

GoGen Bieg Zwycięzców 10 km

WYNIKI ZAWODÓW / RESULTS LIST

Open




























Organizator: Stowarzyszenie Pro-Run Wrocław

Data: 09 kwietnia 2016 r.

Miejsce: Wrocław

Dystans: 10km

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | 5km | Check points |
|-------------|-----------|-------------------------|---------------------|---|---|------------|-----------------------|--------------|---------------|-------------|--------------|--------------|
| 1 | 292 | WITEK Andrzej | Szklarska Poręba |  POL | 21k.pl / Blog - Maraton W 140 Minut | 92M20/1 | M / 1 | 00:34:05 | 03.24 | +0:00:00 | 0:17:34 / 1 | |
| 2 | 344 | SOBERA Łukasz | Twardogóra |  POL | Mks Echo Twardogóra | 89M20/2 | M / 2 | 00:37:12 | 03.43 | +0:03:07 | 0:18:18 / 2 | |
| 3 | 196 | DANIELKIEWICZ Tomasz | Głogów |  POL | Wyższa Szkoła Humanistyczna We Wrocławiu / Wkb Piast Wrocław | 86M30/1 | M / 3 | AZS/00:37:34 | 03.45 | +0:03:29 | 0:18:37 / 3 | |
| 4 | 277 | GALIK Maciej | Raczyce |  POL | | 93M20/3 | M / 4 | 00:38:03 | 03.48 | +0:03:58 | 0:18:51 / 4 | |
| 5 | 178 | KACZMARCZYK Łukasz | Jaszowice |  POL | Pro Run Wrocław | 88M20/4 | M / 5 | 00:38:26 | 03.50 | +0:04:21 | 0:19:03 / 6 | |
| 6 | 158 | OSTOLSKI Marek | Wrocław |  POL | | 79M30/2 | M / 6 | 00:38:49 | 03.52 | +0:04:45 | 0:19:01 / 5 | |
| 7 | 339 | PONTUS Robert | Oleśnica |  POL | Cała Oleśnica Biega | 85M30/3 | M / 7 | 00:38:51 | 03.53 | +0:04:50 | 0:19:13 / 7 | |
| 8 | 1 | Sobera Jan | Wrocław |  POL | Sobas Team | 63M50/1 | M / 8 | 00:39:01 | 03.54 | +0:04:56 | 0:19:22 / 9 | |
| 9 | 190 | SEDANO AGUILERA Ismael | Malaga |  ESP | Club Nerja Atletismo Cueva De Nerja-uma | 92M20/5 | M / 9 | 00:39:05 | 03.54 | +0:05:00 | 0:19:14 / 8 | |
| 10 | 114 | TUBEK Sebastian | Wrocław |  POL | Pro-run Wrocław | 96M20/6 | M / 10 | 00:39:38 | 03.57 | +0:05:33 | 0:19:24 / 10 | |
| 11 | 259 | KOVALENKO Włodimir | Mińsk |  BLR | Nie Dotyczy / Brak | 83M30/4 | M / 11 | 00:39:49 | 03.58 | +0:05:50 | 0:19:40 / 11 | |
| 12 | 13 | Jędrzejewska Aleksandra | Długoleka |  POL | Pro-run Wrocław | 91K20/1 | K / 1 | 00:39:50 | 03.59 | +0:05:45 | 0:19:57 / 12 | |
| 13 | 322 | CZAJA Łukasz | Boguszów Gorce |  POL | Nie Dotyczy / | 96M20/7 | M / 12 | 00:40:31 | 04.03 | +0:06:37 | 0:20:05 / 14 | |
| 14 | 143 | FABIĄŃSKI Tomasz | Leszno |  POL | 10 Wrocławski Pułk Dowodzenia | 85M30/5 | M / 13 | 00:40:57 | 04.05 | +0:06:56 | 0:20:26 / 18 | |
| 15 | 276 | KOZŁOWICZ Tomasz | Wielka Lipa |  POL | Athletics Team Prusice | 92M20/8 | M / 14 | 00:41:03 | 04.06 | +0:07:02 | 0:20:18 / 15 | |
| 16 | 104 | PUDŁO Piotr | Łuczyna |  POL | Amator | 87M20/9 | M / 15 | 00:41:14 | 04.07 | +0:07:10 | 0:20:24 / 16 | |
| 17 | 27 | GŁOWACKI Tomasz | Siechnice |  POL | | 75M40/1 | M / 16 | 00:41:19 | 04.07 | +0:07:19 | 0:20:25 / 17 | |
| 18 | 340 | KOŁACZEK Hubert | Wieluń |  POL | Uniwersytet Wrocławski / | 95M20/10 | M / 17 | AZS/00:41:20 | 04.08 | +0:07:15 | 0:20:58 / 27 | |
| 19 | 306 | BEDNAREK Dawid | Wrocław |  POL | Nie Dotyczy / | 85M30/6 | M / 18 | 00:41:36 | 04.09 | +0:07:33 | 0:20:01 / 13 | |
| 20 | 248 | DĄBROWSKI Roman | Wrocław |  POL | Pro-run Wrocław | 70M40/2 | M / 19 | 00:41:37 | 04.09 | +0:07:32 | 0:20:42 / 19 | |
| 21 | 126 | DĄBROWSKI Andrzej | Wrocław |  POL | Pro-run Wrocław | 85M30/7 | M / 20 | 00:41:43 | 04.10 | +0:07:42 | 0:21:08 / 32 | |
| 22 | 207 | KWIATEK Paweł | Wrocław |  POL | Nie Dotyczy / 21k.pl | 90M20/11 | M / 21 | 00:41:50 | 04.11 | +0:07:46 | 0:20:51 / 24 | |
| 23 | 194 | SPINELLI Gabriele | Wrocław |  POL | Sportyard | 84M30/8 | M / 22 | 00:42:04 | 04.12 | +0:07:59 | 0:21:00 / 29 | |
| 24 | 98 | GRONDYS Paweł | Wrocław |  POL | | 80M30/9 | M / 23 | 00:42:05 | 04.12 | +0:08:07 | 0:21:20 / 34 | |
| 25 | 312 | WIŚNIEWSKI Michał | Opole |  POL | Sobczyk Team | 92M20/12 | M / 24 | 00:42:05 | 04.12 | +0:08:01 | 0:20:51 / 21 | |
| 26 | 301 | SZYMCZAK Jakub | Wrocław |  POL | | 87M20/13 | M / 25 | 00:42:12 | 04.13 | +0:08:12 | 0:21:00 / 28 | |
| 27 | 96 | TOMCZUK Krzysztof | Wrocław |  POL | | 82M30/10 | M / 26 | 00:42:14 | 04.13 | +0:08:16 | 0:21:30 / 36 | |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|-------------|-----------|------------------------------|---------------------|--------------|--|------------|-----------------------|---------------|---------------|--------------|--------------|
| 28 | 315 | WÓJCIK Michał | Wrocław | POL | Sparta Wrocław | 86M30/11 | M / 27 | 00:42:16 | 04.13 | +0:08:22 | 0:21:01 / 30 |
| 29 | 128 | BRODA Dominik | Wrocław | POL | | 86M30/12 | M / 28 | 00:42:20 | 04.14 | +0:08:15 | 0:20:51 / 22 |
| 30 | 48 | ORŁOWSKI Łukasz | Sulechów | POL | Get Run | 87M20/14 | M / 29 | 00:42:24 | 04.14 | +0:08:21 | 0:20:52 / 25 |
| 31 | 77 | GANDZIAROWSKI Marek | Sobótka | POL | Wataha Sobótka | 91M20/15 | M / 30 | 00:42:30 | 04.15 | +0:08:34 | 0:21:12 / 33 |
| 32 | 37 | KONARSKI Piotr | Wrocław | POL | | 86M30/13 | M / 31 | 00:42:33 | 04.15 | +0:08:30 | 0:20:54 / 26 |
| 33 | 205 | KLISZ Iwo | Wrocław | POL | Tribition Team | 83M30/14 | M / 32 | 00:42:37 | 04.15 | +0:08:35 | 0:20:49 / 20 |
| 34 | 369 | MELECH Tomasz | Namysłów | POL | Diehl Controls Running Team | 84M30/15 | M / 33 | 00:42:55 | 04.17 | +0:08:50 | 0:20:51 / 23 |
| 35 | 273 | SALIŃSKI Dominik | Wrocław | POL | Alba Running Team | 87M20/16 | M / 34 | 00:43:15 | 04.19 | +0:09:10 | 0:21:07 / 31 |
| 36 | 234 | KURIATA Dariusz | Wrocław | POL | | 69M40/3 | M / 35 | 00:43:29 | 04.20 | +0:09:26 | 0:21:31 / 37 |
| 37 | 145 | MORAWSKI Piotr | Olawa | POL | Drużyna M | 90M20/17 | M / 36 | 00:43:40 | 04.22 | +0:09:53 | 0:22:02 / 45 |
| 38 | 191 | KARGUL Tomasz | Wrocław | POL | Śmierć Wrogom Ojczyzny | 84M30/16 | M / 37 | 00:43:40 | 04.22 | +0:09:52 | 0:22:09 / 48 |
| 39 | 243 | DREWNICKA-OGRODNIK Joanna | Wrocław-przemilów | POL | Intenso | 67K40/1 | K / 2 | 00:43:41 | 04.22 | +0:09:36 | 0:21:39 / 38 |
