRUT PAWEŁ            | WROCLAW          |   | PL   | 1982       | M30       | 62         | 00:00:41,80 | 7:04         | 8,5        | 00:56:18,45 | 02:08:03,45 | <b>02:49:41,75</b> | 02:50:23,55 | 131 |    |
| 156  | 10012   | KOTYSZ WALDEMAR         | OPOLE            |   | PL   | 1964       | M50       | 6          | 00:00:03,40 | 7:05         | 8,5        | 00:54:39,15 | 02:08:17,05 | <b>02:50:09,25</b> | 02:50:12,65 | 132 |    |
| 157  | 1510    | BIELECKI ŁUKASZ         | KRAPKOWICE       | GARAGEGYM KRAPKOWICE                            | PL   | 1987       | M30       | 63         | 00:00:27,85 | 7:08         | 8,4        | 00:53:22,45 | 02:06:32,70 | <b>02:51:02,40</b> | 02:51:30,25 | 133 |    |
| 158  | 1327    | GUZOWSKI DARIUSZ        | PŁOCK            | COKE RUNNERS POWERADE                           | PL   | 1967       | M50       | 7          | 00:00:15,95 | 7:08         | 8,4        | 00:54:24,30 | 02:07:11,20 | <b>02:51:11,15</b> | 02:51:27,10 | 134 |    |
| 159  | 10039   | FALKOWSKI PIOTR         | PIASECZNO        | KS PEGAZ  | PL   | 1969       | M40       | 39         | 00:00:03,65 | 7:09         | 8,4        | 00:52:48,15 | 02:10:04,35 | <b>02:51:29,00</b> | 02:51:32,65 | 135 |    |
| 160  | 1589    | SKORCZYK ADRIAN         | KOŚCIAN          | SPEED FEET '16                                  | PL   | 1981       | M30       | 64         | 00:00:12,90 | 7:10         | 8,4        | 00:54:36,85 | 02:10:29,85 | <b>02:51:55,70</b> | 02:52:08,60 | 136 |    |
| 161  | 10021   | KARAŚ MAREK             | TORUŃ            | PODGÓRZ TORUŃ                                   | PL   | 1961       | M50       | 8          | 00:00:11,55 | 7:10         | 8,4        | 00:55:16,00 | 02:11:10,00 | <b>02:52:04,90</b> | 02:52:16,45 | 137 |    |
| 162  | 1683    | ŁABĘDZKI ŁUKASZ         | WROCLAW          |   | PL   | 1988       | M30       | 65         | 00:00:04,45 | 7:11         | 8,4        | 00:53:54,30 | 02:07:39,25 | <b>02:52:23,60</b> | 02:52:28,05 | 138 |    |
| 163  | 1609    | HAJDUK PIOTR            | SOSNOWIEC        |   | PL   | 1985       | M30       | 66         | 00:01:01,05 | 7:11         | 8,3        | 00:59:18,65 | 02:13:02,95 | <b>02:52:33,15</b> | 02:53:34,20 | 139 |    |
| 164  | 1402    | MICHALIK TOMASZ         | OTWOCK           |   | PL   | 1973       | M40       | 40         | 00:00:34,10 | 7:12         | 8,3        | 00:56:11,40 | 02:10:09,80 | <b>02:52:44,90</b> | 02:53:19,00 | 140 |    |
| 165  | 1196    | BORATYŃSKI PAWEŁ        | USTANÓW          | PLUTON ALPHA 1983                               | PL   | 1983       | M30       | 67         | 00:00:54,40 | 7:12         | 8,3        | 00:57:09,55 | 02:09:28,40 | <b>02:52:46,45</b> | 02:53:40,85 | 141 |    |
| 166  | 1603    | SONNTAG TIMO            | GREVENBROICH     |   | DE   | 1976       | M40       | 41         | 00:00:31,35 | 7:12         | 8,3        | 00:59:51,05 | 02:14:10,45 | <b>02:52:52,20</b> | 02:53:23,55 | 142 |    |
| 167  | 10023   | NAWROCKI PRZEMEK        | KATOWICE         | SILESIA MARATHON TEAM                           | PL   | 1978       | M40       | 42         | 00:00:09,45 | 7:13         | 8,3        | 00:57:14,80 | 02:14:07,90 | <b>02:53:02,30</b> | 02:53:11,75 | 143 |    |
| 168  | 1619    | MOLENDĄ MARCIN          | KIELCE           | SZWAGIER TEAM ŻONA FOUNDS                       | PL   | 1978       | M40       | 43         | 00:00:29,25 | 7:13         | 8,3        | 00:55:42,10 | 02:10:37,45 | <b>02:53:09,25</b> | 02:53:38,50 | 144 |    |
| 169  | 1200    | GRĘBOWICZ ANDRZEJ       | JANIKÓW          | KB HARCOWNIK JELCZ-LASKOWICE                    | PL   | 1976       | M40       | 44         | 00:00:22,95 | 7:13         | 8,3        | 00:53:14,50 | 02:09:58,50 | <b>02:53:22,90</b> | 02:53:45,85 | 145 |    |
| 170  | 1627    | LEWANDOWSKI MACIEJ      | BYDGOSZCZ        | KEEPER  | PL   | 1975       | M40       | 45         | 00:00:19,10 | 7:13         | 8,3        | 00:52:04,75 | 02:06:06,30 | <b>02:53:23,85</b> | 02:53:42,95 | 146 |    |
| 171  | 1356    | STWERTETSCHKA DARIUSZ   | KUDOWA-ZDRÓJ     | KUDOWIANA CYKLON PROAL TEAM KUDOWA - ZDRÓJ, ANE | PL   | 1967       | M50       | 9          | 00:00:18,10 | 7:14         | 8,3        | 00:56:36,15 | 02:10:22,15 | <b>02:53:37,55</b> | 02:53:55,65 | 147 |    |
| 172  | 1666    | CHOROSZEWSKA EWA        | CHOROSZCZ        | PODLASIE W GÓRACH                               | PL   | 1989       | K18       | 8          | 00:00:30,35 | 7:15         | 8,3        | 00:57:20,90 | 02:11:37,25 | <b>02:53:50,85</b> | 02:54:21,20 |     | 25 |
| 173  | 1507    | JANIA PRZEMYSŁAW        | CZĘSTOCHOWA      | 19871987  | PL   | 1987       | M30       | 68         | 00:00:06,80 | 7:16         | 8,3        | 00:52:14,05 | 02:06:53,40 | <b>02:54:18,15</b> | 02:54:24,95 | 148 |    |
| 174  | 1244    | SERWATKIEWICZ GRZEGORZ  | TŁUMACZÓW        |   | PL   | 1983       | M30       | 69         | 00:00:13,40 | 7:16         | 8,3        | 00:50:49,80 | 02:06:29,35 | <b>02:54:19,40</b> | 02:54:32,80 | 149 |    |
| 175  | 1325    | SZYSZŁOWSKI WALDEMAR    | PIŁA             |   | PL   | 1985       | M30       | 70         | 00:00:03,85 | 7:17         | 8,2        | 00:49:59,45 | 02:06:35,30 | <b>02:54:38,35</b> | 02:54:42,20 | 150 |    |
| 176  | 1568    | ŚWIDA ADAM              | WROCLAW          | GET RUN   | PL   | 1985       | M30       | 71         | 00:00:03,60 | 7:17         | 8,2        | 00:49:59,75 | 02:06:35,45 | <b>02:54:39,55</b> | 02:54:43,15 | 151 |    |
| 177  | 1428    | LITEWKA GRZEGORZ        | JAWOR            | MAGK  | PL   | 1971       | M40       | 46         | 00:00:37,80 | 7:17         | 8,2        | 00:55:06,15 | 02:10:22,15 | <b>02:54:44,25</b> | 02:55:22,05 | 152 |    |
| 178  | 1649    | BABU MONIKA             | SPÓROK           | TIM JEST TIM                                    | PL   | 1976       | K40       | 3          | 00:00:27,10 | 7:18         | 8,2        | 00:53:07,85 | 02:08:11,25 | <b>02:55:01,20</b> | 02:55:28,30 |     | 26 |
| 179  | 1614    | BARON- CZERWKŃSKA MAGDA | TARNOWO PODGÓRNE | TARNOWO PODGÓRNE BIEGA                          | PL   | 1980       | K30       | 16         | 00:00:07,95 | 7:18         | 8,2        | 00:56:04,75 | 02:13:33,50 | <b>02:55:09,45</b> | 02:55:17,40 | 27  |    |
| 180  | 1419    | KOSOWSKA ANNA           | OZIMEK           | TIM JEST TIM                                    | PL   | 1984       | K30       | 17         | 00:00:28,50 | 7:18         | 8,2        | 00:57:58,60 | 02:14:17,20 | <b>02:55:16,85</b> | 02:55:45,35 | 28  |    |
| 181  | 1255    | SKRZYPIC KAROL          | ŻARÓW            | ŻARÓW BIEGA                                     | PL   | 1984       | M30       | 72         | 00:00:45,25 | 7:18         | 8,2        | 00:55:14,95 | 02:10:54,25 | <b>02:55:19,45</b> | 02:56:04,70 | 153 |    |
| 182  | 1338    | STEFANOWSKI MARCIN      | ŻARÓW            | ŻARÓW BIEGA                                     | PL   | 1972       | M40       | 47         | 00:00:44,80 | 7:18         | 8,2        | 00:55:13,45 | 02:10:54,45 | <b>02:55:19,80</b> | 02:56:04,60 | 154 |    |
| 183  | 1262    | BABIŃSKA EWELINA        | RADKÓW           |   | PL   | 1984       | K30       | 18         | 00:00:06,50 | 7:19         | 8,2        | 00:55:36,45 | 02:10:05,95 | <b>02:55:26,50</b> | 02:55:33,00 |     | 29 |
| 184  | 1340    | DŁUGOSZ MAREK           | WARTKOWICE       | KB GEOTERMIA UNIEJÓW                            | PL   | 1966       | M50       | 10         | 00:00:21,30 | 7:19         | 8,2        | 00:53:58,25 | 02:09:37,30 | <b>02:55:39,60</b> | 02:56:00,90 | 155 |    |
| 185  | 1397    | DUDEK JUSTYNA           | RADOMSKO         |   | PL   | 1984       | K30       | 19         | 00:00:45,95 | 7:20         | 8,2        | 00:57:40,05 | 02:14:15,90 | <b>02:55:56,45</b> | 02:56:42,40 |     | 30 |
| 186  | 1654    | MACIEJEWSKI MACIEJ      | ŚWINOUJŚCIE      | APARTAMENTY ŚWINOUJŚCIE                         | PL   | 1974       | M40       | 48         | 00:00:12,00 | 7:20         | 8,2        | 00:57:27,00 | 02:13:54,65 | <b>02:56:02,10</b> | 02:56:14,10 | 156 |    |
| 187  | 10031   | KŁOSOWSKI PIOTR         | STRZEGOM         |   | PL   | 1971       | M40       | 49         | 00:00:25,95 | 7:20         | 8,2        | 00:56:52,55 | 02:09:52,45 | <b>02:56:11,30</b> | 02:56:37,25 | 157 |    |
| 188  | 1383    | MACIEJEWSKI ŁUKASZ      | WROCLAW          |   | PL   | 1988       | M30       | 73         | 00:01:02,70 | 7:21         | 8,2        | 00:58:29,70 | 02:14:32,65 | <b>02:56:28,35</b> | 02:57:31,05 | 158 |    |
| 189  | 1610    | RODAK JAROSŁAW          | WAŁBRZYCH        |   | PL   | 1974       | M40       | 50         | 00:01:10,65 | 7:22         | 8,2        | 00:59:02,35 | 02:13:24,55 | <b>02:56:40,30</b> | 02:57:50,95 | 159 |    |
| 190  | 1184    | PIWOŃSKI ADAM           | GÓRA KALWARIA    |   | PL   | 1980       | M30       | 74         | 00:00:56,55 | 7:22         | 8,1        | 00:56:41,10 | 02:11:41,85 | <b>02:56:41,65</b> | 02:57:38,20 | 160 |    |
| 191  | 10028   | GRABOWSKI MACIEJ        | PŁOCK            | RYKOWISKO                                       | PL   | 1978       | M40       | 51         | 00:00:13,80 | 7:23         | 8,1        | 00:56:41,70 | 02:13:39,05 | <b>02:57:09,60</b> | 02:57:23,40 | 161 |    |
| 192  | 1460    | ŚNIEGOCKI PAWEŁ         | TARNOWO PODGÓRNE | TARNOWO PODGÓRNE BIEGA/ POMORSKI TEAM BIEGOWY   | PL   | 1978       | M40       | 52         | 00:00:09,90 | 7:24         | 8,1        | 00:51:37,90 | 02:07:39,25 | <b>02:57:15,95</b> | 02:57:25,85 | 162 |    |
| 193  | 1240    | ROKSELA WOJCIECH        | OSTRÓW WLKP.     |   | PL   | 1959       | M50       | 11         | 00:00:36,85 | 7:25         | 8,1        | 00:59:52,15 | 02:17:42,80 | <b>02:57:26,70</b> | 02:58:03,55 | 163 |    |
| 194  | 1690    | ZAWISKI TOMASZ          | WILKSZYN         |   | PL   | 1978       | M40       | 53         | 00:00:24,95 | 7:25         | 8,1        | 00:55:37,95 | 02:14:08,65 | <b>02:57:27,60</b> | 02:57:52,55 | 164 |    |
| 195  | 1662    | TATARCZYK PATRYCJA      | WARSZAWA         | SKLEP BIEGACZA                                  | PL   | 1997       | K18       | 9          | 00:00:08,30 | 7:24         | 8,1        | 00:57:06,05 | 02:14:28,70 | <b>02:57:28,05</b> | 02:57:36,35 |     | 31 |
| 196  | 1591    | WIADERNA NINA           | WARSZAWA         |   | PL   | 1986       | K30       | 20         | 00:00:08,10 | 7:24         | 8,1        | 00:57:06,10 | 02:15:03,95 | <b>02:57:28,10</b> | 02:57:36,20 | 32  |    |
| 197  | 1343    | BAZYDŁO KRZYSZTOF       | WŁOCLAWEK        |   | PL   | 1970       | M40       | 54         | 00:00:42,20 | 7:25         | 8,1        | 00:56:37,15 | 02:09:56,00 | <b>02:57:29,35</b> | 02:58:11,55 | 165 |    |
| 198  | 1513    | DATKA ROBERT            | KATOWICE         |   | PL   | 1986       | M30       | 75         | 00:00:11,40 | 7:24         | 8,1        | 00:56:36,45 | 02:13:12,15 | <b>02:57:33,70</b> | 02:57:45,10 | 166 |    |
| 199  | 1235    | TULWIN BARTOSZ          | WĘGRÓW           |   | PL   | 1983       | M30       | 76         | 00:00:12,35 | 7:25         | 8,1        | 00:53:27,70 | 02:12:32,20 | <b>02:57:37,80</b> | 02:57:50,15 | 167 |    |
| 200  | 1570    | RATAJCZAK PAWEŁ         | ZIELONA GÓRA     |   | PL   | 1976       | M40       | 55         | 00:00:14,95 | 7:25         | 8,1        | 00:52:54,35 | 02:08:22,40 | <b>02:57:39,60</b> | 02:57:54,55 | 168 |    |

