

# Łódź Maraton Dbam o Zdrowie

## WYNIKI ZAWODÓW

### Maraton

**Organizator:** Polska Grupa Farmaceutyczna S.A. oraz Urząd Miasta Łódź

**Termin:** 05.06.2011

**Miejsce:** Łódź

**Dystans:** 42km

| Miejsce<br>Rank                        | Nr<br>Bib | Nazwisko i imię<br>Name  | Miejscowość<br>City  | Kraj<br>Nat | Drużyna<br>Team              | R-k<br>YoB | W kategorii<br>in Age | Sex    | Czas<br>Time | [km/h] |
|--|-----------|--------------------------|----------------------|-------------|------------------------------|------------|-----------------------|--------|--------------|--------|
| <b>Maraton Kobiety KATEGORIA:K60</b>   |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 475       | SEIDLOVA EVA             | TLMACE               | SVK         | AK TLMACE                    | 48         | K60/1                 | (K)8   | 03:46:56     | 11.16  |
| 2                                      | 228       | LASOTA IRENA             | WAŁCZ                | POL         |                              | 51         | K60/2                 | (K)18  | 04:26:50     | 9.50   |
| <b>Maraton Kobiety KATEGORIA:K50</b>   |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 148       | STAWSKA ANNA             | ŁÓDŹ                 | POL         |                              | 57         | K50/1                 | (K)16  | 04:16:07     | 9.89   |
| 2                                      | 263       | MOKRZYCKA KRYSZYNA       | WROCLAW              | POL         |                              | 52         | K50/2                 | (K)21  | 04:36:49     | 9.17   |
| <b>Maraton Kobiety KATEGORIA:K40</b>   |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 200       | KAMOCKA ALEKSANDRA       | ŁÓDŹ                 | POL         | MEDICOVER RUNNING TEAM       | 69         | K40/1                 | (K)10  | 03:57:16     | 10.67  |
| 2                                      | 289       | FISZER MAGDA             | ŁÓDŹ                 | POL         |                              | 67         | K40/2                 | (K)14  | 04:14:14     | 9.97   |
| 3                                      | 346       | SOSZYŃSKA MAŁGORZATA     | WARSZAWA             | POL         | NIEZRZESZONA                 | 62         | K40/3                 | (K)19  | 04:33:34     | 9.28   |
| 4                                      | 578       | KORDEK ANNA              | ŁÓDŹ                 | POL         |                              | 63         | K40/4                 | (K)22  | 04:41:07     | 9.03   |
| 5                                      | 214       | ZIĘBA MAŁGORZATA         | ŁÓDŹ                 | POL         |                              | 63         | K40/5                 | (K)27  | 05:14:45     | 8.06   |
| 6                                      | 84        | WYPLOSZ ANNA             | ŁÓDŹ                 | POL         | NIEZRZESZONA                 | 69         | K40/6                 | (K)32  | 05:50:14     | 7.25   |
| <b>Maraton Kobiety KATEGORIA:K30</b>   |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 10        | JANASIAK AGNIESZKA       | POZNAŃ               | POL         | OLIMPIA POZNAŃ               | 81         | K30/1                 | (K)2   | 02:42:20     | 15.60  |
| 2                                      | 11        | MELOCH ARLETA            | GRUDZIĄDZ            | POL         | OLIPMIA GRUDZIĄDZ            | 79         | K30/2                 | (K)3   | 02:50:39     | 14.83  |
| 3                                      | 12        | BUTAKOWA MARIA           |                      | BLR         |                              | 80         | K30/3                 | (K)4   | 02:53:55     | 14.56  |
| 4                                      | 14        | STANNY MAGDALENA         | POZNAŃ               | POL         |                              | 81         | K30/4                 | (K)5   | 03:08:06     | 13.46  |
| 5                                      | 595       | OLCZAK - PIENKOWSKA ANNA | ŁÓDŹ/WARSZAWA        | POL         |                              | 78         | K30/5                 | (K)12  | 04:11:31     | 10.08  |
| 6                                      | 515       | BIELECKA DOROTA          | KONSTANTYNÓW ŁÓDŹSKI | POL         |                              | 74         | K30/6                 | (K)15  | 04:14:27     | 9.97   |
| 7                                      | 47        | ANTCZAK AGNIESZKA        | ŁÓDŹ                 | POL         | BIEGACZ NOWOSOLNA            | 76         | K30/7                 | (K)17  | 04:20:47     | 9.73   |
| 8                                      | 370       | MALARCZYK AGATA          | WARSZAWA             | POL         | ENTRE.PL TEAM                | 75         | K30/8                 | (K)20  | 04:35:06     | 9.23   |
| 9                                      | 267       | KULMA MAGDALENA          | GDAŃSK               | POL         |                              | 80         | K30/9                 | (K)23  | 04:41:15     | 9.02   |
| 10                                     | 535       | SZELC MONIKA             | TORUŃ                | POL         | MARATONYPOLSKIE.PL TEAM      | 75         | K30/10                | (K)25  | 04:57:18     | 8.54   |
| 11                                     | 338       | MOSKAL IZABELLA          | WARSZAWA             | POL         | BRYLANT KÓRNIK               | 73         | K30/11                | (K)26  | 04:59:04     | 8.49   |
| 12                                     | 300       | SKOWRON JOANNA           | ŁÓDŹ                 | POL         | RUNNING BUNNIES              | 75         | K30/12                | (K)30  | 05:32:02     | 7.62   |
| 13                                     | 556       | CZAJCZYŃSKA MARTA        | ŁÓDŹ                 | POL         |                              | 76         | K30/13                | (K)31  | 05:47:44     | 7.29   |
| <b>Maraton Kobiety KATEGORIA:K20</b>   |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 15        | DAMANTSEVICH MARYNA      | MINSK                | BLR         |                              | 84         | K20/1                 | (K)1   | 02:42:20     | 15.60  |
| 2                                      | 412       | UKLEJA MONIKA            | OSTRÓW WLKP.         | POL         |                              | 82         | K20/2                 | (K)6   | 03:16:24     | 12.89  |
| 3                                      | 276       | OLEŚ KATARZYNA           | ŁÓDŹ                 | POL         | SZAKALE BALUT ŁÓDŹ           | 86         | K20/3                 | (K)7   | 03:32:00     | 11.94  |
| 4                                      | 447       | DOWNAR KATARZYNA         | PABIANICE            | POL         | KORONA PABIANICE             | 89         | K20/4                 | (K)9   | 03:54:13     | 10.82  |
| 5                                      | 357       | NIESYTTO HANNA           | CZĘSTOCHOWA          | POL         |                              | 86         | K20/5                 | (K)11  | 03:57:54     | 10.65  |
| 6                                      | 437       | GAPYS DOROTA             | ŁÓDŹ                 | POL         | -                            | 84         | K20/6                 | (K)13  | 04:11:52     | 10.08  |
| 7                                      | 59        | PROKOPCZYK IZABELA       | ŁÓDŹ                 | POL         | ŁÓDŹ NASZYM MIASTEM NA ZIEMI | 87         | K20/7                 | (K)24  | 04:42:30     | 8.98   |
| 8                                      | 482       | WOJDAK MAGDALENA         | LIPCE REYMONTOWSKIE  | POL         |                              | 82         | K20/8                 | (K)28  | 05:17:55     | 7.98   |
| 9                                      | 237       | HOTIUK ANNA              | PLESZEW              | POL         |                              | 85         | K20/9                 | (K)29  | 05:27:29     | 7.75   |
| <b>Maraton Mężczyźni KATEGORIA:M70</b> |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 243       | SMODLIBOWSKI TOMASZ      | BELCHATÓW            | POL         | KB SPARTAKUS BELCHATÓW       | 39         | M70/1                 | (M)306 | 04:27:30     | 9.49   |
| 2                                      | 453       | MORAWIEC JAN             | ŁÓDŹ                 | POL         | KB ARTURÓWEK ŁÓDŹ            | 33         | M70/2                 | (M)308 | 04:27:43     | 9.48   |
| <b>Maraton Mężczyźni KATEGORIA:M60</b> |           |                          |                      |             |                              |            |                       |        |              |        |
| 1                                      | 325       | TRZECIŃSKI KAROL         | ST JUST ST RAMBERT   | FRA         |                              | 45         | M60/1                 | (M)90  | 03:43:56     | 11.31  |
| 2                                      | 513       | RUTA TADEUSZ             | ŁÓDŹ                 | POL         | WKB META LUBLINIEC           | 50         | M60/2                 | (M)98  | 03:45:04     | 11.26  |
| 3                                      | 142       | ILSKI WOJCIECH           | ŁÓDŹ                 | POL         | ELTA ŁÓDŹ                    | 50         | M60/3                 | (M)142 | 03:53:34     | 10.84  |
| 4                                      | 372       | DĄBEK RYSZARD            | PABIANICE            | POL         | KORONA PABIANICE             | 51         | M60/4                 | (M)177 | 03:58:16     | 10.65  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team      | R-k | W kategorii YoB in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|------------------|----------|-------------------|-----|----------------------------|-----------|--------|
| 5            | 245    | WILCZYŃSKI STANISŁAW | ŁÓDŹ             | POL      | NIEZRZESZONY      | 47  | M60/5 (M)236               | 04:10:31  | 10.11  |
| 6            | 82     | KORDELAS GRZEGORZ    | ŁÓDŹ             | POL      | BIEGACZ NOWOSOLNA | 50  | M60/6 (M)317               | 04:29:02  | 9.43   |
| 7            | 606    | MACIEJCZYK JAN       | CIESZYN          | POL      |                   | 42  | M60/7 (M)345               | 04:35:37  | 9.20   |
| 8            | 587    | TRYBUŚ MARIAN        | KRAKÓW           | POL      |                   | 48  | M60/8 (M)378               | 04:46:46  | 8.85   |
| 9            | 207    | KRZACZYŃSKI BOGDAN   | PIOTRKÓW         | POL      | -                 | 49  | M60/9 (M)407               | 04:55:42  | 8.58   |
| 10           | 394    | KOMOR MIROSLAW       | PIASTÓW          | POL      | PIAST PIASTÓW     | 51  | M60/10 (M)411              | 04:57:19  | 8.54   |
| 11           | 364    | REMBOWSKI JACEK      | ŁOWICZ           | POL      | NZ                | 46  | M60/11 (M)451              | 05:27:30  | 7.74   |
| 12           | 373    | BULSKI LESZEK        | ŁÓDŹ             | POL      | NIEZRZESZONY      | 46  | M60/12 (M)462              | 05:50:17  | 7.25   |

