

II Bieg Mikołajkowy Poznań 2015

Wyniki OPEN 10 km Poznań 2015-12-05

Wyniki nieoficjalne



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|------------------|------------------------------------|--------|-----|---------|---------|---------------|----------------|--------------|-------------|
| 1. | 12 | Bytniewski Szymon | Gowarzewo | KB UEP / SieBiega Run Team | 1991 | M20 | 1. | 1. | 0:17:41 (1.) | 0:33:58 | 03:23 | 0:34:00 |
| 2. | 1198 | Kledzik Zbigniew | Chomiąża | Waleczne serca | 1991 | M20 | 2. | 2. | 0:17:41 (2.) | 0:34:10 | 03:25 | 0:34:13 |
| 3. | 512 | Śliwiński Dariusz | Żnin | Waleczne serca/Pałuki Running Team | 1988 | M20 | 3. | 3. | 0:18:02 (3.) | 0:35:30 | 03:33 | 0:35:32 |
| 4. | 46 | Roszkowski Tomasz | Warszawa | WARSZAWA NATOLIN ZACHODNI | 1986 | M20 | 4. | 4. | 0:18:38 (4.) | 0:36:11 | 03:37 | 0:36:14 |
| 5. | 840 | Zegarlicki Tomasz | Horyniec - Zdroj | | 1994 | M20 | 5. | 5. | 0:19:19 (9.) | 0:36:41 | 03:40 | 0:36:50 |
| 6. | 1319 | Olejniczak Andrzej | Poznań | | 1976 | M30 | 1. | 6. | 0:18:44 (5.) | 0:36:56 | 03:41 | 0:37:00 |
| 7. | 342 | Rutka Marek | Jaraczewo | Night Runners | 1978 | M30 | 2. | 7. | 0:18:46 (6.) | 0:37:06 | 03:42 | 0:37:09 |
| 8. | 869 | Kaletka Damian | Trzcianka | | 1985 | M30 | 3. | 8. | 0:19:19 (8.) | 0:37:37 | 03:45 | 0:37:45 |
| 9. | 269 | Wyka Szymon | Poznań | GB Wielkopolscy Biegacze | 1990 | M20 | 6. | 9. | 0:18:54 (7.) | 0:37:42 | 03:46 | 0:37:44 |
| 10. | 830 | Mroczkowski Karol | Lutogńiew | KS KROTOSZ KROTOSZYN | 1985 | M30 | 4. | 10. | 0:19:29 (10.) | 0:38:28 | 03:50 | 0:38:31 |
| 11. | 659 | Grochowski Andrzej | Poznań | | 1989 | M20 | 7. | 11. | 0:19:46 (14.) | 0:38:53 | 03:53 | 0:38:59 |
| 12. | 837 | SKODKOWSKI JACEK | POZNAŃ | SPWL Poznań | 1973 | M40 | 1. | 12. | 0:19:32 (11.) | 0:39:08 | 03:54 | 0:39:11 |
| 13. | 1036 | Kaminik Maciej | Śrem | Runner's Power | 1989 | M20 | 8. | 13. | 0:20:11 (19.) | 0:39:08 | 03:54 | 0:39:11 |
| 14. | 287 | Kaczor Marcin | Kłecko | No Excuses Team | 1985 | M30 | 5. | 14. | 0:20:03 (17.) | 0:39:15 | 03:55 | 0:39:22 |
| 15. | 610 | Kłaja Aleksander | Wągrowiec | Biegający Wągrowiec | 1986 | M20 | 9. | 15. | 0:19:46 (13.) | 0:39:16 | 03:55 | 0:39:22 |
| 16. | 594 | Kołodziejczyk Roman | Chodzież | Euro Bike Kaczmarek Electric Team | 1967 | M40 | 2. | 16. | 0:19:43 (12.) | 0:39:17 | 03:55 | 0:39:21 |
| 17. | 278 | Wojtyś Piotr | Poznań | KB Maniac Poznań | 1972 | M40 | 3. | 17. | 0:20:25 (23.) | 0:39:28 | 03:56 | 0:39:36 |
| 18. | 1171 | Sarbinowski Grzegorz | Miłosław | | 1986 | M20 | 10. | 18. | 0:20:05 (16.) | 0:39:32 | 03:57 | 0:39:35 |
| 19. | 472 | Snuszka Adam | Kiszkowo | | 1970 | M40 | 4. | 19. | 0:20:05 (18.) | 0:39:33 | 03:57 | 0:39:40 |
| 20. | 642 | Chwirot Dawid | Opalenica | Teatr Nowy w Poznaniu | 1994 | M20 | 11. | 20. | 0:20:35 (29.) | 0:39:36 | 03:57 | 0:39:50 |
| 22. | 1318 | Nowak Grzegorz Paweł | Poznań | Parkrun Poznań | 1989 | M20 | 13. | 22. | 0:20:29 (22.) | 0:39:39 | 03:57 | 0:39:42 |
| 21. | 2242 | Kołodziejczyk Bartosz | Chodzież | Euro Bike Kaczmarek Electric Team | 1993 | M20 | 12. | 21. | 0:19:51 (15.) | 0:39:39 | 03:57 | 0:39:44 |
| 23. | 2240 | Kołacka Małgorzata | Śrem | SL Olimpia Poznań | 1993 | K20 | 1. | 1. | 0:20:40 (27.) | 0:39:43 | 03:58 | 0:39:45 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|----------------|--|--------|-----|---------|---------|---------------|----------------|--------------|-------------|
| 24. | 344 | Matyskiewicz Rafał | Gostyn | | 1971 | M40 | 5. | 23. | 0:20:10 (20.) | 0:39:45 | 03:58 | 0:39:49 |
| 25. | 267 | Kaczmarek Tomasz | Poznań | GB Wielkopolscy Biegacze | 1984 | M30 | 6. | 24. | 0:20:24 (24.) | 0:39:53 | 03:59 | 0:40:02 |
| 26. | 718 | Górniak Piotr | Swarzędz | | 1989 | M20 | 14. | 25. | 0:20:38 (28.) | 0:40:20 | 04:02 | 0:40:25 |
| 27. | 633 | Bednarski Arkadiusz | Luboń | | 1981 | M30 | 7. | 26. | 0:20:15 (21.) | 0:40:27 | 04:02 | 0:40:34 |
| 28. | 579 | Gluzza Radosław | Opalenica | GP Opalenica | 1991 | M20 | 15. | 27. | 0:20:32 (26.) | 0:40:33 | 04:03 | 0:40:43 |
| 29. | 696 | Drożdż Szymon | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1993 | M20 | 16. | 28. | 0:20:54 (32.) | 0:40:40 | 04:04 | 0:40:46 |
| 30. | 1186 | Witczak- Flajszer | Miedzychod | | 1986 | K20 | 2. | 2. | 0:21:09 (34.) | 0:40:42 | 04:04 | 0:40:43 |
| 31. | 917 | Stasiak Adrian | Obrzycko | | 1988 | M20 | 17. | 29. | 0:20:52 (31.) | 0:40:46 | 04:04 | 0:40:51 |
| 32. | 422 | Koźlarek Tomasz | Kobylnica | | 1983 | M30 | 8. | 30. | 0:20:47 (30.) | 0:40:59 | 04:05 | 0:41:03 |
| 33. | 860 | Miska Mateusz | Poznań | | 1993 | M20 | 18. | 31. | 0:21:12 (39.) | 0:41:00 | 04:06 | 0:41:04 |
| 34. | 1428 | Wesołowski Bartosz | Poznań | | 1985 | M30 | 9. | 32. | 0:21:23 (47.) | 0:41:15 | 04:07 | 0:41:21 |
| 36. | 232 | Dembiński Marek | Poznań | CGS W TRI TEAM | 1974 | M40 | 6. | 34. | 0:21:10 (38.) | 0:41:16 | 04:07 | 0:41:21 |
| 35. | 861 | Jarocki Łukasz | Poznań | | 1991 | M20 | 19. | 33. | 0:21:24 (50.) | 0:41:16 | 04:07 | 0:41:24 |
| 37. | 816 | Dąbrowski Sebastian | Poznań | | 1977 | M30 | 10. | 35. | 0:20:57 (33.) | 0:41:18 | 04:07 | 0:41:26 |
| 38. | 635 | Kowalczyk Sebastian | Stęszew | | 1984 | M30 | 11. | 36. | 0:21:10 (40.) | 0:41:21 | 04:08 | 0:41:27 |
| 39. | 999 | Kaźmierczak Marcin | Konarzewo | | 1988 | M20 | 20. | 37. | 0:20:35 (25.) | 0:41:22 | 04:08 | 0:41:26 |
| 40. | 1345 | Wesołowski Roman | Poznań | | 1989 | M20 | 21. | 38. | 0:21:28 (51.) | 0:41:34 | 04:09 | 0:41:40 |
| 41. | 250 | Ignaszewski Krzysztof | Śrem | | 1979 | M30 | 12. | 39. | 0:21:17 (43.) | 0:41:38 | 04:09 | 0:41:41 |
| 42. | 1356 | Kaczmarek Marcin | Poznań | | 1982 | M30 | 13. | 40. | 0:21:25 (48.) | 0:41:38 | 04:09 | 0:41:44 |
| 43. | 1335 | Piesik Mirosław | Więcbork | TKKF WODNIK WIĘCIBORK | 1963 | M50 | 1. | 41. | 0:21:33 (56.) | 0:41:41 | 04:10 | 0:41:55 |
| 44. | 199 | Cichy Dariusz | Pniewy | | 1989 | M20 | 22. | 42. | 0:21:23 (46.) | 0:41:46 | 04:10 | 0:41:51 |
| 45. | 1048 | Janiszewski Karol | poznań | | 1981 | M30 | 14. | 43. | 0:21:09 (41.) | 0:41:47 | 04:10 | 0:41:54 |
| 47. | 708 | SOŁTYSIAK TOMASZ | SWARZĘDZ | | 1971 | M40 | 7. | 45. | 0:21:25 (45.) | 0:41:50 | 04:11 | 0:41:54 |
| 46. | 946 | Musiał Tomasz | Pniewy | | 1986 | M20 | 23. | 44. | 0:21:14 (42.) | 0:41:50 | 04:11 | 0:41:56 |
| 48. | 87 | Walczak Robert | Zielona Góra | City Trail Team | 1980 | M30 | 15. | 46. | 0:21:16 (44.) | 0:41:54 | 04:11 | 0:42:03 |
| 49. | 220 | Kaczmarek Bartosz | Chodzież | TriRun | 1990 | M20 | 24. | 47. | 0:21:06 (35.) | 0:41:58 | 04:11 | 0:42:03 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------|---|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 50. | 18 | Geppert Jakub | Poznań | Drużyna Szpiku | 1984 | M30 | 16. | 48. | 0:21:10 (37.) | 0:42:06 | 04:12 | 0:42:09 |
| 51. | 259 | Maciaszczyk Krzysztof | Drezdenko | | 1973 | M40 | 8. | 49. | 0:22:18 (158.) | 0:42:17 | 04:13 | 0:44:55 |
| 52. | 572 | Bąbelek Mariusz | Międzyrzecz | IRT Międzyrzecz | 1991 | M20 | 25. | 50. | 0:21:50 (61.) | 0:42:19 | 04:13 | 0:42:25 |
| 53. | 161 | kronkowski krzysztof | wągrowiec | Biegający Wągrowiec | 1981 | M30 | 17. | 51. | 0:21:47 (60.) | 0:42:21 | 04:14 | 0:42:27 |
| 54. | 754 | Murawicz Adam | Poznań | | 1988 | M20 | 26. | 52. | 0:21:40 (55.) | 0:42:29 | 04:14 | 0:42:34 |
| 55. | 241 | Kamiński Sławomir | Kleczew | | 1978 | M30 | 18. | 53. | 0:21:39 (59.) | 0:42:33 | 04:15 | 0:42:43 |
| 56. | 9 | Cetner Magdalena | Poznań | Maratończyk Poznań | 1973 | K40 | 1. | 3. | 0:21:41 (57.) | 0:42:36 | 04:15 | 0:42:44 |
| 57. | 26 | PAPRZYCKI RAFAŁ | POZNAŃ | | 1976 | M30 | 19. | 54. | 0:21:39 (53.) | 0:42:36 | 04:15 | 0:42:40 |
| 58. | 669 | Kuśnierek Bartosz | Żnin | Pałuki Running Team | 1987 | M20 | 27. | 55. | 0:22:18 (91.) | 0:42:38 | 04:15 | 0:42:46 |
| 59. | 294 | Szymański Przemysław | Trzcianka | | 1978 | M30 | 20. | 56. | 0:22:03 (69.) | 0:42:42 | 04:16 | 0:42:50 |
| 61. | 928 | Maj Waldemar | Wałcz | 100 Batalion Łączności / Runners of Wałcz | 1978 | M30 | 22. | 58. | 0:21:26 (49.) | 0:42:44 | 04:16 | 0:42:50 |
| 60. | 1258 | Paczkowski Gerard | Poznań | Drużyna Szpiku | 1976 | M30 | 21. | 57. | 0:21:41 (58.) | 0:42:44 | 04:16 | 0:42:52 |
| 63. | 1416 | Jaroński Piotr | Koło | | 1994 | M20 | 28. | 60. | 0:21:04 (36.) | 0:42:45 | 04:16 | 0:42:53 |
| 62. | 1421 | Majchrzak Bartosz | Poznań | | 1985 | M30 | 23. | 59. | 0:22:07 (70.) | 0:42:45 | 04:16 | 0:42:51 |
| 65. | 1208 | Dzitkowski Witold | Gowarzewo | TRENERTRIATHLONU.PL | 1985 | M30 | 24. | 62. | 0:21:35 (52.) | 0:42:47 | 04:16 | 0:42:51 |
| 64. | 2250 | Proc Leszek | Poznań | Sapartanie dziecka | 1968 | M40 | 9. | 61. | 0:22:11 (86.) | 0:42:47 | 04:16 | 0:42:59 |
| 66. | 1090 | Skrzypa Dariusz | Wałcz | Precon Polska-Jastrowie | 1978 | M30 | 25. | 63. | 0:21:41 (148.) | 0:42:48 | 04:16 | 0:45:18 |
| 67. | 2215 | Krause Robert | Jastrowice | Body Chief | 1970 | M40 | 10. | 64. | 0:21:57 (66.) | 0:42:50 | 04:17 | 0:42:59 |
| 68. | 212 | Łukasik Adrian | Poznań | NSZZ SOLIDARNOŚĆ WLKP | 1987 | M20 | 29. | 65. | 0:21:56 (63.) | 0:42:53 | 04:17 | 0:43:01 |
| 69. | 693 | Janas Dariusz | Czerwonak | Biegacze Juniora-Runners Team | 1975 | M40 | 11. | 66. | 0:21:39 (54.) | 0:42:55 | 04:17 | 0:42:59 |
| 70. | 1400 | Kołecka Patrycja | Poznań | Drużyna Szpiku | 1977 | K30 | 1. | 4. | 0:22:06 (72.) | 0:43:04 | 04:18 | 0:43:11 |
| 71. | 800 | Jankowski Waldemar | Żerków | | 1989 | M20 | 30. | 67. | 0:21:54 (65.) | 0:43:07 | 04:18 | 0:43:18 |
| 72. | 1523 | Kosiński Maciej | Poznań | | 1984 | M30 | 26. | 68. | 0:22:13 (78.) | 0:43:08 | 04:18 | 0:43:13 |
| 75. | 17 | Dąbrowski Dawid | Murowana | KB Katorżnik Murowana Goślina | 1990 | M20 | 32. | 71. | 0:22:08 (79.) | 0:43:09 | 04:18 | 0:43:20 |
| 74. | 728 | Krencisz Mateusz | Poznań | | 1983 | M30 | 27. | 70. | 0:21:51 (62.) | 0:43:09 | 04:18 | 0:43:14 |
| 73. | 975 | Walter Karol | Kokoszczyń | | 1989 | M20 | 31. | 69. | 0:22:01 (67.) | 0:43:09 | 04:18 | 0:43:17 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|---------------------|----------------|-----------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 76. | 1228 | Janik Paulina | Jelenia Góra | TS Regle Szklarska Poręba | 1985 | K30 | 2. | 5. | 0:22:17 (88.) | 0:43:12 | 04:19 | 0:43:19 |
| 77. | 740 | bednarz pawel | kornik | | 1973 | M40 | 12. | 72. | 0:22:13 (85.) | 0:43:16 | 04:19 | 0:43:26 |
| 78. | 277 | Winckiewicz Marek | Poznań | | 1976 | M30 | 28. | 73. | 0:22:01 (153.) | 0:43:17 | 04:19 | 0:45:36 |
| 79. | 252 | zaremba janusz | poznan | Biegajnia Poznań | 1957 | M50 | 2. | 74. | 0:22:13 (81.) | 0:43:19 | 04:19 | 0:43:25 |
| 80. | 1399 | Dreas Jakub | Rybitwy | Wędzikowski Running Team | 1985 | M30 | 29. | 75. | 0:22:06 (73.) | 0:43:19 | 04:19 | 0:43:26 |
| 81. | 1132 | Pachurka Ewa | Nosków | | 1991 | K20 | 3. | 6. | 0:22:06 (71.) | 0:43:20 | 04:20 | 0:43:27 |
| 82. | 1230 | Samotyja Paweł | Nowa Sól | NOWOSOLSKA GRUPA BIEGOWA | 1976 | M30 | 30. | 76. | 0:22:17 (89.) | 0:43:26 | 04:20 | 0:43:33 |
| 83. | 1413 | Jankowski Krzysztof | Stęszew | AWF Poznań | 1994 | M20 | 33. | 77. | 0:22:14 (84.) | 0:43:28 | 04:20 | 0:43:35 |
| 84. | 854 | Zieliński Tomasz | Środa Wlkp | KB Aktywni Środa Wielkopolska | 1970 | M40 | 13. | 78. | 0:22:24 (93.) | 0:43:29 | 04:20 | 0:43:35 |
| 86. | 324 | Przybył Rafał | Piaski | | 1989 | M20 | 34. | 79. | 0:22:14 (80.) | 0:43:30 | 04:21 | 0:43:35 |
| 85. | 1552 | Ślebioda Agnieszka | Środa | KB Aktywni Środa Wielkopolska | 1985 | K30 | 3. | 7. | 0:22:25 (95.) | 0:43:30 | 04:21 | 0:43:36 |
| 87. | 481 | Leśniewski Tomasz | Poznań | Eskimoski | 1962 | M50 | 3. | 80. | 0:22:27 (96.) | 0:43:33 | 04:21 | 0:43:37 |
| 88. | 160 | Sznajder Maciej | Komorniki | KGB Grzmot Komorniki | 1972 | M40 | 14. | 81. | 0:22:19 (87.) | 0:43:35 | 04:21 | 0:43:39 |
| 89. | 1223 | Kozajda Damian | Owińska | JW1517 | 1985 | M30 | 31. | 82. | 0:21:57 (68.) | 0:43:35 | 04:21 | 0:43:48 |
| 90. | 702 | Pańczak Grzegorz | Pięczkowo | KP PSP Środa Wlkp. | 1977 | M30 | 32. | 83. | 0:22:25 (94.) | 0:43:36 | 04:21 | 0:43:42 |
| 91. | 1610 | Welter Przemysław | Szamotoły | | 1989 | M20 | 35. | 84. | 0:22:04 (74.) | 0:43:37 | 04:21 | 0:43:48 |
| 92. | 1436 | Jędrzejewski Kamil | Chodzież | | 1995 | M20 | 36. | 85. | 0:22:14 (82.) | 0:43:39 | 04:21 | 0:43:44 |
| 93. | 1619 | Nowakowski Maciej | Dąbrowka Leśna | | 1974 | M40 | 15. | 86. | 0:23:03 (168.) | 0:43:41 | 04:22 | 0:46:19 |
| 94. | 255 | Kowalczyk Rafał | Poznań | | 1988 | M20 | 37. | 87. | 0:21:56 (64.) | 0:43:43 | 04:22 | 0:43:51 |
| 95. | 41 | Draber Piotr | Poznań | | 1991 | M20 | 38. | 88. | 0:22:10 (75.) | 0:43:52 | 04:23 | 0:43:58 |
| 96. | 515 | Grzelka Aleksandra | Poznań | | 1986 | K20 | 4. | 8. | 0:22:21 (98.) | 0:43:53 | 04:23 | 0:44:04 |
| 97. | 102 | Roszak Daniel | Komorniki | KGB Grzmot Komorniki | 1978 | M30 | 33. | 89. | 0:22:29 (100.) | 0:43:58 | 04:23 | 0:44:02 |
| 99. | 76 | Jazikowski Paweł | Poznań | Poznań-Strzeszyn | 1972 | M40 | 17. | 91. | 0:22:45 (114.) | 0:44:00 | 04:24 | 0:44:16 |
| 98. | 787 | Miecznik Robert | Tulce | Klub Biegacza Kompania Piwowarska | 1970 | M40 | 16. | 90. | 0:22:17 (90.) | 0:44:00 | 04:24 | 0:44:09 |
| 100. | 1274 | Gielewski Robert | Powidz | 33 Baza Lotnictwa Transportowego | 1986 | M20 | 39. | 92. | 0:22:24 (92.) | 0:44:08 | 04:24 | 0:44:12 |
| 101. | 1222 | Sibiński Tomasz | Dąbrowka | STARZYNSKI.COACH | 1982 | M30 | 34. | 93. | 0:22:26 (103.) | 0:44:09 | 04:24 | 0:44:18 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|----------------|----------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 102. | 264 | Bakalarski Wiktor | Poznań | Piątkowo na Biegowo | 1986 | M20 | 40. | 94. | 0:22:41 (160.) | 0:44:11 | 04:25 | 0:46:34 |
| 103. | 768 | Niklaus Wojciech | Swarzędz | | 1987 | M20 | 41. | 95. | 0:23:27 (175.) | 0:44:11 | 04:25 | 0:46:38 |
| 104. | 951 | Wieczorkowski Władysław | Poznań | | 1956 | M50 | 4. | 96. | 0:22:27 (101.) | 0:44:15 | 04:25 | 0:44:22 |
| 105. | 950 | GRZĘDA Tomasz | Szydłowiec | Leniwce Team / 33 BLTr | 1978 | M30 | 35. | 97. | 0:22:13 (77.) | 0:44:23 | 04:26 | 0:44:27 |
| 106. | 67 | Mrugalski Dariusz | Poznań | | 1979 | M30 | 36. | 98. | 0:22:44 (109.) | 0:44:24 | 04:26 | 0:44:38 |
| 107. | 85 | Tomiak Dominik | Komorniki | KGB Grzmot Komorniki | 1980 | M30 | 37. | 99. | 0:22:29 (99.) | 0:44:24 | 04:26 | 0:44:28 |
| 108. | 6 | Szygenda Jarosław | Poznań | Maratończyk Poznań | 1972 | M40 | 18. | 100. | 0:22:53 (117.) | 0:44:25 | 04:26 | 0:44:35 |
| 109. | 886 | Jemczura Rafał | Dębno | Netto Grupa Biegowa 42.195 Dębno | 1991 | M20 | 42. | 101. | 0:23:06 (125.) | 0:44:26 | 04:26 | 0:44:39 |
| 110. | 1259 | Milczarek Daniel | Września | Biegnę żeby Bartek mógł biegać | 1979 | M30 | 38. | 102. | 0:23:12 (124.) | 0:44:27 | 04:26 | 0:44:33 |
| 111. | 55 | Szolek Bartosz | Śrem | | 1988 | M20 | 43. | 103. | 0:22:43 (106.) | 0:44:28 | 04:26 | 0:44:36 |
| 112. | 145 | Pokotycki Denis | Kostrzyn nad | Otomo STP / Programa.pl | 1990 | M20 | 44. | 104. | 0:22:14 (83.) | 0:44:32 | 04:27 | 0:44:38 |
| 113. | 100 | Mruczyk Jacek | Poznań | PierdołaTeam | 1992 | M20 | 45. | 105. | 0:22:24 (97.) | 0:44:33 | 04:27 | 0:44:41 |
| 114. | 1382 | Ciesiołka Kuba | Poznań | GB Wielkopolscy Biegacze | 1980 | M30 | 39. | 106. | 0:22:47 (107.) | 0:44:34 | 04:27 | 0:44:42 |
| 115. | 2229 | Kubiak Dawid | Poznań | ASICS FRONTRUNNER | 1982 | M30 | 40. | 107. | 0:23:10 (169.) | 0:44:36 | 04:27 | 0:47:08 |
| 116. | 440 | Sklepik Ryszard | Kiekrz | KIEKRZańscy Śmigacze | 1979 | M30 | 41. | 108. | 0:22:32 (105.) | 0:44:37 | 04:27 | 0:44:49 |
| 117. | 1000 | Kasprzak Jacek | Krotoszyn | KS KROTOSZ KROTOSZYN | 1981 | M30 | 42. | 109. | 0:22:44 (108.) | 0:44:37 | 04:27 | 0:44:49 |
| 118. | 406 | socha dawid | Poznan | Samochodowka | 1997 | M16 | 1. | 110. | 0:23:18 (441.) | 0:44:40 | 04:28 | 0:51:17 |
| 119. | 325 | Kwacz Krzysztof | Poznań | Night Runners | 1976 | M30 | 43. | 111. | 0:22:50 (113.) | 0:44:41 | 04:28 | 0:44:50 |
| 120. | 297 | Wujek Marcin | Gostyń | Dzikie Kuny | 1976 | M30 | 44. | 112. | 0:22:33 (104.) | 0:44:42 | 04:28 | 0:44:47 |
| 121. | 49 | Boiński Bartosz | Dobieżyn | | 1992 | M20 | 46. | 113. | 0:22:26 (102.) | 0:44:47 | 04:28 | 0:44:56 |
| 122. | 925 | Ćwiertnia Rafał | Sieraków | GB Wielkopolscy Biegacze | 1979 | M30 | 45. | 114. | 0:22:47 (111.) | 0:44:48 | 04:28 | 0:44:59 |
| 123. | 557 | Paszke Michał | Grodzisk Wilkp | | 1974 | M40 | 19. | 115. | 0:23:13 (170.) | 0:44:49 | 04:28 | 0:47:18 |
| 124. | 1442 | Tamas Mateusz | Poznań | LFC Spółdzielnia Poznań | 1990 | M20 | 47. | 116. | 0:23:08 (171.) | 0:44:51 | 04:29 | 0:47:27 |
| 125. | 665 | Małecki Jakub | Żnin | Pałuki Running Team | 1994 | M20 | 48. | 117. | 0:22:54 (116.) | 0:45:02 | 04:30 | 0:45:11 |
| 126. | 1500 | Sikora Dawid | Rakownia | green team rakownia | 1976 | M30 | 46. | 118. | 0:22:59 (119.) | 0:45:03 | 04:30 | 0:45:17 |
| 127. | 995 | Olszewski Kajetan M. | Kozięgłowy | | 1979 | M30 | 47. | 119. | 0:23:11 (165.) | 0:45:06 | 04:30 | 0:47:30 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|--------------|----------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 129. | 590 | Wojciechowski Tomasz | Swarzędz | FogtBikes | 1976 | M30 | 49. | 121. | 0:23:03 (121.) | 0:45:10 | 04:31 | 0:45:23 |
| 128. | 1220 | Jóźwiak Daniel | Poznań | | 1980 | M30 | 48. | 120. | 0:23:24 (173.) | 0:45:10 | 04:31 | 0:47:32 |
| 130. | 1415 | Stremich Patryk | Poznań | | 1989 | M20 | 49. | 122. | 0:22:48 (112.) | 0:45:10 | 04:31 | 0:45:21 |
| 132. | 561 | Przybylak Dorota | Swarzędz | | 1993 | K20 | 6. | 10. | 0:22:53 (110.) | 0:45:14 | 04:31 | 0:45:20 |
| 131. | 1058 | Peterek Anna | Poznań | BB RUNNERS | 1990 | K20 | 5. | 9. | 0:23:00 (118.) | 0:45:14 | 04:31 | 0:45:23 |
| 133. | 1599 | Zdanowski Dawid | Poznań | Sabbra Cadabra | 1991 | M20 | 50. | 123. | 0:23:48 (450.) | 0:45:15 | 04:31 | 0:51:37 |
| 135. | 622 | Gruchot Łukasz | Ostrów WLKP | Jeżyce Biegają | 1984 | M30 | 50. | 125. | 0:23:42 (184.) | 0:45:20 | 04:32 | 0:47:54 |
| 134. | 1119 | Antowski Tomasz | Poznań | Hernik Team | 1966 | M40 | 20. | 124. | 0:23:10 (164.) | 0:45:20 | 04:32 | 0:47:40 |
| 136. | 488 | Krysztofiak Tomasz | Obrzycko | | 1980 | M30 | 51. | 126. | 0:23:11 (417.) | 0:45:22 | 04:32 | 0:51:28 |
| 137. | 998 | Starosta Sławomir | Ostroróg | biegam bo lubię :) | 1973 | M40 | 21. | 127. | 0:23:13 (167.) | 0:45:23 | 04:32 | 0:47:49 |
| 138. | 1423 | Zbrozczyk Michał | Kamionki | FTI RACING TEAM | 1978 | M30 | 52. | 128. | 0:23:07 (122.) | 0:45:25 | 04:32 | 0:45:35 |
| 139. | 1139 | Olek Maciej | Konin | | 1989 | M20 | 51. | 129. | 0:23:04 (174.) | 0:45:31 | 04:33 | 0:48:18 |
| 140. | 1221 | Kacprzak Kamil | Śrem | | 1993 | M20 | 52. | 130. | 0:24:00 (144.) | 0:45:32 | 04:33 | 0:45:41 |
| 141. | 35 | Urbański Dariusz | Poznań | Friendly Run | 1985 | M30 | 53. | 131. | 0:23:20 (176.) | 0:45:39 | 04:33 | 0:48:14 |
| 142. | 640 | Świątek Agata | Opalenica | OSP OPALENICA | 1993 | K20 | 7. | 11. | 0:23:12 (127.) | 0:45:40 | 04:34 | 0:45:50 |
| 143. | 960 | Lewandowski Piotr | Jelenia Góra | | 1991 | M20 | 53. | 132. | 0:23:52 (783.) | 0:45:41 | 04:34 | 0:57:37 |
| 144. | 491 | Erdmann Artur | Dopiewo | | 1970 | M40 | 22. | 133. | 0:22:14 (76.) | 0:45:44 | 04:34 | 0:45:46 |
| 145. | 1366 | MARCINIAK JAROSŁAW | KOŹMINWLKP | KS KROTOSZ KROTOSZYN | 1976 | M30 | 54. | 134. | 0:23:13 (128.) | 0:45:46 | 04:34 | 0:45:58 |
| 146. | 122 | Kołaczowska-Szcześniak | POTASZE | | 1975 | K40 | 2. | 12. | 0:23:04 (120.) | 0:45:47 | 04:34 | 0:45:56 |
| 147. | 1440 | Kapciak Mateusz | kostrzyn | Walka Kostrzyn | 1990 | M20 | 54. | 135. | 0:25:26 (510.) | 0:45:49 | 04:34 | 0:52:00 |
| 148. | 1490 | Pniewski Daniel | Klecko | | 1979 | M30 | 55. | 136. | 0:24:07 (198.) | 0:45:49 | 04:34 | 0:48:19 |
| 149. | 1134 | Pściuk Hubert | Pniewy | AZS UP Poznań | 1991 | M20 | 55. | 137. | 0:24:28 (470.) | 0:45:50 | 04:35 | 0:52:08 |
| 150. | 564 | Gorynia Krzysztof | Poznań | | 1974 | M40 | 23. | 138. | 0:24:04 (189.) | 0:45:55 | 04:35 | 0:48:16 |
| 151. | 185 | Ratajczak Rajmund | Poznań | | 1962 | M50 | 5. | 139. | 0:22:56 (115.) | 0:45:56 | 04:35 | 0:46:02 |
| 152. | 575 | Olszok Przemysław | Lisów | | 1987 | M20 | 56. | 140. | 0:23:58 (147.) | 0:45:57 | 04:35 | 0:46:10 |
| 153. | 1185 | Dulat Piotr | KOMORNIKI | KGB Grzmot Komorniki | 1967 | M40 | 24. | 141. | 0:23:34 (177.) | 0:45:57 | 04:35 | 0:48:20 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|--------------|--------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 154. | 571 | Kaczmarek Ewa | Mieszkowice | Concordia Runners Team | 1989 | K20 | 8. | 13. | 0:23:18 (126.) | 0:45:58 | 04:35 | 0:46:01 |
| 155. | 1298 | Szpir Maciej | Poznań | KMP Poznań | 1984 | M30 | 56. | 142. | 0:24:01 (187.) | 0:45:58 | 04:35 | 0:48:18 |
| 156. | 648 | Kłosiński Mikołaj | Poznań | | 1991 | M20 | 57. | 143. | 0:23:44 (438.) | 0:46:01 | 04:36 | 0:52:05 |
| 158. | 164 | Majeryk Rafał | Poznań | | 1973 | M40 | 26. | 145. | 0:23:48 (141.) | 0:46:02 | 04:36 | 0:46:13 |
| 157. | 1092 | Latos Piotr | wałcz | Precon Polska-Jastrowie | 1966 | M40 | 25. | 144. | 0:24:04 (197.) | 0:46:02 | 04:36 | 0:48:31 |
| 159. | 51 | Geisler Marek | Poznań | POZNAŃ AIRPORT TEAM | 1959 | M50 | 6. | 146. | 0:23:14 (129.) | 0:46:07 | 04:36 | 0:46:19 |
| 161. | 3 | Rosa Jarosław | Poznań | Maratończyk Poznań | 1976 | M30 | 57. | 148. | 0:23:43 (135.) | 0:46:11 | 04:37 | 0:46:14 |
| 160. | 918 | Różański Eryk | Poznań | | 1987 | M20 | 58. | 147. | 0:24:03 (152.) | 0:46:11 | 04:37 | 0:46:25 |
| 162. | 1157 | Schramm Igor | Poznań | | 1992 | M20 | 59. | 149. | 0:24:45 (251.) | 0:46:11 | 04:37 | 0:48:44 |
| 164. | 464 | Ochocki Krzyszof | Krzyszkowo | | 1975 | M40 | 28. | 151. | 0:23:21 (131.) | 0:46:13 | 04:37 | 0:46:21 |
| 163. | 1417 | Wiatr Piotr | Przezmierowo | Siemens Healthcare | 1975 | M40 | 27. | 150. | 0:24:28 (292.) | 0:46:13 | 04:37 | 0:49:26 |
| 165. | 713 | Świtła Dominik | Biskupice | Pobiedziska Running Team | 1998 | M16 | 2. | 152. | 0:23:51 (183.) | 0:46:15 | 04:37 | 0:48:40 |
| 166. | 521 | Mikułan Mikołaj | Poznań | | 1987 | M20 | 60. | 153. | 0:23:33 (435.) | 0:46:20 | 04:38 | 0:52:32 |
| 167. | 1003 | Bednarczyk Tomasz | Trzcianka | | 1984 | M30 | 58. | 154. | 0:24:01 (192.) | 0:46:20 | 04:38 | 0:48:49 |
| 168. | 436 | salski jarosław | wronki | Wroniecki Klub Biegacza | 1986 | M20 | 61. | 155. | 0:23:36 (134.) | 0:46:22 | 04:38 | 0:46:32 |
| 169. | 915 | Andryszak Radek | Rąbczyn | Rąbczyn | 1974 | M40 | 29. | 156. | 0:23:25 (132.) | 0:46:27 | 04:38 | 0:46:37 |
| 170. | 496 | Pilc Maciej | Poznań | Dres i Laczki | 1979 | M30 | 59. | 157. | 0:23:42 (179.) | 0:46:28 | 04:38 | 0:48:48 |