Opracowanie: Jacek Grzybowski  
jacek.grzybowski@sts-timing.pl



# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię             | Miejscowość      | Klub   | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M   | K  |
|------|---------|---------------------------|------------------|--|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|-----|----|
| 201  | 1515    | ORYNEK KLAUDIA            | KRAKÓW           |  | PL   | 1986       | K30       | 21         | 00:00:10,35 | 7:25         | 8,1        | 00:58:01,15 | 02:13:24,25 | <b>02:58:00,75</b> | 02:58:11,10 |     | 33 |
| 202  | 1199    | JURKOWSKI RAFAŁ           | GDAŃSK           |  | PL   | 1976       | M40       | 56         | 00:00:08,40 | 7:26         | 8,1        | 00:56:06,15 | 02:14:07,75 | <b>02:58:05,70</b> | 02:58:14,10 | 169 |    |
| 203  | 1367    | BIELKOWSKI WOJCIECH       | PŁOCK            | COKE RUNNERS                                       | PL   | 1977       | M40       | 57         | 00:00:16,05 | 7:26         | 8,1        | 00:54:25,10 | 02:16:02,30 | <b>02:58:12,95</b> | 02:58:29,00 | 170 |    |
| 204  | 1658    | FRONCZKOWSKA BARBARA      | ŁÓDŹ             | POZIOMKI I HEFALUMPY                               | PL   | 1984       | K30       | 22         | 00:00:41,50 | 7:28         | 8,0        | 00:58:59,30 | 02:15:49,20 | <b>02:58:30,75</b> | 02:59:12,25 |     | 34 |
| 205  | 10001   | MAZUREK ROMAN             | MURÓW            | NIEZRZESZONY                                       | PL   | 1978       | M40       | 58         | 00:00:48,50 | 7:28         | 8,0        | 00:59:47,45 | 02:17:03,60 | <b>02:58:32,85</b> | 02:59:21,35 | 171 |    |
| 206  | 1421    | ŚNIEGOCKA MAGDALENA       | TARNOWO PODGÓRNE | TARNOWO PODGÓRNE BIEGA TARNOWO PODGÓRNE BIEGA      | PL   | 1979       | K30       | 23         | 00:00:10,65 | 7:27         | 8,0        | 00:58:41,15 | 02:16:32,25 | <b>02:58:42,75</b> | 02:58:53,40 |     | 35 |
| 207  | 1639    | ANTOSZEWSKA KAROLINA      | GDYNIA           |  | PL   | 1981       | K30       | 24         | 00:00:27,80 | 7:28         | 8,0        | 00:57:18,95 | 02:14:48,60 | <b>02:58:43,75</b> | 02:59:11,55 |     | 36 |
| 208  | 1512    | PALCZYŃSKI WOJCIECH       | WROCŁAW          |  | PL   | 1971       | M40       | 59         | 00:00:10,20 | 7:27         | 8,0        | 00:55:43,05 | 02:13:30,30 | <b>02:58:47,40</b> | 02:58:57,60 | 172 |    |
| 209  | 1354    | KNIAŻ JAROSŁAW            | SZCZECIN         | FOL-TECH TEAM MYSLIBÓRZ                            | PL   | 1977       | M40       | 60         | 00:00:11,80 | 7:28         | 8,0        | 00:57:30,70 | 02:13:08,10 | <b>02:59:05,45</b> | 02:59:17,25 | 173 |    |
| 210  | 1167    | MATYJANKA PIOTR           | LUBIN            |  | PL   | 1977       | M40       | 61         | 00:00:35,95 | 7:30         | 8,0        | 00:56:53,05 | 02:14:23,30 | <b>02:59:19,15</b> | 02:59:55,10 | 174 |    |
| 211  | 1294    | ZARUDZKI ŁUKASZ           | GLIWICE          | NOTHING TO FEAR                                    | PL   | 1976       | M40       | 62         | 00:00:48,80 | 7:30         | 8,0        | 00:58:07,95 | 02:16:10,10 | <b>02:59:22,65</b> | 03:00:11,45 | 175 |    |
| 212  | 1227    | DUDZIK IZABELA            | ZABRZE           | STREFA BYKÓW                                       | PL   | 1992       | K18       | 10         | 00:00:06,25 | 7:29         | 8,0        | 00:54:59,35 | 02:14:20,90 | <b>02:59:24,60</b> | 02:59:30,85 |     | 37 |
| 213  | 1596    | WANKIEWICZ KRZYSZTOF      | JELCZ-LASKOWICE  | GVT  | PL   | 1974       | M40       | 63         | 00:00:34,40 | 7:30         | 8,0        | 00:57:41,10 | 02:16:12,00 | <b>02:59:30,60</b> | 03:00:05,00 | 176 |    |
| 214  | 1476    | KIELBINSKI BARTOSZ        | KONSTANCIN       | ESTOREMEDIA  | PL   | 1981       | M30       | 77         | 00:00:26,80 | 7:30         | 8,0        | 00:59:33,10 | 02:18:30,60 | <b>02:59:33,95</b> | 03:00:00,75 | 177 |    |
| 215  | 1209    | WILANOWSKI TOMASZ         | WROCŁAW          |  | PL   | 1970       | M40       | 64         | 00:01:09,50 | 7:32         | 8,0        | 01:02:37,80 | 02:20:05,45 | <b>02:59:38,45</b> | 03:00:47,95 | 178 |    |
| 216  | 1305    | ŁASOTA PAWEŁ              | ŁÓWICZ           | RUN FOREST RUN                                     | PL   | 1972       | M40       | 65         | 00:00:16,35 | 7:30         | 8,0        | 00:57:21,45 | 02:16:09,50 | <b>02:59:45,50</b> | 03:00:01,85 | 179 |    |
| 217  | 1291    | KUCNER MONIKA             | ŚMIGIEL          | MARATON LESZNO                                     | PL   | 1971       | K40       | 4          | 00:00:19,20 | 7:31         | 8,0        | 00:56:31,95 | 02:14:26,15 | <b>02:59:54,35</b> | 03:00:13,55 |     | 38 |
| 218  | 1361    | WÓJCIAK ŁUKASZ            | WROCŁAW          | WKURW_TEAM   | PL   | 1986       | M30       | 78         | 00:00:30,15 | 7:32         | 8,0        | 00:53:54,75 | 02:12:49,50 | <b>03:00:14,60</b> | 03:00:44,75 | 180 |    |
| 219  | 1574    | KONICKI PAWEŁ             | POZNAŃ           | NO EXCUSES TEAM                                    | PL   | 1981       | M30       | 79         | 00:00:53,55 | 7:33         | 7,9        | 00:57:43,35 | 02:13:35,90 | <b>03:00:18,65</b> | 03:01:12,20 | 181 |    |
| 220  | 1193    | WARZECHA TERESA           | WILAMOWA         | RUNERS TEAM NYSA                                   | PL   | 1962       | K50       | 1          | 00:00:25,05 | 7:33         | 8,0        | 00:54:27,65 | 02:14:14,05 | <b>03:00:35,65</b> | 03:01:00,70 |     | 39 |
| 221  | 1322    | JEDRUSZEK DAMIAN          | KUDOWA ZDRÓJ     |  | PL   | 1985       | M30       | 80         | 00:00:22,85 | 7:33         | 8,0        | 00:54:14,55 | 02:07:22,20 | <b>03:00:43,30</b> | 03:01:06,15 | 182 |    |
| 222  | 1439    | GRĘDA ELŻBIETA            | OZIMEK           |  | PL   | 1979       | K30       | 25         | 00:00:28,60 | 7:34         | 7,9        | 00:57:58,30 | 02:17:21,10 | <b>03:01:02,80</b> | 03:01:31,40 |     | 40 |
| 223  | 1157    | FILIPIAK MARCIN           | GORZÓW WLKP.     | CF1 GORZÓW WLKP.                                   | PL   | 1988       | M30       | 81         | 00:00:15,05 | 7:33         | 7,9        | 00:57:14,20 | 02:14:16,80 | <b>03:01:05,00</b> | 03:01:20,05 | 183 |    |
| 224  | 1156    | RYNKIEWICZ AGNIESZKA      | BOGDANIEC        | CF1 GORZÓW WLKP.                                   | PL   | 1984       | K30       | 26         | 00:00:15,05 | 7:33         | 7,9        | 00:57:13,35 | 02:14:15,70 | <b>03:01:05,15</b> | 03:01:20,20 |     | 41 |
| 225  | 1613    | DZIARNOWSKA MAGDA         | WARSZAWA         |  | PL   | 1985       | K30       | 27         | 00:00:10,85 | 7:34         | 7,9        | 00:56:34,25 | 02:17:36,40 | <b>03:01:18,55</b> | 03:01:29,40 |     | 42 |
| 226  | 10037   | MOSSOCZY ZBIGNIEW         | ZABIERZÓW        | MAGAZYN TRIATHLON                                  | PL   | 1973       | M40       | 66         | 00:00:02,70 | 7:33         | 7,9        | 00:52:27,75 | 02:13:12,15 | <b>03:01:20,30</b> | 03:01:23,00 | 184 |    |
| 227  | 1221    | TYLUTKI KINGA             | PUŁAWY           | MULTIMEDIA RUNNERS PUŁAWY                          | PL   | 1983       | K30       | 28         | 00:00:09,65 | 7:34         | 7,9        | 00:58:09,90 | 02:19:02,70 | <b>03:01:28,70</b> | 03:01:38,35 |     | 43 |
| 228  | 1226    | TYLUTKI KAMIL             | WARSZAWA         |  | PL   | 1981       | M30       | 82         | 00:00:09,05 | 7:34         | 7,9        | 00:58:09,45 | 02:19:03,15 | <b>03:01:29,80</b> | 03:01:38,85 | 185 |    |
| 229  | 10011   | KOSIN PAWEŁ               | KIELCE           | KLUB BIEGAJĄCYCH LEŚNIKÓW                          | PL   | 1980       | M30       | 83         | 00:00:11,55 | 7:34         | 7,9        | 00:58:27,00 | 02:17:41,65 | <b>03:01:34,50</b> | 03:01:46,05 | 186 |    |
| 230  | 1686    | SZYLIŃSKI MAREK           | BOGATYNIA        | TWARDZIELETEAM BOGATYNIA 509 560 790 I 502 175 707 | PL   | 1975       | M40       | 67         | 00:00:36,15 | 7:36         | 7,9        | 00:58:36,10 | 02:16:47,00 | <b>03:01:39,10</b> | 03:02:15,25 | 187 |    |
| 231  | 1443    | GÓRĘCKA MILENA            | WRONKI           | WRONIECKI KLUB BIEGACZA                            | PL   | 1987       | K30       | 29         | 00:00:58,75 | 7:37         | 7,9        | 00:59:41,10 | 02:19:01,35 | <b>03:01:48,45</b> | 03:02:47,20 |     | 44 |
| 232  | 1387    | KOSIELSKA BEATA           | ŁÓDŹ             |  | PL   | 1978       | K40       | 5          | 00:00:06,35 | 7:36         | 7,9        | 00:57:50,75 | 02:18:17,35 | <b>03:02:21,60</b> | 03:02:27,95 |     | 45 |
| 233  | 1228    | WOJTYRA AGNIESZKA         | MAŁOMICE         | 10BKPANC   | PL   | 1979       | K30       | 30         | 00:00:11,40 | 7:37         | 7,9        | 00:57:11,80 | 02:17:26,10 | <b>03:02:25,95</b> | 03:02:37,35 |     | 46 |
| 234  | 1541    | OLEJNICZAK PAWEŁ          | ROKIETNICA       | LUB WYBIERZ Z LISTY LUB WYBIERZ Z LISTY            | PL   | 1986       | M30       | 84         | 00:00:17,20 | 7:38         | 7,9        | 00:53:56,70 | 02:12:15,85 | <b>03:02:54,20</b> | 03:03:11,40 | 188 |    |
| 235  | 1416    | NOWAK KATARZYNA           | OZIMEK           | TIM JEST TIM                                       | PL   | 1983       | K30       | 31         | 00:00:28,90 | 7:39         | 7,8        | 00:57:57,70 | 02:17:37,00 | <b>03:03:07,45</b> | 03:03:36,35 |     | 47 |
| 236  | 1417    | STANISZEWSKA-DUDA KATARZY | OZIMEK           | TIM JEST TIM                                       | PL   | 1979       | K30       | 32         | 00:00:28,80 | 7:39         | 7,8        | 00:57:58,70 | 02:17:37,05 | <b>03:03:07,70</b> | 03:03:36,50 |     | 48 |
| 237  | 1498    | STANOSZEK AGNIESZKA       | MYŚŁOWICE        | COCA-COLA RUNNERS                                  | PL   | 1971       | K40       | 6          | 00:00:22,25 | 7:39         | 7,8        | 00:57:24,30 | 02:17:50,55 | <b>03:03:17,75</b> | 03:03:40,00 |     | 49 |
| 238  | 10007   | PODOLAK ULA               | WROCŁAW          |  | PL   | 1994       | K18       | 11         | 00:00:32,55 | 7:40         | 7,8        | 00:56:29,20 | 02:15:04,65 | <b>03:03:26,35</b> | 03:03:58,90 |     | 50 |
| 239  | 1444    | PODOLAK OLEK              | WROCŁAW          |  | PL   | 1987       | M30       | 85         | 00:00:32,50 | 7:40         | 7,8        | 00:56:29,10 | 02:15:04,80 | <b>03:03:26,65</b> | 03:03:59,15 | 189 |    |
| 240  | 1488    | WINIARCZYK ADRIAN         | STARY KONIK      | WIOLA&ADI REX-BUD WARSZAWA                         | PL   | 1984       | M30       | 86         | 00:00:20,80 | 7:41         | 7,8        | 00:58:29,40 | 02:16:00,05 | <b>03:04:08,95</b> | 03:04:29,75 | 190 |    |
| 241  | 1432    | GRABOWSKI TOMASZ          | ZIELONA GÓRA     |  | PL   | 1969       | M40       | 68         | 00:00:15,00 | 7:41         | 7,8        | 00:56:34,85 | 02:17:26,15 | <b>03:04:15,25</b> | 03:04:30,25 | 191 |    |
| 242  | 1179    | KOWALCZYK GRZEGORZ        | SŁOMCZYN         |  | PL   | 1974       | M40       | 69         | 00:00:23,45 | 7:42         | 7,8        | 00:58:04,40 | 02:17:47,05 | <b>03:04:31,65</b> | 03:04:55,10 | 192 |    |
| 243  | 1584    | GLÓRA ALEKSANDRA          | ŻARY             |  | PL   | 1980       | K30       | 33         | 00:00:29,50 | 7:43         | 7,8        | 00:56:50,55 | 02:15:58,25 | <b>03:04:32,65</b> | 03:05:02,15 |     | 51 |
| 244  | 1499    | STANOSZEK ROBERT          | MYŚŁOWICE        | COCA-COLA RUNNERS                                  | PL   | 1971       | M40       | 70         | 00:00:23,15 | 7:43         | 7,8        | 01:00:13,60 | 02:18:15,00 | <b>03:04:37,30</b> | 03:05:00,45 | 193 |    |
| 245  | 1257    | ZYCH HERBERT              | ŁÓDŹ             |  | PL   | 1970       | M40       | 71         | 00:00:33,75 | 7:43         | 7,8        | 00:57:36,55 | 02:18:58,65 | <b>03:04:43,70</b> | 03:05:17,45 | 194 |    |
| 246  | 1630    | RAJCAK ŁUKASZ             | MODŁA            | KGHM ZG RUN  | PL   | 1981       | M30       | 87         | 00:00:19,45 | 7:43         | 7,8        | 00:56:57,60 | 02:17:40,30 | <b>03:04:45,85</b> | 03:05:05,30 | 195 |    |
| 247  | 10022   | JERMAK KAMIL              | PŁOTY            |  | PL   | 1979       | M30       | 88         | 00:00:56,90 | 7:44         | 7,8        | 01:01:51,85 | 02:22:48,00 | <b>03:04:49,05</b> | 03:05:45,95 | 196 |    |
| 248  | 10016   | GRUNTOWSKI MATEUSZ        | NIEMODLIN        | NIEMO ADVENTURE                                    | PL   | 1984       | M30       | 89         | 00:00:05,10 | 7:43         | 7,8        | 00:56:10,50 | 02:17:10,10 | <b>03:05:07,75</b> | 03:05:12,85 | 197 |    |
| 249  | 1368    | STAŃCZYK ANDRZEJ          | KĘDZIERZYN-KOŹLE | 31 WOG ZGIERZ                                      | PL   | 1967       | M50       | 12         | 00:00:35,45 | 7:45         | 7,7        | 00:59:37,55 | 02:18:14,60 | <b>03:05:14,10</b> | 03:05:49,55 | 198 |    |
| 250  | 1622    | PŁOK KRZYSZTOF            | POLKOWICE        | TEAM PŁOK TEAM PŁOK                                | PL   | 1968       | M50       | 13         | 00:00:09,10 | 7:44         | 7,8        | 00:55:37,45 | 02:15:32,45 | <b>03:05:22,65</b> | 03:05:31,75 | 199 |    |