### Maraton Mężczyźni KATEGORIA:M50

|    |     |                        |               |     |  |    |               |          |       |
|----|-----|------------------------|---------------|-----|--|----|---------------|----------|-------|
| 1  | 388 | CECHMANN ANDRZEJ       | GDAŃSK        | POL | URZĄD MORSKI W GDYNI                   | 60 | M50/1 (M)10   | 02:52:09 | 14.71 |
| 2  | 393 | BŁASZCZAK ANDRZEJ      | KOŚCIELISKO   | POL | DSP WARSZAWA                           | 61 | M50/2 (M)11   | 02:57:21 | 14.28 |
| 3  | 275 | MICKIEWICZ WOJCIECH    | MIĘDZYZDROJE  | POL | HOTEL AMBER BALTIC                     | 61 | M50/3 (M)14   | 03:09:11 | 13.38 |
| 4  | 592 | ŁUKASZEWICZ JÓZEF      | RUMIA         | POL |  | 58 | M50/4 (M)20   | 03:10:38 | 13.28 |
| 5  | 158 | BORKOWSKI ALEKSANDER   | SWINOUJSCIE   | POL | MKL-MARATON SWINOUJSCIE                | 56 | M50/5 (M)25   | 03:14:52 | 12.99 |
| 6  | 292 | CZUCHWICKI WACŁAW      | ZBĄSZYN       | POL |  | 58 | M50/6 (M)40   | 03:25:18 | 12.38 |
| 7  | 220 | ANDRZEJEWSKI PIOTR     | ŚWINOUJSCIE   | POL | KLUB 8.FLOTYLLI OBRONY WTYBRZEŻA       | 59 | M50/7 (M)44   | 03:26:23 | 12.27 |
| 8  | 149 | STAWSKI DARIUSZ        | ŁÓDŹ          | POL | KB ARTURÓWEK ŁÓDŹ                      | 57 | M50/8 (M)53   | 03:29:02 | 12.12 |
| 9  | 541 | BIAŁOGRODZKI SYLWESTER | ZALESIE GÓRNE | POL | ZALESIE GÓRNE                          | 61 | M50/9 (M)58   | 03:32:03 | 11.94 |
| 10 | 174 | BORKOWSKI GRZEGORZ     | ŁÓDŹ          | POL | KB ARTURÓWEK ŁÓDŹ                      | 55 | M50/10 (M)64  | 03:34:26 | 11.81 |
| 11 | 86  | STANISZEWSKI ZYGMUNT   | SZCZUCZYN     | POL |  | 60 | M50/11 (M)70  | 03:36:22 | 11.71 |
| 12 | 312 | SZREDEL MAREK          | ELBLĄG        | POL | EKO GRYF PRZY JW4260 ELBLĄG            | 55 | M50/12 (M)77  | 03:39:33 | 11.55 |
| 13 | 194 | ADAMUS WIESŁAW         | UJAZD         | POL | EUROBOX                                | 57 | M50/13 (M)78  | 03:39:39 | 11.53 |
| 14 | 343 | KUĆ WITOLD             | JASIEŃ        | POL |  | 61 | M50/14 (M)81  | 03:40:35 | 11.48 |
| 15 | 232 | KOSAKOWSKI KRZYSZTOF   | BYDGOSZCZ     | POL | TKKF KOLEJARZ BYDGOSZCZ                | 60 | M50/15 (M)82  | 03:40:37 | 11.50 |
| 16 | 120 | LEMIEŚZEK GRZEGORZ     | ŁÓDŹ          | POL | AMATOR                                 | 58 | M50/16 (M)88  | 03:43:19 | 11.34 |
| 17 | 542 | BIAŁOGRODZKI TADEUSZ   | ZALESIE GÓRNE | POL | ZALESIE GÓRNE                          | 58 | M50/17 (M)91  | 03:43:57 | 11.31 |
| 18 | 329 | BULKA ARTUR            | KRAKÓW        | POL |  | 52 | M50/18 (M)93  | 03:44:14 | 11.30 |
| 19 | 143 | PIĄTEK BOGDAN          | ZIELONKA      | POL | LECICI ZIELONKA                        | 53 | M50/19 (M)96  | 03:44:36 | 11.29 |
| 20 | 169 | FIEGA RYSZARD          | GORLICE       | POL | MARATON GORLICE                        | 58 | M50/20 (M)104 | 03:46:01 | 11.20 |
| 21 | 69  | KORCZYŃSKI STANISŁAW   | ŁÓDŹ          | POL | ŚCIEŻKI BIEGOWE PARK PONIATOWSKIEGO    | 53 | M50/21 (M)106 | 03:46:25 | 11.19 |
| 22 | 163 | RADCZAK ANDRZEJ        | KRAKÓW        | POL |  | 61 | M50/22 (M)109 | 03:46:55 | 11.17 |
| 23 | 608 | MAŁEK STANISŁAW        | PRASZKA       | POL | NEAPCO PRASZKA                         | 54 | M50/23 (M)110 | 03:46:56 | 11.17 |
| 24 | 273 | GRZYBAŁA ANDRZEJ       | ŁOMŻA         | POL | KR-B 'EKO' ŁOMŻA                       | 53 | M50/24 (M)117 | 03:48:41 | 11.07 |
| 25 | 427 | NIEDŹWIADEK CZESŁAW    | WARSZAWA      | POL | DOWÓDZTWO GARNIZONU WARSZAWA           | 56 | M50/25 (M)118 | 03:48:54 | 11.06 |
| 26 | 127 | JUREK ZBIGNIEW         | ZWOLEŃ        | POL | NIEZRZESZONY                           | 60 | M50/26 (M)124 | 03:49:55 | 11.02 |
| 27 | 256 | SZCZYPKOWSKI HIERONIM  | OSTRÓW WLKP   | POL | KS MARATON OSTRÓW WLKP./DRUŻYNA SZPIKU | 59 | M50/27 (M)127 | 03:50:44 | 10.97 |
| 28 | 215 | PIELAT BOGUSŁAW        | ŁÓDŹ          | POL |  | 55 | M50/28 (M)131 | 03:51:24 | 10.95 |
| 29 | 145 | SIEROCKI JAN           | AUGUSTÓW      | POL | ATP AUGUSTÓW                           | 59 | M50/29 (M)132 | 03:51:33 | 10.94 |
| 30 | 493 | RYBICKI JERZY          | STAWISKI      | POL | DRUŻYNA SZPIKU                         | 60 | M50/30 (M)139 | 03:53:14 | 10.86 |
| 31 | 176 | DOMINIAK ANDRZEJ       | ŁÓDŹ          | POL | KB STOPA ŁÓDŹ                          | 53 | M50/31 (M)140 | 03:53:29 | 10.86 |
| 32 | 227 | LASOTA MIROSLAW        | WAŁCZ         | POL |  | 53 | M50/32 (M)144 | 03:53:46 | 10.85 |
| 33 | 438 | WYRĄBKIEWICZ JANUSZ    | CIECHOCINEK   | POL | APTEKA MIKSTURA                        | 57 | M50/33 (M)159 | 03:55:49 | 10.74 |
| 34 | 495 | KOWALCZYK WOJCIECH     | BELCHATÓW     | POL | KB SPARTAKUS BELCHATÓW                 | 61 | M50/34 (M)161 | 03:56:02 | 10.74 |
| 35 | 95  | POPLAWSKI KAROL        | ŁÓDŹ          | POL | LURBEL RUNNING TEAM                    | 60 | M50/35 (M)178 | 03:58:20 | 10.63 |
| 36 | 291 | KAMIŃSKI STANISŁAW     | NADARZYN      | POL |  | 58 | M50/36 (M)182 | 03:58:35 | 10.63 |
| 37 | 399 | JUREK STANISŁAW        | RUDA ŚLASKA   | POL | TKKF JASTRZĄB RUDA ŚLASKA              | 56 | M50/37 (M)190 | 03:59:36 | 10.58 |
| 38 | 44  | KOWALSKI WŁODZIMIERZ   | ŁÓDŹ          | POL |  | 55 | M50/38 (M)197 | 04:00:38 | 10.53 |
| 39 | 603 | WIĘCKOWSKI MAREK       | ŁÓDŹ          | POL |  | 60 | M50/39 (M)198 | 04:00:52 | 10.52 |
| 40 | 474 | NEPKO GABRIEL          | KOŠICE        | SVK | O5 BK FURČA KOŠICE                     | 56 | M50/40 (M)217 | 04:06:56 | 10.28 |
| 41 | 398 | HAŁACZKIEWICZ BOGUSŁAW | MANCHESTER    | GBR |  | 60 | M50/41 (M)233 | 04:09:29 | 10.17 |
| 42 | 36  | PODZIŃSKI EDWARD       | ŁÓDŹ          | POL |  | 61 | M50/42 (M)243 | 04:12:06 | 10.06 |
| 43 | 282 | GNYSIŃSKI JACEK        | SIERADZ       | POL | KS BŁYSKAWICA                          | 60 | M50/43 (M)245 | 04:13:36 | 9.99  |
| 44 | 72  | KRAŚNIEWSKI KRZYSZTOF  | BRANIEWO      | POL |  | 61 | M50/44 (M)248 | 04:13:58 | 9.98  |
| 45 | 209 | KACZMAREK BOGDAN       | ŁÓDŹ          | POL | KB STOPA                               | 57 | M50/45 (M)251 | 04:14:18 | 9.97  |
| 46 | 579 | JACH JERZY             | ZĄŁAZY        | POL |  | 58 | M50/46 (M)260 | 04:16:43 | 9.87  |
| 47 | 419 | KREFT KAZIMIERZ        | ŁÓDŹ          | POL | NIEZRZESZONY                           | 54 | M50/47 (M)266 | 04:17:46 | 9.83  |
| 48 | 586 | KOLASIŃSKI JAROSŁAW    | WARSZAWA      | POL |  | 59 | M50/48 (M)272 | 04:19:11 | 9.79  |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City    | Kraj Nat | Drużyna Team            | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] |
|--------------|--------|----------------------|---------------------|----------|-------------------------|---------|------------------------|-----------|--------|
| 49           | 589    | TROJAN STANISŁAW     | WROCLAW             | POL      | WKB PIAST WROCLAW       | 58      | M50/49 (M)282          | 04:22:07  | 9.67   |
| 50           | 345    | RUTKOWSKI SŁAWOMIR   | WARSZAWA            | POL      |                         | 59      | M50/50 (M)284          | 04:22:40  | 9.65   |
| 51           | 347    | KULAKOWSKI PIOTR     | KONSTANCIN-JEZIORNA | POL      | NIEZRZESZONY            | 57      | M50/51 (M)288          | 04:23:13  | 9.64   |
| 52           | 568    | KUCHARSKI ZBIGNIEW   | BELCHATÓW           | POL      | KB SPARTAKUS            | 56      | M50/52 (M)295          | 04:25:36  | 9.54   |
| 53           | 102    | PIELACHOWSKI PIOTR   | WARSZAWA            | POL      |                         | 59      | M50/53 (M)301          | 04:26:14  | 9.52   |
| 54           | 376    | SIKORSKI WITOLD      | BOBOLICE            | POL      | KB RUN 42 BOBOLICE      | 61      | M50/54 (M)303          | 04:26:50  | 9.50   |
| 55           | 555    | DANYCH KRZYSZTOF     | ALEKSANDROW LODZKI  | POL      |                         | 58      | M50/55 (M)305          | 04:27:06  | 9.51   |
| 56           | 274    | BARTOS STEFAN        | ŁOWICZ              | POL      | NIEZRZESZONY            | 59      | M50/56 (M)309          | 04:28:02  | 9.46   |
| 57           | 341    | WŁODARCZYK ZBIGNIEW  | ŁÓDŹ                | POL      |                         | 57      | M50/57 (M)315          | 04:28:52  | 9.43   |
| 58           | 496    | KUCZKOWSKI JERZY     | OŻARÓW MAZOWIECKI   | POL      | GOSIR OŻARÓW MAZOWIECKI | 56      | M50/58 (M)320          | 04:29:18  | 9.43   |
| 59           | 511    | WALENCIK MAREK       | PIONKI              | POL      |                         | 55      | M50/59 (M)326          | 04:30:22  | 9.38   |
| 60           | 288    | GAJEK KRZYSZTOF      | ŁÓDŹ                | POL      |                         | 61      | M50/60 (M)330          | 04:32:12  | 9.32   |
| 61           | 204    | KĄMIERCZAK MAREK     | ŁÓDŹ                | POL      |                         | 59      | M50/61 (M)340          | 04:33:59  | 9.26   |
| 62           | 183    | ROSIĄK PAWEŁ         | ŁÓDŹ                | POL      |                         | 59      | M50/62 (M)341          | 04:34:09  | 9.25   |
| 63           | 115    | SKRZYPKOWSKI TOMASZ  | OTWOCK              | POL      | ADVENTURESQUAD.PL       | 57      | M50/63 (M)346          | 04:35:55  | 9.18   |
| 64           | 193    | ŻULCZYK WOJCIECH     | NIDZICA             | POL      |                         | 59      | M50/64 (M)353          | 04:38:09  | 9.12   |
| 65           | 283    | KACZMAREK PIOTR      | ZGIERZ              | POL      | NIEZRZESZONY            | 57      | M50/65 (M)362          | 04:40:33  | 9.05   |
| 66           | 279    | JURACHNO EDWARD      | BELCHATÓW           | POL      | KB „SPARTAKUS           | 60      | M50/66 (M)376          | 04:45:06  | 8.88   |
| 67           | 316    | WESOŁOWSKI TADEUSZ   | GDYNIA              | POL      |                         | 55      | M50/67 (M)382          | 04:47:36  | 8.82   |
| 68           | 405    | NARTOWSKI JAN        | WARSZAWA            | POL      | KB JÓZEFOSŁAW           | 59      | M50/68 (M)385          | 04:48:23  | 8.78   |
| 69           | 293    | WRÓBEL LESZEK        | ŁÓDŹ                | POL      | NIEZRZESZONY            | 58      | M50/69 (M)389          | 04:49:37  | 8.75   |
| 70           | 472    | KRCMARIK VLADIMIR    | ZILINA              | SVK      | HGM ZILINA              | 54      | M50/70 (M)391          | 04:50:38  | 8.73   |
| 71           | 466    | MENTEL ZBIGNIEW      | KRAKÓW              | POL      | RAJSKO KRAKÓW           | 57      | M50/71 (M)392          | 04:50:49  | 8.73   |
| 72           | 48     | WLAŻŁAK TADEUSZ      | PABIANICE           | POL      | NIEZRZESZONY            | 61      | M50/72 (M)393          | 04:51:40  | 8.70   |
| 73           | 156    | MAZURKIEWICZ ANDRZEJ | ZGIERZ              | POL      | BRAK                    | 58      | M50/73 (M)394          | 04:51:40  | 8.70   |
| 74           | 332    | GRZYB RYSZARD        | WARSZAWA            | POL      |                         | 56      | M50/74 (M)395          | 04:52:10  | 8.70   |
| 75           | 553    | ŁASZCZUK WITOLD      | WARSZAWA            | POL      |                         | 59      | M50/75 (M)404          | 04:55:04  | 8.59   |
| 76           | 349    | WENGRZYK PIOTR       | ŁÓDŹ                | POL      | SKT PŁAZIK              | 61      | M50/76 (M)405          | 04:55:04  | 8.59   |
| 77           | 164    | NIECKUŁA ZBYSZEK     | ŁÓDŹ                | POL      | KB ARTURÓWEK ŁÓDŹ       | 55      | M50/77 (M)410          | 04:56:59  | 8.55   |
| 78           | 67     | SZKOPEK JACEK        | ŁÓDŹ                | POL      |                         | 59      | M50/78 (M)417          | 04:58:34  | 8.50   |
| 79           | 518    | PASTUSZKA WIESŁAW    | LUBSKO              | POL      | PACEMAKER               | 52      | M50/79 (M)419          | 04:59:04  | 8.49   |
| 80           | 262    | WILK ZYGMUNT         | RUDA ŚLĄSKA         | POL      |                         | 57      | M50/80 (M)422          | 04:59:58  | 8.46   |
| 81           | 318    | PAWLAK MAREK         | PABIANICE           | POL      | KORONA PABIANICE        | 59      | M50/81 (M)429          | 05:05:19  | 8.31   |
| 82           | 178    | ŻACH ANDRZEJ         | MAŁKINIA            | POL      | MKB TEAM MAŁKINIA       | 57      | M50/82 (M)431          | 05:06:14  | 8.29   |
| 83           | 572    | GRECZKA PRZEMYSŁAW   | KSAWERÓW            | POL      | PRZEMEK61               | 61      | M50/83 (M)434          | 05:07:37  | 8.25   |
| 84           | 404    | BŁAJET MAREK         | SUCHY LAS           | POL      | AMATOR                  | 57      | M50/84 (M)450          | 05:27:29  | 7.75   |

