

XXI BIEG NIEPODLEGŁOŚCI 2009

WYNIKI ZAWODÓW

Bieg 10km



Organizator: WOSIR

Termin: 11 listopada 2009

Miejsce: Warszawa

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1	3067	WÓJCİK Rafał	KIELCE	TIMEX KKL	72	M30/1	(M)1	00:30:27	00:30:27	19.70	00:15:26 / 1 [19.44]
2	57	SMALEC Michał		VIP	09		(M)2	00:30:42	00:30:40	19.57	00:15:32 / 2 [19.31]
3	3069	POCZWARDOWSKI Kamil	SZCZUTOWO	KB SPORTING	84	M20/1	(M)3	00:30:53	00:30:52	19.44	00:15:50 / 4 [18.95]
4	3729	WIŚNIEWSKI Jakub	WARSZAWA	KS WARSZAWIANKA	77	M30/2	(M)4	00:30:58	00:30:57	19.39	00:15:50 / 3 [18.95]
5	5463	DOMIŃCZAK Patryk	ŁOWICZ	AMD NTT SYSTEM	85	M20/2	(M)5	00:32:08	00:32:05	18.70	00:16:32 / 5 [18.15]
6	2895	KUFEL Marcin	NOWA IWICZNA	ENTRE.PL TEAM	79	M30/3	(M)6	00:32:16	00:32:14	18.61	00:16:33 / 8 [18.13]
7	3484	DOBROWOLSKI Emil	CHOTOMÓW		86	M20/3	(M)7	00:32:45	00:32:43	18.34	00:16:33 / 6 [18.13]
8	6151	ANDRZEJUK Bogusław	PODLASIE BIAŁYSTOK		75	M30/4	(M)8	00:32:58	00:32:56	18.22	00:16:33 / 7 [18.13]
9	5135	POLAK Sebastian	WARSZAWA	KB GYMNASION WARSZAWA	80	M20/4	(M)9	00:33:18	00:33:16	18.04	00:17:07 / 10 [17.53]
10	5229	SZRAMA Dariusz	OBORNIKI WLKP.	LEŚNE LUDKI	79	M30/5	(M)10	00:33:22	00:33:22	17.98	00:16:46 / 9 [17.89]
11	5310	ŚWIECAK ROBERT	ZWOLA	HARPAGAN ZWOLA	80	M20/5	(M)11	00:33:41	00:33:40	17.82	00:17:07 / 11 [17.53]
12	5048	KALASZCZYŃSKI Łukasz	PŁOCK	KB NIKE / LASEK BIELAŃSKI	84	M20/6	(M)12	00:33:50	00:33:50	17.70	00:17:21 / 12 [17.29]
				TEAM							
13	5241	BARTOSZAK Michał	KIEKRZ	SAUCONY TEAM	70	M30/6	(M)13	00:34:21	00:34:21	17.21	00:17:31 / 15 [17.13]
14	2462	BLADOS Tomasz	KONSTANCIN -	GWARDIA WARSZAWA	83	M20/7	(M)14	00:34:35	00:34:32	17.37	00:17:31 / 14 [17.13]
15	4826	CELIŃSKI Aleksander	WARSZAWA - ANIN	BYLEDOBIEC ANIN	84	M20/8	(M)15	00:34:37	00:34:35	17.35	00:17:41 / 16 [16.97]
16	910	LIPIEC Tomasz	WARSZAWA		71	M30/7	(M)16	00:34:41	00:34:39	17.32	00:17:42 / 17 [16.95]
17	3059	GRYGO Paweł			09		(M)17	00:34:43	00:34:41	17.30	00:18:04 / 22 [16.61]
18	3058	GORTEL Agnieszka			09		(K)1	00:34:44	00:34:42	17.29	00:18:03 / 21 [16.62]
19	4078	KLER Sebastian	DOBRODZIĘN	WKB META-KLER LUBLINIEC	76	M30/8	(M)18	00:34:49	00:34:47	17.25	00:17:31 / 13 [17.13]
20	3534	JAKUBCZAK Anna	NOWA IWICZNA	AGROS ZAMOŚĆ	73	K30/1	(K)2	00:34:51	00:34:49	17.23	00:18:04 / 23 [16.61]
21	2983	WAŚ Robert	WARSZAWA		71	M30/9	(M)19	00:35:11	00:35:10	17.06	00:17:57 / 19 [16.71]
22	2463	JAKUBOWSKI Piotr	WARSZAWA	GWARDIA WARSZAWA	78	M30/10	(M)20	00:35:11	00:35:08	17.08	00:17:51 / 18 [16.81]
23	760	PRZEPIÓRA Sebastian	GORLICE		73	M30/11	(M)21	00:35:16	00:35:14	17.03	00:18:03 / 20 [16.62]
24	2055	ZASADZIŃSKI Radosław	SZCZECIN	DASOFT.S.A.	82	M20/9	(M)22	00:35:38	00:35:35	16.86	00:18:04 / 24 [16.61]
25	5005	OCHOCIŃSKI Mariusz	WŁOCŁAWEK	NIEZRZESZONY	73	M30/12	(M)23	00:35:54	00:35:47	16.77	00:18:29 / 28 [16.23]
26	1155	LISAK Krzysztof	RADOM	OTK RZEŹNIK	83	M20/10	(M)24	00:35:57	00:35:43	16.80	00:18:31 / 29 [16.20]
27	425	CELIŃSKI Adam	OTWOCK		64	M40/1	(M)25	00:36:11	00:36:09	16.60	00:18:32 / 32 [16.19]
28	5871	OGONOWSKI Szymon	CIECHANÓW		86	M20/11	(M)26	00:36:16	00:36:15	16.55	00:18:28 / 27 [16.25]
29	2917	CHRABAŁOWSKI Jarosław	WARSZAWA	KB GYMNASION WARSZAWA	85	M20/12	(M)27	00:36:17	00:36:04	16.64	00:18:43 / 38 [16.03]
30	5715	KRÓL Dariusz	WOŁOMIN	TOWARZYSTWO AKTYWNY RELAKS WOŁOMIN	64	M40/2	(M)28	00:36:20	00:36:17	16.54	00:18:32 / 33 [16.19]
31	3768	CZEŚNIK Maria	SZCZECIN	KS BIURO PODRÓŻY AS	77	K30/2	(K)3	00:36:30	00:36:28	16.45	00:18:21 / 26 [16.35]
32	5775	MAKOWSKI michał	WARSZAWA		85	M20/13	(M)29	00:36:33	00:36:32	16.42	00:18:09 / 25 [16.53]
33	6563	KAMIŃSKI Paweł	RADOM		80	M20/14	(M)30	00:36:34	00:36:32	16.42	00:18:33 / 35 [16.17]
34	6357	WÓJCİK Tomasz	RUDZE	RUDZE	84	M20/15	(M)31	00:36:37	00:36:35	16.40	00:18:32 / 34 [16.19]
35	388	RUDNIK Maciej	WARSZAWA	WARSZAWIAKY	70	M30/13	(M)32	00:36:46	00:36:41	16.36	00:18:49 / 39 [15.94]
36	5015	MAZUREK Mariusz	KALISZ	SS TRIATHLON DELFIN KALISZ	70	M30/14	(M)33	00:36:46	00:36:37	16.39	00:18:31 / 30 [16.20]
37	5333	BALATKA KRZYSZTOF	KUTNO		85	M20/16	(M)34	00:36:47	00:36:45	16.33	00:18:31 / 31 [16.20]
38	3603	DRABCZYK Szymon	WARSZAWA		60	M40/3	(M)35	00:36:54	00:36:52	16.27	00:18:35 / 36 [16.14]
39	4034	RAJZER Krzysztof	MARKI	ENTRE.PL TEAM	73	M30/15	(M)36	00:36:55	00:36:42	16.35	00:18:39 / 37 [16.09]
40	1385	BIELIŃSKI Piotr	WARSZAWA	ACTION	67	M40/4	(M)37	00:37:09	00:37:07	16.17	00:19:05 / 45 [15.72]
41	6362	ZACH Paweł	WARSZAWA	ENTRE.PL TEAM	68	M40/5	(M)38	00:37:10	00:37:09	16.15	00:19:05 / 49 [15.72]
42	5644	KIECAL Andrzej	SIEMIANOWICE	FEZ S.A. SIEMIANOWICE	71	M30/16	(M)39	00:37:11	00:37:09	16.15	00:19:05 / 48 [15.72]
43	4206	RAKOCZY Marcin	KIELCE	SPELEOKLUB ŚWIĘTOKRZYSKI	76	M30/17	(M)40	00:37:12	00:36:53	16.27	00:19:18 / 57 [15.54]
44	313	MAGIERSKI Jerzy	WARSZAWA		56	M50/1	(M)41	00:37:14	00:37:11	16.14	00:18:56 / 44 [15.85]
45	1505	CZARNECKI marcin	WARSZAWA	ART PROFI	76	M30/18	(M)42	00:37:16	00:37:12	16.13	00:18:56 / 42 [15.85]
46	2746	LEŚNIAK Adam	HALINÓW	BYLEDOBIEC ANIN	65	M40/6	(M)43	00:37:18	00:37:14	16.11	00:19:06 / 51 [15.71]
47	2651	ŁUKASIEWICZ Maciej	WARSZAWA	WARSZAWIAKY	82	M20/17	(M)44	00:37:20	00:37:14	16.11	00:18:55 / 41 [15.86]
48	4186	GALĄZKA Marcin	GARWOLIN		89	M20/18	(M)45	00:37:23	00:37:11	16.14	00:19:27 / 61 [15.42]
49	4425	MATUSZAK Jacek	WARSZAWA	BYLEDOBIEC ANIN	66	M40/7	(M)46	00:37:26	00:37:22	16.06	00:19:09 / 52 [15.67]
50	5322	ANTOSIEWICZ Robert	TOMASZÓW MAZ.		69	M40/8	(M)47	00:37:28	00:37:27	16.02	00:18:52 / 40 [15.90]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
51	1101	KOWALSKI Robert	ŻELECHÓW		91		(M)48	00:37:29	00:37:17	16.09	00:19:27 / 60 [15.42]
52	3321	WERNIK Jan	WARSZAWA	ALETEMPO	90		(M)49	00:37:41	00:37:31	15.99	00:19:05 / 46 [15.72]
53	5413	CELIŃSKI Robert	WARSZAWA-ANIN	BYLEDOBIEC ANIN	79	M30/19	(M)50	00:37:44	00:37:42	15.92	00:18:56 / 43 [15.85]
54	4	KORZENIOWSKI Robert			68	M40/9	(M)51	00:37:44	00:37:42	15.92	00:19:05 / 47 [15.72]
55	5183	ZAWODNIK DO UZUP					(M)52	00:37:46	00:37:44	15.90	00:19:05 / 50 [15.72]
56	579	PIWKO Ryszard	WARSZAWA	PARK LEŚNY BRÓDNO	65	M40/10	(M)53	00:37:50	00:37:46	15.89	00:19:17 / 56 [15.56]
57	2873	STASZEWSKI Wojciech	WARSZAWA	GAZETA WYBORCZA	67	M40/11	(M)54	00:37:54	00:37:37	15.95	00:19:45 / 71 [15.19]
58	4138	SAWICKI Piotr	WARSZAWA	9KDB ŻNIWIARZIIIIIIIIIIII44	74	M30/20	(M)55	00:37:55	00:37:55	15.82	00:19:27 / 64 [15.42]
59	5590	JACHYMZYK Norbert	JAWORZNO	KB MCKIS JAWORZNO	78	M30/21	(M)56	00:37:56	00:37:38	15.94	00:19:27 / 62 [15.42]
60	3635	NOWOCIEŃ Jacek	PODKOWA LEŚNA	GLKS NADARZYN	59	M50/2	(M)57	00:37:56	00:37:52	15.85	00:19:17 / 55 [15.56]
61	4510	SZYNAŁ Paweł	BŁONIE	LKS OLYMP BŁONIE	73	M30/22	(M)58	00:37:58	00:37:52	15.85	00:19:24 / 58 [15.46]
62	1955	GAGUCKI Bartosz	WARSZAWA		79	M30/23	(M)59	00:37:59	00:37:46	15.89	00:19:40 / 70 [15.25]
63	5853	NIEPSUJ Marcin	WŁOCŁAWEK	JW 3537	81	M20/19	(M)60	00:37:59	00:37:42	15.92	00:19:51 / 76 [15.11]
64	1451	MILEWSKI Maciek	LEGIONOWO		75	M30/24	(M)61	00:38:06	00:38:02	15.78	00:19:14 / 54 [15.60]
65	5451	DŁUGOSZ MAREK	MRAĞOWO		62	M40/12	(M)62	00:38:07	00:37:52	15.85	00:19:27 / 63 [15.42]
66	2699	WITEK Konrad	WARSZAWA	KS ENTRE.PL TEAM	74	M30/25	(M)63	00:38:08	00:37:53	15.84	00:19:39 / 69 [15.27]
67	5922	PISZCZEK Jakub	WARSZAWA	MAGDALENKA AZS POLITECHNIKA WARSZAWSKA	85	M20/20	(M)64	00:38:09	00:37:24	16.04	00:19:49 / 73 [15.14]
68	786	GLINKA Krzysztof	WARSZAWA		64	M40/13	(M)65	00:38:21	00:38:17	15.67	00:19:37 / 68 [15.29]
69	1038	JASTRZĘBSKI Krzysztof	N.DWÓR MAZ.	JOGGER	68	M40/14	(M)66	00:38:23	00:38:18	15.67	00:19:11 / 53 [15.64]
70	2115	HORDZIEJEWICZ Dariusz	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ	63	M40/15	(M)67	00:38:24	00:38:03	15.77	00:19:46 / 72 [15.18]
71	4006	PIOTROWSKI Andrzej	WARSZAWA	ENTRE.PL TEAM	72	M30/26	(M)68	00:38:24	00:37:58	15.80	00:19:57 / 83 [15.04]
72	5461	DOMAŃSKI Bartłomiej	PIASECZNO		75	M30/27	(M)69	00:38:25	00:38:06	15.75	00:19:55 / 81 [15.06]
73	517	WIECZOREK Piotr	WARSZAWA		78	M30/28	(M)70	00:38:26	00:38:22	15.64	00:19:53 / 79 [15.09]
74	5627	KALIŃSKA Renata	PIASECZNO		78	K30/3	(K)4	00:38:29	00:38:27	15.60	00:19:29 / 65 [15.40]
75	1387	BIEGANOWSKI Roman	WARSZAWA	ACTION	58	M50/3	(M)71	00:38:35	00:38:32	15.57	00:19:50 / 75 [15.13]
76	927	BRZEZIŃSKI CEZARY	WARSZAWA	BRAK	69	M40/16	(M)72	00:38:39	00:38:22	15.64	00:20:09 / 90 [14.89]
77	4545	KRAUSE Janusz	PROSTKI	MARATONKA GRAJEWO	65	M40/17	(M)73	00:38:41	00:38:23	15.63	00:19:52 / 78 [15.10]
78	2176	WYCISZKIEWICZ Piotr	JELENIA GÓRA		70	M30/29	(M)74	00:38:42	00:38:38	15.53	00:19:53 / 80 [15.09]
79	2368	SCHAB Joanna	WARSZAWA	ALETEMPO	76	K30/4	(K)5	00:38:48	00:38:32	15.57	00:19:57 / 84 [15.04]
80	6079	SZTELMACH ADAM	ŻELECHÓW		85	M20/21	(M)75	00:38:49	00:38:46	15.48	00:19:34 / 66 [15.33]
81	2954	WERONOWICZ MARIUSZ	KOZIENICE	-	76	M30/30	(M)76	00:38:51	00:38:24	15.63	00:20:16 / 97 [14.80]
82	6297	WASILEWSKI DOMINIK	WARSZAWA	ENTRE.PL TEAM	78	M30/31	(M)77	00:38:52	00:38:36	15.54	00:20:11 / 92 [14.86]
83	5168	DYMEK Rafał	WARSZAWA	POLSKA FUNDACJA IM. R. SCHUMANA	82	M20/22	(M)78	00:38:52	00:38:32	15.57	00:19:35 / 67 [15.32]
84	4853	KUBICA Adam	BIELSKO-BIAŁA	BIESZCZADZKIE JELONKI	78	M30/32	(M)79	00:38:56	00:38:53	15.43	00:19:50 / 74 [15.13]
85	5617	KĘSZKA PIOTR	KALISZ	SUPERMARATON	78	M30/33	(M)80	00:38:56	00:38:52	15.44	00:19:59 / 85 [15.01]
86	884	KAŃKI Paweł	WARSZAWA	KB GYMNASION WARSZAWA	75	M30/34	(M)81	00:38:57	00:38:35	15.55	00:20:06 / 88 [14.93]
87	4581	ROŻNOWSKI Dariusz	WARSZAWA	KB GYMNASION WARSZAWA	70	M30/35	(M)82	00:38:58	00:38:54	15.42	00:19:51 / 77 [15.11]
88	5097	GODLEWSKI Daniel	OLSZTYN	SZYBCY Z OLSZTYNA :)	75	M30/36	(M)83	00:39:00	00:38:45	15.48	00:20:27 / 104 [14.67]
89	5490	FIGAT Andrzej	KOBYŁKA		77	M30/37	(M)84	00:39:10	00:39:07	15.34	00:19:27 / 59 [15.42]
90	6165	JAROSZ ARKADIUSZ	RADOM	JW 3463 RADOM	87	M20/23	(M)85	00:39:13	00:39:11	15.31	00:20:12 / 93 [14.85]
91	4331	ŁOMIAK Piotr	WARSZAWA		71	M30/38	(M)86	00:39:14	00:38:51	15.44	00:20:27 / 103 [14.67]
92	761	PRZEPIÓRA Piotr	GORLICE		75	M30/39	(M)87	00:39:17	00:38:57	15.40	00:20:52 / 153 [14.38]
93	2021	STASZELIS Jerzy	WARSZAWA		71	M30/40	(M)88	00:39:20	00:38:57	15.40	00:20:52 / 155 [14.38]
94	6572	ZAWODNIK DO UZUP					(M)89	00:39:21	00:39:04	15.36	00:20:26 / 100 [14.68]
95	5452	DŁUGOSZ KAMIL	MRAĞOWO		86	M20/24	(M)90	00:39:26	00:38:57	15.40	00:20:46 / 144 [14.45]
96	6876	WÓJCİK Jarosław	ŁOMIANKI KIELPIN	AGR WELODROM	60	M40/18	(M)91	00:39:26	00:37:54	15.83	00:22:44 / 412 [13.20]
97	645	OPALA Przemysław Michał	STRZESZEWO		87	M20/25	(M)92	00:39:26	00:38:58	15.40	00:20:15 / 96 [14.81]
98	6334	WOJDA Sylwester	ŻELECHÓW		69	M40/19	(M)93	00:39:29	00:39:21	15.25	00:19:56 / 82 [15.05]
99	3935	BELCZEK Dariusz	LEGIONOWO		75	M30/41	(M)94	00:39:31	00:39:27	15.21	00:20:06 / 86 [14.93]
100	6568	VAN KERCKVOORDE Marnix	TOMASZÓW		55	M50/4	(M)95	00:39:33	00:39:18	15.27	00:20:35 / 115 [14.57]
101	377	ŁOBACZ Michał	BIALYSTOK		89	M20/26	(M)96	00:39:38	00:39:32	15.18	00:20:31 / 106 [14.62]
102	6011	SKARUZ Jarosław	WARSZAWA-WESOLA		77	M30/42	(M)97	00:39:38	00:39:22	15.24	00:20:35 / 111 [14.57]
103	6141	HERMAN Rafał	TARNOBRZEG		76	M30/43	(M)98	00:39:44	00:39:37	15.15	00:20:14 / 94 [14.83]
104	5470	DUBIECKI Jarema	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ	69	M40/20	(M)99	00:39:45	00:39:21	15.25	00:20:51 / 150 [14.39]
105	646	WOJDAK Robert	WARSZAWA	BIEGAMY Z OCHOTA	67	M40/21	(M)100	00:39:47	00:39:40	15.13	00:20:23 / 98 [14.72]
106	4112	ZARZECKI Adrian	TŁUSZCZ		87	M20/27	(M)101	00:39:48	00:39:24	15.23	00:20:45 / 142 [14.46]
107	3132	RZESZUTEK Marcin	TRUSKAW	GALERIA	83	M20/28	(M)102	00:39:50	00:39:45	15.09	00:20:06 / 87 [14.93]
108	5883	OWORUSZKO Jarosław	WARSZAWA	LEASEPLAN	71	M30/44	(M)103	00:39:51	00:39:51	15.06	00:20:40 / 125 [14.52]
109	4369	ŁACHUT Wojtek	MŁAWA		78	M30/45	(M)104	00:39:53	00:39:33	15.17	00:20:35 / 116 [14.57]
110	2661	SZAFARCZYK JANUSZ	DOBRODZIEN	WKB META LUBLINIEC	69	M40/22	(M)105	00:39:53	00:39:25	15.22	00:20:43 / 131 [14.48]
111	5640	KARAŚ Andrzej	SULEJÓWEK		84	M20/29	(M)106	00:39:54	00:39:15	15.29	00:21:13 / 186 [14.14]
112	5778	MALINOWSKA-SYPEK Agnieszka	WARSZAWA	NIE	72	K30/5	(K)6	00:39:55	00:39:52	15.05	00:20:09 / 91 [14.89]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
113	5293	ŚCISŁO Mariusz	KRAKÓW	KKB DYSTANS	78	M30/46	(M)107	00:39:55	00:39:32	15.18	00:21:11 / 175 [14.16]
114	6386	ZIMNY Emanuel	ŁOWICZ	KM AKTYWNI SOCHACZEW	81	M20/30	(M)108	00:40:01	00:39:49	15.07	00:20:35 / 113 [14.57]
115	4366	BŁAŻIŃSKI Witold	MLAWA		85	M20/31	(M)109	00:40:01	00:40:01	14.99	00:20:53 / 157 [14.37]
116	2139	ROSIĄK Leszek	WARSZAWA	ZIELONY NUGAT	74	M30/47	(M)110	00:40:03	00:39:50	15.06	00:20:45 / 141 [14.46]
117	5682	KOSIERADZKI Łukasz	SIEDLCE	KSS EKONOMIK	91		(M)111	00:40:03	00:39:29	15.20	00:21:28 / 225 [13.98]
118	6664	KARDYŃSKI Tomasz	WARSZAWA/ELK	KOPYTKO	77	M30/48	(M)112	00:40:03	00:39:23	15.23	00:20:53 / 158 [14.37]
119	6339	WOJTYŁA Szymon	BIERNA	POLITECHNIKA ŚLĄSKA	87	M20/32	(M)113	00:40:03	00:39:45	15.09	00:20:45 / 140 [14.46]
120	196	MIESZANEK tadeusz	WARSZAWA		33	M70/1	(M)114	00:40:04	00:39:57	15.02	00:20:36 / 119 [14.56]
121	5509	GAJDA Robert	PULTUSK	KRS ZDROWY STYL ŻYCIA PRZY CM GAJDA-	63	M40/23	(M)115	00:40:05	00:40:02	14.99	00:20:42 / 127 [14.49]
122	3977	RADZIKOWSKI Andrzej	KIŚCINNE	LKS OLYMP BŁONIE	81	M20/33	(M)116	00:40:05	00:39:50	15.06	00:20:27 / 102 [14.67]
123	3595	WAŚNIK Arkadiusz	ŁOCZEW		82	M20/34	(M)117	00:40:06	00:39:55	15.03	00:20:44 / 134 [14.47]
124	4563	OSINA Jakub	ŚWIDNIK	ARTUBA RUNNING TEAM	78	M30/49	(M)118	00:40:07	00:39:42	15.11	00:20:37 / 123 [14.55]
125	6024	SOBIEGRAJ KRZYSZTOF	RADOM	JW 34 63 RADOM	88	M20/35	(M)119	00:40:08	00:40:00	15.00	00:21:10 / 171 [14.17]
126	2005	MAJEWSKI Michał	WARSZAWA	AZS UW WARSZAWA	87	M20/36	(M)120	00:40:08	00:39:50	15.06	00:20:43 / 128 [14.48]
127	5160	STRUCZYŃSKI Krzysztof	WARSZAWA		84	M20/37	(M)121	00:40:08	00:39:48	15.08	00:20:43 / 133 [14.48]
128	279	KOSMAŁSKI Marcin	WARSZAWA		84	M20/38	(M)122	00:40:09	00:39:51	15.06	00:20:34 / 110 [14.59]
129	5860	NOSARZEWSKI Konrad	STUPSK		91		(M)123	00:40:10	00:40:04	14.98	00:20:52 / 156 [14.38]
130	5598	JANISZEWSKI Bogumił	BIAŁYSTOK	PODLASKI KLUB BIEGOWY	89	M20/39	(M)124	00:40:10	00:39:40	15.13	00:21:07 / 167 [14.21]
131	3028	SZOTA Wojciech		MARATONCZYK.PL	74	M30/50	(M)125	00:40:11	00:40:02	14.99	00:20:36 / 118 [14.56]
132	1970	KOŁODZIEJEK Piotr	WARSZAWA	-	70	M30/51	(M)126	00:40:13	00:39:49	15.07	00:21:16 / 200 [14.11]
133	5840	MYSZKOWSKI Henryk	GÓRA KALWARIA	NIEZRZESZONY	63	M40/24	(M)127	00:40:15	00:40:09	14.94	00:20:33 / 108 [14.60]
134	6669	ZAWODNIK DO UZUP					(M)128	00:40:16	00:39:46	15.09	00:20:54 / 159 [14.35]
135	4796	FIGURSKI CEZARY	WARSZAWA	UKS G-8 BIELANY WARSZAWA	66	M40/25	(M)129	00:40:16	00:39:54	15.04	00:20:44 / 135 [14.47]
136	5787	MATEJKO Piotr	11-130 ORNETA	IKS SMOK ORNETA	54	M50/5	(M)130	00:40:17	00:40:13	14.92	00:20:37 / 122 [14.55]
137	5552	GRZESIAK Anna	KALISZ	AZS AWF KATOWICE	87	K20/1	(K)7	00:40:21	00:40:02	14.99	00:20:44 / 137 [14.47]
138	6249	SZYMAŃSKI Andrzej	ZŁOTÓW		69	M40/26	(M)131	00:40:21	00:40:02	14.99	00:20:44 / 136 [14.47]
139	3114	MUSOLF Maciej	WARSZAWA		85	M20/40	(M)132	00:40:23	00:39:52	15.05	00:20:58 / 161 [14.31]
140	3787	ZMORZYŃSKI Jakub	WARSZAWA		79	M30/52	(M)133	00:40:24	00:40:10	14.94	00:20:46 / 146 [14.45]
141	52	WIECZOREK Dariusz		VIP	09		(M)134	00:40:24	00:39:57	15.02	00:21:12 / 178 [14.15]
142	5220	JACZEWSKI Wojciech	RADOM		80	M20/41	(M)135	00:40:25	00:39:56	15.03	00:21:12 / 182 [14.15]
143	2520	SIEPIOŁA Krzysztof	WARSZAWA		76	M30/53	(M)136	00:40:26	00:40:12	14.93	00:20:36 / 117 [14.56]
144	3376	STEFANIAK Maciej	WARSZAWA	ACCELERATE KB ACCENTURE	83	M20/42	(M)137	00:40:26	00:40:06	14.96	00:21:00 / 162 [14.29]
145	6150	PAWLONKA Tomasz	PULAWY		91		(M)138	00:40:27	00:39:42	15.11	00:21:40 / 249 [13.85]
146	3908	DERES Damian	ŻELECHÓW		87	M20/43	(M)139	00:40:28	00:40:12	14.93	00:21:18 / 207 [14.08]
147	1568	POLAŃSKI Piotr	WARSZAWA	WARSZAWA-MOKOTÓW	65	M40/27	(M)140	00:40:29	00:40:11	14.93	00:21:12 / 181 [14.15]
148	3805	OCICKI tomasz	WARSZAWA		84	M20/44	(M)141	00:40:30	00:40:12	14.93	00:20:15 / 95 [14.81]
149	3039	STEFANKOWSKI Marek	IZABELIN		69	M40/28	(M)142	00:40:32	00:40:30	14.81	00:20:30 / 105 [14.63]
150	4158	ZIENKIEWICZ Wojciech	TYCHOWO		84	M20/45	(M)143	00:40:36	00:40:15	14.91	00:21:28 / 228 [13.98]
151	4408	BORKOWSKI Paweł	WARSZAWA	INFOVIDE-MATRIX	74	M30/54	(M)144	00:40:38	00:40:03	14.98	00:21:12 / 184 [14.15]
152	5889	PABICH Mariusz	PABIANICE	AZYMUT PABIANICE	88	M20/46	(M)145	00:40:40	00:40:15	14.91	00:21:24 / 216 [14.02]
153	1275	MADRACH Piotr	WARSZAWA	KB GYMNASION WARSZAWA	83	M20/47	(M)146	00:40:40	00:40:38	14.77	00:20:25 / 99 [14.69]
154	3307	TOMZIK Kacper	WARSZAWA		95		(M)147	00:40:40	00:40:38	14.77	00:21:01 / 165 [14.27]
155	1843	ŻACH Piotr	WARSZAWA		74	M30/55	(M)148	00:40:42	00:40:22	14.86	00:21:00 / 163 [14.29]
156	5720	KUŚNIERZ Tomasz	WARSZAWA		73	M30/56	(M)149	00:40:43	00:40:39	14.76	00:20:37 / 121 [14.55]
157	4414	NAREL SŁAWOMIR	LODZ		63	M40/29	(M)150	00:40:43	00:40:26	14.84	00:20:51 / 152 [14.39]
158	3533	PAWELEC Darek	NOWA IWICZNA	SPORT EVOLUTIN	73	M30/57	(M)151	00:40:44	00:40:41	14.75	00:20:41 / 126 [14.50]
159	5024	PIECZARKA Wojciech	MILOMŁYN		84	M20/48	(M)152	00:40:45	00:40:21	14.87	00:20:45 / 143 [14.46]
160	5044	WOJNAROWSKI Jacek	NOWY SĄCZ		77	M30/58	(M)153	00:40:45	00:40:16	14.90	00:21:11 / 176 [14.16]
161	1427	KACZMARSKI Dariusz	WARSZAWA	ACTION	09		(M)154	00:40:46	00:40:34	14.79	00:20:51 / 149 [14.39]
162	5896	PALUCH Tomasz	ZŁOCZEW	AKADEMIA OBRONY NARODOWEJ	88	M20/49	(M)155	00:40:47	00:40:31	14.81	00:21:03 / 166 [14.25]
163	277	SALAK Michał	WARSZAWA		80	M20/50	(M)156	00:40:47	00:40:41	14.75	00:20:31 / 107 [14.62]
164	999	BIELIK Robert		DB MARATHON TEAM	73	M30/59	(M)157	00:40:48	00:40:17	14.89	00:21:16 / 198 [14.11]
165	1137	OLKIEWICZ Jędrzej	WARSZAWA		79	M30/60	(M)158	00:40:49	00:40:32	14.80	00:21:16 / 199 [14.11]
166	1530	KRAWIECKI Wojciech	WARSZAWA	AZS WAT WARSZAWA	75	M30/61	(M)159	00:40:50	00:40:36	14.78	00:20:44 / 139 [14.47]
167	2947	GAWLAK Paweł	WARSZAWA		69	M40/30	(M)160	00:40:51	00:40:18	14.89	00:21:45 / 259 [13.79]
168	2769	MIŚKIEWICZ Michał	WARSZAWA		91		(M)161	00:40:51	00:40:10	14.94	00:21:26 / 221 [14.00]
169	3920	SZCZEPANIK mariusz	WARSZAWA		75	M30/62	(M)162	00:40:51	00:40:35	14.78	00:20:50 / 147 [14.40]
170	755	KAMIŃSKI Robert	WARSZAWA		76	M30/63	(M)163	00:40:52	00:40:31	14.81	00:21:12 / 177 [14.15]
171	5618	KŁÓSEK Tomasz	WARSZAWA		74	M30/64	(M)164	00:40:54	00:40:48	14.71	00:20:39 / 124 [14.53]
172	3415	BĄCZEK Mirosław	ŁOMŻA	NIEZRZESZONY	66	M40/31	(M)165	00:40:54	00:40:54	14.67	00:20:43 / 130 [14.48]
173	1103	LATECKI Lech	WARSZAWA		83	M20/51	(M)166	00:40:55	00:40:26	14.84	00:21:38 / 241 [13.87]
174	5472	DUDEK Arkadiusz	PIOTRKÓW		72	M30/65	(M)167	00:40:58	00:40:33	14.80	00:21:09 / 169 [14.18]
175	6614	ZAWODNIK DO UZUP					(M)168	00:40:58	00:40:58	14.65	00:21:13 / 185 [14.14]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
176	1655	ANDRES Beata	WARSZAWA	ENTRE.PL TEAM	75	K30/6	(K)8	00:40:59	00:40:30	14.81	00:20:46 / 145 [14.45]
177	2295	PIEKARZ Waldemar	KĄTY		56	M50/6	(M)169	00:41:00	00:40:44	14.73	00:21:13 / 188 [14.14]
178	728	TYMICKI Zbigniew	WARSZAWA	SPORT21	69	M40/32	(M)170	00:41:05	00:40:40	14.75	00:21:11 / 173 [14.16]
179	3228	GRUNTOWSKI Artur	ANTONIEW	KB TP	69	M40/33	(M)171	00:41:06	00:40:34	14.79	00:21:29 / 229 [13.96]
180	5524	GOŚ Piotr	OBÓRKI		83	M20/52	(M)172	00:41:08	00:40:52	14.68	00:20:35 / 114 [14.57]
181	4549	DRĘŻEK KRZYSZTOF	GRAJEWO	MARATONKA	65	M40/34	(M)173	00:41:09	00:40:44	14.73	00:21:24 / 215 [14.02]
182	5525	GOŚ Mariusz	OBÓRKI		81	M20/53	(M)174	00:41:09	00:40:54	14.67	00:20:35 / 112 [14.57]
183	4863	WRÓBEL Marcin	KATOWICE	KB GALERIA WARSZAWA	86	M20/54	(M)175	00:41:09	00:40:46	14.72	00:20:56 / 160 [14.33]
184	1033	PIETRZYKOWSKI Tomasz	N.DWÓR MAZ.	JOGGER	93		(M)176	00:41:10	00:41:03	14.62	00:20:09 / 89 [14.89]
185	1674	BŁASZCZYK Cezary	WARSZAWA	KB HOLMES PLACE	71	M30/66	(M)177	00:41:10	00:40:54	14.67	00:21:12 / 179 [14.15]
186	1471	GOSK Dominik	WARSZAWA		92		(M)178	00:41:11	00:40:52	14.68	00:21:15 / 197 [14.12]
187	2684	WIĄCEK Marcin	WIELUŃ		82	M20/55	(M)179	00:41:12	00:40:22	14.86	00:21:27 / 223 [13.99]
188	1001	WASILEWSKI Robert	WARSZAWA	WSB CYTADELA	72	M30/67	(M)180	00:41:14	00:40:52	14.68	00:21:10 / 172 [14.17]
189	5260	SENK Aleksander	WARSZAWA	KB HOLMES PLACE	79	M30/68	(M)181	00:41:14	00:40:57	14.65	00:21:21 / 214 [14.05]
190	1599	GAJOWNIK Sebastian	WARSZAWA		82	M20/56	(M)182	00:41:16	00:41:09	14.58	00:20:36 / 120 [14.56]
191	5415	CHARAŹKA Paweł	WARSZAWA		80	M20/57	(M)183	00:41:17	00:40:57	14.65	00:21:13 / 190 [14.14]
192	6372	ZAKRZEWSKI Maciej	WARSZAWA		77	M30/69	(M)184	00:41:20	00:40:59	14.64	00:21:13 / 187 [14.14]
193	4016	CZUB Andrzej	KONSTANCIN		67	M40/35	(M)185	00:41:23	00:41:11	14.57	00:20:50 / 148 [14.40]
194	2669	ŚWIERCZ Jacek	WARSZAWA	BYLEDOBIEC ANIN	69	M40/36	(M)186	00:41:25	00:41:06	14.60	00:20:43 / 129 [14.48]
195	1032	LIBERADZKI Hubert	N.DWÓR MAZ.	JOGGER	90		(M)187	00:41:26	00:41:19	14.52	00:21:17 / 201 [14.10]
196	3378	DĄBROWSKI Krzysztof	RADZYMIN	ACCELERATE KB ACCENTURE	50	M50/7	(M)188	00:41:26	00:41:16	14.54	00:21:17 / 203 [14.10]
197	1030	JAJSZCZAK Maciej	N.DWÓR MAZ.	JOGGER	95		(M)189	00:41:28	00:41:21	14.51	00:20:26 / 101 [14.68]
198	2584	PIĄTEK Bogdan	ZIELONKA	LECHICI ZIELONKA	53	M50/8	(M)190	00:41:30	00:40:56	14.66	00:21:25 / 220 [14.01]
199	2303	ORLIŃSKI Tomasz	LEGIONOWO	GAZETA WYBORCZA	79	M30/70	(M)191	00:41:32	00:41:09	14.58	00:21:31 / 231 [13.94]
200	3165	WEWIÓR Tomasz	WARSZAWA		86	M20/58	(M)192	00:41:34	00:41:20	14.52	00:20:44 / 138 [14.47]
201	5113	MARCHEWKA Piotr	WARSZAWA	AZS WAT WARSZAWA	88	M20/59	(M)193	00:41:34	00:41:21	14.51	00:21:01 / 164 [14.27]
202	2304	KUCHARSKI Marek	PIASECZNO		74	M30/71	(M)194	00:41:36	00:41:13	14.56	00:21:17 / 202 [14.10]
203	1944	ŚWIDERSKI Sławomir	OKUNIEW	BEMOVIA TEAM	72	M30/72	(M)195	00:41:37	00:40:55	14.66	00:21:26 / 222 [14.00]
204	4476	KUMOCZ Jakub	WARSZAWA	RADIO SŁUŻEW	75	M30/73	(M)196	00:41:39	00:41:35	14.43	00:20:43 / 137 [14.48]
205	5410	CAR Dariusz	BIALYSTOK		82	M20/60	(M)197	00:41:41	00:41:07	14.59	00:22:05 / 297 [13.58]
206	5277	BELOWSKI Łukasz	PULAWY		82	M20/61	(M)198	00:41:42	00:41:06	14.60	00:21:46 / 261 [13.78]
207	1474	BENDIG Wojciech	WARSZAWA		74	M30/74	(M)199	00:41:43	00:41:18	14.53	00:21:14 / 196 [14.13]
208	841	DĄBROWSKI Piotr	WARSZAWA	SBBP.PL	68	M40/37	(M)200	00:41:43	00:41:11	14.57	00:21:56 / 279 [13.68]
209	1908	WINNICKI Łukasz	SOCHACZEW		93		(M)201	00:41:44	00:41:43	14.38	00:20:33 / 109 [14.60]
210	4620	MITURA Mikołaj	ZAKALEW	GIGANT PRZYTOCZNO	88	M20/62	(M)202	00:41:45	00:41:38	14.41	00:21:17 / 206 [14.10]
211	2897	KĘDZIERSKI Dariusz	WARSZAWA	PLL LOT	73	M30/75	(M)203	00:41:45	00:41:39	14.41	00:21:38 / 243 [13.87]
212	2676	MIKULSKI Robert	WARSZAWA	SG WP ZPO-P3	75	M30/76	(M)204	00:41:45	00:41:16	14.54	00:21:25 / 219 [14.01]
213	5275	KOPEĆ Paweł	RZESZÓW	SHELL POLSKA	75	M30/77	(M)205	00:41:46	00:40:17	14.89	00:22:15 / 323 [13.48]
214	2018	WITOWSKI Marcin	MIŃSK MAZ	EWS WARSZAWA	88	M20/63	(M)206	00:41:47	00:41:21	14.51	00:21:08 / 168 [14.20]
215	3157	KSYNA Bogusław	KAMION MAŁY	OSP KAMION	56	M50/9	(M)207	00:41:49	00:41:45	14.37	00:21:12 / 180 [14.15]
216	1088	ŻYWEK Maciej	WARSZAWA	ALE TEMPO	73	M30/78	(M)208	00:41:49	00:40:31	14.81	00:22:39 / 394 [13.25]
217	1622	WYPYCH Radosław	WARSZAWA	ART PROFI	69	M40/38	(M)209	00:41:51	00:41:47	14.36	00:21:13 / 191 [14.14]
218	1182	SUCHMIEL Przemek	RADOM	TANREN DOJO	75	M30/79	(M)210	00:41:53	00:41:46	14.37	00:20:51 / 151 [14.39]
219	4067	WIĄCEK Marcin	WARSZAWA		78	M30/80	(M)211	00:41:53	00:41:13	14.56	00:22:13 / 316 [13.50]
220	2450	HORACZEK Michał	GRODZISK MAZ.		86	M20/64	(M)212	00:41:53	00:41:34	14.43	00:21:14 / 192 [14.13]
221	5685	KOSSAKOWSKI Mateusz	WOLA CYGOWSKA		94		(M)213	00:41:54	00:40:10	14.94	00:22:17 / 331 [13.46]
222	2228	NIEDŹWIADEK Kamil	WARSZAWA	AWF WARSZAWA	89	M20/65	(M)214	00:41:56	00:41:39	14.41	00:21:21 / 213 [14.05]
223	4368	NADRTOWSKI Tomek	MLAWA		83	M20/66	(M)215	00:41:57	00:41:37	14.42	00:20:52 / 154 [14.38]
224	3464	KAMIŃSKI Sławomir	BŁONIE		61	M40/39	(M)216	00:41:57	00:41:38	14.41	00:21:39 / 245 [13.86]
225	3109	ROMAŃSKI Kazimierz	LEGIONOWO	WSB CYTADELA	64	M40/40	(M)217	00:41:58	00:41:35	14.43	00:21:34 / 235 [13.91]
226	6149	DĄBROWA Kamil	WARSZAWA	GAZETA WYBORCZA-POLSKA	73	M30/81	(M)218	00:41:59	00:41:41	14.39	00:21:44 / 256 [13.80]
227	4652	SOMPOLSKI Juliusz	WARSZAWA	BIEGA BIEGAMY Z OCHOTĄ	88	M20/67	(M)219	00:42:00	00:41:20	14.52	00:22:04 / 294 [13.60]
228	2625	BUCZYŃSKI MICHAŁ	RADOM		70	M30/82	(M)220	00:42:04	00:41:37	14.42	00:21:18 / 208 [14.08]
229	640	JAROSIEWICZ Paweł	WARSZAWA	UNIwersytet Warszawski WGISR	90		(M)221	00:42:07	00:41:23	14.50	00:22:01 / 288 [13.63]
230	4875	ROSŁOŃ Marcin	WARSZAWA		78	M30/83	(M)222	00:42:07	00:41:37	14.42	00:22:02 / 290 [13.62]
231	2133	WITKOWSKI Paweł	WARSZAWA		74	M30/84	(M)223	00:42:08	00:41:38	14.41	00:21:34 / 236 [13.91]
232	5541	GRADZIK Marcin	LGOTA NADWARCIE	POLITECHNIKA ŚLĄSKA	87	M20/68	(M)224	00:42:09	00:41:41	14.39	00:21:14 / 193 [14.13]
233	5147	NADROWSKI Sławomir	MILANÓWEK		76	M30/85	(M)225	00:42:09	00:41:58	14.30	00:21:40 / 247 [13.85]
234	3636	PACURKOWSKI Marcin	WARSZAWA	GWARDIA WARSZAWA	78	M30/86	(M)226	00:42:12	00:41:56	14.31	00:21:28 / 227 [13.98]
235	4560	PAWLACZYK LESŁAW	CAMBRIDGE		77	M30/87	(M)227	00:42:13	00:41:51	14.34	00:21:21 / 211 [14.05]
236	320	GÓRAL Tadeusz	WARSZAWA		70		(M)228	00:42:17	00:41:56	14.31	00:21:52 / 268 [13.72]
237	4739	SOSNA Bartłomiej	KRAKÓW	VEGE RUNNERS	81	M20/69	(M)229	00:42:18	00:41:55	14.31	00:21:55 / 277 [13.69]
238	1545	BUDZYŃSKI Krzysztof	WARSZAWA		65	M40/41	(M)230	00:42:18	00:41:22	14.50	00:22:13 / 313 [13.50]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
239	1500	PIEŃKOS Antoni	WARSZAWA		92		(M)231	00:42:19	00:41:48	14.35	00:22:47 / 421 [13.17]
240	4348	NAWROT Arkadiusz	MIŃSK MAZOWIECKI	KB DREPTAK	77	M30/88	(M)232	00:42:22	00:42:01	14.28	00:21:17 / 204 [14.10]
241	70	SPONSOR vip			09		(M)233	00:42:22	00:42:04	14.26	00:21:40 / 246 [13.85]
242	5940	PRZECISZEWSKI Michał	WARSZAWA		88	M20/70	(M)234	00:42:23	00:41:22	14.50	00:22:16 / 328 [13.47]
243	2886	OLECHOWSKI Jacek	WARSZAWA		77	M30/89	(M)235	00:42:24	00:42:18	14.18	00:21:09 / 170 [14.18]
244	1510	PYCZ Daniel	WARSZAWA	POGROMCY NIEMOCY	76	M30/90	(M)236	00:42:24	00:41:51	14.34	00:22:25 / 355 [13.38]
245	6070	SZCZOTKA Paweł	WARSZAWA		72	M30/91	(M)237	00:42:25	00:41:38	14.41	00:22:00 / 287 [13.64]
246	2939	LECH Michał	WARSZAWA		88	M20/71	(M)238	00:42:26	00:41:51	14.34	00:21:57 / 284 [13.67]
247	5482	DZIWOSZ Katarzyna	WARSZAWA	AMD NTT SYSTEM	80	K20/2	(K)9	00:42:26	00:42:25	14.15	00:21:12 / 183 [14.15]
248	3286	MALESZKA Paweł	JABŁONNA		63	M40/42	(M)239	00:42:26	00:42:17	14.19	00:21:27 / 224 [13.99]
249	315	ŁASIŃSKI Michał	WARSZAWA	PUMA URBAN RUNNING	87	M20/72	(M)240	00:42:27	00:42:22	14.16	00:21:32 / 232 [13.93]
250	2142	KRASZEWSKI Marcin	WARSZAWA		79	M30/92	(M)241	00:42:28	00:42:03	14.27	00:22:12 / 312 [13.51]
251	6598	GAWĘDA Włodzisz	ZĄBKI		76	M30/93	(M)242	00:42:29	00:42:01	14.28	00:22:03 / 291 [13.61]
252	1405	LASECKI Kazimierz	WARSZAWA	ACTION	58	M50/10	(M)243	00:42:29	00:42:14	14.21	00:21:50 / 263 [13.74]
253	2256	BALCERZAK Andrzej	WARSZAWA		53	M50/11	(M)244	00:42:30	00:42:27	14.13	00:21:20 / 210 [14.06]
254	1428	SUDOŁ Grzegorz	WARSZAWA	ACTION	78	M30/94	(M)245	00:42:30	00:42:15	14.20	00:21:50 / 264 [13.74]
255	4916	KOZICKI Maciej	WARSZAWA		73	M30/95	(M)246	00:42:30	00:42:26	14.14	00:21:54 / 273 [13.70]
256	4917	KUNACHOWICZ Paweł	WARSZAWA		70	M30/96	(M)247	00:42:30	00:42:26	14.14	00:21:55 / 275 [13.69]
257	363	OKRASA Bartosz	WARSZAWA		77	M30/97	(M)248	00:42:32	00:42:07	14.25	00:21:43 / 253 [13.81]
258	364	OKRASA Maciej	WARSZAWA		75	M30/98	(M)249	00:42:32	00:42:08	14.24	00:21:43 / 255 [13.81]
259	3257	BOGOBOWICZ Zbigniew	WARSZAWA		49	M60/1	(M)250	00:42:32	00:42:04	14.26	00:22:17 / 330 [13.46]
260	1477	JOUSSON Arnaud	WARSZAWA		67	M40/43	(M)251	00:42:33	00:42:26	14.14	00:21:32 / 233 [13.93]
261	5595	JANCZAK Marek	RADOM		73	M30/99	(M)252	00:42:33	00:41:55	14.31	00:22:19 / 338 [13.44]
262	2023	WIĘCŁAW Andrzej	BLONIE		66	M40/44	(M)253	00:42:34	00:42:25	14.15	00:21:44 / 258 [13.80]
263	5442	CZECHOWSKI Robert	WARSZAWA	ALETEMPO	64	M40/45	(M)254	00:42:35	00:42:18	14.18	00:21:41 / 250 [13.84]
264	3846	JANUŁA Mariusz	WARSZAWA		67	M40/46	(M)255	00:42:37	00:42:04	14.26	00:21:51 / 265 [13.73]
265	5085	ZENGTELER Maciej	WARSZAWA	DELOITTE ADVENTURE TEAM	82	M20/73	(M)256	00:42:38	00:41:36	14.42	00:22:12 / 309 [13.51]
266	3531	GÓRNIAK Marcin	ŚWINICE		83	M20/74	(M)257	00:42:38	00:42:34	14.10	00:21:14 / 195 [14.13]
267	1590	STRUBIŃSKI Konrad	WARSZAWA	POLONIA WARSZAWA	95		(M)258	00:42:40	00:42:07	14.25	00:22:03 / 292 [13.61]
268	6301	WEBER Michał	WROCLAW	WKS SLASK	85	M20/75	(M)259	00:42:41	00:41:43	14.38	00:22:04 / 296 [13.60]
269	3905	JAMRÓZ Małgorzata	FALKÓW		73	K30/7	(K)10	00:42:42	00:42:41	14.06	00:21:45 / 260 [13.79]
270	5944	PRZYBYSZ KRZYSZTOF	WARSZAWA	WARSZAWA URSYNÓW	69	M40/47	(M)260	00:42:42	00:42:38	14.07	00:21:14 / 194 [14.13]
271	1273	RZECZKOWSKI ZYGMUNT	WARSZAWA		54	M50/12	(M)261	00:42:43	00:42:16	14.20	00:21:58 / 285 [13.66]
272	510	PIOTROWSKI Adam	WARSZAWA	WWW.FORT-BEMA.PL	72	M30/100	(M)262	00:42:44	00:42:38	14.07	00:21:39 / 244 [13.86]
273	5875	OLSZEWSKI Bartosz	WARSZAWA	BAHAMAS JELONKI	84	M20/76	(M)263	00:42:45	00:42:09	14.23	00:21:59 / 286 [13.65]
274	5047	UDALÓW Dorota	WARSZAWA	KB NIKE / LASEK BIELAŃSKI	84	K20/3	(K)11	00:42:45	00:42:42	14.05	00:21:24 / 217 [14.02]
275	1167	OLSZEWSKI Jerzy	WARSZAWA	LASEK BRODNOWSKI	59	M50/13	(M)264	00:42:45	00:42:37	14.08	00:21:37 / 240 [13.88]
276	2776	WASAK Rafał		BGK	09		(M)265	00:42:46	00:42:04	14.26	00:22:37 / 384 [13.26]
277	6265	TRACIEWICZ Piotr	KRAKÓW	-	82	M20/77	(M)266	00:42:47	00:42:15	14.20	00:22:07 / 302 [13.56]
278	822	GAWĘDA Adam	WARSZAWA	IM 2010 WARSZAWA	86	M20/78	(M)267	00:42:47	00:42:19	14.18	00:22:08 / 304 [13.55]
279	2727	GÓRSKI Tomasz	WARSZAWA	RIGHTSOLUTION	73	M30/101	(M)268	00:42:47	00:42:16	14.20	00:22:31 / 365 [13.32]
280	4029	GRASS Łukasz	WARSZAWA		76	M30/102	(M)269	00:42:49	00:42:36	14.08	00:21:31 / 230 [13.94]
281	5307	ŁUSZCZEK Zbigniew	CHRZANÓW	MASTERS CHRZANÓW	64	M40/48	(M)270	00:42:50	00:42:22	14.16	00:21:35 / 239 [13.90]
282	4127	KOPEĆ Michał	WARSZAWA		86	M20/79	(M)271	00:42:50	00:42:32	14.11	00:21:34 / 237 [13.91]
283	1226	SZYMAŃSKI Bartłomiej	WARSZAWA	TKS SUKCES WARSZAWA	89	M20/80	(M)272	00:42:53	00:42:23	14.16	00:22:11 / 307 [13.52]
284	900	LESZCZUK Marcin	WARSZAWA		78	M30/103	(M)273	00:42:53	00:42:13	14.21	00:22:24 / 351 [13.39]
285	2773	FRELISZEK Marcin	WARSZAWA		85	M20/81	(M)274	00:42:53	00:42:20	14.17	00:22:25 / 354 [13.38]
286	652	KRUK Marcin	WARSZAWA	KOMENDA MIEJSKA STRAŻ POŻARNA	85	M20/82	(M)275	00:42:55	00:42:38	14.07	00:21:42 / 252 [13.82]
287	307	KARCZ Jacek	BABOSZEWO		73	M30/104	(M)276	00:42:55	00:42:49	14.01	00:21:24 / 218 [14.02]
288	3740	KAŻMIERCZAK Jakub	ŻYCHLIN		88	M20/83	(M)277	00:42:57	00:41:56	14.31	00:22:16 / 329 [13.47]
289	2473	SOWIŃSKI Arkadiusz	WARSZAWA		76	M30/105	(M)278	00:42:57	00:42:32	14.11	00:22:08 / 303 [13.55]
290	6336	WOJTCZAK Krzysztof	KUTNO	2 BMT	63	M40/49	(M)279	00:43:02	00:42:33	14.10	00:22:13 / 318 [13.50]
291	4976	SZALENIEC TOMASZ	DZIAŁOSZYCE		75	M30/106	(M)280	00:43:03	00:42:43	14.05	00:21:32 / 234 [13.93]
292	4412	WIDOMSKI Jarosław	WARSZAWA		63	M40/50	(M)281	00:43:04	00:42:13	14.21	00:22:35 / 375 [13.28]
293	4565	NIETOPIEL Michał	NOWY SĄCZ		88	M20/84	(M)282	00:43:04	00:42:40	14.06	00:21:54 / 272 [13.70]
294	5893	PAJDA Wojciech	WARSZAWA		68	M40/51	(M)283	00:43:05	00:42:34	14.10	00:21:53 / 270 [13.71]
295	631	ZUBEK Zenon	WARSZAWA	KLUB WYSOKOGÓRSKI WARSZAWA	76	M30/107	(M)284	00:43:06	00:42:22	14.16	00:22:23 / 349 [13.40]
296	4544	WOJNOWSKI Krzysztof	PROSTKI	MARATONKA GRAJEWO	93		(M)285	00:43:06	00:42:49	14.01	00:21:17 / 205 [14.10]
297	1771	STAROBRAT Arkadiusz	WARSZAWA		68	M40/52	(M)286	00:43:07	00:42:31	14.11	00:22:47 / 425 [13.17]
298	5719	KUŻMIŃSKI Grzegorz	WARSZAWA	WARSZAWIAKY	70	M30/108	(M)287	00:43:07	00:43:04	13.93	00:21:56 / 280 [13.68]
299	1981	SIDOROWICZ Mirosław	WARSZAWA	STUDENCKI KLUB GÓRSKI	84	M20/85	(M)288	00:43:08	00:42:31	14.11	00:22:12 / 311 [13.51]
300	4362	ANC Mateusz	WARSZAWA	UNTS-WARSZAWA	91		(M)289	00:43:08	00:43:06	13.92	00:21:13 / 189 [14.14]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
301	4889	JANOWSKI Bogdan	WARSZAWA		66	M40/53	(M)290	00:43:09	00:42:30	14.12	00:22:39 / 390 [13.25]
302	1476	MOSE DOUGLUS	WARSZAWA	ZPS SP.Z O.O.	80	M20/86	(M)291	00:43:09	00:42:52	14.00	00:21:44 / 257 [13.80]
303	1280	KOWALCZYK PAWEŁ	WOŁOMIN	AKTYWNY RELAKS	70	M30/109	(M)292	00:43:09	00:42:34	14.10	00:22:07 / 301 [13.56]
304	1917	JĘDRZEJCZYK Piotr	PIASECZNO		73	M30/110	(M)293	00:43:10	00:42:33	14.10	00:22:36 / 380 [13.27]
305	3123	DZIĘGIELEWSKI Zbigniew Janusz	WARSZAWA		72	M30/111	(M)294	00:43:11	00:42:27	14.13	00:22:22 / 345 [13.41]
306	3234	PACEWICZ Marek	ZIELONKI	KLUB BIEGACZA TPSA	56	M50/14	(M)295	00:43:11	00:42:42	14.05	00:22:18 / 334 [13.45]
307	3585	HORAŻY Paweł	JANÓWEK PIERWSZY		64	M40/54	(M)296	00:43:12	00:42:59	13.96	00:21:43 / 254 [13.81]
308	3068	SAWICKI Piotr	SKIERNIEWICE		85	M20/87	(M)297	00:43:12	00:42:42	14.05	00:22:16 / 325 [13.47]
309	405	SIDOR Krzysztof	DZIEKANÓW LEŚNY		62	M40/55	(M)298	00:43:14	00:43:10	13.90	00:21:21 / 212 [14.05]
310	3800	POSKROBKO Jarosław	BIAŁYSTK		83	M20/88	(M)299	00:43:14	00:42:38	14.07	00:22:47 / 424 [13.17]
311	506	MATUSZCZAK Michał Maciej	WARSZAWA		77	M30/112	(M)300	00:43:15	00:42:08	14.24	00:22:50 / 441 [13.14]
312	3492	MAZUR Marek	PIASECZNO		67	M40/56	(M)301	00:43:15	00:42:50	14.01	00:23:04 / 487 [13.01]
313	3304	ŁYŻWIŃSKI TOMASZ	WARSZAWA		68	M40/57	(M)302	00:43:17	00:42:37	14.08	00:22:06 / 298 [13.57]
314	5450	DĘBOWSKI EDWARD	TOMASZÓW MAZ		51	M50/15	(M)303	00:43:18	00:42:44	14.04	00:22:32 / 370 [13.31]
315	423	DOMAŃSKI Gerard	WARSZAWA		73	M30/113	(M)304	00:43:18	00:42:48	14.02	00:22:31 / 367 [13.32]
316	2501	REMBELSKA Dominika	WARSZAWA	AGR WELODROM	73	K30/8	(K)12	00:43:19	00:42:43	14.05	00:22:15 / 321 [13.48]
317	1764	TOMCZAK Tomasz	WARSZAWA	AGR WELODROM	83	M20/89	(M)305	00:43:20	00:42:50	14.01	00:22:10 / 305 [13.53]
318	6008	SIKORA GRZEGORZ	WARSZAWA		83	M20/90	(M)306	00:43:20	00:43:06	13.92	00:22:40 / 396 [13.24]
319	2989	STYKOWSKI Robert	WARSZAWA		77	M30/114	(M)307	00:43:20	00:43:05	13.93	00:21:20 / 209 [14.06]
320	3617	PALACZ Krzysztof	WARSZAWA		92		(M)308	00:43:21	00:41:26	14.48	00:23:10 / 522 [12.95]
321	5688	KOTOWICZ tadeusz	OTWOCK		53	M50/16	(M)309	00:43:22	00:43:02	13.94	00:22:01 / 289 [13.63]
322	3244	RYTEL-SKOREK Radzio	TREBLINKA	TEAM MAŁKINIA	86	M20/91	(M)310	00:43:23	00:42:55	13.98	00:21:11 / 174 [14.16]
323	3452	ANDRZEJEWSKI Sławomir	SOBIEKURSK	SOŁTYS WSI SOBIEKURSK	76	M30/115	(M)311	00:43:23	00:43:19	13.85	00:21:40 / 248 [13.85]
324	5770	MADETKO Łukasz	WARSZAWA		85	M20/92	(M)312	00:43:24	00:43:02	13.94	00:22:20 / 340 [13.43]
325	3154	KORCZ Sławomir	WARSZAWA	SBBP	65	M40/58	(M)313	00:43:24	00:42:42	14.05	00:22:38 / 385 [13.25]
326	4367	OLSZEWSKI Kamil	MŁAWA		90		(M)314	00:43:25	00:43:04	13.93	00:21:28 / 226 [13.98]
327	2967	GRUCHACZ Robert	WARSZAWA		89	M20/93	(M)315	00:43:26	00:42:02	14.27	00:22:32 / 369 [13.31]
328	5891	PABICH Tomasz	PABIANICE	AZYMUT PABIANICE	82	M20/94	(M)316	00:43:26	00:43:26	13.81	00:22:56 / 464 [13.08]
329	4636	KOŁODZIEJSKI Mieczysław	WARSZAWA	WARSZAWA-URSYNÓW	68	M40/59	(M)317	00:43:27	00:42:37	14.08	00:23:14 / 548 [12.91]
330	663	ŻELAZKO Łukasz	BELSK DUŻY		88	M20/95	(M)318	00:43:27	00:43:10	13.90	00:22:18 / 333 [13.45]
331	1916	DĄBKOWSKI Michał	WARSZAWA	LEGIA	80	M20/96	(M)319	00:43:27	00:43:21	13.84	00:22:13 / 315 [13.50]
332	3618	JAKUBIAK Rafał	WARSZAWA	BIEGAMY Z OCHOTĄ	78	M30/116	(M)320	00:43:28	00:42:40	14.06	00:22:40 / 402 [13.24]
333	6376	ZARZEKA Marcin	BIAŁA PODLASKA	VEGE RUNNERS	74	M30/117	(M)321	00:43:28	00:42:47	14.02	00:22:45 / 416 [13.19]
334	1906	WINNICKI kamil	SOCHACZEW		87	M20/97	(M)322	00:43:28	00:43:00	13.95	00:21:35 / 238 [13.90]
335	6382	ZIELIŃSKI Dariusz	ŁÓDŹ	NOWOSOLNA	76	M30/118	(M)323	00:43:30	00:43:14	13.88	00:22:46 / 419 [13.18]
336	3652	PEKAŁSKI Marek	WARSZAWA		77	M30/119	(M)324	00:43:31	00:42:52	14.00	00:22:19 / 337 [13.44]
337	3732	LASOCKI Marcin	WARSZAWA	GEOFIZYKA WARSZAWA	79	M30/120	(M)325	00:43:31	00:41:06	14.60	00:24:01 / 732 [12.49]
338	5230	BŁĄDZIEWICZ Romuald	WARSZAWA		49	M60/2	(M)326	00:43:32	00:42:59	13.96	00:22:31 / 364 [13.32]
339	493	KURZAWA Sławomir	WARSZAWA		66	M40/60	(M)327	00:43:32	00:43:01	13.95	00:22:46 / 418 [13.18]
340	1679	MAZANEK Dietmar	PODKOWA LEŚNA		73	M30/121	(M)328	00:43:32	00:43:08	13.91	00:22:47 / 422 [13.17]
341	1902	ROSZKIEWICZ Hubert	ZALESIE GÓRNE	RH-FITNESS	79	M30/122	(M)329	00:43:34	00:43:21	13.84	00:21:56 / 281 [13.68]
342	859	KOTECKI ARKADIUSZ	WARSZAWA	SASKA KĘPA	80	M20/98	(M)330	00:43:35	00:43:03	13.94	00:22:39 / 388 [13.25]
343	2712	ZAWIŚLAK Emil	WARSZAWA		91		(M)331	00:43:37	00:43:04	13.93	00:22:37 / 383 [13.26]
344	5014	BORKOWSKI Tomasz	SUWAŁKI		81	M20/99	(M)332	00:43:37	00:43:10	13.90	00:21:57 / 283 [13.67]
345	4019	NITOI Marius	WARSZAWA		73	M30/123	(M)333	00:43:38	00:41:56	14.31	00:23:46 / 661 [12.62]
346	3410	FRANKOWSKI Andrzej	OSTRÓW	IM2010	63	M40/61	(M)334	00:43:38	00:42:54	13.99	00:22:48 / 427 [13.16]
347	1580	SMOLEŃSKI Tomasz	WARSZAWA		79	M30/124	(M)335	00:43:39	00:40:51	14.69	00:27:12 / 1636 [11.03]
348	4451	CHYLA artur	KONSTANCIN-JEZIORNA	TOTALFIT.PL	68	M40/62	(M)336	00:43:39	00:42:46	14.03	00:22:39 / 392 [13.25]
349	5643	KARKOSZKA MARCIN	MASANÓW	SIEROSZEWICE	90		(M)337	00:43:40	00:43:07	13.92	00:22:45 / 414 [13.19]
350	2857	GORSKI Peter	WARSZAWA		73	M30/125	(M)338	00:43:40	00:43:09	13.90	00:22:56 / 462 [13.08]
351	2173	ADAMIAK Michał	WARSZAWA		75	M30/126	(M)339	00:43:41	00:42:52	14.00	00:22:59 / 473 [13.05]
352	3241	DĄBROWSKI Tomasz	WARSZAWA	UNTS	78	M30/127	(M)340	00:43:43	00:43:06	13.92	00:23:07 / 502 [12.98]
353	5378	BIERANOWSKI Piotr	WARSZAWA-WESOŁA	-	79	M30/128	(M)341	00:43:43	00:43:06	13.92	00:23:07 / 506 [12.98]
354	4897	ŁĄCZYŃSKI Mikołaj	WARSZAWA	UNTS WARSZAWA	76	M30/129	(M)342	00:43:43	00:43:04	13.93	00:23:07 / 504 [12.98]
355	5367	BIAŁOGRODZKI Tadeusz	ZALESIE GÓRNE	ZALESIE GÓRNE	58	M50/17	(M)343	00:43:43	00:43:02	13.94	00:22:32 / 368 [13.31]
356	5366	BIAŁOGRODZKI sylwester	ZALESIE GÓRNE	ZALESIE GÓRNE	61	M40/63	(M)344	00:43:43	00:43:02	13.94	00:22:31 / 366 [13.32]
357	3982	LIPSKI Piotr	WARSZAWA		70	M30/130	(M)345	00:43:44	00:43:07	13.92	00:23:12 / 530 [12.93]
358	2031	JASZCZAK mirosław	WARSZAWA		59	M50/18	(M)346	00:43:44	00:43:26	13.81	00:22:21 / 343 [13.42]
359	5219	KRAWCZYK Michał	WARSZAWA		78	M30/131	(M)347	00:43:45	00:43:19	13.85	00:22:23 / 347 [13.40]
360	3577	FABIŃSKI Grzegorz	WARSZAWA		75	M30/132	(M)348	00:43:45	00:43:15	13.87	00:22:29 / 361 [13.34]
361	3514	IWAŃSKI Daniel	WARSZAWA		75	M30/133	(M)349	00:43:47	00:42:44	14.04	00:23:30 / 603 [12.77]
362	5216	JURKOWSKI Jakub	KOZIENICE		80	M20/100	(M)350	00:43:47	00:42:49	14.01	00:23:20 / 567 [12.86]
363	3976	WOJTAS Janusz	WARSZAWA		67	M40/64	(M)351	00:43:47	00:42:25	14.15	00:23:32 / 609 [12.75]
364	6561	FOREMNIK Rafał	OŻARÓW MAZOWIECKI		74	M30/134	(M)352	00:43:48	00:43:41	13.74	00:21:38 / 242 [13.87]
365	5418	CHMIEL Piotr	PŁOCK		89	M20/101	(M)353	00:43:49	00:42:31	14.11	00:22:45 / 415 [13.19]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
366	4881	JASKÓŁOWSKI Waldemar	WARSZAWA		69	M40/65	(M)354	00:43:50	00:43:20	13.85	00:22:10 / 306 [13.53]
367	1458	MOSSAKOWSKI Przemysław	WARSZAWA		60	M40/66	(M)355	00:43:50	00:43:15	13.87	00:22:25 / 352 [13.38]
368	91	KRYPA Jan	WARSZAWA	BIURO SPORTU	54	M50/19	(M)356	00:43:51	00:43:49	13.69	00:22:06 / 299 [13.57]
369	150	JANKOWSKI Sebastian	RADZYMIN		86	M20/102	(M)357	00:43:51	00:43:26	13.81	00:22:19 / 336 [13.44]
370	4053	MITKA Bartosz	WARSZAWA		80	M20/103	(M)358	00:43:51	00:43:45	13.71	00:21:41 / 251 [13.84]
371	3855	DRUSZCZ Dawid	WARSZAWA		87	M20/104	(M)359	00:43:52	00:42:55	13.98	00:23:35 / 621 [12.72]
372	2267	PIELASZEK Leszek	CHYNÓW		69	M40/67	(M)360	00:43:52	00:43:19	13.85	00:22:44 / 410 [13.20]
373	6273	TRZESZCZKOWSKI Konrad	WARSZAWA		85	M20/105	(M)361	00:43:52	00:42:36	14.08	00:23:23 / 578 [12.83]
374	4662	KONARSKI Jakub	WARSZAWA	WARSZAWIAKY	77	M30/135	(M)362	00:43:54	00:43:40	13.74	00:21:51 / 266 [13.73]
375	3062	WIŚNIEWSKI Krzysztof	WARSZAWA		77	M30/136	(M)363	00:43:54	00:43:20	13.85	00:22:33 / 371 [13.30]
376	2790	SZWAJKOWSKI PAWEŁ	WARSZAWA		74	M30/137	(M)364	00:43:55	00:43:24	13.82	00:22:17 / 332 [13.46]
377	2186	ZEGADŁO kacper	WARSZAWA		93		(M)365	00:43:55	00:43:29	13.80	00:22:11 / 308 [13.52]
378	1158	AUGUŚCIK Mariusz	MYSIADŁO	LAFARGE GIPS	63	M40/68	(M)366	00:43:56	00:43:06	13.92	00:23:34 / 615 [12.73]
379	5580	JĘDRYCH Leszek	WARSZAWA	BRAK	74	M30/138	(M)367	00:43:57	00:43:53	13.67	00:21:48 / 262 [13.76]
380	2255	GRABARCZYK Marcin	WARSZAWA		68	M40/69	(M)368	00:43:57	00:43:13	13.88	00:23:12 / 535 [12.93]
381	2799	SĘDECKI Piotr	SKIERNIEWICE		62	M40/70	(M)369	00:43:59	00:43:28	13.80	00:22:51 / 444 [13.13]
382	1984	SZTUBECKI MICHAŁ	WARSZAWA		72	M30/139	(M)370	00:44:00	00:43:12	13.89	00:22:27 / 359 [13.36]
383	5083	KALINOWSKI Arkadiusz	MIŃSK MAZOWIECKI		72	M30/140	(M)371	00:44:00	00:43:32	13.78	00:22:06 / 300 [13.57]
384	2916	KACZOROWSKI Michał	ŁÓDŹ		88	M20/106	(M)372	00:44:00	00:43:42	13.73	00:22:14 / 319 [13.49]
385	4000	SABADASZ Tomasz	WARSZAWA	PIRANIA TARGÓWEK	75	M30/141	(M)373	00:44:00	00:43:14	13.88	00:22:44 / 409 [13.20]
386	2923	PAWELEC Agnieszka	ZĄBKI		86	K20/4	(K)13	00:44:00	00:43:41	13.74	00:22:14 / 320 [13.49]
387	2224	ŁASZCZUK Witold	WARSZAWA	GAZETA WYBORCZA	59	M50/20	(M)374	00:44:00	00:43:37	13.76	00:22:52 / 445 [13.12]
388	2455	KAWECKI Paweł	GRÓJEC		72	M30/142	(M)375	00:44:01	00:44:01	13.63	00:23:20 / 564 [12.86]
389	3379	ROGSCH Damian	WARSZAWA		86	M20/107	(M)376	00:44:01	00:43:52	13.68	00:21:54 / 271 [13.70]
390	4392	ZDZIECHOWSKI Szymon	WARSZAWA		79	M30/143	(M)377	00:44:02	00:43:18	13.86	00:22:48 / 428 [13.16]
391	4045	WIEŚNIAK Dariusz	WARSZAWA		78	M30/144	(M)378	00:44:02	00:43:04	13.93	00:23:14 / 546 [12.91]
392	1987	LEMANOWICZ Łukasz	MIŃSK MAZOWIECKI	BRAK	85	M20/108	(M)379	00:44:03	00:43:08	13.91	00:23:13 / 541 [12.92]
393	2624	KOWALCZYK Maciej	MIŃSK MAZOWIECKI	KB-DEPTAK	89	M20/109	(M)380	00:44:03	00:43:08	13.91	00:23:14 / 543 [12.91]
394	1578	ZAWISTOWSKI ARTUR	WARSZAWA	WARSZAWIAKY	76	M30/145	(M)381	00:44:04	00:43:36	13.76	00:22:16 / 324 [13.47]
395	6645	KMIEC Robert			89	M20/110	(M)382	00:44:04	00:43:32	13.78	00:22:44 / 411 [13.20]
396	956	RZESZUTEK Urszula	TRUSKAW	VEGERUNNERS	86	K20/5	(K)14	00:44:05	00:43:22	13.84	00:23:07 / 508 [12.98]
397	1480	LITWINIUK Jakub	WARSZAWA		90		(M)383	00:44:05	00:43:55	13.66	00:22:55 / 459 [13.09]
398	4025	LYPINSKI MIKAEL	WARSZAWA		75	M30/146	(M)384	00:44:05	00:43:49	13.69	00:22:48 / 429 [13.16]
399	5189	PRÓCHNIAK Marcin	WARSZAWA		88	M20/111	(M)385	00:44:06	00:43:29	13.80	00:22:36 / 379 [13.27]
400	1680	KULIŃSKI Artur	ORZYSZ	BIEGAJZNAMI.PL	76	M30/147	(M)386	00:44:08	00:43:28	13.80	00:22:43 / 408 [13.21]
401	1905	MARTYS Wojciech	WARSZAWA		79	M30/148	(M)387	00:44:08	00:44:08	13.60	00:23:19 / 563 [12.87]
402	571	SKALSKI Piotr	GRODZISK MAZOWIECKI		67	M40/71	(M)388	00:44:09	00:43:38	13.75	00:22:50 / 442 [13.14]
403	1846	BARBARSKI DARIUSZ	NOWE MIASTO		70	M30/149	(M)389	00:44:09	00:43:20	13.85	00:23:05 / 496 [13.00]
404	4091	SITO Piotr	WARSZAWA	ACCELERATE	80	M20/112	(M)390	00:44:10	00:44:02	13.63	00:22:13 / 314 [13.50]
405	688	WALIGÓRSKI Tomasz	MARKI		72	M30/150	(M)391	00:44:11	00:43:49	13.69	00:22:21 / 341 [13.42]
406	3907	ŚPIEWAK Karol	MARKI		73	M30/151	(M)392	00:44:11	00:43:39	13.75	00:22:43 / 407 [13.21]
407	2024	MATRASZEK Artur	WARSZAWA		65	M40/72	(M)393	00:44:11	00:44:02	13.63	00:22:43 / 406 [13.21]
408	5566	HAŁAJCZAK Magdalena	POZNAŃ	ATHLETIC-BODY	79	K30/9	(K)15	00:44:13	00:43:42	13.73	00:22:47 / 420 [13.17]
409	1301	ABRAMCZYK Roman	WARSZAWA	ACTION	78	M30/152	(M)394	00:44:13	00:43:51	13.68	00:22:48 / 431 [13.16]
410	5532	GOGŁUSKA Robert	KULIGÓW		73	M30/153	(M)395	00:44:13	00:44:11	13.58	00:22:37 / 381 [13.26]
411	3440	OLSZÓWKA jarośław	WARSZAWA		72	M30/154	(M)396	00:44:14	00:43:21	13.84	00:23:15 / 549 [12.90]
412	5523	GMITEREK Tomasz	LUBLIN		72	M30/155	(M)397	00:44:15	00:43:33	13.78	00:22:44 / 413 [13.20]
413	3612	CYRA Piotr	WARSZAWA	ERA RUNNING TEAM	75	M30/156	(M)398	00:44:16	00:43:28	13.80	00:23:07 / 507 [12.98]
414	3611	PLACHCIŃSKI Patryk	WARSZAWA	ERA RUNNING TEAM	74	M30/157	(M)399	00:44:16	00:43:28	13.80	00:23:07 / 509 [12.98]
415	879	KOMAR ANDRZEJ	ZIELONY KĄT	BRAK	76	M30/158	(M)400	00:44:17	00:43:50	13.69	00:23:14 / 547 [12.91]
416	6589	BERTHEL Frederic	WARSZAWA		65	M40/73	(M)401	00:44:17	00:44:10	13.58	00:21:55 / 276 [13.69]
417	3936	FRYDRYCH piotr	WARSZAWA		71	M30/159	(M)402	00:44:18	00:44:07	13.60	00:21:53 / 269 [13.71]
418	850	LATUSZEK Michał	GARWOLIN		94		(M)403	00:44:18	00:43:00	13.95	00:22:54 / 453 [13.10]
419	6635	TUSCHNER Jakub	GDAŃSK		82	M20/113	(M)404	00:44:18	00:43:46	13.71	00:23:05 / 494 [13.00]
420	2409	BANACH Krzysztof	LUBLIN	OSZŃW MIŃSK MAZOWIECKI	72	M30/160	(M)405	00:44:19	00:43:30	13.79	00:22:35 / 377 [13.28]
421	6621	ZAWODNIK DO UZUP					(M)406	00:44:19	00:43:40	13.74	00:22:13 / 317 [13.50]
422	4519	KOWALIK Łukasz	WARSZAWA	KW WARSZAWA	77	M30/161	(M)407	00:44:19	00:43:09	13.90	00:23:27 / 597 [12.79]
423	2229	NIEDŹWIADEK Czesław	WARSZAWA	DOWÓDZTWO GARNIZONU WARSZAWA	56	M50/21	(M)408	00:44:19	00:44:01	13.63	00:22:50 / 439 [13.14]
424	3380	LIS Emil	GRÓJEC		83	M20/114	(M)409	00:44:19	00:43:21	13.84	00:22:04 / 295 [13.60]
425	4963	STARZEWSKI Marcin	WARSZAWA		76	M30/162	(M)410	00:44:20	00:43:35	13.77	00:22:57 / 468 [13.07]
426	2160	STABIŃSKI Michał	GÓLDAP	BRAK	83	M20/115	(M)411	00:44:21	00:42:04	14.26	00:24:00 / 722 [12.50]
427	1045	JACQUES Krzysztof	WARSZAWA		57	M50/22	(M)412	00:44:21	00:43:44	13.72	00:23:10 / 521 [12.95]
428	6268	TRYBULEWICZ Marek	BALIGRÓD		77	M30/163	(M)413	00:44:22	00:43:40	13.74	00:22:41 / 403 [13.23]
429	2748	ŁAPIŃSKI Adrian	HALINÓW		91		(M)414	00:44:22	00:43:46	13.71	00:22:26 / 358 [13.37]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
430	5611	JUDKA Władysław	MIŃSK MAZOWIECKI	KB DREPTAK	59	M50/23	(M)415	00:44:23	00:43:49	13.69	00:22:22 / 346 [13.41]
431	1681	KIESLICH Mariusz	POZNAŃ	BRYLANT KÓRNIK	62	M40/74	(M)416	00:44:23	00:43:43	13.72	00:22:39 / 389 [13.25]
432	4448	PLOCKE Michał	STARZYNO		87	M20/116	(M)417	00:44:23	00:44:16	13.55	00:21:51 / 267 [13.73]
433	3835	WALLACE Scott	WARSZAWA		71	M30/164	(M)418	00:44:23	00:43:24	13.82	00:22:56 / 463 [13.08]
434	4260	PRUCHNIEWSKI Sławomir	WARSZAWA		79	M30/165	(M)419	00:44:23	00:44:01	13.63	00:22:49 / 432 [13.15]
435	5615	JÓZWIK Waldemar	WARSZAWA	ADAMED RUNNING	78	M30/166	(M)420	00:44:23	00:44:12	13.57	00:22:21 / 342 [13.42]
436	3216	SIKORZEWSKI WOJCIECH	WARSZAWA		72	M30/167	(M)421	00:44:24	00:43:52	13.68	00:22:55 / 456 [13.09]
437	1630	GRANICKI Krzysztof	WARSZAWA		70	M30/168	(M)422	00:44:24	00:43:51	13.68	00:22:51 / 443 [13.13]
438	15	WICIŃSKI Rafał	MICHAŁÓW-GRABINA	POWERADE	68	M40/75	(M)423	00:44:24	00:44:19	13.54	00:22:53 / 449 [13.11]
439	5435	CYNOWSKA Katarzyna	WARSZAWA	CSTEAM	85	K20/6	(K)16	00:44:25	00:43:31	13.79	00:22:57 / 467 [13.07]
440	2689	KALINOWSKI MIROSLAW	WARSZAWA	ŁADEKS	69	M40/76	(M)424	00:44:26	00:44:26	13.50	00:23:14 / 545 [12.91]
441	5996	SAWASTYNOWICZ Jacek	BIAŁYSTOK	PODLASKI KLUB BIEGOWY	88	M20/117	(M)425	00:44:27	00:43:58	13.65	00:22:39 / 391 [13.25]
442	3714	BEZULSKI Łukasz	WARSZAWA	HALABANY ZENONA	85	M20/118	(M)426	00:44:27	00:43:52	13.68	00:23:11 / 528 [12.94]
443	3174	KLIMONT Bogdan	WARSZAWA	STYX	66	M40/77	(M)427	00:44:28	00:43:35	13.77	00:22:50 / 438 [13.14]
444	942	MALARCZYK Sławomir	WARSZAWA		83	M20/119	(M)428	00:44:28	00:44:01	13.63	00:22:30 / 363 [13.33]
445	1135	MARIAŃSKI Norbert	KARCZEW		75	M30/169	(M)429	00:44:29	00:43:09	13.90	00:23:29 / 600 [12.78]
446	1644	ŁOBACZ Wojciech	BIAŁYSTOK		87	M20/120	(M)430	00:44:30	00:43:41	13.74	00:23:39 / 633 [12.68]
447	4920	PULAWSKI Bogusław	KADZIDŁO		68	M40/78	(M)431	00:44:30	00:44:14	13.56	00:22:36 / 378 [13.27]
448	3828	ZDANOWICZ Maciej	GRODZISK MAZOWIECKI	NIE NALEŻĘ DO KLABU	87	M20/121	(M)432	00:44:30	00:43:20	13.85	00:23:31 / 607 [12.76]
449	4783	PUCZYŁOWSKI Tomasz	WARSZAWA	BIEGAMY Z OCHOTĄ	74	M30/170	(M)433	00:44:31	00:43:42	13.73	00:23:02 / 479 [13.02]
450	5441	CZARNOTA KAZIMIERZ	SZCZYTNO	AKB SZCZYTNO	60	M40/79	(M)434	00:44:32	00:44:32	13.47	00:23:05 / 492 [13.00]
451	2454	ANTONIEWICZ Jerzy	GRÓJEC		70	M30/171	(M)435	00:44:33	00:43:13	13.88	00:23:21 / 568 [12.85]
452	2192	BIAŁEK Marcin	WARSZAWA	KB NIKE	69	M40/80	(M)436	00:44:33	00:43:32	13.78	00:23:42 / 640 [12.66]
453	4306	ŁUKOMSKI Łukasz	WARSZAWA	WOJOWNICZE ŻÓŁWIE NINJA	82	M20/122	(M)437	00:44:34	00:44:02	13.63	00:23:05 / 493 [13.00]
454	5070	MARCINIAK Sebastian	SULĘCIN	AZS WAT WARSZAWA	89	M20/123	(M)438	00:44:34	00:44:10	13.58	00:22:29 / 362 [13.34]
455	3912	SZUDER Przemysław	WARSZAWA		78	M30/172	(M)439	00:44:35	00:43:52	13.68	00:23:13 / 538 [12.92]
456	2552	TARNOWSKI Stanisław	WARSZAWA		82	M20/124	(M)440	00:44:37	00:43:26	13.81	00:23:17 / 554 [12.88]
457	3145	RODAK Paweł	ŻYWIEC		84	M20/125	(M)441	00:44:37	00:43:37	13.76	00:23:40 / 636 [12.68]
458	694	DLUGOŁĘCKI Piotr	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ	64	M40/81	(M)442	00:44:37	00:43:40	13.74	00:23:13 / 542 [12.92]
459	5816	MINAKOWSKI Piotr	KIELCZÓW	KB KSAWERÓW	86	M20/126	(M)443	00:44:38	00:43:53	13.67	00:23:06 / 500 [12.99]
460	5919	PIETRZAK ARKADIUSZ	KONIN	LAFARGE	69	M40/82	(M)444	00:44:38	00:44:03	13.62	00:23:12 / 533 [12.93]
461	863	PIETROŃ Błażej	WARSZAWA		92		(M)445	00:44:40	00:43:57	13.65	00:23:03 / 484 [13.02]
462	1665	RASZTAWICKI Dariusz	MILANÓWEK		81	M20/127	(M)446	00:44:40	00:43:21	13.84	00:23:08 / 512 [12.97]
463	837	RZEPNIEWSKI Wojciech	WARSZAWA		51	M50/24	(M)447	00:44:40	00:43:50	13.69	00:23:06 / 498 [12.99]
464	1189	DMYTRUK ANDRZEJ	WARSZAWA		93		(M)448	00:44:41	00:42:42	14.05	00:23:54 / 690 [12.55]
465	6282	URBAŃSKI MAREK	ŁAŃCUT		60	M40/83	(M)449	00:44:41	00:44:40	13.43	00:22:04 / 293 [13.60]
466	701	KWIECIEŃ Jakub	JAROSŁAW	JKS JAROSŁAW	89	M20/128	(M)450	00:44:41	00:44:41	13.43	00:23:10 / 526 [12.95]
467	6160	RADOMSKI Grzegorz	WOŁOMIN	LECHICI ZIELONKA	63	M40/84	(M)451	00:44:41	00:44:22	13.52	00:22:53 / 450 [13.11]
468	3020	DZIENNIKARZ vip			09		(M)452	00:44:42	00:44:22	13.52	00:22:18 / 335 [13.45]
469	4468	ZAKRZEWSKI Mateusz	WARSZAWA		82	M20/129	(M)453	00:44:42	00:44:13	13.57	00:22:49 / 435 [13.15]
470	5390	BONAWENTURCZAK ANDRZEJ	KROSNIIEWICE	EXPOM KROŚNIEWICE	66	M40/85	(M)454	00:44:42	00:44:11	13.58	00:23:03 / 486 [13.02]
471	4708	JURGA Bartosz	WARSZAWA		76	M30/173	(M)455	00:44:43	00:43:53	13.67	00:23:10 / 523 [12.95]
472	3876	ŁOCZEWSKI Paweł	SZCZECIN		61	M40/86	(M)456	00:44:43	00:43:52	13.68	00:23:16 / 552 [12.89]
473	370	PIĄTEK ŁUKASZ	WARSZAWA		79	M30/174	(M)457	00:44:43	00:44:11	13.58	00:21:56 / 278 [13.68]
474	5745	LESZCZYŃSKI paweł	WARSZAWA	MARZYCIELE Z WAWRA	60	M40/87	(M)458	00:44:43	00:44:16	13.55	00:22:25 / 353 [13.38]
475	5154	BZURA Jacek	WARSZAWA	IM 2010	75	M30/175	(M)459	00:44:44	00:44:12	13.57	00:23:10 / 525 [12.95]
476	3101	PSZCZÓŁKOWSKI Artur	WARSZAWA	MARATONYPOLSKIE.PL.TEAM	74	M30/176	(M)460	00:44:45	00:43:54	13.67	00:23:25 / 592 [12.81]
477	5984	SARATA Jakub	KRAKÓW	TB ENDO WSE	87	M20/130	(M)461	00:44:46	00:43:30	13.79	00:23:19 / 560 [12.87]
478	3901	PAUWELS Pascal	GRODZISK MAZOWIECKI		68	M40/88	(M)462	00:44:47	00:44:07	13.60	00:22:40 / 401 [13.24]
479	1081	BIEL Artur	WARSZAWA	SPÓJNIA WARSZAWA	77	M30/177	(M)463	00:44:47	00:44:25	13.51	00:23:01 / 477 [13.03]
480	509	HAJDACKI Rafał	WARSZAWA		80	M20/131	(M)464	00:44:47	00:43:58	13.65	00:23:12 / 529 [12.93]
481	1661	ŚLIWA Krzysztof	WARSZAWA		85	M20/132	(M)465	00:44:48	00:44:20	13.53	00:23:09 / 517 [12.96]
482	5475	DWORZAŃSKI Tomasz	LUBLIN	DWORZTEAM	80	M20/133	(M)466	00:44:48	00:43:22	13.84	00:24:01 / 730 [12.49]
483	80	ŁUKOMSKI Janusz	WARSZAWA		78	M30/178	(M)467	00:44:49	00:44:19	13.54	00:22:40 / 399 [13.24]
484	3695	ZDANOWICZ Artur	WARSZAWA		75	M30/179	(M)468	00:44:49	00:43:56	13.66	00:23:19 / 562 [12.87]
485	2297	SUTARCZYK Marek	WARSZAWA	OSIR WARSZAWA BEMOWO	55	M50/25	(M)469	00:44:49	00:44:27	13.50	00:22:50 / 437 [13.14]
486	5791	MAZIŃSKI Andrzej	PRUSZKÓW		78	M30/180	(M)470	00:44:50	00:44:10	13.58	00:23:04 / 490 [13.01]
487	3798	KARCZEWSKI sylwester	WARSZAWA	ENTREPL.TEAM	59	M50/26	(M)471	00:44:50	00:44:35	13.46	00:21:57 / 282 [13.67]
488	4548	SZYCIK Waldemar	GRAJEW	MARATONKA GRAJEW	69	M40/89	(M)472	00:44:50	00:44:13	13.57	00:23:07 / 501 [12.98]
489	53	CYBULA Sebastian		VIP	09		(M)473	00:44:51	00:43:57	13.65	00:23:18 / 557 [12.88]
490	1169	WIATR Michał	WARSZAWA	SOFTTUTOR	79	M30/181	(M)474	00:44:51	00:44:17	13.55	00:23:16 / 550 [12.89]
491	6264	TOMCZAK Dariusz	SUCHA BESKIDZKA	KS CRACOVIA	85	M20/134	(M)475	00:44:52	00:44:49	13.39	00:22:16 / 327 [13.47]
492	2329	PRZEDPEŁSKI Przemysław	WARSZAWA		74	M30/182	(M)476	00:44:52	00:44:27	13.50	00:23:07 / 503 [12.98]
493	4171	BUGA Jakub	WARSZAWA		88	M20/135	(M)477	00:44:52	00:44:17	13.55	00:23:10 / 520 [12.95]
494	2348	ZAGÓRSKI Jan Jakub	WARSZAWA		78	M30/183	(M)478	00:44:53	00:44:46	13.40	00:22:39 / 393 [13.25]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
495	678	SZMAKFEFER Marcin	WARSZAWA		73	M30/184	(M)479	00:44:53	00:44:32	13.47	00:22:24 / 350 [13.39]
496	3424	JAROSIŃSKI Tomasz	WARSZAWA	URSYNÓW	69	M40/90	(M)480	00:44:53	00:44:26	13.50	00:23:03 / 482 [13.02]
497	2280	RESZKE Michał	WARSZAWA		80	M20/136	(M)481	00:44:54	00:44:26	13.50	00:22:38 / 387 [13.25]
498	3817	SKIBIŃSKI MAREK	LASEK BIELAŃSKI		90		(M)482	00:44:54	00:43:49	13.69	00:23:42 / 641 [12.66]
499	2213	URBAŃSKI Jan	CZOSNÓW		64	M40/91	(M)483	00:44:55	00:44:41	13.43	00:22:15 / 322 [13.48]
500	666	IGNATOWICZ Andrzej	WARSZAWA	AGB	74	M30/185	(M)484	00:44:56	00:44:17	13.55	00:23:17 / 556 [12.88]
501	2541	KLIMASZEWSKI Karol	WARSZAWA	LAURA CHYLICE	87	M20/137	(M)485	00:44:56	00:44:02	13.63	00:22:48 / 430 [13.16]
502	6605	WARKIEWICZ Paweł			81	M20/138	(M)486	00:44:56	00:43:36	13.76	00:24:10 / 769 [12.41]
503	5342	BALICKI Jacek	ŁÓDŹ	BIEGACZ NOWOSOLNA	63	M40/92	(M)487	00:44:57	00:44:40	13.43	00:22:57 / 465 [13.07]
504	3839	DZIOBA Michał	SOPOT	TWISTER TRÓJMIASTO	73	M30/186	(M)488	00:44:57	00:44:04	13.62	00:23:21 / 569 [12.85]
505	2962	DAJCZER Rafał	WARSZAWA		77	M30/187	(M)489	00:44:57	00:44:23	13.52	00:23:21 / 570 [12.85]
506	428	NIEMIRA Michał	WARSZAWA		84	M20/139	(M)490	00:44:58	00:44:42	13.42	00:22:45 / 417 [13.19]
507	4190	SZWEDZIK Krzysztof	WARSZAWA		61	M40/93	(M)491	00:44:58	00:44:39	13.44	00:22:35 / 374 [13.28]
508	3785	DARUK Piotr	WARSZAWA	NZ	79	M30/188	(M)492	00:44:59	00:43:56	13.66	00:23:30 / 604 [12.77]
509	6278	TYBURSKI Mariusz	PAWLOWO KOSCIELNE		76	M30/189	(M)493	00:44:59	00:44:04	13.62	00:23:08 / 511 [12.97]
510	356	GERAS Ryszard	WARSZAWA		81	M20/140	(M)494	00:45:00	00:44:28	13.49	00:22:12 / 310 [13.51]
511	5964	RIEMER Tomasz	ŁÓDŹ	MKT	65	M40/94	(M)495	00:45:00	00:44:16	13.55	00:22:38 / 386 [13.25]
512	5593	JAMRÓZ Daniel	KOLBUSZOWA		85	M20/141	(M)496	00:45:00	00:44:02	13.63	00:23:56 / 700 [12.53]
513	4665	TURLEJ Dariusz	WARSZAWA	DARTS WARSZAWA	57	M50/27	(M)497	00:45:00	00:43:57	13.65	00:23:45 / 654 [12.63]
514	5458	DOBRZAŃSKI Edward	KĘDZIERZYN-KOŹLE		59	M50/28	(M)498	00:45:01	00:44:54	13.36	00:22:40 / 397 [13.24]
515	5762	LUSAWA Adam	LEGIONOWO	LOTOS JABŁONNA	80	M20/142	(M)499	00:45:01	00:44:29	13.49	00:23:09 / 516 [12.96]
516	1093	CZACHOR Marek	WARSZAWA		82	M20/143	(M)500	00:45:01	00:44:31	13.48	00:23:16 / 551 [12.89]
517	2516	REDA Sławomir	WARSZAWA	KB GYMNASION WARSZAWA	58	M50/29	(M)501	00:45:02	00:44:06	13.61	00:23:36 / 624 [12.71]
518	4055	CIEMSKI Paweł	WARSZAWA		88	M20/144	(M)502	00:45:02	00:44:30	13.48	00:23:28 / 598 [12.78]
519	6356	WÓJCIK Marcin	BRODNICA	JW 3537	77	M30/190	(M)503	00:45:02	00:45:02	13.32	
520	2751	ZARZECKI Karol	WARSZAWA		91		(M)504	00:45:02	00:43:01	13.95	00:24:29 / 853 [12.25]
521	2546	STACHURSKI Artur	WARSZAWA	DRŻYM TEAM	77	M30/191	(M)505	00:45:02	00:44:53	13.37	00:22:52 / 447 [13.12]
522	3360	MICHAŁOWSKI Włodzimierz	GRODZISK MAZOWIECKI		76	M30/192	(M)506	00:45:02	00:44:27	13.50	00:23:22 / 576 [12.84]
523	1957	STAŃSKI SŁAWOMIR	WARSZAWA		61	M40/95	(M)507	00:45:03	00:43:54	13.67	00:23:34 / 619 [12.73]
524	5300	ŁUŃSKI Zbigniew	MRAĞOWO		52	M50/30	(M)508	00:45:03	00:44:31	13.48	00:23:05 / 495 [13.00]
525	305	OLCZAK Janusz	WARSZAWA		64	M40/96	(M)509	00:45:04	00:44:50	13.38	00:22:40 / 395 [13.24]
526	3764	BRZUSZCZYŃSKI Jacek	WARSZAWA		76	M30/193	(M)510	00:45:04	00:44:54	13.36	00:22:47 / 423 [13.17]
527	1574	KOLASIŃSKI Paweł	WARSZAWA		57	M50/31	(M)511	00:45:05	00:44:34	13.46	00:23:22 / 575 [12.84]
528	590	WAWER Piotr	WARSZAWA		83	M20/145	(M)512	00:45:05	00:44:13	13.57	00:23:11 / 527 [12.94]
529	2797	ZATORSKI Mirosław	WARSZAWA	PEKARI	70	M30/194	(M)513	00:45:05	00:44:11	13.58	00:23:17 / 555 [12.88]
530	533	LORANC Przemysław	PIASECZNO	KTE TRAMP	87	M20/146	(M)514	00:45:06	00:44:12	13.57	00:24:05 / 747 [12.46]
531	2487	SOBIESKI Janusz	WARSZAWA		71	M30/195	(M)515	00:45:06	00:44:39	13.44	00:23:03 / 480 [13.02]
532	5579	JĘDRASZEK Daniel	BRODNICA	JW 3537	86	M20/147	(M)516	00:45:06	00:44:15	13.56	00:23:21 / 571 [12.85]
533	256	DĘBEK Krzysztof	WARSZAWA		09		(M)517	00:45:07	00:44:58	13.34	00:22:55 / 455 [13.09]
534	254	LEWANDOWSKI Robert	WARSZAWA		76	M30/196	(M)518	00:45:07	00:44:59	13.34	00:22:55 / 461 [13.09]
535	2011	DZIEWICKI Damian	WARSZAWA	AZS UW WARSZAWA	91		(M)519	00:45:08	00:44:51	13.38	00:22:49 / 436 [13.15]
536	4558	CZUBA SŁAWOMIR	WARSZAWA		77	M30/197	(M)520	00:45:08	00:44:59	13.34	00:23:02 / 478 [13.02]
537	2098	NOWAKOWSKI Wojciech	WARSZAWA		92		(M)521	00:45:08	00:43:57	13.65	00:24:00 / 725 [12.50]
538	2193	BOGUSZEWSKI Piotr	WOŁOMIN		81	M20/148	(M)522	00:45:08	00:44:10	13.58	00:24:21 / 820 [12.32]
539	5058	PIASECKI Tomasz	WARSZAWA	OTK RZEŹNIK	80	M20/149	(M)523	00:45:09	00:43:27	13.81	00:24:12 / 778 [12.40]
540	1376	WOJCIESKI Tomasz	WARSZAWA	ACTION	71	M30/198	(M)524	00:45:09	00:44:55	13.36	00:22:26 / 357 [13.37]
541	5786	MARTE Michał	WARSZAWA		75	M30/199	(M)525	00:45:09	00:44:51	13.38	00:22:37 / 382 [13.26]
542	6353	WYSOCKI Rafał	SIEDLCE	KSS EKONOMIK SIEDLCE	90		(M)526	00:45:10	00:44:36	13.45	00:23:03 / 485 [13.02]
543	3859	MRUGAŁA Wojciech	WARSZAWA	AZS WAT	87	M20/150	(M)527	00:45:10	00:44:13	13.57	00:23:35 / 623 [12.72]
544	655	ZALEWSKI Marcin	WARSZAWA	CANOR ANTICUS	52	M50/32	(M)528	00:45:11	00:44:40	13.43	00:23:06 / 497 [12.99]
545	1693	GRUCHOT maciej	PRZYSUCHA		90		(M)529	00:45:11	00:44:56	13.35	00:22:26 / 356 [13.37]
546	4538	PAPARO RICCARDO	WARSZAWA	WŁOCHY	72	M30/200	(M)530	00:45:12	00:44:55	13.36	00:22:55 / 454 [13.09]
547	1716	SZYMCZAKOWSKI tadeusz	RAWA MAZOWIECKA		54	M50/33	(M)531	00:45:13	00:44:34	13.46	00:23:46 / 663 [12.62]
548	4935	BANACKI Sławomir	WARSZAWA	LETNICKI'S GO RUN TEAM	72	M30/201	(M)532	00:45:14	00:44:12	13.57	00:23:58 / 713 [12.52]
549	5054	WRÓBLEWSKI Maciej	WARSZAWA		85	M20/151	(M)533	00:45:15	00:43:47	13.70	00:24:14 / 787 [12.38]
550	2801	SKWIRUT Michał	WARSZAWA	POLSKA BIEGA	76	M30/202	(M)534	00:45:15	00:44:53	13.37	00:22:23 / 348 [13.40]
551	3808	MUCHOWICZ Paweł	GORZÓW		74	M30/203	(M)535	00:45:16	00:44:07	13.60	00:24:32 / 864 [12.23]
552	5526	GOŚ Zbigniew	OBÓRKI		85	M20/152	(M)536	00:45:16	00:44:24	13.51	00:25:08 / 1012 [11.94]
553	203	JALOCHA Waldemar		POLICJA	09		(M)537	00:45:16	00:45:11	13.28	00:22:16 / 326 [13.47]