Opracowanie: Jacek Grzybowski  
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# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



GOSPODARZ



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię         | Miejscowość         | Klub  | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto  | Czas brutto | M   | K  |
|------|---------|-----------------------|---------------------|---|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|-------------|-------------|-----|----|
| 251  | 1342    | ODZIMKOWSKI MARCIN    | MROWINY             |   | PL   | 1982       | M30       | 90         | 00:00:55,45 | 7:46         | 7,7        | 01:01:05,25 | 02:21:35,30 | 03:05:24,85 | 03:06:20,30 | 200 |    |
| 252  | 1314    | CHEŁSTOWSKI MIKOŁAJ   | WARSZAWA            |   | PL   | 1984       | M30       | 91         | 00:01:03,90 | 7:49         | 7,7        | 01:01:47,10 | 02:21:11,20 | 03:06:22,35 | 03:07:26,25 | 201 |    |
| 253  | 1173    | BURTNY PRZEMYSŁAW     | OPOLE               |   | PL   | 1969       | M40       | 72         | 00:01:06,50 | 7:49         | 7,7        | 01:01:55,40 | 02:22:14,15 | 03:06:28,85 | 03:07:35,35 | 202 |    |
| 254  | 1152    | NIERZEWSKI MICHAŁ     | WROCŁAW             |   | PL   | 1980       | M30       | 92         | 00:01:07,75 | 7:49         | 7,7        | 01:00:20,80 | 02:21:43,45 | 03:06:31,00 | 03:07:38,75 | 203 |    |
| 255  | 1302    | OLSZEWSKI MICHAŁ      | POLKOWICE           |   | PL   | 1980       | M30       | 93         | 00:00:19,55 | 7:49         | 7,7        | 00:53:23,25 | 02:16:05,85 | 03:07:15,50 | 03:07:35,05 | 204 |    |
| 256  | 1698    | TRUSZKOWSKA JULIA     | ZIELONA GÓRA        | ALBATROSY                                       | PL   | 1985       | K30       | 34         | 00:00:38,45 | 7:50         | 7,7        | 00:58:15,35 | 02:21:56,25 | 03:07:16,70 | 03:07:55,15 |     | 52 |
| 257  | 1572    | GRZESIK MICHAŁ        | RZESZÓW             |   | PL   | 1986       | M30       | 94         | 00:00:40,75 | 7:50         | 7,7        | 01:00:05,00 | 02:20:05,15 | 03:07:21,70 | 03:08:02,45 | 205 |    |
| 258  | 1312    | CZAPLA MARCELA        | WARSZAWA            |   | PL   | 1987       | K30       | 35         | 00:01:03,35 | 7:51         | 7,6        | 00:59:18,10 | 02:19:39,60 | 03:07:30,10 | 03:08:33,45 |     | 53 |
| 259  | 1249    | ŻYGIĘŁO MONIKA        | CHOSZCZNO           | CHOSZCZENSKA10                                  | PL   | 1976       | K40       | 7          | 00:00:46,20 | 7:51         | 7,6        | 00:59:32,20 | 02:24:05,10 | 03:07:41,50 | 03:08:27,70 |     | 54 |
| 260  | 1427    | FUŁAWKA TOMASZ        | JAWOR               | KPP JAWOR                                       | PL   | 1980       | M30       | 95         | 00:00:38,50 | 7:51         | 7,6        | 00:57:37,75 | 02:19:04,90 | 03:07:45,90 | 03:08:24,40 | 206 |    |
| 261  | 1648    | ŚMIEJA PRZEMEK        | SUMINA              | SPAWPRZEM81 SPAWPRZEM81                         | PL   | 1981       | M30       | 96         | 00:00:26,10 | 7:51         | 7,6        | 01:00:16,90 | 02:22:13,25 | 03:08:09,15 | 03:08:35,25 | 207 |    |
| 262  | 1464    | KOZINOGA GABRIELA     | ZIELONA GÓRA        |   | PL   | 1977       | K40       | 8          | 00:00:32,85 | 7:52         | 7,6        | 01:01:12,35 | 02:22:32,45 | 03:08:25,05 | 03:08:57,90 |     | 55 |
| 263  | 1410    | KRYCZEK PIOTR         | DĄBROWA GÓRNICZA    | GYM ELTORO RUNNING TEAM GYM ELTORO RUNNING TEAM | PL   | 1979       | M30       | 97         | 00:00:20,20 | 7:52         | 7,6        | 00:58:35,25 | 02:20:14,90 | 03:08:25,10 | 03:08:45,30 | 208 |    |
| 264  | 1466    | SŁUŻENKO AGATA        | GŁOGÓW              | CROSSFIT GŁOGÓW                                 | PL   | 1980       | K30       | 36         | 00:00:33,05 | 7:52         | 7,6        | 01:01:11,65 | 02:24:16,85 | 03:08:25,20 | 03:08:58,25 |     | 56 |
| 265  | 1246    | JEDYNAK MICHAŁ        | WROCŁAW             |   | PL   | 1987       | M30       | 98         | 00:00:21,90 | 7:52         | 7,6        | 00:57:30,05 | 02:18:25,60 | 03:08:31,50 | 03:08:53,40 | 209 |    |
| 266  | 1681    | KUCZYŃSKI MARCIN      | LUBIN               | BIGAJĄCA KASTA MIEDZIOWEGO MIASTA               | PL   | 1973       | M40       | 73         | 00:00:53,20 | 7:54         | 7,6        | 01:01:42,95 | 02:24:03,55 | 03:08:31,90 | 03:09:25,10 | 210 |    |
| 267  | 1187    | CHABIŃSKA PATRYCJA    | NYSA                |   | PL   | 1986       | K30       | 37         | 00:00:00    | 7:53         | 7,6        | 00:55:37,25 | 02:15:16,55 | 03:09:10,65 | 03:09:10,65 |     | 57 |
| 268  | 1413    | SENCZENKO WALDEMAR    | BYTOM               | NOTHING TO FEAR                                 | PL   | 1981       | M30       | 99         | 00:00:49,10 | 7:55         | 7,6        | 00:58:06,80 | 02:18:36,30 | 03:09:15,90 | 03:10:05,00 | 211 |    |
| 269  | 1245    | BAJER MIKOŁAJ         | TARNOWO PODGÓRNE    | TARNOWO PODGÓRNE BIEGA                          | PL   | 1982       | M30       | 100        | 00:00:34,65 | 7:55         | 7,6        | 00:56:01,75 | 02:20:04,65 | 03:09:19,90 | 03:09:54,55 | 212 |    |
| 270  | 1378    | HŁADKI MARCIN         | BOGATYNIA           |   | PL   | 1981       | M30       | 101        | 00:00:50,20 | 7:56         | 7,6        | 00:59:17,00 | 02:23:43,45 | 03:09:24,05 | 03:10:14,25 | 213 |    |
| 271  | 1561    | SOBAŃSKI ROMAN        | TARNOWO PODGÓRNE    | TARNOWO PODGÓRNE BIEGA                          | PL   | 1980       | M30       | 102        | 00:00:07,35 | 7:54         | 7,6        | 00:59:35,30 | 02:21:13,20 | 03:09:27,90 | 03:09:35,25 | 214 |    |
| 272  | 1517    | PISAREK KAROL         | WARSZAWA            |   | PL   | 1988       | M30       | 103        | 00:00:26,75 | 7:55         | 7,6        | 00:59:34,40 | 02:18:32,85 | 03:09:40,15 | 03:10:06,90 | 215 |    |
| 273  | 1379    | REJTERADA ALEKSANDRA  | ŁĄDEK-ZDRÓJ         | VEGE RUNNERS                                    | PL   | 1987       | K30       | 38         | 00:00:06,65 | 7:55         | 7,6        | 00:56:25,30 | 02:20:01,80 | 03:09:50,65 | 03:09:57,30 |     | 58 |
| 274  | 1396    | BULARZ PAULINA        | OŁAWA               | BIEGAM Z HUSARIĄ                                | PL   | 1993       | K18       | 12         | 00:00:55,55 | 7:57         | 7,5        | 01:03:17,50 | 02:24:33,05 | 03:09:55,40 | 03:10:50,95 |     | 59 |
| 275  | 1404    | JAROSŁAWSKI MARIUSZ   | OŁAWA               | TERMY JAKUBA - OŁAWSKI PARK WODNY               | PL   | 1972       | M40       | 74         | 00:00:54,30 | 7:57         | 7,5        | 01:03:15,70 | 02:24:32,00 | 03:09:57,10 | 03:10:51,40 | 216 |    |
| 276  | 1208    | RUSIECKI BARTLOMIEJ   | DĄBROWA             |   | PL   | 1991       | M18       | 26         | 00:00:24,45 | 7:57         | 7,6        | 00:56:42,50 | 02:16:11,10 | 03:10:16,75 | 03:10:41,20 | 217 |    |
| 277  | 1321    | SZKUP ALEKSANDRA      | ŁÓDŹ                |   | PL   | 1976       | K40       | 9          | 00:00:46,50 | 7:58         | 7,5        | 01:03:17,25 | 02:26:11,55 | 03:10:35,85 | 03:11:22,35 | 60  |    |
| 278  | 1533    | CZUMA ANETA           | ŁÓDŹ                | ROSSMANN  | PL   | 1990       | K18       | 13         | 00:00:21,55 | 7:58         | 7,5        | 00:59:12,40 | 02:24:12,00 | 03:10:42,15 | 03:11:03,70 | 61  |    |
| 279  | 1496    | RACZYŃSKA GOSIA       | MYSŁOWICE           | COCA-COLA RUNNERS                               | PL   | 1975       | K40       | 10         | 00:00:22,75 | 7:58         | 7,5        | 00:58:42,45 | 02:22:12,05 | 03:10:56,25 | 03:11:19,00 | 62  |    |
| 280  | 1298    | KOT TOMASZ            | WARSZAWA            |   | PL   | 1979       | M30       | 104        | 00:00:14,40 | 7:58         | 7,5        | 00:59:46,70 | 02:23:16,05 | 03:11:01,05 | 03:11:15,45 | 218 |    |
| 281  | 1693    | KOMEJKO DARIUSZ       | WYSOKA              | WESOŁY AMATOR                                   | PL   | 1978       | M40       | 75         | 00:00:36,05 | 8:00         | 7,5        | 00:59:48,60 | 02:22:33,55 | 03:11:21,15 | 03:11:57,20 | 219 |    |
| 282  | 1623    | SZYCZEWSKA EWA        | BYDGOSZCZ           | KEEPEER   | PL   | 1972       | K40       | 11         | 00:00:24,45 | 8:00         | 7,5        | 00:57:28,90 | 02:25:25,60 | 03:11:34,10 | 03:11:58,55 |     | 63 |
| 283  | 1166    | KRÓLIK RAFAŁ          | NOWOGRÓD            | HUSARIA RACE TEAM                               | PL   | 1989       | M18       | 27         | 00:00:40,40 | 8:01         | 7,5        | 01:03:19,05 | 02:25:44,40 | 03:11:37,25 | 03:12:17,65 | 220 |    |
| 284  | 1547    | ORECKA ANNA           | SZCZECIN            | INFINIT CODELAB                                 | PL   | 1985       | K30       | 39         | 00:00:45,40 | 8:02         | 7,5        | 01:03:36,05 | 02:25:40,70 | 03:12:05,30 | 03:12:50,70 | 64  |    |
| 285  | 1632    | JELENIWSKA BARBARA    | GORZÓW WIELKOPOLSKI |   | PL   | 1981       | K30       | 40         | 00:00:21,55 | 8:02         | 7,5        | 00:57:20,35 | 02:22:50,75 | 03:12:14,80 | 03:12:36,35 | 65  |    |
| 286  | 1186    | BURDAJEWICZ MAGDALENA | MOSINA              | MOSINA BIEGA/PAJĄCZEK                           | PL   | 1980       | K30       | 41         | 00:00:31,85 | 8:03         | 7,5        | 01:03:26,55 | 02:27:06,20 | 03:12:35,80 | 03:13:07,65 | 66  |    |
| 287  | 1198    | STACHOWIAK MAGDA      | RYDZYNA, DĄBCZE     |   | PL   | 1985       | K30       | 42         | 00:00:30,65 | 8:03         | 7,5        | 00:56:55,85 | 02:23:14,40 | 03:12:42,00 | 03:13:12,65 | 67  |    |
| 288  | 1487    | LINDNER MAREK         | WROCŁAW             |   | PL   | 1980       | M30       | 105        | 00:00:37,85 | 8:04         | 7,4        | 00:56:59,75 | 02:18:04,65 | 03:12:57,00 | 03:13:34,85 | 221 |    |
| 289  | 1328    | MORGA BOGDAN          | BEDLNO              | COKE RUNNERS                                    | PL   | 1979       | M30       | 106        | 00:00:16,05 | 8:04         | 7,4        | 00:57:59,80 | 02:24:11,30 | 03:13:18,30 | 03:13:34,35 | 222 |    |
| 290  | 1177    | PAŁUCKA MARTA         | ZALASEWO            | PROJEKT ULTRA/KALENIJ BY DECATHLON              | PL   | 1989       | K18       | 14         | 00:00:13,65 | 8:04         | 7,4        | 01:01:45,10 | 02:28:12,00 | 03:13:24,15 | 03:13:37,80 |     | 68 |
| 291  | 1362    | BADEWICZ TOMASZ       | KRAPKOWICE          | GARAGE JIM BEAM                                 | PL   | 1986       | M30       | 107        | 00:00:09,55 | 8:05         | 7,4        | 01:01:00,40 | 02:23:32,75 | 03:13:46,65 | 03:13:56,20 | 223 |    |
| 292  | 1376    | KRYGIER ARTUR         | KRAPKOWICE          | GARAGEGYM KRAPKOWICE                            | PL   | 1966       | M50       | 14         | 00:00:09,45 | 8:05         | 7,4        | 01:01:03,70 | 02:23:33,35 | 03:13:47,10 | 03:13:56,55 | 224 |    |
| 293  | 1377    | HŁADKI GABRIEL        | BOGATYNIA           |   | PL   | 1999       | M18       | 28         | 00:00:50,40 | 8:07         | 7,4        | 00:59:16,10 | 02:21:14,25 | 03:14:07,80 | 03:14:58,20 | 225 |    |
| 294  | 1518    | CHROSTEK DOROTA       | POZNAŃ              |   | PL   | 1974       | K40       | 12         | 00:00:18,65 | 8:06         | 7,4        | 01:03:13,15 | 02:27:34,35 | 03:14:16,70 | 03:14:35,35 |     | 69 |
| 295  | 1519    | CHROSTEK ADAM         | POZNAŃ              |   | PL   | 1974       | M40       | 76         | 00:00:18,50 | 8:06         | 7,4        | 01:03:13,55 | 02:27:36,15 | 03:14:17,00 | 03:14:35,50 | 226 |    |
| 296  | 1652    | ZYGMUNT RAFAŁ         | ZDUNY               |   | PL   | 1973       | M40       | 77         | 00:01:04,50 | 8:09         | 7,4        | 01:03:14,60 | 02:25:43,10 | 03:14:37,70 | 03:15:42,20 | 227 |    |
| 297  | 1671    | FLIGIER KATARZYNA     | ZIELONA GÓRA        | STOWARZYSZENIE NOWE GRANICE                     | PL   | 1972       | K40       | 13         | 00:01:06,05 | 8:12         | 7,3        | 01:05:17,05 | 02:27:17,70 | 03:15:39,80 | 03:16:45,85 |     | 70 |
| 298  | 1275    | SOBAŃSKA PAULINA      | TARNOWO PODGÓRNE    | TARNOWO PODGÓRNE BIEGA                          | PL   | 1982       | K30       | 43         | 00:00:07,15 | 8:10         | 7,3        | 01:01:54,75 | 02:29:49,35 | 03:15:55,90 | 03:16:03,05 | 71  |    |
| 299  | 1593    | ŻOCHOWSKI PIOTR       | CIECHANÓW           |   | PL   | 1968       | M50       | 15         | 00:01:00,95 | 8:14         | 7,3        | 01:02:31,75 | 02:25:58,65 | 03:16:32,50 | 03:17:33,45 | 228 |    |
| 300  | 1597    | PONIEWIERKA JOANNA    | IŁOWA               |   | PL   | 1980       | K30       | 44         | 00:00:29,95 | 8:13         | 7,3        | 01:01:30,70 | 02:25:43,75 | 03:16:33,85 | 03:17:03,80 | 72  |    |

