

## 21. Herbalife Triathlon Susz 2012

**WYNIKI ZAWODÓW / RESULTS LIST**

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|                          |  |                 |                    |                          |                   |
|--------------------------|--|-----------------|--------------------|--------------------------|-------------------|
| <b>Miejsce:</b>          | Susz   | <b>Dystans:</b> | (0,75km+20 km+5km) | <b>Temp. powietrza:</b>  | +34 st. C         |
| <b>Data:</b>             | 08.07.2012   | <b>Start:</b>   |                    | <b>Temp. wody:</b>       | +22,6 st. C       |
|                          |  |                 |                    | <b>Głębokość akwenu:</b> | 2,5 m - 3,5 m     |
|                          |  |                 |                    | <b>Pływanie:</b>         | 0,75 km           |
| <b>Dyrektor Zawodów:</b> | Piotr Netter   |                 |                    | <b>Rower:</b>            | 20 km (2 x 10 km) |
| <b>Sędzia Główny:</b>    | Jarosław Michalak                                      |                 |                    | <b>Bieg:</b>             | 5 km              |
| <b>Organizator:</b>      | Gmina Susz, CSiR w Suszu, TRS w Suszu, Sport Evolution |                 |                    |                          |                   |

**OPEN**

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Kraj<br>Nat. | Drużyna<br>Team                        | R-k<br>YoB | W kategorii<br>in Age | Pływanie      | T1/Pozycja    | Rower         | T2/Pozycja    | Bieg          | Wynik<br>Time | Strata<br>Diff. |
|-------------|-----------|-------------------------|--------------|--|------------|-----------------------|---------------|---------------|---------------|---------------|---------------|---------------|-----------------|
| 1           | 19        | KOROL ROMAN             |              | UKR                                    | 87         | M / 1                 | 00:09:55 / 3  | 00:00:59 / 1  | 00:30:24 / 1  | 00:01:07 / 1  | 00:17:02 / 3  | 00:59:27      | 00:00:00        |
| 2           | 3         | PRZYMUSIŃSKI FILIP      |              | KS UAM TRIATHLON POZNAŃ                | 83         | M / 2                 | 00:10:11 / 4  | 00:00:54 / 4  | 00:31:06 / 2  | 00:01:06 / 2  | 00:17:02 / 2  | 01:00:19      | 00:00:52        |
| 3           | 10        | AUGUSTYNIAK KRZYSZTOF   |              | PLETFAL LUBIN                          | 81         | M / 3                 | 00:11:09 / 15 | 00:00:55 / 11 | 00:32:08 / 5  | 00:01:07 / 7  | 00:16:50 / 1  | 01:02:09      | 00:02:42        |
| 4           | 2         | JERZYK AGNIESZKA        |              | REAL 64-STO LESZNO                     | 88         | K / 1                 | 00:10:58 / 12 | 00:01:01 / 9  | 00:31:21 / 3  | 00:01:13 / 3  | 00:17:53 / 5  | 01:02:26      | 00:02:59        |
| 5           | 9         | GŁOGOWSKI ADAM          |              | AZS AWF KATOWICE                       | 93         | M / 4                 | 00:07:22 / 2  | 00:03:34 / 3  | 00:32:25 / 6  | 00:01:12 / 4  | 00:17:55 / 6  | 01:02:28      | 00:03:01        |
| 6           | 6         | RAK MATEUSZ             |              | UKS TRI-SAUCONY RUMIA                  | 90         | M / 5                 | 00:07:22 / 1  | 00:03:32 / 2  | 00:32:27 / 7  | 00:01:12 / 5  | 00:18:16 / 9  | 01:02:49      | 00:03:22        |
| 7           | 8         | STĘPNIAK KACPER         |              | TRI-SPORT NIEMCZ                       | 94         | M / 6                 | 00:10:38 / 5  | 00:01:57 / 17 | 00:32:26 / 8  | 00:01:10 / 9  | 00:17:21 / 4  | 01:03:32      | 00:04:05        |
| 8           | 392       | GAJEWSKI RAFAŁ          |              | UKS TRI-SAUCONY RUMIA                  | 91         | M / 7                 | 00:10:38 / 7  | 00:00:56 / 6  | 00:31:48 / 4  | 00:01:15 / 6  | 00:19:09 / 16 | 01:03:46      | 00:04:19        |
| 9           | 197       | SUCHODOLSKI RAFAŁ       |              | WKLS KMICIC CZĘSTOCHOWA                | 95         | M / 8                 | 00:10:38 / 6  | 00:00:44 / 5  | 00:33:28 / 10 | 00:01:13 / 8  | 00:19:00 / 14 | 01:05:03      | 00:05:36        |
| 10          | 5         | KUBIAK MACIEJ           |              | UKS TRI-SAUCONY RUMIA                  | 88         | M / 9                 | 00:11:31 / 18 | 00:00:56 / 15 | 00:32:48 / 9  | 00:01:14 / 10 | 00:20:33 / 32 | 01:07:02      | 00:07:35        |
| 11          | 388       | RATKOWSKA ZUZANNA       |              | UKS TRI-SAUCONY RUMIA                  | 93         | K / 2                 | 00:10:55 / 11 | 00:00:59 / 8  | 00:35:25 / 44 | 00:01:15 / 17 | 00:19:17 / 18 | 01:07:51      | 00:08:24        |
| 12          | 389       | JĘDRZEJEWSKA ALEKSANDRA |              | UKS TRI-SAUCONY RUMIA                  | 91         | K / 3                 | 00:10:59 / 13 | 00:00:54 / 7  | 00:35:28 / 46 | 00:01:12 / 16 | 00:19:33 / 21 | 01:08:06      | 00:08:39        |
| 13          | 314       | ROSZAK ADRIAN           |              | CITYZEN POZNAŃ                         | 88         | M / 10                | 00:11:30 / 17 | 00:01:25 / 18 | 00:34:07 / 17 | 00:01:14 / 11 | 00:20:02 / 25 | 01:08:18      | 00:08:51        |
| 14          | 24        | KOWALSKI TOMASZ         |              | WTT WARSZAWA                           | 86         | M / 11                | 00:11:22 / 16 | 00:01:12 / 16 | 00:34:26 / 20 | 00:01:25 / 15 | 00:20:05 / 26 | 01:08:30      | 00:09:03        |
| 15          | 63        | BARWIKOWSKI KAROL       |              | UKS G8 BIELANY                         | 90         | M / 12                | 00:10:44 / 8  | 00:01:40 / 14 | 00:35:34 / 51 | 00:01:17 / 19 | 00:20:25 / 31 | 01:09:40      | 00:10:13        |
| 16          | 106       | KUBIŃSKI JAKUB          |              | TRI-SPORT NIEMCZ                       | 87         | M / 13                | 00:11:52 / 19 | 00:01:06 / 19 | 00:34:03 / 15 | 00:01:19 / 12 | 00:21:33 / 51 | 01:09:53      | 00:10:26        |
| 17          | 361       | SZCZERBIŃSKA MAŁGORZATA |              | MKS TRIATHLON MALBORK                  | 91         | K / 4                 | 00:12:08 / 21 | 00:01:03 / 20 | 00:36:55 / 85 | 00:01:19 / 24 | 00:18:33 / 10 | 01:09:58      | 00:10:31        |
| 18          | 172       | KAMIŃSKA DANIELA        |              | MKS SAMBOR TCZEW                       | 93         | K / 5                 | 00:10:52 / 10 | 00:01:09 / 10 | 00:35:05 / 35 | 00:01:17 / 13 | 00:21:39 / 54 | 01:10:02      | 00:10:35        |
| 19          | 422       | NEUMAN MARCIN           |              | KRS TKKF TRIATHLON DĄBROWA<br>GÓRNICZA | 95         | M / 14                | 00:12:35 / 25 | 00:02:29 / 30 | 00:35:06 / 36 | 00:01:14 / 23 | 00:18:39 / 11 | 01:10:03      | 00:10:36        |
| 20          | 330       | KRAWCZYK NATALIA        |              | S.S. TRIATHLON DELFIN KALISZ           | 88         | K / 6                 | 00:10:47 / 9  | 00:01:24 / 12 | 00:34:56 / 33 | 00:01:18 / 14 | 00:21:52 / 58 | 01:10:17      | 00:10:50        |
| 21          | 365       | LENARTOWICZ PAWEŁ       |              | MLUKS KOŁO                             | 96         | M / 15                | 00:13:00 / 29 | 00:01:05 / 24 | 00:34:04 / 16 | 00:01:14 / 21 | 00:21:22 / 47 | 01:10:45      | 00:11:18        |

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Kraj<br>Nat. | Drużyna<br>Team                        | R-k<br>YoB | W kategorii<br>in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja    | Bieg           | Wynik<br>Time | Strata<br>Diff. |
|-------------|-----------|-------------------------|--------------|--|------------|-----------------------|----------------|----------------|----------------|---------------|----------------|---------------|-----------------|
| 22          | 1         | MATYSIAK HANNA          | POL          | G 8 BIELANY WARSZAWA                   | 90K20/3    | K / 7                 | 00:11:08 / 14  | 00:01:05 / 13  | 00:35:54 / 62  | 00:01:15 / 20 | 00:21:27 / 49  | 01:10:49      | 00:11:22        |
| 23          | 431       | MAZUREK MARCIN          | POL          | ROKSA.TIM I LTK                        | 80M24/8    | M / 16                | 00:12:25 / 23  | 00:01:22 / 21  | 00:34:41 / 24  | 00:01:12 / 22 | 00:22:01 / 64  | 01:11:41      | 00:12:14        |
| 24          | 44        | ZARZECKI ADRIAN         | POL          |  | 87M24/9    | M / 17                | 00:13:07 / 31  | 00:01:23 / 26  | 00:35:55 / 63  | 00:01:19 / 25 | 00:20:19 / 28  | 01:12:03      | 00:12:36        |
| 25          | 268       | WASILEWSKI RAIWO        | POL          |  | 95M16/4    | M / 18                | 00:12:05 / 20  | 00:02:13 / 25  | 00:33:38 / 11  | 00:01:17 / 18 | 00:23:02 / 90  | 01:12:15      | 00:12:48        |
| 26          | 354       | PODWYSOCKI MARCIN       | POL          | ATP AUGUSTÓW                           | 88M24/10   | M / 19                | 00:13:05 / 30  | 00:01:35 / 27  | 00:35:48 / 58  | 00:01:23 / 26 | 00:20:45 / 37  | 01:12:36      | 00:13:09        |
| 27          | 341       | KARASIŃSKI MARCIN       | POL          | S.S. TRIATHLON DELFIN KALISZ           | 70M40/1    | M / 20                | 00:14:28 / 42  | 00:01:17 / 34  | 00:36:17 / 73  | 00:01:46 / 40 | 00:18:59 / 13  | 01:12:47      | 00:13:20        |
| 28          | 285       | ZBRZEŃNIAK PIOTR        | POL          |  | 87M24/11   | M / 21                | 00:14:50 / 51  | 00:01:46 / 49  | 00:35:31 / 47  | 00:01:15 / 36 | 00:19:56 / 24  | 01:13:18      | 00:13:51        |
| 29          | 165       | BARCZEWSKI KRZYSZTOF    | POL          | TRI-SPORT NIEMCZ                       | 75M24/12   | M / 22                | 00:14:43 / 50  | 00:01:30 / 44  | 00:35:19 / 38  | 00:01:29 / 33 | 00:20:39 / 35  | 01:13:40      | 00:14:13        |
| 30          | 34        | IGNATOWICZ MARCIN       | POL          |  | 83M24/13   | M / 23                | 00:15:27 / 62  | 00:01:46 / 58  | 00:34:53 / 31  | 00:01:44 / 41 | 00:19:55 / 23  | 01:13:45      | 00:14:18        |
| 31          | 363       | PIERZANKOWSKI JAKUB     | POL          | WYCINANKA ŁOWICZ                       | 87M24/14   | M / 24                | 00:19:05 / 170 | 00:01:31 / 134 | 00:34:12 / 18  | 00:01:04 / 56 | 00:18:10 / 7   | 01:14:02      | 00:14:35        |
| 32          | 395       | DOBRZAŃKI BARTŁOMIEJ    | POL          |  | 73M24/15   | M / 25                | 00:14:08 / 37  | 00:01:42 / 37  | 00:34:29 / 21  | 00:01:42 / 28 | 00:22:05 / 68  | 01:14:06      | 00:14:39        |
