

# XXIII Bieg Powstania Warszawskiego

## WYNIKI ZAWODÓW / RESULTS LIST

10km

**Organizator:** WOSIR  
**Data:** 27 lipca 2013 r.  
**Miejsce:** Warszawa  
**Dystans:** 10km

**Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).**

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name   | Miejscowość<br>City | Kraj<br>Nat. | Druż / Klub<br>Team / Club      | R-k<br>YoB | Klasyfikacje<br>Ranks | Czas<br>Time | Tempo<br>m/km | diff<br>Net | Check points  |              |              |              |              |
|-------------|-----------|---------------------------|---------------------|--------------|---------------------------------|------------|-----------------------|--------------|---------------|-------------|---------------|--------------|--------------|--------------|--------------|
|             |           |                           |                     |              |                                 |            |                       |              |               |             | 1.5km         | 2.5km        | 5km          | 6.5km        | 7.5km        |
| 1           | 16        | URIBE MARINO Jose antonio | Meksyk              |              | MEX                             | 86         | M20/1 M / 1           | 00:30:32     | 03.03         | +0:00:00    | 0:03:58 / 2   | 0:07:00 / 4  | 0:15:16 / 7  | 0:19:28 / 2  | 0:22:30 / 1  |
| 2           | 103       | DOBROWOLSKI Emil          |                     |              | POL                             | 86         | M20/2 M / 2           | 00:30:41     | 03.04         | +0:00:09    | 0:03:58 / 1   | 0:06:59 / 1  | 0:15:16 / 8  | 0:19:28 / 1  | 0:22:30 / 2  |
| 3           | 190       | KACZMAREK Michał          |                     |              | POL Pzła                        | 13         | M / 3                 | 00:31:10     | 03.06         | +0:00:38    | 0:03:58 / 4   | 0:06:59 / 2  | 0:15:15 / 6  | 0:19:28 / 3  | 0:22:34 / 3  |
| 4           | 3643      | ANDRZEJUK Bogusław        | Białystok           |              | POL                             | 75         | M30/1 M / 4           | 00:32:17     | 03.13         | +0:01:45    | 0:03:58 / 3   | 0:06:59 / 3  | 0:15:37 / 9  | 0:20:03 / 4  | 0:23:21 / 4  |
| 5           | 3685      | FISKOVICZ Siergiej        | Novovolinsk         |              | POL                             | 80         | M30/2 M / 5           | 00:33:02     | 03.18         | +0:02:30    | 0:03:58 / 5   | 0:07:02 / 5  | 0:15:58 / 10 | 0:20:32 / 5  | 0:23:57 / 5  |
| 6           | 2458      | BLADOS Tomek              | Konstancin -        |              | POL                             | 83         | M30/3 M / 6           | 00:33:13     | 03.19         | +0:02:41    | 0:04:14 / 6   | 0:07:26 / 6  | 0:16:25 / 11 | 0:20:57 / 6  | 0:24:19 / 6  |
| 7           | 2684      | GRYGO Paweł               | Łomża               |              | POL Lłks Prefbet Śniadowo-łomża | 76         | M30/4 M / 7           | 00:33:44     | 03.22         | +0:03:12    | 0:04:14 / 7   | 0:07:29 / 7  | 0:16:36 / 12 | 0:21:17 / 7  | 0:24:44 / 7  |
| 8           | 5651      | POLAK Sebastian           | Warszawa            |              | POL Kb Activesports Warszawa    | 80         | M30/5 M / 8           | 00:34:01     | 03.24         | +0:03:29    | 0:04:27 / 11  | 0:07:53 / 8  | 0:17:10 / 13 | 0:21:47 / 8  | 0:25:09 / 8  |
| 9           | 2302      | MURDOCH Iain              | Alkamaar            |              | POL                             | 80         | M30/6 M / 9           | 00:35:31     | 03.32         | +0:04:59    | 0:04:29 / 14  | 0:07:53 / 9  | 0:17:26 / 16 | 0:22:20 / 11 | 0:25:56 / 11 |
| 10          | 28        | ROJAS Vianey de la rosa   | Meksyk              |              | MEX                             | 86         | K20/1 K / 1           | 00:35:41     | 03.34         | +0:05:09    | 0:04:33 / 20  | 0:08:03 / 20 | 0:17:43 / 17 | 0:22:34 / 13 | 0:26:10 / 12 |
| 11          | 3500      | UMBRAS Krzysztof          | Olsztyn             |              | POL Akm Olimp Olsztyn           | 71         | M40/1 M / 10          | 00:35:47     | 03.34         | +0:05:15    | 0:04:33 / 21  | 0:08:04 / 22 | 0:17:44 / 18 | 0:22:33 / 12 | 0:26:10 / 13 |
| 12          | 3815      | GRZYBOWSKI Tomasz         | Serock              |              | POL                             | 88         | M20/3 M / 11          | 00:35:50     | 03.34         | +0:05:18    | 0:04:27 / 12  | 0:07:54 / 10 | 0:17:19 / 15 | 0:22:06 / 10 | 0:25:40 / 10 |
| 13          | 3661      | KOZŁOWSKI Kamil           | Pułtusk             |              | POL Lider Winnica               | 95         | M20/4 M / 12          | 00:35:56     | 03.33         | +0:05:24    | 0:04:44 / 42  | 0:08:15 / 33 | 0:18:01 / 29 | 0:22:54 / 20 | 0:26:29 / 18 |
| 14          | 393       | CYPRYAŃSKI Piotr          |                     |              | POL Treningbiegacza.pl          | 89         | M20/5 M / 13          | 00:36:01     | 03.36         | +0:05:29    | 0:04:33 / 24  | 0:08:03 / 19 | 0:17:49 / 23 | 0:22:45 / 16 | 0:26:20 / 14 |
| 15          | 3458      | SZYŃKOWSKI Kamil          | Warszawa            |              | POL Batalion Reprezentacyjny Wp | 83         | M30/7 M / 14          | 00:36:02     | 03.36         | +0:05:30    | 0:04:33 / 19  | 0:08:02 / 18 | 0:17:47 / 22 | 0:22:43 / 14 | 0:26:24 / 15 |
| 16          | 3251      | RADZIKOWSKI Andrzej       | Kiścinnie           |              | POL Lks Olymp Blonie            | 81         | M30/8 M / 15          | 00:36:09     | 03.36         | +0:05:37    | 0:04:31 / 18  | 0:08:00 / 15 | 0:18:13 / 31 | 0:23:03 / 23 | 0:26:35 / 21 |
| 17          | 6799      | MICHAŁSKI Mariusz         | Radom               |              | POL Fitness Park Radom          | 81         | M30/9 M / 16          | 00:36:11     | 03.37         | +0:05:39    | 0:04:37 / 32  | 0:08:10 / 29 | 0:18:00 / 25 | 0:22:56 / 21 | 0:26:36 / 22 |
| 18          | 2738      | JARANOWSKI Andrzej        | Brodnica            |              | POL Mon Team                    | 93         | M20/6 M / 17          | 00:36:13     | 03.37         | +0:05:41    | 0:04:30 / 15  | 0:08:02 / 17 | 0:17:46 / 21 | 0:22:47 / 17 | 0:26:29 / 16 |
| 19          | 2193      | TRZASKAŁSKA Izabela       | Terespol            |              | POL                             | 88         | K20/2 K / 2           | 00:36:16     | 03.37         | +0:05:44    | 0:04:33 / 22  | 0:08:04 / 21 | 0:17:45 / 20 | 0:22:49 / 18 | 0:26:29 / 17 |
| 20          | 3067      | MŁODZIKOWSKI Paweł        | Adamów              |              | POL V-max Adamów                | 87         | M20/7 M / 18          | 00:36:20     | 03.38         | +0:05:48    | 0:04:28 / 13  | 0:07:56 / 11 | 0:17:45 / 19 | 0:22:44 / 15 | 0:26:31 / 19 |
| 21          | 4969      | ŁUKASIEWICZ Maciej        | Warszawa            |              | POL Warszawiacy                 | 82         | M30/10 M / 19         | 00:36:30     | 03.38         | +0:05:58    | 0:04:47 / 48  | 0:08:23 / 42 | 0:18:22 / 36 | 0:23:18 / 26 | 0:26:53 / 25 |
| 22          | 148       | LIPIEC Tomasz             |                     |              | POL Festiwal Biegowy            | 71         | M40/2 M / 20          | 00:36:31     | 03.39         | +0:05:59    | 0:04:36 / 27  | 0:08:07 / 26 | 0:18:01 / 28 | 0:23:02 / 22 | 0:26:44 / 23 |
| 23          | 2434      | BEŁOWSKI Łukasz           | Puławy              |              | POL Adblue Puławy               | 82         | M30/11 M / 21         | 00:36:33     | 03.37         | +0:06:01    | 0:05:02 / 108 | 0:08:36 / 57 | 0:18:25 / 39 | 0:23:19 / 27 | 0:26:54 / 26 |
| 24          | 4381      | GACKI Robert              | Poznań              |              | POL Str Poznań                  | 84         | M20/8 M / 22          | 00:36:36     | 03.39         | +0:06:04    | 0:04:37 / 33  | 0:08:04 / 23 | 0:17:51 / 24 | 0:22:54 / 19 | 0:26:34 / 20 |
| 25          | 5729      | GÓRZYŃSKI Maciej          | Piaseczno           |              | POL T-mobile Running Team       | 70         | M40/3 M / 23          | 00:36:45     | 03.40         | +0:06:13    | 0:04:56 / 75  | 0:08:37 / 63 | 0:18:30 / 40 | 0:23:29 / 32 | 0:27:07 / 29 |
| 26          | 3449      | SZYDLIK Adam              | Łomża               |              | POL Łomżanie                    | 76         | M30/12 M / 24         | 00:36:54     | 03.40         | +0:06:22    | 0:05:04 / 119 | 0:08:44 / 78 | 0:18:39 / 44 | 0:23:39 / 34 | 0:27:24 / 34 |
| 27          | 2301      | WOKKE Oscar               | Bergen              |              | POL                             | 80         | M30/13 M / 25         | 00:36:55     | 03.41         | +0:06:23    | 0:04:43 / 39  | 0:08:22 / 41 | 0:18:17 / 34 | 0:23:20 / 29 | 0:27:03 / 28 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City  | Kraj Nat. | Druż / Klub Team / Club            | R-k YoB   | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |              |              |
|----------|--------|-----------------------|-------------------|-----------|------------------------------------|-----------|--------------------|-----------|------------|----------|---------------|---------------|---------------|--------------|--------------|
| 28       | 3717   | CELIŃSKI Aleksander   | Warszawa - Anin   | POL       | Byledobiec Anin                    | 84 M20/9  | M / 26             | 00:37:02  | 03.42      | +0:06:30 | 0:04:40 / 38  | 0:08:14 / 32  | 0:18:23 / 38  | 0:23:25 / 30 | 0:27:16 / 31 |
| 29       | 6996   | GOSK Dominik          | Warszawa          | POL       | Justdomi Blog                      | 92 M20/10 | M / 27             | 00:37:03  | 03.42      | +0:06:31 | 0:04:35 / 26  | 0:08:05 / 25  | 0:18:01 / 27  | 0:23:06 / 24 | 0:26:48 / 24 |
| 30       | 2908   | KRYSIK Marcin         | Wujówka           | POL       | Wtt                                | 88 M20/11 | M / 28             | 00:37:09  | 03.42      | +0:06:37 | 0:04:33 / 23  | 0:07:57 / 14  | 0:17:13 / 14  | 0:21:52 / 9  | 0:25:21 / 9  |
| 31       | 6474   | ANDRZEJEWSKI Sławomir | Sobiekursk        | POL       | Biegający Kelner                   | 76 M30/14 | M / 29             | 00:37:10  | 03.43      | +0:06:38 | 0:04:22 / 9   | 0:07:57 / 13  | 0:18:01 / 26  | 0:23:09 / 25 | 0:26:59 / 27 |
| 32       | 2681   | GROSS Rafał           | Warszawa          | POL       |                                    | 75 M30/15 | M / 30             | 00:37:10  | 03.42      | +0:06:38 | 0:04:38 / 34  | 0:08:12 / 31  | 0:18:15 / 32  | 0:23:28 / 31 | 0:27:17 / 32 |
| 33       | 4651   | MAJEWSKI Igor         | Warszawa          | POL       |                                    | 93 M20/12 | M / 31             | 00:37:14  | 03.43      | +0:06:42 | 0:04:49 / 57  | 0:08:36 / 59  | 0:18:45 / 49  | 0:23:48 / 40 | 0:27:32 / 37 |
| 34       | 6313   | GLEŃ Robert           | Jedlicze          | POL       | Muks Jedlicze                      | 76 M30/16 | M / 32             | 00:37:18  | 03.43      | +0:06:46 | 0:04:36 / 28  | 0:08:09 / 28  | 0:18:08 / 30  | 0:23:20 / 28 | 0:27:08 / 30 |
| 35       | 4409   | STARZYŃSKI Wojciech   | Warszawa          | POL       | Entre.pl Team                      | 71 M40/4  | M / 33             | 00:37:25  | 03.44      | +0:06:53 | 0:04:53 / 66  | 0:08:30 / 46  | 0:18:40 / 46  | 0:23:45 / 39 | 0:27:28 / 35 |
| 36       | 4150   | ŚLUSARSKI Rafał       | Wąwał             | POL       |                                    | 73 M40/5  | M / 34             | 00:37:34  | 03.45      | +0:07:02 | 0:04:50 / 61  | 0:08:37 / 62  | 0:18:39 / 45  | 0:23:44 / 36 | 0:27:37 / 38 |
| 37       | 2899   | KRÓL Dariusz marek    | Wołomin           | POL       | Kb-rebus.pl                        | 64 M40/6  | M / 35             | 00:37:35  | 03.43      | +0:07:03 | 0:05:11 / 150 | 0:08:50 / 94  | 0:18:56 / 53  | 0:24:00 / 44 | 0:27:42 / 41 |
| 38       | 2589   | DRABCZYK Szymon       | Warszawa          | POL       | Accelerate                         | 60 M50/1  | M / 36             | 00:37:41  | 03.46      | +0:07:09 | 0:04:43 / 40  | 0:08:20 / 39  | 0:18:33 / 42  | 0:23:43 / 35 | 0:27:29 / 36 |
| 39       | 2723   | JACHYMCZYK Norbert    | Jaworzno          | POL       | Kb Mckis Jaworzno                  | 78 M30/17 | M / 37             | 00:37:44  | 03.46      | +0:07:12 | 0:04:38 / 35  | 0:08:10 / 30  | 0:18:19 / 35  | 0:23:32 / 33 | 0:27:22 / 33 |
| 40       | 146    | MAGIERSKI Jerzy       |                   | POL       | Festiwal Biegowy                   | 56 M50/2  | M / 38             | 00:37:52  | 03.47      | +0:07:20 | 0:04:49 / 55  | 0:08:32 / 48  | 0:18:54 / 50  | 0:24:04 / 47 | 0:27:52 / 45 |
| 41       | 4435   | OPALA Przemysław      | Strzeszewo        | POL       | Aks Polonia                        | 87 M20/13 | M / 39             | 00:37:54  | 03.47      | +0:07:22 | 0:04:59 / 92  | 0:08:43 / 76  | 0:19:09 / 66  | 0:24:20 / 51 | 0:28:05 / 49 |
| 42       | 6294   | MICHAŁOWSKI Daniel    | Grodzisk          | POL       |                                    | 92 M20/14 | M / 40             | 00:37:56  | 03.46      | +0:07:24 | 0:04:59 / 88  | 0:08:40 / 70  | 0:18:59 / 55  | 0:24:13 / 48 | 0:28:01 / 47 |
| 43       | 2432   | BEŁOWSKI Mateusz      | Puławy            | POL       | Chemik Adblue Puławy               | 91 M20/15 | M / 41             | 00:38:02  | 03.48      | +0:07:30 | 0:05:04 / 120 | 0:08:57 / 107 | 0:19:31 / 91  | 0:24:44 / 75 | 0:28:30 / 61 |
| 44       | 3660   | BRODOWSKI Michał      | Glinice Domaniewo | POL       | Lider Winnica                      | 91 M20/16 | M / 42             | 00:38:04  | 03.46      | +0:07:32 | 0:04:45 / 43  | 0:08:17 / 36  | 0:18:43 / 48  | 0:23:55 / 43 | 0:27:41 / 40 |
| 45       | 4056   | MADRACH Piotr         | Warszawa          | POL       | Jacekbiega By Powergym             | 83 M30/18 | M / 43             | 00:38:06  | 03.48      | +0:07:34 | 0:04:43 / 41  | 0:08:17 / 37  | 0:18:22 / 37  | 0:23:44 / 37 | 0:27:37 / 39 |
| 46       | 3817   | ORZEL Michał          | Warszawa          | POL       |                                    | 81 M30/19 | M / 44             | 00:38:08  | 03.48      | +0:07:36 | 0:04:31 / 17  | 0:08:05 / 24  | 0:18:30 / 41  | 0:23:54 / 42 | 0:27:47 / 42 |
| 47       | 6600   | KRED Hubert mohamed   | Warszawa          | POL       | Kb Im.p.sękowskiego Płońsk         | 85 M20/17 | M / 45             | 00:38:10  | 03.48      | +0:07:38 | 0:04:36 / 30  | 0:08:07 / 27  | 0:18:33 / 43  | 0:23:53 / 41 | 0:27:48 / 43 |
| 48       | 6786   | ŚWIĘTOCHOWSKI Marcin  | Kobyłka           | POL       | Kb-rebus.pl                        | 84 M20/18 | M / 46             | 00:38:18  | 03.49      | +0:07:46 | 0:04:50 / 59  | 0:08:35 / 55  | 0:19:03 / 58  | 0:24:21 / 52 | 0:28:07 / 50 |
| 49       | 3204   | POCIASK Konrad        | Dębica            | POL       | Kb Maratończyk Dębica              | 85 M20/19 | M / 47             | 00:38:21  | 03.50      | +0:07:49 | 0:05:16 / 187 | 0:09:14 / 162 | 0:19:51 / 112 | 0:25:05 / 95 | 0:28:51 / 86 |
| 50       | 422    | JANIAK Przemysław     | Warszawa          | POL       | Pzla                               | 86 M20/20 | M / 48             | 00:38:21  | 03.49      | +0:07:49 | 0:05:00 / 96  | 0:08:42 / 73  | 0:19:13 / 70  | 0:24:24 / 55 | 0:28:16 / 53 |
| 51       | 6702   | LISICKI Paweł         | Kozienice         | POL       |                                    | 75 M30/20 | M / 49             | 00:38:23  | 03.49      | +0:07:51 | 0:05:22 / 243 | 0:09:17 / 169 | 0:19:39 / 96  | 0:24:44 / 76 | 0:28:34 / 66 |
| 52       | 325    | TOKARSKI Piotr        | Góra Kalwaria     | POL       | Pko                                | 95 M20/21 | M / 50             | 00:38:29  | 03.50      | +0:07:58 | 0:04:36 / 31  | 0:08:16 / 35  | 0:18:42 / 47  | 0:24:02 / 45 | 0:27:58 / 46 |
| 53       | 4210   | SZCZOTKA Paweł        | Warszawa          | POL       |                                    | 72 M40/7  | M / 51             | 00:38:30  | 03.51      | +0:07:58 | 0:05:01 / 100 | 0:08:54 / 101 | 0:19:26 / 86  | 0:24:42 / 74 | 0:28:30 / 60 |
| 54       | 5114   | PACKO Bartosz         | Maków Mazowiecki  | POL       | Duathlon Maków Mazowiecki          | 79 M30/21 | M / 52             | 00:38:32  | 03.50      | +0:08:00 | 0:05:03 / 109 | 0:08:47 / 85  | 0:19:23 / 81  | 0:24:37 / 68 | 0:28:31 / 63 |
| 55       | 3321   | SKARZYŃSKA Magdalena  | Kanie             | POL       |                                    | 87 K20/3  | K / 3              | 00:38:34  | 03.51      | +0:08:02 | 0:04:52 / 65  | 0:08:40 / 69  | 0:18:54 / 51  | 0:24:14 / 49 | 0:28:12 / 51 |
| 56       | 448    | ROGAŁA Patryk         | Zgorzelec         | POL       | Sgsp                               | 93 M20/22 | M / 53             | 00:38:35  | 03.51      | +0:08:03 | 0:04:49 / 58  | 0:08:30 / 45  | 0:18:56 / 52  | 0:24:03 / 46 | 0:28:03 / 48 |
| 57       | 388    | ŁYŻWIŃSKI Tomasz      |                   | POL       | Przeгляд Sportowy                  | 67 M40/8  | M / 54             | 00:38:36  | 03.51      | +0:08:04 | 0:04:58 / 83  | 0:08:42 / 74  | 0:19:05 / 61  | 0:24:25 / 56 | 0:28:21 / 55 |
| 58       | 3329   | SKRZYNIARZ Marek      | Kielce            | POL       | Kkl Kielce/fitness Club Tao Kielce | 74 M30/22 | M / 55             | 00:38:37  | 03.51      | +0:08:05 | 0:05:06 / 126 | 0:08:46 / 82  | 0:19:03 / 59  | 0:24:20 / 50 | 0:28:13 / 52 |
| 59       | 2562   | DANIELKIEWICZ Tomasz  | Głogów            | POL       | Bez Klubu                          | 86 M20/23 | M / 56             | 00:38:40  | 03.52      | +0:08:08 | 0:04:47 / 47  | 0:08:36 / 61  | 0:19:11 / 69  | 0:24:33 / 62 | 0:28:36 / 69 |
| 60       | 2686   | GRZESKOWIAK Bartosz   | Warszawa          | POL       | Warta                              | 77 M30/23 | M / 57             | 00:38:44  | 03.52      | +0:08:12 | 0:04:59 / 90  | 0:08:52 / 97  | 0:19:25 / 85  | 0:24:41 / 73 | 0:28:36 / 70 |
| 61       | 3895   | RUTKOWSKI Michał      | Warszawa          | POL       |                                    | 85 M20/24 | M / 58             | 00:38:49  | 03.52      | +0:08:17 | 0:04:49 / 56  | 0:08:34 / 54  | 0:19:07 / 64  | 0:24:31 / 59 | 0:28:28 / 57 |
| 62       | 5648   | ANDRZEJEWSKI Mariusz  | Warszawa          | POL       | T-mobile Running Team              | 81 M30/24 | M / 59             | 00:38:49  | 03.52      | +0:08:17 | 0:05:18 / 210 | 0:09:12 / 155 | 0:19:39 / 95  | 0:24:53 / 83 | 0:28:37 / 71 |
| 63       | 4035   | LASOCKI Marcin        | Warszawa          | POL       |                                    | 79 M30/25 | M / 60             | 00:38:49  | 03.52      | +0:08:17 | 0:04:59 / 93  | 0:08:45 / 79  | 0:19:16 / 74  | 0:24:34 / 64 | 0:28:29 / 58 |
| 64       | 3568   | WOJCIESKI Tomasz      | Małocice          | POL       | Action                             | 71 M40/9  | M / 61             | 00:38:51  | 03.53      | +0:08:19 | 0:04:48 / 54  | 0:08:34 / 53  | 0:18:58 / 54  | 0:24:24 / 54 | 0:28:24 / 56 |
| 65       | 5215   | KLUŻNIAK Jacek        | Kilece            | POL       | Adwokaci                           | 75 M30/26 | M / 62             | 00:38:56  | 03.53      | +0:08:24 | 0:04:58 / 81  | 0:08:47 / 83  | 0:19:11 / 68  | 0:24:29 / 57 | 0:28:30 / 59 |
| 66       | 2928   | KULCZEWSKI Łukasz     | Wrocław           | POL       | Kb Vamos Amigos Wrocław            | 80 M30/27 | M / 63             | 00:38:58  | 03.53      | +0:08:27 | 0:04:47 / 46  | 0:08:32 / 49  | 0:19:01 / 56  | 0:24:21 / 53 | 0:28:20 / 54 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB   | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |               |               |
|----------|--------|------------------------|------------------|-----------|----------------------------------|-----------|--------------------|-----------|------------|----------|---------------|---------------|---------------|---------------|---------------|
| 67       | 5247   | OKOMSKI Łukasz         | Radom            | POL       | Adwokaci                         | 84 M20/25 | M / 64             | 00:38:59  | 03.53      | +0:08:27 | 0:04:48 / 50  | 0:08:29 / 44  | 0:19:08 / 65  | 0:24:33 / 63  | 0:28:33 / 65  |
| 68       | 4386   | PIETRZAK Daniel        | Pruszków         | POL       |                                  | 87 M20/26 | M / 65             | 00:39:00  | 03.54      | +0:08:28 | 0:04:57 / 78  | 0:08:45 / 80  | 0:19:24 / 83  | 0:24:41 / 72  | 0:28:41 / 74  |
| 69       | 3598   | ZAKRZEWSKI Krzysztof   | Sochaczew        | POL       | Km Aktywni Sochaczew             | 90 M20/27 | M / 66             | 00:39:01  | 03.54      | +0:08:29 | 0:04:25 / 10  | 0:07:56 / 12  | 0:18:16 / 33  | 0:23:44 / 38  | 0:27:51 / 44  |
| 70       | 2849   | KONRAD Artur           | Zawiercie        | POL       | Grupa Paleo/osir Zawiercie       | 77 M30/28 | M / 67             | 00:39:02  | 03.54      | +0:08:30 | 0:04:46 / 45  | 0:08:31 / 47  | 0:19:17 / 76  | 0:24:35 / 65  | 0:28:31 / 64  |
| 71       | 5841   | NIEDŹWIEDŹ Paweł       | Wyszaków         | POL       |                                  | 77 M30/29 | M / 68             | 00:39:03  | 03.54      | +0:08:31 | 0:04:57 / 79  | 0:08:49 / 89  | 0:19:21 / 79  | 0:24:39 / 70  | 0:28:37 / 72  |
| 72       | 5650   | SKARUZ Jarosław        | Warszawa         | POL       | Warszawa-wawer                   | 77 M30/30 | M / 69             | 00:39:04  | 03.54      | +0:08:32 | 0:05:14 / 175 | 0:09:08 / 142 | 0:19:38 / 94  | 0:24:55 / 84  | 0:28:47 / 79  |
| 73       | 3934   | PISZCZATOWSKI Wojciech | Warszawa         | POL       | Orange Polska                    | 71 M40/10 | M / 70             | 00:39:05  | 03.54      | +0:08:33 | 0:04:55 / 74  | 0:08:38 / 68  | 0:19:13 / 71  | 0:24:33 / 61  | 0:28:34 / 68  |
| 74       | 6104   | SCHAB Joanna           | Warszawa         | POL       | Aletempo                         | 76 K30/1  | K / 4              | 00:39:06  | 03.54      | +0:08:34 | 0:05:14 / 180 | 0:09:07 / 138 | 0:19:40 / 100 | 0:24:58 / 88  | 0:28:49 / 82  |
| 75       | 2566   | DĄBROWSKI Mateusz      | Ząbki            | POL       | Ubezpieczeniowcy                 | 86 M20/28 | M / 71             | 00:39:06  | 03.54      | +0:08:34 | 0:04:35 / 25  | 0:08:15 / 34  | 0:19:01 / 57  | 0:24:32 / 60  | 0:28:31 / 62  |
| 76       | 3822   | KLIŚ Maciej            | Warszawa         | POL       | Dead On Arrival                  | 77 M30/31 | M / 72             | 00:39:07  | 03.54      | +0:08:35 | 0:05:10 / 148 | 0:09:08 / 140 | 0:19:40 / 99  | 0:25:00 / 92  | 0:28:54 / 88  |
| 77       | 3291   | RYCYK Grzegorz         | Krasnystaw       | POL       |                                  | 75 M30/32 | M / 73             | 00:39:08  | 03.54      | +0:08:36 | 0:05:03 / 111 | 0:08:56 / 106 | 0:19:41 / 101 | 0:24:59 / 91  | 0:28:49 / 81  |
| 78       | 6608   | KUBACKI Sebastian      | Niewiadów        | POL       | Aviva Running Team               | 80 M30/33 | M / 74             | 00:39:09  | 03.54      | +0:08:37 | 0:04:53 / 67  | 0:08:37 / 66  | 0:19:14 / 73  | 0:24:35 / 66  | 0:28:34 / 67  |
| 79       | 3235   | PRZYBYŁEK Franek       | Krukowo          | POL       | Wks Szwejk                       | 83 M30/34 | M / 75             | 00:39:16  | 03.55      | +0:08:44 | 0:05:01 / 102 | 0:08:51 / 95  | 0:19:25 / 84  | 0:24:45 / 78  | 0:28:45 / 77  |
| 80       | 2796   | KASEJA Jan             | Warszawa         | POL       | Kb Ergo                          | 87 M20/29 | M / 76             | 00:39:17  | 03.55      | +0:08:45 | 0:05:12 / 161 | 0:09:08 / 143 | 0:19:47 / 107 | 0:25:13 / 98  | 0:29:08 / 95  |
| 81       | 5307   | PAJAŁK Bartłomiej      | Skierniewice     | POL       | Azs Politechnika Warszawska      | 89 M20/30 | M / 77             | 00:39:17  | 03.55      | +0:08:45 | 0:04:47 / 49  | 0:08:33 / 51  | 0:19:21 / 77  | 0:24:45 / 77  | 0:28:48 / 80  |
| 82       | 1438   | ZIELIŃSKA Emilia       | Warszawa         | POL       | Warsaw Running Team              | 83 K30/2  | K / 5              | 00:39:19  | 03.55      | +0:08:47 | 0:04:57 / 80  | 0:08:49 / 91  | 0:19:24 / 82  | 0:24:47 / 80  | 0:28:50 / 83  |
| 83       | 5267   | BURDA Maciej           | Kraków           | POL       | Adwokaci                         | 75 M30/35 | M / 78             | 00:39:20  | 03.56      | +0:08:48 | 0:04:53 / 69  | 0:08:41 / 72  | 0:19:06 / 62  | 0:24:31 / 58  | 0:28:39 / 73  |
| 84       | 6694   | TYMICKI Zbigniew       | Warszawa         | POL       | Entre.pl Team                    | 69 M40/11 | M / 79             | 00:39:26  | 03.56      | +0:08:54 | 0:05:04 / 114 | 0:08:54 / 103 | 0:19:31 / 92  | 0:24:53 / 82  | 0:28:50 / 84  |
| 85       | 6372   | PIOTROWSKI Maciej      | Warszawa         | POL       | Geo Running Team                 | 84 M20/31 | M / 80             | 00:39:28  | 03.56      | +0:08:56 | 0:04:48 / 53  | 0:08:32 / 50  | 0:19:07 / 63  | 0:24:40 / 71  | 0:28:45 / 76  |
| 86       | 5130   | GÓRZYŃSKI Jakub        | Warszawa         | POL       |                                  | 81 M30/36 | M / 81             | 00:39:28  | 03.56      | +0:08:56 | 0:05:18 / 207 | 0:09:54 / 389 | 0:20:02 / 127 | 0:25:18 / 100 | 0:29:12 / 96  |
| 87       | 182    | GLĄDYSZ Agnieszka      |                  | POL       | Pzla                             | 13        | K / 6              | 00:39:31  | 03.57      | +0:08:59 | 0:05:07 / 129 | 0:09:05 / 130 | 0:19:53 / 114 | 0:25:10 / 96  | 0:29:05 / 94  |
| 88       | 4807   | GREGORCZYK Łukasz      | Warszawa         | POL       |                                  | 83 M30/37 | M / 82             | 00:39:32  | 03.57      | +0:09:00 | 0:04:50 / 62  | 0:08:36 / 60  | 0:19:17 / 75  | 0:24:45 / 79  | 0:28:51 / 85  |
| 89       | 3346   | SOBCZYK Barbara        | Wrocław          | POL       | Team Asa - Biegami Po Zdrowie    | 86 K20/4  | K / 7              | 00:39:33  | 03.57      | +0:09:01 | 0:04:53 / 68  | 0:08:41 / 71  | 0:19:30 / 90  | 0:24:57 / 86  | 0:28:52 / 87  |
| 90       | 6726   | WIEŚNIAK Dariusz       | Warszawa         | POL       |                                  | 78 M30/38 | M / 83             | 00:39:34  | 03.57      | +0:09:02 | 0:04:40 / 37  | 0:08:22 / 40  | 0:19:04 / 60  | 0:24:35 / 67  | 0:28:42 / 75  |
| 91       | 2606   | DZIĘGIELEWSKI Adam     | Grabowo          | POL       | Kurp Runner                      | 81 M30/39 | M / 84             | 00:39:38  | 03.57      | +0:09:06 | 0:05:26 / 280 | 0:09:20 / 189 | 0:19:57 / 119 | 0:25:19 / 102 | 0:29:24 / 101 |
| 92       | 6105   | SCHAB Krzysztof        | Kraków           | POL       |                                  | 88 M20/32 | M / 85             | 00:39:40  | 03.58      | +0:09:08 | 0:05:16 / 186 | 0:09:11 / 152 | 0:20:02 / 126 | 0:25:28 / 107 | 0:29:26 / 103 |
| 93       | 3607   | ZDONEK Jarosław        | Białtów          | POL       | Chemik Puławy                    | 74 M30/40 | M / 86             | 00:39:47  | 03.58      | +0:09:15 | 0:05:09 / 143 | 0:09:02 / 119 | 0:19:29 / 89  | 0:24:57 / 87  | 0:29:00 / 89  |
| 94       | 3450   | SZYMAŃSKI Grzegorz     | Namysłów         | POL       | Pola I Elwira                    | 76 M30/41 | M / 87             | 00:39:48  | 03.58      | +0:09:16 | 0:04:56 / 76  | 0:08:42 / 75  | 0:19:11 / 67  | 0:24:38 / 69  | 0:28:47 / 78  |
| 95       | 4932   | ZIMNY Emanuel          | Sochaczew        | POL       | Km Aktywni Sochaczew             | 81 M30/42 | M / 88             | 00:39:49  | 03.58      | +0:09:17 | 0:04:48 / 52  | 0:08:37 / 65  | 0:19:26 / 87  | 0:24:58 / 89  | 0:29:03 / 92  |
| 96       | 6901   | WIŚNIEWOLSKI Paweł     | Warszawa         | POL       | Accenture                        | 80 M30/43 | M / 89             | 00:39:50  | 03.59      | +0:09:18 | 0:05:01 / 105 | 0:08:57 / 108 | 0:19:45 / 105 | 0:25:14 / 99  | 0:29:19 / 100 |
| 97       | 4609   | DĄBROWSKI Robert       | Warszawa         | POL       |                                  | 71 M40/12 | M / 90             | 00:39:52  | 03.59      | +0:09:20 | 0:04:58 / 84  | 0:08:47 / 84  | 0:19:32 / 93  | 0:25:02 / 93  | 0:29:01 / 90  |
| 98       | 4919   | KOBIERSKI Piotr        | Warszawa         | POL       | Uniwersytecki Klub Alpinistyczny | 77 M30/44 | M / 91             | 00:39:56  | 03.59      | +0:09:25 | 0:05:07 / 130 | 0:09:03 / 122 | 0:19:55 / 116 | 0:25:22 / 104 | 0:29:25 / 102 |
| 99       | 6099   | SZUBA Eryk             | Warszawa         | POL       |                                  | 72 M40/13 | M / 92             | 00:39:57  | 03.59      | +0:09:25 | 0:05:12 / 163 | 0:09:06 / 132 | 0:19:42 / 104 | 0:25:13 / 97  | 0:29:17 / 99  |
| 100      | 4231   | SOCHA Tomasz           | Warszawa         | POL       | Wtt Warszawa                     | 68 M40/14 | M / 93             | 00:39:58  | 03.59      | +0:09:26 | 0:05:12 / 157 | 0:09:11 / 153 | 0:19:49 / 110 | 0:25:22 / 103 | 0:29:26 / 104 |
| 101      | 5015   | MAZUR Marek            | Piaseczno        | POL       |                                  | 67 M40/15 | M / 94             | 00:40:01  | 04.00      | +0:09:29 | 0:05:16 / 185 | 0:09:17 / 171 | 0:20:11 / 139 | 0:25:35 / 121 | 0:29:37 / 111 |
| 102      | 3718   | KRASOŃ Marcin          | Mysiadło         | POL       | Biecdalej.pl                     | 81 M30/45 | M / 95             | 00:40:03  | 04.00      | +0:09:31 | 0:05:24 / 266 | 0:09:20 / 186 | 0:20:11 / 136 | 0:25:32 / 117 | 0:29:29 / 105 |
| 103      | 3780   | OLEK Marcin            | Garwolin         | POL       | Yulo Run Team Siedlce            | 75 M30/46 | M / 96             | 00:40:10  | 04.01      | +0:09:38 | 0:05:08 / 134 | 0:09:08 / 139 | 0:20:06 / 130 | 0:25:30 / 110 | 0:29:35 / 109 |
| 104      | 4040   | KUBERA Piotr           | Józefów          | POL       |                                  | 76 M30/47 | M / 97             | 00:40:11  | 04.01      | +0:09:39 | 0:04:51 / 63  | 0:08:35 / 56  | 0:19:21 / 78  | 0:24:58 / 90  | 0:29:14 / 98  |
| 105      | 5153   | DĄBROWSKI Przemysław   | Warszawa         | POL       |                                  | 87 M20/33 | M / 98             | 00:40:12  | 04.01      | +0:09:40 | 0:04:48 / 51  | 0:08:36 / 58  | 0:19:28 / 88  | 0:24:56 / 85  | 0:29:03 / 93  |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |               |               |
|----------|--------|-----------------------|------------------|-----------|----------------------------------|---------|--------------------|-----------|------------|----------|---------------|---------------|---------------|---------------|---------------|
| 106      | 3053   | MILEWSKI Dominik      | Plock            | POL       | Uczeń                            | 98      | M20/34 M / 99      | 00:40:15  | 04.01      | +0:09:43 | 0:04:31 / 16  | 0:08:20 / 38  | 0:19:13 / 72  | 0:24:50 / 81  | 0:29:02 / 91  |
| 107      | 3530   | WIATROWSKI Błażej     | Warszawa         | POL       | Allianz Running Team             | 75      | M30/48 M / 100     | 00:40:16  | 04.01      | +0:09:45 | 0:05:10 / 146 | 0:09:10 / 149 | 0:20:03 / 128 | 0:25:30 / 111 | 0:29:35 / 110 |
| 108      | 6691   | SEROCKI Piotr         | Marki            | POL       | Marki77ers                       | 77      | M30/49 M / 101     | 00:40:16  | 04.01      | +0:09:45 | 0:05:14 / 178 | 0:09:13 / 158 | 0:20:08 / 132 | 0:25:38 / 124 | 0:29:42 / 118 |
| 109      | 5346   | DOBRZENIECKI Marek    | Radzymin         | POL       |                                  | 73      | M40/16 M / 102     | 00:40:18  | 04.01      | +0:09:46 | 0:05:18 / 200 | 0:09:21 / 193 | 0:20:11 / 137 | 0:25:35 / 122 | 0:29:33 / 108 |
| 110      | 6605   | DOROSZUK Cezary       | Biała Podlaska   | POL       | Aviva Running Team               | 83      | M30/50 M / 103     | 00:40:22  | 04.02      | +0:09:50 | 0:05:01 / 104 | 0:08:58 / 109 | 0:19:57 / 120 | 0:25:33 / 119 | 0:29:40 / 115 |
| 111      | 3526   | WENTYKIER Piotr       | 09-100 Płońsk    | POL       | Kb Im. Piotra Sękowskiego        | 79      | M30/51 M / 104     | 00:40:26  | 04.02      | +0:09:54 | 0:04:50 / 60  | 0:08:38 / 67  | 0:19:22 / 80  | 0:25:02 / 94  | 0:29:14 / 97  |
| 112      | 4111   | NOWAK Paweł           | Kalinowo         | POL       | Puks Roch Jasienica              | 89      | M20/35 M / 105     | 00:40:27  | 04.02      | +0:09:55 | 0:05:12 / 158 | 0:09:09 / 145 | 0:20:01 / 124 | 0:25:34 / 120 | 0:29:42 / 117 |
| 113      | 5815   | DĄBROWSKI Krzysztof   | Radzymin         | POL       | Accelerate                       | 50      | M60/1 M / 106      | 00:40:30  | 04.03      | +0:09:58 | 0:05:11 / 153 | 0:09:03 / 121 | 0:19:48 / 108 | 0:25:30 / 109 | 0:29:33 / 107 |
| 114      | 3779   | HRINDA Adrian         | Sečovce          | POL       |                                  | 85      | M20/36 M / 107     | 00:40:32  | 04.03      | +0:10:00 | 0:04:54 / 72  | 0:08:45 / 81  | 0:19:51 / 111 | 0:25:32 / 116 | 0:29:45 / 121 |
| 115      | 6710   | SZELAĞ Seweryn        | Mińsk Mazowiecki | POL       |                                  | 86      | M20/37 M / 108     | 00:40:33  | 04.03      | +0:10:01 | 0:05:08 / 135 | 0:09:07 / 136 | 0:19:59 / 123 | 0:25:29 / 108 | 0:29:38 / 112 |
| 116      | 3320   | SKALSKA Anna          | Bytom            | POL       | Festiwal Biegowy W Krynicy Zdrój | 80      | K30/3 K / 8        | 00:40:35  | 04.03      | +0:10:03 | 0:04:59 / 89  | 0:08:52 / 96  | 0:19:59 / 122 | 0:25:37 / 123 | 0:29:39 / 114 |
| 117      | 4550   | KOŚCIK Jakub          | Warszawa         | POL       |                                  | 85      | M20/38 M / 109     | 00:40:37  | 04.03      | +0:10:05 | 0:04:59 / 87  | 0:08:52 / 98  | 0:19:40 / 98  | 0:25:23 / 105 | 0:29:39 / 113 |
| 118      | 2637   | GAWEL Tomasz          | Piła             | POL       |                                  | 85      | M20/39 M / 110     | 00:40:40  | 04.04      | +0:10:08 | 0:05:04 / 115 | 0:09:02 / 118 | 0:20:20 / 151 | 0:25:55 / 137 | 0:30:05 / 133 |
| 119      | 6927   | KOCISZEWSKI Krzysztof | Warszawa         | POL       | Warszawiaky                      | 59      | M50/3 M / 111      | 00:40:43  | 04.04      | +0:10:11 | 0:05:04 / 113 | 0:09:02 / 117 | 0:19:53 / 115 | 0:25:32 / 118 | 0:29:43 / 120 |
| 120      | 6144   | ZARAS Wojciech        | Warszawa         | POL       |                                  | 93      | M20/40 M / 112     | 00:40:44  | 04.04      | +0:10:12 | 0:05:18 / 209 | 0:09:19 / 185 | 0:20:25 / 157 | 0:25:58 / 140 | 0:30:06 / 134 |
| 121      | 5684   | PIÓRKOWSKI Dawid      | Warszawa         | POL       | Mongolia                         | 82      | M30/52 M / 113     | 00:40:48  | 04.04      | +0:10:16 | 0:05:16 / 189 | 0:09:22 / 195 | 0:20:23 / 154 | 0:25:54 / 134 | 0:30:03 / 132 |
| 122      | 3132   | OMILION Sławomir      | Warszawa         | POL       | Warsaw Red Devils                | 80      | M30/53 M / 114     | 00:40:48  | 04.04      | +0:10:16 | 0:05:18 / 213 | 0:09:21 / 190 | 0:20:19 / 150 | 0:25:54 / 135 | 0:30:07 / 138 |
| 123      | 3920   | MAKA Sławomir         | Ostrolęka        | POL       |                                  | 66      | M40/17 M / 115     | 00:40:49  | 04.04      | +0:10:17 | 0:05:20 / 229 | 0:09:22 / 194 | 0:20:14 / 141 | 0:25:53 / 133 | 0:29:59 / 129 |
| 124      | 2775   | KACPURA Piotr         | Radom            | POL       | 42. Blsz                         | 76      | M30/54 M / 116     | 00:40:50  | 04.05      | +0:10:18 | 0:05:02 / 107 | 0:09:00 / 111 | 0:20:09 / 135 | 0:25:48 / 129 | 0:29:56 / 127 |
| 125      | 3501   | URBAN Gracjan         | Ostrów           | POL       |                                  | 96      | M20/41 M / 117     | 00:40:50  | 04.05      | +0:10:18 | 0:05:31 / 347 | 0:09:37 / 275 | 0:20:44 / 195 | 0:26:16 / 161 | 0:30:22 / 153 |
| 126      | 450    | NOWAK Dawid           | Warszawa         | POL       | Sgsp                             | 93      | M20/42 M / 118     | 00:40:50  | 04.05      | +0:10:18 | 0:05:20 / 226 | 0:09:25 / 206 | 0:20:32 / 168 | 0:26:01 / 145 | 0:30:11 / 143 |
| 127      | 3772   | BŁAZIŃSKI Witold      | Mława            | POL       |                                  | 85      | M20/43 M / 119     | 00:40:51  | 04.05      | +0:10:19 | 0:04:53 / 70  | 0:08:44 / 77  | 0:19:52 / 113 | 0:25:32 / 115 | 0:29:42 / 119 |
| 128      | 5751   | PRUSINOWSKI Kamil     | Kraków           | POL       | Bbl                              | 85      | M20/44 M / 120     | 00:40:52  | 04.05      | +0:10:20 | 0:05:18 / 198 | 0:09:14 / 160 | 0:20:31 / 162 | 0:26:03 / 147 | 0:30:07 / 137 |
| 129      | 6080   | RUSTECKI Mariusz      | Warszawa         | POL       | Warszawa Śródmieście             | 73      | M40/18 M / 121     | 00:40:55  | 04.05      | +0:10:23 | 0:05:17 / 195 | 0:09:19 / 177 | 0:20:27 / 159 | 0:26:04 / 150 | 0:30:14 / 146 |
| 130      | 93     | VIP Vip               |                  | POL       |                                  | 13      | M / 122            | 00:40:58  | 04.05      | +0:10:26 | 0:04:58 / 85  | 0:08:49 / 92  | 0:19:48 / 109 | 0:25:31 / 114 | 0:29:40 / 116 |
| 131      | 2980   | LĘCKA Agnieszka       | Golub-dobrzyń    | POL       | Jacekbiega By Powergym           | 89      | K20/5 K / 9        | 00:40:59  | 04.05      | +0:10:27 | 0:05:05 / 122 | 0:09:03 / 120 | 0:20:09 / 134 | 0:25:50 / 130 | 0:30:03 / 131 |
| 132      | 271    | WOJTAN Robert         | Ząbki            | POL       | Pko                              | 71      | M40/19 M / 123     | 00:41:02  | 04.06      | +0:10:30 | 0:05:09 / 138 | 0:09:10 / 150 | 0:20:19 / 149 | 0:25:51 / 131 | 0:30:01 / 130 |
| 133      | 2466   | BOGACKI Andrzej       | Jaworzno         | POL       | Kb Mckis Jaworzno                | 63      | M50/4 M / 124      | 00:41:06  | 04.06      | +0:10:34 | 0:04:58 / 82  | 0:08:49 / 90  | 0:19:58 / 121 | 0:25:40 / 125 | 0:29:54 / 124 |
| 134      | 5727   | PERZYŃSKI Filip       | Gdańsk           | POL       |                                  | 89      | M20/45 M / 125     | 00:41:06  | 04.06      | +0:10:34 | 0:04:55 / 73  | 0:08:48 / 87  | 0:19:42 / 102 | 0:25:25 / 106 | 0:29:50 / 123 |
| 135      | 3064   | MITURA Adam           | Zakalew          | POL       | Osp Zakalew                      | 94      | M20/46 M / 126     | 00:41:07  | 04.06      | +0:10:35 | 0:04:45 / 44  | 0:08:37 / 64  | 0:19:40 / 97  | 0:25:40 / 126 | 0:30:12 / 145 |
| 136      | 5696   | OSOWIECKI Krzysztof   | Warszawa         | POL       | 12tri.pl                         | 72      | M40/20 M / 127     | 00:41:08  | 04.06      | +0:10:36 | 0:05:00 / 94  | 0:08:53 / 100 | 0:1-:2 / 3    | 0:25:19 / 101 | 0:29:33 / 106 |
| 137      | 4528   | ŚNIEŻEK Krzysztof     | Przasnysz        | POL       |                                  | 79      | M30/55 M / 128     | 00:41:08  | 04.06      | +0:10:36 | 0:04:59 / 86  | 0:08:50 / 93  | 0:20:24 / 156 | 0:26:00 / 143 | 0:30:09 / 140 |
| 138      | 4214   | SZYMAŃSKI Maciej      | Bydgoszcz        | POL       |                                  | 88      | M20/47 M / 129     | 00:41:09  | 04.06      | +0:10:38 | 0:05:15 / 183 | 0:09:13 / 157 | 0:20:18 / 147 | 0:25:59 / 141 | 0:30:09 / 139 |
| 139      | 2506   | CEGIELKA Dawid        | Warszawa         | POL       |                                  | 81      | M30/56 M / 130     | 00:41:12  | 04.07      | +0:10:40 | 0:05:22 / 250 | 0:09:36 / 266 | 0:20:39 / 183 | 0:26:11 / 154 | 0:30:14 / 147 |
| 140      | 5563   | RATYŃSKI Marek        | Warszawa         | POL       |                                  | 76      | M30/57 M / 131     | 00:41:12  | 04.07      | +0:10:40 | 0:04:57 / 77  | 0:08:48 / 88  | 0:19:55 / 117 | 0:25:43 / 127 | 0:29:58 / 128 |
| 141      | 4754   | SZCZĘSNY Sławomir     | Warszawa         | POL       | Team Biegnij Warszawo            | 65      | M40/21 M / 132     | 00:41:12  | 04.07      | +0:10:40 | 0:05:35 / 390 | 0:09:39 / 288 | 0:20:36 / 180 | 0:26:19 / 169 | 0:30:30 / 163 |
| 142      | 391    | KUSKOWSKI Marek       | Goldap           | POL       | Łowcy Przygód Goldap             | 78      | M30/58 M / 133     | 00:41:13  | 04.07      | +0:10:41 | 0:05:13 / 168 | 0:09:21 / 192 | 0:20:32 / 170 | 0:26:03 / 146 | 0:30:11 / 144 |
| 143      | 4751   | LASKOWSKI Szymon      | Warszawa         | POL       |                                  | 73      | M40/22 M / 134     | 00:41:16  | 04.07      | +0:10:44 | 0:05:11 / 154 | 0:09:11 / 151 | 0:20:19 / 148 | 0:25:59 / 142 | 0:30:07 / 136 |
| 144      | 4640   | KALINOWSKI Paweł      | Warszawa         | POL       |                                  | 84      | M20/48 M / 135     | 00:41:17  | 04.07      | +0:10:45 | 0:05:25 / 270 | 0:09:32 / 241 | 0:20:31 / 164 | 0:26:09 / 152 | 0:30:17 / 150 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB   | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |               |               |
|----------|--------|-----------------------|------------------|-----------|-------------------------|-----------|--------------------|-----------|------------|----------|---------------|---------------|---------------|---------------|---------------|
| 145      | 6275   | KULIK Andrzej         | Owczarnia        | POL       | Bre Runners             | 63 M50/5  | M / 136            | 00:41:18  | 04.07      | +0:10:46 | 0:05:05 / 124 | 0:09:01 / 114 | 0:20:07 / 131 | 0:25:53 / 132 | 0:30:07 / 135 |
| 146      | 2740   | JAROSIEWICZ Paweł     | Warszawa         | POL       | Accelerate              | 90 M20/49 | M / 137            | 00:41:19  | 04.07      | +0:10:47 | 0:05:30 / 330 | 0:09:33 / 251 | 0:20:37 / 182 | 0:26:15 / 160 | 0:30:23 / 155 |
| 147      | 6666   | TRONIARZ Paweł        | Raszyn           | POL       |                         | 79 M30/59 | M / 138            | 00:41:19  | 04.07      | +0:10:47 | 0:05:24 / 268 | 0:09:28 / 222 | 0:20:35 / 175 | 0:26:14 / 159 | 0:30:22 / 154 |
| 148      | 5814   | OWSIŃSKI Andrzej      | Warszawa         | POL       | Accenture               | 70 M40/23 | M / 139            | 00:41:20  | 04.08      | +0:10:48 | 0:05:11 / 152 | 0:09:03 / 125 | 0:19:45 / 106 | 0:25:30 / 112 | 0:29:48 / 122 |
| 149      | 4209   | BUCZEK Dariusz        | Góra             | POL       | Góra Kalwaria/chynów    | 75 M30/60 | M / 140            | 00:41:21  | 04.08      | +0:10:49 | 0:05:08 / 133 | 0:09:03 / 123 | 0:20:16 / 144 | 0:26:04 / 148 | 0:30:17 / 149 |
| 150      | 2973   | LUCIMA Paweł          | Warszawa         | POL       | 12tri.pl                | 73 M40/24 | M / 141            | 00:41:21  | 04.08      | +0:10:49 | 0:05:23 / 256 | 0:09:32 / 238 | 0:20:32 / 169 | 0:26:11 / 155 | 0:30:20 / 151 |
| 151      | 2847   | KONIECZNY Andrzej     | Poznań           | POL       |                         | 77 M30/61 | M / 142            | 00:41:21  | 04.08      | +0:10:49 | 0:05:18 / 212 | 0:09:18 / 176 | 0:20:52 / 216 | 0:26:28 / 188 | 0:30:37 / 175 |
| 152      | 4362   | DESKA Leszek          | Nowa Iwiczna     | POL       | Www.leszekbiega.pl      | 76 M30/62 | M / 143            | 00:41:22  | 04.08      | +0:10:50 | 0:05:04 / 116 | 0:09:01 / 115 | 0:20:14 / 142 | 0:25:57 / 139 | 0:30:10 / 142 |
| 153      | 3095   | NIEGOWSKI Marcin      | Warszawa         | POL       |                         | 84 M20/50 | M / 144            | 00:41:23  | 04.08      | +0:10:51 | 0:05:22 / 249 | 0:09:19 / 180 | 0:20:21 / 153 | 0:26:01 / 144 | 0:30:17 / 148 |
| 154      | 2551   | CZEKAJ Maciej         | Kielce           | POL       | Biegam Bo Muszę         | 81 M30/63 | M / 145            | 00:41:25  | 04.08      | +0:10:53 | 0:05:05 / 121 | 0:09:07 / 134 | 0:20:34 / 173 | 0:26:13 / 158 | 0:30:20 / 152 |
| 155      | 5596   | KUĆ Marek             | Warszawa         | POL       |                         | 78 M30/64 | M / 146            | 00:41:25  | 04.08      | +0:10:54 | 0:05:21 / 237 | 0:09:28 / 218 | 0:20:42 / 191 | 0:26:17 / 162 | 0:30:27 / 157 |
| 156      | 777    | FALKOWSKI Piotr       | Warszawa         | POL       | Tvp Sport               | 13        | M / 147            | 00:41:26  | 04.08      | +0:10:54 | 0:05:35 / 388 | 0:09:47 / 337 | 0:20:51 / 209 | 0:26:25 / 182 | 0:30:35 / 169 |
| 157      | 3114   | NOWINOWSKI Andrzej    | Turek            | POL       | Kppsp Turek             | 76 M30/65 | M / 148            | 00:41:26  | 04.08      | +0:10:54 | 0:05:33 / 371 | 0:09:38 / 278 | 0:20:48 / 207 | 0:26:29 / 190 | 0:30:34 / 168 |
| 158      | 3212   | POLS Rogier           | Józefosław       | POL       | Nnytt                   | 75 M30/66 | M / 149            | 00:41:28  | 04.08      | +0:10:56 | 0:05:23 / 253 | 0:09:27 / 214 | 0:20:44 / 200 | 0:26:23 / 179 | 0:30:32 / 166 |
| 159      | 3543   | WILCZYŃSKI Mateusz    | Siedlce          | POL       |                         | 85 M20/51 | M / 150            | 00:41:28  | 04.08      | +0:10:56 | 0:05:20 / 228 | 0:09:29 / 228 | 0:20:44 / 199 | 0:26:19 / 168 | 0:30:28 / 158 |
| 160      | 3163   | PARADOWSKI Michał     | Warszawa         | POL       |                         | 87 M20/52 | M / 151            | 00:41:29  | 04.08      | +0:10:57 | 0:05:01 / 101 | 0:09:01 / 113 | 0:20:21 / 152 | 0:26:12 / 157 | 0:30:28 / 159 |
| 161      | 6066   | ŚLUSARCZYK Bogumił    | Warszawa         | POL       | Accelerate              | 82 M30/67 | M / 152            | 00:41:29  | 04.08      | +0:10:58 | 0:05:16 / 188 | 0:09:25 / 205 | 0:20:41 / 189 | 0:26:26 / 184 | 0:30:37 / 177 |
| 162      | 6359   | KOZŁOWSKI Łukasz      | Białystok        | POL       |                         | 88 M20/53 | M / 153            | 00:41:33  | 04.09      | +0:11:01 | 0:05:30 / 319 | 0:09:40 / 290 | 0:20:45 / 201 | 0:26:20 / 175 | 0:30:33 / 167 |
| 163      | 6561   | KIEREŚ Mateusz        | Lublin           | POL       |                         | 77 M30/68 | M / 154            | 00:41:34  | 04.09      | +0:11:02 | 0:05:31 / 333 | 0:09:41 / 298 | 0:20:58 / 231 | 0:26:38 / 200 | 0:30:50 / 191 |
| 164      | 3063   | MITURA Mikołaj        | Zakalew          | POL       |                         | 88 M20/54 | M / 155            | 00:41:34  | 04.09      | +0:11:02 | 0:04:40 / 36  | 0:08:33 / 52  | 0:19:42 / 103 | 0:25:31 / 113 | 0:29:56 / 126 |
| 165      | 5889   | MYSZKOWSKI Henryk     | Góra Kalwaria    | POL       |                         | 63 M50/6  | M / 156            | 00:41:35  | 04.09      | +0:11:03 | 0:05:12 / 159 | 0:09:06 / 131 | 0:20:08 / 133 | 0:25:55 / 136 | 0:30:09 / 141 |
| 166      | 191    | KACZMAREK Aneta       |                  | POL       | Pzla                    | 13        | K / 10             | 00:41:36  | 04.09      | +0:11:04 | 0:05:30 / 317 | 0:09:40 / 295 | 0:21:00 / 234 | 0:26:37 / 198 | 0:30:46 / 187 |
| 167      | 6917   | KORZENIOWSKI Wiktor   | Kraków           | POL       |                         | 86 M20/55 | M / 157            | 00:41:37  | 04.09      | +0:11:05 | 0:05:13 / 173 | 0:09:19 / 179 | 0:20:41 / 188 | 0:26:27 / 186 | 0:30:39 / 179 |
| 168      | 6903   | AKSIUCIK Arkadiusz    | Warszawa         | POL       |                         | 81 M30/69 | M / 158            | 00:41:39  | 04.09      | +0:11:07 | 0:05:01 / 103 | 0:08:53 / 99  | 0:19:56 / 118 | 0:25:45 / 128 | 0:29:54 / 125 |
| 169      | 371    | PKO Pko               |                  | POL       | Pko                     | 13        | M / 159            | 00:41:39  | 04.09      | +0:11:07 | 0:05:09 / 142 | 0:09:04 / 127 | 0:20:27 / 158 | 0:26:20 / 171 | 0:30:31 / 164 |
| 170      | 189    | TOMCZAK Jakub         | Warszawa         | POL       | Pzla                    | 81 M30/70 | M / 160            | 00:41:42  | 04.10      | +0:11:10 | 0:05:28 / 300 | 0:09:37 / 274 | 0:20:52 / 213 | 0:26:29 / 191 | 0:30:44 / 184 |
| 171      | 5936   | FORMAŃSKI Filip       | Płock            | POL       | Night Runners           | 83 M30/71 | M / 161            | 00:41:43  | 04.10      | +0:11:11 | 0:05:31 / 350 | 0:09:37 / 270 | 0:20:46 / 204 | 0:26:25 / 181 | 0:30:37 / 178 |
| 172      | 5900   | SUJAK Mirosław        | Mińsk Mazowiecki | POL       | Mkb Dreptak             | 65 M40/25 | M / 162            | 00:41:44  | 04.10      | +0:11:12 | 0:05:21 / 236 | 0:09:23 / 200 | 0:20:36 / 178 | 0:26:20 / 173 | 0:30:30 / 162 |
| 173      | 282    | DRGAS Roman           | Prochy           | POL       | Pko                     | 82 M30/72 | M / 163            | 00:41:46  | 04.10      | +0:11:14 | 0:05:09 / 140 | 0:09:08 / 141 | 0:20:17 / 145 | 0:26:10 / 153 | 0:30:30 / 161 |
| 174      | 6596   | LECHAŃSKI Bartosz     | Warszawa/dębica  | POL       | Warszawa-ursus          | 82 M30/73 | M / 164            | 00:41:48  | 04.10      | +0:11:16 | 0:05:13 / 165 | 0:09:17 / 173 | 0:20:39 / 184 | 0:26:24 / 180 | 0:30:36 / 172 |
| 175      | 4072   | MAŁECKI Maciej        | Warszawa         | POL       |                         | 86 M20/56 | M / 165            | 00:41:48  | 04.10      | +0:11:16 | 0:05:20 / 225 | 0:09:23 / 198 | 0:20:36 / 179 | 0:26:21 / 176 | 0:30:35 / 170 |
| 176      | 202    | SZYMAŃSKI Adam        | Wyszaków         | POL       | Pko                     | 73 M40/26 | M / 166            | 00:41:50  | 04.11      | +0:11:18 | 0:05:20 / 227 | 0:09:27 / 215 | 0:20:42 / 190 | 0:26:26 / 183 | 0:30:46 / 186 |
| 177      | 2559   | CZYŻKOWSKI Paweł      | Mińsk Mazowiecki | POL       | Yulo Run Team Siedlce   | 85 M20/57 | M / 167            | 00:41:50  | 04.11      | +0:11:18 | 0:05:14 / 176 | 0:09:27 / 217 | 0:20:50 / 208 | 0:26:34 / 196 | 0:30:51 / 193 |
| 178      | 3241   | PUPEK Daniel          | Kolno            | POL       | Łomżanie                | 87 M20/58 | M / 168            | 00:41:51  | 04.11      | +0:11:19 | 0:04:53 / 71  | 0:08:55 / 104 | 0:20:31 / 166 | 0:26:21 / 177 | 0:30:36 / 171 |
| 179      | 4701   | LEWICKI Michał        | Bodzanów         | POL       |                         | 92 M20/59 | M / 169            | 00:41:53  | 04.11      | +0:11:21 | 0:05:28 / 298 | 0:09:23 / 201 | 0:20:28 / 160 | 0:26:11 / 156 | 0:30:31 / 165 |
| 180      | 5728   | SELKE Radosław kornel | Warszawa         | POL       | Mort!                   | 85 M20/60 | M / 170            | 00:41:54  | 04.11      | +0:11:22 | 0:04:59 / 91  | 0:09:03 / 124 | 0:20:29 / 161 | 0:26:21 / 178 | 0:30:39 / 180 |
| 181      | 6819   | KONDRATOWICZ Piotr    | Opole            | POL       | Pzu Sport Team          | 87 M20/61 | M / 171            | 00:41:56  | 04.11      | +0:11:24 | 0:05:31 / 339 | 0:09:44 / 317 | 0:21:12 / 266 | 0:26:58 / 240 | 0:31:12 / 223 |
| 182      | 5668   | ZAJĄC Mariusz         | Trąbki           | POL       | Brak                    | 72 M40/27 | M / 172            | 00:41:57  | 04.11      | +0:11:25 | 0:05:24 / 264 | 0:09:24 / 204 | 0:20:43 / 193 | 0:26:30 / 193 | 0:30:46 / 188 |
| 183      | 5146   | LAMPARSKI Zbigniew    | Mińsk Mazowiecki | POL       | Mkb Dreptak             | 87 M20/62 | M / 173            | 00:41:58  | 04.11      | +0:11:26 | 0:04:36 / 29  | 0:08:27 / 43  | 0:20:01 / 125 | 0:25:57 / 138 | 0:30:36 / 174 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club     | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |               |               |
|----------|--------|----------------------|------------------|-----------|-----------------------------|---------|--------------------|-----------|------------|----------|---------------|---------------|---------------|---------------|---------------|
| 184      | 3470   | ŚWIĘTOCHOWSKI Karol  | Kobyłka          | POL       | Kb-rebus.pl                 | 87      | M20/63 M / 174     | 00:41:58  | 04.11      | +0:11:26 | 0:05:18 / 208 | 0:09:21 / 191 | 0:20:33 / 172 | 0:26:20 / 174 | 0:30:37 / 176 |
| 185      | 4912   | NIEDŹWIADEK Kamil    | Warszawa         | POL       | Awf Warszawa                | 89      | M20/64 M / 175     | 00:41:59  | 04.11      | +0:11:27 | 0:05:18 / 206 | 0:09:24 / 203 | 0:20:44 / 196 | 0:26:28 / 187 | 0:30:49 / 189 |
| 186      | 3949   | ZARZEKA Marcin       | Warszawa         | POL       | Vege Runners                | 74      | M30/74 M / 176     | 00:41:59  | 04.11      | +0:11:27 | 0:05:28 / 302 | 0:09:36 / 267 | 0:21:05 / 249 | 0:26:51 / 224 | 0:31:06 / 209 |
| 187      | 2590   | DRABIK Dawid         | Lublin           | POL       |                             | 79      | M30/75 M / 177     | 00:42:01  | 04.12      | +0:11:29 | 0:05:51 / 621 | 0:10:34 / 721 |               | 0:27:26 / 292 | 0:31:32 / 260 |
| 188      | 6310   | ŚLUBOWSKI Cezary     | Długosiodło      | POL       |                             | 78      | M30/76 M / 178     | 00:42:01  | 04.12      | +0:11:29 | 0:05:25 / 272 | 0:09:30 / 229 | 0:20:44 / 194 | 0:26:32 / 195 | 0:30:53 / 195 |
| 189      | 4288   | PYSZYŃSKI Mariusz    | Warszawa         | POL       |                             | 75      | M30/77 M / 179     | 00:42:03  | 04.12      | +0:11:31 | 0:05:40 / 457 | 0:09:55 / 400 | 0:21:21 / 293 | 0:27:01 / 247 | 0:31:11 / 221 |
| 190      | 4947   | GRYGO Krzysztof      | Łomża            | POL       | Ks Łomżanie                 | 60      | M50/7 M / 180      | 00:42:05  | 04.12      | +0:11:33 | 0:05:17 / 191 | 0:09:19 / 181 | 0:20:40 / 185 | 0:26:28 / 189 | 0:30:43 / 182 |
| 191      | 3560   | WITKOWSKI Sebastian  | Sochaczew        | POL       |                             | 89      | M20/65 M / 181     | 00:42:06  | 04.12      | +0:11:34 | 0:04:21 / 8   | 0:08:01 / 16  | 0:20:44 / 197 | 0:26:20 / 170 | 0:30:30 / 160 |
| 192      | 4068   | SZYPOWSKI Marcin     | Koszalin         | POL       |                             | 82      | M30/78 M / 182     | 00:42:07  | 04.12      | +0:11:35 | 0:05:11 / 151 | 0:09:12 / 154 | 0:20:31 / 165 | 0:26:19 / 167 | 0:30:49 / 190 |
| 193      | 5697   | PAWŁOWSKI Jacek      | Warszawa         | POL       |                             | 76      | M30/79 M / 183     | 00:42:08  | 04.12      | +0:11:36 | 0:05:09 / 139 | 0:09:14 / 159 | 0:20:31 / 163 | 0:26:19 / 166 | 0:30:40 / 181 |
| 194      | 4332   | ZDZIECHOWSKI Szymon  | Warszawa         | POL       | Żwawe Żubry                 | 79      | M30/80 M / 184     | 00:42:09  | 04.12      | +0:11:37 | 0:05:27 / 293 | 0:09:29 / 225 | 0:20:40 / 186 | 0:26:20 / 172 | 0:30:55 / 196 |
| 195      | 6375   | SKUZA Paweł          | Warszawa         | POL       |                             | 86      | M20/66 M / 185     | 00:42:09  | 04.12      | +0:11:37 | 0:05:24 / 267 | 0:09:37 / 277 | 0:20:57 / 228 | 0:26:40 / 202 | 0:30:57 / 199 |
| 196      | 5437   | CYBURT Paweł         | Warszawa         | POL       | Uks Beniaminek Warszawa     | 86      | M20/67 M / 186     | 00:42:10  | 04.13      | +0:11:38 | 0:05:30 / 315 | 0:09:39 / 286 | 0:21:16 / 276 | 0:27:00 / 242 | 0:31:14 / 227 |
| 197      | 5652   | POLAK Ilona          | Warszawa         | POL       | Kb Galeria Warszawa         | 80      | K30/4 K / 11       | 00:42:10  | 04.13      | +0:11:38 | 0:05:00 / 95  | 0:09:00 / 112 | 0:20:36 / 181 | 0:26:32 / 194 | 0:30:51 / 192 |
| 198      | 387    | DĄBROWA Kamil        | Warszawa         | POL       | Polskie Radio               | 13      | M / 187            | 00:42:10  | 04.13      | +0:11:38 | 0:05:08 / 136 | 0:09:15 / 163 | 0:20:56 / 226 | 0:26:49 / 221 | 0:31:07 / 215 |
| 199      | 4080   | SKARZYŃSKI Adam      | Warszawa         | POL       |                             | 82      | M30/81 M / 188     | 00:42:11  | 04.13      | +0:11:39 | 0:05:04 / 112 | 0:09:02 / 116 | 0:20:15 / 143 | 0:26:07 / 151 | 0:30:36 / 173 |
| 200      | 5885   | LEWANDOWSKI Sławomir | Sochaczew        | POL       | Km Aktywni Sochaczew        | 77      | M30/82 M / 189     | 00:42:12  | 04.13      | +0:11:40 | 0:05:05 / 123 | 0:09:04 / 126 | 0:20:17 / 146 | 0:26:04 / 149 | 0:30:24 / 156 |
| 201      | 4442   | BASIS Marcin         | Warszawa         | POL       |                             | 74      | M30/83 M / 190     | 00:42:12  | 04.13      | +0:11:40 | 0:05:17 / 193 | 0:09:27 / 213 | 0:21:00 / 237 | 0:26:57 / 236 | 0:31:19 / 239 |
| 202      | 4772   | ŻACH Piotr           | Warszawa         | POL       | Politechnika Warszawska     | 74      | M30/84 M / 191     | 00:42:15  | 04.13      | +0:11:43 | 0:05:41 / 480 | 0:09:57 / 413 | 0:21:13 / 269 | 0:27:00 / 241 | 0:31:14 / 228 |
| 203      | 4128   | SAWICKI Sebastian    | Nieszków         | POL       |                             | 85      | M20/68 M / 192     | 00:42:15  | 04.13      | +0:11:43 | 0:05:25 / 271 | 0:09:34 / 252 | 0:21:02 / 241 | 0:26:54 / 228 | 0:31:12 / 222 |
| 204      | 3898   | PIĄTKOWSKI Andrzej   | Złotokłos        | POL       | Kb-rebus.pl                 | 67      | M40/28 M / 193     | 00:42:16  | 04.13      | +0:11:44 | 0:05:31 / 351 | 0:09:43 / 306 | 0:21:06 / 250 | 0:26:54 / 230 | 0:31:07 / 214 |
| 205      | 4084   | MOTYLEWSKI Tomasz    | Warszawa         | POL       |                             | 84      | M20/69 M / 194     | 00:42:20  | 04.14      | +0:11:48 | 0:05:50 / 601 | 0:10:32 / 704 | 0:21:43 / 357 | 0:27:14 / 267 | 0:31:25 / 248 |
| 206      | 183    | MYSZKOWSKI Sebastian |                  | POL       | Pzła                        | 13      | M / 195            | 00:42:20  | 04.14      | +0:11:48 | 0:05:09 / 141 | 0:09:07 / 135 | 0:20:53 / 218 | 0:26:46 / 213 | 0:31:05 / 207 |
| 207      | 3754   | WALISZEWSKI Jakub    | Brwinów          | POL       |                             | 90      | M20/70 M / 196     | 00:42:20  | 04.14      | +0:11:48 | 0:05:18 / 199 | 0:09:27 / 212 | 0:20:56 / 225 | 0:26:39 / 201 | 0:31:00 / 202 |
| 208      | 5940   | LATOSZEK Rafał       | Warszawa         | POL       |                             | 73      | M40/29 M / 197     | 00:42:20  | 04.14      | +0:11:49 | 0:05:30 / 318 | 0:09:37 / 268 | 0:21:21 / 292 | 0:27:10 / 259 | 0:31:20 / 240 |
| 209      | 5095   | WALASEK Przemysław   | Warszawa         | POL       | Adwokaci                    | 76      | M30/85 M / 198     | 00:42:21  | 04.14      | +0:11:49 | 0:05:30 / 332 | 0:09:41 / 300 | 0:21:15 / 274 | 0:26:57 / 235 | 0:31:14 / 225 |
| 210      | 4075   | CUPRYS Dariusz       | Rzeszów          | POL       | Bayer Life Team             | 73      | M40/30 M / 199     | 00:42:22  | 04.14      | +0:11:51 | 0:05:30 / 329 | 0:09:51 / 369 | 0:21:02 / 242 | 0:26:48 / 217 | 0:31:06 / 211 |
| 211      | 5144   | SAJNUG Rafał         | Warszawa         | POL       | Rembertów Team              | 81      | M30/86 M / 200     | 00:42:23  | 04.14      | +0:11:51 | 0:05:20 / 224 | 0:09:27 / 209 | 0:20:42 / 192 | 0:26:37 / 199 | 0:31:02 / 203 |
| 212      | 3916   | STANOWSKI Grzegorz   | Łódź             | POL       |                             | 71      | M40/31 M / 201     | 00:42:24  | 04.14      | +0:11:52 | 0:05:35 / 385 | 0:09:46 / 326 | 0:21:17 / 280 | 0:27:01 / 246 | 0:31:17 / 233 |
| 213      | 6034   | KUBASZEWSKI Mirosław | Warszawa         | POL       |                             | 63      | M50/8 M / 202      | 00:42:24  | 04.14      | +0:11:52 | 0:05:31 / 355 | 0:09:43 / 307 | 0:21:02 / 240 | 0:26:47 / 214 | 0:31:04 / 206 |
| 214      | 6077   | STEFANIAK Maciej     | Warszawa         | POL       | Accelerate                  | 83      | M30/87 M / 203     | 00:42:24  | 04.14      | +0:11:52 | 0:05:27 / 290 | 0:09:37 / 272 | 0:20:51 / 211 | 0:26:40 / 203 | 0:30:59 / 200 |
| 215      | 428    | BYCZUK Józef         | Tłuszcz          | POL       | Bóbr Tłuszcz609967913       | 41      | M70/1 M / 204      | 00:42:25  | 04.14      | +0:11:53 | 0:05:19 / 221 | 0:09:31 / 236 | 0:20:54 / 221 | 0:26:40 / 204 | 0:31:05 / 208 |
| 216      | 1664   | MIESZKOWSKI Radosław | Piastów          | POL       | Im2010 Warszawa             | 71      | M40/32 M / 205     | 00:42:26  | 04.14      | +0:11:54 | 0:05:23 / 257 | 0:09:39 / 289 | 0:21:04 / 247 | 0:26:57 / 237 | 0:31:15 / 229 |
| 217      | 5329   | RÓŻYCKI Konrad       | Warszawa         | POL       | Lechici Zielonka            | 62      | M50/9 M / 206      | 00:42:27  | 04.14      | +0:11:55 | 0:05:53 / 656 | 0:10:17 / 561 | 0:21:48 / 371 | 0:27:26 / 289 | 0:31:32 / 259 |
| 218      | 3890   | GOLAŃSKI Robert      | Warszawa         | POL       | Lasek Bielański Team        | 74      | M30/88 M / 207     | 00:42:27  | 04.14      | +0:11:55 | 0:05:18 / 204 | 0:09:35 / 259 | 0:21:00 / 236 | 0:26:53 / 226 | 0:31:14 / 226 |
| 219      | 5793   | URBAŃSKI Mirosław    | Sieradz          | POL       |                             | 69      | M40/33 M / 208     | 00:42:28  | 04.14      | +0:11:56 | 0:05:54 / 670 | 0:10:20 / 584 | 0:21:48 / 370 | 0:27:33 / 313 | 0:31:40 / 268 |
| 220      | 3529   | WĘCŁAWEK Dariusz     | Golub-dobrzyń    | POL       | Pytongi Running Team        | 89      | M20/71 M / 209     | 00:42:28  | 04.14      | +0:11:56 | 0:05:31 / 346 | 0:09:37 / 271 | 0:20:52 / 215 | 0:26:42 / 205 | 0:31:06 / 212 |
| 221      | 5640   | ŻUK Paweł            | Warszawa         | POL       | Asa Team Biegiem Po Zdrowie | 75      | M30/89 M / 210     | 00:42:29  | 04.14      | +0:11:57 | 0:05:11 / 149 | 0:09:15 / 164 | 0:20:23 / 155 | 0:26:18 / 164 | 0:30:43 / 183 |
| 222      | 6829   | POLAK Bartosz        | Warszawa         | POL       |                             | 79      | M30/90 M / 211     | 00:42:29  | 04.14      | +0:11:57 | 0:05:11 / 155 | 0:09:17 / 174 | 0:20:31 / 167 | 0:26:27 / 185 | 0:30:45 / 185 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City  | Kraj Nat. | Druż / Klub Team / Club     | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |               |               |
|----------|--------|-----------------------|-------------------|-----------|-----------------------------|------------|--------------------|-----------|------------|----------|---------------|---------------|---------------|---------------|---------------|
| 223      | 5538   | WAŚNIEWSKA Karolina   | Radom             | POL       |                             | 80 K30/5   | K / 12             | 00:42:30  | 04.15      | +0:11:58 | 0:05:33 / 369 | 0:09:40 / 292 | 0:20:52 / 214 | 0:26:49 / 222 | 0:31:12 / 224 |
| 224      | 4475   | PODSTAWKA Piotr       | Stanisławów       | POL       |                             | 87 M20/72  | M / 212            | 00:42:30  | 04.15      | +0:11:58 | 0:05:18 / 203 | 0:09:29 / 224 | 0:21:08 / 255 | 0:26:57 / 238 | 0:31:09 / 217 |
| 225      | 2939   | KUREK Wojciech        | Kwidzyn           | POL       |                             | 89 M20/73  | M / 213            | 00:42:32  | 04.15      | +0:12:00 | 0:05:44 / 530 | 0:10:01 / 438 | 0:21:31 / 320 | 0:27:22 / 286 | 0:31:43 / 275 |
| 226      | 210    | GADOMSKI Radosław     | Elk               | POL       | Pko                         | 83 M30/91  | M / 214            | 00:42:35  | 04.15      | +0:12:03 | 0:05:19 / 220 | 0:09:30 / 230 | 0:21:09 / 261 | 0:27:05 / 251 | 0:31:29 / 254 |
| 227      | 6403   | KUREK Marcin          | Duczki            | POL       | Kb-rebus.pl                 | 78 M30/92  | M / 215            | 00:42:38  | 04.15      | +0:12:06 | 0:05:31 / 354 | 0:09:37 / 276 | 0:21:07 / 251 | 0:26:56 / 233 | 0:31:07 / 213 |
| 228      | 2572   | DĄBSKI Paweł          | Siennica Różana   | POL       | 1wbpanc                     | 88 M20/74  | M / 216            | 00:42:38  | 04.15      | +0:12:06 | 0:05:37 / 418 | 0:09:48 / 343 | 0:21:07 / 252 | 0:26:54 / 227 | 0:31:19 / 237 |
| 229      | 3370   | STANASZEK Daniel      | Warszawa          | POL       |                             | 85 M20/75  | M / 217            | 00:42:38  | 04.15      | +0:12:06 | 0:05:26 / 284 | 0:09:37 / 273 | 0:20:44 / 198 | 0:26:30 / 192 | 0:30:57 / 198 |
| 230      | 193    | ZEGAREK Krzysztof     |                   | POL       | Radisson                    | 89 M20/76  | M / 218            | 00:42:39  | 04.15      | +0:12:07 | 0:05:31 / 349 | 0:09:48 / 344 | 0:20:56 / 224 | 0:26:42 / 206 | 0:31:08 / 216 |
| 231      | 5029   | TIMOFIEJUK Paweł      | Warszawa          | POL       | Night Runners               | 78 M30/93  | M / 219            | 00:42:39  | 04.15      | +0:12:07 | 0:05:13 / 172 | 0:09:17 / 172 | 0:20:51 / 210 | 0:26:45 / 211 | 0:31:10 / 220 |
| 232      | 3008   | MALKOWSKI Leszek      | Rzekuń            | POL       | Arco Ławy                   | 68 M40/34  | M / 220            | 00:42:39  | 04.15      | +0:12:07 | 0:05:19 / 219 | 0:09:16 / 168 | 0:20:34 / 174 | 0:26:35 / 197 | 0:30:59 / 201 |
| 233      | 3047   | MILCZAREK Rafał       | Sochaczew         | POL       | Klub Maratończyka „aktywni” | 75 M30/94  | M / 221            | 00:42:40  | 04.16      | +0:12:08 | 0:05:07 / 131 | 0:09:08 / 144 | 0:20:52 / 212 | 0:27:11 / 260 | 0:31:24 / 246 |
| 234      | 121    | ORLIŃSKI Tomasz       | Legionowo         | POL       | Agora                       | 79 M30/95  | M / 222            | 00:42:40  | 04.16      | +0:12:08 | 0:05:26 / 281 | 0:09:35 / 264 | 0:21:16 / 277 | 0:27:07 / 252 | 0:31:25 / 247 |
| 235      | 3722   | GRADKOWSKA Małgorzata | Brwinów           | POL       |                             | 81 K30/6   | K / 13             | 00:42:42  | 04.16      | +0:12:11 | 0:05:26 / 277 | 0:09:33 / 243 | 0:20:47 / 205 | 0:26:42 / 207 | 0:31:03 / 204 |
| 236      | 2418   | BARTOSZ Marek         | Krakow            | POL       |                             | 79 M30/96  | M / 223            | 00:42:44  | 04.16      | +0:12:12 | 0:05:25 / 276 | 0:09:33 / 246 | 0:20:59 / 232 | 0:26:49 / 220 | 0:31:09 / 218 |
| 237      | 5077   | STELMACH Kamil        | Warszawa          | POL       | Adwokaci                    | 89 M20/77  | M / 224            | 00:42:46  | 04.16      | +0:12:14 | 0:05:12 / 160 | 0:09:16 / 166 | 0:20:57 / 227 | 0:26:48 / 218 | 0:31:06 / 210 |
| 238      | 4614   | SMOLIŃSKI Michał      | Warszawa          | POL       |                             | 76 M30/97  | M / 225            | 00:42:46  | 04.16      | +0:12:14 | 0:05:30 / 321 | 0:09:45 / 322 | 0:21:10 / 264 | 0:26:57 / 234 | 0:31:18 / 236 |
| 239      | 2897   | KRÓL Ryszard          | Radzyń Podlaski   | POL       | Wojownik Światta            | 76 M30/98  | M / 226            | 00:42:46  | 04.16      | +0:12:14 | 0:05:41 / 483 | 0:09:52 / 376 | 0:21:39 / 340 | 0:27:32 / 310 | 0:31:43 / 276 |
| 240      | 4275   | RAKOWSKI Marcei       | Warszawa          | POL       | Accelerate                  | 90 M20/78  | M / 227            | 00:42:47  | 04.16      | +0:12:15 | 0:05:16 / 190 | 0:09:25 / 207 | 0:20:45 / 202 | 0:26:43 / 209 | 0:31:04 / 205 |
| 241      | 5046   | ZIELIŃSKI Jacek       | Gdynia            | POL       | Adwokaci                    | 69 M40/35  | M / 228            | 00:42:47  | 04.16      | +0:12:15 | 0:05:31 / 338 | 0:09:40 / 291 | 0:21:00 / 235 | 0:26:52 / 225 | 0:31:17 / 234 |
| 242      | 5948   | POLAŃSKI Piotr        | Warszawa          | POL       |                             | 65 M40/36  | M / 229            | 00:42:48  | 04.16      | +0:12:16 | 0:05:35 / 395 | 0:09:52 / 375 | 0:21:25 / 300 | 0:27:15 / 268 | 0:31:36 / 263 |
| 243      | 2517   | CHOJNACKI Krzysztof   | Bydgoszcz         | POL       | Bps Bydgoszcz               | 68 M40/37  | M / 230            | 00:42:48  | 04.16      | +0:12:16 | 0:05:45 / 541 | 0:10:03 / 455 | 0:21:37 / 329 | 0:27:29 / 302 | 0:31:42 / 272 |
| 244      | 5961   | ŻOŁNIEROWICZ Michał   | Zęgrze Południowe | POL       |                             | 74 M30/99  | M / 231            | 00:42:49  | 04.16      | +0:12:17 | 0:05:33 / 368 | 0:09:47 / 335 | 0:21:19 / 284 | 0:27:09 / 258 | 0:31:26 / 249 |
| 245      | 5461   | KUŻMA Karol           | Siedlce           | POL       | Yulo Run Team Siedlce       | 75 M30/100 | M / 232            | 00:42:49  | 04.16      | +0:12:17 | 0:05:21 / 239 | 0:09:30 / 234 | 0:21:08 / 253 | 0:27:00 / 245 | 0:31:22 / 243 |
| 246      | 4570   | SAWICKI Piotr         | Warszawa          | POL       |                             | 86 M20/79  | M / 233            | 00:42:50  | 04.17      | +0:12:18 | 0:05:22 / 247 | 0:09:38 / 284 | 0:20:59 / 233 | 0:26:55 / 231 | 0:31:18 / 235 |
| 247      | 3753   | KOSSAKOWSKI Mateusz   | Wola Cygowska     | POL       |                             | 94 M20/80  | M / 234            | 00:42:51  | 04.17      | +0:12:19 | 0:05:32 / 362 | 0:09:38 / 283 | 0:21:33 / 324 | 0:27:25 / 288 | 0:31:43 / 273 |
| 248      | 5318   | KĘDZIOR Maciek        | Warszawa          | POL       |                             | 83 M30/101 | M / 235            | 00:42:51  | 04.17      | +0:12:19 | 0:05:27 / 292 | 0:09:33 / 245 | 0:20:52 / 217 | 0:26:50 / 223 | 0:31:17 / 232 |
| 249      | 245    | DĄBROWSKI Mariusz     | Wołomin           | POL       | Pko                         | 77 M30/102 | M / 236            | 00:42:53  | 04.17      | +0:12:21 | 0:05:28 / 296 | 0:09:33 / 244 | 0:20:58 / 229 | 0:26:48 / 216 | 0:31:10 / 219 |
| 250      | 4536   | ZYCH Paweł            | Brwinów           | POL       |                             | 76 M30/103 | M / 237            | 00:42:54  | 04.17      | +0:12:22 | 0:05:28 / 297 | 0:09:44 / 315 | 0:21:30 / 313 | 0:27:18 / 276 | 0:31:35 / 262 |
| 251      | 2851   | KOPANIA Grzegorz      | Augustow          | POL       |                             | 79 M30/104 | M / 238            | 00:42:54  | 04.17      | +0:12:22 | 0:05:06 / 127 | 0:09:04 / 128 | 0:20:11 / 138 | 0:26:17 / 163 | 0:30:53 / 194 |
| 252      | 4412   | DOMAGAŁA Jarosław     | Warszawa          | POL       | Bbl Biegambolubię           | 66 M40/38  | M / 239            | 00:42:55  | 04.17      | +0:12:23 | 0:05:30 / 325 | 0:09:30 / 235 | 0:21:04 / 246 | 0:27:08 / 255 | 0:31:23 / 245 |
| 253      | 5852   | PIREK Mariusz         | Warszawa          | POL       | Accelerate                  | 85 M20/81  | M / 240            | 00:42:55  | 04.17      | +0:12:23 | 0:05:19 / 216 | 0:09:19 / 183 | 0:21:03 / 244 | 0:27:00 / 243 | 0:31:20 / 242 |
| 254      | 6142   | STOLARCZYK Radosław   | Sieradz           | POL       |                             | 83 M30/105 | M / 241            | 00:42:56  | 04.17      | +0:12:24 | 0:05:39 / 442 | 0:09:58 / 424 | 0:21:31 / 317 | 0:27:15 / 270 | 0:31:36 / 264 |
| 255      | 3248   | RADOMSKI Kazimierz    | Wołomin / Majdan  | POL       | Kb-rebus.pl                 | 63 M50/10  | M / 242            | 00:42:56  | 04.17      | +0:12:24 | 0:05:43 / 504 | 0:09:56 / 406 | 0:21:44 / 359 | 0:27:39 / 325 | 0:31:54 / 296 |
| 256      | 2575   | DEMIDOWICZ Piotr      | Warszawa          | POL       |                             | 86 M20/82  | M / 243            | 00:42:58  | 04.17      | +0:12:26 | 0:05:04 / 117 | 0:08:55 / 105 | 0:20:06 / 129 | 0:26:18 / 165 | 0:30:55 / 197 |
| 257      | 4006   | DMOWSKI Rafał         | Warszawa          | POL       | Raiffeisen Polbank          | 78 M30/106 | M / 244            | 00:42:59  | 04.17      | +0:12:27 | 0:05:44 / 524 | 0:10:05 / 464 | 0:21:39 / 341 | 0:27:28 / 299 | 0:31:41 / 271 |
| 258      | 3842   | PERZANOWSKI Jakub     | Warszawa          | POL       |                             | 90 M20/83  | M / 245            | 00:43:00  | 04.18      | +0:12:28 | 0:05:28 / 299 | 0:09:34 / 255 | 0:21:11 / 265 | 0:27:07 / 254 | 0:31:29 / 255 |
| 259      | 4859   | DYDEK Kamil           | Ceglów            | POL       | Biegacz Ceglów              | 90 M20/84  | M / 246            | 00:43:02  | 04.18      | +0:12:30 | 0:05:35 / 393 | 0:09:50 / 365 | 0:21:26 / 305 | 0:27:16 / 271 | 0:31:39 / 266 |
| 260      | 6916   | TRONIARZ Marcin       | Raszyn            | POL       |                             | 75 M30/107 | M / 247            | 00:43:03  | 04.18      | +0:12:31 | 0:05:55 / 693 | 0:10:07 / 481 | 0:21:46 / 366 | 0:27:40 / 330 | 0:31:53 / 294 |
| 261      | 5124   | NOWAK Tomasz          | Warszawa          | POL       | Kuźnia Triathlonu           | 73 M40/39  | M / 248            | 00:43:05  | 04.18      | +0:12:33 | 0:05:39 / 435 | 0:10:06 / 477 | 0:21:58 / 403 | 0:27:44 / 339 | 0:32:04 / 315 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club     | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |               |               |               |
|----------|--------|-------------------------|------------------|-----------|-----------------------------|------------|--------------------|-----------|------------|----------|---------------|---------------|---------------|---------------|---------------|
| 262      | 4137   | KUCHTA Piotr            | Warszawa         | POL       |                             | 76 M30/108 | M / 249            | 00:43:06  | 04.18      | +0:12:34 | 0:05:15 / 181 | 0:09:20 / 188 | 0:20:53 / 219 | 0:26:54 / 229 | 0:31:20 / 241 |
| 263      | 4743   | SNARSKI Bogdan          | Józefosław       | POL       | Cze-run-cha                 | 79 M30/109 | M / 250            | 00:43:07  | 04.18      | +0:12:35 | 0:05:18 / 211 | 0:09:24 / 202 | 0:21:01 / 239 | 0:27:02 / 249 | 0:31:27 / 251 |
| 264      | 449    | BIŁAS Maciej            | Besko            | POL       | Sgsp                        | 92 M20/85  | M / 251            | 00:43:08  | 04.18      | +0:12:36 | 0:05:32 / 359 | 0:09:48 / 341 | 0:21:42 / 349 | 0:27:31 / 307 | 0:31:55 / 299 |
| 265      | 4760   | BARSZCZ Marcin          | Warszawa         | POL       | Compas Bike Team            | 82 M30/110 | M / 252            | 00:43:08  | 04.18      | +0:12:36 | 0:05:42 / 489 | 0:09:56 / 404 | 0:21:27 / 307 | 0:27:17 / 272 | 0:31:41 / 270 |
| 266      | 3947   | STANIEWSKI Marcin       | Kielce           | POL       | Kielce                      | 80 M30/111 | M / 253            | 00:43:09  | 04.18      | +0:12:37 | 0:05:57 / 741 | 0:10:29 / 662 | 0:22:11 / 449 | 0:28:03 / 384 | 0:32:15 / 342 |
| 267      | 6451   | MICHALIK Paweł          | Warszawa         | POL       |                             | 87 M20/86  | M / 254            | 00:43:10  | 04.19      | +0:12:38 | 0:04:52 / 64  | 0:08:47 / 86  | 0:20:35 / 176 | 0:26:42 / 208 | 0:31:15 / 230 |
| 268      | 5689   | JALOCHA Waldemar        | Pruszków         | POL       | Piastów                     | 66 M40/40  | M / 255            | 00:43:12  | 04.19      | +0:12:40 | 0:05:31 / 352 | 0:09:44 / 313 | 0:21:22 / 294 | 0:27:21 / 283 | 0:31:43 / 274 |
| 269      | 4781   | PTASZYŃSKI Michał       | Józefów          | POL       | UrządNIK Państwowy          | 76 M30/112 | M / 256            | 00:43:12  | 04.19      | +0:12:40 | 0:05:27 / 286 | 0:09:32 / 239 | 0:21:05 / 248 | 0:27:02 / 248 | 0:31:28 / 252 |
| 270      | 8      | JÓZWIAK Łukasz          |                  | POL       | Asics Polska                | 83 M30/113 | M / 257            | 00:43:13  | 04.19      | +0:12:41 | 0:05:54 / 688 | 0:09:58 / 420 | 0:20:54 / 220 | 0:26:44 / 210 | 0:31:27 / 250 |
| 271      | 3045   | MIESZKOWSKI Damian      | Pułtusk          | POL       |                             | 90 M20/87  | M / 258            | 00:43:13  | 04.19      | +0:12:41 | 0:05:10 / 147 | 0:09:22 / 196 | 0:20:58 / 230 | 0:27:00 / 244 | 0:31:32 / 258 |
| 272      | 4355   | HABER Gizela            | Warszawa         | POL       |                             | 77 K30/7   | K / 14             | 00:43:14  | 04.19      | +0:12:42 | 0:05:35 / 383 | 0:09:45 / 323 | 0:21:29 / 312 | 0:27:18 / 279 | 0:31:37 / 265 |
| 273      | 2626   | GADECKI Artur           | Kielce           | POL       | Fitness Club Tao Kielce     | 76 M30/114 | M / 259            | 00:43:14  | 04.19      | +0:12:42 | 0:05:14 / 177 | 0:09:16 / 165 | 0:20:33 / 171 | 0:26:45 / 212 | 0:31:16 / 231 |
| 274      | 2942   | KURZYDLAK Tomasz        | Belchatów        | POL       | Kb Spartakus Belchatów      | 75 M30/115 | M / 260            | 00:43:15  | 04.19      | +0:12:43 | 0:05:21 / 233 | 0:09:22 / 197 | 0:21:09 / 257 | 0:27:12 / 265 | 0:31:35 / 261 |
| 275      | 4486   | JUREK Przemysław        | Warszawa         | POL       |                             | 78 M30/116 | M / 261            | 00:43:15  | 04.19      | +0:12:43 | 0:05:28 / 305 | 0:09:43 / 309 | 0:21:15 / 271 | 0:27:07 / 253 | 0:31:29 / 256 |
| 276      | 4935   | RACZKOWSKI Filip        | Sochaczew        | POL       | Km Aktywni Sochaczew        | 97 M20/88  | M / 262            | 00:43:20  | 04.20      | +0:12:48 | 0:05:27 / 295 | 0:09:33 / 248 | 0:21:19 / 286 | 0:27:22 / 285 | 0:31:46 / 280 |
| 277      | 5757   | SZAŁKOWSKI Dawid        | Warszawa         | POL       |                             | 78 M30/117 | M / 263            | 00:43:20  | 04.20      | +0:12:48 | 0:05:23 / 258 | 0:09:36 / 265 | 0:21:20 / 288 | 0:27:17 / 273 | 0:31:46 / 281 |
| 278      | 6017   | DULNIAK Dariusz         | Warszawa         | POL       |                             | 75 M30/118 | M / 264            | 00:43:21  | 04.20      | +0:12:49 | 0:05:27 / 287 | 0:09:44 / 314 | 0:21:41 / 347 | 0:27:39 / 324 | 0:31:57 / 304 |
| 279      | 4677   | DĄBROWSKA Dominika      | Warszawa         | POL       |                             | 86 K20/6   | K / 15             | 00:43:22  | 04.20      | +0:12:50 | 0:05:36 / 408 | 0:09:50 / 360 | 0:21:28 / 311 | 0:27:26 / 291 | 0:31:50 / 286 |
| 280      | 3307   | SAWICKI Adam            | Prostki          | POL       | Maratonka Grajewo           | 71 M40/41  | M / 265            | 00:43:22  | 04.20      | +0:12:50 | 0:05:46 / 550 | 0:10:00 / 435 | 0:21:43 / 356 | 0:27:40 / 329 | 0:31:54 / 295 |
| 281      | 3997   | MICHALAK Michał         | Mińsk Mazowiecki | POL       | Mkb Dreptak                 | 72 M40/42  | M / 266            | 00:43:24  | 04.20      | +0:12:52 | 0:05:36 / 396 | 0:09:55 / 402 | 0:21:26 / 303 | 0:27:26 / 290 | 0:31:51 / 290 |
| 282      | 6274   | KULIK Oskar             | Utrecht          | POL       |                             | 90 M20/89  | M / 267            | 00:43:25  | 04.20      | +0:12:53 | 0:05:24 / 263 | 0:09:38 / 281 | 0:21:15 / 272 | 0:27:17 / 275 | 0:31:49 / 285 |
| 283      | 6345   | KOŁACZ Wojciech         | Warszawa         | POL       | Kb Ergo                     | 90 M20/90  | M / 268            | 00:43:25  | 04.20      | +0:12:53 | 0:05:26 / 278 | 0:09:38 / 280 | 0:21:31 / 316 | 0:27:28 / 297 | 0:31:56 / 300 |
| 284      | 3740   | PASZKIEL Sebastian      | Radm             | POL       |                             | 72 M40/43  | M / 269            | 00:43:26  | 04.20      | +0:12:54 | 0:05:25 / 269 | 0:09:35 / 257 | 0:21:09 / 258 | 0:27:11 / 263 | 0:31:39 / 267 |
| 285      | 3935   | GIERASIMIUK Grzegorz    | Warszawa         | POL       |                             | 84 M20/91  | M / 270            | 00:43:26  | 04.20      | +0:12:54 | 0:05:50 / 607 | 0:10:14 / 538 | 0:22:05 / 428 | 0:28:03 / 383 | 0:32:21 / 353 |
| 286      | 4126   | KOSTRZEWSKI Maciej      | Warszawa         | POL       |                             | 81 M30/119 | M / 271            | 00:43:27  | 04.20      | +0:12:55 | 0:05:36 / 401 | 0:09:49 / 357 | 0:21:39 / 339 | 0:27:40 / 331 | 0:32:03 / 314 |
| 287      | 6735   | TERZONI Christian       | Warszawa         | POL       |                             | 82 M30/120 | M / 272            | 00:43:28  | 04.20      | +0:12:56 | 0:05:31 / 337 | 0:09:48 / 347 | 0:21:32 / 321 | 0:27:33 / 314 | 0:31:59 / 307 |
| 288      | 5024   | WALENDZIEWSKI Adam      | Warszawa         | POL       | Aks Polonia                 | 82 M30/121 | M / 273            | 00:43:30  | 04.21      | +0:12:58 | 0:05:36 / 404 | 0:09:55 / 401 | 0:21:43 / 354 | 0:27:47 / 349 | 0:32:08 / 328 |
| 289      | 4403   | GAC Mariusz             | Pilawa           | POL       |                             | 82 M30/122 | M / 274            | 00:43:30  | 04.21      | +0:12:58 | 0:05:51 / 622 | 0:10:28 / 655 | 0:22:22 / 490 | 0:28:17 / 423 | 0:32:42 / 401 |
| 290      | 5810   | WASILCZYK Tomasz        | Elk              | POL       |                             | 91 M20/92  | M / 275            | 00:43:30  | 04.21      | +0:12:58 | 0:05:41 / 478 | 0:10:14 / 542 |               | 0:27:56 / 366 | 0:32:21 / 351 |
| 291      | 2955   | LASKOWSKI Grzegorz      | Wołomin          | POL       | Bóbr Tłuszcz                | 68 M40/44  | M / 276            | 00:43:31  | 04.21      | +0:12:59 | 0:05:25 / 275 | 0:09:38 / 282 | 0:21:09 / 259 | 0:27:09 / 257 | 0:31:40 / 269 |
| 292      | 6857   | DĘBEK Paweł             | Warszawa         | POL       |                             | 85 M20/93  | M / 277            | 00:43:31  | 04.21      | +0:12:59 | 0:05:47 / 555 | 0:10:06 / 474 | 0:21:40 / 342 | 0:27:32 / 311 | 0:31:55 / 298 |
| 293      | 6997   | SIEDLECKI Dariusz       | Warszawa         | POL       |                             | 71 M40/45  | M / 278            | 00:43:32  | 04.21      | +0:13:00 | 0:05:12 / 164 | 0:09:14 / 161 | 0:21:00 / 238 | 0:27:11 / 264 | 0:31:44 / 278 |
| 294      | 4502   | DERLACZ Rafał           | Dąbrowa          | POL       |                             | 72 M40/46  | M / 279            | 00:43:33  | 04.21      | +0:13:01 | 0:05:36 / 397 | 0:09:50 / 359 | 0:21:27 / 309 | 0:27:27 / 296 | 0:31:52 / 292 |
| 295      | 4792   | SZARMACH Kacper         | Gródek           | POL       | Niezrzeszony                | 89 M20/94  | M / 280            | 00:43:34  | 04.21      | +0:13:02 | 0:06:01 / 811 | 0:10:36 / 735 | 0:22:42 / 572 | 0:28:32 / 470 | 0:32:58 / 440 |
| 296      | 6956   | KLEKOWIECKI Marcin      | Warszawa         | POL       | Orange Polska               | 81 M30/123 | M / 281            | 00:43:34  | 04.21      | +0:13:02 | 0:05:45 / 543 | 0:10:19 / 577 | 0:22:02 / 424 | 0:27:59 / 375 | 0:32:26 / 362 |
| 297      | 96     | MAŁOLEPSZY Sławomir     |                  | POL       | Pwpp                        | 80 M30/124 | M / 282            | 00:43:36  | 04.21      | +0:13:04 | 0:05:31 / 335 | 0:09:48 / 342 | 0:21:35 / 326 | 0:27:30 / 304 | 0:31:52 / 291 |
| 298      | 6924   | SZYSZKOWSKI Włodzimierz | Warszawa         | POL       | Duke Nukem Prince Of Warsaw | 68 M40/47  | M / 283            | 00:43:39  | 04.21      | +0:13:07 | 0:05:38 / 431 | 0:10:01 / 440 | 0:21:54 / 389 | 0:27:48 / 350 | 0:32:16 / 343 |
| 299      | 6082   | NIEDZIELA Artur         | Warszawa         | POL       |                             | 74 M30/125 | M / 284            | 00:43:39  | 04.21      | +0:13:07 | 0:05:53 / 658 | 0:10:16 / 556 | 0:21:44 / 361 | 0:27:50 / 353 | 0:32:13 / 337 |
| 300      | 5635   | GOCH Robert             | Piaseczno        | POL       | Kondycja                    | 64 M40/48  | M / 285            | 00:43:39  | 04.21      | +0:13:07 | 0:05:48 / 572 | 0:10:09 / 503 | 0:21:59 / 406 | 0:27:52 / 356 | 0:32:13 / 340 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                  | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |               |               |
|----------|--------|----------------------|------------------|-----------|--|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|---------------|---------------|
| 301      | 4764   | CHADZYŃSKA Zofia     | Płock            | POL       | Tkkf Płock                               | 63 K50/1   | K / 16             | 00:43:40  | 04.22      | +0:13:08 | 0:05:34 / 373  | 0:09:45 / 321  | 0:21:31 / 315  | 0:27:35 / 318 | 0:31:57 / 301 |
| 302      | 142    | TURLEJ Dariusz       | Warszawa         | POL       |  | 57 M50/11  | M / 286            | 00:43:40  | 04.22      | +0:13:08 | 0:05:38 / 429  | 0:09:48 / 349  | 0:21:33 / 323  | 0:27:35 / 319 | 0:31:54 / 297 |
| 303      | 3930   | KAMIONOWSKA Marta    | Warszawa         | POL       |  | 78 K30/8   | K / 17             | 00:43:40  | 04.22      | +0:13:08 | 0:06:06 / 916  | 0:10:30 / 678  | 0:22:09 / 441  | 0:27:56 / 367 | 0:32:16 / 345 |
| 304      | 4262   | SERWICKI Łukasz      | Warszawa         | POL       |  | 86 M20/95  | M / 287            | 00:43:40  | 04.22      | +0:13:09 | 0:05:40 / 461  | 0:10:02 / 447  | 0:21:41 / 344  | 0:27:36 / 320 | 0:31:57 / 303 |
| 305      | 5449   | NIEWIŃSKI Łukasz     | Warszawa         | POL       | Trucht Tarchomin Team                    | 81 M30/126 | M / 288            | 00:43:41  | 04.22      | +0:13:09 | 0:05:54 / 677  | 0:10:36 / 737  | 0:22:18 / 478  | 0:28:15 / 418 | 0:32:39 / 392 |
| 306      | 2561   | DAJCZER Rafał        | Warszawa         | POL       |  | 77 M30/127 | M / 289            | 00:43:41  | 04.22      | +0:13:09 | 0:05:17 / 197  | 0:09:28 / 223  | 0:21:25 / 302  | 0:27:33 / 315 | 0:32:04 / 316 |
| 307      | 5624   | WŁODARSKI Marek      | Warszawa         | POL       |  | 85 M20/96  | M / 290            | 00:43:41  | 04.22      | +0:13:09 | 0:05:06 / 128  | 0:09:13 / 156  | 0:21:09 / 262  | 0:27:18 / 280 | 0:32:00 / 310 |
| 308      | 4856   | ŚWIERCZ Jacek        | Warszawa         | POL       | Byledobiec Anin                          | 69 M40/49  | M / 291            | 00:43:42  | 04.22      | +0:13:10 | 0:05:38 / 423  | 0:09:53 / 386  | 0:21:27 / 310  | 0:27:40 / 326 | 0:32:09 / 329 |
| 309      | 5390   | WIECZOREK Dariusz    | Warszawa         | POL       |  | 67 M40/50  | M / 292            | 00:43:42  | 04.22      | +0:13:10 | 0:05:21 / 240  | 0:09:33 / 250  | 0:21:09 / 256  | 0:27:14 / 266 | 0:31:50 / 289 |
| 310      | 5920   | NITKIEWICZ Marcin    | Pruszków         | POL       | Ptg Sokół Łańcut                         | 84 M20/97  | M / 293            | 00:43:43  | 04.22      | +0:13:11 | 0:05:25 / 273  | 0:09:35 / 260  | 0:21:20 / 291  | 0:27:18 / 278 | 0:31:47 / 283 |
| 311      | 5158   | TOMALAK Przemysław   | Warszawa         | POL       |  | 79 M30/128 | M / 294            | 00:43:43  | 04.22      | +0:13:11 | 0:05:37 / 414  | 0:09:53 / 385  | 0:21:38 / 336  | 0:27:44 / 337 | 0:32:13 / 338 |
| 312      | 2997   | MADETKO Łukasz       | Piaseczno        | POL       | Biarkem Club Piaseczno                   | 85 M20/98  | M / 295            | 00:43:45  | 04.22      | +0:13:13 | 0:05:33 / 367  | 0:09:40 / 296  | 0:21:23 / 297  | 0:27:26 / 294 | 0:31:50 / 287 |
| 313      | 5492   | BRUZDA Wojciech      | Kraków           | POL       | Adwokaci                                 | 87 M20/99  | M / 296            | 00:43:46  | 04.22      | +0:13:14 | 0:05:21 / 234  | 0:09:47 / 333  | 0:21:42 / 348  | 0:27:41 / 333 | 0:32:10 / 333 |
| 314      | 3559   | WITKOWSKI Paweł      | Warszawa         | POL       |  | 79 M30/129 | M / 297            | 00:43:47  | 04.22      | +0:13:15 | 0:05:31 / 340  | 0:09:47 / 336  | 0:21:38 / 337  | 0:27:40 / 327 | 0:32:07 / 325 |
| 315      | 5778   | KACZANOWSKI Mikołaj  | Ożarów           | POL       |  | 80 M30/130 | M / 298            | 00:43:48  | 04.22      | +0:13:16 | 0:05:36 / 410  | 0:09:53 / 384  | 0:21:42 / 351  | 0:27:40 / 328 | 0:32:06 / 324 |
| 316      | 4315   | BIELERZEWSKI Jakub   | Warszawa         | POL       |  | 74 M30/131 | M / 299            | 00:43:49  | 04.22      | +0:13:17 | 0:05:41 / 471  | 0:10:05 / 466  | 0:22:01 / 423  | 0:27:59 / 374 | 0:32:25 / 359 |
| 317      | 4592   | MOTEL Paweł          | Warszawa         | POL       | Aks Polonia                              | 79 M30/132 | M / 300            | 00:43:49  | 04.22      | +0:13:17 | 0:05:36 / 403  | 0:09:58 / 418  | 0:21:52 / 376  | 0:27:55 / 365 | 0:32:18 / 347 |
| 318      | 5800   | POKRZYWNICKI Tomek   | Mysiadło         | POL       |  | 79 M30/133 | M / 301            | 00:43:50  | 04.23      | +0:13:18 | 0:05:29 / 313  | 0:09:30 / 233  | 0:20:46 / 203  | 0:26:48 / 219 | 0:31:23 / 244 |
| 319      | 5170   | MICHAŁSKI Damian     | Warszawa         | POL       |  | 77 M30/134 | M / 302            | 00:43:50  | 04.23      | +0:13:18 | 0:05:19 / 218  | 0:09:28 / 220  | 0:21:08 / 254  | 0:27:11 / 262 | 0:31:48 / 284 |
| 320      | 6762   | DĄBROWSKI Mateusz    | Łomianki         | POL       |  | 88 M20/100 | M / 303            | 00:43:50  | 04.23      | +0:13:18 | 0:05:37 / 417  | 0:10:01 / 437  | 0:21:55 / 390  | 0:27:57 / 368 | 0:32:27 / 368 |
| 321      | 4613   | SMOLIŃSKI Mateusz    | Warszawa         | POL       |  | 85 M20/101 | M / 304            | 00:43:50  | 04.23      | +0:13:18 | 0:05:28 / 301  | 0:09:43 / 310  | 0:21:09 / 260  | 0:26:58 / 239 | 0:31:19 / 238 |
| 322      | 4398   | KOWALCZYK Michał     | Warszawa         | POL       | Wzuj Gdy Dzdzy                           | 78 M30/135 | M / 305            | 00:43:50  | 04.23      | +0:13:18 | 0:05:56 / 725  | 0:10:27 / 635  | 0:22:15 / 469  | 0:28:08 / 396 | 0:32:30 / 374 |
| 323      | 5149   | KOŚCIELSKI Mateusz   | Kąty Węgierskie  | POL       |  | 76 M30/136 | M / 306            | 00:43:51  | 04.23      | +0:13:19 | 0:05:40 / 456  | 0:10:00 / 433  | 0:21:49 / 373  | 0:27:45 / 340 | 0:32:10 / 332 |
| 324      | 5440   | BADOWSKI Aleksander  | Warszawa         | POL       | Aks Polonia Warszawa                     | 84 M20/102 | M / 307            | 00:43:51  | 04.23      | +0:13:19 | 0:05:42 / 487  | 0:09:46 / 327  | 0:21:17 / 281  | 0:27:18 / 277 | 0:31:44 / 277 |
| 325      | 4526   | EL HAJJAMI Zakaria   | Warszawa         | POL       |  | 75 M30/137 | M / 308            | 00:43:51  | 04.23      | +0:13:19 | 0:05:36 / 398  | 0:09:48 / 354  | 0:21:34 / 325  | 0:27:33 / 316 | 0:32:04 / 318 |
| 326      | 3959   | MICHAŁSKI Robert     | Wolomin          | POL       |  | 82 M30/138 | M / 309            | 00:43:52  | 04.23      | +0:13:20 | 0:05:39 / 439  | 0:10:06 / 472  | 0:22:01 / 422  | 0:28:02 / 382 | 0:32:26 / 363 |
| 327      | 5143   | MATCZUK Grzegorz     | Piaseczno        | POL       |  | 71 M40/51  | M / 310            | 00:43:52  | 04.23      | +0:13:20 | 0:05:08 / 137  | 0:09:16 / 167  | 0:21:03 / 243  | 0:27:19 / 281 | 0:31:59 / 308 |
| 328      | 3841   | GRABOWSKI Tomasz     | Warszawa         | POL       | Rebel Scream Team                        | 82 M30/139 | M / 311            | 00:43:52  | 04.23      | +0:13:20 | 0:05:40 / 463  | 0:09:50 / 366  | 0:21:39 / 338  | 0:27:44 / 338 | 0:32:08 / 327 |
| 329      | 4069   | STEFANIAK Adam       | Owczarnia        | POL       | Bayer Life Team                          | 76 M30/140 | M / 312            | 00:43:53  | 04.23      | +0:13:21 | 0:05:28 / 304  | 0:09:42 / 304  | 0:21:30 / 314  | 0:27:28 / 298 | 0:31:59 / 309 |
| 330      | 6033   | BOLIGŁOWA Przemysław | Konin            | POL       |  | 78 M30/141 | M / 313            | 00:43:53  | 04.23      | +0:13:21 | 0:05:41 / 485  | 0:10:08 / 489  | 0:21:59 / 407  | 0:27:54 / 361 | 0:32:24 / 358 |
| 331      | 5445   | TOPOLEWSKI Andrzej   | Warszawa         | POL       |  | 75 M30/142 | M / 314            | 00:43:54  | 04.23      | +0:13:22 | 0:06:41 / 1858 | 0:12:26 / 2320 | 0:25:01 / 1298 | 0:30:42 / 932 | 0:35:30 / 892 |
| 332      | 6652   | TADRZAK Karol        | Ostrolęka        | POL       |  | 77 M30/143 | M / 315            | 00:43:55  | 04.23      | +0:13:23 | 0:05:30 / 320  | 0:09:48 / 345  | 0:21:27 / 308  | 0:27:31 / 308 | 0:32:06 / 321 |
| 333      | 5152   | TRZCIŃSKI Adam       | Pułtusk          | POL       | Xxxiii Dwujęzyczne Lo Im. Mikołaja Koper | 95 M20/103 | M / 316            | 00:43:57  | 04.23      | +0:13:25 | 0:05:42 / 491  | 0:10:06 / 470  | 0:22:09 / 443  | 0:28:12 / 407 | 0:32:40 / 394 |
| 334      | 6640   | OKSIĘDZKI Tomasz     | Brwinów          | POL       | Ralifeisen Leasing Runners / Bbl Warszaw | 89 M20/104 | M / 317            | 00:43:58  | 04.23      | +0:13:26 | 0:05:20 / 223  | 0:09:35 / 262  | 0:21:13 / 270  | 0:27:26 / 293 | 0:32:04 / 317 |
| 335      | 4878   | SACHMATA Robert      | Warszawa         | POL       | Kondycja                                 | 67 M40/52  | M / 318            | 00:43:58  | 04.23      | +0:13:26 | 0:05:48 / 580  | 0:10:11 / 520  | 0:22:00 / 412  | 0:28:05 / 390 | 0:32:29 / 371 |
| 336      | 6873   | MUSZYŃSKI Adam       | Warszawa         | POL       |  | 70 M40/53  | M / 319            | 00:43:58  | 04.23      | +0:13:26 | 0:05:34 / 375  | 0:09:49 / 358  | 0:21:33 / 322  | 0:27:31 / 309 | 0:32:02 / 311 |
| 337      | 5764   | MĄDRY Łukasz         | Ząbki            | POL       |  | 95 M20/105 | M / 320            | 00:43:59  | 04.23      | +0:13:27 | 0:05:03 / 110  | 0:09:09 / 146  | 0:20:56 / 223  | 0:26:55 / 232 | 0:31:30 / 257 |
| 338      | 6815   | BEBELSKI Rafał       | Warszawa         | POL       | Pzu Sport Team                           | 77 M30/144 | M / 321            | 00:43:59  | 04.23      | +0:13:27 | 0:05:55 / 699  | 0:10:28 / 652  | 0:22:23 / 498  | 0:28:24 / 444 | 0:32:48 / 413 |
| 339      | 3380   | STELMACH Agata       | Warszawa         | POL       | Skanska Biega                            | 82 K30/9   | K / 18             | 00:44:00  | 04.24      | +0:13:28 | 0:05:37 / 416  | 0:09:48 / 348  | 0:21:31 / 319  | 0:27:40 / 332 | 0:32:10 / 334 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |                |               |               |
|----------|--------|----------------------|------------------|-----------|----------------------------------|------------|--------------------|-----------|------------|----------|---------------|---------------|----------------|---------------|---------------|
| 340      | 6832   | SZCZEPANIAK Jakub    | Warszawa         | POL       |                                  | 82 M30/145 | M / 322            | 00:44:01  | 04.24      | +0:13:29 | 0:05:05 / 125 | 0:09:00 / 110 | 0:20:55 / 222  | 0:27:11 / 261 | 0:31:45 / 279 |
| 341      | 2400   | ARDZIEWICZ Andrzej   | Sokolka          | POL       |                                  | 90 M20/106 | M / 323            | 00:44:01  | 04.24      | +0:13:29 | 0:05:15 / 182 | 0:09:19 / 182 | 0:21:26 / 306  | 0:27:36 / 321 | 0:32:10 / 331 |
| 342      | 6394   | BUGAJSKI Adam        | Warszawa         | POL       | Ministerstwo Spraw Zagranicznych | 74 M30/146 | M / 324            | 00:44:03  | 04.24      | +0:13:31 | 0:05:19 / 217 | 0:09:25 / 208 | 0:21:20 / 289  | 0:27:31 / 306 | 0:31:59 / 306 |
| 343      | 4258   | JAŻŁO Przemysław     | Warszawa         | POL       | Napieramy.pl                     | 85 M20/107 | M / 325            | 00:44:03  | 04.24      | +0:13:31 | 0:05:17 / 192 | 0:09:29 / 227 | 0:21:19 / 285  | 0:27:29 / 301 | 0:32:02 / 313 |
| 344      | 4928   | GARBIEC Tomek        | Warszawa         | POL       | Targówek                         | 75 M30/147 | M / 326            | 00:44:05  | 04.24      | +0:13:33 | 0:05:36 / 405 | 0:09:44 / 318 | 0:21:18 / 283  | 0:27:31 / 305 | 0:31:59 / 305 |
| 345      | 6975   | MAZURUK Maciej       | Warszawa         | POL       | Awao                             | 70 M40/54  | M / 327            | 00:44:06  | 04.24      | +0:13:34 | 0:05:38 / 427 | 0:09:59 / 429 | 0:21:50 / 375  | 0:27:46 / 347 | 0:32:18 / 349 |
| 346      | 5536   | SZACHNA Piotr        | Warszawa         | POL       | Ekobiegi Targówek                | 73 M40/55  | M / 328            | 00:44:07  | 04.24      | +0:13:35 | 0:05:22 / 248 | 0:09:33 / 242 | 0:21:15 / 273  | 0:27:17 / 274 | 0:31:50 / 288 |
| 347      | 6439   | SICZEK Mikołaj       | Warszawa         | POL       |                                  | 85 M20/108 | M / 329            | 00:44:07  | 04.24      | +0:13:35 | 0:05:53 / 660 | 0:10:31 / 689 | 0:22:36 / 536  | 0:28:36 / 479 | 0:33:01 / 450 |
| 348      | 3655   | BRYŚKIEWICZ Jacek    | Winnica          | POL       | Lider Winnica                    | 83 M30/148 | M / 330            | 00:44:07  | 04.24      | +0:13:35 | 0:05:36 / 399 | 0:09:47 / 332 | 0:21:37 / 333  | 0:27:37 / 322 | 0:32:09 / 330 |
| 349      | 4030   | MARCZUK Kazimierz    | Magdalenka       | POL       | Magdalenka                       | 54 M50/12  | M / 331            | 00:44:08  | 04.24      | +0:13:36 | 0:05:45 / 534 | 0:10:07 / 484 | 0:21:58 / 401  | 0:27:57 / 370 | 0:32:22 / 355 |
| 350      | 3236   | PUACZ Paweł          | Warszawa         | POL       |                                  | 83 M30/149 | M / 332            | 00:44:08  | 04.24      | +0:13:36 | 0:05:36 / 411 | 0:10:02 / 445 | 0:21:59 / 409  | 0:28:00 / 378 | 0:32:31 / 375 |
| 351      | 122    | KUCHARSKI Marek      | Władysławów      | POL       | Agora                            | 74 M30/150 | M / 333            | 00:44:08  | 04.24      | +0:13:36 | 0:05:26 / 282 | 0:09:35 / 258 | 0:21:16 / 279  | 0:27:20 / 282 | 0:31:47 / 282 |
| 352      | 5127   | PAWĘŻKA Krzysztof    | Warszawa         | POL       |                                  | 71 M40/56  | M / 334            | 00:44:08  | 04.24      | +0:13:36 | 0:05:40 / 466 | 0:09:59 / 432 | 0:21:47 / 369  | 0:27:53 / 358 | 0:32:21 / 354 |
| 353      | 6011   | KUMOR Tomasz         | Warszawa         | POL       |                                  | 86 M20/109 | M / 335            | 00:44:09  | 04.24      | +0:13:37 | 0:05:30 / 324 | 0:09:33 / 249 | 0:21:09 / 263  | 0:27:29 / 303 | 0:32:02 / 312 |
| 354      | 5294   | GOTKOWICZ Krzysztof  | Gdańsk           | POL       | Adwokaci                         | 75 M30/151 | M / 336            | 00:44:11  | 04.25      | +0:13:39 | 0:05:29 / 314 | 0:09:51 / 372 | 0:21:42 / 352  | 0:27:46 / 348 | 0:32:16 / 346 |
| 355      | 3894   | ROMANKIEWICZ Maciej  | Warszawa         | POL       |                                  | 84 M20/110 | M / 337            | 00:44:11  | 04.25      | +0:13:39 | 0:05:34 / 378 | 0:09:51 / 373 | 0:21:55 / 391  | 0:27:57 / 369 | 0:32:23 / 357 |
| 356      | 6541   | MATUSIAK Michał      | Warszawa         | POL       |                                  | 86 M20/111 | M / 338            | 00:44:11  | 04.25      | +0:13:39 | 0:05:52 / 637 | 0:10:38 / 761 | 0:52:23 / 4015 | 0:28:23 / 439 | 0:32:55 / 424 |
| 357      | 6866   | BAK Tomasz           | Warszawa         | POL       |                                  | 71 M40/57  | M / 339            | 00:44:12  | 04.25      | +0:13:40 | 0:05:37 / 415 | 0:09:52 / 380 | 0:21:53 / 381  | 0:27:58 / 373 | 0:32:27 / 366 |
| 358      | 3634   | ŻEGARSKI Tomasz      | Legionowo        | POL       |                                  | 78 M30/152 | M / 340            | 00:44:12  | 04.25      | +0:13:40 | 0:05:55 / 708 | 0:10:22 / 600 | 0:22:10 / 447  | 0:28:02 / 379 | 0:32:29 / 373 |
| 359      | 4383   | OSMÓLSKI Jarosław    | Zakościele       | POL       |                                  | 69 M40/58  | M / 341            | 00:44:12  | 04.25      | +0:13:40 | 0:06:04 / 860 | 0:10:36 / 736 |                | 0:28:17 / 424 | 0:32:41 / 395 |
| 360      | 4740   | HARDEJ Mirosław      | Piaseczno        | POL       |                                  | 78 M30/153 | M / 342            | 00:44:12  | 04.25      | +0:13:41 | 0:05:21 / 230 | 0:09:30 / 232 | 0:22:05 / 426  | 0:28:10 / 404 | 0:32:42 / 399 |
| 361      | 100    | ZAWAL Przemysław     | Warszawa         | POL       |                                  | 77 M30/154 | M / 343            | 00:44:13  | 04.25      | +0:13:41 | 0:06:00 / 791 | 0:10:20 / 583 | 0:21:59 / 410  | 0:28:02 / 381 | 0:32:36 / 384 |
| 362      | 6570   | MEYER Marcin         | Warszawa         | POL       | Ekokogeneracja S.a.              | 76 M30/155 | M / 344            | 00:44:15  | 04.25      | +0:13:43 | 0:05:21 / 238 | 0:09:34 / 256 | 0:21:15 / 275  | 0:27:27 / 295 | 0:32:06 / 323 |
| 363      | 3966   | PACHULSKI Jan        | Warszawa         | POL       |                                  | 85 M20/112 | M / 345            | 00:44:17  | 04.25      | +0:13:45 | 0:05:41 / 481 | 0:10:12 / 526 | 0:21:56 / 393  | 0:27:57 / 371 | 0:32:34 / 380 |
| 364      | 6635   | MARSZALEK Marcin     | Warszawa         | POL       |                                  | 80 M30/156 | M / 346            | 00:44:18  | 04.25      | +0:13:46 | 0:05:35 / 384 | 0:09:55 / 398 | 0:21:49 / 372  | 0:27:52 / 355 | 0:32:26 / 361 |
| 365      | 4402   | CHŁOPECKI Mateusz    | Radom            | POL       | Mushin                           | 85 M20/113 | M / 347            | 00:44:20  | 04.26      | +0:13:48 | 0:05:40 / 464 | 0:10:00 / 436 | 0:21:40 / 343  | 0:27:44 / 335 | 0:32:13 / 339 |
| 366      | 6029   | SZYSZKA Sebastian    | Garwolin         | POL       | Truchtacz.pl                     | 71 M40/59  | M / 348            | 00:44:21  | 04.26      | +0:13:49 | 0:06:03 / 836 | 0:10:30 / 680 | 0:22:45 / 583  | 0:28:39 / 491 | 0:33:02 / 451 |
| 367      | 4538   | STACH Dariusz        | Warszawa         | POL       | Raiffeisen Polbank               | 83 M30/157 | M / 349            | 00:44:21  | 04.26      | +0:13:49 | 0:06:03 / 835 | 0:10:30 / 681 | 0:22:48 / 597  | 0:29:24 / 625 | 0:34:17 / 651 |
| 368      | 3665   | WICHOWSKI Dawid      | Pułtusk          | POL       | Lider Winnica                    | 96 M20/114 | M / 350            | 00:44:21  | 04.26      | +0:13:49 | 0:05:30 / 326 | 0:09:42 / 303 | 0:21:24 / 298  | 0:27:32 / 312 | 0:32:06 / 320 |
| 369      | 2389   | AKSAMIT Jakub        | Sochaczew        | POL       |                                  | 88 M20/115 | M / 351            | 00:44:21  | 04.26      | +0:13:49 | 0:05:35 / 394 | 0:09:52 / 377 | 0:22:00 / 416  | 0:28:21 / 432 | 0:32:44 / 407 |
| 370      | 2662   | GOZDALSKI Adam       | Radom            | POL       |                                  | 85 M20/116 | M / 352            | 00:44:22  | 04.26      | +0:13:50 | 0:05:42 / 493 | 0:10:02 / 451 | 0:21:43 / 353  | 0:27:46 / 346 | 0:32:15 / 341 |
| 371      | 4744   | LAPIŃSKA Anna        | Warszawa         | POL       | Podlaski Klub Biegowy            | 89 K20/7   | K / 19             | 00:44:22  | 04.26      | +0:13:50 | 0:05:49 / 591 | 0:10:16 / 559 | 0:22:14 / 460  | 0:28:16 / 422 | 0:32:48 / 414 |
| 372      | 6376   | DARNOWSKI Jacek      | Brwinów          | POL       |                                  | 79 M30/158 | M / 353            | 00:44:23  | 04.26      | +0:13:51 | 0:05:48 / 574 | 0:10:11 / 515 | 0:22:12 / 453  | 0:28:11 / 406 | 0:32:38 / 391 |
| 373      | 6869   | KUBISIAK Marek       | Skierniewice     | POL       |                                  | 77 M30/159 | M / 354            | 00:44:24  | 04.26      | +0:13:52 | 0:05:09 / 144 | 0:09:09 / 148 | 0:20:36 / 177  | 0:26:47 / 215 | 0:31:57 / 302 |
| 374      | 4697   | GORLEWSKI Karol      | Warszawa         | POL       | Sfc Aspoeczni                    | 82 M30/160 | M / 355            | 00:44:24  | 04.26      | +0:13:53 | 0:05:44 / 529 | 0:10:06 / 478 | 0:22:06 / 434  | 0:28:10 / 405 | 0:32:43 / 404 |
| 375      | 2619   | FRAĆ Daniel          | Warszawa         | POL       |                                  | 73 M40/60  | M / 356            | 00:44:26  | 04.26      | +0:13:54 | 0:05:21 / 235 | 0:09:54 / 392 | 0:21:47 / 367  | 0:27:55 / 363 | 0:32:33 / 378 |
| 376      | 6271   | WOJTACZKA Arkadiusz  | Mińsk Mazowiecki | POL       | Osźw Mińsk Mazowiecki            | 73 M40/61  | M / 357            | 00:44:26  | 04.26      | +0:13:54 | 0:05:38 / 432 | 0:09:53 / 383 | 0:21:53 / 383  | 0:28:09 / 398 | 0:32:45 / 410 |
| 377      | 6839   | GNATOWSKI Przemysław | Warszawa         | POL       | Axa Running Team                 | 88 M20/117 | M / 358            | 00:44:27  | 04.26      | +0:13:55 | 0:05:40 / 459 | 0:10:11 / 514 | 0:22:22 / 492  | 0:28:29 / 462 | 0:32:56 / 434 |
| 378      | 3255   | RAKOWSKI Michał      | Kraków           | POL       | Alior Running Team               | 89 M20/118 | M / 359            | 00:44:29  | 04.26      | +0:13:57 | 0:05:42 / 492 | 0:10:07 / 487 | 0:22:14 / 464  | 0:28:21 / 433 | 0:32:57 / 437 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club        | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points  |               |                |               |               |
|----------|--------|-----------------------|------------------|-----------|--------------------------------|---------|--------------------|-----------|------------|----------|---------------|---------------|----------------|---------------|---------------|
| 379      | 4914   | NIEDŹWIADEK Jakub     | Warszawa         | POL       | Azs Ue Poznań                  | 93      | M20/119 M / 360    | 00:44:30  | 04.27      | +0:13:58 | 0:05:42 / 501 | 0:10:04 / 459 | 0:22:01 / 419  | 0:28:05 / 392 | 0:32:38 / 389 |
| 380      | 5893   | WOJTKOWSKI Dariusz    | Malkinia Górna   | POL       | Niezrzeszony                   | 78      | M30/161 M / 361    | 00:44:30  | 04.27      | +0:13:58 | 0:05:39 / 441 | 0:10:01 / 444 | 0:21:58 / 400  | 0:28:03 / 385 | 0:32:37 / 386 |
| 381      | 4602   | DMITRZAK Jarosław     | Sanok            | POL       | 10 Warszawski Pulk Samochodowy | 88      | M20/120 M / 362    | 00:44:30  | 04.27      | +0:13:58 | 0:05:55 / 704 | 0:10:25 / 626 | 0:50:52 / 4014 | 0:28:27 / 456 | 0:32:49 / 415 |
| 382      | 5218   | KOSOWICZ Krzysztof    | Warszawa         | POL       | Adwokaci                       | 76      | M30/162 M / 363    | 00:44:30  | 04.27      | +0:13:58 | 0:05:39 / 440 | 0:10:04 / 461 | 0:21:37 / 330  | 0:27:49 / 351 | 0:32:27 / 365 |
| 383      | 157    | MALEWICZ Adam         | Warszawa         | POL       | Psp Warszawa                   | 74      | M30/163 M / 364    | 00:44:30  | 04.27      | +0:13:58 | 0:05:13 / 171 | 0:09:17 / 170 | 0:21:12 / 267  | 0:27:28 / 300 | 0:32:06 / 322 |
| 384      | 6204   | LATUSZEK Krzysztof    | Otwock           | POL       |                                | 81      | M30/164 M / 365    | 00:44:30  | 04.27      | +0:13:58 | 0:06:03 / 837 | 0:10:37 / 745 | 0:22:38 / 543  | 0:28:40 / 497 | 0:33:06 / 463 |
| 385      | 2567   | DĄBROWSKI Marcin      | Warszawa         | POL       | Obozybiegowe.pl                | 85      | M20/121 M / 366    | 00:44:30  | 04.27      | +0:13:58 | 0:05:59 / 766 | 0:10:25 / 620 | 0:22:41 / 562  | 0:28:49 / 528 | 0:33:09 / 469 |
| 386      | 370    | PKO Pko               |                  | POL       | Pko                            | 13      | M / 367            | 00:44:31  | 04.27      | +0:13:59 | 0:05:18 / 205 | 0:09:28 / 221 | 0:21:23 / 296  | 0:27:39 / 323 | 0:32:21 / 352 |
| 387      | 4632   | SZYMANIAK Adam        | Częstochowa      | POL       |                                | 81      | M30/165 M / 368    | 00:44:31  | 04.27      | +0:13:59 | 0:05:12 / 162 | 0:09:18 / 175 | 0:21:22 / 295  | 0:27:54 / 359 | 0:32:35 / 383 |
| 388      | 4567   | ADAMCZYK Przemysław   | Warszawa         | POL       |                                | 77      | M30/166 M / 369    | 00:44:32  | 04.27      | +0:14:00 | 0:05:56 / 714 | 0:10:27 / 645 | 0:22:38 / 542  | 0:28:39 / 493 | 0:33:01 / 449 |
| 389      | 5922   | PIECHOWICZ Aleksander | Plock            | POL       | Night Runners Plock            | 75      | M30/167 M / 370    | 00:44:32  | 04.27      | +0:14:00 | 0:05:35 / 386 | 0:09:54 / 391 | 0:22:00 / 414  | 0:28:06 / 394 | 0:32:42 / 398 |
| 390      | 3172   | PAWLAK Robert         | Skarżysko-kamien | POL       | Brak                           | 80      | M30/168 M / 371    | 00:44:32  | 04.27      | +0:14:00 | 0:05:51 / 628 | 0:10:14 / 540 | 0:22:14 / 463  | 0:28:21 / 434 | 0:32:50 / 418 |
| 391      | 2670   | GRABOWSKI Maciej      | Plock            | POL       | Night Runners                  | 78      | M30/169 M / 372    | 00:44:32  | 04.27      | +0:14:00 | 0:05:27 / 291 | 0:09:47 / 334 | 0:21:58 / 402  | 0:28:04 / 387 | 0:32:39 / 393 |
| 392      | 5190   | JANUS Iwona           | Warszawa         | POL       |                                | 83      | K30/10 K / 20      | 00:44:32  | 04.27      | +0:14:00 | 0:05:54 / 672 | 0:10:22 / 597 | 0:22:35 / 531  | 0:28:40 / 498 | 0:33:09 / 468 |
| 393      | 4529   | NAROJCZYK Arkadiusz   | Maków-mazowiecki | POL       |                                | 75      | M30/170 M / 373    | 00:44:32  | 04.27      | +0:14:00 | 0:05:47 / 570 | 0:10:19 / 572 | 0:22:14 / 461  | 0:28:24 / 445 | 0:32:47 / 412 |
| 394      | 6813   | FIKUS Tomasz          | Warszawa         | POL       | Pzu Sport Team                 | 83      | M30/171 M / 374    | 00:44:32  | 04.27      | +0:14:00 | 0:05:42 / 494 | 0:10:14 / 546 | 0:22:12 / 454  | 0:28:12 / 411 | 0:32:42 / 396 |
| 395      | 4867   | WALASEK Paweł         | Warszawa         | POL       |                                | 73      | M40/62 M / 375     | 00:44:33  | 04.27      | +0:14:01 | 0:05:14 / 179 | 0:09:27 / 210 | 0:21:31 / 318  | 0:27:46 / 344 | 0:32:18 / 348 |
| 396      | 4471   | KOSIEC Maciej         | Warszawa         | POL       |                                | 76      | M30/172 M / 376    | 00:44:33  | 04.27      | +0:14:01 | 0:05:31 / 334 | 0:09:52 / 378 | 0:21:52 / 377  | 0:28:00 / 377 | 0:32:35 / 381 |
| 397      | 4482   | ZĘGOTA Grzegorz       | Warszawa         | POL       | Astmatycznre Grubasy           | 72      | M40/63 M / 377     | 00:44:34  | 04.27      | +0:14:02 | 0:05:37 / 419 | 0:09:55 / 395 | 0:21:53 / 382  | 0:27:53 / 357 | 0:32:27 / 367 |
| 398      | 3440   | SZUDER Krzysztof      | Warszawa         | POL       |                                | 85      | M20/122 M / 378    | 00:44:35  | 04.27      | +0:14:03 | 0:05:57 / 731 | 0:10:27 / 636 | 0:23:15 / 713  | 0:29:10 / 588 | 0:33:36 / 545 |
| 399      | 5548   | ANDRASIK Piotr        | Nowy Dwór        | POL       |                                | 86      | M20/123 M / 379    | 00:44:35  | 04.27      | +0:14:03 | 0:05:49 / 590 | 0:10:30 / 673 | 0:22:30 / 518  | 0:28:36 / 477 | 0:33:08 / 467 |
| 400      | 292    | GODLEWSKI Jarosław    | Warszawa         | POL       | Pko                            | 72      | M40/64 M / 380     | 00:44:35  | 04.27      | +0:14:03 | 0:06:03 / 854 | 0:10:32 / 697 | 0:22:23 / 495  | 0:28:26 / 454 | 0:32:56 / 432 |
| 401      | 6228   | FURMANIAK Paweł       | Warszawa         | POL       |                                | 83      | M30/173 M / 381    | 00:44:36  | 04.27      | +0:14:04 | 0:05:56 / 728 | 0:10:31 / 686 | 0:22:40 / 556  | 0:28:45 / 514 | 0:33:14 / 486 |
| 402      | 4270   | SULIK Agnieszka       | Opacz Kolonia    | POL       | Dead On Arrival                | 86      | K20/8 K / 21       | 00:44:36  | 04.27      | +0:14:04 | 0:05:39 / 449 | 0:09:59 / 428 | 0:21:44 / 358  | 0:27:50 / 352 | 0:32:25 / 360 |
| 403      | 4605   | SUCHNER Radosław      | Feliksow         | POL       |                                | 73      | M40/65 M / 382     | 00:44:37  | 04.27      | +0:14:05 | 0:05:18 / 202 | 0:09:29 / 226 | 0:21:35 / 327  | 0:27:46 / 345 | 0:32:16 / 344 |
| 404      | 2935   | KUPIDURA Kamil        | Radom            | POL       |                                | 82      | M30/174 M / 383    | 00:44:38  | 04.27      | +0:14:06 | 0:05:30 / 316 | 0:09:44 / 312 | 0:21:17 / 282  | 0:27:24 / 287 | 0:32:12 / 335 |
| 405      | 63     | SKWIRUT Michał        |                  | POL       | Metro Warszawa                 | 76      | M30/175 M / 384    | 00:44:38  | 04.27      | +0:14:06 | 0:05:28 / 306 | 0:09:53 / 381 | 0:22:16 / 471  | 0:28:22 / 438 | 0:32:58 / 439 |
| 406      | 3875   | SZANIAWSKI Wojciech   | Warszawa         | POL       |                                | 73      | M40/66 M / 385     | 00:44:38  | 04.27      | +0:14:06 | 0:05:59 / 769 | 0:10:24 / 615 | 0:22:09 / 442  | 0:28:15 / 419 | 0:32:49 / 416 |
| 407      | 6386   | ŚCISŁOWSKI Norbert    | Warka            | POL       |                                | 82      | M30/176 M / 386    | 00:44:39  | 04.27      | +0:14:07 | 0:05:55 / 710 | 0:10:11 / 512 | 0:21:52 / 378  | 0:28:05 / 389 | 0:32:33 / 377 |
| 408      | 3700   | ZAWISTOWSKI Konrad    | Piaseczno        | POL       |                                | 86      | M20/124 M / 387    | 00:44:40  | 04.28      | +0:14:08 | 0:06:00 / 784 | 0:10:31 / 687 | 0:22:13 / 458  | 0:28:19 / 426 | 0:32:52 / 420 |
| 409      | 4408   | PACURKOWSKI Marcin    | Warszawa         | POL       |                                | 78      | M30/177 M / 388    | 00:44:41  | 04.28      | +0:14:09 | 0:05:28 / 303 | 0:09:39 / 285 | 0:21:25 / 301  | 0:27:34 / 317 | 0:32:07 / 326 |
| 410      | 3580   | WÓJCIK Marek          | Opatów           | POL       |                                | 66      | M40/67 M / 389     | 00:44:42  | 04.28      | +0:14:10 | 0:05:35 / 387 | 0:09:54 / 390 | 0:21:59 / 405  | 0:28:05 / 391 | 0:32:34 / 379 |
| 411      | 3857   | ZABROCKI Adam         | Warszawa         | POL       |                                | 75      | M30/178 M / 390    | 00:44:42  | 04.28      | +0:14:10 | 0:05:47 / 559 | 0:10:19 / 574 | 0:22:29 / 514  | 0:28:37 / 486 | 0:33:05 / 460 |
| 412      | 3374   | STARACHOWSKI Łukasz   | Ostrowiec        | POL       |                                | 82      | M30/179 M / 391    | 00:44:43  | 04.28      | +0:14:11 | 0:05:29 / 307 | 0:09:48 / 353 | 0:21:54 / 384  | 0:28:09 / 400 | 0:32:42 / 400 |
| 413      | 6323   | FRANKOWSKI Adam       | Warszawa         | POL       |                                | 87      | M20/125 M / 392    | 00:44:43  | 04.28      | +0:14:11 | 0:05:47 / 560 | 0:10:17 / 565 | 0:22:39 / 553  | 0:28:46 / 522 | 0:33:15 / 487 |
| 414      | 6056   | LABIŃSKI Michał       | Warszawa         | POL       |                                | 93      | M20/126 M / 393    | 00:44:43  | 04.28      | +0:14:11 | 0:05:39 / 438 | 0:10:02 / 448 | 0:22:16 / 472  | 0:28:27 / 457 | 0:33:00 / 445 |
| 415      | 6442   | AWSIUKIEWICZ Marek    | Karczew          | POL       | 12tri.pl                       | 72      | M40/68 M / 394     | 00:44:43  | 04.28      | +0:14:11 | 0:05:58 / 748 | 0:10:27 / 637 | 0:22:38 / 544  | 0:28:41 / 500 | 0:33:11 / 476 |
| 416      | 3385   | STĘPIEŃ Leszek        | Wołomin          | POL       | Bóbr Tluszcz                   | 78      | M30/180 M / 395    | 00:44:44  | 04.28      | +0:14:12 | 0:06:00 / 782 | 0:10:20 / 582 | 0:22:27 / 508  | 0:28:31 / 468 | 0:32:53 / 422 |
| 417      | 6247   | KROLL Marcin          | Warszawa         | POL       | 12tri.pl                       | 88      | M20/127 M / 396    | 00:44:45  | 04.28      | +0:14:13 | 0:05:39 / 436 | 0:10:02 / 446 | 0:22:09 / 444  | 0:28:21 / 435 | 0:33:04 / 455 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club   | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |               |               |               |
|----------|--------|----------------------|------------------|-----------|---------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|---------------|---------------|---------------|
| 418      | 978    | SUCHECKI Adam        | Warszawa         | POL       | Passe Partout             | 82      | M30/181 M / 397    | 00:44:45  | 04.28      | +0:14:13 | 0:05:32 / 363  | 0:09:56 / 408  | 0:22:01 / 418 | 0:28:12 / 409 | 0:32:43 / 402 |
| 419      | 6800   | SADOWSKI Michał      | Pruszków         | POL       |                           | 82      | M30/182 M / 398    | 00:44:46  | 04.28      | +0:14:14 | 0:05:30 / 322  | 0:09:50 / 362  | 0:21:41 / 346 | 0:27:45 / 341 | 0:32:28 / 369 |
| 420      | 4198   | ZIELIŃSKI Michał     | Warszawa         | POL       |                           | 88      | M20/128 M / 399    | 00:44:47  | 04.28      | +0:14:15 | 0:06:24 / 1377 | 0:11:14 / 1206 | 0:23:35 / 808 | 0:29:31 / 663 | 0:33:47 / 573 |
| 421      | 3832   | KOWALIK Witold       | Warszawa         | POL       |                           | 85      | M20/129 M / 400    | 00:44:47  | 04.28      | +0:14:15 | 0:06:00 / 783  | 0:10:37 / 754  | 0:22:41 / 567 | 0:28:46 / 518 | 0:33:14 / 482 |
| 422      | 5195   | LASIŃSKI Marcin      | Warszawa         | POL       | Klub Sportowy Polska      | 79      | M30/183 M / 401    | 00:44:47  | 04.28      | +0:14:15 | 0:05:30 / 323  | 0:09:45 / 320  | 0:21:42 / 350 | 0:28:02 / 380 | 0:32:37 / 388 |
| 423      | 3283   | ROŻEK Gerard         | Olecko           | POL       |                           | 76      | M30/184 M / 402    | 00:44:47  | 04.28      | +0:14:15 | 0:05:22 / 246  | 0:09:48 / 351  | 0:22:15 / 466 | 0:28:26 / 451 | 0:32:57 / 435 |
| 424      | 6248   | MROCZEK Patryk       | Rumia            | POL       |                           | 92      | M20/130 M / 403    | 00:44:47  | 04.28      | +0:14:15 | 0:05:41 / 476  | 0:10:04 / 463  | 0:22:12 / 455 | 0:28:23 / 441 | 0:33:05 / 458 |
| 425      | 2539   | CYGANEK Mateusz      | Aleksandrów      | POL       |                           | 87      | M20/131 M / 404    | 00:44:48  | 04.28      | +0:14:16 | 0:05:45 / 535  | 0:10:14 / 537  | 0:22:24 / 500 | 0:28:30 / 463 | 0:33:06 / 462 |
| 426      | 4422   | DOMAŃSKI Piotr       | Warszawa         | POL       | Raiffeisen Polbank        | 82      | M30/185 M / 405    | 00:44:49  | 04.28      | +0:14:17 | 0:05:39 / 447  | 0:10:06 / 469  | 0:22:28 / 511 | 0:28:36 / 480 | 0:33:10 / 474 |
| 427      | 6748   | ŁASZCZUK Witold      | Warszawa         | POL       | Aks Polonia               | 59      | M50/13 M / 406     | 00:44:49  | 04.28      | +0:14:17 | 0:05:41 / 472  | 0:09:56 / 412  | 0:21:57 / 397 | 0:28:04 / 386 | 0:32:38 / 390 |
| 428      | 5673   | KOŁODZIEJ Mariusz    | Warszawa         | POL       |                           | 76      | M30/186 M / 407    | 00:44:49  | 04.28      | +0:14:17 | 0:05:31 / 341  | 0:10:06 / 471  | 0:22:13 / 459 | 0:28:16 / 421 | 0:32:53 / 421 |
| 429      | 3951   | STOPA Stanisław      | Gaj              | POL       |                           | 73      | M40/69 M / 408     | 00:44:49  | 04.28      | +0:14:17 | 0:05:29 / 311  | 0:09:50 / 361  | 0:21:54 / 388 | 0:28:09 / 399 | 0:32:45 / 409 |
| 430      | 4095   | REDLICKI Grzegorz    | Kwirynow         | POL       |                           | 62      | M50/14 M / 409     | 00:44:49  | 04.28      | +0:14:17 | 0:05:49 / 584  | 0:10:08 / 491  | 0:22:20 / 482 | 0:28:19 / 428 | 0:32:43 / 403 |
| 431      | 489    | WIECZOREK Jacek      | Warszawa         | POL       |                           | 75      | M30/187 M / 410    | 00:44:49  | 04.28      | +0:14:17 | 0:05:38 / 433  | 0:10:03 / 454  | 0:22:35 / 530 | 0:28:38 / 490 | 0:33:01 / 448 |
| 432      | 2844   | KONDRAK Jan          | Świdnik          | POL       | Lubelska Federacja Bardów | 59      | M50/15 M / 411     | 00:44:50  | 04.29      | +0:14:18 | 0:05:39 / 448  | 0:09:53 / 388  | 0:21:36 / 328 | 0:27:45 / 343 | 0:32:23 / 356 |
| 433      | 4384   | DYMEK Paweł          | Warszawa         | POL       |                           | 81      | M30/188 M / 412    | 00:44:51  | 04.29      | +0:14:19 | 0:06:09 / 973  | 0:10:35 / 734  | 0:22:42 / 568 | 0:28:50 / 530 | 0:33:16 / 491 |
| 434      | 475    | GRABOWSKI Krzysztof  |                  | POL       | Staż Miejska              | 13      | M / 413            | 00:44:52  | 04.29      | +0:14:20 | 0:05:45 / 537  | 0:10:16 / 557  | 0:22:00 / 413 | 0:28:05 / 388 | 0:32:37 / 387 |
| 435      | 4518   | ŻEBROWSKI Radosław   | Legionowo        | POL       |                           | 81      | M30/189 M / 414    | 00:44:52  | 04.29      | +0:14:20 | 0:05:19 / 222  | 0:09:33 / 247  | 0:21:43 / 355 | 0:28:00 / 376 | 0:32:44 / 405 |
| 436      | 6101   | JEŻÓŁKOWSKI Piotr    | Józefosław       | POL       |                           | 72      | M40/70 M / 415     | 00:44:53  | 04.29      | +0:14:21 | 0:05:53 / 652  | 0:10:17 / 563  | 0:22:29 / 515 | 0:28:35 / 476 | 0:33:00 / 447 |
| 437      | 2430   | BEDNARSKI Piotr      | Kielce           | POL       | Szuranie.pl               | 80      | M30/190 M / 416    | 00:44:54  | 04.29      | +0:14:22 | 0:06:10 / 1001 | 0:10:39 / 775  | 0:22:44 / 579 | 0:28:42 / 503 | 0:33:16 / 490 |
| 438      | 4420   | SZULC Krzysztof      | Warszawa         | POL       |                           | 69      | M40/71 M / 417     | 00:44:54  | 04.29      | +0:14:22 | 0:05:31 / 343  | 0:09:46 / 328  | 0:21:54 / 386 | 0:28:12 / 408 | 0:32:49 / 417 |
| 439      | 4334   | SZPANOWSKI Piotr     | Ożarów           | POL       | Wąsy Króla Jana           | 73      | M40/72 M / 418     | 00:44:54  | 04.29      | +0:14:22 | 0:05:40 / 453  | 0:10:00 / 434  | 0:22:07 / 435 | 0:28:19 / 429 | 0:32:56 / 429 |
| 440      | 6411   | WIELGOSZ Filip       | Garwolin         | POL       | Truchtacz.pl              | 94      | M20/132 M / 419    | 00:44:56  | 04.29      | +0:14:24 | 0:06:06 / 908  | 0:10:35 / 732  | 0:22:48 / 594 | 0:28:43 / 505 | 0:33:14 / 485 |
| 441      | 6074   | ZYCHEWICZ Maciej     | Warszawa         | POL       | Accelerate                | 83      | M30/191 M / 420    | 00:44:56  | 04.29      | +0:14:24 | 0:05:18 / 201  | 0:09:30 / 231  | 0:21:37 / 331 | 0:28:19 / 427 | 0:32:56 / 428 |
| 442      | 6658   | KRZYCKI Rafał        | Warszawa         | POL       | Kb Ergo                   | 77      | M30/192 M / 421    | 00:44:57  | 04.29      | +0:14:25 | 0:05:57 / 745  | 0:10:24 / 616  | 0:22:33 / 527 | 0:28:40 / 496 | 0:33:09 / 471 |
| 443      | 6642   | ZAWADZKI Kamil       | Warszawa         | POL       |                           | 79      | M30/193 M / 422    | 00:44:57  | 04.29      | +0:14:25 | 0:05:34 / 376  | 0:09:56 / 410  | 0:21:46 / 365 | 0:27:54 / 360 | 0:32:28 / 370 |
| 444      | 6981   | BUDZYŃSKI Krzysztof  | Warszawa         | POL       |                           | 85      | M20/133 M / 423    | 00:44:58  | 04.29      | +0:14:26 | 0:05:50 / 610  | 0:10:14 / 543  | 0:22:08 / 439 | 0:28:14 / 414 | 0:32:50 / 419 |
| 445      | 5974   | WESOŁOWSKI Mariusz   | Warszawa         | POL       |                           | 84      | M20/134 M / 424    | 00:44:58  | 04.29      | +0:14:26 | 0:05:32 / 357  | 0:09:45 / 324  | 0:22:04 / 425 | 0:28:24 / 443 | 0:32:56 / 433 |
| 446      | 3503   | URBANOWICZ Kamil     | Józefosław       | POL       |                           | 79      | M30/194 M / 425    | 00:44:59  | 04.29      | +0:14:27 | 0:05:47 / 561  | 0:10:13 / 532  | 0:22:19 / 479 | 0:28:31 / 467 | 0:33:08 / 466 |
| 447      | 3617   | ZIMNIAK Łukasz       | Oleśnica         | POL       | Kb Szerszeń Oleśnica      | 81      | M30/195 M / 426    | 00:45:00  | 04.30      | +0:14:28 | 0:05:17 / 196  | 0:09:37 / 269  | 0:22:07 / 437 | 0:28:25 / 448 | 0:33:02 / 452 |
| 448      | 4021   | JASKÓŁOWSKI Waldemar | Warszawa         | POL       |                           | 69      | M40/73 M / 427     | 00:45:00  | 04.30      | +0:14:28 | 0:05:35 / 389  | 0:09:59 / 431  | 0:22:00 / 417 | 0:28:10 / 403 | 0:32:44 / 406 |
| 449      | 4854   | WOŹNIAK Jan          | Warszawa         | POL       | Aks Polonia               | 80      | M30/196 M / 428    | 00:45:01  | 04.30      | +0:14:29 | 0:06:27 / 1459 | 0:10:59 / 1005 | 0:23:00 / 645 | 0:29:00 / 555 | 0:33:25 / 513 |
| 450      | 145    | POJAWA Tomasz        |                  | POL       | Festiwal Biegowy          | 73      | M40/74 M / 429     | 00:45:01  | 04.30      | +0:14:29 | 0:05:38 / 425  | 0:09:56 / 409  | 0:21:49 / 374 | 0:28:10 / 402 | 0:33:02 / 453 |
| 451      | 6352   | JANKOWSKI Eugeniusz  | Puławy           | POL       | Opec -puławy              | 54      | M50/16 M / 430     | 00:45:01  | 04.30      | +0:14:29 | 0:05:58 / 759  | 0:10:27 / 641  | 0:22:42 / 571 | 0:28:51 / 532 | 0:33:16 / 492 |
| 452      | 5341   | SERAFIN Tomasz       | Warszawa         | POL       |                           | 79      | M30/197 M / 431    | 00:45:03  | 04.30      | +0:14:31 | 0:05:46 / 546  | 0:10:12 / 524  | 0:22:19 / 480 | 0:28:26 / 453 | 0:32:58 / 438 |
| 453      | 5368   | LIK Michał           | Chełm            | POL       |                           | 97      | M20/135 M / 432    | 00:45:03  | 04.30      | +0:14:31 | 0:05:13 / 169  | 0:09:19 / 178  | 0:21:03 / 245 | 0:27:44 / 336 | 0:32:19 / 350 |
| 454      | 2480   | BOŻYM Adam           | Świdnik          | POL       |                           | 94      | M20/136 M / 433    | 00:45:04  | 04.30      | +0:14:32 | 0:05:43 / 508  | 0:09:59 / 430  | 0:21:19 / 287 | 0:27:04 / 250 | 0:31:28 / 253 |
| 455      | 2510   | CHEBA Jacek          | Opatów           | POL       |                           | 70      | M40/75 M / 434     | 00:45:04  | 04.30      | +0:14:32 | 0:05:52 / 639  | 0:10:16 / 558  | 0:22:12 / 456 | 0:28:18 / 425 | 0:32:55 / 427 |
| 456      | 4959   | DALASIŃSKI Jan       | Warszawa         | POL       |                           | 62      | M50/17 M / 435     | 00:45:04  | 04.30      | +0:14:32 | 0:05:21 / 231  | 0:09:32 / 240  | 0:21:13 / 268 | 0:27:22 / 284 | 0:31:53 / 293 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club     | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |               |               |               |
|----------|--------|-------------------------|------------------|-----------|-----------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|---------------|---------------|---------------|
| 457      | 4485   | WOLSKI Wojciech         | Warszawa         | POL       |                             | 72 M40/76  | M / 436            | 00:45:04  | 04.30      | +0:14:32 | 0:05:46 / 549  | 0:10:04 / 460  | 0:22:01 / 420 | 0:28:22 / 437 | 0:32:56 / 430 |
| 458      | 6618   | STYPIŃSKI Marek         | Warszawa         | POL       | Aviva Running Team          | 67 M40/77  | M / 437            | 00:45:06  | 04.30      | +0:14:34 | 0:05:43 / 513  | 0:10:11 / 513  | 0:22:12 / 457 | 0:28:25 / 450 | 0:33:09 / 470 |
| 459      | 6692   | ZARADZKI Piotr          | Marki            | POL       |                             | 77 M30/198 | M / 438            | 00:45:06  | 04.30      | +0:14:34 | 0:06:16 / 1172 | 0:11:02 / 1029 | 0:23:35 / 806 | 0:29:33 / 671 | 0:33:55 / 592 |
| 460      | 3298   | SACHARCZUK Kacper       | Łuków            | POL       | Kb Orleża Łuków             | 87 M20/137 | M / 439            | 00:45:07  | 04.30      | +0:14:35 | 0:06:15 / 1128 | 0:10:57 / 978  | 0:23:20 / 732 | 0:29:26 / 638 | 0:33:53 / 588 |
| 461      | 3805   | KONKOWSKI Krzysztof     | Warszawa         | POL       |                             | 84 M20/138 | M / 440            | 00:45:09  | 04.30      | +0:14:37 | 0:06:07 / 922  | 0:10:27 / 643  | 0:22:30 / 521 | 0:28:44 / 511 | 0:33:17 / 494 |
| 462      | 3426   | SZEWCZYK Jarosław       | Nowy Bedoń       | POL       |                             | 74 M30/199 | M / 441            | 00:45:09  | 04.30      | +0:14:37 | 0:05:40 / 462  | 0:10:06 / 475  | 0:22:14 / 465 | 0:28:31 / 466 | 0:33:10 / 472 |
| 463      | 6231   | DYGDON Przemysław       | Warszawa         | POL       | Accelerate                  | 74 M30/200 | M / 442            | 00:45:10  | 04.31      | +0:14:38 | 0:05:24 / 262  | 0:09:38 / 279  | 0:21:24 / 299 | 0:27:42 / 334 | 0:32:26 / 364 |
| 464      | 6008   | MACIEJKO Mikołaj        | Piaseczno        | POL       |                             | 73 M40/78  | M / 443            | 00:45:11  | 04.31      | +0:14:39 | 0:05:39 / 443  | 0:09:58 / 422  | 0:22:05 / 430 | 0:28:24 / 447 | 0:32:59 / 442 |
| 465      | 4909   | KOWALSKI Michał         | Warszawa         | POL       | Tg Sokół Zakopane           | 92 M20/139 | M / 444            | 00:45:11  | 04.31      | +0:14:39 | 0:05:50 / 603  | 0:10:08 / 494  | 0:22:33 / 528 | 0:28:40 / 495 | 0:33:07 / 465 |
| 466      | 5750   | KISSIN Filip            | Warszawa         | POL       |                             | 90 M20/140 | M / 445            | 00:45:11  | 04.31      | +0:14:39 | 0:05:52 / 643  | 0:10:43 / 817  | 0:22:59 / 642 | 0:29:08 / 579 | 0:33:46 / 571 |
| 467      | 3594   | ZAJĄC Radosław          | Lublin           | POL       | Politechnika Lubelska Biega | 88 M20/141 | M / 446            | 00:45:12  | 04.31      | +0:14:40 | 0:05:29 / 308  | 0:09:57 / 415  | 0:22:15 / 468 | 0:28:34 / 475 | 0:33:11 / 475 |
| 468      | 6192   | PACIORKOWSKI Michał     | Radzymin         | POL       |                             | 77 M30/201 | M / 447            | 00:45:12  | 04.31      | +0:14:40 | 0:06:01 / 798  | 0:10:39 / 774  | 0:22:26 / 507 | 0:28:40 / 499 | 0:33:21 / 505 |
| 469      | 5705   | GRABOWSKI Robert        | Warszawa         | POL       |                             | 82 M30/202 | M / 448            | 00:45:12  | 04.31      | +0:14:40 | 0:05:55 / 712  | 0:10:27 / 639  | 0:22:42 / 569 | 0:28:48 / 527 | 0:33:24 / 510 |
| 470      | 2523   | CHRUŚLIŃSKI Piotr       | Łódź             | POL       | Vege Runners                | 85 M20/142 | M / 449            | 00:45:12  | 04.31      | +0:14:40 | 0:05:39 / 434  | 0:09:56 / 403  | 0:22:01 / 421 | 0:28:15 / 420 | 0:32:54 / 423 |
| 471      | 2931   | KULIS Grzegorz          | Warszawa         | POL       |                             | 85 M20/143 | M / 450            | 00:45:13  | 04.31      | +0:14:41 | 0:05:59 / 775  | 0:10:39 / 773  | 0:22:55 / 626 | 0:29:03 / 565 | 0:33:36 / 542 |
| 472      | 3010   | MAŃKOWSKI Krzysztof     | Olsztyn          | POL       | Breakfast Team              | 84 M20/144 | M / 451            | 00:45:14  | 04.31      | +0:14:42 | 0:05:31 / 356  | 0:09:46 / 330  | 0:21:55 / 392 | 0:28:14 / 416 | 0:32:57 / 436 |
| 473      | 3867   | BOGUĆKA Agata           | Warszawa         | POL       |                             | 85 K20/9   | K / 22             | 00:45:15  | 04.31      | +0:14:43 | 0:05:29 / 310  | 0:09:44 / 319  | 0:21:46 / 364 | 0:28:22 / 436 | 0:32:56 / 431 |
| 474      | 3986   | KLEIN Bartosz           | Warszawa         | POL       | Aks Polonia                 | 80 M30/203 | M / 452            | 00:45:15  | 04.31      | +0:14:43 | 0:05:31 / 336  | 0:09:41 / 302  | 0:21:41 / 345 | 0:27:55 / 364 | 0:32:36 / 385 |
| 475      | 2544   | CZAPSKI Tomasz          | Sochaczew        | POL       | Km Aktywni Sochaczew        | 80 M30/204 | M / 453            | 00:45:17  | 04.31      | +0:14:45 | 0:06:16 / 1178 | 0:10:56 / 973  | 0:23:23 / 749 | 0:29:24 / 626 | 0:33:45 / 570 |
| 476      | 5375   | CIEĆWIERZ Dariusz       | Blonie           | POL       | Lks Olymp Blonie            | 77 M30/205 | M / 454            | 00:45:17  | 04.31      | +0:14:45 | 0:05:23 / 260  | 0:09:39 / 287  | 0:21:58 / 404 | 0:28:15 / 417 | 0:32:55 / 425 |
| 477      | 390    | SKOMOROWSKI Dominik     | Goldap           | POL       | Łowcy Przygód Goldap        | 74 M30/206 | M / 455            | 00:45:17  | 04.31      | +0:14:45 | 0:05:31 / 345  | 0:09:50 / 364  | 0:21:52 / 379 | 0:28:08 / 395 | 0:32:46 / 411 |
| 478      | 5120   | LIPOWSKI Filip          | Łask             | POL       |                             | 86 M20/145 | M / 456            | 00:45:18  | 04.31      | +0:14:46 | 0:05:44 / 525  | 0:10:25 / 625  | 0:22:32 / 525 | 0:28:40 / 494 | 0:33:17 / 493 |
| 479      | 3837   | MYŚLIWIEC Daniel        | Warszawa         | POL       |                             | 85 M20/146 | M / 457            | 00:45:18  | 04.31      | +0:14:46 | 0:05:59 / 767  | 0:10:31 / 695  | 0:22:49 / 603 | 0:28:59 / 553 | 0:33:28 / 522 |
| 480      | 188    | BAWÓL Maciej            |                  | POL       | Pzła                        | 13         | M / 458            | 00:45:19  | 04.31      | +0:14:47 | 0:05:19 / 214  | 0:09:41 / 299  | 0:22:05 / 429 | 0:28:26 / 452 | 0:33:10 / 473 |
| 481      | 4378   | ŁOPIŃSKI Radosław       | Warszawa         | POL       |                             | 74 M30/207 | M / 459            | 00:45:19  | 04.31      | +0:14:47 | 0:05:38 / 422  | 0:09:55 / 396  | 0:21:56 / 394 | 0:28:14 / 415 | 0:33:05 / 457 |
| 482      | 4143   | KSYNA Bogusław          | Kamion Mały      | POL       | Osp Kamion                  | 56 M50/18  | M / 460            | 00:45:20  | 04.32      | +0:14:48 | 0:05:42 / 500  | 0:09:59 / 425  | 0:22:05 / 427 | 0:28:37 / 485 | 0:33:07 / 464 |
| 483      | 4757   | PALUCH Dariusz          | Grójec           | POL       |                             | 76 M30/208 | M / 461            | 00:45:20  | 04.32      | +0:14:48 | 0:05:32 / 365  | 0:09:50 / 363  | 0:21:44 / 360 | 0:27:52 / 354 | 0:32:32 / 376 |
| 484      | 4248   | KOCIELNIK Łukasz        | Żyrardów         | POL       | Międzyborów                 | 92 M20/147 | M / 462            | 00:45:22  | 04.32      | +0:14:51 | 0:05:34 / 377  | 0:09:47 / 340  | 0:21:26 / 304 | 0:27:45 / 342 | 0:32:29 / 372 |
| 485      | 6787   | SOBOLEWSKI Łukasz       | Chotomów         | POL       | Grupa Biegowa Chtmo         | 82 M30/209 | M / 463            | 00:45:23  | 04.32      | +0:14:51 | 0:05:52 / 632  | 0:10:32 / 699  | 0:23:11 / 694 | 0:29:21 / 615 | 0:33:52 / 586 |
| 486      | 6817   | NAJNIGIER Agnieszka     | Warszawa         | POL       | Pzu Sport Team              | 83 K30/11  | K / 23             | 00:45:23  | 04.32      | +0:14:51 | 0:05:34 / 380  | 0:09:57 / 414  | 0:22:18 / 476 | 0:28:25 / 449 | 0:33:00 / 443 |
| 487      | 4081   | KREFT Katarzyna         | Warszawa         | POL       |                             | 83 K30/12  | K / 24             | 00:45:23  | 04.32      | +0:14:51 | 0:06:08 / 960  | 0:10:51 / 908  | 0:23:15 / 712 | 0:29:22 / 621 | 0:33:50 / 581 |
| 488      | 3379   | STEFAŃSKI Krystian      | Olsztyn          | POL       |                             | 84 M20/148 | M / 464            | 00:45:23  | 04.32      | +0:14:51 | 0:05:27 / 294  | 0:09:52 / 374  | 0:22:25 / 502 | 0:28:42 / 501 | 0:33:12 / 477 |
| 489      | 2653   | GOLASOWSKA Anna         | Kraków           | POL       |                             | 86 K20/10  | K / 25             | 00:45:24  | 04.32      | +0:14:52 | 0:05:33 / 372  | 0:10:03 / 456  | 0:22:19 / 481 | 0:28:39 / 492 | 0:33:17 / 495 |
| 490      | 4274   | FURTEK Krzysztof        | Warszawa         | POL       | Accelerate                  | 90 M20/149 | M / 465            | 00:45:25  | 04.32      | +0:14:53 | 0:05:13 / 174  | 0:09:09 / 147  | 0:20:41 / 187 | 0:27:15 / 269 | 0:32:13 / 336 |
| 491      | 5872   | PIEPRZAK Michał         | Nowy Targ        | POL       | ImprezySportowe.pl          | 82 M30/210 | M / 466            | 00:45:25  | 04.32      | +0:14:53 | 0:05:38 / 424  | 0:10:05 / 465  | 0:22:22 / 491 | 0:28:45 / 515 | 0:33:24 / 512 |
| 492      | 2476   | BOROWSKI Michał         | Grajewo          | POL       | Maratonka Grajewo           | 80 M30/211 | M / 467            | 00:45:25  | 04.32      | +0:14:53 | 0:05:51 / 623  | 0:10:28 / 653  | 0:22:35 / 533 | 0:28:51 / 533 | 0:33:32 / 529 |
| 493      | 4472   | WAWRZYŃIAK Tomasz piotr | Warszawa         | POL       | Raiffeisen Polbank          | 81 M30/212 | M / 468            | 00:45:25  | 04.32      | +0:14:53 | 0:05:22 / 244  | 0:09:41 / 301  | 0:21:56 / 395 | 0:28:19 / 430 | 0:33:00 / 446 |
| 494      | 6555   | JAROSZEWICZ Kamil       | Warszawa         | POL       |                             | 81 M30/213 | M / 469            | 00:45:25  | 04.32      | +0:14:53 | 0:05:55 / 694  | 0:10:36 / 741  | 0:22:40 / 557 | 0:29:02 / 561 | 0:33:40 / 553 |
| 495      | 5088   | SZMIGIEL Jakub          | Lubań            | POL       | Adwokaci                    | 74 M30/214 | M / 470            | 00:45:25  | 04.32      | +0:14:53 | 0:05:55 / 709  | 0:10:46 / 846  | 0:23:05 / 675 | 0:29:16 / 601 | 0:33:57 / 601 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |               |               |               |
|----------|--------|----------------------|------------------|-----------|-------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|---------------|---------------|---------------|
