

WYNIKI ZAWODÓW

Półmaraton

Organizator: Prezydent Miasta Wałbrzycha, OSIR w Wałbrzychu, Lekkoatletyczny Klub Sportowy "GÓRNIK"

Termin: 26.08.2012

Miejsce: Wałbrzych

Dystans: 21,097 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:	3 km	5 km	7,032 km	10 km	12 km	14,064 km	17 km	19 km			
1	578	KOMEN Joel	KAPSOWAR		KEN UNIPES TEAM WAŁBRZYCH	87M25/1	(M)1		01:07:32	01:07:31	03.12
		0:09:55 / 1	0:16:18 / 3	0:23:06 / 2	0:32:13 / 2	0:38:26 / 1	0:45:09 / 1	0:54:41 / 1	1:00:46 / 1		
2	5	IVERUK Mykahajlo	RIVNE		UKR / SK KOWEL	75M35/1	(M)2		01:07:37	01:07:37	03.12
		0:09:56 / 5	0:16:18 / 2	0:23:08 / 3	0:32:22 / 3	0:38:40 / 3	0:45:25 / 3	0:55:00 / 3	1:01:04 / 3		
3	632	SLAVENSKI Ilya	GOMEL		BLR / GOMEL	84M25/2	(M)3		01:07:49	01:07:49	03.12
		0:09:55 / 2	0:16:18 / 1	0:23:06 / 1	0:32:13 / 1	0:38:26 / 2	0:45:13 / 2	0:54:54 / 2	1:01:00 / 2		
4	630	GUR Oleg	NOVOPOLOCK		BLR / GOMEL	86M25/3	(M)4		01:11:22	01:11:22	03.22
		0:09:55 / 3	0:16:21 / 5	0:23:37 / 5	0:33:25 / 5	0:40:06 / 4	0:47:24 / 4	0:57:31 / 4	1:04:05 / 4		
5	579	KITUR Joel	KAPSABET		KEN UNIPES TEAM WAŁBRZYCH	82M30/1	(M)5		01:14:34	01:14:34	03.32
		0:09:55 / 4	0:16:18 / 4	0:23:08 / 4	0:33:25 / 4	0:40:08 / 5	0:47:57 / 5	0:59:13 / 5	1:06:23 / 5		
6	691	BARTKIEWICZ Krzysztof	TORUŃ		POL / MARATONYPOLSKIE.PL TEAM	75M35/2	(M)6		01:14:42	01:14:40	03.32
		0:10:19 / 7	0:17:08 / 7	0:24:41 / 7	0:35:06 / 7	0:42:04 / 7	0:49:41 / 7	1:00:22 / 6	1:07:01 / 6		
7	526	HOLLY Piotr	WAŁBRZYCH		POL RMD MONTRAIL WAŁBRZYCH/PWSZ/DECATHLON	83M25/4	(M)7		01:15:07	01:15:07	03.33
		0:10:08 / 6	0:16:57 / 6	0:24:22 / 6	0:34:52 / 6	KORONA WROCLAW / RMD MONTRAIL					
						WAŁBRZYCH/PWSZ/DECATHLON KO					
						0:41:58 / 6	0:49:32 / 6	1:00:25 / 7	1:07:21 / 7		
8	159	SUCHENIA Piotr	WEJHEROWO		POL UKS TRI-SAUCONY RUMIA /	80M30/2	(M)8		01:16:55	01:16:54	03.38
		0:10:41 / 10	0:17:41 / 8	0:25:23 / 9	0:36:08 / 8	WWW.RUN-PASSION.PL					
						0:43:17 / 8	0:51:04 / 8	1:02:14 / 8	1:09:09 / 8		
9	644	ANKIEL Arkadiusz	WAŁBRZYCH		POL RMD MONTRAIL WAŁBRZYCH/PWSZ/DECATHLON	89M18/1	(M)9		01:19:20	01:19:19	03.45
		0:10:40 / 9	0:17:41 / 9	0:25:23 / 8	0:36:08 / 9	KORONA WROCLAW / RMD MONTRAIL					
						WAŁBRZYCH/PWSZ/DECATHLON KO					
						0:43:17 / 9	0:51:23 / 9	1:03:32 / 9	1:11:10 / 9		
10	435	DURAK Katarzyna	SZELEJEWO		POL LUKS ŻÓRAWINA	80K30/1	(K)1		01:19:22	01:19:21	03.45
		0:11:40 / 18	0:19:15 / 20	0:27:12 / 19	0:38:02 / 16	0:45:27 / 14	0:53:21 / 13	1:04:26 / 12	1:11:18 / 10		
11	658	MAKOŚ Kamil	BOLESŁAWIEC		POL 10 BKPANC	81M30/3	(M)10		01:19:22	01:19:20	03.45
		0:11:29 / 16	0:18:59 / 15	0:26:56 / 15	0:38:02 / 14	0:45:27 / 15	0:53:21 / 12	1:04:26 / 11	1:11:37 / 11		
12	633	GAWROŃSKI Artur	KAMIENNA GÓRA		POL OLDBOYS KAMIENNA GÓRA	64M45/1	(M)11		01:20:01	01:19:59	03.47
		0:11:04 / 13	0:18:12 / 12	0:26:13 / 12	0:37:10 / 11	0:44:30 / 10	0:52:42 / 10	1:04:19 / 10	1:11:39 / 12		
13	315	PAWŁOWSKI Piotr	KOBIÓR		POL / 40-LATEK TYCHY	73M35/3	(M)12		01:20:10	01:20:09	03.47
		0:11:19 / 14	0:18:44 / 14	0:26:52 / 14	0:38:04 / 17	0:45:28 / 17	0:53:31 / 16	1:04:54 / 15	1:12:11 / 13		
14	532	ŁAZARSKI Patryk	WAŁBRZYCH		POL RMD MONTRAIL WAŁBRZYCH/PWSZ/DECATHLON	91M18/2	(M)13		01:20:37	01:20:36	03.49
		0:10:29 / 8	0:17:48 / 10	0:25:48 / 10	0:36:56 / 10	KORONA WROCLAW / RMD MONTRAIL					
						WAŁBRZYCH/PWSZ/DECATHLON KO					
						0:44:32 / 11	0:52:48 / 11	1:04:36 / 13	1:12:17 / 14		
15	665	DRUCIAREK Jarosław	SZPROTAWA		POL 10 BKPANC / 10 BK PANC.	87M25/5	(M)14		01:20:42	01:20:41	03.49
		0:11:30 / 17	0:18:59 / 16	0:26:56 / 16	0:38:02 / 15	0:45:30 / 18	0:53:38 / 17	1:05:19 / 16	1:12:48 / 16		
16	407	KONDRATOWICZ Łukasz	KAMIENNA GÓRA		POL KB FAURECIA WAŁBRZYCH	81M30/4	Faur1	(M)15	01:20:49	01:20:47	03.49
		0:11:50 / 32	0:19:13 / 19	0:27:12 / 18	0:38:08 / 18	0:45:27 / 16	0:53:22 / 14	1:04:47 / 14	1:12:18 / 15		
17	580	JEPKORIR Winny	NANDI HILLS		KEN UNIPES TEAM WAŁBRZYCH / UNIPES TEAM	90K18/1	(K)2		01:21:44	01:21:43	03.52
		0:11:40 / 19	0:19:16 / 21	0:27:11 / 17	0:38:15 / 19	0:45:50 / 19	0:54:04 / 19	1:05:52 / 18	1:13:20 / 17		
18	306	KUREK Jacek	TYCHY		POL 40-LATEK TYCHY	72M40/1	(M)16		01:21:46	01:21:44	03.52
		0:11:43 / 27	0:19:16 / 25	0:27:24 / 23	0:38:42 / 22	0:46:23 / 20	0:54:44 / 20	1:06:18 / 20	1:13:38 / 19		
19	427	BOGDAL Paweł	MIEDZYGORZE		POL 10 BKPANC	76M35/4	(M)17		01:22:12	01:22:10	03.53
		0:11:40 / 21	0:19:16 / 24	0:27:22 / 22	0:38:52 / 25	0:46:35 / 25	0:54:53 / 24	1:06:46 / 23	1:14:07 / 20		
20	392	TOMASZEWSKI Zdzisław	WAŁBRZYCH		POL / PEC S.A. WAŁBRZYCH	65M45/2	(M)18		01:22:27	01:22:24	03.54
		0:11:03 / 12	0:18:13 / 13	0:26:13 / 13	0:37:20 / 12	0:44:55 / 12	0:53:25 / 15	1:05:30 / 17	1:13:27 / 18		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]
Check pts:											
50	642	PALIGA Paweł	GŁOGÓW	POL	KB MANIAC POZNAŃ	74M35/11	S. z/5	(M)46	01:27:25	01:27:03	04.07
0:13:03 / 90 0:20:36 / 58 0:28:55 / 48 0:40:56 / 48 0:48:58 / 49 0:57:55 / 49 1:10:41 / 51 1:18:37 / 50											
51	33	FIRLEJ Krystian	OLSZYNIEC	POL	WKB PODZAMCZE - ZAMEK KSIAŻ	82M30/9		(M)47	01:27:46	01:27:43	04.09
0:11:42 / 24 0:19:16 / 26 0:27:37 / 29 0:39:42 / 31 0:47:46 / 36 0:56:50 / 39 1:09:47 / 43 1:18:09 / 47											
52	416	ZAJĄC Leszek	ŚWIEBODZICE	POL	WKB PODZAMCZE - ZAMEK KSIAŻ	83M25/10	Faur/2	(M)48	01:27:56	01:27:56	04.10
0:11:25 / 15 0:19:11 / 18 0:27:33 / 28 0:39:42 / 32 0:48:01 / 40 0:57:00 / 43 1:10:14 / 46 1:18:38 / 51											
53	480	OLEKSIUK Leszek	ZGORZELEC	POL	EDI TEAM ZGORZELEC	82M30/10		(M)49	01:27:57	01:27:56	04.10
0:12:23 / 50 0:20:24 / 53 0:29:04 / 54 0:41:07 / 51 0:49:08 / 51 0:58:01 / 51 1:10:50 / 53 1:18:58 / 53											
54	484	PATOCKI Piotr	ŚWIEBODZICE	POL		70M40/6		(M)50	01:28:21	01:28:17	04.11
0:12:06 / 42 0:20:00 / 43 0:28:42 / 47 0:41:07 / 52 0:49:15 / 54 0:58:17 / 54 1:11:17 / 54 1:19:27 / 55											
55	475	MORAWSKA Marzena	WROCLAW	POL	WKB PIAST WROCLAW	76K35/2		(K)5	01:28:28	01:28:26	04.11
0:12:32 / 59 0:20:28 / 56 0:29:12 / 57 0:41:25 / 57 0:49:31 / 56 0:58:29 / 56 1:11:17 / 55 1:19:18 / 54											
56	114	SUK Mirosław	CZĘSTOCHOWA	POL	KLA ZABIEGANI CZĘSTOCHOWA	51M60/1		(M)51	01:28:44	01:28:41	04.12
0:12:17 / 47 0:20:12 / 48 0:29:00 / 50 0:41:15 / 54 0:49:25 / 55 0:58:29 / 57 1:11:26 / 56 1:19:34 / 56											
57	252	MOCZARSKI Mariusz	JELEŃ GÓRA	POL	SLUŻBA / SLUŻBA ZDROWIA	66M45/5	S. z/6	(M)52	01:29:04	01:28:54	04.12
0:12:24 / 52 0:20:23 / 51 0:29:10 / 55 0:41:24 / 56 0:49:31 / 57 0:58:41 / 58 1:11:50 / 58 1:20:02 / 57											
58	192	KUZYŃNIN Adam	PROSZKOWICE	POL		74M35/12		(M)53	01:29:10	01:29:06	04.13
0:12:57 / 82 0:21:06 / 72 0:29:58 / 63 0:42:18 / 60 0:50:27 / 60 0:59:31 / 60 1:12:20 / 60 1:20:20 / 58											
59	611	ŁOZA Adam	WROCLAW	POL	JUVENIA WROCLAW	64M45/6		(M)54	01:29:54	01:29:49	04.15
0:12:25 / 53 0:20:24 / 54 0:29:12 / 56 0:41:29 / 59 0:49:46 / 59 0:58:55 / 59 1:12:04 / 59 1:20:34 / 60											
60	590	KACZUGA Mirosław	WAŁBRZYCH	POL	DĘBY WAŁBRZYCH	63M45/7		(M)55	01:29:57	01:29:56	04.15
0:11:43 / 25 0:19:25 / 32 0:28:01 / 35 0:40:23 / 43 0:48:51 / 46 0:58:10 / 52 1:11:39 / 57 1:20:24 / 59											
61	653	UKLEJA Monika	OSTRÓW WIELKOPOLSKI	POL		82K30/2		(K)6	01:30:09	01:30:07	04.16
0:12:39 / 66 0:20:55 / 65 0:29:49 / 62 0:42:20 / 62 0:50:38 / 61 0:59:45 / 61 1:12:50 / 61 1:21:06 / 62											
62	450	JAWORSKI Stanisław	RUJA	POL	FENIKS LEGNICA	62M50/2		(M)56	01:30:15	01:30:11	04.16
0:12:29 / 57 0:20:34 / 57 0:29:36 / 60 0:42:19 / 61 0:50:40 / 62 0:59:46 / 62 1:12:51 / 62 1:21:06 / 61											
63	657	LEWICKI Piotr	KŁODZKO	POL		74M35/13		(M)57	01:30:50	01:30:41	04.17
0:12:59 / 83 0:21:15 / 79 0:30:10 / 69 0:42:38 / 64 0:50:53 / 63 0:59:53 / 63 1:12:56 / 63 1:21:16 / 63											
64	37	GEZELA Mariusz	WAŁBRZYCH	POL	BBL POZNAŃ	80M30/11	S. z/7	(M)58	01:31:11	01:31:05	04.19
0:12:26 / 55 0:20:40 / 61 0:29:42 / 61 0:42:37 / 63 0:51:05 / 64 1:00:14 / 64 1:13:49 / 64 1:22:19 / 64											
65	412	SKARUZ Jarosław	WARSZAWA	POL	FAURECIA GRÓJEC	77M35/14	Faur/3	(M)59	01:32:08	01:32:04	04.21
0:13:17 / 106 0:21:33 / 87 0:30:42 / 81 0:43:36 / 77 0:52:00 / 71 1:01:20 / 68 1:14:33 / 67 1:22:56 / 67											
66	436	ELING Artur	RAWICZ	POL	SUREM RAWICZ	72M40/7		(M)60	01:32:12	01:32:06	04.21
0:12:56 / 81 0:21:07 / 75 0:30:08 / 67 0:42:50 / 65 0:51:21 / 65 1:00:37 / 65 1:14:01 / 65 1:22:36 / 65											
67	506	SZCZERBA Paweł	LUBIN	POL	ZG LUBIN	80M30/12		(M)61	01:32:19	01:32:17	04.22
0:12:47 / 76 0:21:10 / 76 0:30:34 / 77 0:43:13 / 68 0:51:29 / 66 1:00:45 / 66 1:14:12 / 66 1:22:56 / 66											
68	144	NOWICKI Andrzej	BIELAWA	POL		61M50/3		(M)62	01:32:20	01:32:14	04.22
0:13:02 / 89 0:21:23 / 82 0:30:35 / 79 0:43:19 / 70 0:51:55 / 69 1:01:22 / 70 1:14:40 / 68 1:23:08 / 68											
69	373	ZAWADA Marek	LWÓWEK ŚL	POL	MKS PIAST LWÓWEK ŚL.	74M35/15		(M)63	01:32:31	01:32:27	04.22
0:12:36 / 63 0:20:56 / 67 0:30:10 / 70 0:43:09 / 67 0:51:37 / 67 1:01:18 / 67 1:14:57 / 70 1:23:22 / 70											
70	499	SOBAN Damian	BOGUSZOW-GORCE	POL	NIEZRZESZONY	81M30/13		(M)64	01:32:35	01:32:31	04.23
0:12:45 / 73 0:21:34 / 88 0:31:11 / 94 0:44:28 / 98 0:53:05 / 95 1:02:29 / 89 1:15:30 / 76 1:23:46 / 76											
71	203	SITKO Artur	JEDLINA ZDRÓJ	POL		81M30/14		(M)65	01:32:37	01:32:35	04.23
0:12:49 / 77 0:21:06 / 74 0:30:21 / 73 0:43:23 / 72 0:51:58 / 70 1:01:22 / 71 1:14:42 / 69 1:23:20 / 69											
72	85	TOLŁOCZKO Arkadiusz	CHWAŁOWICE	POL	CHWAŁOWICE/JELCZ	77M35/16		(M)66	01:32:41	01:32:36	04.23
0:13:41 / 127 0:22:06 / 115 0:31:26 / 104 0:44:23 / 94 0:52:53 / 88 1:02:08 / 82 1:15:27 / 74 1:23:41 / 72											
73	375	BOCHM Szymon	KOBYLA GÓRA	POL	BON ŻYWNOŚCIOWY	90M18/7		(M)67	01:32:41	01:32:12	04.22
0:15:18 / 250 0:24:09 / 213 0:33:23 / 182 0:46:03 / 139 0:54:23 / 123 1:03:13 / 106 1:16:03 / 84 1:24:11 / 80											
74	62	MLAK Kazimierz	MILIKOWICE	POL	HERMES ŚWIDNICA	58M50/4		(M)68	01:32:54	01:32:49	04.24
0:13:23 / 111 0:21:58 / 105 0:31:13 / 97 0:44:15 / 88 0:52:44 / 84 1:02:01 / 78 1:15:17 / 73 1:23:43 / 74											
75	213	HAŁGAS Paweł	WAŁBRZYCH	POL	NSZZ POLICJANTÓW WAŁBRZYCH	86M25/11		(M)69	01:33:02	01:32:59	04.24
0:12:41 / 68 0:21:05 / 71 0:30:21 / 71 0:43:25 / 74 0:52:08 / 72 1:01:39 / 72 1:15:07 / 72 1:23:42 / 73											
76	614	KWIATUSZEWSKI Piotr	KOWARY	POL	OLIMPIA KOWARY	59M50/5	S. z/8	(M)70	01:33:04	01:32:49	04.24
0:14:21 / 184 0:22:52 / 148 0:32:14 / 130 0:44:59 / 113 0:53:20 / 99 1:02:36 / 93 1:15:53 / 82 1:24:06 / 78											
77	492	RYBA Jan	WROCLAW	POL	BIEGAM BO LUBIĘ WROCLAW	62M50/6		(M)71	01:33:05	01:32:56	04.24
0:13:23 / 112 0:21:58 / 104 0:31:13 / 96 0:44:18 / 90 0:52:44 / 85 1:02:07 / 81 1:15:29 / 75 1:23:44 / 75											
78	364	NOLEWAJKA Cezary	WROCLAW	POL		71M40/8		(M)72	01:33:05	01:33:03	04.24
0:12:44 / 72 0:20:59 / 68 0:30:09 / 68 0:43:02 / 66 0:51:44 / 68 1:01:21 / 69 1:15:06 / 71 1:23:36 / 71											