554	5335	BAĆMAGA Grzegorz	RADOM		68	M40/97	(M)538	00:45:17	00:44:24	13.51	00:23:41 / 637 [12.67]
555	2057	POLASKI Dariusz	RADZYMIN		75	M30/204	(M)539	00:45:18	00:44:22	13.52	00:23:54 / 693 [12.55]
556	5609	JENKINS Chris	WARSAW	WILANOW COFFIN DODGERS	47	M60/3	(M)540	00:45:18	00:45:18	13.25	00:24:25 / 836 [12.29]
557	5801	MIATKOWSKI Błażej	WARSZAWA		70	M30/205	(M)541	00:45:18	00:44:28	13.49	00:23:37 / 627 [12.70]
558	794	PILIPIUK Bartosz	BIAŁYSTOK		86	M20/153	(M)542	00:45:18	00:44:51	13.38	00:22:40 / 400 [13.24]
559	5263	DERDZIŃSKI Marek	ŁOMIAŃKI		69	M40/98	(M)543	00:45:19	00:44:23	13.52	00:23:37 / 625 [12.70]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
560	454	LENARCZYK Jakub	WARSZAWA		78	M30/206	(M)544	00:45:19	00:44:39	13.44	00:22:52 / 446 [13.12]
561	4460	KOŻUCHOWSKI KRZYSZTOF	WARSZAWA		68	M40/99	(M)545	00:45:19	00:45:07	13.30	00:22:59 / 472 [13.05]
562	1446	BONIEWSKA Karolina	WARSZAWA	MKS POLONIA WARSZAWA	82	K20/7	(K)17	00:45:19	00:45:19	13.24	00:23:26 / 593 [12.80]
563	4030	KACZOREK Robert	WARSZAWA		52	M50/34	(M)546	00:45:19	00:44:53	13.37	00:23:08 / 515 [12.97]
564	4277	KOROSCIK tomasz	WARSZAWA	MOKRA13	68	M40/100	(M)547	00:45:20	00:45:03	13.32	00:22:50 / 440 [13.14]
565	4550	GABRYŚ Aleksander	WARSZAWA	DELOITTE ADVENTURE TEAM	81	M20/154	(M)548	00:45:20	00:45:15	13.26	00:22:34 / 372 [13.29]
566	2548	SADOWSKI Adrian	SZCZYTNO	KOMENDA MIEJSKA PAŃSTWOWEJ STRAŻY PO	88	M20/155	(M)549	00:45:20	00:45:03	13.32	00:22:22 / 344 [13.41]
567	2633	MIKOŁAJCZYK Marta	WARKA		48	K60/1	(K)18	00:45:20	00:45:11	13.28	00:22:49 / 433 [13.15]
568	2659	MALESKA Janusz	DOBRODZIEŃ	NIEZRZESZONY	81	M20/156	(M)550	00:45:21	00:44:36	13.45	00:23:47 / 669 [12.61]
569	2660	KOPREK Edmund	DOBRODZIEŃ	WKB META LUBLINIEC	60	M40/101	(M)551	00:45:21	00:44:36	13.45	00:23:47 / 668 [12.61]
570	1818	STACHURA Marcin	WARSZAWA	KB GYMNASION	74	M30/207	(M)552	00:45:21	00:45:01	13.33	00:23:23 / 581 [12.83]
571	5928	POLEWACZ Paweł	OLSZTYN		68	M40/102	(M)553	00:45:22	00:45:06	13.30	00:23:23 / 582 [12.83]
572	6143	CHAZANOW Adam	WARSZAWA		73	M30/208	(M)554	00:45:22	00:44:29	13.49	00:23:46 / 660 [12.62]
573	1676	KRÓL kamil	MIŃSK MAZOWIECKI		92		(M)555	00:45:22	00:45:12	13.27	00:23:07 / 505 [12.98]
574	4676	ZABŁOCKI Jakub	WARSZAWA	LECHICI ZIELONKA	78	M30/209	(M)556	00:45:23	00:44:03	13.62	00:23:45 / 651 [12.63]
575	4409	RUSTECKI Mariusz	WARSZAWA		73	M30/210	(M)557	00:45:24	00:44:49	13.39	00:23:55 / 698 [12.54]
576	2441	JAROSIŃSKI Arkadiusz	WARSZAWA		77	M30/211	(M)558	00:45:24	00:44:55	13.36	00:23:04 / 488 [13.01]
577	224	BADOWSKI Krzysztof		CROSS	09		(M)559	00:45:25	00:44:52	13.37	00:23:59 / 718 [12.51]
578	3270	ONYSZCZUK Jarosław	WARSZAWA		70	M30/212	(M)560	00:45:26	00:43:57	13.65	00:24:10 / 768 [12.41]
579	3814	LIGOWSKI Maciej	WARSZAWA		80	M20/157	(M)561	00:45:27	00:44:48	13.39	00:23:48 / 670 [12.61]
580	1783	CHUDECKI KAMIL	WARSZAWA		69	M40/103	(M)562	00:45:27	00:45:03	13.32	00:22:49 / 434 [13.15]
581	1835	KREPS Andrzej	WARSZAWA	CARSERVIS	67	M40/104	(M)563	00:45:28	00:44:42	13.42	00:23:13 / 540 [12.92]
582	862	PIETROŃ Mirosław	WARSZAWA	WSB CYTADELA	60	M40/105	(M)564	00:45:28	00:45:28	13.20	00:23:19 / 559 [12.87]
583	1217	MUZYKA Michał	WARSZAWA	KOPYTKO	71	M30/213	(M)565	00:45:28	00:42:47	14.02	00:25:10 / 1025 [11.92]
584	1488	LASOCKI Piotr	WARSZAWA		81	M20/158	(M)566	00:45:28	00:44:43	13.42	00:23:38 / 628 [12.69]
585	1839	KUŹNIEWSKA Małgorzata	WARSZAWA	CARSERVIS	77	K30/10	(K)19	00:45:29	00:44:43	13.42	00:23:14 / 544 [12.91]
586	6607	ZAWODNIK DO UZUP					(M)567	00:45:29	00:44:42	13.42	00:23:50 / 679 [12.59]
587	6250	SZYMAŃSKI Dariusz	KLECZEW	OSIR KLECZEW	67	M40/106	(M)568	00:45:30	00:44:52	13.37	00:23:40 / 635 [12.68]
588	4238	SKOCZYŁAS Tomasz	WARSZAWA		69	M40/107	(M)569	00:45:30	00:44:35	13.46	00:24:05 / 742 [12.46]
589	2555	SWORCZUK Paweł	MIĘDZYRZEC PODLASKI	WOJSKOWE CENTRUM GEOGRAFICZNE	81	M20/159	(M)570	00:45:31	00:44:08	13.60	00:24:24 / 831 [12.30]
590	5386	BOGUCKI PAWEŁ	ŁASKARZEW		83	M20/160	(M)571	00:45:31	00:44:19	13.54	00:23:58 / 710 [12.52]
591	1367	WIKI Jakub	WARSZAWA	ACTION	74	M30/214	(M)572	00:45:31	00:45:00	13.33	00:23:12 / 531 [12.93]
592	6609	ZAWODNIK DO UZUP					(M)573	00:45:32	00:44:53	13.37	00:23:47 / 665 [12.61]
593	3815	DAMAZ Arkadiusz	WARSZAWA		71	M30/215	(M)574	00:45:34	00:45:12	13.27	00:22:43 / 405 [13.21]
594	4604	ŚLIWIŃSKI LUKASZ	RUMIA		83	M20/161	(M)575	00:45:35	00:44:55	13.36	00:22:34 / 373 [13.29]
595	1723	GRZEGORCZYK Wojciech	WARSZAWA		67	M40/108	(M)576	00:45:36	00:44:38	13.44	00:23:52 / 684 [12.57]
596	842	KĄKOL Bartłomiej	WARSZAWA		81	M20/162	(M)577	00:45:37	00:45:13	13.27	00:22:59 / 474 [13.05]
597	1031	KOŚCIELNIAK Marian	N.DWÓR MAZ.	JOGGER	40	M60/4	(M)578	00:45:37	00:45:16	13.25	00:23:25 / 591 [12.81]
598	5000	KACZMARSKI Robert	PARCZEW		73	M30/216	(M)579	00:45:37	00:44:39	13.44	00:24:28 / 850 [12.26]
599	6365	ZACZYKIEWICZ Maciej	WARSZAWA		60	M40/109	(M)580	00:45:38	00:45:24	13.22	00:23:03 / 481 [13.02]
600	5544	GROJA TOMASZ	ZAWIERCIE	-	85	M20/163	(M)581	00:45:38	00:44:53	13.37	00:22:40 / 398 [13.24]
601	4943	STRUGACZ Jakub	SIEDLCE		82	M20/164	(M)582	00:45:38	00:44:34	13.46	00:23:43 / 642 [12.65]
602	3869	MAZAN Przemysław	WARSZAWA	VEGE RUNNERS	75	M30/217	(M)583	00:45:39	00:44:56	13.35	00:23:39 / 632 [12.68]
603	1918	RAKOCZY Piotr	WARSZAWA		77	M30/218	(M)584	00:45:39	00:44:56	13.35	00:23:05 / 491 [13.00]
604	3713	ZAMOROWSKI ANDRZEJ	WARSZAWA		78	M30/219	(M)585	00:45:40	00:44:54	13.36	00:23:21 / 573 [12.85]
605	5714	KRZESAK Adam	PIASTÓW	KB GYMNASION / IM2010	74	M30/220	(M)586	00:45:40	00:45:01	13.33	00:23:49 / 675 [12.60]
606	5876	OPIŃSKI MAREK	PIASECZNO		59	M50/35	(M)587	00:45:41	00:45:01	13.33	00:23:34 / 617 [12.73]
607	4715	BYLICKI Krzysztof	WARSZAWA		68	M40/110	(M)588	00:45:41	00:45:41	13.13	00:23:32 / 614 [12.75]
608	2533	SZYMCZAK PAWEŁ	SWARZĘDZ	KB MANIAC POZNAŃ	74	M30/221	(M)589	00:45:41	00:44:51	13.38	00:23:46 / 662 [12.62]
609	2378	PUŹNICA Mirosław	JÓZEFÓW		81	M20/165	(M)590	00:45:42	00:44:25	13.51	00:24:06 / 750 [12.45]
610	2299	SMOLIŃSKI Robert	WARSZAWA	ERA RUNNING TEAM	68	M40/111	(M)591	00:45:42	00:44:57	13.35	00:23:25 / 589 [12.81]
611	3862	LUTOBORSKI Cyprian	WARSZAWA	JS 5001 * NTP.PL	76	M30/222	(M)592	00:45:42	00:44:39	13.44	00:23:57 / 706 [12.53]
612	2696	BARABACH Marcin	MARKI		78	M30/223	(M)593	00:45:43	00:44:49	13.39	00:24:08 / 754 [12.43]
613	2668	ŚWIERCZ Iwona	WARSZAWA	BYLEDOBIEC ANIN	69	K40/1	(K)20	00:45:43	00:45:33	13.17	00:22:55 / 460 [13.09]
614	1573	GOLAŃSKI Robert	WARSZAWA	LASEK BIELAŃSKI TEAM	74	M30/224	(M)594	00:45:44	00:44:18	13.54	00:23:45 / 650 [12.63]
615	3883	KONTNY Bartosz	WARSZAWA		71	M30/225	(M)595	00:45:44	00:45:19	13.24	00:23:20 / 565 [12.86]
616	4937	CORBI Mathieu	WARSZAWA		83	M20/166	(M)596	00:45:44	00:45:12	13.27	00:23:24 / 587 [12.82]
617	4426	ŁYJAK Piotr	WARSZAWA		90		(M)597	00:45:44	00:44:48	13.39	00:23:38 / 630 [12.69]
618	1705	JAWORSKI maciej	WARSZAWA		76	M30/226	(M)598	00:45:44	00:44:50	13.38	00:24:22 / 822 [12.31]
619	3568	KOWALSKI Mikołaj	WARSZAWA		85	M20/167	(M)599	00:45:45	00:45:45	13.11	00:23:59 / 720 [12.51]
620	5855	NIGOT Krzysztof Kropeczk	WARSZAWA	9-TA DYWERSYJNA III*ŹNIWIARZ	73	M30/227	(M)600	00:45:45	00:42:47	14.02	00:25:13 / 1046 [11.90]
621	1495	RONIEK Michał	KAJETANY	III/41	94		(M)601	00:45:45	00:44:50	13.38	00:23:44 / 645 [12.64]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
622	3625	SZAJBE Dariusz	WARSZAWA		70	M30/228	(M)602	00:45:47	00:45:10	13.28	00:23:20 / 566 [12.86]
623	1407	MORLO Marek	WARSZAWA	ACTION	62	M40/112	(M)603	00:45:47	00:45:01	13.33	00:24:02 / 733 [12.48]
624	4526	BARAŃSKI SZCZEPAN	WARSZAWA		78	M30/229	(M)604	00:45:47	00:45:47	13.11	00:24:25 / 839 [12.29]
625	5138	OPORSKI Paweł	WARSZAWA	NOBLE CONSULTING	80	M20/168	(M)605	00:45:47	00:45:36	13.16	00:23:13 / 536 [12.92]
626	617	KOMOR Mirosław	PIASTÓW		51	M50/36	(M)606	00:45:48	00:45:48	13.10	00:23:45 / 657 [12.63]
627	2978	PAŚNICKI Grzegorz	WARSZAWA	KM PSP M.ST. WARSZAWY	75	M30/230	(M)607	00:45:50	00:44:24	13.51	00:24:18 / 810 [12.35]
628	253	JÓŹWIAK Marek	WARSZAWA		67	M40/113	(M)608	00:45:51	00:45:41	13.13	00:23:08 / 513 [12.97]
629	252	VICUNA Jose Antonio	WARSZAWA		71	M30/231	(M)609	00:45:51	00:45:41	13.13	00:23:46 / 659 [12.62]
630	5941	PRZEWÓDZKI Janusz	CIECHANÓW	KB PROMYK CIECHANÓW	56	M50/37	(M)610	00:45:51	00:45:25	13.21	00:23:45 / 656 [12.63]
631	5405	BURDACH Robert	TORUŃ		82	M20/169	(M)611	00:45:51	00:45:22	13.23	00:23:01 / 475 [13.03]
632	3547	PYRA Piotr	JÓZEFÓW	UKS FUKS	91		(M)612	00:45:52	00:44:30	13.48	00:24:16 / 799 [12.36]
633	2564	STANKIEWICZ Krzysztof	WARSZAWA	BIK S.A.	71	M30/232	(M)613	00:45:52	00:45:32	13.18	00:23:39 / 631 [12.68]
634	2961	DZIK Grzegorz	WARSZAWA	-	74	M30/233	(M)614	00:45:53	00:45:03	13.32	00:23:13 / 537 [12.92]
635	6169	RYBKOWSKI Grzegorz	PRÓSZKÓW		68	M40/114	(M)615	00:45:53	00:45:20	13.24	00:23:46 / 658 [12.62]
636	440	ŚWIĘCICKI Wojciech	WARSZAWA		63	M40/115	(M)616	00:45:54	00:45:25	13.21	00:23:23 / 579 [12.83]
637	407	BUCIAK Michał	WARSZAWA		72	M30/234	(M)617	00:45:54	00:44:59	13.34	00:23:58 / 712 [12.52]
638	5818	MIROCHA Jan	BIAŁYSTOK		90		(M)618	00:45:54	00:44:55	13.36	00:24:05 / 745 [12.46]
639	885	KUBASZEWSKI Mirosław	WARSZAWA		63	M40/116	(M)619	00:45:54	00:45:27	13.20	00:23:53 / 687 [12.56]
640	5146	KRAWCZYK Piotr	WARSZAWA	STOWARZYSZENIE TERAPETÓW	67	M40/117	(M)620	00:45:55	00:43:30	13.79	00:25:05 / 992 [11.96]
641	1913	SKALSKI MACIEJ	WARSZAWA		71	M30/235	(M)621	00:45:55	00:45:38	13.15	00:23:04 / 489 [13.01]
642	1063	DROGOŃ Arkadiusz	WARSZAWA	KGJ	78	M30/236	(M)622	00:45:55	00:45:41	13.13	00:23:01 / 476 [13.03]
643	3199	BOROWIEC Michał	WARSZAWA		75	M30/237	(M)623	00:45:56	00:45:12	13.27	00:23:54 / 694 [12.55]
644	2545	GAS Adam	WARSZAWA		77	M30/238	(M)624	00:45:56	00:45:35	13.16	00:23:24 / 584 [12.82]
645	2898	LIŚKIEWICZ SYLWIA	WARSZAWA	AZS-AWF WARSZAWA	77	M30/239	(M)625	00:45:57	00:45:46	13.11	00:23:51 / 680 [12.58]
646	3409	HOJDA Marek	CHELM	NIE	66	M40/118	(M)626	00:45:57	00:44:29	13.49	00:24:24 / 834 [12.30]
647	5886	PŁOSZCZYŃSKI Marcin	WARSZAWA		72	M30/240	(M)627	00:45:57	00:44:41	13.43	00:24:18 / 807 [12.35]
648	1718	OLOŚ Krzysztof	LESZNO		79	M30/241	(M)628	00:45:57	00:44:26	13.50	00:24:15 / 793 [12.37]
649	6303	WENTYKIER Piotr	PŁOŃSK	KB.IM PIOTRA SĘKOWSKIEGO	79	M30/242	(M)629	00:45:58	00:45:55	13.07	00:23:09 / 519 [12.96]
650	3160	LUBAŃSKI paweł	WĄBRZEŻNO		88	M20/170	(M)630	00:45:58	00:45:26	13.21	00:23:47 / 664 [12.61]
651	3622	TARNOWSKA Justyna	WIĄZOWNA	Ś.U.K.S POLNA WARSZAWA	79	K30/11	(K)21	00:45:59	00:45:06	13.30	00:24:26 / 841 [12.28]
652	895	BIELECKI Jakub	WARSZAWA	ENTRE.PL TEAM	83	M20/171	(M)631	00:46:00	00:45:33	13.17	00:24:05 / 743 [12.46]
653	3155	KORCZ Dariusz	ŁÓDŹ	POWERADE	63	M40/119	(M)632	00:46:00	00:45:16	13.25	00:23:12 / 534 [12.93]
654	1384	BIELIŃSKA Anna	WARSZAWA	ACTION	66	K40/2	(K)22	00:46:01	00:45:47	13.11	00:23:03 / 483 [13.02]
655	1566	GAĆ Rafał	CHAŚNO	GACEK CHAŚNO	81	M20/172	(M)633	00:46:01	00:45:41	13.13	00:22:53 / 452 [13.11]
656	3769	CZAJA Daniel	WARSZAWA		75	M30/243	(M)634	00:46:02	00:45:32	13.18	00:25:03 / 978 [11.98]
657	2713	ARTYSZUK Mirosław	WARSZAWA	DOWÓDZTWO SIŁ POWIETRZNYCH	60	M40/120	(M)635	00:46:03	00:45:43	13.12	00:23:06 / 499 [12.99]
658	668	LEONIAK Grzegorz	WARSZAWA	ITI ADVENTURE TEAM	66	M40/121	(M)636	00:46:06	00:46:02	13.03	00:23:19 / 561 [12.87]
659	3166	PACAN Łukasz	WARSZAWA		89	M20/173	(M)637	00:46:07	00:45:23	13.22	00:24:32 / 865 [12.23]
660	1172	DĄBROWSKI Robert	WARSZAWA		71	M30/244	(M)638	00:46:08	00:45:29	13.19	00:24:08 / 757 [12.43]
661	1798	KOWALSKI Piotr	WARSZAWA		82	M20/174	(M)639	00:46:09	00:45:28	13.20	00:23:35 / 620 [12.72]
662	5202	ZAWODNIK DO UZUP					(M)640	00:46:09	00:44:51	13.38	00:24:01 / 731 [12.49]
663	3483	WOLSKI Wojciech	WARSZAWA		72	M30/245	(M)641	00:46:09	00:45:45	13.11	00:22:58 / 471 [13.06]
664	5376	BIELEŃ Łukasz	KROSNO	WAT	89	M20/175	(M)642	00:46:11	00:44:42	13.42	00:24:10 / 771 [12.41]
665	2644	MICHAŁSKI Maciej	LEGIONOWO		79	M30/246	(M)643	00:46:11	00:46:11	12.99	00:23:54 / 688 [12.55]
666	3358	FUHRMANN Ulrike	WARSZAWA		63	K40/3	(K)23	00:46:11	00:45:15	13.26	00:24:04 / 741 [12.47]
667	4382	BĘBEŃCA Błażej	WARSZAWA	WESOŁA PIASKOWA	83	M20/176	(M)644	00:46:12	00:45:34	13.17	00:23:18 / 558 [12.88]
668	3231	JĘDRZEJCZYK Marcin	OLSZTYN	KLUB BIEGACZA TPSA	76	M30/247	(M)645	00:46:12	00:45:07	13.30	00:24:36 / 878 [12.20]
669	2558	ORYNEK Michał	WARSZAWA		90		(M)646	00:46:12	00:45:35	13.16	00:23:43 / 644 [12.65]
670	2012	DĄBROWSKI Michał	WARSZAWA	AZS UW WARSZAWA	94		(M)647	00:46:12	00:45:18	13.25	00:23:43 / 643 [12.65]
671	5546	GRUDNIEWSKI Edward	KOZIENICE	ELEKTROWNIA KOZIENICE	55	M50/38	(M)648	00:46:12	00:45:29	13.19	00:23:32 / 613 [12.75]
672	4195	SYSA Przemysław	KRASNYSTAW		86	M20/177	(M)649	00:46:12	00:44:45	13.41	00:24:47 / 922 [12.10]
673	991	KOROL Krzysztof		DB MARATHON TEAM	76	M30/248	(M)650	00:46:13	00:45:17	13.25	00:24:42 / 905 [12.15]
674	5122	STOLA Maciej	WARSZAWA		92		(M)651	00:46:13	00:45:35	13.16	00:22:55 / 458 [13.09]
675	980	KIJEWSKI Adam	WARSZAWA		79	M30/249	(M)652	00:46:14	00:45:14	13.26	00:23:41 / 638 [12.67]
676	4721	BUCZKOWSKI Bartłomiej	SZCZECIN		75	M30/250	(M)653	00:46:14	00:45:38	13.15	00:23:38 / 629 [12.69]
677	1811	TARTANUS Piotr	WARSZAWA		70	M30/251	(M)654	00:46:15	00:45:58	13.05	00:22:53 / 451 [13.11]
678	1087	LEWANDOWSKA Martyna	WARSZAWA	ALE TEMPO	79	K30/12	(K)24	00:46:15	00:45:29	13.19	00:24:00 / 724 [12.50]
679	3703	KOSIOREK Dariusz	WARSZAWA		66	M40/122	(M)655	00:46:16	00:45:06	13.30	00:24:09 / 765 [12.42]
680	4371	STĘPNIOWSKI Emil	RADOM		76	M30/252	(M)656	00:46:16	00:45:10	13.28	00:24:01 / 728 [12.49]
681	2938	GOLCZEWSKI STANISŁAW	KOBYŁKA		76	M30/253	(M)657	00:46:17	00:45:15	13.26	00:23:50 / 676 [12.59]
682	6135	LECHOWSKI Łukasz			09		(M)658	00:46:17	00:45:41	13.13	00:24:09 / 762 [12.42]
683	886	KUBASZEWSKI Krzysztof	WARSZAWA		90		(M)659	00:46:17	00:45:49	13.10	00:23:56 / 704 [12.53]
684	321	ŻERDZICKI Andrzej	WARSZAWA		54	M50/39	(M)660	00:46:18	00:45:38	13.15	00:23:49 / 674 [12.60]
685	1841	ROMANIUK Daniel	WARSZAWA	AIRBIKE	82	M20/178	(M)661	00:46:18	00:44:41	13.43	00:24:15 / 792 [12.37]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
686	3317	KOJRO Łukasz	WARSZAWA	ZWIĄZKOWIEC	78	M30/254	(M)662	00:46:19	00:45:23	13.22	00:23:56 / 699 [12.53]
687	4446	FRELEK Artur	WARSZAWA	SKANDIA	76	M30/255	(M)663	00:46:19	00:45:57	13.06	00:23:26 / 594 [12.80]
688	148	ŚMIGIELSKI Dominik	POZNAŃ		81	M20/179	(M)664	00:46:19	00:45:10	13.28	00:24:40 / 892 [12.16]
689	4616	NIEDUŻAK Dariusz	WARSZAWA		71	M30/256	(M)665	00:46:20	00:45:57	13.06	00:23:26 / 595 [12.80]
690	5429	CIEĆKO Artur	PRZEMYŚL	APTEKA W RYNKU	76	M30/257	(M)666	00:46:20	00:45:06	13.30	00:24:50 / 929 [12.08]
691	3303	KULIK Jacek	GRODZISK MAZOWIECKI		63	M40/123	(M)667	00:46:21	00:44:58	13.34	00:24:26 / 844 [12.28]
692	5838	MUSZCZAK Grzegorz	BYTOM	KOLEGIUM SĘDZIÓW BYTOM	80	M20/180	(M)668	00:46:22	00:45:55	13.07	00:22:55 / 457 [13.09]
693	5573	HENDZELEWSKI Marek	TOMASZÓW MAZ.	TKKF ZNP TOMASZÓW MAZ.	44	M60/5	(M)669	00:46:22	00:46:10	13.00	00:24:03 / 737 [12.47]
694	6562	KOSIAK Paweł	RADOM	UKS TECHNIK RADOM	80	M20/181	(M)670	00:46:23	00:42:41	14.06	00:25:54 / 1226 [11.58]
695	1268	ZIELIŃSKA Emilia	WARSZAWA	BODY RELAX	83	K20/8	(K)25	00:46:24	00:45:46	13.11	00:23:22 / 577 [12.84]
696	314	ŁASIŃSKI Paweł	WARSZAWA	PUMA URBAN RUNNING	83	M20/182	(M)671	00:46:25	00:46:19	12.95	00:23:48 / 671 [12.61]
697	5908	PERON Paweł	RZESZÓW		79	M30/258	(M)672	00:46:25	00:44:08	13.60	00:25:01 / 972 [11.99]
698	6591	BOROWSKI Piotr	WARSZAWA		69	M40/124	(M)673	00:46:25	00:46:19	12.95	00:23:30 / 605 [12.77]
699	536	LEWICKI Tomasz M.	WARSZAWA	MINERAL MIDRANGE S.A.	72	M30/259	(M)674	00:46:25	00:46:25	12.93	00:23:57 / 705 [12.53]
700	4146	RUDZEWICZ Sebastian	WARSZAWA		80	M20/183	(M)675	00:46:25	00:44:29	13.49	00:25:01 / 975 [11.99]
701	6366	ZADROŻNY Kamil	KĄTY	-----	93		(M)676	00:46:25	00:46:13	12.98	00:22:42 / 404 [13.22]
702	4189	ANDRZEJEWSKI Mariusz	POZNAŃ	ERA RUNNING TEAM	81	M20/184	(M)677	00:46:26	00:45:14	13.26	00:24:29 / 854 [12.25]
703	3428	GONDEK ANDRZEJ	WARSZAWA		74	M30/260	(M)678	00:46:26	00:45:55	13.07	00:23:32 / 610 [12.75]
704	3414	SZCZEREK Paweł	WARSZAWA		66	M40/125	(M)679	00:46:27	00:45:08	13.29	00:23:51 / 681 [12.58]
705	5732	KWIATKOWSKI Maciej	SOCHACZEW	GIMNAZJUM NR 3 SOCHACZEW	94		(M)680	00:46:29	00:46:16	12.97	00:22:27 / 360 [13.36]
706	5662	KOBIALKA Marcin	WARSZAWA		85	M20/185	(M)681	00:46:29	00:45:02	13.32	00:25:59 / 1237 [11.55]
707	6346	WRZESIŃSKI Kazimierz	WŁOCŁAWEK		62	M40/126	(M)682	00:46:29	00:46:03	13.03	00:23:44 / 648 [12.64]
708	1383	WAWROWSKI Janusz	WARSZAWA	ACTION	54	M50/40	(M)683	00:46:30	00:45:55	13.07	00:24:00 / 727 [12.50]
709	5587	JABŁOŃSKI Mariusz	RADOM	JW 3463 RADOM	74	M30/261	(M)684	00:46:30	00:45:33	13.17	00:24:17 / 803 [12.35]
710	2629	ŻULIŃSKI Andrzej	WARSZAWA		75	M30/262	(M)685	00:46:30	00:45:08	13.29	00:24:24 / 833 [12.30]
711	4788	TROC Sławomir	WARSZAWA		72	M30/263	(M)686	00:46:31	00:46:24	12.93	00:23:09 / 518 [12.96]
712	3302	KOSSOWSKI Piotr	WARSZAWA		77	M30/264	(M)687	00:46:32	00:45:39	13.14	00:24:25 / 837 [12.29]
713	5479	DYLAŁG piotr	WARSZAWA		67	M40/127	(M)688	00:46:32	00:45:18	13.25	00:23:55 / 697 [12.54]
714	3583	WOŹNIAK Michał	WARSZAWA		69	M40/128	(M)689	00:46:32	00:45:41	13.13	00:24:16 / 797 [12.36]
715	2209	DRABIK Jacek	SKIERNIEWICE		79	M30/265	(M)690	00:46:32	00:45:54	13.07	00:22:53 / 448 [13.11]
716	1278	GRABOWSKI ARTUR	PRZASNYSZ	NIEZRZESZONY	72	M30/266	(M)691	00:46:33	00:44:48	13.39	00:25:20 / 1080 [11.84]
717	595	SKONIECZNY Krzysztof	WROCŁAW		83	M20/186	(M)692	00:46:34	00:45:42	13.13	00:23:44 / 649 [12.64]
718	4217	MAĆKOWSKI Paweł	WARSZAWA		81	M20/187	(M)693	00:46:34	00:46:19	12.95	00:22:20 / 339 [13.43]
719	4160	RUDZIŃSKI Łukasz	WARSZAWA		76	M30/267	(M)694	00:46:34	00:44:46	13.40	00:25:28 / 1120 [11.78]
720	2819	WOLANIN Tomasz	WARSZAWA	NUTRICA	74	M30/268	(M)695	00:46:35	00:45:55	13.07	00:23:32 / 611 [12.75]
721	4432	ŚWIĄTEK Robert	WARSZAWA		63	M40/129	(M)696	00:46:35	00:45:53	13.08	00:23:55 / 695 [12.54]
722	5114	GLIŃSKI Łukasz	WARSZAWA	AZS WAT WARSZAWA	87	M20/188	(M)697	00:46:35	00:46:22	12.94	00:23:35 / 622 [12.72]
723	4175	WRÓBLEWSKI Michał	MAJDAN	MAJDAN	79	M30/269	(M)698	00:46:35	00:44:52	13.37	00:24:30 / 858 [12.24]
724	2710	FIEDORUK Piotr	WARSZAWA		62	M40/130	(M)699	00:46:36	00:46:36	12.88	00:24:00 / 723 [12.50]
725	3023	DZIENNIKARZ vip			09		(M)700	00:46:36	00:46:16	12.97	00:23:08 / 514 [12.97]
726	5612	JURCZAK Jacek	SIEDLCE		59	M50/41	(M)701	00:46:37	00:46:11	12.99	00:24:55 / 953 [12.04]
727	1534	WRÓBLEWSKI Kamil	GŁOSKÓW		88	M20/189	(M)702	00:46:38	00:45:55	13.07	00:24:02 / 736 [12.48]
728	5910	PETRYK Karol	WARSZAWA		82	M20/190	(M)703	00:46:39	00:44:21	13.53	00:25:30 / 1128 [11.76]
729	1856	KUKLA Marcin	WARSZAWA		69	M40/131	(M)704	00:46:39	00:45:54	13.07	00:24:30 / 857 [12.24]
730	3373	ANDZIAK Mirosław	GRÓJEC		72	M30/270	(M)705	00:46:40	00:46:14	12.98	00:24:11 / 776 [12.41]
731	2634	WASILIEW Christo	WARKA		52	M50/42	(M)706	00:46:40	00:46:32	12.89	00:23:12 / 532 [12.93]
732	620	ŻEGARSKI Tomasz	WARSZAWA		78	M30/271	(M)707	00:46:40	00:43:07	13.92	00:26:14 / 1315 [11.44]
733	3319	KOJRO Grzegorz	WARSZAWA	ZWIĄZKOWIEC	84	M20/191	(M)708	00:46:41	00:45:44	13.12	00:23:56 / 702 [12.53]
734	664	TRONIAZ Marcin	RASZYN		75	M30/272	(M)709	00:46:41	00:46:00	13.04	00:24:07 / 752 [12.44]
735	2739	SKOWRONEK Michał	WARSZAWA		87	M20/192	(M)710	00:46:41	00:46:41	12.85	00:24:41 / 898 [12.15]
736	2852	LUBIAN Michał	GARWOLIN	BLOCKERS	75	M30/273	(M)711	00:46:41	00:44:26	13.50	00:25:06 / 998 [11.95]
737	2670	KLUPŚ Damian	GOSTYŃ		83	M20/193	(M)712	00:46:41	00:45:36	13.16	00:24:20 / 819 [12.33]
738	1914	PATYŃOWSKI Sławomir	MYSIADŁO	NIEZRZESZONY	72	M30/274	(M)713	00:46:42	00:45:58	13.05	00:23:29 / 601 [12.78]
739	194	POLKO Roman	WARSZAWA		62	M40/132	(M)714	00:46:42	00:45:46	13.11	00:24:18 / 808 [12.35]
740	1747	KOWALSKI kamil	NIEPORĘT		86	M20/194	(M)715	00:46:42	00:44:23	13.52	00:25:11 / 1034 [11.91]
741	1748	BORYSIUK lukasz	HUSZLEW		87	M20/195	(M)716	00:46:43	00:44:24	13.51	00:25:07 / 1001 [11.94]
742	1583	TELEON Piotr	WARSZAWA		74	M30/275	(M)717	00:46:43	00:46:43	12.84	00:23:37 / 626 [12.70]
743	84	LECH Paweł			09		(M)718	00:46:44	00:46:39	12.86	00:23:22 / 574 [12.84]
744	5368	BIAŁOGRODZKI Leszek	PIASECZNO	PIASECZNO	71	M30/276	(M)719	00:46:44	00:46:05	13.02	00:22:58 / 470 [13.06]
745	1277	HOROSZYŃSKI Sylwester	ŻAGAŃ		73	M30/277	(M)720	00:46:44	00:44:59	13.34	00:25:20 / 1079 [11.84]
746	3368	LASKOWSKI Piotr	WARSZAWA		71	M30/278	(M)721	00:46:45	00:46:24	12.93	00:24:06 / 751 [12.45]
747	5939	PRZECISZEWSKI Jacek	WARSZAWA		90		(M)722	00:46:45	00:45:45	13.11	00:23:31 / 606 [12.76]
748	968	ZASINA Sebastian	PRUSZKÓW		82	M20/196	(M)723	00:46:45	00:45:30	13.19	00:24:15 / 794 [12.37]
749	2740	OŚCIK Paweł	WARSZAWA	WOPR WARSZAWA	64	M40/133	(M)724	00:46:46	00:45:58	13.05	00:23:48 / 673 [12.61]
750	896	KRUSZYŃSKI Andrzej	WARSZAWA		72	M30/279	(M)725	00:46:46	00:45:57	13.06	00:23:54 / 692 [12.55]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
751	3726	GAC Jacek	WARSZAWA		67	M40/134	(M)726	00:46:46	00:45:15	13.26	00:24:24 / 828 [12.30]
752	6338	WOJTYŚ Tomasz	WARSZAWA	KPMG MARATHON TEAM	75	M30/280	(M)727	00:46:46	00:45:51	13.09	00:24:09 / 764 [12.42]
753	1776	KUBAK Wojciech	WARSZAWA		73	M30/281	(M)728	00:46:47	00:46:47	12.83	00:23:24 / 586 [12.82]
754	2884	BŁOŃSKI Łukasz	WARSZAWA		86	M20/197	(M)729	00:46:48	00:46:16	12.97	00:23:47 / 667 [12.61]
755	5990	SADOWSKI Marcin	WARSZAWA		75	M30/282	(M)730	00:46:48	00:46:09	13.00	00:23:23 / 580 [12.83]
756	5803	MICHALUK Michał	LIPNO		86	M20/198	(M)731	00:46:49	00:44:35	13.46	00:25:49 / 1198 [11.62]
757	3236	SALA Mieczysław	JELEŃ GÓRA	KLUB BIEGACZA TP	61	M40/135	(M)732	00:46:49	00:46:20	12.95	00:23:59 / 714 [12.51]
758	2488	KALINOWSKI Jakub	WARSZAWA		85	M20/199	(M)733	00:46:49	00:45:54	13.07	00:24:19 / 813 [12.34]
759	1213	ZABOROWSKI Tomasz	WARSZAWA		82	M20/200	(M)734	00:46:50	00:46:09	13.00	00:23:53 / 686 [12.56]
760	2777	DMITROWSKI Piotr		BGK	09		(M)735	00:46:50	00:46:09	13.00	00:24:37 / 883 [12.19]
761	3367	LEŚNIEWSKI Michał	WARSZAWA		71	M30/283	(M)736	00:46:50	00:46:29	12.91	00:24:08 / 759 [12.43]
762	1900	MATWIEJ Dawid	DĘBICA	AKADEMIA SZTUK WALKI DĘBE WIELKIE	83	M20/201	(M)737	00:46:51	00:44:08	13.60	00:25:02 / 976 [11.98]
763	4671	NOWOSAD Michał	WARSZAWA		81	M20/202	(M)738	00:46:51	00:44:51	13.38	00:24:49 / 927 [12.09]
764	4361	ANC Kamil	WARSZAWA	UNTS-WARSZAWA	94		(M)739	00:46:51	00:46:32	12.89	00:24:45 / 913 [12.12]
765	3810	KOZŁOWSKI Piotr	RADZIEJÓW	WAT	88	M20/203	(M)740	00:46:51	00:46:38	12.87	00:23:25 / 588 [12.81]
766	4777	DĄBROWSKI Mirosław	WARSZAWA		67	M40/136	(M)741	00:46:51	00:46:51	12.81	00:24:02 / 735 [12.48]
767	6049	STYKOWSKI Sławomir	WARSZAWA	ART PROFI	78	M30/284	(M)742	00:46:52	00:46:40	12.86	00:23:44 / 646 [12.64]
768	142	DĄBROWSKI Mariusz	WOŁOMIN		77	M30/285	(M)743	00:46:52	00:45:56	13.06	00:23:54 / 691 [12.55]
769	6560	JANISZEWSKI Artur	WARSZAWA		88	M20/204	(M)744	00:46:52	00:46:41	12.85	00:23:25 / 590 [12.81]
770	3673	BOGUSKI Jacek	WARSZAWA	URSUS	84	M20/205	(M)745	00:46:53	00:46:27	12.92	00:24:10 / 773 [12.41]
771	3128	PIETRZAK Ryszard	NADARZYN	SWAT BIEGA	60	M40/137	(M)746	00:46:53	00:46:28	12.91	00:23:59 / 717 [12.51]
772	2690	PAWŁOWSKI Hubert	WARSZAWA		92		(M)747	00:46:54	00:45:22	13.23	00:24:18 / 806 [12.35]
773	4658	LORENC Piotr	MARKI	RAIFFEISEN-LEASING POLSKA S.A.	71	M30/286	(M)748	00:46:54	00:45:44	13.12	00:24:13 / 783 [12.39]
774	3555	PROTAS Patryk	WARSZAWA		94		(M)749	00:46:54	00:46:34	12.88	00:23:59 / 716 [12.51]
775	2259	BEBELSKI RAFAŁ	WARSZAWA		77	M30/287	(M)750	00:46:54	00:45:14	13.26	00:25:20 / 1084 [11.84]
776	2932	CZUBEK Mariusz	KONSTANCIN-JEZIORNA		76	M30/288	(M)751	00:46:55	00:45:46	13.11	00:24:24 / 830 [12.30]
777	2470	ŻABSKI Jacek	OPOLE		73	M30/289	(M)752	00:46:55	00:45:12	13.27	00:24:52 / 941 [12.06]
778	5827	MODRZEJEWSKI ROMAN	GRABÓW NAD PROSNĄ	STOWARZYSZENIE KATOLICKO-SPORTOWE	67	M40/138	(M)753	00:46:55	00:46:20	12.95	00:24:26 / 842 [12.28]
779	2026	KLIGLICH Paweł	WOŁOMIN		77	M30/290	(M)754	00:46:55	00:45:16	13.25	00:25:20 / 1082 [11.84]
780	5244	OPOWICZ Marzena	WARSZAWA	KB GYMNASION WARSZAWA	63	K40/4	(K)26	00:46:55	00:45:02	13.32	00:25:09 / 1017 [11.93]
781	4288	MARCHEWKA Jarosław	WARSZAWA		66	M40/139	(M)755	00:46:56	00:45:40	13.14	00:23:44 / 647 [12.64]
782	6371	ZAKRZEWSKI Robert	WARSZAWA		71	M30/291	(M)756	00:46:56	00:45:57	13.06	00:24:12 / 780 [12.40]
783	4655	BOMBIEN Bernd	WALSRODE		68	M40/140	(M)757	00:46:56	00:46:08	13.01	00:23:47 / 666 [12.61]
784	704	SZMYTKOWSKI Krzysztof	LEGIONOWO	KLUB BIEGACZA TPSA	72	M30/292	(M)758	00:46:56	00:46:28	12.91	00:24:58 / 968 [12.02]
785	4300	SKARŻYŃSKI BARTOSZ	WARSZAWA		77	M30/293	(M)759	00:46:56	00:46:39	12.86	00:21:54 / 274 [13.70]
786	5632	KAMIŃSKI Stanisław	NADARZYN		58	M50/43	(M)760	00:46:57	00:46:16	12.97	00:24:09 / 760 [12.42]
787	4892	WAŚLICKI Krzysztof	WARSZAWA		76	M30/294	(M)761	00:46:57	00:45:59	13.05	00:24:34 / 871 [12.21]
788	903	MOSSAKOWSKI Łukasz	WARSZAWA		76	M30/295	(M)762	00:46:58	00:46:54	12.79	00:23:32 / 612 [12.75]
789	4857	LUCZAJ Anna	BIELSKO - BIAŁA	BIESZCZADZKIE JELONKI	85	K20/9	(K)27	00:46:59	00:46:51	12.81	00:23:16 / 553 [12.89]
790	3205	SOBOLEWSKI Jakub	WARSZAWA	SOCHACZEW	77	M30/296	(M)763	00:46:59	00:42:40	14.06	00:26:05 / 1255 [11.50]
791	3665	BOGUCKI Bartek	WARSZAWA	URSUS	94		(M)764	00:46:59	00:43:20	13.85	00:25:38 / 1162 [11.70]
792	1419	TRUDNOWSKI Dariusz	WARSZAWA	ACTION	71	M30/297	(M)765	00:46:59	00:46:05	13.02	00:24:28 / 847 [12.26]
793	5287	ŁAWNICZAK Tomasz	POZNAŃ	KB MANIAC POZNAŃ	82	M20/206	(M)766	00:46:59	00:45:26	13.21	00:27:15 / 1651 [11.01]
794	1145	WIDŁAK Janusz	SIEDZÓW		73	M30/298	(M)767	00:47:00	00:47:00	12.77	00:24:14 / 788 [12.38]
795	3589	CZOSNYKA Tomasz	WARSZAWA		85	M20/207	(M)768	00:47:00	00:46:18	12.96	00:23:30 / 602 [12.77]
796	344	PALUS Paweł	WARSZAWA	GRUPA BEZPIECZNE FINANS BIZNESU	72	M30/299	(M)769	00:47:00	00:46:14	12.98	00:24:43 / 906 [12.14]
797	4804	SOŁTYSIAK Paweł	WARSZAWA		74	M30/300	(M)770	00:47:01	00:46:10	13.00	00:24:32 / 862 [12.23]
798	875	DAWID TOMASZ	WARSZAWA		73	M30/301	(M)771	00:47:01	00:47:01	12.76	00:23:23 / 583 [12.83]
799	776	KOSSAKOWSKA Katarzyna	WARSZAWA	DELOITTE ADVENTURE TEAM	74	K30/13	(K)28	00:47:02	00:46:48	12.82	00:24:17 / 805 [12.35]
800	2598	OSTASZEWSKI Hubert	WARSZAWA	W PIONIE	74	M30/302	(M)772	00:47:02	00:45:50	13.09	00:24:04 / 740 [12.47]
801	1857	PIECZAROWSKI Rafał	WARSZAWA	AIRBIKE	82	M20/208	(M)773	00:47:03	00:45:57	13.06	00:24:35 / 874 [12.20]
802	4557	ANTONKIEWICZ paweł	MIŃSK MAZOWIECKI		80	M20/209	(M)774	00:47:03	00:46:53	12.80	00:23:13 / 539 [12.92]
803	4445	RUTKOWSKI Filip	WARSZAWA		83	M20/210	(M)775	00:47:03	00:44:41	13.43	00:26:02 / 1250 [11.52]
804	4574	LIS Michał	GRABINA	ALETEMPO	79	M30/303	(M)776	00:47:03	00:45:48	13.10	00:25:03 / 982 [11.98]
805	6327	WOŁOS Paweł	SŁUPNO	TKKF PŁOCK	67	M40/141	(M)777	00:47:03	00:45:47	13.11	00:24:11 / 775 [12.41]
806	4713	BIERNAT Piotr	KRYNICA-ZDRÓJ		69	M40/142	(M)778	00:47:03	00:45:50	13.09	00:25:11 / 1035 [11.91]
807	3941	WASZCZYK Bernard	WARSZAWA		76	M30/304	(M)779	00:47:04	00:45:30	13.19	00:24:33 / 867 [12.22]
808	5192	JAROSZ Marcin	SANDOMIERZ		82	M20/211	(M)780	00:47:04	00:45:40	13.14	00:25:18 / 1074 [11.86]
809	3691	GAWRON Rafał	WARSZAWA		87	M20/212	(M)781	00:47:05	00:45:11	13.28	00:25:05 / 993 [11.96]
810	849	LATUSZEK Jarosław	GARWOLIN		70	M30/305	(M)782	00:47:05	00:45:46	13.11	00:24:04 / 739 [12.47]
811	3411	FRANKOWSKI JAKUB	WARSZAWA	KS MARATON OSTRÓW WLKP.	90		(M)783	00:47:06	00:46:31	12.90	00:24:42 / 904 [12.15]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
812	3366	CIEŚLA Wojciech	WARSZAWA		72	M30/306	(M)784	00:47:06	00:45:57	13.06	00:24:35 / 876 [12.20]
813	5274	KRAWCZYK tomasz	WARSZAWA		77	M30/307	(M)785	00:47:07	00:46:24	12.93	00:23:21 / 572 [12.85]
814	6347	WRZESIŃSKI Stefan	WŁOCŁAWEK		57	M50/44	(M)786	00:47:07	00:46:12	12.99	00:24:26 / 843 [12.28]
815	792	PRZYSZEWSKI Tomasz	KOBYŁKA		87	M20/213	(M)787	00:47:07	00:45:46	13.11	00:25:43 / 1175 [11.67]
816	2032	GAWIN Krzysztof	WARSZAWA		83	M20/214	(M)788	00:47:07	00:44:28	13.49	00:25:54 / 1227 [11.58]
817	6636	OSZAST Grzegorz	WROCLAW		67	M40/143	(M)789	00:47:07	00:46:35	12.88	00:23:57 / 709 [12.53]
818	3646	RACHWAŁ Michał	WARSZAWA		81	M20/215	(M)790	00:47:07	00:46:04	13.02	00:24:56 / 959 [12.03]
819	6067	SZCZEPANIAK Arkadiusz	MRAOWO		77	M30/308	(M)791	00:47:08	00:46:36	12.88	00:23:51 / 683 [12.58]
820	368	ŻAK Robert	WARSZAWA	ROBERT-ŻAK@INTERIA.PL	77	M30/309	(M)792	00:47:08	00:46:33	12.89	00:22:57 / 469 [13.07]
821	5493	FIRADZA Michał	KROŚNIEWICE		75	M30/310	(M)793	00:47:10	00:45:57	13.06	00:25:07 / 1003 [11.94]
822	829	OWSINSKI Andrzej	WARSZAWA	TEAM TECH DATA	70	M30/311	(M)794	00:47:10	00:46:01	13.04	00:23:24 / 585 [12.82]
823	4891	KLAMRA Grzegorz	SOSNOWIEC		79	M30/312	(M)795	00:47:10	00:46:25	12.93	00:24:45 / 912 [12.12]
824	2095	PIEC Darek	WARSZAWA		74	M30/313	(M)796	00:47:10	00:46:30	12.90	00:24:17 / 804 [12.35]
825	1144	ŻOCHOWSKI Marcin	WARSZAWA		76	M30/314	(M)797	00:47:11	00:46:12	12.99	00:24:04 / 738 [12.47]
826	1039	DOBROWOLSKI Marek	N.DWÓR MAZ.	JOGGER	64	M40/144	(M)798	00:47:11	00:47:11	12.72	00:23:34 / 616 [12.73]
827	1246	KLIMCZAK Adam	MYSIADLO	BRAK	66	M40/145	(M)799	00:47:12	00:47:04	12.75	00:23:31 / 608 [12.76]
828	1613	GAC Adam	WARSZAWA	VEGE RUNNERS	74	M30/315	(M)800	00:47:12	00:45:47	13.11	00:25:13 / 1049 [11.90]
829	2585	ROŻEK CEZARY	WARSZAWA		79	M30/316	(M)801	00:47:13	00:46:23	12.94	00:24:25 / 838 [12.29]
830	4810	DERESZ Weronika	WARSZAWA	WTW WARSZAWA	85	K20/10	(K)29	00:47:13	00:46:22	12.94	00:24:19 / 811 [12.34]
831	3553	PROTAS Darek	WARSZAWA		73	M30/317	(M)802	00:47:13	00:46:53	12.80	00:23:58 / 711 [12.52]
832	869	ŚCISŁOWSKI Norbert	WARKA	KS START PUŁASKI WARKA	82	M20/216	(M)803	00:47:14	00:45:42	13.13	00:25:06 / 999 [11.95]
833	5641	KARAS Jolanta	SULEJÓWEK		89	K20/11	(K)30	00:47:15	00:46:01	13.04	00:24:40 / 891 [12.16]
834	2373	SASIN Romuald	WARSZAWA	POLSKABIEGA	73	M30/318	(M)804	00:47:15	00:46:09	13.00	00:24:44 / 909 [12.13]
835	2607	OLAK Jacek	ŁÓDŹ		92		(M)805	00:47:15	00:45:59	13.05	00:25:04 / 986 [11.97]
836	3394	RADECKI PRZEMYSŁAW	BYDGOSZCZ		74	M30/319	(M)806	00:47:15	00:46:13	12.98	00:25:01 / 973 [11.99]
837	6350	WRÓBLEWSKI FILIP	WYSZKÓW	MONAR WYSZKÓW	87	M20/217	(M)807	00:47:16	00:45:40	13.14	00:25:32 / 1138 [11.75]
838	5334	BAŃBURA Piotr	KOŃSKIE	PASAT KOŃSKIE	79	M30/320	(M)808	00:47:17	00:46:23	12.94	00:24:29 / 852 [12.25]
839	5905	PECKA Tomasz	JASŁO		78	M30/321	(M)809	00:47:18	00:45:41	13.13	00:25:08 / 1014 [11.94]
840	2244	TARASZKIEWICZ Sławomir	WARSZAWA-WESOLA		74	M30/322	(M)810	00:47:18	00:46:42	12.85	00:24:08 / 758 [12.43]
841	3631	KAPUŚCIŃSKI Marcin	WARSZAWA	SKISPA.PL	80	M20/218	(M)811	00:47:18	00:45:36	13.16	00:26:00 / 1244 [11.54]
842	3140	WISZNIEWSKI Karol	WARSZAWA	BIEGAMY Z OCHOTĄ	82	M20/219	(M)812	00:47:19	00:46:30	12.90	00:24:10 / 770 [12.41]
843	2553	DOMIN Daniel	BAKAŁARZEWO	WARSZAWA	81	M20/220	(M)813	00:47:19	00:45:57	13.06	00:24:28 / 851 [12.26]
844	2587	MARSZAŁEK Marcin	CZĘSTOCHOWA		80	M20/221	(M)814	00:47:20	00:46:30	12.90	00:24:22 / 823 [12.31]
845	5037	CHYŁKOWSKI Michał	MILANÓWEK		76	M30/323	(M)815	00:47:20	00:47:20	12.68	00:23:52 / 685 [12.57]
846	5131	KAZIMIERSKI Piotr	WARSZAWA		78	M30/324	(M)816	00:47:20	00:46:08	13.01	00:24:50 / 932 [12.08]
847	5809	MIKOS jarosław	WARSZAWA		67	M40/146	(M)817	00:47:20	00:46:25	12.93	00:24:46 / 919 [12.11]
848	2386	FŁORCZAK Tomasz	WARSZAWA		80	M20/222	(M)818	00:47:20	00:47:20	12.68	00:26:07 / 1266 [11.49]
849	5652	KLIMIUK Tomasz	OTWOCK	BRAK	85	M20/223	(M)819	00:47:20	00:45:22	13.23	00:26:18 / 1343 [11.41]
850	4007	WOLIŃSKI Kamil	WARSZAWA		84	M20/224	(M)820	00:47:20	00:46:31	12.90	00:24:51 / 937 [12.07]
851	5245	ODOLCZYK jerzy	WARSZAWA		61	M40/147	(M)821	00:47:20	00:44:31	13.48	00:25:26 / 1114 [11.80]
852	2586	KARDOWSKI Dariusz	PIASECZNO		83	M20/225	(M)822	00:47:20	00:46:30	12.90	00:24:22 / 824 [12.31]
853	2187	ARNOLD Waldemar	WARSZAWA	KB GYMNASION	53	M50/45	(M)823	00:47:20	00:47:20	12.68	00:24:12 / 777 [12.40]
854	2200	LUTEREK Maciej	WARSZAWA		78	M30/325	(M)824	00:47:21	00:45:19	13.24	00:25:12 / 1041 [11.90]
855	184	FRYDRYCH Mariusz	WARSZAWA		59	M50/46	(M)825	00:47:21	00:47:09	12.73	00:24:06 / 748 [12.45]
856	763	DZIEKAN Krzysztof	GRUDZIĄDZ/PRUSZKÓW		72	M30/326	(M)826	00:47:22	00:46:28	12.91	00:24:28 / 849 [12.26]
857	1119	PIĘTASZEWSKI Adam	WARSZAWA		93		(M)827	00:47:22	00:45:53	13.08	00:25:29 / 1125 [11.77]
858	4709	BIERNAT JAN	WARSZAWA		70	M30/327	(M)828	00:47:23	00:46:10	13.00	00:25:11 / 1038 [11.91]
859	1694	BRACANOVIĆ daniel	RADOM		89	M20/226	(M)829	00:47:24	00:47:10	12.72	00:23:27 / 596 [12.79]
860	5026	TAUZ Andrzej	WARSZAWA		76	M30/328	(M)830	00:47:24	00:45:46	13.11	00:25:10 / 1028 [11.92]
861	1651	KOWALEWSKI Robert	WARSZAWA	GAZETA WYBORCZA	70	M30/329	(M)831	00:47:24	00:46:14	12.98	00:24:49 / 928 [12.09]
862	675	ŻUK Konrad	KOBYŁKA		88	M20/227	(M)832	00:47:24	00:46:28	12.91	00:24:24 / 829 [12.30]
863	411	GRABOWSKI Michał	ZIELONKA		75	M30/330	(M)833	00:47:25	00:46:23	12.94	00:23:45 / 653 [12.63]
864	5489	FIDECKI Wiesław	POZNAŃ	NIEZRZESZONY	44	M60/6	(M)834	00:47:25	00:46:17	12.96	00:25:18 / 1073 [11.86]
865	4496	MAZURKIEWICZ Andrzej	WÓŁKA KOZODAWSKA	KB GYMNASION WARSZAWA	53	M50/47	(M)835	00:47:26	00:47:06	12.74	00:25:08 / 1008 [11.94]
866	5096	KRÓL Sebastian	ŁUCZYCE		84	M20/228	(M)836	00:47:26	00:46:51	12.81	00:24:19 / 817 [12.34]
867	2479	WRÓBLEWSKI Janusz	ŁOMIANKI	BRAK	57	M50/48	(M)837	00:47:27	00:47:02	12.76	00:24:11 / 774 [12.41]
868	5321	ANTCZAK Agnieszka	ŁÓDŹ	BIEGACZ NOWOSOLNA	76	K30/14	(K)31	00:47:27	00:47:07	12.73	00:24:08 / 756 [12.43]
869	2722	GOLIAŃSKI Mariusz	WARKA	10 WARSZAWSKI PUŁK SAMOCHODOWY	82	M20/229	(M)838	00:47:27	00:47:20	12.68	00:23:41 / 639 [12.67]
870	1772	MAREK Łukasz	WARSZAWA	KOCHAM ŻONĘ	82	M20/230	(M)839	00:47:28	00:47:26	12.65	00:24:18 / 809 [12.35]
871	2953	FELIS PAWEŁ	WARSZAWA		69	M40/148	(M)840	00:47:29	00:46:32	12.89	00:24:51 / 936 [12.07]
872	3621	PRZYBYLSKI Piotr	WARSZAWA	Ś.U.K.S POLNA WARSZAWA	81	M20/231	(M)841	00:47:29	00:46:36	12.88	00:23:34 / 618 [12.73]
873	429	WDOWIARSKI Maciej	WARSZAWA		91		(M)842	00:47:29	00:46:14	12.98	00:23:45 / 655 [12.63]
874	4791	PIKIEL PIOTR	WARSZAWA	KS RASZYN	73	M30/331	(M)843	00:47:30	00:46:12	12.99	00:25:03 / 979 [11.98]
875	4120	BYSZEWSKI Grzegorz	WARSZAWA		84	M20/232	(M)844	00:47:30	00:45:24	13.22	00:25:22 / 1094 [11.83]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
876	3187	BRODZIK Piotr	WARSZAWA		75	M30/332	(M)845	00:47:31	00:45:59	13.05	00:24:19 / 816 [12.34]
877	3809	JURCZUK Jerzy	WARSZAWA		76	M30/333	(M)846	00:47:31	00:46:26	12.92	00:23:54 / 689 [12.55]
878	1579	CHARIASZ Paweł	WARSZAWA		73	M30/334	(M)847	00:47:31	00:47:05	12.74	00:24:37 / 885 [12.19]
879	5824	MISZTELA Dariusz	PŁOCK		61	M40/149	(M)848	00:47:32	00:46:27	12.92	00:25:15 / 1061 [11.88]
880	4299	WERONKO Jarosław	WARSZAWA		77	M30/335	(M)849	00:47:33	00:46:58	12.78	00:23:48 / 672 [12.61]
881	2611	RÓŻAŃSKI Krzysztof	WARSZAWA		66	M40/150	(M)850	00:47:33	00:46:53	12.80	00:24:41 / 900 [12.15]
882	4672	WRZESIŃSKI Przemysław	WARSZAWA		75	M30/336	(M)851	00:47:33	00:46:11	12.99	00:25:11 / 1033 [11.91]
883	5776	MAKULEC Dariusz	SOCHACZEW	KM III" AKTYWNI III"SOCHACZEW	69	M40/151	(M)852	00:47:33	00:47:03	12.75	00:24:23 / 826 [12.30]
884	876	CHMIELEWSKI Artur	WARSZAWA		68	M40/152	(M)853	00:47:33	00:45:56	13.06	00:25:04 / 989 [11.97]
885	2628	PAWLICKI Tomasz	WARSZAWA		80	M20/233	(M)854	00:47:34	00:46:19	12.95	00:25:06 / 1000 [11.95]
886	2099	OSAKOWICZ Mateusz	WARSZAWA		80	M20/234	(M)855	00:47:34	00:45:45	13.11	00:24:48 / 923 [12.10]
887	5510	GAKOS Mateusz	BRODNICA	JW 3537	84	M20/235	(M)856	00:47:34	00:45:38	13.15	00:25:18 / 1072 [11.86]
888	2264	SZCZEPANIAK Henryk	WARSZAWA		66	M40/153	(M)857	00:47:34	00:46:21	12.94	00:25:40 / 1167 [11.69]
889	4958	TOMASZEWSKI sebastian	ŻYRARDÓW	WTS DESKI	77	M30/337	(M)858	00:47:34	00:45:43	13.12	00:25:31 / 1135 [11.76]
890	4860	MAZUREK Michał	KONSTANCIN-JEZIORNA	RUN EUROSOF	77	M30/338	(M)859	00:47:35	00:47:14	12.70	00:24:05 / 744 [12.46]
891	5502	FRYDRYCHOWSKI Przemysław	KLECZEW	OSIR KLECZEW	71	M30/339	(M)860	00:47:35	00:46:58	12.78	00:24:09 / 763 [12.42]
892	3259	BOWERS Kyle	WARSZAWA		68	M40/154	(M)861	00:47:35	00:45:54	13.07	00:25:18 / 1071 [11.86]
893	737	SOSZYŃSKI Krzysztof	WARSZAWA	AMATOR	63	M40/155	(M)862	00:47:36	00:47:03	12.75	00:24:30 / 859 [12.24]
894	4135	KILIŃSKI Tomasz	WARSZAWA		79	M30/340	(M)863	00:47:36	00:45:12	13.27	00:25:05 / 995 [11.96]
895	4776	KAPAON Łazarz	LEGIONOWO		92		(M)864	00:47:37	00:45:32	13.18	00:25:06 / 997 [11.95]
896	1206	KRETKIEWICZ RAFAŁ	WARSZAWA		77	M30/341	(M)865	00:47:37	00:47:03	12.75	00:24:13 / 785 [12.39]
897	5046	SMOLIK Sławomir	WARSZAWA	BRĄK	64	M40/156	(M)866	00:47:38	00:46:35	12.88	00:24:35 / 873 [12.20]
898	331	KOTASIŃSKI Michał	WARSZAWA		51	M50/49	(M)867	00:47:38	00:47:32	12.62	00:23:57 / 708 [12.53]
899	6077	SZMAJDA Paweł	WŁOCŁAWEK		67	M40/157	(M)868	00:47:38	00:46:58	12.78	00:24:36 / 877 [12.20]
900	4883	ZAWODNIK DO UZUP					(M)869	00:47:39	00:47:06	12.74	00:24:17 / 802 [12.35]
901	4600	PYNDRYK Norbert	WARSZAWA		81	M20/236	(M)870	00:47:39	00:46:16	12.97	00:25:25 / 1109 [11.80]
902	4844	MARCINKOWSKI Jakub	WARSZAWA	AKZONOBEL RUNNING TEAM	75	M30/342	(M)871	00:47:39	00:47:34	12.61	00:23:28 / 599 [12.78]
903	6384	ZIELSKI Grzegorz	ŻYRARDÓW	SPARTAN KNURÓW	78	M30/343	(M)872	00:47:40	00:46:31	12.90	00:25:17 / 1067 [11.87]
904	5550	GRZELCZAK Tomasz	ŁÓDŹ		67	M40/158	(M)873	00:47:40	00:46:44	12.84	00:24:29 / 855 [12.25]
905	251	SOKOŁOWSKI Tomasz	WARSZAWA	KP LEGIA	70	M30/344	(M)874	00:47:40	00:47:32	12.62	00:22:47 / 426 [13.17]
906	2980	LANCKAMER Robert	WARSZAWA		72	M30/345	(M)875	00:47:40	00:46:53	12.80	00:24:55 / 951 [12.04]
907	1971	FIJAŁKOWSKI Marek	WARSZAWA		73	M30/346	(M)876	00:47:41	00:47:19	12.68	00:24:44 / 910 [12.13]
908	1248	KARP Jakub	ZIELONKA		74	M30/347	(M)877	00:47:41	00:46:29	12.91	00:24:51 / 938 [12.07]
909	677	KONASZCZYC Michał	JÓZEFOSŁAW		71	M30/348	(M)878	00:47:41	00:46:47	12.83	00:24:23 / 825 [12.30]
910	5025	ŁONIEWSKA Agnieszka	WARSZAWA		86	K20/12	(K)32	00:47:41	00:47:05	12.74	00:24:15 / 791 [12.37]
911	6597	ŚCIBOCIŃSKI Aleksander	WARSZAWA		75	M30/349	(M)879	00:47:42	00:47:14	12.70	00:23:56 / 701 [12.53]
912	5909	PETKOWICZ Paweł	WARSZAWA		77	M30/350	(M)880	00:47:43	00:42:38	14.07	00:26:36 / 1431 [11.28]
913	4040	STARCZYŃSKI DARIUSZ	WARSZAWA	NIEZRZESZONY	74	M30/351	(M)881	00:47:43	00:46:51	12.81	00:24:34 / 869 [12.21]
914	2653	CAŁKA Paweł	WARSZAWA		47	M60/7	(M)882	00:47:44	00:46:37	12.87	00:25:43 / 1173 [11.67]
915	5917	PIETRZAK Mieczysław	PIASTÓW		65	M40/159	(M)883	00:47:45	00:46:40	12.86	00:23:56 / 703 [12.53]
916	6879	PĘCINA Konrad	PABIANICE		91		(M)884	00:47:45	00:46:45	12.83	00:24:54 / 948 [12.05]
917	5163	SOWIŃSKI Rafał	WARSZAWA		70	M30/352	(M)885	00:47:46	00:47:22	12.67	00:23:45 / 652 [12.63]
918	6155	ZAKRZEWSKI Przemysław			55	M50/50	(M)886	00:47:46	00:46:47	12.83	00:24:14 / 789 [12.38]
919	3594	LUBOŃSKA Urszula	WARSZAWA	CYKLOTRAMP TEAM	77	K30/15	(K)33	00:47:46	00:46:15	12.97	00:25:00 / 971 [12.00]
920	5768	MADEJ Paweł	GDAŃSK		85	M20/237	(M)887	00:47:48	00:46:10	13.00	00:26:08 / 1272 [11.48]
921	4681	FIRS Łukasz	SOKÓŁKA		82	M20/238	(M)888	00:47:48	00:46:51	12.81	00:24:45 / 911 [12.12]
922	5774	MAJEWSKI Karol	WARSZAWA		79	M30/353	(M)889	00:47:48	00:46:51	12.81	00:25:09 / 1016 [11.93]
923	2498	PYSZYŃSKI Mariusz	WARSZAWA	ITI ADVENTURE TEAM	75	M30/354	(M)890	00:47:49	00:47:33	12.62	00:24:10 / 772 [12.41]
924	3549	KORNILUK Piotr	RUDA ŚLĄSKA	WAT	87	M20/239	(M)891	00:47:50	00:45:52	13.08	00:25:07 / 1004 [11.94]
925	5396	BRASIUN Mieczysław	NOWY DWÓR	MISTRZOSTWA WOJSKA POLSKIEGO	74	M30/355	(M)892	00:47:52	00:44:19	13.54	00:26:15 / 1321 [11.43]
926	5903	PAWLAK PIOTR	BRODNICA	JW 3537	73	M30/356	(M)893	00:47:54	00:47:02	12.76	00:24:06 / 749 [12.45]
927	3487	POBOCHA Andrzej	WARSZAWA		68	M40/160	(M)894	00:47:54	00:47:32	12.62	00:24:56 / 954 [12.03]
928	3460	ILCZUK Maciej	BŁONIE	LKS OLYMP	60	M40/161	(M)895	00:47:55	00:47:36	12.61	00:23:55 / 696 [12.54]
929	5401	BRÓDKA Paweł	RADOM	KUB MARATOŃCZYKA AZS PR	74	M30/357	(M)896	00:47:55	00:47:07	12.73	00:24:15 / 790 [12.37]
930	2508	WACHNIK PIOTR	WARSZAWA	NIEZRZESZONY	60	M40/162	(M)897	00:47:56	00:47:04	12.75	00:24:30 / 856 [12.24]
931	2736	SPYCHAŁSKI Rafał	WARSZAWA		75	M30/358	(M)898	00:47:56	00:47:56	12.52	00:25:16 / 1062 [11.87]
932	4035	WILCZYŃSKI Tomasz	WARSZAWA		87	M20/240	(M)899	00:47:56	00:46:17	12.96	00:25:31 / 1134 [11.76]
933	4868	SIBIGA Dariusz	WARSZAWA		64	M40/163	(M)900	00:47:57	00:47:48	12.55	00:23:57 / 707 [12.53]
934	1683	KLIMKOWSKI cezary	WARSZAWA		77	M30/359	(M)901	00:47:57	00:46:00	13.04	00:25:20 / 1081 [11.84]
935	541	WIECZOREK Grzegorz	WARSZAWA		78	M30/360	(M)902	00:47:57	00:47:46	12.56	00:24:16 / 795 [12.36]
936	4543	DOMARSKA Wiesława	WARSZAWA		69	K40/5	(K)34	00:47:58	00:47:28	12.64	00:24:19 / 812 [12.34]
937	4314	DZIUBECKI Jakub	WARSZAWA		78	M30/361	(M)903	00:47:58	00:47:03	12.75	00:24:41 / 897 [12.15]
938	1697	JACH Patryk	WARSZAWA		92		(M)904	00:47:58	00:47:37	12.60	00:24:12 / 779 [12.40]
939	3405	WYSZOMIERSKI Dariusz	WARSZAWA		71	M30/362	(M)905	00:47:58	00:46:15	12.97	00:25:28 / 1122 [11.78]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
940	4808	PACHOCKI Robert	WARSZAWA		66	M40/164	(M)906	00:47:58	00:46:40	12.86	00:25:59 / 1238 [11.55]
941	6146	BIELLERUP Peter			59	M50/51	(M)907	00:47:58	00:46:40	12.86	00:25:09 / 1020 [11.93]
942	2112	KIELEK Przemysław	GRODZISK MAZOWIECKI		78	M30/363	(M)908	00:47:59	00:47:01	12.76	00:25:04 / 988 [11.97]
943	2282	BIENIEK Paweł	WARSZAWA		92		(M)909	00:48:00	00:46:57	12.78	00:24:25 / 835 [12.29]
944	4606	SCRIVO ANDREA	WAESZAWA		84	M20/241	(M)910	00:48:00	00:46:53	12.80	00:24:45 / 916 [12.12]
945	3412	BURNOS Piotr	ŁOMŻA	JELEŃ Z ŁOMŻY	78	M30/364	(M)911	00:48:00	00:44:22	13.52	00:27:04 / 1589 [11.08]
946	4008	WOJCIECHOWSKI Michał	WARSZAWA		73	M30/365	(M)912	00:48:01	00:48:01	12.50	00:26:07 / 1268 [11.49]
947	2728	PERET Elżbieta	WARSZAWA	KB GYMNASION	82	K20/13	(K)35	00:48:01	00:46:57	12.78	00:24:59 / 969 [12.01]
948	2616	MALINOWSKI Rafał	WARSZAWA		78	M30/366	(M)913	00:48:01	00:47:21	12.67	00:24:19 / 815 [12.34]
949	3884	WESOŁOWSKI Maciej	GRODZISK MAZOWIECKI	KLUB BIEGACZA NIKE	78	M30/367	(M)914	00:48:01	00:47:01	12.76	00:24:38 / 887 [12.18]
950	5203	FERRARIS Danilo	WARSZAWA	ART PROFI WARSZAWA	56	M50/52	(M)915	00:48:01	00:46:57	12.78	00:25:07 / 1005 [11.94]
951	6637	ZAWODNIK DO UZUP					(M)916	00:48:02	00:47:21	12.67	00:24:16 / 798 [12.36]
952	2770	BIENIEK Joanna	NOWY DWÓR		81	K20/14	(K)36	00:48:03	00:47:16	12.69	00:25:28 / 1123 [11.78]
953	4773	ZAWODNIK DO UZUP					(M)917	00:48:03	00:45:41	13.13	00:26:18 / 1350 [11.41]
954	3238	WINCZURA Piotr	TORUŃ	KLUB BIEGACZA TP S.A.	57	M50/53	(M)918	00:48:04	00:47:35	12.61	00:24:41 / 896 [12.15]
955	5038	CHYLKOWSKI Marcin	MICHAŁOWICE	INDYWIDUALNIE	76	M30/368	(M)919	00:48:06	00:47:38	12.60	00:24:32 / 863 [12.23]
956	4559	STAWOWSKI Piotr	WARSZAWA		79	M30/369	(M)920	00:48:07	00:47:18	12.68	00:24:37 / 884 [12.19]
957	3702	BRZEZIŃSKI Dariusz	WARSZAWA		74	M30/370	(M)921	00:48:07	00:45:15	13.26	00:26:06 / 1264 [11.49]
958	3309	SZMIDT Jacek	WARSZAWA	BIELAŃSKI	57	M50/54	(M)922	00:48:08	00:47:45	12.57	00:24:33 / 866 [12.22]
959	3554	MUTURI Oskar	WARSZAWA		94		(M)923	00:48:08	00:47:48	12.55	00:23:59 / 715 [12.51]
960	2045	ZYCH Tomasz	JASIENICA		91		(M)924	00:48:09	00:47:46	12.56	00:24:05 / 746 [12.46]
961	5314	ADAMCZYK Łukasz	SOSNOWIEC		76	M30/371	(M)925	00:48:09	00:47:09	12.73	00:24:34 / 872 [12.21]
962	1682	GONDEK Robert	WARSZAWA	ALLIANZ MTB TEAM	76	M30/372	(M)926	00:48:09	00:46:52	12.80	00:24:46 / 918 [12.11]
963	422	DŁUTOWSKI Tomasz	WINNICA		76	M30/373	(M)927	00:48:09	00:47:19	12.68	00:23:10 / 524 [12.95]
964	6034	STANIS Michał	WARSZAWA		80	M20/242	(M)928	00:48:10	00:46:48	12.82	00:25:42 / 1171 [11.67]
965	1373	KUCHTA Piotr	WARSZAWA	ACTION	76	M30/374	(M)929	00:48:10	00:47:18	12.68	00:25:35 / 1153 [11.73]
966	5828	MOKROS Łukasz	PABIANICE		91		(M)930	00:48:10	00:47:10	12.72	00:25:34 / 1148 [11.73]
967	1084	LEŚ Tomasz	WARSZAWA		88	M20/243	(M)931	00:48:10	00:47:21	12.67	00:25:03 / 985 [11.98]
968	1073	NOWAK Lucyna	WARSZAWA		71	K30/16	(K)37	00:48:11	00:47:39	12.59	00:24:27 / 845 [12.27]
969	1044	SKRZESZEWSKI Grzegorz	WARSZAWA		58	M50/55	(M)932	00:48:12	00:48:09	12.46	00:24:09 / 766 [12.42]
970	5951	RĘBIŚ Tomasz	PIASECZNO	POLSKA BIEGA	74	M30/375	(M)933	00:48:12	00:47:04	12.75	00:25:14 / 1054 [11.89]
971	2851	KOSOWSKI Przemysław	WARSZAWA		69	M40/165	(M)934	00:48:12	00:47:22	12.67	00:24:51 / 935 [12.07]
972	1452	KOLAT Daniel	WARSZAWA		70	M30/376	(M)935	00:48:13	00:47:05	12.74	00:24:39 / 889 [12.17]
973	3639	KRASUSKI Piotr	SOCHACZEW		88	M20/244	(M)936	00:48:14	00:47:09	12.73	00:24:50 / 931 [12.08]
974	1003	KOŁODZIEJ PAWEŁ	JÓZEFÓW	UKS BUSHI W OTWOCKU	66	M40/166	(M)937	00:48:14	00:47:24	12.66	00:24:27 / 846 [12.27]
975	1254	OLC Grzegorz	WARSZAWA		79	M30/377	(M)938	00:48:14	00:47:10	12.72	00:24:58 / 967 [12.02]
976	1271	ŁUCZAK Piotr	STARE BABICE		86	M20/245	(M)939	00:48:14	00:46:30	12.90	00:26:16 / 1331 [11.42]
977	1026	GOLAŃSKI daniel	USTRZYKI DOLNE		83	M20/246	(M)940	00:48:15	00:48:15	12.44	00:26:30 / 1400 [11.32]
978	2351	WOJTKOWSKI Ireneusz	WARSZAWA		61	M40/167	(M)941	00:48:15	00:47:19	12.68	00:24:41 / 893 [12.15]
979	749	URBAŃSKI Mirosław	SIERADZ		69	M40/168	(M)942	00:48:15	00:46:07	13.01	00:26:31 / 1401 [11.31]
980	2163	GALICKI Kamil	WARSZAWA	BRAK	77	M30/378	(M)943	00:48:16	00:47:45	12.57	00:24:28 / 848 [12.26]
981	6148	CHMIELEWSKI Paweł	WARSZAWA		81	M20/247	(M)944	00:48:16	00:46:43	12.84	00:24:54 / 949 [12.05]
982	3418	KRÓL Marek	WARSZAWA		80	M20/248	(M)945	00:48:16	00:47:17	12.69	00:24:38 / 886 [12.18]
983	2001	DZIEMIDEK Tomasz	WARSZAWA	AZS UW WARSZAWA	75	M30/379	(M)946	00:48:16	00:47:58	12.51	00:24:12 / 781 [12.40]
984	2247	ZYCH Tomasz	KRUSZEWO	NADLEŚNICTWO OSTROŁĘKA	49	M60/8	(M)947	00:48:17	00:47:33	12.62	00:25:07 / 1002 [11.94]
985	5695	KOZŁOWSKI Tomasz	PIASECZNO	PIASECZNO-STARA IWICZNA	72	M30/380	(M)948	00:48:17	00:45:29	13.19	00:26:51 / 1523 [11.17]
986	5605	JASIŃSKI Robert	WARSZAWA	C.W.K.S	83	M20/249	(M)949	00:48:17	00:46:10	13.00	00:26:00 / 1242 [11.54]
987	1829	OSTAP Zbigniew	WARSZAWA	CARSERVIS	54	M50/56	(M)950	00:48:18	00:48:18	12.42	00:26:26 / 1383 [11.35]
988	2030	OSTAP Robert	WARSZAWA		89	M20/250	(M)951	00:48:18	00:46:32	12.89	00:26:26 / 1384 [11.35]
989	3264	PAŁAŻEJ Marcin	WARSZAWA		71	M30/381	(M)952	00:48:18	00:46:49	12.82	00:26:05 / 1257 [11.50]
990	4090	ŚWIĘTOŃ Grzegorz	URLE		79	M30/382	(M)953	00:48:19	00:47:01	12.76	00:25:11 / 1037 [11.91]
991	1104	CHUDZIK MACIEJ	JÓZEFÓW	MADZIA	74	M30/383	(M)954	00:48:19	00:48:19	12.42	00:24:00 / 726 [12.50]
992	1603	MIZIOŁEK Andrzej	JÓZEFÓW		70	M30/384	(M)955	00:48:21	00:46:54	12.79	00:24:58 / 965 [12.02]
993	3057	KOZŁOWSKI Ludwik	WARSZAWA		57	M50/57	(M)956	00:48:21	00:48:21	12.41	00:26:23 / 1369 [11.37]
994	4041	ZEBZDA Robert	NOWA SARZYNA		76	M30/385	(M)957	00:48:22	00:47:29	12.64	00:24:01 / 729 [12.49]
995	2208	HENSLER Grzegorz	WARSZAWA		77	M30/386	(M)958	00:48:23	00:47:48	12.55	00:24:13 / 784 [12.39]
996	1430	SZAFRANIEC Cezary	WARSZAWA	ACTION	71	M30/387	(M)959	00:48:23	00:46:17	12.96	00:26:13 / 1311 [11.44]
997	5602	JAROSZ Leszek	ROZPRZA		75	M30/388	(M)960	00:48:23	00:48:17	12.43	00:24:39 / 888 [12.17]
998	3660	PIRÓG Arek	WARSZAWA	URSUS	94		(M)961	00:48:23	00:47:13	12.71	00:26:53 / 1535 [11.16]
999	10	BUKOWSKI Janusz			09		(M)962	00:48:24	00:48:22	12.41	00:24:09 / 761 [12.42]
1000	1049	MALISZEWSKI Jacek	WARSZAWA	DRUŻYNA SZPIKU	74	M30/389	(M)963	00:48:24	00:46:37	12.87	00:25:48 / 1191 [11.63]
1001	5306	ŻUROWSKI Maciej	KONIN		72	M30/390	(M)964	00:48:24	00:47:19	12.68	00:25:10 / 1024 [11.92]
1002	2392	BIELECKI Marcin	WARSZAWA		72	M30/391	(M)965	00:48:25	00:47:17	12.69	00:25:22 / 1098 [11.83]
1003	5906	PEJSKI cezary	WARSZAWA		55	M50/58	(M)966	00:48:25	00:46:44	12.84	00:26:01 / 1246 [11.53]
1004	1223	GRANT ZBIGNIEW	WARSZAWA		59	M50/59	(M)967	00:48:25	00:47:01	12.76	00:25:13 / 1048 [11.90]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1005	628	KOZŁOWSKI Marek	WARSZAWA		71	M30/392	(M)968	00:48:25	00:47:24	12.66	00:24:50 / 934 [12.08]
1006	5845	NALAZEK Maciej	MIŃSK MAZOWIECKI	-	86	M20/251	(M)969	00:48:26	00:48:20	12.41	00:23:40 / 634 [12.68]
1007	6014	SMARZEWSKI Adrian	WARSZAWA		81	M20/252	(M)970	00:48:26	00:47:19	12.68	00:25:08 / 1009 [11.94]
1008	2033	MAČKOWIAK Mirosław	JÓZEFÓW		62	M40/169	(M)971	00:48:26	00:48:15	12.44	00:25:02 / 977 [11.98]
1009	1219	KOWALEWSKI Daniel	WARSZAWA		73	M30/393	(M)972	00:48:27	00:47:22	12.67	00:25:14 / 1055 [11.89]
1010	1808	MALISZEWSKI Cezary	WARSZAWA	DENAT WARSZAWA	58	M50/60	(M)973	00:48:28	00:46:20	12.95	00:25:25 / 1112 [11.80]
1011	3579	WIŚNIEWSKI Tomasz	WARSZAWA		70	M30/394	(M)974	00:48:28	00:47:28	12.64	00:25:12 / 1039 [11.90]
1012	5601	JAROSIEWICZ Damian	ŁOMŻA		84	M20/253	(M)975	00:48:28	00:47:27	12.64	00:26:12 / 1299 [11.45]
1013	5603	JAROSZEWSKI Roman	PŁOCK	TKKF PŁOCK	67	M40/170	(M)976	00:48:29	00:47:13	12.71	00:25:09 / 1018 [11.93]
1014	747	STAFIEJ Karol	WARSZAWA		62	M40/171	(M)977	00:48:29	00:47:39	12.59	00:24:53 / 946 [12.06]
1015	5020	NIEMCZYK Damian	WARSZAWA	MOKOTOW	83	M20/254	(M)978	00:48:29	00:47:44	12.57	00:24:31 / 861 [12.24]
1016	4926	NIZIOŁ Marian	PIASECZNO		57	M50/61	(M)979	00:48:29	00:47:18	12.68	00:25:20 / 1085 [11.84]
1017	3610	BOGUSZ Jerzy	WARSZAWA		51	M50/62	(M)980	00:48:29	00:46:56	12.78	00:25:24 / 1105 [11.81]
1018	2639	SZAŁADZIŃSKI Sebastian	ZĄBKI		75	M30/395	(M)981	00:48:29	00:47:46	12.56	00:25:13 / 1047 [11.90]
1019	3161	KOZYRA Michał	DZWOLA		87	M20/255	(M)982	00:48:29	00:46:30	12.90	00:25:33 / 1144 [11.74]
1020	3478	SARACEN Aleksandra	WARSZAWA		77	K30/17	(K)38	00:48:30	00:47:39	12.59	00:24:37 / 880 [12.19]
1021	6654	SARNA oktavian	WARSZAWA		62	M40/172	(M)983	00:48:30	00:47:39	12.59	00:24:37 / 881 [12.19]
1022	3734	MAJ Grzegorz	CZŁUCHÓW		86	M20/256	(M)984	00:48:30	00:48:30	12.37	00:25:21 / 1088 [11.83]
1023	3550	PILECKI Adam	STALOWA WOLA	WAT	88	M20/257	(M)985	00:48:30	00:46:32	12.89	00:25:14 / 1058 [11.89]
1024	5162	KURDEJ Marek	WARSZAWA		87	M20/258	(M)986	00:48:30	00:47:16	12.69	00:24:31 / 860 [12.24]
1025	1699	GÓRSKI Marcin	WARSZAWA		80	M20/259	(M)987	00:48:31	00:47:35	12.61	00:24:07 / 753 [12.44]
1026	5753	LIPCZYŃSKI Przemysław	DĘBICA	WAT	88	M20/260	(M)988	00:48:31	00:48:20	12.41	00:24:00 / 721 [12.50]
1027	1006	GOLBERG Dawid	WARSZAWA		85	M20/261	(M)989	00:48:31	00:48:14	12.44	00:24:50 / 930 [12.08]
1028	1549	SUSKI Mirosław	ZĄBKI		72	M30/396	(M)990	00:48:32	00:47:14	12.70	00:24:56 / 956 [12.03]
1029	480	TULIK Maria	WARSZAWA		75	K30/18	(K)39	00:48:32	00:46:13	12.98	00:26:13 / 1309 [11.44]
1030	4585	MUSIAŁ Robert	WARSZAWA		66	M40/173	(M)991	00:48:32	00:47:02	12.76	00:25:37 / 1159 [11.71]
1031	6139	KULAK klaudiusz	WARSZAWA	BRAK	77	M30/397	(M)992	00:48:32	00:47:58	12.51	00:25:04 / 987 [11.97]
1032	5266	CHYLEWSKI Paweł	BYDGOSZCZ		82	M20/262	(M)993	00:48:32	00:46:29	12.91	00:26:38 / 1442 [11.26]
1033	3552	GÓDZDZIEJEWSKA Anna	OLSZTYN	MASTERS KORMORAN OLSZTYN	67	K40/6	(K)40	00:48:32	00:46:40	12.86	00:26:05 / 1263 [11.50]
1034	4278	KALINOWSKI ALBERT	ŁÓDŹ		62	M40/174	(M)994	00:48:33	00:46:56	12.78	00:25:21 / 1087 [11.83]
1035	2930	KWAŚNIEWSKI Włodzimierz	WARSZAWA	WARSZAWA	52	M50/63	(M)995	00:48:34	00:47:48	12.55	00:24:42 / 902 [12.15]
1036	1508	ZAŚKO Anna	WARSZAWA	LASEK BIELAŃSKI TEAM	76	K30/19	(K)41	00:48:34	00:47:00	12.77	00:25:50 / 1206 [11.61]
1037	1501	DĘBSKI Robert	WARSZAWA		91		(M)996	00:48:34	00:47:43	12.57	00:27:55 / 1900 [10.75]
1038	5725	KUJAWSKI Tomasz	JOZEFOW		80	M20/263	(M)997	00:48:35	00:47:20	12.68	00:25:19 / 1076 [11.85]
1039	1274	BELKIEWICZ RAFAŁ	WARSZAWA		80	M20/264	(M)998	00:48:35	00:47:36	12.61	00:24:53 / 943 [12.06]
1040	565	ORŁOWSKI Marek	WARSZAWA		73	M30/398	(M)999	00:48:35	00:47:21	12.67	00:25:08 / 1007 [11.94]
1041	2271	MARCZYK Maciej	WARSZAWA		67	M40/175	(M)1000	00:48:36	00:48:09	12.46	00:24:26 / 840 [12.28]
1042	3693	MIESZEK Marcin	WARSZAWA	IM 2010 WARSZAWA	82	M20/265	(M)1001	00:48:36	00:47:48	12.55	00:24:57 / 961 [12.02]
1043	2242	BOBRYK Krzysztof	WARSZAWA		91		(M)1002	00:48:37	00:46:47	12.83	00:26:10 / 1291 [11.46]
1044	1177	KOWAL Andrzej	WARSZAWA		65	M40/176	(M)1003	00:48:37	00:47:30	12.63	00:24:47 / 920 [12.10]
1045	3902	PRZYBYSZ Leszek	GRODZISK MAZOWIECKI		66	M40/177	(M)1004	00:48:37	00:48:18	12.42	00:24:16 / 800 [12.36]
1046	4582	SOCHOŃ Aleksander	WARSZAWA		72	M30/399	(M)1005	00:48:37	00:47:14	12.70	00:25:29 / 1127 [11.77]
1047	6689	PODGORZELSKI maciej	WARSZAWA		82	M20/266	(M)1006	00:48:37	00:47:31	12.63	00:24:46 / 917 [12.11]
1048	4285	CHACZYKOWSKI Jacek	PRUSZKÓW	TEAM NUTRILITE	72	M30/400	(M)1007	00:48:38	00:46:53	12.80	00:25:39 / 1165 [11.70]
1049	2427	STELMASZCZYK Maciej	WARSZAWA		76	M30/401	(M)1008	00:48:38	00:47:46	12.56	00:25:16 / 1066 [11.87]
1050	5529	GODLEWSKA MAŁGORZATA	WARSZAWA		82	K20/15	(K)42	00:48:39	00:48:31	12.37	00:24:55 / 952 [12.04]
1051	5206	TOKAJ Bartosz	WARSZAWA		80	M20/267	(M)1009	00:48:39	00:47:17	12.69	00:25:25 / 1110 [11.80]
1052	3841	ROGOZIŃSKI JĘDRZEJ	WARSZAWA	WARSZAWA - TARGÓWEK	85	M20/268	(M)1010	00:48:39	00:47:26	12.65	00:25:22 / 1095 [11.83]
1053	5259	KRUSZEWSKA-SENK Agnieszka	WARSZAWA	KB HOLMES PLACE	84	K20/16	(K)43	00:48:39	00:47:34	12.61	00:24:36 / 879 [12.20]
1054	1809	WERNIK Aleksander	WARSZAWA		82	M20/269	(M)1011	00:48:39	00:48:39	12.33	00:25:03 / 983 [11.98]
1055	683	STANISZEWSKI Waldemar	WARSZAWA		48	M60/9	(M)1012	00:48:39	00:47:32	12.62	00:25:43 / 1172 [11.67]
1056	4677	JANCZAK Łukasz	WARSZAWA		81	M20/270	(M)1013	00:48:39	00:48:39	12.33	00:25:27 / 1117 [11.79]
1057	4159	JANIK Michał	WARSZAWA	KB HOLMES PLACE	81	M20/271	(M)1014	00:48:40	00:46:57	12.78	00:26:05 / 1258 [11.50]
1058	1464	NASALSKI Radosław	WARSZAWA		77	M30/402	(M)1015	00:48:40	00:47:32	12.62	00:25:10 / 1031 [11.92]
1059	1778	SERWATKA Lech	WARSZAWA	SATURN TARGÓWEK	75	M30/403	(M)1016	00:48:40	00:46:45	12.83	00:25:53 / 1225 [11.59]
1060	1229	KOTYŃSKI Łukasz	WOŁOMIN		84	M20/272	(M)1017	00:48:40	00:47:25	12.65	00:25:41 / 1170 [11.68]
1061	2822	ZAPAŁA Sebastian	ZIELONKA	NUTRICA	77	M30/404	(M)1018	00:48:40	00:48:00	12.50	00:24:08 / 755 [12.43]
1062	3959	DANILCZUK Jerzy	WARSZAWA	SPORT 21	65	M40/178	(M)1019	00:48:41	00:47:48	12.55	00:25:32 / 1140 [11.75]
1063	5726	KULECZKA Kamil	ŁĘCZYCA		90		(M)1020	00:48:41	00:48:41	12.32	00:26:10 / 1288 [11.46]
1064	5093	LESISZ Kamil	WARSZAWA		84	M20/273	(M)1021	00:48:42	00:44:51	13.38	00:30:03 / 2631 [9.98]
1065	1371	KOPEC Marcin	WARSZAWA	ACTION	88	M20/274	(M)1022	00:48:42	00:47:50	12.54	00:25:35 / 1152 [11.73]
1066	122	URBAŃSKI Emil	WARSZAWA		71	M30/405	(M)1023	00:48:42	00:47:29	12.64	00:24:54 / 950 [12.05]
1067	182	PAWŁOWSKA-POJAWA Anna	WARSZAWA		76	K30/20	(K)44	00:48:43	00:47:48	12.55	00:24:57 / 962 [12.02]
1068	3218	KLAMCZYŃSKI Marek	SULEJÓWEK		59	M50/64	(M)1024	00:48:43	00:47:47	12.56	00:25:13 / 1045 [11.90]
1069	5750	LIPCZYŃSKI Rafał	PABIANICE		89	M20/275	(M)1025	00:48:43	00:47:43	12.57	00:24:48 / 924 [12.10]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1070	4921	MARCZAK Adam	NIEPORĘT	LETSGO RUN TEAM	69	M40/179	(M)1026	00:48:43	00:48:28	12.38	00:24:24 / 832 [12.30]
1071	2062	TURSKI Artur	WARSZAWA		87	M20/276	(M)1027	00:48:43	00:47:20	12.68	00:26:02 / 1249 [11.52]
1072	4092	BYCZEK Marek	LUBLIN		84	M20/277	(M)1028	00:48:44	00:48:36	12.35	00:24:42 / 901 [12.15]
1073	2357	WOŁOWSKI Mariusz	WYGŁĘDY		73	M30/406	(M)1029	00:48:44	00:47:39	12.59	00:25:24 / 1106 [11.81]
1074	5284	SZELUGA Tomasz	OLSZTYN		76	M30/407	(M)1030	00:48:45	00:48:14	12.44	00:25:27 / 1116 [11.79]
1075	4194	SYSA Kazimierz	KRASNOSTAW		56	M50/65	(M)1031	00:48:45	00:47:18	12.68	00:25:39 / 1166 [11.70]
1076	2268	WOLSKI Piotr	MILANÓWEK		66	M40/180	(M)1032	00:48:45	00:47:37	12.60	00:25:48 / 1193 [11.63]
1077	1893	ŻESZCZYŃSKI Cezary	WARSZAWA		79	M30/408	(M)1033	00:48:46	00:48:03	12.49	00:23:08 / 510 [12.97]
1078	5125	SOŁTYS Jakub	WARSZAWA		84	M20/278	(M)1034	00:48:46	00:47:50	12.54	00:24:23 / 827 [12.30]
1079	588	CHROBAK Tomasz	WARSZAWA	SKANDIA	79	M30/409	(M)1035	00:48:47	00:47:02	12.76	00:26:31 / 1403 [11.31]
1080	5064	PUCHTA Dariusz	WARSZAWA		90		(M)1036	00:48:47	00:47:37	12.60	00:26:24 / 1373 [11.36]
1081	4136	GAC Wojciech	WARSZAWA		86	M20/279	(M)1037	00:48:48	00:47:05	12.74	00:25:48 / 1189 [11.63]
1082	1763	TOMCZAK Włodzimierz	WARSZAWA	AGR WELODROM	54	M50/66	(M)1038	00:48:49	00:47:47	12.56	00:25:34 / 1149 [11.73]
1083	2423	MIKUSEK Paweł	WARSZAWA	AGR WELODROM	77	M30/410	(M)1039	00:48:49	00:47:48	12.55	00:25:35 / 1150 [11.73]
1084	4151	SOBOL norbert	WARSZAWA	WTS DESKI	74	M30/411	(M)1040	00:48:49	00:46:57	12.78	00:25:32 / 1139 [11.75]
1085	5664	KOCHAŃSKI Michał	WARSZAWA		93		(M)1041	00:48:49	00:47:32	12.62	00:25:57 / 1233 [11.56]
1086	4399	CAŁKA Piotr	WARSZAWA	WEBINVEST TEAM	83	M20/280	(M)1042	00:48:50	00:48:20	12.41	00:25:12 / 1044 [11.90]
1087	819	FRANECKI Piotr	RZESZÓW		89	M20/281	(M)1043	00:48:50	00:47:41	12.58	00:25:11 / 1032 [11.91]
1088	5669	KOLAD Michał	PABIANICE		89	M20/282	(M)1044	00:48:50	00:48:40	12.33	00:23:59 / 719 [12.51]
1089	467	FELIS Albert	WARSZAWA		75	M30/412	(M)1045	00:48:51	00:48:51	12.28	00:26:06 / 1265 [11.49]
1090	938	SZPANOWSKI maciej	WARSZAWA		74	M30/413	(M)1046	00:48:52	00:47:32	12.62	00:25:21 / 1091 [11.83]
1091	1562	EGIERSKI Michał	WARSZAWA		73	M30/414	(M)1047	00:48:52	00:47:35	12.61	00:24:56 / 957 [12.03]
1092	4584	ORLONEK Przemysław	WARSZAWA	NIE	74	M30/415	(M)1048	00:48:52	00:48:01	12.50	00:24:21 / 821 [12.32]
1093	6323	WNUK Marcin	WARSZAWA		76	M30/416	(M)1049	00:48:52	00:47:43	12.57	00:25:28 / 1119 [11.78]
1094	6639	ZAWODNIK DO UZUP					(M)1050	00:48:52	00:47:54	12.53	00:25:55 / 1229 [11.58]
1095	2795	SOBCZYK Jacek	WARSZAWA		82	M20/283	(M)1051	00:48:52	00:48:26	12.39	00:24:49 / 925 [12.09]
1096	6615	ZAWODNIK DO UZUP					(M)1052	00:48:53	00:48:14	12.44	00:26:08 / 1275 [11.48]
1097	2185	CICHACKI Sylwester	WARSZAWA		89	M20/284	(M)1053	00:48:53	00:47:39	12.59	00:25:00 / 970 [12.00]
1098	3592	KWIATKOWSKI Olgierd	WARSZAWA	GAZETA WYBORCZA	69	M40/181	(M)1054	00:48:54	00:47:43	12.57	00:25:12 / 1042 [11.90]
1099	6042	STRONSKI Artur	ZAWADA GÓRNA	ZESPÓŁ SZKÓŁ IM JADWIGI GRODZKIEJ W	78	M30/417	(M)1055	00:48:54	00:48:16	12.43	00:26:10 / 1286 [11.46]
1100	4379	MAŃCZAK Robert	GDAŃSK/WARSZAWA		80	M20/285	(M)1056	00:48:55	00:48:00	12.50	00:25:19 / 1078 [11.85]
1101	4478	GRUNWALD Wojciech	WARSZAWA	HP RUN	73	M30/418	(M)1057	00:48:55	00:48:00	12.50	00:25:17 / 1069 [11.87]
1102	385	WASIAK Krzysztof	WARSZAWA		85	M20/286	(M)1058	00:48:55	00:46:49	12.82	00:25:58 / 1235 [11.55]
1103	6317	WILCZEK Mirosław	CELESTYNÓW		79	M30/419	(M)1059	00:48:55	00:48:16	12.43	00:24:34 / 870 [12.21]
1104	1831	KRZYSZTOFIAK Krzysztof	WARSZAWA	CARSERVIS	81	M20/287	(M)1060	00:48:55	00:48:08	12.47	00:24:49 / 926 [12.09]
1105	3352	GAWALKIEWICZ Łukasz	SKIERNIEWICE	ZZTOP	80	M20/288	(M)1061	00:48:56	00:47:14	12.70	00:26:00 / 1241 [11.54]
1106	1241	WAGNER Jolanta	WARSZAWA		66	K40/7	(K)45	00:48:56	00:47:22	12.67	00:25:49 / 1204 [11.62]
1107	5133	MOGIŁKA Przemysław	WARSZAWA		75	M30/420	(M)1062	00:48:56	00:47:49	12.55	00:25:45 / 1183 [11.65]
1108	2225	BURZYŃSKI Maciej	WARSZAWA		84	M20/289	(M)1063	00:48:57	00:48:22	12.41	00:24:10 / 767 [12.41]
1109	1741	KLIMIUK Grzegorz	ŻYRARDÓW/NOWE	BRAK	86	M20/290	(M)1064	00:48:57	00:47:56	12.52	00:25:05 / 994 [11.96]
1110	5057	KASPRZAK Miłkołaj	WARSZAWA		92		(M)1065	00:48:57	00:47:57	12.51	00:25:14 / 1057 [11.89]
