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City:	Uraz k.Wrocławia	Distance:	5km+20km+5km	Organizer:	Fundacja Pro Sport Pro Life
Date:	26.03.2017				

CUD MIN (5-20-5)

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
1	110	NAWRACAJ MICHAŁ	JAWOR		POL AJAN IRON TEAM JAWOR	86M	Sen/1 M / 1	00:19:57 / 2	00:46:02 / 2	00:00:51 / 5	00:19:48 / 5	00:00:08 / 3	01:26:38	00:00:00
2	304	ROSKOSZ BARTOSZ	MIŁOSZYCE		POL KB HARCOWNIK JELCZ-LASKOWICE	89M	Jun/1 M / 2	00:19:23 / 1	00:48:21 / 1	00:00:59 / 11	00:19:05 / 9	00:00:07 / 1	01:27:48	00:01:10
3	150	ZIĘBA DAMIAN	WROCLAW		POL	87M	Sen/2 M / 3	00:20:25 / 4	00:46:48 / 3	00:00:48 / 6	00:20:30 / 4	00:00:10 / 4	01:28:31	00:01:52
4	326	OLSZEWSKI PAWEŁ	WROCLAW		POL	86M	Sen/3 M / 4	00:21:29 / 7	00:45:22 / 7	00:01:05 / 4	00:21:00 / 17	00:00:09 / 5	01:28:56	00:02:18
5	182	WOŁOZYŃ MARCIN	KUROWICE		POL ZG POLKOWICE-SIEROSZOWICE	79M	Sen/4 M / 5	00:22:32 / 11	00:44:16 / 10	00:01:36 / 3	00:22:05 / 43	00:00:10 / 10	01:30:29	00:03:51
6	112	ZIELIŃSKI DAWID	JAWOR		POL AJAN IRON TEAM JAWOR	91M	Jun/2 M / 6	00:22:39 / 10	00:43:08 / 11	00:00:59 / 2	00:25:28 / 10	00:00:07 / 37	01:32:14	00:05:35
7	133	KOBUSIŃSKI ADRIAN	BRZEG DOLNY		POL FITSTYLE TEAM	87M	Sen/5 M / 7	00:23:08 / 13	00:42:48 / 13	00:01:42 / 1	00:28:13 / 53	00:16:05 / 59	01:35:51	00:09:13
8	107	KUMOR MICHAŁ	GŁOGÓW		POL GŁOGÓW	80M	Sen/6 M / 8	00:20:41 / 3	00:54:36 / 4	00:01:24 / 38	00:19:45 / 34	00:04:34 / 2	01:36:26	00:09:48
9	121	WRZESZCZ MARIUSZ	KOSTOMLOTY		POL TRIATHLON MIETKÓW TEAM	91M	Jun/3 M / 9	00:21:26 / 6	00:53:29 / 6	00:00:47 / 33	00:21:15 / 2	00:03:37 / 6	01:36:57	00:10:18
10	301	ELGUEA JULEN	WROCLAW		POL LOS BIEGANEROS / MODECO MTB TEAM	87M	Sen/7 M / 10	00:22:15 / 12	00:53:07 / 9	00:00:47 / 31	00:21:42 / 3	00:05:02 / 9	01:37:51	00:11:13
11	190	POŚLUSZNY PAWEŁ	WROCLAW		POL AWF WROCLAW / FITSHAPE POLSKA	79M	Sen/8 M / 11	00:23:55 / 9	00:51:08 / 21	00:02:09 / 22	00:21:31 / 73	00:00:09 / 7	01:38:43	00:12:05
12	154	PULKOWSKI RAFAŁ	BIEDRUSKO		POL COMPADRE-RIDERS MTB	75M	Sen/9 M / 12	00:25:28 / 34	00:47:55 / 35	00:01:40 / 9	00:23:47 / 49	00:10:59 / 19	01:38:50	00:12:12
13	120	PILAT MICHAŁ	BOLESŁAWIEC		POL	78M	Sen/10 M / 13	00:21:53 / 8	00:54:38 / 8	00:01:12 / 39	00:21:33 / 21	00:00:07 / 8	01:39:16	00:12:38