| 33          | 217       | MARKOWSKI DARIUSZ       | POL          |  | 74M24/16   | M / 26                | 00:15:16 / 57  | 00:02:01 / 60  | 00:35:35 / 52  | 00:02:01 / 51 | 00:19:16 / 17  | 01:14:09      | 00:14:42        |
| 34          | 125       | WACLAWCZYK MARIUSZ      | POL          |  | 80M24/17   | M / 27                | 00:14:54 / 52  | 00:01:56 / 54  | 00:35:20 / 40  | 00:01:41 / 43 | 00:20:34 / 33  | 01:14:25      | 00:14:58        |
| 35          | 153       | DASZUTA ŁUKASZ          | POL          |  | 82M24/18   | M / 28                | 00:12:49 / 26  | 00:02:40 / 33  | 00:34:54 / 30  | 00:02:05 / 30 | 00:21:57 / 59  | 01:14:25      | 00:14:58        |
| 36          | 282       | MACIESZ PIOTR           | POL          |  | 73M24/19   | M / 29                | 00:15:14 / 56  | 00:01:34 / 53  | 00:34:46 / 26  | 00:01:35 / 34 | 00:21:27 / 48  | 01:14:36      | 00:15:09        |
| 37          | 212       | KARCZEWSKI JAN          | POL          | TRS UKS SUSZ                           | 88M24/20   | M / 30                | 00:13:51 / 35  | 00:01:17 / 32  | 00:35:20 / 41  | 00:01:29 / 27 | 00:22:43 / 84  | 01:14:40      | 00:15:13        |
| 38          | 304       | KURKOWIAK GRZEGORZ      | POL          |  | 80M24/21   | M / 31                | 00:15:20 / 58  | 00:01:19 / 50  | 00:35:32 / 50  | 00:01:52 / 45 | 00:20:48 / 39  | 01:14:51      | 00:15:24        |
| 39          | 387       | MALICKI ADAM            | POL          |  | 91M20/4    | M / 32                | 00:17:10 / 100 | 00:01:47 / 94  | 00:35:32 / 48  | 00:01:16 / 54 | 00:19:18 / 19  | 01:15:03      | 00:15:36        |
| 40          | 305       | KARCZEWSKI MAKSYMILIAN  | POL          | TRS SUSZ                               | 95M16/5    | M / 33                | 00:14:55 / 53  | 00:01:25 / 46  | 00:36:12 / 72  | 00:01:31 / 46 | 00:21:22 / 46  | 01:15:25      | 00:15:58        |
| 41          | 277       | TULWIN RAFAŁ            | POL          |  | 86M24/22   | M / 34                | 00:16:52 / 93  | 00:01:01 / 70  | 00:34:49 / 28  | 00:01:29 / 47 | 00:21:37 / 53  | 01:15:48      | 00:16:21        |
| 42          | 385       | CZERWIEC ARTUR          | POL          |  | 76M24/23   | M / 35                | 00:12:24 / 22  | 00:01:29 / 22  | 00:36:31 / 75  | 00:02:14 / 31 | 00:23:26 / 102 | 01:16:04      | 00:16:37        |
| 43          | 105       | MICHALSKI SZYMON        | POL          | TRICITY TRIATHLON TEAM                 | 85M24/24   | M / 36                | 00:15:39 / 66  | 00:01:50 / 63  | 00:34:37 / 23  | 00:01:34 / 38 | 00:22:36 / 81  | 01:16:16      | 00:16:49        |
| 44          | 446       | ŚWIESIULSKI MICHAŁ      | POL          |  | 95M16/6    | M / 37                | 00:14:35 / 47  | 00:01:56 / 48  | 00:35:55 / 64  | 00:01:32 / 44 | 00:22:37 / 82  | 01:16:35      | 00:17:08        |
| 45          | 205       | FURMAN KORNEL           | POL          | UKS TRS                                | 93M18/3    | M / 38                | 00:14:37 / 49  | 00:01:21 / 38  | 00:35:22 / 42  | 00:01:21 / 32 | 00:24:55 / 155 | 01:17:36      | 00:18:09        |
| 46          | 393       | KALUŻNY JAKUB           | POL          |  | 91M20/5    | M / 39                | 00:15:23 / 60  | 00:02:48 / 79  | 00:37:50 / 104 | 00:02:11 / 86 | 00:19:26 / 20  | 01:17:38      | 00:18:11        |
| 47          | 177       | MIETEK MARCIN           | POL          |  | 77M24/25   | M / 40                | 00:16:20 / 77  | 00:01:47 / 76  | 00:36:06 / 67  | 00:01:31 / 53 | 00:21:59 / 61  | 01:17:43      | 00:18:16        |
| 48          | 182       | RYBIŃSKI ROMAN          | POL          |  | 67M40/2    | M / 41                | 00:12:59 / 28  | 00:01:49 / 28  | 00:35:27 / 45  | 00:01:58 / 29 | 00:25:33 / 174 | 01:17:46      | 00:18:19        |
| 49          | 114       | GRABIEC MARCIN          | POL          |  | 83M24/26   | M / 42                | 00:17:19 / 107 | 00:01:28 / 89  | 00:36:42 / 79  | 00:02:15 / 80 | 00:20:16 / 27  | 01:18:00      | 00:18:33        |
| 50          | 468       | WIERZBICKI GRZEGORZ     | POL          | LENIWCE.PL                             | 74M24/27   | M / 43                | 00:18:44 / 150 | 00:02:07 / 149 | 00:33:56 / 13  | 00:01:46 / 63 | 00:21:28 / 50  | 01:18:01      | 00:18:34        |
| 51          | 473       | MAMCARZ JAROSŁAW        | POL          |  | 67M40/3    | M / 44                | 00:14:29 / 43  | 00:01:35 / 41  | 00:38:29 / 123 | 00:01:38 / 60 | 00:22:06 / 69  | 01:18:17      | 00:18:50        |
| 52          | 439       | NOWAK DAWID             | POL          |  | 81M24/28   | M / 45                | 00:18:51 / 155 | 00:02:14 / 157 | 00:33:47 / 12  | 00:02:12 / 69 | 00:21:17 / 44  | 01:18:21      | 00:18:54        |
| 53          | 171       | ZAJFERT STANISŁAW       | POL          | KRS TKKF TRIATHLON DĄBROWA<br>GÓRNICZA | 48M60+1    | M / 46                | 00:14:25 / 41  | 00:01:41 / 42  | 00:35:32 / 49  | 00:01:44 / 35 | 00:25:09 / 162 | 01:18:31      | 00:19:04        |
| 54          | 124       | ŚLEDZIONA TOMASZ        | POL          |  | 85M24/29   | M / 47                | 00:17:26 / 114 | 00:01:56 / 102 | 00:34:51 / 29  | 00:01:41 / 57 | 00:22:39 / 83  | 01:18:33      | 00:19:06        |

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Kraj<br>Nat. | Drużyna<br>Team         | R-k<br>YoB | W kategorii<br>in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik<br>Time | Strata<br>Diff. |
|-------------|-----------|-------------------------|--------------|-------------------------|------------|-----------------------|----------------|----------------|----------------|----------------|----------------|---------------|-----------------|
| 55          | 391       | ZABŁOCKI PIOTR          | POL          |                         | 95M16/7    | M / 48                | 00:15:53 / 69  | 00:01:26 / 62  | 00:36:53 / 84  | 00:01:08 / 52  | 00:23:15 / 97  | 01:18:35      | 00:19:08        |
| 56          | 240       | BARTKOWIAK PRZEMYSŁAW   | POL          | DRUŻYNA HELENKI TORUŃ   | 85M24/30   | M / 49                | 00:16:55 / 94  | 00:01:13 / 77  | 00:34:44 / 25  | 00:01:45 / 48  | 00:24:04 / 124 | 01:18:41      | 00:19:14        |
| 57          | 335       | MALANOWSKI JAROSŁAW     | POL          |                         | 59M50/1    | M / 50                | 00:18:02 / 130 | 00:01:17 / 99  | 00:36:11 / 71  | 00:01:39 / 70  | 00:21:44 / 55  | 01:18:53      | 00:19:26        |
| 58          | 438       | MICHALAK ŁUKASZ         | POL          |                         | 86M24/31   | M / 51                | 00:18:44 / 151 | 00:01:33 / 124 | 00:35:07 / 37  | 00:01:17 / 64  | 00:22:25 / 76  | 01:19:06      | 00:19:39        |
| 59          | 300       | ZARCO RICARDO           | POL          |                         | 84M24/32   | M / 52                | 00:16:28 / 82  | 00:01:38 / 75  | 00:34:33 / 22  | 00:02:13 / 49  | 00:24:18 / 133 | 01:19:10      | 00:19:43        |
| 60          | 18        | KWIATKOWSKI PAWEŁ       | POL          |                         | 84M24/33   | M / 53                | 00:15:26 / 61  | 00:01:45 / 56  | 00:34:53 / 32  | 00:01:26 / 37  | 00:25:43 / 178 | 01:19:13      | 00:19:46        |
| 61          | 145       | BUSZAN RADOSŁAW         | POL          |                         | 80M24/34   | M / 54                | 00:14:33 / 45  | 00:01:43 / 45  | 00:38:18 / 116 | 00:01:33 / 58  | 00:23:08 / 93  | 01:19:15      | 00:19:48        |
| 62          | 130       | NOWAK MIESZKO           | POL          |                         | 84M24/35   | M / 55                | 00:17:01 / 97  | 00:01:50 / 91  | 00:35:25 / 43  | 00:01:36 / 55  | 00:23:26 / 101 | 01:19:18      | 00:19:51        |
| 63          | 264       | WOJCIECHOWSKI MARCIN    | POL          |                         | 73M24/36   | M / 56                | 00:13:51 / 34  | 00:02:10 / 40  | 00:39:16 / 150 | 00:01:58 / 72  | 00:22:04 / 67  | 01:19:19      | 00:19:52        |
| 64          | 451       | KRZYŻEK MICHAŁ          | POL          |                         | 83M24/37   | M / 57                | 00:14:36 / 48  | 00:03:11 / 66  | 00:37:52 / 105 | 00:02:00 / 78  | 00:21:46 / 56  | 01:19:25      | 00:19:58        |
| 65          | 292       | BŁOTNY MAREK            | POL          |                         | 80M24/38   | M / 58                | 00:16:34 / 85  | 00:02:11 / 88  | 00:35:38 / 55  | 00:02:04 / 62  | 00:23:09 / 94  | 01:19:36      | 00:20:09        |
| 66          | 475       | JARMOSZEWICZ LUKASZ     | POL          | RUNTORUN                | 73M24/39   | M / 59                | 00:17:11 / 101 | 00:02:21 / 107 | 00:36:01 / 66  | 00:01:36 / 71  | 00:22:29 / 78  | 01:19:38      | 00:20:11        |
| 67          | 149       | LITWINIUK KAROL         | POL          |                         | 84M24/40   | M / 60                | 00:15:43 / 67  | 00:01:29 / 57  | 00:34:56 / 34  | 00:01:43 / 42  | 00:25:53 / 181 | 01:19:44      | 00:20:17        |
| 68          | 33        | ELMINOWSKI WOJCIECH     | POL          | ELBLĄG                  | 62M50/2    | M / 61                | 00:19:14 / 178 | 00:01:34 / 145 | 00:36:40 / 78  | 00:01:39 / 98  | 00:20:58 / 41  | 01:20:05      | 00:20:38        |
| 69          | 347       | KAŻMIERCZAK ARKADIUSZ   | POL          |                         | 79M24/41   | M / 62                | 00:16:44 / 88  | 00:02:44 / 104 | 00:35:47 / 57  | 00:02:22 / 77  | 00:22:32 / 80  | 01:20:09      | 00:20:42        |
| 70          | 89        | IZYDORCZYK TOMASZ       | POL          |                         | 72M40/4    | M / 63                | 00:16:19 / 76  | 00:01:47 / 74  | 00:37:03 / 87  | 00:01:51 / 68  | 00:23:15 / 98  | 01:20:15      | 00:20:48        |
| 71          | 263       | NOWICKI PIOTR           | POL          |                         | 76M24/42   | M / 64                | 00:20:08 / 203 | 00:01:52 / 181 | 00:34:25 / 19  | 00:01:34 / 82  | 00:22:18 / 72  | 01:20:17      | 00:20:50        |
| 72          | 247       | RYDECKI KAROL           | POL          | ENDURO MAN ELBLĄG       | 60M50/3    | M / 65                | 00:18:55 / 162 | 00:02:47 / 174 | 00:35:50 / 60  | 00:02:27 / 116 | 00:20:22 / 29  | 01:20:21      | 00:20:54        |
| 73          | 179       | KLONOWSKI KAMIL         | POL          | MOSIR ŁAZISKA GÓRNE     | 89M20/6    | M / 66                | 00:20:27 / 212 | 00:02:09 / 195 | 00:38:00 / 106 | 00:01:12 / 128 | 00:18:39 / 12  | 01:20:27      | 00:21:00        |