1111	4080	MICHAŁIK Marcin	WARSZAWA		53	M50/67	(M)1066	00:48:58	00:47:57	12.51	00:25:12 / 1043 [11.90]
1112	6330	WODER Olaf	GARWOLIN	RUNNINGTEAMGARWOLIN	82	M20/291	(M)1067	00:48:59	00:48:59	12.25	00:26:21 / 1361 [11.39]
1113	3421	ŚNIEŻEK Krzysztof	PRZASNYSZ		79	M30/421	(M)1068	00:49:00	00:45:50	13.09	00:27:16 / 1662 [11.00]
1114	5215	MOSUR KAMIL	WARSZAWA-WILANÓW		77	M30/422	(M)1069	00:49:00	00:48:29	12.38	00:24:57 / 960 [12.02]
1115	3175	PIOTROWSKI Seweryn	PRZASNYSZ		82	M20/292	(M)1070	00:49:00	00:47:29	12.64	00:25:11 / 1036 [11.91]
1116	2631	PIEKARSKI Andrzej	WARSZAWA		72	M30/423	(M)1071	00:49:01	00:47:57	12.51	00:24:47 / 921 [12.10]
1117	2367	KAMIŃSKI Wojciech	WARSZAWA		63	M40/182	(M)1072	00:49:01	00:47:48	12.55	00:25:32 / 1143 [11.75]
1118	5740	LENART Paweł	KOLBUSZOWA	PLANNJA RACING TEAM	87	M20/293	(M)1073	00:49:02	00:47:35	12.61	00:25:59 / 1236 [11.55]
1119	2178	ANTOSIK Bartosz	WARSZAWA		71	M30/424	(M)1074	00:49:03	00:47:06	12.74	00:26:10 / 1285 [11.46]
1120	649	KACPRZYK Waldemar	WARSZAWA		64	M40/183	(M)1075	00:49:03	00:47:38	12.60	00:25:51 / 1215 [11.61]
1121	4118	MOTYKA JERZY	TARNOBRZEG		77	M30/425	(M)1076	00:49:03	00:46:30	12.90	00:26:42 / 1467 [11.24]
1122	5329	BŁAZIŃSKI Robert	ŁÓDŹ	BIEGACZ NOWOSOLNA	95		(M)1077	00:49:04	00:48:49	12.29	00:22:57 / 466 [13.07]
1123	1878	KOWALCZYK JUSTYNA	WARSZAWA	KB GALERIA WARSZAWA	70	K30/21	(K)46	00:49:04	00:48:02	12.49	00:25:23 / 1100 [11.82]
1124	2927	PIÓRKOWSKI Dawid	WARSZAWA	KS TURBO-DYMO	82	M20/294	(M)1078	00:49:04	00:47:39	12.59	00:25:08 / 1013 [11.94]
1125	1879	KOWALCZYK ALEKSANDER	WARSZAWA	KB GALERIA	94		(M)1079	00:49:05	00:48:03	12.49	00:25:23 / 1101 [11.82]
1126	1881	WALASZCZYK Paweł	PIASECZNO		60	M40/184	(M)1080	00:49:05	00:47:42	12.58	00:25:38 / 1163 [11.70]
1127	2123	ROEHRYCH Paweł	WARSZAWA	MARATONY POLSKIE.PL TEAM	71	M30/426	(M)1081	00:49:05	00:44:51	13.38	00:26:39 / 1452 [11.26]
1128	6886	SIENKIEWICZ Andrzej	SZCZYTNO		82	M20/295	(M)1082	00:49:05	00:48:33	12.36	00:26:19 / 1356 [11.40]
1129	5103	SKARŻYŃSKI Michał	WARSZAWA		81	M20/296	(M)1083	00:49:05	00:48:40	12.33	00:25:08 / 1011 [11.94]
1130	661	STREFLIK Mateusz	GRÓJEC		95		(M)1084	00:49:05	00:48:47	12.30	00:25:05 / 991 [11.96]
1131	1459	WOŁEK Ewa	WARSZAWA		68	K40/8	(K)47	00:49:06	00:48:41	12.32	00:25:14 / 1053 [11.89]
1132	5783	MARCINIAK Andrzej	MLAWA		74	M30/427	(M)1085	00:49:06	00:47:14	12.70	00:26:05 / 1256 [11.50]
1133	6302	WEGNER MARCEL	WYSZKÓW	MONAR WYSZKÓW	79	M30/428	(M)1086	00:49:06	00:47:52	12.53	00:24:53 / 945 [12.06]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1134	4907	MATUSZEWICZ Ewa	WARSZAWA	GYMNAZION	60	K40/9	(K)48	00:49:06	00:48:03	12.49	00:25:24 / 1104 [11.81]
1135	4227	SZOTA Jaroslaw	WARSZAWA	ARTPROFI	77	M30/429	(M)1087	00:49:07	00:47:40	12.59	00:25:49 / 1205 [11.62]
1136	201	BABIARZ Przemyslaw	WARSZAWA		63	M40/185	(M)1088	00:49:08	00:49:03	12.23	00:25:46 / 1187 [11.64]
1137	6306	WIĘCKOWSKI Grzegorz	WARKA	KB START PUŁASKI WARKA	71	M30/430	(M)1089	00:49:08	00:47:27	12.64	00:27:06 / 1602 [11.07]
1138	2230	MUCHA Piotr	SZCZECIN	NIEZALEŻNY	89	M20/297	(M)1090	00:49:08	00:46:29	12.91	00:27:07 / 1606 [11.06]
1139	3921	KŁUCIŃSKI Michał	WARSZAWA		81	M20/298	(M)1091	00:49:08	00:49:08	12.21	00:25:14 / 1051 [11.89]
1140	5383	BOBROWSKI Dariusz	WARKA	KB START PUŁASKI WARKA	64	M40/186	(M)1092	00:49:09	00:47:28	12.64	00:27:07 / 1605 [11.06]
1141	3277	SZTELMACH Mariusz	WARSZAWA		88	M20/299	(M)1093	00:49:09	00:48:46	12.30	00:24:13 / 782 [12.39]
1142	430	URBANIĄK Mateusz	WARSZAWA		93		(M)1094	00:49:09	00:46:49	12.82	00:25:57 / 1232 [11.56]
1143	674	KALISIAK Mateusz	KOBYŁKA	NAJSZYBIEJSI	81	M20/300	(M)1095	00:49:09	00:48:12	12.45	00:25:14 / 1056 [11.89]
1144	5684	KOSMALA Grzegorz	DEBŁIN	MARATONYPOLSKIE.PL TEAM	75	M30/431	(M)1096	00:49:10	00:47:45	12.57	00:26:09 / 1279 [11.47]
1145	4228	PIEKAREK Grzegorz		ARTPROFI	77	M30/432	(M)1097	00:49:10	00:48:07	12.47	00:25:03 / 981 [11.98]
1146	5101	GODLEWSKA Iwona	OLSZTYN		74	K30/22	(K)49	00:49:10	00:47:53	12.53	00:26:36 / 1434 [11.28]
1147	5099	NAJDZION ROBERT	OLSZTYN	SZYBCY Z OLSZTYNA	76	M30/433	(M)1098	00:49:10	00:47:53	12.53	00:26:37 / 1436 [11.27]
1148	987	SŁUPCZYŃSKI Tomek		DB MARATHON TEAM	82	M20/301	(M)1099	00:49:10	00:47:22	12.67	00:25:56 / 1230 [11.57]
1149	446	WICIŃSKI Andrzej	WARSZAWA		70	M30/434	(M)1100	00:49:10	00:48:51	12.28	00:24:16 / 796 [12.36]
1150	1165	KURPIEL Mariusz	WARSZAWA		76	M30/435	(M)1101	00:49:11	00:47:20	12.68	00:26:50 / 1514 [11.18]
1151	4615	LUDWINIAK Renata	WARSZAWA		75	K30/23	(K)50	00:49:11	00:49:01	12.24	00:25:03 / 984 [11.98]
1152	1784	WINIAREK Grzegorz	WARSZAWA		81	M20/302	(M)1102	00:49:11	00:47:50	12.54	00:25:49 / 1200 [11.62]
1153	6341	WOSKOWSKI Paweł	WARSZAWA		81	M20/303	(M)1103	00:49:12	00:48:05	12.48	00:24:58 / 964 [12.02]
1154	6266	TROCHIMCZUK Rafał	WARSZAWA	POSHYDOG	80	M20/304	(M)1104	00:49:12	00:47:03	12.75	00:26:16 / 1326 [11.42]
1155	5137	ŻUREK Katarzyna	NOWY DWÓR		75	K30/24	(K)51	00:49:12	00:48:19	12.42	00:25:10 / 1029 [11.92]
1156	5226	GÓRZYŃSKI Łukasz	GOSZCZYN		91		(M)1105	00:49:12	00:47:11	12.72	00:26:13 / 1307 [11.44]
1157	5777	MALEC Przemysław	PIASECZNO		89	M20/305	(M)1106	00:49:13	00:46:11	12.99	00:28:04 / 1950 [10.69]
1158	6688	WIĘŚLAW krzysztof	WARSZAWA		71	M30/436	(M)1107	00:49:13	00:48:22	12.41	00:25:50 / 1211 [11.61]
1159	5522	GLUCK WITOLD	ŁÓDŹ	KB ARTURÓWEK	65	M40/187	(M)1108	00:49:13	00:46:24	12.93	00:26:36 / 1425 [11.28]
1160	4015	PASAKALIK Jaroslaw	WARSZAWA		78	M30/437	(M)1109	00:49:14	00:47:17	12.69	00:26:36 / 1424 [11.28]
1161	6325	WOŹNIAK Kamil	RADOM		75	M30/438	(M)1110	00:49:14	00:48:31	12.37	00:25:10 / 1030 [11.92]
1162	2231	GÓRA Marcin	WARSZAWA		70	M30/439	(M)1111	00:49:15	00:47:53	12.53	00:25:19 / 1077 [11.85]
1163	2920	LESIUK Gerard	PULAWY		74	M30/440	(M)1112	00:49:15	00:46:57	12.78	00:27:09 / 1617 [11.05]
1164	1582	KOMOROWSKI Mariusz	MIŃSK MAZOWIECKI		68	M40/188	(M)1113	00:49:15	00:48:39	12.33	00:24:56 / 955 [12.03]
1165	5055	TRZCIANOWSKI Sebastian	WARSZAWA		88	M20/306	(M)1114	00:49:15	00:47:41	12.58	00:26:44 / 1480 [11.22]
1166	4851	WAŚOWICZ Olgierd	KOŁOBRZEG		73	M30/441	(M)1115	00:49:15	00:47:12	12.71	00:26:15 / 1319 [11.43]
1167	5444	CZERWIŃSKI damian	KRZEPOCINEK		90		(M)1116	00:49:17	00:48:39	12.33	00:26:11 / 1294 [11.46]
1168	4443	DOLATA Marek	WARSZAWA		73	M30/442	(M)1117	00:49:17	00:47:52	12.53	00:25:52 / 1221 [11.60]
1169	4119	ŚCIBIOR Krzysztof	WARSZAWA		65	M40/189	(M)1118	00:49:18	00:48:04	12.48	00:25:40 / 1169 [11.69]
1170	700	KOZDROŃ Łukasz	JAROSŁAW	JKS JAROSŁAW	90		(M)1119	00:49:18	00:48:40	12.33	00:24:58 / 963 [12.02]
1171	547	URBAŃSKI Artur	WARSZAWA		72	M30/443	(M)1120	00:49:19	00:48:09	12.46	00:26:11 / 1293 [11.46]
1172	4755	BARTOSZ Marek	KRAKÓW		79	M30/444	(M)1121	00:49:19	00:47:17	12.69	00:26:28 / 1389 [11.34]
1173	3843	MAKSYMIAK Filip	POZNAŃ		87	M20/307	(M)1122	00:49:19	00:47:40	12.59	00:25:24 / 1108 [11.81]
1174	2162	SZAŁAŃSKI Rafał	WARSZAWA		70	M30/445	(M)1123	00:49:20	00:49:06	12.22	00:25:10 / 1026 [11.92]
1175	1244	CENDROWSKI MARCIN	WARSZAWA		68	M40/190	(M)1124	00:49:20	00:44:46	13.40	00:27:24 / 1695 [10.95]
1176	2784	POGORZELSKI Marek		BGK	09		(M)1125	00:49:20	00:48:03	12.49	00:26:12 / 1300 [11.45]
1177	2235	POMYKAŁA Tomasz	WARSZAWA		90		(M)1126	00:49:21	00:48:14	12.44	00:24:43 / 907 [12.14]
1178	992	TENDERENDA Jan		DB MARATHON TEAM	80	M20/308	(M)1127	00:49:22	00:48:20	12.41	00:25:51 / 1216 [11.61]
1179	1929	BIELUSZKA Paweł	WARSZAWA		84	M20/309	(M)1128	00:49:22	00:49:18	12.17	00:22:35 / 376 [13.28]
1180	5074	CACKO Monika	OTWOCK		93		(K)52	00:49:22	00:48:54	12.27	00:25:34 / 1147 [11.73]
1181	3404	DYGDON Przemysław	WARSZAWA	ACCELERATE	74	M30/446	(M)1129	00:49:23	00:47:53	12.53	00:26:05 / 1259 [11.50]
1182	4688	GALUS Piotr	WARSZAWA	KB HOLMES PLACE	83	M20/310	(M)1130	00:49:23	00:48:34	12.35	00:26:02 / 1248 [11.52]
1183	5872	OLCZAK-KUTAK Marta	JÓZEFOSŁAW		75	K30/25	(K)53	00:49:23	00:48:21	12.41	00:25:14 / 1059 [11.89]
1184	4077	FIRLAĞ Jakub	WARSZAWA		88	M20/311	(M)1131	00:49:24	00:49:01	12.24	00:23:51 / 682 [12.58]
1185	4861	JĘDRUSIAK JERZY	WARSZAWA		74	M30/447	(M)1132	00:49:24	00:48:20	12.41	00:25:32 / 1142 [11.75]
1186	3237	STOŁOWSKA Aurelia	ELBLĄG	KLUB BIEGACZA TPSA ELBLĄG	62	K40/10	(K)54	00:49:24	00:48:50	12.29	00:25:35 / 1154 [11.73]
1187	3699	HRYSZKIEWICZ Piotr	LEGIONOWO		74	M30/448	(M)1133	00:49:24	00:47:49	12.55	00:27:04 / 1591 [11.08]
1188	5290	ŁAZICKI Paweł	MILANÓWEK		89	M20/312	(M)1134	00:49:24	00:49:01	12.24	00:25:03 / 980 [11.98]
1189	4959	FRĄCKOWIAK Filip	WARSZAWA		80	M20/313	(M)1135	00:49:25	00:49:25	12.14	00:27:37 / 1802 [10.86]
1190	1233	GRENDZIŃSKI Andrzej	OSTRÓDA		70	M30/449	(M)1136	00:49:26	00:47:37	12.60	00:26:04 / 1253 [11.51]
1191	101	WOLAŃSKI Krzysztof	WARSZAWA		87	M20/314	(M)1137	00:49:26	00:47:49	12.55	00:26:50 / 1515 [11.18]
1192	5139	SZAJKOWSKI Krzysztof	WARSZAWA		57	M50/68	(M)1138	00:49:26	00:48:45	12.31	00:25:33 / 1146 [11.74]
1193	1204	FIJAŁKIEWICZ Piotr	WARSZAWA		85	M20/315	(M)1139	00:49:27	00:48:27	12.38	00:25:49 / 1197 [11.62]
1194	887	BIALKOWSKI Krzysztof	TERESIN		82	M20/316	(M)1140	00:49:28	00:47:43	12.57	00:26:16 / 1328 [11.42]
1195	6603	DĘBNIK Tomasz			61	M40/191	(M)1141	00:49:29	00:48:48	12.30	00:25:31 / 1132 [11.76]
1196	5108	JASIAKIEWICZ Wojciech	WARSZAWA		82	M20/317	(M)1142	00:49:29	00:48:09	12.46	00:25:49 / 1195 [11.62]
1197	2638	TARASEWICZ Cezary	WARSZAWA	KS DRUKARZ	93		(M)1143	00:49:29	00:48:41	12.32	00:25:16 / 1063 [11.87]
1198	3715	ALBIŃSKI Tomasz	OŻARÓW MAZOWIECKI		78	M30/450	(M)1144	00:49:29	00:46:37	12.87	00:26:59 / 1562 [11.12]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1199	2220	SMOLIŃSKI Michał	WARSZAWA		76	M30/451	(M)1145	00:49:30	00:48:06	12.47	00:25:08 / 1010 [11.94]
1200	685	OLCZAK-PIEŃKOWSKA Anna	WARSZAWA		78	K30/26	(K)55	00:49:30	00:48:22	12.41	00:26:04 / 1252 [11.51]
1201	5500	FRANKIEWICZ Gabriela	KOMORÓW		83	K20/17	(K)56	00:49:30	00:46:24	12.93	00:26:52 / 1525 [11.17]
1202	2302	LASKOWSKI Mateusz	DĄBROWICA		92		(M)1146	00:49:30	00:47:52	12.53	00:26:36 / 1433 [11.28]
1203	5144	KOLAŃCZYK PAULINA	WARSZAWA	ALETEMPO	80	K20/18	(K)57	00:49:31	00:47:11	12.72	00:26:43 / 1474 [11.23]
1204	1020	KOTWAS Robert	NIEPORĘT		73	M30/452	(M)1147	00:49:31	00:49:01	12.24	00:24:54 / 947 [12.05]
1205	4096	CHŁOPAŚ Marcin	WARSZAWA		80	M20/318	(M)1148	00:49:31	00:48:13	12.44	00:25:22 / 1093 [11.83]
1206	1992	STACHURSKI Marcin	RADOM		83	M20/319	(M)1149	00:49:31	00:46:56	12.78	00:26:52 / 1528 [11.17]
1207	4856	RYBAK Krzysztof	WARSZAWA	BIESZCZADZKIE JELONKI	73	M30/453	(M)1150	00:49:31	00:49:21	12.16	00:25:07 / 1006 [11.94]
1208	5519	GLIŃSKI Tomasz	SOSNOWIEC		81	M20/320	(M)1151	00:49:31	00:47:36	12.61	00:26:23 / 1364 [11.37]
1209	220	LESIK Jan	WARSZAWA	CROSS-WARSZAWA	52	M50/69	(M)1152	00:49:32	00:49:28	12.13	00:24:52 / 942 [12.06]
1210	1701	SZYMANIAK Zbigniew	WARSZAWA		70	M30/454	(M)1153	00:49:32	00:48:23	12.40	00:25:20 / 1083 [11.84]
1211	6580	ZAWODNIK DO UZUP					(M)1154	00:49:32	00:48:44	12.31	00:25:17 / 1068 [11.87]
1212	3364	MATHIAK Rafał	STARY KRASZEW		76	M30/455	(M)1155	00:49:33	00:49:33	12.11	00:26:36 / 1429 [11.28]
1213	6345	WRONECKI Michał	PRUSZKÓW		83	M20/321	(M)1156	00:49:33	00:47:36	12.61	00:26:25 / 1379 [11.36]
1214	3233	MĄDRZYK Marek	KRAKÓW	KLUB BIEGACZA TPSA	63	M40/192	(M)1157	00:49:33	00:48:51	12.28	00:25:51 / 1217 [11.61]
1215	3950	KONKOL Mateusz	WARSZAWA	CISCO RUNNING SQUAD 1	75	M30/456	(M)1158	00:49:33	00:48:42	12.32	00:25:25 / 1111 [11.80]
1216	6037	STARTEK Dariusz	WARSZAWA		69	M40/193	(M)1159	00:49:33	00:49:02	12.24	00:25:04 / 990 [11.97]
1217	120	PAULINA Marcin	WARSZAWA		09		(M)1160	00:49:33	00:49:24	12.15	00:24:35 / 875 [12.20]
1218	5109	GŁODOWSKI Michał	WARSZAWA		91		(M)1161	00:49:34	00:48:32	12.36	00:25:17 / 1070 [11.87]
1219	647	KUCIŃSKI ŁUKASZ	WARSZAWA		78	M30/457	(M)1162	00:49:34	00:48:48	12.30	00:24:56 / 958 [12.03]
1220	6022	SOBECKI Bartłomiej	ŁÓDŹ	ZBIEGIEMMIASTA.PL	80	M20/322	(M)1163	00:49:35	00:47:12	12.71	00:26:29 / 1395 [11.33]
1221	2925	BARAŃSKI Michał	WARSZAWA		82	M20/323	(M)1164	00:49:35	00:48:10	12.46	00:25:08 / 1015 [11.94]
1222	205	SZYMCZAK Piotr		CRROSS	09		(M)1165	00:49:35	00:47:12	12.71	00:26:29 / 1393 [11.33]
1223	200	RUTKOWSKI Sławomir	WARSZAWA		59	M50/70	(M)1166	00:49:35	00:49:27	12.13	00:24:51 / 939 [12.07]
1224	418	ZIELIŃSKI Maciej	ŁÓDŹ		87	M20/324	(M)1167	00:49:35	00:47:47	12.56	00:26:24 / 1371 [11.36]
1225	2875	KALISIAK Szymon	KOBYŁKA		82	M20/325	(M)1168	00:49:37	00:48:40	12.33	00:25:21 / 1092 [11.83]
1226	657	BUNICZ Sebastian	WARSZAWA		81	M20/326	(M)1169	00:49:37	00:48:26	12.39	00:25:30 / 1129 [11.76]
1227	1862	LIPSKI Jarosław	WARSZAWA		69	M40/194	(M)1170	00:49:38	00:48:23	12.40	00:25:49 / 1203 [11.62]
1228	1660	JESINOWICZ Bronisław	WARSZAWA	AKADEMIA OBRONY NARODOWEJ	59	M50/71	(M)1171	00:49:38	00:49:38	12.09	00:25:46 / 1185 [11.64]
1229	3606	SAJNUG Rafał	WARSZAWA		81	M20/327	(M)1172	00:49:38	00:48:23	12.40	00:25:26 / 1115 [11.80]
1230	4102	RUDNIK Marcin	CHOJNICE		80	M20/328	(M)1173	00:49:39	00:47:06	12.74	00:27:00 / 1567 [11.11]
1231	4497	MADZIARSKA Monika	PIASECZNO	KB GYMNASION WARSZAWA	78	K30/27	(K)58	00:49:39	00:48:35	12.35	00:25:30 / 1130 [11.76]
1232	5696	KOZŁOWSKI Łukasz	BIAŁYSTOK	OIKOS WARSZAWA	88	M20/329	(M)1174	00:49:39	00:47:14	12.70	00:26:29 / 1396 [11.33]
1233	5395	BOYES Alison	WARSAW		84	K20/19	(K)59	00:49:40	00:46:52	12.80	00:28:03 / 1944 [10.70]
1234	5737	LECH Konrad	RADOM	ŚL WOPR	91		(M)1175	00:49:41	00:48:37	12.34	00:25:16 / 1064 [11.87]
1235	1062	POLAŃSKI Rafał	WARSZAWA	IM2010 TRUSKAWKA	70	M30/458	(M)1176	00:49:42	00:47:37	12.60	00:26:52 / 1527 [11.17]
1236	764	DOBROWOLSKI Krzysztof	WARSZAWA		51	M50/72	(M)1177	00:49:42	00:47:41	12.58	00:27:04 / 1593 [11.08]
1237	6012	SLAVINEC Jaka	WARSZAWA		81	M20/330	(M)1178	00:49:42	00:47:42	12.58	00:26:15 / 1318 [11.43]
1238	583	BUCZKOWSKI Daniel	WARSZAWA	NIE MA	58	M50/73	(M)1179	00:49:43	00:47:44	12.57	00:27:34 / 1786 [10.88]
1239	421	CZAJKOWSKI Sławomir	NASIELSK		72	M30/459	(M)1180	00:49:43	00:48:27	12.38	00:25:43 / 1174 [11.67]
1240	2664	WOJTYSIAK-KOTLARSKI Marcin	WARSZAWA	NIEZRZESZONY	75	M30/460	(M)1181	00:49:43	00:49:27	12.13	00:24:33 / 868 [12.22]
1241	4629	ADAMCZYK Paweł	WARSZAWA		82	M20/331	(M)1182	00:49:43	00:48:21	12.41	00:26:11 / 1295 [11.46]
1242	955	KOŁODZIEJEK Marek	WARSZAWA		71	M30/461	(M)1183	00:49:44	00:49:44	12.06	00:26:19 / 1358 [11.40]
1243	1753	KOKOSZKIEWICZ marek	WARSZAWA		72	M30/462	(M)1184	00:49:44	00:47:39	12.59	00:26:46 / 1494 [11.21]
1244	4060	CZARKOWSKI Michał	DRAGACZ		81	M20/332	(M)1185	00:49:44	00:48:51	12.28	00:24:51 / 940 [12.07]
1245	813	SZYMAŃSKI Robert	WARSZAWA-WESOŁA		49	M60/10	(M)1186	00:49:44	00:49:31	12.12	00:24:45 / 914 [12.12]
1246	3162	BRZOZOWSKI Andrzej	ZAMOŚĆ		54	M50/74	(M)1187	00:49:45	00:47:46	12.56	
1247	5400	BRZOZOWSKI Michał	WEJHEROWO	COUCHSURFING.ORG	85	M20/333	(M)1188	00:49:45	00:48:04	12.48	00:26:10 / 1289 [11.46]
1248	2124	ŻURANIEWSKA Agnieszka	WARSZAWA		77	K30/28	(K)60	00:49:45	00:48:22	12.41	00:25:53 / 1224 [11.59]
1249	5575	HOŁÓWKO Wacław	WARSZAWA		89	M20/334	(M)1189	00:49:45	00:48:14	12.44	00:26:34 / 1416 [11.29]
1250	6641	ZAWODNIK DO UZUP					(M)1190	00:49:46	00:46:11	12.99	00:28:04 / 1945 [10.69]
1251	5887	PALASZ Paweł	WARSZAWA	PARK SKARYSZEWSKI	73	M30/463	(M)1191	00:49:46	00:49:01	12.24	00:25:29 / 1124 [11.77]
1252	4342	DAWIDCZYK Tomasz	KOBYŁKA		69	M40/195	(M)1192	00:49:47	00:47:42	12.58	00:27:33 / 1775 [10.89]
1253	1243	WRÓBLEWSKI Filip	WARSZAWA	KS ENTRE.PL TEAM - IM 2010	75	M30/464	(M)1193	00:49:47	00:42:35	14.09	00:29:25 / 2422 [10.20]
1254	4760	WÓJCIK Piotr	WARSZAWA		72	M30/465	(M)1194	00:49:47	00:48:10	12.46	00:25:45 / 1182 [11.65]
1255	3127	CHODYKA Ireneusz	WARSZAWA	DOWÓDZTWO SIŁ POWIETRZNYCH	74	M30/466	(M)1195	00:49:48	00:48:27	12.38	00:26:16 / 1333 [11.42]
1256	4951	SERAFIN sebastian	WARSZAWA		76	M30/467	(M)1196	00:49:48	00:48:06	12.47	00:27:00 / 1565 [11.11]
1257	3742	SIERADZKI Rafał	WARSZAWA		76	M30/468	(M)1197	00:49:49	00:46:54	12.79	00:27:11 / 1624 [11.04]
1258	608	CAPITAN Miguel	WARSZAWA	GOŁĄBEK RUNNERS	68	M40/196	(M)1198	00:49:49	00:48:21	12.41	00:26:30 / 1398 [11.32]
1259	1977	WEJTKO Tomasz	WARSZAWA	SPR	66	M40/197	(M)1199	00:49:49	00:48:44	12.31	00:25:12 / 1040 [11.90]
1260	735	BUDZINSKI ARTUR	WARSZAWA		69	M40/198	(M)1200	00:49:49	00:48:41	12.32	00:26:39 / 1449 [11.26]
1261	312	ŁĄBEDZKI Jerzy	OPACZ KOLONIA		73	M30/469	(M)1201	00:49:50	00:46:32	12.89	00:27:25 / 1698 [10.94]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1262	4200	ŁAPIŃSKI Zenon	WARSZAWA		55	M50/75	(M)1202	00:49:50	00:47:14	12.70	00:27:25 / 1702 [10.94]
1263	4611	WULS Kuba	WARSZAWA	ORANGE SPORT	83	M20/335	(M)1203	00:49:50	00:47:20	12.68	00:26:18 / 1349 [11.41]
1264	936	PLATEK Adam	WARSZAWA		71	M30/470	(M)1204	00:49:50	00:48:31	12.37	00:25:21 / 1090 [11.83]
1265	1709	MAJEWSKI Piotr	WARSZAWA	AUTONOMIA MAZOWIECKA	76	M30/471	(M)1205	00:49:50	00:46:15	12.97	00:27:53 / 1888 [10.76]
1266	673	KALISIAK Maciej	KOBYŁKA	NAJSZYBCIEJSI	84	M20/336	(M)1206	00:49:51	00:48:55	12.27	00:25:21 / 1089 [11.83]
1267	5363	BEREZOWSKI Jarosław	WARSZAWA		71	M30/472	(M)1207	00:49:51	00:48:01	12.50	00:27:24 / 1693 [10.95]
1268	4763	DYCHA Andrzej	WARSZAWA		78	M30/473	(M)1208	00:49:51	00:48:16	12.43	00:25:09 / 1023 [11.93]
1269	734	SREBRZYŃSKI Cezary	WARSZAWA	WSB CYTADELA	70	M30/474	(M)1209	00:49:52	00:49:28	12.13	00:25:29 / 1126 [11.77]
1270	1993	MAJEWSKI Marcin	JEDLNIA-LETNISKO		83	M20/337	(M)1210	00:49:52	00:48:42	12.32	00:26:53 / 1536 [11.16]
1271	96	SIEGERT Dariusz			09		(M)1211	00:49:53	00:48:33	12.36	00:26:31 / 1404 [11.31]
1272	5212	OSKWAREK Bogdan	MAŁE PUŁKOWO	PROMIEŃ KOWALEWO POM.	70	M30/475	(M)1212	00:49:54	00:48:30	12.37	00:25:50 / 1212 [11.61]
1273	745	GRZYBOWSKI Piotr	WARSZAWA	MINERAL MIDRANGE S. A.	83	M20/338	(M)1213	00:49:54	00:49:01	12.24	00:25:48 / 1192 [11.63]
1274	5869	NURKOWSKI Maciej	NOWA IWICZNA		78	M30/476	(M)1214	00:49:55	00:49:17	12.17	00:25:24 / 1103 [11.81]
1275	6676	ZAWODNIK DO UZUP					(M)1215	00:49:55	00:49:42	12.07	00:26:05 / 1260 [11.50]
1276	5992	SAJ Sławomir	OSTROŁĘKA	AG BEZ LIMITU OSTROŁĘKA I OKOLICE	69	M40/199	(M)1216	00:49:55	00:49:04	12.23	00:25:36 / 1155 [11.72]
1277	5013	GAŁECKI Artur	DZIĘGLEWO	DOWÓDZTWO SIŁ POWIETRZNYCH	76	M30/477	(M)1217	00:49:55	00:48:34	12.35	00:26:16 / 1332 [11.42]
1278	5120	BIALOBRZESKI Przemysław	OSTROŁĘKA		89	M20/339	(M)1218	00:49:55	00:47:58	12.51	00:27:02 / 1578 [11.10]
1279	5365	BIALAŚ Konrad	WARSZAWA		73	M30/478	(M)1219	00:49:56	00:49:21	12.16	00:24:14 / 786 [12.38]
1280	5117	CHRUST ARKADIUSZ	WARSZAWA	WAT	89	M20/340	(M)1220	00:49:56	00:47:58	12.51	00:27:03 / 1586 [11.09]
1281	4024	PIOTROWSKI Patryk	WARSZAWA		79	M30/479	(M)1221	00:49:56	00:48:47	12.30	00:26:11 / 1297 [11.46]
1282	168	BARAN Bartosz	WARSZAWA	PUMA RUNNING TEAM	76	M30/480	(M)1222	00:49:56	00:49:45	12.06	00:24:20 / 818 [12.33]
1283	3035	KALISZUK Adam			09		(M)1223	00:49:56	00:48:25	12.39	00:26:45 / 1485 [11.21]
1284	624	KALICIECKI Artur	WARSZAWA	JELONEKRACE	94		(M)1224	00:49:56	00:48:28	12.38	00:25:50 / 1213 [11.61]
1285	522	MAŃKOWSKI Marcin	WARSZAWA		79	M30/481	(M)1225	00:49:57	00:48:02	12.49	00:25:52 / 1219 [11.60]
1286	5089	PASTUSZAK Jarosław	WARSZAWA		90		(M)1226	00:49:57	00:49:57	12.01	
1287	6251	SZYMAŃSKI Jakub	RADZIEJÓW	NIEZRZESZONY	80	M20/341	(M)1227	00:49:58	00:48:08	12.47	00:27:01 / 1569 [11.10]
1288	4569	KOŁAKOWSKI Mariusz	WARSZAWA		75	M30/482	(M)1228	00:49:58	00:48:20	12.41	00:26:24 / 1374 [11.36]
1289	2155	LIPOWSKI Grzegorz	KOMPRAHCICE		68	M40/200	(M)1229	00:49:58	00:47:37	12.60	00:26:55 / 1540 [11.15]
1290	3510	ZIMNY MARCIN	WARSZAWA		83	M20/342	(M)1230	00:49:58	00:49:46	12.06	00:24:37 / 882 [12.19]
1291	3115	WALIŃSKI Jarosław	SKARŻYSKO KAMIENNA		69	M40/201	(M)1231	00:49:58	00:48:01	12.50	00:26:22 / 1362 [11.38]
1292	5043	GRUSZCZYŃSKI Witold	WARSZAWA		86	M20/343	(M)1232	00:49:59	00:48:16	12.43	00:26:50 / 1517 [11.18]
1293	5422	CHUCHAŁA Szymon	BALTÓW		67	M40/202	(M)1233	00:49:59	00:46:53	12.80	00:28:24 / 2048 [10.56]
1294	880	OSIŃSKI Stanisław	WARSZAWA	NIESTOWARZYSZONY	51	M50/76	(M)1234	00:49:59	00:49:29	12.13	00:25:57 / 1234 [11.56]
1295	3260	NOWAKOWSKI Maciej	WARSZAWA		75	M30/483	(M)1235	00:49:59	00:48:34	12.35	00:25:49 / 1202 [11.62]
1296	1656	MAMLA Zbigniew	WARSZAWA		70	M30/484	(M)1236	00:49:59	00:49:02	12.24	00:25:46 / 1188 [11.64]
1297	4384	SAWICKA Małgorzata	WARSZAWA		73	K30/29	(K)61	00:50:00	00:49:47	12.05	00:25:23 / 1099 [11.82]
1298	6252	SZYMCZAK Maciej	WARSZAWA	BRAK	74	M30/485	(M)1237	00:50:00	00:46:52	12.80	00:26:33 / 1410 [11.30]
1299	4308	MATYSIAK MARCIN	OSTROWIEC ŚW	RAIFFEISEN LEASING RUNNERS	77	M30/486	(M)1238	00:50:00	00:48:42	12.32	00:27:28 / 1719 [10.92]
1300	2355	SOSZYŃSKA Małgorzata	WARSZAWA	NIZRZESZONY	62	K40/11	(K)62	00:50:00	00:48:40	12.33	00:25:49 / 1199 [11.62]
1301	433	MROWIEC Michał	BOBROWIEC		69	M40/203	(M)1239	00:50:00	00:48:07	12.47	00:26:01 / 1245 [11.53]
1302	3818	MATLAK SŁAWOMIR	WYSZKÓW		80	M20/344	(M)1240	00:50:01	00:47:21	12.67	00:27:39 / 1811 [10.85]
1303	6606	ZAWODNIK DO UZUP					(M)1241	00:50:01	00:49:55	12.02	00:24:39 / 890 [12.17]
1304	6305	WIĘCEK Tomasz	SZLA		90		(M)1242	00:50:01	00:49:08	12.21	00:25:28 / 1118 [11.78]
1305	3968	SAJDAK Krzysztof	WARSZAWA		68	M40/204	(M)1243	00:50:02	00:46:50	12.81	00:26:44 / 1479 [11.22]
1306	5495	FLOREK MICHAŁ	KRAKÓW	JW 2771	84	M20/345	(M)1244	00:50:02	00:47:58	12.51	00:26:42 / 1466 [11.24]
1307	2529	BLAUTENBERG Leszek	WARSZAWA		64	M40/205	(M)1245	00:50:02	00:47:22	12.67	00:27:29 / 1727 [10.92]
1308	1775	KUBAK Gracjana	WARSZAWA		74	K30/30	(K)63	00:50:03	00:49:34	12.10	00:25:01 / 974 [11.99]
1309	3981	IWANICKI PAWEŁ	WARSZAWA		70	M30/487	(M)1246	00:50:03	00:48:56	12.26	00:26:09 / 1281 [11.47]
1310	689	KOSTKA Mateusz	MARKI		90		(M)1247	00:50:03	00:49:36	12.10	00:23:50 / 677 [12.59]
1311	2206	ZIMECKI Grzegorz	WARSZAWA	AZS UW WARSZAWA	93		(M)1248	00:50:03	00:49:45	12.06	00:24:02 / 734 [12.48]
1312	4503	SOŁTAN JAN	WARSZAWA	POLFERRIES	77	M30/488	(M)1249	00:50:03	00:47:22	12.67	00:27:13 / 1639 [11.02]
1313	3036	HUBERT krzysztof	ŁOMIANKI		67	M40/206	(M)1250	00:50:04	00:48:51	12.28	00:26:12 / 1304 [11.45]
1314	3620	MZYK Elżbieta	WARSZAWA	Ś.U.K.S. POLNA WARSZAWA	75	K30/31	(K)64	00:50:04	00:49:20	12.16	00:25:14 / 1050 [11.89]
1315	4613	AUGUSTYN Marek	ŁOMIANKI	---	56	M50/77	(M)1251	00:50:04	00:48:28	12.38	00:26:56 / 1545 [11.14]
1316	4485	WAŚNIEWSKI Rafał	ŁOMIANKI		75	M30/489	(M)1252	00:50:04	00:48:18	12.42	00:26:15 / 1324 [11.43]
1317	4416	ROJAN Paweł	WARSZAWA		63	M40/207	(M)1253	00:50:05	00:47:16	12.69	00:27:09 / 1616 [11.05]
1318	3747	PĘDZISZ Piotr	WARSZAWA		77	M30/490	(M)1254	00:50:05	00:48:21	12.41	00:27:05 / 1598 [11.08]
1319	2914	SZOKALSKA Urszula	NOWY PRAŻMÓW		69	K40/12	(K)65	00:50:05	00:49:27	12.13	00:25:30 / 1131 [11.76]
1320	1164	KAREWICZ Katarzyna	WARSZAWA		73	K30/32	(K)66	00:50:06	00:48:48	12.30	00:26:19 / 1357 [11.40]
1321	6881	WYŻYKOWSKI Piotr	ZALESIE GÓRNE	WWW.ZALESIE-GORNE.EU	72	M30/491	(M)1255	00:50:06	00:49:39	12.08	00:25:35 / 1151 [11.73]
1322	1360	WIŚNIEWSKI Rafał	WARSZAWA	ACTION	78	M30/492	(M)1256	00:50:06	00:48:48	12.30	00:24:16 / 801 [12.36]
1323	3395	KĘDZIERSKI Fabian	WARSZAWA		74	M30/493	(M)1257	00:50:06	00:47:58	12.51	00:26:50 / 1519 [11.18]
1324	3724	MUCHA Jacek	PRUSZKÓW		72	M30/494	(M)1258	00:50:07	00:48:34	12.35	00:25:32 / 1141 [11.75]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1325	4680	CELIŃSKI Aleksander	WARSZAWA		84	M20/346	(M)1259	00:50:07	00:47:46	12.56	00:27:24 / 1692 [10.95]
1326	5968	ROSLANOWSKI Emil	RADOM		87	M20/347	(M)1260	00:50:08	00:46:56	12.78	00:27:56 / 1906 [10.74]
1327	5161	OLEKSIUK Mirosław	WARSZAWA		63	M40/208	(M)1261	00:50:08	00:49:58	12.01	00:24:45 / 915 [12.12]
1328	4430	GARUS Lech	KATOWICE	ŚCIEŻKA PARK LEŚNY BRÓDNO	72	M30/495	(M)1262	00:50:08	00:47:41	12.58	00:27:24 / 1691 [10.95]
1329	1601	LEPLE Grzegorz	OPACZ KOLONIA	KLUBBIEGACZA.PL	69	M40/209	(M)1263	00:50:08	00:48:07	12.47	00:26:27 / 1385 [11.34]
1330	2872	GIERMASIŃSKI Rafał	WARSZAWA	ITI ADVENTURE TEAM	73	M30/496	(M)1264	00:50:08	00:49:19	12.17	00:25:09 / 1021 [11.93]
1331	4057	FUKIET Bartek	WARSZAWA		71	M30/497	(M)1265	00:50:09	00:49:13	12.19	00:27:19 / 1673 [10.98]
1332	3225	SZLENDAK Krzysztof	WARSZAWA		68	M40/210	(M)1266	00:50:09	00:48:12	12.45	00:26:35 / 1417 [11.29]
1333	1214	OLSZEWSKI Jarosław	LEGIONOWO		56	M50/78	(M)1267	00:50:09	00:49:23	12.15	00:25:59 / 1240 [11.55]
1334	4221	MISIUREWICZ Paweł	WARSZAWA	PASSUS SPORT TEAM	69	M40/211	(M)1268	00:50:09	00:48:49	12.29	00:26:35 / 1423 [11.29]
1335	5121	BIALECKI Adam	ŁÓDŹ		89	M20/348	(M)1269	00:50:10	00:48:14	12.44	00:27:03 / 1581 [11.09]
1336	4723	PRZYBYŁKOWICZ Jacek	WARSZAWA		74	M30/498	(M)1270	00:50:11	00:48:20	12.41	00:26:44 / 1483 [11.22]
1337	2874	BIENIEK Dariusz	WARSZAWA		88	M20/349	(M)1271	00:50:11	00:47:48	12.55	00:27:03 / 1587 [11.09]
1338	4722	OLSZANKA Krzysztof	WARSZAWA		71	M30/499	(M)1272	00:50:11	00:48:20	12.41	00:26:44 / 1481 [11.22]
1339	4825	CHLEBOWSKI Michał	WARSZAWA	RUN IS FUN WARSZAWA	68	M40/212	(M)1273	00:50:11	00:48:53	12.27	00:26:23 / 1365 [11.37]
1340	5558	GUZANEK Tomasz	PŁOCK		89	M20/350	(M)1274	00:50:12	00:48:43	12.32	00:27:12 / 1637 [11.03]
1341	1569	KASPRZYK Krzysztof	WARSZAWA	LASEK BIELAŃSKI TEAM	74	M30/500	(M)1275	00:50:12	00:48:46	12.30	00:24:42 / 903 [12.15]
1342	1389	BRZEZIŃSKI Marcin	WARSZAWA	ACTION	78	M30/501	(M)1276	00:50:13	00:49:00	12.24	00:26:07 / 1269 [11.49]
1343	5744	LESIECKI Michał	ŁÓDŹ	SM ŁÓDŹ	86	M20/351	(M)1277	00:50:13	00:47:51	12.54	00:27:20 / 1677 [10.98]
1344	4953	KUCZKOWSKI Jerzy	OŻARÓW MAZOWIECKI	ENERGETYKA OŻARÓW	56	M50/79	(M)1278	00:50:14	00:49:12	12.20	00:26:12 / 1302 [11.45]
1345	4895	MAŁKOWSKI Andrzej	WARSZAWA		80	M20/352	(M)1279	00:50:14	00:44:57	13.35	00:28:55 / 2243 [10.37]
1346	4184	SZYMBORSKI Łukasz	REBKÓW		84	M20/353	(M)1280	00:50:14	00:49:01	12.24	00:26:46 / 1489 [11.21]
1347	4117	WIECZOREK Rafał	WARSZAWA	JUNIOR TENNIS CLUB	81	M20/354	(M)1281	00:50:14	00:48:26	12.39	00:26:17 / 1341 [11.41]
1348	6047	STRZYCZKOWSKI Maciej	WARSZAWA-WESOŁA		95		(M)1282	00:50:15	00:48:40	12.33	00:27:28 / 1722 [10.92]
1349	2157	ANDERSZ Patryk	WARSZAWA	AZS UW - JUDO	85	M20/355	(M)1283	00:50:15	00:48:16	12.43	00:27:19 / 1674 [10.98]
1350	1947	KOZŁOWSKI Kacper	JÓZEFÓW		91		(M)1284	00:50:15	00:47:12	12.71	00:28:04 / 1948 [10.69]
1351	995	ARSZELEWSKI Bernard	WARSZAWA	DB MARATHON TEAM	82	M20/356	(M)1285	00:50:15	00:48:31	12.37	00:26:08 / 1276 [11.48]
1352	4201	KLIMEK Krzysztof	WARSZAWA		53	M50/80	(M)1286	00:50:15	00:47:38	12.60	00:27:26 / 1710 [10.94]
1353	3634	PRĄDZYŃSKI Dariusz	WARSZAWA	NIE DOTYCZY	54	M50/81	(M)1287	00:50:15	00:48:06	12.47	00:27:27 / 1713 [10.93]
1354	2537	GUT Mateusz	WARSZAWA	MOKOTÓW	88	M20/357	(M)1288	00:50:15	00:48:10	12.46	00:26:47 / 1501 [11.20]
1355	2106	GAJEWSKI Przemysław	WARSZAWA	AGR WELODROM	75	M30/502	(M)1289	00:50:16	00:48:07	12.47	00:27:09 / 1621 [11.05]
1356	491	NOWAK Łukasz	WARSZAWA		80	M20/358	(M)1290	00:50:16	00:48:33	12.36	00:26:17 / 1335 [11.41]
1357	3776	URBANIAK Adam	KALISZ		85	M20/359	(M)1291	00:50:16	00:45:01	13.33	00:29:04 / 2290 [10.32]
1358	1961	SOCHA Jarosław	WARSZAWA		70	M30/503	(M)1292	00:50:17	00:48:02	12.49	00:26:39 / 1445 [11.26]
1359	427	SOWIŃSKI Dominik	ŁOMIANKI		92		(M)1293	00:50:17	00:50:17	11.93	00:28:20 / 2028 [10.59]
1360	2499	JAŻŁO Przemek	WARSZAWA		85	M20/360	(M)1294	00:50:18	00:49:09	12.21	00:26:10 / 1284 [11.46]
1361	3135	WALASEK Ewa	MYSIADŁO	AZS UW	86	K20/20	(K)67	00:50:18	00:48:46	12.30	00:26:13 / 1310 [11.44]
1362	227	MAJCHRZAK Michał		CROSS	09		(M)1295	00:50:18	00:49:35	12.10	00:26:34 / 1415 [11.29]
1363	2723	PETYŃKA Rafał	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY	77	M30/504	(M)1296	00:50:19	00:47:59	12.50	00:27:28 / 1721 [10.92]
1364	5998	SCHON Beniamin	WARSZAWA		78	M30/505	(M)1297	00:50:19	00:48:47	12.30	00:27:02 / 1576 [11.10]
1365	2869	PATEREK Andrzej	WARSZAWA	ALETEMPO	54	M50/82	(M)1298	00:50:19	00:49:02	12.24	00:26:07 / 1270 [11.49]
1366	1616	BARABASZ Waldemar	WARSZAWA		74	M30/506	(M)1299	00:50:19	00:49:31	12.12	00:25:25 / 1113 [11.80]
1367	644	MICHALSKI Ryszard	WARSZAWA	KLUB BIEGACZY WPIONIE.PL	80	M20/361	(M)1300	00:50:19	00:49:30	12.12	00:25:46 / 1184 [11.64]
1368	6666	ZAWODNIK DO UZUP					(M)1301	00:50:20	00:48:07	12.47	00:26:18 / 1345 [11.41]
1369	6248	SZYMAŃSKI Maciej	ŁÓDŹ		80	M20/362	(M)1302	00:50:20	00:49:42	12.07	00:25:23 / 1102 [11.82]
1370	3308	SZWAST Dariusz	WARSZAWA		73	M30/507	(M)1303	00:50:20	00:48:25	12.39	00:27:37 / 1801 [10.86]
1371	690	KOSTKA Michał	MARKI		92		(M)1304	00:50:20	00:49:53	12.03	00:23:50 / 678 [12.59]
1372	300	KOSEDOWSKI Krzysztof	WARSZAWA		60	M40/213	(M)1305	00:50:21	00:47:52	12.53	00:27:31 / 1748 [10.90]
1373	214	SENIUK Stanisław		CROSS	09		(M)1306	00:50:21	00:49:13	12.19	00:26:17 / 1336 [11.41]
1374	4742	KLIŚ Maciej	WARSZAWA		77	M30/508	(M)1307	00:50:21	00:49:20	12.16	00:25:31 / 1133 [11.76]
1375	4241	BARTNIK Andrzej	WARSZAWA	WAT WARSZAWA	60	M40/214	(M)1308	00:50:22	00:47:39	12.59	00:27:26 / 1705 [10.94]
1376	3616	SIKORA Bartosz	WARSZAWA		84	M20/363	(M)1309	00:50:22	00:48:12	12.45	00:27:03 / 1585 [11.09]
1377	6046	STRZYCZKOWSKI Michał	WARSZAWA-WESOŁA		69	M40/215	(M)1310	00:50:23	00:47:15	12.70	00:27:30 / 1736 [10.91]
1378	4702	DORADZIŃSKI Roman	WARSZAWA		68	M40/216	(M)1311	00:50:23	00:48:20	12.41	00:26:15 / 1323 [11.43]
1379	3116	SUBOCZ MARCIN	WĘGORZEWO		79	M30/509	(M)1312	00:50:23	00:49:03	12.23	00:26:07 / 1267 [11.49]
1380	6173	KOBYLIŃSKI Konrad	JAWORZNO	WAT WARSZAWA	87	M20/364	(M)1313	00:50:24	00:49:50	12.04	00:28:16 / 2010 [10.61]
1381	2332	RYNKIEWICZ Tomasz	WARSZAWA		75	M30/510	(M)1314	00:50:24	00:48:35	12.35	00:27:07 / 1603 [11.06]
1382	5069	NIEDZIELSKA Urszula	TORUŃ	AZS WAT WARSZAWA	88	K20/21	(K)68	00:50:24	00:46:38	12.87	00:28:15 / 2007 [10.62]
1383	2492	LENARTOWICZ JANUSZ	OŻARÓW MAZOWIECKI		78	M30/511	(M)1315	00:50:24	00:49:22	12.15	00:27:44 / 1837 [10.82]
1384	4465	POCHYLSKI Paweł	WARSZAWA		85	M20/365	(M)1316	00:50:25	00:49:26	12.14	00:26:13 / 1305 [11.44]
1385	244	POJAWA Tomasz	WARSZAWA		73	M30/512	(M)1317	00:50:25	00:48:19	12.42	00:26:47 / 1497 [11.20]
1386	4021	GASIŃSKI Łukasz	WARSZAWA		73	M30/513	(M)1318	00:50:25	00:47:41	12.58	00:26:52 / 1526 [11.17]
1387	1008	NAZAREWICZ Rafał	WARSZAWA	DE LAGE LANDEN	75	M30/514	(M)1319	00:50:26	00:48:07	12.47	00:27:19 / 1672 [10.98]
1388	358	OKRASZEWSKI Łukasz	WARSZAWA		82	M20/366	(M)1320	00:50:26	00:47:25	12.65	00:28:47 / 2200 [10.42]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1389	2514	CZARNECKI Adam	ŁOMIANKI		71	M30/515	(M)1321	00:50:26	00:48:12	12.45	00:27:03 / 1582 [11.09]
1390	962	SZYMA Grzegorz	WARSZAWA		68	M40/217	(M)1322	00:50:27	00:48:59	12.25	00:27:11 / 1628 [11.04]
1391	961	SZYMA Karolina	WARSZAWA	MKS POLONIA WARSZAWA	93		(K)69	00:50:27	00:48:59	12.25	00:27:11 / 1630 [11.04]
1392	1115	GLIWA Rafał	BOROWA GÓRA		75	M30/516	(M)1323	00:50:28	00:48:57	12.26	00:26:43 / 1476 [11.23]
1393	1424	GRADUS Kamila	WARSZAWA	ACTION	09		(K)70	00:50:28	00:50:26	11.90	00:25:50 / 1207 [11.61]
1394	4479	MALISZEWSKI Artur	WARSZAWA		67	M40/218	(M)1324	00:50:29	00:47:53	12.53	00:26:59 / 1560 [11.12]
1395	4370	WOŹNIAK Robert	OROŃSKO		87	M20/367	(M)1325	00:50:29	00:49:23	12.15	00:25:52 / 1223 [11.60]
1396	5528	GOCH Karol	SOCHACZEW	KM AKTYWNI SOCHACZEW	85	M20/368	(M)1326	00:50:29	00:50:00	12.00	00:25:48 / 1190 [11.63]
1397	5280	KACZOROWSKI kamil	WARSZAWA		72	M30/517	(M)1327	00:50:29	00:45:35	13.16	00:28:24 / 2050 [10.56]
1398	1255	KATARZYNA Kowalczyk	WARSZAWA		75	K30/33	(K)71	00:50:29	00:47:40	12.59	00:27:28 / 1718 [10.92]
1399	3329	KLUKOWSKI Dariusz	WARSZAWA		65	M40/219	(M)1328	00:50:30	00:49:13	12.19	00:26:22 / 1363 [11.38]
1400	90	TYBURC BIELESZ Paweł			09		(M)1329	00:50:30	00:50:25	11.90	00:24:50 / 933 [12.08]
1401	5620	KĄŻMIERCZAK Tomasz	GRABÓW	Z.S. IM. JADWIGI GRODZKIEJ W ŁĘCZYCY	90		(M)1330	00:50:30	00:49:52	12.03	00:26:11 / 1292 [11.46]
1402	297	WERTENSTEIN-ŻULAWSKI Piotr			09		(M)1331	00:50:30	00:50:24	11.90	00:25:44 / 1178 [11.66]
1403	111	MACHOŃ Paweł	WARSZAWA	STRAŻ MIEJSKA	75	M30/518	(M)1332	00:50:31	00:48:53	12.27	00:26:32 / 1407 [11.31]
1404	5153	NAROŹNIK Ewa	WYGLĘDY		79	K30/34	(K)72	00:50:31	00:49:40	12.08	00:26:02 / 1247 [11.52]
1405	5252	KWITOWSKI Piotr	WARSZAWA	SBBP.PL	78	M30/519	(M)1333	00:50:31	00:48:15	12.44	00:27:37 / 1803 [10.86]
1406	796	NATORSKI Łukasz	WARSZAWA		83	M20/369	(M)1334	00:50:32	00:49:19	12.17	00:26:49 / 1511 [11.19]
1407	2406	KORKOSZ Andrzej	WARSZAWA		77	M30/520	(M)1335	00:50:32	00:48:34	12.35	00:27:15 / 1655 [11.01]
1408	4156	BRYŁA Jakub	WARSZAWA		80	M20/370	(M)1336	00:50:32	00:50:10	11.96	00:24:44 / 908 [12.13]
1409	3138	ŻABNICKI Łukasz	WARSZAWA		77	M30/521	(M)1337	00:50:32	00:47:57	12.51	00:27:04 / 1590 [11.08]
1410	1994	INGIELEWICZ Wojciech	WARSZAWA		80	M20/371	(M)1338	00:50:33	00:49:55	12.02	00:25:15 / 1060 [11.88]
1411	135	SPONSOR vip			09		(M)1339	00:50:33	00:47:58	12.51	00:27:32 / 1756 [10.90]
1412	4447	PLOCKE Szymon	KLANINO		90		(M)1340	00:50:33	00:50:27	11.89	00:25:09 / 1022 [11.93]
1413	6619	ZAWODNIK DO UZUP					(M)1341	00:50:33	00:49:35	12.10	00:26:16 / 1330 [11.42]
1414	1490	PAWLIKOWSKI Korneliusz	WARSZAWA	BRAK	78	M30/522	(M)1342	00:50:33	00:49:55	12.02	00:25:14 / 1052 [11.89]
1415	3007	KLAMMER Marcin	WARSZAWA		70	M30/523	(M)1343	00:50:34	00:49:35	12.10	00:25:44 / 1180 [11.66]
1416	4761	WIĘCKOWSKI Krzysztof	WARSZAWA	LINK4 RUNNERS	78	M30/524	(M)1344	00:50:34	00:50:34	11.87	00:26:28 / 1391 [11.34]
1417	616	WOŹNIAK Tomasz	ŁOMIANKI		74	M30/525	(M)1345	00:50:34	00:50:29	11.89	00:25:28 / 1121 [11.78]
1418	1819	WITKOWSKI Konrad	TOMASZÓW LUBELSKI		77	M30/526	(M)1346	00:50:34	00:49:29	12.13	00:26:12 / 1303 [11.45]
1419	6300	WCISŁO Marek	WARSZAWA	ERA RUNNING TEAM	70	M30/527	(M)1347	00:50:34	00:49:29	12.13	00:25:24 / 1107 [11.81]
1420	4203	KRAWCOW Piotr	BRWINOW		85	M20/372	(M)1348	00:50:35	00:49:19	12.17	00:26:56 / 1546 [11.14]
1421	167	JANUSZEWSKI paweł	WARSZAWA	PUMA RUNNING TEAM	72	M30/528	(M)1349	00:50:35	00:50:25	11.90	00:26:40 / 1456 [11.25]
1422	3986	BODZIAK Marcin	WARSZAWA		70	M30/529	(M)1350	00:50:35	00:49:37	12.09	00:25:16 / 1065 [11.87]
1423	2506	ROGALA Sławomir	WARSZAWA		60	M40/220	(M)1351	00:50:35	00:48:57	12.26	00:26:42 / 1465 [11.24]
1424	3717	WANTOŁA Oskar	GDYNIA		88	M20/373	(M)1352	00:50:35	00:49:03	12.23	00:26:39 / 1447 [11.26]
1425	3491	KRYGIER Michał	WARSZAWA	UKS OKĘCIE SPORT	93		(M)1353	00:50:36	00:49:29	12.13	00:25:51 / 1214 [11.61]
1426	3313	CUNNINGHAM Michael	WARSZAWA		66	M40/221	(M)1354	00:50:36	00:48:38	12.34	00:27:01 / 1571 [11.10]
1427	1872	OGURKIS Jan	WARSZAWA		62	M40/222	(M)1355	00:50:36	00:50:32	11.87	00:24:58 / 966 [12.02]
1428	6667	ZAWODNIK DO UZUP					(M)1356	00:50:36	00:50:36	11.86	00:26:27 / 1386 [11.34]
1429	335	FILIPEK Cezary	ZIELONKA	CEZAREK88@O2.PL	76	M30/530	(M)1357	00:50:37	00:50:32	11.87	00:24:41 / 894 [12.15]
1430	561	DĄBROSZ Paweł	NOWY DWÓR		89	M20/374	(M)1358	00:50:37	00:48:29	12.38	00:27:08 / 1613 [11.06]
1431	6309	WIŚNIEWSKI Aleksander	WARSZAWA		87	M20/375	(M)1359	00:50:37	00:48:11	12.45	00:27:31 / 1741 [10.90]
1432	413	SKIERKOWSKI Włodzimierz	KAMPINOS	CONTINENTAL	71	M30/531	(M)1360	00:50:37	00:49:33	12.11	00:26:14 / 1313 [11.44]
1433	2912	SZOKALSKI Kazimierz	NOWY PRAŻMÓW		63	M40/223	(M)1361	00:50:37	00:49:58	12.01	00:25:18 / 1075 [11.86]
1434	3956	WALCZAK Daniel	KONSTANCIN-JEZIORNA		95		(M)1362	00:50:38	00:49:53	12.03	00:26:49 / 1513 [11.19]
1435	5647	KILIAN Marek	WARSZAWA	CUCUMBER PEKARI RUNNING CLUB	68	M40/224	(M)1363	00:50:38	00:47:20	12.68	00:28:02 / 1938 [10.70]
1436	2311	ORZECHOWSKI Krzysztof	SOCHACZEW	KM AKTYWNI SOCHACZEW	49	M60/11	(M)1364	00:50:38	00:49:25	12.14	00:26:13 / 1306 [11.44]
1437	2236	KRUSZEWSKI Bartosz	WARSZAWA		91		(M)1365	00:50:38	00:49:30	12.12	00:26:12 / 1301 [11.45]
1438	3388	KALINOWSKI Piotr	WARSZAWA		78	M30/532	(M)1366	00:50:38	00:48:49	12.29	00:26:36 / 1430 [11.28]
1439	2781	BINIEK Piotr		BGK	09		(M)1367	00:50:39	00:48:14	12.44	00:27:30 / 1733 [10.91]
1440	1064	HOPPE Paweł	WARSZAWA		74	M30/533	(M)1368	00:50:39	00:49:34	12.10	00:26:09 / 1280 [11.47]
1441	3402	CIEMSKI Zenon	WARSZAWA	BZC.PL	65	M40/225	(M)1369	00:50:39	00:49:21	12.16	00:26:40 / 1457 [11.25]
1442	3403	CIEMSKI Wojtek	WARSZAWA	BZC.PL	92		(M)1370	00:50:39	00:49:21	12.16	00:26:40 / 1455 [11.25]
1443	3771	DUMERADZKI Jacek	LEGIONOWO		90		(M)1371	00:50:40	00:47:15	12.70	00:27:56 / 1904 [10.74]
1444	1786	KUSTOSZ Piotr	WARSZAWA		66	M40/226	(M)1372	00:50:42	00:50:17	11.93	00:25:33 / 1145 [11.74]
1445	2543	ŁUKASZEWSKI Michał	OLSZEWNICA STARA		72	M30/534	(M)1373	00:50:42	00:49:39	12.08	00:25:31 / 1137 [11.76]
1446	3562	KĄKOL Dariusz	KAMIONKA		65	M40/227	(M)1374	00:50:43	00:49:40	12.08	00:25:22 / 1097 [11.83]
1447	2956	KOWALEWSKA Barbara	NOWY DWÓR MAZ		70	K30/35	(K)73	00:50:43	00:49:55	12.02	00:25:46 / 1186 [11.64]
1448	623	KALICIECKI Ireneusz	WARSZAWA	JELONEKRACE	63	M40/228	(M)1375	00:50:43	00:48:58	12.25	00:26:46 / 1487 [11.21]
1449	2301	LASKOWSKI Grzegorz	DĄBROWICA		68	M40/229	(M)1376	00:50:43	00:49:05	12.22	00:26:36 / 1432 [11.28]
1450	4417	KORDOŃSKI Dariusz	GNIEZNO		83	M20/376	(M)1377	00:50:43	00:49:23	12.15	00:26:20 / 1359 [11.39]
1451	426	BRZEZIŃSKI Maciej	PŁOCHOCIN		92		(M)1378	00:50:44	00:47:06	12.74	00:28:14 / 2001 [10.63]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1452	2714	PIETRUSZEWSKI Jacek	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY	70	M30/535	(M)1379	00:50:44	00:48:24	12.40	00:27:16 / 1659 [11.00]
1453	3322	PERLEJEWSKI Sebastian	CIECHANOWIEC	AT.BILBAO	87	M20/377	(M)1380	00:50:44	00:49:57	12.01	00:24:53 / 944 [12.06]
1454	362	MITUŁA lukasz	WARSZAWA	CYTADELA	86	M20/378	(M)1381	00:50:44	00:50:21	11.92	00:26:18 / 1346 [11.41]
1455	2901	CZARNECKI Sebastian	WARSZAWA		77	M30/536	(M)1382	00:50:45	00:49:41	12.08	00:27:27 / 1716 [10.93]
1456	752	RONKIEWICZ Patrycja	WARSZAWA		78	K30/36	(K)74	00:50:45	00:49:12	12.20	00:27:15 / 1650 [11.01]
1457	3170	PIASECKA Monika	WARSZAWA	HP RUN	75	K30/37	(K)75	00:50:45	00:48:41	12.32	00:27:22 / 1684 [10.96]
1458	5039	RÓWNICKI Dariusz	WARSZAWA		72	M30/537	(M)1383	00:50:46	00:47:41	12.58	00:27:53 / 1890 [10.76]
1459	671	PEKALA Leszek	WARSZAWA		75	M30/538	(M)1384	00:50:46	00:48:57	12.26	00:27:32 / 1761 [10.90]
1460	1618	TOMCZAK Dariusz	WARSZAWA		65	M40/230	(M)1385	00:50:47	00:50:47	11.81	00:28:16 / 2015 [10.61]
1461	5337	BABIJCZUK Dariusz	CHRZANÓW		73	M30/539	(M)1386	00:50:48	00:48:46	12.30	00:27:41 / 1825 [10.84]
1462	3643	BANASIAK Sebastian	WARSZAWA		84	M20/379	(M)1387	00:50:48	00:48:10	12.46	00:26:53 / 1530 [11.16]
1463	5115	RYAN Declan	WARSZAWA		67	M40/231	(M)1388	00:50:48	00:48:49	12.29	00:27:21 / 1681 [10.97]
1464	5124	KUŹNIEWICZ Mariusz	WARSZAWA		83	M20/380	(M)1389	00:50:49	00:49:40	12.08	00:25:49 / 1201 [11.62]
1465	237	PLATOWSKI Feliks		PRZEWODNIK DLA NIEWIDOMYCH	77	M30/540	(M)1390	00:50:49	00:50:28	11.89	00:26:18 / 1347 [11.41]
1466	209	SAWA Ryszard		NIEWIDOMI	44	M60/12	(M)1391	00:50:49	00:50:27	11.89	00:26:18 / 1348 [11.41]
1467	1463	ZYCHOWICZ Jacek	WARSZAWA	POGROMCY NIEMOCY	82	M20/381	(M)1392	00:50:50	00:50:50	11.80	00:26:40 / 1459 [11.25]
1468	3602	CYBULSKI Adam	WARSZAWA	WSB CYTADELA	61	M40/232	(M)1393	00:50:50	00:49:30	12.12	00:27:02 / 1580 [11.10]
1469	3836	ARASIMOWICZ Anna	RYN		82	K20/22	(K)76	00:50:51	00:50:51	11.80	00:26:33 / 1411 [11.30]
1470	2356	KULAKOWSKI Piotr	KONSTANCIN JEZIORNA	NIEZRZESZONY	57	M50/83	(M)1394	00:50:51	00:49:31	12.12	00:26:09 / 1278 [11.47]
1471	1754	JANKOWSKI karol	KOBYLKA		87	M20/382	(M)1395	00:50:51	00:48:50	12.29	00:27:52 / 1883 [10.77]
1472	2575	MUTRYNOWSKI PIOTR	WARSZAWA	PROMYKA	74	M30/541	(M)1396	00:50:51	00:48:01	12.50	00:28:02 / 1940 [10.70]
1473	5286	ŁASTOWIECKI Radosław	MIŃSK MAZOWIECKI		75	M30/542	(M)1397	00:50:52	00:48:37	12.34	00:26:46 / 1492 [11.21]
1474	5181	DULINICZ Marta	WARSZAWA		81	K20/23	(K)77	00:50:52	00:49:12	12.20	00:27:30 / 1735 [10.91]
1475	731	WALCZAK Kinga	WARSZAWA		75	K30/38	(K)78	00:50:52	00:50:03	11.99	00:26:10 / 1290 [11.46]
1476	1647	TYSZKIEWICZ Wiesław	OBRYTE		68	M40/233	(M)1398	00:50:53	00:49:19	12.17	00:26:48 / 1506 [11.19]
1477	4009	PHILIPPE Robert	WARSZAWA		60	M40/234	(M)1399	00:50:53	00:50:35	11.86	00:25:49 / 1196 [11.62]
1478	5888	PALASZ Stanisław	ŁÓDŹ	STRAŻ MIEJSKA W ŁODZI	63	M40/235	(M)1400	00:50:53	00:49:16	12.18	00:26:25 / 1378 [11.36]
1479	5448	CZYŻEWSKI Piotr	ŁÓDŹ	STRAŻ MIEJSKA ŁÓDŹ	65	M40/236	(M)1401	00:50:53	00:49:16	12.18	00:26:25 / 1375 [11.36]
1480	4571	SZELWACHOWSKI Dariusz	WARSZAWA	KB LAS HORMIGAS	64	M40/237	(M)1402	00:50:53	00:49:26	12.14	00:26:37 / 1439 [11.27]
1481	5759	LUDWIG Remigiusz	WARSZAWA	BIEGAJZNA.MI.PL	77	M30/543	(M)1403	00:50:54	00:48:54	12.27	00:26:51 / 1522 [11.17]
1482	4403	GRZESZCZUK Maciek	WARSZAWA		93		(M)1404	00:50:54	00:49:03	12.23	00:26:44 / 1482 [11.22]
1483	5078	KORCZYŃSKI Stanisław	ŁÓDŹ	ŚCIEŻKI BIEGOWE NIKE PARK PONATOWSKI	53	M50/84	(M)1405	00:50:55	00:49:23	12.15	00:26:25 / 1380 [11.36]
1484	3910	BERNE Włodzimierz Michał	OŹRÓW MAZ.		50	M50/85	(M)1406	00:50:55	00:50:03	11.99	00:26:16 / 1334 [11.42]
1485	2025	MINCBERG Wojciech	WARSZAWA		76	M30/544	(M)1407	00:50:56	00:48:49	12.29	00:26:57 / 1552 [11.13]
1486	4164	SZCZUROWSKI Tomasz	WARSZAWA		91		(M)1408	00:50:56	00:49:22	12.15	00:25:38 / 1160 [11.70]
1487	2654	FREITES Luis	WARSZAWA		61	M40/238	(M)1409	00:50:57	00:50:57	11.78	00:26:38 / 1440 [11.26]
1488	4984	BRZOZOWSKI MIROSLAW	WARSZAWA		71	M30/545	(M)1410	00:50:57	00:48:01	12.50	00:28:49 / 2214 [10.41]
1489	3854	KONWERSKI Jakub	WARSZAWA	WAT WARSZAWA	86	M20/383	(M)1411	00:50:57	00:48:07	12.47	00:27:13 / 1641 [11.02]
1490	4657	ROMAŃSKI Adam	WARSZAWA		79	M30/546	(M)1412	00:50:57	00:48:39	12.33	00:27:40 / 1819 [10.84]
1491	5158	BUCZEK DARIUSZ	BUDY SUŁKOWSKIE		75	M30/547	(M)1413	00:50:58	00:49:19	12.17	00:26:24 / 1372 [11.36]
1492	714	RINGWELSKI Daniel	WŁOCŁAWEK		80	M20/384	(M)1414	00:50:58	00:48:56	12.26	00:27:04 / 1592 [11.08]
1493	2310	KOCIMSKI Jan	SOCHACZEW	KM AKTYWNI SOCHACZEW	48	M60/13	(M)1415	00:50:58	00:49:45	12.06	00:26:31 / 1406 [11.31]
1494	6604	KIDZIŃSKI Łukasz	BRWINÓW		86	M20/385	(M)1416	00:50:58	00:49:04	12.23	00:27:08 / 1615 [11.06]
1495	1726	NOWAK Sławomir	WARSZAWA		70	M30/548	(M)1417	00:50:59	00:48:14	12.44	00:27:41 / 1820 [10.84]
1496	6066	SZCZEPANIAK Grzegorz	WARSZAWA		68	M40/239	(M)1418	00:50:59	00:49:30	12.12	00:27:20 / 1679 [10.98]
1497	3342	BALCERZAK Maciej	WARSZAWA		71	M30/549	(M)1419	00:50:59	00:50:55	11.78	00:25:22 / 1096 [11.83]
1498	2459	KOSTKA Marcin	WARSZAWA		72	M30/550	(M)1420	00:51:00	00:47:50	12.54	00:27:32 / 1765 [10.90]
1499	582	CAŁKA Bartłomiej	PILAWA		83	M20/386	(M)1421	00:51:00	00:48:16	12.43	00:26:25 / 1377 [11.36]
1500	1633	RUSEK agnieszka	WARSZAWA		76	K30/39	(K)79	00:51:02	00:48:26	12.39	00:26:54 / 1537 [11.15]
1501	2724	KOZŁOWSKI Wojciech	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY	73	M30/551	(M)1422	00:51:02	00:48:20	12.41	00:27:50 / 1875 [10.78]
1502	3844	DĄBLEWSKI Maksymilian	WARSZAWA		74	M30/552	(M)1423	00:51:03	00:50:48	11.81	00:24:19 / 814 [12.34]
1503	780	JANCZUK Piotr	ŻYRARDÓW		76	M30/553	(M)1424	00:51:03	00:48:56	12.26	00:27:14 / 1647 [11.02]
1504	333	KINASIEWICZ marek	SKIERDY	DOBRAUCZELNIA.PL	52	M50/86	(M)1425	00:51:03	00:49:10	12.20	00:27:39 / 1812 [10.85]
1505	3130	WILAMOWSKI Artur	LIDZBARK		79	M30/554	(M)1426	00:51:03	00:48:51	12.28	00:29:11 / 2324 [10.28]
1506	308	CHACHAJ Piotr	WARSZAWA	KTE TRAMP	88	M20/387	(M)1427	00:51:04	00:48:29	12.38	00:27:31 / 1750 [10.90]
1507	5389	BOJARSKI Maciej	KONIN		78	M30/555	(M)1428	00:51:04	00:50:27	11.89	00:26:15 / 1322 [11.43]
1508	4903	CHOLEWIŃSKI Krzysztof	WARSZAWA		71	M30/556	(M)1429	00:51:04	00:50:57	11.78	00:24:41 / 899 [12.15]
1509	940	KASIŃSKI Grzegorz	WARSZAWA		70	M30/557	(M)1430	00:51:05	00:48:07	12.47	00:28:00 / 1925 [10.71]
1510	5088	BUSZEWSKI Jakub	WARSZAWA		86	M20/388	(M)1431	00:51:05	00:48:34	12.35	00:27:46 / 1852 [10.80]
1511	5651	KLIMEK tomasz	WARSZAWA	NIEZRZESZONY	71	M30/558	(M)1432	00:51:05	00:49:43	12.07	00:27:17 / 1664 [11.00]
1512	3107	TOKARSKI Jacek	SUPRAŚL		76	M30/559	(M)1433	00:51:06	00:49:03	12.23	00:28:08 / 1966 [10.66]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1513	4973	LISIAK Jerzy	LUBLIN		70	M30/560	(M)1434	00:51:06	00:49:41	12.08	00:26:39 / 1451 [11.26]
1514	5521	GLINIEWICZ Aleksandra	WARSZAWA	KB GYMNASION WARSZAWA	55	K50/1	(K)80	00:51:06	00:50:02	11.99	00:26:42 / 1468 [11.24]
1515	909	SOBASZEK Maciek	WARSZAWA		76	M30/561	(M)1435	00:51:07	00:49:52	12.03	00:26:26 / 1382 [11.35]
1516	1517	BAGIŃSKI Daniel	ZGORZELEC		77	M30/562	(M)1436	00:51:07	00:48:51	12.28	00:27:07 / 1604 [11.06]
1517	852	LATUSZEK Zbigniew	GARWOLIN		82	M20/389	(M)1437	00:51:07	00:48:46	12.30	00:26:53 / 1533 [11.16]
1518	2412	KLIMEK mirek	MIŃSK MAZOWIECKI	DREPTAK	74	M30/563	(M)1438	00:51:08	00:50:56	11.78	00:26:17 / 1337 [11.41]
1519	2324	KOZAK Jędrzej	WARSZAWA		93		(M)1439	00:51:08	00:48:52	12.28	00:27:06 / 1601 [11.07]
1520	3837	SEREDYŃSKI Mieczysław	WROCLAW		66	M40/240	(M)1440	00:51:08	00:50:23	11.91	00:26:45 / 1486 [11.21]
1521	5642	KARCZ Bartosz	WARSZAWA		78	M30/564	(M)1441	00:51:08	00:49:58	12.01	00:26:40 / 1454 [11.25]
1522	4328	PIETRZAK Mariusz	WARSZAWA		72	M30/565	(M)1442	00:51:08	00:49:38	12.09	00:26:14 / 1312 [11.44]
1523	3546	PYRA Adrian	JÓZEFÓW	UKS FUKS	89	M20/390	(M)1443	00:51:09	00:49:52	12.03	00:27:47 / 1856 [10.80]
1524	2359	ZWIERSZ Michał	WARSZAWA		73	M30/566	(M)1444	00:51:09	00:50:51	11.80	00:25:45 / 1181 [11.65]
1525	1200	SKRZYPKOWSKI Tomasz	OTWOCK		57	M50/87	(M)1445	00:51:09	00:48:48	12.30	00:28:11 / 1980 [10.64]
1526	2034	ZAWADZKI Maciej	WARSZAWA	TECHNIKUM KASPRZAKA	78	M30/567	(M)1446	00:51:09	00:49:31	12.12	00:27:25 / 1701 [10.94]
1527	2880	MAJ Grzegorz	WARSZAWA		66	M40/241	(M)1447	00:51:09	00:48:50	12.29	00:27:34 / 1782 [10.88]
1528	2892	DOCHNAL Robert	WARSZAWA		64	M40/242	(M)1448	00:51:10	00:48:06	12.47	00:28:01 / 1932 [10.71]
1529	5247	PIETRZYK Marek	MAGNUSZEW		90		(M)1449	00:51:10	00:49:22	12.15	00:28:15 / 2005 [10.62]
1530	2858	WITAN Paweł	WARSZAWA		73	M30/568	(M)1450	00:51:10	00:50:30	11.88	00:25:37 / 1157 [11.71]
1531	6068	SZCZEPANIK Tomasz	CZĘSTOCHOWA		67	M40/243	(M)1451	00:51:10	00:49:02	12.24	00:27:08 / 1612 [11.06]
1532	4659	WITAK Paweł	WARSZAWA		84	M20/391	(M)1452	00:51:10	00:49:55	12.02	00:26:30 / 1399 [11.32]
1533	568	PIŁAT Mariusz	WARSZAWA	-	63	M40/244	(M)1453	00:51:10	00:49:36	12.10	00:27:33 / 1776 [10.89]
1534	6665	ZAWODNIK DO UZUP					(M)1454	00:51:10	00:49:46	12.06	00:27:14 / 1648 [11.02]
1535	750	LEWANDOWSKI Paweł	WARSZAWA	KB GYMNASION WARSZAWA	80	M20/392	(M)1455	00:51:11	00:48:44	12.31	00:27:46 / 1851 [10.80]
1536	2369	KAMIŃSKI Paweł	WARSZAWA		88	M20/393	(M)1456	00:51:11	00:49:57	12.01	00:27:13 / 1640 [11.02]
1537	4233	MALMON Rafał	SZCZYDLOWIEC		73	M30/569	(M)1457	00:51:11	00:48:56	12.26	00:27:26 / 1706 [10.94]
1538	3355	WALENCIK Grzegorz	WARSZAWA	BESTCON	61	M40/245	(M)1458	00:51:11	00:48:48	12.30	00:27:22 / 1687 [10.96]
1539	3315	KORÓŚ Dariusz	CHYLICZKI		63	M40/246	(M)1459	00:51:11	00:51:04	11.75	00:25:44 / 1179 [11.66]
1540	4237	DĄBKOWSKI Krzysztof	WOŁOMIN	BEZ KLUBU	72	M30/570	(M)1460	00:51:11	00:50:58	11.77	00:25:06 / 996 [11.95]
1541	6623	GRZECHNIK Cezary	LEGIONOWO		93		(M)1461	00:51:12	00:50:21	11.92	00:25:43 / 1177 [11.67]
1542	453	LENARCZYK Katarzyna	WARSZAWA		76	K30/40	(K)81	00:51:12	00:49:40	12.08	00:26:55 / 1542 [11.15]
1543	4952	GLINKA ARKADIUSZ	WARSZAWA	APREO LOGISTICS	74	M30/571	(M)1462	00:51:12	00:51:07	11.74	00:25:10 / 1027 [11.92]
1544	593	GARBIEC Tomasz	WARSZAWA	TARGOWEK	75	M30/572	(M)1463	00:51:12	00:48:07	12.47	00:28:13 / 1999 [10.63]
1545	2700	URBAN Grzegorz	WARSZAWA		77	M30/573	(M)1464	00:51:13	00:49:30	12.12	00:27:31 / 1751 [10.90]
1546	4822	RYBICKI Andrzej	WARSZAWA		72	M30/574	(M)1465	00:51:13	00:48:45	12.31	00:28:15 / 2008 [10.62]
1547	577	HOŁOWACZ Krzysztof	WARSZAWA		77	M30/575	(M)1466	00:51:13	00:47:56	12.52	00:28:22 / 2040 [10.58]
1548	2756	PŁOCHA Igor	BŁONIE		96		(M)1467	00:51:13	00:51:04	11.75	00:26:35 / 1422 [11.29]
1549	3509	KRYSIŃSKI Emil	WARSZAWA		79	M30/576	(M)1468	00:51:14	00:51:02	11.76	00:25:55 / 1228 [11.58]
1550	4530	SIWIŃSKI Robert	WARSZAWA		86	M20/394	(M)1469	00:51:14	00:49:30	12.12	00:27:46 / 1848 [10.80]
1551	1873	ŁOCHOŃSKI Andrzej	WARSZAWA	NOCNY ROWER	86	M20/395	(M)1470	00:51:14	00:50:30	11.88	00:25:37 / 1158 [11.71]
1552	2376	MACISZEWSKA Maria	WARSZAWA		78	K30/41	(K)82	00:51:15	00:51:03	11.75	00:25:52 / 1220 [11.60]
1553	1110	CHABROWSKI Marcin	WARSZAWA		93		(M)1471	00:51:15	00:48:38	12.34	00:28:06 / 1954 [10.68]
1554	4364	OSIECKI Edwin	KONSTANCIN		69	M40/247	(M)1472	00:51:15	00:50:53	11.79	00:26:45 / 1484 [11.21]
1555	4865	GAŚECKI Arkadiusz	WARSZAWA		86	M20/396	(M)1473	00:51:15	00:49:01	12.24	00:28:43 / 2170 [10.45]
1556	3704	BANASZEK Jacek	WARSZAWA	BRAK	59	M50/88	(M)1474	00:51:15	00:49:02	12.24	00:27:05 / 1595 [11.08]
1557	6363	ZACHAREK Paweł	ZAKROCZYM	NIEZRZESZONY	76	M30/577	(M)1475	00:51:16	00:51:06	11.74	00:26:17 / 1340 [11.41]
1558	4862	SOCHOŃ Arkadiusz	WARSZAWA		64	M40/248	(M)1476	00:51:16	00:50:12	11.95	00:26:38 / 1444 [11.26]
1559	3813	HUBA Mirek	WYSZKÓW		80	M20/397	(M)1477	00:51:17	00:48:37	12.34	00:27:38 / 1810 [10.86]
1560	4066	STACHOWIAK Krzysztof	PIASECZNO		67	M40/249	(M)1478	00:51:17	00:50:02	11.99	00:26:29 / 1394 [11.33]
1561	2707	KNAP Wojciech	WARSZAWA		60	M40/250	(M)1479	00:51:17	00:50:47	11.81	00:25:40 / 1168 [11.69]
1562	5428	CICHOSZ KONRAD	GORZKOWICE		84	M20/398	(M)1480	00:51:18	00:47:51	12.54	00:28:48 / 2208 [10.42]
1563	2572	MALICKI Krzysztof	WARSZAWA		61	M40/251	(M)1481	00:51:18	00:49:43	12.07	00:26:41 / 1461 [11.24]
1564	1762	ROZWADOWSKI Krzysztof	WARSZAWA		79	M30/578	(M)1482	00:51:18	00:51:18	11.70	00:26:28 / 1392 [11.34]
1565	5185	NYKA Jan	WARSZAWA		70	M30/579	(M)1483	00:51:19	00:47:09	12.73	00:28:27 / 2068 [10.54]
1566	5784	MARCZAK Michał	WARSZAWA	POLITECHNIKA WARSZAWSKA	85	M20/399	(M)1484	00:51:19	00:48:46	12.30	00:28:18 / 2020 [10.60]
1567	2915	GLEESON paul	WARSZAWA		68	M40/252	(M)1485	00:51:19	00:49:21	12.16	00:27:58 / 1915 [10.73]
1568	3590	TAŃCZYŃSKI Robert	WARSZAWA		82	M20/400	(M)1486	00:51:19	00:50:15	11.94	00:26:09 / 1282 [11.47]
1569	5834	MRÓZ Krzysztof	WARSZAWA		70	M30/580	(M)1487	00:51:19	00:49:52	12.03	00:26:47 / 1500 [11.20]
1570	6145	TELECHOWSKI Jerzy			67	M40/253	(M)1488	00:51:19	00:49:53	12.03	00:26:47 / 1499 [11.20]
1571	166	CAKCO Monika	OTWOCK	PUMA RUNNING TEAM	82	K20/24	(K)83	00:51:19	00:51:09	11.73	00:26:17 / 1342 [11.41]
1572	54	MARCHEWKA Jan		VIP	09		(M)1489	00:51:19	00:48:50	12.29	00:27:31 / 1749 [10.90]
1573	412	MICHAŁOWSKI Michał	WARSZAWA		88	M20/401	(M)1490	00:51:20	00:50:06	11.98	00:27:06 / 1599 [11.07]
1574	4466	BIELECKI Wawrzyniec	WARSZAWA		85	M20/402	(M)1491	00:51:20	00:50:21	11.92	00:26:04 / 1254 [11.51]
1575	1956	GAGUCKA Katarzyna	WARSZAWA		82	K20/25	(K)84	00:51:20	00:50:40	11.84	00:26:28 / 1387 [11.34]
1576	1125	MUCHA Grzegorz	WARSZAWA		58	M50/89	(M)1492	00:51:21	00:50:06	11.98	00:26:42 / 1470 [11.24]
1577	4803	KURMANOWICZ Michał	WARSZAWA		72	M30/581	(M)1493	00:51:21	00:51:21	11.68	00:25:51 / 1218 [11.61]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1578	2907	IWANOWSKI Piotr	WARSZAWA		80	M20/403	(M)1494	00:51:21	00:48:54	12.27	00:28:36 / 2116 [10.49]
1579	2887	SAWEJKO Karol	WARSZAWA	IK ANIN	75	M30/582	(M)1495	00:51:21	00:50:34	11.87	00:26:26 / 1381 [11.35]
1580	5930	POP Horatius	WARSZAWA		73	M30/583	(M)1496	00:51:21	00:49:29	12.13	00:27:29 / 1729 [10.92]
1581	5513	GELERT Przemysław	WARSZAWA		78	M30/584	(M)1497	00:51:22	00:48:16	12.43	00:27:43 / 1831 [10.82]
1582	2290	ORZESZEK Krzysztof	WARSZAWA	GEPARD	70	M30/585	(M)1498	00:51:22	00:51:22	11.68	00:26:35 / 1419 [11.29]
1583	5084	TALAGA Bartosz	WARSZAWA	MARATONKA GRAJEWO	70	M30/586	(M)1499	00:51:22	00:48:24	12.40	00:27:29 / 1725 [10.92]
1584	1876	RODAK Adam	WARSZAWA		91		(M)1500	00:51:22	00:50:59	11.77	00:25:09 / 1019 [11.93]
1585	1502	NOWOSIELSKI Grzegorz	WARSZAWA		92		(M)1501	00:51:22	00:49:52	12.03	00:26:41 / 1463 [11.24]
1586	2093	KŁOS Mariusz	WARSZAWA		82	M20/404	(M)1502	00:51:23	00:48:44	12.31	00:28:19 / 2023 [10.59]
1587	2841	MAŁECKI Daniel	LUBLIN		76	M30/587	(M)1503	00:51:23	00:50:40	11.84	00:26:10 / 1283 [11.46]
1588	2522	CHACZYKOWSKI Maciej	WARSZAWA		72	M30/588	(M)1504	00:51:23	00:49:02	12.24	00:28:10 / 1979 [10.65]
1589	626	SZTOLCZMAN Jacek	WARSZAWA		76	M30/589	(M)1505	00:51:24	00:49:31	12.12	00:27:19 / 1675 [10.98]
1590	4293	ROŻEK Franciszek	WARSZAWA		56	M50/90	(M)1506	00:51:24	00:50:24	11.90	00:26:00 / 1243 [11.54]
1591	891	ADAMCZYK Katarzyna	ŁOMIAŃKI		84	K20/26	(K)85	00:51:25	00:50:15	11.94	00:26:49 / 1510 [11.19]
1592	4678	ISASI Gorka	BILBAO	BILBAO	71	M30/590	(M)1507	00:51:25	00:49:09	12.21	00:26:49 / 1508 [11.19]
1593	4547	ŻABIŃSKI Lech Marek	RUDA K.GRAJEWA	MARATONKA GRAJEWO	56	M50/91	(M)1508	00:51:26	00:49:28	12.13	00:28:02 / 1937 [10.70]
1594	1560	CAŁKA - MUCHA Małgorzata	WARSZAWA		76	K30/42	(K)86	00:51:26	00:49:49	12.04	00:27:19 / 1670 [10.98]
1595	1499	KAMIŃSKI Ludwik	WARSZAWA		91		(M)1509	00:51:26	00:51:26	11.67	00:26:29 / 1397 [11.33]
1596	2708	JANKOWSKI Tadeusz	WARSZAWA	KS.OTRYT	52	M50/92	(M)1510	00:51:26	00:50:52	11.80	00:26:19 / 1353 [11.40]
1597	5584	JAŚKOWSKI Maciej	POZNAŃ		85	M20/405	(M)1511	00:51:27	00:50:12	11.95	00:26:47 / 1498 [11.20]
1598	528	REK Zdzisław	DĘBE WIELKIE		70	M30/591	(M)1512	00:51:27	00:48:31	12.37	00:27:50 / 1876 [10.78]
1599	2757	ANDRUKONIS Łukasz	WARSZAWA		77	M30/592	(M)1513	00:51:28	00:48:33	12.36	00:28:28 / 2075 [10.54]
1600	5912	PIĄTKOWSKI Piotr	TCZEW		71	M30/593	(M)1514	00:51:28	00:49:59	12.00	00:27:14 / 1646 [11.02]
1601	6062	SZANIAWSKI Wojciech	WARSZAWA		73	M30/594	(M)1515	00:51:28	00:49:59	12.00	00:27:14 / 1644 [11.02]
1602	5374	BIEL Sylwester	CHRZANÓW		80	M20/406	(M)1516	00:51:29	00:49:28	12.13	00:27:41 / 1826 [10.84]
1603	2053	SKIBIŃSKI Konrad	WARSZAWA		77	M30/595	(M)1517	00:51:29	00:50:08	11.97	00:26:14 / 1314 [11.44]
1604	213	MIECH Wiesław		CROSS	09		(M)1518	00:51:29	00:49:42	12.07	00:27:25 / 1697 [10.94]
1605	6267	TROCHIMOWICZ ARTUR	SZCZYTNO	AKB GIMN 1 SZCZYTNO	61	M40/254	(M)1519	00:51:29	00:50:17	11.93	00:27:13 / 1642 [11.02]
1606	4527	PULASKI Ryszard	WARSZAWA	ITI ADVENTURE TEAM	53	M50/93	(M)1520	00:51:30	00:50:42	11.83	00:26:31 / 1402 [11.31]
1607	4044	ZATOŃSKI Witold	WARSZAWA		73	M30/596	(M)1521	00:51:31	00:48:37	12.34	00:28:07 / 1960 [10.67]
1608	2300	ŁUCZYK Janusz	DĄBROWICA		79	M30/597	(M)1522	00:51:31	00:49:53	12.03	00:26:38 / 1443 [11.26]
1609	4365	SMOLEŃSKI Jacek	BLĘDÓW		58	M50/94	(M)1523	00:51:32	00:51:32	11.64	00:26:58 / 1554 [11.12]
1610	3253	BENEDYCZAK Maciej	LEGIONOWO		71	M30/598	(M)1524	00:51:32	00:50:06	11.98	00:27:16 / 1660 [11.00]
1611	2632	GAŁĄŻKA Łukasz	WARSZAWA		81	M20/407	(M)1525	00:51:32	00:50:41	11.84	00:25:38 / 1161 [11.70]
1612	5967	ROMANIUK Michał	SIEDLCE		75	M30/599	(M)1526	00:51:32	00:49:16	12.18	00:26:56 / 1548 [11.14]
1613	2982	OSIAK Andrzej	ZALESIE GÓRNE	ZALESIE GÓRNE	61	M40/255	(M)1527	00:51:32	00:50:12	11.95	00:27:02 / 1574 [11.10]
1614	5197	GWIZDOWSKI Dariusz	WARSZAWA	ENTRE.PL TEAM MAGDALENKA	63	M40/256	(M)1528	00:51:33	00:51:05	11.75	00:26:16 / 1329 [11.42]
1615	4263	KRZYKOWSKI PAWEŁ	PRZASNYSZ		73	M30/600	(M)1529	00:51:33	00:49:40	12.08	00:27:15 / 1653 [11.01]
1616	4075	MYŚLIWIEC Mariusz	RADZYMIN		85	M20/408	(M)1530	00:51:34	00:50:15	11.94	00:26:03 / 1251 [11.52]
1617	4733	SLASKI Tomasz	WARSZAWA		69	M40/257	(M)1531	00:51:34	00:50:36	11.86	00:26:05 / 1262 [11.50]
1618	4145	PINDEL Piotr	PIASECZNO		67	M40/258	(M)1532	00:51:34	00:47:47	12.56	00:28:27 / 2069 [10.54]
1619	4818	WALASZCZYK Ryszard	WARSZAWA		79	M30/601	(M)1533	00:51:36	00:48:30	12.37	00:28:40 / 2151 [10.47]
1620	5253	WITASZEWSKI Marek					(M)1534	00:51:36	00:50:47	11.81	00:25:21 / 1086 [11.83]
1621	4407	SUWALD Andrzej	WARSZAWA		61	M40/259	(M)1535	00:51:36	00:50:26	11.90	00:26:58 / 1556 [11.12]
1622	462	KASPRZYK Piotr	WARSZAWA		83	M20/409	(M)1536	00:51:37	00:49:41	12.08	00:28:21 / 2032 [10.58]
1623	823	BYDŁOS Dariusz	WARSZAWA	IM 2010 WARSZAWA	65	M40/260	(M)1537	00:51:37	00:48:51	12.28	00:27:33 / 1774 [10.89]
1624	3613	BOROWSKI Robert	WARSZAWA		75	M30/602	(M)1538	00:51:37	00:50:51	11.80	00:27:48 / 1860 [10.79]
1625	821	GAWĘDA Renata	WARSZAWA	ENTRE.PL TEAM MAGDALENKA	61	K40/13	(K)87	00:51:37	00:48:50	12.29	00:27:33 / 1767 [10.89]
1626	3760	WALIGÓRA Robert	WARSZAWA		79	M30/603	(M)1539	00:51:37	00:50:21	11.92	00:27:27 / 1714 [10.93]
1627	5857	NOCUŃ Czesław	WARKA	START PUŁASKI WARKA	53	M50/95	(M)1540	00:51:38	00:49:56	12.02	00:27:18 / 1667 [10.99]
1628	1097	ZYGA Szymon	WARSZAWA		76	M30/604	(M)1541	00:51:38	00:48:50	12.29	00:28:27 / 2072 [10.54]
1629	2965	LIESE Maciej	WARSZAWA		77	M30/605	(M)1542	00:51:38	00:49:12	12.20	00:27:49 / 1866 [10.78]
1630	4351	TREPKA Marek	WARSZAWA		77	M30/606	(M)1543	00:51:39	00:50:29	11.89	00:26:54 / 1538 [11.15]
1631	3777	URBANIAK Marcin	KALISZ		83	M20/410	(M)1544	00:51:39	00:46:24	12.93	00:29:06 / 2299 [10.31]
1632	2257	BARAN Zenon	WARSZAWA	KB GYMNASION WARSZAWA	60	M40/261	(M)1545	00:51:40	00:44:29	13.49	00:30:08 / 2659 [9.96]
1633	5674	KOPEĆ Waldemar	BELCHÓW	2 BMT	70	M30/607	(M)1546	00:51:40	00:49:01	12.24	00:27:55 / 1897 [10.75]
1634	2013	GIŻEWSKI Michał	WARSZAWA	AZS UW WARSZAWA	95		(M)1547	00:51:40	00:50:35	11.86	00:27:11 / 1626 [11.04]
1635	4499	FEDOROWICZ Sebastian	WARSZAWA	ADF STUDIO TEAM	70	M30/608	(M)1548	00:51:40	00:48:08	12.47	00:28:11 / 1981 [10.64]
1636	6053	SULIKOWSKI Marcin	WARSZAWA		74	M30/609	(M)1549	00:51:42	00:49:39	12.08	00:26:58 / 1555 [11.12]
1637	2662	PIECZONKA Janusz	LEGNICA		88	M20/411	(M)1550	00:51:42	00:50:06	11.98	00:26:34 / 1414 [11.29]
1638	5942	PRZYBECKI MARCIN	WARSZAWA		83	M20/412	(M)1551	00:51:43	00:47:53	12.53	00:29:05 / 2294 [10.32]
1639	1717	STUS MARIUSZ	WARSZAWA		76	M30/610	(M)1552	00:51:43	00:49:55	12.02	00:27:14 / 1645 [11.02]
1640	4418	KOSIŃKI Tomasz	WARSZAWA		80	M20/413	(M)1553	00:51:43	00:48:38	12.34	00:28:38 / 2139 [10.48]
1641	3325	PAZIEWSKI Przemysław	GARWOLIN		84	M20/414	(M)1554	00:51:44	00:51:44	11.60	00:26:47 / 1495 [11.20]
1642	525	ZAWADZKI Kamil	WARSZAWA		79	M30/611	(M)1555	00:51:44	00:49:49	12.04	00:27:08 / 1614 [11.06]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1643	5412	CELIŃSKI Marek	WARSZAWA-ANIN	BYLEDOBIEC ANIN	94		(M)1556	00:51:44	00:51:01	11.76	00:24:41 / 895 [12.15]
1644	3251	KRUSZEWSKI robert	LEGIONOWO	BRAK	69	M40/262	(M)1557	00:51:44	00:50:18	11.93	00:27:16 / 1661 [11.00]
1645	3719	NOWACZYK Adam	KARLINO	NUTRICA	70	M30/612	(M)1558	00:51:44	00:48:55	12.27	00:28:16 / 2014 [10.61]
1646	2007	ŻÓŁTAK Mateusz	WARSZAWA	AZS UW WARSZAWA	85	M20/415	(M)1559	00:51:45	00:48:59	12.25	00:27:00 / 1564 [11.11]
1647	1690	WALERZAK Michał	ZĄBKI		77	M30/613	(M)1560	00:51:45	00:47:20	12.68	00:29:13 / 2341 [10.27]
1648	1080	ZAJĄCZKOWSKI Cezary	RASZYN		84	M20/416	(M)1561	00:51:47	00:50:50	11.80	00:26:25 / 1376 [11.36]
1649	5007	OCHOCIŃSKI Kamil	WŁOCŁAWEK	NIEZRZESZONY	80	M20/417	(M)1562	00:51:47	00:51:39	11.62	00:26:37 / 1438 [11.27]
1650	1100	OMSZAŃSKI Marek	WARSZAWA		81	M20/418	(M)1563	00:51:47	00:49:30	12.12	00:27:26 / 1711 [10.94]
1651	2924	KRUPA Bronisław	WARSZAWA		62	M40/263	(M)1564	00:51:47	00:51:44	11.60	00:25:36 / 1156 [11.72]
1652	4824	CHLEBOWSKI Tomasz	WARSZAWA	RUN IS FUN WARSZAWA	88	M20/419	(M)1565	00:51:48	00:50:01	12.00	00:27:17 / 1665 [11.00]
1653	401	SZTOMBER Piotr	WARSZAWA	RUNFORFUN.PL	85	M20/420	(M)1566	00:51:49	00:51:05	11.75	00:27:21 / 1680 [10.97]
1654	4104	SIWEK Bartłomiej	WIELISZEW		86	M20/421	(M)1567	00:51:49	00:48:07	12.47	00:28:41 / 2161 [10.46]
1655	5308	ŚWIĄTKOWSKI Bartosz	KOŚCIAN	WAT WARSZAWA	89	M20/422	(M)1568	00:51:49	00:50:21	11.92	00:27:33 / 1772 [10.89]
1656	3889	TORZEWSKI Roman	BONIEWO		71	M30/614	(M)1569	00:51:49	00:50:03	11.99	00:27:27 / 1717 [10.93]