| 171. | 1175 | Makowski Piotr | Poznań | KGB Grzmot Komorniki | 1972 | M40 | 30. | 158. | 0:23:56 (185.) | 0:46:31 | 04:39 | 0:48:53 |
| 172. | 1206 | Siwkowski Łukasz | Złtniki | | 1978 | M30 | 60. | 159. | 0:23:30 (133.) | 0:46:32 | 04:39 | 0:46:46 |
| 174. | 1018 | Szydłowski Grzegorz | Swarzędz | | 1958 | M50 | 7. | 161. | 0:23:50 (442.) | 0:46:34 | 04:39 | 0:52:39 |
| 173. | 2204 | Ziemniewski Paweł | KAŻMIERZ | | 1975 | M40 | 31. | 160. | 0:23:03 (161.) | 0:46:34 | 04:39 | 0:48:55 |
| 175. | 203 | Dolata Wojciech | Poznań | | 1993 | M20 | 62. | 162. | 0:25:11 (312.) | 0:46:39 | 04:39 | 0:49:18 |
| 176. | 1246 | Czesnakowicz Katarzyna | Jelenia Góra | | 1991 | K20 | 9. | 14. | 0:24:00 (146.) | 0:46:43 | 04:40 | 0:46:54 |
| 177. | 1261 | Paczkowski Rafał | Starzyny | | 1982 | M30 | 61. | 163. | 0:24:43 (253.) | 0:46:44 | 04:40 | 0:49:19 |
| 178. | 158 | Kamiński Mikołaj | Poznań | BRACHOLE | 1979 | M30 | 62. | 164. | 0:23:33 (178.) | 0:46:46 | 04:40 | 0:49:13 |
| 180. | 343 | Woźniak Przemysław | Poznań | TKD Szakal Jeżyce | 1975 | M40 | 33. | 166. | 0:23:50 (182.) | 0:46:47 | 04:40 | 0:49:12 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-------------|-----------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 179. | 1391 | Majewski Bartłomiej | Mrowino | Rokietnica Biega | 1974 | M40 | 32. | 165. | 0:23:44 (137.) | 0:46:47 | 04:40 | 0:46:59 |
| 181. | 1560 | Mielcarek Łukasz | Lutogńiew | | 1986 | M20 | 63. | 167. | 0:23:52 (142.) | 0:46:49 | 04:40 | 0:47:01 |
| 182. | 876 | Czajka Patryk | Kościelec | | 1992 | M20 | 64. | 168. | 0:23:19 (130.) | 0:46:51 | 04:41 | 0:46:59 |
| 183. | 540 | Gomol Tomasz | Bydgoszcz | MaltaSki | 1989 | M20 | 65. | 169. | 0:24:18 (466.) | 0:46:53 | 04:41 | 0:53:14 |
| 184. | 207 | Grzegorz Sebastian | Kościan | | 1976 | M30 | 63. | 170. | 0:24:17 (207.) | 0:46:56 | 04:41 | 0:49:26 |
| 186. | 1059 | Kóska Wojciech | Grodzisk | | 1993 | M20 | 67. | 172. | 0:24:25 (228.) | 0:46:58 | 04:41 | 0:49:33 |
| 185. | 1449 | Skowroński Arkadiusz | Poznań | | 1992 | M20 | 66. | 171. | 0:25:11 (282.) | 0:46:58 | 04:41 | 0:49:22 |
| 187. | 421 | MADALIŃSKI MARCIN | LESZNO | 4 pplot | 1982 | M30 | 64. | 173. | 0:24:52 (305.) | 0:47:01 | 04:42 | 0:49:54 |
| 188. | 1169 | Piotrowski Edwin | Tarnowo | | 1976 | M30 | 65. | 174. | 0:24:09 (194.) | 0:47:02 | 04:42 | 0:49:25 |
| 189. | 1360 | Pilarski Michał | Oborniki | DELTACC OBORNIKI | 1979 | M30 | 66. | 175. | 0:23:45 (180.) | 0:47:02 | 04:42 | 0:49:25 |
| 190. | 56 | Żak Łukasz | Poznań | | 1980 | M30 | 67. | 176. | 0:24:56 (266.) | 0:47:04 | 04:42 | 0:49:36 |
| 191. | 1068 | Licznierski Marek | Plewiska | | 1984 | M30 | 68. | 177. | 0:24:37 (249.) | 0:47:04 | 04:42 | 0:49:44 |
| 192. | 580 | Śmiłowicz Miłosz | Ostrów Wlkp | GPO | 1988 | M20 | 68. | 178. | 0:24:33 (254.) | 0:47:07 | 04:42 | 0:49:53 |
| 194. | 482 | Konecko Izabela | Sopot | Eskimoski | 1967 | K40 | 3. | 15. | 0:24:07 (154.) | 0:47:08 | 04:42 | 0:47:22 |
| 193. | 777 | Spychała Marek | Czapury | Klub Biegacza Kompania Piwowarska | 1973 | M40 | 34. | 179. | 0:24:44 (244.) | 0:47:08 | 04:42 | 0:49:38 |
| 195. | 103 | Osmański Damian | Poznań | Jeżyce Biegają | 1978 | M30 | 69. | 180. | 0:24:16 (206.) | 0:47:09 | 04:42 | 0:49:40 |
| 196. | 1458 | Kołach Sebastian | Poznań | | 1985 | M30 | 70. | 181. | 0:24:41 (246.) | 0:47:09 | 04:42 | 0:49:44 |
| 198. | 89 | Wengierek Maria | Poznań | | 1993 | K20 | 10. | 16. | 0:24:14 (205.) | 0:47:10 | 04:43 | 0:49:42 |
| 197. | 309 | Kańduła Grzegorz | Poznań | TKD Szakal Jeżyce | 1981 | M30 | 71. | 182. | 0:24:25 (229.) | 0:47:10 | 04:43 | 0:49:45 |
| 199. | 602 | Dworczak Filip | Września | | 1982 | M30 | 72. | 183. | 0:24:19 (213.) | 0:47:12 | 04:43 | 0:49:45 |
| 202. | 97 | Żukiewicz Krzysztof | Poznań | Run-log.com | 1973 | M40 | 35. | 185. | 0:23:46 (139.) | 0:47:14 | 04:43 | 0:47:25 |
| 201. | 1255 | Kaczmarek Weronika | Poznań | | 1994 | K20 | 11. | 17. | 0:24:11 (457.) | 0:47:14 | 04:43 | 0:53:25 |
| 200. | 1337 | DUDA PAWEŁ | POZNAŃ | Rokietnica Biega | 1983 | M30 | 73. | 184. | 0:24:33 (234.) | 0:47:14 | 04:43 | 0:49:44 |
| 203. | 1549 | Dembina Andrzej | Suchy las | X | 1962 | M50 | 8. | 186. | 0:24:11 (195.) | 0:47:14 | 04:43 | 0:49:35 |
| 204. | 279 | Gawron Paweł | Posada | niezrzeszony | 1961 | M50 | 9. | 187. | 0:24:04 (188.) | 0:47:16 | 04:43 | 0:49:35 |
| 205. | 441 | Ratka Mikołaj | Kaczory | Samochodowka | 1996 | M16 | 3. | 188. | 0:25:12 (275.) | 0:47:18 | 04:43 | 0:49:38 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|-------------|-------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 206. | 1103 | Andrys Łukasz | Grodzisk | Grodziski Klub Biegacza | 1988 | M20 | 69. | 189. | 0:24:22 (230.) | 0:47:18 | 04:43 | 0:49:56 |
| 207. | 907 | Kruczkowska Jowita | Poznań | Walka Kostrzyn | 1994 | K20 | 12. | 18. | 0:24:03 (151.) | 0:47:19 | 04:43 | 0:47:32 |
| 208. | 1340 | Lewandowski Aleksander | Konin | Poteflony | 1995 | M20 | 70. | 190. | 0:24:53 (255.) | 0:47:20 | 04:44 | 0:49:46 |
| 209. | 1327 | Markiewicz Filip | Międzychód | | 1983 | M30 | 74. | 191. | 0:23:44 (138.) | 0:47:21 | 04:44 | 0:47:34 |
| 210. | 36 | Męczykowski Ireneusz | Poznań | gRUNwald Team Poznań | 1980 | M30 | 75. | 192. | 0:24:48 (285.) | 0:47:23 | 04:44 | 0:50:10 |
| 211. | 1161 | Jandy Honorata | Szamotuły | KB Szamotuły | 1975 | K40 | 4. | 19. | 0:24:25 (212.) | 0:47:23 | 04:44 | 0:49:47 |
| 212. | 1225 | Zieliński-Wronka Darek | Swarzędz | | 1970 | M40 | 36. | 193. | 0:23:56 (143.) | 0:47:23 | 04:44 | 0:47:35 |
| 213. | 588 | Sadowska Justyna | Czaplinek | | 1992 | K20 | 13. | 20. | 0:25:08 (294.) | 0:47:24 | 04:44 | 0:49:57 |
| 214. | 92 | Nawrocki Marcin | Poznań | | 1986 | M20 | 71. | 194. | 0:24:52 (276.) | 0:47:25 | 04:44 | 0:50:06 |
| 215. | 529 | Deneko Paweł | Poznań | Piątkowo na Biegowo | 1987 | M20 | 72. | 195. | 0:24:35 (225.) | 0:47:28 | 04:44 | 0:49:52 |
| 216. | 400 | Parys Tomasz | Poznań | | 1982 | M30 | 76. | 196. | 0:24:32 (216.) | 0:47:31 | 04:45 | 0:49:51 |
| 218. | 1009 | Orpel Paweł | Golina | | 1966 | M40 | 37. | 198. | 0:24:33 (224.) | 0:47:31 | 04:45 | 0:49:55 |
| 217. | 1306 | namysł maciej | koźmin | Koźmin Biega | 1979 | M30 | 77. | 197. | 0:24:25 (208.) | 0:47:31 | 04:45 | 0:49:53 |
| 219. | 1386 | Łukaszewski Tomasz | Poznań | KB Maniac Poznań | 1959 | M50 | 10. | 199. | 0:24:24 (221.) | 0:47:33 | 04:45 | 0:50:04 |
| 220. | 514 | Kowanek Mateusz | Poznań | | 1987 | M20 | 73. | 200. | 0:23:44 (136.) | 0:47:34 | 04:45 | 0:47:45 |
| 221. | 219 | Budzyński Marek | Poznań | | 1981 | M30 | 78. | 201. | 0:24:27 (220.) | 0:47:36 | 04:45 | 0:50:03 |
| 222. | 664 | Grabowski Krzysztof | Poznań | | 1989 | M20 | 74. | 202. | 0:24:19 (200.) | 0:47:36 | 04:45 | 0:49:57 |
| 223. | 79 | Sobczak Szymon | Jarocin | Piątkowo na Biegowo | 1986 | M20 | 75. | 203. | 0:24:32 (223.) | 0:47:37 | 04:45 | 0:50:01 |
| 225. | 495 | FABISIAK Tomasz | Krosinko | PKO Bank Polski | 1973 | M40 | 38. | 205. | 0:23:46 (440.) | 0:47:37 | 04:45 | 0:53:43 |
| 224. | 499 | Skowroński Cezary | Skórzewo | | 1980 | M30 | 79. | 204. | 0:24:25 (211.) | 0:47:37 | 04:45 | 0:50:01 |
| 226. | 638 | TRZECIAK MARIANNA | POZNAN | SUMIN SUCHY LAS | 1993 | K20 | 14. | 21. | 0:24:21 (201.) | 0:47:40 | 04:46 | 0:49:59 |
| 228. | 471 | Przesławska Magdalena | Wągrowiec | ZaDyszka | 1979 | K30 | 4. | 22. | 0:24:14 (199.) | 0:47:46 | 04:46 | 0:50:10 |
| 227. | 1123 | Roszyk Przemek | Kozięgłowy | | 1974 | M40 | 39. | 206. | 0:25:17 (320.) | 0:47:46 | 04:46 | 0:50:27 |
| 229. | 1043 | Gięda Adam | Śrem | | 1971 | M40 | 40. | 207. | 0:24:03 (150.) | 0:47:47 | 04:46 | 0:47:59 |
| 231. | 726 | Kostka bogumił | Krotoszyn | KS KROTOSZ KROTOSZYN | 1980 | M30 | 80. | 209. | 0:25:01 (268.) | 0:47:48 | 04:46 | 0:50:15 |
| 230. | 1465 | Rapczyński Radosław | Krotoszyn | | 1973 | M40 | 41. | 208. | 0:25:01 (269.) | 0:47:48 | 04:46 | 0:50:15 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|----------------|--|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 232. | 466 | Dobkiewicz Krystian | Międzychód | | 1984 | M30 | 81. | 210. | 0:24:27 (235.) | 0:47:49 | 04:46 | 0:50:25 |
| 233. | 1586 | Frański Łukasz | Nowy Tomyśl | NKB CHYŻY NOWY TOMYŚL;DRUŻYNA | 1976 | M30 | 82. | 211. | 0:24:37 (222.) | 0:47:50 | 04:47 | 0:50:10 |
| 236. | 99 | Marcinkowska Anna | Komorniki | KGB Grzmot Komorniki | 1980 | K30 | 5. | 23. | 0:24:19 (202.) | 0:47:51 | 04:47 | 0:50:13 |
| 235. | 699 | Kowalski Zbigniew | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1959 | M50 | 11. | 213. | 0:24:06 (196.) | 0:47:51 | 04:47 | 0:50:17 |
| 234. | 2249 | Brojerski Bartosz | Poznań | | 1986 | M20 | 76. | 212. | 0:24:46 (637.) | 0:47:51 | 04:47 | 0:57:14 |
| 238. | 74 | Frąckowiak Adam | Poznań | Jeżyce Biegają | 1978 | M30 | 84. | 215. | 0:24:19 (209.) | 0:47:54 | 04:47 | 0:50:23 |
| 237. | 2241 | Marciniak Łukasz | Jarocin | | 1982 | M30 | 83. | 214. | 0:23:00 (162.) | 0:47:54 | 04:47 | 0:50:19 |
| 239. | 653 | Nowicka-Kotłarska Anita | Poznań | | 1986 | K20 | 15. | 24. | 0:23:14 (123.) | 0:47:58 | 04:47 | 0:48:03 |
| 240. | 229 | Soroka Paweł | Dąbrówka | | 1978 | M30 | 85. | 216. | 0:24:48 (272.) | 0:47:59 | 04:47 | 0:50:40 |
| 241. | 898 | Serafiniak Katarzyna | Krotoszyn | KS KROTOSZ KROTOSZYN | 1995 | K20 | 16. | 25. | 0:24:16 (204.) | 0:48:00 | 04:48 | 0:50:26 |
| 243. | 523 | Rojtek Waldemar | 100 | Biegający Wągrowiec | 1970 | M40 | 42. | 218. | 0:24:59 (293.) | 0:48:01 | 04:48 | 0:50:43 |
| 242. | 546 | Skakun Michał | Międzychód | PMI RUNNERS | 1998 | M16 | 4. | 217. | 0:24:38 (239.) | 0:48:01 | 04:48 | 0:50:31 |
| 244. | 1438 | GARCZYK GRZEGORZ | KOSTRZYN | Walka Kostrzyn | 1993 | M20 | 77. | 219. | 0:25:27 (509.) | 0:48:02 | 04:48 | 0:54:13 |
| 245. | 738 | Janek Łukasz | Kościan | | 1984 | M30 | 86. | 220. | 0:24:41 (261.) | 0:48:03 | 04:48 | 0:50:45 |
| 246. | 414 | Nika Rafał | Śrem | | 1988 | M20 | 78. | 221. | 0:24:10 (193.) | 0:48:04 | 04:48 | 0:50:24 |
| 247. | 1231 | Tomaszewski Krzysztof | Poznań | Piątkowo na Biegowo | 1982 | M30 | 87. | 222. | 0:24:30 (218.) | 0:48:06 | 04:48 | 0:50:30 |
| 248. | 895 | Furmańczyk Marek | Poznań | | 1986 | M20 | 79. | 223. | 0:25:07 (670.) | 0:48:08 | 04:48 | 0:57:38 |
| 250. | 123 | Szcześniak Robert | POTASZE | | 1965 | M50 | 12. | 225. | 0:24:36 (241.) | 0:48:10 | 04:49 | 0:50:47 |
| 249. | 910 | SKibiński Karol | Poznań | | 1981 | M30 | 88. | 224. | 0:25:10 (288.) | 0:48:10 | 04:49 | 0:50:38 |
| 251. | 1456 | PĘDZIŃSKI NORBERT | CZERWONAK | | 1973 | M40 | 43. | 226. | 0:25:11 (277.) | 0:48:10 | 04:49 | 0:50:33 |
| 254. | 71 | Warda Darek | Suchy Las | GB Wielkopolscy Biegacze | 1970 | M40 | 44. | 229. | 0:25:36 (318.) | 0:48:13 | 04:49 | 0:50:35 |
| 255. | 72 | Pakulska Magdalena | Poznań | Piątkowo na Biegowo | 1976 | K30 | 6. | 26. | 0:24:48 (243.) | 0:48:13 | 04:49 | 0:50:37 |
| 253. | 457 | Adamczak Maciej | Opalenica | Wojnowicka Setka | 1982 | M30 | 89. | 228. | 0:25:01 (280.) | 0:48:13 | 04:49 | 0:50:47 |
| 257. | 1091 | Augustyniak Bartłomiej | piła | Precon Polska-Jastrowie | 1987 | M20 | 82. | 231. | 0:24:33 (233.) | 0:48:13 | 04:49 | 0:50:43 |
| 256. | 1341 | Żabierek Bartosz | Konin | Poteflony | 1994 | M20 | 81. | 230. | 0:24:53 (256.) | 0:48:13 | 04:49 | 0:50:39 |
| 252. | 1437 | Markiewicz Maciej | Kostrzyn | Walka Kostrzyn | 1992 | M20 | 80. | 227. | 0:25:26 (511.) | 0:48:13 | 04:49 | 0:54:25 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------------|----------------|--|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 258. | 803 | Węglarski Bartosz | Poznań | Volkswagen Poznań | 1989 | M20 | 83. | 232. | 0:24:30 (237.) | 0:48:14 | 04:49 | 0:50:50 |
| 262. | 280 | Andrzejewska Agata | Poznań | | 1982 | K30 | 7. | 28. | 0:24:48 (502.) | 0:48:15 | 04:49 | 0:54:56 |
| 260. | 983 | Franaszczyk Marcin | Sieraków | | 1975 | M40 | 45. | 234. | 0:24:35 (258.) | 0:48:15 | 04:49 | 0:51:00 |
| 259. | 1163 | Kapciński Piotr | Poznań | OLB | 1984 | M30 | 90. | 233. | 0:24:29 (231.) | 0:48:15 | 04:49 | 0:50:47 |
| 261. | 1182 | Kaczmarek Anna | Swarzędz | | 1962 | K50 | 1. | 27. | 0:25:00 (309.) | 0:48:15 | 04:49 | 0:51:02 |
| 263. | 901 | Dykcik Witek | Poznań | | 1989 | M20 | 84. | 235. | 0:25:33 (344.) | 0:48:16 | 04:49 | 0:51:04 |
| 264. | 1328 | Serwa Mariusz | Poznań | ECOLibre | 1973 | M40 | 46. | 236. | 0:24:19 (210.) | 0:48:17 | 04:49 | 0:50:46 |
| 265. | 198 | Kucharski Sebastian | Kościan | | 1972 | M40 | 47. | 237. | 0:24:57 (271.) | 0:48:18 | 04:49 | 0:50:50 |
| 266. | 1080 | Łatuszew Katarzyna | Poznań | GB Wielkopolscy Biegacze | 1974 | K40 | 5. | 29. | 0:24:44 (250.) | 0:48:18 | 04:49 | 0:50:51 |
| 267. | 1612 | Jakubowski Rafał | Gostyń | | 1978 | M30 | 91. | 238. | 0:25:20 (512.) | 0:48:18 | 04:49 | 0:54:38 |
| 269. | 505 | Roszyk Krzysztof | Poznan | | 1978 | M30 | 92. | 240. | 0:24:12 (263.) | 0:48:19 | 04:49 | 0:51:32 |
| 268. | 1234 | Szlanga Łukasz | Baranowo | | 1975 | M40 | 48. | 239. | 0:25:06 (289.) | 0:48:19 | 04:49 | 0:50:51 |
| 270. | 1291 | Rudzenka-Nowak Galina | Poznań | | 1985 | K30 | 8. | 30. | 0:24:50 (265.) | 0:48:20 | 04:50 | 0:50:57 |
| 272. | 893 | Waś Marcin | Poznań | :D | 1983 | M30 | 94. | 242. | 0:24:57 (291.) | 0:48:23 | 04:50 | 0:51:05 |
| 271. | 1179 | Dopierała Adam | Śrem | TC PCP Runners | 1980 | M30 | 93. | 241. | 0:25:11 (304.) | 0:48:23 | 04:50 | 0:50:56 |
| 273. | 39 | Kostrzewski Krzysztof | Luboń | | 1980 | M30 | 95. | 243. | 0:24:33 (219.) | 0:48:24 | 04:50 | 0:50:45 |
| 274. | 95 | Harkiewicz Wiola | Poznań | Night Runners Poznań | 1987 | K20 | 17. | 31. | 0:24:43 (236.) | 0:48:26 | 04:50 | 0:50:48 |
| 275. | 448 | woźniak adam | poznań | Kibole w Biegu | 1983 | M30 | 96. | 244. | 0:24:45 (471.) | 0:48:26 | 04:50 | 0:54:29 |
| 276. | 562 | DEMBSKI WŁODZIMIERZ ŚRÓDKA | | MJDOP | 1973 | M40 | 49. | 245. | 0:24:54 (247.) | 0:48:27 | 04:50 | 0:50:49 |
| 277. | 1089 | Kośka Marek | Wałcz | Precon Polska-Jastrowie | 1984 | M30 | 97. | 246. | 0:24:38 (238.) | 0:48:28 | 04:50 | 0:50:57 |
| 278. | 866 | Łukasz Marcin | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1989 | M20 | 85. | 247. | 0:23:53 (140.) | 0:48:29 | 04:50 | 0:48:34 |
| 279. | 188 | Disterheft Łukasz | Kiszewo | DELTACC OBORNIKI | 1985 | M30 | 98. | 248. | 0:24:37 (227.) | 0:48:33 | 04:51 | 0:50:55 |
| 280. | 1202 | Pawlicki Tomasz | Suchy Las | | 1976 | M30 | 99. | 249. | 0:25:06 (302.) | 0:48:33 | 04:51 | 0:51:11 |
| 282. | 96 | Stefaniak-Wojciechowska | Poznań | | 1981 | K30 | 9. | 32. | 0:24:39 (226.) | 0:48:34 | 04:51 | 0:50:53 |
| 281. | 415 | Mikołajewicz Grzegorz | Poznań | | 1978 | M30 | 100. | 250. | 0:24:40 (262.) | 0:48:34 | 04:51 | 0:51:17 |
| 283. | 1052 | Kozłowski Sławek | Komorniki | Aperio | 1976 | M30 | 101. | 251. | 0:25:25 (335.) | 0:48:34 | 04:51 | 0:51:22 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|--------------|------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 284. | 1364 | Jasiewicz Łukasz | Poznań | | 1988 | M20 | 86. | 252. | 0:25:17 (491.) | 0:48:34 | 04:51 | 0:54:37 |
| 285. | 847 | Nowak Tomasz | Witkowo | Witkowo Biega | 1980 | M30 | 102. | 253. | 0:24:57 (267.) | 0:48:35 | 04:51 | 0:51:05 |
| 287. | 903 | Najderek Maciej | Poznań | Night Runners | 1982 | M30 | 103. | 255. | 0:24:44 (618.) | 0:48:35 | 04:51 | 0:57:38 |
| 286. | 1077 | Szyndel Jerzy | Szczecin | Drużyna Szpiku | 1988 | M20 | 87. | 254. | 0:23:45 (439.) | 0:48:35 | 04:51 | 0:54:42 |
| 288. | 1108 | Kaczmarek Piotr | Bolewice | Klub Biegacza Bolewice | 1992 | M20 | 88. | 256. | 0:23:53 (181.) | 0:48:35 | 04:51 | 0:50:55 |
| 289. | 1450 | Maryniak Michał | Poznan | | 1991 | M20 | 89. | 257. | 0:25:12 (284.) | 0:48:35 | 04:51 | 0:51:00 |
| 290. | 139 | Ficner Iwona | Stare Kurowo | | 1975 | K40 | 6. | 33. | 0:25:11 (311.) | 0:48:36 | 04:51 | 0:51:13 |
| 291. | 1336 | Myszkowski Daniel | Wieleń | Tarzani Wrzeszczyna | 1990 | M20 | 90. | 258. | () | 0:48:36 | 04:51 | 0:51:23 |
| 292. | 687 | Nawrot Piotr | Poznań | | 1976 | M30 | 104. | 259. | 0:25:13 (316.) | 0:48:41 | 04:52 | 0:51:23 |
| 293. | 412 | CZUBRYT Jacek | POZNAŃ | | 1974 | M40 | 50. | 260. | 0:25:38 (339.) | 0:48:42 | 04:52 | 0:51:19 |
| 294. | 1629 | Doman Mateusz | Baranowo | | 1987 | M20 | 91. | 261. | 0:24:46 (475.) | 0:48:42 | 04:52 | 0:54:51 |
| 297. | 130 | Bartkowiak Tomasz | Wągrowiec | Biegający Wągrowiec | 1986 | M20 | 93. | 264. | 0:25:15 (307.) | 0:48:43 | 04:52 | 0:51:14 |
| 295. | 1293 | Karolak Grzegorz | Poznań | | 1968 | M40 | 51. | 262. | 0:24:28 (155.) | 0:48:43 | 04:52 | 0:48:50 |
| 296. | 1295 | Żebrowski Damian | Poznań | | 1994 | M20 | 92. | 263. | 0:25:03 (499.) | 0:48:43 | 04:52 | 0:55:03 |
| 301. | 90 | Hałas Szymon | Poznań | Friendly Run | 1985 | M30 | 106. | 268. | 0:25:34 (332.) | 0:48:44 | 04:52 | 0:51:20 |
| 300. | 418 | Kaletka Dariusz | Trzcianka | | 1960 | M50 | 13. | 267. | 0:25:05 (286.) | 0:48:44 | 04:52 | 0:51:15 |
| 298. | 888 | Słaby Tomasz | Poznań | | 1969 | M40 | 52. | 265. | 0:24:59 (274.) | 0:48:44 | 04:52 | 0:51:17 |
| 299. | 936 | Bajer Michał | Poznań | | 1979 | M30 | 105. | 266. | 0:26:52 (584.) | 0:48:44 | 04:52 | 0:55:09 |
| 303. | 833 | Przyborowski Mieczysław | Poznań | REMET TEAM | 1959 | M50 | 14. | 270. | 0:25:13 (317.) | 0:48:45 | 04:52 | 0:51:27 |
| 302. | 859 | Matusiak Jarek | Poznań | | 1975 | M40 | 53. | 269. | 0:24:50 (245.) | 0:48:45 | 04:52 | 0:51:10 |
| 304. | 913 | Sioma Konrad | Rokietnica | | 1983 | M30 | 107. | 271. | 0:25:15 (503.) | 0:48:45 | 04:52 | 0:55:01 |
| 306. | 839 | Mazur Dariusz | Poznań | vulcaneria 67 | 1967 | M40 | 55. | 273. | 0:24:43 (478.) | 0:48:46 | 04:52 | 0:55:02 |
| 305. | 1362 | Bujny Jędrzej | Suchy Las | | 1975 | M40 | 54. | 272. | 0:24:27 (217.) | 0:48:46 | 04:52 | 0:51:12 |
| 307. | 864 | Chamera Sebastian | Komorniki | | 1994 | M20 | 94. | 274. | 0:25:22 (730.) | 0:48:48 | 04:52 | 0:58:36 |
| 308. | 1392 | Maćkowiak Mateusz | Poznań | | 1988 | M20 | 95. | 275. | 0:24:29 (215.) | 0:48:49 | 04:52 | 0:51:12 |
| 309. | 714 | Jankowski Dariusz | Żnin | Pałuki Running Team | 1988 | M20 | 96. | 276. | 0:25:15 (314.) | 0:48:50 | 04:53 | 0:51:26 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|----------------|-----------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 311. | 990 | SZAFRAN KRZYSZTOF | KOMORNIKI | | 1981 | M30 | 108. | 278. | 0:25:10 (313.) | 0:48:50 | 04:53 | 0:51:31 |
| 310. | 1197 | Rosiak Sławomir | Środa wlkp | | 1970 | M40 | 56. | 277. | 0:24:53 (264.) | 0:48:50 | 04:53 | 0:51:24 |
| 313. | 268 | Rajch Leszek | Września | | 1982 | M30 | 110. | 280. | 0:25:04 (281.) | 0:48:51 | 04:53 | 0:51:22 |
| 312. | 782 | Biedermann Łukasz | Paczkowo | Klub Biegacza Kompania Piwowarska | 1978 | M30 | 109. | 279. | 0:24:53 (259.) | 0:48:51 | 04:53 | 0:51:20 |
| 314. | 1425 | Węgrzynek Anna | Poznań | | 1984 | K30 | 10. | 34. | 0:24:56 (260.) | 0:48:51 | 04:53 | 0:51:18 |
| 316. | 345 | Plewa Łukasz | Swarzedz | | 1978 | M30 | 112. | 282. | 0:25:20 (506.) | 0:48:52 | 04:53 | 0:55:05 |
| 315. | 475 | Pierzchlewicz Krzysztof | Poznań | | 1981 | M30 | 111. | 281. | 0:25:57 (368.) | 0:48:52 | 04:53 | 0:51:40 |
| 317. | 926 | Kowalewski Dariusz | Świnoujście | | 1964 | M50 | 15. | 283. | 0:25:40 (348.) | 0:48:52 | 04:53 | 0:51:35 |
| 318. | 1275 | Jańczyk Marcin | Kórnik | | 1979 | M30 | 113. | 284. | 0:24:45 (248.) | 0:48:52 | 04:53 | 0:51:24 |
| 319. | 896 | Knop Patrycja | Nowy Tomyśl | | 1988 | K20 | 18. | 35. | 0:25:33 (343.) | 0:48:53 | 04:53 | 0:51:41 |
| 320. | 614 | Filipowski Zenon | Wschowa | SCIM | 1973 | M40 | 57. | 285. | 0:24:00 (145.) | 0:48:54 | 04:53 | 0:49:05 |
| 321. | 1439 | Walerczyk Piotr | Poznań | | 1976 | M30 | 114. | 286. | 0:25:09 (656.) | 0:48:54 | 04:53 | 0:58:13 |
| 323. | 410 | Skwarek Karolina | śrem | gpd | 1988 | K20 | 19. | 36. | 0:25:22 (330.) | 0:48:57 | 04:53 | 0:51:42 |
| 322. | 513 | Twardowski Przemysław | Koziegłowy | | 1977 | M30 | 115. | 287. | 0:25:14 (487.) | 0:48:57 | 04:53 | 0:55:01 |
| 324. | 395 | Michałowski Mirosław | Śrem | Skwarki Team | 1985 | M30 | 116. | 288. | 0:25:23 (329.) | 0:48:58 | 04:53 | 0:51:42 |
| 325. | 218 | Rozwadowski Robert | Suchy Las | Drużyna Szpiku | 1975 | M40 | 58. | 289. | 0:24:40 (469.) | 0:48:59 | 04:53 | 0:55:05 |
| 326. | 7 | Marszałkiewicz Błażej | Koziegłowy | Maratończyk Poznań | 1996 | M16 | 5. | 290. | 0:25:15 (303.) | 0:49:01 | 04:54 | 0:51:30 |
| 327. | 1625 | Nowak Agata | Poznań | | 1983 | K30 | 11. | 37. | 0:25:16 (283.) | 0:49:02 | 04:54 | 0:51:22 |
| 328. | 80 | Nowakowski Robert | Poznań | Grupa Krotoski-Cichy | 1973 | M40 | 59. | 291. | 0:25:45 (376.) | 0:49:03 | 04:54 | 0:52:06 |
| 329. | 318 | Połka Błażej | Zbąszyń | | 1988 | M20 | 97. | 292. | 0:25:35 (331.) | 0:49:06 | 04:54 | 0:51:40 |
| 330. | 291 | Pertek Maciej | Czarnków | | 1984 | M30 | 117. | 293. | 0:25:53 (364.) | 0:49:08 | 04:54 | 0:51:56 |
| 331. | 1087 | Błachowiak Jakub | Murowana | | 1996 | M16 | 6. | 294. | 0:25:09 (648.) | 0:49:08 | 04:54 | 0:58:19 |
| 333. | 685 | Nowak Michał | Nowy Tomyśl | Night Runners | 1989 | M20 | 99. | 296. | 0:25:32 (518.) | 0:49:09 | 04:54 | 0:55:22 |
| 332. | 2231 | Olejniczak Filip | Opatówek | | 1988 | M20 | 98. | 295. | 0:25:07 (878.) | 0:49:09 | 04:54 | 1:01:14 |
| 334. | 593 | Stępień Magdalena | Grodzisk Wlkp. | Grodziski Klub Biegacza | 1987 | K20 | 20. | 38. | 0:25:28 (519.) | 0:49:10 | 04:55 | 0:55:31 |
| 336. | 143 | Nowak Dariusz | Międzychód | KB Międzychód | 1973 | M40 | 60. | 298. | 0:25:15 (301.) | 0:49:11 | 04:55 | 0:51:39 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|----------------|--------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 337. | 530 | Matysiak Rafał | Sieraków | | 1972 | M40 | 61. | 299. | 0:25:15 (300.) | 0:49:11 | 04:55 | 0:51:39 |
| 335. | 700 | Roos Maciej | Swarzędz | Roikowo | 1984 | M30 | 118. | 297. | 0:25:03 (273.) | 0:49:11 | 04:55 | 0:51:38 |
| 338. | 2248 | Flejszman Marek | Poznań | | 1972 | M40 | 62. | 300. | 0:25:25 (515.) | 0:49:12 | 04:55 | 0:55:27 |
| 339. | 1553 | jachnik lukasz | śrem | | 1980 | M30 | 119. | 301. | 0:25:29 (325.) | 0:49:13 | 04:55 | 0:51:46 |
| 340. | 68 | Kolanowski Mikołaj | Międzychód | PMI RUNNERS | 1983 | M30 | 120. | 302. | 0:24:01 (149.) | 0:49:14 | 04:55 | 0:49:28 |
| 342. | 930 | Sypniewski Jan | Lędyczek | | 1989 | M20 | 100. | 304. | 0:25:43 (521.) | 0:49:15 | 04:55 | 0:55:23 |
| 341. | 1344 | cichy andrzej | leszno | | 1968 | M40 | 63. | 303. | 0:24:54 (257.) | 0:49:15 | 04:55 | 0:51:41 |
| 344. | 1409 | Jowsa Paweł | Poznań | Trained by Goku | 1992 | M20 | 101. | 306. | 0:25:23 (319.) | 0:49:16 | 04:55 | 0:51:51 |
| 343. | 1506 | Kaczmarek Piotr | Poznań | Jeżyce Biegają | 1984 | M30 | 121. | 305. | 0:25:28 (326.) | 0:49:16 | 04:55 | 0:51:50 |
| 345. | 1520 | Nowacki Bartosz | Poznań | Drużyna Rezerwistów | 1988 | M20 | 102. | 307. | 0:25:17 (504.) | 0:49:17 | 04:55 | 0:55:31 |