| 74          | 261       | OSIOR BARTEK            | POL          | SPORT Z KULTURĄ WYDMINY | 83M24/43   | M / 67                | 00:18:15 / 138 | 00:01:38 / 115 | 00:40:16 / 175 | 00:01:16 / 124 | 00:19:03 / 15  | 01:20:28      | 00:21:01        |
| 75          | 426       | GRUDZIĘN KAMIL          | POL          | AZS UMCS LUBLIN         | 79M24/44   | M / 68                | 00:21:26 / 253 | 00:02:03 / 228 | 00:34:48 / 27  | 00:01:27 / 109 | 00:20:56 / 40  | 01:20:40      | 00:21:13        |
| 76          | 100       | KITA TOMASZ             | POL          | SPECSHOP TEAM           | 79M24/45   | M / 69                | 00:13:44 / 33  | 00:02:15 / 39  | 00:37:06 / 89  | 00:01:48 / 50  | 00:25:56 / 186 | 01:20:49      | 00:21:22        |
| 77          | 137       | KOŹLAK KAMIL            | POL          | LEONIDAS                | 83M24/46   | M / 70                | 00:17:13 / 103 | 00:01:35 / 90  | 00:35:47 / 56  | 00:01:47 / 61  | 00:24:31 / 138 | 01:20:53      | 00:21:26        |
| 78          | 141       | DZIUBEK JAKUB           | POL          |                         | 92M20/7    | M / 71                | 00:18:20 / 139 | 00:02:18 / 138 | 00:36:24 / 74  | 00:01:34 / 89  | 00:22:23 / 74  | 01:20:59      | 00:21:32        |
| 79          | 483       | KWIATKOWSKI GRZEGORZ    |              |                         | 57M50/4    | M / 72                | 00:16:50 / 90  | 00:01:45 / 83  | 00:37:37 / 99  | 00:01:54 / 84  | 00:23:02 / 89  | 01:21:08      | 00:21:41        |
| 80          | 79        | SZCZOTKA MARIUSZ        | POL          |                         | 75M24/47   | M / 73                | 00:17:20 / 108 | 00:02:27 / 114 | 00:35:36 / 53  | 00:02:11 / 75  | 00:23:34 / 108 | 01:21:08      | 00:21:41        |
| 81          | 440       | PAJĄK WOJCIECH          | POL          |                         | 80M24/48   | M / 74                | 00:13:08 / 32  | 00:01:52 / 29  | 00:37:02 / 86  | 00:01:44 / 39  | 00:27:39 / 234 | 01:21:25      | 00:21:58        |
| 82          | 83        | LEWANDOWSKI ARTUR       | POL          |                         | 75M24/49   | M / 75                | 00:17:06 / 98  | 00:01:45 / 92  | 00:38:41 / 132 | 00:01:30 / 96  | 00:22:27 / 77  | 01:21:29      | 00:22:02        |
| 83          | 181       | KOCHANIAK RAFAŁ         | POL          |                         | 79M24/50   | M / 76                | 00:17:26 / 112 | 00:02:11 / 109 | 00:35:57 / 65  | 00:01:46 / 74  | 00:24:09 / 128 | 01:21:29      | 00:22:02        |
| 84          | 68        | BRZOZOWSKI FRANCISZEK   | POL          |                         | 92M20/8    | M / 77                | 00:16:15 / 74  | 00:01:22 / 64  | 00:38:33 / 128 | 00:01:33 / 79  | 00:24:06 / 126 | 01:21:49      | 00:22:22        |
| 85          | 215       | SKŁAD TOMASZ            | POL          | MYSIADŁO                | 77M24/51   | M / 78                | 00:14:31 / 44  | 00:01:54 / 47  | 00:39:24 / 155 | 00:02:20 / 85  | 00:23:52 / 120 | 01:22:01      | 00:22:34        |
| 86          | 152       | GALUSZKA RAFAŁ          | POL          | MOSIR ŁAZISKA GÓRNE     | 84M24/52   | M / 79                | 00:20:40 / 220 | 00:01:59 / 197 | 00:40:01 / 172 | 00:01:15 / 173 | 00:18:14 / 8   | 01:22:09      | 00:22:42        |
| 87          | 322       | BOSAK KRZYSZTOF         | POL          |                         | 82M24/53   | M / 80                | 00:15:47 / 68  | 00:01:57 / 65  | 00:40:14 / 174 | 00:01:41 / 107 | 00:22:30 / 79  | 01:22:09      | 00:22:42        |
| 88          | 32        | FAMULSKA JULITA         | POL          |                         | 77K24/3    | K / 8                 | 00:15:12 / 54  | 00:01:29 / 51  | 00:39:33 / 160 | 00:01:37 / 81  | 00:24:25 / 135 | 01:22:16      | 00:22:49        |

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Kraj<br>Nat. | Drużyna<br>Team | R-k<br>YoB                                  | W kategorii<br>in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik<br>Time   | Strata<br>Diff. |          |
|-------------|-----------|-------------------------|--------------|-----------------|---|-----------------------|----------------|----------------|----------------|----------------|----------------|-----------------|-----------------|----------|
| 89          | 92        | POPLAWSKI MAREK         |              | POL             | 76M24/54                                    | M / 81                | 00:19:01 / 167 | 00:01:20 / 127 | 00:36:38 / 77  | 00:01:43 / 91  | 00:23:34 / 109 | <b>01:22:16</b> | 00:22:49        |          |
| 90          | 445       | KAPUSTA ADRIAN          |              | POL             | 88M24/55                                    | M / 82                | 00:18:51 / 156 | 00:02:02 / 151 | 00:33:57 / 14  | 00:01:54 / 66  | 00:25:53 / 182 | <b>01:22:37</b> | 00:23:10        |          |
| 91          | 29        | BIEŃKOWSKI MACIEK       |              | POL             | 71M40/5                                     | M / 83                | 00:16:12 / 73  | 00:02:15 / 82  | 00:38:49 / 133 | 00:02:25 / 108 | 00:22:56 / 86  | <b>01:22:37</b> | 00:23:10        |          |
| 92          | 346       | JAZIKOWSKI PAWEŁ        |              | POL             | 72M40/6                                     | M / 84                | 00:18:00 / 129 | 00:01:34 / 108 | 00:37:47 / 103 | 00:01:33 / 92  | 00:23:49 / 118 | <b>01:22:43</b> | 00:23:16        |          |
| 93          | 59        | DUDKOWIAK JACEK         |              | POL             | 65M40/7                                     | M / 85                | 00:16:24 / 79  | 00:01:56 / 81  | 00:38:53 / 138 | 00:01:48 / 95  | 00:23:46 / 115 | <b>01:22:47</b> | 00:23:20        |          |
| 94          | 56        | SMUG MAREK              |              | POL             | KLUB PŁETWONURKÓW BOBRY<br>SZCZECIN         | 77M24/56              | M / 86         | 00:17:00 / 96  | 00:01:40 / 85  | 00:38:53 / 136 | 00:01:52 / 102 | 00:23:32 / 107  | <b>01:22:57</b> | 00:23:30 |
| 95          | 379       | MASŁOWSKA MAGDALENA     |              | POL             | 80K24/4                                     | K / 9                 | 00:17:46 / 123 | 00:01:35 / 101 | 00:39:01 / 142 | 00:01:27 / 110 | 00:23:12 / 95  | <b>01:23:01</b> | 00:23:34        |          |
| 96          | 401       | JEZIERSKI MATEUSZ       |              | POL             | FIFI  | 74M24/57              | M / 87         | 00:16:24 / 80  | 00:02:20 / 86  | 00:35:53 / 61  | 00:02:11 / 67  | 00:26:30 / 202  | <b>01:23:18</b> | 00:23:51 |
| 97          | 147       | STACHOWIAK MATEUSZ      |              | POL             | 87M24/58                                    | M / 88                | 00:19:09 / 174 | 00:01:43 / 150 | 00:37:03 / 88  | 00:01:59 / 115 | 00:23:32 / 106 | <b>01:23:26</b> | 00:23:59        |          |
| 98          | 307       | OLSZEWSKI TOMASZ        |              | POL             | 77M24/59                                    | M / 89                | 00:20:45 / 224 | 00:02:37 / 225 | 00:35:37 / 54  | 00:02:06 / 120 | 00:22:23 / 75  | <b>01:23:28</b> | 00:24:01        |          |
| 99          | 245       | WAŁAWSKI BARTOSZ        |              | POL             | 89M20/9                                     | M / 90                | 00:14:22 / 40  | 00:01:25 / 35  | 00:41:26 / 197 | 00:01:43 / 93  | 00:24:40 / 147 | <b>01:23:36</b> | 00:24:09        |          |
| 100         | 287       | GIZICKI MAREK           |              | POL             | 77M24/60                                    | M / 91                | 00:14:15 / 38  | 00:02:30 / 52  | 00:39:58 / 171 | 00:01:59 / 90  | 00:25:05 / 161 | <b>01:23:47</b> | 00:24:20        |          |
| 101         | 299       | WITKOWSKI JAROSŁAW      |              | POL             | 70M40/8                                     | M / 92                | 00:16:31 / 83  | 00:02:25 / 93  | 00:38:22 / 121 | 00:01:41 / 94  | 00:25:11 / 163 | <b>01:24:10</b> | 00:24:43        |          |
| 102         | 390       | RYCIUK ALEKSANDRA       |              | POL             | UKS TRI-SAUCONY RUMIA                       | 93K18/3               | K / 10         | 00:12:29 / 24  | 00:01:33 / 23  | 00:41:48 / 206 | 00:01:47 / 76  | 00:26:35 / 204  | <b>01:24:12</b> | 00:24:45 |
| 103         | 30        | SZYMAŃSKI SZYMON        |              | POL             | 12TRI                                       | 81M24/61              | M / 93         | 00:16:51 / 91  | 00:02:20 / 96  | 00:38:18 / 117 | 00:02:02 / 104 | 00:24:42 / 150  | <b>01:24:13</b> | 00:24:46 |
| 104         | 35        | BOSAK MAREK             |              | POL             | 84M24/62                                    | M / 94                | 00:19:06 / 171 | 00:01:42 / 146 | 00:37:12 / 91  | 00:01:33 / 105 | 00:24:40 / 146 | <b>01:24:13</b> | 00:24:46        |          |
| 105         | 75        | DUDKOWIAK ANDRZEJ       |              | POL             | KANCELARIA ADWOKACKA DUDKOWIAK              | 81M50/5               | M / 95         | 00:16:26 / 81  | 00:02:13 / 84  | 00:39:29 / 159 | 00:01:28 / 106 | 00:24:40 / 148  | <b>01:24:16</b> | 00:24:49 |
| 106         | 408       | WOŁOWSKI LECH           |              | POL             | 75M24/63                                    | M / 96                | 00:19:14 / 177 | 00:02:24 / 171 | 00:35:19 / 39  | 00:02:23 / 101 | 00:24:57 / 156 | <b>01:24:17</b> | 00:24:50        |          |
| 107         | 371       | KOLASA LUKASZ           |              | POL             | 84M24/64                                    | M / 97                | 00:17:36 / 119 | 00:03:10 / 143 | 00:36:09 / 70  | 00:02:08 / 97  | 00:25:17 / 168 | <b>01:24:20</b> | 00:24:53        |          |
| 108         | 230       | LITWINIUK KRZYSZTOF     |              | POL             | 80M24/65                                    | M / 98                | 00:15:59 / 70  | 00:01:55 / 71  | 00:36:47 / 80  | 00:02:03 / 65  | 00:27:36 / 233 | <b>01:24:20</b> | 00:24:53        |          |
| 109         | 45        | JEZIERSKI MAREK         |              | POL             | DZIKIE WYTRZYMAŁE PLEMIĘ Z<br>RZAHOLECKIEGO | 77M24/66              | M / 99         | 00:18:52 / 157 | 00:02:56 / 176 | 00:38:59 / 141 | 00:01:35 / 148 | 00:22:05 / 70   | <b>01:24:27</b> | 00:25:00 |
| 110         | 386       | ZARZYCKI GZREGORZ       |              | POL             | 70M40/9                                     | M / 100               | 00:16:51 / 92  | 00:02:15 / 95  | 00:38:13 / 114 | 00:02:34 / 113 | 00:24:35 / 141 | <b>01:24:28</b> | 00:25:01        |          |