1657	656	BAK Tomasz	WARSZAWA-WESOLA		71	M30/615	(M)1570	00:51:50	00:49:25	12.14	00:27:50 / 1871 [10.78]
1658	1964	OLEŃDZKA Emilia	MIŃSK MAZOWIECKI		76	K30/43	(K)88	00:51:50	00:49:21	12.16	00:27:31 / 1746 [10.90]
1659	3930	KOWALSKI Jan	WARSZAWA		79	M30/616	(M)1571	00:51:51	00:49:05	12.22	00:27:48 / 1864 [10.79]
1660	5561	GWIAZDOWSKI Kamil	SUWAŁKI		86	M20/423	(M)1572	00:51:51	00:50:22	11.91	00:27:33 / 1770 [10.89]
1661	2477	LUTOSTAŃSKI Robert	MIŃSK MAZOWIECKI		81	M20/424	(M)1573	00:51:51	00:49:32	12.11	00:28:23 / 2042 [10.57]
1662	4798	STRUPIECHOWSKI Filip	WARSZAWA		75	M30/617	(M)1574	00:51:52	00:50:35	11.86	00:26:23 / 1368 [11.37]
1663	3439	KALISZ Stanisław Dariusz	MLAWA		70	M30/618	(M)1575	00:51:52	00:49:02	12.24	00:28:11 / 1983 [10.64]
1664	4830	HOJARCZYK Miłosz	WARSZAWA		77	M30/619	(M)1576	00:51:52	00:49:55	12.02	00:27:29 / 1730 [10.92]
1665	1668	FABISZEWSKI adam	WARSZAWA		69	M40/264	(M)1577	00:51:53	00:48:36	12.35	00:27:58 / 1914 [10.73]
1666	937	BANKOWICZ Piotr	WARSZAWA		70	M30/620	(M)1578	00:51:53	00:50:34	11.87	00:26:08 / 1271 [11.48]
1667	5198	GOLIŃSKI Artur	WARSZAWA		71	M30/621	(M)1579	00:51:53	00:50:07	11.97	00:27:58 / 1912 [10.73]
1668	1261	ROKICIAŃSKI Jacek	WARSZAWA		67	M40/265	(M)1580	00:51:53	00:51:02	11.76	00:25:43 / 1176 [11.67]
1669	6114	SULIŃSKI Konrad	WARSZAWA	AIRBIKE	82	M20/425	(M)1581	00:51:53	00:50:50	11.80	00:26:51 / 1520 [11.17]
1670	5359	BEDRA Piotr	PIASECZNO		84	M20/426	(M)1582	00:51:54	00:50:41	11.84	00:27:45 / 1843 [10.81]
1671	1147	FILIPIAK Jarosław	SOCHACZEW	KLUB MARATOŃCZYKA AKTYWNI	74	M30/622	(M)1583	00:51:54	00:50:23	11.91	00:27:12 / 1634 [11.03]
1672	4484	JOKA Adam	WARSZAWA		83	M20/427	(M)1584	00:51:54	00:49:11	12.20	00:28:22 / 2038 [10.58]
1673	3055	RUTKOWSKI Michał	WARSZAWA		85	M20/428	(M)1585	00:51:54	00:49:06	12.22	00:29:20 / 2391 [10.23]
1674	839	WOŹNIAK Grzegorz	WARSZAWA		63	M40/266	(M)1586	00:51:54	00:50:23	11.91	00:27:12 / 1632 [11.03]
1675	4434	ŁYJAK Marek	ZALESIE GÓRNE		59	M50/96	(M)1587	00:51:55	00:51:00	11.76	00:26:20 / 1360 [11.39]
1676	1797	SOKOŁOWSKI dariusz	WARSZAWA		71	M30/623	(M)1588	00:51:56	00:51:28	11.66	00:26:18 / 1344 [11.41]
1677	4298	NOWOTNIK Wojtek	GDYNIA	ING RUNNING TEAM	75	M30/624	(M)1589	00:51:56	00:51:20	11.69	00:26:19 / 1355 [11.40]
1678	4577	OLEŃDZKI Janusz	WARSZAWA		56	M50/97	(M)1590	00:51:57	00:50:51	11.80	00:26:36 / 1426 [11.28]
1679	4170	NIEMYSKI Stanisław	WARSZAWA		87	M20/429	(M)1591	00:51:57	00:49:43	12.07	00:27:16 / 1657 [11.00]
1680	3198	BRYLIKOWSKI Piotr	ŁÓDŹ	GENERALI RUNNING TEAM	66	M40/267	(M)1592	00:51:58	00:51:36	11.63	00:26:23 / 1366 [11.37]
1681	777	CICHAWA Paweł	OPOCZNO		79	M30/625	(M)1593	00:51:58	00:51:03	11.75	00:26:16 / 1327 [11.42]
1682	291	SZANECKI Jakub	WARSZAWA		78	M30/626	(M)1594	00:51:58	00:50:55	11.78	00:25:52 / 1222 [11.60]
1683	5978	RYCHLAK Jerzy	WARSZAWA		70	M30/627	(M)1595	00:51:58	00:50:21	11.92	00:27:30 / 1739 [10.91]
1684	5901	PAWLAK kazimierz	OSTROW WLKP.	KS MARATON OSTROW WLKP.	59	M50/98	(M)1596	00:51:59	00:49:55	12.02	00:27:54 / 1892 [10.75]
1685	4668	KULKA Marcin	PIASTÓW		83	M20/430	(M)1597	00:51:59	00:51:02	11.76	00:27:06 / 1600 [11.07]
1686	282	ŁAWIK Jakub	WARSZAWA		85	M20/431	(M)1598	00:52:00	00:49:23	12.15	00:28:47 / 2199 [10.42]
1687	361	MARAS Anna	WARSZAWA	ANNAMANAS@O2.PL	85	K20/27	(K)89	00:52:00	00:51:36	11.63	00:26:18 / 1351 [11.41]
1688	2579	SOBORCZYK Maciej	WARSZAWA	WARSZAWA	73	M30/628	(M)1599	00:52:00	00:50:24	11.90	00:26:59 / 1563 [11.12]
1689	6075	SZEWCZUK Aleksander	KOSZALIN		78	M30/629	(M)1600	00:52:00	00:49:50	12.04	00:27:43 / 1834 [10.82]
1690	4699	SOBOLEWSKI Krzysztof	RADOM	POLSKA BIEGA	76	M30/630	(M)1601	00:52:00	00:49:37	12.09	00:27:49 / 1867 [10.78]
1691	6361	ZABORSKI Łukasz	MĘTÓW		89	M20/432	(M)1602	00:52:01	00:49:28	12.13	00:27:57 / 1910 [10.73]
1692	5492	FILIPCZAK KAMIL	SZCZYTNO	AKB SZCZYTNO	77	M30/631	(M)1603	00:52:01	00:51:29	11.65	00:26:19 / 1354 [11.40]
1693	3993	BIERNACKI Adam	ŁÓDŹ	ŁÓDŹ	50	M50/99	(M)1604	00:52:02	00:50:38	11.85	00:27:32 / 1753 [10.90]
1694	845	KROCHMAL Andrzej	WARSZAWA		56	M50/100	(M)1605	00:52:02	00:49:34	12.10	00:27:21 / 1682 [10.97]
1695	5406	BURZA Piotr	DĘBLIN		75	M30/632	(M)1606	00:52:02	00:50:38	11.85	00:27:09 / 1619 [11.05]
1696	3345	KONDEJ LESZEK	SULEJÓWEK		82	M20/433	(M)1607	00:52:02	00:49:38	12.09	00:28:19 / 2025 [10.59]
1697	2067	MAKOWSKI Tadeusz	WARSZAWA	X	52	M50/101	(M)1608	00:52:02	00:50:27	11.89	00:27:28 / 1723 [10.92]
1698	2435	WAKE Douglas	WARSZAWA		59	M50/102	(M)1609	00:52:04	00:49:51	12.04	00:27:46 / 1849 [10.80]
1699	4022	NOWAK Irek	OSIELSKO		66	M40/268	(M)1610	00:52:04	00:49:37	12.09	00:27:50 / 1877 [10.78]
1700	3984	SZMIDT Maciej	WARSZAWA		78	M30/633	(M)1611	00:52:04	00:50:17	11.93	00:27:07 / 1609 [11.06]
1701	4178	DYMIŃSKI Marcin	WOŁOMIN		79	M30/634	(M)1612	00:52:04	00:50:38	11.85	00:27:34 / 1783 [10.88]
1702	4968	WIDZIEWICZ Andrzej	WARSZAWA		76	M30/635	(M)1613	00:52:05	00:49:52	12.03	00:28:24 / 2054 [10.56]
1703	6247	SZYMAŃSKI Jacek	WARSZAWA	COMBAT 56	81	M20/434	(M)1614	00:52:05	00:49:05	12.22	00:28:37 / 2127 [10.48]
1704	4741	KARBARZ Marcin	WARSZAWA		78	M30/636	(M)1615	00:52:05	00:51:04	11.75	00:27:27 / 1715 [10.93]
1705	743	TRZASKOWSKI Jarosław	WARSZAWA		78	M30/637	(M)1616	00:52:05	00:49:21	12.16	00:28:29 / 2079 [10.53]
1706	1731	JORGENSEN soren - juul	WARSZAWA		67	M40/269	(M)1617	00:52:05	00:49:50	12.04	00:27:45 / 1845 [10.81]
1707	4627	DĄBROWSKI Paweł	PIASECZNO	KB GYMNASION WARSZAWA	87	M20/435	(M)1618	00:52:05	00:49:05	12.22	00:28:07 / 1958 [10.67]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1708	3245	MATUSIAK Dariusz	MIŃSK MAZOWIECKI		67	M40/270	(M)1619	00:52:05	00:48:56	12.26	00:28:18 / 2018 [10.60]
1709	6136	DĄBROWSKA Justyna	WARSZAWA		87	K20/28	(K)90	00:52:05	00:49:05	12.22	00:28:07 / 1962 [10.67]
1710	4177	MAZUREK Ryszard	TŁUSZCZ		74	M30/638	(M)1620	00:52:05	00:50:39	11.85	00:27:34 / 1784 [10.88]
1711	4442	MROCEK Jakub	SKIERNIEWICE		82	M20/436	(M)1621	00:52:06	00:50:41	11.84	00:27:25 / 1703 [10.94]
1712	3845	PYZEL Sławomir	WARSZAWA	METRO WARSZAWSKIE	79	M30/639	(M)1622	00:52:06	00:51:04	11.75	00:26:42 / 1471 [11.24]
1713	4383	BOJANOWSKI Maciej	WARSZAWA		76	M30/640	(M)1623	00:52:06	00:51:16	11.70	00:26:53 / 1531 [11.16]
1714	2772	STRZECHOWSKI Rafał	WARSZAWA		65	M40/271	(M)1624	00:52:06	00:50:41	11.84	00:27:10 / 1623 [11.04]
1715	2617	SKOWRONSKI Michał	OSTROŁĘKA		81	M20/437	(M)1625	00:52:06	00:50:23	11.91	00:27:45 / 1846 [10.81]
1716	1803	TAJCHER Jarosław	SLUPSK		79	M30/641	(M)1626	00:52:07	00:49:50	12.04	00:27:44 / 1842 [10.82]
1717	4712	KWIATKOWSKI Stefan	WARSZAWA		53	M50/103	(M)1627	00:52:07	00:50:18	11.93	00:27:32 / 1762 [10.90]
1718	1075	ROGÓŻ Radosław	WARSZAWA WESOLA		75	M30/642	(M)1628	00:52:07	00:52:01	11.53	00:26:17 / 1338 [11.41]
1719	5577	IDCZAK Justyna	KOŁO		88	K20/29	(K)91	00:52:08	00:51:41	11.61	00:27:34 / 1779 [10.88]
1720	3305	MAŚLANKA Bogdan	WARSZAWA	BRAK	70	M30/643	(M)1629	00:52:08	00:50:29	11.89	00:27:03 / 1584 [11.09]
1721	5327	BŁASZCZYK Tomasz	ZGIERZ	POLITECHNIKA ŁÓDZKA	87	M20/438	(M)1630	00:52:08	00:49:37	12.09	00:28:18 / 2017 [10.60]
1722	5030	WIECZOREK Dariusz	WARSZAWA		67	M40/272	(M)1631	00:52:09	00:49:53	12.03	00:27:56 / 1907 [10.74]
1723	6272	TRZEPADŁEK IRENEUSZ	PIOTRKÓW	AMATOR	60	M40/273	(M)1632	00:52:09	00:50:34	11.87	00:27:12 / 1635 [11.03]
1724	2571	MISIOŁOWSKI Robert	LEGIONOWO		79	M30/644	(M)1633	00:52:10	00:48:02	12.49	00:30:25 / 2746 [9.86]
1725	2570	TOPCZEWSKI Mateusz	LEGIONOWO		72	M30/645	(M)1634	00:52:10	00:48:02	12.49	00:30:25 / 2744 [9.86]
1726	2411	GRELEWSKI Krzysztof	OSTROWIEC	OSZŃ MIŃSK MAZOWIECKI	75	M30/646	(M)1635	00:52:10	00:51:58	11.55	00:26:28 / 1388 [11.34]
1727	4718	ŻEBROWSKI Adam	BOBROWIEC	LEGEND HR ADVISORS	73	M30/647	(M)1636	00:52:10	00:49:53	12.03	00:27:36 / 1798 [10.87]
1728	2745	MOKRZAŃSKI Piotr	WARSZAWA		85	M20/439	(M)1637	00:52:11	00:49:09	12.21	00:29:24 / 2413 [10.20]
1729	4607	ZARZYCKI Tomasz	WARSZAWA		68	M40/274	(M)1638	00:52:11	00:50:17	11.93	00:27:36 / 1800 [10.87]
1730	3655	MICHAŁEK Marek	CZŁUCHÓW		88	M20/440	(M)1639	00:52:11	00:51:07	11.74	00:27:59 / 1916 [10.72]
1731	1287	TUDEK Mariusz	GÓRA KALWARIA		72	M30/648	(M)1640	00:52:11	00:50:36	11.86	00:27:29 / 1724 [10.92]
1732	2413	OBERZIG Sylwin	MIŃSK MAZOWIECKI	KB DREPTAK MIŃSK MAZOWIECKI	74	M30/649	(M)1641	00:52:11	00:51:59	11.54	00:26:28 / 1390 [11.34]
1733	3072	THOMAS Szczepan	WARSZAWA		61	M40/275	(M)1642	00:52:12	00:51:36	11.63	00:26:08 / 1274 [11.48]
1734	4924	OLSZEWSKI Paweł	WARSZAWA	BAHAMAS JELONKI	87	M20/441	(M)1643	00:52:12	00:49:42	12.07	00:27:55 / 1894 [10.75]
1735	6044	STRUZYK Dariusz	NOWA IWICZNA	KB CASTELLANUS	74	M30/650	(M)1644	00:52:12	00:50:03	11.99	00:27:14 / 1649 [11.02]
1736	1700	STRZYŻEWSKI Wojciech	WARSZAWA		81	M20/442	(M)1645	00:52:13	00:50:35	11.86	00:26:44 / 1477 [11.22]
1737	4614	PAWELEC Filip	WARSZAWA		81	M20/443	(M)1646	00:52:13	00:48:29	12.38	00:29:03 / 2283 [10.33]
1738	2210	GONTARCZYK Mariusz	WARSZAWA		74	M30/651	(M)1647	00:52:13	00:51:58	11.55	00:26:39 / 1450 [11.26]
1739	287	SPONSOR vip			09		(M)1648	00:52:13	00:50:24	11.90	00:27:52 / 1882 [10.77]
1740	2780	DĄBROWSKI Konrad		BGK	09		(M)1649	00:52:13	00:51:39	11.62	00:26:08 / 1273 [11.48]
1741	3988	TAIPALE Pekka	WARSZAWA	ACCELERATE KB ACCENTURE	78	M30/652	(M)1650	00:52:14	00:48:47	12.30	00:29:21 / 2397 [10.22]
1742	2963	CHLUDZIŃSKA Aleksandra	WARSZAWA	MARATONY POLSKIE	72	K30/44	(K)92	00:52:14	00:51:21	11.68	00:27:02 / 1577 [11.10]
1743	4546	KRAWCZYK Paulina	PROSTKI	MARATONKA GRAJEWO	93		(K)93	00:52:14	00:50:58	11.77	00:27:12 / 1638 [11.03]
1744	6032	STĘPIEŃ Leszek	WOŁOMIN		78	M30/653	(M)1651	00:52:14	00:48:36	12.35	00:28:52 / 2227 [10.39]
1745	1024	KOSIBA Dominik	WARSZAWA	UKS "OLIMPUS"	92		(M)1652	00:52:14	00:50:14	11.94	00:28:54 / 2234 [10.38]
1746	2238	SIKORSKI Robert	GRODZISK MAZ.		69	M40/276	(M)1653	00:52:15	00:50:57	11.78	00:27:33 / 1768 [10.89]
1747	1282	CHOSZCZEWSKI MARCIN	PRZASNYSZ	NIEZRZESZONY	80	M20/444	(M)1654	00:52:16	00:49:03	12.23	00:27:51 / 1879 [10.77]
1748	2082	LATOSZEK Gabriela	WARSZAWA		95		(K)94	00:52:16	00:48:49	12.29	00:29:50 / 2570 [10.06]
1749	4429	DZIACZYŃSKI Mariusz	PIASECZNO	ABC KONDYCJA	66	M40/277	(M)1655	00:52:17	00:49:11	12.20	00:28:23 / 2043 [10.57]
1750	5454	DANILUK Karol	WARSZAWA		88	M20/445	(M)1656	00:52:17	00:49:54	12.02	00:29:09 / 2315 [10.29]
1751	2735	IWASZKIEWICZ Łukasz	WARSZAWA		81	M20/446	(M)1657	00:52:17	00:47:15	12.70	00:29:15 / 2354 [10.26]
1752	5832	MROCEK Magdalena	SIEDLCE		88	K20/30	(K)95	00:52:17	00:51:06	11.74	00:27:26 / 1707 [10.94]
1753	5847	NASKRĘT Arkadiusz	WARSZAWA	IBM POLSKA	72	M30/654	(M)1658	00:52:17	00:51:01	11.76	00:27:15 / 1652 [11.01]
1754	169	KITLER Michał			09		(M)1659	00:52:17	00:52:07	11.51	00:26:05 / 1261 [11.50]
1755	5369	BIAŁOGRODZKI Ryszard	PIASECZNO	PIASECZNO	59	M50/104	(M)1660	00:52:18	00:49:30	12.12	00:28:55 / 2239 [10.37]
1756	2002	GROCHOWSKI Zdzisława	WARSZAWA	AZS UW WARSZAWA	59	M50/105	(M)1661	00:52:19	00:51:14	11.71	00:27:11 / 1625 [11.04]
1757	5170	KAROL MACIEJ	WARSZAWA	ALLIANZ BANK POLSKA	85	M20/447	(M)1662	00:52:19	00:48:51	12.28	00:29:04 / 2291 [10.32]
1758	5498	BRZEZIŃSKI Łukasz	PABIANICE		87	M20/448	(M)1663	00:52:19	00:49:49	12.04	00:28:02 / 1939 [10.70]
1759	546	DOMAŃSKI - ŻULICKI Kamil	SKARŻYSKO -		82	M20/449	(M)1664	00:52:19	00:50:58	11.77	00:27:53 / 1889 [10.76]
1760	2704	PYTKOWSKI Marek	ZIELONKA	LECHICI ZIELONKA	56	M50/106	(M)1665	00:52:20	00:50:08	11.97	00:27:15 / 1656 [11.01]
1761	6254	SZYMCZAK Wojciech	ŁÓDŹ	BIEGACZ NOWOSOLNA	63	M40/278	(M)1666	00:52:20	00:48:47	12.30	00:28:46 / 2191 [10.43]
1762	1492	TYWOŃCZUK Maciej	OLSZTYN		81	M20/450	(M)1667	00:52:20	00:50:25	11.90	00:27:33 / 1773 [10.89]
1763	5211	KOSTYRA Radosław	JÓZEFÓW		80	M20/451	(M)1668	00:52:20	00:49:21	12.16	00:28:30 / 2085 [10.53]
1764	5169	PIOTRAK Marcin	WARSZAWA	ANKODOR	75	M30/655	(M)1669	00:52:21	00:49:23	12.15	00:28:30 / 2087 [10.53]
1765	4918	SADOWSKA Beata	WARSZAWA		74	K30/45	(K)96	00:52:21	00:52:16	11.48	00:26:43 / 1475 [11.23]
1766	1722	SKALSKI Marek	WARSZAWA		72	M30/656	(M)1670	00:52:21	00:49:59	12.00	00:27:36 / 1795 [10.87]
1767	6140	ZASADZIŃSKI Michał	OLSZTYN		90		(M)1671	00:52:21	00:50:04	11.98	00:28:37 / 2124 [10.48]
1768	4823	MAJ Przemysław	WARSZAWA		67	M40/279	(M)1672	00:52:22	00:51:04	11.75	00:26:46 / 1491 [11.21]
1769	855	TATAREK JAROSŁAW	WARSZAWA	WSB CYTADELA	69	M40/280	(M)1673	00:52:22	00:51:05	11.75	00:27:12 / 1633 [11.03]
1770	2843	ANTCZAK Remigiusz	WARSZAWA		66	M40/281	(M)1674	00:52:22	00:49:36	12.10	00:27:35 / 1791 [10.88]
1771	5997	ZAWODNIK DO UZUP					(M)1675	00:52:23	00:51:32	11.64	00:25:50 / 1210 [11.61]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1772	1034	ZARZYCKI Zdzisław	N.DWÓR MAZ.	JOGGER	58	M50/107	(M)1676	00:52:23	00:51:47	11.59	00:26:57 / 1551 [11.13]
1773	1657	PODRAZA Bartosz	WARSZAWA		84	M20/452	(M)1677	00:52:23	00:49:45	12.06	00:28:08 / 1965 [10.66]
1774	6283	URBAN Krzysztof	WARSZAWA		80	M20/453	(M)1678	00:52:23	00:47:02	12.76	00:30:27 / 2759 [9.85]
1775	4649	MAJCHRZAK Krystian	WARSZAWA		80	M20/454	(M)1679	00:52:23	00:51:31	11.65	00:25:31 / 1136 [11.76]
1776	5918	PIETRZAK Jacek	CIECHANÓW		72	M30/657	(M)1680	00:52:25	00:49:43	12.07	00:28:34 / 2104 [10.50]
1777	1959	NIEDZIÓŁKA MAŁGORZATA	WARSZAWA		68	K40/14	(K)97	00:52:25	00:51:16	11.70	00:26:31 / 1405 [11.31]
1778	6335	WOJDYŁA Michał	WARSZAWA		80	M20/455	(M)1681	00:52:25	00:49:07	12.22	00:28:29 / 2081 [10.53]
1779	1606	SOBIERAJSKI Marek	WARSZAWA	KLUBBIEGACZA.PL	80	M20/456	(M)1682	00:52:26	00:50:42	11.83	00:27:46 / 1847 [10.80]
1780	2906	JOŃCZYK Daniel	PNIEWY		81	M20/457	(M)1683	00:52:26	00:50:22	11.91	00:26:48 / 1507 [11.19]
1781	5729	KURZAŃKOWSKI Dariusz	CIECHANÓW		74	M30/658	(M)1684	00:52:26	00:49:44	12.06	00:28:35 / 2110 [10.50]
1782	2695	ZALEWSKI Marcin	WARSZAWA	AMD NTT SYSTEM	87	M20/458	(M)1685	00:52:26	00:51:32	11.64	00:26:42 / 1469 [11.24]
1783	4965	RUSIŁOWICZ Andrzej	WARSZAWA	SALES&MORE TEAM	76	M30/659	(M)1686	00:52:26	00:50:12	11.95	00:27:35 / 1790 [10.88]
1784	2171	KUGLER Adam	WARSZAWA		69	M40/282	(M)1687	00:52:26	00:49:49	12.04	00:28:39 / 2140 [10.47]
1785	4188	TARCZYŃSKA HALINA	WARSZAWA		75	K30/46	(K)98	00:52:27	00:49:13	12.19	00:29:22 / 2402 [10.22]
1786	3063	BODNAR Adam		VIP	77	M30/660	(M)1688	00:52:27	00:50:57	11.78	00:27:03 / 1588 [11.09]
1787	3725	KOSOWSKI Michał	WARSZAWA		77	M30/661	(M)1689	00:52:27	00:50:55	11.78	00:26:46 / 1490 [11.21]
1788	1447	GIETKA Marcin	WARSZAWA		76	M30/662	(M)1690	00:52:27	00:50:34	11.87	00:28:09 / 1971 [10.66]
1789	899	KUROWSKI Wojciech	WARSZAWA	DWSZ MON	73	M30/663	(M)1691	00:52:27	00:49:37	12.09	00:28:07 / 1964 [10.67]
1790	3282	NOWAK Jacek	WARSZAWA		77	M30/664	(M)1692	00:52:27	00:50:38	11.85	00:27:32 / 1760 [10.90]
1791	3214	MICHAŁOWSKI Marcin	SKIERNIEWICE		88	M20/459	(M)1693	00:52:28	00:50:34	11.87	00:27:36 / 1796 [10.87]
1792	4244	BAJKOWSKI Marek	WARSZAWA		56	M50/108	(M)1694	00:52:28	00:51:03	11.75	00:27:10 / 1622 [11.04]
1793	5223	KWACZEK Rafał	WARSZAWA		77	M30/665	(M)1695	00:52:28	00:49:51	12.04	00:28:51 / 2222 [10.40]
1794	4540	PIENIAK Sławomir	WARSZAWA		65	M40/283	(M)1696	00:52:28	00:51:05	11.75	00:27:05 / 1596 [11.08]
1795	2971	KWIATKOWSKA ANNA	WARSZAWA	-	87	K20/31	(K)99	00:52:29	00:51:13	11.71	00:27:36 / 1799 [10.87]
1796	5830	MOTYLEWSKI Filip	PABIANICE		91		(M)1697	00:52:29	00:51:29	11.65	00:26:49 / 1512 [11.19]
1797	5831	MROCZEK Tomasz	SIEDLCE		63	M40/284	(M)1698	00:52:29	00:51:17	11.70	00:27:26 / 1704 [10.94]
1798	4950	SZTOBRYN Marek	WARSZAWA	POWERADE	76	M30/666	(M)1699	00:52:29	00:49:35	12.10	00:28:05 / 1952 [10.68]
1799	1472	MORGA Cezary	WARSZAWA		81	M20/460	(M)1700	00:52:29	00:51:20	11.69	00:26:42 / 1472 [11.24]
1800	4669	JONKO Marcin	WARSZAWA		79	M30/667	(M)1701	00:52:30	00:49:34	12.10	00:28:50 / 2218 [10.40]
1801	3958	GORYCKI Grzegorz	PIASECZNO		79	M30/668	(M)1702	00:52:30	00:50:28	11.89	00:28:55 / 2259 [10.37]
1802	1040	POPCZYK Anna	N.DWÓR MAZ.	JOGGER	87	K20/32	(K)100	00:52:30	00:52:07	11.51	00:26:59 / 1559 [11.12]
1803	2737	SZEWCZYK Mariusz	BIAŁA RAWSKA		86	M20/461	(M)1703	00:52:30	00:49:12	12.20	00:29:24 / 2412 [10.20]
1804	741	RYSZKA Bogusław	WARSZAWA		66	M40/285	(M)1704	00:52:31	00:51:01	11.76	00:27:11 / 1627 [11.04]
1805	1041	ŚLUSARCZYK Paulina	N.DWÓR MAZ.	JOGGER	94		(K)101	00:52:31	00:52:08	11.51	00:26:59 / 1557 [11.12]
1806	2036	MILEWSKI Rafał	WARSZAWA		74	M30/669	(M)1705	00:52:31	00:49:52	12.03	
1807	4635	PERCHEL Kamil	GDYNIA		83	M20/462	(M)1706	00:52:32	00:50:44	11.83	00:28:20 / 2026 [10.59]
1808	1885	GRAMZA Łukasz	ELK		89	M20/463	(M)1707	00:52:32	00:49:22	12.15	00:28:45 / 2183 [10.43]
1809	4115	KLIMA Michał	WARSZAWA		74	M30/670	(M)1708	00:52:33	00:49:26	12.14	00:28:33 / 2096 [10.51]
1810	2626	PALCZEWSKI Marcin	WARSZAWA	LASEK BIELAŃSKI TEAM	75	M30/671	(M)1709	00:52:33	00:49:34	12.10	00:29:15 / 2352 [10.26]
1811	5292	ŚCISŁO Michał	KRAKÓW		83	M20/464	(M)1710	00:52:34	00:50:54	11.79	00:28:01 / 1934 [10.71]
1812	2765	ŻELEŹNICKI Grzegorz	KOBYŁKA		76	M30/672	(M)1711	00:52:35	00:50:21	11.92	00:27:50 / 1873 [10.78]
1813	6072	SZCZYPCZYK-ŚCISŁO Ewa	KRAKÓW	KKB DYSTANS	81	K20/33	(K)102	00:52:35	00:50:55	11.78	00:28:01 / 1935 [10.71]
1814	4646	MARSZAŁEK marcin	PRUSZKÓW		70	M30/673	(M)1712	00:52:35	00:49:31	12.12	00:28:35 / 2115 [10.50]
1815	4226	MAZUREK Marcin	WARSZAWA		76	M30/674	(M)1713	00:52:35	00:49:26	12.14	00:28:41 / 2160 [10.46]
1816	2444	ZIOŁKOWSKI MIKOŁAJ	WARSZAWA		76	M30/675	(M)1714	00:52:36	00:49:29	12.13	00:28:37 / 2128 [10.48]
1817	4929	BALIKOWSKI Paweł	ZĄBKI		80	M20/465	(M)1715	00:52:36	00:50:03	11.99	00:28:03 / 1942 [10.70]
1818	5053	IWANICKI Michał	WARSZAWA		82	M20/466	(M)1716	00:52:36	00:48:43	12.32	00:32:54 / 3593 [9.12]
1819	699	RICHTER Łukasz	WARSZAWA		78	M30/676	(M)1717	00:52:36	00:49:08	12.21	00:28:23 / 2045 [10.57]
1820	5132	MARUSZEWSKI Wojciech	WARSZAWA		87	M20/467	(M)1718	00:52:36	00:50:05	11.98	00:28:47 / 2203 [10.42]
1821	3167	BOKSZ Jarosław	WARSZAWA		70	M30/677	(M)1719	00:52:38	00:50:03	11.99	00:28:12 / 1992 [10.64]
1822	4079	BYSIEC CZESŁAW	DOBRODZIEN	WKB META LUBLINIEC	49	M60/14	(M)1720	00:52:38	00:51:13	11.71	00:27:41 / 1824 [10.84]
1823	2856	SOĆKO Marcin	WARSZAWA		77	M30/678	(M)1721	00:52:38	00:51:55	11.56	00:26:35 / 1418 [11.29]
1824	6176	OHNMACHT Tim	MILWAUKEE		71	K30/47	(K)103	00:52:38	00:50:53	11.79	00:27:33 / 1769 [10.89]
1825	1686	BRODA adam	PIASTÓW		72	M30/679	(M)1722	00:52:39	00:49:08	12.21	00:29:45 / 2533 [10.08]
1826	2390	KALINOWSKI Arkadiusz	WARSZAWA		67	M40/286	(M)1723	00:52:39	00:51:28	11.66	00:26:43 / 1473 [11.23]
1827	687	ŁYCZKO Łukasz	NOWY TARG		84	M20/468	(M)1724	00:52:39	00:51:28	11.66	00:29:48 / 2563 [10.07]
1828	5297	ŻOCHOWSKI Piotr	CIECHANÓW		68	M40/287	(M)1725	00:52:40	00:49:59	12.00	00:28:35 / 2109 [10.50]
1829	6010	SITNIK Jan	WARKA	KB START PUŁASKI WARKA	46	M60/15	(M)1726	00:52:40	00:50:56	11.78	00:27:17 / 1663 [11.00]
1830	2943	ZĘGOTA Grzegorz	WARSZAWA		72	M30/680	(M)1727	00:52:41	00:46:18	12.96	00:30:53 / 2901 [9.71]
1831	736	DUDA Zuzia	JÓZEFÓW		94		(K)104	00:52:41	00:50:02	11.99	00:29:02 / 2276 [10.33]
1832	3490	BŁASZCZYK Witold	KOMORÓW		59	M50/109	(M)1728	00:52:41	00:51:14	11.71	00:27:38 / 1806 [10.86]
1833	3651	ZASTAWNY Jarosław	WARSZAWA		61	M40/288	(M)1729	00:52:41	00:52:41	11.39	00:28:30 / 2083 [10.53]
1834	2544	KURZYK Piotr	WARSZAWA		75	M30/681	(M)1730	00:52:42	00:51:40	11.61	00:27:03 / 1583 [11.09]
1835	1448	KACZOR Wojciech	WARSZAWA		77	M30/682	(M)1731	00:52:42	00:50:49	11.81	00:28:09 / 1969 [10.66]
1836	4762	WIĘCKOWSKI Michał	WARSZAWA		76	M30/683	(M)1732	00:52:42	00:50:29	11.89	00:26:34 / 1412 [11.29]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1837	4105	SIWEK Robert	WIELISZEW		62	M40/289	(M)1733	00:52:43	00:49:28	12.13	00:28:46 / 2192 [10.43]
1838	484	JANOWSKI Wiktor	GRODZIS MAZOWIECKI		94		(M)1734	00:52:43	00:49:45	12.06	00:29:40 / 2493 [10.11]
1839	4440	STAWICKI Radoslaw	WARSZAWA		70	M30/684	(M)1735	00:52:43	00:50:25	11.90	00:27:59 / 1919 [10.72]
1840	2091	ZIÓŁKOWSKI Dariusz	WARSZAWA		72	M30/685	(M)1736	00:52:43	00:50:04	11.98	00:28:18 / 2021 [10.60]
1841	486	JANOWSKI Mateusz	GRODZISK MAZOWIECKI		91		(M)1737	00:52:44	00:49:46	12.06	00:29:40 / 2498 [10.11]
1842	4975	BORKOWSKI Kazimierz	TOMASZOW MAZ.	AZS-UJK	58	M50/110	(M)1738	00:52:44	00:51:13	11.71	00:26:50 / 1518 [11.18]
1843	5556	GURGUN Lukasz	WARSZAWA		85	M20/469	(M)1739	00:52:45	00:52:40	11.39	00:25:48 / 1194 [11.63]
1844	2608	KUTEK Arkadiusz	WARSZAWA		77	M30/686	(M)1740	00:52:45	00:50:46	11.82	00:28:57 / 2253 [10.36]
1845	4556	CHICIŃSKI Grzegorz	DEBLIN	BRAK	72	M30/687	(M)1741	00:52:45	00:52:35	11.41	00:26:37 / 1437 [11.27]
1846	6660	ZAWODNIK DO UZUP					(M)1742	00:52:46	00:50:35	11.86	00:27:56 / 1908 [10.74]
1847	2926	CZARNOBIL Grzegorz	LUBLIN		72	M30/688	(M)1743	00:52:46	00:50:29	11.89	00:27:31 / 1745 [10.90]
1848	670	POŁOWNIAK Andrzej	WARSZAWA		48	M60/16	(M)1744	00:52:46	00:50:14	11.94	00:28:12 / 1989 [10.64]
1849	1105	RUSKOWIAK Dariusz	WARSZAWA	-	73	M30/689	(M)1745	00:52:47	00:49:21	12.16	00:29:40 / 2497 [10.11]
1850	4711	KWIATKOWSKI Konrad	WARSZAWA		84	M20/470	(M)1746	00:52:47	00:50:43	11.83	00:27:32 / 1763 [10.90]
1851	489	OSTAFIN DARIUSZ	WARSZAWA	NIEZRZESZONY	61	M40/290	(M)1747	00:52:47	00:50:09	11.96	00:28:55 / 2245 [10.37]
1852	2569	SKULIMOWSKA Sara	WARSZAWA	MKS POLONIA	95		(K)105	00:52:47	00:52:06	11.52	00:26:33 / 1409 [11.30]
1853	2743	WOJTYŁA Paweł	WARSZAWA		84	M20/471	(M)1748	00:52:47	00:49:45	12.06	00:29:24 / 2417 [10.20]
1854	6262	TOKARZEWSKI Stanislaw	KOMORÓW	KOMORÓW	46	M60/17	(M)1749	00:52:47	00:52:28	11.44	00:26:51 / 1521 [11.17]
1855	4142	PLASKOTA Michał	NADARZYN		83	M20/472	(M)1750	00:52:47	00:50:47	11.81	00:27:36 / 1797 [10.87]
1856	2600	CZERNIAWSKI Tomasz	WARSZAWA		94		(M)1751	00:52:48	00:50:54	11.79	00:26:32 / 1408 [11.31]
1857	2966	TEODOROWICZ Jerzy	WARSZAWA		75	M30/690	(M)1752	00:52:48	00:50:40	11.84	00:28:04 / 1949 [10.69]
1858	2448	SZCZEPANIK Daniel	WARSZAWA		75	M30/691	(M)1753	00:52:49	00:49:52	12.03	00:28:36 / 2120 [10.49]
1859	2284	RZYSKO Michał	WARSZAWA	FUNDACJA ŚWIĘTEGO MIKOŁAJA	76	M30/692	(M)1754	00:52:50	00:50:07	11.97	00:28:44 / 2177 [10.44]
1860	4204	PARCHOMIUK Andrzej	PULAWY	BRAK	63	M40/291	(M)1755	00:52:50	00:46:53	12.80	00:30:56 / 2916 [9.70]
1861	2928	KOWALSKI KRZYSZTOF	WARSZAWA		68	M40/292	(M)1756	00:52:50	00:52:44	11.38	00:26:38 / 1441 [11.26]
1862	1072	GWIAZDA Wieslaw	CHOTOMÓW		63	M40/293	(M)1757	00:52:50	00:52:50	11.36	00:29:10 / 2321 [10.29]
1863	1408	MARASEK Robert	WARSZAWA	ACTION	66	M40/294	(M)1758	00:52:51	00:50:17	11.93	00:27:59 / 1918 [10.72]
1864	3269	KUCHARSKI Krzysztof	WARSZAWA	ERA RUNNING TEAM	75	M30/693	(M)1759	00:52:51	00:51:53	11.56	00:27:48 / 1858 [10.79]
1865	5975	RYBARSKA Ewa	ŁOMIANKI	POLBANK EFG	83	K20/34	(K)106	00:52:51	00:51:15	11.71	00:28:28 / 2078 [10.54]
1866	4736	ZYCH bartek	WARSZAWA		73	M30/694	(M)1760	00:52:51	00:52:05	11.52	00:28:22 / 2037 [10.58]
1867	4284	WOJTASZKO Maciej	WARSZAWA		76	M30/695	(M)1761	00:52:52	00:52:52	11.35	00:28:36 / 2122 [10.49]
1868	1612	GAC Tomasz	WARSZAWA		72	M30/696	(M)1762	00:52:52	00:51:37	11.62	00:29:33 / 2455 [10.15]
1869	1515	ZAWADZKI Andrzej	WARSZAWA		78	M30/697	(M)1763	00:52:52	00:48:49	12.29	00:29:19 / 2378 [10.23]
1870	596	SOSZKA Lukasz	WARSZAWA		83	M20/473	(M)1764	00:52:53	00:52:01	11.53	00:26:15 / 1325 [11.43]
1871	1804	SUPRYK Renata	WARSZAWA	AGR WELODROM	79	K30/48	(K)107	00:52:53	00:50:01	12.00	00:28:51 / 2223 [10.40]
1872	2844	URBANIAK Krzysztof		WKS GWARDIA WARSZAWA	67	M40/295	(M)1765	00:52:53	00:51:57	11.55	00:26:13 / 1308 [11.44]
1873	4218	OLKOWSKA Katarzyna	WARSZAWA		87	K20/35	(K)108	00:52:53	00:48:53	12.27	00:29:44 / 2530 [10.09]
1874	564	STRYJEK Bogusław	NOWY DWÓR		70	M30/698	(M)1766	00:52:54	00:50:47	11.81	00:27:49 / 1865 [10.78]
1875	4282	CZECHOWSKI Marcin	ŁOMIANKI	ŁOMINKI	69	M40/296	(M)1767	00:52:54	00:49:39	12.08	00:28:48 / 2209 [10.42]
1876	4599	LESZCZUK Kamil	SIEDLCE	ERA RUNNING TEAM	86	M20/474	(M)1768	00:52:55	00:49:13	12.19	00:29:35 / 2469 [10.14]
1877	477	ZAKRZEWSKI Damian	CHOTOMÓW		92		(M)1769	00:52:55	00:51:27	11.66	00:28:12 / 1993 [10.64]
1878	4940	BIELARSKI Karol	NIECIECZ		85	M20/475	(M)1770	00:52:55	00:50:21	11.92	00:28:42 / 2162 [10.45]
1879	3788	CHOJNACKI Konrad	WARSZAWA		89	M20/476	(M)1771	00:52:55	00:51:52	11.57	00:25:56 / 1231 [11.57]
1880	4148	BANDURSKI Paweł	WARSZAWA		72	M30/699	(M)1772	00:52:55	00:48:57	12.26	00:29:41 / 2505 [10.11]
1881	2618	KULPITA Lukasz	PIASECZNO		83	M20/477	(M)1773	00:52:55	00:52:40	11.39	00:26:19 / 1352 [11.40]
1882	2494	KURAK Konrad	WARSZAWA	MARINARA.PL	68	M40/297	(M)1774	00:52:55	00:52:55	11.34	00:29:40 / 2501 [10.11]
1883	2698	DZIOBKOWSKI Michał	WARSZAWA		92		(M)1775	00:52:55	00:48:17	12.43	00:29:47 / 2557 [10.07]
1884	2035	GZOWSKA Oliwia	WARSZAWA		76	K30/49	(K)109	00:52:56	00:50:17	11.93	
1885	3268	BIELSKI Andrzej	WARSZAWA		75	M30/700	(M)1776	00:52:57	00:50:37	11.85	00:27:34 / 1785 [10.88]
1886	6685	ZAWODNIK DO UZUP					(M)1777	00:52:58	00:51:02	11.76	00:28:15 / 2006 [10.62]
1887	3359	SZYMKO Krzysztof	SIEDLCE		80	M20/478	(M)1778	00:52:58	00:51:10	11.73	00:27:07 / 1608 [11.06]
1888	6058	SZADE Sebastian	WARSZAWA	STARCOM	81	M20/479	(M)1779	00:52:58	00:50:01	12.00	00:28:22 / 2035 [10.58]
1889	6583	MAJ Piotr	LEMKA		77	M30/701	(M)1780	00:52:58	00:50:56	11.78	00:28:12 / 1991 [10.64]
1890	2904	PAPIEŻ Lukasz	KARCZEW	OKS OTWOCK	87	M20/480	(M)1781	00:52:59	00:51:15	11.71	00:27:34 / 1780 [10.88]
1891	2603	MILEWSKA Aleksandra	WARSZAWA		78	K30/50	(K)110	00:53:00	00:50:36	11.86	00:28:39 / 2141 [10.47]
1892	2272	PAWŁOWSKI Marcin	JABLONNA		85	M20/481	(M)1782	00:53:00	00:48:35	12.35	00:30:41 / 2838 [9.78]
1893	3401	CIEMSKI Maciek	WARSZAWA	BZC.PL	80	M20/482	(M)1783	00:53:00	00:51:41	11.61	00:26:40 / 1453 [11.25]
1894	1739	LEJZEROWICZ piotr	LEGIONOWO		85	M20/483	(M)1784	00:53:00	00:48:35	12.35	00:30:40 / 2837 [9.78]
1895	5751	LIPCZYŃSKI Michał	PABIANICE		87	M20/484	(M)1785	00:53:00	00:51:59	11.54	00:26:35 / 1420 [11.29]
1896	2274	RACHUBIŃSKI Michał	WARSZAWA		88	M20/485	(M)1786	00:53:01	00:49:52	12.03	00:28:48 / 2210 [10.42]
1897	3856	ARABASZ Michał	KIELCE	WAT WARSZAWA	87	M20/486	(M)1787	00:53:02	00:50:11	11.96	00:28:27 / 2071 [10.54]
1898	4802	SZYBISZ Dominik	WARSZAWA		89	M20/487	(M)1788	00:53:02	00:50:44	11.83	00:28:04 / 1947 [10.69]
1899	4945	SZYMAŃSKI Piotr	PRUSZKÓW		80	M20/488	(M)1789	00:53:03	00:49:48	12.05	00:29:56 / 2594 [10.02]
1900	4809	KUBAŃ Danuta	WARSZAWA		65	K40/15	(K)111	00:53:03	00:51:09	11.73	00:28:13 / 1998 [10.63]
1901	2538	CINIUSZEK Izabella	PRUSZKÓW	EST	79	K30/51	(K)112	00:53:03	00:52:06	11.52	00:26:46 / 1488 [11.21]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1902	2087	FRANCZAK Piotr	WARSZAWA		79	M30/702	(M)1790	00:53:03	00:52:02	11.53	00:26:48 / 1503 [11.19]
1903	3247	MALARSKI Piotr	WARSZAWA	WKN	58	M50/111	(M)1791	00:53:04	00:49:53	12.03	00:28:00 / 1926 [10.71]
1904	967	WÓJCIK Zbigniew	WARSZAWA	NIEZRZESZONY	70	M30/703	(M)1792	00:53:05	00:52:24	11.45	00:26:51 / 1524 [11.17]
1905	4817	SAUERWALD Thomas	WARSZAWA	LC DOROTA	64	M40/298	(M)1793	00:53:05	00:49:49	12.04	00:28:27 / 2066 [10.54]
1906	6116	PAŁUCKA Ewelina		BGK	09		(M)1794	00:53:05	00:48:32	12.36	00:29:55 / 2587 [10.03]
1907	5191	GERLOWICZ Piotr	CHOSZCZNO		69	M40/299	(M)1795	00:53:05	00:51:04	11.75	00:28:07 / 1959 [10.67]
1908	2063	WIERZBICKI Łukasz	WARSZAWA		82	M20/489	(M)1796	00:53:06	00:51:27	11.66	00:28:21 / 2033 [10.58]
1909	1558	SZESTAKOWICZ Grzegorz	WARSZAWA		85	M20/490	(M)1797	00:53:06	00:52:10	11.50	00:26:40 / 1458 [11.25]
1910	5716	KRÓLIKOWSKI Roman	KUTNO	2 BMT	72	M30/704	(M)1798	00:53:06	00:50:27	11.89	00:28:40 / 2150 [10.47]
1911	6337	WOJTUNIAK Jarosław	MAŁĘCZYN		75	M30/705	(M)1799	00:53:07	00:51:30	11.65	00:27:38 / 1807 [10.86]
1912	4334	SZCZYGIEL Przemysław	WARSZAWA		79	M30/706	(M)1800	00:53:08	00:53:08	11.29	00:29:18 / 2373 [10.24]
1913	3361	WÓJCIK Jerzy Piotr	WARSZAWA		55	M50/112	(M)1801	00:53:08	00:50:19	11.92	00:28:46 / 2193 [10.43]
1914	2175	KARWACKI Łukasz	PASEK		83	M20/491	(M)1802	00:53:08	00:49:59	12.00	00:28:40 / 2147 [10.47]
1915	3887	GAWRYSZEWSKI Michał	WARSZAWA		71	M30/707	(M)1803	00:53:09	00:50:44	11.83	00:28:36 / 2121 [10.49]
1916	550	ZIELIŃSKI Jan	WARSZAWA		83	M20/492	(M)1804	00:53:09	00:50:25	11.90	00:28:38 / 2137 [10.48]
1917	1128	ORLIK Paweł	LEGIONOWO		71	M30/708	(M)1805	00:53:09	00:52:46	11.37	00:27:35 / 1789 [10.88]
1918	4302	ANTKOWICZ Arkadiusz	LATCHORZEW		72	M30/709	(M)1806	00:53:09	00:52:49	11.36	00:26:44 / 1478 [11.22]
1919	6377	ZARZYCKI Wojciech	OSTROŁĘKA	AG BEZ LIMITU OSTROŁĘKA I OKOLICE	71	M30/710	(M)1807	00:53:10	00:53:02	11.31	00:27:31 / 1744 [10.90]
1920	4551	CELIŃSKI Tomasz	OTWOCK	NIE MA	68	M40/300	(M)1808	00:53:10	00:52:12	11.49	00:27:52 / 1884 [10.77]
1921	5548	GRZEŚKOWIAK Grzegorz	WARSZAWA	GCG	81	M20/493	(M)1809	00:53:10	00:52:04	11.52	00:27:01 / 1572 [11.10]
1922	3642	ŚMIETANKO Piotr	ŁOMIANKI		62	M40/301	(M)1810	00:53:11	00:52:10	11.50	00:26:59 / 1561 [11.12]
1923	2523	CHĘCIAK Grzegorz	WARSZAWA		66	M40/302	(M)1811	00:53:11	00:51:27	11.66	00:27:40 / 1816 [10.84]
1924	1485	KORDAS Marcin	WARSZAWA		79	M30/711	(M)1812	00:53:11	00:51:31	11.65	00:27:51 / 1878 [10.77]
1925	4453	SZPANOWSKI Piotr	OŻARÓW MAZOWIECKI		73	M30/712	(M)1813	00:53:12	00:51:52	11.57	00:26:56 / 1547 [11.14]
1926	551	ZIELIŃSKA Karolina	WARSZAWA		84	K20/36	(K)113	00:53:12	00:50:29	11.89	00:28:38 / 2136 [10.48]
1927	5178	ANDRZEJEWSKI Maciej	WARSZAWA		84	M20/494	(M)1814	00:53:12	00:51:50	11.58	00:27:40 / 1817 [10.84]
1928	4463	MAŁCZYŃSKI Michał	WARSZAWA		78	M30/713	(M)1815	00:53:12	00:50:40	11.84	00:29:21 / 2396 [10.22]
1929	2478	BIELECKI Michał	WARSZAWA		75	M30/714	(M)1816	00:53:12	00:50:53	11.79	00:29:50 / 2569 [10.06]
1930	5607	JEŻ Adam	WARSZAWA		79	M30/715	(M)1817	00:53:12	00:52:18	11.47	00:26:34 / 1413 [11.29]
1931	1253	GÓRNIOWICZ MARCIN	WARSZAWA		81	M20/495	(M)1818	00:53:13	00:50:03	11.99	00:29:26 / 2428 [10.19]
1932	2046	ŁUKASIK Kazimierz	PRUSZKÓW	BRAK	46	M60/18	(M)1819	00:53:13	00:50:43	11.83	00:27:33 / 1777 [10.89]
1933	4561	BOSKY Paweł	WARSZAWA	WWW.PRZEPISYWANIE.PL	69	M40/303	(M)1820	00:53:13	00:52:32	11.42	00:26:57 / 1553 [11.13]
1934	3537	SKOPIŃSKI tomasz	WARSZAWA		79	M30/716	(M)1821	00:53:14	00:51:35	11.63	00:27:07 / 1607 [11.06]
1935	3381	SKOCZYŁAS Paweł	LUBLIN		84	M20/496	(M)1822	00:53:14	00:53:14	11.27	00:28:59 / 2260 [10.35]
1936	4070	KOWALCZYK Michał	WARSZAWA		78	M30/717	(M)1823	00:53:14	00:50:18	11.93	00:29:51 / 2573 [10.05]
1937	2911	PRZYBYŚZ Paweł	WARSZAWA	FUNDACJA ŚWIĘTEGO MIKOŁAJA	76	M30/718	(M)1824	00:53:14	00:50:31	11.88	00:28:44 / 2172 [10.44]
1938	4139	DOMARADZKA Marta	WARSZAWA	ACCELERATE CLUB	74	K30/52	(K)114	00:53:14	00:51:23	11.68	00:27:56 / 1909 [10.74]
1939	810	MACIECH-SMUŻEWSKA Joanna	BIAŁA PODLASKA		65	K40/16	(K)115	00:53:14	00:52:26	11.44	00:28:00 / 1931 [10.71]
1940	4275	USZYŃSKI Maciej	WARSZAWA		69	M40/304	(M)1825	00:53:16	00:51:18	11.70	00:28:34 / 2105 [10.50]
1941	2037	GAŚIŃSKI Rafał	BORZĘCIN DUŻY		87	M20/497	(M)1826	00:53:16	00:53:06	11.30	00:25:50 / 1208 [11.61]
1942	3256	ANISIEWICZ Albert	WARSZAWA	KLUBIEGACZA.PL	73	M30/719	(M)1827	00:53:16	00:53:02	11.31	00:26:46 / 1493 [11.21]
1943	1695	CECHOWSKI Tomasz	OSTROŁĘKA		85	M20/498	(M)1828	00:53:16	00:50:59	11.77	00:28:08 / 1967 [10.66]
1944	3202	PIOTROWSKI Leszek	WARSZAWA		93		(M)1829	00:53:16	00:48:49	12.29	00:29:49 / 2568 [10.06]
1945	4230	WIETESKA Emilia	SADKOWICE	ARTPROFI	82	K20/37	(K)116	00:53:17	00:51:50	11.58	00:27:57 / 1911 [10.73]
1946	4837	MIKA Jarek	PRUSZKÓW	TAXPERIENCE	67	M40/305	(M)1830	00:53:17	00:52:44	11.38	00:25:39 / 1164 [11.70]
1947	3701	WOŹBIŃSKI Łukasz	KOMOROWO		81	M20/499	(M)1831	00:53:17	00:51:00	11.76	00:28:34 / 2107 [10.50]
1948	2554	ROBAK Wojciech	WARSZAWA		82	M20/500	(M)1832	00:53:18	00:51:01	11.76	00:28:33 / 2101 [10.51]
1949	4303	SOŁOWIEJ Bartłomiej	MICHAŁOWICE		68	M40/306	(M)1833	00:53:18	00:52:12	11.49	00:27:01 / 1568 [11.10]
1950	5852	NIEDZIÓŁKA Wojciech	SIEDLCE		83	M20/501	(M)1834	00:53:18	00:50:51	11.80	00:29:11 / 2326 [10.28]
1951	1220	KUCZEROWSKI Michał	WARSZAWA		94		(M)1835	00:53:19	00:52:13	11.49	00:25:59 / 1239 [11.55]
1952	682	BARECKI Jacek	WARSZAWA		88	M20/502	(M)1836	00:53:19	00:50:48	11.81	00:28:28 / 2076 [10.54]
1953	4534	RATUSZYŃSKA Urszula	WARSZAWA	ATS ALETEMPO	73	K30/53	(K)117	00:53:19	00:51:47	11.59	00:27:56 / 1905 [10.74]
1954	3852	ZABOROWSKI Leszek	WARSZAWA	FUNDACJA ŚW MIKOŁAJA	86	M20/503	(M)1837	00:53:19	00:50:35	11.86	00:28:44 / 2178 [10.44]
1955	4462	LESIAK Michał	WARSZAWA		78	M30/720	(M)1838	00:53:19	00:50:26	11.90	00:28:54 / 2237 [10.38]
1956	4988	SKOLIMOWSKI Adam	DUCHNÓW		78	M30/721	(M)1839	00:53:20	00:50:39	11.85	00:29:02 / 2280 [10.33]
1957	3423	PYCEK Tomasz	WARSZAWA		85	M20/504	(M)1840	00:53:20	00:52:46	11.37	00:26:55 / 1543 [11.15]
1958	5979	RYCZER Wojciech	WARSZAWA	UKA	80	M20/505	(M)1841	00:53:21	00:51:31	11.65	00:27:53 / 1887 [10.76]
1959	5176	WERYS Konrad	KIELCE		85	M20/506	(M)1842	00:53:21	00:52:05	11.52	00:26:53 / 1534 [11.16]
1960	2248	MAGDA Krzysztof	SEROCK		89	M20/507	(M)1843	00:53:21	00:52:25	11.45	00:27:09 / 1620 [11.05]
1961	4707	ZIÓŁKOWSKI Łukasz	WARSZAWA		73	M30/722	(M)1844	00:53:21	00:47:10	12.72	00:30:14 / 2689 [9.92]
1962	4598	LESZCZUK Przemek	SIEDLCE		89	M20/508	(M)1845	00:53:21	00:49:39	12.08	00:29:35 / 2468 [10.14]
1963	3422	WIELEŃSKA Monika	WARSZAWA		82	M20/509	(M)1846	00:53:22	00:52:47	11.37	00:26:56 / 1544 [11.14]
1964	2771	ŻYMEŁKA Aleksandra	WARSZAWA		70	K30/54	(K)118	00:53:22	00:51:57	11.55	00:27:53 / 1886 [10.76]
1965	5262	FORKASIEWICZ Rafał	WARSZAWA		72	M30/723	(M)1847	00:53:22	00:52:48	11.36	00:26:15 / 1317 [11.43]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
1966	5261	ZUBRZYCKA Agnieszka	WARSZAWA		76	K30/55	(K)119	00:53:22	00:52:48	11.36	00:26:15 / 1320 [11.43]
1967	1595	KISZYCKI Tadeusz	ŁÓDŹ		56	M50/113	(M)1848	00:53:22	00:52:16	11.48	00:28:25 / 2058 [10.56]
1968	1978	PANUFNIK Michał	WOŁOMIN		82	M20/510	(M)1849	00:53:23	00:50:46	11.82	00:28:45 / 2182 [10.43]
1969	3748	ŚWIDERSKI Zbigniew	WARSZAWA		79	M30/724	(M)1850	00:53:23	00:52:38	11.40	00:26:24 / 1370 [11.36]
1970	2281	BOCHENKO Edward	ŁÓMŻA	ŁÓMŻYŃSKI KLUB BIEGOWY	55	M50/114	(M)1851	00:53:23	00:51:20	11.69	00:28:24 / 2052 [10.56]
1971	648	ZGRZĘBSKI Michał	WARSZAWA		71	M30/725	(M)1852	00:53:23	00:47:50	12.54	00:29:56 / 2595 [10.02]
1972	5938	PRUCNAL Tomek	WARSZAWA		82	M20/511	(M)1853	00:53:23	00:51:13	11.71	00:28:39 / 2143 [10.47]
1973	2298	MATYJASIK Jacek	WARSZAWA	CHOSZCZÓWKA	71	M30/726	(M)1854	00:53:23	00:51:41	11.61	00:27:31 / 1740 [10.90]
1974	5985	ZAWODNIK DO UZUP					(M)1855	00:53:23	00:50:47	11.81	00:29:07 / 2305 [10.30]
1975	4588	KLAUZA Wojciech	PRUSZKÓW		71	M30/727	(M)1856	00:53:23	00:52:45	11.37	00:26:59 / 1558 [11.12]
1976	3188	KSIĘŻAK Bartłomiej	WARSZAWA	ERA RUNNING TEAM	83	M20/512	(M)1857	00:53:24	00:50:16	11.94	00:30:31 / 2779 [9.83]
1977	2434	DYLEWSKI Michał	RADOM		84	M20/513	(M)1858	00:53:24	00:49:52	12.03	00:30:18 / 2706 [9.90]
1978	1728	SZOPA Tomasz	PRUSZKÓW		84	M20/514	(M)1859	00:53:25	00:51:23	11.68	00:28:39 / 2142 [10.47]
1979	3653	PODWYSOCKI Marcin	AUGUSTÓW		88	M20/515	(M)1860	00:53:25	00:50:19	11.92	00:29:30 / 2444 [10.17]
1980	6299	WASZAK Lech	KUTNO	2 BMT	62	M40/307	(M)1861	00:53:26	00:50:47	11.81	00:28:43 / 2166 [10.45]
1981	3296	ROGOWSKI Piotr	WARSZAWA		85	M20/516	(M)1862	00:53:26	00:50:33	11.87	00:28:54 / 2236 [10.38]
1982	4962	ZAGOŹDŻON Damian	WARSZAWA		88	M20/517	(M)1863	00:53:26	00:50:48	11.81	00:29:04 / 2288 [10.32]
1983	5152	JASKÓŁA Przemysław	WARSZAWA	KLUB WYSOKOGÓRSKI WARSZAWA	74	M30/728	(M)1864	00:53:26	00:51:16	11.70	00:28:10 / 1978 [10.65]
1984	309	BORUCIŃSKI Paweł	KLAUDYN		59	M50/115	(M)1865	00:53:27	00:51:49	11.58	00:27:01 / 1570 [11.10]
1985	6567	SKOCZYŁAS Michał	PIASECZNO		74	M30/729	(M)1866	00:53:27	00:48:49	12.29	00:29:47 / 2558 [10.07]
1986	1792	WALCZAK Jacek	WARSZAWA		73	M30/730	(M)1867	00:53:27	00:52:17	11.48	00:26:49 / 1509 [11.19]
1987	651	KACPRZYK Ewa	WARSZAWA		91		(K)120	00:53:28	00:52:05	11.52	00:27:28 / 1720 [10.92]
1988	607	RYBAK Przemysław	WARSZAWA		79	M30/731	(M)1868	00:53:28	00:52:00	11.54	00:27:20 / 1676 [10.98]
1989	2614	TRUSZKOWSKI Emil	WARSZAWA	BRAK	87	M20/518	(M)1869	00:53:29	00:51:22	11.68	00:28:26 / 2062 [10.55]
1990	5016	PSZCZÓŁKOWSKI Andrzej	CIECHANÓW		90		(M)1870	00:53:29	00:51:53	11.56	00:27:30 / 1732 [10.91]
1991	3853	POŹYCZKA Tomasz	RADOM	WAT WARSZAWA	86	M20/519	(M)1871	00:53:29	00:50:39	11.85	00:27:43 / 1833 [10.82]
1992	3904	WASZKIEWICZ Karol	SUWAŁKI		85	M20/520	(M)1872	00:53:29	00:51:23	11.68	00:28:55 / 2246 [10.37]
1993	5002	NIEMCZYK Grzegorz	MILANÓWEK		90		(M)1873	00:53:29	00:50:02	11.99	00:30:02 / 2626 [9.99]
1994	3849	KOWALCZYK Michał	WARSZAWA		86	M20/521	(M)1874	00:53:29	00:50:38	11.85	00:27:43 / 1835 [10.82]
1995	4859	STAŃCZYKOWSKA Dominika	TOMASZÓW	VEGE RUNNERS	87	K20/38	(K)121	00:53:29	00:52:50	11.36	00:27:23 / 1688 [10.96]
1996	1352	SZELWACHOWSKI Marcin	WARSZAWA	ACTION	90		(M)1875	00:53:30	00:50:36	11.86	00:27:44 / 1841 [10.82]
1997	2786	KACZOR Tomasz		BGK	09		(M)1876	00:53:30	00:50:40	11.84	00:29:13 / 2338 [10.27]
1998	5766	MACIEJEWSKI Paweł	WARKA	KB START PULSAKI WARKA	76	M30/732	(M)1877	00:53:30	00:51:48	11.58	00:27:18 / 1666 [10.99]
1999	400	NADROWSKI Piotr	PIASECZNO		67	M40/308	(M)1878	00:53:30	00:50:01	12.00	00:29:26 / 2427 [10.19]
2000	4046	SAPIŃSKI Mariusz	WARSZAWA		72	M30/733	(M)1879	00:53:31	00:51:43	11.60	00:28:38 / 2131 [10.48]
2001	1867	SOBIERAJSKI Henryk	REMBERTÓW		64	M40/309	(M)1880	00:53:32	00:51:32	11.64	00:28:10 / 1976 [10.65]
2002	3619	WIŚNIEWSKI Michał	WARSZAWA		85	M20/522	(M)1881	00:53:32	00:52:20	11.46	00:27:14 / 1643 [11.02]
2003	2312	MUSZYŃSKI Zenon	SOCHACZEW	KM AKTYWNI SOCHACZEW	55	M50/116	(M)1882	00:53:32	00:53:21	11.25	00:26:14 / 1316 [11.44]
2004	3601	JANASZ Roman	WARSZAWA		70	M30/734	(M)1883	00:53:32	00:51:32	11.64	00:28:53 / 2233 [10.39]
2005	6311	WIECZOREK Konstanty	BIAŁOBRZEGI	PILICA BIAŁOBRZEGI	69	M40/310	(M)1884	00:53:32	00:52:42	11.39	00:27:30 / 1737 [10.91]
2006	1417	SIERZPOWSKI Sebastian	WARSZAWA	ACTION	80	M20/523	(M)1885	00:53:33	00:51:55	11.56	00:27:18 / 1668 [10.99]
2007	2263	STEFAŃSKI Dariusz	WARSZAWA		61	M40/311	(M)1886	00:53:33	00:51:25	11.67	00:28:34 / 2106 [10.50]
2008	5504	GŁODEK Tomasz	RYKI		66	M40/312	(M)1887	00:53:33	00:50:47	11.81	00:28:40 / 2152 [10.47]
2009	1729	GRUDZIŃSKI Sławomir	PRUSZKÓW		84	M20/524	(M)1888	00:53:33	00:51:31	11.65	00:28:39 / 2144 [10.47]
2010	1597	BIREK Mateusz	WARSZAWA		82	M20/525	(M)1889	00:53:33	00:50:15	11.94	00:29:55 / 2590 [10.03]
2011	4215	CISZAK Tomasz	WARSZAWA		72	M30/735	(M)1890	00:53:34	00:51:04	11.75	00:29:16 / 2358 [10.25]
2012	5457	DOBOSZ Marek	WARSZAWA	KB GYMNASION	56	M50/117	(M)1891	00:53:34	00:47:32	12.62	00:30:40 / 2834 [9.78]
2013	4829	ANISIMOWICZ Jan	WARSZAWA	ERA RUNNING TEAM	75	M30/736	(M)1892	00:53:35	00:51:32	11.64	00:27:50 / 1874 [10.78]
2014	5175	ZAJĄC Jakub	WARSZAWA		83	M20/526	(M)1893	00:53:35	00:51:05	11.75	00:28:33 / 2100 [10.51]
2015	3545	CZAMARA Wojciech	GORLICE		82	M20/527	(M)1894	00:53:35	00:51:04	11.75	00:29:20 / 2387 [10.23]
2016	371	RUSSO Riccardo	WARSZAWA	TEAM ITALIA	86	M20/528	(M)1895	00:53:37	00:52:25	11.45	00:28:46 / 2188 [10.43]
2017	599	JUCHNIEWICZ Lidia	WARSZAWA		81	K20/39	(K)122	00:53:37	00:50:19	11.92	00:29:55 / 2591 [10.03]
2018	1611	MIRONCZUK Tomasz	WARSZAWA		70	M30/737	(M)1896	00:53:38	00:51:34	11.64	00:29:14 / 2350 [10.26]
2019	5933	PRACHNIO Radosław	GRĘŻÓW		94		(M)1897	00:53:38	00:51:03	11.75	00:29:37 / 2476 [10.13]
2020	5345	BARAN Dariusz	BYDGOSZCZ		68	M40/313	(M)1898	00:53:38	00:52:20	11.46	00:27:42 / 1827 [10.83]
2021	1117	KASZUBOWSKA Agnieszka	WARSZAWA		86	K20/40	(K)123	00:53:40	00:51:36	11.63	00:28:31 / 2088 [10.52]
2022	4638	KAMIŃSKI Szymon	WARSZAWA	AZS UNIwersytet WARSZAWSKI	87	M20/529	(M)1899	00:53:40	00:50:03	11.99	00:31:05 / 2978 [9.65]
2023	653	ŁUKASZUK Michał	WARSZAWA		80	M20/530	(M)1900	00:53:40	00:50:11	11.96	00:29:05 / 2298 [10.32]
2024	514	STAWSKI Sławomir	WARSZAWA		73	M30/738	(M)1901	00:53:41	00:53:19	11.25	00:26:48 / 1505 [11.19]
2025	4956	PIETRZYKOWSKI Wojciech	WARSZAWA		85	M20/531	(M)1902	00:53:41	00:49:54	12.02	00:31:30 / 3135 [9.52]
2026	4294	ŻUREK Andrzej	SIEDLCE		93		(M)1903	00:53:41	00:49:24	12.15	00:31:06 / 2984 [9.65]
2027	5956	RAPACZ Maciej	KRAKÓW	WŁÓCZY-KIJE	89	M20/532	(M)1904	00:53:42	00:51:24	11.67	00:28:41 / 2159 [10.46]
2028	3983	RIEKHOFF AartJan	WARSZAWA	ACCENTURE - ACCELERATE	81	M20/533	(M)1905	00:53:42	00:50:15	11.94	00:29:49 / 2566 [10.06]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2029	473	MACHNACKI Michał	CHOTOMÓW	GRUPA BIEGOWA CHTMO	76	M30/739	(M)1906	00:53:42	00:52:18	11.47	00:27:32 / 1759 [10.90]
2030	939	LIS Sylwester	WARSZAWA		71	M30/740	(M)1907	00:53:42	00:52:21	11.46	00:26:41 / 1460 [11.24]
2031	6622	RADKO Piotr	JAWORZNO		79	M30/741	(M)1908	00:53:43	00:51:27	11.66	00:29:06 / 2301 [10.31]
2032	5533	GOLEŹDZINOWSKI Tomasz	WARSZAWA		65	M40/314	(M)1909	00:53:43	00:53:03	11.31	00:26:55 / 1541 [11.15]
2033	1493	CZWARNO Tomasz	WARSZAWA		78	M30/742	(M)1910	00:53:44	00:51:08	11.73	00:27:50 / 1870 [10.78]
2034	5874	OLESIŃSKI ARTUR	WARSZAWA	KB GYMNASION WARSZAWA	80	M20/534	(M)1911	00:53:44	00:51:32	11.64	00:27:16 / 1658 [11.00]
2035	3389	KRĘTOWSKI JAN	WARSZAWA		49	M60/19	(M)1912	00:53:44	00:51:06	11.74	00:28:39 / 2145 [10.47]
2036	6644	KONTEK Kamil			75	M30/743	(M)1913	00:53:45	00:52:21	11.46	00:27:48 / 1863 [10.79]
2037	2563	RĘBACZ Maciej	BIAŁYSTOK		71	M30/744	(M)1914	00:53:45	00:51:21	11.68	00:28:07 / 1963 [10.67]
2038	5654	KLUZIŃSKI Jędrzej	WARSZAWA	LATAJĄCE KOZICE	89	M20/535	(M)1915	00:53:46	00:48:31	12.37	00:29:57 / 2599 [10.02]
2039	311	SKUPIEN artur	WILCZA GÓRA		73	M30/745	(M)1916	00:53:46	00:51:17	11.70	00:28:59 / 2262 [10.35]
2040	4274	SZTOBRYN Aleksander	KOZIENICE		85	M20/536	(M)1917	00:53:46	00:51:48	11.58	00:28:39 / 2146 [10.47]
2041	381	DZIEKOŃSKI Jacek	KONSTANCIN -		57	M50/118	(M)1918	00:53:47	00:52:27	11.44	00:27:02 / 1579 [11.10]
2042	5691	KOWALEWSKI WOJCIECH	WARSZAWA	BRAK	79	M30/746	(M)1919	00:53:47	00:51:46	11.59	00:27:07 / 1611 [11.06]
2043	665	FASZCZEWSKI Artur	WARSZAWA		68	M40/315	(M)1920	00:53:47	00:51:00	11.76	00:29:03 / 2285 [10.33]
2044	613	MOSKOWICZ Albert	WARSZAWA		73	M30/747	(M)1921	00:53:47	00:49:52	12.03	00:29:47 / 2553 [10.07]
2045	5102	ŚWISTAK Anna	WARSZAWA	AZS AWF	88	K20/41	(K)124	00:53:48	00:51:43	11.60	00:27:15 / 1654 [11.01]
2046	417	SWACZYŃSKI robert	WARSZAWA		68	M40/316	(M)1922	00:53:48	00:52:41	11.39	00:27:37 / 1805 [10.86]
2047	4794	NOWAK Waldemar	WARSZAWA		53	M50/119	(M)1923	00:53:48	00:52:26	11.44	00:27:33 / 1766 [10.89]
2048	3338	PAZGAN Stanisław	WARSZAWA		60	M40/317	(M)1924	00:53:48	00:50:07	11.97	00:28:55 / 2244 [10.37]
2049	3632	KOŁODZIEJCZAK Małgorzata	WARSZAWA		55	K50/2	(K)125	00:53:48	00:51:55	11.56	00:28:18 / 2016 [10.60]
2050	2061	PIOTROWSKI Przemysław	WARSZAWA		86	M20/537	(M)1925	00:53:49	00:51:25	11.67	00:27:30 / 1738 [10.91]
2051	1068	NOWAKOWSKI Paweł	WARSZAWA		79	M30/748	(M)1926	00:53:49	00:51:48	11.58	00:28:48 / 2207 [10.42]
2052	5391	BORAWSKI Krzysztof	GRAJEWO	MARATONKA GRAJEWO	54	M50/120	(M)1927	00:53:49	00:51:51	11.57	00:28:26 / 2064 [10.55]
2053	812	SZYMAŃSKI Robert Rafał	WARSZAWA-WESOLA		78	M30/749	(M)1928	00:53:49	00:53:36	11.19	00:26:09 / 1277 [11.47]
2054	4270	MALINOWSKA barbara	WARSZAWA		79	K30/56	(K)126	00:53:50	00:52:35	11.41	00:28:41 / 2158 [10.46]
2055	6594	ZAWODNIK DO UZUP					(M)1929	00:53:50	00:52:10	11.50	00:27:55 / 1901 [10.75]
2056	5515	GIDZIŃSKA Larysa	WARSZAWA		89	K20/42	(K)127	00:53:50	00:53:23	11.24	00:26:17 / 1339 [11.41]
2057	4222	JONATOWSKI Karol	OTRĘBUSY		68	M40/318	(M)1930	00:53:50	00:52:30	11.43	00:27:02 / 1575 [11.10]
2058	2599	CZERNIAWSKI Paweł	WARSZAWA		91		(M)1931	00:53:50	00:50:07	11.97	00:29:35 / 2467 [10.14]
2059	3399	PIETRZAK Piotr	PŁOCK		83	M20/538	(M)1932	00:53:51	00:51:37	11.62	00:28:18 / 2019 [10.60]
2060	3807	KOWALCZYK Maciej	WARSZAWA		91		(M)1933	00:53:51	00:52:27	11.44	00:28:12 / 1987 [10.64]
2061	2131	ROGULSKI Mateusz	ZIELONA GÓRA		87	M20/539	(M)1934	00:53:52	00:52:37	11.40	00:28:13 / 1996 [10.63]
2062	4985	KĘPA PIOTR	WARSZAWA		87	M20/540	(M)1935	00:53:52	00:50:59	11.77	00:29:04 / 2292 [10.32]
2063	2038	JAROSZEK Jacek	WARSZAWA		71	M30/750	(M)1936	00:53:52	00:52:22	11.46	00:28:12 / 1990 [10.64]
2064	5187	DĄBROWSKI Kamil	RADOM		87	M20/541	(M)1937	00:53:53	00:51:56	11.55	00:27:12 / 1631 [11.03]
2065	3400	CIEMSKI Piotr	WARSZAWA	BZC.PL	88	M20/542	(M)1938	00:53:53	00:52:34	11.41	00:26:41 / 1462 [11.24]
2066	5468	DROZD Maciej	WARSZAWA		84	M20/543	(M)1939	00:53:53	00:51:43	11.60	00:27:50 / 1869 [10.78]
2067	2754	BARCZYK Mateusz	WARSZAWA	-	83	M20/544	(M)1940	00:53:53	00:51:22	11.68	00:28:43 / 2168 [10.45]
2068	1561	BURAK Janusz	PIASECZNO		65	M40/319	(M)1941	00:53:53	00:51:36	11.63	00:29:01 / 2269 [10.34]
2069	463	PRUGAR PAULINA	WARSZAWA		83	K20/43	(K)128	00:53:54	00:51:59	11.54	00:28:40 / 2148 [10.47]
2070	3677	STASZESKI Grzegorz	WARSZAWA	URSUS	71	M30/751	(M)1942	00:53:54	00:49:23	12.15	00:30:33 / 2798 [9.82]
2071	3882	KALESKI Paweł	KOBYŁKA		80	M20/545	(M)1943	00:53:54	00:51:05	11.75	00:29:42 / 2511 [10.10]
2072	228	WAŁĘGA Edmund		CROSS	09		(M)1944	00:53:54	00:53:52	11.14	00:27:47 / 1855 [10.80]
2073	1896	SOBIEPAN Arkadiusz	LEGIONOWO		77	M30/752	(M)1945	00:53:54	00:51:39	11.62	00:30:00 / 2611 [10.00]
2074	2542	WAŚIŃSKI Jan	WARSZAWA		83	M20/546	(M)1946	00:53:55	00:50:04	11.98	00:30:32 / 2788 [9.83]
2075	2077	JAKUBISIAK Grzegorz	GRÓJEC		76	M30/753	(M)1947	00:53:56	00:50:15	11.94	00:30:33 / 2792 [9.82]
2076	1877	KOWALCZYK Arkadiusz	WARSZAWA		70	M30/754	(M)1948	00:53:56	00:52:55	11.34	00:27:31 / 1742 [10.90]
2077	4831	MARCINIAK Tomasz	WARSZAWA/POZNAŃ	TEAM ALPEX	74	M30/755	(M)1949	00:53:56	00:53:50	11.15	00:26:37 / 1435 [11.27]
2078	2685	KOBIERSKI Radosław	WARSZAWA		79	M30/756	(M)1950	00:53:56	00:50:02	11.99	00:29:45 / 2532 [10.08]
2079	1936	RZESZOTARSKI Dariusz	WARSZAWA		70	M30/757	(M)1951	00:53:56	00:52:55	11.34	00:27:32 / 1758 [10.90]
2080	102	SZAŁKOW Filip	WARSZAWA		79	M30/758	(M)1952	00:53:56	00:52:05	11.52	00:29:08 / 2307 [10.30]
2081	4376	BRODZIAK Jakub	WARSZAWA		75	M30/759	(M)1953	00:53:57	00:51:10	11.73	00:29:57 / 2597 [10.02]
2082	3662	ZIMOCHOWSKI Patryk	WARSZAWA	URSUS	94		(M)1954	00:53:57	00:50:14	11.94	00:29:38 / 2480 [10.12]
2083	4352	HANBOWSKI Wojciech	WARSZAWA		56	M50/121	(M)1955	00:53:57	00:52:49	11.36	00:27:44 / 1839 [10.82]
2084	125	PIWKO Halina	WARSZAWA		66	K40/17	(K)129	00:53:57	00:50:47	11.81	00:29:11 / 2323 [10.28]
2085	348	WIŚNIEWSKI Piotr	RADZIKÓW		73	M30/760	(M)1956	00:53:57	00:52:21	11.46	00:27:35 / 1794 [10.88]
2086	4473	LISIECKI Szymon	ŁOMIANKI		85	M20/547	(M)1957	00:53:58	00:50:09	11.96	00:29:18 / 2370 [10.24]
2087	2296	WOJCIECHOWSKI Jacek	GRODZISK MAZOWIECKI		71	M30/761	(M)1958	00:53:59	00:51:33	11.64	00:28:25 / 2056 [10.56]
2088	1149	SIELECKI Grzegorz	OPATÓW		78	M30/762	(M)1959	00:53:59	00:50:54	11.79	00:29:34 / 2463 [10.15]
2089	2882	WALEWSKA Marta	WARSZAWA		67	K40/18	(K)130	00:54:00	00:51:56	11.55	00:28:03 / 1943 [10.70]
2090	806	ZGADZAJ Aleksandra	WARSZAWA		76	K30/57	(K)131	00:54:00	00:51:11	11.72	00:29:25 / 2420 [10.20]
2091	4094	DYŚ Paweł	LUBLIN		83	M20/548	(M)1960	00:54:01	00:53:53	11.14	00:26:39 / 1446 [11.26]
2092	4081	ORŁOWSKI Przemysław	CIECHANÓW	LETIIIIIIIIIIII'S GO	73	M30/763	(M)1961	00:54:01	00:50:21	11.92	00:29:45 / 2538 [10.08]
2093	6690	*****					(M)1962	00:54:02	00:54:02	11.10	00:29:54 / 2585 [10.03]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2094	2750	ZWIERZCHOWSKI Wojciech	WARSZAWA		70	M30/764	(M)1963	00:54:02	00:52:50	11.36	00:28:00 / 1928 [10.71]
2095	2110	STEFAŃSKA Katarzyna	STARA WIEŚ	GLKS NADARZYN	72	K30/58	(K)132	00:54:02	00:53:12	11.28	00:26:53 / 1529 [11.16]
2096	5130	CHUDECKI Andrzej	WARSZAWA		84	M20/549	(M)1964	00:54:02	00:52:53	11.35	00:26:10 / 1287 [11.46]
2097	210	POWAŁKA Grzegorz	WARSZAWA	CROSS WARSZAWA	62	M40/320	(M)1965	00:54:03	00:53:16	11.26	00:27:55 / 1898 [10.75]
2098	3105	KRYSTEK Artur	ŁOMIANKI		73	M30/765	(M)1966	00:54:03	00:51:18	11.70	00:29:03 / 2287 [10.33]
2099	235	GOLEŃ Jan	WARSZAWA	CROSS WARSZAWA	69	M40/321	(M)1967	00:54:03	00:53:15	11.27	00:27:55 / 1895 [10.75]
2100	5837	MUSUR Adam	OLEŚNICA	SPB	53	M50/122	(M)1968	00:54:04	00:52:21	11.46	00:28:15 / 2009 [10.62]
2101	1663	DZIUBANY Tomasz	WARSZAWA		71	M30/766	(M)1969	00:54:05	00:52:09	11.51	00:28:21 / 2030 [10.58]
2102	4345	BUTRYN Marek	WARSZAWA	AKADEMIA AKTYWNEJ EDUKACJI	66	M40/322	(M)1970	00:54:05	00:52:31	11.42	00:30:07 / 2655 [9.96]
2103	5339	BAGIŃSKI Paweł	WARSZAWA		76	M30/767	(M)1971	00:54:05	00:51:41	11.61	00:28:48 / 2205 [10.42]
2104	6154	ZAWODNIK DO UZUP					(M)1972	00:54:06	00:51:47	11.59	00:28:22 / 2036 [10.58]
2105	4047	HĄDZLIK Piotr	OTWOCK		74	M30/768	(M)1973	00:54:07	00:53:42	11.17	00:28:00 / 1930 [10.71]
2106	2432	BALICKI ROBERT	WARSZAWA		68	M40/323	(M)1974	00:54:07	00:50:54	11.79	00:30:07 / 2648 [9.96]
2107	105	MISZCZUK Arkadiusz	WARSZAWA	STRAŻ MIEJSKA WARSZAWA	67	M40/324	(M)1975	00:54:07	00:50:34	11.87	00:31:04 / 2955 [9.66]
2108	3486	SALACH Łukasz	WARSZAWA		89	M20/550	(M)1976	00:54:08	00:51:08	11.73	00:28:58 / 2269 [10.36]
2109	1250	MOSTOWSKA Joanna	WARSZAWA		82	K20/44	(K)133	00:54:08	00:49:57	12.01	00:30:23 / 2737 [9.87]
2110	6167	FEDECZKO Przemysław	ŁASK	STRAŻ MIEJSKA	81	M20/551	(M)1977	00:54:08	00:51:47	11.59	00:29:03 / 2282 [10.33]
2111	4296	BAJOR MIROSLAW	WARSZAWA		72	M30/769	(M)1978	00:54:08	00:51:23	11.68	00:29:20 / 2392 [10.23]
2112	4176	WIŚNIEWSKI Leszek	ŁOMIANKI		78	M30/770	(M)1979	00:54:09	00:51:40	11.61	00:29:00 / 2263 [10.34]
2113	585	JĘDRZEJEWSKI Konrad	WARSZAWA	SKANDIA	73	M30/771	(M)1980	00:54:09	00:52:09	11.51	00:27:38 / 1808 [10.86]
2114	723	GOLACIK Ryszard	RASZYN		61	M40/325	(M)1981	00:54:09	00:52:03	11.53	00:27:47 / 1857 [10.80]
2115	2237	JASZCZUK Piotr	SIEDLCE		80	M20/552	(M)1982	00:54:09	00:52:21	11.46	00:27:44 / 1840 [10.82]
2116	5116	DMOCHOWSKI JACEK	OSTRÓŁĘKA	BRAK	68	M40/326	(M)1983	00:54:09	00:54:01	11.11	00:27:31 / 1743 [10.90]
2117	3955	WAWRZYŃCZYK Hubert	KONSTANCIN-JEZIORNA		95		(M)1984	00:54:09	00:53:24	11.24	00:26:50 / 1516 [11.18]
2118	5569	HAMPEJS Martin	SOCHACZEW	GIMNAZJUM NR 3 SOCHACZEW	94		(M)1985	00:54:10	00:53:57	11.12	00:27:59 / 1917 [10.72]
2119	2894	KILIAN Daniel	MYSIADŁO		73	M30/772	(M)1986	00:54:10	00:51:05	11.75	00:29:43 / 2523 [10.10]
2120	452	GRABOWSKI Łukasz	WARSZAWA		83	M20/553	(M)1987	00:54:11	00:52:15	11.48	00:28:20 / 2027 [10.59]
2121	6649	OSADNIK Jacek			09		(M)1988	00:54:12	00:53:35	11.20	00:27:23 / 1689 [10.96]
2122	2059	TRZOSEK Piotr	WARSZAWA		70	M30/773	(M)1989	00:54:13	00:52:18	11.47	00:27:43 / 1829 [10.82]
2123	4295	BILSKI Mateusz	WARSZAWA		89	M20/554	(M)1990	00:54:13	00:51:47	11.59	00:28:43 / 2171 [10.45]
2124	4923	SZERLING Michał	ZALESIE GÓRNE	LETS GO	75	M30/774	(M)1991	00:54:13	00:50:33	11.87	00:29:53 / 2579 [10.04]
2125	1359	WOŹNIAK Daniel	WARSZAWA	ACTION	86	M20/555	(M)1992	00:54:13	00:51:39	11.62	00:29:01 / 2266 [10.34]
2126	1066	DWORAK tomasz	WARSZAWA	TOMEK&KARO&MANOLO :)	80	M20/556	(M)1993	00:54:13	00:51:59	11.54	00:29:15 / 2355 [10.26]
2127	769	MŁODZIKOWSKI Paweł	RADOM		84	M20/557	(M)1994	00:54:13	00:51:33	11.64	00:28:49 / 2213 [10.41]
2128	262	SIEMIERADZKI Kamil	WARSZAWA		85	M20/558	(M)1995	00:54:14	00:53:10	11.29	00:28:59 / 2261 [10.35]
2129	4400	JĘCKA Jakub	WARSZAWA		84	M20/559	(M)1996	00:54:14	00:53:24	11.24	00:26:41 / 1464 [11.24]
2130	800	PUTON Roman	WARSZAWA		59	M50/123	(M)1997	00:54:14	00:52:24	11.45	00:29:12 / 2337 [10.27]
2131	2379	OKULUS Piotr	WARSZAWA		86	M20/560	(M)1998	00:54:14	00:51:13	11.71	00:30:08 / 2661 [9.96]
2132	4301	MAZUR Janusz	WARSZAWA		79	M30/775	(M)1999	00:54:14	00:54:09	11.08	00:26:23 / 1367 [11.37]
2133	3466	LEWCZYŃSKI Jerzy	WARSZAWA		62	M40/327	(M)2000	00:54:14	00:52:20	11.46	00:29:00 / 2265 [10.34]
2134	6310	WIATR Robert	WARSZAWA	FBI FALENICA	67	M40/328	(M)2001	00:54:15	00:51:08	11.73	00:28:52 / 2228 [10.39]
2135	5999	SETNIKOWSKI Grzegorz	OTWOCK		58	M50/124	(M)2002	00:54:16	00:52:00	11.54	00:28:31 / 2089 [10.52]
2136	3825	BARTOSIAK JAKUB	WRZOSOWO		84	M20/561	(M)2003	00:54:16	00:52:53	11.35	00:26:57 / 1550 [11.13]
2137	5639	KARŁOWICZ Anna	WARSZAWA	KB GYMNASION WARSZAWA	73	K30/59	(K)134	00:54:17	00:52:44	11.38	00:28:05 / 1951 [10.68]
2138	3462	ZIELIŃSKI Kazimierz	WARSZAWA		48	M60/20	(M)2004	00:54:17	00:51:42	11.61	00:28:06 / 1955 [10.68]
2139	4698	KOŁODZIEJCZYK Tomasz	WARSZAWA		71	M30/776	(M)2005	00:54:17	00:51:20	11.69	00:28:10 / 1977 [10.65]
2140	3295	JĘDRZEJEWSKI Rafał	WARSZAWA	RUN KRASKI	70	M30/777	(M)2006	00:54:17	00:51:39	11.62	00:29:20 / 2382 [10.23]
2141	1550	MADRY Joanna	ZĄBKI		67	K40/19	(K)135	00:54:17	00:52:40	11.39	00:28:33 / 2099 [10.51]
2142	3994	SZTERNER Adam	WARSZAWA		55	M50/125	(M)2007	00:54:18	00:51:10	11.73	00:29:19 / 2377 [10.23]
2143	1095	PIELACHOWSKI Piotr	WARSZAWA		59	M50/126	(M)2008	00:54:18	00:51:15	11.71	00:28:38 / 2138 [10.48]
2144	6343	WROŃSKI Konrad	WARSZAWA		85	M20/562	(M)2009	00:54:18	00:53:01	11.32	00:27:45 / 1844 [10.81]
2145	4058	MARZEC Wojtek	ZĄBKI		66	M40/329	(M)2010	00:54:19	00:52:36	11.41	00:28:40 / 2149 [10.47]
2146	5825	MITUNIEWICZ Kuba	WARSZAWA	BIBOSZBOYS*WAWER	84	M20/563	(M)2011	00:54:19	00:52:15	11.48	00:28:13 / 1997 [10.63]
2147	3504	SOŻYŃSKI Maciej	WROCLAW		59	M50/127	(M)2012	00:54:19	00:50:51	11.80	00:28:50 / 2217 [10.40]
2148	5683	KOSK Konrad	WARSZAWA	TYLKO LEGIA :)	85	M20/564	(M)2013	00:54:19	00:51:57	11.55	00:30:24 / 2743 [9.87]
2149	2657	MARKOWSKI Zbyszek	LUBLINIEC	WKB META LUBLINIEC	70	M30/778	(M)2014	00:54:20	00:52:56	11.34	00:28:32 / 2093 [10.51]
2150	2658	MARKOWSKA Iwona	LUBLINIEC	WKB META LUBLINIEC	71	K30/60	(K)136	00:54:21	00:52:56	11.34	00:28:32 / 2095 [10.51]
2151	3517	KARASIŃSKI Tomasz	KONSTANCIN-JEZIORNA		67	M40/330	(M)2015	00:54:21	00:52:49	11.36	00:28:41 / 2157 [10.46]
2152	2029	DOMŻAŁ Michał	OTWOCK		69	M40/331	(M)2016	00:54:21	00:53:59	11.11	00:27:35 / 1792 [10.88]
2153	435	SENATOR Karol	WARSZAWA		87	M20/565	(M)2017	00:54:21	00:51:51	11.57	00:28:53 / 2231 [10.39]
2154	3913	GUCH Robert	PIASECZNO	ABC KONDYCJA PIASECZNO	64	M40/332	(M)2018	00:54:21	00:51:54	11.56	00:29:03 / 2281 [10.33]
2155	193	CIOCHOCKI Marcin	WARSZAWA	ERA RUNNING TEAM	86	M20/566	(M)2019	00:54:21	00:51:57	11.55	00:28:19 / 2024 [10.59]
2156	3528	LEŃ Paweł	ZAKOPANE		84	M20/567	(M)2020	00:54:21	00:50:55	11.78	00:30:15 / 2693 [9.92]
2157	3751	ŚCIBOR Marek	ZEGRZE POŁUDNIOWE		72	M30/779	(M)2021	00:54:22	00:51:50	11.58	00:30:23 / 2738 [9.87]
2158	2731	DADAN Marek	WARSZAWA		64	M40/333	(M)2022	00:54:22	00:53:07	11.30	00:27:41 / 1823 [10.84]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2159	5763	LUTY Jacek	WARSZAWA		68	M40/334	(M)2023	00:54:22	00:51:42	11.61	00:29:16 / 2359 [10.25]
2160	3489	CHOLEWIŃSKI Tomasz	WARSZAWA		64	M40/335	(M)2024	00:54:22	00:53:29	11.22	00:28:47 / 2201 [10.42]
2161	1963	BEBAK Konrad	ZEMBRZYCE		89	M20/568	(M)2025	00:54:23	00:51:01	11.76	00:30:19 / 2711 [9.90]
2162	5346	BARANOWSKI WALDEMAR	SZCZYTNO	AKB SZCZYTNO	57	M50/128	(M)2026	00:54:23	00:51:34	11.64	00:29:32 / 2450 [10.16]
2163	5721	KUBIAK KATARZYNA	ŁÓDŹ	KBARTURÓWEK	75	K30/61	(K)137	00:54:23	00:51:34	11.64	00:29:32 / 2447 [10.16]
2164	970	MOJSKI Marcin	WOLA UHRUSKA		86	M20/569	(M)2027	00:54:24	00:54:24	11.03	00:30:49 / 2877 [9.73]
2165	4840	SOCHACKA Marta	GDAŃSK	KB CASTELLANUS	83	K20/45	(K)138	00:54:24	00:52:16	11.48	00:28:35 / 2113 [10.50]
2166	6601	BALS Andrzej	ANTONÓW		55	M50/129	(M)2028	00:54:24	00:52:07	11.51	00:27:18 / 1669 [10.99]
2167	4909	LESIAK Rafał	JÓZEFOSŁAW	KLUB KOTONA	78	M30/780	(M)2029	00:54:24	00:51:01	11.76	00:29:17 / 2364 [10.24]
2168	4347	URBAN Arkadiusz	WARSZAWA		72	M30/781	(M)2030	00:54:24	00:50:11	11.96	00:29:34 / 2462 [10.15]
2169	494	GZULA Jerzy Andrzej	PRUSZKÓW	TOASTMASTERS INTERNATIONAL	47	M60/21	(M)2031	00:54:24	00:53:17	11.26	00:27:25 / 1699 [10.94]
2170	3333	MINIAKOWSKI Szymonm	WARSZAWA		83	M20/570	(M)2032	00:54:24	00:50:34	11.87	00:30:26 / 2752 [9.86]
2171	3518	KARASIŃSKI Jarosław	WARSZAWA		67	M40/336	(M)2033	00:54:25	00:52:54	11.34	00:28:41 / 2155 [10.46]
2172	185	FRYDRYCH Karol	WARSZAWA		86	M20/571	(M)2034	00:54:25	00:54:20	11.04	00:26:56 / 1549 [11.14]
2173	3688	KRZESZEWSKI Patryk		URSUS	09		(M)2035	00:54:25	00:50:40	11.84	00:29:39 / 2488 [10.12]
2174	1056	POŚPIECH Witold	KANIE		60	M40/337	(M)2036	00:54:25	00:53:21	11.25	00:28:06 / 1957 [10.68]
2175	3332	KOWALSKI Marcin	WARSZAWA		79	M30/782	(M)2037	00:54:25	00:50:34	11.87	00:30:26 / 2753 [9.86]
2176	3666	SZOT Arkadiusz	WARSZAWA	URSUS	72	M30/783	(M)2038	00:54:25	00:49:54	12.02	00:30:34 / 2801 [9.81]
2177	3593	SKWARA Łukasz	WARSZAWA		83	M20/572	(M)2039	00:54:26	00:50:37	11.85	00:30:01 / 2621 [9.99]
2178	5702	KRASZEWSKI Wojciech	WŁOCLAWEK		65	M40/338	(M)2040	00:54:26	00:51:44	11.60	00:30:23 / 2735 [9.87]
2179	2675	SZELAĞ Tomasz	MIŃSK MAZOWIECKI		70	M30/784	(M)2041	00:54:26	00:53:40	11.18	00:27:09 / 1618 [11.05]
2180	2161	WERNIO Andrzej	WARSZAWA		54	M50/130	(M)2042	00:54:26	00:54:10	11.08	00:27:40 / 1815 [10.84]
2181	3153	TUR Paweł	BIAŁA PODLASKA		83	M20/573	(M)2043	00:54:27	00:50:24	11.90	00:30:50 / 2880 [9.73]
2182	4967	SAWICKI Łukasz	WARSZAWA	SBBP	77	M30/785	(M)2044	00:54:27	00:51:38	11.62	00:28:47 / 2198 [10.42]
2183	5690	KOWALCZYK Marcin	ŁĘCZYCA		81	M20/574	(M)2045	00:54:27	00:50:02	11.99	00:29:13 / 2340 [10.27]
2184	285	PULKOWNIK Marcin	PIASECZNO		77	M30/786	(M)2046	00:54:28	00:51:42	11.61	00:28:50 / 2220 [10.40]
2185	478	KOWALIK Daniel	CHOTOMÓW		82	M20/575	(M)2047	00:54:28	00:52:59	11.32	00:27:32 / 1764 [10.90]
2186	3806	KULIŃSKI Sławomir	WARSZAWA	WARSAW UNITED	89	M20/576	(M)2048	00:54:29	00:53:05	11.30	00:28:11 / 1985 [10.64]
2187	4529	KOWALCZYK Kamil	SIEDLCE		85	M20/577	(M)2049	00:54:29	00:50:53	11.79	00:31:05 / 2979 [9.65]
2188	1653	KOBIERSKI Tomasz	WARSZAWA		92		(M)2050	00:54:29	00:54:03	11.10	00:25:50 / 1209 [11.61]
2189	207	WOLAŃSKI Michał		CROSS	09		(M)2051	00:54:29	00:52:56	11.34	00:27:35 / 1793 [10.88]
2190	6348	WRZOSEK Zbigniew	WARSZAWA	---	70	M30/787	(M)2052	00:54:30	00:54:30	11.01	00:31:05 / 2982 [9.65]
2191	4033	WOLSKI Sławomir	WARSZAWA		69	M40/339	(M)2053	00:54:30	00:54:07	11.09	00:26:55 / 1539 [11.15]
2192	753	KULMA Magdalena	WARSZAWA		80	K20/46	(K)139	00:54:30	00:53:16	11.26	00:28:09 / 1974 [10.66]
2193	1126	JASIULEWICZ Robert	WARSZAWA	RUNNER CLUB	69	M40/340	(M)2054	00:54:30	00:52:50	11.36	00:28:01 / 1936 [10.71]
2194	2204	GRĄDZKI Jan	WARSZAWA	POLSKA BIEGA	82	M20/578	(M)2055	00:54:30	00:49:49	12.04	00:30:49 / 2875 [9.73]
2195	3229	JANUSZEWSKI Marek	WARSZAWA	KLUB BIEGACZA TPSA	70	M30/788	(M)2056	00:54:31	00:50:56	11.78	00:30:15 / 2695 [9.92]
2196	3900	KACZOROWSKI Jakub	WARSZAWA		78	M30/789	(M)2057	00:54:31	00:53:03	11.31	00:29:59 / 2606 [10.01]
2197	1995	KUBALA Sławomir	ŁÓDŹ	ART-VENTURE TEAM	71	M30/790	(M)2058	00:54:31	00:50:45	11.82	00:29:36 / 2472 [10.14]
2198	288	SZYMAŃSKI Adam	WYSZKÓW		73	M30/791	(M)2059	00:54:31	00:51:06	11.74	00:30:11 / 2673 [9.94]
2199	5028	SEAN-YUES Botte	FRANCJA		57	M50/131	(M)2060	00:54:31	00:54:19	11.05	00:27:30 / 1734 [10.91]
2200	5142	MIZERSKI Tomasz	WARSZAWA	HGR IIIII	86	M20/579	(M)2061	00:54:32	00:52:47	11.37	00:28:25 / 2060 [10.56]
2201	6168	SIKORA piotr	IŁŻA		87	M20/580	(M)2062	00:54:32	00:50:45	11.82	00:28:45 / 2184 [10.43]
2202	2811	AKSAMIT Henryk		URZĄD KOMISJI NADZORU FINANSOWEGO	09		(M)2063	00:54:32	00:49:56	12.02	00:30:20 / 2717 [9.89]
2203	2069	ZUPAN Grzegorz	CHEŁM		77	M30/792	(M)2064	00:54:32	00:53:09	11.29	00:27:07 / 1610 [11.06]
2204	5694	KOWALSKI Jakub	WARSZAWA		79	M30/793	(M)2065	00:54:32	00:51:21	11.68	00:30:27 / 2758 [9.85]
2205	906	ŚWITKOWSKI Dariusz	SULEJÓWEK		71	M30/794	(M)2066	00:54:32	00:50:17	11.93	00:30:22 / 2728 [9.88]
2206	3158	SZYMAŃSKI Mateusz	KAMION NOWY	KAMION	92		(M)2067	00:54:32	00:51:34	11.64	00:30:32 / 2790 [9.83]