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:									
108	269	SIERKA Artur	WROCLAW	POL	/ WKB PIAST WROCLAW	81M30/21	(M)101 01:36:05	01:36:02 04.33	
			0:12:34 / 61 0:20:40 / 60 0:30:06 / 66 0:43:24 / 73 0:52:18 / 76 1:02:13 / 83 1:16:57 / 98 1:26:20 / 107						
109	239	KARYS Zbigniew	OBORA	POL	ZG LUBIN	65M45/12	(M)102 01:36:12	01:35:58 04.32	
			0:13:23 / 109 0:21:51 / 100 0:31:26 / 105 0:44:49 / 106 0:53:41 / 111 1:03:42 / 115 1:17:53 / 114 1:26:34 / 111						
110	472	MAJ Piotr	WARSZAWA	POL		77M35/24	(M)103 01:36:15	01:36:06 04.33	
			0:13:48 / 131 0:22:37 / 133 0:32:15 / 132 0:45:43 / 129 0:54:41 / 130 1:04:20 / 123 1:18:01 / 117 1:26:51 / 116						
111	467	LERIAN Mariusz	LUBAŃ	POL		82M30/22	(M)104 01:36:15	01:36:11 04.33	
			0:12:41 / 69 0:21:19 / 80 0:31:02 / 90 0:44:42 / 103 0:53:38 / 110 1:03:20 / 111 1:17:41 / 108 1:26:39 / 112						
112	48	JELONEK Jerzy	MIEROSZÓW	POL		76M35/25	(M)105 01:36:20	01:35:54 04.32	
			0:13:58 / 149 0:22:45 / 141 0:32:29 / 137 0:45:59 / 135 0:55:01 / 137 1:04:54 / 135 1:18:18 / 123 1:26:51 / 115						
113	24	CIEŚLA Jarosław	WAŁBRZYCH	POL	DEBY WAŁBRZYCH	65M45/13	(M)106 01:36:22	01:36:20 04.33	
			0:12:36 / 62 0:21:13 / 78 0:30:49 / 85 0:44:22 / 92 0:53:21 / 101 1:03:29 / 113 1:17:54 / 115 1:26:46 / 114						
114	378	GANCZAREK Jacek	WAŁBRZYCH	POL		76M35/26	(M)107 01:36:25	01:36:21 04.34	
			0:12:37 / 64 0:21:04 / 70 0:30:31 / 76 0:44:03 / 85 0:53:05 / 94 1:02:53 / 100 1:17:08 / 103 1:26:24 / 109						
115	210	GALYSA Michał	WAŁBRZYCH	POL		58M50/9	(M)108 01:36:32	01:36:14 04.33	
			0:14:50 / 214 0:23:38 / 192 0:33:17 / 177 0:46:42 / 152 0:55:28 / 145 1:05:20 / 144 1:19:07 / 136 1:27:30 / 126						
116	319	SŁOMOWICZ Jarosław	WAŁBRZYCH	POL	WKB PODZAMCZE - ZAMEK KSIĄŻ	70M40/12	(M)109 01:36:44	01:36:40 04.34	
			0:13:11 / 98 0:21:54 / 103 0:31:28 / 109 0:45:08 / 117 0:54:05 / 118 1:04:08 / 120 1:18:19 / 125 1:27:15 / 122						
117	635	LACROIX Konrad	LEGNICA	POL	PRO-RUN WROCLAW	88M18/11	(M)110 01:36:44	01:36:34 04.34	
			0:14:20 / 181 0:23:11 / 166 0:33:02 / 166 0:46:28 / 144 0:55:21 / 141 1:05:07 / 139 1:18:50 / 133 1:27:24 / 123						
118	205	SZESZKO Marek	BYTOM	POL	/ KRS TKKF JASTRZĄB RUDA ŚLĄSKA	64M45/14	(M)111 01:37:00	01:36:46 04.35	
			0:14:02 / 156 0:22:53 / 151 0:32:34 / 142 0:45:54 / 134 0:54:55 / 135 1:04:49 / 134 1:18:41 / 128 1:27:29 / 125						
119	260	PITEK Marcin	JEŻÓW SUDECKI	POL		78M30/23	(M)112 01:37:14	01:37:04 04.36	
			0:13:29 / 118 0:22:06 / 112 0:31:27 / 108 0:44:53 / 110 0:53:55 / 115 1:03:43 / 116 1:18:03 / 118 1:27:06 / 119						
120	194	MICH Łukasz	SOKOŁOWSKO	POL	/ SOKOŁOWSKO	85M25/14	(M)113 01:37:20	01:37:15 04.36	
			0:13:31 / 119 0:22:13 / 118 0:31:47 / 117 0:45:23 / 122 0:54:20 / 122 1:04:02 / 119 1:18:11 / 119 1:27:14 / 121						
121	280	ZALEŃSKI Przemysław	WAŁBRZYCH	POL		79M30/24	(M)114 01:37:25	01:37:18 04.36	
			0:13:20 / 107 0:22:17 / 119 0:31:40 / 113 0:44:45 / 104 0:53:29 / 104 1:02:49 / 95 1:16:35 / 93 1:25:22 / 92						
122	607	SAMOLEWICZ Janusz	RZESZÓW	POL	HANDLOPEX RZESZÓW	55M55/3	(M)115 01:37:27	01:37:21 04.36	
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123	460	KOZŁOWSKI Łukasz	WAŁBRZYCH	POL	RMD MONTRAIL WAŁBRZYCH/PWSZ/DECATHLON KORONA WROCLAW / RMD MONTRAIL WAŁBRZYCH/PWSZ/DECATHLON KO	91M18/12	(M)116 01:37:27	01:37:08 04.36	
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124	148	HUMEN Tomasz	BOGATYNIA	POL	/ ELTUR-SERWIS	70M40/13	(M)117 01:37:30	01:37:17 04.36	
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125	397	BACZEWSKI Edward	WAŁBRZYCH	POL	FAURECIA WAŁBRZYCH	64M45/15	Faur/7 (M)118 01:37:31	01:37:17 04.36	
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126	40	GRZYB Sławomir	WROCLAW	POL		81M30/25	(M)119 01:37:41	01:37:12 04.36	
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127	264	PLUKARSKI Patryk	WROCLAW	POL	/ WKW	82M30/26	(M)120 01:37:42	01:37:12 04.36	
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128	355	LEŚNIAK Jan	WAŁBRZYCH	POL		52M60/3	(M)121 01:37:44	01:37:42 04.37	
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129	165	BUSZ Artur	MIEROSZÓW	POL	/ TEMPO WAŁBRZYCH	82M30/27	(M)122 01:37:45	01:37:38 04.37	
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130	294	GIZLER Piotr	OLAWA	POL		75M35/27	(M)123 01:37:47	01:37:32 04.37	
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131	305	KUCZYŃSKI Rafał	LUBIN	POL	/ LUBIŃSKIE CHARAKTERY	79M30/28	(M)124 01:37:56	01:37:36 04.37	
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132	199	FIRLA Łukasz	CIESZYN	POL		85M25/15	(M)125 01:37:59	01:37:51 04.38	
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133	565	KACZOR Rafał	WAŁBRZYCH	POL	KACZOR / KACZOR BOKS TEAM WAŁBRZYCH	82M30/29	(M)126 01:38:01	01:37:56 04.38	
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134	78	SALAŁA Roman	ŚWIEBODZICE	POL	TEMPO WAŁBRZYCH	78M30/30	(M)127 01:38:03	01:37:56 04.38	
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135	394	WYDMUCH Marek	ZĄBKOWICE ŚLĄSKIE	POL		62M50/10	(M)128 01:38:10	01:37:52 04.38	
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136	385	LEŚNICKI Marek	STANOWICE	POL			67M45/16	(M)129	01:38:11	01:37:53 04.38
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137	516	ZIELIŃSKI Artur	WROCLAW	POL	PRO-RUN WROCLAW		78M30/31	(M)130	01:38:11	01:38:02 04.38
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138	287	CHORAZY Piotr	JANOWICE WIELKIE	POL			71M40/14	(M)131	01:38:13	01:37:56 04.38
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139	4076	SALAMONOWICZ Kamil	WALBRZYCH	POL	/ AMATOR		86M25/16	(M)132	01:38:16	01:37:59 04.38
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140	512	ZACZYK Dariusz	BOGUSZÓW-GORCE	POL	SUREM RAWICZ /		93M18/13	(M)133	01:38:16	01:38:12 04.39
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141	225	ZAJĄC Leszek	WALBRZYCH	POL	/ WKB PODZAMCZE - ZAMEK KSIAŻ		50M60/4	(M)134	01:38:23	01:38:21 04.39
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142	195	RUDEWICZ Mariusz	LEGNICA	POL	ZG LUBIN		68M40/15	(M)135	01:38:23	01:38:16 04.39
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143	187	DUDZIŃSKI Marcin	WALBRZYCH	POL			78M30/32	(M)136	01:38:24	01:38:05 04.38
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144	342	SULIMA Grzegorz	STRZEGOM	POL	/ STRZEGOM BIEGA		67M45/17	(M)137	01:38:28	01:38:15 04.39
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145	217	SOCHA Artur	WALBRZYCH	POL			89M18/14	(M)138	01:38:33	01:38:16 04.39
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146	535	POGORZELSKI Grzegorz	WALBRZYCH	POL	DEBY WALBRZYCH / DRUŻYNA SZPIKU/DĘBY		62M50/11	(M)139	01:38:42	01:38:26 04.39
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147	273	SROKA Pawel	KOWARY	POL			74M35/28	(M)140	01:38:49	01:38:42 04.40
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148	166	FLORCZAK Krzysztof	OSTRÓW WIELKOPOLSKI	POL	/ KS MARATON OSTRÓW		72M40/16	S. z/10 (M)141	01:38:53	01:38:46 04.40
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149	84	SZANIEWSKI Mirosław	JELENIA GÓRA	POL			73M35/29	S. z/11 (M)142	01:39:08	01:38:59 04.41
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150	337	KOPANIA Kamil	WILKÓW	POL			90M18/15	(M)143	01:39:21	01:38:57 04.41
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151	30	DURMAJ Bartomiej	WROCLAW	POL	DRUŻYNA SZPIKU		84M25/17	(M)144	01:39:39	01:39:14 04.42
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152	395	ZALĘCKI Robert	WALBRZYCH	POL			73M35/30	(M)145	01:39:41	01:39:34 04.43
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153	615	GŁOGOWSKI Mirek	SIEDLEĆIN	POL			60M50/12	(M)146	01:39:46	01:39:29 04.42
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154	74	PIETRZAK Bartosz	WALBRZYCH	POL	PWT		87M25/18	(M)147	01:39:53	01:39:41 04.43
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155	648	KOMOROWSKA Kamila	WROCLAW	POL	/		80K30/4	(K)8	01:39:55	01:39:42 04.43
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156	527	JALOCHA Mirosław	BOGUSZÓW GORCE	POL	/ AMATOR		65M45/18	(M)148	01:39:55	01:39:51 04.43
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157	279	ZAKLUKIEWICZ Jerzy	OLAWA	POL	/ KB DOMBUD OLAWA		71M40/17	(M)149	01:39:55	01:39:40 04.43
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158	513	ZACZYK Jarosław	BOGUSZÓW-GORCE	POL	/ AZS PWSZ AS WALBRZYCH		90M18/16	(M)150	01:39:58	01:39:39 04.43
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159	465	KSYCKI Grzegorz	WROCLAW	POL			76M35/31	(M)151	01:40:01	01:39:49 04.43
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160	452	KAMINSKI Andrzej	SLUBICE	POL	/ OSS SG LUBAN		67M45/19	(M)152	01:40:03	01:40:00 04.44
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161	649	ANDRZEJEWSKA Magdalena	JANOWICE WIELKIE	POL	/ CROSSFIT MJOLLNIR		77K35/3	(K)9	01:40:06	01:39:56 04.44
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162	593	TAJDUŚ Bogusław	WALBRZYCH	POL	DEBY WALBRZYCH		65M45/20	(M)153	01:40:09	01:39:51 04.44
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163	655	WASIAK Grzegorz	JELENIA GÓRA	POL			74M35/32	(M)154	01:40:14	01:40:02 04.44
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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:									
164	298	JAROSZ Dominika	JELEŃ GÓRA	POL	WIKIPRINT	81K30/5	(K)10 01:40:22	01:40:10 04.44	
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165	531	LANDSBERG Marcin	WAŁBRZYCH	POL	DEBY WAŁBRZYCH	77M35/33	(M)155 01:40:36	01:40:32 04.45	
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166	316	PLESNER Ryszard	WOŁÓW	POL	ULKS PODLASIE WOŁÓW	64M45/21	(M)156 01:40:39	01:40:34 04.46	
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167	291	DUL Wiesław	JELEŃ GÓRA	POL	KLUB MARATOŃCZYKA TIM.S.A.	52M60/5	(M)157 01:40:42	01:40:31 04.45	
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168	402	CYNAR Jarosław	WAŁBRZYCH	POL	KB FAURECIA WAŁBRZYCH	79M30/33	Faur/8 (M)158 01:40:50	01:40:34 04.46	
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169	476	MORAWSKI Piotr	GRZYBIANY	POL		90M18/17	(M)159 01:40:50	01:40:26 04.45	
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170	661	VICHOVÁ Jana	BENECKO	CZE	HSK BENECKO	72K40/2	(K)11 01:41:08	01:41:02 04.47	
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171	60	MIKOŁAJCZAK Przemysław	WAŁBRZYCH	POL	KB FAURECIA WAŁBRZYCH	78M30/34	(M)160 01:41:23	01:41:06 04.47	
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172	11	ARCISZEWSKI Marcin	WAŁBRZYCH	POL		79M30/35	(M)161 01:41:24	01:41:07 04.47	
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173	564	BUDKA Mirosław	WAŁBRZYCH	POL	DEBY WAŁBRZYCH	68M40/18	(M)162 01:41:29	01:41:21 04.48	
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174	619	GLINA Krzysztof	RAWICZ	POL	SUREM RAWICZ	70M40/19	(M)163 01:41:29	01:41:23 04.48	
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175	608	RACINIEWSKI Sebastian	WAŁBRZYCH	POL	KS GÓRNIK NOWE MIASTO WAŁBRZYCH	77M35/34	(M)164 01:41:31	01:41:25 04.48	
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176	442	FILIP Paweł	CHEŁMSKO ŚLĄSKIE	POL		86M25/19	(M)165 01:41:39	01:41:26 04.48	
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177	498	ŚLAWIK Andrzej	GLUSZYCA	POL		76M35/35	(M)166 01:41:47	01:41:19 04.48	
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178	518	ZIOŁA Tadeusz	BOGATYNIA	POL	EDI TEAM ZGORZELEC	63M45/22	(M)167 01:41:50	01:41:39 04.49	
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179	202	PEREMICKA Małgorzata	BOGATYNIA	POL	SP ZOZ BOGATYNIA	81K30/6	S. z/12 (K)12 01:41:51	01:41:38 04.49	
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180	485	PIĄTEK Maciej	WAŁBRZYCH	POL		80M30/36	(M)168 01:42:07	01:41:48 04.49	
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181	515	ZBYRYT Marek	NOWA RUDA	POL	BEZPAŃSKI JESTEM	65M45/23	(M)169 01:42:07	01:41:56 04.49	
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182	568	SIMM Wojciech	WAŁBRZYCH	POL	INDYWIDUALNIE / NIEZRZESZONY	91M18/18	(M)170 01:42:11	01:42:07 04.50	
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183	98	AMBROSIEWICZ Henryk	LEGNICA	POL	KB LEW LEGNICA	49M60/6	(M)171 01:42:13	01:42:10 04.50	
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184	569	STAWICKI Sebastian	WAŁBRZYCH	POL	ATRI - WAŁBRZYSKI KLUB TENISOWY	75M35/36	(M)172 01:42:21	01:41:58 04.50	
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185	625	LITWIN Mariusz	WROCLAW	POL		76M35/37	S. z/13 (M)173 01:42:32	01:42:26 04.51	
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186	300	JURASZ Zygmunt	ZGORZELEC	POL	INDYWIDUALNIE	45M65/1	S. z/14 (M)174 01:42:35	01:42:24 04.51	
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187	46	JASIAK Zbigniew	WAŁBRZYCH	POL	WAŁBRZYSKIE PODZAMCZE BIEGA	58M50/13	(M)175 01:42:47	01:42:43 04.52	
0:13:33 / 121 0:22:30 / 123 0:32:28 / 135 0:46:48 / 162 0:56:17 / 166 1:06:50 / 175 1:22:22 / 187 1:32:11 / 187									
188	42	GURGUL Ryszard	BOGUSZOW-GORCE	POL	DEBY WAŁBRZYCH	55M55/4	(M)176 01:42:52	01:42:35 04.51	
0:14:16 / 174 0:23:15 / 174 0:33:20 / 179 0:47:29 / 187 0:56:30 / 173 1:06:51 / 176 1:22:04 / 184 1:31:48 / 181									
189	26	CZAPIGA Robert	NOWA RUDA-SŁUPIEC	POL	TEMPO WAŁBRZYCH	71M40/20	(M)177 01:43:12	01:42:42 04.52	
0:16:06 / 304 0:25:53 / 306 0:36:25 / 284 0:51:03 / 255 1:00:21 / 249 1:10:34 / 239 1:24:45 / 215 1:33:41 / 206									
190	57	MENES Marcin	LESZNO	POL		77M35/38	(M)178 01:43:13	01:43:04 04.53	
0:14:17 / 176 0:23:17 / 178 0:33:33 / 191 0:48:11 / 194 0:56:57 / 182 1:07:07 / 182 1:22:24 / 188 1:32:11 / 188									
191	422	BARAN Bartłomiej	OLAWA	POL		74M35/39	(M)179 01:43:24	01:42:56 04.52	
0:14:54 / 218 0:24:00 / 207 0:33:56 / 204 0:48:16 / 196 0:57:39 / 201 1:07:54 / 195 1:22:50 / 192 1:32:48 / 194									
192	310	MARKOWICZ Łukasz	WROCLAW	POL		94M18/19	(M)180 01:43:27	01:43:16 04.53	
0:14:08 / 165 0:23:12 / 171 0:32:53 / 157 0:47:01 / 169 0:56:55 / 179 1:06:55 / 177 1:22:29 / 189 1:33:01 / 195									