### Maraton Mężczyźni KATEGORIA:M40

|    |     |                       |              |     |                                   |    |              |          |       |
|----|-----|-----------------------|--------------|-----|-----------------------------------|----|--------------|----------|-------|
| 1  | 17  | POBŁOCKI PIOTR        | ŁĘBORK       | POL |                                   | 65 | M40/1 (M)8   | 02:42:21 | 15.59 |
| 2  | 230 | KURIATA ROBERT        | ZŁOTORYJA    | POL | OLAWS ZŁOTORYJA                   | 66 | M40/2 (M)12  | 03:06:56 | 13.54 |
| 3  | 49  | BRZENCZEK MICHAŁ      | GLIWICE      | POL | TEAM TELEGROSIK                   | 71 | M40/3 (M)16  | 03:09:43 | 13.35 |
| 4  | 330 | CIEMSKI ZENON         | WARSZAWA     | POL | WWW.BZC.PL                        | 65 | M40/4 (M)19  | 03:10:21 | 13.30 |
| 5  | 181 | DRAŹEK PAWEŁ          | BELCHATÓW    | POL | PGE JUPITER ELEKTROWNIA BELCHATÓW | 68 | M40/5 (M)27  | 03:16:10 | 12.92 |
| 6  | 138 | PASTWA MAREK          | ŁÓDŹ         | POL | SKS KATOLIK.EDU.PL                | 63 | M40/6 (M)32  | 03:20:55 | 12.61 |
| 7  | 423 | TROCIŃSKI JACEK       | ŁÓDŹ         | POL |                                   | 70 | M40/7 (M)35  | 03:22:35 | 12.50 |
| 8  | 66  | GRUNKOWSKI ARTUR      | ANTONIEW     | POL |                                   | 69 | M40/8 (M)36  | 03:22:43 | 12.50 |
| 9  | 226 | NAREL SŁAWOMIR        | LODZ         | POL | ŁÓDŹ NASZYM MIASTEM NA ZIEMI      | 63 | M40/9 (M)38  | 03:24:07 | 12.41 |
| 10 | 93  | KLIMCZEWSKI ANDRZEJ   | ŁÓDŹ         | POL | FOREVER YOUNG                     | 62 | M40/10 (M)42 | 03:25:34 | 12.32 |
| 11 | 168 | TRACZ MACIEK          | ŁÓDŹ         | POL | NAPIERAJ.PL                       | 70 | M40/11 (M)43 | 03:25:59 | 12.29 |
| 12 | 599 | PIETRASIĄK JANUSZ     | ŁÓDŹ         | POL | KB ARTURÓWEK ŁÓDŹ                 | 66 | M40/12 (M)45 | 03:26:29 | 12.27 |
| 13 | 602 | ROSZYK SŁAWOMIR       | POZNAŃ       | POL | QUENTINO.PL                       | 70 | M40/13 (M)51 | 03:27:48 | 12.19 |
| 14 | 304 | RIEMER TOMASZ         | ŁÓDŹ         | POL | MKT                               | 65 | M40/14 (M)57 | 03:31:55 | 11.95 |
| 15 | 431 | BAĆMAGA GRZEGORZ      | RADOM        | POL | MARATOŃCZYK RADOM                 | 68 | M40/15 (M)59 | 03:32:11 | 11.93 |
| 16 | 324 | SĘDECKI PIOTR         | SKIERNIEWICE | POL | TRUCHT MARATON SKIERNIEWICE       | 62 | M40/16 (M)60 | 03:32:32 | 11.91 |
| 17 | 543 | BIAŁOGRODZKI LESZEK   | PIASECZNO    | POL | PIASECZNO                         | 71 | M40/17 (M)62 | 03:33:20 | 11.87 |
| 18 | 491 | SMARZEK CEZARY        | ŁASK         | POL | JASTRZĄB - 32.BLOTT ŁASK          | 71 | M40/18 (M)65 | 03:34:36 | 11.81 |
| 19 | 217 | OLBRYŚ STANISŁAW-ADAM | NASIELSK     | POL | K B PIMAR LEGIONOWO               | 67 | M40/19 (M)67 | 03:35:07 | 11.77 |
| 20 | 281 | JANICKI KRZYSZTOF     | ŁÓDŹ         | POL |                                   | 65 | M40/20 (M)68 | 03:36:04 | 11.76 |
| 21 | 420 | JUREK BOGDAN          | MOSINA       | POL | DRUZYNA SZPIKU                    | 65 | M40/21 (M)73 | 03:37:33 | 11.65 |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>          | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|------------------------------|----------------|-------------------------------|------------------|---------------|
| 22                  | 497           | KURYŁO ARTUR                | AUGUSTÓW                | POL             | ATP AUGUSTÓW                 | 66             | M40/22 (M)74                  | 03:38:17         | 11.61         |
| 23                  | 348           | DĄBROWSKI CEZARY            | PIASECZNO               | POL             |                              | 71             | M40/23 (M)75                  | 03:38:51         | 11.57         |
| 24                  | 387           | KULBACZYŃSKI JAN            | KODEŃ                   | POL             | AMAZONI PAWEŁ                | 62             | M40/24 (M)84                  | 03:40:59         | 11.50         |
| 25                  | 211           | TYMICKI ZBIGNIEW            | WARSZAWA                | POL             | SBBP.WAW.PL                  | 69             | M40/25 (M)86                  | 03:42:59         | 11.37         |
| 26                  | 381           | POLAK ANDRZEJ               | KAJETANY                | POL             | NADARZYN                     | 69             | M40/26 (M)100                 | 03:45:31         | 11.23         |
| 27                  | 611           | ZIÓLKOWSKI TOMASZ           | WARSZAWA                | POL             |                              | 71             | M40/27 (M)108                 | 03:46:54         | 11.16         |
| 28                  | 352           | SALSKI RAFAŁ                | ŻYRARDÓW                | POL             |                              | 68             | M40/28 (M)115                 | 03:48:40         | 11.09         |
| 29                  | 391           | RUTKOWSKI PIOTR             | WARSZAWA                | POL             |                              | 68             | M40/29 (M)120                 | 03:49:14         | 11.06         |
| 30                  | 105           | MAJEWSKI SYLWESTER          | ŁÓDŹ                    | POL             |                              | 71             | M40/30 (M)125                 | 03:49:55         | 11.02         |
| 31                  | 544           | KLUCZYŃSKI JAROSŁAW         | WARSZAWA                | POL             | NIEZRZESZONY                 | 63             | M40/31 (M)126                 | 03:50:22         | 10.99         |
| 32                  | 246           | MALEWSKI TOMASZ             | ŁÓDŹ                    | POL             | BRE.LOCUM                    | 71             | M40/32 (M)130                 | 03:51:19         | 10.97         |
| 33                  | 296           | FRYDRYCHOWSKI PRZEMYSŁAW    | KLECZEW                 | POL             | OSIR KLECZEW                 | 71             | M40/33 (M)135                 | 03:52:34         | 10.90         |
| 34                  | 167           | SKALSKI PIOTR               | WARSZAWA                | POL             |                              | 67             | M40/34 (M)137                 | 03:53:09         | 10.87         |
| 35                  | 377           | MAJEWSKI ZBIGNIEW           | NOWE MIASTO NAD         | POL             |                              | 70             | M40/35 (M)150                 | 03:54:44         | 10.80         |
| 36                  | 480           | CHAJDAS WŁODZIMIERZ         | UNIEJÓW                 | POL             | KB GEOTERMIA UNIEJÓW         | 65             | M40/36 (M)151                 | 03:54:51         | 10.79         |
| 37                  | 469           | DUBOWIECKI WITOLD           | WROCLAW                 | POL             |                              | 71             | M40/37 (M)154                 | 03:54:58         | 10.79         |
| 38                  | 367           | SZWAJ MARIUSZ               | WŁODAWA                 | POL             |                              | 68             | M40/38 (M)155                 | 03:55:07         | 10.78         |
| 39                  | 350           | BARWIŃSKI SŁAWOMIR          | ŁÓDŹ                    | POL             |                              | 68             | M40/39 (M)157                 | 03:55:33         | 10.76         |
| 40                  | 593           | MICHALICKA FRANTISEK        | ZILINA                  | SVK             | ASKP ZILINA                  | 64             | M40/40 (M)160                 | 03:55:58         | 10.73         |
| 41                  | 195           | CZUBAK TOMASZ               | ŁOWICZ                  | POL             |                              | 69             | M40/41 (M)165                 | 03:56:53         | 10.70         |
| 42                  | 201           | KAMOCKI KRZYSZTOF           | ŁÓDŹ                    | POL             |                              | 68             | M40/42 (M)167                 | 03:57:17         | 10.67         |
| 43                  | 147           | DRYGALSKI DOMINIK           | BYDGOSZCZ               | POL             | 42.195BYDGOSZCZ              | 63             | M40/43 (M)168                 | 03:57:21         | 10.68         |
| 44                  | 100           | KLEPACZ PIOTR               | ŁÓDŹ                    | POL             | BRAK                         | 68             | M40/44 (M)169                 | 03:57:25         | 10.69         |
| 45                  | 41            | WILGOCKI TOMASZ             | ŁÓDŹ                    | POL             | LURBEL RUNNING TEAM          | 65             | M40/45 (M)175                 | 03:58:13         | 10.64         |
| 46                  | 400           | WYPYCH RADOSŁAW             | WARSZAWA                | POL             | ART PROFI TEAM               | 69             | M40/46 (M)179                 | 03:58:24         | 10.62         |
| 47                  | 65            | SZYSZKOWSKI WŁODZIMIERZ     | WARSZAWA                | POL             |                              | 68             | M40/47 (M)180                 | 03:58:25         | 10.63         |
| 48                  | 186           | CZUBAK DARIUSZ              | ŁÓDŹ                    | POL             | AMCOR TEAM                   | 69             | M40/48 (M)181                 | 03:58:31         | 10.63         |
| 49                  | 295           | CHELMIŃSKI PIOTR            | CHELMIŃSKI              | POL             | MLKS NADWIŚLANIN             | 64             | M40/49 (M)187                 | 03:59:18         | 10.58         |
| 50                  | 525           | PROZOROWSKI WIESŁAW         | LESZNO                  | POL             |                              | 68             | M40/50 (M)191                 | 03:59:36         | 10.58         |
| 51                  | 90            | BOGOŁĘBSKI PRZEMYSŁAW       | ŁÓDŹ                    | POL             |                              | 71             | M40/51 (M)193                 | 03:59:50         | 10.57         |
| 52                  | 426           | GAC JACEK                   | WARSZAWA                | POL             |                              | 67             | M40/52 (M)194                 | 04:00:04         | 10.56         |
| 53                  | 409           | ZGIET RADOSŁAW              | CZARTAJEW               | POL             |                              | 67             | M40/53 (M)196                 | 04:00:36         | 10.55         |
| 54                  | 360           | DZIERKA MARIUSZ             | TOMASZÓW                | POL             |                              | 70             | M40/54 (M)202                 | 04:02:14         | 10.46         |
| 55                  | 175           | KOMAN PIOTR                 | ŁÓDŹ                    | POL             | BRE.LOCUM                    | 66             | M40/55 (M)205                 | 04:03:14         | 10.43         |
| 56                  | 190           | PIŁAT MARIUSZ               | WARSZAWA                | POL             | KLUB BIEGACZA PLL LOT        | 63             | M40/56 (M)212                 | 04:05:45         | 10.30         |
| 57                  | 242           | PORĘBSKI ZBIGNIEW           | ALEKSANDRÓW ŁÓDŹ        | POL             |                              | 67             | M40/57 (M)213                 | 04:06:01         | 10.30         |
| 58                  | 280           | WILMOWSKI MAREK             | ŁÓDŹ                    | POL             | UKS BUSHI ŁÓDŹ               | 68             | M40/58 (M)220                 | 04:07:13         | 10.26         |
| 59                  | 461           | ROEHRYCH PAWEŁ              | WARSZAWA                | POL             | REALS                        | 71             | M40/59 (M)222                 | 04:07:22         | 10.26         |
| 60                  | 170           | SIKORA JACEK                | ŁÓDŹ                    | POL             | LURBEL RUNNING TEAM          | 62             | M40/60 (M)223                 | 04:07:24         | 10.26         |
| 61                  | 85            | GUZEK TADEUSZ               | ŁUKÓW                   | POL             | ORLETA ŁUKÓW                 | 62             | M40/61 (M)224                 | 04:07:32         | 10.23         |
| 62                  | 235           | SZYMAŃSKI DARIUSZ           | KLECZEW                 | POL             | OSIR KLECZEW                 | 67             | M40/62 (M)226                 | 04:08:02         | 10.22         |
| 63                  | 185           | LUŚTAK ANDRZEJ              | ŁÓDŹ                    | POL             |                              | 69             | M40/63 (M)227                 | 04:08:22         | 10.21         |
| 64                  | 504           | CZUBA KRZYSZTOF             | OZORKÓW                 | POL             | NIEZRZESZONY AMATOR BIEGANIA | 71             | M40/64 (M)228                 | 04:08:31         | 10.22         |
| 65                  | 25            | PIETRZAK PIOTR              | ŁÓDŹ                    | POL             | KB ARTURÓWEK ŁÓDŹ            | 69             | M40/65 (M)231                 | 04:09:19         | 10.16         |
| 66                  | 571           | KOŁODZIEJ PAWEŁ             | JÓZEFÓW                 | POL             | UKS JEDYNKA JÓZEFÓW          | 66             | M40/66 (M)237                 | 04:11:14         | 10.09         |
| 67                  | 570           | SZYGENDA WALDEMAR           | KONIN                   | POL             | KB AKTYWNI KONIN             | 63             | M40/67 (M)238                 | 04:11:19         | 10.08         |
| 68                  | 557           | ŁAZIŃSKI ZBIGNIEW           | ŁOWICZ                  | POL             | LKS VICTORIA ZABOSTÓW        | 71             | M40/68 (M)241                 | 04:11:54         | 10.06         |
| 69                  | 33            | CZAJA DARIUSZ               | ŁOWICZ                  | POL             |                              | 69             | M40/69 (M)242                 | 04:11:54         | 10.07         |
| 70                  | 528           | FIJAŁKOWSKI ANDRZEJ         | WARSZAWA                | POL             | SATURN WARSZAWA              | 66             | M40/70 (M)244                 | 04:13:13         | 10.02         |
| 71                  | 597           | KOROŚCIK - KOSSAK TOMASZ    | WARSZAWA                | POL             | MOKRA 13                     | 68             | M40/71 (M)249                 | 04:13:59         | 9.97          |
| 72                  | 418           | BADOWSKI MAREK              | WARSZAWA                | POL             |                              | 71             | M40/72 (M)250                 | 04:14:00         | 9.99          |
| 73                  | 205           | KĄZMIERCZAK TOMASZ          | OZORKÓW                 | POL             | CONRAD                       | 70             | M40/73 (M)252                 | 04:14:26         | 9.97          |
| 74                  | 516           | BIELECKI NORBERT            | KONSTANTYNÓW ŁÓDŹ       | POL             |                              | 69             | M40/74 (M)253                 | 04:14:27         | 9.97          |
| 75                  | 250           | WALENDEK SŁAWOMIR           | SKIERNIEWICE            | POL             | SKIERNIEWICE                 | 65             | M40/75 (M)255                 | 04:14:49         | 9.95          |
| 76                  | 468           | PEKALA JAROSŁAW             | ZGIERZ                  | POL             | JASTRZĄB - 32.BLOTT ŁASK     | 70             | M40/76 (M)256                 | 04:15:14         | 9.93          |
| 77                  | 81            | WIĘCŁAWSKI ROBERT           | ŁÓDŹ                    | POL             |                              | 70             | M40/77 (M)257                 | 04:16:04         | 9.90          |
| 78                  | 126           | URBAŃSKI MIROSŁAW           | SIERADZ                 | POL             |                              | 69             | M40/78 (M)261                 | 04:17:12         | 9.85          |
| 79                  | 180           | KRASKA TOMASZ               | NOWE MIASTO N/PIŁICA    | POL             | BIEGIEM PRZEZ POLSKĘ         | 68             | M40/79 (M)267                 | 04:18:18         | 9.83          |



| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>          | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|------------------------------|----------------|-------------------------------|------------------|---------------|
| 80                  | 417           | MILCZAREK JANUSZ            | ŁÓDŹ                    | POL             | JASTRZĄB - 32.BLOTT ŁASK     | 62             | M40/80 (M)268                 | 04:18:19         | 9.81          |
| 81                  | 113           | KWIATKOWSKI MARIUSZ         | ŁÓDŹ                    | POL             |                              | 63             | M40/81 (M)269                 | 04:18:25         | 9.81          |
| 82                  | 500           | DRABIK MARCIN               | WROCLAW                 | POL             | WKB PIAST                    | 71             | M40/82 (M)274                 | 04:20:13         | 9.74          |
| 83                  | 554           | STANOWSKI GRZEGORZ          | ŁÓDŹ                    | POL             |                              | 71             | M40/83 (M)280                 | 04:21:50         | 9.69          |
| 84                  | 505           | KACPRZAK MAREK              | JÓZEFOW                 | POL             |                              | 71             | M40/84 (M)281                 | 04:22:05         | 9.68          |
| 85                  | 484           | KOPACZ GRZEGORZ             | KOLONIA WOLA            | POL             |                              | 71             | M40/85 (M)286                 | 04:22:59         | 9.63          |
| 86                  | 582           | JAKUS MARIUSZ               | ŁÓDŹ                    | POL             | NIEZRZESZONY                 | 66             | M40/86 (M)291                 | 04:24:24         | 9.60          |
| 87                  | 231           | SZCZEPANEK JAN              | PODDĘBICE               | POL             |                              | 63             | M40/87 (M)294                 | 04:25:14         | 9.56          |
| 88                  | 152           | ZIELONKA MARIUSZ            | POZNAŃ                  | POL             | CSWŁĄD POZNAŃ                | 70             | M40/88 (M)298                 | 04:25:59         | 9.54          |
| 89                  | 609           | ASAYEVICH ROMAN             | MINSK                   | BLR             | VICTORIA                     | 64             | M40/89 (M)302                 | 04:26:33         | 9.51          |
| 90                  | 117           | GOŁĘBIOWSKI MARIUSZ         | ŁÓDŹ                    | POL             | BRE RUNNERS                  | 71             | M40/90 (M)304                 | 04:26:55         | 9.50          |
| 91                  | 610           | SULEJ JAROSŁAW              | WARSZAWA                | POL             |                              | 71             | M40/91 (M)307                 | 04:27:37         | 9.48          |
| 92                  | 457           | ŚWIDERSKI DARIUSZ           | WARSZAWA                | POL             | CF CEFARM SA                 | 69             | M40/92 (M)322                 | 04:29:20         | 9.41          |
| 93                  | 353           | JARZĄBSKI ROMAN             | AUGUSTÓW                | POL             | ATP AUGUSTÓW                 | 68             | M40/93 (M)324                 | 04:30:15         | 9.39          |
| 94                  | 485           | JURGA KAZIMIERZ             | WOLA ZARADZYŃSKA        | POL             | NIEZRZESZONY                 | 62             | M40/94 (M)325                 | 04:30:19         | 9.38          |
| 95                  | 439           | PRAŻANOWSKI MARIUSZ         | ŁÓDŹ                    | POL             |                              | 67             | M40/95 (M)327                 | 04:30:57         | 9.36          |
| 96                  | 425           | RYNIAK ANDRZEJ              | WARSZAWA                | POL             | DOWÓDZTWO GARNIZONU WARSZAWA | 66             | M40/96 (M)332                 | 04:32:20         | 9.32          |
| 97                  | 104           | LEWIŃSKI KRZYSZTOF          | NOWE MIASTO NAD         | POL             | BIEGIEM PRZEZ POLSKĘ         | 67             | M40/97 (M)338                 | 04:33:54         | 9.27          |
| 98                  | 335           | ŻUKOWSKI KRZYSZTOF          | WARSZAWA                | POL             |                              | 68             | M40/98 (M)342                 | 04:34:33         | 9.24          |
| 99                  | 290           | FISZER WOJTEK               | ŁÓDŹ                    | POL             | BK JANOSIK TERCHOVA          | 66             | M40/99 (M)343                 | 04:34:41         | 9.22          |
| 100                 | 80            | WICHMAN RAFAŁ               | ŁÓDŹ                    | POL             |                              | 68             | M40/100 (M)344                | 04:35:17         | 9.23          |
| 101                 | 303           | GIELEC GRZEGORZ             | WOLA MOSZCZENICKA       | POL             |                              | 68             | M40/101 (M)347                | 04:36:11         | 9.19          |
| 102                 | 221           | KLONOWICZ JACEK             | ŁÓDŹ                    | POL             |                              | 67             | M40/102 (M)350                | 04:37:27         | 9.14          |
| 103                 | 560           | LEWERA ROBERT               | PABIANICE               | POL             |                              | 70             | M40/103 (M)351                | 04:37:42         | 9.13          |
| 104                 | 545           | LISIAK JERZY                | LUBLIN                  | POL             | PGF CEFARM LUBLIN            | 70             | M40/104 (M)352                | 04:37:55         | 9.12          |
| 105                 | 68            | PAŚNIK JAROSŁAW             | ŁÓDŹ                    | POL             | NIEZRZESZONY                 | 66             | M40/105 (M)355                | 04:38:24         | 9.11          |
| 106                 | 285           | POLEC ANDRZEJ               | SOCHACZEW               | POL             | KM AKTYWNI SOCHACZEW         | 65             | M40/106 (M)357                | 04:38:47         | 9.10          |
| 107                 | 114           | IDZIKOWSKI PIOTR            | ŁÓDŹ                    | POL             |                              | 69             | M40/107 (M)358                | 04:39:12         | 9.09          |
| 108                 | 144           | DYKTYŃSKI KRZYSZTOF         | ŁÓDŹ                    | POL             |                              | 63             | M40/108 (M)359                | 04:39:13         | 9.08          |
| 109                 | 486           | FELIS PAWEŁ                 | BOBROWIEC               | POL             |                              | 69             | M40/109 (M)361                | 04:39:51         | 9.07          |
| 110                 | 440           | SMOLIŃSKI MARIUSZ           | ŁÓDŹ                    | POL             | METALCHEM                    | 63             | M40/110 (M)363                | 04:40:48         | 9.04          |
| 111                 | 576           | MAKSYMOWICZ PIOTR           | ŁÓDŹ                    | POL             |                              | 62             | M40/111 (M)366                | 04:41:30         | 9.01          |
| 112                 | 520           | GLUCK WITOLD                | ŁÓDŹ                    | POL             | KB ARTURÓWEK ŁÓDŹ            | 65             | M40/112 (M)367                | 04:41:43         | 9.01          |
| 113                 | 477           | CZYŻEWSKI PIOTR             | ŁÓDŹ                    | POL             | ŁÓDŹ NASZYM MIASTEM NA ZIEMI | 65             | M40/113 (M)371                | 04:42:55         | 8.97          |
| 114                 | 302           | SZEWczyk MARCIN             | ŁÓDŹ                    | POL             | ROMANO MARTINO MARATON TEAM  | 62             | M40/114 (M)380                | 04:47:04         | 8.84          |
| 115                 | 308           | SOBCZAK PIOTR               | ŁÓDŹ                    | POL             |                              | 71             | M40/115 (M)383                | 04:48:09         | 8.80          |
| 116                 | 443           | SKRZYPCZAK JAROSŁAW         | WARSZAWA                | POL             | KB ACTIVESPORTS WARSZAWA     | 67             | M40/116 (M)384                | 04:48:22         | 8.79          |
| 117                 | 530           | ŁUCZAK PAWEŁ                | ŁÓDŹ                    | POL             |                              | 70             | M40/117 (M)387                | 04:48:51         | 8.78          |
| 118                 | 265           | KRYDA JACEK                 | ŁÓDŹ                    | POL             |                              | 66             | M40/118 (M)388                | 04:48:58         | 8.78          |
| 119                 | 96            | WILKANOWSKI JAN             | STEGNA                  | POL             |                              | 68             | M40/119 (M)396                | 04:52:32         | 8.67          |
| 120                 | 499           | POLAK PIOTR                 | PRUSZKÓW                | POL             | LABORATORIA NATURY           | 64             | M40/120 (M)401                | 04:54:58         | 8.60          |
| 121                 | 375           | GÓRKA RYSZARD               | WÓJCIN                  | POL             | POLICJA WIERUSZÓW            | 69             | M40/121 (M)402                | 04:55:00         | 8.60          |
| 122                 | 26            | BIENIEK GRZEGORZ            | ŁÓDŹ                    | POL             |                              | 66             | M40/122 (M)406                | 04:55:10         | 8.59          |
| 123                 | 261           | DĄBEK PAWEŁ                 | RUDNIK NAD SANEM        | POL             |                              | 70             | M40/123 (M)408                | 04:55:50         | 8.58          |
| 124                 | 315           | PACHO JULIUSZ               | WARSZAWA                | POL             | DINAMITA SOLO                | 71             | M40/124 (M)412                | 04:57:26         | 8.53          |
| 125                 | 91            | HYPŚ LESZEK                 | OLSZTYN                 | POL             | MARATONYPOLSKIE.PL TEAM      | 62             | M40/125 (M)416                | 04:58:31         | 8.50          |
| 126                 | 196           | KĄCKI PIOTR                 | WŁOCŁAWEK               | POL             | WKB MARATOŃCZYK              | 67             | M40/126 (M)420                | 04:59:51         | 8.46          |
| 127                 | 326           | ROMANIEC KAZIMIERZ          | WARSZAWA                | POL             |                              | 69             | M40/127 (M)424                | 05:00:24         | 8.45          |
| 128                 | 259           | MADEJSKI RADOSŁAW           | KRAKÓW                  | POL             | NIEZRZESZONY                 | 71             | M40/128 (M)425                | 05:00:28         | 8.45          |
| 129                 | 323           | ROGALA MACIEJ               | SIERADZ                 | POL             |                              | 63             | M40/129 (M)427                | 05:03:28         | 8.36          |
| 130                 | 534           | KĄKOL DARIUSZ               | KAMIONKA                | POL             |                              | 65             | M40/130 (M)437                | 05:12:38         | 8.12          |
| 131                 | 284           | KIEREŚIŃSKI WALDEMAR        | ŁÓDŹ                    | POL             |                              | 64             | M40/131 (M)438                | 05:12:39         | 8.12          |
| 132                 | 415           | DEDERKO TOMASZ              | PRUSZKÓW                | POL             |                              | 69             | M40/132 (M)442                | 05:15:19         | 8.04          |
| 133                 | 607           | KRAWCZYK PIOTR              | WARSZAWA                | POL             | STOWARZYSZENIE TERAPEUTÓW    | 67             | M40/133 (M)443                | 05:15:21         | 8.05          |
| 134                 | 38            | CIENNIK WIKTOR              | ZGIERZ                  | POL             | FOREVER YOUNG                | 66             | M40/134 (M)447                | 05:24:02         | 7.83          |
| 135                 | 94            | KLIMCZEWSKI MAREK           | ŁÓDŹ                    | POL             | FOREVER YOUNG                | 65             | M40/135 (M)448                | 05:24:03         | 7.83          |
| 136                 | 479           | KACPRZAK PAWEŁ              | BEDLNO                  | POL             |                              | 69             | M40/136 (M)452                | 05:27:33         | 7.75          |
| 137                 | 191           | JENEK SŁAWOMIR              | ROKIETNICA              | POL             | MARATONYPOLSKIE.PL TEAM      | 70             | M40/137 (M)453                | 05:28:38         | 7.72          |