| 496      | 6944   | LAPIŃSKI Piotr       | Kalisz           | POL       |                         | 67 M40/79  | M / 471            | 00:45:26  | 04.32      | +0:14:54 | 0:06:03 / 841  | 0:10:32 / 698  | 0:22:40 / 559 | 0:28:59 / 549 | 0:33:32 / 530 |
| 497      | 3844   | KARWACKI Łukasz      | Pasek            | POL       | Piękni Młodzieńcy       | 83 M30/215 | M / 472            | 00:45:26  | 04.32      | +0:14:54 | 0:05:56 / 724  | 0:10:28 / 648  | 0:23:00 / 647 | 0:29:04 / 567 | 0:33:33 / 531 |
| 498      | 3023   | MATUK Andrzej        | Legionowo        | POL       | Biegam Bo Lubię         | 82 M30/216 | M / 473            | 00:45:27  | 04.32      | +0:14:55 | 0:06:09 / 988  | 0:10:51 / 906  | 0:23:19 / 729 | 0:29:26 / 637 | 0:33:57 / 602 |
| 499      | 4027   | MAZEPA Krzysztof     | Warszawa         | POL       | Cisco Running Squad     | 72 M40/80  | M / 474            | 00:45:27  | 04.32      | +0:14:55 | 0:05:44 / 523  | 0:10:14 / 545  | 0:22:30 / 520 | 0:28:46 / 521 | 0:33:27 / 518 |
| 500      | 4428   | BANASZEWSKI Adrian   | Siedlce          | POL       |                         | 75 M30/217 | M / 475            | 00:45:28  | 04.32      | +0:14:56 | 0:06:01 / 801  | 0:10:41 / 798  | 0:22:37 / 540 | 0:28:44 / 512 | 0:33:23 / 508 |
| 501      | 6548   | KAMIŃSKI Rafał       | Łomża            | POL       | Bankowcy                | 88 M20/150 | M / 476            | 00:45:28  | 04.32      | +0:14:56 | 0:05:43 / 511  | 0:10:15 / 548  | 0:22:22 / 493 | 0:28:37 / 484 | 0:33:19 / 503 |
| 502      | 4276   | FILIP Arkadiusz      | Warszawa         | POL       |                         | 87 M20/151 | M / 477            | 00:45:28  | 04.32      | +0:14:56 | 0:05:46 / 544  | 0:10:14 / 539  | 0:22:39 / 548 | 0:28:53 / 535 | 0:33:27 / 521 |
| 503      | 3046   | MIĘKUS Hubert        | Warszawa         | POL       | Klub Biegacza Accenture | 75 M30/218 | M / 478            | 00:45:28  | 04.32      | +0:14:57 | 0:05:39 / 437  | 0:10:05 / 467  | 0:22:16 / 474 | 0:28:32 / 472 | 0:33:05 / 459 |
| 504      | 6216   | MARCINKOWSKI Artur   | Warszawa         | POL       | Aks Polonia             | 73 M40/81  | M / 479            | 00:45:29  | 04.32      | +0:14:57 | 0:06:03 / 853  | 0:10:30 / 675  | 0:22:52 / 612 | 0:29:09 / 585 | 0:33:44 / 568 |
| 505      | 2966   | LEWTAK Marta         | Biała Podlaska   | POL       | Agricola                | 83 K30/13  | K / 26             | 00:45:29  | 04.32      | +0:14:57 | 0:05:58 / 754  | 0:10:34 / 713  | 0:23:02 / 657 | 0:29:11 / 589 | 0:33:41 / 561 |
| 506      | 4888   | ZAJĄCZKOWSKI Cezary  | Raszyn           | POL       |                         | 84 M20/152 | M / 480            | 00:45:30  | 04.33      | +0:14:58 | 0:05:46 / 552  | 0:10:19 / 578  | 0:23:06 / 677 | 0:29:23 / 624 | 0:33:56 / 599 |
| 507      | 3445   | SZWAJ Mariusz        | Włodawa          | POL       |                         | 68 M40/82  | M / 481            | 00:45:30  | 04.33      | +0:14:58 | 0:05:36 / 406  | 0:09:51 / 370  | 0:21:57 / 399 | 0:28:29 / 461 | 0:33:15 / 488 |
| 508      | 5692   | OSOŚ Wojciech        | Warszawa         | POL       |                         | 74 M30/219 | M / 482            | 00:45:30  | 04.33      | +0:14:58 | 0:05:56 / 729  | 0:10:23 / 606  | 0:22:17 / 475 | 0:28:43 / 508 | 0:33:29 / 523 |
| 509      | 3727   | STOMA Karol          | Lublin           | POL       | Maraton Lubelski        | 80 M30/220 | M / 483            | 00:45:30  | 04.33      | +0:14:58 | 0:05:44 / 516  | 0:10:40 / 787  | 0:22:50 / 606 | 0:28:59 / 548 | 0:33:37 / 547 |
| 510      | 4404   | STASZCZUK Tomasz     | Stara Iwiczna    | POL       |                         | 77 M30/221 | M / 484            | 00:45:31  | 04.33      | +0:14:59 | 0:05:38 / 430  | 0:10:11 / 511  | 0:22:37 / 539 | 0:29:01 / 560 | 0:33:37 / 548 |
| 511      | 3633   | ŻEBROWSKI Marek      | Rzekuń           | POL       | Arco Ławy               | 64 M40/83  | M / 485            | 00:45:31  | 04.33      | +0:14:59 | 0:05:38 / 428  | 0:09:55 / 399  | 0:22:12 / 451 | 0:28:27 / 455 | 0:32:59 / 441 |
| 512      | 6423   | JASKUŁA Paweł        | Warszawa         | POL       | Run Forrest             | 77 M30/222 | M / 486            | 00:45:32  | 04.33      | +0:15:00 | 0:06:01 / 806  | 0:10:49 / 882  | 0:23:12 / 699 | 0:29:18 / 606 | 0:33:45 / 569 |
| 513      | 5126   | PAŁYSKA Marcin       | Warszawa         | POL       |                         | 76 M30/223 | M / 487            | 00:45:32  | 04.33      | +0:15:00 | 0:06:12 / 1044 | 0:10:30 / 677  | 0:22:14 / 462 | 0:28:32 / 471 | 0:33:13 / 480 |
| 514      | 4199   | MISZTAK Piotr        | Warszawa         | POL       | It4i                    | 83 M30/224 | M / 488            | 00:45:32  | 04.33      | +0:15:00 | 0:05:07 / 132  | 0:09:07 / 137  | 0:20:47 / 206 | 0:27:09 / 256 | 0:32:06 / 319 |
| 515      | 4453   | WAŚICKI Artur        | Dobroń           | POL       |                         | 63 M50/19  | M / 489            | 00:45:32  | 04.33      | +0:15:00 | 0:05:43 / 515  | 0:10:06 / 473  | 0:22:20 / 483 | 0:28:37 / 487 | 0:33:12 / 478 |
| 516      | 346    | KASIŃSKI Tomasz      | Zalesie Górne    | POL       | Pko                     | 78 M30/225 | M / 490            | 00:45:32  | 04.33      | +0:15:00 | 0:05:32 / 360  | 0:09:56 / 405  | 0:21:57 / 398 | 0:28:09 / 401 | 0:32:55 / 426 |
| 517      | 2574   | DEMIAŃSIUK Mariusz   | Bielsk Podlaski  | POL       | 1wbpanc                 | 84 M20/153 | M / 491            | 00:45:32  | 04.33      | +0:15:00 | 0:06:28 / 1495 | 0:11:09 / 1129 | 0:23:52 / 889 | 0:29:58 / 767 | 0:34:17 / 653 |
| 518      | 5894   | MELER Krzysztof      | Warszawa         | POL       | Wietnamscy Wspinacze    | 80 M30/226 | M / 492            | 00:45:32  | 04.33      | +0:15:00 | 0:06:18 / 1219 | 0:10:55 / 956  | 0:23:34 / 803 | 0:29:43 / 708 | 0:34:05 / 620 |
| 519      | 6436   | BOROWSKI Szczepan    | Warszawa         | POL       |                         | 79 M30/227 | M / 493            | 00:45:32  | 04.33      | +0:15:00 | 0:05:55 / 711  | 0:10:28 / 650  | 0:22:50 / 607 | 0:28:56 / 541 | 0:33:27 / 520 |
| 520      | 3626   | ZYŚK Arkadiusz       | Rzekuń           | POL       | Arco Ławy               | 75 M30/228 | M / 494            | 00:45:32  | 04.33      | +0:15:01 | 0:05:48 / 573  | 0:10:15 / 550  | 0:22:39 / 555 | 0:29:03 / 564 | 0:33:34 / 536 |
| 521      | 5166   | PARCHOMIUK Andrzej   | Warszawa         | POL       |                         | 63 M50/20  | M / 495            | 00:45:33  | 04.33      | +0:15:01 | 0:05:49 / 592  | 0:10:19 / 580  | 0:22:06 / 432 | 0:28:32 / 473 | 0:33:14 / 483 |
| 522      | 4446   | DORAU Bartosz        | Warszawa         | POL       |                         | 93 M20/154 | M / 496            | 00:45:33  | 04.33      | +0:15:02 | 0:06:22 / 1311 | 0:11:17 / 1253 | 0:23:27 / 765 | 0:29:25 / 634 | 0:34:08 / 627 |
| 523      | 6550   | STANKIEWICZ Tomasz   | Warszawa         | POL       | Sap Run Faster          | 81 M30/229 | M / 497            | 00:45:34  | 04.33      | +0:15:02 | 0:05:42 / 490  | 0:10:15 / 547  | 0:22:28 / 510 | 0:28:46 / 520 | 0:33:26 / 516 |
| 524      | 4708   | WALEŃDA Mateusz      | Garwolin         | POL       | Liberty Direct          | 90 M20/155 | M / 498            | 00:45:34  | 04.33      | +0:15:02 | 0:05:53 / 667  | 0:10:26 / 630  | 0:22:53 / 617 | 0:29:06 / 572 | 0:33:39 / 550 |
| 525      | 4187   | SIWA Marcin          | Warszawa         | POL       |                         | 76 M30/230 | M / 499            | 00:45:35  | 04.33      | +0:15:03 | 0:05:55 / 695  | 0:10:37 / 757  | 0:22:39 / 554 | 0:28:50 / 529 | 0:33:31 / 526 |
| 526      | 4279   | STUPKIEWICZ Ewa      | Warszawa         | POL       |                         | 72 K40/1   | K / 27             | 00:45:37  | 04.33      | +0:15:05 | 0:05:54 / 684  | 0:10:25 / 618  | 0:22:48 / 595 | 0:29:00 / 557 | 0:33:41 / 557 |
| 527      | 4454   | WAŚICKI Jakub        | Dobroń           | POL       |                         | 97 M20/156 | M / 500            | 00:45:37  | 04.33      | +0:15:05 | 0:05:49 / 589  | 0:10:04 / 462  | 0:22:25 / 504 | 0:28:42 / 502 | 0:33:17 / 497 |
| 528      | 4259   | ARASZKIEWICZ Marcin  | Stanisławów      | POL       | Brak                    | 81 M30/231 | M / 501            | 00:45:37  | 04.33      | +0:15:06 | 0:06:14 / 1125 | 0:10:50 / 888  | 0:22:50 / 608 | 0:29:00 / 558 | 0:33:36 / 541 |
| 529      | 6025   | NADROWSKI Tomasz     | Warszawa         | POL       | Więcej Funku!           | 82 M30/232 | M / 502            | 00:45:38  | 04.33      | +0:15:06 | 0:06:01 / 797  | 0:10:38 / 769  | 0:23:08 / 684 | 0:29:21 / 619 | 0:33:58 / 604 |
| 530      | 101    | BARANOWSKI Marcin    | Warszawa         | POL       |                         | 79 M30/233 | M / 503            | 00:45:39  | 04.33      | +0:15:07 | 0:05:39 / 445  | 0:09:46 / 331  | 0:21:38 / 335 | 0:27:57 / 372 | 0:32:42 / 397 |
| 531      | 5537   | GÓRKA Paweł          | Radom            | POL       |                         | 76 M30/234 | M / 504            | 00:45:39  | 04.33      | +0:15:07 | 0:05:44 / 518  | 0:10:18 / 571  | 0:23:00 / 646 | 0:29:24 / 631 | 0:33:55 / 595 |
| 532      | 3404   | SWEIGART Joshua      | Warszawa         | POL       |                         | 80 M30/235 | M / 505            | 00:45:39  | 04.33      | +0:15:07 | 0:06:06 / 914  | 0:10:55 / 950  | 0:23:35 / 804 | 0:29:34 / 675 | 0:33:54 / 589 |
| 533      | 4515   | MICHALAK Patryk      | Stanisławów      | POL       |                         | 96 M20/157 | M / 506            | 00:45:39  | 04.33      | +0:15:07 | 0:06:05 / 878  | 0:10:47 / 853  | 0:23:36 / 814 | 0:29:53 / 747 | 0:34:29 / 697 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club      | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |               |               |               |               |
|----------|--------|-----------------------|------------------|-----------|------------------------------|---------|--------------------|-----------|------------|----------|----------------|---------------|---------------|---------------|---------------|
| 534      | 437    | MISZCZUK Arkadiusz    | Warszawa         | POL       | Straż Miejska                | 67      | M40/84 M / 507     | 00:45:39  | 04.33      | +0:15:07 | 0:06:03 / 848  | 0:10:39 / 772 | 0:22:53 / 618 | 0:29:04 / 569 | 0:33:41 / 559 |
| 535      | 4788   | PIECHNA Mariusz       | Warszawa         | POL       | Raiffeisen Polbank           | 82      | M30/236 M / 508    | 00:45:40  | 04.34      | +0:15:09 | 0:05:39 / 444  | 0:10:02 / 449 | 0:22:10 / 448 | 0:28:23 / 440 | 0:33:12 / 479 |
| 536      | 6708   | KOWALCZYK Arkadiusz   | Warszawa         | POL       |                              | 70      | M40/85 M / 509     | 00:45:42  | 04.34      | +0:15:10 | 0:05:44 / 533  | 0:10:09 / 505 | 0:22:10 / 445 | 0:28:28 / 459 | 0:33:06 / 461 |
| 537      | 6137   | DĄBROWSKI Mirosław    | Warszawa         | POL       |                              | 67      | M40/86 M / 510     | 00:45:44  | 04.34      | +0:15:12 | 0:05:47 / 557  | 0:10:22 / 603 | 0:22:38 / 546 | 0:28:53 / 537 | 0:33:35 / 538 |
| 538      | 3185   | PIERZYNOWSKI Artur    | Płońsk           | POL       |                              | 73      | M40/87 M / 511     | 00:45:45  | 04.34      | +0:15:13 | 0:05:53 / 649  | 0:10:13 / 530 | 0:22:31 / 523 | 0:28:48 / 526 | 0:33:14 / 481 |
| 539      | 3433   | SZOK Marek            | Łomża            | POL       |                              | 81      | M30/237 M / 512    | 00:45:45  | 04.34      | +0:15:13 | 0:05:46 / 551  | 0:10:06 / 476 | 0:22:35 / 532 | 0:28:54 / 538 | 0:33:36 / 543 |
| 540      | 6663   | RUSAK Paweł           | Warszawa         | POL       |                              | 75      | M30/238 M / 513    | 00:45:45  | 04.34      | +0:15:13 | 0:06:01 / 799  | 0:10:30 / 679 | 0:22:43 / 578 | 0:28:57 / 544 | 0:33:35 / 537 |
| 541      | 6282   | GRYZC Dariusz         | Warszawa         | POL       | Azs Politechnika Warszawska  | 87      | M20/158 M / 514    | 00:45:46  | 04.34      | +0:15:14 | 0:05:13 / 166  | 0:09:27 / 211 | 0:21:45 / 363 | 0:28:20 / 431 | 0:33:16 / 489 |
| 542      | 4490   | KRUPA Daniel          | Góra Kalwaria    | POL       |                              | 83      | M30/239 M / 515    | 00:45:46  | 04.34      | +0:15:14 | 0:05:33 / 370  | 0:10:02 / 452 | 0:22:40 / 560 | 0:29:02 / 562 | 0:33:42 / 563 |
| 543      | 3874   | JASTRZĘBSKI Jakub     | Warszawa         | POL       |                              | 83      | M30/240 M / 516    | 00:45:46  | 04.34      | +0:15:14 | 0:05:54 / 686  | 0:10:43 / 818 | 0:23:05 / 672 | 0:29:28 / 648 | 0:34:06 / 622 |
| 544      | 342    | WIECZOREK Adam        | Warszawa         | POL       | Goldenteam                   | 74      | M30/241 M / 517    | 00:45:47  | 04.34      | +0:15:15 | 0:05:10 / 145  | 0:09:05 / 129 | 0:21:47 / 368 | 0:28:30 / 465 | 0:33:24 / 511 |
| 545      | 4631   | MARKIEWICZ Krzysztof  | Zawiercie        | POL       | Sportowe Blonowice           | 82      | M30/242 M / 518    | 00:45:47  | 04.34      | +0:15:16 | 0:05:13 / 167  | 0:09:19 / 184 | 0:21:20 / 290 | 0:27:54 / 362 | 0:32:45 / 408 |
| 546      | 3778   | HRINDA Maroš          | Sečovce          | POL       |                              | 91      | M20/159 M / 519    | 00:45:47  | 04.34      | +0:15:16 | 0:05:23 / 252  | 0:09:43 / 305 | 0:22:00 / 415 | 0:28:36 / 478 | 0:33:18 / 500 |
| 547      | 5724   | ŚWIDERSKI Sławomir    | Okuniew          | POL       | Bemovia                      | 72      | M40/88 M / 520     | 00:45:48  | 04.34      | +0:15:16 | 0:05:47 / 568  | 0:10:12 / 527 | 0:22:08 / 438 | 0:28:12 / 410 | 0:32:35 / 382 |
| 548      | 5035   | MATWIEJCZYK Krzysztof | Wyszków          | POL       |                              | 78      | M30/243 M / 521    | 00:45:49  | 04.34      | +0:15:17 | 0:06:01 / 817  | 0:10:40 / 785 | 0:22:52 / 615 | 0:29:06 / 573 | 0:33:48 / 574 |
| 549      | 5034   | NOWICKI Łukasz        | Warszawa         | POL       |                              | 71      | M40/89 M / 522     | 00:45:50  | 04.35      | +0:15:18 | 0:05:49 / 582  | 0:10:12 / 528 | 0:22:09 / 440 | 0:28:31 / 469 | 0:33:17 / 498 |
| 550      | 4775   | CHYLAK Wojtek         | Wieliszew        | POL       |                              | 68      | M40/90 M / 523     | 00:45:50  | 04.35      | +0:15:18 | 0:05:56 / 726  | 0:10:13 / 534 | 0:22:10 / 446 | 0:28:37 / 488 | 0:33:18 / 501 |
| 551      | 3192   | PILC Marek            | Łódź             | POL       | Łkb Na Zdrowie Łódź          | 77      | M30/244 M / 524    | 00:45:51  | 04.35      | +0:15:19 | 0:06:11 / 1024 | 0:10:54 / 942 | 0:23:13 / 702 | 0:29:20 / 611 | 0:33:54 / 590 |
| 552      | 4338   | MAKOWSKA Olga         | Warszawa         | POL       |                              | 85      | K20/11 K / 28      | 00:45:51  | 04.35      | +0:15:19 | 0:06:01 / 803  | 0:10:35 / 731 | 0:22:48 / 598 | 0:29:02 / 563 | 0:33:43 / 564 |
| 553      | 5716   | KULAK Klaudiusz       | Warszawa         | POL       |                              | 77      | M30/245 M / 525    | 00:45:51  | 04.35      | +0:15:19 | 0:05:57 / 740  | 0:10:27 / 642 | 0:22:42 / 574 | 0:28:58 / 546 | 0:33:36 / 540 |
| 554      | 3092   | NIEDZIÓŁKA Łukasz     | Siedlce          | POL       |                              | 81      | M30/246 M / 526    | 00:45:52  | 04.35      | +0:15:20 | 0:05:40 / 469  | 0:10:08 / 492 | 0:22:26 / 506 | 0:28:53 / 536 | 0:33:27 / 517 |
| 555      | 318    | BULYK Jacek           | Warszawa         | POL       | Biegam Na Tarchominie        | 83      | M30/247 M / 527    | 00:45:52  | 04.35      | +0:15:20 | 0:05:55 / 690  | 0:10:43 / 813 | 0:23:08 / 683 | 0:29:29 / 655 | 0:34:07 / 624 |
| 556      | 5573   | CZERNY Dariusz        | Warszawa         | POL       |                              | 79      | M30/248 M / 528    | 00:45:53  | 04.35      | +0:15:21 | 0:05:50 / 608  | 0:10:16 / 553 | 0:22:33 / 526 | 0:29:00 / 556 | 0:33:39 / 549 |
| 557      | 3638   | ŻURANIEWSKA Agnieszka | Warszawa         | POL       | Trucht Tarchomin Team        | 77      | K30/14 K / 29      | 00:45:54  | 04.35      | +0:15:22 | 0:05:54 / 669  | 0:10:24 / 613 | 0:22:45 / 587 | 0:29:01 / 559 | 0:33:34 / 535 |
| 558      | 5677   | RELUGA Grzegorz       | Warszawa         | POL       |                              | 71      | M40/91 M / 529     | 00:45:54  | 04.35      | +0:15:22 | 0:06:00 / 796  | 0:10:49 / 877 | 0:23:13 / 703 | 0:29:20 / 612 | 0:33:49 / 579 |
| 559      | 2436   | BEREBECKI Roman       | Rypin            | POL       |                              | 51      | M60/2 M / 530      | 00:45:55  | 04.35      | +0:15:23 | 0:05:24 / 265  | 0:09:48 / 352 | 0:22:33 / 529 | 0:28:58 / 547 | 0:33:40 / 554 |
| 560      | 6210   | KULPIK Jacek          | Pruszków         | POL       |                              | 70      | M40/92 M / 531     | 00:45:56  | 04.35      | +0:15:24 | 0:05:43 / 510  | 0:10:10 / 507 | 0:22:11 / 450 | 0:28:30 / 464 | 0:33:14 / 484 |
| 561      | 2961   | LECH Piotr            | Kraków           | POL       |                              | 79      | M30/249 M / 532    | 00:45:57  | 04.35      | +0:15:25 | 0:06:01 / 804  | 0:10:35 / 729 | 0:22:54 / 621 | 0:29:08 / 577 | 0:33:41 / 562 |
| 562      | 3084   | NABORCZYK Tomasz      | Warszawa         | POL       | Geo Running Team             | 85      | M20/160 M / 533    | 00:45:57  | 04.35      | +0:15:25 | 0:05:15 / 184  | 0:09:28 / 219 | 0:21:54 / 387 | 0:28:24 / 446 | 0:33:18 / 499 |
| 563      | 4679   | DĄBROWSKI Robert      | Warszawa         | POL       | Naciaganie.pl                | 83      | M30/250 M / 534    | 00:45:57  | 04.35      | +0:15:26 | 0:05:52 / 633  | 0:10:35 / 733 | 0:22:35 / 534 | 0:28:43 / 507 | 0:33:26 / 514 |
| 564      | 4060   | MRO CZKOWSKI Michał   | Łomianki         | POL       |                              | 72      | M40/93 M / 535     | 00:45:58  | 04.35      | +0:15:26 | 0:05:40 / 452  | 0:10:09 / 500 | 0:22:45 / 584 | 0:29:08 / 580 | 0:33:49 / 578 |
| 565      | 4637   | ŁACZKOWSKI Karol      | Warszawa         | POL       |                              | 90      | M20/161 M / 536    | 00:45:58  | 04.35      | +0:15:26 | 0:05:42 / 499  | 0:10:01 / 441 | 0:22:18 / 477 | 0:28:46 / 517 | 0:33:23 / 507 |
| 566      | 6354   | PIĘKOŚ Piotr          | Warszawa         | POL       |                              | 84      | M20/162 M / 537    | 00:45:58  | 04.35      | +0:15:26 | 0:06:11 / 1023 | 0:10:54 / 939 | 0:23:25 / 759 | 0:29:40 / 699 | 0:34:16 / 643 |
| 567      | 3851   | DUSZAK Grzegorz       | Ostrolęka        | POL       |                              | 83      | M30/251 M / 538    | 00:45:59  | 04.35      | +0:15:27 | 0:05:48 / 575  | 0:10:19 / 579 | 0:22:50 / 604 | 0:29:08 / 583 | 0:33:52 / 587 |
| 568      | 4820   | STASIORCZYK Marek     | Wieliszew        | POL       | Wieliszew Heron Team Karolik | 77      | M30/252 M / 539    | 00:45:59  | 04.35      | +0:15:27 | 0:05:53 / 666  | 0:10:42 / 806 | 0:23:09 / 687 | 0:29:18 / 605 | 0:33:56 / 597 |
| 569      | 6377   | WŁODARSKI Adrian      | Warszawa         | POL       |                              | 85      | M20/163 M / 540    | 00:45:59  | 04.35      | +0:15:27 | 0:05:46 / 547  | 0:10:21 / 591 | 0:23:01 / 650 | 0:29:30 / 657 | 0:34:19 / 661 |
| 570      | 4657   | SZYMAŃSKI Rafał       | Warszawa         | POL       |                              | 74      | M30/253 M / 541    | 00:46:00  | 04.36      | +0:15:28 | 0:05:43 / 507  | 0:10:16 / 554 | 0:22:38 / 545 | 0:28:54 / 539 | 0:33:39 / 552 |
| 571      | 5737   | MARCZAK Leonard       | Warszawa         | POL       |                              | 82      | M30/254 M / 542    | 00:46:00  | 04.36      | +0:15:28 | 0:05:33 / 366  | 0:09:53 / 382 |               | 0:28:36 / 483 | 0:33:17 / 496 |
| 572      | 4516   | ZIELIŃSKI Marcin      | Warszawa         | POL       | Accelerate                   | 84      | M20/164 M / 543    | 00:46:00  | 04.36      | +0:15:28 | 0:05:31 / 348  | 0:09:54 / 393 | 0:22:15 / 470 | 0:28:34 / 474 | 0:33:19 / 502 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |               |               |               |
|----------|--------|----------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|---------------|---------------|---------------|
| 573      | 6300   | JANKOWSKI Rafal      | Policzna         | POL       | 12tri.pl                | 77      | M30/255 M / 544    | 00:46:01  | 04.36      | +0:15:29 | 0:05:31 / 353  | 0:10:01 / 439  | 0:22:21 / 485 | 0:28:44 / 510 | 0:33:30 / 524 |
| 574      | 6317   | WOLNIEWICZ Szymon    | Warszawa         | POL       | -                       | 91      | M20/165 M / 545    | 00:46:01  | 04.36      | +0:15:29 | 0:06:13 / 1087 | 0:10:56 / 965  |               | 0:29:23 / 623 | 0:34:09 / 630 |
| 575      | 4543   | ZIELIŃSKI Łukasz     | Lipowo           | POL       | Raiffeisen Polbank      | 77      | M30/256 M / 546    | 00:46:03  | 04.36      | +0:15:31 | 0:05:45 / 538  | 0:10:08 / 496  | 0:22:20 / 484 | 0:28:43 / 509 | 0:33:31 / 527 |
| 576      | 6942   | JĘCZMYK Jan          | Nowa Dęba        | POL       |                         | 89      | M20/166 M / 547    | 00:46:03  | 04.36      | +0:15:31 | 0:06:07 / 929  | 0:10:58 / 996  |               | 0:29:37 / 686 | 0:34:18 / 657 |
| 577      | 6219   | LENARCZYK Wojciech   | Polska           | POL       |                         | 72      | M40/94 M / 548     | 00:46:03  | 04.36      | +0:15:31 | 0:05:29 / 309  | 0:09:48 / 355  | 0:21:54 / 385 | 0:28:13 / 412 | 0:33:04 / 456 |
| 578      | 6242   | WIĄCZYK Piotr        | Piaseczno        | POL       |                         | 77      | M30/257 M / 549    | 00:46:03  | 04.36      | +0:15:31 | 0:05:42 / 486  | 0:10:12 / 521  | 0:22:43 / 576 | 0:29:08 / 576 | 0:33:52 / 585 |
| 579      | 5990   | GRZECHNIK Leszek     | Warszawa         | POL       |                         | 67      | M40/95 M / 550     | 00:46:05  | 04.36      | +0:15:33 | 0:06:03 / 851  | 0:10:42 / 804  | 0:22:57 / 631 | 0:29:13 / 593 | 0:33:51 / 583 |
| 580      | 5802   | LANCKAMER Robert     | Warszawa         | POL       |                         | 72      | M40/96 M / 551     | 00:46:05  | 04.36      | +0:15:33 | 0:05:23 / 255  | 0:09:40 / 293  | 0:21:37 / 334 | 0:28:13 / 413 | 0:33:00 / 444 |
| 581      | 6759   | SAGAN Łukasz         | Warszawa         | POL       | Kb Ergo                 | 83      | M30/258 M / 552    | 00:46:07  | 04.36      | +0:15:35 | 0:06:06 / 907  | 0:10:50 / 889  | 0:23:10 / 692 | 0:29:49 / 728 | 0:34:23 / 679 |
| 582      | 4916   | ZGORZELSKI Jerzy     | Warszawa         | POL       |                         | 88      | M20/167 M / 553    | 00:46:08  | 04.36      | +0:15:36 | 0:06:11 / 1028 | 0:10:42 / 800  | 0:22:56 / 627 | 0:29:04 / 568 | 0:33:36 / 546 |
| 583      | 2766   | JOSYPENKO Jędrzej    | Wrocław          | POL       |                         | 86      | M20/168 M / 554    | 00:46:08  | 04.36      | +0:15:36 | 0:05:47 / 569  | 0:10:35 / 726  | 0:22:41 / 564 | 0:28:59 / 551 | 0:33:41 / 560 |
| 584      | 5157   | ŚWIERCZ Iwona        | Warszawa         | POL       | Byledobiec Anin         | 69      | K40/2 K / 30       | 00:46:08  | 04.36      | +0:15:36 | 0:05:44 / 531  | 0:10:05 / 468  | 0:22:29 / 516 | 0:28:55 / 540 | 0:33:31 / 528 |
| 585      | 2986   | LUCZYK Janusz        | Poświętne        | POL       | Bóbr Tluszczyk          | 79      | M30/259 M / 555    | 00:46:09  | 04.36      | +0:15:37 | 0:05:31 / 344  | 0:09:58 / 419  | 0:22:15 / 467 | 0:28:46 / 523 | 0:33:30 / 525 |
| 586      | 5571   | PIĄTEK Bogdan        | Zielonka         | POL       | Lechici Zielonka        | 53      | M60/3 M / 556      | 00:46:09  | 04.36      | +0:15:37 | 0:05:51 / 620  | 0:10:30 / 683  | 0:23:00 / 644 | 0:29:20 / 614 | 0:34:00 / 608 |
| 587      | 6661   | ZALEWSKI Kasper      | Warszawa         | POL       |                         | 94      | M20/169 M / 557    | 00:46:09  | 04.36      | +0:15:37 | 0:05:52 / 646  | 0:10:25 / 628  | 0:22:27 / 509 | 0:28:47 / 525 | 0:33:26 / 515 |
| 588      | 5148   | LIŚKIEWICZ Sylwia    | Warszawa         | POL       |                         | 77      | K30/15 K / 31      | 00:46:11  | 04.37      | +0:15:39 | 0:05:55 / 703  | 0:10:30 / 671  | 0:23:05 / 673 | 0:29:13 / 592 | 0:33:51 / 584 |
| 589      | 5139   | STAŚKIEWICZ Tomasz   | Warszawa         | POL       | Aks Polonia             | 75      | M30/260 M / 558    | 00:46:11  | 04.37      | +0:15:39 | 0:05:47 / 567  | 0:10:19 / 573  | 0:22:42 / 575 | 0:29:14 / 596 | 0:33:55 / 594 |
| 590      | 2824   | KŁODKOWSKI Jakub     | Kobyłka          | POL       |                         | 85      | M20/170 M / 559    | 00:46:11  | 04.37      | +0:15:39 | 0:06:09 / 970  | 0:10:37 / 750  | 0:23:17 / 720 | 0:29:44 / 711 | 0:34:12 / 632 |
| 591      | 6469   | FRĄCZKOWIAK Wojciech | Warszawa         | POL       |                         | 85      | M20/171 M / 560    | 00:46:12  | 04.37      | +0:15:40 | 0:06:24 / 1402 | 0:11:09 / 1137 | 0:23:20 / 731 | 0:29:29 / 654 | 0:34:03 / 615 |
| 592      | 4008   | BROŻEK Krzysztof     | Niedomice        | POL       | Fun & Boobster          | 85      | M20/172 M / 561    | 00:46:12  | 04.37      | +0:15:40 | 0:05:47 / 566  | 0:10:39 / 779  | 0:23:22 / 738 | 0:29:32 / 665 | 0:34:12 / 633 |
| 593      | 3902   | PIETRASZUK Bogdan    | Terespol         | POL       | Jachny Team             | 57      | M50/21 M / 562     | 00:46:12  | 04.37      | +0:15:40 | 0:06:20 / 1274 | 0:11:06 / 1094 |               | 0:29:21 / 620 | 0:33:56 / 598 |
| 594      | 4658   | ŻAK Krzysztof        | Warszawa         | POL       |                         | 76      | M30/261 M / 563    | 00:46:12  | 04.37      | +0:15:40 | 0:05:58 / 750  | 0:10:45 / 833  | 0:23:18 / 724 | 0:29:37 / 684 | 0:34:16 / 646 |
| 595      | 4202   | ZACHWIEJA Cezary     | Wyględy          | POL       |                         | 88      | M20/173 M / 564    | 00:46:13  | 04.37      | +0:15:41 | 0:05:49 / 588  | 0:10:12 / 522  | 0:22:41 / 563 | 0:29:24 / 627 | 0:33:59 / 607 |
| 596      | 2732   | JANCZAK Waldemar     | Kielce           | POL       |                         | 80      | M30/262 M / 565    | 00:46:13  | 04.37      | +0:15:41 | 0:05:49 / 593  | 0:10:21 / 589  | 0:23:03 / 664 | 0:29:27 / 640 | 0:34:15 / 641 |
| 597      | 6389   | CICHOŃSKA Elżbieta   | Warszawa         | POL       |                         | 66      | K40/3 K / 32       | 00:46:14  | 04.37      | +0:15:42 | 0:05:52 / 636  | 0:10:34 / 717  | 0:22:54 / 622 | 0:29:08 / 584 | 0:33:44 / 567 |
| 598      | 5772   | POGOCKI Maciej       | Warszawa         | POL       |                         | 80      | M30/263 M / 566    | 00:46:14  | 04.37      | +0:15:42 | 0:05:55 / 701  | 0:10:31 / 684  | 0:22:44 / 581 | 0:29:09 / 586 | 0:34:04 / 618 |
| 599      | 6471   | WIŚNIEWSKI Marcin    | Sierpc           | POL       | Obi-boki Running Crew   | 84      | M20/174 M / 567    | 00:46:15  | 04.37      | +0:15:43 | 0:06:03 / 839  | 0:10:43 / 819  | 0:23:17 / 723 | 0:29:32 / 664 | 0:34:19 / 662 |
| 600      | 4886   | RĘKAWEK Artur        | Garwolin         | POL       |                         | 71      | M40/97 M / 568     | 00:46:15  | 04.37      | +0:15:43 | 0:06:06 / 904  | 0:10:33 / 708  | 0:22:47 / 593 | 0:28:59 / 552 | 0:33:40 / 555 |
| 601      | 3274   | ROSA Krzysztof       | Częstochowa      | POL       |                         | 73      | M40/98 M / 569     | 00:46:16  | 04.37      | +0:15:44 | 0:05:50 / 611  | 0:10:21 / 587  | 0:22:28 / 512 | 0:29:04 / 566 | 0:33:46 / 572 |
| 602      | 3952   | DEGBEY Aurelien      | Paris            | POL       |                         | 79      | M30/264 M / 570    | 00:46:16  | 04.37      | +0:15:44 | 0:07:06 / 2527 | 0:11:43 / 1650 | 0:23:37 / 819 | 0:29:52 / 743 | 0:34:27 / 691 |
| 603      | 6047   | JAGIEŁŁO Tomasz      | Radom            | POL       |                         | 89      | M20/175 M / 571    | 00:46:16  | 04.37      | +0:15:44 | 0:05:40 / 455  | 0:10:14 / 544  |               | 0:29:00 / 554 | 0:33:50 / 582 |
| 604      | 6452   | ŻOCHOWSKI Paweł      | Warszawa         | POL       |                         | 89      | M20/176 M / 572    | 00:46:16  | 04.37      | +0:15:44 | 0:05:02 / 106  | 0:09:06 / 133  | 0:21:16 / 278 | 0:28:05 / 393 | 0:33:02 / 454 |
| 605      | 6639   | WÓJCIK Piotr         | Warszawa         | POL       |                         | 77      | M30/265 M / 573    | 00:46:17  | 04.37      | +0:15:45 | 0:05:43 / 506  | 0:10:08 / 495  | 0:22:21 / 488 | 0:28:47 / 524 | 0:33:34 / 534 |
| 606      | 5545   | MASŁOWSKI Jerzy      | Marki            | POL       |                         | 55      | M50/22 M / 574     | 00:46:17  | 04.37      | +0:15:46 | 0:05:37 / 421  | 0:10:02 / 450  | 0:22:30 / 519 | 0:28:56 / 542 | 0:33:44 / 566 |
| 607      | 3006   | MAŁKIEWICZ Michał    | Warszawa         | POL       | 17 Wbz                  | 90      | M20/177 M / 575    | 00:46:18  | 04.37      | +0:15:46 | 0:06:14 / 1101 | 0:11:04 / 1057 | 0:23:26 / 763 | 0:29:44 / 714 | 0:34:22 / 673 |
| 608      | 4400   | KOWALSKI Grzegorz    | Warszawa         | POL       |                         | 86      | M20/178 M / 576    | 00:46:18  | 04.37      | +0:15:46 | 0:05:22 / 251  | 0:09:35 / 261  | 0:22:12 / 452 | 0:28:44 / 513 | 0:33:33 / 532 |
| 609      | 6419   | STARCZEWSKI Jarosław | Ząbki            | POL       |                         | 75      | M30/266 M / 577    | 00:46:18  | 04.37      | +0:15:46 | 0:06:02 / 826  | 0:10:50 / 890  | 0:23:13 / 701 | 0:29:24 / 628 | 0:33:58 / 603 |
| 610      | 4779   | BRAĞOSZEWSKI Paweł   | Otwock           | POL       |                         | 75      | M30/267 M / 578    | 00:46:19  | 04.37      | +0:15:47 | 0:06:04 / 875  | 0:10:47 / 850  | 0:23:17 / 721 | 0:29:32 / 666 | 0:34:14 / 640 |
| 611      | 3411   | SZAFRAŃSKI Marek     | Łódź             | POL       |                         | 82      | M30/268 M / 579    | 00:46:19  | 04.37      | +0:15:47 | 0:05:47 / 556  | 0:10:11 / 518  | 0:22:36 / 535 | 0:29:06 / 574 | 0:33:48 / 575 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name           | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |               |               |               |
|----------|--------|--------------------------------|------------------|-----------|-------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|---------------|---------------|---------------|
| 612      | 5556   | ZAKRZEWSKI Paweł               | Warszawa         | POL       |                         | 70 M40/99  | M / 580            | 00:46:19  | 04.37      | +0:15:47 | 0:06:12 / 1063 | 0:10:57 / 981  | 0:23:41 / 837 | 0:29:55 / 757 | 0:34:34 / 716 |
| 613      | 4977   | SEMMERLING Wojciech            | Warszawa         | POL       |                         | 67 M40/100 | M / 581            | 00:46:20  | 04.38      | +0:15:48 | 0:05:53 / 651  | 0:10:22 / 595  | 0:23:08 / 682 | 0:29:28 / 650 | 0:34:09 / 628 |
| 614      | 5925   | CORBI Mathieu                  | Warszawa         | POL       |                         | 83 M30/269 | M / 582            | 00:46:20  | 04.38      | +0:15:48 | 0:06:04 / 861  | 0:10:58 / 988  | 0:23:18 / 725 | 0:29:32 / 667 | 0:34:16 / 644 |
| 615      | 6880   | ZAKRZEWSKI Tomasz              | Warszawa         | POL       |                         | 75 M30/270 | M / 583            | 00:46:20  | 04.38      | +0:15:48 | 0:06:13 / 1093 | 0:11:11 / 1170 | 0:23:36 / 813 | 0:30:06 / 795 | 0:35:02 / 799 |
| 616      | 5645   | REGULSKI Tomasz                | Warszawa         | POL       |                         | 81 M30/271 | M / 584            | 00:46:21  | 04.38      | +0:15:49 | 0:05:54 / 671  | 0:10:22 / 601  | 0:22:50 / 605 | 0:29:15 / 598 | 0:34:01 / 610 |
| 617      | 4263   | RÓWNICKI Dariusz               | Warszawa         | POL       |                         | 77 M30/272 | M / 585            | 00:46:21  | 04.38      | +0:15:49 | 0:05:49 / 585  | 0:10:22 / 596  | 0:22:57 / 630 | 0:29:20 / 613 | 0:34:01 / 611 |
| 618      | 3224   | POWAŻNY Marek                  | Głęboka          | POL       |                         | 89 M20/179 | M / 586            | 00:46:22  | 04.38      | +0:15:50 | 0:05:17 / 194  | 0:09:34 / 253  | 0:21:53 / 380 | 0:28:36 / 482 | 0:33:23 / 506 |
| 619      | 3195   | PILIPIUK Bartosz               | Warszawa         | POL       |                         | 86 M20/180 | M / 587            | 00:46:22  | 04.38      | +0:15:50 | 0:06:29 / 1504 | 0:11:36 / 1531 | 0:23:46 / 865 | 0:29:55 / 756 | 0:34:33 / 712 |
| 620      | 4213   | KOTKOWSKI Piotr                | Warszawa         | POL       | Passus Sport Team       | 73 M40/101 | M / 588            | 00:46:22  | 04.38      | +0:15:50 | 0:05:50 / 604  | 0:10:18 / 568  | 0:22:25 / 505 | 0:28:45 / 516 | 0:33:33 / 533 |
| 621      | 6649   | WIELICZKO Krzysztof            | Zamość           | POL       |                         | 85 M20/181 | M / 589            | 00:46:23  | 04.38      | +0:15:51 | 0:05:41 / 475  | 0:10:07 / 480  | 0:22:25 / 503 | 0:28:51 / 531 | 0:33:41 / 558 |
| 622      | 4122   | KUFFEL Piotr                   | Warszawa         | POL       |                         | 85 M20/182 | M / 590            | 00:46:23  | 04.38      | +0:15:51 | 0:05:58 / 762  | 0:10:37 / 755  |               | 0:29:33 / 672 | 0:34:21 / 670 |
| 623      | 5592   | JAKUBIAK Rafał                 | Warszawa         | POL       | Biegamy Z Ochotą        | 78 M30/273 | M / 591            | 00:46:23  | 04.38      | +0:15:51 | 0:05:32 / 361  | 0:09:59 / 426  | 0:22:21 / 486 | 0:28:56 / 543 | 0:33:49 / 577 |
| 624      | 2499   | BUSZEWSKI Jakub                | Warszawa         | POL       |                         | 86 M20/183 | M / 592            | 00:46:24  | 04.38      | +0:15:52 | 0:06:09 / 972  | 0:10:47 / 852  | 0:23:23 / 748 | 0:29:38 / 687 | 0:34:14 / 639 |
| 625      | 3768   | ŻAKIEWICZ Maciej               | Warszawa         | POL       | Adwokaci                | 78 M30/274 | M / 593            | 00:46:24  | 04.38      | +0:15:52 | 0:05:59 / 770  | 0:10:31 / 690  | 0:22:43 / 577 | 0:29:17 / 603 | 0:34:04 / 617 |
| 626      | 3774   | NOSAL Tomasz                   | Warszawa         | POL       |                         | 90 M20/184 | M / 594            | 00:46:24  | 04.38      | +0:15:52 | 0:06:11 / 1016 | 0:10:53 / 937  | 0:23:23 / 747 | 0:29:49 / 731 | 0:34:31 / 703 |
| 627      | 2983   | ŁOJKO Michał esteban           | Drzonków         | POL       | Rajtarowianka Drzonków  | 87 M20/185 | M / 595            | 00:46:25  | 04.38      | +0:15:53 | 0:06:10 / 996  | 0:10:51 / 910  | 0:23:25 / 754 | 0:29:38 / 690 | 0:34:19 / 663 |
| 628      | 3964   | CHLUDZIŃSKI Michał             | Warszawa         | POL       |                         | 89 M20/186 | M / 596            | 00:46:25  | 04.38      | +0:15:53 | 0:06:12 / 1045 | 0:10:53 / 934  | 0:23:16 / 718 | 0:29:38 / 692 | 0:34:19 / 659 |
| 629      | 6494   | STRZONDAŁA Aleksander          | Otwock           | POL       |                         | 72 M40/102 | M / 597            | 00:46:26  | 04.38      | +0:15:54 | 0:05:44 / 526  | 0:10:07 / 488  | 0:22:24 / 499 | 0:28:52 / 534 | 0:33:48 / 576 |
| 630      | 6562   | SIBIGA Dariusz                 | Warszawa         | POL       | Szelest Sadyba          | 64 M40/103 | M / 598            | 00:46:26  | 04.38      | +0:15:54 | 0:05:48 / 581  | 0:10:19 / 581  | 0:22:53 / 616 | 0:29:12 / 591 | 0:33:50 / 580 |
| 631      | 3544   | WILK Marek                     | Ruda Śląska      | POL       | Ruda Śląska             | 86 M20/187 | M / 599            | 00:46:28  | 04.38      | +0:15:56 | 0:05:54 / 676  | 0:10:28 / 656  | 0:22:49 / 599 | 0:29:06 / 571 | 0:33:56 / 596 |
| 632      | 6065   | JUCHNOWICZ Michał              | Warszawa         | POL       | Accelerate              | 84 M20/188 | M / 600            | 00:46:29  | 04.38      | +0:15:57 | 0:06:16 / 1161 | 0:11:03 / 1041 | 0:23:32 / 789 | 0:29:49 / 726 | 0:34:30 / 698 |
| 633      | 4618   | RADECKI Oskar                  | Częstochowa      | POL       | Dziennik Treningowy     | 88 M20/189 | M / 601            | 00:46:30  | 04.39      | +0:15:58 | 0:05:58 / 760  | 0:10:37 / 758  | 0:23:24 / 752 | 0:29:39 / 697 | 0:34:13 / 637 |
| 634      | 118    | GALEWSKI Jacek                 | Warszawa         | POL       | Agora                   | 80 M30/275 | M / 602            | 00:46:30  | 04.39      | +0:15:58 | 0:06:09 / 984  | 0:10:53 / 932  | 0:23:32 / 791 | 0:29:50 / 732 | 0:34:33 / 709 |
| 635      | 4791   | SZARMACH Stanisław             | Gródek           | POL       | Niezrzeszony            | 52 M60/4   | M / 603            | 00:46:31  | 04.39      | +0:15:59 | 0:06:06 / 898  | 0:10:37 / 759  | 0:23:10 / 690 | 0:29:38 / 689 | 0:34:24 / 682 |
| 636      | 2764   | JĘDRZEJEWSKI Dawid             |                  | POL       | Rbs                     | 87 M20/190 | M / 604            | 00:46:31  | 04.39      | +0:15:59 | 0:06:08 / 967  | 0:10:35 / 728  | 0:22:49 / 601 | 0:29:17 / 604 | 0:34:00 / 609 |
| 637      | 2804   | KERNSTEIN Michał               | Łódź             | POL       | Biegampolodzi.pl Team   | 76 M30/276 | M / 605            | 00:46:31  | 04.39      | +0:15:59 | 0:06:03 / 856  | 0:10:47 / 851  | 0:23:25 / 753 | 0:29:40 / 698 | 0:34:26 / 689 |
| 638      | 4145   | GÓRSKI Grzegorz                | Warszawa         | POL       |                         | 73 M40/104 | M / 606            | 00:46:31  | 04.39      | +0:16:00 | 0:05:42 / 488  | 0:09:48 / 350  | 0:21:59 / 408 | 0:28:28 / 460 | 0:33:20 / 504 |
| 639      | 3767   | SZYMAŃSKI Karol                | Warszawa         | POL       | Klub Biegacza Włochy    | 95 M20/191 | M / 607            | 00:46:32  | 04.39      | +0:16:00 | 0:06:11 / 1017 | 0:10:51 / 909  | 0:23:40 / 827 | 0:29:50 / 733 | 0:34:25 / 686 |
| 640      | 5890   | MICHALEC Marek                 | Mińsk Mazowiecki | POL       |                         | 65 M40/105 | M / 608            | 00:46:32  | 04.39      | +0:16:00 | 0:05:35 / 391  | 0:09:59 / 427  | 0:22:24 / 501 | 0:28:59 / 550 | 0:33:54 / 591 |
| 641      | 3189   | PIETRZAK Mięczysław<br>andrzej | Piastów          | POL       |                         | 65 M40/106 | M / 609            | 00:46:32  | 04.39      | +0:16:00 | 0:05:29 / 312  | 0:09:46 / 329  | 0:22:07 / 436 | 0:28:43 / 506 | 0:33:39 / 551 |
| 642      | 6807   | KAMIŃSKI Łukasz                | Warszawa         | POL       | Pzu Sport Team          | 87 M20/192 | M / 610            | 00:46:33  | 04.39      | +0:16:01 | 0:06:12 / 1049 | 0:11:08 / 1116 | 0:23:40 / 829 | 0:30:03 / 781 | 0:34:37 / 730 |
| 643      | 2777   | KALINOWSKA Dominika            | Warszawa         | POL       |                         | 91 K20/12  | K / 33             | 00:46:34  | 04.39      | +0:16:02 | 0:05:42 / 498  | 0:10:13 / 533  | 0:22:41 / 566 | 0:29:07 / 575 | 0:33:56 / 600 |
| 644      | 5311   | TOMCZUK-KUZKA Katarzyna        | Warszawa         | POL       |                         | 76 K30/16  | K / 34             | 00:46:34  | 04.39      | +0:16:02 | 0:05:47 / 571  | 0:10:24 / 614  | 0:23:01 / 651 | 0:29:33 / 668 | 0:34:17 / 652 |
| 645      | 3592   | ZAJĄC Zbigniew                 | Malanów          | POL       | Kb Geotermia Uniejów    | 68 M40/107 | M / 611            | 00:46:34  | 04.39      | +0:16:02 | 0:05:44 / 520  | 0:10:08 / 493  | 0:22:39 / 549 | 0:29:05 / 570 | 0:33:58 / 605 |
| 646      | 4348   | KULIŃSKI Kamil                 |                  | POL       |                         | 83 M30/277 | M / 612            | 00:46:36  | 04.39      | +0:16:04 | 0:05:48 / 578  | 0:10:12 / 523  | 0:22:38 / 547 | 0:29:08 / 582 | 0:34:02 / 612 |
| 647      | 1362   | NOWAK Kuba                     | Warszawa         | POL       |                         | 76 M30/278 | M / 613            | 00:46:36  | 04.39      | +0:16:04 | 0:05:41 / 482  | 0:10:09 / 499  | 0:22:44 / 580 | 0:29:13 / 594 | 0:34:04 / 616 |
| 648      | 5927   | ZASTOCKI Paweł                 | Warszawa         | POL       |                         | 86 M20/193 | M / 614            | 00:46:36  | 04.39      | +0:16:04 | 0:05:43 / 503  | 0:10:15 / 551  |               | 0:28:36 / 481 | 0:33:24 / 509 |
| 649      | 321    | PAWŁOWSKA-POJAWA               | Warszawa-wesoła  | POL       | Pko                     | 76 K30/17  | K / 35             | 00:46:36  | 04.39      | +0:16:04 | 0:05:53 / 659  | 0:10:21 / 586  | 0:22:42 / 570 | 0:29:18 / 608 | 0:34:03 / 614 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club           | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |               |               |               |
|----------|--------|-----------------------|------------------|-----------|-----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|---------------|---------------|---------------|
| Anna     |        |                       |                  |           |                                   |         |                    |           |            |          |                |                |               |               |               |
| 650      | 5796   | LEŚNOWOLSKI Piotr     | Warszawa         | POL       | Euro-net                          | 68      | M40/108 M / 615    | 00:46:36  | 04.39      | +0:16:04 | 0:05:40 / 451  | 0:10:01 / 443  | 0:22:16 / 473 | 0:28:46 / 519 | 0:33:35 / 539 |
| 651      | 5625   | KURCZAB Justyna       | Limanowa         | POL       |                                   | 88      | K20/13 K / 36      | 00:46:37  | 04.39      | +0:16:05 | 0:05:51 / 624  | 0:10:32 / 696  | 0:22:59 / 639 | 0:29:17 / 602 | 0:34:04 / 619 |
| 652      | 4599   | KOPACZ Dariusz        | Milanówek        | POL       | Białuty Team                      | 72      | M40/109 M / 616    | 00:46:39  | 04.39      | +0:16:07 | 0:05:37 / 420  | 0:09:54 / 394  | 0:22:54 / 624 | 0:29:24 / 632 | 0:34:13 / 636 |
| 653      | 5657   | MIKULSKI Jacek        | Marki            | POL       | Kb Biegam Bo Lubię Warszawa       | 72      | M40/110 M / 617    | 00:46:39  | 04.39      | +0:16:07 | 0:06:19 / 1230 | 0:11:11 / 1161 | 0:23:39 / 822 | 0:29:51 / 740 | 0:34:29 / 694 |
| 654      | 4587   | SKALSKI Marek         | Warszawa         | POL       |                                   | 72      | M40/111 M / 618    | 00:46:40  | 04.40      | +0:16:08 | 0:06:12 / 1050 | 0:10:55 / 955  | 0:23:29 / 777 | 0:30:00 / 770 | 0:34:45 / 750 |
| 655      | 6044   | MOGIŁA Bartosz        | Warszawa         | POL       |                                   | 78      | M30/279 M / 619    | 00:46:40  | 04.40      | +0:16:08 | 0:06:38 / 1765 | 0:11:16 / 1227 | 0:23:59 / 915 | 0:30:26 / 866 | 0:35:00 / 793 |
| 656      | 3657   | KOWALCZYK Paweł       | Winnica          | POL       | Lider Winnica                     | 88      | M20/194 M / 620    | 00:46:40  | 04.40      | +0:16:08 | 0:05:58 / 756  | 0:10:38 / 771  | 0:23:22 / 740 | 0:29:54 / 750 | 0:34:45 / 749 |
| 657      | 5121   | WIECZOREK Michał      | Piaseczno        | POL       |                                   | 85      | M20/195 M / 621    | 00:46:41  | 04.40      | +0:16:09 | 0:06:09 / 978  | 0:11:14 / 1202 | 0:23:53 / 892 | 0:30:23 / 856 | 0:35:03 / 803 |
| 658      | 4303   | KUNKEL Marek          | Warszawa         | POL       | Accelerate                        | 74      | M30/280 M / 622    | 00:46:42  | 04.40      | +0:16:10 | 0:06:06 / 903  | 0:10:49 / 874  | 0:23:35 / 807 | 0:29:56 / 760 | 0:34:35 / 721 |
| 659      | 6908   | SZMYTKOWSKI Krzysztof | Legionowo        | POL       | Orange Polska                     | 72      | M40/112 M / 623    | 00:46:42  | 04.40      | +0:16:10 | 0:06:08 / 952  | 0:10:45 / 829  | 0:23:10 / 693 | 0:29:30 / 658 | 0:34:13 / 635 |
| 660      | 4900   | RYMARCZYK Łukasz      | Krawiecżyn       | POL       |                                   | 93      | M20/196 M / 624    | 00:46:42  | 04.40      | +0:16:10 | 0:05:54 / 681  | 0:10:21 / 590  | 0:22:59 / 643 | 0:29:27 / 643 | 0:34:16 / 645 |
| 661      | 5241   | MRÓZ Kacper           | Gdańsk           | POL       | Adwokaci                          | 84      | M20/197 M / 625    | 00:46:42  | 04.40      | +0:16:10 | 0:05:44 / 517  | 0:10:18 / 569  | 0:22:59 / 641 | 0:29:27 / 645 | 0:34:16 / 648 |
| 662      | 4224   | HOLUBOWSKI Łukasz     | Warszawa         | POL       | Pwc Running Team                  | 80      | M30/281 M / 626    | 00:46:43  | 04.40      | +0:16:11 | 0:05:47 / 563  | 0:10:25 / 619  | 0:22:57 / 628 | 0:29:30 / 656 | 0:34:22 / 675 |
| 663      | 5761   | BANDKOWSKI Wiktor     | Warszawa         | POL       | Skandia Running Team              | 85      | M20/198 M / 627    | 00:46:44  | 04.40      | +0:16:12 | 0:05:54 / 673  | 0:10:37 / 753  | 0:23:10 / 689 | 0:29:37 / 685 | 0:34:19 / 664 |
| 664      | 2585   | DOLKOWSKI Wojciech    | Warszawa         | POL       |                                   | 79      | M30/282 M / 628    | 00:46:44  | 04.40      | +0:16:12 | 0:06:14 / 1095 | 0:10:52 / 918  | 0:23:45 / 861 | 0:30:18 / 838 | 0:34:54 / 774 |
| 665      | 4798   | ZAWODNIK Do uzup      |                  | POL       |                                   |         | M / 629            | 00:46:44  | 04.40      | +0:16:12 | 0:06:15 / 1136 | 0:11:00 / 1013 | 0:23:36 / 810 | 0:30:01 / 775 | 0:34:38 / 731 |
| 666      | 3773   | SZCZYPCZYŃSKA Anna    | Warszawa         | POL       | Jacekbiega By Powergym            | 83      | K30/18 K / 37      | 00:46:45  | 04.40      | +0:16:13 | 0:06:10 / 992  | 0:10:53 / 929  | 0:23:21 / 737 | 0:29:48 / 722 | 0:34:31 / 700 |
| 667      | 6907   | JANKOWSKI Mariusz     | Warszawa         | POL       | Niezrzeszony                      | 68      | M40/113 M / 630    | 00:46:46  | 04.40      | +0:16:14 | 0:06:07 / 940  | 0:10:46 / 847  | 0:23:14 / 707 | 0:29:35 / 679 | 0:34:21 / 671 |
| 668      | 4793   | PAWLAK Kamil          | Wolomin          | POL       | Benefit                           | 88      | M20/199 M / 631    | 00:46:46  | 04.40      | +0:16:14 | 0:06:07 / 924  | 0:10:46 / 843  | 0:23:32 / 790 | 0:29:57 / 762 | 0:34:34 / 718 |
| 669      | 5808   | CIUHAŁ Krzysztof      | Siedlce          | POL       | Grupa Strategia                   | 70      | M40/114 M / 632    | 00:46:46  | 04.40      | +0:16:14 | 0:05:58 / 753  | 0:10:42 / 810  | 0:23:22 / 742 | 0:29:48 / 725 | 0:34:34 / 713 |
| 670      | 5408   | ANCAKOWSKI Patryk     | Warszawa         | POL       |                                   | 85      | M20/200 M / 633    | 00:46:46  | 04.40      | +0:16:14 | 0:05:30 / 327  | 0:09:55 / 397  | 0:22:23 / 497 | 0:29:16 / 600 | 0:34:24 / 683 |
| 671      | 5066   | REMBIERZ Krzysztof    | Warszawa         | POL       | Adwokaci                          | 84      | M20/201 M / 634    | 00:46:46  | 04.40      | +0:16:15 | 0:06:04 / 866  | 0:10:54 / 944  | 0:23:46 / 867 | 0:30:16 / 832 | 0:34:59 / 791 |
| 672      | 5926   | MROZIEWICZ Konrad     | Pułtusk          | POL       | Wopr Pułtusk                      | 90      | M20/202 M / 635    | 00:46:48  | 04.40      | +0:16:16 | 0:05:11 / 156  | 0:09:23 / 199  | 0:22:32 / 524 | 0:29:48 / 723 | 0:34:31 / 701 |
| 673      | 6861   | MALISZEWSKI Cezary    | Warszawa         | POL       | Denat Warszawa                    | 58      | M50/23 M / 636     | 00:46:49  | 04.40      | +0:16:17 | 0:05:52 / 631  | 0:10:30 / 676  | 0:22:58 / 636 | 0:29:31 / 661 | 0:34:16 / 649 |
| 674      | 5533   | FALKOWSKI Maciej      | Warszawa         | POL       | Po Prostu                         | 82      | M30/283 M / 637    | 00:46:49  | 04.40      | +0:16:17 | 0:05:54 / 668  | 0:10:34 / 724  | 0:23:28 / 775 | 0:30:02 / 778 | 0:34:40 / 736 |
| 675      | 6131   | TUREK Michał          | Warszawa         | POL       | Roche Runners                     | 79      | M30/284 M / 638    | 00:46:49  | 04.40      | +0:16:17 | 0:05:48 / 577  | 0:10:37 / 748  | 0:23:17 / 719 | 0:29:51 / 737 | 0:34:33 / 710 |
| 676      | 3360   | FREITES Luis          |                  | POL       |                                   | 61      | M50/24 M / 639     | 00:46:49  | 04.40      | +0:16:17 | 0:05:45 / 542  | 0:10:04 / 458  | 0:22:31 / 522 | 0:28:57 / 545 | 0:33:36 / 544 |
| 677      | 136    | WOŁOSKI Filip         | Warszawa         | POL       | Agora                             | 73      | M40/115 M / 640    | 00:46:49  | 04.40      | +0:16:17 | 0:05:51 / 617  | 0:10:24 / 609  | 0:22:49 / 600 | 0:29:25 / 633 | 0:34:13 / 634 |
| 678      | 79     | SUSABOWSKI Andrzej    |                  | POL       |                                   | 81      | M30/285 M / 641    | 00:46:50  | 04.41      | +0:16:18 | 0:05:34 / 381  | 0:09:56 / 407  | 0:22:05 / 431 | 0:28:24 / 442 | 0:33:43 / 565 |
| 679      | 368    | SKRĘTA Łukasz         |                  | POL       | Pko                               | 13      | M / 642            | 00:46:50  | 04.41      | +0:16:18 | 0:06:22 / 1324 | 0:11:18 / 1268 | 0:23:51 / 885 | 0:30:13 / 820 | 0:34:53 / 769 |
| 680      | 4893   | PRUGAR Jarosław       | Nadarzyn         | POL       | Asraz Adventure Team              | 68      | M40/116 M / 643    | 00:46:50  | 04.41      | +0:16:18 | 0:06:02 / 832  | 0:10:33 / 705  | 0:23:02 / 658 | 0:29:34 / 674 | 0:34:20 / 667 |
| 681      | 5809   | PUCHACZ Piotr         | Warszawa         | POL       |                                   | 74      | M30/286 M / 644    | 00:46:50  | 04.41      | +0:16:18 | 0:06:06 / 899  | 0:10:44 / 820  | 0:23:18 / 726 | 0:29:44 / 712 | 0:34:20 / 669 |
| 682      | 5320   | SPALIŃSKI Mateusz     | Brańsk           | POL       |                                   | 90      | M20/203 M / 645    | 00:46:51  | 04.41      | +0:16:19 | 0:06:21 / 1300 | 0:11:12 / 1180 | 0:24:00 / 922 | 0:30:18 / 842 | 0:35:00 / 794 |
| 683      | 4595   | BELDOWSKI Jacek       | Podkowa Leśna    | POL       | Podkowieńskie Towarzystwo Biegowe | 63      | M50/25 M / 646     | 00:46:53  | 04.41      | +0:16:21 | 0:06:06 / 897  | 0:10:50 / 893  | 0:23:35 / 805 | 0:29:55 / 758 | 0:34:36 / 727 |
| 684      | 3480   | TOBOLA Paweł          | Warszawa         | POL       |                                   | 81      | M30/287 M / 647    | 00:46:54  | 04.41      | +0:16:22 | 0:05:40 / 454  | 0:10:11 / 516  | 0:22:45 / 582 | 0:29:15 / 597 | 0:34:08 / 626 |
| 685      | 4817   | BOGUSZ Sebastian      | Warszawa         | POL       |                                   | 86      | M20/204 M / 648    | 00:46:54  | 04.41      | +0:16:22 | 0:06:17 / 1195 | 0:10:54 / 945  | 0:23:03 / 668 | 0:29:38 / 693 | 0:34:22 / 676 |
| 686      | 6073   | GAJDECKI Tomek        | Warszawa         | POL       | Accelerate                        | 78      | M30/288 M / 649    | 00:46:54  | 04.41      | +0:16:22 | 0:06:05 / 882  | 0:11:00 / 1011 | 0:23:12 / 696 | 0:29:29 / 653 | 0:34:18 / 656 |
| 687      | 4350   | RÓŻYC Norbert         | Warszawa         | POL       |                                   | 84      | M20/205 M / 650    | 00:46:54  | 04.41      | +0:16:22 | 0:06:12 / 1056 | 0:11:07 / 1107 | 0:24:02 / 932 | 0:30:25 / 864 | 0:35:05 / 814 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name      | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club        | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |               |               |
|----------|--------|---------------------------|------------------|-----------|--------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|---------------|---------------|
| 688      | 3290   | RYBKOWSKI Grzegorz        | Pruszków         | POL       | Biegamy Z Ochotą               | 68      | M40/117 M / 651    | 00:46:54  | 04.41      | +0:16:23 | 0:06:27 / 1454 | 0:11:15 / 1215 | 0:23:52 / 886  | 0:30:11 / 811 | 0:34:57 / 784 |
| 689      | 2515   | CHMIELEWSKI Przemysław    | Warszawa         | POL       | Stara Baba Running Team        | 85      | M20/206 M / 652    | 00:46:55  | 04.41      | +0:16:23 | 0:05:49 / 586  | 0:10:45 / 831  | 0:23:14 / 709  | 0:29:31 / 662 | 0:34:34 / 715 |
| 690      | 4087   | DLUGOŁĘCKI Hubert         | Ostrolęka        | POL       |                                | 88      | M20/207 M / 653    | 00:46:55  | 04.41      | +0:16:23 | 0:05:53 / 653  | 0:10:22 / 604  | 0:22:47 / 592  | 0:29:22 / 622 | 0:34:20 / 668 |
| 691      | 4365   | KOWAL Amadeusz            | Lubaczów         | POL       |                                | 87      | M20/208 M / 654    | 00:46:56  | 04.41      | +0:16:24 | 0:06:08 / 966  | 0:10:51 / 905  | 0:23:23 / 746  | 0:29:44 / 710 | 0:34:34 / 719 |
| 692      | 4193   | SIWIK Marcin              | Ręczaję Polskie  | POL       | Zadzyszka Wołomin              | 91      | M20/209 M / 655    | 00:46:57  | 04.41      | +0:16:25 | 0:06:23 / 1359 | 0:11:09 / 1127 | 0:23:49 / 878  | 0:30:03 / 784 | 0:34:40 / 738 |
| 693      | 5477   | LAU Marcin                | Ząbki            | POL       |                                | 74      | M30/289 M / 656    | 00:46:58  | 04.41      | +0:16:26 | 0:06:10 / 998  | 0:10:57 / 985  | 0:23:40 / 826  | 0:29:58 / 765 | 0:34:39 / 734 |
| 694      | 6160   | KOROLCZUK Krzysztof       | Warszawa         | POL       |                                | 63      | M50/26 M / 657     | 00:46:58  | 04.41      | +0:16:26 | 0:06:01 / 810  | 0:10:43 / 812  | 0:23:26 / 761  | 0:29:58 / 766 | 0:34:44 / 746 |
| 695      | 3672   | KOWALCZYK Grzegorz        | Bronisławów      | POL       | Lider Winnica/db Marathon Team | 81      | M30/290 M / 658    | 00:46:59  | 04.41      | +0:16:27 | 0:05:38 / 426  | 0:10:08 / 490  | 0:22:37 / 541  | 0:29:15 / 599 | 0:34:09 / 629 |
| 696      | 4329   | CZARNOTA Czarnota         | Warszawa         | POL       |                                | 84      | M20/210 M / 659    | 00:46:59  | 04.41      | +0:16:27 | 0:05:54 / 683  | 0:10:24 / 612  | 0:22:54 / 623  | 0:29:29 / 652 | 0:34:24 / 681 |
| 697      | 5646   | RUCZYŃSKI Igor            | Warszawa         | POL       |                                | 84      | M20/211 M / 660    | 00:47:00  | 04.42      | +0:16:28 | 0:06:15 / 1142 | 0:11:06 / 1088 | 0:24:02 / 930  | 0:30:15 / 830 | 0:34:57 / 782 |
| 698      | 4958   | RADZIMIŃSKI Stefan        | Warszawa         | POL       |                                | 74      | M30/291 M / 661    | 00:47:01  | 04.42      | +0:16:29 | 0:05:40 / 465  | 0:09:58 / 423  | 0:21:56 / 396  | 0:28:28 / 458 | 0:33:27 / 519 |
| 699      | 2472   | BOMASTEK Sławomir         | Toruń            | POL       | Kalos Kagatos                  | 88      | M20/212 M / 662    | 00:47:01  | 04.42      | +0:16:29 | 0:06:14 / 1113 | 0:11:09 / 1135 | 0:23:56 / 903  | 0:30:18 / 840 | 0:34:57 / 783 |
| 700      | 5685   | TYBURSKI Piotr            | Warszawa         | POL       | Pekao Ekipa                    | 72      | M40/118 M / 663    | 00:47:01  | 04.42      | +0:16:29 | 0:05:49 / 595  | 0:10:33 / 707  | 0:22:54 / 620  | 0:29:18 / 609 | 0:34:22 / 674 |
| 701      | 5622   | HERMAN Rafał              | Piaseczno        | POL       |                                | 77      | M30/292 M / 664    | 00:47:01  | 04.42      | +0:16:30 | 0:06:11 / 1038 | 0:11:13 / 1189 | 0:24:06 / 950  | 0:30:29 / 871 | 0:35:17 / 857 |
| 702      | 6788   | SACHA Łukasz              | Chotomów         | POL       | Runwit - Treningbiegowe.pl     | 80      | M30/293 M / 665    | 00:47:02  | 04.42      | +0:16:30 | 0:05:50 / 606  | 0:10:30 / 674  | 0:23:12 / 698  | 0:29:46 / 720 | 0:34:35 / 723 |
| 703      | 5554   | SIENKIEWICZ Maciej        | Warszawa         | POL       |                                | 80      | M30/294 M / 666    | 00:47:02  | 04.42      | +0:16:31 | 0:06:05 / 888  | 0:10:48 / 865  | 0:23:40 / 828  | 0:30:19 / 845 | 0:35:06 / 819 |
| 704      | 6081   | POLAK Michał              | Warszawa         | POL       | Accelerate (accenture)         | 89      | M20/213 M / 667    | 00:47:02  | 04.42      | +0:16:31 | 0:06:29 / 1509 | 0:11:39 / 1585 | 0:24:27 / 1068 | 0:30:45 / 942 | 0:35:32 / 903 |
| 705      | 3948   | LUDWINEK-ZARZEKA Iwona    | Warszawa         | POL       | Vege Runners                   | 83      | K30/19 K / 38      | 00:47:03  | 04.42      | +0:16:31 | 0:05:54 / 680  | 0:10:31 / 688  | 0:23:05 / 676  | 0:29:33 / 669 | 0:34:17 / 655 |
| 706      | 4539   | MEL Michał                | Warszawa         | POL       | Raiffeisen Polbank             | 85      | M20/214 M / 668    | 00:47:04  | 04.42      | +0:16:32 | 0:06:04 / 857  | 0:10:29 / 667  | 0:22:51 / 610  | 0:29:24 / 629 | 0:34:17 / 650 |
| 707      | 4913   | NIEDŹWIADEK Czesław       | Warszawa         | POL       | Dgw Warszawa                   | 56      | M50/27 M / 669     | 00:47:04  | 04.42      | +0:16:32 | 0:05:55 / 700  | 0:10:25 / 623  | 0:23:03 / 661  | 0:29:33 / 670 | 0:34:21 / 672 |
| 708      | 6217   | NOWIERSKI Łukasz          | Warszawa         | POL       |                                | 84      | M20/215 M / 670    | 00:47:05  | 04.42      | +0:16:33 | 0:06:11 / 1036 | 0:11:05 / 1078 | 0:23:52 / 887  | 0:30:14 / 826 | 0:35:03 / 804 |
| 709      | 4911   | KACPURA Paweł             | Warszawa         | POL       |                                | 76      | M30/295 M / 671    | 00:47:05  | 04.42      | +0:16:33 | 0:05:42 / 496  | 0:10:14 / 541  | 0:22:41 / 565  | 0:29:18 / 607 | 0:34:06 / 623 |
| 710      | 6032   | RACZEK-ZAKRZEWSKI Mateusz | Ostrówek         | POL       |                                | 85      | M20/216 M / 672    | 00:47:06  | 04.42      | +0:16:34 | 0:06:19 / 1248 | 0:11:20 / 1293 | 0:23:49 / 880  | 0:30:14 / 825 | 0:34:55 / 779 |
| 711      | 4377   | ŁOJKO Natalia             | Warszawa         | POL       |                                | 81      | K30/20 K / 39      | 00:47:06  | 04.42      | +0:16:34 | 0:05:54 / 689  | 0:10:34 / 710  | 0:23:14 / 708  | 0:29:39 / 696 | 0:34:28 / 692 |
| 712      | 4172   | ADAMSKA Lidia             | Warszawa         | POL       |                                | 56      | K50/2 K / 40       | 00:47:06  | 04.42      | +0:16:34 | 0:06:11 / 1022 | 0:10:57 / 980  | 0:23:41 / 838  | 0:30:08 / 799 | 0:34:55 / 778 |
| 713      | 5002   | SZPILSKI Kamil            | Warszawa         | POL       |                                | 78      | M30/296 M / 673    | 00:47:06  | 04.42      | +0:16:34 | 0:06:00 / 794  | 0:10:40 / 783  | 0:23:28 / 769  | 0:29:51 / 741 | 0:34:34 / 714 |
| 714      | 4770   | KOZŁOWSKI Sobiesław       | Warszawa         | POL       | Raiffeisen Polbank             | 79      | M30/297 M / 674    | 00:47:06  | 04.42      | +0:16:34 | 0:06:08 / 961  | 0:10:41 / 794  | 0:23:30 / 784  | 0:30:12 / 814 | 0:34:52 / 766 |
| 715      | 6296   | CHMIEL Przemysław         | Warszawa         | POL       |                                | 78      | M30/298 M / 675    | 00:47:06  | 04.42      | +0:16:34 | 0:06:18 / 1214 | 0:11:23 / 1349 | 0:24:29 / 1084 | 0:30:45 / 941 | 0:35:27 / 884 |
| 716      | 6747   | FALANDYSZ Damian          | Pruszków         | POL       |                                | 87      | M20/217 M / 676    | 00:47:07  | 04.42      | +0:16:35 | 0:05:26 / 279  | 0:09:43 / 308  | 0:22:21 / 487  | 0:29:08 / 578 | 0:33:55 / 593 |
| 717      | 6021   | DUDZIEC Piotr             | Warszawa         | POL       | Asa Team Warszawa              | 83      | M30/299 M / 677    | 00:47:07  | 04.42      | +0:16:35 | 0:05:51 / 626  | 0:10:24 / 611  | 0:22:36 / 537  | 0:29:12 / 590 | 0:34:08 / 625 |
| 718      | 3804   | SKULTECKA Joanna          | Warszawa         | POL       | Mort!                          | 81      | K30/21 K / 41      | 00:47:07  | 04.42      | +0:16:35 | 0:05:59 / 772  | 0:10:31 / 693  | 0:23:13 / 705  | 0:29:49 / 729 | 0:34:29 / 693 |
| 719      | 3742   | FAJBUSIEWICZ Dominik      | Łódź             | POL       |                                | 77      | M30/300 M / 678    | 00:47:07  | 04.42      | +0:16:35 | 0:05:53 / 655  | 0:10:26 / 632  | 0:23:03 / 666  | 0:29:10 / 587 | 0:33:58 / 606 |
| 720      | 2625   | GACZYŃSKI Mariusz         | Warszawa         | POL       |                                | 77      | M30/301 M / 679    | 00:47:08  | 04.42      | +0:16:36 | 0:06:11 / 1026 | 0:11:06 / 1089 | 0:23:53 / 891  | 0:30:18 / 839 | 0:35:00 / 796 |
| 721      | 5626   | KURCZAB Marcin            | Limanowa         | POL       | -                              | 90      | M20/218 M / 680    | 00:47:09  | 04.42      | +0:16:37 | 0:05:41 / 484  | 0:10:09 / 501  | 0:22:46 / 588  | 0:29:21 / 616 | 0:34:16 / 647 |
| 722      | 3278   | ROSA Łukasz               | Warszawa         | POL       | Ct Team                        | 86      | M20/219 M / 681    | 00:47:09  | 04.42      | +0:16:37 | 0:06:08 / 949  | 0:10:54 / 938  | 0:23:34 / 801  | 0:29:51 / 739 | 0:34:26 / 688 |
| 723      | 6850   | KANIEWSKI Paweł           | Warszawa         | POL       |                                | 82      | M30/302 M / 682    | 00:47:09  | 04.42      | +0:16:37 | 0:05:42 / 495  | 0:10:09 / 504  | 0:22:52 / 613  | 0:29:28 / 649 | 0:34:14 / 638 |
| 724      | 3369   | STACHURSKI Michał         | Warszawa         | POL       |                                | 80      | M30/303 M / 683    | 00:47:10  | 04.43      | +0:16:38 | 0:06:12 / 1067 | 0:10:57 / 976  | 0:23:46 / 868  | 0:30:08 / 798 | 0:34:50 / 759 |
| 725      | 6369   | PODLEWSKI Jacek           | Warszawa         | POL       |                                | 67      | M40/119 M / 684    | 00:47:10  | 04.43      | +0:16:38 | 0:06:20 / 1265 | 0:10:50 / 899  | 0:23:22 / 745  | 0:29:50 / 735 | 0:34:39 / 733 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|--------------------|-----------|----------------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 726      | 5631   | BARTOSZEK Marcin       | Warszawa           | POL       |                                  | 89 M20/220 | M / 685            | 00:47:10  | 04.43      | +0:16:38 | 0:06:12 / 1055 | 0:11:01 / 1020 | 0:23:37 / 815  | 0:30:08 / 797  | 0:34:50 / 761  |
| 727      | 2994   | MACHNICKI Tomasz       | Gorzów Wlkp.       | POL       |                                  | 84 M20/221 | M / 686            | 00:47:10  | 04.43      | +0:16:38 | 0:06:16 / 1170 | 0:10:57 / 987  | 0:23:29 / 778  | 0:29:53 / 748  | 0:34:35 / 726  |
| 728      | 4654   | LASIŃSKI Rafał         | Warszawa           | POL       | Aks Polonia                      | 84 M20/222 | M / 687            | 00:47:11  | 04.43      | +0:16:39 | 0:05:53 / 650  | 0:10:21 / 594  | 0:22:47 / 589  | 0:29:19 / 610  | 0:34:09 / 631  |
| 729      | 3911   | ROEHRYCH Paweł         | Warszawa           | POL       | Maratony Polskie.pl Team         | 71 M40/120 | M / 688            | 00:47:11  | 04.43      | +0:16:39 | 0:06:23 / 1360 | 0:11:01 / 1022 | 0:23:23 / 751  | 0:29:45 / 716  | 0:34:25 / 685  |
| 730      | 5832   | OLECH Marcin           | Warszawa           | POL       | Niebiescy Wola                   | 80 M30/304 | M / 689            | 00:47:11  | 04.43      | +0:16:39 | 0:05:52 / 635  | 0:10:28 / 649  | 0:23:05 / 674  | 0:29:28 / 647  | 0:34:17 / 654  |
| 731      | 6001   | WOJCIECHOWSKI Paweł    | Warszawa           | POL       |                                  | 71 M40/121 | M / 690            | 00:47:11  | 04.43      | +0:16:39 | 0:06:12 / 1066 | 0:11:13 / 1186 | 0:23:52 / 888  | 0:30:19 / 843  | 0:35:05 / 817  |
| 732      | 5010   | PIKOR Jacek            | Zamość             | POL       | Bez Klubu                        | 73 M40/122 | M / 691            | 00:47:12  | 04.43      | +0:16:40 | 0:05:55 / 696  | 0:10:28 / 659  | 0:22:58 / 637  | 0:29:35 / 678  | 0:34:26 / 687  |
| 733      | 6211   | JURKOWSKI Marcin       | Nowy Wilków        | POL       |                                  | 76 M30/305 | M / 692            | 00:47:12  | 04.43      | +0:16:40 | 0:05:41 / 479  | 0:10:18 / 570  | 0:23:08 / 685  | 0:29:45 / 717  | 0:34:31 / 702  |
| 734      | 2802   | KĄŻMIERCZAK Marta      | Warszawa           | POL       |                                  | 81 K30/22  | K / 42             | 00:47:13  | 04.43      | +0:16:41 | 0:06:14 / 1107 | 0:10:55 / 953  | 0:23:34 / 799  | 0:29:52 / 744  | 0:34:35 / 725  |
| 735      | 2929   | KULESZA Michał         | Białystok          | POL       |                                  | 85 M20/223 | M / 693            | 00:47:13  | 04.43      | +0:16:41 | 0:05:45 / 540  | 0:10:25 / 624  | 0:22:59 / 638  | 0:29:33 / 673  | 0:34:19 / 660  |
| 736      | 4474   | ŚLEDZIECKI Konrad      | Warszawa           | POL       |                                  | 78 M30/306 | M / 694            | 00:47:13  | 04.43      | +0:16:41 | 0:05:50 / 598  | 0:10:25 / 621  | 0:23:02 / 654  | 0:29:36 / 683  | 0:34:24 / 680  |
| 737      | 3062   | MITKO Janusz           | Warszawa           | POL       |                                  | 78 M30/307 | M / 695            | 00:47:15  | 04.43      | +0:16:43 | 0:05:40 / 458  | 0:09:47 / 339  | 0:22:00 / 411  | 0:28:43 / 504  | 0:33:41 / 556  |
| 738      | 6338   | SWYNARSKI Tomasz       | Warszawa           | POL       |                                  | 71 M40/123 | M / 696            | 00:47:15  | 04.43      | +0:16:44 | 0:05:57 / 743  | 0:10:43 / 815  | 0:23:25 / 756  | 0:29:54 / 753  | 0:34:46 / 752  |
| 739      | 5480   | GAŚ Rafał              | Warszawa           | POL       |                                  | 85 M20/224 | M / 697            | 00:47:15  | 04.43      | +0:16:44 | 0:06:14 / 1116 | 0:11:14 / 1203 | 0:24:00 / 921  | 0:30:25 / 865  | 0:35:20 / 865  |
| 740      | 6009   | SZENDZIELARZ Michał    | Bielsko-biała      | POL       | Accelerate                       | 90 M20/225 | M / 698            | 00:47:16  | 04.43      | +0:16:44 | 0:06:34 / 1674 | 0:11:37 / 1550 | 0:24:17 / 1013 | 0:30:41 / 926  | 0:35:26 / 883  |
| 741      | 4345   | CYPEL Piotr            | Sochaczew          | POL       | Dragon Fight Club                | 82 M30/308 | M / 699            | 00:47:16  | 04.43      | +0:16:44 | 0:05:52 / 644  | 0:10:22 / 602  | 0:22:55 / 625  | 0:29:27 / 642  | 0:34:24 / 684  |
| 742      | 5567   | TŁOŁKA Łukasz          | Warszawa           | POL       |                                  | 84 M20/226 | M / 700            | 00:47:17  | 04.43      | +0:16:45 | 0:06:15 / 1146 | 0:11:09 / 1134 | 0:24:09 / 969  | 0:30:30 / 880  | 0:35:16 / 852  |
| 743      | 6213   | WNUK Maciek            | Ząbki              | POL       | Db Marathon Team                 | 80 M30/309 | M / 701            | 00:47:17  | 04.43      | +0:16:45 | 0:06:15 / 1132 | 0:10:53 / 930  | 0:23:29 / 781  | 0:29:50 / 734  | 0:34:35 / 720  |
| 744      | 2984   | LUBIAN Michał          | Garwolin           | POL       |                                  | 84 M20/227 | M / 702            | 00:47:17  | 04.43      | +0:16:45 | 0:06:08 / 951  | 0:10:37 / 749  | 0:23:15 / 710  | 0:29:43 / 704  | 0:34:31 / 704  |
| 745      | 5490   | PRZYBYLSKI Tomasz      | Warszawa           | POL       | Klub Wysokogóski Warszawa        | 55 M50/28  | M / 703            | 00:47:17  | 04.43      | +0:16:46 | 0:06:10 / 990  | 0:10:53 / 928  | 0:1-1-6 / 4    | 0:30:05 / 792  | 0:34:49 / 756  |
| 746      | 2385   | ADAMASZEK Artur        | Żyrardów           | POL       | Brak                             | 81 M30/310 | M / 704            | 00:47:18  | 04.43      | +0:16:46 | 0:06:46 / 1999 | 0:11:48 / 1705 | 0:25:06 / 1337 | 0:31:32 / 1176 | 0:36:06 / 1038 |
| 747      | 2408   | BANACH Łukasz          | Radom              | POL       |                                  | 77 M30/311 | M / 705            | 00:47:18  | 04.43      | +0:16:46 | 0:05:45 / 539  | 0:10:10 / 508  | 0:22:45 / 586  | 0:29:41 / 701  | 0:34:32 / 708  |
| 748      | 5970   | STASZAŁEK Michał       | Wołomin            | POL       |                                  | 92 M20/228 | M / 706            | 00:47:18  | 04.43      | +0:16:46 | 0:06:47 / 2008 | 0:11:43 / 1640 | 0:24:22 / 1039 | 0:30:57 / 1002 | 0:35:55 / 995  |
| 749      | 3371   | STANIAK Maciek         | Warszawa           | POL       | Ministerstwo Spraw Zagranicznych | 85 M20/229 | M / 707            | 00:47:21  | 04.44      | +0:16:49 | 0:06:37 / 1748 | 0:11:43 / 1638 | 0:24:25 / 1064 | 0:30:38 / 912  | 0:35:24 / 877  |
| 750      | 5564   | PŁOCHOCKI Jacek        | Warszawa           | POL       | Run4ursus                        | 89 M20/230 | M / 708            | 00:47:21  | 04.44      | +0:16:49 | 0:06:20 / 1255 | 0:11:10 / 1156 | 0:24:11 / 974  | 0:30:35 / 897  | 0:35:15 / 846  |
| 751      | 5693   | MAŚLANKA Piotr         | Konstancin-jeziorn | POL       | Opel Running Team                | 72 M40/124 | M / 709            | 00:47:22  | 04.44      | +0:16:50 | 0:05:56 / 716  | 0:10:26 / 634  | 0:23:07 / 680  | 0:29:39 / 694  | 0:34:35 / 724  |
| 752      | 5875   | LETKOWSKI Dariusz      | Warszawa           | POL       | Gapmont Running Team             | 78 M30/312 | M / 710            | 00:47:22  | 04.44      | +0:16:50 | 0:05:27 / 285  | 0:09:51 / 368  | 0:22:47 / 591  | 0:29:30 / 659  | 0:34:32 / 705  |
| 753      | 3855   | FUKIET Bartek          | Warszawa           | POL       |                                  | 71 M40/125 | M / 711            | 00:47:22  | 04.44      | +0:16:50 | 0:06:27 / 1475 | 0:11:18 / 1272 |                | 0:30:50 / 958  | 0:35:29 / 889  |
| 754      | 5036   | SKOWRON Krzysztof      | Warszawa           | POL       |                                  | 73 M40/126 | M / 712            | 00:47:24  | 04.44      | +0:16:52 | 0:05:41 / 474  | 0:10:22 / 599  | 0:23:10 / 691  | 0:29:52 / 742  | 0:34:45 / 748  |
| 755      | 4846   | LITNIEWSKI Maciej      | Warszawa           | POL       | Bull Racing Team                 | 82 M30/313 | M / 713            | 00:47:24  | 04.44      | +0:16:53 | 0:06:04 / 872  | 0:10:46 / 839  | 0:23:42 / 843  | 0:30:16 / 831  | 0:35:09 / 826  |
| 756      | 4629   | MURACH Marcin          | Świnoujście        | POL       | The Brand                        | 81 M30/314 | M / 714            | 00:47:25  | 04.44      | +0:16:53 | 0:06:25 / 1409 | 0:11:26 / 1382 | 0:24:42 / 1160 | 0:31:01 / 1020 | 0:35:33 / 911  |
| 757      | 2787   | KAMIŃSKI Stanisław     | Nadarzyn           | POL       |                                  | 58 M50/29  | M / 715            | 00:47:25  | 04.44      | +0:16:53 | 0:06:01 / 813  | 0:10:37 / 751  | 0:23:30 / 785  | 0:30:00 / 772  | 0:34:49 / 758  |
| 758      | 4170   | SKRZYPCZAK Hubert      | Pruszków           | POL       |                                  | 79 M30/315 | M / 716            | 00:47:26  | 04.44      | +0:16:54 | 0:06:13 / 1075 | 0:11:10 / 1147 | 0:24:22 / 1038 | 0:30:37 / 910  | 0:35:19 / 860  |
| 759      | 3287   | RUDNICKI Michał        | Warszawa           | POL       | Accelerate                       | 81 M30/316 | M / 717            | 00:47:26  | 04.44      | +0:16:54 | 0:06:45 / 1977 | 0:11:55 / 1843 | 0:24:50 / 1211 | 0:31:08 / 1052 | 0:35:42 / 949  |
| 760      | 5426   | KOWALCZYK Grzegorz     | Warszawa           | POL       |                                  | 75 M30/317 | M / 718            | 00:47:26  | 04.44      | +0:16:54 | 0:06:03 / 843  | 0:10:37 / 746  | 0:23:28 / 772  | 0:29:57 / 764  | 0:34:42 / 742  |
| 761      | 350    | FURMAN Tomasz          | Warszawa           | POL       | Pko                              | 71 M40/127 | M / 719            | 00:47:27  | 04.44      | +0:16:55 | 0:06:26 / 1437 | 0:11:17 / 1240 | 0:24:24 / 1057 | 0:30:31 / 882  | 0:35:05 / 816  |
| 762      | 6288   | REMISIEWICZ Łukasz     | Warszawa           | POL       | Fitback.pl                       | 82 M30/318 | M / 720            | 00:47:27  | 04.44      | +0:16:55 | 0:06:27 / 1461 | 0:11:33 / 1479 | 0:24:37 / 1122 | 0:30:50 / 969  | 0:35:42 / 946  |
| 763      | 3302   | SALAK Bartłomiej       | Ząbki              | POL       |                                  | 86 M20/231 | M / 721            | 00:47:27  | 04.44      | +0:16:55 | 0:06:13 / 1083 | 0:11:00 / 1014 |                | 0:30:45 / 945  | 0:35:30 / 895  |
| 764      | 4664   | OPIOŁA Grzegorz tomasz | Ząbkowice Śląskie  | POL       |                                  | 71 M40/128 | M / 722            | 00:47:28  | 04.44      | +0:16:56 | 0:06:02 / 822  | 0:10:48 / 863  | 0:23:41 / 839  | 0:30:10 / 803  | 0:34:57 / 786  |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                 | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|---|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 765      | 6261   | SKRZYDŁO Jarosław     | Warszawa         | POL       |   | 83 M30/319 | M / 723            | 00:47:29  | 04.44      | +0:16:57 | 0:06:13 / 1079 | 0:10:59 / 1001 | 0:23:42 / 845  | 0:30:11 / 807  | 0:35:03 / 805  |
| 766      | 6531   | ŚWIRCZ Michał         | Krośniewice      | POL       |   | 85 M20/232 | M / 724            | 00:47:29  | 04.44      | +0:16:57 | 0:06:06 / 902  | 0:10:39 / 777  | 0:23:17 / 722  | 0:29:53 / 745  | 0:34:48 / 755  |
| 767      | 6517   | KOWALCZUK Krzysztof   | Warszawa         | POL       | Aks Polonia                             | 79 M30/320 | M / 725            | 00:47:29  | 04.44      | +0:16:57 | 0:05:34 / 374  | 0:09:51 / 371  | 0:22:23 / 496  | 0:29:08 / 581  | 0:34:05 / 621  |
| 768      | 6154   | MANISZEWSKI Mateusz   | Warszawa         | POL       | Pruszków                                | 83 M30/321 | M / 726            | 00:47:30  | 04.45      | +0:16:58 | 0:05:53 / 654  | 0:10:27 / 644  | 0:22:58 / 632  | 0:29:29 / 651  | 0:34:27 / 690  |
| 769      | 6535   | GOŁAWSKI Bartosz      | Siedlce          | POL       | Leniwce.pl                              | 90 M20/233 | M / 727            | 00:47:31  | 04.45      | +0:16:59 | 0:06:10 / 995  | 0:10:56 / 960  |                | 0:30:13 / 822  | 0:35:04 / 809  |
| 770      | 3413   | SZAJEWSKI Jarosław    | Sochaczew        | POL       | Sochaczew                               | 76 M30/322 | M / 728            | 00:47:31  | 04.45      | +0:16:59 | 0:06:25 / 1422 | 0:11:17 / 1241 | 0:23:51 / 884  | 0:30:15 / 828  | 0:35:04 / 808  |
| 771      | 6499   | KSIONEK Marek         | Warszawa         | POL       | Warsaw Red Devils                       | 83 M30/323 | M / 729            | 00:47:31  | 04.45      | +0:16:59 | 0:06:24 / 1387 | 0:11:29 / 1431 | 0:24:38 / 1133 | 0:31:08 / 1050 | 0:35:51 / 977  |
| 772      | 301    | STAPOREK Paweł        | Warszawa         | POL       | Pko Facebook                            | 86 M20/234 | M / 730            | 00:47:31  | 04.45      | +0:16:59 | 0:06:26 / 1449 | 0:11:21 / 1321 | 0:24:23 / 1041 | 0:30:55 / 986  | 0:35:38 / 922  |
| 773      | 3839   | MIZIOŁEK Andrzej      | Józefów          | POL       |   | 70 M40/129 | M / 731            | 00:47:31  | 04.45      | +0:16:59 | 0:06:19 / 1236 | 0:10:57 / 977  | 0:23:59 / 914  | 0:30:30 / 879  | 0:35:13 / 841  |
| 774      | 3007   | MALKIŃSKI Józef       | Bydgoszcz        | POL       |   | 57 M50/30  | M / 732            | 00:47:32  | 04.45      | +0:17:00 | 0:06:12 / 1060 | 0:10:56 / 957  | 0:23:34 / 802  | 0:30:03 / 782  | 0:34:52 / 764  |
| 775      | 4872   | WŁODARCZYK Piotr      | Warszawa         | POL       | Aks Polonia                             | 83 M30/324 | M / 733            | 00:47:32  | 04.45      | +0:17:00 | 0:06:01 / 805  | 0:11:04 / 1067 | 0:23:54 / 894  | 0:30:26 / 867  | 0:35:15 / 849  |
| 776      | 4547   | JAKUBIAK Artur        | Radom            | POL       |   | 75 M30/325 | M / 734            | 00:47:33  | 04.45      | +0:17:01 | 0:05:55 / 692  | 0:10:42 / 809  | 0:23:28 / 774  | 0:30:12 / 815  | 0:35:14 / 843  |
| 777      | 5377   | PRZYGODZKI Tadeusz    | Piotrków         | POL       | Niezrzeszony                            | 49 M60/5   | M / 735            | 00:47:34  | 04.45      | +0:17:02 | 0:06:10 / 991  | 0:10:57 / 979  | 0:23:27 / 764  | 0:30:03 / 783  | 0:34:53 / 771  |
| 778      | 4019   | WINKLER Marcin        | Warszawa         | POL       |   | 78 M30/326 | M / 736            | 00:47:34  | 04.45      | +0:17:02 | 0:05:23 / 254  | 0:10:01 / 442  | 0:23:03 / 662  | 0:29:39 / 695  | 0:34:35 / 722  |
| 779      | 111    | JELEŃSKI Paweł        | Gdynia           | POL       | Agora                                   | 88 M20/235 | M / 737            | 00:47:35  | 04.45      | +0:17:03 | 0:06:23 / 1354 | 0:11:24 / 1355 | 0:24:20 / 1025 | 0:30:45 / 943  | 0:35:31 / 900  |
| 780      | 4816   | DUDZIŃSKI Marcin      | Warszawa         | POL       |   | 80 M30/327 | M / 738            | 00:47:36  | 04.45      | +0:17:05 | 0:05:50 / 596  | 0:10:23 / 605  | 0:22:52 / 614  | 0:29:25 / 636  | 0:34:20 / 665  |
| 781      | 5118   | ASZENDORF Filip       | Warszawa         | POL       | Accelerate                              | 83 M30/328 | M / 739            | 00:47:38  | 04.45      | +0:17:06 | 0:06:19 / 1234 | 0:11:11 / 1172 | 0:23:58 / 909  | 0:30:33 / 890  | 0:35:20 / 864  |
| 782      | 6398   | ŁYSIAK Jakub          | Warszawa         | POL       |   | 86 M20/236 | M / 740            | 00:47:39  | 04.45      | +0:17:07 | 0:05:53 / 657  | 0:10:28 / 651  | 0:23:15 / 714  | 0:30:00 / 773  | 0:34:55 / 777  |
| 783      | 2387   | ADAMKIEWICZ Mirosław  | Sochaczew        | POL       | Km Aktywni Sochaczew                    | 67 M40/130 | M / 741            | 00:47:39  | 04.45      | +0:17:07 | 0:06:02 / 831  | 0:10:38 / 770  | 0:23:30 / 786  | 0:30:03 / 780  | 0:34:50 / 762  |
| 784      | 4883   | BALCERZAK Andrzej     | Warszawa         | POL       |   | 53 M60/6   | M / 742            | 00:47:40  | 04.46      | +0:17:08 | 0:05:47 / 553  | 0:10:07 / 485  | 0:23:03 / 663  | 0:29:45 / 718  | 0:34:32 / 707  |
| 785      | 5435   | BRZOZA Michał         | Warszawa         | POL       |   | 73 M40/131 | M / 743            | 00:47:41  | 04.46      | +0:17:09 | 0:06:11 / 1039 | 0:10:59 / 1006 | 0:23:49 / 879  | 0:30:19 / 844  | 0:35:11 / 832  |
| 786      | 6720   | LUBAŃSKI Bernard      | Warszawa         | POL       |   | 76 M30/329 | M / 744            | 00:47:41  | 04.46      | +0:17:09 | 0:06:28 / 1479 | 0:11:31 / 1452 | 0:24:28 / 1078 | 0:30:50 / 959  | 0:35:34 / 913  |
| 787      | 2913   | KRZYŻANOWSKA Ewa      | Warszawa         | POL       | Allianz Running Team                    | 72 K40/4   | K / 43             | 00:47:41  | 04.46      | +0:17:10 | 0:06:16 / 1168 | 0:10:54 / 948  | 0:23:48 / 874  | 0:30:21 / 852  | 0:35:11 / 836  |
| 788      | 6961   | LESZCZYŃSKI Robert    | Mińsk Mazowiecki | POL       |   | 73 M40/132 | M / 745            | 00:47:41  | 04.46      | +0:17:10 | 0:05:39 / 446  | 0:10:07 / 479  | 0:22:45 / 585  | 0:29:26 / 639  | 0:34:20 / 666  |
| 789      | 4542   | ŚLAŻAK Piotr          | Warszawa         | POL       |   | 76 M30/330 | M / 746            | 00:47:42  | 04.46      | +0:17:10 | 0:06:24 / 1379 | 0:11:17 / 1245 | 0:24:11 / 979  | 0:30:35 / 902  | 0:35:24 / 878  |
| 790      | 4376   | SYPIŃSKI Hubert       | Warszawa         | POL       |   | 85 M20/237 | M / 747            | 00:47:42  | 04.46      | +0:17:10 | 0:06:08 / 963  | 0:11:20 / 1307 | 0:24:24 / 1054 | 0:30:50 / 966  | 0:35:37 / 920  |
| 791      | 5712   | MACIEJCZUK Kamil      | Warszawa         | POL       |   | 83 M30/331 | M / 748            | 00:47:42  | 04.46      | +0:17:10 | 0:05:25 / 274  | 0:09:48 / 346  | 0:23:09 / 686  | 0:29:48 / 721  | 0:34:39 / 732  |
| 792      | 6897   | NOWAK Mariusz         | Kraków           | POL       |   | 85 M20/238 | M / 749            | 00:47:43  | 04.46      | +0:17:11 | 0:05:44 / 519  | 0:10:08 / 497  | 0:22:51 / 611  | 0:29:38 / 691  | 0:34:37 / 729  |
| 793      | 3344   | SOBALA Marcin         | Łódź             | POL       |   | 78 M30/332 | M / 750            | 00:47:43  | 04.46      | +0:17:11 | 0:05:50 / 599  | 0:10:15 / 549  | 0:22:40 / 558  | 0:29:27 / 644  | 0:34:23 / 678  |
| 794      | 5703   | SZUSTEK Konrad        | Warszawa         | POL       | Aks Polonia                             | 84 M20/239 | M / 751            | 00:47:43  | 04.46      | +0:17:11 | 0:06:32 / 1612 | 0:11:38 / 1569 | 0:24:36 / 1117 | 0:30:53 / 979  | 0:35:38 / 928  |
| 795      | 3467   | ŚWIERCZYŃSKI Zbigniew | Klaudyn          | POL       |   | 74 M30/333 | M / 752            | 00:47:43  | 04.46      | +0:17:11 | 0:06:15 / 1130 | 0:10:52 / 926  | 0:23:28 / 771  | 0:30:03 / 785  | 0:34:53 / 773  |
| 796      | 344    | KORNACKI Łukasz       | Warszawa         | POL       | Pko                                     | 84 M20/240 | M / 753            | 00:47:43  | 04.46      | +0:17:11 | 0:05:36 / 409  | 0:10:16 / 560  | 0:23:13 / 700  | 0:29:53 / 746  | 0:34:52 / 767  |
| 797      | 3960   | BOGUSZ Lilia          | Warszawa         | POL       | Potwory Z Głębin                        | 76 K30/23  | K / 44             | 00:47:43  | 04.46      | +0:17:11 | 0:06:21 / 1296 | 0:11:05 / 1076 | 0:23:55 / 897  | 0:30:22 / 853  | 0:35:08 / 822  |
| 798      | 6740   | RAJCHENBACH Robert    | Warszawa         | POL       |   | 69 M40/133 | M / 754            | 00:47:44  | 04.46      | +0:17:12 | 0:06:08 / 957  | 0:10:45 / 832  | 0:23:30 / 783  | 0:30:03 / 787  | 0:34:57 / 781  |
| 799      | 2453   | BIENIEK Damian        | Warszawa         | POL       | Brak                                    | 84 M20/241 | M / 755            | 00:47:44  | 04.46      | +0:17:12 | 0:06:07 / 934  | 0:10:54 / 940  | 0:23:47 / 869  | 0:30:19 / 846  | 0:35:10 / 827  |
| 800      | 6114   | GRABOWSKI Przemysław  | Mińsk Mazowiecki | POL       | Oddział Specjalny Żandarmerii Wojskowej | 84 M20/242 | M / 756            | 00:47:44  | 04.46      | +0:17:12 | 0:05:59 / 771  | 0:10:44 / 823  |                | 0:30:37 / 906  | 0:35:34 / 912  |
| 801      | 3314   | SIEMIĄTKOWSKI Norbert | Rzekuń           | POL       | Arco Ławy                               | 74 M30/334 | M / 757            | 00:47:44  | 04.46      | +0:17:12 | 0:05:44 / 532  | 0:10:09 / 502  | 0:22:59 / 640  | 0:29:38 / 688  | 0:34:29 / 695  |
| 802      | 6629   | KABAŁA Marcin         | Warszawa         | POL       | Orkan Tactical                          | 79 M30/335 | M / 758            | 00:47:44  | 04.46      | +0:17:12 | 0:07:11 / 2652 | 0:12:11 / 2112 | 0:25:11 / 1375 | 0:31:40 / 1230 | 0:36:16 / 1071 |
| 803      | 4980   | MALCZEWSKI Robert     | Warszawa         | POL       | Raiffeisen Leasing Runers               | 73 M40/134 | M / 759            | 00:47:45  | 04.46      | +0:17:13 | 0:05:34 / 379  | 0:09:58 / 421  | 0:22:39 / 551  | 0:29:34 / 676  | 0:34:32 / 706  |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                  | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|--|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 804      | 4297   | KRASINSKI Kamil       | Rybnik           | POL       |  | 85      | M20/243 M / 760    | 00:47:45  | 04.46      | +0:17:13 | 0:05:56 / 720  | 0:10:41 / 789  | 0:23:43 / 846  | 0:30:11 / 812  | 0:35:05 / 818  |
| 805      | 2534   | CIEŚLAR Rafał         | Bielsko-biała    | POL       |  | 84      | M20/244 M / 761    | 00:47:46  | 04.46      | +0:17:14 | 0:06:16 / 1177 | 0:11:13 / 1199 | 0:24:21 / 1029 | 0:31:01 / 1021 | 0:35:49 / 969  |
| 806      | 2967   | LEWTAK Jerzy          | Biała Podlaska   | POL       | Agricola                                 | 83      | M30/336 M / 762    | 00:47:46  | 04.46      | +0:17:14 | 0:05:58 / 751  | 0:10:36 / 738  | 0:23:04 / 670  | 0:29:43 / 706  | 0:34:43 / 743  |
| 807      | 6520   | REK Iwona             | Warszawa         | POL       | Student                                  | 88      | K20/14 K / 45      | 00:47:46  | 04.46      | +0:17:14 | 0:06:06 / 915  | 0:10:52 / 923  | 0:23:29 / 776  | 0:29:57 / 761  | 0:34:49 / 757  |
| 808      | 3938   | OTOLSKI Łukasz        | Warszawa         | POL       |  | 76      | M30/337 M / 763    | 00:47:47  | 04.46      | +0:17:15 | 0:05:22 / 245  | 0:09:34 / 254  | 0:22:37 / 538  | 0:29:13 / 595  | 0:34:15 / 642  |
| 809      | 6441   | DLUGOLEŃCKI Sławomir  | Zaręby Koscielne | POL       | Mkb Team Małkinia                        | 60      | M50/31 M / 764     | 00:47:47  | 04.46      | +0:17:15 | 0:06:04 / 871  | 0:10:44 / 821  | 0:23:28 / 767  | 0:30:13 / 821  | 0:35:01 / 798  |
| 810      | 5847   | BAJSON Grzegorz       | Warszawa         | POL       | Uka                                      | 79      | M30/338 M / 765    | 00:47:47  | 04.46      | +0:17:15 | 0:05:59 / 763  | 0:10:51 / 907  | 0:23:32 / 788  | 0:30:14 / 824  | 0:35:09 / 824  |
| 811      | 3713   | SOKOŁOWSKI Tomasz     | Warszawa         | POL       |  | 81      | M30/339 M / 766    | 00:47:47  | 04.46      | +0:17:16 | 0:06:03 / 833  | 0:10:46 / 842  | 0:23:22 / 743  | 0:30:02 / 779  | 0:35:00 / 795  |
| 812      | 4630   | FIGURA Łukasz         | Częstochowa      | POL       | Zabiegani Częstochowa                    | 82      | M30/340 M / 767    | 00:47:48  | 04.46      | +0:17:16 | 0:05:44 / 528  | 0:10:16 / 555  | 0:23:03 / 660  | 0:29:35 / 677  | 0:34:29 / 696  |
| 813      | 4361   | SZYMAŃSKI Sebastian   | Warszawa         | POL       |  | 86      | M20/245 M / 768    | 00:47:48  | 04.46      | +0:17:16 | 0:05:56 / 727  | 0:10:28 / 654  | 0:23:04 / 669  | 0:29:45 / 719  | 0:34:46 / 751  |
| 814      | 6497   | NESTER Łukasz         | Warszawa         | POL       | Warsaw Red Devils                        | 83      | M30/341 M / 769    | 00:47:48  | 04.46      | +0:17:16 | 0:06:26 / 1446 | 0:11:31 / 1451 | 0:24:40 / 1144 | 0:31:10 / 1061 | 0:35:52 / 984  |
| 815      | 3733   | DOBROWOLSKI Marcin    | Warszawa         | POL       |  | 74      | M30/342 M / 770    | 00:47:48  | 04.46      | +0:17:16 | 0:06:16 / 1179 | 0:11:16 / 1231 | 0:24:14 / 993  | 0:30:41 / 929  | 0:35:27 / 885  |
| 816      | 4149   | GLIWA Rafał           | Borowa Góra      | POL       | Serock Biega Z Hotelem Narvil Conference | 75      | M30/343 M / 771    | 00:47:49  | 04.46      | +0:17:18 | 0:06:06 / 918  | 0:10:45 / 830  | 0:23:39 / 821  | 0:30:09 / 800  | 0:34:54 / 775  |
| 817      | 2596   | DULĘBA Mikołaj        | Grudziądz        | POL       |  | 88      | M20/246 M / 772    | 00:47:51  | 04.47      | +0:17:19 | 0:06:23 / 1357 | 0:11:31 / 1448 | 0:24:28 / 1075 | 0:30:48 / 955  | 0:35:42 / 943  |
| 818      | 4132   | NURCZYŃSKI Adam       | Warszawa         | POL       | Rebel Scream Team                        | 80      | M30/344 M / 773    | 00:47:51  | 04.47      | +0:17:19 | 0:06:03 / 842  | 0:10:50 / 901  | 0:23:37 / 817  | 0:30:12 / 816  | 0:35:02 / 800  |
| 819      | 4063   | ZUBRZYCKI Łukasz      | Warszawa         | POL       |  | 86      | M20/247 M / 774    | 00:47:51  | 04.47      | +0:17:19 | 0:05:57 / 734  | 0:10:35 / 727  | 0:23:16 / 717  | 0:29:51 / 738  | 0:34:51 / 763  |
| 820      | 2547   | CZARNECKI Grzegorz    | Bydgoszcz        | POL       | Bydgoszcz                                | 82      | M30/345 M / 775    | 00:47:51  | 04.47      | +0:17:19 | 0:06:38 / 1760 | 0:11:28 / 1418 | 0:24:19 / 1021 | 0:30:50 / 968  | 0:35:31 / 899  |
| 821      | 6964   | SIERY Artur           | Warszawa         | POL       |  | 57      | M50/32 M / 776     | 00:47:52  | 04.47      | +0:17:20 | 0:05:58 / 747  | 0:10:31 / 685  | 0:23:09 / 688  | 0:29:54 / 752  | 0:34:53 / 772  |
| 822      | 3126   | OLEŃDZKA Emilia       | Warszawa         | POL       |  | 76      | K30/24 K / 46      | 00:47:52  | 04.47      | +0:17:20 | 0:06:09 / 987  | 0:10:45 / 828  | 0:23:31 / 787  | 0:30:06 / 794  | 0:34:50 / 760  |
| 823      | 6926   | KLIMKIEWICZ Marcin    | Grodzisk         | POL       |  | 77      | M30/346 M / 777    | 00:47:52  | 04.47      | +0:17:20 | 0:06:49 / 2079 | 0:11:45 / 1668 | 0:24:37 / 1124 | 0:30:55 / 987  | 0:35:29 / 891  |
| 824      | 4670   | MARCZUK Łukasz        | Gdańsk           | POL       | Gdańsk Biega                             | 80      | M30/347 M / 778    | 00:47:53  | 04.47      | +0:17:21 | 0:06:23 / 1366 | 0:11:26 / 1389 | 0:24:33 / 1106 | 0:31:03 / 1034 | 0:35:53 / 987  |
| 825      | 6343   | ŚWIĆ Rafał            | Warszawa         | POL       | Aks Polonia                              | 74      | M30/348 M / 779    | 00:47:53  | 04.47      | +0:17:21 | 0:05:52 / 648  | 0:10:19 / 576  | 0:23:11 / 695  | 0:30:04 / 790  | 0:34:52 / 768  |
| 826      | 5755   | GRABSKI Ryszard       | Warszawa         | POL       |  | 83      | M30/349 M / 780    | 00:47:53  | 04.47      | +0:17:21 | 0:05:19 / 215  | 0:09:35 / 263  | 0:22:22 / 494  | 0:29:21 / 618  | 0:34:30 / 699  |
| 827      | 2881   | KOWALSKI Paweł        | Gdańsk           | POL       | Team Asa – Biegiem Po Zdrowie            | 75      | M30/350 M / 781    | 00:47:53  | 04.47      | +0:17:21 | 0:05:48 / 579  | 0:10:18 / 567  | 0:23:01 / 649  | 0:29:30 / 660  | 0:34:18 / 658  |
| 828      | 5418   | BRACANOVIC Daniel     | Radom            | POL       |  | 89      | M20/248 M / 782    | 00:47:54  | 04.47      | +0:17:22 | 0:06:04 / 859  | 0:10:58 / 992  | 0:23:45 / 857  | 0:30:27 / 868  | 0:35:13 / 840  |
| 829      | 4862   | KOŹUSZEK Robert       | Warszawa         | POL       |  | 71      | M40/135 M / 783    | 00:47:54  | 04.47      | +0:17:22 | 0:06:12 / 1068 | 0:11:13 / 1191 | 0:24:16 / 1006 | 0:30:45 / 946  | 0:35:40 / 934  |
| 830      | 3943   | MILER Tomasz          | Warszawa         | POL       | 12tri.pl                                 | 71      | M40/136 M / 784    | 00:47:54  | 04.47      | +0:17:22 | 0:06:02 / 820  | 0:10:41 / 795  | 0:23:29 / 780  | 0:30:12 / 818  | 0:35:04 / 806  |
| 831      | 3696   | JĘDRYCH Leszek        | Warszawa         | POL       |  | 74      | M30/351 M / 785    | 00:47:55  | 04.47      | +0:17:23 | 0:05:44 / 527  | 0:10:11 / 510  | 0:23:02 / 656  | 0:29:49 / 727  | 0:34:48 / 754  |
| 832      | 3386   | STĘPNIAK Piotr        | Sochaczew        | POL       |  | 84      | M20/249 M / 786    | 00:47:55  | 04.47      | +0:17:23 | 0:06:48 / 2069 | 0:12:13 / 2148 | 0:25:38 / 1576 | 0:31:56 / 1312 | 0:36:30 / 1146 |
| 833      | 6491   | SZYMKOWSKI Przemysław | Warszawa         | POL       |  | 80      | M30/352 M / 787    | 00:47:55  | 04.47      | +0:17:23 | 0:05:04 / 118  | 0:09:20 / 187  | 0:21:44 / 362  | 0:28:09 / 397  | 0:34:02 / 613  |
| 834      | 320    | MĘKAL Radosław        | Wałbrzych        | POL       | Pko                                      | 79      | M30/353 M / 788    | 00:47:55  | 04.47      | +0:17:24 | 0:05:36 / 400  | 0:10:10 / 506  | 0:23:15 / 711  | 0:30:11 / 808  | 0:35:05 / 810  |
| 835      | 3243   | PUSZAKOWSKI Jacek     | Warszawa         | POL       |  | 75      | M30/354 M / 789    | 00:47:56  | 04.47      | +0:17:24 | 0:05:59 / 780  | 0:10:39 / 776  | 0:23:33 / 796  | 0:30:07 / 796  | 0:35:01 / 797  |
| 836      | 5700   | SKAMROT Ireneusz      | Warszawa         | POL       |  | 72      | M40/137 M / 790    | 00:47:56  | 04.47      | +0:17:24 | 0:06:13 / 1070 | 0:10:57 / 974  | 0:23:48 / 875  | 0:30:33 / 887  | 0:35:31 / 901  |
| 837      | 5065   | REGLIŃSKA Joanna      | Olsztyn          | POL       | Adwokaci                                 | 89      | K20/15 K / 47      | 00:47:57  | 04.47      | +0:17:25 | 0:06:17 / 1189 | 0:11:10 / 1141 | 0:23:50 / 882  | 0:30:17 / 834  | 0:35:05 / 812  |
| 838      | 2941   | KURZAWA Maria         | Nysa             | POL       |  | 91      | K20/16 K / 48      | 00:47:57  | 04.47      | +0:17:25 | 0:05:53 / 664  | 0:10:28 / 646  | 0:23:07 / 679  | 0:29:42 / 702  | 0:34:37 / 728  |
| 839      | 4907   | KOWALSKI Leszek       | Warszawa         | POL       | Tg Sokół Zakopane                        | 60      | M50/33 M / 791     | 00:47:58  | 04.47      | +0:17:26 | 0:06:09 / 976  | 0:10:38 / 762  | 0:23:33 / 794  | 0:30:06 / 793  | 0:34:59 / 790  |
| 840      | 3843   | KWESTARZ Grzegorz     | Warszawa         | POL       | Piękni Młodzieńcy                        | 83      | M30/355 M / 792    | 00:47:58  | 04.47      | +0:17:26 | 0:05:57 / 736  | 0:10:29 / 663  | 0:23:06 / 678  | 0:29:42 / 703  | 0:34:40 / 737  |
| 841      | 5935   | GÓRA Anna             | Płock            | POL       | Tkff Płock                               | 88      | K20/17 K / 49      | 00:47:59  | 04.47      | +0:17:27 | 0:06:15 / 1135 | 0:10:56 / 963  | 0:24:07 / 958  | 0:30:50 / 961  | 0:35:32 / 906  |
| 842      | 6458   | JUSEWICZ Piotr        | Warszawa         | POL       |  | 82      | M30/356 M / 793    | 00:47:59  | 04.47      | +0:17:27 | 0:06:18 / 1223 | 0:11:02 / 1036 | 0:24:07 / 956  | 0:30:36 / 903  | 0:35:30 / 896  |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club    | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|----------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 843      | 4283   | PIECHNA Radosław     | Warszawa         | POL       |                            | 80 M30/357 | M / 794            | 00:48:00  | 04.48      | +0:17:28 | 0:05:50 / 602  | 0:10:27 / 638  | 0:23:25 / 755  | 0:30:12 / 817  | 0:35:10 / 828  |
| 844      | 6744   | KMIEĆ Andrzej        | Pruszków         | POL       | Turbo Pruszków             | 78 M30/358 | M / 795            | 00:48:01  | 04.48      | +0:17:29 | 0:06:15 / 1137 | 0:11:08 / 1121 | 0:24:17 / 1011 | 0:30:47 / 950  | 0:35:39 / 932  |
| 845      | 5882   | DYJAK Marek          | Warszawa         | POL       | Biegam Bo Lubie - Warszawa | 61 M50/34  | M / 796            | 00:48:01  | 04.48      | +0:17:29 | 0:06:38 / 1781 | 0:11:53 / 1800 | 0:25:04 / 1321 | 0:31:21 / 1126 | 0:36:00 / 1015 |
| 846      | 4929   | ŚREDZIŃSKI Łukasz    | Warszawa         | POL       |                            | 79 M30/359 | M / 797            | 00:48:01  | 04.48      | +0:17:29 | 0:05:36 / 402  | 0:10:07 / 482  | 0:22:53 / 619  | 0:29:49 / 730  | 0:34:47 / 753  |
| 847      | 5257   | BALAWAJDER Tomasz    | Warszawa         | POL       | Adwokaci                   | 87 M20/250 | M / 798            | 00:48:01  | 04.48      | +0:17:29 | 0:05:57 / 746  | 0:10:50 / 902  | 0:23:59 / 918  | 0:30:29 / 872  | 0:35:25 / 881  |
| 848      | 5535   | ZAJDEL Michał        | Warszawa         | POL       |                            | 91 M20/251 | M / 799            | 00:48:02  | 04.48      | +0:17:30 | 0:05:56 / 713  | 0:10:46 / 841  | 0:23:56 / 904  | 0:30:40 / 925  | 0:35:38 / 927  |
| 849      | 5441   | MATYJASIK Mirosław   | Komorów          | POL       | 123-a-teraz-my.pl          | 73 M40/138 | M / 800            | 00:48:02  | 04.48      | +0:17:30 | 0:06:14 / 1110 | 0:11:04 / 1053 | 0:24:03 / 936  | 0:30:39 / 917  | 0:35:30 / 894  |
| 850      | 4945   | GÓRNICKI Grzegorz    | Legionowo        | POL       |                            | 89 M20/252 | M / 801            | 00:48:03  | 04.48      | +0:17:31 | 0:06:43 / 1903 | 0:11:47 / 1694 | 0:24:12 / 984  | 0:30:38 / 916  | 0:35:38 / 925  |
| 851      | 2579   | DĘBOWSKI Cezary      | Warszawa         | POL       |                            | 87 M20/253 | M / 802            | 00:48:04  | 04.48      | +0:17:32 | 0:05:59 / 778  | 0:10:39 / 780  | 0:23:39 / 823  | 0:30:19 / 847  | 0:35:21 / 866  |
| 852      | 2414   | BARDZICKI Grzegorz   | Olsztyn          | POL       | Bankowcy                   | 85 M20/254 | M / 803            | 00:48:04  | 04.48      | +0:17:32 | 0:05:52 / 638  | 0:10:46 / 849  | 0:23:28 / 770  | 0:30:24 / 862  | 0:35:19 / 861  |
| 853      | 6587   | PETRAŃK Michał       | Warszawa         | POL       |                            | 79 M30/360 | M / 804            | 00:48:05  | 04.48      | +0:17:33 | 0:06:16 / 1171 | 0:10:57 / 984  | 0:23:57 / 907  | 0:30:38 / 915  | 0:35:37 / 921  |
| 854      | 6820   | NOWAK Sławomir       | Łódź             | POL       | Pzu Sport Team             | 66 M40/139 | M / 805            | 00:48:05  | 04.48      | +0:17:33 | 0:06:02 / 827  | 0:10:33 / 706  | 0:22:58 / 635  | 0:29:36 / 681  | 0:34:33 / 711  |
| 855      | 5060   | PIETRZAK Arkadiusz   | Toruń            | POL       | Adwokaci                   | 88 M20/255 | M / 806            | 00:48:06  | 04.48      | +0:17:34 | 0:06:54 / 2220 | 0:11:45 / 1670 | 0:24:19 / 1022 | 0:30:50 / 962  | 0:35:39 / 931  |
| 856      | 5575   | RYBICKI Wiesław      | Płock            | POL       |                            | 64 M40/140 | M / 807            | 00:48:06  | 04.48      | +0:17:34 | 0:06:24 / 1397 | 0:11:39 / 1579 | 0:25:24 / 1465 | 0:31:32 / 1179 | 0:36:10 / 1052 |
| 857      | 6772   | SROCZYŃSKI Lucjan    | Warszawa         | POL       |                            | 85 M20/256 | M / 808            | 00:48:06  | 04.48      | +0:17:34 | 0:05:24 / 261  | 0:09:49 / 356  | 0:22:28 / 513  | 0:29:27 / 641  | 0:34:34 / 717  |
| 858      | 3791   | KASPRZAK Weronika    | Toruń            | POL       | Axel Toruń                 | 98 K20/18  | K / 50             | 00:48:07  | 04.48      | +0:17:35 | 0:06:30 / 1525 | 0:11:26 / 1392 | 0:24:10 / 973  | 0:30:32 / 883  | 0:35:15 / 844  |
| 859      | 6695   | ZAJDZIŃSKI Robert    | Warszawa         | POL       |                            | 75 M30/361 | M / 809            | 00:48:07  | 04.48      | +0:17:35 | 0:05:27 / 289  | 0:09:52 / 379  | 0:22:39 / 552  | 0:29:40 / 700  | 0:34:42 / 739  |
| 860      | 6918   | MIERZEJEWSKI Mariusz | Warszawa         | POL       |                            | 70 M40/141 | M / 810            | 00:48:07  | 04.48      | +0:17:36 | 0:06:12 / 1054 | 0:11:06 / 1091 | 0:24:04 / 941  | 0:30:43 / 935  | 0:35:33 / 910  |
| 861      | 5661   | GRYZIAK Grzegorz     | Warszawa         | POL       |                            | 79 M30/362 | M / 811            | 00:48:08  | 04.48      | +0:17:36 | 0:06:23 / 1364 | 0:11:15 / 1223 | 0:24:06 / 948  | 0:30:35 / 898  | 0:35:34 / 914  |
| 862      | 3730   | PRUSZCZAK Kasia      | Lublin           | POL       | Maraton Lubelski           | 86 K20/19  | K / 51             | 00:48:08  | 04.48      | +0:17:36 | 0:07:14 / 2727 | 0:12:06 / 2033 | 0:24:41 / 1154 | 0:31:00 / 1017 | 0:35:42 / 948  |
| 863      | 6092   | PAJEWSKA Magdalena   | Warszawa         | POL       |                            | 77 K30/25  | K / 52             | 00:48:08  | 04.48      | +0:17:36 | 0:05:57 / 733  | 0:10:32 / 703  | 0:23:45 / 864  | 0:30:23 / 859  | 0:35:20 / 863  |
| 864      | 2479   | BOUCHER Alexandre    | Warszawa         | POL       | Nnytt                      | 73 M40/142 | M / 812            | 00:48:08  | 04.48      | +0:17:36 | 0:05:40 / 467  | 0:10:17 / 566  | 0:23:13 / 704  | 0:30:04 / 788  | 0:35:09 / 825  |
| 865      | 4480   | SOKOŁOWSKI Artur     | Warszawa         | POL       |                            | 68 M40/143 | M / 813            | 00:48:08  | 04.48      | +0:17:37 | 0:05:51 / 619  | 0:10:28 / 658  | 0:23:27 / 766  | 0:30:09 / 801  | 0:34:59 / 792  |
| 866      | 3460   | ŚCIRKA Łukasz        | Warszawa         | POL       |                            | 80 M30/363 | M / 814            | 00:48:09  | 04.48      | +0:17:37 | 0:06:30 / 1554 | 0:11:18 / 1273 | 0:24:17 / 1014 | 0:30:59 / 1012 | 0:35:43 / 951  |
| 867      | 5937   | SZULBORSKI Dariusz   | Płock            | POL       | Tkkf Płock                 | 68 M40/144 | M / 815            | 00:48:09  | 04.48      | +0:17:37 | 0:06:14 / 1120 | 0:10:57 / 975  | 0:24:08 / 962  | 0:30:50 / 965  | 0:35:32 / 908  |
| 868      | 4296   | SKRZESZOWSKI Maciej  | Warszawa         | POL       |                            | 73 M40/145 | M / 816            | 00:48:10  | 04.49      | +0:17:38 | 0:05:54 / 675  | 0:10:27 / 640  |                | 0:30:04 / 791  | 0:35:06 / 820  |
| 869      | 3532   | WIĄCEK Michał        | Łuków            | POL       |                            | 90 M20/257 | M / 817            | 00:48:10  | 04.49      | +0:17:38 | 0:06:03 / 834  | 0:10:50 / 891  | 0:23:44 / 854  | 0:30:20 / 848  | 0:35:17 / 856  |
| 870      | 2627   | GAJAK Piotr          | Młochów          | POL       | Klub Wysokogórski Warszawa | 80 M30/364 | M / 818            | 00:48:10  | 04.49      | +0:17:38 | 0:06:00 / 793  | 0:10:44 / 825  | 0:23:15 / 716  | 0:29:43 / 705  | 0:34:44 / 747  |
| 871      | 2570   | DĄBROWSKI Jerzy      | Ryki             | POL       |                            | 76 M30/365 | M / 819            | 00:48:10  | 04.49      | +0:17:38 | 0:06:33 / 1638 | 0:11:43 / 1645 | 0:24:59 / 1282 | 0:31:29 / 1157 | 0:36:14 / 1058 |
| 872      | 6046   | KUBIAK Adam          | Warszawa         | POL       | Brak                       | 69 M40/146 | M / 820            | 00:48:11  | 04.49      | +0:17:39 | 0:06:06 / 896  | 0:10:56 / 972  |                | 0:30:50 / 963  | 0:35:44 / 958  |
| 873      | 3944   | WESOŁOWSKI Michał    | Kielce           | POL       | Kielce                     | 71 M40/147 | M / 821            | 00:48:11  | 04.49      | +0:17:39 | 0:06:19 / 1250 | 0:10:50 / 898  |                | 0:30:04 / 789  | 0:34:56 / 780  |
| 874      | 3442   | SZULKOWSKI Marek     | Józefów          | POL       | -                          | 70 M40/148 | M / 822            | 00:48:12  | 04.49      | +0:17:40 | 0:06:33 / 1636 | 0:11:43 / 1644 | 0:24:48 / 1201 | 0:31:15 / 1086 | 0:36:03 / 1032 |
| 875      | 4151   | GRACZYK Wojciech     | Warszawa         | POL       |                            | 67 M40/149 | M / 823            | 00:48:12  | 04.49      | +0:17:40 | 0:06:04 / 865  | 0:10:40 / 784  |                | 0:30:30 / 878  | 0:35:14 / 842  |
| 876      | 6896   | CHMIELEWSKI Łukasz   | Warszawa         | POL       |                            | 81 M30/366 | M / 824            | 00:48:12  | 04.49      | +0:17:41 | 0:05:50 / 597  | 0:10:31 / 694  |                | 0:30:16 / 833  | 0:35:12 / 837  |
| 877      | 4519   | KAWYCZ Piotr         | Komorów          | POL       |                            | 70 M40/150 | M / 825            | 00:48:13  | 04.49      | +0:17:41 | 0:06:21 / 1279 | 0:11:15 / 1221 | 0:24:36 / 1119 | 0:31:07 / 1045 | 0:36:00 / 1017 |
| 878      | 4427   | GIZICKI Marek        | Warszawa         | POL       |                            | 77 M30/367 | M / 826            | 00:48:13  | 04.49      | +0:17:41 | 0:06:39 / 1789 | 0:11:53 / 1798 | 0:25:02 / 1306 | 0:31:35 / 1206 | 0:36:24 / 1116 |
| 879      | 6645   | HUSZCZA Paweł        | Warszawa         | POL       | Więcej Funku               | 82 M30/368 | M / 827            | 00:48:13  | 04.49      | +0:17:41 | 0:06:13 / 1076 | 0:11:05 / 1086 | 0:24:02 / 931  | 0:30:40 / 921  | 0:35:34 / 915  |
| 880      | 3024   | MATUSIAK Przemek     | Ruda Bugaj       | POL       |                            | 80 M30/369 | M / 828            | 00:48:13  | 04.49      | +0:17:41 | 0:06:10 / 1007 | 0:10:52 / 919  | 0:23:59 / 917  | 0:30:38 / 913  | 0:35:32 / 905  |
| 881      | 6696   | LEŚNIEWICZ Tomasz    | Warszawa         | POL       | Stare Wuje                 | 73 M40/151 | M / 829            | 00:48:13  | 04.49      | +0:17:41 | 0:06:04 / 858  | 0:10:48 / 869  | 0:23:41 / 835  | 0:30:21 / 850  | 0:35:15 / 847  |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat. | Druż / Klub<br>Team / Club        | R-k<br>YoB | Klasyfikacje<br>Ranks | Czas<br>Time | Tempo<br>m/km | diff<br>Net | Check points   |                |                |                |                |
|-------------|-----------|-------------------------|---------------------|--------------|-----------------------------------|------------|-----------------------|--------------|---------------|-------------|----------------|----------------|----------------|----------------|----------------|
| 882         | 4573      | OLEŃDZKI Sławomir       | Warszawa            | POL          |                                   | 69         | M40/152 M / 830       | 00:48:13     | 04.49         | +0:17:41    | 0:06:22 / 1323 | 0:11:07 / 1102 | 0:23:43 / 848  | 0:30:23 / 860  | 0:35:12 / 839  |
| 883         | 2197      | WAŚKOWIEC Mariusz       | Warszawa            | POL          |                                   | 80         | M30/370 M / 831       | 00:48:14     | 04.49         | +0:17:42    | 0:06:43 / 1898 | 0:11:52 / 1784 | 0:24:50 / 1215 | 0:31:07 / 1047 | 0:35:56 / 998  |
| 884         | 6971      | ARTYFIKIEWICZ Paweł     | Warszawa            | POL          | Apuq                              | 87         | M20/258 M / 832       | 00:48:14     | 04.49         | +0:17:42    | 0:06:40 / 1826 | 0:11:48 / 1706 | 0:24:59 / 1286 | 0:31:37 / 1213 | 0:36:29 / 1141 |
| 885         | 4477      | OLCZAK Paweł            | Grodzisk Maz.       | POL          | Molon Labe                        | 92         | M20/259 M / 833       | 00:48:15     | 04.49         | +0:17:43    | 0:06:02 / 829  | 0:10:47 / 857  | 0:23:57 / 906  | 0:30:37 / 908  | 0:35:32 / 904  |
| 886         | 447       | SKONECZNY Przemysław    | Księża Wola         | POL          | Sgsp                              | 93         | M20/260 M / 834       | 00:48:15     | 04.49         | +0:17:43    | 0:06:40 / 1816 | 0:11:53 / 1795 | 0:24:58 / 1273 | 0:31:18 / 1104 | 0:36:01 / 1019 |
| 887         | 2992      | LUKAWSKI Michał         | Sochaczew           | POL          | Km Aktywni Sochaczew              | 89         | M20/261 M / 835       | 00:48:15     | 04.49         | +0:17:43    | 0:05:59 / 777  | 0:10:37 / 756  | 0:23:43 / 850  | 0:30:34 / 895  | 0:35:32 / 907  |
| 888         | 5983      | SZCZEPAŃSKI Łukasz      | Warszawa            | POL          | Team Asa – Biegami Po Zdrowie     | 76         | M30/371 M / 836       | 00:48:15     | 04.49         | +0:17:43    | 0:06:17 / 1190 | 0:11:10 / 1149 | 0:24:03 / 934  | 0:30:37 / 909  | 0:35:33 / 909  |
| 889         | 4625      | GONTARZ Mateusz         | Wuwua               | POL          | Intrum Running Team               | 89         | M20/262 M / 837       | 00:48:16     | 04.49         | +0:17:44    | 0:06:48 / 2062 | 0:11:42 / 1626 | 0:24:48 / 1203 | 0:31:11 / 1064 | 0:35:51 / 979  |
| 890         | 5381      | KOZERA Marcin           | Warszawa            | POL          | Polska Biega/typ                  | 80         | M30/372 M / 838       | 00:48:16     | 04.49         | +0:17:44    | 0:05:57 / 737  | 0:10:41 / 799  |                | 0:30:20 / 849  | 0:35:18 / 858  |
| 891         | 6361      | KARAŚ Klemens           | Warszawa            | POL          |                                   | 97         | M20/263 M / 839       | 00:48:16     | 04.49         | +0:17:44    | 0:06:32 / 1611 | 0:11:15 / 1222 | 0:24:21 / 1032 | 0:31:03 / 1033 | 0:35:48 / 966  |
| 892         | 4880      | WAWRZYŃIAK Zbigniew     | Warszawa            | POL          |                                   | 79         | M30/373 M / 840       | 00:48:16     | 04.49         | +0:17:44    | 0:06:25 / 1417 | 0:11:31 / 1453 | 0:24:45 / 1185 | 0:31:13 / 1077 | 0:35:55 / 996  |
| 893         | 3267      | ROCHOWIAK Przemysław    | Inowrocław          | POL          | Kolo Strzeleckie Lok Pogranicznik | 84         | M20/264 M / 841       | 00:48:16     | 04.49         | +0:17:44    | 0:06:08 / 958  | 0:11:04 / 1061 | 0:24:05 / 947  | 0:30:51 / 971  | 0:35:42 / 947  |
| 894         | 6139      | LEWANDOWSKI Piotr       | Warszawa            | POL          | Trucht Tarchomin Team             | 74         | M30/374 M / 842       | 00:48:17     | 04.49         | +0:17:45    | 0:05:52 / 647  | 0:10:22 / 598  | 0:22:51 / 609  | 0:29:36 / 682  | 0:34:43 / 745  |
| 895         | 3332      | SKRZYPKOWSKI Maciej     | Warszawa            | POL          |                                   | 86         | M20/265 M / 843       | 00:48:17     | 04.49         | +0:17:45    | 0:06:05 / 887  | 0:10:46 / 837  | 0:23:41 / 840  | 0:30:25 / 863  | 0:35:23 / 873  |
| 896         | 3353      | SOBOTA Krzysztof        | Pułtusk             | POL          | Pułtusk                           | 87         | M20/266 M / 844       | 00:48:17     | 04.49         | +0:17:45    | 0:06:21 / 1281 | 0:11:13 / 1195 | 0:24:14 / 989  | 0:30:46 / 948  | 0:35:38 / 923  |
| 897         | 2889      | KRACIUK Piotr           | Olsztyn             | POL          | Olsztyński Klub Wysokogórski      | 82         | M30/375 M / 845       | 00:48:18     | 04.49         | +0:17:46    | 0:05:32 / 358  | 0:09:44 / 311  | 0:22:29 / 517  | 0:29:24 / 630  | 0:34:23 / 677  |
| 898         | 230       | PISAREWICZ Karol        | Nidzica             | POL          | Pko                               | 88         | M20/267 M / 846       | 00:48:18     | 04.49         | +0:17:46    | 0:06:07 / 926  | 0:10:44 / 824  | 0:23:33 / 797  | 0:30:24 / 861  | 0:35:23 / 872  |
| 899         | 4112      | SUCHCICKI Marek         | Jasienica           | POL          | Roch Jasienica                    | 77         | M30/376 M / 847       | 00:48:19     | 04.49         | +0:17:47    | 0:05:59 / 776  | 0:10:32 / 700  | 0:23:34 / 800  | 0:30:14 / 823  | 0:35:11 / 834  |
| 900         | 5830      | LEWANDOWSKI Adrian      | Tłuszcz             | POL          |                                   | 96         | M20/268 M / 848       | 00:48:19     | 04.49         | +0:17:48    | 0:06:24 / 1374 | 0:11:19 / 1285 |                | 0:30:38 / 914  | 0:35:22 / 867  |
| 901         | 5992      | WILGAT Adam             | Warszawa            | POL          | 12tri.pl                          | 71         | M40/153 M / 849       | 00:48:20     | 04.50         | +0:17:48    | 0:05:57 / 742  | 0:10:41 / 793  |                | 0:30:28 / 869  | 0:35:28 / 887  |
| 902         | 4005      | GRUDZIEŃ Krzysztof      | Warszawa            | POL          |                                   | 88         | M20/269 M / 850       | 00:48:21     | 04.50         | +0:17:49    | 0:05:42 / 497  | 0:10:04 / 457  | 0:22:58 / 634  | 0:30:01 / 774  | 0:35:10 / 829  |
| 903         | 4882      | ZASUWA Maciej           | Ożarów              | POL          |                                   | 75         | M30/377 M / 851       | 00:48:22     | 04.50         | +0:17:50    | 0:05:50 / 612  | 0:10:34 / 715  | 0:23:19 / 728  | 0:29:55 / 755  | 0:35:05 / 815  |
| 904         | 6090      | BOSY Mariusz            | Warszawa            | POL          |                                   | 81         | M30/378 M / 852       | 00:48:23     | 04.50         | +0:17:51    | 0:05:58 / 752  | 0:10:39 / 782  | 0:23:47 / 870  | 0:30:35 / 900  | 0:35:41 / 940  |
| 905         | 4154      | TYBURSKI Jacek          | Warszawa            | POL          |                                   | 73         | M40/154 M / 853       | 00:48:23     | 04.50         | +0:17:51    | 0:05:52 / 645  | 0:10:37 / 744  | 0:23:54 / 893  | 0:30:39 / 919  | 0:35:39 / 930  |
| 906         | 6063      | SZYMANIAK Paweł         | Grodzisk            | POL          |                                   | 77         | M30/379 M / 854       | 00:48:23     | 04.50         | +0:17:51    | 0:06:18 / 1220 | 0:11:02 / 1032 | 0:23:55 / 899  | 0:30:36 / 904  | 0:35:31 / 898  |
| 907         | 5382      | RADLAK Artur            | Warszawa            | POL          |                                   | 83         | M30/380 M / 855       | 00:48:23     | 04.50         | +0:17:51    | 0:05:53 / 663  | 0:10:34 / 709  | 0:23:26 / 760  | 0:30:09 / 802  | 0:35:12 / 838  |
| 908         | 4091      | WAŁOSZCZYK Paweł        | Warszawa            | POL          |                                   | 86         | M20/270 M / 856       | 00:48:23     | 04.50         | +0:17:51    | 0:05:53 / 665  | 0:10:21 / 585  | 0:23:00 / 648  | 0:29:36 / 680  | 0:34:42 / 741  |
| 909         | 246       | ZGLIŃSKI Piotr          | Sulejówkę           | POL          | Pko                               | 74         | M30/381 M / 857       | 00:48:24     | 04.50         | +0:17:52    | 0:06:08 / 948  | 0:10:53 / 933  | 0:24:04 / 938  | 0:30:41 / 928  | 0:35:28 / 888  |
| 910         | 3877      | PACIOREK Mariusz        | Oronne              | POL          | Oronne                            | 79         | M30/382 M / 858       | 00:48:25     | 04.50         | +0:17:53    | 0:06:07 / 932  | 0:10:50 / 897  | 0:-1-3 / 5     | 0:30:22 / 854  | 0:35:15 / 851  |
| 911         | 6408      | MORAWSKI Łukasz         | Warszawa            | POL          | Parker Hannifin Runners           | 81         | M30/383 M / 859       | 00:48:25     | 04.50         | +0:17:53    | 0:06:25 / 1414 | 0:11:22 / 1330 | 0:24:37 / 1130 | 0:31:20 / 1115 | 0:36:18 / 1081 |
| 912         | 4077      | TARGOSIŃSKI Kamil       | Warszawa            | POL          |                                   | 86         | M20/271 M / 860       | 00:48:25     | 04.50         | +0:17:53    | 0:06:12 / 1065 | 0:11:00 / 1012 | 0:24:04 / 939  | 0:30:44 / 940  | 0:35:45 / 960  |
| 913         | 6680      | STANISZEWSKI Paweł      | Warszawa            | POL          |                                   | 91         | M20/272 M / 861       | 00:48:26     | 04.50         | +0:17:54    | 0:05:26 / 283  | 0:09:40 / 294  | 0:22:06 / 433  | 0:29:28 / 646  | 0:34:39 / 735  |
| 914         | 6763      | BRODOWSKI Łukasz        | Legionowo           | POL          | The Brand                         | 86         | M20/273 M / 862       | 00:48:26     | 04.50         | +0:17:54    | 0:06:00 / 789  | 0:10:38 / 767  |                | 0:30:10 / 805  | 0:35:10 / 830  |
| 915         | 5339      | BURZA Tomasz            | Arciechów           | POL          |                                   | 85         | M20/274 M / 863       | 00:48:26     | 04.50         | +0:17:54    | 0:06:32 / 1608 | 0:11:33 / 1485 | 0:25:06 / 1343 | 0:31:41 / 1236 | 0:36:25 / 1123 |
| 916         | 2870      | KOWALCZUK Cezary        | Warszawa            | POL          | Parexel Running Team              | 82         | M30/384 M / 864       | 00:48:27     | 04.50         | +0:17:55    | 0:05:54 / 678  | 0:10:34 / 716  | 0:23:21 / 736  | 0:30:01 / 777  | 0:35:03 / 802  |
| 917         | 5967      | ZUBOWSKI Piotr          | Warszawa            | POL          |                                   | 71         | M40/155 M / 865       | 00:48:27     | 04.50         | +0:17:55    | 0:06:14 / 1108 | 0:11:10 / 1146 | 0:24:34 / 1108 | 0:31:09 / 1053 | 0:36:01 / 1020 |
| 918         | 6805      | LUTY Leszek             | Warszawa            | POL          | Pzu Sport Team                    | 82         | M30/385 M / 866       | 00:48:27     | 04.50         | +0:17:55    | 0:06:14 / 1106 | 0:11:01 / 1026 | 0:24:16 / 999  | 0:31:01 / 1019 | 0:35:52 / 982  |
| 919         | 4337      | SAWCZUK Tomasz          | Warszawa            | POL          |                                   | 77         | M30/386 M / 867       | 00:48:27     | 04.50         | +0:17:55    | 0:05:43 / 509  | 0:10:17 / 562  | 0:23:02 / 659  | 0:29:54 / 749  | 0:34:54 / 776  |
| 920         | 6091      | SUŁKOWSKI Rafał         | Warszawa            | POL          |                                   | 73         | M40/156 M / 868       | 00:48:28     | 04.50         | +0:17:56    | 0:05:55 / 705  | 0:10:24 / 610  | 0:23:22 / 744  | 0:30:13 / 819  | 0:35:06 / 821  |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|--|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 921      | 2583   | DOBOSZ Andrzej        | Warszawa         | POL       | Sportgas Pgnigol                       | 74      | M30/387 M / 869    | 00:48:28  | 04.50      | +0:17:57 | 0:06:29 / 1506 | 0:11:26 / 1380 | 0:24:39 / 1140 | 0:31:15 / 1087 | 0:36:08 / 1044 |
| 922      | 3147   | PACZKOWSKI Paweł      | Łódź             | POL       |  | 73      | M40/157 M / 870    | 00:48:29  | 04.50      | +0:17:57 | 0:06:06 / 906  | 0:10:48 / 864  | 0:23:42 / 842  | 0:30:23 / 858  | 0:35:22 / 868  |
| 923      | 3088   | NALĘCZ Piotr          | Warszawa         | POL       | Ing Bank                               | 85      | M20/275 M / 871    | 00:48:29  | 04.50      | +0:17:57 | 0:06:01 / 814  | 0:10:49 / 875  | 0:23:45 / 858  | 0:30:18 / 837  | 0:35:18 / 859  |
| 924      | 4393   | GOTOWIEC Darek        | Tuszczy          | POL       | Bóbr Tuszczy                           | 73      | M40/158 M / 872    | 00:48:29  | 04.50      | +0:17:57 | 0:06:20 / 1253 | 0:11:29 / 1434 | 0:24:34 / 1111 | 0:31:00 / 1018 | 0:35:51 / 976  |
| 925      | 3999   | MAZEK Jakub           | Warszawa         | POL       |  | 80      | M30/388 M / 873    | 00:48:30  | 04.51      | +0:17:58 | 0:05:47 / 562  | 0:10:29 / 664  | 0:23:33 / 793  | 0:30:15 / 827  | 0:35:17 / 853  |
| 926      | 6301   | WRZESZCZ Piotr        | Warszawa         | POL       |  | 79      | M30/389 M / 874    | 00:48:30  | 04.51      | +0:17:58 | 0:05:47 / 554  | 0:10:15 / 552  | 0:22:58 / 633  | 0:29:44 / 713  | 0:34:42 / 740  |
| 927      | 5243   | NIEDBALEC Marcin      | Zielona Góra     | POL       | Adwokaci                               | 86      | M20/276 M / 875    | 00:48:30  | 04.51      | +0:17:58 | 0:06:39 / 1803 | 0:11:38 / 1560 | 0:24:27 / 1072 | 0:30:48 / 953  | 0:35:56 / 1000 |
| 928      | 4164   | SPIEWAK Maciej        | Warszawa         | POL       | Rbs                                    | 83      | M30/390 M / 876    | 00:48:31  | 04.51      | +0:17:59 | 0:06:28 / 1483 | 0:11:34 / 1489 | 0:24:38 / 1135 | 0:30:52 / 976  | 0:35:43 / 953  |
| 929      | 5513   | ZIELAK Witold         | Warszawa         | POL       |  | 79      | M30/391 M / 877    | 00:48:32  | 04.51      | +0:18:00 | 0:06:00 / 785  | 0:10:34 / 718  | 0:23:45 / 862  | 0:30:32 / 886  | 0:35:30 / 897  |
| 930      | 2467   | BOGUCKI Andrzej       | Radom            | POL       |  | 65      | M40/159 M / 878    | 00:48:32  | 04.51      | +0:18:00 | 0:06:12 / 1047 | 0:11:01 / 1025 | 0:24:11 / 975  | 0:30:52 / 974  | 0:35:52 / 985  |
| 931      | 380    | SZCZEPANIAK Wojciech  |                  | POL       |  | 13      | M / 879            | 00:48:33  | 04.51      | +0:18:01 | 0:05:41 / 477  | 0:10:10 / 509  | 0:23:20 / 734  | 0:30:10 / 804  | 0:35:08 / 823  |
| 932      | 5404   | ZYBERT Konrad         | Warszawa         | POL       |  | 71      | M40/160 M / 880    | 00:48:33  | 04.51      | +0:18:01 | 0:06:29 / 1519 | 0:11:26 / 1388 | 0:24:40 / 1147 | 0:31:10 / 1056 | 0:36:00 / 1013 |
| 933      | 4801   | KUSY Tomasz           | Warszawa         | POL       |  | 74      | M30/392 M / 881    | 00:48:33  | 04.51      | +0:18:01 | 0:06:03 / 847  | 0:10:52 / 916  | 0:23:44 / 853  | 0:30:33 / 889  | 0:35:40 / 936  |
| 934      | 3936   | PAZYRSKI Jan          | Warszawa         | POL       |  | 90      | M20/277 M / 882    | 00:48:33  | 04.51      | +0:18:01 | 0:06:16 / 1169 | 0:10:46 / 844  |                | 0:30:21 / 851  | 0:35:22 / 869  |
| 935      | 4470   | ŚWIĘCICKI Wojciech    | Warszawa         | POL       |  | 63      | M50/35 M / 883     | 00:48:33  | 04.51      | +0:18:01 | 0:06:24 / 1394 | 0:11:24 / 1362 | 0:24:41 / 1155 | 0:31:27 / 1148 | 0:36:19 / 1092 |
| 936      | 4706   | MITROWSKI Jacek       | Żyrardów         | POL       | Żyr.a.f.a. Żyrardów                    | 85      | M20/278 M / 884    | 00:48:33  | 04.51      | +0:18:01 | 0:06:36 / 1705 | 0:11:48 / 1715 | 0:25:02 / 1303 | 0:31:28 / 1154 | 0:36:23 / 1110 |
| 937      | 72     | SALAŃSKI Wojciech     |                  | POL       | Wosir                                  | 84      | M20/279 M / 885    | 00:48:34  | 04.51      | +0:18:02 | 0:05:30 / 328  | 0:09:53 / 387  | 0:23:02 / 653  | 0:30:03 / 786  | 0:35:15 / 845  |
| 938      | 6727   | ŁACHACZ Robert        | Szczytno         | POL       |  | 79      | M30/393 M / 886    | 00:48:34  | 04.51      | +0:18:02 | 0:05:21 / 232  | 0:10:02 / 453  | 0:23:05 / 671  | 0:29:56 / 759  | 0:35:04 / 807  |
| 939      | 5180   | BUNICZ Sebastian      | Warszawa         | POL       | Bkkk (białański Klub Kyokushin Karate) | 81      | M30/394 M / 887    | 00:48:34  | 04.51      | +0:18:02 | 0:06:15 / 1134 | 0:11:07 / 1100 | 0:24:24 / 1055 | 0:30:58 / 1003 | 0:35:54 / 993  |
| 940      | 2730   | JAMRÓZ Mariola        | Kielce           | POL       | Fitness Club Tao Kielce                | 69      | K40/5 K / 53       | 00:48:34  | 04.51      | +0:18:02 | 0:06:15 / 1147 | 0:11:06 / 1095 | 0:24:05 / 945  | 0:30:40 / 922  | 0:35:36 / 917  |
| 941      | 3239   | PUŁAWSKI Mateusz      | Lublin           | POL       |  | 90      | M20/280 M / 888    | 00:48:35  | 04.51      | +0:18:03 | 0:06:16 / 1156 | 0:11:01 / 1021 | 0:23:58 / 913  | 0:30:43 / 933  | 0:35:44 / 959  |
| 942      | 4594   | PIOTROWSKI Adam       | Warszawa         | POL       |  | 72      | M40/161 M / 889    | 00:48:35  | 04.51      | +0:18:03 | 0:05:59 / 773  | 0:10:38 / 768  | 0:24:01 / 926  | 0:30:48 / 954  | 0:35:46 / 963  |
| 943      | 3627   | ZABIŃSKI Lech         | Ruda K.grajewa   | POL       | Oświata                                | 56      | M50/36 M / 890     | 00:48:35  | 04.51      | +0:18:03 | 0:06:09 / 974  | 0:10:53 / 931  | 0:23:49 / 881  | 0:30:34 / 892  | 0:35:28 / 886  |
| 944      | 2514   | CHMIELEWSKI Jacek     | Blonie           | POL       | Lkc Olymp Blonie                       | 69      | M40/162 M / 891    | 00:48:36  | 04.51      | +0:18:04 | 0:06:12 / 1064 | 0:10:51 / 911  | 0:23:48 / 876  | 0:30:29 / 873  | 0:35:22 / 871  |
| 945      | 5412   | GLEBICKI Łukasz       | Warszawa         | POL       |  | 79      | M30/395 M / 892    | 00:48:36  | 04.51      | +0:18:04 | 0:06:21 / 1278 | 0:11:16 / 1225 | 0:24:30 / 1092 | 0:31:11 / 1065 | 0:36:04 / 1035 |
| 946      | 4974   | PASZKIEWICZ Rafał     | Plock            | POL       | Night Runners                          | 78      | M30/396 M / 893    | 00:48:37  | 04.51      | +0:18:05 | 0:06:14 / 1121 | 0:10:56 / 969  | 0:24:08 / 964  | 0:30:52 / 975  | 0:35:41 / 938  |
| 947      | 3709   | WCISŁO Marek          | Warszawa         | POL       |  | 70      | M40/163 M / 894    | 00:48:37  | 04.51      | +0:18:05 | 0:06:12 / 1061 | 0:10:58 / 999  | 0:24:12 / 982  | 0:30:52 / 973  | 0:35:49 / 972  |
| 948      | 6251   | BARYŻEWSKI Remigiusz  | Warszawa         | POL       |  | 85      | M20/281 M / 895    | 00:48:37  | 04.51      | +0:18:05 | 0:06:31 / 1562 | 0:11:28 / 1415 | 0:24:49 / 1206 | 0:31:19 / 1109 | 0:36:14 / 1059 |
| 949      | 3621   | ZNAMIEC Marcin        | Warszawa         | POL       |  | 77      | M30/397 M / 896    | 00:48:37  | 04.51      | +0:18:05 | 0:06:06 / 911  | 0:10:56 / 970  | 0:23:42 / 844  | 0:30:35 / 899  | 0:35:38 / 929  |
| 950      | 6322   | JERZMANOWSKI Paweł    | Warszawa         | POL       | Hutnik Nowa Huta                       | 79      | M30/398 M / 897    | 00:48:38  | 04.51      | +0:18:06 | 0:05:52 / 630  | 0:10:30 / 672  | 0:23:45 / 860  | 0:30:30 / 877  | 0:35:25 / 880  |
| 951      | 6095   | SŁONINA Tytus         | Warszawa         | POL       |  | 98      | M20/282 M / 898    | 00:48:38  | 04.51      | +0:18:06 | 0:06:00 / 781  | 0:10:30 / 670  | 0:22:21 / 489  | 0:28:38 / 489  | 0:35:15 / 848  |
| 952      | 3502   | URBANIAK Aleksander   | Warszawa         | POL       |  | 81      | M30/399 M / 899    | 00:48:38  | 04.51      | +0:18:07 | 0:06:18 / 1207 | 0:11:32 / 1457 | 0:24:42 / 1165 | 0:31:20 / 1121 | 0:36:15 / 1065 |
| 953      | 5960   | WIECZORKIEWICZ Maciek | Warszawa         | POL       | Biegam Se Sam                          | 83      | M30/400 M / 900    | 00:48:39  | 04.51      | +0:18:07 | 0:06:48 / 2077 | 0:12:06 / 2028 | 0:25:26 / 1477 | 0:31:51 / 1288 | 0:36:40 / 1188 |
| 954      | 3554   | WIŚNIEWSKI Dariusz    | Kraków           | POL       | Alior Runnin Team                      | 88      | M20/283 M / 901    | 00:48:39  | 04.51      | +0:18:07 | 0:06:24 / 1383 | 0:11:17 / 1244 | 0:24:25 / 1061 | 0:30:56 / 997  | 0:35:59 / 1010 |
| 955      | 5289   | GAWIŃSKA Magda        | Warszawa         | POL       | Adwokaci                               | 84      | K20/20 K / 54      | 00:48:39  | 04.51      | +0:18:07 | 0:05:51 / 618  | 0:10:28 / 657  | 0:23:20 / 733  | 0:30:00 / 771  | 0:35:05 / 813  |
| 956      | 6302   | KOPERA Adam           | Wyszogród        | POL       | Ku Pamięci Darka                       | 86      | M20/284 M / 902    | 00:48:39  | 04.51      | +0:18:07 | 0:06:27 / 1473 | 0:11:23 / 1346 | 0:24:35 / 1115 | 0:31:15 / 1090 | 0:36:00 / 1014 |
| 957      | 4093   | ZARĘBSKI Łukasz       | Świdnik          | POL       |  | 87      | M20/285 M / 903    | 00:48:40  | 04.52      | +0:18:08 | 0:06:18 / 1208 | 0:11:17 / 1242 | 0:24:32 / 1101 | 0:31:06 / 1041 | 0:35:55 / 997  |
| 958      | 6287   | PARTYKA Jacek         | Warszawa         | POL       |  | 78      | M30/401 M / 904    | 00:48:40  | 04.52      | +0:18:08 | 0:06:23 / 1358 | 0:11:07 / 1101 | 0:24:18 / 1017 | 0:31:01 / 1024 | 0:35:57 / 1004 |
| 959      | 5155   | PUCZYŁOWSKA Katarzyna | Olecko           | POL       |  | 87      | K20/21 K / 55      | 00:48:40  | 04.52      | +0:18:08 | 0:06:16 / 1160 | 0:11:15 / 1220 | 0:24:24 / 1056 | 0:31:06 / 1043 | 0:36:04 / 1036 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club      | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 960      | 5842   | KOWALCZYK Piotr       | Pruszków         | POL       | 12tri.pl                     | 87      | M20/286 M / 905    | 00:48:40  | 04.52      | +0:18:08 | 0:05:40 / 460  | 0:10:12 / 525  | 0:23:03 / 667  | 0:30:01 / 776  | 0:35:05 / 811  |
| 961      | 6188   | CIOK Przemyslaw       | Plock            | POL       |                              | 80      | M30/402 M / 906    | 00:48:41  | 04.52      | +0:18:09 | 0:05:30 / 331  | 0:09:46 / 325  | 0:22:40 / 561  | 0:29:45 / 715  | 0:34:43 / 744  |
| 962      | 4824   | POGAN Marcin          | Kraków           | POL       |                              | 85      | M20/287 M / 907    | 00:48:41  | 04.52      | +0:18:09 | 0:06:38 / 1759 | 0:11:35 / 1512 | 0:24:54 / 1249 | 0:31:33 / 1185 | 0:36:22 / 1108 |
| 963      | 4934   | MARCZAK Piotr         | Sochaczew        | POL       | Km Aktywni Sochaczew         | 97      | M20/288 M / 908    | 00:48:41  | 04.52      | +0:18:09 | 0:05:31 / 342  | 0:09:51 / 367  | 0:22:48 / 596  | 0:30:11 / 809  | 0:35:20 / 862  |
| 964      | 3030   | MATUSZEWSKI Dominik   | Legionowo        | POL       | Brak                         | 77      | M30/403 M / 909    | 00:48:42  | 04.52      | +0:18:10 | 0:06:02 / 823  | 0:10:41 / 797  | 0:23:43 / 851  | 0:30:29 / 870  | 0:35:24 / 874  |
| 965      | 3361   | SOWADA Krzysztof      | Warszawa         | POL       |                              | 74      | M30/404 M / 910    | 00:48:42  | 04.52      | +0:18:10 | 0:06:25 / 1424 | 0:11:18 / 1275 | 0:24:09 / 966  | 0:30:43 / 936  | 0:35:39 / 933  |
| 966      | 6235   | NADRA Marek           | Warszawa         | POL       |                              | 85      | M20/289 M / 911    | 00:48:42  | 04.52      | +0:18:10 | 0:06:05 / 886  | 0:10:36 / 739  | 0:23:44 / 852  | 0:30:33 / 888  | 0:35:35 / 916  |
| 967      | 3029   | MATUSZEWSKI Piotr     | Gostynin         | POL       | Tkcf Plock                   | 54      | M50/37 M / 912     | 00:48:43  | 04.52      | +0:18:11 | 0:06:03 / 840  | 0:10:42 / 807  | 0:23:45 / 856  | 0:30:29 / 876  | 0:35:24 / 875  |
| 968      | 3405   | SWITAJ Pawel          | Warszawa         | POL       |                              | 75      | M30/405 M / 913    | 00:48:43  | 04.52      | +0:18:11 | 0:06:08 / 955  | 0:10:52 / 913  | 0:23:46 / 866  | 0:30:34 / 893  | 0:35:31 / 902  |
| 969      | 5383   | BILSKI Mateusz        | Warszawa         | POL       |                              | 89      | M20/290 M / 914    | 00:48:43  | 04.52      | +0:18:11 | 0:06:22 / 1334 | 0:11:26 / 1385 | 0:24:28 / 1077 | 0:31:08 / 1049 | 0:35:59 / 1012 |
| 970      | 4676   | BUDNICKI Grzegorz     | Warszawa         | POL       |                              | 55      | M50/38 M / 915     | 00:48:43  | 04.52      | +0:18:12 | 0:06:29 / 1499 | 0:11:25 / 1376 | 0:24:23 / 1048 | 0:30:56 / 993  | 0:35:43 / 954  |
| 971      | 2724   | JACKOWSKI Andrzej     | Czarnocin        | POL       | Ks Łomżanie                  | 83      | M30/406 M / 916    | 00:48:44  | 04.52      | +0:18:12 | 0:05:46 / 545  | 0:10:09 / 498  | 0:22:47 / 590  | 0:29:43 / 707  | 0:34:53 / 770  |
| 972      | 4071   | LUPIŃSKI Daniel       | Stare Opole      | POL       | Bayer Life Team              | 78      | M30/407 M / 917    | 00:48:44  | 04.52      | +0:18:12 | 0:06:35 / 1695 | 0:11:36 / 1543 | 0:24:37 / 1121 | 0:31:19 / 1110 | 0:36:11 / 1053 |
| 973      | 3834   | GORZYM Łukasz         | Kraków           | POL       |                              | 84      | M20/291 M / 918    | 00:48:44  | 04.52      | +0:18:12 | 0:06:26 / 1445 | 0:11:23 / 1352 | 0:24:42 / 1163 | 0:31:21 / 1122 | 0:36:19 / 1088 |
| 974      | 5298   | GÓDŹ Wojtek           | Staszów          | POL       | Adwokaci                     | 75      | M30/408 M / 919    | 00:48:44  | 04.52      | +0:18:12 | 0:06:39 / 1787 | 0:11:34 / 1502 | 0:24:55 / 1252 | 0:31:30 / 1164 | 0:36:20 / 1094 |
| 975      | 4600   | SARNACKI Karol        | Warszawa         | POL       |                              | 83      | M30/409 M / 920    | 00:48:44  | 04.52      | +0:18:13 | 0:06:23 / 1341 | 0:11:43 / 1636 | 0:25:20 / 1436 | 0:31:51 / 1287 | 0:36:34 / 1163 |
| 976      | 6168   | BAK Andrzej           | Borowa Góra      | POL       |                              | 57      | M50/39 M / 921     | 00:48:45  | 04.52      | +0:18:13 | 0:06:23 / 1350 | 0:11:14 / 1205 | 0:24:25 / 1062 | 0:31:02 / 1028 | 0:36:02 / 1025 |
| 977      | 4843   | PLUTA Ireneusz        | Warszawa         | POL       |                              | 62      | M50/40 M / 922     | 00:48:45  | 04.52      | +0:18:13 | 0:05:58 / 758  | 0:10:29 / 666  | 0:23:07 / 681  | 0:29:57 / 763  | 0:35:11 / 833  |
| 978      | 3931   | BUCZYŁO Konrad        | Warszawa         | POL       |                              | 74      | M30/410 M / 923    | 00:48:45  | 04.52      | +0:18:13 | 0:06:09 / 977  | 0:11:04 / 1068 | 0:24:23 / 1046 | 0:30:54 / 983  | 0:35:53 / 989  |
| 979      | 5912   | PAWŁOWSKI Rafał       | Długosiodło      | POL       | Posetce                      | 81      | M30/411 M / 924    | 00:48:45  | 04.52      | +0:18:13 | 0:06:58 / 2309 | 0:11:45 / 1675 | 0:25:03 / 1309 | 0:31:50 / 1280 | 0:36:45 / 1221 |
| 980      | 3818   | DUMAŃSKI Norbert      | Warszawa         | POL       |                              | 78      | M30/412 M / 925    | 00:48:45  | 04.52      | +0:18:13 | 0:06:21 / 1301 | 0:11:10 / 1143 | 0:23:56 / 902  | 0:30:42 / 930  | 0:35:44 / 956  |
| 981      | 5609   | PUCHTA Dariusz        | Warszawa         | POL       |                              | 90      | M20/292 M / 926    | 00:48:46  | 04.52      | +0:18:14 | 0:06:16 / 1180 | 0:10:56 / 962  | 0:24:00 / 920  | 0:30:32 / 885  | 0:35:24 / 876  |
| 982      | 5722   | JAŃCZUK Marcin        | Warszawa         | POL       | Run For Szpan Team           | 78      | M30/413 M / 927    | 00:48:46  | 04.52      | +0:18:14 | 0:06:09 / 979  | 0:11:00 / 1018 | 0:24:15 / 997  | 0:30:54 / 981  | 0:35:51 / 978  |
| 983      | 5663   | KRUK Arkadiusz        | Warszawa         | POL       |                              | 71      | M40/164 M / 928    | 00:48:47  | 04.52      | +0:18:15 | 0:06:30 / 1526 | 0:11:22 / 1341 | 0:24:25 / 1059 | 0:30:57 / 998  | 0:35:51 / 980  |
| 984      | 5680   | CZEMBOR Piotr         | Warszawa         | POL       |                              | 76      | M30/414 M / 929    | 00:48:48  | 04.52      | +0:18:16 | 0:06:16 / 1164 | 0:11:13 / 1188 | 0:24:11 / 978  | 0:30:50 / 964  | 0:35:51 / 975  |
| 985      | 6355   | DRYGALSKI Adam        | Warszawa         | POL       |                              | 80      | M30/415 M / 930    | 00:48:48  | 04.52      | +0:18:16 | 0:05:45 / 536  | 0:10:37 / 747  | 0:23:33 / 795  | 0:30:18 / 836  | 0:35:25 / 882  |
| 986      | 6984   | RAKOWSKI Pawel        | Bydgoszcz        | POL       | Oddział Żw Bydgoszcz         | 78      | M30/416 M / 931    | 00:48:49  | 04.52      | +0:18:17 | 0:06:09 / 983  | 0:11:07 / 1106 | 0:24:32 / 1100 | 0:31:18 / 1102 | 0:36:26 / 1126 |
| 987      | 2442   | BIAŁA Joanna          |                  | POL       | Rbs                          | 77      | K30/26 K / 56      | 00:48:49  | 04.52      | +0:18:17 | 0:06:11 / 1035 | 0:10:53 / 935  | 0:24:03 / 933  | 0:30:49 / 957  | 0:35:42 / 945  |
| 988      | 5106   | PRZEDPEŁSKI Łukasz    | Warszawa         | POL       | Play                         | 76      | M30/417 M / 932    | 00:48:49  | 04.52      | +0:18:17 | 0:06:33 / 1620 | 0:11:50 / 1742 | 0:25:11 / 1370 | 0:31:43 / 1247 | 0:36:39 / 1182 |
| 989      | 181    | NIEPYTALSKI Michał    | Sierpc           | POL       | Teleexpress                  | 85      | M20/293 M / 933    | 00:48:50  | 04.53      | +0:18:18 | 0:06:32 / 1592 | 0:11:41 / 1620 | 0:25:16 / 1411 | 0:31:56 / 1313 | 0:36:47 / 1231 |
| 990      | 6703   | CHMIELEWSKI Robert    | Józefów          | POL       |                              | 67      | M40/165 M / 934    | 00:48:50  | 04.53      | +0:18:18 | 0:05:54 / 679  | 0:10:29 / 669  | 0:23:23 / 750  | 0:30:11 / 813  | 0:35:17 / 854  |
| 991      | 5695   | RASZEWSKI Włodzimierz | Ostrów Wlkp      | POL       |                              | 63      | M50/41 M / 935     | 00:48:50  | 04.53      | +0:18:18 | 0:06:18 / 1221 | 0:11:04 / 1073 | 0:24:15 / 996  | 0:30:57 / 999  | 0:35:49 / 968  |
| 992      | 5316   | KĘDZIOR Michał        | Rzeszów          | POL       | Drużyna Szpiku               | 87      | M20/294 M / 936    | 00:48:51  | 04.53      | +0:18:19 | 0:06:22 / 1336 | 0:11:21 / 1323 | 0:24:18 / 1016 | 0:31:01 / 1022 | 0:36:02 / 1028 |
| 993      | 4787   | RYSZ Mariusz          | Łomianki         | POL       |                              | 78      | M30/418 M / 937    | 00:48:52  | 04.53      | +0:18:20 | 0:05:55 / 697  | 0:10:31 / 691  | 0:23:29 / 779  | 0:30:10 / 806  | 0:35:17 / 855  |
| 994      | 5172   | ACHREMZYK Piotr       | Radom            | POL       | Stowarzyszenie Biegnij Radom | 54      | M50/42 M / 938     | 00:48:52  | 04.53      | +0:18:20 | 0:06:14 / 1114 | 0:10:56 / 961  | 0:23:58 / 912  | 0:30:38 / 911  | 0:35:43 / 952  |
| 995      | 6543   | DOMAŃSKI Filip        | Warszawa         | POL       | Foto-kronika.pl              | 79      | M30/419 M / 939    | 00:48:52  | 04.53      | +0:18:20 | 0:06:15 / 1148 | 0:11:17 / 1252 | 0:24:16 / 1008 | 0:30:59 / 1011 | 0:36:09 / 1047 |
| 996      | 280    | TOMASIAK Łukasz       | Nowy Dwór        | POL       | Pko                          | 84      | M20/295 M / 940    | 00:48:52  | 04.53      | +0:18:20 | 0:05:43 / 512  | 0:10:21 / 588  | 0:23:22 / 739  | 0:30:15 / 829  | 0:35:22 / 870  |
| 997      | 5788   | GŁOWACKI Andrzej      | Legionowo        | POL       |                              | 71      | M40/166 M / 941    | 00:48:52  | 04.53      | +0:18:20 | 0:06:12 / 1057 | 0:11:10 / 1148 | 0:24:07 / 961  | 0:30:50 / 967  | 0:35:49 / 971  |