| 346. | 1076 | Mikołajczyk Michał | Poznań | Sabbra Cadabra | 1984 | M30 | 122. | 308. | 0:24:58 (494.) | 0:49:21 | 04:56 | 0:55:45 |
| 347. | 1155 | Zajac Krystian | Poznań | | 1988 | M20 | 103. | 309. | 0:26:00 (732.) | 0:49:22 | 04:56 | 0:58:33 |
| 349. | 1158 | Jach Krystian | Wronki | 69 | 1984 | M30 | 123. | 311. | 0:25:03 (486.) | 0:49:22 | 04:56 | 0:55:36 |
| 348. | 1394 | Miłowski Michał | Komorniki | ŚWIAT BIEGACZA FEHLAU RUN TEAM | 1975 | M40 | 64. | 310. | 0:24:46 (159.) | 0:49:22 | 04:56 | 0:49:35 |
| 350. | 921 | Stachowiak Agnieszka | Swarzędz | | 1975 | K40 | 7. | 39. | 0:24:52 (242.) | 0:49:24 | 04:56 | 0:51:45 |
| 351. | 1118 | Kocurek Emil | Lusówko | WUEF Club: Poziom Wyżej | 1996 | M16 | 7. | 312. | 0:25:23 (310.) | 0:49:25 | 04:56 | 0:51:50 |
| 352. | 674 | Kłosiński Jarosław | Poznań | | 1961 | M50 | 16. | 313. | 0:24:57 (480.) | 0:49:27 | 04:56 | 0:55:31 |
| 353. | 812 | WOŹNIAK KUBA | Komorniki | HUZARIA | 1982 | M30 | 124. | 314. | 0:26:07 (360.) | 0:49:28 | 04:56 | 0:51:57 |
| 354. | 974 | Kaczmarek Adam | Golina | | 1985 | M30 | 125. | 315. | 0:25:07 (278.) | 0:49:28 | 04:56 | 0:51:55 |
| 356. | 452 | Bakalarek Szymon | Grodzisk Wlkp. | brak klubu | 1986 | M20 | 104. | 317. | 0:24:52 (270.) | 0:49:29 | 04:56 | 0:52:06 |
| 355. | 883 | Habersack Marek | Poznań | | 1973 | M40 | 65. | 316. | 0:25:11 (493.) | 0:49:29 | 04:56 | 0:55:40 |
| 358. | 202 | Rogoziński Tomasz | Pyzdry | Bukowski Klub Biegacza | 1974 | M40 | 66. | 319. | 0:26:19 (550.) | 0:49:30 | 04:57 | 0:55:37 |
| 357. | 1154 | Jaskuła Filip | Skórzewo | | 1977 | M30 | 126. | 318. | 0:26:05 (397.) | 0:49:30 | 04:57 | 0:52:19 |
| 360. | 1008 | Friebe Kinga | Golina | | 1990 | K20 | 21. | 40. | 0:25:12 (279.) | 0:49:31 | 04:57 | 0:51:54 |
| 359. | 1611 | Konieczek Krzysztof | Wolsztyn | | 1986 | M20 | 105. | 320. | 0:26:01 (378.) | 0:49:31 | 04:57 | 0:52:19 |
| 361. | 93 | Walaszczyk Anna | Gniezno | | 1994 | K20 | 22. | 41. | 0:25:57 (554.) | 0:49:33 | 04:57 | 0:56:05 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|-------------|-------------|----------------------|-------------|-----------------------------------|-----------|-----|------------|------------|----------------|----------------|-----------------|----------------|
| 362. | 624 | Nowak Maciej | Czerwonak | Lonely Boy | 1970 | M40 | 67. | 321. | 0:25:33 (523.) | 0:49:34 | 04:57 | 0:55:54 |
| 363. | 1431 | Bilski Tomasz | Nekla | Active Nekla | 1975 | M40 | 68. | 322. | 0:25:39 (345.) | 0:49:34 | 04:57 | 0:52:18 |
| 364. | 651 | Adamski Michał | Poznań | | 1989 | M20 | 106. | 323. | 0:26:03 (374.) | 0:49:37 | 04:57 | 0:52:22 |
| 365. | 1491 | Marchwicki Maciej | Kalisz | | 1998 | M16 | 8. | 324. | 0:26:44 (596.) | 0:49:37 | 04:57 | 0:56:19 |
| 366. | 516 | Szczurowski Marcin | Plewiska | THE CHAMPIONS | 1984 | M30 | 127. | 325. | 0:25:02 (649.) | 0:49:38 | 04:57 | 0:58:58 |
| 368. | 338 | Siołek Michał | Śrem | TC/PCP RUNNERS | 1984 | M30 | 129. | 327. | 0:25:18 (315.) | 0:49:39 | 04:57 | 0:52:12 |
| 367. | 2247 | Lis Szymon | Poznań | | 1982 | M30 | 128. | 326. | 0:25:42 (525.) | 0:49:39 | 04:57 | 0:55:53 |
| 369. | 739 | Nowak Mateusz | Swarzędz | | 1979 | M30 | 130. | 328. | 0:25:44 (542.) | 0:49:40 | 04:58 | 0:56:16 |
| 370. | 1435 | Góralczyk Andrzej | Koziegłowy | | 1960 | M50 | 17. | 329. | 0:26:11 (190.) | 0:49:41 | 04:58 | 0:49:56 |
| 371. | 1047 | Giełda Zbigniew | Śrem | | 1971 | M40 | 69. | 330. | 0:24:43 (157.) | 0:49:44 | 04:58 | 0:49:56 |
| 372. | 1303 | Studziński Jacek | Poznań | Klub Biegacza Kompania Piwowarska | 1979 | M30 | 131. | 331. | 0:24:50 (240.) | 0:49:45 | 04:58 | 0:52:07 |
| 374. | 746 | Ratajczak dariusz | dolsk | Night Runners | 1972 | M40 | 70. | 332. | 0:25:18 (306.) | 0:49:46 | 04:58 | 0:52:13 |
| 373. | 1468 | Weychan Marianna | Kiekrz | | 1987 | K20 | 23. | 42. | 0:26:14 (400.) | 0:49:46 | 04:58 | 0:52:29 |
| 375. | 453 | Plóta Łukasz | Poznań | | 1989 | M20 | 107. | 333. | 0:25:19 (295.) | 0:49:47 | 04:58 | 0:52:10 |
| 376. | 750 | KRAJEWSKI Robert | Poznań | 31. Baza Lotnictwa Taktycznego | 1979 | M30 | 132. | 334. | 0:25:31 (522.) | 0:49:47 | 04:58 | 0:56:07 |
| 377. | 616 | Bruss Krzysztof | Zalasewo | Drużyna Szpiku | 1971 | M40 | 71. | 335. | 0:25:51 (731.) | 0:49:48 | 04:58 | 0:59:07 |
| 378. | 1081 | Olejniki Michał | Konorniki | | 1979 | M30 | 133. | 336. | 0:25:32 (337.) | 0:49:48 | 04:58 | 0:52:28 |
| 379. | 503 | Horowski Bartosz | Poznań | | 1977 | M30 | 134. | 337. | 0:26:08 (963.) | 0:49:50 | 04:59 | 1:02:18 |
| 380. | 982 | Wieczorek Jarosław | Trzcianka | | 1976 | M30 | 135. | 338. | 0:25:12 (299.) | 0:49:51 | 04:59 | 0:52:21 |
| 382. | 846 | Kopiecka Małgorzata | Slubice | Crossfit 69100 | 1981 | K30 | 12. | 43. | 0:26:09 (365.) | 0:49:52 | 04:59 | 0:52:24 |
| 381. | 849 | Möller Denny | Müllrose | Crossfit 69100 | 1981 | M30 | 136. | 339. | 0:26:09 (363.) | 0:49:52 | 04:59 | 0:52:24 |
| 383. | 195 | Jarczyński Sławomir | Rokietnica | | 1965 | M50 | 18. | 340. | 0:25:45 (544.) | 0:49:53 | 04:59 | 0:56:29 |
| 384. | 1074 | Kuryłowicz Bartosz | Poznań | | 1986 | M20 | 108. | 341. | 0:24:37 (156.) | 0:49:53 | 04:59 | 0:50:07 |
| 385. | 810 | Frąckowiak Magdalena | GŁOGÓW | | 1989 | K20 | 24. | 44. | 0:25:33 (323.) | 0:49:55 | 04:59 | 0:52:22 |
| 386. | 1396 | Majda Tomasz | Poznań | | 1987 | M20 | 109. | 342. | 0:25:16 (287.) | 0:49:55 | 04:59 | 0:52:16 |
| 387. | 1374 | Starczyński Tomasz | Gowarzewo | JTeaM2 | 1979 | M30 | 137. | 343. | 0:26:45 (802.) | 0:49:56 | 04:59 | 0:59:09 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------------|-----------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 390. | 298 | Marchwicki Arkadiusz | Poznań | | 1981 | M30 | 139. | 346. | 0:26:45 (597.) | 0:49:57 | 04:59 | 0:56:39 |
| 388. | 1317 | Olejniczak Damian | Poznań | SPP Team | 1981 | M30 | 138. | 344. | 0:26:07 (359.) | 0:49:57 | 04:59 | 0:52:26 |
| 389. | 1620 | Tierling Adam | Poznań | | 1989 | M20 | 110. | 345. | 0:25:56 (740.) | 0:49:57 | 04:59 | 0:59:19 |
| 391. | 1159 | Cukier Karol | Poznań | | 1992 | M20 | 111. | 347. | 0:25:22 (324.) | 0:49:58 | 04:59 | 0:52:36 |
| 392. | 1564 | Adamczyk Robert | Wałcz | Runners of Wałcz | 1974 | M40 | 72. | 348. | 0:25:16 (298.) | 0:49:58 | 04:59 | 0:52:25 |
| 393. | 657 | Tyliński Krzysztof | Poznań | | 1973 | M40 | 73. | 349. | 0:25:42 (350.) | 0:50:00 | 05:00 | 0:52:43 |
| 394. | 1053 | Kasprowiak Patryk | Rakoniewice | | 1996 | M16 | 9. | 350. | 0:25:39 (333.) | 0:50:02 | 05:00 | 0:52:35 |
| 395. | 1563 | Kozak Wojciech | Słubice | | 1989 | M20 | 112. | 351. | 0:25:10 (508.) | 0:50:02 | 05:00 | 0:56:30 |
| 396. | 1184 | Ziębaczewski Jacek | Radomsko | | 1989 | M20 | 113. | 352. | 0:26:34 (414.) | 0:50:03 | 05:00 | 0:52:45 |
| 397. | 744 | Kacprowska Małgorzata | Kłecko | | 1984 | K30 | 13. | 45. | 0:25:22 (297.) | 0:50:06 | 05:00 | 0:52:26 |
| 398. | 40 | Domagalski Adam | Poznań | | 1978 | M30 | 140. | 353. | 0:26:12 (375.) | 0:50:08 | 05:00 | 0:52:44 |
| 399. | 1033 | Lewandowski Paweł | Poznań | | 1979 | M30 | 141. | 354. | 0:25:38 (351.) | 0:50:09 | 05:00 | 0:52:57 |
| 400. | 1346 | Kapcińska Małgorzata | Lusówko | | 1973 | K40 | 8. | 46. | 0:26:10 (380.) | 0:50:10 | 05:01 | 0:52:50 |
| 401. | 1290 | Miękus Sebastian | Jarocin | | 1990 | M20 | 114. | 355. | 0:25:20 (496.) | 0:50:11 | 05:01 | 0:56:14 |
| 402. | 650 | Kaczmarek Przemysław | Wolsztyn | Torpeda Czempień | 1989 | M20 | 115. | 356. | 0:26:12 (373.) | 0:50:12 | 05:01 | 0:52:48 |
| 403. | 652 | Kaptur Wojciech | Czempień | Torpeda Czempień | 1963 | M50 | 19. | 357. | 0:26:12 (372.) | 0:50:13 | 05:01 | 0:52:49 |
| 404. | 1216 | Lewandowski Marek | Zbąszyń | TKKF ŁABĘDŹ ZBĄSZYŃ-KOLEJE | 1972 | M40 | 74. | 358. | 0:25:47 (353.) | 0:50:17 | 05:01 | 0:52:59 |
| 405. | 1495 | Jabłoński Adrian | Nakło nad Notecią | | 1984 | M30 | 142. | 359. | 0:25:44 (529.) | 0:50:22 | 05:02 | 0:56:40 |
| 406. | 781 | Ławrynkiewicz Tomasz | Poznań | Klub Biegacza Kompania Piwowarska | 1983 | M30 | 143. | 360. | 0:25:14 (290.) | 0:50:23 | 05:02 | 0:52:47 |
| 408. | 1046 | Cwojdzińska Dagmara | Pamiętkowo | Biegi.wlkp | 1988 | K20 | 25. | 47. | 0:26:16 (399.) | 0:50:24 | 05:02 | 0:53:05 |
| 407. | 1407 | Walczak Krzysztof | Poznań | Night Runners | 1977 | M30 | 144. | 361. | 0:25:14 (296.) | 0:50:24 | 05:02 | 0:52:52 |
| 409. | 33 | JANICKA DOBROCHNA | POZNAŃ | Friendly Run | 1984 | K30 | 14. | 48. | 0:26:10 (406.) | 0:50:25 | 05:02 | 0:53:15 |
| 412. | 737 | Kobyłka Witold | Poznań | | 1991 | M20 | 116. | 364. | 0:26:10 (357.) | 0:50:25 | 05:02 | 0:52:50 |
| 410. | 1263 | Foksowicz Wojciech | Poznań | | 1979 | M30 | 145. | 362. | 0:26:23 (412.) | 0:50:25 | 05:02 | 0:53:09 |
| 411. | 1321 | Sobkowiak Radosław | Tarnowo | | 1983 | M30 | 146. | 363. | 0:25:34 (517.) | 0:50:25 | 05:02 | 0:56:35 |
| 415. | 709 | Kryś Aleksandra | Opalenica | Opalenica24.info | 1992 | K20 | 26. | 49. | 0:25:37 (354.) | 0:50:27 | 05:02 | 0:53:20 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|---------------|-------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 414. | 813 | Szymkowski Aleksander | Poznań | | 1979 | M30 | 148. | 366. | 0:26:09 (535.) | 0:50:27 | 05:02 | 0:56:31 |
| 413. | 1401 | Korzeniewski Jakub | Krosno | | 1977 | M30 | 147. | 365. | 0:25:22 (308.) | 0:50:27 | 05:02 | 0:52:50 |
| 416. | 138 | Ziejewska Agnieszka | Stare Kurowo | | 1979 | K30 | 15. | 50. | 0:26:09 (369.) | 0:50:28 | 05:02 | 0:53:06 |
| 417. | 734 | Mila Magdalena | Swarzędz | | 1992 | K20 | 27. | 51. | 0:26:12 (361.) | 0:50:29 | 05:02 | 0:52:54 |
| 418. | 1592 | Kozłowski Paweł | Kiekrz | | 1979 | M30 | 149. | 367. | 0:25:41 (347.) | 0:50:31 | 05:03 | 0:53:12 |
| 419. | 171 | Żurawski Mariusz | Koło | | 1973 | M40 | 75. | 368. | 0:26:10 (398.) | 0:50:33 | 05:03 | 0:53:18 |
| 420. | 979 | Kruszona Dominik | Kórnik | | 1987 | M20 | 117. | 369. | 0:25:59 (947.) | 0:50:34 | 05:03 | 1:02:46 |
| 421. | 1429 | Schaefer Artur | Poznań | Castle Nieruchomości | 1969 | M40 | 76. | 370. | 0:26:06 (727.) | 0:50:35 | 05:03 | 0:59:39 |
| 422. | 1060 | chudzicki zbigniew | kowanówko | Kuna Kowanówko | 1974 | M40 | 77. | 371. | () | 0:50:36 | 05:03 | 0:53:05 |
| 424. | 988 | Ludwik Andrzej | Sztum | LKS ZANTYR SZTUM | 1962 | M50 | 20. | 373. | 0:26:06 (370.) | 0:50:40 | 05:04 | 0:53:21 |
| 423. | 989 | Ludwik Bartosz | Sztum | LKS ZANTYR SZTUM | 1992 | M20 | 118. | 372. | 0:26:06 (371.) | 0:50:40 | 05:04 | 0:53:20 |
| 425. | 1517 | Nowak Jolanta | Kostrzyn Wlkp | | 1978 | K30 | 16. | 52. | 0:25:53 (528.) | 0:50:41 | 05:04 | 0:56:46 |
| 426. | 629 | Kudła Krystian | Poznań | | 1989 | M20 | 119. | 374. | 0:26:17 (556.) | 0:50:43 | 05:04 | 0:56:58 |
| 427. | 254 | Stupak Piotr | Poznań | | 1983 | M30 | 150. | 375. | 0:25:49 (342.) | 0:50:44 | 05:04 | 0:53:16 |
| 429. | 94 | Kempiński Paweł | Poznań | Parkrun Poznań | 1971 | M40 | 79. | 377. | 0:26:18 (552.) | 0:50:46 | 05:04 | 0:56:55 |
| 428. | 766 | Frątczak Filip | 838 | Teatr Nowy Poznań | 1974 | M40 | 78. | 376. | 0:26:00 (366.) | 0:50:46 | 05:04 | 0:53:28 |
| 430. | 558 | Skakun Marcin | Międzychód | PMI RUNNERS | 1998 | M16 | 10. | 378. | 0:26:09 (362.) | 0:50:47 | 05:04 | 0:53:16 |
| 432. | 1519 | Nowacki Przemysław | Swarzędz | Drużyna Rezerwistów | 1984 | M30 | 152. | 380. | 0:25:18 (505.) | 0:50:47 | 05:04 | 0:57:02 |
| 431. | 2219 | Szczubrzewski Tomasz | Plewiska | | 1981 | M30 | 151. | 379. | 0:25:46 (532.) | 0:50:47 | 05:04 | 0:57:11 |
| 433. | 245 | Frankowski Bartosz | Poznań | | 1986 | M20 | 120. | 381. | 0:26:06 (766.) | 0:50:49 | 05:04 | 1:00:21 |
| 434. | 276 | Gaszczyński Roman | Poznań | | 1946 | M60 | 1. | 382. | 0:26:25 (773.) | 0:50:49 | 05:04 | 1:00:04 |
| 435. | 566 | Ciesielska Marta | Suchy Las | | 1981 | K30 | 17. | 53. | 0:26:27 (390.) | 0:50:50 | 05:05 | 0:53:16 |
| 438. | 567 | Ciesielski Jacek | Suchy Las | | 1982 | M30 | 154. | 385. | 0:26:28 (391.) | 0:50:50 | 05:05 | 0:53:16 |
| 436. | 623 | Kotecki Marek | Murowana | KB Katorżnik Murowana Goślina | 1986 | M20 | 121. | 383. | 0:25:45 (530.) | 0:50:50 | 05:05 | 0:57:09 |
| 437. | 649 | Sobkowiak Maciej | Poznań | | 1980 | M30 | 153. | 384. | 0:26:32 (430.) | 0:50:50 | 05:05 | 0:53:53 |
| 439. | 1152 | Sterzyńska Karolina | Poznań | | 1981 | K30 | 18. | 54. | 0:25:42 (328.) | 0:50:52 | 05:05 | 0:53:16 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|---------------------------|-------------------|---|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 440. | 1051 | Klapczyński Michał | Siekierki Wielkie | | 1982 | M30 | 155. | 386. | 0:25:29 (166.) | 0:50:53 | 05:05 | 0:51:02 |
| 441. | 360 | Jabłoński Oskar | Wolsztyn | | 1995 | M20 | 122. | 387. | 0:27:02 (429.) | 0:50:54 | 05:05 | 0:53:24 |
| 444. | 492 | Linka Tomasz | Poznań | | 1975 | M40 | 80. | 389. | 0:25:49 (352.) | 0:50:54 | 05:05 | 0:53:34 |
| 442. | 1094 | Kwiecień - Lipińska | Łódź | Ambitne Tygrysyce | 1975 | K40 | 9. | 55. | 0:27:07 (600.) | 0:50:54 | 05:05 | 0:57:20 |
| 443. | 1349 | Sobkowiak Przemysław | Poznań | | 1977 | M30 | 156. | 388. | 0:25:33 (516.) | 0:50:54 | 05:05 | 0:57:04 |
| 446. | 98 | Budna Izabela | Głuchowo | KGB Grzmot Komorniki | 1973 | K40 | 10. | 56. | 0:24:20 (203.) | 0:50:55 | 05:05 | 0:53:17 |
| 445. | 1128 | Strzelecki "Cirrus" Jakub | Łódź | RysioTeam | 1964 | M50 | 21. | 390. | 0:27:07 (601.) | 0:50:55 | 05:05 | 0:57:20 |
| 447. | 1229 | Krasicki Michał | Witunia | TKKF WODNIK WIĘCBORK | 1981 | M30 | 157. | 391. | 0:25:19 (321.) | 0:50:57 | 05:05 | 0:53:36 |
| 449. | 644 | Lewandowska Dorota | Strzałkowo | Strzałkowska Grupa Biegowa | 1974 | K40 | 11. | 57. | 0:26:18 (191.) | 0:50:58 | 05:05 | 0:51:08 |
| 448. | 1358 | Jajuga Michał | Czempiń | Magiel Fitness | 1980 | M30 | 158. | 392. | 0:26:48 (804.) | 0:50:58 | 05:05 | 1:00:08 |
| 451. | 838 | Szczyglewski Dominik | Tarnowo | MDS SYSTEM | 1976 | M30 | 159. | 393. | 0:25:36 (533.) | 0:51:00 | 05:06 | 0:57:35 |
| 450. | 1240 | Kaczmarek Agata | Poznań | | 1981 | K30 | 19. | 58. | 0:25:47 (336.) | 0:51:00 | 05:06 | 0:53:25 |
| 452. | 508 | Sowiński Jarosław | Tulce | brak klubu | 1963 | M50 | 22. | 394. | 0:26:04 (346.) | 0:51:01 | 05:06 | 0:53:20 |
| 453. | 1315 | Ratajczak Jan | Ludomy | | 1993 | M20 | 123. | 395. | 0:26:15 (396.) | 0:51:02 | 05:06 | 0:53:41 |
| 454. | 597 | Górnikiewicz Basia | Rokietnica | niewiemconaobiad.pl | 1984 | K30 | 20. | 59. | 0:25:37 (334.) | 0:51:03 | 05:06 | 0:53:38 |
| 455. | 1034 | waszkowiak krzysztof | mosina | | 1981 | M30 | 160. | 396. | 0:26:06 (392.) | 0:51:05 | 05:06 | 0:53:52 |
| 456. | 528 | Gabiak Piotr | Poznań | | 1977 | M30 | 161. | 397. | 0:26:18 (367.) | 0:51:07 | 05:06 | 0:53:35 |
| 457. | 1513 | Utrata Arleta | Wolsztyn | GB Wielkopolscy Biegacze / PoznanBiega.pl | 1977 | K30 | 21. | 60. | 0:25:52 (338.) | 0:51:07 | 05:06 | 0:53:29 |
| 458. | 1107 | Trybuś Łukasz | Dolsk | | 1988 | M20 | 124. | 398. | 0:26:33 (564.) | 0:51:11 | 05:07 | 0:57:29 |
| 459. | 1430 | Schaefer małgorzata | Poznań | Castle Nieruchomości | 1970 | K40 | 12. | 61. | 0:26:06 (725.) | 0:51:11 | 05:07 | 1:00:15 |
| 460. | 308 | Kańduła Klaudia | Poznań | TKD Szakal Jeżyce | 1980 | K30 | 22. | 62. | 0:25:57 (358.) | 0:51:12 | 05:07 | 0:53:51 |
| 462. | 60 | Gałęzewski Łukasz | Poznań | | 1985 | M30 | 162. | 400. | 0:25:36 (322.) | 0:51:13 | 05:07 | 0:53:37 |
| 461. | 717 | Malujdy Michał | Poznań | | 1991 | M20 | 125. | 399. | 0:26:08 (538.) | 0:51:13 | 05:07 | 0:57:23 |
| 464. | 779 | Argasiński Mateusz | Poznań | Klub Biegacza Kompania Piwowska | 1983 | M30 | 163. | 402. | 0:26:30 (409.) | 0:51:14 | 05:07 | 0:53:46 |
| 463. | 1448 | Lisiak Mateusz | Kostrzyn Wlkp | Walka Kostrzyn | 1989 | M20 | 126. | 401. | 0:26:25 (410.) | 0:51:14 | 05:07 | 0:53:52 |
| 465. | 550 | Fiebich Zbigniew | Leszno | Lucky Luki | 1976 | M30 | 164. | 403. | 0:27:05 (443.) | 0:51:15 | 05:07 | 0:54:10 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|--------------|----------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 466. | 827 | Grzybek Julia | Poznań | | 1983 | K30 | 23. | 63. | 0:26:17 (551.) | 0:51:16 | 05:07 | 0:57:25 |
| 468. | 1050 | Mielnik Anna | Poznań | | 1978 | K30 | 24. | 64. | 0:26:14 (387.) | 0:51:17 | 05:07 | 0:53:56 |
| 467. | 1398 | Tyliszczak Sławomir | Zielona Góra | | 1973 | M40 | 81. | 404. | 0:26:17 (546.) | 0:51:17 | 05:07 | 0:57:23 |
| 469. | 289 | Mnich Jagoda | Poznań | | 1990 | K20 | 28. | 65. | 0:26:07 (386.) | 0:51:18 | 05:07 | 0:54:03 |
| 471. | 573 | Jackowski Daniel | Międzyrzecz | IRT Międzyrzecz | 1989 | M20 | 127. | 405. | 0:26:19 (548.) | 0:51:18 | 05:07 | 0:57:24 |
| 470. | 1570 | Wojnarowska Irina | Poznań | | 1987 | K20 | 29. | 66. | 0:26:30 (767.) | 0:51:18 | 05:07 | 1:00:26 |
| 474. | 173 | Zaremba Maciej | Poznań | | 1974 | M40 | 82. | 407. | 0:26:48 (434.) | 0:51:19 | 05:07 | 0:54:13 |
| 472. | 336 | Szewczyk Rafał | poznań | PocoLoco | 1985 | M30 | 165. | 406. | 0:27:00 (431.) | 0:51:19 | 05:07 | 0:53:53 |
| 473. | 2218 | Horbacz Hanna | Poznań | | 1989 | K20 | 30. | 67. | 0:25:54 (540.) | 0:51:19 | 05:07 | 0:57:43 |
| 475. | 274 | Bąk Michał | Kamieniec | | 1988 | M20 | 128. | 408. | 0:26:54 (577.) | 0:51:21 | 05:08 | 0:57:38 |
| 476. | 993 | Michalik Michał | Poznań | | 1978 | M30 | 166. | 409. | 0:26:02 (531.) | 0:51:22 | 05:08 | 0:57:24 |
| 477. | 1370 | KOSICKI JAROSŁAW | JASIN | | 1980 | M30 | 167. | 410. | 0:26:06 (355.) | 0:51:24 | 05:08 | 0:53:49 |
| 479. | 1156 | Garas Eliza | Poznań | | 1986 | K20 | 31. | 68. | 0:26:31 (784.) | 0:51:25 | 05:08 | 1:00:41 |
| 478. | 1237 | Tokarski Przemysław | Piława Górna | --- | 1984 | M30 | 168. | 411. | 0:26:30 (785.) | 0:51:25 | 05:08 | 1:00:42 |
| 480. | 2217 | Rudziński Krzysztof | Kościan | Dwujęzyczni.pl | 1988 | K20 | 32. | 69. | 0:26:23 (569.) | 0:51:26 | 05:08 | 0:57:59 |
| 481. | 977 | Sygnat Marcin | Polkowice | | 1987 | M20 | 129. | 412. | 0:26:48 (806.) | 0:51:27 | 05:08 | 1:00:37 |
| 482. | 2216 | Laszczkowska Dagmara | Bydgoszcz | Body Chief | 1988 | K20 | 33. | 70. | 0:26:23 (568.) | 0:51:27 | 05:08 | 0:57:59 |
| 483. | 1330 | Masternak Julia | Zalasewo | | 1993 | K20 | 34. | 71. | 0:26:24 (567.) | 0:51:28 | 05:08 | 0:57:57 |
| 484. | 2243 | Szczepański Maciej | Skórzewo | | 1975 | M40 | 83. | 413. | 0:26:10 (405.) | 0:51:28 | 05:08 | 0:54:19 |
| 485. | 1388 | Klupczyńska Karolina | Poznań | | 1995 | K20 | 35. | 72. | 0:26:06 (543.) | 0:51:31 | 05:09 | 0:57:45 |
| 487. | 828 | Witkowski Robert | WIRY | | 1971 | M40 | 84. | 415. | 0:26:01 (539.) | 0:51:33 | 05:09 | 0:57:50 |
| 486. | 1141 | Kuska Rafał | Rakoniewice | | 1993 | M20 | 130. | 414. | 0:26:17 (408.) | 0:51:33 | 05:09 | 0:54:16 |
| 488. | 111 | krzyżaniak Agnieszka | kamionki | | 1984 | K30 | 25. | 73. | 0:26:46 (991.) | 0:51:35 | 05:09 | 1:03:45 |
| 489. | 353 | Bednarek Bartosz | Tulce | | 1996 | M16 | 11. | 416. | 0:26:42 (426.) | 0:51:35 | 05:09 | 0:54:18 |
| 490. | 28 | Strojna Anna | Poznań | gRUNwald Team Poznań | 1974 | K40 | 13. | 74. | 0:26:12 (537.) | 0:51:36 | 05:09 | 0:57:39 |
| 491. | 607 | Jastrzębski Olgierd | Opalenica | Opalenica24.info | 1989 | M20 | 131. | 417. | 0:26:26 (420.) | 0:51:39 | 05:09 | 0:54:32 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-----------------|--|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 493. | 182 | Sędlak Łukasz | Chodzież | | 1979 | M30 | 169. | 418. | 0:26:58 (574.) | 0:51:40 | 05:10 | 0:57:51 |
| 492. | 953 | Andryszak Aleksandra | Świnoujście | | 1993 | K20 | 36. | 75. | 0:26:33 (393.) | 0:51:40 | 05:10 | 0:54:01 |
| 494. | 1357 | Kasprzak Maciej | Nowe Miasto nad | | 1989 | M20 | 132. | 419. | () | 0:51:41 | 05:10 | 1:03:46 |
| 495. | 59 | Żebrowska Ewa | Poznań | | 1986 | K20 | 37. | 76. | 0:25:54 (340.) | 0:51:42 | 05:10 | 0:54:06 |
| 496. | 180 | Kasztarynda Daria | Chodzież | | 1988 | K20 | 38. | 77. | 0:27:01 (576.) | 0:51:42 | 05:10 | 0:57:51 |
| 497. | 1419 | Jóźwiak Szymon | poznań | Czerwony Smok Poznan | 1990 | M20 | 133. | 420. | 0:26:28 (786.) | 0:51:42 | 05:10 | 1:01:02 |
| 499. | 906 | Sawicki Karol | Poznań | | 1990 | M20 | 134. | 421. | 0:26:14 (558.) | 0:51:43 | 05:10 | 0:58:05 |
| 498. | 1569 | Kardasz Żaneta | Kostrzyn Wlkp | | 1977 | K30 | 26. | 78. | 0:26:15 (541.) | 0:51:43 | 05:10 | 0:57:48 |
| 500. | 1023 | Kuraszkiewicz Borys | Gołańcz | | 1981 | M30 | 170. | 422. | 0:25:03 (507.) | 0:51:45 | 05:10 | 0:58:19 |
| 502. | 855 | Janiszewska Natalia | poznań | | 1980 | K30 | 27. | 79. | 0:26:10 (536.) | 0:51:49 | 05:10 | 0:57:53 |
| 501. | 865 | Budzyński Paweł | Tarnowo | | 1984 | M30 | 171. | 423. | 0:26:53 (997.) | 0:51:49 | 05:10 | 1:03:54 |
| 503. | 1561 | Jarmużek Aneta | Poznań | | 1979 | K30 | 28. | 80. | 0:26:27 (561.) | 0:51:49 | 05:10 | 0:58:03 |
| 504. | 790 | Szukalska Agnieszka | Kościan | | 1974 | K40 | 14. | 81. | 0:26:38 (590.) | 0:51:50 | 05:11 | 0:58:34 |
| 505. | 791 | Owczarczak Ryszard | Kościan | | 1972 | M40 | 85. | 424. | 0:26:39 (591.) | 0:51:50 | 05:11 | 0:58:34 |
| 506. | 151 | Szlaps Anita | Przeźmierowo | WUEF Club: Poziom Wyżej | 1984 | K30 | 29. | 82. | 0:27:20 (1012.) | 0:51:51 | 05:11 | 1:03:59 |
| 507. | 1137 | Żyto Marcin | Suchy Las | | 1974 | M40 | 86. | 425. | 0:25:39 (327.) | 0:51:53 | 05:11 | 0:54:17 |
| 508. | 741 | Sobkowiak Patryk | Plewiska | mamy-biegamy.pl / malyguliwer.pl | 1984 | M30 | 172. | 426. | 0:27:47 (650.) | 0:51:54 | 05:11 | 0:58:31 |
| 509. | 980 | Kruszona Zbigniew | Kostrzyn | Lechia Kostrzyn & Echo Ziemi Kostrzyńskiej | 1976 | M30 | 173. | 427. | 0:26:33 (982.) | 0:51:55 | 05:11 | 1:04:06 |
| 510. | 303 | Babst Mikołaj | Luboń | Biegajnia Poznań | 1973 | M40 | 87. | 428. | 0:26:21 (547.) | 0:51:58 | 05:11 | 0:58:01 |
| 511. | 22 | Walczak Łukasz | Lusowo | | 1983 | M30 | 174. | 429. | 0:26:41 (579.) | 0:51:59 | 05:11 | 0:58:30 |
| 512. | 670 | Stasik Monika | Glinno | | 1978 | K30 | 30. | 83. | 0:27:19 (622.) | 0:52:02 | 05:12 | 0:58:33 |
| 513. | 671 | Stasik Aleksander | Glinno | | 1979 | M30 | 175. | 430. | 0:27:17 (621.) | 0:52:02 | 05:12 | 0:58:34 |
| 514. | 1054 | Grzesik Łukasz | POZNAŃ | | 1981 | M30 | 176. | 431. | 0:26:03 (349.) | 0:52:02 | 05:12 | 0:54:23 |
| 516. | 208 | Rybka Przemysław | Dobrcz | | 1979 | M30 | 178. | 433. | 0:26:27 (389.) | 0:52:04 | 05:12 | 0:54:30 |
| 515. | 249 | Trojnacki Marek | Poznań | BZ WBK-Aviva | 1983 | M30 | 177. | 432. | 0:26:27 (388.) | 0:52:04 | 05:12 | 0:54:30 |
| 518. | 210 | Fojutowski Michał | Wągrowiec | | 1989 | M20 | 135. | 435. | 0:26:31 (559.) | 0:52:05 | 05:12 | 0:58:13 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|----------------|--|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 517. | 304 | Janus Radomir | Leszno | | 1974 | M40 | 88. | 434. | 0:27:23 (855.) | 0:52:05 | 05:12 | 1:01:17 |