Opracowanie: Jacek Grzybowski  
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# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość         | Klub                                  | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M   | K  |
|------|---------|----------------------------|---------------------|---------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|-----|----|
| 301  | 1178    | WIŚNIEWSKI DARIUSZ         | NOWOGRÓD BOBRZAŃSKI | ŻARY TRIATHLON TEAM                   | PL   | 1980       | M30       | 108        | 00:00:30,35 | 8:13         | 7,3        | 01:01:31,20 | 02:25:43,70 | <b>03:16:34,40</b> | 03:17:04,75 | 229 |    |
| 302  | 1473    | LEWANDOWSKI PIOTR          | POLKOWICE           |                                       | PL   | 1992       | M18       | 29         | 00:00:23,95 | 8:14         | 7,3        | 01:02:25,75 | 02:25:23,80 | <b>03:17:02,40</b> | 03:17:26,35 | 230 |    |
| 303  | 1566    | GAJEWSKA MAGDALENA         | LUBIN               | MIEDZIOWE TOWARZYSTWO SPORTOWE        | PL   | 1983       | K30       | 45         | 00:00:33,25 | 8:14         | 7,3        | 01:00:11,45 | 02:27:18,95 | <b>03:17:10,15</b> | 03:17:43,40 |     | 73 |
| 304  | 1598    | CHLEBOWSKI PAWEŁ           | BYTOM               | CROSSTEAM                             | PL   | 1980       | M30       | 109        | 00:00:48,25 | 8:15         | 7,3        | 00:58:07,35 | 02:25:38,00 | <b>03:17:15,45</b> | 03:18:03,70 | 231 |    |
| 305  | 10014   | KRÓL MIECZYŚLAW            | OPOLE               | ULTRATATA                             | PL   | 1980       | M30       | 110        | 00:00:04,55 | 8:13         | 7,3        | 00:58:43,40 | 02:22:48,40 | <b>03:17:15,90</b> | 03:17:20,45 | 232 |    |
| 306  | 1183    | BOROWSKI ROBERT            | TOMASZÓW MAZOWIECKI | BORO                                  | PL   | 1975       | M40       | 78         | 00:00:08,85 | 8:14         | 7,3        | 00:58:46,95 | 02:26:11,35 | <b>03:17:16,70</b> | 03:17:25,55 | 233 |    |
| 307  | 1265    | SPYCHAŁA STANISŁAW         | WRONKI              | WRONIECKI KLUB BIEGACZA               | PL   | 1954       | M60+      | 2          | 00:00:59,30 | 8:16         | 7,3        | 01:04:13,50 | 02:29:40,95 | <b>03:17:25,75</b> | 03:18:25,05 | 234 |    |
| 308  | 1497    | ŻBIK NATALIA               | PLEWISKA            | SMART THERAPY                         | PL   | 1991       | K18       | 15         | 00:00:48,35 | 8:16         | 7,3        | 01:03:27,35 | 02:28:20,85 | <b>03:17:28,95</b> | 03:18:17,30 |     | 74 |
| 309  | 1336    | KAMPKA ALEKSANDER          | GLIWICE             |                                       | PL   | 1976       | M40       | 79         | 00:00:43,00 | 8:16         | 7,3        | 01:00:27,90 | 02:29:00,40 | <b>03:17:30,90</b> | 03:18:13,90 | 235 |    |
| 310  | 1206    | GOĆŁOWSKI CEZARY           | PIASECZNO           | BIEGANIE.PL                           | PL   | 1975       | M40       | 80         | 00:00:10,20 | 8:14         | 7,3        | 00:56:07,00 | 02:18:52,90 | <b>03:17:36,20</b> | 03:17:46,40 | 236 |    |
| 311  | 1403    | GANCARCZYK KLAUDIA         | SOSNOWIEC           |                                       | PL   | 1995       | K18       | 16         | 00:00:19,95 | 8:15         | 7,3        | 01:01:30,00 | 02:28:52,85 | <b>03:17:39,05</b> | 03:17:59,00 | 75  |    |
| 312  | 1197    | STRACHOWSKA MONIKA         | WROCLAW             |                                       | PL   | 1988       | K30       | 46         | 00:01:10,50 | 8:18         | 7,2        | 01:03:37,90 | 02:26:42,90 | <b>03:18:09,15</b> | 03:19:19,65 | 76  |    |
| 313  | 1467    | BOBEL ARTUR                | WROCLAW             |                                       | PL   | 1983       | M30       | 111        | 00:00:45,85 | 8:17         | 7,2        | 01:02:48,65 | 02:28:44,30 | <b>03:18:11,15</b> | 03:18:57,00 | 237 |    |
| 314  | 1611    | STALA-KONDRAKIEWICZ KATARZ | MŁOSZYCE            | KB HARCOWNIK JELCZ-LASKOWICE          | PL   | 1983       | K30       | 47         | 00:00:22,20 | 8:17         | 7,2        | 00:58:53,55 | 02:27:19,55 | <b>03:18:31,15</b> | 03:18:53,35 |     | 77 |
| 315  | 1491    | LASKOWSKA ANETA            | GŁOGÓW              | CROSS STRACENÓW TEAM                  | PL   | 1970       | K40       | 14         | 00:00:32,40 | 8:18         | 7,2        | 01:01:49,15 | 02:27:10,70 | <b>03:18:40,30</b> | 03:19:12,70 | 78  |    |
| 316  | 1301    | KOTWICKI TOMASZ            | ŚWINOUJŚCIE         |                                       | PL   | 1982       | M30       | 112        | 00:00:20,85 | 8:18         | 7,2        | 00:59:39,55 | 02:26:41,25 | <b>03:18:43,40</b> | 03:19:04,25 | 238 |    |
| 317  | 1576    | BARGIEL WOJTEK             | WARSZAWA            |                                       | PL   | 1972       | M40       | 81         | 00:00:51,65 | 8:19         | 7,2        | 01:03:38,45 | 02:26:04,85 | <b>03:18:56,10</b> | 03:19:47,75 | 239 |    |
| 318  | 1575    | ŁASSA PAWEŁ                | POZNAŃ              | RANKOR ATHLETICS BMW OLSZOWIEC POZNAŃ | PL   | 1987       | M30       | 113        | 00:01:09,70 | 8:21         | 7,2        | 01:00:15,40 | 02:26:12,40 | <b>03:19:19,45</b> | 03:20:29,15 | 240 |    |
| 319  | 1320    | LECH AGNIESZKA             | ŚWIEBODZICE         | BEZ GRANIC                            | PL   | 1978       | K40       | 15         | 00:00:25,95 | 8:20         | 7,2        | 00:58:16,45 | 02:28:37,70 | <b>03:19:27,00</b> | 03:19:52,95 | 79  |    |
| 320  | 1437    | WARA-WASOWSKI MACIEJ       | LODZ                |                                       | PL   | 1969       | M40       | 82         | 00:00:42,45 | 8:23         | 7,2        | 00:59:36,15 | 02:25:54,70 | <b>03:20:21,90</b> | 03:21:04,35 | 241 |    |
| 321  | 1691    | CZAPA MAGDALENA            | GDAŃSK              | NEXUS TEAM                            | PL   | 1973       | K40       | 16         | 00:00:27,40 | 8:22         | 7,2        | 01:01:30,65 | 02:29:47,40 | <b>03:20:22,25</b> | 03:20:49,65 | 80  |    |
| 322  | 1189    | KOTYSZ KATARZYNA           | OPOLE               |                                       | PL   | 1965       | K50       | 2          | 00:00:26,10 | 8:22         | 7,2        | 01:04:04,05 | 02:31:01,75 | <b>03:20:26,05</b> | 03:20:52,15 | 81  |    |
| 323  | 1682    | SERAFIN ROBERT             | RADKÓW              |                                       | PL   | 1971       | M40       | 83         | 00:00:44,15 | 8:23         | 7,2        | 01:00:36,25 | 02:25:44,00 | <b>03:20:33,10</b> | 03:21:17,25 | 242 |    |
| 324  | 1433    | ŚPIEWAK RADOSŁAW           | ZIELONA GÓRA        | BOHAR PALETY RUNNERS                  | PL   | 1980       | M30       | 114        | 00:00:37,80 | 8:24         | 7,1        | 01:01:38,45 | 02:30:05,55 | <b>03:20:51,75</b> | 03:21:29,55 | 243 |    |
| 325  | 1384    | MICHALSKA DARIA            | ZIELONA GÓRA        | BOHAR PALETY RUNNERS                  | PL   | 1982       | K30       | 48         | 00:00:37,50 | 8:24         | 7,1        | 01:01:38,05 | 02:30:07,15 | <b>03:20:52,05</b> | 03:21:29,55 | 82  |    |
| 326  | 1579    | KOPIŃSKA ANNA              | RUDA ŚLĄSKA         | KOPIKI                                | PL   | 1979       | K30       | 49         | 00:00:10,55 | 8:23         | 7,2        | 01:01:48,30 | 02:33:19,80 | <b>03:21:04,40</b> | 03:21:14,95 | 83  |    |
| 327  | 1351    | URLICKI LECH               | NOWA SÓL            | KB SPOCENI NOWA SÓL                   | PL   | 1950       | M60+      | 3          | 00:00:11,05 | 8:23         | 7,2        | 01:02:57,05 | 02:31:55,30 | <b>03:21:06,00</b> | 03:21:17,05 | 244 |    |
| 328  | 1564    | BRZYKCY KAROLINA           | WTELNO              |                                       | PL   | 1986       | K30       | 50         | 00:00:07,60 | 8:23         | 7,2        | 01:03:37,45 | 02:31:59,05 | <b>03:21:14,55</b> | 03:21:22,15 | 84  |    |
| 329  | 1174    | GAWŁOWICZ PIOTR            | WAŁBRZYCH           | BIEGAMY NA KOKSIE                     | PL   | 1968       | M50       | 16         | 00:00:39,95 | 8:25         | 7,1        | 01:00:55,85 | 02:26:42,90 | <b>03:21:24,35</b> | 03:22:04,30 | 245 |    |
| 330  | 1415    | KRÓL-SZREMSKA HALINA       | WROCLAW             |                                       | PL   | 1982       | K30       | 51         | 00:00:44,50 | 8:26         | 7,1        | 01:01:34,40 | 02:28:51,05 | <b>03:21:44,55</b> | 03:22:29,05 | 85  |    |
| 331  | 1456    | KINDRA MAREK               | LUBIN               |                                       | PL   | 1974       | M40       | 84         | 00:00:55,25 | 8:27         | 7,1        | 01:03:28,20 | 02:28:28,05 | <b>03:21:49,20</b> | 03:22:44,45 | 246 |    |
| 332  | 1190    | JAKUBIEC MARIUSZ           | KRAKÓW              |                                       | PL   | 1973       | M40       | 85         | 00:00:18,70 | 8:27         | 7,1        | 01:01:19,70 | 02:30:59,35 | <b>03:22:39,35</b> | 03:22:58,05 | 247 |    |
| 333  | 1504    | MAŚLANKIEWICZ KATARZYNA    | POZNAŃ              |                                       | PL   | 1973       | K40       | 17         | 00:00:57,50 | 8:29         | 7,1        | 01:03:29,25 | 02:33:19,50 | <b>03:22:39,95</b> | 03:23:37,45 | 86  |    |
| 334  | 1386    | BRYKSA IWONA               | OPOLE               |                                       | PL   | 1963       | K50       | 3          | 00:00:27,55 | 8:28         | 7,1        | 01:03:23,25 | 02:32:08,85 | <b>03:22:50,45</b> | 03:23:18,00 | 87  |    |
| 335  | 1251    | MŁYNARCZYK MARCIN          | POZNAŃ              |                                       | PL   | 1994       | M18       | 30         | 00:00:18,95 | 8:28         | 7,1        | 01:01:04,65 | 02:27:47,20 | <b>03:23:02,75</b> | 03:23:21,70 | 248 |    |
| 336  | 1159    | SKRZYPEK ŁUKASZ            | BYTOM               |                                       | PL   | 1987       | M30       | 115        | 00:00:32,05 | 8:29         | 7,1        | 01:01:45,70 | 02:30:02,50 | <b>03:23:05,95</b> | 03:23:38,00 | 249 |    |
| 337  | 1678    | SKRZYPEK KRZYSZTOF         | BYTOM               | KLINCYZ TEAM                          | PL   | 1982       | M30       | 116        | 00:00:32,05 | 8:29         | 7,1        | 01:01:46,90 | 02:30:03,60 | <b>03:23:06,20</b> | 03:23:38,25 | 250 |    |
| 338  | 1353    | SZYMANKIEWICZ KRYSZYNA EDY | GŁOGÓW              | CROSS STRACENÓW TEAM                  | PL   | 1973       | K40       | 18         | 00:00:24,05 | 8:30         | 7,1        | 01:03:56,35 | 02:34:34,00 | <b>03:23:41,05</b> | 03:24:05,10 | 88  |    |
| 339  | 1278    | KUCHARSKI PIOTR            | JANOWO              |                                       | PL   | 1973       | M40       | 86         | 00:00:53,80 | 8:32         | 7,0        | 01:03:03,20 | 02:27:46,05 | <b>03:23:43,05</b> | 03:24:36,85 | 251 |    |
| 340  | 1405    | SZWARGOT MARTA             | KĄZMIERZ            | TARNOWO PODGÓRNE BIEGA                | PL   | 1988       | K30       | 52         | 00:00:33,15 | 8:31         | 7,0        | 01:03:35,60 | 02:35:23,35 | <b>03:23:45,55</b> | 03:24:18,70 | 89  |    |
| 341  | 1233    | KIFNER HUBERT              | WARSZAWA            |                                       | PL   | 1977       | M40       | 87         | 00:00:44,95 | 8:31         | 7,0        | 01:03:24,85 | 02:27:32,00 | <b>03:23:48,25</b> | 03:24:33,20 | 252 |    |
| 342  | 1258    | ZAPAŚNIK MICHAŁ            | WARSZAWA            |                                       | PL   | 1980       | M30       | 117        | 00:00:44,50 | 8:31         | 7,0        | 01:03:25,35 | 02:27:32,50 | <b>03:23:48,70</b> | 03:24:33,20 | 253 |    |
| 343  | 1573    | MAŃKOWSKI WOJCIECH         | OŻARÓW MAZOWIECKI   |                                       | PL   | 1979       | M30       | 118        | 00:01:08,55 | 8:32         | 7,0        | 01:04:38,85 | 02:33:14,20 | <b>03:23:49,95</b> | 03:24:58,50 | 254 |    |
| 344  | 1500    | MATUSZEWSKI TOMASZ         | WOLSZTYN            |                                       | PL   | 1970       | M40       | 88         | 00:00:40,75 | 8:32         | 7,0        | 01:03:30,85 | 02:30:55,40 | <b>03:24:04,25</b> | 03:24:45,00 | 255 |    |
| 345  | 1194    | KAMIŃSKI ŁUKASZ            | WROCLAW             |                                       | PL   | 1973       | M40       | 89         | 00:00:39,05 | 8:32         | 7,0        | 01:02:47,30 | 02:30:19,60 | <b>03:24:13,80</b> | 03:24:52,85 | 256 |    |
| 346  | 1494    | CZARNECKI MAREK            | KLESZCZÓW           |                                       | PL   | 1979       | M30       | 119        | 00:00:26,70 | 8:33         | 7,0        | 01:04:54,75 | 02:35:16,30 | <b>03:24:52,55</b> | 03:25:19,25 | 257 |    |
| 347  | 1490    | BUTYŃSKI ŁUKASZ            | PSARY               |                                       | PL   | 1983       | M30       | 120        | 00:00:39,60 | 8:36         | 7,0        | 01:04:26,65 | 02:32:51,35 | <b>03:25:37,85</b> | 03:26:17,45 | 258 |    |
| 348  | 1408    | NADOBNIK BEATA             | KĄZMIERZ            | TARNOWO PODGÓRNE BIEGA                | PL   | 1972       | K40       | 19         | 00:00:38,50 | 8:36         | 7,0        | 01:06:21,10 | 02:35:28,65 | <b>03:25:54,95</b> | 03:26:33,45 | 90  |    |
| 349  | 1521    | DOLNY DANIEL               | WOLSZTYN            |                                       | PL   | 1976       | M40       | 90         | 00:01:00,45 | 8:38         | 7,0        | 01:05:52,30 | 02:29:15,55 | <b>03:26:05,05</b> | 03:27:05,50 | 259 |    |
| 350  | 1615    | KAWKA DAMIAN               | WARSZAWA - POLSKA   |                                       | PL   | 1976       | M40       | 91         | 00:01:07,15 | 8:39         | 6,9        | 01:07:47,35 | 02:37:22,25 | <b>03:26:24,50</b> | 03:27:31,65 | 260 |    |