2207	5204	ZAWODNIK DO UZUP					(M)2068	00:54:33	00:49:46	12.06	00:31:58 / 3316 [9.38]
2208	2475	KAROLAK Marcin	JÓZEFOSŁAW		69	M40/341	(M)2069	00:54:33	00:52:20	11.46	00:28:58 / 2257 [10.36]
2209	4642	KWIATKOWSKI Tomasz	WARSZAWA		74	M30/795	(M)2070	00:54:33	00:51:06	11.74	00:29:49 / 2567 [10.06]
2210	1732	JORGENSEN annemette - juul	WARSZAWA		67	K40/20	(K)140	00:54:34	00:52:19	11.47	00:28:27 / 2065 [10.54]
2211	304	SZULKOWSKI Marek	J		70	M30/796	(M)2071	00:54:34	00:52:04	11.52	00:28:57 / 2255 [10.36]
2212	5703	KRASZEWSKI Wojtek	WŁOCLAWEK		96		(M)2072	00:54:34	00:51:52	11.57	00:30:23 / 2736 [9.87]
2213	3047	ZAWODNIK DO UZUP					(M)2073	00:54:35	00:53:49	11.15	00:27:58 / 1913 [10.73]
2214	3203	OZIEMCZUK KAMIL	CHEŁM		84	M20/581	(M)2074	00:54:35	00:52:40	11.39	00:28:49 / 2212 [10.41]
2215	2410	WAŚOWSKI Artur	MIŃSK MAZOWIECKI	OSZW MIŃSK MAZOWIECKI	71	M30/797	(M)2075	00:54:36	00:54:23	11.03	00:26:48 / 1502 [11.19]
2216	3851	SZTOKINIER Leszek	WARSZAWA		77	M30/798	(M)2076	00:54:36	00:51:11	11.72	00:29:47 / 2552 [10.07]
2217	3182	MEYER Marcin	WARSZAWA		76	M30/799	(M)2077	00:54:37	00:53:08	11.29	00:27:43 / 1836 [10.82]
2218	3799	KARCZEWSKI tomasz	OZARÓW MAZOWIECKI		59	M50/132	(M)2078	00:54:37	00:52:59	11.32	00:28:58 / 2258 [10.36]
2219	1106	MIELNICKI Piotr	WARSZAWA		70		(M)2079	00:54:38	00:51:09	11.73	00:28:54 / 2235 [10.38]
2220	5068	GENCO Giovanni	ACIREALE	ITALIANI IN POLONIA	82	M20/582	(M)2080	00:54:38	00:53:25	11.23	00:28:36 / 2119 [10.49]
2221	3134	KWIATKOWSKI Sławomir	WARSZAWA		77	M30/800	(M)2081	00:54:39	00:52:59	11.32	00:28:34 / 2102 [10.50]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2222	1276	SERAFIN Tomasz	WARSZAWA		79	M30/801	(M)2082	00:54:39	00:51:28	11.66	00:27:51 / 1881 [10.77]
2223	4202	JASIŃSKA Małgorzata	WARSZAWA		91		(K)141	00:54:39	00:51:47	11.59	00:29:32 / 2449 [10.16]
2224	1142	MŁYNYEC Tomasz	WARSZAWA		92		(M)2083	00:54:39	00:52:10	11.50	00:29:35 / 2466 [10.14]
2225	945	ŚMIGIELSKI Michał	WARSZAWA	ITI ADVENTURE TEAM	61	M40/342	(M)2084	00:54:39	00:51:32	11.64	00:29:52 / 2578 [10.04]
2226	5065	SKALSKI Maciej	WARSZAWA		78	M30/802	(M)2085	00:54:40	00:53:07	11.30	00:28:46 / 2189 [10.43]
2227	2471	KORDOWSKI Dominik	ŻABIA WOLA	WWW.REMONTYMAZOWSZE.PL	86	M20/583	(M)2086	00:54:40	00:51:47	11.59	00:30:25 / 2748 [9.86]
2228	1795	SOKOŁOWSKI szymon	WARSZAWA		79	M30/803	(M)2087	00:54:40	00:54:08	11.08	00:27:05 / 1594 [11.08]
2229	1654	NOWIŃSKI Andrzej	WARSZAWA	CYCLIŚCI	76	M30/804	(M)2088	00:54:40	00:53:58	11.12	00:27:39 / 1814 [10.85]
2230	6286	WĘCŁAWOWICZ Krzysztof	WARSZAWA		86	M20/584	(M)2089	00:54:40	00:53:01	11.32	00:27:59 / 1922 [10.72]
2231	4494	SULEJ Jarosław	WARSZAWA		71	M30/805	(M)2090	00:54:40	00:49:54	12.02	00:31:12 / 3018 [9.62]
2232	1996	SEKALSKI Mariusz	WARSZAWA		85	M20/585	(M)2091	00:54:41	00:51:50	11.58	00:29:06 / 2302 [10.31]
2233	3131	JASIONOWSKI Artur	LIDZBARK		68	M40/343	(M)2092	00:54:41	00:52:29	11.43	00:29:20 / 2389 [10.23]
2234	2436	SZCZEPAŃSKA Marta	PULAWY		85	K20/47	(K)142	00:54:42	00:51:11	11.72	00:30:45 / 2859 [9.76]
2235	4439	STAWICKI Sergiusz	WARSZAWA		68	M40/344	(M)2093	00:54:43	00:52:25	11.45	00:28:41 / 2156 [10.46]
2236	4869	LASOCKI Andrzej	WARSZAWA	NIEZRZESZONY	72	M30/806	(M)2094	00:54:44	00:52:57	11.33	00:28:34 / 2108 [10.50]
2237	2316	DEFOUX Christophe	WARSZAWA		69	M40/345	(M)2095	00:54:45	00:53:30	11.21	00:27:40 / 1818 [10.84]
2238	969	DOLIASZ Tomasz	STAWISKI		86	M20/586	(M)2096	00:54:45	00:50:43	11.83	00:30:50 / 2879 [9.73]
2239	4147	KOLASIŃSKI Jacek	WARSZAWA		61	M40/346	(M)2097	00:54:45	00:52:31	11.42	00:29:35 / 2470 [10.14]
2240	2014	RADASZKIEWICZ Piotr	WARSZAWA	METRO WARSZAWSKIE	72	M30/807	(M)2098	00:54:45	00:52:36	11.41	00:29:18 / 2368 [10.24]
2241	529	NARTOWSKI Jan	JÓZEFOSŁAW		59	M50/133	(M)2099	00:54:45	00:52:47	11.37	00:28:28 / 2073 [10.54]
2242	2509	KRAJEWSKI Mateusz	WARSZAWA		92		(M)2100	00:54:46	00:50:46	11.82	00:32:50 / 3567 [9.14]
2243	1894	POWROŹNIK Konrad	WARSZAWA		79	M30/808	(M)2101	00:54:46	00:51:40	11.61	00:29:46 / 2548 [10.08]
2244	3629	BARTNICKI Maciej	WARSZAWA		67	M40/347	(M)2102	00:54:46	00:52:59	11.32	00:28:57 / 2251 [10.36]
2245	4754	RYGIER Aleksander	WARSZAWA		56	M50/134	(M)2103	00:54:47	00:52:32	11.42	00:29:12 / 2333 [10.27]
2246	4589	KAŹMIERCZAK Cezary	WARSZAWA		76	M30/809	(M)2104	00:54:47	00:51:00	11.76	00:30:05 / 2639 [9.97]
2247	1286	WIDOMSKI Jakub	GÓRA KALWARIA		95		(M)2105	00:54:47	00:53:49	11.15	00:27:48 / 1859 [10.79]
2248	5159	BUCZEK DOROTA	BUDY SUŁKOWSKIE		78	K30/62	(K)143	00:54:48	00:53:09	11.29	00:27:55 / 1902 [10.75]
2249	156	DZIOBAK Tomasz	WOŁOMIN		72	M30/810	(M)2106	00:54:48	00:54:34	11.00	00:27:01 / 1573 [11.10]
2250	5501	FROM Przemysław	WYSZKÓW		85	M20/587	(M)2107	00:54:48	00:54:00	11.11	00:27:48 / 1862 [10.79]
2251	1915	MATCZUK Konrad	WOŁOMIN		73	M30/811	(M)2108	00:54:48	00:52:07	11.51	00:29:41 / 2506 [10.11]
2252	3840	GRZESIUK daniel	WARSZAWA		76	M30/812	(M)2109	00:54:48	00:51:28	11.66	00:30:32 / 2789 [9.83]
2253	5731	KWAŚNY Dariusz	WARSZAWA		73	M30/813	(M)2110	00:54:49	00:49:26	12.14	00:31:16 / 3048 [9.59]
2254	6281	ULBRYCH paweł	BRZOZÓW - STARA		73	M30/814	(M)2111	00:54:49	00:49:21	12.16	00:31:07 / 2988 [9.64]
2255	3149	OGÓREK Mieczysław	WARSZAWA		87	M20/588	(M)2112	00:54:50	00:51:00	11.76	00:31:04 / 2972 [9.66]
2256	2246	TOPOLSKI STANISŁAW	WARSZAWA		71	M30/815	(M)2113	00:54:50	00:54:39	10.98	00:26:36 / 1428 [11.28]
2257	2535	RYSZKIEWICZ Błażej	WARSZAWA		76	M30/816	(M)2114	00:54:50	00:52:39	11.40	00:28:38 / 2130 [10.48]
2258	2383	RADZKA Katarzyna	WESOLA WARSZAWA		83	K20/48	(K)144	00:54:51	00:50:56	11.78	00:30:56 / 2917 [9.70]
2259	4093	BYCZEK Marcin	LUBLIN	D.A QUO VADIS	72	M30/817	(M)2115	00:54:51	00:54:43	10.97	00:26:39 / 1448 [11.26]
2260	2084	TYRAKOWSKI Mateusz	WARSZAWA		92		(M)2116	00:54:52	00:52:37	11.40	00:28:35 / 2112 [10.50]
2261	1264	ALCHIMOWICZ Artur	WARSZAWA		76	M30/818	(M)2117	00:54:52	00:52:33	11.42	00:29:46 / 2549 [10.08]
2262	3441	KAMIŃSKI Sebastian	WARSZAWA		79	M30/819	(M)2118	00:54:52	00:52:22	11.46	00:29:35 / 2464 [10.14]
2263	2574	MATUSZEWSKI Paweł	BRWINÓW	BRAK	81	M20/589	(M)2119	00:54:52	00:51:58	11.55	00:29:21 / 2399 [10.22]
2264	1018	NIECHWIADOWICZ Jan	WARSZAWA		66	M40/348	(M)2120	00:54:52	00:53:05	11.30	00:27:52 / 1885 [10.77]
2265	756	ZWOLIŃSKI Mariusz	WARSZAWA		79	M30/820	(M)2121	00:54:53	00:51:48	11.58	00:30:20 / 2715 [9.89]
2266	824	BINKOWSKI Tomasz	ŻYRARDÓW		52	M50/135	(M)2122	00:54:53	00:52:49	11.36	00:29:05 / 2297 [10.32]
2267	3774	LUBA Piotr	WARSZAWA		84	M20/590	(M)2123	00:54:53	00:50:43	11.83	00:32:35 / 3506 [9.21]
2268	3870	BOCIAN Mariusz	WARSZAWA		72	M30/821	(M)2124	00:54:54	00:53:13	11.27	00:29:12 / 2332 [10.27]
2269	2867	ŻOCHOWSKI krzysztof	WARSZAWA	NIE MA	60	M40/349	(M)2125	00:54:54	00:52:19	11.47	00:30:21 / 2720 [9.88]
2270	2088	WIADERNY Tomasz	RADOM		66	M40/350	(M)2126	00:54:54	00:48:50	12.29	00:31:27 / 3114 [9.54]
2271	3561	DITTWALD Piotr	WARSZAWA	-	85	M20/591	(M)2127	00:54:55	00:52:23	11.45	00:28:45 / 2186 [10.43]
2272	3710	ROSLANOWSKI Mateusz	RADOM		90		(M)2128	00:54:55	00:51:24	11.67	00:29:20 / 2383 [10.23]
2273	2278	MASKIEWICZ Arkadiusz	WARSZAWA	ERA RUNNING TEAM	70	M30/822	(M)2129	00:54:55	00:51:47	11.59	00:31:38 / 3183 [9.48]
2274	2650	PUCHALSKA Marta	WARSZAWA		89	K20/49	(K)145	00:54:55	00:53:34	11.20	00:28:12 / 1986 [10.64]
2275	1231	PACUK Grzegorz	WARSZAWA	NOCNY ROWER	82	M20/592	(M)2130	00:54:56	00:51:38	11.62	
2276	660	FURMANOWSKI MICHAŁ	WARSZAWA		75	M30/823	(M)2131	00:54:56	00:52:25	11.45	00:28:56 / 2250 [10.37]
2277	1466	ŁAWRYNOWICZ Michał	WARSZAWA	ANIN-SADUL	86	M20/593	(M)2132	00:54:56	00:53:09	11.29	00:28:30 / 2086 [10.53]
2278	996	ŁUKASIEWICZ Wojtek	WARSZAWA	DB MARATHON TEAM	81	M20/594	(M)2133	00:54:57	00:53:14	11.27	00:27:48 / 1861 [10.79]
2279	4919	ROSSI Jean	WARSZAWA		65	M40/351	(M)2134	00:54:57	00:52:13	11.49	00:29:30 / 2442 [10.17]
2280	4700	DUDZIŃSKI Tomasz	WARSZAWA	KTE TRAMP	85	M20/595	(M)2135	00:54:57	00:52:21	11.46	00:29:21 / 2400 [10.22]
2281	4257	STUPAŁKOWSKI Marek	WARSZAWA		62	M40/352	(M)2136	00:54:58	00:53:14	11.27	00:28:01 / 1933 [10.71]
2282	2109	KSIĘŻNY Andrzej	ŁOMIANKI		53	M50/136	(M)2137	00:54:58	00:53:55	11.13	00:28:11 / 1984 [10.64]
2283	2431	DARŁAK CEZARY	ŚWIECIE NAD OSĄ		61	M40/353	(M)2138	00:54:58	00:51:45	11.59	00:30:07 / 2650 [9.96]
2284	2663	WÓJCİK Kamil	RADOM		88	M20/596	(M)2139	00:54:58	00:53:21	11.25	00:29:07 / 2306 [10.30]
2285	5264	PARYSEK MARCEL	WARSZAWA		94		(M)2140	00:54:58	00:53:24	11.24	00:29:53 / 2581 [10.04]
2286	1801	KRYSIŃSKI Bogdan	ZIELONKA	Biegł w Brukseli	53	M50/137	(M)2141	00:54:59	00:54:59	10.91	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2287	4165	KĘPA Adam	WARSZAWA	METRO WARSZAWSKIE	68	M40/354	(M)2142	00:54:59	00:53:18	11.26	00:28:04 / 1946 [10.69]
2288	3073	MEJ Paweł	DZIEWIN		72	M30/824	(M)2143	00:54:59	00:54:59	10.87	00:26:47 / 1496 [11.20]
2289	3614	SOCHA Tomasz	WARSZAWA		68	M40/355	(M)2144	00:54:59	00:52:05	11.52	00:29:18 / 2371 [10.24]
2290	4213	SĘPIELAK Przemysław	KRAKÓW		84	M20/597	(M)2145	00:54:59	00:52:07	11.51	00:29:04 / 2289 [10.32]
2291	4654	ŚMIGIELSKI Robert	CZEMPIŃ		74	M30/825	(M)2146	00:55:00	00:51:52	11.57	00:30:07 / 2649 [9.96]
2292	3582	GAŚOWSKI Roman	LEGIONOWO		83	M20/598	(M)2147	00:55:00	00:53:08	11.29	00:28:44 / 2179 [10.44]
2293	2539	DUMA Mariusz	WARSZAWA		78	M30/826	(M)2148	00:55:01	00:51:37	11.62	00:31:04 / 2970 [9.66]
2294	5196	BALICKI ARTUR	WARSZAWA		82	M20/599	(M)2149	00:55:01	00:53:33	11.20	00:28:13 / 1995 [10.63]
2295	2606	OLAK Jarosław	ŁÓDŹ		59	M50/138	(M)2150	00:55:01	00:54:04	11.10	00:27:38 / 1809 [10.86]
2296	442	ŚWIĘCICKI Filip	WARSZAWA		86	M20/600	(M)2151	00:55:02	00:53:06	11.30	00:28:21 / 2031 [10.58]
2297	2609	JANASZEK Dariusz	WARSZAWA		67	M40/356	(M)2152	00:55:02	00:53:03	11.31	00:28:57 / 2252 [10.36]
2298	5718	KUŹMA Paweł	SIEDLCE		84	M20/601	(M)2153	00:55:02	00:52:09	11.51	00:30:21 / 2723 [9.88]
2299	3556	JEDYNAK Wiola	MALBORK		71	K30/63	(K)146	00:55:03	00:54:28	11.02	00:27:51 / 1880 [10.77]
2300	458	KOSTRZEWA Dariusz	PRUSZKÓW		93	(M)2154	00:55:03	00:54:39	10.98	00:26:36 / 1427 [11.28]	
2301	6017	SMOLIŃSKI MICHAŁ	ŁÓDŹ		90	(M)2155	00:55:03	00:52:14	11.49	00:30:29 / 2769 [9.84]	
2302	629	OLSZAK Agata	WARSZAWA		80	K20/50	(K)147	00:55:03	00:52:42	11.39	00:29:22 / 2406 [10.22]
2303	127	MATACZ Jolanta	SZCZYTNO		66	K40/21	(K)148	00:55:04	00:54:30	11.01	00:28:16 / 2011 [10.61]
2304	1224	NOWAK Tomasz	ŁOWICZ		81	M20/602	(M)2156	00:55:04	00:51:12	11.72	00:30:38 / 2822 [9.79]
2305	1281	ZGLEJSZEWSKI MAREK	CIECHANÓW	NIEZRZESZONY	79	M30/827	(M)2157	00:55:04	00:51:50	11.58	00:30:08 / 2656 [9.96]
2306	1047	SKIBIŃSKI Tomasz	OŻARÓW MAZ.		62	M40/357	(M)2158	00:55:05	00:51:31	11.65	00:30:32 / 2784 [9.83]
2307	2551	PUSZCZ PIOTR	WARSZAWA		71	M30/828	(M)2159	00:55:05	00:54:29	11.01	00:26:48 / 1504 [11.19]
2308	659	TOMASZEWSKI Dariusz	PRUSZKÓW		74	M30/829	(M)2160	00:55:07	00:53:25	11.23	00:28:25 / 2059 [10.56]
2309	2803	BRZEZIŃSKI Marian		BANK AMRO	09	(M)2161	00:55:09	00:53:53	11.14	00:27:32 / 1757 [10.90]	
2310	5481	DZIUŁA Marcin	IŁŻA		80	M20/603	(M)2162	00:55:09	00:53:53	11.14	00:27:30 / 1731 [10.91]
2311	4986	KOCON Tomasz	DUCHNÓW		71	M30/830	(M)2163	00:55:09	00:52:32	11.42	00:29:02 / 2279 [10.33]
2312	354	ROSŁOŃ Dominik	WARSZAWA		77	M30/831	(M)2164	00:55:09	00:51:34	11.64	00:30:17 / 2705 [9.91]
2313	1491	OBSTÓJ Ireneusz	WARSZAWA		61	M40/358	(M)2165	00:55:10	00:53:15	11.27	00:28:26 / 2063 [10.55]
2314	4018	STASIEWICZ Iwona	WARSZAWA		78	K30/64	(K)149	00:55:10	00:53:26	11.23	00:29:08 / 2312 [10.30]
2315	1350	SKWARKOWSKI Krzysztof	WARSZAWA	ACTION	83	M20/604	(M)2166	00:55:10	00:53:50	11.15	00:27:29 / 1726 [10.92]
2316	424	KUC Anna	WARSZAWA		73	K30/65	(K)150	00:55:10	00:52:01	11.53	00:31:42 / 3211 [9.46]
2317	3966	BELC Piotr	WARSZAWA		77	M30/832	(M)2167	00:55:10	00:53:20	11.25	00:29:02 / 2278 [10.33]
2318	4150	RUDNIK Krzysztof	WARSZAWA	DELOITTE ADVENTURE TEAM	76	M30/833	(M)2168	00:55:11	00:50:08	11.97	00:31:10 / 3007 [9.63]
2319	1805	SADKOWSKI Michał	PRUSZKÓW		82	M20/605	(M)2169	00:55:11	00:51:35	11.63	00:29:27 / 2429 [10.19]
2320	353	CZERWIŃSKI Paweł	WARSZAWA		79	M30/834	(M)2170	00:55:11	00:51:36	11.63	00:30:17 / 2704 [9.91]
2321	4849	OWCZARCZYK Dawid	WARSZAWA		85	M20/606	(M)2171	00:55:11	00:53:04	11.31	00:29:45 / 2543 [10.08]
2322	3151	OŹLAŃSKI Damian	WARSZAWA		86	M20/607	(M)2172	00:55:11	00:51:20	11.69	00:31:05 / 2977 [9.65]
2323	4354	BOROWY Krzysztof	WARSZAWA	ERA RUNNIG TEAM	74	M30/835	(M)2173	00:55:11	00:53:21	11.25	00:29:11 / 2329 [10.28]
2324	2525	KUCHARSKI Ireneusz	KOMORÓW	SPORT 21	71	M30/836	(M)2174	00:55:12	00:52:50	11.36	00:32:32 / 3487 [9.22]
2325	1132	BRZEZIŃSKI Waldemar	NOWE MIASTO NAD		65	M40/359	(M)2175	00:55:12	00:51:34	11.64	00:29:57 / 2600 [10.02]
2326	3822	MARKIEWICZ Marcin	WARSZAWA		92	(M)2176	00:55:12	00:52:55	11.34	00:28:24 / 2051 [10.56]	
2327	3493	TREMBULAK Marcin	WARSZAWA		73	M30/837	(M)2177	00:55:12	00:54:48	10.95	00:26:53 / 1532 [11.16]
2328	3739	KAŹMIECZAK Mariusz	ŻYCHLIN		65	M40/360	(M)2178	00:55:12	00:53:29	11.22	00:29:12 / 2336 [10.27]
2329	5699	KRAJEWSKA Izabela	WARSZAWA		77	K30/66	(K)151	00:55:13	00:51:02	11.76	00:30:24 / 2741 [9.87]
2330	2015	KOSTRZEWA waldemar	MILANÓWEK	AMATOR	48	M60/22	(M)2179	00:55:13	00:52:03	11.53	00:29:52 / 2577 [10.04]
2331	5179	POCIECHA Wojtek	WROCLAW		80	M20/608	(M)2180	00:55:13	00:51:54	11.56	00:29:10 / 2318 [10.29]
2332	4234	MATYKA Piotr	WARSZAWA		76	M30/838	(M)2181	00:55:13	00:53:55	11.13	00:29:17 / 2365 [10.24]
2333	5735	LASOCKI KONRAD	ŁÓDŹ	UML	79	M30/839	(M)2182	00:55:13	00:52:01	11.53	00:30:11 / 2675 [9.94]
2334	3786	SKRZYPIEC MARIUSZ	WARSZAWA		82	M20/609	(M)2183	00:55:13	00:53:06	11.30	00:29:51 / 2571 [10.05]
2335	5655	KMIEĆ Norbert	LEGIONOWO		81	M20/610	(M)2184	00:55:14	00:52:03	11.53	00:30:11 / 2677 [9.94]
2336	2997	RYSZEWSKI Dominik	WARSZAWA		88	M20/611	(M)2185	00:55:14	00:53:31	11.21	00:28:10 / 1975 [10.65]
2337	110	GOLACHOWSKI Krzysztof	WARSZAWA		69	M40/361	(M)2186	00:55:14	00:53:24	11.24	00:28:33 / 2098 [10.51]
2338	108	GOLACHOWSKI Jan	WARSZAWA		94	(M)2187	00:55:14	00:53:23	11.24	00:28:42 / 2165 [10.45]	
2339	4957	PONDO Artur	WARSZAWA		85	M20/612	(M)2188	00:55:14	00:51:27	11.66	00:31:30 / 3137 [9.52]
2340	5051	JANOWSKI Krzysztof	WARSZAWA		77	M30/840	(M)2189	00:55:15	00:51:55	11.56	00:30:12 / 2682 [9.93]
2341	543	KOSIŃSKI Marek	WARSZAWA		57	M50/139	(M)2190	00:55:15	00:53:13	11.27	00:29:21 / 2394 [10.22]
2342	1279	ŁOPATKA Tomasz	PRZASNYSZ		79	M30/841	(M)2191	00:55:15	00:52:02	11.53	00:30:07 / 2651 [9.96]
2343	5659	KOŁCZYŃSKA BARBARA	ŁÓDŹ	KB ARTURÓWEK	56	K50/3	(K)152	00:55:15	00:52:03	11.53	
2344	5890	PABICH Maria	PABIANICE	AZYMUT PABIANICE	82	K20/51	(K)153	00:55:15	00:52:13	11.49	00:29:14 / 2348 [10.26]
2345	1696	JACH Adam	WARSZAWA		65	M40/362	(M)2192	00:55:15	00:54:53	10.93	00:26:11 / 1296 [11.46]
2346	5301	LUBIS Rafał	ŻYTOWICE		57	M50/140	(M)2193	00:55:15	00:52:12	11.49	00:29:14 / 2349 [10.26]
2347	1715	CHYLEWSKI Jakub	WARSZAWA		74	M30/842	(M)2194	00:55:16	00:51:20	11.69	00:29:44 / 2528 [10.09]
2348	1143	MŁYNIEC Piotr	WARSZAWA		61	M40/363	(M)2195	00:55:16	00:52:48	11.36	00:29:35 / 2465 [10.14]
2349	6016	SMOLIŃSKI MARIUSZ	ŁÓDŹ		63	M40/364	(M)2196	00:55:16	00:51:57	11.55	00:30:28 / 2767 [9.85]
2350	6618	RACINOWSKI Dariusz	PŁOŃSK	K.B.IM.PIOTRA SĘKOWSKIEGO	63	M40/365	(M)2197	00:55:16	00:52:19	11.47	00:30:10 / 2670 [9.94]
2351	1968	DLUGOŁĘCKI Sławomir	ZARĘBY KOŚCIELNE		60	M40/366	(M)2198	00:55:16	00:53:45	11.16	00:28:31 / 2090 [10.52]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2352	5782	MARCHEL Piotr	GARWOLIN	WKU GARWOLIN	71	M30/843	(M)2199	00:55:16	00:52:59	11.32	00:29:23 / 2410 [10.21]
2353	3343	KRZYMIŃSKI Adam	WARSZAWA		94		(M)2200	00:55:16	00:52:41	11.39	00:31:13 / 3028 [9.61]
2354	6617	ZAWODNIK DO UZUP					(M)2201	00:55:17	00:49:22	12.15	00:31:46 / 3230 [9.44]
2355	6620	KAMIŃSKI Tomasz	WARSZAWA		55	M50/141	(M)2202	00:55:17	00:54:28	11.02	00:27:22 / 1685 [10.96]
2356	2044	SERWACZYŃSKI Mirosław	PIASECZNO		62	M40/367	(M)2203	00:55:17	00:51:10	11.73	00:30:40 / 2831 [9.78]
2357	603	KOCH Dawid	WARSZAWA		83	M20/613	(M)2204	00:55:17	00:53:16	11.26	00:27:50 / 1868 [10.78]
2358	1919	ŻEBROWSKA Edyta	WARSZAWA		83	K20/52	(K)154	00:55:17	00:52:12	11.49	00:30:08 / 2657 [9.96]
2359	2421	ZAJĄC Maciej	WARSZAWA		72	M30/844	(M)2205	00:55:17	00:52:33	11.42	00:29:26 / 2425 [10.19]
2360	1738	KALINOWSKI marcin	WARSZAWA		86	M20/614	(M)2206	00:55:18	00:53:15	11.27	00:28:46 / 2196 [10.43]
2361	1146	MOŹDŻONEK Artur	OTWOCK		92		(M)2207	00:55:18	00:53:23	11.24	00:28:00 / 1927 [10.71]
2362	4378	MIKULSKI Jacek	MARKI		72	M30/845	(M)2208	00:55:18	00:54:16	11.06	00:28:48 / 2204 [10.42]
2363	4028	NOWAK Bogdan	WARSZAWA		58	M50/142	(M)2209	00:55:18	00:55:16	10.86	00:27:32 / 1754 [10.90]
2364	3867	MARKOWSKI Andrzej	WARSZAWA		41	M60/23	(M)2210	00:55:19	00:51:50	11.58	00:31:11 / 3015 [9.62]
2365	4936	DWORAKOWSKI Marcin	WARSZAWA		74	M30/846	(M)2211	00:55:19	00:54:25	11.03	00:27:43 / 1830 [10.82]
2366	1391	CHACHŁOWSKI Dariusz	WARSZAWA	ACTION	77	M30/847	(M)2212	00:55:19	00:52:20	11.46	00:30:02 / 2624 [9.99]
2367	2862	LIS Agata	WARSZAWA		77	K30/67	(K)155	00:55:19	00:51:56	11.55	00:29:53 / 2583 [10.04]
2368	3685	JANCIK Mateusz	WARSZAWA	URSUS	94		(M)2213	00:55:19	00:51:35	11.63	00:27:32 / 1755 [10.90]
2369	3969	ŁOSZEWSKI Patryk	KRAKÓW		77	M30/848	(M)2214	00:55:20	00:52:48	11.36	00:28:44 / 2173 [10.44]
2370	5145	ZENC Robert	WARSZAWA		75	M30/849	(M)2215	00:55:20	00:52:26	11.44	00:28:32 / 2092 [10.51]
2371	1724	GRZEGORCZYK Marta	WARSZAWA		92		(K)156	00:55:20	00:50:47	11.81	00:31:16 / 3049 [9.59]
2372	1449	SZWEDA Jan	WARSZAWA		54	M50/143	(M)2216	00:55:20	00:52:59	11.32	00:29:45 / 2534 [10.08]
2373	4224	MIŁOWSKI Michał	WARSZAWA		81	M20/615	(M)2217	00:55:21	00:52:56	11.34	00:28:55 / 2242 [10.37]
2374	1765	KRAWCZYK Piotr	JÓZEFÓW	MLKS JÓZEFOWIA	50	M50/144	(M)2218	00:55:22	00:54:01	11.11	00:28:23 / 2041 [10.57]
2375	2138	LACHOWICZ marek	WARSZAWA	-	65	M40/368	(M)2219	00:55:22	00:53:48	11.15	00:28:30 / 2082 [10.53]
2376	4752	KLATKA zbginiew	WARSZAWA		76	M30/850	(M)2220	00:55:22	00:52:07	11.51	00:30:19 / 2712 [9.90]
2377	4832	PIASECKI Michał	WARSZAWA		75	M30/851	(M)2221	00:55:23	00:53:59	11.11	00:28:49 / 2211 [10.41]
2378	6628	EDDLES Andrew	MILANÓWEK		67	M40/369	(M)2222	00:55:23	00:52:44	11.38	00:29:33 / 2453 [10.15]
2379	3375	MOSIEJ Anna	WARSZAWA		88	K20/53	(K)157	00:55:23	00:53:58	11.12	00:29:15 / 2357 [10.26]
2380	1074	NOWAK Maksymilian	WARSZAWA		91		(M)2223	00:55:23	00:51:49	11.58	00:31:33 / 3159 [9.51]
2381	4838	PODBIELSKI Marek	WARSZAWA	KB CASTELLANUS	74	M30/852	(M)2224	00:55:23	00:53:22	11.24	00:28:48 / 2206 [10.42]
2382	2749	KUCIAK Paweł	WARSZAWA		69	M40/370	(M)2225	00:55:25	00:53:54	11.13	00:30:30 / 2772 [9.84]
2383	3992	KLASA PIOTR	WARSZAWA	OMC SOLUTION	79	M30/853	(M)2226	00:55:25	00:53:31	11.21	00:28:09 / 1972 [10.66]
2384	6270	TRZEBIATOWSKI Waldemar	BRODNICA	JW 3537	76	M30/854	(M)2227	00:55:25	00:52:11	11.50	00:29:37 / 2475 [10.13]
2385	518	ROPPEL Jacek	GDYNIA	-	77	M30/855	(M)2228	00:55:25	00:55:13	10.87	00:27:20 / 1678 [10.98]
2386	3607	KEMMOCHI Kai	WARSZAWA		74	M30/856	(M)2229	00:55:25	00:53:57	11.12	00:28:32 / 2094 [10.51]
2387	3633	KAPUŚCIŃSKI Jacek	WARSZAWA	KLUB BIEGACZA GYMNASION	56	M50/145	(M)2230	00:55:25	00:49:24	12.15	00:31:19 / 3063 [9.58]
2388	3173	JANAKOWSKI Jakub	WARSZAWA		82	M20/616	(M)2231	00:55:26	00:53:53	11.14	00:29:08 / 2308 [10.30]
2389	4974	NAGLER Piotr	WARSZAWA		74	M30/857	(M)2232	00:55:26	00:51:41	11.61	00:32:27 / 3467 [9.24]
2390	1199	DERBICH Marek	WARSZAWA	BRAK	59	M50/146	(M)2233	00:55:26	00:52:18	11.47	00:29:08 / 2313 [10.30]
2391	2871	PRZEDWOLSKI Tomasz	WARSZAWA		79	M30/858	(M)2234	00:55:26	00:52:58	11.33	00:29:28 / 2434 [10.18]
2392	901	SZYMAŃSKI jacek	WARSZAWA		73	M30/859	(M)2235	00:55:26	00:52:07	11.51	00:30:12 / 2684 [9.93]
2393	2828	TROJANOWSKI Sebastian	WARSZAWA		85	M20/617	(M)2236	00:55:27	00:52:45	11.37	00:29:53 / 2582 [10.04]
2394	4977	WILCZEWSKI Piotr	WARSZAWA		76	M30/860	(M)2237	00:55:27	00:53:50	11.15	00:28:40 / 2153 [10.47]
2395	1240	JADŁOWSKI TOMASZ	WARSZAWA		55	M50/147	(M)2238	00:55:27	00:53:12	11.28	00:30:22 / 2732 [9.88]
2396	490	KUCHARSKI KAZIMIERZ	WARSZAWA	NIEZRZESZONY	55	M50/148	(M)2239	00:55:28	00:52:49	11.36	00:29:29 / 2439 [10.18]
2397	2066	MIKOŁAJCZYK Konrad	WARSZAWA		79	M30/861	(M)2240	00:55:28	00:52:18	11.47	00:31:07 / 2986 [9.64]
2398	1005	SZYMCZAK Tomasz	WARSZAWA		60	M40/371	(M)2241	00:55:28	00:52:01	11.53	00:30:33 / 2797 [9.82]
2399	3530	BABICKI Rafał	WARSZAWA		80	M20/618	(M)2242	00:55:28	00:55:28	10.82	00:29:13 / 2343 [10.27]
2400	3991	WIRASZKA Kuba	WARSZAWA	OMC-SOLUTION	83	M20/619	(M)2243	00:55:28	00:53:33	11.20	00:28:09 / 1970 [10.66]
2401	116	KROGULEC Mateusz	ŁOMIANKI		88	M20/620	(M)2244	00:55:28	00:52:36	11.41	00:30:33 / 2795 [9.82]
2402	3961	DRZEWOWSKI PIOTR	WARSZAWA		84	M20/621	(M)2245	00:55:29	00:52:51	11.35	00:28:53 / 2232 [10.39]
2403	334	TURSKI Sebastian	WARSZAWA	SEBA.TUREK1@WP.PL	84	M20/622	(M)2246	00:55:29	00:54:05	11.09	00:28:09 / 1973 [10.66]
2404	4286	KULIK Ernest	ŁOMIANKI	ICDS ŁOMIANKI	81	M20/623	(M)2247	00:55:30	00:52:47	11.37	00:30:00 / 2613 [10.00]
2405	2721	PYZALSKI Rafał	WARSZAWA	10 WARSZAWSKI PULK SAMOCHODOWY	75	M30/862	(M)2248	00:55:30	00:52:04	11.52	00:30:27 / 2761 [9.85]
2406	1555	LIPKA Leszek	WOŁOMIN	NIEZRZESZONY	59	M50/149	(M)2249	00:55:30	00:54:41	10.97	00:27:24 / 1696 [10.95]
2407	5608	JEDLEWSKI Krzysztof	LUBLIN		78	M30/863	(M)2250	00:55:30	00:53:03	11.31	00:29:20 / 2386 [10.23]
2408	4866	BARTNICKI Sławomir	WARSZAWA		85	M20/624	(M)2251	00:55:31	00:53:51	11.14	00:29:01 / 2273 [10.34]
2409	5392	BOROŃ Ryszard	PIASECZNO		60	M40/372	(M)2252	00:55:31	00:52:59	11.32	00:30:01 / 2620 [9.99]
2410	3990	ŻURAWSKI Paweł	KĘDZIERZYN-KOŹLE	OMC SOLUTION	74	M30/864	(M)2253	00:55:31	00:51:07	11.74	00:30:09 / 2663 [9.95]
2411	775	KUBICKI ARKADIUSZ	WARSZAWA		77	M30/865	(M)2254	00:55:32	00:52:46	11.37	00:29:20 / 2388 [10.23]
2412	5042	ZIOMKOWSKI Grzegorz	WARSZAWA		80	M20/625	(M)2255	00:55:32	00:53:40	11.18	00:28:41 / 2154 [10.46]
2413	1252	KURABIEWSKI marcin	WARSZAWA		82	M20/626	(M)2256	00:55:33	00:53:36	11.19	00:29:34 / 2461 [10.15]
2414	1537	WYRWAS Tadeusz	ŁOMŻA	ŁOMŻYŃSKI KLUB BIEGOWY	59	M50/150	(M)2257	00:55:33	00:51:38	11.62	00:31:18 / 3059 [9.58]
2415	3413	PĘDZICH Wioletta	ŁOMŻA	ŁOMŻYŃSKI KLUB BIEGOWY	79	K30/68	(K)158	00:55:33	00:51:38	11.62	00:31:18 / 3058 [9.58]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2416	973	SZYLIŃSKI Jakub	WARSZAWA		63	M40/373	(M)2258	00:55:33	00:52:18	11.47	00:30:52 / 2896 [9.72]
2417	3179	SZKOP Grzegorz	PRUSZKÓW		68	M40/374	(M)2259	00:55:34	00:51:18	11.70	00:30:41 / 2839 [9.78]
2418	3354	PEJDA Marta	WARSZAWA	KOBIECY TEAM BIEGOWY	74	K30/69	(K)159	00:55:34	00:52:07	11.51	00:30:18 / 2708 [9.90]
2419	6955	KORCZAK Anna	SULEJÓWEK		63	K40/22	(K)160	00:55:34	00:55:34	10.80	
2420	748	KOBIALKA Dariusz	WARSZAWA	-	64	M40/375	(M)2260	00:55:35	00:54:57	10.92	00:27:26 / 1708 [10.94]
2421	86	ROSZAK Waldemar			09		(M)2261	00:55:35	00:55:29	10.81	00:27:34 / 1778 [10.88]
2422	81	ZGLIŃSKI Piotr	SULEJÓWEK		74	M30/866	(M)2262	00:55:36	00:52:49	11.36	00:29:29 / 2436 [10.18]
2423	2702	KALINOWSKI Piotr	WARSZAWA	BEZ PRZYNALEŻNOŚCI	59	M50/151	(M)2263	00:55:36	00:53:34	11.20	00:30:06 / 2644 [9.97]
2424	118	MACHOWSKI Stanisław	WARSZAWA		09		(M)2264	00:55:37	00:55:27	10.82	00:27:23 / 1690 [10.96]
2425	7	KOPANIAK Janusz	WARSZAWA		09		(M)2265	00:55:37	00:55:29	10.81	00:27:55 / 1903 [10.75]
2426	5535	GONTAREK Adam	STUDZIANKI PANCERNE		85	M20/627	(M)2266	00:55:37	00:53:37	11.19	00:29:34 / 2458 [10.15]
2427	4603	PACZOSKA Jarosław	WARSZAWA		69	M40/376	(M)2267	00:55:37	00:53:50	11.15	00:28:32 / 2091 [10.51]
2428	4336	ABRAMOWICZ Krzysztof	WARSZAWA		72	M30/867	(M)2268	00:55:37	00:54:47	10.95	00:29:24 / 2418 [10.20]
2429	4103	LEHMANN Jacek	WARSZAWA		80	M20/628	(M)2269	00:55:37	00:53:04	11.31	00:29:14 / 2346 [10.26]
2430	1952	IWAŃCZUK Andrzej	WARSZAWA		62	M40/377	(M)2270	00:55:37	00:53:48	11.15	00:28:28 / 2074 [10.54]
2431	1932	PARYS Piotr	WARSZAWA		88	M20/629	(M)2271	00:55:37	00:53:02	11.31	00:28:06 / 1956 [10.68]
2432	145	PIETRZAK Marcin	PRZYBRODA		87	M20/630	(M)2272	00:55:38	00:54:22	11.04	00:28:11 / 1982 [10.64]
2433	4782	ŚMIGIERA Tomasz	WARSZAWA		79	M30/868	(M)2273	00:55:38	00:52:09	11.51	00:31:23 / 3094 [9.56]
2434	3723	WOJTANIS TOMASZ	SEJNY	POGROMCY NIEMOCY	72	M30/869	(M)2274	00:55:39	00:51:11	11.72	00:31:20 / 3072 [9.57]
2435	5165	MARKS Robert	WARSZAWA		77	M30/870	(M)2275	00:55:39	00:52:52	11.35	00:30:11 / 2676 [9.94]
2436	3254	BRZOZA Michał	WARSZAWA		73	M30/871	(M)2276	00:55:39	00:52:19	11.47	00:30:10 / 2669 [9.94]
2437	1354	SZYMAŃSKI Adam	WARSZAWA	ACTION	85	M20/631	(M)2277	00:55:39	00:54:27	11.02	00:27:05 / 1597 [11.08]
2438	6080	SZUBERT Filip	WARSZAWA		78	M30/872	(M)2278	00:55:39	00:52:39	11.40	00:31:53 / 3273 [9.41]
2439	5082	KLEKOTKO Renata	AUGUSTÓW	SPÓJNIA WARSZAWA	88	K20/54	(K)161	00:55:40	00:53:48	11.15	00:30:20 / 2718 [9.89]
2440	3821	BOLIMOWSKI ANDRZEJ	WARSZAWA		86	M20/632	(M)2279	00:55:40	00:52:12	11.49	00:31:00 / 2946 [9.68]
2441	1496	PUZYNOWSKI JAROSLAW	WARSZAWA		79	M30/873	(M)2280	00:55:40	00:52:31	11.42	00:30:15 / 2697 [9.92]
2442	2429	KARCZEWSKI Paweł	WARSZAWA		86	M20/633	(M)2281	00:55:40	00:54:02	11.10	00:28:58 / 2256 [10.36]
2443	1637	NIEWIAROWSKI GRZEGORZ	WARSZAWA	BRAK	78	M30/874	(M)2282	00:55:40	00:52:24	11.45	00:30:39 / 2826 [9.79]
2444	4441	MILCZARCYK Tomasz	NOWY BAZANÓW		76	M30/875	(M)2283	00:55:40	00:55:15	10.86	00:27:26 / 1709 [10.94]
2445	3006	BEDNARCZYK Mariusz	WARSZAWA	STRAŻ MIEJSKA M.ST. WARSZAWY	70	M30/876	(M)2284	00:55:41	00:52:54	11.34	00:29:03 / 2284 [10.33]
2446	2442	POPENDA-JEDRUSIAK agata	ŁÓDŹ		79	K30/70	(K)162	00:55:41	00:53:52	11.14	00:29:28 / 2433 [10.18]
2447	717	ŁUKASIK Mirosław	WARSZAWA		71	M30/877	(M)2285	00:55:41	00:54:19	11.05	00:28:56 / 2248 [10.37]
2448	6076	SZKOP Piotr	SIEDLCE		73	M30/878	(M)2286	00:55:41	00:52:48	11.36	00:30:21 / 2721 [9.88]
2449	2594	MICHALSKI Michał	SOBIENIE JEZIORY		76	M30/879	(M)2287	00:55:41	00:52:19	11.47	00:29:30 / 2443 [10.17]
2450	6593	ZAWODNIK DO UZUP					(M)2288	00:55:42	00:54:02	11.10	00:27:54 / 1893 [10.75]
2451	4523	MAJEWSKI Jan	WARSZAWA		94		(M)2289	00:55:42	00:52:04	11.52	00:30:40 / 2832 [9.78]
2452	4632	ŚWIDERSKI Michał	LEGIONOWO		80	M20/634	(M)2290	00:55:42	00:53:42	11.17	00:29:41 / 2504 [10.11]
2453	3654	DENERT Mariusz	AUGUSTÓW		88	M20/635	(M)2291	00:55:42	00:52:25	11.45	00:31:32 / 3147 [9.51]
2454	5336	BAĆMAGA ZBIGNIEW	RADOM		58	M50/152	(M)2292	00:55:43	00:54:50	10.94	00:27:33 / 1771 [10.89]
2455	5945	PUCHACZ Katarzyna	ZAMOŚĆ		86	K20/55	(K)163	00:55:43	00:53:21	11.25	00:29:29 / 2438 [10.18]
2456	1035	ZARZYCKA Monika	N.DWÓR MAZ.	JOGGER	88	K20/56	(K)164	00:55:43	00:55:09	10.88	00:28:14 / 2002 [10.63]
2457	5404	BUKOWSKI Michał	WROCLAW		88	M20/636	(M)2293	00:55:43	00:53:21	11.25	00:29:29 / 2437 [10.18]
2458	359	OKRASZEWSKI Piotr	WARSZAWA		87	M20/637	(M)2294	00:55:44	00:52:43	11.38	00:30:16 / 2698 [9.91]
2459	4647	MEJIA Carlos	WARSZAWA	COLOMBIA	75	M30/880	(M)2295	00:55:44	00:53:25	11.23	00:27:41 / 1822 [10.84]
2460	4590	GARDZIELIK Piotr	WARSZAWA	BRAK	72	M30/881	(M)2296	00:55:44	00:54:48	10.95	00:27:46 / 1853 [10.80]
2461	1609	PARCZEWSKI Tadeusz	PRUSZKÓW		49	M60/24	(M)2297	00:55:44	00:52:03	11.53	00:30:24 / 2740 [9.87]
2462	4904	MATEREK Marcin	SKARŻYSKO-KAMIENNA		85	M20/638	(M)2298	00:55:44	00:52:20	11.46	00:30:43 / 2851 [9.77]
2463	4491	SCHREYER Krzysztof	WARSZAWA		40	M60/25	(M)2299	00:55:45	00:53:17	11.26	00:29:36 / 2471 [10.14]
2464	4450	PORĘBSKI tomasz	WARSZAWA		94		(M)2300	00:55:45	00:54:03	11.10	00:28:53 / 2229 [10.39]
2465	5915	PIECHOCKI Miłosz	MOGILNO		89	M20/639	(M)2301	00:55:45	00:54:16	11.06	00:28:06 / 1953 [10.68]
2466	2994	DZIADKOWIEC Lesław	WARSZAWA		68	M40/378	(M)2302	00:55:46	00:52:59	11.32	00:30:27 / 2760 [9.85]
2467	591	STANCZYK Romuald	WARSZAWA		53	M50/153	(M)2303	00:55:46	00:54:08	11.08	00:29:20 / 2393 [10.23]
2468	3608	ONODERA RYO	WARSZAWA		62	M40/379	(M)2304	00:55:46	00:54:18	11.05	00:28:46 / 2190 [10.43]
2469	5748	LEWICKI Bogdan	ŁÓDŹ	BIEGACZ NOWOSOLNA	60	M40/380	(M)2305	00:55:46	00:52:07	11.51	00:31:05 / 2980 [9.65]
2470	5646	KIJ Adam	LEGIONOWO	XYZ	84	M20/640	(M)2306	00:55:46	00:52:25	11.45	00:29:16 / 2361 [10.25]
2471	5469	DRÓZDŹ Mariusz	DRAWSKO POMORSKIE	BRAK	76	M30/882	(M)2307	00:55:47	00:51:32	11.64	00:30:57 / 2925 [9.69]
2472	6687	SARNIAK filip	JÓZEFÓW		82	M20/641	(M)2308	00:55:48	00:49:43	12.07	00:32:13 / 3404 [9.31]
2473	4827	STRZEŚNIEWSKI Marek	PIASECZNO	IMPACT TEAM	57	M50/154	(M)2309	00:55:48	00:55:30	10.81	00:28:28 / 2077 [10.54]
2474	471	MAŚLANKA Józef	WARSZAWA		61	M40/381	(M)2310	00:55:48	00:55:48	10.75	00:32:27 / 3469 [9.24]
2475	4216	JEZIERSKI Jakub	WARSZAWA		71	M30/883	(M)2311	00:55:48	00:54:03	11.10	00:30:09 / 2667 [9.95]
2476	5304	ŁUKASIAK Tomasz	RYKI		67	M40/382	(M)2312	00:55:48	00:53:02	11.31	00:29:20 / 2390 [10.23]
2477	2987	ŚMIGIERA Grzegorz	WARSZAWA		82	M20/642	(M)2313	00:55:49	00:54:38	10.98	00:29:05 / 2295 [10.32]
2478	6612	ZAWODNIK DO UZUP					(M)2314	00:55:49	00:54:47	10.95	00:27:44 / 1838 [10.82]
2479	1890	JANISZEWSKI Ireneusz	WARSZAWA		54	M50/155	(M)2315	00:55:49	00:53:12	11.28	00:30:35 / 2809 [9.81]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2480	1624	CZORNIEJ SŁAWOMIR	WARSZAWA	KB SPUCHNIĘTA ŁYDKA	53	M50/156	(M)2316	00:55:49	00:53:13	11.27	00:30:35 / 2807 [9.81]
2481	605	MUSIOŁ Robert	WARSZAWA	BLONIANKA	97		(M)2317	00:55:50	00:55:41	10.78	00:26:35 / 1421 [11.29]
2482	2273	LESKI Janusz	WARSZAWA		60	M40/383	(M)2318	00:55:50	00:53:20	11.25	00:29:47 / 2555 [10.07]
2483	5484	FARANA Tomasz	WARSZAWA		75	M30/884	(M)2319	00:55:50	00:55:35	10.79	00:28:22 / 2034 [10.58]
2484	2547	KORCZAK Grzegorz	ZALESIE GÓRNE		81	M20/643	(M)2320	00:55:50	00:51:16	11.70	00:32:25 / 3456 [9.25]
2485	6161	FRONTCZAK Robert	ŁÓDŹ	SM ŁÓDŹ	72	M30/885	(M)2321	00:55:51	00:53:26	11.23	00:28:15 / 2004 [10.62]
2486	5843	NADZIAKIEWICZ Kacper	RYMANÓW		87	M20/644	(M)2322	00:55:51	00:51:30	11.65	00:31:35 / 3167 [9.50]
2487	2742	KULCZYŃSKI Tomasz	BYDGOSZCZ		88	M20/645	(M)2323	00:55:52	00:51:44	11.60	00:31:25 / 3103 [9.55]
2488	1061	BOGUSZ Lilia	WARSZAWA	TRUSKAWKA	76	K30/71	(K)165	00:55:52	00:53:59	11.11	00:28:51 / 2221 [10.40]
2489	3737	WTOREK Mirosław	WARSZAWA		56	M50/157	(M)2324	00:55:52	00:52:55	11.34	00:30:16 / 2701 [9.91]
2490	941	JAROĆ Tomasz	WARSZAWA		69	M40/384	(M)2325	00:55:53	00:52:05	11.52	00:31:39 / 3188 [9.48]
2491	492	KURZAWA Aldona	WARSZAWA		67	K40/23	(K)166	00:55:53	00:55:20	10.84	00:27:55 / 1896 [10.75]
2492	1431	PRZĄDKA Rafał	WARSZAWA	ACTION	75	M30/886	(M)2326	00:55:53	00:53:48	11.15	00:29:36 / 2473 [10.14]
2493	1454	ANTOLAK Ryszard	WARSZAWA	ACTION	70	M30/887	(M)2327	00:55:53	00:53:47	11.16	00:29:01 / 2271 [10.34]
2494	1012	SZMIDT Michał	WARSZAWA	DE LAGE LANDEN	85	M20/646	(M)2328	00:55:55	00:54:58	10.92	00:27:24 / 1694 [10.95]
2495	1527	PODOLAK Maciej	WARSZAWA		74	M30/888	(M)2329	00:55:55	00:53:09	11.29	00:30:53 / 2897 [9.71]
2496	5507	GŁOWACKI Marcin	WARSZAWA		83	M20/647	(M)2330	00:55:55	00:52:13	11.49	00:30:43 / 2846 [9.77]
2497	2557	JAKUBIUK Sławomir	WARSZAWA		77	M30/889	(M)2331	00:55:56	00:53:40	11.18	00:28:37 / 2125 [10.48]
2498	6600	ŻUKOCIŃSKI Mateusz	WARSZAWA		81	M20/648	(M)2332	00:55:57	00:53:43	11.17	00:28:16 / 2012 [10.61]
2499	871	CHLEBICKI Radosław	KOMORÓW		60	M40/385	(M)2333	00:55:57	00:48:24	12.40	00:32:09 / 3377 [9.33]
2500	1807	MALINOWSKI Jerzy	OŻARÓW MAZOWIECKI	SP 2 OŻARÓW MAZOWIECKI	61	M40/386	(M)2334	00:55:57	00:53:30	11.21	00:28:45 / 2181 [10.43]
2501	121	WEREDA Paweł	WARSZAWA		70	M30/890	(M)2335	00:55:58	00:53:20	11.25	00:29:57 / 2598 [10.02]
2502	3744	DMOWSKA-ANDRZEJUK Danuta	WARSZAWA	AZS-AWF WARSZAWA	82	K20/57	(K)167	00:55:58	00:52:27	11.44	00:30:36 / 2812 [9.80]
2503	3189	PASEK Rafał	WARSZAWA		74	M30/891	(M)2336	00:55:58	00:49:59	12.00	00:32:52 / 3582 [9.13]
2504	5471	DUBIELECKI Łukasz	WOLICA	BIEGAMY Z OCHOTĄ	78	M30/892	(M)2337	00:55:59	00:55:46	10.76	00:27:26 / 1712 [10.94]
2505	3826	OLSZEWSKI Andrzej	WARSZAWA		67	M40/387	(M)2338	00:55:59	00:54:32	11.00	00:28:30 / 2084 [10.53]
2506	1194	BARTOSZEWICZ Piotr	OLECKO		83	M20/649	(M)2339	00:55:59	00:53:25	11.23	00:30:12 / 2679 [9.93]
2507	3838	SIELECKA Renata	WARSZAWA		73	K30/72	(K)168	00:56:00	00:55:08	10.88	00:28:25 / 2061 [10.56]
2508	508	RADWAN Mikołaj	WARSZAWA		84	M20/650	(M)2340	00:56:00	00:52:38	11.40	00:31:13 / 3024 [9.61]
2509	4071	TOBER Michał	WARSZAWA		76	M30/893	(M)2341	00:56:02	00:53:07	11.30	00:30:00 / 1920 [10.00]
2510	3178	ADAMCZYK Michał	BRZEG		87	M20/651	(M)2342	00:56:02	00:54:40	10.98	00:28:00 / 1929 [10.71]
2511	4424	MICHALAK Patrycja	WARSZAWA		84	K20/58	(K)169	00:56:02	00:54:40	10.98	00:29:40 / 2496 [10.11]
2512	4423	MICHALAK Mariusz	WARSZAWA		64	M40/388	(M)2343	00:56:02	00:54:40	10.98	00:29:40 / 2494 [10.11]
2513	2656	FAHPNI Peter	WARSZAWA		60	M40/389	(M)2344	00:56:03	00:52:37	11.40	00:31:20 / 3073 [9.57]
2514	4101	BURNOS Adam	WARSZAWA	ŁOMŻYŃSKI KLUB BIEGOWY	73	M30/894	(M)2345	00:56:03	00:52:27	11.44	00:30:59 / 2943 [9.68]
2515	2550	KONWA Rafał	WARSZAWA		77	M30/895	(M)2346	00:56:03	00:52:38	11.40	00:30:31 / 2782 [9.83]
2516	2362	SŁOMKA Andrzej	WARSZAWA		74	M30/896	(M)2347	00:56:03	00:52:32	11.42	00:30:28 / 2763 [9.85]
2517	1897	BURNOS Zbigniew	REGULY	ŁOMŻYŃSKI KLUB BIEGOWY	75	M30/897	(M)2348	00:56:03	00:52:35	11.41	00:31:00 / 2945 [9.68]
2518	6289	WŁODARSKI Patryk	WROCLAW		79	M30/898	(M)2349	00:56:04	00:53:27	11.23	00:29:48 / 2562 [10.07]
2519	592	SUTKOWSKI Michał	WARSZAWA		62	M40/390	(M)2350	00:56:04	00:52:44	11.38	00:30:54 / 2909 [9.71]
2520	4265	ROMANIAK Jarosław	WARSZAWA	BRE RUNNERS	83	M20/652	(M)2351	00:56:04	00:54:52	10.94	00:29:58 / 2604 [10.01]
2521	2507	OZIMNIEWICZ Mariusz	WARSZAWA		78	M30/899	(M)2352	00:56:04	00:53:46	11.16	00:30:03 / 2628 [9.98]
2522	5920	PIETRZAK Daniel	WARSZAWA		77	M30/900	(M)2353	00:56:05	00:54:06	11.09	00:28:56 / 2247 [10.37]
2523	3323	SULICH Agnieszka	WARSZAWA		76	K30/73	(K)170	00:56:05	00:53:11	11.28	00:30:55 / 2912 [9.70]
2524	3324	ZYDLEWSKI piotr	WARSZAWA		68	M40/391	(M)2354	00:56:05	00:53:11	11.28	00:30:55 / 2911 [9.70]
2525	4220	PACZYŃSKI Wojciech	WARSZAWA		74	M30/901	(M)2355	00:56:05	00:49:57	12.01	00:31:57 / 3308 [9.39]
2526	1120	BIERNAWSKI Jan	WARSZAWA		85	M20/653	(M)2356	00:56:06	00:52:56	11.34	00:30:37 / 2816 [9.80]
2527	1461	WOŹNIAK Michał	WARSZAWA		80	M20/654	(M)2357	00:56:06	00:52:01	11.53	00:31:47 / 3235 [9.44]
2528	2320	BOGUCKI Włodzimierz	SEKOCIN NOWY		61	M40/392	(M)2358	00:56:06	00:53:57	11.12	00:30:04 / 2633 [9.98]
2529	5087	OLSZTA PAWEŁ	ZABKI		75	M30/902	(M)2359	00:56:06	00:52:54	11.34	00:31:42 / 3208 [9.46]
2530	1299	MILLER Tomasz	WARSZAWA		92		(M)2360	00:56:06	00:52:19	11.47	00:30:34 / 2800 [9.81]
2531	1548	SZADURA Małgorzata	SKRZESZEW		65	K40/24	(K)171	00:56:06	00:51:50	11.58	00:31:27 / 3116 [9.54]
2532	2426	STELMASZCZYK Arkadiusz	WARSZAWA/URSYNÓW	AKD RIDE OR DIE	76	M30/903	(M)2361	00:56:07	00:55:15	10.86	00:27:34 / 1781 [10.88]
2533	4987	KIELISZCZYK GRZEGORZ	DUCHNÓW	BRAK	63	M40/393	(M)2362	00:56:07	00:53:29	11.22	00:29:46 / 2551 [10.08]
2534	183	MINTA Iwona	WARSZAWA	KRÓLEWSKI KLUB BIEGACZA	77	K30/74	(K)172	00:56:07	00:55:41	10.78	00:28:25 / 2057 [10.56]
				WARSZAWA							
2535	523	PAWIŃSKI Artur	WARSZAWA		74	M30/904	(M)2363	00:56:07	00:53:14	11.27	00:30:25 / 2745 [9.86]
2536	4880	WIŚNIEWSKI Paweł	LEGIONOWO		76	M30/905	(M)2364	00:56:08	00:52:09	11.51	00:31:41 / 3205 [9.47]
2537	692	PODWORSKI Piotr	WARKA		73	M30/906	(M)2365	00:56:08	00:52:21	11.46	00:31:35 / 3166 [9.50]
2538	3106	GNATOWSKI Michał	WARSZAWA		72	M30/907	(M)2366	00:56:08	00:53:24	11.24	00:29:19 / 2379 [10.23]
2539	2950	KRZYSZTOFIK Krzysztof	POZNAŃ		90		(M)2367	00:56:09	00:54:31	11.01	00:29:00 / 2264 [10.34]
2540	4639	GAWRONSKI Krzysztof	WARSZAWA		57	M50/158	(M)2368	00:56:09	00:52:36	11.41	00:29:52 / 2576 [10.04]
2541	5503	GĘDLEK Maciej	KRZESZOWICE		78	M30/908	(M)2369	00:56:10	00:53:20	11.25	00:30:30 / 2775 [9.84]
2542	2588	MICHALSKI Robert	PRZASNYSZ		81	M20/655	(M)2370	00:56:10	00:55:20	10.84	00:28:22 / 2039 [10.58]
2543	3741	MAŚKO Piotr	KROTOSZYN		83	M20/656	(M)2371	00:56:10	00:53:15	11.27	00:31:40 / 3198 [9.47]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2544	4043	KORZENIOWSKI Maciej	WARSZAWA		73	M30/909	(M)2372	00:56:10	00:53:49	11.15	00:30:14 / 2690 [9.92]
2545	3795	CICHAWA Mirosław	WARSZAWA	CF CEFARM SA	63	M40/394	(M)2373	00:56:11	00:52:32	11.42	00:31:16 / 3051 [9.59]
2546	1842	MALINOWSKI Paweł	RASZYN		73	M30/910	(M)2374	00:56:11	00:52:24	11.45	00:31:15 / 3046 [9.60]
2547	2893	GALWAS Marcin	WARSZAWA		71	M30/911	(M)2375	00:56:11	00:53:07	11.30	00:29:41 / 2502 [10.11]
2548	3684	MARCHUD Maciej	WARSZAWA	URSUS	78	M30/912	(M)2376	00:56:11	00:52:29	11.43	00:29:58 / 2602 [10.01]
2549	502	KWIATKOWSKI Aleksander	BIELAWY		62	M40/395	(M)2377	00:56:12	00:53:29	11.22	00:30:52 / 2893 [9.72]
2550	4836	MIKA Michał	PRUSZKÓW		77	M30/913	(M)2378	00:56:12	00:55:40	10.78	00:28:21 / 2029 [10.58]
2551	3796	MUSIAŁOWICZ Bartosz	WARSZAWA	CF CEFARM SA	87	M20/657	(M)2379	00:56:12	00:53:25	11.23	00:31:16 / 3050 [9.59]
2552	2992	STEFANIAK Tomasz	PIASECZNO		79	M30/914	(M)2380	00:56:12	00:52:27	11.44	00:31:52 / 3263 [9.41]
2553	3793	ŚWIDERSKI Dariusz	WARSZAWA	CF CEFARM SA	69	M40/396	(M)2381	00:56:12	00:53:26	11.23	00:31:17 / 3052 [9.59]
2554	2619	PAWLISZEWSKA Ania	WARSZAWA		82	K20/59	(K)173	00:56:13	00:55:31	10.81	00:28:08 / 1968 [10.66]
2555	2565	TRYPUCKA IWONA	WARSZAWA		80	K20/60	(K)174	00:56:13	00:54:35	10.99	00:29:19 / 2380 [10.23]
2556	2870	PRZEDWOLSKI Maciej	WARSZAWA		55	M50/159	(M)2382	00:56:13	00:51:44	11.60	00:31:13 / 3022 [9.61]
2557	2567	FUSIARA ŁUKASZ	WARSZAWA		82	M20/658	(M)2383	00:56:13	00:54:34	11.00	00:29:19 / 2381 [10.23]
2558	5961	REMBOWSKI Jacek	ŁOWICZ		46	M60/26	(M)2384	00:56:13	00:52:03	11.53	00:31:22 / 3086 [9.56]
2559	2960	CYPEL Piotr	SOCHACZEW	DRAGON FC SOCHACZEW	82	M20/659	(M)2385	00:56:14	00:51:48	11.58	00:32:34 / 3498 [9.21]
2560	4602	MORAWSKI Radosław	WARSZAWA	KOMISJA NADZORU FINANSOWEGO	81	M20/660	(M)2386	00:56:14	00:51:01	11.76	00:31:29 / 3132 [9.53]
2561	2275	WACHOWIAK Andrzej	WARSZAWA		93		(M)2387	00:56:14	00:55:08	10.88	00:28:23 / 2044 [10.57]
2562	4694	BEJM Paweł	WARSZAWA		96		(M)2388	00:56:14	00:55:50	10.75	00:27:35 / 1787 [10.88]
2563	4689	BEJM Tomasz	WARSZAWA		68	M40/397	(M)2389	00:56:14	00:55:50	10.75	00:27:35 / 1788 [10.88]
2564	3758	KROUPA Luiza	WARSZAWA		67	K40/25	(K)175	00:56:15	00:53:19	11.25	00:30:00 / 2615 [10.00]
2565	5077	ŚPICZKO Michał	AUGUSTÓW		87	M20/661	(M)2390	00:56:15	00:55:11	10.87	00:29:45 / 2537 [10.08]
2566	3453	MILA Krzysztof	JÓZEFOSŁAW		70	M30/915	(M)2391	00:56:15	00:54:09	11.08	00:29:33 / 2454 [10.15]
2567	804	SMERECZYŃSKI mateusz	WARSZAWA		91		(M)2392	00:56:15	00:54:23	11.03	00:31:09 / 2997 [9.63]
2568	1791	DĄBROWSKI Kamil	SULEJÓWEK		84	M20/662	(M)2393	00:56:15	00:52:54	11.34	00:30:00 / 2616 [10.00]
2569	2768	ZALEWSKI KSAWERY	WARSZAWA		47	M60/27	(M)2394	00:56:16	00:53:46	11.16	00:29:28 / 2435 [10.18]
2570	693	DLUGOŁĘCKA Urszula	ŁÓDŹ	KB ŻÓLWIE	59	K50/4	(K)176	00:56:16	00:56:16	10.66	00:29:09 / 2316 [10.29]
2571	730	KUCHARSKI Krzysztof	WARSZAWA		60	M40/398	(M)2395	00:56:16	00:55:05	10.89	00:28:38 / 2134 [10.48]
2572	2602	GRYDLIK Jakub	WARSZAWA		50	M50/160	(M)2396	00:56:16	00:53:15	11.27	00:30:08 / 2660 [9.96]
2573	3168	KAMIŃSKA małgorzata	WARSZAWA	INDYWIDUALNA	59	K50/5	(K)177	00:56:17	00:54:18	11.05	00:29:42 / 2516 [10.10]
2574	4575	DIZ Telmo	WARSZAWA		76	M30/916	(M)2397	00:56:17	00:52:14	11.49	00:31:20 / 3071 [9.57]
2575	1614	ZAGRZEJEWSKA Antonina	WARSZAWA	LOBO SISTERS RUNNERS CLUB	77	K30/75	(K)178	00:56:17	00:53:43	11.17	00:29:33 / 2452 [10.15]
2576	3417	BOCHEŃSKI Mateusz	WARSZAWA		89	M20/663	(M)2398	00:56:17	00:56:17	10.66	00:31:11 / 3010 [9.62]
2577	3963	BOCHEŃSKA Sara	WARSZAWA		92		(K)179	00:56:17	00:53:44	11.17	00:31:11 / 3012 [9.62]
2578	1258	PASTUSZEK Krzysztof	JÓZEFÓW		85	M20/664	(M)2399	00:56:18	00:54:36	10.99	00:29:17 / 2363 [10.24]
2579	1782	STACHURSKI Rafał	WARSZAWA		72	M30/917	(M)2400	00:56:18	00:53:43	11.17	00:29:46 / 2544 [10.08]
2580	802	SMERECZYŃSKI Jan	WARSZAWA		66	M40/399	(M)2401	00:56:18	00:54:27	11.02	00:31:09 / 2998 [9.63]
2581	4884	RODRIGUEZ FERNEL Antonio	MADRYT		69	M40/400	(M)2402	00:56:18	00:52:15	11.48	00:31:20 / 3074 [9.57]
2582	527	LUDKOWSKI Mariusz	MIŃSK MAZOWIECKI		74	M30/918	(M)2403	00:56:19	00:53:14	11.27	00:31:10 / 3008 [9.63]
2583	3200	GWOŹDZIEWICZ Kamil	WARSZAWA		94		(M)2404	00:56:19	00:54:09	11.08	00:27:54 / 1891 [10.75]
2584	470	ŚWIERCZ Robert	WARSZAWA		83	M20/665	(M)2405	00:56:19	00:53:09	11.29	00:29:20 / 2384 [10.23]
2585	1899	MATWIEJ Patryk	RZESZÓW	AKADEMIA SZTUK WALKI	92		(M)2406	00:56:19	00:53:35	11.20	00:29:46 / 2550 [10.08]
2586	3283	SKONIECZNY Włodzimierz	WARSZAWA		62	M40/401	(M)2407	00:56:20	00:54:31	11.01	00:29:38 / 2481 [10.12]
2587	1469	KOSMALA Dariusz	WARSZAWA		64	M40/402	(M)2408	00:56:20	00:55:44	10.77	00:28:24 / 2049 [10.56]
2588	4390	KUSA Magdalena	WARSZAWA		84	K20/61	(K)180	00:56:20	00:53:03	11.31	00:30:53 / 2900 [9.71]
2589	531	HULAK Bogusław	WARSZAWA		58	M50/161	(M)2409	00:56:20	00:54:18	11.05	00:29:22 / 2404 [10.22]
2590	6364	ZACZEK Michał	SOCHACZEW		83	M20/666	(M)2410	00:56:20	00:54:21	11.04	00:30:03 / 2630 [9.98]
2591	2589	MARKOWICZ marek	KARCZEW		59	M50/162	(M)2411	00:56:21	00:53:10	11.29	00:30:05 / 2637 [9.97]
2592	5913	PIASZCZYŃSKA Anna	WARSZAWA		74	K30/76	(K)181	00:56:21	00:53:51	11.14	00:30:09 / 2666 [9.95]
2593	5455	DLUGOSZ rafal	ŁÓDŹ		80	M20/667	(M)2412	00:56:21	00:54:22	11.04	00:30:03 / 2629 [9.98]
2594	3949	SIERADZ MARCIN	LEGIONOWO		79	M30/919	(M)2413	00:56:21	00:54:17	11.05	00:29:46 / 2546 [10.08]
2595	3948	SIERADZ Dariusz	LEGIONOWO		68	M40/403	(M)2414	00:56:21	00:54:17	11.05	00:29:45 / 2542 [10.08]
2596	4374	OSTAPCZUK Sebastian	WARSZAWA	BRAK	70	M30/920	(M)2415	00:56:22	00:51:22	11.68	00:32:03 / 3345 [9.36]
2597	3408	WOJTASZEK ANDRZEJ	CHELM		66	M40/404	(M)2416	00:56:22	00:52:54	11.34	00:30:32 / 2791 [9.83]
2598	4847	TYRALSKI DOMINIK	ŁÓDŹ	CYG 4648	78	M30/921	(M)2417	00:56:22	00:53:37	11.19	00:31:32 / 3145 [9.51]
2599	4670	FUDALA Adam	WARSZAWA		79	M30/922	(M)2418	00:56:22	00:53:52	11.14	00:30:15 / 2696 [9.92]
2600	4333	KOT Bogusław	WARSZAWA		66	M40/405	(M)2419	00:56:22	00:55:14	10.86	00:27:37 / 1804 [10.86]
2601	2725	OPORSKI Rafał	WARSZAWA		86	M20/668	(M)2420	00:56:22	00:51:57	11.55	00:31:37 / 3180 [9.49]
2602	3898	TOMASZEWSKI Wojtek	WARSZAWA	MALENKA	75	M30/923	(M)2421	00:56:23	00:53:43	11.17	00:30:31 / 2777 [9.83]
2603	3597	KĘPIŃSKI Tomasz	GRODZISK MAZOWIECKI		70	M30/924	(M)2422	00:56:23	00:53:12	11.28	00:31:14 / 3034 [9.61]
2604	325	SZYSZKOWSKI Włodzimierz	WARSZAWA		68	M40/406	(M)2423	00:56:23	00:53:36	11.19	00:31:14 / 3040 [9.61]
2605	4779	SZMYT piotr	WARSZAWA		84	M20/669	(M)2424	00:56:24	00:52:15	11.48	00:32:35 / 3508 [9.21]
2606	1168	KUCZBORSKI ANDRZEJ	WARSZAWA		64	M40/407	(M)2425	00:56:24	00:52:53	11.35	00:29:48 / 2561 [10.07]
2607	4769	WŁODARSKI jaroslaw	WARSZAWA		85	M20/670	(M)2426	00:56:24	00:52:15	11.48	00:32:36 / 3514 [9.20]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2608	2480	BIENIEK Maciej	WARSZAWA	POLBANK EFG	75	M30/925	(M)2427	00:56:25	00:55:12	10.87	00:29:02 / 2277 [10.33]
2609	3894	MARZĘCKI Leszek	WARSZAWA	KB GYMNASION	57	M50/163	(M)2428	00:56:25	00:53:26	11.23	00:30:26 / 2757 [9.86]
2610	6069	SZCZEPIŃSKA Teresa	WARSZAWA		83	K20/62	(K)182	00:56:25	00:54:55	10.93	00:29:01 / 2267 [10.34]
2611	2935	SZUL Tomasz	WARSZAWA		64	M40/408	(M)2429	00:56:25	00:53:26	11.23	00:30:26 / 2756 [9.86]
2612	3772	NOWAKOWSKI JANUSZ	ZĄBKI		71	M30/926	(M)2430	00:56:25	00:53:51	11.14	00:30:12 / 2683 [9.93]
2613	4695	HUTNY Ewa	WARSZAWA		64	K40/26	(K)183	00:56:25	00:53:55	11.13	00:29:58 / 2601 [10.01]
2614	5106	KAMIŃSKI Michał	WARSZAWA	ART PROFI TEAM	86	M20/671	(M)2431	00:56:25	00:54:30	11.01	00:28:24 / 2053 [10.56]
2615	4267	GŁOGOWSKI Grzegorz	WARSZAWA	---	74	M30/927	(M)2432	00:56:26	00:52:57	11.33	00:30:56 / 2922 [9.70]
2616	915	SOBIECKI Marek	ZABORÓW		72	M30/928	(M)2433	00:56:26	00:53:28	11.22	00:30:29 / 2770 [9.84]
2617	2472	WÓJCIK Grzegorz	STANISŁAWÓW		77	M30/929	(M)2434	00:56:26	00:53:12	11.28	00:30:32 / 2787 [9.83]
2618	4095	HIPNAROWICZ Piotr	WARSZAWA	ERA RUNNING TEAM	71	M30/930	(M)2435	00:56:26	00:51:24	11.67	00:32:41 / 3531 [9.18]
2619	1559	MUCHA Robert	WARSZAWA		76	M30/931	(M)2436	00:56:27	00:54:50	10.94	00:27:19 / 1671 [10.98]
2620	721	NOWAKOWSKI Czesław	WARSZAWA	HUBERTUS	47	M60/28	(M)2437	00:56:27	00:53:04	11.31	00:30:39 / 2827 [9.79]
2621	1648	KRAWCZYK Sławomir	RADOM		72	M30/932	(M)2438	00:56:27	00:53:04	11.31	00:31:52 / 3259 [9.41]
2622	6671	ZAWODNIK DO UZUP					(M)2439	00:56:27	00:53:59	11.11	00:30:01 / 2617 [9.99]
2623	1340	PIETRZAK Arkadiusz	WARSZAWA	ACTION	84	M20/672	(M)2440	00:56:27	00:55:08	10.88	00:27:42 / 1828 [10.83]
2624	5536	GOSEK Andrzej	WARSZAWA		68	M40/409	(M)2441	00:56:29	00:54:58	10.92	00:28:36 / 2117 [10.49]
2625	2370	SIENKIEWICZ Paweł	WARSZAWA		74	M30/933	(M)2442	00:56:29	00:54:59	10.91	00:28:16 / 2013 [10.61]
2626	5537	GOSKA Przemysław	ŁOWICZ	WKS KAWALERIA	80	M20/673	(M)2443	00:56:29	00:54:01	11.11	00:31:18 / 3061 [9.58]
2627	6298	WASILUK Paweł	TOMASZÓW		81	M20/674	(M)2444	00:56:29	00:54:02	11.10	00:31:18 / 3060 [9.58]
2628	5633	KAMOCKI Bartłomiej	TOMASZÓW	WKS KAWALERIA	81	M20/675	(M)2445	00:56:29	00:54:01	11.11	00:31:18 / 3055 [9.58]
2629	703	STAŃCZYK Grzegorz	WARSZAWA		55	M50/164	(M)2446	00:56:30	00:54:11	11.07	00:29:47 / 2554 [10.07]
2630	1397	GAJEWSKI Gerard	WARSZAWA	ACTION	72	M30/934	(M)2447	00:56:30	00:55:49	10.75	00:27:39 / 1813 [10.85]
2631	4587	KLAUZA Kamil	PRUSZKÓW		94		(M)2448	00:56:31	00:53:47	11.16	00:28:29 / 2080 [10.53]
2632	1589	SZCZĘSNY Jakub	WARSZAWA		76	M30/935	(M)2449	00:56:31	00:53:43	11.17	00:30:29 / 2771 [9.84]
2633	1239	PRĘDOTA KRZYSZTOF	WARSZAWA		55	M50/165	(M)2450	00:56:31	00:51:47	11.59	00:32:01 / 3331 [9.37]
2634	4653	SIELICKI Krzysztof	MYSIADŁO		81	M20/676	(M)2451	00:56:32	00:54:18	11.05	00:29:43 / 2525 [10.10]
2635	6646	LUBERA Borys			77	M30/936	(M)2452	00:56:33	00:53:48	11.15	00:31:54 / 3278 [9.40]
2636	793	REDŹKO Jacek	WARSZAWA		73	M30/937	(M)2453	00:56:33	00:55:03	10.90	00:29:07 / 2304 [10.30]
2637	586	SIENICKI Tomasz	WARSZAWA	SKANDIA	74	M30/938	(M)2454	00:56:33	00:54:32	11.00	00:29:13 / 2342 [10.27]
2638	464	PILISZEK Grzegorz	WARSZAWA		87	M20/677	(M)2455	00:56:33	00:52:05	11.52	00:31:47 / 3234 [9.44]
2639	4790	FAGASIŃSKI Łukasz	NADARZYN		79	M30/939	(M)2456	00:56:34	00:52:49	11.36	00:30:11 / 2674 [9.94]
2640	1297	OSIAK Robert	WARSZAWA		87	M20/678	(M)2457	00:56:34	00:54:48	10.95	00:28:33 / 2097 [10.51]
2641	4247	SLIZ Piotr	WARSZAWA		77	M30/940	(M)2458	00:56:34	00:53:43	11.17	00:31:02 / 2960 [9.67]
2642	4578	GASEK RAFAŁ	WARSZAWA	BRAK	80	M20/679	(M)2459	00:56:35	00:53:08	11.29	00:31:59 / 3321 [9.38]
2643	2590	PIETROWICZ Kamil	WARSZAWA		84	M20/680	(M)2460	00:56:35	00:53:54	11.13	00:32:00 / 3325 [9.38]
2644	5305	ŁUKOMSKI Bernard	WARSZAWA		69	M40/410	(M)2461	00:56:36	00:54:01	11.11	00:29:10 / 2320 [10.29]
2645	5817	MIODOŃSKA Dominika	ZAKOPANE/WARSZAWA		77	K30/77	(K)184	00:56:36	00:54:01	11.11	00:29:10 / 2319 [10.29]
2646	2422	JĘDRZEJEWSKI Marcin	PRUSZKÓW		80	M20/681	(M)2462	00:56:36	00:54:22	11.04	00:30:59 / 2939 [9.68]
2647	642	NIEWIADOMSKI Zdzisław	WARSZAWA		49	M60/29	(M)2463	00:56:37	00:54:56	10.92	00:30:39 / 2824 [9.79]
2648	1677	MIROSZ martyna	MIŃSK MAZOWIECKI		92		(K)185	00:56:37	00:56:37	10.60	00:28:52 / 2226 [10.39]
2649	3598	TOKARSKI Piotr	WARSZAWA	NIEZRZESZONY	78	M30/941	(M)2464	00:56:37	00:53:54	11.13	00:30:52 / 2895 [9.72]
2650	5440	CZARNECKI Michał	WARSZAWA	MOBILER	75	M30/942	(M)2465	00:56:38	00:54:12	11.07	00:29:51 / 2572 [10.05]
2651	3681	KUJAWA Maciej	WARSZAWA	URSUS	94		(M)2466	00:56:38	00:52:12	11.49	00:30:33 / 2793 [9.82]
2652	1283	KOSSAK Leszek	WARSZAWA		49	M60/30	(M)2467	00:56:38	00:56:25	10.64	00:27:50 / 1872 [10.78]
2653	567	TYMIŃSKI Paweł	WARSZAWA	FERRING POLSKA	76	M30/943	(M)2468	00:56:38	00:54:06	11.09	00:31:33 / 3157 [9.51]
2654	908	ŁOŚ Łukasz	PRUSZKÓW		92		(M)2469	00:56:38	00:53:30	11.21	00:30:02 / 2627 [9.99]
2655	1710	SZULKOWSKI Jarosław	WARSZAWA		62	M40/411	(M)2470	00:56:38	00:54:18	11.05	00:31:15 / 3042 [9.60]
2656	5749	LICHOCKI Zbigniew	WARSZAWA	AMATOR	60	M40/412	(M)2471	00:56:38	00:54:44	10.96	00:29:27 / 2430 [10.19]
2657	4276	ROSIAK Jacek	WARSZAWA	LASEK BIELAŃSKI TEAM	63	M40/413	(M)2472	00:56:39	00:52:53	11.35	00:30:46 / 2864 [9.75]
2658	2674	MOSSAKOWSKI Rafał	WARSZAWA		64	M40/414	(M)2473	00:56:39	00:52:19	11.47	00:31:03 / 2961 [9.66]
2659	2581	BĘBENEK Anna	JEZIORZANY	JEZIORZANY	83	K20/63	(K)186	00:56:39	00:53:45	11.16	00:30:58 / 2931 [9.69]
2660	2583	PETERA Jarosław	KRAKÓW	JW 2771 KRAKÓW	80	M20/682	(M)2474	00:56:39	00:53:45	11.16	00:30:57 / 2927 [9.69]
2661	3126	RESIAK Wojciech	WARSZAWA		64	M40/415	(M)2475	00:56:39	00:55:04	10.90	00:28:53 / 2230 [10.39]
2662	384	LEWANDOWSKI Piotr	WARSZAWA		74	M30/944	(M)2476	00:56:40	00:56:34	10.61	00:29:08 / 2309 [10.30]
2663	2017	ŚMIETANKA Krzysztof	WARSZAWA		84	M20/683	(M)2477	00:56:40	00:53:19	11.25	00:31:15 / 3047 [9.60]
2664	5174	STRZELECKI Piotr	ŁÓDŹ		82	M20/684	(M)2478	00:56:40	00:54:35	10.99	00:29:32 / 2448 [10.16]
2665	1688	LENDNER Łukasz	WARSZAWA		81	M20/685	(M)2479	00:56:40	00:53:16	11.26	00:31:05 / 2975 [9.65]
2666	2730	SZCZEPAŃSKI Marcin	WARSZAWA		78	M30/945	(M)2480	00:56:41	00:53:13	11.27	00:30:21 / 2726 [9.88]
2667	3511	OSTROWSKI Artur	WARSZAWA		72	M30/946	(M)2481	00:56:41	00:53:49	11.15	00:31:39 / 3189 [9.48]
2668	5693	KOWALSKI Adam	BIAŁA PODLASKA		57	M50/166	(M)2482	00:56:42	00:54:55	10.93	00:29:41 / 2508 [10.11]
2669	1116	ŚWIDERSKI Sylwester	WARSZAWA		78	M30/947	(M)2483	00:56:42	00:54:02	11.10	00:30:05 / 2641 [9.97]
2670	5123	WYDRA Robert	WARSZAWA		70	M30/948	(M)2484	00:56:42	00:54:51	10.94	00:30:54 / 2904 [9.71]
2671	5478	DYDYCZ Jolanta	BIAŁA PODLASKA		64	K40/27	(K)187	00:56:42	00:54:55	10.93	00:29:41 / 2509 [10.11]
2672	3999	SZYMAŃCZAK Zbigniew	NADARZYN	GLKS NADARZYN	55	M50/167	(M)2485	00:56:43	00:52:45	11.37	00:32:16 / 3418 [9.30]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2673	2097	NOWAKOWSKI Witold	WARSZAWA		60	M40/416	(M)2486	00:56:43	00:56:22	10.64	00:27:41 / 1821 [10.84]
2674	2381	EBEL Jean-Yves	WARSZAWA		56	M50/168	(M)2487	00:56:43	00:52:32	11.42	00:30:24 / 2742 [9.87]
2675	3755	SZCZĘK Antoni	WARSZAWA	-	76	M30/949	(M)2488	00:56:43	00:54:11	11.07	00:30:30 / 2773 [9.84]
2676	1882	PADIASEK Sylwia	WARSZAWA		91		(K)188	00:56:43	00:55:00	10.91	00:29:12 / 2335 [10.27]
2677	2991	RAJCHERT Joanna	PIASECZNO		78	K30/78	(K)189	00:56:43	00:52:58	11.33	00:31:53 / 3268 [9.41]
2678	347	KOŁACIŃSKI Zbigniew	WARSZAWA		52	M50/169	(M)2489	00:56:43	00:55:22	10.84	00:29:05 / 2293 [10.32]
2679	1883	PADIASEK Robert	WARSZAWA		63	M40/417	(M)2490	00:56:43	00:55:01	10.91	00:29:12 / 2334 [10.27]
2680	2665	CZAJKOWSKI Zbigniew	BYDGOSZCZ		76	M30/950	(M)2491	00:56:44	00:53:14	11.27	00:31:27 / 3110 [9.54]
2681	357	OKRASZEWSKI Jacek	WARSZAWA		54	M50/170	(M)2492	00:56:44	00:55:57	10.72	00:27:47 / 1854 [10.80]
2682	3054	BANASIUK Robert	SEROCZYN	VIP	09		(M)2493	00:56:44	00:54:10	11.08	00:31:08 / 2995 [9.64]
2683	4410	MARCINIAK Piotr	WARSZAWA		75	M30/951	(M)2494	00:56:44	00:53:29	11.22	00:30:20 / 2714 [9.89]
2684	4179	COCHET CHRISTOPHE	WARSZAWA		74	M30/952	(M)2495	00:56:44	00:55:30	10.81	00:30:05 / 2636 [9.97]
2685	1174	DRYK Joanna	WARSZAWA	KLUB BIEGACZY WPIONIE.PL	82	K20/64	(K)190	00:56:44	00:52:50	11.36	00:31:03 / 2964 [9.66]
2686	6882	LUDWISIAK Jarosław	PABIANICE		88	M20/686	(M)2496	00:56:45	00:53:43	11.17	00:29:55 / 2589 [10.03]
2687	562	KURPNIEWSKI Dariusz	NOWY DWÓR		67	M40/418	(M)2497	00:56:45	00:55:08	10.88	00:29:02 / 2274 [10.33]
2688	107	MILOSZ Karolina	WARSZAWA	STRAŻ MIEJSKA	83	K20/65	(K)191	00:56:45	00:53:26	11.23	00:30:43 / 2848 [9.77]
2689	5681	KOSELA Sebastian	RAWA MAZOWIECKA		85	M20/687	(M)2498	00:56:45	00:53:55	11.13	00:31:44 / 3218 [9.45]
2690	2039	MUSZYŃSKI Tomasz	WARSZAWA		72	M30/953	(M)2499	00:56:45	00:52:15	11.48	00:32:05 / 3356 [9.35]
2691	589	MATUS Jarosław	WARSZAWA	SKANDIA	79	M30/954	(M)2500	00:56:45	00:54:43	10.97	00:29:06 / 2303 [10.31]
2692	2251	CHOJNACKI Marcin	WARSZAWA		78	M30/955	(M)2501	00:56:46	00:54:45	10.96	00:30:24 / 2739 [9.87]
2693	2809	PARESEWSKI Paweł		BANK AMRO	09		(M)2502	00:56:46	00:53:28	11.22	00:30:56 / 2914 [9.70]
2694	1703	MOSTOWSKI Piotr	WARSZAWA		85	M20/688	(M)2503	00:56:46	00:53:35	11.20	00:31:27 / 3112 [9.54]
2695	1904	RADZICKI Wojciech	CHELM		80	M20/689	(M)2504	00:56:46	00:54:15	11.06	00:28:38 / 2133 [10.48]
2696	5736	LATOS Marcin	WARSZAWA		75	M30/956	(M)2505	00:56:46	00:54:26	11.02	00:29:17 / 2367 [10.24]
2697	4833	WALOS-ŁAKOMSKA Sylwia	WARSZAWA		75	K30/79	(K)192	00:56:46	00:54:09	11.08	00:29:27 / 2432 [10.19]
2698	3797	ALEKSANDROWICZ Michał	WARSZAWA		75	M30/957	(M)2506	00:56:47	00:52:08	11.51	00:31:28 / 3122 [9.53]
2699	2358	BARAN JACEK	GOLINA	CWB S.A.	67	M40/419	(M)2507	00:56:47	00:54:55	10.93	00:30:19 / 2713 [9.90]
2700	3217	CIOK Przemysław	WARSZAWA		80	M20/690	(M)2508	00:56:47	00:56:12	10.68	00:27:11 / 1629 [11.04]
2701	6662	SŁOTA Bruno	PIASECZNO	ECONS.PL	92		(M)2509	00:56:47	00:52:45	11.37	00:30:41 / 2841 [9.78]
2702	5045	TRZASKOWSKI Marek Cezary	KARCZEW		66	M40/420	(M)2510	00:56:47	00:53:15	11.27	00:30:18 / 2707 [9.90]
2703	3998	PARFIANOWICZ Marcin	WARSZAWA		63	M40/421	(M)2511	00:56:47	00:55:10	10.88	00:28:42 / 2167 [10.45]
2704	1552	ŁAPKIEWICZ Piotr	WARSZAWA		80	M20/691	(M)2512	00:56:47	00:54:39	10.98	00:29:59 / 2609 [10.01]
2705	532	NOWIŃSKI Wojciech	WARSZAWA		56	M50/171	(M)2513	00:56:48	00:54:35	10.99	00:29:25 / 2423 [10.20]
2706	5031	SWIANIEWICZ Paweł	WARSZAWA		61	M40/422	(M)2514	00:56:48	00:54:48	10.95	00:29:21 / 2398 [10.22]
2707	5358	BEDNARSKI Marcin	WARSZAWA	ALETEMPO	77	M30/958	(M)2515	00:56:48	00:52:16	11.48	00:31:50 / 3248 [9.42]
2708	5166	ŻURAWSKI Paweł	NOWY GLINNIK		78	M30/959	(M)2516	00:56:48	00:53:31	11.21	00:30:43 / 2850 [9.77]
2709	5530	GODLEWSKI Artur	KOBYŁKA	JUVEPOLAND-KOBYŁKA	87	M20/692	(M)2517	00:56:49	00:54:40	10.98	00:30:26 / 2754 [9.86]
2710	3733	CHMIELEWSKI Radosław	WARSZAWA		88	M20/693	(M)2518	00:56:49	00:56:38	10.59	00:26:11 / 1298 [11.46]
2711	4180	MACIĄG MARTA	WARSZAWA		81	K20/66	(K)193	00:56:49	00:55:35	10.79	00:30:05 / 2635 [9.97]
2712	3523	KUDLEK Krzysztof	WARSZAWA		72	M30/960	(M)2519	00:56:49	00:55:05	10.89	00:30:11 / 2671 [9.94]
2713	6052	SULEJ Dariusz	ŁUKÓW	BRAK	82	M20/694	(M)2520	00:56:49	00:53:39	11.18	00:30:18 / 2710 [9.90]
2714	1712	BODNAR Mirosław	WARSZAWA		67	M40/423	(M)2521	00:56:50	00:55:19	10.85	00:29:39 / 2486 [10.12]
2715	6686	SIERZPOWSKI tomasz	WARSZAWA		85	M20/695	(M)2522	00:56:50	00:55:03	10.90	00:28:45 / 2185 [10.43]
2716	3139	FARBISZEWSKI Marek	WARSZAWA	KLUB BIEGACZA TP SA	77	M30/961	(M)2523	00:56:50	00:54:16	11.06	00:30:12 / 2680 [9.93]
2717	3670	WOJTAK Dominik	WARSZAWA	URSUS	81	M20/696	(M)2524	00:56:50	00:52:53	11.35	00:30:07 / 2652 [9.96]
2718	1170	WIATR Mirosław	WARSZAWA	SOFTTUTOR	56	M50/172	(M)2525	00:56:50	00:56:14	10.67	00:28:27 / 2070 [10.54]
2719	4618	GALECHAN Tomasz	WARSZAWA		79	M30/962	(M)2526	00:56:50	00:53:36	11.19	00:30:03 / 2632 [9.98]
2720	5364	BERNECKA Bożena	ŁÓDŹ	ŚCIEŻKI BIEGOWE NIKE	61	K40/28	(K)194	00:56:51	00:54:02	11.10	00:31:44 / 3217 [9.45]
2721	4793	ZORSKI Witold	WARSZAWA		77	M30/963	(M)2527	00:56:51	00:54:24	11.03	00:30:37 / 2817 [9.80]
2722	827	MICHALAK Sławomir	GRODZISK MAZOWIECKI	TEAM TECH DATA	77	M30/964	(M)2528	00:56:51	00:54:53	10.93	00:29:43 / 2520 [10.10]
2723	3437	STAWICKI Grzesiek	WARSZAWA		81	M20/697	(M)2529	00:56:51	00:53:30	11.21	00:31:39 / 3191 [9.48]
2724	3172	HANSDORFER Paweł	WARSZAWA	HP RUN	72	M30/965	(M)2530	00:56:52	00:53:53	11.14	00:30:31 / 2780 [9.83]
2725	983	KARPIŃSKI BARTOSZ	WARSZAWA		73	M30/966	(M)2531	00:56:52	00:53:59	11.11	00:30:26 / 2749 [9.86]
2726	921	STACHERA Wiktor	WARSZAWA		95		(M)2532	00:56:52	00:55:07	10.89	00:28:14 / 2000 [10.63]
2727	1962	ROWIŃSKI Tomasz	LEONCIN	BEZ KLUBU	71	M30/967	(M)2533	00:56:52	00:52:29	11.43	00:32:12 / 3393 [9.32]
2728	4673	NOWAK Tomasz	OSTROWIEC ŚW.		77	M30/968	(M)2534	00:56:53	00:55:36	10.79	00:28:02 / 1941 [10.70]
2729	5073	ROGACEWICZ Hubert	WARSZAWA		84	M20/698	(M)2535	00:56:53	00:56:53	10.55	00:33:15 / 3738 [9.02]
2730	2380	STANISZ Piotr	WARSZAWA		86	M20/699	(M)2536	00:56:53	00:53:52	11.14	00:30:08 / 2662 [9.96]
2731	6694	KOŁOMAŃSKI rafał	WARSZAWA		82	M20/700	(M)2537	00:56:53	00:49:46	12.06	00:32:46 / 3549 [9.16]
2732	3243	PROKOPOWICZ Adam	WARSZAWA		83	M20/701	(M)2538	00:56:54	00:53:39	11.18	00:29:56 / 2592 [10.02]
2733	686	SOKOŁOWSKA Katarzyna	SUWAŁKI		84	K20/67	(K)195	00:56:54	00:55:43	10.77	00:30:01 / 2619 [9.99]
2734	4232	WITKOWSKA Monika	WARSZAWA	NIE NALEŻĘ	66	K40/29	(K)196	00:56:54	00:56:16	10.66	00:28:38 / 2135 [10.48]
2735	4896	WOŹNIAK Paweł	WARSZAWA		80	M20/702	(M)2539	00:56:54	00:49:47	12.05	00:32:47 / 3553 [9.15]
2736	4850	KOBUS Sebastian	WARSZAWA		76	M30/969	(M)2540	00:56:54	00:54:59	10.91	00:27:43 / 1832 [10.82]
2737	3382	SKOCZYLAŚ Cezary	BIAŁA PODLASKA		87	M20/703	(M)2541	00:56:54	00:54:28	11.02	00:29:42 / 2515 [10.10]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2738	907	GĘBORYS Małgorzata	TOMASZÓW LUBELSKI		86	K20/68	(K)197	00:56:55	00:55:29	10.81	00:29:18 / 2376 [10.24]
2739	1662	KUPIDURA Tomasz	WARSZAWA		82	M20/704	(M)2542	00:56:55	00:53:43	11.17	00:30:50 / 2882 [9.73]
2740	2849	PRZYBYLAK Jacques	KONSTANCIN-JEZIORNA		58	M50/173	(M)2543	00:56:55	00:54:52	10.94	00:29:52 / 2575 [10.04]
2741	4185	LASKOWSKI Bartłomiej	GARWOLIN		84	M20/705	(M)2544	00:56:55	00:55:42	10.77	00:28:07 / 1961 [10.67]
2742	1625	MICHALAK Jakub	WARSZAWA		85	M20/706	(M)2545	00:56:56	00:54:27	11.02	00:31:31 / 3139 [9.52]
2743	4397	KĄDZIELA Robert	WARSZAWA		66	M40/424	(M)2546	00:56:57	00:54:35	10.99	00:31:09 / 3003 [9.63]
2744	3600	FOGEL PIOTR	KRUPA WÓLKA		68	M40/425	(M)2547	00:56:57	00:55:11	10.87	00:29:16 / 2360 [10.25]
2745	5779	MALOWANIEC Tomasz	PŁOCK		74	M30/970	(M)2548	00:56:57	00:54:21	11.04	00:30:13 / 2687 [9.93]
2746	1774	PIOTROWSKI Tomasz	WARSZAWA		73	M30/971	(M)2549	00:56:57	00:56:14	10.67	00:28:37 / 2123 [10.48]
2747	4592	KLEJMENT Konrad	WARSZAWA		81	M20/707	(M)2550	00:56:57	00:55:44	10.77	00:29:22 / 2403 [10.22]
2748	4472	KOŁODZIEJ Cezary	OTWOCK		82	M20/708	(M)2551	00:56:58	00:52:19	11.47	00:32:30 / 3478 [9.23]
2749	4269	HODOWICZ Tomasz	WARSZAWA		61	M40/426	(M)2552	00:56:59	00:55:35	10.79	00:28:24 / 2046 [10.56]
2750	1951	KORZONKOWSKI Zbigniew	WARSZAWA	ENTRE.PL TEAM	50	M50/174	(M)2553	00:56:59	00:54:10	11.08	00:32:00 / 3326 [9.38]
2751	914	KORZONKOWSKI Tomasz	WARSZAWA	NIE	76	M30/972	(M)2554	00:56:59	00:54:10	11.08	00:32:00 / 3328 [9.38]
2752	3291	ŁACIŃSKI Jaromir	RZWSZÓW		70	M30/973	(M)2555	00:56:59	00:53:20	11.25	00:30:28 / 2764 [9.85]
2753	770	SÓJKA Marcin	WARSZAWA	KB HOLMES PLACE	70	M30/974	(M)2556	00:57:01	00:53:20	11.25	00:32:11 / 3391 [9.32]
2754	4912	BRZEZOWSKA Beata	WARSZAWA		67	K40/30	(K)198	00:57:01	00:55:28	10.82	00:29:24 / 2414 [10.20]
2755	4013	MAJKOWSKI Robert	WARSZAWA		70	M30/975	(M)2557	00:57:01	00:55:17	10.85	00:28:34 / 2103 [10.50]
2756	2019	KOZŁOWSKI Henryk	SZCZECIN		53	M50/175	(M)2558	00:57:02	00:54:13	11.07	00:30:29 / 2768 [9.84]
2757	5200	RZEŹNIK Paweł	WARKA	WARKA	59	M50/176	(M)2559	00:57:02	00:53:03	11.31	00:31:35 / 3164 [9.50]
2758	6624	BACHTA Mirosław	GDYNIA		68	M40/427	(M)2560	00:57:02	00:55:04	10.90	00:30:05 / 2638 [9.97]
2759	4727	JAWORSKA Aleksandra	WARSZAWA		83	K20/69	(K)199	00:57:02	00:54:41	10.97	00:31:01 / 2954 [9.67]
2760	4106	IWASZCZYŹYŃ Sławomir	WARSZAWA	KB HOLMES PLACE	61	M40/428	(M)2561	00:57:03	00:51:31	11.65	00:32:26 / 3459 [9.25]
2761	1351	SZOT Adam	WARSZAWA	ACTION	71	M30/976	(M)2562	00:57:03	00:55:18	10.85	00:28:52 / 2225 [10.39]