| 519. | 997 | Szymański Przemysław | Wągrowiec | | 1984 | M30 | 179. | 436. | 0:28:10 (672.) | 0:52:07 | 05:12 | 0:58:36 |
| 522. | 4 | Maruda-Sperczak | Poznań | Maratończyk Poznań | 1977 | K30 | 32. | 85. | 0:26:38 (586.) | 0:52:08 | 05:12 | 0:58:49 |
| 521. | 193 | Filut Tomasz | Poznań | | 1978 | M30 | 180. | 437. | 0:27:21 (447.) | 0:52:08 | 05:12 | 0:54:56 |
| 520. | 2252 | Łabędź Agnieszka | Poznań | Maratończyk Poznań | 1985 | K30 | 31. | 84. | 0:26:39 (585.) | 0:52:08 | 05:12 | 0:58:48 |
| 523. | 797 | Rackowiak Kamil | Pniewy | Psarskie też biega | 1989 | M20 | 136. | 438. | 0:27:01 (427.) | 0:52:09 | 05:12 | 0:54:37 |
| 524. | 196 | Lipiński Jacek | Kiekrz | | 1975 | M40 | 89. | 439. | 0:26:47 (433.) | 0:52:10 | 05:13 | 0:55:06 |
| 525. | 656 | Woga Andrzej | Poznań | G43 Poznań biega | 1965 | M50 | 23. | 440. | 0:25:33 (172.) | 0:52:11 | 05:13 | 0:52:22 |
| 526. | 688 | Cybal Katarzyna | Grodzisk Wlkp. | | 1980 | K30 | 33. | 86. | 0:26:35 (560.) | 0:52:11 | 05:13 | 0:58:16 |
| 527. | 1493 | Kusy Krzysztof | Kłecko | | 1986 | M20 | 137. | 441. | 0:26:51 (428.) | 0:52:12 | 05:13 | 0:54:51 |
| 528. | 1244 | Stachowiak Monika | Poznań | | 1987 | K20 | 39. | 87. | 0:26:59 (436.) | 0:52:16 | 05:13 | 0:55:02 |
| 530. | 370 | KONIEC KRZYSZTOF | WIĘCIBORK | TKKF WODNIK WIĘCIBORK | 1970 | M40 | 90. | 443. | 0:26:36 (418.) | 0:52:17 | 05:13 | 0:55:00 |
| 529. | 390 | Cieślak Sebastian | Śrem | | 1988 | M20 | 138. | 442. | 0:26:39 (566.) | 0:52:17 | 05:13 | 0:58:30 |
| 532. | 524 | Jasiak Radosław | Poznań | | 1990 | M20 | 139. | 444. | 0:26:35 (798.) | 0:52:18 | 05:13 | 1:01:38 |
| 531. | 1410 | Zybała Joanna | Ostrów Wlkp. | AWF Wrocław | 1989 | K20 | 40. | 88. | 0:26:35 (407.) | 0:52:18 | 05:13 | 0:54:43 |
| 534. | 162 | Moellenbrock Krzysztof | Wiry | KGB Grzmot Komorniki | 1967 | M40 | 91. | 446. | 0:26:09 (356.) | 0:52:19 | 05:13 | 0:54:42 |
| 533. | 1082 | Korbał Damian | Oborniki | Oborniki | 1990 | M20 | 140. | 445. | 0:27:32 (614.) | 0:52:19 | 05:13 | 0:58:32 |
| 535. | 1245 | Kluba Filip | Koziegłowy | | 1985 | M30 | 181. | 447. | 0:27:16 (444.) | 0:52:22 | 05:14 | 0:55:08 |
| 536. | 695 | Drożdż Piotr | Stara Łubianka | Stowarzyszenie Biegaczy Gminy Szydłowo | 1970 | M40 | 92. | 448. | 0:25:54 (341.) | 0:52:23 | 05:14 | 0:54:50 |
| 538. | 486 | Nowicki Daniel | Piła | | 1976 | M30 | 182. | 449. | 0:27:10 (617.) | 0:52:24 | 05:14 | 0:59:01 |
| 537. | 1095 | Zygart Katarzyna | Poznań | Fabryka Triathlonu | 1980 | K30 | 34. | 89. | 0:26:44 (415.) | 0:52:24 | 05:14 | 0:54:56 |
| 540. | 86 | Jagła Mariusz | Czarnków | | 1989 | M20 | 141. | 450. | 0:27:57 (875.) | 0:52:28 | 05:14 | 1:01:41 |
| 539. | 121 | Ostrowska Agnieszka | Poznań | | 1985 | K30 | 35. | 90. | 0:27:06 (575.) | 0:52:28 | 05:14 | 0:58:31 |
| 543. | 322 | Pluciński Tomasz | Poznań | | 1980 | M30 | 185. | 453. | 0:26:23 (394.) | 0:52:29 | 05:14 | 0:55:00 |
| 542. | 437 | Borek Maciej | Poznań | KB Maniac Poznań | 1977 | M30 | 184. | 452. | 0:26:23 (395.) | 0:52:29 | 05:14 | 0:55:00 |
| 541. | 446 | Prus Radosław | Strzałkowo | Strzałkowska Grupa Biegowa | 1983 | M30 | 183. | 451. | 0:26:51 (578.) | 0:52:29 | 05:14 | 0:58:49 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-------------|----------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 545. | 314 | Przybylski Łukasz | Zalasewo | | 1988 | M20 | 142. | 455. | 0:28:08 (687.) | 0:52:30 | 05:15 | 0:59:08 |
| 544. | 459 | Balcerak Robert | Połajewo | Weterynaria Biega | 1979 | M30 | 186. | 454. | 0:26:30 (411.) | 0:52:30 | 05:15 | 0:55:06 |
| 546. | 44 | Poturska Magdalena | Poznań | | 1986 | K20 | 41. | 91. | 0:27:06 (573.) | 0:52:32 | 05:15 | 0:58:34 |
| 547. | 150 | Tomecki Arkadiusz | Witkowo | 33 Baza Lotnictwa Transportowego | 1976 | M30 | 187. | 456. | 0:26:29 (385.) | 0:52:32 | 05:15 | 0:54:55 |
| 548. | 1067 | Kempa Ewa | Strykowo | | 1973 | K40 | 15. | 92. | 0:27:05 (599.) | 0:52:32 | 05:15 | 0:58:56 |
| 549. | 1027 | Kozajda Andrzej | Koziegłowy | | 1962 | M50 | 24. | 457. | 0:26:55 (437.) | 0:52:33 | 05:15 | 0:55:24 |
| 552. | 253 | zaremba magdalena | Hull | Biegajnia Poznań | 1981 | K30 | 36. | 94. | 0:26:53 (422.) | 0:52:36 | 05:15 | 0:55:05 |
| 553. | 377 | Zieliński Piotr | Oborniki | Biegajnia Poznań | 1978 | M30 | 188. | 459. | 0:26:53 (423.) | 0:52:36 | 05:15 | 0:55:05 |
| 551. | 1026 | Jarus Marek | Kobylin | | 1962 | M50 | 25. | 458. | 0:26:47 (570.) | 0:52:36 | 05:15 | 0:58:49 |
| 550. | 1211 | Maćkowiak Katarzyna | Rakoniewice | | 1990 | K20 | 42. | 93. | 0:26:42 (589.) | 0:52:36 | 05:15 | 0:59:13 |
| 556. | 53 | Domagalski Jarosław | Poznań | | 1972 | M40 | 94. | 462. | 0:26:13 (377.) | 0:52:37 | 05:15 | 0:55:13 |
| 554. | 1136 | Tutak Piotr | DĄBRÓWKA | brak klubu | 1988 | M20 | 143. | 460. | 0:27:15 (1014.) | 0:52:37 | 05:15 | 1:04:54 |
| 555. | 1339 | dokowicz jarek | cicha góra | | 1973 | M40 | 93. | 461. | 0:27:11 (833.) | 0:52:37 | 05:15 | 1:01:44 |
| 557. | 1148 | Bartosiewicz Natalia | Poznań | | 1984 | K30 | 37. | 95. | 0:26:32 (383.) | 0:52:39 | 05:15 | 0:54:58 |
| 558. | 307 | Kaszyński Tomek | Luboń | | 1978 | M30 | 189. | 463. | 0:28:00 (671.) | 0:52:40 | 05:16 | 0:59:18 |
| 559. | 618 | Udałowski Radosław | Poznań | | 1984 | M30 | 190. | 464. | 0:26:15 (384.) | 0:52:41 | 05:16 | 0:55:17 |
| 560. | 1373 | Staszak Mariusz | Wierzyce | GROOBASY BASKETU | 1973 | M40 | 95. | 465. | 0:26:36 (421.) | 0:52:41 | 05:16 | 0:55:26 |
| 562. | 1427 | Silski Grzegorz | Poznań | | 1984 | M30 | 191. | 466. | 0:26:37 (401.) | 0:52:42 | 05:16 | 0:55:04 |
| 561. | 1433 | Markowicz Corinna | Poznań | | 1988 | K20 | 43. | 96. | 0:27:21 (841.) | 0:52:42 | 05:16 | 1:01:45 |
| 563. | 536 | Świątek Julia | Chyby | | 1982 | K30 | 38. | 97. | 0:26:27 (402.) | 0:52:43 | 05:16 | 0:55:16 |
| 565. | 537 | Świątek Jarek | Chyby | | 1983 | M30 | 193. | 468. | 0:26:27 (403.) | 0:52:43 | 05:16 | 0:55:15 |
| 564. | 1348 | Korbas Mariusz | Sady | | 1976 | M30 | 192. | 467. | 0:26:57 (587.) | 0:52:43 | 05:16 | 0:59:05 |
| 566. | 192 | Koralewski Krzysztof | Poznań | | 1986 | M20 | 144. | 469. | 0:26:09 (186.) | 0:52:45 | 05:16 | 0:52:55 |
| 567. | 1555 | KASPRZYK RAFAŁ | KAŹMIERZ | Amator (🏃🏻) | 1974 | M40 | 96. | 470. | 0:27:44 (628.) | 0:52:45 | 05:16 | 0:58:58 |
| 569. | 681 | Bednarek Marcin | Pajęczno | | 1985 | M30 | 194. | 472. | 0:26:48 (424.) | 0:52:46 | 05:16 | 0:55:21 |
| 568. | 785 | Jarczyński Adam | Poznań | | 1995 | M20 | 145. | 471. | 0:26:19 (404.) | 0:52:46 | 05:16 | 0:55:27 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|--------------------------|-------------------|-------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 571. | 371 | Kowala Zuzanna | Poznań | Biegi wlkp | 1994 | K20 | 44. | 98. | 0:27:03 (580.) | 0:52:47 | 05:16 | 0:58:58 |
| 570. | 877 | Sztor Marek | Poznań | | 1987 | M20 | 146. | 473. | 0:27:33 (453.) | 0:52:47 | 05:16 | 0:55:28 |
| 572. | 615 | Handke Dawid | Kostrzyn | | 1983 | M30 | 195. | 474. | 0:26:51 (425.) | 0:52:48 | 05:16 | 0:55:20 |
| 573. | 973 | Gątarek Grzegorz | Poznań | | 1991 | M20 | 147. | 475. | 0:27:01 (816.) | 0:52:49 | 05:16 | 1:01:55 |
| 574. | 1580 | Liberek Renata | Łopuchowo | KB Katorżnik Murowana Goślina | 1974 | K40 | 16. | 99. | 0:26:25 (555.) | 0:52:49 | 05:16 | 0:58:56 |
| 575. | 1147 | Juskowiak Alina | Poznań | gRUNwald Team Poznań | 1983 | K30 | 39. | 100. | 0:26:46 (583.) | 0:52:50 | 05:17 | 0:59:20 |
| 576. | 1232 | Nita Wiesław | Piecewo | Village punk run | 1971 | M40 | 97. | 476. | 0:27:01 (604.) | 0:52:51 | 05:17 | 0:59:25 |
| 579. | 911 | Król-Krajewska Agnieszka | Potasze | Night Runners | 1974 | K40 | 17. | 102. | 0:27:17 (627.) | 0:52:52 | 05:17 | 0:59:31 |
| 580. | 1178 | Ewertowska Agnieszka | Kobylnica | | 1973 | K40 | 18. | 103. | 0:26:39 (565.) | 0:52:52 | 05:17 | 0:59:05 |
| 578. | 1187 | Rataj Magdalena | Żnin | | 1999 | K16 | 1. | 101. | 0:27:13 (606.) | 0:52:52 | 05:17 | 0:59:15 |
| 577. | 1192 | Ratajewski Maciej | Poznań | | 1992 | M20 | 148. | 477. | 0:27:13 (607.) | 0:52:52 | 05:17 | 0:59:15 |
| 581. | 248 | Mermela Piotr | Plewiska | | 1981 | M30 | 196. | 478. | 0:27:43 (858.) | 0:52:53 | 05:17 | 1:01:57 |
| 582. | 257 | Kolasiński Andrzej | Poznań | | 1976 | M30 | 197. | 479. | 0:27:43 (859.) | 0:52:53 | 05:17 | 1:01:57 |
| 583. | 1097 | Stachowiak Maciej | Kórnik | | 1977 | M30 | 198. | 480. | 0:27:56 (651.) | 0:52:53 | 05:17 | 0:59:21 |
| 584. | 655 | Mendlewski Mariusz | Murowana | Manix | 1988 | M20 | 149. | 481. | 0:28:08 (683.) | 0:52:55 | 05:17 | 0:59:32 |
| 585. | 875 | Nowacka Małgorzata | Poznań | Piguła Poznań | 1986 | K20 | 45. | 104. | 0:27:45 (635.) | 0:52:55 | 05:17 | 0:59:13 |
| 586. | 1630 | Ratajczyk Grzegorz | WRZESNIA | Hefalumpy | 1969 | M40 | 98. | 482. | 0:27:02 (605.) | 0:52:55 | 05:17 | 0:59:29 |
| 587. | 1173 | Pilaska Paulina | Wągrowiec | | 1984 | K30 | 40. | 105. | 0:27:16 (593.) | 0:52:57 | 05:17 | 0:59:06 |
| 588. | 1006 | Piszczorowicz Łukasz | Kalisz | KS TĘCZA KALISZ | 1983 | M30 | 199. | 483. | 0:27:15 (630.) | 0:52:58 | 05:17 | 0:59:43 |
| 590. | 341 | Dembski Grzegorz | Plewiska | | 1977 | M30 | 200. | 484. | 0:26:40 (989.) | 0:53:00 | 05:18 | 1:05:15 |
| 589. | 565 | Płóciniczak Natalia | Leszno | | 1985 | K30 | 41. | 106. | 0:27:19 (451.) | 0:53:00 | 05:18 | 0:55:53 |
| 591. | 1603 | Światała Ewa | Kuślin | | 1995 | K20 | 46. | 107. | 0:27:46 (634.) | 0:53:00 | 05:18 | 0:59:18 |
| 592. | 1447 | Carvalho Tiago | Vila Nova de Gaia | | 1978 | M30 | 201. | 485. | 0:27:59 (910.) | 0:53:01 | 05:18 | 1:02:37 |
| 593. | 258 | wojciechowicz leszek | borzykowo | Biegajnia Poznań | 1983 | M30 | 202. | 486. | 0:26:49 (416.) | 0:53:02 | 05:18 | 0:55:29 |
| 594. | 1288 | Tomaszewski Przemysław | Poznań | | 1973 | M40 | 99. | 487. | 0:28:12 (689.) | 0:53:02 | 05:18 | 0:59:38 |
| 597. | 819 | Pieniak Ernest | Poznań | | 1974 | M40 | 100. | 490. | 0:27:27 (620.) | 0:53:03 | 05:18 | 0:59:24 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|----------------|----------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 596. | 1165 | Świerczyński Grzegorz | Tulce | endinio team | 1979 | M30 | 204. | 489. | 0:27:23 (625.) | 0:53:03 | 05:18 | 0:59:34 |
| 595. | 1183 | Gierłowski Krzysztof | Krzyż | Wspieramy Się Marzeń | 1979 | M30 | 203. | 488. | 0:27:39 (1039.) | 0:53:03 | 05:18 | 1:05:13 |
| 599. | 576 | Gluza Janusz | Opalenica | GP Opalenica | 1964 | M50 | 26. | 492. | 0:26:07 (379.) | 0:53:04 | 05:18 | 0:55:46 |
| 598. | 646 | Bargiel Dariusz | Biedrusko | | 1984 | M30 | 205. | 491. | 0:27:48 (641.) | 0:53:04 | 05:18 | 0:59:29 |
| 600. | 101 | Materna Daria | Karpicko | | 1994 | K20 | 47. | 108. | 0:27:22 (626.) | 0:53:05 | 05:18 | 0:59:38 |
| 601. | 1405 | Nowak Piotr | Poznań | Zgrupka Luboń | 1992 | M20 | 150. | 493. | 0:25:20 (163.) | 0:53:08 | 05:18 | 0:53:17 |
| 602. | 574 | Radys Paulina | Międzyrzecz | IRT Międzyrzecz | 1990 | K20 | 48. | 109. | 0:27:10 (582.) | 0:53:09 | 05:18 | 0:59:14 |
| 605. | 559 | Podecki Wojciech | Rokietnica | Rokietnica Biega | 1983 | M30 | 207. | 495. | 0:27:17 (448.) | 0:53:10 | 05:19 | 0:56:01 |
| 603. | 560 | Zakrzewicz-Podlecka | Rokietnica | Rokietnica Biega | 1986 | K20 | 49. | 110. | 0:27:18 (449.) | 0:53:10 | 05:19 | 0:56:01 |
| 604. | 776 | Roszak Łukasz | Biedrusko | | 1983 | M30 | 206. | 494. | 0:27:48 (640.) | 0:53:10 | 05:19 | 0:59:36 |
| 606. | 1030 | ADAMSKI TOMASZ | KOZIEGŁOWY | Kibole w Biegu | 1986 | M20 | 151. | 496. | 0:27:57 (652.) | 0:53:12 | 05:19 | 0:59:39 |
| 607. | 991 | Tyl Maciej | Poznań | QUAY POZNAŃ | 1969 | M40 | 101. | 497. | 0:27:56 (653.) | 0:53:13 | 05:19 | 0:59:41 |
| 608. | 882 | Bury Roman | Ostrów Wlkp | brak | 1972 | M40 | 102. | 498. | 0:27:12 (836.) | 0:53:14 | 05:19 | 1:02:23 |
| 609. | 244 | Grzelewski Karol | Grodzisk Wlkp. | STADO | 1977 | M30 | 208. | 499. | 0:26:31 (557.) | 0:53:16 | 05:19 | 0:59:19 |
| 610. | 1254 | Godziuk Roman | Toruń | | 1960 | M50 | 27. | 500. | 0:26:59 (581.) | 0:53:18 | 05:19 | 0:59:34 |
| 611. | 1351 | Jarocka Sandra Sev | Poznań | dla Łakisława | 1989 | K20 | 50. | 111. | 0:27:21 (842.) | 0:53:18 | 05:19 | 1:02:22 |
| 612. | 10 | Egler Michał | Poznań | Maratończyk Poznań | 1965 | M50 | 28. | 501. | 0:26:22 (381.) | 0:53:19 | 05:19 | 0:55:49 |
| 614. | 52 | Biniaś Paweł | Poznań | R47 | 1981 | M30 | 209. | 503. | 0:27:29 (629.) | 0:53:20 | 05:20 | 0:59:49 |
| 613. | 660 | Torchała Marcin | Lwówek | | 1986 | M20 | 152. | 502. | 0:27:30 (624.) | 0:53:20 | 05:20 | 0:59:43 |
| 615. | 994 | Więckowska Dagmara | Bolechowo | | 1988 | K20 | 51. | 112. | 0:27:21 (609.) | 0:53:21 | 05:20 | 0:59:38 |
| 616. | 109 | Prymowicz Monika | Swarzędz | brak klubu | 1979 | K30 | 42. | 113. | 0:27:43 (456.) | 0:53:22 | 05:20 | 0:56:01 |
| 617. | 2203 | Malwina Pałasik | Poznań | | 1990 | K20 | 52. | 114. | 0:27:43 (455.) | 0:53:22 | 05:20 | 0:56:01 |
| 618. | 1064 | Sieradzka Wiola | Poznań | | 1995 | K20 | 53. | 115. | 0:26:44 (419.) | 0:53:23 | 05:20 | 0:55:58 |
| 619. | 1508 | Ojdowski Roman | Poznań | | 1964 | M50 | 29. | 504. | 0:27:42 (460.) | 0:53:24 | 05:20 | 0:56:11 |
| 621. | 698 | Topolewski Józef | Poznań | Brylant Kórnik | 1961 | M50 | 30. | 505. | 0:26:47 (232.) | 0:53:26 | 05:20 | 0:53:40 |
| 620. | 966 | Bąkowska Magdalena | Poznań | mamy biegamy | 1982 | K30 | 43. | 116. | 0:27:57 (665.) | 0:53:26 | 05:20 | 1:00:02 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-------------|--|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 622. | 770 | Frąckowiak Aneta | Poznań | mamy biegamy | 1982 | K30 | 44. | 117. | 0:27:59 (666.) | 0:53:27 | 05:20 | 1:00:01 |
| 623. | 533 | Binkowski Krzysztof | Lubiń | | 1970 | M40 | 103. | 506. | 0:27:03 (814.) | 0:53:30 | 05:21 | 1:02:32 |
| 624. | 54 | OPALA WOJCIECH | POZNAŃ | CSWLĄD POZNAŃ | 1974 | M40 | 104. | 507. | 0:28:02 (642.) | 0:53:32 | 05:21 | 0:59:44 |
| 625. | 1083 | Naskręt Dariusz | Murowana | | 1979 | M30 | 210. | 508. | 0:27:36 (860.) | 0:53:34 | 05:21 | 1:02:46 |
| 626. | 404 | Kucharski Paweł | Lusowo | | 1987 | M20 | 153. | 509. | 0:28:32 (726.) | 0:53:36 | 05:21 | 1:00:14 |
| 627. | 45 | Nowak Mariusz | Poznań | Piątkowo na Biegowo | 1989 | M20 | 154. | 510. | () | 0:53:37 | 05:21 | 0:59:43 |
| 628. | 1537 | Kaiser Katarzyna | Poznań | | 1988 | K20 | 54. | 118. | 0:28:03 (892.) | 0:53:39 | 05:21 | 1:02:55 |
| 629. | 1544 | Kędziora Agata | Poznan | | 1988 | K20 | 55. | 119. | 0:28:03 (890.) | 0:53:40 | 05:22 | 1:02:55 |
| 630. | 892 | Odważny Magdalena | Dąbrowa | | 1979 | K30 | 45. | 120. | 0:27:55 (873.) | 0:53:41 | 05:22 | 1:02:54 |
| 631. | 1347 | Ryczak Tomasz | Poznań | Michałek Team | 1985 | M30 | 211. | 511. | 0:28:03 (677.) | 0:53:42 | 05:22 | 1:00:22 |
| 632. | 1143 | Nita Małgorzata | Poznań | | 1971 | K40 | 19. | 121. | 0:26:40 (413.) | 0:53:45 | 05:22 | 0:56:13 |
| 633. | 426 | Prządka Jan | Mosina | Samochodowka | 1998 | M16 | 12. | 512. | 0:27:39 (861.) | 0:53:46 | 05:22 | 1:02:56 |
| 634. | 425 | Schutz Patryk | Mosina | Samochodowka | 1998 | M16 | 13. | 513. | 0:28:09 (894.) | 0:53:47 | 05:22 | 1:02:57 |
| 638. | 246 | Felkel Ewa | Poznań | Piątkowo na Biegowo - Poznań | 1973 | K40 | 21. | 125. | 0:27:30 (602.) | 0:53:51 | 05:23 | 0:59:55 |
| 635. | 265 | Gizelska Agnieszka | Poznań | Piątkowo na Biegowo | 1971 | K40 | 20. | 122. | 0:27:29 (603.) | 0:53:51 | 05:23 | 0:59:55 |
| 636. | 321 | Pakulska Dorota | Poznan | | 1963 | K50 | 2. | 123. | 0:27:03 (608.) | 0:53:51 | 05:23 | 1:00:26 |
| 637. | 834 | Strzępka Angelika | Koziegłowy | | 1984 | K30 | 46. | 124. | 0:28:32 (738.) | 0:53:51 | 05:23 | 1:00:34 |
| 639. | 239 | Pomin Piotr | Karłowice | | 1983 | M30 | 212. | 514. | 0:28:22 (915.) | 0:53:53 | 05:23 | 1:03:13 |
| 640. | 729 | Górniak Jerzy | Swarzędz | | 1965 | M50 | 31. | 515. | 0:28:07 (658.) | 0:53:53 | 05:23 | 1:00:16 |
| 643. | 31 | MIKŁA Kamila | Poznań | 31 Baza Lotnictwa Taktycznego Krzesiny | 1980 | K30 | 47. | 126. | 0:27:57 (664.) | 0:53:54 | 05:23 | 1:00:30 |
| 641. | 243 | sobociński michał | poznań | | 1979 | M30 | 213. | 516. | 0:28:14 (479.) | 0:53:54 | 05:23 | 0:56:41 |
| 642. | 442 | Kokorniak Maciej | Poznań | brak klubu | 1975 | M40 | 105. | 517. | 0:27:40 (612.) | 0:53:54 | 05:23 | 0:59:59 |
| 644. | 1267 | Ibron Maciej | Poznań | | 1988 | M20 | 155. | 518. | 0:28:06 (681.) | 0:53:56 | 05:23 | 1:00:33 |
| 645. | 1166 | Krześniak Filip | Koziegłowy | | 1987 | M20 | 156. | 519. | 0:28:11 (686.) | 0:53:57 | 05:23 | 1:00:32 |
| 646. | 551 | Cwojdzińska Patrycja | Poznań | | 1986 | K20 | 56. | 127. | 0:28:22 (899.) | 0:53:58 | 05:23 | 1:03:04 |
| 648. | 479 | GALASIŃSKI ANDRZEJ | LUBOŃ | | 1963 | M50 | 33. | 521. | 0:27:24 (598.) | 0:53:59 | 05:23 | 1:00:02 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|--------------|-----------------------|--------|-----|---------|---------|----------------|----------------|--------------|-------------|
| 647. | 1174 | Fajfer Jacek | Swarzędz | | 1960 | M50 | 32. | 520. | 0:28:03 (461.) | 0:53:59 | 05:23 | 0:56:26 |
| 649. | 1459 | Nowakowska Karolina | Poznań | karolina in motion | 1977 | K30 | 48. | 128. | 0:27:24 (616.) | 0:54:07 | 05:24 | 1:00:29 |
| 650. | 480 | WYRWAS-ZYGARŁOWS | POZNAŃ | | 1980 | K30 | 49. | 129. | 0:27:23 (595.) | 0:54:10 | 05:25 | 1:00:13 |
| 651. | 141 | Pękalska Marta | Poznań | marta-gotuje.pl | 1986 | K20 | 57. | 130. | 0:27:35 (452.) | 0:54:11 | 05:25 | 0:56:48 |
| 652. | 843 | Szóstak Jagoda | Murowana | | 1989 | K20 | 58. | 131. | 0:27:40 (611.) | 0:54:11 | 05:25 | 1:00:16 |
| 654. | 57 | Ladek Marcin | Poznań | | 1989 | M20 | 157. | 522. | 0:28:36 (685.) | 0:54:12 | 05:25 | 1:00:22 |
| 653. | 1627 | Adamska Anna | Kłecko | | 1985 | K30 | 50. | 132. | 0:27:29 (615.) | 0:54:12 | 05:25 | 1:00:29 |
| 655. | 108 | Chojniak Wiesław | Poznań | autozagorski.pl | 1973 | M40 | 106. | 523. | 0:26:41 (214.) | 0:54:13 | 05:25 | 0:54:25 |
| 656. | 1403 | Makowski Janusz | Poznań | Night Runners | 1953 | M60 | 2. | 524. | 0:28:02 (870.) | 0:54:13 | 05:25 | 1:03:19 |
| 658. | 1453 | Wlazłowski Michał | Chojnice | | 1989 | M20 | 158. | 525. | 0:28:38 (733.) | 0:54:14 | 05:25 | 1:00:48 |
| 657. | 1601 | Marciniak Marta | 211 | Night Runners | 1990 | K20 | 59. | 133. | 0:28:37 (684.) | 0:54:14 | 05:25 | 1:00:23 |
| 659. | 962 | Zieliński Sławomir | Poznań | | 1985 | M30 | 214. | 526. | 0:28:04 (472.) | 0:54:15 | 05:25 | 0:57:00 |
| 660. | 634 | Łakoma Paulina | Poznań | | 1987 | K20 | 60. | 134. | 0:27:15 (594.) | 0:54:16 | 05:25 | 1:00:26 |
| 662. | 641 | Chwirot Patrycja | Opalenica | Teatr Nowy w Poznaniu | 1991 | K20 | 61. | 135. | 0:29:07 (737.) | 0:54:17 | 05:25 | 1:00:24 |
| 661. | 1551 | Terefenko Andrzej | Poznań | | 1967 | M40 | 107. | 527. | 0:27:34 (613.) | 0:54:17 | 05:25 | 1:00:28 |
| 663. | 365 | Pawłowski Kacper | Poznań | KORWiN | 1999 | M16 | 14. | 528. | 0:27:52 (464.) | 0:54:18 | 05:25 | 0:57:04 |
| 664. | 636 | Tyrakowski Łukasz | Wągrowiec | Biegający Wągrowiec | 1980 | M30 | 215. | 529. | 0:28:38 (722.) | 0:54:18 | 05:25 | 1:00:48 |
| 665. | 1462 | Gutowski Krzysztof | Poznań | | 1986 | M20 | 159. | 530. | 0:28:24 (718.) | 0:54:19 | 05:25 | 1:01:00 |
| 666. | 1557 | Zakens Łukasz | Poznań | | 1985 | M30 | 216. | 531. | 0:28:55 (765.) | 0:54:21 | 05:26 | 1:01:03 |
| 667. | 753 | Stojek Michał | Poznań | | 1981 | M30 | 217. | 532. | 0:28:55 (753.) | 0:54:24 | 05:26 | 1:00:54 |
| 668. | 61 | Jaśkowiak Piotr | Poznań | KGB Grzmot Komorniki | 1972 | M40 | 108. | 533. | 0:28:21 (662.) | 0:54:25 | 05:26 | 1:00:36 |
| 669. | 605 | Rusinek Karol | Skórzewo | | 1983 | M30 | 218. | 534. | 0:28:19 (712.) | 0:54:27 | 05:26 | 1:01:10 |
| 671. | 891 | Głowinkowski Krzysztof | Poznań | | 1988 | M20 | 160. | 536. | 0:29:06 (791.) | 0:54:28 | 05:26 | 1:01:11 |
| 670. | 1502 | Bartkowiak Sławomir | Ostrów Wlkp. | OFB | 1981 | M30 | 219. | 535. | 0:27:26 (856.) | 0:54:28 | 05:26 | 1:03:46 |
| 673. | 470 | Kraśński Andrzej | Poznań | | 1983 | M30 | 220. | 537. | 0:26:59 (432.) | 0:54:29 | 05:26 | 0:57:06 |
| 672. | 1214 | Zielińska Barbara | Poznań | Hicron Runners | 1983 | K30 | 51. | 136. | 0:28:23 (713.) | 0:54:29 | 05:26 | 1:01:08 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------|-----------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 674. | 751 | Stojek Joanna | Poznań | | 1981 | K30 | 52. | 137. | 0:28:55 (752.) | 0:54:32 | 05:27 | 1:01:02 |
| 675. | 1099 | Kacala Bartosz | Poznan | | 1993 | M20 | 161. | 538. | 0:28:01 (639.) | 0:54:34 | 05:27 | 1:00:45 |
| 676. | 1140 | Piechota Bartek | Rakoniewice | | 1993 | M20 | 162. | 539. | 0:28:28 (1105.) | 0:54:34 | 05:27 | 1:06:45 |
| 677. | 1455 | Bielański Piotr | Poznań | | 1993 | M20 | 163. | 540. | 0:28:56 (1125.) | 0:54:34 | 05:27 | 1:06:48 |
| 679. | 716 | PUZDROWSKA | GDAŃSK | | 1989 | K20 | 63. | 139. | 0:27:45 (459.) | 0:54:35 | 05:27 | 0:57:18 |
| 678. | 1515 | Brdys Anita | Rozdrażew | | 1986 | K20 | 62. | 138. | 0:27:20 (845.) | 0:54:35 | 05:27 | 1:03:41 |
| 680. | 1022 | Jarzabek Robert | Strzalkowo | Strzałkowska Grupa Biegowa | 1973 | M40 | 109. | 541. | 0:27:06 (252.) | 0:54:36 | 05:27 | 0:54:47 |
| 681. | 1342 | Gołaś Jakub | Poznań | | 1990 | M20 | 164. | 542. | 0:28:27 (688.) | 0:54:36 | 05:27 | 1:00:56 |
| 682. | 1304 | Stańczak Patryk | Sierpc | Klub Biegacza Kompania Piwowarska | 1992 | M20 | 165. | 543. | 0:29:01 (775.) | 0:54:37 | 05:27 | 1:01:19 |
| 683. | 1322 | Jakubowski Łukasz | Poznań | | 1983 | M30 | 221. | 544. | 0:28:17 (668.) | 0:54:38 | 05:27 | 1:00:55 |
| 685. | 118 | Wojciechowski Tomasz | Poznań | HAWA | 1979 | M30 | 222. | 545. | 0:28:24 (925.) | 0:54:41 | 05:28 | 1:04:07 |
| 684. | 1111 | Pawlicka Magdalena | Wągrowiec | | 1976 | K30 | 53. | 140. | 0:27:50 (631.) | 0:54:41 | 05:28 | 1:00:52 |
| 686. | 77 | Pająk Monika | Skórzewo | mamy biegamy | 1982 | K30 | 54. | 141. | 0:28:20 (704.) | 0:54:42 | 05:28 | 1:01:18 |
| 687. | 1558 | Węclawek Piotr | Poznań | | 1989 | M20 | 166. | 546. | 0:28:50 (758.) | 0:54:42 | 05:28 | 1:01:24 |
| 689. | 719 | Plewa Błażej | Poznań | | 1986 | M20 | 167. | 548. | 0:27:21 (445.) | 0:54:43 | 05:28 | 0:57:28 |
| 688. | 2222 | Lewandowski Radosław | Domasławek | Biegający Wągrowiec | 1977 | M30 | 223. | 547. | 0:28:33 (926.) | 0:54:43 | 05:28 | 1:04:00 |
| 690. | 1271 | Blandzi Filip | Poznan | | 1973 | M40 | 110. | 549. | 0:27:16 (592.) | 0:54:44 | 05:28 | 1:00:51 |
| 691. | 793 | Górniak Edward | Kościan | III faza team | 1973 | M40 | 111. | 550. | 0:28:22 (720.) | 0:54:46 | 05:28 | 1:01:31 |
| 692. | 794 | Białek Piotr | Szamotuły | | 1976 | M30 | 224. | 551. | 0:28:23 (721.) | 0:54:46 | 05:28 | 1:01:31 |
| 693. | 675 | Kwiatkowska-Borowczyk | Poznań | FAR FAR AWAY | 1974 | K40 | 22. | 142. | 0:28:05 (647.) | 0:54:47 | 05:28 | 1:01:01 |