Opracowanie: Jacek Grzybowski  
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# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



GOSPODARZ



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię              | Miejscowość       | Klub  | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M   | K   |
|------|---------|----------------------------|-------------------|---|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|-----|-----|
| 351  | 1685    | MICHALSKI ZYGMUNT          | GDYNIA            |   | PL   | 1969       | M40       | 92         | 00:00:57,30 | 8:41         | 6,9        | 01:03:32,60 | 02:31:33,05 | <b>03:27:19,20</b> | 03:28:16,50 | 261 |     |
| 352  | 1398    | JANUS - BURAK ELŻBIETA     | ŚRODA ŚLĄSKA      |   | PL   | 1979       | K30       | 53         | 00:00:36,05 | 8:40         | 6,9        | 01:05:39,25 | 02:36:27,20 | <b>03:27:31,25</b> | 03:28:07,30 |     | 91  |
| 353  | 1297    | RÓŻAŁSKA EWA               | POZNAN            |   | PL   | 1978       | K40       | 20         | 00:00:12,85 | 8:39         | 6,9        | 01:02:00,95 | 02:33:22,85 | <b>03:27:34,10</b> | 03:27:46,95 |     | 92  |
| 354  | 1281    | SZYMANKIEWICZ EWA          | MIEJSKA GÓRKA     |   | PL   | 1983       | K30       | 54         | 00:00:11,70 | 8:39         | 6,9        | 01:02:02,80 | 02:33:18,55 | <b>03:27:35,55</b> | 03:27:47,25 |     | 93  |
| 355  | 1553    | SZAJDZIŃSKI SEBASTIAN      | KALISZ            |   | PL   | 1982       | M30       | 121        | 00:00:18,90 | 8:40         | 6,9        | 01:02:01,10 | 02:31:35,00 | <b>03:27:45,20</b> | 03:28:04,10 | 262 |     |
| 356  | 1634    | FEDOROWICZ JOWITA          | BRZEG             | AUTOGAZEXPERT RUNNERS TEAM                        | PL   | 1984       | K30       | 55         | 00:00:18,95 | 8:40         | 6,9        | 01:03:42,85 | 02:37:45,45 | <b>03:27:52,50</b> | 03:28:11,45 |     | 94  |
| 357  | 1453    | WAŚCIŃSKA EDYTA            | BOJANOWO          | PĘDZI - PARA GOŁASZYN                             | PL   | 1970       | K40       | 21         | 00:00:45,70 | 8:42         | 6,9        | 01:03:33,80 | 02:37:51,75 | <b>03:27:52,60</b> | 03:28:38,30 |     | 95  |
| 358  | 1629    | KOTECKA-CYZA MAŁGORZATA    | BRZEG             | KOTWICA BRZEG                                     | PL   | 1983       | K30       | 56         | 00:00:17,80 | 8:41         | 6,9        | 01:03:40,85 | 02:37:40,15 | <b>03:27:59,00</b> | 03:28:16,80 |     | 96  |
| 359  | 1202    | BAR ALEKSANDRA             | STRZELCE OPOLSKIE | GMINA STRZELCE OPOLSKIE                           | PL   | 1977       | K40       | 22         | 00:00:41,00 | 8:42         | 6,9        | 01:05:21,00 | 02:38:15,25 | <b>03:28:05,50</b> | 03:28:46,50 |     | 97  |
| 360  | 1271    | CISZEWSKI RADOSŁAW         | LEGNICA           |   | PL   | 1984       | M30       | 122        | 00:00:58,20 | 8:43         | 6,9        | 01:07:46,15 | 02:38:18,80 | <b>03:28:13,25</b> | 03:29:11,45 | 263 |     |
| 361  | 1272    | CISZEWSKA EWA              | LEGNICA           |   | PL   | 1986       | K30       | 57         | 00:00:58,20 | 8:43         | 6,9        | 01:07:46,55 | 02:38:18,90 | <b>03:28:13,25</b> | 03:29:11,45 |     | 98  |
| 362  | 1608    | HAJDUK BARBARA             | SOSNOWIEC         |   | PL   | 1986       | K30       | 58         | 00:01:01,05 | 8:44         | 6,9        | 01:06:32,25 | 02:39:12,75 | <b>03:28:27,40</b> | 03:29:28,45 |     | 99  |
| 363  | 1223    | KAWECKA MAGDALENA          | WARSZAWA          | BIEGAM BO LUBIĘ ZĄBKI TEAM                        | PL   | 1982       | K30       | 59         | 00:00:10,85 | 8:42         | 6,9        | 01:05:03,50 | 02:38:18,15 | <b>03:28:47,00</b> | 03:28:57,85 |     | 100 |
| 364  | 1643    | PŁATEK KATARZYNA           | WROCŁAW           | WKURW_TEAM  | PL   | 1983       | K30       | 60         | 00:00:20,65 | 8:45         | 6,9        | 01:06:31,65 | 02:36:53,45 | <b>03:29:28,30</b> | 03:29:48,95 |     | 101 |
| 365  | 1283    | RYNKOWSKA ANNA             | SZCZECIN          |   | PL   | 1980       | K30       | 61         | 00:00:36,60 | 8:48         | 6,8        | 01:05:03,90 | 02:37:10,05 | <b>03:30:43,55</b> | 03:31:20,15 |     | 102 |
| 366  | 1391    | DĄBKOWSKA PATRYCJA         | PRZEMET           | SPEED FEET '16                                    | PL   | 1977       | K40       | 23         | 00:00:13,75 | 8:48         | 6,8        | 01:02:59,75 | 02:36:08,15 | <b>03:31:07,75</b> | 03:31:21,50 |     | 103 |
| 367  | 1285    | FRĄCKOWIAK JACEK           | ŚREM              | AMARENA   | PL   | 1978       | M40       | 93         | 00:00:39,35 | 8:51         | 6,8        | 01:05:06,50 | 02:36:06,35 | <b>03:31:43,05</b> | 03:32:22,40 | 264 |     |
| 368  | 1163    | MILEWSKA ANNA              | WARSZAWA          |   | PL   | 1977       | K40       | 24         | 00:00:59,90 | 8:55         | 6,7        | 01:05:41,25 | 02:40:23,35 | <b>03:33:05,70</b> | 03:34:05,60 |     | 104 |
| 369  | 1155    | JAROSZ ARTUR               | WARSZAWA          |   | PL   | 1971       | M40       | 94         | 00:01:00,10 | 8:55         | 6,7        | 01:05:45,45 | 02:40:24,95 | <b>03:33:05,75</b> | 03:34:05,85 | 265 |     |
| 370  | 1468    | DOBROWOLSKA MAŁGORZATA     | LUBIN             | BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA                | PL   | 1980       | K30       | 62         | 00:00:54,55 | 8:55         | 6,7        | 01:08:31,60 | 02:43:11,50 | <b>03:33:06,80</b> | 03:34:01,35 |     | 105 |
| 371  | 1535    | ŻUKIEWICZ PIOTR            | LUBIN             | BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA                | PL   | 1974       | M40       | 95         | 00:00:52,90 | 8:55         | 6,7        | 01:08:30,55 | 02:43:06,80 | <b>03:33:08,00</b> | 03:34:00,90 | 266 |     |
| 372  | 1350    | SCHULZE JÖRG               | LUCKENWALDE       | DAV ZITTAU  | DE   | 1957       | M60+      | 4          | 00:00:03,25 | 8:53         | 6,8        | 01:04:28,85 | 02:39:22,35 | <b>03:33:16,25</b> | 03:33:19,50 | 267 |     |
| 373  | 1349    | SCHULZE NATALIA            | LUCKENWALDE       |   | NE   | 1958       | K60+      | 1          | 00:00:02,95 | 8:53         | 6,8        | 01:04:29,55 | 02:39:19,60 | <b>03:33:16,25</b> | 03:33:19,20 |     | 106 |
| 374  | 1463    | MALINOWSKI MAREK           | WROCŁAW           |   | PL   | 1986       | M30       | 123        | 00:00:39,00 | 8:56         | 6,7        | 01:05:44,55 | 02:46:34,40 | <b>03:33:33,35</b> | 03:34:12,35 | 268 |     |
| 375  | 1447    | OLEJNIK PRZEKMEK           | SZCZECIN          | NIEZRZESZONY                                      | PL   | 1969       | M40       | 96         | 00:00:47,65 | 8:56         | 6,7        | 01:07:03,50 | 02:39:50,70 | <b>03:33:39,65</b> | 03:34:27,30 | 269 |     |
| 376  | 1446    | OLEJNIK MARZENA            | SZCZECIN          | NIEZRZESZONA                                      | PL   | 1968       | K50       | 4          | 00:00:46,95 | 8:56         | 6,7        | 01:07:03,50 | 02:39:50,55 | <b>03:33:40,40</b> | 03:34:27,35 |     | 107 |
| 377  | 1520    | NOWAK ANIA                 | KOSZALIN          |   | PL   | 1977       | K40       | 25         | 00:00:34,50 | 8:57         | 6,7        | 01:06:55,05 | 02:41:27,00 | <b>03:34:17,90</b> | 03:34:52,40 |     | 108 |
| 378  | 1618    | DOBROŚ MAGDALENA           | WIERUSZÓW         |   | PL   | 1977       | K40       | 26         | 00:00:56,30 | 8:58         | 6,7        | 01:06:27,60 | 02:43:03,75 | <b>03:34:26,80</b> | 03:35:23,10 |     | 109 |
| 379  | 1360    | TOMIAK-ROZYNEK SYLWIA      | WOLSZTYN          | WOLSZTYŃSKI KLUB BIEGOWY                          | PL   | 1972       | K40       | 27         | 00:00:17,30 | 8:57         | 6,7        | 01:04:22,15 | 02:40:12,40 | <b>03:34:41,75</b> | 03:34:59,05 |     | 110 |
| 380  | 1334    | NOWICKA BEATA              | KARPICKO          | WOLSZTYŃSKI KLUB BIEGOWY WOLSZTYŃSKI KLUB BIEGOWY | PL   | 1971       | K40       | 28         | 00:00:17,00 | 8:57         | 6,7        | 01:04:22,30 | 02:40:13,45 | <b>03:34:42,25</b> | 03:34:59,25 |     | 111 |
| 381  | 10035   | DĄBROWSKI CEZARY           | PIASECZNO         | MAXI PIASECZNO                                    | PL   | 1971       | M40       | 97         | 00:00:46,85 | 9:00         | 6,7        | 01:08:40,00 | 02:40:48,50 | <b>03:35:02,50</b> | 03:35:49,35 | 270 |     |
| 382  | 1592    | SZCZEPANIK MARTA           | KRAKOW            |   | PL   | 1969       | K40       | 29         | 00:00:37,20 | 8:59         | 6,7        | 01:06:52,20 | 02:42:05,55 | <b>03:35:09,85</b> | 03:35:47,05 |     | 112 |
| 383  | 1656    | DOBROWOLSKI ROBERT         | JELENIA GORA      | SPORTOWI EMERYCI                                  | PL   | 1957       | M60+      | 5          | 00:00:33,15 | 9:00         | 6,7        | 01:12:32,85 | 02:50:42,45 | <b>03:35:35,70</b> | 03:36:08,85 | 271 |     |
| 384  | 1458    | PRÓCHNICKA AGATA           | ZĄBKI             | BIEGAM BO LUBIĘ ZĄBKI TEAM                        | PL   | 1982       | K30       | 63         | 00:00:11,15 | 9:01         | 6,7        | 01:07:07,05 | 02:44:53,75 | <b>03:36:01,20</b> | 03:36:12,35 |     | 113 |
| 385  | 1562    | JAKOWICZ AGNIESZKA         | OTWOCK            | LABOSPORT TEAM                                    | PL   | 1974       | K40       | 30         | 00:00:33,65 | 9:02         | 6,6        | 01:06:03,25 | 02:40:30,90 | <b>03:36:06,00</b> | 03:36:39,65 |     | 114 |
| 386  | 1524    | NOWAK MARIKA               | WARSZAWA          |   | PL   | 1988       | K30       | 64         | 00:00:34,85 | 9:02         | 6,6        | 01:06:59,15 | 02:41:29,55 | <b>03:36:21,30</b> | 03:36:56,15 |     | 115 |
| 387  | 1606    | POMIANOWSKA ANNA           | WRONKI            |   | PL   | 1980       | K30       | 65         | 00:00:59,50 | 9:04         | 6,6        | 01:10:39,75 | 02:44:31,10 | <b>03:36:48,35</b> | 03:37:47,85 |     | 116 |
| 388  | 1503    | KOWALCZYK DARIUSZ          | LUBOŃ             | RDK SERWIS BIEGA                                  | PL   | 1974       | M40       | 98         | 00:00:30,90 | 9:04         | 6,6        | 01:03:31,75 | 02:39:51,60 | <b>03:37:06,65</b> | 03:37:37,55 | 272 |     |
| 389  | 1308    | MARCZUKIEWICZ ALEKSANDRA   | WROCŁAW           | WKURW_TEAM  | PL   | 1984       | K30       | 66         | 00:00:20,50 | 9:05         | 6,6        | 01:05:12,95 | 02:45:47,35 | <b>03:37:34,95</b> | 03:37:55,45 |     | 117 |
| 390  | 1317    | BARSCZEWSKI JACEK          | MORZYCZYN         |   | PL   | 1979       | M30       | 124        | 00:01:00,70 | 9:07         | 6,6        | 01:09:56,70 | 02:42:35,75 | <b>03:37:42,85</b> | 03:38:43,55 | 273 |     |
| 391  | 1316    | BARSCZEWSKA MARLENA        | MORZYCZYN         |   | PL   | 1979       | K30       | 67         | 00:00:59,15 | 9:07         | 6,6        | 01:09:53,80 | 02:42:35,35 | <b>03:37:44,00</b> | 03:38:43,15 |     | 118 |
| 392  | 1295    | BIADACZ-LISOWSKA KATARZYNA | ŚWINOUJŚCIE       |   | PL   | 1978       | K40       | 31         | 00:00:58,55 | 9:07         | 6,6        | 01:09:58,60 | 02:45:43,45 | <b>03:37:44,55</b> | 03:38:43,10 |     | 119 |
| 393  | 10024   | ŁYŻWA PAWEŁ                | KIELCE            | WKURW_TEAM  | PL   | 1971       | M40       | 99         | 00:00:42,95 | 9:07         | 6,6        | 01:12:34,55 | 02:48:21,45 | <b>03:38:12,45</b> | 03:38:55,40 | 274 |     |
| 394  | 1220    | ŁYŻWA IWONA                | KIELCE            | WQURW_TEAM  | PL   | 1974       | K40       | 32         | 00:00:43,15 | 9:07         | 6,6        | 01:12:26,20 | 02:48:29,75 | <b>03:38:13,20</b> | 03:38:56,35 |     | 120 |
| 395  | 1660    | DOMINIAK-BĄK IZABELA       | JÓZEFOSŁAW        |   | PL   | 1986       | K30       | 68         | 00:00:50,75 | 9:09         | 6,6        | 01:06:33,00 | 02:42:28,90 | <b>03:38:52,45</b> | 03:39:43,20 |     | 121 |
| 396  | 1389    | BARANOWSKA MONIKA          | KOSCIAN           | SPEED FEET '16                                    | PL   | 1980       | K30       | 69         | 00:00:13,50 | 9:08         | 6,6        | 01:07:18,45 | 02:46:48,90 | <b>03:39:09,10</b> | 03:39:22,60 |     | 122 |
| 397  | 1270    | KUPPER PAWEŁ               | WROCŁAW           |   | PL   | 1981       | M30       | 125        | 00:00:36,75 | 9:13         | 6,5        | 01:06:10,65 | 02:43:26,05 | <b>03:40:39,20</b> | 03:41:15,95 | 275 |     |
| 398  | 1210    | MALINOWSKA-DACH MARIOLA    | WROCŁAW           |   | PL   | 1988       | K30       | 70         | 00:00:54,95 | 9:16         | 6,5        | 01:09:06,15 | 02:44:06,95 | <b>03:41:28,60</b> | 03:42:23,55 |     | 123 |
| 399  | 1182    | WOJTYRA SŁAWOMIR           | DZIAŁOSZYN        |   | PL   | 1993       | M18       | 31         | 00:00:54,95 | 9:16         | 6,5        | 01:09:04,85 | 02:43:17,50 | <b>03:41:30,75</b> | 03:42:25,70 | 276 |     |
| 400  | 1687    | BULARZ MATEUSZ             | OŁAWA             | KIM GROM POKAZY PIROTECHNICZNE KIM GROM POKAZY PI | PL   | 1993       | M18       | 32         | 00:00:53,80 | 9:16         | 6,5        | 01:09:04,45 | 02:43:17,25 | <b>03:41:31,90</b> | 03:42:25,70 | 277 |     |