14	312	ORIAN PIOTR	ZDZIESZOWICE		POL LUKS ROSPONDEK	71M	Sen/11 M / 14	00:23:38 / 16	00:51:58 / 17	00:01:00 / 26	00:23:09 / 11	00:00:08 / 11	01:39:45	00:13:07
15	141	ŚNIEGULA PATRYK	TRZEBNICA		POL SZERSZENIE TRZEBNICA	00M	Jun/4 M / 15	00:25:05 / 29	00:49:27 / 31	00:01:24 / 16	00:23:55 / 33	00:02:35 / 20	01:39:51	00:13:13
16	124	GNIADO MARIUSZ	TRZEBNICA		POL SZERSZENIE TRZEBNICA	72M	Sen/12 M / 16	00:25:42 / 32	00:48:49 / 37	00:01:39 / 12	00:23:43 / 45	00:03:00 / 18	01:39:53	00:13:15
17	187	ZIELENKIEWICZ MARCIN	WROCLAW		POL TRIATHLON MIETKÓW TEAM	81M	Sen/13 M / 17	00:25:16 / 37	00:49:22 / 33	00:01:03 / 14	00:24:31 / 15	00:02:58 / 28	01:40:12	00:13:33
18	186	ANTOSIAK TOMASZ	ZLOTORYJA		POL TRIATHLON MIETKÓW TEAM	81M	Sen/14 M / 18	00:25:14 / 35	00:49:24 / 32	00:01:13 / 15	00:24:21 / 22	00:00:36 / 24	01:40:12	00:13:34
19	316	KUŚMIERCZYK RAFAŁ	JAWOR		POL	87M	Sen/15 M / 19	00:24:52 / 30	00:50:50 / 28	00:01:25 / 20	00:23:41 / 36	00:00:11 / 16	01:40:48	00:14:10
20	305	JANUSZ IZABELA	SZCZEPANÓW		POL	94K	Jun/1 K / 1	00:23:17 / 19	00:53:07 / 14	00:00:46 / 30	00:23:41 / 1	00:00:14 / 17	01:40:51	00:14:13
21	153	TOMASZEWSKI MARCIN	JELCZ		POL GT RAT	82M	Sen/16 M / 20	00:24:48 / 26	00:50:07 / 27	00:01:20 / 18	00:24:49 / 29	00:00:06 / 31	01:41:04	00:14:26
22	144	FORBERGER SŁAWOMIR	TRZEBNICA		POL SZERSZENIE TRZEBNICA	81M	Sen/17 M / 21	00:25:43 / 31	00:51:29 / 38	00:01:28 / 24	00:23:13 / 39	00:16:33 / 12	01:41:53	00:15:15
23	128	OWSIANNIK GRZEGORZ	LEGNICA		POL	76M	Sen/18 M / 22	00:27:17 / 39	00:47:13 / 54	00:02:10 / 8	00:25:42 / 75	00:00:48 / 39	01:42:22	00:15:44
24	122	ZIĘTEK ŁUKASZ	PASZOWICE		POL AJAN IRON TEAM JAWOR	77M	Sen/19 M / 23	00:26:22 / 42	00:48:06 / 43	00:02:03 / 10	00:26:02 / 69	00:00:07 / 40	01:42:33	00:15:55
25	117	KSIĘŻKI MARIUSZ	STRZEGOM		POL PROJECT VELO TEAM	79M	Sen/20 M / 24	00:24:34 / 27	00:50:54 / 25	00:01:50 / 21	00:25:19 / 64	00:00:11 / 36	01:42:37	00:15:59
26	172	WOJCIECHOWSKI WALDEMAR			POL		M / 25	00:24:53 / 33	00:52:36 / 29	00:01:00 / 28	00:24:09 / 13	00:00:07 / 23	01:42:38	00:16:00
27	142	RAU MARCIN	TRZEBNICA		POL SZERSZENIE TRZEBNICA	84M	Sen/21 M / 26	00:25:41 / 36	00:49:12 / 36	00:01:41 / 13	00:26:17 / 51	00:15:30 / 42	01:42:51	00:16:13