| 694. | 676 | Borowczyk Arek | Poznań | FAR FAR AWAY | 1971 | M40 | 112. | 552. | 0:28:05 (646.) | 0:54:47 | 05:28 | 1:01:01 |
| 695. | 627 | Florkowska Kasia | Września | | 1987 | K20 | 64. | 143. | 0:28:14 (660.) | 0:54:52 | 05:29 | 1:01:09 |
| 697. | 142 | Staszak Agnieszka | Złotniki | Ekspres Lingo | 1977 | K30 | 55. | 145. | 0:27:27 (446.) | 0:54:53 | 05:29 | 0:57:33 |
| 696. | 544 | Osińska Marta | Poznań | | 1989 | K20 | 65. | 144. | 0:28:14 (659.) | 0:54:53 | 05:29 | 1:01:09 |
| 698. | 628 | Szukała Izabela | Poznań | | 1987 | K20 | 66. | 146. | 0:28:15 (661.) | 0:54:53 | 05:29 | 1:01:09 |
| 699. | 1014 | Woźniak Dorota | Tarnowo | | 1978 | K30 | 56. | 147. | () | 0:54:54 | 05:29 | 1:04:11 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------|--------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 700. | 1084 | Miszta Hubert | Poznań | | 1961 | M50 | 34. | 553. | 0:28:28 (1097.) | 0:54:54 | 05:29 | 1:06:58 |
| 701. | 1377 | Rzanny Bartłomiej | Poznań | | 1990 | M20 | 168. | 554. | 0:28:03 (467.) | 0:54:54 | 05:29 | 0:57:31 |
| 702. | 1013 | Rozwadowski Krzysztof | Poznan | Lechita.net | 1977 | M30 | 225. | 555. | 0:27:05 (837.) | 0:54:55 | 05:29 | 1:04:11 |
| 703. | 1378 | Hornik Natalia | Poznań | | 1988 | K20 | 67. | 148. | 0:28:03 (468.) | 0:54:55 | 05:29 | 0:57:31 |
| 705. | 465 | Plewa Adam | Buk | Bukowski Klub Biegacza | 1988 | M20 | 169. | 557. | 0:29:03 (743.) | 0:54:56 | 05:29 | 1:01:12 |
| 704. | 603 | Lewandowski Łukasz | Poznań | | 1975 | M40 | 113. | 556. | 0:28:04 (676.) | 0:54:56 | 05:29 | 1:01:35 |
| 706. | 273 | Pakulska-tomza Dorota | Suchy las | | 1976 | K30 | 57. | 149. | 0:28:06 (680.) | 0:54:57 | 05:29 | 1:01:35 |
| 708. | 509 | Wciórka Robert | Pobiedziska | Pobiedziska Running Team | 1973 | M40 | 114. | 558. | 0:28:37 (924.) | 0:54:58 | 05:29 | 1:04:10 |
| 707. | 1284 | Gawęcka Paulina | Luboń | PODICEPS | 1975 | K40 | 23. | 150. | 0:27:30 (610.) | 0:54:58 | 05:29 | 1:01:08 |
| 709. | 296 | Pawlak Jakub | Poznań | | 1974 | M40 | 115. | 559. | 0:28:13 (891.) | 0:54:59 | 05:29 | 1:04:05 |
| 710. | 976 | Kocik Przemysław | Buk | | 1988 | M20 | 170. | 560. | 0:29:01 (741.) | 0:55:01 | 05:30 | 1:01:18 |
| 711. | 526 | Kędziński Adam | Poznań | BBW | 1989 | M20 | 171. | 561. | 0:27:57 (885.) | 0:55:02 | 05:30 | 1:04:22 |
| 712. | 179 | Jokiel-Pawlak Aneta | Poznań | | 1978 | K30 | 58. | 151. | 0:28:27 (908.) | 0:55:03 | 05:30 | 1:04:08 |
| 713. | 1016 | Stodolny Lucjan | Kalisz | | 1982 | M30 | 226. | 562. | 0:28:38 (750.) | 0:55:03 | 05:30 | 1:01:48 |
| 714. | 112 | Pikulik Paulina | Poznań | | 1986 | K20 | 68. | 152. | 0:28:38 (751.) | 0:55:04 | 05:30 | 1:01:48 |
| 715. | 1365 | Pustelnik Łukasz | Głuchowo | | 1979 | M30 | 227. | 563. | 0:28:33 (729.) | 0:55:04 | 05:30 | 1:01:40 |
| 716. | 749 | Sadlińska Agnieszka | Poznań | | 1979 | K30 | 59. | 153. | 0:28:01 (462.) | 0:55:05 | 05:30 | 0:57:39 |
| 717. | 792 | Popiel Iwona | Kościan | | 1974 | K40 | 24. | 154. | 0:28:26 (728.) | 0:55:09 | 05:30 | 1:01:52 |
| 719. | 66 | Mrugalska Iwona | Poznań | | 1981 | K30 | 61. | 156. | 0:28:12 (654.) | 0:55:10 | 05:31 | 1:01:24 |
| 720. | 110 | Owczarczak Monika | Poznań | Wilda Biega | 1984 | K30 | 62. | 157. | 0:27:52 (638.) | 0:55:10 | 05:31 | 1:01:30 |
| 718. | 313 | Nowak Agnieszka | Poznań | | 1979 | K30 | 60. | 155. | 0:28:29 (678.) | 0:55:10 | 05:31 | 1:01:24 |
| 721. | 878 | Kolaśniewski Marek | Poznań | | 1976 | M30 | 228. | 564. | 0:28:52 (711.) | 0:55:10 | 05:31 | 1:01:19 |
| 722. | 320 | Jedynak Izabela | Tulce | KB Maniac Poznań | 1976 | K30 | 63. | 158. | 0:28:39 (917.) | 0:55:11 | 05:31 | 1:04:15 |
| 723. | 1613 | Gurdek Natalia | Śrem | | 1983 | K30 | 64. | 159. | 0:27:52 (632.) | 0:55:11 | 05:31 | 1:01:21 |
| 724. | 1096 | Mąderek Barbara | Gądki | | 1979 | K30 | 65. | 160. | 0:28:06 (663.) | 0:55:12 | 05:31 | 1:01:38 |
| 725. | 354 | Lajzer Marcin | Słubice | | 1988 | M20 | 172. | 565. | 0:28:39 (714.) | 0:55:18 | 05:31 | 1:01:42 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|-------------|-------------|------------------------|-------------|------------------|-----------|-----|------------|------------|-----------------|----------------|-----------------|----------------|
| 727. | 379 | Cierpiałkowska | Piznan | | 1974 | K40 | 25. | 161. | 0:27:51 (623.) | 0:55:18 | 05:31 | 1:01:20 |
| 726. | 1531 | NOWACKI MICHAŁ | Bydgoszcz | | 1976 | M30 | 229. | 566. | 0:29:20 (800.) | 0:55:18 | 05:31 | 1:01:56 |
| 728. | 1045 | Sobala Łukasz | Poznań | Night Runners | 1982 | M30 | 230. | 567. | 0:28:48 (916.) | 0:55:19 | 05:31 | 1:04:15 |
| 729. | 1494 | Staszyńska Karolina | Tulce | | 1977 | K30 | 66. | 162. | 0:27:40 (619.) | 0:55:19 | 05:31 | 1:01:27 |
| 730. | 389 | Przymorska-Wiercioch | Wągrowiec | | 1982 | K30 | 67. | 163. | 0:27:52 (636.) | 0:55:20 | 05:32 | 1:01:32 |
| 731. | 871 | Kuśmierczyk Adam | Poznań | | 1986 | M20 | 173. | 568. | 0:28:19 (708.) | 0:55:21 | 05:32 | 1:01:59 |
| 732. | 1029 | Ziętkiewicz Dawid | KOZIEGŁOWY | | 1985 | M30 | 231. | 569. | 0:28:32 (485.) | 0:55:21 | 05:32 | 0:58:06 |
| 734. | 376 | Młotkowski Waldek | Poznań | Night Runners | 1960 | M50 | 35. | 571. | 0:28:47 (724.) | 0:55:22 | 05:32 | 1:01:44 |
| 733. | 1028 | Andrzejewski Mateusz | Swarzędz | | 1991 | M20 | 174. | 570. | 0:30:15 (1056.) | 0:55:22 | 05:32 | 1:05:01 |
| 735. | 364 | Pawłowski Wojciech | Poznań | KORWiN | 1990 | M20 | 175. | 572. | 0:27:51 (465.) | 0:55:23 | 05:32 | 0:58:10 |
| 736. | 1063 | Kolasiński Dariusz | Jarocin | | 1991 | M20 | 176. | 573. | 0:28:40 (700.) | 0:55:23 | 05:32 | 1:01:36 |
| 737. | 416 | Skrzypek Mariusz | Grodzisk | | 1971 | M40 | 116. | 574. | 0:28:54 (747.) | 0:55:24 | 05:32 | 1:01:51 |
| 740. | 774 | Koprucki Roman | Wojnowice | Wojnowicka Setka | 1961 | M50 | 37. | 576. | 0:28:04 (463.) | 0:55:25 | 05:32 | 0:57:59 |
| 738. | 1115 | Konieczna Angelina | Gniezno | | 1985 | K30 | 68. | 164. | 0:28:14 (896.) | 0:55:25 | 05:32 | 1:04:31 |
| 739. | 1443 | SŁOMCZYŃSKI MICHAŁ | Poznań | | 1959 | M50 | 36. | 575. | 0:28:10 (884.) | 0:55:25 | 05:32 | 1:04:31 |
| 741. | 445 | CHŁĘDOWSKI MARIUSZ | KOSTRZYN | | 1989 | M20 | 177. | 577. | 0:28:10 (657.) | 0:55:26 | 05:32 | 1:01:44 |
| 743. | 1381 | Kaliszan Jakub | Poznan | | 1977 | M30 | 232. | 578. | 0:28:33 (914.) | 0:55:26 | 05:32 | 1:04:35 |
| 742. | 2251 | Horbowska Elwira | Poznan | | 1978 | K30 | 69. | 165. | 0:28:34 (913.) | 0:55:26 | 05:32 | 1:04:34 |
| 744. | 214 | Maćkowiak Marek | Grodzisk | STADO | 1979 | M30 | 233. | 579. | 0:28:54 (748.) | 0:55:27 | 05:32 | 1:01:54 |
| 745. | 881 | Sajna Piotr | Słupca | | 1988 | M20 | 178. | 580. | 0:27:42 (458.) | 0:55:30 | 05:33 | 0:58:16 |
| 746. | 986 | Szrejbrowski Tymoteusz | Poznań | | 1980 | M30 | 234. | 581. | 0:28:08 (886.) | 0:55:31 | 05:33 | 1:04:40 |
| 747. | 1189 | Schupke-Łuczak | Poznań | | 1978 | K30 | 70. | 166. | 0:29:10 (788.) | 0:55:32 | 05:33 | 1:02:11 |
| 748. | 599 | Jóźwiak Marek | Kobylnica | | 1952 | M60 | 3. | 582. | 0:30:10 (1044.) | 0:55:34 | 05:33 | 1:05:16 |
| 749. | 850 | Słojewski Piotr | Swarzędz | | 1973 | M40 | 117. | 583. | 0:28:11 (893.) | 0:55:34 | 05:33 | 1:04:42 |
| 750. | 586 | Rusinek Ewa | Szamotoły | | 1984 | K30 | 71. | 167. | 0:28:41 (922.) | 0:55:35 | 05:33 | 1:04:42 |
| 751. | 2234 | Olejniczak Sławomir | Nekla | Active Nekla | 1975 | M40 | 118. | 584. | 0:29:16 (812.) | 0:55:35 | 05:33 | 1:02:21 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-----------------|-------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 752. | 1487 | Olechnowicz Katarzyna | Słubice | Crossfit 69100 | 1977 | K30 | 72. | 168. | 0:28:41 (717.) | 0:55:37 | 05:33 | 1:02:01 |
| 753. | 217 | Nowak Paweł | Grodzisk | | 1981 | M30 | 235. | 585. | 0:28:55 (749.) | 0:55:38 | 05:33 | 1:02:04 |
| 755. | 292 | Pertek Radomir | Czarnków | | 1977 | M30 | 236. | 587. | 0:29:02 (756.) | 0:55:40 | 05:34 | 1:02:09 |
| 756. | 811 | Szczyrba Ryszard | Poznań | Sowa | 1958 | M50 | 38. | 588. | 0:28:47 (953.) | 0:55:40 | 05:34 | 1:05:13 |
| 754. | 1055 | Losiak Paweł | Poznań | | 1974 | M40 | 119. | 586. | 0:28:29 (707.) | 0:55:40 | 05:34 | 1:02:08 |
| 757. | 1353 | Lisiecki Paweł | Plewiska | | 1986 | M20 | 179. | 589. | 0:28:55 (742.) | 0:55:40 | 05:34 | 1:02:04 |
| 758. | 1324 | Stermula Agata | Grodzisk Wilkp | | 1982 | K30 | 73. | 169. | 0:28:35 (497.) | 0:55:41 | 05:34 | 0:58:29 |
| 760. | 175 | Szczodrzyńska Kasia | Poznań | AchTeDzieciaki.pl | 1979 | K30 | 74. | 170. | 0:28:30 (488.) | 0:55:42 | 05:34 | 0:58:31 |
| 759. | 689 | Cybal Michał | Grodzisk Wilkp. | | 1974 | M40 | 120. | 590. | 0:27:15 (588.) | 0:55:42 | 05:34 | 1:01:47 |
| 761. | 867 | Orlicki Michał | Poznań | | 1981 | M30 | 237. | 591. | 0:28:08 (643.) | 0:55:42 | 05:34 | 1:01:49 |
| 762. | 176 | Szczodrzyński Piotr | Poznań | AchTeDzieciaki.pl | 1974 | M40 | 121. | 592. | 0:28:31 (492.) | 0:55:43 | 05:34 | 0:58:32 |
| 764. | 771 | Maciola Waldemar | Lubin | | 1985 | M30 | 239. | 594. | 0:28:51 (736.) | 0:55:43 | 05:34 | 1:02:06 |
| 763. | 804 | Michałowski Paweł | Zbąszyń | | 1979 | M30 | 238. | 593. | 0:28:53 (764.) | 0:55:43 | 05:34 | 1:02:27 |
| 765. | 1622 | Krasicka Kasia | Więcbork | | 1981 | K30 | 75. | 171. | 0:28:47 (483.) | 0:55:44 | 05:34 | 0:58:14 |
| 768. | 177 | Ludwiczak Aleksander | Skórzewo | Yuppi Squad | 1985 | M30 | 241. | 596. | 0:29:36 (1007.) | 0:55:45 | 05:34 | 1:05:27 |
| 769. | 1190 | Schupke Katarzyna | Poznań | | 1975 | K40 | 26. | 173. | 0:29:10 (787.) | 0:55:45 | 05:34 | 1:02:24 |
| 767. | 1265 | Lisewska Anna | Tarnowo | | 1977 | K30 | 76. | 172. | 0:27:52 (633.) | 0:55:45 | 05:34 | 1:01:56 |
| 766. | 1505 | Szwed Marcin | Poznań | Biegajnia Poznań | 1978 | M30 | 240. | 595. | 0:28:39 (706.) | 0:55:45 | 05:34 | 1:02:03 |
| 770. | 417 | Szwed Monika | Poznań | Biegajnia Poznań | 1979 | K30 | 77. | 174. | 0:28:42 (709.) | 0:55:46 | 05:34 | 1:02:03 |
| 771. | 591 | Jackowska Katarzyna | Poznan | | 1974 | K40 | 27. | 175. | 0:29:11 (966.) | 0:55:47 | 05:34 | 1:05:12 |
| 772. | 756 | Maciejewski Dawid | Poznań | | 1990 | M20 | 180. | 597. | 0:29:17 (789.) | 0:55:48 | 05:34 | 1:02:20 |
| 775. | 226 | Piechocki Dawid | Grodzisk | STADO | 1974 | M40 | 122. | 598. | 0:28:29 (667.) | 0:55:50 | 05:35 | 1:01:54 |
| 776. | 577 | Przybysz Kinga | Poznań | | 1989 | K20 | 71. | 178. | 0:28:41 (500.) | 0:55:50 | 05:35 | 0:58:35 |
| 773. | 904 | Kaik Anna | Poznań | | 1986 | K20 | 69. | 176. | 0:28:34 (675.) | 0:55:50 | 05:35 | 1:01:58 |
| 774. | 1452 | Paszke Agnieszka | Bytów | | 1994 | K20 | 70. | 177. | 0:28:40 (734.) | 0:55:50 | 05:35 | 1:02:23 |
| 777. | 369 | Wzgarda Anna | Poznań | | 1988 | K20 | 72. | 179. | 0:28:10 (645.) | 0:55:51 | 05:35 | 1:01:57 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|---------------|----------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 778. | 639 | GRAJZER JACEK | POZNAN | SUMIN SUCHY LAS | 1966 | M40 | 123. | 599. | 0:28:25 (473.) | 0:55:54 | 05:35 | 0:58:21 |
| 779. | 748 | Kalemba Dominik | Sędzinko | TRiM-tech | 1982 | M30 | 242. | 600. | 0:29:29 (976.) | 0:55:54 | 05:35 | 1:05:07 |
| 780. | 1359 | Kieliszewska - Bujna | Suchy Las | | 1978 | K30 | 78. | 180. | 0:28:55 (719.) | 0:55:55 | 05:35 | 1:02:06 |
| 782. | 47 | Woźniak Tomasz | Poznań | | 1957 | M50 | 39. | 602. | 0:28:57 (945.) | 0:55:56 | 05:35 | 1:05:09 |
| 781. | 236 | Łuczak Jan | Poznań | TRiM-tech | 1990 | M20 | 181. | 601. | 0:29:30 (974.) | 0:55:56 | 05:35 | 1:05:07 |
| 783. | 1385 | Kaczmarek Agata | Poznań | TKD Szakal Jeżyce | 1973 | K40 | 28. | 181. | 0:28:32 (481.) | 0:56:00 | 05:36 | 0:58:40 |
| 785. | 1044 | Zieleśkiewicz Anna | Poznań | | 1984 | K30 | 79. | 182. | 0:28:33 (701.) | 0:56:01 | 05:36 | 1:02:21 |
| 784. | 1205 | Krakowski Tomasz | Poznań | Bizon Survival Group | 1975 | M40 | 124. | 603. | 0:28:32 (482.) | 0:56:01 | 05:36 | 0:58:40 |
| 788. | 1277 | Balbus Maciej | Wągrowiec | | 1978 | M30 | 243. | 606. | 0:29:02 (948.) | 0:56:02 | 05:36 | 1:05:13 |
| 786. | 1587 | Syczyło Karol | Poznań | ENDORFINY | 1988 | M20 | 182. | 604. | 0:29:09 (755.) | 0:56:02 | 05:36 | 1:02:22 |
| 787. | 1633 | Adryjanek Konrad | Poznań | | 1986 | M20 | 183. | 605. | 0:28:50 (949.) | 0:56:02 | 05:36 | 1:05:25 |
| 790. | 485 | Wróbel Marzena | Przew | niezrzeszony | 1980 | K30 | 80. | 184. | 0:29:11 (769.) | 0:56:04 | 05:36 | 1:02:32 |
| 789. | 1585 | Walkowiak Joanna | Kostrzyn | ENDORFINY | 1990 | K20 | 73. | 183. | 0:29:11 (757.) | 0:56:04 | 05:36 | 1:02:24 |
| 792. | 315 | Wierszewski Jacek | Poznań | | 1972 | M40 | 125. | 608. | 0:30:14 (1013.) | 0:56:05 | 05:36 | 1:05:22 |
| 791. | 484 | Pyta Grzegorz | Grodzisk Wilk | niezrzeszony | 1960 | M50 | 40. | 607. | 0:29:11 (770.) | 0:56:05 | 05:36 | 1:02:33 |
| 793. | 772 | Wachacz Marcin | Dominowo | | 1992 | M20 | 184. | 609. | 0:29:37 (817.) | 0:56:06 | 05:36 | 1:02:38 |
| 794. | 773 | Garzeń Paulina | Rakoniewice | Niagara Fitness Klub | 1992 | K20 | 74. | 185. | 0:29:37 (818.) | 0:56:06 | 05:36 | 1:02:38 |
| 796. | 981 | Kaniewska Sandra | Poznań | | 1992 | K20 | 75. | 186. | 0:28:41 (702.) | 0:56:06 | 05:36 | 1:02:21 |
| 795. | 1266 | Walkowiak Maciej | Poznań | | 1974 | M40 | 126. | 610. | 0:26:30 (382.) | 0:56:06 | 05:36 | 0:58:27 |
| 797. | 1526 | Karaszewicz Sylwia | Poznań | | 1975 | K40 | 29. | 187. | 0:29:20 (970.) | 0:56:06 | 05:36 | 1:05:25 |
| 798. | 228 | Soroka Ewa | Dąbrówka | | 1985 | K30 | 81. | 188. | 0:29:09 (520.) | 0:56:07 | 05:36 | 0:58:49 |
| 799. | 501 | Walędziak Piotr | Tarnowo | Wuef Club | 1981 | M30 | 244. | 611. | 0:30:14 (1028.) | 0:56:08 | 05:36 | 1:05:38 |
| 800. | 407 | Kaczmarek Mikołaj | Luboń | Samochodowka | 1997 | M16 | 15. | 612. | 0:29:37 (828.) | 0:56:09 | 05:36 | 1:02:47 |
| 801. | 1104 | Łagodzińska Izabela | Pleszew | Night Runners | 1989 | K20 | 76. | 189. | 0:28:55 (934.) | 0:56:10 | 05:37 | 1:05:15 |
| 803. | 221 | Twardowski Michał | Środa Wilk | BRACHOLE | 1980 | M30 | 245. | 614. | 0:29:32 (821.) | 0:56:11 | 05:37 | 1:02:50 |
| 802. | 1135 | Walczak Dariusz | Daszewice | Night Runners | 1986 | M20 | 185. | 613. | 0:28:55 (933.) | 0:56:11 | 05:37 | 1:05:16 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------|--------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 804. | 1218 | Dawidziak Paweł | Poznań | KB ILoveZiemek | 1985 | M30 | 246. | 615. | 0:29:08 (968.) | 0:56:11 | 05:37 | 1:05:40 |
| 805. | 383 | Bajer Anna | Tarnowo | | 1982 | K30 | 82. | 190. | 0:29:07 (790.) | 0:56:13 | 05:37 | 1:02:55 |
| 806. | 1368 | Braun Ewelina | Kościan | | 1976 | K30 | 83. | 191. | 0:29:56 (849.) | 0:56:13 | 05:37 | 1:02:47 |
| 807. | 227 | Tabaczka Piotr | Tarnowo | GB Wielkopolscy Biegacze | 1975 | M40 | 127. | 616. | 0:29:08 (792.) | 0:56:14 | 05:37 | 1:02:56 |
| 808. | 735 | staśkowiak rafał | poznań | | 1985 | M30 | 247. | 617. | 0:28:46 (928.) | 0:56:15 | 05:37 | 1:05:25 |
| 810. | 186 | Adamczak Krzysztof | Poznań | ANIELI TEAM | 1981 | M30 | 248. | 618. | 0:30:28 (1050.) | 0:56:16 | 05:37 | 1:05:41 |
| 809. | 549 | Nowakowska Ada | Poznań | | 1995 | K20 | 77. | 192. | 0:28:33 (669.) | 0:56:16 | 05:37 | 1:02:19 |
| 811. | 873 | Łuka Emilia | Siedlec | | 1993 | K20 | 78. | 193. | 0:29:59 (826.) | 0:56:19 | 05:37 | 1:02:33 |
| 812. | 872 | Jós Damian | Szamotuły | Drużyna Szpiku | 1990 | M20 | 186. | 619. | 0:30:00 (825.) | 0:56:20 | 05:38 | 1:02:33 |
| 813. | 1112 | Koralewski Paweł | Poznań | gRUNwald Team Poznań | 1983 | M30 | 249. | 620. | 0:30:19 (1055.) | 0:56:22 | 05:38 | 1:05:58 |
| 815. | 1434 | Feierabend Beata | Poznań | | 1971 | K40 | 30. | 194. | 0:28:13 (477.) | 0:56:22 | 05:38 | 0:59:08 |
| 814. | 1522 | Jóźwiak Jarosław | Kobylnica | | 1976 | M30 | 250. | 621. | 0:30:44 (1091.) | 0:56:22 | 05:38 | 1:06:04 |
| 816. | 666 | Kulczyński Krzysztof | Poznań | | 1971 | M40 | 128. | 622. | 0:29:42 (1019.) | 0:56:23 | 05:38 | 1:06:18 |
| 818. | 1195 | Banach Karolina | Wągrowiec | Biegający Wągrowiec | 1980 | K30 | 85. | 196. | 0:29:05 (760.) | 0:56:25 | 05:38 | 1:02:56 |
| 817. | 1296 | Dubicka-Latzke Maria | Poznań | huragan szklarka poznań | 1981 | K30 | 84. | 195. | 0:29:23 (799.) | 0:56:25 | 05:38 | 1:02:59 |
| 820. | 799 | Płatek Joanna | Poznań | | 1969 | K40 | 31. | 197. | 0:29:12 (779.) | 0:56:27 | 05:38 | 1:03:00 |
| 819. | 1297 | Latzke Krzysztof | Poznań | huragan szklarka poznań | 1981 | M30 | 251. | 623. | 0:29:22 (797.) | 0:56:27 | 05:38 | 1:03:00 |
| 822. | 598 | Andrzejewski Jarosław | Swarzędz | | 1964 | M50 | 41. | 625. | 0:30:46 (1090.) | 0:56:28 | 05:38 | 1:06:07 |
| 821. | 1256 | Dembiński Igor | Poznań | | 1974 | M40 | 129. | 624. | 0:29:27 (993.) | 0:56:28 | 05:38 | 1:05:59 |
| 823. | 506 | Budzyła Adam | Poznań | drużyna szpiku | 1980 | M30 | 252. | 626. | 0:29:31 (811.) | 0:56:29 | 05:38 | 1:02:58 |
| 824. | 335 | Pajak Krzysztof | Skórzewo | mamy biegamy | 1981 | M30 | 253. | 627. | 0:28:43 (744.) | 0:56:30 | 05:39 | 1:03:06 |
| 825. | 798 | Zborowski Paweł | Plewiska | | 1969 | M40 | 130. | 628. | 0:29:12 (774.) | 0:56:30 | 05:39 | 1:03:00 |
| 827. | 507 | Libera Adrian | Poznań | Drużyna Szpiku | 1983 | M30 | 255. | 630. | 0:29:31 (807.) | 0:56:31 | 05:39 | 1:02:59 |
| 826. | 1527 | Szymoniak Marcin | Poznań | | 1979 | M30 | 254. | 629. | 0:30:44 (1092.) | 0:56:31 | 05:39 | 1:06:12 |
| 828. | 520 | Szczurowski Zygmunt | KACZORY | THE CHAMPIONS | 1955 | M60 | 4. | 631. | 0:29:12 (987.) | 0:56:32 | 05:39 | 1:06:12 |
| 829. | 890 | Szajkowski Adam | Poznań | | 1983 | M30 | 256. | 632. | 0:29:27 (805.) | 0:56:32 | 05:39 | 1:03:04 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|---------------|----------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 830. | 285 | Danielczyk Maria | Piaski | | 1991 | K20 | 79. | 198. | 0:28:37 (703.) | 0:56:35 | 05:39 | 1:02:53 |
| 831. | 908 | Piasecka Karolina | Mosina | | 1982 | K30 | 86. | 199. | 0:29:17 (954.) | 0:56:35 | 05:39 | 1:05:38 |
| 832. | 1224 | Konopka Agnieszka | Suchy Las | | 1977 | K30 | 87. | 200. | 0:29:19 (965.) | 0:56:35 | 05:39 | 1:05:53 |
| 833. | 1441 | Cyraniak Urszula | Koziegłowy | | 1971 | K40 | 32. | 201. | 0:29:38 (832.) | 0:56:36 | 05:39 | 1:03:16 |
| 835. | 619 | Szumaska Anna | Plewiska | | 1983 | K30 | 88. | 202. | 0:28:43 (739.) | 0:56:38 | 05:39 | 1:03:13 |
| 834. | 711 | Cyferkowski Roman | Poznań | Piątkowo na Biegowo | 1981 | M30 | 257. | 633. | 0:29:07 (735.) | 0:56:38 | 05:39 | 1:02:44 |
| 836. | 200 | Kaczmarek Sylwia | Murowana | | 1974 | K40 | 33. | 203. | 0:28:49 (723.) | 0:56:39 | 05:39 | 1:02:58 |
| 837. | 922 | Ludwiczak Monika | Przeźmierowo | | 1982 | K30 | 89. | 204. | 0:29:28 (813.) | 0:56:39 | 05:39 | 1:03:15 |
| 840. | 32 | Stachowska Marta | Kamionki | | 1988 | K20 | 81. | 207. | 0:28:35 (484.) | 0:56:40 | 05:40 | 0:59:22 |
| 838. | 661 | Kaczmarek Emilia | Nowy Tomyśl | | 1993 | K20 | 80. | 205. | 0:28:25 (690.) | 0:56:40 | 05:40 | 1:03:02 |
| 839. | 1078 | Brzezińska-Kapłon Edyta | POZNAŃ | | 1968 | K40 | 34. | 206. | 0:29:22 (781.) | 0:56:40 | 05:40 | 1:03:03 |
| 841. | 1383 | Meliński Andrzej | Poznań | Meliński Minuth | 1948 | M60 | 5. | 634. | 0:29:01 (495.) | 0:56:42 | 05:40 | 0:59:03 |
| 842. | 1582 | Lubiejewska Marta | Kurza Góra | | 1990 | K20 | 82. | 208. | 0:29:01 (778.) | 0:56:43 | 05:40 | 1:03:27 |
| 843. | 205 | Wojciegowska-Nowak | Poznań | | 1984 | K30 | 90. | 209. | 0:28:13 (655.) | 0:56:44 | 05:40 | 1:02:58 |
| 844. | 1412 | Kulanin Anna | Kołobrzeg | | 1986 | K20 | 83. | 210. | 0:29:08 (1130.) | 0:56:45 | 05:40 | 1:08:51 |
| 845. | 460 | Stelmach Aleksandra | Poznań | | 1984 | K30 | 91. | 211. | 0:29:24 (815.) | 0:56:46 | 05:40 | 1:03:29 |
| 849. | 668 | Jurga Sebastian | Poznań | Night Runners Poznań | 1981 | M30 | 259. | 636. | 0:28:55 (940.) | 0:56:49 | 05:40 | 1:06:01 |
| 850. | 1138 | Cichański Rafał | Rokietnica | | 1976 | M30 | 260. | 637. | 0:28:31 (912.) | 0:56:49 | 05:40 | 1:05:58 |
| 847. | 1142 | Kostrzyńska Ewa | Szamotuły | KB Szamotuły | 1974 | K40 | 35. | 212. | 0:28:39 (489.) | 0:56:49 | 05:40 | 0:59:30 |
| 851. | 1146 | Kapecka Małgorzata | Wałcz | | 1983 | K30 | 93. | 214. | 0:29:54 (1161.) | 0:56:49 | 05:40 | 1:08:58 |
| 846. | 1207 | Wieczorek Łukasz | Szamotuły | KB Szamotuły | 1984 | M30 | 258. | 635. | 0:28:38 (490.) | 0:56:49 | 05:40 | 0:59:30 |
| 848. | 1516 | Siennicka Dominika | Rzepin | | 1983 | K30 | 92. | 213. | 0:28:18 (907.) | 0:56:49 | 05:40 | 1:06:03 |
| 852. | 167 | Kubsik Przemek | Mosina | | 1988 | M20 | 187. | 638. | 0:28:33 (673.) | 0:56:50 | 05:41 | 1:02:57 |
| 854. | 705 | Roik Kamila | Swarzędz | Roikowo | 1980 | K30 | 94. | 215. | 0:28:49 (710.) | 0:56:50 | 05:41 | 1:03:00 |
| 853. | 900 | Stachowiak Maciej | Piła | | 1974 | M40 | 131. | 639. | 0:29:46 (839.) | 0:56:50 | 05:41 | 1:03:28 |
| 855. | 1572 | Matuszczak Julita | Kostrzyn Wlkp | | 1978 | K30 | 95. | 216. | 0:28:40 (679.) | 0:56:51 | 05:41 | 1:02:55 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|-------------|---------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 856. | 1607 | Ziemniewska Karolina | MODRZEWIOWA | | 1977 | K30 | 96. | 217. | 0:30:04 (822.) | 0:56:51 | 05:41 | 1:02:59 |
| 857. | 662 | Weyssenhoff Piotr | Kościan | Dziki Zgon Kościan | 1990 | M20 | 188. | 640. | 0:30:29 (1051.) | 0:56:52 | 05:41 | 1:06:17 |
| 858. | 211 | Rozynek Łukasz | Poznań | Biegajnia Poznań | 1985 | M30 | 261. | 641. | 0:28:48 (716.) | 0:56:53 | 05:41 | 1:03:10 |
| 859. | 2232 | Pietraszak Krzysztof | Kobylniki | | 1972 | M40 | 132. | 642. | 0:27:55 (454.) | 0:56:54 | 05:41 | 0:59:17 |
| 860. | 617 | Dominiczak Dawid | Mechlin | | 1980 | M30 | 262. | 643. | 0:30:34 (1038.) | 0:56:55 | 05:41 | 1:06:10 |
| 861. | 1305 | Kucharski Michał | Luboń | Piotr i Paweł Marka Formy | 1981 | M30 | 263. | 644. | 0:29:34 (999.) | 0:56:56 | 05:41 | 1:06:27 |
| 862. | 690 | Frankowski Łukasz | Poznań | Pyrlandia | 1984 | M30 | 264. | 645. | 0:28:53 (957.) | 0:56:57 | 05:41 | 1:06:28 |
| 863. | 943 | Staniszewska Anita | Poznań | | 1986 | K20 | 84. | 218. | 0:28:39 (674.) | 0:56:58 | 05:41 | 1:03:01 |
| 865. | 1269 | Nagórka Łukasz | Poznań | | 1980 | M30 | 265. | 646. | 0:29:48 (846.) | 0:56:58 | 05:41 | 1:03:37 |
| 864. | 1408 | Sikorska Marzena | Leszno | - | 1971 | K40 | 36. | 219. | 0:29:28 (810.) | 0:56:58 | 05:41 | 1:03:28 |
| 866. | 733 | Letachowicz Aleksandra | Olsztyn | | 1991 | K20 | 85. | 220. | 0:28:46 (501.) | 0:56:59 | 05:41 | 0:59:42 |
| 867. | 743 | Poterska Anna | Kłecko | | 1993 | K20 | 86. | 221. | 0:29:08 (952.) | 0:56:59 | 05:41 | 1:06:11 |
| 868. | 784 | Monastyrski Mykola | Warszawa | | 1986 | M20 | 189. | 647. | 0:30:23 (1060.) | 0:57:00 | 05:42 | 1:06:34 |
| 869. | 947 | Konury Joanna | Poznań | | 1991 | K20 | 87. | 222. | 0:29:10 (960.) | 0:57:01 | 05:42 | 1:06:19 |