| 40 | 381 | SKRZEK Marcin | Wrocław | POL | Pro-run Wrocław | 80M30/17 | M / 38 | Pro-/00:43:54 | 04.23 | +0:09:54 | 0:22:05 / 47 |
| 41 | 135 | WÓJCIK Monika | Ziębice | POL | Uniwersytet Przyrodniczy We Wrocławiu / Sobczyk92K20/2 Team | K / 3 | AZS/00:44:08 | 04.24 | +0:10:03 | 0:21:56 / 43 | |
| 42 | 185 | KOŁARZYK Justyna | Wrocław | POL | | 83K30/1 | K / 4 | 00:44:11 | 04.25 | +0:10:08 | 0:21:55 / 42 |
| 43 | 119 | HANSZDORFER Grzegorz | Wrocław | POL | | 86M30/18 | M / 39 | 00:44:22 | 04.26 | +0:10:17 | 0:21:53 / 40 |
| 44 | 186 | CHARMUSZKO Bartłomiej | Sichów | POL | Bolek I Lolek | 87M20/18 | M / 40 | 00:44:24 | 04.26 | +0:10:37 | 0:23:02 / 72 |
| 45 | 302 | TOKARZ Paweł | Wrocław | POL | Pks Augustyn | 68M40/4 | M / 41 | 00:44:38 | 04.27 | +0:10:34 | 0:21:56 / 44 |
| 46 | 348 | GRYGIEL Leszek | Wrocław | POL | Pro-run Wrocław | 69M40/5 | M / 42 | Pro-/00:44:46 | 04.28 | +0:10:43 | 0:22:05 / 46 |
| 47 | 9 | KAZUBSKI Mariusz | Wrocław | POL | | 81M30/19 | M / 43 | 00:44:47 | 04.28 | +0:10:46 | 0:22:21 / 51 |
| 48 | 69 | GRACEK Filip | Wrocław | POL | | 90M20/19 | M / 44 | 00:44:49 | 04.28 | +0:10:52 | 0:22:11 / 49 |
| 49 | 224 | PODFIGÓRNY Tomasz | Stary Jaworów | POL | Stary Jaworów | 86M30/20 | M / 45 | 00:44:56 | 04.29 | +0:10:53 | 0:22:20 / 50 |
| 50 | 360 | KRUCZEK Mariusz | Brzeg | POL | Runner's World Polska | 87M20/20 | M / 46 | 00:45:06 | 04.30 | +0:11:11 | 0:22:42 / 58 |
| 51 | 187 | BURKIEWICZ Mirosław | Lipa | POL | Bolek I Lolek | 67M40/6 | M / 47 | 00:45:09 | 04.30 | +0:11:05 | 0:22:46 / 61 |
| 52 | 286 | WOŹNIAK Rafał | Brzeg | POL | Brzeg | 76M40/7 | M / 48 | 00:45:10 | 04.31 | +0:11:05 | 0:22:42 / 59 |
| 53 | 356 | KACZMAREK Paweł | Brzeg Dolny | POL | | 87M20/21 | M / 49 | 00:45:10 | 04.31 | +0:11:06 | 0:21:52 / 39 |
| 54 | 296 | HARMAZY Sebastian | Wrocław | POL | | 74M40/8 | M / 50 | 00:45:17 | 04.31 | +0:11:13 | 0:22:26 / 52 |
| 55 | 371 | JANCZURA Łukasz | Namysłów | POL | Diehl Controls Running Team | 85M30/21 | M / 51 | 00:45:23 | 04.32 | +0:11:18 | 0:22:57 / 69 |
| 56 | 181 | ŻUCHOWSKI Dawid | Smolec | POL | Poledance Studio Wrocław | 77M30/22 | M / 52 | 00:45:24 | 04.32 | +0:11:19 | 0:22:47 / 62 |
| 57 | 249 | STOLARCZYK Mateusz | Wrocław | POL | Nie Dotyczy / | 84M30/23 | M / 53 | 00:45:26 | 04.32 | +0:11:22 | 0:22:45 / 60 |
| 58 | 354 | MACIEJEWSKI Karol | Wrocław | POL | Pro-run Wrocław | 82M30/24 | M / 54 | Pro-/00:45:43 | 04.34 | +0:11:38 | 0:22:55 / 68 |
| 59 | 18 | JON Marcin | Siechnice | POL | | 76M40/9 | M / 55 | 00:45:43 | 04.34 | +0:11:39 | 0:22:51 / 64 |
| 60 | 337 | SITEK Andrzej | Wrocław | POL | | 74M40/10 | M / 56 | 00:45:45 | 04.34 | +0:11:40 | 0:21:54 / 41 |
| 61 | 36 | MADERA Michał | Wrocław | POL | Lecimy Tutaj | 86M30/25 | M / 57 | 00:45:47 | 04.34 | +0:11:42 | 0:22:29 / 53 |
| 62 | 377 | DOROCIAK Mateusz | Oleśnica | POL | Cała Oleśnica Biega | 90M20/22 | M / 58 | 00:45:50 | 04.35 | +0:11:46 | 0:22:36 / 56 |
| 63 | 215 | BAR Tomasz | Markowa | POL | | 91M20/23 | M / 59 | 00:45:55 | 04.35 | +0:11:50 | 0:23:02 / 71 |
| 64 | 232 | BECZYŃSKI Kamil | Wrocław | POL | Mort | 89M20/24 | M / 60 | 00:46:05 | 04.36 | +0:12:00 | 0:22:41 / 57 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

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|-------------|-----------|-------------------------|---------------------|--------------|-------------------------------------|------------|-----------------------|---------------|---------------|-------------|---------------|
| 65 | 240 | IDZIKOWSKI Marek | Wrocław | | POL | | 83M30/26 M / 61 | 00:46:06 | 04.36 | +0:12:02 | 0:22:48 / 63 |
| 66 | 241 | RATAJCZAK Dawid | Wrocław | | POL | | 86M30/27 M / 62 | 00:46:19 | 04.37 | +0:12:14 | 0:22:35 / 54 |
| 67 | 108 | DWORNICKI Kamil | Wrocław | | POL Free Run | | 84M30/28 M / 63 | 00:46:23 | 04.38 | +0:12:18 | 0:22:55 / 67 |
| 68 | 35 | KOLESIŃSKI Wojciech | Bielawa | | POL Nankatsu | | 88M20/25 M / 64 | 00:46:34 | 04.39 | +0:12:29 | 0:21:26 / 35 |
| 69 | 179 | MICHALSKI Krystian | Wrocław | | POL | | 91M20/26 M / 65 | 00:46:35 | 04.39 | +0:12:31 | 0:23:24 / 80 |
| 70 | 120 | KOPACZ Michał | Wrocław | | POL Perla Team | | 90M20/27 M / 66 | 00:46:39 | 04.39 | +0:12:35 | 0:23:26 / 81 |
| 71 | 64 | CHOLUBEK Marek | Olawa | | POL Olawska Strefa Biegowa | | 80M30/29 M / 67 | 00:46:44 | 04.40 | +0:12:39 | 0:23:30 / 86 |
| 72 | 124 | JĘDRZEJUK Marek | Wrocław | | POL Itmzm 2016 | | 85M30/30 M / 68 | 00:46:49 | 04.40 | +0:12:44 | 0:23:21 / 78 |
| 73 | 153 | RASAŁA Karolina | Oleśnica | | POL Uniwersytet Wroclawski | | 93K20/3 K / 5 | AZS/40:46:50 | 04.41 | +0:12:45 | 0:22:55 / 66 |
| 74 | 383 | FIGAS Kamil | Olawa | | POL Moto-jelcz Olawa | | 98M16/1 M / 69 | 00:46:57 | 04.41 | +0:12:53 | 0:23:16 / 76 |
| 75 | 54 | MELNYK Ivan | Wrocław | | UKR Luxoft Poland | | 86M30/31 M / 70 | 00:46:57 | 04.41 | +0:12:53 | 0:25:05 / 143 |
| 76 | 238 | RAFAL Kocemba | Wrocław | | POL | | 85M30/32 M / 71 | 00:46:58 | 04.41 | +0:12:54 | 0:23:45 / 92 |
| 77 | 180 | SZRAJBER Jakub | Wrocław | | POL | | 92M20/28 M / 72 | 00:46:59 | 04.41 | +0:12:54 | 0:22:54 / 65 |
| 78 | 323 | GOSZCZYŃSKI Sebastian | Wrocław | | POL | | 85M30/33 M / 73 | 00:47:06 | 04.42 | +0:13:02 | 0:23:21 / 77 |
| 79 | 338 | MALUGA Bartosz | Wrocław | | POL Maluga.pl | | 76M40/11 M / 74 | 00:47:06 | 04.42 | +0:13:01 | 0:22:36 / 55 |
| 80 | 261 | KRUKOWSKA Natalia | Łęknica | | POL | | 91K20/4 K / 6 | 00:47:08 | 04.42 | +0:13:04 | 0:23:38 / 89 |
| 81 | 12 | CIESIELSKI Maciej | Wrocław | | POL Ciesiu Team | | 81M30/34 M / 75 | 00:47:10 | 04.43 | +0:13:06 | 0:23:29 / 85 |
| 82 | 34 | DLUGOKĘCKI David | Wrocław | | POL | | 82M30/35 M / 76 | 00:47:29 | 04.44 | +0:13:24 | 0:23:16 / 75 |