| 998      | 5585   | WASZCZUK Jakub        | Warszawa         | POL       |                              | 86      | M20/296 M / 942    | 00:48:53  | 04.53      | +0:18:21 | 0:06:16 / 1155 | 0:11:04 / 1066 | 0:24:39 / 1139 | 0:31:35 / 1205 | 0:36:40 / 1190 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City    | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|---------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 999      | 6156   | DYDYCZ Leszek            | Chotomów            | POL       | The Rolling Potatoes    | 68      | M40/167 M / 943    | 00:48:53  | 04.53      | +0:18:21 | 0:06:18 / 1217 | 0:11:16 / 1234 | 0:24:38 / 1136 | 0:31:19 / 1108 | 0:36:07 / 1041 |
| 1000     | 5845   | DZIEDZIC Bartosz         | Warszawa            | POL       |                         | 84      | M20/297 M / 944    | 00:48:53  | 04.53      | +0:18:21 | 0:06:00 / 795  | 0:10:45 / 834  | 0:23:40 / 831  | 0:30:31 / 881  | 0:35:30 / 893  |
| 1001     | 5429   | STRASZAK Piotr           | Warszawa            | POL       |                         | 83      | M30/420 M / 945    | 00:48:53  | 04.53      | +0:18:21 | 0:06:07 / 937  | 0:10:57 / 982  | 0:24:23 / 1049 | 0:30:56 / 995  | 0:35:58 / 1007 |
| 1002     | 5642   | SZAJKO Mirosław          | Raszyn Rybie        | POL       | Euro-net                | 73      | M40/168 M / 946    | 00:48:53  | 04.53      | +0:18:21 | 0:06:33 / 1627 | 0:11:34 / 1497 | 0:24:51 / 1220 | 0:31:31 / 1171 | 0:36:22 / 1105 |
| 1003     | 3510   | WALENDZIK Damian         | Skierniewice        | POL       |                         | 90      | M20/298 M / 947    | 00:48:53  | 04.53      | +0:18:21 | 0:06:24 / 1375 | 0:11:21 / 1318 | 0:24:37 / 1127 | 0:31:22 / 1128 | 0:36:10 / 1049 |
| 1004     | 6932   | KULIK Michał             | Warszawa            | POL       | 12tri.pl                | 85      | M20/299 M / 948    | 00:48:53  | 04.53      | +0:18:21 | 0:06:24 / 1396 | 0:11:22 / 1335 | 0:24:32 / 1103 | 0:31:14 / 1084 | 0:36:15 / 1069 |
| 1005     | 6209   | AUGUSTYNIAK Arkadiusz    | Warszawa            | POL       |                         | 80      | M30/421 M / 949    | 00:48:54  | 04.53      | +0:18:22 | 0:06:27 / 1476 | 0:11:30 / 1440 | 0:24:53 / 1239 | 0:31:29 / 1158 | 0:36:25 / 1120 |
| 1006     | 6970   | PITUŁA Jarosław          | Gorzów Wlkp.        | POL       |                         | 84      | M20/300 M / 950    | 00:48:54  | 04.53      | +0:18:22 | 0:06:22 / 1321 | 0:11:28 / 1416 | 0:24:34 / 1112 | 0:31:20 / 1119 | 0:36:23 / 1109 |
| 1007     | 5604   | NIEDŹWIEDŹ Jarek         | Minsk Mazowiecki    | POL       |                         | 84      | M20/301 M / 951    | 00:48:54  | 04.53      | +0:18:23 | 0:06:51 / 2144 | 0:12:08 / 2072 | 0:26:00 / 1717 | 0:32:27 / 1484 | 0:37:01 / 1292 |
| 1008     | 4806   | ŁĘCKI Tomasz             | Warszawa            | POL       | Biegnij Warszawo        | 80      | M30/422 M / 952    | 00:48:55  | 04.53      | +0:18:23 | 0:06:05 / 891  | 0:10:42 / 805  | 0:23:29 / 782  | 0:30:32 / 884  | 0:35:38 / 924  |
| 1009     | 3712   | NAGIEL Jakub             | Sulejówek           | POL       |                         | 96      | M20/302 M / 953    | 00:48:56  | 04.53      | +0:18:24 | 0:06:01 / 809  | 0:10:36 / 740  | 0:24:00 / 925  | 0:31:00 / 1014 | 0:36:04 / 1034 |
| 1010     | 3965   | DUDZIN Karol             | Warszawa            | POL       |                         | 79      | M30/423 M / 954    | 00:48:56  | 04.53      | +0:18:24 | 0:06:25 / 1410 | 0:11:05 / 1085 | 0:24:20 / 1027 | 0:30:59 / 1007 | 0:35:56 / 1001 |
| 1011     | 2535   | CIEŚLIK Michał           | Kielce              | POL       |                         | 84      | M20/303 M / 955    | 00:48:56  | 04.53      | +0:18:24 | 0:05:58 / 761  | 0:10:44 / 826  | 0:23:58 / 908  | 0:30:54 / 980  | 0:35:58 / 1008 |
| 1012     | 6413   | WIERZBICKI Łukasz        | Warszawa            | POL       |                         | 80      | M30/424 M / 956    | 00:48:56  | 04.53      | +0:18:24 | 0:06:04 / 868  | 0:10:49 / 881  | 0:24:03 / 937  | 0:30:50 / 960  | 0:35:53 / 991  |
| 1013     | 3731   | CZUPRYNIAK Łukasz        | Warszawa            | POL       |                         | 88      | M20/304 M / 957    | 00:48:57  | 04.53      | +0:18:25 | 0:05:47 / 564  | 0:10:38 / 766  | 0:23:45 / 859  | 0:30:39 / 918  | 0:35:38 / 926  |
| 1014     | 6141   | LIS Marek                | Cybulice Male       | POL       |                         | 75      | M30/425 M / 958    | 00:48:57  | 04.53      | +0:18:25 | 0:06:08 / 962  | 0:10:57 / 986  | 0:23:45 / 863  | 0:30:29 / 874  | 0:35:36 / 918  |
| 1015     | 6808   | ROGÓLSKI Artur           | Warszawa            | POL       | Pzu Sport Team          | 75      | M30/426 M / 959    | 00:48:58  | 04.53      | +0:18:26 | 0:05:59 / 768  | 0:10:41 / 796  | 0:24:09 / 968  | 0:30:58 / 1004 | 0:35:52 / 983  |
| 1016     | 3125   | OLESIAK Grzegorz         | Warszawa            | POL       |                         | 62      | M50/43 M / 960     | 00:48:59  | 04.53      | +0:18:27 | 0:06:28 / 1498 | 0:11:22 / 1337 | 0:24:35 / 1113 | 0:31:22 / 1129 | 0:36:16 / 1072 |
| 1017     | 4577   | PYNDRYK Norbert          | Warszawa            | POL       |                         | 81      | M30/427 M / 961    | 00:48:59  | 04.53      | +0:18:28 | 0:06:17 / 1199 | 0:11:09 / 1132 | 0:24:16 / 1000 | 0:31:03 / 1032 | 0:36:02 / 1026 |
| 1018     | 4079   | BABIARZ Paweł            | Warszawa            | POL       |                         | 84      | M20/305 M / 962    | 00:49:01  | 04.54      | +0:18:29 | 0:06:05 / 889  | 0:10:56 / 967  | 0:24:06 / 949  | 0:30:56 / 992  | 0:35:59 / 1011 |
| 1019     | 6123   | KURPIŃSKI Waldemar       | Warszawa            | POL       | Niezrzeszony            | 65      | M40/169 M / 963    | 00:49:02  | 04.54      | +0:18:30 | 0:05:56 / 721  | 0:10:35 / 730  | 0:23:40 / 832  | 0:30:43 / 934  | 0:35:48 / 967  |
| 1020     | 3847   | MALIK Piotr              | Warszawa            | POL       |                         | 82      | M30/428 M / 964    | 00:49:02  | 04.54      | +0:18:30 | 0:06:39 / 1800 | 0:11:51 / 1770 | 0:25:19 / 1430 | 0:31:51 / 1289 | 0:36:39 / 1186 |
| 1021     | 288    | MAMCARCZYK Tomasz        | Jaworzno            | POL       | Pko                     | 82      | M30/429 M / 965    | 00:49:02  | 04.54      | +0:18:30 | 0:06:23 / 1365 | 0:11:26 / 1383 | 0:25:02 / 1304 | 0:31:44 / 1250 | 0:36:39 / 1185 |
| 1022     | 3908   | PIÓRKOWSKI Witek         | Elbląg              | POL       |                         | 61      | M50/44 M / 966     | 00:49:02  | 04.54      | +0:18:30 | 0:06:18 / 1205 | 0:11:02 / 1031 | 0:24:07 / 953  | 0:30:52 / 977  | 0:35:46 / 964  |
| 1023     | 6267   | KAJAK Mirosław           | Garwolin            | POL       | Truchtacz.pl            | 58      | M50/45 M / 967     | 00:49:03  | 04.54      | +0:18:31 | 0:05:40 / 450  | 0:10:17 / 564  | 0:23:53 / 890  | 0:30:37 / 907  | 0:35:44 / 955  |
| 1024     | 6058   | DĄBROWSKI Zbigniew       | Wolomin             | POL       |                         | 69      | M40/170 M / 968    | 00:49:03  | 04.54      | +0:18:31 | 0:06:01 / 807  | 0:10:47 / 855  | 0:24:00 / 919  | 0:30:45 / 944  | 0:35:45 / 961  |
| 1025     | 2878   | KOWALSKI Damian          | Kampinos            | POL       | Km Aktywni Sochaczew    | 89      | M20/306 M / 969    | 00:49:03  | 04.54      | +0:18:31 | 0:06:09 / 971  | 0:10:56 / 971  | 0:24:04 / 942  | 0:31:00 / 1015 | 0:36:03 / 1030 |
| 1026     | 6019   | KONOPSKI Michał          | Warszawa            | POL       |                         | 83      | M30/430 M / 970    | 00:49:03  | 04.54      | +0:18:31 | 0:06:17 / 1188 | 0:11:14 / 1207 | 0:24:46 / 1191 | 0:31:31 / 1170 | 0:36:24 / 1112 |
| 1027     | 2760   | JĘDRASIEWICZ Marek       | Warszawa            | POL       | Axa Direct Running Team | 74      | M30/431 M / 971    | 00:49:03  | 04.54      | +0:18:31 | 0:06:30 / 1550 | 0:11:38 / 1562 | 0:24:41 / 1157 | 0:31:23 / 1138 | 0:36:29 / 1140 |
| 1028     | 4728   | SZAŁOWSKI Rafał          | Warszawa            | POL       |                         | 77      | M30/432 M / 972    | 00:49:04  | 04.54      | +0:18:32 | 0:06:21 / 1291 | 0:11:20 / 1295 | 0:24:38 / 1134 | 0:31:16 / 1095 | 0:36:15 / 1063 |
| 1029     | 6773   | DUSIŃSKI Mateusz         | Warszawa            | POL       |                         | 91      | M20/307 M / 973    | 00:49:04  | 04.54      | +0:18:32 | 0:05:44 / 522  | 0:10:23 / 608  | 0:23:37 / 818  | 0:30:48 / 956  | 0:35:56 / 1002 |
| 1030     | 2921   | KUCZYŃSKI Grzegorz       | Warszawa            | POL       |                         | 74      | M30/433 M / 974    | 00:49:04  | 04.54      | +0:18:32 | 0:06:22 / 1338 | 0:11:35 / 1516 | 0:24:51 / 1219 | 0:31:34 / 1194 | 0:36:30 / 1148 |
| 1031     | 4581   | SÓJKA Piotr              | Międzyrzec Podlaski | POL       | A.r.m.                  | 71      | M40/171 M / 975    | 00:49:04  | 04.54      | +0:18:32 | 0:06:00 / 786  | 0:10:46 / 836  | 0:24:03 / 935  | 0:30:55 / 985  | 0:35:52 / 986  |
| 1032     | 394    | DZIEKAN Anna             |                     | POL       | Treningbiegacza.pl      | 77      | K30/27 K / 57      | 00:49:05  | 04.54      | +0:18:33 | 0:06:35 / 1680 | 0:11:43 / 1643 | 0:25:06 / 1335 | 0:31:42 / 1239 | 0:36:38 / 1177 |
| 1033     | 2198   | LUBIAN Michał            | Garwolin            | POL       |                         | 75      | M30/434 M / 976    | 00:49:05  | 04.54      | +0:18:33 | 0:06:09 / 969  | 0:11:03 / 1040 | 0:24:21 / 1031 | 0:31:09 / 1055 | 0:36:07 / 1040 |
| 1034     | 5017   | WOJTYŁA Paweł            | Warszawa            | POL       | Aks Polonia             | 84      | M20/308 M / 977    | 00:49:05  | 04.54      | +0:18:33 | 0:06:01 / 802  | 0:11:04 / 1071 | 0:24:07 / 954  | 0:30:46 / 949  | 0:35:47 / 965  |
| 1035     | 5493   | DZIARMAGOWSKI Andrzej    | Kraków              | POL       | Adwokaci                | 87      | M20/309 M / 978    | 00:49:06  | 04.54      | +0:18:34 | 0:06:31 / 1582 | 0:11:36 / 1539 | 0:24:39 / 1137 | 0:31:27 / 1150 | 0:36:24 / 1111 |
| 1036     | 5738   | SUTKOWSKI Michał         | Warszawa            | POL       |                         | 62      | M50/46 M / 979     | 00:49:06  | 04.54      | +0:18:34 | 0:06:20 / 1273 | 0:11:22 / 1343 | 0:25:02 / 1307 | 0:31:33 / 1183 | 0:36:27 / 1130 |
| 1037     | 4809   | GRABOWSKI Grzegorz wasyl | Warszawa            | POL       | Pasjbiegania.pl         | 65      | M40/172 M / 980    | 00:49:06  | 04.54      | +0:18:34 | 0:06:10 / 999  | 0:11:04 / 1060 | 0:24:25 / 1063 | 0:31:11 / 1063 | 0:36:08 / 1045 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club    | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|----------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1038     | 4395   | MOŚCICKI Radosław     | Warszawa         | POL       | Euro-net                   | 75      | M30/435 M / 981    | 00:49:06  | 04.54      | +0:18:34 | 0:06:14 / 1126 | 0:10:52 / 920  | 0:23:55 / 895  | 0:30:42 / 931  | 0:35:41 / 939  |
| 1039     | 4197   | KOWALEWSKA Dorota     | Warszawa         | POL       |                            | 88      | K20/22 K / 58      | 00:49:08  | 04.54      | +0:18:36 | 0:06:29 / 1515 | 0:11:25 / 1371 | 0:24:40 / 1151 | 0:31:19 / 1107 | 0:36:19 / 1085 |
| 1040     | 5087   | SZMIGIEL Danuta       | Wałbrzych        | POL       | Adwokaci                   | 74      | K30/28 K / 59      | 00:49:08  | 04.54      | +0:18:36 | 0:06:36 / 1710 | 0:11:28 / 1417 | 0:24:42 / 1162 | 0:31:27 / 1153 | 0:36:19 / 1086 |
| 1041     | 3392   | STROK Tomasz          | Warszawa         | POL       |                            | 87      | M20/310 M / 982    | 00:49:08  | 04.54      | +0:18:36 | 0:05:52 / 629  | 0:10:43 / 816  | 0:23:59 / 916  | 0:31:06 / 1044 | 0:36:19 / 1089 |
| 1042     | 3985   | BOROWSKI Rafał        | Warszawa         | POL       |                            | 83      | M30/436 M / 983    | 00:49:08  | 04.54      | +0:18:36 | 0:06:16 / 1181 | 0:11:04 / 1063 | 0:24:27 / 1071 | 0:31:23 / 1135 | 0:36:25 / 1125 |
| 1043     | 4761   | FRĄCZKOWSKI Krzysztof | Płock            | POL       | Tkkf Płock                 | 60      | M50/47 M / 984     | 00:49:09  | 04.54      | +0:18:37 | 0:06:02 / 828  | 0:10:50 / 895  | 0:24:15 / 995  | 0:31:02 / 1030 | 0:36:01 / 1023 |
| 1044     | 6899   | TOMASZEWSKI Tomasz    | Warszawa         | POL       |                            | 82      | M30/437 M / 985    | 00:49:10  | 04.55      | +0:18:38 | 0:06:39 / 1788 | 0:11:48 / 1714 | 0:25:09 / 1356 | 0:31:53 / 1295 | 0:36:53 / 1252 |
| 1045     | 5768   | ZWIERYŃSKA Małgorzata | Warszawa         | POL       |                            | 85      | K20/23 K / 60      | 00:49:11  | 04.55      | +0:18:39 | 0:05:49 / 583  | 0:10:38 / 760  |                | 0:31:05 / 1039 | 0:36:05 / 1037 |
| 1046     | 6868   | KULICKA Agata         | Skierniewice     | POL       | Bankowcy                   | 75      | K30/29 K / 61      | 00:49:11  | 04.55      | +0:18:39 | 0:06:04 / 863  | 0:10:38 / 763  | 0:23:44 / 855  | 0:30:46 / 947  | 0:35:41 / 937  |
| 1047     | 2734   | JANISZEWSKI Ireneusz  | Łódź             | POL       |                            | 82      | M30/438 M / 986    | 00:49:11  | 04.55      | +0:18:39 | 0:06:42 / 1867 | 0:11:53 / 1803 | 0:25:27 / 1485 | 0:32:03 / 1344 | 0:37:03 / 1303 |
| 1048     | 6988   | KAJKO Artur           | Warszawa         | POL       | Kb Ergo                    | 74      | M30/439 M / 987    | 00:49:11  | 04.55      | +0:18:39 | 0:06:24 / 1373 | 0:11:35 / 1525 | 0:24:46 / 1187 | 0:31:25 / 1143 | 0:36:28 / 1137 |
| 1049     | 3702   | MARCZUK Robert        | Zielonka         | POL       |                            | 74      | M30/440 M / 988    | 00:49:12  | 04.55      | +0:18:40 | 0:06:14 / 1099 | 0:11:07 / 1098 | 0:24:18 / 1018 | 0:31:00 / 1013 | 0:36:08 / 1042 |
| 1050     | 729    | SZWECH Mateusz        | Falenty Nowe     | POL       | Edc Runners                | 86      | M20/311 M / 989    | 00:49:12  | 04.55      | +0:18:40 | 0:05:51 / 616  | 0:10:25 / 627  | 0:23:32 / 792  | 0:30:56 / 996  | 0:35:53 / 990  |
| 1051     | 6399   | OKRASA Piotr          | Legionowo        | POL       | Rema Broker                | 76      | M30/441 M / 990    | 00:49:12  | 04.55      | +0:18:40 | 0:05:50 / 605  | 0:10:24 / 617  | 0:23:02 / 652  | 0:29:51 / 736  | 0:35:11 / 835  |
| 1052     | 5374   | KARPIŃSKI Radosław    | Zielonki Parcela | POL       | Powiat Warszawski Zachodni | 79      | M30/442 M / 991    | 00:49:13  | 04.55      | +0:18:41 | 0:05:35 / 392  | 0:10:14 / 536  | 0:24:11 / 977  | 0:31:25 / 1144 | 0:36:27 / 1133 |
| 1053     | 4379   | WITKOWSKI Paweł       | Warszawa         | POL       |                            | 81      | M30/443 M / 992    | 00:49:13  | 04.55      | +0:18:41 | 0:06:01 / 815  | 0:10:34 / 712  | 0:23:35 / 809  | 0:30:35 / 901  | 0:35:41 / 941  |
| 1054     | 4256   | WODECKI Piotr         | Warszawa         | POL       |                            | 90      | M20/312 M / 993    | 00:49:13  | 04.55      | +0:18:41 | 0:06:38 / 1751 | 0:11:51 / 1767 | 0:25:14 / 1387 | 0:31:53 / 1296 | 0:36:55 / 1261 |
| 1055     | 6651   | TADRZAK Agnieszka     | Warszawa         | POL       |                            | 80      | K30/30 K / 62      | 00:49:13  | 04.55      | +0:18:42 | 0:05:54 / 682  | 0:10:28 / 647  |                | 0:30:39 / 920  | 0:35:46 / 962  |
| 1056     | 4920   | LEWIŃSKI Rafał        | Warszawa         | POL       |                            | 70      | M40/173 M / 994    | 00:49:14  | 04.55      | +0:18:42 | 0:06:13 / 1081 | 0:10:58 / 991  | 0:23:41 / 834  | 0:30:18 / 841  | 0:35:29 / 890  |
| 1057     | 5819   | MARKIEWICZ Mariusz    | Pionki           | POL       | Niezrzeszony               | 73      | M40/174 M / 995    | 00:49:14  | 04.55      | +0:18:42 | 0:06:41 / 1847 | 0:11:52 / 1779 | 0:25:21 / 1445 | 0:31:59 / 1326 | 0:36:57 / 1273 |
| 1058     | 6234   | KOSELNIK Adam         | Celestynów       | POL       |                            | 82      | M30/444 M / 996    | 00:49:14  | 04.55      | +0:18:42 | 0:06:02 / 818  | 0:10:32 / 702  | 0:23:37 / 816  | 0:30:36 / 905  | 0:35:41 / 942  |
| 1059     | 4271   | CHOJNACKI Jan         | Warszawa         | POL       |                            | 86      | M20/313 M / 997    | 00:49:14  | 04.55      | +0:18:42 | 0:06:06 / 901  | 0:10:59 / 1002 | 0:23:36 / 811  | 0:30:11 / 810  | 0:35:25 / 879  |
| 1060     | 3345   | SOBCZAK Adam          | Oświęcim         | POL       |                            | 79      | M30/445 M / 998    | 00:49:14  | 04.55      | +0:18:42 | 0:06:40 / 1832 | 0:11:52 / 1775 | 0:25:26 / 1478 | 0:32:01 / 1334 | 0:37:02 / 1295 |
| 1061     | 4272   | DUCKWORTH Tony        | Warszawa         | POL       |                            | 64      | M40/175 M / 999    | 00:49:14  | 04.55      | +0:18:42 | 0:06:14 / 1111 | 0:11:11 / 1158 | 0:24:28 / 1079 | 0:31:18 / 1106 | 0:36:14 / 1060 |
| 1062     | 2940   | KUREK Piotr           | Unin             | POL       | Avon                       | 84      | M20/314 M / 1000   | 00:49:14  | 04.55      | +0:18:42 | 0:06:16 / 1167 | 0:11:04 / 1055 | 0:24:14 / 990  | 0:31:02 / 1029 | 0:36:10 / 1051 |
| 1063     | 4047   | ZBRZEŻNY Cezary       | Szczytno         | POL       |                            | 81      | M30/446 M / 1001   | 00:49:14  | 04.55      | +0:18:42 | 0:06:18 / 1202 | 0:11:08 / 1120 | 0:24:48 / 1198 | 0:31:25 / 1145 | 0:36:36 / 1170 |
| 1064     | 3455   | SZYMCZAK Piotr        | Łódź             | POL       | Biegampolodz.pl            | 79      | M30/447 M / 1002   | 00:49:15  | 04.55      | +0:18:43 | 0:06:03 / 844  | 0:10:48 / 867  | 0:23:48 / 871  | 0:30:34 / 894  | 0:35:36 / 919  |
| 1065     | 2441   | BIALIK Paweł          | Maków Mazowiecki | POL       |                            | 87      | M20/315 M / 1003   | 00:49:15  | 04.55      | +0:18:43 | 0:06:36 / 1723 | 0:11:28 / 1423 | 0:24:31 / 1095 | 0:31:13 / 1080 | 0:36:24 / 1119 |
| 1066     | 3917   | CZUBA Krzysztof       | Ozorków          | POL       | Niezrzeszony               | 71      | M40/176 M / 1004   | 00:49:15  | 04.55      | +0:18:43 | 0:06:40 / 1831 | 0:11:42 / 1628 | 0:25:06 / 1333 | 0:31:48 / 1266 | 0:36:42 / 1205 |
| 1067     | 4304   | KOSNO Piotr           | Warszawa         | POL       |                            | 72      | M40/177 M / 1005   | 00:49:15  | 04.55      | +0:18:43 | 0:06:30 / 1523 | 0:11:35 / 1514 | 0:24:41 / 1152 | 0:31:15 / 1091 | 0:36:17 / 1075 |
| 1068     | 5644   | ŻOCHOWSKI Marcin      | Warszawa         | POL       |                            | 76      | M30/448 M / 1006   | 00:49:16  | 04.55      | +0:18:44 | 0:06:07 / 925  | 0:10:45 / 827  | 0:24:00 / 924  | 0:30:56 / 989  | 0:35:54 / 992  |
| 1069     | 4049   | KORSAK Mateusz        | Warszawa         | POL       |                            | 84      | M20/316 M / 1007   | 00:49:16  | 04.55      | +0:18:44 | 0:06:11 / 1019 | 0:11:00 / 1019 | 0:24:20 / 1024 | 0:31:11 / 1068 | 0:36:18 / 1079 |
| 1070     | 5601   | RÓŻYCKI Piotr         | Józefów          | POL       |                            | 76      | M30/449 M / 1008   | 00:49:16  | 04.55      | +0:18:44 | 0:06:13 / 1089 | 0:10:52 / 925  | 0:23:40 / 833  | 0:30:41 / 927  | 0:35:55 / 994  |
| 1071     | 6556   | KONEWKA Dominik       | Warszawa         | POL       |                            | 79      | M30/450 M / 1009   | 00:49:17  | 04.55      | +0:18:45 | 0:06:32 / 1613 | 0:11:17 / 1238 | 0:24:42 / 1167 | 0:31:29 / 1160 | 0:36:20 / 1095 |
| 1072     | 5041   | SABAŁA Dominik        | Sobienie-jeziory | POL       | Student                    | 89      | M20/317 M / 1010   | 00:49:17  | 04.55      | +0:18:45 | 0:06:19 / 1224 | 0:11:09 / 1138 | 0:24:40 / 1150 | 0:31:24 / 1140 | 0:36:19 / 1083 |
| 1073     | 4431   | OCZKO Maciej          | Warszawa         | POL       |                            | 80      | M30/451 M / 1011   | 00:49:17  | 04.55      | +0:18:45 | 0:06:24 / 1376 | 0:11:24 / 1360 | 0:24:44 / 1176 | 0:31:19 / 1111 | 0:36:21 / 1099 |
| 1074     | 6597   | KAROLEWSKI Janusz     | Warszawa         | POL       |                            | 59      | M50/48 M / 1012    | 00:49:17  | 04.55      | +0:18:45 | 0:06:27 / 1474 | 0:11:18 / 1263 | 0:24:40 / 1148 | 0:31:33 / 1188 | 0:36:25 / 1121 |
| 1075     | 4992   | SANZOVO Martino       | Warszawa         | POL       | Accenture                  | 84      | M20/318 M / 1013   | 00:49:17  | 04.55      | +0:18:45 | 0:06:51 / 2150 | 0:11:52 / 1772 | 0:24:22 / 1037 | 0:30:51 / 970  | 0:36:04 / 1033 |
| 1076     | 6738   | ŻOCHOWSKI Marcin      | Ostrolęka        | POL       |                            | 90      | M20/319 M / 1014   | 00:49:18  | 04.55      | +0:18:46 | 0:06:08 / 950  | 0:10:43 / 811  | 0:24:07 / 957  | 0:31:06 / 1042 | 0:36:17 / 1078 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|-------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1077     | 5284   | DURBAS Maciej        | Kraków           | POL       | Adwokaci                | 87 M20/320 | M / 1015           | 00:49:18  | 04.55      | +0:18:46 | 0:06:31 / 1581 | 0:11:36 / 1542 | 0:24:39 / 1138 | 0:31:27 / 1152 | 0:36:25 / 1122 |
| 1078     | 6098   | MIŁOSZ Krzysztof     | Warszawa         | POL       |                         | 63 M50/49  | M / 1016           | 00:49:18  | 04.55      | +0:18:46 | 0:06:25 / 1420 | 0:11:19 / 1278 | 0:24:25 / 1065 | 0:31:10 / 1059 | 0:36:10 / 1050 |
| 1079     | 5859   | LASKA Tomek          | Zawichost        | POL       | Zawichost Biega         | 61 M50/50  | M / 1017           | 00:49:19  | 04.55      | +0:18:47 | 0:05:57 / 739  | 0:10:34 / 723  | 0:23:39 / 824  | 0:30:53 / 978  | 0:35:56 / 999  |
| 1080     | 5821   | ZAGOZDŃ Marcin       | Jeziórko         | POL       |                         | 95 M20/321 | M / 1018           | 00:49:19  | 04.55      | +0:18:47 | 0:06:05 / 883  | 0:10:46 / 848  | 0:24:08 / 965  | 0:31:01 / 1025 | 0:36:02 / 1029 |
| 1081     | 4282   | POLOWCZYK Piotr      | Warszawa         | POL       |                         | 81 M30/452 | M / 1019           | 00:49:19  | 04.55      | +0:18:47 | 0:06:14 / 1104 | 0:11:06 / 1087 | 0:24:20 / 1026 | 0:31:10 / 1060 | 0:36:22 / 1104 |
| 1082     | 6085   | KACZOREK Marcin      | Józefów          | POL       |                         | 75 M30/453 | M / 1020           | 00:49:19  | 04.55      | +0:18:47 | 0:06:47 / 2041 | 0:11:52 / 1778 | 0:25:36 / 1560 | 0:32:17 / 1426 | 0:36:56 / 1269 |
| 1083     | 2979   | LAWNICKI Robert      | Płock            | POL       | Tkfk Płock              | 83 M30/454 | M / 1021           | 00:49:19  | 04.55      | +0:18:47 | 0:06:13 / 1091 | 0:11:03 / 1039 | 0:24:12 / 981  | 0:30:59 / 1010 | 0:36:02 / 1024 |
| 1084     | 4099   | SUWALD Andrzej       | Warszawa         | POL       |                         | 61 M50/51  | M / 1022           | 00:49:20  | 04.56      | +0:18:48 | 0:06:26 / 1432 | 0:11:08 / 1115 | 0:24:22 / 1035 | 0:31:16 / 1096 | 0:36:17 / 1077 |
| 1085     | 5417   | KWINTA Andrzej       | Warszawa         | POL       |                         | 77 M30/455 | M / 1023           | 00:49:21  | 04.56      | +0:18:49 | 0:06:27 / 1457 | 0:11:27 / 1401 | 0:24:46 / 1188 | 0:31:33 / 1189 | 0:36:29 / 1144 |
| 1086     | 3610   | ZIELIŃSKI Przemysław | Olsztyn          | POL       |                         | 76 M30/456 | M / 1024           | 00:49:22  | 04.56      | +0:18:50 | 0:06:13 / 1071 | 0:11:18 / 1265 | 0:24:51 / 1226 | 0:31:33 / 1190 | 0:36:34 / 1164 |
| 1087     | 6895   | TUROS Marek          | Warszawa         | POL       |                         | 69 M40/178 | M / 1025           | 00:49:23  | 04.56      | +0:18:51 | 0:06:15 / 1129 | 0:11:09 / 1130 |                | 0:31:18 / 1101 | 0:36:19 / 1091 |
| 1088     | 347    | LACH Wiesław         | Jezowe           | POL       | Pko                     | 70 M40/179 | M / 1026           | 00:49:23  | 04.56      | +0:18:51 | 0:06:24 / 1388 | 0:11:13 / 1194 | 0:24:24 / 1052 | 0:31:17 / 1097 | 0:36:15 / 1068 |
| 1089     | 6373   | STĘPNIEWSKA Alicja   | Warszawa         | POL       | Geo Running Team        | 84 K20/24  | K / 63             | 00:49:23  | 04.56      | +0:18:51 | 0:06:13 / 1080 | 0:11:10 / 1142 |                | 0:31:23 / 1136 | 0:36:21 / 1103 |
| 1090     | 5969   | PIECHOTA Marcin      | Rzeszów          | POL       |                         | 86 M20/322 | M / 1027           | 00:49:23  | 04.56      | +0:18:51 | 0:06:19 / 1237 | 0:11:11 / 1166 | 0:24:16 / 1004 | 0:31:03 / 1036 | 0:36:03 / 1031 |
| 1091     | 2689   | GRZEŚKOWIAK Paweł    | Warszawa         | POL       | 12tri.pl                | 86 M20/323 | M / 1028           | 00:49:23  | 04.56      | +0:18:51 | 0:05:51 / 627  | 0:10:30 / 682  | 0:23:12 / 697  | 0:30:23 / 857  | 0:35:40 / 935  |
| 1092     | 5502   | SOBULSKI Karol       | Piaseczno        | POL       |                         | 75 M30/457 | M / 1029           | 00:49:24  | 04.56      | +0:18:52 | 0:06:33 / 1640 | 0:11:32 / 1468 | 0:24:54 / 1245 | 0:31:30 / 1163 | 0:36:24 / 1113 |
| 1093     | 94     | MELLIN Dariusz       |                  | POL       | Pwpw                    | 75 M30/458 | M / 1030           | 00:49:24  | 04.56      | +0:18:52 | 0:05:27 / 288  | 0:09:57 / 417  | 0:22:57 / 629  | 0:29:54 / 751  | 0:35:10 / 831  |
| 1094     | 4837   | LEŚNIAK Urszula      | Warszawa         | POL       |                         | 75 K30/31  | K / 64             | 00:49:24  | 04.56      | +0:18:53 | 0:06:52 / 2178 | 0:12:04 / 1987 | 0:25:33 / 1532 | 0:32:11 / 1387 | 0:37:04 / 1309 |
| 1095     | 4835   | LEŚNIAK Krzysztof    | Warszawa         | POL       |                         | 75 M30/459 | M / 1031           | 00:49:25  | 04.56      | +0:18:53 | 0:06:52 / 2169 | 0:12:03 / 1977 | 0:25:32 / 1520 | 0:32:10 / 1383 | 0:37:03 / 1304 |
| 1096     | 4156   | WILDNER Jakub        | Warszawa         | POL       |                         | 81 M30/460 | M / 1032           | 00:49:25  | 04.56      | +0:18:53 | 0:06:35 / 1702 | 0:11:40 / 1596 | 0:24:44 / 1181 | 0:31:39 / 1220 | 0:36:45 / 1217 |
| 1097     | 2950   | KWIATKOWSKI Michael  | Krakow           | POL       | Budda Bar               | 87 M20/324 | M / 1033           | 00:49:25  | 04.56      | +0:18:53 | 0:05:01 / 99   | 0:09:31 / 237  | 0:24:04 / 943  | 0:31:39 / 1218 | 0:36:58 / 1277 |
| 1098     | 5717   | STACHOWIAK Karol     | Pułtusk          | POL       | Mieszkańcy Pułtuska     | 87 M20/325 | M / 1034           | 00:49:25  | 04.56      | +0:18:53 | 0:06:24 / 1391 | 0:11:30 / 1445 | 0:25:03 / 1310 | 0:31:44 / 1252 | 0:36:44 / 1215 |
| 1099     | 4007   | SIRAK Michał         | Warszawa         | POL       |                         | 83 M30/461 | M / 1035           | 00:49:26  | 04.56      | +0:18:54 | 0:06:33 / 1623 | 0:11:23 / 1345 | 0:24:50 / 1209 | 0:31:36 / 1210 | 0:36:33 / 1161 |
| 1100     | 2658   | GONDEK Robert        | Warszawa         | POL       | Allianz Running Team    | 76 M30/462 | M / 1036           | 00:49:26  | 04.56      | +0:18:54 | 0:06:11 / 1037 | 0:11:07 / 1105 | 0:24:16 / 1009 | 0:31:05 / 1040 | 0:36:11 / 1055 |
| 1101     | 5641   | GÓRSKI Dariusz       | Otwock           | POL       |                         | 71 M40/180 | M / 1037           | 00:49:26  | 04.56      | +0:18:54 | 0:06:31 / 1560 | 0:11:34 / 1499 | 0:24:47 / 1194 | 0:31:32 / 1177 | 0:36:32 / 1152 |
| 1102     | 5719   | SZEMRAJ Piotr        | Warszawa         | POL       | Warszawa-ursynów        | 74 M30/463 | M / 1038           | 00:49:27  | 04.56      | +0:18:55 | 0:06:33 / 1643 | 0:11:40 / 1601 | 0:24:56 / 1264 | 0:31:38 / 1215 | 0:36:37 / 1173 |
| 1103     | 6519   | TOKARSKI Maciej      | Warszawa         | POL       |                         | 85 M20/326 | M / 1039           | 00:49:27  | 04.56      | +0:18:55 | 0:06:10 / 994  | 0:10:48 / 860  | 0:23:48 / 872  | 0:30:44 / 938  | 0:35:59 / 1009 |
| 1104     | 5902   | WÓJCIK Robert        | Warszawa         | POL       | Brak                    | 75 M30/464 | M / 1040           | 00:49:27  | 04.56      | +0:18:55 | 0:05:50 / 613  | 0:10:11 / 519  | 0:22:49 / 602  | 0:29:48 / 724  | 0:35:02 / 801  |
| 1105     | 6486   | HARMATA Karol        | Warszawa         | POL       |                         | 82 M30/465 | M / 1041           | 00:49:27  | 04.56      | +0:18:55 | 0:06:09 / 975  | 0:10:34 / 714  | 0:23:41 / 836  | 0:30:47 / 951  | 0:36:02 / 1027 |
| 1106     | 2701   | HANS Daniel          | Warszawa         | POL       |                         | 86 M20/327 | M / 1042           | 00:49:28  | 04.56      | +0:18:56 | 0:06:36 / 1727 | 0:11:40 / 1599 | 0:25:05 / 1331 | 0:31:54 / 1301 | 0:36:51 / 1245 |
| 1107     | 4235   | WOJTKOWSKI Ireneusz  | Warszawa         | POL       |                         | 61 M50/52  | M / 1043           | 00:49:28  | 04.56      | +0:18:56 | 0:06:36 / 1711 | 0:11:35 / 1522 | 0:24:53 / 1240 | 0:31:34 / 1193 | 0:36:32 / 1151 |
| 1108     | 3795   | RUDNIK Marcin        | Chojnice         | POL       | Prawnicy                | 80 M30/466 | M / 1044           | 00:49:28  | 04.56      | +0:18:56 | 0:06:18 / 1215 | 0:11:16 / 1233 | 0:24:48 / 1197 | 0:31:41 / 1231 | 0:36:43 / 1206 |
| 1109     | 6169   | MACIAK Wiktor        | Warszawa         | POL       | Bractwo Biegowe Bgk     | 89 M20/328 | M / 1045           | 00:49:28  | 04.56      | +0:18:56 | 0:06:22 / 1332 | 0:11:32 / 1464 | 0:25:00 / 1290 | 0:31:46 / 1258 | 0:36:45 / 1219 |
| 1110     | 5607   | DUDZIŃSKI Rafał      | Warszawa         | POL       |                         | 70 M40/181 | M / 1046           | 00:49:28  | 04.56      | +0:18:56 | 0:06:26 / 1435 | 0:11:28 / 1413 | 0:24:36 / 1118 | 0:31:15 / 1088 | 0:36:17 / 1076 |
| 1111     | 4125   | MUCHA Maciej         | Warszawa         | POL       |                         | 81 M30/467 | M / 1047           | 00:49:29  | 04.56      | +0:18:57 | 0:06:31 / 1574 | 0:11:29 / 1429 | 0:24:35 / 1116 | 0:31:24 / 1139 | 0:36:26 / 1127 |
| 1112     | 5746   | KRACKI Paweł         | Warszawa         | POL       | Capgemini Run           | 89 M20/329 | M / 1048           | 00:49:29  | 04.56      | +0:18:57 | 0:05:46 / 548  | 0:10:21 / 592  | 0:23:43 / 849  | 0:30:40 / 924  | 0:35:44 / 957  |
| 1113     | 3089   | NAPIÓRKOWSKI Łukasz  | Warszawa         | POL       | Klub Matraończyka       | 81 M30/468 | M / 1049           | 00:49:29  | 04.56      | +0:18:57 | 0:05:49 / 594  | 0:10:34 / 725  | 0:23:50 / 883  | 0:30:48 / 952  | 0:35:57 / 1003 |
| 1114     | 3319   | SIWKIEWICZ Kacper    | Warszawa         | POL       |                         | 84 M20/330 | M / 1050           | 00:49:30  | 04.57      | +0:18:58 | 0:06:11 / 1025 | 0:11:00 / 1015 | 0:23:56 / 905  | 0:30:40 / 923  | 0:36:01 / 1022 |
| 1115     | 333    | KOBACKI Przemysław   | Głowno           | POL       | Drużyna Szpiku          | 76 M30/469 | M / 1051           | 00:49:30  | 04.57      | +0:18:58 | 0:06:22 / 1309 | 0:11:09 / 1131 | 0:24:38 / 1132 | 0:31:34 / 1196 | 0:36:27 / 1134 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club           | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|--------------------|-----------|-----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1116     | 5589   | KOŁCZEWIAK Adrian    | Warszawa           | POL       | Rącze Pomorzy                     | 82      | M30/470 M / 1052   | 00:49:30  | 04.57      | +0:18:58 | 0:06:03 / 849  | 0:11:08 / 1122 | 0:24:28 / 1081 | 0:31:22 / 1131 | 0:36:27 / 1131 |
| 1117     | 6619   | ZDANOWSKI Michał     | Luków              | POL       | Aviva Running Team                | 81      | M30/471 M / 1053   | 00:49:31  | 04.57      | +0:18:59 | 0:06:26 / 1452 | 0:11:27 / 1404 | 0:25:02 / 1305 | 0:31:55 / 1306 | 0:36:46 / 1224 |
| 1118     | 3862   | JAWOREK Krzysztof    | Warszawa           | POL       |                                   | 76      | M30/472 M / 1054   | 00:49:31  | 04.57      | +0:18:59 | 0:06:19 / 1249 | 0:11:18 / 1261 | 0:24:33 / 1105 | 0:31:16 / 1094 | 0:36:24 / 1115 |
| 1119     | 6212   | ROWIŃSKI Tomasz      | Leoncin            | POL       |                                   | 71      | M40/182 M / 1055   | 00:49:32  | 04.57      | +0:19:00 | 0:06:20 / 1276 | 0:11:27 / 1409 | 0:24:54 / 1242 | 0:31:41 / 1235 | 0:36:41 / 1195 |
| 1120     | 3141   | OSUCH Radosław       | Radom              | POL       | Nie Zrzeszony                     | 67      | M40/183 M / 1056   | 00:49:32  | 04.57      | +0:19:01 | 0:06:22 / 1310 | 0:11:11 / 1165 | 0:24:18 / 1019 | 0:31:04 / 1037 | 0:36:07 / 1039 |
| 1121     | 5379   | MILAK Cezary         | Piotrków           | POL       |                                   | 68      | M40/184 M / 1057   | 00:49:33  | 04.57      | +0:19:01 | 0:06:20 / 1264 | 0:11:29 / 1433 | 0:24:54 / 1250 | 0:31:40 / 1228 | 0:36:48 / 1233 |
| 1122     | 6733   | WOJENKA Tomasz       | Pruszków           | POL       |                                   | 76      | M30/473 M / 1058   | 00:49:33  | 04.57      | +0:19:01 | 0:06:09 / 985  | 0:11:04 / 1074 | 0:24:07 / 959  | 0:30:56 / 994  | 0:35:58 / 1006 |
| 1123     | 3474   | TARGASZEWSKI Przemek | Sochaczew          | POL       |                                   | 83      | M30/474 M / 1059   | 00:49:33  | 04.57      | +0:19:01 | 0:05:00 / 97   | 0:09:27 / 216  | 0:22:39 / 550  | 0:29:43 / 709  | 0:34:58 / 789  |
| 1124     | 6879   | MACIEJEWSKA Olga     | Warszawa           | POL       |                                   | 90      | K20/25 K / 65      | 00:49:33  | 04.57      | +0:19:01 | 0:06:24 / 1404 | 0:11:33 / 1481 | 0:24:54 / 1244 | 0:31:42 / 1237 | 0:36:44 / 1213 |
| 1125     | 6444   | PUTON Roman          | Warszawa           | POL       |                                   | 59      | M50/53 M / 1060    | 00:49:33  | 04.57      | +0:19:01 | 0:06:23 / 1361 | 0:11:18 / 1255 | 0:24:40 / 1142 | 0:31:26 / 1147 | 0:36:32 / 1157 |
| 1126     | 3157   | PANUFNIK Tomasz      | Borowa Góra        | POL       | Aks Polonia                       | 81      | M30/475 M / 1061   | 00:49:34  | 04.57      | +0:19:02 | 0:06:44 / 1928 | 0:11:48 / 1709 | 0:25:13 / 1381 | 0:32:06 / 1361 | 0:37:00 / 1283 |
| 1127     | 4713   | KOROWAJ Przemysław   | Warszawa           | POL       |                                   | 84      | M20/331 M / 1062   | 00:49:34  | 04.57      | +0:19:02 | 0:05:56 / 723  | 0:10:37 / 742  | 0:24:06 / 952  | 0:30:58 / 1005 | 0:35:53 / 988  |
| 1128     | 6674   | OBIDZIŃSKI Bartosz   | Warszawa           | POL       |                                   | 78      | M30/476 M / 1063   | 00:49:34  | 04.57      | +0:19:02 | 0:06:55 / 2260 | 0:12:00 / 1925 | 0:25:18 / 1426 | 0:32:05 / 1355 | 0:37:04 / 1308 |
| 1129     | 4983   | KOSEDOWSKI Paweł     | Warszawa           | POL       |                                   | 83      | M30/477 M / 1064   | 00:49:35  | 04.57      | +0:19:03 | 0:06:48 / 2064 | 0:11:59 / 1902 | 0:25:34 / 1535 | 0:32:15 / 1418 | 0:37:02 / 1296 |
| 1130     | 4635   | DMOWSKI Bartosz      | Warszawa           | POL       |                                   | 72      | M40/185 M / 1065   | 00:49:35  | 04.57      | +0:19:03 | 0:06:23 / 1344 | 0:11:23 / 1350 | 0:24:56 / 1260 | 0:31:35 / 1200 | 0:36:36 / 1171 |
| 1131     | 3978   | SZYMANIAK Marcin     | Warszawa           | POL       |                                   | 82      | M30/478 M / 1066   | 00:49:35  | 04.57      | +0:19:03 | 0:06:42 / 1868 | 0:11:43 / 1641 | 0:25:18 / 1421 | 0:31:47 / 1264 | 0:36:38 / 1176 |
| 1132     | 2460   | BLASZCZYK Rafał      | Radom              | POL       |                                   | 84      | M20/332 M / 1067   | 00:49:35  | 04.57      | +0:19:03 | 0:06:06 / 917  | 0:10:58 / 989  | 0:24:05 / 946  | 0:30:54 / 982  | 0:36:00 / 1016 |
| 1133     | 6292   | MRÓZ Marek           | Warszawa           | POL       |                                   | 84      | M20/333 M / 1068   | 00:49:35  | 04.57      | +0:19:03 | 0:06:22 / 1315 | 0:11:20 / 1310 | 0:24:44 / 1177 | 0:31:32 / 1178 | 0:36:42 / 1201 |
| 1134     | 6985   | SENATOR Artur        | Warszawa           | POL       |                                   | 84      | M20/334 M / 1069   | 00:49:35  | 04.57      | +0:19:04 | 0:06:04 / 873  | 0:10:52 / 921  | 0:24:17 / 1010 | 0:31:11 / 1062 | 0:36:18 / 1080 |
| 1135     | 5540   | SZTEJNERT Jakub      | Skierdy            | POL       |                                   | 72      | M40/186 M / 1070   | 00:49:36  | 04.57      | +0:19:04 | 0:06:19 / 1229 | 0:11:12 / 1174 | 0:24:32 / 1102 | 0:31:17 / 1100 | 0:36:18 / 1082 |
| 1136     | 5584   | AMBROŹEWSKI Jakub    | Warszawa           | POL       |                                   | 83      | M30/479 M / 1071   | 00:49:37  | 04.57      | +0:19:05 | 0:06:16 / 1173 | 0:11:04 / 1059 | 0:24:39 / 1141 | 0:31:36 / 1208 | 0:36:40 / 1189 |
| 1137     | 5986   | ROMANÓW Przemek      | Rajszew            | POL       | Trucht Tarchomin Team             | 82      | M30/480 M / 1072   | 00:49:37  | 04.57      | +0:19:05 | 0:06:24 / 1371 | 0:11:15 / 1218 | 0:24:24 / 1053 | 0:31:12 / 1074 | 0:36:12 / 1056 |
| 1138     | 3015   | MARKOWICZ Łukasz     | Wrocław            | POL       | I Ty Możesz Zostać Maratończykiem | 94      | M20/335 M / 1073   | 00:49:38  | 04.57      | +0:19:06 | 0:06:31 / 1567 | 0:11:41 / 1618 | 0:25:01 / 1296 | 0:31:38 / 1216 | 0:36:39 / 1180 |
| 1139     | 6852   | BARTOS Piotr         | Warszawa           | POL       |                                   | 84      | M20/336 M / 1074   | 00:49:38  | 04.57      | +0:19:06 | 0:05:59 / 779  | 0:11:03 / 1052 | 0:24:43 / 1170 | 0:31:22 / 1132 | 0:36:17 / 1074 |
| 1140     | 4058   | NAUMIUK Anna         | Warszawa           | POL       |                                   | 80      | K30/32 K / 66      | 00:49:38  | 04.57      | +0:19:06 | 0:06:43 / 1897 | 0:11:49 / 1737 | 0:25:37 / 1563 | 0:32:15 / 1411 | 0:37:09 / 1331 |
| 1141     | 6979   | CHMIEL Wawrzyniec    | Zakopane           | POL       |                                   | 82      | M30/481 M / 1075   | 00:49:38  | 04.57      | +0:19:07 | 0:06:43 / 1917 | 0:12:20 / 2248 | 0:25:22 / 1452 | 0:31:49 / 1271 | 0:36:55 / 1260 |
| 1142     | 6974   | SZOŁAJSKI Bartłomiej | Warszawa           | POL       | Wehikul                           | 77      | M30/482 M / 1076   | 00:49:39  | 04.57      | +0:19:07 | 0:06:38 / 1752 | 0:11:54 / 1813 | 0:25:32 / 1523 | 0:32:14 / 1407 | 0:37:10 / 1334 |
| 1143     | 6331   | OSTROWSKI Marcin     | Otwock             | POL       | Biegam Bo Lubię                   | 77      | M30/483 M / 1077   | 00:49:40  | 04.58      | +0:19:08 | 0:06:07 / 938  | 0:10:57 / 983  | 0:24:28 / 1076 | 0:31:33 / 1186 | 0:36:29 / 1145 |
| 1144     | 5473   | STEFANIAK Artur      | Piotrków Tryb      | POL       | Uciekłem Z Domu                   | 76      | M30/484 M / 1078   | 00:49:41  | 04.58      | +0:19:09 | 0:06:39 / 1791 | 0:11:45 / 1681 | 0:25:30 / 1506 | 0:32:37 / 1538 | 0:37:27 / 1406 |
| 1145     | 6998   | KARWAT Radosław      | Krasnystaw         | POL       |                                   | 80      | M30/485 M / 1079   | 00:49:41  | 04.58      | +0:19:09 | 0:06:29 / 1513 | 0:11:25 / 1366 | 0:24:50 / 1213 | 0:31:42 / 1240 | 0:36:44 / 1214 |
| 1146     | 6473   | BONIFACIUK Maciej    | Warszawa           | POL       |                                   | 82      | M30/486 M / 1080   | 00:49:41  | 04.58      | +0:19:10 | 0:06:52 / 2180 | 0:12:08 / 2062 | 0:25:21 / 1447 | 0:32:00 / 1327 | 0:37:00 / 1284 |
| 1147     | 224    | PASAKALIK Jarosław   | Warszawa           | POL       | Pko                               | 78      | M30/487 M / 1081   | 00:49:42  | 04.58      | +0:19:10 | 0:06:30 / 1545 | 0:11:33 / 1484 | 0:25:09 / 1359 | 0:31:57 / 1317 | 0:37:02 / 1298 |
| 1148     | 4908   | KOWALSKI Łukasz      | Warszawa           | POL       | Tg Sokół Zakopane                 | 92      | M20/337 M / 1082   | 00:49:42  | 04.58      | +0:19:10 | 0:06:22 / 1322 | 0:11:11 / 1168 |                | 0:31:01 / 1023 | 0:36:21 / 1096 |
| 1149     | 2665   | GÓRNIOWICZ Marcin    | Warszawa           | POL       |                                   | 81      | M30/488 M / 1083   | 00:49:43  | 04.58      | +0:19:11 | 0:06:48 / 2060 | 0:12:08 / 2071 | 0:25:41 / 1596 | 0:32:11 / 1391 | 0:37:03 / 1302 |
| 1150     | 4821   | CIENKUSZ Damian      | Warszawa           | POL       | Aks Polonia                       | 78      | M30/489 M / 1084   | 00:49:43  | 04.58      | +0:19:11 | 0:06:20 / 1275 | 0:11:26 / 1387 | 0:24:52 / 1231 | 0:31:46 / 1259 | 0:36:52 / 1248 |
| 1151     | 6479   | GAPSKI Marcin        | Warszawa           | POL       |                                   | 84      | M20/338 M / 1085   | 00:49:43  | 04.58      | +0:19:11 | 0:06:26 / 1440 | 0:11:27 / 1398 | 0:24:52 / 1230 | 0:31:35 / 1202 | 0:36:44 / 1211 |
| 1152     | 5354   | MYSZKOWSKI Paweł     | Warszawa           | POL       |                                   | 78      | M30/490 M / 1086   | 00:49:44  | 04.58      | +0:19:12 | 0:06:08 / 953  | 0:10:54 / 947  | 0:24:16 / 1001 | 0:31:17 / 1099 | 0:36:22 / 1107 |
| 1153     | 4926   | TULIK Piotr          | Ożarów             | POL       | Legion Warszawa                   | 73      | M40/187 M / 1087   | 00:49:44  | 04.58      | +0:19:12 | 0:06:30 / 1553 | 0:11:28 / 1412 | 0:24:54 / 1248 | 0:31:52 / 1293 | 0:36:53 / 1249 |
| 1154     | 4962   | BLASZCZYK Rafał      | Konstancin-jeziorn | POL       |                                   | 84      | M20/339 M / 1088   | 00:49:45  | 04.58      | +0:19:13 | 0:06:35 / 1687 | 0:11:42 / 1631 | 0:25:15 / 1393 | 0:31:58 / 1323 | 0:37:05 / 1310 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|-------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1155     | 6573   | KLEPACKI Zbigniew     | Warszawa         | POL       | Bankowcy                | 66 M40/188 | M / 1089           | 00:49:46  | 04.58      | +0:19:14 | 0:06:42 / 1866 | 0:11:56 / 1856 | 0:25:09 / 1355 | 0:31:41 / 1233 | 0:36:40 / 1193 |
| 1156     | 6835   | LUC Grzegorz          | Otwock           | POL       |                         | 75 M30/491 | M / 1090           | 00:49:46  | 04.58      | +0:19:14 | 0:05:49 / 587  | 0:10:34 / 719  | 0:24:07 / 960  | 0:31:07 / 1046 | 0:36:19 / 1084 |
| 1157     | 4392   | POPLAWSKI Kamil       | Warszawa         | POL       | Accelerate              | 88 M20/340 | M / 1091           | 00:49:47  | 04.58      | +0:19:15 | 0:06:03 / 850  | 0:10:49 / 883  | 0:24:09 / 967  | 0:31:12 / 1072 | 0:36:16 / 1070 |
| 1158     | 6965   | SIERY Artur           | Warszawa         | POL       |                         | 86 M20/341 | M / 1092           | 00:49:47  | 04.58      | +0:19:15 | 0:06:29 / 1501 | 0:11:39 / 1576 | 0:24:54 / 1247 | 0:31:48 / 1269 | 0:36:59 / 1282 |
| 1159     | 5939   | SZYMAŃSKI Jakub       | Warszawa         | POL       |                         | 87 M20/342 | M / 1093           | 00:49:47  | 04.58      | +0:19:15 | 0:06:03 / 838  | 0:10:48 / 868  | 0:23:15 / 715  | 0:30:44 / 939  | 0:35:50 / 974  |
| 1160     | 2907   | KRYCH Piotr           | Warszawa         | POL       |                         | 90 M20/343 | M / 1094           | 00:49:47  | 04.58      | +0:19:15 | 0:06:11 / 1029 | 0:11:04 / 1065 | 0:24:25 / 1058 | 0:31:12 / 1071 | 0:36:20 / 1093 |
| 1161     | 6603   | SKOŁOŻYŃSKI Tomasz    | Warszawa         | POL       | Axa Running Team        | 84 M20/344 | M / 1095           | 00:49:47  | 04.58      | +0:19:15 | 0:06:13 / 1069 | 0:10:45 / 835  | 0:24:19 / 1023 | 0:31:11 / 1067 | 0:36:15 / 1067 |
| 1162     | 3585   | WYSOKIŃSKI Jerzy      | Biała Podlaska   | POL       | Biała Biega             | 63 M50/54  | M / 1096           | 00:49:48  | 04.58      | +0:19:16 | 0:06:50 / 2113 | 0:12:06 / 2035 | 0:25:43 / 1605 | 0:32:23 / 1465 | 0:37:20 / 1367 |
| 1163     | 5140   | GAŁCZYŃSKI Wojciech   | Szydłowiec       | POL       | Uniq Runners            | 68 M40/189 | M / 1097           | 00:49:48  | 04.58      | +0:19:16 | 0:06:16 / 1154 | 0:11:03 / 1042 | 0:24:30 / 1087 | 0:31:22 / 1127 | 0:36:27 / 1135 |
| 1164     | 1099   | POTKAŃSKI Andrzej     | Warszawa         | POL       |                         | 47 M60/7   | M / 1098           | 00:49:48  | 04.58      | +0:19:16 | 0:06:23 / 1356 | 0:11:18 / 1254 | 0:24:31 / 1093 | 0:31:14 / 1082 | 0:36:15 / 1064 |
| 1165     | 1800   | WOJCIECHOWSKI Michał  | Warszawa         | POL       | Bm Invest Runners       | 75 M30/492 | M / 1099           | 00:49:49  | 04.58      | +0:19:17 | 0:06:08 / 945  | 0:10:54 / 941  | 0:23:25 / 757  | 0:30:17 / 835  | 0:35:43 / 950  |
| 1166     | 2415   | BARTOSIK Tomasz       | Konin            | POL       |                         | 77 M30/493 | M / 1100           | 00:49:49  | 04.58      | +0:19:17 | 0:06:47 / 2010 | 0:11:57 / 1868 | 0:25:37 / 1564 | 0:32:34 / 1522 | 0:37:29 / 1414 |
| 1167     | 5393   | MAGRZYK Czesław       | Warszawa         | POL       | Bieleński Klub Biegacza | 55 M50/55  | M / 1101           | 00:49:49  | 04.58      | +0:19:17 | 0:06:11 / 1042 | 0:11:03 / 1048 | 0:24:40 / 1143 | 0:31:34 / 1192 | 0:36:33 / 1158 |
| 1168     | 3675   | WIKA Jakub            | Warszawa         | POL       |                         | 74 M30/494 | M / 1102           | 00:49:49  | 04.58      | +0:19:17 | 0:06:00 / 792  | 0:10:43 / 814  | 0:24:12 / 983  | 0:31:12 / 1070 | 0:36:21 / 1102 |
| 1169     | 3761   | SZLANTA Agnieszka     | Warszawa         | POL       |                         | 79 K30/33  | K / 67             | 00:49:49  | 04.58      | +0:19:17 | 0:05:57 / 738  | 0:10:34 / 722  | 0:24:00 / 923  | 0:31:13 / 1078 | 0:36:21 / 1098 |
| 1170     | 5394   | SZMIDT Jacek          | Warszawa         | POL       | Bieleński Klub Biegacza | 57 M50/56  | M / 1103           | 00:49:50  | 04.59      | +0:19:18 | 0:06:06 / 919  | 0:11:03 / 1050 | 0:24:27 / 1069 | 0:31:14 / 1083 | 0:36:19 / 1090 |
| 1171     | 6822   | DRÓDŹ Mariusz         | Szczecin         | POL       | Pzu Sport Team          | 76 M30/495 | M / 1104           | 00:49:50  | 04.59      | +0:19:18 | 0:06:10 / 1000 | 0:11:27 / 1395 | 0:24:31 / 1094 | 0:31:17 / 1098 | 0:36:26 / 1129 |
| 1172     | 6855   | SABAK Ryszard         | Warszawa         | POL       |                         | 60 M50/57  | M / 1105           | 00:49:50  | 04.59      | +0:19:18 | 0:06:47 / 2015 | 0:11:49 / 1727 | 0:25:33 / 1533 | 0:32:24 / 1468 | 0:37:21 / 1375 |
| 1173     | 5906   | NEVRETDINOV Marat     | Warszawa         | POL       |                         | 75 M30/496 | M / 1106           | 00:49:51  | 04.59      | +0:19:19 | 0:06:04 / 877  | 0:10:47 / 858  | 0:23:58 / 911  | 0:30:58 / 1006 | 0:36:13 / 1057 |
| 1174     | 4206   | ZIĘBA Paweł           | Zawiercie        | POL       |                         | 75 M30/497 | M / 1107           | 00:49:51  | 04.59      | +0:19:19 | 0:06:10 / 1011 | 0:10:46 / 840  | 0:23:58 / 910  | 0:30:54 / 984  | 0:36:01 / 1018 |
| 1175     | 5825   | KAZAŁA Piotr          | Warszawa         | POL       | Zabiegani Po Uszy       | 70 M40/190 | M / 1108           | 00:49:51  | 04.59      | +0:19:19 | 0:06:48 / 2067 | 0:12:01 / 1942 | 0:25:05 / 1327 | 0:31:45 / 1253 | 0:36:47 / 1228 |
| 1176     | 4678   | NGUYEN-BRODNICKI Tung | Warszawa         | POL       | Biegamy Z Ochotą        | 72 M40/191 | M / 1109           | 00:49:51  | 04.59      | +0:19:19 | 0:07:10 / 2612 | 0:12:18 / 2211 | 0:25:52 / 1663 | 0:32:17 / 1429 | 0:37:12 / 1342 |
| 1177     | 6941   | BEDNARCZYK Paulina    | Jozefoslaw       | POL       |                         | 79 K30/34  | K / 68             | 00:49:52  | 04.59      | +0:19:20 | 0:06:06 / 910  | 0:10:52 / 915  |                | 0:30:56 / 991  | 0:36:08 / 1043 |
| 1178     | 4525   | ŻORNACZUK Dawid       | Warszawa         | POL       |                         | 85 M20/345 | M / 1110           | 00:49:52  | 04.59      | +0:19:20 | 0:05:37 / 413  | 0:10:07 / 483  | 0:23:03 / 665  | 0:29:59 / 769  | 0:35:15 / 850  |
| 1179     | 6785   | ŻURAWIŃSKI Andrzej    | Warszawa         | POL       |                         | 80 M30/498 | M / 1111           | 00:49:52  | 04.59      | +0:19:20 | 0:06:34 / 1666 | 0:11:37 / 1548 | 0:25:13 / 1382 | 0:32:14 / 1410 | 0:37:16 / 1354 |
| 1180     | 4988   | RYCZEK Adam           | Toruń            | POL       |                         | 84 M20/346 | M / 1112           | 00:49:52  | 04.59      | +0:19:20 | 0:06:28 / 1482 | 0:11:36 / 1536 | 0:25:08 / 1347 | 0:31:50 / 1277 | 0:36:55 / 1258 |
| 1181     | 5308   | NIEMIROWSKI Ireneusz  | Warszawa         | POL       |                         | 72 M40/192 | M / 1113           | 00:49:53  | 04.59      | +0:19:21 | 0:06:27 / 1465 | 0:11:36 / 1528 | 0:25:02 / 1302 | 0:31:43 / 1245 | 0:36:48 / 1236 |
| 1182     | 5805   | FILIPIAK Adam         | Sochaczew        | POL       |                         | 72 M40/193 | M / 1114           | 00:49:53  | 04.59      | +0:19:21 | 0:06:13 / 1082 | 0:11:04 / 1058 | 0:24:16 / 1005 | 0:31:12 / 1075 | 0:36:24 / 1117 |
| 1183     | 3180   | PIECZARKO Marek       | Dabrowa Gornicza | POL       |                         | 79 M30/499 | M / 1115           | 00:49:53  | 04.59      | +0:19:21 | 0:06:27 / 1456 | 0:11:26 / 1391 | 0:24:52 / 1229 | 0:31:45 / 1254 | 0:36:48 / 1234 |
| 1184     | 4851   | FIGUŁA Jacek          | Warszawa         | POL       |                         | 76 M30/500 | M / 1116           | 00:49:53  | 04.59      | +0:19:21 | 0:06:06 / 900  | 0:10:49 / 876  | 0:24:09 / 970  | 0:31:00 / 1016 | 0:36:11 / 1054 |
| 1185     | 4596   | GARWACKI Michał       | Nieporęt         | POL       |                         | 67 M40/194 | M / 1117           | 00:49:54  | 04.59      | +0:19:22 | 0:06:31 / 1580 | 0:11:40 / 1604 | 0:25:03 / 1311 | 0:31:54 / 1299 | 0:36:53 / 1251 |
| 1186     | 6110   | ŁAZICKI Michał        | Warszawa         | POL       | Accelerate              | 83 M30/501 | M / 1118           | 00:49:54  | 04.59      | +0:19:22 | 0:06:18 / 1211 | 0:11:17 / 1243 | 0:24:42 / 1164 | 0:31:29 / 1159 | 0:36:39 / 1181 |
| 1187     | 144    | PETKOWA Beata         |                  | POL       | Festiwal Biegowy        | 95 K20/26  | K / 69             | 00:49:54  | 04.59      | +0:19:22 | 0:06:43 / 1901 | 0:11:49 / 1730 | 0:25:31 / 1515 | 0:32:18 / 1434 | 0:37:22 / 1385 |
| 1188     | 3355   | SOKOŁOWSKA Marta      | Augustów         | POL       | Atp Augustów            | 73 K40/6   | K / 70             | 00:49:54  | 04.59      | +0:19:22 | 0:05:56 / 717  | 0:10:51 / 904  | 0:24:21 / 1033 | 0:31:20 / 1118 | 0:36:34 / 1166 |
| 1189     | 6871   | LAŃCUCHOWSKI Łukasz   | Mysiadło         | POL       |                         | 85 M20/347 | M / 1119           | 00:49:54  | 04.59      | +0:19:22 | 0:06:18 / 1213 | 0:11:10 / 1154 |                | 0:30:56 / 990  | 0:35:51 / 981  |
| 1190     | 5956   | GERWAT Michał         | Warszawa         | POL       |                         | 78 M30/502 | M / 1120           | 00:49:55  | 04.59      | +0:19:23 | 0:06:04 / 867  | 0:10:58 / 997  | 0:24:11 / 976  | 0:31:09 / 1054 | 0:36:26 / 1128 |
| 1191     | 6936   | NICGORSKI Marek       | Działdowo        | POL       |                         | 74 M30/503 | M / 1121           | 00:49:55  | 04.59      | +0:19:23 | 0:06:29 / 1512 | 0:11:36 / 1534 | 0:25:03 / 1316 | 0:31:49 / 1272 | 0:36:59 / 1281 |
| 1192     | 6943   | BAS Cyprian           | Warszawa         | POL       | Śłużba Więzienna        | 75 M30/504 | M / 1122           | 00:49:55  | 04.59      | +0:19:23 | 0:06:29 / 1514 | 0:11:36 / 1537 | 0:25:03 / 1314 | 0:31:50 / 1278 | 0:36:59 / 1280 |
| 1193     | 4194   | KALINOWSKI Kamil      | Wołomin          | POL       | Zadzyszka Wołomin       | 89 M20/348 | M / 1123           | 00:49:56  | 04.59      | +0:19:24 | 0:06:39 / 1797 | 0:11:38 / 1565 | 0:25:28 / 1494 | 0:32:06 / 1360 | 0:36:51 / 1246 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name      | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club         | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|---------------------------|------------------|-----------|---------------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1194     | 3913   | WERNER Jacek              | Warszawa         | POL       | Kb Orange Polska                | 84 M20/349 | M / 1124           | 00:49:56  | 04.59      | +0:19:24 | 0:05:40 / 468  | 0:10:25 / 629  | 0:23:25 / 758  | 0:30:29 / 875  | 0:35:50 / 973  |
| 1195     | 4868   | TOMALA Krzysztof          | Warszawa         | POL       |                                 | 79 M30/505 | M / 1125           | 00:49:56  | 04.59      | +0:19:24 | 0:05:52 / 634  | 0:10:26 / 631  |                | 0:31:02 / 1027 | 0:36:14 / 1061 |
| 1196     | 215    | GRUDZIEŃ Mariusz          | Lublin           | POL       | Pko                             | 85 M20/350 | M / 1126           | 00:49:56  | 04.59      | +0:19:24 | 0:05:57 / 744  | 0:10:58 / 990  | 0:24:28 / 1074 | 0:31:28 / 1156 | 0:36:43 / 1207 |
| 1197     | 5591   | KWAŚNY Ryszard            | Warszawa         | POL       | Wsb Cytadela                    | 72 M40/195 | M / 1127           | 00:49:56  | 04.59      | +0:19:24 | 0:06:14 / 1115 | 0:11:09 / 1126 | 0:24:29 / 1083 | 0:31:20 / 1116 | 0:36:21 / 1097 |
| 1198     | 5782   | NOWAKOWSKI Mateusz        | Warszawa         | POL       |                                 | 88 M20/351 | M / 1128           | 00:49:56  | 04.59      | +0:19:24 | 0:06:07 / 933  | 0:10:49 / 873  | 0:24:12 / 985  | 0:31:12 / 1073 | 0:36:31 / 1149 |
| 1199     | 2711   | HRUZEWICZ Donka           | Warszawa         | POL       | Time2run                        | 73 K40/7   | K / 71             | 00:49:57  | 04.59      | +0:19:25 | 0:05:56 / 715  | 0:10:32 / 701  | 0:23:02 / 655  | 0:32:45 / 1582 | 0:37:27 / 1407 |
| 1200     | 3924   | PIETROWICZ Kamil          | Warszawa         | POL       |                                 | 84 M20/352 | M / 1129           | 00:49:57  | 04.59      | +0:19:25 | 0:07:30 / 3091 | 0:13:07 / 2880 | 0:27:00 / 2124 | 0:33:29 / 1813 | 0:38:11 / 1611 |
| 1201     | 5541   | POLKOWSKA Renata          | Ząbki            | POL       |                                 | 70 K40/8   | K / 72             | 00:49:57  | 04.59      | +0:19:25 | 0:06:22 / 1331 | 0:11:10 / 1153 | 0:24:35 / 1114 | 0:31:30 / 1162 | 0:36:34 / 1162 |
| 1202     | 6742   | WILCZEK Renata            | Warszawa         | POL       | Śródmieście                     | 68 K40/9   | K / 73             | 00:49:57  | 04.59      | +0:19:25 | 0:06:15 / 1141 | 0:11:05 / 1081 | 0:24:37 / 1128 | 0:31:32 / 1181 | 0:36:40 / 1192 |
| 1203     | 5189   | SKŁODOWSKA-JECHNA Izabela | Legionowo        | POL       | Grupa Biegowa Chtmo             | 83 K30/35  | K / 74             | 00:49:57  | 04.59      | +0:19:26 | 0:06:19 / 1238 | 0:11:10 / 1152 | 0:24:28 / 1080 | 0:31:26 / 1146 | 0:36:32 / 1154 |
| 1204     | 5138   | OPOŃ Adam                 | Warszawa         | POL       |                                 | 66 M40/196 | M / 1130           | 00:49:58  | 04.59      | +0:19:26 | 0:06:19 / 1240 | 0:11:16 / 1236 | 0:24:46 / 1190 | 0:31:41 / 1234 | 0:36:44 / 1216 |
| 1205     | 3167   | PASIEKA Maciej            | Nysa             | POL       | Służba Zdrowia                  | 85 M20/353 | M / 1131           | 00:49:58  | 04.59      | +0:19:26 | 0:05:43 / 502  | 0:10:14 / 535  | 0:25:04 / 1319 | 0:31:50 / 1282 | 0:36:38 / 1178 |
| 1206     | 4220   | MADZIAR Ryszard           | Wolomin          | POL       |                                 | 73 M40/197 | M / 1132           | 00:49:58  | 04.59      | +0:19:26 | 0:06:37 / 1738 | 0:11:41 / 1617 | 0:25:17 / 1416 | 0:32:09 / 1376 | 0:37:08 / 1323 |
| 1207     | 4227   | WÓJCIK Adrian             | Wrocław          | POL       | Insert Team                     | 74 M30/506 | M / 1133           | 00:49:58  | 04.59      | +0:19:26 | 0:05:54 / 685  | 0:10:39 / 778  | 0:24:01 / 928  | 0:31:10 / 1058 | 0:36:24 / 1114 |
| 1208     | 6675   | SOKOŁOWSKI Tomasz         | Granica          | POL       | .                               | 80 M30/507 | M / 1134           | 00:49:58  | 04.59      | +0:19:26 | 0:06:22 / 1307 | 0:11:25 / 1377 | 0:24:55 / 1258 | 0:31:33 / 1184 | 0:36:37 / 1172 |
| 1209     | 5230   | LOLIK Marcin              | Warszawa         | POL       | Adwokaci                        | 81 M30/508 | M / 1135           | 00:49:58  | 04.59      | +0:19:26 | 0:06:19 / 1244 | 0:11:15 / 1214 | 0:24:30 / 1086 | 0:31:19 / 1113 | 0:36:29 / 1143 |
| 1210     | 3664   | MACIEJEWSKA Monika        | Warszawa         | POL       |                                 | 73 K40/10  | K / 75             | 00:49:59  | 04.59      | +0:19:27 | 0:06:08 / 964  | 0:10:59 / 1009 | 0:24:23 / 1044 | 0:31:20 / 1117 | 0:36:33 / 1159 |
| 1211     | 2406   | BANACH Jakub              | Radom            | POL       |                                 | 76 M30/509 | M / 1136           | 00:49:59  | 04.59      | +0:19:27 | 0:06:16 / 1162 | 0:11:20 / 1297 | 0:24:30 / 1089 | 0:31:21 / 1124 | 0:36:31 / 1150 |
| 1212     | 3866   | JESIONOWSKI Maciej        | Warszawa         | POL       |                                 | 83 M30/510 | M / 1137           | 00:49:59  | 04.59      | +0:19:27 | 0:06:50 / 2132 | 0:12:02 / 1958 | 0:25:44 / 1610 | 0:32:31 / 1503 | 0:37:32 / 1429 |
| 1213     | 6558   | MAĆKOWIAK Marcin          | Wrocław          | POL       |                                 | 82 M30/511 | M / 1138           | 00:50:00  | 05.00      | +0:19:28 | 0:06:19 / 1251 | 0:11:23 / 1348 | 0:24:46 / 1189 | 0:31:31 / 1174 | 0:36:46 / 1222 |
| 1214     | 6654   | LISZKA Maciej             | Warszawa         | POL       |                                 | 90 M20/354 | M / 1139           | 00:50:01  | 05.00      | +0:19:29 | 0:06:20 / 1259 | 0:11:10 / 1150 | 0:24:48 / 1196 | 0:31:42 / 1238 | 0:36:43 / 1208 |
| 1215     | 6659   | NAGOT Tomasz              | Warszawa         | POL       |                                 | 82 M30/512 | M / 1140           | 00:50:01  | 05.00      | +0:19:29 | 0:06:10 / 1005 | 0:11:08 / 1113 | 0:24:42 / 1159 | 0:31:42 / 1241 | 0:36:52 / 1247 |
| 1216     | 4693   | BUDZIŁEK Jan              | Jablonna         | POL       |                                 | 79 M30/513 | M / 1141           | 00:50:01  | 05.00      | +0:19:29 | 0:06:42 / 1862 | 0:11:50 / 1758 | 0:25:32 / 1522 | 0:32:10 / 1382 | 0:37:08 / 1320 |
| 1217     | 359    | TATARCZUK Jerzy           | Warszawa         | POL       | Pko                             | 77 M30/514 | M / 1142           | 00:50:02  | 05.00      | +0:19:31 | 0:06:31 / 1576 | 0:11:35 / 1521 | 0:25:29 / 1498 | 0:32:25 / 1477 | 0:37:20 / 1368 |
| 1218     | 4045   | DOMIAN Damian             | Szczytno         | POL       | Klub Bokserski Gwardia Szczytno | 84 M20/355 | M / 1143           | 00:50:03  | 05.00      | +0:19:31 | 0:05:43 / 505  | 0:10:29 / 660  | 0:23:33 / 798  | 0:30:34 / 896  | 0:35:57 / 1005 |
| 1219     | 4786   | MROWSKI Jarosław          | Warszawa         | POL       |                                 | 78 M30/515 | M / 1144           | 00:50:03  | 05.00      | +0:19:31 | 0:06:39 / 1804 | 0:11:49 / 1739 | 0:25:22 / 1460 | 0:32:06 / 1363 | 0:37:15 / 1348 |
| 1220     | 4203   | KAMIŃSKI Tomasz           | Wyględy          | POL       |                                 | 92 M20/356 | M / 1145           | 00:50:03  | 05.00      | +0:19:31 | 0:05:50 / 600  | 0:10:13 / 531  | 0:22:42 / 573  | 0:29:25 / 635  | 0:34:57 / 785  |
| 1221     | 5511   | BRAMBOR Łukasz            | Szczecin         | POL       | Powerade                        | 81 M30/516 | M / 1146           | 00:50:04  | 05.00      | +0:19:32 | 0:06:41 / 1851 | 0:11:59 / 1911 | 0:25:51 / 1655 | 0:32:35 / 1526 | 0:37:30 / 1420 |
| 1222     | 5182   | SZATKOWSKI Marcin         | Warszawa         | POL       | Aks Polonia                     | 83 M30/517 | M / 1147           | 00:50:04  | 05.00      | +0:19:32 | 0:06:21 / 1297 | 0:11:22 / 1344 | 0:24:59 / 1277 | 0:31:56 / 1314 | 0:37:09 / 1333 |
| 1223     | 6049   | RUBAK Benedykt            | Warszawa         | POL       | Deloitte Adventure Team         | 84 M20/357 | M / 1148           | 00:50:04  | 05.00      | +0:19:32 | 0:06:22 / 1320 | 0:11:35 / 1518 | 0:25:08 / 1353 | 0:32:05 / 1356 | 0:37:06 / 1315 |
| 1224     | 6225   | SŁOTA Mateusz             | Warszawa         | POL       | Accelerate                      | 86 M20/358 | M / 1149           | 00:50:04  | 05.00      | +0:19:32 | 0:06:47 / 2036 | 0:12:02 / 1967 | 0:25:37 / 1562 | 0:32:18 / 1435 | 0:37:18 / 1366 |
| 1225     | 5001   | ROGOWSKI Jan              | Mragowo          | POL       |                                 | 64 M40/198 | M / 1150           | 00:50:04  | 05.00      | +0:19:32 | 0:06:51 / 2156 | 0:12:01 / 1941 | 0:25:15 / 1399 | 0:31:54 / 1298 | 0:36:53 / 1253 |
| 1226     | 5942   | TOMASZEWSKI Albert        | Warszawa         | POL       |                                 | 80 M30/518 | M / 1151           | 00:50:05  | 05.00      | +0:19:33 | 0:06:39 / 1794 | 0:11:47 / 1703 | 0:25:38 / 1573 | 0:32:19 / 1442 | 0:37:18 / 1362 |
| 1227     | 6467   | MROCZKOWSKI Łukasz        | Warszawa         | POL       |                                 | 86 M20/359 | M / 1152           | 00:50:05  | 05.00      | +0:19:33 | 0:06:33 / 1641 | 0:11:29 / 1427 | 0:24:18 / 1015 | 0:31:13 / 1076 | 0:36:32 / 1153 |
| 1228     | 6012   | LADAK Marcin              | Warszawa         | POL       | 12tri.pl                        | 74 M30/519 | M / 1153           | 00:50:05  | 05.00      | +0:19:33 | 0:05:54 / 687  | 0:10:41 / 788  |                | 0:31:03 / 1035 | 0:36:21 / 1100 |
| 1229     | 4847   | OWCZARCZYK Dawid          | Warszawa         | POL       |                                 | 85 M20/360 | M / 1154           | 00:50:05  | 05.00      | +0:19:33 | 0:06:07 / 939  | 0:10:59 / 1000 | 0:24:14 / 994  | 0:30:57 / 1000 | 0:36:09 / 1048 |
| 1230     | 6146   | SZPYNDA Daniel            | Warszawa         | POL       | Liberty Direct                  | 86 M20/361 | M / 1155           | 00:50:06  | 05.00      | +0:19:34 | 0:06:14 / 1096 | 0:11:17 / 1249 | 0:25:20 / 1444 | 0:32:09 / 1378 | 0:37:12 / 1340 |
| 1231     | 6176   | KACZOR Tomasz             | Warszawa         | POL       | Bractwo Biegowe Bgk             | 73 M40/199 | M / 1156           | 00:50:06  | 05.00      | +0:19:34 | 0:06:40 / 1824 | 0:11:54 / 1825 | 0:25:06 / 1344 | 0:31:42 / 1242 | 0:36:44 / 1212 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club       | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1232     | 5945   | SMIŁOWSKA Marzena      | Warszawa         | POL       | Obozybiegowe.pl               | 78      | K30/36 K / 76      | 00:50:06  | 05.00      | +0:19:34 | 0:06:29 / 1517 | 0:11:23 / 1347 | 0:24:51 / 1225 | 0:31:43 / 1244 | 0:36:46 / 1227 |
| 1233     | 6678   | LIKOWSKA Dorota        | Warszawa         | POL       | Trucht Tarchomin Team         | 84      | K20/27 K / 77      | 00:50:06  | 05.00      | +0:19:34 | 0:06:42 / 1871 | 0:11:46 / 1684 | 0:24:55 / 1259 | 0:31:34 / 1195 | 0:36:39 / 1179 |
| 1234     | 5281   | DUDKOWIAK Grażyna      | Zielona Góra     | POL       | Adwokaci                      | 62      | K50/3 K / 78       | 00:50:07  | 05.00      | +0:19:35 | 0:06:50 / 2114 | 0:12:06 / 2032 | 0:25:41 / 1598 | 0:32:21 / 1451 | 0:37:14 / 1344 |
| 1235     | 5242   | MUCHA Piotr            | Kraków           | POL       | Adwokaci                      | 82      | M30/520 M / 1157   | 00:50:07  | 05.00      | +0:19:35 | 0:06:20 / 1271 | 0:11:20 / 1303 | 0:24:59 / 1281 | 0:31:47 / 1262 | 0:36:46 / 1225 |
| 1236     | 4141   | SZYMAŃSKI Mateusz      | Kamion           | POL       | Osp Kamion                    | 92      | M20/362 M / 1158   | 00:50:08  | 05.00      | +0:19:36 | 0:06:20 / 1269 | 0:11:19 / 1287 | 0:25:34 / 1538 | 0:32:37 / 1537 | 0:37:47 / 1498 |
| 1237     | 3271   | ROGACEWICZ Hubert      | Warszawa         | POL       | Orkan Tactical                | 84      | M20/363 M / 1159   | 00:50:08  | 05.00      | +0:19:36 | 0:07:10 / 2602 | 0:12:10 / 2097 | 0:25:10 / 1365 | 0:31:39 / 1222 | 0:36:33 / 1160 |
| 1238     | 2431   | BEHRENDT Paweł         | Toruń            | POL       | Kalos Kagatos                 | 87      | M20/364 M / 1160   | 00:50:08  | 05.00      | +0:19:36 | 0:06:05 / 890  | 0:11:02 / 1034 | 0:24:45 / 1184 | 0:31:31 / 1172 | 0:36:32 / 1155 |
| 1239     | 6508   | GLIŃSKI Paweł          | Ząbki            | POL       |                               | 78      | M30/521 M / 1161   | 00:50:09  | 05.00      | +0:19:37 | 0:06:38 / 1749 | 0:11:44 / 1657 | 0:25:13 / 1383 | 0:32:03 / 1348 | 0:37:08 / 1321 |
| 1240     | 3306   | SAWICKI Piotr          | Białystok        | POL       | Delecta Podlaski Klub Biegowy | 85      | M20/365 M / 1162   | 00:50:09  | 05.00      | +0:19:37 | 0:06:44 / 1934 | 0:11:34 / 1498 | 0:24:57 / 1268 | 0:31:58 / 1321 | 0:36:54 / 1257 |
| 1241     | 3782   | KISIELEWICZ Michał     | Warszawa         | POL       |                               | 78      | M30/522 M / 1163   | 00:50:10  | 05.01      | +0:19:38 | 0:06:40 / 1828 | 0:11:53 / 1810 | 0:25:16 / 1412 | 0:31:55 / 1309 | 0:37:07 / 1319 |
| 1242     | 5058   | PELA Maria             | Gdańsk           | POL       | Adwokaci                      | 87      | K20/28 K / 79      | 00:50:10  | 05.01      | +0:19:38 | 0:06:23 / 1369 | 0:11:11 / 1171 | 0:24:31 / 1098 | 0:31:33 / 1191 | 0:36:41 / 1196 |
| 1243     | 3605   | ZAWADZKI Jakub         | Łódź             | POL       | Rysie                         | 82      | M30/523 M / 1164   | 00:50:10  | 05.01      | +0:19:38 | 0:06:35 / 1676 | 0:11:45 / 1666 | 0:24:56 / 1263 | 0:31:37 / 1212 | 0:36:39 / 1187 |
| 1244     | 6682   | TOCZYSKI Robert        | Warszawa         | POL       |                               | 72      | M40/200 M / 1165   | 00:50:11  | 05.01      | +0:19:39 | 0:06:40 / 1807 | 0:11:41 / 1623 | 0:25:11 / 1372 | 0:31:59 / 1325 | 0:37:02 / 1299 |
| 1245     | 4070   | PIELAS Igor            | Warszawa         | POL       |                               | 90      | M20/366 M / 1166   | 00:50:11  | 05.01      | +0:19:39 | 0:06:07 / 930  | 0:10:50 / 896  | 0:23:28 / 773  | 0:29:59 / 768  | 0:34:58 / 788  |
| 1246     | 4642   | LEŚNIEWSKI Adam        | Warszawa         | POL       |                               | 82      | M30/524 M / 1167   | 00:50:11  | 05.01      | +0:19:39 | 0:06:24 / 1380 | 0:11:28 / 1422 | 0:24:47 / 1193 | 0:31:31 / 1175 | 0:36:39 / 1184 |
| 1247     | 13     | ZDZIKOT Tomasz         |                  | POL       |                               | 13      | M / 1168           | 00:50:12  | 05.01      | +0:19:40 | 0:06:11 / 1030 | 0:11:09 / 1125 | 0:25:01 / 1297 | 0:31:55 / 1303 | 0:37:01 / 1291 |
| 1248     | 116    | BARAŃSKI Krzysztof     | Warszawa         | POL       | Agora                         | 82      | M30/525 M / 1169   | 00:50:12  | 05.01      | +0:19:40 | 0:06:25 / 1415 | 0:11:41 / 1612 | 0:25:42 / 1599 | 0:32:22 / 1456 | 0:37:33 / 1432 |
| 1249     | 6566   | SKUCHA Katarzyna       | Warszawa         | POL       |                               | 81      | K30/37 K / 80      | 00:50:12  | 05.01      | +0:19:40 | 0:06:08 / 965  | 0:10:52 / 914  | 0:24:23 / 1047 | 0:31:22 / 1133 | 0:36:32 / 1156 |
| 1250     | 6522   | REK Leszek             | Suchowizna       | POL       |                               | 86      | M20/367 M / 1170   | 00:50:12  | 05.01      | +0:19:40 | 0:05:50 / 609  | 0:10:38 / 764  | 0:24:13 / 987  | 0:31:19 / 1112 | 0:36:37 / 1174 |
| 1251     | 5119   | SZYMCZAK Zbigniew      | Ząbki            | POL       |                               | 69      | M40/201 M / 1171   | 00:50:12  | 05.01      | +0:19:41 | 0:06:31 / 1555 | 0:11:39 / 1583 | 0:25:22 / 1453 | 0:32:08 / 1374 | 0:37:17 / 1359 |
| 1252     | 2795   | KASEJA Lucja           | Warszawa         | POL       | Kb Ergo                       | 86      | K20/29 K / 81      | 00:50:14  | 05.01      | +0:19:42 | 0:06:21 / 1304 | 0:11:18 / 1264 | 0:24:58 / 1272 | 0:31:55 / 1311 | 0:37:01 / 1289 |
| 1253     | 195    | ZDUNEK Mariusz         |                  | POL       | Radisson                      | 82      | M30/526 M / 1172   | 00:50:14  | 05.01      | +0:19:42 | 0:06:32 / 1600 | 0:11:34 / 1500 | 0:25:25 / 1471 | 0:32:35 / 1528 | 0:37:31 / 1427 |
| 1254     | 110    | ROSZKIEWICZ Robert     | Warszawa         | POL       | Zapasy                        | 13      | M / 1173           | 00:50:14  | 05.01      | +0:19:42 | 0:06:08 / 968  | 0:10:56 / 966  | 0:24:26 / 1067 | 0:31:30 / 1168 | 0:36:48 / 1235 |
| 1255     | 5550   | TYKWIŃSKA Olga         | Warszawa         | POL       |                               | 82      | K30/38 K / 82      | 00:50:14  | 05.01      | +0:19:42 | 0:06:17 / 1185 | 0:11:06 / 1097 |                | 0:31:46 / 1257 | 0:36:55 / 1259 |
| 1256     | 3927   | JANKOWSKI Tomasz       | Warszawa         | POL       |                               | 79      | M30/527 M / 1174   | 00:50:15  | 05.01      | +0:19:43 | 0:06:14 / 1123 | 0:11:24 / 1363 | 0:24:55 / 1251 | 0:31:49 / 1274 | 0:36:58 / 1275 |
| 1257     | 6385   | CLARE Simon            | Warszawa         | POL       |                               | 69      | M40/202 M / 1175   | 00:50:15  | 05.01      | +0:19:43 | 0:06:17 / 1197 | 0:11:04 / 1072 | 0:24:07 / 955  | 0:31:07 / 1048 | 0:36:39 / 1183 |
| 1258     | 3152   | PAŁKA Łukasz           | Wrocław          | POL       |                               | 82      | M30/528 M / 1176   | 00:50:15  | 05.01      | +0:19:43 | 0:06:30 / 1540 | 0:11:49 / 1732 | 0:25:41 / 1590 | 0:32:26 / 1479 | 0:37:32 / 1430 |
| 1259     | 5030   | SREBRZYŃSKI Robert     | Piaseczno        | POL       |                               | 71      | M40/203 M / 1177   | 00:50:15  | 05.01      | +0:19:43 | 0:06:21 / 1302 | 0:11:20 / 1312 | 0:24:51 / 1227 | 0:31:53 / 1294 | 0:37:02 / 1294 |
| 1260     | 2546   | CZARNECKI Piotr        | Wątford          | POL       | Bydgoszcz                     | 79      | M30/529 M / 1178   | 00:50:15  | 05.01      | +0:19:43 | 0:06:40 / 1818 | 0:11:45 / 1679 | 0:25:29 / 1499 | 0:32:30 / 1497 | 0:37:37 / 1461 |
| 1261     | 3928   | DARKA Marcin           | Warszawa         | POL       | Lasek Bielański Team          | 76      | M30/530 M / 1179   | 00:50:16  | 05.01      | +0:19:44 | 0:06:59 / 2341 | 0:12:19 / 2232 | 0:26:24 / 1890 | 0:33:17 / 1753 | 0:38:10 / 1605 |
| 1262     | 3670   | FIJOLEK Łukasz         | Jadwisin         | POL       | Lider Winnica                 | 91      | M20/368 M / 1180   | 00:50:16  | 05.01      | +0:19:45 | 0:05:36 / 407  | 0:09:47 / 338  | 0:21:37 / 332  | 0:29:21 / 617  | 0:34:52 / 765  |
| 1263     | 6718   | STRUBIŃSKI Paweł       | Warszawa         | POL       | Brak                          | 70      | M40/204 M / 1181   | 00:50:17  | 05.01      | +0:19:45 | 0:06:18 / 1203 | 0:11:16 / 1232 | 0:25:19 / 1428 | 0:32:16 / 1425 | 0:37:26 / 1401 |
| 1264     | 2509   | CHANDOSZKO Bartosz     | Płock            | POL       | Alior Bank                    | 85      | M20/369 M / 1182   | 00:50:18  | 05.01      | +0:19:46 | 0:06:23 / 1348 | 0:11:21 / 1317 | 0:24:59 / 1284 | 0:31:51 / 1286 | 0:36:55 / 1262 |
| 1265     | 4168   | MIKA Jarek             | Warszawa         | POL       |                               | 67      | M40/205 M / 1183   | 00:50:19  | 05.01      | +0:19:47 | 0:06:11 / 1020 | 0:10:58 / 993  | 0:24:29 / 1085 | 0:31:28 / 1155 | 0:36:43 / 1210 |
| 1266     | 2862   | KOŚCIAKIEWICZ Jarosław | Lublin           | POL       |                               | 88      | M20/370 M / 1184   | 00:50:19  | 05.01      | +0:19:47 | 0:07:18 / 2819 | 0:12:47 / 2609 | 0:27:03 / 2143 | 0:33:56 / 1958 | 0:38:45 / 1782 |
| 1267     | 2752   | JASTRZĘBSKI Krzysztof  | Katowice         | POL       |                               | 83      | M30/531 M / 1185   | 00:50:20  | 05.02      | +0:19:48 | 0:06:13 / 1088 | 0:11:01 / 1024 | 0:24:24 / 1051 | 0:31:20 / 1120 | 0:36:25 / 1124 |
| 1268     | 5791   | SZENIAWSKI Remigiusz   | Warszawa         | POL       |                               | 81      | M30/532 M / 1186   | 00:50:20  | 05.02      | +0:19:48 | 0:06:27 / 1469 | 0:11:32 / 1462 | 0:25:15 / 1398 | 0:32:10 / 1385 | 0:37:15 / 1350 |
| 1269     | 5487   | KOMOROWSKI Piotrek     | Warszawa         | POL       | Brak                          | 83      | M30/533 M / 1187   | 00:50:20  | 05.02      | +0:19:48 | 0:06:02 / 825  | 0:10:41 / 791  | 0:23:41 / 841  | 0:30:33 / 891  | 0:35:49 / 970  |
| 1270     | 4221   | SIMM Maciej            | Wałbrzych        | POL       |                               | 90      | M20/371 M / 1188   | 00:50:20  | 05.02      | +0:19:48 | 0:06:14 / 1119 | 0:11:13 / 1192 | 0:24:43 / 1168 | 0:31:40 / 1225 | 0:36:49 / 1240 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|------------------|-----------|----------------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1271     | 5353   | SZWED Grzegorz          | Warszawa         | POL       |                                  | 87 M20/372 | M / 1189           | 00:50:20  | 05.02      | +0:19:48 | 0:06:31 / 1563 | 0:11:25 / 1374 | 0:24:44 / 1178 | 0:31:42 / 1243 | 0:36:56 / 1263 |
| 1272     | 2685   | GRZĄDKOWSKI Seweryn     | Władysławowo     | POL       |                                  | 75 M30/534 | M / 1190           | 00:50:21  | 05.02      | +0:19:49 | 0:06:32 / 1599 | 0:11:32 / 1459 | 0:25:14 / 1386 | 0:32:13 / 1403 | 0:37:09 / 1325 |
| 1273     | 4795   | MOTYL Magdalena         | Kraków           | POL       | Benefit                          | 86 K20/30  | K / 83             | 00:50:21  | 05.02      | +0:19:49 | 0:06:16 / 1157 | 0:11:03 / 1044 | 0:24:31 / 1097 | 0:31:35 / 1201 | 0:36:46 / 1223 |
| 1274     | 6183   | SEKŚCIŃSKA Magda        | Łomża            | POL       | Ks Łomżanie                      | 84 K20/31  | K / 84             | 00:50:21  | 05.02      | +0:19:49 | 0:06:03 / 845  | 0:10:48 / 870  | 0:24:34 / 1107 | 0:31:40 / 1224 | 0:36:54 / 1254 |
| 1275     | 2821   | KLIN Mariusz            | Chełm            | POL       |                                  | 79 M30/535 | M / 1191           | 00:50:21  | 05.02      | +0:19:49 | 0:06:10 / 1008 | 0:11:05 / 1080 | 0:24:34 / 1110 | 0:31:30 / 1167 | 0:36:37 / 1175 |
| 1276     | 6660   | KOWALSKI Marek          | Kawki            | POL       |                                  | 83 M30/536 | M / 1192           | 00:50:21  | 05.02      | +0:19:49 | 0:06:07 / 942  | 0:10:48 / 862  | 0:24:10 / 972  | 0:31:13 / 1079 | 0:36:28 / 1138 |
| 1277     | 5760   | ZIELIŃSKI Marcin        | Warszawa         | POL       | Skandia Running Team             | 79 M30/537 | M / 1193           | 00:50:22  | 05.02      | +0:19:50 | 0:06:00 / 788  | 0:11:09 / 1128 | 0:24:37 / 1123 | 0:31:44 / 1248 | 0:37:03 / 1305 |
| 1278     | 4015   | KARPIŃSKI Lucjan        | Warszawa         | POL       | Ministerstwo Spraw Zagranicznych | 79 M30/538 | M / 1194           | 00:50:23  | 05.02      | +0:19:51 | 0:06:28 / 1497 | 0:11:13 / 1198 | 0:24:40 / 1146 | 0:31:43 / 1246 | 0:36:56 / 1271 |
| 1279     | 4118   | KOS Paweł               | Warszawa         | POL       | Raiffeisen Polbank               | 80 M30/539 | M / 1195           | 00:50:24  | 05.02      | +0:19:52 | 0:06:30 / 1533 | 0:11:41 / 1607 | 0:25:25 / 1475 | 0:32:18 / 1433 | 0:37:21 / 1379 |
| 1280     | 1646   | UBYSZ Karolina          | Nowa Iwiczna     | POL       |                                  | 83 K30/39  | K / 85             | 00:50:24  | 05.02      | +0:19:52 | 0:06:23 / 1352 | 0:11:12 / 1183 | 0:24:43 / 1169 | 0:31:59 / 1324 | 0:37:01 / 1290 |
| 1281     | 3127   | OLSZA Paweł             | Warszawa         | POL       |                                  | 85 M20/373 | M / 1196           | 00:50:24  | 05.02      | +0:19:52 | 0:06:21 / 1287 | 0:11:20 / 1290 | 0:25:04 / 1326 | 0:32:03 / 1347 | 0:37:09 / 1332 |
| 1282     | 6806   | PAŚNIEWSKI Piotr        | Warszawa         | POL       | Pzu Sport Team                   | 87 M20/374 | M / 1197           | 00:50:25  | 05.02      | +0:19:53 | 0:06:30 / 1543 | 0:11:39 / 1582 | 0:25:31 / 1509 | 0:32:20 / 1444 | 0:37:22 / 1384 |
| 1283     | 2607   | DZIKOWSKI Krzysztof     | Ostrów           | POL       | -                                | 74 M30/540 | M / 1198           | 00:50:25  | 05.02      | +0:19:53 | 0:06:40 / 1811 | 0:12:08 / 2059 | 0:25:48 / 1628 | 0:32:40 / 1553 | 0:37:42 / 1479 |
| 1284     | 4978   | SASIN Grzegorz          | Warszawa         | POL       |                                  | 83 M30/541 | M / 1199           | 00:50:26  | 05.02      | +0:19:54 | 0:06:29 / 1505 | 0:11:43 / 1649 | 0:25:17 / 1415 | 0:32:05 / 1358 | 0:37:09 / 1327 |
| 1285     | 6798   | DRAB Przemysław         | Warszawa         | POL       |                                  | 82 M30/542 | M / 1200           | 00:50:26  | 05.02      | +0:19:54 | 0:06:08 / 944  | 0:11:00 / 1017 | 0:24:32 / 1099 | 0:31:40 / 1227 | 0:37:00 / 1287 |
| 1286     | 6018   | DĄBROWSKI Tomasz        | Warszawa         | POL       |                                  | 84 M20/375 | M / 1201           | 00:50:26  | 05.02      | +0:19:54 | 0:06:44 / 1949 | 0:12:11 / 2104 | 0:25:27 / 1487 | 0:32:19 / 1440 | 0:37:22 / 1383 |
| 1287     | 3085   | NADULSKI Paweł          | Lublin           | POL       |                                  | 71 M40/206 | M / 1202           | 00:50:26  | 05.02      | +0:19:54 | 0:06:37 / 1740 | 0:11:50 / 1743 | 0:25:32 / 1521 | 0:32:22 / 1457 | 0:37:24 / 1392 |
| 1288     | 3286   | RUCZYŃSKI Andrzej       | Olsztyn          | POL       |                                  | 52 M60/8   | M / 1203           | 00:50:27  | 05.02      | +0:19:55 | 0:06:15 / 1145 | 0:11:04 / 1062 | 0:24:04 / 940  | 0:31:05 / 1038 | 0:36:15 / 1066 |
| 1289     | 6540   | DELA Marcin             | Warszawa         | POL       |                                  | 85 M20/376 | M / 1204           | 00:50:27  | 05.02      | +0:19:55 | 0:06:39 / 1790 | 0:12:11 / 2117 | 0:26:21 / 1868 | 0:32:59 / 1651 | 0:37:54 / 1531 |
| 1290     | 5783   | NOWAKOWSKI Marcin       | Warszawa         | POL       |                                  | 86 M20/377 | M / 1205           | 00:50:28  | 05.02      | +0:19:56 | 0:06:14 / 1124 | 0:10:50 / 903  | 0:24:23 / 1043 | 0:31:30 / 1169 | 0:36:43 / 1209 |
| 1291     | 4226   | WIŚNIEWSKI Norbert      | Warszawa         | POL       |                                  | 87 M20/378 | M / 1206           | 00:50:28  | 05.02      | +0:19:56 | 0:06:38 / 1779 | 0:11:47 / 1692 | 0:25:04 / 1322 | 0:32:20 / 1447 | 0:37:24 / 1390 |
| 1292     | 3939   | ROZEN Andrzej           | Warszawa         | POL       |                                  | 78 M30/543 | M / 1207           | 00:50:28  | 05.02      | +0:19:56 | 0:06:30 / 1539 | 0:11:33 / 1483 | 0:25:09 / 1360 | 0:32:12 / 1398 | 0:37:21 / 1373 |
| 1293     | 6367   | MITURA Robert           | Warszawa         | POL       |                                  | 71 M40/207 | M / 1208           | 00:50:28  | 05.02      | +0:19:56 | 0:06:10 / 1013 | 0:11:20 / 1308 | 0:25:05 / 1329 | 0:32:00 / 1328 | 0:37:06 / 1313 |
| 1294     | 2519   | CHOLEWICKA Katarzyna    | Warszawa         | POL       |                                  | 91 K20/32  | K / 86             | 00:50:29  | 05.02      | +0:19:57 | 0:06:17 / 1201 | 0:11:09 / 1133 | 0:24:12 / 980  | 0:31:33 / 1187 | 0:36:58 / 1276 |
| 1295     | 2944   | KUZDRA Maciej           | Ząbki            | POL       | Biegam W Ząbkach                 | 88 M20/379 | M / 1209           | 00:50:29  | 05.02      | +0:19:57 | 0:06:16 / 1175 | 0:10:58 / 995  | 0:24:30 / 1090 | 0:31:35 / 1199 | 0:36:45 / 1218 |
| 1296     | 3645   | WIENCELEWSKA Małgorzata | Warszawa         | POL       |                                  | 74 K30/40  | K / 87             | 00:50:29  | 05.02      | +0:19:57 | 0:06:15 / 1144 | 0:10:47 / 854  | 0:24:23 / 1042 | 0:31:24 / 1141 | 0:36:27 / 1132 |
| 1297     | 4741   | PIOTROWSKI Ryszard      | Rusiec           | POL       |                                  | 68 M40/208 | M / 1210           | 00:50:29  | 05.02      | +0:19:57 | 0:06:05 / 880  | 0:10:48 / 861  |                | 0:31:18 / 1103 | 0:36:29 / 1142 |
| 1298     | 5583   | OSSOWSKI Maciej         | Warszawa         | POL       | Implix                           | 85 M20/380 | M / 1211           | 00:50:30  | 05.03      | +0:19:58 | 0:06:23 / 1362 | 0:11:21 / 1315 | 0:24:25 / 1060 | 0:31:23 / 1134 | 0:36:41 / 1197 |
| 1299     | 5105   | PODLEŚ Bartłomiej       | Reguły           | POL       | Play                             | 74 M30/544 | M / 1212           | 00:50:30  | 05.03      | +0:19:58 | 0:06:35 / 1689 | 0:11:43 / 1635 | 0:25:34 / 1537 | 0:32:34 / 1523 | 0:37:38 / 1462 |
| 1300     | 3892   | WRÓBLEWSKI Artur        | Warszawa         | POL       |                                  | 75 M30/545 | M / 1213           | 00:50:30  | 05.03      | +0:19:58 | 0:05:58 / 749  | 0:10:41 / 792  | 0:23:28 / 768  | 0:30:59 / 1009 | 0:36:08 / 1046 |
| 1301     | 5579   | PRUCHNIAK Robert        | Warszawa         | POL       |                                  | 71 M40/209 | M / 1214           | 00:50:30  | 05.03      | +0:19:58 | 0:06:15 / 1133 | 0:11:02 / 1030 | 0:24:18 / 1020 | 0:31:22 / 1130 | 0:36:42 / 1200 |
| 1302     | 5280   | DUDKOWIAK Andrzej       | Zielona Góra     | POL       | Adwokaci                         | 61 M50/58  | M / 1215           | 00:50:30  | 05.03      | +0:19:58 | 0:06:54 / 2214 | 0:12:09 / 2078 | 0:25:44 / 1615 | 0:32:23 / 1461 | 0:37:16 / 1355 |
| 1303     | 3714   | CIEMIŃSKI Marcin        | Warszawa         | POL       |                                  | 77 M30/546 | M / 1216           | 00:50:30  | 05.03      | +0:19:58 | 0:06:19 / 1246 | 0:11:16 / 1228 | 0:24:57 / 1269 | 0:32:02 / 1340 | 0:37:14 / 1343 |
| 1304     | 6872   | ROSTKOWSKI Łukasz       | Warszawa         | POL       | Stowarzyszenie                   | 85 M20/381 | M / 1217           | 00:50:30  | 05.03      | +0:19:58 | 0:06:18 / 1204 | 0:11:11 / 1157 |                | 0:31:15 / 1089 | 0:36:34 / 1165 |
| 1305     | 3198   | PISKOŃ Tomasz           | Lubliniec        | POL       |                                  | 85 M20/382 | M / 1218           | 00:50:31  | 05.03      | +0:19:59 | 0:06:14 / 1102 | 0:11:07 / 1109 | 0:24:51 / 1228 | 0:31:58 / 1319 | 0:37:05 / 1312 |
| 1306     | 2993   | LUPIŃSKI Piotr          | Łapy             | POL       | Wks Szwejk                       | 89 M20/383 | M / 1219           | 00:50:31  | 05.03      | +0:19:59 | 0:06:47 / 2018 | 0:11:55 / 1838 | 0:25:37 / 1566 | 0:32:34 / 1521 | 0:37:29 / 1417 |
| 1307     | 2852   | KOPIK Kamil             | Nowy Dwór        | POL       | Jw 2189 Kazuń                    | 87 M20/384 | M / 1220           | 00:50:31  | 05.03      | +0:19:59 | 0:05:55 / 691  | 0:10:42 / 802  | 0:24:06 / 951  | 0:31:16 / 1093 | 0:36:41 / 1198 |
| 1308     | 4560   | TUBBS Jason             | Warszawa         | POL       |                                  | 70 M40/210 | M / 1221           | 00:50:31  | 05.03      | +0:19:59 | 0:06:19 / 1226 | 0:11:10 / 1144 | 0:24:38 / 1131 | 0:31:46 / 1260 | 0:36:57 / 1274 |
| 1309     | 6086   | WOJDA Darek             | Józefów          | POL       | Dziki Dziki                      | 74 M30/547 | M / 1222           | 00:50:31  | 05.03      | +0:19:59 | 0:06:48 / 2072 | 0:11:51 / 1769 | 0:25:37 / 1568 | 0:32:37 / 1541 | 0:37:27 / 1402 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club    | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|----------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1310     | 332    | SOBIENIECKI Andrzej  | Ciechanów        | POL       | Pko                        | 89      | M20/385 M / 1223   | 00:50:32  | 05.03      | +0:20:00 | 0:06:06 / 909  | 0:11:08 / 1114 | 0:24:53 / 1241 | 0:32:01 / 1332 | 0:37:20 / 1370 |
| 1311     | 4278   | LAPSZOW Roman        | Warszawa         | POL       |                            | 70      | M40/211 M / 1224   | 00:50:32  | 05.03      | +0:20:00 | 0:07:00 / 2385 | 0:12:16 / 2185 | 0:25:51 / 1659 | 0:32:31 / 1507 | 0:37:28 / 1410 |
| 1312     | 6031   | MAKULEC Marcin       | Warszawa         | POL       |                            | 82      | M30/548 M / 1225   | 00:50:32  | 05.03      | +0:20:00 | 0:06:12 / 1052 | 0:11:05 / 1077 | 0:24:30 / 1088 | 0:31:30 / 1166 | 0:36:41 / 1194 |
| 1313     | 132    | PASTUSZEK Katarzyna  | Piaseczno        | POL       | Agora                      | 72      | K40/11 K / 88      | 00:50:32  | 05.03      | +0:20:00 | 0:06:44 / 1952 | 0:11:46 / 1690 | 0:25:49 / 1644 | 0:32:46 / 1588 | 0:37:41 / 1476 |
| 1314     | 3547   | WILKOWSKI Paweł      | Radzymin         | POL       |                            | 85      | M20/386 M / 1226   | 00:50:32  | 05.03      | +0:20:00 | 0:06:17 / 1186 | 0:10:59 / 1004 | 0:24:14 / 992  | 0:31:10 / 1057 | 0:36:22 / 1106 |
| 1315     | 6406   | MOYKOWSKI Aleksander | Warszawa         | POL       |                            | 84      | M20/387 M / 1227   | 00:50:32  | 05.03      | +0:20:00 | 0:06:46 / 1994 | 0:11:53 / 1811 | 0:25:34 / 1546 | 0:32:19 / 1443 | 0:37:24 / 1389 |
| 1316     | 2474   | BORONOWICZ Izabela   | Raniżów          | POL       | Mefisto                    | 85      | K20/33 K / 89      | 00:50:33  | 05.03      | +0:20:01 | 0:06:20 / 1266 | 0:11:15 / 1212 | 0:24:51 / 1223 | 0:31:58 / 1320 | 0:37:16 / 1353 |
| 1317     | 5154   | KOMORSKI Marcin      | Warszawa         | POL       |                            | 82      | M30/549 M / 1228   | 00:50:33  | 05.03      | +0:20:01 | 0:06:05 / 885  | 0:10:40 / 786  | 0:24:21 / 1028 | 0:31:29 / 1161 | 0:36:47 / 1229 |
| 1318     | 3989   | PŁOSKOŃSKI Michał    | Płock            | POL       |                            | 77      | M30/550 M / 1229   | 00:50:34  | 05.03      | +0:20:02 | 0:06:22 / 1306 | 0:11:09 / 1136 | 0:24:42 / 1158 | 0:31:30 / 1165 | 0:36:47 / 1230 |
| 1319     | 2813   | KIRAGA Aleksander    | Pionki           | POL       |                            | 82      | M30/551 M / 1230   | 00:50:34  | 05.03      | +0:20:02 | 0:06:47 / 2024 | 0:11:45 / 1672 | 0:25:14 / 1389 | 0:32:05 / 1354 | 0:37:07 / 1318 |
| 1320     | 4742   | GLĄB Marcin          | Warszawa         | POL       |                            | 86      | M20/388 M / 1231   | 00:50:34  | 05.03      | +0:20:02 | 0:06:09 / 981  | 0:10:54 / 943  | 0:23:56 / 900  | 0:30:57 / 1001 | 0:36:24 / 1118 |
| 1321     | 4380   | DEFRATYKA Alicja     | Warszawa         | POL       |                            | 81      | K30/41 K / 90      | 00:50:34  | 05.03      | +0:20:02 | 0:06:13 / 1086 | 0:11:08 / 1118 | 0:24:54 / 1246 | 0:32:02 / 1337 | 0:37:08 / 1324 |
| 1322     | 6370   | JAROĆ Tomasz         | Warszawa         | POL       |                            | 69      | M40/212 M / 1232   | 00:50:35  | 05.03      | +0:20:03 | 0:05:47 / 558  | 0:10:11 / 517  | 0:23:48 / 877  | 0:30:56 / 988  | 0:36:15 / 1062 |
| 1323     | 2461   | BŁAWDZIEWICZ Jacek   | Warszawa         | POL       |                            | 76      | M30/552 M / 1233   | 00:50:35  | 05.03      | +0:20:03 | 0:06:23 / 1353 | 0:11:32 / 1455 | 0:25:18 / 1418 | 0:32:12 / 1397 | 0:37:23 / 1388 |
| 1324     | 3483   | TOPOLEWICZ Robert    | Białystok        | POL       | Straż Graniczna Bobrowniki | 75      | M30/553 M / 1234   | 00:50:36  | 05.03      | +0:20:04 | 0:05:47 / 565  | 0:10:19 / 575  | 0:23:38 / 820  | 0:30:51 / 972  | 0:36:01 / 1021 |
| 1325     | 4948   | WILCZYŃSKI Tomasz    | Warszawa         | POL       |                            | 87      | M20/389 M / 1235   | 00:50:37  | 05.03      | +0:20:05 | 0:06:34 / 1669 | 0:11:52 / 1782 | 0:25:46 / 1625 | 0:32:37 / 1536 | 0:37:34 / 1440 |
| 1326     | 4777   | MAJEWSKI Błażej      | Warszawa         | POL       |                            | 81      | M30/554 M / 1236   | 00:50:37  | 05.03      | +0:20:05 | 0:06:15 / 1151 | 0:11:11 / 1159 | 0:24:37 / 1125 | 0:31:39 / 1223 | 0:36:54 / 1256 |
| 1327     | 4029   | ŚLUSARSKI Kamil      | Warszawa         | POL       |                            | 87      | M20/390 M / 1237   | 00:50:37  | 05.03      | +0:20:05 | 0:06:05 / 893  | 0:11:13 / 1193 | 0:24:34 / 1109 | 0:31:40 / 1226 | 0:37:00 / 1285 |
| 1328     | 477    | PIOTRKOWICZ Konrad   |                  | POL       | Straż Miejska              | 79      | M30/555 M / 1238   | 00:50:38  | 05.03      | +0:20:06 | 0:06:25 / 1430 | 0:11:20 / 1304 | 0:24:52 / 1236 | 0:31:49 / 1270 | 0:36:56 / 1270 |
| 1329     | 3456   | SZYMCZAK Darek       | Warszawa         | POL       |                            | 72      | M40/213 M / 1239   | 00:50:38  | 05.03      | +0:20:06 | 0:05:41 / 473  | 0:10:23 / 607  | 0:23:39 / 825  | 0:31:08 / 1051 | 0:36:19 / 1087 |
| 1330     | 5325   | SZYMONIAK Tomasz     | Warszawa         | POL       |                            | 84      | M20/391 M / 1240   | 00:50:38  | 05.03      | +0:20:06 | 0:06:16 / 1159 | 0:11:15 / 1213 | 0:24:55 / 1253 | 0:31:55 / 1304 | 0:37:00 / 1286 |
| 1331     | 6834   | DUSZCZYK Bartosz     | Warszawa         | POL       |                            | 82      | M30/556 M / 1241   | 00:50:38  | 05.03      | +0:20:06 | 0:06:16 / 1158 | 0:11:08 / 1110 | 0:24:37 / 1129 | 0:31:27 / 1149 | 0:36:35 / 1168 |
| 1332     | 3478   | TERER Kipkemoi       | Warszawa         | POL       |                            | 66      | M40/214 M / 1242   | 00:50:39  | 05.03      | +0:20:07 | 0:06:13 / 1074 | 0:11:05 / 1079 | 0:24:22 / 1040 | 0:31:21 / 1123 | 0:36:49 / 1238 |
| 1333     | 4178   | KOZIOL Dawid         | Głogów           | POL       | Orange Polska              | 86      | M20/392 M / 1243   | 00:50:39  | 05.03      | +0:20:07 | 0:07:10 / 2623 | 0:12:21 / 2255 | 0:25:53 / 1672 | 0:32:42 / 1564 | 0:37:36 / 1453 |
| 1334     | 6158   | KOWALSKI Adam        | Biała Podlaska   | POL       | The Rolling Potatoes       | 57      | M50/59 M / 1244    | 00:50:39  | 05.03      | +0:20:07 | 0:06:43 / 1890 | 0:11:50 / 1749 | 0:25:31 / 1516 | 0:32:29 / 1491 | 0:37:29 / 1411 |
| 1335     | 4531   | WIELGOSZ Piotr       | Warszawa         | POL       |                            | 81      | M30/557 M / 1245   | 00:50:39  | 05.03      | +0:20:07 | 0:06:32 / 1593 | 0:11:35 / 1519 | 0:25:00 / 1289 | 0:32:18 / 1436 | 0:37:42 / 1483 |
| 1336     | 4445   | DRAŻYK Małgorzata    | Warszawa         | POL       |                            | 85      | K20/34 K / 91      | 00:50:39  | 05.03      | +0:20:07 | 0:06:29 / 1510 | 0:11:40 / 1594 | 0:25:16 / 1407 | 0:32:08 / 1372 | 0:37:18 / 1363 |
| 1337     | 4714   | BRYLSKI Łukasz       | Włocławek        | POL       |                            | 84      | M20/393 M / 1246   | 00:50:40  | 05.04      | +0:20:08 | 0:06:08 / 947  | 0:10:58 / 998  | 0:24:33 / 1104 | 0:31:31 / 1173 | 0:36:56 / 1266 |
| 1338     | 4758   | WICHROWSKA Maria     | Warszawa         | POL       |                            | 83      | K30/42 K / 92      | 00:50:41  | 05.04      | +0:20:09 | 0:05:55 / 707  | 0:10:34 / 720  | 0:23:43 / 847  | 0:31:36 / 1207 | 0:37:04 / 1307 |
| 1339     | 4546   | LUCZAK Paweł         | Warszawa         | POL       | Polsat Biega               | 72      | M40/215 M / 1247   | 00:50:41  | 05.04      | +0:20:09 | 0:06:04 / 870  | 0:10:55 / 952  | 0:24:16 / 1007 | 0:31:19 / 1114 | 0:36:40 / 1191 |
| 1340     | 248    | ROMANIAK Jarosław    | Warszawa         | POL       | Pko                        | 83      | M30/558 M / 1248   | 00:50:41  | 05.04      | +0:20:09 | 0:06:01 / 808  | 0:10:50 / 894  | 0:24:28 / 1073 | 0:31:50 / 1283 | 0:36:49 / 1237 |
| 1341     | 6468   | FERUŚ Przemek        | Warszawa         | POL       |                            | 85      | M20/394 M / 1249   | 00:50:41  | 05.04      | +0:20:09 | 0:07:25 / 2969 | 0:12:52 / 2684 | 0:26:56 / 2105 | 0:33:28 / 1805 | 0:38:23 / 1665 |
| 1342     | 2692   | GRZYB Adrian         | Radom            | POL       |                            | 81      | M30/559 M / 1250   | 00:50:42  | 05.04      | +0:20:10 | 0:06:16 / 1163 | 0:11:28 / 1410 | 0:25:03 / 1317 | 0:32:02 / 1338 | 0:37:15 / 1347 |
| 1343     | 6414   | CZYŻEWSKI Piotr      | Łódź             | POL       | Straż Miejska Łódź         | 65      | M40/216 M / 1251   | 00:50:43  | 05.04      | +0:20:11 | 0:06:24 / 1385 | 0:11:27 / 1397 | 0:25:03 / 1318 | 0:31:47 / 1265 | 0:36:57 / 1272 |
| 1344     | 5721   | GAŁECKI Tomasz       | Warszawa         | POL       | Euro-net                   | 70      | M40/217 M / 1252   | 00:50:43  | 05.04      | +0:20:11 | 0:06:14 / 1122 | 0:11:12 / 1185 | 0:24:49 / 1205 | 0:31:52 / 1292 | 0:37:02 / 1293 |
| 1345     | 5568   | PIKIEL Piotr         | Raszyn           | POL       | Ks Raszyn                  | 73      | M40/218 M / 1253   | 00:50:43  | 05.04      | +0:20:11 | 0:06:59 / 2363 | 0:11:58 / 1883 | 0:25:19 / 1431 | 0:32:13 / 1399 | 0:37:26 / 1398 |
| 1346     | 4023   | TOMASZEWSKI Piotr    | Lublin           | POL       |                            | 80      | M30/560 M / 1254   | 00:50:43  | 05.04      | +0:20:12 | 0:06:43 / 1919 | 0:11:58 / 1885 | 0:25:32 / 1519 | 0:32:31 / 1502 | 0:37:39 / 1471 |
| 1347     | 3721   | WROTECKI Paweł       | Warszawa         | POL       |                            | 60      | M50/60 M / 1255    | 00:50:44  | 05.04      | +0:20:12 | 0:06:31 / 1587 | 0:11:27 / 1403 | 0:25:01 / 1295 | 0:31:56 / 1315 | 0:37:03 / 1306 |
| 1348     | 6588   | RYDZ Michał          | Warszawa         | POL       |                            | 86      | M20/395 M / 1256   | 00:50:44  | 05.04      | +0:20:12 | 0:06:04 / 864  | 0:10:46 / 845  |                | 0:31:48 / 1267 | 0:36:54 / 1255 |





# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club  | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|--------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1388     | 106    | ROSZKIEWICZ Hubert   | Warszawa         | POL       | Zapasy                   | 13      | M / 1290           | 00:50:57  | 05.05      | +0:20:25 | 0:06:21 / 1285 | 0:11:08 / 1119 | 0:24:44 / 1175 | 0:31:55 / 1305 | 0:37:03 / 1300 |
| 1389     | 6148   | MERCHEL Dariusz      | Sulejówek        | POL       | Niezrzeszony             | 69      | M40/228 M / 1291   | 00:50:57  | 05.05      | +0:20:25 | 0:06:28 / 1485 | 0:11:38 / 1564 | 0:25:26 / 1483 | 0:32:28 / 1488 | 0:37:40 / 1473 |
| 1390     | 2487   | BRYCH Dariusz        | Radom            | POL       |                          | 62      | M50/65 M / 1292    | 00:50:57  | 05.05      | +0:20:25 | 0:06:35 / 1688 | 0:11:51 / 1760 | 0:25:43 / 1609 | 0:32:40 / 1554 | 0:37:47 / 1497 |
| 1391     | 5032   | KOSIŃSKA Marta       | Warszawa         | POL       |                          | 82      | K30/47 K / 99      | 00:50:58  | 05.05      | +0:20:26 | 0:06:56 / 2272 | 0:12:04 / 1990 | 0:25:58 / 1702 | 0:32:49 / 1600 | 0:37:49 / 1509 |
| 1392     | 4662   | MATERA Rafał         | Żabia Wola       | POL       |                          | 77      | M30/574 M / 1293   | 00:50:58  | 05.05      | +0:20:26 | 0:06:31 / 1569 | 0:11:24 / 1358 | 0:25:21 / 1446 | 0:32:22 / 1458 | 0:37:31 / 1428 |
| 1393     | 4774   | KORNELUK Dariusz     | Warszawa         | POL       |                          | 67      | M40/229 M / 1294   | 00:50:59  | 05.05      | +0:20:27 | 0:06:50 / 2142 | 0:12:19 / 2221 | 0:26:20 / 1859 | 0:33:09 / 1704 | 0:38:13 / 1624 |
| 1394     | 3342   | SMOŁA Jarosław       | Nadarzyn         | POL       |                          | 88      | M20/402 M / 1295   | 00:50:59  | 05.05      | +0:20:27 | 0:07:06 / 2524 | 0:12:33 / 2419 | 0:26:59 / 2119 | 0:33:50 / 1924 | 0:38:35 / 1727 |
| 1395     | 6096   | ZARYCHTA Kamil       | Warszawa         | POL       | Accelerate               | 82      | M30/575 M / 1296   | 00:50:59  | 05.05      | +0:20:27 | 0:06:02 / 830  | 0:11:02 / 1028 | 0:24:40 / 1145 | 0:31:44 / 1251 | 0:36:56 / 1265 |
| 1396     | 6512   | BRODZIKOWSKI Jerzy   | Warszawa         | POL       |                          | 83      | M30/576 M / 1297   | 00:51:00  | 05.06      | +0:20:28 | 0:06:35 / 1693 | 0:11:37 / 1551 | 0:25:27 / 1486 | 0:32:30 / 1496 | 0:37:39 / 1469 |
| 1397     | 6180   | PASIEROWSKI Kamil    | Legionowo        | POL       |                          | 84      | M20/403 M / 1298   | 00:51:00  | 05.06      | +0:20:28 | 0:06:40 / 1827 | 0:11:41 / 1610 | 0:24:51 / 1218 | 0:31:38 / 1217 | 0:36:45 / 1220 |
| 1398     | 5539   | POLÓŃSKI Andrzej     | Radom            | POL       | Biegim Radom             | 66      | M40/230 M / 1299   | 00:51:00  | 05.06      | +0:20:28 | 0:05:37 / 412  | 0:10:07 / 486  | 0:23:18 / 727  | 0:30:44 / 937  | 0:36:16 / 1073 |
| 1399     | 4558   | GWIAZDOWICZ Mirosław | Warszawa         | POL       |                          | 67      | M40/231 M / 1300   | 00:51:00  | 05.06      | +0:20:28 | 0:06:16 / 1165 | 0:11:18 / 1258 | 0:24:59 / 1279 | 0:32:04 / 1351 | 0:37:18 / 1365 |
| 1400     | 4733   | KONRADY Krzysztof    | Warszawa         | POL       |                          | 85      | M20/404 M / 1301   | 00:51:00  | 05.06      | +0:20:28 | 0:06:20 / 1256 | 0:11:17 / 1248 | 0:24:43 / 1172 | 0:31:35 / 1198 | 0:36:51 / 1243 |
| 1401     | 5070   | SABAT Martyna        | Warszawa         | POL       | Adwokaci                 | 87      | K20/36 K / 100     | 00:51:01  | 05.06      | +0:20:29 | 0:06:42 / 1861 | 0:11:37 / 1554 | 0:25:07 / 1346 | 0:32:38 / 1546 | 0:37:51 / 1521 |
| 1402     | 5401   | BEBAK Damian         | Zembrzyce        | POL       |                          | 86      | M20/405 M / 1302   | 00:51:01  | 05.06      | +0:20:29 | 0:06:38 / 1766 | 0:11:33 / 1473 | 0:25:23 / 1464 | 0:32:15 / 1416 | 0:37:25 / 1395 |
| 1403     | 5008   | WOLAK Jarosław       | Łódź             | POL       | Radca Prawny             | 69      | M40/232 M / 1303   | 00:51:01  | 05.06      | +0:20:29 | 0:06:50 / 2128 | 0:12:09 / 2074 | 0:26:02 / 1734 | 0:33:00 / 1657 | 0:38:02 / 1572 |
| 1404     | 6842   | KRÓLICKI Konrad      | Warszawa         | POL       | Axa Running Team         | 81      | M30/577 M / 1304   | 00:51:01  | 05.06      | +0:20:29 | 0:06:20 / 1277 | 0:11:13 / 1190 | 0:24:41 / 1153 | 0:31:47 / 1263 | 0:37:00 / 1288 |
| 1405     | 6601   | SIDOROWICZ Grzegorz  | Marki            | POL       | Axa Running Team         | 72      | M40/233 M / 1305   | 00:51:02  | 05.06      | +0:20:30 | 0:06:21 / 1280 | 0:11:29 / 1432 | 0:25:20 / 1440 | 0:32:23 / 1463 | 0:37:35 / 1447 |
| 1406     | 3330   | SKRZYPCZAK Jarosław  | Warszawa         | POL       | Kb Activesports Warszawa | 67      | M40/234 M / 1306   | 00:51:02  | 05.06      | +0:20:30 | 0:06:33 / 1634 | 0:11:44 / 1660 | 0:25:39 / 1583 | 0:32:33 / 1513 | 0:37:42 / 1487 |
| 1407     | 5638   | RAJKOWSKI Wojciech   | Pruszków         | POL       | Kb Pruszków              | 98      | M20/406 M / 1307   | 00:51:02  | 05.06      | +0:20:30 | 0:06:36 / 1719 | 0:11:51 / 1771 | 0:25:25 / 1474 | 0:32:15 / 1414 | 0:37:28 / 1408 |
| 1408     | 2742   | JAROSZ Michał        | Warszawa         | POL       |                          | 82      | M30/578 M / 1308   | 00:51:02  | 05.06      | +0:20:30 | 0:06:36 / 1709 | 0:11:36 / 1544 | 0:25:15 / 1405 | 0:32:13 / 1402 | 0:37:17 / 1358 |
| 1409     | 3987   | BARANOWSKI Tomasz    | Kozienice        | POL       |                          | 57      | M50/66 M / 1309    | 00:51:03  | 05.06      | +0:20:31 | 0:06:22 / 1308 | 0:11:12 / 1175 | 0:24:47 / 1192 | 0:31:57 / 1318 | 0:37:09 / 1326 |
| 1410     | 6106   | BARTOŃ Wojciech      | Piastów          | POL       |                          | 79      | M30/579 M / 1310   | 00:51:04  | 05.06      | +0:20:32 | 0:06:32 / 1615 | 0:11:32 / 1460 | 0:25:09 / 1361 | 0:32:11 / 1390 | 0:37:21 / 1378 |
| 1411     | 6584   | ROSTKOWSKI Bartosz   | Warszawa         | POL       |                          | 80      | M30/580 M / 1311   | 00:51:04  | 05.06      | +0:20:32 | 0:06:31 / 1559 | 0:11:40 / 1598 | 0:25:26 / 1476 | 0:32:24 / 1470 | 0:37:38 / 1464 |
| 1412     | 2636   | GARDZIELIK Piotr     | Warszawa         | POL       |                          | 72      | M40/235 M / 1312   | 00:51:04  | 05.06      | +0:20:33 | 0:06:15 / 1140 | 0:11:02 / 1035 | 0:23:55 / 898  | 0:31:14 / 1081 | 0:36:35 / 1167 |
| 1413     | 3032   | MATYSZCZAK Robert    | Kłobuck          | POL       |                          | 90      | M20/407 M / 1313   | 00:51:05  | 05.06      | +0:20:33 | 0:05:55 / 702  | 0:10:41 / 790  | 0:24:16 / 1003 | 0:31:36 / 1209 | 0:37:02 / 1297 |
| 1414     | 4032   | PACZKOWSKI Arkadiusz | Gdańsk           | POL       |                          | 72      | M40/236 M / 1314   | 00:51:05  | 05.06      | +0:20:33 | 0:06:06 / 912  | 0:11:04 / 1070 | 0:24:57 / 1266 | 0:32:08 / 1370 | 0:37:17 / 1357 |
| 1415     | 6498   | MORLO Łukasz         | Warszawa         | POL       | Warsaw Red Devils        | 83      | M30/581 M / 1315   | 00:51:05  | 05.06      | +0:20:33 | 0:06:25 / 1412 | 0:11:29 / 1435 | 0:24:48 / 1199 | 0:31:40 / 1229 | 0:36:51 / 1244 |
| 1416     | 6586   | SZCZERBA Błażej      | Piaseczno        | POL       | Rh Fitness               | 73      | M40/237 M / 1316   | 00:51:05  | 05.06      | +0:20:33 | 0:06:45 / 1965 | 0:11:50 / 1741 | 0:25:26 / 1480 | 0:32:25 / 1471 | 0:37:33 / 1436 |
| 1417     | 2785   | KAMIŃSKI Marcin      | Tłuchowo         | POL       | Brak                     | 78      | M30/582 M / 1317   | 00:51:06  | 05.06      | +0:20:34 | 0:06:37 / 1732 | 0:11:55 / 1835 | 0:25:45 / 1619 | 0:32:42 / 1565 | 0:37:50 / 1514 |
| 1418     | 6746   | FOJUD Tadeusz        | Pruszków         | POL       |                          | 84      | M20/408 M / 1318   | 00:51:06  | 05.06      | +0:20:34 | 0:05:59 / 774  | 0:10:42 / 801  | 0:24:26 / 1066 | 0:31:39 / 1221 | 0:36:59 / 1279 |
| 1419     | 6946   | SOCHACKI Mariusz     | Warszawa         | POL       | T-mobile Running Team    | 75      | M30/583 M / 1319   | 00:51:06  | 05.06      | +0:20:34 | 0:06:04 / 869  | 0:10:53 / 927  | 0:24:51 / 1224 | 0:31:58 / 1322 | 0:37:15 / 1349 |
| 1420     | 3043   | MIERZICKI Marcel     | Warszawa         | POL       |                          | 82      | M30/584 M / 1320   | 00:51:07  | 05.06      | +0:20:35 | 0:06:11 / 1014 | 0:11:13 / 1197 | 0:24:54 / 1243 | 0:32:02 / 1341 | 0:37:11 / 1338 |
| 1421     | 4545   | JASIŃSKI Filip       | Warszawa         | POL       |                          | 76      | M30/585 M / 1321   | 00:51:07  | 05.06      | +0:20:35 | 0:06:13 / 1073 | 0:11:09 / 1124 | 0:24:56 / 1261 | 0:32:08 / 1369 | 0:37:22 / 1380 |
| 1422     | 5457   | BUJAK Tomasz         | Komorniki K.     | POL       |                          | 74      | M30/586 M / 1322   | 00:51:07  | 05.06      | +0:20:35 | 0:06:48 / 2047 | 0:12:06 / 2022 | 0:26:11 / 1805 | 0:33:24 / 1786 | 0:38:32 / 1714 |
| 1423     | 4423   | PIASECKI Jakub       | Warszawa         | POL       |                          | 87      | M20/409 M / 1323   | 00:51:07  | 05.06      | +0:20:35 | 0:06:10 / 1010 | 0:10:56 / 964  | 0:24:09 / 971  | 0:31:27 / 1151 | 0:36:53 / 1250 |
| 1424     | 897    | RÓŻYCKA Małgorzata   | Warszawa         | POL       |                          | 79      | K30/48 K / 101     | 00:51:08  | 05.06      | +0:20:36 | 0:06:36 / 1703 | 0:11:45 / 1665 | 0:25:34 / 1542 | 0:32:31 / 1508 | 0:37:45 / 1493 |
| 1425     | 4823   | POGAN Krzysztof      | Kraków           | POL       |                          | 58      | M50/67 M / 1324    | 00:51:08  | 05.06      | +0:20:36 | 0:06:38 / 1764 | 0:11:42 / 1630 | 0:25:10 / 1366 | 0:32:14 / 1408 | 0:37:35 / 1448 |
| 1426     | 6472   | FIRLEJ Łukasz        | Warszawa         | POL       |                          | 78      | M30/587 M / 1325   | 00:51:08  | 05.06      | +0:20:37 | 0:06:24 / 1390 | 0:11:22 / 1340 | 0:25:10 / 1363 | 0:32:19 / 1439 | 0:37:31 / 1426 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                  | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|--|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1427     | 4755   | MIĘTEK Jarosław        | Legionowo        | POL       | Serock Biega Z Hotelem Narvil Conference | 64 M40/238 | M / 1326           | 00:51:09  | 05.06      | +0:20:37 | 0:06:00 / 790  | 0:10:44 / 822  | 0:24:13 / 986  | 0:31:36 / 1211 | 0:37:07 / 1317 |
| 1428     | 3582   | WYBIRAL Agata          | Warszawa         | POL       | Obi-boki Runnig Crew                     | 84 K20/37  | K / 102            | 00:51:10  | 05.07      | +0:20:38 | 0:06:18 / 1216 | 0:11:14 / 1210 | 0:25:00 / 1291 | 0:32:04 / 1350 | 0:37:21 / 1376 |
| 1429     | 208    | WÓJCIK Kamil           | Radom            | POL       | Pko                                      | 88 M20/410 | M / 1327           | 00:51:10  | 05.07      | +0:20:38 | 0:06:40 / 1833 | 0:12:04 / 1998 | 0:26:06 / 1769 | 0:32:56 / 1637 | 0:38:01 / 1563 |
| 1430     | 5491   | BINDAS Lesław          | Lublin           | POL       | Adwokaci                                 | 52 M60/9   | M / 1328           | 00:51:10  | 05.07      | +0:20:38 | 0:06:38 / 1769 | 0:11:43 / 1639 | 0:25:45 / 1620 | 0:32:43 / 1573 | 0:37:42 / 1488 |
| 1431     | 6711   | SZCZEPAŃSKI Adam       | Milanówek        | POL       |  | 81 M30/588 | M / 1329           | 00:51:10  | 05.07      | +0:20:38 | 0:05:58 / 755  | 0:11:14 / 1204 | 0:25:00 / 1287 | 0:32:11 / 1388 | 0:37:29 / 1415 |
| 1432     | 4568   | MONTEWKA Łukasz        | Siedlce          | POL       |  | 84 M20/411 | M / 1330           | 00:51:10  | 05.07      | +0:20:38 | 0:06:30 / 1535 | 0:11:47 / 1699 | 0:25:41 / 1593 | 0:32:46 / 1587 | 0:38:03 / 1580 |
| 1433     | 4078   | MOISSONNIER Sylvain    | Warszawa         | POL       | Bayer Life Team                          | 73 M40/239 | M / 1331           | 00:51:10  | 05.07      | +0:20:38 | 0:07:12 / 2671 | 0:12:28 / 2342 | 0:25:51 / 1656 | 0:32:35 / 1531 | 0:37:39 / 1468 |
| 1434     | 5958   | JASIŃSKI Konrad        | Warszawa         | POL       |  | 73 M40/240 | M / 1332           | 00:51:11  | 05.07      | +0:20:39 | 0:06:25 / 1418 | 0:11:28 / 1419 | 0:25:11 / 1377 | 0:32:13 / 1405 | 0:37:23 / 1386 |
| 1435     | 6189   | ŚWIĘCICKI Tomasz       | Warszawa         | POL       |  | 82 M30/589 | M / 1333           | 00:51:11  | 05.07      | +0:20:39 | 0:06:07 / 941  | 0:11:03 / 1049 | 0:24:30 / 1091 | 0:31:55 / 1310 | 0:37:20 / 1371 |
| 1436     | 3322   | SKIBNIEWSKI Krzysztof  | Warszawa         | POL       | Onet Sport Team                          | 79 M30/590 | M / 1334           | 00:51:11  | 05.07      | +0:20:39 | 0:06:24 / 1400 | 0:11:25 / 1379 | 0:25:08 / 1350 | 0:32:17 / 1430 | 0:37:24 / 1393 |
| 1437     | 6238   | GROCHOWSKI Grzegorz    | Warszawa         | POL       | Biegamy Z Ochotą                         | 61 M50/68  | M / 1335           | 00:51:11  | 05.07      | +0:20:39 | 0:06:48 / 2058 | 0:12:00 / 1922 | 0:25:53 / 1673 | 0:32:47 / 1593 | 0:37:51 / 1519 |
| 1438     | 5403   | KURDEL Jan             | Wysoczyn         | POL       |  | 89 M20/412 | M / 1336           | 00:51:11  | 05.07      | +0:20:39 | 0:06:48 / 2059 | 0:12:11 / 2116 | 0:26:17 / 1841 | 0:33:08 / 1698 | 0:38:04 / 1583 |
| 1439     | 3933   | NADOLSKI Piotr         | Warszawa         | POL       |  | 73 M40/241 | M / 1337           | 00:51:12  | 05.07      | +0:20:40 | 0:06:19 / 1252 | 0:11:08 / 1112 | 0:24:45 / 1182 | 0:31:47 / 1261 | 0:37:07 / 1316 |
| 1440     | 4566   | RUTKOWSKI Piotr        | Warszawa         | POL       |  | 76 M30/591 | M / 1338           | 00:51:12  | 05.07      | +0:20:40 | 0:06:39 / 1802 | 0:11:51 / 1768 | 0:25:18 / 1417 | 0:32:28 / 1489 | 0:37:45 / 1492 |
| 1441     | 3747   | OZIMOWSKI Paweł        | Jaroszowa Wola   | POL       |  | 91 M20/413 | M / 1339           | 00:51:12  | 05.07      | +0:20:40 | 0:06:23 / 1349 | 0:11:37 / 1547 | 0:25:30 / 1504 | 0:32:31 / 1504 | 0:38:03 / 1574 |
| 1442     | 4441   | JANISZEWSKI Tomasz     | Warszawa         | POL       |  | 91 M20/414 | M / 1340           | 00:51:12  | 05.07      | +0:20:41 | 0:06:01 / 816  | 0:11:24 / 1354 | 0:25:20 / 1438 | 0:32:22 / 1459 | 0:37:42 / 1484 |
| 1443     | 5789   | SKIBA Radosław         | Zwierzyniec      | POL       |  | 83 M30/592 | M / 1341           | 00:51:13  | 05.07      | +0:20:41 | 0:06:50 / 2134 | 0:12:01 / 1932 | 0:26:04 / 1751 | 0:33:10 / 1716 | 0:38:27 / 1686 |
| 1444     | 2489   | BRZEZIŃSKI Waldemar    | Nowe Miasto N    | POL       | Niezrzeszony                             | 65 M40/242 | M / 1342           | 00:51:14  | 05.07      | +0:20:42 | 0:06:33 / 1644 | 0:11:27 / 1393 | 0:25:15 / 1394 | 0:32:12 / 1396 | 0:37:16 / 1352 |
| 1445     | 4593   | KALBARCZYK Katarzyna   | Warszawa         | POL       |  | 84 K20/38  | K / 103            | 00:51:14  | 05.07      | +0:20:42 | 0:06:40 / 1810 | 0:11:52 / 1781 | 0:25:29 / 1501 | 0:32:37 / 1540 | 0:37:53 / 1527 |
| 1446     | 5233   | MAJEWSKI Grzegorz      | Warszawa         | POL       | Adwokaci                                 | 87 M20/415 | M / 1343           | 00:51:14  | 05.07      | +0:20:42 | 0:07:17 / 2795 | 0:12:55 / 2723 | 0:26:40 / 1997 | 0:33:27 / 1798 | 0:38:26 / 1679 |
| 1447     | 5505   | DZIEKOŃSKI Jacek       | Warszawa         | POL       | Kondycja                                 | 57 M50/69  | M / 1344           | 00:51:14  | 05.07      | +0:20:42 | 0:06:32 / 1595 | 0:11:34 / 1505 | 0:25:08 / 1349 | 0:32:02 / 1336 | 0:37:20 / 1369 |
| 1448     | 3076   | MROWICKI Grzegorz      | Łódź             | POL       |  | 63 M50/70  | M / 1345           | 00:51:15  | 05.07      | +0:20:43 | 0:06:21 / 1293 | 0:11:21 / 1313 | 0:25:00 / 1288 | 0:32:01 / 1331 | 0:37:17 / 1360 |
| 1449     | 2970   | LISOWSKA-RAKOWSKA Anna | Warszawa         | POL       |  | 83 K30/49  | K / 104            | 00:51:15  | 05.07      | +0:20:43 | 0:06:22 / 1317 | 0:11:25 / 1378 | 0:25:13 / 1385 | 0:32:07 / 1367 | 0:37:29 / 1418 |
| 1450     | 2848   | KONIK Konrad           | Warszawa         | POL       | Sosnowy Las Team                         | 86 M20/416 | M / 1346           | 00:51:16  | 05.07      | +0:20:44 | 0:06:32 / 1609 | 0:11:45 / 1663 | 0:25:29 / 1502 | 0:32:31 / 1506 | 0:37:50 / 1513 |
| 1451     | 4803   | JĘCKA Jakub            | Warszawa         | POL       |  | 84 M20/417 | M / 1347           | 00:51:16  | 05.07      | +0:20:44 | 0:06:23 / 1346 | 0:11:20 / 1292 | 0:25:15 / 1402 | 0:32:20 / 1449 | 0:37:33 / 1435 |
| 1452     | 5338   | KRAWCZYK Wojciech      | Warszawa         | POL       |  | 69 M40/243 | M / 1348           | 00:51:16  | 05.07      | +0:20:44 | 0:05:53 / 662  | 0:10:31 / 692  | 0:23:22 / 741  | 0:31:11 / 1066 | 0:36:28 / 1136 |
| 1453     | 3233   | PRZYBYLAK Mikołaj      | Poznań           | POL       | Poznań                                   | 90 M20/418 | M / 1349           | 00:51:16  | 05.07      | +0:20:44 | 0:07:30 / 3094 | 0:13:12 / 2945 | 0:28:09 / 2578 | 0:35:28 / 2417 | 0:40:02 / 2096 |
| 1454     | 5236   | MATERA Michał          | Warszawa         | POL       | Adwokaci                                 | 81 M30/593 | M / 1350           | 00:51:17  | 05.07      | +0:20:45 | 0:06:43 / 1896 | 0:12:09 / 2075 | 0:26:34 / 1947 | 0:33:27 / 1796 | 0:38:27 / 1685 |
| 1455     | 304    | SEJ Maciej             | Łódź             | POL       | Pko                                      | 72 M40/244 | M / 1351           | 00:51:17  | 05.07      | +0:20:45 | 0:06:09 / 986  | 0:11:09 / 1140 | 0:24:49 / 1207 | 0:32:07 / 1366 | 0:37:30 / 1423 |
| 1456     | 6129   | SAMOJLIK Zbigniew      | Piaseczno        | POL       | Kondycja                                 | 71 M40/245 | M / 1352           | 00:51:17  | 05.07      | +0:20:45 | 0:06:26 / 1436 | 0:11:39 / 1574 | 0:25:20 / 1443 | 0:32:15 / 1412 | 0:37:34 / 1439 |
| 1457     | 4541   | KRÓL Łukasz            | Warszawa         | POL       | Raiffeisen Polbank                       | 81 M30/594 | M / 1353           | 00:51:17  | 05.07      | +0:20:45 | 0:06:02 / 821  | 0:10:29 / 665  | 0:23:36 / 812  | 0:30:59 / 1008 | 0:36:30 / 1147 |
| 1458     | 6719   | DEMBIŃSKI Marcin       | Tczew            | POL       | Brak                                     | 77 M30/595 | M / 1354           | 00:51:17  | 05.07      | +0:20:45 | 0:06:24 / 1384 | 0:11:33 / 1482 | 0:25:38 / 1574 | 0:32:35 / 1529 | 0:37:42 / 1485 |
| 1459     | 6521   | REK Kamil              | Suchowizna       | POL       | Student                                  | 92 M20/419 | M / 1355           | 00:51:17  | 05.07      | +0:20:45 | 0:05:59 / 765  | 0:10:49 / 884  | 0:24:21 / 1030 | 0:31:41 / 1232 | 0:37:09 / 1330 |
| 1460     | 4031   | FALKIEWICZ Krzysztof   | Warszawa         | POL       |  | 71 M40/246 | M / 1356           | 00:51:18  | 05.07      | +0:20:46 | 0:06:10 / 1006 | 0:11:06 / 1090 | 0:25:14 / 1392 | 0:32:27 / 1482 | 0:37:52 / 1524 |
| 1461     | 4641   | ŚWIERCZEWSKI Marcin    | Warszawa         | POL       |  | 79 M30/596 | M / 1357           | 00:51:18  | 05.07      | +0:20:46 | 0:06:50 / 2106 | 0:12:04 / 1997 | 0:25:58 / 1701 | 0:32:50 / 1604 | 0:37:52 / 1525 |
| 1462     | 6150   | KOBESZKO Paweł         | Warszawa         | POL       | Bbl                                      | 80 M30/597 | M / 1358           | 00:51:19  | 05.07      | +0:20:47 | 0:07:37 / 3231 | 0:13:22 / 3075 | 0:28:01 / 2530 | 0:34:30 / 2134 | 0:39:13 / 1896 |
| 1463     | 5044   | ZWARA Andrzej          | Sopot            | POL       | Adwokaci                                 | 63 M50/71  | M / 1359           | 00:51:19  | 05.07      | +0:20:48 | 0:06:49 / 2083 | 0:12:25 / 2305 | 0:26:55 / 2093 | 0:33:49 / 1919 | 0:39:00 / 1836 |
| 1464     | 4855   | CHOJNACKI Tomasz       | Warszawa         | POL       |  | 72 M40/247 | M / 1360           | 00:51:20  | 05.08      | +0:20:48 | 0:06:23 / 1347 | 0:11:10 / 1145 | 0:24:56 / 1262 | 0:32:10 / 1386 | 0:37:25 / 1394 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|----------------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1465     | 5675   | CZERWONKA Krzysztof        | Warszawa         | POL       |                                  | 82 M30/598 | M / 1361           | 00:51:20  | 05.08      | +0:20:48 | 0:06:20 / 1254 | 0:11:31 / 1450 | 0:26:01 / 1724 | 0:33:11 / 1718 | 0:38:38 / 1746 |
| 1466     | 2576   | DENKIEWICZ Jacek           | Zawidz           | POL       | Niezrzeszony                     | 85 M20/420 | M / 1362           | 00:51:20  | 05.08      | +0:20:48 | 0:06:40 / 1820 | 0:11:55 / 1827 | 0:25:25 / 1469 | 0:32:21 / 1450 | 0:37:34 / 1442 |
| 1467     | 6724   | STANISZEWSKI Waldemar      | Warszawa         | POL       | Tarchomin Wieś                   | 48 M60/10  | M / 1363           | 00:51:20  | 05.08      | +0:20:48 | 0:06:32 / 1588 | 0:11:34 / 1508 | 0:25:19 / 1434 | 0:32:23 / 1462 | 0:37:36 / 1456 |
| 1468     | 5074   | SÓJKA Tomasz               | Warszawa         | POL       | Adwokaci                         | 87 M20/421 | M / 1364           | 00:51:21  | 05.08      | +0:20:49 | 0:06:53 / 2201 | 0:12:00 / 1927 | 0:25:50 / 1647 | 0:33:09 / 1708 | 0:38:14 / 1625 |
| 1469     | 4941   | WOŁOSZCZUK Adam            | Warszawa         | POL       |                                  | 81 M30/599 | M / 1365           | 00:51:21  | 05.08      | +0:20:49 | 0:06:58 / 2301 | 0:12:21 / 2259 | 0:26:10 / 1803 | 0:32:55 / 1633 | 0:38:03 / 1575 |
| 1470     | 4090   | ZIACH Waldemar             | Podkowa Leśna    | POL       | Podkowińskie Towarzystwo Biegowe | 61 M50/72  | M / 1366           | 00:51:21  | 05.08      | +0:20:49 | 0:06:31 / 1572 | 0:11:40 / 1600 | 0:25:39 / 1581 | 0:32:38 / 1548 | 0:37:47 / 1496 |
| 1471     | 6646   | NAPIÓRKOWSKI Tomasz        | Warszawa         | POL       |                                  | 86 M20/422 | M / 1367           | 00:51:22  | 05.08      | +0:20:50 | 0:06:11 / 1031 | 0:11:05 / 1082 | 0:25:06 / 1334 | 0:32:21 / 1453 | 0:37:39 / 1472 |
| 1472     | 4720   | JURCZAK Dominik            | Warszawa         | POL       |                                  | 78 M30/600 | M / 1368           | 00:51:23  | 05.08      | +0:20:51 | 0:06:34 / 1649 | 0:11:36 / 1546 | 0:25:22 / 1451 | 0:32:25 / 1475 | 0:37:38 / 1465 |
| 1473     | 442    | SIEMIŃSKI Sławomir         |                  | POL       | Dowództwo Garnizonu              | 13         | M / 1369           | 00:51:23  | 05.08      | +0:20:51 | 0:06:59 / 2358 | 0:12:07 / 2041 | 0:25:49 / 1642 | 0:32:50 / 1607 | 0:38:01 / 1564 |
| 1474     | 5082   | SYCHOWICZ Tomasz           | Warszawa         | POL       | Adwokaci                         | 86 M20/423 | M / 1370           | 00:51:23  | 05.08      | +0:20:52 | 0:06:27 / 1471 | 0:11:35 / 1513 | 0:25:58 / 1704 | 0:33:12 / 1727 | 0:38:25 / 1677 |
| 1475     | 2449   | BIDZIŃSKA Elżbieta         | Warszawa         | POL       |                                  | 82 K30/50  | K / 105            | 00:51:24  | 05.08      | +0:20:52 | 0:06:03 / 852  | 0:11:00 / 1010 | 0:24:58 / 1274 | 0:32:11 / 1389 | 0:37:29 / 1412 |
| 1476     | 312    | ZAPOROWSKI Marcin          | Warszawa         | POL       | Pko                              | 82 M30/601 | M / 1371           | 00:51:24  | 05.08      | +0:20:52 | 0:06:25 / 1408 | 0:11:19 / 1280 | 0:25:00 / 1293 | 0:32:12 / 1393 | 0:37:21 / 1374 |
| 1477     | 4129   | KRUPCZYŃSKI Szymon         | Raszyn           | POL       |                                  | 91 M20/424 | M / 1372           | 00:51:24  | 05.08      | +0:20:52 | 0:07:01 / 2416 | 0:12:21 / 2262 | 0:26:15 / 1833 | 0:32:54 / 1629 | 0:38:03 / 1577 |
| 1478     | 5883   | KOZŁOWSKA Anna             | Warszawa         | POL       | Biegnij Warszawo                 | 80 K30/51  | K / 106            | 00:51:25  | 05.08      | +0:20:53 | 0:06:26 / 1438 | 0:11:20 / 1302 | 0:25:02 / 1300 | 0:32:13 / 1400 | 0:37:22 / 1381 |
| 1479     | 4552   | WINNICKI Łukasz            | Warszawa         | POL       | Praskie Rydwany Ognia            | 87 M20/425 | M / 1373           | 00:51:25  | 05.08      | +0:20:53 | 0:06:48 / 2073 | 0:12:06 / 2025 | 0:25:57 / 1696 | 0:32:55 / 1635 | 0:38:06 / 1592 |
| 1480     | 33     | BODNAR Adam                | Warszawa         | POL       |                                  | 77 M30/602 | M / 1374           | 00:51:25  | 05.08      | +0:20:53 | 0:06:12 / 1058 | 0:11:05 / 1083 | 0:24:45 / 1186 | 0:31:49 / 1275 | 0:37:09 / 1328 |
| 1481     | 4711   | SZLĘZAK Marcin             | Warszawa         | POL       |                                  | 81 M30/603 | M / 1375           | 00:51:26  | 05.08      | +0:20:54 | 0:06:43 / 1908 | 0:11:57 / 1880 | 0:25:59 / 1714 | 0:32:59 / 1654 | 0:38:14 / 1627 |
| 1482     | 3475   | TARNOWSKI Aleksander       | Żyrardów         | POL       | Brak                             | 81 M30/604 | M / 1376           | 00:51:26  | 05.08      | +0:20:54 | 0:06:46 / 1989 | 0:11:56 / 1847 | 0:26:11 / 1804 | 0:33:19 / 1762 | 0:38:28 / 1696 |
| 1483     | 3072   | MORAWSKI Mirosław          | Radom            | POL       | Biegiem Radom                    | 68 M40/248 | M / 1377           | 00:51:26  | 05.08      | +0:20:54 | 0:06:00 / 787  | 0:10:39 / 781  | 0:24:14 / 988  | 0:32:01 / 1335 | 0:37:26 / 1399 |
| 1484     | 5452   | LEWIŃSKI Adam              | Warszawa         | POL       |                                  | 82 M30/605 | M / 1378           | 00:51:27  | 05.08      | +0:20:55 | 0:06:45 / 1970 | 0:11:56 / 1850 | 0:25:50 / 1652 | 0:32:50 / 1606 | 0:37:59 / 1557 |
| 1485     | 6684   | LUPIŃSKI Karol             | Zambrów          | POL       | Risz                             | 89 M20/426 | M / 1379           | 00:51:27  | 05.08      | +0:20:55 | 0:06:52 / 2172 | 0:11:59 / 1908 | 0:25:42 / 1602 | 0:32:43 / 1576 | 0:37:53 / 1526 |
| 1486     | 2758   | JEZ Mariusz                | Piotrków Tryb.   | POL       |                                  | 72 M40/249 | M / 1380           | 00:51:28  | 05.08      | +0:20:56 | 0:06:14 / 1103 | 0:10:53 / 936  | 0:23:56 / 901  | 0:31:15 / 1092 | 0:36:42 / 1202 |
| 1487     | 6606   | GRONDIK Tomasz             | Warszawa         | POL       | Aviva Running Team               | 81 M30/606 | M / 1381           | 00:51:28  | 05.08      | +0:20:56 | 0:06:43 / 1902 | 0:11:59 / 1909 | 0:25:36 / 1555 | 0:32:27 / 1483 | 0:37:50 / 1512 |
| 1488     | 1944   | BLAUTENBERG Leszek         | Warszawa         | POL       |                                  | 64 M40/250 | M / 1382           | 00:51:28  | 05.08      | +0:20:56 | 0:06:19 / 1247 | 0:11:03 / 1043 | 0:24:44 / 1174 | 0:32:03 / 1346 | 0:37:27 / 1404 |
| 1489     | 4504   | DYCHTO Michał              | Pabianice        | POL       |                                  | 75 M30/607 | M / 1383           | 00:51:28  | 05.08      | +0:20:57 | 0:06:10 / 993  | 0:11:16 / 1230 | 0:25:04 / 1324 | 0:32:17 / 1427 | 0:37:30 / 1422 |
| 1490     | 4333   | KRAJEWSKA-SUSKIEWICZ Magda | Warszawa         | POL       | Obozybiegowe.pl                  | 74 K30/52  | K / 107            | 00:51:29  | 05.08      | +0:20:57 | 0:07:00 / 2387 | 0:12:17 / 2197 | 0:26:03 / 1744 | 0:32:56 / 1636 | 0:38:05 / 1585 |
| 1491     | 6697   | MASZEWSKA Agata            | Warszawa         | POL       |                                  | 85 K20/39  | K / 108            | 00:51:30  | 05.09      | +0:20:58 | 0:06:34 / 1651 | 0:11:39 / 1578 | 0:25:30 / 1505 | 0:32:25 / 1476 | 0:37:33 / 1433 |
| 1492     | 5862   | HANGIEL Bolesław           | Szydłowiec       | POL       |                                  | 90 M20/427 | M / 1384           | 00:51:30  | 05.09      | +0:20:58 | 0:06:11 / 1018 | 0:11:11 / 1160 | 0:24:48 / 1202 | 0:32:13 / 1401 | 0:37:39 / 1467 |
| 1493     | 5286   | GAJ Jacek                  | Warszawa         | POL       | Adwokaci                         | 80 M30/608 | M / 1385           | 00:51:30  | 05.09      | +0:20:58 | 0:06:04 / 876  | 0:11:03 / 1046 | 0:25:04 / 1320 | 0:32:17 / 1428 | 0:37:42 / 1486 |
| 1494     | 4086   | KURPIEWSKI Michał          | Ostrolęka        | POL       |                                  | 88 M20/428 | M / 1386           | 00:51:30  | 05.09      | +0:20:58 | 0:06:30 / 1530 | 0:11:35 / 1523 | 0:25:30 / 1508 | 0:32:34 / 1520 | 0:37:50 / 1517 |
| 1495     | 5649   | SARTANOWICZ Piotr          | Włocławek        | POL       |                                  | 73 M40/251 | M / 1387           | 00:51:30  | 05.09      | +0:20:58 | 0:06:55 / 2248 | 0:12:01 / 1948 | 0:26:10 / 1793 | 0:33:05 / 1686 | 0:38:11 / 1610 |
| 1496     | 3427   | SZEWCZYK Robert            | Olsztyn          | POL       |                                  | 80 M30/609 | M / 1388           | 00:51:32  | 05.09      | +0:21:00 | 0:06:40 / 1808 | 0:11:44 / 1654 | 0:25:22 / 1457 | 0:32:12 / 1395 | 0:37:37 / 1458 |
| 1497     | 6407   | BIELAWSKI Leszek           | Okuniew          | POL       |                                  | 76 M30/610 | M / 1389           | 00:51:32  | 05.09      | +0:21:00 | 0:06:36 / 1712 | 0:11:41 / 1616 | 0:25:34 / 1543 | 0:32:43 / 1569 | 0:37:48 / 1503 |
| 1498     | 4487   | SOCHA Paweł                | Ząbki            | POL       | 12tri.pl                         | 86 M20/429 | M / 1390           | 00:51:32  | 05.09      | +0:21:01 | 0:06:51 / 2151 | 0:12:08 / 2066 | 0:26:00 / 1719 | 0:32:57 / 1641 | 0:38:06 / 1591 |
| 1499     | 6544   | PIETRZAK Dariusz           | Warszawa         | POL       |                                  | 73 M40/252 | M / 1391           | 00:51:32  | 05.09      | +0:21:01 | 0:06:53 / 2195 | 0:12:11 / 2109 | 0:26:24 / 1891 | 0:33:30 / 1817 | 0:38:39 / 1748 |
| 1500     | 2901   | KRUK Grzegorz              | Kraków           | POL       | Bankierzy                        | 84 M20/430 | M / 1392           | 00:51:33  | 05.09      | +0:21:01 | 0:06:24 / 1381 | 0:11:18 / 1262 | 0:24:42 / 1166 | 0:31:53 / 1297 | 0:37:16 / 1356 |
| 1501     | 4192   | SIWIK Paweł                | Ręczaje Polskie  | POL       | Zadzyszka Wołomin                | 89 M20/431 | M / 1393           | 00:51:33  | 05.09      | +0:21:01 | 0:06:46 / 1988 | 0:11:58 / 1887 | 0:26:03 / 1746 | 0:33:06 / 1688 | 0:38:11 / 1612 |
| 1502     | 5455   | RUDOLF Marcin              | Warszawa         | POL       | Bankowców                        | 80 M30/611 | M / 1394           | 00:51:33  | 05.09      | +0:21:01 | 0:06:16 / 1174 | 0:11:13 / 1201 | 0:24:51 / 1222 | 0:31:55 / 1308 | 0:37:12 / 1341 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1503     | 6637   | POLEĆ Michał           | Warszawa         | POL       |                         | 75      | M30/612 M / 1395   | 00:51:33  | 05.09      | +0:21:01 | 0:06:44 / 1944 | 0:12:05 / 2008 | 0:26:04 / 1755 | 0:32:56 / 1638 | 0:38:12 / 1617 |
| 1504     | 5944   | NIEDBAŁA Kamil         | Warszawa         | POL       | Lennox                  | 88      | M20/432 M / 1396   | 00:51:33  | 05.09      | +0:21:01 | 0:06:35 / 1684 | 0:11:39 / 1581 | 0:25:36 / 1557 | 0:32:32 / 1511 | 0:37:42 / 1478 |
| 1505     | 3492   | TRZEPADŁEK Ireneusz    | Piotrków         | POL       | Aks Polonia             | 60      | M50/73 M / 1397    | 00:51:33  | 05.09      | +0:21:02 | 0:06:34 / 1653 | 0:11:33 / 1486 | 0:25:15 / 1400 | 0:32:20 / 1445 | 0:37:40 / 1474 |
| 1506     | 1167   | KUCIŃSKI Łukasz        | Warszawa         | POL       |                         | 78      | M30/613 M / 1398   | 00:51:35  | 05.09      | +0:21:03 | 0:06:07 / 928  | 0:10:59 / 1008 | 0:24:43 / 1173 | 0:32:06 / 1362 | 0:37:24 / 1391 |
| 1507     | 4684   | BELC Piotr             | Warszawa         | POL       |                         | 77      | M30/614 M / 1399   | 00:51:35  | 05.09      | +0:21:03 | 0:06:23 / 1345 | 0:11:19 / 1288 | 0:24:59 / 1283 | 0:32:07 / 1365 | 0:37:21 / 1372 |
| 1508     | 6741   | GÓRSKI Jan             | Otrębysy         | POL       | Ks Kubuś Puchatek       | 87      | M20/433 M / 1400   | 00:51:35  | 05.09      | +0:21:03 | 0:05:13 / 170  | 0:09:44 / 316  | 0:23:20 / 735  | 0:30:23 / 855  | 0:35:42 / 944  |
| 1509     | 5707   | TUREK Michał           | Pułtusk          | POL       |                         | 83      | M30/615 M / 1401   | 00:51:35  | 05.09      | +0:21:03 | 0:06:40 / 1812 | 0:11:47 / 1697 | 0:25:38 / 1572 | 0:32:38 / 1549 | 0:37:55 / 1533 |
| 1510     | 74     | KWIATEK Jarosław       |                  | POL       | Policja                 | 71      | M40/253 M / 1402   | 00:51:36  | 05.09      | +0:21:04 | 0:06:19 / 1228 | 0:11:15 / 1219 | 0:25:03 / 1315 | 0:32:25 / 1473 | 0:37:43 / 1489 |
| 1511     | 4557   | LESZCZAK Radosław      | Warszawa         | POL       |                         | 83      | M30/616 M / 1403   | 00:51:36  | 05.09      | +0:21:04 | 0:06:25 / 1426 | 0:11:24 / 1365 | 0:25:07 / 1345 | 0:32:19 / 1441 | 0:37:34 / 1444 |
| 1512     | 4752   | SKRABURSKI Piotr       | Gdańsk           | POL       |                         | 75      | M30/617 M / 1404   | 00:51:36  | 05.09      | +0:21:04 | 0:06:29 / 1518 | 0:11:43 / 1652 | 0:25:47 / 1626 | 0:32:44 / 1578 | 0:37:49 / 1505 |
| 1513     | 3846   | SOBCZYK Wojciech       | Ostróda          | POL       |                         | 87      | M20/434 M / 1405   | 00:51:37  | 05.09      | +0:21:05 | 0:06:38 / 1770 | 0:11:57 / 1866 | 0:25:55 / 1682 | 0:33:12 / 1725 | 0:38:19 / 1650 |
| 1514     | 5807   | KŁOSOWSKI Kamil        | Warszawa         | POL       | Fitback.pl              | 85      | M20/435 M / 1406   | 00:51:37  | 05.09      | +0:21:05 | 0:06:25 / 1411 | 0:11:36 / 1532 | 0:25:41 / 1594 | 0:32:44 / 1580 | 0:37:58 / 1550 |
| 1515     | 4073   | SOJKOWSKI Piotr        | Warszawa         | POL       | Bayer Life Team         | 82      | M30/618 M / 1407   | 00:51:38  | 05.09      | +0:21:06 | 0:06:37 / 1734 | 0:11:54 / 1823 | 0:-1:-3 / 2    | 0:33:11 / 1723 | 0:38:21 / 1657 |
| 1516     | 6463   | CHROSTOWSKI Piotr      | Warszawa         | POL       |                         | 78      | M30/619 M / 1408   | 00:51:38  | 05.09      | +0:21:06 | 0:07:11 / 2641 | 0:12:10 / 2094 | 0:25:51 / 1658 | 0:33:03 / 1671 | 0:38:11 / 1613 |
| 1517     | 2641   | ZAWODNIK Do uzup       |                  | POL       |                         |         | M / 1409           | 00:51:38  | 05.09      | +0:21:06 | 0:06:15 / 1131 | 0:11:05 / 1075 | 0:24:37 / 1126 | 0:31:57 / 1316 | 0:37:27 / 1405 |
| 1518     | 5485   | PIETRAK Krzysztof      | Warszawa         | POL       | Aks Polonia             | 72      | M40/254 M / 1410   | 00:51:38  | 05.09      | +0:21:06 | 0:07:03 / 2457 | 0:12:05 / 2004 | 0:25:43 / 1608 | 0:32:41 / 1562 | 0:37:49 / 1508 |
| 1519     | 2793   | KARDZIS Maciej         | Rumia            | POL       |                         | 80      | M30/620 M / 1411   | 00:51:39  | 05.09      | +0:21:07 | 0:06:30 / 1534 | 0:11:32 / 1463 | 0:25:38 / 1571 | 0:32:42 / 1568 | 0:37:55 / 1532 |
| 1520     | 6218   | CECHOWSKI Mateusz      | Warszawa         | POL       | Fitback.pl              | 89      | M20/436 M / 1412   | 00:51:39  | 05.09      | +0:21:07 | 0:06:12 / 1048 | 0:10:50 / 885  | 0:24:14 / 991  | 0:31:45 / 1256 | 0:37:23 / 1387 |
| 1521     | 6315   | DZIUBIŃSKA Małgorzata  | Warszawa         | POL       | Mama & Papas            | 77      | K30/53 K / 109     | 00:51:39  | 05.09      | +0:21:07 | 0:06:45 / 1957 | 0:12:04 / 2000 | 0:26:13 / 1825 | 0:33:07 / 1695 | 0:38:20 / 1656 |
| 1522     | 4267   | BRYCH Katarzyna        | Warszawa         | POL       | Rbs                     | 89      | K20/40 K / 110     | 00:51:39  | 05.09      | +0:21:07 | 0:06:52 / 2188 | 0:11:55 / 1834 | 0:25:53 / 1667 | 0:32:55 / 1632 | 0:38:09 / 1600 |
| 1523     | 4622   | MAKSYMOWICZ Przemysław |                  | POL       |                         | 89      | M20/437 M / 1413   | 00:51:40  | 05.10      | +0:21:08 | 0:06:07 / 931  | 0:11:07 / 1104 | 0:25:06 / 1336 | 0:32:15 / 1417 | 0:37:42 / 1480 |
| 1524     | 6534   | AUGUSTYN Zbigniew      | Zalesie Górne    | POL       |                         | 61      | M50/74 M / 1414    | 00:51:41  | 05.10      | +0:21:09 | 0:06:43 / 1889 | 0:11:44 / 1662 | 0:25:16 / 1409 | 0:32:16 / 1420 | 0:37:28 / 1409 |
| 1525     | 4036   | SUCHECKA Ola           | Warszawa         | POL       | Kw Warszawa             | 85      | K20/41 K / 111     | 00:51:41  | 05.10      | +0:21:09 | 0:06:33 / 1635 | 0:11:30 / 1446 | 0:25:15 / 1401 | 0:32:20 / 1448 | 0:37:30 / 1421 |
| 1526     | 6365   | PIEKUT Kamil           | Nacpolsk         | POL       |                         | 89      | M20/438 M / 1415   | 00:51:42  | 05.10      | +0:21:10 | 0:06:57 / 2290 | 0:12:17 / 2204 | 0:25:59 / 1709 | 0:32:57 / 1643 | 0:38:13 / 1621 |
| 1527     | 4512   | KORNACKI Arkadiusz     | Łódź             | POL       |                         | 83      | M30/621 M / 1416   | 00:51:42  | 05.10      | +0:21:10 | 0:06:44 / 1947 | 0:12:06 / 2024 | 0:26:03 / 1743 | 0:32:59 / 1652 | 0:38:02 / 1568 |
| 1528     | 2410   | BANASIK Paweł          | Radom            | POL       |                         | 63      | M50/75 M / 1417    | 00:51:42  | 05.10      | +0:21:10 | 0:06:49 / 2088 | 0:12:13 / 2147 | 0:26:23 / 1878 | 0:33:30 / 1816 | 0:38:40 / 1755 |
| 1529     | 3227   | POŹNIAK Marta          | Warszawa         | POL       |                         | 86      | K20/42 K / 112     | 00:51:42  | 05.10      | +0:21:10 | 0:06:24 / 1405 | 0:11:28 / 1420 | 0:25:06 / 1338 | 0:32:09 / 1379 | 0:37:35 / 1452 |
| 1530     | 6902   | SZYMAŃSKI Piotr        | Warszawa         | POL       |                         | 77      | M30/622 M / 1418   | 00:51:42  | 05.10      | +0:21:10 | 0:06:17 / 1200 | 0:11:05 / 1084 | 0:24:31 / 1096 | 0:31:50 / 1279 | 0:37:11 / 1339 |
| 1531     | 5985   | WÓJCIK Agnieszka       | Rajszew          | POL       | Trucht Tarchomin Team   | 82      | K30/54 K / 113     | 00:51:42  | 05.10      | +0:21:10 | 0:06:49 / 2082 | 0:11:57 / 1867 | 0:25:55 / 1689 | 0:32:53 / 1619 | 0:37:59 / 1558 |
| 1532     | 5254   | ARTER-KRZYŻEK Angelika | Kraków           | POL       | Adwokaci                | 87      | K20/43 K / 114     | 00:51:42  | 05.10      | +0:21:10 | 0:06:50 / 2136 | 0:12:22 / 2277 | 0:26:38 / 1978 | 0:33:29 / 1812 | 0:38:39 / 1747 |
| 1533     | 3873   | OKRASA Maciej          | Warszawa         | POL       | Aks Polonia             | 77      | M30/623 M / 1419   | 00:51:42  | 05.10      | +0:21:11 | 0:06:28 / 1493 | 0:11:20 / 1306 | 0:25:09 / 1358 | 0:32:23 / 1466 | 0:37:47 / 1500 |
| 1534     | 4257   | ŻOCHOWSKI Adrian       | Ciechanów        | POL       |                         | 90      | M20/439 M / 1420   | 00:51:43  | 05.10      | +0:21:11 | 0:06:47 / 2011 | 0:12:11 / 2102 | 0:26:15 / 1831 | 0:33:21 / 1773 | 0:38:39 / 1749 |
| 1535     | 3169   | PASTEWKA Michał        | Warszawa         | POL       |                         | 87      | M20/440 M / 1421   | 00:51:43  | 05.10      | +0:21:11 | 0:07:03 / 2472 | 0:12:46 / 2595 | 0:27:10 / 2184 | 0:34:10 / 2029 | 0:39:18 / 1914 |
| 1536     | 4074   | DZIENIOWSKI Grzegorz   | Warszawa         | POL       |                         | 69      | M40/255 M / 1422   | 00:51:43  | 05.10      | +0:21:11 | 0:06:34 / 1664 | 0:11:27 / 1402 | 0:25:13 / 1384 | 0:32:29 / 1493 | 0:37:47 / 1499 |
| 1537     | 6102   | SZANDECKI Mariusz      | Lomianki         | POL       |                         | 74      | M30/624 M / 1423   | 00:51:44  | 05.10      | +0:21:12 | 0:06:47 / 2022 | 0:12:01 / 1939 | 0:25:58 / 1703 | 0:33:02 / 1669 | 0:38:18 / 1644 |
| 1538     | 5225   | KRZYŻANOWSKA Olga      | Lublin           | POL       | Adwokaci                | 85      | K20/44 K / 115     | 00:51:45  | 05.10      | +0:21:13 | 0:07:07 / 2557 | 0:12:22 / 2266 | 0:26:01 / 1725 | 0:33:11 / 1722 | 0:38:19 / 1648 |
| 1539     | 6973   | WOJCIECHOWSKI Artur    | Warszawa         | POL       |                         | 68      | M40/256 M / 1424   | 00:51:45  | 05.10      | +0:21:13 | 0:06:01 / 800  | 0:10:51 / 912  | 0:24:16 / 1002 | 0:31:35 / 1204 | 0:37:10 / 1336 |
| 1540     | 45     | PRZĘZAK Marcin         | Warszawa         | POL       | Go Sport                | 87      | M20/441 M / 1425   | 00:51:45  | 05.10      | +0:21:13 | 0:06:46 / 1986 | 0:11:52 / 1788 | 0:25:34 / 1539 | 0:32:34 / 1524 | 0:37:55 / 1539 |
| 1541     | 4815   | KAMIŃSKI Paweł         | Warszawa         | POL       |                         | 85      | M20/442 M / 1426   | 00:51:46  | 05.10      | +0:21:14 | 0:06:22 / 1327 | 0:11:24 / 1357 | 0:25:03 / 1312 | 0:32:13 / 1406 | 0:37:37 / 1460 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1542     | 4571   | MARKIEWICZ Rafal         | Warszawa         | POL       |                         | 76      | M30/625 M / 1427   | 00:51:46  | 05.10      | +0:21:14 | 0:06:34 / 1672 | 0:11:39 / 1586 | 0:25:28 / 1490 | 0:32:32 / 1510 | 0:37:47 / 1501 |
