

KATEGORIA: OPEN

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	237	BOGDAN	SEMANOWICZ	M	1986	UA	FINISZ KALISZ	OSTROW WLKP	00:07:32.70	00:15:21.57	00:23:23.34	00:31:22		M->29/ 1
2	3	RADOSŁAW	KLECZEK	M	1985	PL	ASA TEAM - BIEGIEM PO ZDROWIE	GOGOLIN	00:07:51.68	00:16:32.07	00:24:58.43	00:33:24		M->29/ 2
3	79	TOMASZ	KAWIK	M	1991	PL	KS CRACOVIA 1906	BRENNA	00:08:03.16	00:16:32.06	00:24:58.49	00:33:32		M->29/ 3
4	153	KACPER	PIECH	M	1990	PL	METROPOLIA NIERUCHOMOŚCI KRAKÓ	BIALA PODLASKA	00:08:03.01	00:16:32.43	00:25:09.78	00:33:53		M->29/ 4
5	267	ZBIGNIEW	KALINOWSKI	M	1982	PL		POLICE	00:08:24.76	00:17:06.57	00:26:00.05	00:34:53		M30-39/ 1
6	76	BOGDAN	KARKUT	M	1970	PL	TIKI TAKA KOLBUSZOWA	KOMOROW	00:08:26.99	00:17:34.50	00:26:59.83	00:36:10		M40-49/ 1
7	31	ŁUKASZ	DULIŃSKI	M	1983	PL		KRAKÓW	00:08:47.20	00:18:09.01	00:27:35.88	00:36:46		M30-39/ 2
8	218	DARIUSZ	WILK	M	1977	PL		BEDZIN	00:08:48.18	00:18:08.67	00:27:36.62	00:36:56		M30-39/ 3
9	111	ŁUKASZ	MACHLOWSKI	M	1986	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:08:47.24	00:18:08.65	00:27:36.26	00:36:59		M->29/ 5
10	250	KATARZYNA	ALBRYCHT	K	1982	PL		KROŚCIENKO WYŻNE	00:09:20.51	00:18:58.65	00:28:42.03	00:38:04		K30-39/ 1
11	132	PAWEŁ	MOŹDZIERZ	M	1966	PL	SOKÓŁ TARNÓW	TARNÓW	00:09:09.03	00:18:39.37	00:28:26.10	00:38:04		M40-49/ 2
12	177	KAMIL	SKIBA	M	1980	PL	ABIKS TARNÓW	TARNÓW	00:08:59.06	00:18:41.79	00:28:31.88	00:38:14		M30-39/ 4
13	98	JÓZEF	KUBIK	M	1961	PL	MOTO-HURT ROPCZYCE	ROPCZYCE	00:09:15.08	00:18:41.84	00:28:27.86	00:38:25		M50-59/ 1
14	268	EWA	BRYCH- PAJĄK	K	1975	PL		CZĘSTOCHOWA	00:09:20.81	00:18:58.78	00:28:42.29	00:38:30		K30-39/ 2
15	257	MIROSLAW	CZYŻOWICZ	M	1982	PL		JASŁO	00:09:06.36	00:18:50.72	00:29:00.78	00:39:06		M30-39/ 5
16	254	ROBERT	SENTYSZ	M	1978	PL		MYŚLENICE	00:08:53.82	00:18:51.36	00:29:05.24	00:39:17		M30-39/ 6
17	160	KAROLINA	PÓLROLA	K	1989	PL		RADOMSKO	00:09:28.98	00:19:37.06	00:29:48.62	00:39:46		K->29/ 1
18	50	GRZEGORZ	GIŻA	M	1981	PL	-	RADOMYŚL WIELKI	00:09:37.77	00:19:47.33	00:30:05.90	00:40:00		M30-39/ 7
19	135	MICHAŁ	MYTNIK	M	1997	PL	SOKÓŁ TARNÓW	KOSZYCE WIELKIE	00:09:16.43	00:19:14.04	00:29:48.45	00:40:01		M->29/ 6
20	184	KRZYSZTOF	STEC	M	1982	PL	BOCHNIA	BOCHNIA	00:09:40.33	00:19:44.88	00:30:03.27	00:40:01		M30-39/ 8
21	159	DANIEL	POTOK	M	1993	PL	ULKS LIPINKI	PALEŚNICA	00:09:09.89	00:19:34.45	00:30:05.41	00:40:08		M->29/ 7
22	122	JAROSŁAW	MAŚLANKA	M	1973	PL	ANTENNA RUNNERS	KRAKÓW	00:09:10.87	00:19:19.95	00:29:52.56	00:40:11		M40-49/ 3
23	231	MIROSLAW	ZIĘBOWICZ	M	1962	PL		KRAKÓW	00:09:31.49	00:19:40.53	00:29:56.83	00:40:15		M50-59/ 2
24	176	ANNA	SKALSKA	K	1980	PL	FESTIWAL BIEGOWY W KRYNICY ZDR	BYTOM	00:09:43.21	00:19:54.76	00:30:06.75	00:40:22		K30-39/ 3
25	210	GRZEGORZ	WĘGRZYN	M	1992	PL	AGH KRAKÓW	WOJNICZ	00:09:56.07	00:20:07.01	00:30:15.84	00:40:30		M->29/ 8
26	17	ZYGMUNT	BROŻEK	M	1961	PL	AMATOR	KRAKÓW	00:09:24.49	00:19:40.13	00:30:16.03	00:40:44		M50-59/ 3
27	107	ZYGMUNT	ŁYŻNICKI	M	1951	PL	MARKAM MOK MSZANA DOLNA	MSZANA DOLNA	00:09:50.00	00:20:05.71	00:30:28.44	00:41:04		M60-69/ 1
28	84	ZYGMUNT	KOKOSZKA	M	1977	PL		KRAKÓW	00:09:20.39	00:19:49.52	00:30:37.91	00:41:06		M30-39/ 9
29	62	PIOTR	HYŻY	M	1980	PL		TARNOWIEC	00:09:59.10	00:20:30.81	00:31:11.30	00:41:23		M30-39/ 10
30	147	BOGUSŁAW	OPRYSZEK	M	1968	PL	ITMBW KRAKÓW	KRAKÓW	00:09:45.62	00:20:22.18	00:31:03.86	00:41:23		M40-49/ 4
31	38	ROBERT	ELJASZ	M	1968	PL		LODZ	00:10:00.93	00:20:27.02	00:31:07.26	00:41:25		M40-49/ 5
32	4	KRZYSZTOF	ADAMCZYK	M	1987	PL	SZUKAM SPONSORA	TARNÓW	00:09:46.78	00:20:09.93	00:30:53.76	00:41:26		M->29/ 9
33	175	STEFAN	SIKORA	M	1949	PL	BESKIDEK BIELSKO BIALA	BIELSKO BIALA	00:10:16.71	00:20:38.44	00:31:09.61	00:41:33		M60-69/ 2
34	216	ROBERT	WIEJACKI	M	1978	PL		TARNÓW	00:09:41.56	00:20:06.41	00:30:57.32	00:41:39		M30-39/ 11
35	251	ŁUKASZ	OSUCH	M	1981	PL		CCHÓW	00:10:12.12	00:20:50.23	00:31:26.30	00:41:40		M30-39/ 12
36	169	GABRIELA	ROLKA	K	1989	PL	METROPOLIA NIERUCHOMOŚCI KRAKÓ	NOWY SĄCZ	00:09:37.54	00:19:54.41	00:30:52.90	00:41:45		K->29/ 2
37	87	JERZY	KOŁODZIEJCZYK	M	1958	PL	SAPNUR KRAKÓW	KRAKÓW	00:09:53.12	00:20:21.81	00:31:08.48	00:41:47		M50-59/ 4
38	226	ANDRZEJ	WYMYSŁO	M	1957	PL	PRZEGLĄD PIEKARSKI	PIEKARY ŚLĄSKIE	00:09:52.58	00:20:22.85	00:31:08.78	00:41:52		M50-59/ 5

39	235	JAROSŁAW	SOSIŃSKI	M	1972	PL		KRAKÓW	00:09:49.47	00:20:37.75	00:31:36.68	00:42:15	M40-49/ 6
40	179	FILIP	SLOMSKI	M	1992	PL	JESTEŚ ZWYCIĘZCĄ	TARNÓW	00:10:05.53	00:20:37.50	00:31:26.94	00:42:17	M->29/ 10
41	66	JANUSZ	JANZER	M	1967	PL	FUNDACJA DZIECI PRZEWLEKLE CHO	PRZEMYŚL	00:10:11.58	00:21:05.70	00:31:57.43	00:42:27	M40-49/ 7
42	186	IWONA	SULOWSKA	K	1989	PL	AZS AWF KRAKÓW MASTERS	ROGI	00:10:11.48	00:20:45.81	00:31:35.35	00:42:30	K->29/ 3
43	191	MARIUSZ	SZEWCZYK	M	1980	PL		KRAKÓW	00:10:09.78	00:20:55.67	00:32:02.10	00:42:45	M30-39/ 13
44	40	EWA	FOGEL	K	1972	PL		TARNÓW	00:10:07.75	00:20:53.65	00:31:51.80	00:42:58	K40-49/ 1
45	110	RYSZARD	MACHLOWSKI	M	1963	PL	KKB.DYSTANS KRAKÓW	KRAKÓW	00:10:07.10	00:20:58.47	00:32:14.98	00:43:02	M50-59/ 6
46	13	ŁUKASZ	BIEŃKOWSKI	M	1968	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:09:50.25	00:20:38.89	00:31:52.39	00:43:08	M40-49/ 8
47	133	JACEK	MRÓZ	M	1969	PL		KRAKÓW	00:10:00.00	00:20:48.01	00:31:50.39	00:43:12	M40-49/ 9
48	242	MATEUSZ	MYRTA	M	1991	PL		PORĘBA	00:10:14.19	00:21:02.76	00:32:12.57	00:43:19	M->29/ 11
49	158	MACIEJ	POKORNY	M	1966	PL	SZKOŁA BIEGANIA I NORDIC WALKI	TARNÓW	00:10:04.54	00:20:55.01	00:32:19.07	00:43:26	M40-49/ 10
50	8	MAREK	BARTOSZ	M	1979	PL		KRAKÓW	00:10:19.61	00:21:15.24	00:32:30.84	00:43:34	M30-39/ 14
51	60	ŁUKASZ	GWIZDAŁA	M	1985	PL	-	KRZESZOWICE	00:10:44.38	00:21:34.60	00:32:52.91	00:43:49	M->29/ 12
52	196	MACIEJ	TELEGA	M	1990	PL		ZARZECZE	00:10:42.11	00:21:31.70	00:32:43.58	00:44:02	M->29/ 13
53	90	ŁUKASZ	KOZIOL	M	1983	PL		DĘBICA	00:10:38.96	00:21:37.12	00:32:54.14	00:44:09	M30-39/ 15
54	180	ŁUKASZ	SMÓLKOWICZ	M	1984	PL		TARNÓW	00:10:15.49	00:21:17.51	00:32:48.72	00:44:13	M->29/ 14
55	48	MACIEJ	GAĆIARZ	M	1995	PL	IV LO TARNÓW	KOSZYCE WIELKIE	00:10:40.56	00:21:43.45	00:33:08.84	00:44:26	M->29/ 15
56	165	JANUSZ	RACZYC	M	1986	PL		TARNÓW	00:10:56.95	00:22:07.45	00:33:20.01	00:44:31	M->29/ 16
57	102	MARIAN	LEŚNIAK	M	1947	PL	AZS-AWF KRAKÓW MASTERS	KRAKÓW	00:10:58.38	00:22:06.53	00:33:21.13	00:44:34	M60-69/ 3
58	195	TOMASZ	TARASZKA	M	1983	PL	PAJAJA TEAM	LISIA GÓRA	00:10:46.13	00:21:46.76	00:33:16.76	00:44:36	M30-39/ 16
59	232	PRZEMYSŁAW	ŻAK	M	1978	PL		TARNÓW	00:10:44.78	00:22:06.95	00:33:32.91	00:44:40	M30-39/ 17
60	52	SEBASTIAN	GOGACZ	M	1976	PL		PULAWY	00:10:46.49	00:21:58.48	00:33:23.78	00:44:47	M30-39/ 18
61	77	KRZYSZTOF	KASPRZYK	M	1972	PL		TARNÓW	00:11:15.71	00:22:24.35	00:33:42.55	00:44:51	M40-49/ 11
62	80	ROMAN	KITA	M	1969	PL	LIBERUMWETO	BRZESKO	00:10:46.84	00:21:45.08	00:33:16.17	00:44:52	M40-49/ 12
63	149	MARIYA	OSTROVSKA	K	1955	UA		KYIV	00:11:02.50	00:22:19.70	00:33:51.34	00:45:03	K50-59/ 1
64	29	MACIEJ	DROZD	M	1989	PL		JASTRZĘBIA	00:10:40.48	00:22:08.63	00:33:50.77	00:45:04	M->29/ 17
65	142	MATEUSZ	OBRZUT	M	1984	PL		TARNÓW	00:10:41.09	00:21:59.22	00:33:31.79	00:45:06	M->29/ 18
66	22	BOGDAN	CHARCHUT	M	1970	PL		WOJNICZ	00:10:36.84	00:22:00.50	00:33:32.80	00:45:07	M40-49/ 13
67	42	PAWEŁ	FURMANEK	M	1983	PL		BUSKO-ZDRÓJ	00:10:48.01	00:22:00.14	00:33:43.64	00:45:16	M30-39/ 19
68	241	MIŁOSZ	PAGACZ	M	1990	PL	BIKEBROTHERS	TARNÓW	00:09:41.99	00:21:30.21	00:33:46.91	00:45:27	M->29/ 19
69	148	WOJCIECH	ORCZYK	M	1980	PL		TARNÓW	00:11:22.40	00:22:54.87	00:34:26.18	00:45:37	M30-39/ 20
70	204	WIESŁAW	USZKO	M	1965	PL	NIEZRZESZONY	TARNOW	00:12:04.83	00:24:05.31	00:35:06.93	00:45:41	M40-49/ 14
71	206	JAN	WAŁASZEK	M	1961	PL	PSB DACHDEK	TARNÓW	00:10:47.34	00:22:08.31	00:33:53.55	00:45:43	M50-59/ 7
72	113	RAFAL	MACIAK	M	1982	PL	TARNÓW	TARNÓW	00:11:12.24	00:22:25.79	00:34:07.03	00:45:55	M30-39/ 21
73	144	MARCIN	OLESIK	M	1987	PL	SOKÓŁ - TARNÓW	TARNÓW	00:11:00.89	00:22:25.81	00:34:07.08	00:45:55	M->29/ 20
74	94	MARCIN	KRÓL	M	1991	----		SZALOWA	00:11:31.18	00:23:09.74	00:34:53.58	00:46:05	M->29/ 21
75	170	ARKADIUSZ	SALAMON	M	1975	PL		KRAKÓW	00:10:06.01	00:21:45.31	00:34:01.76	00:46:08	M30-39/ 22
76	269	JAKUB	WOLNIK	M	1983	PL		WOLA DĘBIŃSKA	00:11:18.75	00:22:54.77	00:34:37.79	00:46:17	M30-39/ 23
77	264	RYSZARD	JACHIMCZAK	M	1976	PL	MKS WYZWOLENIE	SZARÓW	00:10:46.36	00:22:25.67	00:34:35.09	00:46:23	M30-39/ 24
78	146	TOMASZ	OLSZEWSKI	M	1977	PL		DĘBICA	00:11:39.38	00:23:27.92	00:35:15.92	00:46:25	M30-39/ 25
79	74	GRZEGORZ	KAPUSTKA	M	1987	PL		POGÓRSKA WOLA	00:11:35.74	00:23:20.40	00:35:06.85	00:46:30	M->29/ 22
80	83	MARCIN	KOCOŁ	M	1976	PL		TARNÓW	00:11:22.59	00:23:14.61	00:35:03.58	00:46:31	M30-39/ 26
81	249	NATALIA	SADOWSKA	K	1995	PL	UKS BUDOWLANI NOWY SĄCZ	NOWY SĄCZ	00:10:30.61	00:22:08.12	00:34:23.76	00:46:32	K->29/ 4
82	139	KAMIL	NOWAK	M	1987	PL		TARNOWIEC	00:10:39.41	00:22:16.27	00:34:28.97	00:46:36	M->29/ 23