| 83 | 318 | HAWRON Agnieszka | Wrocław | | POL | | 72K40/2 K / 7 | 00:47:34 | 04.45 | +0:13:29 | 0:23:42 / 90 |
| 84 | 319 | BODNAR Radosław | Olawa | | POL | | 80M30/36 M / 77 | 00:47:34 | 04.45 | +0:13:30 | 0:23:28 / 84 |
| 85 | 121 | FONROBERT Dominik | Wrocław | | POL Pro-run Wrocław | | 77M30/37 M / 78 | 00:47:37 | 04.45 | +0:13:32 | 0:24:23 / 110 |
| 86 | 358 | ROT Magdalena | Wrocław | | POL Pro-run Wrocław | | 69K40/3 K / 8 | Pro-/40:47:37 | 04.45 | +0:13:33 | 0:23:51 / 94 |
| 87 | 111 | RYBAK Artur | Seichnice | | POL | | 83M30/38 M / 79 | 00:47:38 | 04.45 | +0:13:33 | 0:23:22 / 79 |
| 88 | 316 | PODGÓRSKI Dariusz | Smolec | | POL Nie Dotyczy / Biegam Dla Siebie | | 74M40/12 M / 80 | 00:47:38 | 04.45 | +0:13:34 | 0:23:36 / 87 |
| 89 | 58 | WAKUN Konrad | Wrocław | | POL | | 87M20/29 M / 81 | 00:47:39 | 04.45 | +0:13:35 | 0:23:13 / 74 |
| 90 | 62 | CHOLUBEK Dariusz | Olawa | | POL Olawska Strefa Biegowa | | 74M40/13 M / 82 | 00:47:42 | 04.46 | +0:13:37 | 0:23:37 / 88 |
| 91 | 375 | WOLSKI Jacek | Lipa | | POL Bolek I Lolek | | 75M40/14 M / 83 | 00:47:43 | 04.46 | +0:13:39 | 0:24:05 / 98 |
| 92 | 90 | HYCZKO Paweł | Wrocław | | POL Cswiich | | 90M20/30 M / 84 | 00:47:44 | 04.46 | +0:13:39 | 0:23:26 / 82 |
| 93 | 212 | REMSKI Jakub | Wrocław | | POL | | 87M20/31 M / 85 | 00:47:47 | 04.46 | +0:13:43 | 0:23:10 / 73 |
| 94 | 42 | JANKOWICZ Agnieszka | Wałbrzych | | POL Temppo Wałbrzych | | 81K30/2 K / 9 | 00:47:49 | 04.46 | +0:13:45 | 0:23:27 / 83 |
| 95 | 118 | BARTOSIEWICZ Szymon | Smolec | | POL | | 79M30/39 M / 86 | 00:47:54 | 04.47 | +0:13:50 | 0:24:25 / 113 |
| 96 | 214 | HRYŃCZUK Piotr | Wrocław | | POL Kokodżambo I Do Przodu. | | 87M20/32 M / 87 | 00:48:02 | 04.48 | +0:13:57 | 0:23:49 / 93 |
| 97 | 4 | KUŚMIERSKI Wojciech | Wrocław | | POL U4 Wizards | | 73M40/15 M / 88 | 00:48:03 | 04.48 | +0:13:59 | 0:24:29 / 122 |
| 98 | 242 | MATYJA Adam | Stara Huta | | POL | | 81M30/40 M / 89 | 00:48:04 | 04.48 | +0:13:59 | 0:24:20 / 107 |
| 99 | 129 | OSMOLAK Agnieszka | Wrocław | | POL Pro-run Wrocław | | 88K20/5 K / 10 | 00:48:06 | 04.48 | +0:14:02 | 0:24:09 / 100 |
| 100 | 279 | MAGOŚ Łukasz | Wrocław | | POL | | 85M30/41 M / 90 | 00:48:11 | 04.49 | +0:14:07 | 0:22:58 / 70 |
| 101 | 362 | DROZDOWSKI Karol | Lisowice | | POL Nie Dotyczy / | | 03M16/2 M / 91 | 00:48:13 | 04.49 | +0:14:09 | 0:24:43 / 132 |
| 102 | 109 | TOKARSKA Elżbieta | Opole | | POL | | 79K30/3 K / 11 | 00:48:17 | 04.49 | +0:14:12 | 0:24:15 / 103 |
| 103 | 361 | RUCHAŁA Dorota | Wielogłowy | | POL Pro-run Wrocław | | 89K20/6 K / 12 | Pro-/50:48:17 | 04.49 | +0:14:12 | 0:23:54 / 96 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|-------------|-----------|-------------------------|---------------------|--------------|---|------------|-----------------------|--------------|---------------|-------------|---------------|
| 104 | 264 | WOJCIECHOWSKI Paweł | Lgota Wielka | POL | Cswich | 90M20/33 | M / 92 | 00:48:18 | 04.49 | +0:14:14 | 0:23:53 / 95 |
| 105 | 217 | MATEUSZ Kaczmarczyk | Wrocław | POL | | 89M20/34 | M / 93 | 00:48:20 | 04.50 | +0:14:15 | 0:24:17 / 105 |
| 106 | 294 | ZYWER Kamil | Wrocław | POL | Nie Dotyczy / | 86M30/42 | M / 94 | 00:48:22 | 04.50 | +0:14:17 | 0:24:33 / 123 |
| 107 | 57 | RESPONDEK Dariusz | Wrocław | POL | | 74M40/16 | M / 95 | 00:48:23 | 04.50 | +0:14:19 | 0:25:04 / 142 |
| 108 | 269 | SIUDA Krzysztof | Szalsza | POL | | 88M20/35 | M / 96 | 00:48:24 | 04.50 | +0:14:19 | 0:24:29 / 121 |
| 109 | 101 | ALFAWICKA Marta | Olawa | POL | | 81K30/4 | K / 13 | 00:48:25 | 04.50 | +0:14:21 | 0:24:07 / 99 |
| 110 | 154 | PRAKXAJER Magdalena | Szczecin | POL | Real Girls Team | 92K20/7 | K / 14 | 00:48:36 | 04.51 | +0:14:32 | 0:24:17 / 106 |
| 111 | 297 | PIERZCHLEWICZ Grzegorz | Żmigród | POL | Kb Sukces Żmigród | 70M40/17 | M / 97 | 00:48:40 | 04.52 | +0:14:35 | 0:24:35 / 125 |
| 112 | 168 | PRUKOP Wojciech | Wrocław | POL | | 67M40/18 | M / 98 | 00:48:41 | 04.52 | +0:14:37 | 0:24:21 / 108 |
| 113 | 326 | BABSKI Tadeusz | Jelcz-laskowice | POL | Kb Harcownik | 57M50/2 | M / 99 | 00:48:43 | 04.52 | +0:14:38 | 0:24:15 / 102 |
| 114 | 166 | ŁOWICKI Michał | Kluczbork | POL | | 95M20/36 | M / 100 | 00:48:44 | 04.52 | +0:14:39 | 0:24:38 / 127 |
| 115 | 244 | POTYRAŁA Tomasz | Wrocław | POL | Ts Mokry Dwór | 87M20/37 | M / 101 | 00:48:51 | 04.53 | +0:14:46 | 0:24:28 / 120 |
| 116 | 87 | GAŚSIOROWSKI Krzysztof | Wrocław | POL | Oirp Wrocław / Małapanew Ozimek | 90M20/38 | M / 102 | 00:48:56 | 04.53 | +0:14:51 | 0:24:26 / 115 |
| 117 | 29 | NOWOSŁAWSKI Krzysztof | Wrocław | POL | Kuzyn Team | 76M40/19 | M / 103 | 00:49:02 | 04.54 | +0:14:58 | 0:24:27 / 116 |
| 118 | 216 | SOWA Alina | Wrocław | POL | Uniwersytetu Medycznego Wrocław / Pro-run Wrocław | 76K40/4 | K / 15 | 00:49:13 | 04.55 | +0:15:09 | 0:24:38 / 128 |
| 119 | 390 | WIECZOREK Piotr | Wrocław | POL | | 74M40/20 | M / 104 | 00:49:15 | 04.55 | +0:15:10 | 0:24:34 / 124 |
| 120 | 305 | SAMOLAK Maciek | Boguszów-gorce | POL | Amator | 78M30/43 | M / 105 | 00:49:19 | 04.55 | +0:15:14 | 0:24:46 / 134 |
| 121 | 88 | KRAWCZYK Katarzyna | Wrocław | POL | | 75K40/5 | K / 16 | 00:49:20 | 04.56 | +0:15:16 | 0:24:09 / 101 |
| 122 | 78 | JAKUBUS Michał | Wrocław | POL | | 93M20/39 | M / 106 | 00:49:22 | 04.56 | +0:15:18 | 0:24:38 / 126 |
| 123 | 262 | MARZEWSKI Rafał | Wrocław | POL | Itmzm 2016 | 73M40/21 | M / 107 | 00:49:26 | 04.56 | +0:15:22 | 0:23:45 / 91 |
| 124 | 76 | DUCZEMIŃSKI Dariusz | Wrocław | POL | Auto-serwis Kozia | 77M30/44 | M / 108 | 00:49:28 | 04.56 | +0:15:23 | 0:23:57 / 97 |
| 125 | 7 | NOWAK Paweł | Kędzierzyn-koźle | POL | Land Rower Wrocław | 86M30/45 | M / 109 | 00:49:36 | 04.57 | +0:15:31 | 0:24:22 / 109 |
| 126 | 99 | STANOK Patrycja | Świerzawa | POL | Trenuj Z Nami | 94K20/8 | K / 17 | 00:49:37 | 04.57 | +0:15:32 | 0:24:24 / 112 |