| 1543     | 6185   | KARNASZEWSKI Albin       | Warszawa         | POL       |                         | 79      | M30/626 M / 1428   | 00:51:46  | 05.10      | +0:21:14 | 0:06:38 / 1783 | 0:11:50 / 1752 | 0:26:02 / 1732 | 0:33:18 / 1760 | 0:38:28 / 1698 |
| 1544     | 4305   | KAPIS Ewelina            | Warszawa         | POL       |                         | 82      | K30/55 K / 116     | 00:51:46  | 05.10      | +0:21:14 | 0:06:27 / 1463 | 0:11:31 / 1449 | 0:25:31 / 1512 | 0:32:47 / 1595 | 0:38:06 / 1589 |
| 1545     | 4963   | CHYRA Witold             | Warszawa         | POL       |                         | 67      | M40/257 M / 1429   | 00:51:47  | 05.10      | +0:21:15 | 0:06:49 / 2092 | 0:12:07 / 2042 | 0:25:57 / 1695 | 0:33:09 / 1712 | 0:38:24 / 1673 |
| 1546     | 4357   | KLIMKOWSKI Cezary        | Warszawa         | POL       | Aks Polonia             | 77      | M30/627 M / 1430   | 00:51:47  | 05.10      | +0:21:15 | 0:06:51 / 2143 | 0:12:11 / 2107 | 0:26:13 / 1821 | 0:33:20 / 1769 | 0:38:34 / 1722 |
| 1547     | 5086   | SZMIDT Przemyslaw        | Poznań           | POL       | Adwokaci                | 82      | M30/628 M / 1431   | 00:51:48  | 05.10      | +0:21:16 | 0:05:52 / 642  | 0:10:34 / 711  | 0:24:04 / 944  | 0:31:25 / 1142 | 0:36:50 / 1241 |
| 1548     | 3650   | OLCZAK Jacek             | Warszawa         | POL       |                         | 76      | M30/629 M / 1432   | 00:51:48  | 05.10      | +0:21:16 | 0:06:38 / 1780 | 0:11:50 / 1754 | 0:26:02 / 1733 | 0:33:19 / 1761 | 0:38:27 / 1689 |
| 1549     | 4287   | GĘBSKA Natalia           | Warszawa         | POL       |                         | 82      | K30/56 K / 117     | 00:51:48  | 05.10      | +0:21:16 | 0:06:30 / 1531 | 0:11:41 / 1622 | 0:25:41 / 1597 | 0:32:51 / 1609 | 0:38:00 / 1559 |
| 1550     | 4382   | SKURSKI Jan              | Warszawa         | POL       | Aks Polonia             | 87      | M20/443 M / 1433   | 00:51:48  | 05.10      | +0:21:16 | 0:06:33 / 1645 | 0:11:45 / 1674 | 0:26:07 / 1777 | 0:33:19 / 1763 | 0:38:35 / 1726 |
| 1551     | 5565   | PŁOCHOCKI Ryszard        | Warszawa         | POL       |                         | 60      | M50/76 M / 1434    | 00:51:48  | 05.10      | +0:21:16 | 0:06:58 / 2311 | 0:12:18 / 2208 | 0:25:54 / 1678 | 0:32:49 / 1603 | 0:37:57 / 1546 |
| 1552     | 6161   | OBUCHOWSKI Mateusz       | Warszawa         | POL       |                         | 94      | M20/444 M / 1435   | 00:51:48  | 05.10      | +0:21:16 | 0:06:20 / 1270 | 0:11:27 / 1396 | 0:25:15 / 1395 | 0:32:17 / 1431 | 0:37:34 / 1441 |
| 1553     | 6466   | ZDANOWICZ Paweł          | Warszawa         | POL       |                         | 81      | M30/630 M / 1436   | 00:51:49  | 05.10      | +0:21:17 | 0:06:40 / 1813 | 0:11:54 / 1824 | 0:25:48 / 1631 | 0:32:57 / 1639 | 0:38:16 / 1630 |
| 1554     | 4979   | NOWICKI Zbigniew         | Warszawa         | POL       | Aks Polonia             | 75      | M30/631 M / 1437   | 00:51:49  | 05.10      | +0:21:17 | 0:06:49 / 2087 | 0:12:09 / 2077 | 0:26:10 / 1799 | 0:33:16 / 1751 | 0:38:29 / 1703 |
| 1555     | 6128   | GIL Piotr                | Grójec           | POL       |                         | 78      | M30/632 M / 1438   | 00:51:49  | 05.10      | +0:21:17 | 0:06:51 / 2152 | 0:12:21 / 2253 | 0:26:34 / 1955 | 0:33:35 / 1841 | 0:38:46 / 1787 |
| 1556     | 2912   | KRZYWICKI Paweł          | Warszawa         | POL       |                         | 72      | M40/258 M / 1439   | 00:51:50  | 05.11      | +0:21:18 | 0:06:13 / 1084 | 0:11:07 / 1108 | 0:24:55 / 1254 | 0:32:28 / 1487 | 0:37:56 / 1543 |
| 1557     | 219    | PRESKO Paweł             | Warszawa         | POL       | Pko                     | 79      | M30/633 M / 1440   | 00:51:50  | 05.11      | +0:21:18 | 0:06:23 / 1370 | 0:11:22 / 1333 | 0:25:06 / 1341 | 0:32:10 / 1384 | 0:37:35 / 1446 |
| 1558     | 4171   | AUGUSTYNOWICZ Anna       | Warszawa         | POL       |                         | 73      | K40/13 K / 118     | 00:51:50  | 05.11      | +0:21:18 | 0:06:50 / 2105 | 0:12:04 / 1983 | 0:25:42 / 1600 | 0:32:40 / 1557 | 0:37:56 / 1542 |
| 1559     | 6782   | KOSMALA Dariusz          | Warszawa         | POL       |                         | 64      | M40/259 M / 1441   | 00:51:50  | 05.11      | +0:21:18 | 0:06:18 / 1212 | 0:11:19 / 1276 | 0:25:18 / 1423 | 0:32:33 / 1515 | 0:37:48 / 1502 |
| 1560     | 4660   | SULEJ Anna               | Warszawa         | POL       |                         | 82      | K30/57 K / 119     | 00:51:51  | 05.11      | +0:21:19 | 0:06:30 / 1528 | 0:11:41 / 1614 | 0:25:21 / 1448 | 0:32:25 / 1478 | 0:37:35 / 1450 |
| 1561     | 6623   | GAŁĄZKA Robert           | Mińsk Mazowiecki | POL       |                         | 64      | M40/260 M / 1442   | 00:51:51  | 05.11      | +0:21:19 | 0:06:47 / 2042 | 0:11:58 / 1892 | 0:25:59 / 1711 | 0:33:03 / 1674 | 0:38:12 / 1614 |
| 1562     | 5643   | CAPECKI Mateusz          | Przemyśl         | POL       | Wolny Strzelec          | 86      | M20/445 M / 1443   | 00:51:51  | 05.11      | +0:21:19 | 0:06:24 / 1372 | 0:11:32 / 1467 | 0:25:18 / 1420 | 0:32:43 / 1572 | 0:38:14 / 1626 |
| 1563     | 5217   | KORZENOWSKI Robert       | Warszawa         | POL       | Adwokaci                | 68      | M40/261 M / 1444   | 00:51:51  | 05.11      | +0:21:19 | 0:07:17 / 2791 | 0:12:54 / 2706 | 0:26:39 / 1981 | 0:33:25 / 1790 | 0:38:32 / 1713 |
| 1564     | 6127   | OSTROWSKI Janusz         | Grójec           | POL       |                         | 73      | M40/262 M / 1445   | 00:51:51  | 05.11      | +0:21:19 | 0:06:52 / 2166 | 0:12:22 / 2265 | 0:26:36 / 1966 | 0:33:35 / 1849 | 0:38:46 / 1791 |
| 1565     | 6023   | BADZIAN Grzegorz         | Toruń            | POL       |                         | 78      | M30/634 M / 1446   | 00:51:51  | 05.11      | +0:21:19 | 0:06:23 / 1363 | 0:11:25 / 1370 | 0:25:12 / 1378 | 0:32:30 / 1494 | 0:37:46 / 1495 |
| 1566     | 5614   | TURCZYN Agnieszka        | Tarczyn          | POL       | Grom Prace Male         | 74      | K30/58 K / 120     | 00:51:51  | 05.11      | +0:21:19 | 0:06:49 / 2097 | 0:12:07 / 2038 | 0:26:20 / 1863 | 0:33:14 / 1739 | 0:38:23 / 1664 |
| 1567     | 369    | LIPSKI Sławomir          | Konstancin       | POL       | Pko                     | 64      | M40/263 M / 1447   | 00:51:51  | 05.11      | +0:21:20 | 0:06:31 / 1568 | 0:11:32 / 1458 | 0:25:24 / 1467 | 0:32:33 / 1516 | 0:37:42 / 1482 |
| 1568     | 4682   | CHEĆCIAK Grzegorz        | Warszawa         | POL       |                         | 66      | M40/264 M / 1448   | 00:51:52  | 05.11      | +0:21:20 | 0:06:24 / 1392 | 0:11:33 / 1474 | 0:25:50 / 1651 | 0:33:02 / 1668 | 0:38:13 / 1623 |
| 1569     | 4476   | PIETRZYKOWSKI Tomasz     | Warszawa         | POL       |                         | 82      | M30/635 M / 1449   | 00:51:52  | 05.11      | +0:21:20 | 0:06:56 / 2270 | 0:12:10 / 2100 | 0:26:43 / 2016 | 0:33:44 / 1895 | 0:38:46 / 1789 |
| 1570     | 2753   | JASZCZUK Jakub           | Olsztyn          | POL       |                         | 79      | M30/636 M / 1450   | 00:51:52  | 05.11      | +0:21:20 | 0:06:40 / 1829 | 0:11:50 / 1745 | 0:25:43 / 1607 | 0:32:47 / 1594 | 0:38:01 / 1565 |
| 1571     | 6286   | STASIUK Marian           | Warszawa         | POL       |                         | 61      | M50/77 M / 1451    | 00:51:52  | 05.11      | +0:21:21 | 0:06:30 / 1538 | 0:11:34 / 1496 | 0:25:34 / 1541 | 0:32:49 / 1598 | 0:38:08 / 1597 |
| 1572     | 3014   | MARKIEWICZ Marek         | Warszawa         | POL       |                         | 84      | M20/446 M / 1452   | 00:51:53  | 05.11      | +0:21:21 | 0:06:55 / 2249 | 0:12:11 / 2108 | 0:26:24 / 1886 | 0:33:38 / 1866 | 0:38:47 / 1792 |
| 1573     | 4327   | LEKKI Marek              | Warszawa         | POL       |                         | 79      | M30/637 M / 1453   | 00:51:53  | 05.11      | +0:21:21 | 0:06:06 / 895  | 0:10:55 / 949  | 0:24:23 / 1045 | 0:31:50 / 1281 | 0:37:10 / 1337 |
| 1574     | 3885   | DĄBROWA Andrzej          | Wola Przytkowska | POL       | Lovo                    | 71      | M40/265 M / 1454   | 00:51:53  | 05.11      | +0:21:21 | 0:06:44 / 1933 | 0:11:51 / 1759 | 0:25:23 / 1463 | 0:32:31 / 1500 | 0:37:52 / 1523 |
| 1575     | 5023   | WALENDZIEWSKA Małgorzata | Warszawa         | POL       | Aks Polonia             | 84      | K20/45 K / 121     | 00:51:53  | 05.11      | +0:21:21 | 0:06:50 / 2126 | 0:11:54 / 1816 | 0:26:07 / 1774 | 0:33:13 / 1732 | 0:38:21 / 1658 |
| 1576     | 6982   | RYBAK Daniel             | Bydgoszcz        | POL       | Oddział Żw Bydgoszcz    | 83      | M30/638 M / 1455   | 00:51:53  | 05.11      | +0:21:21 | 0:06:39 / 1792 | 0:11:54 / 1819 | 0:26:19 / 1853 | 0:33:22 / 1775 | 0:38:41 / 1759 |
| 1577     | 6229   | DAWIDOWICZ Agnieszka     | Warszawa         | POL       |                         | 82      | K30/59 K / 122     | 00:51:53  | 05.11      | +0:21:21 | 0:06:41 / 1856 | 0:11:56 / 1860 | 0:25:45 / 1618 | 0:32:41 / 1560 | 0:38:03 / 1581 |
| 1578     | 4038   | POTRZAŚAJ Anna           | Częstochowa      | POL       |                         | 86      | K20/46 K / 123     | 00:51:53  | 05.11      | +0:21:21 | 0:06:50 / 2130 | 0:12:02 / 1960 | 0:26:26 / 1901 | 0:33:32 / 1829 | 0:38:44 / 1774 |
| 1579     | 3850   | WOLSZCZAK Tomasz         | Warszawa         | POL       |                         | 81      | M30/639 M / 1456   | 00:51:53  | 05.11      | +0:21:21 | 0:07:55 / 3535 | 0:13:11 / 2933 | 0:26:42 / 2010 | 0:33:29 / 1809 | 0:38:33 / 1718 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club           | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-----------------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1580     | 4890   | RAWICKI Marek          | Warszawa         | POL       | Jw 2063                           | 83 M30/640 | M / 1457           | 00:51:54  | 05.11      | +0:21:22 | 0:06:55 / 2238 | 0:12:09 / 2081 | 0:26:24 / 1888 | 0:33:38 / 1863 | 0:38:46 / 1788 |
| 1581     | 2735   | JANKOWSKI Lech         | Warszawa         | POL       |                                   | 83 M30/641 | M / 1458           | 00:51:54  | 05.11      | +0:21:22 | 0:06:45 / 1972 | 0:11:55 / 1840 | 0:25:29 / 1496 | 0:32:41 / 1563 | 0:37:56 / 1540 |
| 1582     | 5754   | GOZDALSKI Zdzislaw     | Warszawa         | POL       | Grupa Leśniczówka                 | 48 M60/11  | M / 1459           | 00:51:54  | 05.11      | +0:21:22 | 0:06:14 / 1117 | 0:11:19 / 1279 | 0:25:08 / 1352 | 0:32:24 / 1469 | 0:38:02 / 1571 |
| 1583     | 6791   | MISIAK Piotr           | Józefów          | POL       | Idealer.pl                        | 72 M40/266 | M / 1460           | 00:51:54  | 05.11      | +0:21:22 | 0:06:19 / 1239 | 0:11:09 / 1139 | 0:25:09 / 1354 | 0:32:25 / 1472 | 0:37:36 / 1454 |
| 1584     | 6553   | KRZYŻAK Tomasz         | Teresin          | POL       |                                   | 75 M30/642 | M / 1461           | 00:51:55  | 05.11      | +0:21:23 | 0:06:15 / 1149 | 0:11:14 / 1211 | 0:25:11 / 1376 | 0:32:33 / 1517 | 0:37:57 / 1547 |
| 1585     | 5848   | JASIK Piotr            | Warszawa         | POL       |                                   | 58 M50/78  | M / 1462           | 00:51:55  | 05.11      | +0:21:23 | 0:06:24 / 1407 | 0:11:19 / 1283 | 0:24:44 / 1180 | 0:32:02 / 1342 | 0:37:25 / 1396 |
| 1586     | 6392   | DUTKO Michał           | Warszawa         | POL       |                                   | 88 M20/447 | M / 1463           | 00:51:56  | 05.11      | +0:21:24 | 0:05:22 / 242  | 0:09:41 / 297  | 0:26:23 / 1880 | 0:32:52 / 1615 | 0:38:01 / 1567 |
| 1587     | 6460   | SZUMIGAJ Alicja        | Warszawa         | POL       | Biegam Bo Lubię Warszawa          | 85 K20/47  | K / 124            | 00:51:56  | 05.11      | +0:21:24 | 0:06:34 / 1660 | 0:11:29 / 1430 | 0:25:28 / 1492 | 0:32:40 / 1556 | 0:37:50 / 1515 |
| 1588     | 6910   | FIOLNA Marcin          | Radom            | POL       |                                   | 84 M20/448 | M / 1464           | 00:51:56  | 05.11      | +0:21:24 | 0:06:22 / 1316 | 0:11:34 / 1507 | 0:25:48 / 1629 | 0:33:09 / 1710 | 0:38:17 / 1643 |
| 1589     | 6429   | BUZUK Sławomir         | Warszawa         | POL       | Db Marathon Team                  | 79 M30/643 | M / 1465           | 00:51:57  | 05.11      | +0:21:25 | 0:05:52 / 640  | 0:10:29 / 668  |                | 0:31:02 / 1031 | 0:36:21 / 1101 |
| 1590     | 491    | WASIL Mirosław         | Pruszków         | POL       |                                   | 76 M30/644 | M / 1466           | 00:51:57  | 05.11      | +0:21:25 | 0:06:54 / 2225 | 0:12:09 / 2079 | 0:26:01 / 1723 | 0:33:08 / 1696 | 0:38:22 / 1660 |
| 1591     | 6888   | FEDORYŃSKI Jacek       | Warszawa         | POL       |                                   | 80 M30/645 | M / 1467           | 00:51:57  | 05.11      | +0:21:25 | 0:06:49 / 2103 | 0:12:01 / 1930 | 0:26:03 / 1742 | 0:33:02 / 1666 | 0:38:24 / 1669 |
| 1592     | 4280   | PRUSINOWSKA Tamara     | Warszawa         | POL       |                                   | 83 K30/60  | K / 125            | 00:51:57  | 05.11      | +0:21:25 | 0:06:14 / 1097 | 0:11:07 / 1103 | 0:24:48 / 1200 | 0:32:16 / 1421 | 0:37:54 / 1529 |
| 1593     | 4829   | GOŁASZEWSKI Grzegorz   | Warszawa         | POL       | Aks Polonia                       | 80 M30/646 | M / 1468           | 00:51:57  | 05.11      | +0:21:25 | 0:05:56 / 718  | 0:11:03 / 1047 | 0:25:16 / 1410 | 0:32:29 / 1492 | 0:37:49 / 1507 |
| 1594     | 4438   | WILCZAK Łukasz         | Zielonka         | POL       |                                   | 82 M30/647 | M / 1469           | 00:51:58  | 05.11      | +0:21:26 | 0:06:47 / 2035 | 0:11:55 / 1836 | 0:25:33 / 1528 | 0:32:54 / 1631 | 0:38:19 / 1652 |
| 1595     | 6713   | KRÓL Łukasz            | Staszów          | POL       |                                   | 86 M20/449 | M / 1470           | 00:51:58  | 05.11      | +0:21:26 | 0:06:59 / 2349 | 0:12:27 / 2337 | 0:26:17 / 1843 | 0:33:13 / 1730 | 0:38:30 / 1707 |
| 1596     | 2783   | KALUŻA Adam            | Ślawków          | POL       |                                   | 63 M50/79  | M / 1471           | 00:51:58  | 05.11      | +0:21:26 | 0:06:19 / 1242 | 0:11:26 / 1381 | 0:25:22 / 1458 | 0:32:29 / 1490 | 0:38:00 / 1560 |
| 1597     | 3808   | PANASIUK Artur         | Pruszków         | POL       |                                   | 76 M30/648 | M / 1472           | 00:51:59  | 05.11      | +0:21:27 | 0:07:02 / 2425 | 0:12:41 / 2517 | 0:27:03 / 2140 | 0:34:25 / 2110 | 0:39:20 / 1923 |
| 1598     | 5059   | PERDOCH Sławomir       | Krerowo          | POL       | Adwokaci                          | 84 M20/450 | M / 1473           | 00:51:59  | 05.11      | +0:21:27 | 0:06:57 / 2295 | 0:12:16 / 2186 | 0:26:51 / 2069 | 0:34:03 / 1996 | 0:39:00 / 1839 |
| 1599     | 4105   | ZALEWSKI Przemysław    | Nowa Wieś Wielka | POL       | Koło Strzeleckie Lok Pogranicznik | 78 M30/649 | M / 1474           | 00:52:00  | 05.12      | +0:21:28 | 0:07:10 / 2611 | 0:12:34 / 2435 | 0:26:14 / 1828 | 0:33:08 / 1701 | 0:38:18 / 1645 |
| 1600     | 4749   | TKACZENKO Wiesław      | Siedlce          | POL       |                                   | 58 M50/80  | M / 1475           | 00:52:00  | 05.12      | +0:21:28 | 0:06:38 / 1775 | 0:11:48 / 1716 | 0:25:26 / 1479 | 0:32:30 / 1495 | 0:37:55 / 1534 |
| 1601     | 4424   | CZOSNYKA Tomasz        | Warszawa         | POL       | Semper Invicta                    | 85 M20/451 | M / 1476           | 00:52:00  | 05.12      | +0:21:28 | 0:06:23 / 1340 | 0:11:18 / 1257 | 0:25:00 / 1294 | 0:32:10 / 1381 | 0:37:30 / 1419 |
| 1602     | 291    | PIWKO Halina           | Warszawa         | POL       | Pko                               | 66 K40/14  | K / 126            | 00:52:00  | 05.12      | +0:21:28 | 0:06:34 / 1652 | 0:11:34 / 1501 | 0:25:36 / 1554 | 0:32:51 / 1613 | 0:38:02 / 1570 |
| 1603     | 6647   | CENDROWSKI Jarosław    | Ząbki            | POL       |                                   | 80 M30/650 | M / 1477           | 00:52:00  | 05.12      | +0:21:28 | 0:06:21 / 1299 | 0:11:03 / 1038 | 0:25:05 / 1332 | 0:32:25 / 1474 | 0:37:37 / 1459 |
| 1604     | 5501   | KORNATKA Joanna        | Warszawa         | POL       |                                   | 74 K30/61  | K / 127            | 00:52:00  | 05.12      | +0:21:29 | 0:06:48 / 2055 | 0:12:05 / 2006 | 0:25:57 / 1697 | 0:33:06 / 1690 | 0:38:25 / 1676 |
| 1605     | 3109   | NOWAK Przemysław       | Pruszków         | POL       | Pruszków                          | 80 M30/651 | M / 1478           | 00:52:01  | 05.12      | +0:21:29 | 0:06:47 / 2017 | 0:12:13 / 2150 | 0:26:21 / 1867 | 0:33:24 / 1784 | 0:38:34 / 1720 |
| 1606     | 6342   | MŁODOŻENIEC Mirosław   | Sobótka          | POL       |                                   | 80 M30/652 | M / 1479           | 00:52:02  | 05.12      | +0:21:30 | 0:05:53 / 661  | 0:10:50 / 887  | 0:24:43 / 1171 | 0:32:00 / 1329 | 0:37:34 / 1437 |
| 1607     | 4561   | BUGA Ewelina           | Warszawa         | POL       |                                   | 89 K20/48  | K / 128            | 00:52:02  | 05.12      | +0:21:30 | 0:06:52 / 2184 | 0:11:45 / 1667 | 0:25:10 / 1362 | 0:32:44 / 1581 | 0:38:02 / 1569 |
| 1608     | 2865   | KOTARBA Jan            | Kraków           | POL       | Accelerate                        | 87 M20/452 | M / 1480           | 00:52:02  | 05.12      | +0:21:30 | 0:06:33 / 1618 | 0:11:37 / 1553 | 0:24:40 / 1149 | 0:31:35 / 1203 | 0:37:34 / 1438 |
| 1609     | 4483   | ŚMIGIERA Adam          | Warszawa         | POL       | Astmatyczne Grubasy               | 73 M40/267 | M / 1481           | 00:52:02  | 05.12      | +0:21:30 | 0:06:52 / 2177 | 0:12:06 / 2020 | 0:26:12 / 1813 | 0:33:25 / 1787 | 0:38:33 / 1719 |
| 1610     | 3398   | SULEWSKI Maciej        | Ostrołęka        | POL       |                                   | 76 M30/653 | M / 1482           | 00:52:02  | 05.12      | +0:21:30 | 0:05:57 / 735  | 0:10:46 / 838  | 0:24:01 / 929  | 0:31:14 / 1085 | 0:36:41 / 1199 |
| 1611     | 4291   | CZAK Jacek             | Warszawa         | POL       |                                   | 88 M20/453 | M / 1483           | 00:52:02  | 05.12      | +0:21:30 | 0:06:49 / 2090 | 0:12:08 / 2061 | 0:26:24 / 1883 | 0:33:39 / 1869 | 0:38:49 / 1796 |
| 1612     | 220    | MAĆZEWSKA Agnieszka    | Warszawa         | POL       | Pko                               | 70 K40/15  | K / 129            | 00:52:03  | 05.12      | +0:21:31 | 0:06:30 / 1547 | 0:11:32 / 1456 | 0:25:18 / 1425 | 0:32:37 / 1543 | 0:37:59 / 1554 |
| 1613     | 3516   | WALKOWIAK Maciej       | Goleniów         | POL       |                                   | 84 M20/454 | M / 1484           | 00:52:03  | 05.12      | +0:21:31 | 0:06:55 / 2252 | 0:12:15 / 2169 | 0:26:10 / 1798 | 0:33:08 / 1699 | 0:38:16 / 1634 |
| 1614     | 6165   | MAĆKOWIAK Piotr        | Warszawa         | POL       |                                   | 89 M20/455 | M / 1485           | 00:52:04  | 05.12      | +0:21:32 | 0:06:22 / 1326 | 0:11:19 / 1277 | 0:24:55 / 1257 | 0:32:18 / 1432 | 0:37:55 / 1536 |
| 1615     | 5618   | LUKS Bartłomiej        | Warszawa         | POL       | Polarny Klub Sportowy Hornsund    | 81 M30/654 | M / 1486           | 00:52:05  | 05.12      | +0:21:33 | 0:07:14 / 2710 | 0:12:18 / 2207 | 0:26:18 / 1845 | 0:33:41 / 1876 | 0:38:49 / 1794 |
| 1616     | 5420   | BARTCZAK Robert        | Warszawa         | POL       |                                   | 70 M40/268 | M / 1487           | 00:52:05  | 05.12      | +0:21:33 | 0:06:41 / 1855 | 0:12:03 / 1971 | 0:26:26 / 1903 | 0:33:42 / 1881 | 0:38:59 / 1832 |
| 1617     | 3798   | TUJAKA Sandra          | Toruń            | POL       | Axel Toruń                        | 98 K20/49  | K / 130            | 00:52:05  | 05.12      | +0:21:33 | 0:06:22 / 1319 | 0:11:27 / 1407 | 0:25:40 / 1589 | 0:33:07 / 1692 | 0:38:29 / 1699 |
| 1618     | 5923   | KĘDZIERAWSKA Agnieszka | Warszawa         | POL       |                                   | 84 K20/50  | K / 131            | 00:52:05  | 05.12      | +0:21:33 | 0:07:50 / 3461 | 0:13:34 / 3198 | 0:27:08 / 2173 | 0:33:58 / 1967 | 0:39:03 / 1860 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1619     | 6307   | KOZIELSKI Paweł      | Warszawa         | POL       |                         | 77      | M30/655 M / 1488   | 00:52:05  | 05.12      | +0:21:33 | 0:06:40 / 1817 | 0:11:53 / 1802 | 0:25:42 / 1603 | 0:32:49 / 1601 | 0:38:11 / 1607 |
| 1620     | 5159   | KAZIMIERCZAK Rafal   | Łowicz           | POL       |                         | 74      | M30/656 M / 1489   | 00:52:05  | 05.12      | +0:21:33 | 0:06:12 / 1059 | 0:11:06 / 1096 | 0:24:52 / 1235 | 0:32:05 / 1352 | 0:37:33 / 1434 |
| 1621     | 5949   | LIPIŃSKI Marcin      | Warszawa         | POL       |                         | 82      | M30/657 M / 1490   | 00:52:06  | 05.12      | +0:21:34 | 0:06:05 / 881  | 0:10:56 / 959  | 0:25:11 / 1374 | 0:32:40 / 1559 | 0:37:55 / 1535 |
| 1622     | 3825   | PIEKARCZYK Piotr     | Krzeszowice      | POL       | 16bpd                   | 82      | M30/658 M / 1491   | 00:52:06  | 05.12      | +0:21:34 | 0:06:29 / 1502 | 0:11:39 / 1587 | 0:25:33 / 1527 | 0:32:46 / 1589 | 0:38:05 / 1584 |
| 1623     | 232    | SYCAN Krzysztof      | Warszawa         | POL       | Pko                     | 72      | M40/269 M / 1492   | 00:52:06  | 05.12      | +0:21:34 | 0:06:30 / 1522 | 0:11:38 / 1563 | 0:25:38 / 1578 | 0:33:09 / 1707 | 0:38:26 / 1681 |
| 1624     | 5422   | KARALUS Radosław     | Lublin           | POL       | Korpus Służby Cywilnej  | 86      | M20/456 M / 1493   | 00:52:06  | 05.12      | +0:21:34 | 0:07:14 / 2698 | 0:12:46 / 2599 | 0:26:48 / 2055 | 0:33:47 / 1910 | 0:38:55 / 1820 |
| 1625     | 3878   | PIĄTEK Dariusz       | Warszawa         | POL       |                         | 81      | M30/659 M / 1494   | 00:52:06  | 05.12      | +0:21:34 | 0:07:01 / 2417 | 0:12:34 / 2430 | 0:26:29 / 1919 | 0:33:35 / 1845 | 0:38:49 / 1797 |
| 1626     | 4458   | PYSIEWICZ Krzysztof  | Katowice         | POL       |                         | 57      | M50/81 M / 1495    | 00:52:07  | 05.12      | +0:21:35 | 0:06:54 / 2216 | 0:12:31 / 2384 | 0:26:38 / 1970 | 0:33:44 / 1893 | 0:39:01 / 1848 |
| 1627     | 4439   | WILCZAK Damian       | Wołomin          | POL       |                         | 78      | M30/660 M / 1496   | 00:52:07  | 05.12      | +0:21:35 | 0:06:47 / 2021 | 0:11:55 / 1831 | 0:25:32 / 1518 | 0:32:54 / 1627 | 0:38:19 / 1651 |
| 1628     | 4659   | SULEJ Paweł          | Warszawa         | POL       |                         | 82      | M30/661 M / 1497   | 00:52:07  | 05.12      | +0:21:35 | 0:06:20 / 1267 | 0:11:27 / 1406 | 0:25:19 / 1435 | 0:32:35 / 1530 | 0:38:06 / 1590 |
| 1629     | 3950   | PAWLUSEK Tomasz      | Kielce           | POL       | Kielce                  | 73      | M40/270 M / 1498   | 00:52:08  | 05.12      | +0:21:36 | 0:06:05 / 894  | 0:10:25 / 622  | 0:23:40 / 830  | 0:31:02 / 1026 | 0:36:42 / 1204 |
| 1630     | 4173   | WINIARSKI Jacek      | Toruń            | POL       | Ct Toruń                | 62      | M50/82 M / 1499    | 00:52:08  | 05.12      | +0:21:36 | 0:06:08 / 943  | 0:11:11 / 1164 | 0:25:31 / 1511 | 0:32:58 / 1647 | 0:38:16 / 1637 |
| 1631     | 4968   | SOLTYSIK Andrzej     | Warszawa         | POL       |                         | 87      | M20/457 M / 1500   | 00:52:09  | 05.12      | +0:21:37 | 0:06:58 / 2325 | 0:12:17 / 2198 | 0:26:12 / 1816 | 0:33:14 / 1740 | 0:38:27 / 1687 |
| 1632     | 6327   | CYRAN Agata          | Gdańsk           | POL       |                         | 81      | K30/62 K / 132     | 00:52:09  | 05.12      | +0:21:37 | 0:06:53 / 2192 | 0:12:05 / 2015 | 0:25:35 / 1553 | 0:32:35 / 1527 | 0:37:46 / 1494 |
| 1633     | 5756   | ŚWIEŻAK Paweł        | Warszawa         | POL       |                         | 80      | M30/662 M / 1501   | 00:52:10  | 05.13      | +0:21:38 | 0:06:21 / 1284 | 0:11:22 / 1342 | 0:25:28 / 1488 | 0:32:53 / 1621 | 0:38:26 / 1682 |
| 1634     | 6197   | MARKOWSKA Oktawia    | Malbork          | POL       |                         | 79      | K30/63 K / 133     | 00:52:10  | 05.13      | +0:21:38 | 0:06:21 / 1282 | 0:11:18 / 1266 | 0:24:53 / 1238 | 0:32:07 / 1368 | 0:37:36 / 1457 |
| 1635     | 3723   | JARCO Olga           | Podkowa Leśna    | POL       | Ptb                     | 88      | K20/51 K / 134     | 00:52:10  | 05.13      | +0:21:38 | 0:06:43 / 1891 | 0:12:10 / 2087 | 0:26:26 / 1899 | 0:33:29 / 1806 | 0:38:41 / 1760 |
| 1636     | 185    | KRZYWAŃSKI Jarosław  |                  | POL       | Pzla                    | 13      | M / 1502           | 00:52:11  | 05.13      | +0:21:39 | 0:06:29 / 1516 | 0:11:33 / 1487 | 0:25:24 / 1468 | 0:32:36 / 1533 | 0:37:53 / 1528 |
| 1637     | 6465   | SŁOWIŃSKI Marek      | Warszawa         | POL       | Kembo                   | 74      | M30/663 M / 1503   | 00:52:12  | 05.13      | +0:21:40 | 0:06:25 / 1425 | 0:11:20 / 1309 | 0:25:29 / 1503 | 0:32:43 / 1571 | 0:38:01 / 1566 |
| 1638     | 4260   | BOROWSKI Daniel      | Warszawa         | POL       |                         | 84      | M20/458 M / 1504   | 00:52:12  | 05.13      | +0:21:40 | 0:06:36 / 1713 | 0:12:00 / 1924 | 0:26:06 / 1761 | 0:33:05 / 1683 | 0:38:22 / 1662 |
| 1639     | 4608   | BOJANOWICZ Marcin    | Radom            | POL       |                         | 85      | M20/459 M / 1505   | 00:52:12  | 05.13      | +0:21:41 | 0:06:38 / 1772 | 0:12:02 / 1965 | 0:26:15 / 1829 | 0:33:24 / 1785 | 0:38:45 / 1784 |
| 1640     | 6547   | NIEMCZYK Pablo       | Walendów         | POL       |                         | 74      | M30/664 M / 1506   | 00:52:13  | 05.13      | +0:21:41 | 0:06:28 / 1491 | 0:11:25 / 1369 | 0:1-:2 / 1     | 0:32:22 / 1460 | 0:37:54 / 1530 |
| 1641     | 6381   | WIĘCŁAWSKI Rafał     | Warszawa         | POL       |                         | 77      | M30/665 M / 1507   | 00:52:13  | 05.13      | +0:21:41 | 0:05:48 / 576  | 0:10:42 / 803  | 0:24:44 / 1179 | 0:32:05 / 1357 | 0:37:44 / 1490 |
| 1642     | 3218   | POPIELECKI Dariusz   | Warszawa         | POL       |                         | 89      | M20/460 M / 1508   | 00:52:13  | 05.13      | +0:21:41 | 0:06:19 / 1227 | 0:11:21 / 1322 | 0:25:03 / 1313 | 0:32:16 / 1419 | 0:37:35 / 1445 |
| 1643     | 2676   | GROCHOWSKI Paweł     | Ząbki            | POL       | Warbud Running Team     | 76      | M30/666 M / 1509   | 00:52:13  | 05.13      | +0:21:41 | 0:06:52 / 2170 | 0:11:49 / 1731 | 0:25:26 / 1481 | 0:32:45 / 1585 | 0:38:05 / 1587 |
| 1644     | 2564   | DĄBROWSKA Aleksandra | Warszawa         | POL       | Mort                    | 86      | K20/52 K / 135     | 00:52:13  | 05.13      | +0:21:41 | 0:06:26 / 1453 | 0:11:19 / 1284 | 0:25:04 / 1323 | 0:32:02 / 1339 | 0:37:26 / 1397 |
| 1645     | 3340   | SMĘTEK Bartosz       | Warszawa         | POL       |                         | 89      | M20/461 M / 1510   | 00:52:13  | 05.13      | +0:21:41 | 0:06:19 / 1243 | 0:11:21 / 1316 | 0:25:03 / 1308 | 0:32:16 / 1423 | 0:37:35 / 1451 |
| 1646     | 5558   | KYCIA Michał         | Warszawa         | POL       |                         | 78      | M30/667 M / 1511   | 00:52:14  | 05.13      | +0:21:42 | 0:06:38 / 1776 | 0:11:52 / 1791 | 0:25:46 / 1622 | 0:32:54 / 1628 | 0:38:24 / 1674 |
| 1647     | 2538   | CYGANEK Marta        | Aleksandrów      | POL       |                         | 90      | K20/53 K / 136     | 00:52:14  | 05.13      | +0:21:42 | 0:06:52 / 2181 | 0:12:12 / 2120 | 0:26:01 / 1729 | 0:33:09 / 1711 | 0:38:23 / 1663 |
| 1648     | 5659   | KNAP Wojciech        | Warszawa         | POL       | Brak                    | 60      | M50/83 M / 1512    | 00:52:14  | 05.13      | +0:21:42 | 0:06:38 / 1754 | 0:11:40 / 1592 | 0:25:42 / 1604 | 0:33:01 / 1661 | 0:38:16 / 1636 |
| 1649     | 6830   | BECZEK Tomasz        | Warszawa         | POL       |                         | 82      | M30/668 M / 1513   | 00:52:16  | 05.13      | +0:21:44 | 0:06:27 / 1472 | 0:11:40 / 1591 | 0:25:19 / 1429 | 0:32:30 / 1499 | 0:37:59 / 1555 |
| 1650     | 5849   | MIGDAŁ Radosław      | Warszawa         | POL       |                         | 76      | M30/669 M / 1514   | 00:52:16  | 05.13      | +0:21:44 | 0:06:48 / 2053 | 0:11:59 / 1898 | 0:25:32 / 1524 | 0:32:51 / 1610 | 0:38:09 / 1599 |
| 1651     | 4849   | PANASIUK Paweł       | Warszawa         | POL       |                         | 86      | M20/462 M / 1515   | 00:52:16  | 05.13      | +0:21:44 | 0:07:06 / 2532 | 0:12:37 / 2479 | 0:26:45 / 2026 | 0:33:42 / 1878 | 0:38:53 / 1809 |
| 1652     | 4712   | WOJCIECHOWSKI Paweł  | Józefosław       | POL       |                         | 71      | M40/271 M / 1516   | 00:52:16  | 05.13      | +0:21:44 | 0:06:31 / 1583 | 0:11:37 / 1555 | 0:25:40 / 1588 | 0:33:01 / 1663 | 0:38:27 / 1688 |
| 1653     | 4799   | JÓZEFAKCI Tomasz     |                  | POL       | Benefit                 | 13      | M / 1517           | 00:52:17  | 05.13      | +0:21:45 | 0:07:01 / 2409 | 0:12:19 / 2220 | 0:26:39 / 1980 | 0:33:32 / 1828 | 0:38:43 / 1773 |
| 1654     | 4039   | KRUK Edyta           | Warszawa         | POL       |                         | 71      | K40/16 K / 137     | 00:52:17  | 05.13      | +0:21:45 | 0:06:45 / 1964 | 0:11:46 / 1685 | 0:26:09 / 1790 | 0:33:26 / 1792 | 0:38:31 / 1712 |
| 1655     | 5425   | MISZCZAK Maciej      | Warszawa         | POL       |                         | 85      | M20/463 M / 1518   | 00:52:18  | 05.13      | +0:21:46 | 0:07:12 / 2662 | 0:12:45 / 2582 | 0:26:47 / 2050 | 0:33:45 / 1900 | 0:38:53 / 1813 |
| 1656     | 5526   | JAGIEŁŁO Piotr       | Warszawa         | POL       |                         | 60      | M50/84 M / 1519    | 00:52:18  | 05.13      | +0:21:47 | 0:06:24 / 1395 | 0:11:27 / 1394 | 0:25:21 / 1449 | 0:32:42 / 1566 | 0:38:03 / 1582 |
| 1657     | 6152   | TELMAN Tomasz        | Józefosław       | POL       |                         | 85      | M20/464 M / 1520   | 00:52:19  | 05.13      | +0:21:47 | 0:07:13 / 2678 | 0:13:00 / 2794 | 0:27:31 / 2326 | 0:34:25 / 2113 | 0:39:31 / 1972 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club            | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|------------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1658     | 6166   | ARSZELEWSKI Bernard    | Podkowa Leśna    | POL       | Podkowizańskie Towarzystwo Biegowe | 82      | M30/670 M / 1521   | 00:52:19  | 05.13      | +0:21:47 | 0:06:03 / 846  | 0:10:58 / 994  | 0:24:57 / 1267 | 0:32:26 / 1480 | 0:37:58 / 1551 |
| 1659     | 6208   | KOŁAKOWSKI Marcin      | Warszawa         | POL       |                                    | 72      | M40/272 M / 1522   | 00:52:19  | 05.13      | +0:21:47 | 0:06:53 / 2203 | 0:12:04 / 1992 | 0:26:02 / 1730 | 0:33:14 / 1742 | 0:38:35 / 1730 |
| 1660     | 6434   | BOSEK Robert           | Warszawa         | POL       |                                    | 79      | M30/671 M / 1523   | 00:52:19  | 05.13      | +0:21:47 | 0:06:26 / 1439 | 0:11:45 / 1664 | 0:25:44 / 1617 |                | 0:38:20 / 1655 |
| 1661     | 4669   | KAPRZYK Grzegorz       | Warszawa         | POL       | Ursus                              | 74      | M30/672 M / 1524   | 00:52:19  | 05.13      | +0:21:47 | 0:06:26 / 1444 | 0:11:30 / 1441 | 0:25:14 / 1388 | 0:32:40 / 1555 | 0:37:59 / 1556 |
| 1662     | 5402   | BORKOWSKI Radosław     | Biała Podlaska   | POL       |                                    | 75      | M30/673 M / 1525   | 00:52:19  | 05.13      | +0:21:47 | 0:06:37 / 1729 | 0:11:29 / 1437 | 0:25:19 / 1427 | 0:32:38 / 1544 | 0:37:57 / 1544 |
| 1663     | 6374   | LIŃSKI Mariusz         | Płock            | POL       |                                    | 72      | M40/273 M / 1526   | 00:52:20  | 05.14      | +0:21:48 | 0:06:50 / 2118 | 0:12:12 / 2119 | 0:26:25 / 1894 | 0:33:31 / 1823 | 0:38:42 / 1765 |
| 1664     | 4839   | KAMIŃSKI Mirosław      | Warszawa         | POL       |                                    | 67      | M40/274 M / 1527   | 00:52:20  | 05.14      | +0:21:48 | 0:06:48 / 2050 | 0:11:55 / 1841 | 0:25:38 / 1579 | 0:33:03 / 1672 | 0:38:49 / 1798 |
| 1665     | 2473   | BORCZYK Bartosz        | Warszawa         | POL       |                                    | 81      | M30/674 M / 1528   | 00:52:20  | 05.14      | +0:21:48 | 0:06:28 / 1477 | 0:11:35 / 1520 | 0:25:41 / 1592 | 0:32:46 / 1590 | 0:38:02 / 1573 |
| 1666     | 5797   | BOCHNIAK Aureliusz     | Warszawa         | POL       | T-mobile Running Team              | 78      | M30/675 M / 1529   | 00:52:20  | 05.14      | +0:21:48 | 0:06:50 / 2110 | 0:12:04 / 1991 | 0:26:08 / 1779 | 0:33:14 / 1743 | 0:38:27 / 1690 |
| 1667     | 5931   | BALKOWSKI Wojciech     | Warszawa         | POL       | Dziennikarze                       | 81      | M30/676 M / 1530   | 00:52:20  | 05.14      | +0:21:48 | 0:06:20 / 1272 | 0:11:12 / 1177 | 0:24:51 / 1221 | 0:32:21 / 1452 | 0:37:58 / 1549 |
| 1668     | 2978   | LASZCZYK Michał        | Warszawa         | POL       |                                    | 85      | M20/465 M / 1531   | 00:52:21  | 05.14      | +0:21:49 | 0:05:23 / 259  | 0:09:57 / 416  | 0:24:17 / 1012 | 0:32:01 / 1333 | 0:38:03 / 1576 |
| 1669     | 500    | MIKOŁAJCZYK Piotr      | Będzin           | POL       | Tkkf Czeladz                       | 40      | M70/2 M / 1532     | 00:52:21  | 05.14      | +0:21:49 | 0:06:38 / 1774 | 0:12:02 / 1949 | 0:26:08 / 1782 | 0:33:14 / 1738 | 0:38:38 / 1743 |
| 1670     | 5053   | PAPROCKA Agata         | Warszawa         | POL       | Adwokaci                           | 88      | K20/54 K / 138     | 00:52:22  | 05.14      | +0:21:50 | 0:06:17 / 1198 | 0:11:14 / 1209 | 0:25:06 / 1342 | 0:32:44 / 1577 | 0:38:08 / 1595 |
| 1671     | 5694   | SARNA Rob              | Warszawa         | POL       |                                    | 73      | M40/275 M / 1533   | 00:52:23  | 05.14      | +0:21:51 | 0:06:23 / 1367 | 0:11:28 / 1421 | 0:25:29 / 1497 | 0:32:43 / 1570 | 0:38:10 / 1604 |
| 1672     | 5994   | STECKIEWICZ Paweł      | Warszawa         | POL       |                                    | 84      | M20/466 M / 1534   | 00:52:23  | 05.14      | +0:21:51 | 0:06:23 / 1342 | 0:11:31 / 1447 | 0:26:05 / 1760 | 0:33:05 / 1681 | 0:38:37 / 1741 |
| 1673     | 6306   | KORSAK Marcin          | Warszawa         | POL       |                                    | 78      | M30/677 M / 1535   | 00:52:23  | 05.14      | +0:21:51 | 0:07:03 / 2455 | 0:12:32 / 2398 | 0:27:08 / 2174 | 0:34:03 / 1993 | 0:39:19 / 1922 |
| 1674     | 5450   | PHLIPOT Connie         | Warszawa         | POL       |                                    | 55      | K50/4 K / 139      | 00:52:23  | 05.14      | +0:21:51 | 0:06:41 / 1848 | 0:12:00 / 1919 | 0:25:55 / 1684 | 0:33:04 / 1676 | 0:38:25 / 1678 |
| 1675     | 43     | KOWALCZUK Adam         | Warszawa         | POL       | Go Sport                           | 81      | M30/678 M / 1536   | 00:52:23  | 05.14      | +0:21:51 | 0:06:46 / 1982 | 0:11:52 / 1789 | 0:25:36 / 1558 | 0:32:38 / 1550 | 0:38:07 / 1593 |
| 1676     | 6501   | WÓJCIK Tomasz          | Warszawa         | POL       |                                    | 84      | M20/467 M / 1537   | 00:52:23  | 05.14      | +0:21:51 | 0:07:02 / 2441 | 0:12:35 / 2440 | 0:27:09 / 2182 | 0:34:04 / 1999 | 0:39:19 / 1918 |
| 1677     | 6326   | STAROŃ Rafał           | Szczecin         | POL       |                                    | 79      | M30/679 M / 1538   | 00:52:24  | 05.14      | +0:21:52 | 0:06:54 / 2236 | 0:12:25 / 2301 | 0:27:23 / 2276 | 0:34:23 / 2095 | 0:39:22 / 1932 |
| 1678     | 5430   | RAKOWSKA Magdalena     | Warszawa         | POL       | Obozybiegowe.pl                    | 73      | K40/17 K / 140     | 00:52:24  | 05.14      | +0:21:52 | 0:06:55 / 2237 | 0:12:16 / 2187 | 0:26:40 / 1990 | 0:33:44 / 1891 | 0:38:51 / 1807 |
| 1679     | 6831   | SZYMAŃSKA Sylwia       | Machnátka        | POL       |                                    | 94      | K20/55 K / 141     | 00:52:24  | 05.14      | +0:21:53 | 0:06:31 / 1557 | 0:11:40 / 1597 | 0:25:52 / 1664 | 0:33:18 / 1757 | 0:38:41 / 1758 |
| 1680     | 4050   | MILLER Marcin          | Łódź             | POL       | Accelerate                         | 76      | M30/680 M / 1539   | 00:52:25  | 05.14      | +0:21:53 | 0:06:47 / 2030 | 0:12:03 / 1980 | 0:26:35 / 1959 | 0:33:53 / 1944 | 0:39:12 / 1894 |
| 1681     | 4010   | RAŚ Arkadiusz          | Ropczyce         | POL       | Fun & Boobster                     | 86      | M20/468 M / 1540   | 00:52:25  | 05.14      | +0:21:53 | 0:06:37 / 1741 | 0:11:38 / 1571 | 0:26:02 / 1731 | 0:33:26 / 1794 | 0:38:44 / 1779 |
| 1682     | 4114   | SZULKIN Michał         | Warszawa         | POL       | 12tri.pl                           | 86      | M20/469 M / 1541   | 00:52:25  | 05.14      | +0:21:53 | 0:06:50 / 2141 | 0:12:08 / 2060 | 0:26:06 / 1767 | 0:33:21 / 1774 | 0:38:44 / 1777 |
| 1683     | 6693   | BUDZYŃSKI Michał       | Mińsk Mazowiecki | POL       |                                    | 90      | M20/470 M / 1542   | 00:52:25  | 05.14      | +0:21:53 | 0:07:10 / 2604 | 0:12:32 / 2402 | 0:26:30 / 1925 | 0:33:29 / 1811 | 0:38:50 / 1803 |
| 1684     | 3962   | MILANOWSKI Paweł       | Legionowo        | POL       |                                    | 77      | M30/681 M / 1543   | 00:52:26  | 05.14      | +0:21:54 | 0:06:44 / 1939 | 0:12:13 / 2142 | 0:26:10 / 1794 | 0:33:12 / 1729 | 0:38:36 / 1731 |
| 1685     | 4011   | SLASKI Tomasz          | Warszawa         | POL       | Msd Running Club                   | 69      | M40/276 M / 1544   | 00:52:26  | 05.14      | +0:21:54 | 0:06:19 / 1233 | 0:11:22 / 1331 | 0:25:15 / 1396 | 0:32:32 / 1509 | 0:37:58 / 1548 |
| 1686     | 237    | KOBIERSKI Radek        | Warszawa         | POL       | Pko                                | 79      | M30/682 M / 1545   | 00:52:26  | 05.14      | +0:21:54 | 0:06:41 / 1834 | 0:11:41 / 1611 | 0:25:32 / 1526 | 0:32:45 / 1583 | 0:38:03 / 1579 |
| 1687     | 366    | TATAREK Hubert         |                  | POL       | Trójka                             | 13      | M / 1546           | 00:52:26  | 05.14      | +0:21:54 | 0:06:19 / 1245 | 0:11:14 / 1208 | 0:25:19 / 1432 | 0:32:51 / 1611 | 0:38:16 / 1635 |
| 1688     | 4009   | PIERSA Grzegorz        | Warszawa         | POL       | Fun&boobster                       | 82      | M30/683 M / 1547   | 00:52:26  | 05.14      | +0:21:54 | 0:05:43 / 514  | 0:10:21 / 593  | 0:23:20 / 730  | 0:31:21 / 1125 | 0:37:05 / 1311 |
| 1689     | 5039   | ZIMINSKI Zdzisław      | Warszawa         | POL       |                                    | 57      | M50/85 M / 1548    | 00:52:27  | 05.14      | +0:21:55 | 0:06:35 / 1696 | 0:11:49 / 1719 | 0:25:48 / 1633 | 0:33:02 / 1667 | 0:38:24 / 1671 |
| 1690     | 5833   | GORZELAK Artur         | Warszawa         | POL       |                                    | 85      | M20/471 M / 1549   | 00:52:27  | 05.14      | +0:21:55 | 0:06:32 / 1590 | 0:11:25 / 1372 | 0:25:23 / 1461 | 0:32:52 / 1617 | 0:38:12 / 1616 |
| 1691     | 3946   | BLAUT Dariusz          | Kielce           | POL       | Kielce                             | 72      | M40/277 M / 1550   | 00:52:27  | 05.14      | +0:21:55 | 0:06:31 / 1561 | 0:11:36 / 1527 | 0:25:49 / 1638 | 0:33:03 / 1673 | 0:38:20 / 1654 |
| 1692     | 4924   | PRZEDWOLSKI Tomek      | Warszawa         | POL       |                                    | 79      | M30/684 M / 1551   | 00:52:27  | 05.14      | +0:21:55 | 0:06:09 / 989  | 0:10:50 / 900  | 0:25:22 / 1454 | 0:32:44 / 1579 | 0:37:59 / 1553 |
| 1693     | 434    | HOŁOWACZ Tomasz        | Warszawa         | POL       |                                    | 40      | M70/3 M / 1552     | 00:52:27  | 05.14      | +0:21:55 | 0:07:04 / 2479 | 0:12:27 / 2328 | 0:26:35 / 1961 | 0:33:46 / 1909 | 0:38:53 / 1811 |
| 1694     | 4998   | KWIATKOWSKA Iwona      | Warszawa         | POL       |                                    | 72      | K40/18 K / 142     | 00:52:27  | 05.14      | +0:21:55 | 0:07:14 / 2720 | 0:12:39 / 2501 | 0:26:46 / 2035 | 0:33:40 / 1873 | 0:38:57 / 1826 |
| 1695     | 4549   | KOCHANOWSKA Małgorzata | Warszawa         | POL       |                                    | 80      | K30/64 K / 143     | 00:52:28  | 05.14      | +0:21:56 | 0:06:42 / 1869 | 0:11:42 / 1627 | 0:25:34 / 1540 | 0:32:47 / 1592 | 0:38:05 / 1588 |
| 1696     | 5553   | KINAS Remigiusz        | Warszawa         | POL       |                                    | 72      | M40/278 M / 1553   | 00:52:28  | 05.14      | +0:21:56 | 0:06:54 / 2235 | 0:12:05 / 2012 | 0:26:11 / 1808 | 0:33:22 / 1778 | 0:38:37 / 1740 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1697     | 4656   | KAROLAK Małgorzata     | Warszawa         | POL       | Raiffeisen Polbank      | 82      | K30/65 K / 144     | 00:52:28  | 05.14      | +0:21:56 | 0:06:45 / 1962 | 0:11:57 / 1870 | 0:26:05 / 1758 | 0:33:18 / 1756 | 0:38:34 / 1723 |
| 1698     | 5007   | DĄBKOWSKI Jarosław     | Warszawa         | POL       | Radca Prawny            | 73      | M40/279 M / 1554   | 00:52:28  | 05.14      | +0:21:56 | 0:06:50 / 2104 | 0:12:07 / 2055 | 0:26:03 / 1740 | 0:33:00 / 1658 | 0:38:11 / 1609 |
| 1699     | 5081   | SULWIŃSKI Emil         | Konin            | POL       | Adwokaci                | 75      | M30/685 M / 1555   | 00:52:29  | 05.14      | +0:21:57 | 0:06:59 / 2352 | 0:12:22 / 2280 | 0:26:41 / 2003 | 0:33:47 / 1911 | 0:38:56 / 1823 |
| 1700     | 5971   | TKACZYK Konrad         | Warszawa         | POL       | Roche                   | 86      | M20/472 M / 1556   | 00:52:29  | 05.14      | +0:21:57 | 0:06:17 / 1191 | 0:11:21 / 1320 | 0:25:29 / 1500 | 0:32:53 / 1622 | 0:38:31 / 1710 |
| 1701     | 4232   | PAZDERSKI Artur        | Warszawa         | POL       |                         | 83      | M30/686 M / 1557   | 00:52:30  | 05.15      | +0:21:58 | 0:06:29 / 1511 | 0:11:36 / 1530 | 0:25:59 / 1708 | 0:33:26 / 1795 | 0:38:50 / 1799 |
| 1702     | 50     | STRZEBINCZYK Agnieszka | Himmelkom        | POL       |                         | 75      | K30/66 K / 145     | 00:52:30  | 05.15      | +0:21:58 | 0:06:12 / 1051 | 0:11:15 / 1217 | 0:25:18 / 1422 | 0:32:48 / 1597 | 0:38:17 / 1642 |
| 1703     | 6438   | KARIOZEN Michał        | Warszawa         | POL       |                         | 78      | M30/687 M / 1558   | 00:52:30  | 05.15      | +0:21:58 | 0:06:45 / 1971 | 0:11:57 / 1876 | 0:26:03 / 1747 | 0:33:09 / 1703 | 0:38:33 / 1716 |
| 1704     | 6516   | JARASZEK Iza           | Radzyń Podlaski  | POL       |                         | 78      | K30/67 K / 146     | 00:52:31  | 05.15      | +0:21:59 | 0:06:06 / 913  | 0:10:50 / 892  | 0:24:22 / 1034 | 0:31:54 / 1300 | 0:37:49 / 1510 |
| 1705     | 6776   | SAWICKI Mikołaj        | Warszawa         | POL       |                         | 79      | M30/688 M / 1559   | 00:52:31  | 05.15      | +0:21:59 | 0:06:36 / 1721 | 0:11:43 / 1651 | 0:25:33 / 1529 | 0:32:49 / 1602 | 0:38:13 / 1622 |
| 1706     | 3540   | WILBIK Norbert         | Garwolin         | POL       |                         | 80      | M30/689 M / 1560   | 00:52:31  | 05.15      | +0:21:59 | 0:06:24 / 1378 | 0:11:25 / 1368 | 0:25:25 / 1473 | 0:32:46 / 1586 | 0:38:15 / 1629 |
| 1707     | 3417   | SZCZEBIOT Piotr        | Warszawa         | POL       |                         | 87      | M20/473 M / 1561   | 00:52:31  | 05.15      | +0:21:59 | 0:06:32 / 1603 | 0:11:34 / 1503 | 0:25:22 / 1456 | 0:32:48 / 1596 | 0:38:18 / 1646 |
| 1708     | 6518   | KOWALCZUK Konrad       | Warszawa         | POL       |                         | 76      | M30/690 M / 1562   | 00:52:32  | 05.15      | +0:22:00 | 0:06:07 / 920  | 0:10:50 / 886  | 0:24:22 / 1036 | 0:31:54 / 1302 | 0:37:50 / 1516 |
| 1709     | 4465   | KRYCZKA Katarzyna      | Warszawa         | POL       |                         | 85      | K20/56 K / 147     | 00:52:32  | 05.15      | +0:22:00 | 0:06:56 / 2275 | 0:12:39 / 2492 | 0:27:19 / 2252 | 0:34:20 / 2075 | 0:39:33 / 1982 |
| 1710     | 6847   | RZESZUTKO Aleksandra   | Piaseczno        | POL       | Axa Running Team        | 79      | K30/68 K / 148     | 00:52:32  | 05.15      | +0:22:00 | 0:06:52 / 2171 | 0:12:01 / 1937 | 0:26:01 / 1726 | 0:33:14 / 1744 | 0:38:29 / 1701 |
| 1711     | 5904   | MODRZEJEWSKI Artur     | Warszawa         | POL       |                         | 84      | M20/474 M / 1563   | 00:52:33  | 05.15      | +0:22:01 | 0:06:33 / 1647 | 0:11:41 / 1613 | 0:26:08 / 1784 | 0:33:20 / 1771 | 0:38:38 / 1744 |
| 1712     | 4109   | DĄBROWSKI Grzegorz     | Podkowa Leśna    | POL       |                         | 84      | M20/475 M / 1564   | 00:52:34  | 05.15      | +0:22:02 | 0:06:51 / 2161 | 0:12:22 / 2275 | 0:26:33 / 1946 | 0:33:38 / 1861 | 0:38:59 / 1833 |
| 1713     | 6153   | URBAŃSKI Szymon        | Warszawa         | POL       |                         | 83      | M30/691 M / 1565   | 00:52:34  | 05.15      | +0:22:02 | 0:06:36 / 1704 | 0:12:04 / 1999 | 0:26:05 / 1759 | 0:33:17 / 1755 | 0:38:39 / 1752 |
| 1714     | 5838   | BERENDT Karolina       | Warszawa         | POL       | Iron Runners            | 81      | K30/69 K / 149     | 00:52:34  | 05.15      | +0:22:02 | 0:06:34 / 1667 | 0:11:50 / 1751 | 0:26:16 / 1836 | 0:33:42 / 1879 | 0:38:54 / 1814 |
| 1715     | 3465   | ŚWIERAD Małgorzata     | Kowalewo         | POL       |                         | 95      | K20/57 K / 150     | 00:52:34  | 05.15      | +0:22:02 | 0:06:44 / 1921 | 0:12:07 / 2054 | 0:26:25 / 1898 | 0:33:40 / 1871 | 0:39:00 / 1837 |
| 1716     | 3118   | OBLĄK Agnieszka        | Kielce           | POL       |                         | 82      | K30/70 K / 151     | 00:52:34  | 05.15      | +0:22:02 | 0:06:28 / 1478 | 0:11:22 / 1327 | 0:25:14 / 1390 | 0:32:37 / 1539 | 0:38:00 / 1561 |
| 1717     | 452    | GROMEK Mirosław        | Białobrzegi      | POL       |                         | 60      | M50/86 M / 1566    | 00:52:35  | 05.15      | +0:22:03 | 0:06:52 / 2182 | 0:12:02 / 1950 | 0:25:55 / 1688 | 0:33:11 / 1719 | 0:38:24 / 1666 |
| 1718     | 3971   | HERMAN Łukasz          | Warszawa         | POL       | Aegis Runners           | 82      | M30/692 M / 1567   | 00:52:35  | 05.15      | +0:22:03 | 0:05:44 / 521  | 0:10:37 / 752  | 0:24:01 / 927  | 0:31:11 / 1069 | 0:36:36 / 1169 |
| 1719     | 4497   | KAMIŃSKI Sebastian     | Rzeszów          | POL       |                         | 78      | M30/693 M / 1568   | 00:52:35  | 05.15      | +0:22:03 | 0:06:34 / 1650 | 0:11:49 / 1718 | 0:25:43 / 1606 | 0:33:05 / 1687 | 0:38:27 / 1692 |
| 1720     | 194    | BURCHERT Tadeusz       |                  | POL       | Radisson                | 91      | M20/476 M / 1569   | 00:52:36  | 05.15      | +0:22:04 | 0:06:32 / 1601 | 0:11:34 / 1490 | 0:25:31 / 1514 | 0:32:43 / 1574 | 0:38:09 / 1602 |
| 1721     | 2920   | KUĆIŃSKI Andrzej       | Warszawa         | POL       | Lasek Bielański Team    | 60      | M50/87 M / 1570    | 00:52:36  | 05.15      | +0:22:04 | 0:06:50 / 2135 | 0:11:49 / 1723 | 0:26:18 / 1846 | 0:33:35 / 1848 | 0:38:36 / 1732 |
| 1722     | 6671   | KAMIŃSKI Tomek         | Warszawa         | POL       | 12tri.pl                | 72      | M40/280 M / 1571   | 00:52:36  | 05.15      | +0:22:04 | 0:06:08 / 954  | 0:11:04 / 1056 | 0:24:59 / 1285 | 0:32:27 / 1486 | 0:38:03 / 1578 |
| 1723     | 6765   | BEJDA Paweł            | Ząbki            | POL       | The Brand               | 69      | M40/281 M / 1572   | 00:52:36  | 05.15      | +0:22:04 | 0:06:52 / 2168 | 0:11:59 / 1915 | 0:25:46 / 1623 | 0:32:53 / 1620 | 0:38:11 / 1608 |
| 1724     | 6701   | LESZCZYŃSKA Joasia     | Kozienice        | POL       | Goldenteam              | 77      | K30/71 K / 152     | 00:52:36  | 05.15      | +0:22:04 | 0:06:35 / 1700 | 0:11:47 / 1695 | 0:25:48 / 1636 | 0:33:06 / 1689 | 0:38:28 / 1694 |
| 1725     | 2614   | FIEDORCZYK Janusz      | Elk              | POL       | Maratonka Grajewo       | 57      | M50/88 M / 1573    | 00:52:36  | 05.15      | +0:22:04 | 0:06:20 / 1262 | 0:11:11 / 1167 | 0:24:50 / 1214 | 0:32:15 / 1415 | 0:37:44 / 1491 |
| 1726     | 6510   | WYDERKA Krzysztof      | Warszawa         | POL       |                         | 88      | M20/477 M / 1574   | 00:52:36  | 05.15      | +0:22:04 | 0:06:30 / 1532 | 0:11:54 / 1826 | 0:26:29 / 1921 | 0:33:51 / 1935 | 0:39:06 / 1873 |
| 1727     | 5820   | KOWALIK Paweł          | Komarówka        | POL       |                         | 90      | M20/478 M / 1575   | 00:52:37  | 05.15      | +0:22:05 | 0:06:45 / 1963 | 0:12:01 / 1934 | 0:25:56 / 1692 | 0:32:51 / 1612 | 0:38:24 / 1670 |
| 1728     | 47     | ŻURAWIŃSKA Ewa         | Warszawa         | POL       | Go Sport                | 80      | K30/72 K / 153     | 00:52:37  | 05.15      | +0:22:05 | 0:06:46 / 2002 | 0:11:53 / 1806 | 0:25:36 / 1561 | 0:32:39 / 1551 | 0:38:08 / 1594 |
| 1729     | 3827   | MARECKY EI             | Warszawa         | POL       | Rebel Scream Team       | 80      | M30/694 M / 1576   | 00:52:37  | 05.15      | +0:22:05 | 0:06:09 / 980  | 0:10:59 / 1007 | 0:24:53 / 1237 | 0:32:14 / 1409 | 0:38:00 / 1562 |
| 1730     | 4503   | ARUSZTOWICZ Bartosz    | Warszawa         | POL       |                         | 81      | M30/695 M / 1577   | 00:52:37  | 05.15      | +0:22:05 | 0:06:43 / 1894 | 0:11:59 / 1904 | 0:25:50 / 1649 | 0:33:05 / 1678 | 0:38:26 / 1680 |
| 1731     | 40     | SAJEWICZ Tomasz        | Warszawa         | POL       | Go Sport                | 84      | M20/479 M / 1578   | 00:52:37  | 05.15      | +0:22:05 | 0:06:45 / 1953 | 0:11:50 / 1753 | 0:25:35 / 1549 | 0:32:37 / 1542 | 0:38:08 / 1596 |
| 1732     | 2845   | ZAWODNIK Do uzup       |                  | POL       |                         |         | M / 1579           | 00:52:37  | 05.15      | +0:22:05 | 0:06:38 / 1767 | 0:11:46 / 1689 | 0:25:28 / 1491 | 0:32:42 / 1567 | 0:38:17 / 1641 |
| 1733     | 36     | MŁODOŻENIEC Jacek      | Warszawa         | POL       |                         | 68      | M40/282 M / 1580   | 00:52:38  | 05.15      | +0:22:06 | 0:06:48 / 2048 | 0:12:01 / 1935 | 0:26:07 / 1778 | 0:33:14 / 1737 | 0:38:30 / 1706 |
| 1734     | 6656   | ŚWIDERSKI Marcin       | Warszawa         | POL       |                         | 85      | M20/480 M / 1581   | 00:52:38  | 05.15      | +0:22:06 | 0:06:42 / 1864 | 0:12:02 / 1966 | 0:26:26 / 1900 | 0:33:45 / 1903 | 0:39:04 / 1861 |
| 1735     | 6362   | KUCZKOWSKI Piotr       | Warszawa         | POL       |                         | 86      | M20/481 M / 1582   | 00:52:38  | 05.15      | +0:22:06 | 0:07:06 / 2541 | 0:12:27 / 2336 | 0:26:56 / 2104 | 0:34:15 / 2050 | 0:39:32 / 1980 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club       | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|-------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1736     | 174    | KOWALCZYK Mariusz          |                  | POL       | Maraton Warszawski            | 13      | M / 1583           | 00:52:39  | 05.15      | +0:22:07 | 0:06:44 / 1938 | 0:12:01 / 1945 | 0:25:51 / 1657 | 0:33:12 / 1726 | 0:38:38 / 1745 |
| 1737     | 5132   | SZYMERSKI Michał           | Warszawa         | POL       |                               | 85      | M20/482 M / 1584   | 00:52:39  | 05.15      | +0:22:07 | 0:07:04 / 2480 | 0:12:40 / 2512 | 0:26:44 / 2021 | 0:33:51 / 1930 | 0:39:17 / 1912 |
| 1738     | 4776   | JURKOWSKA Jagoda           | Warszawa         | POL       | Vege Runners                  | 84      | K20/58 K / 154     | 00:52:40  | 05.16      | +0:22:08 | 0:06:05 / 884  | 0:10:56 / 958  | 0:24:58 / 1276 | 0:32:30 / 1498 | 0:37:51 / 1520 |
| 1739     | 203    | LATUSZEK Damian            | Warszawa         | POL       | Pko                           | 85      | M20/483 M / 1585   | 00:52:40  | 05.16      | +0:22:08 | 0:06:28 / 1494 | 0:11:23 / 1351 | 0:25:33 / 1531 | 0:32:50 / 1605 | 0:38:10 / 1603 |
| 1740     | 26     | ROSZAK Waldemar            | Warszawa         | POL       | Dzielnica Białoleka           | 67      | M40/283 M / 1586   | 00:52:41  | 05.16      | +0:22:09 | 0:06:46 / 1983 | 0:11:57 / 1875 | 0:26:11 / 1806 | 0:33:32 / 1826 | 0:38:42 / 1768 |
| 1741     | 4481   | NOWOSIELSKI Piotr          | Warszawa         | POL       |                               | 75      | M30/696 M / 1587   | 00:52:42  | 05.16      | +0:22:10 | 0:06:36 / 1720 | 0:11:43 / 1633 | 0:25:34 / 1536 | 0:32:53 / 1623 | 0:38:16 / 1639 |
| 1742     | 5790   | JACENKO Maciej             | Warszawa         | POL       |                               | 76      | M30/697 M / 1588   | 00:52:42  | 05.16      | +0:22:10 | 0:06:48 / 2075 | 0:11:52 / 1785 | 0:25:55 / 1681 | 0:32:59 / 1649 | 0:38:13 / 1619 |
| 1743     | 3888   | MERCHELSKI Piotr           | Warszawa         | POL       | Bez Ciśnień                   | 84      | M20/484 M / 1589   | 00:52:42  | 05.16      | +0:22:11 | 0:07:06 / 2534 | 0:12:27 / 2339 | 0:26:56 / 2101 | 0:34:15 / 2049 | 0:39:34 / 1985 |
| 1744     | 4973   | VEITH Marek                | Warszawa         | POL       |                               | 80      | M30/698 M / 1590   | 00:52:43  | 05.16      | +0:22:11 | 0:07:36 / 3207 | 0:12:48 / 2625 | 0:26:34 / 1951 | 0:33:46 / 1908 | 0:39:08 / 1878 |
| 1745     | 3499   | TYSZKIEWICZ Daniel         | Sochaczew        | POL       |                               | 90      | M20/485 M / 1591   | 00:52:43  | 05.16      | +0:22:11 | 0:05:22 / 241  | 0:09:56 / 411  | 0:23:48 / 873  | 0:31:32 / 1182 | 0:37:15 / 1346 |
| 1746     | 6634   | KINASIEWICZ Paweł          | Warszawa         | POL       |                               | 76      | M30/699 M / 1592   | 00:52:43  | 05.16      | +0:22:11 | 0:06:36 / 1722 | 0:11:48 / 1713 | 0:26:15 / 1832 | 0:33:17 / 1754 | 0:38:34 / 1721 |
| 1747     | 5014   | TRZĄSKI Adrian             | Warszawa         | POL       |                               | 78      | M30/700 M / 1593   | 00:52:43  | 05.16      | +0:22:11 | 0:06:31 / 1585 | 0:11:47 / 1698 | 0:25:38 / 1577 | 0:32:59 / 1653 | 0:38:16 / 1638 |
| 1748     | 221    | POTERAŁSKI Dariusz         | Warszawa         | POL       | Pko                           | 71      | M40/284 M / 1594   | 00:52:44  | 05.16      | +0:22:12 | 0:05:54 / 674  | 0:10:49 / 880  | 0:24:51 / 1216 | 0:32:11 / 1392 | 0:37:49 / 1506 |
| 1749     | 5348   | BRONISZEWSKI Jakub         |                  | POL       | Play                          | 75      | M30/701 M / 1595   | 00:52:44  | 05.16      | +0:22:12 | 0:07:54 / 3532 | 0:14:02 / 3482 | 0:30:05 / 3224 | 0:35:44 / 2507 | 0:40:26 / 2207 |
| 1750     | 5474   | GNIEWASZEWSKI Piotr        | Piotrków Tryb    | POL       | Uciekłem Z Domu               | 76      | M30/702 M / 1596   | 00:52:44  | 05.16      | +0:22:12 | 0:07:08 / 2573 | 0:12:44 / 2563 | 0:26:56 / 2107 | 0:33:57 / 1961 | 0:39:14 / 1905 |
| 1751     | 2639   | GAŚIEWSKI Tomasz           | Ząbki            | POL       |                               | 73      | M40/285 M / 1597   | 00:52:45  | 05.16      | +0:22:13 | 0:06:34 / 1670 | 0:11:48 / 1710 | 0:26:04 / 1754 | 0:33:30 / 1815 | 0:38:44 / 1781 |
| 1752     | 2613   | FEDER Marcin               | Żyrardów         | POL       | Fitness Tribe                 | 80      | M30/703 M / 1598   | 00:52:45  | 05.16      | +0:22:13 | 0:06:31 / 1570 | 0:11:33 / 1476 | 0:25:15 / 1404 | 0:32:33 / 1518 | 0:37:58 / 1552 |
| 1753     | 6305   | CZURYSZKIEWICZ Ewelina     | Zielonka         | POL       |                               | 90      | K20/59 K / 155     | 00:52:46  | 05.16      | +0:22:14 | 0:06:01 / 812  | 0:10:49 / 872  | 0:24:47 / 1195 | 0:32:09 / 1377 | 0:37:42 / 1477 |
| 1754     | 4723   | MARKOWSKI Mirosław         | Laski            | POL       | Kpn                           | 56      | M50/89 M / 1599    | 00:52:46  | 05.16      | +0:22:14 | 0:07:03 / 2475 | 0:12:34 / 2438 | 0:27:06 / 2156 | 0:34:05 / 2006 | 0:39:18 / 1917 |
| 1755     | 6391   | FILIPIAK Grzegorz          | Warszawa         | POL       | Sg                            | 74      | M30/704 M / 1600   | 00:52:47  | 05.16      | +0:22:15 | 0:06:59 / 2360 | 0:12:32 / 2405 | 0:26:57 / 2110 | 0:34:04 / 1998 | 0:39:16 / 1910 |
| 1756     | 2609   | ETTERLE-GARBACIK Katarzyna | Kraków           | POL       |                               | 72      | K40/19 K / 156     | 00:52:47  | 05.16      | +0:22:15 | 0:06:34 / 1655 | 0:11:43 / 1646 | 0:26:13 / 1823 | 0:33:36 / 1850 | 0:38:51 / 1805 |
| 1757     | 4598   | TRUSZKO Agnieszka          | Duchnice         | POL       | Białuty Team                  | 73      | K40/20 K / 157     | 00:52:47  | 05.16      | +0:22:15 | 0:06:41 / 1836 | 0:11:57 / 1872 | 0:26:02 / 1735 | 0:33:15 / 1748 | 0:38:42 / 1767 |
| 1758     | 6761   | ADAMCZYK Anna              | Warszawa         | POL       |                               | 83      | K30/73 K / 158     | 00:52:47  | 05.16      | +0:22:15 | 0:06:26 / 1447 | 0:11:35 / 1510 | 0:25:51 / 1660 | 0:33:25 / 1788 | 0:38:43 / 1772 |
| 1759     | 6616   | STRUŚ Sebastian            | Warszawa         | POL       |                               | 78      | M30/705 M / 1601   | 00:52:47  | 05.16      | +0:22:15 | 0:06:42 / 1886 | 0:11:59 / 1912 | 0:25:49 / 1643 | 0:33:10 / 1713 | 0:38:37 / 1738 |
| 1760     | 4783   | NARUNIEC Jacek             | Warszawa         | POL       |                               | 82      | M30/706 M / 1602   | 00:52:48  | 05.16      | +0:22:16 | 0:06:34 / 1658 | 0:11:51 / 1766 | 0:25:58 / 1706 | 0:33:11 / 1721 | 0:38:35 / 1728 |
| 1761     | 4965   | PRUSKI Konrad              | Warszawa         | POL       |                               | 85      | M20/486 M / 1603   | 00:52:48  | 05.16      | +0:22:16 | 0:06:35 / 1690 | 0:11:57 / 1865 | 0:26:19 / 1851 | 0:33:30 / 1818 | 0:38:55 / 1822 |
| 1762     | 4597   | TRUSZKO Bogdan             | Duchnice         | POL       | Białuty Team                  | 71      | M40/286 M / 1604   | 00:52:48  | 05.16      | +0:22:16 | 0:06:42 / 1878 | 0:11:57 / 1882 | 0:26:04 / 1749 | 0:33:17 / 1752 | 0:38:43 / 1770 |
| 1763     | 4989   | JOŃCZYK Jakub              | Legionowo        | POL       | Serock Biega Z Hotelem Narwil | 90      | M20/487 M / 1605   | 00:52:48  | 05.16      | +0:22:16 | 0:06:21 / 1298 | 0:11:38 / 1566 | 0:25:50 / 1646 | 0:33:26 / 1791 | 0:39:05 / 1865 |
| 1764     | 6170   | SZEREMETA Sławomir         | Warszawa         | POL       |                               | 73      | M40/287 M / 1606   | 00:52:48  | 05.16      | +0:22:16 | 0:06:50 / 2129 | 0:12:07 / 2044 | 0:26:07 / 1773 | 0:33:20 / 1767 | 0:38:49 / 1795 |
| 1765     | 4695   | PIESIO Artur               | Warszawa         | POL       |                               | 73      | M40/288 M / 1607   | 00:52:49  | 05.16      | +0:22:17 | 0:06:41 / 1841 | 0:11:55 / 1833 | 0:25:49 / 1641 | 0:33:05 / 1684 | 0:38:39 / 1751 |
| 1766     | 5964   | DŹWIGAŁOWSKI Arnold        | Warszawa         | POL       |                               | 71      | M40/289 M / 1608   | 00:52:49  | 05.16      | +0:22:17 | 0:05:59 / 764  | 0:10:38 / 765  | 0:24:16 / 998  | 0:31:51 / 1285 | 0:37:29 / 1413 |
| 1767     | 6705   | SROCZYŃSKI Paweł           | Warszawa         | POL       |                               | 80      | M30/707 M / 1609   | 00:52:49  | 05.16      | +0:22:17 | 0:06:03 / 855  | 0:10:47 / 856  | 0:24:41 / 1156 | 0:32:01 / 1330 | 0:37:38 / 1466 |
| 1768     | 6304   | BORÓWKA Mariusz            | Warszawa         | POL       |                               | 85      | M20/488 M / 1610   | 00:52:49  | 05.16      | +0:22:17 | 0:06:26 / 1443 | 0:12:01 / 1946 | 0:26:32 / 1941 | 0:33:49 / 1921 | 0:39:15 / 1908 |
| 1769     | 5292   | GLÓD Marcin                | Wrocław          | POL       | Adwokaci                      | 82      | M30/708 M / 1611   | 00:52:49  | 05.16      | +0:22:18 | 0:07:15 / 2741 | 0:12:51 / 2669 | 0:26:46 / 2043 | 0:33:56 / 1955 | 0:39:06 / 1869 |
| 1770     | 4342   | ŚWIERŻEWSKI Łukasz         | Warszawa         | POL       |                               | 75      | M30/709 M / 1612   | 00:52:50  | 05.17      | +0:22:18 | 0:06:59 / 2345 | 0:12:27 / 2325 | 0:26:45 / 2032 | 0:33:59 / 1970 | 0:39:28 / 1955 |
| 1771     | 3214   | POŁOSAK Rafał              | Warszawa         | POL       |                               | 75      | M30/710 M / 1613   | 00:52:50  | 05.17      | +0:22:18 | 0:06:30 / 1541 | 0:11:45 / 1671 | 0:25:39 / 1584 | 0:32:54 / 1626 | 0:38:22 / 1661 |
| 1772     | 4981   | SZLENDAK Anna              | Legionowo        | POL       |                               | 83      | K30/74 K / 159     | 00:52:51  | 05.17      | +0:22:19 | 0:06:26 / 1450 | 0:11:43 / 1637 | 0:26:06 / 1770 | 0:33:32 / 1827 | 0:39:02 / 1853 |
| 1773     | 3861   | KULCZYŃSKI Adrian          | Warszawa         | POL       | E-sita.pl                     | 83      | M30/711 M / 1614   | 00:52:51  | 05.17      | +0:22:19 | 0:06:33 / 1632 | 0:11:44 / 1661 | 0:26:20 / 1857 | 0:33:34 / 1839 | 0:38:53 / 1812 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1774     | 3268   | ROCHOWIAK Grzegorz      | Gniezno          | POL       |                         | 82      | M30/712 M / 1615   | 00:52:52  | 05.17      | +0:22:20 | 0:06:37 / 1742 | 0:11:50 / 1750 | 0:26:12 / 1818 | 0:33:33 / 1831 | 0:38:54 / 1816 |
| 1775     | 4901   | FRANECKI Jarosław       | Warszawa         | POL       |                         | 57      | M50/90 M / 1616    | 00:52:52  | 05.17      | +0:22:20 | 0:06:43 / 1892 | 0:12:01 / 1938 | 0:26:02 / 1736 | 0:33:22 / 1776 | 0:38:43 / 1769 |
| 1776     | 5293   | GLÓD Jacek              | Warszawa         | POL       | Adwokaci                | 87      | M20/489 M / 1617   | 00:52:53  | 05.17      | +0:22:21 | 0:07:16 / 2765 | 0:12:52 / 2692 | 0:26:47 / 2052 | 0:33:58 / 1965 | 0:39:08 / 1879 |
| 1777     | 4517   | REMBELSKI Łukasz        | Warszawa         | POL       |                         | 84      | M20/490 M / 1618   | 00:52:53  | 05.17      | +0:22:21 | 0:06:53 / 2206 | 0:12:05 / 2010 | 0:26:46 / 2040 | 0:33:47 / 1912 | 0:39:08 / 1882 |
| 1778     | 5256   | BALARYN Paweł           | Runowo Kraj.     | POL       | Adwokaci                | 77      | M30/713 M / 1619   | 00:52:53  | 05.17      | +0:22:21 | 0:07:41 / 3300 | 0:13:23 / 3078 | 0:27:36 / 2361 | 0:34:35 / 2157 | 0:39:40 / 2017 |
| 1779     | 5887   | MIKA Katarzyna          | Warszawa         | POL       |                         | 80      | K30/75 K / 160     | 00:52:53  | 05.17      | +0:22:21 | 0:06:43 / 1912 | 0:11:43 / 1648 | 0:25:47 / 1627 | 0:33:07 / 1693 | 0:38:28 / 1695 |
| 1780     | 4923   | ZALEWSKI Ksawery        | Warszawa         | POL       |                         | 47      | M60/12 M / 1620    | 00:52:54  | 05.17      | +0:22:22 | 0:06:35 / 1686 | 0:11:48 / 1712 | 0:25:42 / 1601 | 0:33:01 / 1664 | 0:38:27 / 1684 |
| 1781     | 5352   | BENDIG Wojciech         | Warszawa         | POL       |                         | 74      | M30/714 M / 1621   | 00:52:54  | 05.17      | +0:22:22 | 0:06:46 / 2000 | 0:12:04 / 1985 | 0:26:23 / 1879 | 0:33:37 / 1854 | 0:39:08 / 1881 |
| 1782     | 6594   | CIEMIŃSKI Krzysztof     | Warszawa         | POL       |                         | 69      | M40/290 M / 1622   | 00:52:54  | 05.17      | +0:22:22 | 0:07:44 / 3356 | 0:13:36 / 3213 | 0:29:03 / 2886 | 0:35:44 / 2506 | 0:40:35 / 2263 |
| 1783     | 6729   | OLSZEWSKI Sławomir      | Warszawa         | POL       |                         | 85      | M20/491 M / 1623   | 00:52:54  | 05.17      | +0:22:22 | 0:06:47 / 2033 | 0:12:04 / 1986 | 0:26:02 / 1739 | 0:33:09 / 1705 | 0:38:29 / 1704 |
| 1784     | 5787   | STANISZEWSKI Paweł      | Warszawa         | POL       |                         | 87      | M20/492 M / 1624   | 00:52:54  | 05.17      | +0:22:22 | 0:06:47 / 2038 | 0:12:03 / 1978 | 0:26:03 / 1745 | 0:33:09 / 1709 | 0:38:29 / 1700 |
| 1785     | 4096   | CHMIELECKI Andrzej      | Radom            | POL       | Brak                    | 67      | M40/291 M / 1625   | 00:52:55  | 05.17      | +0:22:23 | 0:06:28 / 1481 | 0:11:49 / 1722 | 0:26:22 / 1876 | 0:33:37 / 1856 | 0:39:05 / 1868 |
| 1786     | 4389   | KORZEMPA Krzysztof      | Sulejówkę        | POL       | Sulejówkę               | 76      | M30/715 M / 1626   | 00:52:55  | 05.17      | +0:22:23 | 0:06:25 / 1416 | 0:11:16 / 1229 | 0:25:20 / 1437 | 0:32:59 / 1656 | 0:38:19 / 1649 |
| 1787     | 3904   | PIETRASZUK Joanna       | Terespol         | POL       | Jachny Team             | 79      | K30/76 K / 161     | 00:52:55  | 05.17      | +0:22:23 | 0:07:06 / 2519 | 0:12:37 / 2471 | 0:27:10 / 2186 | 0:34:31 / 2141 | 0:39:39 / 2011 |
| 1788     | 5966   | AUGUSTYNIAK Bogusław    | Warszawa         | POL       |                         | 59      | M50/91 M / 1627    | 00:52:55  | 05.17      | +0:22:23 | 0:07:10 / 2610 | 0:12:48 / 2620 | 0:27:11 / 2195 | 0:34:18 / 2063 | 0:39:36 / 1989 |
| 1789     | 5201   | GRZYB Tomasz            | Olsztyn          | POL       | Adwokaci                | 83      | M30/716 M / 1628   | 00:52:55  | 05.17      | +0:22:23 | 0:06:52 / 2186 | 0:12:21 / 2254 | 0:26:26 / 1906 | 0:33:35 / 1844 | 0:38:57 / 1824 |
| 1790     | 5602   | KALUŻNY Mikołaj         | Warszawa         | POL       |                         | 77      | M30/717 M / 1629   | 00:52:55  | 05.17      | +0:22:23 | 0:06:58 / 2316 | 0:12:21 / 2251 | 0:26:21 / 1866 | 0:33:18 / 1758 | 0:38:41 / 1762 |
| 1791     | 6358   | ANTONIAK Krzysztof      | Warszawa         | POL       |                         | 81      | M30/718 M / 1630   | 00:52:55  | 05.17      | +0:22:23 | 0:06:57 / 2279 | 0:12:25 / 2311 | 0:27:07 / 2162 | 0:34:24 / 2103 | 0:39:42 / 2028 |
| 1792     | 2394   | ANDRZEJCZYK Robert      | Warszawa         | POL       |                         | 76      | M30/719 M / 1631   | 00:52:56  | 05.17      | +0:22:24 | 0:06:19 / 1232 | 0:11:17 / 1247 | 0:25:18 / 1424 | 0:32:40 / 1558 | 0:38:09 / 1598 |
| 1793     | 2882   | KOWAŃSKI Marcin         | Koźmin Wlkp      | POL       | Jw4938                  | 73      | M40/292 M / 1632   | 00:52:56  | 05.17      | +0:22:24 | 0:06:04 / 862  | 0:10:55 / 954  | 0:25:25 / 1472 | 0:33:05 / 1680 | 0:38:55 / 1817 |
| 1794     | 3608   | ZGUTKA Jacek            | Warszawa         | POL       |                         | 82      | M30/720 M / 1633   | 00:52:56  | 05.17      | +0:22:24 | 0:06:10 / 997  | 0:11:06 / 1093 | 0:24:51 / 1217 | 0:32:08 / 1371 | 0:37:42 / 1481 |
| 1795     | 6844   | OKAPIEC Aleksandra      | Warszawa         | POL       | Axa Running Team        | 81      | K30/77 K / 162     | 00:52:57  | 05.17      | +0:22:25 | 0:06:51 / 2145 | 0:12:07 / 2048 | 0:26:29 / 1918 | 0:33:43 / 1885 | 0:38:58 / 1831 |
| 1796     | 2189   | ZAWODNIK Do uzup        |                  | POL       |                         |         | M / 1634           | 00:52:57  | 05.17      | +0:22:25 | 0:07:29 / 3051 | 0:13:06 / 2872 | 0:27:12 / 2199 | 0:34:25 / 2106 | 0:39:33 / 1984 |
| 1797     | 4652   | KACZOROWSKA Małgorzata  | Emów             | POL       |                         | 70      | K40/21 K / 163     | 00:52:57  | 05.17      | +0:22:25 | 0:07:08 / 2560 | 0:12:31 / 2391 | 0:26:25 / 1893 | 0:33:48 / 1916 | 0:39:10 / 1887 |
| 1798     | 2622   | FRYDRYCHOWICZ Michał    | Warszawa         | POL       |                         | 78      | M30/721 M / 1635   | 00:52:57  | 05.17      | +0:22:25 | 0:06:59 / 2339 | 0:12:18 / 2212 | 0:26:34 / 1953 | 0:33:51 / 1937 | 0:39:12 / 1895 |
| 1799     | 6412   | KIERZKOWSKI Tomasz      | Warszawa         | POL       | Bank Pekao              | 72      | M40/293 M / 1636   | 00:52:57  | 05.17      | +0:22:25 | 0:06:43 / 1907 | 0:12:04 / 1994 | 0:25:59 / 1716 | 0:32:57 / 1642 | 0:38:17 / 1640 |
| 1800     | 4359   | GŁOWACKA Emilia         | Grodzisk         | POL       |                         | 85      | K20/60 K / 164     | 00:52:59  | 05.17      | +0:22:27 | 0:06:31 / 1558 | 0:11:36 / 1540 | 0:25:41 / 1591 | 0:33:10 / 1715 | 0:38:36 / 1735 |
| 1801     | 5387   | SZCZYCIŃSKI Bartosz     | Legionowo        | POL       |                         | 86      | M20/493 M / 1637   | 00:52:59  | 05.17      | +0:22:27 | 0:07:38 / 3244 | 0:13:21 / 3060 | 0:27:28 / 2306 | 0:34:22 / 2085 | 0:39:33 / 1983 |
| 1802     | 5865   | ZAKRZEWSKI Grzegorz     | Warszawa         | POL       |                         | 82      | M30/722 M / 1638   | 00:53:00  | 05.18      | +0:22:28 | 0:06:55 / 2257 | 0:12:10 / 2089 | 0:26:32 / 1938 | 0:33:48 / 1913 | 0:39:05 / 1867 |
| 1803     | 6995   | SIEDLECKI Bartosz       | Warszawa         | POL       |                         | 77      | M30/723 M / 1639   | 00:53:00  | 05.18      | +0:22:28 | 0:06:37 / 1735 | 0:11:46 / 1688 | 0:25:40 / 1587 | 0:33:04 / 1675 | 0:38:42 / 1766 |
| 1804     | 6704   | WOJCIECHOWSKI Sebastian | Trzebnica        | POL       | Warsaw Masters Team     | 73      | M40/294 M / 1640   | 00:53:00  | 05.18      | +0:22:28 | 0:06:35 / 1691 | 0:11:39 / 1572 | 0:25:53 / 1669 | 0:33:14 / 1741 | 0:38:38 / 1742 |
| 1805     | 2661   | GOSKA Przemysław        | Oleśnica         | POL       |                         | 80      | M30/724 M / 1641   | 00:53:01  | 05.18      | +0:22:29 | 0:06:12 / 1062 | 0:11:09 / 1123 | 0:25:09 / 1357 | 0:32:33 / 1519 | 0:38:09 / 1601 |
| 1806     | 5822   | KORCZYŃSKI Piotr        | Warszawa         | POL       |                         | 68      | M40/295 M / 1642   | 00:53:01  | 05.18      | +0:22:29 | 0:06:11 / 1041 | 0:11:01 / 1023 | 0:25:15 / 1397 | 0:32:36 / 1532 | 0:38:12 / 1615 |
| 1807     | 3744   | GĘBSKI Tomasz           | Nysa             | POL       |                         | 85      | M20/494 M / 1643   | 00:53:01  | 05.18      | +0:22:29 | 0:06:21 / 1303 | 0:11:17 / 1250 | 0:25:12 / 1380 | 0:32:49 / 1599 | 0:38:05 / 1586 |
| 1808     | 6447   | CZURYŁOWICZ Krzysztof   | Zaświatyche      | POL       |                         | 85      | M20/495 M / 1644   | 00:53:02  | 05.18      | +0:22:30 | 0:07:00 / 2381 | 0:12:31 / 2393 | 0:26:47 / 2048 | 0:33:54 / 1947 | 0:39:30 / 1966 |
| 1809     | 6615   | WYPYCH Mirosław         | Warszawa         | POL       |                         | 70      | M40/296 M / 1645   | 00:53:02  | 05.18      | +0:22:30 | 0:07:33 / 3153 | 0:13:14 / 2962 | 0:27:36 / 2364 | 0:34:45 / 2205 | 0:40:12 / 2140 |
| 1810     | 6754   | TABOR Tomasz            | Wołomin          | POL       |                         | 77      | M30/725 M / 1646   | 00:53:02  | 05.18      | +0:22:30 | 0:06:42 / 1888 | 0:12:06 / 2017 | 0:26:24 / 1884 | 0:33:50 / 1923 | 0:39:07 / 1876 |
| 1811     | 3493   | TRZOSEK Przemysław      | Warszawa         | POL       |                         | 77      | M30/726 M / 1647   | 00:53:02  | 05.18      | +0:22:30 | 0:06:24 / 1389 | 0:11:30 / 1442 | 0:25:34 / 1545 | 0:33:05 / 1682 | 0:38:31 / 1711 |
| 1812     | 3463   | ŚLUSARSKI Wojciech      | Warszawa         | POL       |                         | 81      | M30/727 M / 1648   | 00:53:02  | 05.18      | +0:22:30 | 0:07:00 / 2399 | 0:12:35 / 2447 | 0:27:20 / 2257 | 0:34:41 / 2187 | 0:39:51 / 2051 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                 | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|---|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1813     | 5174   | BYTNIIEWSKI Zdzisław  | Warszawa         | POL       |   | 58 M50/92  | M / 1649           | 00:53:02  | 05.18      | +0:22:30 | 0:06:27 / 1464 | 0:11:22 / 1328 | 0:25:33 / 1530 | 0:33:10 / 1717 | 0:38:40 / 1754 |
| 1814     | 2909   | KRYSIK Mariusz        | Tłuszcz          | POL       |   | 85 M20/496 | M / 1650           | 00:53:02  | 05.18      | +0:22:31 | 0:06:31 / 1565 | 0:11:58 / 1891 | 0:26:24 / 1889 | 0:33:37 / 1853 | 0:39:01 / 1849 |
| 1815     | 6384   | CZYŻOWSKA Paulina     | Mińsk Mazowiecki | POL       |   | 98 K20/61  | K / 165            | 00:53:03  | 05.18      | +0:22:31 | 0:06:11 / 1034 | 0:11:18 / 1274 | 0:25:19 / 1433 | 0:32:57 / 1645 | 0:38:29 / 1705 |
| 1816     | 6383   | CZYŻOWSKI Marek       | Mińsk Mazowiecki | POL       |   | 76 M30/728 | M / 1651           | 00:53:03  | 05.18      | +0:22:31 | 0:06:11 / 1033 | 0:11:18 / 1269 | 0:25:20 / 1439 | 0:32:57 / 1644 | 0:38:29 / 1702 |
| 1817     | 4374   | WARDA Ryszard         | Sadowne          | POL       |   | 60 M50/93  | M / 1652           | 00:53:03  | 05.18      | +0:22:31 | 0:06:50 / 2109 | 0:12:02 / 1952 | 0:26:10 / 1797 | 0:33:38 / 1862 | 0:39:03 / 1856 |
| 1818     | 3387   | STĘPNIAK Małgorzata   | Sochaczew        | POL       |   | 90 K20/62  | K / 166            | 00:53:03  | 05.18      | +0:22:31 | 0:06:49 / 2081 | 0:12:15 / 2172 | 0:26:25 / 1897 | 0:33:56 / 1956 | 0:39:29 / 1964 |
| 1819     | 2615   | FIJAŁKOWSKA Emilia    | Kraków           | POL       |   | 86 K20/63  | K / 167            | 00:53:03  | 05.18      | +0:22:31 | 0:06:37 / 1747 | 0:11:55 / 1844 | 0:26:25 / 1895 | 0:33:50 / 1928 | 0:39:08 / 1880 |
| 1820     | 4986   | KOŁBON Przemysław     | Warszawa         | POL       |   | 86 M20/497 | M / 1653           | 00:53:04  | 05.18      | +0:22:32 | 0:06:10 / 1012 | 0:11:20 / 1301 | 0:25:37 / 1565 | 0:33:13 / 1734 | 0:39:14 / 1904 |
| 1821     | 4097   | TURSKI Michał         | Łomianki         | POL       | Biegnij Warszawa                        | 74 M30/729 | M / 1654           | 00:53:04  | 05.18      | +0:22:32 | 0:06:23 / 1368 | 0:11:27 / 1399 | 0:25:04 / 1325 | 0:32:23 / 1464 | 0:37:56 / 1541 |
| 1822     | 3781   | SADOWIŃSKI Darek      | Warszawa Praga   | POL       |   | 67 M40/297 | M / 1655           | 00:53:04  | 05.18      | +0:22:32 | 0:06:28 / 1480 | 0:11:23 / 1353 | 0:24:59 / 1280 | 0:32:21 / 1454 | 0:37:55 / 1538 |
| 1823     | 6462   | KOKOSZKA Wojciech     | Siedlce          | POL       |   | 75 M30/730 | M / 1656           | 00:53:04  | 05.18      | +0:22:32 | 0:07:05 / 2501 | 0:12:34 / 2432 | 0:26:54 / 2085 | 0:34:07 / 2016 | 0:39:32 / 1979 |
| 1824     | 3316   | SIEROTKO Piotr        | Koszalin         | POL       | Kocham Iwoni                            | 83 M30/731 | M / 1657           | 00:53:05  | 05.18      | +0:22:33 | 0:06:58 / 2313 | 0:12:23 / 2284 | 0:26:28 / 1913 | 0:33:38 / 1864 | 0:38:59 / 1834 |
| 1825     | 6289   | SZAFRAN Bartosz       | Warszawa         | POL       |   | 88 M20/498 | M / 1658           | 00:53:05  | 05.18      | +0:22:33 | 0:06:47 / 2014 | 0:12:12 / 2125 | 0:26:39 / 1986 | 0:33:53 / 1945 | 0:39:16 / 1909 |
| 1826     | 6232   | GAZDOWSKI Karol       | Warszawa         | POL       |   | 85 M20/499 | M / 1659           | 00:53:06  | 05.18      | +0:22:34 | 0:06:50 / 2120 | 0:12:32 / 2404 | 0:27:36 / 2366 | 0:34:45 / 2202 | 0:39:50 / 2044 |
| 1827     | 3671   | DUDEK Bartłomiej      | Warszawa         | POL       | 12tri.pl                                | 82 M30/732 | M / 1660           | 00:53:07  | 05.18      | +0:22:35 | 0:07:16 / 2768 | 0:12:49 / 2645 | 0:27:29 / 2312 | 0:34:35 / 2158 | 0:39:53 / 2060 |
| 1828     | 2563   | DAWIDOWICZ Marcin     | Warszawa         | POL       |   | 81 M30/733 | M / 1661           | 00:53:08  | 05.18      | +0:22:36 | 0:06:21 / 1283 | 0:11:27 / 1405 | 0:24:52 / 1234 | 0:32:16 / 1422 | 0:38:19 / 1647 |
| 1829     | 3961   | BUDZISZEWSKA Marlena  | Warszawa         | POL       |   | 83 K30/78  | K / 168            | 00:53:08  | 05.18      | +0:22:36 | 0:06:46 / 1993 | 0:12:11 / 2110 | 0:26:18 / 1849 | 0:33:34 / 1840 | 0:38:57 / 1827 |
| 1830     | 3729   | PRUSZCZAK Dominika    | Warszawa         | POL       | Chks Purchawy                           | 88 K20/64  | K / 169            | 00:53:09  | 05.18      | +0:22:37 | 0:07:14 / 2705 | 0:12:48 / 2626 | 0:27:05 / 2151 | 0:34:15 / 2044 | 0:39:36 / 1992 |
| 1831     | 322    | WRÓBEL Anna           | Warszawa         | POL       | Pko                                     | 82 K30/79  | K / 170            | 00:53:10  | 05.19      | +0:22:38 | 0:06:40 / 1830 | 0:12:07 / 2039 | 0:26:19 / 1854 | 0:33:45 / 1899 | 0:39:03 / 1858 |
| 1832     | 4489   | ROSIK Piotr           | Warszawa         | POL       |   | 80 M30/734 | M / 1662           | 00:53:10  | 05.19      | +0:22:38 | 0:06:31 / 1584 | 0:11:40 / 1593 | 0:25:48 / 1634 | 0:33:29 / 1810 | 0:39:12 / 1890 |
| 1833     | 4180   | KURDEL Justyna        | Warszawa         | POL       | Rbs                                     | 85 K20/65  | K / 171            | 00:53:11  | 05.19      | +0:22:39 | 0:06:48 / 2044 | 0:12:15 / 2165 | 0:26:24 / 1885 | 0:33:28 / 1804 | 0:38:52 / 1808 |
| 1834     | 5407   | ŚWIDERSKI Dariusz     | Warszawa         | POL       |   | 69 M40/298 | M / 1663           | 00:53:11  | 05.19      | +0:22:39 | 0:06:28 / 1496 | 0:11:34 / 1495 | 0:25:44 / 1611 | 0:33:05 / 1679 | 0:38:28 / 1693 |
| 1835     | 5818   | MAJEK Piotr           | Bydgoszcz        | POL       |   | 75 M30/735 | M / 1664           | 00:53:11  | 05.19      | +0:22:39 | 0:06:40 / 1815 | 0:11:51 / 1764 | 0:25:53 / 1670 | 0:33:08 / 1697 | 0:38:37 / 1737 |
| 1836     | 4103   | SZYMAŃSKI Mariusz     | Michałowice      | POL       |   | 73 M40/299 | M / 1665           | 00:53:12  | 05.19      | +0:22:40 | 0:06:30 / 1549 | 0:11:38 / 1570 | 0:25:40 / 1585 | 0:33:16 / 1750 | 0:38:53 / 1810 |
| 1837     | 126    | LIEGMAN Dawid         |                  | POL       |   | 88 M20/500 | M / 1666           | 00:53:12  | 05.19      | +0:22:40 | 0:07:01 / 2420 | 0:12:16 / 2182 | 0:26:05 / 1757 | 0:33:22 / 1781 | 0:38:45 / 1783 |
| 1838     | 5774   | KNIŻEWSKI Jacek       | Warszawa         | POL       |   | 88 M20/501 | M / 1667           | 00:53:12  | 05.19      | +0:22:40 | 0:06:41 / 1842 | 0:11:57 / 1863 | 0:26:10 / 1801 | 0:33:08 / 1700 | 0:38:37 / 1739 |
| 1839     | 5924   | SMOLAREK Maciej       | Płock            | POL       | Płock                                   | 75 M30/736 | M / 1668           | 00:53:12  | 05.19      | +0:22:40 | 0:05:56 / 719  | 0:10:49 / 879  | 0:25:33 / 1534 | 0:33:11 / 1724 | 0:38:41 / 1761 |
| 1840     | 3091   | NIECIECKI Sławek      | Stryjaki         | POL       |   | 82 M30/737 | M / 1669           | 00:53:12  | 05.19      | +0:22:40 | 0:06:28 / 1492 | 0:11:34 / 1493 | 0:25:28 / 1489 | 0:33:05 / 1685 | 0:38:39 / 1750 |
| 1841     | 4219   | KRUPCZYŃSKI Mariusz   | Raszyn           | POL       | Raszyn                                  | 61 M50/94  | M / 1670           | 00:53:12  | 05.19      | +0:22:40 | 0:07:00 / 2392 | 0:12:19 / 2222 | 0:26:16 / 1837 | 0:33:40 / 1872 | 0:39:02 / 1852 |
| 1842     | 3284   | RÓG Maciek            | Brzeg            | POL       |   | 82 M30/738 | M / 1671           | 00:53:13  | 05.19      | +0:22:41 | 0:06:29 / 1507 | 0:11:35 / 1524 | 0:25:30 / 1507 | 0:33:07 / 1694 | 0:38:41 / 1764 |
| 1843     | 4299   | PYRCZ Joanna          | Piła             | POL       | Witc - Warsaw International Triathlon C | 86 K20/66  | K / 172            | 00:53:14  | 05.19      | +0:22:42 | 0:06:49 / 2094 | 0:12:03 / 1972 | 0:26:32 / 1940 | 0:34:00 / 1975 | 0:39:21 / 1927 |
| 1844     | 6778   | CHRZANOWSKI Krzysztof | Warszawa         | POL       |   | 76 M30/739 | M / 1672           | 00:53:15  | 05.19      | +0:22:43 | 0:06:15 / 1143 | 0:11:10 / 1155 | 0:25:14 / 1391 | 0:32:35 / 1525 | 0:38:10 / 1606 |
| 1845     | 4887   | GRABOŃ Radek          | Warszawa         | POL       | One DII                                 | 82 M30/740 | M / 1673           | 00:53:15  | 05.19      | +0:22:43 | 0:06:18 / 1209 | 0:11:30 / 1439 | 0:25:59 / 1713 | 0:33:09 / 1702 | 0:38:37 / 1736 |
| 1846     | 6255   | HRŃCIAR Michał        | Warszawa         | POL       | Kłaćńska Magura                         | 84 M20/502 | M / 1674           | 00:53:15  | 05.19      | +0:22:43 | 0:06:14 / 1118 | 0:11:20 / 1294 | 0:25:37 / 1570 | 0:32:58 / 1646 | 0:38:28 / 1697 |
| 1847     | 3906   | MAŃKA-WIZOR Dagmara   | Warszawa         | POL       | Aks Polonia                             | 76 K30/80  | K / 173            | 00:53:15  | 05.19      | +0:22:43 | 0:06:32 / 1607 | 0:11:44 / 1656 | 0:26:08 / 1781 | 0:33:28 / 1802 | 0:38:44 / 1776 |
| 1848     | 6611   | PALECZNY Tymoteusz    | Warszawa         | POL       | Aviva Running Team                      | 70 M40/300 | M / 1675           | 00:53:16  | 05.19      | +0:22:44 | 0:06:42 / 1882 | 0:12:04 / 1993 | 0:26:30 / 1926 | 0:33:46 / 1905 | 0:39:08 / 1883 |
| 1849     | 4889   | SERWAŃSKI Tomasz      | Warszawa         | POL       |   | 80 M30/741 | M / 1676           | 00:53:16  | 05.19      | +0:22:44 | 0:06:58 / 2303 | 0:12:43 / 2553 | 0:26:51 / 2065 | 0:34:10 / 2026 | 0:39:35 / 1988 |
| 1850     | 5710   | WNUCZEK Sławomir      | Warszawa         | POL       |   | 71 M40/301 | M / 1677           | 00:53:16  | 05.19      | +0:22:44 | 0:06:50 / 2131 | 0:12:10 / 2088 | 0:26:39 / 1989 | 0:33:55 / 1951 | 0:39:21 / 1925 |
| 1851     | 5128   | BAK Jacek             | Warszawa         | POL       |   | 64 M40/302 | M / 1678           | 00:53:17  | 05.19      | +0:22:45 | 0:06:39 / 1795 | 0:11:50 / 1755 | 0:26:08 / 1783 | 0:33:28 / 1801 | 0:38:50 / 1802 |










































# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|--|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1852     | 4655   | ZIELIŃSKI Jarosław     | Warszawa         | POL       | Raiffeisen Polbank                     | 80      | M30/742 M / 1679   | 00:53:18  | 05.19      | +0:22:46 | 0:06:47 / 2031 | 0:12:00 / 1923 | 0:26:11 / 1809 | 0:33:25 / 1789 | 0:38:44 / 1780 |
| 1853     | 4372   | ADAMIAK Przemysław     | Sochaczew        | POL       | Dragon Fc Sochaczew                    | 81      | M30/743 M / 1680   | 00:53:18  | 05.19      | +0:22:46 | 0:06:10 / 1003 | 0:10:55 / 951  | 0:25:34 / 1544 | 0:33:21 / 1772 | 0:38:50 / 1804 |
| 1854     | 6050   | WÓJCIK Mariusz         | Warszawa         | POL       | Axa Running Team                       | 73      | M40/303 M / 1681   | 00:53:18  | 05.19      | +0:22:46 | 0:07:00 / 2373 | 0:12:22 / 2279 | 0:26:52 / 2075 | 0:34:08 / 2020 | 0:39:27 / 1949 |
| 1855     | 4360   | KUŚPIT Przemysław      | Łęczna           | POL       |  | 87      | M20/503 M / 1682   | 00:53:18  | 05.19      | +0:22:46 | 0:06:29 / 1521 | 0:11:59 / 1901 | 0:26:50 / 2062 | 0:34:17 / 2060 | 0:39:38 / 2003 |
| 1856     | 4905   | PANTERA Roman          | Warszawa         | POL       |  | 82      | M30/744 M / 1683   | 00:53:18  | 05.19      | +0:22:46 | 0:06:56 / 2266 | 0:12:10 / 2086 | 0:26:30 / 1931 | 0:33:52 / 1940 | 0:39:14 / 1903 |
| 1857     | 2803   | KĄŻMIERCZYK Andrzej    | Będzin           | POL       | Fojador                                | 69      | M40/304 M / 1684   | 00:53:19  | 05.19      | +0:22:47 | 0:07:01 / 2402 | 0:12:31 / 2395 | 0:26:46 / 2039 | 0:34:01 / 1978 | 0:39:22 / 1935 |
| 1858     | 3845   | NOWAK Łukasz           | Warszawa         | POL       |  | 81      | M30/745 M / 1685   | 00:53:19  | 05.19      | +0:22:47 | 0:06:46 / 1997 | 0:11:56 / 1861 | 0:26:13 / 1824 | 0:33:37 / 1858 | 0:39:11 / 1888 |
| 1859     | 6962   | STAWINOĞA Zbigniew     | Józefosław       | POL       | Kuropatwy Run Team                     | 72      | M40/305 M / 1686   | 00:53:19  | 05.19      | +0:22:47 | 0:06:33 / 1626 | 0:11:37 / 1558 | 0:25:46 / 1624 | 0:33:13 / 1731 | 0:38:35 / 1724 |
| 1860     | 4534   | MEUŚ Tomasz            | Warszawa         | POL       |  | 60      | M50/95 M / 1687    | 00:53:19  | 05.19      | +0:22:47 | 0:07:00 / 2396 | 0:12:23 / 2289 | 0:26:44 / 2023 | 0:34:00 / 1974 | 0:39:29 / 1957 |
| 1861     | 2445   | BIAŁECKI Zbigniew      | Łąck             | POL       |  | 57      | M50/96 M / 1688    | 00:53:20  | 05.20      | +0:22:48 | 0:06:35 / 1679 | 0:11:55 / 1830 | 0:26:24 / 1887 | 0:33:39 / 1867 | 0:39:03 / 1859 |
| 1862     | 2846   | KONICZ Sebastian       | Warszawa         | POL       | Deloitte Adventure Team                | 87      | M20/504 M / 1689   | 00:53:20  | 05.20      | +0:22:48 | 0:07:00 / 2366 | 0:12:22 / 2267 | 0:26:51 / 2067 | 0:34:04 / 1997 | 0:39:31 / 1971 |
| 1863     | 5472   | SŁODOWY Bartek         | Łódź             | POL       | Uciekłem Z Domu                        | 76      | M30/746 M / 1690   | 00:53:21  | 05.20      | +0:22:49 | 0:06:37 / 1733 | 0:11:45 / 1676 | 0:25:29 / 1495 | 0:32:36 / 1534 | 0:37:52 / 1522 |
| 1864     | 6088   | WOJTANOWICZ Mariusz    | Głogówek         | POL       |  | 65      | M40/306 M / 1691   | 00:53:21  | 05.20      | +0:22:49 | 0:06:44 / 1924 | 0:12:02 / 1969 | 0:26:16 / 1838 | 0:33:50 / 1926 | 0:39:22 / 1931 |
| 1865     | 4627   | CZARNAK Piotr          | Warszawa         | POL       | Biegacze Luxmed                        | 88      | M20/505 M / 1692   | 00:53:23  | 05.20      | +0:22:51 | 0:06:50 / 2123 | 0:12:41 / 2516 | 0:26:47 / 2046 | 0:34:06 / 2010 | 0:39:41 / 2021 |
| 1866     | 5574   | KALĘBASIAK Grzegorz    | Płock            | POL       |  | 62      | M50/97 M / 1693    | 00:53:23  | 05.20      | +0:22:51 | 0:06:30 / 1536 | 0:11:39 / 1573 | 0:25:53 / 1671 | 0:33:22 / 1777 | 0:38:55 / 1818 |
| 1867     | 3836   | SADEK Omar             | Zielona Góra     | POL       |  | 81      | M30/747 M / 1694   | 00:53:23  | 05.20      | +0:22:51 | 0:06:31 / 1578 | 0:11:47 / 1693 | 0:25:31 / 1510 | 0:32:59 / 1648 | 0:38:32 / 1715 |
| 1868     | 6931   | POWIERŻA Krzysztof     | Żulin            | POL       |  | 65      | M40/307 M / 1695   | 00:53:23  | 05.20      | +0:22:52 | 0:06:53 / 2209 | 0:12:13 / 2151 | 0:26:38 / 1973 | 0:34:21 / 2076 | 0:39:43 / 2030 |
| 1869     | 6350   | AMBROZIK Robert        | Warszawa         | POL       |  | 79      | M30/748 M / 1696   | 00:53:24  | 05.20      | +0:22:52 | 0:06:22 / 1330 | 0:11:12 / 1176 | 0:25:15 / 1403 | 0:32:53 / 1625 | 0:38:24 / 1675 |
| 1870     | 5715   | PAMUŁA Paweł           | Józefosław       | POL       | Platforma Inteligo                     | 70      | M40/308 M / 1697   | 00:53:24  | 05.20      | +0:22:52 | 0:06:58 / 2328 | 0:12:17 / 2201 | 0:26:41 / 2004 | 0:33:54 / 1949 | 0:39:26 / 1944 |
| 1871     | 4426   | KUPECKI Jakub          | Warszawa         | POL       |  | 85      | M20/506 M / 1698   | 00:53:26  | 05.20      | +0:22:54 | 0:06:35 / 1681 | 0:11:49 / 1734 | 0:25:55 / 1683 | 0:33:23 / 1782 | 0:39:03 / 1857 |
| 1872     | 6571   | KOZIEJ Łukasz          | Warszawa         | POL       |  | 81      | M30/749 M / 1699   | 00:53:26  | 05.20      | +0:22:54 | 0:06:02 / 819  | 0:11:08 / 1117 | 0:26:08 / 1786 | 0:33:31 / 1821 | 0:38:57 / 1828 |
| 1873     | 5048   | ZACHARZEWSKI Paweł     | Szczecin         | POL       | Adwokaci                               | 85      | M20/507 M / 1700   | 00:53:26  | 05.20      | +0:22:54 | 0:06:20 / 1258 | 0:11:11 / 1169 | 0:25:08 / 1351 | 0:32:47 / 1591 | 0:38:27 / 1691 |
| 1874     | 4822   | OLSZEWSKI Adam         | Warszawa         | POL       | Aks Polonia                            | 81      | M30/750 M / 1701   | 00:53:26  | 05.20      | +0:22:54 | 0:07:08 / 2568 | 0:12:34 / 2436 | 0:27:13 / 2207 | 0:34:31 / 2138 | 0:39:50 / 2045 |
| 1875     | 3419   | SZCZEPANIAK Wawrzyniec | Warszawa         | POL       | Aplikanci Adwokacy                     | 84      | M20/508 M / 1702   | 00:53:27  | 05.20      | +0:22:55 | 0:07:05 / 2504 | 0:12:30 / 2379 | 0:27:21 / 2265 | 0:34:34 / 2154 | 0:39:48 / 2039 |
| 1876     | 6950   | ARKUSZYŃSKA Beata      | Tomaszów         | POL       | Time4running                           | 75      | K30/81 K / 174     | 00:53:27  | 05.20      | +0:22:55 | 0:06:41 / 1839 | 0:11:49 / 1736 | 0:25:57 / 1700 | 0:33:22 / 1780 | 0:38:54 / 1815 |
| 1877     | 4139   | TARTAS Radosław        | Warszawa         | POL       | Ipopema                                | 75      | M30/751 M / 1703   | 00:53:27  | 05.20      | +0:22:55 | 0:07:11 / 2651 | 0:12:34 / 2429 | 0:26:50 / 2064 | 0:34:02 / 1985 | 0:39:26 / 1947 |
| 1878     | 4917   | NURZYŃSKI Maciej       | Łuków            | POL       | Fundacja Cegielkowo Biegacze Pomagacze | 82      | M30/752 M / 1704   | 00:53:27  | 05.20      | +0:22:55 | 0:06:46 / 2001 | 0:12:12 / 2123 | 0:26:40 / 1991 | 0:34:06 / 2011 | 0:39:29 / 1958 |
| 1879     | 6504   | SYSIK Paweł            | Warszawa         | POL       |  | 80      | M30/753 M / 1705   | 00:53:28  | 05.20      | +0:22:56 | 0:07:00 / 2386 | 0:12:35 / 2455 | 0:27:06 / 2157 | 0:34:11 / 2030 | 0:39:37 / 2002 |
| 1880     | 6005   | KACZMARSKI Mateusz     | Kraków           | POL       |  | 73      | M40/309 M / 1706   | 00:53:28  | 05.20      | +0:22:56 | 0:06:55 / 2261 | 0:12:17 / 2192 | 0:27:06 / 2159 | 0:34:22 / 2082 | 0:39:39 / 2007 |
| 1881     | 5979   | CYLEJEWSKI Michał      | Warszawa         | POL       | -                                      | 79      | M30/754 M / 1707   | 00:53:28  | 05.20      | +0:22:56 | 0:06:55 / 2242 | 0:12:13 / 2144 | 0:26:40 / 1995 | 0:34:11 / 2032 | 0:39:42 / 2027 |
| 1882     | 6353   | CZICHON Magdalena      | Warszawa         | POL       |  | 85      | K20/67 K / 175     | 00:53:28  | 05.20      | +0:22:56 | 0:06:57 / 2291 | 0:12:28 / 2345 | 0:26:59 / 2120 | 0:34:15 / 2048 | 0:39:36 / 1993 |
| 1883     | 3854   | KLOCZKOWSKI Dawid      | Warszawa         | POL       | Warsaw Run Team                        | 79      | M30/755 M / 1708   | 00:53:28  | 05.20      | +0:22:56 | 0:06:36 / 1714 | 0:11:48 / 1708 | 0:26:09 / 1791 | 0:33:33 / 1832 | 0:39:04 / 1863 |
| 1884     | 4405   | MAJEWSKI Grzegorz      | Siedlce          | POL       |  | 83      | M30/756 M / 1709   | 00:53:28  | 05.20      | +0:22:56 | 0:07:28 / 3041 | 0:13:09 / 2911 | 0:27:26 / 2293 | 0:34:24 / 2101 | 0:39:42 / 2026 |
| 1885     | 4624   | KRAWCZYK Krzysztof     | Warszawa         | POL       |  | 79      | M30/757 M / 1710   | 00:53:28  | 05.20      | +0:22:56 | 0:07:21 / 2889 | 0:13:06 / 2873 | 0:28:13 / 2611 | 0:35:26 / 2407 | 0:40:37 / 2275 |
| 1886     | 4753   | LASKOWSKI Paweł        | Warszawa         | POL       |  | 87      | M20/509 M / 1711   | 00:53:29  | 05.20      | +0:22:57 | 0:06:42 / 1870 | 0:11:53 / 1807 | 0:26:06 / 1766 | 0:33:28 / 1799 | 0:39:01 / 1845 |
| 1887     | 432    | DOBROWOLSKI Artur      | Warszawa         | POL       | Straż Miejska                          | 74      | M30/758 M / 1712   | 00:53:29  | 05.20      | +0:22:57 | 0:06:43 / 1893 | 0:11:49 / 1720 | 0:26:11 / 1810 | 0:33:33 / 1834 | 0:38:57 / 1825 |
| 1888     | 6084   | DRÓDŹ Paweł            | Rybie            | POL       |  | 88      | M20/510 M / 1713   | 00:53:29  | 05.20      | +0:22:57 | 0:07:33 / 3152 | 0:13:19 / 3037 | 0:28:09 / 2579 | 0:35:28 / 2416 | 0:40:52 / 2346 |
| 1889     | 6340   | MIROWSKI Ireneusz      | Bobrowiec        | POL       | Geo Running Team                       | 73      | M40/310 M / 1714   | 00:53:30  | 05.21      | +0:22:58 | 0:06:30 / 1542 | 0:11:58 / 1897 | 0:26:01 / 1728 | 0:33:46 / 1907 | 0:39:14 / 1901 |
| 1890     | 6461   | KOSOSKI Rafał          | Warszawa         | POL       |  | 88      | M20/511 M / 1715   | 00:53:30  | 05.21      | +0:22:58 | 0:07:05 / 2510 | 0:12:32 / 2406 | 0:26:54 / 2090 | 0:34:04 / 2003 | 0:39:29 / 1960 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club     | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|-----------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1891     | 120    | SOLTYS Magdalena     | Warszawa         | POL       | Agora                       | 86      | K20/68 K / 176     | 00:53:30  | 05.21      | +0:22:58 | 0:06:17 / 1183 | 0:11:16 / 1237 | 0:25:39 / 1582 | 0:33:19 / 1766 | 0:38:58 / 1830 |
| 1892     | 3187   | PIETRUCHA Artur      | Nowe Miasto N/   | POL       |                             | 69      | M40/311 M / 1716   | 00:53:30  | 05.21      | +0:22:58 | 0:06:34 / 1661 | 0:11:27 / 1400 | 0:25:38 / 1575 | 0:33:20 / 1770 | 0:39:03 / 1855 |
| 1893     | 3720   | SOLTYS Jakub         | Warszawa         | POL       | Aegis Runners               | 84      | M20/512 M / 1717   | 00:53:31  | 05.21      | +0:22:59 | 0:06:28 / 1488 | 0:11:24 / 1356 | 0:25:01 / 1299 | 0:32:39 / 1552 | 0:38:20 / 1653 |
| 1894     | 5303   | STEC Agnieszka       | Kraków           | POL       | Adwokaci                    | 86      | K20/69 K / 177     | 00:53:31  | 05.21      | +0:22:59 | 0:07:16 / 2775 | 0:12:54 / 2714 | 0:26:38 / 1975 | 0:33:26 / 1793 | 0:39:00 / 1843 |
| 1895     | 5264   | BLASZCZYŃSKI Witold  | Warszawa         | POL       | Adwokaci                    | 79      | M30/759 M / 1718   | 00:53:32  | 05.21      | +0:23:00 | 0:06:13 / 1077 | 0:11:17 / 1251 | 0:25:17 / 1414 | 0:32:53 / 1624 | 0:38:39 / 1753 |
| 1896     | 6020   | DAGIL Aleksander     | Warszawa         | POL       | Team Asa-biegjem Po Zdrowie | 77      | M30/760 M / 1719   | 00:53:32  | 05.21      | +0:23:00 | 0:07:06 / 2530 | 0:12:45 / 2589 | 0:27:31 / 2324 | 0:34:24 / 2100 | 0:39:40 / 2015 |
| 1897     | 6837   | BRYJA Michał         | Warszawa         | POL       | Axa Running Team            | 79      | M30/761 M / 1720   | 00:53:33  | 05.21      | +0:23:01 | 0:06:22 / 1329 | 0:11:34 / 1504 | 0:25:55 / 1686 | 0:33:30 / 1819 | 0:39:01 / 1844 |
| 1898     | 4861   | BONIAKOWSKA Agata    | Ceglów           | POL       | Biegacz Ceglów              | 72      | K40/22 K / 178     | 00:53:33  | 05.21      | +0:23:01 | 0:06:27 / 1455 | 0:11:45 / 1677 | 0:26:29 / 1923 | 0:34:07 / 2014 | 0:39:30 / 1967 |
| 1899     | 6495   | ZOŃ Rafał            | Warszawa         | POL       |                             | 90      | M20/513 M / 1721   | 00:53:33  | 05.21      | +0:23:01 | 0:05:57 / 732  | 0:11:06 / 1092 | 0:26:07 / 1776 | 0:33:44 / 1894 | 0:39:12 / 1893 |
| 1900     | 6118   | BRZOZOWSKI Mariusz   | Wodzisław Śląski | POL       |                             | 80      | M30/762 M / 1722   | 00:53:34  | 05.21      | +0:23:02 | 0:06:11 / 1015 | 0:11:20 / 1291 | 0:25:44 / 1612 | 0:33:15 / 1749 | 0:38:46 / 1786 |
| 1901     | 5340   | RZAÇA Maciej         | Warszawa         | POL       |                             | 73      | M40/312 M / 1723   | 00:53:34  | 05.21      | +0:23:02 | 0:06:47 / 2028 | 0:12:06 / 2029 | 0:26:35 / 1960 | 0:33:55 / 1954 | 0:39:22 / 1929 |
| 1902     | 5185   | KUCHARSKI Marek      | Warszawa         | POL       |                             | 75      | M30/763 M / 1724   | 00:53:34  | 05.21      | +0:23:02 | 0:06:30 / 1552 | 0:11:28 / 1424 | 0:25:26 / 1482 | 0:32:52 / 1618 | 0:38:24 / 1667 |
| 1903     | 2754   | JAWORSKI Filip       | Warszawa         | POL       |                             | 83      | M30/764 M / 1725   | 00:53:34  | 05.21      | +0:23:02 | 0:06:47 / 2032 | 0:12:00 / 1929 | 0:26:43 / 2012 | 0:34:01 / 1981 | 0:39:30 / 1969 |
| 1904     | 4997   | O     BRIEN Brian    | Warszawa         | POL       | Accelerate                  | 70      | M40/313 M / 1726   | 00:53:34  | 05.21      | +0:23:03 | 0:07:41 / 3291 | 0:13:36 / 3215 | 0:28:52 / 2823 | 0:35:53 / 2545 | 0:41:01 / 2387 |
| 1905     | 3994   | KOSIŃSKI Andrzej     | Warszawa         | POL       |                             | 71      | M40/314 M / 1727   | 00:53:35  | 05.21      | +0:23:03 | 0:06:48 / 2074 | 0:12:06 / 2034 | 0:26:31 / 1935 | 0:33:51 / 1938 | 0:39:19 / 1919 |
| 1906     | 5630   | WALCZAK Ludmila      | Warszawa         | POL       |                             | 76      | K30/82 K / 179     | 00:53:35  | 05.21      | +0:23:03 | 0:06:46 / 1984 | 0:12:09 / 2073 | 0:26:34 / 1956 | 0:34:01 / 1980 | 0:39:13 / 1898 |
| 1907     | 5767   | BRZOZOWSKI Cezary    | Warszawa         | POL       | Aks Polonia                 | 70      | M40/315 M / 1728   | 00:53:35  | 05.21      | +0:23:03 | 0:06:31 / 1586 | 0:11:48 / 1717 | 0:25:59 / 1712 | 0:33:30 / 1820 | 0:39:14 / 1902 |
| 1908     | 5758   | HOŃSKI Bartosz       | Warszawa         | POL       |                             | 74      | M30/765 M / 1729   | 00:53:35  | 05.21      | +0:23:03 | 0:06:43 / 1905 | 0:12:01 / 1933 | 0:26:20 / 1862 | 0:33:34 / 1838 | 0:39:07 / 1877 |
| 1909     | 2485   | BRUSOKAS Tomasz      | Warszawa/mons    | POL       |                             | 83      | M30/766 M / 1730   | 00:53:36  | 05.21      | +0:23:04 | 0:06:17 / 1187 | 0:11:12 / 1181 | 0:25:10 / 1367 | 0:32:51 / 1608 | 0:38:31 / 1709 |
| 1910     | 2624   | FURMAN Krzysztof     | Piła Bydgoska    | POL       |                             | 66      | M40/316 M / 1731   | 00:53:36  | 05.21      | +0:23:04 | 0:07:04 / 2484 | 0:12:18 / 2214 | 0:26:45 / 2034 | 0:34:06 / 2012 | 0:39:29 / 1965 |
| 1911     | 3390   | STOPNICKI Ignacy     | Słupsk           | POL       | Tupot Ustka                 | 44      | M60/13 M / 1732    | 00:53:36  | 05.21      | +0:23:04 | 0:06:50 / 2112 | 0:12:06 / 2036 | 0:26:31 / 1933 | 0:33:55 / 1952 | 0:39:22 / 1930 |
| 1912     | 604    | TRZOSKA Michał       | Łowicz           | POL       |                             | 87      | M20/514 M / 1733   | 00:53:37  | 05.21      | +0:23:05 | 0:07:17 / 2803 | 0:12:42 / 2528 | 0:27:02 / 2137 | 0:34:52 / 2241 | 0:40:20 / 2185 |
| 1913     | 5932   | BIERNACKI Jarosław   | Mińsk Mazowiecki | POL       | Sztab Generalny Wp          | 70      | M40/317 M / 1734   | 00:53:37  | 05.21      | +0:23:05 | 0:06:49 / 2095 | 0:12:13 / 2139 | 0:26:22 / 1871 | 0:33:50 / 1922 | 0:39:28 / 1951 |
| 1914     | 5933   | CISZKOWSKA Paula     | Mińsk Mazowiecki | POL       |                             | 87      | K20/70 K / 180     | 00:53:38  | 05.21      | +0:23:06 | 0:06:51 / 2147 | 0:12:14 / 2154 | 0:26:23 / 1881 | 0:33:51 / 1931 | 0:39:29 / 1963 |
| 1915     | 4252   | WRÓBLEWSKI Piotr     | Warszawa         | POL       |                             | 73      | M40/318 M / 1735   | 00:53:38  | 05.21      | +0:23:06 | 0:06:44 / 1951 | 0:11:58 / 1894 | 0:26:02 / 1737 | 0:33:32 / 1825 | 0:39:02 / 1854 |
| 1916     | 5351   | WAKE Doug            | Warszawa         | POL       |                             | 59      | M50/98 M / 1736    | 00:53:38  | 05.21      | +0:23:06 | 0:06:42 / 1863 | 0:11:59 / 1914 | 0:26:04 / 1753 | 0:33:34 / 1835 | 0:39:12 / 1891 |
| 1917     | 4530   | PIECHOTA Mariusz     | Warszawa         | POL       |                             | 84      | M20/515 M / 1737   | 00:53:38  | 05.21      | +0:23:06 | 0:06:32 / 1597 | 0:11:37 / 1556 | 0:25:51 / 1661 | 0:33:18 / 1759 | 0:38:50 / 1800 |
| 1918     | 4034   | CZARNECKI Andrzej    | Warszawa         | POL       | Euro-net                    | 59      | M50/99 M / 1738    | 00:53:38  | 05.21      | +0:23:06 | 0:07:32 / 3141 | 0:13:09 / 2902 | 0:27:52 / 2469 | 0:34:50 / 2228 | 0:40:02 / 2094 |
| 1919     | 6332   | MIATKOWSKA Monika    | Warszawa         | POL       |                             | 87      | K20/71 K / 181     | 00:53:38  | 05.21      | +0:23:06 | 0:06:55 / 2253 | 0:12:25 / 2302 | 0:26:56 / 2102 | 0:34:13 / 2042 | 0:39:32 / 1975 |
| 1920     | 5647   | ZALEWSKA Małgorzata  | Warszawa         | POL       |                             | 86      | K20/72 K / 182     | 00:53:39  | 05.21      | +0:23:07 | 0:06:36 / 1717 | 0:11:35 / 1511 | 0:25:55 / 1687 | 0:33:31 / 1822 | 0:39:02 / 1850 |
| 1921     | 2714   | ILKIEWICZ Michał     | Warszawa         | POL       | Amciu                       | 75      | M30/767 M / 1739   | 00:53:39  | 05.21      | +0:23:07 | 0:06:21 / 1286 | 0:11:34 / 1492 | 0:25:56 / 1691 | 0:33:38 / 1860 | 0:39:10 / 1886 |
| 1922     | 5504   | TOKARSKI Jerzy       | Warszawa         | POL       |                             | 61      | M50/100 M / 1740   | 00:53:39  | 05.21      | +0:23:07 | 0:06:21 / 1292 | 0:11:33 / 1475 | 0:26:08 / 1785 | 0:33:35 / 1846 | 0:39:04 / 1862 |
| 1923     | 4469   | ŚLUSAREK Robert      | Warszawa         | POL       |                             | 75      | M30/768 M / 1741   | 00:53:39  | 05.21      | +0:23:07 | 0:06:24 / 1401 | 0:11:25 / 1367 | 0:25:32 / 1525 | 0:33:03 / 1670 | 0:38:40 / 1756 |
| 1924     | 3065   | MŁODAWSKI Rafał      | Susz             | POL       | Klub Polska Biega           | 77      | M30/769 M / 1742   | 00:53:39  | 05.21      | +0:23:07 | 0:07:22 / 2911 | 0:13:00 / 2786 | 0:27:24 / 2284 | 0:34:51 / 2234 | 0:40:26 / 2209 |
| 1925     | 4704   | DUDZIK Krzysztof     | Warszawa         | POL       |                             | 87      | M20/516 M / 1743   | 00:53:39  | 05.21      | +0:23:07 | 0:06:51 / 2155 | 0:12:14 / 2162 | 0:26:44 / 2024 | 0:34:02 / 1990 | 0:39:15 / 1907 |
| 1926     | 3266   | ROBASZEWSKI Rajmund  | Warszawa         | POL       | 12tri.pl                    | 73      | M40/319 M / 1744   | 00:53:39  | 05.21      | +0:23:07 | 0:06:36 / 1718 | 0:11:36 / 1535 | 0:25:57 / 1693 | 0:33:31 / 1824 | 0:39:06 / 1872 |
| 1927     | 4584   | WASILEWSKI Grzegorz  | Międzyrzec       | POL       |                             | 77      | M30/770 M / 1745   | 00:53:40  | 05.22      | +0:23:08 | 0:06:57 / 2292 | 0:12:19 / 2233 | 0:26:46 / 2042 | 0:34:17 / 2056 | 0:39:41 / 2020 |
| 1928     | 5909   | CZAPSKI Piotr        | Sokolów Podlaski | POL       |                             | 86      | M20/517 M / 1746   | 00:53:40  | 05.22      | +0:23:08 | 0:06:28 / 1486 | 0:11:36 / 1538 | 0:25:49 / 1645 | 0:33:06 / 1691 | 0:38:59 / 1835 |
| 1929     | 5998   | BOKS Jarosław        | Warszawa         | POL       |                             | 78      | M30/771 M / 1747   | 00:53:40  | 05.22      | +0:23:09 | 0:06:27 / 1470 | 0:11:40 / 1590 | 0:25:50 / 1648 | 0:33:12 / 1728 | 0:38:55 / 1819 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City   | Kraj Nat.   | Druż / Klub Team / Club | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|--------------------|---|-------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1930     | 3003   | MALINOWSKI Piotr        | Warszawa           |  POL   |                         | 84 M20/518 | M / 1748           | 00:53:41  | 05.22      | +0:23:09 | 0:06:59 / 2350 | 0:12:18 / 2216 | 0:26:59 / 2117 | 0:34:30 / 2132 | 0:39:51 / 2052 |
| 1931     | 3796   | RUDOLF Aleksandra       | Toruń              |  POL   | Axel Toruń              | 97 K20/73  | K / 183            | 00:53:42  | 05.22      | +0:23:10 | 0:06:35 / 1675 | 0:11:42 / 1629 | 0:26:03 / 1741 | 0:33:29 / 1814 | 0:39:00 / 1840 |
| 1932     | 4879   | TOBIS Paweł             | Warszawa           |  POL   |                         | 73 M40/320 | M / 1749           | 00:53:42  | 05.22      | +0:23:10 | 0:06:42 / 1873 | 0:11:59 / 1907 | 0:26:28 / 1915 | 0:34:00 / 1976 | 0:39:26 / 1945 |
| 1933     | 4181   | GAWROŃSKI Sebastian     | Warszawa           |  POL   |                         | 82 M30/772 | M / 1750           | 00:53:42  | 05.22      | +0:23:10 | 0:06:26 / 1451 | 0:11:30 / 1444 | 0:25:48 / 1632 | 0:33:11 / 1720 | 0:38:43 / 1771 |
| 1934     | 3998   | PAWELCZYK Jarosław      | Warszawa           |  POL   |                         | 80 M30/773 | M / 1751           | 00:53:42  | 05.22      | +0:23:10 | 0:06:53 / 2208 | 0:12:14 / 2161 | 0:26:56 / 2103 | 0:34:23 / 2091 | 0:39:40 / 2016 |
| 1935     | 3893   | BANIECKI Karol          | Tczew              |  POL   |                         | 78 M30/774 | M / 1752           | 00:53:42  | 05.22      | +0:23:10 | 0:06:49 / 2091 | 0:12:13 / 2140 | 0:26:40 / 2001 | 0:34:01 / 1977 | 0:39:34 / 1986 |
| 1936     | 5667   | DOROMIEJCZUK Gabriel    | Konstancin-jeziorn |  POL   | Kkk Ippon               | 97 M20/519 | M / 1753           | 00:53:42  | 05.22      | +0:23:10 | 0:07:22 / 2906 | 0:13:01 / 2801 | 0:27:44 / 2422 | 0:35:15 / 2364 | 0:40:47 / 2325 |
| 1937     | 3859   | GRUŻLEWSKA Monika       | Warszawa           |  POL   |                         | 86 K20/74  | K / 184            | 00:53:42  | 05.22      | +0:23:11 | 0:06:33 / 1619 | 0:11:55 / 1839 | 0:26:15 / 1830 | 0:33:33 / 1830 | 0:38:58 / 1829 |
| 1938     | 5679   | ŚLADKOWSKI Arkadiusz    | Warszawa           |  POL   |                         | 89 M20/520 | M / 1754           | 00:53:43  | 05.22      | +0:23:11 | 0:06:59 / 2338 | 0:12:22 / 2269 | 0:27:15 / 2219 | 0:34:34 / 2152 | 0:39:53 / 2059 |
| 1939     | 5666   | DOROMIEJCZUK Andrzej    | Konstancin-jeziorn |  POL   | Kkk Ippon               | 67 M40/321 | M / 1755           | 00:53:43  | 05.22      | +0:23:11 | 0:07:21 / 2885 | 0:13:00 / 2789 | 0:27:44 / 2421 | 0:35:13 / 2350 | 0:40:46 / 2319 |
| 1940     | 155    | BALASHOV Aleksander     |                    |  POL   | Wj                      | 70 M40/322 | M / 1756           | 00:53:43  | 05.22      | +0:23:11 | 0:06:30 / 1537 | 0:11:34 / 1509 | 0:25:35 / 1551 | 0:33:13 / 1735 | 0:38:44 / 1775 |
| 1941     | 5475   | KRUK Waldemar           | Nowy Dwór          |  POL   |                         | 65 M40/323 | M / 1757           | 00:53:43  | 05.22      | +0:23:11 | 0:05:51 / 615  | 0:10:37 / 743  |                | 0:32:09 / 1375 | 0:37:57 / 1545 |
| 1942     | 4413   | PANASIUK Piotr          | Warszawa           |  POL   |                         | 85 M20/521 | M / 1758           | 00:53:44  | 05.22      | +0:23:12 | 0:06:58 / 2300 | 0:12:29 / 2362 | 0:26:46 / 2037 | 0:33:52 / 1941 | 0:39:28 / 1952 |
| 1943     | 4551   | MARZEC Wojtek           | Ząbki              |  POL   |                         | 66 M40/324 | M / 1759           | 00:53:44  | 05.22      | +0:23:12 | 0:06:57 / 2297 | 0:12:19 / 2228 | 0:26:57 / 2108 | 0:34:18 / 2065 | 0:39:43 / 2029 |
| 1944     | 156    | BALASHOV Katarzyna      |                    |  POL   | Wj                      | 82 K30/83  | K / 185            | 00:53:45  | 05.22      | +0:23:13 | 0:06:31 / 1566 | 0:11:36 / 1526 | 0:25:36 / 1556 | 0:33:15 / 1747 | 0:38:46 / 1785 |
| 1945     | 5753   | GOZDALSKI Łukasz        | Warszawa           |  POL   | Fitback.pl              | 79 M30/775 | M / 1760           | 00:53:45  | 05.22      | +0:23:13 | 0:06:55 / 2254 | 0:12:32 / 2409 | 0:26:54 / 2091 | 0:34:42 / 2193 | 0:40:18 / 2171 |
| 1946     | 3507   | WALCZAK Anita           | Team Asa Bieganiem |  POL   | Studenci                | 89 K20/75  | K / 186            | 00:53:45  | 05.22      | +0:23:13 | 0:07:21 / 2892 | 0:13:03 / 2822 | 0:27:45 / 2429 | 0:34:56 / 2261 | 0:40:06 / 2112 |
| 1947     | 6312   | MAJCHERCZYK Krzysztof   | Warszawa           |  POL   |                         | 79 M30/776 | M / 1761           | 00:53:46  | 05.22      | +0:23:14 | 0:06:55 / 2256 | 0:12:21 / 2260 | 0:26:39 / 1985 | 0:34:01 / 1979 | 0:39:29 / 1959 |
| 1948     | 5476   | LADA Łukasz             | Warszawa           |  POL   |                         | 78 M30/777 | M / 1762           | 00:53:46  | 05.22      | +0:23:14 | 0:06:53 / 2199 | 0:12:10 / 2099 | 0:26:57 / 2111 | 0:34:26 / 2116 | 0:39:58 / 2077 |
| 1949     | 6205   | KOSTANEK Tomasz         | Mińsk Mazowiecki   |  POL   |                         | 84 M20/522 | M / 1763           | 00:53:46  | 05.22      | +0:23:14 | 0:06:55 / 2247 | 0:12:26 / 2316 | 0:26:44 / 2022 | 0:34:05 / 2005 | 0:39:37 / 1996 |
| 1950     | 5522   | MADYŃSKI Rafał          | Warszawa           |  POL   |                         | 72 M40/325 | M / 1764           | 00:53:47  | 05.22      | +0:23:15 | 0:06:50 / 2133 | 0:12:03 / 1979 | 0:26:36 / 1964 | 0:33:54 / 1946 | 0:39:17 / 1913 |
| 1951     | 2516   | CHOIŃSKI Paweł          | Warszawa           |  POL   | Zero Grawitacji         | 83 M30/778 | M / 1765           | 00:53:47  | 05.22      | +0:23:15 | 0:05:56 / 722  | 0:10:26 / 633  | 0:23:13 / 706  | 0:29:55 / 754  | 0:34:58 / 787  |
| 1952     | 3324   | SKOLASIŃSKI Marcin      | Staroźreby         |  POL  | Brak                    | 83 M30/779 | M / 1766           | 00:53:47  | 05.22      | +0:23:15 | 0:06:45 / 1955 | 0:11:40 / 1606 | 0:25:49 / 1639 | 0:33:40 / 1870 | 0:39:13 / 1900 |
| 1953     | 6108   | ZBOINA Konrad           | Warszawa           |  POL | Imielin Zoo             | 84 M20/523 | M / 1767           | 00:53:48  | 05.22      | +0:23:16 | 0:05:50 / 614  | 0:10:29 / 661  | 0:23:26 / 762  | 0:31:39 / 1219 | 0:37:50 / 1518 |
| 1954     | 4794   | OSSOWSKI Karol          | Nowy Dwór          |  POL | Benefit                 | 84 M20/524 | M / 1768           | 00:53:48  | 05.22      | +0:23:16 | 0:06:54 / 2230 | 0:12:19 / 2235 | 0:26:32 / 1943 | 0:35:33 / 2451 | 0:40:41 / 2293 |
| 1955     | 3777   | SZCZEPANIUK Agata       | Warszawa           |  POL |                         | 85 K20/76  | K / 187            | 00:53:48  | 05.22      | +0:23:16 | 0:06:10 / 1004 | 0:11:11 / 1173 | 0:25:49 / 1640 | 0:33:39 / 1868 | 0:39:17 / 1911 |
| 1956     | 2830   | KOCIMSKI Jan            | Sochaczew          |  POL |                         | 48 M60/14  | M / 1769           | 00:53:48  | 05.22      | +0:23:16 | 0:06:32 / 1591 | 0:11:49 / 1721 | 0:26:33 / 1944 | 0:34:20 / 2070 | 0:39:56 / 2071 |
| 1957     | 3755   | WALISZEWSKI Piotr       | Brwinów            |  POL |                         | 82 M30/780 | M / 1770           | 00:53:49  | 05.22      | +0:23:17 | 0:06:13 / 1072 | 0:11:12 / 1184 | 0:25:10 / 1369 | 0:32:51 / 1614 | 0:38:35 / 1725 |
| 1958     | 5555   | WIŚNIEWSKI Marcin       | Warszawa           |  POL |                         | 82 M30/781 | M / 1771           | 00:53:49  | 05.22      | +0:23:17 | 0:06:38 / 1771 | 0:12:07 / 2051 | 0:26:34 / 1948 | 0:33:58 / 1964 | 0:39:22 / 1934 |
| 1959     | 4098   | KOŁPOWSKA Alicja        | Wilica Góra        |  POL | Biegnij Warszawa        | 77 K30/84  | K / 188            | 00:53:49  | 05.22      | +0:23:17 | 0:06:33 / 1622 | 0:11:51 / 1761 | 0:26:17 / 1842 | 0:33:41 / 1875 | 0:39:13 / 1897 |
| 1960     | 6190   | KRUSZYŃSKI Piotr kacper | Warszawa           |  POL |                         | 87 M20/525 | M / 1772           | 00:53:49  | 05.22      | +0:23:17 | 0:06:38 / 1761 | 0:11:59 / 1916 | 0:26:48 / 2054 | 0:34:07 / 2017 | 0:39:38 / 2004 |
| 1961     | 4738   | HUZIUK Piotr            | Warszawa           |  POL |                         | 73 M40/326 | M / 1773           | 00:53:49  | 05.22      | +0:23:17 | 0:06:55 / 2244 | 0:12:19 / 2224 | 0:26:58 / 2113 | 0:34:13 / 2039 | 0:39:41 / 2019 |
| 1962     | 3408   | SZABAT Bożena           | Wrocław            |  POL |                         | 78 K30/85  | K / 189            | 00:53:49  | 05.22      | +0:23:17 | 0:06:59 / 2357 | 0:12:20 / 2242 | 0:26:42 / 2007 | 0:34:03 / 1995 | 0:39:28 / 1954 |
| 1963     | 6240   | BRAM Tomasz             | Warszawa           |  POL |                         | 82 M30/782 | M / 1774           | 00:53:50  | 05.23      | +0:23:18 | 0:06:19 / 1231 | 0:11:26 / 1384 | 0:26:06 / 1768 | 0:33:35 / 1847 | 0:39:28 / 1953 |
| 1964     | 67     | MALDIS Marek            |                    |  POL | Tvp Warszawa            | 49 M60/15  | M / 1775           | 00:53:50  | 05.23      | +0:23:18 | 0:06:46 / 1985 | 0:11:54 / 1818 | 0:26:25 / 1896 | 0:33:53 / 1943 | 0:39:12 / 1892 |
| 1965     | 5451   | TYSZKIEWICZ Wiesław     | Psary Nowiny       |  POL |                         | 68 M40/327 | M / 1776           | 00:53:50  | 05.23      | +0:23:18 | 0:06:44 / 1942 | 0:12:06 / 2030 | 0:26:40 / 1999 | 0:34:16 / 2054 | 0:39:49 / 2040 |
| 1966     | 6532   | PARADOWSKI Krzysztof    | Pruszków           |  POL |                         | 81 M30/783 | M / 1777           | 00:53:51  | 05.23      | +0:23:19 | 0:06:17 / 1196 | 0:11:18 / 1270 | 0:25:51 / 1654 | 0:33:28 / 1800 | 0:39:01 / 1847 |
| 1967     | 6356   | WIKŁO Marcin            | Kielce             |  POL |                         | 76 M30/784 | M / 1778           | 00:53:53  | 05.23      | +0:23:21 | 0:06:53 / 2205 | 0:12:17 / 2200 | 0:26:10 / 1802 | 0:33:36 / 1852 | 0:39:02 / 1851 |
| 1968     | 2972   | LUBELSKI Marcin         | Biała Podlaska     |  POL |                         | 76 M30/785 | M / 1779           | 00:53:53  | 05.23      | +0:23:21 | 0:06:57 / 2285 | 0:12:29 / 2361 | 0:27:04 / 2150 | 0:34:34 / 2151 | 0:40:17 / 2166 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club      | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 1969     | 5391   | WIĘCEK Piotr           | Warszawa         | POL       | Raiffeisen Polbank           | 75      | M30/786 M / 1780   | 00:53:53  | 05.23      | +0:23:21 | 0:06:22 / 1335 | 0:11:21 / 1326 | 0:25:11 / 1373 | 0:32:52 / 1616 | 0:38:41 / 1763 |
| 1970     | 6760   | GOSTÓŁ Dariusz         | Warszawa         | POL       |                              | 88      | M20/526 M / 1781   | 00:53:55  | 05.23      | +0:23:23 | 0:07:02 / 2432 | 0:13:05 / 2851 | 0:28:16 / 2630 | 0:35:32 / 2445 | 0:41:11 / 2417 |
| 1971     | 5051   | BIGAJ Andrzej          | Kraków           | POL       | Adwokaci                     | 86      | M20/527 M / 1782   | 00:53:55  | 05.23      | +0:23:23 | 0:06:58 / 2331 | 0:12:12 / 2130 | 0:26:34 / 1949 | 0:34:01 / 1983 | 0:39:32 / 1976 |
| 1972     | 6825   | OCHOCKI Michał         | Sulejówek        | POL       | Pzu Sport Team               | 90      | M20/528 M / 1783   | 00:53:55  | 05.23      | +0:23:23 | 0:07:24 / 2950 | 0:13:03 / 2819 | 0:28:08 / 2571 | 0:35:20 / 2386 | 0:40:37 / 2276 |
| 1973     | 5484   | GOSEK Andrzej          | Warszawa         | POL       |                              | 68      | M40/328 M / 1784   | 00:53:56  | 05.23      | +0:23:24 | 0:06:44 / 1936 | 0:12:11 / 2111 | 0:26:45 / 2028 | 0:34:02 / 1988 | 0:39:39 / 2010 |
| 1974     | 70     | BABIARZ Przemysław     | Warszawa         | POL       | Dziennikarz                  | 13      | M / 1785           | 00:53:56  | 05.23      | +0:23:24 | 0:06:35 / 1694 | 0:11:49 / 1728 | 0:25:54 / 1680 | 0:33:04 / 1677 | 0:38:35 / 1729 |
| 1975     | 3133   | ORLIK Paweł            | Legionowo        | POL       |                              | 71      | M40/329 M / 1786   | 00:53:56  | 05.23      | +0:23:25 | 0:07:15 / 2739 | 0:13:05 / 2849 | 0:27:55 / 2493 | 0:35:01 / 2285 | 0:40:20 / 2186 |
| 1976     | 5803   | KIETLIŃSKI Maciej      | Warszawa         | POL       |                              | 70      | M40/330 M / 1787   | 00:53:57  | 05.23      | +0:23:25 | 0:07:15 / 2735 | 0:12:45 / 2576 | 0:27:50 / 2460 | 0:35:15 / 2367 | 0:40:38 / 2282 |
| 1977     | 4634   | KALWASIŃSKI Mateusz    | Warszawa         | POL       |                              | 87      | M20/529 M / 1788   | 00:53:57  | 05.23      | +0:23:25 | 0:07:07 / 2543 | 0:12:32 / 2401 | 0:27:12 / 2201 | 0:34:33 / 2148 | 0:40:00 / 2086 |
| 1978     | 4925   | PRZEDWOLSKI Maciej     | Warszawa         | POL       |                              | 55      | M50/101 M / 1789   | 00:53:57  | 05.23      | +0:23:25 | 0:07:02 / 2449 | 0:12:31 / 2394 | 0:27:28 / 2301 | 0:34:46 / 2214 | 0:40:10 / 2129 |
| 1979     | 6954   | KOLASA Andrzej         | Warszawa-wesoła  | POL       | Klub J.słowackiego           | 51      | M60/16 M / 1790    | 00:53:57  | 05.23      | +0:23:25 | 0:06:15 / 1150 | 0:11:20 / 1289 | 0:25:35 / 1550 | 0:33:15 / 1746 | 0:38:55 / 1821 |
| 1980     | 4016   | ORCZYK Tomasz          | Wawa             | POL       | Dolka Rulez                  | 76      | M30/787 M / 1791   | 00:53:57  | 05.23      | +0:23:25 | 0:06:27 / 1460 | 0:11:41 / 1615 | 0:26:12 / 1817 | 0:33:37 / 1855 | 0:39:18 / 1915 |
| 1981     | 3829   | MROCZEK Zbigniew       | Warszawa         | POL       |                              | 72      | M40/331 M / 1792   | 00:53:58  | 05.23      | +0:23:26 | 0:06:41 / 1852 | 0:12:00 / 1928 | 0:26:20 / 1861 | 0:33:59 / 1972 | 0:39:36 / 1994 |
| 1982     | 5628   | ROWICKI Marcin         | Warszawa         | POL       |                              | 96      | M20/530 M / 1793   | 00:53:58  | 05.23      | +0:23:26 | 0:06:15 / 1139 | 0:11:22 / 1332 | 0:25:57 / 1699 | 0:33:34 / 1837 | 0:39:08 / 1884 |
| 1983     | 5864   | LEWANDOWSKI Radosław   | Piaseczno        | POL       |                              | 83      | M30/788 M / 1794   | 00:53:58  | 05.23      | +0:23:26 | 0:06:50 / 2140 | 0:12:20 / 2244 | 0:27:17 / 2241 | 0:34:33 / 2147 | 0:40:04 / 2104 |
| 1984     | 5835   | WIŚNIEWSKI Paweł piotr | Blonie           | POL       | Ks Wisienki4                 | 77      | M30/789 M / 1795   | 00:53:58  | 05.23      | +0:23:26 | 0:06:40 / 1819 | 0:12:03 / 1973 | 0:26:26 / 1905 | 0:34:04 / 2000 | 0:39:35 / 1987 |
| 1985     | 6793   | SKALSKI Grzegorz       | Ostrowiec        | POL       |                              | 74      | M30/790 M / 1796   | 00:53:59  | 05.23      | +0:23:27 | 0:06:22 / 1333 | 0:11:33 / 1477 | 0:25:10 / 1368 | 0:32:32 / 1512 | 0:38:24 / 1672 |
| 1986     | 5423   | GULINA Paweł           | Warszawa         | POL       | Metro Warszawskie Sp. Z O.o. | 73      | M40/332 M / 1797   | 00:53:59  | 05.23      | +0:23:27 | 0:06:44 / 1926 | 0:12:06 / 2026 | 0:26:39 / 1983 | 0:34:15 / 2047 | 0:39:48 / 2038 |
| 1987     | 4778   | OWSIŃSKI Maciej        | Warszawa         | POL       | Vege Runners                 | 79      | M30/791 M / 1798   | 00:54:00  | 05.24      | +0:23:28 | 0:06:49 / 2080 | 0:11:51 / 1762 | 0:25:45 / 1621 | 0:33:15 / 1745 | 0:38:46 / 1790 |
| 1988     | 5880   | GÓRSKI Paweł           | Warszawa         | POL       | Sygma Bank                   | 84      | M20/531 M / 1799   | 00:54:00  | 05.24      | +0:23:28 | 0:07:01 / 2404 | 0:12:36 / 2464 | 0:27:01 / 2130 | 0:34:25 / 2108 | 0:39:56 / 2067 |
| 1989     | 2786   | KAMIŃSKI Michał        | Dębica           | POL       |                              | 86      | M20/532 M / 1800   | 00:54:00  | 05.24      | +0:23:28 | 0:05:55 / 698  | 0:10:48 / 859  | 0:24:59 / 1278 | 0:32:38 / 1545 | 0:38:26 / 1683 |
| 1990     | 4936   | LUTOWSKI Bartosz       | Warszawa         | POL       |                              | 94      | M20/533 M / 1801   | 00:54:01  | 05.24      | +0:23:29 | 0:07:20 / 2868 | 0:13:07 / 2875 | 0:28:07 / 2568 | 0:35:20 / 2382 | 0:40:36 / 2272 |
| 1991     | 6181   | PRUSZCZYŃSKI Piotr     | Warszawa         | POL       |                              | 80      | M30/792 M / 1802   | 00:54:01  | 05.24      | +0:23:29 | 0:06:38 / 1773 | 0:11:50 / 1748 | 0:26:02 / 1738 | 0:33:27 / 1797 | 0:39:01 / 1846 |
| 1992     | 4020   | WAŚNIEWSKI Michał      | Warszawa         | POL       |                              | 88      | M20/534 M / 1803   | 00:54:01  | 05.24      | +0:23:29 | 0:06:36 / 1707 | 0:11:51 / 1765 | 0:26:19 / 1852 | 0:33:45 / 1897 | 0:39:20 / 1924 |
| 1993     | 6764   | BRODOWSKA Małgorzata   | Legionowo        | POL       | The Brand                    | 88      | K20/77 K / 190     | 00:54:02  | 05.24      | +0:23:30 | 0:06:43 / 1915 | 0:11:53 / 1796 | 0:26:08 / 1788 | 0:33:42 / 1880 | 0:39:19 / 1921 |
| 1994     | 5836   | KRZEWSKI Marcin        | Warszawa         | POL       |                              | 84      | M20/535 M / 1804   | 00:54:02  | 05.24      | +0:23:30 | 0:07:01 / 2415 | 0:12:40 / 2508 | 0:27:27 / 2296 | 0:34:47 / 2221 | 0:40:15 / 2154 |
| 1995     | 6892   | ĆWIKLIŃSKA Agata       | Warszawa         | POL       |                              | 92      | K20/78 K / 191     | 00:54:02  | 05.24      | +0:23:30 | 0:07:02 / 2428 | 0:12:30 / 2373 | 0:27:04 / 2148 | 0:34:31 / 2140 | 0:40:00 / 2087 |
| 1996     | 5919   | NAJMÓŁA Sławomir       | Warszawa         | POL       |                              | 75      | M30/793 M / 1805   | 00:54:02  | 05.24      | +0:23:30 | 0:07:00 / 2382 | 0:12:11 / 2103 | 0:26:53 / 2080 | 0:34:10 / 2028 | 0:39:26 / 1943 |
| 1997     | 2393   | ANDRZEJCZYK Cezary     | Warszawa         | POL       |                              | 82      | M30/794 M / 1806   | 00:54:02  | 05.24      | +0:23:30 | 0:06:17 / 1184 | 0:11:18 / 1256 | 0:25:21 / 1450 | 0:33:28 / 1803 | 0:39:06 / 1874 |
| 1998     | 3579   | WOŹNIAK Krzysztof      | Warszawa         | POL       |                              | 82      | M30/795 M / 1807   | 00:54:02  | 05.24      | +0:23:30 | 0:07:26 / 2994 | 0:12:56 / 2743 | 0:27:21 / 2268 | 0:34:37 / 2172 | 0:39:55 / 2063 |
| 1999     | 5613   | OLIKOWSKI Jarosław     | Nowy Dwór        | POL       |                              | 75      | M30/796 M / 1808   | 00:54:02  | 05.24      | +0:23:30 | 0:06:27 / 1466 | 0:11:30 / 1443 | 0:25:35 / 1547 | 0:32:57 / 1640 | 0:38:31 / 1708 |
| 2000     | 4123   | MAJ Karolina           | Gdańsk           | POL       |                              | 84      | K20/79 K / 192     | 00:54:03  | 05.24      | +0:23:31 | 0:06:20 / 1257 | 0:11:19 / 1282 | 0:25:25 / 1470 | 0:32:59 / 1655 | 0:38:44 / 1778 |
| 2001     | 5200   | LASKOWSKI Jacek        | Warszawa         | POL       |                              | 77      | M30/797 M / 1809   | 00:54:03  | 05.24      | +0:23:31 | 0:06:39 / 1793 | 0:11:49 / 1740 | 0:26:20 / 1856 | 0:33:50 / 1925 | 0:39:15 / 1906 |
| 2002     | 5770   | PISANIEC Krzysztof     | Warszawa         | POL       |                              | 82      | M30/798 M / 1810   | 00:54:03  | 05.24      | +0:23:31 | 0:06:37 / 1737 | 0:11:58 / 1895 | 0:26:27 / 1909 | 0:33:50 / 1929 | 0:39:28 / 1956 |
| 2003     | 5915   | DMOCH Bartłomiej       | Sochaczew        | POL       |                              | 89      | M20/536 M / 1811   | 00:54:03  | 05.24      | +0:23:31 | 0:06:38 / 1782 | 0:12:04 / 1984 | 0:26:46 / 2036 | 0:34:11 / 2036 | 0:39:44 / 2032 |
| 2004     | 6648   | SKULIMOWSKA Agata      | Warszawa         | POL       |                              | 87      | K20/80 K / 193     | 00:54:04  | 05.24      | +0:23:32 | 0:06:45 / 1969 | 0:12:20 / 2239 | 0:27:15 / 2227 | 0:34:33 / 2145 | 0:40:12 / 2135 |
| 2005     | 2985   | LUCZAK Janusz          | Łódź             | POL       | Straż Miejska Łódź           | 68      | M40/333 M / 1812   | 00:54:04  | 05.24      | +0:23:32 | 0:07:22 / 2905 | 0:12:59 / 2769 | 0:27:45 / 2426 | 0:35:09 / 2335 | 0:40:29 / 2227 |
| 2006     | 3033   | MAZIAKOWSKI Adam       | Opole            | POL       |                              | 95      | M20/537 M / 1813   | 00:54:04  | 05.24      | +0:23:32 | 0:07:24 / 2954 | 0:13:11 / 2922 | 0:27:34 / 2346 | 0:34:51 / 2231 | 0:40:09 / 2123 |
| 2007     | 5955   | TRUE Michał            | Kozienice        | POL       |                              | 84      | M20/538 M / 1814   | 00:54:04  | 05.24      | +0:23:32 | 0:07:11 / 2640 | 0:13:15 / 2985 | 0:27:37 / 2372 | 0:35:01 / 2284 | 0:40:40 / 2292 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club  | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|--------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2008     | 3476   | TARTANUS Bartłomiej   | Skieriewice      | POL       | Studenci                 | 90      | M20/539 M / 1815   | 00:54:04  | 05.24      | +0:23:32 | 0:06:59 / 2346 | 0:12:11 / 2113 | 0:26:48 / 2058 | 0:34:21 / 2077 | 0:39:39 / 2012 |
| 2009     | 5367   | MROZIŃSKI Piotr       | Warszawa         | POL       |                          | 83      | M30/799 M / 1816   | 00:54:05  | 05.24      | +0:23:33 | 0:06:22 / 1312 | 0:11:16 / 1235 | 0:24:58 / 1275 | 0:32:23 / 1467 | 0:38:24 / 1668 |
| 2010     | 6048   | PYTLOS Marcin         | Warszawa         | POL       | 12.tri                   | 80      | M30/800 M / 1817   | 00:54:05  | 05.24      | +0:23:33 | 0:06:19 / 1235 | 0:11:20 / 1299 | 0:25:17 / 1413 | 0:32:27 / 1485 | 0:38:16 / 1631 |
| 2011     | 6256   | JAROSIEWICZ Dariusz   | Legionowo        | POL       | Chtmo                    | 73      | M40/334 M / 1818   | 00:54:05  | 05.24      | +0:23:33 | 0:06:41 / 1837 | 0:11:55 / 1837 | 0:26:20 / 1858 | 0:33:51 / 1936 | 0:39:30 / 1968 |
| 2012     | 2407   | BANACH Klaudiusz      | Warszawa         | POL       |                          | 76      | M30/801 M / 1819   | 00:54:05  | 05.24      | +0:23:33 | 0:07:00 / 2395 | 0:12:17 / 2195 | 0:27:01 / 2127 | 0:34:30 / 2133 | 0:39:51 / 2049 |
| 2013     | 6690   | TOKARSKI Piotr        | Warszawa         | POL       |                          | 78      | M30/802 M / 1820   | 00:54:05  | 05.24      | +0:23:33 | 0:06:42 / 1860 | 0:11:56 / 1852 | 0:26:10 / 1796 | 0:33:45 / 1896 | 0:39:06 / 1871 |
| 2014     | 5359   | SIEDLIK Małgorzata    | Braniewo         | POL       | Nauczyciel               | 63      | K50/5 K / 194      | 00:54:05  | 05.24      | +0:23:33 | 0:07:12 / 2666 | 0:12:33 / 2423 | 0:27:09 / 2178 | 0:34:37 / 2168 | 0:39:55 / 2065 |
| 2015     | 4457   | PASICH Paweł          | Sosnowiec        | POL       |                          | 79      | M30/803 M / 1821   | 00:54:05  | 05.24      | +0:23:33 | 0:06:55 / 2243 | 0:12:06 / 2031 | 0:26:48 / 2057 | 0:34:12 / 2037 | 0:39:42 / 2023 |
| 2016     | 4903   | STEFAŃSKI Dariusz     | Warszawa         | POL       |                          | 61      | M50/102 M / 1822   | 00:54:05  | 05.24      | +0:23:33 | 0:06:50 / 2116 | 0:12:13 / 2146 | 0:26:40 / 1998 | 0:34:01 / 1982 | 0:39:30 / 1970 |
| 2017     | 6167   | OKOŃ Przemysław       | Warszawa         | POL       | Biegom Bo Lubię Warszawa | 86      | M20/540 M / 1823   | 00:54:06  | 05.24      | +0:23:34 | 0:07:14 / 2701 | 0:12:55 / 2720 | 0:27:43 / 2407 | 0:34:56 / 2260 | 0:40:20 / 2182 |
| 2018     | 6551   | SZYMCZAK Mirosław     | Warszawa         | POL       | Spartaniedziom.pl        | 70      | M40/335 M / 1824   | 00:54:06  | 05.24      | +0:23:34 | 0:07:14 / 2699 | 0:12:54 / 2717 | 0:27:42 / 2406 | 0:34:56 / 2262 | 0:40:19 / 2181 |
| 2019     | 6794   | WIECHEĆ Grzegorz      | Warszawa         | POL       |                          | 81      | M30/804 M / 1825   | 00:54:06  | 05.24      | +0:23:34 | 0:06:59 / 2336 | 0:12:27 / 2332 | 0:26:52 / 2070 | 0:34:08 / 2023 | 0:39:37 / 2001 |
| 2020     | 4250   | GÓRAL Piotr           | Warszawa         | POL       |                          | 76      | M30/805 M / 1826   | 00:54:06  | 05.24      | +0:23:34 | 0:06:35 / 1677 | 0:11:39 / 1584 | 0:26:17 / 1844 | 0:33:44 / 1890 | 0:39:22 / 1933 |
| 2021     | 4931   | SUCHECKI Artur        | Warszawa         | POL       |                          | 76      | M30/806 M / 1827   | 00:54:06  | 05.24      | +0:23:34 | 0:06:43 / 1920 | 0:11:54 / 1814 | 0:25:48 / 1630 | 0:33:19 / 1764 | 0:38:50 / 1801 |
| 2022     | 6328   | PIĄTEK Grzegorz       | Warszawa         | POL       |                          | 82      | M30/807 M / 1828   | 00:54:06  | 05.24      | +0:23:34 | 0:06:42 / 1887 | 0:11:58 / 1884 | 0:26:22 / 1873 | 0:33:52 / 1942 | 0:39:23 / 1938 |
| 2023     | 4083   | KUCZYŃSKI Marcin      | Warszawa         | POL       |                          | 75      | M30/808 M / 1829   | 00:54:06  | 05.24      | +0:23:34 | 0:07:28 / 3027 | 0:12:49 / 2647 | 0:27:38 / 2376 | 0:35:00 / 2279 | 0:40:10 / 2126 |
| 2024     | 206    | HOŁODY Grzegorz       | Warszawa         | POL       | Pko                      | 85      | M20/541 M / 1830   | 00:54:06  | 05.24      | +0:23:34 | 0:07:22 / 2909 | 0:13:14 / 2970 | 0:28:30 / 2697 | 0:35:36 / 2469 | 0:40:55 / 2356 |
| 2025     | 2859   | KOSIOR Krzysztof      | Warszawa         | POL       |                          | 83      | M30/809 M / 1831   | 00:54:07  | 05.24      | +0:23:35 | 0:06:07 / 921  | 0:11:02 / 1037 | 0:25:35 / 1552 | 0:33:20 / 1768 | 0:39:06 / 1870 |
| 2026     | 2805   | KĘDLARSKI Krzysztof   | Warszawa         | POL       |                          | 73      | M40/336 M / 1832   | 00:54:07  | 05.24      | +0:23:35 | 0:07:39 / 3257 | 0:13:33 / 3189 | 0:28:32 / 2711 | 0:35:46 / 2511 | 0:41:17 / 2447 |
| 2027     | 5443   | ŁĄŻEWSKI Andrzej      | Warszawa         | POL       | 123-a-teraz-my.pl        | 66      | M40/337 M / 1833   | 00:54:07  | 05.24      | +0:23:35 | 0:07:10 / 2627 | 0:12:51 / 2672 | 0:27:46 / 2431 | 0:35:03 / 2294 | 0:40:33 / 2245 |
| 2028     | 6538   | KAZIMIERCZAK Sławomir | Warszawa         | POL       |                          | 63      | M50/103 M / 1834   | 00:54:07  | 05.24      | +0:23:36 | 0:06:45 / 1968 | 0:12:09 / 2083 | 0:26:47 / 2051 | 0:34:17 / 2059 | 0:39:32 / 1981 |
| 2029     | 5317   | KĘDZIOR Jerzy         | Rzeszów          | POL       |                          | 64      | M40/338 M / 1835   | 00:54:08  | 05.24      | +0:23:36 | 0:06:58 / 2308 | 0:12:17 / 2203 | 0:26:52 / 2076 | 0:34:17 / 2055 | 0:39:38 / 2006 |
| 2030     | 5173   | BAKALARZ Agnieszka    |                  | POL       | Team Biegnij Warszawo    | 78      | K30/86 K / 195     | 00:54:08  | 05.24      | +0:23:36 | 0:06:48 / 2068 | 0:12:03 / 1976 | 0:26:36 / 1963 | 0:34:03 / 1994 | 0:39:37 / 1999 |
| 2031     | 3897   | LEŚNIAK Tomasz        | Warszawa         | POL       |                          | 86      | M20/542 M / 1836   | 00:54:08  | 05.24      | +0:23:36 | 0:07:11 / 2639 | 0:12:43 / 2541 | 0:27:18 / 2244 | 0:34:35 / 2161 | 0:40:01 / 2091 |
| 2032     | 5867   | SULICH Mariusz        | Warszawa         | POL       |                          | 76      | M30/810 M / 1837   | 00:54:08  | 05.24      | +0:23:36 | 0:07:45 / 3372 | 0:13:37 / 3227 | 0:29:00 / 2868 | 0:35:47 / 2515 | 0:41:00 / 2381 |
| 2033     | 5168   | KUŁAKOWSKI Piotr      | Konstancin       | POL       | Medycy                   | 57      | M50/104 M / 1838   | 00:54:08  | 05.24      | +0:23:36 | 0:06:53 / 2204 | 0:12:02 / 1957 | 0:26:26 / 1902 | 0:33:58 / 1968 | 0:39:22 / 1928 |
| 2034     | 6617   | STĘPIEŃ Rafał         | Warszawa         | POL       |                          | 76      | M30/811 M / 1839   | 00:54:08  | 05.24      | +0:23:36 | 0:07:33 / 3156 | 0:13:13 / 2961 | 0:27:36 / 2357 | 0:34:46 / 2211 | 0:40:03 / 2103 |
| 2035     | 5954   | KIETLIŃSKI Paweł      | Warszawa         | POL       | Informatyk               | 87      | M20/543 M / 1840   | 00:54:09  | 05.24      | +0:23:38 | 0:07:00 / 2383 | 0:12:31 / 2390 | 0:27:03 / 2141 | 0:34:30 / 2131 | 0:40:01 / 2090 |
| 2036     | 4881   | GRALEWSKI Łukasz      | Warszawa         | POL       |                          | 90      | M20/544 M / 1841   | 00:54:10  | 05.25      | +0:23:38 | 0:07:16 / 2762 | 0:12:45 / 2584 | 0:27:14 / 2213 | 0:34:37 / 2171 | 0:40:05 / 2108 |
| 2037     | 3810   | GIEYSZTOR Tomasz      | Warszawa         | POL       |                          | 79      | M30/812 M / 1842   | 00:54:10  | 05.25      | +0:23:38 | 0:06:54 / 2217 | 0:12:12 / 2126 | 0:26:38 / 1979 | 0:34:10 / 2027 | 0:39:42 / 2022 |
| 2038     | 2531   | CHYZIAK Marcin        | Warszawa         | POL       |                          | 75      | M30/813 M / 1843   | 00:54:10  | 05.25      | +0:23:38 | 0:06:44 / 1929 | 0:12:06 / 2037 | 0:26:30 / 1928 | 0:34:04 / 2001 | 0:39:44 / 2031 |
| 2039     | 5333   | ORLIŃSKI Paweł        | Warszawa         | POL       |                          | 89      | M20/545 M / 1844   | 00:54:11  | 05.25      | +0:23:39 | 0:07:02 / 2447 | 0:12:28 / 2351 | 0:26:18 / 1847 | 0:33:33 / 1833 | 0:38:49 / 1793 |
| 2040     | 2530   | CHYŁKOWSKI Michał     | Milanówek        | POL       |                          | 76      | M30/814 M / 1845   | 00:54:11  | 05.25      | +0:23:39 | 0:07:08 / 2563 | 0:12:42 / 2534 | 0:27:48 / 2451 | 0:35:06 / 2317 | 0:40:25 / 2203 |
| 2041     | 5196   | RYNKIEWICZ Anna       | Warszawa         | POL       |                          | 77      | K30/87 K / 196     | 00:54:13  | 05.25      | +0:23:41 | 0:07:00 / 2365 | 0:12:33 / 2428 | 0:27:28 / 2305 | 0:34:46 / 2213 | 0:40:16 / 2159 |
| 2042     | 4842   | GRZYMAŁA Andrzej      | Warszawa         | POL       |                          | 71      | M40/339 M / 1846   | 00:54:13  | 05.25      | +0:23:41 | 0:06:27 / 1458 | 0:11:43 / 1642 | 0:26:28 / 1914 | 0:34:00 / 1973 | 0:39:36 / 1995 |
| 2043     | 6604   | CZYNSZAK Michał       | Warszawa         | POL       | Aviva Running Team       | 80      | M30/815 M / 1847   | 00:54:13  | 05.25      | +0:23:41 | 0:06:46 / 2006 | 0:12:06 / 2018 | 0:26:30 / 1932 | 0:33:58 / 1962 | 0:39:37 / 1997 |
| 2044     | 3297   | RZYMSKI Tomasz        | Warszawa         | POL       |                          | 88      | M20/546 M / 1848   | 00:54:13  | 05.25      | +0:23:41 | 0:06:21 / 1294 | 0:11:17 / 1246 | 0:25:51 / 1662 | 0:33:34 / 1836 | 0:39:11 / 1889 |
| 2045     | 6002   | CZAJA Piotr           | Warszawa         | POL       |                          | 76      | M30/816 M / 1849   | 00:54:14  | 05.25      | +0:23:42 | 0:06:58 / 2298 | 0:12:30 / 2369 | 0:27:22 / 2269 | 0:34:49 / 2225 | 0:40:17 / 2164 |
| 2046     | 5197   | RYNKIEWICZ Bartek     | Warszawa         | POL       |                          | 73      | M40/340 M / 1850   | 00:54:14  | 05.25      | +0:23:42 | 0:07:01 / 2405 | 0:12:37 / 2476 | 0:27:30 / 2320 | 0:34:46 / 2218 | 0:40:17 / 2165 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City  | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|-------------------|-----------|----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2047     | 3918   | PAZIO Artur           | Warszawa          | POL       |                                  | 79      | M30/817 M / 1851   | 00:54:14  | 05.25      | +0:23:42 | 0:06:50 / 2125 | 0:12:10 / 2096 | 0:27:04 / 2147 | 0:34:26 / 2119 | 0:40:05 / 2109 |
| 2048     | 2507   | CELEJ Daniel          | Kluczew           | POL       | Biegusiem.pl                     | 79      | M30/818 M / 1852   | 00:54:14  | 05.25      | +0:23:42 | 0:06:53 / 2202 | 0:12:08 / 2068 | 0:26:56 / 2100 | 0:34:30 / 2129 | 0:40:12 / 2141 |
| 2049     | 6881   | SOLIS Tomasz          | Warszawa          | POL       |                                  | 82      | M30/819 M / 1853   | 00:54:14  | 05.25      | +0:23:43 | 0:06:32 / 1594 | 0:11:57 / 1871 | 0:26:24 / 1882 | 0:33:48 / 1915 | 0:39:40 / 2018 |
| 2050     | 5608   | JEŻ Tomasz            | Warszawa          | POL       |                                  | 77      | M30/820 M / 1854   | 00:54:15  | 05.25      | +0:23:43 | 0:06:54 / 2223 | 0:12:24 / 2298 | 0:26:54 / 2084 | 0:34:17 / 2057 | 0:39:49 / 2041 |
| 2051     | 4866   | OPIECZYŃSKA Marzena   | Warszawa          | POL       |                                  | 78      | K30/88 K / 197     | 00:54:15  | 05.25      | +0:23:43 | 0:06:33 / 1631 | 0:11:50 / 1756 | 0:26:35 / 1957 | 0:34:06 / 2013 | 0:39:54 / 2061 |
| 2052     | 6728   | LECH Mikołaj          | Głina             | POL       |                                  | 95      | M20/547 M / 1855   | 00:54:16  | 05.25      | +0:23:44 | 0:07:18 / 2815 | 0:13:06 / 2868 | 0:28:01 / 2533 | 0:35:07 / 2322 | 0:40:41 / 2296 |
| 2053     | 4127   | BIELAŃSKI Grzegorz    | Ząbki             | POL       |                                  | 79      | M30/821 M / 1856   | 00:54:16  | 05.25      | +0:23:44 | 0:06:55 / 2239 | 0:12:33 / 2426 | 0:27:23 / 2279 | 0:35:02 / 2289 | 0:40:36 / 2269 |