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna / Klub Team / Club</i>	<i>R-k W kategorii Grupy YoB in Age Group Sex</i>	<i>Wynik Time</i>	<i>Wynik Netto [min/km]</i>	
193	13	BANASIAK Alicja	BIELSKO BIALA	POL	SPRINT BIELSKO BIALA	52K60/1 (K)13	01:43:27	01:43:23	04.54
194	237	GULACZ Michał	WAŁBRZYCH	POL		94M18/20 (M)181	01:43:30	01:43:13	04.53
195	41	GULACZ Marek	WAŁBRZYCH	POL		60M50/14 (M)182	01:43:34	01:43:15	04.53
196	477	MRÓZ Wojciech	WROCLAW	POL	IM 2010	83M25/20 (M)183	01:43:36	01:43:12	04.53
197	29	DUBAREK Piotr	BOGUSZÓW GORCE	POL		70M40/21 (M)184	01:43:48	01:43:29	04.54
198	168	KACZMAREK Marek	WROCLAW	POL		55M55/5 (M)185	01:43:50	01:43:12	04.53
199	25	CIEŚLAK Zdzisław	ŚWIDNICA	POL	TEMPO WAŁBRZYCH	70M40/22 (M)186	01:43:50	01:43:43	04.54
200	356	KOZACZKIEWICZ Jacek	JEŻÓW SUDECKI	POL		63M45/24 (M)187	01:43:51	01:43:36	04.54
201	322	TOMASZEWSKI Rafał	GLUCHOŁAZY	POL		79M30/37 (M)188	01:43:55	01:43:32	04.54
202	352	JEZIERSKI Marek	WROCLAW	POL	AKADEMIA PRZYGODY	77M35/40 (M)189	01:44:00	01:43:46	04.55
203	196	SMOLARZ Maciej	BIELAWA	POL	DRUŻYNA SZPIKU	72M40/23 S. z/15 (M)190	01:44:04	01:43:48	04.55
204	339	KRUPA Łukasz	CHOJNÓW	POL	OLAWS ZŁOTORYJA	90M18/21 (M)191	01:44:07	01:43:42	04.54
205	328	WYPYCH Tomasz	BRZEG	POL		70M40/24 (M)192	01:44:09	01:43:52	04.55
206	277	WIĄCEK Marek	WROCLAW	POL	IM 2010	62M50/15 (M)193	01:44:12	01:44:01	04.55
207	386	ŁAGODZIŃSKI Marek	GOSTYŃ	POL	KB ŻÓŁWIK KROBIA	77M35/41 (M)194	01:44:17	01:43:52	04.55
208	21	BURMAS Dariusz	BOLESŁAWIEC	POL		70M40/25 (M)195	01:44:18	01:44:05	04.56
209	128	DOŁOSZYŃSKI Tomasz	BOLKÓW	POL		78M30/38 (M)196	01:44:19	01:43:40	04.54
210	289	DĄBROWSKI Krzysztof	WROCLAW	POL	UWR	89M18/22 (M)197	01:44:20	01:43:59	04.55
211	401	CHUC Tomasz	SWIDNICA	POL	FAURECIA WAŁBRZYCH	82M30/39 Faur/9 (M)198	01:44:20	01:43:56	04.55
212	55	MATUSIK Piotr	LEGNICA	POL		77M35/42 (M)199	01:44:21	01:44:08	04.56
213	410	MAGIERA Mirosław	WAŁBRZYCH	POL		63M45/25 Faur/10 (M)200	01:44:28	01:44:22	04.56
214	443	GOCHA Monika	WROCLAW	POL		76K35/4 (K)14	01:44:44	01:44:18	04.56
215	387	ŁUGOWSKI Igor	LUBIN	POL	LUBIŃSKIE CHARAKTERY	73M35/43 (M)201	01:44:45	01:44:27	04.57
216	4	DUDEK Edward	RADZIECHOWY	POL	RKB BACA RADZIECHOWY	54M55/6 (M)202	01:44:52	01:44:51	04.58
217	188	GRUŻLEWSKI Radosław	ŚWIĘTOSZÓW	POL	10BKPAŃC ŚWIĘTOSZÓW	89M18/23 (M)203	01:44:54	01:44:38	04.57
218	324	WESOŁOWSKI Stanisław	URAZ	POL	WKB PIAST WROCLAW	54M55/7 (M)204	01:44:56	01:44:35	04.57
219	133	MIZIŃSKI Bartłomiej	ŚWIĘTA KATARZYNA	POL		89M18/24 (M)205	01:44:58	01:44:38	04.57
220	335	SZARAPO Maciej	WROCLAW	POL	PROSHARE CYCLING	77M35/44 (M)206	01:44:58	01:44:28	04.57
221	330	ZIELIŃSKI Artur	WAŁBRZYCH	POL	OBRONANARODOWA.PL	87M25/21 (M)207	01:44:59	01:44:37	04.57

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:											
222	603	BANACH Mariusz	WAŁBRZYCH	POL		77M35/45	S. z/16	(M)208	01:45:01	01:44:38	04.57
		0:15:49 / 283	0:25:14 / 265	0:35:32 / 248	0:50:18 / 236	0:59:47 / 237	1:10:24 / 234	1:25:26 / 227	1:34:51 / 230		
223	176	NOWAK Jan	RACIBÓRZ	POL	/ BIEGAM BO LUBIĘ	58M50/16		(M)209	01:45:04	01:44:51	04.58
		0:14:56 / 221	0:24:15 / 216	0:34:50 / 222	0:49:51 / 227	0:59:07 / 221	1:09:29 / 215	1:25:12 / 225	1:34:33 / 219		
224	54	KUPISIEWICZ Krzysztof	WAŁBRZYCH	POL		78M30/40		(M)210	01:45:10	01:44:40	04.57
		0:15:56 / 290	0:25:41 / 289	0:36:07 / 268	0:51:09 / 262	1:00:31 / 254	1:10:47 / 243	1:25:37 / 233	1:35:11 / 231		
225	302	KRASON Mirosław	SOBÓTKA	POL	/ ŚLEZANIE SOBÓTKA	65M45/26		(M)211	01:45:12	01:44:52	04.58
		0:15:12 / 243	0:24:26 / 222	0:34:42 / 218	0:49:32 / 217	0:59:01 / 217	1:09:40 / 221	1:25:04 / 219	1:34:39 / 221		
226	185	ŚWIERK Seweryn	JANOWICE WIELKIE	POL		79M30/41		(M)212	01:45:32	01:45:21	04.59
		0:13:38 / 126	0:22:51 / 147	0:33:16 / 176	0:48:35 / 201	0:58:28 / 211	1:09:02 / 209	1:24:57 / 216	1:34:44 / 225		
227	456	KIERCZAK Marcin	ŚWIDNICA	POL		80M30/42		(M)213	01:45:32	01:44:50	04.58
		0:16:15 / 331	0:25:51 / 302	0:36:22 / 279	0:50:55 / 247	1:00:14 / 244	1:10:46 / 242	1:25:37 / 232	1:35:16 / 235		
228	340	KWIECIEN Sebastian	WROCLAW	POL	/ UKULELE ROGOŹNIK	83M25/22		(M)214	01:45:33	01:45:18	04.59
		0:15:32 / 264	0:25:24 / 271	0:36:01 / 263	0:51:00 / 252	1:00:26 / 253	1:10:54 / 247	1:25:42 / 235	1:35:13 / 233		
229	510	WOJTASIK Kazimierz	JELEŃ GÓRA	POL	/ MKS PAULINUM	42M70/1		(M)215	01:45:35	01:45:25	04.59
		0:15:11 / 240	0:24:40 / 239	0:35:04 / 230	0:49:49 / 224	0:59:09 / 222	1:09:40 / 220	1:25:03 / 218	1:34:42 / 224		
230	200	MOŹWIŁO Marek	NOWA RUDA	POL	/ LKS	47M65/2		(M)216	01:45:35	01:45:27	04.59
		0:14:52 / 216	0:24:14 / 215	0:34:39 / 216	0:49:33 / 218	0:59:01 / 218	1:09:41 / 222	1:25:06 / 220	1:34:42 / 223		
231	17	BOGULAK Marek	WAŁBRZYCH	POL		80M30/43		(M)217	01:45:54	01:45:25	04.59
		0:16:05 / 300	0:25:29 / 276	0:36:07 / 267	0:51:05 / 256	1:00:23 / 250	1:10:54 / 246	1:25:55 / 239	1:35:20 / 236		
232	418	ZIÓLKOWSKI Michał	BIAŁYSTOK	POL	FAURECIA GRÓJEC	81M30/44	Faur/11	(M)218	01:45:59	01:45:56	05.01
		0:13:25 / 114	0:21:39 / 93	0:31:21 / 100	0:46:24 / 143	0:55:55 / 149	1:06:32 / 163	1:23:30 / 195	1:33:39 / 204		
233	108	PRZYBYLSKI Czesław	PSZENNO	POL	HERMES ŚWIDNICA	46M65/3		(M)219	01:46:02	01:45:55	05.01
		0:14:57 / 224	0:24:33 / 230	0:34:54 / 226	0:49:47 / 223	0:59:22 / 223	1:10:07 / 225	1:25:30 / 228	1:35:11 / 232		
234	4075	PASTUSZAK Piotrek	WAŁBRZYCH	POL	/ AMATOR	87M25/23		(M)220	01:46:03	01:45:46	05.00
		0:15:02 / 230	0:24:00 / 206	0:33:56 / 205	0:48:20 / 199	0:57:38 / 199	1:08:09 / 199	1:24:25 / 211	1:34:47 / 226		
235	143	LIPKA Grzegorz	BIAŁA	POL		86M25/24		(M)221	01:46:06	01:45:59	05.01
		0:14:07 / 164	0:23:12 / 172	0:33:22 / 180	0:51:06 / 258	0:57:30 / 196	1:08:25 / 201	1:24:19 / 208	1:34:34 / 220		
236	415	ŚWIĘCICKI Daniel	ŚWIDNICA	POL	/ NIEZRZESZONY	79M30/45	Faur/12	(M)222	01:46:14	01:45:44	05.00
		0:16:13 / 327	0:25:40 / 288	0:36:12 / 272	0:51:06 / 259	1:00:24 / 251	1:11:00 / 248	1:26:21 / 244	1:35:49 / 240		
237	63	MORAWSKA Bożena	ŚWIDNICA	POL		69K40/3	S. z/17	(K)15	01:46:15	01:45:46	05.00
		0:16:13 / 328	0:25:51 / 303	0:36:24 / 281	0:51:23 / 269	1:00:38 / 256	1:11:16 / 252	1:26:37 / 249	1:36:09 / 243		
238	91	ZAKRZEWSKI Jacek	JEDLINA-ZDRÓJ	POL	TEMMPO WAŁBRZYCH	72M40/26		(M)223	01:46:16	01:45:45	05.00
		0:16:05 / 301	0:25:35 / 283	0:36:03 / 264	0:50:59 / 250	1:00:20 / 248	1:10:42 / 241	1:25:56 / 240	1:35:34 / 237		
239	354	LEBIODA Rafał	WROCLAW	POL	/ ANSERINE FAMILLE	75M35/46		(M)224	01:46:19	01:46:01	05.01
		0:15:36 / 270	0:25:11 / 263	0:35:25 / 244	0:50:00 / 229	0:59:24 / 225	1:10:11 / 227	1:25:54 / 238	1:35:44 / 239		
240	228	BUDKOWSKI Tomasz	WROCLAW	POL	/ IM2010	75M35/47		(M)225	01:46:20	01:46:04	05.01
		0:15:36 / 269	0:25:11 / 262	0:35:25 / 243	0:50:00 / 228	0:59:24 / 226	1:10:10 / 226	1:26:10 / 241	1:35:44 / 238		
241	437	ELING Lidia	RAWICZ-MASŁOWO	POL	SUREM RAWICZ	73K35/5	S. z/18	(K)16	01:46:31	01:46:19	05.02
		0:15:05 / 233	0:24:35 / 236	0:35:16 / 234	0:50:31 / 241	0:59:58 / 240	1:10:50 / 245	1:26:20 / 243	1:35:52 / 242		
242	276	TAJDUD Adam	SZCZAWNÓ ZDRÓJ	POL	/	79M30/46		(M)226	01:46:43	01:46:04	05.01
		0:17:06 / 408	0:27:18 / 393	0:37:58 / 363	0:53:12 / 329	1:02:23 / 306	1:13:01 / 294	1:28:06 / 270	1:37:18 / 258		
243	486	PIOTROWSKI Grzegorz	ŚWIDNICA	POL	/ HERMES ŚWIDNICA	80M30/47		(M)227	01:46:44	01:46:17	05.02
		0:14:33 / 192	0:23:20 / 183	0:33:23 / 181	0:47:37 / 188	0:57:15 / 191	1:08:03 / 197	1:24:28 / 212	1:35:15 / 234		
244	268	ROLECZEK Piotr	ZŁOTORYJA	POL	/ OLAWS ZŁOTORYJA	69M40/27		(M)228	01:46:48	01:46:31	05.02
		0:16:11 / 321	0:26:03 / 322	0:36:33 / 291	0:51:49 / 284	1:01:31 / 281	1:12:18 / 272	1:27:41 / 259	1:37:10 / 254		
245	89	WĘGRZYNOWSKI Marcin	WAŁBRZYCH	POL	/	79M30/48		(M)229	01:46:49	01:46:24	05.02
		0:16:06 / 305	0:25:47 / 292	0:36:19 / 278	0:51:24 / 270	1:00:53 / 262	1:11:38 / 260	1:26:57 / 251	1:36:33 / 247		
246	134	OSIADACZ Wojciech	DZIERŻONIÓW	POL	/ WTH DDZ	88M18/25		(M)230	01:47:06	01:46:47	05.03
		0:14:43 / 207	0:24:02 / 209	0:34:25 / 210	0:49:51 / 226	0:59:37 / 233	1:10:29 / 237	1:26:11 / 242	1:36:15 / 244		
247	602	DOBAK Stefan	SZAMOTUŁY	POL	/ KB SZAMOTUŁY	46M65/4		(M)231	01:47:17	01:47:09	05.04
		0:14:57 / 223	0:24:33 / 231	0:35:20 / 238	0:50:35 / 242	1:00:08 / 242	1:11:03 / 249	1:26:31 / 248	1:36:31 / 246		
248	537	BARANSKI Andrzej	WROCLAW	POL	/ PRO-RUN WROCLAW	60M50/17		(M)232	01:47:39	01:47:29	05.05
		0:15:31 / 263	0:25:10 / 259	0:35:46 / 257	0:50:55 / 248	1:00:26 / 252	1:11:08 / 251	1:26:47 / 250	1:36:41 / 250		
249	561	TYBORSKI Artur	WAŁBRZYCH	POL	WAŁBRZYCH	65M45/27		(M)233	01:47:41	01:47:33	05.05
		0:13:33 / 120	0:22:37 / 134	0:32:48 / 154	0:47:26 / 185	0:57:25 / 195	1:08:51 / 206	1:25:38 / 234	1:35:51 / 241		
250	347	LEWANDOWSKI Rafał	WAŁBRZYCH	POL		80M30/49		(M)234	01:47:43	01:47:21	05.05
		0:15:26 / 257	0:25:10 / 260	0:35:16 / 236	0:50:10 / 231	0:59:33 / 231	1:10:19 / 232	1:26:26 / 247	1:36:36 / 248		