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
28	134	KIŃCZYK DANIEL	OLAWA		POL KIN-SPAW	84M	Sen/22 M / 27	00:26:52 / 52	00:49:40 / 47	00:01:55 / 17	00:24:52 / 66	00:00:07 / 32	01:43:19	00:16:41
29	106	LESZKIEWICZ PIOTR	GŁOGÓW		POL KSRG ZG RUDNA	86M	Sen/23 M / 28	00:23:01 / 14	00:53:35 / 12	00:01:42 / 34	00:25:18 / 54	00:00:00 / 35	01:43:36	00:16:57
30	311	KWAŚNIK KRZYSZTOF	NIECHŁÓW		POL KGHM POLKOWICE-SIEROSZOWICE	85M	Sen/24 M / 29	00:21:16 / 5	00:55:17 / 5	00:01:46 / 42	00:25:17 / 60	00:00:06 / 34	01:43:36	00:16:57
31	127	WALUKIEWICZ KRZYSZTOF	JAWOR		POL AJAN IRON TEAM JAWOR	82M	Sen/25 M / 30	00:26:55 / 47	00:47:04 / 49	00:03:22 / 7	00:26:39 / 92	00:00:00 / 45	01:44:00	00:17:21
32	116	KIPEK TOMASZ	JAWOR		POL AJAN IRON TEAM JAWOR	74M	Sen/26 M / 31	00:24:32 / 17	00:52:47 / 24	00:02:13 / 29	00:24:28 / 77	00:00:00 / 26	01:44:00	00:17:21
33	185	LEŚNIAK KAROLINA	WROCLAW		POL TRIATHLON MIETKÓW TEAM	83K	Sen/1 K / 2	00:23:39 / 22	00:57:39 / 18	00:01:04 / 47	00:23:19 / 16	00:20:28 / 14	01:45:41	00:19:03
34	321	BORKOWSKI ADAM	WALBRZYCH		POL	74M	Sen/27 M / 32	00:24:35 / 21	00:54:07 / 26	00:02:25 / 36	00:24:34 / 81	00:00:00 / 30	01:45:41	00:19:03
35	101	HAJTKO PIOTR	WOŁÓW		POL WOŁOW	86M	Sen/28 M / 33	00:24:59 / 28	00:56:38 / 30	00:01:02 / 43	00:23:17 / 14	00:00:00 / 13	01:45:56	00:19:18
36	302	IMIELIŃSKI BARTEK	ZAGRODNO		POL	87M	Sen/29 M / 34	00:26:23 / 53	00:51:30 / 44	00:00:53 / 25	00:27:19 / 7	00:11:35 / 53	01:46:05	00:19:27
37	126	PUCHAŁA ŁUKASZ	JAWOR		POL AJAN IRON TEAM JAWOR	85M	Sen/30 M / 35	00:26:53 / 46	00:50:22 / 48	00:02:14 / 19	00:27:04 / 78	00:03:01 / 50	01:46:33	00:19:54
38	156	PAŚ TOMASZ	WROCLAW		POL PASIOL TEAM WROCLAW	75M	Sen/31 M / 36	00:23:22 / 18	00:57:49 / 15	00:01:11 / 48	00:24:29 / 19	00:00:08 / 27	01:46:51	00:20:12
39	118	KONIAK JAKUB	JAWOR		POL AJAN IRON TEAM JAWOR	78M	Sen/32 M / 37	00:27:02 / 48	00:51:10 / 50	00:01:45 / 23	00:27:27 / 59	00:00:00 / 54	01:47:24	00:20:45
40	325	KOŁODZIEJ MARIUSZ	LEGNICA		POL TRIATHLON MIETKÓW TEAM	77M	Sen/33 M / 38	00:26:14 / 50	00:53:49 / 41	00:01:17 / 35	00:27:14 / 28	00:15:16 / 52	01:48:34	00:21:56