| 2054     | 6725   | LECH Henryk           | Głina             | POL       |                                  | 70      | M40/341 M / 1857   | 00:54:16  | 05.25      | +0:23:44 | 0:07:18 / 2817 | 0:13:06 / 2869 | 0:28:01 / 2537 | 0:35:08 / 2326 | 0:40:41 / 2297 |
| 2055     | 3005   | MAŁECKI Piotr         | Warszawa          | POL       | Toscany Invest                   | 72      | M40/342 M / 1858   | 00:54:16  | 05.25      | +0:23:44 | 0:06:24 / 1382 | 0:11:21 / 1325 | 0:26:13 / 1819 | 0:33:49 / 1918 | 0:39:27 / 1950 |
| 2056     | 2542   | CZAJKOWSKI Błażej     | Warszawa          | POL       |                                  | 84      | M20/548 M / 1859   | 00:54:16  | 05.25      | +0:23:44 | 0:06:18 / 1210 | 0:11:28 / 1414 | 0:25:20 / 1442 | 0:32:59 / 1650 | 0:38:40 / 1757 |
| 2057     | 4167   | KOPEĆ Krzysztof       | Warszawa          | POL       |                                  | 77      | M30/822 M / 1860   | 00:54:16  | 05.25      | +0:23:45 | 0:07:01 / 2406 | 0:12:30 / 2375 | 0:27:15 / 2229 | 0:34:45 / 2209 | 0:40:15 / 2152 |
| 2058     | 4572   | BUGAJ Krzysztof       | Warszawa          | POL       |                                  | 75      | M30/823 M / 1861   | 00:54:16  | 05.25      | +0:23:45 | 0:06:25 / 1428 | 0:11:26 / 1386 | 0:25:49 / 1637 | 0:33:29 / 1807 | 0:39:13 / 1899 |
| 2059     | 6838   | DZWONKOWSKI Krzysztof | Warszawa          | POL       | Axa Running Team                 | 88      | M20/549 M / 1862   | 00:54:17  | 05.25      | +0:23:45 | 0:06:45 / 1959 | 0:11:52 / 1777 | 0:26:04 / 1750 | 0:33:35 / 1842 | 0:39:00 / 1838 |
| 2060     | 4356   | PODNIEŚIŃSKA Magda    | Warszawa          | POL       |                                  | 87      | K20/81 K / 198     | 00:54:17  | 05.25      | +0:23:45 | 0:07:28 / 3044 | 0:13:06 / 2863 | 0:27:39 / 2385 | 0:34:52 / 2242 | 0:40:14 / 2150 |
| 2061     | 4001   | SKORUPSKI Grzegorz    | Warszawa          | POL       |                                  | 71      | M40/343 M / 1863   | 00:54:17  | 05.25      | +0:23:45 | 0:07:02 / 2448 | 0:12:16 / 2180 | 0:26:20 / 1860 | 0:33:42 / 1883 | 0:39:19 / 1920 |
| 2062     | 5122   | WACIĘGA Tomasz        | Warszawa          | POL       |                                  | 83      | M30/824 M / 1864   | 00:54:17  | 05.25      | +0:23:45 | 0:07:00 / 2398 | 0:12:35 / 2444 | 0:27:03 / 2145 | 0:34:28 / 2120 | 0:40:08 / 2119 |
| 2063     | 5881   | GÓRSKA Natalia        | Warszawa          | POL       | Edc Runners                      | 84      | K20/82 K / 199     | 00:54:18  | 05.25      | +0:23:46 | 0:06:58 / 2327 | 0:12:26 / 2323 | 0:27:11 / 2192 | 0:34:37 / 2170 | 0:40:08 / 2118 |
| 2064     | 6281   | GRYCNER Piotr         | Starogard Gdański | POL       |                                  | 51      | M60/17 M / 1865    | 00:54:18  | 05.25      | +0:23:46 | 0:06:53 / 2212 | 0:12:19 / 2229 | 0:26:45 / 2030 | 0:34:04 / 2002 | 0:39:36 / 1990 |
| 2065     | 6425   | PYTEL Piotr           | Ząbki             | POL       |                                  | 84      | M20/550 M / 1866   | 00:54:18  | 05.25      | +0:23:46 | 0:06:55 / 2250 | 0:12:03 / 1970 | 0:26:57 / 2109 | 0:34:44 / 2197 | 0:40:22 / 2195 |
| 2066     | 5033   | KRET Michał           | Warszawa          | POL       | Nova Group                       | 76      | M30/825 M / 1867   | 00:54:19  | 05.25      | +0:23:47 | 0:07:06 / 2529 | 0:12:41 / 2520 | 0:27:37 / 2370 | 0:35:17 / 2373 | 0:40:35 / 2260 |
| 2067     | 3550   | WISZNIEWSKI Karol     | Warszawa          | POL       | Aks Polonia Warszawa             | 82      | M30/826 M / 1868   | 00:54:19  | 05.25      | +0:23:47 | 0:06:45 / 1954 | 0:12:05 / 2003 | 0:27:09 / 2183 | 0:35:20 / 2383 | 0:40:57 / 2363 |
| 2068     | 2457   | BINDER Agnieszka      | Warszawa          | POL       |                                  | 83      | K30/89 K / 200     | 00:54:19  | 05.25      | +0:23:47 | 0:06:42 / 1872 | 0:11:49 / 1733 | 0:26:04 / 1752 | 0:33:35 / 1843 | 0:39:18 / 1916 |
| 2069     | 6576   | MISTERSKI Michał      | Warszawa          | POL       |                                  | 74      | M30/827 M / 1869   | 00:54:19  | 05.25      | +0:23:47 | 0:06:15 / 1138 | 0:11:24 / 1361 | 0:25:59 / 1710 | 0:33:42 / 1882 | 0:39:21 / 1926 |
| 2070     | 5560   | ZINKIEWICZ Anna       | Giżycko           | POL       |                                  | 82      | K30/90 K / 201     | 00:54:21  | 05.26      | +0:23:49 | 0:07:03 / 2458 | 0:12:36 / 2468 | 0:27:21 / 2262 | 0:34:45 / 2206 | 0:40:15 / 2151 |
| 2071     | 2726   | JAGIELŁO Jakub        | Warszawa          | POL       |                                  | 85      | M20/551 M / 1870   | 00:54:22  | 05.26      | +0:23:50 | 0:06:33 / 1646 | 0:11:47 / 1701 | 0:26:22 / 1877 | 0:33:55 / 1953 | 0:39:32 / 1977 |
| 2072     | 2799   | KASZOWSKA Anna        | Wieliczka         | POL       |                                  | 89      | K20/83 K / 202     | 00:54:22  | 05.26      | +0:23:50 | 0:07:13 / 2689 | 0:12:40 / 2514 | 0:27:44 / 2419 | 0:35:07 / 2320 | 0:40:29 / 2225 |
| 2073     | 5895   | BORZYŃSKI Jarosław    | Warszawa          | POL       |                                  | 71      | M40/344 M / 1871   | 00:54:23  | 05.26      | +0:23:51 | 0:06:18 / 1222 | 0:11:15 / 1216 | 0:25:44 / 1613 | 0:33:22 / 1779 | 0:39:00 / 1841 |
| 2074     | 5156   | TUSIŃSKI Łukasz       | Warszawa          | POL       | Aks Polonia                      | 81      | M30/828 M / 1872   | 00:54:23  | 05.26      | +0:23:51 | 0:07:29 / 3056 | 0:13:24 / 3100 | 0:28:41 / 2768 | 0:36:12 / 2642 | 0:41:22 / 2464 |
| 2075     | 3394   | STUDENCKI Dawid       | Kościelisko       | POL       |                                  | 89      | M20/552 M / 1873   | 00:54:23  | 05.26      | +0:23:51 | 0:07:12 / 2659 | 0:12:42 / 2533 | 0:27:44 / 2417 | 0:35:07 / 2321 | 0:40:30 / 2228 |
| 2076     | 4162   | PLECKE Piotr          | Warszawa          | POL       |                                  | 84      | M20/553 M / 1874   | 00:54:24  | 05.26      | +0:23:52 | 0:07:03 / 2471 | 0:12:44 / 2554 | 0:27:42 / 2405 | 0:35:01 / 2287 | 0:40:23 / 2196 |
| 2077     | 6863   | ZAKOLSKI Mariusz      | Legionowo         | POL       |                                  | 77      | M30/829 M / 1875   | 00:54:24  | 05.26      | +0:23:52 | 0:07:43 / 3348 | 0:13:28 / 3147 | 0:28:27 / 2685 | 0:35:42 / 2497 | 0:41:07 / 2407 |
| 2078     | 3036   | MAZURKIEWICZ Mariusz  | Kielce            | POL       | Sp7udb                           | 72      | M40/345 M / 1876   | 00:54:24  | 05.26      | +0:23:53 | 0:07:07 / 2556 | 0:12:35 / 2445 | 0:27:07 / 2160 | 0:34:24 / 2096 | 0:39:49 / 2042 |
| 2079     | 4943   | FIUTKOWSKI Jakub      | Warszawa          | POL       | Aks Polonia                      | 92      | M20/554 M / 1877   | 00:54:25  | 05.26      | +0:23:53 | 0:06:36 / 1724 | 0:11:56 / 1854 | 0:26:14 / 1827 | 0:33:44 / 1888 | 0:39:25 / 1942 |
| 2080     | 6669   | OBCOWSKI Maciej       | Warszawa          | POL       |                                  | 77      | M30/830 M / 1878   | 00:54:26  | 05.26      | +0:23:54 | 0:06:16 / 1153 | 0:11:28 / 1411 | 0:26:21 / 1869 | 0:33:57 / 1960 | 0:39:39 / 2008 |
| 2081     | 5619   | PUCZKO Magdalena      | Warszawa          | POL       | Polarny Klub Sportowy Hornsund   | 72      | K40/23 K / 203     | 00:54:26  | 05.26      | +0:23:54 | 0:07:15 / 2752 | 0:12:40 / 2515 | 0:27:28 / 2303 | 0:34:52 / 2240 | 0:40:18 / 2172 |
| 2082     | 5342   | KANOWNIK Michał       | Warszawa          | POL       | Luxury Runnerllllllllllll's Team | 77      | M30/831 M / 1879   | 00:54:27  | 05.26      | +0:23:55 | 0:06:46 / 1995 | 0:12:23 / 2282 | 0:27:07 / 2164 | 0:34:38 / 2177 | 0:40:10 / 2127 |
| 2083     | 5512   | SZYMAŃSKI Karol       | Warszawa          | POL       |                                  | 83      | M30/832 M / 1880   | 00:54:27  | 05.26      | +0:23:55 | 0:06:07 / 927  | 0:11:18 / 1259 | 0:25:55 / 1685 | 0:33:43 / 1886 | 0:39:42 / 2025 |
| 2084     | 4933   | SZEWCZYK Justyna      | Sochaczew         | POL       | Km Aktywni Sochaczew             | 97      | K20/84 K / 204     | 00:54:27  | 05.26      | +0:23:55 | 0:06:42 / 1877 | 0:11:55 / 1845 | 0:26:36 / 1967 | 0:34:25 / 2112 | 0:40:15 / 2153 |
| 2085     | 5483   | MALINOWSKI Jerzy      | Szeligi           | POL       | Sp2 Ożarów Mazowiecki            | 61      | M50/105 M / 1881   | 00:54:28  | 05.26      | +0:23:56 | 0:07:11 / 2644 | 0:12:54 / 2707 | 0:27:22 / 2271 | 0:34:32 / 2142 | 0:40:03 / 2098 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club           | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|-----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2086     | 5003   | JEDLIŃSKI Leszek           | Chicago          | POL       |                                   | 44      | M60/18 M / 1882    | 00:54:28  | 05.26      | +0:23:56 | 0:07:00 / 2368 | 0:12:16 / 2188 | 0:26:52 / 2072 | 0:34:24 / 2099 | 0:39:57 / 2073 |
| 2087     | 6978   | DUDA Tomasz                | Wola Gólkowska   | POL       |                                   | 74      | M30/833 M / 1883   | 00:54:28  | 05.26      | +0:23:56 | 0:07:03 / 2474 | 0:12:37 / 2480 | 0:27:05 / 2152 | 0:34:30 / 2135 | 0:40:11 / 2134 |
| 2088     | 4255   | HEJNIAK Michał             | Siedlce          | POL       | Accenture                         | 89      | M20/555 M / 1884   | 00:54:29  | 05.26      | +0:23:57 | 0:06:44 / 1946 | 0:12:10 / 2095 | 0:26:54 / 2086 | 0:34:29 / 2123 | 0:40:18 / 2169 |
| 2089     | 4292   | KUNISZEWCZ Patryk          | Warszawa         | POL       |                                   | 82      | M30/834 M / 1885   | 00:54:30  | 05.27      | +0:23:58 | 0:06:47 / 2037 | 0:12:08 / 2070 | 0:26:43 / 2013 | 0:34:25 / 2107 | 0:39:56 / 2069 |
| 2090     | 3351   | SOBOLEWSKI Rafał           | Warszawa         | POL       |                                   | 75      | M30/835 M / 1886   | 00:54:30  | 05.27      | +0:23:58 | 0:06:59 / 2342 | 0:12:22 / 2273 | 0:26:55 / 2097 | 0:34:33 / 2144 | 0:40:09 / 2124 |
| 2091     | 3578   | WOŹNIAK Łukasz             | Kalisz           | POL       |                                   | 87      | M20/556 M / 1887   | 00:54:30  | 05.27      | +0:23:58 | 0:06:19 / 1225 | 0:11:22 / 1329 | 0:25:05 / 1330 | 0:32:38 / 1547 | 0:38:36 / 1733 |
| 2092     | 4191   | WĘSIERSKA Katarzyna        | Warszawa         | POL       |                                   | 90      | K20/85 K / 205     | 00:54:30  | 05.27      | +0:23:58 | 0:06:48 / 2061 | 0:12:09 / 2080 | 0:26:43 / 2018 | 0:34:26 / 2117 | 0:39:56 / 2072 |
| 2093     | 486    | STARZYŃSKI Andrzej         | Warszawa         | POL       |                                   | 42      | M70/4 M / 1888     | 00:54:30  | 05.27      | +0:23:59 | 0:06:47 / 2029 | 0:12:07 / 2045 | 0:26:52 / 2073 | 0:34:29 / 2125 | 0:40:02 / 2093 |
| 2094     | 4394   | KACZOR Barbara             | Przeworsk        | POL       |                                   | 82      | K30/91 K / 206     | 00:54:30  | 05.27      | +0:23:59 | 0:06:54 / 2232 | 0:12:18 / 2213 | 0:26:35 / 1962 | 0:34:07 / 2015 | 0:39:53 / 2056 |
| 2095     | 3871   | KOWALSKI Wojciech          | Radom            | POL       |                                   | 97      | M20/557 M / 1889   | 00:54:31  | 05.27      | +0:23:59 | 0:07:02 / 2427 | 0:12:22 / 2268 | 0:26:42 / 2009 | 0:34:02 / 1987 | 0:39:47 / 2036 |
| 2096     | 3794   | RUDOLF Jakub               | Toruń            | POL       | Axel Toruń                        | 98      | M20/558 M / 1890   | 00:54:31  | 05.27      | +0:23:59 | 0:06:22 / 1314 | 0:11:29 / 1426 | 0:25:24 / 1466 | 0:33:13 / 1733 | 0:39:04 / 1864 |
| 2097     | 5442   | KOZAK Magdalena            | Piaseczno        | POL       | 123-a-teraz-my.pl                 | 76      | K30/92 K / 207     | 00:54:32  | 05.27      | +0:24:00 | 0:07:03 / 2468 | 0:12:44 / 2569 | 0:27:35 / 2354 | 0:34:59 / 2276 | 0:40:31 / 2241 |
| 2098     | 3863   | SZKWAREK Rafał             | Pruszków         | POL       | Asraz                             | 74      | M30/836 M / 1891   | 00:54:32  | 05.27      | +0:24:00 | 0:06:49 / 2086 | 0:12:27 / 2334 | 0:27:20 / 2255 | 0:34:46 / 2212 | 0:40:18 / 2168 |
| 2099     | 3051   | MILEWSKA Joanna            | Czerwonka        | POL       |                                   | 80      | K30/93 K / 208     | 00:54:32  | 05.27      | +0:24:00 | 0:08:37 / 3937 | 0:14:03 / 3488 | 0:28:22 / 2660 | 0:35:34 / 2458 | 0:40:53 / 2350 |
| 2100     | 5188   | SKOWRON Patryk             | Bonie            | POL       |                                   | 86      | M20/559 M / 1892   | 00:54:32  | 05.27      | +0:24:00 | 0:07:00 / 2400 | 0:12:24 / 2299 | 0:27:03 / 2144 | 0:34:34 / 2156 | 0:40:10 / 2133 |
| 2101     | 6103   | SITAREK Artur              | Piaseczno        | POL       |                                   | 76      | M30/837 M / 1893   | 00:54:32  | 05.27      | +0:24:00 | 0:06:44 / 1935 | 0:11:59 / 1905 | 0:26:29 / 1922 | 0:34:03 / 1991 | 0:39:50 / 2047 |
| 2102     | 2694   | GUTKOWSKI Tomek            | Radom            | POL       | Trend Glass Running Team          | 79      | M30/838 M / 1894   | 00:54:34  | 05.27      | +0:24:02 | 0:06:42 / 1885 | 0:11:57 / 1873 | 0:26:42 / 2006 | 0:34:21 / 2078 | 0:39:51 / 2050 |
| 2103     | 5444   | ŁĄŻEWSKA Ewa               | Supraśl          | POL       | 123-a-teraz-my.pl                 | 69      | K40/24 K / 209     | 00:54:34  | 05.27      | +0:24:02 | 0:07:04 / 2492 | 0:12:45 / 2587 | 0:27:37 / 2368 | 0:35:00 / 2281 | 0:40:34 / 2250 |
| 2104     | 5748   | CHAJDAS Michał             | Zielonka         | POL       |                                   | 76      | M30/839 M / 1895   | 00:54:34  | 05.27      | +0:24:02 | 0:06:59 / 2334 | 0:12:28 / 2347 | 0:27:12 / 2200 | 0:34:34 / 2153 | 0:40:03 / 2101 |
| 2105     | 6849   | STACIWA Wojciech           | Warszawa         | POL       |                                   | 76      | M30/840 M / 1896   | 00:54:35  | 05.27      | +0:24:03 | 0:06:44 / 1931 | 0:12:12 / 2127 | 0:26:53 / 2079 | 0:34:23 / 2088 | 0:40:12 / 2138 |
| 2106     | 6125   | SKOWROŃSKI Mirosław        | Milanówek        | POL       | Grupa Strategia                   | 67      | M40/346 M / 1897   | 00:54:35  | 05.27      | +0:24:03 | 0:06:09 / 982  | 0:11:11 / 1162 | 0:25:35 / 1548 | 0:33:29 / 1808 | 0:39:09 / 1885 |
| 2107     | 4785   | DVORSKA Alexandra          | Bratysława       | POL       | Slovakia                          | 75      | K30/94 K / 210     | 00:54:35  | 05.27      | +0:24:03 | 0:07:15 / 2754 | 0:12:45 / 2586 | 0:27:35 / 2352 | 0:35:13 / 2348 | 0:40:45 / 2313 |
| 2108     | 4106   | STACHOWIAK-ZALEWSKA Joanna | Nowa Wieś Wielka | POL       | Kolo Strzeleckie Lok Pogranicznik | 80      | K30/95 K / 211     | 00:54:36  | 05.27      | +0:24:04 | 0:06:44 / 1940 | 0:12:02 / 1951 | 0:27:02 / 2135 | 0:34:54 / 2251 | 0:40:16 / 2162 |
| 2109     | 3244   | PUTYŁO Tomasz              | Warszawa         | POL       | Raiffeisen Polbank                | 66      | M40/347 M / 1898   | 00:54:37  | 05.27      | +0:24:05 | 0:07:03 / 2454 | 0:12:33 / 2421 | 0:27:37 / 2367 | 0:35:08 / 2329 | 0:40:35 / 2262 |
| 2110     | 3864   | SKRZECZ Ireneusz           | Warszawa         | POL       | Ubezpieczeniowcy                  | 54      | M50/106 M / 1899   | 00:54:37  | 05.27      | +0:24:05 | 0:06:22 / 1305 | 0:11:38 / 1567 | 0:26:21 / 1865 | 0:33:58 / 1966 | 0:39:29 / 1962 |
| 2111     | 6627   | JACKOWIAK Łukasz           | Warszawa         | POL       |                                   | 87      | M20/560 M / 1900   | 00:54:37  | 05.27      | +0:24:05 | 0:07:05 / 2497 | 0:12:24 / 2294 | 0:26:54 / 2087 | 0:34:23 / 2093 | 0:39:57 / 2074 |
| 2112     | 4615   | ZALUSKI Łukasz             | Warszawa         | POL       |                                   | 81      | M30/841 M / 1901   | 00:54:37  | 05.27      | +0:24:05 | 0:06:53 / 2210 | 0:12:39 / 2499 | 0:27:17 / 2239 | 0:34:53 / 2246 | 0:40:23 / 2197 |
| 2113     | 3833   | PEJSKI Cezary              | Warszawa         | POL       |                                   | 55      | M50/107 M / 1902   | 00:54:37  | 05.27      | +0:24:05 | 0:06:34 / 1668 | 0:11:46 / 1687 | 0:26:06 / 1762 | 0:33:40 / 1874 | 0:39:25 / 1940 |
| 2114     | 5834   | CIOŁEK Bartłomiej          | Rawa Mazowiecka  | POL       |                                   | 84      | M20/561 M / 1903   | 00:54:38  | 05.27      | +0:24:06 | 0:06:31 / 1573 | 0:11:24 / 1364 | 0:25:40 / 1586 | 0:33:02 / 1665 | 0:39:05 / 1866 |
| 2115     | 6972   | KRÓLIKOWSKA Emilia         | Warszawa         | POL       |                                   | 87      | K20/86 K / 212     | 00:54:38  | 05.27      | +0:24:06 | 0:06:51 / 2164 | 0:12:15 / 2177 | 0:27:09 / 2177 | 0:34:36 / 2165 | 0:40:15 / 2155 |
| 2116     | 4085   | SZUMILAK Jacek             | Warszawa         | POL       | Saturniaki                        | 80      | M30/842 M / 1904   | 00:54:38  | 05.27      | +0:24:06 | 0:07:27 / 3022 | 0:12:49 / 2640 | 0:27:38 / 2375 | 0:35:00 / 2280 | 0:40:10 / 2132 |
| 2117     | 6952   | TARASEK Łukasz             | Warszawa         | POL       | Orange Polska                     | 79      | M30/843 M / 1905   | 00:54:38  | 05.27      | +0:24:06 | 0:07:02 / 2429 | 0:12:42 / 2530 | 0:27:52 / 2470 | 0:35:36 / 2471 | 0:40:57 / 2365 |
| 2118     | 6045   | MIKE Kamil                 | Wiązowna         | POL       |                                   | 83      | M30/844 M / 1906   | 00:54:39  | 05.27      | +0:24:07 | 0:06:11 / 1032 | 0:10:52 / 922  | 0:24:52 / 1233 | 0:33:00 / 1659 | 0:39:00 / 1842 |
| 2119     | 3993   | WYSOCKI Jan                | Warszawa         | POL       |                                   | 89      | M20/562 M / 1907   | 00:54:39  | 05.27      | +0:24:07 | 0:07:13 / 2696 | 0:12:49 / 2648 | 0:26:32 / 1939 | 0:34:15 / 2046 | 0:39:58 / 2075 |
| 2120     | 6826   | NEBELUK Dariusz            | Warszawa         | POL       |                                   | 79      | M30/845 M / 1908   | 00:54:39  | 05.27      | +0:24:07 | 0:07:01 / 2422 | 0:12:48 / 2614 | 0:27:25 / 2286 | 0:34:37 / 2167 | 0:40:00 / 2089 |
| 2121     | 4667   | GĘBALSKI Zbigniew          | Warszawa         | POL       | Tn Biegówki Gebalsky Team         | 54      | M50/108 M / 1909   | 00:54:39  | 05.27      | +0:24:07 | 0:06:39 / 1786 | 0:12:08 / 2065 | 0:26:34 / 1950 | 0:34:04 / 2004 | 0:39:47 / 2035 |
| 2122     | 4673   | SZARKOWSKI Robert          | Warszawa         | POL       |                                   | 70      | M40/348 M / 1910   | 00:54:39  | 05.27      | +0:24:07 | 0:07:06 / 2537 | 0:12:35 / 2456 | 0:27:22 / 2273 | 0:35:01 / 2283 | 0:40:31 / 2240 |
| 2123     | 4385   | KOŁODZIEJCZYK Łukasz       | Kraków           | POL       |                                   | 73      | M40/349 M / 1911   | 00:54:40  | 05.28      | +0:24:08 | 0:06:14 / 1109 | 0:11:20 / 1298 | 0:26:01 / 1722 | 0:33:45 / 1898 | 0:39:26 / 1948 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name           | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club            | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------------|------------------|-----------|------------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2124     | 6672   | KURYŚ Dariusz                  | Rozalin          | POL       | Stream Crew                        | 76      | M30/846 M / 1912   | 00:54:40  | 05.28      | +0:24:08 | 0:06:39 / 1798 | 0:11:52 / 1792 | 0:26:11 / 1807 | 0:33:37 / 1857 | 0:39:07 / 1875 |
| 2125     | 6013   | STANIOS Sylwia                 | Warszawa         | POL       |                                    | 81      | K30/96 K / 213     | 00:54:40  | 05.28      | +0:24:08 | 0:06:31 / 1556 | 0:11:34 / 1494 | 0:25:57 / 1698 | 0:33:38 / 1865 | 0:39:24 / 1939 |
| 2126     | 4033   | DZIEMIAN-PACZKOWSKA Małgorzata | Gdańsk           | POL       |                                    | 72      | K40/25 K / 214     | 00:54:40  | 05.28      | +0:24:08 | 0:06:46 / 1980 | 0:12:15 / 2168 | 0:26:56 / 2098 | 0:34:25 / 2109 | 0:39:58 / 2081 |
| 2127     | 48     | BONIKOWSKA Agnieszka           | Warszawa         | POL       |                                    | 83      | K30/97 K / 215     | 00:54:41  | 05.28      | +0:24:09 | 0:06:56 / 2273 | 0:12:12 / 2134 | 0:26:45 / 2027 | 0:34:23 / 2089 | 0:40:06 / 2113 |
| 2128     | 6891   | ĆWIKLIŃSKI Piotr               | Warszawa         | POL       |                                    | 90      | M20/563 M / 1913   | 00:54:42  | 05.28      | +0:24:10 | 0:06:30 / 1548 | 0:11:40 / 1603 | 0:26:10 / 1795 | 0:33:45 / 1904 | 0:39:39 / 2009 |
| 2129     | 4564   | PACZESNY Łukasz                | Warszawa         | POL       |                                    | 75      | M30/847 M / 1914   | 00:54:42  | 05.28      | +0:24:10 | 0:06:45 / 1966 | 0:12:07 / 2053 | 0:27:20 / 2256 | 0:34:53 / 2247 | 0:40:35 / 2257 |
| 2130     | 2703   | HERBUT Jerzy                   | Kluczbork        | POL       |                                    | 60      | M50/109 M / 1915   | 00:54:42  | 05.28      | +0:24:10 | 0:07:14 / 2729 | 0:12:47 / 2611 | 0:27:27 / 2295 | 0:35:15 / 2366 | 0:40:41 / 2295 |
| 2131     | 4616   | PYTKOWSKI Marek                | Zielonka         | POL       | Lechici Zielonka                   | 56      | M50/110 M / 1916   | 00:54:43  | 05.28      | +0:24:11 | 0:06:34 / 1673 | 0:11:58 / 1889 | 0:26:39 / 1984 | 0:34:18 / 2067 | 0:39:58 / 2080 |
| 2132     | 5785   | SZCZĘSNY Kamil                 | Żanęcin          | POL       | Euro-net                           | 85      | M20/564 M / 1917   | 00:54:43  | 05.28      | +0:24:11 | 0:07:27 / 3017 | 0:12:59 / 2784 | 0:27:32 / 2336 | 0:35:11 / 2345 | 0:40:50 / 2335 |
| 2133     | 5160   | LATOSZEK Gabriela              | Warszawa         | POL       | Kondycja                           | 95      | K20/87 K / 216     | 00:54:43  | 05.28      | +0:24:11 | 0:07:00 / 2393 | 0:12:25 / 2303 | 0:27:11 / 2191 | 0:34:44 / 2200 | 0:40:18 / 2170 |
| 2134     | 4976   | KUBIŚ Hubert                   | Warszawa         | POL       |                                    | 84      | M20/565 M / 1918   | 00:54:44  | 05.28      | +0:24:12 | 0:06:33 / 1628 | 0:11:36 / 1545 | 0:25:22 / 1459 | 0:33:36 / 1851 | 0:39:26 / 1946 |
| 2135     | 3542   | WILCZYŃSKI Mikołaj             | Siedlce          | POL       | Psi.spółdzielczy Producent Sprężyn | 48      | M60/19 M / 1919    | 00:54:44  | 05.28      | +0:24:12 | 0:06:58 / 2302 | 0:12:35 / 2446 | 0:27:21 / 2266 | 0:34:40 / 2182 | 0:40:09 / 2122 |
| 2136     | 5749   | KOPRZYWA Daniel                | Warszawa         | POL       |                                    | 76      | M30/848 M / 1920   | 00:54:44  | 05.28      | +0:24:12 | 0:07:15 / 2747 | 0:13:05 / 2856 | 0:28:41 / 2766 | 0:35:34 / 2457 | 0:40:39 / 2285 |
| 2137     | 5879   | STOKOWSKI Marek                | Warszawa         | POL       |                                    | 77      | M30/849 M / 1921   | 00:54:44  | 05.28      | +0:24:12 | 0:06:26 / 1441 | 0:11:34 / 1491 | 0:26:06 / 1763 | 0:33:59 / 1969 | 0:39:38 / 2005 |
| 2138     | 5733   | NAGLER Piotr                   | Warszawa         | POL       |                                    | 74      | M30/850 M / 1922   | 00:54:45  | 05.28      | +0:24:13 | 0:06:37 / 1739 | 0:11:49 / 1724 | 0:26:12 / 1815 | 0:33:44 / 1892 | 0:39:23 / 1937 |
| 2139     | 6459   | GUGAŁA Piotr                   | Ząbki            | POL       |                                    | 77      | M30/851 M / 1923   | 00:54:45  | 05.28      | +0:24:13 | 0:07:01 / 2414 | 0:12:35 / 2453 | 0:27:18 / 2248 | 0:34:42 / 2192 | 0:40:29 / 2224 |
| 2140     | 5831   | CIENKOSZ Dariusz               | Biała Podlaska   | POL       |                                    | 79      | M30/852 M / 1924   | 00:54:46  | 05.28      | +0:24:14 | 0:06:32 / 1589 | 0:11:33 / 1470 | 0:25:02 / 1301 | 0:32:54 / 1630 | 0:38:36 / 1734 |
| 2141     | 178    | ZAWODNIK Do uzup               |                  | POL       |                                    |         | M / 1925           | 00:54:46  | 05.28      | +0:24:14 | 0:06:58 / 2304 | 0:12:24 / 2293 | 0:27:08 / 2175 | 0:34:40 / 2184 | 0:40:18 / 2167 |
| 2142     | 4576   | NOWAK Jakub                    | Warszawa         | POL       |                                    | 88      | M20/566 M / 1926   | 00:54:46  | 05.28      | +0:24:14 | 0:06:54 / 2222 | 0:12:44 / 2573 | 0:26:50 / 2063 | 0:34:08 / 2022 | 0:40:03 / 2099 |
| 2143     | 6921   | ADAMKIEWICZ Ewa                | Warszawa         | POL       |                                    | 81      | K30/98 K / 217     | 00:54:47  | 05.28      | +0:24:15 | 0:06:42 / 1881 | 0:11:59 / 1910 | 0:26:36 / 1965 | 0:34:19 / 2069 | 0:39:55 / 2064 |
| 2144     | 362    | KONATKOWSKI Marek              | Warszawa         | POL       | Pko                                | 13      | M / 1927           | 00:54:47  | 05.28      | +0:24:15 | 0:06:47 / 2027 | 0:12:15 / 2174 | 0:27:14 / 2211 | 0:34:53 / 2250 | 0:40:26 / 2211 |
| 2145     | 5973   | WESOŁOWSKA Karolina            | Warszawa         | POL       |                                    | 88      | K20/88 K / 218     | 00:54:47  | 05.28      | +0:24:15 | 0:06:54 / 2229 | 0:12:10 / 2101 | 0:26:53 / 2078 | 0:34:39 / 2179 | 0:40:21 / 2190 |
| 2146     | 2788   | KANIEWSKI Jarosław             | Siedlce          | POL       | Niezrzeszony                       | 78      | M30/853 M / 1928   | 00:54:47  | 05.28      | +0:24:15 | 0:07:00 / 2390 | 0:12:31 / 2388 | 0:27:24 / 2283 | 0:34:44 / 2201 | 0:40:16 / 2158 |
| 2147     | 4784   | BUGAŁA Marek                   | Warszawa         | POL       |                                    | 74      | M30/854 M / 1929   | 00:54:47  | 05.28      | +0:24:15 | 0:06:53 / 2194 | 0:12:10 / 2093 | 0:26:53 / 2077 | 0:34:24 / 2098 | 0:40:05 / 2106 |
| 2148     | 441    | LEHR Marek                     | Warszawa         | POL       | Dowództwo Garnizonu                | 13      | M / 1930           | 00:54:48  | 05.28      | +0:24:16 | 0:07:49 / 3440 | 0:13:38 / 3233 | 0:28:31 / 2706 | 0:36:08 / 2627 | 0:41:26 / 2481 |
| 2149     | 3884   | CYGANOWSKI Grzegorz            | Mielec           | POL       |                                    | 75      | M30/855 M / 1931   | 00:54:48  | 05.28      | +0:24:16 | 0:07:20 / 2863 | 0:12:49 / 2635 | 0:27:44 / 2423 | 0:35:17 / 2372 | 0:40:42 / 2299 |
| 2150     | 4017   | KOZICKI Paweł                  | Warszawa         | POL       | Edc Runners                        | 85      | M20/567 M / 1932   | 00:54:48  | 05.28      | +0:24:16 | 0:07:09 / 2591 | 0:12:29 / 2357 | 0:27:13 / 2209 | 0:34:45 / 2208 | 0:40:19 / 2178 |
| 2151     | 4100   | GIEZ Joanna                    | Warszawa         | POL       |                                    | 83      | K30/99 K / 219     | 00:54:48  | 05.28      | +0:24:16 | 0:06:58 / 2312 | 0:12:26 / 2318 | 0:27:30 / 2323 | 0:35:05 / 2311 | 0:40:31 / 2234 |
| 2152     | 6277   | WOJTOWICZ Jerzy                | Warszawa         | POL       |                                    | 52      | M60/20 M / 1933    | 00:54:48  | 05.28      | +0:24:16 | 0:07:14 / 2702 | 0:12:33 / 2418 | 0:27:30 / 2322 | 0:35:14 / 2357 | 0:40:39 / 2284 |
| 2153     | 2791   | KARCZEWSKI Piotr               | Oleśnica         | POL       | Kb Szerszeń Oleśnica               | 75      | M30/856 M / 1934   | 00:54:48  | 05.28      | +0:24:16 | 0:06:06 / 905  | 0:11:03 / 1045 | 0:25:53 / 1668 | 0:34:13 / 2038 | 0:40:30 / 2230 |
| 2154     | 3101   | NIEŻURAWSKI Tomasz             | Poznań           | POL       |                                    | 89      | M20/568 M / 1935   | 00:54:48  | 05.28      | +0:24:17 | 0:07:30 / 3097 | 0:13:14 / 2965 | 0:28:09 / 2580 | 0:35:35 / 2467 | 0:40:59 / 2373 |
| 2155     | 444    | KOWALSKI Daniel                | Warszawa         | POL       | Straż Miejska                      | 76      | M30/857 M / 1936   | 00:54:49  | 05.28      | +0:24:17 | 0:07:14 / 2728 | 0:13:09 / 2904 | 0:28:02 / 2542 | 0:35:29 / 2428 | 0:40:58 / 2370 |
| 2156     | 5816   | CIESIELSKI Zbigniew            | Nowy Dwór        | POL       |                                    | 73      | M40/350 M / 1937   | 00:54:49  | 05.28      | +0:24:17 | 0:07:08 / 2559 | 0:12:29 / 2364 | 0:27:06 / 2155 | 0:34:41 / 2189 | 0:40:18 / 2174 |
| 2157     | 4022   | LAWNICZAK-KOZIOL Natalia       | Warszawa         | POL       |                                    | 84      | K20/89 K / 220     | 00:54:49  | 05.28      | +0:24:17 | 0:06:25 / 1421 | 0:11:33 / 1472 | 0:26:13 / 1820 | 0:34:11 / 2033 | 0:39:59 / 2082 |
| 2158     | 2391   | ALEKSANDROWICZ Łukasz          | Pabianice        | POL       | Paweł Grzonka Team                 | 79      | M30/858 M / 1938   | 00:54:49  | 05.28      | +0:24:17 | 0:06:17 / 1194 | 0:11:22 / 1338 | 0:26:00 / 1718 | 0:33:49 / 1920 | 0:39:36 / 1991 |
| 2159     | 6638   | PAWLAK Dariusz                 | Warszawa         | POL       |                                    | 69      | M40/351 M / 1939   | 00:54:49  | 05.28      | +0:24:17 | 0:07:31 / 3111 | 0:13:16 / 2993 | 0:28:53 / 2827 | 0:36:27 / 2710 | 0:42:15 / 2667 |
| 2160     | 5337   | OSIAK Paweł                    | Warszawa         | POL       | Anin Sadul                         | 77      | M30/859 M / 1940   | 00:54:49  | 05.28      | +0:24:17 | 0:07:07 / 2548 | 0:12:44 / 2564 | 0:27:25 / 2288 | 0:35:02 / 2290 | 0:40:35 / 2261 |
| 2161     | 4285   | KUDELA Piotr                   | Warszawa         | POL       | Ctl Logistics                      | 74      | M30/860 M / 1941   | 00:54:49  | 05.28      | +0:24:17 | 0:06:59 / 2340 | 0:12:20 / 2243 | 0:26:56 / 2106 | 0:34:32 / 2143 | 0:40:08 / 2117 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2162     | 205    | GALL Artur            | Rajszew          | POL       | Pko                              | 74      | M30/861 M / 1942   | 00:54:50  | 05.29      | +0:24:18 | 0:07:03 / 2462 | 0:12:36 / 2469 | 0:27:32 / 2331 | 0:34:57 / 2266 | 0:40:36 / 2267 |
| 2163     | 6258   | MALISZEWSKA Milena    | Sokolów Podlaski | POL       |                                  | 91      | K20/90 K / 221     | 00:54:50  | 05.29      | +0:24:18 | 0:07:24 / 2962 | 0:13:02 / 2808 | 0:27:49 / 2455 | 0:35:18 / 2376 | 0:40:46 / 2321 |
| 2164     | 4281   | RZECZKOWSKI Michał    | Białobrzegi      | POL       |                                  | 87      | M20/569 M / 1943   | 00:54:50  | 05.29      | +0:24:18 | 0:06:51 / 2154 | 0:12:05 / 2009 | 0:26:19 / 1850 | 0:33:50 / 1927 | 0:39:31 / 1973 |
| 2165     | 2836   | KOŁODZIEJCZAK Beata   | Sochaczew        | POL       |                                  | 73      | K40/26 K / 222     | 00:54:51  | 05.29      | +0:24:19 | 0:06:32 / 1602 | 0:11:48 / 1711 | 0:26:32 / 1942 | 0:34:20 / 2074 | 0:39:56 / 2070 |
| 2166     | 5976   | ŻOCHOWSKI Adam        | Ciechanów        | POL       |                                  | 76      | M30/862 M / 1944   | 00:54:52  | 05.29      | +0:24:20 | 0:07:01 / 2410 | 0:12:38 / 2490 | 0:27:35 / 2353 | 0:35:07 / 2323 | 0:40:50 / 2334 |
| 2167     | 5370   | ROBAK Rafał           | Warszawa         | POL       |                                  | 89      | M20/570 M / 1945   | 00:54:52  | 05.29      | +0:24:20 | 0:07:15 / 2755 | 0:12:54 / 2712 | 0:27:38 / 2380 | 0:35:19 / 2379 | 0:40:45 / 2311 |
| 2168     | 4390   | RASZEWSKI Jan         | Warszawa         | POL       | Ścieżka Biegowa Pole Mokotowskie | 55      | M50/111 M / 1946   | 00:54:52  | 05.29      | +0:24:20 | 0:06:45 / 1958 | 0:11:53 / 1797 | 0:25:54 / 1677 | 0:33:46 / 1906 | 0:40:27 / 2216 |
| 2169     | 6057   | SOLECKI Wojciech      | Warszawa         | POL       |                                  | 83      | M30/863 M / 1947   | 00:54:53  | 05.29      | +0:24:21 | 0:06:38 / 1758 | 0:12:01 / 1947 | 0:27:12 / 2198 | 0:34:50 / 2230 | 0:40:07 / 2115 |
| 2170     | 5718   | JARUGA Anna           | Warszawa         | POL       |                                  | 85      | K20/91 K / 223     | 00:54:53  | 05.29      | +0:24:21 | 0:06:51 / 2146 | 0:12:12 / 2132 | 0:27:01 / 2129 | 0:34:36 / 2164 | 0:40:17 / 2163 |
| 2171     | 3325   | SKOMAROWSKA Barbara   | Legionowo        | POL       |                                  | 85      | K20/92 K / 224     | 00:54:53  | 05.29      | +0:24:21 | 0:07:11 / 2634 | 0:12:47 / 2602 | 0:27:28 / 2308 | 0:34:58 / 2271 | 0:40:31 / 2231 |
| 2172     | 5097   | WIKIEL Rafał          | Brwinów          | POL       | Adwokaci                         | 83      | M30/864 M / 1948   | 00:54:54  | 05.29      | +0:24:22 | 0:08:06 / 3661 | 0:13:45 / 3307 | 0:28:42 / 2773 | 0:36:08 / 2622 | 0:41:28 / 2487 |
| 2173     | 6620   | AMBICKI Miłosz        | Pruszków         | POL       |                                  | 88      | M20/571 M / 1949   | 00:54:54  | 05.29      | +0:24:22 | 0:06:48 / 2056 | 0:12:15 / 2166 | 0:27:11 / 2193 | 0:35:10 / 2337 | 0:40:35 / 2258 |
| 2174     | 3001   | MALCZYŃSKI Maciej     | Warszawa         | POL       | Aig Runners                      | 78      | M30/865 M / 1950   | 00:54:54  | 05.29      | +0:24:22 | 0:07:20 / 2854 | 0:13:04 / 2843 | 0:27:48 / 2446 | 0:35:09 / 2333 | 0:40:40 / 2290 |
| 2175     | 6977   | CIUBA Patrycja        | Warszawa         | POL       |                                  | 87      | K20/93 K / 225     | 00:54:54  | 05.29      | +0:24:22 | 0:07:12 / 2663 | 0:12:48 / 2613 | 0:27:30 / 2321 | 0:34:59 / 2273 | 0:40:32 / 2243 |
| 2176     | 5572   | TENDERENDA Kamil      | Ciechanowiec     | POL       |                                  | 86      | M20/572 M / 1951   | 00:54:55  | 05.29      | +0:24:23 | 0:06:35 / 1685 | 0:11:47 / 1696 | 0:26:40 / 1994 | 0:34:25 / 2111 | 0:40:13 / 2144 |
| 2177     | 5103   | MĄDZIK Aleksandra     | Warszawa         | POL       | Play                             | 81      | K30/100 K / 226    | 00:54:55  | 05.29      | +0:24:23 | 0:07:27 / 3012 | 0:13:17 / 3007 | 0:29:04 / 2894 | 0:36:04 / 2605 | 0:41:21 / 2462 |
| 2178     | 6006   | BIEŃKO Małgorzata     | Warszawa         | POL       | Brak                             | 81      | K30/101 K / 227    | 00:54:56  | 05.29      | +0:24:24 | 0:06:24 / 1398 | 0:11:29 / 1438 | 0:25:54 / 1679 | 0:34:13 / 2041 | 0:39:58 / 2078 |
| 2179     | 3719   | URBANOWSKI Mikołaj    | Warszawa         | POL       |                                  | 74      | M30/866 M / 1952   | 00:54:56  | 05.29      | +0:24:24 | 0:07:17 / 2810 | 0:12:49 / 2638 | 0:27:43 / 2413 | 0:35:05 / 2306 | 0:40:31 / 2235 |
| 2180     | 3536   | WIECZOREK Konstanty   |                  | POL       |                                  | 69      | M40/352 M / 1953   | 00:54:56  | 05.29      | +0:24:24 | 0:06:41 / 1846 | 0:12:02 / 1962 | 0:26:29 / 1917 | 0:34:05 / 2009 | 0:39:53 / 2058 |
| 2181     | 5950   | ŚMIETANKA Maria       | Warszawa         | POL       | Gart                             | 81      | K30/102 K / 228    | 00:54:56  | 05.29      | +0:24:24 | 0:07:17 / 2802 | 0:12:50 / 2656 | 0:27:44 / 2418 | 0:35:06 / 2314 | 0:40:31 / 2238 |
| 2182     | 6706   | SOŁTYSIAK Małgorzata  | Sulejówek        | POL       |                                  | 77      | K30/103 K / 229    | 00:54:57  | 05.29      | +0:24:25 | 0:07:19 / 2836 | 0:12:55 / 2727 | 0:27:48 / 2445 | 0:35:15 / 2368 | 0:40:43 / 2301 |
| 2183     | 4057   | GLINIEWICZ Aleksandra | Warszawa         | POL       | Kb Activesports Warszawa         | 55      | K50/6 K / 230      | 00:54:57  | 05.29      | +0:24:25 | 0:07:16 / 2772 | 0:12:54 / 2703 | 0:27:48 / 2448 | 0:35:17 / 2374 | 0:40:47 / 2322 |
| 2184     | 49     | POLAKOW Konrad        | Warszawa         | POL       |                                  | 74      | M30/867 M / 1954   | 00:54:57  | 05.29      | +0:24:25 | 0:06:57 / 2282 | 0:12:12 / 2136 | 0:26:45 / 2033 | 0:34:23 / 2094 | 0:40:09 / 2121 |
| 2185     | 5860   | MĘCIŃSKI Łukasz       | Warszawa         | POL       | Gart                             | 73      | M40/353 M / 1955   | 00:54:57  | 05.29      | +0:24:25 | 0:07:19 / 2832 | 0:12:51 / 2674 | 0:27:45 / 2428 | 0:35:05 / 2307 | 0:40:33 / 2246 |
| 2186     | 6564   | BEBŁOT Luiza          | Warszawa         | POL       | Ministerstwo Kultury Biega       | 72      | K40/27 K / 231     | 00:54:57  | 05.29      | +0:24:25 | 0:06:55 / 2258 | 0:12:04 / 1982 | 0:27:02 / 2138 | 0:34:44 / 2198 | 0:40:22 / 2193 |
| 2187     | 5094   | URYGA Kinga           | Kraków           | POL       | Adwokaci                         | 84      | K20/94 K / 232     | 00:54:57  | 05.29      | +0:24:25 | 0:07:15 / 2756 | 0:12:52 / 2685 | 0:26:40 / 1993 | 0:34:05 / 2008 | 0:39:51 / 2048 |
| 2188     | 5600   | JANAS Michał          | Warszawa         | POL       |                                  | 83      | M30/868 M / 1956   | 00:54:57  | 05.29      | +0:24:26 | 0:06:34 / 1663 | 0:11:37 / 1557 | 0:26:13 / 1822 | 0:34:20 / 2073 | 0:40:03 / 2102 |
| 2189     | 2895   | KRAWCZYK Tomasz       | Warszawa         | POL       | Fun & Boobster                   | 81      | M30/869 M / 1957   | 00:54:57  | 05.29      | +0:24:26 | 0:06:50 / 2121 | 0:12:08 / 2058 | 0:27:00 / 2121 | 0:34:55 / 2258 | 0:40:28 / 2218 |
| 2190     | 3691   | SOBIERAJ Wojciech     | Warszawa         | POL       |                                  | 66      | M40/354 M / 1958   | 00:54:58  | 05.29      | +0:24:26 | 0:06:36 / 1708 | 0:11:57 / 1877 | 0:26:40 / 1992 | 0:34:15 / 2045 | 0:39:58 / 2076 |
| 2191     | 3734   | LENARCZYK Marcin      | Warszawa         | POL       |                                  | 84      | M20/573 M / 1959   | 00:54:59  | 05.29      | +0:24:27 | 0:06:39 / 1796 | 0:11:54 / 1822 | 0:26:38 / 1972 | 0:34:16 / 2053 | 0:40:35 / 2265 |
| 2192     | 3654   | ZIEMBOLEWSKI Robert   | Pułtusk          | POL       | Lider Winnica / Zhr Winnica      | 93      | M20/574 M / 1960   | 00:54:59  | 05.29      | +0:24:27 | 0:07:51 / 3477 | 0:13:58 / 3444 | 0:30:08 / 3243 | 0:37:51 / 3072 | 0:42:45 / 2800 |
| 2193     | 4358   | RONKIEWICZ Patrycja   | Warszawa         | POL       |                                  | 78      | K30/104 K / 233    | 00:54:59  | 05.29      | +0:24:27 | 0:06:43 / 1910 | 0:12:09 / 2076 | 0:26:33 / 1945 | 0:34:02 / 1989 | 0:39:45 / 2033 |
| 2194     | 5725   | BLACHOWICZ Piotr      | Warszawa         | POL       |                                  | 86      | M20/575 M / 1961   | 00:54:59  | 05.29      | +0:24:27 | 0:06:42 / 1884 | 0:12:13 / 2143 | 0:27:01 / 2126 | 0:34:41 / 2190 | 0:40:20 / 2187 |
| 2195     | 3576   | WOŹNIACKA Joanna      | Kraków           | POL       |                                  | 88      | K20/95 K / 234     | 00:54:59  | 05.29      | +0:24:27 | 0:07:03 / 2460 | 0:12:30 / 2368 | 0:27:17 / 2237 | 0:34:45 / 2207 | 0:40:25 / 2204 |
| 2196     | 5356   | BANACH Agnieszka      | Legionowo        | POL       |                                  | 83      | K30/105 K / 235    | 00:55:00  | 05.30      | +0:24:28 | 0:06:26 / 1442 | 0:11:35 / 1517 | 0:26:18 / 1848 | 0:34:08 / 2021 | 0:39:52 / 2054 |
| 2197     | 6417   | BEDNARCZYK Maciej     | Warszawa         | POL       | Telepolska                       | 77      | M30/870 M / 1962   | 00:55:00  | 05.30      | +0:24:28 | 0:06:10 / 1009 | 0:11:03 / 1051 | 0:25:56 / 1690 | 0:33:54 / 1950 | 0:39:40 / 2014 |
| 2198     | 4200   | ŻÓŁTOWSKI Michał      | Płock            | POL       |                                  | 90      | M20/576 M / 1963   | 00:55:01  | 05.30      | +0:24:29 | 0:06:58 / 2326 | 0:11:58 / 1888 | 0:26:41 / 2005 | 0:34:41 / 2188 | 0:40:19 / 2177 |
| 2199     | 4790   | TROJANOWSKI Tomasz    | Poznań           | POL       | Maxi Cargo                       | 90      | M20/577 M / 1964   | 00:55:01  | 05.30      | +0:24:29 | 0:06:23 / 1351 | 0:11:32 / 1454 | 0:26:12 / 1814 | 0:34:24 / 2097 | 0:40:34 / 2249 |
| 2200     | 6135   | STOLARSKI Aleksander  | Warszawa         | POL       |                                  | 96      | M20/578 M / 1965   | 00:55:01  | 05.30      | +0:24:29 | 0:06:17 / 1193 | 0:11:19 / 1281 | 0:25:58 / 1707 | 0:33:43 / 1884 | 0:39:29 / 1961 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|-------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2201     | 4721   | STRANOWSKI Jacek      | Pruszków         | POL       |                         | 56 M50/112 | M / 1966           | 00:55:01  | 05.30      | +0:24:29 | 0:07:03 / 2451 | 0:12:33 / 2427 | 0:27:17 / 2238 | 0:34:51 / 2232 | 0:40:25 / 2205 |
| 2202     | 5678   | RELUGA Malgorzata     | Warszawa         | POL       |                         | 68 K40/28  | K / 236            | 00:55:02  | 05.30      | +0:24:30 | 0:07:06 / 2515 | 0:12:28 / 2349 | 0:27:05 / 2154 | 0:34:25 / 2105 | 0:39:50 / 2046 |
| 2203     | 5714   | KUCZMARSKI Piotr      | Warszawa         | POL       |                         | 71 M40/355 | M / 1967           | 00:55:02  | 05.30      | +0:24:30 | 0:06:19 / 1241 | 0:11:18 / 1267 | 0:25:57 / 1694 | 0:33:43 / 1887 | 0:39:25 / 1941 |
| 2204     | 4966   | SOKÓŁ Grzegorz        | Chełmno          | POL       |                         | 85 M20/579 | M / 1968           | 00:55:02  | 05.30      | +0:24:30 | 0:07:07 / 2546 | 0:12:38 / 2486 | 0:27:13 / 2204 | 0:34:35 / 2160 | 0:40:13 / 2143 |
| 2205     | 6309   | ŻESZCZYŃSKA Izabela   | Warszawa         | POL       |                         | 80 K30/106 | K / 237            | 00:55:02  | 05.30      | +0:24:30 | 0:06:43 / 1904 | 0:12:02 / 1955 | 0:26:42 / 2011 | 0:34:23 / 2092 | 0:40:14 / 2147 |
| 2206     | 2488   | BRYSIAK Krzysztof     | Mszczonów        | POL       | Mszczonów               | 80 M30/871 | M / 1969           | 00:55:02  | 05.30      | +0:24:31 | 0:06:27 / 1467 | 0:11:48 / 1707 | 0:26:41 / 2002 | 0:34:22 / 2084 | 0:40:02 / 2095 |
| 2207     | 6446   | SZCZEPIŃSKA Agnieszka | Warszawa         | POL       |                         | 81 K30/107 | K / 238            | 00:55:03  | 05.30      | +0:24:31 | 0:06:50 / 2137 | 0:12:27 / 2327 | 0:27:34 / 2340 | 0:35:10 / 2340 | 0:40:46 / 2320 |
| 2208     | 3876   | BINKOWSKI Artur       | Warszawa         | POL       | Euro-net                | 79 M30/872 | M / 1970           | 00:55:03  | 05.30      | +0:24:31 | 0:06:55 / 2251 | 0:12:12 / 2124 | 0:27:41 / 2400 | 0:35:31 / 2440 | 0:41:10 / 2414 |
| 2209     | 2767   | JÓZWIK Robert         | Warszawa         | POL       | Ener-g Team             | 76 M30/873 | M / 1971           | 00:55:03  | 05.30      | +0:24:31 | 0:06:33 / 1621 | 0:11:41 / 1619 | 0:26:10 / 1800 | 0:34:11 / 2034 | 0:39:50 / 2043 |
| 2210     | 5699   | HASIOR Kasia          | Warszawa         | POL       |                         | 81 K30/108 | K / 239            | 00:55:04  | 05.30      | +0:24:32 | 0:07:03 / 2464 | 0:12:43 / 2543 | 0:27:41 / 2399 | 0:35:10 / 2338 | 0:40:39 / 2283 |
| 2211     | 4309   | JANKOWSKI Rafał       | Warszawa         | POL       |                         | 82 M30/874 | M / 1972           | 00:55:04  | 05.30      | +0:24:32 | 0:07:13 / 2693 | 0:12:37 / 2474 | 0:27:43 / 2414 | 0:35:18 / 2377 | 0:40:52 / 2344 |
| 2212     | 5775   | ADAMCZAK Grzegorz     | Blonie           | POL       |                         | 71 M40/356 | M / 1973           | 00:55:04  | 05.30      | +0:24:32 | 0:07:03 / 2473 | 0:12:15 / 2167 | 0:27:07 / 2166 | 0:34:39 / 2180 | 0:40:08 / 2120 |
| 2213     | 6364   | LISTKIEWICZ Monika    | Warszawa         | POL       | Polonia Warszawa        | 77 K30/109 | K / 240            | 00:55:04  | 05.30      | +0:24:32 | 0:07:03 / 2466 | 0:12:41 / 2524 | 0:27:39 / 2386 | 0:35:27 / 2412 | 0:40:54 / 2351 |
| 2214     | 6390   | BUCZKO Wojciech       | Warszawa         | POL       |                         | 95 M20/580 | M / 1974           | 00:55:05  | 05.30      | +0:24:33 | 0:07:31 / 3114 | 0:13:25 / 3112 | 0:28:31 / 2703 | 0:35:57 / 2574 | 0:41:34 / 2507 |
| 2215     | 4964   | CWANEK Piotr          | Rudnik Nad Sanem | POL       | Dgw - Warszawa          | 85 M20/581 | M / 1975           | 00:55:05  | 05.30      | +0:24:33 | 0:06:49 / 2089 | 0:12:28 / 2343 | 0:27:32 / 2328 | 0:35:04 / 2302 | 0:40:41 / 2294 |
| 2216     | 4353   | MARANOWSKI Paweł      | Warszawa         | POL       | Pracownicy Naukowi      | 86 M20/582 | M / 1976           | 00:55:06  | 05.30      | +0:24:34 | 0:07:01 / 2423 | 0:12:35 / 2450 | 0:27:34 / 2345 | 0:35:06 / 2319 | 0:40:47 / 2323 |
| 2217     | 6549   | KUREK Jacek           | Ostrówek         | POL       |                         | 76 M30/875 | M / 1977           | 00:55:06  | 05.30      | +0:24:34 | 0:07:24 / 2943 | 0:12:54 / 2710 | 0:27:29 / 2314 | 0:34:56 / 2264 | 0:40:38 / 2278 |
| 2218     | 4436   | CIESIELSKI Marcin     | Skierniewice     | POL       |                         | 74 M30/876 | M / 1978           | 00:55:07  | 05.30      | +0:24:35 | 0:07:15 / 2732 | 0:12:48 / 2628 | 0:27:44 / 2420 | 0:35:14 / 2363 | 0:40:52 / 2348 |
| 2219     | 5586   | SITAREK Tomasz        | Jablonna         | POL       |                         | 86 M20/583 | M / 1979           | 00:55:07  | 05.30      | +0:24:35 | 0:07:17 / 2796 | 0:12:47 / 2610 | 0:27:13 / 2206 | 0:34:41 / 2186 | 0:40:15 / 2157 |
| 2220     | 5587   | MIELNICKI Sebastian   | Jablonna         | POL       |                         | 87 M20/584 | M / 1980           | 00:55:07  | 05.30      | +0:24:35 | 0:07:17 / 2801 | 0:12:48 / 2619 | 0:27:13 / 2208 | 0:34:42 / 2191 | 0:40:16 / 2161 |
| 2221     | 4540   | SOBCZAK Jakub         | Warszawa         | POL       | Raiffeisen Polbank      | 80 M30/877 | M / 1981           | 00:55:07  | 05.30      | +0:24:35 | 0:06:21 / 1295 | 0:11:39 / 1577 | 0:26:52 / 2071 | 0:34:33 / 2149 | 0:40:19 / 2180 |
| 2222     | 4208   | BUCZEK Dorota         | Czersk/sulkowice | POL       | Czersk/góra Kalwaria    | 78 K30/110 | K / 241            | 00:55:09  | 05.30      | +0:24:37 | 0:06:38 / 1750 | 0:11:44 / 1653 | 0:26:38 / 1974 | 0:34:26 / 2115 | 0:40:20 / 2188 |
| 2223     | 4153   | ADAMOWICZ Tomasz      | Warszawa         | POL       |                         | 68 M40/357 | M / 1982           | 00:55:09  | 05.30      | +0:24:37 | 0:06:57 / 2293 | 0:12:22 / 2270 | 0:27:26 / 2291 | 0:34:57 / 2265 | 0:40:28 / 2223 |
| 2224     | 4460   | CHARIASZ Paweł        | Warszawa         | POL       |                         | 73 M40/358 | M / 1983           | 00:55:09  | 05.30      | +0:24:37 | 0:06:50 / 2107 | 0:12:21 / 2252 | 0:27:14 / 2218 | 0:34:59 / 2272 | 0:40:35 / 2259 |
| 2225     | 6198   | PIELACH Grzegorz      | Warszawa         | POL       |                         | 69 M40/359 | M / 1984           | 00:55:09  | 05.30      | +0:24:37 | 0:06:33 / 1642 | 0:11:45 / 1680 | 0:26:29 / 1924 | 0:34:30 / 2128 | 0:40:06 / 2114 |
| 2226     | 5016   | PAZIEWSKI Marcin      | Warszawa         | POL       |                         | 82 M30/878 | M / 1985           | 00:55:09  | 05.30      | +0:24:37 | 0:06:50 / 2138 | 0:12:16 / 2179 | 0:27:11 / 2189 | 0:34:51 / 2233 | 0:40:37 / 2277 |
| 2227     | 6246   | CHUDZIK Maciej        | Józefów          | POL       | Madzia                  | 74 M30/879 | M / 1986           | 00:55:10  | 05.31      | +0:24:38 | 0:06:47 / 2040 | 0:12:14 / 2158 | 0:27:03 / 2139 | 0:34:45 / 2204 | 0:40:22 / 2192 |
| 2228     | 3858   | APANOWICZ Angelika    | Warszawa         | POL       | Waldofska.edu.pl        | 75 K30/111 | K / 242            | 00:55:10  | 05.31      | +0:24:38 | 0:07:02 / 2443 | 0:12:25 / 2312 | 0:27:11 / 2196 | 0:34:55 / 2256 | 0:40:28 / 2219 |
| 2229     | 5903   | MODRZEJEWSKI Andrzej  | Warszawa         | POL       |                         | 54 M50/113 | M / 1987           | 00:55:10  | 05.31      | +0:24:38 | 0:06:44 / 1923 | 0:12:02 / 1954 | 0:26:43 / 2014 | 0:34:37 / 2166 | 0:40:20 / 2184 |
| 2230     | 5205   | JANIEC Paweł          | Lublin           | POL       | Adwokaci                | 90 M20/585 | M / 1988           | 00:55:10  | 05.31      | +0:24:38 | 0:07:19 / 2835 | 0:13:06 / 2861 | 0:27:56 / 2501 | 0:35:37 / 2474 | 0:41:13 / 2426 |
| 2231     | 5799   | ŻURAWSKI Paweł        | Warszawa         | POL       | Leniwce Team            | 78 M30/880 | M / 1989           | 00:55:10  | 05.31      | +0:24:38 | 0:06:58 / 2306 | 0:12:20 / 2240 | 0:26:56 / 2099 | 0:34:35 / 2162 | 0:40:19 / 2176 |
| 2232     | 5321   | DANIELAK Dominika     | Warszawa         | POL       |                         | 91 K20/96  | K / 243            | 00:55:11  | 05.31      | +0:24:39 | 0:06:50 / 2122 | 0:12:16 / 2190 | 0:26:45 / 2031 | 0:34:13 / 2043 | 0:39:59 / 2083 |
| 2233     | 5431   | MASTALERZ Katarzyna   | Karnice          | POL       | Karnice Stoniówka       | 71 K40/29  | K / 244            | 00:55:11  | 05.31      | +0:24:39 | 0:06:57 / 2278 | 0:12:40 / 2509 | 0:27:47 / 2440 | 0:35:22 / 2391 | 0:40:55 / 2357 |
| 2234     | 4339   | KANDEFER Tomasz       | Warszawa         | POL       |                         | 79 M30/881 | M / 1990           | 00:55:11  | 05.31      | +0:24:39 | 0:06:47 / 2026 | 0:12:07 / 2040 | 0:27:08 / 2172 | 0:34:52 / 2244 | 0:40:36 / 2266 |
| 2235     | 5323   | WESOŁOWSKA Katarzyna  | Warszawa         | POL       |                         | 79 K30/112 | K / 245            | 00:55:11  | 05.31      | +0:24:39 | 0:06:50 / 2117 | 0:12:09 / 2082 | 0:26:53 / 2083 | 0:34:39 / 2181 | 0:40:23 / 2198 |
| 2236     | 2810   | KILIJANEK Piotr       | Radom            | POL       |                         | 74 M30/882 | M / 1991           | 00:55:11  | 05.31      | +0:24:39 | 0:06:46 / 1991 | 0:12:03 / 1975 | 0:27:13 / 2210 | 0:34:59 / 2275 | 0:40:36 / 2270 |
| 2237     | 2922   | KUDLAK Monika         | Ruda             | POL       | Grom Prace Male         | 73 K40/30  | K / 246            | 00:55:12  | 05.31      | +0:24:40 | 0:06:48 / 2071 | 0:12:05 / 2013 | 0:26:47 / 2047 | 0:34:28 / 2121 | 0:40:06 / 2110 |
| 2238     | 5547   | KRAWCZYŃSKI Marcin    | Warszawa         | POL       | Aviva Running Team      | 80 M30/883 | M / 1992           | 00:55:12  | 05.31      | +0:24:40 | 0:06:33 / 1633 | 0:11:58 / 1893 | 0:26:45 / 2029 | 0:34:29 / 2124 | 0:40:38 / 2280 |
| 2239     | 4902   | SZELAŃGOWSKI Patryk   | Warszawa         | POL       |                         | 91 M20/586 | M / 1993           | 00:55:12  | 05.31      | +0:24:40 | 0:06:54 / 2218 | 0:12:26 / 2319 | 0:27:10 / 2185 | 0:34:38 / 2175 | 0:41:04 / 2396 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club         | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|------------------|-----------|---------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2240     | 5639   | MARZEC Ewa               | Warszawa         | POL       |                                 | 74      | K30/113 K / 247    | 00:55:12  | 05.31      | +0:24:40 | 0:07:12 / 2668 | 0:12:46 / 2597 | 0:27:30 / 2317 | 0:34:58 / 2269 | 0:40:34 / 2253 |
| 2241     | 4119   | LUBKIEWICZ Krzysztof     | Warszawa         | POL       | Raiffeisen Polbank              | 74      | M30/884 M / 1994   | 00:55:13  | 05.31      | +0:24:41 | 0:07:22 / 2914 | 0:12:42 / 2535 | 0:27:36 / 2360 | 0:35:32 / 2447 | 0:40:59 / 2376 |
| 2242     | 3019   | MASNY Dawid              | Garwolin         | POL       |                                 | 82      | M30/885 M / 1995   | 00:55:14  | 05.31      | +0:24:42 | 0:06:30 / 1551 | 0:11:27 / 1408 | 0:25:36 / 1559 | 0:33:10 / 1714 | 0:38:51 / 1806 |
| 2243     | 6284   | STASIUK Arkadiusz        | Warszawa         | POL       | Bemowo                          | 85      | M20/587 M / 1996   | 00:55:14  | 05.31      | +0:24:42 | 0:06:21 / 1289 | 0:11:32 / 1461 | 0:25:50 / 1650 | 0:33:56 / 1957 | 0:39:45 / 2034 |
| 2244     | 138    | GWIAZDOWSKI Michał       | Warszawa         | POL       | Agora                           | 81      | M30/886 M / 1997   | 00:55:14  | 05.31      | +0:24:42 | 0:07:16 / 2770 | 0:12:46 / 2594 | 0:28:00 / 2528 | 0:35:39 / 2484 | 0:41:12 / 2423 |
| 2245     | 2483   | BRAŚ Paweł               | Kraków           | POL       |                                 | 80      | M30/887 M / 1998   | 00:55:14  | 05.31      | +0:24:42 | 0:08:26 / 3877 | 0:14:18 / 3601 | 0:28:43 / 2785 | 0:35:55 / 2562 | 0:41:18 / 2450 |
| 2246     | 3860   | MYŚLIŃSKA Anna           | Warszawa         | POL       | Kuratorzy Sądowi                | 75      | K30/114 K / 248    | 00:55:14  | 05.31      | +0:24:42 | 0:07:03 / 2465 | 0:12:22 / 2276 | 0:27:09 / 2176 | 0:34:54 / 2253 | 0:40:25 / 2206 |
| 2247     | 3222   | POPOWSKI Piotr           | Warszawa         | POL       |                                 | 80      | M30/888 M / 1999   | 00:55:14  | 05.31      | +0:24:42 | 0:06:51 / 2162 | 0:12:17 / 2206 | 0:27:13 / 2205 | 0:34:48 / 2222 | 0:40:30 / 2229 |
| 2248     | 4419   | ZABUSKI Marcin zbgniw    | Mrowiska         | POL       | -                               | 77      | M30/889 M / 2000   | 00:55:15  | 05.31      | +0:24:43 | 0:07:07 / 2550 | 0:12:29 / 2363 | 0:27:26 / 2294 | 0:35:00 / 2277 | 0:40:28 / 2217 |
| 2249     | 6155   | OLEJARZ Paweł            | Warszawa         | POL       |                                 | 75      | M30/890 M / 2001   | 00:55:15  | 05.31      | +0:24:43 | 0:06:28 / 1490 | 0:11:43 / 1634 | 0:26:07 / 1772 | 0:33:57 / 1959 | 0:39:48 / 2037 |
| 2250     | 5734   | BRZOZOWICZ Mariusz       | Końskie          | POL       | Nauczyciel                      | 58      | M50/114 M / 2002   | 00:55:16  | 05.31      | +0:24:44 | 0:07:03 / 2453 | 0:12:37 / 2481 | 0:27:29 / 2315 | 0:35:06 / 2312 | 0:40:44 / 2306 |
| 2251     | 6191   | KRYSZKIEWICZ Tomasz      | Warszawa         | POL       | Trucht Tarchomin Team           | 76      | M30/891 M / 2003   | 00:55:16  | 05.31      | +0:24:45 | 0:06:29 / 1520 | 0:11:41 / 1624 | 0:26:47 / 2044 | 0:34:30 / 2130 | 0:40:16 / 2160 |
| 2252     | 3388   | STOLARZ Łukasz           | Warszawa         | POL       | Allianz Running Team            | 84      | M20/588 M / 2004   | 00:55:17  | 05.31      | +0:24:45 | 0:06:49 / 2100 | 0:12:24 / 2292 | 0:27:16 / 2231 | 0:34:43 / 2196 | 0:40:19 / 2179 |
| 2253     | 2938   | KUPRAS Justyna           | Leżajsk          | POL       | Brak                            | 95      | K20/97 K / 249     | 00:55:17  | 05.31      | +0:24:45 | 0:06:58 / 2319 | 0:12:20 / 2241 | 0:26:38 / 1977 | 0:34:20 / 2072 | 0:39:56 / 2068 |
| 2254     | 4535   | PARCZEWSKI Tadeusz       | Pruszków         | POL       |                                 | 49      | M60/21 M / 2005    | 00:55:17  | 05.31      | +0:24:45 | 0:07:04 / 2491 | 0:12:39 / 2491 | 0:27:29 / 2313 | 0:35:05 / 2308 | 0:40:46 / 2317 |
| 2255     | 5759   | POCIEJEWSKA Justyna      | Warszawa         | POL       | Ingżycie.pl                     | 81      | K30/115 K / 250    | 00:55:17  | 05.31      | +0:24:45 | 0:07:29 / 3052 | 0:13:14 / 2968 | 0:28:04 / 2557 | 0:35:33 / 2452 | 0:40:54 / 2354 |
| 2256     | 2736   | JAŃCZYK Paweł            | Kielce           | POL       | Szuranie.pl                     | 80      | M30/892 M / 2006   | 00:55:17  | 05.31      | +0:24:45 | 0:06:46 / 2005 | 0:12:05 / 2005 | 0:26:55 / 2094 | 0:34:26 / 2118 | 0:40:14 / 2149 |
| 2257     | 6523   | JAKUBCZYK Monika         | Warszawa         | POL       |                                 | 75      | K30/116 K / 251    | 00:55:17  | 05.31      | +0:24:45 | 0:07:11 / 2655 | 0:12:55 / 2725 | 0:27:50 / 2461 | 0:35:13 / 2351 | 0:40:46 / 2314 |
| 2258     | 4444   | DACYK Patrycja           | Warszawa         | POL       |                                 | 86      | K20/98 K / 252     | 00:55:17  | 05.31      | +0:24:45 | 0:06:59 / 2335 | 0:12:23 / 2283 | 0:27:01 / 2132 | 0:34:38 / 2174 | 0:40:34 / 2256 |
| 2259     | 2705   | HINZ Remigiusz           | Bydgoszcz        | POL       |                                 | 80      | M30/893 M / 2007   | 00:55:17  | 05.31      | +0:24:45 | 0:06:35 / 1682 | 0:11:52 / 1776 | 0:26:46 / 2038 | 0:34:34 / 2155 | 0:40:28 / 2221 |
| 2260     | 6930   | OLSZEWSKA Kinga          | Warszawa         | POL       |                                 | 81      | K30/117 K / 253    | 00:55:19  | 05.31      | +0:24:47 | 0:07:08 / 2565 | 0:12:57 / 2757 | 0:27:59 / 2517 | 0:35:27 / 2413 | 0:41:02 / 2392 |
| 2261     | 3725   | JANCZAREK Arkadiusz      | Janówek Pierwszy | POL       |                                 | 79      | M30/894 M / 2008   | 00:55:19  | 05.31      | +0:24:47 | 0:06:38 / 1778 | 0:11:46 / 1683 | 0:26:07 / 1775 | 0:33:58 / 1963 | 0:39:53 / 2057 |
| 2262     | 5350   | KOWALCZYK Piotr          | Warszawa         | POL       | Play                            | 78      | M30/895 M / 2009   | 00:55:19  | 05.31      | +0:24:47 | 0:07:39 / 3248 | 0:13:40 / 3255 | 0:30:05 / 3229 | 0:36:50 / 2821 | 0:41:47 / 2563 |
| 2263     | 5984   | SPISZ Mariusz            | Warszawa         | POL       |                                 | 77      | M30/896 M / 2010   | 00:55:19  | 05.31      | +0:24:47 | 0:06:33 / 1625 | 0:11:53 / 1804 | 0:26:47 / 2049 | 0:34:31 / 2139 | 0:40:24 / 2201 |
| 2264     | 3295   | RYŻKOWSKI Mariusz        | Siedlce          | POL       |                                 | 79      | M30/897 M / 2011   | 00:55:20  | 05.32      | +0:24:48 | 0:07:21 / 2895 | 0:13:08 / 2886 | 0:28:06 / 2567 | 0:35:42 / 2493 | 0:41:16 / 2443 |
| 2265     | 4951   | OLAK Piotr               | Warszawa         | POL       |                                 | 71      | M40/360 M / 2012   | 00:55:20  | 05.32      | +0:24:48 | 0:06:04 / 874  | 0:11:12 / 1182 | 0:25:52 / 1665 | 0:33:45 / 1902 | 0:39:32 / 1978 |
| 2266     | 4717   | GROCHALA Łukasz          | Łódź             | POL       |                                 | 79      | M30/898 M / 2013   | 00:55:20  | 05.32      | +0:24:48 | 0:06:47 / 2009 | 0:12:10 / 2090 | 0:27:03 / 2146 | 0:34:44 / 2199 | 0:40:28 / 2222 |
| 2267     | 4325   | BAĆCAL Marcin            | Warszawa         | POL       |                                 | 81      | M30/899 M / 2014   | 00:55:21  | 05.32      | +0:24:49 | 0:07:41 / 3295 | 0:13:33 / 3186 | 0:28:37 / 2741 | 0:35:53 / 2544 | 0:41:17 / 2446 |
| 2268     | 4863   | KOWALSKI Mariusz         | Warszawa         | POL       |                                 | 77      | M30/900 M / 2015   | 00:55:21  | 05.32      | +0:24:49 | 0:07:14 / 2703 | 0:13:04 / 2837 | 0:28:04 / 2556 | 0:35:34 / 2456 | 0:41:09 / 2412 |
| 2269     | 478    | GAŁECKI Sławomir         | Mińsk Mazowiecki | POL       | Straż Miejska                   | 71      | M40/361 M / 2016   | 00:55:21  | 05.32      | +0:24:49 | 0:06:44 / 1925 | 0:12:06 / 2023 | 0:27:07 / 2167 | 0:35:00 / 2282 | 0:40:44 / 2307 |
| 2270     | 5438   | TYTKOWSKI Jacek          | Warszawa         | POL       |                                 | 54      | M50/115 M / 2017   | 00:55:22  | 05.32      | +0:24:50 | 0:06:57 / 2281 | 0:12:23 / 2288 | 0:26:53 / 2081 | 0:34:34 / 2150 | 0:40:18 / 2173 |
| 2271     | 4273   | WRZEŚIŃSKA Marzena       | Piaseczno        | POL       |                                 | 84      | K20/99 K / 254     | 00:55:22  | 05.32      | +0:24:50 | 0:06:47 / 2034 | 0:11:59 / 1900 | 0:26:31 / 1937 | 0:34:09 / 2025 | 0:40:06 / 2111 |
| 2272     | 6886   | RADZIEJEWSKI Konrad      | Brwinów          | POL       |                                 | 80      | M30/901 M / 2018   | 00:55:23  | 05.32      | +0:24:51 | 0:06:39 / 1806 | 0:11:57 / 1879 | 0:27:22 / 2272 | 0:35:22 / 2394 | 0:40:50 / 2336 |
| 2273     | 6636   | BANASIAK Piotr           | Warszawa         | POL       | Nks Pod Wezwaniem Dobrego Łotra | 70      | M40/362 M / 2019   | 00:55:23  | 05.32      | +0:24:51 | 0:06:22 / 1313 | 0:11:11 / 1163 | 0:24:24 / 1050 | 0:33:24 / 1783 | 0:38:21 / 1659 |
| 2274     | 4583   | OKSIEJUK-WASILEWSKA Anna | Międzyrzec       | POL       |                                 | 73      | K40/31 K / 255     | 00:55:24  | 05.32      | +0:24:52 | 0:06:57 / 2289 | 0:12:18 / 2210 | 0:26:46 / 2041 | 0:34:17 / 2058 | 0:40:01 / 2092 |
| 2275     | 6688   | SZOKALSKA Urszula        | Nowy Prądmów     | POL       | Klub Filipka                    | 69      | K40/32 K / 256     | 00:55:24  | 05.32      | +0:24:52 | 0:06:45 / 1976 | 0:12:07 / 2047 | 0:27:15 / 2222 | 0:34:51 / 2236 | 0:40:26 / 2212 |
| 2276     | 6739   | GIL Wojciech             | Warszawa         | POL       | Niezrzeszony                    | 71      | M40/363 M / 2020   | 00:55:24  | 05.32      | +0:24:52 | 0:07:53 / 3518 | 0:13:35 / 3206 | 0:28:18 / 2643 | 0:35:57 / 2573 | 0:41:37 / 2518 |
| 2277     | 6524   | GORSIAK Edward           | Warszawa         | POL       | Brak                            | 59      | M50/116 M / 2021   | 00:55:24  | 05.32      | +0:24:52 | 0:06:16 / 1152 | 0:11:29 / 1436 | 0:26:26 / 1904 | 0:34:22 / 2083 | 0:40:15 / 2156 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club            | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|--------------------|-----------|------------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2278     | 2981   | LOBEJKO Anna           | Warszawa           | POL       |                                    | 80      | K30/118 K / 257    | 00:55:24  | 05.32      | +0:24:52 | 0:07:05 / 2495 | 0:12:34 / 2437 | 0:27:32 / 2334 | 0:35:09 / 2334 | 0:40:48 / 2327 |
| 2279     | 2762   | JĘDRZEJCZAK Agata      | Włocławek          | POL       |                                    | 94      | K20/100 K / 258    | 00:55:24  | 05.32      | +0:24:52 | 0:07:27 / 3004 | 0:13:17 / 3013 | 0:28:25 / 2676 | 0:35:49 / 2526 | 0:41:13 / 2425 |
| 2280     | 5079   | STOJEK Tomasz          | Kąty Wrocławskie   | POL       | Adwokaci                           | 84      | M20/589 M / 2022   | 00:55:24  | 05.32      | +0:24:52 | 0:06:35 / 1701 | 0:11:47 / 1700 | 0:26:04 / 1748 | 0:34:21 / 2079 | 0:40:05 / 2107 |
| 2281     | 4417   | ZIÓLEK Andrzej         | Płock              | POL       |                                    | 69      | M40/364 M / 2023   | 00:55:25  | 05.32      | +0:24:53 | 0:06:13 / 1092 | 0:11:17 / 1239 | 0:25:58 / 1705 | 0:34:07 / 2018 | 0:40:00 / 2085 |
| 2282     | 5436   | KRESA Łukasz           | Warszawa           | POL       |                                    | 89      | M20/590 M / 2024   | 00:55:25  | 05.32      | +0:24:53 | 0:06:25 / 1429 | 0:11:44 / 1658 | 0:26:01 / 1721 | 0:33:38 / 1859 | 0:39:32 / 1974 |
| 2283     | 3891   | KRZYŻEWSKI Michał      | Konstancin-jeziorn | POL       |                                    | 93      | M20/591 M / 2025   | 00:55:25  | 05.32      | +0:24:53 | 0:06:11 / 1027 | 0:11:12 / 1178 | 0:25:12 / 1379 | 0:33:19 / 1765 | 0:39:52 / 2053 |
| 2284     | 6174   | LOBEJKO Arkadiusz      | Warszawa           | POL       |                                    | 77      | M30/902 M / 2026   | 00:55:25  | 05.32      | +0:24:53 | 0:07:05 / 2496 | 0:12:34 / 2433 | 0:27:32 / 2332 | 0:35:09 / 2332 | 0:40:48 / 2328 |
| 2285     | 3057   | MINOROWICZ Bartosz     | Poznań/gorzów      | POL       |                                    | 87      | M20/592 M / 2027   | 00:55:25  | 05.32      | +0:24:53 | 0:06:02 / 824  | 0:11:02 / 1033 | 0:25:50 / 1653 | 0:33:42 / 1877 | 0:39:40 / 2013 |
| 2286     | 2659   | GONTAREK Adam          | Studzianki         | POL       | Pg Poświętne                       | 85      | M20/593 M / 2028   | 00:55:25  | 05.32      | +0:24:53 | 0:07:22 / 2915 | 0:12:51 / 2673 | 0:28:11 / 2592 | 0:35:59 / 2580 | 0:41:20 / 2459 |
| 2287     | 308    | CELNIK Piotr           | Warszawa           | POL       | Pko                                | 56      | M50/117 M / 2029   | 00:55:26  | 05.32      | +0:24:54 | 0:07:15 / 2738 | 0:12:49 / 2634 | 0:27:43 / 2408 | 0:35:14 / 2355 | 0:40:47 / 2326 |
| 2288     | 4449   | WARLIKOWSKI Jarosław   | Gdańsk             | POL       | Osk As Gdańsk                      | 76      | M30/903 M / 2030   | 00:55:26  | 05.32      | +0:24:54 | 0:07:35 / 3182 | 0:13:29 / 3149 | 0:29:05 / 2897 | 0:36:26 / 2704 | 0:42:00 / 2615 |
| 2289     | 6709   | OLECHNO Juliusz        | Warszawa           | POL       |                                    | 79      | M30/904 M / 2031   | 00:55:26  | 05.32      | +0:24:54 | 0:06:25 / 1427 | 0:11:38 / 1568 | 0:26:08 / 1787 | 0:34:02 / 1984 | 0:39:55 / 2062 |
| 2290     | 3760   | MIĘKISZ Tomek          | Warszawa           | POL       |                                    | 89      | M20/594 M / 2032   | 00:55:27  | 05.32      | +0:24:55 | 0:05:32 / 364  | 0:10:12 / 529  | 0:23:55 / 896  | 0:32:05 / 1353 | 0:38:15 / 1628 |
| 2291     | 6079   | BIELIK Konrad          | Radom              | POL       | Accelerate                         | 83      | M30/905 M / 2033   | 00:55:27  | 05.32      | +0:24:55 | 0:06:57 / 2280 | 0:12:23 / 2285 | 0:27:42 / 2404 | 0:35:33 / 2453 | 0:41:12 / 2420 |
| 2292     | 5260   | BIELAŃSKI Krzysztof    | Kraków             | POL       | Adwokaci                           | 77      | M30/906 M / 2034   | 00:55:27  | 05.32      | +0:24:55 | 0:06:22 / 1328 | 0:11:40 / 1595 | 0:26:31 / 1934 | 0:34:41 / 2185 | 0:40:27 / 2215 |
| 2293     | 3264   | REJCHERT Krzysztof     | Olsztyn            | POL       |                                    | 71      | M40/365 M / 2035   | 00:55:27  | 05.32      | +0:24:55 | 0:06:40 / 1822 | 0:11:49 / 1738 | 0:26:08 / 1780 | 0:33:45 / 1901 | 0:39:37 / 2000 |
| 2294     | 5929   | PIĘTKA Marta           | Warszawa           | POL       |                                    | 80      | K30/119 K / 259    | 00:55:27  | 05.32      | +0:24:55 | 0:06:46 / 1998 | 0:12:00 / 1920 | 0:26:43 / 2015 | 0:34:31 / 2137 | 0:40:13 / 2146 |
| 2295     | 4580   | SÓJKA Krzysztof        | Międzyrzec         | POL       | Klub Biegacz Biała Biega           | 72      | M40/366 M / 2036   | 00:55:27  | 05.32      | +0:24:55 | 0:06:20 / 1263 | 0:11:20 / 1296 | 0:24:50 / 1210 | 0:32:31 / 1501 | 0:38:16 / 1633 |
| 2296     | 4101   | KOMOREK Zenon          | Warszawa           | POL       |                                    | 56      | M50/118 M / 2037   | 00:55:27  | 05.32      | +0:24:55 | 0:07:18 / 2825 | 0:12:52 / 2689 | 0:27:38 / 2379 | 0:35:21 / 2388 | 0:40:56 / 2362 |
| 2297     | 6812   | REMLEIN Katarzyna      | Poznań             | POL       | Pzu Sport Team                     | 80      | K30/120 K / 260    | 00:55:27  | 05.32      | +0:24:55 | 0:06:35 / 1697 | 0:11:41 / 1621 | 0:26:20 / 1864 | 0:34:22 / 2081 | 0:40:03 / 2100 |
| 2298     | 4461   | PIETROWSKI Adam        | Warszawa           | POL       | Aks Polonia                        | 77      | M30/907 M / 2038   | 00:55:29  | 05.32      | +0:24:57 | 0:07:06 / 2538 | 0:12:36 / 2467 | 0:27:22 / 2275 | 0:34:54 / 2255 | 0:40:31 / 2232 |
| 2299     | 4138   | BEDNARSKA Monika       | Warszawa           | POL       | Sygma Banque S.a. Oddział W Polsce | 85      | K20/101 K / 261    | 00:55:31  | 05.33      | +0:24:59 | 0:07:10 / 2620 | 0:12:37 / 2473 | 0:27:41 / 2401 | 0:35:18 / 2378 | 0:40:51 / 2342 |
| 2300     | 4718   | WIENCEK Ewa            | Warszawa           | POL       |                                    | 86      | K20/102 K / 262    | 00:55:32  | 05.33      | +0:25:00 | 0:07:13 / 2680 | 0:13:02 / 2816 | 0:28:31 / 2705 | 0:36:08 / 2624 | 0:41:38 / 2520 |
| 2301     | 6779   | ŚREDNIAK Agnieszka     | Łódź               | POL       |                                    | 78      | K30/121 K / 263    | 00:55:32  | 05.33      | +0:25:00 | 0:06:44 / 1930 | 0:12:02 / 1961 | 0:27:17 / 2242 | 0:35:09 / 2336 | 0:40:42 / 2300 |
| 2302     | 3228   | PRĘTKI Łukasz          | Poznań             | POL       |                                    | 90      | M20/595 M / 2039   | 00:55:33  | 05.33      | +0:25:01 | 0:07:30 / 3078 | 0:13:12 / 2940 | 0:28:10 / 2583 | 0:35:53 / 2547 | 0:41:22 / 2466 |
| 2303     | 6405   | GOŚŁOWSKI Cezary       | Piaseczno          | POL       | Bieganie.pl                        | 75      | M30/908 M / 2040   | 00:55:33  | 05.33      | +0:25:01 | 0:07:05 / 2505 | 0:12:25 / 2307 | 0:27:18 / 2247 | 0:35:04 / 2299 | 0:40:34 / 2255 |
| 2304     | 6196   | KOŁODZIEJSKA Kinga     | Mińsk Mazowiecki   | POL       |                                    | 77      | K30/122 K / 264    | 00:55:33  | 05.33      | +0:25:01 | 0:07:11 / 2647 | 0:12:51 / 2668 | 0:28:02 / 2540 | 0:35:42 / 2498 | 0:41:13 / 2430 |
| 2305     | 5763   | MĄDRY Joanna           | Ząbki              | POL       | Ing Życie                          | 69      | K40/33 K / 265     | 00:55:33  | 05.33      | +0:25:01 | 0:07:12 / 2661 | 0:12:52 / 2682 | 0:28:03 / 2543 | 0:35:43 / 2502 | 0:41:14 / 2435 |
| 2306     | 5784   | ZALEWSKI Piotr         | Warszawa           | POL       | Aks Polonia                        | 80      | M30/909 M / 2041   | 00:55:34  | 05.33      | +0:25:02 | 0:06:49 / 2101 | 0:12:04 / 1996 | 0:26:40 / 1996 | 0:34:38 / 2173 | 0:40:34 / 2251 |
| 2307     | 171    | PEREIRA Oswald rodrigo | Warszawa           | POL       | Tvp Warszawa                       | 84      | M20/596 M / 2042   | 00:55:34  | 05.33      | +0:25:02 | 0:05:00 / 98   | 0:08:54 / 102  | 0:20:13 / 140  | 0:38:56 / 3323 | 0:43:37 / 2992 |
| 2308     | 6404   | JÓZWIK Anna            | Warszawa           | POL       |                                    | 82      | K30/123 K / 266    | 00:55:34  | 05.33      | +0:25:02 | 0:07:06 / 2525 | 0:12:26 / 2314 | 0:27:19 / 2250 | 0:35:05 / 2310 | 0:40:36 / 2271 |
| 2309     | 2778   | KALINOWSKI Andrzej     | Warszawa           | POL       |                                    | 83      | M30/910 M / 2043   | 00:55:34  | 05.33      | +0:25:02 | 0:07:17 / 2804 | 0:12:40 / 2513 | 0:27:34 / 2341 | 0:35:20 / 2384 | 0:40:56 / 2359 |
| 2310     | 6875   | BAĆMAGA Marek          | Warszawa           | POL       |                                    | 85      | M20/597 M / 2044   | 00:55:34  | 05.33      | +0:25:02 | 0:06:52 / 2174 | 0:12:02 / 1956 | 0:27:00 / 2123 | 0:34:48 / 2223 | 0:40:29 / 2226 |
| 2311     | 4559   | KOJRO Joanna           | Warszawa           | POL       |                                    | 82      | K30/124 K / 267    | 00:55:35  | 05.33      | +0:25:03 | 0:07:14 / 2704 | 0:12:49 / 2633 | 0:27:52 / 2471 | 0:35:29 / 2423 | 0:41:06 / 2404 |
| 2312     | 3113   | NOWICKI Michał         | Łódź               | POL       | Biegam Dla Diabeciaków             | 79      | M30/911 M / 2045   | 00:55:35  | 05.33      | +0:25:03 | 0:07:28 / 3028 | 0:13:18 / 3022 | 0:28:24 / 2671 | 0:36:04 / 2600 | 0:41:36 / 2514 |
| 2313     | 4724   | MARKOWSKI Przemysław   | Warszawa           | POL       |                                    | 85      | M20/598 M / 2046   | 00:55:36  | 05.33      | +0:25:04 | 0:07:06 / 2517 | 0:12:36 / 2465 | 0:27:16 / 2232 | 0:34:51 / 2237 | 0:40:40 / 2288 |
| 2314     | 3289   | RUT Stanisław          | Rzeszów            | POL       |                                    | 55      | M50/119 M / 2047   | 00:55:36  | 05.33      | +0:25:04 | 0:06:56 / 2269 | 0:12:35 / 2451 | 0:27:27 / 2297 | 0:34:56 / 2263 | 0:40:37 / 2273 |
| 2315     | 6207   | MAĆZKA Mirosław        | Rzeszów            | POL       |                                    | 78      | M30/912 M / 2048   | 00:55:36  | 05.33      | +0:25:04 | 0:07:23 / 2934 | 0:13:15 / 2991 | 0:28:16 / 2633 | 0:35:42 / 2495 | 0:41:18 / 2452 |
| 2316     | 2853   | KORPAK Marta           | Warszawa           | POL       | Motivato.pl                        | 86      | K20/103 K / 268    | 00:55:36  | 05.33      | +0:25:04 | 0:07:08 / 2571 | 0:12:57 / 2758 | 0:28:02 / 2541 | 0:35:29 / 2424 | 0:41:06 / 2401 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City    | Kraj Nat. | Druż / Klub Team / Club                  | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|---------------------|-----------|--|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2317     | 5345   | KOPCZYŃSKI Piotr      | Warszawa            | POL       |  | 83 M30/913 | M / 2049           | 00:55:36  | 05.33      | +0:25:04 | 0:06:40 / 1814 | 0:11:56 / 1859 | 0:26:27 / 1910 | 0:34:16 / 2052 | 0:40:09 / 2125 |
| 2318     | 6803   | MIESZKOWSKI Maciej    | Dziekanów Leśny     | POL       |  | 67 M40/367 | M / 2050           | 00:55:36  | 05.33      | +0:25:04 | 0:07:05 / 2503 | 0:12:28 / 2355 | 0:27:39 / 2391 | 0:35:32 / 2446 | 0:41:01 / 2386 |
| 2319     | 6175   | SKRZETUSKI Paweł      | Warszawa            | POL       |  | 79 M30/914 | M / 2051           | 00:55:37  | 05.33      | +0:25:05 | 0:06:49 / 2078 | 0:12:16 / 2184 | 0:27:15 / 2221 | 0:34:55 / 2257 | 0:40:36 / 2268 |
| 2320     | 6828   | GLUZIŃSKI Kacper      | Warszawa            | POL       |  | 85 M20/599 | M / 2052           | 00:55:37  | 05.33      | +0:25:05 | 0:07:26 / 2987 | 0:13:01 / 2798 | 0:28:12 / 2605 | 0:35:49 / 2528 | 0:41:14 / 2437 |
| 2321     | 6206   | MAĆZKA Anna           | Rzeszów             | POL       |  | 76 K30/125 | K / 269            | 00:55:37  | 05.33      | +0:25:05 | 0:07:23 / 2928 | 0:13:15 / 2988 | 0:28:16 / 2636 | 0:35:42 / 2492 | 0:41:18 / 2449 |
| 2322     | 3149   | PALEC Jacek           | Warszawa            | POL       |  | 80 M30/915 | M / 2053           | 00:55:37  | 05.33      | +0:25:05 | 0:07:27 / 3018 | 0:13:24 / 3103 | 0:28:49 / 2806 | 0:36:18 / 2674 | 0:41:46 / 2556 |
| 2323     | 3525   | WELC Przemysław       | Toruń               | POL       |  | 82 M30/916 | M / 2054           | 00:55:38  | 05.33      | +0:25:06 | 0:07:30 / 3095 | 0:13:25 / 3116 | 0:28:42 / 2777 | 0:36:08 / 2621 | 0:41:43 / 2546 |
| 2324     | 3652   | NAWROT Anna           | Toruń               | POL       | Axel Toruń                               | 98 K20/104 | K / 270            | 00:55:39  | 05.33      | +0:25:07 | 0:06:36 / 1716 | 0:11:48 / 1704 | 0:26:27 / 1908 | 0:34:18 / 2064 | 0:40:10 / 2131 |
| 2325     | 4418   | KUCHARSKI Dariusz     | Warszawa            | POL       |  | 78 M30/917 | M / 2055           | 00:55:39  | 05.33      | +0:25:07 | 0:07:04 / 2483 | 0:12:28 / 2354 | 0:27:28 / 2307 | 0:35:05 / 2305 | 0:40:45 / 2312 |
| 2326     | 4838   | DOŁĘŻEK Marcin        | Warszawa            | POL       |  | 69 M40/368 | M / 2056           | 00:55:39  | 05.33      | +0:25:07 | 0:06:47 / 2007 | 0:12:06 / 2027 | 0:26:39 / 1982 | 0:34:25 / 2114 | 0:40:20 / 2183 |
| 2327     | 6991   | PISAREK Szymon        | Warszawa            | POL       |  | 84 M20/600 | M / 2057           | 00:55:39  | 05.33      | +0:25:07 | 0:06:07 / 923  | 0:11:01 / 1027 | 0:25:48 / 1635 | 0:33:44 / 1889 | 0:39:52 / 2055 |
| 2328     | 3477   | TEKLAK Krzysztof      | Częstochowa         | POL       | Zabiegani Częstochowa                    | 67 M40/369 | M / 2058           | 00:55:40  | 05.34      | +0:25:08 | 0:07:57 / 3563 | 0:13:57 / 3434 | 0:29:22 / 2990 | 0:36:46 / 2806 | 0:41:56 / 2593 |
| 2329     | 5193   | DZIUBAK Wojciech      | Warszawa            | POL       |  | 61 M50/120 | M / 2059           | 00:55:40  | 05.34      | +0:25:08 | 0:07:13 / 2694 | 0:12:44 / 2556 | 0:27:14 / 2214 | 0:35:04 / 2297 | 0:40:45 / 2308 |
| 2330     | 6241   | JACZEWSKA Aleksandra  | Warszawa            | POL       | Obi-boki Running Crew                    | 85 K20/105 | K / 271            | 00:55:40  | 05.34      | +0:25:08 | 0:06:24 / 1386 | 0:11:34 / 1506 | 0:26:38 / 1976 | 0:34:45 / 2203 | 0:40:34 / 2252 |
| 2331     | 5176   | DEMIDOWSKA Alina      | Pszczyna            | POL       | Raiffeisen Polbank                       | 86 K20/106 | K / 272            | 00:55:40  | 05.34      | +0:25:08 | 0:07:10 / 2601 | 0:12:34 / 2431 | 0:27:26 / 2289 | 0:35:03 / 2293 | 0:40:33 / 2244 |
| 2332     | 4904   | VAN DUJN Peter        | Leiden              | POL       |  | 61 M50/121 | M / 2060           | 00:55:40  | 05.34      | +0:25:08 | 0:07:27 / 3009 | 0:13:03 / 2821 | 0:28:13 / 2607 | 0:35:50 / 2537 | 0:41:21 / 2461 |
| 2333     | 5899   | KRÓLAK Tomasz         | Warszawa            | POL       |  | 83 M30/918 | M / 2061           | 00:55:41  | 05.34      | +0:25:09 | 0:06:20 / 1261 | 0:11:16 / 1226 | 0:26:17 / 1840 | 0:34:11 / 2035 | 0:40:10 / 2130 |
| 2334     | 5328   | STARZYŃSKI Stefan     | Lublin              | POL       |  | 68 M40/370 | M / 2062           | 00:55:41  | 05.34      | +0:25:09 | 0:07:00 / 2397 | 0:12:22 / 2272 | 0:27:11 / 2197 | 0:35:02 / 2292 | 0:40:59 / 2375 |
| 2335     | 6368   | ADASZEWSKI Arkadiusz  | Zalesie Górne       | POL       |  | 76 M30/919 | M / 2063           | 00:55:42  | 05.34      | +0:25:10 | 0:06:31 / 1575 | 0:11:55 / 1832 | 0:27:08 / 2169 | 0:35:00 / 2278 | 0:40:46 / 2318 |
| 2336     | 4239   | DUDEK Marcin          | Warszawa            | POL       |  | 77 M30/920 | M / 2064           | 00:55:42  | 05.34      | +0:25:10 | 0:07:21 / 2896 | 0:12:57 / 2755 | 0:28:43 / 2782 | 0:36:08 / 2625 | 0:41:37 / 2516 |
| 2337     | 5871   | PRYZMONT Patryk       | Chylice-kolonialnej | POL       |  | 76 M30/921 | M / 2065           | 00:55:42  | 05.34      | +0:25:10 | 0:07:18 / 2814 | 0:12:46 / 2591 | 0:27:56 / 2502 | 0:35:12 / 2346 | 0:40:50 / 2337 |
| 2338     | 3889   | MALKA Marcin          | Mińsk Mazowiecki    | POL       | Accelerate Klub Biegacza Accenture       | 76 M30/922 | M / 2066           | 00:55:42  | 05.34      | +0:25:10 | 0:06:58 / 2321 | 0:12:27 / 2333 | 0:27:15 / 2223 | 0:34:56 / 2259 | 0:40:45 / 2309 |
| 2339     | 5013   | MURAWSKI Zbigniew     | Mińsk Mazowiecki    | POL       |  | 59 M50/122 | M / 2067           | 00:55:42  | 05.34      | +0:25:10 | 0:06:48 / 2049 | 0:12:05 / 2002 | 0:26:34 / 1954 | 0:34:18 / 2066 | 0:40:13 / 2145 |
| 2340     | 6164   | MAĆKOWIAK Jakub       | Józefosław          | POL       | Db Marathon Team                         | 92 M20/601 | M / 2068           | 00:55:42  | 05.34      | +0:25:10 | 0:06:43 / 1899 | 0:12:08 / 2069 | 0:27:10 / 2188 | 0:34:50 / 2227 | 0:40:27 / 2214 |
| 2341     | 2695   | GUTKOWSKI Lukasz      | Maków Nowy          | POL       |  | 81 M30/923 | M / 2069           | 00:55:42  | 05.34      | +0:25:10 | 0:07:18 / 2828 | 0:13:06 / 2871 | 0:28:16 / 2635 | 0:35:49 / 2532 | 0:41:43 / 2545 |
| 2342     | 4617   | LESZCZYŃSKI Grzegorz  | Warszawa            | POL       | Dziennik Treningowy                      | 91 M20/602 | M / 2070           | 00:55:42  | 05.34      | +0:25:10 | 0:06:33 / 1630 | 0:11:37 / 1552 | 0:26:24 / 1892 | 0:34:28 / 2122 | 0:40:32 / 2242 |
| 2343     | 5012   | MAJSZYK Jacek         | Mińsk Maz           | POL       |  | 80 M30/924 | M / 2071           | 00:55:42  | 05.34      | +0:25:10 | 0:06:48 / 2045 | 0:12:06 / 2021 | 0:26:34 / 1952 | 0:34:17 / 2062 | 0:40:12 / 2137 |
| 2344     | 4707   | PIŃKOWSKI Piotr       | Konstancin          | POL       | Dj Pepe                                  | 72 M40/371 | M / 2072           | 00:55:43  | 05.34      | +0:25:11 | 0:06:55 / 2241 | 0:12:01 / 1936 | 0:27:07 / 2165 | 0:34:54 / 2252 | 0:40:31 / 2233 |
| 2345     | 6769   | GUTKOWSKI Janusz      | Warszawa            | POL       |  | 73 M40/372 | M / 2073           | 00:55:43  | 05.34      | +0:25:11 | 0:06:40 / 1809 | 0:11:56 / 1848 | 0:26:58 / 2112 | 0:34:52 / 2238 | 0:40:39 / 2286 |
| 2346     | 3807   | TAŁANDZIEWICZ Mikołaj | Pruszków            | POL       |  | 77 M30/925 | M / 2074           | 00:55:43  | 05.34      | +0:25:11 | 0:06:42 / 1880 | 0:11:55 / 1829 | 0:26:49 / 2060 | 0:34:38 / 2178 | 0:40:21 / 2189 |
| 2347     | 5769   | WITKOWSKA Monika      | Warszawa            | POL       | Dziennikarze? - Jeśli Taka Kategoria Jes | 66 K40/34  | K / 273            | 00:55:43  | 05.34      | +0:25:11 | 0:06:32 / 1598 | 0:11:52 / 1774 | 0:27:16 / 2233 | 0:35:14 / 2356 | 0:40:59 / 2372 |
| 2348     | 3539   | WIKTORSKI Paweł       | Ostrolęka           | POL       |  | 74 M30/926 | M / 2075           | 00:55:43  | 05.34      | +0:25:12 | 0:06:38 / 1763 | 0:11:43 / 1647 | 0:26:16 / 1835 | 0:34:03 / 1992 | 0:39:42 / 2024 |
| 2349     | 6347   | CHLUDZIŃSKI Janusz    | Warszawa            | POL       | Michu Team                               | 86 M20/603 | M / 2076           | 00:55:44  | 05.34      | +0:25:12 | 0:07:03 / 2469 | 0:12:35 / 2454 | 0:27:08 / 2171 | 0:34:46 / 2215 | 0:40:45 / 2310 |
| 2350     | 3013   | MARIANOWSKI Krzysztof | Kwidzyn             | POL       | Fc Bolek Kwidzyn                         | 75 M30/927 | M / 2077           | 00:55:44  | 05.34      | +0:25:12 | 0:06:44 / 1932 | 0:12:11 / 2115 | 0:27:12 / 2202 | 0:34:54 / 2254 | 0:40:38 / 2279 |
| 2351     | 4984   | KOSTRZEWSKI Dariusz   | Warszawa            | POL       |  | 73 M40/373 | M / 2078           | 00:55:44  | 05.34      | +0:25:12 | 0:06:47 / 2043 | 0:12:12 / 2118 | 0:27:26 / 2290 | 0:35:13 / 2352 | 0:40:56 / 2361 |
| 2352     | 4513   | KAMIŃSKI Jarosław     | Warszawa            | POL       |  | 72 M40/374 | M / 2079           | 00:55:44  | 05.34      | +0:25:12 | 0:07:01 / 2418 | 0:12:26 / 2313 | 0:27:33 / 2338 | 0:35:22 / 2392 | 0:40:57 / 2364 |
| 2353     | 3312   | SIEKIERA Marek        | Józefosław          | POL       |  | 86 M20/604 | M / 2080           | 00:55:44  | 05.34      | +0:25:12 | 0:06:49 / 2093 | 0:12:12 / 2122 | 0:27:47 / 2437 | 0:36:05 / 2609 | 0:42:02 / 2623 |
| 2354     | 5947   | SAR Mariusz           | Nowy Dwór           | POL       |  | 83 M30/928 | M / 2081           | 00:55:44  | 05.34      | +0:25:12 | 0:07:21 / 2883 | 0:13:01 / 2807 | 0:27:37 / 2373 | 0:35:09 / 2331 | 0:40:50 / 2338 |
| 2355     | 6802   | SUCHMIEL Karolina     | Warszawa            | POL       |  | 80 K30/126 | K / 274            | 00:55:45  | 05.34      | +0:25:13 | 0:07:19 / 2838 | 0:12:53 / 2701 | 0:27:55 / 2489 | 0:35:29 / 2430 | 0:41:04 / 2397 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club    | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|----------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2356     | 3317   | SIKORA Maciej              | Łódź             | POL       |                            | 77      | M30/929 M / 2082   | 00:55:45  | 05.34      | +0:25:13 | 0:07:28 / 3040 | 0:13:17 / 3005 | 0:28:25 / 2677 | 0:36:04 / 2602 | 0:41:34 / 2508 |
| 2357     | 6983   | RAKOWSKI Piotr             | Bydgoszcz        | POL       | Stowarzyszenie Żw          | 54      | M50/123 M / 2083   | 00:55:45  | 05.34      | +0:25:13 | 0:06:39 / 1801 | 0:11:53 / 1809 | 0:26:30 / 1927 | 0:34:20 / 2071 | 0:40:10 / 2128 |
| 2358     | 4944   | KINASIEWICZ Marek          | Skierdy          | POL       |                            | 52      | M60/22 M / 2084    | 00:55:46  | 05.34      | +0:25:14 | 0:07:19 / 2839 | 0:12:58 / 2764 | 0:28:24 / 2669 | 0:36:04 / 2601 | 0:41:41 / 2536 |
| 2359     | 3151   | PAŁASZ Stanisław           | Łódź             | POL       | Straż Miejska Łódź         | 63      | M50/124 M / 2085   | 00:55:47  | 05.34      | +0:25:15 | 0:07:05 / 2511 | 0:12:39 / 2494 | 0:27:30 / 2318 | 0:35:20 / 2385 | 0:40:59 / 2371 |
| 2360     | 2440   | BET Patrycja               | Warszawa         | POL       |                            | 89      | K20/107 K / 275    | 00:55:47  | 05.34      | +0:25:15 | 0:06:41 / 1835 | 0:12:01 / 1943 | 0:26:54 / 2088 | 0:34:52 / 2239 | 0:40:33 / 2247 |
| 2361     | 5908   | BIESAGA Mirosława          | Warszawa         | POL       | Bbl Warszawa               | 69      | K40/35 K / 276     | 00:55:47  | 05.34      | +0:25:15 | 0:07:18 / 2821 | 0:12:57 / 2751 | 0:27:55 / 2497 | 0:35:35 / 2466 | 0:41:19 / 2455 |
| 2362     | 2990   | LUKASIEWICZ Łukasz         | Warszawa         | POL       |                            | 87      | M20/605 M / 2086   | 00:55:47  | 05.34      | +0:25:15 | 0:06:58 / 2318 | 0:12:25 / 2308 | 0:27:14 / 2216 | 0:35:06 / 2318 | 0:40:58 / 2369 |
| 2363     | 439    | SIODŁAK Sławomir           | Kije             | POL       | Dowództwo Garnizonu        | 73      | M40/375 M / 2087   | 00:55:47  | 05.34      | +0:25:15 | 0:07:48 / 3421 | 0:13:37 / 3221 | 0:28:30 / 2699 | 0:36:07 / 2616 | 0:41:41 / 2537 |
| 2364     | 3219   | POPIELSKI Zbigniew         | Ostróda          | POL       | Samotność Długodystansowca | 53      | M60/23 M / 2088    | 00:55:47  | 05.34      | +0:25:16 | 0:06:47 / 2012 | 0:12:03 / 1981 | 0:26:47 / 2045 | 0:34:35 / 2159 | 0:40:34 / 2254 |
| 2365     | 4898   | MAŚLANKA Piotr             | Warszawa         | POL       | Goldenteam                 | 77      | M30/930 M / 2089   | 00:55:48  | 05.34      | +0:25:16 | 0:07:20 / 2861 | 0:12:52 / 2693 | 0:28:01 / 2535 | 0:35:35 / 2461 | 0:41:12 / 2422 |
| 2366     | 207    | BOCIAN Marcin              | Warszawa         | POL       | Pko                        | 88      | M20/606 M / 2090   | 00:55:48  | 05.34      | +0:25:16 | 0:06:51 / 2159 | 0:12:13 / 2149 | 0:27:20 / 2258 | 0:35:02 / 2291 | 0:40:51 / 2341 |
| 2367     | 436    | MIŁOŚZ Karolina            | Warszawa         | POL       | Straż Miejska              | 84      | K20/108 K / 277    | 00:55:49  | 05.34      | +0:25:17 | 0:06:56 / 2276 | 0:12:20 / 2246 | 0:27:24 / 2285 | 0:35:13 / 2354 | 0:40:56 / 2360 |
| 2368     | 3611   | ZIELIŃSKI Adam             | Sochaczew        | POL       | Arsenal Sochaczew          | 87      | M20/607 M / 2091   | 00:55:49  | 05.34      | +0:25:17 | 0:07:02 / 2433 | 0:12:32 / 2415 | 0:27:16 / 2236 | 0:35:08 / 2325 | 0:40:54 / 2352 |
| 2369     | 4507   | PIĘTNIK Piotr              | Warszawa         | POL       |                            | 81      | M30/931 M / 2092   | 00:55:49  | 05.34      | +0:25:17 | 0:07:40 / 3271 | 0:13:27 / 3134 | 0:28:47 / 2802 | 0:36:23 / 2689 | 0:41:51 / 2577 |
| 2370     | 6774   | DUSIŃSKI Jacek             | Warszawa         | POL       |                            | 61      | M50/125 M / 2093   | 00:55:50  | 05.35      | +0:25:18 | 0:07:01 / 2401 | 0:12:26 / 2322 | 0:27:21 / 2267 | 0:35:23 / 2398 | 0:41:02 / 2390 |
| 2371     | 6470   | ŻULEWSKA Agata             | Warszawa         | POL       |                            | 88      | K20/109 K / 278    | 00:55:50  | 05.35      | +0:25:18 | 0:07:10 / 2619 | 0:12:48 / 2627 | 0:28:08 / 2569 | 0:35:53 / 2550 | 0:41:38 / 2522 |
| 2372     | 6894   | SROCZYŃSKA Emilia          | Warszawa         | POL       |                            | 83      | K30/127 K / 279    | 00:55:50  | 05.35      | +0:25:18 | 0:06:57 / 2288 | 0:12:17 / 2194 | 0:27:15 / 2226 | 0:35:05 / 2309 | 0:40:48 / 2329 |
| 2373     | 6753   | JĘDRZEJCZUK Tomasz         | Warszawa         | POL       |                            | 79      | M30/932 M / 2094   | 00:55:51  | 05.35      | +0:25:19 | 0:07:26 / 2991 | 0:13:16 / 2999 | 0:28:34 / 2727 | 0:36:08 / 2623 | 0:41:40 / 2531 |
| 2374     | 6883   | IWANICKI Łukasz            | Warszawa         | POL       |                            | 80      | M30/933 M / 2095   | 00:55:51  | 05.35      | +0:25:19 | 0:07:30 / 3099 | 0:12:59 / 2782 | 0:27:40 / 2393 | 0:35:22 / 2393 | 0:41:06 / 2400 |
| 2375     | 3301   | SAJKOWSKI Jakub            | Warszawa         | POL       |                            | 82      | M30/934 M / 2096   | 00:55:51  | 05.35      | +0:25:19 | 0:06:58 / 2317 | 0:12:23 / 2286 | 0:27:14 / 2217 | 0:35:06 / 2315 | 0:40:58 / 2368 |
| 2376     | 211    | SIENKIEWICZ Darek          | Warszawa         | POL       | Pko                        | 71      | M40/376 M / 2097   | 00:55:52  | 05.35      | +0:25:20 | 0:06:43 / 1918 | 0:12:17 / 2191 | 0:27:27 / 2299 | 0:35:08 / 2330 | 0:40:47 / 2324 |
| 2377     | 4369   | SZYMBORSKA Karolina        | Warszawa         | POL       | Raiffeisen Polbank         | 87      | K20/110 K / 280    | 00:55:52  | 05.35      | +0:25:21 | 0:06:42 / 1883 | 0:11:58 / 1890 | 0:27:00 / 2122 | 0:34:52 / 2245 | 0:40:39 / 2287 |
| 2378     | 4719   | KWIT Maciej                | Bielsko - Biała  | POL       |                            | 75      | M30/935 M / 2098   | 00:55:52  | 05.35      | +0:25:21 | 0:07:13 / 2684 | 0:13:03 / 2832 | 0:28:33 / 2713 | 0:36:08 / 2626 | 0:41:41 / 2540 |
| 2379     | 6254   | ŚWIĘTOCHOWSKA Dominika     | Warszawa         | POL       |                            | 84      | K20/111 K / 281    | 00:55:53  | 05.35      | +0:25:21 | 0:07:09 / 2583 | 0:12:55 / 2721 | 0:27:54 / 2481 | 0:35:29 / 2426 | 0:41:12 / 2418 |
| 2380     | 2991   | LUKASZEWICZ Paweł          | Jelenia Góra     | POL       | Cieplice Familyrunners     | 80      | M30/936 M / 2099   | 00:55:53  | 05.35      | +0:25:21 | 0:06:36 / 1726 | 0:11:40 / 1589 | 0:26:30 / 1930 | 0:34:23 / 2090 | 0:40:21 / 2191 |
| 2381     | 6253   | ŚWIĘTOCHOWSKI Jakub        | Warszawa         | POL       |                            | 84      | M20/608 M / 2100   | 00:55:54  | 05.35      | +0:25:22 | 0:07:09 / 2590 | 0:12:56 / 2736 | 0:27:54 / 2482 | 0:35:29 / 2429 | 0:41:13 / 2427 |
| 2382     | 6567   | ZAWIŁA Maciej              | Warszawa         | POL       |                            | 83      | M30/937 M / 2101   | 00:55:54  | 05.35      | +0:25:22 | 0:07:47 / 3404 | 0:13:47 / 3329 | 0:28:58 / 2858 | 0:36:31 / 2730 | 0:42:02 / 2624 |
| 2383     | 4108   | WASILEWSKI Igor            | Gdynia           | POL       |                            | 66      | M40/377 M / 2102   | 00:55:55  | 05.35      | +0:25:23 | 0:06:45 / 1974 | 0:12:15 / 2171 | 0:26:49 / 2059 | 0:34:40 / 2183 | 0:40:31 / 2236 |
| 2384     | 6940   | HOLEWIŃSKI LADEFAGED Jakob | Aarhus           | POL       |                            | 94      | M20/609 M / 2103   | 00:55:56  | 05.35      | +0:25:24 | 0:07:02 / 2435 | 0:12:28 / 2350 | 0:27:33 / 2339 | 0:35:31 / 2441 | 0:41:26 / 2483 |
| 2385     | 3016   | MARKOWSKI Jakub            | Warszawa         | POL       |                            | 83      | M30/938 M / 2104   | 00:55:56  | 05.35      | +0:25:24 | 0:07:31 / 3107 | 0:13:25 / 3117 | 0:28:42 / 2775 | 0:36:08 / 2620 | 0:41:44 / 2548 |
| 2386     | 3776   | TUZINEK Piotr              | Warszawa         | POL       |                            | 79      | M30/939 M / 2105   | 00:55:57  | 05.35      | +0:25:25 | 0:06:37 / 1745 | 0:11:36 / 1529 | 0:26:00 / 1720 | 0:33:51 / 1939 | 0:40:00 / 2088 |
| 2387     | 3523   | WAWRZOS Marek              | Gruszka          | POL       | Mkb Ekosfera               | 81      | M30/940 M / 2106   | 00:55:57  | 05.35      | +0:25:25 | 0:06:36 / 1728 | 0:12:00 / 1918 | 0:26:19 / 1855 | 0:34:02 / 1986 | 0:40:03 / 2097 |
| 2388     | 134    | HUSSEY Maria               |                  | POL       | Agora                      | 86      | K20/112 K / 282    | 00:55:57  | 05.35      | +0:25:25 | 0:07:24 / 2945 | 0:13:02 / 2813 | 0:28:42 / 2780 | 0:36:17 / 2663 | 0:41:50 / 2567 |
| 2389     | 2969   | LISIK Justyna              | Kraków           | POL       | Adwokaci                   | 80      | K30/128 K / 283    | 00:55:58  | 05.35      | +0:25:26 | 0:07:11 / 2643 | 0:12:46 / 2592 | 0:27:48 / 2450 | 0:35:34 / 2460 | 0:41:13 / 2428 |
| 2390     | 169    | KOWALSKI Łukasz            | Warszawa         | POL       | Tvp Warszawa               | 83      | M30/941 M / 2107   | 00:55:58  | 05.35      | +0:25:26 | 0:06:13 / 1085 | 0:11:13 / 1200 | 0:26:21 / 1870 | 0:34:23 / 2087 | 0:40:18 / 2175 |
| 2391     | 4696   | MARCZAK Marek              | Warszawa         | POL       |                            | 73      | M40/378 M / 2108   | 00:55:58  | 05.35      | +0:25:26 | 0:07:33 / 3163 | 0:13:37 / 3219 | 0:29:22 / 2987 | 0:36:47 / 2811 | 0:42:18 / 2678 |
| 2392     | 4993   | ORPISZEWSKA Beata          | Warszawa         | POL       | Accelerate                 | 82      | K30/129 K / 284    | 00:55:59  | 05.35      | +0:25:27 | 0:07:11 / 2649 | 0:12:49 / 2636 | 0:27:40 / 2396 | 0:35:26 / 2409 | 0:41:00 / 2377 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2393     | 4186   | PATERA Michał          | Warszawa         | POL       |                         | 82      | M30/942 M / 2109   | 00:55:59  | 05.35      | +0:25:27 | 0:07:16 / 2760 | 0:12:42 / 2531 | 0:27:59 / 2519 | 0:35:34 / 2459 | 0:41:13 / 2429 |
| 2394     | 5957   | LEWANDOWSKI Arkadiusz  | Warszawa         | POL       |                         | 78      | M30/943 M / 2110   | 00:55:59  | 05.35      | +0:25:27 | 0:07:16 / 2771 | 0:13:11 / 2929 | 0:28:14 / 2618 | 0:35:35 / 2465 | 0:41:24 / 2471 |
| 2395     | 4865   | OPIECZYŃSKI Marcei     | Warszawa         | POL       |                         | 73      | M40/379 M / 2111   | 00:55:59  | 05.35      | +0:25:27 | 0:06:42 / 1865 | 0:11:56 / 1858 | 0:26:51 / 2068 | 0:34:42 / 2194 | 0:40:37 / 2274 |
| 2396     | 4024   | SZYMANIAK Zbigniew     | Warszawa         | POL       |                         | 70      | M40/380 M / 2112   | 00:55:59  | 05.35      | +0:25:28 | 0:06:59 / 2354 | 0:12:38 / 2488 | 0:27:21 / 2264 | 0:35:16 / 2370 | 0:41:02 / 2391 |
| 2397     | 5378   | PRZYGODZKI Jakub       | Piorków Tryb.    | POL       | Accelerate              | 80      | M30/944 M / 2113   | 00:56:00  | 05.36      | +0:25:28 | 0:07:37 / 3229 | 0:13:15 / 2987 | 0:28:10 / 2585 | 0:35:38 / 2478 | 0:41:25 / 2476 |
| 2398     | 5892   | DOMŻAŁ Michał          | Otwock           | POL       |                         | 69      | M40/381 M / 2114   | 00:56:01  | 05.36      | +0:25:29 | 0:07:15 / 2745 | 0:13:04 / 2840 | 0:27:55 / 2491 | 0:35:11 / 2342 | 0:41:00 / 2378 |
| 2399     | 5828   | MULARZ Kajetan         | Warszawa         | POL       |                         | 89      | M20/610 M / 2115   | 00:56:01  | 05.36      | +0:25:30 | 0:07:09 / 2581 | 0:12:08 / 2064 | 0:26:37 / 1969 | 0:34:36 / 2163 | 0:40:31 / 2237 |
| 2400     | 2790   | KAPUŚNIAK Witold       | Myszków          | POL       |                         | 80      | M30/945 M / 2116   | 00:56:02  | 05.36      | +0:25:30 | 0:06:13 / 1078 | 0:11:08 / 1111 | 0:25:22 / 1455 | 0:32:55 / 1634 | 0:38:33 / 1717 |
| 2401     | 2671   | GRABOWSKI Tadeusz      | Sochaczew        | POL       |                         | 51      | M60/24 M / 2117    | 00:56:02  | 05.36      | +0:25:30 | 0:06:38 / 1762 | 0:11:53 / 1794 | 0:26:39 / 1988 | 0:34:31 / 2136 | 0:40:24 / 2200 |
| 2402     | 6113   | LEWANDOWSKI Bartłomiej | Mińsk Mazowiecki | POL       | Osźw Mińsk Mazowiecki   | 81      | M30/946 M / 2118   | 00:56:03  | 05.36      | +0:25:31 | 0:07:14 / 2721 | 0:12:58 / 2765 | 0:27:53 / 2478 | 0:35:28 / 2419 | 0:41:20 / 2457 |
| 2403     | 5479   | KUCZYŃSKI Robert       | Józefów          | POL       |                         | 73      | M40/382 M / 2119   | 00:56:03  | 05.36      | +0:25:31 | 0:06:57 / 2286 | 0:12:15 / 2170 | 0:27:16 / 2234 | 0:35:08 / 2328 | 0:40:54 / 2355 |
| 2404     | 5590   | KUCIAK Paweł           | Ząbki            | POL       |                         | 69      | M40/383 M / 2120   | 00:56:03  | 05.36      | +0:25:31 | 0:07:44 / 3359 | 0:13:34 / 3197 | 0:28:29 / 2691 | 0:35:56 / 2567 | 0:41:33 / 2503 |
| 2405     | 3648   | KAMIŃSKI Paweł         | Granica          | POL       |                         | 76      | M30/947 M / 2121   | 00:56:05  | 05.36      | +0:25:33 | 0:07:21 / 2880 | 0:12:50 / 2661 | 0:28:10 / 2586 | 0:35:55 / 2561 | 0:41:34 / 2505 |
| 2406     | 4956   | SKOWROŃ Dariusz        | Warszawa         | POL       |                         | 87      | M20/611 M / 2122   | 00:56:05  | 05.36      | +0:25:33 | 0:06:38 / 1755 | 0:11:52 / 1783 | 0:26:36 / 1968 | 0:34:18 / 2068 | 0:40:04 / 2105 |
| 2407     | 4748   | MAJ Mateusz            | Warszawa         | POL       |                         | 86      | M20/612 M / 2123   | 00:56:05  | 05.36      | +0:25:33 | 0:07:05 / 2512 | 0:12:42 / 2526 | 0:27:51 / 2466 | 0:35:29 / 2425 | 0:41:06 / 2402 |
| 2408     | 446    | PTASZYŃSKI Robert      | Warszawa         | POL       | Straż Miejska           | 75      | M30/948 M / 2124   | 00:56:05  | 05.36      | +0:25:33 | 0:07:31 / 3124 | 0:13:25 / 3108 | 0:28:33 / 2720 | 0:36:12 / 2641 | 0:42:01 / 2617 |
| 2409     | 4574   | ZDUŃCZYK Michał        | Warszawa         | POL       |                         | 79      | M30/949 M / 2125   | 00:56:06  | 05.36      | +0:25:34 | 0:07:04 / 2481 | 0:12:25 / 2306 | 0:27:31 / 2325 | 0:35:03 / 2296 | 0:40:51 / 2343 |
| 2410     | 3748   | BEDNARZ Leszek         | Warszawa         | POL       |                         | 83      | M30/950 M / 2126   | 00:56:06  | 05.36      | +0:25:34 | 0:07:01 / 2408 | 0:12:28 / 2344 | 0:27:30 / 2319 | 0:35:31 / 2442 | 0:41:17 / 2445 |
| 2411     | 5632   | ZIELIŃSKI Krzysztof    | Warszawa         | POL       |                         | 59      | M50/126 M / 2127   | 00:56:06  | 05.36      | +0:25:34 | 0:07:20 / 2853 | 0:13:09 / 2909 | 0:28:00 / 2525 | 0:36:23 / 2690 | 0:41:56 / 2594 |
| 2412     | 6184   | KOCEWIAK Sławomir      | Warszawa         | POL       |                         | 48      | M60/25 M / 2128    | 00:56:08  | 05.36      | +0:25:36 | 0:06:50 / 2119 | 0:12:15 / 2175 | 0:26:48 / 2053 | 0:34:51 / 2235 | 0:40:52 / 2347 |
| 2413     | 2558   | CZUCZWARA Wojciech     | Opole            | POL       |                         | 86      | M20/613 M / 2129   | 00:56:08  | 05.36      | +0:25:36 | 0:07:16 / 2759 | 0:13:00 / 2795 | 0:28:15 / 2627 | 0:36:04 / 2604 | 0:41:50 / 2568 |
| 2414     | 4488   | SOCHA Piotr            | Ząbki            | POL       |                         | 86      | M20/614 M / 2130   | 00:56:09  | 05.36      | +0:25:37 | 0:07:15 / 2746 | 0:12:56 / 2737 | 0:28:22 / 2658 | 0:35:57 / 2571 | 0:41:25 / 2478 |
| 2415     | 4284   | GONTAREK Kuba          | Warszawa         | POL       |                         | 85      | M20/615 M / 2131   | 00:56:09  | 05.36      | +0:25:37 | 0:07:22 / 2922 | 0:13:08 / 2889 | 0:28:14 / 2621 | 0:35:38 / 2479 | 0:41:27 / 2485 |
| 2416     | 5027   | KOSIŃSKI Marek         | Warszawa         | POL       |                         | 77      | M30/951 M / 2132   | 00:56:09  | 05.36      | +0:25:37 | 0:06:37 / 1744 | 0:11:52 / 1787 | 0:26:50 / 2061 | 0:34:45 / 2210 | 0:40:43 / 2303 |
| 2417     | 3912   | CZAYKA Krystian        | Warszawa         | POL       |                         | 82      | M30/952 M / 2133   | 00:56:09  | 05.36      | +0:25:37 | 0:06:48 / 2070 | 0:12:21 / 2264 | 0:27:01 / 2128 | 0:34:38 / 2176 | 0:40:24 / 2199 |
| 2418     | 3728   | DUBEK Mateusz          | Warszawa         | POL       |                         | 85      | M20/616 M / 2134   | 00:56:09  | 05.36      | +0:25:38 | 0:06:05 / 892  | 0:11:12 / 1179 | 0:26:22 / 1874 | 0:34:23 / 2086 | 0:40:13 / 2142 |
| 2419     | 5427   | KOSOWSKI Marcin        | Grodzisk         | POL       | Biegam Dla Ani          | 79      | M30/953 M / 2135   | 00:56:10  | 05.37      | +0:25:38 | 0:06:36 / 1706 | 0:11:35 / 1515 | 0:26:44 / 2019 | 0:35:05 / 2304 | 0:40:49 / 2333 |
| 2420     | 3099   | NIEWIADOMSKI Piotr     | Warszawa         | POL       | Pwc Running Team        | 85      | M20/617 M / 2136   | 00:56:11  | 05.37      | +0:25:39 | 0:07:17 / 2794 | 0:12:26 / 2315 | 0:27:32 / 2329 | 0:35:25 / 2401 | 0:40:58 / 2366 |
| 2421     | 4686   | LITWINIUK Małgorzata   | Warszawa         | POL       |                         | 86      | K20/113 K / 285    | 00:56:11  | 05.37      | +0:25:39 | 0:07:01 / 2421 | 0:12:13 / 2138 | 0:27:01 / 2131 | 0:34:58 / 2268 | 0:40:42 / 2298 |
| 2422     | 2857   | KORZENIOWSKI Michał    | Siedlce          | POL       | Yulo Run Team Siedlce   | 80      | M30/954 M / 2137   | 00:56:11  | 05.37      | +0:25:39 | 0:07:22 / 2917 | 0:13:12 / 2938 | 0:27:39 / 2384 | 0:35:25 / 2403 | 0:41:05 / 2399 |
| 2423     | 2769   | JÓŹWIAK Krzysztof      | Siedlce          | POL       |                         | 77      | M30/955 M / 2138   | 00:56:11  | 05.37      | +0:25:39 | 0:07:22 / 2916 | 0:12:59 / 2781 | 0:27:39 / 2383 | 0:35:27 / 2411 | 0:41:19 / 2454 |
| 2424     | 6626   | GOGOWSKI Grzegorz      | Warszawa         | POL       |                         | 87      | M20/618 M / 2139   | 00:56:12  | 05.37      | +0:25:40 | 0:07:06 / 2523 | 0:12:43 / 2550 | 0:27:54 / 2485 | 0:35:26 / 2408 | 0:41:23 / 2468 |
| 2425     | 6575   | ABRAMSKA Agata         | Warszawa         | POL       |                         | 84      | K20/114 K / 286    | 00:56:13  | 05.37      | +0:25:41 | 0:07:20 / 2862 | 0:13:00 / 2792 | 0:28:17 / 2640 | 0:35:53 / 2551 | 0:41:30 / 2497 |
| 2426     | 6662   | BARTOSIAK Paulina      | Warszawa         | POL       |                         | 94      | K20/115 K / 287    | 00:56:13  | 05.37      | +0:25:41 | 0:07:12 / 2658 | 0:12:24 / 2291 | 0:27:23 / 2281 | 0:35:25 / 2402 | 0:41:05 / 2398 |
| 2427     | 52     | BOGACKI Daniel         |                  | POL       | Asics Polska            | 84      | M20/619 M / 2140   | 00:56:13  | 05.37      | +0:25:41 | 0:07:21 / 2878 | 0:12:44 / 2565 | 0:28:29 / 2693 | 0:36:23 / 2692 | 0:41:57 / 2598 |
| 2428     | 3905   | ŚLIWAK Magdalena       | Piaseczno        | POL       |                         | 83      | K30/130 K / 288    | 00:56:13  | 05.37      | +0:25:41 | 0:07:06 / 2526 | 0:12:42 / 2525 | 0:27:43 / 2409 | 0:35:25 / 2400 | 0:41:17 / 2444 |
| 2429     | 4797   | SENATOR Michał         | Warszawa         | POL       | Benefit                 | 81      | M30/956 M / 2141   | 00:56:14  | 05.37      | +0:25:42 | 0:06:57 / 2287 | 0:12:31 / 2385 | 0:27:51 / 2465 | 0:35:31 / 2438 | 0:41:12 / 2419 |
| 2430     | 474    | ZADROŻNY Stanisław     | Garwolin         | POL       |                         | 41      | M70/5 M / 2142     | 00:56:14  | 05.37      | +0:25:42 | 0:07:00 / 2394 | 0:12:30 / 2371 | 0:27:33 / 2337 | 0:35:23 / 2397 | 0:41:06 / 2405 |
| 2431     | 6677   | WOŚ Mirosław           | Warszawa         | POL       |                         | 61      | M50/127 M / 2143   | 00:56:14  | 05.37      | +0:25:42 | 0:07:14 / 2719 | 0:12:49 / 2649 | 0:27:47 / 2435 | 0:35:04 / 2300 | 0:40:31 / 2239 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2432     | 6810   | BIENIAS Grzegorz        | Warszawa         | POL       | Pzu Sport Team          | 82      | M30/957 M / 2144   | 00:56:14  | 05.37      | +0:25:42 | 0:07:24 / 2959 | 0:13:13 / 2959 | 0:28:47 / 2803 | 0:36:30 / 2722 | 0:41:55 / 2590 |
| 2433     | 6124   | ZIELIŃSKI Maciej        | Warszawa         | POL       | Biegam Na Tarchominie   | 84      | M20/620 M / 2145   | 00:56:15  | 05.37      | +0:25:43 | 0:06:07 / 935  | 0:11:18 / 1271 | 0:25:53 / 1676 | 0:33:49 / 1917 | 0:39:58 / 2079 |
| 2434     | 2529   | CHYŁKOWSKI Marcin       | Michalowice      | POL       |                         | 76      | M30/958 M / 2146   | 00:56:15  | 05.37      | +0:25:43 | 0:07:11 / 2646 | 0:12:46 / 2600 | 0:27:55 / 2488 | 0:35:41 / 2489 | 0:41:21 / 2463 |
| 2435     | 62     | BODNAR Marcin           |                  | POL       |                         | 67      | M40/384 M / 2147   | 00:56:15  | 05.37      | +0:25:43 | 0:06:43 / 1913 | 0:11:57 / 1869 | 0:26:27 / 1907 | 0:34:17 / 2061 | 0:40:14 / 2148 |
| 2436     | 6870   | NOWIŃSKI Paweł          | Warszawa         | POL       |                         | 72      | M40/385 M / 2148   | 00:56:15  | 05.37      | +0:25:43 | 0:06:42 / 1874 | 0:12:04 / 1988 | 0:26:29 / 1920 | 0:34:29 / 2127 | 0:40:25 / 2202 |
| 2437     | 2426   | BAKOWSKI Włodzimierz    | Warszawa         | POL       |                         | 58      | M50/128 M / 2149   | 00:56:17  | 05.37      | +0:25:45 | 0:06:32 / 1605 | 0:11:59 / 1899 | 0:27:23 / 2282 | 0:35:28 / 2418 | 0:41:24 / 2473 |
| 2438     | 4506   | MALSKI-BRODZICKI Maciej | Warszawa         | POL       |                         | 80      | M30/959 M / 2150   | 00:56:17  | 05.37      | +0:25:45 | 0:07:09 / 2589 | 0:12:36 / 2461 | 0:27:40 / 2397 | 0:35:23 / 2396 | 0:41:01 / 2388 |
| 2439     | 5004   | KOŚCIUCZUK Artur        | Łomża            | POL       |                         | 93      | M20/621 M / 2151   | 00:56:17  | 05.37      | +0:25:45 | 0:06:14 / 1098 | 0:11:20 / 1300 | 0:26:15 / 1834 | 0:33:51 / 1932 | 0:39:37 / 1998 |
| 2440     | 6890   | WIŚNIEWSKI Piotr        | Radzików         | POL       |                         | 73      | M40/386 M / 2152   | 00:56:17  | 05.37      | +0:25:45 | 0:07:13 / 2691 | 0:12:50 / 2665 | 0:27:21 / 2263 | 0:34:49 / 2226 | 0:40:38 / 2281 |
| 2441     | 2528   | CHYŁKOWSKA Dorota       | Michalowice      | POL       |                         | 73      | K40/36 K / 289     | 00:56:17  | 05.37      | +0:25:45 | 0:07:14 / 2708 | 0:12:49 / 2637 | 0:27:59 / 2518 | 0:35:44 / 2504 | 0:41:25 / 2475 |
| 2442     | 6945   | NIEWIADOMSKI Zdzisław   | Warszawa         | POL       |                         | 49      | M60/26 M / 2153    | 00:56:18  | 05.37      | +0:25:46 | 0:06:41 / 1850 | 0:12:17 / 2196 | 0:27:22 / 2274 | 0:34:58 / 2270 | 0:40:52 / 2345 |
| 2443     | 6341   | TRZOS-BŁĄDEK Elżbieta   | Bobrowiec        | POL       | Geo Running Team        | 67      | K40/37 K / 290     | 00:56:18  | 05.37      | +0:25:46 | 0:06:54 / 2215 | 0:12:24 / 2295 | 0:27:58 / 2511 | 0:35:51 / 2539 | 0:41:42 / 2541 |
| 2444     | 6986   | POSS Mateusz            | Warszawa         | POL       |                         | 98      | M20/622 M / 2154   | 00:56:19  | 05.37      | +0:25:47 | 0:06:23 / 1355 | 0:11:25 / 1375 | 0:25:38 / 1580 | 0:33:51 / 1934 | 0:39:59 / 2084 |
| 2445     | 6427   | SEKLECKI Bartosz        | Warszawa         | POL       |                         | 87      | M20/623 M / 2155   | 00:56:19  | 05.37      | +0:25:47 | 0:07:01 / 2411 | 0:12:40 / 2507 | 0:27:56 / 2500 | 0:35:39 / 2481 | 0:41:24 / 2474 |
| 2446     | 5175   | GRECZKA Magdalena       | Mielec           | POL       | Raiffeisen Polbank      | 85      | K20/116 K / 291    | 00:56:19  | 05.37      | +0:25:47 | 0:07:40 / 3268 | 0:13:38 / 3235 | 0:29:13 / 2947 | 0:36:45 / 2799 | 0:42:14 / 2663 |
| 2447     | 262    | RYCEK Piotr             | Lublin           | POL       | Pko                     | 80      | M30/960 M / 2156   | 00:56:19  | 05.37      | +0:25:47 | 0:06:28 / 1487 | 0:11:54 / 1821 | 0:26:55 / 2095 | 0:34:50 / 2229 | 0:40:46 / 2315 |
| 2448     | 6801   | SZYMAŃSKI Grzegorz      | Warszawa         | POL       |                         | 80      | M30/961 M / 2157   | 00:56:20  | 05.38      | +0:25:48 | 0:06:54 / 2224 | 0:12:29 / 2365 | 0:27:36 / 2362 | 0:35:29 / 2431 | 0:41:13 / 2424 |
| 2449     | 4134   | KIN Paweł               | Warszawa         | POL       |                         | 74      | M30/962 M / 2158   | 00:56:20  | 05.38      | +0:25:48 | 0:07:30 / 3083 | 0:13:15 / 2984 | 0:28:52 / 2822 | 0:36:26 / 2707 | 0:42:15 / 2669 |
| 2450     | 3771   | BŁAŻIŃSKI Paweł         | Mława            | POL       |                         | 96      | M20/624 M / 2159   | 00:56:20  | 05.38      | +0:25:48 | 0:07:51 / 3489 | 0:13:46 / 3319 | 0:29:37 / 3085 | 0:37:03 / 2873 | 0:42:46 / 2806 |
| 2451     | 3087   | NALEWAJK Grzegorz       | Kadzidło         | POL       | Gn Fotografia           | 83      | M30/963 M / 2160   | 00:56:21  | 05.38      | +0:25:49 | 0:06:37 / 1731 | 0:11:58 / 1886 | 0:26:59 / 2116 | 0:34:57 / 2267 | 0:40:49 / 2332 |
| 2452     | 4373   | KACPRZAK Michał         | Sochaczew        | POL       | Dragon Fc Sochaczew     | 88      | M20/625 M / 2161   | 00:56:21  | 05.38      | +0:25:49 | 0:06:16 / 1176 | 0:11:33 / 1480 | 0:26:51 / 2066 | 0:34:47 / 2220 | 0:40:28 / 2220 |
| 2453     | 5851   | WENDA Łukasz            | Bydgoszcz        | POL       | Bydgoszcz               | 74      | M30/964 M / 2162   | 00:56:22  | 05.38      | +0:25:50 | 0:06:22 / 1337 | 0:11:13 / 1196 | 0:25:10 / 1364 | 0:33:13 / 1736 | 0:39:23 / 1936 |
| 2454     | 5009   | PĘKUL Monika            | Brańszczyk       | POL       |                         | 88      | K20/117 K / 292    | 00:56:22  | 05.38      | +0:25:50 | 0:06:23 / 1343 | 0:11:41 / 1609 | 0:26:58 / 2115 | 0:35:16 / 2371 | 0:41:28 / 2489 |
| 2455     | 5744   | OLESIŃSKI Remigiusz     | Warszawa         | POL       |                         | 58      | M50/129 M / 2163   | 00:56:22  | 05.38      | +0:25:50 | 0:07:33 / 3150 | 0:13:28 / 3141 | 0:28:57 / 2848 | 0:36:32 / 2732 | 0:42:18 / 2682 |
| 2456     | 5454   | FLONT Anna              | Garwolin         | POL       |                         | 65      | K40/38 K / 293     | 00:56:22  | 05.38      | +0:25:50 | 0:07:25 / 2981 | 0:13:12 / 2939 | 0:28:10 / 2582 | 0:35:50 / 2538 | 0:41:39 / 2530 |
| 2457     | 5123   | NOWAK Anna              | Warszawa         | POL       |                         | 76      | K30/131 K / 294    | 00:56:23  | 05.38      | +0:25:51 | 0:07:08 / 2566 | 0:12:29 / 2358 | 0:27:25 / 2287 | 0:35:03 / 2295 | 0:40:44 / 2305 |
| 2458     | 4293   | HERMANOWSKI Ryszard     | Warszawa         | POL       |                         | 72      | M40/387 M / 2164   | 00:56:23  | 05.38      | +0:25:51 | 0:06:38 / 1753 | 0:11:53 / 1808 | 0:26:14 / 1826 | 0:33:54 / 1948 | 0:39:55 / 2066 |
| 2459     | 4563   | BIERNACKI Marcin        | Warszawa         | POL       | Raiffeisen Polbank      | 83      | M30/965 M / 2165   | 00:56:23  | 05.38      | +0:25:51 | 0:07:36 / 3212 | 0:13:23 / 3085 | 0:28:53 / 2829 | 0:37:07 / 2893 | 0:42:38 / 2769 |
| 2460     | 6061   | GÓRNIAK Krzysztof       | Warszawa         | POL       |                         | 77      | M30/966 M / 2166   | 00:56:23  | 05.38      | +0:25:51 | 0:06:59 / 2344 | 0:12:27 / 2329 | 0:27:09 / 2180 | 0:35:07 / 2324 | 0:41:03 / 2395 |
| 2461     | 6270   | BUCIOR Tymoteusz        | Warszawa         | POL       |                         | 87      | M20/626 M / 2167   | 00:56:23  | 05.38      | +0:25:51 | 0:06:24 / 1399 | 0:11:41 / 1608 | 0:26:31 / 1936 | 0:34:37 / 2169 | 0:40:26 / 2208 |
| 2462     | 4456   | BRZOSKI Cezary          | Falenty          | POL       | Kilometrami.pl          | 67      | M40/388 M / 2168   | 00:56:24  | 05.38      | +0:25:52 | 0:05:35 / 382  | 0:11:20 / 1311 | 0:26:39 / 1987 | 0:35:05 / 2303 | 0:41:02 / 2393 |
| 2463     | 4946   | GÓRNICI Marek           | Legionowo        | POL       |                         | 55      | M50/130 M / 2169   | 00:56:25  | 05.38      | +0:25:53 | 0:07:14 / 2722 | 0:12:46 / 2593 | 0:27:57 / 2508 | 0:35:38 / 2477 | 0:41:15 / 2438 |
| 2464     | 4565   | MARCINIAK Bartosz       | Warszawa         | POL       |                         | 75      | M30/967 M / 2170   | 00:56:25  | 05.38      | +0:25:53 | 0:06:59 / 2361 | 0:12:38 / 2482 | 0:28:00 / 2526 | 0:35:48 / 2525 | 0:41:39 / 2525 |
| 2465     | 86     | SALAĆIŃSKI Arkadiusz    | Warszawa         | POL       |                         | 69      | M40/389 M / 2171   | 00:56:26  | 05.38      | +0:25:54 | 0:06:56 / 2268 | 0:12:30 / 2370 | 0:27:43 / 2411 | 0:35:27 / 2414 | 0:41:03 / 2394 |
| 2466     | 4845   | GIERS Konrad            | Warszawa         | POL       |                         | 79      | M30/968 M / 2172   | 00:56:26  | 05.38      | +0:25:54 | 0:06:51 / 2158 | 0:12:16 / 2178 | 0:27:49 / 2457 | 0:36:08 / 2619 | 0:41:51 / 2575 |
| 2467     | 331    | CELMER Katarzyna        | Pruszków         | POL       | Pko                     | 82      | K30/132 K / 295    | 00:56:26  | 05.38      | +0:25:54 | 0:06:24 / 1403 | 0:11:36 / 1541 | 0:26:16 / 1839 | 0:34:07 / 2019 | 0:40:12 / 2139 |
| 2468     | 3856   | ROJECKA Alicja          | Radom            | POL       |                         | 75      | K30/133 K / 296    | 00:56:27  | 05.38      | +0:25:55 | 0:07:09 / 2594 | 0:12:54 / 2713 | 0:28:20 / 2651 | 0:36:09 / 2629 | 0:41:54 / 2587 |
| 2469     | 473    | SUŁKOWSKI Michał        | Warszawa         | POL       | Cross                   | 90      | M20/627 M / 2173   | 00:56:27  | 05.38      | +0:25:55 | 0:06:13 / 1094 | 0:11:26 / 1390 | 0:26:06 / 1765 | 0:34:11 / 2031 | 0:40:12 / 2136 |
| 2470     | 3792   | SIUDEK Mariusz          | Toruń            | POL       | Axel Toruń              | 72      | M40/390 M / 2174   | 00:56:28  | 05.38      | +0:25:56 | 0:06:34 / 1671 | 0:11:42 / 1625 | 0:26:05 / 1756 | 0:33:59 / 1971 | 0:40:08 / 2116 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club         | R-k YoB    | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|---------------------------------|------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2471     | 5343   | JAROSZ Grzegorz      | Warszawa         | POL       |                                 | 73 M40/391 | M / 2175           | 00:56:28  | 05.38      | +0:25:56 | 0:07:29 / 3072 | 0:13:12 / 2941 | 0:28:39 / 2752 | 0:36:34 / 2748 | 0:42:04 / 2632 |
| 2472     | 3397   | SUDOL Łukasz         | Stalowa Wola     | POL       | Triclub                         | 87 M20/628 | M / 2176           | 00:56:28  | 05.38      | +0:25:56 | 0:06:50 / 2111 | 0:12:12 / 2131 | 0:27:00 / 2125 | 0:34:48 / 2224 | 0:40:35 / 2264 |
| 2473     | 3879   | SUPERA Krzysztof     | Warszawa         | POL       |                                 | 79 M30/969 | M / 2177           | 00:56:28  | 05.38      | +0:25:56 | 0:06:54 / 2234 | 0:12:24 / 2296 | 0:27:56 / 2505 | 0:35:55 / 2557 | 0:41:36 / 2515 |
| 2474     | 6905   | SZON Paweł           | Warszawa         | POL       |                                 | 84 M20/629 | M / 2178           | 00:56:29  | 05.38      | +0:25:57 | 0:07:16 / 2784 | 0:12:48 / 2624 | 0:28:11 / 2597 | 0:36:01 / 2586 | 0:41:44 / 2547 |
| 2475     | 5494   | GEROMIN Maciej       | Kraków           | POL       | Adwokaci                        | 88 M20/630 | M / 2179           | 00:56:29  | 05.38      | +0:25:57 | 0:07:18 / 2818 | 0:12:54 / 2704 | 0:27:11 / 2190 | 0:35:19 / 2381 | 0:41:01 / 2384 |
| 2476     | 4661   | WALACIK Beata        | Osowiec          | POL       |                                 | 79 K30/134 | K / 297            | 00:56:29  | 05.38      | +0:25:57 | 0:07:08 / 2579 | 0:12:51 / 2667 | 0:28:01 / 2536 | 0:36:01 / 2588 | 0:41:46 / 2558 |
| 2477     | 2396   | ANDURA Katarzyna     | Sandomierz       | POL       |                                 | 97 K20/118 | K / 298            | 00:56:29  | 05.38      | +0:25:57 | 0:07:10 / 2608 | 0:12:43 / 2547 | 0:27:48 / 2449 | 0:35:28 / 2422 | 0:41:18 / 2453 |
| 2478     | 6814   | GADOMSKA Anna        | Warszawa         | POL       | Pzu Sport Team                  | 81 K30/135 | K / 299            | 00:56:29  | 05.38      | +0:25:58 | 0:06:52 / 2189 | 0:12:20 / 2250 | 0:28:12 / 2600 | 0:36:02 / 2591 | 0:41:41 / 2535 |
| 2479     | 5305   | MIZERA Michał        | Warszawa         | POL       |                                 | 88 M20/631 | M / 2180           | 00:56:30  | 05.39      | +0:25:58 | 0:06:35 / 1683 | 0:12:14 / 2153 | 0:27:26 / 2292 | 0:35:10 / 2339 | 0:41:14 / 2432 |
| 2480     | 5866   | SULICH Agnieszka     | Warszawa         | POL       |                                 | 76 K30/136 | K / 300            | 00:56:30  | 05.39      | +0:25:58 | 0:07:45 / 3370 | 0:13:37 / 3229 | 0:29:03 / 2887 | 0:36:37 / 2756 | 0:42:06 / 2640 |
| 2481     | 6683   | WOJCIESZAK Zbigniew  | Warszawa         | POL       |                                 | 53 M60/27  | M / 2181           | 00:56:31  | 05.39      | +0:25:59 | 0:07:07 / 2554 | 0:12:44 / 2560 | 0:27:39 / 2389 | 0:35:31 / 2439 | 0:41:14 / 2436 |
| 2482     | 3482   | TOMICZEK Jakub       | Warszawa         | POL       |                                 | 83 M30/970 | M / 2182           | 00:56:31  | 05.39      | +0:25:59 | 0:07:29 / 3068 | 0:13:26 / 3130 | 0:29:13 / 2948 | 0:36:57 / 2855 | 0:42:31 / 2742 |
| 2483     | 5161   | SERZYSKO Marcin      | Warszawa         | POL       |                                 | 76 M30/971 | M / 2183           | 00:56:32  | 05.39      | +0:26:00 | 0:07:34 / 3175 | 0:13:13 / 2958 | 0:28:32 / 2707 | 0:36:08 / 2618 | 0:41:45 / 2554 |
| 2484     | 2577   | DENYSIUK Piotr       | Lublin           | POL       |                                 | 90 M20/632 | M / 2184           | 00:56:32  | 05.39      | +0:26:01 | 0:06:28 / 1484 | 0:11:52 / 1790 | 0:27:06 / 2158 | 0:35:06 / 2316 | 0:41:07 / 2409 |
| 2485     | 5056   | GIZA Dorota          | Lublin           | POL       |                                 | 88 K20/119 | K / 301            | 00:56:33  | 05.39      | +0:26:01 | 0:07:16 / 2758 | 0:12:54 / 2709 | 0:27:53 / 2476 | 0:35:35 / 2462 | 0:41:15 / 2442 |
| 2486     | 4396   | DZIURBIEJKO Julia    | Warszawa         | POL       | Wzuj Gdy Dżdzu                  | 79 K30/137 | K / 302            | 00:56:33  | 05.39      | +0:26:01 | 0:06:37 / 1736 | 0:11:51 / 1763 | 0:26:52 / 2074 | 0:34:52 / 2243 | 0:40:53 / 2349 |
| 2487     | 6937   | LADEFOGED Keld       | Aarhus           | POL       |                                 | 49 M60/28  | M / 2185           | 00:56:33  | 05.39      | +0:26:02 | 0:07:02 / 2446 | 0:12:29 / 2359 | 0:27:34 / 2342 | 0:35:32 / 2450 | 0:41:25 / 2479 |
| 2488     | 3686   | SOLAREK Tomasz       | Żabieniec        | POL       |                                 | 78 M30/972 | M / 2186           | 00:56:34  | 05.39      | +0:26:02 | 0:07:25 / 2974 | 0:13:15 / 2976 | 0:28:23 / 2664 | 0:36:01 / 2587 | 0:41:40 / 2534 |
| 2489     | 6014   | HOFFMAN Urszula      | Pionki           | POL       |                                 | 87 K20/120 | K / 303            | 00:56:34  | 05.39      | +0:26:02 | 0:07:24 / 2947 | 0:13:22 / 3072 | 0:28:54 / 2834 | 0:36:42 / 2787 | 0:42:21 / 2691 |
| 2490     | 3945   | BLAUT Urszula        | Kielce           | POL       | Kielce                          | 74 K30/138 | K / 304            | 00:56:35  | 05.39      | +0:26:03 | 0:07:06 / 2539 | 0:12:39 / 2493 | 0:27:47 / 2436 | 0:35:42 / 2496 | 0:41:22 / 2465 |
| 2491     | 4699   | SZUL Robert          | Warszawa         | POL       | Bieleński Klub Karate Kyokushin | 83 M30/973 | M / 2187           | 00:56:35  | 05.39      | +0:26:03 | 0:07:05 / 2502 | 0:12:17 / 2202 | 0:27:20 / 2261 | 0:35:11 / 2343 | 0:41:08 / 2411 |
| 2492     | 4766   | KALICIECKI Artur     | Warszawa         | POL       | Bemowo Team                     | 94 M20/633 | M / 2188           | 00:56:35  | 05.39      | +0:26:03 | 0:06:25 / 1431 | 0:11:32 / 1466 | 0:25:53 / 1674 | 0:33:51 / 1933 | 0:40:33 / 2248 |
| 2493     | 6015   | HOFFMAN Katarzyna    | Pionki           | POL       |                                 | 74 K30/139 | K / 305            | 00:56:36  | 05.39      | +0:26:04 | 0:07:24 / 2937 | 0:13:25 / 3105 | 0:28:55 / 2835 | 0:36:42 / 2789 | 0:42:21 / 2695 |
| 2494     | 5798   | RUPIEWICZ Jarosław   | Warszawa         | POL       | Kb Castellanus                  | 80 M30/974 | M / 2189           | 00:56:36  | 05.39      | +0:26:04 | 0:08:12 / 3737 | 0:14:19 / 3607 | 0:29:13 / 2945 | 0:36:49 / 2818 | 0:42:18 / 2683 |
| 2495     | 4537   | SZUBA Mariusz        | Warszawa         | POL       |                                 | 69 M40/392 | M / 2190           | 00:56:36  | 05.39      | +0:26:04 | 0:07:10 / 2622 | 0:12:51 / 2666 | 0:28:04 / 2551 | 0:35:47 / 2517 | 0:41:45 / 2555 |
| 2496     | 2841   | KOMOŃ Marta          | Warszawa         | POL       |                                 | 84 K20/121 | K / 306            | 00:56:36  | 05.39      | +0:26:04 | 0:07:13 / 2676 | 0:12:56 / 2742 | 0:28:03 / 2546 | 0:35:36 / 2468 | 0:41:20 / 2458 |
| 2497     | 2405   | BANACH Monika        | Warszawa         | POL       |                                 | 75 K30/140 | K / 307            | 00:56:36  | 05.39      | +0:26:04 | 0:07:01 / 2413 | 0:12:19 / 2230 | 0:27:38 / 2378 | 0:35:24 / 2399 | 0:41:01 / 2389 |
| 2498     | 6330   | SMUK Mariusz         | Warszawa         | POL       |                                 | 82 M30/975 | M / 2191           | 00:56:38  | 05.39      | +0:26:06 | 0:07:50 / 3466 | 0:13:51 / 3371 | 0:29:27 / 3012 | 0:36:57 / 2845 | 0:42:28 / 2728 |
| 2499     | 5669   | POŚNIK Michał        | Warszawa         | POL       | Fitback.pl                      | 86 M20/634 | M / 2192           | 00:56:39  | 05.39      | +0:26:07 | 0:07:27 / 3011 | 0:12:50 / 2652 | 0:28:02 / 2539 | 0:35:54 / 2556 | 0:41:33 / 2502 |
| 2500     | 6854   | KAJAK Michał         | Warszawa         | POL       |                                 | 86 M20/635 | M / 2193           | 00:56:39  | 05.39      | +0:26:07 | 0:07:26 / 2992 | 0:12:43 / 2551 | 0:28:18 / 2642 | 0:36:07 / 2617 | 0:41:39 / 2527 |
| 2501     | 3439   | SZTOKINIER Leszek    | Warszawa         | POL       |                                 | 77 M30/976 | M / 2194           | 00:56:40  | 05.40      | +0:26:08 | 0:07:15 / 2757 | 0:12:32 / 2396 | 0:27:28 / 2300 | 0:35:14 / 2358 | 0:40:55 / 2358 |
| 2502     | 3800   | SŁOŃSKI Piotr        | Warszawa         | POL       | Drukarnia Ellert                | 86 M20/636 | M / 2195           | 00:56:40  | 05.40      | +0:26:08 | 0:06:52 / 2167 | 0:12:15 / 2173 | 0:27:35 / 2355 | 0:35:41 / 2486 | 0:41:31 / 2498 |
| 2503     | 5968   | NOWAK Marcin         | Belchatów        | POL       |                                 | 87 M20/637 | M / 2196           | 00:56:40  | 05.40      | +0:26:08 | 0:07:04 / 2489 | 0:12:43 / 2539 | 0:27:19 / 2254 | 0:34:59 / 2274 | 0:41:01 / 2382 |
| 2504     | 6770   | RĘKAWEK Sebastian    | Komorów          | POL       |                                 | 77 M30/977 | M / 2197           | 00:56:41  | 05.40      | +0:26:09 | 0:06:54 / 2221 | 0:12:28 / 2348 | 0:27:45 / 2430 | 0:35:31 / 2437 | 0:41:21 / 2460 |
| 2505     | 5766   | DROZD Andrzej        | Warszawa         | POL       |                                 | 83 M30/978 | M / 2198           | 00:56:41  | 05.40      | +0:26:09 | 0:07:50 / 3462 | 0:13:37 / 3224 | 0:29:20 / 2970 | 0:37:01 / 2862 | 0:42:38 / 2768 |
| 2506     | 400    | ŻÓŁKOWSKA Marlena    | Warszawa         | POL       |                                 | 80 K30/141 | K / 308            | 00:56:41  | 05.40      | +0:26:09 | 0:07:22 / 2904 | 0:12:48 / 2617 | 0:27:52 / 2472 | 0:35:48 / 2522 | 0:41:19 / 2456 |
| 2507     | 5150   | WIECZOREK Izabela    | Warszawa         | POL       |                                 | 69 K40/39  | K / 309            | 00:56:41  | 05.40      | +0:26:09 | 0:07:14 / 2709 | 0:12:54 / 2708 | 0:28:16 / 2628 | 0:36:04 / 2599 | 0:41:45 / 2553 |
| 2508     | 6539   | NOWETA Piotr         | Warszawa         | POL       |                                 | 73 M40/393 | M / 2199           | 00:56:41  | 05.40      | +0:26:10 | 0:06:38 / 1777 | 0:11:53 / 1805 | 0:27:03 / 2142 | 0:35:14 / 2362 | 0:41:06 / 2403 |
| 2509     | 2761   | JĘDRZEJCZAK Dariusz  | Włocławek        | POL       |                                 | 61 M50/131 | M / 2200           | 00:56:43  | 05.40      | +0:26:12 | 0:07:25 / 2982 | 0:13:06 / 2859 | 0:28:11 / 2594 | 0:35:52 / 2542 | 0:41:29 / 2491 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club           | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|-----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2510     | 5117   | JĘDRYS Mariusz        | Kielce           | POL       |                                   | 77      | M30/979 M / 2201   | 00:56:43  | 05.40      | +0:26:12 | 0:07:13 / 2682 | 0:12:43 / 2544 | 0:27:39 / 2382 | 0:35:26 / 2404 | 0:41:15 / 2441 |
| 2511     | 5290   | GIDIAN-CHERIF Maja    | Warszawa         | POL       | Adwokaci                          | 84      | K20/122 K / 310    | 00:56:43  | 05.40      | +0:26:12 | 0:07:16 / 2764 | 0:12:51 / 2670 | 0:28:03 / 2549 | 0:35:42 / 2499 | 0:41:29 / 2492 |
| 2512     | 2812   | KIRAGA Mirosław       | Pionki           | POL       |                                   | 56      | M50/132 M / 2202   | 00:56:45  | 05.40      | +0:26:13 | 0:07:02 / 2439 | 0:12:39 / 2498 | 0:27:48 / 2444 | 0:35:49 / 2529 | 0:41:45 / 2552 |
| 2513     | 3797   | REMBECKI Jarosław     | Warszawa         | POL       | Drukarnia Ellert                  | 83      | M30/980 M / 2203   | 00:56:45  | 05.40      | +0:26:13 | 0:06:50 / 2127 | 0:12:18 / 2217 | 0:27:50 / 2458 | 0:35:45 / 2510 | 0:41:35 / 2511 |
| 2514     | 5184   | KOKOT Marta           | Warszawa         | POL       |                                   | 81      | K30/142 K / 311    | 00:56:45  | 05.40      | +0:26:13 | 0:06:34 / 1665 | 0:12:05 / 2001 | 0:27:34 / 2347 | 0:35:41 / 2491 | 0:41:44 / 2550 |
| 2515     | 3511   | WALENDZIK Sławomir    | Skierniewice     | POL       |                                   | 65      | M40/394 M / 2204   | 00:56:47  | 05.40      | +0:26:15 | 0:07:23 / 2926 | 0:13:06 / 2860 | 0:28:24 / 2668 | 0:36:10 / 2635 | 0:41:56 / 2595 |
| 2516     | 3382   | STĘPCZYŃSKI Jerzy     | Ostrów           | POL       | -                                 | 47      | M60/29 M / 2205    | 00:56:48  | 05.40      | +0:26:16 | 0:07:12 / 2664 | 0:12:36 / 2458 | 0:27:37 / 2369 | 0:35:33 / 2454 | 0:41:18 / 2448 |
| 2517     | 5389   | SKOMOROWSKI Kamil     | Warszawa         | POL       |                                   | 83      | M30/981 M / 2206   | 00:56:48  | 05.40      | +0:26:16 | 0:06:50 / 2124 | 0:11:52 / 1780 | 0:26:42 / 2008 | 0:34:53 / 2249 | 0:40:51 / 2340 |
| 2518     | 2998   | MAJCHER Paweł         | Warszawa         | POL       |                                   | 75      | M30/982 M / 2207   | 00:56:48  | 05.40      | +0:26:16 | 0:06:46 / 2003 | 0:12:30 / 2377 | 0:28:19 / 2647 | 0:36:33 / 2740 | 0:42:08 / 2645 |
| 2519     | 6418   | SAMEREK Paweł         | Warszawa         | POL       | Esmedia                           | 77      | M30/983 M / 2208   | 00:56:48  | 05.40      | +0:26:16 | 0:07:09 / 2599 | 0:12:39 / 2502 | 0:28:03 / 2547 | 0:35:49 / 2530 | 0:41:31 / 2500 |
| 2520     | 5662   | KRUK Michał           | Warszawa         | POL       |                                   | 96      | M20/638 M / 2209   | 00:56:49  | 05.40      | +0:26:17 | 0:07:48 / 3432 | 0:13:42 / 3275 | 0:28:34 / 2726 | 0:36:14 / 2650 | 0:41:55 / 2591 |
| 2521     | 5938   | GRZEŚKOWIAK Kamil     | Warszawa         | POL       |                                   | 84      | M20/639 M / 2210   | 00:56:50  | 05.41      | +0:26:18 | 0:07:56 / 3557 | 0:13:56 / 3428 | 0:29:40 / 3099 | 0:37:19 / 2949 | 0:42:54 / 2834 |
| 2522     | 4318   | KADŁUBSKI Piotr       | Koło             | POL       |                                   | 88      | M20/640 M / 2211   | 00:56:50  | 05.41      | +0:26:18 | 0:07:10 / 2617 | 0:12:44 / 2561 | 0:27:55 / 2494 | 0:35:55 / 2563 | 0:41:50 / 2569 |
| 2523     | 3245   | PYRGIEL Piotr         | Pionki           | POL       | Kpb_pionki                        | 89      | M20/641 M / 2212   | 00:56:51  | 05.41      | +0:26:19 | 0:07:00 / 2375 | 0:12:47 / 2605 | 0:27:54 / 2479 | 0:35:43 / 2503 | 0:41:39 / 2528 |
| 2524     | 4189   | TRUSZKOWSKA Marta     | Warszawa         | POL       |                                   | 85      | K20/123 K / 312    | 00:56:51  | 05.41      | +0:26:19 | 0:07:32 / 3145 | 0:13:21 / 3062 | 0:28:12 / 2604 | 0:35:46 / 2513 | 0:41:51 / 2570 |
| 2525     | 5780   | ADAMCZYK Paweł        | Warszawa         | POL       | Keep On Running                   | 87      | M20/642 M / 2213   | 00:56:51  | 05.41      | +0:26:19 | 0:07:37 / 3216 | 0:13:31 / 3169 | 0:28:37 / 2745 | 0:36:33 / 2734 | 0:42:27 / 2725 |
| 2526     | 6321   | SZALBIERZ Radosław    | Warszawa         | POL       |                                   | 79      | M30/984 M / 2214   | 00:56:51  | 05.41      | +0:26:19 | 0:07:14 / 2717 | 0:12:54 / 2705 | 0:28:40 / 2761 | 0:36:18 / 2668 | 0:41:57 / 2597 |
| 2527     | 4746   | OLESIŃSKI Grzegorz    | Warszawa         | POL       | Dzielnica Mokotów                 | 66      | M40/395 M / 2215   | 00:56:51  | 05.41      | +0:26:19 | 0:07:18 / 2812 | 0:12:49 / 2641 | 0:28:13 / 2615 | 0:36:12 / 2646 | 0:41:45 / 2551 |
| 2528     | 4190   | TRUSZKOWSKI Paweł     | Warszawa         | POL       |                                   | 85      | M20/643 M / 2216   | 00:56:51  | 05.41      | +0:26:19 | 0:07:33 / 3161 | 0:13:22 / 3068 | 0:28:13 / 2610 | 0:35:46 / 2514 | 0:41:51 / 2572 |
| 2529     | 6203   | JAKUBOWSKI Krzysztof  | Legionowo        | POL       |                                   | 72      | M40/396 M / 2217   | 00:56:52  | 05.41      | +0:26:20 | 0:07:19 / 2846 | 0:13:03 / 2828 | 0:28:20 / 2654 | 0:35:57 / 2572 | 0:41:39 / 2526 |
| 2530     | 4610   | KOWALCZYK Katarzyna   | Warszawa         | POL       |                                   | 75      | K30/143 K / 313    | 00:56:52  | 05.41      | +0:26:20 | 0:07:39 / 3262 | 0:13:39 / 3246 | 0:29:13 / 2944 | 0:36:45 / 2801 | 0:42:21 / 2694 |
| 2531     | 4612   | KOZAK Tadeusz         | Warszawa         | POL       |                                   | 51      | M60/30 M / 2218    | 00:56:52  | 05.41      | +0:26:20 | 0:07:40 / 3272 | 0:13:39 / 3252 | 0:29:12 / 2941 | 0:36:45 / 2802 | 0:42:21 / 2693 |
| 2532     | 6488   | PIETRANIK Paweł       | Pruszków         | POL       |                                   | 86      | M20/644 M / 2219   | 00:56:53  | 05.41      | +0:26:21 | 0:07:27 / 3003 | 0:13:17 / 3003 | 0:28:51 / 2819 | 0:36:31 / 2728 | 0:42:15 / 2668 |
| 2533     | 6792   | GRABOWSKA Iwona       | Warszawa         | POL       |                                   | 79      | K30/144 K / 314    | 00:56:53  | 05.41      | +0:26:21 | 0:07:19 / 2841 | 0:13:03 / 2830 | 0:28:37 / 2742 | 0:36:16 / 2662 | 0:42:00 / 2613 |
| 2534     | 3160   | PAPIS Andrzej         | Celestynów       | POL       |                                   | 75      | M30/985 M / 2220   | 00:56:54  | 05.41      | +0:26:22 | 0:07:36 / 3211 | 0:13:41 / 3270 | 0:29:27 / 3022 | 0:37:09 / 2903 | 0:42:57 / 2853 |
| 2535     | 6731   | BIŃCZYK Jacek         | Warszawa         | POL       |                                   | 67      | M40/397 M / 2221   | 00:56:54  | 05.41      | +0:26:22 | 0:07:26 / 2989 | 0:13:11 / 2931 | 0:28:26 / 2680 | 0:36:06 / 2612 | 0:41:55 / 2592 |
| 2536     | 5162   | SZCZEPANKOWSKI Szymon | Pułtusk          | POL       |                                   | 94      | M20/645 M / 2222   | 00:56:54  | 05.41      | +0:26:22 | 0:07:08 / 2564 | 0:12:29 / 2366 | 0:27:58 / 2516 | 0:36:04 / 2603 | 0:41:59 / 2611 |
| 2537     | 5226   | LESNY Paweł           | Warszawa         | POL       | Adwokaci                          | 80      | M30/986 M / 2223   | 00:56:54  | 05.41      | +0:26:22 | 0:07:14 / 2731 | 0:12:52 / 2686 | 0:27:59 / 2521 | 0:35:49 / 2533 | 0:41:44 / 2549 |
| 2538     | 2693   | GRZYBOWSKI Kamil      | Wyszków          | POL       |                                   | 88      | M20/646 M / 2224   | 00:56:55  | 05.41      | +0:26:23 | 0:07:10 / 2615 | 0:12:44 / 2557 | 0:28:06 / 2566 | 0:36:09 / 2628 | 0:42:03 / 2627 |
| 2539     | 4410   | SEMENOWICZ Małgorzata | Warszawa         | POL       |                                   | 82      | K30/145 K / 315    | 00:56:55  | 05.41      | +0:26:23 | 0:07:13 / 2683 | 0:12:43 / 2548 | 0:28:03 / 2548 | 0:35:56 / 2564 | 0:41:42 / 2542 |
| 2540     | 3117   | NYKOWSKA Agata        | Warszawa         | POL       |                                   | 85      | K20/124 K / 316    | 00:56:55  | 05.41      | +0:26:23 | 0:07:19 / 2837 | 0:13:04 / 2838 | 0:28:06 / 2563 | 0:35:48 / 2520 | 0:41:35 / 2512 |
| 2541     | 3921   | GRABOWSKI Sylwester   | Ostrolęka        | POL       | Ag Bez Limitu Ostrolęka I Okolice | 67      | M40/398 M / 2225   | 00:56:55  | 05.41      | +0:26:23 | 0:06:47 / 2016 | 0:12:16 / 2189 | 0:27:20 / 2259 | 0:35:14 / 2359 | 0:41:07 / 2408 |
| 2542     | 2398   | ANIOL Anna            | Łódź             | POL       |                                   | 78      | K30/146 K / 317    | 00:56:55  | 05.41      | +0:26:24 | 0:07:04 / 2482 | 0:12:32 / 2412 | 0:27:23 / 2278 | 0:35:22 / 2390 | 0:41:15 / 2439 |
| 2543     | 6269   | PODGÓRSKI Paweł       | Warszawa         | POL       |                                   | 81      | M30/987 M / 2226   | 00:56:56  | 05.41      | +0:26:24 | 0:06:29 / 1500 | 0:11:49 / 1725 | 0:27:44 / 2424 | 0:35:50 / 2536 | 0:41:34 / 2506 |
| 2544     | 6187   | WOŹNIAK Wojciech      | Inowrocław       | POL       | Amator                            | 56      | M50/133 M / 2227   | 00:56:56  | 05.41      | +0:26:24 | 0:07:36 / 3209 | 0:13:37 / 3225 | 0:29:07 / 2911 | 0:36:39 / 2772 | 0:42:25 / 2714 |
| 2545     | 2285   | IWAŃSKI Jacek         | Skaryszew        | POL       | Uks Olimp                         | 73      | M40/399 M / 2228   | 00:56:56  | 05.41      | +0:26:24 | 0:06:33 / 1639 | 0:11:47 / 1702 | 0:26:35 / 1958 | 0:34:29 / 2126 | 0:40:40 / 2289 |
| 2546     | 4606   | ŚWIEĆKOWSKI Grzegorz  | Warszawa         | POL       |                                   | 77      | M30/988 M / 2229   | 00:56:57  | 05.41      | +0:26:25 | 0:07:13 / 2692 | 0:12:54 / 2715 | 0:28:30 / 2696 | 0:36:09 / 2634 | 0:42:05 / 2635 |
| 2547     | 3932   | JURKIEWICZ Jerzy      | Warszawa         | POL       |                                   | 53      | M60/31 M / 2230    | 00:56:57  | 05.41      | +0:26:25 | 0:06:45 / 1956 | 0:11:59 / 1913 | 0:27:07 / 2161 | 0:35:11 / 2344 | 0:40:59 / 2374 |
| 2548     | 3636   | ŻELEZNIK Marcin       | Hornówek         | POL       |                                   | 95      | M20/647 M / 2231   | 00:56:57  | 05.41      | +0:26:25 | 0:06:54 / 2226 | 0:12:20 / 2238 | 0:27:49 / 2456 | 0:36:09 / 2633 | 0:42:34 / 2750 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club         | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|---------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2549     | 3138   | OSOWSKA Marta        | Warszawa         | POL       | Ministerstwo Kultury Biega      | 89      | K20/125 K / 318    | 00:56:57  | 05.41      | +0:26:25 | 0:07:39 / 3249 | 0:13:44 / 3294 | 0:29:06 / 2905 | 0:36:32 / 2733 | 0:42:18 / 2677 |
| 2550     | 3343   | SMUS Damian          | Sochaczew        | POL       | Km Aktywni Sochaczew            | 90      | M20/648 M / 2232   | 00:56:57  | 05.41      | +0:26:25 | 0:07:11 / 2628 | 0:13:04 / 2842 | 0:28:12 / 2602 | 0:36:19 / 2677 | 0:42:19 / 2688 |
| 2551     | 4451   | OŚCIŁOWSKA Katarzyna | Warszawa         | POL       |                                 | 74      | K30/147 K / 319    | 00:56:57  | 05.41      | +0:26:25 | 0:07:11 / 2633 | 0:12:58 / 2768 | 0:28:10 / 2584 | 0:35:59 / 2582 | 0:41:52 / 2581 |
| 2552     | 4067   | DUMONT Christophe    | Warszawa         | POL       | Bayer Life Team                 | 64      | M40/400 M / 2233   | 00:56:57  | 05.41      | +0:26:25 | 0:07:11 / 2653 | 0:12:27 / 2335 | 0:26:29 / 1916 | 0:34:33 / 2146 | 0:40:22 / 2194 |
| 2553     | 4591   | SOBIERAJ Michał      | Warszawa         | POL       | 12tri.pl                        | 73      | M40/401 M / 2234   | 00:56:57  | 05.41      | +0:26:25 | 0:07:29 / 3071 | 0:13:08 / 2884 | 0:28:31 / 2700 | 0:36:24 / 2694 | 0:42:19 / 2684 |
| 2554     | 3438   | SZOTA Jarosław       | Warszawa         | POL       | Art Profi Team                  | 71      | M40/402 M / 2235   | 00:56:57  | 05.41      | +0:26:25 | 0:07:30 / 3082 | 0:13:27 / 3137 | 0:28:59 / 2862 | 0:36:40 / 2779 | 0:42:28 / 2727 |
| 2555     | 4344   | KOSIŃSKI Marek       | Warszawa         | POL       | Nks Pod Wezwaniem Dobrego Lotra | 57      | M50/134 M / 2236   | 00:56:58  | 05.41      | +0:26:26 | 0:07:02 / 2440 | 0:12:33 / 2424 | 0:27:41 / 2403 | 0:35:36 / 2473 | 0:41:18 / 2451 |