| Miejsce Rank                           | Nr Bib | Nazwisko i imię Name    | Miejscowość City    | Kraj Nat | Drużyna Team                                      | R-k YoB | W kategorii in Age Sex | Czas Time | [km/h] |
|--|--------|-------------------------|---------------------|----------|---|---------|------------------------|-----------|--------|
| 138                                    | 510    | PFADT WOJCIECH          | WARSZAWA            | POL      |   | 62      | M40/138 (M)454         | 05:31:50  | 7.65   |
| 139                                    | 459    | CICHAWA MIROSLAW        | WARSZAWA            | POL      |   | 63      | M40/139 (M)459         | 05:45:21  | 7.34   |
| <b>Maraton Mężczyźni KATEGORIA:M30</b> |        |                         |                     |          |   |         |                        |           |        |
| 1                                      | 8      | MIERECZKO MACIEJ        | WŁOCLAWEK           | POL      | FV CITY LAUF ERFSTADT                             | 79      | M30/1 (M)3             | 02:23:30  | 17.64  |
| 2                                      | 1      | SITKOVSKYY ALEKSANDR    | DONIECK             | UKR      |   | 78      | M30/2 (M)5             | 02:27:33  | 17.16  |
| 3                                      | 3      | WÓJCIK RAFAŁ            | SZCZECIN            | POL      | KKL KIELCE  | 72      | M30/3 (M)6             | 02:29:34  | 16.93  |
| 4                                      | 7      | RAJEWSKI PRZEMYSŁAW     | LĘBORK              | POL      |   | 76      | M30/4 (M)7             | 02:33:55  | 16.45  |
| 5                                      | 107    | BASSENDOWSKI PIOTR      | ŁÓDŹ                | POL      | ŁÓDŹ NASZYM MIASTEM NA ZIEMI                      | 74      | M30/5 (M)9             | 02:50:36  | 14.84  |
| 6                                      | 402    | BŁASZCZYK RAFAŁ         | ROTMANKA            | POL      |   | 75      | M30/6 (M)13            | 03:08:39  | 13.42  |
| 7                                      | 382    | ROSŁOŃ MARCIN           | WARSZAWA            | POL      | RUN2-D2   | 78      | M30/7 (M)15            | 03:09:14  | 13.38  |
| 8                                      | 128    | WIECZOREK PIOTR         | WARSZAWA            | POL      |   | 78      | M30/8 (M)17            | 03:09:48  | 13.34  |
| 9                                      | 574    | PIETRZAK ANDRZEJ        | PABIANICE           | POL      | SZAKALE BALUT ŁÓDŹ                                | 75      | M30/9 (M)18            | 03:09:53  | 13.34  |
| 10                                     | 159    | GWIAZDA CEZARY          | WARSZAWA            | POL      |   | 73      | M30/10 (M)21           | 03:10:53  | 13.27  |
| 11                                     | 252    | RAKOWSKI MACIEJ         | ŁÓDŹ                | POL      | SZAKALE BALUT ŁÓDŹ                                | 73      | M30/11 (M)22           | 03:11:00  | 13.26  |
| 12                                     | 129    | ŚWIDZIŃSKI TOMASZ       | KRAKÓW              | POL      | VEGE RUNNERS                                      | 76      | M30/12 (M)23           | 03:11:15  | 13.24  |
| 13                                     | 435    | MIŚKOWIEC TOMASZ        | SUCHA BESKIDZKA     | POL      | KKL KIELCE  | 81      | M30/13 (M)24           | 03:13:57  | 13.05  |
| 14                                     | 223    | ZAWADZKI PAWEŁ          | WŁOCLAWEK           | POL      | WLOCLAWSKI KLUB BIEGACZA MARATOŃCZYK              | 76      | M30/14 (M)28           | 03:17:46  | 12.81  |
| 15                                     | 43     | BERNASIAK KAROL         | ŁÓDŹ                | POL      | MPK ŁÓDŹ  | 78      | M30/15 (M)30           | 03:20:26  | 12.64  |
| 16                                     | 476    | POGOCKI SEWERYN         | ZELÓW               | POL      | PSP ZDUŃSKA WOLA                                  | 79      | M30/16 (M)31           | 03:20:46  | 12.61  |
| 17                                     | 380    | SZCZOTKA PAWEŁ          | WARSZAWA            | POL      |   | 72      | M30/17 (M)33           | 03:20:58  | 12.60  |
| 18                                     | 272    | PIECHOTA JAROSŁAW       | ŁÓDŹ                | POL      | K.B.ARTURÓWEK                                     | 74      | M30/18 (M)34           | 03:21:35  | 12.56  |
| 19                                     | 594    | LOKWENC MARIUSZ         | WARSZAWA            | POL      |   | 74      | M30/19 (M)37           | 03:23:46  | 12.43  |
| 20                                     | 83     | STAWIKOWSKI DARIUSZ     | ŁÓDŹ                | POL      | BIEGACZ NOWOSOLNA                                 | 73      | M30/20 (M)39           | 03:24:38  | 12.37  |
| 21                                     | 277    | TYBURCZY MICHAŁ         | ŁÓDŹ                | POL      |   | 75      | M30/21 (M)41           | 03:25:22  | 12.33  |
| 22                                     | 502    | GRACZ MAREK             | WIELUŃ              | POL      | JASTRZĄB - 32.BLOTT ŁASK                          | 72      | M30/22 (M)46           | 03:26:31  | 12.27  |
| 23                                     | 565    | GRZEGORCZYK BARTOSZ     | PABIANICE           | POL      | BRE.LOCUM   | 77      | M30/23 (M)47           | 03:26:35  | 12.26  |
| 24                                     | 451    | PIECZARKA DARIUSZ       | OLSZTYN             | POL      |   | 72      | M30/24 (M)48           | 03:26:52  | 12.25  |
| 25                                     | 386    | MARDOFEL MARCIN         | ZGIERZ              | POL      |   | 79      | M30/25 (M)50           | 03:27:22  | 12.23  |
| 26                                     | 248    | FABIŚ ARKADIUSZ         | STĘSZEW             | POL      | DRUŻYNA SZPIKU                                    | 72      | M30/26 (M)52           | 03:28:37  | 12.15  |
| 27                                     | 71     | KĄZMIERCZAK MICHAŁ      | ŁÓDŹ                | POL      | KB ARTURÓWEK ŁÓDŹ                                 | 75      | M30/27 (M)55           | 03:30:21  | 12.05  |
| 28                                     | 166    | MIROTA RADOŚLAW         | WARSZAWA            | POL      | POGROMCY NIEMOCY                                  | 74      | M30/28 (M)56           | 03:30:38  | 12.03  |
| 29                                     | 421    | NAPIERACZ MIROSLAW      | DĘBNO               | POL      | NETTO GB 42,195                                   | 73      | M30/29 (M)61           | 03:33:15  | 11.88  |
| 30                                     | 507    | SKONIECKI MICHAŁ        | GOSTYNIN            | POL      |   | 75      | M30/30 (M)66           | 03:34:37  | 11.81  |
| 31                                     | 413    | SZYMCZAK PIOTR          | OSTROLENKA          | POL      |   | 77      | M30/31 (M)71           | 03:36:23  | 11.71  |
| 32                                     | 310    | WYPYSZYŃSKI TOMASZ      | PODDĘBICE           | POL      | 'WICHER' DOBRA (WOJ.WIELKOPOLSKIE)                | 77      | M30/32 (M)72           | 03:36:30  | 11.69  |
| 33                                     | 88     | SABANDA WITOLD          | ŁÓDŹ                | POL      | KB ARTURÓWEK ŁÓDŹ                                 | 73      | M30/33 (M)76           | 03:39:05  | 11.56  |
| 34                                     | 118    | KORONA-TRZEBSKI PRZEMEK | ŁÓDŹ                | POL      | ---   | 76      | M30/34 (M)79           | 03:39:57  | 11.52  |
| 35                                     | 160    | TRACZ JAKUB             | PIOTRKÓW            | POL      |   | 81      | M30/35 (M)80           | 03:40:11  | 11.52  |
| 36                                     | 351    | RZEPECKI KRZYSZTOF      | PIOTRKÓW            | POL      |   | 79      | M30/36 (M)83           | 03:40:43  | 11.48  |
| 37                                     | 218    | ZAWADZKI MACIEJ         | WARSZAWA            | POL      | BIEGAMY Z OCHOTĄ                                  | 78      | M30/37 (M)85           | 03:41:46  | 11.42  |
| 38                                     | 389    | KARPIŃSKI KONRAD        | WROCLAW             | POL      |   | 78      | M30/38 (M)87           | 03:43:11  | 11.35  |
| 39                                     | 434    | KUROWSKI TOMASZ         | ŁÓDŹ                | POL      | ŁÓDŹ NASZYM MIASTEM NA ZIEMI                      | 74      | M30/39 (M)92           | 03:44:10  | 11.30  |
| 40                                     | 327    | ASŁANOWICZ MARCIN       | WARSZAWA            | POL      |   | 75      | M30/40 (M)95           | 03:44:30  | 11.28  |
| 41                                     | 465    | GŁOWACKI ARKADIUSZ      | ŁÓDŹ                | POL      |   | 79      | M30/41 (M)99           | 03:45:28  | 11.24  |
| 42                                     | 585    | GAWRYŚ MARIUSZ          | PABIANICE           | POL      |   | 81      | M30/42 (M)102          | 03:45:56  | 11.23  |
| 43                                     | 406    | PIASTA DARIUSZ          | WARSZAWA            | POL      |   | 72      | M30/43 (M)103          | 03:46:00  | 11.22  |
| 44                                     | 422    | KUBIAK MACIEJ           | OSTRÓW WIELKOPOLSKI | POL      |   | 73      | M30/44 (M)111          | 03:47:16  | 11.16  |
| 45                                     | 429    | JĘDRYCHA MARIUSZ        | SKIERNIEWICE        | POL      | DOWÓDZTWO GARNIZONU WARSZAWA                      | 72      | M30/45 (M)112          | 03:48:19  | 11.10  |
| 46                                     | 50     | KLIGLICH PAWEŁ          | WOŁOMIN             | POL      | TOWARZYSTWO AKTYWNY RELAKS WOŁOMIN/WWW.POLSKLO.PL | 77      | M30/46 (M)113          | 03:48:23  | 11.09  |
| 47                                     | 539    | TOMASSI ROBERT          | BARYCZ              | POL      | NIEZRZESZONY                                      | 74      | M30/47 (M)116          | 03:48:40  | 11.08  |
| 48                                     | 503    | BRUTKOWSKI WOJTEK       | WARSZAWA            | POL      |   | 79      | M30/48 (M)119          | 03:48:57  | 11.07  |
| 49                                     | 53     | JANCZAK MAREK           | RADOM               | POL      |   | 73      | M30/49 (M)121          | 03:49:30  | 11.04  |
| 50                                     | 137    | MARIAŃSKI NORBERT       | KARCZEW             | POL      | NIEZRZESZONY                                      | 75      | M30/50 (M)123          | 03:49:38  | 11.03  |
| 51                                     | 561    | JANUSZ SEBASTIAN        | WARSZAWA            | POL      | POLBANK   | 76      | M30/51 (M)128          | 03:50:46  | 10.98  |
| 52                                     | 339    | TUDEK MARIUSZ           | GÓRA KALWARIA       | POL      |   | 72      | M30/52 (M)129          | 03:50:59  | 10.97  |
| 53                                     | 546    | WNUK MARCIN             | WARSZAWA            | POL      | RUN&FUN   | 76      | M30/53 (M)133          | 03:51:42  | 10.94  |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>                   | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---------------------------------------|----------------|-------------------------------|------------------|---------------|
| 54                  | 136           | ADAMCZEWSKI MACIEJ          | ŁÓDŹ                    | POL             | UKS BUSHI ŁÓDŹ                        | 73             | M30/54 (M)134                 | 03:52:26         | 10.92         |
| 55                  | 146           | SARZYNSKI ADAM              | ŁÓDŹ                    | POL             | KB ARTURÓWEK ŁÓDŹ                     | 73             | M30/55 (M)136                 | 03:52:38         | 10.90         |
| 56                  | 601           | STECZKOWSKI PAWEŁ           | WARSZAWA                | POL             | DEALER SPORT                          | 72             | M30/56 (M)138                 | 03:53:12         | 10.87         |
| 57                  | 125           | WOLNY MACIEJ                | ŁÓDŹ                    | POL             |                                       | 74             | M30/57 (M)141                 | 03:53:32         | 10.85         |
| 58                  | 99            | CIMOCHOWSKI DARIUSZ         | POZNAŃ                  | POL             | NIEZRZESZONY                          | 72             | M30/58 (M)145                 | 03:53:47         | 10.85         |
| 59                  | 134           | TRZASKACZ KRYSZTIAN         | DĘBICA                  | POL             | SODASTUDIO.PL                         | 81             | M30/59 (M)147                 | 03:54:00         | 10.82         |
| 60                  | 395           | BOJKO FILIP                 | WARSZAWA                | POL             | ETO TEAM                              | 79             | M30/60 (M)148                 | 03:54:03         | 10.84         |
| 61                  | 562           | MICHALSKI MARIUSZ           | RADOM                   | POL             | FITNESS PARK RADOM                    | 81             | M30/61 (M)149                 | 03:54:09         | 10.81         |
| 62                  | 251           | DUCH MARCIN                 | SKIERNIEWICE            | POL             | SKIERNIEWICE                          | 77             | M30/62 (M)152                 | 03:54:54         | 10.80         |
| 63                  | 130           | OSTROWSKI GRZEGORZ          | ŁÓDŹ                    | POL             |                                       | 73             | M30/63 (M)156                 | 03:55:31         | 10.75         |
| 64                  | 481           | STASZEWSKI TOMASZ           | ŁÓDŹ                    | POL             | BIEGACZ NOWOSOLNA                     | 73             | M30/64 (M)158                 | 03:55:35         | 10.76         |
| 65                  | 590           | KĄŻMIERCZAK MARCIN          | ŁÓDŹ                    | POL             |                                       | 74             | M30/65 (M)162                 | 03:56:03         | 10.76         |
| 66                  | 573           | ZIANKOWSKI MICHAŁ           | ŁÓDŹ                    | POL             | SZAKALE BAŁUT                         | 79             | M30/66 (M)164                 | 03:56:40         | 10.72         |
| 67                  | 179           | PAŁUBSKI ARKADIUSZ          | BELCHATÓW               | POL             | KB SPARTAKUS BELCHATÓW                | 78             | M30/67 (M)172                 | 03:57:49         | 10.67         |
| 68                  | 322           | MUTRYNOWSKI PIOTR           | WARSZAWA                | POL             |                                       | 74             | M30/68 (M)173                 | 03:58:00         | 10.67         |
| 69                  | 46            | TRONIARZ MARCIN             | RASZYN                  | POL             | KS RASZYN                             | 75             | M30/69 (M)176                 | 03:58:14         | 10.64         |
| 70                  | 189           | JAKSA ARKADIUSZ             | PABIANICE               | POL             | KORONA PABIANICE                      | 72             | M30/70 (M)183                 | 03:58:42         | 10.63         |
| 71                  | 403           | KOMPA JAKUB                 | WARSZAWA                | POL             |                                       | 81             | M30/71 (M)184                 | 03:58:58         | 10.62         |
| 72                  | 441           | ŚWIDURSKI JAROSŁAW          | KOŹMIN WIELKOPOLSKI     | POL             |                                       | 77             | M30/72 (M)185                 | 03:59:05         | 10.61         |
| 73                  | 566           | GRZEĐA TOMASZ               | SZYĐŁOWIEC              | POL             | LENIWCE TEAM                          | 78             | M30/73 (M)188                 | 03:59:18         | 10.60         |
| 74                  | 210           | KOWALSKI PAWEŁ              | ŁÓDŹ                    | POL             | SKT 'PŁAZIK' & MAWOS MARATON TEAM     | 74             | M30/74 (M)189                 | 03:59:20         | 10.58         |
| 75                  | 448           | MUCHA TOMASZ                | JANÓW LUBELSKI          | POL             |                                       | 74             | M30/75 (M)195                 | 04:00:12         | 10.55         |
| 76                  | 509           | MSTOWSKI MACIEJ             | SOSNOWIEC               | POL             | KSR OMEGA                             | 77             | M30/76 (M)199                 | 04:01:01         | 10.52         |
| 77                  | 407           | ŁUCZAK ŁUKASZ               | ŁÓDŹ                    | POL             | BSH SPORT TEAM                        | 78             | M30/77 (M)200                 | 04:01:30         | 10.49         |
| 78                  | 192           | DEDERKO PIOTR               | BIALYSTOK               | POL             | STRAŹ GRANICZNA BIALYSTOK             | 72             | M30/78 (M)203                 | 04:02:32         | 10.46         |
| 79                  | 508           | KUCZYŃSKI MARCIN            | JABLONNA                | POL             |                                       | 78             | M30/79 (M)204                 | 04:03:03         | 10.45         |
| 80                  | 184           | PANOCHA DANIEL              | TARNÓW                  | POL             |                                       | 78             | M30/80 (M)206                 | 04:03:14         | 10.42         |
| 81                  | 140           | BLADOSZEWSKI CEZARY         | WŁOCŁAWEK               | POL             | DREPTACZ ZAZAMCZE                     | 77             | M30/81 (M)207                 | 04:04:09         | 10.39         |
| 82                  | 92            | WYPYCH ARKADIUSZ            | PIOTRKÓW                | POL             |                                       | 78             | M30/82 (M)208                 | 04:04:40         | 10.35         |
| 83                  | 334           | SZAMBURSKI MAKSYMILIAN      | WARSZAWA                | POL             |                                       | 72             | M30/83 (M)210                 | 04:05:31         | 10.32         |
| 84                  | 355           | BŁACHEWICZ MARCIN           | BYDGOSZCZ               | POL             |                                       | 75             | M30/84 (M)211                 | 04:05:34         | 10.32         |
| 85                  | 331           | SMIT MACIEJ                 | KONSTANTYNÓW ŁÓDZKI     | POL             |                                       | 73             | M30/85 (M)214                 | 04:06:27         | 10.29         |
| 86                  | 57            | ANDRZEJCZAK RAFAŁ           | PABIANICE               | POL             | KORONA PABIANICE                      | 74             | M30/86 (M)215                 | 04:06:34         | 10.29         |
| 87                  | 61            | KACZMARSKI JAROSŁAW         | TOMASZÓW                | POL             |                                       | 74             | M30/87 (M)218                 | 04:06:57         | 10.27         |
| 88                  | 524           | KISIEL TOMASZ               | WOLA ZARADZYŃSKA        | POL             | NIEZRZESZONY                          | 78             | M30/88 (M)219                 | 04:07:03         | 10.26         |
| 89                  | 271           | KAMIŃSKI ROBERT             | WARSZAWA                | POL             |                                       | 76             | M30/89 (M)221                 | 04:07:17         | 10.25         |
| 90                  | 605           | SZOTA WOJCIECH              | WARSZAWA                | POL             | ART PROFI TEAM                        | 74             | M30/90 (M)225                 | 04:07:58         | 10.23         |
| 91                  | 52            | BOSKO MARCIN                | PIASECZNO               | POL             | POGROMCY NIEMOCY                      | 74             | M30/91 (M)230                 | 04:08:53         | 10.19         |
| 92                  | 354           | POSMAN RAFAŁ                | WAŁBRZYCH               | POL             |                                       | 76             | M30/92 (M)234                 | 04:10:01         | 10.13         |
| 93                  | 22            | KASPERCZAK KRZYSZTOF        | ŁÓDŹ                    | POL             | KB ARTURÓWEK ŁÓDŹ                     | 74             | M30/93 (M)240                 | 04:11:42         | 10.08         |
| 94                  | 239           | MULARCZYK MARCIN            | ŁÓDŹ                    | POL             | BIEGACZ NOWOSOLNA                     | 76             | M30/94 (M)247                 | 04:13:51         | 9.99          |
| 95                  | 558           | KOBIERSKI RADOSŁAW          | WARSZAWA                | POL             |                                       | 79             | M30/95 (M)258                 | 04:16:18         | 9.90          |
| 96                  | 34            | KUCHARSKI MAREK             | KLWÓW                   | POL             |                                       | 75             | M30/96 (M)259                 | 04:16:43         | 9.87          |
| 97                  | 490           | CROZIER JOHN                | INOWŁODZ                | POL             |                                       | 72             | M30/97 (M)262                 | 04:17:13         | 9.85          |
| 98                  | 538           | SOTEK MAREK                 | WARSZAWA                | POL             |                                       | 73             | M30/98 (M)263                 | 04:17:20         | 9.85          |
| 99                  | 260           | STOLECKI PIOTR              | BELCHATÓW               | POL             | KB SPARTAKUS BELCHATÓW/DRUŹYNA SZPIKU | 79             | M30/99 (M)264                 | 04:17:22         | 9.85          |
| 100                 | 531           | NOWAK PAWEŁ                 | SZCZECIN                | POL             |                                       | 77             | M30/100 (M)265                | 04:17:35         | 9.85          |
| 101                 | 547           | WRYK STANISŁAW              | POZNAŃ                  | POL             |                                       | 81             | M30/101 (M)271                | 04:19:02         | 9.79          |
| 102                 | 151           | CHRUŚCIEL WOJCIECH          | POZNAŃ                  | POL             | RUTYNORUNNERS                         | 80             | M30/102 (M)276                | 04:20:55         | 9.72          |
| 103                 | 383           | SZWAST DARIUSZ              | WARSZAWA                | POL             |                                       | 73             | M30/103 (M)277                | 04:21:09         | 9.72          |
| 104                 | 598           | ZIĘBA BOGUMIŁ               | ŁÓDŹ                    | POL             | INOVATICA                             | 78             | M30/104 (M)278                | 04:21:10         | 9.70          |
| 105                 | 428           | WOŁOWSKI MARIUSZ            | WYGLĘDY                 | POL             | DOWÓDZTWO GARNIZONU WARSZAWA          | 73             | M30/105 (M)287                | 04:23:05         | 9.64          |
| 106                 | 112           | DYGOĐŃ PRZEMYSŁAW           | WARSZAWA                | POL             | ACCELERATE                            | 74             | M30/106 (M)289                | 04:23:22         | 9.63          |
| 107                 | 551           | ROGACZ ŁUKASZ               | DĄBROWA GÓRNICZA        | POL             |                                       | 75             | M30/107 (M)292                | 04:24:50         | 9.58          |
| 108                 | 264           | BAŃBURA PIOTR               | KOŃSKIE                 | POL             | PASAT KOŃSKIE                         | 79             | M30/108 (M)293                | 04:25:08         | 9.56          |
| 109                 | 442           | KLIMCZAK MARCIN             | ŁÓDŹ                    | POL             |                                       | 76             | M30/109 (M)296                | 04:25:46         | 9.55          |
| 110                 | 73            | KLUSZCZYŃSKI RAFAŁ          | WARSZAWA                | POL             |                                       | 73             | M30/110 (M)297                | 04:25:52         | 9.54          |
| 111                 | 255           | ZIELONKA BOGUMIŁ            | PIOTRKÓW                | POL             | ŁOWCY MARATONÓW                       | 72             | M30/111 (M)299                | 04:25:59         | 9.54          |

| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>            | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|--------------------------------|----------------|-------------------------------|------------------|---------------|
| 112                 | 492           | KOWALCZYK KRZYSZTOF         | SKIERNIEWICE            | POL             | TRUCHT MARATON SKIERNIEWICE    | 72             | M30/112 (M)300                | 04:26:11         | 9.53          |
| 113                 | 97            | SOCHA WOJCIECH              | ŁÓDŹ                    | POL             | LURBEL RUNNING TEAM            | 77             | M30/113 (M)310                | 04:28:18         | 9.45          |
| 114                 | 526           | TRUSZKOWSKI MAREK           | ŁÓDŹ                    | POL             | DENTAL TEAM                    | 74             | M30/114 (M)311                | 04:28:26         | 9.45          |
| 115                 | 432           | GRANCOW WOJCIECH            | ŁÓDŹ                    | POL             |                                | 75             | M30/115 (M)312                | 04:28:33         | 9.44          |
| 116                 | 249           | GŁOWACKI TOMASZ             | ŁÓDŹ                    | POL             | NIEZRZESZONY                   | 76             | M30/116 (M)313                | 04:28:39         | 9.44          |
| 117                 | 512           | SZYMCZAK PIOTR              | ŁÓDŹ                    | POL             | CROSS ŁÓDŹ                     | 79             | M30/117 (M)314                | 04:28:50         | 9.44          |
| 118                 | 30            | BONIK PAWEŁ                 | WARSZAWA                | POL             | PĘDZĄCE CHOMIKI                | 74             | M30/118 (M)316                | 04:28:54         | 9.43          |
| 119                 | 301           | ŁUKASZEWSKI MAREK           | BELCHATÓW               | POL             | K.B. SPARTAKUS BELCHATÓW       | 76             | M30/119 (M)318                | 04:29:15         | 9.41          |
| 120                 | 35            | CHRABELSKI PIOTR            | PABIANICE               | POL             | KORONA PABIANICE               | 77             | M30/120 (M)319                | 04:29:17         | 9.42          |
| 121                 | 581           | WITASZEK WOJCIECH           | ŁÓDŹ                    | POL             | OZORKÓW                        | 78             | M30/121 (M)329                | 04:31:52         | 9.33          |
| 122                 | 51            | MAKOWSKI MACIEJ             | BĘDKÓW                  | POL             |                                | 81             | M30/122 (M)333                | 04:32:23         | 9.31          |
| 123                 | 254           | KOZA KONRAD                 | ŁOWICZ                  | POL             |                                | 81             | M30/123 (M)334                | 04:33:23         | 9.29          |
| 124                 | 540           | TAIPALE PEKKA               | WARSZAWA                | POL             | ACCELERATE KB ACCENTURE        | 78             | M30/124 (M)337                | 04:33:37         | 9.27          |
| 125                 | 56            | STANKIEWICZ ANDRZEJ         | ŁÓDŹ                    | POL             | RUNNING BUNNIES                | 74             | M30/125 (M)349                | 04:36:56         | 9.16          |
| 126                 | 433           | GRADOWSKI WOJCIECH          | ŁÓDŹ                    | POL             |                                | 73             | M30/126 (M)354                | 04:38:19         | 9.11          |
| 127                 | 559           | KAŻMIERCZUK GRZEGORZ        | WROCLAW                 | POL             |                                | 77             | M30/127 (M)356                | 04:38:31         | 9.11          |
| 128                 | 446           | KOZŁOWSKI PIOTR             | ŁÓDŹ                    | POL             |                                | 77             | M30/128 (M)364                | 04:40:52         | 9.02          |
| 129                 | 247           | BRZOZOWSKI SZYMON           | ZALASEWO                | POL             | DRUŻYNA SZPIKU                 | 72             | M30/129 (M)368                | 04:41:44         | 9.01          |
| 130                 | 591           | STRÓŻYŃSKI TOMASZ           | ZGIERZ                  | POL             |                                | 78             | M30/130 (M)370                | 04:42:24         | 8.99          |
| 131                 | 374           | WALKOWIAK DARIUSZ           | ŁÓDŹ                    | POL             |                                | 78             | M30/131 (M)373                | 04:43:48         | 8.93          |
| 132                 | 408           | SOWIŃSKI SEBASTIAN          | ZDZIESZULICE GÓRNE      | POL             |                                | 78             | M30/132 (M)374                | 04:43:51         | 8.93          |
| 133                 | 467           | PRZEGALIŃSKI MACIEJ         | ŁÓDŹ                    | POL             |                                | 74             | M30/133 (M)375                | 04:44:04         | 8.93          |
| 134                 | 478           | KACZMAREK ROBERT            | ŁÓDŹ                    | POL             | 'JASTRZĄB' 32BLOTT ŁASK        | 78             | M30/134 (M)379                | 04:46:48         | 8.84          |
| 135                 | 340           | MIKOŁAJCZYK ADAM            | POZNAŃ                  | POL             | WSPWŁĄD. POZNAŃ                | 80             | M30/135 (M)381                | 04:47:17         | 8.82          |
| 136                 | 63            | SIENKIEWICZ KRZYSZTOF       | ŁÓDŹ                    | POL             |                                | 81             | M30/136 (M)386                | 04:48:37         | 8.79          |
| 137                 | 321           | MANDECKI JAKUB              | WARSZAWA                | POL             |                                | 78             | M30/137 (M)390                | 04:50:11         | 8.74          |
| 138                 | 344           | JELENIOWICZ PIOTR           | PŁOCK                   | POL             |                                | 78             | M30/138 (M)399                | 04:54:14         | 8.62          |
| 139                 | 212           | ŻYCHLIŃSKI MIŁOSZ           | ŁÓDŹ                    | POL             |                                | 73             | M30/139 (M)400                | 04:54:42         | 8.60          |
| 140                 | 266           | MINIAK RAFAŁ                | TOMASZÓW                | POL             | KB 'OLIMP' TOMASZÓW MAZOWIECKI | 79             | M30/140 (M)409                | 04:56:56         | 8.54          |
| 141                 | 600           | MISIAK PIOTR                | JÓZEFÓW                 | POL             | DEALER SPORT                   | 72             | M30/141 (M)413                | 04:57:30         | 8.53          |
| 142                 | 103           | PODGÓRSKI PAWEŁ             | WASZAWA                 | POL             |                                | 81             | M30/142 (M)414                | 04:57:40         | 8.52          |
| 143                 | 401           | WASIELEWSKI MAREK           | ŁÓDŹ                    | POL             |                                | 75             | M30/143 (M)415                | 04:58:01         | 8.51          |
| 144                 | 286           | ŁĄTKOWSKI KRZYSZTOF         | POZNAŃ                  | POL             | KB MANIAC POZNAŃ               | 79             | M30/144 (M)423                | 05:00:02         | 8.46          |
| 145                 | 456           | TOMCZYK ARKADIUSZ           | ŁÓDŹ                    | POL             | BIEGACZ NOWOSOLNA              | 73             | M30/145 (M)430                | 05:06:11         | 8.27          |
| 146                 | 55            | RADZIKOWSKI MACIEJ          | ŁÓDŹ                    | POL             | PEKAOEKIPA                     | 75             | M30/146 (M)433                | 05:06:42         | 8.28          |
| 147                 | 454           | FIRAZA MAREK                | ŁÓDŹ                    | POL             |                                | 73             | M30/147 (M)435                | 05:10:54         | 8.15          |
| 148                 | 533           | STASZAK JACEK               | WRZEŚNIA                | POL             |                                | 73             | M30/148 (M)436                | 05:12:38         | 8.12          |
| 149                 | 198           | KERNSTEIN MICHAŁ            | ŁÓDŹ                    | POL             |                                | 76             | M30/149 (M)439                | 05:12:54         | 8.11          |
| 150                 | 213           | LEWANDOWSKI GRZEGORZ        | ŁÓDŹ                    | POL             | NIEZRZESZONY                   | 73             | M30/150 (M)441                | 05:14:32         | 8.05          |
| 151                 | 60            | MIELCZAREK JAKUB            | ŁÓDŹ                    | POL             |                                | 80             | M30/151 (M)444                | 05:18:04         | 7.98          |
| 152                 | 27            | MICHAŁOWICZ TOMASZ          | ŁÓDŹ                    | POL             |                                | 75             | M30/152 (M)445                | 05:23:06         | 7.85          |
| 153                 | 268           | ADAMSKI KAROL               | POZNAŃ                  | POL             |                                | 80             | M30/153 (M)446                | 05:23:29         | 7.84          |
| 154                 | 584           | SZYNGLER SEBASTIAN          | TOMASZÓW                | POL             | WKB-FRAJDA                     | 74             | M30/154 (M)449                | 05:25:09         | 7.80          |
| 155                 | 596           | MEJ PAWEŁ                   | BACZKÓW K. BOCHNI       | POL             | NIEZRZESZONY BIEGAM BOSO       | 72             | M30/155 (M)455                | 05:36:36         | 7.52          |
| 156                 | 532           | LEJK PAWEŁ                  | WOLA DUCKA              | POL             |                                | 79             | M30/156 (M)456                | 05:38:20         | 7.50          |
| 157                 | 342           | GRZELIŃSKI MACIEJ           | HERMANÓW                | POL             |                                | 81             | M30/157 (M)457                | 05:38:33         | 7.49          |
| 158                 | 588           | PIETRASIK DOMINIK           | SOKOLNIKI LAS           | POL             |                                | 76             | M30/158 (M)458                | 05:39:59         | 7.46          |
| 159                 | 483           | BORKOWSKI CEZARY            | ŁÓDŹ                    | POL             |                                | 73             | M30/159 (M)461                | 05:45:28         | 7.34          |