41	135	JACEWICZ KAMIL	LEGNICA		POL FITNESS PIEKARY LEGNICA	83M	Sen/34 M / 39	00:23:26 / 15	00:59:45 / 16	00:01:42 / 55	00:23:58 / 52	00:00:00 / 21	01:48:51	00:22:13
42	159	TRACZYŃSKI DANIEL	ŚWIDNICA		POL BIEGOWA ŚWIDNICA	91M	Jun/5 M / 40	00:24:08 / 25	00:59:45 / 23	00:01:00 / 56	00:24:25 / 12	00:00:00 / 25	01:49:18	00:22:40
43	111	FLASZA TOMASZ	URAZ		POL	95M	Jun/6 M / 41	00:27:06 / 55	00:57:29 / 51	00:01:16 / 46	00:23:59 / 25	00:00:22 / 22	01:49:50	00:23:12
44	189	SZCZEŚNIAK MICHAŁ			POL		M / 42	00:23:48 / 23	00:59:44 / 19	00:01:24 / 54	00:25:01 / 32	00:00:00 / 33	01:49:57	00:23:18
45	140	GŁOWACKA CARMEN	POZNAŃ		POL LEWA WOLNA	94K	Jun/2 K / 3	00:28:36 / 64	00:53:22 / 66	00:01:43 / 32	00:27:56 / 57	00:00:00 / 58	01:51:37	00:24:59
46	103	SZKUDLAREK MARCIN	WROCLAW		POL	82M	Sen/35 M / 43	00:26:32 / 44	00:59:26 / 45	00:01:42 / 53	00:24:34 / 56	00:00:00 / 29	01:52:14	00:25:35
47	178	ŁAWNICZAK PATRYK	GRĘBOCICE		POL RATOWNICY ZG RUDNA	94M	Jun/7 M / 44	00:23:56 / 20	00:59:00 / 22	00:01:08 / 51	00:28:45 / 18	00:14:10 / 62	01:52:49	00:26:10
48	170	JASKUŁA KATARZYNA	WROCLAW		POL TRIATHLON MIETKÓW TEAM	79K	Sen/2 K / 4	00:25:50 / 38	01:00:19 / 39	00:01:42 / 58	00:25:37 / 55	00:00:06 / 38	01:53:28	00:26:49
49	183	KŁOCEK MARCIN	LUBIN		POL ZG POLKOWICE-SIEROSZOWICE	82M	Sen/36 M / 45	00:28:03 / 51	00:54:49 / 57	00:02:49 / 40	00:27:47 / 89	00:00:00 / 57	01:53:28	00:26:49
50	308	RODAK JAROSŁAW	WALBRZYCH		POL	74M	Sen/37 M / 46	00:28:31 / 54	00:57:16 / 64	00:01:22 / 45	00:26:41 / 31	00:00:08 / 46	01:53:50	00:27:11
51	309	HURKASIEWICZ JAROSŁAW	URAZ		POL	88M	Jun/8 M / 47	00:27:10 / 56	00:58:36 / 52	00:01:33 / 50	00:26:32 / 42	00:15:37 / 44	01:53:51	00:27:12
52	169	DYBA MAGDALENA	JELENIA GÓRA		POL LOS BIEGANEROS	85K	Sen/3 K / 5	00:26:19 / 49	01:00:34 / 42	00:00:51 / 59	00:26:20 / 6	00:00:37 / 43	01:54:04	00:27:26
53	161	TROCHA ROMAN	DZIERŻONIÓW		POL BIELAWSKA AKADEMIA BIEGANIA	63M	Sen/38 M / 48	00:23:51 / 24	01:06:06 / 20	00:00:55 / 69	00:23:27 / 8	00:16:42 / 15	01:54:19	00:27:41
54	136	HETNAR KRZYSZTOF	WROCLAW		POL HETI TEAM	74M	Sen/39 M / 49	00:30:23 / 60	00:52:33 / 72	00:03:28 / 27	00:28:21 / 93	00:00:06 / 60	01:54:45	00:28:07