Opracowanie: Jacek Grzybowski  
jacek.grzybowski@sts-timing.pl



# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTUŁARNY



SPONSORZY STRATEGICZNI



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię            | Miejscowość         | Klub  | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto         | Czas brutto | M   | K   |
|------|---------|--------------------------|---------------------|---|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|--------------------|-------------|-----|-----|
| 401  | 10020   | PODKÓWKA ZBIGNIEW        | BYDGOSZCZ           |   | PL   | 1960       | M50       | 17         | 00:00:13,50 | 9:14         | 6,5        | 01:12:47,95 | 02:48:21,60 | <b>03:41:32,20</b> | 03:41:45,70 | 278 |     |
| 402  | 1485    | SACHMATA ANIA            | PIASECZNO           | MOTO-PARTNER MOTO-PARTNER                         | PL   | 1994       | K18       | 17         | 00:00:56,85 | 9:19         | 6,4        | 01:13:23,10 | 02:49:52,80 | <b>03:42:31,45</b> | 03:43:28,30 |     | 124 |
| 403  | 1550    | MACIEJEWSKI TOMASZ       | OSTRÓW WIELKOPOLSKI | ZAP-KOOPERACJA ZAP-KOOPERACJA                     | PL   | 1982       | M30       | 126        | 00:01:02,50 | 9:19         | 6,4        | 01:08:30,75 | 02:42:30,60 | <b>03:42:43,55</b> | 03:43:46,05 | 279 |     |
| 404  | 10003   | WITKOWSKI TOMASZ         | ŻARY                | ŻARY RUNNERS TEAM                                 | PL   | 1973       | M40       | 100        | 00:00:29,65 | 9:18         | 6,4        | 01:07:26,05 | 02:41:38,30 | <b>03:42:50,50</b> | 03:43:20,15 | 280 |     |
| 405  | 1430    | DURALEK ANNA             | PRUSZCZ             |   | PL   | 1976       | K40       | 33         | 00:00:47,15 | 9:19         | 6,4        | 01:06:09,60 | 02:44:01,75 | <b>03:42:55,75</b> | 03:43:42,90 |     | 125 |
| 406  | 1243    | PIETRZAK ANNA            | WROCLAW             |   | PL   | 1977       | K40       | 34         | 00:00:24,20 | 9:18         | 6,4        | 01:04:09,90 | 02:45:45,85 | <b>03:42:56,75</b> | 03:43:20,95 |     | 126 |
| 407  | 1646    | KOPACZYŃSKA BEATA        | ZIELONA GÓRA        |   | PL   | 1971       | K40       | 35         | 00:01:05,10 | 9:21         | 6,4        | 01:08:56,20 | 02:47:11,35 | <b>03:43:24,25</b> | 03:44:29,35 |     | 127 |
| 408  | 1448    | BAŃKOWSKI IGOR           | NYSA                | RUNNERS TEAM NYSA                                 | PL   | 1961       | M50       | 18         | 00:00:25,25 | 9:20         | 6,4        | 01:01:51,00 | 02:40:53,50 | <b>03:43:36,60</b> | 03:44:01,85 | 281 |     |
| 409  | 1470    | KOWALSKA DARIA           | CIESZKÓW            |   | PL   | 1982       | K30       | 71         | 00:00:12,90 | 9:20         | 6,4        | 01:10:25,40 | 02:48:26,80 | <b>03:43:54,10</b> | 03:44:07,00 |     | 128 |
| 410  | 1371    | KRÓLIKOWSKA KAROLINA     | GŁOGÓW              | CROSS STRACEŃCÓW TEAM                             | PL   | 1976       | K40       | 36         | 00:00:23,85 | 9:22         | 6,4        | 01:07:05,00 | 02:48:18,55 | <b>03:44:33,80</b> | 03:44:57,65 |     | 129 |
| 411  | 1631    | GRZYWIŃSKA ANNA          | TORUŃ               |   | PL   | 1979       | K30       | 72         | 00:00:46,60 | 9:24         | 6,4        | 01:06:33,45 | 02:48:36,25 | <b>03:45:01,25</b> | 03:45:47,85 |     | 130 |
| 412  | 1412    | SACHMATA AGATA           | PIASECZNO           | KUŹNIA TRAIHLONU                                  | PL   | 1966       | K50       | 5          | 00:00:57,50 | 9:26         | 6,4        | 01:13:19,15 | 02:51:34,25 | <b>03:45:17,90</b> | 03:46:15,40 |     | 131 |
| 413  | 1462    | MALINOWSKI ANDRZEJ       | POZNAŃ              |   | PL   | 1982       | M30       | 127        | 00:00:39,65 | 9:28         | 6,3        | 01:06:07,10 | 02:47:46,25 | <b>03:46:26,30</b> | 03:47:05,95 | 282 |     |
| 414  | 1151    | ZAJĄC ANDRZEJ            | CZŁUCHÓW            | DRUŻYNA SZPIKU                                    | PL   | 1981       | M30       | 128        | 00:01:07,40 | 9:29         | 6,3        | 01:12:15,10 | 02:47:27,05 | <b>03:46:26,90</b> | 03:47:34,30 | 283 |     |
| 415  | 1326    | MĄCZKA Cezary            | WARSZAWA            |   | PL   | 1964       | M50       | 19         | 00:01:01,30 | 9:29         | 6,3        | 01:08:08,95 | 02:48:25,05 | <b>03:46:35,65</b> | 03:47:36,95 | 284 |     |
| 416  | 1229    | GOLON PATRYK             | PRUSZKÓW            |   | PL   | 1989       | M18       | 33         | 00:01:14,00 | 9:35         | 6,3        | 01:11:37,15 | 02:48:56,60 | <b>03:48:36,45</b> | 03:49:50,45 | 285 |     |
| 417  | 10004   | GŁOMBİK KRZYSZTOF        | KŚIĄŻENICE          |   | PL   | 1964       | M50       | 20         | 00:00:45,45 | 9:34         | 6,3        | 01:14:11,90 | 02:53:00,30 | <b>03:48:59,80</b> | 03:49:45,25 | 286 |     |
| 418  | 1269    | HUTNIKOVA RENATA         | ORECHOVÁ POTŮN      |   | SK   | 1971       | K40       | 37         | 00:00:06,50 | 9:33         | 6,3        | 01:05:32,30 | 02:49:08,40 | <b>03:49:02,20</b> | 03:49:08,70 |     | 132 |
| 419  | 1261    | KOWALSKA-BARWIŃSKA KLAUD | WROCLAW             | WKURW_TEAM  | PL   | 1978       | K40       | 38         | 00:00:28,65 | 9:34         | 6,3        | 01:11:04,25 | 02:52:30,40 | <b>03:49:02,30</b> | 03:49:30,95 |     | 133 |
| 420  | 1559    | OKLEJ AGATA              | WARSZAWA            |   | PL   | 1980       | K30       | 73         | 00:00:57,55 | 9:37         | 6,2        | 01:12:07,45 | 02:53:00,60 | <b>03:49:39,05</b> | 03:50:36,60 |     | 134 |
| 421  | 1551    | WAŚOWSKA JAGODA          | PIASECZNO           | KS PEGAZ PIASECZNO                                | PL   | 1966       | K50       | 6          | 00:00:57,30 | 9:37         | 6,2        | 01:12:07,85 | 02:53:41,45 | <b>03:49:39,90</b> | 03:50:37,20 |     | 135 |
| 422  | 1489    | ŚWIERCZ AGNIESZKA        | CZĘSTOCHOWA         |   | PL   | 1979       | K30       | 74         | 00:00:39,20 | 9:36         | 6,2        | 01:12:02,25 | 02:51:30,95 | <b>03:49:54,70</b> | 03:50:33,90 |     | 136 |
| 423  | 1508    | ŁUKASIEWICZ KATARZYNA    | ZŁOTORYJA           | OLAWS ZŁOTORYJA                                   | PL   | 1986       | K30       | 75         | 00:00:39,30 | 9:37         | 6,2        | 01:12:03,30 | 02:51:31,10 | <b>03:49:58,80</b> | 03:50:38,10 |     | 137 |
| 424  | 1165    | COFALSKI JAKUB           | WARSZAWA            |   | PL   | 1984       | M30       | 129        | 00:00:34,20 | 9:39         | 6,2        | 01:08:52,40 | 02:44:02,20 | <b>03:50:51,05</b> | 03:51:25,25 | 287 |     |
| 425  | 1252    | PIETRZAK GRZEGORZ        | WROCLAW             |   | PL   | 1974       | M40       | 101        | 00:00:24,55 | 9:39         | 6,2        | 01:04:12,15 | 02:45:49,45 | <b>03:50:59,80</b> | 03:51:24,35 | 288 |     |