### Maraton Mężczyźni KATEGORIA:M20

|   |     |                     |          |     |                  |    |             |          |       |
|---|-----|---------------------|----------|-----|------------------|----|-------------|----------|-------|
| 1 | 4   | LIMO SAMMY          | NAIROBI  | KEN |                  | 87 | M20/1 (M)1  | 02:16:39 | 18.53 |
| 2 | 6   | DAUDI JOSEPH        | ARUSZA   | TAN |                  | 86 | M20/2 (M)2  | 02:21:21 | 17.91 |
| 3 | 2   | SHAFAR WITALIY      | KIJEV    | UKR |                  | 82 | M20/3 (M)4  | 02:26:24 | 17.29 |
| 4 | 489 | BIESIADA PAWEŁ      | KRZĘCIN  | POL | ZRZESZENI        | 87 | M20/4 (M)26 | 03:15:10 | 12.98 |
| 5 | 307 | MARYAŃSKI KRZYSZTOF | RYBNIK   | POL |                  | 83 | M20/5 (M)29 | 03:20:00 | 12.66 |
| 6 | 203 | JASIEWICZ TOMASZ    | SIERADZ  | POL |                  | 82 | M20/6 (M)49 | 03:27:00 | 12.24 |
| 7 | 111 | ZĄBECKI PRZEMYSŁAW  | TOMASZÓW | POL | PO CO TYLE LATAĆ | 82 | M20/7 (M)54 | 03:29:56 | 12.07 |
| 8 | 24  | KWIATEK TOMASZ      | PRUSZKÓW | POL | PRUSZKÓW         | 82 | M20/8 (M)63 | 03:34:10 | 11.83 |
| 9 | 450 | KLIMIUK GRZEGORZ    | WISKITKI | POL | NIEZRZESZONY     | 86 | M20/9 (M)69 | 03:36:08 | 11.74 |