83	130	JAROSŁAW	MORDYL	M	1972	PL	S.W.TARNÓW-MOŚCICE	WOLA RZĘDZIŃSKA	00:11:06.60	00:22:51.99	00:35:01.80	00:46:39	M40-49/ 15
84	126	PIOTR	MISZTAK	M	1983	PL	IT4I	WARSZAWA	00:10:54.42	00:22:37.68	00:34:42.81	00:46:48	M30-39/ 27
85	33	JERZY	DYBAŚ	M	1961	PL	PEKTYNA PEKTOWIN JASŁO	JASŁO	00:11:12.66	00:22:59.49	00:35:00.57	00:46:49	M50-59/ 8
86	21	MAREK	BURNÓG	M	1972	PL		TARNÓW	00:11:05.34	00:22:53.02	00:35:00.99	00:46:53	M40-49/ 16
87	194	ROMAN	TABOR	M	1975	PL		PUSTKÓW	00:11:14.44	00:22:47.46	00:34:59.59	00:46:55	M30-39/ 28
88	255	ŁUKASZ	KAPUSTKA	M	1993	PL		MACHOWA	00:10:52.36	00:22:51.88	00:35:01.18	00:47:03	M->29/ 24
89	222	KRZYSZTOF	WODZIEŃ	M	1986	PL		DĘBICA	00:10:56.52	00:23:06.95	00:35:20.93	00:47:10	M->29/ 25
90	128	ŁUKASZ	MŁYŃSKI	M	1974	PL		SKRZYSZÓW	00:11:44.92	00:23:33.03	00:35:22.45	00:47:20	M30-39/ 29
91	28	DARIUSZ	DROBOT	M	1974	PL	SOKÓŁ TARNÓW	WIERZCHOSŁAWICE	00:11:15.74	00:23:13.32	00:35:41.85	00:47:38	M30-39/ 30
92	183	JERZY	STAWARZ	M	1960	PL		RZESZÓW	00:11:37.98	00:23:39.01	00:35:42.73	00:47:40	M50-59/ 9
93	229	JACEK	ZEGARMISTRZ	M	1983	PL	PROBALANS.PL	KRAKÓW	00:11:04.42	00:23:06.47	00:35:36.58	00:47:43	M30-39/ 31
94	5	MICHAŁ	BALBUS	M	1952	PL	FESTIWAL BIEGOWY W KRYNICY	BYTOM	00:11:06.16	00:23:06.51	00:35:35.73	00:47:43	M60-69/ 4
95	246	ANTONI	TARZA	M	1955	PL		ZGŁOBICE	00:11:47.70	00:23:40.70	00:35:44.78	00:47:47	M50-59/ 10
96	161	GRZEGORZ	PRADEL	M	1963	PL	JW 4686	KRAKÓW	00:11:01.44	00:22:52.45	00:35:21.19	00:47:50	M50-59/ 11
97	227	ŁUKASZ	ZALEŚNY	M	1985	PL		TARNÓW	00:11:12.27	00:23:10.72	00:35:37.83	00:47:59	M->29/ 26
98	12	JAKUB	BIALKA	M	1980	PL	WISEGRAD MARATON RYTRO	STARY SĄCZ	00:11:00.43	00:23:06.95	00:35:59.49	00:48:03	M30-39/ 32
99	123	PIOTR	MAZUR	M	1974	PL	BRAK	RZESZÓW	00:11:27.80	00:23:25.62	00:36:00.77	00:48:05	M30-39/ 33
100	223	KATARZYNA	WOJCIECHOWSKA	K	1995	PL	MKS STAL NOWA DEBA	KOMOROW	00:11:16.81	00:23:51.25	00:36:17.27	00:48:07	K->29/ 5
101	151	KLAUDIUSZ	PAWELEC	M	1968	PL		DĄBROWA TARNOWSKA	00:11:49.07	00:24:00.98	00:36:18.21	00:48:08	M40-49/ 17
102	263	KRZYSZTOF	KOWALSKI	M	1974	PL	MKS WYZWOLENIE	BRZEZIE	00:11:10.94	00:23:16.22	00:36:01.74	00:48:21	M30-39/ 34
103	217	PIOTR	WIEJACKI	M	1989	PL		WOLA RZĘDZIŃSKA	00:10:56.19	00:23:19.89	00:35:57.07	00:48:23	M->29/ 27
104	168	ANNA	ROCHMAŁSKA	K	1987	PL		DĘBICA	00:11:29.28	00:24:25.99	00:36:32.54	00:48:25	K->29/ 6
105	9	MATEUSZ	BAŚ	M	1979	PL		KRAKÓW	00:11:24.82	00:23:46.87	00:36:25.63	00:48:26	M30-39/ 35
106	225	PAWEŁ	WÓJCIK	M	1984	PL		JASŁO	00:11:05.83	00:23:46.09	00:36:26.16	00:48:29	M->29/ 28
107	54	ADAM	GOTFRYD	M	1974	PL		JASŁO	00:11:35.22	00:23:41.12	00:36:15.14	00:48:33	M30-39/ 36
108	187	PIOTR	SUROWY	M	1981	PL		WOJNICZ	00:11:36.19	00:23:22.83	00:35:52.43	00:48:35	M30-39/ 37
109	265	STANISŁAW	KUC	M	1967	PL	MKS WYZWOLENIE	BRZEZIE	00:11:34.59	00:23:48.17	00:36:25.06	00:48:36	M40-49/ 18
110	219	ADAM	WINCZURA	M	1954	PL	SOKÓŁ TARNÓW	TARNÓW	00:11:47.28	00:23:52.32	00:36:09.60	00:48:38	M50-59/ 12
111	174	GRZEGORZ	SIKORA	M	1978	PL		PRZEMYŚL	00:11:16.76	00:23:27.21	00:36:08.53	00:48:38	M30-39/ 38
112	207	PIOTR	WĄSACZ	M	1970	PL		RZESZÓW	00:11:38.17	00:24:12.08	00:36:52.32	00:48:41	M40-49/ 19
113	245	MACIEJ	ADAMSKI	M	1968	PL		TARNÓW	00:12:15.12	00:24:20.02	00:36:35.02	00:48:44	M40-49/ 20
114	72	KRZYSZTOF	KAMIŃSKI	M	1974	PL		OSIEK	00:11:35.06	00:23:34.37	00:36:18.93	00:48:47	M30-39/ 39
115	221	RAFAL	WOLCZYŃSKI	M	1975	PL	8BAZA LOTNICTWA TRANSPORTOWEGO	JELEŃ GÓRA	00:12:02.96	00:24:20.86	00:36:43.08	00:48:47	M30-39/ 40
116	44	DOMINIK	GACA	M	1982	PL		KRAKÓW	00:11:47.03	00:24:01.29	00:36:32.01	00:48:49	M30-39/ 41
117	53	KRZYSZTOF	GONDEK	M	1978	PL		PRZECLAW	00:10:53.75	00:23:17.34	00:36:15.71	00:48:51	M30-39/ 42
118	24	PIOTR	CZYŻ	M	1985	PL		BOGUMIŁOWICE	00:11:50.77	00:24:17.97	00:36:47.98	00:48:51	M->29/ 29
119	244	MIKOŁAJ	BARGIEŁ	M	1979	PL		MAKÓW PODHALAŃSKI	00:11:13.86	00:23:58.41	00:36:51.77	00:49:00	M30-39/ 43
120	240	FILIP	PAGACZ	M	1989	PL	BIKEBROTHERS	TARNÓW	00:10:33.28	00:23:08.46	00:36:22.70	00:49:02	M->29/ 30
121	59	TADEUSZ	GRZYB	M	1967	PL		BOCHNIA	00:11:43.28	00:24:06.43	00:36:50.56	00:49:04	M40-49/ 21
122	140	KRZYSZTOF	NOWAK	M	1966	PL	GIMNAZJALNY KS GRUNWALD NIEPOŁ	ZABIERZÓW BOCHEŃSKI	00:11:38.74	00:23:44.56	00:36:24.58	00:49:08	M40-49/ 22
123	125	ALBERT	MIKRUT	M	1987	PL	NIEZRZESZONY	TARNÓW	00:10:57.50	00:23:16.82	00:36:23.14	00:49:09	M->29/ 31
124	91	WIESŁAW	KOZIOŁ	M	1952	PL		KROSNO	00:11:34.44	00:24:03.96	00:36:46.58	00:49:09	M60-69/ 5
125	37	JOZEF	DZIKOWSKI	M	1953	PL	NIEZRZESZONY	TYMOWA	00:12:26.93	00:24:52.66	00:37:21.64	00:49:11	M60-69/ 6
126	185	ARKADIUSZ	STRZELCZYK	M	1958	PL		LEWNIOWA	00:11:40.91	00:24:02.78	00:36:35.89	00:49:15	M50-59/ 13