| 870. | 1007 | Ewiak Patrycja | Poznań | | 1987 | K20 | 88. | 223. | 0:28:42 (923.) | 0:57:01 | 05:42 | 1:06:07 |
| 871. | 1130 | Pietrowicz Weronika | Lusówko | | 1994 | K20 | 89. | 224. | 0:31:56 (1238.) | 0:57:03 | 05:42 | 1:09:05 |
| 872. | 337 | Mroczyk Bartosz | Śroa Wlkp. | | 1992 | M20 | 190. | 648. | 0:28:53 (746.) | 0:57:04 | 05:42 | 1:03:32 |
| 874. | 621 | Woźniak Beata | Kozięgłowy | | 1977 | K30 | 98. | 226. | 0:29:03 (950.) | 0:57:07 | 05:42 | 1:06:21 |
| 873. | 887 | Jurga-Kąkol Ewa | Kościan | | 1983 | K30 | 97. | 225. | 0:29:37 (973.) | 0:57:07 | 05:42 | 1:06:10 |
| 875. | 1352 | Błachowiak Dominik | Swarzędz | | 1980 | M30 | 266. | 649. | 0:28:09 (876.) | 0:57:07 | 05:42 | 1:06:10 |
| 876. | 153 | Jaskuła Arkadiusz | Poznań | Śledz w Pyrlandii | 1981 | M30 | 267. | 650. | 0:29:14 (768.) | 0:57:08 | 05:42 | 1:03:33 |
| 877. | 742 | Piguła Agnieszka | Poznań | | 1978 | K30 | 99. | 227. | 0:29:00 (939.) | 0:57:09 | 05:42 | 1:06:14 |
| 880. | 430 | Łazarowicz Katarzyna | Poznań | | 1973 | K40 | 37. | 229. | 0:28:29 (474.) | 0:57:10 | 05:43 | 0:59:34 |
| 878. | 694 | Dworczak Arkadiusz | Dąbrowa | | 1970 | M40 | 133. | 651. | 0:28:40 (682.) | 0:57:10 | 05:43 | 1:03:14 |
| 879. | 701 | Klysz Agata | POznań | | 1985 | K30 | 100. | 228. | 0:30:47 (1081.) | 0:57:10 | 05:43 | 1:06:34 |
| 881. | 706 | Kowalik Anna | Poznań | | 1987 | K20 | 90. | 230. | 0:29:45 (803.) | 0:57:11 | 05:43 | 1:03:24 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|-------------------|-------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 882. | 156 | Czajka Elżbieta | Międzyrzecz | | 1989 | K20 | 91. | 231. | 0:29:27 (771.) | 0:57:12 | 05:43 | 1:03:24 |
| 884. | 157 | Ratajczak Marta | Poznań | Night Runners Poznań | 1989 | K20 | 93. | 233. | 0:29:27 (772.) | 0:57:12 | 05:43 | 1:03:24 |
| 883. | 899 | Karasińska Dagmara | Poznań | | 1992 | K20 | 92. | 232. | 0:29:42 (553.) | 0:57:12 | 05:43 | 0:59:57 |
| 885. | 290 | Mnich Karol | Poznań | | 1960 | M50 | 42. | 652. | 0:29:35 (969.) | 0:57:15 | 05:43 | 1:06:19 |
| 886. | 1432 | Krawczyk Bartosz | Poznań | | 1990 | M20 | 191. | 653. | 0:30:25 (1035.) | 0:57:17 | 05:43 | 1:06:40 |
| 887. | 271 | Rudnicki Marcin | Swarzedz | | 1974 | M40 | 134. | 654. | 0:29:18 (1133.) | 0:57:18 | 05:43 | 1:09:23 |
| 888. | 215 | Zakrzewski Jędrzej | Poznań | | 1989 | M20 | 192. | 655. | 0:32:10 (1149.) | 0:57:20 | 05:44 | 1:06:52 |
| 889. | 1101 | Mozolewski Jakub | Poznań | | 1987 | M20 | 193. | 656. | 0:29:14 (961.) | 0:57:20 | 05:44 | 1:06:36 |
| 890. | 1200 | Gołębiewski Roman | Poznań | | 1969 | M40 | 135. | 657. | 0:29:18 (754.) | 0:57:21 | 05:44 | 1:03:30 |
| 892. | 672 | Wasilewski Jarosław | Poznań | | 1983 | M30 | 268. | 658. | 0:30:06 (865.) | 0:57:22 | 05:44 | 1:04:06 |
| 891. | 1129 | Wojtera Joanna | Poznań | | 1994 | K20 | 94. | 234. | 0:28:46 (498.) | 0:57:22 | 05:44 | 0:59:59 |
| 893. | 923 | Szumiński Michał | Poznań | Wilda Biega | 1986 | M20 | 194. | 659. | () | 0:57:24 | 05:44 | 1:03:33 |
| 894. | 1451 | Koczewski Paweł | Poznań | Maltańska Grupa Biegowa | 1965 | M50 | 43. | 660. | 0:29:05 (759.) | 0:57:25 | 05:44 | 1:03:52 |
| 896. | 502 | Dachtera-Wałędziak | Tarnowo | Wufel Club | 1975 | K40 | 38. | 235. | 0:30:15 (1030.) | 0:57:27 | 05:44 | 1:06:57 |
| 895. | 1320 | Rogowski Rafał | Daszewice | | 1976 | M30 | 269. | 661. | 0:28:28 (705.) | 0:57:27 | 05:44 | 1:03:55 |
| 898. | 392 | Stefaniak Łukasz | Złotniki | | 1978 | M30 | 270. | 662. | 0:29:55 (1008.) | 0:57:28 | 05:44 | 1:06:53 |
| 897. | 1479 | Jaškowiak Katarzyna | Koziegłowy | | 1982 | K30 | 101. | 236. | 0:30:37 (1079.) | 0:57:28 | 05:44 | 1:06:58 |
| 899. | 959 | Płócienniczak Dominika | Poznań | | 1987 | K20 | 95. | 237. | 0:29:08 (526.) | 0:57:29 | 05:44 | 1:00:19 |
| 900. | 1326 | Poniewski Paweł | Sława | KB Katorżnik Murowana Goślina | 1985 | M30 | 271. | 663. | 0:28:41 (918.) | 0:57:29 | 05:44 | 1:06:33 |
| 901. | 1299 | Kalota Kamil | Wągrowiec | Run Rogoźno | 1990 | M20 | 195. | 664. | 0:29:12 (958.) | 0:57:32 | 05:45 | 1:06:46 |
| 902. | 1177 | Wizła Tadeusz | Poznań | | 1960 | M50 | 44. | 665. | 0:30:29 (864.) | 0:57:33 | 05:45 | 1:03:55 |
| 903. | 841 | Kurzyk Karolina | Luboń | | 1979 | K30 | 102. | 238. | 0:29:36 (1002.) | 0:57:34 | 05:45 | 1:07:04 |
| 904. | 1100 | Borowski Marcin | Luboń | | 1985 | M30 | 272. | 666. | 0:29:21 (967.) | 0:57:36 | 05:45 | 1:06:52 |
| 905. | 37 | Kielan Paweł | Siekierki Wielkie | Kibole w Biegu | 1979 | M30 | 273. | 667. | 0:28:20 (1089.) | 0:57:37 | 05:45 | 1:09:41 |
| 906. | 964 | ZAJĄC KRZYSZTOF | POZNAŃ | ZP Szpiki Drużyna Szpiku | 1977 | M30 | 274. | 668. | 0:29:33 (1147.) | 0:57:38 | 05:45 | 1:09:47 |
| 907. | 129 | Marczak Paulina | Poznań | gRUNwald Team Poznań | 1989 | K20 | 96. | 239. | 0:29:06 (944.) | 0:57:40 | 05:46 | 1:06:43 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------|-------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 908. | 1606 | Kordylas Klaudia | Luboń | | 1990 | K20 | 97. | 240. | 0:29:39 (1000.) | 0:57:43 | 05:46 | 1:07:10 |
| 909. | 862 | Pobłocka Paulina | 632 | Jeźdźcy Świń | 1986 | K20 | 98. | 241. | 0:29:30 (1146.) | 0:57:44 | 05:46 | 1:09:52 |
| 910. | 1390 | Marciniak Katarzyna | Rokietnica | Nice Lady Fitness | 1987 | K20 | 99. | 242. | 0:30:26 (1066.) | 0:57:44 | 05:46 | 1:07:19 |
| 912. | 1546 | Tundak Zuzanna | Poznań | Muppet team | 1990 | K20 | 100. | 243. | 0:30:47 (881.) | 0:57:45 | 05:46 | 1:04:12 |
| 911. | 1547 | Tundak Antoni | Poznań | KS MUPPETY | 1995 | M20 | 196. | 669. | 0:30:47 (883.) | 0:57:45 | 05:46 | 1:04:13 |
| 913. | 1543 | Mroczkowska Magdalena | Suchy Las | | 1978 | K30 | 103. | 244. | 0:30:18 (1027.) | 0:57:47 | 05:46 | 1:07:12 |
| 914. | 730 | Urbańska Jolanta | Krobia | Biegaj z Krobia WOMEN | 1962 | K50 | 3. | 245. | 0:29:24 (959.) | 0:57:48 | 05:46 | 1:06:53 |
| 916. | 1004 | Czaplewska Agnieszka | Bydgoszcz | KB Łapka | 1986 | K20 | 101. | 246. | 0:29:36 (979.) | 0:57:48 | 05:46 | 1:06:55 |
| 915. | 1005 | Stangrecki Dariusz | Bydgoszcz | KB Łapka | 1983 | M30 | 275. | 670. | 0:29:36 (980.) | 0:57:48 | 05:46 | 1:06:55 |
| 917. | 1492 | Beczek Przemysław | Kłecko | | 1993 | M20 | 197. | 671. | 0:28:59 (513.) | 0:57:49 | 05:46 | 1:00:29 |
| 918. | 2205 | Żuchlewski Andrzej | Buk | Bukowski KB | 1975 | M40 | 136. | 672. | 0:28:13 (1295.) | 0:57:50 | 05:47 | 1:15:02 |
| 919. | 2192 | Zatorska Paula | Poznań | | 1991 | K20 | 102. | 247. | 0:28:42 (692.) | 0:57:51 | 05:47 | 1:03:59 |
| 924. | 2207 | Bernard Marcin | Poznań | Body Chief | 1983 | M30 | 276. | 675. | 0:28:42 (696.) | 0:57:51 | 05:47 | 1:04:00 |
| 920. | 2208 | Zieliński Filip | Poznań | Body Chief | 1988 | M20 | 198. | 673. | 0:28:43 (697.) | 0:57:51 | 05:47 | 1:03:59 |
| 923. | 2209 | Białasik Monika | Poznań | Body Chief | 1987 | K20 | 104. | 249. | 0:28:42 (694.) | 0:57:51 | 05:47 | 1:04:00 |
| 921. | 2211 | Szymiczek Sława | Śrem | Body Chief | 1989 | K20 | 103. | 248. | 0:28:44 (699.) | 0:57:51 | 05:47 | 1:03:59 |
| 922. | 2214 | Mazurek Marcin | | Body Chief | 1987 | M20 | 199. | 674. | 0:28:42 (691.) | 0:57:51 | 05:47 | 1:03:59 |
| 928. | 114 | Małyś Tadeusz | Murowana | KB Katorżnik Murowana Goślina | 1959 | M50 | 45. | 678. | 0:29:45 (996.) | 0:57:52 | 05:47 | 1:07:06 |
| 927. | 2206 | Godlewski Tomasz | Skórzewo | Body Chief | 1980 | M30 | 277. | 677. | 0:28:44 (695.) | 0:57:52 | 05:47 | 1:03:59 |
| 926. | 2212 | Kryński Jędrzej | Poznań | Body Chief | 1988 | M20 | 200. | 676. | 0:28:45 (698.) | 0:57:52 | 05:47 | 1:03:59 |
| 925. | 2213 | Szymiczek Beata | Śrem | | 1989 | K20 | 105. | 250. | 0:28:43 (693.) | 0:57:52 | 05:47 | 1:03:59 |
| 929. | 272 | Napierała Katarzyna | Suchy Las | | 1976 | K30 | 104. | 251. | 0:29:51 (848.) | 0:57:53 | 05:47 | 1:04:31 |
| 930. | 1621 | Pacyna Edyta | Poznań | Nice Lady Fitness | 1991 | K20 | 106. | 252. | 0:30:26 (1067.) | 0:57:55 | 05:47 | 1:07:30 |
| 931. | 1235 | Bednarek Arkadiusz | Poznań | KB Katorżnik Murowana Goślina | 1977 | M30 | 278. | 679. | 0:30:01 (1005.) | 0:57:56 | 05:47 | 1:07:04 |
| 932. | 1535 | ANDRZEJEWSKA | KOŹMIN WLKP | Koźmin Biega | 1980 | K30 | 105. | 253. | 0:29:35 (524.) | 0:57:59 | 05:47 | 1:00:19 |
| 933. | 663 | Kosicki Dariusz | Rokietnica | dinozaur Rokietnica | 1966 | M40 | 137. | 680. | 0:29:57 (840.) | 0:58:00 | 05:48 | 1:04:26 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|-------------|-----------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 936. | 958 | Plócienniczak Bartosz | Poznań | | 1981 | M30 | 279. | 682. | 0:29:07 (527.) | 0:58:01 | 05:48 | 1:00:52 |
| 935. | 1251 | Sikora Piotr | Suchy Las | TRE Poznań | 1974 | M40 | 138. | 681. | 0:35:41 (1349.) | 0:58:01 | 05:48 | 1:10:45 |
| 934. | 1472 | Kozłowska Anna | Poznań | | 1990 | K20 | 107. | 254. | 0:30:52 (1086.) | 0:58:01 | 05:48 | 1:07:28 |
| 937. | 1072 | Kosno Weronika | Poznań | Night Runners | 1989 | K20 | 108. | 255. | 0:29:34 (777.) | 0:58:05 | 05:48 | 1:04:15 |
| 938. | 187 | Paziewski Andrzej | Kowanówko | Kuna Kowanówko | 1972 | M40 | 139. | 683. | 0:30:57 (1087.) | 0:58:06 | 05:48 | 1:07:28 |
| 941. | 347 | Krasoń Monika | Bydgoszcz | | 1989 | K20 | 109. | 257. | 0:29:02 (1128.) | 0:58:07 | 05:48 | 1:10:18 |
| 939. | 386 | Śniegocki Paweł | Tarnowo | Stado Pędzących Ślimaków | 1978 | M30 | 280. | 684. | 0:30:57 (1209.) | 0:58:07 | 05:48 | 1:10:15 |
| 940. | 387 | Śniegocka Magdalena | Tarnowo | Stado Pędzących Ślimaków | 1979 | K30 | 106. | 256. | 0:30:57 (1208.) | 0:58:07 | 05:48 | 1:10:15 |
| 942. | 788 | Brudło Marta | Poznań | | 1988 | K20 | 110. | 258. | 0:29:25 (796.) | 0:58:08 | 05:48 | 1:04:36 |
| 943. | 789 | Rosiński Dominik | Poznań | | 1988 | M20 | 201. | 685. | 0:29:24 (795.) | 0:58:08 | 05:48 | 1:04:36 |
| 946. | 126 | Zieliński Artur | Gniezno | Szwagry Team Gniezno | 1976 | M30 | 281. | 686. | 0:30:42 (1046.) | 0:58:09 | 05:48 | 1:07:20 |
| 944. | 197 | Kwiecińska Marta Dorota | Poznań | Fiku Miku - nie biegam dla wyniku | 1982 | K30 | 107. | 259. | 0:30:43 (1047.) | 0:58:09 | 05:48 | 1:07:19 |
| 945. | 405 | Cichoń Alicja | Poznań | Night Runners Poznań | 1987 | K20 | 111. | 260. | 0:29:41 (834.) | 0:58:09 | 05:48 | 1:04:48 |
| 947. | 225 | Czerwiński Maciej | Skórzewo | Kibolski KS | 1983 | M30 | 282. | 687. | 0:29:54 (1159.) | 0:58:10 | 05:49 | 1:10:16 |
| 948. | 957 | Sajnóg Joanna | Kołobrzeg | | 1985 | K30 | 108. | 261. | 0:29:18 (978.) | 0:58:10 | 05:49 | 1:07:34 |
| 950. | 1573 | Antczak Daria | Krotoszyn | | 1993 | K20 | 112. | 262. | 0:28:29 (476.) | 0:58:10 | 05:49 | 1:00:35 |
| 949. | 1626 | Stępa Bartosz | Poznań | Husaria Szczepankowo | 1989 | M20 | 202. | 688. | 0:29:18 (977.) | 0:58:10 | 05:49 | 1:07:34 |
| 951. | 1017 | Kędziński Arkadiusz | Witaszyce | | 1976 | M30 | 283. | 689. | 0:29:56 (1021.) | 0:58:12 | 05:49 | 1:07:56 |
| 952. | 1581 | Karwat Piotr | Poznań | FlexLink Runn | 1988 | M20 | 203. | 690. | 0:29:24 (782.) | 0:58:13 | 05:49 | 1:04:36 |
| 954. | 50 | Brzuchnalska Beata | Złotniki | TOYA DESIGN | 1965 | K50 | 4. | 263. | 0:30:13 (1029.) | 0:58:14 | 05:49 | 1:07:45 |
| 953. | 1567 | Jóźwiak Paweł | Rokietnica | TATA SZYMKA | 1981 | M30 | 284. | 691. | 0:29:59 (1015.) | 0:58:14 | 05:49 | 1:07:47 |
| 957. | 128 | Śmielowska Patrycja | Wągrowiec | Biegający Wągrowiec | 1994 | K20 | 114. | 266. | 0:30:40 (877.) | 0:58:15 | 05:49 | 1:04:47 |
| 955. | 352 | Kegel Karolina | Poznań | KobietyBiegaja.pl | 1984 | K30 | 109. | 264. | 0:30:16 (1031.) | 0:58:15 | 05:49 | 1:07:43 |
| 956. | 987 | Kostrzyńska Daria | Krosno | | 1991 | K20 | 113. | 265. | 0:30:16 (1032.) | 0:58:15 | 05:49 | 1:07:43 |
| 958. | 1069 | Walczak Tomasz | Poznań | Wind Terror Squad | 1972 | M40 | 140. | 692. | 0:28:57 (931.) | 0:58:17 | 05:49 | 1:07:20 |
| 959. | 24 | Jackowiak Jarosław | Poznań | gRUNwald Team Poznań | 1961 | M50 | 46. | 693. | 0:29:19 (955.) | 0:58:18 | 05:49 | 1:07:22 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-----------------------|-------------|---------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 960. | 494 | Wojniak Natalia | Poznań | | 1989 | K20 | 115. | 267. | 0:31:02 (1106.) | 0:58:20 | 05:50 | 1:08:00 |
| 961. | 1181 | Głowacki Jerzy | Poznań | | 1951 | M60 | 6. | 694. | 0:30:02 (562.) | 0:58:20 | 05:50 | 1:01:04 |
| 963. | 1170 | Dębski Dominik | Gostyń | Gostyń | 1990 | M20 | 204. | 696. | 0:29:23 (763.) | 0:58:22 | 05:50 | 1:04:36 |
| 962. | 1204 | Raszewski Grzegorz | Gostyń | Gostyń | 1966 | M40 | 141. | 695. | 0:29:23 (762.) | 0:58:22 | 05:50 | 1:04:35 |
| 964. | 801 | Opielewicz Maciej | Koźmin | AGK Koźmin Wlkp | 1961 | M50 | 47. | 697. | 0:30:04 (1009.) | 0:58:26 | 05:50 | 1:07:42 |
| 965. | 15 | Stefaniak Monika | Poznań | Arena Ruchu Poznań | 1976 | K30 | 110. | 268. | 0:29:35 (823.) | 0:58:27 | 05:50 | 1:05:04 |
| 966. | 667 | nowak andrzej | Poznan | Night Runners | 1974 | M40 | 142. | 698. | 0:29:35 (984.) | 0:58:28 | 05:50 | 1:07:39 |
| 967. | 1331 | Ignaszak Agnieszka | Poznań | wkurw_team | 1986 | K20 | 116. | 269. | 0:30:31 (1041.) | 0:58:32 | 05:51 | 1:07:51 |
| 968. | 1604 | Kowalczyk Łukasz | Kościan | | 1987 | M20 | 205. | 699. | 0:30:28 (1059.) | 0:58:33 | 05:51 | 1:08:00 |
| 970. | 429 | Jeziński Hubert | Wągrowiec | | 1999 | M16 | 16. | 701. | 0:30:42 (1200.) | 0:58:35 | 05:51 | 1:10:44 |
| 969. | 919 | Kołodziejczak Paweł | Poznań | | 1984 | M30 | 285. | 700. | 0:30:34 (1049.) | 0:58:35 | 05:51 | 1:07:54 |
| 971. | 805 | Szewczyk Marta | Buk | | 1987 | K20 | 117. | 270. | 0:29:47 (835.) | 0:58:39 | 05:51 | 1:05:12 |
| 972. | 1109 | Józkowiak Jacek | Chwałkowo | | 1975 | M40 | 143. | 702. | 0:27:57 (644.) | 0:58:40 | 05:52 | 1:04:59 |
| 974. | 23 | Piela Natalia | Poznań | Piątkowo na Biegowo | 1980 | K30 | 111. | 272. | 0:29:29 (793.) | 0:58:41 | 05:52 | 1:05:03 |
| 973. | 763 | Ziółkowska Wanda | Szreniawa | | 1990 | K20 | 118. | 271. | 0:30:07 (1010.) | 0:58:41 | 05:52 | 1:07:58 |
| 977. | 814 | Węclawek Joanna | Poznań | | 1989 | K20 | 120. | 275. | 0:30:19 (868.) | 0:58:43 | 05:52 | 1:05:26 |
| 975. | 1105 | czarnowska katarzyna | poznan | KobietyBiegaja.pl | 1982 | K30 | 112. | 273. | 0:30:38 (1074.) | 0:58:43 | 05:52 | 1:08:11 |
| 976. | 1488 | Marszałek Agnieszka | Poznań | | 1987 | K20 | 119. | 274. | 0:30:34 (1034.) | 0:58:43 | 05:52 | 1:07:57 |
| 978. | 1233 | Nita Katarzyna | Piecewo | Village punk run | 1972 | K40 | 39. | 276. | 0:29:03 (761.) | 0:58:45 | 05:52 | 1:05:17 |
| 979. | 1248 | Fiszer Sławomir | Poznań | | 1983 | M30 | 286. | 703. | 0:35:43 (1347.) | 0:58:45 | 05:52 | 1:11:26 |
| 980. | 1354 | Pieczynski Robert | Luboń | moto-centrala.pl | 1965 | M50 | 48. | 704. | 0:29:54 (853.) | 0:58:46 | 05:52 | 1:05:26 |
| 981. | 724 | Górniak Elżbieta | Swarzędz | | 1966 | K40 | 40. | 277. | 0:30:12 (854.) | 0:58:47 | 05:52 | 1:05:10 |
| 982. | 454 | Majewska Marta | Poznań | | 1995 | K20 | 121. | 278. | 0:29:42 (824.) | 0:58:48 | 05:52 | 1:05:19 |
| 983. | 1180 | Ratajczak Karolina | Gniezno | | 1980 | K30 | 113. | 279. | 0:29:56 (998.) | 0:58:51 | 05:53 | 1:07:57 |
| 984. | 949 | Sowiński Łukasz | Gostyń | Danflor Team | 1988 | M20 | 206. | 705. | 0:29:45 (827.) | 0:58:52 | 05:53 | 1:05:21 |
| 985. | 91 | Kusz-Kaczmarek Joanna | oborniki | | 1978 | K30 | 114. | 280. | 0:30:37 (888.) | 0:58:53 | 05:53 | 1:05:34 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|--------------|---------------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 986. | 115 | Chmielarczyk Iwona | Oborniki | | 1973 | K40 | 41. | 281. | 0:30:37 (887.) | 0:58:53 | 05:53 | 1:05:34 |
| 987. | 302 | Wysocka -Babst Ewelina | Luboń | Biegajnia Poznań | 1973 | K40 | 42. | 282. | 0:30:11 (830.) | 0:58:55 | 05:53 | 1:05:00 |
| 988. | 1247 | Waraczewski Tomasz | Przeźmierowo | KB ILoveZiemek | 1982 | M30 | 287. | 706. | 0:30:28 (1061.) | 0:58:55 | 05:53 | 1:08:25 |
| 989. | 1249 | Brycka Justyna | poznań | KB ILoveZiemek | 1979 | K30 | 115. | 283. | 0:30:29 (1062.) | 0:58:55 | 05:53 | 1:08:24 |
| 990. | 525 | Kujawiak Jakub | Poznań | | 1988 | M20 | 207. | 707. | 0:29:39 (986.) | 0:58:56 | 05:53 | 1:08:07 |
| 992. | 611 | Skrzypczak Dariusz | Wągrowiec | Biegający Wągrowiec | 1985 | M30 | 289. | 709. | 0:30:53 (897.) | 0:58:57 | 05:53 | 1:05:25 |
| 991. | 1311 | Walkiewicz Marek | Luboń | | 1985 | M30 | 288. | 708. | 0:30:30 (1042.) | 0:58:57 | 05:53 | 1:08:17 |
| 993. | 1113 | Zieliński Patryk | Trzcianka | | 1992 | M20 | 208. | 710. | 0:30:26 (1190.) | 0:58:59 | 05:53 | 1:11:06 |
| 995. | 401 | Kukla-Kowalska Alicja | Skórzewo | Biegam Bo Nie Lubię / Kobiety Biegają | 1978 | K30 | 116. | 285. | 0:29:49 (829.) | 0:59:00 | 05:54 | 1:05:27 |
| 994. | 842 | Barełkowska Katarzyna | Poznań | Night Runners | 1972 | K40 | 43. | 284. | 0:30:53 (1075.) | 0:59:00 | 05:54 | 1:08:14 |
| 996. | 1260 | Miazga Sławomir | Zaparcin | Drinking Team Rakoniewice | 1983 | M30 | 290. | 711. | 0:30:16 (1183.) | 0:59:01 | 05:54 | 1:11:11 |
| 998. | 70 | Dąbrowska Iza | Poznań | Mud goats | 1977 | K30 | 117. | 287. | 0:29:41 (776.) | 0:59:02 | 05:54 | 1:05:04 |
| 999. | 534 | Szamborski Mateusz | Poznań | | 1985 | M30 | 291. | 712. | 0:30:27 (1198.) | 0:59:02 | 05:54 | 1:11:18 |
| 997. | 1486 | KURKOWIAK | POZNAŃ | | 1974 | K40 | 44. | 286. | 0:29:54 (1168.) | 0:59:02 | 05:54 | 1:11:16 |
| 1000. | 608 | Łopaczyk Magdalena | Leszno | Tumko Team Runners | 1983 | K30 | 118. | 288. | 0:29:17 (534.) | 0:59:03 | 05:54 | 1:01:57 |
| 1001. | 945 | Rosik Jacek | Poznań | | 1988 | M20 | 209. | 713. | 0:30:02 (844.) | 0:59:03 | 05:54 | 1:05:28 |
| 1002. | 1270 | Kasprzak Wojciech | Poznań | | 1992 | M20 | 210. | 714. | 0:31:20 (1094.) | 0:59:03 | 05:54 | 1:08:12 |
| 1003. | 604 | Strongowska Natalia | Gdańsk | | 1986 | K20 | 122. | 289. | 0:29:40 (545.) | 0:59:04 | 05:54 | 1:01:46 |
| 1004. | 1257 | Wróblewski Krzysztof | Rakoniewice | Drinking Team Rakoniewice | 1982 | M30 | 292. | 715. | 0:30:17 (1184.) | 0:59:04 | 05:54 | 1:11:12 |
| 1006. | 329 | Błaszczak Monika | Poznań | | 1980 | K30 | 120. | 291. | 0:29:44 (985.) | 0:59:09 | 05:54 | 1:08:12 |
| 1005. | 391 | Stefaniak Agata | Złotniki | | 1980 | K30 | 119. | 290. | 0:31:07 (1096.) | 0:59:09 | 05:54 | 1:08:33 |
| 1007. | 489 | Wojtkowiak Michał | Złotniki | | 1977 | M30 | 293. | 716. | 0:30:51 (1076.) | 0:59:11 | 05:55 | 1:08:27 |
| 1008. | 686 | Jankowiak Sandra | Szamotuły | | 1996 | K16 | 2. | 292. | 0:30:36 (895.) | 0:59:12 | 05:55 | 1:05:56 |
| 1009. | 1312 | Błaszcyk Marcin | Luboń | | 1982 | M30 | 294. | 717. | 0:30:30 (1043.) | 0:59:12 | 05:55 | 1:08:33 |
| 1011. | 1532 | wiącek krzysztof | września | sandals army | 1982 | M30 | 295. | 718. | 0:30:53 (902.) | 0:59:12 | 05:55 | 1:05:47 |
| 1010. | 1533 | Gromysz Dorota | Poznań | | 1979 | K30 | 121. | 293. | 0:30:53 (901.) | 0:59:12 | 05:55 | 1:05:47 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|-------------|---|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1012. | 824 | Tomczak Radosław | Dolsk | | 1961 | M50 | 49. | 719. | 0:30:15 (1185.) | 0:59:16 | 05:55 | 1:11:28 |
| 1013. | 626 | Miękisiak Barbara | Poznań | | 1982 | K30 | 122. | 294. | 0:30:33 (1037.) | 0:59:21 | 05:56 | 1:08:36 |
| 1014. | 1294 | Rydlewska Angelika | Śrem | Fighters Mosina | 1989 | K20 | 123. | 295. | 0:29:52 (1157.) | 0:59:24 | 05:56 | 1:11:29 |
| 1016. | 65 | ARAMOWICZ URSZULA | WAŁCZ | | 1984 | K30 | 123. | 297. | 0:31:11 (1222.) | 0:59:26 | 05:56 | 1:11:36 |
| 1015. | 548 | Szymczak Lidia | Poznań | | 1991 | K20 | 124. | 296. | 0:30:42 (1064.) | 0:59:26 | 05:56 | 1:08:44 |
| 1018. | 159 | Kaźmierczak Anna | Poznań | | 1984 | K30 | 124. | 299. | 0:30:17 (1018.) | 0:59:27 | 05:56 | 1:08:45 |
| 1019. | 835 | Noga Marcin | Poznań | GAN'G Team | 1978 | M30 | 296. | 720. | 0:29:27 (964.) | 0:59:27 | 05:56 | 1:08:36 |
| 1017. | 1325 | Stawicka Agnieszka | Poznan | | 1986 | K20 | 125. | 298. | 0:30:21 (1026.) | 0:59:27 | 05:56 | 1:08:48 |
| 1020. | 755 | Kosiński Łukasz | Poznań | | 1983 | M30 | 297. | 721. | 0:30:23 (1020.) | 0:59:28 | 05:56 | 1:08:44 |
| 1021. | 331 | Korzeniowska Marta | Kozięgłowy | | 1986 | K20 | 126. | 300. | 0:30:23 (1022.) | 0:59:29 | 05:56 | 1:08:45 |
| 1022. | 1020 | Gawęcka Anna | Poznań | Bukowski Klub Biegacza | 1985 | K30 | 125. | 301. | 0:30:07 (843.) | 0:59:29 | 05:56 | 1:05:49 |
| 1023. | 722 | Olejniczak Marta | Poznań | | 1988 | K20 | 127. | 302. | 0:30:56 (1082.) | 0:59:32 | 05:57 | 1:08:52 |
| 1024. | 456 | Nawara Agnieszka | Kiekrz | Psychodropsy | 1974 | K40 | 45. | 303. | 0:29:46 (1003.) | 0:59:33 | 05:57 | 1:08:54 |
| 1025. | 1550 | Kubicki Piotr | Kościan | Dziki Zgon | 1986 | M20 | 211. | 722. | 0:30:28 (1053.) | 0:59:33 | 05:57 | 1:09:00 |
| 1026. | 222 | Misiuda Dorota | Poznań | drużyna szpiku | 1983 | K30 | 126. | 304. | 0:30:37 (872.) | 0:59:34 | 05:57 | 1:06:05 |
| 1030. | 183 | Gromadziński Maciej | Sokolniki | | 1990 | M20 | 212. | 724. | 0:32:22 (1151.) | 0:59:35 | 05:57 | 1:08:59 |
| 1027. | 223 | Misiuda Sebastian | Poznań | | 1981 | M30 | 298. | 723. | 0:30:37 (871.) | 0:59:35 | 05:57 | 1:06:05 |
| 1029. | 1579 | Lester Sylwia | Poznań | | 1991 | K20 | 128. | 306. | 0:30:30 (1058.) | 0:59:35 | 05:57 | 1:09:00 |
| 1028. | 2226 | Szpot Ewa | Zalesewo | | 1981 | K30 | 127. | 305. | 0:30:47 (1211.) | 0:59:35 | 05:57 | 1:11:56 |
| 1031. | 937 | Wargoś Anna | Poznań | | 1994 | K20 | 129. | 307. | 0:31:24 (1098.) | 0:59:36 | 05:57 | 1:08:44 |
| 1032. | 1133 | Ziętek Samanta | Poznań | AZS UP Poznań | 1993 | K20 | 130. | 308. | 0:31:04 (898.) | 0:59:41 | 05:58 | 1:06:00 |
| 1033. | 677 | Marszałkowski Mirosław | Słupca | Centrum Szkolenia Wojsk Lądowych Poznań | 1978 | M30 | 299. | 725. | 0:29:58 (819.) | 0:59:42 | 05:58 | 1:05:54 |
| 1034. | 678 | Marszałkowska | Słupca | KMP Konin | 1978 | K30 | 128. | 309. | 0:29:59 (820.) | 0:59:43 | 05:58 | 1:05:54 |
| 1035. | 1264 | Sienkowska Marzena | Poznań | | 1981 | K30 | 129. | 310. | 0:30:59 (1218.) | 0:59:43 | 05:58 | 1:12:00 |
| 1036. | 985 | Szrejbrowski Błażej | Poznań | | 1981 | M30 | 300. | 726. | 0:29:09 (951.) | 0:59:44 | 05:58 | 1:08:52 |
| 1039. | 105 | Stańczyk Józef | Poznań | | 1956 | M50 | 50. | 727. | 0:30:54 (1203.) | 0:59:46 | 05:58 | 1:11:51 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|--------------|----------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1037. | 630 | Woźniczka Anna | Pniewy | Kobiety Na Medal | 1987 | K20 | 131. | 311. | 0:29:34 (809.) | 0:59:46 | 05:58 | 1:06:11 |
| 1038. | 631 | Maćkowiak Karolina | Pniewy | Pniewy | 1988 | K20 | 132. | 312. | 0:29:34 (808.) | 0:59:46 | 05:58 | 1:06:11 |
| 1040. | 1268 | Piekarski Tomasz | Poznań | | 1967 | M40 | 144. | 728. | 0:30:18 (867.) | 0:59:49 | 05:58 | 1:06:28 |
| 1041. | 554 | Waraczewski Krzysztof | Poznań | Party Pizza | 1986 | M20 | 213. | 729. | 0:30:21 (1023.) | 0:59:50 | 05:59 | 1:09:09 |