| 127 | 189 | KRZEMIEŃ Piotr | Wrocław | POL | | 89M20/40 | M / 110 | 00:49:41 | 04.58 | +0:15:36 | 0:24:23 / 111 |
| 128 | 379 | URBANIAK Dominika | Ostrów | POL | Uniwersytet Wrocławski, S 048 501 023 604 C / | 91K20/9 | K / 18 | AZS/50:49:53 | 04.59 | +0:15:49 | 0:24:53 / 139 |
| 129 | 97 | LASZCZYŃSKI Paweł | Mędłów | POL | O Co Biega | 80M30/46 | M / 111 | 00:50:05 | 05.00 | +0:16:01 | 0:24:28 / 119 |
| 130 | 370 | KWAŚNICKI Piotr | Namysłów | POL | Diehl Controls Running Team | 84M30/47 | M / 112 | 00:50:10 | 05.01 | +0:16:05 | 0:25:42 / 162 |
| 131 | 263 | KUCZERA Damian | Trzebiel | POL | | 88M20/41 | M / 113 | 00:50:14 | 05.01 | +0:16:10 | 0:24:50 / 138 |
| 132 | 210 | KRYZA Grzegorz | Wrocław | POL | | 76M40/22 | M / 114 | 00:50:18 | 05.01 | +0:16:14 | 0:24:44 / 133 |
| 133 | 65 | KUZIEL Marcin | Stronie Śląskie | POL | Black Running Stronie Śląskie | 85M30/48 | M / 115 | 00:50:19 | 05.01 | +0:16:14 | 0:25:45 / 164 |
| 134 | 39 | OZIERANIEC Paweł | Wrocław | POL | | 81M30/49 | M / 116 | 00:50:27 | 05.02 | +0:16:22 | 0:24:15 / 104 |
| 135 | 130 | ZIELIŃSKA Mirona | Wrocław | POL | Sky Tower Runners | 75K40/6 | K / 19 | 00:50:30 | 05.03 | +0:16:25 | 0:26:19 / 189 |
| 136 | 303 | HUSARZ Krzysztof | Wilczyce | POL | | 86M30/50 | M / 117 | 00:50:31 | 05.03 | +0:16:27 | 0:24:48 / 135 |
| 137 | 112 | FRANICZEK Szymon | Rzuchów | POL | | 89M20/42 | M / 118 | 00:50:31 | 05.03 | +0:16:27 | 0:24:27 / 118 |
| 138 | 343 | RASZCZYK Paweł | Elk | POL | | 85M30/51 | M / 119 | 00:50:35 | 05.03 | +0:16:31 | 0:25:45 / 163 |
| 139 | 134 | KOCOWSKA Karolina | Zielona Góra | POL | | 95K20/10 | K / 20 | 00:50:38 | 05.03 | +0:16:33 | 0:24:26 / 114 |
| 140 | 203 | DYDYNA Dawid | Zielona Góra | POL | Uniwersytet Ekonomiczny / Funfit li Boxing Team | 92M20/43 | M / 120 | AZS/60:50:39 | 05.03 | +0:16:34 | 0:24:27 / 117 |
| 141 | 325 | SKOWROŃSKI Bartosz | Wrocław | POL | Pomoc Dla Lenki Z Wrocławia | 85M30/52 | M / 121 | 00:50:40 | 05.04 | +0:16:36 | 0:24:42 / 131 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|----------|--------|--------------------------------|------------------|-----------|--|----------|--------------------|---------------|------------|----------|---------------|
| 142 | 142 | DĄBROWICZ Adrian | Miejska Górka | | POL 10 Wrocławski Pułk Dowodzenia | 87M20/44 | M / 122 | 00:50:47 | 05.04 | +0:16:42 | 0:25:14 / 149 |
| 143 | 295 | DĄBROWSKI Mariusz | Wrocław | | POL Nie Dotyczy / Niezrzeszony | 70M40/23 | M / 123 | 00:50:56 | 05.05 | +0:16:51 | 0:25:16 / 150 |
| 144 | 389 | KURPAS Marta | Koźuchów | | POL | 92K20/11 | K / 21 | 00:50:57 | 05.05 | +0:16:52 | 0:25:12 / 147 |
| 145 | 72 | BOROWIEC Robert | Wrocław | | POL Oksiko Adventure Team | 73M40/24 | M / 124 | 00:51:08 | 05.06 | +0:17:03 | 0:24:57 / 140 |
| 146 | 30 | HORBACZ Krystian | Ligota Piękna | | POL | 79M30/53 | M / 125 | 00:51:11 | 05.07 | +0:17:07 | 0:25:49 / 166 |
| 147 | 49 | PARUSIŃSKA- ULEWICZ Bernadetta | Wrocław | | POL | 83K30/5 | K / 22 | 00:51:16 | 05.07 | +0:17:11 | 0:25:51 / 169 |
| 148 | 84 | ANTKOWIAK Adrian | Wrocław | | POL O Co Biega | 86M30/54 | M / 126 | 00:51:18 | 05.07 | +0:17:13 | 0:25:50 / 167 |
| 149 | 349 | ŚWIDER Paweł | Malczyce | | POL | 87M20/45 | M / 127 | 00:51:19 | 05.07 | +0:17:14 | 0:24:49 / 136 |
| 150 | 280 | ZIĘBA Wojciech | Wrocław | | POL | 80M30/55 | M / 128 | 00:51:23 | 05.08 | +0:17:19 | 0:25:11 / 145 |
| 151 | 164 | KRÓL Michał | Wrocław | | POL Amator | 75M40/25 | M / 129 | 00:51:24 | 05.08 | +0:17:20 | 0:25:29 / 157 |
| 152 | 183 | PYRKA Patryk | Wrocław | | POL Poedance Studio Wrocław | 88M20/46 | M / 130 | 00:51:24 | 05.08 | +0:17:19 | 0:25:52 / 170 |
| 153 | 51 | MAZUR Marek | Oława | | POL | 70M40/26 | M / 131 | 00:51:26 | 05.08 | +0:17:22 | 0:25:58 / 174 |
| 154 | 255 | MICHALSKI Maciej | Wrocław | | POL | 88M20/47 | M / 132 | 00:51:29 | 05.08 | +0:17:24 | 0:26:01 / 176 |
| 155 | 336 | GAZDA Kacper | Borów | | POL Nie Dotyczy / Niezrzeszony | 90M20/48 | M / 133 | 00:51:33 | 05.09 | +0:17:29 | 0:25:56 / 172 |
| 156 | 15 | MITROSZ Andrzej | Wrocław | | POL Pro-run Wrocław | 56M60/1 | M / 134 | 00:51:38 | 05.09 | +0:17:33 | 0:25:21 / 153 |
| 157 | 386 | BEDNARCZYK Bogdan | | | POL | 67M40/27 | M / 135 | Pro-/00:51:38 | 05.09 | +0:17:34 | 0:26:36 / 197 |
| 158 | 32 | ŁUKOWICZ Aneta | Wrocław | | POL Pro Run Wrocław | 74K40/7 | K / 23 | 00:51:39 | 05.09 | +0:17:34 | 0:24:41 / 129 |
| 159 | 102 | ŻYŁA Natalia | Zielona Góra | | POL | 90K20/12 | K / 24 | 00:51:40 | 05.10 | +0:17:35 | 0:25:02 / 141 |
| 160 | 56 | KUZIEL Bartosz | Stronie Śląskie | | POL Black Running Stronie Śląskie | 90M20/49 | M / 136 | 00:51:42 | 05.10 | +0:17:37 | 0:26:00 / 175 |
| 161 | 266 | ROGOZIŃSKA Beata | Wrocław | | POL | 80K30/6 | K / 25 | 00:51:44 | 05.10 | +0:17:40 | 0:25:16 / 152 |
| 162 | 201 | LICZNAR Barbara | Wałbrzych | | POL Nie Dotyczy / Wkb Podzamcze Zamek 'książ | 68K40/8 | K / 26 | 00:51:53 | 05.11 | +0:17:49 | 0:25:34 / 159 |
| 163 | 55 | LECHOWSKI Jan | Jelcz-laskowice | | POL Volvo Polska | 58M50/3 | M / 137 | 00:51:55 | 05.11 | +0:17:50 | 0:25:16 / 151 |
| 164 | 290 | WINTER Bogusław | Krotoszyce | | POL Nie Dotyczy / Amator | 53M60/2 | M / 138 | 00:51:55 | 05.11 | +0:17:51 | 0:25:27 / 154 |
| 165 | 68 | RATAJCZAK Zbigniew | Brzezia Łąka | | POL | 70M40/28 | M / 139 | 00:51:56 | 05.11 | +0:17:52 | 0:26:16 / 187 |
| 166 | 93 | SUCH Łukasz | Wrocław | | POL | 80M30/56 | M / 140 | 00:52:03 | 05.12 | +0:17:59 | 0:25:12 / 146 |
| 167 | 157 | SITKOWSKI Konrad | Dobrzeń | | POL Amator | 84M30/57 | M / 141 | 00:52:04 | 05.12 | +0:18:00 | 0:25:29 / 156 |
| 168 | 320 | SZKUTNIK Weronika | Wrocław | | POL Pro-run Wrocław | 88K20/13 | K / 27 | Pro-/00:52:04 | 05.12 | +0:18:00 | 0:26:46 / 200 |