127	101	ADAM	LEDZIŃSKI	M	1983	PL		JASŁO	00:11:19.24	00:23:47.99	00:36:41.09	00:49:18	M30-39/ 44
128	276	RYSZARD	FIEGA	M	1958	PL		GORLICE	00:11:28.58	00:24:06.82	00:37:03.12	00:49:44	M50-59/ 14
129	16	ADRIANA	BOŻĘTKA	K	1996	PL		KKB MOSIR KROSNO	00:11:32.34	00:23:53.18	00:36:50.54	00:49:45	K->29/ 7
130	20	PIOTR	BRZOZOWSKI	M	1969	PL		KB MCKIS JAWORZNO	00:11:36.85	00:23:58.42	00:36:55.64	00:49:49	M40-49/ 23
131	15	LUKASZ	BOROWIECKI	M	1989	PL		KRAKÓW	00:12:02.49	00:24:34.25	00:37:27.12	00:49:49	M->29/ 32
132	256	SZYMON	GATLIK	M	1978	PL		MYŚLENICE	00:12:02.90	00:24:39.90	00:37:32.98	00:49:54	M30-39/ 45
133	63	PAWEŁ	JAGODA	M	1994	PL		PLEŚNA	00:12:07.69	00:24:30.55	00:38:02.52	00:49:59	M->29/ 33
134	61	ZDZISŁAW	HASZTO	M	1955	PL		----	00:12:39.53	00:25:14.59	00:37:41.56	00:50:02	M50-59/ 15
135	99	MACIEJ	KUMOREK	M	1970	PL		BKB VICTORIA	00:11:39.01	00:24:10.02	00:36:57.74	00:50:03	M40-49/ 24
136	154	MAREK	PIETRUSIAK	M	1964	PL		KROSNO POLANKA	00:12:16.47	00:24:40.65	00:37:26.09	00:50:10	M40-49/ 25
137	266	SŁAWOMIR	ADAMCZUK	M	1978	PL		MKS WYZWOLENIE	00:11:49.98	00:24:26.96	00:37:20.31	00:50:11	M30-39/ 46
138	104	LUKASZ	LIZAK	M	1973	PL		SFORA OJCA DYREKTORA	00:12:28.09	00:25:15.41	00:38:07.30	00:50:12	M40-49/ 26
139	238	OLHA	STADNIK	K	1956	UA		LWOW	00:12:09.08	00:24:41.84	00:37:35.92	00:50:15	K50-59/ 2
140	208	STANISŁAW	WCISŁO	M	1958	PL		AZS AWF KRAKOW-MASTERS	00:12:21.83	00:24:51.37	00:37:33.40	00:50:20	M50-59/ 16
141	67	KRYSTIAN	JARACZ	M	1996	PL		BWG EKONOMIC	00:12:25.48	00:24:51.37	00:38:08.54	00:50:22	M->29/ 34
142	26	JAROSŁAW	DRAPAŁA	M	1969	PL		FORREST GUMP TEAM	00:11:54.00	00:24:18.05	00:37:23.84	00:50:30	M40-49/ 27
143	71	KATARZYNA	KAMIŃSKA	K	1998	PL		OSIEK	00:11:35.63	00:24:12.84	00:37:32.21	00:50:33	K->29/ 8
144	41	MARIUSZ	FURMANEK	M	1976	PL		BUSKO-ZDRÓJ	00:11:41.83	00:24:20.48	00:37:36.95	00:50:33	M30-39/ 47
145	228	MARCIN	ZBIJOWSKI	M	1983	PL		TOUCHING IT	00:12:28.25	00:24:54.86	00:37:40.42	00:50:33	M30-39/ 48
146	157	WOJCIECH	PODSIADŁO	M	1968	PL		BUSKO ZDRÓJ	00:11:34.39	00:24:16.18	00:37:31.87	00:50:34	M40-49/ 28
147	164	AGNIESZKA	PTAK	K	1984	PL		TARNÓW	00:12:26.15	00:24:44.99	00:37:38.43	00:50:34	K->29/ 9
148	85	TADEUSZ	KOKOSZKA	M	1953	PL		TARNÓW	00:11:52.16	00:24:27.93	00:37:34.38	00:50:39	M60-69/ 7
149	58	RENATA	GRABSKA	K	1950	PL		AMBASADOR FESTIWALU BIEGOWEGO	00:12:09.18	00:24:44.23	00:37:39.78	00:50:40	K60+/ 1
150	150	TOBIASZ	PALUCH	M	1986	PL		RUN FOR FUN RYGLICE	00:12:08.24	00:24:49.24	00:37:55.14	00:50:58	M->29/ 35
151	248	MAKSYMILIAN	UJEK	M	1986	PL		ŁĘG TARNOWSKI	00:13:14.07	00:25:49.55	00:38:41.23	00:50:59	M->29/ 36
152	152	STANISŁAW	PIĄTEK	M	1958	----		KRAKÓW	00:12:19.62	00:25:18.74	00:38:36.60	00:51:15	M50-59/ 17
153	188	JAROSŁAW	SZCZEPAŃSKI	M	1969	PL		TARNÓW	00:12:33.54	00:25:13.56	00:38:17.27	00:51:16	M40-49/ 29
154	239	PATRYK	WINIARSKI	M	1993	PL		BIKEBROTHERS	00:11:07.69	00:24:17.04	00:37:50.91	00:51:21	M->29/ 37
155	70	JAKUB	KALANDYK	M	1977	PL		RZESZÓW	00:11:52.99	00:24:47.71	00:38:17.07	00:51:40	M30-39/ 49
156	258	DANIEL	DZIEŃSKI	M	1984	PL		TARNÓW	00:12:32.44	00:25:19.06	00:38:35.59	00:51:49	M->29/ 38
157	57	STANISŁAW	GRABKA	M	1943	PL		KRAKÓW	00:12:30.26	00:25:30.98	00:38:37.40	00:51:52	M70+/ 1
158	124	KAMIL	MICHOŃ	M	1974	PL		TARNÓW	00:11:26.85	00:23:59.80	00:37:28.12	00:51:54	M30-39/ 50
159	114	LUKASZ	MAJCHRZYK	M	1986	PL		ZABRZE	00:11:35.85	00:24:31.64	00:38:20.49	00:51:56	M->29/ 39
160	163	WOJCIECH	PRZYGODA	M	1971	PL		VIPER	00:11:36.35	00:24:46.39	00:38:43.72	00:51:58	M40-49/ 30
161	69	DARIUSZ	KACZMARCZYK	M	1972	PL		TARNÓW	00:11:00.16	00:24:50.63	00:38:47.90	00:52:00	M40-49/ 31
162	51	MICHAŁ	GNIEWEK	M	1980	PL		KRAKÓW	00:12:44.96	00:25:35.87	00:38:51.21	00:52:01	M30-39/ 51
163	137	AGNIESZKA	NOGA	K	1976	PL		SZCZUCIN	00:13:24.70	00:26:20.27	00:39:27.11	00:52:04	K30-39/ 4
164	116	PAWEŁ	MAŁEK	M	1974	PL		GRUPA MARKOV - TRENUJ Z NAMI!	00:13:14.57	00:26:44.81	00:40:06.72	00:52:17	M30-39/ 52
165	155	LUKASZ	PILCH	M	1983	PL		PROBALANS.PL	00:11:24.30	00:24:22.68	00:38:11.73	00:52:18	M30-39/ 53
166	35	JULIA	DZIEDZIC	K	1960	PL		VISEGRAD MARAT	00:12:15.37	00:25:25.36	00:38:54.17	00:52:19	K50-59/ 3
167	43	ANNA	GACA	K	1982	PL		TARNÓW	00:12:16.23	00:25:21.75	00:38:58.09	00:52:25	K30-39/ 5
168	23	ARTUR	CHRZEŚCZYK	M	1975	PL		BIEGAM BO LUBIĘ	00:12:47.29	00:26:01.48	00:39:27.26	00:52:32	M30-39/ 54
169	49	JERZY	GAĆIARZ	M	1968	PL		CENTRUM ZDROWIA TUCHÓW	00:12:04.45	00:25:20.45	00:39:16.58	00:52:32	M40-49/ 32
170	131	ANDRZEJ	MOSKAL	M	1954	PL		BIECZ	00:13:23.78	00:26:34.89	00:39:49.85	00:52:41	M50-59/ 18