| 1042. | 1262 | KAWECKA ELŻBIETA | POZNAŃ | brak | 1982 | K30 | 130. | 313. | 0:30:53 (1234.) | 0:59:51 | 05:59 | 1:12:45 |
| 1043. | 1489 | Pawłowska Arleta | Wągrowiec | Biegający Wągrowiec | 1972 | K40 | 46. | 314. | 0:31:26 (929.) | 0:59:52 | 05:59 | 1:06:23 |
| 1044. | 1397 | Michalak Magdalena | Więcbork | | 1994 | K20 | 133. | 315. | 0:31:18 (1109.) | 0:59:57 | 05:59 | 1:09:30 |
| 1045. | 43 | Szyling Karolina | Więcbork | | 1994 | K20 | 134. | 316. | 0:31:18 (1111.) | 0:59:58 | 05:59 | 1:09:30 |
| 1046. | 242 | Zach Kinga | Więcbork | | 1994 | K20 | 135. | 317. | 0:31:18 (1110.) | 0:59:58 | 05:59 | 1:09:30 |
| 1047. | 8 | Dranikowska Karolina | Poznań | Maratończyk Poznań | 1984 | K30 | 131. | 318. | 0:30:38 (1048.) | 0:59:59 | 05:59 | 1:09:15 |
| 1050. | 231 | Mieczkowski Grzegorz | Luboń | | 1976 | M30 | 302. | 731. | 0:30:20 (563.) | 1:00:00 | 06:00 | 1:02:27 |
| 1048. | 247 | Krzyżaniak Ilona | Poznań | Piątkowo na Biegowo | 1977 | K30 | 132. | 319. | 0:30:13 (831.) | 1:00:00 | 06:00 | 1:06:03 |
| 1049. | 1066 | Tomicki Miłosz | Ostrów Wlkp. | | 1978 | M30 | 301. | 730. | 0:32:16 (1346.) | 1:00:00 | 06:00 | 1:15:58 |
| 1051. | 1002 | Różańska Marta | Poznań | | 1984 | K30 | 133. | 320. | 0:31:21 (935.) | 1:00:02 | 06:00 | 1:06:42 |
| 1052. | 519 | Hubert Katarzyna | Poznań | wkurw_team | 1985 | K30 | 134. | 321. | 0:30:51 (1080.) | 1:00:09 | 06:00 | 1:09:28 |
| 1053. | 1301 | Strzałkowska Aleksandra | Chodzież | | 1993 | K20 | 136. | 322. | 0:31:03 (1210.) | 1:00:15 | 06:01 | 1:12:19 |
| 1054. | 83 | Rydzińska Sabina | Niechorze | | 1992 | K20 | 137. | 323. | 0:30:24 (863.) | 1:00:17 | 06:01 | 1:06:42 |
| 1055. | 1191 | Biderman JAROSLAW | ŚWIEBODZIN | | 1978 | M30 | 303. | 732. | 0:30:10 (847.) | 1:00:20 | 06:02 | 1:06:39 |
| 1056. | 346 | Dreger Anna | Pszczew | | 1985 | K30 | 135. | 324. | 0:30:39 (1033.) | 1:00:21 | 06:02 | 1:09:28 |
| 1057. | 382 | Brodecki Maciej | Poznań | gRUNwald Team Poznań | 1988 | M20 | 214. | 733. | 0:31:27 (1122.) | 1:00:24 | 06:02 | 1:10:05 |
| 1058. | 535 | Konieczny Michał | Trzcianka | | 1979 | M30 | 304. | 734. | 0:31:12 (927.) | 1:00:24 | 06:02 | 1:07:04 |
| 1059. | 1176 | Wizła Magdalena | Poznań | | 1996 | K16 | 3. | 325. | 0:30:49 (874.) | 1:00:24 | 06:02 | 1:06:44 |
| 1061. | 1389 | Szelwach Patrycja | Pakosławice | | 1995 | K20 | 138. | 326. | 0:30:06 (838.) | 1:00:26 | 06:02 | 1:06:42 |
| 1060. | 1404 | Sobczak Andrzej | Dąbrówka | | 1973 | M40 | 145. | 735. | 0:29:52 (995.) | 1:00:26 | 06:02 | 1:09:32 |
| 1062. | 30 | Lissewska Konstancja | Poznań | gRUNwald Team Poznań | 1986 | K20 | 139. | 327. | 0:31:31 (1123.) | 1:00:28 | 06:02 | 1:10:05 |
| 1063. | 216 | POSPIESZAŁA | MIĘDZYCHÓD | | 1976 | M30 | 305. | 736. | 0:30:37 (862.) | 1:00:31 | 06:03 | 1:06:43 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|---------------|-------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1065. | 815 | Jaroszyński Adam | Bouchowo | | 1960 | M50 | 51. | 737. | 0:30:23 (1025.) | 1:00:32 | 06:03 | 1:09:51 |
| 1064. | 1444 | Ferenc Joanna | Góra | gRUNwald Team Poznań | 1989 | K20 | 140. | 328. | 0:30:45 (1052.) | 1:00:32 | 06:03 | 1:09:41 |
| 1066. | 184 | Antkowiak Anna | Poznan | | 1984 | K30 | 136. | 329. | 0:31:16 (1095.) | 1:00:33 | 06:03 | 1:09:48 |
| 1068. | 201 | Muńko Andrzej | Poznań | | 1985 | M30 | 306. | 739. | 0:30:55 (1093.) | 1:00:33 | 06:03 | 1:10:07 |
| 1067. | 1424 | Mackowiak Michal | Piła | Night Runners | 1989 | M20 | 215. | 738. | 0:29:24 (794.) | 1:00:33 | 06:03 | 1:07:02 |
| 1069. | 578 | KOŁDA HALINA | CHODZIEŻ | | 1962 | K50 | 5. | 330. | 0:30:35 (1045.) | 1:00:35 | 06:03 | 1:09:53 |
| 1070. | 275 | Kledzik Marcin | Baranowo | | 1976 | M30 | 307. | 740. | 0:30:15 (571.) | 1:00:38 | 06:03 | 1:03:24 |
| 1071. | 707 | Feldgebel Marcin | Luboń | | 1981 | M30 | 308. | 741. | 0:28:58 (745.) | 1:00:40 | 06:04 | 1:07:02 |
| 1072. | 1300 | Zwolińska Tatiana | Rogoźno | Run Rogoźno | 1994 | K20 | 141. | 331. | 0:30:26 (1024.) | 1:00:42 | 06:04 | 1:09:56 |
| 1073. | 961 | Troszczyński Jakub | Bielsko-Biała | Night Runners Poznań | 1988 | M20 | 216. | 742. | 0:33:35 (866.) | 1:00:44 | 06:04 | 1:04:01 |
| 1074. | 984 | Wicher Grzegorz | Lubasz | | 1984 | M30 | 309. | 743. | 0:31:37 (1138.) | 1:00:44 | 06:04 | 1:10:32 |
| 1075. | 1568 | Sówka Waldemar | Lubasz | niezrzeszony | 1969 | M40 | 146. | 744. | 0:31:38 (1137.) | 1:00:44 | 06:04 | 1:10:32 |
| 1077. | 477 | Dorawa Robert | Choszczno | | 1973 | M40 | 147. | 745. | 0:30:52 (1078.) | 1:00:47 | 06:04 | 1:10:03 |
| 1076. | 1241 | Mądrzak Karolina | Poznań | Klub Kobiet Przedsiębiorczych | 1979 | K30 | 137. | 332. | 0:32:05 (1143.) | 1:00:47 | 06:04 | 1:10:17 |
| 1078. | 476 | Dorawa Barbara | Choszczno | | 1976 | K30 | 138. | 333. | 0:30:52 (1077.) | 1:00:48 | 06:04 | 1:10:03 |
| 1079. | 1338 | Michałkiewicz Marek | Poznan | | 1977 | M30 | 310. | 746. | 0:33:24 (1017.) | 1:00:48 | 06:04 | 1:06:58 |
| 1080. | 1286 | Jaźwiecki Marcin | Poznań | Biegajnia Poznań | 1978 | M30 | 311. | 747. | 0:31:04 (921.) | 1:00:51 | 06:05 | 1:07:35 |
| 1081. | 587 | Grzywińska Natalia | Poznań | KS MUPPETY | 1990 | K20 | 142. | 334. | 0:30:48 (882.) | 1:00:52 | 06:05 | 1:07:19 |
| 1082. | 522 | Fiedler-Cyrson Agata | Sady | kobiety biegają | 1974 | K40 | 47. | 335. | 0:31:04 (1083.) | 1:00:53 | 06:05 | 1:10:07 |
| 1083. | 1334 | Bartnicki Tomasz | Poznań | Henie | 1967 | M40 | 148. | 748. | 0:31:15 (1102.) | 1:00:53 | 06:05 | 1:10:15 |
| 1086. | 1193 | Figiela Monika | Żnin | | 1991 | K20 | 143. | 337. | 0:30:56 (1068.) | 1:00:54 | 06:05 | 1:10:00 |
| 1084. | 1332 | Bartnicki Krzysztof | Poznań | Henie | 1995 | M20 | 217. | 749. | 0:31:15 (1101.) | 1:00:54 | 06:05 | 1:10:15 |
| 1085. | 1333 | Bartnicka Izabela | Poznań | Henie | 1970 | K40 | 48. | 336. | 0:31:15 (1103.) | 1:00:54 | 06:05 | 1:10:15 |
| 1087. | 1093 | Leśniczak Marta | Słupia | | 1991 | K20 | 144. | 338. | 0:30:56 (1069.) | 1:00:55 | 06:05 | 1:10:01 |
| 1088. | 1217 | Thomann Jolanta | Rogoźno | brak klubu | 1969 | K40 | 49. | 339. | 0:30:28 (1016.) | 1:00:56 | 06:05 | 1:10:00 |
| 1089. | 1367 | Prąlat Ewa | Kościan | | 1976 | K30 | 139. | 340. | 0:29:57 (850.) | 1:00:56 | 06:05 | 1:07:30 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|-------------|----------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1090. | 189 | Młodożyński Tomasz | Kowanówko | Kuna Kowanówko | 1970 | M40 | 149. | 750. | 0:31:01 (1088.) | 1:00:58 | 06:05 | 1:10:21 |
| 1092. | 1593 | Kamińska Marta | Baranowo | Stado Pędzących Ślimaków | 1984 | K30 | 141. | 342. | 0:31:28 (1228.) | 1:01:01 | 06:06 | 1:13:11 |
| 1091. | 1847 | Antkowiak Joanna | leszno | kobiety biegają | 1981 | K30 | 140. | 341. | 0:32:34 (1160.) | 1:01:01 | 06:06 | 1:10:29 |
| 1093. | 1086 | Nowaczyk Monika | Poznań | | 1981 | K30 | 142. | 343. | 0:31:49 (1262.) | 1:01:04 | 06:06 | 1:13:38 |
| 1094. | 82 | Dolska Sara | Poznań | | 1985 | K30 | 143. | 344. | 0:31:45 (1254.) | 1:01:06 | 06:06 | 1:13:38 |
| 1095. | 498 | WASZYK ANITA | Zalasewo | PKO BANK POLSKI S.A | 1985 | K30 | 144. | 345. | 0:31:20 (920.) | 1:01:07 | 06:06 | 1:07:35 |
| 1096. | 1212 | Nożewnik Jakub | Poznań | | 1985 | M30 | 312. | 751. | 0:33:20 (1207.) | 1:01:07 | 06:06 | 1:10:49 |
| 1097. | 767 | Łuc Sławomir | POZNAŃ | | 1971 | M40 | 150. | 752. | 0:29:34 (780.) | 1:01:08 | 06:06 | 1:07:19 |
| 1099. | 1279 | Kacprzak Jan | Kutno | UKS Dziewiątka Kutno | 1995 | M20 | 218. | 753. | 0:32:40 (1163.) | 1:01:09 | 06:06 | 1:10:33 |
| 1098. | 1280 | Gręda Aleksandra | Lipiany | | 1996 | K16 | 4. | 346. | 0:32:40 (1164.) | 1:01:09 | 06:06 | 1:10:33 |
| 1100. | 384 | Szymczak Anna | Poznań | | 1975 | K40 | 50. | 347. | 0:31:22 (911.) | 1:01:13 | 06:07 | 1:07:28 |
| 1101. | 1125 | Sobczak Joanna | Mosina | | 1984 | K30 | 145. | 348. | 0:29:43 (992.) | 1:01:16 | 06:07 | 1:10:30 |
| 1103. | 1122 | Gałka Jolanta | Gorzów | | 1980 | K30 | 147. | 350. | 0:30:01 (1001.) | 1:01:17 | 06:07 | 1:10:21 |
| 1102. | 1496 | Nowacka Daria | Zalasewo | | 1985 | K30 | 146. | 349. | 0:31:10 (889.) | 1:01:17 | 06:07 | 1:07:25 |
| 1104. | 1323 | Roszyk Sylwia | Koziegłowy | | 1978 | K30 | 148. | 351. | 0:30:23 (1011.) | 1:01:18 | 06:07 | 1:10:23 |
| 1106. | 497 | Ochocka Kinga | Kiekrz | | 1977 | K30 | 150. | 353. | 0:30:58 (909.) | 1:01:20 | 06:08 | 1:07:57 |
| 1105. | 1571 | Kunysz-Górska Monika | Kokoszczyń | | 1982 | K30 | 149. | 352. | 0:31:50 (1121.) | 1:01:20 | 06:08 | 1:10:34 |
| 1107. | 1518 | Biczyc Kazimierz | Poznań | | 1949 | M60 | 7. | 754. | 0:31:28 (1114.) | 1:01:21 | 06:08 | 1:10:48 |
| 1108. | 1457 | Moskaluniec Marta | Poznań | | 1987 | K20 | 145. | 354. | 0:30:58 (880.) | 1:01:24 | 06:08 | 1:07:41 |
| 1109. | 848 | Smoczyński Robert | Kórnik | | 1973 | M40 | 151. | 755. | 0:30:55 (1202.) | 1:01:30 | 06:09 | 1:13:33 |
| 1110. | 399 | Biskup Monika | Poznań | | 1972 | K40 | 51. | 355. | 0:30:39 (879.) | 1:01:33 | 06:09 | 1:08:08 |
| 1111. | 270 | Gidaszewska Marta | Luboń | Biegajnia Poznań | 1987 | K20 | 146. | 356. | 0:31:26 (906.) | 1:01:34 | 06:09 | 1:07:40 |
| 1112. | 783 | Lis Katarzyna | Puławy | | 1986 | K20 | 147. | 357. | 0:31:51 (1135.) | 1:01:35 | 06:09 | 1:11:08 |
| 1113. | 920 | Sobkowiak Aurelia | Poznań | malyguliwer.pl / mamy-biegamy.pl | 1953 | K60 | 1. | 358. | 0:30:54 (900.) | 1:01:39 | 06:09 | 1:08:13 |
| 1114. | 1422 | Chłysta Joanna | Poznań | | 1970 | K40 | 52. | 359. | 0:32:27 (1158.) | 1:01:41 | 06:10 | 1:11:12 |
| 1117. | 380 | Orzałkiewicz Katarzyna | jerzykowo | | 1981 | K30 | 152. | 362. | 0:30:44 (857.) | 1:01:46 | 06:10 | 1:07:48 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-----------------|--------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1116. | 948 | Rothe Natalia | Mosina | Shootboxer Mosina | 1988 | K20 | 148. | 361. | 0:31:34 (1232.) | 1:01:46 | 06:10 | 1:13:53 |
| 1115. | 1498 | Cieślik Agnieszka | Przeźmierowo | Stado Pędzących Ślimaków | 1978 | K30 | 151. | 360. | 0:31:58 (1247.) | 1:01:46 | 06:10 | 1:13:55 |
| 1118. | 775 | Kielak-Duda Monika | Świebodzin | Team Mukowiscydoza.pl | 1986 | K20 | 149. | 363. | 0:32:04 (983.) | 1:01:49 | 06:10 | 1:08:29 |
| 1119. | 1461 | Czurynska Magdalena | Poznań | | 1979 | K30 | 153. | 364. | 0:32:26 (1004.) | 1:01:54 | 06:11 | 1:08:35 |
| 1120. | 155 | Wiatr Iwona | Przeźmierowo | | 1977 | K30 | 154. | 365. | 0:31:06 (905.) | 1:01:56 | 06:11 | 1:08:21 |
| 1121. | 1384 | Dylewski Andrzej | Poznań | | 1961 | M50 | 52. | 756. | 0:30:43 (1070.) | 1:01:56 | 06:11 | 1:11:17 |
| 1122. | 119 | Kopczyński Kamil | Poznań | | 1979 | M30 | 313. | 757. | 0:31:34 (1116.) | 1:01:57 | 06:11 | 1:11:20 |
| 1123. | 1079 | Polus Beata | Rokietnica | | 1984 | K30 | 155. | 366. | 0:32:10 (1265.) | 1:01:57 | 06:11 | 1:14:14 |
| 1126. | 1446 | Drogowska Joanna | poznan | | 1983 | K30 | 157. | 369. | 0:32:04 (1148.) | 1:02:05 | 06:12 | 1:11:44 |
| 1124. | 1476 | frankowicz magdalena | poznań | krysiewicz | 1983 | K30 | 156. | 367. | 0:33:24 (1206.) | 1:02:05 | 06:12 | 1:11:43 |
| 1125. | 2237 | Zdanowska Monika | Poznań | | 1986 | K20 | 150. | 368. | 0:32:54 (1180.) | 1:02:05 | 06:12 | 1:11:34 |
| 1127. | 552 | Miś Dominika | Grodzisk Wilkp. | | 1989 | K20 | 151. | 370. | 0:32:57 (1176.) | 1:02:10 | 06:13 | 1:11:30 |
| 1128. | 553 | Miś Marta | Grodzisk | | 1987 | K20 | 152. | 371. | 0:32:57 (1177.) | 1:02:10 | 06:13 | 1:11:30 |
| 1129. | 107 | Kukurenda Natalia | Dachowa | | 1976 | K30 | 158. | 372. | 0:31:40 (1233.) | 1:02:11 | 06:13 | 1:14:14 |
| 1130. | 113 | Pieczul Tomasz | Murowana | KB Katorżnik Murowana Goślina | 1980 | M30 | 314. | 758. | 0:31:19 (1227.) | 1:02:12 | 06:13 | 1:14:20 |
| 1131. | 1209 | Nowak Natalia | Poznań | | 1988 | K20 | 153. | 373. | 0:30:56 (1065.) | 1:02:12 | 06:13 | 1:11:17 |
| 1133. | 233 | Tomaszewski Piotr | Plewiska | TRiM-tech | 1982 | M30 | 315. | 759. | 0:30:36 (1036.) | 1:02:13 | 06:13 | 1:11:25 |
| 1134. | 932 | Ratajczak Joanna | Kościelec | Drużyna Marzeń | 1979 | K30 | 159. | 375. | 0:31:45 (1140.) | 1:02:13 | 06:13 | 1:11:55 |
| 1132. | 933 | KLUSKA ANNA | KOŁO | Drużyna Marzeń | 1972 | K40 | 53. | 374. | 0:31:45 (1141.) | 1:02:13 | 06:13 | 1:11:55 |
| 1137. | 493 | Wójcik Paulina | SŁUPCA | | 1989 | K20 | 154. | 377. | 0:32:29 (1171.) | 1:02:14 | 06:13 | 1:11:54 |
| 1136. | 758 | Klój Krzysztof | Poznań | 31. Baza Lotnictwa Taktycznego | 1962 | M50 | 53. | 760. | 0:31:10 (904.) | 1:02:14 | 06:13 | 1:08:33 |
| 1135. | 760 | Klój Alina | Poznań | 31. Baza Lotnictwa Taktycznego | 1966 | K40 | 54. | 376. | 0:31:09 (903.) | 1:02:14 | 06:13 | 1:08:33 |
| 1139. | 462 | Szymańska Paulina | Słupca | Pasjonaci Słupca | 1987 | K20 | 155. | 378. | 0:32:31 (1170.) | 1:02:16 | 06:13 | 1:11:54 |
| 1140. | 645 | Przybysz Piotr | Poznań | CZOPY | 1982 | M30 | 317. | 762. | 0:31:56 (1120.) | 1:02:16 | 06:13 | 1:11:25 |
| 1138. | 1477 | Paśka Tomasz | Gruszczyń | | 1983 | M30 | 316. | 761. | 0:30:56 (1073.) | 1:02:16 | 06:13 | 1:11:27 |
| 1141. | 1562 | Nadolińska Monika | Poznań | | 1982 | K30 | 160. | 379. | 0:31:56 (1119.) | 1:02:19 | 06:13 | 1:11:27 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|--------------|---------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1142. | 88 | Bylewska Ania | Czerwonak | KobietyBiegaja.pl | 1983 | K30 | 161. | 380. | 0:31:57 (1242.) | 1:02:20 | 06:14 | 1:14:24 |
| 1143. | 237 | Nowakowski Błażej | Poznań | | 1979 | M30 | 318. | 763. | 0:31:59 (1249.) | 1:02:21 | 06:14 | 1:14:33 |
| 1144. | 1292 | Ara Ola | Poznań | Lamia Reno | 1985 | K30 | 162. | 381. | 0:32:23 (1266.) | 1:02:23 | 06:14 | 1:14:27 |
| 1145. | 541 | Kończak Olga | Bydgoszcz | Poznańska Liga Inline Alpine | 1987 | K20 | 156. | 382. | 0:31:25 (919.) | 1:02:24 | 06:14 | 1:08:46 |
| 1146. | 1463 | Budych Bartosz | Buk | Bukowski Klub Biegacza | 1979 | M30 | 319. | 764. | 0:32:09 (1296.) | 1:02:25 | 06:14 | 1:15:41 |
| 1148. | 543 | Kostrzyński Zdzisław | Szamotuły | | 1959 | M50 | 54. | 766. | 0:31:21 (1115.) | 1:02:28 | 06:14 | 1:12:03 |
| 1147. | 1021 | Rybacki Grzegorz | Poznań | Bukowski Klub Biegacza | 1979 | M30 | 320. | 765. | 0:35:17 (1144.) | 1:02:28 | 06:14 | 1:08:47 |
| 1149. | 1595 | Urban Sylwia | Ostrów | | 1984 | K30 | 163. | 383. | 0:31:33 (1107.) | 1:02:28 | 06:14 | 1:11:39 |
| 1150. | 1361 | Pecolt Norbert | Przeźmierowo | Stado Pędzących Ślimaków | 1975 | M40 | 152. | 767. | 0:32:43 (1276.) | 1:02:29 | 06:14 | 1:14:39 |
| 1151. | 1624 | Zielińska Lidia | Wągrowiec | Biegający Wągrowiec | 1971 | K40 | 55. | 384. | 0:31:38 (943.) | 1:02:30 | 06:15 | 1:09:02 |
| 1152. | 821 | Satkiewicz Karolina | Poznań | | 1978 | K30 | 164. | 385. | 0:32:07 (1252.) | 1:02:31 | 06:15 | 1:14:37 |
| 1153. | 1116 | Tutak Katarzyna | Dąbrowka | | 1994 | K20 | 157. | 386. | 0:32:01 (1241.) | 1:02:33 | 06:15 | 1:14:31 |
| 1155. | 234 | Żurek Jan | Strzałkowo | Strzałkowska Grupa Biegowa | 1960 | M50 | 55. | 769. | 0:31:28 (514.) | 1:02:38 | 06:15 | 1:02:50 |
| 1154. | 569 | Redecki Łukasz | Poznań | | 1989 | M20 | 219. | 768. | 0:31:36 (1230.) | 1:02:38 | 06:15 | 1:14:42 |
| 1157. | 63 | Antkowiak-Bronowicka | Leszno | Drużyna Szpiku | 1982 | K30 | 165. | 388. | 0:31:36 (1113.) | 1:02:40 | 06:16 | 1:11:57 |
| 1158. | 1329 | Sochaczewski Łukasz | Poznań | | 1984 | M30 | 321. | 770. | 0:33:07 (1325.) | 1:02:40 | 06:16 | 1:16:06 |
| 1156. | 2244 | Solarczyk Urszula | Kołobrzeg | | 1989 | K20 | 158. | 387. | 0:33:07 (1326.) | 1:02:40 | 06:16 | 1:16:06 |
| 1159. | 62 | Bronowicki Jarek | Leszno | Drużyna Szpiku | 1976 | M30 | 322. | 771. | 0:31:37 (1112.) | 1:02:42 | 06:16 | 1:11:58 |
| 1161. | 355 | Szarycz Michał | Poznań | Sportis Team Macron Dystrybutor | 1985 | M30 | 323. | 773. | 0:34:13 (1236.) | 1:02:42 | 06:16 | 1:12:20 |
| 1160. | 715 | Małujdy Włodzimierz | Poznań | | 1958 | M50 | 56. | 772. | 0:31:57 (1136.) | 1:02:42 | 06:16 | 1:12:09 |
| 1162. | 206 | Kozal Honorata | Poznań | Piątkowo na Biegowo | 1974 | K40 | 56. | 389. | 0:31:45 (941.) | 1:02:44 | 06:16 | 1:09:05 |
| 1163. | 368 | Marcinkowska Anita | Luboń | | 1983 | K30 | 166. | 390. | 0:31:27 (1100.) | 1:02:46 | 06:16 | 1:11:54 |
| 1164. | 1226 | Wronka Małgorzata | Swarzędz | | 1969 | K40 | 57. | 391. | 0:33:02 (1186.) | 1:02:47 | 06:16 | 1:12:13 |
| 1165. | 168 | Szukała Zdzisław | Poznań | | 1962 | M50 | 57. | 774. | 0:31:48 (1134.) | 1:02:50 | 06:17 | 1:12:26 |
| 1166. | 884 | Gruszka Natalia | Poznań | | 1986 | K20 | 159. | 392. | 0:32:45 (1181.) | 1:02:53 | 06:17 | 1:12:32 |
| 1167. | 147 | Gryciuk Michał | Swarzędz | Triathlon Team Września | 1980 | M30 | 324. | 775. | 0:31:49 (1118.) | 1:02:56 | 06:17 | 1:12:10 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|-------------|-------------|----------------------|-----------------|---------------------------------|-----------|-----|------------|------------|-----------------|----------------|-----------------|----------------|
| 1168. | 2220 | Rygus Anna | Luboń | | 1982 | K30 | 167. | 393. | 0:32:18 (1263.) | 1:02:58 | 06:17 | 1:15:07 |
| 1169. | 2221 | Rygus Mirosław | Pólko | | 1955 | M60 | 8. | 776. | 0:32:19 (1264.) | 1:02:59 | 06:17 | 1:15:07 |
| 1170. | 435 | Pawelczyk-Miedziarek | Poznań | | 1978 | K30 | 168. | 394. | 0:32:42 (1154.) | 1:03:00 | 06:18 | 1:12:10 |
| 1171. | 1503 | Marciniak Edyta | Poznań | Samochodowka | 1973 | K40 | 58. | 395. | 0:32:41 (1167.) | 1:03:04 | 06:18 | 1:12:29 |
| 1172. | 2230 | Marciniak Krzysztof | Poznań | | 1973 | M40 | 153. | 777. | 0:32:41 (1166.) | 1:03:05 | 06:18 | 1:12:29 |
| 1173. | 1411 | Jaskulska Beata | Wolsztyn | | 1988 | K20 | 160. | 396. | 0:31:54 (1129.) | 1:03:06 | 06:18 | 1:12:25 |
| 1174. | 1387 | Przybylska Kinga | Poznań | | 1976 | K30 | 169. | 397. | 0:32:26 (1272.) | 1:03:07 | 06:18 | 1:15:20 |
| 1176. | 942 | Roszak Karolina | Poznań | | 1985 | K30 | 170. | 399. | 0:32:00 (938.) | 1:03:08 | 06:18 | 1:09:11 |
| 1175. | 2238 | Marecka Monika | Poznań | | 1986 | K20 | 161. | 398. | 0:32:54 (1178.) | 1:03:08 | 06:18 | 1:12:36 |
| 1178. | 169 | Miler Dariusz | Poznań | | 1988 | M20 | 220. | 778. | 0:32:18 (975.) | 1:03:10 | 06:19 | 1:09:34 |
| 1179. | 1308 | Ratajczyk Ewa | WRZESNIA | Hefalumpy | 1968 | K40 | 60. | 401. | 0:32:25 (994.) | 1:03:10 | 06:19 | 1:09:43 |
| 1177. | 1596 | Augustyn MONIKA | KAŻMIERZ | BIEGIEM BO LUBIĘ :-) | 1975 | K40 | 59. | 400. | 0:33:11 (1287.) | 1:03:10 | 06:19 | 1:15:16 |
| 1181. | 240 | Witkowska Angelika | Kamionki | | 1981 | K30 | 171. | 402. | 0:32:08 (1132.) | 1:03:15 | 06:19 | 1:12:27 |
| 1180. | 826 | Tomczak Karol | Dolsk | | 1990 | M20 | 221. | 779. | 0:29:52 (1162.) | 1:03:15 | 06:19 | 1:15:27 |
| 1182. | 483 | Śliwiński Jarosław | Obrzycko | | 1984 | M30 | 325. | 780. | 0:32:11 (1253.) | 1:03:16 | 06:19 | 1:15:22 |
| 1183. | 398 | Werbiński Robert | Poznań | | 1971 | M40 | 154. | 781. | 0:31:48 (956.) | 1:03:22 | 06:20 | 1:09:57 |
| 1184. | 317 | Robakowski Paweł | Wągrowiec | Concordia Runners Team | 1975 | M40 | 155. | 782. | 0:32:49 (1174.) | 1:03:27 | 06:20 | 1:12:47 |
| 1185. | 132 | Czekalski Łukasz | Poznań | | 1979 | M30 | 326. | 783. | 0:31:52 (1131.) | 1:03:30 | 06:21 | 1:12:54 |
| 1186. | 230 | Salwin Sylwia | Szczecin | | 1980 | K30 | 172. | 403. | 0:33:12 (1292.) | 1:03:31 | 06:21 | 1:15:41 |
| 1187. | 69 | CIEPLAK-PILC AGATA | PIŁA | | 1966 | K40 | 61. | 404. | () | 1:03:32 | 06:21 | 1:09:31 |
| 1188. | 1591 | Nowaczyk Anna | Biskupice Wlkp. | | 1972 | K40 | 62. | 405. | 0:32:19 (1261.) | 1:03:35 | 06:21 | 1:15:36 |
| 1190. | 1565 | Jackowska Danuta | Kokoszczyń | | 1980 | K30 | 173. | 407. | 0:32:41 (1156.) | 1:03:37 | 06:21 | 1:12:52 |
| 1189. | 1598 | Kołacz Anna | Poznań | | 1994 | K20 | 162. | 406. | 0:32:21 (1260.) | 1:03:37 | 06:21 | 1:15:36 |
| 1191. | 1590 | Nowaczyk Zuzanna | Biskupice Wlkp. | | 1994 | K20 | 163. | 408. | 0:32:24 (1259.) | 1:03:39 | 06:21 | 1:15:36 |
| 1192. | 356 | Szarycz Agnieszka | Poznań | Sportis Team Macron Dystrybutor | 1989 | K20 | 164. | 409. | 0:33:38 (1220.) | 1:03:40 | 06:22 | 1:13:18 |
| 1193. | 1578 | Krzyszowicz Hanna | Poznań | | 1986 | K20 | 165. | 410. | 0:33:39 (1219.) | 1:03:41 | 06:22 | 1:13:18 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|-------------|-------------|--------------------------|-------------|-------------------------------------|-----------|-----|------------|------------|-----------------|----------------|-----------------|----------------|
| 1194. | 238 | Bednarek Joanna | Poznań | | 1976 | K30 | 174. | 411. | 0:31:44 (932.) | 1:03:44 | 06:22 | 1:09:59 |
| 1195. | 1467 | Kaleta Artur | Poznan | | 1964 | M50 | 58. | 784. | 0:31:44 (930.) | 1:03:44 | 06:22 | 1:09:59 |
| 1196. | 327 | FĄDERSKA | TARNOWO | | 1976 | K30 | 175. | 412. | 0:33:01 (1175.) | 1:03:46 | 06:22 | 1:12:59 |
| 1200. | 582 | Kruszona Magdalena | Dąbrowa | Deric Technik/ Be Organic | 1981 | K30 | 177. | 415. | 0:31:59 (972.) | 1:03:47 | 06:22 | 1:10:27 |
| 1198. | 584 | Kruszona Krzysztof | Dąbrowa | Deric Technik/ Be Organic | 1981 | M30 | 327. | 785. | 0:31:59 (971.) | 1:03:47 | 06:22 | 1:10:27 |
| 1199. | 1210 | Ciepłostańska-Malinowska | Czmoń | KobietyBiegaja.pl | 1988 | K20 | 166. | 414. | 0:31:54 (1248.) | 1:03:47 | 06:22 | 1:16:01 |
| 1197. | 1227 | Mioducka Mirosława | Rokietnica | | 1983 | K30 | 176. | 413. | 0:31:52 (1246.) | 1:03:47 | 06:22 | 1:16:02 |
| 1203. | 956 | Majchrzak Piotr | Wągrowiec | Klub Mango | 1972 | M40 | 156. | 787. | 0:30:48 (1063.) | 1:03:50 | 06:23 | 1:13:01 |
| 1201. | 1126 | Cegielska Lucyna | Wągrowiec | | 1972 | K40 | 63. | 416. | 0:31:58 (1251.) | 1:03:50 | 06:23 | 1:16:03 |
| 1202. | 1127 | Karnowski Radosław | Wągrowiec | | 1986 | M20 | 222. | 786. | 0:31:58 (1250.) | 1:03:50 | 06:23 | 1:16:03 |
| 1205. | 679 | Błaszczuk Michał | Kobylnica | | 1991 | M20 | 223. | 788. | 0:29:51 (549.) | 1:03:51 | 06:23 | 1:06:26 |
| 1204. | 1497 | Bojko Magdalena | Poznan | | 1994 | K20 | 167. | 417. | 0:32:38 (1293.) | 1:03:51 | 06:23 | 1:16:35 |
| 1208. | 761 | Mikłasz Aleksandra | Poznań | | 1990 | K20 | 169. | 420. | 0:33:08 (1195.) | 1:04:05 | 06:24 | 1:13:37 |
| 1206. | 1073 | FUTRO MAŁGORZATA | WĄGROWIEC | Biegający Wągrowiec | 1981 | K30 | 178. | 418. | 0:33:14 (1294.) | 1:04:05 | 06:24 | 1:16:15 |
| 1207. | 1145 | Kaścińska-Banach | Poznań | | 1990 | K20 | 168. | 419. | 0:33:08 (1194.) | 1:04:05 | 06:24 | 1:13:37 |
| 1209. | 1019 | Szydłowski Leonard | Swarzędz | | 1951 | M60 | 9. | 789. | 0:31:30 (1104.) | 1:04:06 | 06:24 | 1:13:15 |
| 1210. | 769 | Król Cezary | Poznań | | 1971 | M40 | 157. | 790. | 0:32:41 (1277.) | 1:04:07 | 06:24 | 1:16:27 |
| 1211. | 786 | Karolewska Magdalena | Pobiedziska | | 1974 | K40 | 64. | 421. | 0:32:43 (1280.) | 1:04:09 | 06:24 | 1:16:27 |