55	114	KULIŚ JAROSŁAW	RADOMSKO		POL THROW NEW RUNTEAMEXCEPTION()	91M	Jun/9 M / 50	00:28:18 / 57	00:58:25 / 59	00:02:10 / 49	00:26:12 / 76	00:00:18 / 41	01:55:05	00:28:27
56	179	ZIEMBIKIEWICZ SZYMON	TOMASZÓW BOLESŁAWIECKI		POL RATOWNICY ZG RUDNA	87M	Sen/40 M / 51	00:26:37 / 41	01:01:01 / 46	00:01:30 / 61	00:26:44 / 40	00:03:31 / 47	01:55:52	00:29:14
57	164	WARMUŁA PIOTR	PELCZYCE		POL TRIATHLON MIETKÓW TEAM	74M	Sen/41 M / 52	00:28:14 / 63	00:56:39 / 58	00:01:39 / 44	00:29:26 / 46	00:16:03 / 64	01:55:58	00:29:19
58	151	LASKOWSKA MARTA	OBORNIKI ŚLĄSKIE		POL	93K	Jun/3 K / 6	00:27:38 / 58	01:02:01 / 55	00:01:14 / 66	00:27:31 / 24	00:00:20 / 55	01:58:24	00:31:45
59	306	JASKÓRZYŃSKI JAKUB	JAWOR		POL AJAN IRON TEAM JAWOR	98M	Jun/10 M / 53	00:27:11 / 45	00:54:49 / 53	00:02:24 / 41	00:34:00 / 79	00:00:56 / 81	01:58:24	00:31:45
60	137	PAWLINA DOMINIK	LEGNICA		POL FITNESS PIEKARY LEGNICA	87M	Sen/42 M / 54	00:29:27 / 70	01:00:36 / 69	00:02:37 / 60	00:27:13 / 86	00:00:54 / 51	01:59:53	00:33:14
61	139	PIECHOTA MACIEJ	NAMYSŁÓW		POL	78M	Sen/43 M / 55	00:31:39 / 80	00:54:34 / 84	00:02:48 / 37	00:31:49 / 88	00:12:45 / 74	02:00:50	00:34:12

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
62	158	OLEJNICZAK AGNIESZKA	ŁÓDŹ		POL		76KSen/4 K / 7	00:28:31 / 66	01:01:35 / 63	00:01:40 / 64	00:29:18 / 47	00:01:43 / 63	02:01:04	00:34:26
63	138	BOGDAŃSKA ANNA	RUDA ŚLĄSKA		POL		80KSen/5 K / 8	00:26:10 / 43	01:06:59 / 40	00:01:41 / 73	00:26:53 / 50	00:00:15 / 48	02:01:43	00:35:05
64	152	RABSZTYN ANDRZEJ	WROCLAW		POL TRIATHLON MIETKÓW TEAM		78MSen/44 M / 56	00:31:05 / 83	00:59:00 / 77	00:01:44 / 52	00:32:02 / 58	00:16:39 / 75	02:03:51	00:37:13
65	168	STANEK MARZENA	GÓRSKO		POL		78KSen/6 K / 9	00:27:44 / 62	01:08:14 / 56	00:01:11 / 75	00:26:59 / 20	00:00:07 / 49	02:04:08	00:37:30
66	162	TOMASZEWSKA JOANNA	CHWAŁOWICE		POL KB HARCOWNIK JELCZ-LASKOWICE		83KSen/7 K / 10	00:28:34 / 61	01:06:40 / 65	00:01:38 / 72	00:27:31 / 44	00:07:49 / 56	02:04:23	00:37:45
67	160	POWAŁA JANUSZ	LUBIN		POL JIL		60MSen/45 M / 57	00:30:29 / 72	01:01:50 / 75	00:02:32 / 65	00:30:35 / 84	00:05:50 / 69	02:05:26	00:38:48
68	155	FIL ŁUKASZ	SADKÓW		POL O CO BIEGA		81MSen/46 M / 58	00:25:25 / 40	01:10:48 / 34	00:01:25 / 84	00:28:42 / 35	00:04:29 / 61	02:06:20	00:39:42