171	202	EDWARD	TYKA	M	1943	PL	NIESTOWARZYSZONY	ŚWIĘTOCHŁOWICE	00:12:27.69	00:25:30.74	00:39:19.03	00:52:55	M70+/ 2
172	108	DOMINIK	MAłECKI	M	1986	PL	PAJAJA TEAM	LISIA GÓRA	00:12:34.03	00:25:59.10	00:39:54.60	00:53:05	M->29/ 40
173	181	PRZEMYSŁAW	SREBRO	M	1987	PL		TARNÓW	00:13:27.50	00:26:45.91	00:40:04.42	00:53:10	M->29/ 41
174	273	KRZYSZTOF	KOLBIAK	M	1972	PL		TARNÓW	00:13:22.52	00:26:46.70	00:40:11.56	00:53:17	M40-49/ 33
175	45	TOMASZ	GAIK	M	1989	PL		ŻABNO	00:12:08.60	00:25:42.04	00:39:35.81	00:53:21	M->29/ 42
176	134	RAFAL	MRÓZ	M	1973	PL		BOBROWNIKI WIELKIE	00:13:45.41	00:27:03.79	00:40:40.36	00:53:24	M40-49/ 34
177	103	AGNIESZKA	LISOWSKA-WOŚ	K	1982	PL		ZAGÓRZE	00:12:06.64	00:25:22.29	00:39:22.40	00:53:26	K30-39/ 6
178	270	BARBARA	PRYMAKOWSKA	K	1943	PL	SOKÓL TARNÓW	TARNÓW	00:12:32.86	00:25:45.36	00:39:37.98	00:53:27	K60+/ 2
179	109	GRAZYNA	MACHLOWSKA	K	1963	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:12:43.65	00:26:12.35	00:40:00.57	00:53:27	K50-59/ 4
180	119	LESZEK	MARZEC	M	1979	PL		BUKOWSKO	00:12:38.02	00:25:53.90	00:39:46.55	00:53:32	M30-39/ 55
181	82	RAFAL	KMITA	M	1984	PL		SŁOMNIKI	00:14:00.92	00:27:46.06	00:40:39.85	00:53:35	M->29/ 43
182	247	BARTŁOMIEJ	UJEK	M	1978	PL		ŁĘG TARNOWSKI	00:14:00.41	00:27:35.57	00:40:37.37	00:53:36	M30-39/ 56
183	127	JACEK	MŁODZIŃSKI	M	1986	PL		LUBACZÓW	00:14:24.61	00:28:23.40	00:41:18.43	00:53:43	M->29/ 44
184	178	MAŁGORZATA	SKIBKA	K	1979	PL		KRAKÓW	00:12:40.89	00:26:04.97	00:39:59.25	00:53:53	K30-39/ 7
185	203	WALDEMAR	UCIEKLAK	M	1962	PL	NIETRZESZONY	CZĘSTOCHOWA	00:12:37.55	00:25:27.55	00:39:41.07	00:53:54	M50-59/ 19
186	253	HUBERT	MORAWSKI	M	1980	PL		KRAKÓW	00:13:13.63	00:26:45.81	00:40:43.83	00:53:56	M30-39/ 57
187	106	MACIEJ	ŁĄCKI	M	1985	PL		TARNÓW	00:13:25.65	00:27:16.03	00:40:47.89	00:54:05	M->29/ 45
188	220	WOJCIECH	WIŚNIEWSKI	M	1973	PL		ZBYLITOWSKA GÓRA	00:12:48.53	00:25:40.60	00:39:43.74	00:54:16	M40-49/ 35
189	200	KLEMENTYNA	TOMASIAK	K	1999	PL	UKS RYTER RYTRO	RYTRO	00:12:06.15	00:26:06.08	00:40:27.57	00:54:24	K->29/ 10
190	199	ROBERT	TOMASIAK	M	1970	PL	WISEGRAD MARATON RYTRO	RYTRO	00:19:33.94	00:30:32.38	00:42:28.15	00:54:25	M40-49/ 36
191	18	TERESA	BRZOZOWSKA	K	1969	PL	KB MCKIS JAWORZNO	JAWORZNO	00:13:05.75	00:26:52.24	00:40:41.18	00:54:26	K40-49/ 2
192	190	MACIEJ	SZEPIELAK	M	1986	PL		KOSZYCE WIELKIE	00:12:21.68	00:25:38.92	00:39:48.90	00:54:46	M->29/ 46
193	272	TOMASZ	JANAS	M	1971	PL		WOJNICZ	00:12:21.01	00:25:37.49	00:39:44.39	00:54:51	M40-49/ 37
194	252	NORBERT	CHARHOULI	M	1975	PL	TARNOWSKIE WOPR MASTERS	TARNÓW	00:12:49.14	00:26:34.73	00:41:00.19	00:55:18	M30-39/ 58
195	46	PIOTR	GARNCARZ	M	1980	PL		POGÓRSKA WOLA	00:12:55.58	00:27:02.59	00:41:44.10	00:55:34	M30-39/ 59
196	36	ANETA	DZIERWA GAWRON	K	1975	PL		TARNÓW	00:13:13.98	00:26:51.40	00:41:07.29	00:55:37	K30-39/ 8
197	141	MAREK	NOWAK	M	1957	PL	AZS AWF MASTERS KRAKÓW	WIELICZKA	00:13:15.17	00:27:07.33	00:41:24.67	00:55:49	M50-59/ 20
198	10	ANNA	BAŚ	K	1969	PL		KRAKÓW	00:12:57.40	00:27:09.11	00:41:46.50	00:55:52	K40-49/ 3
199	211	KRZYSZTOF	WĘGRZYN	M	1961	PL		WOJNICZ	00:12:50.82	00:26:48.02	00:41:29.84	00:55:52	M50-59/ 21
200	30	JERZY	DROZDOWSKI	M	1976	PL		TARNÓW	00:12:52.70	00:27:01.70	00:41:37.52	00:55:54	M30-39/ 60
201	215	MAGDALENA	WIEJACKA	K	1978	PL		TARNÓW	00:13:04.95	00:27:04.23	00:41:33.42	00:56:08	K30-39/ 9
202	81	STANISŁAW	KITA	M	1939	PL	BKB VICTORIA BRZESKO	JADOWNIKI	00:14:25.25	00:28:21.08	00:42:25.89	00:56:18	M70+/ 3
203	172	JACEK	SATKO	M	1962	PL		TARNÓW	00:14:00.21	00:27:55.27	00:42:19.56	00:56:29	M50-59/ 22
204	100	JAN	KWIATEK	M	1950	PL	BIEGNĘ Z TOBIASZEM	GORLICE	00:13:31.29	00:27:06.71	00:41:58.38	00:56:33	M60-69/ 8
205	198	IGNACY	TOKARZ	M	1942	PL		KRAKÓW	00:14:15.08	00:28:35.02	00:42:47.21	00:56:54	M70+/ 4
206	115	GRZEGORZ	MALICKI	M	1970	PL	PASAT KONSKIE	NOWY KAZANÓW	00:12:30.50	00:26:53.04	00:42:06.17	00:56:55	M40-49/ 38
207	34	AGNIESZKA	DZIADOŃ	K	1981	PL	IT4I	SZCZEPANÓW	00:13:40.93	00:28:03.05	00:42:28.94	00:57:06	K30-39/ 10
208	105	MACIEJ	ŁABĘDŹ	M	1981	PL		KRAKÓW	00:12:30.18	00:26:49.99	00:42:22.92	00:57:10	M30-39/ 61
209	92	WITOLD	KOZIOL	M	1959	PL	KGB OSTROWIEC ŚWIĘTOKRZYSKI	OSTROWIEC ŚWIĘTOKRZYSKI	00:13:37.46	00:28:12.05	00:43:08.53	00:57:12	M50-59/ 23
210	68	ANNA	JAROSZ JANUŚ	K	1983	PL		TARNÓW	00:13:10.89	00:27:23.06	00:42:26.94	00:57:24	K30-39/ 11
211	120	PAWEŁ	MASŁOWSKI	M	1982	PL		WIELICZKA	00:14:00.84	00:28:36.78	00:43:31.05	00:57:45	M30-39/ 62
212	209	ANNA	WCISŁO	K	1978	PL	AZS AWF KRAKOW-MASTERS	KRAKÓW - SKOTNIKI	00:14:01.16	00:28:32.46	00:43:22.29	00:57:52	K30-39/ 12
213	275	ROBERT	RYDAROWICZ	M	1969	PL	NIE	WARSZAWA	00:13:58.59	00:28:23.63	00:43:17.07	00:57:52	M40-49/ 39
214	260	KRZYSZTOF	KWIECIEŃ	M	1974	PL	GALLOPER	TARNÓW	00:14:19.09	00:28:37.16	00:43:15.20	00:58:14	M30-39/ 63



215	166	KAROLINA	ROBEL	K	1983	PL		TARNOW	00:13:32.03	00:27:53.32	00:43:01.97	00:58:27	K30-39/ 13
216	167	JAKUB	ROBEL	M	1980	PL		TARNOW	00:13:32.01	00:27:53.52	00:43:02.36	00:58:28	M30-39/ 64
217	75	TOMASZ	KARGÓL	M	1978	PL		BOGUMILOWICE	00:12:36.82	00:27:52.96	00:43:30.79	00:58:36	M30-39/ 65
218	117	KATARZYNA	MARSZALIK	K	1988	PL	RKS HUWDU NIEZWYCIĘŻONY	TARNÓW	00:13:24.50	00:28:03.97	00:43:33.38	00:58:57	K->29/ 11
219	213	IRENA	WIATR	K	1955	PL	ELEKTROPROJEKTY	DĄBROWA TARNOWSKA	00:13:22.63	00:28:06.25	00:43:43.56	00:59:13	K50-59/ 5
220	112	PIOTR	MACHNO	M	1969	PL	KKB DYSTANS -SKOTNIKI	KRAKÓW	00:15:16.14	00:30:52.20	00:45:33.11	00:59:30	M40-49/ 40
221	236	WOJCIECH	KROKOWSKI	M	1954	PL		JASŁO	00:13:17.65	00:28:05.44	00:43:28.87	00:59:31	M50-59/ 24
222	156	ANNA	PILCH	K	1987	PL	PROBALANS.PL	KRAKÓW	00:12:49.12	00:27:57.34	00:43:48.04	00:59:44	K->29/ 12
223	233	PAWEŁ	ŻYLA	M	1963	PL	KKB DYSTANS KRAKÓW	MOGILANY	00:14:12.72	00:28:58.76	00:44:10.64	00:59:46	M50-59/ 25
224	89	TADEUSZ	KOWALCZYK	M	1954	PL		KRAKOW	00:14:08.21	00:28:48.89	00:44:24.76	01:00:04	M50-59/ 26
225	86	GRZEGORZ	KOLASIŃSKI	M	1982	PL		POGÓRSKA WOLA	00:13:58.20	00:28:47.13	00:44:46.19	01:00:06	M30-39/ 66
226	162	ANNA	PRENDOTA	K	1987	PL		WOLA RZĘDZIŃSKA	00:13:29.26	00:28:59.92	00:44:48.33	01:00:20	K->29/ 13
227	88	JOANNA	KOWALCZYK	K	1973	PL		KRAKOW	00:14:10.25	00:29:18.23	00:44:53.86	01:00:32	K40-49/ 4
228	224	STANISŁAW	WOJNA	M	1961	----		CIĘŻKOWICE	00:13:43.51	00:28:40.19	00:44:48.29	01:00:55	M50-59/ 27
229	47	GRZEGORZ	GAWROŃSKI	M	1964	PL	KGB OSTROWIEC ŚW	OSTROWIEC ŚW.	00:14:09.69	00:29:36.06	00:45:33.85	01:01:00	M40-49/ 41
230	243	EDYTA	RABIZA-JĘKOSZ	K	1978	PL		TARNÓW	00:14:27.73	00:30:02.67	00:46:00.64	01:02:11	K30-39/ 14
231	262	ARTUR	CIEŚLIK	M	1975	PL	MKS WYZWOLENIE	SZARÓW	00:13:57.65	00:29:54.53	00:46:25.27	01:02:12	M30-39/ 67
232	32	ANNA	DYBAŚ	K	1959	PL	ZESPÓŁ SZKÓŁ SPOŁECZNYCH LIPNI	JASŁO	00:14:30.20	00:30:05.04	00:46:22.37	01:02:16	K50-59/ 6
233	27	RENATA	DRAPAŁA	K	1969	PL	KOŁO GOSPODYŃ WIEJSKICH	KRAKÓW	00:16:18.72	00:31:28.68	00:47:35.98	01:02:47	K40-49/ 5
234	234	URSZULA	ŻYLA	K	1962	PL	KKB DYSTANS KRAKÓW	MOGILANY	00:15:14.94	00:30:51.76	00:47:30.75	01:03:44	K50-59/ 7
235	271	DOMINIKA	GRZKOWSKA	K	1987	PL		TARNÓW	00:14:23.56	00:31:10.41	00:48:41.69	01:05:50	K->29/ 14
236	230	AGNIESZKA	ZIARA	K	1998	PL		JASŁO	00:14:26.19	00:31:20.93	00:49:19.93	01:05:58	K->29/ 15
237	136	HANNA	NIESYTTO	K	1986	PL	-	KRAKOW	00:16:33.00	00:33:06.16	00:50:10.04	01:06:53	K->29/ 16
238	274	DAREK	JAWOREK	M	1969	PL		UHERCE MINERALNE	00:14:06.62	00:30:23.32	00:49:13.16	01:07:03	M40-49/ 42
239	121	JACEK	MASŁOWSKI	M	1991	PL		WIELICZKA	00:14:21.90	00:29:33.56	00:50:11.59	01:07:19	M->29/ 47
240	201	URSZULA	TWARDY	K	1961	PL		NAWOJOWA	00:15:33.42	00:32:20.29	00:49:58.77	01:07:57	K50-59/ 8
241	7	JAN	BAŃKA	M	1946	PL	NIEZRZESZONY	CZĘSTOCHOWA	00:15:27.56	00:32:44.44	00:50:56.91	01:09:35	M60-69/ 9
242	259	WOJCIECH	OBRZUT	M	1955	PL	SOKÓŁ	TARNÓW	00:15:05.22	00:33:20.62	00:52:29.08	01:10:49	M50-59/ 28
243	93	KATARZYNA	KRAWCZYK	K	1982	PL		KRAKÓW	00:16:42.59	00:33:22.14	00:52:29.21	01:10:50	K30-39/ 15
244	261	LIDIA	PĄCZKO	K	1943	PL	AZS AWF MASTERS KRAKOW	KRAKÓW	00:18:37.92	00:36:05.98	00:53:41.42	01:11:55	K60+/ 3
245	138	ARKADIUSZ	NOWAK	M	1976	PL		TARNÓW	00:15:39.50	00:34:03.38	00:55:25.14		M30-39/ 68
246	171	MAGDALENA	SARKOWICZ	K	1993	PL		TARNÓW	00:11:34.00				K->29/ 17
247	11	MATEUSZ	BĄBA	M	1991	----		ŁYSA GÓRA	00:14:03.18				M->29/ 48
248	39	FRANCISZEK	FLOREK	M	1950	PL	SOKOł TARNÓW	TARNÓW	00:14:08.04				M60-69/ 10
249	73	IZABELA	KAPA	K	1977	PL		BOCHNIA	00:16:42.39				K30-39/ 16
250	14	ANDRZEJ	BOREK	M	1959	PL	VISEGRAD MARATON RYTRO/AMBASAD	NAWOJOWA					M50-59/ 29
251	78	JAN	KAWA	M	1956	PL	SOKÓŁ TARNÓW	BRZOZÓWKA					M50-59/ 30
252	1	ELISHA KIPROTIC	SAWE	M	1982	KE	BENEDEK TEAM	ELDORET					M30-39/ 69
253	173	BEATA	SAWICKA-KRÓLIK	K	1969	PL		JASŁO					K40-49/ 6
254	205	OLENA	VEKLYCH	K	1959	UA	FENIX	LWOW					K50-59/ 9
255	2	HELLEN JEPKOSGE	KIMUTAI	K	1981	KE		ELDORET					K30-39/ 17
256	143	SYLWIA	OBRZUT	K	1984	PL		TARNÓW					K->29/ 18
257	145	MAŁGORZATA	OLSZEWSKA	K	1993	PL		PLEŚNA					K->29/ 19
258	19	HENRYK	BRZOZOWSKI	M	1940	PL	SKB STALOWA WOLA	STALOWA WOLA					M70+/ 5