| 111         | 11        | RADTKE MARCIN           |              | POL             | 76M24/67                                    | M / 101               | 00:21:20 / 251 | 00:01:59 / 222 | 00:36:07 / 68  | 00:02:47 / 144 | 00:22:22 / 73  | <b>01:24:35</b> | 00:25:08        |          |
| 112         | 333       | KOSIŃSKI MAREK          |              | POL             | 78M24/68                                    | M / 102               | 00:16:32 / 84  | 00:02:59 / 106 | 00:35:49 / 59  | 00:02:00 / 73  | 00:27:19 / 226 | <b>01:24:39</b> | 00:25:12        |          |
| 113         | 156       | TRUSZKOWSKI EMIL        |              | POL             | 87M24/69                                    | M / 103               | 00:19:52 / 193 | 00:02:12 / 185 | 00:39:55 / 170 | 00:01:25 / 164 | 00:21:20 / 45  | <b>01:24:44</b> | 00:25:17        |          |
| 114         | 419       | MORACZEWSKI KONRAD      |              | POL             | 76M24/70                                    | M / 104               | 00:18:14 / 136 | 00:02:28 / 140 | 00:39:10 / 145 | 00:01:35 / 125 | 00:23:21 / 99  | <b>01:24:48</b> | 00:25:21        |          |
| 115         | 224       | SZYMANIAK ARKADIUSZ     |              | POL             | 73M24/71                                    | M / 105               | 00:20:36 / 219 | 00:02:08 / 199 | 00:36:49 / 81  | 00:01:33 / 121 | 00:23:43 / 114 | <b>01:24:49</b> | 00:25:22        |          |
| 116         | 297       | GABRYSZAK MACIEJ        |              | POL             | 84M24/72                                    | M / 106               | 00:20:05 / 199 | 00:01:57 / 183 | 00:38:34 / 130 | 00:01:28 / 138 | 00:22:45 / 85  | <b>01:24:49</b> | 00:25:22        |          |
| 117         | 430       | SIEDLECKI JACEK         |              | POL             | 80M24/73                                    | M / 107               | 00:17:15 / 104 | 00:02:27 / 112 | 00:38:19 / 118 | 00:02:13 / 118 | 00:24:36 / 142 | <b>01:24:50</b> | 00:25:23        |          |
| 118         | 283       | BIELIŃSKI PIOTR         |              | POL             | SOKÓŁ KNURÓW                                | 88M24/74              | M / 108        | 00:21:07 / 239 | 00:02:43 / 240 | 00:38:32 / 126 | 00:01:24 / 170 | 00:21:08 / 43   | <b>01:24:54</b> | 00:25:27 |
| 119         | 399       | SKALSKI MATEUSZ         |              | POL             | 84M24/75                                    | M / 109               | 00:17:22 / 109 | 00:03:25 / 144 | 00:38:58 / 140 | 00:02:07 / 131 | 00:23:04 / 92  | <b>01:24:56</b> | 00:25:29        |          |
| 120         | 21        | JASIŃSKI MATEUSZ        |              | POL             | TRENINGBIEGACZA.PL                          | 91M20/10              | M / 110        | 00:19:42 / 187 | 00:02:57 / 198 | 00:39:15 / 147 | 00:01:56 / 172 | 00:21:07 / 42   | <b>01:24:57</b> | 00:25:30 |
| 121         | 184       | WASILEWSKI MIROSLAW     |              | POL             | 74M24/76                                    | M / 111               | 00:20:07 / 200 | 00:01:49 / 180 | 00:37:39 / 100 | 00:02:31 / 140 | 00:22:59 / 88  | <b>01:25:05</b> | 00:25:38        |          |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team                              | R-k YoB  | W kategorii in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik Time | Strata Diff. |
|----------|--------|----------------------|-----------|---|----------|--------------------|----------------|----------------|----------------|----------------|----------------|------------|--------------|
| 122      | 148    | ŻELAZNY MAREK        | POL       |   | 89M20/11 | M / 112            | 00:16:20 / 78  | 00:02:25 / 87  | 00:41:16 / 189 | 00:02:05 / 141 | 00:23:03 / 91  | 01:25:09   | 00:25:42     |
| 123      | 384    | PRZELASKOWSKI PIOTR  | POL       |   | 74M24/77 | M / 113            | 00:17:51 / 127 | 00:01:54 / 113 | 00:38:15 / 115 | 00:01:50 / 112 | 00:25:20 / 170 | 01:25:10   | 00:25:43     |
| 124      | 462    | MAJKA MAREK          | POL       |   | 65M40/10 | M / 114            | 00:19:36 / 184 | 00:02:30 / 187 | 00:39:28 / 157 | 00:01:39 / 159 | 00:22:03 / 66  | 01:25:16   | 00:25:49     |
| 125      | 14     | LICA MICHAŁ          | POL       |   | 81M24/78 | M / 115            | 00:18:54 / 160 | 00:02:08 / 155 | 00:36:53 / 83  | 00:01:33 / 103 | 00:25:54 / 184 | 01:25:22   | 00:25:55     |
| 126      | 427    | KLIMAS MAREK         | POL       |   | 60M50/6  | M / 116            | 00:19:57 / 194 | 00:03:01 / 206 | 00:37:45 / 102 | 00:01:37 / 147 | 00:23:14 / 96  | 01:25:34   | 00:26:07     |
| 127      | 120    | MEIER MARKUS         | POL       | 160X200.PL                                | 64M40/11 | M / 117            | 00:21:10 / 241 | 00:02:10 / 224 | 00:38:38 / 131 | 00:01:24 / 162 | 00:22:15 / 71  | 01:25:37   | 00:26:10     |
| 128      | 31     | SÓLTYS MAGDALENA     | POL       | SNOWFLAKE. NEVER THE SAME!                | 86K24/5  | K / 11             | 00:18:43 / 149 | 00:01:58 / 139 | 00:39:29 / 158 | 00:01:58 / 142 | 00:23:30 / 104 | 01:25:38   | 00:26:11     |
| 129      | 450    | SIELIMOWICZ PIOTR    | POL       | 12TRI.PL                                  | 79M24/79 | M / 118            | 00:12:56 / 27  | 00:02:09 / 31  | 00:41:55 / 208 | 00:01:31 / 88  | 00:27:08 / 218 | 01:25:39   | 00:26:12     |
| 130      | 255    | NIEDŹWIEDZKI JAKUB   | POL       | SKS KATOLIK                               | 96M16/8  | M / 119            | 00:16:57 / 95  | 00:03:20 / 123 | 00:39:49 / 167 | 00:01:56 / 137 | 00:23:41 / 113 | 01:25:43   | 00:26:16     |
| 131      | 460    | KAMIŃSKI DAWID       | POL       |   | 88M24/80 | M / 120            | 00:17:37 / 120 | 00:02:55 / 132 | 00:37:29 / 96  | 00:02:04 / 117 | 00:25:39 / 177 | 01:25:44   | 00:26:17     |
| 132      | 416    | MASARCZYK SZYMON     | POL       |   | 90M20/12 | M / 121            | 00:21:03 / 233 | 00:02:02 / 210 | 00:40:36 / 179 | 00:01:26 / 191 | 00:20:43 / 36  | 01:25:50   | 00:26:23     |
| 133      | 302    | STĘPIEŃ JAKUB        | POL       |   | 88M24/81 | M / 122            | 00:18:22 / 141 | 00:01:35 / 116 | 00:39:48 / 166 | 00:01:28 / 122 | 00:24:37 / 143 | 01:25:50   | 00:26:23     |
| 134      | 234    | BRÓDKA PAWEŁ         | POL       | FITNES PARK RADOM                         | 74M24/82 | M / 123            | 00:18:53 / 159 | 00:02:58 / 178 | 00:38:52 / 135 | 00:01:42 / 149 | 00:23:30 / 105 | 01:25:55   | 00:26:28     |
| 135      | 340    | PIETRZAK JAN         | POL       | OCZY WAŹKI                                | 84M24/83 | M / 124            | 00:19:02 / 168 | 00:02:26 / 164 | 00:38:09 / 110 | 00:02:12 / 130 | 00:24:08 / 127 | 01:25:57   | 00:26:30     |
| 136      | 372    | ZIELIŃSKI HENRYK     | POL       |   | 52M60+2  | M / 125            | 00:19:11 / 175 | 00:02:19 / 165 | 00:38:32 / 127 | 00:02:12 / 146 | 00:23:47 / 116 | 01:26:01   | 00:26:34     |
| 137      | 214    | KWAŚNY ARTUR         | POL       | SKS KATOLIK.EDU.PL                        | 96M16/9  | M / 126            | 00:17:39 / 121 | 00:01:46 / 103 | 00:41:47 / 204 | 00:01:23 / 153 | 00:23:29 / 103 | 01:26:04   | 00:26:37     |
| 138      | 189    | SARNIAK JAROSŁAW     | POL       | SANITEC KOŁO                              | 74M24/84 | M / 127            | 00:23:45 / 284 | 00:01:37 / 271 | 00:37:26 / 95  | 00:01:21 / 180 | 00:21:58 / 60  | 01:26:07   | 00:26:40     |
| 139      | 253    | KĘPKA KRZYSZTOF      | POL       |   | 79M24/85 | M / 128            | 00:18:35 / 145 | 00:02:55 / 166 | 00:38:04 / 107 | 00:02:05 / 127 | 00:24:28 / 137 | 01:26:07   | 00:26:40     |
| 140      | 289    | GLOBERMAN KEN        | POL       | WARSAW INTERNATIONAL TRIATHLON CLUB (WIT) | 69M40/12 | M / 129            | 00:18:12 / 134 | 00:02:07 / 126 | 00:39:53 / 169 | 00:01:53 / 139 | 00:24:06 / 125 | 01:26:11   | 00:26:44     |
| 141      | 308    | SZAŁKOWSKI AMADEUSZ  | POL       | UKS TRS                                   | 93M18/4  | M / 130            | 00:14:18 / 39  | 00:01:54 / 43  | 00:38:20 / 119 | 00:01:39 / 59  | 00:30:11 / 278 | 01:26:22   | 00:26:55     |
| 142      | 455    | ROJEK ARKADIUSZ      | POL       | TYTANOWE ŚRUBKI                           | 80M24/86 | M / 131            | 00:17:57 / 128 | 00:02:34 / 131 | 00:36:07 / 69  | 00:02:38 / 100 | 00:27:13 / 222 | 01:26:29   | 00:27:02     |
| 143      | 26     | BIADUŃ DANIEL        | POL       |   | 82M24/87 | M / 132            | 00:17:50 / 125 | 00:02:10 / 117 | 00:38:05 / 108 | 00:01:48 / 114 | 00:26:43 / 207 | 01:26:36   | 00:27:09     |
| 144      | 290    | HOBLEY ALEXANDER     | POL       | ACCELERATE                                | 86M24/88 | M / 133            | 00:20:02 / 197 | 00:02:06 / 188 | 00:42:28 / 224 | 00:01:17 / 202 | 00:20:47 / 38  | 01:26:40   | 00:27:13     |
| 145      | 163    | LEMAŃCZYK MACIEJ     | POL       |   | 77M24/89 | M / 134            |                |                |                |                |                | 01:26:41   | 00:27:14     |
| 146      | 313    | JAGIELKA PATRYK      | POL       |   | 80M24/90 | M / 135            | 00:15:32 / 63  | 00:02:29 / 73  | 00:41:59 / 211 | 00:01:53 / 133 | 00:25:03 / 160 | 01:26:56   | 00:27:29     |
| 147      | 337    | JURCZYK JUSTYNA      | POL       |   | 87K24/6  | K / 12             | 00:14:01 / 36  | 00:01:49 / 36  | 00:44:19 / 265 | 00:01:51 / 136 | 00:25:02 / 158 | 01:27:02   | 00:27:35     |
| 148      | 17     | WIERZBIŃSKI MARCIN   | POL       |   | 62M50/7  | M / 136            | 00:15:21 / 59  | 00:01:54 / 59  | 00:39:49 / 168 | 00:02:10 / 99  | 00:27:49 / 240 | 01:27:03   | 00:27:36     |
| 149      | 251    | KIEDA WOJCIECH       | POL       | TRENERFIT.PL                              | 76M24/91 | M / 137            | 00:17:24 / 111 | 00:02:43 / 120 | 00:38:53 / 137 | 00:02:03 / 119 | 00:26:05 / 191 | 01:27:08   | 00:27:41     |
| 150      | 12     | PERNAK PIOTR         | POL       | TEAM ASICS                                | 72M40/13 | M / 138            | 00:19:44 / 188 | 00:03:58 / 237 | 00:37:24 / 93  | 00:02:05 / 158 | 00:24:02 / 123 | 01:27:13   | 00:27:46     |
| 151      | 274    | POŁOŃSKI JAN         | POL       | SKS KATOLIK.EDU.PL                        | 95M16/10 | M / 139            | 00:16:19 / 75  | 00:01:50 / 78  | 00:42:07 / 214 | 00:01:37 / 132 | 00:25:33 / 175 | 01:27:26   | 00:27:59     |
| 152      | 369    | STEFAŃSKI MICHAŁ     | POL       |   | 76M24/92 | M / 140            | 00:20:11 / 204 | 00:02:07 / 192 | 00:38:31 / 124 | 00:01:25 / 145 | 00:25:13 / 167 | 01:27:27   | 00:28:00     |