| 1213. | 444 | Gozdur Agnieszka | Stobno | Biegamy Wirtualnie | 1978 | K30 | 180. | 423. | 0:32:08 (1126.) | 1:04:16 | 06:25 | 1:13:19 |
| 1212. | 474 | Pacybulenko Anna | Stobno | Biegamy Wirtualnie | 1976 | K30 | 179. | 422. | 0:32:08 (1127.) | 1:04:16 | 06:25 | 1:13:19 |
| 1215. | 1379 | Jagodzińska Michalina | Stęszew | | 1987 | K20 | 170. | 424. | 0:32:00 (1256.) | 1:04:16 | 06:25 | 1:16:36 |
| 1214. | 1380 | Kowalak Maciej | Poznań | | 1988 | M20 | 224. | 791. | 0:31:59 (1255.) | 1:04:16 | 06:25 | 1:16:36 |
| 1216. | 1124 | Nawrocka Beata | Rakownia | green team rakownia | 1976 | K30 | 181. | 425. | 0:32:52 (1182.) | 1:04:19 | 06:25 | 1:13:52 |
| 1217. | 1566 | Sekuła Justyna | Poznań | | 1986 | K20 | 171. | 426. | 0:32:15 (962.) | 1:04:21 | 06:26 | 1:10:39 |
| 1218. | 2225 | Bartol Estera | Piła | | 1974 | K40 | 65. | 427. | 0:32:52 (572.) | 1:04:25 | 06:26 | 1:04:35 |
| 1219. | 48 | Włodarczyk Anna | Poznań | Virtual Runner Club / Night Runners | 1987 | K20 | 172. | 428. | 0:33:40 (1204.) | 1:04:29 | 06:26 | 1:13:47 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|-------------|-----------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1220. | 1035 | Stroińska Monika | Gruszczyń | | 1973 | K40 | 66. | 429. | 0:32:52 (1191.) | 1:04:30 | 06:27 | 1:14:11 |
| 1221. | 831 | Pernet-Szóstak Ewelina | Poznań | | 1981 | K30 | 182. | 430. | 0:32:06 (946.) | 1:04:31 | 06:27 | 1:10:36 |
| 1223. | 393 | Łagowska Dorota | Poznań | NIGHT RUNNERS / KOBIETY BIEGAJĄ | 1977 | K30 | 183. | 432. | 0:33:29 (1196.) | 1:04:33 | 06:27 | 1:13:45 |
| 1222. | 532 | Strzesak Dagmara | Poznań | | 1993 | K20 | 173. | 431. | 0:32:02 (1150.) | 1:04:33 | 06:27 | 1:14:16 |
| 1224. | 106 | Grzywczak Wiesław | Murowana | K.B.Gepard | 1956 | M50 | 59. | 792. | 0:33:41 (1302.) | 1:04:34 | 06:27 | 1:16:41 |
| 1226. | 538 | Brodziak Przemysław | Lisów | | 1987 | M20 | 225. | 794. | 0:32:32 (1267.) | 1:04:34 | 06:27 | 1:16:38 |
| 1225. | 556 | Kliczbor Jacek | Murowana | K.B.Gepard | 1960 | M50 | 60. | 793. | 0:33:41 (1301.) | 1:04:34 | 06:27 | 1:16:41 |
| 1227. | 1061 | Kuna Danka | Zaniemyśl | | 1972 | K40 | 67. | 433. | 0:33:45 (1304.) | 1:04:37 | 06:27 | 1:16:44 |
| 1228. | 1075 | Sobkowiak Sylwia | Kostrzyn | | 1976 | K30 | 184. | 434. | 0:32:24 (715.) | 1:04:41 | 06:28 | 1:07:22 |
| 1229. | 780 | Kotz Aleksandra | Mościenica | Klub Biegacza Kompania Piwowarska | 1983 | K30 | 185. | 435. | 0:32:34 (1165.) | 1:04:42 | 06:28 | 1:14:14 |
| 1230. | 1534 | Kędzierska Dominika | Poznań | | 1992 | K20 | 174. | 436. | 0:32:25 (1153.) | 1:04:45 | 06:28 | 1:14:07 |
| 1233. | 874 | Nowacka Magdalena | Wielichowo | Brat mnie zapisał bo ja nie umiem | 1984 | K30 | 187. | 439. | 0:32:52 (1006.) | 1:04:48 | 06:28 | 1:11:07 |
| 1231. | 1369 | Zaworska Weronika | Poznań | | 1988 | K20 | 175. | 437. | 0:32:28 (1268.) | 1:04:48 | 06:28 | 1:16:56 |
| 1232. | 1395 | Miłowska Monika | Komorniki | ŚWIAT BIEGACZA FEHLAU RUN TEAM | 1976 | K30 | 186. | 438. | 0:33:31 (1201.) | 1:04:48 | 06:28 | 1:14:08 |
| 1234. | 1049 | Nowak Marlena | Szamotuły | | 1977 | K30 | 188. | 440. | 0:31:49 (942.) | 1:04:54 | 06:29 | 1:11:13 |
| 1235. | 1371 | Piasecki Bogumił | Poznań | | 1973 | M40 | 158. | 795. | 0:33:25 (1303.) | 1:04:55 | 06:29 | 1:17:22 |
| 1236. | 1372 | Antkowiak Bartosz | Poznań | | 1976 | M30 | 328. | 796. | 0:33:26 (1305.) | 1:04:56 | 06:29 | 1:17:23 |
| 1237. | 1039 | Wieczorek Krzysztof | Poznań | Night Runners | 1977 | M30 | 329. | 797. | 0:31:19 (936.) | 1:04:57 | 06:29 | 1:11:39 |
| 1238. | 1040 | Kurkowska Anna | Poznań | Night Runners | 1980 | K30 | 189. | 441. | 0:31:20 (937.) | 1:04:58 | 06:29 | 1:11:39 |
| 1239. | 851 | Janiak Aleksandra | Poznań | | 1983 | K30 | 190. | 442. | 0:34:41 (1338.) | 1:05:01 | 06:30 | 1:17:10 |
| 1241. | 1615 | Nowosielska Marta | Poznań | | 1984 | K30 | 192. | 444. | 0:33:12 (1285.) | 1:05:02 | 06:30 | 1:17:06 |
| 1240. | 1616 | Palicka Agnieszka | Poznań | | 1985 | K30 | 191. | 443. | 0:33:12 (1286.) | 1:05:02 | 06:30 | 1:17:06 |
| 1242. | 703 | Burchardt Bartosz | Skórzewo | | 1990 | M20 | 226. | 798. | 0:33:46 (1311.) | 1:05:04 | 06:30 | 1:17:20 |
| 1243. | 1201 | Konieczny Szymon | Wągrowiec | | 1982 | M30 | 330. | 799. | 0:34:15 (1323.) | 1:05:06 | 06:30 | 1:17:18 |
| 1244. | 1057 | Szumiński Wojciech | Poznań | Wilda Biega | 1991 | M20 | 227. | 800. | 0:32:46 (990.) | 1:05:17 | 06:31 | 1:11:27 |
| 1245. | 25 | Klimorowska Małgorzata | Poznań | brak | 1978 | K30 | 193. | 445. | 0:34:32 (1336.) | 1:05:18 | 06:31 | 1:17:34 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|-------------------------|-------------|--|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1246. | 1062 | Michalska Monika | Grodzisk | Różowa Torpeda ZSP Grodzisk Wielkopolski | 1996 | K16 | 5. | 446. | 0:33:08 (1281.) | 1:05:21 | 06:32 | 1:17:22 |
| 1247. | 1614 | PIETRZAK IWONA | RAKOWNIA | | 1965 | K50 | 6. | 447. | 0:32:36 (1169.) | 1:05:21 | 06:32 | 1:14:54 |
| 1248. | 531 | Jeske Marita | Poznań | | 1989 | K20 | 176. | 448. | 0:32:26 (1152.) | 1:05:23 | 06:32 | 1:14:44 |
| 1250. | 38 | Antoszkiewicz Krzysztof | Poznań | Capri Pizza Team Przeźmierowo | 1973 | M40 | 159. | 802. | 0:33:08 (1290.) | 1:05:24 | 06:32 | 1:17:37 |
| 1249. | 2239 | Życiński Jacek | Poznań | | 1962 | M50 | 61. | 801. | 0:33:01 (1189.) | 1:05:24 | 06:32 | 1:14:53 |
| 1251. | 209 | Markiewicz Joanna Zuza | Poznań | | 1976 | K30 | 194. | 449. | 0:33:41 (1221.) | 1:05:26 | 06:32 | 1:15:05 |
| 1252. | 643 | Reiniger Paulina | Poznań | Teatr Nowy w Poznaniu | 1977 | K30 | 195. | 450. | 0:32:37 (981.) | 1:05:28 | 06:32 | 1:11:34 |
| 1253. | 1151 | Matysiak Tomasz | Kiekrz | | 1973 | M40 | 160. | 803. | 0:32:34 (1273.) | 1:05:31 | 06:33 | 1:17:47 |
| 1255. | 300 | Woźniak Kasia | Koziegłowy | Drużyna Szpiku | 1977 | K30 | 197. | 452. | 0:34:16 (1322.) | 1:05:33 | 06:33 | 1:17:44 |
| 1254. | 1559 | Pietrusiak Agnieszka | Poznan | | 1981 | K30 | 196. | 451. | 0:34:15 (1321.) | 1:05:33 | 06:33 | 1:17:45 |
| 1258. | 1499 | Zimowska Zuzanna | Mosina | | 1985 | K30 | 199. | 454. | 0:33:37 (1216.) | 1:05:38 | 06:33 | 1:15:13 |
| 1257. | 1512 | Wiza Julia | Poznań | | 1982 | K30 | 198. | 453. | 0:33:37 (1217.) | 1:05:38 | 06:33 | 1:15:13 |
| 1256. | 1594 | Kasztelan Mirosław | Zgierz | | 1975 | M40 | 161. | 804. | 0:34:57 (1341.) | 1:05:38 | 06:33 | 1:17:46 |
| 1259. | 905 | Sawicka Katarzyna | Poznań | | 1990 | K20 | 177. | 455. | 0:34:13 (1335.) | 1:05:39 | 06:33 | 1:18:12 |
| 1260. | 20 | Ziętarski Bogusław | Nowy Tomyśl | drużyna szpiku | 1972 | M40 | 162. | 805. | 0:34:39 (1339.) | 1:05:42 | 06:34 | 1:17:57 |
| 1261. | 148 | Bednarczyk Joanna | Poznań | Arena Ruchu | 1974 | K40 | 68. | 456. | 0:33:26 (1297.) | 1:05:47 | 06:34 | 1:17:55 |
| 1262. | 2253 | Biała Martyna | Szamotoły | | 1997 | K16 | 6. | 457. | 0:34:42 (1340.) | 1:05:51 | 06:35 | 1:18:04 |
| 1263. | 613 | Klaja Katarzyna | Czerwonak | SCIM | 1958 | K50 | 7. | 458. | 0:33:28 (1315.) | 1:05:52 | 06:35 | 1:18:43 |
| 1264. | 281 | Kopydłowska Daria | Poznań | | 1984 | K30 | 200. | 459. | 0:34:06 (1317.) | 1:05:54 | 06:35 | 1:18:08 |
| 1265. | 1445 | Wapner Bożena | Poznań | brak klubu | 1974 | K40 | 69. | 460. | 0:33:18 (1289.) | 1:05:55 | 06:35 | 1:17:57 |
| 1266. | 1536 | Filipiak Olga | Mosina | | 1985 | K30 | 201. | 461. | 0:33:39 (1298.) | 1:05:56 | 06:35 | 1:18:01 |
| 1267. | 282 | Kaczmarek Agnieszka | Oborniki | | 1985 | K30 | 202. | 462. | 0:34:06 (1319.) | 1:05:57 | 06:35 | 1:18:12 |
| 1269. | 500 | Wencel Sylwia | Oborniki | | 1986 | K20 | 178. | 464. | 0:34:06 (1318.) | 1:05:58 | 06:35 | 1:18:12 |
| 1268. | 632 | Widera Iwona | Koziegłowy | | 1980 | K30 | 203. | 463. | 0:33:21 (1192.) | 1:05:58 | 06:35 | 1:15:11 |
| 1270. | 1363 | Lubon Tomasz | Lubon | | 1959 | M50 | 62. | 806. | 0:33:29 (1197.) | 1:05:59 | 06:35 | 1:15:11 |
| 1271. | 362 | Posadzy Magdalena | Poznan | | 1983 | K30 | 204. | 465. | 0:32:05 (1124.) | 1:06:08 | 06:36 | 1:15:12 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-------------|-------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1272. | 844 | STACIUKOWICZ MICHAŁ | POZNAŃ | TOUR DE RUN | 1986 | M20 | 228. | 807. | 0:33:57 (1309.) | 1:06:09 | 06:36 | 1:18:13 |
| 1273. | 845 | PASTWA ANNA | POZNAŃ | TOUR DE RUN | 1987 | K20 | 179. | 466. | 0:33:58 (1310.) | 1:06:09 | 06:36 | 1:18:13 |
| 1274. | 1042 | Lenartowicz Zbigniew | Poznań | | 1942 | M60 | 10. | 808. | 0:34:32 (1243.) | 1:06:15 | 06:37 | 1:15:45 |
| 1275. | 1011 | Wolak Jacek | Poznań | | 1970 | M40 | 163. | 809. | 0:33:57 (1314.) | 1:06:28 | 06:38 | 1:18:38 |
| 1276. | 463 | Kaczmarek Iwona | Poznań | | 1987 | K20 | 180. | 467. | 0:34:12 (1235.) | 1:06:34 | 06:39 | 1:16:13 |
| 1277. | 853 | Maciejewski Łukasz | Jarocin | | 1983 | M30 | 331. | 810. | 0:32:45 (1274.) | 1:06:39 | 06:39 | 1:18:44 |
| 1278. | 723 | Nowacka Alicja | Krobia | | 1968 | K40 | 70. | 468. | 0:33:00 (1279.) | 1:06:41 | 06:40 | 1:18:41 |
| 1280. | 29 | Kiwertz Anna | Poznań | KobietyBiegaja.pl | 1979 | K30 | 206. | 470. | 0:34:04 (1215.) | 1:06:42 | 06:40 | 1:15:50 |
| 1279. | 764 | Woźniak Marta | Komorniki | mamy biegamy | 1985 | K30 | 205. | 469. | 0:34:04 (1214.) | 1:06:42 | 06:40 | 1:15:50 |
| 1281. | 1015 | Kujawski Bogdan | Łódź | | 1973 | M40 | 164. | 811. | 0:34:11 (1316.) | 1:06:46 | 06:40 | 1:18:54 |
| 1282. | 64 | Korek Ewa | Złotniki | | 1983 | K30 | 207. | 471. | 0:33:15 (1188.) | 1:06:47 | 06:40 | 1:16:02 |
| 1283. | 539 | Lewandowicz Irmína | Poznań | | 1981 | K30 | 208. | 472. | 0:33:53 (1313.) | 1:06:48 | 06:40 | 1:19:01 |
| 1284. | 727 | Stołecka Magda | Poznań | | 1982 | K30 | 209. | 473. | 0:33:47 (1155.) | 1:06:48 | 06:40 | 1:14:55 |
| 1285. | 181 | Flaczyńska Michalina | Złotniki | | 1982 | K30 | 210. | 474. | 0:33:16 (1187.) | 1:06:49 | 06:40 | 1:16:02 |
| 1286. | 388 | Grubba-Szreder Agata | Poznań | | 1990 | K20 | 181. | 475. | 0:33:15 (1040.) | 1:06:54 | 06:41 | 1:13:29 |
| 1288. | 283 | Wąsiatycz Iwona | Baranowo | | 1963 | K50 | 8. | 476. | 0:34:22 (1328.) | 1:06:56 | 06:41 | 1:19:08 |
| 1287. | 284 | Wąsiatycz Grzegorz | Baranowo | | 1956 | M50 | 63. | 812. | 0:34:22 (1327.) | 1:06:56 | 06:41 | 1:19:08 |
| 1289. | 213 | Maćkowiak Ewa | Grodzisk | STADO | 1979 | K30 | 211. | 477. | 0:33:32 (1071.) | 1:07:05 | 06:42 | 1:13:38 |
| 1290. | 1478 | Piechocka Beata | Grodzisk | STADO | 1975 | K40 | 71. | 478. | 0:33:33 (1072.) | 1:07:06 | 06:42 | 1:13:39 |
| 1291. | 1243 | Chołody Zofia | Poznań | Klub Kobiet Przedsiębiorczych | 1984 | K30 | 212. | 479. | 0:34:31 (1244.) | 1:07:14 | 06:43 | 1:16:45 |
| 1292. | 596 | Górnikiewicz Piotrek | Rokietnica | niewiemconaobiad.pl | 1980 | M30 | 332. | 813. | 0:32:17 (1142.) | 1:07:18 | 06:43 | 1:16:31 |
| 1293. | 366 | Michalczyk Michalina | Mosina | | 1979 | K30 | 213. | 480. | 0:33:40 (801.) | 1:07:19 | 06:43 | 1:09:37 |
| 1294. | 1188 | Rataj Katarzyna | Żnin | | 1992 | K20 | 182. | 481. | 0:33:54 (1205.) | 1:07:21 | 06:44 | 1:16:27 |
| 1297. | 409 | Magas Monika | Rosnowo | Samochodowka | 1973 | K40 | 72. | 483. | 0:32:44 (1173.) | 1:07:22 | 06:44 | 1:16:48 |
| 1296. | 424 | Nowacka Katarzyna | Poznań | Samochodowka | 1987 | K20 | 183. | 482. | 0:33:43 (1213.) | 1:07:22 | 06:44 | 1:16:48 |
| 1295. | 428 | Oszmałek Dariusz | Poznań | Samochodowka | 1970 | M40 | 165. | 814. | 0:33:22 (1199.) | 1:07:22 | 06:44 | 1:16:48 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-------------|-------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1299. | 1031 | Kowal Jacek | Poznań | | 1969 | M40 | 166. | 815. | 0:34:35 (1239.) | 1:07:23 | 06:44 | 1:16:46 |
| 1298. | 1032 | Lipińska Anna | Słubice | | 1972 | K40 | 73. | 484. | 0:34:35 (1240.) | 1:07:23 | 06:44 | 1:16:46 |
| 1301. | 260 | Kasprzyk Monika | Poznań | - | 1973 | K40 | 74. | 485. | 0:35:07 (1343.) | 1:07:24 | 06:44 | 1:19:39 |
| 1300. | 1375 | Więclaw Piotr | Poznań | Samochodowka | 1980 | M30 | 333. | 816. | 0:32:45 (1172.) | 1:07:24 | 06:44 | 1:16:49 |
| 1304. | 351 | Bednarek Małgorzata | Tulce | | 1973 | K40 | 76. | 488. | 0:35:18 (1278.) | 1:07:30 | 06:45 | 1:17:13 |
| 1302. | 357 | Adamczyk Izabela | Poznań | UKS SMOKI | 1974 | K40 | 75. | 486. | 0:33:48 (1306.) | 1:07:30 | 06:45 | 1:19:36 |
| 1303. | 358 | Hoffmann-Rosa Anita | Poznań | UKS SMOKI | 1977 | K30 | 214. | 487. | 0:33:48 (1307.) | 1:07:30 | 06:45 | 1:19:36 |
| 1305. | 1144 | Wasicka-Jakubek | Swarzędz | | 1984 | K30 | 215. | 489. | 0:33:10 (1291.) | 1:07:37 | 06:45 | 1:19:47 |
| 1306. | 467 | Górniewicz Joanna | Stęszew | | 1992 | K20 | 184. | 490. | 0:33:54 (852.) | 1:07:38 | 06:45 | 1:10:16 |
| 1307. | 1194 | Golczak Aleksandra | Opalenica | | 1994 | K20 | 185. | 491. | 0:33:54 (1308.) | 1:07:38 | 06:45 | 1:19:45 |
| 1308. | 468 | Isalski Mikołaj | Poznań | | 1992 | M20 | 229. | 817. | 0:33:54 (851.) | 1:07:39 | 06:45 | 1:10:16 |
| 1309. | 1540 | Barczak Wojciech | Poznań | | 1987 | M20 | 230. | 818. | 0:34:32 (1108.) | 1:07:55 | 06:47 | 1:14:09 |
| 1310. | 897 | Staszak-Jakuszevska | Poznań | KobietyBiegaja.pl | 1986 | K20 | 186. | 492. | 0:34:27 (1237.) | 1:07:57 | 06:47 | 1:17:25 |
| 1311. | 1350 | Korbas Mariola | Sady | | 1980 | K30 | 216. | 493. | 0:34:08 (1223.) | 1:07:58 | 06:47 | 1:17:11 |
| 1312. | 762 | Górna Marta | rogoźno | | 1985 | K30 | 217. | 494. | 0:35:01 (1212.) | 1:08:02 | 06:48 | 1:16:10 |
| 1313. | 736 | pakulska katarzyna | poznań | | 1985 | K30 | 218. | 495. | 0:33:28 (1193.) | 1:08:04 | 06:48 | 1:17:14 |
| 1314. | 927 | Grzesiek Piotr | Poznań | Coco Jumbo | 1979 | M30 | 334. | 819. | 0:34:15 (1084.) | 1:08:06 | 06:48 | 1:14:09 |
| 1315. | 856 | BRACŁAW KAROLINA | POZNAN | | 1982 | K30 | 219. | 496. | 0:34:16 (1085.) | 1:08:07 | 06:48 | 1:14:09 |
| 1316. | 1024 | Szypura Robert | Opalenica | | 1970 | M40 | 167. | 820. | 0:34:17 (1225.) | 1:08:07 | 06:48 | 1:17:13 |
| 1318. | 1025 | Szypura Katarzyna | Opalenica | | 1972 | K40 | 77. | 498. | 0:34:17 (1224.) | 1:08:07 | 06:48 | 1:17:13 |
| 1317. | 1203 | Małecka Katarzyna | Opalenica | | 1998 | K16 | 7. | 497. | 0:34:18 (1226.) | 1:08:07 | 06:48 | 1:17:13 |
| 1319. | 1420 | Mądrostkiewicz Piotr | Murowana | | 1989 | M20 | 231. | 821. | 0:32:51 (988.) | 1:08:16 | 06:49 | 1:14:18 |
| 1320. | 924 | Tobis Marek | Poznań | | 1961 | M50 | 64. | 822. | 0:32:45 (1275.) | 1:08:22 | 06:50 | 1:20:29 |
| 1322. | 589 | Kulas Katarzyna | Poznań | KS MUPPETY | 1989 | K20 | 188. | 500. | 0:33:28 (1057.) | 1:08:35 | 06:51 | 1:15:02 |
| 1321. | 1602 | Guszkiewicz Dorota | Kraków | KS MUPPETY | 1990 | K20 | 187. | 499. | 0:33:28 (1054.) | 1:08:35 | 06:51 | 1:15:01 |
| 1323. | 1253 | Grodzicka Elżbieta | Poznań | | 1971 | K40 | 78. | 501. | 0:35:11 (1344.) | 1:08:42 | 06:52 | 1:20:55 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------------|---------------|--------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1325. | 511 | Wiśniewski Sławek | Koziegłowy | kkk | 1970 | M40 | 169. | 824. | 0:33:36 (1299.) | 1:08:55 | 06:53 | 1:21:05 |
| 1324. | 1102 | Qna Bob | Zaniemyśl | | 1972 | M40 | 168. | 823. | 0:34:21 (1324.) | 1:08:55 | 06:53 | 1:21:02 |
| 1326. | 288 | Przybylska Karolina | Poznań | | 1977 | K30 | 220. | 502. | 0:33:37 (1300.) | 1:08:56 | 06:53 | 1:21:05 |
| 1327. | 941 | Mrotek Jolanta | Dolaszewo | | 1992 | K20 | 189. | 503. | 0:34:11 (1320.) | 1:09:08 | 06:54 | 1:21:19 |
| 1328. | 1511 | Bogała Elżbieta | Kaźmierz | | 1976 | K30 | 221. | 504. | 0:34:44 (1334.) | 1:09:12 | 06:55 | 1:21:12 |
| 1329. | 402 | Kamińska Malwina | Poznań | | 1995 | K20 | 190. | 505. | 0:34:55 (1117.) | 1:09:13 | 06:55 | 1:15:19 |
| 1330. | 473 | Paetz Marta | Kaźmierz | | 1982 | K30 | 222. | 506. | 0:34:45 (1332.) | 1:09:14 | 06:55 | 1:21:12 |
| 1331. | 1106 | Chwaliszewska Beata | Poznań | | 1991 | K20 | 191. | 507. | 0:34:46 (1333.) | 1:09:15 | 06:55 | 1:21:12 |
| 1332. | 889 | Zakrzewicz Przemysław | Mrowino | Rokietnica Biega | 1959 | M50 | 65. | 825. | 0:35:06 (1139.) | 1:09:20 | 06:56 | 1:15:39 |
| 1333. | 104 | Gadus Marcin | Poznań | | 1982 | M30 | 335. | 826. | 0:35:16 (1352.) | 1:09:31 | 06:57 | 1:22:46 |
| 1334. | 1507 | Augustyniak Maciej | Poznań | Klamoty Chorzępowo | 1960 | M50 | 66. | 827. | 0:34:32 (1329.) | 1:09:50 | 06:59 | 1:21:54 |
| 1335. | 654 | Nowicki Waldemar | Poznań | | 1952 | M60 | 11. | 828. | 0:35:40 (1179.) | 1:09:52 | 06:59 | 1:16:34 |
| 1336. | 1509 | Śliwińska Justyna | Bełęcin | | 1985 | K30 | 223. | 508. | 0:34:36 (1337.) | 1:10:04 | 07:00 | 1:22:17 |
| 1338. | 680 | Jesionowski Łukasz | Poznań | | 1989 | M20 | 232. | 830. | 0:28:26 (1099.) | 1:10:07 | 07:00 | 1:22:15 |
| 1337. | 1471 | Lehmann Radosław | Sielinko | brak klubu | 1973 | M40 | 170. | 829. | 0:43:51 (1377.) | 1:10:07 | 07:00 | 1:22:12 |
| 1339. | 1250 | Koźmińska-Sikora Eliza | Suchy Las | TRE Poznań | 1972 | K40 | 79. | 509. | 0:35:46 (1351.) | 1:10:12 | 07:01 | 1:22:55 |
| 1340. | 378 | Bolewicka Martyna | Poznań | Night Runners | 1996 | K16 | 8. | 510. | 0:34:29 (1231.) | 1:10:26 | 07:02 | 1:19:38 |
| 1341. | 971 | Dzioch Alicja | Wałcz | | 1990 | K20 | 192. | 511. | 0:36:45 (1354.) | 1:10:31 | 07:03 | 1:22:34 |
| 1342. | 972 | Patkowski Radosław | Wałcz | Avita | 1986 | M20 | 233. | 831. | 0:36:46 (1353.) | 1:10:31 | 07:03 | 1:22:33 |
| 1343. | 340 | Dembska Anna | Plewiska | | 1976 | K30 | 224. | 512. | 0:34:06 (1312.) | 1:10:32 | 07:03 | 1:22:31 |
| 1344. | 795 | Burzyński Klaudiusz | Poznań | | 1983 | M30 | 336. | 832. | 0:34:29 (1330.) | 1:10:34 | 07:03 | 1:22:48 |
| 1345. | 796 | Jankowiak Agata | Poznań | | 1987 | K20 | 193. | 513. | 0:34:29 (1331.) | 1:10:34 | 07:03 | 1:22:48 |
| 1346. | 673 | Andrzejczak Kamil | Poznań | | 1989 | K20 | 194. | 514. | 0:35:44 (1288.) | 1:10:40 | 07:04 | 1:20:15 |
| 1347. | 1514 | RYBIŃSKA MILENA | SZAMOTUŁY | | 1984 | K30 | 225. | 515. | 0:34:56 (1245.) | 1:10:47 | 07:04 | 1:19:53 |
| 1349. | 419 | Kaczmarek Jakub | Grodzisk Wilk | | 1991 | M20 | 234. | 833. | 0:34:54 (1257.) | 1:10:48 | 07:04 | 1:20:14 |
| 1348. | 420 | Kaczmarek Zuzanna | Grodzisk Wilk | | 1993 | K20 | 195. | 516. | 0:34:54 (1258.) | 1:10:48 | 07:04 | 1:20:14 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|----------------------|-------------|-----------------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1350. | 1588 | Barańska Ewa | Łódź | | 1983 | K30 | 226. | 517. | 0:34:56 (1342.) | 1:10:54 | 07:05 | 1:23:03 |
| 1351. | 432 | Stelmaszyk Paweł | Poznań | | 1989 | M20 | 235. | 834. | 0:36:07 (1348.) | 1:12:03 | 07:12 | 1:24:20 |
| 1352. | 570 | Szymkowiak Paweł | Obrzycko | Drużyna Szpiku | 1995 | M20 | 236. | 835. | 0:37:53 (1369.) | 1:12:06 | 07:12 | 1:24:22 |
| 1355. | 931 | Orłowicz Marta | Dąbrówka | | 1984 | K30 | 228. | 520. | 0:35:20 (1271.) | 1:12:09 | 07:12 | 1:21:27 |
| 1354. | 1041 | KASIERSKA EWA | POZNAŃ | WKB Meta Lubliniec | 1948 | K60 | 2. | 519. | 0:35:58 (1282.) | 1:12:09 | 07:12 | 1:21:20 |
| 1353. | 1149 | Nowak Iwona | Luboń | | 1979 | K30 | 227. | 518. | 0:35:59 (1284.) | 1:12:09 | 07:12 | 1:21:20 |
| 1356. | 778 | Szulc Sławomir | Poznań | Klub Biegacza Kompania Piwowarska | 1989 | M20 | 237. | 836. | 0:36:52 (1356.) | 1:12:10 | 07:13 | 1:24:15 |
| 1358. | 323 | Radomska Gabriela | Poznań | Wilda Biega | 1992 | K20 | 196. | 521. | 0:37:01 (1364.) | 1:12:14 | 07:13 | 1:24:46 |
| 1357. | 1213 | Kocot Filip | Poznań | Wilda Biega | 1986 | M20 | 238. | 837. | 0:37:00 (1363.) | 1:12:14 | 07:13 | 1:24:46 |
| 1359. | 431 | Koprek Marzena | Poznań | | 1990 | K20 | 197. | 522. | 0:36:07 (1350.) | 1:12:20 | 07:14 | 1:24:39 |
| 1360. | 2 | Frankiewicz Joanna | Poznań | KB im. Macieja Frankiewicza | 1967 | K40 | 80. | 523. | 0:36:56 (1358.) | 1:12:28 | 07:14 | 1:24:49 |
| 1361. | 1481 | Środa Sławomir | Poznań | | 1988 | M20 | 239. | 838. | 0:36:30 (1362.) | 1:12:29 | 07:14 | 1:25:22 |
| 1363. | 1 | Grobelny Ryszard | Poznań | Drużyna Szpiku | 1963 | M50 | 67. | 840. | 0:36:58 (1357.) | 1:12:30 | 07:15 | 1:24:49 |
| 1362. | 1484 | Dukiewicz Jakub | Radziejów | | 1988 | M20 | 240. | 839. | 0:36:31 (1361.) | 1:12:30 | 07:15 | 1:25:22 |
| 1364. | 1483 | Nowakowska Magdalena | Skórzewo | | 1991 | K20 | 198. | 524. | 0:36:48 (1366.) | 1:12:31 | 07:15 | 1:25:22 |
| 1365. | 1482 | Nowakowski Michał | Skórzewo | | 1961 | M50 | 68. | 841. | 0:36:40 (1360.) | 1:12:39 | 07:15 | 1:25:23 |
| 1366. | 1480 | Środa Hanna | Poznań | | 1988 | K20 | 199. | 525. | 0:36:58 (1365.) | 1:12:40 | 07:16 | 1:25:22 |
| 1367. | 555 | Horowski Michał | Poznań | | 1952 | M60 | 12. | 842. | 0:36:57 (1359.) | 1:12:55 | 07:17 | 1:25:20 |
| 1368. | 757 | Naskręt Martyna | Poznań | | 1990 | K20 | 200. | 526. | 0:37:09 (1229.) | 1:13:20 | 07:20 | 1:19:51 |
| 1370. | 1556 | Białek - Opas Joanna | Poznań | | 1984 | K30 | 229. | 527. | 0:35:20 (1270.) | 1:13:24 | 07:20 | 1:22:42 |
| 1369. | 1583 | Opas Michał | Poznań | | 1984 | M30 | 337. | 843. | 0:35:19 (1269.) | 1:13:24 | 07:20 | 1:22:42 |
| 1371. | 332 | Maciejowski Wiktor | Poznań | Mosina biega | 1955 | M60 | 13. | 844. | 0:35:54 (1283.) | 1:13:28 | 07:20 | 1:22:44 |
| 1372. | 978 | Szymków Natalia | Poznań | | 1981 | K30 | 230. | 528. | 0:35:17 (1145.) | 1:13:30 | 07:21 | 1:19:50 |
| 1373. | 647 | Jurzysta Piotr | Warszawa | | 1967 | M40 | 171. | 845. | 0:36:44 (1355.) | 1:14:03 | 07:24 | 1:26:14 |
| 1374. | 691 | Kuśnierkiewicz Maria | Poznań | | 1971 | K40 | 81. | 529. | 0:37:43 (1367.) | 1:14:06 | 07:24 | 1:26:23 |
| 1375. | 692 | Dworzak Joanna | Dąbrowa | | 1972 | K40 | 82. | 530. | 0:37:44 (1368.) | 1:14:06 | 07:24 | 1:26:23 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik netto | Tempo min/km | Czas brutto |
|----------|----------|------------------|-------------|------------------------|--------|-----|---------|---------|-----------------|----------------|--------------|-------------|
| 1376. | 1070 | Tomicki Paweł | Kostrzyn | BEJRA | 1981 | M30 | 338. | 846. | 0:37:16 (1373.) | 1:14:10 | 07:25 | 1:27:45 |
| 1377. | 745 | faferek marta | Poznań | | 1984 | K30 | 231. | 531. | 0:37:45 (1345.) | 1:15:25 | 07:32 | 1:25:05 |
| 1378. | 334 | Meller Marcin | Luboń | Luboński Klub Biegacza | 1983 | M30 | 339. | 847. | 0:38:07 (1372.) | 1:15:41 | 07:34 | 1:27:57 |
| 1379. | 333 | Meller Agnieszka | Luboń | Luboński Klub Biegacza | 1983 | K30 | 232. | 532. | 0:38:07 (1371.) | 1:15:42 | 07:34 | 1:27:57 |
| 1380. | 251 | Mamys Robert | Poznań | | 1975 | M40 | 172. | 848. | 0:38:01 (1370.) | 1:16:15 | 07:37 | 1:28:31 |
| 1381. | 1632 | Wasicka Karolina | Poznań | | 1993 | K20 | 201. | 533. | 0:39:07 (1374.) | 1:16:58 | 07:41 | 1:29:08 |
| 1382. | 1302 | Dziwiłł Ada | Poznań | | 1988 | K20 | 202. | 534. | 0:40:48 (1376.) | 1:17:22 | 07:44 | 1:32:19 |
| 1383. | 363 | Mensfeld Anna | Poznań | Concordia Runners Team | 1985 | K30 | 233. | 535. | 0:39:45 (1375.) | 1:20:27 | 08:02 | 1:32:34 |

Liczba zawodników: 1383