259	212	JAROSLAW	WIATR	M	1982	PL		TARNÓW	M30-39/ 70
260	55	GRZEGORZ	GÓRSKI	M	1986	PL	CPR RZESZÓW	GORLICE	M->29/ 49
261	118	JOANNA	MARSZAŁSKA-TABIS	K	1975	PL	SOKÓŁ TARNÓW	BRZOZÓWKA	K30-39/ 18
262	56	PIOTR	GÓŹDŹ	M	1974	PL	KB CASTELLANUS	WARSZAWA	M30-39/ 71
263	182	KRYSTIAN	SROKA	M	1979	PL		WOLA RZĘDZIŃSKA	M30-39/ 72
264	214	STANISŁAW	WIATR	M	1952	PL	ELEKTROPROJEKTY	DĄBROWA TARNOWSKA	M60-69/ 11
265	25	ALEKSANDER	DRAGAN	M	1990	PL	BRAK	KIELCE	M->29/ 50
266	189	JOANNA	SZCZEPKA	K	1988	PL		BRZESKO	K->29/ 20
267	64	JACEK	JANIGA	M	1965	PL	SOKÓŁ TARNÓW	KOSZYCE MAŁE	M40-49/ 43
268	65	MARCIN	JANIK	M	1990	PL		TARNÓW	M->29/ 51
269	95	PAWEŁ	KRÓLIK	M	1970	PL		JASŁO	M40-49/ 44
270	96	VASYL	KRUPSKYY	M	1940	UA	LDUFK	LWOW	M70+/ 6
271	129	MACIEJ	MOLENDĄ	M	1982	PL		CZARNA	M30-39/ 73
272	192	RADOSŁAW	ŚLĄSKI	M	1973	PL	NJU STRZYŻÓW	STRZYŻÓW	M40-49/ 45
273	97	VIOLETTA	KRZACZEK	K	1976	PL		GLUCHOLAZY	K30-39/ 19
274	193	PIOTR	TABOR	M	1980	PL	BIEGANIE TO WYZWANIE	RZESZÓW	M30-39/ 74
275	6	JACEK	BANAK	M	1972	PL		KIELCE	M40-49/ 46
276	197	PIOTR	TOBIASZ	M	1987	PL		DZIEWIN	M->29/ 52



KATEGORIA: K

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	250	KATARZYNA	ALBRYCHT	K	1982	PL		KROŚCIENKO WYŻNE	00:09:20.51	00:18:58.65	00:28:42.03	00:38:04		
2	268	EWA	BRYCH- PAJĄK	K	1975	PL		CZĘSTOCHOWA	00:09:20.81	00:18:58.78	00:28:42.29	00:38:30		
3	160	KAROLINA	PÓLROLA	K	1989	PL		RADOMSKO	00:09:28.98	00:19:37.06	00:29:48.62	00:39:46		
4	176	ANNA	SKALSKA	K	1980	PL	FESTIWAL BIEGOWY W KRYNICY ZDR	BYTOM	00:09:43.21	00:19:54.76	00:30:06.75	00:40:22		
5	169	GABRIELA	ROLKA	K	1989	PL	METROPOLIA NIERUCHOMOŚCI KRAKÓ	NOWY SĄCZ	00:09:37.54	00:19:54.41	00:30:52.90	00:41:45		
6	186	IWONA	SULOWSKA	K	1989	PL	AZS AWF KRAKÓW MASTERS	ROGI	00:10:11.48	00:20:45.81	00:31:35.35	00:42:30		
7	40	EWA	FOGEL	K	1972	PL		TARNÓW	00:10:07.75	00:20:53.65	00:31:51.80	00:42:58		
8	149	MARIYA	OSTROVSKA	K	1955	UA		KYIV	00:11:02.50	00:22:19.70	00:33:51.34	00:45:03		
9	249	NATALIA	SADOWSKA	K	1995	PL	UKS BUDOWLANI NOWY SĄCZ	NOWY SĄCZ	00:10:30.61	00:22:08.12	00:34:23.76	00:46:32		
10	223	KATARZYNA	WOJCIECHOWSKA	K	1995	PL	MKS STAL NOWA DEBA	KOMOROW	00:11:16.81	00:23:51.25	00:36:17.27	00:48:07		
11	168	ANNA	ROCHMAJSKA	K	1987	PL		DĘBICA	00:11:29.28	00:24:25.99	00:36:32.54	00:48:25		
12	16	ADRIANA	BOŻĘTKA	K	1996	PL	KKB MOSIR KROSNO	IWLA	00:11:32.34	00:23:53.18	00:36:50.54	00:49:45		
13	238	OLHA	STADNIK	K	1956	UA		LWOW	00:12:09.08	00:24:41.84	00:37:35.92	00:50:15		
14	71	KATARZYNA	KAMIŃSKA	K	1998	PL		OSIEK	00:11:35.63	00:24:12.84	00:37:32.21	00:50:33		
15	164	AGNIESZKA	PTAK	K	1984	PL		TARNÓW	00:12:26.15	00:24:44.99	00:37:38.43	00:50:34		
16	58	RENATA	GRABSKA	K	1950	PL	AMBASADOR FESTIWALU BIEGOWEGO	RZESZÓW	00:12:09.18	00:24:44.23	00:37:39.78	00:50:40		
17	137	AGNIESZKA	NOGA	K	1976	PL		SZCZUCIN	00:13:24.70	00:26:20.27	00:39:27.11	00:52:04		
18	35	JULIA	DZIEDZIC	K	1960	PL	WISEGRAD MARAT	STARY SĄCZ	00:12:15.37	00:25:25.36	00:38:54.17	00:52:19		
19	43	ANNA	GACA	K	1982	PL		TARNÓW	00:12:16.23	00:25:21.75	00:38:58.09	00:52:25		
20	103	AGNIESZKA	LISOWSKA-WOŚ	K	1982	PL		ZAGÓRZE	00:12:06.64	00:25:22.29	00:39:22.40	00:53:26		
21	270	BARBARA	PRYMAKOWSKA	K	1943	PL	SOKÓŁ TARNÓW	TARNÓW	00:12:32.86	00:25:45.36	00:39:37.98	00:53:27		
22	109	GRAŻYNA	MACHLOWSKA	K	1963	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:12:43.65	00:26:12.35	00:40:00.57	00:53:27		
23	178	MAŁGORZATA	SKIBKA	K	1979	PL		KRAKÓW	00:12:40.89	00:26:04.97	00:39:59.25	00:53:53		
24	200	KLEMENTYNA	TOMASIAK	K	1999	PL	UKS RYTER RYTRO	RYTRO	00:12:06.15	00:26:06.08	00:40:27.57	00:54:24		
25	18	TERESA	BRZOZOWSKA	K	1969	PL	KB MCKIS JAWORZNO	JAWORZNO	00:13:05.75	00:26:52.24	00:40:41.18	00:54:26		
26	36	ANETA	DZIERWA GAWRON	K	1975	PL		TARNÓW	00:13:13.98	00:26:51.40	00:41:07.29	00:55:37		
27	10	ANNA	BAŚ	K	1969	PL		KRAKÓW	00:12:57.40	00:27:09.11	00:41:46.50	00:55:52		
28	215	MAGDALENA	WIEJACKA	K	1978	PL		TARNÓW	00:13:04.95	00:27:04.23	00:41:33.42	00:56:08		
29	34	AGNIESZKA	DZIADOŃ	K	1981	PL	IT4I	SZCZEPANÓW	00:13:40.93	00:28:03.05	00:42:28.94	00:57:06		
30	68	ANNA	JAROSZ JANUŚ	K	1983	PL		TARNOW	00:13:10.89	00:27:23.06	00:42:26.94	00:57:24		
31	209	ANNA	WCISŁO	K	1978	PL	AZS AWF KRAKOW-MASTERS	KRAKÓW - SKOTNIKI	00:14:01.16	00:28:32.46	00:43:22.29	00:57:52		
32	166	KAROLINA	ROBEL	K	1983	PL		TARNOW	00:13:32.03	00:27:53.32	00:43:01.97	00:58:27		
33	117	KATARZYNA	MARSZALIK	K	1988	PL	RKS HUWDU NIEZWYCIĘŻONY	TARNÓW	00:13:24.50	00:28:03.97	00:43:33.38	00:58:57		
34	213	IRENA	WIATR	K	1955	PL	ELEKTROPROJEKTY	DĄBROWA TARNOWSKA	00:13:22.63	00:28:06.25	00:43:43.56	00:59:13		
35	156	ANNA	PILCH	K	1987	PL	PROBALANS.PL	KRAKÓW	00:12:49.12	00:27:57.34	00:43:48.04	00:59:44		
36	162	ANNA	PRENDOTA	K	1987	PL		WOLA RZĘDZIŃSKA	00:13:29.26	00:28:59.92	00:44:48.33	01:00:20		
37	88	JOANNA	KOWALCZYK	K	1973	PL		KRAKOW	00:14:10.25	00:29:18.23	00:44:53.86	01:00:32		
38	243	EDYTA	RABIZA-JĘKOSZ	K	1978	PL		TARNÓW	00:14:27.73	00:30:02.67	00:46:00.64	01:02:11		

39	32	ANNA	DYBAŚ	K	1959	PL	ZESPÓŁ SZKÓŁ SPOŁECZNYCH LIPNI	JASŁO	00:14:30.20	00:30:05.04	00:46:22.37	01:02:16
40	27	RENATA	DRAPAŁA	K	1969	PL	KOŁO GOSPODYŃ WIEJSKICH	KRAKÓW	00:16:18.72	00:31:28.68	00:47:35.98	01:02:47
41	234	URSZULA	ŻYŁA	K	1962	PL	KKB DYSTANS KRAKÓW	MOGILANY	00:15:14.94	00:30:51.76	00:47:30.75	01:03:44
42	271	DOMINIKA	GORZKOWSKA	K	1987	PL		TARNÓW	00:14:23.56	00:31:10.41	00:48:41.69	01:05:50
43	230	AGNIESZKA	ZIARA	K	1998	PL		JASŁO	00:14:26.19	00:31:20.93	00:49:19.93	01:05:58
44	136	HANNA	NIESYTTO	K	1986	PL	-	KRAKOW	00:16:33.00	00:33:06.16	00:50:10.04	01:06:53
45	201	URSZULA	TWARDY	K	1961	PL		NAWOJOWA	00:15:33.42	00:32:20.29	00:49:58.77	01:07:57
46	93	KATARZYNA	KRAWCZYK	K	1982	PL		KRAKÓW	00:16:42.59	00:33:22.14	00:52:29.21	01:10:50
47	261	LIDIA	PĄCZKO	K	1943	PL	AZS AWF MASTERS KRAKOW	KRAKÓW	00:18:37.92	00:36:05.98	00:53:41.42	01:11:55
48	171	MAGDALENA	SARKOWICZ	K	1993	PL		TARNÓW	00:11:34.00			
49	73	IZABELA	KAPA	K	1977	PL		BOCHNIA	00:16:42.39			
50	145	MAŁGORZATA	OLSZEWSKA	K	1993	PL		PLEŚNA				
51	173	BEATA	SAWICKA-KRÓLIK	K	1969	PL		JASŁO				
52	189	JOANNA	SZCZEPKA	K	1988	PL		BRZESKO				
53	205	OLENA	VEKLYCH	K	1959	UA	FENIX	LWOW				
54	2	HELLEN JEPKOSGE	KIMUTAI	K	1981	KE		ELDORET				
55	97	VIOLETTA	KRZACZEK	K	1976	PL		GLUCHOLAZY				
56	118	JOANNA	MARSZAŁSKA-TABIS	K	1975	PL	SOKÓŁ TARNÓW	BRZOZÓWKA				
57	143	SYLWIA	OBRZUT	K	1984	PL		TARNÓW				