| 153      | 298    | JANCZEWSKI DARIUSZ   | POL       |   | 70M40/14 | M / 141            | 00:19:46 / 190 | 00:02:24 / 190 | 00:39:21 / 153 | 00:02:17 / 171 | 00:23:40 / 111 | 01:27:28   | 00:28:01     |
| 154      | 376    | KRÓLAS PAWEŁ         | POL       |   | 83M24/93 | M / 142            | 00:17:15 / 105 | 00:02:47 / 119 | 00:43:59 / 255 | 00:01:28 / 197 | 00:22:01 / 65  | 01:27:30   | 00:28:03     |

| Msc Rank | Nr Bib | Nazwisko i imię Name      | Kraj Nat. | Drużyna Team                             | R-k YoB   | W kategorii in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik Time | Strata Diff. |
|----------|--------|---------------------------|-----------|--|-----------|--------------------|----------------|----------------|----------------|----------------|----------------|------------|--------------|
| 155      | 22     | MOSSOP ANDREW             | POL       | WITC                                     | 79M24/94  | M / 143            | 00:20:53 / 225 | 00:03:08 / 244 | 00:42:08 / 216 | 00:01:47 / 233 | 00:19:35 / 22  | 01:27:31   | 00:28:04     |
| 156      | 218    | LENARTOWICZ GRZEGORZ      | POL       | MLUKS KOŁO                               | 69M40/15  | M / 144            | 00:16:01 / 71  | 00:01:47 / 68  | 00:38:08 / 109 | 00:02:03 / 83  | 00:29:36 / 269 | 01:27:35   | 00:28:08     |
| 157      | 280    | WIŚNIEWSKI ZENON          | POL       | OMNIVENT                                 | 50M60+3   | M / 145            | 00:17:28 / 116 | 00:02:46 / 121 | 00:36:52 / 82  | 00:02:43 / 111 | 00:27:48 / 239 | 01:27:37   | 00:28:10     |
| 158      | 402    | JÓZEFOWICZ PATRYK         | POL       |  | 89M20/13  | M / 146            | 00:19:16 / 180 | 00:01:40 / 153 | 00:38:11 / 113 | 00:02:06 / 123 | 00:26:27 / 200 | 01:27:40   | 00:28:13     |
| 159      | 250    | MARSZAŁEK MARCIN          | POL       |  | 70M40/16  | M / 147            | 00:19:47 / 191 | 00:01:57 / 175 | 00:38:51 / 134 | 00:02:40 / 160 | 00:24:40 / 149 | 01:27:55   | 00:28:28     |
| 160      | 409    | DUDA MACIEJ               | POL       |  | 83M24/95  | M / 148            | 00:18:48 / 153 | 00:01:45 / 133 | 00:39:23 / 154 | 00:01:43 / 126 | 00:26:24 / 199 | 01:28:03   | 00:28:36     |
| 161      | 176    | SOŁTYS PAWEŁ              | POL       | IQ-LEGIA                                 | 84M24/96  | M / 149            | 00:20:26 / 210 | 00:02:19 / 200 | 00:39:06 / 144 | 00:01:42 / 166 | 00:24:40 / 145 | 01:28:13   | 00:28:46     |
| 162      | 115    | GODLEWSKI MACIEJ          | POL       |  | 72M40/17  | M / 150            | 00:21:19 / 249 | 00:04:18 / 273 | 00:38:54 / 139 | 00:02:09 / 212 | 00:21:33 / 52  | 01:28:13   | 00:28:46     |
| 163      | 223    | TOMASZEWSKI PAWEŁ         | POL       | BRODNICA                                 | 78M24/97  | M / 151            | 00:18:24 / 142 | 00:02:43 / 158 | 00:41:18 / 192 | 00:01:39 / 176 | 00:24:13 / 131 | 01:28:17   | 00:28:50     |
| 164      | 64     | WOŁOWSKI FILIP            | POL       |  | 73M24/98  | M / 152            | 00:21:00 / 231 | 00:02:38 / 235 | 00:39:04 / 143 | 00:02:19 / 190 | 00:23:21 / 100 | 01:28:22   | 00:28:55     |
| 165      | 249    | BARCZENIEWICZ MIKOŁAJ     | POL       | 12TRI.PL                                 | 88M24/99  | M / 153            | 00:23:17 / 279 | 00:02:03 / 270 | 00:39:16 / 148 | 00:01:46 / 207 | 00:22:00 / 63  | 01:28:22   | 00:28:55     |
| 166      | 131    | ZWIERZCHOWSKI MACIEJ      | POL       |  | 78M24/100 | M / 154            | 00:17:31 / 117 | 00:02:09 / 111 | 00:41:12 / 188 | 00:02:11 / 156 | 00:25:30 / 172 | 01:28:33   | 00:29:06     |
| 167      | 465    | KUTERA KRZYSZTOF          | POL       |  | 73M24/101 | M / 155            | 00:22:01 / 259 | 00:02:02 / 246 | 00:38:33 / 129 | 00:01:32 / 179 | 00:24:49 / 153 | 01:28:57   | 00:29:30     |
| 168      | 55     | SIKORA MICHAŁ             | POL       | DZIKIE WYTRZYMAŁE PLEMIĘ Z RZAHOLECKIEGO | 69M40/18  | M / 156            | 00:22:25 / 271 | 00:01:41 / 247 | 00:42:50 / 232 | 00:01:26 / 240 | 00:20:36 / 34  | 01:28:58   | 00:29:31     |
| 169      | 196    | BLANKIEWICZ RAFAŁ         | POL       |  | 71M40/19  | M / 157            | 00:18:59 / 166 | 00:02:23 / 163 | 00:42:08 / 215 | 00:02:33 / 203 | 00:22:57 / 87  | 01:29:00   | 00:29:33     |
| 170      | 178    | WIECZOREK JACEK           | POL       | "UKS ""NISKA""                           | 75M24/102 | M / 158            | 00:18:55 / 161 | 00:01:54 / 147 | 00:41:44 / 202 | 00:01:29 / 175 | 00:25:12 / 165 | 01:29:14   | 00:29:47     |
| 171      | 36     | ORŁOWSKI KRZYSZTOF        | POL       |  | 84M24/103 | M / 159            | 00:22:14 / 265 | 00:02:00 / 253 | 00:38:21 / 120 | 00:01:29 / 177 | 00:25:12 / 164 | 01:29:16   | 00:29:49     |
| 172      | 278    | TULWIN BŁAŻEJ             | POL       |  | 84M24/104 | M / 160            | 00:20:53 / 226 | 00:02:27 / 223 | 00:37:24 / 94  | 00:01:50 / 152 | 00:26:45 / 209 | 01:29:19   | 00:29:52     |
| 173      | 20     | DANEK BARTŁOMIEJ          | POL       |  | 73M24/105 | M / 161            | 00:17:07 / 99  | 00:02:13 / 100 | 00:43:38 / 250 | 00:01:55 / 189 | 00:24:28 / 136 | 01:29:21   | 00:29:54     |
| 174      | 161    | JAROSZ-JARSZEWSKI MATEUSZ | POL       |  | 86M24/106 | M / 162            | 00:18:45 / 152 | 00:02:28 / 160 | 00:39:18 / 151 | 00:02:03 / 151 | 00:26:52 / 216 | 01:29:26   | 00:29:59     |
| 175      | 211    | ROZPŁOCH TOMASZ           | POL       |  | 87M24/107 | M / 163            | 00:25:42 / 305 |                |                |                | 00:27:14 / 223 | 01:29:45   | 00:30:18     |
| 176      | 233    | BEDNARZ MATEUSZ           | POL       | ADHD POZNAŃ                              | 83M24/108 | M / 164            | 00:15:38 / 65  | 00:02:10 / 69  | 00:42:35 / 227 | 00:01:45 / 143 | 00:27:43 / 237 | 01:29:51   | 00:30:24     |
| 177      | 157    | BERKOVICS IGORS           | LTV       | WARSAW INTERNATIONAL TRIATHLON CLUB      | 83M24/109 | M / 165            | 00:18:36 / 146 | 00:02:45 / 162 | 00:41:17 / 190 | 00:01:38 / 181 | 00:25:39 / 176 | 01:29:55   | 00:30:28     |
| 178      | 362    | URBANOWICZ KAMIL          | POL       |  | 79M24/110 | M / 166            | 00:20:23 / 207 | 00:02:36 / 207 | 00:39:42 / 164 | 00:02:41 / 194 | 00:24:34 / 139 | 01:29:56   | 00:30:29     |
| 179      | 262    | KLIMKO JACEK              | POL       |  | 83M24/111 | M / 167            | 00:17:18 / 106 | 00:01:54 / 97  | 00:42:35 / 226 | 00:01:19 / 157 | 00:26:52 / 214 | 01:29:58   | 00:30:31     |
| 180      | 95     | SYRYJCZYK MARTA           | POL       |  | 76K24/7   | K / 13             | 00:15:37 / 64  | 00:02:10 / 67  | 00:38:22 / 122 | 00:02:07 / 87  | 00:31:45 / 289 | 01:30:01   | 00:30:34     |
| 181      | 472    | NOWAK WOJCIECH            | POL       | BIEGAMYRAZEM.PL                          | 57M50/8   | M / 168            | 00:16:07 / 72  | 00:01:53 / 72  | 00:43:00 / 235 | 00:02:41 / 168 | 00:26:21 / 197 | 01:30:02   | 00:30:35     |
| 182      | 241    | MASTALERZ TOMASZ          | POL       | T-MOBILE RUNNING TEAM                    | 76M24/112 | M / 169            | 00:23:28 / 282 | 00:02:37 / 284 | 00:41:36 / 198 | 00:02:06 / 255 | 00:20:24 / 30  | 01:30:11   | 00:30:44     |
| 183      | 394    | BUTOWSKI BARTŁOMIEJ       | POL       | UKS TRI-SAUCONY RUMIA                    | 94M18/5   | M / 170            | 00:15:13 / 55  | 00:01:42 / 55  | 00:43:18 / 242 | 00:01:36 / 129 | 00:28:27 / 249 | 01:30:16   | 00:30:49     |
| 184      | 142    | BRYZEK ARNOLD             | POL       |  | 70M40/20  | M / 171            | 00:18:05 / 131 | 00:02:32 / 136 | 00:39:38 / 163 | 00:01:43 / 135 | 00:28:21 / 246 | 01:30:19   | 00:30:52     |
| 185      | 74     | NOWAKOWSKI RAFAŁ          | POL       | RUN LUSIA RUN/12TRI.PL                   | 73M24/113 | M / 172            | 00:18:22 / 140 | 00:03:28 / 177 | 00:42:50 / 231 | 00:01:52 / 209 | 00:23:48 / 117 | 01:30:20   | 00:30:53     |
| 186      | 90     | KRYMARYS JAKUB            | POL       | SKS.KATOLIK.EDU.PL                       | 96M16/11  | M / 173            | 00:18:15 / 137 | 00:02:08 / 129 | 00:41:22 / 195 | 00:02:00 / 169 | 00:26:36 / 205 | 01:30:21   | 00:30:54     |
| 187      | 437    | MALISZEWSKI JERZY         | POL       | BANASZEK DUDA TEAM                       | 66M40/21  | M / 174            | 00:18:26 / 143 | 00:03:05 / 167 | 00:38:11 / 111 | 00:02:14 / 134 | 00:28:59 / 260 | 01:30:55   | 00:31:28     |

| Msc Rank | Nr Bib | Nazwisko i imię Name  | Kraj Nat. | Drużyna Team                                 | R-k YoB   | W kategorii in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik Time | Strata Diff. |
|----------|--------|-----------------------|-----------|--|-----------|--------------------|----------------|----------------|----------------|----------------|----------------|------------|--------------|
| 188      | 258    | SAKURA TRISTAN        |           | POL WARSAW INTERNATIONAL TRIATHLON CLUB      | 8M24/114  | M / 175            | 00:18:52 / 158 | 00:02:40 / 168 | 00:44:09 / 260 | 00:01:46 / 226 | 00:23:36 / 110 | 01:31:03   | 00:31:36     |
| 189      | 238    | BARTKOWIAK ARTUR      |           | POL DRUŻYNA HELENKI TORUŃ                    | 91M20/14  | M / 176            | 00:21:10 / 243 | 00:01:43 / 205 | 00:43:02 / 237 | 00:01:28 / 225 | 00:23:41 / 112 | 01:31:04   | 00:31:37     |
| 190      | 41     | WALENDOWSKI PIOTR     |           | POL DZIKIE WYTRZYMAŁE PLEMIĘ Z RZAHOLECKIEGO | 78M24/115 | M / 177            | 00:17:41 / 122 | 00:03:03 / 141 | 00:42:28 / 223 | 00:01:33 / 185 | 00:26:20 / 196 | 01:31:05   | 00:31:38     |
| 191      | 119    | WEPA WIESŁAW          |           | POL MASTERS CHEŁM                            | 56M50/9   | M / 178            | 00:19:04 / 169 | 00:03:23 / 193 | 00:39:16 / 149 | 00:01:52 / 167 | 00:27:47 / 238 | 01:31:22   | 00:31:55     |
| 192      | 447    | KLAUS DOMINIK         |           | POL KS PIASECZNO                             | 76M24/116 | M / 179            | 00:23:57 / 290 | 00:02:21 / 285 | 00:39:19 / 152 | 00:01:55 / 227 | 00:23:55 / 122 | 01:31:27   | 00:32:00     |
| 193      | 37     | PTAK PAWEŁ            |           | POL  | 79M24/117 | M / 180            | 00:21:15 / 245 | 00:02:26 / 236 | 00:42:03 / 212 | 00:01:31 / 222 | 00:24:17 / 132 | 01:31:32   | 00:32:05     |
| 194      | 413    | GRONOWALSKI DANIEL    |           | POL  | 91M20/15  | M / 181            | 00:19:16 / 179 | 00:02:23 / 172 | 00:40:21 / 176 | 00:02:16 / 182 | 00:27:28 / 228 | 01:31:44   | 00:32:17     |