| 2556     | 5953   | ZALEWSKI Piotr       | Sulejówek        | POL       |                                 | 75      | M30/989 M / 2237   | 00:56:58  | 05.41      | +0:26:26 | 0:07:04 / 2485 | 0:12:36 / 2466 | 0:27:35 / 2348 | 0:35:26 / 2405 | 0:41:23 / 2470 |
| 2557     | 3372   | STANIEWSKI Eugeniusz | Zgorzelec        | POL       | Amator                          | 51      | M60/32 M / 2238    | 00:56:58  | 05.41      | +0:26:26 | 0:06:40 / 1823 | 0:12:09 / 2085 | 0:27:46 / 2432 | 0:35:53 / 2548 | 0:41:35 / 2509 |
| 2558     | 2643   | GĘBICKI Włodzimierz  | Gniezno          | POL       | Amator                          | 60      | M50/135 M / 2239   | 00:56:59  | 05.41      | +0:26:27 | 0:07:42 / 3315 | 0:13:50 / 3360 | 0:29:23 / 2996 | 0:37:10 / 2905 | 0:43:03 / 2880 |
| 2559     | 3178   | PERILLO Marie        | Warszawa         | POL       |                                 | 78      | K30/148 K / 320    | 00:56:59  | 05.41      | +0:26:27 | 0:06:58 / 2310 | 0:12:19 / 2231 | 0:26:59 / 2118 | 0:34:46 / 2217 | 0:40:46 / 2316 |
| 2560     | 5209   | KACZMAREK Zuzanna    | Koziegłowy       | POL       | Adwokaci                        | 87      | K20/126 K / 321    | 00:56:59  | 05.41      | +0:26:27 | 0:07:28 / 3043 | 0:13:25 / 3106 | 0:28:54 / 2833 | 0:36:46 / 2805 | 0:42:34 / 2752 |
| 2561     | 2552   | CZEKAJ Przemysław    | Poznań           | POL       | Team Asa - Biegami Po Zdrowie   | 87      | M20/649 M / 2240   | 00:56:59  | 05.41      | +0:26:27 | 0:07:17 / 2799 | 0:12:53 / 2694 | 0:27:52 / 2473 | 0:35:55 / 2560 | 0:41:52 / 2582 |
| 2562     | 4183   | HRYNIEWIECKA Ewelina | Żyrardów         | POL       |                                 | 87      | K20/127 K / 322    | 00:56:59  | 05.41      | +0:26:27 | 0:06:41 / 1840 | 0:11:56 / 1851 | 0:27:02 / 2136 | 0:35:01 / 2288 | 0:41:00 / 2379 |
| 2563     | 6182   | PAWŁOWSKA Karolina   | Warszawa         | POL       |                                 | 73      | K40/40 K / 323     | 00:57:00  | 05.42      | +0:26:28 | 0:07:02 / 2430 | 0:12:38 / 2487 | 0:28:04 / 2552 | 0:36:07 / 2615 | 0:41:58 / 2604 |
| 2564     | 6732   | BINCZYK Bartosz      | Warszawa         | POL       |                                 | 96      | M20/650 M / 2241   | 00:57:00  | 05.42      | +0:26:28 | 0:07:24 / 2936 | 0:13:12 / 2937 | 0:28:25 / 2678 | 0:36:06 / 2610 | 0:41:54 / 2588 |
| 2565     | 5829   | ZIENKIEWICZ Marcin   | Warszawa         | POL       |                                 | 70      | M40/403 M / 2242   | 00:57:01  | 05.42      | +0:26:29 | 0:06:32 / 1616 | 0:12:02 / 1968 | 0:27:43 / 2412 | 0:35:44 / 2505 | 0:41:47 / 2564 |
| 2566     | 5115   | JAŚKIEWICZ Marek     | Warszawa         | POL       | Uks Gepard                      | 78      | M30/990 M / 2243   | 00:57:01  | 05.42      | +0:26:29 | 0:07:31 / 3129 | 0:13:10 / 2921 | 0:28:33 / 2716 | 0:36:26 / 2703 | 0:42:19 / 2687 |
| 2567     | 5605   | CHABIOR Katarzyna    | Warszawa         | POL       |                                 | 77      | K30/149 K / 324    | 00:57:01  | 05.42      | +0:26:29 | 0:07:37 / 3225 | 0:13:47 / 3333 | 0:30:02 / 3208 | 0:37:14 / 2916 | 0:42:40 / 2782 |
| 2568     | 5237   | MATUSZAK Justyna     | Chojnice         | POL       | Adwokaci                        | 83      | K30/150 K / 325    | 00:57:01  | 05.42      | +0:26:29 | 0:07:06 / 2533 | 0:12:28 / 2341 | 0:27:22 / 2270 | 0:35:15 / 2365 | 0:41:06 / 2406 |
| 2569     | 5588   | SPYCHALSKI Piotr     | Warszawa         | POL       |                                 | 74      | M30/991 M / 2244   | 00:57:03  | 05.42      | +0:26:31 | 0:07:21 / 2884 | 0:13:04 / 2839 | 0:28:27 / 2688 | 0:36:36 / 2753 | 0:42:28 / 2731 |
| 2570     | 6087   | MAJAK Andrzej        | Warszawa         | POL       |                                 | 79      | M30/992 M / 2245   | 00:57:04  | 05.42      | +0:26:32 | 0:06:30 / 1529 | 0:11:46 / 1686 | 0:27:23 / 2277 | 0:35:35 / 2464 | 0:41:22 / 2467 |
| 2571     | 4249   | KRAWCZYK Piotr       | Józefów          | POL       | Instytut Łączności-pib          | 50      | M60/33 M / 2246    | 00:57:04  | 05.42      | +0:26:32 | 0:07:16 / 2782 | 0:12:49 / 2639 | 0:28:09 / 2575 | 0:36:37 / 2758 | 0:42:05 / 2636 |
| 2572     | 3122   | OLEK Radosław        | Komorniki        | POL       |                                 | 77      | M30/993 M / 2247   | 00:57:05  | 05.42      | +0:26:33 | 0:06:52 / 2176 | 0:12:00 / 1917 | 0:26:22 / 1875 | 0:35:54 / 2553 | 0:42:01 / 2618 |
| 2573     | 5569   | IMIOLEK Robert       | Raszyn           | POL       |                                 | 72      | M40/404 M / 2248   | 00:57:05  | 05.42      | +0:26:33 | 0:07:07 / 2544 | 0:12:45 / 2580 | 0:28:00 / 2529 | 0:35:54 / 2552 | 0:41:39 / 2529 |
| 2574     | 6133   | KACZMARSKI Wojciech  | Warszawa         | POL       | Roche Runners                   | 66      | M40/405 M / 2249   | 00:57:05  | 05.42      | +0:26:33 | 0:07:25 / 2979 | 0:13:07 / 2877 | 0:28:25 / 2674 | 0:36:18 / 2671 | 0:42:08 / 2646 |
| 2575     | 3629   | ŻACH Andrzej         | Malkinia         | POL       |                                 | 57      | M50/136 M / 2250   | 00:57:05  | 05.42      | +0:26:33 | 0:06:56 / 2267 | 0:12:28 / 2340 | 0:27:50 / 2462 | 0:35:47 / 2516 | 0:41:38 / 2523 |
| 2576     | 2957   | LATOSZEWSKI Krystian | Godziszewo       | POL       | Aktywne Godziszewo              | 70      | M40/406 M / 2251   | 00:57:05  | 05.42      | +0:26:33 | 0:07:32 / 3134 | 0:13:23 / 3091 | 0:29:08 / 2914 | 0:36:56 / 2844 | 0:42:40 / 2778 |
| 2577     | 3811   | KOWALEWSKA Dorota    | Piaseczno        | POL       | Fajny Klub Piaseczno            | 67      | K40/41 K / 326     | 00:57:06  | 05.42      | +0:26:34 | 0:06:51 / 2153 | 0:12:12 / 2133 | 0:26:40 / 2000 | 0:36:31 / 2727 | 0:42:35 / 2757 |
| 2578     | 3563   | WŁODKOWSKI Radosław  | Warszawa         | POL       |                                 | 85      | M20/651 M / 2252   | 00:57:06  | 05.42      | +0:26:34 | 0:06:46 / 1979 | 0:11:56 / 1855 | 0:27:19 / 2251 | 0:35:28 / 2420 | 0:41:24 / 2472 |
| 2579     | 2949   | KWIATKOWSKI Piotr    | Warszawa         | POL       |                                 | 86      | M20/652 M / 2253   | 00:57:06  | 05.42      | +0:26:34 | 0:07:45 / 3383 | 0:13:45 / 3302 | 0:29:35 / 3079 | 0:37:18 / 2942 | 0:43:01 / 2870 |
| 2580     | 39     | DUDZIŃSKI Marek      | Wrocław          | POL       | Runner's World                  | 68      | M40/407 M / 2254   | 00:57:07  | 05.42      | +0:26:35 | 0:07:51 / 3492 | 0:14:01 / 3475 | 0:30:11 / 3262 | 0:37:37 / 3027 | 0:43:02 / 2874 |
| 2581     | 1077   | FILAR Krzysztof      | Warszawa         | POL       |                                 | 74      | M30/994 M / 2255   | 00:57:07  | 05.42      | +0:26:35 | 0:07:33 / 3154 | 0:13:14 / 2969 | 0:27:38 / 2377 | 0:35:21 / 2389 | 0:41:07 / 2410 |
| 2582     | 6397   | JAROS Krzysztof      | Warszawa         | POL       |                                 | 87      | M20/653 M / 2256   | 00:57:08  | 05.42      | +0:26:36 | 0:06:44 / 1950 | 0:12:14 / 2163 | 0:27:53 / 2477 | 0:36:02 / 2595 | 0:42:02 / 2622 |
| 2583     | 3925   | ROSZKOWSKA Agnieszka | Warszawa         | POL       |                                 | 90      | K20/128 K / 327    | 00:57:08  | 05.42      | +0:26:36 | 0:07:00 / 2378 | 0:12:33 / 2422 | 0:28:09 / 2574 | 0:36:13 / 2648 | 0:42:00 / 2614 |
| 2584     | 3914   | KORDELAS Grzegorz    | Łódź             | POL       | Łódź Running Team               | 50      | M60/34 M / 2257    | 00:57:08  | 05.42      | +0:26:36 | 0:07:34 / 3177 | 0:13:20 / 3040 | 0:28:59 / 2861 | 0:36:43 / 2792 | 0:42:24 / 2707 |
| 2585     | 5863   | HANGIEL Urszula      | Szydłowiec       | POL       |                                 | 83      | K30/151 K / 328    | 00:57:08  | 05.42      | +0:26:36 | 0:07:43 / 3329 | 0:13:47 / 3336 | 0:29:45 / 3124 | 0:37:27 / 2981 | 0:43:01 / 2865 |
| 2586     | 6000   | ZIELIŃSKA Agata      | Szczecin         | POL       | Capgemini Run                   | 80      | K30/152 K / 329    | 00:57:08  | 05.42      | +0:26:36 | 0:07:14 / 2700 | 0:13:01 / 2806 | 0:28:48 / 2804 | 0:36:46 / 2803 | 0:42:24 / 2710 |
| 2587     | 2402   | BABICZ Ireneusz      | Horodyszcze      | POL       |                                 | 65      | M40/408 M / 2258   | 00:57:08  | 05.42      | +0:26:36 | 0:07:03 / 2463 | 0:12:35 / 2452 | 0:27:29 / 2310 | 0:35:08 / 2327 | 0:40:58 / 2367 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name      | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|---------------------------|------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2588     | 2773   | JURKOWSKI Michał          | Olsztyn          | POL       |                         | 78 M30/995  | M / 2259           | 00:57:09  | 05.42      | +0:26:37 | 0:07:21 / 2881 | 0:12:58 / 2767 | 0:28:11 / 2593 | 0:35:59 / 2581 | 0:41:58 / 2608 |
| 2589     | 3762   | RUREK Paulina             | Poznań           | POL       |                         | 90 K20/129  | K / 330            | 00:57:09  | 05.42      | +0:26:37 | 0:06:58 / 2324 | 0:12:35 / 2442 | 0:27:52 / 2467 | 0:35:28 / 2415 | 0:41:28 / 2488 |
| 2590     | 3758   | ZABŁOCKI Karol            | Warszawa         | POL       | Ursus                   | 86 M20/654  | M / 2260           | 00:57:09  | 05.42      | +0:26:37 | 0:07:30 / 3105 | 0:13:12 / 2936 | 0:28:49 / 2809 | 0:36:35 / 2749 | 0:42:03 / 2629 |
| 2591     | 4814   | WÓJCIK Sławomir           | Warszawa         | POL       |                         | 82 M30/996  | M / 2261           | 00:57:09  | 05.42      | +0:26:37 | 0:06:14 / 1127 | 0:11:22 / 1339 | 0:27:12 / 2203 | 0:35:16 / 2369 | 0:41:12 / 2421 |
| 2592     | 4124   | KOŁACZ Piotr              | Warszawa         | POL       |                         | 71 M40/409  | M / 2262           | 00:57:09  | 05.42      | +0:26:37 | 0:07:41 / 3293 | 0:13:39 / 3254 | 0:28:59 / 2863 | 0:36:50 / 2820 | 0:42:26 / 2717 |
| 2593     | 6929   | SAWICKI Paweł             | Góra Kalwaria    | POL       |                         | 77 M30/997  | M / 2263           | 00:57:09  | 05.42      | +0:26:37 | 0:07:02 / 2442 | 0:12:33 / 2425 | 0:27:37 / 2371 | 0:35:37 / 2475 | 0:41:30 / 2496 |
| 2594     | 3701   | STĘPIEŃ Bogdan            | Stanisławów      | POL       | Aks Polonia             | 66 M40/410  | M / 2264           | 00:57:10  | 05.43      | +0:26:38 | 0:07:03 / 2459 | 0:12:28 / 2353 | 0:27:39 / 2388 | 0:35:39 / 2482 | 0:41:29 / 2490 |
| 2595     | 3704   | STĘPIEŃ Teresa            | Stanisławów      | POL       | Aks Polonia             | 66 K40/42   | K / 331            | 00:57:10  | 05.43      | +0:26:38 | 0:07:03 / 2452 | 0:12:28 / 2346 | 0:27:41 / 2398 | 0:35:39 / 2483 | 0:41:29 / 2494 |
| 2596     | 5459   | DMOWSKI Seweryn           | Warszawa         | POL       |                         | 84 M20/655  | M / 2265           | 00:57:10  | 05.43      | +0:26:38 | 0:07:21 / 2875 | 0:13:00 / 2791 | 0:27:57 / 2506 | 0:35:48 / 2519 | 0:41:46 / 2557 |
| 2597     | 2501   | CAJBEL Maciej             | Wrocław          | POL       |                         | 86 M20/656  | M / 2266           | 00:57:10  | 05.43      | +0:26:38 | 0:07:11 / 2638 | 0:12:44 / 2559 | 0:27:58 / 2514 | 0:35:55 / 2559 | 0:41:57 / 2601 |
| 2598     | 6351   | GAWROŃSKI Mariusz         | Warszawa         | POL       |                         | 64 M40/411  | M / 2267           | 00:57:11  | 05.43      | +0:26:39 | 0:06:22 / 1325 | 0:11:40 / 1588 | 0:26:44 / 2025 | 0:34:46 / 2216 | 0:40:48 / 2330 |
| 2599     | 5861   | CZACHOWSKI Michał         | Warszawa         | POL       |                         | 70 M40/412  | M / 2268           | 00:57:11  | 05.43      | +0:26:39 | 0:07:42 / 3312 | 0:13:47 / 3331 | 0:29:45 / 3119 | 0:37:27 / 2980 | 0:43:00 / 2861 |
| 2600     | 3784   | SOBCZYK Marcin            | Warszawa         | POL       |                         | 89 M20/657  | M / 2269           | 00:57:11  | 05.43      | +0:26:39 | 0:07:03 / 2467 | 0:12:27 / 2326 | 0:28:13 / 2609 | 0:36:15 / 2657 | 0:41:57 / 2602 |
| 2601     | 4646   | LABĘCKA Iwona             | Kielce           | POL       |                         | 80 K30/153  | K / 332            | 00:57:11  | 05.43      | +0:26:39 | 0:06:45 / 1961 | 0:11:56 / 1849 | 0:26:11 / 1812 | 0:33:48 / 1914 | 0:40:27 / 2213 |
| 2602     | 6848   | EJSYMOND Daniel           | Warszawa         | POL       | Dk Notus Running Team   | 72 M40/413  | M / 2270           | 00:57:11  | 05.43      | +0:26:39 | 0:07:35 / 3186 | 0:13:37 / 3218 | 0:29:17 / 2960 | 0:37:13 / 2912 | 0:42:41 / 2791 |
| 2603     | 4940   | MIZIELIŃSKI Artur         | Warszawa         | POL       | 12tri.pl                | 74 M30/998  | M / 2271           | 00:57:11  | 05.43      | +0:26:39 | 0:07:33 / 3148 | 0:13:30 / 3164 | 0:29:01 / 2875 | 0:36:42 / 2790 | 0:42:30 / 2738 |
| 2604     | 4952   | PASTERSKI Sebastian       | Warszawa         | POL       |                         | 79 M30/999  | M / 2272           | 00:57:11  | 05.43      | +0:26:39 | 0:07:32 / 3131 | 0:13:29 / 3152 | 0:28:53 / 2828 | 0:36:40 / 2777 | 0:42:37 / 2766 |
| 2605     | 3669   | GÓRSKI Michał             | Warszawa         | POL       |                         | 82 M30/1000 | M / 2273           | 00:57:12  | 05.43      | +0:26:40 | 0:07:09 / 2587 | 0:12:41 / 2521 | 0:27:58 / 2513 | 0:35:45 / 2508 | 0:41:33 / 2504 |
| 2606     | 5481   | KULIK Adam                | Warszawa         | POL       |                         | 67 M40/414  | M / 2274           | 00:57:12  | 05.43      | +0:26:40 | 0:06:52 / 2173 | 0:12:25 / 2310 | 0:27:55 / 2496 | 0:36:03 / 2596 | 0:41:57 / 2600 |
| 2607     | 6775   | PIOTROWSKI Michał         | Warszawa         | POL       |                         | 84 M20/658  | M / 2275           | 00:57:12  | 05.43      | +0:26:40 | 0:07:20 / 2867 | 0:13:14 / 2973 | 0:29:06 / 2900 | 0:36:40 / 2780 | 0:42:24 / 2706 |
| 2608     | 6303   | PARŚNIAK Michał           | Warszawa         | POL       | Szlachetna Paczka       | 87 M20/659  | M / 2276           | 00:57:13  | 05.43      | +0:26:41 | 0:07:30 / 3088 | 0:13:43 / 3282 | 0:29:45 / 3122 | 0:37:23 / 2961 | 0:43:04 / 2886 |
| 2609     | 6244   | PRZYTUŁA Robert           | Warszawa         | POL       |                         | 74 M30/1001 | M / 2277           | 00:57:14  | 05.43      | +0:26:42 | 0:07:43 / 3340 | 0:13:19 / 3029 | 0:29:26 / 3007 | 0:37:21 / 2959 | 0:42:50 / 2821 |
| 2610     | 4223   | PENNOCK Andrew            | Warszawa         | POL       | Pwc Running Team        | 85 M20/660  | M / 2278           | 00:57:14  | 05.43      | +0:26:42 | 0:07:01 / 2407 | 0:12:45 / 2583 | 0:28:11 / 2596 | 0:36:10 / 2637 | 0:42:02 / 2621 |
| 2611     | 4938   | ROSKE Fabian              | Kassel           | POL       | Accelerate              | 83 M30/1002 | M / 2279           | 00:57:15  | 05.43      | +0:26:43 | 0:06:44 / 1948 | 0:12:21 / 2261 | 0:27:35 / 2351 | 0:35:35 / 2463 | 0:41:29 / 2493 |
| 2612     | 5928   | NYKAZA Ania               | Legionowo        | POL       |                         | 80 K30/154  | K / 333            | 00:57:15  | 05.43      | +0:26:43 | 0:06:38 / 1756 | 0:11:57 / 1864 | 0:27:43 / 2410 | 0:35:32 / 2449 | 0:41:11 / 2415 |
| 2613     | 5497   | KOTUŁA Jarosław           | Lublin           | POL       | Adwokaci                | 87 M20/661  | M / 2280           | 00:57:15  | 05.43      | +0:26:44 | 0:07:31 / 3130 | 0:13:23 / 3089 | 0:29:14 / 2954 | 0:36:51 / 2824 | 0:42:30 / 2737 |
| 2614     | 3145   | PACH Maciej               | Poznan           | POL       |                         | 81 M30/1003 | M / 2281           | 00:57:16  | 05.43      | +0:26:44 | 0:07:18 / 2827 | 0:12:50 / 2653 | 0:28:03 / 2545 | 0:35:52 / 2543 | 0:41:36 / 2513 |
| 2615     | 3237   | PUCHACZ Katarzyna         | Warszawa         | POL       | Fdnt Running Team       | 86 K20/130  | K / 334            | 00:57:16  | 05.43      | +0:26:44 | 0:07:45 / 3385 | 0:13:46 / 3324 | 0:29:29 / 3027 | 0:37:15 / 2923 | 0:42:45 / 2803 |
| 2616     | 6199   | WYSOCKA Monika            | Łomża            | POL       |                         | 84 K20/131  | K / 335            | 00:57:16  | 05.43      | +0:26:44 | 0:07:04 / 2477 | 0:12:49 / 2643 | 0:28:15 / 2624 | 0:36:14 / 2652 | 0:42:09 / 2647 |
| 2617     | 2801   | KAZNOWSKI Piotr           | Warszawa         | POL       |                         | 84 M20/662  | M / 2282           | 00:57:17  | 05.43      | +0:26:45 | 0:07:31 / 3118 | 0:13:03 / 2829 | 0:29:02 / 2884 | 0:37:06 / 2890 | 0:42:54 / 2836 |
| 2618     | 4196   | BINCZYCKI Roman           | Krynica Zdrój    | POL       |                         | 74 M30/1004 | M / 2283           | 00:57:17  | 05.43      | +0:26:45 | 0:07:39 / 3254 | 0:13:22 / 3063 | 0:29:00 / 2866 | 0:36:54 / 2835 | 0:42:29 / 2733 |
| 2619     | 2837   | KOŁODZIEJCZYK Jakub       | Bełchatów        | POL       |                         | 85 M20/663  | M / 2284           | 00:57:17  | 05.43      | +0:26:45 | 0:07:24 / 2957 | 0:13:23 / 3087 | 0:29:23 / 2997 | 0:37:04 / 2881 | 0:42:46 / 2804 |
| 2620     | 2444   | BIŁAS Tomasz              | Warszawa         | POL       | Prężne Wacki            | 85 M20/664  | M / 2285           | 00:57:17  | 05.43      | +0:26:45 | 0:07:30 / 3104 | 0:13:17 / 3015 | 0:28:57 / 2849 | 0:36:45 / 2798 | 0:42:33 / 2749 |
| 2621     | 4443   | WACOWSKI-JASTRZEBSKI Adam | Warszawa         | POL       |                         | 78 M30/1005 | M / 2286           | 00:57:17  | 05.43      | +0:26:45 | 0:07:19 / 2847 | 0:13:03 / 2820 | 0:28:34 / 2722 | 0:36:34 / 2747 | 0:42:16 / 2673 |
| 2622     | 5736   | KOSTARZ Adam              | Hornówek         | POL       |                         | 71 M40/415  | M / 2287           | 00:57:17  | 05.43      | +0:26:45 | 0:07:19 / 2849 | 0:13:09 / 2908 | 0:28:33 / 2714 | 0:36:22 / 2688 | 0:42:13 / 2661 |
| 2623     | 3490   | TRZEBIŃSKA Agnieszka      | Elk              | POL       |                         | 86 K20/132  | K / 336            | 00:57:18  | 05.43      | +0:26:46 | 0:07:33 / 3155 | 0:13:17 / 3016 | 0:28:42 / 2772 | 0:36:37 / 2763 | 0:42:18 / 2680 |
| 2624     | 4117   | SZULC Jan                 | Izabelin         | POL       | Rbs                     | 85 M20/665  | M / 2288           | 00:57:18  | 05.43      | +0:26:46 | 0:06:10 / 1002 | 0:11:10 / 1151 | 0:26:11 / 1811 | 0:34:24 / 2102 | 0:40:40 / 2291 |
| 2625     | 3970   | SANCHEZ Jorge             | Łomianki         | POL       |                         | 79 M30/1006 | M / 2289           | 00:57:19  | 05.43      | +0:26:47 | 0:06:51 / 2160 | 0:12:25 / 2304 | 0:28:14 / 2619 | 0:36:02 / 2592 | 0:41:54 / 2584 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Klub | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2626     | 5099   | WOJCIECHOWSKI Maciej   | Kraków           | POL       | Adwokaci                | 85      | M20/666 M / 2290   | 00:57:20  | 05.44      | +0:26:48 | 0:07:27 / 3021 | 0:13:33 / 3187 | 0:29:33 / 3055 | 0:37:18 / 2939 | 0:43:10 / 2901 |
| 2627     | 3491   | TRZEBIŃSKI Ryszard     | Elk              | POL       | Maratonka Grajewo       | 76      | M30/1007 M / 2291  | 00:57:20  | 05.44      | +0:26:48 | 0:07:34 / 3181 | 0:13:18 / 3023 | 0:28:40 / 2762 | 0:36:37 / 2761 | 0:42:18 / 2681 |
| 2628     | 4269   | SKRODZKA Anna          | Warszawa         | POL       |                         | 77      | K30/155 K / 337    | 00:57:20  | 05.44      | +0:26:48 | 0:06:43 / 1909 | 0:12:01 / 1944 | 0:27:35 / 2350 | 0:35:36 / 2470 | 0:41:31 / 2499 |
| 2629     | 6415   | NOWACKA Karina         | Warszawa         | POL       | Telepolska              | 87      | K20/133 K / 338    | 00:57:20  | 05.44      | +0:26:48 | 0:06:35 / 1692 | 0:12:54 / 2716 | 0:29:04 / 2892 | 0:36:46 / 2804 | 0:42:32 / 2748 |
| 2630     | 3082   | MYSZKA Marcin          | Grajewo          | POL       | Maratonka Grajewo       | 72      | M40/416 M / 2292   | 00:57:21  | 05.44      | +0:26:49 | 0:07:36 / 3198 | 0:13:21 / 3054 | 0:28:43 / 2784 | 0:36:38 / 2768 | 0:42:19 / 2686 |
| 2631     | 6515   | MIRGOS Irek            | Warszawa         | POL       |                         | 73      | M40/417 M / 2293   | 00:57:21  | 05.44      | +0:26:49 | 0:06:56 / 2277 | 0:12:36 / 2459 | 0:28:30 / 2698 | 0:36:18 / 2670 | 0:42:10 / 2654 |
| 2632     | 6607   | KSIONEK Justyna        | Kanabród         | POL       | Aviva Running Team      | 92      | K20/134 K / 339    | 00:57:21  | 05.44      | +0:26:49 | 0:07:09 / 2593 | 0:12:43 / 2542 | 0:28:29 / 2692 | 0:36:40 / 2776 | 0:42:34 / 2753 |
| 2633     | 137    | KOŁODZIEJCZYK Karolina | Warszawa         | POL       | Agora                   | 82      | K30/156 K / 340    | 00:57:21  | 05.44      | +0:26:49 | 0:07:23 / 2927 | 0:13:17 / 3012 | 0:29:08 / 2915 | 0:37:09 / 2900 | 0:42:50 / 2820 |
| 2634     | 3409   | SZACIŁOWSKI Marek      | Białystok        | POL       |                         | 85      | M20/667 M / 2294   | 00:57:21  | 05.44      | +0:26:49 | 0:07:24 / 2953 | 0:13:21 / 3053 | 0:29:02 / 2881 | 0:37:14 / 2920 | 0:42:59 / 2857 |
| 2635     | 4915   | WOŹNIAK Janusz         | Warszawa         | POL       | Ursynów                 | 71      | M40/418 M / 2295   | 00:57:22  | 05.44      | +0:26:50 | 0:07:17 / 2790 | 0:12:44 / 2562 | 0:28:06 / 2564 | 0:36:22 / 2684 | 0:42:07 / 2643 |
| 2636     | 3017   | MARYNIAK Mateusz       | Warszawa         | POL       | Accelerate              | 86      | M20/668 M / 2296   | 00:57:22  | 05.44      | +0:26:50 | 0:07:39 / 3253 | 0:13:25 / 3114 | 0:29:22 / 2985 | 0:37:13 / 2910 | 0:42:42 / 2792 |
| 2637     | 6010   | PACZYŃSKA Dagmara      | Warszawa         | POL       |                         | 86      | K20/135 K / 341    | 00:57:22  | 05.44      | +0:26:50 | 0:06:20 / 1268 | 0:11:29 / 1428 | 0:25:53 / 1675 | 0:34:09 / 2024 | 0:41:00 / 2380 |
| 2638     | 5869   | PLEZIA Grzegorz        | Warszawa         | POL       |                         | 86      | M20/669 M / 2297   | 00:57:22  | 05.44      | +0:26:51 | 0:07:00 / 2370 | 0:12:30 / 2376 | 0:27:30 / 2316 | 0:35:14 / 2360 | 0:41:14 / 2433 |
| 2639     | 5464   | OSTROWSKI Artur        | Siedlce          | POL       | Kmp Siedlce             | 76      | M30/1008 M / 2298  | 00:57:23  | 05.44      | +0:26:51 | 0:07:31 / 3121 | 0:13:15 / 2986 | 0:28:58 / 2853 | 0:36:39 / 2770 | 0:42:24 / 2712 |
| 2640     | 5946   | SAR Krzysztof          | Nowy Dwór        | POL       |                         | 81      | M30/1009 M / 2299  | 00:57:23  | 05.44      | +0:26:51 | 0:07:22 / 2925 | 0:13:02 / 2812 | 0:28:04 / 2550 | 0:35:55 / 2558 | 0:41:51 / 2571 |
| 2641     | 6335   | MIKUTANIEC Sebastian   | Warszawa         | POL       |                         | 77      | M30/1010 M / 2300  | 00:57:23  | 05.44      | +0:26:51 | 0:07:45 / 3373 | 0:13:45 / 3301 | 0:29:40 / 3097 | 0:37:28 / 2982 | 0:43:11 / 2902 |
| 2642     | 4999   | ROSOSZCZUK Bogumiła    | Piaseczno        | POL       | Kondycja Piaseczno      | 67      | K40/43 K / 342     | 00:57:23  | 05.44      | +0:26:51 | 0:07:08 / 2567 | 0:12:49 / 2631 | 0:28:32 / 2710 | 0:36:26 / 2700 | 0:42:20 / 2689 |
| 2643     | 5868   | ŚLIWKA Tomasz          | Warszawa         | POL       |                         | 86      | M20/670 M / 2301   | 00:57:23  | 05.44      | +0:26:52 | 0:07:01 / 2412 | 0:12:32 / 2400 | 0:27:29 / 2311 | 0:35:14 / 2361 | 0:41:14 / 2434 |
| 2644     | 4971   | LEWCZUK Barbara        | Warszawa         | POL       |                         | 80      | K30/157 K / 343    | 00:57:24  | 05.44      | +0:26:52 | 0:07:36 / 3202 | 0:13:40 / 3264 | 0:29:26 / 3011 | 0:37:09 / 2901 | 0:42:56 / 2842 |
| 2645     | 4736   | WIERTEL Agata          | Warszawa         | POL       |                         | 78      | K30/158 K / 344    | 00:57:24  | 05.44      | +0:26:52 | 0:06:29 / 1503 | 0:11:53 / 1793 | 0:27:05 / 2153 | 0:35:32 / 2448 | 0:41:46 / 2559 |
| 2646     | 4737   | WIERTEL Piotr          | Warszawa         | POL       |                         | 78      | M30/1011 M / 2302  | 00:57:25  | 05.44      | +0:26:53 | 0:06:30 / 1527 | 0:11:53 / 1799 | 0:27:08 / 2170 | 0:35:30 / 2435 | 0:41:47 / 2562 |
| 2647     | 6485   | RYBARCZYK Malina       | Pułtusk          | POL       |                         | 55      | K50/7 K / 345      | 00:57:25  | 05.44      | +0:26:53 | 0:07:29 / 3064 | 0:13:20 / 3041 | 0:28:52 / 2824 | 0:36:45 / 2797 | 0:42:32 / 2746 |
| 2648     | 5610   | KALINOWSKI Adam        | Warszawa         | POL       |                         | 77      | M30/1012 M / 2303  | 00:57:25  | 05.44      | +0:26:53 | 0:06:31 / 1564 | 0:11:21 / 1324 | 0:26:22 / 1872 | 0:34:22 / 2080 | 0:40:43 / 2302 |
| 2649     | 2672   | GRAMA Jakub            | Toruń            | POL       |                         | 78      | M30/1013 M / 2304  | 00:57:25  | 05.44      | +0:26:53 | 0:07:06 / 2531 | 0:12:40 / 2506 | 0:28:01 / 2534 | 0:35:51 / 2540 | 0:41:51 / 2579 |
| 2650     | 6290   | SŁAWIK Borys           | Warszawa         | POL       |                         | 83      | M30/1014 M / 2305  | 00:57:26  | 05.44      | +0:26:54 | 0:07:50 / 3472 | 0:14:03 / 3495 | 0:29:49 / 3143 | 0:37:53 / 3081 | 0:43:35 / 2987 |
| 2651     | 6115   | DROBEK Tomasz          | Lublin           | POL       | Mon Team                | 79      | M30/1015 M / 2306  | 00:57:26  | 05.44      | +0:26:54 | 0:07:06 / 2520 | 0:12:40 / 2503 | 0:28:01 / 2531 | 0:35:51 / 2541 | 0:41:51 / 2573 |
| 2652     | 3819   | CABAJ-BONICKA Joanna   | Warszawa         | POL       |                         | 83      | K30/159 K / 346    | 00:57:26  | 05.44      | +0:26:54 | 0:06:50 / 2108 | 0:12:43 / 2546 | 0:28:13 / 2608 | 0:36:16 / 2661 | 0:42:23 / 2705 |
| 2653     | 6593   | CIEMIŃSKA Edyta        | Warszawa         | POL       |                         | 74      | K30/160 K / 347    | 00:57:26  | 05.44      | +0:26:54 | 0:07:45 / 3377 | 0:13:38 / 3238 | 0:29:04 / 2891 | 0:36:49 / 2816 | 0:42:39 / 2774 |
| 2654     | 6285   | STASIUK Natalia        | Warszawa         | POL       | Bemowo                  | 88      | K20/136 K / 348    | 00:57:27  | 05.44      | +0:26:55 | 0:07:24 / 2942 | 0:13:18 / 3017 | 0:29:00 / 2869 | 0:36:38 / 2767 | 0:42:36 / 2761 |
| 2655     | 4705   | NASON Elżbieta         | Warszawa         | POL       | Kb Galeria Warszawa     | 67      | K40/44 K / 349     | 00:57:28  | 05.44      | +0:26:56 | 0:07:05 / 2509 | 0:12:46 / 2598 | 0:28:11 / 2591 | 0:36:12 / 2644 | 0:42:00 / 2616 |
| 2656     | 6038   | MALINOWSKI Marcin      | Warszawa         | POL       |                         | 79      | M30/1016 M / 2307  | 00:57:29  | 05.44      | +0:26:57 | 0:07:49 / 3445 | 0:13:52 / 3385 | 0:29:58 / 3184 | 0:37:34 / 3008 | 0:43:13 / 2907 |
| 2657     | 5213   | KARWIŃSKA Urszula      | Toruń            | POL       | Adwokaci                | 88      | K20/137 K / 350    | 00:57:30  | 05.45      | +0:26:58 | 0:07:43 / 3346 | 0:13:23 / 3090 | 0:28:50 / 2815 | 0:36:33 / 2739 | 0:42:09 / 2649 |
| 2658     | 5331   | EPA Karolina           | Warszawa         | POL       |                         | 89      | K20/138 K / 351    | 00:57:30  | 05.45      | +0:26:58 | 0:07:07 / 2547 | 0:12:54 / 2711 | 0:28:09 / 2577 | 0:36:09 / 2630 | 0:41:58 / 2605 |
| 2659     | 5549   | ANDRASIŁ Tomasz        | Nowy Dwór        | POL       |                         | 60      | M50/137 M / 2308   | 00:57:30  | 05.45      | +0:26:58 | 0:07:16 / 2789 | 0:12:58 / 2766 | 0:28:31 / 2701 | 0:36:22 / 2686 | 0:42:15 / 2670 |
| 2660     | 3674   | ŻELAZNY Aleksandra     | Warszawa         | POL       |                         | 81      | K30/161 K / 352    | 00:57:30  | 05.45      | +0:26:59 | 0:06:42 / 1879 | 0:12:06 / 2019 | 0:27:18 / 2245 | 0:35:26 / 2406 | 0:41:25 / 2480 |
| 2661     | 3210   | POLAK-CIEŚLIK Elżbieta | Kielce           | POL       |                         | 86      | K20/139 K / 353    | 00:57:31  | 05.45      | +0:26:59 | 0:07:27 / 2997 | 0:13:00 / 2790 | 0:27:58 / 2509 | 0:36:03 / 2598 | 0:41:58 / 2606 |
| 2662     | 1228   | JAROS Tomasz           | Warszawa         | POL       |                         | 73      | M40/419 M / 2309   | 00:57:31  | 05.45      | +0:26:59 | 0:07:09 / 2596 | 0:12:47 / 2608 | 0:28:27 / 2687 | 0:36:51 / 2827 | 0:42:40 / 2779 |
| 2663     | 5125   | PAŁYSKA Katarzyna      | Warszawa         | POL       |                         | 85      | K20/140 K / 354    | 00:57:31  | 05.45      | +0:26:59 | 0:06:35 / 1698 | 0:11:49 / 1729 | 0:27:15 / 2220 | 0:35:19 / 2380 | 0:41:11 / 2416 |
| 2664     | 3549   | WISŁA Mateusz          | Warszawa         | POL       |                         | 84      | M20/671 M / 2310   | 00:57:31  | 05.45      | +0:26:59 | 0:06:51 / 2157 | 0:12:27 / 2330 | 0:27:34 / 2344 | 0:35:28 / 2421 | 0:41:37 / 2517 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2665     | 6136   | STOLARSKI Artur        | Warszawa         | POL       |                         | 72 M40/420  | M / 2311           | 00:57:32  | 05.45      | +0:27:00 | 0:06:52 / 2191 | 0:12:17 / 2199 | 0:27:48 / 2443 | 0:35:54 / 2555 | 0:41:46 / 2560 |
| 2666     | 6298   | MICHALECKI Daniel      | Warszawa         | POL       |                         | 75 M30/1017 | M / 2312           | 00:57:32  | 05.45      | +0:27:00 | 0:07:57 / 3562 | 0:13:58 / 3451 | 0:29:31 / 3040 | 0:37:06 / 2889 | 0:42:56 / 2845 |
| 2667     | 5465   | WAKUŁA Marek           | Siedlce          | POL       |                         | 74 M30/1018 | M / 2313           | 00:57:32  | 05.45      | +0:27:00 | 0:07:31 / 3113 | 0:13:14 / 2972 | 0:29:00 / 2867 | 0:36:39 / 2773 | 0:42:24 / 2708 |
| 2668     | 3770   | DUDZIŃSKA Monika       | Łajski           | POL       |                         | 86 K20/141  | K / 355            | 00:57:32  | 05.45      | +0:27:01 | 0:07:42 / 3320 | 0:13:47 / 3337 | 0:29:51 / 3153 | 0:37:31 / 2995 | 0:43:02 / 2877 |
| 2669     | 6299   | TOMAKA Olga            | Warszawa         | POL       |                         | 78 K30/162  | K / 356            | 00:57:33  | 05.45      | +0:27:01 | 0:07:57 / 3576 | 0:13:58 / 3446 | 0:29:32 / 3051 | 0:37:07 / 2897 | 0:42:55 / 2840 |
| 2670     | 3548   | WISŁA Agnieszka        | Warszawa         | POL       |                         | 85 K20/142  | K / 357            | 00:57:33  | 05.45      | +0:27:01 | 0:06:52 / 2179 | 0:12:28 / 2352 | 0:27:35 / 2349 | 0:35:29 / 2432 | 0:41:38 / 2519 |
| 2671     | 6134   | GOŁĘBIEWSKA Małgorzata | Pruszków         | POL       |                         | 78 K30/163  | K / 358            | 00:57:34  | 05.45      | +0:27:02 | 0:06:54 / 2228 | 0:12:19 / 2226 | 0:27:49 / 2452 | 0:35:56 / 2565 | 0:41:49 / 2566 |
| 2672     | 5617   | PRZĄDKA Wojciech       | Reguły           | POL       |                         | 78 M30/1019 | M / 2314           | 00:57:35  | 05.45      | +0:27:03 | 0:07:07 / 2545 | 0:12:45 / 2575 | 0:28:09 / 2573 | 0:36:02 / 2593 | 0:42:03 / 2628 |
| 2673     | 5886   | SIKORSKI Jan           | Warszawa         | POL       | Frogs                   | 84 M20/672  | M / 2315           | 00:57:35  | 05.45      | +0:27:03 | 0:07:28 / 3029 | 0:13:26 / 3131 | 0:29:02 / 2885 | 0:37:11 / 2907 | 0:43:03 / 2878 |
| 2674     | 3651   | KLACZKOWSKI Tomasz     | Toruń            | POL       | Axel Toruń              | 79 M30/1020 | M / 2316           | 00:57:35  | 05.45      | +0:27:03 | 0:07:49 / 3447 | 0:13:52 / 3393 | 0:29:27 / 3017 | 0:37:18 / 2937 | 0:43:10 / 2899 |
| 2675     | 3799   | TUJAKA Małgorzata      | Toruń            | POL       | Axel Toruń              | 80 K30/164  | K / 359            | 00:57:36  | 05.45      | +0:27:04 | 0:07:50 / 3473 | 0:13:54 / 3406 | 0:29:29 / 3028 | 0:37:19 / 2947 | 0:43:10 / 2900 |
| 2676     | 5366   | KWIATKOWSKI Michał     | Warszawa         | POL       |                         | 78 M30/1021 | M / 2317           | 00:57:36  | 05.45      | +0:27:05 | 0:07:16 / 2766 | 0:13:14 / 2971 | 0:28:53 / 2830 | 0:36:47 / 2810 | 0:42:28 / 2730 |
| 2677     | 2628   | GAJC Bartek            | Warszawa         | POL       |                         | 78 M30/1022 | M / 2318           | 00:57:37  | 05.45      | +0:27:05 | 0:07:55 / 3547 | 0:13:55 / 3414 | 0:29:45 / 3118 | 0:37:31 / 2997 | 0:43:07 / 2894 |
| 2678     | 5061   | PIRECKI Piotr          | Warszawa         | POL       | Adwokaci                | 88 M20/673  | M / 2319           | 00:57:37  | 05.45      | +0:27:05 | 0:06:43 / 1914 | 0:12:14 / 2156 | 0:27:53 / 2475 | 0:36:01 / 2590 | 0:42:01 / 2619 |
| 2679     | 5509   | CHMIELEWSKI Dariusz    | Warszawa         | POL       |                         | 68 M40/421  | M / 2320           | 00:57:37  | 05.45      | +0:27:05 | 0:07:26 / 2984 | 0:13:10 / 2916 | 0:28:47 / 2799 | 0:36:26 / 2706 | 0:42:17 / 2674 |
| 2680     | 6922   | SAWICKI Krzysztof      | Warszawa         | POL       |                         | 60 M50/138  | M / 2321           | 00:57:37  | 05.45      | +0:27:05 | 0:06:57 / 2283 | 0:12:56 / 2745 | 0:28:39 / 2755 | 0:36:41 / 2783 | 0:42:40 / 2784 |
| 2681     | 2642   | GĘBICKA Małgorzata     | Gniezno          | POL       | Amator                  | 62 K50/8    | K / 360            | 00:57:37  | 05.45      | +0:27:05 | 0:07:39 / 3263 | 0:13:47 / 3335 | 0:29:20 / 2975 | 0:37:07 / 2895 | 0:43:00 / 2863 |
| 2682     | 6670   | KOBUS Mariusz          | Warszawa         | POL       |                         | 80 M30/1023 | M / 2322           | 00:57:37  | 05.45      | +0:27:06 | 0:06:44 / 1941 | 0:11:57 / 1862 | 0:27:01 / 2133 | 0:35:12 / 2347 | 0:41:09 / 2413 |
| 2683     | 6958   | ROŻEK Marta            | Warszawa         | POL       |                         | 86 K20/143  | K / 361            | 00:57:38  | 05.45      | +0:27:06 | 0:07:15 / 2744 | 0:13:03 / 2826 | 0:29:12 / 2936 | 0:37:19 / 2948 | 0:43:14 / 2912 |
| 2684     | 4300   | BRYNKUS Piotr          | Warszawa         | POL       | Rbs                     | 91 M20/674  | M / 2323           | 00:57:38  | 05.45      | +0:27:06 | 0:05:40 / 470  | 0:10:52 / 924  | 0:27:07 / 2163 | 0:36:28 / 2712 | 0:42:38 / 2772 |
| 2685     | 4731   | ERNST Andrzej          | Warszawa         | POL       | Hilti                   | 75 M30/1024 | M / 2324           | 00:57:38  | 05.45      | +0:27:06 | 0:07:29 / 3065 | 0:13:22 / 3070 | 0:29:07 / 2908 | 0:36:57 / 2851 | 0:42:51 / 2826 |
| 2686     | 6291   | SŁAWIK Barbara         | Warszawa         | POL       |                         | 81 K30/165  | K / 362            | 00:57:38  | 05.45      | +0:27:06 | 0:07:49 / 3456 | 0:14:03 / 3490 | 0:29:49 / 3140 | 0:37:52 / 3077 | 0:43:35 / 2986 |
| 2687     | 4054   | LIS Sylwester          | Warszawa         | POL       |                         | 71 M40/422  | M / 2325           | 00:57:38  | 05.45      | +0:27:06 | 0:07:10 / 2605 | 0:12:51 / 2678 | 0:28:35 / 2730 | 0:36:33 / 2735 | 0:42:38 / 2771 |
| 2688     | 4241   | LEWALSKA Agnieszka     | Warszawa         | POL       |                         | 90 K20/144  | K / 363            | 00:57:39  | 05.45      | +0:27:07 | 0:07:42 / 3328 | 0:13:23 / 3082 | 0:29:29 / 3029 | 0:37:14 / 2913 | 0:43:03 / 2881 |
| 2689     | 164    | KWIATKOWSKI Jakub      | Warszawa         | POL       | Psp Warszawa            | 81 M30/1025 | M / 2326           | 00:57:39  | 05.45      | +0:27:07 | 0:07:11 / 2635 | 0:12:50 / 2657 | 0:29:08 / 2918 | 0:35:41 / 2490 | 0:41:26 / 2482 |
| 2690     | 4694   | JAROSZ Joanna          | Pruszków         | POL       |                         | 73 K40/45   | K / 364            | 00:57:39  | 05.45      | +0:27:07 | 0:07:25 / 2971 | 0:13:19 / 3034 | 0:29:06 / 2899 | 0:36:54 / 2836 | 0:42:48 / 2812 |
| 2691     | 240    | POPIELNICKI Grzegorz   | Warszawa         | POL       | Pko                     | 85 M20/675  | M / 2327           | 00:57:41  | 05.46      | +0:27:09 | 0:07:27 / 3001 | 0:13:11 / 2923 | 0:28:36 / 2731 | 0:36:35 / 2752 | 0:42:26 / 2720 |
| 2692     | 6097   | DOBRODZIEJ Tomasz      | Warszawa         | POL       |                         | 83 M30/1026 | M / 2328           | 00:57:41  | 05.46      | +0:27:09 | 0:06:23 / 1339 | 0:11:36 / 1533 | 0:26:28 / 1911 | 0:34:53 / 2248 | 0:41:15 / 2440 |
| 2693     | 4115   | SZLENK Łukasz          | Warszawa         | POL       |                         | 78 M30/1027 | M / 2329           | 00:57:41  | 05.46      | +0:27:09 | 0:07:10 / 2621 | 0:13:12 / 2948 | 0:28:50 / 2816 | 0:36:40 / 2775 | 0:42:45 / 2801 |
| 2694     | 4055   | WOJCIESKI Łukasz       | Warszawa         | POL       |                         | 84 M20/676  | M / 2330           | 00:57:41  | 05.46      | +0:27:09 | 0:06:52 / 2187 | 0:12:41 / 2522 | 0:28:10 / 2587 | 0:36:09 / 2631 | 0:42:02 / 2620 |
| 2695     | 4891   | TWORZEWSKI Grzegorz    | Ostrowiec        | POL       |                         | 83 M30/1028 | M / 2331           | 00:57:41  | 05.46      | +0:27:09 | 0:07:28 / 3037 | 0:13:12 / 2947 | 0:28:50 / 2817 | 0:36:57 / 2847 | 0:43:02 / 2871 |
| 2696     | 418    | REWIŃSKI Jonasz        | Warszawa         | POL       |                         | 83 M30/1029 | M / 2332           | 00:57:42  | 05.46      | +0:27:10 | 0:06:49 / 2084 | 0:12:19 / 2227 | 0:27:50 / 2463 | 0:35:58 / 2576 | 0:42:14 / 2664 |
| 2697     | 3759   | SŁAWIŃSKI Michał       | Warszawa         | POL       |                         | 90 M20/677  | M / 2333           | 00:57:42  | 05.46      | +0:27:10 | 0:07:28 / 3034 | 0:13:15 / 2983 | 0:29:22 / 2988 | 0:37:29 / 2987 | 0:43:35 / 2988 |
| 2698     | 5921   | BORKOWSKI Rafał        | Warszawa         | POL       |                         | 82 M30/1030 | M / 2334           | 00:57:43  | 05.46      | +0:27:11 | 0:07:53 / 3516 | 0:13:55 / 3417 | 0:29:27 / 3016 | 0:37:18 / 2945 | 0:43:16 / 2921 |
| 2699     | 497    | JALBRZYKOWSKI Marcin   | Ząbki            | POL       |                         | 84 M20/678  | M / 2335           | 00:57:43  | 05.46      | +0:27:11 | 0:06:08 / 946  | 0:11:33 / 1471 | 0:28:11 / 2598 | 0:36:30 / 2724 | 0:42:58 / 2855 |
| 2700     | 2125   | KULEJ Leszek           | Warszawa         | POL       |                         | 87 M20/679  | M / 2336           | 00:57:43  | 05.46      | +0:27:11 | 0:07:04 / 2490 | 0:12:44 / 2572 | 0:27:58 / 2512 | 0:35:38 / 2476 | 0:41:28 / 2486 |
| 2701     | 3991   | PODLEWSKA Ania         | Warszawa         | POL       | Run Kayax Run           | 81 K30/166  | K / 365            | 00:57:45  | 05.46      | +0:27:13 | 0:07:20 / 2865 | 0:13:05 / 2853 | 0:28:39 / 2754 | 0:36:40 / 2774 | 0:42:25 / 2713 |
| 2702     | 6632   | GRALEK Paweł           | Marki            | POL       |                         | 60 M50/139  | M / 2337           | 00:57:45  | 05.46      | +0:27:13 | 0:07:11 / 2637 | 0:12:50 / 2655 | 0:28:24 / 2666 | 0:36:34 / 2745 | 0:42:29 / 2734 |
| 2703     | 17     | GRODZKI Michał         |                  | POL       |                         | 13 M / 2338 |                    | 00:57:46  | 05.46      | +0:27:14 | 0:07:48 / 3436 | 0:13:46 / 3323 | 0:29:33 / 3057 | 0:37:18 / 2943 | 0:43:02 / 2875 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2704     | 4544   | LAMPIKA Krzysztof      | Warszawa         | POL       |                         | 60 M50/140  | M / 2339           | 00:57:46  | 05.46      | +0:27:14 | 0:07:29 / 3057 | 0:13:35 / 3202 | 0:29:10 / 2923 | 0:37:03 / 2872 | 0:42:56 / 2844 |
| 2705     | 3793   | SIUDEK Dorota          | Toruń            | POL       | Axel Toruń              | 75 K30/167  | K / 366            | 00:57:46  | 05.46      | +0:27:14 | 0:07:51 / 3490 | 0:13:55 / 3413 | 0:29:29 / 3030 | 0:37:20 / 2954 | 0:43:11 / 2905 |
| 2706     | 4440   | LAMPKA Agnieszka       | Warszawa         | POL       |                         | 85 K20/145  | K / 367            | 00:57:47  | 05.46      | +0:27:15 | 0:07:34 / 3180 | 0:13:29 / 3155 | 0:28:55 / 2836 | 0:36:51 / 2829 | 0:42:40 / 2780 |
| 2707     | 5779   | BIEŃ Julia             | Warszawa         | POL       |                         | 85 K20/146  | K / 368            | 00:57:47  | 05.46      | +0:27:15 | 0:06:50 / 2139 | 0:12:30 / 2382 | 0:28:20 / 2653 | 0:36:25 / 2697 | 0:42:14 / 2662 |
| 2708     | 4416   | MIRECKI Sławomir       | Płock            | POL       |                         | 69 M40/423  | M / 2340           | 00:57:47  | 05.46      | +0:27:15 | 0:06:56 / 2264 | 0:12:20 / 2249 | 0:27:09 / 2181 | 0:35:01 / 2286 | 0:40:54 / 2353 |
| 2709     | 4205   | DRAĞ Arkadiusz         | Warszawa         | POL       |                         | 83 M30/1031 | M / 2341           | 00:57:48  | 05.46      | +0:27:16 | 0:07:13 / 2686 | 0:12:53 / 2702 | 0:28:33 / 2718 | 0:36:33 / 2736 | 0:42:37 / 2765 |
| 2710     | 6004   | KUBASZEWSKI Dariusz    | Warszawa         | POL       |                         | 70 M40/424  | M / 2342           | 00:57:49  | 05.46      | +0:27:17 | 0:06:55 / 2259 | 0:12:32 / 2408 | 0:28:17 / 2638 | 0:36:22 / 2685 | 0:42:26 / 2719 |
| 2711     | 4858   | GARDZIŃSKI Piotr       | Ząbki            | POL       |                         | 98 M20/680  | M / 2343           | 00:57:49  | 05.46      | +0:27:17 | 0:07:48 / 3431 | 0:13:50 / 3356 | 0:30:50 / 3413 | 0:38:20 / 3187 | 0:44:02 / 3073 |
| 2712     | 2225   | KRAWCZYK Aleksandra    | Warszawa         | POL       |                         | 84 K20/147  | K / 369            | 00:57:49  | 05.46      | +0:27:17 | 0:07:00 / 2391 | 0:12:31 / 2387 | 0:27:57 / 2507 | 0:35:56 / 2568 | 0:41:51 / 2576 |
| 2713     | 5101   | KOZAL Marcin           | Warszawa         | POL       | Play                    | 76 M30/1032 | M / 2344           | 00:57:50  | 05.47      | +0:27:18 | 0:07:55 / 3542 | 0:14:01 / 3477 | 0:30:03 / 3216 | 0:38:08 / 3136 | 0:43:57 / 3065 |
| 2714     | 3143   | OWCZAREK Magda         | Warszawa         | POL       |                         | 87 K20/148  | K / 370            | 00:57:50  | 05.47      | +0:27:18 | 0:06:59 / 2351 | 0:12:35 / 2441 | 0:28:28 / 2689 | 0:36:28 / 2713 | 0:42:23 / 2701 |
| 2715     | 464    | SAWA Ryszard           | Pruszków         | POL       |                         | 44 M60/35   | M / 2345           | 00:57:51  | 05.47      | +0:27:19 | 0:07:22 / 2901 | 0:12:59 / 2777 | 0:28:26 / 2682 | 0:36:25 / 2698 | 0:42:22 / 2700 |
| 2716     | 5411   | KOSTKA Andrzej         | Legionowo        | POL       |                         | 89 M20/681  | M / 2346           | 00:57:51  | 05.47      | +0:27:19 | 0:07:37 / 3224 | 0:13:27 / 3138 | 0:29:10 / 2925 | 0:37:16 / 2926 | 0:43:15 / 2918 |
| 2717     | 4046   | KRYSZYŁOWICZ Jacek     | Szczytno         | POL       | Akb Szczytno            | 80 M30/1033 | M / 2347           | 00:57:51  | 05.47      | +0:27:19 | 0:07:37 / 3217 | 0:13:50 / 3361 | 0:29:58 / 3183 | 0:37:39 / 3037 | 0:42:54 / 2837 |
| 2718     | 6094   | SŁONINA Damian         | Warszawa         | POL       |                         | 68 M40/425  | M / 2348           | 00:57:51  | 05.47      | +0:27:19 | 0:06:59 / 2356 | 0:12:19 / 2223 | 0:27:27 / 2298 | 0:35:27 / 2410 | 0:41:40 / 2533 |
| 2719     | 5855   | ZIÓŁEK Sylwester       | Warszawa         | POL       |                         | 76 M30/1034 | M / 2349           | 00:57:52  | 05.47      | +0:27:20 | 0:06:40 / 1825 | 0:12:07 / 2050 | 0:27:14 / 2212 | 0:35:34 / 2455 | 0:41:51 / 2574 |
| 2720     | 5062   | PLEWIŃSKI Przemysław   | Poznań           | POL       | Adwokaci                | 85 M20/682  | M / 2350           | 00:57:52  | 05.47      | +0:27:20 | 0:07:31 / 3119 | 0:13:41 / 3265 | 0:29:31 / 3045 | 0:37:26 / 2972 | 0:43:23 / 2950 |
| 2721     | 6528   | BOCZEK Magdalena       | Warszawa         | POL       |                         | 81 K30/168  | K / 371            | 00:57:52  | 05.47      | +0:27:21 | 0:07:09 / 2580 | 0:12:53 / 2699 | 0:28:36 / 2734 | 0:36:27 / 2709 | 0:42:28 / 2729 |
| 2722     | 4689   | SZULENCKA Aleksandra   | Warszawa         | POL       | Zabiegani Po Uszy       | 84 K20/149  | K / 372            | 00:57:53  | 05.47      | +0:27:21 | 0:07:13 / 2688 | 0:12:43 / 2552 | 0:28:04 / 2558 | 0:36:14 / 2651 | 0:41:52 / 2583 |
| 2723     | 6509   | KYRCZ Marta            | Warszawa         | POL       |                         | 75 K30/169  | K / 373            | 00:57:54  | 05.47      | +0:27:22 | 0:06:48 / 2054 | 0:12:13 / 2145 | 0:27:36 / 2363 | 0:35:41 / 2488 | 0:41:41 / 2539 |
| 2724     | 4569   | SAWICKA Katarzyna      | Warszawa         | POL       |                         | 86 K20/150  | K / 374            | 00:57:54  | 05.47      | +0:27:22 | 0:06:58 / 2332 | 0:12:40 / 2511 | 0:28:02 / 2538 | 0:35:53 / 2546 | 0:42:31 / 2741 |
| 2725     | 6947   | PIETRUSZCZAK Ewa       | Tomaszów         | POL       |                         | 76 K30/170  | K / 375            | 00:57:54  | 05.47      | +0:27:22 | 0:06:53 / 2211 | 0:12:26 / 2321 | 0:27:45 / 2427 | 0:35:49 / 2534 | 0:41:58 / 2607 |
| 2726     | 5999   | BARNAŚ Paweł           | Warszawa         | POL       |                         | 75 M30/1035 | M / 2351           | 00:57:55  | 05.47      | +0:27:23 | 0:07:18 / 2824 | 0:12:48 / 2622 | 0:27:47 / 2439 | 0:35:43 / 2500 | 0:41:59 / 2612 |
| 2727     | 2649   | GMITEREK Anna          | Biłgoraj         | POL       |                         | 78 K30/171  | K / 376            | 00:57:56  | 05.47      | +0:27:24 | 0:07:26 / 2995 | 0:13:17 / 3009 | 0:29:29 / 3032 | 0:37:35 / 3016 | 0:43:19 / 2934 |
| 2728     | 3869   | LEWANDOWSKI Przemysław | Warszawa         | POL       |                         | 81 M30/1036 | M / 2352           | 00:57:56  | 05.47      | +0:27:24 | 0:07:14 / 2730 | 0:13:01 / 2800 | 0:28:55 / 2837 | 0:36:57 / 2848 | 0:42:46 / 2805 |
| 2729     | 6130   | BIENIEK Jakub          | Warszawa         | POL       | Roche Runners           | 81 M30/1037 | M / 2353           | 00:57:57  | 05.47      | +0:27:25 | 0:06:59 / 2355 | 0:12:27 / 2331 | 0:28:24 / 2667 | 0:36:33 / 2738 | 0:42:23 / 2702 |
| 2730     | 2650   | GMITEREK Tomasz        | Lublin           | POL       |                         | 72 M40/426  | M / 2354           | 00:57:57  | 05.47      | +0:27:25 | 0:07:27 / 3019 | 0:13:17 / 3010 | 0:29:30 / 3036 | 0:37:35 / 3014 | 0:43:19 / 2931 |
| 2731     | 2217   | DZIUBIŃSKA Małgorzata  | Warszawa         | POL       | Rbs                     | 13          | K / 377            | 00:57:58  | 05.47      | +0:27:26 | 0:07:40 / 3276 | 0:13:38 / 3237 | 0:29:49 / 3141 | 0:37:40 / 3038 | 0:43:28 / 2965 |
| 2732     | 6060   | KWIETNIEWSKI Bartosz   | Warszawa         | POL       |                         | 84 M20/683  | M / 2355           | 00:57:58  | 05.47      | +0:27:26 | 0:08:17 / 3798 | 0:14:44 / 3752 | 0:31:12 / 3488 | 0:39:07 / 3355 | 0:44:11 / 3108 |
| 2733     | 6083   | KOŁODZIEJ Andrzej      | Warszawa         | POL       |                         | 88 M20/684  | M / 2356           | 00:57:59  | 05.47      | +0:27:27 | 0:07:34 / 3179 | 0:13:22 / 3065 | 0:29:11 / 2931 | 0:37:20 / 2953 | 0:43:08 / 2896 |
| 2734     | 3969   | KNIGAWKA Ewelina       | Warszawa         | POL       |                         | 83 K30/172  | K / 378            | 00:57:59  | 05.47      | +0:27:27 | 0:06:47 / 2039 | 0:12:08 / 2057 | 0:27:37 / 2374 | 0:35:59 / 2579 | 0:42:05 / 2639 |
| 2735     | 4266   | KUCHARSKI Krzysztof    | Warszawa         | POL       |                         | 60 M50/141  | M / 2357           | 00:57:59  | 05.47      | +0:27:27 | 0:07:24 / 2956 | 0:13:11 / 2932 | 0:28:40 / 2763 | 0:36:41 / 2784 | 0:42:39 / 2776 |
| 2736     | 2635   | GARBACIK Wojciech      | Kraków           | POL       |                         | 71 M40/427  | M / 2358           | 00:57:59  | 05.47      | +0:27:27 | 0:07:15 / 2751 | 0:12:48 / 2618 | 0:28:18 / 2646 | 0:36:31 / 2726 | 0:42:22 / 2699 |
| 2737     | 6226   | GRELA Ewelina          | Warszawa         | POL       |                         | 85 K20/151  | K / 379            | 00:57:59  | 05.47      | +0:27:27 | 0:06:48 / 2052 | 0:12:10 / 2092 | 0:27:46 / 2434 | 0:36:04 / 2606 | 0:42:12 / 2658 |
| 2738     | 5709   | WRONA Przemysław       | Warszawa         | POL       |                         | 87 M20/685  | M / 2359           | 00:58:00  | 05.48      | +0:27:28 | 0:08:08 / 3694 | 0:14:21 / 3622 | 0:30:47 / 3402 | 0:38:15 / 3159 | 0:43:47 / 3026 |
| 2739     | 4158   | BUKS Rafał             | Warszawa         | POL       |                         | 75 M30/1038 | M / 2360           | 00:58:00  | 05.48      | +0:27:28 | 0:06:46 / 1990 | 0:12:38 / 2489 | 0:28:25 / 2675 | 0:36:50 / 2819 | 0:43:01 / 2867 |
| 2740     | 3457   | SZYMURA Józef          | Tarnowskie Góry  | POL       |                         | 61 M50/142  | M / 2361           | 00:58:00  | 05.48      | +0:27:28 | 0:07:05 / 2507 | 0:12:55 / 2731 | 0:28:33 / 2715 | 0:36:22 / 2687 | 0:42:24 / 2711 |
| 2741     | 82     | SAJEWICZ Mirosław      |                  | POL       |                         | 76 M30/1039 | M / 2362           | 00:58:00  | 05.48      | +0:27:28 | 0:08:05 / 3657 | 0:13:52 / 3386 | 0:29:10 / 2927 | 0:37:02 / 2866 | 0:42:50 / 2819 |
| 2742     | 4782   | CEMBALA Marek          | Bielsko-biała    | POL       |                         | 79 M30/1040 | M / 2363           | 00:58:01  | 05.48      | +0:27:29 | 0:06:26 / 1433 | 0:11:40 / 1605 | 0:27:16 / 2235 | 0:35:49 / 2527 | 0:41:38 / 2524 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City  | Kraj Nat. | Druż / Klub Team / Club   | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|-------------------|-----------|---------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2743     | 4727   | STANCZYK Karolina     | Warszawa          | POL       |                           | 74      | K30/173 K / 380    | 00:58:01  | 05.48      | +0:27:29 | 0:07:30 / 3081 | 0:13:24 / 3096 | 0:29:07 / 2909 | 0:36:57 / 2852 | 0:42:54 / 2833 |
| 2744     | 5708   | WRONA Janusz          | Warszawa          | POL       |                           | 68      | M40/428 M / 2364   | 00:58:01  | 05.48      | +0:27:29 | 0:08:07 / 3682 | 0:14:18 / 3598 | 0:30:26 / 3316 | 0:38:15 / 3160 | 0:43:46 / 3021 |
| 2745     | 5627   | ROWICKI Jacek         | Warszawa          | POL       |                           | 61      | M50/143 M / 2365   | 00:58:01  | 05.48      | +0:27:29 | 0:06:45 / 1967 | 0:12:12 / 2129 | 0:27:40 / 2395 | 0:35:58 / 2577 | 0:41:59 / 2609 |
| 2746     | 4028   | BARWICKI Kamil        | Białobrzegi       | POL       |                           | 86      | M20/686 M / 2366   | 00:58:01  | 05.48      | +0:27:29 | 0:07:06 / 2516 | 0:12:57 / 2752 | 0:28:26 / 2679 | 0:36:25 / 2699 | 0:42:29 / 2735 |
| 2747     | 2936   | KUPIDURA Bartosz      | Radom             | POL       |                           | 92      | M20/687 M / 2367   | 00:58:01  | 05.48      | +0:27:29 | 0:06:24 / 1406 | 0:11:21 / 1319 | 0:25:53 / 1666 | 0:34:42 / 2195 | 0:41:14 / 2431 |
| 2748     | 4942   | JASTRZĘBSKI Jakub     | Jastrzębia        | POL       |                           | 83      | M30/1041 M / 2368  | 00:58:02  | 05.48      | +0:27:30 | 0:07:08 / 2562 | 0:12:50 / 2658 | 0:28:18 / 2644 | 0:36:38 / 2764 | 0:42:57 / 2850 |
| 2749     | 3996   | GIZIŃSKI Cezary       | Łosice            | POL       |                           | 86      | M20/688 M / 2369   | 00:58:04  | 05.48      | +0:27:32 | 0:07:09 / 2584 | 0:13:04 / 2844 | 0:28:37 / 2740 | 0:36:34 / 2746 | 0:42:31 / 2744 |
| 2750     | 141    | URBAŃSKI Piotr        | Warszawa          | POL       | Sportbiznes               | 13      | M / 2370           | 00:58:04  | 05.48      | +0:27:32 | 0:06:46 / 1996 | 0:12:18 / 2215 | 0:27:56 / 2503 | 0:36:22 / 2683 | 0:42:14 / 2666 |
| 2751     | 2682   | GRUSZCZYK Michał      | Warszawa          | POL       |                           | 84      | M20/689 M / 2371   | 00:58:04  | 05.48      | +0:27:32 | 0:07:19 / 2834 | 0:13:22 / 3074 | 0:29:20 / 2973 | 0:37:21 / 2958 | 0:43:18 / 2926 |
| 2752     | 3693   | TRUSKOLAS Michał      | Łódź              | POL       |                           | 75      | M30/1042 M / 2372  | 00:58:04  | 05.48      | +0:27:32 | 0:07:56 / 3560 | 0:13:48 / 3340 | 0:29:52 / 3162 | 0:37:32 / 3000 | 0:43:04 / 2883 |
| 2753     | 3348   | SOBCZYK Krzysztof     | Kutno             | POL       |                           | 73      | M40/429 M / 2373   | 00:58:04  | 05.48      | +0:27:32 | 0:06:52 / 2190 | 0:12:32 / 2417 | 0:28:08 / 2570 | 0:36:18 / 2672 | 0:42:23 / 2704 |
| 2754     | 6560   | PIOTROWICZ Paweł      | Warszawa          | POL       |                           | 76      | M30/1043 M / 2374  | 00:58:04  | 05.48      | +0:27:32 | 0:07:28 / 3048 | 0:13:21 / 3058 | 0:29:15 / 2958 | 0:36:58 / 2856 | 0:42:52 / 2831 |
| 2755     | 5514   | SADOWSKA Jolanta      | Budy Wielgoleckie | POL       |                           | 77      | K30/174 K / 381    | 00:58:05  | 05.48      | +0:27:33 | 0:06:52 / 2175 | 0:12:12 / 2135 | 0:27:36 / 2358 | 0:36:07 / 2614 | 0:42:03 / 2630 |
| 2756     | 4668   | GĘBALSKA Joanna       | Warszawa          | POL       | Tn Biegówki Gebalsky Team | 91      | K20/152 K / 382    | 00:58:05  | 05.48      | +0:27:33 | 0:06:38 / 1784 | 0:12:07 / 2046 | 0:27:36 / 2365 | 0:36:01 / 2589 | 0:42:04 / 2633 |
| 2757     | 6592   | TOMASZEWSKI Paweł     | Warszawa          | POL       |                           | 86      | M20/690 M / 2375   | 00:58:05  | 05.48      | +0:27:33 | 0:07:09 / 2586 | 0:13:03 / 2824 | 0:28:36 / 2738 | 0:36:34 / 2742 | 0:42:31 / 2745 |
| 2758     | 6877   | ANDREJEW Agnieszka    | Ząbki             | POL       |                           | 70      | K40/46 K / 383     | 00:58:05  | 05.48      | +0:27:33 | 0:07:38 / 3245 | 0:13:31 / 3172 | 0:29:20 / 2977 | 0:37:14 / 2918 | 0:43:02 / 2876 |
| 2759     | 5486   | WYSOCKI Sergiusz      | Wiązowna          | POL       | Kp Psp Otwock             | 80      | M30/1044 M / 2376  | 00:58:05  | 05.48      | +0:27:33 | 0:06:48 / 2046 | 0:12:20 / 2245 | 0:28:16 / 2632 | 0:36:38 / 2766 | 0:42:28 / 2726 |
| 2760     | 6502   | WÓJCIK Patrycja       | Warszawa          | POL       |                           | 84      | K20/153 K / 384    | 00:58:05  | 05.48      | +0:27:33 | 0:07:02 / 2450 | 0:12:29 / 2360 | 0:28:21 / 2656 | 0:36:28 / 2714 | 0:42:27 / 2722 |
| 2761     | 3335   | SŁONINA Zuzanna       | Strzeńcówka       | POL       |                           | 96      | K20/154 K / 385    | 00:58:06  | 05.48      | +0:27:34 | 0:06:53 / 2213 | 0:12:31 / 2383 | 0:27:10 / 2187 | 0:35:48 / 2524 | 0:41:38 / 2521 |
| 2762     | 3352   | SOBOŃ Andrzej         | Warszawa          | POL       | Dziennikarze              | 88      | M20/691 M / 2377   | 00:58:06  | 05.48      | +0:27:34 | 0:06:41 / 1843 | 0:12:07 / 2052 | 0:27:15 / 2224 | 0:35:30 / 2433 | 0:41:43 / 2544 |
| 2763     | 6766   | MARCZAK Grażyna       | Warszawa          | POL       |                           | 53      | K60/1 K / 386      | 00:58:06  | 05.48      | +0:27:34 | 0:07:14 / 2707 | 0:13:00 / 2796 | 0:28:32 / 2712 | 0:36:42 / 2788 | 0:42:41 / 2790 |
| 2764     | 4415   | MICHALCZYK Aleksandra | Warszawa          | POL       |                           | 79      | K30/175 K / 387    | 00:58:07  | 05.48      | +0:27:35 | 0:07:05 / 2508 | 0:12:35 / 2443 | 0:27:54 / 2483 | 0:36:10 / 2639 | 0:42:06 / 2641 |
| 2765     | 2816   | KIZIUKIEWICZ Marcin   | Elk               | POL       |                           | 84      | M20/692 M / 2378   | 00:58:07  | 05.48      | +0:27:35 | 0:06:43 / 1906 | 0:12:11 / 2114 | 0:27:55 / 2498 | 0:36:31 / 2729 | 0:42:39 / 2775 |
| 2766     | 5104   | MRÓZ Bartosz          | Warszawa          | POL       | Play                      | 83      | M30/1045 M / 2379  | 00:58:08  | 05.48      | +0:27:36 | 0:08:35 / 3925 | 0:15:11 / 3901 | 0:31:26 / 3528 | 0:38:55 / 3318 | 0:44:23 / 3144 |
| 2767     | 6250   | MROCZEK Sylwia        | Rumia             | POL       |                           | 72      | K40/47 K / 388     | 00:58:08  | 05.48      | +0:27:36 | 0:07:30 / 3098 | 0:13:20 / 3046 | 0:28:58 / 2860 | 0:37:12 / 2909 | 0:42:50 / 2818 |
| 2768     | 3078   | MRÓZ Piotr            | Kraków            | POL       | Wp                        | 79      | M30/1046 M / 2380  | 00:58:08  | 05.48      | +0:27:36 | 0:07:31 / 3126 | 0:13:29 / 3151 | 0:28:54 / 2831 | 0:36:40 / 2778 | 0:42:37 / 2767 |
| 2769     | 5372   | LESIAK Roman          | Radom             | POL       |                           | 70      | M40/430 M / 2381   | 00:58:08  | 05.48      | +0:27:36 | 0:06:49 / 2098 | 0:12:03 / 1974 | 0:26:28 / 1912 | 0:34:13 / 2040 | 0:40:48 / 2331 |
| 2770     | 3203   | PLANIK Adam           | Tarnów            | POL       |                           | 52      | M60/36 M / 2382    | 00:58:08  | 05.48      | +0:27:36 | 0:07:28 / 3035 | 0:13:18 / 3026 | 0:28:38 / 2746 | 0:36:35 / 2750 | 0:42:26 / 2721 |
| 2771     | 6116   | GURDZIŃSKI Michał     | Warszawa          | POL       |                           | 80      | M30/1047 M / 2383  | 00:58:09  | 05.48      | +0:27:37 | 0:07:33 / 3149 | 0:13:23 / 3092 | 0:29:00 / 2871 | 0:36:55 / 2839 | 0:42:50 / 2825 |
| 2772     | 5373   | LESIAK Damian         | Radom             | POL       |                           | 96      | M20/693 M / 2384   | 00:58:09  | 05.48      | +0:27:37 | 0:06:51 / 2165 | 0:12:02 / 1959 | 0:26:30 / 1929 | 0:34:15 / 2051 | 0:40:50 / 2339 |
| 2773     | 3757   | RYTEL Adam            | Milanówek         | POL       |                           | 55      | M50/144 M / 2385   | 00:58:09  | 05.48      | +0:27:37 | 0:07:22 / 2918 | 0:13:03 / 2835 | 0:28:49 / 2808 | 0:36:53 / 2833 | 0:42:45 / 2802 |
| 2774     | 4496   | ZEGARŁOWICZ Paweł     | Piastów           | POL       |                           | 62      | M50/145 M / 2386   | 00:58:09  | 05.48      | +0:27:37 | 0:06:47 / 2013 | 0:12:13 / 2141 | 0:28:01 / 2532 | 0:36:16 / 2659 | 0:42:16 / 2671 |
| 2775     | 2937   | KUPRAS Wiesław        | Leżajsk           | POL       | Brak                      | 64      | M40/431 M / 2387   | 00:58:10  | 05.49      | +0:27:38 | 0:07:00 / 2379 | 0:12:24 / 2290 | 0:27:58 / 2510 | 0:36:13 / 2647 | 0:42:11 / 2657 |
| 2776     | 6200   | PACZÓSKI Jacek        | Warszawa          | POL       |                           | 78      | M30/1048 M / 2388  | 00:58:10  | 05.49      | +0:27:38 | 0:07:17 / 2808 | 0:12:53 / 2700 | 0:28:13 / 2612 | 0:36:17 / 2664 | 0:42:19 / 2685 |
| 2777     | 3049   | MILCZAREK Małgorzata  | Łódź              | POL       | Biegambolubię Łódź        | 74      | K30/176 K / 389    | 00:58:11  | 05.49      | +0:27:39 | 0:07:24 / 2948 | 0:12:59 / 2775 | 0:28:11 / 2595 | 0:36:14 / 2654 | 0:42:10 / 2653 |
| 2778     | 3075   | MROWICKA Małgorzata   | Łódź              | POL       |                           | 67      | K40/48 K / 390     | 00:58:11  | 05.49      | +0:27:39 | 0:07:09 / 2600 | 0:12:41 / 2523 | 0:28:04 / 2554 | 0:36:12 / 2643 | 0:42:13 / 2660 |
| 2779     | 6602   | ZADROGA Hubert        | Zaręby Kościelne  | POL       |                           | 85      | M20/694 M / 2389   | 00:58:11  | 05.49      | +0:27:39 | 0:06:08 / 956  | 0:10:49 / 878  | 0:26:38 / 1971 | 0:35:06 / 2313 | 0:41:29 / 2495 |
| 2780     | 6904   | GAŚSIOR Janusz        | Warszawa          | POL       | Brak                      | 51      | M60/37 M / 2390    | 00:58:12  | 05.49      | +0:27:40 | 0:07:16 / 2767 | 0:12:49 / 2642 | 0:28:21 / 2655 | 0:36:34 / 2743 | 0:42:29 / 2736 |
| 2781     | 6860   | KAROLCZAK Maciej      | Warszawa          | POL       |                           | 54      | M50/146 M / 2391   | 00:58:12  | 05.49      | +0:27:40 | 0:07:10 / 2625 | 0:12:43 / 2538 | 0:28:18 / 2645 | 0:36:29 / 2718 | 0:42:26 / 2716 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Klub | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2782     | 2540   | CYSEK Jaromir        | Łódź             | POL       |                         | 85 M20/695  | M / 2392           | 00:58:13  | 05.49      | +0:27:41 | 0:07:25 / 2967 | 0:13:16 / 2995 | 0:28:56 / 2846 | 0:36:51 / 2828 | 0:42:56 / 2848 |
| 2783     | 21     | JAWORSKI Piotr       | Warszawa         | POL       | Dzielnica Białoleka     | 77 M30/1049 | M / 2393           | 00:58:14  | 05.49      | +0:27:42 | 0:07:34 / 3176 | 0:13:24 / 3102 | 0:28:57 / 2847 | 0:36:45 / 2800 | 0:42:42 / 2794 |
| 2784     | 3711   | NAGIEL Jacek         | Sulejów          | POL       |                         | 68 M40/432  | M / 2394           | 00:58:14  | 05.49      | +0:27:42 | 0:06:52 / 2183 | 0:12:02 / 1964 | 0:27:17 / 2243 | 0:35:36 / 2472 | 0:41:41 / 2538 |
| 2785     | 6980   | WOLAK-CHMIEL Maria   | Zakopane         | POL       |                         | 84 K20/155  | K / 391            | 00:58:14  | 05.49      | +0:27:42 | 0:06:47 / 2025 | 0:12:44 / 2566 | 0:28:41 / 2770 | 0:36:47 / 2812 | 0:42:53 / 2832 |
| 2786     | 6900   | KUBIAK Rafał         | Skiernewice      | POL       |                         | 84 M20/696  | M / 2395           | 00:58:14  | 05.49      | +0:27:42 | 0:07:10 / 2609 | 0:12:45 / 2590 | 0:28:46 / 2798 | 0:37:13 / 2911 | 0:43:00 / 2862 |
| 2787     | 6483   | TYMOSIEWICZ Bartosz  | Warszawa         | POL       |                         | 76 M30/1050 | M / 2396           | 00:58:15  | 05.49      | +0:27:43 | 0:07:05 / 2506 | 0:12:59 / 2778 | 0:28:43 / 2786 | 0:36:41 / 2782 | 0:42:50 / 2823 |
| 2788     | 5731   | KRAWCZYK Wiesław     | Marki            | POL       |                         | 62 M50/147  | M / 2397           | 00:58:16  | 05.49      | +0:27:44 | 0:07:30 / 3090 | 0:13:26 / 3132 | 0:29:13 / 2943 | 0:37:10 / 2904 | 0:43:07 / 2893 |
| 2789     | 5989   | CIEŚLAK Agnieszka    | Warszawa         | POL       |                         | 82 K30/177  | K / 392            | 00:58:16  | 05.49      | +0:27:44 | 0:06:48 / 2051 | 0:12:05 / 2011 | 0:27:18 / 2246 | 0:35:40 / 2485 | 0:41:49 / 2565 |
| 2790     | 6625   | KARLOWICZ Anna       | Warszawa         | POL       | Wolna Wola              | 53 K60/2    | K / 393            | 00:58:16  | 05.49      | +0:27:44 | 0:07:19 / 2833 | 0:13:10 / 2920 | 0:28:46 / 2794 | 0:36:53 / 2832 | 0:42:43 / 2796 |
| 2791     | 6621   | BANASIEWICZ Agata    | Warszawa         | POL       | Zabiegani Po Uszy       | 91 K20/156  | K / 394            | 00:58:17  | 05.49      | +0:27:45 | 0:06:59 / 2337 | 0:12:21 / 2258 | 0:27:40 / 2392 | 0:36:05 / 2608 | 0:41:58 / 2603 |
| 2792     | 6821   | SKUPIŃSKI Krzysztof  | Warszawa         | POL       | Pzu Sport Team          | 77 M30/1051 | M / 2398           | 00:58:17  | 05.49      | +0:27:45 | 0:06:53 / 2200 | 0:12:18 / 2218 | 0:28:17 / 2639 | 0:36:42 / 2785 | 0:42:46 / 2807 |
| 2793     | 3769   | GIERSZYN Bartłomiej  | Warszawa         | POL       |                         | 77 M30/1052 | M / 2399           | 00:58:18  | 05.49      | +0:27:46 | 0:07:34 / 3174 | 0:13:13 / 2953 | 0:29:08 / 2919 | 0:37:24 / 2966 | 0:43:13 / 2909 |
| 2794     | 5634   | CABAN Anna           | Warszawa         | POL       |                         | 86 K20/157  | K / 395            | 00:58:18  | 05.49      | +0:27:46 | 0:07:09 / 2592 | 0:13:04 / 2841 | 0:28:35 / 2729 | 0:36:51 / 2825 | 0:43:00 / 2864 |
| 2795     | 3919   | MARCINIAK Łukasz     | Warszawa         | POL       | Aks Polonia             | 83 M30/1053 | M / 2400           | 00:58:18  | 05.49      | +0:27:46 | 0:07:25 / 2968 | 0:13:21 / 3050 | 0:29:10 / 2924 | 0:37:05 / 2886 | 0:43:06 / 2892 |
| 2796     | 2459   | BŁACHUT Michał       | Malbork          | POL       | Malbork Sport Life      | 61 M50/148  | M / 2401           | 00:58:18  | 05.49      | +0:27:46 | 0:07:25 / 2976 | 0:13:20 / 3042 | 0:29:30 / 3035 | 0:37:35 / 3018 | 0:43:33 / 2980 |
| 2797     | 5274   | CISZEWSKI Marcin     | Łódź             | POL       | Adwokaci                | 74 M30/1054 | M / 2402           | 00:58:19  | 05.49      | +0:27:47 | 0:07:13 / 2681 | 0:12:51 / 2671 | 0:28:00 / 2527 | 0:36:20 / 2681 | 0:42:29 / 2732 |
| 2798     | 5447   | KURDEL Aleksandra    | Wysoczyn         | POL       |                         | 93 K20/158  | K / 396            | 00:58:19  | 05.49      | +0:27:47 | 0:06:48 / 2066 | 0:12:14 / 2160 | 0:27:19 / 2249 | 0:36:19 / 2676 | 0:42:16 / 2672 |
| 2799     | 4462   | ATYS Bartłomiej      | Kielpin          | POL       |                         | 75 M30/1055 | M / 2403           | 00:58:19  | 05.49      | +0:27:47 | 0:06:41 / 1838 | 0:11:54 / 1817 | 0:26:43 / 2017 | 0:34:47 / 2219 | 0:40:43 / 2304 |
| 2800     | 5914   | KOWALCZYK Mariusz    | Warszawa         | POL       |                         | 86 M20/697  | M / 2404           | 00:58:20  | 05.50      | +0:27:48 | 0:07:31 / 3112 | 0:13:34 / 3191 | 0:29:46 / 3131 | 0:37:48 / 3058 | 0:43:43 / 3011 |
| 2801     | 4649   | TENDEROWICZ Paulina  | Warszawa         | POL       |                         | 83 K30/178  | K / 397            | 00:58:20  | 05.50      | +0:27:48 | 0:07:37 / 3214 | 0:13:46 / 3325 | 0:29:30 / 3034 | 0:37:24 / 2965 | 0:43:17 / 2923 |
| 2802     | 5735   | MAŃKA Piotr          | Warszawa         | POL       |                         | 70 M40/433  | M / 2405           | 00:58:20  | 05.50      | +0:27:48 | 0:07:45 / 3384 | 0:13:51 / 3373 | 0:29:39 / 3093 | 0:37:20 / 2956 | 0:43:04 / 2885 |
| 2803     | 5334   | JOŃCZYK Emilia       | Warszawa         | POL       | Olimpus                 | 71 K40/49   | K / 398            | 00:58:21  | 05.50      | +0:27:49 | 0:07:05 / 2494 | 0:12:52 / 2691 | 0:28:20 / 2650 | 0:36:12 / 2645 | 0:42:10 / 2651 |
| 2804     | 5358   | MICHALUNIO Beata     | Frombork         | POL       |                         | 70 K40/50   | K / 399            | 00:58:21  | 05.50      | +0:27:49 | 0:07:11 / 2632 | 0:12:38 / 2484 | 0:27:56 / 2499 | 0:35:56 / 2566 | 0:41:56 / 2596 |
| 2805     | 5384   | PIOTROWSKI Paweł     | Warszawa         | POL       |                         | 86 M20/698  | M / 2406           | 00:58:21  | 05.50      | +0:27:49 | 0:06:55 / 2245 | 0:12:10 / 2091 | 0:26:53 / 2082 | 0:35:04 / 2298 | 0:41:01 / 2385 |
| 2806     | 4089   | BARGIEL Wojciech     | Warszawa         | POL       |                         | 72 M40/434  | M / 2407           | 00:58:22  | 05.50      | +0:27:50 | 0:06:42 / 1875 | 0:11:56 / 1857 | 0:27:02 / 2134 | 0:35:43 / 2501 | 0:41:59 / 2610 |
| 2807     | 4864   | SOSZYŃSKA Małgorzata | Warszawa         | POL       |                         | 62 K50/9    | K / 400            | 00:58:23  | 05.50      | +0:27:51 | 0:07:10 / 2618 | 0:12:53 / 2696 | 0:28:40 / 2764 | 0:36:49 / 2814 | 0:42:49 / 2817 |
| 2808     | 4650   | IGNACIUK Krzysztof   | Warszawa         | POL       |                         | 83 M30/1056 | M / 2408           | 00:58:23  | 05.50      | +0:27:51 | 0:07:39 / 3251 | 0:13:49 / 3346 | 0:29:32 / 3053 | 0:37:26 / 2975 | 0:43:19 / 2933 |
| 2809     | 177    | ŻYWEK Teresa         |                  | POL       | Maraton Warszawski      | 13          | K / 401            | 00:58:23  | 05.50      | +0:27:51 | 0:07:28 / 3038 | 0:13:15 / 2981 | 0:28:39 / 2751 | 0:36:28 / 2711 | 0:42:35 / 2758 |
| 2810     | 3738   | PRZYBYSZ Krzysztof   | Warszawa         | POL       |                         | 69 M40/435  | M / 2409           | 00:58:24  | 05.50      | +0:27:52 | 0:07:16 / 2778 | 0:13:13 / 2957 | 0:28:04 / 2555 | 0:35:48 / 2521 | 0:42:07 / 2642 |
| 2811     | 6393   | ROŚCISZEWSKI Marcin  | Warszawa         | POL       |                         | 84 M20/699  | M / 2410           | 00:58:24  | 05.50      | +0:27:52 | 0:06:39 / 1799 | 0:12:08 / 2056 | 0:27:51 / 2464 | 0:36:01 / 2585 | 0:42:25 / 2715 |
| 2812     | 6214   | OSICA Michał         | Warszawa         | POL       |                         | 82 M30/1057 | M / 2411           | 00:58:24  | 05.50      | +0:27:52 | 0:07:18 / 2811 | 0:12:59 / 2779 | 0:28:18 / 2641 | 0:36:06 / 2611 | 0:42:10 / 2655 |
| 2813     | 3309   | SEWERSKI Maciej      | Warszawa         | POL       |                         | 87 M20/700  | M / 2412           | 00:58:24  | 05.50      | +0:27:52 | 0:06:16 / 1182 | 0:11:38 / 1561 | 0:27:15 / 2225 | 0:35:29 / 2427 | 0:41:35 / 2510 |
| 2814     | 5434   | ZAWALA Heriberto     | Warszawa         | POL       |                         | 76 M30/1058 | M / 2413           | 00:58:24  | 05.50      | +0:27:52 | 0:08:08 / 3697 | 0:13:55 / 3420 | 0:30:14 / 3280 | 0:38:06 / 3129 | 0:43:30 / 2971 |
| 2815     | 4967   | CECHA Sławomir       | Legionowo        | POL       |                         | 75 M30/1059 | M / 2414           | 00:58:24  | 05.50      | +0:27:52 | 0:07:43 / 3338 | 0:13:36 / 3212 | 0:29:12 / 2937 | 0:37:05 / 2884 | 0:42:55 / 2839 |
| 2816     | 6329   | ZWĘGLIŃSKA Joanna    | Warszawa         | POL       |                         | 85 K20/159  | K / 402            | 00:58:24  | 05.50      | +0:27:53 | 0:07:25 / 2978 | 0:13:06 / 2865 | 0:28:33 / 2721 | 0:36:32 / 2731 | 0:42:41 / 2787 |
| 2817     | 3806   | WIELGUS Izabela      | Wrocław          | POL       |                         | 81 K30/179  | K / 403            | 00:58:25  | 05.50      | +0:27:53 | 0:07:18 / 2820 | 0:12:59 / 2770 | 0:28:40 / 2759 | 0:36:44 / 2795 | 0:42:36 / 2759 |
| 2818     | 5110   | MAZIO Radosław       | Warszawa         | POL       |                         | 80 M30/1060 | M / 2415           | 00:58:25  | 05.50      | +0:27:53 | 0:07:52 / 3495 | 0:13:58 / 3449 | 0:30:00 / 3194 | 0:38:05 / 3122 | 0:43:55 / 3055 |
| 2819     | 2603   | DZIEDZIC Dominik     | Warszawa         | POL       |                         | 80 M30/1061 | M / 2416           | 00:58:25  | 05.50      | +0:27:53 | 0:06:57 / 2296 | 0:12:24 / 2297 | 0:27:36 / 2359 | 0:36:05 / 2607 | 0:42:22 / 2697 |
| 2820     | 3031   | MATWIEJUK Magdalena  | Warszawa         | POL       | 100krotki               | 84 K20/160  | K / 404            | 00:58:26  | 05.50      | +0:27:54 | 0:07:38 / 3238 | 0:13:28 / 3146 | 0:29:19 / 2969 | 0:37:39 / 3036 | 0:43:29 / 2966 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name           | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club   | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------------|--------------------|-----------|---------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2821     | 4243   | SKIBIŃSKA Anna                 | Warszawa           | POL       |                           | 85      | K20/161 K / 405    | 00:58:26  | 05.50      | +0:27:54 | 0:07:00 / 2367 | 0:12:21 / 2263 | 0:27:54 / 2487 | 0:36:11 / 2640 | 0:42:22 / 2696 |
| 2822     | 4155   | KOWALSKI Krzysztof             | Warszawa           | POL       | Aks Polonia               | 82      | M30/1062 M / 2417  | 00:58:26  | 05.50      | +0:27:54 | 0:06:46 / 1992 | 0:12:06 / 2016 | 0:27:11 / 2194 | 0:35:21 / 2387 | 0:41:26 / 2484 |
| 2823     | 6969   | PILCICKI Przemysław            | Warszawa           | POL       |                           | 85      | M20/701 M / 2418   | 00:58:26  | 05.50      | +0:27:54 | 0:07:02 / 2436 | 0:12:45 / 2588 | 0:28:10 / 2589 | 0:36:23 / 2691 | 0:42:41 / 2786 |
| 2824     | 6525   | KĘDZIERSKI Piotr               | Warszawa           | POL       |                           | 78      | M30/1063 M / 2419  | 00:58:26  | 05.50      | +0:27:54 | 0:06:44 / 1937 | 0:11:55 / 1828 | 0:27:08 / 2168 | 0:35:32 / 2443 | 0:41:55 / 2589 |
| 2825     | 3429   | SZLAŹAK Tomasz                 | Warszawa           | POL       |                           | 84      | M20/702 M / 2420   | 00:58:26  | 05.50      | +0:27:54 | 0:06:54 / 2227 | 0:12:12 / 2121 | 0:27:19 / 2253 | 0:35:48 / 2518 | 0:42:03 / 2631 |
| 2826     | 3573   | WOLNIEWICZ-FEDER Małgorzata    | Żyrardów           | POL       | Fitness Tribe             | 82      | K30/180 K / 406    | 00:58:27  | 05.50      | +0:27:55 | 0:06:34 / 1662 | 0:11:49 / 1735 | 0:27:20 / 2260 | 0:35:50 / 2535 | 0:41:52 / 2580 |
| 2827     | 6858   | RZEPKO Radosław                | Warszawa           | POL       |                           | 86      | M20/703 M / 2421   | 00:58:27  | 05.50      | +0:27:55 | 0:06:53 / 2198 | 0:12:34 / 2434 | 0:28:57 / 2851 | 0:37:12 / 2908 | 0:43:05 / 2889 |
| 2828     | 2976   | LUMIŃSKA Magdalena             | Gdańsk/warszawa    | POL       |                           | 77      | K30/181 K / 407    | 00:58:27  | 05.50      | +0:27:55 | 0:07:05 / 2500 | 0:12:45 / 2574 | 0:28:29 / 2694 | 0:37:06 / 2892 | 0:43:04 / 2884 |
| 2829     | 6024   | NADROWSKI Tadeusz              | Ostrołęka          | POL       |                           | 54      | M50/149 M / 2422   | 00:58:28  | 05.50      | +0:27:56 | 0:07:18 / 2829 | 0:13:09 / 2905 | 0:29:22 / 2992 | 0:37:28 / 2983 | 0:43:14 / 2913 |
| 2830     | 4985   | CZUBAKOWSKI Sławomir           | Warszawa           | POL       | Nie Zeszony               | 64      | M40/436 M / 2423   | 00:58:28  | 05.50      | +0:27:56 | 0:05:56 / 730  | 0:10:59 / 1003 | 0:26:09 / 1789 | 0:34:25 / 2104 | 0:40:26 / 2210 |
| 2831     | 4397   | TRZECIAKOWSKA Iga              | Warszawa           | POL       |                           | 91      | K20/162 K / 408    | 00:58:28  | 05.50      | +0:27:56 | 0:07:34 / 3172 | 0:13:20 / 3044 | 0:29:34 / 3062 | 0:37:34 / 3009 | 0:43:21 / 2946 |
| 2832     | 6925   | KLIMKIEWICZ Jarosław           | Grodzisk           | POL       |                           | 82      | M30/1064 M / 2424  | 00:58:28  | 05.50      | +0:27:57 | 0:07:37 / 3226 | 0:13:30 / 3161 | 0:29:31 / 3044 | 0:37:42 / 3043 | 0:43:27 / 2962 |
| 2833     | 5395   | SZWED Dawid                    | Chotyń             | POL       |                           | 94      | M20/704 M / 2425   | 00:58:29  | 05.50      | +0:27:57 | 0:08:10 / 3719 | 0:14:36 / 3707 | 0:31:22 / 3509 | 0:38:12 / 3149 | 0:44:00 / 3070 |
| 2834     | 5876   | PIEKUTOWSKA Katarzyna          | Warszawa           | POL       |                           | 89      | K20/163 K / 409    | 00:58:30  | 05.51      | +0:27:58 | 0:08:13 / 3750 | 0:14:47 / 3771 | 0:30:06 / 3233 | 0:38:09 / 3140 | 0:43:55 / 3052 |
| 2835     | 5698   | BEDNARZAK Tadeusz              | Siedlce            | POL       | Amator Niezrzyszony       | 58      | M50/150 M / 2426   | 00:58:30  | 05.51      | +0:27:58 | 0:07:04 / 2488 | 0:12:53 / 2698 | 0:28:27 / 2686 | 0:36:35 / 2751 | 0:42:35 / 2756 |
| 2836     | 6624   | SZCZERBAKOWSKI Krzysztof       | Warszawa           | POL       |                           | 74      | M30/1065 M / 2427  | 00:58:30  | 05.51      | +0:27:58 | 0:07:21 / 2886 | 0:13:05 / 2847 | 0:28:40 / 2760 | 0:36:39 / 2771 | 0:42:40 / 2783 |
| 2837     | 6496   | RUBIN-SZYMAŃSKI Lukasz ryszard | Warszawa           | POL       |                           | 85      | M20/705 M / 2428   | 00:58:32  | 05.51      | +0:28:00 | 0:06:30 / 1524 | 0:11:55 / 1842 | 0:26:54 / 2089 | 0:35:30 / 2434 | 0:42:04 / 2634 |
| 2838     | 5167   | OKAPIEC Michał                 | Warszawa           | POL       | Aks Polonia               | 81      | M30/1066 M / 2429  | 00:58:32  | 05.51      | +0:28:00 | 0:07:29 / 3070 | 0:13:25 / 3115 | 0:28:43 / 2783 | 0:36:34 / 2744 | 0:42:43 / 2798 |
| 2839     | 5186   | SOBEJKO Paweł                  | Warszawa           | POL       | Brak                      | 83      | M30/1067 M / 2430  | 00:58:32  | 05.51      | +0:28:00 | 0:06:38 / 1768 | 0:12:05 / 2007 | 0:27:45 / 2425 | 0:36:00 / 2584 | 0:42:31 / 2743 |
| 2840     | 4730   | MARCIŃCZAK Agnieszka           | Warszawa           | POL       |                           | 82      | K30/182 K / 410    | 00:58:33  | 05.51      | +0:28:01 | 0:06:43 / 1911 | 0:12:15 / 2176 | 0:27:53 / 2474 | 0:36:20 / 2682 | 0:42:30 / 2740 |
| 2841     | 3896   | SADOWY Paulina                 | Milanówek          | POL       |                           | 87      | K20/164 K / 411    | 00:58:33  | 05.51      | +0:28:01 | 0:07:37 / 3215 | 0:13:36 / 3210 | 0:29:31 / 3042 | 0:37:20 / 2952 | 0:43:13 / 2908 |
| 2842     | 4808   | GREGORCZYK Marcin              | Warszawa           | POL       |                           | 78      | M30/1068 M / 2431  | 00:58:33  | 05.51      | +0:28:01 | 0:06:32 / 1610 | 0:11:45 / 1673 | 0:27:09 / 2179 | 0:35:30 / 2436 | 0:41:51 / 2578 |
| 2843     | 3852   | JANKOWSKI Krzysztof            | Parzniew           | POL       |                           | 78      | M30/1069 M / 2432  | 00:58:34  | 05.51      | +0:28:02 | 0:06:45 / 1960 | 0:12:17 / 2193 | 0:27:32 / 2335 | 0:35:59 / 2578 | 0:42:09 / 2648 |
| 2844     | 5611   | ANDRZEJEWSKA Marika            | Warszawa           | POL       |                           | 81      | K30/183 K / 412    | 00:58:35  | 05.51      | +0:28:03 | 0:06:36 / 1715 | 0:12:01 / 1931 | 0:28:34 / 2724 | 0:37:03 / 2875 | 0:42:55 / 2841 |
| 2845     | 6968   | PANUFNIK Krzysztof             | Nowe Iganie        | POL       |                           | 85      | M20/706 M / 2433   | 00:58:35  | 05.51      | +0:28:03 | 0:07:54 / 3525 | 0:14:04 / 3499 | 0:30:38 / 3362 | 0:38:47 / 3288 | 0:44:32 / 3180 |
| 2846     | 6545   | PIETRZAK Monika                | Warszawa           | POL       |                           | 73      | K40/51 K / 413     | 00:58:36  | 05.51      | +0:28:04 | 0:07:46 / 3397 | 0:13:46 / 3322 | 0:29:43 / 3113 | 0:37:28 / 2984 | 0:43:20 / 2936 |
| 2847     | 4188   | WŁODARCZYK Katarzyna           | Warszawa           | POL       | Rbs                       | 87      | K20/165 K / 414    | 00:58:36  | 05.51      | +0:28:04 | 0:07:47 / 3407 | 0:13:58 / 3443 | 0:29:45 / 3125 | 0:37:34 / 3011 | 0:43:35 / 2984 |
| 2848     | 3206   | PODHORODECKI Krzysztof         | Olsztyn            | POL       | Olsztyn                   | 60      | M50/151 M / 2434   | 00:58:37  | 05.51      | +0:28:05 | 0:07:36 / 3210 | 0:13:23 / 3080 | 0:29:31 / 3041 | 0:37:41 / 3042 | 0:43:39 / 2999 |
| 2849     | 4899   | DOBROWOLSKI Daniel             | Warszawa           | POL       |                           | 76      | M30/1070 M / 2435  | 00:58:38  | 05.51      | +0:28:06 | 0:07:21 / 2887 | 0:13:11 / 2927 | 0:28:54 / 2832 | 0:36:52 / 2830 | 0:42:49 / 2814 |
| 2850     | 5745   | KRÓL Michał                    | Konstancin-jeziorn | POL       |                           | 98      | M20/707 M / 2436   | 00:58:38  | 05.51      | +0:28:06 | 0:07:40 / 3269 | 0:13:46 / 3315 | 0:29:51 / 3156 | 0:38:20 / 3186 | 0:44:13 / 3119 |
| 2851     | 5743   | MIEDZINSKI Piotr               | Łomianki Dolne     | POL       |                           | 69      | M40/437 M / 2437   | 00:58:38  | 05.51      | +0:28:06 | 0:07:14 / 2706 | 0:12:50 / 2650 | 0:28:22 / 2661 | 0:36:23 / 2693 | 0:42:39 / 2777 |
| 2852     | 5108   | WŁODARCZYK Kamil               | Kielce             | POL       | Play                      | 86      | M20/708 M / 2438   | 00:58:39  | 05.51      | +0:28:07 | 0:07:49 / 3450 | 0:14:00 / 3473 | 0:29:47 / 3134 | 0:37:36 / 3023 | 0:43:40 / 3001 |
| 2853     | 4533   | ROSLAN Grzegorz                | Warszawa           | POL       | Akademia Obrony Narodowej | 65      | M40/438 M / 2439   | 00:58:39  | 05.51      | +0:28:07 | 0:07:24 / 2952 | 0:12:56 / 2740 | 0:28:16 / 2634 | 0:36:37 / 2760 | 0:42:49 / 2815 |
| 2854     | 3612   | ZIELIŃSKI Norbert              | Warszawa           | POL       |                           | 87      | M20/709 M / 2440   | 00:58:39  | 05.51      | +0:28:07 | 0:07:17 / 2809 | 0:13:05 / 2854 | 0:28:40 / 2758 | 0:36:44 / 2796 | 0:42:54 / 2838 |
| 2855     | 2915   | KUBAK Gracjana                 | Warszawa           | POL       |                           | 74      | K30/184 K / 415    | 00:58:39  | 05.51      | +0:28:07 | 0:07:14 / 2713 | 0:12:49 / 2644 | 0:27:59 / 2520 | 0:35:54 / 2554 | 0:42:03 / 2626 |
| 2856     | 4048   | WIECZOREK Marcin               | Legionowo          | POL       |                           | 87      | M20/710 M / 2441   | 00:58:40  | 05.52      | +0:28:08 | 0:06:56 / 2262 | 0:12:43 / 2545 | 0:28:41 / 2769 | 0:37:01 / 2863 | 0:43:15 / 2915 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club  | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|--------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2857     | 3512   | WALENTYŃSKI Bartłomiej | Gliwice          | POL       | Biegnę Po Wiedzę         | 91      | M20/711 M / 2442   | 00:58:40  | 05.52      | +0:28:08 | 0:06:53 / 2196 | 0:12:50 / 2659 | 0:28:09 / 2572 | 0:36:33 / 2737 | 0:42:42 / 2793 |
| 2858     | 6475   | STĘPNOWSKI Adam        | Warszawa         | POL       |                          | 83      | M30/1071 M / 2443  | 00:58:41  | 05.52      | +0:28:09 | 0:07:28 / 3025 | 0:13:12 / 2943 | 0:28:38 / 2748 | 0:36:39 / 2769 | 0:42:36 / 2763 |
| 2859     | 6990   | DEK Mateusz            | Piaseczno        | POL       |                          | 92      | M20/712 M / 2444   | 00:58:41  | 05.52      | +0:28:09 | 0:07:21 / 2873 | 0:13:12 / 2942 | 0:29:10 / 2929 | 0:37:37 / 3033 | 0:43:56 / 3059 |
| 2860     | 6513   | WARDAS Tomasz          | Warszawa         | POL       |                          | 85      | M20/713 M / 2445   | 00:58:41  | 05.52      | +0:28:09 | 0:07:29 / 3063 | 0:13:56 / 3430 | 0:30:10 / 3253 | 0:38:31 / 3231 | 0:44:16 / 3125 |
| 2861     | 97     | KILIAN Daniel          |                  | POL       | Pwpp                     | 73      | M40/439 M / 2446   | 00:58:41  | 05.52      | +0:28:09 | 0:08:06 / 3665 | 0:14:42 / 3743 | 0:31:42 / 3571 | 0:39:09 / 3361 | 0:44:50 / 3237 |
| 2862     | 4493   | PISARSKA Marta         | Piastów          | POL       |                          | 87      | K20/166 K / 416    | 00:58:41  | 05.52      | +0:28:09 | 0:07:55 / 3539 | 0:14:03 / 3491 | 0:29:43 / 3110 | 0:37:47 / 3056 | 0:43:37 / 2993 |
| 2863     | 5508   | KOLINKO Emilia         | Warszawa         | POL       | Praga-południe           | 87      | K20/167 K / 417    | 00:58:41  | 05.52      | +0:28:09 | 0:07:21 / 2891 | 0:13:00 / 2797 | 0:28:29 / 2690 | 0:37:07 / 2894 | 0:43:15 / 2917 |
| 2864     | 3923   | JANCZURA Adam antoni   | Łódź             | POL       |                          | 77      | M30/1072 M / 2447  | 00:58:42  | 05.52      | +0:28:10 | 0:06:34 / 1659 | 0:12:07 / 2043 | 0:27:47 / 2438 | 0:35:56 / 2569 | 0:42:05 / 2638 |
| 2865     | 6062   | MELON Tomasz           | Grodzisk         | POL       |                          | 80      | M30/1073 M / 2448  | 00:58:43  | 05.52      | +0:28:11 | 0:07:08 / 2561 | 0:12:44 / 2558 | 0:27:55 / 2495 | 0:36:06 / 2613 | 0:42:17 / 2675 |
| 2866     | 4310   | KRAJEWSKI Paweł        | Wieluń           | POL       | Trans Kampania           | 72      | M40/440 M / 2449   | 00:58:44  | 05.52      | +0:28:12 | 0:07:31 / 3109 | 0:13:10 / 2915 | 0:28:31 / 2704 | 0:36:37 / 2759 | 0:42:50 / 2822 |
| 2867     | 3910   | MIRECKA Katarzyna      | Warszawa         | POL       | Skanska Biega            | 79      | K30/185 K / 418    | 00:58:44  | 05.52      | +0:28:12 | 0:07:40 / 3281 | 0:13:31 / 3168 | 0:29:35 / 3078 | 0:37:31 / 2996 | 0:43:19 / 2932 |
| 2868     | 197    | SZYMANIAK Tomasz       |                  | POL       | Radisson                 | 80      | M30/1074 M / 2450  | 00:58:45  | 05.52      | +0:28:13 | 0:06:49 / 2096 | 0:12:14 / 2164 | 0:27:29 / 2309 | 0:35:41 / 2487 | 0:41:54 / 2585 |
| 2869     | 3504   | URBAŃSKI Konrad        | Biała Podlaska   | POL       |                          | 84      | M20/714 M / 2451   | 00:58:45  | 05.52      | +0:28:14 | 0:07:35 / 3191 | 0:13:18 / 3025 | 0:29:04 / 2893 | 0:37:04 / 2876 | 0:42:56 / 2847 |
| 2870     | 4698   | STELMACH Artur         | Warszawa         | POL       |                          | 83      | M30/1075 M / 2452  | 00:58:47  | 05.52      | +0:28:15 | 0:06:49 / 2085 | 0:12:36 / 2460 | 0:28:44 / 2788 | 0:37:11 / 2906 | 0:43:17 / 2922 |
| 2871     | 5498   | MICHALEWICZ Dariusz    | Leszno           | POL       | Adwokaci                 | 83      | M30/1076 M / 2453  | 00:58:48  | 05.52      | +0:28:16 | 0:08:28 / 3889 | 0:15:06 / 3876 | 0:31:56 / 3598 | 0:39:41 / 3480 | 0:45:21 / 3329 |
| 2872     | 4671   | KOSTRZEWSKA Dorota     | Warszawa         | POL       | Goldbach Biega           | 87      | K20/168 K / 419    | 00:58:48  | 05.52      | +0:28:16 | 0:07:21 / 2872 | 0:13:09 / 2914 | 0:28:52 / 2821 | 0:37:15 / 2922 | 0:43:24 / 2954 |
| 2873     | 6388   | ZDIARSKI Paweł         | Warszawa         | POL       |                          | 81      | M30/1077 M / 2454  | 00:58:48  | 05.52      | +0:28:16 | 0:08:19 / 3818 | 0:14:35 / 3704 | 0:30:33 / 3350 | 0:38:24 / 3201 | 0:44:12 / 3114 |
| 2874     | 2779   | KALIŃSKA Justyna       | Garwolin         | POL       | Avon Kontra Przemoc      | 81      | K30/186 K / 420    | 00:58:48  | 05.52      | +0:28:16 | 0:07:48 / 3422 | 0:13:46 / 3316 | 0:30:00 / 3191 | 0:37:55 / 3088 | 0:43:48 / 3028 |
| 2875     | 5720   | ZAJĄC Paweł            | Warszawa         | POL       |                          | 85      | M20/715 M / 2455   | 00:58:49  | 05.52      | +0:28:17 | 0:07:38 / 3239 | 0:13:34 / 3194 | 0:30:13 / 3277 | 0:38:19 / 3176 | 0:43:53 / 3049 |
| 2876     | 5439   | RUTKOWSKI Andrzej      | Warszawa         | POL       |                          | 83      | M30/1078 M / 2456  | 00:58:49  | 05.52      | +0:28:17 | 0:07:30 / 3102 | 0:13:20 / 3045 | 0:29:26 / 3009 | 0:37:29 / 2988 | 0:43:22 / 2949 |
| 2877     | 6262   | CHIMIAK Arek           | Warszawa         | POL       |                          | 73      | M40/441 M / 2457   | 00:58:50  | 05.53      | +0:28:18 | 0:06:44 / 1945 | 0:12:10 / 2098 | 0:27:47 / 2441 | 0:36:02 / 2594 | 0:42:07 / 2644 |
| 2878     | 4044   | PROKOP Jacek           | Szczytno         | POL       |                          | 68      | M40/442 M / 2458   | 00:58:51  | 05.53      | +0:28:19 | 0:07:40 / 3270 | 0:13:29 / 3153 | 0:29:29 / 3031 | 0:37:30 / 2993 | 0:43:26 / 2957 |
| 2879     | 6316   | SZYMAŃSKI Zbigniew     | Warszawa         | POL       | Mama & Papas             | 76      | M30/1079 M / 2459  | 00:58:51  | 05.53      | +0:28:20 | 0:07:08 / 2577 | 0:13:07 / 2876 | 0:29:02 / 2883 | 0:37:06 / 2887 | 0:43:07 / 2895 |
| 2880     | 6215   | MAŁEK Michał           | Lublin           | POL       |                          | 79      | M30/1080 M / 2460  | 00:58:53  | 05.53      | +0:28:21 | 0:07:36 / 3199 | 0:13:42 / 3281 | 0:29:30 / 3037 | 0:37:27 / 2979 | 0:43:27 / 2963 |
| 2881     | 3535   | WIECZOREK Paweł        | Radom            | POL       | Trend Glass Running Team | 80      | M30/1081 M / 2461  | 00:58:53  | 05.53      | +0:28:21 | 0:06:54 / 2219 | 0:12:32 / 2414 | 0:27:28 / 2302 | 0:35:45 / 2509 | 0:42:13 / 2659 |
| 2882     | 6202   | SIEKLUCKI Adam         | Warszawa         | POL       |                          | 87      | M20/716 M / 2462   | 00:58:53  | 05.53      | +0:28:21 | 0:08:07 / 3680 | 0:14:19 / 3605 | 0:30:48 / 3405 | 0:38:18 / 3172 | 0:44:04 / 3079 |
| 2883     | 5516   | WĘGRZYŃSKI Mateusz     | Warszawa         | POL       |                          | 86      | M20/717 M / 2463   | 00:58:53  | 05.53      | +0:28:21 | 0:06:58 / 2315 | 0:12:08 / 2063 | 0:26:58 / 2114 | 0:35:13 / 2353 | 0:41:43 / 2543 |
| 2884     | 4401   | JAŹDŻYK Marek          | Warszawa         | POL       | 12tri.pl                 | 70      | M40/443 M / 2464   | 00:58:54  | 05.53      | +0:28:22 | 0:07:13 / 2677 | 0:12:44 / 2567 | 0:28:04 / 2553 | 0:36:14 / 2649 | 0:42:05 / 2637 |
| 2885     | 3803   | GRENIUK Monika         | Hrubieszów       | POL       |                          | 79      | K30/187 K / 421    | 00:58:54  | 05.53      | +0:28:22 | 0:07:31 / 3115 | 0:13:31 / 3171 | 0:29:18 / 2964 | 0:37:32 / 3003 | 0:43:38 / 2998 |
| 2886     | 5507   | BUKAŁA Sebastian       | Warszawa         | POL       |                          | 85      | M20/718 M / 2465   | 00:58:54  | 05.53      | +0:28:23 | 0:06:41 / 1849 | 0:12:05 / 2014 | 0:27:39 / 2387 | 0:36:00 / 2583 | 0:42:10 / 2652 |
| 2887     | 4875   | SIEMIONOWSKA Emilia    | Sulejów          | POL       |                          | 83      | K30/188 K / 422    | 00:58:55  | 05.53      | +0:28:23 | 0:06:37 / 1743 | 0:11:54 / 1820 | 0:27:34 / 2343 | 0:35:58 / 2575 | 0:42:18 / 2679 |
| 2888     | 6546   | OSTROWSKI Paweł        | Warszawa         | POL       |                          | 81      | M30/1082 M / 2466  | 00:58:55  | 05.53      | +0:28:23 | 0:07:02 / 2438 | 0:12:33 / 2420 | 0:27:48 / 2442 | 0:35:53 / 2549 | 0:42:10 / 2650 |
| 2889     | 6737   | SZWED Krzysztof        | Warszawa         | POL       |                          | 72      | M40/444 M / 2467   | 00:58:56  | 05.53      | +0:28:24 | 0:06:48 / 2065 | 0:12:19 / 2236 | 0:27:15 / 2228 | 0:35:11 / 2341 | 0:41:01 / 2383 |
| 2890     | 3389   | STOŃ Dariusz           | Garwolin         | POL       |                          | 76      | M30/1083 M / 2468  | 00:58:56  | 05.53      | +0:28:24 | 0:07:47 / 3414 | 0:13:45 / 3304 | 0:29:59 / 3186 | 0:37:55 / 3090 | 0:43:47 / 3025 |
| 2891     | 4140   | SUMIŃSKA Magdalena     | Kamion           | POL       | Osp Kamion               | 91      | K20/169 K / 423    | 00:58:56  | 05.53      | +0:28:24 | 0:07:09 / 2585 | 0:12:44 / 2555 | 0:28:27 / 2684 | 0:36:42 / 2786 | 0:42:40 / 2785 |
| 2892     | 3310   | SIDORCZUK Marek        | Warszawa         | POL       |                          | 69      | M40/445 M / 2469   | 00:58:57  | 05.53      | +0:28:25 | 0:07:16 / 2787 | 0:13:12 / 2950 | 0:28:55 / 2839 | 0:36:57 / 2854 | 0:42:57 / 2852 |
| 2893     | 6319   | MELON Piotr            | Warszawa         | POL       | Adder                    | 62      | M50/152 M / 2470   | 00:58:57  | 05.53      | +0:28:25 | 0:07:42 / 3316 | 0:13:33 / 3180 | 0:29:12 / 2935 | 0:37:17 / 2932 | 0:43:20 / 2937 |
| 2894     | 3217   | POPIEL Paweł           | Kielce           | POL       |                          | 81      | M30/1084 M / 2471  | 00:58:58  | 05.53      | +0:28:26 | 0:07:21 / 2871 | 0:13:02 / 2814 | 0:28:52 / 2825 | 0:37:32 / 3002 | 0:43:52 / 3042 |
| 2895     | 4076   | REK Konrad             | Warszawa         | POL       | Aks Polonia              | 80      | M30/1085 M / 2472  | 00:58:59  | 05.53      | +0:28:27 | 0:07:54 / 3530 | 0:14:01 / 3476 | 0:30:06 / 3232 | 0:37:54 / 3085 | 0:43:45 / 3017 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2896     | 5409   | POŁAWSKI Piotr             | Warszawa         | POL       |                         | 85      | M20/719 M / 2473   | 00:59:00  | 05.54      | +0:28:28 | 0:05:52 / 641  | 0:10:42 / 808  | 0:26:48 / 2056 | 0:35:04 / 2301 | 0:41:25 / 2477 |
| 2897     | 5683   | PIÓRKOWSKI Dariusz         | Warszawa         | POL       |                         | 59      | M50/153 M / 2474   | 00:59:00  | 05.54      | +0:28:28 | 0:07:46 / 3402 | 0:13:33 / 3190 | 0:29:09 / 2921 | 0:37:05 / 2882 | 0:43:04 / 2882 |
| 2898     | 6055   | TRATKIEWICZ Albert         | Warszawa         | POL       |                         | 89      | M20/720 M / 2475   | 00:59:01  | 05.54      | +0:28:29 | 0:07:05 / 2513 | 0:12:42 / 2536 | 0:27:50 / 2459 | 0:35:56 / 2570 | 0:41:57 / 2599 |
| 2899     | 4995   | KALIŃSKI Paweł             | Piaseczno        | POL       |                         | 75      | M30/1086 M / 2476  | 00:59:01  | 05.54      | +0:28:29 | 0:07:44 / 3355 | 0:13:52 / 3394 | 0:30:20 / 3299 | 0:38:21 / 3190 | 0:44:12 / 3115 |
| 2900     | 5229   | LODEJ Joanna               | Warszawa         | POL       | Adwokaci                | 83      | K30/189 K / 424    | 00:59:01  | 05.54      | +0:28:29 | 0:07:20 / 2852 | 0:12:57 / 2748 | 0:28:13 / 2616 | 0:36:28 / 2715 | 0:42:38 / 2770 |
| 2901     | 4013   | MOLEDA Sebastian           | Warszawa         | POL       |                         | 73      | M40/446 M / 2477   | 00:59:01  | 05.54      | +0:28:29 | 0:06:47 / 2020 | 0:12:09 / 2084 | 0:27:31 / 2327 | 0:35:39 / 2480 | 0:41:46 / 2561 |
| 2902     | 5930   | AMBROZIAK Robert           | Warszawa         | POL       |                         | 75      | M30/1087 M / 2478  | 00:59:02  | 05.54      | +0:28:30 | 0:06:37 / 1746 | 0:12:16 / 2181 | 0:27:32 / 2330 | 0:35:48 / 2523 | 0:42:10 / 2656 |
| 2903     | 3229   | PROCHOWICZ Dominik         | Warszawa         | POL       |                         | 87      | M20/721 M / 2479   | 00:59:02  | 05.54      | +0:28:30 | 0:07:10 / 2614 | 0:12:47 / 2607 | 0:28:36 / 2737 | 0:36:47 / 2807 | 0:42:59 / 2860 |
| 2904     | 5037   | ŚWIDZIŃSKI Piotr           | Warszawa         | POL       |                         | 86      | M20/722 M / 2480   | 00:59:02  | 05.54      | +0:28:30 | 0:06:58 / 2330 | 0:12:21 / 2256 | 0:28:10 / 2581 | 0:36:50 / 2823 | 0:43:03 / 2879 |
| 2905     | 4253   | KOCIMSKA Agnieszka         | Warszawa         | POL       | Sekcja Biegowa Praca.pl | 80      | K30/190 K / 425    | 00:59:03  | 05.54      | +0:28:31 | 0:07:24 / 2940 | 0:13:08 / 2896 | 0:28:19 / 2648 | 0:36:26 / 2702 | 0:42:27 / 2723 |
| 2906     | 6186   | FISZER Agnieszka           | Warszawa         | POL       |                         | 79      | K30/191 K / 426    | 00:59:04  | 05.54      | +0:28:32 | 0:07:12 / 2657 | 0:12:50 / 2654 | 0:28:42 / 2779 | 0:37:02 / 2868 | 0:43:06 / 2891 |
| 2907     | 3786   | NOWAK Martyna              | Warszawa         | POL       |                         | 83      | K30/192 K / 427    | 00:59:04  | 05.54      | +0:28:32 | 0:07:30 / 3101 | 0:13:21 / 3048 | 0:29:30 / 3038 | 0:37:57 / 3096 | 0:43:50 / 3034 |
| 2908     | 5528   | FABIANOWICZ Przemysław     | Warszawa         | POL       |                         | 82      | M30/1088 M / 2481  | 00:59:05  | 05.54      | +0:28:33 | 0:07:29 / 3049 | 0:13:14 / 2974 | 0:29:17 / 2961 | 0:37:19 / 2951 | 0:43:15 / 2916 |
| 2909     | 5531   | SKULTECKI Piotr            | Warszawa         | POL       | Euro-net                | 82      | M30/1089 M / 2482  | 00:59:05  | 05.54      | +0:28:33 | 0:07:50 / 3470 | 0:13:52 / 3389 | 0:29:39 / 3095 | 0:37:21 / 2957 | 0:43:18 / 2925 |
| 2910     | 5827   | STRACHOCKA Anna            | Warszawa         | POL       |                         | 56      | K50/10 K / 428     | 00:59:06  | 05.54      | +0:28:34 | 0:07:20 / 2851 | 0:13:15 / 2979 | 0:29:14 / 2950 | 0:37:33 / 3006 | 0:43:24 / 2953 |
| 2911     | 4636   | KOSTIO Dawid               | Warszawa         | POL       |                         | 88      | M20/723 M / 2483   | 00:59:06  | 05.54      | +0:28:34 | 0:07:49 / 3455 | 0:14:09 / 3532 | 0:31:15 / 3496 | 0:38:34 / 3247 | 0:44:02 / 3074 |
| 2912     | 5283   | DUDZIŃSKI Michał           | Warszawa         | POL       | Adwokaci                | 88      | M20/724 M / 2484   | 00:59:07  | 05.54      | +0:28:35 | 0:07:16 / 2786 | 0:12:52 / 2687 | 0:26:44 / 2020 | 0:36:31 / 2725 | 0:42:51 / 2827 |
| 2913     | 4320   | OWCZAREK Justyna           | Warszawa         | POL       |                         | 79      | K30/193 K / 429    | 00:59:07  | 05.54      | +0:28:35 | 0:07:19 / 2843 | 0:12:56 / 2735 | 0:28:45 / 2791 | 0:37:03 / 2871 | 0:42:56 / 2846 |
| 2914     | 6777   | KIELAK Marcin              | Warszawa         | POL       |                         | 85      | M20/725 M / 2485   | 00:59:07  | 05.54      | +0:28:35 | 0:06:48 / 2076 | 0:12:23 / 2287 | 0:27:44 / 2415 | 0:36:30 / 2723 | 0:43:13 / 2906 |
| 2915     | 4364   | GAŁĄŻYN Grzegorz           | Warszawa         | POL       | Allianz Runing Team     | 74      | M30/1090 M / 2486  | 00:59:08  | 05.54      | +0:28:36 | 0:06:51 / 2148 | 0:12:20 / 2247 | 0:27:54 / 2484 | 0:36:17 / 2666 | 0:42:23 / 2703 |
| 2916     | 4747   | SOKOŁOWSKA Marta           | Warszawa         | POL       | Dzielnica Mokotów       | 90      | K20/170 K / 430    | 00:59:08  | 05.54      | +0:28:36 | 0:07:38 / 3237 | 0:13:35 / 3200 | 0:29:21 / 2980 | 0:37:28 / 2986 | 0:43:36 / 2989 |
| 2917     | 6051   | BURA Paulina               | Warszawa         | POL       |                         | 87      | K20/171 K / 431    | 00:59:08  | 05.54      | +0:28:36 | 0:07:47 / 3413 | 0:13:40 / 3256 | 0:29:27 / 3013 | 0:37:34 / 3012 | 0:43:29 / 2968 |
| 2918     | 2191   | WAZOWICZ Grzegorz          | Warszawa         | POL       |                         | 75      | M30/1091 M / 2487  | 00:59:08  | 05.54      | +0:28:36 | 0:07:45 / 3367 | 0:13:57 / 3442 | 0:30:04 / 3221 | 0:37:58 / 3100 | 0:44:12 / 3117 |
| 2919     | 4767   | GUTOWSKI Michał            | Warszawa         | POL       |                         | 79      | M30/1092 M / 2488  | 00:59:09  | 05.54      | +0:28:37 | 0:06:38 / 1785 | 0:12:02 / 1963 | 0:27:28 / 2304 | 0:35:32 / 2444 | 0:41:40 / 2532 |
| 2920     | 2503   | CEBULSKA-HOMANOWSKA Joanna | Żyrardów         | POL       |                         | 77      | K30/194 K / 432    | 00:59:10  | 05.55      | +0:28:38 | 0:07:13 / 2695 | 0:12:56 / 2734 | 0:28:17 / 2637 | 0:36:18 / 2669 | 0:42:43 / 2797 |
| 2921     | 6934   | ZYGADŁO Piotr              | Warszawa         | POL       |                         | 82      | M30/1093 M / 2489  | 00:59:10  | 05.55      | +0:28:38 | 0:07:43 / 3337 | 0:13:39 / 3242 | 0:29:26 / 3008 | 0:37:41 / 3041 | 0:43:42 / 3007 |
| 2922     | 6865   | SŁOMKA Konrad              | Warszawa         | POL       |                         | 75      | M30/1094 M / 2490  | 00:59:10  | 05.55      | +0:28:38 | 0:07:52 / 3505 | 0:13:56 / 3431 | 0:30:07 / 3235 | 0:37:44 / 3045 | 0:43:40 / 3004 |
| 2923     | 172    | KOWALCZYK Wojciech         | Warszawa         | POL       | Rembertów Team          | 75      | M30/1095 M / 2491  | 00:59:10  | 05.55      | +0:28:38 | 0:06:24 / 1393 | 0:11:34 / 1488 | 0:26:55 / 2096 | 0:35:13 / 2349 | 0:41:32 / 2501 |
| 2924     | 5901   | MICUŁA Artur               | Warszawa         | POL       | Accelerate              | 83      | M30/1096 M / 2492  | 00:59:10  | 05.55      | +0:28:38 | 0:07:29 / 3062 | 0:13:07 / 2883 | 0:28:37 / 2744 | 0:36:24 / 2696 | 0:42:30 / 2739 |
| 2925     | 6249   | MROCZEK Robert             | Rumia            | POL       |                         | 72      | M40/447 M / 2493   | 00:59:11  | 05.55      | +0:28:39 | 0:07:29 / 3060 | 0:13:20 / 3047 | 0:28:58 / 2856 | 0:36:53 / 2834 | 0:43:01 / 2869 |
| 2926     | 99     | ANTCZAK Wojciech           |                  | POL       | Pwpw                    | 87      | M20/726 M / 2494   | 00:59:11  | 05.55      | +0:28:39 | 0:07:09 / 2588 | 0:12:55 / 2730 | 0:28:05 / 2559 | 0:36:20 / 2680 | 0:42:41 / 2789 |
| 2927     | 3026   | MATUSIK Dominika           | Warszawa         | POL       |                         | 84      | K20/172 K / 433    | 00:59:11  | 05.55      | +0:28:39 | 0:08:18 / 3810 | 0:14:46 / 3767 | 0:30:54 / 3428 | 0:38:50 / 3294 | 0:44:35 / 3191 |
| 2928     | 6841   | KĄŻMIERSKI Adam            | Baszkówka        | POL       | Axa Running Team        | 78      | M30/1097 M / 2495  | 00:59:11  | 05.55      | +0:28:39 | 0:07:00 / 2371 | 0:12:39 / 2497 | 0:28:14 / 2622 | 0:36:37 / 2762 | 0:42:46 / 2809 |
| 2929     | 4703   | KOPYŚ Jerzy                | Warszawa         | POL       |                         | 58      | M50/154 M / 2496   | 00:59:11  | 05.55      | +0:28:40 | 0:07:48 / 3433 | 0:13:50 / 3354 | 0:30:01 / 3200 | 0:38:06 / 3125 | 0:44:02 / 3071 |
| 2930     | 337    | BARAN Michał               | Bydgoszcz        | POL       | Pko                     | 90      | M20/727 M / 2497   | 00:59:12  | 05.55      | +0:28:40 | 0:06:58 / 2299 | 0:12:17 / 2205 | 0:27:54 / 2486 | 0:36:17 / 2667 | 0:42:21 / 2690 |
| 2931     | 6492   | KALUŻNA Katarzyna          | Warszawa         | POL       |                         | 85      | K20/173 K / 434    | 00:59:12  | 05.55      | +0:28:40 | 0:07:07 / 2542 | 0:12:51 / 2676 | 0:28:57 / 2852 | 0:37:16 / 2928 | 0:43:25 / 2956 |
| 2932     | 2883   | KOZICKI Kamil              | Dęblin           | POL       |                         | 84      | M20/728 M / 2498   | 00:59:12  | 05.55      | +0:28:40 | 0:07:46 / 3389 | 0:13:56 / 3427 | 0:30:07 / 3236 | 0:38:10 / 3143 | 0:44:07 / 3090 |
| 2933     | 4672   | HODAŁA Konrad              | Warszawa         | POL       |                         | 86      | M20/729 M / 2499   | 00:59:12  | 05.55      | +0:28:40 | 0:07:04 / 2476 | 0:12:43 / 2549 | 0:28:47 / 2800 | 0:37:00 / 2858 | 0:43:06 / 2890 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name      | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club                  | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|---------------------------|------------------|-----------|--|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2934     | 4848   | WITAN Tomasz              | Pruszków         | POL       |  | 79      | M30/1098 M / 2500  | 00:59:13  | 05.55      | +0:28:41 | 0:07:22 / 2920 | 0:12:59 / 2771 | 0:28:23 / 2663 | 0:36:16 / 2658 | 0:42:03 / 2625 |
| 2935     | 6898   | WĘGIEL Aleksandra         | Slupsk           | POL       | Wat                                      | 90      | K20/174 K / 435    | 00:59:13  | 05.55      | +0:28:41 | 0:06:59 / 2348 | 0:12:18 / 2219 | 0:27:55 / 2490 | 0:36:19 / 2678 | 0:42:22 / 2698 |
| 2936     | 3424   | SZEJKO Wawrzyniec         | Ciechanów        | POL       | Kb Tkkf Promyk Ciechanów                 | 52      | M60/38 M / 2501    | 00:59:13  | 05.55      | +0:28:41 | 0:07:21 / 2876 | 0:12:56 / 2741 | 0:28:13 / 2614 | 0:36:27 / 2708 | 0:42:46 / 2808 |
| 2937     | 6293   | ADAMIAK Łukasz            | Piastów          | POL       |  | 87      | M20/730 M / 2502   | 00:59:13  | 05.55      | +0:28:41 | 0:07:29 / 3058 | 0:13:21 / 3049 | 0:29:33 / 3059 | 0:37:52 / 3073 | 0:43:52 / 3043 |
| 2938     | 3323   | SKIERKOWSKI Tomasz        | Warszawa         | POL       | T-mobile Running Team                    | 80      | M30/1099 M / 2503  | 00:59:13  | 05.55      | +0:28:41 | 0:07:24 / 2938 | 0:13:09 / 2910 | 0:29:05 / 2898 | 0:37:26 / 2974 | 0:43:35 / 2985 |
| 2939     | 284    | BUJNOWSKI Marek           | Warszawa         | POL       | Pko                                      | 77      | M30/1100 M / 2504  | 00:59:13  | 05.55      | +0:28:41 | 0:07:24 / 2963 | 0:13:17 / 3008 | 0:29:00 / 2870 | 0:37:23 / 2962 | 0:43:30 / 2970 |
| 2940     | 3640   | ŻYGADŁO Kazimierz         | Krzywiczyny      | POL       |  | 58      | M50/155 M / 2505   | 00:59:13  | 05.55      | +0:28:41 | 0:08:15 / 3769 | 0:13:49 / 3344 | 0:29:20 / 2971 | 0:37:19 / 2950 | 0:43:19 / 2935 |
| 2941     | 2556   | CZORNIEJ Sławomir         | Warszawa         | POL       | Team Spuchnieta Łydka                    | 53      | M60/39 M / 2506    | 00:59:14  | 05.55      | +0:28:42 | 0:07:07 / 2549 | 0:12:56 / 2738 | 0:28:46 / 2793 | 0:37:14 / 2917 | 0:43:27 / 2960 |
| 2942     | 4160   | MATYS Łukasz              | Warszawa         | POL       |  | 83      | M30/1101 M / 2507  | 00:59:14  | 05.55      | +0:28:42 | 0:07:32 / 3147 | 0:13:33 / 3179 | 0:29:34 / 3067 | 0:37:46 / 3054 | 0:43:43 / 3012 |
| 2943     | 5776   | BRZEZIŃSKI Tomasz         | Warszawa         | POL       |  | 77      | M30/1102 M / 2508  | 00:59:14  | 05.55      | +0:28:42 | 0:07:49 / 3443 | 0:13:36 / 3217 | 0:29:57 / 3181 | 0:38:28 / 3223 | 0:44:11 / 3105 |
| 2944     | 1009   | LYSAKIEWICZ Paweł         | Warszawa         | POL       |  | 87      | M20/731 M / 2509   | 00:59:14  | 05.55      | +0:28:42 | 0:06:44 / 1943 | 0:12:11 / 2106 | 0:27:41 / 2402 | 0:36:10 / 2636 | 0:42:39 / 2773 |
| 2945     | 5510   | SIDOR Joanna              | Warszawa         | POL       |  | 73      | K40/52 K / 436     | 00:59:14  | 05.55      | +0:28:42 | 0:08:10 / 3715 | 0:14:16 / 3578 | 0:30:13 / 3273 | 0:38:19 / 3179 | 0:44:11 / 3107 |
| 2946     | 4762   | JAROSZEWSKA Monika        | Płock            | POL       |  | 74      | K30/195 K / 437    | 00:59:14  | 05.55      | +0:28:42 | 0:07:45 / 3369 | 0:13:47 / 3330 | 0:30:02 / 3207 | 0:38:14 / 3156 | 0:44:07 / 3087 |
| 2947     | 4972   | GIRUĆ Zbigniew            | Radiówek         | POL       |  | 53      | M60/40 M / 2510    | 00:59:15  | 05.55      | +0:28:43 | 0:07:46 / 3390 | 0:13:58 / 3447 | 0:30:19 / 3295 | 0:38:51 / 3303 | 0:44:54 / 3249 |
| 2948     | 2392   | ANDRUSIUK Jacek           | Długosiodło      | POL       |  | 74      | M30/1103 M / 2511  | 00:59:15  | 05.55      | +0:28:43 | 0:07:05 / 2499 | 0:12:36 / 2457 | 0:28:05 / 2560 | 0:36:29 / 2717 | 0:42:34 / 2751 |
| 2949     | 6493   | KALUŻNY Marek             | Warszawa         | POL       |  | 80      | M30/1104 M / 2512  | 00:59:15  | 05.55      | +0:28:43 | 0:07:07 / 2552 | 0:12:52 / 2683 | 0:28:58 / 2859 | 0:37:17 / 2934 | 0:43:25 / 2955 |
| 2950     | 5653   | POLAK Teresa              | Warszawa         | POL       | Kb Activesports Warszawa                 | 51      | K60/3 K / 438      | 00:59:15  | 05.55      | +0:28:43 | 0:06:41 / 1844 | 0:12:16 / 2183 | 0:27:54 / 2480 | 0:36:14 / 2655 | 0:42:14 / 2665 |
| 2951     | 5000   | ZABORSKA-JÓZEFIK Izabela  | Warszawa         | POL       |  | 71      | K40/53 K / 439     | 00:59:16  | 05.55      | +0:28:44 | 0:07:10 / 2616 | 0:12:57 / 2747 | 0:28:21 / 2657 | 0:36:38 / 2765 | 0:42:58 / 2856 |
| 2952     | 4066   | PIASECKA-KOŁACZ Agnieszka | Warszawa         | POL       |  | 75      | K30/196 K / 440    | 00:59:16  | 05.55      | +0:28:44 | 0:07:39 / 3258 | 0:13:40 / 3261 | 0:29:45 / 3120 | 0:37:49 / 3060 | 0:43:55 / 3051 |
| 2953     | 3903   | PIETRASZUK Anna           | Terespol         | POL       | Jachny Team                              | 85      | K20/175 K / 441    | 00:59:16  | 05.55      | +0:28:45 | 0:07:06 / 2522 | 0:12:36 / 2463 | 0:27:49 / 2453 | 0:36:15 / 2656 | 0:42:18 / 2676 |
| 2954     | 4763   | JAROSZEWSKI Roman         | Płock            | POL       | Tkkf Plock                               | 67      | M40/448 M / 2513   | 00:59:17  | 05.55      | +0:28:45 | 0:07:48 / 3424 | 0:13:48 / 3343 | 0:30:05 / 3225 | 0:38:16 / 3164 | 0:44:11 / 3106 |
| 2955     | 6614   | SANTAREK Monika           | Warszawa         | POL       | Aviva Running Team                       | 73      | K40/54 K / 442     | 00:59:17  | 05.55      | +0:28:45 | 0:08:08 / 3698 | 0:14:15 / 3569 | 0:30:13 / 3274 | 0:38:19 / 3178 | 0:44:11 / 3109 |
| 2956     | 2765   | JODEŁKA Piotr             | Łódź             | POL       | Fan-run Team                             | 81      | M30/1105 M / 2514  | 00:59:17  | 05.55      | +0:28:46 | 0:07:24 / 2958 | 0:13:09 / 2912 | 0:29:12 / 2940 | 0:37:18 / 2944 | 0:43:21 / 2941 |
| 2957     | 4277   | ŚWIDERSKA Agnieszka       | Warszawa         | POL       |  | 74      | K30/197 K / 443    | 00:59:18  | 05.55      | +0:28:46 | 0:07:20 / 2859 | 0:13:02 / 2818 | 0:28:45 / 2789 | 0:36:57 / 2846 | 0:42:59 / 2858 |
| 2958     | 209    | SZERSZENIEWSKI Marek      | Warszawa         | POL       | Pko                                      | 61      | M50/156 M / 2515   | 00:59:19  | 05.55      | +0:28:47 | 0:07:20 / 2864 | 0:12:54 / 2718 | 0:28:14 / 2623 | 0:36:36 / 2754 | 0:42:44 / 2799 |
| 2959     | 3487   | TREPCZYŃSKI Paweł         | Warszawa         | POL       |  | 74      | M30/1106 M / 2516  | 00:59:19  | 05.55      | +0:28:47 | 0:06:31 / 1579 | 0:11:32 / 1465 | 0:27:17 / 2240 | 0:36:55 / 2838 | 0:42:37 / 2764 |
| 2960     | 3614   | ZIĘBA Zbigniew            | Nadarzyn         | POL       |  | 69      | M40/449 M / 2517   | 00:59:19  | 05.55      | +0:28:47 | 0:07:32 / 3137 | 0:13:26 / 3128 | 0:28:46 / 2797 | 0:36:49 / 2815 | 0:42:51 / 2828 |
| 2961     | 2729   | JAKUBIK Dominika          | Warszawa         | POL       |  | 72      | K40/55 K / 444     | 00:59:20  | 05.56      | +0:28:48 | 0:08:53 / 3990 | 0:14:51 / 3797 | 0:31:22 / 3511 | 0:39:12 / 3370 | 0:44:36 / 3197 |
| 2962     | 4991   | DRZEWIECKA Emilia         | Szymbark         | POL       | Accelerate                               | 80      | K30/198 K / 445    | 00:59:21  | 05.56      | +0:28:49 | 0:07:41 / 3302 | 0:13:36 / 3214 | 0:29:08 / 2917 | 0:37:16 / 2931 | 0:43:20 / 2939 |
| 2963     | 4053   | BANKOWICZ Piotr           | Warszawa         | POL       |  | 70      | M40/450 M / 2518   | 00:59:21  | 05.56      | +0:28:49 | 0:07:07 / 2551 | 0:12:50 / 2664 | 0:28:33 / 2717 | 0:36:30 / 2721 | 0:42:35 / 2755 |
| 2964     | 430    | BACHÓRZ Marta             |                  | POL       | Straż Miejska                            | 13      | K / 446            | 00:59:21  | 05.56      | +0:28:49 | 0:07:22 / 2903 | 0:13:04 / 2836 | 0:28:27 / 2683 | 0:36:37 / 2757 | 0:42:47 / 2811 |
| 2965     | 5421   | SĘKOWSKI Łukasz           | Warszawa         | POL       |  | 80      | M30/1107 M / 2519  | 00:59:22  | 05.56      | +0:28:50 | 0:06:49 / 2102 | 0:12:27 / 2338 | 0:28:05 / 2562 | 0:37:00 / 2859 | 0:43:13 / 2910 |
| 2966     | 4268   | KWIATKOWSKI Paweł         | Warszawa         | POL       |  | 83      | M30/1108 M / 2520  | 00:59:23  | 05.56      | +0:28:51 | 0:07:38 / 3232 | 0:13:30 / 3163 | 0:30:08 / 3246 | 0:38:25 / 3209 | 0:44:21 / 3137 |
| 2967     | 5752   | CSAVAJDA Edit             | Warszawa         | POL       |  | 85      | K20/176 K / 447    | 00:59:23  | 05.56      | +0:28:51 | 0:07:41 / 3292 | 0:13:36 / 3211 | 0:29:09 / 2920 | 0:37:18 / 2936 | 0:43:20 / 2940 |
| 2968     | 5701   | WILISZ Robert             | Legionowo        | POL       | Serock Biega Z Hotelem Narvil Conference | 71      | M40/451 M / 2521   | 00:59:23  | 05.56      | +0:28:51 | 0:07:43 / 3333 | 0:13:44 / 3293 | 0:29:36 / 3083 | 0:37:43 / 3044 | 0:43:42 / 3008 |
| 2969     | 2910   | KRZEMIŃSKI Łukasz         | Bydgoszcz        | POL       | Prętas Team                              | 90      | M20/732 M / 2522   | 00:59:24  | 05.56      | +0:28:52 | 0:07:30 / 3092 | 0:13:14 / 2966 | 0:28:12 / 2603 | 0:36:19 / 2675 | 0:42:27 / 2724 |
| 2970     | 112    | AUGUSTYNIAK Kinga         | Radzymin         | POL       | Agora                                    | 89      | K20/177 K / 448    | 00:59:24  | 05.56      | +0:28:52 | 0:07:49 / 3438 | 0:13:53 / 3403 | 0:30:07 / 3237 | 0:38:19 / 3180 | 0:44:10 / 3095 |
| 2971     | 5905   | LUKASIEWICZ Radosław      | Mysiadło         | POL       | 3m Running Team                          | 74      | M30/1109 M / 2523  | 00:59:24  | 05.56      | +0:28:52 | 0:07:01 / 2403 | 0:12:32 / 2411 | 0:28:24 / 2670 | 0:36:47 / 2808 | 0:42:58 / 2854 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 2972     | 4316   | WIECZOREK Dariusz        | Warszawa         | POL       |                         | 83 M30/1110 | M / 2524           | 00:59:24  | 05.56      | +0:28:53 | 0:07:13 / 2697 | 0:12:50 / 2660 | 0:28:39 / 2753 | 0:37:07 / 2896 | 0:43:21 / 2945 |
| 2973     | 3358   | SOLTYSIŃSKA Anna         |                  | POL       | Rbs                     | 79 K30/199  | K / 449            | 00:59:25  | 05.56      | +0:28:53 | 0:07:40 / 3282 | 0:13:47 / 3332 | 0:30:02 / 3206 | 0:38:03 / 3115 | 0:44:03 / 3076 |
| 2974     | 4853   | BOROŃ Piotr              | Warszawa         | POL       |                         | 72 M40/452  | M / 2525           | 00:59:25  | 05.56      | +0:28:53 | 0:07:55 / 3545 | 0:14:17 / 3590 | 0:31:04 / 3461 | 0:38:57 / 3326 | 0:44:28 / 3165 |
| 2975     | 3096   | NIEMIEC Adam             | Sochaczew        | POL       | Km Aktywni Sochaczew    | 57 M50/157  | M / 2526           | 00:59:27  | 05.56      | +0:28:55 | 0:07:15 / 2742 | 0:13:03 / 2833 | 0:29:02 / 2876 | 0:37:28 / 2985 | 0:43:32 / 2977 |
| 2976     | 5076   | STAWICKI Bartłomiej      | Warszawa         | POL       | Adwokaci                | 83 M30/1111 | M / 2527           | 00:59:27  | 05.56      | +0:28:55 | 0:08:03 / 3634 | 0:14:16 / 3584 | 0:30:49 / 3409 | 0:38:45 / 3281 | 0:44:33 / 3181 |
| 2977     | 6071   | MAŁEK Aleksandra         | Warszawa         | POL       | Accelerate              | 82 K30/200  | K / 450            | 00:59:27  | 05.56      | +0:28:55 | 0:07:21 / 2877 | 0:13:03 / 2834 | 0:28:46 / 2796 | 0:36:57 / 2850 | 0:43:05 / 2888 |
| 2978     | 4161   | BARAN Robert             | Serby            | POL       |                         | 75 M30/1112 | M / 2528           | 00:59:28  | 05.56      | +0:28:56 | 0:07:15 / 2733 | 0:13:00 / 2788 | 0:28:24 / 2672 | 0:36:51 / 2826 | 0:43:15 / 2914 |
| 2979     | 2638   | GAWROŃSKI Grzegorz       | Ostrowiec Św.    | POL       |                         | 64 M40/453  | M / 2529           | 00:59:28  | 05.56      | +0:28:56 | 0:07:44 / 3363 | 0:13:17 / 3002 | 0:29:42 / 3109 | 0:38:08 / 3135 | 0:44:02 / 3072 |
| 2980     | 4002   | KWAŚNICKI Jarosław       | Warszawa         | POL       |                         | 83 M30/1113 | M / 2530           | 00:59:29  | 05.56      | +0:28:57 | 0:07:10 / 2606 | 0:12:55 / 2732 | 0:28:43 / 2781 | 0:37:06 / 2891 | 0:43:29 / 2969 |
| 2981     | 6864   | KOWALSKI Michał          | Warszawa         | POL       |                         | 87 M20/733  | M / 2531           | 00:59:29  | 05.56      | +0:28:57 | 0:07:17 / 2793 | 0:13:09 / 2903 | 0:29:04 / 2896 | 0:37:04 / 2877 | 0:43:21 / 2942 |
| 2982     | 6809   | OZIEWICZ Aleksander      | Warszawa         | POL       | Pzu Sport Team          | 78 M30/1114 | M / 2532           | 00:59:30  | 05.57      | +0:28:58 | 0:07:02 / 2434 | 0:12:45 / 2579 | 0:28:38 / 2750 | 0:37:24 / 2967 | 0:43:40 / 3000 |
| 2983     | 6650   | HELMIŃSKA Mariola        | Urbanów          | POL       | Brak                    | 89 K20/178  | K / 451            | 00:59:31  | 05.57      | +0:28:59 | 0:07:22 / 2900 | 0:13:09 / 2900 | 0:29:20 / 2972 | 0:37:35 / 3015 | 0:43:42 / 3009 |
| 2984     | 5313   | JANICKI Damian           | Sochaczew        | POL       |                         | 88 M20/734  | M / 2533           | 00:59:31  | 05.57      | +0:28:59 | 0:06:48 / 2063 | 0:12:26 / 2324 | 0:28:06 / 2565 | 0:36:24 / 2695 | 0:42:43 / 2795 |
| 2985     | 3681   | PAWELEC Jakub            | Warszawa         | POL       |                         | 79 M30/1115 | M / 2534           | 00:59:31  | 05.57      | +0:28:59 | 0:06:51 / 2163 | 0:12:18 / 2209 | 0:27:52 / 2468 | 0:36:18 / 2673 | 0:42:41 / 2788 |
| 2986     | 4732   | BARANOWSKI Rafał         | Warszawa         | POL       |                         | 64 M40/454  | M / 2535           | 00:59:32  | 05.57      | +0:29:00 | 0:07:26 / 2986 | 0:13:17 / 3004 | 0:29:06 / 2904 | 0:37:29 / 2990 | 0:43:37 / 2994 |
| 2987     | 5850   | MŁYNARCZYK Dariusz       | Warszawa         | POL       |                         | 67 M40/455  | M / 2536           | 00:59:32  | 05.57      | +0:29:00 | 0:07:09 / 2582 | 0:12:42 / 2532 | 0:28:14 / 2620 | 0:36:29 / 2716 | 0:42:49 / 2816 |
| 2988     | 5028   | LEWANDOWSKI Piotr        | Legionowo        | POL       | It                      | 87 M20/735  | M / 2537           | 00:59:32  | 05.57      | +0:29:00 | 0:07:43 / 3342 | 0:14:06 / 3514 | 0:30:28 / 3325 | 0:38:38 / 3257 | 0:44:42 / 3216 |
| 2989     | 4388   | MAZUR Mariusz            | Mysłowice        | POL       |                         | 88 M20/736  | M / 2538           | 00:59:32  | 05.57      | +0:29:00 | 0:06:41 / 1854 | 0:12:08 / 2067 | 0:27:55 / 2492 | 0:36:30 / 2720 | 0:43:01 / 2866 |
| 2990     | 5623   | WŁODARSKA Katarzyna      | Warszawa         | POL       |                         | 85 K20/179  | K / 452            | 00:59:33  | 05.57      | +0:29:01 | 0:06:52 / 2185 | 0:12:13 / 2152 | 0:29:14 / 2952 | 0:37:44 / 3047 | 0:43:55 / 3054 |
| 2991     | 4286   | SOSNOWSKA Agnieszka      | Warszawa         | POL       |                         | 86 K20/180  | K / 453            | 00:59:33  | 05.57      | +0:29:01 | 0:07:24 / 2939 | 0:13:08 / 2885 | 0:29:06 / 2903 | 0:37:24 / 2969 | 0:43:26 / 2958 |
| 2992     | 5655   | KOBIERZEWSKI Hubert      | Warszawa         | POL       |                         | 74 M30/1116 | M / 2539           | 00:59:33  | 05.57      | +0:29:01 | 0:07:13 / 2690 | 0:12:59 / 2773 | 0:28:13 / 2613 | 0:36:29 / 2719 | 0:43:22 / 2948 |
| 2993     | 669    | SOBKIEWICZ Wojciech      | Warszawa         | POL       |                         | 82 M30/1117 | M / 2540           | 00:59:33  | 05.57      | +0:29:01 | 0:07:46 / 3399 | 0:13:44 / 3300 | 0:30:16 / 3284 | 0:38:34 / 3246 | 0:44:25 / 3154 |
| 2994     | 4765   | LYDKOWSKI Tomasz         | Płock            | POL       | Tkkf Płock              | 64 M40/456  | M / 2541           | 00:59:34  | 05.57      | +0:29:02 | 0:07:49 / 3439 | 0:13:50 / 3358 | 0:29:53 / 3164 | 0:37:54 / 3084 | 0:43:48 / 3029 |
| 2995     | 3642   | DĄBROWSKI Lukasz         | Warszawa         | POL       |                         | 71 M40/457  | M / 2542           | 00:59:34  | 05.57      | +0:29:02 | 0:08:10 / 3725 | 0:15:02 / 3862 | 0:32:07 / 3627 | 0:39:52 / 3509 | 0:45:43 / 3404 |
| 2996     | 6653   | WOJEWESI Piotr           | Warszawa         | POL       |                         | 74 M30/1118 | M / 2543           | 00:59:34  | 05.57      | +0:29:02 | 0:06:44 / 1927 | 0:12:00 / 1921 | 0:27:48 / 2447 | 0:36:17 / 2665 | 0:42:36 / 2762 |
| 2997     | 6989   | MISZKIEWICZ-GÓRECKA Olga | Warszawa         | POL       |                         | 91 K20/181  | K / 454            | 00:59:34  | 05.57      | +0:29:02 | 0:07:48 / 3430 | 0:13:59 / 3463 | 0:30:01 / 3198 | 0:38:04 / 3120 | 0:44:05 / 3081 |
| 2998     | 5471   | ROSZKOWSKI Jakub         | Warszawa         | POL       | -                       | 83 M30/1119 | M / 2544           | 00:59:35  | 05.57      | +0:29:03 | 0:06:50 / 2115 | 0:12:19 / 2237 | 0:28:32 / 2708 | 0:37:15 / 2924 | 0:43:35 / 2983 |
| 2999     | 6233   | KWAŚNIEWSKI Paweł        | Marki            | POL       |                         | 88 M20/737  | M / 2545           | 00:59:35  | 05.57      | +0:29:03 | 0:07:29 / 3050 | 0:13:16 / 2996 | 0:29:06 / 2901 | 0:37:32 / 2999 | 0:43:36 / 2991 |
| 3000     | 2621   | FRYC Barbara             | Warszawa         | POL       |                         | 81 K30/201  | K / 455            | 00:59:35  | 05.57      | +0:29:03 | 0:08:07 / 3686 | 0:14:43 / 3749 | 0:31:31 / 3545 | 0:39:20 / 3403 | 0:44:56 / 3257 |
| 3001     | 4330   | BEDNARSKI Radosław       | Warszawa         | POL       |                         | 83 M30/1120 | M / 2546           | 00:59:36  | 05.57      | +0:29:04 | 0:07:45 / 3386 | 0:13:59 / 3459 | 0:30:03 / 3213 | 0:38:03 / 3117 | 0:44:11 / 3111 |
| 3002     | 6308   | GRONCZEWSKI Artur        | Warszawa         | POL       |                         | 74 M30/1121 | M / 2547           | 00:59:36  | 05.57      | +0:29:04 | 0:06:32 / 1606 | 0:12:04 / 1995 | 0:27:44 / 2416 | 0:36:03 / 2597 | 0:42:32 / 2747 |
| 3003     | 6007   | PULIK Ewa                | Warszawa         | POL       |                         | 75 K30/202  | K / 456            | 00:59:38  | 05.57      | +0:29:06 | 0:06:58 / 2305 | 0:12:37 / 2472 | 0:28:39 / 2757 | 0:36:55 / 2841 | 0:43:09 / 2897 |
| 3004     | 329    | ZINKIEWICZ Paweł         | Warszawa         | POL       | Pko                     | 84 M20/738  | M / 2548           | 00:59:38  | 05.57      | +0:29:06 | 0:07:44 / 3353 | 0:13:38 / 3239 | 0:29:15 / 2957 | 0:37:37 / 3032 | 0:43:41 / 3006 |
| 3005     | 4832   | SZWAKOPF Marta           | Warszawa         | POL       |                         | 78 K30/203  | K / 457            | 00:59:38  | 05.57      | +0:29:06 | 0:07:40 / 3285 | 0:13:35 / 3207 | 0:29:37 / 3086 | 0:37:40 / 3039 | 0:43:45 / 3015 |
| 3006     | 5192   | RUBAJ Małgorzata         | Warszawa         | POL       |                         | 76 K30/204  | K / 458            | 00:59:38  | 05.57      | +0:29:07 | 0:07:20 / 2850 | 0:13:05 / 2852 | 0:28:51 / 2818 | 0:37:08 / 2898 | 0:43:19 / 2928 |
| 3007     | 4207   | WALENDPAWEL Paweł        |                  | POL       | Lirene Running Team     | 13          | M / 2549           | 00:59:39  | 05.57      | +0:29:07 | 0:06:59 / 2343 | 0:12:30 / 2380 | 0:28:09 / 2576 | 0:37:01 / 2861 | 0:43:20 / 2938 |
| 3008     | 4750   | BALCERAK Sebastian       | Przysucha        | POL       |                         | 90 M20/739  | M / 2550           | 00:59:40  | 05.58      | +0:29:08 | 0:07:14 / 2714 | 0:12:41 / 2518 | 0:27:56 / 2504 | 0:36:16 / 2660 | 0:42:47 / 2810 |
| 3009     | 6641   | PAWLIKOWSKI Michał       | Warszawa         | POL       |                         | 84 M20/740  | M / 2551           | 00:59:40  | 05.58      | +0:29:08 | 0:07:32 / 3143 | 0:13:32 / 3176 | 0:29:25 / 3004 | 0:37:35 / 3017 | 0:43:45 / 3016 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3010     | 2462   | BŁĄDEK Witold         | Łódź             | POL       | Niezrzeszony            | 44      | M60/41 M / 2552    | 00:59:40  | 05.58      | +0:29:08 | 0:07:27 / 3023 | 0:13:15 / 2975 | 0:29:02 / 2878 | 0:37:14 / 2914 | 0:43:16 / 2920 |
| 3011     | 476    | PIOTRKOWICZ Agata     |                  | POL       | Straż Miejska           | 85      | K20/182 K / 459    | 00:59:41  | 05.58      | +0:29:09 | 0:07:30 / 3087 | 0:13:06 / 2864 | 0:28:58 / 2854 | 0:37:20 / 2955 | 0:43:30 / 2973 |
| 3012     | 4520   | LISIAK Anna           | Warszawa         | POL       |                         | 84      | K20/183 K / 460    | 00:59:41  | 05.58      | +0:29:09 | 0:07:08 / 2575 | 0:12:48 / 2616 | 0:28:41 / 2771 | 0:37:17 / 2933 | 0:43:24 / 2952 |
| 3013     | 5221   | KOŹMIŃSKI Adrian      | Warszawa         | POL       | Adwokaci                | 85      | M20/741 M / 2553   | 00:59:41  | 05.58      | +0:29:09 | 0:07:54 / 3527 | 0:14:27 / 3649 | 0:31:04 / 3464 | 0:39:04 / 3348 | 0:45:07 / 3290 |
| 3014     | 4331   | PABIAŃSKA Aleksandra  | Warszawa         | POL       |                         | 83      | K30/205 K / 461    | 00:59:41  | 05.58      | +0:29:09 | 0:07:46 / 3396 | 0:13:59 / 3461 | 0:30:02 / 3210 | 0:38:03 / 3114 | 0:44:11 / 3110 |
| 3015     | 4478   | KUTYŁOWSKI Adam       | Warszawa         | POL       |                         | 83      | M30/1122 M / 2554  | 00:59:41  | 05.58      | +0:29:09 | 0:07:28 / 3030 | 0:13:27 / 3136 | 0:29:22 / 2991 | 0:37:37 / 3029 | 0:43:53 / 3048 |
| 3016     | 5145   | PUDŁO Mirosław        | Warszawa         | POL       |                         | 62      | M50/158 M / 2555   | 00:59:42  | 05.58      | +0:29:10 | 0:07:04 / 2486 | 0:12:37 / 2477 | 0:27:59 / 2522 | 0:36:19 / 2679 | 0:42:36 / 2760 |
| 3017     | 2608   | EMERT Anna            | Gdynia           | POL       | Biegamyrazem.pl         | 72      | K40/56 K / 462     | 00:59:42  | 05.58      | +0:29:10 | 0:07:31 / 3122 | 0:13:21 / 3057 | 0:29:00 / 2874 | 0:37:29 / 2989 | 0:43:21 / 2943 |
| 3018     | 6437   | KARIOZEN Agata        | Warszawa         | POL       |                         | 81      | K30/206 K / 463    | 00:59:44  | 05.58      | +0:29:12 | 0:07:02 / 2445 | 0:12:48 / 2621 | 0:28:56 / 2842 | 0:37:14 / 2919 | 0:43:27 / 2961 |
| 3019     | 6700   | SZNAJDER Beata        | Warszawa         | POL       |                         | 81      | K30/207 K / 464    | 00:59:44  | 05.58      | +0:29:12 | 0:07:25 / 2980 | 0:13:09 / 2901 | 0:29:12 / 2942 | 0:37:32 / 3004 | 0:43:33 / 2981 |
| 3020     | 4479   | KLITA Kamila          | Warszawa         | POL       |                         | 89      | K20/184 K / 465    | 00:59:44  | 05.58      | +0:29:12 | 0:07:29 / 3055 | 0:13:28 / 3143 | 0:29:23 / 2998 | 0:37:38 / 3034 | 0:43:52 / 3040 |
| 3021     | 3100   | NIEWIADOMSKI Cezary   | Warszawa         | POL       |                         | 91      | M20/742 M / 2556   | 00:59:45  | 05.58      | +0:29:13 | 0:07:43 / 3350 | 0:13:50 / 3355 | 0:29:48 / 3137 | 0:38:04 / 3119 | 0:44:00 / 3069 |
| 3022     | 6673   | PAŚNIKOWSKI Paweł     | Grodzisk         | POL       | Stream Crew             | 79      | M30/1123 M / 2557  | 00:59:45  | 05.58      | +0:29:13 | 0:06:56 / 2271 | 0:12:04 / 1989 | 0:27:04 / 2149 | 0:35:46 / 2512 | 0:42:40 / 2781 |
| 3023     | 6143   | LIBERA Joanna         | Warszawa         | POL       | Orkan Tactical          | 84      | K20/185 K / 466    | 00:59:45  | 05.58      | +0:29:13 | 0:07:24 / 2951 | 0:13:26 / 3127 | 0:29:35 / 3071 | 0:37:46 / 3053 | 0:43:49 / 3030 |
| 3024     | 3517   | WALKOWIAK Piotr       | Świnoujście      | POL       |                         | 57      | M50/159 M / 2558   | 00:59:45  | 05.58      | +0:29:14 | 0:06:55 / 2246 | 0:12:14 / 2155 | 0:28:03 / 2544 | 0:36:26 / 2705 | 0:42:52 / 2830 |
| 3025     | 3703   | PARTYCKA Anna         | Warszawa         | POL       | T-mobile Running Team   | 76      | K30/208 K / 467    | 00:59:46  | 05.58      | +0:29:14 | 0:08:31 / 3900 | 0:14:34 / 3686 | 0:30:38 / 3361 | 0:38:22 / 3194 | 0:44:32 / 3179 |
| 3026     | 3484   | TOPOLEWICZ Artur      | Białystok        | POL       | Rosti                   | 76      | M30/1124 M / 2559  | 00:59:46  | 05.58      | +0:29:14 | 0:07:38 / 3234 | 0:13:12 / 2944 | 0:29:46 / 3132 | 0:38:24 / 3199 | 0:44:34 / 3189 |
| 3027     | 3601   | ZAPOLSKA Magda        | Warszawa         | POL       |                         | 89      | K20/186 K / 468    | 00:59:46  | 05.58      | +0:29:14 | 0:07:30 / 3085 | 0:13:28 / 3140 | 0:29:32 / 3048 | 0:37:52 / 3074 | 0:43:50 / 3033 |
| 3028     | 5633   | WAŁĘKA Sławomir       | Warszawa         | POL       |                         | 73      | M40/458 M / 2560   | 00:59:47  | 05.58      | +0:29:15 | 0:07:30 / 3103 | 0:13:30 / 3159 | 0:29:28 / 3023 | 0:37:49 / 3064 | 0:43:53 / 3046 |
| 3029     | 242    | BENZA Dariusz         | Warszawa         | POL       | Pko                     | 77      | M30/1125 M / 2561  | 00:59:47  | 05.58      | +0:29:15 | 0:07:47 / 3406 | 0:13:54 / 3407 | 0:30:09 / 3248 | 0:38:16 / 3166 | 0:44:23 / 3145 |
| 3030     | 2645   | GIENIECZKO Andrzej    | Halinów          | POL       |                         | 74      | M30/1126 M / 2562  | 00:59:48  | 05.58      | +0:29:16 | 0:07:06 / 2528 | 0:12:30 / 2374 | 0:28:00 / 2523 | 0:36:41 / 2781 | 0:42:54 / 2835 |
| 3031     | 311    | KRÓL Grzegorz         | Warszawa         | POL       | Pko                     | 74      | M30/1127 M / 2563  | 00:59:48  | 05.58      | +0:29:16 | 0:06:58 / 2322 | 0:12:14 / 2157 | 0:26:55 / 2092 | 0:35:22 / 2395 | 0:42:21 / 2692 |
| 3032     | 4447   | KACZMARCZYK Agnieszka | Podkowa Leśna    | POL       |                         | 90      | K20/187 K / 469    | 00:59:48  | 05.58      | +0:29:16 | 0:07:42 / 3324 | 0:13:50 / 3366 | 0:30:21 / 3301 | 0:38:17 / 3169 | 0:44:16 / 3126 |
| 3033     | 6435   | SARNECKI Jerzy        | Warszawa         | POL       |                         | 46      | M60/42 M / 2564    | 00:59:50  | 05.59      | +0:29:18 | 0:07:25 / 2966 | 0:13:23 / 3093 | 0:29:26 / 3010 | 0:37:45 / 3051 | 0:43:55 / 3057 |
| 3034     | 5392   | KLINK Mariusz         | Warszawa         | POL       |                         | 78      | M30/1128 M / 2565  | 00:59:50  | 05.59      | +0:29:18 | 0:07:34 / 3171 | 0:13:19 / 3031 | 0:28:57 / 2850 | 0:37:03 / 2870 | 0:43:18 / 2927 |
| 3035     | 5413   | WOJNAROWSKA Agnieszka | Warszawa         | POL       |                         | 82      | K30/209 K / 470    | 00:59:50  | 05.59      | +0:29:18 | 0:06:58 / 2307 | 0:12:38 / 2483 | 0:28:34 / 2725 | 0:36:56 / 2842 | 0:43:02 / 2872 |
| 3036     | 3900   | URBANIAK Artur        | Warszawa         | POL       |                         | 81      | M30/1129 M / 2566  | 00:59:51  | 05.59      | +0:29:19 | 0:06:47 / 2023 | 0:12:39 / 2500 | 0:28:49 / 2810 | 0:36:57 / 2853 | 0:43:11 / 2903 |
| 3037     | 4527   | ŚLUZEK Mirosław       | Warszawa         | POL       |                         | 63      | M50/160 M / 2567   | 00:59:52  | 05.59      | +0:29:20 | 0:07:35 / 3183 | 0:13:28 / 3145 | 0:29:32 / 3050 | 0:37:29 / 2991 | 0:43:30 / 2972 |
| 3038     | 6171   | SZTYLKO Michał        | Warszawa         | POL       | Bractwo Biegowe Bgk     | 79      | M30/1130 M / 2568  | 00:59:53  | 05.59      | +0:29:21 | 0:07:56 / 3553 | 0:14:04 / 3500 | 0:30:03 / 3215 | 0:38:10 / 3142 | 0:44:16 / 3124 |
| 3039     | 4000   | KŁOSOWSKI Paweł       | Radom            | POL       |                         | 79      | M30/1131 M / 2569  | 00:59:53  | 05.59      | +0:29:21 | 0:07:47 / 3405 | 0:13:58 / 3450 | 0:30:12 / 3269 | 0:38:26 / 3213 | 0:44:35 / 3192 |
| 3040     | 3079   | MRUSZCZYK Krzysztof   | Pajęczno         | POL       |                         | 81      | M30/1132 M / 2570  | 00:59:53  | 05.59      | +0:29:22 | 0:06:12 / 1053 | 0:11:07 / 1099 | 0:25:23 / 1462 | 0:34:05 / 2007 | 0:41:23 / 2469 |
| 3041     | 6172   | SIWEK Anna            | Warszawa         | POL       | Bractwo Biegowe Bgk     | 77      | K30/210 K / 471    | 00:59:54  | 05.59      | +0:29:22 | 0:07:57 / 3569 | 0:14:04 / 3502 | 0:30:04 / 3223 | 0:38:11 / 3145 | 0:44:17 / 3129 |
| 3042     | 6928   | ROZWADOWICZ Maciej    | Warszawa         | POL       |                         | 63      | M50/161 M / 2571   | 00:59:54  | 05.59      | +0:29:22 | 0:07:50 / 3464 | 0:13:52 / 3392 | 0:30:08 / 3245 | 0:38:24 / 3202 | 0:44:20 / 3135 |
| 3043     | 3288   | RUDNICKI Kuba         | Warszawa         | POL       |                         | 89      | M20/743 M / 2572   | 00:59:54  | 05.59      | +0:29:22 | 0:07:29 / 3059 | 0:13:29 / 3150 | 0:29:34 / 3064 | 0:37:53 / 3083 | 0:43:51 / 3037 |
| 3044     | 266    | RYGAŁŁO Marcin        | Warszawa         | POL       | Pko                     | 75      | M30/1133 M / 2573  | 00:59:55  | 05.59      | +0:29:23 | 0:07:15 / 2740 | 0:13:03 / 2827 | 0:28:50 / 2811 | 0:36:47 / 2809 | 0:42:52 / 2829 |
| 3045     | 5396   | GORZKOWSKI Rafał      | Warszawa         | POL       |                         | 74      | M30/1134 M / 2574  | 00:59:55  | 05.59      | +0:29:23 | 0:06:18 / 1206 | 0:11:39 / 1575 | 0:27:15 / 2230 | 0:35:49 / 2531 | 0:42:24 / 2709 |
| 3046     | 4237   | GRUDZIEŃ Marcin       | Warszawa         | POL       |                         | 88      | M20/744 M / 2575   | 00:59:55  | 05.59      | +0:29:23 | 0:08:19 / 3817 | 0:14:40 / 3733 | 0:31:30 / 3542 | 0:39:29 / 3432 | 0:45:39 / 3383 |
| 3047     | 4264   | KWAPISIEWICZ Joanna   | Warszawa         | POL       |                         | 77      | K30/211 K / 472    | 00:59:55  | 05.59      | +0:29:23 | 0:07:53 / 3521 | 0:13:52 / 3390 | 0:30:15 / 3283 | 0:38:26 / 3211 | 0:44:22 / 3141 |
| 3048     | 4927   | JERONIM Jola          | Warszawa         | POL       | Parker Hannifin Runners | 69      | K40/57 K / 473     | 00:59:55  | 05.59      | +0:29:23 | 0:07:44 / 3358 | 0:13:59 / 3458 | 0:29:56 / 3177 | 0:38:06 / 3124 | 0:44:11 / 3112 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club      | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3049     | 4004   | LIPIŃSKA Kasia         | Warszawa         | POL       |                              | 87      | K20/188 K / 474    | 00:59:56  | 05.59      | +0:29:24 | 0:06:30 / 1544 | 0:12:12 / 2128 | 0:28:24 / 2673 | 0:37:02 / 2869 | 0:43:31 / 2974 |
| 3050     | 4238   | GROM Marcin            | Warszawa         | POL       |                              | 81      | M30/1135 M / 2576  | 00:59:56  | 05.59      | +0:29:24 | 0:08:20 / 3832 | 0:14:41 / 3736 | 0:31:31 / 3544 | 0:39:29 / 3431 | 0:45:39 / 3384 |
| 3051     | 3293   | RYDZ Joanna            | Belchatów        | POL       |                              | 77      | K30/212 K / 475    | 00:59:56  | 05.59      | +0:29:24 | 0:07:25 / 2972 | 0:13:23 / 3088 | 0:29:24 / 3000 | 0:37:36 / 3019 | 0:43:52 / 3044 |
| 3052     | 4157   | WILDNER Ewelina        | Warszawa         | POL       |                              | 82      | K30/213 K / 476    | 00:59:57  | 05.59      | +0:29:25 | 0:07:50 / 3465 | 0:14:02 / 3481 | 0:30:12 / 3268 | 0:38:19 / 3174 | 0:44:28 / 3161 |
| 3053     | 5598   | SIKORSKA Anna          | Siedlce          | POL       |                              | 81      | K30/214 K / 477    | 00:59:57  | 05.59      | +0:29:25 | 0:07:25 / 2983 | 0:13:16 / 3001 | 0:29:06 / 2906 | 0:37:37 / 3031 | 0:43:46 / 3019 |
| 3054     | 51     | SZCZEPLEK Jan          |                  | POL       | Asics Polska                 | 85      | M20/745 M / 2577   | 00:59:57  | 05.59      | +0:29:25 | 0:07:07 / 2553 | 0:12:52 / 2688 | 0:28:42 / 2776 | 0:37:01 / 2864 | 0:43:14 / 2911 |
| 3055     | 6476   | KALUKIEWICZ Siemowit   | Reguły           | POL       | Brak                         | 76      | M30/1136 M / 2578  | 00:59:57  | 05.59      | +0:29:25 | 0:07:42 / 3311 | 0:13:35 / 3199 | 0:29:28 / 3025 | 0:38:01 / 3111 | 0:44:03 / 3077 |
| 3056     | 5603   | BRZESZCZYŃSKI Tomek    | Mińsk Mazowiecki | POL       |                              | 84      | M20/746 M / 2579   | 00:59:58  | 05.59      | +0:29:26 | 0:07:28 / 3026 | 0:13:26 / 3124 | 0:29:34 / 3063 | 0:37:49 / 3066 | 0:43:56 / 3062 |
| 3057     | 5599   | SIKORSKI Krzysztof     | Siedlce          | POL       |                              | 77      | M30/1137 M / 2580  | 00:59:58  | 05.59      | +0:29:26 | 0:07:27 / 2996 | 0:13:18 / 3028 | 0:29:07 / 2912 | 0:37:36 / 3021 | 0:43:47 / 3024 |
| 3058     | 4135   | GÓRZYŃSKA Małgorzata   | Warszawa         | POL       |                              | 83      | K30/215 K / 478    | 00:59:58  | 05.59      | +0:29:26 | 0:07:27 / 2999 | 0:13:12 / 2946 | 0:29:13 / 2946 | 0:37:36 / 3022 | 0:43:44 / 3013 |
| 3059     | 4548   | STRUSIŃSKA Katarzyna   | Mińsk Mazowiecki | POL       |                              | 82      | K30/216 K / 479    | 00:59:58  | 05.59      | +0:29:26 | 0:07:28 / 3036 | 0:13:26 / 3133 | 0:29:35 / 3068 | 0:37:50 / 3070 | 0:43:56 / 3060 |
| 3060     | 5040   | ZIMIŃSKI Tomasz        | Warszawa         | POL       |                              | 83      | M30/1138 M / 2581  | 00:59:58  | 05.59      | +0:29:26 | 0:06:21 / 1290 | 0:11:52 / 1773 | 0:28:15 / 2626 | 0:36:59 / 2857 | 0:43:19 / 2929 |
| 3061     | 4970   | WITECKI Dariusz        | Warszawa         | POL       |                              | 65      | M40/459 M / 2582   | 00:59:59  | 05.59      | +0:29:27 | 0:07:34 / 3169 | 0:13:22 / 3064 | 0:28:58 / 2855 | 0:37:01 / 2865 | 0:42:59 / 2859 |
| 3062     | 6679   | PODOLSKI Krzysztof     | Warszawa         | POL       |                              | 82      | M30/1139 M / 2583  | 00:59:59  | 05.59      | +0:29:27 | 0:07:21 / 2882 | 0:13:10 / 2919 | 0:28:47 / 2801 | 0:37:02 / 2867 | 0:43:34 / 2982 |
| 3063     | 5297   | GÓRSKA Anna            | Warszawa         | POL       | Adwokaci                     | 85      | K20/189 K / 480    | 01:00:00  | 06.00      | +0:29:28 | 0:07:59 / 3592 | 0:14:08 / 3522 | 0:30:49 / 3408 | 0:38:57 / 3327 | 0:44:56 / 3254 |
| 3064     | 5031   | KUDLICKI Łukasz        | Warszawa         | POL       |                              | 73      | M40/460 M / 2584   | 01:00:00  | 06.00      | +0:29:28 | 0:07:02 / 2424 | 0:12:45 / 2581 | 0:28:50 / 2813 | 0:37:16 / 2929 | 0:43:40 / 3002 |
| 3065     | 4990   | JOŃCZYK Stanisław      | Legionowo        | POL       | Serock Biega Zhotelem Narwil | 66      | M40/461 M / 2585   | 01:00:01  | 06.00      | +0:29:29 | 0:07:41 / 3290 | 0:13:41 / 3266 | 0:29:33 / 3061 | 0:37:51 / 3071 | 0:43:54 / 3050 |
| 3066     | 5478   | ZAMOJSKA-LAU Magdalena | Ząbki            | POL       |                              | 74      | K30/217 K / 481    | 01:00:01  | 06.00      | +0:29:29 | 0:07:51 / 3485 | 0:13:43 / 3287 | 0:30:01 / 3201 | 0:38:16 / 3165 | 0:44:13 / 3120 |