| 169 | 321 | JABŁOŃSKI Dariusz | Oleśnica | | POL Nie Dotyczy / Niezrzeszony | 81M30/58 | M / 142 | 00:52:05 | 05.12 | +0:18:00 | 0:26:02 / 177 |
| 170 | 314 | SIWIK Bogusław | Wrocław | | POL O Co Biega | 71M40/29 | M / 143 | 00:52:06 | 05.12 | +0:18:02 | 0:25:14 / 148 |
| 171 | 167 | GAWRYJOLEK Konrad | Srebrna Góra | | POL Sgr Specialized | 80M30/59 | M / 144 | 00:52:09 | 05.12 | +0:18:04 | 0:26:04 / 181 |
| 172 | 113 | TOKARSKA Magdalena | Opole | | POL | 77K30/7 | K / 28 | 00:52:12 | 05.13 | +0:18:07 | 0:25:30 / 158 |
| 173 | 81 | RAWSKI Krzysztof | Wrocław | | POL | 83M30/60 | M / 145 | 00:52:21 | 05.14 | +0:18:17 | 0:25:56 / 173 |
| 174 | 197 | KURIATA Paulina | Sobótka | | POL Wataha Sobótka | 91K20/14 | K / 29 | 00:52:26 | 05.14 | +0:18:22 | 0:26:28 / 194 |
| 175 | 288 | ŁAZARSKI Jarosław | Wrocław | | POL Wrocław Marathon Team | 81M30/61 | M / 146 | 00:52:28 | 05.14 | +0:18:23 | 0:26:55 / 206 |
| 176 | 25 | BAKALARCZYK Marta | Wrocław | | POL | 89K20/15 | K / 30 | 00:52:29 | 05.14 | +0:18:25 | 0:26:12 / 184 |
| 177 | 211 | CHORAŻEWSKI Piotr | Borów | | POL Nie Dotyczy / Amator | 90M20/50 | M / 147 | 00:52:30 | 05.15 | +0:18:25 | 0:25:08 / 144 |
| 178 | 330 | MALCZEWSKI Andrzej | Wrocław | | POL Ddch | 85M30/62 | M / 148 | 00:52:34 | 05.15 | +0:18:30 | 0:24:50 / 137 |
| 179 | 376 | RZEŃNIK Paulina | Wieruszów | | POL | 92K20/16 | K / 31 | 00:52:36 | 05.15 | +0:18:32 | 0:26:04 / 180 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|-------------|-----------|-------------------------------|---------------------|--------------|----------------------------|------------|-----------------------|--------------|---------------|-------------|---------------|
| 180 | 136 | DUDEK Monika | Ziebice | POL | Amator | 83K30/8 | K / 32 | 00:52:39 | 05.15 | +0:18:35 | 0:26:57 / 209 |
| 181 | 378 | PARTYKA Marek | Legnica | POL | Getback S.a | 86M30/63 | M / 149 | 00:52:41 | 05.16 | +0:18:36 | 0:25:36 / 160 |
| 182 | 165 | PEČZKOWSKI Paweł | Trzebnica | POL | | 76M40/30 | M / 150 | 00:52:43 | 05.16 | +0:18:38 | 0:25:51 / 168 |
| 183 | 176 | SIKORA Agnieszka | Wrocław | POL | Get Run | 80K30/9 | K / 33 | 00:52:43 | 05.16 | +0:18:38 | 0:26:05 / 183 |
| 184 | 31 | PAWLIK Adrianna | Bierutów | POL | Pro-run Wrocław | 94K20/17 | K / 34 | 00:52:45 | 05.16 | +0:18:40 | 0:26:17 / 188 |
| 185 | 271 | LACHOWICZ Ryszard | Wrocław | POL | Nie Dotyczy / | 68M40/31 | M / 151 | 00:52:45 | 05.16 | +0:18:41 | 0:25:28 / 155 |
| 186 | 345 | RELKOWSKA Agnieszka | Wrocław | POL | | 90K20/18 | K / 35 | 00:52:46 | 05.16 | +0:18:41 | 0:26:26 / 193 |
| 187 | 155 | DETYNA Agnieszka | Czarny Bór | POL | | 95K20/19 | K / 36 | 00:52:48 | 05.16 | +0:18:43 | 0:25:48 / 165 |
| 188 | 278 | GALEWSKI Piotr | Wrocław | POL | | 69M40/32 | M / 152 | 00:52:56 | 05.17 | +0:18:52 | 0:27:02 / 212 |
| 189 | 299 | PIETRUCHA Grzegorz | Sieradz | POL | | 65M50/4 | M / 153 | 00:53:00 | 05.18 | +0:18:55 | 0:26:35 / 196 |
| 190 | 328 | NOSAL Paweł | Kamienna Góra | POL | | 86M30/64 | M / 154 | 00:53:09 | 05.18 | +0:19:04 | 0:26:49 / 201 |
| 191 | 116 | MLYŃCZYK-ZADARA Joanna | Żerniki | POL | | 79K30/10 | K / 37 | 00:53:13 | 05.19 | +0:19:09 | 0:26:03 / 178 |
| 192 | 21 | WNUK Grzegorz | Kłodzko | POL | | 73M40/33 | M / 155 | 00:53:14 | 05.19 | +0:19:09 | 0:24:41 / 130 |
| 193 | 226 | NOGANOWICZ Agata | Domaszczyn | POL | Pro-run Wrocław | 70K40/9 | K / 38 | 00:53:15 | 05.19 | +0:19:11 | 0:26:42 / 199 |
| 194 | 86 | GUBERNAT-ULATOWSKI Ewa | Bielany | POL | Miasto Kobiet Mk Ad 2016 | 80K30/11 | K / 39 | 00:53:17 | 05.19 | +0:19:12 | 0:26:04 / 179 |
| 195 | 195 | MIELCZAREK Paweł | Wrocław | POL | | 90M20/51 | M / 156 | 00:53:21 | 05.20 | +0:19:16 | 0:25:37 / 161 |
| 196 | 250 | GUBERNAT Mariusz | Bielany | POL | | 81M30/65 | M / 157 | 00:53:22 | 05.20 | +0:19:18 | 0:26:05 / 182 |
| 197 | 115 | KIELAR Anna | Srebrna Góra | POL | | 82K30/12 | K / 40 | 00:53:22 | 05.20 | +0:19:18 | 0:26:13 / 185 |
| 198 | 17 | BOROWIECKI Rafał | Wrocław | POL | Wsowl | 75M40/34 | M / 158 | 00:53:30 | 05.21 | +0:19:26 | 0:26:51 / 202 |
| 199 | 16 | GARNCZAREK Marcin | Siechnice | POL | | 83M30/66 | M / 159 | 00:53:32 | 05.21 | +0:19:28 | 0:26:55 / 208 |
| 200 | 329 | MAŚLANKA Karolina | Wrocław | POL | | 80K30/13 | K / 41 | 00:53:37 | 05.21 | +0:19:33 | 0:26:19 / 190 |
| 201 | 307 | KOZIEŁ Mariola | Wrocław | POL | | 79K30/14 | K / 42 | 00:53:39 | 05.21 | +0:19:34 | 0:26:15 / 186 |
| 202 | 220 | ZAWŁODZKA Katarzyna | Olawa | POL | | 78K30/15 | K / 43 | 00:53:41 | 05.22 | +0:19:36 | 0:27:06 / 214 |
| 203 | 139 | BILOUS Marcin | Mirków | POL | | 77M30/67 | M / 160 | 00:53:50 | 05.23 | +0:19:46 | 0:26:25 / 192 |
| 204 | 287 | POZNAŃSKA Aneta | Wrocław | POL | | 79K30/16 | K / 44 | 00:53:53 | 05.23 | +0:19:48 | 0:26:55 / 207 |
| 205 | 174 | GOLA Tomasz | Wrocław | POL | | 80M30/68 | M / 161 | 00:54:00 | 05.24 | +0:19:56 | 0:25:52 / 171 |
| 206 | 327 | STĄCZEK Ewa | Wałbrzych | POL | Biegaj- Zapobiegaj | 78K30/17 | K / 45 | 00:54:06 | 05.24 | +0:20:01 | 0:26:54 / 205 |
| 207 | 182 | ŻUCHOWSKA Magdalena | Smolec | POL | Poledance Studio Wrocław | 78K30/18 | K / 46 | 00:54:15 | 05.25 | +0:20:10 | 0:27:07 / 216 |
| 208 | 41 | BRODAŁA Agnieszka | Wrocław | POL | | 76K40/10 | K / 47 | 00:54:16 | 05.25 | +0:20:12 | 0:27:38 / 239 |
| 209 | 228 | JAKUBOWSKA Beata | Wrocław | POL | Nie Dotyczy / No Bo Run | 86K30/19 | K / 48 | 00:54:28 | 05.26 | +0:20:23 | 0:27:14 / 222 |
| 210 | 357 | OSTROMECKA -GORYNIA Agnieszka | Żmigród | POL | Kb Sukces Żmigród | 77K30/20 | K / 49 | 00:54:30 | 05.27 | +0:20:26 | 0:26:58 / 210 |
| 211 | 231 | GIERULA Magdalena | Żarów | POL | | 89K20/20 | K / 50 | 00:54:37 | 05.27 | +0:20:33 | 0:26:41 / 198 |
| 212 | 237 | OLSZEWSKA Kornelia | Wrocław | POL | Olszewscy Team | 89K20/21 | K / 51 | 00:54:40 | 05.28 | +0:20:36 | 0:27:07 / 217 |