| 195      | 323    | MIARKOWSKI ALEKSY     |           | POL  | 87M24/118 | M / 182            | 00:21:22 / 252 | 00:01:43 / 211 | 00:42:16 / 221 | 00:01:50 / 221 | 00:24:35 / 140 | 01:31:46   | 00:32:19     |
| 196      | 309    | JAKUBCZAK JAROSŁAW    |           | POL  | 75M24/119 | M / 183            | 00:21:19 / 250 | 00:02:37 / 243 | 00:41:00 / 185 | 00:02:36 / 228 | 00:24:20 / 134 | 01:31:52   | 00:32:25     |
| 197      | 112    | KOCZOT ŁUKASZ         |           | POL  | 84M24/120 | M / 184            | 00:22:29 / 273 | 00:03:20 / 276 | 00:37:34 / 97  | 00:03:43 / 219 | 00:24:47 / 152 | 01:31:53   | 00:32:26     |
| 198      | 15     | MAŻEJKO KRZYSZTOF     |           | POL  | 87M24/121 | M / 185            | 00:25:38 / 304 | 00:02:24 / 299 | 00:37:09 / 90  | 00:01:41 / 215 | 00:25:02 / 159 | 01:31:54   | 00:32:27     |
| 199      | 336    | GAWLIK JANUSZ         |           | POL  | 61M50/10  | M / 186            | 00:17:26 / 113 | 00:01:51 / 98  | 00:42:04 / 213 | 00:01:37 / 155 | 00:28:56 / 258 | 01:31:54   | 00:32:27     |
| 200      | 316    | OLECH MARCIN          |           | POL  | 74M24/122 | M / 187            | 00:23:58 / 291 | 00:03:06 / 293 | 00:37:21 / 92  | 00:02:02 / 208 | 00:25:31 / 173 | 01:31:58   | 00:32:31     |
| 201      | 160    | SOBSTEŁ FILIP         |           | POL  | 81M24/123 | M / 188            | 00:21:18 / 247 | 00:02:53 / 249 | 00:37:43 / 101 | 00:01:39 / 165 | 00:28:25 / 247 | 01:31:58   | 00:32:31     |
| 202      | 279    | BRZEZIŃSKI MACIEJ     |           | POL WARSAW INTERNATIONAL TRIATHLON CLUB      | 86M24/124 | M / 189            | 00:20:27 / 213 | 00:03:21 / 239 | 00:41:22 / 194 | 00:02:07 / 223 | 00:24:46 / 151 | 01:32:03   | 00:32:36     |
| 203      | 193    | PUACZ PAWEŁ           |           | POL ADHD                                     | 83M24/125 | M / 190            | 00:21:44 / 258 | 00:01:51 / 232 | 00:40:24 / 177 | 00:01:45 / 199 | 00:26:22 / 198 | 01:32:06   | 00:32:39     |
| 204      | 328    | ROCZNIK GRZEGORZ      |           | POL BIEGOLAMACZE                             | 80M24/126 | M / 191            | 00:17:27 / 115 | 00:03:43 / 159 | 00:39:33 / 161 | 00:02:38 / 161 | 00:28:48 / 254 | 01:32:09   | 00:32:42     |
| 205      | 42     | KWIATOŃ MARTA         |           | POL DZIKIE WYTRZYMAŁE PLEMIĘ Z RZAHOLECKIEGO | 84K24/8   | K / 14             | 00:16:39 / 87  | 00:02:50 / 105 | 00:43:31 / 248 | 00:01:50 / 187 | 00:27:19 / 225 | 01:32:09   | 00:32:42     |
| 206      | 327    | ROCZNIK BOGDAN        |           | POL  | 76M24/127 | M / 192            | 00:21:06 / 236 | 00:03:23 / 260 | 00:38:32 / 125 | 00:04:09 / 220 | 00:24:59 / 157 | 01:32:09   | 00:32:42     |
| 207      | 311    | SHACKELFORD ELIZABETH |           | POL WARSAW INTERNATIONAL TRIATHLON CLUB      | 79K24/9   | K / 15             | 00:17:48 / 124 | 00:02:12 / 118 | 00:45:32 / 278 | 00:02:39 / 237 | 00:24:10 / 129 | 01:32:21   | 00:32:54     |
| 208      | 415    | RYCIUK WŁADYSŁAW      |           | POL  | 59M50/11  | M / 193            | 00:22:04 / 261 | 00:01:57 / 245 | 00:39:47 / 165 | 00:01:57 / 200 | 00:26:42 / 206 | 01:32:27   | 00:33:00     |
| 209      | 122    | NOWAK ADAM            |           | POL  | 89M20/16  | M / 194            | 00:20:00 / 195 | 00:04:13 / 252 | 00:44:18 / 264 | 00:01:56 / 265 | 00:22:00 / 62  | 01:32:27   | 00:33:00     |
| 210      | 432    | MĄTEWSKI DAMIAN       |           | POL GOBABY.PL                                | 75M24/128 | M / 195            | 00:20:58 / 229 | 00:02:15 / 219 | 00:41:01 / 186 | 00:01:35 / 201 | 00:26:44 / 208 | 01:32:33   | 00:33:06     |
| 211      | 111    | FUDAŁA WOJCIECH       |           | POL SIMR TEAM                                | 85M24/129 | M / 196            | 00:21:34 / 257 | 00:01:32 / 212 | 00:37:36 / 98  | 00:02:05 / 154 | 00:29:53 / 274 | 01:32:40   | 00:33:13     |
| 212      | 13     | SUMISŁAWSKI SEBASTIAN |           | POL TEAM ASICS                               | 76M24/130 | M / 197            | 00:20:07 / 201 | 00:03:40 / 238 | 00:43:12 / 239 | 00:01:33 / 242 | 00:24:13 / 130 | 01:32:45   | 00:33:18     |
| 213      | 466    | NIKEL NATALIA         |           | POL TOWARZYSTO ROZWOJU SPORTU W SUSZU        | 97K16/1   | K / 16             | 00:16:34 / 86  | 00:01:39 / 80  | 00:43:54 / 254 | 00:01:49 / 174 | 00:28:50 / 256 | 01:32:46   | 00:33:19     |
| 214      | 270    | DUDEK PIOTR           |           | POL AMATOR                                   | 73M24/131 | M / 198            | 00:18:41 / 148 | 00:01:57 / 137 | 00:41:47 / 203 | 00:01:56 / 183 | 00:28:26 / 248 | 01:32:47   | 00:33:20     |
| 215      | 407    | DROŹDŹ JAKUB          |           | POL LUXURY RUNNER'S TEAM                     | 85M24/132 | M / 199            | 00:17:51 / 126 | 00:01:48 / 110 | 00:43:36 / 249 | 00:02:09 / 195 | 00:27:33 / 232 | 01:32:57   | 00:33:30     |
| 216      | 352    | FALTYNOWSKI TOMASZ    |           | POL  | 74M24/133 | M / 200            | 00:21:12 / 244 | 00:02:58 / 248 | 00:43:15 / 241 | 00:01:40 / 249 | 00:23:53 / 121 | 01:32:58   | 00:33:31     |

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name   | Kraj<br>Nat. | Drużyna<br>Team | R-k<br>YoB                        | W kategorii<br>in Age | Pływanie  | T1/Pozycja | Rower          | T2/Pozycja     | Bieg           | Wynik<br>Time  | Strata<br>Diff. |                 |          |
|-------------|-----------|---------------------------|--------------|-----------------|-----------------------------------|-----------------------|-----------|------------|----------------|----------------|----------------|----------------|-----------------|-----------------|----------|
| 217         | 158       | HORNBERGER RAFAŁ          |              | POL             |                                   |                       | 88M24/134 | M / 201    | 00:20:56 / 227 | 00:03:16 / 251 | 00:36:37 / 76  | 00:02:33 / 163 | 00:29:45 / 272  | <b>01:33:07</b> | 00:33:40 |
| 218         | 99        | SKOLIMOWSKI MATEUSZ       |              | POL             | ZDROFIT                           |                       | 87M24/135 | M / 202    | 00:22:13 / 263 | 00:02:29 / 262 | 00:40:59 / 184 | 00:01:23 / 218 | 00:26:13 / 193  | <b>01:33:17</b> | 00:33:50 |
| 219         | 186       | DĘBSKA AGNIESZKA          |              | POL             |                                   |                       | 84K24/10  | K / 17     | 00:19:08 / 173 | 00:01:37 / 142 | 00:43:52 / 253 | 00:01:57 / 210 | 00:26:46 / 212  | <b>01:33:20</b> | 00:33:53 |
| 220         | 428       | WDOWIAK-OKROJEK KATARZYNA |              | POL             |                                   |                       | 79K24/11  | K / 18     | 00:18:05 / 132 | 00:02:23 / 130 | 00:43:19 / 243 | 00:01:31 / 193 | 00:28:05 / 242  | <b>01:33:23</b> | 00:33:56 |
| 221         | 434       | MIKOŁAJCZYK ROBERT        |              | POL             |                                   |                       | 71M40/22  | M / 203    | 00:17:11 / 102 | 00:03:43 / 152 | 00:40:46 / 181 | 00:02:27 / 178 | 00:29:21 / 266  | <b>01:33:28</b> | 00:34:01 |
| 222         | 448       | WRÓBLEWSKI WOJTEK         |              | USA             |                                   |                       | 63M40/23  | M / 204    | 00:22:19 / 268 | 00:02:38 / 266 | 00:41:56 / 210 | 00:01:29 / 239 | 00:25:13 / 166  | <b>01:33:35</b> | 00:34:08 |
| 223         | 348       | MYTNIK GRZEGORZ           |              | POL             | KKS JURA MOTO SPORT               |                       | 72M40/24  | M / 205    | 00:14:34 / 46  | 00:02:43 / 61  | 00:44:56 / 275 | 00:02:34 / 186 | 00:28:48 / 255  | <b>01:33:35</b> | 00:34:08 |
| 224         | 317       | TOMASZEWSKI WOJCIECH      |              | POL             |                                   |                       | 70M40/25  | M / 206    | 00:20:27 / 211 | 00:03:45 / 250 | 00:41:55 / 209 | 00:01:48 / 232 | 00:25:46 / 179  | <b>01:33:41</b> | 00:34:14 |
| 225         | 200       | FABISIEWICZ PAWEŁ         |              | POL             |                                   |                       | 78M24/136 | M / 207    | 00:23:26 / 281 | 00:02:29 / 280 | 00:39:24 / 156 | 00:02:34 / 231 | 00:25:54 / 185  | <b>01:33:47</b> | 00:34:20 |
| 226         | 286       | MARCHEL LESZEK            |              | POL             |                                   |                       | 61M50/12  | M / 208    | 00:22:48 / 277 | 00:03:07 / 281 | 00:39:13 / 146 | 00:02:44 / 230 | 00:26:03 / 188  | <b>01:33:55</b> | 00:34:28 |
| 227         | 202       | KŁOS KRZYSZTOF            |              | POL             | JEEP                              |                       | 71M40/26  | M / 209    | 00:18:57 / 164 | 00:02:44 / 173 | 00:40:13 / 173 | 00:02:59 / 188 | 00:29:17 / 264  | <b>01:34:10</b> | 00:34:43 |
| 228         | 275       | WŁODARCZAK WITOLD         |              | POL             |                                   |                       | 63M40/27  | M / 210    | 00:19:51 / 192 | 00:03:32 / 226 | 00:42:58 / 234 | 00:01:53 / 238 | 00:26:17 / 194  | <b>01:34:31</b> | 00:35:04 |
| 229         | 101       | ZIELIŃSKI KAMIL           |              | POL             |                                   |                       | 83M24/137 | M / 211    | 00:18:51 / 154 | 00:02:43 / 170 | 00:41:10 / 187 | 00:01:57 / 184 | 00:30:05 / 276  | <b>01:34:46</b> | 00:35:19 |
| 230         | 210       | SALMONOWICZ MACIEJ        |              | POL             |                                   |                       | 75M24/138 | M / 212    | 00:18:38 / 147 |                |                | 00:30:58 / 284 |                 | <b>01:34:53</b> | 00:35:26 |
| 231         | 272       | RACZYŃSKI PAWEŁ           |              | POL             |                                   |                       | 86M24/139 | M / 213    | 00:18:58 / 165 | 00:02:03 / 154 | 00:39:37 / 162 | 00:01:55 / 150 | 00:32:20 / 291  | <b>01:34:53</b> | 00:35:26 |
| 232         | 349       | FERĘC JAN                 |              | POL             | SKS KATOLIK.EDU.PL                |                       | 96M16/12  | M / 214    | 00:18:30 / 144 | 00:02:06 / 135 | 00:44:05 / 256 | 00:01:35 / 205 | 00:28:39 / 250  | <b>01:34:55</b> | 00:35:28 |
| 233         | 23        | PARSONS ALAN              |              | POL             | WITC                              |                       | 81M24/140 | M / 215    | 00:23:55 / 289 | 00:02:31 / 286 | 00:45:11 / 277 | 00:01:28 / 283 | 00:21:52 / 57   | <b>01:34:57</b> | 00:35:30 |