69	175	JAWORECKI KRZYSZTOF	JAKSONÓW		POL AB S.A.		M / 59	00:28:24 / 65	01:03:23 / 61	00:02:31 / 67	00:32:53 / 83	00:00:34 / 78	02:07:11	00:40:33
70	177	PAWŁOWSKI JERZY	WAŁBRZYCH		POL		71MSen/47 M / 60	00:30:21 / 71	01:01:05 / 71	00:02:58 / 62	00:34:24 / 90	00:00:09 / 83	02:08:48	00:42:09
71	300	BIZOŃ PRZEMYSŁAW	WROCLAW		POL		77MSen/48 M / 61	00:32:51 / 89	00:59:47 / 88	00:01:52 / 57	00:34:36 / 65	00:18:58 / 84	02:09:06	00:42:28
72	131	NITA MAŁGORZATA	POZNAŃ		POL LEWA WOLNA		71KSen/8 K / 11	00:31:59 / 81	01:06:21 / 86	00:01:40 / 70	00:30:26 / 48	00:00:41 / 68	02:10:26	00:43:48
73	109	SIKORSKI PIOTR	WROCLAW		POL		72MSen/49 M / 62	00:28:25 / 69	01:12:41 / 62	00:01:14 / 87	00:29:39 / 23	00:01:21 / 65	02:11:59	00:45:21
74	102	ŚWIATŁOŃ MAŁGORZATA	ROKITKI		POL CZARNI ROKITKI		89KJun/4 K / 12	00:30:32 / 82	01:09:43 / 76	00:01:21 / 79	00:30:57 / 30	00:00:35 / 70	02:12:33	00:45:55
75	147	SLABY PIOTR	WROCLAW		POL PORT URAZ		63MSen/50 M / 63	00:30:26 / 75	01:07:56 / 74	00:01:47 / 74	00:32:30 / 62	00:00:54 / 77	02:12:39	00:46:01
76	143	STECYK MARCIN	OLAWA		POL ZSP 2 RUNNERS TEAM		98MJun/11 M / 64	00:28:24 / 68	01:09:15 / 60	00:02:10 / 78	00:33:16 / 74	00:02:10 / 79	02:13:05	00:46:27
77	307	MOSKALUK PRZEMYSŁAW	POLKOWICE		POL RATOWNICY ZG RUDNA		80MSen/51 M / 65	00:31:37 / 86	01:01:10 / 83	00:01:26 / 63	00:39:02 / 37	00:00:15 / 92	02:13:15	00:46:37
78	108	KAMIŃSKA-SIKORSKA KALINA	WROCLAW		POL EUROPA UBEZPIECZENIA		75KSen/9 K / 13	00:31:14 / 77	01:10:16 / 78	00:01:27 / 81	00:30:24 / 38	00:47:25 / 67	02:13:21	00:46:43
79	176	PIECHOTA TOMASZ	LUBIN		POL RATOWNICY ZG RUDNA		89MJun/12 M / 66	00:29:55 / 73	01:06:38 / 70	00:01:16 / 71	00:36:31 / 26	00:13:59 / 88	02:14:20	00:47:42
80	165	TRUSZCZYŃSKA ANNA	JELEŃ GÓRA		POL		88KJun/5 K / 14	00:31:31 / 79	01:10:03 / 81	00:01:45 / 80	00:31:17 / 61	00:00:00 / 71	02:14:36	00:47:58
81	171	FRAŹCEK MARCIN	WROCLAW		POL JP WEBER		80MSen/52 M / 67	00:33:08 / 88	01:08:41 / 90	00:02:05 / 76	00:31:21 / 72	00:00:00 / 72	02:15:15	00:48:36
82	125	BUCZKO MICHAŁ	WROCLAW		POL		83MSen/53 M / 68	00:32:34 / 74	01:08:53 / 87	00:02:58 / 77	00:31:24 / 91	00:00:00 / 73	02:15:49	00:49:11
83	132	SKRUTEK JAN	WROCLAW		POL WKB PIAST		53MSen/54 M / 69	00:33:46 / 91	01:06:01 / 92	00:03:29 / 68	00:33:27 / 94	00:00:26 / 80	02:16:43	00:50:05