KATEGORIA: M

Lp	Nr	Imie	Nazwisko	Płeć	Rok	Kraj	Klub	Miasto	1 Okr.	2 Okr.	3 Okr.	Wynik	inf	KAT./MC.
1	237	BOGDAN	SEMANOWICZ	M	1986	UA	FINISZ KALISZ	OSTROW WLKP	00:07:32.70	00:15:21.57	00:23:23.34	00:31:22		
2	3	RADOSŁAW	KLECZEK	M	1985	PL	ASA TEAM - BIEGIEM PO ZDROWIE	GOGOLIN	00:07:51.68	00:16:32.07	00:24:58.43	00:33:24		
3	79	TOMASZ	KAWIK	M	1991	PL	KS CRACOVIA 1906	BRENNA	00:08:03.16	00:16:32.06	00:24:58.49	00:33:32		
4	153	KACPER	PIECH	M	1990	PL	METROPOLIA NIERUCHOMOŚCI KRAKÓ	BIALA PODLASKA	00:08:03.01	00:16:32.43	00:25:09.78	00:33:53		
5	267	ZBIGNIEW	KALINOWSKI	M	1982	PL		POLICE	00:08:24.76	00:17:06.57	00:26:00.05	00:34:53		
6	76	BOGDAN	KARKUT	M	1970	PL	TIKI TAKA KOLBUSZOWA	KOMOROW	00:08:26.99	00:17:34.50	00:26:59.83	00:36:10		
7	31	ŁUKASZ	DULIŃSKI	M	1983	PL		KRAKÓW	00:08:47.20	00:18:09.01	00:27:35.88	00:36:46		
8	218	DARIUSZ	WILK	M	1977	PL		BEDZIN	00:08:48.18	00:18:08.67	00:27:36.62	00:36:56		
9	111	ŁUKASZ	MACHLOWSKI	M	1986	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:08:47.24	00:18:08.65	00:27:36.26	00:36:59		
10	132	PAWEL	MOŹDZIERZ	M	1966	PL	SOKÓŁ TARNÓW	TARNÓW	00:09:09.03	00:18:39.37	00:28:26.10	00:38:04		
11	177	KAMIL	SKIBA	M	1980	PL	ABIKS TARNÓW	TARNÓW	00:08:59.06	00:18:41.79	00:28:31.88	00:38:14		
12	98	JÓZEF	KUBIK	M	1961	PL	MOTO-HURT ROPCZYCE	ROPCZYCE	00:09:15.08	00:18:41.84	00:28:27.86	00:38:25		
13	257	MIROSLAW	CZYŻOWICZ	M	1982	PL		JASŁO	00:09:06.36	00:18:50.72	00:29:00.78	00:39:06		
14	254	ROBERT	SENTYSZ	M	1978	PL		MYŚLENICE	00:08:53.82	00:18:51.36	00:29:05.24	00:39:17		
15	50	GRZEGORZ	GIŻA	M	1981	PL	-	RADOMYŚL WIELKI	00:09:37.77	00:19:47.33	00:30:05.90	00:40:00		
16	135	MICHAŁ	MYTNIK	M	1997	PL	SOKÓŁ TARNÓW	KOSZYCE WIELKIE	00:09:16.43	00:19:14.04	00:29:48.45	00:40:01		
17	184	KRZYSZTOF	STEC	M	1982	PL	BOCHNIA	BOCHNIA	00:09:40.33	00:19:44.88	00:30:03.27	00:40:01		
18	159	DANIEL	POTOK	M	1993	PL	ULKS LIPINKI	PALEŚNICA	00:09:09.89	00:19:34.45	00:30:05.41	00:40:08		
19	122	JAROSŁAW	MAŚLANKA	M	1973	PL	ANTENNA RUNNERS	KRAKÓW	00:09:10.87	00:19:19.95	00:29:52.56	00:40:11		
20	231	MIROSLAW	ZIĘBOWICZ	M	1962	PL		KRAKÓW	00:09:31.49	00:19:40.53	00:29:56.83	00:40:15		
21	210	GRZEGORZ	WĘGRZYN	M	1992	PL	AGH KRAKÓW	WOJNICZ	00:09:56.07	00:20:07.01	00:30:15.84	00:40:30		
22	17	ZYGMUNT	BROŻEK	M	1961	PL	AMATOR	KRAKÓW	00:09:24.49	00:19:40.13	00:30:16.03	00:40:44		
23	107	ZYGMUNT	ŁYŹNICKI	M	1951	PL	MARKAM MOK MSZANA DOLNA	MSZANA DOLNA	00:09:50.00	00:20:05.71	00:30:28.44	00:41:04		
24	84	ZYGMUNT	KOKOSZKA	M	1977	PL		KRAKÓW	00:09:20.39	00:19:49.52	00:30:37.91	00:41:06		
25	62	PIOTR	HYŻY	M	1980	PL		TARNOWIEC	00:09:59.10	00:20:30.81	00:31:11.30	00:41:23		
26	147	BOGUSŁAW	OPRYSZEK	M	1968	PL	ITMBW KRAKÓW	KRAKÓW	00:09:45.62	00:20:22.18	00:31:03.86	00:41:23		
27	38	ROBERT	ELJASZ	M	1968	PL		LODZ	00:10:00.93	00:20:27.02	00:31:07.26	00:41:25		
28	4	KRZYSZTOF	ADAMCZYK	M	1987	PL	SZUKAM SPONSORA	TARNÓW	00:09:46.78	00:20:09.93	00:30:53.76	00:41:26		
29	175	STEFAN	SIKORA	M	1949	PL	BESKIDEK BIELSKO BIALA	BIELSKO BIALA	00:10:16.71	00:20:38.44	00:31:09.61	00:41:33		
30	216	ROBERT	WIEJACKI	M	1978	PL		TARNÓW	00:09:41.56	00:20:06.41	00:30:57.32	00:41:39		
31	251	ŁUKASZ	OSUCH	M	1981	PL		CCHÓW	00:10:12.12	00:20:50.23	00:31:26.30	00:41:40		
32	87	JERZY	KOŁODZIEJCZYK	M	1958	PL	SAPNUR KRAKÓW	KRAKÓW	00:09:53.12	00:20:21.81	00:31:08.48	00:41:47		
33	226	ANDRZEJ	WYMYSŁO	M	1957	PL	PRZEGLĄD PIEKARSKI	PIEKARY ŚLĄSKIE	00:09:52.58	00:20:22.85	00:31:08.78	00:41:52		
34	235	JAROSŁAW	SOSIŃSKI	M	1972	PL		KRAKÓW	00:09:49.47	00:20:37.75	00:31:36.68	00:42:15		
35	179	FILIP	SŁOMSKI	M	1992	PL	JESTEŚ ZWYCIĘZCĄ	TARNÓW	00:10:05.53	00:20:37.50	00:31:26.94	00:42:17		
36	66	JANUSZ	JANZER	M	1967	PL	FUNDACJA DZIECI PRZEWLEKLE CHO	PRZEMYŚL	00:10:11.58	00:21:05.70	00:31:57.43	00:42:27		
37	191	MARIUSZ	SZEWczyk	M	1980	PL		KRAKÓW	00:10:09.78	00:20:55.67	00:32:02.10	00:42:45		
38	110	RYSZARD	MACHLOWSKI	M	1963	PL	KKB.DYSTANS KRAKÓW	KRAKÓW	00:10:07.10	00:20:58.47	00:32:14.98	00:43:02		

39	13	ŁUKASZ	BIEŃKOWSKI	M	1968	PL	KKB DYSTANS KRAKÓW	KRAKÓW	00:09:50.25	00:20:38.89	00:31:52.39	00:43:08
40	133	JACEK	MRÓZ	M	1969	PL		KRAKÓW	00:10:00.00	00:20:48.01	00:31:50.39	00:43:12
41	242	MATEUSZ	MYRTA	M	1991	PL		PORĘBA	00:10:14.19	00:21:02.76	00:32:12.57	00:43:19
42	158	MACIEJ	POKORNY	M	1966	PL	SZKOŁA BIEGANIA I NORDIC WALKI	TARNÓW	00:10:04.54	00:20:55.01	00:32:19.07	00:43:26
43	8	MAREK	BARTOSZ	M	1979	PL		KRAKÓW	00:10:19.61	00:21:15.24	00:32:30.84	00:43:34
44	60	ŁUKASZ	GWIZDAŁA	M	1985	PL	-	KRZESZOWICE	00:10:44.38	00:21:34.60	00:32:52.91	00:43:49
45	196	MACIEJ	TELEGA	M	1990	PL		ZARZECZE	00:10:42.11	00:21:31.70	00:32:43.58	00:44:02
46	90	ŁUKASZ	KOZIOŁ	M	1983	PL		DĘBICA	00:10:38.96	00:21:37.12	00:32:54.14	00:44:09
47	180	ŁUKASZ	SMOLKOWICZ	M	1984	PL		TARNÓW	00:10:15.49	00:21:17.51	00:32:48.72	00:44:13
48	48	MACIEJ	GĄCIARZ	M	1995	PL	IV LO TARNÓW	KOSZYCE WIELKIE	00:10:40.56	00:21:43.45	00:33:08.84	00:44:26
49	165	JANUSZ	RACZYC	M	1986	PL		TARNÓW	00:10:56.95	00:22:07.45	00:33:20.01	00:44:31
50	102	MARIAN	LEŚNIAK	M	1947	PL	AZS-AWF KRAKÓW MASTERS	KRAKÓW	00:10:58.38	00:22:06.53	00:33:21.13	00:44:34
51	195	TOMASZ	TARASZKA	M	1983	PL	PAJAJA TEAM	LISIA GÓRA	00:10:46.13	00:21:46.76	00:33:16.76	00:44:36
52	232	PRZEMYSŁAW	ŻAK	M	1978	PL		TARNÓW	00:10:44.78	00:22:06.95	00:33:32.91	00:44:40
53	52	SEBASTIAN	GOGACZ	M	1976	PL		PULAWY	00:10:46.49	00:21:58.48	00:33:23.78	00:44:47
54	77	KRZYSZTOF	KASPRZYK	M	1972	PL		TARNÓW	00:11:15.71	00:22:24.35	00:33:42.55	00:44:51
55	80	ROMAN	KITA	M	1969	PL	LIBERUMWETO	BRZESKO	00:10:46.84	00:21:45.08	00:33:16.17	00:44:52
56	29	MACIEJ	DROZD	M	1989	PL		JASTRZĘBIA	00:10:40.48	00:22:08.63	00:33:50.77	00:45:04
57	142	MATEUSZ	OBRZUT	M	1984	PL		TARNÓW	00:10:41.09	00:21:59.22	00:33:31.79	00:45:06
58	22	BOGDAN	CHARCHUT	M	1970	PL		WOJNICZ	00:10:36.84	00:22:00.50	00:33:32.80	00:45:07
59	42	PAWEŁ	FURMANEK	M	1983	PL		BUSKO-ZDRÓJ	00:10:48.01	00:22:00.14	00:33:43.64	00:45:16
60	241	MIŁOSZ	PAGACZ	M	1990	PL	BIKEBROTHERS	TARNÓW	00:09:41.99	00:21:30.21	00:33:46.91	00:45:27
61	148	WOJCIECH	ORCZYK	M	1980	PL		TARNÓW	00:11:22.40	00:22:54.87	00:34:26.18	00:45:37
62	204	WIESŁAW	USZKO	M	1965	PL	NIEZRZESZONY	TARNÓW	00:12:04.83	00:24:05.31	00:35:06.93	00:45:41
63	206	JAN	WAŁASZEK	M	1961	PL	PSB DACHDEK	TARNÓW	00:10:47.34	00:22:08.31	00:33:53.55	00:45:43
64	113	RAFAL	MACIAK	M	1982	PL	TARNÓW	TARNÓW	00:11:12.24	00:22:25.79	00:34:07.03	00:45:55
65	144	MARCIN	OLESIK	M	1987	PL	SOKÓŁ - TARNÓW	TARNÓW	00:11:00.89	00:22:25.81	00:34:07.08	00:45:55
66	94	MARCIN	KRÓL	M	1991	----		SZAŁOWA	00:11:31.18	00:23:09.74	00:34:53.58	00:46:05
67	170	ARKADIUSZ	SALAMON	M	1975	PL		KRAKÓW	00:10:06.01	00:21:45.31	00:34:01.76	00:46:08
68	269	JAKUB	WOLNIK	M	1983	PL		WOLA DĘBIŃSKA	00:11:18.75	00:22:54.77	00:34:37.79	00:46:17
69	264	RYSZARD	JACHIMCZAK	M	1976	PL	MKS WYZWOLENIE	SZARÓW	00:10:46.36	00:22:25.67	00:34:35.09	00:46:23
70	146	TOMASZ	OLSZEWSKI	M	1977	PL		DĘBICA	00:11:39.38	00:23:27.92	00:35:15.92	00:46:25
71	74	GRZEGORZ	KAPUSTKA	M	1987	PL		POGÓRSKA WOLA	00:11:35.74	00:23:20.40	00:35:06.85	00:46:30
72	83	MARCIN	KOCOŁ	M	1976	PL		TARNÓW	00:11:22.59	00:23:14.61	00:35:03.58	00:46:31
73	139	KAMIL	NOWAK	M	1987	PL		TARNOWIEC	00:10:39.41	00:22:16.27	00:34:28.97	00:46:36
74	130	JAROSŁAW	MORDYL	M	1972	PL	S.W.TARNÓW-MOŚCICE	WOLA RZĘDZIŃSKA	00:11:06.60	00:22:51.99	00:35:01.80	00:46:39
75	126	PIOTR	MISZTAK	M	1983	PL	IT4I	WARSZAWA	00:10:54.42	00:22:37.68	00:34:42.81	00:46:48
76	33	JERZY	DYBAŚ	M	1961	PL	PEKTYNA PEKTOWIN JASŁO	JASŁO	00:11:12.66	00:22:59.49	00:35:00.57	00:46:49
77	21	MAREK	BURNÓG	M	1972	PL		TARNÓW	00:11:05.34	00:22:53.02	00:35:00.99	00:46:53
78	194	ROMAN	TABOR	M	1975	PL		PUSTKÓW	00:11:14.44	00:22:47.46	00:34:59.59	00:46:55
79	255	ŁUKASZ	KAPUSTKA	M	1993	PL		MACHOWA	00:10:52.36	00:22:51.88	00:35:01.18	00:47:03
80	222	KRZYSZTOF	WODZIEN	M	1986	PL		DĘBICA	00:10:56.52	00:23:06.95	00:35:20.93	00:47:10
81	128	ŁUKASZ	MŁYŃSKI	M	1974	PL		SKRZYSZÓW	00:11:44.92	00:23:33.03	00:35:22.45	00:47:20
82	28	DARIUSZ	DROBOT	M	1974	PL	SOKÓŁ TARNÓW	WIERZCHOSŁAWICE	00:11:15.74	00:23:13.32	00:35:41.85	00:47:38