| 234         | 140       | FOLGA ANDRZEJ             |              | POL             | IZZYMED                           |                       | 72M40/28  | M / 216    | 00:22:32 / 275 | 00:02:17 / 263 | 00:41:17 / 191 | 00:01:56 / 235 | 00:27:12 / 221  | <b>01:35:14</b> | 00:35:47 |
| 235         | 192       | DRAGANKIEWICZ MICHAŁ      |              | POL             | ALICE SWIM                        |                       | 83M24/141 | M / 217    | 00:18:56 / 163 | 00:01:54 / 148 | 00:46:12 / 286 | 00:01:30 / 243 | 00:26:52 / 215  | <b>01:35:24</b> | 00:35:57 |
| 236         | 121       | KLAMMER MARCIN            |              | POL             |                                   |                       | 70M40/29  | M / 218    | 00:22:09 / 262 | 00:02:22 / 261 | 00:41:44 / 200 | 00:02:22 / 246 | 00:26:54 / 217  | <b>01:35:31</b> | 00:36:04 |
| 237         | 412       | PIĄTKOWSKI MARCIN         |              | POL             |                                   |                       | 75M24/142 | M / 219    | 00:20:01 / 196 | 00:02:05 / 186 | 00:45:40 / 280 | 00:02:03 / 256 | 00:25:47 / 180  | <b>01:35:36</b> | 00:36:09 |
| 238         | 244       | CUDECKI DAMIAN            |              | POL             |                                   |                       | 76M24/143 | M / 220    | 00:20:26 / 209 | 00:02:12 / 196 | 00:43:22 / 246 | 00:01:57 / 234 | 00:27:40 / 235  | <b>01:35:37</b> | 00:36:10 |
| 239         | 246       | GAWROŃSKI PAWEŁ           |              | POL             |                                   |                       | 80M24/144 | M / 221    | 00:23:46 / 286 | 00:02:08 / 279 | 00:41:47 / 205 | 00:01:52 / 252 | 00:26:09 / 192  | <b>01:35:42</b> | 00:36:15 |
| 240         | 259       | SALAPA BEATA              |              | POL             |                                   |                       | 64K40+1   | K / 19     | 00:20:34 / 217 | 00:02:32 / 213 | 00:40:48 / 182 | 00:02:43 / 211 | 00:29:10 / 263  | <b>01:35:47</b> | 00:36:20 |
| 241         | 76        | DUDKOWIAK GRAZYNA         |              | POL             | KANCELARIA ADWOKACKA<br>DUDKOWIAK |                       | 61K40+2   | K / 20     | 00:22:14 / 266 | 00:02:03 / 256 | 00:44:48 / 273 | 00:01:56 / 270 | 00:24:52 / 154  | <b>01:35:53</b> | 00:36:26 |
| 242         | 266       | WAZOWICZ GRZEGORZ         |              | POL             |                                   |                       | 75M24/145 | M / 222    | 00:19:26 / 182 | 00:02:48 / 191 | 00:44:17 / 263 | 00:02:05 / 245 | 00:27:31 / 231  | <b>01:36:07</b> | 00:36:40 |
| 243         | 257       | PIASEK PIOTR              |              | POL             | WWW.RAJSKISTAW.COM                |                       | 65M40/30  | M / 223    | 00:23:46 / 285 | 00:03:04 / 292 | 00:42:11 / 217 | 00:01:48 / 268 | 00:25:23 / 171  | <b>01:36:12</b> | 00:36:45 |
| 244         | 159       | JURKIEWICZ MARCIN         |              | POL             |                                   |                       | 78M24/146 | M / 224    | 00:24:27 / 295 | 00:02:13 / 289 | 00:38:11 / 112 | 00:01:54 / 213 | 00:29:40 / 270  | <b>01:36:25</b> | 00:36:58 |
| 245         | 146       | STANOCH EDWARD            |              | POL             |                                   |                       | 71M40/31  | M / 225    | 00:17:34 / 118 | 00:02:41 / 122 | 00:49:12 / 300 | 00:01:40 / 271 | 00:25:19 / 169  | <b>01:36:26</b> | 00:36:59 |
| 246         | 377       | KONDRACIUK DANIEL         |              | POL             |                                   |                       | 76M24/147 | M / 226    | 00:21:28 / 254 | 00:04:10 / 274 | 00:42:45 / 229 | 00:02:00 / 263 | 00:26:04 / 189  | <b>01:36:27</b> | 00:37:00 |
| 247         | 453       | PIĄTKOWSKI MARCIN         |              | POL             |                                   |                       | 80M24/148 | M / 227    | 00:19:45 / 189 | 00:03:06 / 203 | 00:42:30 / 225 | 00:02:13 / 229 | 00:29:02 / 261  | <b>01:36:36</b> | 00:37:09 |
| 248         | 109       | NAPIÓRKOWSKA KAROLINA     |              | POL             |                                   |                       | 82K24/12  | K / 21     | 00:19:06 / 172 | 00:02:11 / 161 | 00:45:36 / 279 | 00:01:31 / 241 | 00:28:16 / 245  | <b>01:36:40</b> | 00:37:13 |
| 249         | 66        | RADASZKIEWICZ PIOTR       |              | POL             | METRO WARSZAWSKIE                 |                       | 72M40/32  | M / 228    | 00:22:27 / 272 | 00:02:40 / 268 | 00:43:19 / 244 | 00:02:24 / 269 | 00:25:54 / 183  | <b>01:36:44</b> | 00:37:17 |



| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Kraj<br>Nat. | Drużyna<br>Team                           | R-k<br>YoB | W kategorii<br>in Age | Pływanie       | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik<br>Time   | Strata<br>Diff. |
|-------------|-----------|-------------------------|--------------|---|------------|-----------------------|----------------|----------------|----------------|----------------|----------------|-----------------|-----------------|
| 250         | 320       | KOLASINSKI TOMASZ       | POL          | GSC                                       | 80M24/149  | M / 229               | 00:19:13 / 176 | 00:02:51 / 184 | 00:42:13 / 219 | 00:02:37 / 216 | 00:29:52 / 273 | <b>01:36:46</b> | 00:37:19        |
| 251         | 325       | POLAK JAROSŁAW          | POL          |   | 72M40/33   | M / 230               | 00:18:07 / 133 | 00:02:56 / 156 | 00:42:24 / 222 | 00:01:58 / 196 | 00:31:22 / 285 | <b>01:36:47</b> | 00:37:20        |
| 252         | 306       | BACHURSKI MARIUSZ       | POL          |   | 77M24/150  | M / 231               | 00:20:12 / 205 | 00:03:05 / 221 | 00:44:45 / 271 | 00:02:01 / 257 | 00:26:49 / 213 | <b>01:36:52</b> | 00:37:25        |
| 253         | 417       | MIKOŁAJCZYK RAFAŁ       | POL          |   | 82M24/151  | M / 232               | 00:20:20 / 206 | 00:02:51 / 218 | 00:41:00 / 183 | 00:02:48 / 217 | 00:29:55 / 275 | <b>01:36:54</b> | 00:37:27        |
| 254         | 185       | BORYS GRZEGORZ          | POL          | EX SIEDLCE GDAŃSK                         | 72M40/34   | M / 233               | 00:20:58 / 228 | 00:02:10 / 215 | 00:44:06 / 258 | 00:01:52 / 250 | 00:28:01 / 241 | <b>01:37:07</b> | 00:37:40        |
| 255         | 267       | PUZYR JACEK             | POL          | EX SIEDLCE GDAŃSK                         | 65M40/35   | M / 234               | 00:22:02 / 260 | 00:02:49 / 264 | 00:44:08 / 259 | 00:01:41 / 267 | 00:26:28 / 201 | <b>01:37:08</b> | 00:37:41        |
| 256         | 303       | JÓZWIK WALDEMAR         | POL          | POLPHARMA                                 | 78M24/152  | M / 235               | 00:20:34 / 216 | 00:02:57 / 229 | 00:42:13 / 220 | 00:02:23 / 236 | 00:29:04 / 262 | <b>01:37:11</b> | 00:37:44        |
| 257         | 16        | SZYDEŁ MARIUSZ          | POL          |   | 90M20/17   | M / 236               | 00:23:54 / 288 | 00:01:56 / 277 | 00:42:54 / 233 | 00:01:28 / 260 | 00:27:10 / 220 | <b>01:37:22</b> | 00:37:55        |
| 258         | 481       | MULRAINEY MARK          | POL          | WARSAW INTERNATIONAL TRIATHLON CLUB (WIT) | 71M40/36   | M / 237               | 00:25:31 / 302 | 00:03:02 / 301 | 00:43:03 / 238 | 00:01:57 / 287 | 00:23:50 / 119 | <b>01:37:23</b> | 00:37:56        |
| 259         | 194       | DASZKIEWICZ MICHAŁ      | POL          | COWALE                                    | 78M24/153  | M / 238               | 00:16:47 / 89  | 00:03:31 / 125 | 00:46:14 / 287 | 00:02:04 / 244 | 00:28:54 / 257 | <b>01:37:30</b> | 00:38:03        |
| 260         | 343       | DĘBOSZ MACIEJ           | POL          |   | 73M24/154  | M / 239               | 00:20:04 / 198 | 00:02:49 / 204 | 00:41:20 / 193 | 00:02:07 / 206 | 00:31:39 / 288 | <b>01:37:59</b> | 00:38:32        |
| 261         | 123       | BARWIKOWSKA ŻANETA      | POL          | KUŹNIA TRIATHLONU                         | 85K24/13   | K / 22                | 00:20:24 / 208 | 00:02:07 / 194 | 00:46:03 / 284 | 00:01:42 / 261 | 00:28:08 / 243 | <b>01:38:24</b> | 00:38:57        |
| 262         | 294       | RYCHLIICKI KAROL        | POL          |   | 85M24/155  | M / 240               | 00:21:07 / 238 | 00:04:56 / 283 | 00:43:24 / 247 | 00:02:21 / 275 | 00:26:46 / 210 | <b>01:38:34</b> | 00:39:07        |
| 263         | 82        | DĄBROWSKA ANNA          | POL          |   | 76K24/14   | K / 23                | 00:21:06 / 237 | 00:02:28 / 231 | 00:44:29 / 266 | 00:02:06 / 259 | 00:28:40 / 251 | <b>01:38:49</b> | 00:39:22        |
| 264         | 410       | SEKOWSKA KATARZYNA      | POL          | PURE POLAND                               | 82K24/15   | K / 24                | 00:20:59 / 230 | 00:02:54 / 241 | 00:46:06 / 285 | 00:02:13 / 279 | 00:26:47 / 211 | <b>01:38:59</b> | 00:39:32        |
| 265         | 461       | SOLDAN MACIEJ           | POL          |   | 72M40/37   | M / 241               | 00:20:29 / 215 | 00:03:47 / 254 | 00:42:12 / 218 | 00:02:12 / 247 | 00:30:29 / 280 | <b>01:39:09</b> | 00:39:42        |
| 266         | 418       | MORACZEWSKA KATARZYNA   | POL          |   | 76K24/16   | K / 25                | 00:21:10 / 242 | 00:02:26 / 233 | 00:45:05 / 276 | 00:01:46 / 264 | 00:28:43 / 252 | <b>01:39:10</b> | 00:39:43        |
| 267         | 25        | KOPPEN HANS             | POL          |   | 66M40/38   | M / 242               | 00:18:13 / 135 | 00:03:56 / 189 | 00:41:44 / 201 | 00:02:19 / 204 | 00:33:05 / 298 | <b>01:39:17</b> | 00:39:50        |
| 268         | 454       | BIEGAJ JACEK            | POL          |   | 71M40/39   | M / 243               | 00:22:32 / 274 | 00:01:56 / 259 | 00:43:48 / 252 | 00:02:12 / 266 | 00:28:59 / 259 | <b>01:39:27</b> | 00:40:00        |
| 269         | 357       | MAJEWSKI TOMASZ         | POL          | GO SPORT                                  | 81M24/156  | M / 244               | 00:24:53 / 300 | 00:02:58 / 297 | 00:43:02 / 236 | 00:02:15 / 284 | 00:26:19 / 195 | <b>01:39:27</b> | 00:40:00        |
| 270         | 164       | POPIEL ARKADIUSZ        | POL          |   | 63M40/40   | M / 245               | 00:20:08 / 202 | 00:01:52 / 182 | 00:41:51 / 207 | 00:02:58 / 214 | 00:32:56 / 296 | <b>01:39:45</b> | 00:40:18        |
| 271         | 190       | BULIŃSKI ADAM           | POL          |   | 83M24/157  | M / 246               | 00:17:24 / 110 | 00:02:58 / 128 | 00:42:42 / 228 | 00:02:34 / 198 | 00:34:08 / 303 | <b>01:39:46</b> | 00:40:19        |