| 3067     | 4524   | TRUSZYŃSKI Michał      | Legionowo        | POL       |                              | 88      | M20/747 M / 2586   | 01:00:01  | 06.00      | +0:29:29 | 0:07:40 / 3275 | 0:13:40 / 3260 | 0:29:57 / 3179 | 0:38:16 / 3163 | 0:44:19 / 3131 |
| 3068     | 5843   | ZDROJEWSKI Jakub       | Nowe Miasto Nad  | POL       | Wks Pilica                   | 83      | M30/1140 M / 2587  | 01:00:02  | 06.00      | +0:29:30 | 0:06:58 / 2333 | 0:12:32 / 2413 | 0:29:04 / 2890 | 0:37:36 / 3020 | 0:44:06 / 3082 |
| 3069     | 6583   | MAKARUK Bernard        | Sulejów          | POL       |                              | 96      | M20/748 M / 2588   | 01:00:03  | 06.00      | +0:29:31 | 0:08:00 / 3603 | 0:14:11 / 3544 | 0:31:45 / 3578 | 0:39:29 / 3433 | 0:45:02 / 3275 |
| 3070     | 5559   | TYMCZYSZYN Małgorzata  | Warszawa         | POL       |                              | 77      | K30/218 K / 482    | 01:00:04  | 06.00      | +0:29:32 | 0:07:57 / 3579 | 0:14:04 / 3503 | 0:31:03 / 3458 | 0:39:26 / 3419 | 0:45:26 / 3343 |
| 3071     | 2412   | BARANOWSKI Marcin      | Otwock           | POL       |                              | 84      | M20/749 M / 2589   | 01:00:04  | 06.00      | +0:29:32 | 0:07:52 / 3500 | 0:13:50 / 3364 | 0:30:04 / 3217 | 0:38:25 / 3207 | 0:44:24 / 3148 |
| 3072     | 5975   | ZAWADA Paweł           | Lublin           | POL       |                              | 90      | M20/750 M / 2590   | 01:00:04  | 06.00      | +0:29:32 | 0:06:55 / 2240 | 0:12:29 / 2367 | 0:28:16 / 2631 | 0:36:54 / 2837 | 0:43:31 / 2976 |
| 3073     | 6811   | ROSIŃSKI Grzegorz      | Warszawa         | POL       | Pzu Sport Team               | 79      | M30/1141 M / 2591  | 01:00:05  | 06.00      | +0:29:33 | 0:07:22 / 2910 | 0:13:01 / 2799 | 0:29:08 / 2913 | 0:37:26 / 2976 | 0:43:57 / 3064 |
| 3074     | 3041   | MICHALSKA-KOCHAN Ewa   | Piaseczno        | POL       |                              | 77      | K30/219 K / 483    | 01:00:06  | 06.00      | +0:29:34 | 0:06:56 / 2265 | 0:12:32 / 2416 | 0:28:36 / 2736 | 0:37:27 / 2978 | 0:43:49 / 3031 |
| 3075     | 3207   | POLAK Marcin           | Warszawa         | POL       |                              | 76      | M30/1142 M / 2592  | 01:00:06  | 06.00      | +0:29:34 | 0:07:27 / 3008 | 0:13:25 / 3110 | 0:29:28 / 3026 | 0:37:48 / 3057 | 0:44:10 / 3099 |
| 3076     | 6915   | MIERZWIAK Krzysztof    | Zaborów          | POL       |                              | 62      | M50/162 M / 2593   | 01:00:06  | 06.00      | +0:29:34 | 0:07:47 / 3415 | 0:14:08 / 3530 | 0:31:03 / 3459 | 0:39:14 / 3385 | 0:45:17 / 3317 |
| 3077     | 4498   | KERNER Agnieszka       | Warszawa         | POL       |                              | 76      | K30/220 K / 484    | 01:00:06  | 06.00      | +0:29:34 | 0:07:37 / 3227 | 0:13:22 / 3073 | 0:29:50 / 3147 | 0:38:21 / 3191 | 0:44:20 / 3132 |
| 3078     | 5112   | ZABOREK Łukasz         | Warszawa         | POL       |                              | 86      | M20/751 M / 2594   | 01:00:06  | 06.00      | +0:29:34 | 0:07:27 / 3013 | 0:13:40 / 3258 | 0:29:49 / 3142 | 0:37:59 / 3105 | 0:44:10 / 3101 |
| 3079     | 5977   | MATERKA Rafał          | Kutno            | POL       |                              | 83      | M30/1143 M / 2595  | 01:00:06  | 06.00      | +0:29:34 | 0:07:11 / 2656 | 0:12:37 / 2475 | 0:28:36 / 2732 | 0:37:00 / 2860 | 0:43:05 / 2887 |
| 3080     | 3609   | ZIELIŃSKA Magda        | Warszawa         | POL       |                              | 77      | K30/221 K / 485    | 01:00:07  | 06.00      | +0:29:35 | 0:07:26 / 2993 | 0:13:25 / 3109 | 0:29:27 / 3015 | 0:37:45 / 3050 | 0:44:10 / 3096 |
| 3081     | 5466   | CHOMICZ Marcin         | Siedlce          | POL       | Yulo Run Team Siedlce        | 83      | M30/1144 M / 2596  | 01:00:09  | 06.00      | +0:29:37 | 0:07:32 / 3138 | 0:13:26 / 3129 | 0:29:36 / 3080 | 0:37:50 / 3068 | 0:43:51 / 3038 |
| 3082     | 6712   | RABIŃSKI Piotr         | Żyrardów         | POL       |                              | 78      | M30/1145 M / 2597  | 01:00:09  | 06.00      | +0:29:37 | 0:07:50 / 3460 | 0:13:42 / 3278 | 0:28:55 / 2838 | 0:37:03 / 2874 | 0:43:26 / 2959 |
| 3083     | 5557   | RADZIO Lidka           | Warszawa         | POL       |                              | 83      | K30/222 K / 486    | 01:00:09  | 06.00      | +0:29:37 | 0:06:59 / 2347 | 0:12:35 / 2448 | 0:28:13 / 2606 | 0:36:43 / 2793 | 0:42:57 / 2851 |
| 3084     | 5084   | SZCZEŚNIAK Hubert      | Warszawa         | POL       | Adwokaci                     | 86      | M20/752 M / 2598   | 01:00:09  | 06.00      | +0:29:37 | 0:07:34 / 3168 | 0:13:43 / 3284 | 0:29:46 / 3130 | 0:38:10 / 3144 | 0:44:16 / 3123 |
| 3085     | 5874   | BŁOŃSKI Łukasz         | Warszawa         | POL       |                              | 85      | M20/753 M / 2599   | 01:00:09  | 06.00      | +0:29:37 | 0:07:55 / 3536 | 0:14:03 / 3496 | 0:30:40 / 3374 | 0:38:55 / 3320 | 0:44:53 / 3246 |
| 3086     | 4026   | SZCZĘSNA Honorata      | Warszawa         | POL       |                              | 77      | K30/223 K / 487    | 01:00:09  | 06.00      | +0:29:37 | 0:07:45 / 3375 | 0:13:57 / 3441 | 0:30:10 / 3257 | 0:38:19 / 3177 | 0:44:29 / 3171 |
| 3087     | 5597   | BURNY Sebastian        | Płońsk           | POL       |                              | 81      | M30/1146 M / 2600  | 01:00:11  | 06.01      | +0:29:39 | 0:08:10 / 3718 | 0:14:47 / 3772 | 0:31:35 / 3555 | 0:40:05 / 3531 | 0:45:57 / 3444 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City  | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|-------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3088     | 4179   | KUBALSKA Joanna        | Warszawa          | POL       |                         | 86      | K20/190 K / 488    | 01:00:11  | 06.01      | +0:29:39 | 0:07:58 / 3589 | 0:13:50 / 3357 | 0:30:07 / 3241 | 0:38:26 / 3212 | 0:44:33 / 3185 |
| 3089     | 4448   | NEUMANN Monika         | Warszawa          | POL       |                         | 86      | K20/191 K / 489    | 01:00:11  | 06.01      | +0:29:39 | 0:07:09 / 2595 | 0:12:59 / 2780 | 0:28:41 / 2767 | 0:37:09 / 2899 | 0:43:32 / 2979 |
| 3090     | 2452   | BIENIAS Michał         | Warszawa          | POL       |                         | 89      | M20/754 M / 2601   | 01:00:11  | 06.01      | +0:29:39 | 0:07:20 / 2856 | 0:13:08 / 2893 | 0:29:11 / 2934 | 0:37:36 / 3026 | 0:43:46 / 3023 |
| 3091     | 3415   | SZALEWICZ Paweł        | Nowa Sarzyna      | POL       | Lkkk                    | 70      | M40/462 M / 2602   | 01:00:11  | 06.01      | +0:29:39 | 0:07:22 / 2898 | 0:13:13 / 2955 | 0:29:38 / 3088 | 0:37:58 / 3101 | 0:44:06 / 3085 |
| 3092     | 6723   | ZBROWSKI Michał        | Nowa Wieś         | POL       | Mza Warszawa            | 82      | M30/1147 M / 2603  | 01:00:11  | 06.01      | +0:29:40 | 0:07:04 / 2478 | 0:12:47 / 2606 | 0:28:20 / 2652 | 0:36:14 / 2653 | 0:42:26 / 2718 |
| 3093     | 5870   | BRZOZOWSKI Maciej      | Warszawa          | POL       | Nsfx                    | 76      | M30/1148 M / 2604  | 01:00:12  | 06.01      | +0:29:40 | 0:07:14 / 2724 | 0:12:43 / 2540 | 0:28:11 / 2590 | 0:36:44 / 2794 | 0:43:02 / 2873 |
| 3094     | 338    | WYPYCH Mateusz         | Warszawa          | POL       | Pko                     | 96      | M20/755 M / 2605   | 01:00:12  | 06.01      | +0:29:40 | 0:07:13 / 2679 | 0:12:49 / 2629 | 0:28:39 / 2756 | 0:37:17 / 2935 | 0:43:43 / 3010 |
| 3095     | 6484   | DOMAŃSKA Karolina      | Warszawa          | POL       |                         | 84      | K20/192 K / 490    | 01:00:13  | 06.01      | +0:29:41 | 0:07:19 / 2840 | 0:13:06 / 2862 | 0:28:50 / 2814 | 0:37:23 / 2963 | 0:43:41 / 3005 |
| 3096     | 204    | TURKO Katarzyna        | Bytom             | POL       | Pko                     | 70      | K40/58 K / 491     | 01:00:13  | 06.01      | +0:29:41 | 0:07:21 / 2879 | 0:13:18 / 3019 | 0:29:12 / 2938 | 0:37:35 / 3013 | 0:43:45 / 3018 |
| 3097     | 2751   | JASKÓŁOWSKI Jakub      | Warszawa          | POL       |                         | 81      | M30/1149 M / 2606  | 01:00:13  | 06.01      | +0:29:41 | 0:07:37 / 3228 | 0:13:31 / 3167 | 0:29:46 / 3128 | 0:37:55 / 3087 | 0:44:07 / 3089 |
| 3098     | 6378   | ENDER Andrzej          | Warszawa          | POL       |                         | 82      | M30/1150 M / 2607  | 01:00:14  | 06.01      | +0:29:42 | 0:07:27 / 3006 | 0:13:07 / 2878 | 0:29:11 / 2933 | 0:38:00 / 3108 | 0:44:22 / 3140 |
| 3099     | 4982   | GAWĘDA Marta           | Warszawa          | POL       |                         | 75      | K30/224 K / 492    | 01:00:15  | 06.01      | +0:29:43 | 0:07:22 / 2923 | 0:12:58 / 2763 | 0:29:12 / 2939 | 0:37:49 / 3063 | 0:43:53 / 3047 |
| 3100     | 3349   | SOBIESKA Anna          | Warszawa          | POL       |                         | 85      | K20/193 K / 493    | 01:00:15  | 06.01      | +0:29:43 | 0:07:38 / 3240 | 0:13:33 / 3184 | 0:29:47 / 3133 | 0:37:56 / 3093 | 0:44:09 / 3092 |
| 3101     | 2666   | GÓRNIŚIEWICZ Katarzyna | Piotrków Tryb.    | POL       |                         | 87      | K20/194 K / 494    | 01:00:15  | 06.01      | +0:29:43 | 0:06:35 / 1699 | 0:11:50 / 1744 | 0:27:39 / 2390 | 0:36:57 / 2849 | 0:43:22 / 2947 |
| 3102     | 2502   | CAPIGA Marcin          | Warszawa          | POL       |                         | 82      | M30/1151 M / 2608  | 01:00:15  | 06.01      | +0:29:43 | 0:07:32 / 3135 | 0:13:44 / 3290 | 0:30:36 / 3357 | 0:38:51 / 3300 | 0:44:51 / 3240 |
| 3103     | 159    | DRAGAN Mariusz         | Warszawa          | POL       | Psp Warszawa            | 74      | M30/1152 M / 2609  | 01:00:16  | 06.01      | +0:29:44 | 0:07:32 / 3136 | 0:13:44 / 3297 | 0:29:49 / 3145 | 0:37:45 / 3049 | 0:43:51 / 3035 |
| 3104     | 3715   | ŚWIĄTKOWSKI Łukasz     | Warszawa          | POL       |                         | 81      | M30/1153 M / 2610  | 01:00:17  | 06.01      | +0:29:45 | 0:07:36 / 3203 | 0:13:38 / 3236 | 0:29:41 / 3105 | 0:37:49 / 3067 | 0:44:10 / 3102 |
| 3105     | 5285   | FORNALIK Jakub         | Warszawa          | POL       | Adwokaci                | 88      | M20/756 M / 2611   | 01:00:17  | 06.01      | +0:29:45 | 0:07:19 / 2845 | 0:12:55 / 2728 | 0:28:33 / 2719 | 0:37:04 / 2879 | 0:43:23 / 2951 |
| 3106     | 4508   | PIĘTNIK Ewelina        | Warszawa          | POL       |                         | 87      | K20/195 K / 495    | 01:00:17  | 06.01      | +0:29:45 | 0:08:12 / 3735 | 0:14:36 / 3709 | 0:31:29 / 3532 | 0:39:47 / 3497 | 0:45:43 / 3405 |
| 3107     | 5562   | KRZEPISZ Anieli        | Warszawa          | POL       |                         | 86      | K20/196 K / 496    | 01:00:18  | 06.01      | +0:29:46 | 0:07:16 / 2779 | 0:13:01 / 2802 | 0:29:02 / 2882 | 0:37:30 / 2992 | 0:43:51 / 3039 |
| 3108     | 6221   | JESIOTR Łukasz         | Warszawa          | POL       |                         | 85      | M20/757 M / 2612   | 01:00:19  | 06.01      | +0:29:47 | 0:07:30 / 3077 | 0:13:16 / 2992 | 0:28:52 / 2820 | 0:37:18 / 2940 | 0:43:32 / 2978 |
| 3109     | 4509   | ZUBOWICZ Jakub         | Warszawa/sejny    | POL       | Żwawe Żubry             | 82      | M30/1154 M / 2613  | 01:00:19  | 06.01      | +0:29:47 | 0:08:13 / 3747 | 0:14:37 / 3717 | 0:31:30 / 3540 | 0:39:48 / 3503 | 0:45:44 / 3407 |
| 3110     | 4663   | ROMANOWSKI Maciej      | Serock            | POL       | Serock Biega            | 70      | M40/463 M / 2614   | 01:00:19  | 06.01      | +0:29:47 | 0:05:55 / 706  | 0:11:40 / 1602 | 0:27:40 / 2394 | 0:36:56 / 2843 | 0:43:01 / 2868 |
| 3111     | 3597   | ZAKRZEWSKA Katarzyna   | Sochaczew         | POL       | Km Aktywni Sochaczew    | 95      | K20/197 K / 497    | 01:00:20  | 06.02      | +0:29:48 | 0:08:15 / 3773 | 0:14:08 / 3531 | 0:30:58 / 3442 | 0:39:21 / 3408 | 0:45:10 / 3296 |
| 3112     | 2934   | KUPCZYK Monika         | Sochaczew         | POL       | "km \\\\\"aktywni"      | 96      | K20/198 K / 498    | 01:00:21  | 06.02      | +0:29:49 | 0:08:14 / 3762 | 0:14:07 / 3516 | 0:30:58 / 3444 | 0:39:21 / 3410 | 0:45:10 / 3297 |
| 3113     | 2588   | DOMINICZAK Karol       | Warszawa          | POL       |                         | 77      | M30/1155 M / 2615  | 01:00:21  | 06.02      | +0:29:49 | 0:07:56 / 3549 | 0:14:19 / 3606 | 0:31:11 / 3485 | 0:39:20 / 3404 | 0:45:13 / 3307 |
| 3114     | 4735   | GOŚCIŃSKA Justyna      | Strzeńówka        | POL       |                         | 80      | K30/225 K / 499    | 01:00:21  | 06.02      | +0:29:49 | 0:07:28 / 3047 | 0:13:25 / 3121 | 0:29:39 / 3092 | 0:38:06 / 3126 | 0:44:23 / 3146 |
| 3115     | 5085   | SZCZUDLIK Katarzyna    | Warszawa          | POL       | Adwokaci                | 88      | K20/199 K / 500    | 01:00:22  | 06.02      | +0:29:50 | 0:07:19 / 2842 | 0:12:57 / 2756 | 0:28:37 / 2739 | 0:37:16 / 2930 | 0:43:27 / 2964 |
| 3116     | 5665   | GLIŃSKA Anna           | Bartoszyce        | POL       |                         | 93      | K20/200 K / 501    | 01:00:24  | 06.02      | +0:29:52 | 0:07:12 / 2672 | 0:13:00 / 2793 | 0:29:24 / 3001 | 0:37:52 / 3078 | 0:44:09 / 3093 |
| 3117     | 2500   | BUTOR Arkadiusz        | Malkinia Górna    | POL       |                         | 76      | M30/1156 M / 2616  | 01:00:25  | 06.02      | +0:29:53 | 0:07:38 / 3241 | 0:13:41 / 3273 | 0:29:54 / 3168 | 0:38:19 / 3175 | 0:44:32 / 3178 |
| 3118     | 42     | KOPYT Artur            | Warszawa          | POL       | Go Sport                | 76      | M30/1157 M / 2617  | 01:00:26  | 06.02      | +0:29:54 | 0:08:00 / 3607 | 0:14:07 / 3518 | 0:30:38 / 3360 | 0:38:54 / 3314 | 0:44:52 / 3243 |
| 3119     | 4323   | SMYK Kacper            | Biała Podlaska    | POL       | The Rolling Potatoes    | 90      | M20/758 M / 2618   | 01:00:26  | 06.02      | +0:29:54 | 0:06:20 / 1260 | 0:11:24 / 1359 | 0:25:44 / 1616 | 0:35:18 / 2375 | 0:41:54 / 2586 |
| 3120     | 2794   | KARWACKI Maksymilian   | Gostynin          | POL       |                         | 85      | M20/759 M / 2619   | 01:00:26  | 06.02      | +0:29:54 | 0:07:57 / 3574 | 0:13:49 / 3348 | 0:29:46 / 3129 | 0:38:31 / 3232 | 0:44:36 / 3193 |
| 3121     | 5682   | BIERNACKI Adam         | Łódź              | POL       | Łódź/warszawa           | 50      | M60/43 M / 2620    | 01:00:26  | 06.02      | +0:29:54 | 0:07:30 / 3093 | 0:13:31 / 3170 | 0:29:38 / 3091 | 0:37:56 / 3094 | 0:44:13 / 3121 |
| 3122     | 1162   | CHRZAŚTEK Łukasz       | Warszawa          | POL       |                         | 79      | M30/1158 M / 2621  | 01:00:26  | 06.02      | +0:29:55 | 0:07:35 / 3188 | 0:13:48 / 3342 | 0:30:03 / 3214 | 0:38:13 / 3155 | 0:44:28 / 3162 |
| 3123     | 6963   | STAWINOĞA Jacek        | Lubartów          | POL       | Niezależny              | 68      | M40/464 M / 2622   | 01:00:27  | 06.02      | +0:29:55 | 0:07:35 / 3195 | 0:13:51 / 3377 | 0:30:05 / 3227 | 0:38:29 / 3226 | 0:44:43 / 3224 |
| 3124     | 3561   | WITUSKA Iwona          | Blonie            | POL       | Indywidualna            | 90      | K20/201 K / 502    | 01:00:27  | 06.02      | +0:29:55 | 0:08:14 / 3758 | 0:14:08 / 3529 | 0:30:58 / 3443 | 0:39:22 / 3412 | 0:45:11 / 3300 |
| 3125     | 3668   | KARASIEWICZ Darek      | Glinice Domaniewo | POL       | Lider Winnica           | 91      | M20/760 M / 2623   | 01:00:27  | 06.02      | +0:29:55 | 0:07:41 / 3294 | 0:13:49 / 3351 | 0:30:36 / 3356 | 0:38:29 / 3228 | 0:44:28 / 3164 |
| 3126     | 5468   | JABŁOŃSKI Piotr        | Warszawa          | POL       | Brak                    | 77      | M30/1159 M / 2624  | 01:00:27  | 06.02      | +0:29:55 | 0:08:06 / 3664 | 0:14:34 / 3691 | 0:30:50 / 3416 | 0:38:43 / 3274 | 0:44:53 / 3244 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3127     | 6363   | NIEPIEKŁO Rafał        | Jabłonna Lacka   | POL       |                         | 89      | M20/761 M / 2625   | 01:00:27  | 06.02      | +0:29:55 | 0:07:14 / 2711 | 0:13:07 / 2879 | 0:28:45 / 2790 | 0:37:19 / 2946 | 0:43:44 / 3014 |
| 3128     | 1161   | CHRZAŚTEK Magdalena    | Warszawa         | POL       |                         | 80      | K30/226 K / 503    | 01:00:27  | 06.02      | +0:29:55 | 0:07:35 / 3184 | 0:13:48 / 3341 | 0:30:02 / 3211 | 0:38:13 / 3153 | 0:44:28 / 3158 |
| 3129     | 4025   | WOĆ Piotr              | Warszawa         | POL       |                         | 82      | M30/1160 M / 2626  | 01:00:28  | 06.02      | +0:29:56 | 0:07:24 / 2960 | 0:13:32 / 3173 | 0:29:51 / 3158 | 0:37:55 / 3091 | 0:43:58 / 3066 |
| 3130     | 5726   | BUSZMAN Michał         | Łomianki         | POL       | Buszmeni Team           | 87      | M20/762 M / 2627   | 01:00:29  | 06.02      | +0:29:57 | 0:08:25 / 3873 | 0:14:31 / 3673 | 0:31:30 / 3541 | 0:40:00 / 3526 | 0:45:51 / 3426 |
| 3131     | 4121   | WÓJCIK Agata           | Góra Kalwaria    | POL       | Brak                    | 85      | K20/202 K / 504    | 01:00:29  | 06.02      | +0:29:57 | 0:07:23 / 2930 | 0:13:03 / 2825 | 0:28:56 / 2843 | 0:37:18 / 2938 | 0:43:40 / 3003 |
| 3132     | 6920   | SAWICKI Krystian       | Warszawa         | POL       |                         | 85      | M20/763 M / 2628   | 01:00:29  | 06.02      | +0:29:57 | 0:07:18 / 2816 | 0:13:01 / 2804 | 0:28:41 / 2765 | 0:37:05 / 2885 | 0:43:19 / 2930 |
| 3133     | 5469   | DZIEDZIC Katarzyna     | Ząbki            | POL       | Brak                    | 84      | K20/203 K / 505    | 01:00:29  | 06.02      | +0:29:57 | 0:08:07 / 3677 | 0:14:36 / 3706 | 0:30:52 / 3420 | 0:38:45 / 3280 | 0:44:53 / 3247 |
| 3134     | 3682   | JANISZEWSKA Marlena    | Szczecin         | POL       |                         | 87      | K20/204 K / 506    | 01:00:30  | 06.03      | +0:29:58 | 0:07:51 / 3476 | 0:13:59 / 3464 | 0:30:27 / 3322 | 0:38:45 / 3282 | 0:44:47 / 3229 |
| 3135     | 6478   | ZALEWSKA Anna          | Skierniewice     | POL       |                         | 82      | K30/227 K / 507    | 01:00:30  | 06.03      | +0:29:58 | 0:07:42 / 3310 | 0:13:42 / 3279 | 0:30:15 / 3282 | 0:38:32 / 3236 | 0:44:44 / 3226 |
| 3136     | 3980   | CHOTKOWSKA Paulina     | Góra Kalwaria    | POL       |                         | 80      | K30/228 K / 508    | 01:00:30  | 06.03      | +0:29:59 | 0:07:45 / 3371 | 0:13:50 / 3365 | 0:30:17 / 3285 | 0:38:32 / 3238 | 0:44:36 / 3194 |
| 3137     | 5771   | OLKOWSKI Robert        | Warszawa         | POL       |                         | 82      | M30/1161 M / 2629  | 01:00:32  | 06.03      | +0:30:00 | 0:07:17 / 2807 | 0:13:01 / 2803 | 0:29:06 / 2902 | 0:37:31 / 2998 | 0:43:52 / 3041 |
| 3138     | 2784   | KAMIŃSKA Małgorzata    | Warszawa         | POL       |                         | 87      | K20/205 K / 509    | 01:00:32  | 06.03      | +0:30:01 | 0:08:13 / 3751 | 0:14:41 / 3739 | 0:32:18 / 3662 | 0:40:00 / 3525 | 0:45:55 / 3442 |
| 3139     | 3688   | ZAWODNIK Do uzup       |                  | POL       |                         |         | M / 2630           | 01:00:33  | 06.03      | +0:30:01 | 0:07:29 / 3073 | 0:13:32 / 3174 | 0:29:36 / 3084 | 0:38:12 / 3150 | 0:44:34 / 3190 |
| 3140     | 3941   | GRZYBOWSKI Dariusz     | Grójec           | POL       |                         | 72      | M40/465 M / 2631   | 01:00:33  | 06.03      | +0:30:01 | 0:06:53 / 2193 | 0:12:22 / 2274 | 0:28:44 / 2787 | 0:37:16 / 2927 | 0:43:29 / 2967 |
| 3141     | 4562   | REDO Gosia             | Warszawa         | POL       |                         | 86      | K20/206 K / 510    | 01:00:33  | 06.03      | +0:30:01 | 0:07:00 / 2384 | 0:12:32 / 2397 | 0:28:48 / 2805 | 0:37:31 / 2994 | 0:43:48 / 3027 |
| 3142     | 5544   | SOKOŁOWSKI Marian      | Warszawa         | POL       |                         | 48      | M60/44 M / 2632    | 01:00:34  | 06.03      | +0:30:02 | 0:07:27 / 3020 | 0:13:07 / 2874 | 0:29:07 / 2910 | 0:37:32 / 3005 | 0:43:49 / 3032 |
| 3143     | 6431   | KACZYŃSKA Wiesława     | Warszawa         | POL       | Adder                   | 70      | K40/59 K / 511     | 01:00:34  | 06.03      | +0:30:02 | 0:07:43 / 3332 | 0:13:37 / 3230 | 0:29:38 / 3089 | 0:38:12 / 3148 | 0:44:22 / 3138 |
| 3144     | 3644   | JAŁOSZYŃSKI Marek      | Wyględy          | POL       |                         | 68      | M40/466 M / 2633   | 01:00:34  | 06.03      | +0:30:02 | 0:06:37 / 1730 | 0:11:53 / 1801 | 0:27:32 / 2333 | 0:36:10 / 2638 | 0:42:49 / 2813 |
| 3145     | 4104   | FABIAŃSKI Łukasz       | Nadarzyn         | POL       | Byledobiec              | 79      | M30/1162 M / 2634  | 01:00:35  | 06.03      | +0:30:03 | 0:07:22 / 2921 | 0:13:14 / 2963 | 0:29:51 / 3154 | 0:38:16 / 3167 | 0:44:26 / 3157 |
| 3146     | 6554   | RACZKIEWICZ Robert     | Warszawa         | POL       |                         | 81      | M30/1163 M / 2635  | 01:00:35  | 06.03      | +0:30:03 | 0:07:33 / 3160 | 0:13:47 / 3327 | 0:30:19 / 3294 | 0:38:44 / 3277 | 0:44:57 / 3263 |
| 3147     | 6159   | SMYK Anita i stefan    | Biała Podlaska   | POL       | The Rolling Potatoes    | 70      | K40/60 K / 512     | 01:00:36  | 06.03      | +0:30:04 | 0:07:52 / 3497 | 0:13:56 / 3429 | 0:30:26 / 3315 | 0:39:14 / 3384 | 0:45:12 / 3302 |
| 3148     | 4532   | KERNER Piotr           | Warszawa         | POL       |                         | 66      | M40/467 M / 2636   | 01:00:37  | 06.03      | +0:30:05 | 0:06:46 / 1987 | 0:12:22 / 2271 | 0:28:36 / 2733 | 0:37:39 / 3035 | 0:44:24 / 3150 |
| 3149     | 4553   | MARCINKOWSKA Joanna    | Grójec           | POL       |                         | 80      | K30/229 K / 513    | 01:00:37  | 06.03      | +0:30:05 | 0:07:11 / 2630 | 0:13:16 / 2997 | 0:29:08 / 2916 | 0:37:44 / 3046 | 0:43:58 / 3067 |
| 3150     | 2923   | KUDRYŚ Marek           | Wadowice         | POL       |                         | 90      | M20/764 M / 2637   | 01:00:37  | 06.03      | +0:30:05 | 0:07:53 / 3509 | 0:14:10 / 3539 | 0:30:08 / 3242 | 0:38:49 / 3292 | 0:44:48 / 3234 |
| 3151     | 6311   | OLSZANKO Anna          | Warszawa         | POL       |                         | 82      | K30/230 K / 514    | 01:00:38  | 06.03      | +0:30:06 | 0:06:42 / 1876 | 0:12:11 / 2105 | 0:28:13 / 2617 | 0:36:49 / 2817 | 0:43:16 / 2919 |
| 3152     | 6689   | HRYCKIEWICZ Małgorzata | Warszawa         | POL       | 12tri                   | 80      | K30/231 K / 515    | 01:00:39  | 06.03      | +0:30:07 | 0:08:16 / 3785 | 0:14:04 / 3501 | 0:29:54 / 3169 | 0:38:14 / 3157 | 0:44:24 / 3151 |
| 3153     | 6314   | KRZEMIŃSKI Michał      | Warszawa         | POL       | Mama & Papas            | 76      | M30/1164 M / 2638  | 01:00:40  | 06.04      | +0:30:08 | 0:06:46 / 2004 | 0:12:12 / 2137 | 0:27:36 / 2356 | 0:36:09 / 2632 | 0:42:35 / 2754 |
| 3154     | 6771   | BARTNIK Artur          | Marki            | POL       |                         | 79      | M30/1165 M / 2639  | 01:00:40  | 06.04      | +0:30:08 | 0:07:40 / 3266 | 0:13:39 / 3248 | 0:30:12 / 3266 | 0:38:36 / 3252 | 0:44:48 / 3232 |
| 3155     | 2521   | CHROMIK Szymon         | Bielany          | POL       |                         | 82      | M30/1166 M / 2640  | 01:00:40  | 06.04      | +0:30:08 | 0:07:55 / 3541 | 0:14:12 / 3548 | 0:30:11 / 3259 | 0:38:51 / 3301 | 0:44:50 / 3238 |
| 3156     | 5113   | ZABOREK Katarzyna      | Warszawa         | POL       |                         | 86      | K20/207 K / 516    | 01:00:40  | 06.04      | +0:30:08 | 0:07:27 / 3010 | 0:13:40 / 3259 | 0:29:48 / 3139 | 0:37:58 / 3103 | 0:44:11 / 3104 |
| 3157     | 6816   | WITKOWSKI Michał       | Warszawa         | POL       | Pzu Sport Team          | 76      | M30/1167 M / 2641  | 01:00:41  | 06.04      | +0:30:09 | 0:07:16 / 2769 | 0:13:11 / 2926 | 0:29:55 / 3170 | 0:38:10 / 3141 | 0:44:25 / 3152 |
| 3158     | 3968   | KARCZMARZ Justyna      | Warszawa         | POL       |                         | 87      | K20/208 K / 517    | 01:00:41  | 06.04      | +0:30:09 | 0:07:17 / 2797 | 0:12:46 / 2596 | 0:29:18 / 2962 | 0:38:06 / 3127 | 0:44:31 / 3175 |
| 3159     | 5299   | GROCHOWALSKI Jacek     | Kielce           | POL       | Adwokaci                | 87      | M20/765 M / 2642   | 01:00:41  | 06.04      | +0:30:09 | 0:07:35 / 3187 | 0:13:15 / 2980 | 0:29:35 / 3074 | 0:38:00 / 3109 | 0:44:20 / 3134 |
| 3160     | 6876   | OSIŃSKI Maciej         | Piastów          | POL       |                         | 79      | M30/1168 M / 2643  | 01:00:41  | 06.04      | +0:30:09 | 0:07:13 / 2685 | 0:12:46 / 2601 | 0:27:14 / 2215 | 0:36:36 / 2755 | 0:43:10 / 2898 |
| 3161     | 4607   | JAKUBIEC Bartosz       | Żyrardów         | POL       |                         | 74      | M30/1169 M / 2644  | 01:00:41  | 06.04      | +0:30:09 | 0:08:35 / 3929 | 0:15:04 / 3867 | 0:32:02 / 3616 | 0:40:19 / 3563 | 0:46:01 / 3456 |
| 3162     | 3639   | ŻURAWSKI Grzegorz      | Żyrardów         | POL       |                         | 74      | M30/1170 M / 2645  | 01:00:41  | 06.04      | +0:30:09 | 0:08:34 / 3923 | 0:15:03 / 3865 | 0:32:01 / 3612 | 0:40:19 / 3564 | 0:46:01 / 3455 |
| 3163     | 6339   | MIROWSKA Beata         | Bobrowiec        | POL       | Geo Running Team        | 73      | K40/61 K / 518     | 01:00:41  | 06.04      | +0:30:10 | 0:07:22 / 2907 | 0:13:16 / 2994 | 0:29:32 / 3054 | 0:37:58 / 3102 | 0:44:12 / 3116 |
| 3164     | 5606   | CHABIOR Dawid          | Warszawa         | POL       |                         | 77      | M30/1171 M / 2646  | 01:00:42  | 06.04      | +0:30:10 | 0:07:37 / 3223 | 0:13:46 / 3321 | 0:30:02 / 3203 | 0:38:15 / 3161 | 0:44:36 / 3199 |
| 3165     | 3569   | WOJDA Rafał            | Warszawa         | POL       | Mennica Wrocławska      | 82      | M30/1172 M / 2647  | 01:00:43  | 06.04      | +0:30:11 | 0:07:00 / 2369 | 0:12:37 / 2478 | 0:28:56 / 2845 | 0:37:24 / 2968 | 0:43:51 / 3036 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name      | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club       | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|---------------------------|------------------|-----------|-------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3166     | 3870   | KOWALSKI Andrzej          | Radom            | POL       |                               | 92      | M20/766 M / 2648   | 01:00:43  | 06.04      | +0:30:11 | 0:08:09 / 3702 | 0:14:42 / 3746 | 0:32:09 / 3635 | 0:40:48 / 3623 | 0:46:55 / 3582 |
| 3167     | 6239   | GROCHOWSKI Krzysztof      | Warszawa         | POL       | Biegamy Z Ochotą              | 89      | M20/767 M / 2649   | 01:00:43  | 06.04      | +0:30:11 | 0:08:21 / 3839 | 0:14:55 / 3820 | 0:32:10 / 3641 | 0:40:36 / 3600 | 0:46:22 / 3515 |
| 3168     | 5690   | MIKŁASZEWICZ Dorota       | Warszawa         | POL       |                               | 83      | K30/232 K / 519    | 01:00:43  | 06.04      | +0:30:11 | 0:07:59 / 3599 | 0:14:17 / 3588 | 0:31:04 / 3463 | 0:39:37 / 3459 | 0:45:34 / 3370 |
| 3169     | 6346   | GAŁECKI Paweł             | Warszawa         | POL       |                               | 66      | M40/468 M / 2650   | 01:00:44  | 06.04      | +0:30:12 | 0:07:14 / 2726 | 0:13:03 / 2823 | 0:29:03 / 2888 | 0:37:27 / 2977 | 0:43:46 / 3022 |
| 3170     | 233    | MATUSIAK Jarosław         | Warszawa         | POL       | Pko                           | 66      | M40/469 M / 2651   | 01:00:44  | 06.04      | +0:30:12 | 0:07:09 / 2598 | 0:12:45 / 2578 | 0:28:49 / 2807 | 0:37:18 / 2941 | 0:44:03 / 3075 |
| 3171     | 5806   | ODROWAŻ-PETRYKOWSKA Maria | Warszawa         | POL       |                               | 82      | K30/233 K / 520    | 01:00:45  | 06.04      | +0:30:13 | 0:07:03 / 2470 | 0:12:51 / 2680 | 0:29:45 / 3121 | 0:38:23 / 3198 | 0:44:33 / 3184 |
| 3172     | 3116   | NOWOCIN Michał            | Warszawa         | POL       |                               | 90      | M20/768 M / 2652   | 01:00:46  | 06.04      | +0:30:14 | 0:06:47 / 2019 | 0:12:39 / 2496 | 0:29:10 / 2922 | 0:37:47 / 3055 | 0:44:23 / 3143 |
| 3173     | 4495   | WIŚNIEWSKI Marek          | Warszawa         | POL       |                               | 71      | M40/470 M / 2653   | 01:00:48  | 06.04      | +0:30:16 | 0:08:30 / 3896 | 0:14:52 / 3803 | 0:31:21 / 3507 | 0:39:31 / 3438 | 0:45:24 / 3337 |
| 3174     | 427    | STOLARCZYK Stanisław      | Tłuszcz          | POL       | Bóbr Tłuszcz                  | 43      | M70/6 M / 2654     | 01:00:48  | 06.04      | +0:30:16 | 0:07:54 / 3533 | 0:13:59 / 3460 | 0:30:20 / 3298 | 0:38:38 / 3260 | 0:44:39 / 3207 |
| 3175     | 6400   | MĘDREK Dariusz            | Warszawa         | POL       | 1 Warszawska Brygada Pancerna | 71      | M40/471 M / 2655   | 01:00:48  | 06.04      | +0:30:16 | 0:07:22 / 2919 | 0:13:13 / 2960 | 0:29:58 / 3185 | 0:38:38 / 3258 | 0:44:48 / 3233 |
| 3176     | 6272   | DĄBEK Edward              | Mińsk Mazowiecki | POL       | Mkb Dreptak Mińsk Mazowiecki  | 63      | M50/163 M / 2656   | 01:00:49  | 06.04      | +0:30:17 | 0:07:29 / 3066 | 0:13:33 / 3181 | 0:29:46 / 3127 | 0:38:06 / 3128 | 0:44:29 / 3169 |
| 3177     | 4494   | WIŚNIEWSKA Beata          | Warszawa         | POL       |                               | 71      | K40/62 K / 521     | 01:00:49  | 06.04      | +0:30:18 | 0:08:31 / 3904 | 0:14:53 / 3811 | 0:31:22 / 3514 | 0:39:32 / 3444 | 0:45:25 / 3338 |
| 3178     | 4450   | SPRZĄCZAK Piotr           | Warszawa         | POL       |                               | 85      | M20/769 M / 2657   | 01:00:50  | 06.05      | +0:30:18 | 0:07:55 / 3543 | 0:14:14 / 3566 | 0:30:54 / 3426 | 0:39:13 / 3379 | 0:45:22 / 3330 |
| 3179     | 6333   | MIATKOWSKA Agnieszka      | Wołomin          | POL       |                               | 88      | K20/209 K / 522    | 01:00:51  | 06.05      | +0:30:19 | 0:08:03 / 3633 | 0:14:22 / 3623 | 0:30:45 / 3394 | 0:38:59 / 3333 | 0:45:03 / 3279 |
| 3180     | 3659   | DROBOT Mariusz            | Pułtusk          | POL       | Lider Winnica                 | 95      | M20/770 M / 2658   | 01:00:51  | 06.05      | +0:30:19 | 0:07:49 / 3437 | 0:13:53 / 3404 | 0:30:05 / 3226 | 0:37:49 / 3061 | 0:44:36 / 3195 |
| 3181     | 4113   | SPRZĄCZAK Marta           | Warszawa         | POL       |                               | 82      | K30/234 K / 523    | 01:00:51  | 06.05      | +0:30:19 | 0:07:57 / 3565 | 0:14:12 / 3549 | 0:30:56 / 3433 | 0:39:14 / 3383 | 0:45:23 / 3334 |
| 3182     | 3575   | WOŁOSZYN Beata            | Kielce           | POL       |                               | 86      | K20/210 K / 524    | 01:00:52  | 06.05      | +0:30:20 | 0:07:20 / 2869 | 0:13:02 / 2817 | 0:28:52 / 2826 | 0:37:32 / 3001 | 0:43:53 / 3045 |
| 3183     | 5235   | MAMIŃSKA Monika           | Warszawa         | POL       | Adwokaci                      | 87      | K20/211 K / 525    | 01:00:53  | 06.05      | +0:30:21 | 0:07:18 / 2822 | 0:13:05 / 2850 | 0:29:33 / 3060 | 0:37:55 / 3086 | 0:44:06 / 3084 |
| 3184     | 6395   | SZOSTEK Agnieszka         | Warszawa         | POL       |                               | 77      | K30/235 K / 526    | 01:00:53  | 06.05      | +0:30:21 | 0:07:26 / 2990 | 0:13:00 / 2785 | 0:28:56 / 2844 | 0:37:24 / 2964 | 0:43:38 / 2996 |
| 3185     | 5515   | DENGUS Marcin             | Warszawa         | POL       |                               | 85      | M20/771 M / 2659   | 01:00:54  | 06.05      | +0:30:22 | 0:07:15 / 2737 | 0:13:13 / 2954 | 0:29:17 / 2959 | 0:38:41 / 3267 | 0:44:57 / 3261 |
| 3186     | 3673   | KOZŁOWSKI Mariusz         | Skarżyce         | POL       | Lider Winnica                 | 87      | M20/772 M / 2660   | 01:00:54  | 06.05      | +0:30:22 | 0:07:51 / 3493 | 0:13:57 / 3440 | 0:30:09 / 3247 | 0:37:52 / 3079 | 0:44:38 / 3204 |
| 3187     | 6610   | PISKORZ Marian            | Warszawa         | POL       |                               | 50      | M60/45 M / 2661    | 01:00:55  | 06.05      | +0:30:23 | 0:07:17 / 2798 | 0:13:08 / 2899 | 0:29:40 / 3098 | 0:38:05 / 3123 | 0:44:24 / 3149 |
| 3188     | 6268   | WITAK-KAJAK Ewa           | Garwolin         | POL       | Truchtacz.pl                  | 61      | K50/11 K / 527     | 01:00:56  | 06.05      | +0:30:24 | 0:07:58 / 3590 | 0:14:18 / 3603 | 0:30:44 / 3388 | 0:38:55 / 3316 | 0:45:09 / 3292 |
| 3189     | 5239   | MILLER Michał             | Warszawa         | POL       | Adwokaci                      | 88      | M20/773 M / 2662   | 01:00:56  | 06.05      | +0:30:25 | 0:07:19 / 2844 | 0:13:09 / 2906 | 0:29:35 / 3072 | 0:37:57 / 3099 | 0:44:07 / 3088 |
| 3190     | 5660   | BIL Elżbieta              | Warszawa         | POL       |                               | 78      | K30/236 K / 528    | 01:00:57  | 06.05      | +0:30:25 | 0:07:12 / 2673 | 0:13:02 / 2815 | 0:28:38 / 2749 | 0:37:09 / 2902 | 0:43:37 / 2995 |
| 3191     | 4685   | KRUCZEK Kazimierz         | Milanówek        | POL       |                               | 56      | M50/164 M / 2663   | 01:00:58  | 06.05      | +0:30:26 | 0:07:29 / 3053 | 0:13:11 / 2934 | 0:29:26 / 3006 | 0:38:03 / 3118 | 0:44:17 / 3128 |
| 3192     | 3376   | STARSZEWSKA Marta         | Warszawa         | POL       |                               | 88      | K20/212 K / 529    | 01:00:58  | 06.05      | +0:30:26 | 0:06:29 / 1508 | 0:11:45 / 1682 | 0:29:02 / 2877 | 0:37:46 / 3052 | 0:43:46 / 3020 |
| 3193     | 5621   | SZYSZKA Jagoda            | Warszawa         | POL       | Saturn Fitness                | 69      | K40/63 K / 530     | 01:00:58  | 06.05      | +0:30:26 | 0:07:27 / 3024 | 0:13:08 / 2894 | 0:29:21 / 2982 | 0:38:02 / 3113 | 0:44:15 / 3122 |
| 3194     | 4230   | RUDOLF Julita             | Warszawa         | POL       |                               | 77      | K30/237 K / 531    | 01:00:59  | 06.05      | +0:30:27 | 0:07:14 / 2723 | 0:13:25 / 3119 | 0:29:41 / 3104 | 0:38:06 / 3130 | 0:44:28 / 3159 |
| 3195     | 5741   | PIETRASZEWSKA Edyta       | Tomaszów         | POL       |                               | 71      | K40/64 K / 532     | 01:00:59  | 06.05      | +0:30:27 | 0:08:15 / 3774 | 0:14:33 / 3684 | 0:31:02 / 3456 | 0:39:10 / 3364 | 0:45:09 / 3294 |
| 3196     | 5742   | PIETRASZEWSKI Robert      | Tomaszów         | POL       |                               | 73      | M40/472 M / 2664   | 01:00:59  | 06.05      | +0:30:27 | 0:08:15 / 3772 | 0:14:33 / 3683 | 0:31:02 / 3457 | 0:39:11 / 3369 | 0:45:11 / 3299 |
| 3197     | 4185   | KOŁODZIEJ Roman           | Warszawa         | POL       |                               | 65      | M40/473 M / 2665   | 01:01:01  | 06.06      | +0:30:29 | 0:07:45 / 3368 | 0:13:46 / 3313 | 0:29:59 / 3190 | 0:38:37 / 3256 | 0:45:01 / 3273 |
| 3198     | 5496   | HLADYNIUK-SALYGA Zofia    | Lublin           | POL       | Adwokaci                      | 86      | K20/213 K / 533    | 01:01:01  | 06.06      | +0:30:29 | 0:07:24 / 2949 | 0:13:24 / 3097 | 0:30:09 / 3249 | 0:38:38 / 3259 | 0:45:04 / 3282 |
| 3199     | 6457   | POLKOWSKA Katarzyna       | Warszawa         | POL       | Biegam Bo Lubię               | 87      | K20/214 K / 534    | 01:01:01  | 06.06      | +0:30:29 | 0:07:55 / 3546 | 0:14:05 / 3508 | 0:30:40 / 3375 | 0:39:04 / 3346 | 0:45:18 / 3323 |
| 3200     | 2710   | HOMANOWSKI Robert         | Żyrardów         | POL       |                               | 64      | M40/474 M / 2666   | 01:01:02  | 06.06      | +0:30:30 | 0:06:40 / 1821 | 0:11:57 / 1874 | 0:28:00 / 2524 | 0:36:48 / 2813 | 0:43:11 / 2904 |
| 3201     | 1554   | SOSZYŃSKI Filip           | Warszawa         | POL       | Studenci                      | 88      | M20/774 M / 2667   | 01:01:02  | 06.06      | +0:30:30 | 0:07:06 / 2521 | 0:12:55 / 2729 | 0:29:14 / 2955 | 0:38:07 / 3132 | 0:44:29 / 3170 |
| 3202     | 3977   | KUCHARSKI Michał          | Warszawa         | POL       |                               | 79      | M30/1173 M / 2668  | 01:01:03  | 06.06      | +0:30:31 | 0:07:32 / 3144 | 0:13:41 / 3267 | 0:29:49 / 3146 | 0:38:07 / 3134 | 0:44:20 / 3133 |
| 3203     | 6572   | STEC Mirosław             | Warszawa         | POL       |                               | 64      | M40/475 M / 2669   | 01:01:03  | 06.06      | +0:30:31 | 0:07:18 / 2813 | 0:13:18 / 3024 | 0:29:50 / 3152 | 0:38:24 / 3204 | 0:44:42 / 3221 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3204     | 4769   | WIĘCŁAWSKI Piotr           | Wólka Kosowska   | POL       | Powersystems                     | 76      | M30/1174 M / 2670  | 01:01:03  | 06.06      | +0:30:31 | 0:07:34 / 3178 | 0:13:33 / 3182 | 0:30:07 / 3240 | 0:38:55 / 3322 | 0:45:28 / 3349 |
| 3205     | 2634   | GAŁUCKI Janusz             | Kwidzyn          | POL       | Sloiki                           | 80      | M30/1175 M / 2671  | 01:01:04  | 06.06      | +0:30:32 | 0:07:39 / 3256 | 0:13:51 / 3378 | 0:30:41 / 3381 | 0:39:07 / 3356 | 0:45:20 / 3325 |
| 3206     | 6265   | KAJAK Daniel               | Garwolin         | POL       | Truchtacz.pl                     | 90      | M20/775 M / 2672   | 01:01:04  | 06.06      | +0:30:32 | 0:07:39 / 3247 | 0:13:58 / 3453 | 0:30:45 / 3395 | 0:39:12 / 3377 | 0:45:24 / 3336 |
| 3207     | 5005   | LUCZYŃSKI Jacek            | Warszawa         | POL       |                                  | 80      | M30/1176 M / 2673  | 01:01:05  | 06.06      | +0:30:33 | 0:07:47 / 3412 | 0:13:57 / 3433 | 0:29:52 / 3159 | 0:38:36 / 3255 | 0:45:01 / 3272 |
| 3208     | 4459   | DEMIANIUK Marcin           | Turów            | POL       | Lechici Zielonka                 | 78      | M30/1177 M / 2674  | 01:01:06  | 06.06      | +0:30:34 | 0:07:25 / 2970 | 0:13:05 / 2857 | 0:29:30 / 3033 | 0:38:27 / 3216 | 0:44:39 / 3206 |
| 3209     | 4653   | ZAWADZKA Małgorzata        | Warszawa         | POL       | Benefit                          | 82      | K30/238 K / 535    | 01:01:06  | 06.06      | +0:30:34 | 0:07:46 / 3395 | 0:13:44 / 3298 | 0:29:50 / 3149 | 0:38:19 / 3181 | 0:44:41 / 3212 |
| 3210     | 4491   | WOYNOWSKI Robert           | Warszawa         | POL       |                                  | 71      | M40/476 M / 2675   | 01:01:06  | 06.06      | +0:30:34 | 0:07:10 / 2607 | 0:13:06 / 2867 | 0:29:23 / 2994 | 0:37:55 / 3089 | 0:44:21 / 3136 |
| 3211     | 4771   | KOZŁOWSKI Tomasz           | Warszawa         | POL       | A+a Fan Club                     | 73      | M40/477 M / 2676   | 01:01:06  | 06.06      | +0:30:34 | 0:07:35 / 3196 | 0:13:28 / 3142 | 0:29:31 / 3043 | 0:38:09 / 3137 | 0:44:10 / 3097 |
| 3212     | 6833   | WIERZBICKI Jacek           | Warszawa         | POL       | Ścieżka Biegowa Pole Mokotowskie | 83      | M30/1178 M / 2677  | 01:01:07  | 06.06      | +0:30:35 | 0:07:10 / 2624 | 0:12:57 / 2754 | 0:29:19 / 2966 | 0:37:57 / 3098 | 0:44:10 / 3094 |
| 3213     | 1227   | MICHAŁOWSKI Andrzej        | Warszawa         | POL       |                                  | 75      | M30/1179 M / 2678  | 01:01:07  | 06.06      | +0:30:35 | 0:07:07 / 2558 | 0:12:45 / 2585 | 0:28:26 / 2681 | 0:36:50 / 2822 | 0:42:56 / 2849 |
| 3214     | 4759   | DUROL Piotr                | Suwałki          | POL       |                                  | 65      | M40/478 M / 2679   | 01:01:07  | 06.06      | +0:30:35 | 0:07:21 / 2890 | 0:13:39 / 3244 | 0:29:40 / 3101 | 0:38:09 / 3139 | 0:44:38 / 3202 |
| 3215     | 6784   | WASILEWSKI Wojciech        | Warszawa         | POL       | Yawara                           | 84      | M20/776 M / 2680   | 01:01:07  | 06.06      | +0:30:35 | 0:08:33 / 3915 | 0:15:08 / 3884 | 0:32:04 / 3620 | 0:40:11 / 3548 | 0:46:08 / 3474 |
| 3216     | 6243   | ŚNIADOWSKI Adam            | Warszawa         | POL       |                                  | 65      | M40/479 M / 2681   | 01:01:07  | 06.06      | +0:30:35 | 0:07:43 / 3335 | 0:13:52 / 3388 | 0:30:51 / 3418 | 0:39:11 / 3367 | 0:45:25 / 3339 |
| 3217     | 4176   | MALISZEWSKA Marta          | Warszawa         | POL       | Asa Team - Biegiem Po Zdrowie    | 78      | K30/239 K / 536    | 01:01:07  | 06.06      | +0:30:35 | 0:07:49 / 3454 | 0:14:05 / 3506 | 0:30:31 / 3338 | 0:38:51 / 3295 | 0:45:06 / 3287 |
| 3218     | 6783   | LASZKIEWICZ Magda          | Warszawa         | POL       |                                  | 83      | K30/240 K / 537    | 01:01:07  | 06.06      | +0:30:35 | 0:08:34 / 3919 | 0:15:08 / 3888 | 0:32:04 / 3621 | 0:40:11 / 3549 | 0:46:06 / 3470 |
| 3219     | 3577   | WOŹNIAK Piotr              | Warszawa         | POL       |                                  | 74      | M30/1180 M / 2682  | 01:01:07  | 06.06      | +0:30:35 | 0:07:42 / 3314 | 0:13:49 / 3352 | 0:30:30 / 3332 | 0:38:53 / 3312 | 0:45:00 / 3270 |
| 3220     | 4177   | SZABELAK Witek             | Warszawa         | POL       | Asa Team - Biegiem Po Zdrowie    | 81      | M30/1181 M / 2683  | 01:01:07  | 06.06      | +0:30:35 | 0:07:49 / 3457 | 0:14:05 / 3509 | 0:30:31 / 3334 | 0:38:50 / 3293 | 0:45:06 / 3288 |
| 3221     | 3775   | WĘGRZYŃSKI Bartłomiej      | Warszawa         | POL       |                                  | 72      | M40/480 M / 2684   | 01:01:10  | 06.07      | +0:30:38 | 0:06:34 / 1654 | 0:11:50 / 1757 | 0:27:46 / 2433 | 0:36:26 / 2701 | 0:42:50 / 2824 |
| 3222     | 34     | VIP Vip                    |                  | POL       |                                  | 13      | M / 2685           | 01:01:10  | 06.07      | +0:30:38 | 0:07:32 / 3139 | 0:13:34 / 3195 | 0:29:42 / 3107 | 0:38:18 / 3173 | 0:44:36 / 3198 |
| 3223     | 4773   | KOMARNICKI Kamil           | Warszawa         | POL       | Legion Błonie                    | 79      | M30/1182 M / 2686  | 01:01:10  | 06.07      | +0:30:38 | 0:07:36 / 3197 | 0:13:29 / 3157 | 0:29:30 / 3039 | 0:38:09 / 3138 | 0:44:10 / 3098 |
| 3224     | 4690   | WIADEREK Michał            | Warszawa         | POL       |                                  | 90      | M20/777 M / 2687   | 01:01:11  | 06.07      | +0:30:39 | 0:07:46 / 3400 | 0:14:25 / 3641 | 0:31:12 / 3487 | 0:39:53 / 3512 | 0:46:02 / 3458 |
| 3225     | 2866   | KOTECKI Adam               | Pruszków         | POL       |                                  | 79      | M30/1183 M / 2688  | 01:01:11  | 06.07      | +0:30:39 | 0:06:41 / 1853 | 0:12:14 / 2159 | 0:28:12 / 2599 | 0:36:53 / 2831 | 0:43:36 / 2990 |
| 3226     | 4349   | NOWAK Paulina              | Sochaczew        | POL       | Dragon Fc Sochaczew              | 88      | K20/215 K / 538    | 01:01:11  | 06.07      | +0:30:39 | 0:07:28 / 3046 | 0:13:39 / 3251 | 0:29:50 / 3148 | 0:38:02 / 3112 | 0:44:12 / 3113 |
| 3227     | 3865   | JANKOWSKI Dominik          | Warszawa         | POL       |                                  | 83      | M30/1184 M / 2689  | 01:01:11  | 06.07      | +0:30:40 | 0:07:09 / 2597 | 0:12:51 / 2679 | 0:29:24 / 2999 | 0:38:15 / 3158 | 0:44:42 / 3215 |
| 3228     | 498    | ŚLIWA Alicja               | Elk              | POL       |                                  | 54      | K50/12 K / 539     | 01:01:12  | 06.07      | +0:30:40 | 0:07:33 / 3157 | 0:13:24 / 3095 | 0:29:56 / 3175 | 0:38:27 / 3214 | 0:44:29 / 3168 |
| 3229     | 6768   | JABŁKOWSKA Kamila          | Legionowo        | POL       | The Brand                        | 86      | K20/216 K / 540    | 01:01:13  | 06.07      | +0:30:41 | 0:08:01 / 3611 | 0:14:12 / 3547 | 0:30:26 / 3314 | 0:38:46 / 3285 | 0:45:02 / 3277 |
| 3230     | 3881   | CISZEWSKA Zuzanna          | Warszawa         | POL       |                                  | 88      | K20/217 K / 541    | 01:01:13  | 06.07      | +0:30:41 | 0:07:41 / 3304 | 0:13:45 / 3311 | 0:30:26 / 3313 | 0:38:55 / 3317 | 0:45:05 / 3284 |
| 3231     | 6949   | ARKUSZYŃSKI Piotr          | Warszawa         | POL       | Time4running                     | 83      | M30/1185 M / 2690  | 01:01:13  | 06.07      | +0:30:41 | 0:08:08 / 3689 | 0:13:44 / 3289 | 0:29:32 / 3049 | 0:38:27 / 3215 | 0:44:41 / 3210 |
| 3232     | 6859   | WERSTAK Anna               | Michałowice      | POL       |                                  | 86      | K20/218 K / 542    | 01:01:13  | 06.07      | +0:30:41 | 0:07:37 / 3221 | 0:13:47 / 3328 | 0:30:35 / 3351 | 0:38:55 / 3321 | 0:44:59 / 3266 |
| 3233     | 4628   | SIARKIEWICZ-MURACH Barbara | Warszawa         | POL       | The Brand                        | 81      | K30/241 K / 543    | 01:01:13  | 06.07      | +0:30:41 | 0:08:01 / 3616 | 0:14:13 / 3553 | 0:30:27 / 3321 | 0:38:47 / 3287 | 0:45:02 / 3274 |
| 3234     | 5018   | WOJTYŁA Piotr              | Warszawa         | POL       | Aks Polonia                      | 58      | M50/165 M / 2691   | 01:01:14  | 06.07      | +0:30:42 | 0:07:36 / 3205 | 0:13:28 / 3144 | 0:29:43 / 3114 | 0:38:20 / 3183 | 0:44:37 / 3201 |
| 3235     | 6151   | MĘCZYŃSKI Grzegorz         | Marki            | POL       |                                  | 77      | M30/1186 M / 2692  | 01:01:14  | 06.07      | +0:30:42 | 0:07:35 / 3190 | 0:13:32 / 3177 | 0:30:02 / 3212 | 0:38:25 / 3205 | 0:44:41 / 3213 |
| 3236     | 5993   | WYLOT Grażyna              | Warszawa         | POL       |                                  | 85      | K20/219 K / 544    | 01:01:14  | 06.07      | +0:30:42 | 0:06:41 / 1857 | 0:12:00 / 1926 | 0:27:49 / 2454 | 0:36:42 / 2791 | 0:43:21 / 2944 |
| 3237     | 114    | KACZMAREK Witold           | Grudziądz        | POL       | Agora                            | 61      | M50/166 M / 2693   | 01:01:15  | 06.07      | +0:30:43 | 0:07:37 / 3219 | 0:13:29 / 3156 | 0:29:44 / 3117 | 0:38:21 / 3192 | 0:44:38 / 3203 |
| 3238     | 4301   | BARTODZIEJSKI Jacek        | Jaworzyna Śląska | POL       |                                  | 70      | M40/481 M / 2694   | 01:01:16  | 06.07      | +0:30:44 | 0:06:44 / 1922 | 0:12:32 / 2399 | 0:29:19 / 2967 | 0:37:59 / 3106 | 0:44:10 / 3100 |
| 3239     | 3813   | GROCHOWSKA Marta           | Warszawa         | POL       | Raiffeisen Polbank               | 85      | K20/220 K / 545    | 01:01:16  | 06.07      | +0:30:44 | 0:07:43 / 3339 | 0:13:51 / 3368 | 0:30:10 / 3251 | 0:38:29 / 3225 | 0:44:53 / 3248 |
| 3240     | 6201   | BACIŃSKI Andrzej           | Warszawa         | POL       |                                  | 75      | M30/1187 M / 2695  | 01:01:16  | 06.07      | +0:30:44 | 0:07:38 / 3243 | 0:13:49 / 3349 | 0:30:33 / 3348 | 0:38:52 / 3307 | 0:45:10 / 3295 |
| 3241     | 5854   | TABIN Mateusz              | Wiązownica       | POL       |                                  | 84      | M20/778 M / 2696   | 01:01:16  | 06.07      | +0:30:44 | 0:08:05 / 3656 | 0:14:29 / 3661 | 0:32:03 / 3618 | 0:40:40 / 3605 | 0:46:37 / 3538 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3242     | 165    | WASILEWSKA Joanna       | Warszawa         | POL       | Psp Warszawa            | 81      | K30/242 K / 546    | 01:01:18  | 06.07      | +0:30:46 | 0:07:14 / 2725 | 0:12:55 / 2724 | 0:29:27 / 3018 | 0:38:07 / 3133 | 0:44:25 / 3153 |
| 3243     | 4391   | KUCIEJ Magdalena        | Wroclaw          | POL       |                         | 88      | K20/221 K / 547    | 01:01:18  | 06.07      | +0:30:46 | 0:07:13 / 2687 | 0:13:02 / 2811 | 0:29:41 / 3106 | 0:38:43 / 3275 | 0:44:47 / 3231 |
| 3244     | 5327   | KŁOS Marcin             | Chylice          | POL       |                         | 82      | M30/1188 M / 2697  | 01:01:19  | 06.07      | +0:30:47 | 0:08:04 / 3638 | 0:14:23 / 3630 | 0:32:24 / 3679 | 0:40:47 / 3621 | 0:46:17 / 3503 |
| 3245     | 3809   | CHRUSLIŃSKI Zbigniew    | Wolomin          | POL       |                         | 49      | M60/46 M / 2698    | 01:01:19  | 06.07      | +0:30:47 | 0:07:12 / 2660 | 0:12:51 / 2677 | 0:28:34 / 2728 | 0:37:04 / 2880 | 0:43:31 / 2975 |
| 3246     | 6655   | DYMEL Piotr             | Warszawa         | POL       | 12tri.pl                | 52      | M60/47 M / 2699    | 01:01:20  | 06.08      | +0:30:48 | 0:07:02 / 2431 | 0:12:48 / 2615 | 0:28:59 / 2865 | 0:38:03 / 3116 | 0:44:28 / 3166 |
| 3247     | 6503   | ZIENKIEWICZ Agata       | Warszawa         | POL       |                         | 80      | K30/243 K / 548    | 01:01:20  | 06.08      | +0:30:48 | 0:07:40 / 3279 | 0:13:39 / 3249 | 0:29:55 / 3172 | 0:38:20 / 3184 | 0:44:41 / 3211 |
| 3248     | 4805   | GAŚOWSKA Renata         | Warszawa         | POL       |                         | 78      | K30/244 K / 549    | 01:01:21  | 06.08      | +0:30:49 | 0:07:31 / 3108 | 0:13:24 / 3098 | 0:29:35 / 3069 | 0:38:25 / 3206 | 0:44:59 / 3267 |
| 3249     | 2737   | JAŃCZYK Karolina        | Kielce           | POL       | Szuranie.pl             | 82      | K30/245 K / 550    | 01:01:25  | 06.08      | +0:30:53 | 0:07:08 / 2578 | 0:12:55 / 2726 | 0:29:33 / 3058 | 0:38:24 / 3203 | 0:44:34 / 3188 |
| 3250     | 277    | IMIOLEK Adam            | Warszawa         | POL       | Pko                     | 75      | M30/1189 M / 2700  | 01:01:26  | 06.08      | +0:30:54 | 0:07:30 / 3089 | 0:13:08 / 2888 | 0:29:19 / 2968 | 0:37:59 / 3104 | 0:44:22 / 3142 |
| 3251     | 6780   | GADOMSKI Robert         | Warszawa         | POL       |                         | 72      | M40/482 M / 2701   | 01:01:26  | 06.08      | +0:30:54 | 0:07:12 / 2665 | 0:13:01 / 2805 | 0:29:21 / 2978 | 0:37:48 / 3059 | 0:44:12 / 3118 |
| 3252     | 4930   | KIJOWSKI Tomasz         | Warszawa         | POL       |                         | 68      | M40/483 M / 2702   | 01:01:26  | 06.08      | +0:30:54 | 0:08:10 / 3720 | 0:14:18 / 3596 | 0:31:02 / 3453 | 0:39:48 / 3501 | 0:46:05 / 3468 |
| 3253     | 3899   | IMIOLEK Katarzyna       | Warszawa         | POL       |                         | 76      | K30/246 K / 551    | 01:01:26  | 06.08      | +0:30:54 | 0:07:31 / 3125 | 0:13:09 / 2907 | 0:29:22 / 2986 | 0:38:00 / 3110 | 0:44:23 / 3147 |
| 3254     | 5244   | NOWAKOWSKI Marek janusz | Łowicz           | POL       | Adwokaci                | 82      | M30/1190 M / 2703  | 01:01:27  | 06.08      | +0:30:55 | 0:07:40 / 3283 | 0:13:34 / 3196 | 0:29:59 / 3188 | 0:38:35 / 3249 | 0:44:54 / 3250 |
| 3255     | 6366   | MITURA Anna             | Warszawa         | POL       |                         | 78      | K30/247 K / 552    | 01:01:27  | 06.08      | +0:30:55 | 0:07:16 / 2776 | 0:13:17 / 3006 | 0:29:40 / 3102 | 0:38:18 / 3171 | 0:44:33 / 3186 |
| 3256     | 5520   | LAPIŃSKI Grzegorz       | Warszawa         | POL       |                         | 82      | M30/1191 M / 2704  | 01:01:27  | 06.08      | +0:30:55 | 0:07:11 / 2636 | 0:13:00 / 2787 | 0:29:02 / 2880 | 0:37:36 / 3024 | 0:43:57 / 3063 |
| 3257     | 4306   | MARKÓW Joanna           | Warszawa         | POL       |                         | 79      | K30/248 K / 553    | 01:01:27  | 06.08      | +0:30:55 | 0:07:55 / 3534 | 0:13:53 / 3402 | 0:30:12 / 3271 | 0:38:43 / 3273 | 0:45:00 / 3269 |
| 3258     | 3334   | SŁONINA Kajetan         | Strzeńówka       | POL       |                         | 64      | M40/484 M / 2705   | 01:01:27  | 06.08      | +0:30:55 | 0:07:52 / 3498 | 0:14:04 / 3497 | 0:30:18 / 3290 | 0:38:36 / 3254 | 0:44:55 / 3253 |
| 3259     | 5410   | RYSIEWSKI Michał        | Warszawa         | POL       |                         | 73      | M40/485 M / 2706   | 01:01:29  | 06.08      | +0:30:57 | 0:07:35 / 3185 | 0:13:39 / 3253 | 0:30:02 / 3204 | 0:38:25 / 3208 | 0:44:46 / 3228 |
| 3260     | 6410   | JEZIAK Daniel           | Legionowo        | POL       |                         | 86      | M20/779 M / 2707   | 01:01:29  | 06.08      | +0:30:57 | 0:07:49 / 3444 | 0:14:10 / 3541 | 0:31:10 / 3479 | 0:39:35 / 3455 | 0:45:37 / 3379 |
| 3261     | 4229   | BONDARCZYK Anita        | Warszawa         | POL       |                         | 84      | K20/222 K / 554    | 01:01:30  | 06.09      | +0:30:58 | 0:07:45 / 3376 | 0:13:55 / 3419 | 0:30:37 / 3359 | 0:39:06 / 3353 | 0:45:32 / 3358 |
| 3262     | 5529   | LINDNAŁ Andrzej         | Warszawa         | POL       |                         | 86      | M20/780 M / 2708   | 01:01:31  | 06.09      | +0:30:59 | 0:06:45 / 1978 | 0:12:21 / 2257 | 0:29:22 / 2989 | 0:38:36 / 3253 | 0:45:28 / 3348 |
| 3263     | 3824   | KWIATKOWSKI Paweł       | Warszawa         | POL       | Cyrano                  | 78      | M30/1192 M / 2709  | 01:01:31  | 06.09      | +0:30:59 | 0:07:49 / 3441 | 0:14:07 / 3517 | 0:30:54 / 3424 | 0:39:16 / 3390 | 0:45:36 / 3378 |
| 3264     | 4960   | STASZEWSKA Edyta        | Radzymin         | POL       |                         | 69      | K40/65 K / 555     | 01:01:31  | 06.09      | +0:30:59 | 0:08:03 / 3629 | 0:14:16 / 3581 | 0:30:33 / 3346 | 0:39:02 / 3340 | 0:45:27 / 3347 |
| 3265     | 4228   | URBAŃSKA Anna maria     | Józefów          | POL       |                         | 85      | K20/223 K / 556    | 01:01:31  | 06.09      | +0:30:59 | 0:07:47 / 3417 | 0:13:58 / 3448 | 0:30:40 / 3376 | 0:39:09 / 3360 | 0:45:34 / 3367 |
| 3266     | 2522   | CHROMIŃSKA Agnieszka    | Warszawa         | POL       |                         | 78      | K30/249 K / 557    | 01:01:31  | 06.09      | +0:31:00 | 0:07:24 / 2964 | 0:13:23 / 3077 | 0:30:02 / 3209 | 0:38:46 / 3284 | 0:45:06 / 3286 |
| 3267     | 6714   | JAKUBOWSKI Adam         | Warszawa         | POL       |                         | 81      | M30/1193 M / 2710  | 01:01:32  | 06.09      | +0:31:00 | 0:06:25 / 1413 | 0:11:57 / 1881 | 0:28:22 / 2659 | 0:37:04 / 2878 | 0:43:55 / 3056 |
| 3268     | 4961   | STASZEWSKI Paweł        | Radzymin         | POL       |                         | 69      | M40/486 M / 2711   | 01:01:32  | 06.09      | +0:31:00 | 0:08:03 / 3628 | 0:14:16 / 3580 | 0:30:32 / 3342 | 0:39:01 / 3339 | 0:45:27 / 3346 |
| 3269     | 3812   | SOBCZAK Maciej          | Warszawa         | POL       |                         | 85      | M20/781 M / 2712   | 01:01:33  | 06.09      | +0:31:01 | 0:06:22 / 1318 | 0:11:49 / 1726 | 0:27:23 / 2280 | 0:35:42 / 2494 | 0:44:36 / 3196 |
| 3270     | 6194   | KRAMZA Agnieszka        | Warszawa         | POL       |                         | 77      | K30/250 K / 558    | 01:01:33  | 06.09      | +0:31:01 | 0:07:53 / 3513 | 0:14:10 / 3537 | 0:31:15 / 3497 | 0:39:40 / 3478 | 0:45:50 / 3423 |
| 3271     | 2463   | BŁOCH Agnieszka         | Huta Dłutowska   | POL       |                         | 74      | K30/251 K / 559    | 01:01:33  | 06.09      | +0:31:01 | 0:07:42 / 3309 | 0:13:55 / 3421 | 0:30:57 / 3438 | 0:39:34 / 3451 | 0:45:40 / 3392 |
| 3272     | 3708   | SKOWRON Jacek           | Warszawa         | POL       |                         | 68      | M40/487 M / 2713   | 01:01:34  | 06.09      | +0:31:02 | 0:07:19 / 2848 | 0:13:06 / 2870 | 0:29:38 / 3090 | 0:38:32 / 3235 | 0:44:56 / 3255 |
| 3273     | 466    | JANKOWSKI Piotr         | Legionów         | POL       | Cross Warszawa          | 49      | M60/48 M / 2714    | 01:01:34  | 06.09      | +0:31:02 | 0:07:36 / 3206 | 0:14:09 / 3536 | 0:30:13 / 3278 | 0:38:48 / 3289 | 0:45:08 / 3291 |
| 3274     | 5654   | GAJDUL Piotr            | Warszawa         | POL       |                         | 65      | M40/488 M / 2715   | 01:01:34  | 06.09      | +0:31:02 | 0:07:37 / 3230 | 0:14:02 / 3485 | 0:30:25 / 3311 | 0:38:46 / 3283 | 0:45:15 / 3310 |
| 3275     | 6715   | DYLIK Filip             | Łódź             | POL       |                         | 86      | M20/782 M / 2716   | 01:01:35  | 06.09      | +0:31:03 | 0:06:25 / 1423 | 0:11:58 / 1896 | 0:28:23 / 2665 | 0:37:06 / 2888 | 0:43:56 / 3061 |
| 3276     | 5433   | GRABOWSKA Anna          | Chorzele         | POL       |                         | 81      | K30/252 K / 560    | 01:01:36  | 06.09      | +0:31:04 | 0:07:25 / 2973 | 0:13:22 / 3067 | 0:29:53 / 3167 | 0:38:24 / 3200 | 0:44:44 / 3225 |
| 3277     | 2843   | KOMOSA Agata            | Warszawa         | POL       |                         | 86      | K20/224 K / 561    | 01:01:38  | 06.09      | +0:31:06 | 0:07:17 / 2800 | 0:13:19 / 3032 | 0:29:55 / 3173 | 0:38:40 / 3263 | 0:45:05 / 3283 |
| 3278     | 5941   | WIERZBICKI Tomasz       | Warszawa         | POL       |                         | 84      | M20/783 M / 2717   | 01:01:38  | 06.09      | +0:31:06 | 0:07:23 / 2931 | 0:13:20 / 3038 | 0:29:10 / 2930 | 0:37:53 / 3082 | 0:44:26 / 3155 |
| 3279     | 5910   | NOWICKA Joanna          | Warszawa         | POL       |                         | 53      | K60/4 K / 562      | 01:01:39  | 06.09      | +0:31:07 | 0:07:40 / 3274 | 0:13:42 / 3280 | 0:30:11 / 3264 | 0:38:51 / 3296 | 0:45:09 / 3293 |
| 3280     | 2817   | KLAMAN Barbara          | Warszawa         | POL       |                         | 84      | K20/225 K / 563    | 01:01:40  | 06.10      | +0:31:08 | 0:07:23 / 2932 | 0:13:24 / 3099 | 0:29:27 / 3014 | 0:38:12 / 3151 | 0:44:42 / 3222 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club       | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------|------------------|-----------|-------------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3281     | 5813   | KUCIŃSKA Angelika      | Kraków           | POL       |                               | 89 K20/226  | K / 564            | 01:01:40  | 06.10      | +0:31:08 | 0:08:05 / 3655 | 0:14:13 / 3558 | 0:30:50 / 3410 | 0:39:29 / 3428 | 0:45:50 / 3422 |
| 3282     | 5811   | STRZAŁA Michał         | Oświęcim         | POL       |                               | 88 M20/784  | M / 2718           | 01:01:40  | 06.10      | +0:31:08 | 0:08:06 / 3667 | 0:14:16 / 3576 | 0:30:51 / 3417 | 0:39:29 / 3429 | 0:45:52 / 3432 |
| 3283     | 4949   | MAREK Magdalena        | Wiązowna         | POL       |                               | 80 K30/253  | K / 565            | 01:01:40  | 06.10      | +0:31:08 | 0:07:46 / 3393 | 0:13:38 / 3234 | 0:30:12 / 3267 | 0:38:59 / 3337 | 0:45:23 / 3333 |
| 3284     | 6259   | KORCZAK Anna           | Warszawa         | POL       |                               | 84 K20/227  | K / 566            | 01:01:40  | 06.10      | +0:31:09 | 0:07:28 / 3045 | 0:13:19 / 3030 | 0:29:40 / 3096 | 0:37:36 / 3025 | 0:44:05 / 3080 |
| 3285     | 3840   | SOSNOWSKI Mariusz      | Warszawa         | POL       |                               | 75 M30/1194 | M / 2719           | 01:01:41  | 06.10      | +0:31:09 | 0:07:22 / 2899 | 0:12:59 / 2774 | 0:28:46 / 2795 | 0:37:50 / 3069 | 0:44:16 / 3127 |
| 3286     | 2887   | KOZIOL Martyna         | Warszawa         | POL       |                               | 84 K20/228  | K / 567            | 01:01:41  | 06.10      | +0:31:09 | 0:07:23 / 2935 | 0:13:20 / 3043 | 0:30:00 / 3195 | 0:38:43 / 3276 | 0:45:21 / 3327 |
| 3287     | 166    | PIĄTKOWSKA Mariola     | Warszawa         | POL       | Psp Warszawa                  | 71 K40/66   | K / 568            | 01:01:41  | 06.10      | +0:31:09 | 0:07:16 / 2781 | 0:13:13 / 2956 | 0:29:42 / 3108 | 0:38:58 / 3330 | 0:45:16 / 3312 |
| 3288     | 6721   | KOMASZYŁO Jan          | Białystok        | POL       |                               | 85 M20/785  | M / 2720           | 01:01:42  | 06.10      | +0:31:10 | 0:08:06 / 3663 | 0:14:18 / 3595 | 0:30:35 / 3352 | 0:39:07 / 3354 | 0:45:26 / 3341 |
| 3289     | 5543   | PAWŁOWSKA Gabriela     | Książenice       | POL       |                               | 77 K30/254  | K / 569            | 01:01:43  | 06.10      | +0:31:11 | 0:07:16 / 2777 | 0:13:10 / 2918 | 0:29:35 / 3077 | 0:37:52 / 3080 | 0:44:04 / 3078 |
| 3290     | 3882   | TRAJNEROWICZ Kamila    | Warszawa         | POL       |                               | 82 K30/255  | K / 570            | 01:01:43  | 06.10      | +0:31:11 | 0:07:15 / 2753 | 0:13:13 / 2952 | 0:28:55 / 2840 | 0:37:14 / 2921 | 0:43:38 / 2997 |
| 3291     | 4120   | MAKAREWICZ Piotr       | Białystok        | POL       | Rbs                           | 82 M30/1195 | M / 2721           | 01:01:43  | 06.10      | +0:31:11 | 0:08:10 / 3728 | 0:14:24 / 3634 | 0:31:31 / 3548 | 0:39:52 / 3508 | 0:46:02 / 3461 |
| 3292     | 23     | ROGUSKA Magdalena      | Warszawa         | POL       | Dzielnica Białoleka           | 80 K30/256  | K / 571            | 01:01:44  | 06.10      | +0:31:12 | 0:07:31 / 3117 | 0:13:21 / 3061 | 0:29:32 / 3052 | 0:38:32 / 3234 | 0:44:41 / 3214 |
| 3293     | 4059   | RÓŻYCKA Marlena        | Warszawa         | POL       | Rbs                           | 82 K30/257  | K / 572            | 01:01:44  | 06.10      | +0:31:12 | 0:08:10 / 3713 | 0:14:28 / 3655 | 0:31:19 / 3505 | 0:39:48 / 3500 | 0:45:54 / 3437 |
| 3294     | 2811   | KIRAGA Anna            | Warszawa         | POL       |                               | 80 K30/258  | K / 573            | 01:01:44  | 06.10      | +0:31:12 | 0:07:10 / 2603 | 0:12:45 / 2577 | 0:28:42 / 2778 | 0:37:26 / 2973 | 0:43:55 / 3053 |
| 3295     | 5400   | KIRPLUK Michał         | Warszawa         | POL       |                               | 62 M50/167  | M / 2722           | 01:01:44  | 06.10      | +0:31:12 | 0:07:21 / 2888 | 0:13:23 / 3081 | 0:29:39 / 3094 | 0:38:16 / 3168 | 0:44:42 / 3217 |
| 3296     | 5542   | SZPOT Kamil            | Książenice       | POL       |                               | 86 M20/786  | M / 2723           | 01:01:45  | 06.10      | +0:31:13 | 0:07:18 / 2826 | 0:13:11 / 2930 | 0:29:37 / 3087 | 0:37:56 / 3092 | 0:44:06 / 3086 |
| 3297     | 6595   | KNAP Michał            | Warszawa         | POL       |                               | 85 M20/787  | M / 2724           | 01:01:46  | 06.10      | +0:31:14 | 0:07:36 / 3204 | 0:13:25 / 3122 | 0:29:46 / 3126 | 0:38:18 / 3170 | 0:44:49 / 3235 |
| 3298     | 5202   | GRZYBOWSKA-SIECZKA Ada | Warszawa         | POL       | Adwokaci                      | 85 K20/229  | K / 574            | 01:01:47  | 06.10      | +0:31:15 | 0:07:43 / 3351 | 0:13:55 / 3416 | 0:30:19 / 3292 | 0:38:57 / 3328 | 0:45:17 / 3315 |
| 3299     | 2420   | BARYLSKI Michał        | Zakroczym        | POL       |                               | 88 M20/788  | M / 2725           | 01:01:48  | 06.10      | +0:31:16 | 0:07:29 / 3061 | 0:13:39 / 3243 | 0:30:20 / 3300 | 0:39:22 / 3411 | 0:46:03 / 3464 |
| 3300     | 3801   | NĘDZI Albin            | Radom            | POL       |                               | 62 M50/168  | M / 2726           | 01:01:48  | 06.10      | +0:31:16 | 0:07:44 / 3366 | 0:13:41 / 3268 | 0:30:04 / 3219 | 0:38:40 / 3264 | 0:45:06 / 3285 |
| 3301     | 4182   | GRUSZECKI Mirosław     | Lyszkowice       | POL       | Rbs                           | 79 M30/1196 | M / 2727           | 01:01:48  | 06.10      | +0:31:16 | 0:06:30 / 1546 | 0:11:54 / 1815 | 0:29:25 / 3003 | 0:38:26 / 3210 | 0:44:30 / 3172 |
| 3302     | 6887   | NOWAKOWSKI Czesław     | Warszawa         | POL       |                               | 47 M60/49   | M / 2728           | 01:01:48  | 06.10      | +0:31:16 | 0:07:26 / 2985 | 0:13:09 / 2913 | 0:29:32 / 3047 | 0:38:30 / 3229 | 0:44:40 / 3208 |
| 3303     | 6039   | PACYNIA Arek           | Warszawa         | POL       |                               | 71 M40/489  | M / 2729           | 01:01:48  | 06.10      | +0:31:16 | 0:06:56 / 2274 | 0:12:40 / 2504 | 0:28:37 / 2743 | 0:37:22 / 2960 | 0:43:55 / 3058 |
| 3304     | 4789   | NOWAK Henryk           | Warszawa         | POL       | Raiffeisen Polbank            | 63 M50/169  | M / 2730           | 01:01:48  | 06.10      | +0:31:16 | 0:07:02 / 2426 | 0:12:47 / 2603 | 0:29:14 / 2951 | 0:38:06 / 3131 | 0:44:37 / 3200 |
| 3305     | 6028   | ORZECHOWSKA Agnieszka  | Warszawa         | POL       |                               | 83 K30/259  | K / 575            | 01:01:49  | 06.10      | +0:31:17 | 0:07:04 / 2487 | 0:12:42 / 2527 | 0:28:12 / 2601 | 0:38:32 / 3233 | 0:45:14 / 3309 |
| 3306     | 2861   | KOSTAŃSKI Wojciech     | Warszawa         | POL       | 12tri.pl                      | 88 M20/789  | M / 2731           | 01:01:50  | 06.11      | +0:31:18 | 0:07:50 / 3471 | 0:13:41 / 3272 | 0:30:01 / 3199 | 0:38:43 / 3272 | 0:45:16 / 3313 |
| 3307     | 544    | WIĘCH Wojciech         | Komorów          | POL       |                               | 76 M30/1197 | M / 2732           | 01:01:51  | 06.11      | +0:31:19 | 0:07:05 / 2498 | 0:12:55 / 2719 | 0:29:14 / 2953 | 0:37:56 / 3095 | 0:44:31 / 3177 |
| 3308     | 4810   | TRYBULSKI Paweł        | Warszawa         | POL       |                               | 67 M40/490  | M / 2733           | 01:01:51  | 06.11      | +0:31:19 | 0:07:44 / 3354 | 0:13:25 / 3104 | 0:29:36 / 3082 | 0:38:23 / 3197 | 0:44:38 / 3205 |
| 3309     | 35     | MŁODOŻENIEC Magdalena  | Warszawa         | POL       | Rembertów Team                | 66 K40/67   | K / 576            | 01:01:53  | 06.11      | +0:31:21 | 0:08:00 / 3606 | 0:14:08 / 3521 | 0:30:27 / 3323 | 0:39:00 / 3338 | 0:45:12 / 3301 |
| 3310     | 4892   | OKOŃ Michał            | Józefosław       | POL       | Ippon - Klub Kyokushin Karate | 75 M30/1198 | M / 2734           | 01:01:55  | 06.11      | +0:31:23 | 0:07:27 / 3000 | 0:13:18 / 3021 | 0:29:41 / 3103 | 0:38:32 / 3237 | 0:44:52 / 3242 |
| 3311     | 5730   | WOŹNIAK Rafał          | Warszawa         | POL       |                               | 83 M30/1199 | M / 2735           | 01:01:56  | 06.11      | +0:31:24 | 0:07:57 / 3577 | 0:14:28 / 3652 | 0:31:44 / 3577 | 0:40:22 / 3573 | 0:46:49 / 3571 |
| 3312     | 3658   | KIELAK Maja            | Warszawa         | POL       | Biegające Baby                | 75 K30/260  | K / 577            | 01:01:57  | 06.11      | +0:31:25 | 0:07:46 / 3398 | 0:13:50 / 3362 | 0:30:43 / 3384 | 0:39:33 / 3446 | 0:45:39 / 3385 |
| 3313     | 6266   | KAJAK Anna maria       | Garwolin         | POL       | Truchtacz.pl                  | 94 K20/230  | K / 578            | 01:01:57  | 06.11      | +0:31:26 | 0:07:49 / 3446 | 0:14:18 / 3592 | 0:30:55 / 3430 | 0:39:12 / 3371 | 0:45:42 / 3403 |
| 3314     | 5397   | KNAP Paweł             | Warszawa         | POL       | Networks                      | 73 M40/491  | M / 2736           | 01:01:59  | 06.11      | +0:31:27 | 0:07:35 / 3189 | 0:13:35 / 3208 | 0:30:10 / 3254 | 0:38:56 / 3325 | 0:45:35 / 3373 |
| 3315     | 4896   | WIELGO Marcin          | Warszawa         | POL       |                               | 80 M30/1200 | M / 2737           | 01:02:00  | 06.12      | +0:31:28 | 0:06:43 / 1895 | 0:12:30 / 2381 | 0:28:42 / 2774 | 0:37:34 / 3010 | 0:44:06 / 3083 |
| 3316     | 309    | BARANOWSKI Robert      | Zaborów          | POL       | Pko                           | 77 M30/1201 | M / 2738           | 01:02:00  | 06.12      | +0:31:28 | 0:07:30 / 3080 | 0:13:25 / 3107 | 0:29:18 / 2965 | 0:37:52 / 3076 | 0:44:42 / 3218 |
| 3317     | 5324   | WIATR Anita            | Warszawa         | POL       |                               | 79 K30/261  | K / 579            | 01:02:00  | 06.12      | +0:31:28 | 0:07:08 / 2576 | 0:12:59 / 2772 | 0:29:22 / 2993 | 0:37:59 / 3107 | 0:44:18 / 3130 |
| 3318     | 3527   | WESOŁOWSKI Karol       | Warszawa         | POL       |                               | 76 M30/1202 | M / 2739           | 01:02:01  | 06.12      | +0:31:29 | 0:07:02 / 2444 | 0:13:02 / 2810 | 0:29:23 / 2995 | 0:38:16 / 3162 | 0:44:54 / 3252 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name        | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club           | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------------|------------------|-----------|-----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3319     | 5388   | FAŁATOWICZ Radosław         | Legionowo        | POL       |                                   | 82      | M30/1203 M / 2740  | 01:02:01  | 06.12      | +0:31:29 | 0:07:50 / 3468 | 0:14:08 / 3526 | 0:30:27 / 3317 | 0:38:55 / 3319 | 0:45:20 / 3326 |
| 3320     | 5068   | RUSAK Ewa                   | Warszawa         | POL       | Adwokaci                          | 88      | K20/231 K / 580    | 01:02:02  | 06.12      | +0:31:30 | 0:07:15 / 2750 | 0:13:08 / 2892 | 0:29:11 / 2932 | 0:37:57 / 3097 | 0:44:34 / 3187 |
| 3321     | 6730   | MATUSIK Grzegorz            | Ząbki            | POL       | Nr 42.195 By Newbalance.pl        | 78      | M30/1204 M / 2741  | 01:02:02  | 06.12      | +0:31:30 | 0:07:08 / 2570 | 0:12:53 / 2695 | 0:29:34 / 3065 | 0:38:33 / 3240 | 0:45:11 / 3298 |
| 3322     | 3766   | BUŚKO Hubert                | Warszawa         | POL       |                                   | 74      | M30/1205 M / 2742  | 01:02:03  | 06.12      | +0:31:31 | 0:07:38 / 3242 | 0:13:29 / 3158 | 0:29:47 / 3135 | 0:38:34 / 3248 | 0:44:54 / 3251 |
| 3323     | 3331   | SKRZYPEK Ela                | Warszawa         | POL       | :) Witc                           | 73      | K40/68 K / 581     | 01:02:03  | 06.12      | +0:31:31 | 0:07:24 / 2944 | 0:13:08 / 2898 | 0:29:32 / 3046 | 0:38:13 / 3152 | 0:44:45 / 3227 |
| 3324     | 4242   | SKIBIŃSKI Józef             | Oleśnica         | POL       |                                   | 61      | M50/170 M / 2743   | 01:02:04  | 06.12      | +0:31:32 | 0:08:05 / 3654 | 0:14:13 / 3559 | 0:30:33 / 3345 | 0:38:52 / 3306 | 0:45:17 / 3316 |
| 3325     | 3071   | MOLA Paweł                  | Krosno           | POL       |                                   | 85      | M20/790 M / 2744   | 01:02:05  | 06.12      | +0:31:33 | 0:07:47 / 3411 | 0:14:00 / 3471 | 0:31:52 / 3591 | 0:40:41 / 3608 | 0:47:01 / 3591 |
| 3326     | 6433   | WIADEREK Sławomir           | Warszawa         | POL       |                                   | 59      | M50/171 M / 2745   | 01:02:06  | 06.12      | +0:31:34 | 0:08:00 / 3608 | 0:14:03 / 3487 | 0:30:32 / 3343 | 0:39:12 / 3374 | 0:45:18 / 3320 |
| 3327     | 6846   | PIKUŁA Damian               | Warszawa         | POL       | Axa Running Team                  | 76      | M30/1206 M / 2746  | 01:02:06  | 06.12      | +0:31:34 | 0:07:53 / 3507 | 0:14:02 / 3484 | 0:30:40 / 3371 | 0:39:12 / 3373 | 0:45:28 / 3351 |
| 3328     | 5532   | SKIRZYŃSKI Dariusz          | Warszawa         | POL       |                                   | 84      | M20/791 M / 2747   | 01:02:06  | 06.12      | +0:31:34 | 0:07:46 / 3403 | 0:14:04 / 3504 | 0:30:18 / 3289 | 0:38:33 / 3241 | 0:44:43 / 3223 |
| 3329     | 6836   | BORKOWSKI Piotr             | Adamów           | POL       | Axa Running Team                  | 81      | M30/1207 M / 2748  | 01:02:07  | 06.12      | +0:31:35 | 0:07:53 / 3522 | 0:14:05 / 3505 | 0:30:40 / 3369 | 0:39:12 / 3375 | 0:45:28 / 3350 |
| 3330     | 5823   | NATORSKI Maciek             | Warszawa         | POL       |                                   | 79      | M30/1208 M / 2749  | 01:02:07  | 06.12      | +0:31:35 | 0:07:34 / 3165 | 0:13:37 / 3232 | 0:30:17 / 3287 | 0:38:52 / 3308 | 0:45:19 / 3324 |
| 3331     | 2419   | BARTYCHA Elżbieta           | Olsztyn          | POL       |                                   | 61      | K50/13 K / 582     | 01:02:07  | 06.12      | +0:31:35 | 0:07:14 / 2716 | 0:12:56 / 2744 | 0:29:34 / 3066 | 0:38:27 / 3218 | 0:44:57 / 3260 |
| 3332     | 5020   | ZHULKOVSKA-SHCHYPA Nataliya | Warszawa         | POL       |                                   | 81      | K30/262 K / 583    | 01:02:08  | 06.12      | +0:31:36 | 0:07:43 / 3345 | 0:13:51 / 3369 | 0:30:19 / 3296 | 0:38:52 / 3304 | 0:45:14 / 3308 |
| 3333     | 6279   | NOWOCIEŃ Anna               | Warszawa         | POL       |                                   | 86      | K20/232 K / 584    | 01:02:08  | 06.12      | +0:31:36 | 0:06:49 / 2099 | 0:12:31 / 2386 | 0:29:04 / 2895 | 0:37:49 / 3065 | 0:44:22 / 3139 |
| 3334     | 3695   | GĘBALA Leszek               | Olsztyn          | POL       |                                   | 55      | M50/172 M / 2750   | 01:02:08  | 06.12      | +0:31:36 | 0:07:14 / 2715 | 0:12:57 / 2750 | 0:29:35 / 3075 | 0:38:28 / 3220 | 0:44:57 / 3262 |
| 3335     | 4387   | MALINOWSKA Magdalena        | Warszawa         | POL       |                                   | 86      | K20/233 K / 585    | 01:02:08  | 06.12      | +0:31:37 | 0:07:54 / 3528 | 0:14:32 / 3676 | 0:32:23 / 3673 | 0:40:35 / 3596 | 0:46:26 / 3522 |
| 3336     | 4910   | DORABIAŁA Marek             | Turek            | POL       |                                   | 80      | M30/1209 M / 2751  | 01:02:08  | 06.12      | +0:31:36 | 0:07:20 / 2860 | 0:13:21 / 3059 | 0:29:49 / 3144 | 0:38:59 / 3336 | 0:45:29 / 3354 |
| 3337     | 4860   | CHABERA Paulina             | Mińsk Mazowiecki | POL       |                                   | 85      | K20/234 K / 586    | 01:02:09  | 06.12      | +0:31:37 | 0:08:20 / 3836 | 0:14:36 / 3712 | 0:31:00 / 3448 | 0:39:31 / 3440 | 0:45:45 / 3411 |
| 3338     | 6157   | DYDYCZ Jolanta              | Biała Podlaska   | POL       | The Rolling Potatoes              | 64      | K40/69 K / 587     | 01:02:09  | 06.12      | +0:31:37 | 0:08:02 / 3622 | 0:14:06 / 3511 | 0:30:47 / 3401 | 0:39:37 / 3465 | 0:45:40 / 3393 |
| 3339     | 2756   | JEDLIŃSKI Marek             | Warszawa         | POL       |                                   | 78      | M30/1210 M / 2752  | 01:02:09  | 06.12      | +0:31:37 | 0:07:50 / 3469 | 0:13:45 / 3309 | 0:30:01 / 3197 | 0:38:35 / 3251 | 0:44:47 / 3230 |
| 3340     | 5019   | ANTONIEWICZ Jacek           | Grójec           | POL       |                                   | 70      | M40/492 M / 2753   | 01:02:10  | 06.13      | +0:31:38 | 0:07:45 / 3380 | 0:13:52 / 3382 | 0:30:20 / 3297 | 0:38:53 / 3311 | 0:45:15 / 3311 |
| 3341     | 2820   | KLIMCZAK Bronisław          | Częstochowa      | POL       | Amator                            | 56      | M50/173 M / 2754   | 01:02:11  | 06.13      | +0:31:39 | 0:06:17 / 1192 | 0:11:57 / 1878 | 0:28:50 / 2812 | 0:38:12 / 3147 | 0:45:01 / 3271 |
| 3342     | 4645   | WALEWSKI Marcin             | Warszawa         | POL       |                                   | 71      | M40/493 M / 2755   | 01:02:12  | 06.13      | +0:31:40 | 0:07:41 / 3308 | 0:13:54 / 3410 | 0:30:40 / 3372 | 0:39:19 / 3401 | 0:45:33 / 3363 |
| 3343     | 4554   | KOLIMAS Łukasz              | Warszawa         | POL       |                                   | 81      | M30/1211 M / 2756  | 01:02:12  | 06.13      | +0:31:40 | 0:08:20 / 3829 | 0:14:42 / 3747 | 0:31:40 / 3565 | 0:39:53 / 3514 | 0:46:13 / 3489 |
| 3344     | 5064   | RECZEK Maciej               | Brudzeń Duży     | POL       | Adwokaci                          | 87      | M20/792 M / 2757   | 01:02:12  | 06.13      | +0:31:40 | 0:09:03 / 4023 | 0:15:31 / 3949 | 0:32:08 / 3633 | 0:40:07 / 3537 | 0:46:03 / 3466 |
| 3345     | 4215   | IDZKIEWICZ Marcin           | Warszawa         | POL       | Ogony                             | 74      | M30/1212 M / 2758  | 01:02:13  | 06.13      | +0:31:41 | 0:07:45 / 3381 | 0:13:30 / 3160 | 0:30:13 / 3276 | 0:38:34 / 3243 | 0:44:40 / 3209 |
| 3346     | 4644   | WALEWSKA Agnieszka          | Warszawa         | POL       |                                   | 73      | K40/70 K / 588     | 01:02:14  | 06.13      | +0:31:42 | 0:07:43 / 3334 | 0:13:56 / 3424 | 0:30:41 / 3379 | 0:39:21 / 3407 | 0:45:35 / 3372 |
| 3347     | 4994   | OKUROWSKA Sylwia            | Legionowo        | POL       | Serock Biega Z Hotelem Narvil     | 82      | K30/263 K / 589    | 01:02:14  | 06.13      | +0:31:42 | 0:07:41 / 3299 | 0:13:43 / 3285 | 0:30:32 / 3341 | 0:39:16 / 3393 | 0:45:32 / 3360 |
| 3348     | 5398   | SMOLIŃSKA Beata             | Warszawa         | POL       | Obozybiegowe.pl                   | 63      | K50/14 K / 590     | 01:02:14  | 06.13      | +0:31:42 | 0:07:27 / 3005 | 0:13:12 / 2949 | 0:29:43 / 3111 | 0:38:20 / 3189 | 0:44:42 / 3220 |
| 3349     | 6453   | WOJTAL Arkadiusz            | Radom            | POL       |                                   | 89      | M20/793 M / 2759   | 01:02:14  | 06.13      | +0:31:42 | 0:07:28 / 3039 | 0:13:29 / 3154 | 0:30:10 / 3252 | 0:38:53 / 3313 | 0:45:29 / 3353 |
| 3350     | 4957   | SZWED Monika                | Warszawa         | POL       |                                   | 86      | K20/235 K / 591    | 01:02:15  | 06.13      | +0:31:43 | 0:07:25 / 2965 | 0:13:15 / 2990 | 0:29:56 / 3178 | 0:38:47 / 3286 | 0:45:16 / 3314 |
| 3351     | 5812   | KUCIŃSKA Wioletta           | Świątniki Górne  | POL       |                                   | 93      | K20/236 K / 592    | 01:02:16  | 06.13      | +0:31:44 | 0:08:05 / 3653 | 0:14:15 / 3570 | 0:30:50 / 3411 | 0:39:30 / 3437 | 0:45:53 / 3434 |
| 3352     | 6743   | RÓŻAŃSKA Julia              | Piaseczno        | POL       | Kasyfikacja Mieszkańców Piaseczna | 98      | K20/237 K / 593    | 01:02:16  | 06.13      | +0:31:44 | 0:07:57 / 3571 | 0:14:30 / 3665 | 0:30:59 / 3446 | 0:39:33 / 3449 | 0:45:52 / 3429 |
| 3353     | 4725   | ŚCIBOR Marian               | Zegrze           | POL       | Serock Biega Z Hotelem Narvil     | 72      | M40/494 M / 2760   | 01:02:16  | 06.13      | +0:31:44 | 0:07:42 / 3326 | 0:13:46 / 3318 | 0:30:33 / 3349 | 0:39:19 / 3400 | 0:45:35 / 3375 |
| 3354     | 6276   | VAN DE BOEL Sophia          | Owczarnia        | POL       |                                   | 60      | K50/15 K / 594     | 01:02:16  | 06.13      | +0:31:44 | 0:07:30 / 3100 | 0:13:25 / 3120 | 0:29:50 / 3151 | 0:38:32 / 3239 | 0:44:58 / 3265 |
| 3355     | 3955   | POGORZELSKI Grzegorz        | Warszawa         | POL       | Kcr                               | 65      | M40/495 M / 2761   | 01:02:18  | 06.13      | +0:31:46 | 0:06:58 / 2314 | 0:12:44 / 2571 | 0:29:51 / 3155 | 0:39:09 / 3359 | 0:45:32 / 3359 |
| 3356     | 2874   | KOWALSKA Jadwiga            | Kielce           | POL       |                                   | 82      | K30/264 K / 595    | 01:02:20  | 06.14      | +0:31:48 | 0:07:21 / 2874 | 0:13:06 / 2866 | 0:29:22 / 2984 | 0:38:34 / 3244 | 0:44:57 / 3259 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|--------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3357     | 3146   | PACHNIK Piotr           | Warszawa           | POL       |                         | 76 M30/1213 | M / 2762           | 01:02:20  | 06.14      | +0:31:48 | 0:07:00 / 2377 | 0:12:25 / 2309 | 0:28:38 / 2747 | 0:37:25 / 2970 | 0:44:33 / 3183 |
| 3358     | 4804   | RUTKOWSKA Katarzyna     | Warszawa           | POL       |                         | 84 K20/238  | K / 596            | 01:02:20  | 06.14      | +0:31:48 | 0:07:52 / 3499 | 0:13:45 / 3312 | 0:30:53 / 3421 | 0:39:32 / 3445 | 0:45:45 / 3412 |
| 3359     | 2508   | CERLIŃSKI Michał        | Warszawa           | POL       |                         | 86 M20/794  | M / 2763           | 01:02:22  | 06.14      | +0:31:50 | 0:07:36 / 3208 | 0:14:02 / 3483 | 0:31:49 / 3590 | 0:40:30 / 3587 | 0:46:52 / 3577 |
| 3360     | 5357   | DZIEWIECKI Tomasz       | Pruszków           | POL       | Niezrzeszony            | 65 M40/496  | M / 2764           | 01:02:23  | 06.14      | +0:31:51 | 0:07:40 / 3273 | 0:13:36 / 3216 | 0:30:27 / 3324 | 0:39:03 / 3341 | 0:45:13 / 3306 |
| 3361     | 3787   | WARZYŃSKA Edyta         | Warszawa           | POL       |                         | 85 K20/239  | K / 597            | 01:02:23  | 06.14      | +0:31:51 | 0:06:31 / 1571 | 0:12:01 / 1940 | 0:28:45 / 2792 | 0:37:40 / 3040 | 0:44:33 / 3182 |
| 3362     | 6923   | TEICHERT Maria          | Warszawa           | POL       | Kb Activsports          | 64 K40/71   | K / 598            | 01:02:25  | 06.14      | +0:31:53 | 0:07:06 / 2535 | 0:12:40 / 2510 | 0:29:07 / 2907 | 0:38:42 / 3268 | 0:45:07 / 3289 |
| 3363     | 5972   | ROKITA-MARKOVIĆ Mariola | Warszawa           | POL       |                         | 83 K30/265  | K / 599            | 01:02:25  | 06.14      | +0:31:53 | 0:08:20 / 3831 | 0:14:47 / 3774 | 0:31:16 / 3500 | 0:39:38 / 3471 | 0:45:56 / 3443 |
| 3364     | 4578   | KAMONT Monika           | Kolbiel            | POL       |                         | 82 K30/266  | K / 600            | 01:02:25  | 06.14      | +0:31:53 | 0:08:15 / 3776 | 0:14:32 / 3681 | 0:31:28 / 3531 | 0:39:49 / 3504 | 0:46:00 / 3450 |
| 3365     | 2927   | KULA Sławomir           | Olsztyn            | POL       | Kabaret Z Nazwy         | 91 M20/795  | M / 2765           | 01:02:25  | 06.14      | +0:31:53 | 0:07:13 / 2675 | 0:12:56 / 2739 | 0:28:36 / 2735 | 0:36:55 / 2840 | 0:43:17 / 2924 |
| 3366     | 285    | WIERTLEWSKI Robert      | Warszawa           | POL       | Pko                     | 75 M30/1214 | M / 2766           | 01:02:25  | 06.14      | +0:31:53 | 0:07:53 / 3506 | 0:14:21 / 3617 | 0:31:11 / 3483 | 0:39:43 / 3484 | 0:46:03 / 3463 |
| 3367     | 4827   | MURAWSKA Karolina       | Olsztyn            | POL       |                         | 86 K20/240  | K / 601            | 01:02:25  | 06.14      | +0:31:53 | 0:08:09 / 3712 | 0:14:28 / 3658 | 0:31:06 / 3470 | 0:39:40 / 3479 | 0:45:58 / 3445 |
| 3368     | 2533   | CIESIELSKA-CYSEK Joanna | Łódź               | POL       | Tom Tom                 | 84 K20/241  | K / 602            | 01:02:26  | 06.14      | +0:31:54 | 0:07:25 / 2977 | 0:13:25 / 3118 | 0:29:24 / 3002 | 0:38:12 / 3146 | 0:44:29 / 3167 |
| 3369     | 2806   | KĘPKA Zbigniew          | Wiśniowa Góra      | POL       | Biegacz Nowosolna       | 73 M40/497  | M / 2767           | 01:02:26  | 06.14      | +0:31:54 | 0:07:37 / 3218 | 0:13:19 / 3036 | 0:30:14 / 3279 | 0:39:14 / 3386 | 0:45:39 / 3382 |
| 3370     | 4195   | SIEDLECKI Konrad        | Nowinki            | POL       | Zadzyszka Wołomin       | 91 M20/796  | M / 2768           | 01:02:26  | 06.14      | +0:31:54 | 0:07:31 / 3128 | 0:13:30 / 3166 | 0:30:31 / 3333 | 0:39:23 / 3414 | 0:45:44 / 3408 |
| 3371     | 3995   | TOMASZEWSKI Bartosz     | Warszawa           | POL       |                         | 79 M30/1215 | M / 2769           | 01:02:26  | 06.14      | +0:31:54 | 0:07:05 / 2493 | 0:12:50 / 2663 | 0:29:00 / 2872 | 0:38:28 / 3222 | 0:45:03 / 3278 |
| 3372     | 6325   | MASIAK Adam             | Grajewo            | POL       | Bieganie.pl             | 92 M20/797  | M / 2770           | 01:02:27  | 06.14      | +0:31:55 | 0:08:10 / 3723 | 0:14:27 / 3646 | 0:31:07 / 3472 | 0:39:39 / 3475 | 0:46:09 / 3476 |
| 3373     | 4131   | PLUTA Piotr             | Łódź               | POL       |                         | 76 M30/1216 | M / 2771           | 01:02:27  | 06.14      | +0:31:55 | 0:07:40 / 3277 | 0:13:44 / 3292 | 0:30:41 / 3380 | 0:39:25 / 3416 | 0:45:42 / 3400 |
| 3374     | 4556   | ZAWIŁA Piotr            | Sulejówek          | POL       |                         | 75 M30/1217 | M / 2772           | 01:02:27  | 06.14      | +0:31:55 | 0:06:59 / 2353 | 0:12:50 / 2651 | 0:29:10 / 2928 | 0:38:20 / 3188 | 0:44:57 / 3258 |
| 3375     | 4579   | KAMONT Rafał            | Kolbiel            | POL       |                         | 81 M30/1218 | M / 2773           | 01:02:28  | 06.14      | +0:31:56 | 0:08:17 / 3795 | 0:14:35 / 3697 | 0:31:30 / 3543 | 0:39:51 / 3506 | 0:46:02 / 3462 |
| 3376     | 3726   | DOMAŃSKI Jarosław       | Warszawa           | POL       | Michu Team              | 84 M20/798  | M / 2774           | 01:02:28  | 06.14      | +0:31:56 | 0:07:17 / 2806 | 0:12:38 / 2485 | 0:29:04 / 2889 | 0:37:44 / 3048 | 0:44:11 / 3103 |
| 3377     | 4818   | DOBROWOLSKI Krzysztof   | Warszawa           | POL       | Orange                  | 84 M20/799  | M / 2775           | 01:02:28  | 06.14      | +0:31:56 | 0:07:07 / 2555 | 0:12:47 / 2612 | 0:29:14 / 2949 | 0:38:28 / 3221 | 0:45:02 / 3276 |
| 3378     | 4555   | ZAWIŁA Paulina          | Sulejówek          | POL       |                         | 98 K20/242  | K / 603            | 01:02:28  | 06.14      | +0:31:56 | 0:07:00 / 2374 | 0:12:50 / 2662 | 0:29:10 / 2926 | 0:38:21 / 3193 | 0:44:56 / 3256 |
| 3379     | 4826   | ZABŁOCKA Dominika       | Cieszyn            | POL       |                         | 85 K20/243  | K / 604            | 01:02:29  | 06.14      | +0:31:57 | 0:08:12 / 3741 | 0:14:32 / 3680 | 0:31:10 / 3480 | 0:39:42 / 3483 | 0:46:01 / 3453 |
| 3380     | 5747   | KRAWCZYŃSKI Jacek       | Radziejowice/słabo | POL       | Maratony Polskie Team   | 47 M60/50   | M / 2776           | 01:02:29  | 06.14      | +0:31:57 | 0:07:39 / 3260 | 0:13:46 / 3317 | 0:30:18 / 3288 | 0:39:04 / 3347 | 0:45:18 / 3318 |
| 3381     | 6736   | STADNICKA Karina        | Warszawa           | POL       |                         | 82 K30/267  | K / 605            | 01:02:29  | 06.14      | +0:31:57 | 0:07:39 / 3255 | 0:13:34 / 3193 | 0:30:10 / 3256 | 0:38:58 / 3329 | 0:45:41 / 3394 |
| 3382     | 214    | DRAJKOWSKI Tomasz       | Warszawa           | POL       | Pko                     | 74 M30/1219 | M / 2777           | 01:02:29  | 06.14      | +0:31:57 | 0:07:38 / 3235 | 0:13:44 / 3291 | 0:30:27 / 3318 | 0:39:11 / 3368 | 0:45:44 / 3410 |
| 3383     | 4700   | MIELCZAREK Przemysław   | Warszawa           | POL       |                         | 73 M40/498  | M / 2778           | 01:02:30  | 06.15      | +0:31:58 | 0:08:27 / 3886 | 0:14:38 / 3722 | 0:31:02 / 3452 | 0:39:36 / 3458 | 0:45:40 / 3389 |
| 3384     | 5907   | WÓJCICKA Magdalena      | Warszawa           | POL       |                         | 81 K30/268  | K / 606            | 01:02:30  | 06.15      | +0:31:58 | 0:07:37 / 3222 | 0:13:48 / 3339 | 0:30:19 / 3291 | 0:39:08 / 3357 | 0:45:35 / 3374 |
| 3385     | 5142   | PIETRZYKOWSKA Ewa       | Warszawa           | POL       |                         | 86 K20/244  | K / 607            | 01:02:30  | 06.15      | +0:31:58 | 0:07:22 / 2912 | 0:13:22 / 3066 | 0:30:15 / 3281 | 0:39:13 / 3378 | 0:45:34 / 3366 |
| 3386     | 4247   | TUROWSKA Anna           | Warszawa           | POL       |                         | 82 K30/269  | K / 608            | 01:02:30  | 06.15      | +0:31:58 | 0:08:06 / 3674 | 0:14:28 / 3657 | 0:31:24 / 3521 | 0:39:46 / 3494 | 0:46:12 / 3486 |
| 3387     | 4665   | DŁUŻNIEWSKA Ewa         | Warszawa           | POL       |                         | 71 K40/72   | K / 609            | 01:02:31  | 06.15      | +0:31:59 | 0:07:29 / 3075 | 0:13:41 / 3269 | 0:30:04 / 3218 | 0:38:59 / 3334 | 0:45:34 / 3368 |
| 3388     | 3954   | MOTYKA Danuta           | Warszawa           | POL       |                         | 82 K30/270  | K / 610            | 01:02:31  | 06.15      | +0:32:00 | 0:07:55 / 3537 | 0:14:05 / 3507 | 0:30:57 / 3439 | 0:39:35 / 3454 | 0:45:55 / 3438 |
| 3389     | 2708   | HOLDA Marian            | Tychy              | POL       |                         | 68 M40/499  | M / 2779           | 01:02:32  | 06.15      | +0:32:00 | 0:08:36 / 3934 | 0:14:59 / 3839 | 0:31:06 / 3468 | 0:39:48 / 3499 | 0:46:16 / 3500 |
| 3390     | 4354   | TOKARZEWSKA-SOBOTA Anna | Warszawa           | POL       |                         | 81 K30/271  | K / 611            | 01:02:32  | 06.15      | +0:32:00 | 0:08:08 / 3691 | 0:14:27 / 3647 | 0:31:24 / 3519 | 0:39:46 / 3493 | 0:46:11 / 3480 |
| 3391     | 3953   | ADAMCZYK Magdalena      | Londyn             | POL       | Brak                    | 82 K30/272  | K / 612            | 01:02:32  | 06.15      | +0:32:00 | 0:07:54 / 3529 | 0:14:00 / 3469 | 0:30:40 / 3370 | 0:39:24 / 3415 | 0:45:41 / 3395 |
| 3392     | 4367   | JOŃCZYK Katarzyna       | Warszawa           | POL       |                         | 71 K40/73   | K / 613            | 01:02:33  | 06.15      | +0:32:01 | 0:07:29 / 3067 | 0:13:35 / 3209 | 0:30:28 / 3328 | 0:39:04 / 3344 | 0:45:34 / 3371 |
| 3393     | 6840   | BŁĄDEK Maciej           | Warszawa           | POL       | Msd Running Club        | 67 M40/500  | M / 2780           | 01:02:34  | 06.15      | +0:32:02 | 0:07:42 / 3323 | 0:13:43 / 3286 | 0:30:07 / 3238 | 0:39:17 / 3397 | 0:45:26 / 3345 |
| 3394     | 4521   | GIZIŃSKA Alina          | Warszawa           | POL       |                         | 73 K40/74   | K / 614            | 01:02:35  | 06.15      | +0:32:03 | 0:07:56 / 3556 | 0:13:58 / 3445 | 0:30:59 / 3445 | 0:39:54 / 3515 | 0:46:13 / 3492 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name        | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3395     | 5026   | RZEWUSKI Michał             | Warszawa         | POL       |                         | 74      | M30/1220 M / 2781  | 01:02:35  | 06.15      | +0:32:03 | 0:07:08 / 2572 | 0:12:49 / 2630 | 0:28:32 / 2709 | 0:37:33 / 3007 | 0:44:30 / 3174 |
| 3396     | 5380   | TARNOŃSKI Mateusz           | Warszawa         | POL       | Staszek Jest Z Nami     | 89      | M20/800 M / 2782   | 01:02:38  | 06.15      | +0:32:06 | 0:08:06 / 3666 | 0:14:39 / 3730 | 0:31:46 / 3582 | 0:40:20 / 3565 | 0:46:59 / 3587 |
| 3397     | 5826   | SZANIAŃSKI Wojciech         | Warszawa         | POL       |                         | 79      | M30/1221 M / 2783  | 01:02:38  | 06.15      | +0:32:06 | 0:07:59 / 3593 | 0:14:14 / 3563 | 0:30:45 / 3393 | 0:39:19 / 3402 | 0:45:42 / 3401 |
| 3398     | 453    | GROMEK Bożena               | Białobrzegi      | POL       |                         | 62      | K50/16 K / 615     | 01:02:38  | 06.15      | +0:32:07 | 0:08:00 / 3610 | 0:14:02 / 3479 | 0:30:53 / 3422 | 0:39:37 / 3460 | 0:45:45 / 3414 |
| 3399     | 87     | MAJEWSKA Joanna             |                  | POL       | 12tr.pl                 | 85      | K20/245 K / 616    | 01:02:39  | 06.15      | +0:32:07 | 0:07:57 / 3568 | 0:14:09 / 3535 | 0:31:01 / 3449 | 0:39:38 / 3467 | 0:46:03 / 3465 |
| 3400     | 5917   | BUDZISZEWSKA Marta          | Warszawa         | POL       |                         | 83      | K30/273 K / 617    | 01:02:39  | 06.15      | +0:32:07 | 0:08:16 / 3792 | 0:14:48 / 3782 | 0:31:58 / 3602 | 0:40:22 / 3574 | 0:46:37 / 3537 |
| 3401     | 6222   | JESIOTR Wiktor              | Warszawa         | POL       |                         | 53      | M60/51 M / 2784    | 01:02:39  | 06.15      | +0:32:07 | 0:08:08 / 3687 | 0:14:41 / 3740 | 0:32:19 / 3664 | 0:40:31 / 3588 | 0:46:30 / 3527 |
| 3402     | 378    | GRZELEC Michał              | Warszawa         | POL       |                         | 73      | M40/501 M / 2785   | 01:02:39  | 06.15      | +0:32:07 | 0:06:57 / 2294 | 0:12:25 / 2300 | 0:28:10 / 2588 | 0:37:25 / 2971 | 0:43:59 / 3068 |
| 3403     | 3979   | BALCEREK Marcin             | Góra Kalwaria    | POL       |                         | 78      | M30/1222 M / 2786  | 01:02:40  | 06.16      | +0:32:08 | 0:08:33 / 3914 | 0:15:09 / 3893 | 0:32:23 / 3675 | 0:40:56 / 3641 | 0:46:59 / 3589 |
| 3404     | 5506   | KOWALSKA Monika             | Warszawa         | POL       | T-mobile Running Team   | 79      | K30/274 K / 618    | 01:02:40  | 06.16      | +0:32:08 | 0:07:44 / 3357 | 0:13:46 / 3326 | 0:30:31 / 3336 | 0:39:09 / 3358 | 0:45:40 / 3387 |
| 3405     | 2490   | BRZEZIŃSKI Piotr            | Łódź             | POL       | Fan-run Team            | 66      | M40/502 M / 2787   | 01:02:40  | 06.16      | +0:32:08 | 0:07:36 / 3200 | 0:13:38 / 3240 | 0:29:48 / 3138 | 0:39:20 / 3405 | 0:45:40 / 3388 |
| 3406     | 2548   | CZARNOCKI Konrad            | Warszawa         | POL       | Stadnina Koni Fojador   | 77      | M30/1223 M / 2788  | 01:02:40  | 06.16      | +0:32:08 | 0:08:11 / 3732 | 0:14:18 / 3602 | 0:31:02 / 3455 | 0:39:50 / 3505 | 0:46:05 / 3469 |
| 3407     | 3048   | MILCZAREK Renata            | Pruszków         | POL       |                         | 68      | K40/75 K / 619     | 01:02:41  | 06.16      | +0:32:09 | 0:08:16 / 3784 | 0:14:29 / 3664 | 0:31:13 / 3492 | 0:39:38 / 3468 | 0:45:55 / 3439 |
| 3408     | 5918   | BUDZISZEWSKI Marcin         | Warszawa         | POL       |                         | 82      | M30/1224 M / 2789  | 01:02:41  | 06.16      | +0:32:09 | 0:08:19 / 3820 | 0:14:51 / 3798 | 0:32:01 / 3611 | 0:40:26 / 3579 | 0:46:40 / 3542 |
| 3409     | 4094   | NOWOSIELSKA Agnieszka       | Mińsk Mazowiecki | POL       |                         | 86      | K20/246 K / 620    | 01:02:42  | 06.16      | +0:32:10 | 0:07:15 / 2748 | 0:12:57 / 2749 | 0:29:20 / 2974 | 0:38:34 / 3242 | 0:44:53 / 3245 |
| 3410     | 5262   | BIELSKI Maciej              | Warszawa         | POL       | Adwokaci                | 88      | M20/801 M / 2790   | 01:02:43  | 06.16      | +0:32:11 | 0:07:16 / 2788 | 0:13:05 / 2855 | 0:29:35 / 3076 | 0:38:22 / 3195 | 0:44:51 / 3241 |
| 3411     | 225    | ŁOJEWSKI Piotr              | Łomazy           | POL       | Pko                     | 86      | M20/802 M / 2791   | 01:02:43  | 06.16      | +0:32:11 | 0:08:07 / 3676 | 0:14:40 / 3731 | 0:31:48 / 3586 | 0:40:27 / 3582 | 0:46:50 / 3574 |
| 3412     | 4647   | CZYŻEWSKA Marlena           | Legionowo        | POL       |                         | 67      | K40/76 K / 621     | 01:02:43  | 06.16      | +0:32:11 | 0:08:08 / 3700 | 0:14:54 / 3814 | 0:32:55 / 3763 | 0:41:20 / 3689 | 0:47:19 / 3610 |
| 3413     | 3972   | PODWOJSKI Marcin            | Warszawa         | POL       |                         | 81      | M30/1225 M / 2792  | 01:02:44  | 06.16      | +0:32:12 | 0:06:48 / 2057 | 0:12:28 / 2356 | 0:28:31 / 2702 | 0:38:27 / 3217 | 0:44:28 / 3163 |
| 3414     | 6257   | MORDAK Magdalena            | Warszawa         | POL       |                         | 77      | K30/275 K / 622    | 01:02:45  | 06.16      | +0:32:13 | 0:07:47 / 3419 | 0:13:51 / 3374 | 0:30:11 / 3258 | 0:38:58 / 3331 | 0:45:29 / 3356 |
| 3415     | 2743   | JARZĄBKOWSKA Monika         | Warszawa         | POL       |                         | 82      | K30/276 K / 623    | 01:02:45  | 06.16      | +0:32:13 | 0:07:32 / 3142 | 0:13:27 / 3135 | 0:29:59 / 3187 | 0:39:04 / 3343 | 0:45:26 / 3344 |
| 3416     | 5739   | ZIELIŃSKA Anna              | Warszawa         | POL       |                         | 77      | K30/277 K / 624    | 01:02:45  | 06.16      | +0:32:13 | 0:07:49 / 3453 | 0:13:55 / 3423 | 0:30:29 / 3331 | 0:39:05 / 3349 | 0:45:36 / 3377 |
| 3417     | 5503   | SZUSTAK Michał              | Warszawa         | POL       | Aks Polonia             | 67      | M40/503 M / 2793   | 01:02:45  | 06.16      | +0:32:13 | 0:06:54 / 2233 | 0:12:34 / 2439 | 0:29:21 / 2979 | 0:38:04 / 3121 | 0:44:26 / 3156 |
| 3418     | 2707   | HOLAK Ewa                   | Augustów         | POL       |                         | 95      | K20/247 K / 625    | 01:02:46  | 06.16      | +0:32:14 | 0:07:23 / 2933 | 0:13:08 / 2895 | 0:30:39 / 3366 | 0:39:28 / 3422 | 0:45:48 / 3420 |
| 3419     | 4294   | RADKOWSKA Małgorzata        | Warszawa         | POL       |                         | 88      | K20/248 K / 626    | 01:02:46  | 06.16      | +0:32:14 | 0:07:29 / 3054 | 0:13:10 / 2917 | 0:30:04 / 3220 | 0:39:11 / 3366 | 0:45:42 / 3402 |
| 3420     | 3922   | KAPUSTA Mariusz             | Warszawa         | POL       |                         | 78      | M30/1226 M / 2794  | 01:02:47  | 06.16      | +0:32:15 | 0:08:07 / 3681 | 0:14:30 / 3669 | 0:32:26 / 3687 | 0:41:01 / 3654 | 0:47:14 / 3605 |
| 3421     | 5636   | MOTYL Joanna                | Warszawa         | POL       |                         | 76      | K30/278 K / 627    | 01:02:47  | 06.16      | +0:32:15 | 0:07:41 / 3307 | 0:13:57 / 3435 | 0:30:46 / 3400 | 0:39:29 / 3430 | 0:46:01 / 3454 |
| 3422     | 479    | NAWROCKA Roma               |                  | POL       | Straż Miejska           | 13      | K / 628            | 01:02:47  | 06.16      | +0:32:15 | 0:07:44 / 3365 | 0:13:45 / 3306 | 0:30:31 / 3335 | 0:39:04 / 3345 | 0:45:29 / 3352 |
| 3423     | 6336   | GROTKOWSKA Paulina          | Warszawa         | POL       |                         | 82      | K30/279 K / 629    | 01:02:47  | 06.16      | +0:32:15 | 0:07:34 / 3166 | 0:13:35 / 3203 | 0:29:50 / 3150 | 0:38:44 / 3278 | 0:44:51 / 3239 |
| 3424     | 5853   | MARASEK Agnieszka           | Warszawa         | POL       |                         | 85      | K20/249 K / 630    | 01:02:48  | 06.16      | +0:32:16 | 0:08:06 / 3670 | 0:14:29 / 3662 | 0:32:05 / 3624 | 0:40:50 / 3625 | 0:46:58 / 3585 |
| 3425     | 38     | MAKOWSKA Joanna             | Łódź             | POL       | Runner's World          | 88      | K20/250 K / 631    | 01:02:49  | 06.16      | +0:32:17 | 0:07:51 / 3482 | 0:14:00 / 3472 | 0:30:09 / 3250 | 0:38:41 / 3266 | 0:45:18 / 3322 |
| 3426     | 4407   | SKADORWA Tymon              | Warszawa         | POL       |                         | 82      | M30/1227 M / 2795  | 01:02:49  | 06.16      | +0:32:17 | 0:06:53 / 2197 | 0:12:39 / 2495 | 0:29:27 / 3021 | 0:38:35 / 3250 | 0:44:59 / 3268 |
| 3427     | 2968   | LIPIEC Ewa                  | Sochaczew        | POL       | Km Aktywni Sochaczew    | 63      | K50/17 K / 632     | 01:02:49  | 06.16      | +0:32:17 | 0:08:48 / 3973 | 0:15:21 / 3930 | 0:32:55 / 3764 | 0:41:14 / 3674 | 0:47:22 / 3617 |
| 3428     | 4739   | ZIÓLKOWSKI Krzysztof        | Warszawa         | POL       |                         | 73      | M40/504 M / 2796   | 01:02:49  | 06.16      | +0:32:18 | 0:08:09 / 3701 | 0:14:35 / 3695 | 0:31:26 / 3527 | 0:39:44 / 3486 | 0:45:39 / 3386 |
| 3429     | 37     | MAKOWSKA-KASIEWICZ Karolina |                  | POL       | Runner's World          | 85      | K20/251 K / 633    | 01:02:50  | 06.17      | +0:32:18 | 0:07:51 / 3479 | 0:14:00 / 3470 | 0:30:10 / 3255 | 0:38:42 / 3270 | 0:45:18 / 3319 |
| 3430     | 3646   | RAJCZAK Grzegorz            | Łódź             | POL       |                         | 65      | M40/505 M / 2797   | 01:02:50  | 06.17      | +0:32:18 | 0:07:47 / 3418 | 0:14:08 / 3527 | 0:30:55 / 3429 | 0:39:34 / 3453 | 0:46:00 / 3451 |
| 3431     | 4343   | KOZŁOWSKI Piotr             | Warszawa         | POL       | Aks Polonia             | 72      | M40/506 M / 2798   | 01:02:51  | 06.17      | +0:32:19 | 0:07:28 / 3042 | 0:13:14 / 2967 | 0:30:45 / 3396 | 0:39:37 / 3463 | 0:45:50 / 3424 |
| 3432     | 119    | POSTĘPSKI Tomasz            | Warszawa         | POL       | Agora                   | 87      | M20/803 M / 2799   | 01:02:51  | 06.17      | +0:32:19 | 0:08:04 / 3645 | 0:14:31 / 3675 | 0:32:04 / 3619 | 0:40:34 / 3591 | 0:46:43 / 3547 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|--------------------|-----------|-------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3433     | 5419   | KOSSECKI Dominik         | Warszawa           | POL       |                         | 79 M30/1228 | M / 2800           | 01:02:51  | 06.17      | +0:32:19 | 0:06:36 / 1725 | 0:12:22 / 2278 | 0:29:02 / 2879 | 0:38:20 / 3185 | 0:45:13 / 3305 |
| 3434     | 5524   | KOZŁOWSKI Marcin         | Warszawa           | POL       |                         | 82 M30/1229 | M / 2801           | 01:02:52  | 06.17      | +0:32:20 | 0:06:58 / 2323 | 0:12:35 / 2449 | 0:28:34 / 2723 | 0:37:52 / 3075 | 0:44:42 / 3219 |
| 3435     | 5206   | JANKOWSKA Natalia        | Warszawa           | POL       | Adwokaci                | 86 K20/252  | K / 634            | 01:02:52  | 06.17      | +0:32:20 | 0:08:02 / 3621 | 0:14:34 / 3692 | 0:31:45 / 3579 | 0:40:08 / 3541 | 0:46:38 / 3539 |
| 3436     | 3110   | NOWAKOWSKI Ryszard       | Sochaczew          | POL       | Km Aktywni Sochaczew    | 46 M60/52   | M / 2802           | 01:02:52  | 06.17      | +0:32:21 | 0:07:19 / 2831 | 0:13:07 / 2882 | 0:30:11 / 3261 | 0:39:05 / 3350 | 0:45:24 / 3335 |
| 3437     | 5191   | SADOWSKI Michał          | Warszawa           | POL       |                         | 82 M30/1230 | M / 2803           | 01:02:52  | 06.17      | +0:32:21 | 0:07:03 / 2456 | 0:12:42 / 2529 | 0:29:15 / 2956 | 0:38:34 / 3245 | 0:45:37 / 3381 |
| 3438     | 4211   | GÓRSKI Daniel            | Warszawa           | POL       |                         | 87 M20/804  | M / 2804           | 01:02:53  | 06.17      | +0:32:21 | 0:08:08 / 3688 | 0:14:18 / 3593 | 0:32:19 / 3667 | 0:39:46 / 3490 | 0:46:14 / 3493 |
| 3439     | 6482   | SKONIECZNY Gwidon        | Warszawa           | POL       |                         | 76 M30/1231 | M / 2805           | 01:02:53  | 06.17      | +0:32:21 | 0:07:21 / 2894 | 0:13:30 / 3162 | 0:30:33 / 3347 | 0:39:28 / 3424 | 0:46:09 / 3475 |
| 3440     | 2399   | ANTOLAK Piotr            | Warszawa           | POL       |                         | 75 M30/1232 | M / 2806           | 01:02:53  | 06.17      | +0:32:21 | 0:07:31 / 3123 | 0:13:23 / 3079 | 0:29:35 / 3070 | 0:38:23 / 3196 | 0:44:50 / 3236 |
| 3441     | 287    | OWCZAREK Robert          | Rybieńko Nowe      | POL       | Pko                     | 73 M40/507  | M / 2807           | 01:02:55  | 06.17      | +0:32:23 | 0:08:19 / 3824 | 0:14:49 / 3785 | 0:32:00 / 3607 | 0:40:36 / 3599 | 0:46:49 / 3569 |
| 3442     | 5857   | GOGOLEWSKA Anna          | Ślupno             | POL       |                         | 59 K50/18   | K / 635            | 01:02:55  | 06.17      | +0:32:23 | 0:07:54 / 3523 | 0:13:45 / 3310 | 0:30:01 / 3202 | 0:38:51 / 3302 | 0:45:26 / 3342 |
| 3443     | 4897   | GONERA Krzysztof         | Warszawa           | POL       |                         | 57 M50/174  | M / 2808           | 01:02:56  | 06.17      | +0:32:24 | 0:08:23 / 3851 | 0:14:56 / 3822 | 0:32:22 / 3671 | 0:40:50 / 3626 | 0:47:34 / 3637 |
| 3444     | 6745   | STOGIŃSKI Marcin         | Warszawa           | POL       | Turbo Pruszków          | 75 M30/1233 | M / 2809           | 01:02:57  | 06.17      | +0:32:25 | 0:07:50 / 3463 | 0:14:01 / 3478 | 0:30:57 / 3436 | 0:39:18 / 3399 | 0:45:53 / 3433 |
| 3445     | 6126   | KLUS Paweł               | Warszawa           | POL       |                         | 76 M30/1234 | M / 2810           | 01:02:57  | 06.17      | +0:32:25 | 0:07:37 / 3220 | 0:14:08 / 3523 | 0:31:29 / 3534 | 0:40:09 / 3544 | 0:46:30 / 3528 |
| 3446     | 4003   | DUDZIŃSKI Tomasz         | Warszawa           | POL       | Kte Tramp               | 85 M20/805  | M / 2811           | 01:02:57  | 06.17      | +0:32:25 | 0:07:16 / 2774 | 0:12:55 / 2733 | 0:28:15 / 2625 | 0:38:39 / 3261 | 0:46:18 / 3504 |
| 3447     | 6280   | GRYCNER Paweł            | Warszawa           | POL       |                         | 84 M20/806  | M / 2812           | 01:02:58  | 06.17      | +0:32:26 | 0:06:55 / 2255 | 0:12:22 / 2281 | 0:28:05 / 2561 | 0:37:14 / 2915 | 0:44:09 / 3091 |
| 3448     | 5129   | JEZIORSKI Wojciech       | Warszawa           | POL       |                         | 68 M40/508  | M / 2813           | 01:02:58  | 06.17      | +0:32:26 | 0:07:40 / 3287 | 0:13:51 / 3376 | 0:30:43 / 3385 | 0:39:37 / 3462 | 0:45:49 / 3421 |
| 3449     | 2647   | GLASZCZKA-MAKULEC Edyta  | Garwolin           | POL       |                         | 72 K40/77   | K / 636            | 01:02:59  | 06.17      | +0:32:27 | 0:07:48 / 3434 | 0:13:46 / 3320 | 0:30:17 / 3286 | 0:39:05 / 3351 | 0:45:40 / 3391 |
| 3450     | 5047   | ZIELIŃSKA Justyna        | Warszawa           | POL       | Adwokaci                | 81 K30/280  | K / 637            | 01:03:00  | 06.18      | +0:32:28 | 0:08:09 / 3703 | 0:14:38 / 3718 | 0:31:48 / 3588 | 0:40:30 / 3584 | 0:46:54 / 3581 |
| 3451     | 4110   | KALETA Marcin            | Warszawa           | POL       |                         | 83 M30/1235 | M / 2814           | 01:03:00  | 06.18      | +0:32:28 | 0:06:33 / 1629 | 0:11:59 / 1906 | 0:27:38 / 2381 | 0:37:15 / 2925 | 0:44:28 / 3160 |
| 3452     | 5987   | KARAŚ Jakub              | Konstancin-jeziorn | POL       | Run Konstancin          | 87 M20/807  | M / 2815           | 01:03:00  | 06.18      | +0:32:28 | 0:07:16 / 2780 | 0:13:16 / 2998 | 0:29:43 / 3115 | 0:38:27 / 3219 | 0:45:32 / 3361 |
| 3453     | 4251   | DĄBROWSKA Beata          | Grodzisk           | POL       |                         | 80 K30/281  | K / 638            | 01:03:00  | 06.18      | +0:32:28 | 0:08:04 / 3639 | 0:14:16 / 3583 | 0:31:19 / 3504 | 0:40:07 / 3539 | 0:46:38 / 3540 |
| 3454     | 6448   | FRANCZUK Adrian          | Warszawa           | POL       |                         | 91 M20/808  | M / 2816           | 01:03:01  | 06.18      | +0:32:29 | 0:07:40 / 3267 | 0:13:42 / 3274 | 0:30:52 / 3419 | 0:39:45 / 3489 | 0:46:14 / 3495 |
| 3455     | 2835   | KOŁODZIEJ Piotr          | Ostrów             | POL       |                         | 62 M50/175  | M / 2817           | 01:03:01  | 06.18      | +0:32:29 | 0:08:09 / 3706 | 0:14:17 / 3589 | 0:30:53 / 3423 | 0:39:29 / 3427 | 0:46:07 / 3472 |
| 3456     | 3039   | MICHALAK Karolina        | Łódź               | POL       | Rysie                   | 83 K30/282  | K / 639            | 01:03:03  | 06.18      | +0:32:31 | 0:07:40 / 3286 | 0:13:45 / 3303 | 0:30:40 / 3368 | 0:39:25 / 3418 | 0:45:51 / 3427 |
| 3457     | 4174   | KWIATKOWSKA Agnieszka    | Warszawa           | POL       | Ct Team                 | 87 K20/253  | K / 640            | 01:03:03  | 06.18      | +0:32:32 | 0:07:47 / 3416 | 0:14:08 / 3525 | 0:31:12 / 3486 | 0:39:44 / 3487 | 0:46:11 / 3481 |
| 3458     | 58     | ŻYŁOWSKI Tomasz          |                    | POL       | Asics Polska            | 75 M30/1236 | M / 2818           | 01:03:04  | 06.18      | +0:32:32 | 0:07:49 / 3442 | 0:14:00 / 3466 | 0:31:21 / 3508 | 0:39:58 / 3522 | 0:46:19 / 3509 |
| 3459     | 6052   | SZESZKO Mateusz          | Warszawa           | POL       |                         | 87 M20/809  | M / 2819           | 01:03:05  | 06.18      | +0:32:33 | 0:07:20 / 2857 | 0:13:17 / 3011 | 0:29:53 / 3166 | 0:38:59 / 3332 | 0:45:47 / 3417 |
| 3460     | 6162   | KAWALEC Ela              | Warszawa           | POL       |                         | 90 K20/254  | K / 641            | 01:03:05  | 06.18      | +0:32:33 | 0:07:52 / 3503 | 0:14:33 / 3682 | 0:32:11 / 3643 | 0:40:30 / 3585 | 0:46:21 / 3513 |
| 3461     | 4175   | KWIATKOWSKI Arakdiusz    | Warszawa           | POL       |                         | 86 M20/810  | M / 2820           | 01:03:05  | 06.18      | +0:32:33 | 0:07:49 / 3448 | 0:14:11 / 3543 | 0:31:14 / 3494 | 0:39:47 / 3495 | 0:46:13 / 3490 |
| 3462     | 5629   | RYBICKI Paweł            | Warszawa           | POL       |                         | 68 M40/509  | M / 2821           | 01:03:05  | 06.18      | +0:32:33 | 0:07:34 / 3167 | 0:13:49 / 3345 | 0:31:20 / 3506 | 0:39:55 / 3516 | 0:46:11 / 3482 |
| 3463     | 6867   | POPIELARSKI Bartłomiej   | Warszawa           | POL       |                         | 75 M30/1237 | M / 2822           | 01:03:06  | 06.18      | +0:32:34 | 0:08:40 / 3941 | 0:15:23 / 3936 | 0:32:46 / 3740 | 0:41:23 / 3691 | 0:47:31 / 3630 |
| 3464     | 5315   | KIETLIŃSKA Magdalena     | Warszawa           | POL       | Raiffeisen Polbank      | 85 K20/255  | K / 642            | 01:03:06  | 06.18      | +0:32:34 | 0:07:46 / 3391 | 0:13:51 / 3380 | 0:30:46 / 3397 | 0:39:38 / 3469 | 0:46:02 / 3459 |
| 3465     | 4813   | ŚMIETAŃSKA-ESQUINCA Anna | Łoś                | POL       |                         | 81 K30/283  | K / 643            | 01:03:06  | 06.18      | +0:32:34 | 0:07:26 / 2988 | 0:13:23 / 3084 | 0:29:59 / 3189 | 0:38:54 / 3315 | 0:45:33 / 3364 |
| 3466     | 5314   | BURZA Anna               | Piaseczno          | POL       | Raiffeisen Polbank      | 77 K30/284  | K / 644            | 01:03:07  | 06.18      | +0:32:35 | 0:07:46 / 3392 | 0:13:51 / 3367 | 0:30:46 / 3398 | 0:39:38 / 3472 | 0:46:01 / 3457 |
| 3467     | 5706   | GRAD Rafał               | Warszawa           | POL       |                         | 87 M20/811  | M / 2823           | 01:03:07  | 06.18      | +0:32:35 | 0:08:55 / 3996 | 0:15:38 / 3965 | 0:33:04 / 3781 | 0:41:37 / 3720 | 0:47:45 / 3656 |
| 3468     | 5566   | WEDMAN Michał            | Warszawa           | POL       |                         | 76 M30/1238 | M / 2824           | 01:03:08  | 06.18      | +0:32:36 | 0:07:08 / 2574 | 0:13:15 / 2982 | 0:30:24 / 3308 | 0:39:22 / 3413 | 0:45:52 / 3431 |
| 3469     | 5991   | SAWICKI Piotr            | Warszawa           | POL       | Niemamsił               | 83 M30/1239 | M / 2825           | 01:03:10  | 06.19      | +0:32:38 | 0:06:43 / 1900 | 0:12:32 / 2410 | 0:28:16 / 2629 | 0:39:16 / 3396 | 0:47:25 / 3623 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club       | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|------------------|-----------|-------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3470     | 4218   | JACZEWSKI Adam           | Warszawa         | POL       |                               | 75      | M30/1240 M / 2826  | 01:03:10  | 06.19      | +0:32:38 | 0:06:53 / 2207 | 0:12:26 / 2317 | 0:29:20 / 2976 | 0:38:41 / 3265 | 0:45:13 / 3304 |
| 3471     | 4371   | CZERNICKA Magdalena      | Warszawa         | POL       | Raiffeisen Polbank            | 82      | K30/285 K / 645    | 01:03:11  | 06.19      | +0:32:39 | 0:08:04 / 3643 | 0:14:25 / 3640 | 0:31:25 / 3526 | 0:40:10 / 3546 | 0:46:31 / 3529 |
| 3472     | 6163   | KAWALEC Katarzyna        | Brzostek         | POL       |                               | 80      | K30/286 K / 646    | 01:03:11  | 06.19      | +0:32:40 | 0:07:53 / 3512 | 0:14:03 / 3494 | 0:30:57 / 3437 | 0:39:47 / 3498 | 0:46:19 / 3508 |
| 3473     | 5116   | PIÓRKOWSKI Przemek       | Białobłoto       | POL       |                               | 80      | M30/1241 M / 2827  | 01:03:12  | 06.19      | +0:32:40 | 0:07:48 / 3427 | 0:14:00 / 3468 | 0:30:54 / 3427 | 0:39:37 / 3461 | 0:46:07 / 3471 |
| 3474     | 1078   | GROCHOWSKI Paweł         | Warszawa         | POL       |                               | 64      | M40/510 M / 2828   | 01:03:14  | 06.19      | +0:32:42 | 0:08:23 / 3848 | 0:15:02 / 3861 | 0:32:08 / 3632 | 0:40:42 / 3612 | 0:47:06 / 3594 |
| 3475     | 3069   | MODER Paweł              | Warszawa         | POL       |                               | 75      | M30/1242 M / 2829  | 01:03:16  | 06.19      | +0:32:44 | 0:07:56 / 3559 | 0:14:02 / 3480 | 0:31:13 / 3491 | 0:39:56 / 3520 | 0:46:15 / 3497 |
| 3476     | 6612   | PIWOWARSKA Małgorzata    | Warszawa         | POL       | Aviva Running Team            | 89      | K20/256 K / 647    | 01:03:17  | 06.19      | +0:32:45 | 0:08:24 / 3858 | 0:14:53 / 3809 | 0:32:07 / 3629 | 0:40:45 / 3616 | 0:46:58 / 3586 |
| 3477     | 6758   | KAMIŃSKI Maciej          | Warszawa         | POL       |                               | 81      | M30/1243 M / 2830  | 01:03:17  | 06.19      | +0:32:45 | 0:08:20 / 3833 | 0:14:41 / 3737 | 0:31:59 / 3603 | 0:40:35 / 3595 | 0:46:58 / 3584 |
| 3478     | 6757   | PLATEK Adam              | Warszawa         | POL       | Biegam Sam                    | 71      | M40/511 M / 2831   | 01:03:17  | 06.19      | +0:32:46 | 0:08:22 / 3843 | 0:14:42 / 3742 | 0:31:59 / 3605 | 0:40:37 / 3602 | 0:46:59 / 3590 |
| 3479     | 6667   | SZALECKI Kamil           | Zielona Góra     | POL       | Falubaz                       | 96      | M20/812 M / 2832   | 01:03:18  | 06.19      | +0:32:46 | 0:07:43 / 3347 | 0:14:38 / 3719 | 0:32:39 / 3729 | 0:40:41 / 3609 | 0:46:46 / 3555 |
| 3480     | 6324   | MATCZAK Marek            | Podolszyn Nowy   | POL       |                               | 72      | M40/512 M / 2833   | 01:03:19  | 06.19      | +0:32:47 | 0:09:03 / 4025 | 0:15:51 / 3994 | 0:33:53 / 3864 | 0:42:41 / 3833 | 0:48:19 / 3714 |
| 3481     | 2669   | GRABOWSKA Katarzyna      | Ostrowiec        | POL       |                               | 80      | K30/287 K / 648    | 01:03:19  | 06.19      | +0:32:47 | 0:07:29 / 3069 | 0:13:32 / 3175 | 0:30:39 / 3367 | 0:39:30 / 3434 | 0:46:02 / 3460 |
| 3482     | 3828   | FRANIEWSKA Małgorzata    | Warszawa         | POL       |                               | 76      | K30/288 K / 649    | 01:03:20  | 06.20      | +0:32:48 | 0:07:40 / 3278 | 0:13:51 / 3370 | 0:30:55 / 3431 | 0:39:40 / 3477 | 0:46:17 / 3502 |
| 3483     | 6420   | JÓŻWICKI Michał          | Radiówek         | POL       | Run Forrest                   | 77      | M30/1244 M / 2834  | 01:03:21  | 06.20      | +0:32:49 | 0:07:46 / 3394 | 0:13:58 / 3454 | 0:30:19 / 3293 | 0:38:52 / 3305 | 0:45:52 / 3430 |
| 3484     | 5616   | MICHALAK Paweł           | Sochaczew        | POL       |                               | 82      | M30/1245 M / 2835  | 01:03:21  | 06.20      | +0:32:49 | 0:07:46 / 3387 | 0:13:55 / 3422 | 0:31:23 / 3516 | 0:41:03 / 3657 | 0:48:21 / 3721 |
| 3485     | 5552   | ŚMIERZYŃSKI Łukasz       | Warszawa         | POL       |                               | 81      | M30/1246 M / 2836  | 01:03:21  | 06.20      | +0:32:49 | 0:07:43 / 3349 | 0:13:49 / 3353 | 0:30:28 / 3326 | 0:39:27 / 3421 | 0:46:11 / 3483 |
| 3486     | 5773   | LIS Jerzy                | Józefów          | POL       |                               | 74      | M30/1247 M / 2837  | 01:03:22  | 06.20      | +0:32:50 | 0:07:22 / 2913 | 0:13:14 / 2964 | 0:30:11 / 3260 | 0:39:13 / 3381 | 0:45:37 / 3380 |
| 3487     | 6445   | KATNER Jolanta           | Warszawa         | POL       | Ręce Pomrocy                  | 80      | K30/289 K / 650    | 01:03:22  | 06.20      | +0:32:50 | 0:06:54 / 2231 | 0:12:42 / 2537 | 0:28:20 / 2649 | 0:36:33 / 2741 | 0:42:56 / 2843 |
| 3488     | 5839   | KUBA Krzysztof           | Legionowo        | POL       |                               | 68      | M40/513 M / 2838   | 01:03:23  | 06.20      | +0:32:51 | 0:07:21 / 2893 | 0:13:18 / 3027 | 0:30:50 / 3415 | 0:40:05 / 3532 | 0:46:47 / 3559 |
| 3489     | 298    | WŁODARSKI Mariusz        | Pruszków         | POL       | Pko                           | 73      | M40/514 M / 2839   | 01:03:23  | 06.20      | +0:32:51 | 0:07:31 / 3127 | 0:13:21 / 3055 | 0:29:47 / 3136 | 0:39:04 / 3342 | 0:45:41 / 3396 |
| 3490     | 218    | MAJCHRZAK Grzegorz       | Warszawa         | POL       | Pko                           | 79      | M30/1248 M / 2840  | 01:03:23  | 06.20      | +0:32:51 | 0:08:16 / 3791 | 0:14:34 / 3688 | 0:31:11 / 3482 | 0:39:36 / 3457 | 0:46:14 / 3496 |
| 3491     | 4212   | MOLEDA Elżbieta          | Gdańsk           | POL       |                               | 85      | K20/257 K / 651    | 01:03:25  | 06.20      | +0:32:53 | 0:08:13 / 3752 | 0:14:30 / 3666 | 0:31:25 / 3525 | 0:39:56 / 3519 | 0:46:21 / 3514 |
| 3492     | 2633   | GAJEWSKA Marta           | Olsztyn          | POL       |                               | 84      | K20/258 K / 652    | 01:03:25  | 06.20      | +0:32:53 | 0:07:06 / 2514 | 0:12:52 / 2681 | 0:30:00 / 3192 | 0:39:16 / 3392 | 0:45:54 / 3435 |
| 3493     | 5794   | CIEŚLIŃSKI Tomasz        | Ząbki            | POL       |                               | 83      | M30/1249 M / 2841  | 01:03:26  | 06.20      | +0:32:54 | 0:07:57 / 3570 | 0:14:28 / 3650 | 0:31:43 / 3573 | 0:40:23 / 3575 | 0:46:49 / 3568 |
| 3494     | 423    | MOSZKOWICZ Eugeniusz     | Warszawa         | POL       | Kondycja                      | 42      | M70/7 M / 2842     | 01:03:27  | 06.20      | +0:32:55 | 0:07:08 / 2569 | 0:13:04 / 2846 | 0:29:36 / 3081 | 0:38:31 / 3230 | 0:45:40 / 3390 |
| 3495     | 5326   | KŁOS Joanna              | Golków           | POL       |                               | 86      | K20/259 K / 653    | 01:03:27  | 06.20      | +0:32:55 | 0:08:03 / 3627 | 0:14:19 / 3609 | 0:32:22 / 3672 | 0:40:48 / 3622 | 0:47:22 / 3618 |
| 3496     | 4088   | PAWEŁCZAK Agata          | Warszawa         | POL       |                               | 84      | K20/260 K / 654    | 01:03:27  | 06.20      | +0:32:55 | 0:08:14 / 3760 | 0:14:35 / 3698 | 0:31:55 / 3594 | 0:40:35 / 3592 | 0:46:45 / 3552 |
| 3497     | 5310   | RUMIN Wiesław            | Warszawa         | POL       |                               | 53      | M60/53 M / 2843    | 01:03:28  | 06.20      | +0:32:56 | 0:07:56 / 3554 | 0:14:27 / 3648 | 0:31:45 / 3581 | 0:40:33 / 3590 | 0:46:45 / 3550 |
| 3498     | 3566   | WOJCIECHOWSKA Małgorzata | Warszawa         | POL       | Team Asa – Biegami Po Zdrowie | 69      | K40/78 K / 655     | 01:03:28  | 06.20      | +0:32:56 | 0:07:36 / 3201 | 0:13:48 / 3338 | 0:30:27 / 3320 | 0:39:13 / 3382 | 0:45:46 / 3415 |
| 3499     | 6590   | ELBANOWSKI Jan           | Warszawa         | POL       |                               | 89      | M20/813 M / 2844   | 01:03:28  | 06.20      | +0:32:57 | 0:07:41 / 3303 | 0:13:37 / 3226 | 0:30:36 / 3354 | 0:39:34 / 3452 | 0:46:10 / 3478 |
| 3500     | 5199   | SZUBA Agnieszka          | Kąty Węgierskie  | POL       | Biegamy W Nieporęcie          | 77      | K30/290 K / 656    | 01:03:29  | 06.20      | +0:32:57 | 0:07:31 / 3120 | 0:13:22 / 3071 | 0:29:52 / 3160 | 0:39:10 / 3363 | 0:45:41 / 3397 |
| 3501     | 5765   | KRÓLIKOWSKI Bartosz      | Warszawa         | POL       |                               | 86      | M20/814 M / 2845   | 01:03:29  | 06.20      | +0:32:57 | 0:07:51 / 3483 | 0:13:43 / 3283 | 0:31:04 / 3462 | 0:40:07 / 3536 | 0:46:27 / 3523 |
| 3502     | 4018   | WINKLER Ewa              | Warszawa         | POL       |                               | 76      | K30/291 K / 657    | 01:03:29  | 06.20      | +0:32:57 | 0:07:06 / 2518 | 0:13:19 / 3035 | 0:30:24 / 3307 | 0:39:10 / 3365 | 0:45:45 / 3413 |
| 3503     | 5198   | BIALCZAK Katarzyna       | Kąty Węgierskie  | POL       | Biegamy W Nieporęcie          | 76      | K30/292 K / 658    | 01:03:29  | 06.20      | +0:32:57 | 0:07:33 / 3159 | 0:13:24 / 3101 | 0:29:56 / 3176 | 0:39:12 / 3372 | 0:45:43 / 3406 |
| 3504     | 4514   | PIĄTEK Włodzimierz       | Warszawa         | POL       |                               | 80      | M30/1250 M / 2846  | 01:03:30  | 06.21      | +0:32:58 | 0:07:57 / 3573 | 0:14:15 / 3575 | 0:31:38 / 3559 | 0:40:32 / 3589 | 0:47:06 / 3593 |
| 3505     | 158    | PIĄTKOWSKI Piotr         | Warszawa         | POL       | Psp Warszawa                  | 70      | M40/515 M / 2847   | 01:03:31  | 06.21      | +0:32:59 | 0:07:15 / 2743 | 0:13:16 / 3000 | 0:29:43 / 3112 | 0:38:59 / 3335 | 0:45:18 / 3321 |
| 3506     | 4429   | BOERNER Małgorzata       | Warszawa         | POL       |                               | 75      | K30/293 K / 659    | 01:03:31  | 06.21      | +0:32:59 | 0:07:18 / 2830 | 0:13:35 / 3205 | 0:30:35 / 3353 | 0:39:28 / 3423 | 0:46:07 / 3473 |
| 3507     | 4831   | SZADKOWSKA Anna          | Warszawa         | POL       |                               | 78      | K30/294 K / 660    | 01:03:32  | 06.21      | +0:33:00 | 0:08:03 / 3623 | 0:14:21 / 3620 | 0:31:39 / 3560 | 0:40:21 / 3569 | 0:46:55 / 3583 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club   | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------|------------------|-----------|---------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3508     | 3055   | MŁOSZ Iza            | Warszawa         | POL       |                           | 72      | K40/79 K / 661     | 01:03:33  | 06.21      | +0:33:01 | 0:07:46 / 3401 | 0:13:52 / 3384 | 0:30:44 / 3391 | 0:39:33 / 3447 | 0:46:12 / 3487 |
| 3509     | 6668   | SZALECKI Krzysztof   | Zielona Góra     | POL       | Sg Wp                     | 66      | M40/516 M / 2848   | 01:03:34  | 06.21      | +0:33:02 | 0:07:43 / 3343 | 0:14:36 / 3711 | 0:32:39 / 3727 | 0:40:40 / 3606 | 0:46:46 / 3554 |
| 3510     | 6959   | KUCZEROWSKA Alicja   | Warszawa         | POL       |                           | 91      | K20/261 K / 662    | 01:03:34  | 06.21      | +0:33:02 | 0:07:51 / 3480 | 0:13:56 / 3425 | 0:30:44 / 3390 | 0:39:13 / 3380 | 0:45:42 / 3399 |
| 3511     | 4319   | FAFARA Grażyna       | Warszawa         | POL       |                           | 55      | K50/19 K / 663     | 01:03:34  | 06.21      | +0:33:03 | 0:07:10 / 2613 | 0:13:05 / 2848 | 0:29:40 / 3100 | 0:38:42 / 3269 | 0:45:26 / 3340 |
| 3512     | 5245   | NOWAKOWSKI Dariusz   | Warszawa         | POL       | Adwokaci                  | 78      | M30/1251 M / 2849  | 01:03:34  | 06.21      | +0:33:03 | 0:07:47 / 3420 | 0:13:59 / 3455 | 0:30:43 / 3387 | 0:39:15 / 3387 | 0:45:51 / 3425 |
| 3513     | 5517   | KAWKA Andrzej        | Warszawa         | POL       | Niezrzeszony              | 56      | M50/176 M / 2850   | 01:03:35  | 06.21      | +0:33:03 | 0:07:53 / 3511 | 0:14:13 / 3554 | 0:31:05 / 3465 | 0:39:46 / 3491 | 0:46:21 / 3512 |
| 3514     | 4484   | SAWRUK Przemysław    | Warszawa         | POL       |                           | 96      | M20/815 M / 2851   | 01:03:35  | 06.21      | +0:33:03 | 0:06:13 / 1090 | 0:11:52 / 1786 | 0:27:58 / 2515 | 0:37:05 / 2883 | 0:44:57 / 3264 |
| 3515     | 5519   | BŁOŃSKI Piotr        | Warszawa         | POL       |                           | 82      | M30/1252 M / 2852  | 01:03:35  | 06.21      | +0:33:04 | 0:07:38 / 3246 | 0:13:41 / 3271 | 0:30:32 / 3344 | 0:39:28 / 3426 | 0:46:19 / 3507 |
| 3516     | 2395   | ANDURA Jolanta       | Sandomierz       | POL       |                           | 75      | K30/295 K / 664    | 01:03:36  | 06.21      | +0:33:04 | 0:07:18 / 2823 | 0:13:22 / 3069 | 0:30:04 / 3222 | 0:39:30 / 3436 | 0:46:12 / 3488 |
| 3517     | 5057   | PAŻ Michał           | Warszawa         | POL       | Adwokaci                  | 78      | M30/1253 M / 2853  | 01:03:36  | 06.21      | +0:33:04 | 0:07:48 / 3425 | 0:14:00 / 3467 | 0:30:44 / 3389 | 0:39:16 / 3391 | 0:45:51 / 3428 |
| 3518     | 5884   | RUPAŁA Marcin        | Warszawa         | POL       |                           | 76      | M30/1254 M / 2854  | 01:03:40  | 06.22      | +0:33:08 | 0:07:49 / 3458 | 0:14:17 / 3585 | 0:31:36 / 3556 | 0:40:46 / 3617 | 0:47:16 / 3606 |
| 3519     | 484    | CICHOCKI Mateusz     | Warszawa         | POL       | Azs                       | 91      | M20/816 M / 2855   | 01:03:40  | 06.22      | +0:33:08 | 0:07:44 / 3362 | 0:14:09 / 3533 | 0:32:28 / 3694 | 0:41:45 / 3736 | 0:48:23 / 3725 |
| 3520     | 5169   | STOLARSKI Paweł      | Jablonna         | POL       |                           | 64      | M40/517 M / 2856   | 01:03:41  | 06.22      | +0:33:09 | 0:08:14 / 3759 | 0:14:28 / 3651 | 0:32:05 / 3623 | 0:41:00 / 3650 | 0:47:11 / 3602 |
| 3521     | 3958   | SOBOCIŃSKI Marek     | Warszawa         | POL       |                           | 62      | M50/177 M / 2857   | 01:03:41  | 06.22      | +0:33:09 | 0:07:56 / 3551 | 0:14:25 / 3639 | 0:31:29 / 3536 | 0:40:17 / 3560 | 0:46:50 / 3573 |
| 3522     | 3957   | SOBOCIŃSKA Tina      | Warszawa         | POL       |                           | 74      | K30/296 K / 665    | 01:03:41  | 06.22      | +0:33:09 | 0:07:57 / 3564 | 0:14:25 / 3642 | 0:31:29 / 3535 | 0:40:17 / 3562 | 0:46:49 / 3570 |
| 3523     | 5424   | TUSZYŃSKI Jarosław   | Milanówek        | POL       |                           | 82      | M30/1255 M / 2858  | 01:03:43  | 06.22      | +0:33:11 | 0:08:32 / 3907 | 0:15:16 / 3919 | 0:33:23 / 3824 | 0:41:57 / 3756 | 0:47:59 / 3683 |
| 3524     | 4683   | KARBOWIAK Marcin     | Warszawa         | POL       |                           | 84      | M20/817 M / 2859   | 01:03:43  | 06.22      | +0:33:11 | 0:06:12 / 1046 | 0:11:39 / 1580 | 0:28:30 / 2695 | 0:37:49 / 3062 | 0:45:04 / 3280 |
| 3525     | 4802   | BOGUCKI Krzysztof    | Warszawa         | POL       |                           | 70      | M40/518 M / 2860   | 01:03:44  | 06.22      | +0:33:12 | 0:08:01 / 3612 | 0:14:42 / 3744 | 0:32:01 / 3614 | 0:40:52 / 3631 | 0:47:11 / 3601 |
| 3526     | 6919   | POGLUD Arkadiusz     | Warszawa         | POL       |                           | 84      | M20/818 M / 2861   | 01:03:45  | 06.22      | +0:33:13 | 0:08:23 / 3850 | 0:14:47 / 3773 | 0:32:19 / 3666 | 0:41:31 / 3705 | 0:47:29 / 3626 |
| 3527     | 5223   | KRYSIAK Kacper       | Warszawa         | POL       | Adwokaci                  | 87      | M20/819 M / 2862   | 01:03:45  | 06.22      | +0:33:13 | 0:07:57 / 3566 | 0:14:20 / 3613 | 0:31:43 / 3574 | 0:40:21 / 3570 | 0:46:45 / 3551 |
| 3528     | 5220   | KOZŁOWSKI Kamil      | Warszawa         | POL       | Adwokaci                  | 88      | M20/820 M / 2863   | 01:03:45  | 06.22      | +0:33:14 | 0:07:14 / 2718 | 0:12:58 / 2761 | 0:30:25 / 3310 | 0:39:44 / 3485 | 0:46:23 / 3517 |
| 3529     | 5672   | KOLCZYŃSKI Piotr     | Warszawa         | POL       |                           | 76      | M30/1256 M / 2864  | 01:03:46  | 06.22      | +0:33:14 | 0:08:03 / 3624 | 0:14:14 / 3564 | 0:31:32 / 3550 | 0:40:23 / 3576 | 0:46:45 / 3549 |
| 3530     | 6878   | CZECHOWSKI Jerzy     | Warszawa-mokotó  | POL       | Mza Warszawa              | 49      | M60/54 M / 2865    | 01:03:46  | 06.22      | +0:33:14 | 0:07:39 / 3261 | 0:13:32 / 3178 | 0:30:02 / 3205 | 0:39:31 / 3439 | 0:45:59 / 3448 |
| 3531     | 5595   | ŚMIETANKA Piotr      | Garwolin         | POL       |                           | 72      | M40/519 M / 2866   | 01:03:47  | 06.22      | +0:33:15 | 0:08:52 / 3989 | 0:15:39 / 3969 | 0:33:10 / 3802 | 0:41:49 / 3743 | 0:48:02 / 3685 |
| 3532     | 6862   | TCHÓRZEWSKI Konrad   | Warszawa         | POL       | Uks Manta Warszawa Włochy | 83      | M30/1257 M / 2867  | 01:03:48  | 06.22      | +0:33:16 | 0:07:47 / 3408 | 0:14:04 / 3498 | 0:30:48 / 3404 | 0:39:26 / 3420 | 0:46:00 / 3452 |
| 3533     | 5671   | KOLCZYŃSKA Zofia     | Warszawa         | POL       |                           | 77      | K30/297 K / 666    | 01:03:48  | 06.22      | +0:33:16 | 0:08:04 / 3640 | 0:14:13 / 3556 | 0:31:33 / 3551 | 0:40:24 / 3577 | 0:46:47 / 3557 |
| 3534     | 6379   | ROLA Małgorzata      | Warszawa         | POL       |                           | 85      | K20/262 K / 667    | 01:03:49  | 06.22      | +0:33:17 | 0:07:55 / 3544 | 0:14:03 / 3492 | 0:31:08 / 3474 | 0:40:10 / 3545 | 0:46:48 / 3562 |
| 3535     | 6348   | PILIPCZUK Edward     | Warszawa         | POL       |                           | 57      | M50/178 M / 2868   | 01:03:49  | 06.22      | +0:33:17 | 0:07:40 / 3284 | 0:13:25 / 3123 | 0:30:25 / 3309 | 0:39:51 / 3507 | 0:46:35 / 3535 |
| 3536     | 3756   | ZEMKE Anna           | Józefosław       | POL       |                           | 79      | K30/298 K / 668    | 01:03:50  | 06.23      | +0:33:18 | 0:07:44 / 3361 | 0:13:55 / 3415 | 0:31:00 / 3447 | 0:40:03 / 3528 | 0:46:42 / 3545 |
| 3537     | 238    | STĘPIEŃ Ola          | Warszawa         | POL       | Pko                       | 84      | K20/263 K / 669    | 01:03:50  | 06.23      | +0:33:18 | 0:07:57 / 3575 | 0:14:26 / 3643 | 0:31:38 / 3558 | 0:40:37 / 3601 | 0:46:48 / 3567 |
| 3538     | 6349   | PILIPCZUK Iwona      | Warszawa         | POL       |                           | 59      | K50/20 K / 670     | 01:03:50  | 06.23      | +0:33:18 | 0:07:47 / 3410 | 0:14:00 / 3474 | 0:31:16 / 3498 | 0:40:12 / 3554 | 0:46:38 / 3541 |
| 3539     | 6542   | HUPERT Marta         | Otwock           | POL       |                           | 77      | K30/299 K / 671    | 01:03:50  | 06.23      | +0:33:18 | 0:07:22 / 2908 | 0:13:23 / 3076 | 0:29:53 / 3165 | 0:39:05 / 3352 | 0:45:47 / 3418 |
| 3540     | 4375   | PACIOREK Marek       | Popowo-letnisko  | POL       | 26 Wog                    | 57      | M50/179 M / 2869   | 01:03:51  | 06.23      | +0:33:19 | 0:07:30 / 3086 | 0:13:30 / 3165 | 0:30:23 / 3305 | 0:39:41 / 3481 | 0:46:13 / 3491 |
| 3541     | 4041   | SOWA Czesław         | Warszawa         | POL       |                           | 59      | M50/180 M / 2870   | 01:03:51  | 06.23      | +0:33:19 | 0:08:06 / 3662 | 0:14:17 / 3587 | 0:31:03 / 3460 | 0:39:52 / 3510 | 0:46:26 / 3521 |
| 3542     | 4780   | WEDDER Monika        | Warszawa         | POL       |                           | 75      | K30/300 K / 672    | 01:03:51  | 06.23      | +0:33:19 | 0:07:30 / 3106 | 0:13:37 / 3222 | 0:30:40 / 3377 | 0:39:38 / 3470 | 0:46:18 / 3505 |
| 3543     | 4857   | GARDZIŃSKI Rajmund   | Ząbki            | POL       |                           | 70      | M40/520 M / 2871   | 01:03:52  | 06.23      | +0:33:20 | 0:07:50 / 3474 | 0:13:52 / 3391 | 0:30:56 / 3435 | 0:39:38 / 3474 | 0:46:00 / 3449 |
| 3544     | 5952   | PETROW Aleksandra    | Zyrardow         | POL       |                           | 84      | K20/264 K / 673    | 01:03:55  | 06.23      | +0:33:23 | 0:08:26 / 3881 | 0:15:00 / 3851 | 0:32:10 / 3642 | 0:41:01 / 3652 | 0:47:22 / 3620 |
| 3545     | 5951   | ZALEWSKA Zuzanna     | Zyrardow         | POL       |                           | 84      | K20/265 K / 674    | 01:03:56  | 06.23      | +0:33:24 | 0:08:27 / 3885 | 0:15:00 / 3847 | 0:32:09 / 3639 | 0:41:00 / 3651 | 0:47:23 / 3621 |
| 3546     | 6477   | JOCHYM-MARUSZCZYK    | Skierniewice     | POL       |                           | 73      | K40/80 K / 675     | 01:03:56  | 06.23      | +0:33:24 | 0:07:59 / 3594 | 0:14:08 / 3528 | 0:31:08 / 3478 | 0:40:08 / 3540 | 0:46:36 / 3536 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB                          | Klasyfikacje Ranks   | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|------------------|-----------|-------------------------|----------------------------------|----------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| Marzena  |        |                         |                  |           |                         |                                  |                      |           |            |          |                |                |                |                |                |
| 3547     | 3165   | PARYS Katarzyna         | Warszawa         |           | POL                     |                                  | 76 K30/301 K / 676   | 01:03:56  | 06.23      | +0:33:24 | 0:07:14 / 2712 | 0:12:59 / 2783 | 0:29:35 / 3073 | 0:38:48 / 3290 | 0:45:29 / 3355 |
| 3548     | 4322   | CZERWIŃSKA Katarzyna    | Warszawa         |           | POL                     | Rbs                              | 84 K20/266 K / 677   | 01:03:57  | 06.23      | +0:33:25 | 0:07:11 / 2631 | 0:12:51 / 2675 | 0:29:28 / 3024 | 0:38:40 / 3262 | 0:45:22 / 3332 |
| 3549     | 6599   | GONCIARZ Marcin         | Warszawa         |           | POL                     |                                  | 74 M30/1258 M / 2872 | 01:03:58  | 06.23      | +0:33:26 | 0:07:51 / 3488 | 0:13:53 / 3396 | 0:30:41 / 3382 | 0:39:32 / 3442 | 0:46:11 / 3479 |
| 3550     | 4840   | BANASZEK Tomasz         | Warszawa         |           | POL                     | Sportgas                         | 75 M30/1259 M / 2873 | 01:03:58  | 06.23      | +0:33:26 | 0:07:32 / 3146 | 0:13:40 / 3257 | 0:30:39 / 3364 | 0:39:41 / 3482 | 0:46:14 / 3494 |
| 3551     | 6263   | HIGERSBERGER Wieslawa   | Warszawa         |           | POL                     |                                  | 60 K50/21 K / 678    | 01:03:59  | 06.23      | +0:33:27 | 0:08:01 / 3614 | 0:14:22 / 3624 | 0:31:22 / 3510 | 0:40:13 / 3555 | 0:46:47 / 3558 |
| 3552     | 3880   | WYBRANIEC-SUPERA Agata  | Warszawa         |           | POL                     |                                  | 79 K30/302 K / 679   | 01:03:59  | 06.23      | +0:33:27 | 0:07:10 / 2626 | 0:12:49 / 2632 | 0:29:33 / 3056 | 0:38:44 / 3279 | 0:45:34 / 3369 |
| 3553     | 4307   | MARKÓW Eliza            | Warszawa         |           | POL                     |                                  | 81 K30/303 K / 680   | 01:04:00  | 06.24      | +0:33:28 | 0:07:56 / 3555 | 0:13:55 / 3411 | 0:31:01 / 3450 | 0:40:12 / 3552 | 0:46:24 / 3519 |
| 3554     | 6797   | JAROSZEK-DRAB Katarzyna | Warszawa         |           | POL                     |                                  | 83 K30/304 K / 681   | 01:04:03  | 06.24      | +0:33:31 | 0:08:30 / 3897 | 0:15:17 / 3922 | 0:33:41 / 3846 | 0:41:53 / 3747 | 0:48:00 / 3684 |
| 3555     | 6698   | DREWNIAK Marcin         | Koczargi Stare   |           | POL                     |                                  | 69 M40/521 M / 2874  | 01:04:05  | 06.24      | +0:33:33 | 0:07:11 / 2650 | 0:12:48 / 2623 | 0:29:55 / 3171 | 0:39:09 / 3362 | 0:45:54 / 3436 |
| 3556     | 3121   | OLEK Agnieszka          | Komorniki        |           | POL                     |                                  | 77 K30/305 K / 682   | 01:04:06  | 06.24      | +0:33:34 | 0:07:22 / 2924 | 0:13:21 / 3056 | 0:30:38 / 3363 | 0:39:32 / 3443 | 0:46:10 / 3477 |
| 3557     | 4233   | WEZDECKI Mikołaj        | Warszawa         |           | POL                     | Euro-net                         | 83 M30/1260 M / 2875 | 01:04:06  | 06.24      | +0:33:34 | 0:07:41 / 3297 | 0:13:39 / 3250 | 0:30:55 / 3432 | 0:39:56 / 3518 | 0:46:18 / 3506 |
| 3558     | 5179   | JASKÓLSKI Michał        | Nowe Żalubice    |           | POL                     |                                  | 79 M30/1261 M / 2876 | 01:04:07  | 06.24      | +0:33:35 | 0:08:19 / 3822 | 0:14:56 / 3821 | 0:32:13 / 3650 | 0:40:50 / 3627 | 0:47:07 / 3595 |
| 3559     | 5178   | JASKÓLSKA Anna          | Nowe Żalubice    |           | POL                     |                                  | 78 K30/306 K / 683   | 01:04:07  | 06.24      | +0:33:35 | 0:08:20 / 3827 | 0:14:57 / 3826 | 0:32:14 / 3652 | 0:40:51 / 3629 | 0:47:08 / 3596 |
| 3560     | 5840   | GAWKOWSKI Wojciech      | Pruszków         |           | POL                     |                                  | 58 M50/181 M / 2877  | 01:04:10  | 06.25      | +0:33:38 | 0:07:30 / 3079 | 0:13:28 / 3148 | 0:30:31 / 3337 | 0:39:44 / 3488 | 0:45:47 / 3416 |
| 3561     | 2688   | GRZESZCZUK Agnieszka    | Warszawa         |           | POL                     |                                  | 71 K40/81 K / 684    | 01:04:11  | 06.25      | +0:33:39 | 0:07:49 / 3449 | 0:14:16 / 3582 | 0:31:37 / 3557 | 0:40:58 / 3644 | 0:47:41 / 3647 |
| 3562     | 5399   | DAHMS Angelika          | Warszawa         |           | POL                     |                                  | 86 K20/267 K / 685   | 01:04:11  | 06.25      | +0:33:39 | 0:08:18 / 3807 | 0:14:39 / 3727 | 0:31:42 / 3569 | 0:40:40 / 3607 | 0:47:17 / 3608 |
| 3563     | 472    | SAWA Paweł              | Warszawa         |           | POL                     | Cross                            | 72 M40/522 M / 2878  | 01:04:12  | 06.25      | +0:33:40 | 0:06:58 / 2329 | 0:12:44 / 2568 | 0:29:57 / 3180 | 0:39:15 / 3388 | 0:45:55 / 3441 |
| 3564     | 2604   | DZIEDZIC Łukasz         | Jablonna         |           | POL                     | Śłużba Zdrowia                   | 80 M30/1262 M / 2879 | 01:04:12  | 06.25      | +0:33:40 | 0:08:12 / 3740 | 0:14:30 / 3667 | 0:31:32 / 3549 | 0:39:58 / 3523 | 0:46:20 / 3511 |
| 3565     | 3328   | SKROBISZ Ewa            | Warszawa         |           | POL                     |                                  | 88 K20/268 K / 686   | 01:04:12  | 06.25      | +0:33:40 | 0:08:36 / 3931 | 0:15:09 / 3894 | 0:32:07 / 3628 | 0:41:11 / 3667 | 0:47:35 / 3638 |
| 3566     | 471    | SAWA Anna               | Warszawa         |           | POL                     | Cross                            | 74 K30/307 K / 687   | 01:04:12  | 06.25      | +0:33:40 | 0:07:00 / 2364 | 0:12:44 / 2570 | 0:29:57 / 3182 | 0:39:15 / 3389 | 0:45:55 / 3440 |