83	183	JERZY	STAWARZ	M	1960	PL		RZESZÓW	00:11:37.98	00:23:39.01	00:35:42.73	00:47:40
84	229	JACEK	ZEGARMISTRZ	M	1983	PL	PROBALANS.PL	KRAKÓW	00:11:04.42	00:23:06.47	00:35:36.58	00:47:43
85	5	MICHAŁ	BALBUS	M	1952	PL	FESTIWAL BIEGOWY W KRYNICY	BYTOM	00:11:06.16	00:23:06.51	00:35:35.73	00:47:43
86	246	ANTONI	TARZA	M	1955	PL		ZGLOBICE	00:11:47.70	00:23:40.70	00:35:44.78	00:47:47
87	161	GRZEGORZ	PRADEL	M	1963	PL	JW 4686	KRAKÓW	00:11:01.44	00:22:52.45	00:35:21.19	00:47:50
88	227	ŁUKASZ	ZALEŚNY	M	1985	PL		TARNÓW	00:11:12.27	00:23:10.72	00:35:37.83	00:47:59
89	12	JAKUB	BIALKA	M	1980	PL	WIEGRAD MARATON RYTRO	STARY SĄCZ	00:11:00.43	00:23:06.95	00:35:59.49	00:48:03
90	123	PIOTR	MAZUR	M	1974	PL	BRAK	RZESZÓW	00:11:27.80	00:23:25.62	00:36:00.77	00:48:05
91	151	KLAUDIUSZ	PAWELEC	M	1968	PL		DĄBROWA TARNOWSKA	00:11:49.07	00:24:00.98	00:36:18.21	00:48:08
92	263	KRZYSZTOF	KOWALSKI	M	1974	PL	MKS WYZWOLENIE	BRZEZIE	00:11:10.94	00:23:16.22	00:36:01.74	00:48:21
93	217	PIOTR	WIEJACKI	M	1989	PL		WOLA RZĘDZIŃSKA	00:10:56.19	00:23:19.89	00:35:57.07	00:48:23
94	9	MATEUSZ	BAŚ	M	1979	PL		KRAKÓW	00:11:24.82	00:23:46.87	00:36:25.63	00:48:26
95	225	PAWEŁ	WÓJCIK	M	1984	PL		JASŁO	00:11:05.83	00:23:46.09	00:36:26.16	00:48:29
96	54	ADAM	GOTFRYD	M	1974	PL		JASŁO	00:11:35.22	00:23:41.12	00:36:15.14	00:48:33
97	187	PIOTR	SUROWY	M	1981	PL		WOJNICZ	00:11:36.19	00:23:22.83	00:35:52.43	00:48:35
98	265	STANISŁAW	KUC	M	1967	PL	MKS WYZWOLENIE	BRZEZIE	00:11:34.59	00:23:48.17	00:36:25.06	00:48:36
99	219	ADAM	WINCZURA	M	1954	PL	SOKÓŁ TARNÓW	TARNÓW	00:11:47.28	00:23:52.32	00:36:09.60	00:48:38
100	174	GRZEGORZ	SIKORA	M	1978	PL		PRZEMYŚL	00:11:16.76	00:23:27.21	00:36:08.53	00:48:38
101	207	PIOTR	WĄSACZ	M	1970	PL		RZESZÓW	00:11:38.17	00:24:12.08	00:36:52.32	00:48:41
102	245	MACIEJ	ADAMSKI	M	1968	PL		TARNÓW	00:12:15.12	00:24:20.02	00:36:35.02	00:48:44
103	72	KRZYSZTOF	KAMIŃSKI	M	1974	PL		OSIEK	00:11:35.06	00:23:34.37	00:36:18.93	00:48:47
104	221	RAFAL	WOŁCZYŃSKI	M	1975	PL	8BAZA LOTNICTWA TRANSPORTOWEGO	JELEŃ GÓRA	00:12:02.96	00:24:20.86	00:36:43.08	00:48:47
105	44	DOMINIK	GACA	M	1982	PL		KRAKÓW	00:11:47.03	00:24:01.29	00:36:32.01	00:48:49
106	53	KRZYSZTOF	GONDEK	M	1978	PL		PRZECLAW	00:10:53.75	00:23:17.34	00:36:15.71	00:48:51
107	24	PIOTR	CZYŻ	M	1985	PL		BOGUMIŁOWICE	00:11:50.77	00:24:17.97	00:36:47.98	00:48:51
108	244	MIKOŁAJ	BARGIEŁ	M	1979	PL		MAKÓW PODHALAŃSKI	00:11:13.86	00:23:58.41	00:36:51.77	00:49:00
109	240	FILIP	PAGACZ	M	1989	PL	BIKEBROTHERS	TARNÓW	00:10:33.28	00:23:08.46	00:36:22.70	00:49:02
110	59	TADEUSZ	GRZYB	M	1967	PL		BOCHNIA	00:11:43.28	00:24:06.43	00:36:50.56	00:49:04
111	140	KRZYSZTOF	NOWAK	M	1966	PL	GIMNAZJALNY KS GRUNWALD NIEPOŁ	ZABIERZÓW BOCHEŃSKI	00:11:38.74	00:23:44.56	00:36:24.58	00:49:08
112	125	ALBERT	MIKRUT	M	1987	PL	NIEZRZESZONY	TARNÓW	00:10:57.50	00:23:16.82	00:36:23.14	00:49:09
113	91	WIESŁAW	KOZIOŁ	M	1952	PL		KROSNO	00:11:34.44	00:24:03.96	00:36:46.58	00:49:09
114	37	JOZEF	DZIKOWSKI	M	1953	PL	NIEZRZESZONY	TYMOWA	00:12:26.93	00:24:52.66	00:37:21.64	00:49:11
115	185	ARKADIUSZ	STRZELCZYK	M	1958	PL		LEWNIOWA	00:11:40.91	00:24:02.78	00:36:35.89	00:49:15
116	101	ADAM	LEDZIŃSKI	M	1983	PL		JASŁO	00:11:19.24	00:23:47.99	00:36:41.09	00:49:18
117	276	RYSZARD	FIEGA	M	1958	PL		GORLICE	00:11:28.58	00:24:06.82	00:37:03.12	00:49:44
118	20	PIOTR	BRZOZOWSKI	M	1969	PL	KB MCKIS JAWORZNO	JAWORZNO	00:11:36.85	00:23:58.42	00:36:55.64	00:49:49
119	15	ŁUKASZ	BOROWIECKI	M	1989	PL		KRAKÓW	00:12:02.49	00:24:34.25	00:37:27.12	00:49:49
120	256	SZYMON	GATLIK	M	1978	PL		MYŚLENICE	00:12:02.90	00:24:39.90	00:37:32.98	00:49:54
121	63	PAWEŁ	JAGODA	M	1994	PL		PLEŚNA	00:12:07.69	00:24:30.55	00:38:02.52	00:49:59
122	61	ZDZISŁAW	HASZTO	M	1955	PL	---	LEŻAJSK	00:12:39.53	00:25:14.59	00:37:41.56	00:50:02
123	99	MACIEJ	KUMOREK	M	1970	PL	BKB VICTORIA	BRZESKO	00:11:39.01	00:24:10.02	00:36:57.74	00:50:03
124	154	MAREK	PIETRUSIAK	M	1964	PL	KROSNO POLANKA	KROSNO	00:12:16.47	00:24:40.65	00:37:26.09	00:50:10
125	266	SŁAWOMIR	ADAMCZUK	M	1978	PL	MKS WYZWOLENIE	KRAKÓW	00:11:49.98	00:24:26.96	00:37:20.31	00:50:11
126	104	ŁUKASZ	LIZAK	M	1973	PL	SFORA OJCA DYREKTORA	TARNÓW	00:12:28.09	00:25:15.41	00:38:07.30	00:50:12