26.08.2012 14:31:34

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age Group	Grupy Sex	Wynik Time	Wynik Netto [min/km]
Check pts:										
251	583	EJSMONT Maciej	WAŁBRZYCH	POL		73M35/48		(M)235	01:47:45	01:47:02 05.04
		0:16:52 / 384	0:27:00 / 378	0:37:57 / 362	0:53:08 / 321	1:02:29 / 308	1:13:16 / 299	1:28:11 / 275	1:37:19 / 259	
252	595	MOLENDĄ Maciej	WAŁBRZYCH	POL	FAURECIA_WAŁBRZYCH	86M25/25	Faur13	(M)236	01:47:48	01:47:05 05.04
		0:16:25 / 348	0:26:07 / 334	0:36:28 / 288	0:51:25 / 272	1:01:04 / 270	1:11:44 / 262	1:27:00 / 253	1:37:03 / 251	
253	167	JĄSKOWSKI Krzysztof	ZŁOTORYJA	POL	OLAWS_ZŁOTORYJA	61M50/18		(M)237	01:47:52	01:47:32 05.05
		0:16:10 / 319	0:26:03 / 324	0:36:33 / 290	0:51:49 / 283	1:01:31 / 280	1:12:18 / 271	1:27:41 / 260	1:37:10 / 255	
254	34	FLEJTERSKI Adam	WROCŁAW	POL	/	56M55/8		(M)238	01:47:53	01:47:35 05.05
		0:15:31 / 262	0:25:09 / 258	0:35:52 / 260	0:51:26 / 273	1:00:49 / 261	1:11:42 / 261	1:27:21 / 257	1:37:08 / 253	
255	173	KRZOS Ryszard	BOGATYNIA	POL	/ELTUR-SERWIS	62M50/19		(M)239	01:47:55	01:47:44 05.06
		0:15:07 / 236	0:24:48 / 244	0:35:37 / 253	0:50:59 / 251	1:00:39 / 257	1:11:35 / 257	1:27:06 / 254	1:37:11 / 257	
256	135	WŁOSKOWSKI Eugeniusz	BOGATYNIA	POL		54M55/9		(M)240	01:47:56	01:47:43 05.06
		0:14:58 / 225	0:24:47 / 243	0:35:38 / 254	0:50:57 / 249	1:00:39 / 258	1:11:36 / 258	1:27:06 / 255	1:37:11 / 256	
257	390	SMAGAŁA Wojciech	WROCŁAW	POL	/WKB PIAST WROCŁAW	81M30/50		(M)241	01:48:04	01:47:38 05.06
		0:15:47 / 280	0:25:19 / 267	0:35:53 / 262	0:51:07 / 261	1:00:47 / 259	1:11:37 / 259	1:27:48 / 262	1:37:39 / 262	
258	488	PRUS Zbigniew	OSTRÓW WLKP	POL	/KS MARATON OSTRÓW WLKP	57M55/10		(M)242	01:48:08	01:48:01 05.07
		0:14:14 / 170	0:23:16 / 177	0:33:31 / 188	0:48:32 / 200	0:58:27 / 210	1:09:33 / 217	1:25:51 / 237	1:36:25 / 245	
259	309	MACZUGOWSKIO Janusz	KAMIENNA GÓRA	POL	OLDBOYS KAMIENNA GÓRA	44M65/5	S. z/19	(M)243	01:48:16	01:48:07 05.07
		0:14:48 / 213	0:24:10 / 214	0:34:40 / 217	0:49:31 / 215	0:59:02 / 219	1:10:13 / 230	1:26:25 / 246	1:36:37 / 249	
260	457	KLUCZYNSKI Mirosław	ŚWIEBODZICE	POL		63M45/28		(M)244	01:48:22	01:47:58 05.07
		0:15:46 / 277	0:25:22 / 269	0:36:03 / 265	0:51:22 / 266	1:01:01 / 268	1:11:57 / 266	1:27:45 / 261	1:37:36 / 261	
261	122	ŁOWICKA Magdalena	WROCŁAW	POL	ITY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	85K25/1		(K)17	01:48:23	01:47:57 05.07
		0:16:24 / 344	0:26:04 / 328	0:36:59 / 319	0:52:10 / 291	1:01:46 / 288	1:12:47 / 283	1:28:12 / 276	1:37:40 / 266	
262	370	SULEJ Marcin	WROCŁAW	POL	/MONEY.PL	81M30/51		(M)245	01:48:31	01:48:20 05.08
		0:13:14 / 101	0:22:27 / 121	0:33:52 / 202	0:49:34 / 219	0:59:32 / 230	1:10:04 / 224	1:26:23 / 245	1:37:04 / 252	
263	393	WASIEK Bartłomiej	WAŁBRZYCH	POL		87M25/26		(M)246	01:48:35	01:48:27 05.08
		0:13:53 / 139	0:23:14 / 173	0:33:40 / 196	0:49:31 / 216	0:59:25 / 227	1:10:42 / 240	1:27:14 / 256	1:37:36 / 260	
264	693	BUDZIK Ryszard	BRZEG	POL	/PWIK BRZEG	62M50/20		(M)247	01:48:39	01:48:14 05.07
		0:16:11 / 320	0:26:01 / 314	0:36:59 / 318	0:52:22 / 305	1:02:02 / 299	1:12:48 / 287	1:28:09 / 274	1:37:39 / 263	
265	178	PADUCH7 Ewa	JERZMANOWA	POL		69K40/4		(K)18	01:48:46	01:48:01 05.07
		0:16:08 / 312	0:26:00 / 312	0:36:58 / 313	0:52:21 / 300	1:02:02 / 296	1:12:47 / 284	1:28:08 / 272	1:37:40 / 265	
266	285	BOROWIEC Krzysztof	GLUSZYCA	POL		69M40/28		(M)248	01:48:46	01:48:15 05.07
		0:16:13 / 326	0:25:57 / 310	0:36:41 / 301	0:51:48 / 281	1:01:34 / 283	1:12:28 / 280	1:28:01 / 267	1:37:58 / 272	
267	263	PLONSKA Anna	WROCŁAW	POL	/EKG WROCŁAW	88K18/2		(K)19	01:48:47	01:48:36 05.08
		0:15:10 / 239	0:24:59 / 250	0:35:45 / 255	0:51:15 / 263	1:00:57 / 266	1:11:46 / 263	1:27:35 / 258	1:37:42 / 267	
268	270	SKIBA Krzysztof	WAŁBRZYCH	POL	DRUZYNA SZPIKU KGHM	60M50/21		(M)249	01:48:52	01:48:05 05.07
		0:16:08 / 314	0:26:00 / 313	0:36:59 / 317	0:52:22 / 304	1:02:02 / 298	1:12:48 / 286	1:28:08 / 273	1:37:39 / 264	
269	533	MARCINIAK Krzysztof	WAŁBRZYCH	POL	WKB PODZAMCZE - ZAMEK KSIĄŻ	58M50/22		(M)250	01:48:54	01:48:17 05.07
		0:16:27 / 353	0:26:16 / 346	0:37:01 / 322	0:52:12 / 293	1:01:45 / 286	1:12:27 / 279	1:28:00 / 266	1:37:56 / 270	
270	434	DRAB Grzegorz	WROCŁAW	POL		77M35/49		(M)251	01:49:01	01:48:35 05.08
		0:16:09 / 318	0:25:47 / 294	0:36:34 / 292	0:52:09 / 290	1:01:57 / 293	1:13:09 / 297	1:28:38 / 284	1:38:21 / 276	
271	70	OLEJNICZAK Damian	WAŁBRZYCH	POL	/	86M25/27	Faur14	(M)252	01:49:08	01:48:31 05.08
		0:16:31 / 360	0:25:55 / 309	0:36:09 / 271	0:51:03 / 254	1:00:57 / 265	1:11:55 / 265	1:27:51 / 263	1:37:56 / 269	
272	483	PARUCH Robert	ŚWIDNICA	POL	/	90M18/26		(M)253	01:49:09	01:48:29 05.08
		0:18:25 / 470	0:28:37 / 436	0:39:33 / 410	0:54:47 / 376	1:04:17 / 357	1:14:38 / 319	1:29:12 / 293	1:38:32 / 278	
273	31	DZIEDZIC Artur	KAMIENNA GÓRA	POL	/AMATOR	78M30/52		(M)254	01:49:10	01:48:26 05.08
		0:17:06 / 407	0:26:59 / 376	0:37:42 / 348	0:53:04 / 320	1:02:55 / 315	1:13:41 / 307	1:28:55 / 289	1:38:47 / 283	
274	376	CHEŁSTOWSKI Rafał	WAŁBRZYCH	POL	ITY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	85M25/28		(M)255	01:49:12	01:48:48 05.09
		0:16:09 / 316	0:26:02 / 319	0:37:09 / 325	0:53:01 / 316	1:03:02 / 320	1:14:01 / 311	1:29:21 / 297	1:39:01 / 287	
275	617	URBAŃSKI Grzegorz	NIEDŹWIEDZICA	POL	/NIEDŹWIEDZIE TEAM	72M40/29		(M)256	01:49:17	01:49:11 05.10
		0:14:36 / 199	0:24:26 / 223	0:35:24 / 242	0:50:52 / 245	1:00:55 / 264	1:12:02 / 268	1:27:56 / 264	1:38:16 / 275	
276	471	LISOWSKI Jacek	WROCŁAW	POL		84M25/29		(M)257	01:49:20	01:48:54 05.09
		0:16:29 / 356	0:26:12 / 338	0:36:56 / 311	0:52:11 / 292	1:01:35 / 284	1:12:24 / 274	1:28:02 / 268	1:38:04 / 274	
277	15	BLITEK Joanna	WAŁBRZYCH	POL	/AZS PWSZ AS WAŁBRZYCH	90K18/3		(K)20	01:49:34	01:49:32 05.11
		0:14:47 / 211	0:24:35 / 235	0:35:28 / 245	0:51:01 / 253	1:00:48 / 260	1:11:50 / 264	1:27:58 / 265	1:37:56 / 271	
278	100	BRZEZINSKI Bolesław	CZERWIĘŃSK	POL	/BRACSTWO BIEGACZY ZIELONA GÓRA	44M65/6		(M)258	01:49:38	01:49:23 05.11
		0:15:29 / 259	0:24:58 / 249	0:35:48 / 259	0:51:28 / 274	1:00:58 / 267	1:12:13 / 270	1:28:29 / 282	1:38:29 / 277	
279	229	BURAK Paweł	WROCŁAW	POL	/ZIELONE GEPARDY	89M18/27		(M)259	01:49:49	01:49:48 05.12
		0:14:41 / 206	0:24:23 / 221	0:34:56 / 227	0:50:15 / 234	1:00:09 / 243	1:11:34 / 256	1:28:03 / 269	1:38:37 / 279	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
280	677	ŚWIĘCICKI Piotr	ŚWIDNICA	POL		80M30/53 (M)260	01:49:54	01:49:25 05.11
0:16:16 / 332 0:26:12 / 339 0:37:06 / 323 0:52:18 / 298 1:02:05 / 301 1:12:59 / 292 1:28:36 / 283 1:38:48 / 284								
281	669	SIKORSKI Marcin	SOBÓTKA	POL		73M35/50 (M)261	01:49:59	01:49:39 05.11
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282	99	BALBUS Michał	BYTOM	POL	FESTRIWAŁ BIEGOWY W KRYNICY	52M60/7 (M)262	01:50:07	01:50:04 05.13
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283	181	RESPONDEK Dariusz	WROCLAW	POL		74M35/51 (M)263	01:50:09	01:49:32 05.11
0:16:58 / 392 0:27:00 / 377 0:38:02 / 366 0:53:29 / 337 1:03:00 / 319 1:14:10 / 315 1:29:44 / 303 1:39:28 / 292								
284	257	PIERZCHNIAK Kamil	WAŁBRZYCH	POL		96M18/28 (M)264	01:50:15	01:50:08 05.13
0:14:29 / 190 0:24:03 / 211 0:34:33 / 215 0:49:50 / 225 1:00:04 / 241 1:11:24 / 254 1:28:08 / 271 1:38:43 / 282								
285	138	ANIMUCKI Bartosz	1200 BRUXELLES	BEL		96M18/29 (M)265	01:50:20	01:50:13 05.13
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286	660	UNIOWSKI Marek	ŚWIEBODZICE	POL		62M50/23 (M)266	01:50:20	01:49:50 05.12
0:17:36 / 436 0:28:24 / 430 0:39:46 / 420 0:54:50 / 378 1:04:30 / 363 1:15:32 / 346 1:30:55 / 324 1:40:25 / 310								
287	189	ISKRZYNSKI Janusz	WROCLAW	POL	TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	63M45/29 (M)267	01:50:21	01:49:57 05.12
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288	50	KALINOWSKI Grzegorz	BIELANY WROCLAWSKIE	POL	TEMPO WAŁBRZYCH	75M35/52 (M)268	01:50:22	01:49:42 05.12
0:19:31 / 517 0:31:05 / 506 0:44:00 / 506 0:58:31 / 455 1:07:26 / 419 1:17:13 / 379 1:31:31 / 333 1:40:43 / 316								
289	449	JANUSZ Tomasz	WROCLAW	POL		76M35/53 (M)269	01:50:29	01:50:14 05.13
0:16:24 / 346 0:26:05 / 329 0:36:47 / 305 0:52:13 / 295 1:01:55 / 291 1:12:51 / 290 1:29:05 / 291 1:39:30 / 293								
290	345	FURMANEK Tomasz	WAŁBRZYCH	POL	NIEZRZESZONY	73M35/54 (M)270	01:50:32	01:49:59 05.12
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291	35	FOLC Grzegorz	MIEROSZÓW	POL	GRUPA BIEGOWA MIEROSZÓW	73M35/55 (M)271	01:50:35	01:50:29 05.14
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292	190	JÓZWICKI Jarosław	WROCLAW	POL		80M30/54 (M)272	01:50:37	01:50:11 05.13
0:18:15 / 458 0:29:05 / 464 0:40:27 / 446 0:55:37 / 399 1:05:44 / 383 1:16:16 / 362 1:30:57 / 326 1:40:33 / 314								
293	180	RAJDA Aneta	KATOWICE	POL	KB JÓZEFINKA KATOWICE	76K35/6 (K)21	01:50:43	01:50:18 05.13
0:16:08 / 309 0:25:48 / 296 0:36:40 / 298 0:52:16 / 296 1:02:02 / 297 1:13:16 / 300 1:29:39 / 301 1:39:37 / 297								
294	131	MAJEWSKI Przemysław	DZIERŻONIÓW	POL	WTH DDZ	89M18/30 (M)273	01:50:44	01:50:25 05.14
0:14:43 / 208 0:24:02 / 210 0:34:25 / 209 0:50:43 / 244 1:00:31 / 255 1:12:23 / 273 1:29:15 / 295 1:39:24 / 289								
295	211	GOLDWASSER Zbigniew	SOBÓTKA	POL	SKSM SP. Z O.O	66M45/30 (M)274	01:50:44	01:50:32 05.14
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296	610	ŚLEBODA Robert	WOŁÓW	POL	TKKF RAZEM WOŁÓW	67M45/31 S. z/20 (M)275	01:50:46	01:50:08 05.13
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297	58	MEKAL Radek	WAŁBRZYCH	POL	DB RUNNERS	79M30/55 (M)276	01:50:47	01:50:15 05.13
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298	363	MISIUREK Bartosz	WROCLAW	POL	BEZALKOHOLOWE.COM	83M25/30 (M)277	01:50:53	01:50:25 05.14
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299	409	MAGIERA Bartłomiej	WAŁBRZYCH	POL	FAURECIA_WAŁBRZYCH	86M25/31 Faur/15 (M)278	01:50:58	01:50:50 05.15
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300	295	GRANICZNY Krzysztof	WROCLAW	POL		70M40/30 (M)279	01:51:01	01:50:26 05.14
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301	27	CZARKOWSKI Norbert	ŚWIEBODZICE	POL	TEMPO WAŁBRZYCH	74M35/56 (M)280	01:51:05	01:50:32 05.14
0:16:26 / 349 0:26:09 / 335 0:37:00 / 320 0:52:40 / 309 1:02:57 / 316 1:14:06 / 314 1:30:04 / 308 1:39:56 / 302								
302	23	CIESIELSKI Piotr	JEDLINA ZDRÓJ	POL	TEMPO WAŁBRZYCH	72M40/31 (M)281	01:51:06	01:50:35 05.14
0:16:07 / 308 0:25:52 / 305 0:36:25 / 283 0:51:24 / 271 1:01:24 / 275 1:12:26 / 276 1:28:55 / 288 1:39:42 / 300								
303	149	OLECHNOWSKI Paweł	LEGNICA	POL		79M30/56 (M)282	01:51:09	01:50:47 05.15
0:15:18 / 251 0:24:28 / 225 0:35:01 / 228 0:50:12 / 233 0:59:42 / 236 1:11:06 / 250 1:28:22 / 280 1:38:57 / 286								
304	571	FORCZEK Grzegorz	ŚWIDNICA	POL		63M45/32 (M)283	01:51:11	01:51:08 05.16
0:15:49 / 282 0:25:48 / 295 0:36:51 / 306 0:52:06 / 289 1:01:53 / 290 1:12:56 / 291 1:28:54 / 287 1:39:37 / 296								
305	426	BIL Janusz	PRASZKA	POL	NEAPCO PRASZKA	53M55/11 (M)284	01:51:17	01:50:44 05.14
0:17:09 / 414 0:27:04 / 382 0:37:51 / 355 0:53:28 / 334 1:03:18 / 325 1:14:30 / 318 1:30:26 / 311 1:40:09 / 305								
306	377	CZUCHROWSKI Daniel	WAŁBRZYCH	POL	NIEZRZESZONY	75M35/57 S. z/21 (M)285	01:51:21	01:50:39 05.14
0:16:21 / 339 0:25:39 / 286 0:36:17 / 275 0:51:16 / 264 1:00:54 / 263 1:11:59 / 267 1:28:50 / 285 1:39:36 / 295								
307	156	KIEDROWSKI Jacek	WILCZYCE	POL	TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	80M30/57 S. z/22 (M)286	01:51:30	01:51:05 05.15
0:16:18 / 334 0:26:12 / 341 0:37:31 / 341 0:53:39 / 341 1:03:41 / 335 1:14:56 / 336 1:30:56 / 325 1:40:33 / 313								
308	246	KRZYŻANOWSKI Marcin	WYSOKA	POL		78M30/58 (M)287	01:51:38	01:51:24 05.16
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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age Group	Grupy Sex	Wynik Time	Wynik Netto	[min/km]
<i>Check pts:</i>											
309	522	GÓRCZEWSKI Łukasz	BOGUSZÓW GORCE	POL	/ DĘBY WAŁBRZYCH	92M18/31	(M)288	01:51:38	01:51:11	05.16	
		0:16:08 / 311	0:26:01 / 315	0:37:09 / 324	0:53:11 / 324	1:03:46 / 339	1:14:52 / 330	1:30:55 / 322	1:41:12 / 325		