| <b>Miejsce Rank</b> | <b>Nr Bib</b> | <b>Nazwisko i imię Name</b> | <b>Miejscowość City</b> | <b>Kraj Nat</b> | <b>Drużyna Team</b>                                 | <b>R-k YoB</b> | <b>W kategorii in Age Sex</b> | <b>Czas Time</b> | <b>[km/h]</b> |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|---|----------------|-------------------------------|------------------|---------------|
| 10                  | 563           | KULAK PRZEMYSŁAW            | ŁÓDŹ                    | POL             |   | 86             | M20/10 (M)89                  | 03:43:20         | 11.35         |
| 11                  | 21            | PAWLAK MICHAŁ               | PABIANICE               | POL             | KORONA PABIANICE                                    | 83             | M20/11 (M)94                  | 03:44:21         | 11.31         |
| 12                  | 521           | MITROFANIUK MAREK           | NIEMOJKI                | POL             | YULO RUN TEAM SIEDLCE                               | 83             | M20/12 (M)97                  | 03:44:54         | 11.27         |
| 13                  | 314           | WITCZAK BARTŁOMIEJ          | BUKOWIEC                | POL             |   | 84             | M20/13 (M)101                 | 03:45:45         | 11.22         |
| 14                  | 356           | KAMIZIELAK MACIEJ           | POZNAŃ                  | POL             |   | 84             | M20/14 (M)105                 | 03:46:25         | 11.20         |
| 15                  | 257           | KOCHANOWSKI BARTŁOMIEJ      | ŁÓDŹ                    | POL             | KB ARTURÓWEK ŁÓDŹ                                   | 82             | M20/15 (M)107                 | 03:46:33         | 11.19         |
| 16                  | 424           | STELMASZYK BŁAŻEJ           | DĄBROWA GÓRNICZA        | POL             |   | 84             | M20/16 (M)114                 | 03:48:28         | 11.09         |
| 17                  | 133           | DYBAŁA MACIEJ               | BELCHATÓW               | POL             | AZS UAM   | 87             | M20/17 (M)122                 | 03:49:31         | 11.04         |
| 18                  | 229           | BEŚKA MARCIN                | PABIANICE               | POL             |   | 82             | M20/18 (M)143                 | 03:53:42         | 10.85         |
| 19                  | 305           | BRZEZIŃSKI MACIEJ           | ŚLESIN                  | POL             | LOKALNA GRUPA LEKKOATLETYCZNA IM. HANNIBALA LECTERA | 85             | M20/19 (M)146                 | 03:53:55         | 10.83         |
| 20                  | 487           | KOWALSKI PIOTR              | SOSNOWIEC               | POL             |   | 83             | M20/20 (M)153                 | 03:54:56         | 10.79         |
| 21                  | 202           | NIEMCZYK DAMIAN             | WARSZAWA                | POL             | SPORT BALANCE                                       | 83             | M20/21 (M)163                 | 03:56:14         | 10.72         |
| 22                  | 76            | NOWAK JACEK                 | ŁÓDŹ                    | POL             |   | 89             | M20/22 (M)166                 | 03:57:08         | 10.70         |
| 23                  | 390           | ZARĘBA ADAM                 | SZCZECINEK              | POL             |   | 86             | M20/23 (M)170                 | 03:57:34         | 10.68         |
| 24                  | 154           | BREWKA MARIUSZ              | ŁÓDŹ                    | POL             | DRUŻYNA SZPIKU                                      | 84             | M20/24 (M)171                 | 03:57:40         | 10.66         |
| 25                  | 416           | BUSZEWSKI JAKUB             | WARSZAWA                | POL             |   | 86             | M20/25 (M)174                 | 03:58:04         | 10.65         |
| 26                  | 527           | KALASKA MACIEJ              | GARWOLIN                | POL             |   | 83             | M20/26 (M)186                 | 03:59:16         | 10.60         |
| 27                  | 371           | MATYSIAK PAWEŁ              | ŻYRARDÓW                | POL             | BEZIEMIENI  | 84             | M20/27 (M)192                 | 03:59:48         | 10.57         |
| 28                  | 319           | SĘCZKOWSKI DOMINIK          | ŁÓDŹ                    | POL             | SCHODKI ŁÓDŹ  | 89             | M20/28 (M)201                 | 04:02:13         | 10.47         |
| 29                  | 548           | WDÓWKA DANIEL               | KONSTANTYNÓW            | POL             | SZAKALE BALUT ŁÓDŹ/AZS WSIF                         | 88             | M20/29 (M)209                 | 04:05:00         | 10.37         |
| 30                  | 219           | SKOWRON WOJCIECH            | RADOMSKO                | POL             |   | 88             | M20/30 (M)216                 | 04:06:54         | 10.28         |
| 31                  | 452           | TOSIK WITOLD                | ŁÓDŹ                    | POL             | BRE RUNNERS   | 82             | M20/31 (M)229                 | 04:08:44         | 10.20         |
| 32                  | 287           | BRZESKI RAFAŁ               | KONSTANTYNÓW ŁÓDŹSKI    | POL             |   | 90             | M20/32 (M)232                 | 04:09:21         | 10.18         |
| 33                  | 379           | FRĘCH TOMASZ                | PABIANICE               | POL             |   | 86             | M20/33 (M)235                 | 04:10:21         | 10.14         |
| 34                  | 241           | JANUS MACIEJ                | SŁUPIA                  | POL             |   | 90             | M20/34 (M)239                 | 04:11:29         | 10.09         |
| 35                  | 108           | SOBCZAK ROBERT              | ŁÓDŹ                    | POL             |   | 82             | M20/35 (M)246                 | 04:13:42         | 10.00         |
| 36                  | 549           | LEŚNIEWICZ TOMASZ           | WISKITKI                | POL             |   | 89             | M20/36 (M)254                 | 04:14:37         | 9.96          |
| 37                  | 317           | KRZYWIK ZBIGNIEW            | ALEKSANDRÓW ŁÓDŹSKI     | POL             |   | 86             | M20/37 (M)270                 | 04:18:33         | 9.81          |
| 38                  | 604           | MIELCZARSKI BARTOSZ         | WARSZAWA                | POL             |   | 84             | M20/38 (M)273                 | 04:19:36         | 9.76          |
| 39                  | 197           | PIECHOCKI PIOTR             | ZGIERZ                  | POL             |   | 83             | M20/39 (M)275                 | 04:20:50         | 9.73          |
| 40                  | 131           | KUBIK MICHAŁ                | ŁÓDŹ                    | POL             |   | 84             | M20/40 (M)279                 | 04:21:20         | 9.71          |
| 41                  | 506           | GARCIA JONATHAN             | LAKE JACKSON            | USA             |   | 84             | M20/41 (M)283                 | 04:22:21         | 9.66          |
| 42                  | 161           | KOTYŃSKI ŁUKASZ             | WOŁOMIN                 | POL             |   | 84             | M20/42 (M)285                 | 04:22:46         | 9.64          |
| 43                  | 236           | BRZEZIŃSKI ŁUKASZ           | PABIANICE               | POL             |   | 87             | M20/43 (M)290                 | 04:23:50         | 9.62          |
| 44                  | 519           | KARGOL MARCIN               | POZNAŃ                  | POL             | PACEMAKER / DRUŻYNA SZPIKU                          | 85             | M20/44 (M)321                 | 04:29:18         | 9.42          |
| 45                  | 575           | OGIŃSKI ARTUR               | KONSTANTYNÓW ŁÓDŹSKI    | POL             |   | 86             | M20/45 (M)323                 | 04:30:10         | 9.39          |
| 46                  | 208           | CZEKAJ TOMASZ               | ŁÓDŹ                    | POL             | KS AZS UM ŁÓDŹ                                      | 87             | M20/46 (M)328                 | 04:31:13         | 9.35          |
| 47                  | 311           | MATYSIAK MICHAŁ             | TOMASZÓW                | POL             |   | 84             | M20/47 (M)331                 | 04:32:16         | 9.31          |
| 48                  | 396           | POLKA RADOSŁAW              | PODDĘBICE               | POL             | GRACZE  | 84             | M20/48 (M)335                 | 04:33:25         | 9.28          |
| 49                  | 233           | GAŁKA TOMASZ                | ŁÓDŹ                    | POL             | CAPOEIRA UNICAR                                     | 87             | M20/49 (M)336                 | 04:33:32         | 9.27          |
| 50                  | 45            | AULAK MICHAŁ                | ŁÓDŹ                    | POL             |   | 83             | M20/50 (M)339                 | 04:33:56         | 9.26          |
| 51                  | 494           | KOSMOWSKI KAMIL PATRYK      | ŁÓDŹ                    | POL             |   | 85             | M20/51 (M)348                 | 04:36:25         | 9.17          |
| 52                  | 552           | KOŁODZIEJCZYK EMIL          | RADOM                   | POL             |   | 89             | M20/52 (M)360                 | 04:39:48         | 9.07          |
| 53                  | 42            | MOSÓR SŁAWOMIR              | WARSZAWA                | POL             |   | 83             | M20/53 (M)365                 | 04:41:03         | 9.02          |
| 54                  | 580           | MATUSIAK DANIEL             | ŁÓDŹ                    | POL             |   | 84             | M20/54 (M)369                 | 04:42:06         | 9.00          |
| 55                  | 336           | PASTUSZKA PAWEŁ             | SIENNO                  | POL             |   | 91             | M20/55 (M)372                 | 04:43:12         | 8.96          |
| 56                  | 123           | GARBARCZYK KAMIL            | TARCHAŁY WIELKIE        | POL             | LZD TARCHALANKA                                     | 87             | M20/56 (M)377                 | 04:45:49         | 8.86          |
| 57                  | 240           | GIERAS ADAM                 | ZGIERZ                  | POL             |   | 93             | M20/57 (M)397                 | 04:53:03         | 8.66          |
| 58                  | 488           | SZPRUCH BŁAŻEJ              | ŁÓDŹ                    | POL             | NIEZRZESZONY  | 86             | M20/58 (M)398                 | 04:53:03         | 8.65          |
| 59                  | 40            | SKOKOWSKI ROBERT            | ŁÓDŹ                    | POL             |   | 88             | M20/59 (M)403                 | 04:55:01         | 8.60          |
| 60                  | 23            | SZMELIK KAROL               | TYCHY                   | POL             |   | 89             | M20/60 (M)418                 | 04:58:43         | 8.50          |
| 61                  | 106           | BAKOWSKI ŁUKASZ             | LUTOSŁAWICE             | POL             |   | 87             | M20/61 (M)421                 | 04:59:57         | 8.46          |
| 62                  | 470           | KRALKOWSKI BOGDAN           | ŁÓDŹ                    | POL             |   | 86             | M20/62 (M)426                 | 05:00:48         | 8.43          |
| 63                  | 411           | NOWAK SYLWESTER             | ŁÓDŹ                    | POL             |   | 85             | M20/63 (M)428                 | 05:03:47         | 8.36          |
| 64                  | 320           | DOBIESZ ARTUR               | ŁÓDŹ                    | POL             | VOBOLOT ŁÓDŹ  | 89             | M20/64 (M)432                 | 05:06:18         | 8.28          |
| 65                  | 141           | STANO PRZEMYSŁAW            | PABIANICE               | POL             | KORONA PABIANICE                                    | 89             | M20/65 (M)440                 | 05:14:28         | 8.07          |
| 66                  | 410           | JANICKI TOMASZ              | ŁÓDŹ                    | POL             |   | 84             | M20/66 (M)460                 | 05:45:26         | 7.35          |