84	157	ZACZKIEWICZ ADRIANNA	BRZEG DOLNY		POL MKS BRZEG DOLNY		98KJun/6 K / 15	00:29:08 / 59	01:16:46 / 68	00:02:37 / 90	00:29:46 / 87	00:00:00 / 66	02:18:17	00:51:39
85	100	MODRZEJEWSKA KATARZYNA	WYSOKA		POL GRUPA MAX		79KSen/10 K / 16	00:31:26 / 87	01:11:51 / 80	00:01:56 / 86	00:34:01 / 67	00:00:00 / 82	02:19:14	00:52:35
86	173	ISKRAK PIOTR			POL		M / 70	00:31:21 / 84	01:10:47 / 79	00:02:05 / 83	00:36:53 / 70	00:11:09 / 89	02:21:06	00:54:28
87	184	KOTKOWSKI TOMASZ	WROCLAW		POL		80MSen/55 M / 71	00:31:31 / 76	01:11:06 / 82	00:02:27 / 85	00:36:57 / 82	00:00:00 / 90	02:22:01	00:55:22
88	327	KRZYŻANOWSKI MAREK	WROCLAW		POL		63MSen/56 M / 72	00:32:56 / 90	01:14:17 / 89	00:02:05 / 88	00:35:29 / 71	00:07:58 / 85	02:24:47	00:58:09
89	163	JASIŃSKA-WARMUŁA SYLWIA	PEŁCZYCE		POL TRIATHLON MIETKÓW TEAM		74KSen/11 K / 17	00:34:23 / 93	01:14:28 / 93	00:01:49 / 89	00:35:36 / 63	00:01:53 / 86	02:26:16	00:59:38
90	188	MARCHEWKA KAROL			POL		M / 73	00:28:39 / 67	01:18:07 / 67	00:02:03 / 91	00:37:39 / 68	00:07:22 / 91	02:26:28	00:59:50
91	310	BUCHALSKI TOMASZ	LUBIN		POL RATOWNICY ZG RUDNA		81MSen/57 M / 74	00:30:25 / 78	01:20:02 / 73	00:01:17 / 92	00:35:50 / 27	00:00:23 / 87	02:27:34	01:00:55
92	303	PISARCZYK ŁUKASZ	DOBROSZYCE		POL		79MSen/58 M / 75	00:35:21 / 94	01:10:38 / 94	00:02:24 / 82	00:41:25 / 80	00:05:51 / 93	02:29:48	01:03:10
93	180	BIELECKA EWA	WROCLAW		POL		77KSen/12 K / 18	00:31:47 / 85	01:28:47 / 85	00:01:31 / 93	00:32:11 / 41	00:05:43 / 76	02:34:16	01:07:38
94	174	MICHALCZYK DAMIAN			POL		M / 76	00:33:11 / 92	01:58:47 / 91	00:02:34 / 94	00:44:01 / 85	00:00:32 / 94	03:18:33	01:51:54
	123	ZIĘTEK MAŁGORZATA	MŚCIWOJÓW		POL AJAN IRON TEAM JAWOR		77						DNS	

Msc Rank	Nr Bib	Nazwisko i imię Name	Miasto City	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Bieg 10 km Run 10 km	T1 Poz. po T1	Rower Bike	T2 Poz. po T2	Bieg 5 km Run 5 km	Wynik Time	Strata Diff.
	130	WILKOSZ JUSTYNA	WROCLAW		POL		87							DNS
	149	PROTAS ANNA	WROCLAW		POL CYKLON PROAL TEAM		85							DNS

Zgłoszonych:	121	Odebrało nr.:	97	Wystartowało:	94	Ukończyło:	94
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