310	641	KUPEĆ Sławomir	SOSNÓWKA	POL		75M35/58	(M)289	01:51:42	01:51:31	05.17	
		0:15:26 / 256	0:25:32 / 281	0:36:45 / 304	0:52:42 / 310	1:02:38 / 311	1:13:57 / 309	1:30:28 / 314	1:40:47 / 319		
311	216	RADWAN Krzysztof	WROCLAW	POL	/ P/JAKPREZENT.PL	76M35/59	(M)290	01:51:48	01:51:13	05.16	
		0:16:12 / 325	0:26:00 / 311	0:36:59 / 316	0:52:22 / 301	1:02:01 / 295	1:12:49 / 288	1:28:57 / 290	1:39:28 / 291		
312	271	SMYK Jakub	OLA WA	POL		79M30/59	(M)291	01:51:49	01:50:59	05.15	
		0:18:04 / 449	0:28:34 / 434	0:39:44 / 417	0:55:24 / 387	1:05:23 / 377	1:16:24 / 369	1:31:45 / 338	1:41:20 / 331		
313	618	BARANCEWICZ Jacek	JEŻÓW SUDECKI	POL		55M55/12	S. z/23 (M)292	01:51:50	01:51:34	05.17	
		0:15:35 / 267	0:25:50 / 300	0:36:58 / 312	0:52:47 / 314	1:03:09 / 322	1:14:45 / 326	1:30:55 / 323	1:40:59 / 321		
314	371	SZARAFIN Sławomir	WAŁBRZYCH	POL	/ BIEGIGORSKIE.EU	65M45/33	(M)293	01:51:50	01:51:31	05.17	
		0:15:53 / 287	0:25:44 / 291	0:36:41 / 300	0:52:22 / 303	1:02:15 / 303	1:13:23 / 301	1:29:46 / 304	1:40:06 / 303		
315	119	BAK Dariusz	WROCLAW	POL	/ I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM 2012	83M25/32	(M)294	01:51:56	01:51:31	05.17	
		0:16:23 / 343	0:26:04 / 327	0:37:09 / 326	0:53:11 / 328	1:03:30 / 331	1:14:40 / 321	1:30:32 / 315	1:40:32 / 312		
316	132	MAZUR Krzysztof	SZCZAWNO-ZDRÓJ	POL	MARATONYPOLSKIE.PL TEAM	64M45/34	S. z/24 (M)295	01:52:02	01:51:45	05.17	
		0:15:00 / 228	0:24:44 / 240	0:35:36 / 252	0:51:30 / 275	1:01:23 / 274	1:12:40 / 282	1:29:48 / 305	1:40:22 / 307		
317	169	KALUS Jacek	WAŁBRZYCH	POL		90M18/32	(M)296	01:52:02	01:51:28	05.17	
		0:15:58 / 294	0:25:36 / 285	0:36:08 / 270	0:51:43 / 278	1:01:41 / 285	1:12:47 / 285	1:29:12 / 292	1:40:23 / 309		
318	16	BLASZKIEWICZ Tomasz	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	75M35/60	(M)297	01:52:03	01:51:32	05.17	
		0:16:08 / 315	0:25:49 / 297	0:36:27 / 287	0:51:22 / 268	1:01:01 / 269	1:12:06 / 269	1:29:13 / 294	1:39:42 / 299		
319	329	ZAPOTOCZNY Jacek	WROCLAW	POL		79M30/60	(M)298	01:52:04	01:51:35	05.17	
		0:16:55 / 388	0:26:53 / 366	0:38:07 / 369	0:54:14 / 362	1:03:58 / 345	1:15:20 / 343	1:31:16 / 330	1:41:13 / 328		
320	638	KAZMIERCZUK Grzegorz	WROCLAW	POL		77M35/61	(M)299	01:52:06	01:51:37	05.17	
		0:16:42 / 374	0:26:43 / 357	0:37:47 / 351	0:53:30 / 338	1:03:45 / 336	1:14:58 / 337	1:30:50 / 319	1:41:04 / 323		
321	318	PRÓCHNICKI Arkadiusz	KAMIENNA GÓRA	POL	INDYWIDUALNIE /	79M30/61	(M)300	01:52:08	01:51:38	05.17	
		0:16:16 / 333	0:25:50 / 299	0:36:35 / 293	0:52:27 / 308	1:02:37 / 310	1:14:16 / 317	1:30:54 / 321	1:41:13 / 326		
322	61	MIODUSZEWSKI Łukasz	JELENIA	POL		82M30/62	(M)301	01:52:25	01:51:41	05.17	
		0:17:59 / 445	0:28:26 / 431	0:39:32 / 409	0:55:13 / 381	1:05:16 / 376	1:16:18 / 366	1:31:39 / 335	1:41:36 / 333		
323	317	POLANSKI Piotr	MIEROSZÓW	POL	/ GRUPA BIEGOWA MIEROSZÓW	67M45/35	S. z/25 (M)302	01:52:30	01:52:06	05.18	
		0:15:39 / 274	0:25:26 / 273	0:36:14 / 274	0:52:02 / 288	1:01:57 / 294	1:13:36 / 305	1:30:36 / 317	1:41:13 / 327		
324	585	FIGIEL Krzysztof	WAŁBRZYCH	POL		54M55/13	(M)303	01:52:30	01:52:12	05.19	
		0:15:39 / 273	0:25:25 / 272	0:36:14 / 273	0:52:02 / 287	1:01:46 / 289	1:13:00 / 293	1:29:37 / 300	1:40:32 / 311		
325	336	ĆWIAKAŁA Wojciech	JELENIA GORA	POL		63M45/36	(M)304	01:52:31	01:51:51	05.18	
		0:18:39 / 485	0:30:35 / 494	0:43:44 / 500	0:57:42 / 442	1:06:41 / 407	1:17:12 / 377	1:32:37 / 357	1:42:02 / 339		
326	215	KRAWCZYK Rafał	KRAKÓW	POL		81M30/63	(M)305	01:52:34	01:51:56	05.18	
		0:16:27 / 350	0:26:15 / 345	0:37:39 / 345	0:53:44 / 342	1:03:46 / 341	1:14:44 / 325	1:30:53 / 320	1:41:05 / 324		
327	659	TWARÓG Zbigniew	STRZEGOM	POL		52M60/8	(M)306	01:52:39	01:52:18	05.19	
		0:15:17 / 249	0:24:47 / 242	0:35:36 / 251	0:51:22 / 267	1:01:07 / 271	1:12:51 / 289	1:29:58 / 306	1:40:38 / 315		
328	152	ŚWIERK Anna	JANOWICE WIELKIE	POL		79K30/7	(K)22	01:52:41	01:52:29	05.19	
		0:15:02 / 231	0:24:58 / 248	0:35:48 / 258	0:51:44 / 279	1:01:56 / 292	1:13:44 / 308	1:30:46 / 318	1:41:17 / 330		
329	572	MICHAŁKÓW Michał	SZKLARSKA PORĘBA	POL	/ ENERVIT TEAM	86M25/33	(M)307	01:52:42	01:52:12	05.19	
		0:17:06 / 406	0:27:39 / 409	0:39:03 / 397	0:55:15 / 383	1:05:46 / 385	1:16:38 / 374	1:31:46 / 339	1:41:57 / 336		
330	687	ROMAN Elżbieta	KUDOWA ZDRÓJ	POL	/ ULKS OPAL KUDOWA ZDRÓJ	54K55/1	(K)23	01:52:45	01:52:15	05.19	
		0:16:38 / 367	0:26:32 / 353	0:37:38 / 343	0:53:29 / 336	1:03:18 / 324	1:14:41 / 323	1:30:59 / 328	1:41:01 / 322		
331	382	KOSMALA Łukasz	ŚWIDNICA	POL		79M30/64	(M)308	01:52:47	01:52:12	05.19	
		0:17:00 / 394	0:26:56 / 368	0:37:53 / 358	0:53:10 / 323	1:02:52 / 314	1:14:03 / 312	1:30:28 / 313	1:40:47 / 318		
332	441	FIEDOROWICZ Wojciech	ŚWIEBODZICE	POL		50M60/9	(M)309	01:52:49	01:52:06	05.18	
		0:16:25 / 347	0:26:14 / 344	0:37:11 / 331	0:52:45 / 313	1:02:36 / 309	1:13:57 / 310	1:30:26 / 312	1:40:48 / 320		
333	447	GROCHAŁA Paweł	SZCZAWNO ZDRÓJ	POL		89M18/33	(M)310	01:52:49	01:52:06	05.18	
		0:17:15 / 421	0:27:36 / 405	0:38:40 / 380	0:54:01 / 351	1:03:57 / 344	1:15:26 / 345	1:32:35 / 356	1:42:43 / 347		
334	160	SZŁĘK Andrzej	ŁÓDŹ	POL	/ LODZ	75M35/62	(M)311	01:52:54	01:52:37	05.20	
		0:15:15 / 245	0:25:09 / 257	0:36:25 / 282	0:51:37 / 277	1:01:28 / 278	1:13:08 / 296	1:30:03 / 307	1:40:45 / 317		
335	266	PRZYTOCKI Janusz	KŁODZKO	POL	/ MODNEFIRANY.PL	76M35/63	(M)312	01:52:56	01:52:25	05.19	
		0:16:27 / 351	0:26:11 / 337	0:37:20 / 336	0:53:25 / 332	1:03:30 / 330	1:14:54 / 333	1:31:16 / 329	1:41:21 / 332		
336	326	WIKA Sebastian	TYCHY	POL	/ 40-LATEK TYCHY	75M35/64	(M)313	01:52:56	01:52:41	05.20	
		0:16:03 / 297	0:26:04 / 325	0:37:10 / 329	0:53:11 / 326	1:03:45 / 337	1:14:54 / 334	1:30:59 / 327	1:41:14 / 329		
337	495	SALA Mieczysław	JELENIA GÓRA	POL		61M50/24	(M)314	01:53:01	01:52:47	05.20	
		0:15:36 / 268	0:25:32 / 280	0:36:32 / 289	0:53:51 / 344	1:03:52 / 343	1:15:22 / 344	1:31:50 / 342	1:42:01 / 338		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
<i>Check pts:</i>								
338	331	ZIELIŃSKI Bogumił	MIEROSZÓW	POL	GRUPA BIEGOWA MIEROSZÓW	63M45/37 S. z/26 (M)315	01:53:06	01:52:43 05.20
		0:16:08 / 313 0:26:12 / 340	0:37:26 / 339 0:53:38 / 339	1:03:35 / 333 1:15:03 / 339		1:31:21 / 331 1:41:54 / 335		
339	45	JANKOWICZ Agnieszka	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	81K30/8 (K)24	01:53:20	01:52:44 05.20
		0:16:00 / 296 0:25:35 / 282	0:36:37 / 294 0:52:51 / 315	1:02:57 / 317 1:14:43 / 324		1:31:40 / 336 1:42:03 / 340		
340	694	DEC Sławomir	WROCLAW	POL	DSP TEAM	78M30/65 (M)316	01:53:22	01:52:57 05.21
		0:17:03 / 400 0:26:59 / 375	0:38:21 / 373 0:54:11 / 360	1:04:03 / 347 1:16:34 / 373		1:32:48 / 358 1:42:38 / 345		
341	348	DUBIJ Leon	WROCLAW	POL	WKB PIAST WROCLAW	41M70/2 (M)317	01:53:28	01:53:17 05.22
		0:16:05 / 302 0:26:55 / 367	0:38:20 / 372 0:54:28 / 369	1:04:36 / 368 1:16:02 / 356		1:32:14 / 348 1:42:06 / 341		
342	244	KOZAK-SROKA Bożena	KOWARY	POL		78K30/9 (K)25	01:53:30	01:53:02 05.21
		0:16:09 / 317 0:26:02 / 318	0:37:10 / 328 0:53:11 / 325	1:03:45 / 338 1:14:54 / 335		1:31:28 / 332 1:41:43 / 334		
343	673	ROMANCZUK Monika	JELEŃ GÓRA	POL		83K25/2 (K)26	01:53:37	01:53:00 05.21
		0:16:48 / 379 0:26:45 / 358	0:37:59 / 365 0:54:04 / 356	1:04:12 / 353 1:15:52 / 352		1:32:17 / 353 1:42:24 / 343		
344	349	BOBROWSKI Waldemar	MIEROSZÓW	POL	GRUPA BIEGOWA MIEROSZÓW	56M55/14 (M)318	01:53:37	01:53:13 05.22
		0:16:07 / 306 0:25:47 / 293	0:36:51 / 308 0:53:02 / 317	1:03:09 / 323 1:14:41 / 322		1:31:32 / 334 1:41:59 / 337		
345	118	WANAT Waclaw	WROCLAW	POL	PRO-RUN WROCLAW	46M65/7 (M)319	01:53:39	01:53:30 05.22
		0:15:55 / 289 0:26:07 / 332	0:37:38 / 344 0:54:00 / 350	1:04:12 / 354 1:15:47 / 350		1:32:09 / 347 1:42:20 / 342		
346	685	MAJCHRZAK Marek	WROCLAW	POL		79M30/66 (M)320	01:53:40	01:52:46 05.20
		0:18:23 / 466 0:28:39 / 439	0:39:44 / 416 0:55:28 / 390	1:05:47 / 388 1:17:02 / 376		1:33:14 / 363 1:43:06 / 357		
347	438	FAL Małgorzata	WROCLAW	POL		82K30/10 (K)27	01:53:42	01:53:22 05.22
		0:16:52 / 386 0:27:15 / 390	0:38:31 / 378 0:54:18 / 366	1:04:19 / 360 1:15:40 / 347		1:32:06 / 345 1:42:26 / 344		
348	631	POLEWSKI Wojciech	WAŁBRZYCH	POL		72M40/32 (M)321	01:54:12	01:53:37 05.23
		0:16:05 / 303 0:26:09 / 336	0:37:23 / 338 0:53:19 / 330	1:03:40 / 334 1:15:19 / 342		1:32:01 / 343 1:42:41 / 346		
349	155	SOBIERAJ Ewa	ŁŁUSZYCA	POL		75K35/7 S. z/27 (K)28	01:54:17	01:53:50 05.23
		0:15:38 / 271 0:25:30 / 278	0:36:39 / 295 0:54:16 / 364	1:04:19 / 359 1:16:17 / 363		1:33:15 / 365 1:43:20 / 361		
350	575	KOLISZ Andrzej	OPOLE	POL		70M40/33 (M)322	01:54:18	01:53:51 05.23
		0:15:38 / 272 0:25:30 / 277	0:36:41 / 299 0:54:17 / 365	1:04:19 / 358 1:16:18 / 365		1:33:15 / 364 1:43:19 / 360		
351	233	DOMINIAK Wojciech	WROCLAW	POL	OPEK'S TEAM	81M30/67 (M)323	01:54:20	01:53:28 05.22
		0:17:27 / 429 0:27:42 / 413	0:38:51 / 388 0:54:50 / 377	1:05:00 / 374 1:16:23 / 368		1:32:32 / 355 1:43:03 / 353		
352	292	FURTAK Krzysztof	LUBIN	POL	LUBIN	62M50/25 (M)324	01:54:26	01:54:16 05.24
		0:15:20 / 252 0:25:31 / 279	0:37:11 / 332 0:53:52 / 345	1:04:06 / 349 1:16:05 / 359		1:32:58 / 360 1:42:59 / 349		
353	124	PIWKO Radosław	LUBAŃ	POL		82M30/68 (M)325	01:54:27	01:53:58 05.24
		0:16:04 / 298 0:25:49 / 298	0:36:42 / 302 0:52:18 / 297	1:02:41 / 312 1:14:50 / 328		1:32:24 / 354 1:43:25 / 363		
354	420	BARYŁAK Łukasz	GDYNIA	POL		81M30/69 (M)326	01:54:32	01:54:17 05.25
		0:15:56 / 291 0:26:01 / 316	0:37:01 / 321 0:53:03 / 319	1:03:27 / 327 1:14:54 / 332		1:31:48 / 341 1:43:00 / 350		
355	261	PLEŚNIARSKI Janusz	ZĄBKOWICE ŚLĄSKIE	POL	NIEZRZESZONY	74M35/65 (M)327	01:54:36	01:54:17 05.25
		0:15:54 / 288 0:25:50 / 301	0:36:53 / 310 0:53:02 / 318	1:03:29 / 328 1:15:06 / 340		1:32:07 / 346 1:43:01 / 352		
356	81	SPUREK Mariusz	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	82M30/70 (M)328	01:54:41	01:54:09 05.24
		0:16:34 / 362 0:26:50 / 362	0:37:56 / 360 0:53:54 / 349	1:04:11 / 352 1:15:42 / 349		1:32:17 / 352 1:43:03 / 354		
357	69	ODZIMKOWSKI Marcin	ŻARÓW	POL	NIEZRZESZONY	82M30/71 (M)329	01:55:03	01:54:30 05.25
		0:16:48 / 380 0:26:29 / 352	0:37:57 / 361 0:54:03 / 354	1:04:13 / 355 1:15:47 / 351		1:32:15 / 350 1:43:06 / 356		
358	663	SERAFIN Włodzimierz	LEGNICA	POL	KB LEW LEGNICA	60M50/26 (M)330	01:55:14	01:54:40 05.26
		0:16:19 / 336 0:26:07 / 333	0:37:19 / 335 0:53:11 / 327	1:03:31 / 332 1:15:03 / 338		1:32:04 / 344 1:43:01 / 351		
359	226	BIERNACKI Witold	WROCLAW	POL		74M35/66 (M)331	01:55:23	01:54:32 05.25
		0:18:24 / 469 0:28:40 / 443	0:39:37 / 411 0:54:46 / 375	1:04:37 / 369 1:15:56 / 353		1:33:17 / 366 1:43:24 / 362		
360	51	KALITA Dariusz	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	65M45/38 (M)332	01:55:30	01:54:55 05.26
		0:17:21 / 423 0:28:10 / 424	0:39:48 / 422 0:56:20 / 413	1:06:33 / 404 1:17:53 / 393		1:34:00 / 376 1:44:12 / 366		
361	654	SMOLIŃSKI Sławomir	OPOLE	POL	WKB META LUBLINIEC	73M35/67 (M)333	01:55:32	01:55:06 05.27
		0:15:48 / 281 0:25:40 / 287	0:36:40 / 297 0:53:53 / 346	1:04:01 / 346 1:15:15 / 341		1:33:07 / 361 1:42:57 / 348		
362	424	BABSKI Tadeusz	JELCZ-LASKOWICE	POL	KB HARCOWNIK	57M55/15 (M)334	01:55:35	01:55:04 05.27
		0:16:40 / 372 0:26:58 / 371	0:38:31 / 377 0:54:51 / 379	1:05:25 / 378 1:17:12 / 378		1:33:58 / 375 1:44:31 / 372		
363	696	WÓJCIK Adrian	WROCLAW	POL	IM 2010	74M35/68 (M)335	01:55:44	01:55:09 05.27
		0:16:14 / 329 0:26:03 / 323	0:37:15 / 333 0:53:28 / 335	1:03:52 / 342 1:15:41 / 348		1:33:08 / 362 1:44:17 / 369		
364	64	MULARCZYK Andrzej	WAŁBRZYCH	POL		63M45/39 (M)336	01:55:45	01:55:22 05.28
		0:16:22 / 341 0:26:34 / 356	0:37:51 / 354 0:54:16 / 363	1:04:35 / 366 1:16:20 / 367		1:33:34 / 369 1:44:16 / 368		
365	451	KACZMARSKI Rafał	WABIENICE	POL	KB LUPUS OLEŚNICA	78M30/72 (M)337	01:55:51	01:55:16 05.27
		0:16:05 / 299 0:25:35 / 284	0:36:39 / 296 0:52:44 / 311	1:02:59 / 318 1:14:53 / 331		1:32:16 / 351 1:43:14 / 358		
366	419	KOZACZUK Krzysztof	JORDANÓW ŚLĄSKI	POL	WOLNY STRZELEC	58M50/27 (M)338	01:55:54	01:55:40 05.28
		0:15:52 / 285 0:25:53 / 308	0:36:51 / 307 0:52:21 / 299	1:02:50 / 313 1:14:49 / 327		1:32:14 / 349 1:43:15 / 359		