| 426  | 1299    | DOLIŃSKI TOMASZ          | WROCLAW             | TOMASZ DOLIŃSKI TOMASZ DOLIŃSKI                   | PL   | 1964       | M50       | 21         | 00:00:27,70 | 9:39         | 6,2        | 01:11:04,45 | 02:52:31,30 | <b>03:51:19,45</b> | 03:51:47,15 | 289 |     |
| 427  | 1201    | ZAJĄC KRZYSZTOF          | POZNAŃ              | ZP SZPIKI DRUŻYNA SZPIKU/WKURW_TEAM/BEZULTRADZIKI | PL   | 1977       | M40       | 102        | 00:01:07,15 | 9:43         | 6,2        | 01:12:41,90 | 02:51:16,25 | <b>03:52:14,40</b> | 03:53:21,55 | 290 |     |
| 428  | 1516    | WYSMOLIŃSKA KAROLINA     | BIERNATKI           |   | PL   | 1979       | K30       | 76         | 00:00:47,90 | 9:43         | 6,2        | 01:13:27,20 | 02:54:43,70 | <b>03:52:33,45</b> | 03:53:21,35 |     | 138 |
| 429  | 1409    | PARA JAGODA              | ŁÓDŹ                | SNG WILD DUCKS                                    | PL   | 1978       | K40       | 39         | 00:00:42,55 | 9:45         | 6,2        | 01:14:10,75 | 02:56:57,90 | <b>03:53:23,40</b> | 03:54:05,95 |     | 139 |
| 430  | 1293    | KOWNACKI BARTOSZ         | TRZEBIATÓW          | AT AKTYWNY TRZEBIATÓW                             | PL   | 1981       | M30       | 130        | 00:00:59,90 | 9:47         | 6,1        | 01:10:29,90 | 02:51:02,30 | <b>03:53:51,85</b> | 03:54:51,75 | 291 |     |
| 431  | 1296    | KOWNACKA ALEKSANDRA      | TRZEBIATÓW          | AT AKTYWNY TRZEBIATÓW                             | PL   | 1983       | K30       | 77         | 00:00:58,70 | 9:47         | 6,1        | 01:10:28,85 | 02:51:03,20 | <b>03:53:52,15</b> | 03:54:50,85 |     | 140 |
| 432  | 1543    | SOBCZAK MACIEJ           | ŁÓDŹ                | RAZEM TRENUJEMY SPORT                             | PL   | 1980       | M30       | 131        | 00:00:48,95 | 9:47         | 6,1        | 01:11:29,60 | 02:50:46,50 | <b>03:53:55,45</b> | 03:54:44,40 | 292 |     |
| 433  | 1411    | SKUBISZAK ANDRZEJ        | POZNAN              | BRODEX TEAM SWARZĘDZ                              | PL   | 1966       | M50       | 22         | 00:00:48,80 | 9:50         | 6,1        | 01:14:12,55 | 02:59:52,25 | <b>03:55:09,55</b> | 03:55:58,35 | 293 |     |
| 434  | 1287    | KARAMON MAGDALENA        | OPOLE               | OPOLE BIEGA                                       | PL   | 1979       | K30       | 78         | 00:00:28,40 | 9:49         | 6,1        | 01:11:36,05 | 02:55:54,65 | <b>03:55:19,15</b> | 03:55:47,55 |     | 141 |
| 435  | 1529    | SZUMIŃSKI PAWEŁ          | ALEKSANDRÓW ŁÓDZKI  |   | PL   | 1972       | M40       | 103        | 00:01:02,45 | 9:51         | 6,1        | 01:14:12,50 | 02:57:45,60 | <b>03:55:19,20</b> | 03:56:21,65 | 294 |     |
| 436  | 1364    | GARWOL JUSTYNA           | OPOLE               | OPOLE BIEGA                                       | PL   | 1986       | K30       | 79         | 00:00:28,40 | 9:50         | 6,1        | 01:11:36,45 | 02:55:51,20 | <b>03:55:19,70</b> | 03:55:48,10 |     | 142 |
| 437  | 1160    | WRONA TOMASZ             | KONSTANCIN-JEZIORNA | KS PEGAZ  | PL   | 1988       | M30       | 132        | 00:00:51,20 | 9:52         | 6,1        | 01:14:06,55 | 02:55:15,10 | <b>03:56:04,95</b> | 03:56:56,15 | 295 |     |
| 438  | 1273    | KOCZY-PAWLUK GABRIELA    | KOSZĘCIN            | ALTKOM AKADEMIA                                   | PL   | 1975       | K40       | 40         | 00:00:46,55 | 9:54         | 6,1        | 01:11:57,85 | 02:59:12,45 | <b>03:56:41,80</b> | 03:57:28,35 |     | 143 |
| 439  | 1286    | KUCHARSKA ANETA          | JANOWO              |   | PL   | 1976       | K40       | 41         | 00:00:53,70 | 9:55         | 6,0        | 01:12:28,35 | 02:58:29,70 | <b>03:57:17,45</b> | 03:58:11,15 |     | 144 |
| 440  | 1382    | ZEMŁA KRZYSZTOF          | MALINOWICE          |   | PL   | 1962       | M50       | 23         | 00:01:02,90 | 9:58         | 6,0        | 01:12:58,70 | 02:58:45,50 | <b>03:57:59,10</b> | 03:59:02,00 | 296 |     |
| 441  | 1657    | DOBROWOLSKA BOŻENA       | JELENIA GÓRA        | SPORTOWI EMERYCI                                  | PL   | 1952       | K60+      | 2          | 00:00:33,25 | 9:58         | 6,0        | 01:12:38,45 | 02:59:15,00 | <b>03:58:39,10</b> | 03:59:12,35 |     | 145 |
| 442  | 1554    | PASTUCHEWICZ PRZEMYSŁAW  | GRYFÓW ŚLĄSKI       |   | PL   | 1977       | M40       | 104        | 00:00:35,20 | 9:59         | 6,0        | 01:12:06,15 | 02:58:55,20 | <b>03:58:55,40</b> | 03:59:30,60 | 297 |     |
| 443  | 1556    | JUSZCZYK JAROSŁAW        | DABROWA GORNICZA    | GOSŁAW SPORT CENTER                               | PL   | 1982       | M30       | 133        | 00:00:51,55 | 10:00        | 6,0        | 01:15:32,95 | 03:01:33,05 | <b>03:58:57,90</b> | 03:59:49,45 | 298 |     |
| 444  | 1557    | JUSZCZYK JOANNA          | WODZISŁAW ŚLĄSKI    | GOSŁAW SPORT CENTER                               | PL   | 1972       | K40       | 42         | 00:00:51,25 | 10:00        | 6,0        | 01:15:31,75 | 03:01:31,05 | <b>03:58:58,20</b> | 03:59:49,45 |     | 146 |
| 445  | 10038   | KRUZEL RAFAŁ             | LEGNICA             | BIEGOWE MISIE                                     | PL   | 1971       | M40       | 105        | 00:00:37,65 | 10:01        | 6,0        | 01:15:08,65 | 03:00:52,75 | <b>03:59:41,40</b> | 04:00:19,05 | 299 |     |
| 446  | 1256    | ZIEMKOWSKA MONIKA        | ŻARÓW               | ŻARÓW BIEGA                                       | PL   | 1975       | K40       | 43         | 00:00:44,15 | 10:03        | 6,0        | 01:14:31,60 | 02:59:05,70 | <b>04:00:23,55</b> | 04:01:07,70 |     | 147 |
| 447  | 10017   | MAŁKOWSKI BOGDAN         | MURÓW               | SPARTANIE DZIECIOM                                | PL   | 1968       | M50       | 24         | 00:00:50,20 | 10:04        | 6,0        | 01:12:23,20 | 03:07:08,15 | <b>04:00:41,55</b> | 04:01:31,75 | 300 |     |
| 448  | 1586    | MRÓZ IZABELA             | POZNAŃ              | WOLNE ŚLIMAKI WOLNE ŚLIMAKI                       | PL   | 1980       | K30       | 80         | 00:00:19,80 | 10:03        | 6,0        | 01:12:48,60 | 02:56:58,70 | <b>04:00:53,35</b> | 04:01:13,15 |     | 148 |
| 449  | 1241    | ZIEMIAŃSKI JACEK         | PIŁA                |   | PL   | 1978       | M40       | 106        | 00:00:40,95 | 10:05        | 5,9        | 01:12:24,75 | 03:01:05,40 | <b>04:01:20,60</b> | 04:02:01,55 | 301 |     |
| 450  | 1607    | NOWICKI BARTOSZ          | PIASTÓW             | PODRŹNICZY.EU TEAM GARMIN POLSKA                  | PL   | 1984       | M30       | 134        | 00:00:00    | 10:07        | 5,9        |             |             | <b>04:02:55,00</b> | 04:02:55,00 | 302 |     |