| 213 | 236 | OLSZEWSKI Jakub | Wrocław | POL | Olszewscy Team | 88M20/52 | M / 162 | 00:54:41 | 05.28 | +0:20:36 | 0:27:08 / 218 |
| 214 | 199 | PIOTROWICZ Kamila | Wrocław | POL | | 95K20/22 | K / 52 | 00:54:41 | 05.28 | +0:20:36 | 0:27:30 / 231 |
| 215 | 365 | MIERZWA Katarzyna | Wrocław | POL | Pro-run Wrocław | 82K30/21 | K / 53 | 00:54:41 | 05.28 | +0:20:37 | 0:27:37 / 237 |
| 216 | 300 | SIENKIEWICZ Arkadiusz | Wrocław | POL | | 74M40/35 | M / 163 | 00:54:43 | 05.28 | +0:20:38 | 0:28:07 / 248 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|----------|--------|-------------------------|------------------|-----------|-------------------------------------|---------|--------------------|--------------|------------|----------|---------------|
| 217 | 355 | KOSIŃSKI Artur | Wrocław | POL | | | 85M30/69 M / 164 | 00:54:44 | 05.28 | +0:20:40 | 0:28:11 / 256 |
| 218 | 172 | TARNOWSKI Mirosław | Wrocław | POL | Wabco Runners | | 74M40/36 M / 165 | 00:54:45 | 05.28 | +0:20:40 | 0:26:30 / 195 |
| 219 | 347 | GRYGIEL Agnieszka | Wrocław | POL | Nie Dotyczy / Pro-run Wrocław | | 71K40/11 K / 54 | Pro-00:54:46 | 05.28 | +0:20:42 | 0:27:37 / 238 |
| 220 | 152 | SZCZEPANIK Paweł | Bielsko-biała | POL | Zbłąkani Kajakarze | | 90M20/53 M / 166 | 00:54:47 | 05.28 | +0:20:43 | 0:27:29 / 230 |
| 221 | 289 | ZALEWSKI Wojciech | Kluczbork | POL | | | 90M20/54 M / 167 | 00:54:55 | 05.29 | +0:20:50 | 0:28:07 / 249 |
| 222 | 75 | JÓZWIK Piotr | Wrocław | POL | | | 89M20/55 M / 168 | 00:54:57 | 05.29 | +0:20:52 | 0:28:06 / 247 |
| 223 | 20 | GAWROŃSKI Grzegorz | Wrocław | POL | Milionmetrów | | 85M30/70 M / 169 | 00:54:59 | 05.29 | +0:20:54 | 0:27:13 / 220 |
| 224 | 46 | PACIOREK Marcin | Wojslaw | POL | | | 82M30/71 M / 170 | 00:55:13 | 05.31 | +0:21:09 | 0:27:14 / 223 |
| 225 | 53 | KRUCZKIEWICZ Mateusz | Wrocław | POL | Kruki | | 79M30/72 M / 171 | 00:55:21 | 05.32 | +0:21:16 | 0:27:31 / 232 |
| 226 | 268 | BRONOWICKA Dorota | Wałbrzych | POL | | | 87K20/23 K / 55 | 00:55:22 | 05.32 | +0:21:17 | 0:27:06 / 215 |
| 227 | 353 | GRELA Agnieszka | Wrocław | POL | Nie Dotyczy / Night Runners Wrocław | | 82K30/22 K / 56 | 00:55:24 | 05.32 | +0:21:20 | 0:27:13 / 221 |
| 228 | 367 | TERLECKI Szymon | Siedlakowice | POL | Nie Dotyczy / | | 94M20/56 M / 172 | 00:55:25 | 05.32 | +0:21:20 | 0:27:17 / 225 |
| 229 | 209 | AGNIESZKA Kryza | Wrocław | POL | | | 78K30/23 K / 57 | 00:55:27 | 05.32 | +0:21:23 | 0:27:34 / 235 |
| 230 | 22 | ZAWADZKI Tomasz | Kłodzko | POL | | | 70M40/37 M / 173 | 00:55:28 | 05.32 | +0:21:23 | 0:26:25 / 191 |
| 231 | 274 | JOANNA Krakowczyk | Wrocław | POL | Alba Running Team | | 79K30/24 K / 58 | 00:55:32 | 05.33 | +0:21:27 | 0:27:45 / 241 |
| 232 | 281 | JASTRZĘBSKI Jerzy | Długoleka | POL | | | 71M40/38 M / 174 | 00:55:33 | 05.33 | +0:21:28 | 0:28:12 / 257 |
| 233 | 275 | HONORATA Pabich | | POL | Alba Running Team | | 77K30/25 K / 59 | 00:55:36 | 05.33 | +0:21:32 | 0:27:43 / 240 |
| 234 | 24 | SOBKOWIAK Pamela | Wrocław | POL | | | 91K20/24 K / 60 | 00:55:44 | 05.34 | +0:21:39 | 0:27:31 / 233 |
| 235 | 11 | ZASŁAWSKI Lech | Wrocław | POL | Nie Dotyczy / X-team | | 81M30/73 M / 175 | 00:55:50 | 05.35 | +0:21:46 | 0:28:11 / 255 |
| 236 | 252 | DANIŁÓW Danuta | Wrocław | POL | Night Runners Wrocław | | 73K40/12 K / 61 | 00:55:50 | 05.35 | +0:21:46 | 0:27:28 / 228 |
| 237 | 213 | OKOŃ Adrian | Strzelin | POL | | | 88M20/57 M / 176 | 00:55:50 | 05.35 | +0:21:46 | 0:27:02 / 211 |
| 238 | 317 | HAWRON Tomasz | Wrocław | POL | | | 72M40/39 M / 177 | 00:55:57 | 05.35 | +0:21:52 | 0:26:52 / 204 |
| 239 | 219 | PIERUN Zbigniew | Wierzbice | POL | Nie Dotyczy / | | 69M40/40 M / 178 | 00:56:05 | 05.36 | +0:22:00 | 0:27:14 / 224 |
| 240 | 82 | KRZEMIŃSKA Natalia | Wrocław | POL | | | 95K20/25 K / 62 | 00:56:07 | 05.36 | +0:22:02 | 0:27:59 / 245 |
| 241 | 200 | ZIMNA Elżbieta | Wałbrzych | POL | Wkb Podzamcze Zamek Książ | | 68K40/13 K / 63 | 00:56:08 | 05.36 | +0:22:03 | 0:28:03 / 246 |
| 242 | 218 | BOGACZ Monika | Pelczyce | POL | | | 78K30/26 K / 64 | 00:56:08 | 05.36 | +0:22:03 | 0:27:18 / 226 |
| 243 | 324 | WILK Łukasz | Wrocław | POL | | | 84M30/74 M / 179 | 00:56:13 | 05.37 | +0:22:08 | 0:27:28 / 229 |
| 244 | 283 | KEMPINSKI Jerzy | Wrocław | POL | | | 61M50/5 M / 180 | 00:56:16 | 05.37 | +0:22:11 | 0:27:52 / 243 |
| 245 | 107 | SZCZPAŃSKI Piotr | Wrocław | POL | | | 90M20/58 M / 181 | 00:56:18 | 05.37 | +0:22:13 | 0:27:04 / 213 |
| 246 | 204 | CHMIEL Tomasz | Wrocław | POL | Nie Dotyczy / | | 81M30/75 M / 182 | 00:56:31 | 05.39 | +0:22:27 | 0:28:29 / 261 |
| 247 | 100 | RECZUCH Adam | Wrocław | POL | | | 74M40/41 M / 183 | 00:56:33 | 05.39 | +0:22:29 | 0:27:26 / 227 |
| 248 | 63 | PIETRZYKOWSKA Katarzyna | Sieradz | POL | Pro-run Wrocław | | 84K30/27 K / 65 | 00:56:37 | 05.39 | +0:22:32 | 0:27:58 / 244 |
| 249 | 89 | JAWOSZEK Łukasz | Wrocław | POL | U4 Wizards | | 89M20/59 M / 184 | 00:56:37 | 05.39 | +0:22:32 | 0:29:09 / 274 |
| 250 | 282 | JASTRZĘBSKA Dorota | Długoleka | POL | | | 74K40/14 K / 66 | 00:56:47 | 05.40 | +0:22:43 | 0:28:10 / 252 |
| 251 | 285 | JAKUBOWSKI Andrzej | Wrocław | POL | Pro Run Wrocław | | 59M50/6 M / 185 | 00:56:50 | 05.41 | +0:22:46 | 0:26:52 / 203 |
| 252 | 110 | LEŚKO Piotr | Dobrzejowice | POL | | | 90M20/60 M / 186 | 00:56:55 | 05.41 | +0:22:51 | 0:28:09 / 250 |
| 253 | 251 | WIŚNIEWSKA Aleksandra | Kłodzko | POL | | | 91K20/26 K / 67 | 00:56:59 | 05.41 | +0:22:54 | 0:27:11 / 219 |
| 254 | 144 | KLIMEK Justyna | Smolec | POL | | | 73K40/15 K / 68 | 00:57:00 | 05.42 | +0:22:56 | 0:28:58 / 268 |
| 255 | 10 | PIETER Katarzyna | Kielczów | POL | O Co Biega | | 81K30/28 K / 69 | 00:57:13 | 05.43 | +0:23:08 | 0:28:24 / 260 |












Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|-------------|-----------|-------------------------|---------------------|--------------|---------------------------------------|------------|-----------------------|--------------|---------------|-------------|---------------|
| 256 | 131 | TURAŃSKI Jakub | Wrocław | | POL Fundacja Learn Co | 80M30/76 | M / 187 | 00:57:15 | 05.43 | +0:23:10 | 0:29:39 / 284 |
| 257 | 132 | ROSS Marta | Wrocław | | POL Fundacja Learn Co | 91K20/27 | K / 70 | 00:57:15 | 05.43 | +0:23:11 | 0:29:40 / 287 |
| 258 | 257 | KSYCKA Wiesława | Wrocław | | POL Karniaczki | 79K30/29 | K / 71 | 00:57:16 | 05.43 | +0:23:12 | 0:28:57 / 266 |
| 259 | 258 | BALIT Alexandre | Wrocław | | POL Karniaczki | 83M30/77 | M / 188 | 00:57:17 | 05.43 | +0:23:13 | 0:28:57 / 267 |
| 260 | 147 | SZPAKOWSKI Paweł | Białystok | | POL | 86M30/78 | M / 189 | 00:57:24 | 05.44 | +0:23:19 | 0:28:11 / 254 |
| 261 | 94 | TROJNACKI Piotr | Głogów | | POL | 88M20/61 | M / 190 | 00:57:28 | 05.44 | +0:23:24 | 0:28:10 / 253 |
| 262 | 246 | WERBANOW Adrian | Wrocław | | POL | 86M30/79 | M / 191 | 00:57:33 | 05.45 | +0:23:29 | 0:30:06 / 291 |
| 263 | 253 | LIMANÓWKA Paweł | Kąty Wrocławskie | | POL | 75M40/42 | M / 192 | 00:57:34 | 05.45 | +0:23:29 | 0:27:33 / 234 |
| 264 | 28 | TWARÓG Danuta | Wrocław | | POL Czarna Ofca | 84K30/30 | K / 72 | 00:57:38 | 05.45 | +0:23:34 | 0:29:12 / 277 |
| 265 | 254 | MUSIAŁ Krzysztof | Wrocław | | POL | 74M40/43 | M / 193 | 00:57:46 | 05.46 | +0:23:42 | 0:29:21 / 280 |
| 266 | 125 | BOROWIECKA Katarzyna | Wrocław | | POL O Co Biega | 82K30/31 | K / 73 | 00:57:59 | 05.47 | +0:23:54 | 0:32:49 / 325 |
| 267 | 260 | GŁĘBOCKI Grzegorz | Wrocław | | POL Ddch | 84M30/80 | M / 194 | 00:58:12 | 05.49 | +0:24:08 | 0:27:51 / 242 |
| 268 | 221 | MINKINA Maciej | Wrocław | | POL | 87M20/62 | M / 195 | 00:58:15 | 05.49 | +0:24:11 | 0:28:10 / 251 |
| 269 | 222 | MINKINA Karolina | Wrocław | | POL | 87K20/28 | K / 74 | 00:58:20 | 05.50 | +0:24:15 | 0:28:14 / 258 |
| 270 | 304 | WAWRZYNÓW Marta | Borów | | POL | 82K30/32 | K / 75 | 00:58:22 | 05.50 | +0:24:17 | 0:29:07 / 272 |
| 271 | 350 | MYSZKOWSKI Bolesław | Boguszów-gorce | | POL Drużyna Szpiku | 60M50/7 | M / 196 | 00:58:23 | 05.50 | +0:24:19 | 0:27:36 / 236 |
| 272 | 105 | KALETA Przemysław | Wrocław | | POL | 72M40/44 | M / 197 | 00:58:48 | 05.52 | +0:24:43 | 0:29:17 / 278 |
| 273 | 163 | KIPCZAK Sebastian | Wrocław | | POL Prom | 75M40/45 | M / 198 | 00:59:07 | 05.54 | +0:25:03 | 0:30:10 / 294 |
| 274 | 202 | PYKE Edel | Wrocław | | IRL Uniwersytetu Medycznego Wrocław / | 92K20/29 | K / 76 | AZS/DD:09:09 | 05.54 | +0:25:04 | 0:28:21 / 259 |
| 275 | 351 | KOCZOROWSKI Paweł | Wrocław | | POL | 82M30/81 | M / 199 | 00:59:10 | 05.55 | +0:25:05 | 0:28:57 / 265 |
| 276 | 363 | WSZOŁEK Magdalena | Wrocław | | POL | 85K30/33 | K / 77 | 00:59:11 | 05.55 | +0:25:06 | 0:29:09 / 275 |
| 277 | 331 | KRÓLIŃSKI Jędrzej | Wrocław | | POL | 78M30/82 | M / 200 | 00:59:25 | 05.56 | +0:25:21 | 0:30:13 / 295 |
| 278 | 192 | SAMUSZONEK Anna | Wrocław | | POL | 82K30/34 | K / 78 | 00:59:29 | 05.56 | +0:25:24 | 0:29:47 / 288 |
| 279 | 103 | PŁOCIŃSKA Sandra | Chmielów | | POL | 89K20/30 | K / 79 | 00:59:37 | 05.57 | +0:25:32 | 0:30:51 / 302 |
| 280 | 346 | WARGOCKI Maciej | Wrocław | | POL | 77M30/83 | M / 201 | 00:59:38 | 05.57 | +0:25:33 | 0:29:08 / 273 |
| 281 | 6 | DEMBIŃSKA Marta | Wrocław | | POL U4 Wizards | 80K30/35 | K / 80 | 00:59:44 | 05.58 | +0:25:40 | 0:29:26 / 282 |
| 282 | 227 | AUCH Bartek | Krzeptów | | POL | 93M20/63 | M / 202 | 00:59:47 | 05.58 | +0:25:43 | 0:28:59 / 269 |
| 283 | 198 | GRYSZPIŃSKA Alicja | Wrocław | | POL | 72K40/16 | K / 81 | 00:59:50 | 05.59 | +0:25:45 | 0:30:07 / 292 |
| 284 | 235 | KISIELEWSKA-BORGUL | Wrocław | | POL | 89K20/31 | K / 82 | 01:00:06 | 06.00 | +0:26:02 | 0:29:00 / 270 |
| Aneta | | | | | | | | | | | |
| 285 | 313 | DERECHOWSKA Milena | Bielany | | POL | 02K16/1 | K / 83 | 01:00:10 | 06.01 | +0:26:05 | 0:28:44 / 263 |
| 286 | 334 | STOLARCZYK Agata | Wrocław | | POL | 84K30/36 | K / 84 | 01:00:13 | 06.01 | +0:26:08 | 0:29:20 / 279 |
| 287 | 2 | PUCEK Przemysław | Smolec | | POL Wkb Piast Wrocław | 72M40/46 | M / 203 | 01:00:26 | 06.02 | +0:26:22 | 0:28:44 / 264 |
| 288 | 19 | DROHOMIRECKA Jadwiga | Małczyce | | POL | 89K20/32 | K / 85 | 01:00:28 | 06.02 | +0:26:24 | 0:29:37 / 283 |
| 289 | 335 | KOLIŃSKA Małgorzata | Wrocław | | POL | 81K30/37 | K / 86 | 01:00:35 | 06.03 | +0:26:30 | 0:28:43 / 262 |
| 290 | 270 | BLASIAK Ilona | Wrocław | | POL 123 | 77K30/38 | K / 87 | 01:00:47 | 06.04 | +0:26:43 | 0:29:22 / 281 |
| 291 | 372 | KUSAK Ryszard | Wrocław | | POL | 50M60/3 | M / 204 | 01:00:50 | 06.05 | +0:26:46 | 0:29:39 / 285 |
| 292 | 26 | SKRUTEK Jan | Wrocław | | POL Ratownik Gbigopr | 53M60/4 | M / 205 | 01:01:02 | 06.06 | +0:26:58 | 0:31:31 / 306 |
| 293 | 245 | OGRODNIK Monika | Wrocław/przemitów | | POL | 00K16/2 | K / 88 | 01:01:04 | 06.06 | +0:26:59 | 0:30:07 / 293 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|-------------|-----------|--------------------------------|---------------------|--------------|----------------------------|--|-----------------------|--------------|---------------|-------------|---------------|
| 294 | 364 | WOJCIECH Twaróg | Wrocław | | POL | | 89M20/64 M / 206 | 01:01:09 | 06.06 | +0:27:04 | 0:32:18 / 312 |
| 295 | 141 | KOWALEWSKA Katarzyna | Krzepków | | POL | | 73K40/17 K / 89 | 01:01:16 | 06.07 | +0:27:11 | 0:30:14 / 296 |
| 296 | 184 | BELZA Anna | Siechnice | | POL | Poledance Studio Wrocław | 79K30/39 K / 90 | 01:01:18 | 06.07 | +0:27:13 | 0:29:53 / 290 |
| 297 | 188 | KLIMOWICZ Joanna | Wrocław | | POL | | 86K30/40 K / 91 | 01:01:21 | 06.08 | +0:27:17 | 0:29:06 / 271 |
| 298 | 173 | FILIPOWICZ Marian | Wrocław | | POL | Nie Dotyczy / Niezrzeszony | 45M70/1 M / 207 | 01:01:34 | 06.09 | +0:27:30 | 0:31:28 / 305 |