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:									
367	223	PROMIRSKI Julian	JELEŃ GÓRA	POL	/ NIEZRZESZONY	47M65/8	(M)339 01:55:59	01:55:38 05.28	
		0:16:18 / 335	0:26:22 / 348	0:37:49 / 352	0:54:19 / 368	1:04:35 / 367	1:16:30 / 371	1:33:44 / 373	1:44:17 / 370
368	381	KARASOWSKI Marek	BRZEG	POL		60M50/28	(M)340 01:56:02	01:55:37 05.28	
		0:16:20 / 338	0:26:27 / 351	0:37:46 / 350	0:54:12 / 361	1:04:32 / 364	1:16:17 / 364	1:33:27 / 368	1:44:12 / 367
369	130	MADEJCZYK Dariusz	ŚWIEBODZICE	POL		76M35/69	S. z/28 (M)341 01:56:20	01:55:43 05.29	
		0:17:01 / 396	0:27:14 / 386	0:38:07 / 368	0:53:25 / 333	1:03:29 / 329	1:14:50 / 329	1:31:41 / 337	1:43:04 / 355
370	692	DUDA Jakub	KATOWICE	POL		78M30/73	(M)342 01:56:21	01:56:00 05.29	
		0:16:12 / 324	0:26:21 / 347	0:37:54 / 359	0:54:46 / 374	1:05:35 / 380	1:18:02 / 397	1:35:13 / 396	1:45:32 / 385
371	622	LEŚ Mariusz	ŚWIERKI	POL		81M30/74	(M)343 01:56:22	01:56:02 05.30	
		0:17:35 / 435	0:28:48 / 449	0:40:10 / 437	0:54:46 / 373	1:06:26 / 402	1:17:56 / 394	1:34:32 / 381	1:45:20 / 381
372	365	OPIOLA Grzegorz	ZĄBKOWICE ŚL.	POL		71M40/34	(M)344 01:56:22	01:55:49 05.29	
		0:18:22 / 465	0:29:12 / 470	0:41:18 / 459	0:57:56 / 444	1:08:10 / 438	1:19:34 / 419	1:35:42 / 402	1:45:37 / 388
373	523	GÓRCZEWSKI Mateusz	BOGUSZÓW-GORCE	POL	/ DĘBY WAŁBRZYCH	92M18/34	(M)345 01:56:23	01:55:31 05.28	
		0:18:22 / 464	0:28:38 / 438	0:39:43 / 415	0:55:32 / 392	1:06:03 / 394	1:17:51 / 391	1:34:52 / 390	1:45:42 / 395
374	334	ZIMON Adam	WROCLAW	POL	/ RAKOWSKI-KAGLIK BROKERZY UBEZPIECZENIOWI	75M35/70	(M)346 01:56:25	01:55:50 05.29	
		0:16:52 / 387	0:27:17 / 391	0:38:50 / 387	0:55:17 / 385	1:05:37 / 381	1:17:22 / 381	1:34:20 / 379	1:44:57 / 377
375	172	KASPEREK Sebastian	WAŁBRZYCH	POL	/ AZS PWSZ AS WAŁBRZYCH	90M18/35	(M)347 01:56:26	01:56:19 05.30	
		0:14:14 / 172	0:24:06 / 212	0:35:16 / 235	0:51:45 / 280	1:02:17 / 304	1:14:04 / 313	1:31:46 / 340	1:43:44 / 364
376	18	BRYCH Adam	WAŁBRZYCH	POL		68M40/35	(M)348 01:56:26	01:56:10 05.30	
		0:15:52 / 286	0:26:02 / 320	0:37:10 / 330	0:54:02 / 353	1:04:10 / 351	1:16:01 / 355	1:33:55 / 374	1:44:40 / 374
377	313	NIEZGÓDKA Tomasz	WROCLAW	POL		70M40/36	(M)349 01:56:27	01:55:32 05.28	
		0:18:59 / 498	0:29:56 / 480	0:41:38 / 461	0:57:44 / 443	1:07:50 / 430	1:19:24 / 415	1:35:40 / 400	1:45:38 / 389
378	72	PERNEJ Anna	WAŁBRZYCH	POL		83K25/3	(K)29 01:56:29	01:55:58 05.29	
		0:16:47 / 378	0:27:03 / 380	0:38:08 / 370	0:54:10 / 358	1:04:33 / 365	1:16:05 / 358	1:33:36 / 371	1:44:40 / 373
379	680	WILGOCKA-ŚLĘZAK Dorota	RYBNA	POL	ENERVIT TEAM /	70K40/5	(K)30 01:56:32	01:56:07 05.30	
		0:17:05 / 405	0:27:39 / 410	0:39:04 / 398	0:55:15 / 382	1:05:46 / 384	1:17:16 / 380	1:34:15 / 378	1:45:06 / 378
380	505	SZAFRANIEC Krzysztof	WROCLAW	POL		70M40/37	(M)350 01:56:34	01:55:55 05.29	
		0:16:14 / 330	0:26:04 / 326	0:37:34 / 342	0:54:11 / 359	1:04:07 / 350	1:16:10 / 360	1:33:34 / 370	1:44:25 / 371
381	497	SKIERESZ Marcin	GORZÓW WIELKOPOLSKI	POL		82M30/75	(M)351 01:56:39	01:56:16 05.30	
		0:16:38 / 365	0:26:33 / 355	0:37:21 / 337	0:53:53 / 347	1:04:05 / 348	1:16:04 / 357	1:34:03 / 377	1:44:54 / 376
382	235	GOULIA Vita	WROCLAW	POL		83K25/4	(K)31 01:56:41	01:56:13 05.30	
		0:17:57 / 443	0:29:04 / 462	0:41:14 / 458	0:58:03 / 446	1:08:01 / 433	1:19:30 / 418	1:35:45 / 403	1:45:44 / 396
383	278	WIESZCZECIŃSKI Krystian	ŚWIDNICA	POL	/ TEMMPO WAŁBRZYCH	78M30/76	(M)352 01:56:43	01:56:19 05.30	
		0:17:10 / 415	0:27:22 / 395	0:38:56 / 392	0:55:36 / 397	1:06:13 / 395	1:17:45 / 389	1:34:38 / 384	1:45:30 / 384
384	197	ZAGÓRSKI Piotr	SZCZYTNA	POL		86M25/34	(M)353 01:56:48	01:56:20 05.30	
		0:17:12 / 418	0:28:03 / 421	0:39:30 / 406	0:56:03 / 403	1:06:48 / 410	1:18:23 / 403	1:34:52 / 388	1:45:40 / 394
385	49	KACPRZYK Magdalena	KAMIENNA GÓRA	POL	/ I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	86K25/5	(K)32 01:56:49	01:56:20 05.30	
		0:17:11 / 416	0:28:04 / 422	0:39:31 / 407	0:56:03 / 404	1:06:48 / 409	1:18:25 / 404	1:34:52 / 389	1:45:40 / 393
386	690	CZAJKOWSKI Stanisław	JELCZ LASKOWICE	POL	/ BIEGIEM DO EMERYTURY	50M60/10	(M)354 01:56:53	01:56:41 05.31	
		0:16:27 / 352	0:26:48 / 361	0:38:22 / 374	0:54:19 / 367	1:04:23 / 362	1:16:16 / 361	1:33:19 / 367	1:44:10 / 365
387	474	MARKIEWICZ Maciej	DZIEĆMOROWICE	POL	/ AMATOR	83M25/35	(M)355 01:56:57	01:56:36 05.31	
		0:17:34 / 433	0:28:47 / 447	0:40:10 / 438	0:56:08 / 407	1:06:26 / 401	1:17:56 / 396	1:34:33 / 382	1:45:21 / 382
388	621	SZACH Andrzej	GILÓW	POL		75M35/71	(M)356 01:56:57	01:56:38 05.31	
		0:17:34 / 434	0:28:47 / 446	0:40:11 / 439	0:56:08 / 408	1:06:26 / 400	1:17:56 / 395	1:34:35 / 383	1:45:21 / 383
389	647	ZALEWSKI Adam	WROCLAW	POL		81M30/77	(M)357 01:57:09	01:56:57 05.32	
		0:16:23 / 342	0:26:59 / 373	0:38:42 / 381	0:55:31 / 391	1:06:02 / 392	1:17:51 / 392	1:34:50 / 387	1:45:37 / 386
390	597	GMEREK Michał	POBIEDZISKA	POL		76M35/72	(M)358 01:57:14	01:56:34 05.31	
		0:16:49 / 381	0:26:45 / 359	0:37:52 / 357	0:54:04 / 357	1:04:13 / 356	1:16:00 / 354	1:33:40 / 372	1:44:52 / 375
391	519	BRZEZICKA Alina	WAŁBRZYCH	POL		80K30/11	(K)33 01:57:18	01:56:31 05.31	
		0:18:32 / 479	0:28:59 / 457	0:40:27 / 448	0:56:40 / 420	1:06:46 / 408	1:18:30 / 406	1:35:05 / 395	1:45:38 / 391
392	56	MEDYK Katarzyna	LEGNICA	POL		74K35/8	(K)34 01:57:24	01:57:14 05.33	
		0:16:11 / 322	0:26:23 / 349	0:38:06 / 367	0:54:56 / 380	1:05:29 / 379	1:17:42 / 387	1:34:56 / 394	1:45:37 / 387
393	43	HALINIAK Arkadiusz	KAMIENNA GÓRA	POL		61M50/29	(M)359 01:57:26	01:56:48 05.32	
		0:17:20 / 422	0:27:51 / 416	0:39:14 / 401	0:55:36 / 396	1:05:54 / 390	1:17:26 / 383	1:34:20 / 380	1:45:13 / 379
394	487	PODREZ Sebastian	ŚWIDNICA	POL		77M35/73	(M)360 01:57:33	01:57:01 05.32	
		0:16:41 / 373	0:27:18 / 392	0:38:54 / 390	0:55:26 / 388	1:05:51 / 389	1:17:34 / 386	1:34:44 / 385	1:45:45 / 397