127	208	STANISŁAW	WCISŁO	M	1958	PL	AZS AWF KRAKOW-MASTERS	KRAKÓW - SKOTNIKI	00:12:21.83	00:24:51.37	00:37:33.40	00:50:20
128	67	KRYSTIAN	JARACZ	M	1996	PL	BWG EKONOMIC	JASŁO	00:12:25.48	00:24:51.37	00:38:08.54	00:50:22
129	26	JAROSŁAW	DRAPAŁA	M	1969	PL	FORREST GUMP TEAM	BOGUMIŁOWICE	00:11:54.00	00:24:18.05	00:37:23.84	00:50:30
130	41	MARIUSZ	FURMANEK	M	1976	PL		BUSKO-ZDRÓJ	00:11:41.83	00:24:20.48	00:37:36.95	00:50:33
131	228	MARCIN	ZBIJOWSKI	M	1983	PL	TOUCHING IT	WOJNICZ	00:12:28.25	00:24:54.86	00:37:40.42	00:50:33
132	157	WOJCIECH	PODSIADŁO	M	1968	PL		BUSKO ZDRÓJ	00:11:34.39	00:24:16.18	00:37:31.87	00:50:34
133	85	TADEUSZ	KOKOSZKA	M	1953	PL		TARNÓW	00:11:52.16	00:24:27.93	00:37:34.38	00:50:39
134	150	TOBIASZ	PALUCH	M	1986	PL	RUN FOR FUN RYGLICE	RYGLICE	00:12:08.24	00:24:49.24	00:37:55.14	00:50:58
135	248	MAKSYMILIAN	UJEK	M	1986	PL		ŁĘG TARNOWSKI	00:13:14.07	00:25:49.55	00:38:41.23	00:50:59
136	152	STANISŁAW	PIĄTEK	M	1958	----		KRAKÓW	00:12:19.62	00:25:18.74	00:38:36.60	00:51:15
137	188	JAROSŁAW	SZCZEPAŃSKI	M	1969	PL		TARNÓW	00:12:33.54	00:25:13.56	00:38:17.27	00:51:16
138	239	PATRYK	WINIARSKI	M	1993	PL	BIKEBROTHERS	TARNÓW	00:11:07.69	00:24:17.04	00:37:50.91	00:51:21
139	70	JAKUB	KALANDYK	M	1977	PL		RZESZÓW	00:11:52.99	00:24:47.71	00:38:17.07	00:51:40
140	258	DANIEL	DZIĘŃSKI	M	1984	PL		TARNÓW	00:12:32.44	00:25:19.06	00:38:35.59	00:51:49
141	57	STANISŁAW	GRABKA	M	1943	PL		KRAKÓW	00:12:30.26	00:25:30.98	00:38:37.40	00:51:52
142	124	KAMIL	MICHOŃ	M	1974	PL		TARNÓW	00:11:26.85	00:23:59.80	00:37:28.12	00:51:54
143	114	LUKASZ	MAJCHRZYK	M	1986	PL		ZABRZE	00:11:35.85	00:24:31.64	00:38:20.49	00:51:56
144	163	WOJCIECH	PRZYGODA	M	1971	PL	VIPER	RZESZÓW	00:11:36.35	00:24:46.39	00:38:43.72	00:51:58
145	69	DARIUSZ	KACZMARCZYK	M	1972	PL		TARNÓW	00:11:00.16	00:24:50.63	00:38:47.90	00:52:00
146	51	MICHAŁ	GNIEWEK	M	1980	PL		KRAKÓW	00:12:44.96	00:25:35.87	00:38:51.21	00:52:01
147	116	PAWEŁ	MAŁEK	M	1974	PL	GRUPA MARKOV - TRENUJ Z NAMI!	NIEPOŁOMICE	00:13:14.57	00:26:44.81	00:40:06.72	00:52:17
148	155	LUKASZ	PILCH	M	1983	PL	PROBALANS.PL	KRAKÓW	00:11:24.30	00:24:22.68	00:38:11.73	00:52:18
149	23	ARTUR	CHRZEŚCZYK	M	1975	PL	BIEGAM BO LUBIĘ	RZESZÓW	00:12:47.29	00:26:01.48	00:39:27.26	00:52:32
150	49	JERZY	GĄCIARZ	M	1968	PL	CENTRUM ZDROWIA TUCHÓW	KOSZYCE WIELKIE	00:12:04.45	00:25:20.45	00:39:16.58	00:52:32
151	131	ANDRZEJ	MOSKAL	M	1954	PL		BIECZ	00:13:23.78	00:26:34.89	00:39:49.85	00:52:41
152	202	EDWARD	TYKA	M	1943	PL	NIESTOWARZYSZONY	ŚWIĘTOCHŁOWICE	00:12:27.69	00:25:30.74	00:39:19.03	00:52:55
153	108	DOMINIK	MAłECKI	M	1986	PL	PAJAJA TEAM	LISIA GÓRA	00:12:34.03	00:25:59.10	00:39:54.60	00:53:05
154	181	PRZEMYSŁAW	SREBRO	M	1987	PL		TARNÓW	00:13:27.50	00:26:45.91	00:40:04.42	00:53:10
155	273	KRZYSZTOF	KOLBIAK	M	1972	PL		TARNÓW	00:13:22.52	00:26:46.70	00:40:11.56	00:53:17
156	45	TOMASZ	GAIK	M	1989	PL		ŻABNO	00:12:08.60	00:25:42.04	00:39:35.81	00:53:21
157	134	RAFAL	MRÓZ	M	1973	PL		BOBROWNIKI WIELKIE	00:13:45.41	00:27:03.79	00:40:40.36	00:53:24
158	119	LESZEK	MARZEC	M	1979	PL		BUKOWSKO	00:12:38.02	00:25:53.90	00:39:46.55	00:53:32
159	82	RAFAL	KMITA	M	1984	PL		SŁOMNIKI	00:14:00.92	00:27:46.06	00:40:39.85	00:53:35
160	247	BARTŁOMIEJ	UJEK	M	1978	PL		ŁĘG TARNOWSKI	00:14:00.41	00:27:35.57	00:40:37.37	00:53:36
161	127	JACEK	MŁODZIŃSKI	M	1986	PL		LUBACZÓW	00:14:24.61	00:28:23.40	00:41:18.43	00:53:43
162	203	WALDEMAR	UCIEKLAK	M	1962	PL	NIEZRZESZONY	CZĘSTOCHOWA	00:12:37.55	00:25:27.55	00:39:41.07	00:53:54
163	253	HUBERT	MORAWSKI	M	1980	PL		KRAKÓW	00:13:13.63	00:26:45.81	00:40:43.83	00:53:56
164	106	MACIEJ	ŁĄCKI	M	1985	PL		TARNÓW	00:13:25.65	00:27:16.03	00:40:47.89	00:54:05
165	220	WOJCIECH	WIŚNIEWSKI	M	1973	PL		ZBYLITOWSKA GÓRA	00:12:48.53	00:25:40.60	00:39:43.74	00:54:16
166	199	ROBERT	TOMASIAK	M	1970	PL	VISEGRAD MARATON RYTRO	RYTRO	00:19:33.94	00:30:32.38	00:42:28.15	00:54:25
167	190	MACIEJ	SZEPIELAK	M	1986	PL		KOSZYCE WIELKIE	00:12:21.68	00:25:38.92	00:39:48.90	00:54:46
168	272	TOMASZ	JANAS	M	1971	PL		WOJNICZ	00:12:21.01	00:25:37.49	00:39:44.39	00:54:51
169	252	NORBERT	CHARHOULI	M	1975	PL	TARNOWSKIE WOPR MASTERS	TARNÓW	00:12:49.14	00:26:34.73	00:41:00.19	00:55:18
170	46	PIOTR	GARNCARZ	M	1980	PL		POGÓRSKA WOLA	00:12:55.58	00:27:02.59	00:41:44.10	00:55:34



171	141	MAREK	NOWAK	M	1957	PL	AZS AWF MASTERS KRAKÓW	WIELICZKA	00:13:15.17	00:27:07.33	00:41:24.67	00:55:49
172	211	KRZYSZTOF	WĘGRZYN	M	1961	PL		WOJNICZ	00:12:50.82	00:26:48.02	00:41:29.84	00:55:52
173	30	JERZY	DROZDOWSKI	M	1976	PL		TARNÓW	00:12:52.70	00:27:01.70	00:41:37.52	00:55:54
174	81	STANISŁAW	KITA	M	1939	PL	BKB VICTORIA BRZESKO	JADOWNIKI	00:14:25.25	00:28:21.08	00:42:25.89	00:56:18
175	172	JACEK	SATKO	M	1962	PL		TARNÓW	00:14:00.21	00:27:55.27	00:42:19.56	00:56:29
176	100	JAN	KWIATEK	M	1950	PL	BIEGNĘ Z TOBIASZEM	GORLICE	00:13:31.29	00:27:06.71	00:41:58.38	00:56:33
177	198	IGNACY	TOKARZ	M	1942	PL		KRAKÓW	00:14:15.08	00:28:35.02	00:42:47.21	00:56:54
178	115	GRZEGORZ	MALICKI	M	1970	PL	PASAT KONSKIE	NOWY KAZANÓW	00:12:30.50	00:26:53.04	00:42:06.17	00:56:55
179	105	MACIEJ	ŁABĘDŹ	M	1981	PL		KRAKÓW	00:12:30.18	00:26:49.99	00:42:22.92	00:57:10
180	92	WITOLD	KOZIOŁ	M	1959	PL	KGB OSTROWIEC ŚWIĘTOKRZYSKI	OSTROWIEC ŚWIĘTOKRZYSKI	00:13:37.46	00:28:12.05	00:43:08.53	00:57:12
181	120	PAWEŁ	MASŁOWSKI	M	1982	PL		WIELICZKA	00:14:00.84	00:28:36.78	00:43:31.05	00:57:45
182	275	ROBERT	RYDAROWICZ	M	1969	PL	NIE	WARSZAWA	00:13:58.59	00:28:23.63	00:43:17.07	00:57:52
183	260	KRZYSZTOF	KWIECIEŃ	M	1974	PL	GALLOPER	TARNÓW	00:14:19.09	00:28:37.16	00:43:15.20	00:58:14
184	167	JAKUB	ROBEL	M	1980	PL		TARNOW	00:13:32.01	00:27:53.52	00:43:02.36	00:58:28
185	75	TOMASZ	KARGÓŁ	M	1978	PL		BOGUMIŁOWICE	00:12:36.82	00:27:52.96	00:43:30.79	00:58:36
186	112	PIOTR	MACHNO	M	1969	PL	KKB DYSTANS -SKOTNIKI	KRAKÓW	00:15:16.14	00:30:52.20	00:45:33.11	00:59:30
187	236	WOJCIECH	KROKOWSKI	M	1954	PL		JASŁO	00:13:17.65	00:28:05.44	00:43:28.87	00:59:31
188	233	PAWEŁ	ŻYŁA	M	1963	PL	KKB DYSTANS KRAKÓW	MOGILANY	00:14:12.72	00:28:58.76	00:44:10.64	00:59:46
189	89	TADEUSZ	KOWALCZYK	M	1954	PL		KRAKOW	00:14:08.21	00:28:48.89	00:44:24.76	01:00:04
190	86	GRZEGORZ	KOLASIŃSKI	M	1982	PL		POGÓRSKA WOLA	00:13:58.20	00:28:47.13	00:44:46.19	01:00:06
191	224	STANISŁAW	WOJNA	M	1961	----		CIEŻKOWICE	00:13:43.51	00:28:40.19	00:44:48.29	01:00:55
192	47	GRZEGORZ	GAWROŃSKI	M	1964	PL	KGB OSTROWIEC ŚW	OSTROWIEC ŚW.	00:14:09.69	00:29:36.06	00:45:33.85	01:01:00
193	262	ARTUR	CIEŚLIK	M	1975	PL	MKS WYZWOLENIE	SZARÓW	00:13:57.65	00:29:54.53	00:46:25.27	01:02:12
194	274	DAREK	JAWOREK	M	1969	PL		UHERCE MINERALNE	00:14:06.62	00:30:23.32	00:49:13.16	01:07:03
195	121	JACEK	MASŁOWSKI	M	1991	PL		WIELICZKA	00:14:21.90	00:29:33.56	00:50:11.59	01:07:19
196	7	JAN	BAŃKA	M	1946	PL	NIEZRZESZONY	CZĘSTOCHOWA	00:15:27.56	00:32:44.44	00:50:56.91	01:09:35
197	259	WOJCIECH	OBRZUT	M	1955	PL	SOKÓŁ	TARNÓW	00:15:05.22	00:33:20.62	00:52:29.08	01:10:49
198	138	ARKADIUSZ	NOWAK	M	1976	PL		TARNÓW	00:15:39.50	00:34:03.38	00:55:25.14	
199	11	MATEUSZ	BĄBA	M	1991	----		ŁYSA GÓRA	00:14:03.18			
200	39	FRANCISZEK	FLOREK	M	1950	PL	SOKOł TARNÓW	TARNÓW	00:14:08.04			
201	19	HENRYK	BRZOZOWSKI	M	1940	PL	SKB STALOWA WOLA	STALOWA WOLA				
202	95	PAWEŁ	KRÓLIK	M	1970	PL		JASŁO				
203	96	VASYL	KRUPSKYY	M	1940	UA	LDFK	LWOW				
204	182	KRYSTIAN	SROKA	M	1979	PL		WOLA RZĘDZIŃSKA				
205	64	JACEK	JANIGA	M	1965	PL	SOKÓŁ TARNÓW	KOSZYCE MAŁE				
206	25	ALEKSANDER	DRAGAN	M	1990	PL	BRAK	KIELCE				
207	65	MARCIN	JANIK	M	1990	PL		TARNÓW				
208	192	RADOSŁAW	ŚLASKI	M	1973	PL	NJU STRZYŻÓW	STRZYŻÓW				
209	193	PIOTR	TABOR	M	1980	PL	BIEGANIE TO WYZWANIE	RZESZÓW				
210	197	PIOTR	TOBIASZ	M	1987	PL		DZIEWIN				
211	78	JAN	KAWA	M	1956	PL	SOKÓŁ TARNÓW	BRZOZÓWKA				
212	6	JACEK	BANAK	M	1972	PL		KIELCE				
213	212	JAROSŁAW	WIATR	M	1982	PL		TARNÓW				
214	1	ELISHA KIPROTIC	SAWE	M	1982	KE	BENEDEK TEAM	ELDORÉ				



215	214	STANISŁAW	WIATR	M	1952	PL	ELEKTROPROJEKTY	DĄBROWA TARNOWSKA
216	14	ANDRZEJ	BOREK	M	1959	PL	VISEGRAD MARATON RYTRO/AMBASAD	NAWOJOWA
217	55	GRZEGORZ	GÓRSKI	M	1986	PL	CPR RZESZÓW	GORLICE
218	129	MACIEJ	MOLENDĄ	M	1982	PL		CZARNA
219	56	PIOTR	GÓŹDŹ	M	1974	PL	KB CASTELLANUS	WARSZAWA