Opracowanie: Jacek Grzybowski  
jacek.grzybowski@sts-timing.pl

# Garmin Ultra Race - 24km

Organizator: Gminne Centrum Kultury, Sportu i Turystyki w Radkowie; LABOSPORT Polska s.c.

Data: 16 września 2018 r.

Dystans: 24 km

Miejscowość: Radków

Klasyfikacja: OPEN



SPONSOR TYTULARNY



SPONSORZY STRATEGICZNI



GOSPODARZ



ORGANIZATORZY



| M-ce | Nr zaw. | Nazwisko Imię                   | Miejscowość        | Klub                                  | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | Czas startu | tempo min/km | tempo km/h | 7 km        | 17 km       | Czas netto  | Czas brutto | M   | K   |
|------|---------|---------------------------------|--------------------|---------------------------------------|------|------------|-----------|------------|-------------|--------------|------------|-------------|-------------|-------------|-------------|-----|-----|
| 451  | 1426    | ZDZIABEK-SZYSZŁOWSKA AGNIE PIŁA |                    |                                       | PL   | 1991       | K18       | 18         | 00:01:03,50 | 10:12        | 5,9        | 01:16:05,95 | 03:08:42,45 | 04:03:52,05 | 04:04:55,55 |     | 149 |
| 452  | 1482    | DYBUK AGNIESZKA                 | GDAŃSK             |                                       | PL   | 1977       | K40       | 44         | 00:00:27,80 | 10:14        | 5,9        | 01:12:23,95 | 03:05:10,20 | 04:05:10,75 | 04:05:38,55 |     | 150 |
| 453  | 1486    | NOWAKOWSKA OLA                  | RADZIEJÓW          | ANONIMOWI BIEGACZE                    | PL   | 1994       | K18       | 19         | 00:00:43,75 | 10:16        | 5,8        | 01:19:17,95 | 03:05:20,50 | 04:05:30,10 | 04:06:13,85 |     | 151 |
| 454  | 1222    | WYSMOLIŃSKA BARBARA             | OSIELSKO           |                                       | PL   | 1971       | K40       | 45         | 00:00:47,90 | 10:18        | 5,8        | 01:14:08,90 | 03:06:01,25 | 04:06:16,45 | 04:07:04,35 |     | 152 |
| 455  | 1390    | ZAGROBELNA MAGDALENA            | WROCLAW            | DRUŻYNA SZPIKU                        | PL   | 1978       | K40       | 46         | 00:00:36,35 | 10:18        | 5,8        | 01:18:55,20 | 03:08:58,20 | 04:06:47,30 | 04:07:23,65 |     | 153 |
| 456  | 1170    | CHWIAKOWSKA ELŻBIETA            | SIEROSŁAW          |                                       | PL   | 1964       | K50       | 7          | 00:00:49,35 | 10:20        | 5,8        | 01:09:41,05 | 02:59:24,50 | 04:07:16,75 | 04:08:06,10 |     | 154 |
| 457  | 10033   | PIETROWSKI MARIUSZ              | POZNAŃ             | KTOŚTAKI BIEGAJĄ                      | PL   | 1962       | M50       | 25         | 00:00:55,95 | 10:21        | 5,8        | 01:14:10,25 | 03:07:52,25 | 04:07:35,65 | 04:08:31,60 | 303 |     |
| 458  | 1171    | PIETROWSKA HALLIK               | POZNAŃ             | KTOŚTAKI BIEGAJĄ                      | PL   | 1965       | K50       | 8          | 00:00:55,85 | 10:21        | 5,8        | 01:14:09,85 | 03:07:54,05 | 04:07:36,25 | 04:08:32,10 |     | 155 |
| 459  | 10018   | MICHALAK SŁAWOMIR               | PRUSZKOW           |                                       | PL   | 1967       | M50       | 26         | 00:01:00,70 | 10:23        | 5,8        | 01:14:26,75 | 02:58:07,70 | 04:08:10,15 | 04:09:10,85 | 304 |     |
| 460  | 1154    | WACHOWIAK KATARZYNA             | PONIEC             | EUFORABIIEGACZA.PL EUFORABIIEGACZA.PL | PL   | 1980       | K30       | 81         | 00:00:15,35 | 10:24        | 5,8        | 01:12:32,00 | 03:04:42,90 | 04:09:19,65 | 04:09:35,00 |     | 156 |
| 461  | 1319    | CABAJ RAFAŁ                     | MROZY              | BIEGUSIEM.PL                          | PL   | 1979       | M30       | 135        | 00:00:15,85 | 10:26        | 5,8        | 01:13:14,65 | 03:00:44,40 | 04:10:05,70 | 04:10:21,55 | 305 |     |
| 462  | 1602    | SONNTAG MELANIE                 | GREVENBROICH       |                                       | DE   | 1981       | K30       | 82         | 00:00:30,65 | 10:27        | 5,7        | 01:07:53,35 | 03:05:56,75 | 04:10:06,95 | 04:10:37,60 |     | 157 |
| 463  | 1212    | URBAŃSKI PIOTR                  | WAŁCZ              |                                       | PL   | 1991       | M18       | 34         | 00:00:41,55 | 10:28        | 5,7        | 01:13:13,00 | 03:01:06,30 | 04:10:33,50 | 04:11:15,05 | 306 |     |
| 464  | 1216    | PUSZKA GRZEGORZ                 | PIŁA               |                                       | PL   | 1986       | M30       | 136        | 00:00:41,30 | 10:28        | 5,7        | 01:13:08,35 | 03:01:12,15 | 04:10:34,85 | 04:11:16,15 | 307 |     |
| 465  | 1549    | JAKSZTA FILIP                   | POZNAŃPOZNAŃ       |                                       | PL   | 1991       | M18       | 35         | 00:01:05,35 | 10:29        | 5,7        | 01:14:46,80 | 03:02:50,75 | 04:10:36,15 | 04:11:41,50 | 308 |     |
| 466  | 1552    | TOMCZAK MONIKA                  | WARSZAWA           | TEAM BARDZO                           | PL   | 1979       | K30       | 83         | 00:01:05,35 | 10:29        | 5,7        | 01:14:45,60 | 03:02:49,70 | 04:10:36,35 | 04:11:41,70 |     | 158 |
| 467  | 1548    | SŁAWIŃSKA BARBARA               | POZNAŃ             |                                       | PL   | 1993       | K18       | 20         | 00:01:05,15 | 10:29        | 5,7        | 01:14:47,50 | 03:02:49,70 | 04:10:36,50 | 04:11:41,65 |     | 159 |
| 468  | 1544    | SKUPIN AGATA                    | POZNAŃ             | KOBIETY BIEGAJĄ                       | PL   | 1987       | K30       | 84         | 00:00:47,55 | 10:29        | 5,7        | 01:19:33,35 | 03:07:31,70 | 04:10:55,25 | 04:11:42,80 |     | 160 |
| 469  | 1635    | ŁUKAWSKI RAFALP                 | GRODKÓW            |                                       | PL   | 1975       | M40       | 107        | 00:00:16,15 | 10:31        | 5,7        | 01:12:08,40 | 03:11:00,65 | 04:12:09,60 | 04:12:25,75 | 309 |     |
| 470  | 1385    | PASTERSKI MARCIN                | WROCLAW            |                                       | PL   | 1978       | M40       | 108        | 00:00:44,85 | 10:41        | 5,6        | 01:18:01,70 | 03:07:44,15 | 04:15:44,85 | 04:16:29,70 | 310 |     |
| 471  | 1369    | HERCKA KRZYSZTOF                | RYBNIK             |                                       | PL   | 1985       | M30       | 137        | 00:00:39,95 | 10:46        | 5,6        | 01:12:10,30 | 03:07:49,55 | 04:17:42,60 | 04:18:22,55 | 311 |     |
| 472  | 1422    | STRÓŻYŃSKA-ZDZIABEK MAGDA PIŁA  |                    |                                       | PL   | 1966       | K50       | 9          | 00:01:04,25 | 10:50        | 5,5        | 01:16:07,75 | 03:09:52,45 | 04:18:59,25 | 04:20:03,50 |     | 161 |
| 473  | 1423    | ZDZIABEK JAROSŁAW               | PIŁA               |                                       | PL   | 1966       | M50       | 27         | 00:01:03,55 | 10:50        | 5,5        | 01:15:26,65 | 03:09:52,90 | 04:18:59,95 | 04:20:03,50 | 312 |     |
| 474  | 1276    | TWARDOWSKA EWA                  | UNIEJÓW            | KB GEOTERMIA UNIEJÓW                  | PL   | 1984       | K30       | 85         | 00:00:40,20 | 11:00        | 5,5        | 01:21:07,25 | 03:15:07,65 | 04:23:09,45 | 04:23:49,65 |     | 162 |
| 475  | 1394    | WALACHOWSKA AGNIESZKA           | BUCZ               | SPEED FEET '16                        | PL   | 1979       | K30       | 86         | 00:00:42,40 | 11:03        | 5,4        | 01:20:55,00 | 03:16:48,35 | 04:24:22,70 | 04:25:05,10 |     | 163 |
| 476  | 1401    | ŚLIWIŃSKA IWONA                 | PRZEMĘT            | SPEED FEET '16                        | PL   | 1979       | K30       | 87         | 00:00:42,45 | 11:03        | 5,4        | 01:21:48,95 | 03:18:01,90 | 04:24:22,70 | 04:25:05,15 |     | 164 |
| 477  | 1617    | LASKA KRZYSIA                   | NIEŚLABIN          | RUNNER'S POWER                        | PL   | 1977       | K40       | 47         | 00:00:45,60 | 11:14        | 5,3        | 01:17:49,65 | 03:23:34,65 | 04:28:40,35 | 04:29:25,95 |     | 165 |
| 478  | 1621    | TRZCIŃSKA MARTA                 | KSIĄŻ WLKP.        |                                       | PL   | 1974       | K40       | 48         | 00:00:45,45 | 11:14        | 5,3        | 01:17:50,05 | 03:23:33,80 | 04:28:42,15 | 04:29:27,60 |     | 166 |
| 479  | 1449    | SZŁAPKA KATARZYNA               | KOŚCIAN            | SPEED FEET '16                        | PL   | 1981       | K30       | 88         | 00:00:31,20 | 11:14        | 5,3        | 01:16:04,95 | 03:18:53,50 | 04:29:02,30 | 04:29:33,50 |     | 167 |
| 480  | 1530    | SZUMIŃSKA MAŁGORZATA            | ALEKSANDRÓW ŁÓDZKI | ROSSBIEGANI                           | PL   | 1975       | K40       | 49         | 00:01:01,65 | 11:18        | 5,3        | 01:21:10,50 | 03:22:48,85 | 04:30:10,20 | 04:31:11,85 |     | 168 |
| 481  | 1459    | SZŁAPKA KRYSZTIAN               | KOŚCIAN            | SPEED FEET '16                        | PL   | 1977       | M40       | 109        | 00:00:31,50 | 11:17        | 5,3        | 01:16:00,90 | 03:18:02,85 | 04:30:21,45 | 04:30:52,95 | 313 |     |
| 482  | 1282    | WASIELEWSKA TERESA              | ZDZIESZOWICE       | KLUB SPORTOWY ZDZIESZOWICE-BIKETEAM   | PL   | 1970       | K40       | 50         | 00:00:58,15 | 11:32        | 5,2        | 01:18:36,75 | 03:23:52,45 | 04:35:43,00 | 04:36:41,15 |     | 169 |