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	Wynik Netto [min/km]	
Check pts:												
395	399	BENECKI Wojciech	WAŁBRZYCH	POL		76M35/74	Faur/16	(M)361	01:57:51	01:57:15	05.33	
		0:17:24 / 426	0:28:11 / 425	0:39:49 / 423	0:56:18 / 411	1:06:35 / 405	1:18:11 / 400	1:34:53 / 391	1:45:38 / 390			
396	504	SURA Krzysztof	WAŁBRZYCH	POL		81M30/78		(M)362	01:57:54	01:57:17	05.33	
		0:17:24 / 427	0:28:11 / 426	0:39:49 / 424	0:56:19 / 412	1:06:35 / 406	1:18:11 / 399	1:34:54 / 392	1:45:38 / 392			
397	77	RASALA Marek	STRZEGOM	POL		71M40/38		(M)363	01:58:23	01:57:54	05.35	
		0:17:12 / 420	0:27:46 / 414	0:39:27 / 405	0:56:21 / 414	1:06:56 / 413	1:18:56 / 411	1:36:15 / 408	1:46:57 / 405			
398	101	JAGODZINSKI Jozef	WAŁBRZYCH	POL	WKB PODZAMCZE - ZAMEK KSIĄŻ	44M65/9		(M)364	01:58:42	01:57:57	05.35	
		0:18:21 / 463	0:28:47 / 445	0:40:18 / 442	0:56:13 / 409	1:06:17 / 398	1:18:07 / 398	1:35:42 / 401	1:46:16 / 399			
399	198	BOCZULA Krzysztof	BIELAWA	POL		62M50/30		(M)365	01:58:44	01:57:57	05.35	
		0:18:13 / 457	0:29:02 / 459	0:40:32 / 450	0:57:06 / 429	1:07:41 / 425	1:19:19 / 414	1:36:10 / 406	1:46:56 / 404			
400	684	GABRUK Bartosz	LEWIN BRZESKI	POL	/	90M18/36		(M)366	01:58:49	01:58:06	05.35	
		0:19:15 / 503	0:30:48 / 503	0:43:09 / 494	1:00:34 / 479	1:11:08 / 471	1:22:40 / 458	1:39:19 / 438	1:48:49 / 418			
401	359	GLADYSZ Tomasz	ŚWIDNICA	POL		82M30/79		(M)367	01:58:52	01:58:21	05.36	
		0:17:00 / 395	0:27:14 / 388	0:38:59 / 394	0:55:26 / 389	1:05:42 / 382	1:17:43 / 388	1:35:32 / 397	1:46:15 / 398			
402	470	LEWANDOWSKI Tomasz	WROCLAW	POL		77M35/75		(M)368	01:58:52	01:58:48	05.37	
		0:14:52 / 215	0:24:28 / 224	0:35:19 / 237	0:51:05 / 257	1:01:29 / 279	1:13:33 / 303	1:32:51 / 359	1:45:13 / 380			
403	425	BARAN Michał	WARMAŃOWICE	POL	OSIR STRZELCE OPOLSKIE	81M30/80		(M)369	01:59:04	01:58:32	05.37	
		0:16:30 / 357	0:26:26 / 350	0:37:16 / 334	0:56:03 / 405	1:06:02 / 393	1:17:24 / 382	1:35:50 / 404	1:47:12 / 407			
404	265	POLESIUK Piotr	WAŁBRZYCH	POL	II UWR	89M18/37		(M)370	01:59:04	01:58:24	05.36	
		0:16:28 / 354	0:26:33 / 354	0:37:42 / 346	0:54:02 / 352	1:04:44 / 370	1:16:52 / 375	1:34:44 / 386	1:46:20 / 400			
405	28	CZEKAŁA Przemysław	WROCLAW	POL		59M50/31		(M)371	01:59:14	01:58:38	05.37	
		0:17:44 / 439	0:28:27 / 432	0:40:06 / 434	0:56:59 / 428	1:07:43 / 426	1:19:36 / 420	1:36:39 / 411	1:47:40 / 410			
406	249	MACHELSKI Szymon	WROCLAW	POL	I I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	77M35/76		(M)372	01:59:22	01:59:09	05.38	
		0:16:22 / 340	0:26:51 / 365	0:38:31 / 379	0:55:33 / 393	1:06:01 / 391	1:18:28 / 405	1:36:20 / 409	1:47:20 / 408			
407	501	STANIEWSKI Eugeniusz	ZGORZELEC	POL		51M60/11		(M)373	01:59:23	01:58:47	05.37	
		0:17:32 / 432	0:28:13 / 427	0:39:52 / 428	0:56:32 / 417	1:06:54 / 412	1:18:50 / 410	1:36:20 / 410	1:47:08 / 406			
408	296	HADZICKA Sylwia	WROCLAW	POL		80K30/12		(K)35	01:59:34	01:59:10	05.38	
		0:16:08 / 310	0:26:06 / 331	0:37:52 / 356	0:54:33 / 371	1:05:00 / 373	1:17:29 / 385	1:35:37 / 399	1:46:31 / 402			
409	293	GARNEK Piotr	WROCLAW	POL		79M30/81		(M)374	01:59:34	01:59:09	05.38	
		0:16:07 / 307	0:26:05 / 330	0:37:50 / 353	0:54:30 / 370	1:04:57 / 372	1:17:27 / 384	1:35:35 / 398	1:46:26 / 401			
410	204	SZESZKO Dorota	BYTOM	POL	I KRS TKKF JASTRZĄB RUDA ŚLĄSKA	62K50/1		(K)36	01:59:44	01:59:19	05.39	
		0:17:50 / 440	0:28:54 / 454	0:40:26 / 444	0:56:49 / 422	1:07:46 / 429	1:19:58 / 425	1:37:01 / 414	1:48:04 / 412			
411	68	ODA Futoshi	WAŁBRZYCH	POL	TEMPO WAŁBRZYCH	67M45/40		(M)375	01:59:51	01:59:12	05.39	
		0:17:40 / 438	0:28:37 / 437	0:40:53 / 454	0:58:07 / 448	1:08:22 / 441	1:20:42 / 437	1:37:39 / 418	1:47:58 / 411			
412	170	KAPUŚCIK Marcin	JEDLINA-ZDRÓJ	POL	:)	71M40/39		(M)376	02:00:16	01:59:43	05.40	
		0:16:39 / 371	0:26:58 / 370	0:38:45 / 383	0:55:36 / 398	1:06:13 / 396	1:18:15 / 401	1:36:13 / 407	1:47:35 / 409			
413	577	SAKOWICZ Paweł	WAŁBRZYCH	POL	BO TEAM ŚWIDNICA	84M25/36		(M)377	02:00:19	01:59:58	05.41	
		0:16:38 / 366	0:27:04 / 381	0:38:47 / 384	0:55:34 / 394	1:06:27 / 403	1:18:32 / 408	1:36:53 / 413	1:48:27 / 415			
414	461	KRASIŃSKI Dariusz	WAŁBRZYCH	POL	KRASIŃSCY TEAM /	73M35/77		(M)378	02:00:24	02:00:01	05.41	
		0:17:03 / 399	0:27:41 / 411	0:39:46 / 418	0:57:15 / 431	1:08:31 / 443	1:20:51 / 439	1:38:50 / 431	1:49:25 / 422			
415	65	MUZYKA Michał	JUGÓW	POL		92M18/38		(M)379	02:00:53	02:00:16	05.42	
		0:18:04 / 448	0:29:09 / 467	0:40:42 / 453	0:57:26 / 438	1:08:01 / 434	1:19:53 / 423	1:37:11 / 416	1:48:19 / 414			
416	626	SIBILAK Dawid	WROCLAW	POL	POMARAŃCZOWY MARATON	78M30/82		(M)380	02:00:57	02:00:26	05.42	
		0:17:09 / 413	0:27:13 / 385	0:38:42 / 382	0:55:20 / 386	1:05:47 / 387	1:18:15 / 402	1:36:53 / 412	1:48:11 / 413			
417	120	GĘGA Marek	WAŁBRZYCH	POL		87M25/37		(M)381	02:01:05	02:00:20	05.42	
		0:18:47 / 487	0:30:18 / 488	0:42:33 / 481	0:59:18 / 465	1:10:04 / 458	1:21:42 / 447	1:38:11 / 424	1:48:58 / 420			
418	396	ZIÓLKOWSKI Grzegorz	WROCLAW	POL		85M25/38		(M)382	02:01:16	02:00:46	05.43	
		0:16:45 / 376	0:26:58 / 372	0:38:08 / 371	0:54:04 / 355	1:04:22 / 361	1:16:27 / 370	1:34:56 / 393	1:46:53 / 403			
419	146	TARŁOWSKI Czesław	JELENIA GÓRA	POL	MKS AURUM KOBUD ZŁOTORYJA	40M70/3		(M)383	02:01:22	02:01:07	05.44	
		0:17:05 / 403	0:27:53 / 417	0:39:50 / 425	0:56:56 / 425	1:07:35 / 420	1:19:58 / 424	1:37:53 / 420	1:48:54 / 419			
420	695	MOKRZAN Wojciech	WROCLAW	POL		77M35/78		(M)384	02:01:24	02:00:40	05.43	
		0:18:04 / 450	0:28:48 / 450	0:40:23 / 443	0:56:58 / 427	1:07:38 / 422	1:19:28 / 416	1:37:03 / 415	1:48:46 / 417			
421	400	BLAŻIČEK Radovan	BRATISLAVA	SVK	FAURECIA LOZORNO	76M35/79	Faur/17	(M)385	02:01:51	02:01:24	05.45	
		0:15:56 / 292	0:25:43 / 290	0:36:58 / 314	0:53:20 / 331	1:03:46 / 340	1:16:33 / 372	1:36:04 / 405	1:48:42 / 416			
422	333	ŻUROWSKA Iwona	ŚWIDNICA POLSKA	POL	I I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	87K25/6		(K)37	02:01:56	02:01:29	05.45	
		0:17:01 / 397	0:27:28 / 400	0:39:38 / 412	0:57:21 / 436	1:08:27 / 442	1:21:03 / 442	1:38:28 / 428	1:49:31 / 423			
423	247	KRZYŻANOWSKA Maria	WŁOSZCZOWA	POL		81K30/13		(K)38	02:02:03	02:01:51	05.46	
		0:16:52 / 385	0:27:54 / 418	0:40:00 / 430	0:57:18 / 434	1:08:14 / 439	1:21:04 / 443	1:38:57 / 433	1:49:55 / 426			

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto	[min/km]
Check pts:												
424	109	RADKE Witold	WAŁBRZYCH		POL / 100 MARATHON CLUB	43M65/10		(M)386		02:02:12	02:02:10	05.47
0:17:08 / 412 0:27:56 / 419 0:40:01 / 431 0:58:05 / 447 1:09:00 / 447 1:21:21 / 444 1:39:11 / 435 1:50:01 / 429												
425	256	NOWAKOWSKI Przemysław	UNISŁAW ŚLĄSKI		POL	79M30/83		(M)387		02:02:32	02:02:09	05.47
0:17:11 / 417 0:27:56 / 420 0:39:42 / 414 0:56:50 / 423 1:08:00 / 432 1:20:05 / 428 1:38:09 / 422 1:49:21 / 421												
426	71	OLEKSY Łukasz	WAŁBRZYCH		POL / TEMPO WAŁBRZYCH	79M30/84		(M)388		02:02:40	02:02:17	05.47
0:17:12 / 419 0:28:15 / 428 0:40:13 / 441 0:57:38 / 441 1:08:39 / 445 1:20:41 / 436 1:38:27 / 427 1:50:03 / 430												
427	468	LESZCZYŃSKA Dominika	WROCLAW		POL	84K25/7		(K)39		02:02:40	02:02:11	05.47
0:17:03 / 401 0:27:33 / 404 0:39:16 / 402 0:56:13 / 410 1:07:10 / 418 1:20:01 / 427 1:38:33 / 429 1:49:51 / 425												
428	628	SZOSTAK Łukasz	OLEŚNICA		POL SZOSTAKOWIE / IM 2010	83M25/39		(M)389		02:02:43	02:01:48	05.46
0:24:04 / 554 0:38:34 / 554 0:54:18 / 554 1:08:59 / 542 1:17:56 / 525 1:28:23 / 505 1:43:25 / 473 1:52:24 / 453												
429	338	KORCZYŃSKA Agata	POZNAŃ		POL	83K25/8		(K)40		02:02:45	02:01:55	05.46
0:19:16 / 505 0:30:45 / 498 0:43:03 / 490 1:00:15 / 477 1:11:21 / 476 1:23:16 / 461 1:40:19 / 449 1:51:21 / 439												
430	678	OLEJARCZYK Michał	ŚWIDNICA		POL	87M25/40		(M)390		02:03:05	02:02:22	05.48
0:16:56 / 390 0:27:20 / 394 0:38:50 / 386 0:55:34 / 395 1:06:22 / 399 1:18:48 / 409 1:37:36 / 417 1:49:32 / 424												
431	656	BEREZOWSKI Piotr	JELEŃ GÓRA		POL	71M40/40		(M)391		02:03:15	02:02:56	05.49
0:16:33 / 361 0:26:56 / 369 0:39:01 / 395 0:55:55 / 400 1:07:01 / 415 1:19:46 / 422 1:38:21 / 426 1:49:56 / 428												
432	383	KOSTECKI Artur	ZGORZELEC		POL / EGBUD	73M35/80		(M)392		02:03:23	02:02:33	05.48
0:18:17 / 460 0:28:40 / 441 0:39:58 / 429 0:56:24 / 416 1:07:05 / 417 1:19:12 / 413 1:37:42 / 419 1:50:18 / 431												
433	80	SAWKO Kazimierz	WAŁBRZYCH		POL	53M55/16		(M)393		02:03:28	02:02:43	05.49
0:17:04 / 402 0:27:24 / 397 0:39:02 / 396 0:56:04 / 406 1:06:53 / 411 1:19:30 / 417 1:38:07 / 421 1:49:56 / 427												
434	206	TOCZYŃSKA Anna	JANOWICE WIELKIE		POL	80K30/14	S. z/29	(K)41		02:03:43	02:02:58	05.49
0:17:08 / 410 0:27:29 / 401 0:39:24 / 404 0:56:53 / 424 1:07:44 / 428 1:20:33 / 434 1:39:14 / 437 1:50:49 / 434												
435	634	BOGDANOWICZ Maria	WROCLAW		POL PRO-RUN WROCLAW / PRO-RUN WROCLAW	66K45/1		(K)42		02:03:52	02:03:43	05.51
0:16:39 / 370 0:27:14 / 387 0:39:17 / 403 0:56:56 / 426 1:07:38 / 421 1:20:06 / 429 1:39:10 / 434 1:50:52 / 436												
436	357	MAJORKIEWICZ Robert	ŚWIEBODZICE		POL	76M35/81		(M)394		02:03:55	02:03:03	05.49
0:18:23 / 467 0:28:39 / 440 0:40:09 / 435 0:57:13 / 430 1:08:08 / 437 1:20:38 / 435 1:38:55 / 432 1:50:33 / 433												
437	636	KIRIAKIDU Justyna	ŚWIDNICA		POL FAJNA JESTEŚ JUSTYŚKA /	81K30/15		(K)43		02:03:58	02:03:16	05.50
0:18:36 / 482 0:29:56 / 478 0:41:49 / 471 0:58:31 / 456 1:10:00 / 457 1:22:14 / 454 1:40:17 / 447 1:51:52 / 445												
438	637	MOSÓR Mariusz	ŚWIDNICA		POL FAJNA JESTEŚ JUSTYŚKA /	76M35/82		(M)395		02:03:58	02:03:16	05.50
0:18:37 / 483 0:29:56 / 479 0:41:49 / 470 0:58:32 / 457 1:10:00 / 456 1:22:13 / 453 1:40:18 / 448 1:51:53 / 446												
439	174	KUBIAK Marcin	WROCLAW		POL / WROCLAW	76M35/83		(M)396		02:04:02	02:03:16	05.50
0:18:13 / 456 0:29:04 / 463 0:41:06 / 456 0:58:30 / 453 1:09:39 / 452 1:21:55 / 450 1:40:25 / 450 1:51:58 / 448												
440	662	BOBROWSKI Maciej	WROCLAW		POL /	79M30/85		(M)397		02:04:08	02:03:32	05.51
0:17:02 / 398 0:27:25 / 398 0:39:31 / 408 0:57:19 / 435 1:08:04 / 435 1:20:49 / 438 1:39:14 / 436 1:50:50 / 435												
441	282	BEDLICKI Michał	KATOWICE		POL TS SOKÓŁ ŚLĄSK	69M40/41	S. z/30	(M)398		02:04:11	02:03:32	05.51
0:18:32 / 481 0:29:37 / 474 0:41:47 / 467 0:58:33 / 458 1:09:50 / 454 1:22:12 / 452 1:40:16 / 446 1:51:43 / 444												
442	3	HUNEK Sławomir	WAŁBRZYCH		POL	55M55/17		(M)399		02:04:32	02:03:53	05.52
0:18:17 / 459 0:29:03 / 460 0:41:06 / 457 0:58:25 / 452 1:09:15 / 449 1:21:37 / 446 1:40:08 / 444 1:51:53 / 447												
443	274	STACHURA Adam	LEGNICA		POL / KLUB MARATOŃCZYKA TIM S.A.	57M55/18		(M)400		02:04:34	02:03:48	05.52
0:18:32 / 478 0:29:38 / 475 0:41:43 / 464 0:59:02 / 463 1:10:08 / 459 1:22:37 / 457 1:40:29 / 451 1:51:30 / 442												
444	444	GRAJEK Krzysztof	WAŁBRZYCH		POL / NIEZRZESZONY	80M30/86		(M)401		02:04:36	02:04:14	05.53
0:16:56 / 389 0:27:37 / 406 0:39:46 / 419 0:57:15 / 433 1:08:18 / 440 1:20:52 / 440 1:39:59 / 443 1:51:23 / 440												
445	366	PISULA Łukasz	JASŁO		POL	85M25/41		(M)402		02:04:39	02:04:19	05.53
0:15:08 / 237 0:24:51 / 246 0:36:26 / 285 0:53:38 / 340 1:05:01 / 375 1:18:31 / 407 1:38:20 / 425 1:50:57 / 437												
446	446	GREGORCZYK Mirosława	CZARNY BÓR		POL	86K25/9		(K)44		02:04:44	02:04:14	05.53
0:17:05 / 404 0:27:39 / 408 0:39:04 / 399 0:55:15 / 384 1:05:47 / 386 1:17:50 / 390 1:38:10 / 423 1:50:26 / 432												
447	353	KRZYSKÓW Stanisław	WAŁBRZYCH		POL	58M50/32		(M)403		02:04:53	02:04:34	05.54
0:16:43 / 375 0:27:07 / 384 0:38:56 / 391 0:55:59 / 401 1:07:03 / 416 1:19:43 / 421 1:38:44 / 430 1:50:58 / 438												
448	494	SACIUK Piotr	WAŁBRZYCH		POL	78M30/87		(M)404		02:04:58	02:04:13	05.53
0:18:06 / 454 0:28:51 / 451 0:40:33 / 451 0:57:27 / 439 1:07:58 / 431 1:20:32 / 433 1:39:24 / 439 1:51:26 / 441												
449	191	KRUK Agnieszka	STARA BYSTRZYCA		POL	88K18/4		(K)45		02:05:01	02:04:34	05.54
0:19:00 / 500 0:30:31 / 493 0:43:03 / 489 1:00:49 / 484 1:12:08 / 482 1:24:32 / 474 1:41:43 / 456 1:52:48 / 456												
450	222	MOKRZYCKA Krystyna	WROCLAW		POL	52K60/2		(K)46		02:05:08	02:04:32	05.54
0:18:29 / 474 0:29:32 / 473 0:41:45 / 465 0:59:28 / 468 1:10:31 / 462 1:23:12 / 460 1:41:30 / 455 1:52:41 / 454												
451	231	DĄBROWSKI Kamil	WROCLAW		POL OPEK'S TEAM	81M30/88		(M)405		02:05:44	02:04:55	05.55
0:17:27 / 428 0:27:42 / 412 0:38:53 / 389 0:56:03 / 402 1:06:58 / 414 1:20:01 / 426 1:39:38 / 440 1:51:38 / 443												
452	290	DUDEK Emilia	NYSA		POL / NYSA BIEGA	72K40/6		(K)47		02:05:45	02:05:07	05.55
0:18:54 / 494 0:30:55 / 505 0:43:28 / 497 1:00:53 / 485 1:12:14 / 484 1:24:28 / 471 1:41:54 / 457 1:53:33 / 460												