| 299 | 40 | Bryłka Marek | Wrocław | | POL | | 75M40/47 M / 208 | 01:01:36 | 06.09 | +0:27:32 | 0:29:11 / 276 |
| 300 | 50 | KIPCZAK Wiktor | Chwałowice | | POL | Leniwiec Chwałowice | 49M60/5 M / 209 | 01:01:45 | 06.10 | +0:27:40 | 0:30:34 / 300 |
| 301 | 80 | MRÓZ Justyna | Mirków | | POL | | 85K30/41 K / 92 | 01:01:49 | 06.10 | +0:27:44 | 0:29:39 / 286 |
| 302 | 38 | CZUCHWICKI Marek | Wrocław | | POL | | 76M40/48 M / 210 | 01:02:04 | 06.12 | +0:27:59 | 0:31:51 / 311 |
| 303 | 171 | KURKOWIAK Krzysztof | Wrocław | | POL | | 83M30/84 M / 211 | 01:02:08 | 06.12 | +0:28:04 | 0:29:48 / 289 |
| 304 | 230 | SZUBKA Robert | Wrocław | | POL | | 72M40/49 M / 212 | 01:02:08 | 06.12 | +0:28:04 | 0:31:39 / 308 |
| 305 | 122 | WÓJCIK Ewa | Wrocław | | POL | Informacja Kulturalno-sportowa Studentów | 95K20/33 K / 93 | 01:02:10 | 06.13 | +0:28:05 | 0:31:21 / 304 |
| 306 | 206 | KĘDZIA Julita | Siechnice | | POL | Mamy-biegamy | 79K30/42 K / 94 | 01:03:25 | 06.20 | +0:29:21 | 0:31:34 / 307 |
| 307 | 70 | DEKIERT Agnieszka | Lubin | | POL | | 80K30/43 K / 95 | 01:03:55 | 06.23 | +0:29:51 | 0:30:34 / 299 |
| 308 | 127 | LEWIŃSKI Adam | Wrocław | | POL | Itmzm 2016 | 89M20/65 M / 213 | 01:04:11 | 06.25 | +0:30:06 | 0:30:44 / 301 |
| 309 | 160 | KRZEMIŃSKA-SELASZUK Paulina | Wrocław | | POL | | 84K30/44 K / 96 | 01:04:14 | 06.25 | +0:30:09 | 0:31:44 / 309 |
| 310 | 380 | KRZEMIŃSKI Marek | Wrocław | | POL | Gb Wrocławskie Morsy | 54M60/6 M / 214 | 01:04:16 | 06.25 | +0:30:11 | 0:31:47 / 310 |
| 311 | 83 | FIL Łukasz | Sadków | | POL | O Co Biega | 81M30/85 M / 215 | 01:04:22 | 06.26 | +0:30:17 | 0:30:17 / 297 |
| 312 | 159 | WYSKWAR Adam | Garwolin | | POL | | 68M40/50 M / 216 | 01:04:41 | 06.28 | +0:30:37 | 0:30:53 / 303 |
| 313 | 67 | DYMAŁA Natalia | Międzybórz | | POL | Night Runners Wrocław | 85K30/45 K / 97 | 01:05:11 | 06.31 | +0:31:07 | 0:32:49 / 324 |
| 314 | 71 | DYMAŁA Paulina | Międzybórz | | POL | | 87K20/34 K / 98 | 01:05:11 | 06.31 | +0:31:07 | 0:32:49 / 322 |
| 315 | 60 | WISZNIOWSKA Agata | Wrocław | | POL | | 81K30/46 K / 99 | 01:05:11 | 06.31 | +0:31:07 | 0:32:49 / 323 |
| 316 | 342 | PALIBUDA Zofia | Wrocław | | POL | Pani | 90K20/35 K / 100 | 01:05:39 | 06.33 | +0:31:34 | 0:32:21 / 313 |
| 317 | 79 | PISARCZYK Łukasz | Dobroszyce | | POL | | 79M30/86 M / 217 | 01:05:48 | 06.34 | +0:31:44 | 0:32:53 / 326 |
| 318 | 368 | DZIK Piotr | Wrocław | | POL | | 91M20/66 M / 218 | 01:06:24 | 06.38 | +0:32:19 | 0:32:36 / 317 |
| 319 | 169 | GRABAREK Justyna | Wrocław | | POL | Biedroneczki | 83K30/47 K / 101 | 01:06:35 | 06.39 | +0:32:30 | 0:33:05 / 327 |
| 320 | 175 | SZNAJDER Joanna | Wrocław | | POL | Biedroneczki | 83K30/48 K / 102 | 01:06:36 | 06.39 | +0:32:32 | 0:33:07 / 328 |
| 321 | 310 | DERECHOWSKA Beata | Bielany | | POL | | 67K40/18 K / 103 | 01:06:43 | 06.40 | +0:32:39 | 0:32:41 / 319 |
| 322 | 309 | KOKOSZKO Łukasz | Wałbrzych | | POL | Kokoszko Team | 79M30/87 M / 219 | 01:06:54 | 06.41 | +0:32:50 | 0:32:22 / 314 |
| 323 | 308 | KOKOSZKO Mateusz | Wałbrzych | | POL | Kokoszko Team | 86M30/88 M / 220 | 01:06:55 | 06.41 | +0:32:51 | 0:32:22 / 315 |
| 324 | 374 | RAKOCZY Ireneusz | Łądek-źródź | | POL | Zjednoczeni Zwycięzamy | 64M50/8 M / 221 | 01:06:58 | 06.41 | +0:32:53 | 0:30:21 / 298 |
| 325 | 293 | OLEJNICZAK Monika | Wrocław | | POL | | 94K20/36 K / 104 | 01:07:31 | 06.45 | +0:33:26 | 0:32:46 / 321 |
| 326 | 284 | ZGUD Olga | Marcinkowice | | POL | Brak | 99K16/3 K / 105 | 01:07:37 | 06.45 | +0:33:33 | 0:32:42 / 320 |
| 327 | 149 | NOWACKI Michał | Wrocław | | POL | | 81M30/89 M / 222 | 01:08:03 | 06.48 | +0:33:58 | 0:32:31 / 316 |
| 328 | 148 | GUALDA RUIZ Jose joaquin | Wrocław | | ESP | | 84M30/90 M / 223 | 01:08:08 | 06.48 | +0:34:03 | 0:32:36 / 318 |
| 329 | 138 | JANISZEWSKA Agnieszka | Olawa | | POL | | 75K40/19 K / 106 | 01:08:33 | 06.51 | +0:34:28 | 0:33:48 / 330 |
| 330 | 177 | RUSIN Małgorzata | Wrocław | | POL | | 80K30/49 K / 107 | 01:09:05 | 06.54 | +0:35:01 | 0:33:59 / 333 |
| 331 | 332 | ZABIEGAŁA Magdalena | Wrocław | | POL | | 78K30/50 K / 108 | 01:09:08 | 06.54 | +0:35:04 | 0:33:51 / 332 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points |
|-----------------|---------------|-----------------------------|-------------------------|---|--------------------------------|----------------|---------------------------|------------------|-------------------|-----------------|---------------------|
| 332 | 44 | JAWORSKA Edyta | Wrocław |  POL | | 90K20/37 | K / 109 | 01:09:51 | 06.59 | +0:35:47 | 0:34:38 / 337 |
| 333 | 33 | URBAŃSKA-KRAWCZYK Izabela | Kamieniec |  POL | Familyfit | 58K50/1 | K / 110 | 01:10:01 | 07.00 | +0:35:57 | 0:33:50 / 331 |
| 334 | 208 | OLBERT Agata | Żorawina |  POL | | 69K40/20 | K / 111 | 01:11:19 | 07.07 | +0:37:15 | 0:34:00 / 334 |
| 335 | 43 | MULICA Darek | Wrocław |  POL | Wolny Strzelec | 67M40/51 | M / 224 | 01:11:31 | 07.09 | +0:37:27 | 0:33:27 / 329 |
| 336 | 151 | KOZŁOWSKA Maja | Wrocław |  POL | | 80K30/51 | K / 112 | 01:11:36 | 07.09 | +0:37:32 | 0:34:23 / 335 |
| 337 | 3 | ŁĄCZYŃSKA Paula | Wrocław |  POL | | 87K20/38 | K / 113 | 01:12:07 | 07.12 | +0:38:03 | 0:34:28 / 336 |
| 338 | 123 | TABAKA Marzena | Wrocław |  POL | | 77K30/52 | K / 114 | 01:14:34 | 07.27 | +0:40:30 | 0:36:16 / 338 |
| 339 | 23 | DULLAK Agnieszka | Wrocław |  POL | Mamy-biegamy | 82K30/53 | K / 115 | 01:14:43 | 07.28 | +0:40:39 | 0:37:21 / 340 |
| 340 | 47 | STORY Wieńczysław | Wrocław |  POL | Powolniak Wrocław | 60M50/9 | M / 225 | 01:14:48 | 07.28 | +0:40:44 | 0:37:30 / 341 |
| 341 | 92 | KURASINSKI Krzysztof | Wrocław |  POL | | 69M40/52 | M / 226 | 01:15:46 | 07.34 | +0:41:41 | 0:37:09 / 339 |
| 342 | 247 | NOWICKI Andrzej | Wrocław |  POL | Zjednoczeni Zwycięzamy | 70M40/53 | M / 227 | 01:22:51 | 08.17 | +0:48:46 | 0:39:13 / 342 |