2762	1531	NIWIŃSKI Jakub	WARSZAWA		83	M20/709	(M)2563	00:57:04	00:54:05	11.09	00:31:10 / 3006 [9.63]
2763	2085	TYRAKOWSKI Jarosław	WARSZAWA		65	M40/429	(M)2564	00:57:04	00:54:50	10.94	00:29:49 / 2565 [10.06]
2764	851	LATUSZEK Agnieszka	GARWOLIN		70	K30/80	(K)200	00:57:04	00:56:05	10.70	00:28:18 / 2022 [10.60]
2765	3137	RESZCZYK PIOTR	WARSZAWA		77	M30/977	(M)2565	00:57:04	00:53:33	11.20	00:30:42 / 2845 [9.77]
2766	1838	STAŃCZUK Mirosława	WARSZAWA	CARSERVIS	68	K40/31	(K)201	00:57:04	00:57:04	10.51	00:29:44 / 2529 [10.09]
2767	1830	OSTROWSKI Sylwester	MIŃSK MAZOWIECKI		65	M40/430	(M)2566	00:57:05	00:55:19	10.85	00:29:45 / 2539 [10.08]
2768	3939	DROZD Maciej	WARSZAWA		75	M30/978	(M)2567	00:57:05	00:54:20	11.04	00:31:54 / 3281 [9.40]
2769	1788	CIKOWSKA Karolina	WARSZAWA	EMLAB	85	K20/70	(K)202	00:57:05	00:54:19	11.05	00:31:41 / 3201 [9.47]
2770	1837	KRZYSZTOFIAK Krzysztof	WARSZAWA	CARSERVIS	55	M50/177	(M)2568	00:57:05	00:55:19	10.85	00:29:45 / 2536 [10.08]
2771	3450	GROCHOWALSKI Tomasz	WARSZAWA		68	M40/431	(M)2569	00:57:05	00:53:12	11.28	00:32:08 / 3376 [9.34]
2772	5854	NIGOT Sławek	WARSZAWA		75	M30/979	(M)2570	00:57:05	00:52:59	11.32	00:32:13 / 3399 [9.31]
2773	3346	CHOJECKI Jerzy	WARSZAWA		94		(M)2571	00:57:06	00:54:31	11.01	00:31:13 / 3032 [9.61]
2774	341	JUREK Norbert	WARSZAWA	EWJOT@VP.PL	84	M20/710	(M)2572	00:57:06	00:52:28	11.44	00:31:24 / 3098 [9.55]
2775	1707	DOMŻAŁSKI Łukasz	WARSZAWA		78	M30/980	(M)2573	00:57:06	00:54:01	11.11	00:30:53 / 2899 [9.71]
2776	216	SPÓLNIAK Stanisław		CROSS	09		(M)2574	00:57:07	00:54:21	11.04	00:31:19 / 3068 [9.58]
2777	2940	MOJ Marcin	SIEMIANOWICE		87	M20/711	(M)2575	00:57:08	00:56:29	10.62	00:28:13 / 1994 [10.63]
2778	2620	KAŹMIERCZAK Jakub	WARSZAWA	WAT	69	M40/432	(M)2576	00:57:08	00:56:06	10.70	00:29:23 / 2409 [10.21]
2779	5443	CZERSKI Dariusz	WARSZAWA		79	M30/981	(M)2577	00:57:08	00:54:11	11.07	00:31:43 / 3214 [9.46]
2780	2513	NOWICKA Joanna	WARSZAWA		53	K50/6	(K)203	00:57:08	00:53:31	11.21	00:30:33 / 2794 [9.82]
2781	3288	GROŃSKI Jerzy	WARSZAWA		63	M40/433	(M)2578	00:57:08	00:55:08	10.88	00:31:53 / 3271 [9.41]
2782	5531	GODLEWSKI Piotr	KOBYŁKA	KENSEI	90		(M)2579	00:57:08	00:54:59	10.91	00:30:26 / 2755 [9.86]
2783	2261	RUTKOWSKI Jakub	WARSZAWA		87	M20/712	(M)2580	00:57:09	00:55:01	10.91	00:29:54 / 2584 [10.03]
2784	1638	MICHAŁEK Marek	WARSZAWA		64	M40/434	(M)2581	00:57:09	00:57:09	10.50	00:31:15 / 3045 [9.60]
2785	788	ROJDA Tomasz	WARSZAWA		68	M40/435	(M)2582	00:57:09	00:53:39	11.18	00:30:31 / 2781 [9.83]
2786	4003	GZEL Jakub	WARSZAWA		81	M20/713	(M)2583	00:57:09	00:53:06	11.30	00:30:34 / 2806 [9.81]
2787	4720	SŁOWIŃSKA Dominika	WARSZAWA		93		(K)204	00:57:10	00:54:39	10.98	00:31:09 / 3002 [9.63]
2788	3208	BIAŁY Sebastian	WARSZAWA		73	M30/982	(M)2584	00:57:10	00:55:59	10.72	00:28:43 / 2169 [10.45]
2789	1687	JABŁOŃSKI Bartosz	WARSZAWA		80	M20/714	(M)2585	00:57:10	00:53:27	11.23	00:31:44 / 3222 [9.45]
2790	4735	ZAWADA Michał	WARSZAWA		73	M30/983	(M)2586	00:57:10	00:56:23	10.64	00:28:24 / 2047 [10.56]
2791	5256	BAK Krzysiek	ZAŁAWA	BANDAHUJA	86	M20/715	(M)2587	00:57:10	00:53:58	11.12	00:30:23 / 2733 [9.87]
2792	4714	JANIKOWSKA agnieszka	WARSZAWA		76	M30/984	(M)2588	00:57:11	00:57:01	10.52	00:29:18 / 2375 [10.24]
2793	1055	KASPRZAK Bogusław	KARCZEW	DRUŻYNA SZOIKU	58	M50/178	(M)2589	00:57:11	00:53:30	11.21	00:31:23 / 3088 [9.56]
2794	2859	SIWIEC Robert	WARSZAWA	PLIK.PL TEAM	74	M30/985	(M)2590	00:57:11	00:53:43	11.17	00:31:22 / 3085 [9.56]
2795	4010	GAWRYŁO Zbigniew	WARSZAWA	BEMOWSKA GRUPA POŚCIGOWA	68	M40/436	(M)2591	00:57:12	00:56:27	10.63	00:28:55 / 2241 [10.37]
2796	1358	ŚWIERCZ Mariusz	WARSZAWA	ACTION	90		(M)2592	00:57:13	00:55:25	10.83	00:30:05 / 2642 [9.97]
2797	838	TRACZYK Jarosław	WARSZAWA		60	M40/437	(M)2593	00:57:13	00:53:45	11.16	00:31:00 / 2944 [9.68]
2798	2919	LESIUK Piotr	WARSZAWA		73	M30/986	(M)2594	00:57:13	00:54:55	10.93	00:29:38 / 2479 [10.12]
2799	3926	KUTA Michał	WARSZAWA		78	M30/987	(M)2595	00:57:14	00:54:48	10.95	00:31:38 / 3181 [9.48]
2800	250	ZIELIŃSKI Jerzy	WARSZAWA	AZS AWF WARSZAWA	38	M70/2	(M)2596	00:57:14	00:55:49	10.75	00:28:57 / 2254 [10.36]
2801	4634	SZYMAŃSKA Paulina	WARSZAWA	NIE NALEŻĘ DO KLUBU	86	K20/71	(K)205	00:57:14	00:56:00	10.71	00:29:08 / 2311 [10.30]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2802	2680	STANASZEK Daniel	ŁOMIANKI		85	M20/716	(M)2597	00:57:15	00:52:47	11.37	00:33:07 / 3681 [9.06]
2803	3899	MICHAŁOWSKI Andrzej	WARSZAWA		75	M30/988	(M)2598	00:57:15	00:54:40	10.98	00:29:43 / 2524 [10.10]
2804	3387	SKRZYPCZAK Mirosław	WARSZAWA		71	M30/989	(M)2599	00:57:16	00:53:24	11.24	00:31:54 / 3279 [9.40]
2805	4291	TRACZ Jerzy	WARSZAWA		66	M40/438	(M)2600	00:57:16	00:53:22	11.24	00:32:07 / 3369 [9.34]
2806	556	ANDREAS monika	WARSZAWA		69	K40/32	(K)206	00:57:16	00:56:28	10.63	00:29:18 / 2374 [10.24]
2807	5029	IGNACZAK Ludwik	WITONIA	NIEZRZESZONY	54	M50/179	(M)2601	00:57:16	00:55:54	10.73	00:29:44 / 2531 [10.09]
2808	4555	LEWANDOWSKI Adrian	ŚWIDNIK		82	M20/717	(M)2602	00:57:17	00:53:07	11.30	00:31:35 / 3169 [9.50]
2809	4486	CYNGOT Maciek	WARSZAWA		84	M20/718	(M)2603	00:57:17	00:53:30	11.21	00:31:35 / 3165 [9.50]
2810	1468	GALIŃSKI Michał	WARSZAWA		80	M20/719	(M)2604	00:57:17	00:57:17	10.47	00:31:19 / 3067 [9.58]
2811	2040	ZADROŻNY Stanisław	GARWOLIN		41	M60/31	(M)2605	00:57:17	00:56:17	10.66	00:28:50 / 2216 [10.40]
2812	882	NOWAKOWSKI Mariusz	WARSZAWA	POLSKA BIEGA	60	M40/439	(M)2606	00:57:18	00:53:10	11.29	00:31:40 / 3197 [9.47]
2813	437	JUSZKIEWICZ Piotr	WARSZAWA		70	M30/990	(M)2607	00:57:18	00:54:19	11.05	00:31:04 / 2966 [9.66]
2814	5850	NEMETH Balazs	WARSZAWA		81	M20/720	(M)2608	00:57:18	00:52:21	11.46	00:32:13 / 3402 [9.31]
2815	4162	GRYCNER Lukasz	STAROGARD GDĄSKI		83	M20/721	(M)2609	00:57:19	00:55:28	10.82	00:31:09 / 2999 [9.63]
2816	1540	KOKOSZKA Tomasz	WARSZAWA		81	M20/722	(M)2610	00:57:19	00:54:28	11.02	00:30:37 / 2818 [9.80]
2817	2716	SOLUS Teresa	WARSZAWA	10 WARSZAWSKI PUŁK SAMOCHODOWY	09		(K)207	00:57:20	00:54:05	11.09	00:30:54 / 2905 [9.71]
2818	3470	HUPALO Anatol		ULKS JEDLIŃSK	94		(M)2611	00:57:20	00:57:08	10.50	00:30:48 / 2872 [9.74]
2819	2715	WRZASZCZ Artur	PIASECZNO	10 WARSZAWSKI PUŁK SAMOCHODOWY	72	M30/991	(M)2612	00:57:20	00:54:05	11.09	00:30:54 / 2906 [9.71]
2820	5119	BOLEK Małgorzata	BRZÓZA		89	K20/72	(K)208	00:57:20	00:55:23	10.83	00:29:40 / 2500 [10.11]
2821	5118	BIADUŃ Piotr	PULAWY		89	M20/723	(M)2613	00:57:20	00:55:23	10.83	00:29:41 / 2503 [10.11]
2822	2718	ŁOZA Dariusz	DĘBLIN	10 WARSZAWSKI PUŁK SAMOCHODOWY	75	M30/992	(M)2614	00:57:20	00:54:04	11.10	00:30:54 / 2907 [9.71]
2823	1479	ZAREMBA Ryszard	WARSZAWA		53	M50/180	(M)2615	00:57:20	00:54:28	11.02	00:31:39 / 3190 [9.48]
2824	5543	GROCHOWSKI Grzegorz	PIEKARY ŚLĄSKIE	MOSIR PIEKARY ŚLĄSKIE	71	M30/993	(M)2616	00:57:20	00:53:50	11.15	00:31:43 / 3215 [9.46]
2825	1139	LUBIAN Magdalena	OTWOCK		82	K20/73	(K)209	00:57:21	00:54:09	11.08	00:30:58 / 2935 [9.69]
2826	3865	GROMELSKI Paweł	OLSZTYN	CHIANTI RUNNING TEAM	86	M20/724	(M)2617	00:57:21	00:53:53	11.14	00:31:22 / 3084 [9.56]
2827	3863	MARKOWSKI dominik	WARSZAWA	CHIANTI RUNNING TEAM	76	M30/994	(M)2618	00:57:21	00:53:53	11.14	00:31:23 / 3091 [9.56]
2828	1547	ULEWICZ jakub	POZNAŃ	BRAK	67	M40/440	(M)2619	00:57:21	00:52:53	11.35	00:32:47 / 3552 [9.15]
2829	4966	NOWAKOWSKA Magdalena	PIASECZNO		73	K30/81	(K)210	00:57:22	00:54:56	10.92	00:30:50 / 2885 [9.73]
2830	2637	CZAK Jacek	WARSZAWA		88	M20/725	(M)2620	00:57:22	00:55:15	10.86	00:29:11 / 2325 [10.28]
2831	4477	KALASA WOJCIECH	WARSZAWA		78	M30/995	(M)2621	00:57:23	00:55:54	10.73	00:29:13 / 2339 [10.27]
2832	4310	PRZYSUCHA Michał	WARSZAWA		82	M20/726	(M)2622	00:57:23	00:55:15	10.86	00:29:16 / 2362 [10.25]
2833	1232	PIELACHOWSKA BEATA	WARSZAWA		64	K40/33	(K)211	00:57:23	00:56:30	10.62	00:28:54 / 2238 [10.38]
2834	998	SZCZEPAŃCZYK Arkadiusz	WARSZAWA	DB MARATHON TEAM	81	M20/727	(M)2623	00:57:24	00:53:35	11.20	00:31:10 / 3004 [9.63]
2835	3427	OBALSKI Andrzej	WARSZAWA		54	M50/181	(M)2624	00:57:24	00:55:31	10.81	00:29:15 / 2353 [10.26]
2836	2042	ŁESZCZYŃSKI Emil	GRÓJEC		86	M20/728	(M)2625	00:57:24	00:54:32	11.00	00:32:24 / 3450 [9.26]
2837	4887	BENJAMIN bequillard	WARSZAWA		73	M30/996	(M)2626	00:57:24	00:54:41	10.97	00:29:29 / 2441 [10.18]
2838	2041	KWIETNIEWSKI Tomasz	SULEJÓWEK		86	M20/729	(M)2627	00:57:24	00:54:32	11.00	00:32:24 / 3451 [9.26]
2839	3626	CHMAJ Aneta	WARSZAWA		72	K30/82	(K)212	00:57:24	00:54:51	10.94	00:31:11 / 3013 [9.62]
2840	2779	WOJCIECHOWSKI Tomasz		BGK	09		(M)2628	00:57:24	00:54:58	10.92	00:30:30 / 2776 [9.84]
2841	4740	KOLEJ Wioletta	KRAKÓW	VEGE RUNNERS	82	K20/74	(K)213	00:57:25	00:54:22	11.04	00:30:51 / 2887 [9.72]
2842	3212	WIELOCHA Waldemar	WARSZAWA		60	M40/441	(M)2629	00:57:25	00:53:03	11.31	00:31:53 / 3270 [9.41]
2843	2287	WIHAN JANUSZ	MARKI		70	M30/997	(M)2630	00:57:26	00:55:05	10.89	00:31:26 / 3108 [9.54]
2844	3524	ŁABĘDŹ Adam	HALINÓW		88	M20/730	(M)2631	00:57:26	00:53:27	11.23	00:31:37 / 3174 [9.49]
2845	5271	MAZUREK Małgorzata	KOMORÓW		74	K30/83	(K)214	00:57:26	00:52:56	11.34	00:31:54 / 3277 [9.40]
2846	935	MASZEWSKA Agata	WARSZAWA		85	K20/75	(K)215	00:57:26	00:52:39	11.40	00:32:51 / 3575 [9.13]
2847	2339	TOMCZAK Krzysztof	MILANÓWEK		67	M40/442	(M)2632	00:57:26	00:53:13	11.27	00:33:05 / 3660 [9.07]
2848	5425	CHWALIŃSKI Szymon	WARSZAWA		78	M30/998	(M)2633	00:57:26	00:56:31	10.62	00:30:16 / 2699 [9.91]
2849	5811	MILANCEJ Małgosia	ŁÓDŹ	DRUŻYNA SZPIKU	82	K20/76	(K)216	00:57:27	00:53:15	11.27	00:32:20 / 3434 [9.28]
2850	5723	KUHARCZYK Piotr	KIELCE		76	M30/999	(M)2634	00:57:28	00:54:53	10.93	00:29:42 / 2517 [10.10]
2851	3118	GĄGAŁA Przemysław	WARSZAWA		69	M40/443	(M)2635	00:57:28	00:54:04	11.10	00:31:50 / 3244 [9.42]
2852	1218	MUZYKA Barbara	WARSZAWA	KOPYTKO IM 2010	70	K30/84	(K)217	00:57:29	00:53:28	11.22	00:31:55 / 3289 [9.40]
2853	3442	SIKORA Jakub	WARSZAWA		84	M20/731	(M)2636	00:57:29	00:55:06	10.89	00:30:32 / 2785 [9.83]
2854	3775	ROZKRUT RYSZARD	WARSZAWA		57	M50/182	(M)2637	00:57:29	00:55:04	10.90	00:29:44 / 2527 [10.09]
2855	5246	ODOLCZYK joanna	WARSZAWA		65	K40/34	(K)218	00:57:29	00:54:07	11.09	00:30:34 / 2803 [9.81]
2856	2933	KROENKE Barbara	WARSZAWA	KB HOLMES PLACE	51	K50/7	(K)219	00:57:29	00:54:22	11.04	00:31:52 / 3262 [9.41]
2857	3350	CZARNIECKI Kamil	MARKI		79	M30/1000	(M)2638	00:57:29	00:53:06	11.30	00:31:28 / 3117 [9.53]
2858	1787	WRÓBEL Stanisław	WARSZAWA		51	M50/183	(M)2639	00:57:30	00:54:28	11.02	00:31:23 / 3089 [9.56]
2859	3697	CZAJA Piotr	WARSZAWA		76	M30/1001	(M)2640	00:57:30	00:54:32	11.00	00:31:58 / 3318 [9.38]
2860	2325	KRAWCZYK Stanisław	WARSZAWA		58	M50/184	(M)2641	00:57:31	00:55:11	10.87	00:29:45 / 2535 [10.08]
2861	1209	HOFFMANN Mateusz	WARSZAWA		74	M30/1002	(M)2642	00:57:31	00:53:52	11.14	00:31:28 / 3125 [9.53]
2862	2184	KOTOWICZ Mariusz	WARSZAWA		83	M20/732	(M)2643	00:57:31	00:56:55	10.54	00:28:37 / 2126 [10.48]
2863	4531	KAMIENNY Bartłomiej	WARSZAWA		86	M20/733	(M)2644	00:57:32	00:55:18	10.85	00:31:08 / 2993 [9.64]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2864	4155	ADAMIEC Paweł	WARSZAWA		62	M40/444	(M)2645	00:57:32	00:54:24	11.03	00:31:49 / 3239 [9.43]
2865	2094	JEDLIŃSKI Rafał	WARSZAWA		75	M30/1003	(M)2646	00:57:32	00:54:53	10.93	00:28:46 / 2195 [10.43]
2866	754	BANASIAK Piotr	WARSZAWA	REPUBLIKA DZIECI	70	M30/1004	(M)2647	00:57:33	00:55:03	10.90	00:29:39 / 2485 [10.12]
2867	5302	LUCZAK JANUSZ	ŁÓDŹ	AMATOR	68	M40/445	(M)2648	00:57:33	00:56:23	10.64	00:29:06 / 2300 [10.31]
2868	1403	KOWIESKI Adam	WARSZAWA	ACTION	89	M20/734	(M)2649	00:57:33	00:53:16	11.26	00:30:55 / 2910 [9.70]
2869	1238	KOSTANEK Tomasz	RAWA MAZOWIECKA		84	M20/735	(M)2650	00:57:33	00:57:33	10.43	00:29:48 / 2559 [10.07]
2870	4500	SIEMION Don	KONSTANCIN		62	M40/446	(M)2651	00:57:34	00:54:31	11.01	00:31:52 / 3266 [9.41]
2871	1225	NOWAK Wojciech	ŁOWICZ		83	M20/736	(M)2652	00:57:35	00:53:43	11.17	00:30:38 / 2821 [9.79]
2872	832	SUCHARSKI Janusz	WARSZAWA		69	M40/447	(M)2653	00:57:35	00:55:49	10.75	00:30:23 / 2734 [9.87]
2873	2679	DOMAGAŁA Grzegorz	WARSZAWA		85	M20/737	(M)2654	00:57:36	00:53:08	11.29	00:33:07 / 3679 [9.06]
2874	2649	KRAJEWSKI Michał	WARSZAWA		81	M20/738	(M)2655	00:57:36	00:54:00	11.11	00:31:11 / 3011 [9.62]
2875	3522	SZUSTAK Michał	WARSZAWA	MARKETINGSPORTOWY.PL	67	M40/448	(M)2656	00:57:36	00:57:00	10.53	00:29:18 / 2369 [10.24]
2876	1565	OLCZAK Piotr	WARSZAWA		84	M20/739	(M)2657	00:57:36	00:53:35	11.20	00:33:00 / 3628 [9.09]
2877	3449	GROCHOWALSKI Patryk	WARSZAWA		89	M20/740	(M)2658	00:57:36	00:53:42	11.17	00:32:11 / 3388 [9.32]
2878	2921	LESIUK Paweł	PULAWY		82	M20/741	(M)2659	00:57:36	00:55:17	10.85	00:29:08 / 2310 [10.30]
2879	5299	ŁUŃSKA Regina	MRAOWO		56	K50/8	(K)220	00:57:36	00:56:22	10.64	00:29:21 / 2395 [10.22]
2880	1382	OLENDER Paweł	WARSZAWA	ACTION	79	M30/1005	(M)2660	00:57:37	00:56:04	10.70	00:29:03 / 2286 [10.33]
2881	3609	SHIMUTA GO	WARSZAWA		74	M30/1006	(M)2661	00:57:37	00:56:09	10.69	00:28:42 / 2164 [10.45]
2882	2374	BORTNIK Marek	WARSZAWA		61	M40/449	(M)2662	00:57:37	00:54:49	10.95	00:30:42 / 2844 [9.77]
2883	771	SÓJKA Małgosia	WARSZAWA	KB HOLMES PLACE	75	K30/85	(K)221	00:57:38	00:53:57	11.12	00:32:11 / 3390 [9.32]
2884	1854	BUENO Paul	WARSAW		74	M30/1007	(M)2663	00:57:38	00:54:30	11.01	00:30:49 / 2878 [9.73]
2885	1180	KAPRZYK grzegorz	WARSZAWA		74	M30/1008	(M)2664	00:57:38	00:55:37	10.79	00:29:18 / 2372 [10.24]
2886	2597	DOMAŃSKI Filip	WARSZAWA		79	M30/1009	(M)2665	00:57:38	00:53:05	11.30	00:32:07 / 3371 [9.34]
2887	768	WIT Bartłomiej	WARSZAWA		74	M30/1010	(M)2666	00:57:39	00:54:37	10.99	00:30:43 / 2847 [9.77]
2888	4488	MIRECKI Wojciech	WARSZAWA		61	M40/450	(M)2667	00:57:39	00:53:20	11.25	00:30:26 / 2750 [9.86]
2889	3743	ANDRZEJUK robert	WROCLAW		75	M30/1011	(M)2668	00:57:39	00:54:07	11.09	00:30:35 / 2810 [9.81]
2890	3451	WÓJCIK Piotr	WARSZAWA		89	M20/742	(M)2669	00:57:39	00:53:45	11.16	00:32:10 / 3384 [9.33]
2891	858	PASEK Zbigniew	WARSZAWA		63	M40/451	(M)2670	00:57:39	00:56:12	10.68	00:29:25 / 2421 [10.20]
2892	2387	MOTYLEWSKI Tomasz	WARSZAWA		84	M20/743	(M)2671	00:57:39	00:52:58	11.33	00:32:39 / 3525 [9.19]
2893	1567	SZYMAŃSKI Grzegorz	WARSZAWA		81	M20/744	(M)2672	00:57:40	00:54:28	11.02	00:30:56 / 2919 [9.70]
2894	2363	PABIN Ada	WARSZAWA	MKS POLONIA	95	(K)222		00:57:41	00:55:29	10.81	00:29:34 / 2460 [10.15]
2895	3879	GAWLAK Maciej	WARSZAWA		72	M30/1012	(M)2673	00:57:41	00:53:57	11.12	00:31:57 / 3309 [9.39]
2896	4309	WOJTKIEWICZ Przemek	WARSZAWA	SPORT 21	65	M40/452	(M)2674	00:57:41	00:53:25	11.23	00:31:27 / 3115 [9.54]
2897	1434	SIP Tomasz	WARSZAWA	ACTION	83	M20/745	(M)2675	00:57:42	00:57:05	10.51	00:29:43 / 2518 [10.10]
2898	3668	STANIAK Tomasz	WARSZAWA	URSUS	79	M30/1013	(M)2676	00:57:42	00:53:16	11.26	00:31:30 / 3138 [9.52]
2899	4738	BLĄŻEJCZYK Damian	GARWOLIN		78	M30/1014	(M)2677	00:57:42	00:54:44	10.96	00:30:28 / 2766 [9.85]
2900	2317	PROKOPIAK PIOTR	WARSZAWA		79	M30/1015	(M)2678	00:57:43	00:54:45	10.96	00:30:28 / 2765 [9.85]
2901	5686	KOSSAKOWSKI Grzegorz	WARSZAWA		87	M20/746	(M)2679	00:57:43	00:56:29	10.62	00:29:09 / 2317 [10.29]
2902	1260	WILK Katarzyna	KONSTANCIN -		64	K40/35	(K)223	00:57:43	00:53:32	11.21	00:31:25 / 3104 [9.55]
2903	2521	PIKORA Marta	WOLOMIN		87	K20/77	(K)224	00:57:44	00:56:10	10.68	00:30:08 / 2658 [9.96]
2904	1658	JESINOWICZ Sebastian	WARSZAWA		90	(M)2680		00:57:44	00:53:22	11.24	00:34:09 / 3996 [8.78]
2905	4842	CHELMICKA MAGDALENA	SKIERNIEWICE		71	K30/86	(K)225	00:57:46	00:53:48	11.15	00:31:56 / 3297 [9.39]
2906	2319	KALINOWSKI Zenon	WOLOMIN		68	M40/453	(M)2681	00:57:46	00:55:39	10.78	00:29:41 / 2510 [10.11]
2907	4595	ANTOSIEWICZ Izabela	WARSZAWA	KOBIECY TEAM BIEGOWY	72	K30/87	(K)226	00:57:46	00:54:09	11.08	00:32:08 / 3375 [9.34]
2908	544	SZATRAJ Stanisław	NOWY DWÓR		55	M50/185	(M)2682	00:57:46	00:54:12	11.07	00:31:21 / 3077 [9.57]
2909	6031	STĘPCZYŃSKI JERZY	OSTRÓW MAZOWIECKA	NIE NALEŻY	47	M60/32	(M)2683	00:57:46	00:57:44	10.39	00:29:20 / 2385 [10.23]
2910	6602	JUCHNIEWICZ Stanisław	OSTRÓŁĘKA		52	M50/186	(M)2684	00:57:47	00:55:01	10.91	00:31:15 / 3044 [9.60]
2911	4716	MARGULA Jacek	WARSZAWA		70	M30/1016	(M)2685	00:57:48	00:54:36	10.99	00:32:02 / 3340 [9.37]
2912	1102	HAŃCZEWSKI Witold	WARSZAWA		48	M60/33	(M)2686	00:57:48	00:55:39	10.78	00:30:04 / 2634 [9.98]
2913	1967	KIELAK Marcin	WARSZAWA		85	M20/747	(M)2687	00:57:48	00:56:48	10.56	00:29:32 / 2451 [10.16]
2914	986	ANTCZAK Jan		DB MARATHON TEAM	76	M30/1017	(M)2688	00:57:48	00:55:05	10.89	00:29:27 / 2431 [10.19]
2915	4724	SZNAGE Dominik	WARSZAWA		81	M20/748	(M)2689	00:57:49	00:57:49	10.38	00:31:00 / 2950 [9.68]
2916	828	GLINKA Michał	WARSZAWA		78	M30/1018	(M)2690	00:57:49	00:55:51	10.74	00:29:54 / 2586 [10.03]
2917	5311	ŚWIERZYŃSKI Tomasz	WARSZAWA	GEMS	84	M20/749	(M)2691	00:57:49	00:54:51	10.94	00:31:58 / 3315 [9.38]
2918	1800	ROGAŁA Monika	BOROWIE		71	K30/88	(K)227	00:57:49	00:56:50	10.56	00:28:25 / 2055 [10.56]
2919	3830	SZYPUŁA Jacek	WARSZAWA		70	M30/1019	(M)2692	00:57:50	00:53:19	11.25	00:33:05 / 3663 [9.07]
2920	2465	JEDLIŃSKI Bartłomiej	WARSZAWA		83	M20/750	(M)2693	00:57:50	00:55:14	10.86	00:32:14 / 3408 [9.31]
2921	6333	WOJCIECHOWSKI Marek	WARSZAWA		81	M20/751	(M)2694	00:57:51	00:57:09	10.50	00:27:46 / 1850 [10.80]
2922	5402	BUCHWALD Piotr Bronisław	WARSZAWA	KS BUKKAKKA	80	M20/752	(M)2695	00:57:51	00:54:10	11.08	00:32:06 / 3361 [9.35]
2923	4691	ROSA LESZEK	TLUSZCZ		59	M50/187	(M)2696	00:57:51	00:55:22	10.84	00:29:47 / 2556 [10.07]
2924	3641	KALINOWSKI Michał	WARSZAWA		80	M20/753	(M)2697	00:57:51	00:56:03	10.70	00:28:47 / 2197 [10.42]
2925	5251	MAZEPA Krzysztof	WARSZAWA		72	M30/1020	(M)2698	00:57:51	00:56:57	10.54	00:28:44 / 2174 [10.44]
2926	2323	WNUK MACIEJ	ZĄBKI		80	M20/754	(M)2699	00:57:51	00:54:59	10.91	00:30:34 / 2799 [9.81]
2927	4245	PIESTRZENIEWICZ Marcin	WARSZAWA		76	M30/1021	(M)2700	00:57:51	00:54:42	10.97	00:30:59 / 2940 [9.68]
2928	6574	KOZAR Kuba	Łajski	CISCO	99	(M)2701		00:57:51	00:56:13	10.67	00:30:57 / 2923 [9.69]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2929	3122	STOKOWSKI Michał	WARSZAWA		91		(M)2702	00:57:52	00:55:11	10.87	00:32:34 / 3502 [9.21]
2930	1036	ORDOŃSKA Sandra	N.DWÓR MAZ.	JOGGER	95		(K)228	00:57:52	00:57:18	10.47	00:28:15 / 2003 [10.62]
2931	4205	RACHWOL Jakub	ŁÓDŹ		81	M20/755	(M)2703	00:57:52	00:54:48	10.95	00:33:02 / 3634 [9.08]
2932	4123	WOŹNIAK Janusz	WARSZAWA		71	M30/1022	(M)2704	00:57:52	00:53:47	11.16	00:31:38 / 3185 [9.48]
2933	4511	CHMIELEWSKI Kamil	WARSZAWA	BIEGAM SAM	90		(M)2705	00:57:52	00:57:40	10.40	00:27:25 / 1700 [10.94]
2934	2831	INEKSIĄK Zbigniew	WARSZAWA-WESOLA		68	M40/454	(M)2706	00:57:53	00:57:53	10.37	00:29:48 / 2564 [10.07]
2935	4052	MICHALCZYK Marta	WARSZAWA	NIE	77	K30/89	(K)229	00:57:53	00:55:47	10.76	00:30:18 / 2709 [9.90]
2936	133	OSTASZEWSKA Anna	PRUSZKÓW		81	K20/78	(K)230	00:57:53	00:55:00	10.91	00:31:33 / 3152 [9.51]
2937	3858	MIKUSEK Łukasz	RYKI		84	M20/756	(M)2707	00:57:53	00:54:00	11.11	00:32:25 / 3453 [9.25]
2938	6575	ZAWODNIK DO UZUP					(M)2708	00:57:54	00:56:16	10.66	00:30:58 / 2932 [9.69]
2939	5394	BOROWSKA Gabrysia	ŁÓDŹ		82	K20/79	(K)231	00:57:54	00:54:37	10.99	00:31:33 / 3150 [9.51]
2940	667	ŻUK Marcin	PIASECZNO		74	M30/1023	(M)2709	00:57:54	00:56:21	10.65	00:28:44 / 2176 [10.44]
2941	6573	KOZAR Tomasz	Łajski	CISCO	69	M40/455	(M)2710	00:57:54	00:56:16	10.66	00:30:58 / 2934 [9.69]
2942	2288	GORSIAK Edward	WARSZAWA		59	M50/188	(M)2711	00:57:54	00:54:18	11.05	00:30:56 / 2918 [9.70]
2943	6320	WISIŃSKI MACIEJ	STANISŁAWÓW		60	M40/456	(M)2712	00:57:55	00:54:35	10.99	00:31:22 / 3087 [9.56]
2944	2681	MIBSZ Andrzej	WARSZAWA		54	M50/189	(M)2713	00:57:55	00:57:33	10.43	00:28:46 / 2187 [10.43]
2945	549	ZIELIŃSKA Maria	WARSZAWA		85	K20/80	(K)232	00:57:56	00:55:11	10.87	00:31:21 / 3080 [9.57]
2946	2578	ŁUCZAK Dariusz	WARSZAWA		72	M30/1024	(M)2714	00:57:56	00:56:42	10.58	00:28:45 / 2180 [10.43]
2947	3003	JANOWICZ Jacek	WARSZAWA	MSIT	69	M40/457	(M)2715	00:57:56	00:57:51	10.37	00:28:49 / 2215 [10.41]
2948	834	STRĄCZEK Wojciech	WARSZAWA		70	M30/1025	(M)2716	00:57:56	00:54:34	11.00	00:31:37 / 3176 [9.49]
2949	403	DURKA Anna	WARSZAWA		68	K40/36	(K)233	00:57:56	00:54:13	11.07	00:32:13 / 3401 [9.31]
2950	6627	ŁOMŻA JAROSŁAW	RADOM		84	M20/757	(M)2717	00:57:56	00:55:00	10.91	00:29:46 / 2547 [10.08]
2951	805	BUCZEK Piotr	WARSZAWA		77	M30/1026	(M)2718	00:57:56	00:54:27	11.02	00:31:55 / 3288 [9.40]
2952	2793	BILIŃSKI Piotr	WARSZAWA	NIEZRZESZONY	95		(M)2719	00:57:57	00:55:37	10.79	00:32:04 / 3349 [9.36]
2953	2792	BILIŃSKI Tomasz	WARSZAWA	NIEZRZESZONY	63	M40/458	(M)2720	00:57:57	00:54:24	11.03	00:32:04 / 3350 [9.36]
2954	103	DZIOBKOWSKA Małgorzata	WARSZAWA		69	K40/37	(K)234	00:57:57	00:53:18	11.26	00:32:12 / 3394 [9.32]
2955	6677	ZAWODNIK DO UZUP					(M)2721	00:57:57	00:55:25	10.83	00:30:36 / 2815 [9.80]
2956	2114	BORKOWSKI Krzysztof	WARSZAWA		64	M40/459	(M)2722	00:57:58	00:54:38	10.98	00:31:00 / 2952 [9.68]
2957	2170	WYRZYKOWSKI Marek	WARSZAWA		74	M30/1027	(M)2723	00:57:58	00:55:26	10.82	00:30:37 / 2919 [9.80]
2958	2998	STĘPŃIAK Michał	ZAMOŚĆ		88	M20/758	(M)2724	00:57:58	00:54:07	11.09	00:32:50 / 3568 [9.14]
2959	1720	NAKONIECZNY Adam	WARSZAWA	-	76	M30/1028	(M)2725	00:57:58	00:53:48	11.15	00:31:36 / 3170 [9.49]
2960	1077	ĆWIEK Jarosław	WARSZAWA		67	M40/460	(M)2726	00:57:58	00:54:31	11.01	00:31:32 / 3148 [9.51]
2961	1828	RUTKOWSKI Rafał	PIASECZNO		75	M30/1029	(M)2727	00:57:58	00:54:38	10.98	00:31:42 / 3210 [9.46]
2962	3150	RASIAK Adam	WARSZAWA	WAT WARSZAWA	87	M20/759	(M)2728	00:57:59	00:54:25	11.03	00:32:51 / 3578 [9.13]
2963	3671	KARCZEWSKI Maciej	WARSZAWA	URSUS	85	M20/760	(M)2729	00:57:59	00:54:02	11.10	00:32:18 / 3424 [9.29]
2964	3147	RUP Adam	WARSZAWA		88	M20/761	(M)2730	00:57:59	00:54:07	11.09	00:32:51 / 3579 [9.13]
2965	6661	ZAWODNIK DO UZUP					(M)2731	00:58:00	00:56:44	10.58	00:28:47 / 2202 [10.42]
2966	4337	WRÓBLEWSKI Piotr	WARSZAWA		73	M30/1030	(M)2732	00:58:00	00:57:10	10.50	00:30:13 / 2686 [9.93]
2967	6307	WIĘCKOWSKI Jarosław	WARKA		70	M30/1031	(M)2733	00:58:00	00:56:17	10.66	00:29:23 / 2407 [10.21]
2968	4358	ZAMELEK Paulina	WARSZAWA	-	77	K30/90	(K)235	00:58:01	00:55:16	10.86	00:31:04 / 2968 [9.66]
2969	3383	SKOCZYŁAS Jan	WOLA GAŁĘZOWSKA		56	M50/190	(M)2734	00:58:01	00:55:39	10.78	00:29:46 / 2545 [10.08]
2970	6153	KRASIŃSKI Dariusz	WARSZAWA		72	M30/1032	(M)2735	00:58:02	00:54:53	10.93	00:31:33 / 3155 [9.51]
2971	3290	BOGUSZ Marek	WARSZAWA		66	M40/461	(M)2736	00:58:02	00:54:55	10.93	00:31:52 / 3264 [9.41]
2972	498	REMBERK Michał	WARSZAWA	WARSZAWSKI ŻÓŁWIK	71	M30/1033	(M)2737	00:58:03	00:54:01	11.11	00:32:06 / 3360 [9.35]
2973	3010	LIEPPE Christophe			77	M30/1034	(M)2738	00:58:03	00:57:58	10.35	00:27:31 / 1752 [10.90]
2974	4108	MAŃKOWSKI Witold	WARSZAWA		49	M60/34	(M)2739	00:58:03	00:55:22	10.84	00:30:33 / 2796 [9.82]
2975	3066	STASIEWICZ Leoncjusz	HAJNÓWKA		39	M70/3	(M)2740	00:58:04	00:56:56	10.54	00:30:11 / 2672 [9.94]
2976	6005	SIERADZKI Łukasz	MIASTKÓW KOŚCIELNY		94		(M)2741	00:58:04	00:55:40	10.78	00:31:13 / 3025 [9.61]
2977	4153	GAŚOWSKI MICHAŁ	WARSZAWA	GN 40	94		(M)2742	00:58:04	00:55:42	10.77	00:30:40 / 2836 [9.78]
2978	2188	KULESZA Piotr	WARSZAWA		83	M20/762	(M)2743	00:58:04	00:52:13	11.49	00:33:48 / 3906 [8.88]
2979	4751	ORZECHOWSKI Cezary	ŁOMIANKI		64	M40/462	(M)2744	00:58:05	00:57:34	10.42	00:28:35 / 2111 [10.50]
2980	3735	MACIEJEWICZ Paweł	WARSZAWA		85	M20/763	(M)2745	00:58:06	00:56:09	10.69	00:30:46 / 2865 [9.75]
2981	3110	ROMAŃSKI Karol	LEGIONOWO	KB PIMAR LEGIONOWO	86	M20/764	(M)2746	00:58:06	00:54:38	10.98	00:31:58 / 3311 [9.38]
2982	3446	MARCINKOWSKI Rafał	DROBIN		90		(M)2747	00:58:06	00:54:05	11.09	00:30:52 / 2891 [9.72]
2983	5823	MISZTAK Piotr		IT4I	83	M20/765	(M)2748	00:58:06	00:55:15	10.86	00:30:22 / 2729 [9.88]
2984	4969	WĘGLIŃSKI Jacek	WARSZAWA		65	M40/463	(M)2749	00:58:06	00:52:50	11.36	00:31:58 / 3313 [9.38]
2985	466	KARŁOWICZ Anna	WARSZAWA		53	K50/9	(K)236	00:58:07	00:54:18	11.05	00:31:43 / 3213 [9.46]
2986	5767	MACIOLEK Szymon	SIEDLCE	KSS "EKONOMIK" SIEDLCE	79	M30/1035	(M)2750	00:58:07	00:56:10	10.68	00:32:30 / 3479 [9.23]
2987	3447	GRABOWSKI Grzegorz	NARUSZEWO		90		(M)2751	00:58:07	00:54:05	11.09	00:30:52 / 2892 [9.72]
2988	2445	PIONK Andrzej	WARSZAWA		49	M60/35	(M)2752	00:58:07	00:54:44	10.96	00:31:32 / 3146 [9.51]
2989	4199	SARZYŃSKI Marcin	RYCZYDÓŁ	WAT WARSZAWA	85	M20/766	(M)2753	00:58:07	00:54:52	10.94	00:31:40 / 3199 [9.47]
2990	5052	GUZEK kamil	RZESZÓW		77	M30/1036	(M)2754	00:58:07	00:54:47	10.95	00:30:59 / 2942 [9.68]
2991	4048	JEDNACZ Kazimierz	OTWOCK		82	M20/767	(M)2755	00:58:07	00:53:25	11.23	00:33:12 / 3722 [9.04]
2992	2226	WOLSZCZAK Ewelina	WARSZAWA		83	K20/81	(K)237	00:58:08	00:57:33	10.43	00:29:11 / 2327 [10.28]
2993	387	BANAŚ Piotr	WARSZAWA		73	M30/1037	(M)2756	00:58:08	00:56:22	10.64	00:30:45 / 2858 [9.76]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
2994	4495	MACIASZEK Wojciech	KONSTANCIN		74	M30/1038	(M)2757	00:58:08	00:53:58	11.12	00:32:29 / 3473 [9.24]
2995	2830	KOWALSKI Krzysztof	PIASECZNO		73	M30/1039	(M)2758	00:58:08	00:54:14	11.06	00:33:17 / 3745 [9.01]
2996	3465	CHLEBOWSKI Jerzy	WARSZAWA	-	68	M40/464	(M)2759	00:58:09	00:56:43	10.58	00:31:17 / 3054 [9.59]
2997	4319	GADZINOWSKI Piotr	WARSZAWA		84	M20/768	(M)2760	00:58:09	00:53:45	11.16	00:32:38 / 3521 [9.19]
2998	2804	DEMIDOWSKA Alina	PSZCZYNA	BANK AMRO	86	K20/82	(K)238	00:58:10	00:55:19	10.85	00:29:52 / 2574 [10.04]
2999	2996	CZYŻEWSKI LESZEK	WARSZAWA		75	M30/1040	(M)2761	00:58:10	00:55:00	10.91	00:31:07 / 2987 [9.64]
3000	3529	BURY Piotr	PRUSZKÓW		79	M30/1041	(M)2762	00:58:10	00:55:00	10.91	00:31:08 / 2994 [9.64]
3001	4042	GRZYBOWSKI Piotr	JÓZEFÓW		69	M40/465	(M)2763	00:58:10	00:55:50	10.75	00:30:14 / 2691 [9.92]
3002	1912	OSIADACZ Mateusz	WARSZAWA		83	M20/769	(M)2764	00:58:11	00:53:04	11.31	00:32:36 / 3510 [9.20]
3003	1296	ROSTKOWSKI Łukasz	WARSZAWA		85	M20/770	(M)2765	00:58:11	00:55:11	10.87	00:31:31 / 3141 [9.52]
3004	2146	PONCZYŃSKI Paweł	WARSZAWA		74	M30/1042	(M)2766	00:58:11	00:54:39	10.98	00:31:47 / 3233 [9.44]
3005	3928	BRZEZIŃSKI Artur	WARSZAWA	CARGILL	76	M30/1043	(M)2767	00:58:11	00:55:45	10.76	00:31:22 / 3083 [9.56]
3006	5315	ADAMCZYK Tomasz	SOSNOWIEC		82	M20/771	(M)2768	00:58:13	00:54:58	10.92	00:30:16 / 2700 [9.91]
3007	5916	PIETRASZEWSKI Eryk	WARSZAWA		72	M30/1044	(M)2769	00:58:13	00:55:33	10.80	00:30:34 / 2804 [9.81]
3008	4438	PIOTRAK Jarosław	WARSZAWA		72	M30/1045	(M)2770	00:58:13	00:56:45	10.57	00:27:21 / 1683 [10.97]
3009	2979	KŁOSIŃSKI Adam	OSTRÓW MAZOWIECKA		93		(M)2771	00:58:14	00:54:16	11.06	00:32:16 / 3417 [9.30]
3010	1976	KOZŁOWSKI Artur	WARSZAWA		71	M30/1046	(M)2772	00:58:14	00:53:52	11.14	00:32:18 / 3425 [9.29]
3011	4389	GLAZA Łukasz	SOPOT		82	M20/772	(M)2773	00:58:14	00:55:15	10.86	00:31:34 / 3161 [9.50]
3012	4487	KUCHARSKI dariusz	WARSZAWA		78	M30/1047	(M)2774	00:58:15	00:55:31	10.81	00:30:43 / 2849 [9.77]
3013	4396	SZYBOWSKI Sławek	WARSZAWA		74	M30/1048	(M)2775	00:58:15	00:54:43	10.97	00:31:23 / 3090 [9.56]
3014	2135	KOSTRZON Maciej	WARSZAWA	WOLNY BIEGACZ	72	M30/1049	(M)2776	00:58:15	00:54:57	10.92	00:30:47 / 2868 [9.75]
3015	2760	RYBCZYŃSKI Damian	CIECHANÓW		93		(M)2777	00:58:15	00:53:51	11.14	00:33:12 / 3716 [9.04]
3016	4839	PODBIELSKI Radosław	WARSZAWA	KB CASTELLANUS	82	M20/773	(M)2778	00:58:15	00:56:06	10.70	00:30:39 / 2828 [9.79]
3017	3915	SZATKIEWICZ Lucjan	WARSZAWA WESOLA	RAMM	97		(M)2779	00:58:15	00:56:04	10.70	00:31:00 / 2948 [9.68]
3018	2942	ŚMIGIERA Adam	WARSZAWA	GRUBASY.PL	73	M30/1050	(M)2780	00:58:15	00:51:51	11.57	00:33:30 / 3812 [8.96]
3019	2438	BARAŃSKI Jakub	KLAUDYN		90		(M)2781	00:58:16	00:55:49	10.75	00:31:14 / 3037 [9.61]
3020	4508	WILCZYŃSKI Dariusz	PULTUSK	TEAM CENTURION	78	M30/1051	(M)2782	00:58:17	00:56:22	10.64	00:31:19 / 3065 [9.58]
3021	3978	JABLONOWSKI Krzysztof	WARSZAWA		67	M40/466	(M)2783	00:58:17	00:54:55	10.93	00:32:16 / 3422 [9.30]
3022	2747	LEŚNIAK Filip	HALINÓW	NIEZRZESZONY	91		(M)2784	00:58:17	00:55:02	10.90	00:30:51 / 2889 [9.72]
3023	6650	CIUBAK Eugeniusz	WYSZKÓW		60	M40/467	(M)2785	00:58:17	00:55:05	10.89	00:31:59 / 3319 [9.38]
3024	949	KLUCZEK Karol	WARSZAWA		79	M30/1052	(M)2786	00:58:17	00:53:49	11.15	00:32:41 / 3533 [9.18]
3025	2968	STOKOWSKI Michał	ŁÓDŹ	KB ARTYRÓWEK	85	M20/774	(M)2787	00:58:18	00:55:53	10.74	00:29:43 / 2526 [10.10]
3026	482	PIETRYSZYN Wojciech	WARSZAWA		91		(M)2788	00:58:18	00:53:35	11.20	00:33:31 / 3821 [8.95]
3027	6692	SZYMCZAK andrzej	WARSZAWA		58	M50/191	(M)2789	00:58:19	00:52:59	11.32	00:33:21 / 3763 [9.00]
3028	1514	FILIPSKI Tomasz	CIECHANÓW		67	M40/468	(M)2790	00:58:19	00:56:51	10.55	00:29:29 / 2440 [10.18]
3029	2761	SKOWROŃSKA Dorota	PRZASNYSZ		58	K50/10	(K)239	00:58:19	00:53:55	11.13	00:33:11 / 3713 [9.04]
3030	89	WIŚNIEWSKA Karolina			09		(K)240	00:58:19	00:55:58	10.72	00:31:01 / 2953 [9.67]
3031	1121	RYCHLEWSKI Michał	ZDUŃSKA WOLA		73	M30/1053	(M)2791	00:58:19	00:54:42	10.97	00:31:14 / 3033 [9.61]
3032	2929	KOWALSKA AGNIESZKA	WARSZAWA		77	K30/91	(K)241	00:58:19	00:58:13	10.31	00:28:12 / 1988 [10.64]
3033	4065	BIESZYŃSKI Bartosz	ŁOMIANKI		84	M20/775	(M)2792	00:58:19	00:55:29	10.81	00:32:59 / 3619 [9.10]
3034	1840	ROMANIUK Joanna	WARSZAWA		82	K20/83	(K)242	00:58:20	00:56:43	10.58	00:29:45 / 2541 [10.08]
3035	6375	ZAPARUCHA Andrzej	PIASECZNO		71	M30/1054	(M)2793	00:58:20	00:54:58	10.92	00:32:25 / 3458 [9.25]
3036	1444	GREGORCZYK Monika	WARSZAWA	ACTION	76	K30/92	(K)243	00:58:21	00:56:58	10.53	00:29:14 / 2351 [10.26]
3037	4843	WOSIK Przemysław	LUBOŃ		76	M30/1055	(M)2794	00:58:21	00:58:21	10.28	00:31:56 / 3293 [9.39]
3038	4126	KAJAK Mirosław	GARWOLIN	K JAK KLUB BIEGACZA	58	M50/192	(M)2795	00:58:22	00:57:11	10.49	00:30:00 / 2612 [10.00]
3039	1324	KOŁODZIEJCZYK Mariusz	WARSZAWA	ACTION	76	M30/1056	(M)2796	00:58:22	00:57:31	10.43	00:27:55 / 1899 [10.75]
3040	3539	GRZELAK Joanna	WARSZAWA	BRAK	81	K20/84	(K)244	00:58:22	00:53:08	11.29	00:33:09 / 3697 [9.05]
3041	2762	RYBCZYŃSKI Krzysztof	WARSZAWA		85	M20/776	(M)2797	00:58:22	00:53:58	11.12	00:33:12 / 3720 [9.04]
3042	4305	BOCHNIAK Aureliusz	WARSZAWA	ERA RUNNING TEAM	78	M30/1057	(M)2798	00:58:22	00:56:32	10.61	00:29:39 / 2491 [10.12]
3043	1481	KUNIKOWSKI RADEK	JOZEFOW		94		(M)2799	00:58:23	00:55:34	10.80	00:30:32 / 2786 [9.83]
3044	982	RACZYŃSKI Łukasz	WARSZAWA		82	M20/777	(M)2800	00:58:23	00:56:17	10.66	00:31:02 / 2959 [9.67]
3045	1298	OSIAK Paweł	WARSZAWA		77	M30/1058	(M)2801	00:58:24	00:56:36	10.60	00:30:22 / 2731 [9.88]
3046	5538	GRABOWSKI Paweł	ŁÓDŹ		83	M20/778	(M)2802	00:58:24	00:54:47	10.95	00:31:55 / 3284 [9.40]
3047	4125	KAJAK Daniel	GARWOLIN	K JAK KLUB BIEGACZA	90		(M)2803	00:58:24	00:57:13	10.49	00:30:02 / 2625 [9.99]
3048	3429	SZYMCZYK Jacek	WARSZAWA		81	M20/779	(M)2804	00:58:24	00:58:05	10.33	00:28:51 / 2224 [10.40]
3049	1010	SZEFER Michał	PŁOCK	DE LAGE LANDEN	72	M30/1059	(M)2805	00:58:24	00:56:03	10.70	00:31:47 / 3234 [9.44]
3050	447	BIESZYŃSKA Anna	ŁOMIANKI		60	K40/38	(K)245	00:58:25	00:55:35	10.79	00:32:59 / 3620 [9.10]
3051	4086	CWALINA Karol	WARSZAWA		83	M20/780	(M)2806	00:58:25	00:54:34	11.00	00:31:33 / 3156 [9.51]
3052	2964	JASIŃSKA Magdalena	WARSZAWA		74	K30/93	(K)246	00:58:25	00:56:01	10.71	00:30:58 / 2928 [9.69]
3053	3507	SZCZEPAŃSKI Bogusław	WARSZAWA		45	M60/36	(M)2807	00:58:26	00:55:09	10.88	00:32:05 / 3354 [9.35]
3054	2839	WÓJTOWICZ Robert	PIASECZNO		72	M30/1060	(M)2808	00:58:26	00:54:20	11.04	00:33:03 / 3643 [9.08]
3055	4385	WOJEWODA Michał	WARSZAWA		74	M30/1061	(M)2809	00:58:26	00:54:20	11.04	00:33:03 / 3642 [9.08]
3056	912	RAJEWSKI Robert	WARSZAWA	HEIMUR	83	M20/781	(M)2810	00:58:27	00:57:41	10.40	00:27:59 / 1921 [10.72]
3057	162	KATARZYŃSKI artur			09		(M)2811	00:58:27	00:57:07	10.50	00:30:09 / 2665 [9.95]
3058	4338	LEPERT Jarosław	PULTUSK		76	M30/1062	(M)2812	00:58:27	00:54:55	10.93	00:31:55 / 3287 [9.40]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3059	5591	JAKACKA Tatiana	ŁÓDŹ	ŚCIEŻKI BIEGOWE NIKE	76	K30/94	(K)247	00:58:27	00:55:39	10.78	00:31:44 / 3216 [9.45]
3060	4433	CHOYNOWSKA Małgorzata	ŁOMIANKI		68	K40/39	(K)248	00:58:27	00:55:58	10.72	00:31:40 / 3195 [9.47]
3061	981	TERCZYŃSKI Paweł	WARSZAWA		73	M30/1063	(M)2813	00:58:27	00:55:06	10.89	00:31:49 / 3242 [9.43]
3062	913	SIPORSKI Michał	WARSZAWA	HEIMUR	83	M20/782	(M)2814	00:58:28	00:57:42	10.40	00:27:59 / 1924 [10.72]
3063	1192	RUDZIŃSKI Andrzej	MARKI		65	M40/469	(M)2815	00:58:28	00:57:56	10.36	00:28:27 / 2067 [10.54]
3064	2321	FRASUNKIEWICZ Robert	WOŁOMIN		71	M30/1064	(M)2816	00:58:28	00:56:21	10.65	00:33:27 / 3789 [8.97]
3065	3051	MERCŃ Agata		STRAŻ MIEJSKA	09		(M)2817	00:58:28	00:55:02	10.90	00:31:32 / 3144 [9.51]
3066	3819	DOŁĘGA Hubert	WARSZAWA		77	M30/1065	(M)2818	00:58:28	00:58:28	10.26	00:33:07 / 3686 [9.06]
3067	519	NEUMANN Christian	BERLIN	-	78	M30/1066	(M)2819	00:58:28	00:58:16	10.30	00:27:29 / 1728 [10.92]
3068	6640	*****					(M)2820	00:58:29	00:58:29	10.26	00:32:37 / 3519 [9.20]
3069	573	BARTNIKOWSKA Monika	WARSZAWA		81	K20/85	(K)249	00:58:29	00:56:09	10.69	00:29:23 / 2411 [10.21]
3070	572	POPOWSKI Jarosław	WARSZAWA	UNTS WARSZAWA	69	M40/470	(M)2821	00:58:29	00:56:08	10.69	00:29:23 / 2408 [10.21]
3071	933	SKOLIMOWSKI Bartosz	SIEDLCE		91		(M)2822	00:58:29	00:53:39	11.18	00:32:07 / 3366 [9.34]
3072	1895	MISCIUR Marek	WARSZAWA		77	M30/1067	(M)2823	00:58:30	00:56:15	10.67	00:31:57 / 3307 [9.39]
3073	2341	JANKOWSKI Rafał	MILANÓWEK		70	M30/1068	(M)2824	00:58:30	00:54:16	11.06	00:32:57 / 3608 [9.10]
3074	618	STRĘBSKI Robert	KUTNO		80	M20/783	(M)2825	00:58:30	00:56:19	10.65	00:30:01 / 2618 [9.99]
3075	5416	CHICHŁOWSKI Igor	KONSTANCIN-JEZIORNA		73	M30/1069	(M)2826	00:58:31	00:54:52	10.94	00:31:38 / 3182 [9.48]
3076	566	GAŚTAŁ Anna	WARSZAWA		69	K40/40	(K)250	00:58:31	00:56:38	10.59	00:30:53 / 2898 [9.71]
3077	1208	MUŻYKOWSKA AGNIESZKA	WARSZAWA		79	K30/95	(K)251	00:58:31	00:54:50	10.94	00:31:14 / 3035 [9.61]
3078	4023	PNIEWSKI Zdzisław	PULTUSK		59	M50/193	(M)2827	00:58:31	00:54:59	10.91	00:32:19 / 3429 [9.28]
3079	3136	WIŚNIEWSKI Artur	WARSZAWA		66	M40/471	(M)2828	00:58:32	00:54:02	11.10	00:33:04 / 3653 [9.07]
3080	5710	KRYSIK Daniel	WUJÓWKA		90		(M)2829	00:58:32	00:55:23	10.83	00:31:27 / 3111 [9.54]
3081	1054	ATYS Bartłomiej	ŁOMIANKI		75	M30/1070	(M)2830	00:58:32	00:54:12	11.07	00:31:33 / 3158 [9.51]
3082	410	DE BELLO Salvatore	WARSZAWA	DBITALIA.PL	70	M30/1071	(M)2831	00:58:32	00:57:19	10.47	00:28:46 / 2194 [10.43]
3083	2384	CZERWIŃSKI Jarosław	MICHAŁÓW		81	M20/784	(M)2832	00:58:33	00:54:38	10.98	00:33:38 / 3854 [8.92]
3084	5771	MAJCHRZAK Marta	PABIANICE	AZYMUT PABIANICE	90		(K)252	00:58:33	00:55:32	10.80	00:30:41 / 2842 [9.78]
3085	5006	KACZMARSKI Michał	WARSZAWA	KPMG MARATHON TEAM	77	M30/1072	(M)2833	00:58:33	00:54:55	10.93	00:30:59 / 2941 [9.68]
3086	1475	ROSLAN Grzegorz	WARSZAWA	AKADEMIA OBRONY	65	M40/472	(M)2834	00:58:34	00:54:57	10.92	00:31:36 / 3173 [9.49]
3087	2385	KOSTKA AGNIESZKA	BUDZISKA	NARODOWEJ	84	K20/86	(K)253	00:58:34	00:54:39	10.98	00:33:39 / 3856 [8.92]
3088	346	SOSNOWSKI Marian	WARSZAWA		52	M50/194	(M)2835	00:58:34	00:58:20	10.29	00:29:41 / 2507 [10.11]
3089	4332	DUBIS Przemysław	ZAKROCZYM	GALICIA	83	M20/785	(M)2836	00:58:34	00:55:06	10.89	00:33:05 / 3665 [9.07]
3090	3129	TWARDOWSKI Zbigniew	LIDZBARK		70	M30/1073	(M)2837	00:58:34	00:56:22	10.64	00:29:59 / 2608 [10.01]
3091	1375	ZYCHOWICZ Jarosław	WARSZAWA	ACTION	77	M30/1074	(M)2838	00:58:35	00:57:58	10.35	00:27:59 / 1920 [10.72]
3092	4435	MIEDZIOCHA Paweł	WARSZAWA		75	M30/1075	(M)2839	00:58:35	00:54:49	10.95	00:31:56 / 3301 [9.39]
3093	1465	SYPIAŃSKI Paweł	WARSZAWA		70	M30/1076	(M)2840	00:58:35	00:55:13	10.87	00:31:02 / 2957 [9.67]
3094	1237	ADAMCZYK GRZEGORZ	LEGION-BŁONIE		71	M30/1077	(M)2841	00:58:35	00:56:44	10.58	00:29:43 / 2522 [10.10]
3095	2910	KALINOWSKI Andrzej	WARSZAWA		83	M20/786	(M)2842	00:58:36	00:54:24	11.03	00:33:05 / 3656 [9.07]
3096	1523	SIKORSKI Szymon	WARSZAWA		83	M20/787	(M)2843	00:58:36	00:54:50	10.94	00:32:01 / 3335 [9.37]
3097	614	BRUSOKAS Tomasz	WARSZAWA/RACIBÓRZ		83	M20/788	(M)2844	00:58:36	00:53:49	11.15	00:31:58 / 3314 [9.38]
3098	4664	SZCZEŚNIAK Marcin	WARSZAWA		84	M20/789	(M)2845	00:58:36	00:54:18	11.05	00:31:42 / 3209 [9.46]
3099	3255	ANISIEWICZ Danuta	WARSZAWA	KLUBBIEGACZA.PL	77	K30/96	(K)254	00:58:36	00:58:22	10.28	00:29:43 / 2521 [10.10]
3100	2682	LEWIŃSKI Adam	WARSZAWA		82	M20/790	(M)2846	00:58:36	00:58:36	10.24	00:31:58 / 3317 [9.38]
3101	4552	GÓRSKI Maciej	WARSZAWA		83	M20/791	(M)2847	00:58:36	00:56:23	10.64	00:31:48 / 3238 [9.43]
3102	2778	WIŚNIEWSKI Marcin		BGK	09		(M)2848	00:58:37	00:57:52	10.37	00:28:50 / 2219 [10.40]
3103	6625	ŚLOT Łukasz	WARSZAWA		82	M20/792	(M)2849	00:58:37	00:57:39	10.41	00:29:43 / 2519 [10.10]
3104	4932	SKORY Łukasz	RADOM	MARUDERZY ANTI-RACING TEAM	77	M30/1078	(M)2850	00:58:37	00:55:17	10.85	00:32:10 / 3381 [9.33]
3105	1641	TOMASZKIEWICZ Jarosław	ZĄBKI		72	M30/1079	(M)2851	00:58:37	00:56:16	10.66	00:31:28 / 3121 [9.53]
3106	2646	STEVENSON Samuel	WARSZAWA		77	M30/1080	(M)2852	00:58:37	00:55:09	10.88	00:32:58 / 3617 [9.10]
3107	1689	MUZIŃSKI Antoni	WARSZAWA	-	81	M20/793	(M)2853	00:58:38	00:55:14	10.86	00:31:14 / 3036 [9.61]
3108	5628	KALIŃSKI Artur	WARSZAWA		76	M30/1081	(M)2854	00:58:39	00:58:29	10.26	00:28:43 / 2167 [10.45]
3109	781	KOBIERACKI Adam	WARSZAWA		88	M20/794	(M)2855	00:58:39	00:55:17	10.85	00:32:52 / 3581 [9.13]
3110	552	ZIELIŃSKA Anna Teresa	WARSZAWA		57	K50/11	(K)255	00:58:40	00:56:36	10.60	00:31:29 / 3131 [9.53]
3111	2407	OKSIEJUK-WASILEWSKA Anna	BIAŁA PODLASKA	601893829	73	K30/97	(K)256	00:58:41	00:54:29	11.01	00:33:05 / 3657 [9.07]
3112	474	JANKOWSKI Piotr	CHOTOMÓW	CHTMO	85	M20/795	(M)2856	00:58:41	00:55:49	10.75	00:31:30 / 3134 [9.52]
3113	5456	DOBOSZ Elżbieta	WARSZAWA	KB GYMNASION	58	K50/12	(K)257	00:58:41	00:51:48	11.58	00:33:33 / 3829 [8.94]
3114	6159	SOSIŃSKI Leszek	WARSZAWA		61	M40/473	(M)2857	00:58:41	00:57:19	10.47	00:29:22 / 2401 [10.22]
3115	698	JEŻEWSKI Robert	WARSZAWA		69	M40/474	(M)2858	00:58:42	00:57:14	10.48	00:29:59 / 2607 [10.01]
3116	1234	AWSIUKIEWICZ Marek	KARCZEW		72	M30/1082	(M)2859	00:58:42	00:56:53	10.55	00:29:22 / 2405 [10.22]
3117	6065	SZCZĘSNA HONORATA	WARSZAWA		77	K30/98	(K)258	00:58:42	00:56:11	10.68	00:31:26 / 3107 [9.54]
3118	5549	GRZELAK PRZEMYSŁAW	KOSZALIN		78	M30/1083	(M)2860	00:58:43	00:56:33	10.61	00:30:09 / 2664 [9.95]
3119	2905	GŁOWACKA Emilia		GRODZISK MAZOWIECKI	85	K20/87	(K)259	00:58:43	00:58:09	10.32	00:30:00 / 2614 [10.00]
3120	1725	ZABOROWSKI Dariusz	WARSZAWA	SYMPATYK WARSZAWIAKY	59	M50/195	(M)2861	00:58:43	00:56:58	10.53	00:29:24 / 2415 [10.20]
3121	1085	MARKUSZEWSKI Maksymilian	WARSZAWA		91		(M)2862	00:58:43	00:58:22	10.28	00:29:38 / 2482 [10.12]
3122	6290	WACHOWICZ grzegorz	WARSZAWA		78	M30/1084	(M)2863	00:58:44	00:54:45	10.96	00:32:33 / 3494 [9.22]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3123	1781	DUBER-STACHURSKA Katarzyna	WARSZAWA		72	K30/99	(K)260	00:58:44	00:56:09	10.69	00:30:45 / 2860 [9.76]
3124	1212	RYBARCZYK Maria	PULTUSK		55	K50/13	(K)261	00:58:44	00:56:52	10.55	00:30:56 / 2921 [9.70]
3125	1079	MISIAK Piotr	JÓZEFÓW		72	M30/1085	(M)2864	00:58:44	00:55:23	10.83	00:32:26 / 3463 [9.25]
3126	4388	JUSIŃSKA Beata	WARSZAWA	KB HOLMES PLACE	74	K30/100	(K)262	00:58:44	00:57:36	10.42	00:28:38 / 2132 [10.48]
3127	3770	PATOKA Piotr	WARSZAWA		77	M30/1086	(M)2865	00:58:45	00:56:30	10.62	00:31:45 / 3223 [9.45]
3128	6569	ZAWODNIK DO UZUP					(M)2866	00:58:45	00:58:45	10.10	00:28:35 / 2114 [10.50]
3129	1870	TYMIRSKI Paweł	WARSZAWA		74	M30/1087	(M)2867	00:58:45	00:58:11	10.31	00:29:42 / 2514 [10.10]
3130	1564	OLCZAK Michał	WARSZAWA		82	M20/796	(M)2868	00:58:46	00:54:45	10.96	00:33:00 / 3626 [9.09]
3131	1000	KOWALCZYK Marcin	OTWOCK		69	M40/475	(M)2869	00:58:46	00:54:27	11.02	00:33:04 / 3650 [9.07]
3132	4528	KLENIEWSKI Arkadiusz	WARSZAWA	KS DZIERŻĄŃNIA	86	M20/797	(M)2870	00:58:46	00:58:10	10.32	00:27:00 / 1566 [11.11]
3133	545	MICHNOWSKI Paweł	WARSZAWA		82	M20/798	(M)2871	00:58:46	00:56:44	10.58	00:30:06 / 2645 [9.97]
3134	6045	STRYJEK Piotr	CIECHANÓW		70	M30/1088	(M)2872	00:58:46	00:55:50	10.75	00:30:30 / 2774 [9.84]
3135	3016	ROSZKOWSKI Marcin			81	M20/799	(M)2873	00:58:46	00:58:46	10.21	00:28:36 / 2118 [10.49]
3136	2402	SZAMBORSKI MAKSYMILIAN	WARSZAWA		94		(M)2874	00:58:47	00:56:36	10.60	00:28:37 / 2129 [10.48]
3137	2433	MARKOWSKA Anna	WARSZAWA		89	K20/88	(K)263	00:58:47	00:55:03	10.90	00:33:53 / 3927 [8.85]
3138	3419	ZIOMBRA Anna	WARSZAWA		81	K20/89	(K)264	00:58:47	00:56:22	10.64	00:32:07 / 3365 [9.34]
3139	5447	CZWARTEK Robert	PŁOCK		68	M40/476	(M)2875	00:58:48	00:54:20	11.04	00:33:28 / 3795 [8.96]
3140	5351	BATORY Stefan	WARSZAWA		78	M30/1089	(M)2876	00:58:48	00:55:06	10.89	00:31:36 / 3171 [9.49]
3141	576	HOŁOWACZ Tomasz	WARSZAWA		40	M60/37	(M)2877	00:58:48	00:55:33	10.80	00:31:49 / 3240 [9.43]
3142	1086	ŻYWEK Teresa	WARSZAWA	ABC KONDYCJA LAS KABACKI	47	K60/2	(K)265	00:58:48	00:54:38	10.98	00:32:22 / 3437 [9.27]
3143	5009	MACIEJCZYK Marcin	WARSZAWA		77	M30/1090	(M)2878	00:58:48	00:53:38	11.19	00:33:24 / 3774 [8.98]
3144	351	OŁUBIEC Piotr	WARSZAWA		68	M40/477	(M)2879	00:58:48	00:57:54	10.36	00:30:07 / 2653 [9.96]
3145	419	KŁOS Ireneusz	WARSZAWA		69	M40/478	(M)2880	00:58:49	00:55:04	10.90	00:32:30 / 3480 [9.23]
3146	3475	TRZASKOWSKA Magdalena		ULKS JEDLIŃSK	94		(K)266	00:58:50	00:58:40	10.23	00:29:15 / 2356 [10.26]
3147	5557	GUTKOWSKI tomek	RADOM		79	M30/1091	(M)2881	00:58:50	00:57:16	10.48	00:29:32 / 2446 [10.16]
3148	4980	GREWIŃSKI Tomik	WARSZAWA	RUN KAYAX RUN / POLSKA BIEGA	69	M40/479	(M)2882	00:58:50	00:56:54	10.54	00:32:15 / 3416 [9.30]
3149	739	FITT Marcin	WARSZAWA		87	M20/800	(M)2883	00:58:50	00:55:12	10.87	00:32:46 / 3548 [9.16]
3150	1272	RZECZKOWSKI MARCIN	WARSZAWA		83	M20/801	(M)2884	00:58:51	00:55:18	10.85	00:32:32 / 3489 [9.22]
3151	5946	PUCHAWSKI Maciej	WARSZAWA		76	M30/1092	(M)2885	00:58:51	00:54:21	11.04	00:31:40 / 3196 [9.47]
3152	2105	JAROSZ Andrzej	WARSZAWA		74	M30/1093	(M)2886	00:58:51	00:57:37	10.41	00:29:25 / 2419 [10.20]
3153	2003	PIEŃKOWSKA Karolina	WOŁOMIN	AZS UW WARSZAWA	93		(K)267	00:58:51	00:57:46	10.39	00:29:13 / 2342 [10.27]
3154	2004	PODOLAK Arieta	WARSZAWA	AZS UW WARSZAWA	93		(K)268	00:58:51	00:57:46	10.39	00:29:14 / 2345 [10.26]
3155	5248	MALEJCZYK Łukasz	WARSZAWA	MINERAL MIDEANGE	84	M20/802	(M)2887	00:58:51	00:55:39	10.78	00:31:59 / 3320 [9.38]
3156	4930	GAPCZYŃSKA Aneta	RADOM	GAPA TEAM	74	K30/101	(K)269	00:58:52	00:54:39	10.98	00:32:47 / 3558 [9.15]
3157	1295	ŁAŃCUCHOWSKI Łukasz	PIASECZNO	HALSA	85	M20/803	(M)2888	00:58:52	00:56:22	10.64	00:31:08 / 2996 [9.64]
3158	1938	SOLARSKI Jędrzej	WARSZAWA	KS HEKTOR	79	M30/1094	(M)2889	00:58:52	00:55:21	10.84	00:33:51 / 3920 [8.86]
3159	5564	GÓRNY Janusz	SUSZ		56	M50/196	(M)2890	00:58:52	00:54:20	11.04	00:33:10 / 3709 [9.05]
3160	1960	PATERCZYK Andrzej	SIERADZ		62	M40/480	(M)2891	00:58:53	00:55:50	10.75	00:31:46 / 3227 [9.44]
3161	2349	BIELAŃSKI Grzegorz	RZESZÓW		79	M30/1095	(M)2892	00:58:53	00:54:53	10.93	00:31:57 / 3302 [9.39]
3162	1511	MAŁUSZEK Michał	WARSZAWA		82	M20/804	(M)2893	00:58:53	00:54:11	11.07	00:33:08 / 3695 [9.05]
3163	3248	WŁODARSKI Bartosz	PIASECZNO		74	M30/1096	(M)2894	00:58:54	00:56:03	10.70	00:30:58 / 2929 [9.69]
3164	3444	SZTUKOWSKI JAKUB	ZIELONKA		76	M30/1097	(M)2895	00:58:54	00:54:29	11.01	00:32:37 / 3518 [9.20]
3165	6672	OŚKA Tomasz	PRUSZKÓW		87	M20/805	(M)2896	00:58:54	00:55:01	10.91	00:33:06 / 3672 [9.06]
3166	6349	WRÓBLEWSKI Artur	WARSZAWA		75	M30/1098	(M)2897	00:58:54	00:56:23	10.64	00:31:09 / 3000 [9.63]
3167	4633	POLAK Piotr	PRUSZKÓW	LABORATORIANATURY	64	M40/481	(M)2898	00:58:55	00:54:46	10.96	00:32:19 / 3432 [9.28]
3168	55	JAGIELSKI Robert		VIP	09		(M)2899	00:58:55	00:54:43	10.97	00:33:04 / 3647 [9.07]
3169	2414	CZARNECKI Tomasz	KOŁO		79	M30/1099	(M)2900	00:58:55	00:56:00	10.71	00:32:21 / 3436 [9.27]
3170	3498	ROGÓŻ Artur	OTWOCK		72	M30/1100	(M)2901	00:58:56	00:55:31	10.81	00:32:50 / 3574 [9.14]
3171	4307	MATYSIEWICZ Piotr	WARSZAWA	ERA RUNNING TEAM	75	M30/1101	(M)2902	00:58:56	00:55:07	10.89	00:31:28 / 3120 [9.53]
3172	4198	SZAŁKOWSKI Sławomir	WARSZAWA	RUN IS FUN	69	M40/482	(M)2903	00:58:56	00:56:46	10.57	00:30:31 / 2783 [9.83]
3173	574	BUDZYŃSKI Krzysztof	WARSZAWA		85	M20/806	(M)2904	00:58:57	00:58:13	10.31	00:29:40 / 2499 [10.11]
3174	654	ŁUKASZUK Zenon	WARSZAWA		47	M60/38	(M)2905	00:58:57	00:56:04	10.70	00:32:32 / 3488 [9.22]
3175	4570	MALISZEWSKA Marta	WARSZAWA		78	K30/102	(K)270	00:58:57	00:58:28	10.26	00:29:24 / 2416 [10.20]
3176	575	JAKOWIECKI Karol	PARCZEW		85	M20/807	(M)2906	00:58:58	00:55:23	10.83	00:32:36 / 3511 [9.20]
3177	3792	KOWALCZYK Kamil	WARSZAWA	CF CEFARM SA	84	M20/808	(M)2907	00:58:59	00:56:13	10.67	00:31:37 / 3177 [9.49]
3178	2515	PREJNA Arkadiusz	KLEMBÓW		71	M30/1102	(M)2908	00:58:59	00:55:39	10.78	00:32:07 / 3367 [9.34]
3179	396	KOZŁOWSKI Adam	WARSZAWA		62	M40/483	(M)2909	00:58:59	00:55:13	10.87	00:32:31 / 3484 [9.23]
3180	5291	ŚCIBOROWSKI Jarosław	ŁÓDŹ	STRAŻ MIEJSKA	82	M20/809	(M)2910	00:58:59	00:56:27	10.63	00:31:22 / 3082 [9.56]
3181	4931	RAKOWSKA-SKORA Anna	RADOM	MARUDERZY ANTI-RACING TEAM	79	K30/103	(K)271	00:59:00	00:54:47	10.95	00:32:47 / 3555 [9.15]
3182	436	SENATOR Ryszard	WARSZAWA	PROFILAKTYKA	57	M50/197	(M)2911	00:59:00	00:55:46	10.76	00:31:56 / 3300 [9.39]
3183	2397	OLECH Marcin	PAJĘCZNO		80	M20/810	(M)2912	00:59:01	00:55:21	10.84	00:32:14 / 3407 [9.31]
3184	5092	KOMARNICKI Michał	WARSZAWA		75	M30/1103	(M)2913	00:59:01	00:55:22	10.84	00:32:14 / 3410 [9.31]
3185	3997	PARFIANOWICZ Adam	WARSZAWA		94		(M)2914	00:59:02	00:57:29	10.44	00:30:35 / 2808 [9.81]
3186	5268	GRODZICKI Wojciech	WARSZAWA		92		(M)2915	00:59:03	00:53:15	11.27	00:33:09 / 3704 [9.05]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3187	4431	JOPOWICZ Marcin	WARSZAWA		85	M20/811	(M)2916	00:59:03	00:54:56	10.92	00:32:58 / 3616 [9.10]
3188	5267	GRODZICKI Krzysztof	WARSZAWA		64	M40/484	(M)2917	00:59:03	00:53:15	11.27	00:33:09 / 3702 [9.05]
3189	5107	PAŁASZEWSKI Krystian	WARSZAWA		80	M20/812	(M)2918	00:59:03	00:56:22	10.64	00:32:28 / 3470 [9.24]
3190	1634	NALAZEK Wojciech	MIŃSK MAZOWIECKI		53	M50/198	(M)2919	00:59:04	00:56:35	10.60	00:31:24 / 3101 [9.55]
3191	1649	ZAWADA wojciech	WARSZAWA		84	M20/813	(M)2920	00:59:04	00:55:06	10.89	00:31:33 / 3153 [9.51]
3192	3194	SIEMIANOWSKI Szymon	WARSZAWA		70	M30/1104	(M)2921	00:59:05	00:54:29	11.01	00:34:34 / 4092 [8.68]
3193	1489	BIELSKI Grzegorz	WARSZAWA		70	M30/1105	(M)2922	00:59:05	00:55:25	10.83	00:32:40 / 3526 [9.18]
3194	5466	DROBEK Tomasz	LUBLIN	JW 3537	79	M30/1106	(M)2923	00:59:05	00:55:03	10.90	00:32:31 / 3485 [9.23]
3195	5885	PLACHTA Beata	PRZASNYSZ	STREFA OTWARTA UL.MAKOWSKA 06- 300 P	67	K40/41	(K)272	00:59:06	00:54:41	10.97	00:33:24 / 3776 [8.98]
3196	2486	KOŻUSZEK Robert	WARSZAWA		71	M30/1107	(M)2924	00:59:06	00:55:02	10.90	00:33:30 / 3809 [8.96]
3197	2635	GORSZKOW Andriej	WARSZAWA		63	M40/485	(M)2925	00:59:07	00:55:44	10.77	00:31:57 / 3303 [9.39]
3198	2502	ŚWIĘCONEK PIOTR	WARSZAWA	DB MARATHON TEAM	77	M30/1108	(M)2926	00:59:07	00:56:24	10.64	00:30:02 / 2623 [9.99]
3199	2759	SKOWROŃSKA Judyta	PRZASNYSZ		88	K20/90	(K)273	00:59:07	00:54:43	10.97	00:33:13 / 3725 [9.03]
3200	3385	MODRZEJEWSKI Andrzej	WARSZAWA	-	54	M50/199	(M)2927	00:59:07	00:55:37	10.79	00:32:14 / 3413 [9.31]
3201	1892	ŻESZCZYŃSKA Izabela	WARSZAWA		80	K20/91	(K)274	00:59:07	00:55:48	10.75	00:31:23 / 3092 [9.56]
3202	2692	CHOROMAŃSKI Władysław	WARSZAWA		92		(M)2928	00:59:08	00:56:33	10.61	00:29:31 / 2445 [10.16]
3203	846	TARKA Mirosław	WARSZAWA		73	M30/1109	(M)2929	00:59:08	00:56:09	10.69	00:30:22 / 2730 [9.88]
3204	2763	SKOWROŃSKI Jerzy	PRZASNYSZ		57	M50/200	(M)2930	00:59:08	00:54:42	10.97	00:33:12 / 3723 [9.04]
3205	6582	JÓZWIK Robert			09		(M)2931	00:59:09	00:53:46	11.16	00:34:44 / 4125 [8.64]
3206	2630	SOSNOWSKI MIŁOSZ	WARSZAWA	TVP S.A.	75	M30/1110	(M)2932	00:59:09	00:55:02	10.90	00:33:03 / 3640 [9.08]
3207	1969	CZYŻEWSKI PRZEMEK	WARSZAWA	NSZ	78	M30/1111	(M)2933	00:59:09	00:59:09	10.14	00:33:02 / 3635 [9.08]
3208	3563	KOSTRZYŃSKI Stanisław	GOŁKÓW		48	M60/39	(M)2934	00:59:09	00:59:09	10.14	00:29:39 / 2484 [10.12]
3209	3925	CZUPRYN Anna	WARSZAWA		65	K40/42	(K)275	00:59:09	00:57:33	10.43	00:30:56 / 2920 [9.70]
3210	5570	HANCKA Tomasz	WARSZAWA	SCANLASER EXTREME	75	M30/1112	(M)2935	00:59:10	00:53:47	11.16	00:34:45 / 4130 [8.63]
3211	553	MICHALSKI Janusz	WARSZAWA		57	M50/201	(M)2936	00:59:10	00:56:25	10.64	00:31:29 / 3133 [9.53]
3212	5076	SUDOŁ Łukasz	STALOWA WOLA		87	M20/814	(M)2937	00:59:10	00:58:02	10.34	00:29:45 / 2540 [10.08]
3213	5060	BODZOŃ Mariusz	WARSZAWA		80	M20/815	(M)2938	00:59:10	00:55:34	10.80	00:31:52 / 3261 [9.41]
3214	2336	WIAK Konrad	WARSZAWA		83	M20/816	(M)2939	00:59:10	00:56:11	10.68	00:31:07 / 2989 [9.64]
3215	1509	FINKE Grzegorz	WARSZAWA		84	M20/817	(M)2940	00:59:10	00:55:57	10.72	00:32:12 / 3397 [9.32]
3216	3927	CZUPRYN Wojciech	WARSZAWA		58	M50/202	(M)2941	00:59:11	00:57:36	10.42	00:30:56 / 2915 [9.70]
3217	4261	SOLINSKI Jerzy	WARSZAWA		58	M50/203	(M)2942	00:59:11	00:55:12	10.87	00:33:02 / 3632 [9.08]
3218	6057	SYNAJEWSKI Andrzej	SKIERNIEWICE		74	M30/1113	(M)2943	00:59:11	00:55:49	10.75	00:32:11 / 3386 [9.32]
3219	1869	TYMIRSKI Tadeusz	RADOM	KLUB MARATOŃCZYKA POLITECHNIKA RADOM	48	M60/40	(M)2944	00:59:11	00:59:11	10.14	00:29:42 / 2513 [10.10]
3220	1553	NAROLEK Greg	MIĘDZYRZEC PODLASKI		79	M30/1114	(M)2945	00:59:11	00:55:55	10.73	00:32:01 / 3337 [9.37]
3221	4327	GOUELLAIN OLIVIER	WARSZAWA	NIE	74	M30/1115	(M)2946	00:59:12	00:57:44	10.39	00:29:39 / 2489 [10.12]
3222	789	DAMENTKA Mateusz	WARSZAWA		89	M20/818	(M)2947	00:59:12	00:55:50	10.75	00:31:24 / 3095 [9.55]
3223	2428	MARKOWSKI Michał	WARSZAWA		90		(M)2948	00:59:12	00:59:12	10.14	00:33:53 / 3928 [8.85]
3224	1997	KUCIŃSKI Krzysztof	WARSZAWA		74	M30/1116	(M)2949	00:59:14	00:58:27	10.27	00:29:14 / 2347 [10.26]
3225	3473	SZYMCZAK Anita		ULKS JEDLIŃSK	95		(K)276	00:59:14	00:59:03	10.16	00:30:48 / 2871 [9.74]
3226	3476	RĘDZIA Aleksandra		ULKS JEDLIŃSK	95		(K)277	00:59:14	00:59:03	10.16	00:30:48 / 2873 [9.74]
3227	3120	BAK Karolina	OTWOCK	ŻÓLWIE	80	K20/92	(K)278	00:59:14	00:57:48	10.38	00:30:14 / 2692 [9.92]
3228	3119	BAK Paweł	OTWOCK	ŻÓLWIE	67	M40/486	(M)2950	00:59:14	00:57:48	10.38	00:30:15 / 2694 [9.92]
3229	5527	GOZIŃSKA Agnieszka	WARSZAWA		71	K30/104	(K)279	00:59:15	00:56:57	10.54	00:30:50 / 2884 [9.73]
3230	4498	SZYMKOWIAK Adam	JANÓW LUBELSKI		82	M20/819	(M)2951	00:59:15	00:55:37	10.79	00:32:26 / 3462 [9.25]
3231	202	STAŚIEK Dariusz	PRUSZKÓW	POLICJA	72	M30/1117	(M)2952	00:59:15	00:59:08	10.15	00:29:02 / 2275 [10.33]
3232	5668	KOLEDA Sylwia	TOMASZÓW		76	K30/105	(K)280	00:59:15	00:55:55	10.73	00:31:13 / 3023 [9.61]
3233	5649	KLECZAJ JUSTYNA	IŁŻA		81	K20/93	(K)281	00:59:15	00:55:55	10.73	00:31:13 / 3031 [9.61]
3234	5021	ŁĄCKI Jarosław	JÓZEFOSŁAW		64	M40/487	(M)2953	00:59:16	00:56:12	10.68	00:31:22 / 3081 [9.56]
3235	6656	ZAWODNIK DO UZUP					(M)2954	00:59:16	00:59:16	10.01	00:29:12 / 2331 [10.27]
3236	398	GIELO Robert	WARSZAWA		76	M30/1118	(M)2955	00:59:16	00:59:10	10.14	00:29:09 / 2314 [10.29]
3237	1635	DĄBROWA Bartosz	KOSZALIN		84	M20/820	(M)2956	00:59:17	00:56:17	10.66	00:31:31 / 3140 [9.52]
3238	4289	BŁOŃSKI Marcin	WARSZAWA	AGRESYWNE AGRESTY	80	M20/821	(M)2957	00:59:17	00:57:12	10.49	00:30:21 / 2724 [9.88]
3239	2918	HATYLAK Tomasz	WARSZAWA		77	M30/1119	(M)2958	00:59:17	00:54:58	10.92	00:33:17 / 3742 [9.01]
3240	1242	WAGNER Jakub	WARSZAWA		95		(M)2959	00:59:17	00:57:12	10.49	00:30:21 / 2722 [9.88]
3241	2103	GUMIŃSKA Ewa	WARSZAWA		64	K40/43	(K)282	00:59:17	00:55:49	10.75	00:31:00 / 2947 [9.68]
3242	2270	MARCZYK Patryk	WARSZAWA		83	M20/822	(M)2960	00:59:17	00:58:51	10.20	00:30:26 / 2751 [9.86]
3243	5110	ŁOPATA Bartosz	WARSZAWA		83	M20/823	(M)2961	00:59:17	00:56:53	10.55	00:31:51 / 3255 [9.42]
3244	5213	GRODZKI Dariusz	BRZEZINY		81	M20/824	(M)2962	00:59:18	00:54:07	11.09	00:32:08 / 3373 [9.34]
3245	4612	AUGUSTYN Oktawian	ŁOMIANKI	--	81	M20/825	(M)2963	00:59:18	00:57:42	10.40	00:31:41 / 3203 [9.47]
3246	4219	MOSKAL Arkadiusz	CEGIELNIA, RADZYMIN		73	M30/1120	(M)2964	00:59:18	00:55:46	10.76	00:32:53 / 3588 [9.12]
3247	2559	KORDZIALEK Magdalena	WARSZAWA		77	K30/106	(K)283	00:59:19	00:54:51	10.94	00:32:59 / 3623 [9.10]
3248	1053	HAJNAS Paweł	WARSZAWA		81	M20/826	(M)2965	00:59:19	00:54:31	11.01	00:33:23 / 3771 [8.99]
3249	4031	GAJEWSKI MARIUSZ	WARSZAWA		76	M30/1121	(M)2966	00:59:19	00:55:41	10.78	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3250	468	PRZYBYŁOWSKA Joanna	WARSZAWA		82	K20/94	(K)284	00:59:20	00:56:36	10.60	00:30:57 / 2926 [9.69]
3251	2877	KLIMKOWSKA Małgorzata	WARSZAWA		51	K50/14	(K)285	00:59:20	00:57:16	10.48	00:29:05 / 2296 [10.32]
3252	2726	BUGA Mariusz	WARSZAWA	DOM PAWLA	92	(M)2967	(M)2967	00:59:21	00:55:14	10.86	00:38:33 / 4817 [7.78]
3253	3680	KRYNICKI Cezary	WARSZAWA	URSUS	94	(M)2968	(M)2968	00:59:21	00:54:55	10.93	00:31:12 / 3020 [9.62]
3254	3015	SACHARZEWSKI Grzegorz			82	M20/827	(M)2969	00:59:22	00:56:05	10.70	00:32:07 / 3368 [9.34]
3255	3640	ZIELIŃSKI Bartłomiej	WARSZAWA	BRUNATNY.COM	80	M20/828	(M)2970	00:59:22	00:57:39	10.41	00:30:35 / 2811 [9.81]
3256	4828	KORCZYC Grzegorz	WARSZAWA		71	M30/1122	(M)2971	00:59:22	00:56:46	10.57	00:30:17 / 2702 [9.91]
3257	3495	ŚWIDERSKI Mateusz	RADZYMIN-SŁUPNO		94	(M)2972	(M)2972	00:59:22	00:59:22	10.11	00:32:43 / 3539 [9.17]
3258	3647	ŻUBER Adam	WARSZAWA	TEAM SPUCHNIĘTA ŁYDA	79	M30/1123	(M)2973	00:59:23	00:57:38	10.41	00:30:36 / 2813 [9.80]
3259	5954	RADZIACH IŁONA	WARSZAWA	FESTO	71	K30/107	(K)286	00:59:24	00:55:50	10.75	00:31:56 / 3298 [9.39]
3260	3398	OLSZEWSKI Krzysiek	WARSZAWA		85	M20/829	(M)2974	00:59:24	00:57:10	10.50	00:28:44 / 2175 [10.44]
3261	5254	SAWICKI maciek	WARSZAWA	CIEPLE KLUCHY RACING TEAM	77	M30/1124	(M)2975	00:59:24	00:57:00	10.53	00:31:50 / 3245 [9.42]
3262	5255	GŁADYSZ agata	WARSZAWA	CIEPLE KLUCHY RACING TEAM	79	K30/108	(K)287	00:59:24	00:57:00	10.53	00:31:50 / 3246 [9.42]
3263	4402	GÓRA Andrzej	ZIELONKA	LECHICI ZIELONKA	54	M50/204	(M)2976	00:59:25	00:56:39	10.59	00:31:41 / 3202 [9.47]
3264	3753	MADZIAR Paweł	ZĄBKI	ZGRYZ ZĄBKI	72	M30/1125	(M)2977	00:59:25	00:57:03	10.52	00:32:08 / 3372 [9.34]
3265	1642	KALĘCKI Rafał	WARSZAWA		76	M30/1126	(M)2978	00:59:25	00:57:03	10.52	00:32:07 / 3370 [9.34]
3266	4944	PRZEWOSKA Paulina	WARSZAWA		80	K20/95	(K)288	00:59:26	00:56:22	10.64	00:33:02 / 3636 [9.08]
3267	5136	MAŁYSKO Justyna	WARSZAWA		82	K20/96	(K)289	00:59:26	00:58:02	10.34	00:30:05 / 2640 [9.97]
3268	6643	ZAWODNIK DO UZUP					(M)2979	00:59:26	00:51:35	11.63	00:34:14 / 4012 [8.76]
3269	548	FILIPIAK Grzegorz	WARSZAWA		74	M30/1127	(M)2980	00:59:27	00:55:37	10.79	00:32:22 / 3441 [9.27]
3270	2835	CHOCHOROWSKA Wioletta	WARSZAWA		66	K40/44	(K)290	00:59:27	00:58:54	10.19	00:29:34 / 2459 [10.15]
3271	2834	KURYŁOWICZ Jadwiga	JÓZEFÓW		60	K40/45	(K)291	00:59:27	00:58:54	10.19	00:29:34 / 2456 [10.15]
3272	878	KRASIŃSKI Piotr	WARSZAWA		75	M30/1128	(M)2981	00:59:28	00:54:57	10.92	00:33:05 / 3662 [9.07]
3273	2064	MAŁOLEPSZY Sławomir	LUBLIN		80	M20/830	(M)2982	00:59:28	00:55:34	10.80	00:32:54 / 3592 [9.12]
3274	4814	PAKULNIEWICZ Magdalena	WARSZAWA		82	K20/97	(K)292	00:59:28	00:55:32	10.80	00:32:55 / 3596 [9.11]
3275	1522	KRUK Arkadiusz	WARSZAWA		71	M30/1129	(M)2983	00:59:28	00:56:57	10.54	00:32:29 / 3474 [9.24]
3276	1037	PIEKUT Andrzej	N.DWÓR MAZ.	JOGGER	59	M50/205	(M)2984	00:59:28	00:58:29	10.26	00:29:01 / 2272 [10.34]
3277	672	MOĆKO Daniel	WOŁOMIN	SR TEAM	71	M30/1130	(M)2985	00:59:28	00:53:55	11.13	00:33:23 / 3773 [8.99]
3278	3488	CHOLEWIŃSKA Zofia	WARSZAWA		86	K20/98	(K)293	00:59:29	00:58:36	10.24	00:30:27 / 2762 [9.85]
3279	2335	SZWARC Rafał	WARSZAWA		69	M40/488	(M)2986	00:59:29	00:55:48	10.75	00:33:13 / 3724 [9.03]
3280	1267	ZIELIŃSKI Maciej	WARSZAWA	BODY RELAX	82	M20/831	(M)2987	00:59:29	00:55:13	10.87	00:33:06 / 3670 [9.06]
3281	4640	SMOGORZEWSKI Michał	WARSZAWA		85	M20/832	(M)2988	00:59:29	00:54:46	10.96	00:32:48 / 3560 [9.15]
3282	3420	STAŃCZUK Mariusz	WARSZAWA	AZS AWF WARSZAWA	83	M20/833	(M)2989	00:59:29	00:55:13	10.87	00:33:06 / 3675 [9.06]
3283	4398	MAJCHRZAK weronika	WARSZAWA		75	K30/109	(K)294	00:59:30	00:58:53	10.19	00:30:21 / 2727 [9.88]
3284	2466	AMBRZYKOWSKI Lech	WARSZAWA		77	M30/1131	(M)2990	00:59:30	00:56:54	10.54	00:32:13 / 3405 [9.31]
3285	6344	WRONA Paweł	DĘBLIN	WAT WARSZAWA	88	M20/834	(M)2991	00:59:30	00:55:41	10.78	00:31:38 / 3184 [9.48]
3286	6578	ZAWODNIK DO UZUP					(M)2992	00:59:30	00:57:14	10.48	00:31:33 / 3154 [9.51]
3287	4978	ROJEK Jerzy	BRUNARY	EMERYTOWANY NAUCZYCIEL I TRENER PIŁK	53	M50/206	(M)2993	00:59:31	00:59:26	10.10	00:27:31 / 1747 [10.90]
3288	515	ŁUCZUK Karolina	WARSZAWA		87	K20/99	(K)295	00:59:31	00:57:50	10.37	00:28:56 / 2249 [10.37]
3289	5238	KAMIENSKI Wojciech	POZNAŃ	BRAK	73	M30/1132	(M)2994	00:59:31	00:56:02	10.71	00:32:02 / 3343 [9.37]
3290	3802	KUCZYŃSKA Agata	WARSZAWA		83	K20/100	(K)296	00:59:31	00:56:19	10.65	00:32:36 / 3516 [9.20]
3291	3932	KLUZIAK Kamil	ZIELONKA		85	M20/835	(M)2995	00:59:32	00:55:00	10.91	00:33:03 / 3645 [9.08]
3292	2134	TYTKOWSKI Wojciech	WARSZAWA	ZADNA	63	M40/489	(M)2996	00:59:32	00:54:32	11.00	00:33:38 / 3855 [8.92]
3293	2794	PASIAK Wiesław	SIEDŁCE		80	M20/836	(M)2997	00:59:33	00:55:57	10.72	00:31:31 / 3143 [9.52]
3294	1874	STOLARCZYK Stanisław	TŁUSZCZ	BÓBR TŁUSZCZ	43	M60/41	(M)2998	00:59:33	00:55:04	10.90	00:32:42 / 3537 [9.17]
3295	3341	MAKOWSKI Maciej	MILANÓWEK		80	M20/837	(M)2999	00:59:33	00:58:14	10.30	00:31:17 / 3053 [9.59]
3296	2060	RAPCZYŃSKI Witold	WARSZAWA		70	M30/1133	(M)3000	00:59:33	00:58:21	10.28	00:33:44 / 3882 [8.89]
3297	6329	WOŁOWIK Arkadiusz	KOZIENICE		78	M30/1134	(M)3001	00:59:34	00:56:12	10.68	00:33:50 / 3917 [8.87]
3298	2334	ABRATKIEWICZ Sławomir	WARSZAWA		72	M30/1135	(M)3002	00:59:34	00:59:11	10.14	00:29:01 / 2268 [10.34]
3299	3104	SKOWROŃSKI Dominik	WARSZAWA		79	M30/1136	(M)3003	00:59:34	00:55:34	10.80	00:32:22 / 3440 [9.27]
3300	4645	STANIÓRSKI ANDRZEJ	WARSZAWA		78	M30/1137	(M)3004	00:59:34	00:54:24	11.03	00:35:25 / 4293 [8.47]
3301	6629	MCDONALD Margaret	WARSZAWA		78	K30/110	(K)297	00:59:34	00:56:37	10.60	00:32:48 / 3561 [9.15]
3302	5898	PARYSZEK Dominik	PRZYKORY		94	(M)3005	(M)3005	00:59:35	00:57:10	10.50	00:31:28 / 3124 [9.53]
3303	3469	OLEJNIK Krzysztof	WARSZAWA		70	M30/1138	(M)3006	00:59:35	00:56:13	10.67	00:32:16 / 3420 [9.30]
3304	2451	DESZCZ Bartłomiej	WARSZAWA		93	(M)3007	(M)3007	00:59:35	00:59:35	10.07	
3305	809	GRANIEWSKI ANDRZEJ	WARSZAWA	BRAK	58	M50/207	(M)3008	00:59:36	00:57:07	10.50	00:31:28 / 3123 [9.53]
3306	4406	MALARCZYK Agata	WARSZAWA	ENTRE>PL TEAM	75	K30/111	(K)298	00:59:36	00:56:39	10.59	00:32:24 / 3448 [9.26]
3307	1592	SYCHOWICZ Klara	WARSZAWA		74	K30/112	(K)299	00:59:36	00:56:45	10.57	00:31:50 / 3247 [9.42]
3308	2827	SŁOMSKI Maciej	WARSZAWA		85	M20/838	(M)3009	00:59:36	00:56:53	10.55	00:30:52 / 2894 [9.72]
3309	5907	PENKALA Agnieszka	RASZYN		73	K30/113	(K)300	00:59:37	00:56:08	10.69	00:32:06 / 3362 [9.35]
3310	4617	WIATR Sławomir	OLEŚNICA	META LUBLINIEC	73	M30/1139	(M)3010	00:59:37	00:56:50	10.56	00:31:49 / 3241 [9.43]
3311	6608	ZAWODNIK DO UZUP					(M)3011	00:59:37	00:56:32	10.61	00:32:56 / 3604 [9.11]
3312	2249	FILIPOWICZ Tomasz	WARSZAWA	BRAK	76	M30/1140	(M)3012	00:59:38	00:57:31	10.43	00:32:05 / 3358 [9.35]
3313	2250	FILIPOWICZ Jerzy	WARSZAWA		73	M30/1141	(M)3013	00:59:38	00:57:30	10.43	00:32:05 / 3355 [9.35]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3314	3041	BOGUĆKA Izabela			09		(K)301	00:59:38	00:57:23	10.46	00:30:51 / 2888 [9.72]
3315	1861	BIELIŃSKI MATEUSZ	WARSZAWA		87	M20/839	(M)3014	00:59:38	00:54:42	10.97	00:34:27 / 4066 [8.71]
3316	2568	ŁAMPIKA Krzysztof	WARSZAWA		60	M40/490	(M)3015	00:59:39	00:56:59	10.53	00:31:37 / 3179 [9.49]