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
510	683	GABRUK Andrzej	LEWIN BRZESKI	POL		61M50/36	(M)448 02:19:09	02:18:24 06.33
0:19:59 / 531 0:32:09 / 530 0:46:00 / 529 1:05:35 / 525 1:17:57 / 527 1:31:49 / 521 1:52:02 / 514 2:05:04 / 515								
511	127	DOLATA Leszek	SYCÓW	POL	/ KB LUPUS OLEŚNICA	58M50/37	(M)449 02:19:10	02:18:44 06.34
0:18:01 / 446 0:28:56 / 455 0:42:05 / 472 1:01:07 / 486 1:13:16 / 493 1:27:47 / 499 1:49:09 / 507 2:02:38 / 508								
512	321	SZALAJKO Jerzy	WROCLAW	POL	INDYWIDUALNIE / AMATOR	62M50/38	(M)450 02:19:11	02:18:19 06.33
0:18:57 / 497 0:30:06 / 483 0:42:40 / 484 1:01:22 / 490 1:12:55 / 488 1:26:58 / 497 1:49:00 / 506 2:02:10 / 506								
513	163	BALKIEWICZ Henryk	LEGNICA	POL	KB LEW LEGNICA	63M45/43	(M)451 02:19:18	02:18:45 06.34
0:18:20 / 461 0:29:26 / 472 0:42:38 / 482 1:02:19 / 498 1:16:12 / 512 1:32:16 / 525 1:52:33 / 517 2:04:51 / 512								
514	117	TYKA Edward	ŚWIĘTOCHŁOWICE	POL	/ NIEZRZESZONY	43M65/14	(M)452 02:19:20	02:18:48 06.34
0:19:58 / 530 0:32:41 / 536 0:46:19 / 533 1:05:45 / 528 1:18:20 / 531 1:32:00 / 523 1:52:51 / 520 2:05:45 / 516								
515	664	NOWAKOWSKA Genowefa	ZIELONA GÓRA	POL		52K60/3	(K)63 02:19:34	02:19:17 06.36
0:19:40 / 519 0:31:50 / 523 0:45:05 / 520 1:04:30 / 519 1:17:08 / 519 1:31:15 / 515 1:52:03 / 515 2:04:47 / 509								
516	142	KALINOWSKI Jakub	BIELSKO-BIAŁA	POL	/ STALOWE PATY BIELSKO-BIAŁA	90M18/43	(M)453 02:20:00	02:19:07 06.35
0:21:23 / 545 0:34:22 / 545 0:48:38 / 545 1:07:10 / 538 1:20:08 / 538 1:33:14 / 532 1:53:58 / 526 2:07:10 / 525								
517	9	BARCINSKI Bogusław	WAŁBRZYCH	POL	/ AMATOR	62M50/39	(M)454 02:21:07	02:20:29 06.39
0:19:57 / 529 0:32:25 / 534 0:45:54 / 528 1:05:23 / 522 1:17:56 / 524 1:31:49 / 520 1:52:43 / 519 2:05:57 / 517								
518	97	PAWLIK Marcin	WAŁBRZYCH	POL		83M25/48	(M)455 02:21:28	02:20:49 06.40
0:18:30 / 475 0:30:08 / 484 0:43:07 / 491 1:02:29 / 500 1:15:02 / 505 1:29:13 / 507 1:50:45 / 509 2:04:57 / 513								
519	93	GALUS - PAWLIK Katarzyna	WAŁBRZYCH	POL		81K30/19	(K)64 02:21:28	02:20:48 06.40
0:18:31 / 476 0:30:08 / 485 0:43:07 / 492 1:02:30 / 501 1:15:03 / 506 1:29:14 / 508 1:50:47 / 510 2:04:57 / 514								
520	39	GRZELAK Lucjan	ŚWIEBODZICE	POL		64M45/44	(M)456 02:21:56	02:21:23 06.42
0:18:05 / 452 0:29:48 / 477 0:43:02 / 487 1:02:40 / 503 1:15:52 / 509 1:31:02 / 513 1:51:56 / 513 2:06:06 / 519								
521	126	ADAMCZYK Dariusz	KAMIENNA GÓRA	POL		79M30/95	(M)457 02:22:00	02:21:07 06.41
0:20:43 / 541 0:33:43 / 541 0:47:29 / 540 1:07:04 / 537 1:19:59 / 536 1:33:50 / 534 1:54:28 / 530 2:08:14 / 529								
522	421	BAKALARCZYK Tomasz	SIECHNICE	POL		78M30/96	(M)458 02:22:14	02:21:25 06.42
0:19:26 / 511 0:31:11 / 511 0:44:32 / 516 1:04:15 / 517 1:17:02 / 518 1:31:24 / 518 1:52:57 / 521 2:06:12 / 520								
523	404	GOSTIKOVA Katarina	BRATISLAVA	SVK	FAURECIA LOZORNO	79K30/20	Fauri/20 (K)65 02:22:17	02:21:49 06.43
0:20:01 / 534 0:32:25 / 535 0:46:26 / 535 1:06:05 / 530 1:18:36 / 532 1:32:58 / 530 1:54:01 / 527 2:07:12 / 526								
524	493	RZEŹNICZAK Marek	WROCLAW	POL		62M50/40	(M)459 02:22:18	02:21:34 06.42
0:19:59 / 532 0:32:05 / 527 0:45:51 / 527 1:05:43 / 527 1:17:45 / 523 1:32:04 / 524 1:53:32 / 524 2:06:57 / 523								
525	224	ZADOROŻNY Zdzisław	ZGORZELEC	POL	EDI TEAM ZGORZELEC	53M55/23	(M)460 02:22:44	02:22:06 06.44
0:20:05 / 536 0:32:21 / 533 0:46:21 / 534 1:06:10 / 531 1:18:15 / 530 1:32:00 / 522 1:53:11 / 523 2:08:04 / 527								
526	267	ROGOWSKI Tomasz	OLAWA	POL		78M30/97	(M)461 02:23:31	02:22:44 06.45
0:19:53 / 527 0:32:10 / 531 0:45:46 / 525 1:05:31 / 523 1:17:57 / 526 1:32:47 / 528 1:54:22 / 529 2:08:10 / 528								
527	645	KISILICZYK Marcin	BOLESŁAWIEC	POL		81M30/98	(M)462 02:23:37	02:23:25 06.47
0:18:56 / 496 0:30:36 / 495 0:44:38 / 517 1:05:08 / 521 1:17:19 / 522 1:31:29 / 519 1:52:37 / 518 2:06:33 / 521								
528	620	MILEWSKI Adam	NIEDŹWIEDZICA	POL	NIEDŹWIEDZIE TEAM	80M30/99	(M)463 02:23:52	02:23:07 06.47
0:17:52 / 441 0:29:06 / 465 0:42:20 / 475 1:01:46 / 493 1:14:17 / 498 1:29:21 / 509 1:52:21 / 516 2:06:52 / 522								
529	586	MALIK Robert	BOGUSZÓW GORCE	POL		73M35/91	(M)464 02:23:55	02:23:21 06.47
0:18:26 / 472 0:30:20 / 489 0:43:46 / 502 1:03:30 / 514 1:16:42 / 515 1:31:20 / 517 1:52:59 / 522 2:06:58 / 524								
530	489	RAKOWIECKI Bartosz	OLAWA	POL		76M35/92	(M)465 02:24:35	02:23:47 06.48
0:19:55 / 528 0:32:09 / 529 0:45:43 / 524 1:05:31 / 524 1:17:59 / 528 1:32:48 / 529 1:54:29 / 531 2:08:36 / 530								
531	559	ŻUK Zbigniew	WAŁBRZYCH	POL	FAURECIA WAŁBRZYCH	68M40/46	Fauri/21 (M)466 02:24:41	02:24:24 06.50
0:17:29 / 431 0:29:16 / 471 0:42:50 / 485 1:03:21 / 511 1:16:53 / 517 1:31:17 / 516 1:54:04 / 528 2:09:08 / 531								
532	66	NIEDBALSKI Zbigniew	BOGUSZÓW GORCE	POL		62M50/41	(M)467 02:25:16	02:24:31 06.51
0:19:44 / 521 0:31:59 / 526 0:45:35 / 523 1:05:37 / 526 1:18:09 / 529 1:32:40 / 527 1:55:46 / 532 2:09:32 / 532								
533	350	DUDKOWSKI Jacek	JAWOR	POL		66M45/45	(M)468 02:25:51	02:25:11 06.52
0:22:04 / 551 0:35:39 / 551 0:50:31 / 550 1:11:45 / 548 1:25:07 / 548 1:39:51 / 546 1:59:51 / 542 2:09:32 / 533								
534	423	PLUCIENNIK Tomasz	WROCLAW	POL		77M35/93	(M)469 02:26:11	02:25:22 06.53
0:20:22 / 538 0:32:54 / 537 0:46:38 / 538 1:06:02 / 529 1:22:53 / 543 1:36:32 / 542 1:57:10 / 535 2:10:27 / 534								
535	466	KUDŁA Robert	WROCLAW	POL	PRAWICZKI /	75M35/94	(M)470 02:26:55	02:26:04 06.55
0:21:24 / 546 0:34:52 / 548 0:48:38 / 544 1:08:40 / 541 1:21:45 / 542 1:36:27 / 541 1:58:18 / 539 2:11:53 / 537								
536	624	SUTUŁA Adrian	WAŁBRZYCH	POL	PRAWICZKI /	75M35/95	(M)471 02:26:56	02:26:05 06.55
0:21:24 / 547 0:34:50 / 547 0:48:37 / 543 1:08:15 / 540 1:21:44 / 541 1:36:25 / 540 1:58:18 / 538 2:11:52 / 536								
537	20	BUBEL Marcin	WROCLAW	POL	/ DRUŻYNA SZPIKU	70M40/47	(M)472 02:27:22	02:26:38 06.57
0:19:22 / 507 0:31:52 / 524 0:46:03 / 530 1:06:55 / 536 1:20:00 / 537 1:35:06 / 537 1:57:25 / 536 2:11:42 / 535								
538	361	MALINOWSKI Michał	ŚLAWKÓW	POL		84M25/49	(M)473 02:28:53	02:28:12 07.01
0:18:49 / 491 0:30:38 / 496 0:43:59 / 505 1:03:16 / 510 1:16:39 / 514 1:32:23 / 526 1:56:39 / 534 2:12:34 / 538								

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	Wynik Netto [min/km]
Check pts:								
539	19	BUBEL Alina	WROCLAW	POL	DRUZYNA SZPIKU	69K40/9 (K)66	02:29:36	02:28:50 07.03
0:22:23 / 552 0:35:37 / 550 0:50:08 / 548 1:11:18 / 547 1:24:43 / 547 1:39:38 / 545 2:00:49 / 545 2:14:21 / 542								
540	405	KNAP Lukáš	BARDEJOV	CZE	SVK FAURECIA LOZORNO	86M25/50 Faur/22 (M)474	02:30:10	02:29:44 07.05
0:19:51 / 525 0:33:31 / 540 0:48:03 / 541 1:09:42 / 543 1:23:15 / 544 1:38:05 / 544 2:00:00 / 544 2:14:59 / 544								
541	214	KOSOWSKI Konrad	KOWARY	POL		74M35/96 (M)475	02:31:11	02:30:31 07.08
0:19:22 / 508 0:31:08 / 508 0:44:14 / 512 1:04:07 / 515 1:17:12 / 520 1:33:10 / 531 1:58:02 / 537 2:13:46 / 539								
542	562	NIWIŃSKI Rajmund	BOGUSZÓW GORCE	POL		67M45/46 (M)476	02:31:43	02:30:50 07.08
0:20:01 / 533 0:32:20 / 532 0:46:12 / 531 1:06:46 / 534 1:20:17 / 539 1:35:43 / 538 1:58:51 / 541 2:14:09 / 541								
543	22	CABAN Rafał	OLEŚNICA	POL		75M35/97 (M)477	02:32:55	02:32:18 07.13
0:18:04 / 447 0:29:10 / 468 0:42:20 / 476 1:03:11 / 509 1:17:17 / 521 1:33:51 / 535 1:58:22 / 540 2:14:22 / 543								
544	32	FIDLER Jarosław	MIEROSZÓW,	POL	TEMPO WAŁBRZYCH	64M45/47 (M)478	02:33:28	02:32:44 07.14
0:20:05 / 535 0:32:07 / 528 0:46:15 / 532 1:06:53 / 535 1:19:53 / 535 1:34:30 / 536 1:56:13 / 533 2:13:52 / 540								
545	96	OLEKSY Zdzisław	KAMIENNA GÓRA	POL	AMATOR	55M55/24 (M)479	02:34:18	02:33:28 07.16
0:19:39 / 518 0:31:26 / 517 0:45:18 / 521 1:06:16 / 532 1:19:45 / 534 1:35:51 / 539 1:59:51 / 543 2:15:33 / 545								
546	445	GRAJEK Monika	WAŁBRZYCH	POL	NIEZRZESZONA	79K30/21 (K)67	02:36:23	02:36:00 07.23
0:18:48 / 488 0:31:10 / 510 0:45:49 / 526 1:07:36 / 539 1:21:42 / 540 1:38:01 / 543 2:03:21 / 546 2:18:30 / 546								
547	414	SPIŠAKOVÁ Jana	BRATISLAVA	CZE	SVK FAURECIA LOZORNO	79K30/22 Faur/23 (K)68	02:37:23	02:36:54 07.26
0:22:03 / 550 0:35:47 / 552 0:51:08 / 551 1:13:01 / 550 1:26:18 / 549 1:41:35 / 549 2:04:17 / 548 2:19:58 / 548								
548	112	SKOWRONSKI Zbigniew	WAŁBRZYCH	POL	AMATOR	51M60/14 (M)480	02:37:43	02:36:54 07.26
0:21:06 / 543 0:34:04 / 542 0:48:22 / 542 1:10:21 / 544 1:24:14 / 546 1:40:14 / 548 2:04:45 / 549 2:20:30 / 549								
549	208	CHLASTAWA Marta	WAŁBRZYCH	POL	PĘDZĄCE ŚLIMAKI :)	86K25/13 (K)69	02:37:53	02:37:40 07.28
0:20:43 / 540 0:34:06 / 543 0:49:52 / 547 1:12:39 / 549 1:26:51 / 551 1:43:05 / 550 2:07:24 / 551 2:21:59 / 550								
550	82	STAGROWSKA Jadwiga	LEWIN BRZESKI	POL		54K55/3 (K)70	02:38:18	02:37:24 07.27
0:21:13 / 544 0:34:12 / 544 0:48:59 / 546 1:10:40 / 545 1:24:10 / 545 1:39:55 / 547 2:03:52 / 547 2:19:29 / 547								
551	209	DROZDOWSKI Krzysztof	WAŁBRZYCH	POL		65M45/48 (M)481	02:41:33	02:40:51 07.37
0:20:46 / 542 0:34:49 / 546 0:50:23 / 549 1:13:08 / 551 1:26:33 / 550 1:43:10 / 551 2:07:13 / 550 2:23:51 / 551								
552	250	MICHALAK Anna	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	75K35/14 (K)71	02:43:50	02:43:02 07.43
0:22:42 / 553 0:37:17 / 553 0:53:28 / 553 1:17:09 / 553 1:31:23 / 553 1:48:05 / 553 2:12:45 / 553 2:27:46 / 552								
553	616	OSUCH Alina	JELEŃ GÓRA	POL		61K50/2 S. z/32 (K)72	02:46:42	02:46:25 07.53
0:21:31 / 549 0:35:26 / 549 0:51:20 / 552 1:14:57 / 552 1:29:14 / 552 1:45:38 / 552 2:12:13 / 552 2:28:24 / 553								
554	179	PEREMICKI Arkadiusz	BOGATYNIA	POL	PBGIE EGBUD SP ZOO	80M30/100 (M)482	02:48:46	02:47:56 07.57
0:18:23 / 468 0:28:40 / 442 0:43:54 / 504 1:10:43 / 546 1:32:41 / 554 1:49:41 / 554 2:14:07 / 554 2:31:41 / 554								
555	221	MARCIAK Czesław	BIELAWA	POL	DĘBY WAŁBRZYCH	29M70/5 (M)483	03:02:26	03:01:34 08.36
0:25:26 / 555 0:39:28 / 555 0:56:56 / 555 1:21:54 / 554 1:37:47 / 555 1:57:12 / 555 2:17:26 / 555 2:47:50 / 555								