| 272         | 43        | WYSZKOWSKI BARTŁOMIEJ   | POL          |   | 83M24/158  | M / 247               | 00:19:16 / 181 | 00:02:17 / 169 | 00:41:22 / 196 | 00:02:14 / 192 | 00:34:51 / 306 | <b>01:40:00</b> | 00:40:33        |
| 273         | 204       | SZAŁKOWSKI SŁAWOMIR     | POL          | RUN IS FUN                                | 69M40/41   | M / 248               | 00:24:44 / 298 | 00:02:42 / 296 | 00:40:40 / 180 | 00:02:15 / 262 | 00:29:43 / 271 | <b>01:40:04</b> | 00:40:37        |
| 274         | 350       | SZCZYPIÓR MARTA         | POL          |   | 85K24/17   | K / 26                | 00:19:41 / 186 | 00:03:06 / 201 | 00:48:11 / 296 | 00:02:03 / 282 | 00:27:13 / 224 | <b>01:40:14</b> | 00:40:47        |
| 275         | 91        | MOŹDŻONEK MICHAŁ        | POL          |   | 77M24/159  | M / 249               | 00:19:36 / 185 | 00:02:18 / 179 | 00:43:12 / 240 | 00:02:16 / 224 | 00:32:58 / 297 | <b>01:40:20</b> | 00:40:53        |
| 276         | 198       | KURDZIEL PAWEŁ          | POL          |   | 79M24/160  | M / 250               | 00:20:35 / 218 | 00:03:02 / 234 | 00:44:14 / 262 | 00:01:45 / 253 | 00:30:45 / 283 | <b>01:40:21</b> | 00:40:54        |
| 277         | 281       | PŁAWIAK WOJCIECH        | POL          |   | 85M24/161  | M / 251               | 00:19:35 / 183 | 00:03:14 / 202 | 00:46:34 / 291 | 00:02:15 / 273 | 00:28:45 / 253 | <b>01:40:23</b> | 00:40:56        |
| 278         | 321       | CHOMIUK TOMASZ          | POL          | FIZJOMED                                  | 81M24/162  | M / 252               | 00:23:18 / 280 | 00:02:44 / 282 | 00:44:49 / 274 | 00:02:07 / 281 | 00:27:29 / 230 | <b>01:40:27</b> | 00:41:00        |
| 279         | 326       | WYSZKOWSKI MARCIN       | POL          |   | 83M24/163  | M / 253               | 00:20:41 / 221 | 00:02:29 / 217 | 00:44:44 / 270 | 00:02:10 / 258 | 00:30:25 / 279 | <b>01:40:29</b> | 00:41:02        |
| 280         | 151       | CICHOŃ ARTUR            | POL          |   | 65M40/42   | M / 254               | 00:24:29 / 296 | 00:02:14 / 291 | 00:44:34 / 267 | 00:02:49 / 292 | 00:26:32 / 203 | <b>01:40:38</b> | 00:41:11        |
| 281         | 329       | ZWOLIŃSKI TOMASZ        | POL          |   | 78M24/164  | M / 255               | 00:22:22 / 270 | 00:02:33 / 265 | 00:46:30 / 289 | 00:02:08 / 288 | 00:27:08 / 219 | <b>01:40:41</b> | 00:41:14        |
| 282         | 243       | BRZEZIŃSKI TOMASZ       | POL          |   | 77M24/165  | M / 256               | 00:23:49 / 287 | 00:02:50 / 287 | 00:41:40 / 199 | 00:02:55 / 272 | 00:29:28 / 267 | <b>01:40:42</b> | 00:41:15        |

| Msc<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name    | Kraj<br>Nat. | Drużyna<br>Team | R-k<br>YoB                          | W kategorii<br>in Age | Pływanie               | T1/Pozycja     | Rower          | T2/Pozycja     | Bieg           | Wynik<br>Time   | Strata<br>Diff. |
|-------------|-----------|----------------------------|--------------|-----------------|-------------------------------------|-----------------------|------------------------|----------------|----------------|----------------|----------------|-----------------|-----------------|
| 283         | 338       | BARTOSIAK JAKUB            |              | POL             |                                     | 84M24/166             | M / 257 00:21:09 / 240 | 00:01:59 / 214 | 00:50:27 / 303 | 00:01:26 / 296 | 00:26:05 / 190 | <b>01:41:06</b> | 00:41:39        |
| 284         | 69        | WÓJCIK GRZEGORZ            |              | POL             |                                     | 77M24/167             | M / 258 00:21:05 / 235 | 00:02:04 / 216 | 00:44:38 / 268 | 00:01:44 / 251 | 00:31:35 / 287 | <b>01:41:06</b> | 00:41:39        |
| 285         | 203       | CZARNECKI TOMASZ           |              | POL             |                                     | 79M24/168             | M / 259 00:22:17 / 267 | 00:03:07 / 272 | 00:44:10 / 261 | 00:03:48 / 285 | 00:28:13 / 244 | <b>01:41:35</b> | 00:42:08        |
| 286         | 219       | JARZYNA MICHAŁ             |              | POL             |                                     | 77M24/169             | M / 260 00:20:29 / 214 | 00:03:04 / 230 | 00:43:42 / 251 | 00:02:24 / 254 | 00:32:32 / 293 | <b>01:42:11</b> | 00:42:44        |
| 287         | 276       | RADZISZEWSKI KAMIL         |              | POL             | ENDURO MAN ELBLĄG                   | 86M24/170             | M / 261 00:22:13 / 264 | 00:02:59 / 269 | 00:40:27 / 178 | 00:03:20 / 248 | 00:34:17 / 304 | <b>01:43:16</b> | 00:43:49        |
| 288         | 284       | MOLDOVEANU CRISTINA        |              | POL             | WARSAW INTERNATIONAL TRIATHLON CLUB | 78K24/18              | K / 27 00:21:02 / 232  | 00:02:01 / 209 | 00:48:52 / 299 | 00:01:51 / 290 | 00:29:35 / 268 | <b>01:43:21</b> | 00:43:54        |
| 289         | 154       | SZUSZCZYKIEWICZ RAFAŁ      |              | POL             |                                     | 76M24/171             | M / 262 00:22:20 / 269 | 00:02:43 / 267 | 00:45:54 / 283 | 00:01:57 / 280 | 00:30:33 / 281 | <b>01:43:27</b> | 00:44:00        |
| 290         | 355       | PIOTROWSKI PAWEŁ           |              | POL             |                                     | 70M40/43              | M / 263 00:25:37 / 303 | 00:02:46 / 300 | 00:44:46 / 272 | 00:03:22 / 297 | 00:27:23 / 227 | <b>01:43:54</b> | 00:44:27        |
| 291         | 40        | BRZOZOWSKI LESŁAW          |              | POL             | AMATOR                              | 75M24/172             | M / 264 00:20:41 / 222 | 00:03:14 / 242 | 00:51:18 / 304 | 00:04:11 / 303 | 00:24:40 / 144 | <b>01:44:04</b> | 00:44:37        |
| 292         | 195       | OSTROWSKI MICHAŁ           |              | POL             | LAN-WIZARD                          | 77M24/173             | M / 265 00:21:16 / 246 | 00:02:11 / 227 | 00:44:42 / 269 | 00:03:41 / 277 | 00:32:25 / 292 | <b>01:44:15</b> | 00:44:48        |
| 293         | 236       | ZALEWSKI PIOTR             |              | POL             | ALETEMPO                            | 69M40/44              | M / 266 00:24:17 / 294 | 00:05:13 / 304 | 00:47:02 / 292 | 00:01:47 / 300 | 00:26:02 / 187 | <b>01:44:21</b> | 00:44:54        |
| 294         | 52        | MACURA KRZYSZTOF           |              | POL             |                                     | 83M24/174             | M / 267 00:23:16 / 278 | 00:02:32 / 275 | 00:43:21 / 245 | 00:02:30 / 274 | 00:32:46 / 295 | <b>01:44:25</b> | 00:44:58        |
| 295         | 423       | SUSŁOWICZ WIESŁAW          |              | POL             |                                     | 62M50/13              | M / 268 00:27:25 / 307 | 00:02:00 / 303 | 00:42:46 / 230 | 00:02:06 / 293 | 00:30:38 / 282 | <b>01:44:55</b> | 00:45:28        |
| 296         | 332       | WOLSKA MARTA               |              | POL             |                                     | 94K18/4               | K / 28 00:20:41 / 223  | 00:02:19 / 208 | 00:47:04 / 293 | 00:01:50 / 278 | 00:33:27 / 301 | <b>01:45:21</b> | 00:45:54        |
| 297         | 331       | WICHROWSKI MICHAŁ          |              | POL             |                                     | 78M24/175             | M / 269 00:21:31 / 255 | 00:02:50 / 258 | 00:48:21 / 298 | 00:01:58 / 294 | 00:31:29 / 286 | <b>01:46:09</b> | 00:46:42        |
| 298         | 382       | SZULC MACIEJ               |              | POL             |                                     | 74M24/176             | M / 270 00:25:00 / 301 | 00:03:57 / 302 | 00:46:25 / 288 | 00:03:11 / 301 | 00:27:42 / 236 | <b>01:46:15</b> | 00:46:48        |
| 299         | 456       | PIWOWARSKA KATARZYNA       |              | POL             | TYTANOWE ŚRUBKI                     | 81K24/19              | K / 29 00:24:31 / 297  | 00:02:48 / 294 | 00:44:05 / 257 | 00:02:30 / 291 | 00:32:33 / 294 | <b>01:46:27</b> | 00:47:00        |
| 300         | 50        | WÓJCIK JULIA               |              | POL             |                                     | 76K24/20              | K / 30 00:21:19 / 248  | 00:02:58 / 255 | 00:47:15 / 295 | 00:01:56 / 286 | 00:33:09 / 299 | <b>01:46:37</b> | 00:47:10        |
| 301         | 77        | BADZYŃSKI PAWEŁ            |              | POL             |                                     | 71M40/45              | M / 271 00:24:00 / 292 | 00:02:42 / 290 | 00:49:57 / 301 | 00:02:34 / 302 | 00:27:29 / 229 | <b>01:46:42</b> | 00:47:15        |
| 302         | 78        | KRUKOWSKA GRAŻYNA          |              | POL             | RUN LUSIA RUN                       | 73K24/21              | K / 31 00:24:49 / 299  | 00:03:11 / 298 | 00:47:09 / 294 | 00:02:17 / 299 | 00:29:19 / 265 | <b>01:46:45</b> | 00:47:18        |
| 303         | 191       | DROJECKA AGNIESZKA         |              | POL             |                                     | 78K24/22              | K / 32 00:24:08 / 293  | 00:02:32 / 288 | 00:45:46 / 282 | 00:02:26 / 295 | 00:32:08 / 290 | <b>01:47:00</b> | 00:47:33        |
| 304         | 116       | WACŁAWSKA- MATYJASIK AGATA |              | POL             |                                     | 82K24/23              | K / 33 00:21:03 / 234  | 00:02:12 / 220 | 00:46:33 / 290 | 00:02:02 / 276 | 00:35:26 / 307 | <b>01:47:16</b> | 00:47:49        |
| 305         | 70        | STANISŁAWSKI FILIP         |              | POL             |                                     | 79M24/177             | M / 272 00:23:45 / 283 | 00:02:07 / 278 | 00:45:42 / 281 | 00:02:01 / 289 | 00:34:47 / 305 | <b>01:48:22</b> | 00:48:55        |
| 306         | 260       | UTKO MONIKA                |              | POL             | WILANOW COFFIN DODGERS              | 90K20/4               | K / 34 00:22:40 / 276  | 00:01:39 / 257 | 00:50:13 / 302 | 00:02:02 / 298 | 00:33:56 / 302 | <b>01:50:30</b> | 00:51:03        |
| 307         | 207       | JANOTA KATARZYNA           |              | POL             | WARSAW INTERNATIONAL TRIATHLON CLUB | 64K40+3               | K / 35 00:21:33 / 256  | 00:05:51 / 295 | 00:52:03 / 305 | 00:02:33 / 304 | 00:30:08 / 277 | <b>01:52:08</b> | 00:52:41        |
| 308         | 67        | PNIEWSKA-LASKOWSKA IRMINA  |              | POL             | PIKB                                | 57K40+4               | K / 36 00:27:09 / 306  | 00:03:08 / 305 | 00:48:19 / 297 | 00:03:26 / 305 | 00:33:20 / 300 | <b>01:55:22</b> | 00:55:55        |