3317	1285	WIDOMSKI Tomasz	GÓRA KALWARIA		69	M40/491	(M)3016	00:59:39	00:59:36	10.07	00:29:26 / 2424 [10.19]
3318	1304	BIEDRZYCKI Patryk	WARSZAWA	ACTION	09		(M)3017	00:59:40	00:59:27	10.09	00:29:01 / 2270 [10.34]
3319	4411	WIDOMSKI Kajetan	WARSZAWA		94		(M)3018	00:59:40	00:59:40	10.06	00:33:00 / 3625 [9.09]
3320	3664	CYBE Marcin	WARSZAWA	URSUS	94		(M)3019	00:59:41	00:55:54	10.73	00:29:39 / 2483 [10.12]
3321	3687	KOZIŃSKI Patryk	WARSZAWA	URSUS	94		(M)3020	00:59:41	00:58:10	10.32	00:29:39 / 2487 [10.12]
3322	456	TYROWICZ Justyna	WARSZAWA		85	K20/101	(K)302	00:59:41	00:56:01	10.71	00:32:42 / 3538 [9.17]
3323	3678	KUDLAK Bartosz	WARSZAWA	URSUS	94		(M)3021	00:59:41	00:55:57	10.72	00:30:06 / 2646 [9.97]
3324	870	GETKO Krzysztof	WARSZAWA		86	M20/840	(M)3022	00:59:41	00:55:15	10.86	00:32:34 / 3497 [9.21]
3325	2485	PAŁKA Andrzej	PIASTÓW		70	M30/1142	(M)3023	00:59:43	00:56:58	10.53	00:31:40 / 3193 [9.47]
3326	3532	WÓJCIK ROBERT	WARSZAWA		75	M30/1143	(M)3024	00:59:43	00:57:11	10.49	00:31:12 / 3017 [9.62]
3327	6055	SUMIŃSKA Magdalena	JANUSZEW		91		(K)303	00:59:44	00:56:41	10.59	00:31:41 / 3204 [9.47]
3328	1777	ŻÓŁCIŃSKI Waldemar	WARSZAWA		56	M50/208	(M)3025	00:59:44	00:57:15	10.48	00:32:13 / 3403 [9.31]
3329	2216	CZERWIENIEC MAREK	WARSZAWA		75	M30/1144	(M)3026	00:59:44	00:57:20	10.47	00:31:50 / 3249 [9.42]
3330	3929	CHIM Marcin	WARSZAWA		73	M30/1145	(M)3027	00:59:44	00:57:18	10.47	00:32:29 / 3475 [9.24]
3331	3117	TELEŚNICKI Grzegorz	WARSZAWA		71	M30/1146	(M)3028	00:59:45	00:55:44	10.77	00:34:06 / 3986 [8.80]
3332	4140	KOŁODZIEJCZAK Kinga	BŁONIE	ACCENTURE ACCELERATE	86	K20/102	(K)304	00:59:45	00:59:45	10.04	00:33:04 / 3654 [9.07]
3333	1306	BRAJCZEWSKI Krzysztof	WARSZAWA	ACTION	64	M40/492	(M)3029	00:59:45	00:57:56	10.36	00:30:44 / 2856 [9.76]
3334	280	KRAWCZYK Cezary	OLSZTYN		67	M40/493	(M)3030	00:59:46	00:56:54	10.54	00:31:30 / 3136 [9.52]
3335	1136	ŚWIĆ Rafał	WARSZAWA		74	M30/1147	(M)3031	00:59:46	00:56:12	10.68	00:31:21 / 3076 [9.57]
3336	4554	JESIONEK Michał	RADOM		81	M20/841	(M)3032	00:59:46	00:57:33	10.43	00:31:57 / 3304 [9.39]
3337	2289	GRZECHNIK Leszek	WARSZAWA		67	M40/494	(M)3033	00:59:46	00:55:40	10.78	00:32:35 / 3505 [9.21]
3338	929	SKOLIMOWSKA Katarzyna	SIEDLCE		74	K30/114	(K)305	00:59:48	00:57:44	10.39	00:31:29 / 3129 [9.53]
3339	4901	VAN DE BOEL Sophia	OWCZARNIA		60	K40/46	(K)306	00:59:48	00:57:53	10.37	00:30:47 / 2870 [9.75]
3340	928	SKOLIMOWSKI Adam	SIEDLCE		69	M40/495	(M)3034	00:59:48	00:56:57	10.54	00:31:29 / 3127 [9.53]
3341	6611	ZAWODNIK DO UZUP					(M)3035	00:59:48	00:56:14	10.67	00:32:41 / 3532 [9.18]
3342	6038	STASIEWICZ Wiera	HAJNÓWKA		42	K60/3	(K)307	00:59:49	00:59:45	10.04	00:30:41 / 2843 [9.78]
3343	2328	PRZEDPEŁSKA Andrzej	WARSZAWA		94		(M)3036	00:59:50	00:57:37	10.41	00:31:46 / 3231 [9.44]
3344	535	LEWICKA Magdalena	WARSZAWA	MINERAL MIDRANGE S.A.	74	K30/115	(K)308	00:59:50	00:57:06	10.51	00:31:59 / 3322 [9.38]
3345	5851	NGUYEN-BRODNICKI Tung	WARSZAWA		72	M30/1148	(M)3037	00:59:50	00:55:55	10.73	00:32:31 / 3486 [9.23]
3346	4137	SAWICKA Monika	WARSZAWA	9 KDB ŻNIWIARZ 44	74	K30/116	(K)309	00:59:50	00:55:10	10.88	00:33:15 / 3734 [9.02]
3347	6679	*****					(M)3038	00:59:51	00:59:51	10.03	00:34:38 / 4106 [8.66]
3348	1445	KRYCZEK Piotr	WARSZAWA		63	M40/496	(M)3039	00:59:51	00:54:59	10.91	00:34:23 / 4046 [8.73]
3349	6134	MOSKAL Izabella	KÓRNIK	BRYLANT KÓRNIK	73	K30/117	(K)310	00:59:51	00:58:14	10.30	00:31:05 / 2981 [9.65]
3350	835	KOWALSKI Jarosław	WARSZAWA		68	M40/497	(M)3040	00:59:51	00:56:34	10.61	00:31:19 / 3064 [9.58]
3351	2902	KOBUSIŃSKI Józef	WARSZAWA		51	M50/209	(M)3041	00:59:51	00:53:55	11.13	00:33:44 / 3880 [8.89]
3352	165	OKRASA marcin			09		(M)3042	00:59:52	00:55:36	10.79	00:33:48 / 3902 [8.88]
3353	4268	DZIUBA Hubert	KOZIENICE		84	M20/842	(M)3043	00:59:52	00:57:54	10.36	00:30:13 / 2685 [9.93]
3354	4272	MOJ Tomasz	STARA IWICZNA		79	M30/1149	(M)3044	00:59:53	00:56:23	10.64	00:31:52 / 3265 [9.41]
3355	5769	MADEJ Piotr	GDAŃSK		85	M20/843	(M)3045	00:59:53	00:58:14	10.30	00:32:01 / 3334 [9.37]
3356	3148	WOŚ Michał	WARSZAWA		86	M20/844	(M)3046	00:59:54	00:56:02	10.71	00:32:52 / 3580 [9.13]
3357	4719	SŁOWIŃSKA Ida	WARSZAWA		75	K30/118	(K)311	00:59:55	00:59:55	10.01	
3358	2975	KOZIOŁ Cezary	WARSZAWA-WESOŁA	GIMNAZJUM NR 119 W-WA	95		(M)3047	00:59:55	00:58:58	10.18	00:29:37 / 2474 [10.13]
3359	1640	BŁASZCZYK PIOTR	NOWY DWOR MAZ	BANASZEK DUDA COMPANY	78	M30/1150	(M)3048	00:59:55	00:55:40	10.78	00:33:48 / 3904 [8.88]
3360	4586	BUDNY Aleksandra	WARSZAWA		78	K30/119	(K)312	00:59:55	00:59:16	10.12	00:31:09 / 3001 [9.63]
3361	5227	KOŁACZKOWSKI Adam	WARSZAWA		80	M20/845	(M)3049	00:59:56	00:55:03	10.90	00:34:37 / 4099 [8.67]
3362	6041	STEMPIŃ Dariusz	PRZASNYSZ		70	M30/1151	(M)3050	00:59:56	00:56:40	10.59	00:31:55 / 3285 [9.40]
3363	4605	DZIKIEWICZ Krzysztof	WARSZAWA		85	M20/846	(M)3051	00:59:56	00:57:15	10.48	00:29:11 / 2330 [10.28]
3364	2214	URBAŃSKA Agnieszka	CZOSNÓW		70	K30/120	(K)313	00:59:56	00:59:42	10.05	00:30:11 / 2678 [9.94]
3365	393	PAWELSKI Robert	WARSZAWA		71	M30/1152	(M)3052	00:59:57	00:58:00	10.34	00:30:46 / 2866 [9.75]
3366	3152	PACEK Paweł	WARSZAWA	WAT	86	M20/847	(M)3053	00:59:57	00:56:06	10.70	00:32:50 / 3572 [9.14]
3367	3827	KOPEĆ Mateusz	WARSZAWA	ME2	87	M20/848	(M)3054	00:59:58	00:57:07	10.50	00:32:25 / 3455 [9.25]
3368	1887	SZYMANIAK Marcin	WARSZAWA		82	M20/849	(M)3055	00:59:58	00:56:25	10.64	00:33:42 / 3870 [8.90]
3369	431	SMUL Dariusz	WARSZAWA		70	M30/1153	(M)3056	00:59:58	00:57:39	10.41	00:32:01 / 3336 [9.37]
3370	3794	TRZOSOWSKI Jacek	WARSZAWA	CF CEFARM SA	64	M40/498	(M)3057	00:59:58	00:57:11	10.49	00:32:13 / 3400 [9.31]
3371	808	SASOR Zbigniew	GÓRA KALWARIA		75	M30/1154	(M)3058	00:59:58	00:57:37	10.41	00:32:38 / 3523 [9.19]
3372	1796	SOKOŁOWSKI marian	WARSZAWA		48	M60/42	(M)3059	00:59:59	00:59:30	10.08	00:29:53 / 2580 [10.04]
3373	3012	WÓJCIK Piotr			09		(M)3060	01:00:00	00:59:55	10.01	00:29:37 / 2477 [10.13]
3374	3987	MARTYNUSKA MIKOŁAJ	WARSZAWA		76	M30/1155	(M)3061	01:00:00	00:57:09	10.50	00:31:03 / 2963 [9.66]
3375	5560	GWARDA HENRYK	LUBLIN		70	M30/1156	(M)3062	01:00:00	00:59:18	10.12	00:27:22 / 1686 [10.96]
3376	1973	JANIA Maciej	WARSZAWA		72	M30/1157	(M)3063	01:00:00	00:54:12	11.07	00:34:21 / 4035 [8.73]
3377	6142	KRAWCZYK Tomasz	WARSZAWA		80	M20/850	(M)3064	01:00:01	00:58:01	10.34	
3378	5542	GROBELNY Marek	WARSZAWA	DPZ TEAM	73	M30/1158	(M)3065	01:00:01	00:58:45	10.21	00:29:39 / 2492 [10.12]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3379	2986	DALIDOWICZ Agnieszka	WARSZAWA		78	K30/121	(K)314	01:00:02	00:57:24	10.45	00:31:45 / 3226 [9.45]
3380	260	TURALSKI Paweł	WARSZAWA		79	M30/1159	(M)3066	01:00:02	00:57:24	10.45	00:31:45 / 3225 [9.45]
3381	5923	PLENIK Piotr	WARSZAWA		82	M20/851	(M)3067	01:00:02	00:57:28	10.44	00:30:34 / 2802 [9.81]
3382	4520	ŚLĘZAKOWSKI Zbigniew	WARSZAWA	PARK LEŚNY BRÓDNO	53	M50/210	(M)3068	01:00:02	00:55:06	10.89	00:34:52 / 4171 [8.60]
3383	5637	KANIUK Filip	PŁOŃSK		90		(M)3069	01:00:03	00:55:38	10.78	00:33:29 / 3802 [8.96]
3384	4452	MUCZYŃ Tomasz	KONSTANCIN-JEZIORNA		68	M40/499	(M)3070	01:00:03	00:56:03	10.70	00:33:58 / 3956 [8.83]
3385	3746	MICHAŁKOWSKA-PĘDZISZ Magdalena	WARSZAWA		78	K30/122	(K)315	01:00:03	00:56:29	10.62	00:32:53 / 3589 [9.12]
3386	2530	SABALA Krzysztof	WARSZAWA		09		(M)3071	01:00:03	00:55:25	10.83	00:33:32 / 3827 [8.95]
3387	658	TOMASZEWSKI Mateusz	PRUSZKÓW		93		(M)3072	01:00:03	00:58:21	10.28	00:29:26 / 2426 [10.19]
3388	189	KALINOWSKI Janusz	WARSZAWA	KRÓLEWSKI KLUB BIEGACZA WARSZAWA	50	M50/211	(M)3073	01:00:04	00:59:38	10.06	00:30:07 / 2654 [9.96]
3389	1201	SKRZYPKOWSKI Maciej	OTWOCK		86	M20/852	(M)3074	01:00:04	00:56:51	10.55	00:31:54 / 3275 [9.40]
3390	2294	KUBIAK Radwana	WARSZAWA		75	K30/123	(K)316	01:00:04	00:59:47	10.04	00:30:51 / 2890 [9.72]
3391	4745	MAGRZYK Czesław	WARSZAWA	BIELAŃSKI KB WARSZAWA	55	M50/212	(M)3075	01:00:05	00:58:54	10.19	00:31:15 / 3043 [9.60]
3392	4819	GRABEK agnieszka	WARSZAWA	KB FAMILIGRAB	76	K30/124	(K)317	01:00:05	00:58:53	10.19	00:31:15 / 3041 [9.60]
3393	1262	ROSLAN Jacek	WARSZAWA	HP RUN	63	M40/500	(M)3076	01:00:05	00:58:46	10.21	00:29:11 / 2322 [10.28]
3394	2848	KOBUS Andrzej	WARSZAWA		69	M40/501	(M)3077	01:00:05	00:56:35	10.60	00:33:59 / 3957 [8.83]
3395	3445	GOŁĘBIEWSKI Maciej	WARSZAWA		74	M30/1160	(M)3078	01:00:05	00:57:14	10.48	00:31:29 / 3126 [9.53]
3396	898	RASZEWSKI Piotr	WARSZAWA		80	M20/853	(M)3079	01:00:05	00:56:00	10.71	00:32:59 / 3618 [9.10]
3397	4196	KONARSKI Łukasz	WARSZAWA		95		(M)3080	01:00:05	00:55:37	10.79	00:33:14 / 3727 [9.03]
3398	158	STĘPNIEWSKI Jacek	WARSZAWA		67	M40/502	(M)3081	01:00:06	00:55:33	10.80	00:32:42 / 3536 [9.17]
3399	327	NIERZWICKI Adam	WARSZAWA		81	M20/854	(M)3082	01:00:06	00:56:33	10.61	00:35:22 / 4284 [8.48]
3400	696	IWINSKI Marcin	WARSZAWA		74	M30/1161	(M)3083	01:00:06	00:57:50	10.37	00:32:41 / 3535 [9.18]
3401	3906	CHMIELEWSKA EWA	WARSZAWA		72	K30/125	(K)318	01:00:06	00:57:12	10.49	00:32:02 / 3342 [9.37]
3402	2122	ŚLEDZIEWSKI Mariusz	OSTRÓW MAZOWIECKI		79	M30/1162	(M)3084	01:00:07	00:56:09	10.69	00:33:22 / 3767 [8.99]
3403	6680	ZAWODNIK DO UZUP					(M)3085	01:00:07	00:54:51	10.94	00:34:38 / 4107 [8.66]
3404	3903	SZTACHELSKI Zbigniew	SUWAŁKI		82	M20/855	(M)3086	01:00:08	00:58:02	10.34	00:31:23 / 3093 [9.56]
3405	1099	TKACZYK piotr	WARSZAWA		92		(M)3087	01:00:08	00:57:06	10.51	00:32:19 / 3428 [9.28]
3406	2080	GANCZEWSKI Łukasz	WARSZAWA		94		(M)3088	01:00:09	00:57:19	10.47	00:31:18 / 3056 [9.58]
3407	4287	RÓŻYCKI Maciej	WARSZAWA		85	M20/856	(M)3089	01:00:10	00:57:47	10.38	00:31:56 / 3299 [9.39]
3408	3351	DERLUKIEWICZ Arkadiusz	SUWAŁKI		69	M40/503	(M)3090	01:00:10	00:57:59	10.35	00:31:38 / 3186 [9.48]
3409	3163	LASKOWSKI Dariusz	ŁOMIANKI		61	M40/504	(M)3091	01:00:10	00:57:14	10.48	00:31:54 / 3282 [9.40]
3410	3164	LASKOWSKA Marzena	ŁOMIANKI		64	K40/47	(K)319	01:00:10	00:57:14	10.48	00:31:55 / 3283 [9.40]
3411	2241	JANUSZ Piotr	WARSZAWA		70	M30/1163	(M)3092	01:00:10	00:55:34	10.80	00:34:05 / 3980 [8.80]
3412	4621	ENGLER Ewa	JÓZEFOSŁAW		76	K30/126	(K)320	01:00:11	00:56:18	10.66	00:32:15 / 3415 [9.30]
3413	1130	MACHURA Roman	WARSZAWA		40	M60/43	(M)3093	01:00:11	00:57:27	10.44	00:31:33 / 3151 [9.51]
3414	4427	FEDOROWICZ Aleksander	WARSZAWA		71	M30/1164	(M)3094	01:00:11	00:59:04	10.16	00:31:07 / 2990 [9.64]
3415	4428	TRZCINSKA Anna Maria	WARSZAWA		78	K30/127	(K)321	01:00:11	00:59:03	10.16	00:31:07 / 2991 [9.64]
3416	612	NOWICKI Jarosław	ZIELONKA		89	M20/857	(M)3095	01:00:11	00:56:41	10.59	00:32:59 / 3622 [9.10]
3417	2260	STEFANIUK Iwona	PRUSZKÓW		77	K30/128	(K)322	01:00:11	00:58:29	10.26	00:31:49 / 3243 [9.43]
3418	2223	RUDNICKI Marek	WARSZAWA		68	M40/505	(M)3096	01:00:12	00:58:53	10.19	00:30:20 / 2716 [9.89]
3419	1305	BEREZA Krzysztof	WARSZAWA	ACTION	84	M20/858	(M)3097	01:00:12	00:58:24	10.27	00:30:44 / 2853 [9.76]
3420	3947	DĄBROWSKI Rafał	PIASECZNO		75	M30/1165	(M)3098	01:00:12	00:55:15	10.86	00:33:55 / 3938 [8.85]
3421	3946	DĄBROWSKA Agnieszka	PIASECZNO		72	K30/129	(K)323	01:00:12	00:55:15	10.86	00:33:55 / 3939 [8.85]
3422	2221	MAZURKIEWICZ Grzegorz	WARSZAWA		75	M30/1166	(M)3099	01:00:12	00:55:43	10.77	00:33:19 / 3749 [9.00]
3423	4697	SERDAK Mariusz	WARSZAWA		69	M40/506	(M)3100	01:00:13	00:55:04	10.90	00:34:35 / 4094 [8.67]
3424	2222	SZLACHTA Zbigniew Andrzej	WARSZAWA		73	M30/1167	(M)3101	01:00:13	00:55:44	10.77	00:33:19 / 3751 [9.00]
3425	5059	WASILEWSKI Jacek	WARSZAWA		72	M30/1168	(M)3102	01:00:13	00:56:29	10.62	00:33:16 / 3741 [9.02]
3426	3924	ZALESKI Jerzy	WARSZAWA		55	M50/213	(M)3103	01:00:14	00:58:08	10.32	00:31:11 / 3014 [9.62]
3427	3262	STASIAK Krzysztof	WARSZAWA		75	M30/1169	(M)3104	01:00:14	00:55:57	10.72	00:32:43 / 3541 [9.17]
3428	1539	SCHEFFS Waldemar	ZĄBKI	AON	62	M40/507	(M)3105	01:00:14	00:58:29	10.26	00:30:01 / 2622 [9.99]
3429	3578	DERA adam	WARSZAWA	-	74	M30/1170	(M)3106	01:00:14	00:56:10	10.68	00:34:05 / 3975 [8.80]
3430	2269	WOJTON Jacek	WARSZAWA		70	M30/1171	(M)3107	01:00:14	00:58:35	10.24	00:30:14 / 2688 [9.92]
3431	4161	DOŁĘŻEK Marcin	WARSZAWA	BIONDA INC.	69	M40/508	(M)3108	01:00:15	00:58:34	10.24	00:30:38 / 2823 [9.79]
3432	4242	BARTNIK Katarzyna	WARSZAWA	GIM. 81 W-WA	94		(K)324	01:00:16	00:55:52	10.74	00:33:17 / 3743 [9.01]
3433	441	ŚWIĘCICKI Kajetan	WARSZAWA		91		(M)3109	01:00:16	00:58:39	10.23	00:32:00 / 3330 [9.38]
3434	2141	KUŚMIERSKI jacek	WARSZAWA		65	M40/509	(M)3110	01:00:16	00:55:46	10.76	00:32:51 / 3576 [9.13]
3435	3061	TADEUSZ Stanisław	WARSZAWA		39	M70/4	(M)3111	01:00:17	00:58:46	10.21	00:31:13 / 3030 [9.61]
3436	5810	MIKUCKI Piotr	WARSZAWA		57	M50/214	(M)3112	01:00:17	00:56:19	10.65	00:33:07 / 3688 [9.06]
3437	1236	ŻMIJEWSKA Katarzyna	WARSZAWA	KB GYMNASION WARSZAWA	77	K30/130	(K)325	01:00:17	00:57:51	10.37	00:33:21 / 3764 [9.00]
3438	1048	BODZAN Wojciech	WARSZAWA		76	M30/1172	(M)3113	01:00:17	00:55:57	10.72	00:33:26 / 3786 [8.97]
3439	1586	KSIĄŻEK Anna	WARSZAWA		76	M30/1173	(M)3114	01:00:17	00:57:29	10.44	00:30:50 / 2883 [9.73]
3440	4731	KOŁTAŁO Paulina	ZAMCH		83	K20/103	(K)326	01:00:17	00:56:00	10.71	00:33:07 / 3677 [9.06]
3441	4801	KOZAL Marcin	WARSZAWA		76	M30/1174	(M)3115	01:00:18	00:55:18	10.85	00:34:07 / 3990 [8.79]
3442	4533	AUGUSTYNIAK bogusław	WARSZAWA		59	M50/215	(M)3116	01:00:18	00:57:31	10.43	00:32:37 / 3520 [9.20]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3443	3649	KONARSKI Kazimierz	ŁOMIANKI		56	M50/216	(M)3117	01:00:18	00:57:46	10.39	00:31:51 / 3253 [9.42]
3444	3650	KONARSKI Tomasz	ŁOMIANKI	IM2010	84	M20/859	(M)3118	01:00:18	00:57:46	10.39	00:31:51 / 3250 [9.42]
3445	4730	CIEŚLAK Agnieszka	WARSZAWA		72	K30/131	(K)327	01:00:18	00:56:01	10.71	00:33:07 / 3680 [9.06]
3446	4341	GROCHOWSKA Joanna	WARSZAWA	BIEGAMY Z OCHOTĄ	64	K40/48	(K)328	01:00:19	00:56:23	10.64	00:33:20 / 3757 [9.00]
3447	87	SZOSTAKOWSKI Jarosław			09		(M)3119	01:00:19	00:56:23	10.64	00:33:20 / 3759 [9.00]
3448	2129	DRELCZUK Krzysztof	ZIELONA GÓRA		78	M30/1175	(M)3120	01:00:19	00:58:46	10.21	00:33:19 / 3755 [9.00]
3449	1910	ŚWIĘTOCHOWSKI Marcin	ŁUKÓW		81	M20/860	(M)3121	01:00:19	00:55:57	10.72	00:32:41 / 3534 [9.18]
3450	706	ZDUNEK Tomasz	WARSZAWA		74	M30/1176	(M)3122	01:00:19	00:59:06	10.15	00:30:44 / 2854 [9.76]
3451	4255	GĄTKIEWICZ Mikołaj	WARSZAWA	BRAK	95		(M)3123	01:00:19	00:58:32	10.25	00:31:44 / 3219 [9.45]
3452	2125	SIWEK Piotr	WARSZAWA		70	M30/1177	(M)3124	01:00:21	00:56:42	10.58	00:32:40 / 3529 [9.18]
3453	4256	GĄTKIEWICZ Arkadiusz	WARSZAWA	BRAK	67	M40/510	(M)3125	01:00:21	00:58:34	10.24	00:31:44 / 3221 [9.45]
3454	2469	GERULA Andrzej	WARSZAWA	KATAPULCI	83	M20/861	(M)3126	01:00:21	00:56:50	10.56	00:35:18 / 4268 [8.50]
3455	301	RUMIANEK Marcin	WARSZAWA	MARCINRUMIANEK.COM	88	M20/862	(M)3127	01:00:22	00:57:31	10.43	00:31:19 / 3066 [9.58]
3456	6003	SIENKIEWICZ Maciej	WARSZAWA		80	M20/863	(M)3128	01:00:22	00:56:25	10.64	00:32:03 / 3346 [9.36]
3457	236	SAWA Jacek		PRZEWODNIK DLA NIEWIDOMYCH	68	M40/511	(M)3129	01:00:23	00:58:01	10.34	00:31:51 / 3251 [9.42]
3458	5233	CUDNA-RYCZER Agnieszka	WARSZAWA	TRIO MANAGEMENT	76	K30/132	(K)329	01:00:24	00:56:11	10.68	00:33:05 / 3661 [9.07]
3459	399	GAJERSKI Szymon	WARSZAWA		77	M30/1178	(M)3130	01:00:24	00:55:45	10.76	00:33:41 / 3862 [8.91]
3460	5320	ANDREJCZUK Maciej	BIAŁYSTOK		89	M20/864	(M)3131	01:00:25	00:57:16	10.48	00:33:25 / 3780 [8.98]
3461	51	PASZKIET Jacek	WARSZAWA		67	M40/512	(M)3132	01:00:25	00:55:59	10.72	00:33:42 / 3868 [8.90]
3462	5377	BIELICKI Piotr	KUTNO	NIEZRZESZONY	76	M30/1179	(M)3133	01:00:25	00:57:05	10.51	00:33:08 / 3693 [9.05]
3463	3823	MARKIEWICZ Michał	WARSZAWA		63	M40/513	(M)3134	01:00:25	00:56:42	10.58	00:32:49 / 3565 [9.14]
3464	3541	BRZOZOWSKI Marcin	WARSZAWA		79	M30/1180	(M)3135	01:00:26	00:58:52	10.19	00:31:26 / 3105 [9.54]
3465	989	KORNET Mateusz	WARSZAWA	DB MARATHON TEAM	80	M20/865	(M)3136	01:00:26	00:58:42	10.22	00:31:01 / 2956 [9.67]
3466	994	MAĆKOWIAK Jakub	WARSZAWA	DB MARATHON TEAM	82	M20/866	(M)3137	01:00:26	00:58:42	10.22	00:30:46 / 2863 [9.75]
3467	6657	LEVI Nicolas	WARSZAWA		81	M20/867	(M)3138	01:00:27	00:57:46	10.39	00:31:01 / 2955 [9.67]
3468	6576	ZAWODNIK DO UZUP					(M)3139	01:00:27	00:52:36	11.41	00:34:15 / 4014 [8.76]
3469	4212	DZIEKAN Jacek	WARSZAWA		74	M30/1181	(M)3140	01:00:27	00:58:11	10.31	00:30:40 / 2835 [9.78]
3470	5430	CIEĆKO Daniel	PRZEMYŚL	APTEKA W RYNKU	77	M30/1182	(M)3141	01:00:27	01:00:27	9.93	00:33:24 / 3777 [8.98]
3471	5797	METRYCKA Anna	ŁÓDŹ	BIEGACZ NOWOSOLNA	74	K30/133	(K)330	01:00:28	00:56:16	10.66	00:33:04 / 3655 [9.07]
3472	4456	BITKOWSKI Paweł	WARSZAWA	SOFTTUTOR	74	M30/1183	(M)3142	01:00:28	00:56:23	10.64	00:33:22 / 3768 [8.99]
3473	3754	OLĘDZKI Sławomir	WARSZAWA		69	M40/514	(M)3143	01:00:28	00:56:09	10.69	00:33:48 / 3910 [8.88]
3474	5626	KALATA Piotr	WARSZAWA	GEMS	80	M20/868	(M)3144	01:00:29	00:57:31	10.43	00:31:58 / 3312 [9.38]
3475	4436	KĄZMIERCZAK Sławomir	DRAWSKO POMORSKIE		61	M40/515	(M)3145	01:00:30	00:56:44	10.58	00:31:56 / 3294 [9.39]
3476	3525	WOLSKI Marcin	WARSZAWA		76	M30/1184	(M)3146	01:00:30	00:57:03	10.52	00:32:38 / 3522 [9.19]
3477	5839	MUSZYŃSKI Wojciech	KOLBUSZOWA		77	M30/1185	(M)3147	01:00:30	00:57:01	10.52	00:33:06 / 3669 [9.06]
3478	415	KARPIŃSKI Piotr	BŁONIE		79	M30/1186	(M)3148	01:00:31	00:56:43	10.58	00:32:47 / 3554 [9.15]
3479	5708	KRUSZEWSKI Adam	WARSZAWA		65	M40/516	(M)3149	01:00:31	00:56:32	10.61	00:32:39 / 3524 [9.19]
3480	719	PARZCHOWSKI Paweł	RADOM		84	M20/869	(M)3150	01:00:31	00:55:56	10.73	00:33:11 / 3714 [9.04]
3481	3779	NOWACKI Marcin	WARSZAWA		84	M20/870	(M)3151	01:00:31	00:56:49	10.56	00:33:53 / 3925 [8.85]
3482	778	PARA Anna	KROSNO	-----	88	K20/104	(K)331	01:00:32	00:58:25	10.27	00:30:36 / 2814 [9.80]
3483	179	DLUGOSIELSKI Piotr		PUMA	09		(M)3152	01:00:32	00:55:08	10.88	00:33:24 / 3778 [8.98]
3484	3536	DRELICH Marta	WARSZAWA		83	K20/105	(K)332	01:00:32	00:58:06	10.33	00:32:03 / 3347 [9.36]
3485	3535	DRELICH Michał	WARSZAWA		82	M20/871	(M)3153	01:00:32	00:58:05	10.33	00:32:03 / 3344 [9.36]
3486	2202	BIELEC Artur	WARSZAWA		73	M30/1187	(M)3154	01:00:32	00:54:49	10.95	00:33:47 / 3895 [8.88]
3487	1706	PIETKIEWICZ Seweryn	WARSZAWA		81	M20/872	(M)3155	01:00:32	00:57:27	10.44	00:32:11 / 3392 [9.32]
3488	397	MYŚLIŃSKI Zdzisław	WARSZAWA		75	M30/1188	(M)3156	01:00:33	00:58:11	10.31	00:31:51 / 3252 [9.42]
3489	1478	DULNIK Marcin	WARSZAWA		80	M20/873	(M)3157	01:00:33	00:57:57	10.35	00:33:08 / 3692 [9.05]
3490	1025	BRZEZIŃSKI Kamil	WARSZAWA	UKS "OLIMPUS"	92		(M)3158	01:00:33	00:58:13	10.31	00:31:04 / 2967 [9.66]
3491	5343	BANACH Andrzej	LUBLIN		47	M60/44	(M)3159	01:00:34	00:58:40	10.23	00:30:53 / 2902 [9.71]
3492	5600	JANUSZEK Małgorzata	LUBLIN		60	K40/49	(K)333	01:00:34	00:58:41	10.22	00:30:53 / 2903 [9.71]
3493	6595	ZAWODNIK DO UZUP					(M)3160	01:00:34	00:56:59	10.53	00:32:14 / 3412 [9.31]
3494	1628	KIEBAŁA Marta	WARSZAWA	BIEGAJ.PL	88	K20/106	(K)334	01:00:35	00:58:43	10.22	00:31:28 / 3118 [9.53]
3495	1021	PIETRZYK Damian	WARSZAWA		87	M20/874	(M)3161	01:00:35	00:58:43	10.22	00:31:28 / 3119 [9.53]
3496	2949	RACLAWSKI Marek	WARSZAWA		68	M40/517	(M)3162	01:00:35	00:56:50	10.56	00:32:14 / 3406 [9.31]
3497	2719	NOWICKI Rafał	PIASECZNO	10 WARSZAWSKI PUŁK SAMOCHODOWY	75	M30/1189	(M)3163	01:00:35	00:58:15	10.30	00:30:17 / 2703 [9.91]
3498	5239	PISZCZEK Jacek	TORUŃ	SHERPAS RT	82	M20/875	(M)3164	01:00:35	00:57:29	10.44	00:33:50 / 3914 [8.87]
3499	6316	WILCZEK Paweł	WARSZAWA	BRAK	68	M40/518	(M)3165	01:00:35	00:58:10	10.32	00:31:10 / 3005 [9.63]
3500	2948	RACLAWSKI Piotr	WARSZAWA		65	M40/519	(M)3166	01:00:35	00:56:50	10.56	00:32:14 / 3409 [9.31]
3501	1645	HAJDUKIEWICZ Tomasz	ELBLĄG		78	M30/1190	(M)3167	01:00:36	00:56:05	10.70	00:34:07 / 3989 [8.79]
3502	6033	STĘPŃIEWSKI Sebastian	NADARZYN		85	M20/876	(M)3168	01:00:36	00:55:41	10.78	00:34:17 / 4025 [8.75]
3503	679	TUROS Marek	WARSZAWA		69	M40/520	(M)3169	01:00:36	00:56:39	10.59	00:33:02 / 3637 [9.08]
3504	5224	RODO Anna	WARSZAWA	KSPZ BIAŁY KIEL	72	K30/134	(K)335	01:00:37	00:56:40	10.59	00:33:02 / 3638 [9.08]
3505	4320	TRZCIŃSKI WIESŁAW	PULTUSK		62	M40/521	(M)3170	01:00:37	00:56:26	10.63	00:33:31 / 3815 [8.95]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3506	1176	MĘŻYŃSKI Piotr	ZIELONKA		79	M30/1191	(M)3171	01:00:37	00:56:05	10.70	00:33:12 / 3718 [9.04]
3507	2165	KOŁODZIEJ roman	WARSZAWA		65	M40/522	(M)3172	01:00:38	01:00:15	9.96	00:31:14 / 3039 [9.61]
3508	6385	ZIMNOWODZKI Dawid Krystian	WARSZAWA		94		(M)3173	01:00:38	00:57:59	10.35	00:32:10 / 3383 [9.33]
3509	5208	ZAWODNIK DO UZUP					(M)3174	01:00:38	00:58:12	10.31	00:32:44 / 3547 [9.16]
3510	2977	KOZIOŁ Mariusz	WARSZAWA-WESOŁA	AKADEMIA OBRONY NARODOWEJ	72	M30/1192	(M)3175	01:00:38	00:59:40	10.06	00:30:47 / 2869 [9.75]
3511	2070	KIERNOZEK Sylwia	WARSZAWA		83	K20/107	(K)336	01:00:38	00:58:13	10.31	00:32:06 / 3364 [9.35]
3512	2071	WYSZKOWSKI Rafał	WARSZAWA		80	M20/877	(M)3176	01:00:38	00:58:13	10.31	00:32:06 / 3363 [9.35]
3513	5207	SZUBERT Przemysław	WARSZAWA		79	M30/1193	(M)3177	01:00:38	00:58:12	10.31	00:32:44 / 3545 [9.16]
3514	1714	JAKUBIK Paweł	WARSZAWA		87	M20/878	(M)3178	01:00:39	00:58:12	10.31	00:31:35 / 3168 [9.50]
3515	919	MARCZUK Stanisław	WARSZAWA		55	M50/217	(M)3179	01:00:39	00:58:28	10.26	00:31:39 / 3187 [9.48]
3516	2838	ZIĘBA Mariusz	WARSZAWA		76	M30/1194	(M)3180	01:00:40	00:54:47	10.95	00:36:38 / 4550 [8.19]
3517	2167	POGRANICZNY Maciej	WARSZAWA		84	M20/879	(M)3181	01:00:40	00:57:21	10.46	00:34:47 / 4139 [8.62]
3518	923	SZUMOWSKI Tadeusz	WARSZAWA		47	M60/45	(M)3182	01:00:40	00:57:17	10.47	00:32:30 / 3477 [9.23]
3519	2959	CYPEL Sławomir	SOCHACZEW	DRAGON FIGHT CLUB	72	M30/1195	(M)3183	01:00:40	00:55:48	10.75	00:32:35 / 3504 [9.21]
3520	3520	MARCZAK Andrzej	WARSZAWA	N/A	69	M40/523	(M)3184	01:00:40	00:56:36	10.60	00:33:29 / 3800 [8.96]
3521	3521	GRUNWALD Tomasz	WARSZAWA		71	M30/1196	(M)3185	01:00:41	00:56:37	10.60	00:33:28 / 3794 [8.96]
3522	2218	ZAGUN Kiejstut	WARSZAWA		75	M30/1197	(M)3186	01:00:41	00:57:35	10.42	00:32:49 / 3564 [9.14]
3523	2079	SOBANSKI Michał	WARSZAWA		94		(M)3187	01:00:41	00:57:55	10.36	00:31:40 / 3194 [9.47]
3524	3623	LUBERADZKI Michał	WARSZAWA	KB HOLMES PLACE	63	M40/524	(M)3188	01:00:41	00:59:32	10.08	00:30:46 / 2862 [9.75]
3525	4074	ROSKIEWICZ Tomasz	WARSZAWA	SPORT21	79	M30/1198	(M)3189	01:00:42	00:55:46	10.76	00:35:39 / 4359 [8.42]
3526	5599	JANUŁAJTYS Dorota	ŁÓDŹ	BIEGACZ NOWOSOLNA	73	K30/135	(K)337	01:00:42	00:56:30	10.62	00:33:05 / 3659 [9.07]
3527	4143	WÓJCIK Anna	ZAMOŚĆ		82	K20/108	(K)338	01:00:42	00:58:42	10.22	00:30:25 / 2747 [9.86]
3528	5003	OCHRYMOWICZ Tomasz	WARSZAWA		72	M30/1199	(M)3190	01:00:42	00:57:26	10.45	00:33:12 / 3715 [9.04]
3529	951	HUSIATYŃSKI Janusz	WARSZAWA		41	M60/46	(M)3191	01:00:42	00:56:43	10.58	00:33:57 / 3948 [8.84]
3530	947	EJSYMOND Daniel	WARSZAWA		72	M30/1200	(M)3192	01:00:42	00:57:03	10.52	00:32:01 / 3332 [9.37]
3531	902	WIDZIEWICZ Aleksandra	WARSZAWA		68	K40/50	(K)339	01:00:42	00:57:23	10.46	00:33:24 / 3775 [8.98]
3532	1406	MAJEWSKI Artur	WARSZAWA	ACTION	76	M30/1201	(M)3193	01:00:43	00:58:05	10.33	00:32:12 / 3395 [9.32]
3533	3937	JAKUBOWSKA Dominika	WARSZAWA		79	K30/136	(K)340	01:00:43	00:58:30	10.26	00:32:50 / 3570 [9.14]
3534	3940	PANASEWICZ SZYMON	WARSZAWA		79	M30/1202	(M)3194	01:00:43	00:55:20	10.84	00:34:26 / 4064 [8.71]
3535	406	RYBICKI Mateusz	WARSZAWA		98		(M)3195	01:00:43	00:58:49	10.20	00:31:06 / 2985 [9.65]
3536	3000	FIODORÓW Paweł	WARSZAWA	AZS WAT WARSZAWA	74	M30/1203	(M)3196	01:00:43	00:58:20	10.29	00:31:51 / 3257 [9.42]
3537	1911	JÓZEFOWICZ Ewa	WARSZAWA		80	K20/109	(K)341	01:00:44	00:55:30	10.81	00:33:10 / 3707 [9.05]
3538	443	SIWCZUK Aleksandra	OLSZTYN		81	K20/110	(K)342	01:00:44	00:57:04	10.51	00:31:56 / 3295 [9.39]
3539	1333	MISIUK Wiktor	WARSZAWA	ACTION	78	M30/1204	(M)3197	01:00:44	00:57:43	10.40	00:31:53 / 3269 [9.41]
3540	2623	SIDWIŃSKI Marcin	WARSZAWA		82	M20/880	(M)3198	01:00:44	00:56:06	10.70	00:34:53 / 4176 [8.60]
3541	3780	LEW-MIRSKI Janusz	WARSZAWA		75	M30/1205	(M)3199	01:00:44	00:57:42	10.40	00:33:47 / 3901 [8.88]
3542	1983	REŃDA Jarosław	SOCZEWKA		72	M30/1206	(M)3200	01:00:45	00:57:01	10.52	00:32:28 / 3471 [9.24]
3543	163	DZIWIŃSKA Joanna		PUMA	09		(M)3201	01:00:45	00:57:51	10.37	00:33:48 / 3903 [8.88]
3544	3763	BURDZY Paweł	WARSZAWA		70	M30/1207	(M)3202	01:00:45	00:55:24	10.83	00:34:44 / 4123 [8.64]
3545	1591	STRUBIŃSKI Paweł	WARSZAWA		70	M30/1208	(M)3203	01:00:45	00:56:18	10.66	00:33:14 / 3730 [9.03]
3546	1669	SENDER Robert	WARSZAWA		78	M30/1209	(M)3204	01:00:45	00:56:45	10.57	00:32:49 / 3566 [9.14]
3547	2078	WOJTASZEK Bartek	WARSZAWA		94		(M)3205	01:00:45	00:57:58	10.35	00:31:40 / 3192 [9.47]
3548	2164	GAŚIEWSKI Paweł	WARSZAWA	ERA RUNNING TEAM	77	M30/1210	(M)3206	01:00:46	00:58:46	10.21	00:31:53 / 3272 [9.41]
3549	5303	ŁUCZYŃSKA Agata	WARSZAWA		75	K30/137	(K)343	01:00:46	00:58:52	10.19	00:31:56 / 3291 [9.39]
3550	170	MOŹDZIERZ fryderyk			09		(M)3207	01:00:47	01:00:36	9.90	00:27:59 / 1923 [10.72]
3551	4591	KIESIEWICZ MAGDALENA	WARSZAWA		80	K20/111	(K)344	01:00:47	00:59:24	10.10	00:31:06 / 2983 [9.65]
3552	5844	NAKONIECZNY Krzysztof	DEBŁIN		83	M20/881	(M)3208	01:00:47	00:59:03	10.16	00:31:37 / 3175 [9.49]
3553	3396	NIEŚCIORUK Mirosław	ŁOMIANKI		61	M40/525	(M)3209	01:00:48	00:56:29	10.62	00:32:26 / 3464 [9.25]
3554	5882	OSTERLOFF Tomasz	WŁOCŁAWEK	AUTOMOBILKLUB WŁOCŁAWSKI	56	M50/218	(M)3210	01:00:48	00:57:36	10.42	00:32:33 / 3493 [9.22]
3555	1334	NACHTYGAL Tomasz	WARSZAWA	ACTION	74	M30/1211	(M)3211	01:00:48	00:59:25	10.10	00:31:13 / 3029 [9.61]
3556	1318	KAMIŃSKI Jarosław	WARSZAWA	ACTION	79	M30/1212	(M)3212	01:00:48	00:59:25	10.10	00:31:13 / 3027 [9.61]
3557	2493	WOLNY Damian	WARSZAWA		89	M20/882	(M)3213	01:00:48	00:57:46	10.39	00:29:55 / 2588 [10.03]
3558	877	CHMIELEWSKA Grażyna	WARSZAWA		71	K30/138	(K)345	01:00:49	00:58:33	10.25	00:31:14 / 3038 [9.61]
3559	1891	PIĄTEK Łukasz	WARSZAWA		75	M30/1213	(M)3214	01:00:49	00:56:15	10.67	00:33:44 / 3877 [8.89]
3560	4173	NEUBER Alexander	WARSZAWA		65	M40/526	(M)3215	01:00:50	00:56:51	10.55	00:33:01 / 3630 [9.09]
3561	4805	KLIMASZEWICZ Monika	OLSZTYN		75	K30/139	(K)346	01:00:50	00:59:20	10.11	00:31:05 / 2976 [9.65]
3562	6663	ZAWODNIK DO UZUP					(M)3216	01:00:50	00:57:02	10.52	00:32:22 / 3438 [9.27]
3563	729	MAJKOWSKI Michał	WARSZAWA		74	M30/1214	(M)3217	01:00:51	00:56:55	10.54	00:32:35 / 3503 [9.21]
3564	93	JABRASZKO Jerzy			09		(M)3218	01:00:51	00:57:01	10.52	00:33:32 / 3824 [8.95]
3565	2850	JASKÓLSKI Łukasz	WARSZAWA		76	M30/1215	(M)3219	01:00:52	00:57:16	10.48	00:32:43 / 3542 [9.17]
3566	4854	MACIEJEWSKA Marta	WARSZAWA	BIESZCZADZKIE JELONKI	95		(K)347	01:00:52	01:00:36	9.90	00:29:17 / 2366 [10.24]
3567	1779	WŁODARCZYK Łukasz	OTWOCK		87	M20/883	(M)3220	01:00:52	00:57:27	10.44	00:31:43 / 3212 [9.46]
3568	3540	TAPEREK Katarzyna	WARSZAWA		77	K30/140	(K)348	01:00:52	00:59:18	10.12	00:31:27 / 3109 [9.54]
3569	6599	KOBERA Valerie	WARSZAWA		85	K20/112	(K)349	01:00:53	00:58:15	10.30	00:32:20 / 3433 [9.28]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3570	299	SKRZECZ Paweł			09		(M)3221	01:00:54	01:00:51	9.86	00:29:11 / 2328 [10.28]
3571	2006	ŻÓŁTAK Tomasz	WARSZAWA	AZS UW WARSZAWA	85	M20/884	(M)3222	01:00:54	00:58:00	10.34	00:30:40 / 2833 [9.78]
3572	725	KĘPIŃSKI Grzegorz	WARSZAWA	INDYWIDUALNIE	49	M60/47	(M)3223	01:00:55	00:57:56	10.36	00:31:57 / 3305 [9.39]
3573	4311	PRZYSUCHA Justyna	WARSZAWA		84	K20/113	(K)350	01:00:55	00:58:42	10.22	00:31:34 / 3162 [9.50]
3574	475	ZAKRZEWSKI Rafał	CHOTOMÓW		76	M30/1216	(M)3224	01:00:55	00:59:29	10.09	00:32:47 / 3559 [9.15]
3575	2140	BANKIEWICZ KRZYSZTOF	WARSZAWA		55	M50/219	(M)3225	01:00:55	00:57:05	10.51	00:32:56 / 3601 [9.11]
3576	4906	GALICA Mateusz	WARSZAWA		74	M30/1217	(M)3226	01:00:55	00:58:30	10.26	00:31:21 / 3079 [9.57]
3577	1453	GAJEWSKI Michał	WARSZAWA		78	M30/1218	(M)3227	01:00:56	00:57:06	10.51	00:32:56 / 3603 [9.11]
3578	2582	BĘBENEK Krystyna	JEZIORZANY	JEZIORZANY	76	K30/141	(K)351	01:00:56	00:57:49	10.38	00:33:50 / 3912 [8.87]
3579	1425	HANDZEL Anna	WARSZAWA	ACTION	66	K40/51	(K)352	01:00:57	00:58:21	10.28	00:32:57 / 3609 [9.10]
3580	1265	ZAREMBA Łukasz	WARSZAWA		80	M20/885	(M)3228	01:00:58	01:00:46	9.87	00:29:39 / 2490 [10.12]
3581	3721	NAPIÓRKOWSKI Mieczysław	RADZIEJOWICE-SŁABO		49	M60/48	(M)3229	01:00:58	00:57:33	10.43	00:33:52 / 3924 [8.86]
3582	958	CHABIERA Sławomir	TARGÓWKA		73	M30/1219	(M)3230	01:00:59	00:58:18	10.29	00:32:24 / 3449 [9.26]
3583	3249	LEWANDOWSKA Monika	MILANÓWEK		78	K30/142	(K)353	01:00:59	00:57:59	10.35	00:31:53 / 3274 [9.41]
3584	3210	KEREM Dori	WARSZAWA		76	M30/1220	(M)3231	01:00:59	00:58:47	10.21	00:32:22 / 3439 [9.27]
3585	3211	WERTHEIM alex	WARSZAWA	VISTULA RUNNERS	49	M60/49	(M)3232	01:01:00	00:58:47	10.21	00:32:22 / 3442 [9.27]
3586	2027	KAMIŃSKI Wiesław	WARSZAWA		67	M40/527	(M)3233	01:01:00	00:54:19	11.05	00:33:35 / 3840 [8.93]
3587	3284	TWAROWSKI Michał	WARSZAWA		90		(M)3234	01:01:00	00:56:37	10.60	00:32:04 / 3351 [9.36]
3588	2505	ROGALA Bożena	WARSZAWA		60	K40/52	(K)354	01:01:00	00:59:21	10.11	00:31:54 / 3280 [9.40]
3589	5017	CICHOŃ Artur	WARSZAWA		65	M40/528	(M)3235	01:01:00	00:57:33	10.43	00:32:23 / 3444 [9.26]
3590	4710	GOŁĘBIOWSKI Cezary	WARSZAWA		58	M50/220	(M)3236	01:01:01	00:58:57	10.18	00:31:29 / 3130 [9.53]
3591	5738	LELONEK Hubert	SOCHACZEW	GIMNAZJUM NR 3 SOCHACZEW	94		(M)3237	01:01:02	01:00:49	9.87	00:30:12 / 2681 [9.93]
3592	4039	DOBROWOLSKI Artur	WARSZAWA	STRAŻ MIEJSKA WARSZAWA	74	M30/1221	(M)3238	01:01:02	00:56:04	10.70	00:33:58 / 3954 [8.83]
3593	3700	ZAKĘPSKI Marcin	WARSZAWA		75	M30/1222	(M)3239	01:01:03	00:56:23	10.64	00:37:18 / 4659 [8.04]
3594	1629	HENRIK Jerzy	WARSZAWA		51	M50/221	(M)3240	01:01:03	01:01:03	9.83	00:30:39 / 2829 [9.79]
3595	5993	SALAMONIK Magdalena	BACZKÓW	RUNNINGTEAMMIASKÓW	94		(K)355	01:01:03	00:56:39	10.59	00:35:19 / 4271 [8.49]
3596	2937	KUTASZEWICZ Marek	WARSZAWA		56	M50/222	(M)3241	01:01:03	01:00:45	9.88	00:29:59 / 2605 [10.01]
3597	5870	ODZIEMCZYK Alicja	BACZKÓW	RUNCLUBMIASKÓW	94		(K)356	01:01:04	01:01:04	9.83	00:35:19 / 4269 [8.49]
3598	3336	WORONOWICZ Natalia	WARSZAWA		84	K20/114	(K)357	01:01:04	00:56:33	10.61	00:33:07 / 3683 [9.06]
3599	4757	TUSIŃSKI Łukasz	WARSZAWA		81	M20/886	(M)3242	01:01:04	00:58:02	10.34	00:33:48 / 3905 [8.88]
3600	3789	PANUFNIK Tomasz	BOROWA GÓRA	WIELKA POLONIA	81	M20/887	(M)3243	01:01:04	00:58:01	10.34	00:33:47 / 3893 [8.88]
3601	4666	CHROBOT Piotr	WARSZAWA		67	M40/529	(M)3244	01:01:06	00:59:04	10.16	00:31:37 / 3178 [9.49]
3602	2120	KAWECKI Zygmunt	WARSZAWA	ABC KONDYCJA-LAS KABACKI	53	M50/223	(M)3245	01:01:06	00:59:13	10.13	00:30:50 / 2881 [9.73]
3603	4121	ZIĘBA Katarzyna	WARSZAWA		83	K20/115	(K)358	01:01:06	00:59:33	10.08	00:31:54 / 3276 [9.40]
3604	4625	PIECH Bartosz	WARSZAWA		76	M30/1223	(M)3246	01:01:07	00:57:11	10.49	00:34:20 / 4034 [8.74]
3605	3197	ŁUGOWSKI paweł	WARSZAWA		58	M50/224	(M)3247	01:01:08	00:57:37	10.41	00:33:09 / 3696 [9.05]
3606	1759	NIEDZICKI Bartosz	WARSZAWA		79	M30/1224	(M)3248	01:01:08	00:57:04	10.51	00:33:37 / 3849 [8.92]
3607	1760	WROŃSKI Zbigniew	WARSZAWA		78	M30/1225	(M)3249	01:01:08	00:57:04	10.51	00:33:37 / 3846 [8.92]
3608	5023	ROKITA Stanisław	WARSZAWA		56	M50/225	(M)3250	01:01:08	00:59:10	10.14	00:32:53 / 3590 [9.12]
3609	3857	KRUSZEWSKI Jakub	WARSZAWA		86	M20/888	(M)3251	01:01:09	00:57:16	10.48	00:32:27 / 3465 [9.24]
3610	1594	SŁYSZ Borys	WARSZAWA		77	M30/1226	(M)3252	01:01:10	00:56:41	10.59	00:34:15 / 4018 [8.76]
3611	4246	BOCHACZ Andrzej	WARSZAWA		58	M50/226	(M)3253	01:01:11	00:57:54	10.36	00:33:18 / 3746 [9.01]
3612	578	PIWKO Grażyna	WARSZAWA	PARK LEŚNY BRÓDNO	63	K40/53	(K)359	01:01:11	00:57:09	10.50	00:33:37 / 3843 [8.92]
3613	376	MICUŁA Karol	WARSZAWA		91		(M)3254	01:01:11	00:58:08	10.32	00:32:19 / 3430 [9.28]
3614	5225	TROJECKA MARTA	WARSZAWA		83	K20/116	(K)360	01:01:12	00:56:28	10.63	00:34:40 / 4112 [8.65]
3615	1945	NACHULEWICZ Paweł	WARSZAWA		63	M40/530	(M)3255	01:01:12	00:55:32	10.80	00:33:56 / 3946 [8.84]
3616	979	PERLowski Piotr	WARSZAWA	WARSZAWA-BEMOWO	82	M20/889	(M)3256	01:01:12	00:56:25	10.64	00:34:14 / 4011 [8.76]
3617	414	SKIERKOWSKA Marzena	KAMPINOS		71	K30/143	(K)361	01:01:13	01:00:09	9.98	00:31:21 / 3078 [9.57]
3618	4626	SIKORA Barbara	WARSZAWA		74	K30/144	(K)362	01:01:13	00:57:01	10.52	00:33:41 / 3859 [8.91]
3619	1151	ŁOBEJKO Arkadiusz	WARSZAWA		77	M30/1227	(M)3257	01:01:13	00:59:24	10.10	00:33:55 / 3933 [8.85]
3620	2706	JENSEN Michael	WARSZAWA		71	M30/1228	(M)3258	01:01:14	00:55:29	10.81	00:34:34 / 4090 [8.68]
3621	2364	ŚWIĘCICKI Wawrzyniec	WARSZAWA	SPORT21	71	M30/1229	(M)3259	01:01:14	00:56:18	10.66	00:35:40 / 4362 [8.41]
3622	6163	TWARDOWSKI ROBERT	RADOM	JW 34 63 RADOM	59	M50/227	(M)3260	01:01:14	00:58:14	10.30	00:33:19 / 3752 [9.00]
3623	5426	CHYLICKI MARIAN -TOMASZ	RADOM	JW 3463 RADOM	58	M50/228	(M)3261	01:01:14	00:58:15	10.30	00:33:19 / 3756 [9.00]
3624	1266	ALCHIMOWICZ Tomasz	WARSZAWA		73	M30/1230	(M)3262	01:01:14	01:01:03	9.83	00:30:44 / 2855 [9.76]
3625	555	SKURZAK Michał	WARSZAWA		75	M30/1231	(M)3263	01:01:14	00:58:02	10.34	00:32:27 / 3468 [9.24]
3626	6280	TYWANEK KONRAD	RADOM	JW 3463 RADOM	80	M20/890	(M)3264	01:01:14	00:58:17	10.29	00:33:19 / 3753 [9.00]
3627	4163	KRASNODĘBSKI Adam	WARSZAWA		94		(M)3265	01:01:15	00:58:09	10.32	00:33:22 / 3770 [8.99]
3628	1166	PLATEK Tomasz	WESOŁA	TKKF WESOŁA	76	M30/1232	(M)3266	01:01:15	00:57:20	10.47	00:33:31 / 3816 [8.95]
3629	4231	KOCIMSKA Agnieszka	NOWE MAISTO		80	K20/117	(K)363	01:01:15	00:55:49	10.75	00:34:36 / 4096 [8.67]
3630	5080	KUDELSKI Michał	WARSZAWA		81	M20/891	(M)3267	01:01:16	00:56:15	10.67	00:34:14 / 4009 [8.76]
3631	888	KOBYLIŃSKI Artur	BŁONIE		83	M20/892	(M)3268	01:01:16	00:58:41	10.22	00:30:20 / 2719 [9.89]
3632	3519	SOSNOWSKI Radosław	WARSZAWA		79	M30/1233	(M)3269	01:01:16	00:57:10	10.50	00:35:03 / 4217 [8.56]
3633	1506	PŁOSKI Grzegorz	WARSZAWA	AGR WELODROM	59	M50/229	(M)3270	01:01:16	00:58:34	10.24	00:32:54 / 3595 [9.12]
3634	326	LEWANDOWSKI Jakub	WARSZAWA		89	M20/893	(M)3271	01:01:16	00:57:41	10.40	00:33:04 / 3648 [9.07]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3635	836	SZYMCZAK Ryszard	WARSZAWA		43	M60/50	(M)3272	01:01:16	00:58:16	10.30	00:32:24 / 3447 [9.26]
3636	3108	DUDA krzysztof	SZCZECIN		79	M30/1234	(M)3273	01:01:16	00:57:57	10.35	00:33:47 / 3898 [8.88]
3637	392	UZIEBLO Filip	WARSZAWA		74	M30/1235	(M)3274	01:01:17	00:57:04	10.51	00:33:05 / 3664 [9.07]
3638	2973	CIEĆWIERZ Sławomir	WARSZAWA		67	M40/531	(M)3275	01:01:18	00:57:46	10.39	00:33:41 / 3860 [8.91]
3639	2821	PUZYŃSKI Jakub	WARSZAWA	NUTRICA	83	M20/894	(M)3276	01:01:19	00:57:10	10.50	00:33:43 / 3875 [8.90]
3640	2701	KALINOWSKI Maciej	WARSZAWA	BEZ PRZYNALEŻNOŚCI	95		(M)3277	01:01:19	00:57:17	10.47	00:33:27 / 3792 [8.97]
3641	4915	BIELEWICZ Antoni	WARSZAWA		74	M30/1236	(M)3278	01:01:20	00:58:02	10.34	00:33:03 / 3641 [9.08]
3642	2969	STOKOWSKA Elżunia	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ	59	K50/15	(K)364	01:01:20	00:58:44	10.22	00:33:08 / 3689 [9.05]
3643	2970	NIECKUŁA Zbyszek	ŁÓDŹ	KB ARTURÓWEK ŁÓDŹ	55	M50/230	(M)3279	01:01:20	00:58:44	10.22	00:33:08 / 3691 [9.05]
3644	3432	MICHALSKI Dariusz	WARSZAWA		60	M40/532	(M)3280	01:01:20	00:57:53	10.37	00:33:04 / 3651 [9.07]
3645	5036	BELKOWSKI Bartosz	WARSZAWA		79	M30/1237	(M)3281	01:01:20	00:55:47	10.76	00:35:20 / 4275 [8.49]
3646	3895	DĄBROWSKI Darek	WARSZAWA		72	M30/1238	(M)3282	01:01:21	00:58:26	10.27	00:32:11 / 3387 [9.32]
3647	4464	NOWACKI Michał	WARSZAWA		78	M30/1239	(M)3283	01:01:21	00:56:31	10.62	00:36:55 / 4596 [8.13]
3648	1051	DOŁĘGA Robert	SIEDLCE		82	M20/895	(M)3284	01:01:22	00:57:48	10.38	00:33:29 / 3803 [8.96]
3649	2908	KOSTRZEWA Piotr	WARSZAWA		72	M30/1240	(M)3285	01:01:22	00:58:14	10.30	00:31:46 / 3228 [9.44]
3650	4100	JĘDRZEJOWSKI Antoni	WARSZAWA		70	M30/1241	(M)3286	01:01:22	00:56:08	10.69	00:33:09 / 3703 [9.05]
3651	4197	SMOLARZ Jacek	STRZENIÓWKA		54	M50/231	(M)3287	01:01:23	00:55:42	10.77	00:33:50 / 3913 [8.87]
3652	323	SZYMAŃSKI Przemysław	WARSZAWA		78	M30/1242	(M)3288	01:01:23	00:58:07	10.32	00:33:52 / 3921 [8.86]
3653	4522	SOBIECH Łukasz	PRUSZKÓW		84	M20/896	(M)3289	01:01:23	00:59:06	10.15	00:31:55 / 3286 [9.40]
3654	5281	MIERZANOWSKI Andrzej	WARSZAWA		74	M30/1243	(M)3290	01:01:23	00:57:56	10.36	00:32:06 / 3359 [9.35]
3655	3599	GODEK Piotr	WARSZAWA		66	M40/533	(M)3291	01:01:23	00:56:01	10.71	00:34:42 / 4121 [8.65]
3656	1926	ORDYŁOWSKI Tytus	WARSZAWA		94		(M)3292	01:01:24	01:00:05	9.99	00:31:00 / 2949 [9.68]
3657	1713	BELKA Jacek	WARSZAWA		74	M30/1244	(M)3293	01:01:24	00:57:10	10.50	00:34:06 / 3984 [8.80]
3658	1928	BIELUSZKA Marta	WARSZAWA	ITI ADVENTURE TEAM	85	K20/118	(K)365	01:01:25	01:00:36	9.90	00:29:56 / 2596 [10.02]
3659	6887	OCHMAŃSKA Daria	WARSZAWA		86	K20/119	(K)366	01:01:26	00:57:52	10.37	00:33:54 / 3932 [8.85]
3660	5349	BARTNIAK Kamil	WARSZAWA		82	M20/897	(M)3294	01:01:26	00:57:51	10.37	00:33:54 / 3931 [8.85]
3661	2143	PULA Jacek	GARWOLIN		80	M20/898	(M)3295	01:01:26	00:58:46	10.21	00:31:51 / 3256 [9.42]
3662	4690	DADAS Konrad	WARSZAWA		93		(M)3296	01:01:26	00:55:22	10.84	00:35:06 / 4236 [8.55]
3663	1866	JURCZUK Marcin	WARSZAWA		77	M30/1245	(M)3297	01:01:27	00:59:20	10.11	00:32:44 / 3546 [9.16]
3664	3995	CHUDZIK Tomasz	WARSZAWA	ERA RUNNING TEAM	74	M30/1246	(M)3298	01:01:27	00:56:53	10.55	00:34:22 / 4037 [8.73]
3665	1181	GAWRYSZEWSKI Jacek	WARSZAWA		50	M50/232	(M)3299	01:01:27	00:56:40	10.59	00:34:01 / 3960 [8.82]
3666	5514	GEMBUS BLAŻEJ	ŁÓDŹ		71	M30/1247	(M)3300	01:01:28	00:57:48	10.38	00:32:33 / 3496 [9.22]
3667	615	DOMAGAŁA Walerian	ŁOMIANKI		44	M60/51	(M)3301	01:01:28	01:01:21	9.78	00:30:49 / 2876 [9.73]
3668	6152	KACZMAREK Andrzej	ŚWIEBODZIN	ŚWIEBODZIN-POLSKA	68	M40/534	(M)3302	01:01:28	00:58:42	10.22	00:33:58 / 3953 [8.83]
3669	2825	SZYMANKIEWICZ Sławomir	WARSZAWA		70	M30/1248	(M)3303	01:01:29	00:57:20	10.47	00:34:12 / 4001 [8.77]
3670	6074	SZELAĞ TOMASZ	WARSZAWA		78	M30/1249	(M)3304	01:01:29	00:59:14	10.13	00:32:36 / 3515 [9.20]
3671	3711	JAŚKIEWICZ Grzegorz	RADOM		86	M20/899	(M)3305	01:01:29	00:58:17	10.29	00:31:25 / 3102 [9.55]
3672	766	NOWAK Marcin	WARSZAWA		74	M30/1250	(M)3306	01:01:30	00:58:29	10.26	00:31:11 / 3016 [9.62]
3673	3934	RACZYŃSKI Paweł	ZIELONKA	NIEŚWIADOMI	86	M20/900	(M)3307	01:01:30	00:56:58	10.53	00:33:04 / 3646 [9.07]
3674	4651	WALLEWEIN Jacek	WARSZAWA		70	M30/1251	(M)3308	01:01:31	00:59:15	10.13	00:32:12 / 3396 [9.32]
3675	4650	WENDOŁOWSKI Robert	WARSZAWA		76	M30/1252	(M)3309	01:01:31	00:59:14	10.13	00:32:12 / 3398 [9.32]
3676	2517	JANCZEWSKI Andrzej	WARSZAWA		74	M30/1253	(M)3310	01:01:32	01:01:13	9.80	00:29:56 / 2593 [10.02]
3677	507	TURLEJ Zbigniew	WARSZAWA		48	M60/52	(M)3311	01:01:32	00:58:54	10.19	00:32:08 / 3374 [9.34]
3678	6158	LUCZYŃSKA monika	WARSZAWA	ŚCIEZKI BEGOWE POLE MOKOTOWSKIE	71	K30/145	(K)367	01:01:33	00:59:39	10.06	00:31:55 / 3290 [9.40]
3679	3326	MAJ Arkadiusz	WARSZAWA		76	M30/1254	(M)3312	01:01:33	00:59:54	10.02	00:31:27 / 3113 [9.54]
3680	3176	SKŁADZIEN Bogusław, Grzegorz	WROCLAW	NIEZRZESZONY	54	M50/233	(M)3313	01:01:33	00:57:10	10.50	00:32:04 / 3352 [9.36]
3681	2868	ŻOCHOWSKI Jarosław	WARSZAWA		87	M20/901	(M)3314	01:01:33	00:58:57	10.18	00:32:16 / 3421 [9.30]
3682	5237	HAŁGAS Agnieszka	WAŁBRZYCH		81	K20/120	(K)368	01:01:34	01:01:25	9.77	00:31:24 / 3099 [9.55]
3683	4492	PAWLAK Krzysztof	WARSZAWA		78	M30/1255	(M)3315	01:01:34	01:01:25	9.77	00:31:24 / 3100 [9.55]
3684	2610	WÓJCİK Dariusz	WARSZAWA		72	M30/1256	(M)3316	01:01:35	00:56:52	10.55	00:35:02 / 4213 [8.56]
3685	1437	WÓJCİK Piotr	WARSZAWA	ACTION	81	M20/902	(M)3317	01:01:35	01:00:42	9.88	00:30:10 / 2668 [9.94]
3686	856	DYMEL Piotr	WARSZAWA	KLUB BIEGOWY NIKE	52	M50/234	(M)3318	01:01:35	01:00:09	9.98	00:30:58 / 2930 [9.69]
3687	2050	ADAMSKI Zbigniew	WARSZAWA		57	M50/235	(M)3319	01:01:35	00:57:20	10.47	00:33:10 / 3706 [9.05]
3688	3430	MIKOŁAJCZAK Kamil	KRZAKI		81	M20/903	(M)3320	01:01:36	01:01:17	9.79	00:31:24 / 3096 [9.55]
3689	178	TROJANOWSKI tomasz			09		(M)3321	01:01:36	01:01:25	9.77	00:29:48 / 2560 [10.07]
3690	2417	OWSIAK ROBERT	ŁOMIANKI		74	M30/1257	(M)3322	01:01:37	00:58:31	10.25	00:30:44 / 2852 [9.76]
3691	479	DUDEK Tomasz	WARSZAWA		72	M30/1258	(M)3323	01:01:37	00:59:18	10.12	00:32:02 / 3339 [9.37]
3692	5061	MIESZKOWSKI Dariusz	WARSZAWA	WARSZAWA-ŻOLIBÓRZ	61	M40/535	(M)3324	01:01:38	00:58:30	10.26	00:33:26 / 3787 [8.97]
3693	1639	BŁASZCZYK lukasz	NOWY DWÓR		84	M20/904	(M)3325	01:01:38	00:55:47	10.76	00:33:48 / 3907 [8.88]
3694	1619	MICHALSKI Lech	WARSZAWA		79	M30/1259	(M)3326	01:01:39	00:58:32	10.25	00:32:47 / 3556 [9.15]
3695	2119	JANKOWSKA Małgorzata	WARSZAWA		78	K30/146	(K)369	01:01:39	00:57:38	10.41	00:33:48 / 3909 [8.88]
3696	5182	PIETRAŚ Agata	WARSZAWA		84	K20/121	(K)370	01:01:39	00:56:11	10.68	00:35:40 / 4366 [8.41]
3697	4845	WOŹNICZKA Mateusz	WARSZAWA		86	M20/905	(M)3327	01:01:39	00:58:08	10.32	00:32:30 / 3481 [9.23]
3698	6638	ZAWODNIK DO UZUP					(M)3328	01:01:39	00:57:40	10.40	00:33:14 / 3731 [9.03]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3699	4243	BARTNIK Magdalena	WARSZAWA		66	K40/54	(K)371	01:01:40	00:57:16	10.48	00:33:37 / 3847 [8.92]
3700	1019	PINKOSZ Ileszek	ZIELONKA		56	M50/236	(M)3329	01:01:41	01:01:32	9.75	00:29:38 / 2478 [10.12]
3701	5567	HADROWICZ JADWIGA	PŁOCK		58	K50/16	(K)372	01:01:41	00:57:50	10.37	00:32:50 / 3573 [9.14]
3702	5011	TUREK Tomasz	WARSZAWA	WILANOW COFFIN DODGERS	87	M20/906	(M)3330	01:01:41	00:58:31	10.25	00:32:58 / 3613 [9.10]
3703	2738	TUR Łukasz	MIŃSK MAZOWIECKI		81	M20/907	(M)3331	01:01:41	00:56:57	10.54	00:34:05 / 3978 [8.80]
3704	378	MAKOWIECKI Jacek	WARSZAWA WESOLA		76	M30/1260	(M)3332	01:01:41	00:58:18	10.29	00:33:31 / 3819 [8.95]
3705	4749	BIERNACKI Maciej	WARSZAWA		82	M20/908	(M)3333	01:01:42	00:58:16	10.30	00:32:25 / 3454 [9.25]
3706	4630	SZYMAŃSKI Bartłomiej	DUCZKI		94		(M)3334	01:01:42	01:00:07	9.98	00:29:42 / 2512 [10.10]
3707	2717	ZIELIŃSKI Tomasz	STOCZEK ŁUKOWSKI	10 WARSZAWSKI PUŁK SAMOCHODOWY	84	M20/909	(M)3335	01:01:43	00:59:11	10.14	00:31:52 / 3267 [9.41]
3708	1859	DĘBOWCZYK Mariusz	WARSZAWA		87	M20/910	(M)3336	01:01:43	00:56:47	10.57	00:34:27 / 4069 [8.71]
3709	6653	ZAWODNIK DO UZUP					(M)3337	01:01:43	00:56:39	10.59	00:35:04 / 4231 [8.56]
3710	1702	ŁĘCKI Radosław	WARSZAWA		78	M30/1261	(M)3338	01:01:44	00:58:35	10.24	00:32:30 / 3476 [9.23]
3711	4661	AUGUSTYN Kajetan	ŁOMIANKI		89	M20/911	(M)3339	01:01:44	00:57:42	10.40	00:34:32 / 4084 [8.69]
3712	2836	CHOCHOROWSKI Mateusz	WARSZAWA		94		(M)3340	01:01:45	01:01:11	9.81	00:29:34 / 2457 [10.15]
3713	1834	KACKIEWICZ Jan	WARSZAWA	CARSERVIS	56	M50/237	(M)3341	01:01:45	00:57:27	10.44	00:33:34 / 3834 [8.94]
3714	4553	NIWIŃSKI Bartosz	WARSZAWA		77	M30/1262	(M)3342	01:01:46	00:59:33	10.08	00:31:48 / 3237 [9.43]
3715	861	SZYMAŃSKI DARIUSZ	WARSZAWA	ŻADNA	68	M40/536	(M)3343	01:01:47	00:59:47	10.04	00:31:10 / 3009 [9.63]
3716	3989	DZIAŁAK Mariusz	RADOM	OMC-SOLUTION	73	M30/1263	(M)3344	01:01:48	00:58:38	10.23	
3717	4437	BASIŃSKA Ewa	WARSZAWA		73	K30/147	(K)373	01:01:48	01:01:31	9.75	00:31:42 / 3207 [9.46]
3718	3181	DZIKI Marzena	WARSZAWA	ALETEMPO	53	K50/17	(K)374	01:01:48	00:57:21	10.46	00:33:30 / 3811 [8.96]
3719	4955	TARKOWSKA Agnieszka	WARSZAWA		67	K40/55	(K)375	01:01:49	00:58:48	10.20	00:33:22 / 3766 [8.99]
3720	5062	MICHALSKI Robert	WÓLOMIN		82	M20/912	(M)3345	01:01:51	00:55:18	10.85	00:34:49 / 4155 [8.62]
3721	2846	WARDECKA Dorota		UNTS WARSZAWA	65	K40/56	(K)376	01:01:51	00:59:03	10.16	00:33:19 / 3748 [9.00]
3722	2156	WAŚCIŃSKI Tadeusz	WARSZAWA	SGGW	52	M50/238	(M)3346	01:01:51	00:58:05	10.33	00:33:26 / 3788 [8.97]
3723	1150	MIKOŁAJCZYK Agata	WARSZAWA		76	K30/148	(K)377	01:01:51	00:59:19	10.12	00:32:05 / 3357 [9.35]
3724	3219	SOSZYŃSKI Andrzej	OŻARÓW MAZOWIECKI		73	M30/1264	(M)3347	01:01:52	00:57:10	10.50	00:34:13 / 4007 [8.77]
3725	1886	KRUPIŃSKI paweł	WARSZAWA		76	M30/1265	(M)3348	01:01:52	00:58:19	10.29	00:33:42 / 3872 [8.90]
3726	3265	ZAJĄC Jerzy	NADARZYN		53	M50/239	(M)3349	01:01:53	00:56:53	10.55	00:34:16 / 4021 [8.75]
3727	6652	ZAWODNIK DO UZUP					(M)3350	01:01:54	00:59:57	10.01	00:32:31 / 3482 [9.23]
3728	2791	MAMRO Zdzisław	KRAKÓW	NIEZRZESZONY	46	M60/53	(M)3351	01:01:54	00:59:07	10.15	00:33:12 / 3717 [9.04]
3729	6651	ZAWODNIK DO UZUP					(M)3352	01:01:54	00:59:58	10.01	00:32:31 / 3483 [9.23]
3730	2845	ORCZYK tomasz	WARSZAWA	KLUB JASIA ORCZYKA	76	M30/1266	(M)3353	01:01:54	00:58:38	10.23	00:33:00 / 3627 [9.09]
3731	380	ŁACHETA Jerzy	WARSZAWA		61	M40/537	(M)3354	01:01:54	00:59:59	10.00	00:30:59 / 2937 [9.68]
3732	1708	MILIK Piotr	WARSZAWA		76	M30/1267	(M)3355	01:01:54	00:58:18	10.29	00:32:10 / 3385 [9.33]
3733	372	ZALEWSKI Piotr	WARSZAWA		69	M40/538	(M)3356	01:01:55	00:57:18	10.47	00:34:16 / 4022 [8.75]
3734	4329	NOWAK Krzysztof	PIASECZNO		82	M20/913	(M)3357	01:01:55	00:58:48	10.20	00:32:57 / 3605 [9.10]
3735	4330	DOBOSZ Monika	PIASECZNO		83	M20/914	(M)3358	01:01:56	01:00:12	9.97	00:32:57 / 3606 [9.10]
3736	3985	SZMIDT Anna	WARSZAWA		78	K30/149	(K)378	01:01:56	00:59:52	10.02	00:32:09 / 3379 [9.33]
3737	4941	KACPRZAK Marek	JÓZEFÓW		71	M30/1268	(M)3359	01:01:57	01:01:32	9.75	00:30:34 / 2805 [9.81]
3738	369	SKUNECZNY Maciej	WARSZAWA		67	M40/539	(M)3360	01:01:58	00:57:15	10.48	00:33:10 / 3711 [9.05]
3739	3327	SZOSTEK Agnieszka	WARSZAWA		77	K30/150	(K)379	01:01:58	01:01:16	9.79	00:31:40 / 3200 [9.47]
3740	742	GARCARZ Leszek	WARSZAWA		54	M50/240	(M)3361	01:01:58	00:59:26	10.10	00:33:21 / 3762 [9.00]
3741	4663	PIGUET Laure	WARSZAWA		78	K30/151	(K)380	01:01:58	00:58:41	10.22	00:34:54 / 4183 [8.60]
3742	4925	WARCHOŁ Robert	WARSZAWA		87	M20/915	(M)3362	01:01:59	00:58:35	10.24	00:32:15 / 3414 [9.30]
3743	2117	SOWIŃSKA Lidia	WARSZAWA		94		(K)381	01:01:59	01:01:59	9.68	00:33:48 / 3908 [8.88]
3744	2418	ZARZYCKI Radosław	WARSZAWA		77	M30/1269	(M)3363	01:02:00	00:57:47	10.38	00:33:05 / 3666 [9.07]
3745	303	SZCZAWIŃSKA Malwina	WARSZAWA		86	K20/122	(K)382	01:02:01	00:58:47	10.21	00:32:14 / 3411 [9.31]
3746	5126	KONSTANTYNOWICZ Konrad	WARSZAWA		77	M30/1270	(M)3364	01:02:01	00:58:15	10.30	00:34:44 / 4126 [8.64]
3747	1300	LEWICKI Marek	WARSZAWA		81	M20/916	(M)3365	01:02:01	00:58:19	10.29	00:33:29 / 3806 [8.96]
3748	4780	KUCHARSKA Katarzyna	WARSZAWA		78	K30/152	(K)383	01:02:02	00:57:32	10.43	00:34:58 / 4198 [8.58]
3749	2174	ZYBERT Jacek	DZIAŁOWO		85	M20/917	(M)3366	01:02:03	00:58:40	10.23	00:33:08 / 3690 [9.05]
3750	3804	REKOSZ Rafał	WARSZAWA		81	M20/918	(M)3367	01:02:03	00:57:03	10.52	00:35:06 / 4239 [8.55]
3751	2198	SZYMERSKI Michał	WARSZAWA		85	M20/919	(M)3368	01:02:04	01:02:04	9.67	00:33:14 / 3729 [9.03]
3752	4111	CZYŻ Witold	WARSZAWA		71	M30/1271	(M)3369	01:02:04	00:58:47	10.21	00:32:26 / 3460 [9.25]
3753	1127	KARCZEWSKI Jacek	WARSZAWA		59	M50/241	(M)3370	01:02:04	01:02:04	9.67	00:34:17 / 4029 [8.75]
3754	5332	BAK-LISEWSKA Iwona	WARSZAWA		78	K30/153	(K)384	01:02:05	00:57:21	10.46	00:34:02 / 3965 [8.81]
3755	5713	KRYSZTOFIEC Karolina	WARSZAWA		81	K20/123	(K)385	01:02:05	00:59:03	10.16	00:33:29 / 3801 [8.96]
3756	1953	KORCZAK Michał	SULEJÓWEK		94		(M)3371	01:02:05	00:57:10	10.50	00:34:03 / 3969 [8.81]
3757	5795	MAZURKIEWICZ Justyna	RADOM		78	K30/154	(K)386	01:02:05	01:00:46	9.87	00:30:31 / 2778 [9.83]
3758	5712	KRYSZTOFIEC Marek	WARSZAWA		75	M30/1272	(M)3372	01:02:06	00:59:04	10.16	00:33:28 / 3796 [8.96]
3759	1161	STRADOWSKA Iwona	LEGIONOWO		68	K40/57	(K)387	01:02:08	01:01:56	9.69	00:31:03 / 2962 [9.66]
3760	4110	TRYBEK Weronika	WŁOSZCZOWA		87	K20/124	(K)388	01:02:08	00:58:09	10.32	00:33:56 / 3942 [8.84]
3761	1269	GRYCNER Tomasz	WARSZAWA		80	M20/920	(M)3373	01:02:09	00:56:31	10.62	00:34:49 / 4156 [8.62]
3762	3551	TABAKIERNIK Marcin	WARSZAWA	AZS PW	85	M20/921	(M)3374	01:02:09	01:02:09	9.65	00:34:48 / 4150 [8.62]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3763	1245	KLIMCZAK Anna	MYSIADŁO	BRAK	64	K40/58	(K)389	01:02:10	01:02:01	9.67	00:32:02 / 3341 [9.37]
3764	329	ZASADA Agnieszka	ZIELONKA		63	K40/59	(K)390	01:02:10	00:58:38	10.23	00:33:37 / 3844 [8.92]
3765	765	DOBROWOLSKA Agnieszka	WARSZAWA		81	K20/125	(K)391	01:02:11	00:58:16	10.30	00:33:35 / 3841 [8.93]
3766	5090	FALKOWSKI Mikołaj	WARSZAWA		80	M20/922	(M)3375	01:02:11	00:59:43	10.05	00:31:51 / 3254 [9.42]
3767	1159	REMBIEWSKA Jagoda	WARSZAWA		57	K50/18	(K)392	01:02:12	00:57:36	10.42	00:33:15 / 3737 [9.02]
3768	5432	CIEMIŃSKI Bartłomiej	WŁADYSŁAWÓW	COUGAR.PL	79	M30/1273	(M)3376	01:02:13	01:00:13	9.96	00:32:00 / 3329 [9.38]
3769	294	KARNIEJ Piotr	WARSZAWA		84	M20/923	(M)3377	01:02:13	01:01:09	9.81	00:31:04 / 2971 [9.66]
3770	1864	KOPROWSKI Zbigniew	RAWA MAZOWIECKA		56	M50/242	(M)3378	01:02:13	01:00:50	9.86	00:30:38 / 2820 [9.79]
3771	5019	KUJAWA Piotr	WARSZAWA	RPG2K6	82	M20/924	(M)3379	01:02:14	00:59:30	10.08	00:32:35 / 3507 [9.21]
3772	2399	MARKOWSKI Piotr	WARSZAWA		76	M30/1274	(M)3380	01:02:14	00:59:45	10.04	00:32:58 / 3615 [9.10]
3773	2043	JOACHIMOWICZ Robert	PIASECZNO		82	M20/925	(M)3381	01:02:14	00:58:55	10.18	00:32:55 / 3597 [9.11]
3774	1263	ROSLAN Malgorzata	WARSZAWA		64	K40/60	(K)393	01:02:14	01:00:55	9.85	00:32:09 / 3378 [9.33]
3775	5496	FLOREK Przemysław	WARSZAWA		76	M30/1275	(M)3382	01:02:15	01:01:49	9.71	00:30:06 / 2643 [9.97]
3776	2744	WALENDZIEWSKA Malgorzata	WARSZAWA		84	K20/126	(K)394	01:02:16	00:59:13	10.13	00:32:40 / 3527 [9.18]
3777	5285	ŻARNECKA Marlena	WARSZAWA		83	K20/127	(K)395	01:02:16	00:58:41	10.22	00:33:55 / 3934 [8.85]
3778	2020	KAROLEWSKI Krzysztof	WARSZAWA	ODŁAM PRASKI	82	M20/926	(M)3383	01:02:16	00:58:19	10.29	00:33:07 / 3687 [9.06]
3779	4297	KUCZAŁSKI Marek	WARSZAWA		75	M30/1276	(M)3384	01:02:17	01:01:26	9.77	00:31:52 / 3260 [9.41]
3780	352	FABJANIAK Zbigniew	MARKI		68	M40/540	(M)3385	01:02:19	00:57:54	10.36	00:33:32 / 3826 [8.95]
3781	1316	JAWOSZEK Łukasz	WARSZAWA	ACTION	81	M20/927	(M)3386	01:02:20	01:00:34	9.91	00:32:00 / 3324 [9.38]
3782	476	GLEGOŁA Ryszard	CHOTOMÓW		76	M30/1277	(M)3387	01:02:20	00:58:36	10.24	00:33:33 / 3830 [8.94]
3783	242	ROZWADOWSKI Paweł	BRWINÓW		68	M40/541	(M)3388	01:02:21	00:58:07	10.32	00:34:25 / 4060 [8.72]
3784	1113	BARTUŚ Tomasz	WARSZAWA		69	M40/542	(M)3389	01:02:22	01:02:22	9.62	
3785	2159	KOMARNICKI Kamil	WARSZAWA		79	M30/1278	(M)3390	01:02:22	00:58:34	10.24	00:33:03 / 3644 [9.08]
3786	4357	CZERWIŃSKI Marcin	WARSZAWA		82	M20/928	(M)3391	01:02:22	00:57:54	10.36	00:34:48 / 4144 [8.62]
3787	798	OTRĘBA Marek	MILANÓWEK		65	M40/543	(M)3392	01:02:22	01:02:08	9.66	00:29:40 / 2495 [10.11]
3788	3206	SROKA Jacek	RADOM		79	M30/1279	(M)3393	01:02:23	00:56:13	10.67	00:34:30 / 4077 [8.70]
3789	1153	ŁOBEJKO Anna	WARSZAWA		80	K20/128	(K)396	01:02:23	01:00:34	9.91	00:33:55 / 3935 [8.85]
3790	5427	CICHECKA beata	KOMORÓW		66	K40/61	(K)397	01:02:25	01:00:05	9.99	00:32:03 / 3348 [9.36]
3791	4867	DUKACZEWSKI Kacper	WARSZAWA		85	M20/929	(M)3394	01:02:25	01:00:45	9.88	00:30:46 / 2867 [9.75]
3792	3347	MAJCHER Paweł	WROCLAW		75	M30/1280	(M)3395	01:02:25	00:58:02	10.34	00:35:24 / 4291 [8.47]
3793	6001	SICZEK Longin	LUBLIN		67	M40/544	(M)3396	01:02:25	00:59:06	10.15	00:32:53 / 3587 [9.12]
3794	3960	PIEKAREK Paweł	WROCLAW		82	M20/930	(M)3397	01:02:26	00:58:52	10.19	00:32:51 / 3577 [9.13]
3795	338	ADAMIEC ARTUR	WARSZAWA	LUX MED	66	M40/545	(M)3398	01:02:26	00:58:59	10.17	00:32:34 / 3500 [9.21]
3796	1538	DOBRZAŃSKI Maciej	WARSZAWA		54	M50/243	(M)3399	01:02:27	00:57:24	10.45	00:35:48 / 4409 [8.38]
3797	4480	MALISZEWSKI Konrad	WARSZAWA		95		(M)3400	01:02:27	01:00:18	9.95	00:33:58 / 3952 [8.83]
3798	4928	BUCZAK Robert	WARSZAWA		71	M30/1281	(M)3401	01:02:28	01:01:05	9.82	00:31:18 / 3057 [9.58]
3799	2694	WIERZBICKI Paweł	WARSZAWA		71	M30/1282	(M)3402	01:02:28	00:57:16	10.48	00:35:10 / 4248 [8.53]
3800	4961	TARKOWSKA Katarzyna	WARSZAWA		74	K30/155	(K)398	01:02:29	00:59:01	10.17	00:33:31 / 3818 [8.95]
3801	974	JADACH Marcin	WARSZAWA		92		(M)3403	01:02:29	00:58:42	10.22	00:34:15 / 4016 [8.76]
3802	4960	TARKOWSKI Aleksander	WARSZAWA		74	M30/1283	(M)3404	01:02:29	00:59:00	10.17	00:33:31 / 3817 [8.95]
3803	540	HUSIATYŃSKI Andrzej	WARSZAWA		72	M30/1284	(M)3405	01:02:30	00:56:55	10.54	00:35:34 / 4335 [8.43]
3804	13	DOMINIAK Bartosz	WARSZAWA		76	M30/1285	(M)3406	01:02:30	01:02:21	9.62	00:30:51 / 2886 [9.72]
3805	5459	DOLATA GRZEGORZ	MIŃSK MAZOWIECKI	BRAK	65	M40/546	(M)3407	01:02:32	01:01:33	9.75	00:31:12 / 3019 [9.62]
3806	1871	ROBAK Agata	WARSZAWA		75	K30/156	(K)399	01:02:33	00:57:53	10.37	00:35:02 / 4216 [8.56]
3807	1623	PUCZYŁOWSKI Grzegorz	WARSZAWA		79	M30/1286	(M)3408	01:02:34	00:57:58	10.35	00:34:51 / 4166 [8.61]
3808	3773	SĘPKA ROBERT	WARSZAWA		68	M40/547	(M)3409	01:02:34	01:00:25	9.93	00:31:19 / 3069 [9.58]
3809	1820	BLIM Krzysztof	WARSZAWA	DGW	73	M30/1287	(M)3410	01:02:34	00:59:17	10.12	00:34:25 / 4058 [8.72]
3810	4335	FLORIAŃCZYK Marek	WARSZAWA		77	M30/1288	(M)3411	01:02:34	00:59:37	10.06	00:33:26 / 3783 [8.97]
3811	1092	MASNY ZDZIŚLAW	WARSZAWA		55	M50/244	(M)3412	01:02:34	00:59:14	10.13	00:31:00 / 2951 [9.68]
3812	944	KOŁACZYŃSKA Marta	WARSZAWA		88	K20/129	(K)400	01:02:35	00:58:18	10.29	00:34:47 / 4141 [8.62]
3813	434	WRÓBLEWSKI Rafał	WARSZAWA		73	M30/1289	(M)3413	01:02:35	01:00:42	9.88	00:32:58 / 3611 [9.10]
3814	2511	KWAŚNIEWSKA Magdalena	WARSZAWA		85	K20/130	(K)401	01:02:35	00:58:17	10.29	00:34:47 / 4143 [8.62]
3815	4279	LESIEWSKA Marta	WARSZAWA		84	K20/131	(K)402	01:02:36	01:00:02	9.99	00:32:47 / 3557 [9.15]
3816	857	DYMEL Andrzej	ŁOMIANKI		52	M50/245	(M)3414	01:02:36	01:01:10	9.81	00:30:55 / 2913 [9.70]
3817	6682	SOBIECKI Paweł	ŻYRARDÓW		93		(M)3415	01:02:37	00:56:41	10.59	00:33:00 / 3624 [9.09]
3818	633	PEKAŁSKI Michał	WARSZAWA	WOJSKOWA AKADEMIA TECHNICZNA	87	M20/931	(M)3416	01:02:37	00:58:18	10.29	00:34:54 / 4181 [8.60]
3819	3974	WAGNER Oktawian	OŻARÓW MAZOWIECKI	OŚ. FLORIANA	82	M20/932	(M)3417	01:02:37	00:58:47	10.21	00:33:41 / 3861 [8.91]
3820	1863	WINEK TOMASZ	WARSZAWA		66	M40/548	(M)3418	01:02:37	00:59:32	10.08	00:32:46 / 3550 [9.16]
3821	632	MAROŃSKI Mateusz	BUSKO ZDRÓJ		87	M20/933	(M)3419	01:02:37	00:58:18	10.29	00:34:54 / 4182 [8.60]
3822	2512	KARASIŃSKA Anna	WARSZAWA		86	K20/132	(K)403	01:02:38	00:58:20	10.29	00:34:48 / 4145 [8.62]
3823	1865	KOPROWSKI Wojciech	RAWA MAZOWIECKA		86	M20/934	(M)3420	01:02:38	00:58:31	10.25	00:30:40 / 2830 [9.78]
3824	1965	SOPIŃSKI Michał	WARSZAWA		84	M20/935	(M)3421	01:02:39	00:58:30	10.26	00:33:30 / 3813 [8.96]
3825	4281	WIELGOSZ Piotr	ŁOMIANKI	ŁOMINKI	71	M30/1290	(M)3422	01:02:39	01:00:21	9.94	00:32:10 / 3382 [9.33]
3826	638	DOLIŃSKI Adam	WARSZAWA RADOŚĆ	K.B.PIMAR LEGIONOWO	84	M20/936	(M)3423	01:02:39	01:00:04	9.99	00:33:46 / 3888 [8.88]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3827	3868	KOWALEWSKA Katarzyna	WARSZAWA		74	K30/157	(K)404	01:02:39	01:00:05	9.99	00:33:46 / 3891 [8.88]
3828	4248	POGODA TOMASZ	WARSZAWA		71	M30/1291	(M)3424	01:02:39	01:00:48	9.87	00:31:45 / 3224 [9.45]
3829	1140	ŁUBIAN Iwona	OTWOCK		82	K20/133	(K)405	01:02:40	00:59:59	10.00	00:33:10 / 3708 [9.05]
3830	3750	KIWIERSKI Maciej	SOCHACZEW		73	M30/1292	(M)3425	01:02:41	00:58:07	10.32	00:34:14 / 4010 [8.76]
3831	2808	ZAWODNIK DO UZUP					(M)3426	01:02:41	00:59:17	10.12	00:33:44 / 3878 [8.89]
3832	3957	CHODYRA-PIAST Zuzanna	WARSZAWA		73	K30/158	(K)406	01:02:41	00:58:12	10.31	00:34:25 / 4057 [8.72]
3833	2885	BUCHOLC Jerzy	WARSZAWA		33	M70/5	(M)3427	01:02:42	00:59:51	10.03	00:33:15 / 3733 [9.02]
3834	4781	YRKOSKA Joanna	ŁOMIANKI		68	K40/62	(K)407	01:02:42	01:02:26	9.61	00:31:08 / 2992 [9.64]
3835	4797	ZWOLAK krzysztof	WARSZAWA	TP-TELTECH	74	M30/1293	(M)3428	01:02:42	01:02:24	9.62	00:31:46 / 3229 [9.44]
3836	4002	KOSTRZEWA Michał	WARSZAWA		74	M30/1294	(M)3429	01:02:43	00:58:06	10.33	00:35:40 / 4369 [8.41]
3837	1460	GAUDYN Marcin	WARSZAWA	JUDO JG	84	M20/937	(M)3430	01:02:43	00:59:07	10.15	00:31:31 / 3142 [9.52]
3838	1512	NATORSKI Maciej	WARSZAWA		79	M30/1295	(M)3431	01:02:43	00:58:06	10.33	00:35:23 / 4289 [8.48]
3839	2984	KURZYŃSKA Ewa	WARSZAWA		64	K40/63	(K)408	01:02:44	01:00:14	9.96	00:29:58 / 2603 [10.01]
3840	1758	KRAJEWSKA-JUSIŃSKA Marta	WARSZAWA		83	K20/134	(K)409	01:02:44	00:57:27	10.44	00:35:37 / 4346 [8.42]
3841	1148	BURY Daniel	WARSZAWA		78	M30/1296	(M)3432	01:02:45	00:59:32	10.08	00:34:44 / 4128 [8.64]
3842	3365	MIŁOSZEWSKA Anna	WARSZAWA		66	K40/64	(K)410	01:02:46	00:59:21	10.11	00:33:34 / 3835 [8.94]
3843	1364	ZAREMBA Michał	WARSZAWA	ACTION	79	M30/1297	(M)3433	01:02:46	01:00:50	9.86	00:33:06 / 3671 [9.06]
3844	5148	SULGOSTOWSKI Borys	OSTRÓDA		95		(M)3434	01:02:47	00:58:52	10.19	00:34:23 / 4044 [8.73]
3845	2252	JAKUBASZ Marcin	WARSZAWA		78	M30/1298	(M)3435	01:02:47	01:00:37	9.90	00:33:23 / 3772 [8.99]
3846	4005	ZAWODNIK DO UZUP					(M)3436	01:02:47	00:59:17	10.12	00:32:41 / 3530 [9.18]
3847	500	OLCZAK Grzegorz	WARSZAWA		73	M30/1299	(M)3437	01:02:48	00:59:36	10.07	00:30:58 / 2936 [9.69]
3848	451	TEJCHERT Maria	WARSZAWA		64	K40/65	(K)411	01:02:48	00:58:34	10.24	00:34:25 / 4059 [8.72]
3849	4623	ŁĘCKI MACIEJ	STARÉ BUDY		76	M30/1300	(M)3438	01:02:48	01:00:31	9.91	00:31:26 / 3106 [9.54]
3850	3314	KOROŚ Magdalena	CHYLICZKI		64	K40/66	(K)412	01:02:48	01:02:42	9.57	00:31:34 / 3160 [9.50]
3851	5858	NOCUŃ KAZIMIERZ	BOROWNO		46	M60/54	(M)3439	01:02:49	00:58:28	10.26	00:34:26 / 4065 [8.71]
3852	3745	KEMPSKI Michał	WARSZAWA		80	M20/938	(M)3440	01:02:49	01:00:30	9.92	00:32:01 / 3338 [9.37]
3853	1131	BRZEZIŃSKA - SKRZYPEK Anna	WARSZAWA		68	K40/67	(K)413	01:02:50	00:58:17	10.29	00:33:56 / 3943 [8.84]
3854	1554	MĄDRY Jacek	ZĄBKI		65	M40/549	(M)3441	01:02:50	01:01:00	9.84	00:31:32 / 3149 [9.51]
3855	4597	DLUGASZEWSKA Anna	WARSZAWA		73	K30/159	(K)414	01:02:50	01:01:06	9.82	00:32:57 / 3607 [9.10]
3856	3811	KOŁACZ Zbigniew	NOWY DWÓR	BRAK	64	M40/550	(M)3442	01:02:50	00:59:36	10.07	00:34:07 / 3988 [8.79]
3857	5962	REPSE Miłja	WARSZAWA		80	M20/939	(M)3443	01:02:50	01:00:50	9.86	00:30:57 / 2924 [9.69]
3858	3812	KOŁACZ Małgorzata	NOWY DWÓR	BRAK	66	K40/68	(K)415	01:02:50	00:59:36	10.07	00:34:07 / 3991 [8.79]
3859	1533	JOŃSKI Sławomir	WARSZAWA		82	M20/940	(M)3444	01:02:51	00:59:44	10.04	00:32:40 / 3528 [9.18]
3860	3803	DANIECKI tomasz	WARSZAWA		66	M40/551	(M)3445	01:02:51	00:57:44	10.39	00:34:08 / 3994 [8.79]
3861	2993	JALKIEWICZ Juliusz	WARSZAWA		77	M30/1301	(M)3446	01:02:51	00:59:25	10.10	00:33:27 / 3790 [8.97]
3862	469	PIWOWARSKI Igor	WARSZAWA		95		(M)3447	01:02:51	01:00:25	9.93	00:32:43 / 3544 [9.17]
3863	1822	MIELCZAREK ROBERT	WARSZAWA		78	M30/1302	(M)3448	01:02:51	00:59:27	10.09	00:33:27 / 3793 [8.97]
3864	4059	ÓZDZYŃSKI Paweł	WARSZAWA		77	M30/1303	(M)3449	01:02:52	00:59:31	10.08	00:33:19 / 3754 [9.00]
3865	3842	KELLER MARTA	WARSZAWA		81	K20/135	(K)416	01:02:52	01:00:59	9.84	00:32:36 / 3513 [9.20]
3866	5873	OLEKSY Zdzisław	KAMIENNA GÓRA	NIE DOTYCZY	55	M50/246	(M)3450	01:02:52	00:59:27	10.09	00:33:02 / 3633 [9.08]
3867	3467	WÓJCİK Mikołaj	WARSZAWA		69	M40/552	(M)3451	01:02:53	00:59:16	10.12	00:32:16 / 3419 [9.30]
3868	3357	WALENCIK Anna	WARSZAWA		83	K20/136	(K)417	01:02:53	01:00:04	9.99	00:33:50 / 3915 [8.87]
3869	5423	CHUDOBA Tomasz	WARSZAWA		83	M20/941	(M)3452	01:02:53	01:00:11	9.97	00:33:33 / 3831 [8.94]
3870	3716	GRZEGOREK Małgorzata	GDAŃSK		88	K20/137	(K)418	01:02:53	00:58:33	10.25	00:34:35 / 4093 [8.67]
3871	3356	WALENCIK Marcin	WARSZAWA		84	M20/942	(M)3453	01:02:53	01:00:04	9.99	00:33:50 / 3916 [8.87]
3872	5149	SZYBISZ Paweł	WARSZAWA		63	M40/553	(M)3454	01:02:53	00:58:58	10.18	00:34:22 / 4040 [8.73]
3873	6610	ZAWODNIK DO UZUP					(M)3455	01:02:53	00:59:18	10.12	00:33:10 / 3710 [9.05]
3874	2945	LESZCZENKO Joanna	WARSZAWA		83	K20/138	(K)419	01:02:54	00:58:15	10.30	00:35:37 / 4348 [8.42]
3875	2944	GLIJER Karolina	WARSZAWA		86	K20/139	(K)420	01:02:54	00:58:15	10.30	00:35:37 / 4347 [8.42]
3876	1770	MOSAKOWSKI Dariusz	WARSZAWA		68	M40/554	(M)3456	01:02:54	00:58:53	10.19	00:34:54 / 4180 [8.60]