| 3567     | 3705   | LOJEWSKI Krzysztof      | Warszawa         |           | POL                     |                                  | 88 M20/821 M / 2880  | 01:04:12  | 06.25      | +0:33:40 | 0:07:12 / 2674 | 0:13:11 / 2928 | 0:30:05 / 3228 | 0:39:21 / 3409 | 0:46:26 / 3520 |
| 3568     | 6193   | BANIA Anna              | Warszawa         |           | POL                     |                                  | 73 K40/82 K / 688    | 01:04:13  | 06.25      | +0:33:41 | 0:07:56 / 3558 | 0:14:14 / 3561 | 0:31:25 / 3523 | 0:40:09 / 3543 | 0:46:45 / 3553 |
| 3569     | 5414   | WOJNAROWSKI Paweł       | Warszawa         |           | POL                     |                                  | 78 M30/1263 M / 2881 | 01:04:14  | 06.25      | +0:33:42 | 0:07:00 / 2388 | 0:12:41 / 2519 | 0:28:59 / 2864 | 0:38:13 / 3154 | 0:45:22 / 3331 |
| 3570     | 3541   | WILCZEK Julita          | Warszawa         |           | POL                     |                                  | 87 K20/269 K / 689   | 01:04:16  | 06.25      | +0:33:44 | 0:08:47 / 3968 | 0:15:07 / 3883 | 0:31:57 / 3599 | 0:41:00 / 3648 | 0:47:24 / 3622 |
| 3571     | 4406   | LETACHOWICZ Janusz      | Kanie            |           | POL                     |                                  | 55 M50/182 M / 2882  | 01:04:16  | 06.25      | +0:33:44 | 0:07:31 / 3110 | 0:13:37 / 3220 | 0:30:06 / 3234 | 0:38:56 / 3324 | 0:45:41 / 3398 |
| 3572     | 5250   | OSIŃSKI Marcin          | Warszawa         |           | POL                     | Adwokaci                         | 81 M30/1264 M / 2883 | 01:04:16  | 06.25      | +0:33:44 | 0:07:34 / 3170 | 0:13:35 / 3201 | 0:30:13 / 3275 | 0:38:51 / 3298 | 0:45:33 / 3362 |
| 3573     | 6344   | KOŁACZ Krzysztof        | Warszawa         |           | POL                     |                                  | 80 M30/1265 M / 2884 | 01:04:16  | 06.25      | +0:33:44 | 0:07:11 / 2654 | 0:13:02 / 2809 | 0:30:11 / 3263 | 0:39:25 / 3417 | 0:46:20 / 3510 |
| 3574     | 3497   | TYLEWICZ Marta          | Warszawa         |           | POL                     |                                  | 84 K20/270 K / 690   | 01:04:16  | 06.25      | +0:33:44 | 0:07:00 / 2389 | 0:13:03 / 2831 | 0:30:01 / 3196 | 0:39:16 / 3394 | 0:46:12 / 3485 |
| 3575     | 4042   | TADLA Tomasz            | Warszawa         |           | POL                     | Ministerstwo Spraw Zagranicznych | 83 M30/1266 M / 2885 | 01:04:19  | 06.25      | +0:33:47 | 0:07:45 / 3378 | 0:14:15 / 3574 | 0:31:29 / 3537 | 0:40:47 / 3620 | 0:47:26 / 3624 |
| 3576     | 6432   | WIADEREK Piotr          | Warszawa         |           | POL                     |                                  | 85 M20/822 M / 2886  | 01:04:20  | 06.26      | +0:33:48 | 0:07:59 / 3596 | 0:14:15 / 3571 | 0:31:06 / 3467 | 0:40:02 / 3527 | 0:46:33 / 3532 |
| 3577     | 4692   | MORAWSKA Kinga          | Warszawa         |           | POL                     |                                  | 79 K30/308 K / 691   | 01:04:20  | 06.26      | +0:33:48 | 0:08:08 / 3695 | 0:14:22 / 3627 | 0:31:16 / 3499 | 0:40:08 / 3542 | 0:46:46 / 3556 |
| 3578     | 5072   | SKŁADANEK Beata         | Brwinów          |           | POL                     | Adwokaci                         | 87 K20/271 K / 692   | 01:04:20  | 06.26      | +0:33:48 | 0:08:24 / 3866 | 0:14:56 / 3823 | 0:32:25 / 3684 | 0:41:22 / 3690 | 0:47:41 / 3649 |
| 3579     | 4691   | KRASNOŃBESKA Agnieszka  | Warszawa         |           | POL                     |                                  | 71 K40/83 K / 693    | 01:04:21  | 06.26      | +0:33:49 | 0:08:09 / 3708 | 0:14:23 / 3631 | 0:31:16 / 3501 | 0:40:10 / 3547 | 0:46:48 / 3563 |
| 3580     | 5210   | KAŁLAUR Krzysztof       | Warszawa         |           | POL                     | Adwokaci                         | 83 M30/1267 M / 2887 | 01:04:21  | 06.26      | +0:33:49 | 0:07:27 / 3015 | 0:13:23 / 3083 | 0:30:07 / 3239 | 0:39:37 / 3464 | 0:46:28 / 3524 |
| 3581     | 5518   | MAJEWSKA Bogna          | Warszawa         |           | POL                     |                                  | 85 K20/272 K / 694   | 01:04:22  | 06.26      | +0:33:50 | 0:07:11 / 2642 | 0:12:59 / 2776 | 0:30:27 / 3319 | 0:39:48 / 3502 | 0:46:31 / 3530 |
| 3582     | 4996   | SMOLEŃ Monika           | Warszawa         |           | POL                     |                                  | 82 K30/309 K / 695   | 01:04:22  | 06.26      | +0:33:50 | 0:07:52 / 3502 | 0:14:12 / 3550 | 0:31:29 / 3538 | 0:40:20 / 3567 | 0:46:54 / 3578 |
| 3583     | 5100   | WOŹNICA Anna            | Warszawa         |           | POL                     | Adwokaci                         | 85 K20/273 K / 696   | 01:04:22  | 06.26      | +0:33:50 | 0:08:25 / 3872 | 0:14:59 / 3840 | 0:32:27 / 3690 | 0:41:24 / 3693 | 0:47:43 / 3651 |
| 3584     | 6440   | PRYKIEL Radosław        | Raszyn           |           | POL                     |                                  | 85 M20/823 M / 2888  | 01:04:23  | 06.26      | +0:33:51 | 0:07:54 / 3524 | 0:14:03 / 3486 | 0:30:37 / 3358 | 0:38:49 / 3291 | 0:45:44 / 3409 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name       | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|----------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3585     | 5674   | OSTROWSKA Beata            | Nowy Dwór        | POL       |                         | 83      | K30/310 K / 697    | 01:04:24  | 06.26      | +0:33:52 | 0:08:12 / 3742 | 0:14:35 / 3700 | 0:32:14 / 3651 | 0:41:05 / 3661 | 0:47:19 / 3611 |
| 3586     | 5530   | ŚWIĘCICKA Alicja           | Wolica           | POL       | Euro-net                | 83      | K30/311 K / 698    | 01:04:25  | 06.26      | +0:33:53 | 0:07:23 / 2929 | 0:13:23 / 3086 | 0:29:53 / 3163 | 0:38:53 / 3310 | 0:45:34 / 3365 |
| 3587     | 5688   | ŚWIĘCICKI Bartłomiej       | Wolica K.        | POL       |                         | 80      | M30/1268 M / 2889  | 01:04:26  | 06.26      | +0:33:54 | 0:07:24 / 2961 | 0:13:23 / 3094 | 0:29:52 / 3161 | 0:38:52 / 3309 | 0:45:35 / 3376 |
| 3588     | 4234   | RURKA Grzegorz             | Warszawa         | POL       | Anicenta                | 63      | M50/183 M / 2890   | 01:04:26  | 06.26      | +0:33:54 | 0:08:30 / 3898 | 0:15:01 / 3858 | 0:32:12 / 3646 | 0:40:44 / 3615 | 0:47:11 / 3603 |
| 3589     | 5982   | NASALSKA Małgorzata        | Warszawa         | POL       | Pogromcy Niemocy        | 79      | K30/312 K / 699    | 01:04:27  | 06.26      | +0:33:55 | 0:07:42 / 3318 | 0:13:59 / 3456 | 0:31:24 / 3522 | 0:40:54 / 3637 | 0:47:30 / 3628 |
| 3590     | 4335   | RUTKOWSKI Wojciech         | Warszawa         | POL       |                         | 80      | M30/1269 M / 2891  | 01:04:28  | 06.26      | +0:33:56 | 0:07:06 / 2536 | 0:12:58 / 2760 | 0:30:12 / 3270 | 0:39:32 / 3441 | 0:46:22 / 3516 |
| 3591     | 3365   | SROKA Anna                 | Warszawa         | POL       |                         | 89      | K20/274 K / 700    | 01:04:28  | 06.26      | +0:33:56 | 0:07:39 / 3259 | 0:13:21 / 3051 | 0:29:27 / 3020 | 0:38:51 / 3297 | 0:45:58 / 3447 |
| 3592     | 5246   | OBIEDZIŃSKA Marzena        | Warszawa         | POL       | Adwokaci                | 87      | K20/275 K / 701    | 01:04:29  | 06.26      | +0:33:57 | 0:07:29 / 3074 | 0:13:33 / 3188 | 0:30:50 / 3414 | 0:40:04 / 3530 | 0:46:44 / 3548 |
| 3593     | 6856   | ZAWADA Michał              | Warszawa         | POL       | Kb Ergo                 | 84      | M20/824 M / 2892   | 01:04:29  | 06.26      | +0:33:57 | 0:07:39 / 3264 | 0:13:21 / 3052 | 0:29:27 / 3019 | 0:38:51 / 3299 | 0:45:58 / 3446 |
| 3594     | 5534   | OSTASZEWICZ Tomasz         | Warszawa         | POL       |                         | 82      | M30/1270 M / 2893  | 01:04:29  | 06.26      | +0:33:57 | 0:08:39 / 3939 | 0:15:11 / 3899 | 0:33:08 / 3790 | 0:42:11 / 3783 | 0:48:32 / 3742 |
| 3595     | 3783   | CHODKIEWICZ Marek          | Warszawa         | POL       |                         | 52      | M60/55 M / 2894    | 01:04:29  | 06.26      | +0:33:57 | 0:08:10 / 3717 | 0:14:30 / 3668 | 0:32:08 / 3634 | 0:41:00 / 3649 | 0:47:26 / 3625 |
| 3596     | 4328   | MARCZYK Wojciech           | Warszawa         | POL       |                         | 75      | M30/1271 M / 2895  | 01:04:32  | 06.27      | +0:34:00 | 0:07:29 / 3076 | 0:13:11 / 2925 | 0:30:00 / 3193 | 0:38:42 / 3271 | 0:45:21 / 3328 |
| 3597     | 5593   | DUBIELECKI Łukasz          | Wolica           | POL       | Biegamy Z Ochołą        | 78      | M30/1272 M / 2896  | 01:04:33  | 06.27      | +0:34:01 | 0:07:02 / 2437 | 0:12:31 / 2389 | 0:28:56 / 2841 | 0:38:19 / 3182 | 0:45:04 / 3281 |
| 3598     | 5344   | TRZPIL Paweł               | Warszawa         | POL       |                         | 75      | M30/1273 M / 2897  | 01:04:35  | 06.27      | +0:34:03 | 0:08:03 / 3632 | 0:14:35 / 3705 | 0:31:59 / 3604 | 0:40:46 / 3618 | 0:47:30 / 3629 |
| 3599     | 5428   | KOSOWSKI Maciej            | Grodzisk         | POL       | Biegam Dla Ani          | 84      | M20/825 M / 2898   | 01:04:37  | 06.27      | +0:34:05 | 0:07:03 / 2461 | 0:13:07 / 2881 | 0:31:14 / 3493 | 0:40:17 / 3561 | 0:46:54 / 3580 |
| 3600     | 6455   | MICHALAK Wioletta          | Warszawa         | POL       |                         | 65      | K40/84 K / 702     | 01:04:38  | 06.27      | +0:34:06 | 0:08:19 / 3819 | 0:14:58 / 3829 | 0:32:30 / 3697 | 0:41:16 / 3683 | 0:47:44 / 3654 |
| 3601     | 6456   | MICHALAK Mariusz           | Warszawa         | POL       |                         | 64      | M40/523 M / 2899   | 01:04:39  | 06.27      | +0:34:07 | 0:08:20 / 3830 | 0:14:59 / 3835 | 0:32:32 / 3704 | 0:41:17 / 3684 | 0:47:45 / 3659 |
| 3602     | 6912   | ŻYCKA-ZDRODOWSKA Magdalena | Warszawa         | POL       |                         | 77      | K30/313 K / 703    | 01:04:40  | 06.28      | +0:34:08 | 0:08:08 / 3699 | 0:14:39 / 3728 | 0:32:09 / 3640 | 0:41:11 / 3669 | 0:47:40 / 3645 |
| 3603     | 6149   | RUDZIK Janusz              | Warszawa         | POL       |                         | 73      | M40/524 M / 2900   | 01:04:42  | 06.28      | +0:34:10 | 0:07:48 / 3435 | 0:13:56 / 3426 | 0:30:28 / 3327 | 0:39:46 / 3492 | 0:46:35 / 3534 |
| 3604     | 3531   | WIATRÓW Marcin             | Warszawa         | POL       |                         | 77      | M30/1274 M / 2901  | 01:04:44  | 06.28      | +0:34:12 | 0:08:20 / 3826 | 0:14:41 / 3741 | 0:32:16 / 3657 | 0:41:02 / 3656 | 0:47:31 / 3634 |
| 3605     | 5448   | JAROS Magdalena            | Warszawa         | POL       |                         | 71      | K40/85 K / 704     | 01:04:45  | 06.28      | +0:34:13 | 0:08:00 / 3609 | 0:14:22 / 3628 | 0:31:23 / 3515 | 0:40:27 / 3581 | 0:47:22 / 3619 |
| 3606     | 2759   | JEZIORO-BRAŚ Małgorzata    | Kraków           | POL       |                         | 79      | K30/314 K / 705    | 01:04:45  | 06.28      | +0:34:13 | 0:08:33 / 3910 | 0:15:02 / 3863 | 0:32:31 / 3702 | 0:41:15 / 3677 | 0:47:45 / 3658 |
| 3607     | 7000   | GRABOWSKI Tomasz           | Aleksandrów      | POL       | Parakulos               | 74      | M30/1275 M / 2902  | 01:04:46  | 06.28      | +0:34:14 | 0:06:58 / 2320 | 0:12:32 / 2403 | 0:28:58 / 2857 | 0:37:37 / 3028 | 0:44:30 / 3173 |
| 3608     | 3663   | RUTKOWSKI Ryszard          | Pułtusk          | POL       |                         | 65      | M40/525 M / 2903   | 01:04:47  | 06.28      | +0:34:15 | 0:07:01 / 2419 | 0:12:52 / 2690 | 0:30:13 / 3272 | 0:39:33 / 3448 | 0:46:50 / 3572 |
| 3609     | 6935   | PIWOWARCZYK Sławomir       | Warszawa         | POL       |                         | 73      | M40/526 M / 2904   | 01:04:47  | 06.28      | +0:34:15 | 0:07:00 / 2380 | 0:12:55 / 2722 | 0:29:56 / 3174 | 0:39:38 / 3473 | 0:46:12 / 3484 |
| 3610     | 4895   | KUPTEL Magdalena           | Hajnówka         | POL       |                         | 89      | K20/276 K / 706    | 01:04:47  | 06.28      | +0:34:15 | 0:07:43 / 3330 | 0:13:57 / 3439 | 0:31:11 / 3481 | 0:40:12 / 3550 | 0:46:51 / 3576 |
| 3611     | 2731   | JANCZAK Tomasz             | Aleksandrów      | POL       |                         | 73      | M40/527 M / 2905   | 01:04:48  | 06.28      | +0:34:16 | 0:06:59 / 2362 | 0:12:32 / 2407 | 0:29:00 / 2873 | 0:37:37 / 3030 | 0:44:31 / 3176 |
| 3612     | 3181   | PIEKARZ Magdalena          | Warszawa         | POL       |                         | 82      | K30/315 K / 707    | 01:04:48  | 06.28      | +0:34:16 | 0:07:59 / 3597 | 0:14:20 / 3611 | 0:31:44 / 3575 | 0:40:41 / 3610 | 0:47:21 / 3615 |
| 3613     | 6490   | WICHARY Tomasz             | Skierdy          | POL       | Skierdy                 | 74      | M30/1276 M / 2906  | 01:04:49  | 06.28      | +0:34:17 | 0:08:07 / 3675 | 0:14:35 / 3694 | 0:32:28 / 3692 | 0:41:28 / 3697 | 0:48:26 / 3733 |
| 3614     | 6443   | DOBOSIEWICZ Anna           | Warszawa         | POL       |                         | 78      | K30/316 K / 708    | 01:04:49  | 06.28      | +0:34:17 | 0:07:36 / 3213 | 0:13:53 / 3397 | 0:32:06 / 3625 | 0:41:18 / 3686 | 0:47:46 / 3664 |
| 3615     | 4204   | BURCZY Monika              |                  | POL       | Lirene Running Team     | 13      | K / 709            | 01:04:53  | 06.29      | +0:34:21 | 0:07:41 / 3301 | 0:13:47 / 3334 | 0:30:43 / 3386 | 0:40:05 / 3533 | 0:46:48 / 3566 |
| 3616     | 3211   | POLIŃSKA-NADRA Ewelina     | Warszawa         | POL       |                         | 84      | K20/277 K / 710    | 01:04:54  | 06.29      | +0:34:22 | 0:07:45 / 3379 | 0:13:54 / 3409 | 0:30:54 / 3425 | 0:40:12 / 3551 | 0:46:50 / 3575 |
| 3617     | 4819   | JANKOWSKI Krzysztof        | Warszawa         | POL       | Orange Polska           | 70      | M40/528 M / 2907   | 01:04:54  | 06.29      | +0:34:22 | 0:07:15 / 2734 | 0:12:57 / 2753 | 0:30:47 / 3403 | 0:40:15 / 3556 | 0:46:54 / 3579 |
| 3618     | 5163   | SZCZEPANKOWSKI Jerzy       | Pułtusk          | POL       |                         | 58      | M50/184 M / 2908   | 01:04:54  | 06.29      | +0:34:22 | 0:07:27 / 3014 | 0:13:26 / 3126 | 0:30:42 / 3383 | 0:39:55 / 3517 | 0:46:48 / 3561 |
| 3619     | 4500   | ORZECZOWSKA Danuta         | Warszawa         | POL       |                         | 49      | K60/5 K / 711      | 01:04:54  | 06.29      | +0:34:22 | 0:08:49 / 3978 | 0:15:17 / 3923 | 0:32:25 / 3682 | 0:41:15 / 3680 | 0:47:48 / 3668 |
| 3620     | 5658   | TKACZYK Piotr              | Warszawa         | POL       |                         | 79      | M30/1277 M / 2909  | 01:04:55  | 06.29      | +0:34:23 | 0:07:27 / 2998 | 0:13:27 / 3139 | 0:30:41 / 3378 | 0:39:37 / 3466 | 0:46:40 / 3543 |
| 3621     | 4351   | ORZECZOWSKI Mieczysław     | Warszawa         | POL       |                         | 46      | M60/56 M / 2910    | 01:04:55  | 06.29      | +0:34:23 | 0:08:48 / 3977 | 0:15:17 / 3921 | 0:32:23 / 3677 | 0:41:13 / 3672 | 0:47:48 / 3667 |
| 3622     | 3649   | KOWALSKI Jacek             | Radom            | POL       |                         | 67      | M40/529 M / 2911   | 01:04:56  | 06.29      | +0:34:24 | 0:07:53 / 3510 | 0:13:53 / 3400 | 0:31:31 / 3547 | 0:40:29 / 3583 | 0:47:02 / 3592 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club          | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|----------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3623     | 5467   | MARCINIUK Agata       | Siedlce          | POL       | Yulo Run Team                    | 73      | K40/86 K / 712     | 01:04:57  | 06.29      | +0:34:26 | 0:07:42 / 3327 | 0:13:53 / 3401 | 0:30:29 / 3330 | 0:39:33 / 3450 | 0:46:29 / 3526 |
| 3624     | 5335   | OSIAK Robert          | Warszawa         | POL       | Anin Sadul                       | 87      | M20/826 M / 2912   | 01:04:58  | 06.29      | +0:34:26 | 0:07:16 / 2783 | 0:12:53 / 2697 | 0:29:45 / 3123 | 0:39:20 / 3406 | 0:45:48 / 3419 |
| 3625     | 6054   | GAJDA Agnieszka       | Warszawa         | POL       |                                  | 89      | K20/278 K / 713    | 01:04:59  | 06.29      | +0:34:27 | 0:07:11 / 2648 | 0:14:18 / 3597 | 0:31:48 / 3589 | 0:41:00 / 3647 | 0:47:31 / 3631 |
| 3626     | 5463   | KUŻMA Maciej          | Siedlce          | POL       | Yulo Run Team Siedlce            | 73      | M40/530 M / 2913   | 01:05:00  | 06.30      | +0:34:28 | 0:07:44 / 3364 | 0:13:55 / 3418 | 0:30:32 / 3340 | 0:39:35 / 3456 | 0:46:32 / 3531 |
| 3627     | 3292   | RYCYK Anna            | Krasnystaw       | POL       |                                  | 78      | K30/317 K / 714    | 01:05:00  | 06.30      | +0:34:28 | 0:08:26 / 3880 | 0:15:00 / 3846 | 0:32:43 / 3733 | 0:41:49 / 3742 | 0:48:38 / 3750 |
| 3628     | 4225   | BALYS Andrzej         | Krasnystaw       | POL       |                                  | 79      | M30/1278 M / 2914  | 01:05:01  | 06.30      | +0:34:29 | 0:08:28 / 3890 | 0:15:01 / 3855 | 0:32:43 / 3734 | 0:41:50 / 3745 | 0:48:39 / 3752 |
| 3629     | 4311   | CIECIORA Marzena      | Wólka Kosowska   | POL       | Drużyna Szpiku                   | 75      | K30/318 K / 715    | 01:05:04  | 06.30      | +0:34:32 | 0:08:45 / 3954 | 0:15:16 / 3916 | 0:32:55 / 3766 | 0:41:59 / 3761 | 0:48:16 / 3707 |
| 3630     | 4312   | CIECIORA Tomasz       | Warszawa         | POL       | Drużyna Szpiku                   | 69      | M40/531 M / 2915   | 01:05:05  | 06.30      | +0:34:33 | 0:08:46 / 3958 | 0:15:18 / 3925 | 0:32:56 / 3767 | 0:42:00 / 3764 | 0:48:17 / 3710 |
| 3631     | 5330   | DUSZA Renata          | Warszawa         | POL       |                                  | 71      | K40/87 K / 716     | 01:05:06  | 06.30      | +0:34:34 | 0:08:58 / 4008 | 0:15:34 / 3957 | 0:32:48 / 3746 | 0:41:54 / 3749 | 0:48:32 / 3743 |
| 3632     | 5913   | JASTRZĘBSKA Judyta    | Warszawa         | POL       |                                  | 86      | K20/279 K / 717    | 01:05:06  | 06.30      | +0:34:34 | 0:07:16 / 2773 | 0:13:15 / 2989 | 0:30:29 / 3329 | 0:39:53 / 3513 | 0:46:43 / 3546 |
| 3633     | 4107   | GIBKI Michał          | Warszawa         | POL       |                                  | 84      | M20/827 M / 2916   | 01:05:07  | 06.30      | +0:34:35 | 0:08:21 / 3840 | 0:14:45 / 3759 | 0:32:30 / 3699 | 0:41:40 / 3728 | 0:48:21 / 3723 |
| 3634     | 6884   | PADYSZ Marta          | Warszawa         | POL       |                                  | 82      | K30/319 K / 718    | 01:05:09  | 06.30      | +0:34:37 | 0:07:44 / 3360 | 0:13:53 / 3399 | 0:30:57 / 3441 | 0:40:20 / 3566 | 0:47:19 / 3612 |
| 3635     | 5561   | BAK Aneta             | Celestynów       | POL       |                                  | 83      | K30/320 K / 719    | 01:05:09  | 06.30      | +0:34:37 | 0:08:08 / 3690 | 0:14:39 / 3726 | 0:32:01 / 3608 | 0:41:26 / 3695 | 0:48:15 / 3705 |
| 3636     | 6789   | KOSTRZEWSKI Juliusz   | Warszawa         | POL       |                                  | 63      | M50/185 M / 2917   | 01:05:10  | 06.31      | +0:34:38 | 0:07:48 / 3426 | 0:14:13 / 3552 | 0:31:54 / 3593 | 0:40:50 / 3628 | 0:47:31 / 3632 |
| 3637     | 3886   | DĄBROWA Justyna       | Wola Przytkowska | POL       | Lovo                             | 77      | K30/321 K / 720    | 01:05:10  | 06.31      | +0:34:38 | 0:08:26 / 3883 | 0:15:00 / 3849 | 0:33:07 / 3788 | 0:42:09 / 3779 | 0:48:52 / 3771 |
| 3638     | 4885   | PIOTROWSKA Urszula    | Garwolin         | POL       |                                  | 80      | K30/322 K / 721    | 01:05:11  | 06.31      | +0:34:39 | 0:08:10 / 3724 | 0:14:24 / 3633 | 0:31:30 / 3539 | 0:41:10 / 3666 | 0:47:46 / 3665 |
| 3639     | 2715   | INEKSIAK Zbigniew     | Warszawa         | POL       |                                  | 68      | M40/532 M / 2918   | 01:05:12  | 06.31      | +0:34:40 | 0:06:56 / 2263 | 0:12:40 / 2505 | 0:30:05 / 3231 | 0:39:28 / 3425 | 0:46:17 / 3501 |
| 3640     | 6874   | BAĆMAGA Agnieszka     | Warszawa         | POL       | Ubezpieczeniowa                  | 81      | K30/323 K / 722    | 01:05:13  | 06.31      | +0:34:41 | 0:07:48 / 3429 | 0:14:06 / 3512 | 0:30:48 / 3407 | 0:40:07 / 3538 | 0:46:47 / 3560 |
| 3641     | 6026   | SOŃTA Piotr           | Puławy           | POL       | Klub Przyjaciół Piwka i Wódeczki | 85      | M20/828 M / 2919   | 01:05:15  | 06.31      | +0:34:43 | 0:08:01 / 3613 | 0:14:36 / 3708 | 0:32:27 / 3691 | 0:41:43 / 3732 | 0:48:06 / 3692 |
| 3642     | 5858   | LASKA Małgorzata      | Zawichost        | POL       | Zawichost Biega                  | 62      | K50/22 K / 723     | 01:05:16  | 06.31      | +0:34:44 | 0:07:50 / 3467 | 0:13:52 / 3383 | 0:31:14 / 3495 | 0:40:35 / 3597 | 0:47:22 / 3616 |
| 3643     | 5981   | SZCZĘŚNIAK Sylwia     | Warszawa         | POL       |                                  | 81      | K30/324 K / 724    | 01:05:16  | 06.31      | +0:34:44 | 0:08:17 / 3797 | 0:14:46 / 3765 | 0:32:09 / 3637 | 0:40:54 / 3635 | 0:47:41 / 3646 |
| 3644     | 6914   | KWIATKOWSKA Magdalena | Piaseczno        | POL       |                                  | 78      | K30/325 K / 725    | 01:05:16  | 06.31      | +0:34:44 | 0:08:03 / 3635 | 0:14:43 / 3751 | 0:32:54 / 3761 | 0:42:09 / 3778 | 0:48:57 / 3785 |
| 3645     | 4852   | CIESIELKA Monika      | Warszawa         | POL       |                                  | 75      | K30/326 K / 726    | 01:05:18  | 06.31      | +0:34:46 | 0:07:56 / 3548 | 0:14:17 / 3586 | 0:31:08 / 3473 | 0:41:28 / 3698 | 0:47:50 / 3671 |
| 3646     | 4884   | BOGUCKA Aneta         | Łaskarzew        | POL       |                                  | 77      | K30/327 K / 727    | 01:05:18  | 06.31      | +0:34:46 | 0:08:10 / 3726 | 0:14:23 / 3629 | 0:31:29 / 3533 | 0:41:10 / 3663 | 0:47:45 / 3657 |
| 3647     | 6579   | CAŁKA Michał          | Katowice         | POL       | Modest South                     | 85      | M20/829 M / 2920   | 01:05:18  | 06.31      | +0:34:46 | 0:08:35 / 3930 | 0:15:15 / 3914 | 0:33:00 / 3770 | 0:42:04 / 3771 | 0:48:40 / 3753 |
| 3648     | 3735   | ŚLUSARCZYK Marta      | Warszawa         | POL       |                                  | 79      | K30/328 K / 728    | 01:05:19  | 06.31      | +0:34:47 | 0:07:58 / 3582 | 0:14:13 / 3557 | 0:31:47 / 3583 | 0:40:59 / 3646 | 0:47:35 / 3639 |
| 3649     | 6578   | POROWSKA Małgorzata   | Warszawa         | POL       |                                  | 85      | K20/280 K / 729    | 01:05:20  | 06.32      | +0:34:48 | 0:08:36 / 3933 | 0:15:16 / 3918 | 0:33:01 / 3775 | 0:42:05 / 3772 | 0:48:43 / 3759 |
| 3650     | 6818   | ZIENTEK Iwona         | Opole            | POL       | Pzu Sport Team                   | 85      | K20/281 K / 730    | 01:05:20  | 06.32      | +0:34:48 | 0:07:57 / 3580 | 0:14:08 / 3524 | 0:30:36 / 3355 | 0:39:47 / 3496 | 0:46:23 / 3518 |
| 3651     | 5177   | PILITOWSKI Michał     | Warszawa         | POL       | Raiffeisen Polbank               | 86      | M20/830 M / 2921   | 01:05:22  | 06.32      | +0:34:50 | 0:07:20 / 2858 | 0:13:37 / 3231 | 0:31:01 / 3451 | 0:40:41 / 3611 | 0:47:39 / 3642 |
| 3652     | 6755   | CHOJNACKI Mariusz     | Warszawa         | POL       |                                  | 67      | M40/533 M / 2922   | 01:05:23  | 06.32      | +0:34:51 | 0:08:03 / 3625 | 0:14:22 / 3626 | 0:31:52 / 3592 | 0:40:58 / 3645 | 0:47:43 / 3650 |
| 3653     | 4298   | BANY Michał           | Warszawa         | POL       |                                  | 82      | M30/1279 M / 2923  | 01:05:24  | 06.32      | +0:34:52 | 0:06:43 / 1916 | 0:12:19 / 2234 | 0:30:44 / 3392 | 0:39:53 / 3511 | 0:46:48 / 3565 |
| 3654     | 5781   | SAWICKI Filip         | Warszawa         | POL       |                                  | 81      | M30/1280 M / 2924  | 01:05:24  | 06.32      | +0:34:52 | 0:07:42 / 3317 | 0:13:56 / 3432 | 0:31:56 / 3597 | 0:41:15 / 3678 | 0:47:46 / 3661 |
| 3655     | 4726   | WIŃKOWSKA Alicja      | Sochaczew        | POL       | Km Aktywni Sochaczew             | 69      | K40/88 K / 731     | 01:05:25  | 06.32      | +0:34:53 | 0:08:46 / 3959 | 0:15:19 / 3927 | 0:32:59 / 3769 | 0:41:53 / 3746 | 0:48:21 / 3720 |
| 3656     | 4918   | KHODZINSKA Alina      | Raszyn           | POL       | Ks Raszyn                        | 93      | K20/282 K / 732    | 01:05:26  | 06.32      | +0:34:54 | 0:09:00 / 4013 | 0:15:48 / 3986 | 0:33:49 / 3860 | 0:42:38 / 3825 | 0:48:57 / 3784 |
| 3657     | 231    | GLUCH Krzysztof       | Lublin           | POL       | Pko                              | 74      | M30/1281 M / 2925  | 01:05:27  | 06.32      | +0:34:55 | 0:07:41 / 3305 | 0:13:34 / 3192 | 0:30:25 / 3312 | 0:40:05 / 3534 | 0:46:28 / 3525 |
| 3658     | 5446   | OWOC Alicja           | Warszawa         | POL       |                                  | 72      | K40/89 K / 733     | 01:05:27  | 06.32      | +0:34:55 | 0:07:58 / 3584 | 0:14:21 / 3619 | 0:32:08 / 3631 | 0:41:20 / 3688 | 0:47:58 / 3680 |
| 3659     | 6220   | LAMPARSKI Robert      | Warszawa         | POL       |                                  | 71      | M40/534 M / 2926   | 01:05:29  | 06.32      | +0:34:57 | 0:07:55 / 3540 | 0:14:21 / 3616 | 0:32:01 / 3613 | 0:41:13 / 3671 | 0:48:06 / 3689 |
| 3660     | 6514   | RYBAK Bartłomiej      | Warszawa         | POL       |                                  | 64      | M40/535 M / 2927   | 01:05:30  | 06.33      | +0:34:58 | 0:07:32 / 3133 | 0:13:44 / 3295 | 0:31:13 / 3490 | 0:40:37 / 3603 | 0:47:44 / 3655 |
| 3661     | 4955   | BORUCKA Ilona         | Warszawa         | POL       |                                  | 83      | K30/329 K / 734    | 01:05:30  | 06.33      | +0:34:58 | 0:08:32 / 3906 | 0:15:08 / 3885 | 0:32:53 / 3760 | 0:41:30 / 3702 | 0:48:05 / 3686 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name    | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3662     | 4710   | JANEK - CEMBALA Justyna | Warszawa         | POL       |                         | 79      | K30/330 K / 735    | 01:05:31  | 06.33      | +0:34:59 | 0:08:48 / 3975 | 0:15:47 / 3983 | 0:33:47 / 3856 | 0:42:36 / 3819 | 0:48:59 / 3789 |
| 3663     | 711    | BOŻEWICZ Tomasz         | Warszawa         | POL       | Aviva Running Team      | 80      | M30/1282 M / 2928  | 01:05:32  | 06.33      | +0:35:00 | 0:07:17 / 2805 | 0:13:08 / 2897 | 0:29:21 / 2981 | 0:38:28 / 3224 | 0:45:31 / 3357 |
| 3664     | 4729   | ROSIŃSKI Marcin         | Żyrardów         | POL       | Żyr.a.f.a. Żyrardów     | 85      | M20/831 M / 2929   | 01:05:33  | 06.33      | +0:35:01 | 0:08:05 / 3660 | 0:14:29 / 3660 | 0:32:16 / 3659 | 0:41:16 / 3682 | 0:48:10 / 3697 |
| 3665     | 6297   | ZIENTARSKI Piotr        | Warszawa         | POL       |                         | 76      | M30/1283 M / 2930  | 01:05:34  | 06.33      | +0:35:02 | 0:08:59 / 4011 | 0:15:38 / 3967 | 0:33:19 / 3818 | 0:41:59 / 3762 | 0:48:17 / 3711 |
| 3666     | 5111   | SPOCZYŃSKI Michał       |                  | POL       | Play                    | 70      | M40/536 M / 2931   | 01:05:35  | 06.33      | +0:35:03 | 0:07:28 / 3033 | 0:13:20 / 3039 | 0:30:05 / 3230 | 0:39:30 / 3435 | 0:46:15 / 3498 |
| 3667     | 5580   | SUSZKA Grzegorz         | Warszawa         | POL       |                         | 82      | M30/1284 M / 2932  | 01:05:35  | 06.33      | +0:35:03 | 0:07:34 / 3173 | 0:13:45 / 3305 | 0:31:02 / 3454 | 0:40:22 / 3571 | 0:47:21 / 3614 |
| 3668     | 6111   | DAJCZAK Marek           | Warszawa         | POL       |                         | 76      | M30/1285 M / 2933  | 01:05:36  | 06.33      | +0:35:04 | 0:08:13 / 3749 | 0:14:49 / 3786 | 0:33:02 / 3777 | 0:42:23 / 3800 | 0:48:51 / 3769 |
| 3669     | 5300   | GRZESZCZYK Marcin       | Olsztyn          | POL       | Adwokaci                | 87      | M20/832 M / 2934   | 01:05:36  | 06.33      | +0:35:04 | 0:08:18 / 3805 | 0:14:44 / 3756 | 0:30:50 / 3412 | 0:40:12 / 3553 | 0:47:09 / 3598 |
| 3670     | 6687   | SZOKALSKI Kazimierz     | Nowy Prazmów     | POL       | Klub Filipka            | 63      | M50/186 M / 2935   | 01:05:36  | 06.33      | +0:35:04 | 0:09:17 / 4032 | 0:15:50 / 3990 | 0:33:33 / 3832 | 0:42:45 / 3836 | 0:49:06 / 3798 |
| 3671     | 3915   | RECH Andrzej            | Łódź             | POL       | Łódźrunningteam         | 58      | M50/187 M / 2936   | 01:05:37  | 06.33      | +0:35:05 | 0:07:35 / 3194 | 0:13:40 / 3262 | 0:31:28 / 3530 | 0:40:44 / 3613 | 0:47:29 / 3627 |
| 3672     | 6027   | CEGŁOWSKA Monika        | Warszawa         | POL       |                         | 73      | K40/90 K / 736     | 01:05:37  | 06.33      | +0:35:05 | 0:09:00 / 4015 | 0:15:41 / 3974 | 0:33:22 / 3822 | 0:42:02 / 3768 | 0:48:20 / 3717 |
| 3673     | 4870   | MAJEWSKA Magdalena      | Warszawa         | POL       | Fanklub Magdy M         | 82      | K30/331 K / 737    | 01:05:37  | 06.33      | +0:35:05 | 0:08:35 / 3928 | 0:15:07 / 3882 | 0:32:46 / 3741 | 0:41:47 / 3739 | 0:48:24 / 3728 |
| 3674     | 3982   | DYDECKA Magdalena       | Otwock           | POL       | Drukarnia Ellert        | 82      | K30/332 K / 738    | 01:05:38  | 06.33      | +0:35:06 | 0:07:53 / 3515 | 0:14:06 / 3510 | 0:31:27 / 3529 | 0:40:46 / 3619 | 0:47:38 / 3641 |
| 3675     | 6003   | KUBASZEWSKA Anna        | Warszawa         | POL       |                         | 70      | K40/91 K / 739     | 01:05:38  | 06.33      | +0:35:06 | 0:08:46 / 3960 | 0:15:00 / 3845 | 0:33:01 / 3774 | 0:42:51 / 3850 | 0:48:59 / 3788 |
| 3676     | 4871   | PLATEK Tomasz           | Warszawa Wesola  | POL       | Fanklub Magdy M         | 76      | M30/1286 M / 2937  | 01:05:38  | 06.33      | +0:35:06 | 0:08:35 / 3927 | 0:15:08 / 3886 | 0:32:47 / 3744 | 0:41:47 / 3740 | 0:48:25 / 3729 |
| 3677     | 2677   | GROMADZIŃSKI Łukasz     | Łódź             | POL       |                         | 85      | M20/833 M / 2938   | 01:05:39  | 06.33      | +0:35:08 | 0:07:24 / 2946 | 0:13:26 / 3125 | 0:30:24 / 3306 | 0:39:40 / 3476 | 0:46:16 / 3499 |
| 3678     | 4148   | BANASIAK Joanna         | Piastów          | POL       |                         | 76      | K30/333 K / 740    | 01:05:40  | 06.34      | +0:35:08 | 0:08:55 / 4000 | 0:15:32 / 3952 | 0:33:10 / 3798 | 0:42:18 / 3790 | 0:48:43 / 3760 |
| 3679     | 4147   | TOMALA Paweł            | Marki            | POL       |                         | 74      | M30/1287 M / 2939  | 01:05:40  | 06.34      | +0:35:08 | 0:08:56 / 4004 | 0:15:33 / 3956 | 0:33:10 / 3796 | 0:42:19 / 3793 | 0:48:43 / 3758 |
| 3680     | 3992   | BAJUR Anna              | Warszawa         | POL       |                         | 88      | K20/283 K / 741    | 01:05:40  | 06.34      | +0:35:08 | 0:07:12 / 2667 | 0:12:49 / 2646 | 0:28:23 / 2662 | 0:39:58 / 3521 | 0:46:42 / 3544 |
| 3681     | 5801   | GALANTY Paweł           | Warszawa         | POL       |                         | 85      | M20/834 M / 2940   | 01:05:41  | 06.34      | +0:35:09 | 0:06:51 / 2149 | 0:12:19 / 2225 | 0:29:43 / 3116 | 0:39:18 / 3398 | 0:46:48 / 3564 |
| 3682     | 4466   | MARTYNIAK Katarzyna     | Chynów           | POL       |                         | 91      | K20/284 K / 742    | 01:05:41  | 06.34      | +0:35:09 | 0:07:06 / 2540 | 0:12:58 / 2759 | 0:30:39 / 3365 | 0:40:57 / 3643 | 0:47:40 / 3644 |
| 3683     | 5349   | KNAP Ewa                | Warszawa         | POL       | Play                    | 85      | K20/285 K / 743    | 01:05:43  | 06.34      | +0:35:11 | 0:07:57 / 3567 | 0:14:24 / 3636 | 0:32:02 / 3615 | 0:41:33 / 3709 | 0:48:08 / 3695 |
| 3684     | 6511   | CZUPTA Hieronim         | Warszawa         | POL       | Aon Warszawa            | 74      | M30/1288 M / 2941  | 01:05:43  | 06.34      | +0:35:11 | 0:07:22 / 2902 | 0:13:11 / 2935 | 0:29:21 / 2983 | 0:38:29 / 3227 | 0:45:13 / 3303 |
| 3685     | 3872   | KOWALSKI Jacek          | Radom            | POL       |                         | 67      | M40/537 M / 2942   | 01:05:44  | 06.34      | +0:35:13 | 0:07:50 / 3475 | 0:14:07 / 3519 | 0:31:55 / 3595 | 0:41:15 / 3675 | 0:48:06 / 3690 |
| 3686     | 5891   | ŚWIETLIKOWSKA Agnieszka | Warszawa         | POL       |                         | 86      | K20/286 K / 744    | 01:05:45  | 06.34      | +0:35:13 | 0:08:19 / 3821 | 0:14:47 / 3776 | 0:32:23 / 3676 | 0:41:43 / 3731 | 0:47:58 / 3679 |
| 3687     | 3175   | PAWLIK Mariusz          | Pionki           | POL       | 41. Blsz                | 77      | M30/1289 M / 2943  | 01:05:46  | 06.34      | +0:35:14 | 0:07:39 / 3252 | 0:13:57 / 3438 | 0:31:17 / 3502 | 0:40:16 / 3559 | 0:47:10 / 3600 |
| 3688     | 6016   | MACIĄG Tamara           | Pionki           | POL       |                         | 74      | K30/334 K / 745    | 01:05:50  | 06.35      | +0:35:18 | 0:08:09 / 3711 | 0:14:25 / 3637 | 0:32:01 / 3610 | 0:41:15 / 3676 | 0:47:51 / 3672 |
| 3689     | 377    | OLESIŃSKI Bodgan        | Warszawa         | POL       | Dzielnica Mokotów       | 13      | M / 2944           | 01:05:52  | 06.35      | +0:35:20 | 0:07:28 / 3032 | 0:13:15 / 2978 | 0:30:12 / 3265 | 0:40:00 / 3524 | 0:47:08 / 3597 |
| 3690     | 4340   | KANDEFER Anna           | Nowa Iwiczna     | POL       |                         | 78      | K30/335 K / 746    | 01:05:53  | 06.35      | +0:35:21 | 0:08:26 / 3879 | 0:15:00 / 3852 | 0:33:07 / 3786 | 0:42:09 / 3777 | 0:48:52 / 3772 |
| 3691     | 4012   | FINFANDO Ania           | Warszawa         | POL       |                         | 83      | K30/336 K / 747    | 01:05:57  | 06.35      | +0:35:25 | 0:08:33 / 3913 | 0:14:59 / 3838 | 0:33:36 / 3838 | 0:43:02 / 3867 | 0:48:55 / 3777 |
| 3692     | 5980   | NASALSKI Radosław       | Warszawa         | POL       | Pogromcy Niemocy        | 77      | M30/1290 M / 2945  | 01:05:57  | 06.35      | +0:35:25 | 0:07:41 / 3296 | 0:13:57 / 3436 | 0:31:23 / 3517 | 0:40:56 / 3640 | 0:47:34 / 3636 |
| 3693     | 4240   | HASIEC Cezary           | Warszawa         | POL       |                         | 73      | M40/538 M / 2946   | 01:05:58  | 06.35      | +0:35:26 | 0:08:34 / 3922 | 0:14:57 / 3828 | 0:33:37 / 3842 | 0:43:03 / 3868 | 0:48:56 / 3782 |
| 3694     | 6035   | TANJGA Konstancja       | Warszawa         | POL       | 513384822               | 80      | K30/337 K / 748    | 01:05:58  | 06.35      | +0:35:26 | 0:08:28 / 3888 | 0:15:06 / 3877 | 0:33:07 / 3787 | 0:42:51 / 3849 | 0:49:00 / 3790 |
| 3695     | 5021   | KAWECKA Marzena         | Grójec           | POL       |                         | 71      | K40/92 K / 749     | 01:05:58  | 06.35      | +0:35:26 | 0:07:51 / 3478 | 0:14:00 / 3465 | 0:31:39 / 3564 | 0:40:54 / 3638 | 0:47:41 / 3648 |
| 3696     | 5022   | KAWECKI Paweł           | Grójec           | POL       |                         | 72      | M40/539 M / 2947   | 01:06:00  | 06.36      | +0:35:28 | 0:07:53 / 3520 | 0:13:59 / 3462 | 0:31:42 / 3570 | 0:40:56 / 3642 | 0:47:43 / 3652 |
| 3697     | 3234   | PRZYBYŁ Jacek           | Nowy Tomyśl      | POL       | Beer Drinkers Team      | 73      | M40/540 M / 2948   | 01:06:01  | 06.36      | +0:35:29 | 0:07:56 / 3552 | 0:14:07 / 3515 | 0:31:08 / 3476 | 0:40:35 / 3593 | 0:47:46 / 3662 |
| 3698     | 5896   | BOMBOL Małgorzata       | Warszawa         | POL       | -                       | 63      | K50/23 K / 750     | 01:06:01  | 06.36      | +0:35:29 | 0:08:12 / 3736 | 0:14:37 / 3713 | 0:32:04 / 3622 | 0:41:16 / 3681 | 0:48:06 / 3688 |
| 3699     | 6569   | RUTKOWSKI Jerzy         | Płońsk           | POL       | Niezrzeszony            | 68      | M40/541 M / 2949   | 01:06:01  | 06.36      | +0:35:29 | 0:08:16 / 3783 | 0:14:53 / 3808 | 0:32:44 / 3738 | 0:41:54 / 3751 | 0:48:38 / 3751 |
| 3700     | 6100   | SUCHEŃSKI Janusz        | Oleśnica         | POL       |                         | 44      | M60/57 M / 2950    | 01:06:02  | 06.36      | +0:35:30 | 0:07:59 / 3595 | 0:14:32 / 3679 | 0:32:11 / 3644 | 0:41:18 / 3687 | 0:47:45 / 3660 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name           | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club  | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------------|------------------|-----------|--------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3701     | 4133   | LESZCZUK Grzegorz              | Warszawa         | POL       |                          | 77 M30/1291 | M / 2951           | 01:06:02  | 06.36      | +0:35:30 | 0:08:42 / 3949 | 0:15:37 / 3963 | 0:33:47 / 3857 | 0:42:46 / 3838 | 0:49:36 / 3831 |
| 3702     | 6716   | RABIŃSKI Marcin                | Chylice          | POL       |                          | 84 M20/835  | M / 2952           | 01:06:03  | 06.36      | +0:35:31 | 0:07:49 / 3451 | 0:14:18 / 3591 | 0:31:47 / 3585 | 0:40:52 / 3633 | 0:47:49 / 3669 |
| 3703     | 4116   | SADOWSKI Artur                 | Warszawa         | POL       |                          | 78 M30/1292 | M / 2953           | 01:06:04  | 06.36      | +0:35:32 | 0:08:42 / 3951 | 0:15:38 / 3964 | 0:34:51 / 3925 | 0:44:20 / 3935 | 0:50:55 / 3899 |
| 3704     | 4796   | PAZIO Tomasz                   | Warszawa         | POL       | Benefit                  | 86 M20/836  | M / 2954           | 01:06:04  | 06.36      | +0:35:32 | 0:07:52 / 3496 | 0:14:30 / 3670 | 0:32:25 / 3683 | 0:41:38 / 3723 | 0:48:11 / 3698 |
| 3705     | 5416   | GRABOWSKA Anna                 | Warszawa         | POL       |                          | 79 K30/338  | K / 751            | 01:06:04  | 06.36      | +0:35:33 | 0:07:43 / 3336 | 0:13:42 / 3277 | 0:30:23 / 3303 | 0:41:11 / 3668 | 0:47:53 / 3674 |
| 3706     | 5415   | FETKE Fabiana                  | Toruń            | POL       |                          | 74 K30/339  | K / 752            | 01:06:05  | 06.36      | +0:35:33 | 0:07:42 / 3325 | 0:13:42 / 3276 | 0:30:22 / 3302 | 0:41:11 / 3670 | 0:47:53 / 3675 |
| 3707     | 4092   | MAJEWSKA Marlena               | Warszawa         | POL       |                          | 87 K20/287  | K / 753            | 01:06:06  | 06.36      | +0:35:34 | 0:08:36 / 3932 | 0:15:27 / 3940 | 0:33:36 / 3841 | 0:42:38 / 3822 | 0:49:19 / 3814 |
| 3708     | 2526   | CHUDZIK Tomasz                 | Warszawa         | POL       | T-mobile Running Team    | 74 M30/1293 | M / 2955           | 01:06:06  | 06.36      | +0:35:34 | 0:07:53 / 3514 | 0:14:10 / 3540 | 0:31:43 / 3572 | 0:40:38 / 3604 | 0:47:44 / 3653 |
| 3709     | 5837   | ŚLĘZAK Paweł                   | Ryki             | POL       | Biegusiem.pl             | 86 M20/837  | M / 2956           | 01:06:06  | 06.36      | +0:35:34 | 0:07:16 / 2785 | 0:13:15 / 2977 | 0:30:57 / 3440 | 0:40:35 / 3598 | 0:47:31 / 3633 |
| 3710     | 4062   | KRZYŻANOWSKA Anna              | Warszawa         | POL       |                          | 73 K40/93   | K / 754            | 01:06:06  | 06.36      | +0:35:34 | 0:08:36 / 3935 | 0:15:28 / 3943 | 0:33:36 / 3840 | 0:42:38 / 3823 | 0:49:21 / 3819 |
| 3711     | 5997   | TLUSTOCHOWICZ Jakub            | Warszawa         | POL       |                          | 87 M20/838  | M / 2957           | 01:06:06  | 06.36      | +0:35:34 | 0:08:12 / 3743 | 0:14:42 / 3748 | 0:32:34 / 3712 | 0:41:35 / 3716 | 0:48:14 / 3703 |
| 3712     | 5296   | GÓRNA Katarzyna                | Warszawa         | POL       | Adwokaci                 | 87 K20/288  | K / 755            | 01:06:10  | 06.37      | +0:35:38 | 0:08:03 / 3630 | 0:14:28 / 3653 | 0:31:58 / 3601 | 0:41:15 / 3679 | 0:48:06 / 3691 |
| 3713     | 6422   | PROTASIUK Mariusz              | Wiązowna         | POL       | 63 Dni Chwały I Walki    | 80 M30/1294 | M / 2958           | 01:06:10  | 06.37      | +0:35:38 | 0:07:20 / 2866 | 0:13:18 / 3020 | 0:30:40 / 3373 | 0:41:04 / 3660 | 0:47:51 / 3673 |
| 3714     | 3303   | SANKOWSKI Lukasz               | Piaseczno        | POL       | Asap24                   | 86 M20/839  | M / 2959           | 01:06:11  | 06.37      | +0:35:39 | 0:08:24 / 3859 | 0:15:04 / 3866 | 0:32:33 / 3707 | 0:41:32 / 3706 | 0:48:19 / 3713 |
| 3715     | 3849   | GRADOWSKI Krzysztof            | Warszawa         | POL       | Biegamy Z Ochotą         | 80 M30/1295 | M / 2960           | 01:06:11  | 06.37      | +0:35:39 | 0:08:23 / 3849 | 0:15:01 / 3860 | 0:32:28 / 3695 | 0:41:27 / 3696 | 0:48:13 / 3701 |
| 3716     | 6237   | GROCHOWSKA Joanna              | Warszawa         | POL       | Biegamy Z Ochotą         | 64 K40/94   | K / 756            | 01:06:12  | 06.37      | +0:35:40 | 0:08:22 / 3842 | 0:15:05 / 3872 | 0:32:32 / 3706 | 0:41:28 / 3699 | 0:48:15 / 3706 |
| 3717     | 6598   | JESIONOWSKA Marta              | Warszawa         | POL       |                          | 82 K30/340  | K / 757            | 01:06:12  | 06.37      | +0:35:40 | 0:07:51 / 3484 | 0:14:25 / 3638 | 0:32:23 / 3674 | 0:41:25 / 3694 | 0:48:12 / 3699 |
| 3718     | 12     | OLSZEWSKA Katarzyna bernadetta | Warszawa         | POL       | Dzielnica Praga Południe | 80 K30/341  | K / 758            | 01:06:12  | 06.37      | +0:35:40 | 0:08:24 / 3861 | 0:15:05 / 3871 | 0:32:35 / 3716 | 0:41:33 / 3710 | 0:48:21 / 3719 |
| 3719     | 5093   | TRYSTULA Tomasz                | Warszawa         | POL       | Adwokaci                 | 86 M20/840  | M / 2961           | 01:06:13  | 06.37      | +0:35:41 | 0:07:28 / 3031 | 0:13:37 / 3223 | 0:31:08 / 3475 | 0:40:27 / 3580 | 0:47:17 / 3607 |
| 3720     | 11     | SZOSTAKOWSKI Jaroslaw          |                  | POL       |                          | 65 M40/542  | M / 2962           | 01:06:14  | 06.37      | +0:35:42 | 0:08:24 / 3860 | 0:15:05 / 3873 | 0:32:35 / 3718 | 0:41:33 / 3711 | 0:48:21 / 3722 |
| 3721     | 6565   | SOKULSKI Paweł                 | Radzymin         | POL       |                          | 77 M30/1296 | M / 2963           | 01:06:15  | 06.37      | +0:35:43 | 0:07:30 / 3096 | 0:13:39 / 3247 | 0:30:08 / 3244 | 0:40:22 / 3572 | 0:47:11 / 3604 |
| 3722     | 4950   | ŚWIAŃEK Urszula                | Warszawa         | POL       |                          | 80 K30/342  | K / 759            | 01:06:15  | 06.37      | +0:35:43 | 0:08:00 / 3605 | 0:14:37 / 3715 | 0:32:44 / 3737 | 0:42:05 / 3773 | 0:48:45 / 3763 |
| 3723     | 5232   | MAJCHRZAK Małgorzata           | Chylice-kolonia  | POL       |                          | 78 K30/343  | K / 760            | 01:06:15  | 06.37      | +0:35:43 | 0:08:29 / 3893 | 0:15:13 / 3908 | 0:33:02 / 3779 | 0:42:02 / 3767 | 0:48:55 / 3780 |
| 3724     | 5676   | GRABEK Olga                    | Warszawa         | POL       |                          | 80 K30/344  | K / 761            | 01:06:16  | 06.37      | +0:35:44 | 0:08:58 / 4009 | 0:15:35 / 3961 | 0:33:14 / 3809 | 0:42:31 / 3809 | 0:49:05 / 3795 |
| 3725     | 5620   | GRABEK Grzegorz                | Warszawa         | POL       |                          | 79 M30/1297 | M / 2964           | 01:06:16  | 06.37      | +0:35:44 | 0:08:59 / 4010 | 0:15:34 / 3959 | 0:33:14 / 3808 | 0:42:31 / 3808 | 0:49:05 / 3794 |
| 3726     | 2541   | CZAJKA Magdalena               | Warszawa         | POL       | Dziuniek Run             | 84 K20/289  | K / 762            | 01:06:16  | 06.37      | +0:35:45 | 0:07:25 / 2975 | 0:13:18 / 3018 | 0:31:34 / 3553 | 0:41:03 / 3658 | 0:47:53 / 3676 |
| 3727     | 5312   | KOZIEJA Grzegorz               | Warszawa         | POL       |                          | 81 M30/1298 | M / 2965           | 01:06:17  | 06.37      | +0:35:45 | 0:08:08 / 3696 | 0:14:50 / 3793 | 0:33:10 / 3800 | 0:42:16 / 3788 | 0:49:04 / 3793 |
| 3728     | 4877   | BIEŃCZYK Agnieszka magda       | Sochaczew        | POL       |                          | 74 K30/345  | K / 763            | 01:06:18  | 06.37      | +0:35:46 | 0:08:16 / 3782 | 0:14:51 / 3799 | 0:32:34 / 3713 | 0:41:38 / 3724 | 0:48:28 / 3735 |
| 3729     | 470    | GROSZKOWSKI Marek              | Warszawa         | POL       | Cross Warszawa           | 74 M30/1299 | M / 2966           | 01:06:19  | 06.37      | +0:35:47 | 0:07:42 / 3319 | 0:13:49 / 3350 | 0:31:18 / 3503 | 0:40:30 / 3586 | 0:47:18 / 3609 |
| 3730     | 3667   | MADEŃSKI Hubert                | Gnaty Lewiski    | POL       | Lider Winnica            | 96 M20/841  | M / 2967           | 01:06:20  | 06.38      | +0:35:48 | 0:08:09 / 3709 | 0:14:45 / 3763 | 0:33:08 / 3792 | 0:43:06 / 3870 | 0:49:20 / 3816 |
| 3731     | 4844   | WOSKOWICZ Oda                  | Warszawa         | POL       |                          | 85 K20/290  | K / 764            | 01:06:20  | 06.38      | +0:35:48 | 0:08:11 / 3731 | 0:14:38 / 3725 | 0:32:01 / 3609 | 0:41:34 / 3715 | 0:48:23 / 3727 |
| 3732     | 3231   | PRYCIŃSKI Piotr                | Warszawa         | POL       |                          | 83 M30/1300 | M / 2968           | 01:06:21  | 06.38      | +0:35:49 | 0:08:24 / 3865 | 0:15:01 / 3857 | 0:33:22 / 3823 | 0:42:24 / 3801 | 0:49:12 / 3808 |
| 3733     | 5612   | OLIKOWSKA Marta                | Nowy Dwór        | POL       |                          | 76 K30/346  | K / 765            | 01:06:21  | 06.38      | +0:35:49 | 0:08:05 / 3652 | 0:15:01 / 3856 | 0:32:25 / 3686 | 0:41:45 / 3733 | 0:48:28 / 3736 |
| 3734     | 6428   | STAWISKA Agnieszka             | Ciechanów        | POL       | Niezrzeszona             | 72 K40/95   | K / 766            | 01:06:21  | 06.38      | +0:35:49 | 0:08:23 / 3856 | 0:14:58 / 3831 | 0:32:36 / 3720 | 0:42:07 / 3776 | 0:48:52 / 3770 |
| 3735     | 4876   | WRZESIŃSKI Marcin              | Sochaczew        | POL       |                          | 75 M30/1301 | M / 2969           | 01:06:21  | 06.38      | +0:35:49 | 0:08:18 / 3812 | 0:14:54 / 3816 | 0:32:37 / 3723 | 0:41:59 / 3760 | 0:48:30 / 3740 |
| 3736     | 4452   | LESZKA Anna                    | Warszawa         | POL       |                          | 88 K20/291  | K / 767            | 01:06:21  | 06.38      | +0:35:49 | 0:08:10 / 3722 | 0:14:38 / 3720 | 0:32:00 / 3606 | 0:41:33 / 3712 | 0:48:23 / 3726 |
| 3737     | 5615   | BARBARA Roman                  | Łomianki         | POL       |                          | 67 M40/543  | M / 2970           | 01:06:22  | 06.38      | +0:35:50 | 0:08:05 / 3651 | 0:15:00 / 3854 | 0:32:25 / 3685 | 0:41:45 / 3734 | 0:48:29 / 3739 |
| 3738     | 6380   | STAWISKI Robert                | Ciechanów        | POL       | Niezrzeszony             | 72 M40/544  | M / 2971           | 01:06:24  | 06.38      | +0:35:52 | 0:08:26 / 3878 | 0:14:59 / 3836 | 0:32:39 / 3726 | 0:42:09 / 3780 | 0:48:52 / 3773 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3739     | 4688   | URBAŃSKA Izabela         | Warszawa         | POL       | Sportbiznes.pl          | 74      | K30/347 K / 768    | 01:06:25  | 06.38      | +0:35:53 | 0:08:47 / 3965 | 0:15:41 / 3975 | 0:33:48 / 3858 | 0:43:00 / 3863 | 0:49:45 / 3840 |
| 3740     | 5371   | KALSKA Stella            | Warszawa         | POL       |                         | 77      | K30/348 K / 769    | 01:06:26  | 06.38      | +0:35:54 | 0:07:21 / 2897 | 0:13:39 / 3241 | 0:31:06 / 3469 | 0:40:15 / 3557 | 0:47:09 / 3599 |
| 3741     | 5134   | SITOWSKA Agnieszka       | Wilcza Góra      | POL       |                         | 74      | K30/349 K / 770    | 01:06:27  | 06.38      | +0:35:55 | 0:07:54 / 3526 | 0:14:13 / 3560 | 0:32:14 / 3653 | 0:41:34 / 3713 | 0:48:26 / 3732 |
| 3742     | 6622   | MADEJEK Jacek            | Kraśnik          | POL       | Zabiegani Po Uszy       | 80      | M30/1302 M / 2972  | 01:06:28  | 06.38      | +0:35:56 | 0:06:57 / 2284 | 0:12:31 / 2392 | 0:31:06 / 3471 | 0:41:10 / 3664 | 0:48:07 / 3693 |
| 3743     | 5135   | SITOWSKI Paweł           | Wilcza Góra      | POL       |                         | 70      | M40/545 M / 2973   | 01:06:28  | 06.38      | +0:35:56 | 0:07:53 / 3517 | 0:14:14 / 3562 | 0:32:15 / 3656 | 0:41:34 / 3714 | 0:48:26 / 3730 |
| 3744     | 6273   | BAJER Amy                | Warszawa         | POL       |                         | 82      | K30/350 K / 771    | 01:06:29  | 06.38      | +0:35:57 | 0:07:45 / 3374 | 0:13:57 / 3437 | 0:32:13 / 3648 | 0:41:28 / 3700 | 0:48:17 / 3709 |
| 3745     | 4937   | KOPERSKI Mariusz         | Józefów          | POL       |                         | 76      | M30/1303 M / 2974  | 01:06:29  | 06.38      | +0:35:57 | 0:06:33 / 1617 | 0:12:07 / 2049 | 0:29:18 / 2963 | 0:39:16 / 3395 | 0:46:05 / 3467 |
| 3746     | 6722   | PUCER Krystyna           | Terespol         | POL       |                         | 59      | K50/24 K / 772     | 01:06:29  | 06.38      | +0:35:57 | 0:08:00 / 3602 | 0:14:18 / 3594 | 0:31:40 / 3566 | 0:41:10 / 3665 | 0:47:58 / 3681 |
| 3747     | 4575   | MALICKI Piotr            | Warszawa         | POL       | Thang                   | 93      | M20/842 M / 2975   | 01:06:30  | 06.39      | +0:35:59 | 0:08:16 / 3794 | 0:15:33 / 3955 | 0:33:24 / 3825 | 0:42:35 / 3817 | 0:48:58 / 3786 |
| 3748     | 4217   | SZCZUKA Marek            | Warszawa         | POL       |                         | 64      | M40/546 M / 2976   | 01:06:32  | 06.39      | +0:36:00 | 0:08:09 / 3704 | 0:14:15 / 3568 | 0:31:39 / 3563 | 0:40:52 / 3632 | 0:47:47 / 3666 |
| 3749     | 4611   | BRZEZIŃSKA Katarzyna     | Warszawa         | POL       |                         | 79      | K30/351 K / 773    | 01:06:34  | 06.39      | +0:36:02 | 0:08:13 / 3753 | 0:14:45 / 3760 | 0:33:08 / 3791 | 0:42:18 / 3792 | 0:49:13 / 3809 |
| 3750     | 4841   | MANOWIECKA Renata        | Warszawa         | POL       | Sportgas                | 75      | K30/352 K / 774    | 01:06:35  | 06.39      | +0:36:03 | 0:08:56 / 4002 | 0:15:42 / 3977 | 0:33:07 / 3789 | 0:42:12 / 3785 | 0:48:46 / 3765 |
| 3751     | 4236   | WALCZAK-WOJTKOWSKA Iwona | Warszawa         | POL       |                         | 60      | K50/25 K / 775     | 01:06:36  | 06.39      | +0:36:04 | 0:08:25 / 3869 | 0:14:49 / 3788 | 0:32:38 / 3724 | 0:41:46 / 3738 | 0:48:19 / 3715 |
| 3752     | 426    | FIDO Jerzy               | Marki            | POL       | Cross                   | 39      | M70/8 M / 2977     | 01:06:37  | 06.39      | +0:36:05 | 0:08:24 / 3864 | 0:14:42 / 3745 | 0:32:34 / 3711 | 0:41:55 / 3752 | 0:48:26 / 3731 |
| 3753     | 3988   | GWIZDALSKA Iwonna        | Warszawa         | POL       |                         | 63      | K50/26 K / 776     | 01:06:38  | 06.39      | +0:36:06 | 0:08:08 / 3692 | 0:14:11 / 3542 | 0:31:56 / 3596 | 0:41:30 / 3703 | 0:48:14 / 3704 |
| 3754     | 3034   | MAZIAKOWSKI Krzysztof    | Opole            | POL       |                         | 69      | M40/547 M / 2978   | 01:06:39  | 06.39      | +0:36:07 | 0:08:07 / 3678 | 0:14:36 / 3710 | 0:32:24 / 3681 | 0:41:35 / 3717 | 0:48:55 / 3779 |
| 3755     | 4499   | WALENDZIK Małgorzata     | Legionowo        | POL       | Kb Pimar                | 57      | K50/27 K / 777     | 01:06:40  | 06.40      | +0:36:08 | 0:07:53 / 3519 | 0:14:22 / 3625 | 0:32:12 / 3647 | 0:41:32 / 3707 | 0:48:13 / 3702 |
| 3756     | 4061   | SOŁOCH Paweł             | Warszawa         | POL       |                         | 62      | M50/188 M / 2979   | 01:06:40  | 06.40      | +0:36:08 | 0:08:01 / 3615 | 0:14:26 / 3645 | 0:32:20 / 3668 | 0:41:29 / 3701 | 0:48:12 / 3700 |
| 3757     | 4620   | KURYŁO Jędrzej           | Koszalin         | POL       | Pandapuchar             | 83      | M30/1304 M / 2980  | 01:06:41  | 06.40      | +0:36:09 | 0:08:10 / 3727 | 0:14:16 / 3577 | 0:31:39 / 3561 | 0:41:33 / 3708 | 0:48:40 / 3754 |
| 3758     | 6845   | OPALIŃSKA Anna           | Warszawa         | POL       | Axa Running Team        | 82      | K30/353 K / 778    | 01:06:41  | 06.40      | +0:36:09 | 0:08:21 / 3837 | 0:15:11 / 3902 | 0:33:42 / 3848 | 0:42:57 / 3857 | 0:49:28 / 3825 |
| 3759     | 184    | KOŁODZIEJCZYK Aneta      | Piaseczno        | POL       | Pzła                    | 82      | K30/354 K / 779    | 01:06:41  | 06.40      | +0:36:09 | 0:08:20 / 3835 | 0:14:58 / 3834 | 0:32:52 / 3756 | 0:42:22 / 3797 | 0:49:22 / 3821 |
| 3760     | 6631   | KONDRACKI Maciej         | Sochaczew        | POL       |                         | 82      | M30/1305 M / 2981  | 01:06:42  | 06.40      | +0:36:10 | 0:07:43 / 3352 | 0:13:52 / 3395 | 0:31:22 / 3512 | 0:41:01 / 3653 | 0:48:19 / 3716 |
| 3761     | 6076   | KOSTRZEWSKA Monika       | Konstantynów     | POL       | Accelerate              | 82      | K30/355 K / 780    | 01:06:43  | 06.40      | +0:36:11 | 0:07:38 / 3233 | 0:13:44 / 3296 | 0:31:11 / 3484 | 0:40:35 / 3594 | 0:47:36 / 3640 |
| 3762     | 5804   | KWIECIEŃ Jacek           | Marki            | POL       |                         | 57      | M50/189 M / 2982   | 01:06:43  | 06.40      | +0:36:11 | 0:08:41 / 3946 | 0:15:13 / 3909 | 0:33:17 / 3813 | 0:42:27 / 3804 | 0:49:06 / 3799 |
| 3763     | 6960   | KUCZEROWSKA Anna         | Warszawa         | POL       |                         | 66      | K40/96 K / 781     | 01:06:43  | 06.40      | +0:36:11 | 0:07:52 / 3501 | 0:13:58 / 3452 | 0:30:56 / 3434 | 0:40:05 / 3535 | 0:46:59 / 3588 |
| 3764     | 3400   | SUMLIŃSKA Katarzyna      | Warszawa         | POL       | Skandia Running Team    | 84      | K20/292 K / 782    | 01:06:44  | 06.40      | +0:36:12 | 0:08:04 / 3641 | 0:14:31 / 3672 | 0:32:19 / 3665 | 0:41:37 / 3722 | 0:48:21 / 3718 |
| 3765     | 4621   | STERNIK Magdalena        | Warszawa         | POL       | Pandapuchar             | 84      | K20/293 K / 783    | 01:06:44  | 06.40      | +0:36:12 | 0:08:14 / 3763 | 0:14:20 / 3610 | 0:31:41 / 3567 | 0:41:37 / 3721 | 0:48:44 / 3761 |
| 3766     | 5319   | GOSPODAREK Katarzyna     | Warszawa         | POL       |                         | 92      | K20/294 K / 784    | 01:06:48  | 06.40      | +0:36:16 | 0:09:05 / 4029 | 0:15:55 / 4000 | 0:34:15 / 3890 | 0:43:17 / 3879 | 0:49:50 / 3846 |
| 3767     | 6252   | LUBAŃSKI Adam            | Warszawa         | POL       |                         | 85      | M20/843 M / 2983   | 01:06:51  | 06.41      | +0:36:19 | 0:08:28 / 3891 | 0:14:53 / 3813 | 0:32:26 / 3688 | 0:41:40 / 3727 | 0:48:37 / 3745 |
| 3768     | 5006   | ROZUM Karolina           | Pruszków         | POL       |                         | 83      | K30/356 K / 785    | 01:06:52  | 06.41      | +0:36:20 | 0:08:29 / 3894 | 0:14:55 / 3819 | 0:32:27 / 3689 | 0:41:42 / 3730 | 0:48:38 / 3748 |
| 3769     | 6992   | BARTOSIŃSKI Adam         | Warszawa         | POL       |                         | 80      | M30/1306 M / 2984  | 01:06:53  | 06.41      | +0:36:21 | 0:08:48 / 3971 | 0:15:52 / 3995 | 0:34:08 / 3881 | 0:43:04 / 3869 | 0:49:52 / 3847 |
| 3770     | 5363   | MAROSZEK Krzysztof       | Warszawa         | POL       |                         | 65      | M40/548 M / 2985   | 01:06:54  | 06.41      | +0:36:22 | 0:07:51 / 3486 | 0:13:54 / 3405 | 0:31:25 / 3524 | 0:40:51 / 3630 | 0:47:53 / 3677 |
| 3771     | 3706   | PRUS Piotr               | Warszawa         | POL       |                         | 69      | M40/549 M / 2986   | 01:06:54  | 06.41      | +0:36:22 | 0:08:17 / 3802 | 0:14:51 / 3802 | 0:32:51 / 3753 | 0:41:56 / 3755 | 0:48:37 / 3746 |
| 3772     | 6582   | MAKARUK Rafał            | Sulejówek        | POL       |                         | 69      | M40/550 M / 2987   | 01:06:55  | 06.41      | +0:36:23 | 0:07:58 / 3588 | 0:14:12 / 3545 | 0:31:44 / 3576 | 0:41:49 / 3741 | 0:48:42 / 3756 |
| 3773     | 6245   | BIERNACKI Rafał          | Warszawa         | POL       |                         | 85      | M20/844 M / 2988   | 01:06:56  | 06.41      | +0:36:24 | 0:08:15 / 3781 | 0:15:16 / 3920 | 0:34:02 / 3875 | 0:43:11 / 3873 | 0:50:01 / 3857 |
| 3774     | 6953   | KĘDZIOR Magdalena        | Warszawa         | POL       |                         | 84      | K20/295 K / 786    | 01:06:57  | 06.41      | +0:36:25 | 0:08:16 / 3789 | 0:14:50 / 3789 | 0:32:42 / 3732 | 0:41:40 / 3726 | 0:48:31 / 3741 |
| 3775     | 6223   | JESIOTR Karolina         | Warszawa         | POL       | Aks Polonia             | 87      | K20/296 K / 787    | 01:06:57  | 06.41      | +0:36:25 | 0:08:05 / 3649 | 0:14:38 / 3723 | 0:32:28 / 3693 | 0:41:45 / 3735 | 0:48:47 / 3768 |
| 3776     | 6939   | HOLEWIŃSKI Szymon        | Warszawa         | POL       |                         | 96      | M20/845 M / 2989   | 01:06:57  | 06.41      | +0:36:25 | 0:07:56 / 3550 | 0:14:18 / 3599 | 0:32:37 / 3722 | 0:42:03 / 3770 | 0:49:06 / 3796 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name         | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club  | R-k YoB     | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------------|------------------|-----------|--------------------------|-------------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3777     | 5934   | SCHEFFS Waldemar             | Ząbki            | POL       | Aon                      | 62 M50/190  | M / 2990           | 01:06:58  | 06.41      | +0:36:26 | 0:07:41 / 3289 | 0:13:37 / 3228 | 0:30:31 / 3339 | 0:40:20 / 3568 | 0:47:21 / 3613 |
| 3778     | 6481   | SKONIECZNY Mateusz           | Warszawa         | POL       |                          | 75 M30/1307 | M / 2991           | 01:06:58  | 06.41      | +0:36:27 | 0:08:18 / 3814 | 0:14:37 / 3714 | 0:32:18 / 3661 | 0:41:36 / 3719 | 0:48:18 / 3712 |
| 3779     | 421    | BUCHOLC Jerzy                | Warszawa         | POL       | Activesports             | 33 M80/1    | M / 2992           | 01:06:59  | 06.41      | +0:36:27 | 0:08:34 / 3917 | 0:15:05 / 3874 | 0:33:09 / 3793 | 0:42:29 / 3805 | 0:49:10 / 3804 |
| 3780     | 3496   | TWARDOWSKI Robert            | Radom            | POL       | 42. Blsz                 | 59 M50/191  | M / 2993           | 01:07:01  | 06.42      | +0:36:29 | 0:08:06 / 3672 | 0:14:31 / 3674 | 0:32:34 / 3710 | 0:41:55 / 3753 | 0:48:45 / 3762 |
| 3781     | 5147   | CHYLICKI Tomasz marian       | Radom            | POL       | Biegiem Radom            | 58 M50/192  | M / 2994           | 01:07:03  | 06.42      | +0:36:31 | 0:08:06 / 3673 | 0:14:32 / 3678 | 0:32:33 / 3708 | 0:41:55 / 3754 | 0:48:46 / 3764 |
| 3782     | 5275   | CWALINA-KOWALEWSKA Agnieszka | Gdańsk           | POL       | Adwokaci                 | 81 K30/357  | K / 788            | 01:07:05  | 06.42      | +0:36:33 | 0:09:06 / 4030 | 0:15:41 / 3973 | 0:33:17 / 3814 | 0:42:32 / 3811 | 0:49:20 / 3815 |
| 3783     | 4626   | MALICKI Tomasz               | Warszawa         | POL       | Thang                    | 62 M50/193  | M / 2995           | 01:07:05  | 06.42      | +0:36:34 | 0:07:16 / 2763 | 0:13:11 / 2924 | 0:31:08 / 3477 | 0:40:54 / 3636 | 0:48:08 / 3694 |
| 3784     | 5304   | FOKS Anna                    | Warszawa         | POL       |                          | 87 K20/297  | K / 789            | 01:07:06  | 06.42      | +0:36:34 | 0:07:57 / 3572 | 0:14:26 / 3644 | 0:32:09 / 3638 | 0:41:36 / 3718 | 0:48:36 / 3744 |
| 3785     | 4216   | RAPACKA Joanna               | Warszawa         | POL       |                          | 76 K30/358  | K / 790            | 01:07:07  | 06.42      | +0:36:35 | 0:08:17 / 3801 | 0:14:57 / 3827 | 0:33:11 / 3803 | 0:42:35 / 3818 | 0:49:28 / 3823 |
| 3786     | 3519   | WARDAK Ewa                   | Pruszków         | POL       | Adecco                   | 76 K30/359  | K / 791            | 01:07:10  | 06.43      | +0:36:38 | 0:08:19 / 3815 | 0:14:58 / 3833 | 0:33:13 / 3806 | 0:42:38 / 3821 | 0:49:29 / 3826 |
| 3787     | 6173   | ZAWADZKA Magdalena           | Warszawa         | POL       | Bractwo Biegowe Bgk      | 81 K30/360  | K / 792            | 01:07:14  | 06.43      | +0:36:42 | 0:07:59 / 3598 | 0:14:40 / 3732 | 0:32:54 / 3762 | 0:42:10 / 3781 | 0:49:07 / 3800 |
| 3788     | 4261   | KUBAT Bartosz                | Warszawa         | POL       | Fc Skaryszak             | 84 M20/846  | M / 2996           | 01:07:16  | 06.43      | +0:36:44 | 0:08:34 / 3920 | 0:14:49 / 3784 | 0:32:50 / 3751 | 0:42:03 / 3769 | 0:48:58 / 3787 |
| 3789     | 5546   | JAWORSKI Marek               | Warszawa         | POL       |                          | 85 M20/847  | M / 2997           | 01:07:18  | 06.43      | +0:36:46 | 0:07:47 / 3409 | 0:13:46 / 3314 | 0:31:05 / 3466 | 0:40:44 / 3614 | 0:47:53 / 3678 |
| 3790     | 5453   | WYSOCKA Edyta                | Garwolin         | POL       | Indywidualnie            | 67 K40/97   | K / 793            | 01:07:21  | 06.44      | +0:36:49 | 0:07:24 / 2941 | 0:13:50 / 3363 | 0:32:11 / 3645 | 0:42:00 / 3765 | 0:48:55 / 3778 |
| 3791     | 3662   | STAWICKA Jadwiga             | Konstancin -     | POL       | Park Zdrojowy Konstancin | 52 K60/6    | K / 794            | 01:07:22  | 06.44      | +0:36:50 | 0:08:17 / 3803 | 0:14:55 / 3818 | 0:33:06 / 3784 | 0:42:25 / 3802 | 0:49:16 / 3812 |
| 3792     | 2592   | DREWA Paweł                  | Świecie          | POL       |                          | 81 M30/1308 | M / 2998           | 01:07:23  | 06.44      | +0:36:51 | 0:08:54 / 3991 | 0:15:42 / 3976 | 0:34:12 / 3887 | 0:43:22 / 3882 | 0:50:13 / 3875 |
| 3793     | 5898   | GÓRSKA Jola                  | Julianów         | POL       |                          | 74 K30/361  | K / 795            | 01:07:23  | 06.44      | +0:36:51 | 0:07:27 / 3016 | 0:13:33 / 3183 | 0:31:35 / 3554 | 0:40:52 / 3634 | 0:47:50 / 3670 |
| 3794     | 5361   | MISIUK Małgorzata            | Frombork         | POL       |                          | 65 K40/98   | K / 796            | 01:07:24  | 06.44      | +0:36:52 | 0:08:15 / 3780 | 0:14:35 / 3693 | 0:33:10 / 3801 | 0:42:33 / 3815 | 0:48:57 / 3783 |
| 3795     | 6967   | WASIELEWSKI Jarosław         | Warszawa         | POL       |                          | 68 M40/551  | M / 2999           | 01:07:24  | 06.44      | +0:36:52 | 0:08:42 / 3950 | 0:15:22 / 3931 | 0:33:20 / 3819 | 0:42:45 / 3835 | 0:49:38 / 3832 |
| 3796     | 6529   | BOCZEK Marian                | Skarżysko-       | POL       |                          | 52 M60/58   | M / 3000           | 01:07:24  | 06.44      | +0:36:52 | 0:07:51 / 3487 | 0:14:15 / 3573 | 0:32:35 / 3715 | 0:42:14 / 3787 | 0:48:53 / 3775 |
| 3797     | 6078   | CIERESZKO Błażej             | Warszawa         | POL       |                          | 92 M20/848  | M / 3001           | 01:07:25  | 06.44      | +0:36:53 | 0:07:12 / 2670 | 0:13:08 / 2887 | 0:33:22 / 3820 | 0:43:28 / 3886 | 0:49:38 / 3833 |
| 3798     | 5482   | NAPIÓRKOWSKI Ireneusz        | Warszawa         | POL       |                          | 64 M40/552  | M / 3002           | 01:07:26  | 06.44      | +0:36:54 | 0:07:58 / 3586 | 0:14:20 / 3614 | 0:31:42 / 3568 | 0:41:17 / 3685 | 0:47:59 / 3682 |
| 3799     | 3430   | SZMIDT Przemysław            | Kielce           | POL       |                          | 79 M30/1309 | M / 3003           | 01:07:26  | 06.44      | +0:36:54 | 0:08:12 / 3744 | 0:14:58 / 3830 | 0:34:01 / 3872 | 0:43:38 / 3897 | 0:50:27 / 3878 |
| 3800     | 5856   | GLINKA - ROSTKOWSKI Mateusz  | Warszawa         | POL       |                          | 88 M20/849  | M / 3004           | 01:07:27  | 06.44      | +0:36:55 | 0:07:12 / 2669 | 0:13:08 / 2890 | 0:33:22 / 3821 | 0:43:29 / 3888 | 0:49:38 / 3834 |
| 3801     | 5133   | MUCHOWSKI Zbigniew           | Wilcza Góra      | POL       |                          | 79 M30/1310 | M / 3005           | 01:07:27  | 06.44      | +0:36:55 | 0:07:46 / 3388 | 0:13:49 / 3347 | 0:31:24 / 3520 | 0:41:39 / 3725 | 0:48:46 / 3766 |
| 3802     | 5165   | IGIELSKI Bartosz             | Warszawa         | POL       |                          | 80 M30/1311 | M / 3006           | 01:07:27  | 06.44      | +0:36:55 | 0:08:24 / 3867 | 0:14:38 / 3724 | 0:33:35 / 3837 | 0:42:47 / 3843 | 0:49:48 / 3842 |
| 3803     | 3956   | WOLIŃSKI Rafał               | Pruszków         | POL       | Mmf                      | 73 M40/553  | M / 3007           | 01:07:28  | 06.44      | +0:36:56 | 0:08:15 / 3771 | 0:14:24 / 3635 | 0:32:14 / 3654 | 0:41:50 / 3744 | 0:48:38 / 3747 |
| 3804     | 5360   | JANEWICZ Małgorzata          | Frombork         | POL       |                          | 70 K40/99   | K / 797            | 01:07:29  | 06.44      | +0:36:57 | 0:08:16 / 3786 | 0:14:35 / 3701 | 0:32:24 / 3680 | 0:41:57 / 3758 | 0:48:54 / 3776 |
| 3805     | 5432   | BOROWIECKA Justyna           | Warszawa         | POL       |                          | 88 K20/298  | K / 798            | 01:07:30  | 06.45      | +0:36:58 | 0:08:04 / 3644 | 0:14:35 / 3696 | 0:33:04 / 3780 | 0:42:57 / 3853 | 0:49:49 / 3843 |
| 3806     | 6500   | ORZECHOWSKI Daniel           | Warszawa         | POL       | 12tri.pl                 | 82 M30/1312 | M / 3008           | 01:07:33  | 06.45      | +0:37:01 | 0:08:15 / 3778 | 0:14:56 / 3824 | 0:32:49 / 3750 | 0:42:20 / 3794 | 0:49:07 / 3801 |
| 3807     | 123    | SKWIROWSKI Piotr             | Warszawa         | POL       | Agora                    | 66 M40/554  | M / 3009           | 01:07:35  | 06.45      | +0:37:03 | 0:06:38 / 1757 | 0:12:30 / 2372 | 0:29:25 / 3005 | 0:39:12 / 3376 | 0:46:34 / 3533 |
| 3808     | 6402   | KRYSIK Karolina              | Warszawa         | POL       | 12tri.pl                 | 79 K30/362  | K / 799            | 01:07:35  | 06.45      | +0:37:03 | 0:08:17 / 3800 | 0:14:58 / 3832 | 0:32:52 / 3754 | 0:42:22 / 3796 | 0:49:09 / 3803 |
| 3809     | 6938   | HOLEWIŃSKI Paweł             | Warszawa         | POL       |                          | 64 M40/555  | M / 3010           | 01:07:35  | 06.45      | +0:37:03 | 0:07:58 / 3583 | 0:14:21 / 3615 | 0:32:39 / 3728 | 0:42:07 / 3775 | 0:49:08 / 3802 |
| 3810     | 5777   | SOWIŃSKA Agnieszka           | Warszawa         | POL       |                          | 74 K30/363  | K / 800            | 01:07:38  | 06.45      | +0:37:06 | 0:08:11 / 3734 | 0:14:40 / 3735 | 0:32:52 / 3755 | 0:42:32 / 3812 | 0:49:20 / 3817 |
| 3811     | 5141   | JÓZEFOWICZ Justyna           | Nowa Iwiczna     | POL       |                          | 74 K30/364  | K / 801            | 01:07:38  | 06.45      | +0:37:06 | 0:07:56 / 3561 | 0:14:15 / 3572 | 0:32:15 / 3655 | 0:41:59 / 3763 | 0:49:11 / 3805 |
| 3812     | 3830   | IWASZKO Dorota               | Warszawa         | POL       |                          | 75 K30/365  | K / 802            | 01:07:41  | 06.46      | +0:37:09 | 0:08:15 / 3775 | 0:15:11 / 3903 | 0:33:33 / 3833 | 0:42:44 / 3834 | 0:49:45 / 3841 |
| 3813     | 6913   | ZDRODOWSKI Krzysztof         | Warszawa         | POL       |                          | 70 M40/556  | M / 3011           | 01:07:44  | 06.46      | +0:37:12 | 0:07:24 / 2955 | 0:13:17 / 3014 | 0:32:07 / 3630 | 0:42:18 / 3791 | 0:49:06 / 3797 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name          | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club       | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-------------------------------|------------------|-----------|-------------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3814     | 6790   | TYMIENIECKI Marcin            | Warszawa         | POL       |                               | 83      | M30/1313 M / 3012  | 01:07:45  | 06.46      | +0:37:13 | 0:07:00 / 2376 | 0:12:36 / 2462 | 0:31:24 / 3518 | 0:40:48 / 3624 | 0:47:39 / 3643 |
| 3815     | 163    | KWIATKOWSKI Marcin            | Warszawa         | POL       | Psp Warszawa                  | 75      | M30/1314 M / 3013  | 01:07:48  | 06.46      | +0:37:16 | 0:07:17 / 2792 | 0:13:13 / 2951 | 0:31:34 / 3552 | 0:41:42 / 3729 | 0:48:28 / 3737 |
| 3816     | 3431   | SZMITKO Jaroslaw              | Łomża            | POL       |                               | 68      | M40/557 M / 3014   | 01:07:52  | 06.47      | +0:37:20 | 0:08:15 / 3777 | 0:14:49 / 3783 | 0:32:31 / 3700 | 0:42:13 / 3786 | 0:49:12 / 3807 |
| 3817     | 6843   | LENZ Marek                    | Warszawa         | POL       | Axa Running Team              | 75      | M30/1315 M / 3015  | 01:07:52  | 06.47      | +0:37:20 | 0:07:27 / 3007 | 0:13:06 / 2858 | 0:30:23 / 3304 | 0:40:04 / 3529 | 0:47:32 / 3635 |
| 3818     | 5171   | ACHREMCIZYK Katarzyna         | Warszawa         | POL       |                               | 83      | K30/366 K / 803    | 01:07:53  | 06.47      | +0:37:21 | 0:08:20 / 3834 | 0:14:48 / 3781 | 0:33:10 / 3799 | 0:42:32 / 3814 | 0:49:28 / 3824 |
| 3819     | 3443   | SZUMSKI Bohdan maciej         | Łomża            | POL       |                               | 60      | M50/194 M / 3016   | 01:07:53  | 06.47      | +0:37:21 | 0:08:17 / 3796 | 0:14:50 / 3794 | 0:32:32 / 3705 | 0:42:16 / 3789 | 0:49:15 / 3811 |
| 3820     | 5959   | SOFIŃSKA Agata                | Warszawa         | POL       |                               | 87      | K20/299 K / 804    | 01:07:54  | 06.47      | +0:37:22 | 0:08:01 / 3619 | 0:14:35 / 3702 | 0:33:43 / 3850 | 0:43:13 / 3875 | 0:50:03 / 3859 |
| 3821     | 2892   | KRASOWSKA Danuta              | Kędzierzyn-koźle | POL       |                               | 63      | K50/28 K / 805     | 01:07:54  | 06.47      | +0:37:22 | 0:08:18 / 3811 | 0:14:51 / 3800 | 0:32:34 / 3714 | 0:42:11 / 3784 | 0:49:14 / 3810 |
| 3822     | 4434   | CZERSKI Piotr                 | Warszawa         | POL       |                               | 81      | M30/1316 M / 3017  | 01:07:54  | 06.47      | +0:37:22 | 0:08:05 / 3658 | 0:14:51 / 3796 | 0:35:12 / 3944 | 0:44:20 / 3934 | 0:51:08 / 3913 |
| 3823     | 4432   | CZERSKA Malwina               | Warszawa         | POL       |                               | 85      | K20/300 K / 806    | 01:07:54  | 06.47      | +0:37:22 | 0:08:06 / 3671 | 0:14:53 / 3810 | 0:35:12 / 3945 | 0:44:21 / 3939 | 0:51:11 / 3916 |
| 3824     | 4052   | JASTRZĘBSKI Maciej            | Działdowo        | POL       |                               | 86      | M20/850 M / 3018   | 01:07:54  | 06.47      | +0:37:22 | 0:08:01 / 3617 | 0:14:35 / 3703 | 0:33:43 / 3852 | 0:43:12 / 3874 | 0:50:02 / 3858 |
| 3825     | 6574   | ABRAMSKI Tomasz               | Warszawa         | POL       |                               | 83      | M30/1317 M / 3019  | 01:07:54  | 06.47      | +0:37:22 | 0:07:34 / 3164 | 0:13:55 / 3412 | 0:31:31 / 3546 | 0:41:07 / 3662 | 0:48:21 / 3724 |
| 3826     | 6230   | MIESZKOWSKI Dariusz           | Warszawa         | POL       |                               | 61      | M50/195 M / 3020   | 01:07:55  | 06.47      | +0:37:23 | 0:08:22 / 3845 | 0:14:46 / 3766 | 0:32:06 / 3626 | 0:41:24 / 3692 | 0:48:38 / 3749 |
| 3827     | 4326   | ŻUCHOWSKI Paweł               | Józefów          | POL       |                               | 78      | M30/1318 M / 3021  | 01:07:59  | 06.47      | +0:37:27 | 0:07:54 / 3531 | 0:14:20 / 3612 | 0:32:13 / 3649 | 0:41:46 / 3737 | 0:48:47 / 3767 |
| 3828     | 2893   | KRAWCZYK Beata                | Warszawa         | POL       |                               | 77      | K30/367 K / 807    | 01:08:00  | 06.48      | +0:37:28 | 0:08:18 / 3804 | 0:14:54 / 3815 | 0:33:32 / 3831 | 0:43:09 / 3872 | 0:49:52 / 3848 |
| 3829     | 6681   | ADAMCZYK Dariusz              | Ciechanów        | POL       |                               | 71      | M40/558 M / 3022   | 01:08:00  | 06.48      | +0:37:28 | 0:09:19 / 4033 | 0:16:28 / 4028 | 0:35:02 / 3940 | 0:44:23 / 3940 | 0:51:17 / 3926 |
| 3830     | 5362   | KĘDZIERSKA Barbara            | Frombork         | POL       |                               | 61      | K50/29 K / 808     | 01:08:00  | 06.48      | +0:37:28 | 0:08:14 / 3767 | 0:14:34 / 3690 | 0:32:21 / 3670 | 0:41:58 / 3759 | 0:48:52 / 3774 |
| 3831     | 4341   | CZARKOWSKA Anna               | Warszawa         | POL       |                               | 82      | K30/368 K / 809    | 01:08:00  | 06.48      | +0:37:28 | 0:07:48 / 3428 | 0:14:06 / 3513 | 0:32:49 / 3748 | 0:42:52 / 3851 | 0:49:19 / 3813 |
| 3832     | 6505   | WICHROWSKI Radek              | Warszawa         | POL       |                               | 81      | M30/1319 M / 3023  | 01:08:07  | 06.48      | +0:37:35 | 0:08:28 / 3892 | 0:15:07 / 3879 | 0:33:11 / 3804 | 0:42:39 / 3828 | 0:49:39 / 3836 |
| 3833     | 6824   | WIĘCKOWSKI Michał             | Warszawa         | POL       | Pzu Sport Team                | 76      | M30/1320 M / 3024  | 01:08:08  | 06.48      | +0:37:36 | 0:07:40 / 3265 | 0:13:39 / 3245 | 0:32:30 / 3698 | 0:42:01 / 3766 | 0:48:56 / 3781 |
| 3834     | 4604   | STROJNOWSKA Małgorzata        | Pruszków         | POL       |                               | 85      | K20/301 K / 810    | 01:08:08  | 06.48      | +0:37:36 | 0:07:53 / 3508 | 0:14:19 / 3604 | 0:33:13 / 3805 | 0:42:47 / 3841 | 0:49:44 / 3839 |
| 3835     | 5943   | TOMASZEWSKA Zofia             | Warszawa         | POL       |                               | 83      | K30/369 K / 811    | 01:08:08  | 06.48      | +0:37:36 | 0:08:24 / 3868 | 0:15:05 / 3870 | 0:33:05 / 3782 | 0:42:46 / 3837 | 0:50:07 / 3867 |
| 3836     | 3942   | KALICIŃSKI Dominik            | Konstancin -     | POL       |                               | 78      | M30/1321 M / 3025  | 01:08:08  | 06.48      | +0:37:36 | 0:07:31 / 3116 | 0:13:51 / 3381 | 0:32:52 / 3757 | 0:43:15 / 3877 | 0:50:35 / 3887 |
| 3837     | 2618   | FOT Iwona                     | Kowale           | POL       | Team Asa – Biegami Po Zdrowie | 78      | K30/370 K / 812    | 01:08:09  | 06.48      | +0:37:37 | 0:08:04 / 3642 | 0:14:28 / 3654 | 0:32:09 / 3636 | 0:41:54 / 3750 | 0:48:41 / 3755 |
| 3838     | 5266   | BRONKOWSKA Karolina           | Bilcza           | POL       | Adwokaci                      | 87      | K20/302 K / 813    | 01:08:09  | 06.48      | +0:37:37 | 0:07:58 / 3585 | 0:14:39 / 3729 | 0:33:34 / 3834 | 0:43:24 / 3883 | 0:50:10 / 3870 |
| 3839     | 3564   | WŁUDYGA Katarzyna             | Warszawa         | POL       |                               | 86      | K20/303 K / 814    | 01:08:10  | 06.49      | +0:37:38 | 0:08:18 / 3809 | 0:14:45 / 3762 | 0:32:47 / 3743 | 0:42:49 / 3846 | 0:49:56 / 3852 |
| 3840     | 6577   | HRANKOWSKA Martyna            | Warszawa         | POL       |                               | 90      | K20/304 K / 815    | 01:08:10  | 06.49      | +0:37:38 | 0:08:21 / 3838 | 0:14:59 / 3843 | 0:33:05 / 3783 | 0:42:23 / 3799 | 0:49:31 / 3829 |
| 3841     | 6882   | MARTYNKIEN Ewa                | Warszawa         | POL       |                               | 71      | K40/100 K / 816    | 01:08:12  | 06.49      | +0:37:40 | 0:08:31 / 3902 | 0:15:18 / 3924 | 0:33:34 / 3835 | 0:42:51 / 3848 | 0:49:53 / 3849 |
| 3842     | 3447   | SZWICHTENBERG Aldona          | Wieźyca          | POL       |                               | 75      | K30/371 K / 817    | 01:08:15  | 06.49      | +0:37:43 | 0:08:11 / 3733 | 0:14:48 / 3779 | 0:32:43 / 3735 | 0:42:21 / 3795 | 0:49:32 / 3830 |
| 3843     | 3724   | JARCO Aleksandra              | Podkowa Leśna    | POL       | Ptb                           | 88      | K20/305 K / 818    | 01:08:17  | 06.49      | +0:37:45 | 0:08:41 / 3944 | 0:15:25 / 3937 | 0:33:14 / 3810 | 0:42:32 / 3810 | 0:49:42 / 3838 |
| 3844     | 6781   | JAKUBISIAK Paweł              | Warszawa         | POL       |                               | 59      | M50/196 M / 3026   | 01:08:18  | 06.49      | +0:37:46 | 0:08:55 / 3997 | 0:16:01 / 4011 | 0:34:55 / 3932 | 0:44:32 / 3952 | 0:51:26 / 3936 |
| 3845     | 6756   | ŻURAWSKA-KAROLCZAK Małgorzata | Warszawa         | POL       |                               | 52      | K60/7 K / 819      | 01:08:21  | 06.50      | +0:37:49 | 0:08:22 / 3841 | 0:14:50 / 3792 | 0:33:02 / 3776 | 0:42:39 / 3827 | 0:49:27 / 3822 |
| 3846     | 4464   | ROZBICKI Artur                | Kobyłka          | POL       |                               | 79      | M30/1322 M / 3027  | 01:08:23  | 06.50      | +0:37:51 | 0:07:42 / 3321 | 0:14:18 / 3600 | 0:32:48 / 3747 | 0:42:37 / 3820 | 0:50:01 / 3856 |
| 3847     | 6685   | KOSEWICZ Agnieszka            | Warszawa         | POL       |                               | 75      | K30/372 K / 820    | 01:08:27  | 06.50      | +0:37:55 | 0:08:51 / 3984 | 0:15:42 / 3979 | 0:35:00 / 3937 | 0:45:08 / 3978 | 0:51:36 / 3943 |
| 3848     | 3983   | KĘDZIERSKI Paweł              | Warszawa         | POL       | Prezes Paweł                  | 57      | M50/197 M / 3028   | 01:08:35  | 06.51      | +0:38:03 | 0:08:48 / 3974 | 0:15:39 / 3971 | 0:36:13 / 3968 | 0:45:12 / 3979 | 0:51:34 / 3941 |
| 3849     | 5406   | ŻMUDZKA Agnieszka             | Warszawa         | POL       |                               | 73      | K40/101 K / 821    | 01:08:36  | 06.51      | +0:38:04 | 0:08:14 / 3756 | 0:14:35 / 3699 | 0:33:15 / 3811 | 0:42:56 / 3852 | 0:50:04 / 3860 |
| 3850     | 6976   | KWIATKOWSKA Martyna           | Stargard         | POL       |                               | 88      | K20/306 K / 822    | 01:08:36  | 06.51      | +0:38:04 | 0:07:40 / 3288 | 0:14:13 / 3555 | 0:32:48 / 3745 | 0:42:57 / 3854 | 0:50:13 / 3872 |
| 3851     | 6750   | TRZCIŃSKI Piotr               | Legionowo        | POL       |                               | 74      | M30/1323 M / 3029  | 01:08:37  | 06.51      | +0:38:05 | 0:07:15 / 2749 | 0:12:57 / 2746 | 0:29:51 / 3157 | 0:40:15 / 3558 | 0:47:46 / 3663 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name     | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|--------------------------|------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3852     | 5978   | KULBICKA Ewa, elwira     | Warszawa         | POL       |                         | 56      | K50/30 K / 823     | 01:08:37  | 06.51      | +0:38:05 | 0:08:31 / 3905 | 0:15:31 / 3951 | 0:34:01 / 3874 | 0:43:29 / 3887 | 0:50:22 / 3876 |
| 3853     | 3555   | WIŚNIEWSKI Piotr         | Nowy Dwór        | POL       |                         | 90      | M20/851 M / 3030   | 01:08:39  | 06.51      | +0:38:07 | 0:08:03 / 3631 | 0:14:21 / 3621 | 0:31:45 / 3580 | 0:41:01 / 3655 | 0:48:05 / 3687 |
| 3854     | 3002   | MALICKA Bożena           | Łódź             | POL       | Bbl                     | 67      | K40/102 K / 824    | 01:08:40  | 06.52      | +0:38:08 | 0:07:58 / 3581 | 0:14:14 / 3565 | 0:32:23 / 3678 | 0:42:40 / 3830 | 0:49:21 / 3820 |
| 3855     | 3058   | MISZCZYK Eliza           | Warszawa         | POL       |                         | 90      | K20/307 K / 825    | 01:08:40  | 06.52      | +0:38:08 | 0:08:05 / 3646 | 0:14:23 / 3632 | 0:31:47 / 3584 | 0:41:03 / 3659 | 0:48:08 / 3696 |
| 3856     | 6036   | BAK Magdalena            | Warszawa         | POL       |                         | 80      | K30/373 K / 826    | 01:08:42  | 06.52      | +0:38:10 | 0:08:27 / 3887 | 0:15:06 / 3878 | 0:33:09 / 3795 | 0:42:58 / 3860 | 0:50:06 / 3866 |
| 3857     | 6533   | ZGÓRZAK Sonia            | Michałów Grabina | POL       |                         | 79      | K30/374 K / 827    | 01:08:43  | 06.52      | +0:38:11 | 0:07:50 / 3459 | 0:14:03 / 3489 | 0:32:41 / 3730 | 0:43:02 / 3866 | 0:49:49 / 3844 |
| 3858     | 3826   | CHWEDORCZUK Alicja       | Reda             | POL       |                         | 62      | K50/31 K / 828     | 01:08:43  | 06.52      | +0:38:11 | 0:08:11 / 3730 | 0:14:40 / 3734 | 0:32:57 / 3768 | 0:42:29 / 3807 | 0:49:30 / 3828 |
| 3859     | 6580   | MALAROWICZ Krzysztof     | Radzymin         | POL       |                         | 89      | M20/852 M / 3031   | 01:08:43  | 06.52      | +0:38:12 | 0:07:52 / 3504 | 0:14:34 / 3689 | 0:32:37 / 3721 | 0:41:57 / 3757 | 0:49:03 / 3792 |
| 3860     | 379    | PKO Pko                  |                  | POL       | Pko                     | 13      | M / 3032           | 01:08:46  | 06.52      | +0:38:14 | 0:07:30 / 3084 | 0:13:44 / 3299 | 0:31:57 / 3600 | 0:42:06 / 3774 | 0:49:12 / 3806 |
| 3861     | 2192   | SUCHOCKI Radoslaw        | Ignatki Osiedle  | POL       |                         | 83      | M30/1324 M / 3033  | 01:08:46  | 06.52      | +0:38:14 | 0:08:31 / 3899 | 0:15:09 / 3895 | 0:33:13 / 3807 | 0:43:01 / 3864 | 0:50:09 / 3868 |
| 3862     | 6993   | PABICH Michał            | Warszawa         | POL       |                         | 85      | M20/853 M / 3034   | 01:08:50  | 06.53      | +0:38:18 | 0:08:47 / 3964 | 0:15:50 / 3993 | 0:34:07 / 3877 | 0:43:16 / 3878 | 0:50:28 / 3880 |
| 3863     | 3515   | WALISZCZAK Mirosław      | Piotrków         | POL       |                         | 54      | M50/198 M / 3035   | 01:08:51  | 06.53      | +0:38:19 | 0:08:45 / 3956 | 0:15:29 / 3946 | 0:34:08 / 3879 | 0:44:24 / 3941 | 0:51:13 / 3918 |
| 3864     | 310    | OLSZEWSKA Aneta          | Piaseczno        | POL       | Pko                     | 73      | K40/103 K / 829    | 01:08:51  | 06.53      | +0:38:19 | 0:07:43 / 3341 | 0:13:51 / 3379 | 0:31:39 / 3562 | 0:41:54 / 3748 | 0:49:03 / 3791 |
| 3865     | 4633   | KOŁAKOWSKA Justyna       | Warszawa         | POL       |                         | 83      | K30/375 K / 830    | 01:08:51  | 06.53      | +0:38:19 | 0:08:46 / 3963 | 0:15:32 / 3953 | 0:34:17 / 3892 | 0:43:38 / 3893 | 0:50:39 / 3890 |
| 3866     | 4467   | GOLEC-GRZYMEK Aleksandra | Lublin           | POL       | Ja Nie Dam Rady?        | 79      | K30/376 K / 831    | 01:08:51  | 06.53      | +0:38:19 | 0:08:33 / 3911 | 0:15:19 / 3926 | 0:33:41 / 3847 | 0:42:57 / 3856 | 0:49:54 / 3851 |
| 3867     | 3421   | SZCZUCKI Piotr           | Warszawa         | POL       |                         | 82      | M30/1325 M / 3036  | 01:08:56  | 06.53      | +0:38:24 | 0:08:20 / 3828 | 0:15:31 / 3950 | 0:34:25 / 3898 | 0:43:50 / 3906 | 0:50:12 / 3871 |
| 3868     | 6994   | PABICH Patrycja          | Warszawa         | POL       |                         | 83      | K30/377 K / 832    | 01:08:58  | 06.53      | +0:38:26 | 0:08:47 / 3967 | 0:15:52 / 3998 | 0:34:08 / 3880 | 0:43:19 / 3881 | 0:50:30 / 3881 |
| 3869     | 6613   | RAFALSKI Jacek           | Sochaczew        | POL       | Aviva Running Team      | 79      | M30/1326 M / 3037  | 01:08:58  | 06.53      | +0:38:26 | 0:07:33 / 3158 | 0:13:51 / 3375 | 0:32:17 / 3660 | 0:42:10 / 3782 | 0:49:41 / 3837 |
| 3870     | 6591   | MIESZCZANEK Marta        | Warszawa         | POL       |                         | 89      | K20/308 K / 833    | 01:09:06  | 06.54      | +0:38:34 | 0:08:23 / 3853 | 0:15:09 / 3891 | 0:33:02 / 3778 | 0:42:29 / 3806 | 0:49:30 / 3827 |
| 3871     | 4834   | ADAMSKA Iwona            | Warszawa         | POL       |                         | 84      | K20/309 K / 834    | 01:09:07  | 06.54      | +0:38:35 | 0:08:06 / 3669 | 0:14:44 / 3755 | 0:32:44 / 3736 | 0:42:57 / 3855 | 0:50:04 / 3861 |
| 3872     | 4836   | SZYMCZAK Rafał           | Kutno            | POL       |                         | 83      | M30/1327 M / 3038  | 01:09:07  | 06.54      | +0:38:35 | 0:08:07 / 3683 | 0:14:45 / 3758 | 0:32:46 / 3739 | 0:42:58 / 3858 | 0:50:05 / 3863 |
| 3873     | 4421   | JAKUBOWSKA Anna          | Warszawa         | POL       |                         | 81      | K30/378 K / 835    | 01:09:07  | 06.54      | +0:38:36 | 0:08:15 / 3779 | 0:14:48 / 3778 | 0:32:41 / 3731 | 0:42:26 / 3803 | 0:49:20 / 3818 |
| 3874     | 4601   | GABINECKI Jarosław       | Warszawa         | POL       |                         | 79      | M30/1328 M / 3039  | 01:09:11  | 06.55      | +0:38:39 | 0:08:05 / 3650 | 0:14:32 / 3677 | 0:33:10 / 3797 | 0:42:39 / 3829 | 0:49:38 / 3835 |
| 3875     | 5577   | GUDZIŃSKA Iga            | Warszawa         | POL       |                         | 85      | K20/310 K / 836    | 01:09:14  | 06.55      | +0:38:42 | 0:08:14 / 3757 | 0:14:46 / 3768 | 0:33:00 / 3771 | 0:43:35 / 3890 | 0:50:35 / 3886 |
| 3876     | 5576   | BŁOŃSKI Krzysztof        | Warszawa         | POL       |                         | 82      | M30/1329 M / 3040  | 01:09:14  | 06.55      | +0:38:43 | 0:08:14 / 3761 | 0:14:46 / 3770 | 0:33:00 / 3772 | 0:43:35 / 3891 | 0:50:34 / 3885 |
| 3877     | 5405   | JAROSZEK Anna            | Warszawa         | POL       | Unleashed               | 76      | K30/379 K / 837    | 01:09:16  | 06.55      | +0:38:44 | 0:08:14 / 3768 | 0:14:38 / 3721 | 0:33:17 / 3815 | 0:42:59 / 3861 | 0:50:05 / 3864 |
| 3878     | 4473   | WOŚKOWIAK Ludwika        | Warszawa         | POL       |                         | 90      | K20/311 K / 838    | 01:09:17  | 06.55      | +0:38:45 | 0:08:55 / 3995 | 0:15:57 / 4006 | 0:34:38 / 3913 | 0:44:00 / 3917 | 0:51:03 / 3908 |
| 3879     | 3937   | NIKOLAJUK Iwona          | Warszawa         | POL       |                         | 83      | K30/380 K / 839    | 01:09:17  | 06.55      | +0:38:45 | 0:07:00 / 2372 | 0:13:04 / 2845 | 0:31:13 / 3489 | 0:41:30 / 3704 | 0:48:29 / 3738 |
| 3880     | 2719   | IZDEBSKA Magdalena       | Piotrków         | POL       |                         | 77      | K30/381 K / 840    | 01:09:19  | 06.55      | +0:38:47 | 0:08:46 / 3961 | 0:15:29 / 3947 | 0:34:09 / 3882 | 0:44:25 / 3942 | 0:51:14 / 3920 |
| 3881     | 3853   | MURAS Daniel             | Warszawa         | POL       | Dream Team              | 80      | M30/1330 M / 3041  | 01:09:23  | 06.56      | +0:38:51 | 0:07:45 / 3382 | 0:13:53 / 3398 | 0:32:38 / 3725 | 0:43:02 / 3865 | 0:49:53 / 3850 |
| 3882     | 3584   | WYSOCKA Karolina         | Łochów           | POL       |                         | 13      | K / 841            | 01:09:23  | 06.56      | +0:38:51 | 0:07:43 / 3344 | 0:13:52 / 3387 | 0:31:48 / 3587 | 0:42:32 / 3813 | 0:49:50 / 3845 |
| 3883     | 6195   | ANKOWSKA Izabela         | Warszawa         | POL       |                         | 84      | K20/312 K / 842    | 01:09:25  | 06.56      | +0:38:53 | 0:08:18 / 3806 | 0:14:45 / 3761 | 0:32:47 / 3742 | 0:42:49 / 3847 | 0:49:56 / 3853 |
| 3884     | 3432   | SZOCIK Barbara           | Olsztyn          | POL       |                         | 68      | K40/104 K / 843    | 01:09:25  | 06.56      | +0:38:53 | 0:08:01 / 3618 | 0:14:30 / 3671 | 0:32:31 / 3701 | 0:42:40 / 3832 | 0:49:58 / 3854 |
| 3885     | 4246   | KULAWIAK Paweł           | Warszawa         | POL       |                         | 83      | M30/1331 M / 3042  | 01:09:26  | 06.56      | +0:38:54 | 0:07:11 / 2629 | 0:12:58 / 2762 | 0:30:46 / 3399 | 0:40:56 / 3639 | 0:48:42 / 3757 |
| 3886     | 4308   | ZIUBIŃSKI Paweł          | Warszawa         | POL       |                         | 82      | M30/1332 M / 3043  | 01:09:30  | 06.57      | +0:38:58 | 0:08:41 / 3943 | 0:15:10 / 3898 | 0:33:59 / 3870 | 0:43:38 / 3896 | 0:50:44 / 3895 |
| 3887     | 3556   | WITCZAK Magdalena        | Ostrolęka        | POL       |                         | 79      | K30/382 K / 844    | 01:09:31  | 06.57      | +0:38:59 | 0:07:48 / 3423 | 0:13:54 / 3408 | 0:32:29 / 3696 | 0:43:39 / 3899 | 0:50:31 / 3882 |
| 3888     | 4830   | PASTWA Aleksandra        | Warszawa         | POL       |                         | 87      | K20/313 K / 845    | 01:09:31  | 06.57      | +0:38:59 | 0:08:42 / 3952 | 0:15:48 / 3985 | 0:34:43 / 3918 | 0:44:03 / 3922 | 0:51:03 / 3906 |
| 3889     | 2602   | DYLLUS Zbigniew          | Tychy            | POL       |                         | 74      | M30/1333 M / 3044  | 01:09:31  | 06.57      | +0:38:59 | 0:08:40 / 3942 | 0:15:34 / 3958 | 0:34:20 / 3894 | 0:43:54 / 3909 | 0:50:55 / 3901 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name         | Miejscowość City   | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|------------------------------|--------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3890     | 2902   | KRUKOWSKA DYLLUS Marzena     | Tychy              | POL       |                         | 72      | K40/105 K / 846    | 01:09:32  | 06.57      | +0:39:00 | 0:08:41 / 3947 | 0:15:34 / 3960 | 0:34:21 / 3895 | 0:43:55 / 3913 | 0:50:57 / 3903 |
| 3891     | 4825   | PODLASKA Maria               | Warszawa           | POL       |                         | 85      | K20/314 K / 847    | 01:09:32  | 06.57      | +0:39:00 | 0:07:42 / 3322 | 0:14:19 / 3608 | 0:33:24 / 3826 | 0:43:00 / 3862 | 0:50:13 / 3873 |
| 3892     | 4828   | PASTWA Jan                   | Warszawa           | POL       |                         | 87      | M20/854 M / 3045   | 01:09:32  | 06.57      | +0:39:00 | 0:08:44 / 3953 | 0:15:50 / 3992 | 0:34:44 / 3920 | 0:44:03 / 3921 | 0:51:06 / 3911 |
| 3893     | 4585   | KĄMIERCZAK Marta             | Warszawa           | POL       |                         | 85      | K20/315 K / 848    | 01:09:33  | 06.57      | +0:39:01 | 0:07:41 / 3298 | 0:13:51 / 3372 | 0:32:53 / 3759 | 0:42:47 / 3842 | 0:50:42 / 3894 |
| 3894     | 6260   | MILER Albina                 | Mszczonów          | POL       |                         | 80      | K30/383 K / 849    | 01:09:33  | 06.57      | +0:39:02 | 0:08:48 / 3976 | 0:15:56 / 4003 | 0:34:42 / 3917 | 0:44:55 / 3972 | 0:51:54 / 3958 |
| 3895     | 4586   | CZERNIN Natalia              | Podkowa Leśna      | POL       |                         | 88      | K20/316 K / 850    | 01:09:34  | 06.57      | +0:39:02 | 0:07:40 / 3280 | 0:13:50 / 3359 | 0:32:53 / 3758 | 0:42:46 / 3840 | 0:50:41 / 3892 |
| 3896     | 5664   | GLIŃSKI Zbigniew             | Bartoszyce         | POL       |                         | 62      | M50/199 M / 3046   | 01:09:37  | 06.57      | +0:39:05 | 0:07:27 / 3002 | 0:13:25 / 3111 | 0:31:22 / 3513 | 0:41:14 / 3673 | 0:48:26 / 3734 |
| 3897     | 2283   | WOŹNIAK Jacek                | Kazanów            | POL       |                         | 65      | M40/559 M / 3047   | 01:09:38  | 06.57      | +0:39:06 | 0:08:25 / 3870 | 0:15:00 / 3848 | 0:33:48 / 3859 | 0:44:04 / 3923 | 0:51:17 / 3928 |
| 3898     | 6853   | BATOROWICZ Tomasz            | Łódź               | POL       |                         | 58      | M50/200 M / 3048   | 01:09:41  | 06.58      | +0:39:09 | 0:07:35 / 3192 | 0:13:45 / 3308 | 0:32:34 / 3709 | 0:42:38 / 3824 | 0:50:09 / 3869 |
| 3899     | 255    | ADAMOWICZ Piotr              | Warszawa           | POL       | Pko                     | 79      | M30/1334 M / 3049  | 01:09:43  | 06.58      | +0:39:11 | 0:07:33 / 3162 | 0:13:33 / 3185 | 0:32:16 / 3658 | 0:42:58 / 3859 | 0:50:33 / 3883 |
| 3900     | 4894   | RADZIKOWSKA Agnieszka        | Nadarzyn           | POL       |                         | 89      | K20/317 K / 851    | 01:09:44  | 06.58      | +0:39:12 | 0:07:21 / 2870 | 0:13:35 / 3204 | 0:32:20 / 3669 | 0:42:49 / 3845 | 0:50:04 / 3862 |
| 3901     | 5365   | BANACHOWICZ Przemysław       | Warszawa           | POL       |                         | 76      | M30/1335 M / 3050  | 01:09:46  | 06.58      | +0:39:14 | 0:08:02 / 3620 | 0:14:34 / 3685 | 0:34:39 / 3915 | 0:44:14 / 3927 | 0:51:17 / 3927 |
| 3902     | 5723   | SIKORSKI Hubert              | Warszawa           | POL       |                         | 78      | M30/1336 M / 3051  | 01:09:46  | 06.58      | +0:39:14 | 0:08:05 / 3648 | 0:14:53 / 3812 | 0:33:45 / 3855 | 0:43:24 / 3884 | 0:50:22 / 3877 |
| 3903     | 5525   | KARAŚ Aleksandra             | Konstancin-jeziorn | POL       | Run Konstancin          | 89      | K20/318 K / 852    | 01:09:46  | 06.58      | +0:39:14 | 0:08:26 / 3882 | 0:15:28 / 3942 | 0:36:56 / 3981 | 0:45:32 / 3989 | 0:51:53 / 3957 |
| 3904     | 6236   | TWARDOWSKI Jan               | Warszawa           | POL       |                         | 89      | M20/855 M / 3052   | 01:09:46  | 06.58      | +0:39:14 | 0:08:13 / 3745 | 0:14:50 / 3795 | 0:32:50 / 3752 | 0:42:34 / 3816 | 0:50:06 / 3865 |
| 3905     | 5038   | MORGANTI Robert              | Piaseczno          | POL       | Zgrupowanie Radosław    | 70      | M40/560 M / 3053   | 01:09:51  | 06.59      | +0:39:19 | 0:08:10 / 3721 | 0:14:48 / 3777 | 0:33:09 / 3794 | 0:42:40 / 3831 | 0:50:13 / 3874 |
| 3906     | 2858   | KOSACKA Małgorzata           | Warszawa           | POL       |                         | 83      | K30/384 K / 853    | 01:09:51  | 06.59      | +0:39:19 | 0:07:20 / 2855 | 0:13:19 / 3033 | 0:30:48 / 3406 | 0:40:25 / 3578 | 0:48:16 / 3708 |
| 3907     | 5795   | GRZELAKOWSKI Paweł           | Pruszków           | POL       |                         | 86      | M20/856 M / 3054   | 01:09:51  | 06.59      | +0:39:20 | 0:08:14 / 3766 | 0:14:44 / 3757 | 0:32:36 / 3719 | 0:42:46 / 3839 | 0:49:59 / 3855 |
| 3908     | 5194   | KOWALSKI Marek               | Warszawa           | POL       |                         | 83      | M30/1337 M / 3055  | 01:09:53  | 06.59      | +0:39:21 | 0:07:51 / 3491 | 0:14:03 / 3493 | 0:32:32 / 3703 | 0:43:18 / 3880 | 0:50:48 / 3897 |
| 3909     | 3926   | LASKAWIEC Katarzyna          | Warszawa           | POL       |                         | 89      | K20/319 K / 854    | 01:09:57  | 06.59      | +0:39:25 | 0:08:07 / 3685 | 0:14:21 / 3618 | 0:33:15 / 3812 | 0:43:48 / 3904 | 0:50:55 / 3900 |
| 3910     | 3153   | PANEK Dominik                | Warszawa           | POL       |                         | 70      | M40/561 M / 3056   | 01:09:57  | 06.59      | +0:39:25 | 0:08:23 / 3855 | 0:14:55 / 3817 | 0:33:38 / 3844 | 0:43:51 / 3907 | 0:50:52 / 3898 |
| 3911     | 5702   | OZDARSKI Marcin              | Warszawa           | POL       |                         | 81      | M30/1338 M / 3057  | 01:09:58  | 06.59      | +0:39:26 | 0:08:00 / 3604 | 0:14:43 / 3750 | 0:33:31 / 3830 | 0:44:06 / 3925 | 0:51:23 / 3932 |
| 3912     | 3242   | PURSKI Jacek                 | Warszawa           | POL       |                         | 81      | M30/1339 M / 3058  | 01:10:05  | 07.00      | +0:39:33 | 0:08:51 / 3986 | 0:15:55 / 4001 | 0:34:39 / 3914 | 0:44:51 / 3967 | 0:51:32 / 3937 |
| 3913     | 5109   | PEPŁOWSKA-MIAZIO Beata       | Warszawa           | POL       |                         | 80      | K30/385 K / 855    | 01:10:08  | 07.00      | +0:39:36 | 0:08:16 / 3790 | 0:14:56 / 3825 | 0:33:42 / 3849 | 0:43:14 / 3876 | 0:51:05 / 3910 |
| 3914     | 127    | SUCHECKA Justyna             | Poznań             | POL       | Agora                   | 87      | K20/320 K / 856    | 01:10:09  | 07.00      | +0:39:37 | 0:10:03 / 4052 | 0:17:43 / 4044 | 0:37:10 / 3985 | 0:46:10 / 4001 | 0:52:51 / 3987 |
| 3915     | 4675   | KOŁODZIEJSKI Mateusz         | Warszawa           | POL       |                         | 86      | M20/857 M / 3059   | 01:10:09  | 07.00      | +0:39:37 | 0:08:57 / 4007 | 0:17:59 / 4047 | 0:34:56 / 3934 | 0:44:29 / 3949 | 0:51:39 / 3946 |
| 3916     | 5691   | SZACHNOWSKA Justyna          | Warszawa           | POL       |                         | 84      | K20/321 K / 857    | 01:10:12  | 07.01      | +0:39:40 | 0:08:54 / 3992 | 0:15:49 / 3988 | 0:33:59 / 3868 | 0:44:15 / 3928 | 0:51:16 / 3924 |
| 3917     | 4674   | KALINOWSKA Karolina          | Warszawa           | POL       |                         | 86      | K20/322 K / 858    | 01:10:12  | 07.01      | +0:39:40 | 0:09:01 / 4017 | 0:18:01 / 4048 | 0:34:58 / 3935 | 0:44:32 / 3953 | 0:51:42 / 3949 |
| 3918     | 6093   | ŚWIETLIKOWSKA Urszula        | Warszawa           | POL       |                         | 90      | K20/323 K / 859    | 01:10:13  | 07.01      | +0:39:41 | 0:08:19 / 3816 | 0:14:48 / 3780 | 0:33:43 / 3851 | 0:43:25 / 3885 | 0:50:36 / 3888 |
| 3919     | 3557   | WITCZAK Anna                 | Warszawa           | POL       | Raiffeisen Polbank      | 87      | K20/324 K / 860    | 01:10:13  | 07.01      | +0:39:41 | 0:08:16 / 3793 | 0:14:47 / 3775 | 0:33:38 / 3845 | 0:43:37 / 3892 | 0:50:37 / 3889 |
| 3920     | 3593   | ZAJĄC Marek                  | Warszawa           | POL       |                         | 87      | M20/858 M / 3060   | 01:10:13  | 07.01      | +0:39:41 | 0:08:10 / 3714 | 0:14:41 / 3738 | 0:34:22 / 3897 | 0:44:20 / 3933 | 0:51:14 / 3921 |
| 3921     | 5462   | GÓRECKI Tomasz               | Warszawa           | POL       |                         | 63      | M50/201 M / 3061   | 01:10:13  | 07.01      | +0:39:41 | 0:09:00 / 4012 | 0:15:56 / 4004 | 0:34:49 / 3923 | 0:44:31 / 3950 | 0:51:37 / 3945 |
| 3922     | 4142   | KSYNA Łukasz                 | Kamion             | POL       | Osp Kamion              | 84      | M20/859 M / 3062   | 01:10:15  | 07.01      | +0:39:43 | 0:08:32 / 3908 | 0:14:50 / 3791 | 0:34:19 / 3893 | 0:44:41 / 3961 | 0:51:14 / 3919 |
| 3923     | 3155   | PANKIEWICZ Piotr             | Warszawa           | POL       |                         | 72      | M40/562 M / 3063   | 01:10:16  | 07.01      | +0:39:44 | 0:08:37 / 3936 | 0:15:04 / 3869 | 0:33:35 / 3836 | 0:43:40 / 3900 | 0:51:10 / 3915 |
| 3924     | 5355   | WRÓBEL Włodzimierz           | Legionowo          | POL       |                         | 72      | M40/563 M / 3064   | 01:10:17  | 07.01      | +0:39:45 | 0:09:10 / 4031 | 0:16:17 / 4021 | 0:37:11 / 3986 | 0:46:03 / 3997 | 0:52:44 / 3985 |
| 3925     | 6749   | KOLANKOWSKA-TRZCIŃSK A Marta | Chotomów           | POL       |                         | 79      | K30/386 K / 861    | 01:10:17  | 07.01      | +0:39:45 | 0:08:13 / 3755 | 0:14:46 / 3764 | 0:33:36 / 3839 | 0:43:45 / 3902 | 0:50:56 / 3902 |
| 3926     | 4716   | KUŹMA Weronika               | Warszawa           | POL       |                         | 84      | K20/325 K / 862    | 01:10:23  | 07.02      | +0:39:51 | 0:08:17 / 3799 | 0:15:11 / 3900 | 0:33:44 / 3853 | 0:43:29 / 3889 | 0:50:41 / 3893 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club    | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|------------------|-----------|----------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3927     | 5386   | ZARK Przemysław       | Krasiniec        | POL       |                            | 84      | M20/860 M / 3065   | 01:10:23  | 07.02      | +0:39:51 | 0:08:14 / 3764 | 0:14:52 / 3804 | 0:33:44 / 3854 | 0:43:51 / 3908 | 0:51:15 / 3922 |
| 3928     | 5136   | BARANOWSKA Malgosia   | Warszawa         | POL       |                            | 78      | K30/387 K / 863    | 01:10:24  | 07.02      | +0:39:52 | 0:08:23 / 3852 | 0:15:08 / 3889 | 0:33:59 / 3867 | 0:43:39 / 3898 | 0:51:02 / 3905 |
| 3929     | 6387   | RUDNICKA Katarzyna    | Wyszów           | POL       |                            | 82      | K30/388 K / 864    | 01:10:24  | 07.02      | +0:39:52 | 0:08:16 / 3788 | 0:14:50 / 3790 | 0:33:56 / 3865 | 0:43:54 / 3911 | 0:51:01 / 3904 |
| 3930     | 6318   | NOWAK Piotr           | Warszawa         | POL       | Powolniak                  | 64      | M40/564 M / 3066   | 01:10:25  | 07.02      | +0:39:53 | 0:08:35 / 3926 | 0:14:59 / 3842 | 0:34:28 / 3905 | 0:44:29 / 3947 | 0:51:22 / 3931 |
| 3931     | 4244   | JANIK Paulina         | Warszawa         | POL       |                            | 86      | K20/326 K / 865    | 01:10:25  | 07.02      | +0:39:53 | 0:09:34 / 4042 | 0:16:58 / 4036 | 0:35:35 / 3952 | 0:45:01 / 3975 | 0:52:06 / 3965 |
| 3932     | 2834   | KOŁODZIEJ Ewa         | Ostrów           | POL       |                            | 61      | K50/32 K / 866     | 01:10:26  | 07.02      | +0:39:54 | 0:08:34 / 3916 | 0:15:21 / 3929 | 0:34:00 / 3871 | 0:43:54 / 3910 | 0:51:19 / 3929 |
| 3933     | 5131   | IWANICKA Barbara      | Warszawa         | POL       |                            | 82      | K30/389 K / 867    | 01:10:26  | 07.02      | +0:39:54 | 0:09:35 / 4043 | 0:16:58 / 4037 | 0:35:33 / 3951 | 0:45:01 / 3974 | 0:52:05 / 3962 |
| 3934     | 6536   | LOPUSZYŃSKA Katarzyna | Warszawa         | POL       |                            | 84      | K20/327 K / 868    | 01:10:26  | 07.02      | +0:39:54 | 0:08:24 / 3862 | 0:15:29 / 3945 | 0:34:52 / 3926 | 0:44:54 / 3969 | 0:52:05 / 3961 |
| 3935     | 3976   | IWANOWSKI Adam        | Warszawa         | POL       |                            | 78      | M30/1340 M / 3067  | 01:10:28  | 07.02      | +0:39:56 | 0:08:41 / 3945 | 0:16:04 / 4013 | 0:35:58 / 3962 | 0:45:42 / 3990 | 0:52:37 / 3984 |
| 3936     | 90     | VIP Vip               |                  | POL       |                            | 13      | M / 3068           | 01:10:34  | 07.03      | +0:40:02 | 0:07:39 / 3250 | 0:14:16 / 3579 | 0:33:01 / 3773 | 0:44:01 / 3918 | 0:51:33 / 3938 |
| 3937     | 3909   | PACHULSKA Katarzyna   | Warszawa         | POL       |                            | 82      | K30/390 K / 869    | 01:10:41  | 07.04      | +0:40:09 | 0:09:00 / 4016 | 0:16:32 / 4030 | 0:37:13 / 3987 | 0:46:29 / 4011 | 0:53:49 / 4007 |
| 3938     | 6320   | MELON Agnieszka       | Warszawa         | POL       | Przedszkole 218            | 88      | K20/328 K / 870    | 01:10:42  | 07.04      | +0:40:10 | 0:08:45 / 3957 | 0:15:41 / 3972 | 0:34:52 / 3927 | 0:44:39 / 3960 | 0:52:00 / 3959 |
| 3939     | 3973   | LANKIEWICZ Kasia      | Warszawa         | POL       |                            | 75      | K30/391 K / 871    | 01:10:44  | 07.04      | +0:40:12 | 0:08:19 / 3825 | 0:15:14 / 3910 | 0:34:11 / 3885 | 0:43:57 / 3914 | 0:51:04 / 3909 |
| 3940     | 4313   | OLSZEWSKI Wojciech    | Evanston         | POL       |                            | 65      | M40/565 M / 3069   | 01:10:44  | 07.04      | +0:40:12 | 0:08:31 / 3901 | 0:15:14 / 3912 | 0:33:53 / 3863 | 0:43:46 / 3903 | 0:51:12 / 3917 |
| 3941     | 6040   | MATUSEWICZ Monika     | Warszawa         | POL       |                            | 81      | K30/392 K / 872    | 01:10:47  | 07.04      | +0:40:15 | 0:08:18 / 3808 | 0:15:31 / 3948 | 0:34:48 / 3922 | 0:44:34 / 3954 | 0:51:51 / 3955 |
| 3942     | 5523   | KOPACZ Bartłomiej     | Poznań           | POL       |                            | 81      | M30/1341 M / 3070  | 01:10:50  | 07.05      | +0:40:18 | 0:08:07 / 3679 | 0:15:00 / 3853 | 0:34:26 / 3901 | 0:44:19 / 3932 | 0:51:47 / 3950 |
| 3943     | 3666   | SIERAKOWSKI Michał    | Warszawa         | POL       | Zerwany Kask Boernerowo    | 74      | M30/1342 M / 3071  | 01:10:51  | 07.05      | +0:40:19 | 0:08:22 / 3844 | 0:15:08 / 3887 | 0:33:59 / 3869 | 0:43:38 / 3895 | 0:51:03 / 3907 |
| 3944     | 5527   | BRZÓZY Sebastian      | Warszawa         | POL       |                            | 71      | M40/566 M / 3072   | 01:10:51  | 07.05      | +0:40:19 | 0:08:08 / 3693 | 0:15:00 / 3850 | 0:34:27 / 3903 | 0:44:21 / 3936 | 0:51:49 / 3952 |
| 3945     | 4254   | BIENIEK Michał        | Warszawa         | POL       | Polska Biega               | 85      | M20/861 M / 3073   | 01:10:52  | 07.05      | +0:40:20 | 0:08:03 / 3626 | 0:14:07 / 3520 | 0:33:07 / 3785 | 0:43:06 / 3871 | 0:50:28 / 3879 |
| 3946     | 5238   | MIERZEJEWSKA Martyna  | Warszawa         | POL       | Adwokaci                   | 84      | K20/329 K / 873    | 01:10:52  | 07.05      | +0:40:20 | 0:08:09 / 3707 | 0:14:37 / 3716 | 0:33:37 / 3843 | 0:43:44 / 3901 | 0:51:09 / 3914 |
| 3947     | 6530   | MATRAJ Marta          | Warszawa         | POL       | Energotel.pl               | 88      | K20/330 K / 874    | 01:10:55  | 07.05      | +0:40:23 | 0:08:18 / 3813 | 0:14:52 / 3807 | 0:34:07 / 3878 | 0:44:02 / 3920 | 0:51:16 / 3925 |
| 3948     | 4590   | LAMPKA Małgorzata     | Warszawa         | POL       |                            | 88      | K20/331 K / 875    | 01:11:00  | 07.06      | +0:40:28 | 0:10:01 / 4051 | 0:18:02 / 4049 | 0:38:19 / 3999 | 0:47:26 / 4020 | 0:54:13 / 4015 |
| 3949     | 6955   | KOLASA Barbara        | Warszawa-wesola  | POL       | Klub J.slowackiego         | 56      | K50/33 K / 876     | 01:11:02  | 07.06      | +0:40:30 | 0:08:16 / 3787 | 0:15:07 / 3880 | 0:34:16 / 3891 | 0:44:18 / 3931 | 0:51:33 / 3940 |
| 3950     | 6053   | GAJDA Janusz          | Warszawa         | POL       |                            | 54      | M50/202 M / 3074   | 01:11:06  | 07.06      | +0:40:34 | 0:07:11 / 2645 | 0:13:40 / 3263 | 0:32:49 / 3749 | 0:43:55 / 3912 | 0:51:16 / 3923 |
| 3951     | 3838   | KOLCZYŃSKI Maciej     | Warszawa         | POL       | Obi-boki Running Crew      | 83      | M30/1343 M / 3075  | 01:11:11  | 07.07      | +0:40:39 | 0:08:25 / 3874 | 0:15:16 / 3917 | 0:34:53 / 3928 | 0:44:37 / 3957 | 0:51:24 / 3934 |
| 3952     | 4184   | NOWAKOWSKA Agnieszka  | Warszawa         | POL       |                            | 73      | K40/106 K / 877    | 01:11:13  | 07.07      | +0:40:41 | 0:08:26 / 3884 | 0:15:20 / 3928 | 0:34:06 / 3876 | 0:44:02 / 3919 | 0:51:24 / 3933 |
| 3953     | 3553   | WIŚNIEWSKA Małgorzata | Olsztyn          | POL       |                            | 73      | K40/107 K / 878    | 01:11:13  | 07.07      | +0:40:41 | 0:08:55 / 3999 | 0:15:52 / 3999 | 0:34:46 / 3921 | 0:44:39 / 3959 | 0:51:51 / 3954 |
| 3954     | 6527   | POPŁONKOWSKI Łukasz   | Warszawa         | POL       | Lekarz Weterynarii         | 84      | M20/862 M / 3076   | 01:11:16  | 07.07      | +0:40:44 | 0:07:38 / 3236 | 0:14:09 / 3534 | 0:32:18 / 3663 | 0:42:22 / 3798 | 0:50:34 / 3884 |
| 3955     | 2869   | KOTYŃNIA Izabela      | Warszawa         | POL       |                            | 83      | K30/393 K / 879    | 01:11:17  | 07.07      | +0:40:45 | 0:08:09 / 3710 | 0:14:52 / 3806 | 0:33:50 / 3861 | 0:44:15 / 3929 | 0:51:41 / 3948 |
| 3956     | 4430   | KWIECIEŃ Krzysztof    | Warszawa         | POL       |                            | 58      | M50/203 M / 3077   | 01:11:21  | 07.08      | +0:40:49 | 0:09:03 / 4022 | 0:16:13 / 4017 | 0:35:03 / 3942 | 0:44:55 / 3970 | 0:52:25 / 3973 |
| 3957     | 4289   | GARBACZ Kamila        | Warszawa         | POL       |                            | 81      | K30/394 K / 880    | 01:11:22  | 07.08      | +0:40:50 | 0:08:51 / 3985 | 0:15:38 / 3966 | 0:34:30 / 3907 | 0:44:17 / 3930 | 0:51:33 / 3939 |
| 3958     | 5686   | WASIAK Łukasz         | Warszawa         | POL       |                            | 82      | M30/1344 M / 3078  | 01:11:23  | 07.08      | +0:40:51 | 0:08:56 / 4003 | 0:15:39 / 3968 | 0:34:09 / 3883 | 0:43:58 / 3915 | 0:51:25 / 3935 |
| 3959     | 4290   | FAFIŃSKI Piotr        | Warszawa         | POL       |                            | 76      | M30/1345 M / 3079  | 01:11:26  | 07.08      | +0:40:54 | 0:08:55 / 3998 | 0:15:42 / 3981 | 0:34:33 / 3908 | 0:44:21 / 3937 | 0:51:36 / 3944 |
| 3960     | 22     | KALISZEK Marek        |                  | POL       |                            | 62      | M50/204 M / 3080   | 01:11:31  | 07.09      | +0:40:59 | 0:08:07 / 3684 | 0:14:34 / 3687 | 0:34:13 / 3889 | 0:44:14 / 3926 | 0:51:21 / 3930 |
| 3961     | 6552   | KRUGLER Andrzej       | Warszawa Ursus   | POL       |                            | 77      | M30/1346 M / 3081  | 01:11:34  | 07.09      | +0:41:02 | 0:08:50 / 3980 | 0:15:47 / 3984 | 0:34:41 / 3916 | 0:44:44 / 3964 | 0:52:26 / 3975 |
| 3962     | 2443   | BIAŁACH Łukasz        | Warszawa         | POL       |                            | 86      | M20/863 M / 3082   | 01:11:39  | 07.09      | +0:41:07 | 0:09:02 / 4020 | 0:16:25 / 4025 | 0:36:18 / 3971 | 0:46:06 / 3998 | 0:53:17 / 3991 |
| 3963     | 4589   | WISSUWA Agata         | Warszawa         | POL       | Ministerstwo Kultury Biega | 89      | K20/332 K / 881    | 01:11:40  | 07.10      | +0:41:08 | 0:07:43 / 3331 | 0:14:12 / 3546 | 0:34:12 / 3888 | 0:44:52 / 3968 | 0:52:12 / 3969 |
| 3964     | 6643   | IWANIAK Martyna       | Warszawa         | POL       |                            | 87      | K20/333 K / 882    | 01:11:40  | 07.10      | +0:41:08 | 0:09:03 / 4026 | 0:16:27 / 4027 | 0:36:20 / 3973 | 0:46:08 / 4000 | 0:53:19 / 3993 |
| 3965     | 2982   | ŁOJEWSKA Izabela      | Kielce           | POL       | Fitness Club Tao Kielce    | 67      | K40/108 K / 883    | 01:11:41  | 07.10      | +0:41:09 | 0:08:41 / 3948 | 0:15:22 / 3932 | 0:34:25 / 3899 | 0:44:25 / 3944 | 0:51:52 / 3956 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).














| Msc Rank | Nr Bib | Nazwisko i imię Name                  | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club    | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|---------------------------------------|------------------|-----------|----------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 3966     | 6644   | IWANIAK Dagmara                       | Warszawa         | POL       |                            | 84      | K20/334 K / 884    | 01:11:41  | 07.10      | +0:41:09 | 0:09:02 / 4019 | 0:16:25 / 4026 | 0:36:19 / 3972 | 0:46:07 / 3999 | 0:53:17 / 3992 |
| 3967     | 3628   | ZABKA Edyta                           | Plock            | POL       |                            | 88      | K20/335 K / 885    | 01:11:45  | 07.10      | +0:41:13 | 0:09:03 / 4024 | 0:15:52 / 3997 | 0:34:25 / 3900 | 0:44:27 / 3946 | 0:52:15 / 3971 |
| 3968     | 2450   | BIELAK Daniel                         | Bodzanów         | POL       |                            | 88      | M20/864 M / 3083   | 01:11:45  | 07.10      | +0:41:13 | 0:09:02 / 4021 | 0:15:52 / 3996 | 0:34:27 / 3902 | 0:44:27 / 3945 | 0:52:13 / 3970 |
| 3969     | 4812   | ESQUINCA Jose                         | Łoś              | POL       |                            | 76      | M30/1347 M / 3084  | 01:11:50  | 07.11      | +0:41:18 | 0:08:10 / 3729 | 0:15:10 / 3897 | 0:34:59 / 3936 | 0:45:23 / 3983 | 0:52:34 / 3981 |
| 3970     | 4588   | PIEKARSKA Sylwia                      | Warszawa         | POL       | Ministerstwo Kultury Biega | 89      | K20/336 K / 886    | 01:11:52  | 07.11      | +0:41:20 | 0:07:41 / 3306 | 0:14:10 / 3538 | 0:34:11 / 3886 | 0:44:50 / 3966 | 0:52:09 / 3966 |
| 3971     | 415    | TOMASIK Janusz                        | Warszawa         | POL       | Niezrzeszony               | 43      | M70/9 M / 3085     | 01:11:54  | 07.11      | +0:41:22 | 0:07:42 / 3313 | 0:14:15 / 3567 | 0:32:35 / 3717 | 0:42:48 / 3844 | 0:50:39 / 3891 |
| 3972     | 3208   | POLAK Michalina                       | Opole            | POL       |                            | 95      | K20/337 K / 887    | 01:12:01  | 07.12      | +0:41:29 | 0:08:31 / 3903 | 0:15:15 / 3915 | 0:34:21 / 3896 | 0:44:38 / 3958 | 0:52:15 / 3972 |
| 3973     | 2839   | KOŁOMYJSKA Emilia                     |                  | POL       | Rbs                        | 90      | K20/338 K / 888    | 01:12:11  | 07.13      | +0:41:39 | 0:08:05 / 3659 | 0:14:29 / 3663 | 0:33:29 / 3827 | 0:44:05 / 3924 | 0:51:08 / 3912 |
| 3974     | 4811   | KOPROWSKI Zbigniew                    | Rawa Mazowiecka  | POL       |                            | 56      | M50/205 M / 3086   | 01:12:13  | 07.13      | +0:41:41 | 0:09:25 / 4036 | 0:16:15 / 4020 | 0:34:55 / 3931 | 0:44:35 / 3955 | 0:51:49 / 3951 |
| 3975     | 3299   | SADOWSKA Kinga                        | Duczki           | POL       | Duczki                     | 84      | K20/339 K / 889    | 01:12:14  | 07.13      | +0:41:42 | 0:08:32 / 3909 | 0:15:12 / 3906 | 0:34:54 / 3930 | 0:45:03 / 3977 | 0:52:35 / 3982 |
| 3976     | 5460   | JASIK-MOCZARSKA Justyna               | Warszawa         | POL       |                            | 82      | K30/395 K / 890    | 01:12:19  | 07.13      | +0:41:47 | 0:08:33 / 3912 | 0:15:28 / 3941 | 0:35:02 / 3941 | 0:44:58 / 3973 | 0:52:27 / 3976 |
| 3977     | 3364   | SPADŁO Andrzej                        | Młokicie         | POL       |                            | 60      | M50/206 M / 3087   | 01:12:20  | 07.14      | +0:41:48 | 0:08:30 / 3895 | 0:15:02 / 3864 | 0:33:30 / 3828 | 0:44:42 / 3962 | 0:52:04 / 3960 |
| 3978     | 3524   | WECZERKA Katarzyna                    |                  | POL       | Lirene Running Team        | 13      | K / 891            | 01:12:22  | 07.14      | +0:41:50 | 0:08:47 / 3969 | 0:15:32 / 3954 | 0:34:29 / 3906 | 0:44:43 / 3963 | 0:51:51 / 3953 |
| 3979     | 3205   | PODGÓRNIAN Urszula                    | Warszawa         | POL       |                            | 80      | K30/396 K / 892    | 01:12:28  | 07.14      | +0:41:56 | 0:08:45 / 3955 | 0:15:37 / 3962 | 0:34:10 / 3884 | 0:44:36 / 3956 | 0:52:06 / 3964 |
| 3980     | 5713   | STĘPNIEWSKI Przemysław                | Warszawa         | POL       |                            | 80      | M30/1348 M / 3088  | 01:12:34  | 07.15      | +0:42:02 | 0:07:16 / 2761 | 0:13:08 / 2891 | 0:32:55 / 3765 | 0:44:55 / 3971 | 0:52:28 / 3977 |
| 3981     | 4850   | SITEK Kamila                          | Piaseczno        | POL       |                            | 80      | K30/397 K / 893    | 01:12:40  | 07.16      | +0:42:08 | 0:08:05 / 3647 | 0:14:59 / 3841 | 0:34:27 / 3904 | 0:44:46 / 3965 | 0:52:25 / 3974 |
| 3982     | 5578   | VETTER Tomasz                         | Warszawa         | POL       |                            | 67      | M40/567 M / 3089   | 01:12:41  | 07.16      | +0:42:09 | 0:08:04 / 3637 | 0:14:51 / 3801 | 0:33:50 / 3862 | 0:43:58 / 3916 | 0:51:34 / 3942 |
| 3983     | 4582   | KWIATKOWSKI Adam                      | Misie            | POL       | Biała Biega                | 68      | M40/568 M / 3090   | 01:12:46  | 07.16      | +0:42:14 | 0:08:56 / 4001 | 0:15:50 / 3991 | 0:35:28 / 3949 | 0:45:26 / 3984 | 0:52:33 / 3980 |
| 3984     | 5670   | WERWIŃSKA Grazyna                     | Warszawa         | POL       |                            | 76      | K30/398 K / 894    | 01:12:50  | 07.17      | +0:42:18 | 0:08:15 / 3770 | 0:15:04 / 3868 | 0:34:37 / 3912 | 0:45:02 / 3976 | 0:52:35 / 3983 |
| 3985     | 6537   | KWIATKOWSKA-KAZIMIERC<br>ZAK Elżbieta | Warszawa         | POL       |                            | 64      | K40/109 K / 895    | 01:12:52  | 07.17      | +0:42:20 | 0:09:59 / 4050 | 0:17:10 / 4040 | 0:36:32 / 3975 | 0:46:30 / 4012 | 0:53:29 / 3996 |
| 3986     | 5873   | RACZYŃSKI Michał                      | Warszawa         | POL       |                            | 79      | M30/1349 M / 3091  | 01:12:55  | 07.17      | +0:42:23 | 0:07:33 / 3151 | 0:13:25 / 3113 | 0:32:02 / 3617 | 0:42:38 / 3826 | 0:50:44 / 3896 |
| 3987     | 6717   | GENDEK Piotr                          | Baranów          | POL       |                            | 84      | M20/865 M / 3092   | 01:12:56  | 07.17      | +0:42:25 | 0:07:51 / 3481 | 0:14:28 / 3656 | 0:33:18 / 3817 | 0:44:29 / 3948 | 0:52:11 / 3968 |
| 3988     | 6676   | MADEKSZA Aleksandra                   | Warszawa         | POL       |                            | 74      | K30/399 K / 896    | 01:13:04  | 07.18      | +0:42:32 | 0:08:51 / 3982 | 0:15:56 / 4005 | 0:34:49 / 3924 | 0:44:25 / 3943 | 0:52:05 / 3963 |
| 3989     | 3710   | LAZAROWICZ Joanna                     | Warszawa         | POL       |                            | 67      | K40/110 K / 897    | 01:13:05  | 07.18      | +0:42:33 | 0:08:35 / 3924 | 0:15:56 / 4002 | 0:35:54 / 3961 | 0:45:54 / 3993 | 0:53:32 / 3998 |
| 3990     | 3139   | OSOWSKI Paweł                         | Warszawa         | POL       |                            | 79      | M30/1350 M / 3093  | 01:13:07  | 07.18      | +0:42:35 | 0:08:54 / 3994 | 0:16:00 / 4009 | 0:34:53 / 3929 | 0:44:31 / 3951 | 0:52:11 / 3967 |
| 3991     | 6823   | DUKALA Arkadiusz                      | Warszawa         | POL       | Pzu Sport Team             | 73      | M40/569 M / 3094   | 01:13:11  | 07.19      | +0:42:39 | 0:07:32 / 3132 | 0:13:44 / 3288 | 0:33:58 / 3866 | 0:45:22 / 3982 | 0:52:49 / 3986 |
| 3992     | 4414   | PANASIUK Ewa                          | Warszawa         | POL       |                            | 85      | K20/340 K / 898    | 01:13:12  | 07.19      | +0:42:40 | 0:08:50 / 3981 | 0:16:10 / 4015 | 0:36:02 / 3963 | 0:46:14 / 4003 | 0:53:32 / 3997 |
| 3993     | 4638   | MAZUR Natalia                         | Warszawa         | POL       |                            | 88      | K20/341 K / 899    | 01:13:31  | 07.21      | +0:42:59 | 0:08:09 / 3705 | 0:15:08 / 3890 | 0:35:31 / 3950 | 0:46:01 / 3996 | 0:53:25 / 3995 |
| 3994     | 3148   | PAGA Stanisław                        | Sochaczew        | POL       | Km Sochaczew               | 58      | M50/207 M / 3095   | 01:13:43  | 07.22      | +0:43:12 | 0:08:23 / 3847 | 0:15:01 / 3859 | 0:36:15 / 3969 | 0:47:31 / 4021 | 0:53:58 / 4010 |
| 3995     | 2987   | LUKASIAK Robert                       | Warszawa         | POL       |                            | 75      | M30/1351 M / 3096  | 01:13:44  | 07.22      | +0:43:12 | 0:08:39 / 3940 | 0:15:26 / 3939 | 0:35:40 / 3954 | 0:46:27 / 4009 | 0:53:54 / 4009 |
| 3996     | 2896   | KROCZEK Agnieszka                     | Warszawa         | POL       |                            | 71      | K40/111 K / 900    | 01:13:45  | 07.22      | +0:43:13 | 0:08:23 / 3854 | 0:15:15 / 3913 | 0:35:02 / 3939 | 0:45:28 / 3986 | 0:53:12 / 3990 |
| 3997     | 459    | SENIUK Stanisław                      | Kraków           | POL       | Cross Warszawa             | 61      | M50/208 M / 3097   | 01:13:45  | 07.22      | +0:43:13 | 0:08:24 / 3857 | 0:15:14 / 3911 | 0:35:01 / 3938 | 0:45:26 / 3985 | 0:53:09 / 3989 |
| 3998     | 4648   | KRZYKWA Agnieszka                     | Legionowo        | POL       | 100krotki                  | 65      | K40/112 K / 901    | 01:13:48  | 07.22      | +0:43:16 | 0:08:48 / 3972 | 0:15:39 / 3970 | 0:36:11 / 3967 | 0:46:27 / 4010 | 0:53:41 / 4002 |
| 3999     | 6557   | MARKS Grzegorz                        | Warszawa         | POL       |                            | 74      | M30/1352 M / 3098  | 01:13:50  | 07.23      | +0:43:18 | 0:09:01 / 4018 | 0:16:08 / 4014 | 0:36:06 / 3965 | 0:46:31 / 4013 | 0:54:03 / 4012 |
| 4000     | 6075   | KOSTRZEWSKI Daniel                    | Konstantynów     | POL       | Accelerate                 | 82      | M30/1353 M / 3099  | 01:13:51  | 07.23      | +0:43:19 | 0:08:10 / 3716 | 0:14:49 / 3787 | 0:34:37 / 3910 | 0:45:12 / 3980 | 0:53:08 / 3988 |
| 4001     | 6804   | WINNICKA Edyta                        | Warszawa         | POL       |                            | 88      | K20/342 K / 902    | 01:13:55  | 07.23      | +0:43:23 | 0:07:57 / 3578 | 0:14:46 / 3769 | 0:33:30 / 3829 | 0:43:50 / 3905 | 0:51:40 / 3947 |
| 4002     | 6628   | GACEK Justyna                         | Warszawa         | POL       |                            | 85      | K20/343 K / 903    | 01:14:00  | 07.24      | +0:43:28 | 0:09:23 / 4035 | 0:16:46 / 4032 | 0:37:07 / 3984 | 0:47:20 / 4018 | 0:54:17 / 4016 |
| 4003     | 2491   | BRZOZOWSKA Marta                      | Warszawa         | POL       |                            | 87      | K20/344 K / 904    | 01:14:02  | 07.24      | +0:43:30 | 0:08:14 / 3765 | 0:14:59 / 3837 | 0:35:14 / 3947 | 0:46:11 / 4002 | 0:53:37 / 4001 |



# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Miejscowość City  | Kraj Nat. | Druż / Klub Team / Club | R-k YoB | Klasyfikacje Ranks | Czas Time | Tempo m/km | diff Net | Check points   |                |                |                |                |
|----------|--------|-----------------------|-------------------|-----------|-------------------------|---------|--------------------|-----------|------------|----------|----------------|----------------|----------------|----------------|----------------|
| 4004     | 6966   | MARKOWICZ Justyna     | Jeżowe            | POL       |                         | 86      | K20/345 K / 905    | 01:14:09  | 07.24      | +0:43:37 | 0:08:25 / 3871 | 0:15:23 / 3934 | 0:35:40 / 3955 | 0:46:25 / 4007 | 0:54:04 / 4013 |
| 4005     | 4165   | MARKOWICZ Krzysztof   | Jeżowe            | POL       |                         | 68      | M40/570 M / 3100   | 01:14:10  | 07.25      | +0:43:38 | 0:08:26 / 3875 | 0:15:23 / 3935 | 0:35:42 / 3956 | 0:46:26 / 4008 | 0:54:05 / 4014 |
| 4006     | 2374   | MARINOVIĆ Natasza     | Warszawa          | POL       |                         | 83      | K30/400 K / 906    | 01:14:12  | 07.25      | +0:43:40 | 0:08:56 / 4005 | 0:15:59 / 4008 | 0:35:46 / 3959 | 0:45:54 / 3992 | 0:53:43 / 4004 |
| 4007     | 2375   | SZEMBEK Marcin        | Warszawa          | POL       |                         | 80      | M30/1354 M / 3101  | 01:14:12  | 07.25      | +0:43:40 | 0:08:57 / 4006 | 0:16:01 / 4010 | 0:35:47 / 3960 | 0:45:53 / 3991 | 0:53:43 / 4005 |
| 4008     | 4975   | PUCHAŁA Wiktor        | Ząbki             | POL       |                         | 88      | M20/866 M / 3102   | 01:14:25  | 07.26      | +0:43:53 | 0:08:00 / 3600 | 0:14:44 / 3753 | 0:34:37 / 3911 | 0:45:32 / 3988 | 0:53:37 / 4000 |
| 4009     | 4906   | KOWALCZYK Kamil       | Warszawa          | POL       |                         | 84      | M20/867 M / 3103   | 01:14:26  | 07.26      | +0:43:55 | 0:07:59 / 3591 | 0:14:44 / 3754 | 0:34:35 / 3909 | 0:45:29 / 3987 | 0:53:36 / 3999 |
| 4010     | 2954   | LASKOWSKI Dariusz     | Dziekanów Leśny   | POL       |                         | 59      | M50/209 M / 3104   | 01:14:30  | 07.27      | +0:43:58 | 0:08:34 / 3918 | 0:15:49 / 3989 | 0:36:04 / 3964 | 0:46:32 / 4014 | 0:54:20 / 4017 |
| 4011     | 4166   | MARKOWICZ Kazimiera   | Jeżowe            | POL       |                         | 68      | K40/113 K / 907    | 01:14:35  | 07.27      | +0:44:03 | 0:08:24 / 3863 | 0:15:22 / 3933 | 0:35:39 / 3953 | 0:46:24 / 4005 | 0:54:02 / 4011 |
| 4012     | 3835   | TUSZYŃSKI Tomasz      | Głogów Malopolski | POL       | Tomtus Computer         | 60      | M50/210 M / 3105   | 01:14:41  | 07.28      | +0:44:09 | 0:08:13 / 3746 | 0:15:07 / 3881 | 0:34:01 / 3873 | 0:44:21 / 3938 | 0:52:32 / 3979 |
| 4013     | 6767   | PLUCIENNIK Aleksandra | Warszawa          | POL       |                         | 85      | K20/346 K / 908    | 01:14:53  | 07.29      | +0:44:21 | 0:07:35 / 3193 | 0:13:59 / 3457 | 0:35:17 / 3948 | 0:46:21 / 4004 | 0:53:51 / 4008 |
| 4014     | 5336   | CEDROWSKI Hubert      | Warszawa          | POL       |                         | 69      | M40/571 M / 3106   | 01:14:55  | 07.29      | +0:44:23 | 0:08:00 / 3601 | 0:15:00 / 3844 | 0:35:13 / 3946 | 0:45:54 / 3994 | 0:53:46 / 4006 |
| 4015     | 6707   | KACA Marek            | Warszawa          | POL       |                         | 72      | M40/572 M / 3107   | 01:14:57  | 07.29      | +0:44:25 | 0:08:13 / 3748 | 0:14:52 / 3805 | 0:34:44 / 3919 | 0:45:18 / 3981 | 0:53:22 / 3994 |
| 4016     | 5897   | SZUSTKIEWICZ Zbigniew | Mszczonów         | POL       |                         | 72      | M40/573 M / 3108   | 01:15:21  | 07.32      | +0:44:49 | 0:08:54 / 3993 | 0:16:20 / 4022 | 0:35:45 / 3958 | 0:45:56 / 3995 | 0:53:41 / 4003 |
| 4017     | 5456   | POŁOWNIK Anna         | Warszawa          | POL       |                         | 73      | K40/114 K / 909    | 01:15:35  | 07.33      | +0:45:03 | 0:09:38 / 4044 | 0:17:04 / 4038 | 0:37:44 / 3995 | 0:48:16 / 4030 | 0:55:46 / 4026 |
| 4018     | 5458   | POŁOWNIK Andrzej      | Warszawa          | POL       |                         | 48      | M60/59 M / 3109    | 01:15:37  | 07.33      | +0:45:05 | 0:09:38 / 4045 | 0:17:05 / 4039 | 0:37:45 / 3996 | 0:48:18 / 4032 | 0:55:47 / 4027 |
| 4019     | 6885   | MAKULSKI Marek        | Warszawa          | POL       |                         | 58      | M50/211 M / 3110   | 01:16:04  | 07.36      | +0:45:32 | 0:08:52 / 3988 | 0:15:58 / 4007 | 0:36:31 / 3974 | 0:47:34 / 4022 | 0:55:16 / 4022 |
| 4020     | 2663   | GÓRAK Robert          | Chorzów           | POL       |                         | 67      | M40/574 M / 3111   | 01:16:05  | 07.36      | +0:45:33 | 0:08:04 / 3636 | 0:15:12 / 3905 | 0:35:44 / 3957 | 0:47:00 / 4016 | 0:55:16 / 4023 |
| 4021     | 3459   | ŚCIBORSKI Aleksander  | Warszawa          | POL       |                         | 75      | M30/1355 M / 3112  | 01:16:05  | 07.36      | +0:45:33 | 0:07:51 / 3494 | 0:14:29 / 3659 | 0:34:55 / 3933 | 0:46:25 / 4006 | 0:54:34 / 4018 |
| 4022     | 68     | HADAJ Marcin          |                   | POL       | Dziennik Gazeta Prawna  | 13      | M / 3113           | 01:16:12  | 07.37      | +0:45:40 | 0:07:49 / 3452 | 0:14:12 / 3551 | 0:33:18 / 3816 | 0:43:38 / 3894 | 0:52:30 / 3978 |
| 4023     | 6686   | MATYS Jaroslaw        | Warszawa          | POL       |                         | 71      | M40/575 M / 3114   | 01:16:17  | 07.37      | +0:45:46 | 0:08:51 / 3983 | 0:15:42 / 3980 | 0:35:03 / 3943 | 0:46:37 / 4015 | 0:54:45 / 4019 |
| 4024     | 399    | PAWLAK Aneta          | Ryki              | POL       | Pko                     | 73      | K40/115 K / 910    | 01:16:38  | 07.39      | +0:46:06 | 0:09:28 / 4039 | 0:18:07 / 4050 | 0:39:19 / 4004 | 0:50:24 / 4045 | 0:57:58 / 4043 |
| 4025     | 83     | LENARCZYK Paweł       |                   | POL       |                         | 76      | M30/1356 M / 3115  | 01:16:43  | 07.40      | +0:46:12 | 0:08:06 / 3668 | 0:15:12 / 3904 | 0:36:17 / 3970 | 0:48:03 / 4026 | 0:55:52 / 4028 |
| 4026     | 4317   | SUSKA Kamila          | Warszawa          | POL       |                         | 79      | K30/401 K / 911    | 01:16:46  | 07.40      | +0:46:14 | 0:09:05 / 4027 | 0:16:11 / 4016 | 0:36:39 / 3977 | 0:47:24 / 4019 | 0:55:16 / 4021 |
| 4027     | 5965   | AUGUSTYNIAK Anna      | Warszawa          | POL       |                         | 59      | K50/34 K / 912     | 01:16:53  | 07.41      | +0:46:21 | 0:08:50 / 3979 | 0:16:01 / 4012 | 0:36:10 / 3966 | 0:47:04 / 4017 | 0:55:12 / 4020 |
| 4028     | 6909   | WRÓBEL Katarzyna      | Warszawa          | POL       | Dream Team              | 84      | K20/347 K / 913    | 01:17:00  | 07.42      | +0:46:28 | 0:07:55 / 3538 | 0:15:06 / 3875 | 0:37:07 / 3983 | 0:48:08 / 4027 | 0:55:41 / 4025 |
| 4029     | 4437   | ARAK Paweł            | Warszawa          | POL       |                         | 79      | M30/1357 M / 3116  | 01:17:03  | 07.42      | +0:46:31 | 0:09:25 / 4037 | 0:16:53 / 4033 | 0:37:59 / 3997 | 0:48:57 / 4038 | 0:56:56 / 4038 |
| 4030     | 4321   | DERLACIŃSKI Łukasz    | Warszawa          | POL       |                         | 78      | M30/1358 M / 3117  | 01:17:06  | 07.42      | +0:46:34 | 0:08:47 / 3970 | 0:16:30 / 4029 | 0:37:17 / 3988 | 0:47:53 / 4025 | 0:55:34 / 4024 |
| 4031     | 4954   | TELKA Artur           | Warszawa          | POL       |                         | 78      | M30/1359 M / 3118  | 01:17:10  | 07.43      | +0:46:38 | 0:08:47 / 3966 | 0:16:22 / 4023 | 0:36:47 / 3979 | 0:47:35 / 4023 | 0:55:59 / 4029 |
| 4032     | 4953   | CEGLIŃSKI Łukasz      | Warszawa          | POL       |                         | 78      | M30/1360 M / 3119  | 01:17:11  | 07.43      | +0:46:39 | 0:08:46 / 3962 | 0:16:23 / 4024 | 0:36:43 / 3978 | 0:47:36 / 4024 | 0:56:00 / 4030 |
| 4033     | 5792   | WOCH Sławomir         | Lublin            | POL       |                         | 81      | M30/1361 M / 3120  | 01:17:15  | 07.43      | +0:46:43 | 0:08:19 / 3823 | 0:15:25 / 3938 | 0:37:29 / 3992 | 0:49:00 / 4039 | 0:59:16 / 4047 |
| 4034     | 6357   | ŚRUBARSKA Agata       | Warszawa          | POL       | Powolniak               | 65      | K40/116 K / 914    | 01:17:42  | 07.46      | +0:47:10 | 0:08:34 / 3921 | 0:15:49 / 3987 | 0:37:17 / 3989 | 0:48:37 / 4035 | 0:56:07 / 4031 |
| 4035     | 6449   | KOSSAKOWSKA Katarzyna | Warszawa          | POL       |                         | 87      | K20/348 K / 915    | 01:17:44  | 07.46      | +0:47:12 | 0:08:12 / 3738 | 0:15:09 / 3892 | 0:37:28 / 3991 | 0:48:16 / 4029 | 0:56:37 / 4036 |
| 4036     | 6450   | KOSSAKOWSKI Piotr     | Warszawa          | POL       |                         | 60      | M50/212 M / 3121   | 01:17:45  | 07.46      | +0:47:13 | 0:08:13 / 3754 | 0:15:10 / 3896 | 0:37:32 / 3993 | 0:48:17 / 4031 | 0:56:34 / 4035 |
| 4037     | 4623   | KĘDZIORA Joanna       | Warszawa          | POL       |                         | 87      | K20/349 K / 916    | 01:17:49  | 07.46      | +0:47:17 | 0:08:23 / 3846 | 0:15:46 / 3982 | 0:37:28 / 3990 | 0:48:41 / 4037 | 0:56:38 / 4037 |
| 4038     | 6933   | NOWAKOWSKA Joanna     | Warszawa          | POL       |                         | 73      | K40/117 K / 917    | 01:18:13  | 07.49      | +0:47:41 | 0:08:51 / 3987 | 0:16:57 / 4035 | 0:38:20 / 4000 | 0:49:07 / 4040 | 0:57:04 / 4039 |
| 4039     | 4159   | KRÓLAK Magdalena      | Warszawa          | POL       |                         | 89      | K20/350 K / 918    | 01:18:14  | 07.49      | +0:47:42 | 0:08:26 / 3876 | 0:15:28 / 3944 | 0:36:56 / 3982 | 0:48:37 / 4036 | 0:56:30 / 4033 |
| 4040     | 496    | PAWŁOWICZ Robert      | Suchowola         | POL       |                         | 70      | M40/576 M / 3122   | 01:18:29  | 07.50      | +0:47:57 | 0:09:26 / 4038 | 0:17:53 / 4045 | 0:39:17 / 4003 | 0:50:22 / 4044 | 0:57:56 / 4042 |
| 4041     | 6987   | MIAOJEDOW Paweł       | Warszawa          | POL       |                         | 66      | M40/577 M / 3123   | 01:18:31  | 07.51      | +0:47:59 | 0:09:32 / 4041 | 0:16:56 / 4034 | 0:37:35 / 3994 | 0:48:20 / 4033 | 0:56:31 / 4034 |
| 4042     | 4468   | SIERADZKI Wojciech    | Warszawa          | POL       |                         | 86      | M20/868 M / 3124   | 01:18:38  | 07.51      | +0:48:06 | 0:07:58 / 3587 | 0:15:12 / 3907 | 0:36:33 / 3976 | 0:48:09 / 4028 | 0:56:21 / 4032 |

# Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

| <i>Msc</i><br><b>Rank</b> | <i>Nr</i><br><b>Bib</b> | <i>Nazwisko i imię</i><br><b>Name</b> | <i>Miejscowość</i><br><b>City</b> | <i>Kraj</i><br><b>Nat.</b>  | <i>Druż / Klub</i><br><b>Team / Club</b> | <i>R-k</i><br><b>YoB</b> | <i>Klasyfikacje</i><br><b>Ranks</b> | <b>Czas</b><br><b>Time</b> | <b>Tempo</b><br><i>m/km</i> | <b>diff</b><br><b>Net</b> | <i>Check points</i> |                |                |                |                |
|---------------------------|-------------------------|---------------------------------------|-----------------------------------|---|--|--------------------------|-------------------------------------|----------------------------|-----------------------------|---------------------------|---------------------|----------------|----------------|----------------|----------------|
| 4043                      | 4603                    | SYCHOWICZ-KORZEŃ<br>Katarzyna         | Pruszków                          |  POL |  | 85                       | K20/351 K / 919                     | 01:19:49                   | 07.58                       | +0:49:17                  | 0:09:05 / 4028      | 0:16:46 / 4031 | 0:38:37 / 4001 | 0:49:31 / 4041 | 0:57:40 / 4041 |
| 4044                      | 5137                    | CZARNECKA-WYRZYKOWS<br>KA Anna        | Łoś                               |  POL |  | 69                       | K40/118 K / 920                     | 01:20:01                   | 08.00                       | +0:49:29                  | 0:09:00 / 4014      | 0:16:14 / 4018 | 0:36:49 / 3980 | 0:48:35 / 4034 | 0:57:31 / 4040 |
| 4045                      | 6827                    | FILIPOWICZ Karolina                   | Warszawa                          |  POL |  | 78                       | K30/402 K / 921                     | 01:20:06                   | 08.00                       | +0:49:35                  | 0:08:12 / 3739      | 0:15:42 / 3978 | 0:38:54 / 4002 | 0:50:18 / 4043 | 0:58:31 / 4044 |
| 4046                      | 3464                    | ŚNIEGOCKA Marta                       | Warszawa                          |  POL | Orkan Tactical                           | 84                       | K20/352 K / 922                     | 01:20:35                   | 08.03                       | +0:50:03                  | 0:09:45 / 4046      | 0:17:39 / 4041 | 0:39:19 / 4005 | 0:50:28 / 4046 | 0:58:57 / 4046 |
| 4047                      | 5877                    | BARAŃSKI Jan izydor                   | Warszawa                          |  POL |  | 93                       | M20/869 M / 3125                    | 01:20:42                   | 08.04                       | +0:50:10                  | 0:09:58 / 4049      | 0:18:09 / 4051 | 0:40:25 / 4006 | 0:52:04 / 4049 | 0:59:49 / 4048 |
| 4048                      | 5878                    | ZIEMKIEWICZ Magdalena                 | Warszawa                          |  POL |  | 64                       | K40/119 K / 923                     | 01:20:42                   | 08.04                       | +0:50:10                  | 0:09:58 / 4048      | 0:18:10 / 4052 | 0:40:25 / 4007 | 0:52:05 / 4050 | 0:59:50 / 4049 |
| 4049                      | 3373                    | STANKIEWICZ Jan                       | Warszawa                          |  POL |  | 66                       | M40/578 M / 3126                    | 01:22:20                   | 08.14                       | +0:51:48                  | 0:08:38 / 3938      | 0:16:14 / 4019 | 0:38:00 / 3998 | 0:49:48 / 4042 | 0:58:35 / 4045 |
| 4050                      | 6999                    | MIRECKI Jan                           | Warszawa                          |  POL |  | 74                       | M30/1362 M / 3127                   | 01:22:31                   | 08.15                       | +0:51:59                  | 0:10:08 / 4053      | 0:18:12 / 4054 | 0:40:40 / 4010 | 0:52:02 / 4048 | 1:00:02 / 4051 |
| 4051                      | 4511                    | ŚWIDERSKA Małgorzata                  | Warszawa                          |  POL |  | 52                       | K60/8 K / 924                       | 01:22:49                   | 08.16                       | +0:52:17                  | 0:10:24 / 4054      | 0:18:21 / 4055 | 0:40:29 / 4008 | 0:51:40 / 4047 | 0:59:54 / 4050 |
| 4052                      | 4222                    | JOPPEK Lucja                          | Warszawa                          |  POL |  | 71                       | K40/120 K / 925                     | 01:24:01                   | 08.24                       | +0:53:29                  | 0:09:46 / 4047      | 0:17:54 / 4046 | 0:40:39 / 4009 | 0:52:08 / 4051 | 1:00:45 / 4052 |
| 4053                      | 3975                    | IWANOWSKA Victoria                    | Warszawa                          |  POL |  | 75                       | K30/403 K / 926                     | 01:24:37                   | 08.27                       | +0:54:05                  | 0:10:32 / 4055      | 0:18:12 / 4053 | 0:41:12 / 4011 | 0:53:06 / 4052 | 1:01:37 / 4053 |
| 4054                      | 4043                    | PROKOP Lidia                          | Szczytno                          |  POL |  | 82                       | K30/404 K / 927                     | 01:26:49                   | 08.40                       | +0:56:17                  | 0:09:31 / 4040      | 0:17:42 / 4043 | 0:44:10 / 4013 | 0:55:50 / 4053 | 1:04:25 / 4054 |
| 4055                      | 4921                    | CZERWIŃSKA Elżbieta                   | Warszawa                          |  POL | Dla Babci                                | 58                       | K50/35 K / 928                      | 01:33:09                   | 09.18                       | +1:02:37                  | 0:09:22 / 4034      | 0:17:42 / 4042 | 0:43:56 / 4012 | 0:57:41 / 4054 | 1:07:29 / 4055 |