3877	1175	OLEJ Tomasz	MAGDALENKA		69	M40/555	(M)3457	01:02:55	00:57:21	10.46	00:35:15 / 4262 [8.51]
3878	3885	BALIŃSKI Krzysztof	BYTÓW		77	M30/1304	(M)3458	01:02:55	00:57:47	10.38	00:35:54 / 4427 [8.36]
3879	5151	PACYNA Tomasz	WARSZAWA		76	M30/1305	(M)3459	01:02:55	00:58:12	10.31	00:34:49 / 4154 [8.62]
3880	2404	RZEPNIEWSKI Łukasz	WARSZAWA		79	M30/1306	(M)3460	01:02:55	00:58:33	10.25	00:33:34 / 3833 [8.94]
3881	2903	KARWECKI Ryszard	WARSZAWA		56	M50/247	(M)3461	01:02:56	00:59:30	10.08	00:33:15 / 3735 [9.02]
3882	684	STEC Mirosław	WARSZAWA		64	M40/556	(M)3462	01:02:56	00:58:27	10.27	00:34:28 / 4071 [8.70]
3883	681	BARECKI Włodzimierz	WARSZAWA		56	M50/248	(M)3463	01:02:57	00:59:28	10.09	00:33:46 / 3892 [8.88]
3884	2408	GAJDUL Piotr	PIOTRKÓW		65	M40/557	(M)3464	01:02:57	00:58:13	10.31	00:34:48 / 4152 [8.62]
3885	503	MALCZEWSKI janusz	WARSZAWA		57	M50/249	(M)3465	01:02:58	00:57:41	10.40	00:35:32 / 4319 [8.44]
3886	4099	MACIEJEWSKA Monika	WARSZAWA		73	K30/160	(K)421	01:02:58	00:58:14	10.30	00:34:48 / 4151 [8.62]
3887	3679	ŁOPAT Mateusz	WARSZAWA	URSUS	94		(M)3466	01:02:58	00:58:32	10.25	00:32:43 / 3543 [9.17]
3888	1551	NOWOTORSKA Ania	WARSZAWA		80	K20/140	(K)422	01:02:58	00:59:41	10.05	00:33:37 / 3848 [8.92]
3889	5325	BŁĄDEK Witold	ŁÓDŹ		44	M60/55	(M)3467	01:02:58	00:59:26	10.10	00:33:30 / 3810 [8.96]
3890	1868	CZABOK Brunon	WARSZAWA		67	M40/558	(M)3468	01:02:58	00:59:25	10.10	00:35:20 / 4277 [8.49]
3891	3391	RĘBACZ Wojciech	WARSZAWA		66	M40/559	(M)3469	01:02:59	01:00:26	9.93	00:33:08 / 3694 [9.05]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3892	1065	PIŃKOWSKI Piotr	KONSTANCIN		72	M30/1307	(M)3470	01:02:59	01:00:44	9.88	00:31:56 / 3292 [9.39]
3893	2009	SYGULA Agnieszka	WARSZAWA	AZS UW WARSZAWA	84	K20/141	(K)423	01:02:59	01:01:53	9.70	00:32:25 / 3457 [9.25]
3894	2482	STĘPIEŃ Jacek	WARSZAWA		56	M50/250	(M)3471	01:02:59	00:59:30	10.08	00:33:40 / 3858 [8.91]
3895	534	URBAN Andrzej	WARSZAWA		65	M40/560	(M)3472	01:02:59	00:59:12	10.14	00:34:26 / 4061 [8.71]
3896	2283	PARSZUTAS Wiesław	ŁOMIANKI		52	M50/251	(M)3473	01:03:00	00:57:54	10.36	00:35:28 / 4304 [8.46]
3897	621	PANASIEWICZ Przemysław	WARSZAWA		69	M40/561	(M)3474	01:03:00	00:55:03	10.90	00:36:08 / 4464 [8.30]
3898	5201	RZEŹNIK Mateusz	WARKA	WARKA	94		(M)3475	01:03:00	00:59:00	10.17	00:34:37 / 4102 [8.67]
3899	1483	MAŁACHOWSKI Sławomir	WARSZAWA	SSRL	65	M40/562	(M)3476	01:03:00	01:01:27	9.76	00:31:36 / 3172 [9.49]
3900	3102	MARCINKIEWICZ Sebastian	WARSZAWA		79	M30/1308	(M)3477	01:03:01	01:00:24	9.93	00:33:30 / 3814 [8.96]
3901	3103	MARCINKIEWICZ Stanisław	WOŁOMIN		53	M50/252	(M)3478	01:03:01	01:00:24	9.93	00:33:31 / 3820 [8.95]
3902	3605	KARKOS Magdalena	WARSZAWA		89	K20/142	(K)424	01:03:01	00:57:53	10.37	00:35:19 / 4272 [8.49]
3903	5157	KUCZAK Anna	WARSZAWA		83	K20/143	(K)425	01:03:01	01:02:47	9.56	00:30:59 / 2938 [9.68]
3904	1631	KUCIAK Bartosz	WARSZAWA		75	M30/1309	(M)3479	01:03:01	00:58:26	10.27	00:35:48 / 4408 [8.38]
3905	1812	PŁOCHOCKI Krzysztof	SULEJÓWEK		69	M40/563	(M)3480	01:03:02	00:59:35	10.07	00:33:11 / 3712 [9.04]
3906	713	JAGIELSKI Witold	WARSZAWA		65	M40/564	(M)3481	01:03:04	01:02:18	9.63	00:30:45 / 2861 [9.76]
3907	1975	KRZAK Andrzej	PRUSZKÓW		66	M40/565	(M)3482	01:03:04	00:58:12	10.31	00:34:25 / 4056 [8.72]
3908	4774	PIOTROWSKI Miłosz	WARSZAWA	ATHLETIC24.PL	87	M20/943	(M)3483	01:03:05	00:58:54	10.19	00:33:06 / 3668 [9.06]
3909	3996	CHUDZIK Wojciech	KIELCE	MINERS RUNNING TEAM	78	M30/1310	(M)3484	01:03:06	00:58:32	10.25	00:34:22 / 4039 [8.73]
3910	3831	ŁĄŻEWSKI Andrzej	WARSZAWA		66	M40/566	(M)3485	01:03:07	01:00:13	9.96	00:34:16 / 4023 [8.75]
3911	4800	BENEKE TOMASZ	WARSZAWA		68	M40/567	(M)3486	01:03:07	01:00:45	9.88	00:32:57 / 3610 [9.10]
3912	4799	SYROKOMSKA MAŁGORZATA	KONSTANCIN	RAIFFEISEN LEASING RUNNERS	78	K30/161	(K)426	01:03:07	01:00:45	9.88	00:32:58 / 3612 [9.10]
3913	3232	KUCHARSKI Marek	KLWÓW	KLUB BIEGACZA TPSA	75	M30/1311	(M)3487	01:03:07	00:57:17	10.47	00:35:46 / 4403 [8.39]
3914	2490	SOBIERAJ Wioletta	WARSZAWA		74	K30/162	(K)427	01:03:08	00:58:25	10.27	00:35:04 / 4232 [8.56]
3915	4264	MALINOWSKI Michał	WARSZAWA		54	M50/253	(M)3488	01:03:08	01:01:53	9.70	00:33:07 / 3684 [9.06]
3916	4271	MALINOWSKA Zuzanna	WARSZAWA		85	K20/144	(K)428	01:03:08	01:01:53	9.70	00:33:07 / 3682 [9.06]
3917	2500	TYTKOWSKI Jacek	WARSZAWA		54	M50/254	(M)3489	01:03:08	00:58:48	10.20	00:33:38 / 3851 [8.92]
3918	1826	WOJTAŚ Tomasz	RYKI	MKS RYKI	92		(M)3490	01:03:10	00:58:17	10.29	00:36:33 / 4535 [8.21]
3919	3390	MAKÓWKA PIOTR	WARSZAWA		73	M30/1312	(M)3491	01:03:10	01:00:38	9.90	00:33:09 / 3698 [9.05]
3920	4579	PIOTROWSKI Wojciech	WARSZAWA		77	M30/1313	(M)3492	01:03:10	00:59:21	10.11	00:34:04 / 3973 [8.81]
3921	4580	LUSIO Teresa	WARSZAWA		78	K30/163	(K)429	01:03:10	00:59:21	10.11	00:34:04 / 3974 [8.81]
3922	3471	KILAR Krystian		ULKS JEDLIŃSK	60	M40/568	(M)3493	01:03:10	01:02:58	9.53	00:31:04 / 2969 [9.66]
3923	3477	SKUROSZ Paulina		ULKS JEDLIŃSK	94		(K)430	01:03:10	01:02:59	9.53	00:31:04 / 2973 [9.66]
3924	3474	KOWALCZYK Natalia		ULKS JEDLIŃSK	95		(K)431	01:03:11	01:03:00	9.52	00:31:04 / 2974 [9.66]
3925	1390	JEDRZEJCZAK-BRZEZIŃSKA Katarzyna	WARSZAWA	ACTION	78	K30/164	(K)432	01:03:11	01:01:31	9.75	00:32:52 / 3584 [9.13]
3926	4304	TOMASIK Piotr	WARSZAWA		71	M30/1314	(M)3494	01:03:11	00:58:19	10.29	00:35:44 / 4395 [8.40]
3927	3911	MARCINIAK Marcin	WARSZAWA		72	M30/1315	(M)3495	01:03:12	00:59:10	10.14	00:34:40 / 4116 [8.65]
3928	5177	DUDEK Tomasz	KRAŚNIK	SC CERAMICUS	70	M30/1316	(M)3496	01:03:12	00:57:53	10.37	00:35:14 / 4259 [8.51]
3929	538	GRABOWSKI Jarosław	WARSZAWA		71	M30/1317	(M)3497	01:03:13	00:57:38	10.41	00:35:36 / 4339 [8.43]
3930	4082	DROZDOWSKI Robert	WARSZAWA		72	M30/1318	(M)3498	01:03:13	00:58:44	10.22	00:34:28 / 4070 [8.70]
3931	1823	DECZKOWSKI Dariusz	WARSZAWA	METRO WARSZAWSKIE	72	M30/1319	(M)3499	01:03:14	00:59:05	10.16	00:35:53 / 4424 [8.36]
3932	1799	RUMIN Wiesław	WARSZAWA		53	M50/255	(M)3500	01:03:14	00:58:59	10.17	00:34:34 / 4091 [8.68]
3933	4927	WOJNAR Paweł	WARSZAWA		86	M20/944	(M)3501	01:03:15	01:02:04	9.67	00:30:54 / 2908 [9.71]
3934	4703	BALCERZAK Radosław	WARSZAWA		76	M30/1320	(M)3502	01:03:15	01:01:43	9.72	00:35:23 / 4288 [8.48]
3935	4704	BALCERZAK Michał	WARSZAWA		78	M30/1321	(M)3503	01:03:15	01:01:42	9.72	00:35:24 / 4290 [8.47]
3936	1735	DAVIES stephen	WARSZAWA		67	M40/569	(M)3504	01:03:17	01:00:36	9.90	00:32:55 / 3598 [9.11]
3937	3922	DRZEWIŃSKI Mariusz	WARSZAWA	BIAŁE ŁĄKI	80	M20/945	(M)3505	01:03:17	00:58:45	10.21	00:34:48 / 4147 [8.62]
3938	1659	JESINOWICZ Sławomir	WARSZAWA		84	M20/946	(M)3506	01:03:18	00:59:14	10.13	00:34:18 / 4030 [8.75]
3939	3923	GAJDA Paweł	WARSZAWA		80	M20/947	(M)3507	01:03:18	00:58:45	10.21	00:34:48 / 4148 [8.62]
3940	4792	KSIĄŻEK Przemysław	WADOWICE		87	M20/948	(M)3508	01:03:18	00:59:40	10.06	00:33:38 / 3853 [8.92]
3941	4525	PUSZYŃSKA MONIKA	WARSZAWA		78	K30/165	(K)433	01:03:18	01:03:18	9.48	00:32:54 / 3594 [9.12]
3942	2593	SKIBIŃSKI Zenon	WARSZAWA		68	M40/570	(M)3509	01:03:18	00:58:33	10.25	00:34:25 / 4054 [8.72]
3943	1884	SOBOLEWSKI Hubert	WARSZAWA		76	M30/1322	(M)3510	01:03:18	01:02:06	9.66	00:33:44 / 3881 [8.89]
3944	6381	ZIELIŃSKA Urszula	POZNAŃ		74	K30/166	(K)434	01:03:20	01:01:00	9.84	00:33:38 / 3852 [8.92]
3945	5112	NIEMYJSKI Łukasz	WARSZAWA	LEGIA	86	M20/949	(M)3511	01:03:20	00:57:27	10.44	00:35:51 / 4419 [8.37]
3946	457	NOWORYTA Jacek	WARSZAWA		42	M60/56	(M)3512	01:03:21	01:03:02	9.52	00:31:02 / 2958 [9.67]
3947	4898	DĄBROWSKI Marcin	WARSZAWA		78	M30/1323	(M)3513	01:03:21	00:59:33	10.08	00:33:42 / 3867 [8.90]
3948	2104	RYCZEK Sławomir	WARSZAWA		67	M40/571	(M)3514	01:03:21	00:57:57	10.35	00:35:20 / 4274 [8.49]
3949	5240	JUSIS Agnieszka	WARSZAWA	KLUB BIEGACZA NIKE	93		(K)435	01:03:21	01:00:59	9.84	00:33:34 / 3836 [8.94]
3950	211	JANKOWSKI Piotr	WARSZAWA	CROSS WARSZAWA	49	M60/57	(M)3515	01:03:23	01:00:09	9.98	00:33:35 / 3839 [8.93]
3951	4905	KOŁOSIONEK Dorota	WARSZAWA		87	K20/145	(K)436	01:03:24	01:00:18	9.95	00:33:57 / 3949 [8.84]
3952	2688	STOLARSKI PAWEŁ	JABŁONNA		64	M40/572	(M)3516	01:03:24	00:57:35	10.42	00:34:27 / 4067 [8.71]
3953	946	ŚMIGIELSKI Jakub	PRUSZKÓW	ITI ADVENTURE TEAM	93		(M)3517	01:03:25	01:00:17	9.95	00:36:21 / 4499 [8.25]
3954	3209	MACIĄG Małgorzata	ZAMOŚĆ		82	K20/146	(K)437	01:03:26	01:00:18	9.95	00:32:32 / 3491 [9.22]
3955	2847	BIERNACKI Jacek	ŁOMIANKI		56	M50/256	(M)3518	01:03:26	01:02:14	9.64	00:32:52 / 3585 [9.13]
3956	893	BRZEZIŃSKA Dorota	WARSZAWA		81	K20/147	(K)438	01:03:26	00:58:34	10.24	00:34:24 / 4048 [8.72]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
3957	4913	JAŻDRZYK Michał	WARSZAWA		85	M20/950	(M)3519	01:03:26	00:58:54	10.19	00:36:23 / 4506 [8.25]
3958	5012	ŁACZKOWSKI Karol	WARSAW	WILANOW COFFIN DODGERS	90		(M)3520	01:03:26	01:00:16	9.96	00:33:01 / 3631 [9.09]
3959	4315	KOZŁOWSKI Jerzy	WARSZAWA		76	M30/1324	(M)3521	01:03:26	00:59:22	10.11	00:34:13 / 4003 [8.77]
3960	6354	WYSZOMIRSKI Michał	WARSZAWA		81	M20/951	(M)3522	01:03:26	01:00:45	9.88	00:32:24 / 3446 [9.26]
3961	4748	KILJANEK Piotr	PIASTÓW		82	M20/952	(M)3523	01:03:27	01:00:01	10.00	00:32:26 / 3461 [9.25]
3962	6002	SIEDLECKI MAREK	PŁOCK		82	M20/953	(M)3524	01:03:27	01:00:03	9.99	00:33:51 / 3919 [8.86]
3963	960	FIKUS Łukasz	WARSZAWA		65	M40/573	(M)3525	01:03:28	01:02:14	9.64	00:32:24 / 3445 [9.26]
3964	3339	SIECZKO Stanisław	WARSZAWA		85	M20/954	(M)3526	01:03:29	01:03:29	9.45	
3965	5071	DOŁĘGOWSKI Michał	WARSZAWA		83	M20/955	(M)3527	01:03:29	00:58:30	10.26	00:36:59 / 4602 [8.11]
3966	497	REMBERK Barbara	WARSZAWA	WARSZAWSKI ŻÓŁWIK	74	K30/167	(K)439	01:03:29	00:59:31	10.08	00:33:47 / 3897 [8.88]
3967	4273	KOCINIAK Sylwester	WARSZAWA	N/Z	67	M40/574	(M)3528	01:03:30	00:59:38	10.06	00:34:48 / 4153 [8.62]
3968	159	BINKOWSKI Andrzej	WARSZAWA		75	M30/1325	(M)3529	01:03:30	01:01:15	9.80	00:31:29 / 3128 [9.53]
3969	2615	FOREMNIAK Piotr	WARSZAWA		79	M30/1326	(M)3530	01:03:30	00:58:44	10.22	00:36:04 / 4454 [8.32]
3970	1109	CHABROWSKI Bartek	WARSZAWA		70	M30/1327	(M)3531	01:03:30	01:00:53	9.85	00:34:13 / 4005 [8.77]
3971	1108	CHABROWSKA Dorota	WARSZAWA		72	K30/168	(K)440	01:03:30	01:00:53	9.85	00:34:14 / 4008 [8.76]
3972	1111	CHABROWSKI Paweł	WARSZAWA		72	M30/1328	(M)3532	01:03:30	01:00:53	9.85	00:34:13 / 4006 [8.77]
3973	4506	WILCZYŃSKA agnieszka	PULTUSK	CENTURION TEAM MTB	82	K20/148	(K)441	01:03:31	00:59:52	10.02	00:34:55 / 4184 [8.59]
3974	6571	TROCHANOWSKI Wlodek	WARSZAWA	RUN KAYAX RUN	61	M40/575	(M)3533	01:03:31	01:03:25	9.46	00:31:41 / 3206 [9.47]
3975	3571	KOZDRÓJ Łukasz	WARSZAWA		93		(M)3534	01:03:31	00:59:04	10.16	00:36:23 / 4504 [8.25]
3976	2195	PERKOWSKA Agnieszka	PŁOCHOCIN		72	K30/169	(K)442	01:03:31	01:00:09	9.98	00:33:47 / 3894 [8.88]
3977	2194	KOTARSKA Monika	PŁOCHOCIN		90		(K)443	01:03:32	01:00:10	9.97	00:33:46 / 3889 [8.88]
3978	505	SZARSKA iwona	WARSZAWA		60	K40/69	(K)444	01:03:32	00:58:15	10.30	00:35:31 / 4317 [8.45]
3979	355	KOWALIK Zbigniew	WARSZAWA		66	M40/576	(M)3535	01:03:32	01:02:49	9.55	00:30:06 / 2647 [9.97]
3980	539	HINZMANN Szymon	WARSZAWA		78	M30/1329	(M)3536	01:03:33	00:57:57	10.35	00:35:35 / 4338 [8.43]
3981	318	SZAJEWSKA Ewelina	WARSZAWA		80	K20/149	(K)445	01:03:33	01:00:17	9.95	00:34:39 / 4108 [8.66]
3982	6147	JACHOWICZ małgorzata	WARSZAWA	NIKE+	74	K30/170	(K)446	01:03:33	01:03:25	9.46	00:30:39 / 2825 [9.79]
3983	317	KOZANECKA Joanna	WARSZAWA	LASEK BIELAŃSKI TEAM	77	K30/171	(K)447	01:03:33	01:00:18	9.95	00:34:38 / 4105 [8.66]
3984	106	ŚCIRKA Aneta	WARSZAWA	STRAŻ MIEJSKA	77	K30/172	(K)448	01:03:33	01:01:52	9.70	00:32:36 / 3509 [9.20]
3985	3834	BURKE Deborah	WARSZAWA		61	K40/70	(K)449	01:03:33	00:58:52	10.19	00:35:34 / 4334 [8.43]
3986	3909	BEDNARZ marta	NISKO		81	K20/150	(K)450	01:03:33	00:58:18	10.29	00:37:55 / 4739 [7.91]
3987	3833	BURKE Timothy	WARSZAWA		60	M40/577	(M)3537	01:03:34	00:58:53	10.19	00:35:34 / 4332 [8.43]
3988	1071	GWIAZDA Agnieszka	CHOTOMÓW		93		(K)451	01:03:34	01:01:25	9.77	00:33:57 / 3951 [8.84]
3989	5464	DOMINIAK-LESZCZYŃSKA Elżbieta	WARSZAWA	MARZYCIELE Z WAWRA	60	K40/71	(K)452	01:03:35	00:58:58	10.18	00:34:36 / 4097 [8.67]
3990	1588	BOROWSKI Jacek	WARSZAWA		70	M30/1330	(M)3538	01:03:35	01:00:13	9.96	00:33:36 / 3842 [8.93]
3991	4128	SIECZYCH Alicja	WARSZAWA		88	K20/151	(K)453	01:03:36	01:02:14	9.64	00:33:03 / 3639 [9.08]
3992	5491	FIGURSKI Paweł	WARSZAWA		64	M40/578	(M)3539	01:03:37	01:00:33	9.91	00:31:57 / 3306 [9.39]
3993	820	CHRUŚCIK Piotr	WARSZAWA		74	M30/1331	(M)3540	01:03:37	01:00:14	9.96	00:34:30 / 4076 [8.70]
3994	2842	GAJUK Marta	OSTROWIEC ŚW.		92		(K)454	01:03:38	00:59:12	10.14	00:35:00 / 4207 [8.57]
3995	5056	POLAK Teresa	WARSZAWA	KB GYMNASION WARSZAWA	51	K50/19	(K)455	01:03:38	01:01:29	9.76	00:32:11 / 3389 [9.32]
3996	1413	PIETRAS Marek	WARSZAWA	ACTION	83	M20/956	(M)3541	01:03:39	00:57:56	10.36	00:33:59 / 3958 [8.83]
3997	4482	STĘPNIEWSKA Alicja	WARSZAWA		84	K20/152	(K)456	01:03:40	00:59:19	10.12	00:35:03 / 4225 [8.56]
3998	6596	ZAWODNIK DO UZUP					(M)3542	01:03:40	01:03:11	9.50	00:31:19 / 3062 [9.58]
3999	4483	LAHDEVAARA Jarmo	WARSZAWA		80	M20/957	(M)3543	01:03:40	00:59:20	10.11	00:35:03 / 4224 [8.56]
4000	3512	WISZOWATY Wojciech	SULEJÓWEK	NIEZRZESZONY	62	M40/579	(M)3544	01:03:41	01:03:41	9.42	00:33:15 / 3739 [9.02]
4001	3953	FOGIEL Piotr	WARSZAWA		76	M30/1332	(M)3545	01:03:41	00:58:46	10.21	00:34:17 / 4027 [8.75]
4002	904	GOZDECKI Bogusław	WARSZAWA		74	M30/1333	(M)3546	01:03:42	01:01:18	9.79	00:32:33 / 3495 [9.22]
4003	3227	BERENT Irena	WARSZAWA	KLUB BIEGACZA TPSA	74	K30/173	(K)457	01:03:42	00:59:07	10.15	00:34:31 / 4081 [8.69]
4004	4457	SZCZERBA krzysztof	PULTUSK		76	M30/1334	(M)3547	01:03:42	01:00:29	9.92	00:34:41 / 4118 [8.65]
4005	4458	STAROŃ Marcin	WARSZAWA		76	M30/1335	(M)3548	01:03:42	01:00:29	9.92	00:34:41 / 4117 [8.65]
4006	1767	MAKAREWICZ Robert	WARSZAWA		65	M40/580	(M)3549	01:03:42	00:58:31	10.25	00:35:11 / 4256 [8.53]
4007	865	ROŻEK Sławomir	WARSZAWA	PROFILACTICA	57	M50/257	(M)3550	01:03:43	01:01:30	9.76	00:33:42 / 3871 [8.90]
4008	5134	KAŻMIERCZAK Dominika	WARSZAWA		72	K30/174	(K)458	01:03:44	01:02:07	9.66	00:32:10 / 3380 [9.33]
4009	2641	LIS Jacek	WARSZAWA		77	M30/1336	(M)3551	01:03:44	00:58:51	10.20	00:34:59 / 4199 [8.58]
4010	2640	LIS Piotr	SULEJÓWEK		74	M30/1337	(M)3552	01:03:44	00:58:51	10.20	00:34:59 / 4200 [8.58]
4011	2788	WOLNY Janusz	WARSZAWA		79	M30/1338	(M)3553	01:03:44	00:59:26	10.10	00:34:18 / 4031 [8.75]
4012	2952	MASTALERZ Marcin	PUSZCZA MARIAŃSKA	NEWSWEEK	69	M40/581	(M)3554	01:03:45	01:00:58	9.84	00:34:59 / 4201 [8.58]
4013	1768	SKÓRCZYŃSKA Iza	WARSZAWA		81	K20/153	(K)459	01:03:45	00:58:34	10.24	00:35:11 / 4255 [8.53]
4014	2430	GRABEK Radosław	WARSZAWA		75	M30/1339	(M)3555	01:03:45	01:03:45	9.41	00:34:36 / 4095 [8.67]
4015	1898	KOTOWSKA katarzyna	MIŃSK MAZOWIECKI	AKADEMIA SZTUK WALKI	94		(K)460	01:03:46	01:01:25	9.77	00:32:56 / 3600 [9.11]
4016	3790	KISZKA Agnieszka	WARSZAWA	AZS WARSZAWA	87	K20/154	(K)461	01:03:46	00:59:37	10.06	00:34:51 / 4165 [8.61]
4017	4259	OLSZYNA Łukasz	WARSZAWA		83	M20/958	(M)3556	01:03:46	00:59:59	10.00	00:34:15 / 4017 [8.76]
4018	4258	FŁORCZAK Łukasz	WARSZAWA		87	M20/959	(M)3557	01:03:46	00:59:58	10.01	00:34:16 / 4019 [8.75]
4019	6566	FABER Candace	WARSZAWA		83	M20/960	(M)3558	01:03:46	00:58:30	10.26	00:36:05 / 4456 [8.31]
4020	594	NOWACKI ROBERT	ŁOMIANKI		69	M40/582	(M)3559	01:03:47	01:00:06	9.98	00:34:01 / 3962 [8.82]
4021	4401	MOKOSA Agnieszka	WARSZAWA		72	K30/175	(K)462	01:03:48	00:59:07	10.15	00:35:33 / 4326 [8.44]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4022	4537	WIĘCKOWSKA Joanna	WARKA	START PUŁASKI WARKA	80	K20/155	(K)463	01:03:49	01:03:49	9.40	00:32:00 / 3323 [9.38]
4023	4637	MIKOŁAJCZYK ANNA	WARSZAWA		82	K20/156	(K)464	01:03:49	01:00:22	9.94	00:34:15 / 4015 [8.76]
4024	2130	DRELCZUK Katarzyna	ZIELONA GÓRA		81	K20/157	(K)465	01:03:50	01:02:17	9.63	00:33:19 / 3750 [9.00]
4025	1184	SZCZERBA Artur	WARSZAWA		77	M30/1340	(M)3560	01:03:50	01:00:07	9.98	00:33:56 / 3944 [8.84]
4026	1852	JABLONOWSKI Marcin	MARKI		94		(M)3561	01:03:50	01:02:18	9.63	00:30:21 / 2725 [9.88]
4027	905	BIAŁCZAK Sławomir	PUŁTUSK		62	M40/583	(M)3562	01:03:51	00:59:40	10.06	00:34:22 / 4038 [8.73]
4028	6043	STROGANOV Alexander	WARSZAWA	-	87	M20/961	(M)3563	01:03:51	00:58:38	10.23	00:37:10 / 4642 [8.07]
4029	1409	JANKOWSKA Natalia	WARSZAWA	ACTION	85	M20/962	(M)3564	01:03:51	01:01:52	9.70	00:32:00 / 3327 [9.38]
4030	3615	SOCHA Kamil	WARSZAWA		94		(M)3565	01:03:52	01:00:58	9.84	00:32:17 / 3423 [9.29]
4031	883	BUKWA Tomasz	WARSZAWA		74	M30/1341	(M)3566	01:03:52	00:59:03	10.16	00:35:36 / 4341 [8.43]
4032	2755	OSIKA Mariusz	WARSZAWA		81	M20/963	(M)3567	01:03:53	01:02:09	9.65	00:33:27 / 3791 [8.97]
4033	337	PNIEWSKI Cezary	WARSZAWA	CEZARYMON@VP.PL	78	M30/1342	(M)3568	01:03:53	01:01:45	9.72	00:34:26 / 4062 [8.71]
4034	2829	GILL Konrad	KRAKÓW		80	M20/964	(M)3569	01:03:53	00:59:09	10.14	00:35:29 / 4307 [8.45]
4035	4292	JEŻ Grzegorz	WARSZAWA		75	M30/1343	(M)3570	01:03:53	00:58:32	10.25	00:35:38 / 4354 [8.42]
4036	336	RAKOWSKI Paweł	MAŁA WIEŚ		81	M20/965	(M)3571	01:03:53	01:01:46	9.71	00:34:26 / 4063 [8.71]
4037	1107	GRZEGORZEWSKI piotr	WARSZAWA		77	M30/1344	(M)3572	01:03:54	00:59:19	10.12	00:35:33 / 4328 [8.44]
4038	4073	MIELCZARSKI Bartosz	WARSZAWA		84	M20/966	(M)3573	01:03:54	00:58:30	10.26	00:38:04 / 4772 [7.88]
4039	3672	ŚWIERZYŃSKI Robert	WARSZAWA	URSUS	75	M30/1345	(M)3574	01:03:54	00:59:22	10.11	00:37:39 / 4709 [7.97]
4040	1980	KŁOSOWSKI Dominik	WARSZAWA		80	M20/967	(M)3575	01:03:54	00:59:47	10.04	00:36:22 / 4501 [8.25]
4041	5881	OSTATEK Maciek	WARSZAWA		88	M20/968	(M)3576	01:03:55	00:58:43	10.22	00:35:38 / 4355 [8.42]
4042	3871	SMAGA Michał	WARSZAWA		76	M30/1346	(M)3577	01:03:56	01:00:32	9.91	00:35:09 / 4246 [8.53]
4043	4816	KUCHLEWSKI ROBERT	WARSZAWA		68	M40/584	(M)3578	01:03:56	00:58:41	10.22	00:35:49 / 4411 [8.38]
4044	3891	POLIŃSKA Ania	WARSZAWA		64	K40/72	(K)466	01:03:56	01:03:37	9.43	00:31:24 / 3097 [9.55]
4045	2126	GROCHALSKA Marta	WARSZAWA	DELOITTE ADVENTURE TEAM	80	K20/158	(K)467	01:03:56	01:02:51	9.55	00:32:34 / 3501 [9.21]
4046	4395	RUSANOWSKI Szymon	SUWAŁKI		87	M20/969	(M)3579	01:03:57	00:58:33	10.25	00:34:00 / 3959 [8.82]
4047	1289	SMAGA Wojciech	LUBLIN	FUNDACJA PROMETEUSZ	82	M20/970	(M)3580	01:03:57	00:59:21	10.11	00:34:58 / 4194 [8.58]
4048	3193	WYPYCH MACIEJ	WARSZAWA		70	M30/1347	(M)3581	01:03:57	00:57:59	10.35	00:35:20 / 4278 [8.49]
4049	3656	TRAWIŃSKI Krzysztof	OTWOCK		72	M30/1348	(M)3582	01:03:58	01:03:58	9.38	00:35:18 / 4266 [8.50]
4050	1292	KRUPA Dariusz	WARSZAWA		84	M20/971	(M)3583	01:03:58	00:59:22	10.11	00:34:58 / 4193 [8.58]
4051	5619	KAŻMIERCZAK Bartłomiej	WARSZAWA	PEKAOEKIPA	76	M30/1349	(M)3584	01:03:58	00:59:34	10.07	00:35:04 / 4227 [8.56]
4052	1626	MICHALAK Jerzy	WARSZAWA		56	M50/258	(M)3585	01:03:58	01:01:30	9.76	00:33:28 / 3799 [8.96]
4053	3190	OSSOWSKA SYLWIA	WOHYŃ		84	K20/159	(K)468	01:03:58	01:03:58	9.38	00:35:21 / 4282 [8.49]
4054	2371	PAWŁOWSKI TOMASZ	WARSZAWA		66	M40/585	(M)3586	01:03:59	01:00:11	9.97	00:34:02 / 3966 [8.81]
4055	3374	KRÓLAK Agata	SIEDLCE		84	K20/160	(K)469	01:03:59	00:59:31	10.08	00:35:44 / 4394 [8.40]
4056	3443	ROSOSZCZUK Paweł	WARSZAWA		83	M20/972	(M)3587	01:03:59	01:01:36	9.74	00:30:41 / 2840 [9.78]
4057	6255	SZYMLA Jarosław	OLSZTYN		72	M30/1350	(M)3588	01:03:59	01:01:31	9.75	00:33:55 / 3936 [8.85]
4058	6256	SZYMLA Marta	OLSZTYN		72	K30/176	(K)470	01:03:59	01:01:31	9.75	00:33:55 / 3937 [8.85]
4059	1516	ROSTKOWSKA Joanna	NOWY DWÓR		82	K20/161	(K)471	01:03:59	00:59:43	10.05	00:33:57 / 3947 [8.84]
4060	5899	PATROŃSKI Marek	WARSZAWA		76	M30/1351	(M)3589	01:03:59	00:58:52	10.19	00:35:10 / 4251 [8.53]
4061	2889	KANIA Mateusz	SEROCZYN		91		(M)3590	01:04:01	00:59:39	10.06	00:34:52 / 4167 [8.60]
4062	6373	ZALEWSKI Michał	WARSZAWA		63	M40/586	(M)3591	01:04:02	00:59:32	10.08	00:35:22 / 4287 [8.48]
4063	2955	KOWALEWSKI Michał	NOWY DWÓR MAZ.		69	M40/587	(M)3592	01:04:02	01:01:55	9.69	00:32:58 / 3614 [9.10]
4064	3829	MAZUREK-SZYPUŁA Agnieszka	WARSZAWA		73	K30/177	(K)472	01:04:03	00:59:58	10.01	00:34:19 / 4033 [8.74]
4065	757	DANIELEWSKI Bożydar	WARSZAWA		84	M20/973	(M)3593	01:04:03	00:58:23	10.28	00:35:43 / 4385 [8.40]
4066	2805	KUCHARSKI Adrian		BANK AMRO	09		(M)3594	01:04:03	01:00:40	9.89	00:33:06 / 3673 [9.06]
4067	1210	ZAPERTY ADAM	WARSZAWA		47	M60/58	(M)3595	01:04:04	00:59:10	10.14	00:35:07 / 4241 [8.54]
4068	1933	STRZEMIECZNY Piotr Jan	PŁOŃSK		83	M20/974	(M)3596	01:04:04	00:58:36	10.24	00:35:41 / 4370 [8.41]
4069	1575	ZIENTKIEWICZ Anna	WARSZAWA		82	K20/162	(K)473	01:04:05	00:59:42	10.05	00:35:18 / 4267 [8.50]
4070	342	PIOTROWSKI Dariusz	WARSZAWA		82	M20/975	(M)3597	01:04:05	00:59:27	10.09	00:34:19 / 4032 [8.74]
4071	4744	OZDOWA Anna	PŁOCK		80	K20/163	(K)474	01:04:06	01:00:19	9.95	00:35:22 / 4285 [8.48]
4072	1235	OLBRYCHT Iwona	WARSZAWA		77	K30/178	(K)475	01:04:06	01:02:17	9.63	00:32:49 / 3562 [9.14]
4073	990	MODECKI Michał	WARSZAWA	DB MARATHON TEAM	81	M20/976	(M)3598	01:04:06	01:02:22	9.62	00:31:21 / 3075 [9.57]
4074	4340	GROCHOWSKI Grzegorz	WARSZAWA	BIEGAMY Z OCHOTĄ	61	M40/588	(M)3599	01:04:07	00:58:38	10.23	00:35:49 / 4413 [8.38]
4075	1171	GRZYBOWSKI TOMASZ	WARSZAWA		70	M30/1352	(M)3600	01:04:07	01:00:24	9.93	00:34:33 / 4087 [8.68]
4076	801	OSINSKI Mariusz	WARSZAWA		70	M30/1353	(M)3601	01:04:07	01:00:24	9.93	00:34:33 / 4088 [8.68]
4077	485	PINDOR Damian	MIĘDZYBORÓW		97		(M)3602	01:04:08	01:01:06	9.82	00:33:53 / 3929 [8.85]
4078	2988	GIZIŃSKA Alina	WARSZAWA	ŻÓŁWIE	73	K30/179	(K)476	01:04:08	01:01:21	9.78	00:32:50 / 3571 [9.14]
4079	3848	RAWSKA-OLEJNICZAK Jolanta	WARSZAWA	NIE	57	K50/20	(K)477	01:04:08	01:04:01	9.37	00:31:58 / 3310 [9.38]
4080	4759	WAGNER Marcin	WARSZAWA	BIEGAMY Z OCHOTĄ	72	M30/1354	(M)3603	01:04:09	01:01:19	9.79	00:34:57 / 4187 [8.58]
4081	2601	KUCHARCZAK waclaw	WARSZAWA		68	M40/589	(M)3604	01:04:09	01:00:55	9.85	00:33:04 / 3652 [9.07]
4082	1498	KARWOSKI Michał	WARSZAWA		91		(M)3605	01:04:10	00:59:24	10.10	00:36:03 / 4452 [8.32]
4083	171	WACŁAWSKA renata			09		(K)478	01:04:10	01:02:37	9.58	00:34:47 / 4138 [8.62]
4084	5974	RUSZCZAK Tadeusz	WYSZKÓW		54	M50/259	(M)3606	01:04:12	01:00:29	9.92	00:35:00 / 4206 [8.57]
4085	3874	MAZIARZ Izabela	WARSZAWA		73	K30/180	(K)479	01:04:12	01:00:48	9.87	00:35:09 / 4247 [8.53]
4086	3111	ROMAŃSKI Jakub	LEGIONOWO	KB PIMAR LEGIONOWO	93		(M)3607	01:04:13	00:59:51	10.03	00:35:03 / 4223 [8.56]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4087	4360	SZYMAŃSKI Michał	WARSZAWA		81	M20/977	(M)3608	01:04:13	01:01:40	9.73	00:33:42 / 3865 [8.90]
4088	1598	STRUŻEK Michał	WARSZAWA		84	M20/978	(M)3609	01:04:15	00:59:49	10.03	00:35:47 / 4407 [8.38]
4089	1740	WŁODARCZYK krystian	WARSZAWA		85	M20/979	(M)3610	01:04:15	00:59:53	10.02	00:35:33 / 4331 [8.44]
4090	1118	KASZUBOWSKA Urszula	WARSZAWA		61	K40/73	(K)480	01:04:15	01:02:12	9.65	00:31:52 / 3258 [9.41]
4091	2531	FRONCZEWSKA-WIENIAWSKA Katarzyna	WARSZAWA		74	K30/181	(K)481	01:04:15	00:59:21	10.11	00:35:21 / 4281 [8.49]
4092	2524	STAŃCZYK Karolina	WARSZAWA		74	K30/182	(K)482	01:04:15	00:59:22	10.11	00:35:21 / 4280 [8.49]
4093	2981	TUMIŃSKI Artur	WARSZAWA		74	M30/1355	(M)3611	01:04:15	01:00:45	9.88	00:34:30 / 4078 [8.70]
4094	1022	CZARNOCKI Michał	PIASECZNO		71	M30/1356	(M)3612	01:04:16	00:59:54	10.02	00:32:18 / 3426 [9.29]
4095	1632	OTTO zdzisława	WARSZAWA		47	K60/4	(K)483	01:04:16	01:02:52	9.54	00:32:56 / 3602 [9.11]
4096	715	TUCZYŃSKA Elżbieta	PRUSZKÓW		65	K40/74	(K)484	01:04:16	01:02:55	9.54	00:33:04 / 3649 [9.07]
4097	3682	CEGIELKA Krzysztof	WARSZAWA	URSUS	94		(M)3613	01:04:16	00:59:50	10.03	00:31:12 / 3021 [9.62]
4098	1456	BROZDOWSKA Wioletta	MIKOŁAJKI POMORSKIE		85	K20/164	(K)485	01:04:17	01:03:09	9.50	00:32:37 / 3517 [9.20]
4099	2888	KANIA Leszek	LATOWICZ		77	M30/1357	(M)3614	01:04:17	00:59:56	10.01	00:34:52 / 4168 [8.60]
4100	5167	SZCZYGŁOWSKI Piotr	WARSZAWA		80	M20/980	(M)3615	01:04:17	01:00:42	9.88	00:33:09 / 3701 [9.05]
4101	4583	ŚWIDERSKI Grzegorz	WARSZAWA		80	M20/981	(M)3616	01:04:17	00:59:29	10.09	00:34:30 / 4079 [8.70]
4102	1756	BATOR joanna	WARSZAWA		68	K40/75	(K)486	01:04:17	01:01:44	9.72	00:34:50 / 4157 [8.61]
4103	4758	DĄBROWSKA-PYC Dagmara	WARSZAWA		79	K30/183	(K)487	01:04:18	01:01:28	9.76	00:34:57 / 4188 [8.58]
4104	4054	SZCZODROWSKI Marcin	WARSZAWA		77	M30/1358	(M)3617	01:04:19	01:02:25	9.61	00:33:18 / 3747 [9.01]
4105	932	SKOLIMOWSKI Marek	SIEDLCE		65	M40/590	(M)3618	01:04:19	00:59:31	10.08	00:35:49 / 4410 [8.38]
4106	2102	CHROBOT Tomasz	WARSZAWA		83	M20/982	(M)3619	01:04:19	01:00:33	9.91	00:33:35 / 3838 [8.93]
4107	3892	RUMAK Michał	WARSZAWA		79	M30/1359	(M)3620	01:04:20	00:59:43	10.05	00:35:15 / 4260 [8.51]
4108	2741	TYRAS Olga	CZĘSTOCHOWA		89	K20/165	(K)488	01:04:20	01:00:07	9.98	00:34:31 / 4082 [8.69]
4109	3738	WÓJCIK Jacek	WARSZAWA		77	M30/1360	(M)3621	01:04:21	01:00:52	9.86	00:33:15 / 3736 [9.02]
4110	5072	KRAWCZYK Michał	WARSZAWA		85	M20/983	(M)3622	01:04:21	01:00:18	9.95	00:33:15 / 3740 [9.02]
4111	2313	FELCZAK Włodzimierz	SOCHACZEW	KM AKTYWNI SOCHACZEW	56	M50/260	(M)3623	01:04:23	01:02:20	9.63	00:32:46 / 3551 [9.16]
4112	3689	KRUKOWSKI Marcin		URSUS	94		(M)3624	01:04:23	01:00:38	9.90	00:31:13 / 3026 [9.61]
4113	4036	POLAK Bartosz	SKIERDY		79	M30/1361	(M)3625	01:04:24	00:59:34	10.07	00:36:55 / 4595 [8.13]
4114	5785	MARGIELSKI MICHAŁ	OTWOCK		82	M20/984	(M)3626	01:04:25	00:59:51	10.03	00:34:54 / 4178 [8.60]
4115	1901	MAZUROWSKA Joanna	SZCZECIN	AKADEMIA SZTUK WALKI DĘBE WIELKIE	76	K30/184	(K)489	01:04:25	01:01:42	9.72	00:33:52 / 3923 [8.86]
4116	6274	TURKO Katarzyna	BYTOM		70	K30/185	(K)490	01:04:25	01:00:38	9.90	00:35:02 / 4214 [8.56]
4117	2150	WĘGIEL Wojciech	WARSZAWA	KS WÓJCINA	76	M30/1362	(M)3627	01:04:26	01:00:29	9.92	00:35:28 / 4302 [8.46]
4118	3897	ANTOLAK Piotr	WARSZAWA		75	M30/1363	(M)3628	01:04:26	01:00:22	9.94	00:35:16 / 4265 [8.51]
4119	2580	SOBORCZYK Agnieszka	WARSZAWA	WARSZAWA	73	K30/186	(K)491	01:04:27	01:01:32	9.75	00:34:02 / 3968 [8.81]
4120	1615	ZAGRZEJEWSKA martyna	WARSZAWA	LOBO SISTERS RUNNERS CLUB	75	K30/187	(K)492	01:04:28	01:01:54	9.69	00:34:02 / 3964 [8.81]
4121	3542	WNOROWSKI Michał	WARSZAWA		73	M30/1364	(M)3629	01:04:28	00:59:37	10.06	00:36:13 / 4477 [8.28]
4122	758	POKORA Agnieszka	ZĄBKI		71	K30/188	(K)493	01:04:28	00:59:58	10.01	00:35:13 / 4258 [8.52]
4123	1191	MARSZAŁEK DOROTA	WARSZAWA		86	K20/166	(K)494	01:04:29	01:04:29	9.30	00:33:29 / 3807 [8.96]
4124	460	GWARA Adam	WARSZAWA		58	M50/261	(M)3630	01:04:29	01:04:29	9.30	00:33:45 / 3883 [8.89]
4125	2604	PRZEMĘCKA Agata	ŁÓDŹ		83	K20/167	(K)495	01:04:29	01:02:26	9.61	00:33:38 / 3850 [8.92]
4126	4674	KRETKIEWICZ Jacek	WARSZAWA		82	M20/985	(M)3631	01:04:29	00:59:02	10.16	00:38:49 / 4846 [7.73]
4127	4172	JEZERSKI Wojciech	WARSZAWA		77	M30/1365	(M)3632	01:04:31	01:01:10	9.81	00:35:46 / 4401 [8.39]
4128	3497	SZCZEPANIK Robert	WARSZAWA		72	M30/1366	(M)3633	01:04:31	01:00:38	9.90	00:35:55 / 4433 [8.35]
4129	5027	POKORSKI Marek	WARSZAWA		71	M30/1367	(M)3634	01:04:31	01:01:34	9.75	00:35:01 / 4209 [8.57]
4130	3215	ZIELIŃSKI Krzysztof	WARSZAWA	M42195	59	M50/262	(M)3635	01:04:32	01:02:57	9.53	00:31:34 / 3163 [9.50]
4131	759	BOGURADZKI Dariusz	WARSZAWA		84	M20/986	(M)3636	01:04:32	00:58:52	10.19	00:35:43 / 4387 [8.40]
4132	2995	ZAJĄKAŁA Michał	WARSZAWA		75	M30/1368	(M)3637	01:04:33	01:02:40	9.57	00:32:20 / 3435 [9.28]
4133	3860	ANTCZAK Joanna	WARSZAWA		71	K30/189	(K)496	01:04:34	01:01:48	9.71	00:33:21 / 3765 [9.00]
4134	149	GORECKI Witold	WARSZAWA		63	M40/591	(M)3638	01:04:35	01:00:12	9.97	00:35:03 / 4218 [8.56]
4135	2443	TROCIŃSKI Tomasz	WARSZAWA		68	M40/592	(M)3639	01:04:35	00:59:00	10.17	00:36:47 / 4575 [8.16]
4136	521	WOJCIESZAK Zbigniew	WARSZAWA		53	M50/263	(M)3640	01:04:35	01:00:14	9.96	00:35:03 / 4221 [8.56]
4137	3570	KOZDRÓJ Mirosław	WARSZAWA		68	M40/593	(M)3641	01:04:35	01:00:08	9.98	00:35:51 / 4418 [8.37]
4138	4051	WÓJCIK Marcin	WARSZAWA	AMT...	79	M30/1369	(M)3642	01:04:37	01:03:07	9.51	00:32:55 / 3599 [9.11]
4139	1850	JABLONOWSKA Renata	WARSZAWA		80	K20/168	(K)497	01:04:37	01:00:21	9.94	00:34:50 / 4159 [8.61]
4140	1849	CALDWELL Sean	WARSZAWA		83	M20/987	(M)3643	01:04:37	01:00:21	9.94	00:34:51 / 4161 [8.61]
4141	3736	DĄBROWSKI Jan	CEKANÓW		89	M20/988	(M)3644	01:04:38	01:01:03	9.83	00:34:11 / 3999 [8.78]
4142	6324	WNUK Grzegorz	KIELCE		73	M30/1370	(M)3645	01:04:38	01:00:29	9.92	00:36:12 / 4470 [8.29]
4143	382	JABŁOŃSKI MACIEJ	TRUSKAW		80	M20/989	(M)3646	01:04:38	00:59:27	10.09	00:35:26 / 4297 [8.47]
4144	5086	ZENGTELER Andrzej	GDAŃSK	NIEZRZESZONY	50	M50/264	(M)3647	01:04:39	01:00:16	9.96	00:35:03 / 4219 [8.56]
4145	1497	CHOROMAŃSKI Stanisław	WARSZAWA		90		(M)3648	01:04:39	01:00:29	9.92	00:34:37 / 4098 [8.67]
4146	404	SZTOMBER Daniel	WARSZAWA		82	M20/990	(M)3649	01:04:39	00:59:45	10.04	00:36:15 / 4484 [8.28]
4147	662	STREFLIK Katarzyna	GRÓJEC		91		(K)498	01:04:40	01:04:22	9.32	00:30:45 / 2857 [9.76]
4148	4811	SUMOWSKI Rafał	WARSZAWA		81	M20/991	(M)3650	01:04:40	00:59:29	10.09	00:35:43 / 4388 [8.40]
4149	1627	HEJNRYCH Kamila	WARSZAWA		85	K20/169	(K)499	01:04:41	01:02:13	9.64	00:34:39 / 4109 [8.66]
4150	5067	ŻAK ida	ŁOMIAŃKI		84	K20/170	(K)500	01:04:41	00:59:49	10.03	00:35:33 / 4330 [8.44]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4151	3496	CZECHOWSKI Krzysztof	WARSZAWA		79	M30/1371	(M)3651	01:04:41	01:00:48	9.87	00:35:55 / 4432 [8.35]
4152	6678	*****					(M)3652	01:04:42	01:04:42	9.27	00:34:14 / 4013 [8.76]
4153	1256	KOZAK Tadeusz	WARSZAWA		51	M50/265	(M)3653	01:04:42	01:01:51	9.70	00:34:37 / 4104 [8.67]
4154	4266	KALINOWSKI Henryk	WARSZAWA		83	M20/992	(M)3654	01:04:42	00:59:43	10.05	00:36:25 / 4510 [8.24]
4155	1570	MICHALSKA Anna	WARSZAWA	BIEGAMY Z OCHOTĄ	64	K40/76	(K)501	01:04:43	00:57:21	10.46	00:37:03 / 4622 [8.10]
4156	3377	GAŁ Michał	WARSZAWA	BRĄK	80	M20/993	(M)3655	01:04:43	01:02:16	9.64	00:33:05 / 3658 [9.07]
4157	1572	PAWLAK Włodzimierz	WARSZAWA		57	M50/266	(M)3656	01:04:43	00:57:21	10.46	00:37:02 / 4616 [8.10]
4158	2693	FRONTCZAK Jarosław	WARSZAWA		69	M40/594	(M)3657	01:04:43	01:00:30	9.92	00:35:19 / 4270 [8.49]
4159	783	ZALEWSKI Maciej	WARSZAWA		96		(M)3658	01:04:43	01:00:14	9.96	00:36:36 / 4544 [8.20]
4160	4908	BONDARA Sylwia	BYDGOSZCZ	UNIwersytet Warszawski	87	K20/171	(K)502	01:04:44	00:59:22	10.11	00:37:26 / 4676 [8.01]
4161	5150	JANOCHA Marcin	WARSZAWA		76	M30/1372	(M)3659	01:04:44	01:00:49	9.87	00:35:06 / 4237 [8.55]
4162	4914	BIELECKI Piotr	WARSZAWA		84	M20/994	(M)3660	01:04:44	01:00:13	9.96	00:36:23 / 4505 [8.25]
4163	2936	DWORAKOWSKI Michał	WARSZAWA		76	M30/1373	(M)3661	01:04:44	00:59:43	10.05	00:35:09 / 4244 [8.53]
4164	5081	NETZEL Tomasz	WARSZAWA	BLOGBIEGACZA.PL	84	M20/995	(M)3662	01:04:44	00:59:22	10.11	00:37:25 / 4675 [8.02]
4165	3320	KOSTYRA Marek	WARSZAWA	ZWIĄZKOWIEC	52	M50/267	(M)3663	01:04:45	01:02:44	9.56	00:33:20 / 3758 [9.00]
4166	782	WNOROWSKI Daniel	WARSZAWA		96		(M)3664	01:04:46	01:00:17	9.95	00:36:36 / 4543 [8.20]
4167	1684	RADYMIK Anna	WARSZAWA		83	K20/172	(K)503	01:04:47	01:00:09	9.98	00:35:33 / 4327 [8.44]
4168	6009	SIKORSKA MAGDA	WARSZAWA		82	K20/173	(K)504	01:04:47	01:02:23	9.62	00:34:03 / 3970 [8.81]
4169	5199	KACZMAREK Dominik	WARSZAWA		79	M30/1374	(M)3665	01:04:47	00:59:47	10.04	00:37:17 / 4657 [8.05]
4170	1197	ORLIŃSKI PAWEŁ	WARSZAWA		89	M20/996	(M)3666	01:04:48	00:59:28	10.09	00:36:34 / 4539 [8.20]
4171	2361	ŚMIGIELSKA Barbara	WARSZAWA		83	K20/174	(K)505	01:04:48	01:02:19	9.63	00:33:47 / 3896 [8.88]
4172	2360	ŚMIGIELSKI Mieczysław	WARSZAWA		52	M50/268	(M)3667	01:04:49	01:02:20	9.63	00:33:47 / 3900 [8.88]
4173	1711	SZULKOWSKA Alicja	WARSZAWA		91		(K)506	01:04:49	01:02:29	9.60	00:33:28 / 3798 [8.96]
4174	1757	PILCH Paulina	WARSZAWA		73	K30/190	(K)507	01:04:49	01:02:16	9.64	00:34:50 / 4158 [8.61]
4175	5991	SADZIŃSKI Tomasz			79	M30/1375	(M)3668	01:04:50	01:03:00	9.52	00:34:05 / 3979 [8.80]
4176	6156	MYSLEK Radosław			75	M30/1376	(M)3669	01:04:51	01:02:39	9.58	00:34:02 / 3967 [8.81]
4177	2089	WIŚNIEWSKI Marek	WARSZAWA		71	M30/1377	(M)3670	01:04:51	01:01:42	9.72	00:34:47 / 4136 [8.62]
4178	249	ANDRZEJEWSKI Tadeusz	WARSZAWA	WARSZAWA-BIELANY	33	M70/6	(M)3671	01:04:51	01:00:52	9.86	00:35:01 / 4210 [8.57]
4179	569	WALEWSKA Agnieszka	WARSZAWA		73	K30/191	(K)508	01:04:52	01:01:48	9.71	00:34:46 / 4134 [8.63]
4180	5597	JANIK Anna	KRAKOW		77	K30/192	(K)509	01:04:53	01:02:37	9.58	00:33:09 / 3699 [9.05]
4181	32	SPONSOR Vip			09		(M)3672	01:04:53	01:00:23	9.94	00:35:38 / 4352 [8.42]
4182	2491	PETRYCKI Marcin	WARSZAWA		77	M30/1378	(M)3673	01:04:53	01:00:44	9.88	00:35:00 / 4204 [8.57]
4183	619	ŻEGARSKA Ewa	WARSZAWA		77	K30/193	(K)510	01:04:54	01:01:05	9.82	00:35:40 / 4363 [8.41]
4184	2683	KOBIERSKA Ewa	WARSZAWA		80	K20/175	(K)511	01:04:54	01:00:14	9.96	00:35:02 / 4215 [8.56]
4185	2484	MIRKOWICZ Beata	WARSZAWA		71	K30/194	(K)512	01:04:54	01:01:32	9.75	00:34:29 / 4074 [8.70]
4186	4113	KOCZWARA Agnieszka	WARSZAWA		81	K20/176	(K)513	01:04:54	01:00:00	10.00	00:35:41 / 4373 [8.41]
4187	1666	ROMANOWSKA Małgorzata	WARSZAWA		82	K20/177	(K)514	01:04:54	00:59:56	10.01	00:35:41 / 4371 [8.41]
4188	1858	PACZKOWSKA Marzena	WARSZAWA		62	K40/77	(K)515	01:04:54	01:04:39	9.28	00:32:18 / 3427 [9.29]
4189	3832	URBANIAK Bogusia	WARSZAWA		73	K30/195	(K)516	01:04:55	01:02:01	9.67	00:34:16 / 4024 [8.75]
4190	3252	BARAŃSKI Mateusz	WARSZAWA		93		(M)3674	01:04:55	01:03:31	9.45	00:30:58 / 2933 [9.69]
4191	4235	MACHTYLSKA Aleksandra	WROCLAW	WKB PIAST	83	K20/178	(K)517	01:04:55	01:02:49	9.55	00:33:15 / 3732 [9.02]
4192	6587	FANASZKIEWICZ Tomasz	WARSZAWA		83	M20/997	(M)3675	01:04:56	01:00:59	9.84	00:36:21 / 4500 [8.25]
4193	5446	CZUPRYŃSKA Magdalena	SUWALKI		82	K20/179	(K)518	01:04:56	00:59:24	10.10	00:36:29 / 4516 [8.22]
4194	5761	LULKA ANDRZEJ	WARSZAWA		70	M30/1379	(M)3676	01:04:56	01:02:32	9.59	00:32:27 / 3466 [9.24]
4195	432	SOLSKI Aleksander	WARSZAWA		72	M30/1380	(M)3677	01:04:56	01:03:04	9.51	00:33:01 / 3629 [9.09]
4196	6166	KACPURA Piotr	RADOM		76	M30/1381	(M)3678	01:04:57	01:01:57	9.69	00:33:25 / 3781 [8.98]
4197	2090	WIŚNIEWSKA Beata	WARSZAWA		71	K30/196	(K)519	01:04:58	01:01:48	9.71	00:34:46 / 4135 [8.63]
4198	5164	SARZYŃSKA Marzena	WARSZAWA		59	K50/21	(K)520	01:04:59	01:02:47	9.56	00:33:32 / 3825 [8.95]
4199	4183	ŚLIWAK-MANOWSKA Ewa	WARSZAWA	NOCARZ.PL	76	K30/197	(K)521	01:05:00	01:02:13	9.64	00:34:59 / 4202 [8.58]
4200	3431	STAWIARZ Patrycja	WARSZAWA		79	K30/198	(K)522	01:05:00	01:02:16	9.64	00:33:09 / 3700 [9.05]
4201	5562	GYRIA olga	WARSZAWA	POSHYDOG	81	K20/180	(K)523	01:05:00	01:02:51	9.55	00:33:57 / 3950 [8.84]
4202	4641	BUDYTA Katarzyna	SOBIENIE JEZIORY		85	K20/181	(K)524	01:05:00	01:01:55	9.69	00:33:06 / 3667 [9.06]
4203	5483	FALBA Sylwia	WYSZKÓW		81	K20/182	(K)525	01:05:01	01:01:18	9.79	00:35:00 / 4205 [8.57]
4204	6332	WODNICKI Wojciech	ŁÓDŹ	BIEGACZ NOWOSOLNA	67	M40/595	(M)3679	01:05:01	01:01:22	9.78	00:35:02 / 4212 [8.56]
4205	1999	KRÓLAK Stanisław	WARSZAWA	NIEZRZESZONY	60	M40/596	(M)3680	01:05:02	01:04:37	9.29	00:32:05 / 3353 [9.35]
4206	3604	GĘBSKI Adam	WARSZAWA		73	M30/1382	(M)3681	01:05:02	01:01:21	9.78	00:35:38 / 4351 [8.42]
4207	853	KOSIŃSKI Rafał	WARSZAWA		74	M30/1383	(M)3682	01:05:03	01:00:10	9.97	00:34:37 / 4100 [8.67]
4208	395	KIELSKI Michał	WARSZAWA		80	M20/998	(M)3683	01:05:03	01:01:17	9.79	00:33:52 / 3922 [8.86]
4209	1188	DMYTRUK PAWEŁ	WARSZAWA		63	M40/597	(M)3684	01:05:03	01:01:01	9.83	00:33:49 / 3911 [8.87]
4210	3508	MARTINEZ ZABALA Pablo	WARSZAWA		64	M40/598	(M)3685	01:05:04	01:01:34	9.75	00:35:28 / 4301 [8.46]
4211	4846	MARKIEWICZ Rafał	WARSZAWA		76	M30/1384	(M)3686	01:05:05	01:00:12	9.97	00:34:47 / 4137 [8.62]
4212	5075	RUDNIK Rafał	PIASECZNO	RR TEAM	76	M30/1385	(M)3687	01:05:05	01:00:45	9.88	00:36:38 / 4551 [8.19]
4213	2074	KORNILUK Bartosz	BIŁA PODLASKA		80	M20/999	(M)3688	01:05:06	00:59:16	10.12	00:36:12 / 4473 [8.29]
4214	2181	FRONK Włodzimierz	WARSZAWA		58	M50/269	(M)3689	01:05:06	01:01:36	9.74	00:34:08 / 3993 [8.79]
4215	3292	GÓRA-SAWICKA Aldona	WARSZAWA		66	K40/78	(K)526	01:05:06	00:59:46	10.04	00:35:49 / 4412 [8.38]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4216	2076	SĘK Zofia	WARSZAWA		76	K30/199	(K)527	01:05:06	01:03:16	9.48	00:33:29 / 3808 [8.96]
4217	833	SOKAL Paulina	PIŃCZÓW		86	K20/183	(K)528	01:05:07	01:00:42	9.88	00:34:33 / 4086 [8.68]
4218	3686	KAWA Daniel	WARSZAWA	URSUS	94		(M)3690	01:05:07	01:01:20	9.78	00:30:49 / 2874 [9.73]
4219	4878	PIETRZAK Katarzyna	KONSTANTYNÓW		73	K30/200	(K)529	01:05:07	01:02:46	9.56	00:34:17 / 4028 [8.75]
4220	2824	URYNIUK Tamara	GDAŃSK	NUTRICA	65	K40/79	(K)530	01:05:07	01:01:18	9.79	00:35:40 / 4365 [8.41]
4221	1524	PIEKARSKI Jacek	BRWINÓW		66	M40/599	(M)3691	01:05:08	01:00:07	9.98	00:35:44 / 4393 [8.40]
4222	4682	KOSTYK Bogna	WARSZAWA		66	K40/80	(K)531	01:05:08	01:02:50	9.55	00:34:12 / 4000 [8.77]
4223	4154	GAŚOWSKA MAGDALENA	WARSZAWA	ALON 42	92		(K)532	01:05:08	01:03:06	9.51	00:32:25 / 3452 [9.25]
4224	56	NADOLNY Wiesław		VIP	09		(M)3692	01:05:08	01:00:46	9.87	00:35:03 / 4222 [8.56]
4225	3306	PIOTROWICZ Julia	KIELCE		86	K20/184	(K)533	01:05:08	01:04:07	9.36	00:32:52 / 3583 [9.13]
4226	6144	KRAJKA Mirek	LUBLIN		82	M20/1000	(M)3693	01:05:08	01:01:43	9.72	00:34:53 / 4175 [8.60]
4227	4979	GREWIŃSKA Natalia	WARSZAWA	RUN KAYAX RUN / POLSKA BIEGA	76	K30/201	(K)534	01:05:08	01:01:22	9.78	00:33:35 / 3837 [8.93]
4228	448	PARYS Aleksandra	WARSZAWA		76	K30/202	(K)535	01:05:10	01:02:30	9.60	00:34:07 / 3987 [8.79]
4229	4753	BARTOSIK Dawid	WARSZAWA		76	M30/1386	(M)3694	01:05:10	01:00:42	9.88	00:35:39 / 4358 [8.42]
4230	831	KLUCZYK Norbert	WARSZAWA		74	M30/1387	(M)3695	01:05:11	01:03:25	9.46	00:33:37 / 3845 [8.92]
4231	328	JÓŻWIK Barbara	ZIELONKA		66	K40/81	(K)536	01:05:11	01:01:38	9.73	00:35:33 / 4323 [8.44]
4232	1536	KOLASA EDWARD	SULEJÓWEK	NIE	70	M30/1388	(M)3696	01:05:12	01:02:23	9.62	
4233	867	SAWICKI Konrad	WARSZAWA		09		(M)3697	01:05:12	00:59:44	10.04	00:38:03 / 4769 [7.88]
4234	866	WÓJTOWICZ Maciej	WARSZAWA		77	M30/1389	(M)3698	01:05:12	00:59:44	10.04	00:38:03 / 4767 [7.88]
4235	1836	MALARA Wojciech	WARSZAWA	CARSERVIS	78	M30/1390	(M)3699	01:05:12	01:03:19	9.48	00:33:43 / 3876 [8.90]
4236	1581	SMOLEŃSKA Małgosia	WARSZAWA		79	K30/203	(K)537	01:05:13	01:01:09	9.81	00:34:13 / 4004 [8.77]
4237	58	WŁODARCZYK Marek	WARSZAWA	TVP WARSZAWA	60	M40/600	(M)3700	01:05:13	01:00:31	9.91	00:35:33 / 4329 [8.44]
4238	1998	PIECHOWSKI Tomasz	WARSZAWA		77	M30/1391	(M)3701	01:05:13	01:03:21	9.47	00:33:43 / 3873 [8.90]
4239	4573	KURATCZYK pawel	WARSZAWA		79	M30/1392	(M)3702	01:05:13	01:01:24	9.77	00:34:28 / 4072 [8.70]
4240	4572	KURATCZYK agnieszka	WARSZAWA		79	K30/204	(K)538	01:05:13	01:01:25	9.77	00:34:29 / 4073 [8.70]
4241	3454	ZAWADZKI PIOTR	WARSZAWA		72	M30/1393	(M)3703	01:05:15	01:01:24	9.77	00:35:37 / 4350 [8.42]
4242	3455	ZAWADZKI Andrzej	WARSZAWA		63	M40/601	(M)3704	01:05:15	01:00:36	9.90	00:35:37 / 4349 [8.42]
4243	6162	BARANOWSKI Krzysztof	RADOM		62	M40/602	(M)3705	01:05:16	01:02:19	9.63	00:33:26 / 3784 [8.97]
4244	6570	STRZELEC Wiesław	RADOM		73	M30/1394	(M)3706	01:05:16	01:02:19	9.63	00:33:26 / 3782 [8.97]
4245	5953	RACZYŃSKA Magdalena	CHORZÓW	WKB META LUBLINIEC	79	K30/205	(K)539	01:05:16	01:01:56	9.69	00:33:26 / 3785 [8.97]
4246	1518	KANIA Natalia	ZIELONKI WIEŚ		91		(K)540	01:05:17	01:02:23	9.62	00:33:56 / 3945 [8.84]
4247	1571	SALONI-SADOWSKA Maria	WARSZAWA		71	K30/206	(K)541	01:05:17	00:57:54	10.36	00:37:02 / 4618 [8.10]
4248	627	KOPCZYŃSKI Marcin	WARSZAWA		76	M30/1395	(M)3707	01:05:18	01:00:45	9.88	00:34:47 / 4142 [8.62]
4249	3979	GLINICKA Agata	BIELANY/WINNICA		79	K30/207	(K)542	01:05:18	01:01:30	9.76	00:35:40 / 4364 [8.41]
4250	1520	TRZMIEL - JASEK Krystyna	WARSZAWA		56	K50/22	(K)543	01:05:18	01:05:11	9.20	00:31:44 / 3220 [9.45]
4251	1875	ŁUKSZA Wiesław	WARSZAWA	GYMNASION	41	M60/59	(M)3708	01:05:19	00:59:55	10.01	00:33:24 / 3779 [8.98]
4252	445	ANDREJEW Agnieszka	ZĄBKI		70	K30/208	(K)544	01:05:19	01:03:00	9.52	00:32:32 / 3492 [9.22]
4253	3416	SADOWSKI Robert	WARSZAWA		69	M40/603	(M)3709	01:05:19	01:03:00	9.52	00:32:32 / 3490 [9.22]
4254	5704	KRAWCZYK Joanna	WARSZAWA		84	K20/185	(K)545	01:05:21	01:01:23	9.77	00:34:10 / 3997 [8.78]
4255	4982	NORYŚKIEWICZ Marta	WARSZAWA		76	K30/209	(K)546	01:05:22	01:01:17	9.79	00:36:08 / 4462 [8.30]
4256	1230	DYSKO BOŻENA	WARSZAWA		65	K40/82	(K)547	01:05:22	01:02:17	9.63	00:35:04 / 4230 [8.56]
4257	248	DZIEKOŃSKI piotr	WARSZAWA		34	M70/7	(M)3710	01:05:23	01:02:05	9.66	00:34:42 / 4119 [8.65]
4258	1227	WYKRYTOWICZ JACEK	JAKTORÓW		57	M50/270	(M)3711	01:05:23	01:00:41	9.89	00:35:20 / 4276 [8.49]
4259	360	SIDELNIK Przemysław	KOBYŁKA		84	M20/1001	(M)3712	01:05:23	01:03:58	9.38	00:32:43 / 3540 [9.17]
4260	897	GRZESZCZYK Andrzej	WARSZAWA		53	M50/271	(M)3713	01:05:24	01:03:59	9.38	00:33:33 / 3832 [8.94]
4261	4806	KOWALSKA Kasia	WARSZAWA		74	K30/210	(K)548	01:05:24	01:05:15	9.20	00:32:01 / 3333 [9.37]
4262	2474	GÓRNICKA Anna	WARSZAWA		75	K30/211	(K)549	01:05:27	01:01:53	9.70	00:34:29 / 4075 [8.70]
4263	600	GAŁECKI Tamasz	WARSZAWA		70	M30/1396	(M)3714	01:05:27	00:59:18	10.12	00:35:56 / 4435 [8.35]
4264	3226	ADAMIAK Agnieszka	ŁÓDŹ	KLUB BIEGACZA TPSA	71	K30/212	(K)550	01:05:27	00:59:37	10.06	00:35:47 / 4406 [8.38]
4265	3543	LEJMAN Marcin	WARSZAWA		79	M30/1397	(M)3715	01:05:28	01:02:32	9.59	00:33:29 / 3804 [8.96]
4266	2068	MAKOWSKA Zofia	WARSZAWA	X	57	K50/23	(K)551	01:05:29	01:02:57	9.53	00:34:16 / 4020 [8.75]
4267	1157	PASZEK Krystyna	GRODZISK MAZ	NIEZRZESZONA	61	K40/83	(K)552	01:05:29	01:05:29	9.16	00:35:54 / 4428 [8.36]
4268	1156	PAWELEC Krystyna	BRWINÓW	NIEZRZESZONA	53	K50/24	(K)553	01:05:29	01:00:21	9.94	00:35:54 / 4429 [8.36]
4269	669	WACHOWICZ Małgorzata	WARSZAWA		84	K20/186	(K)554	01:05:31	01:00:56	9.85	00:35:07 / 4240 [8.54]
4270	2121	GBURZYŃSKI Grzegorz	PRUSZKÓW		76	M30/1398	(M)3716	01:05:31	01:00:51	9.86	00:37:17 / 4658 [8.05]
4271	5667	KOKOWSKI Maciek	WARSZAWA		82	M20/1002	(M)3717	01:05:31	01:00:17	9.95	00:37:08 / 4638 [8.08]
4272	5678	KORYCKI Tomasz	WARSZAWA		77	M30/1399	(M)3718	01:05:32	01:03:39	9.43	00:32:19 / 3431 [9.28]
4273	3026	KONDEJ Gabriela	BIAŁYSTOK		91		(K)555	01:05:32	01:00:57	9.84	00:35:04 / 4229 [8.56]
4274	3298	KRASKA Tadeusz	RADOM	KLUB MARATOŃCZYKA AZS POLITECHNIKI R	49	M60/60	(M)3719	01:05:33	01:00:20	9.94	00:36:14 / 4480 [8.28]
4275	1813	ADAMOWICZ Tomasz	WARSZAWA		68	M40/604	(M)3720	01:05:33	01:01:10	9.81	00:35:59 / 4439 [8.34]
4276	3299	KRASKA Agnieszka	WARSZAWA		73	K30/213	(K)556	01:05:34	01:00:21	9.94	00:36:14 / 4483 [8.28]
4277	570	WALEWSKI Marcin	WARSZAWA		71	M30/1400	(M)3721	01:05:35	01:02:31	9.60	00:34:31 / 4080 [8.69]
4278	1949	WIŚNIEWSKA Kamila	WARSZAWA		92		(K)557	01:05:36	01:00:52	9.86	00:34:40 / 4113 [8.65]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4279	526	LUDKOWSKA Urszula	MIŃSK MAZOWIECKI		74	K30/214	(K)558	01:05:36	01:02:33	9.59	00:34:06 / 3982 [8.80]
4280	3778	MUSZYŃSKI Adrian	WARSZAWA		96		(M)3722	01:05:37	01:01:34	9.75	00:31:20 / 3070 [9.57]
4281	2823	BANACH Jarosław		NUTRICA	66	M40/605	(M)3723	01:05:37	01:01:27	9.76	00:35:56 / 4436 [8.35]
4282	639	DOLIŃSKI Tadeusz	WARSZAWA RADOŚĆ	ZDAŻYĆ PRZED 60.	58	M50/272	(M)3724	01:05:38	01:01:04	9.83	00:35:04 / 4228 [8.56]
4283	5666	KOKOWSKA Agnieszka	WARSZAWA		86	K20/187	(K)559	01:05:39	01:00:26	9.93	00:37:07 / 4637 [8.08]
4284	2048	POLAKOWSKI Wojciech	WARSZAWA		85	M20/1003	(M)3725	01:05:40	01:03:07	9.51	00:36:31 / 4525 [8.22]
4285	1733	SZYMAŃSKI Adam	WARSZAWA		76	M30/1401	(M)3726	01:05:41	01:01:43	9.72	00:35:46 / 4404 [8.39]
4286	4089	ZAREMBA-KOWALSKA Anna	WARSZAWA		67	K40/84	(K)560	01:05:41	01:00:32	9.91	00:36:09 / 4465 [8.30]
4287	1678	MALSKI-BRODZICKI Maciej	MARKI		80	M20/1004	(M)3727	01:05:42	01:02:02	9.67	00:36:01 / 4443 [8.33]
4288	5257	MUCHOROWSKI Krzysztof	WARSZAWA		66	M40/606	(M)3728	01:05:44	01:00:55	9.85	00:35:36 / 4344 [8.43]
4289	1152	ŚMIECIŃSKA Anna	WARSZAWA		79	K30/215	(K)561	01:05:44	01:03:55	9.39	00:32:34 / 3499 [9.21]
4290	1098	SKRZECZYŃSKI Andrzej	WARSZAWA		51	M50/273	(M)3729	01:05:44	01:05:09	9.21	00:31:48 / 3236 [9.43]
4291	4726	PTASZNIK Anna	WARSZAWA		59	K50/25	(K)562	01:05:44	01:01:41	9.73	00:35:31 / 4318 [8.45]
4292	2172	DOBRYŃSKI Feliks	WARSZAWA		67	M40/607	(M)3730	01:05:45	01:01:56	9.69	00:36:24 / 4507 [8.24]
4293	3458	SZYMAŃCZYK Dariusz	WARSZAWA		62	M40/608	(M)3731	01:05:46	01:05:46	9.12	00:33:58 / 3955 [8.83]
4294	1880	MIKUCKI Bogdan	WARSZAWA		66	M40/609	(M)3732	01:05:47	01:03:16	9.48	00:34:21 / 4036 [8.73]
4295	394	BAKOWSKI Piotr	SULEJÓWEK		81	M20/1005	(M)3733	01:05:47	01:03:50	9.40	00:32:50 / 3569 [9.14]
4296	4343	DAWIDCZYK Katarzyna	KOBYŁKA		73	K30/216	(K)563	01:05:47	01:05:38	9.14	00:33:14 / 3728 [9.03]
4297	4789	TROC Ewa	WARSZAWA		74	K30/217	(K)564	01:05:48	01:05:39	9.14	00:33:14 / 3726 [9.03]
4298	3648	KOWALSKA Joanna	WARSZAWA		84	K20/188	(K)565	01:05:48	01:01:14	9.80	00:35:08 / 4242 [8.54]
4299	1671	CHAŃSKI Piotr	WARSZAWA		76	M30/1402	(M)3734	01:05:49	01:04:43	9.27	00:33:41 / 3863 [8.91]
4300	2671	SWAT Rafał	MARKI		77	M30/1403	(M)3735	01:05:49	01:00:56	9.85	00:35:41 / 4374 [8.41]
4301	4032	CZARNECKI Piotr	WARSZAWA		80	M20/1006	(M)3736	01:05:49	01:02:33	9.59	00:33:31 / 3823 [8.95]
4302	847	MORAŃSKI Krzysztof	LEGIONOWO		93		(M)3737	01:05:50	01:02:32	9.59	00:33:45 / 3884 [8.89]
4303	4566	ROMAN Jarocki	WARSZAWA		50	M50/274	(M)3738	01:05:51	01:00:51	9.86	00:35:52 / 4423 [8.36]
4304	4706	ZIÓLEK Elżbieta	WARSZAWA	BIEGAMY Z OCHOTA	60	K40/85	(K)566	01:05:51	01:02:58	9.53	00:35:05 / 4235 [8.55]
4305	2734	SZENAJCH-IWASZKIEWICZ Joanna	WARSZAWA		81	K20/189	(K)567	01:05:51	01:00:49	9.87	00:36:19 / 4496 [8.26]
4306	3893	IGNACIUK Ewa	BRWINÓW		81	K20/190	(K)568	01:05:51	00:59:52	10.02	00:35:36 / 4343 [8.43]
4307	3638	WINNIK Mariusz	WARSZAWA		82	M20/1007	(M)3739	01:05:52	01:01:37	9.74	00:35:34 / 4333 [8.43]
4308	3344	DZIK MARTA	WARSZAWA		84	K20/191	(K)569	01:05:53	01:03:02	9.52	00:35:31 / 4314 [8.45]
4309	243	DRZEWIECKA Iwona	WARSZAWA		53	K50/26	(K)570	01:05:54	01:00:58	9.84	00:35:40 / 4367 [8.41]
4310	4532	BOGUSZEWSKA Emilia	WARSZAWA		84	K20/192	(K)571	01:05:55	01:02:35	9.59	00:34:34 / 4089 [8.68]
4311	4229	ZEGAR ANNA	WARSZAWA		82	K20/193	(K)572	01:05:55	01:02:37	9.58	00:34:44 / 4124 [8.64]
4312	3112	BAJKO JUSTYNA	CHELM		80	K20/194	(K)573	01:05:56	01:03:53	9.39	00:34:58 / 4195 [8.58]
4313	2144	GRYKA Jarosław	WARSZAWA		63	M40/610	(M)3740	01:05:56	01:03:16	9.48	00:34:27 / 4068 [8.71]
4314	2277	JAROCH Malgorzata	WARSZAWA		85	K20/195	(K)574	01:05:57	01:02:14	9.64	00:34:54 / 4177 [8.60]
4315	3696	GÓRALSKI MAREK	WARSZAWA	REMBERTÓW	72	M30/1404	(M)3741	01:05:57	01:02:22	9.62	00:34:04 / 3971 [8.81]
4316	2243	BOBRYK Karol	WARSZAWA		95		(M)3742	01:05:58	01:04:07	9.36	00:32:59 / 3621 [9.10]
4317	2534	APELSKI Dominik	WARSZAWA		93		(M)3743	01:05:58	01:01:47	9.71	00:36:16 / 4485 [8.27]
4318	3791	SKRZYPCZYŃSKA Agnieszka	WARSZAWA		87	K20/196	(K)575	01:05:58	01:02:10	9.65	00:35:32 / 4322 [8.44]
4319	1494	RONIEK Tomasz	KAJETANY		65	M40/611	(M)3744	01:05:58	01:04:57	9.24	00:33:31 / 3822 [8.95]
4320	6655	MALEK Marcin	MICHAŁOWO		71	M30/1405	(M)3745	01:05:58	01:04:17	9.33	00:33:17 / 3744 [9.01]
4321	1315	HAPONIONEK Michał	WARSZAWA	ACTION	78	M30/1406	(M)3746	01:05:59	01:04:03	9.37	00:33:06 / 3674 [9.06]
4322	379	SZYMAŃSKI Artur	WARSZAWA		70	M30/1407	(M)3747	01:05:59	01:04:04	9.37	00:33:43 / 3874 [8.90]
4323	1303	BABEL Andrzej	WARSZAWA	ACTION	80	M20/1008	(M)3748	01:05:59	01:04:11	9.35	00:33:07 / 3685 [9.06]
4324	3335	OLESIWICZ Honorata	WARSZAWA		89	K20/197	(K)576	01:06:00	01:01:27	9.76	00:35:33 / 4324 [8.44]
4325	1112	PSIURSKA Ewa	WARSZAWA		87	K20/198	(K)577	01:06:00	01:02:41	9.57	00:34:48 / 4149 [8.62]
4326	1848	KRZESKA Dorota	WARSZAWA		85	K20/199	(K)578	01:06:00	01:04:02	9.37	00:34:22 / 4042 [8.73]
4327	1847	MROCKOWSKI Kyle	WARSZAWA		78	M30/1408	(M)3749	01:06:00	01:04:02	9.37	00:34:23 / 4043 [8.73]
4328	5989	SADOWSKI Piotr	PIASECZNO		68	M40/612	(M)3750	01:06:01	01:04:11	9.35	00:34:06 / 3983 [8.80]
4329	984	PAWŁOWSKA Katarzyna	WARSZAWA		75	K30/218	(K)579	01:06:04	01:04:38	9.28	00:32:36 / 3512 [9.20]
4330	4644	SIKORSKA ŁYŚ Marta	WARSZAWA		80	K20/200	(K)580	01:06:05	01:00:55	9.85	00:35:25 / 4294 [8.47]
4331	3674	KWIATKOWSKI Mariusz	WARSZAWA	URSUS	70	M30/1409	(M)3751	01:06:06	01:02:09	9.65	00:35:12 / 4257 [8.52]
4332	4964	WŁODARCZYK Aleksandra	WARSZAWA		79	K30/219	(K)581	01:06:07	01:02:05	9.66	00:36:00 / 4440 [8.33]
4333	6658	ZAWODNIK DO UZUP					(M)3752	01:06:07	01:01:53	9.70	00:35:20 / 4273 [8.49]
4334	1585	KALEK Przemysław	WARSZAWA		73	M30/1410	(M)3753	01:06:08	01:01:01	9.83	00:37:37 / 4702 [7.98]
4335	6275	TUSZYŃSKI TOMASZ	GŁOGÓW MŁP.		60	M40/613	(M)3754	01:06:09	01:05:56	9.10	00:32:23 / 3443 [9.26]
4336	4169	NIEMYSKI Krzysztof	WARSZAWA		88	M20/1009	(M)3755	01:06:10	01:01:17	9.79	00:38:44 / 4834 [7.75]
4337	1617	BARTOCHOWSKI Ireneusz	WARSZAWA		57	M50/275	(M)3756	01:06:11	01:02:09	9.65	00:36:00 / 4441 [8.33]
4338	2372	CICHECKA Aleksandra	WARSZAWA		81	K20/201	(K)582	01:06:11	01:00:35	9.90	00:36:39 / 4554 [8.19]
4339	289	MADEJ Tomasz	BIĄŁOBRZEGI		81	M20/1010	(M)3757	01:06:12	01:02:31	9.60	00:35:08 / 4243 [8.54]
4340	3694	GRĘZIAK AGNIESZKA	WARSZAWA		79	K30/220	(K)583	01:06:12	01:01:12	9.80	00:35:52 / 4420 [8.36]
4341	4001	BŁĄDEK Maciej	NOWA IWICZNA		67	M40/614	(M)3758	01:06:12	01:03:35	9.44	00:35:06 / 4238 [8.55]
4342	4107	BORZYMEK Ludwika	WYSZKÓW		89	K20/202	(K)584	01:06:13	01:02:08	9.66	00:35:47 / 4405 [8.38]
4343	6659	ZAWODNIK DO UZUP					(M)3759	01:06:13	01:02:10	9.65	00:35:25 / 4292 [8.47]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4344	2333	GRYZ Krzysztof	WARSZAWA		59	M50/276	(M)3760	01:06:13	01:01:43	9.72	00:34:44 / 4127 [8.64]
4345	650	KACPRZYK Beata	WARSZAWA		65	K40/86	(K)585	01:06:13	01:04:48	9.26	00:33:46 / 3887 [8.88]
4346	2286	PIEKARNIAK Agnieszka	CHOTOMÓW		69	K40/87	(K)586	01:06:14	01:04:35	9.29	00:33:33 / 3828 [8.94]
4347	5614	JURKIEWICZ anna	WARSZAWA		89	K20/203	(K)587	01:06:14	01:01:38	9.73	00:34:58 / 4192 [8.58]
4348	5486	FELKEL Zbigniew	PIASTÓW		58	M50/277	(M)3761	01:06:15	01:01:10	9.81	00:36:36 / 4542 [8.20]
4349	1990	ZAJĄC Ewa	WARSZAWA		65	K40/88	(K)588	01:06:17	01:01:41	9.73	00:35:55 / 4431 [8.35]
4350	1138	ZAKRZEWSKI Dawid	WARSZAWA		77	M30/1411	(M)3762	01:06:17	01:00:59	9.84	00:37:02 / 4617 [8.10]
4351	4313	CHABIOR Tomasz	WARSZAWA		76		(M)3763	01:06:18	01:01:44	9.72	00:36:20 / 4498 [8.26]
4352	4149	KOWALSKI Marcin	WARSZAWA		78	M30/1412	(M)3764	01:06:20	01:01:28	9.76	00:36:20 / 4497 [8.26]
4353	3258	KOSIŃSKI Andrzej	WARSZAWA		71	M30/1413	(M)3765	01:06:22	01:01:33	9.75	00:37:42 / 4716 [7.96]
4354	5236	ZAWODNIK DO UZUP					(M)3766	01:06:23	01:02:27	9.61	00:35:54 / 4425 [8.36]
4355	2806	SZYMCZYK Łukasz		BANK AMRO	09		(M)3767	01:06:23	01:02:57	9.53	00:33:47 / 3899 [8.88]
4356	2345	WNOROWSKI Maciej	WARSZAWA		76	M30/1414	(M)3768	01:06:23	01:01:31	9.75	00:36:13 / 4478 [8.28]
4357	1646	ŚWIDER Zofia	SIEDLCE		47	K60/5	(K)589	01:06:24	01:06:07	9.07	00:33:56 / 3941 [8.84]
4358	208	GRABIŃSKI Marcin	LUBLINIEC	CROSS CHORZÓW	79	M30/1415	(M)3769	01:06:24	01:06:21	9.04	00:33:29 / 3805 [8.96]
4359	2774	GLUSZEK Marcin	WARSZAWA		87	M20/1011	(M)3770	01:06:27	01:04:13	9.34	00:31:56 / 3296 [9.39]
4360	5877	ORCZYKOWSKI Dariusz	RADOM	WSZS RADOM	67	M40/615	(M)3771	01:06:27	01:01:42	9.72	00:35:30 / 4309 [8.45]
4361	5892	PACIEJEWSKI TOMASZ	RADOM		65	M40/616	(M)3772	01:06:27	01:01:42	9.72	00:35:30 / 4310 [8.45]
4362	2678	KOSOWSKI Jarosław	RADOM		66	M40/617	(M)3773	01:06:27	01:01:12	9.80	00:35:30 / 4311 [8.45]
4363	4193	RAKOWSKI Piotr	PRUSZKÓW		92		(M)3774	01:06:27	01:02:27	9.61	00:36:52 / 4589 [8.14]
4364	4020	MROCZEK Tomasz	WARSZAWA		73	M30/1416	(M)3775	01:06:28	01:02:01	9.67	00:36:07 / 4461 [8.31]
4365	375	JASZEWSKA Edyta	WARSZAWA		80	K20/204	(K)590	01:06:30	01:02:44	9.56	00:36:33 / 4534 [8.21]
4366	2291	JANCIK Iwona	WARSZAWA	GEPARD	80	K20/205	(K)591	01:06:31	01:05:02	9.23	00:34:24 / 4053 [8.72]
4367	2292	JANCIK Mariusz	WARSZAWA	GEPARD	80	M20/1012	(M)3776	01:06:31	01:05:02	9.23	00:34:25 / 4055 [8.72]
4368	5935	PRONOBIS-PROŃSKI Michał	WARSZAWA		81	M20/1013	(M)3777	01:06:32	01:02:33	9.59	00:34:52 / 4170 [8.60]
4369	4168	NIEMYSKA Wanda	WARSZAWA	BRAK	84	K20/206	(K)592	01:06:32	01:01:39	9.73	00:38:44 / 4833 [7.75]
4370	840	URBANOWICZ Krzysztof	WARSZAWA		58	M50/278	(M)3778	01:06:33	01:02:20	9.63	00:35:37 / 4345 [8.42]
4371	4004	GZEL Monika	WARSZAWA	BPH TEAM	80	K20/207	(K)593	01:06:33	01:02:22	9.62	00:34:46 / 4133 [8.63]
4372	4056	KAMIŃSKI Roman	WARSZAWA		64	M40/618	(M)3779	01:06:34	01:02:00	9.68	00:36:40 / 4558 [8.18]
4373	2495	MIELNIK Aneta	WARSZAWA		73	K30/221	(K)594	01:06:35	01:02:04	9.67	00:36:34 / 4537 [8.20]
4374	5235	ŁAZIŃSKI Mateusz	WARSZAWA		94		(M)3780	01:06:35	01:02:39	9.58	00:35:54 / 4426 [8.36]
4375	2532	KŁOSIEWICZ krzysztof	WARSZAWA		66	M40/619	(M)3781	01:06:36	01:01:22	9.78	00:36:02 / 4447 [8.33]
4376	5563	GÓRNA Monika	SUSZ		80	K20/208	(K)595	01:06:37	01:01:25	9.77	00:38:35 / 4822 [7.78]
4377	848	BOROWSKA Dominika	WARSZAWA		87	K20/209	(K)596	01:06:37	01:02:58	9.53	00:34:45 / 4131 [8.63]
4378	584	SIEMIENIUK Igor	WARSZAWA	SKANDIA	77	M30/1417	(M)3782	01:06:37	01:04:51	9.25	00:33:12 / 3721 [9.04]
4379	3393	KWIATKOWSKI Wojciech	WARSZAWA		79	M30/1418	(M)3783	01:06:39	01:02:16	9.64	00:35:29 / 4306 [8.45]
4380	4038	BRĄSKA-DOBROWOLSKA Olga	WARSZAWA	MARATONYPOLSKIE.PL TEAM	73	K30/222	(K)597	01:06:40	01:01:41	9.73	00:36:28 / 4515 [8.23]
4381	2764	SKOWROŃSKI Adam	PRZASNYSZ		93		(M)3784	01:06:41	01:02:16	9.64	00:33:12 / 3719 [9.04]
4382	3538	BRONIEC Krzysztof	WARSZAWA		64	M40/620	(M)3785	01:06:42	01:01:28	9.76	00:35:16 / 4263 [8.51]
4383	2389	DĘBOWSKI Andrzej	WARSZAWA/AUGUSTÓ		72	M30/1419	(M)3786	01:06:42	01:01:14	9.80	00:37:47 / 4725 [7.94]
4384	6584	WIECZORKOWSKI Piotr	WARSZAWA		09		(M)3787	01:06:42	01:02:42	9.57	00:35:26 / 4295 [8.47]
4385	1179	PIESIEWICZ Maria	SUWAŁKI		83	K20/210	(K)598	01:06:42	01:04:21	9.32	00:34:06 / 3985 [8.80]
4386	1178	PIESIEWICZ Patrycja	SUWAŁKI		86	K20/211	(K)599	01:06:42	01:04:21	9.32	00:34:06 / 3981 [8.80]
4387	3847	WAJNOR Natalia	POZNAŃ	PIKUSKI	91		(K)600	01:06:42	01:05:02	9.23	00:34:04 / 3972 [8.81]
4388	4356	CZERWIŃSKI Stanisław	WARSZAWA		48	M60/61	(M)3788	01:06:44	01:00:54	9.85	00:36:02 / 4444 [8.33]
4389	4870	BLASZKIEWICZ Sebastian	WARSZAWA		75	M30/1420	(M)3789	01:06:45	01:06:45	8.99	
4390	1070	NOWAK Tomasz	WARSZAWA		73	M30/1421	(M)3790	01:06:45	01:02:53	9.54	00:35:42 / 4376 [8.40]
4391	1069	NOWAK Anna	WARSZAWA		76	K30/223	(K)601	01:06:45	01:02:52	9.54	00:35:42 / 4377 [8.40]
4392	4353	LEWANDOWSKA Monika	PIASECZNO		73	K30/224	(K)602	01:06:47	01:02:52	9.54	00:35:39 / 4356 [8.42]
4393	4350	LEWANDOWSKI Paweł	PIASECZNO		73	M30/1422	(M)3791	01:06:47	01:02:52	9.54	00:35:39 / 4357 [8.42]
4394	4775	STEFANEK Jerzy	WARSZAWA		61	M40/621	(M)3792	01:06:47	01:01:46	9.71	00:36:18 / 4492 [8.26]
4395	2612	MICHERA Filip	WARSZAWA		77	M30/1423	(M)3793	01:06:47	01:01:48	9.71	00:37:02 / 4615 [8.10]
4396	257	DUSZYŃSKI Zbigniew	WARSZAWA		39	M70/8	(M)3794	01:06:48	01:02:34	9.59	00:35:16 / 4264 [8.51]
4397	134	NAWOTKA Ewa	JABLONNA		82	K20/212	(K)603	01:06:50	01:03:02	9.52	00:34:23 / 4047 [8.73]
4398	1991	SELWA Stanisław	WARSZAWA		64	M40/622	(M)3795	01:06:51	01:02:15	9.64	00:36:04 / 4455 [8.32]
4399	1541	PALEJKO Jarosław	WARSZAWA		83	M20/1014	(M)3796	01:06:51	01:03:36	9.43	00:35:43 / 4382 [8.40]
4400	1542	KOTYLA Sylwia	WARSZAWA		85	K20/213	(K)604	01:06:51	01:03:36	9.43	00:35:43 / 4380 [8.40]
4401	4660	CHMIELEWSKI Sebastian	TORUŃ		72	M30/1424	(M)3797	01:06:51	01:02:35	9.59	00:35:45 / 4396 [8.39]
4402	4325	CHYS Tomasz	WARSZAWA		95		(M)3798	01:06:52	01:04:17	9.33	00:34:51 / 4163 [8.61]
4403	2783	BIAŁOGAŻ bogusław		BGK	09		(M)3799	01:06:53	01:03:36	9.43	00:34:17 / 4026 [8.75]
4404	5987	SALUDA Przemysław	RADOM		75	M30/1425	(M)3800	01:06:53	01:01:55	9.69	00:36:51 / 4585 [8.14]
4405	5970	ROSOWSKI Bartłomiej	RADOM		77	M30/1426	(M)3801	01:06:53	01:01:55	9.69	00:36:52 / 4590 [8.14]
4406	3964	FEJGIN Klaudia	KOBYLKA		92		(K)605	01:06:53	01:03:08	9.50	00:36:40 / 4555 [8.18]
4407	4192	ĆWIKLIŃSKA Agata	WARSZAWA		92		(K)606	01:06:53	01:02:33	9.59	00:36:40 / 4556 [8.18]
4408	3824	MARKIEWICZ Marek	WARSZAWA		89	M20/1015	(M)3802	01:06:53	01:03:09	9.50	00:32:49 / 3563 [9.14]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4409	5210	DĄBROWSKA Karolina	WARSZAWA		75	K30/225	(K)607	01:06:54	01:03:49	9.40	00:34:33 / 4085 [8.68]
4410	2166	KALLAUR Krzysztof	WARSZAWA		84	M20/1016	(M)3803	01:06:55	01:03:37	9.43	00:34:47 / 4140 [8.62]
4411	3297	KRASKA Hubert	RADOM		78	M30/1427	(M)3804	01:06:55	01:01:42	9.72	00:36:14 / 4482 [8.28]
4412	5739	LEMPERT Magdalena	WARSZAWA		79	K30/226	(K)608	01:06:55	01:03:11	9.50	00:36:04 / 4453 [8.32]
4413	6308	WIŚNIEWSKA Olga	ŻABIENIEC		90		(K)609	01:06:56	01:03:46	9.41	00:34:40 / 4115 [8.65]
4414	310	PRZYBYSIAK Marek	WARSZAWA		53	M50/279	(M)3805	01:06:56	01:04:18	9.33	00:32:53 / 3586 [9.12]
4415	5141	MANOCH ARTUR	POZNAŃ		74	M30/1428	(M)3806	01:06:56	01:03:17	9.48	00:35:15 / 4261 [8.51]
4416	3596	BIEGANOWSKA Agnieszka	WARSZAWA		87	K20/214	(K)610	01:06:56	01:03:22	9.47	00:35:51 / 4417 [8.37]
4417	3274	WIŚNIEWSKI Marcin	WARSZAWA		76	M30/1429	(M)3807	01:06:57	01:00:26	9.93	00:39:12 / 4891 [7.65]
4418	5574	HERMAN Anna	JAWORZNO		78	K30/227	(K)611	01:06:57	01:02:30	9.60	00:36:58 / 4601 [8.12]
4419	2562	SOCHA Marcin	MARKI		75	M30/1430	(M)3808	01:06:57	01:01:25	9.77	00:36:42 / 4562 [8.17]
4420	2941	ANDRZEJEWICZ Łukasz	WARSZAWA		91		(M)3809	01:06:57	01:05:10	9.21	00:38:35 / 4821 [7.78]
4421	1513	GLAPA Wojciech	WARSZAWA		79	M30/1431	(M)3810	01:06:58	01:03:47	9.41	00:36:12 / 4471 [8.29]
4422	5980	RYSIEW Robert	WARSZAWA		79	M30/1432	(M)3811	01:07:00	01:03:55	9.39	00:35:10 / 4249 [8.53]
4423	5232	KMIECINSKI Artur	WARSZAWA		77	M30/1433	(M)3812	01:07:00	01:01:11	9.81	00:37:55 / 4741 [7.91]
4424	383	STAROŚCIAK Mariusz	WARSZAWA		74	M30/1434	(M)3813	01:07:00	01:06:00	9.09	00:35:35 / 4336 [8.43]
4425	6296	WARCZALOWSKI Jerzy	OTREBUSY		71	M30/1435	(M)3814	01:07:01	01:03:26	9.46	00:34:48 / 4146 [8.62]
4426	2566	RUDOWSKI MARCIN	WARSZAWA		77	M30/1436	(M)3815	01:07:02	01:05:21	9.18	00:34:08 / 3992 [8.79]
4427	922	STACHERA Sylwester	WARSZAWA		69	M40/623	(M)3816	01:07:02	01:07:02	8.95	00:33:41 / 3864 [8.91]
4428	1802	WOJTCZAK Edyta	SOCHACZEW		87	K20/215	(K)612	01:07:03	01:02:31	9.60	00:35:22 / 4286 [8.48]
4429	1504	FOMFARA KRZYSZTOF	WARSZAWA	KB ARBUZOWA	51	M50/280	(M)3817	01:07:03	01:02:30	9.60	00:36:19 / 4495 [8.26]
4430	2293	KUBIAK piotr	ŁÓDŹ		75	M30/1437	(M)3818	01:07:03	01:06:46	8.99	00:33:28 / 3797 [8.96]
4431	4326	MURACKI Grzegorz	WARSZAWA		68	M40/624	(M)3819	01:07:04	01:04:29	9.30	00:34:51 / 4164 [8.61]
4432	2344	MIRGOS Irek	WARSZAWA		73	M30/1438	(M)3820	01:07:05	01:02:13	9.64	00:35:50 / 4416 [8.37]
4433	3018	KOŁACZYK Patrycja			09		(M)3821	01:07:07	01:02:08	9.66	00:37:01 / 4612 [8.10]
4434	3022	STANIK Marcin			09		(M)3822	01:07:07	01:02:07	9.66	00:37:00 / 4610 [8.11]
4435	4381	GRABOWSKA Agnieszka	LEGIONOWO	WESOŁA PIASKOWA	83	K20/216	(K)613	01:07:08	01:04:10	9.35	00:34:37 / 4101 [8.67]
4436	2837	MURACH Robert	WARSZAWA		74	M30/1439	(M)3823	01:07:09	01:02:21	9.62	00:36:39 / 4553 [8.19]
4437	1730	BANG martin	WARSZAWA		73	M30/1440	(M)3824	01:07:09	01:03:31	9.45	00:35:55 / 4430 [8.35]
4438	2052	MICHALSKI Piotr	WARSZAWA		82	M20/1017	(M)3825	01:07:10	01:03:22	9.47	00:35:32 / 4321 [8.44]
4439	6292	WALACZ Wojciech	KOZIENICE	POLSKA BIEGA	74	M30/1441	(M)3826	01:07:10	01:03:22	9.47	00:35:32 / 4320 [8.44]
4440	784	ZAPALSKI Michał	GRODZISKA		82	M20/1018	(M)3827	01:07:11	01:03:24	9.46	00:37:32 / 4689 [7.99]
4441	785	PARURA Dominik	MILANÓWEK		74	M30/1442	(M)3828	01:07:11	01:03:24	9.46	00:37:32 / 4690 [7.99]
4442	1744	JURCZAK małgorzata	NIEPOREŃ		94		(M)3829	01:07:11	01:05:07	9.21	00:34:05 / 3977 [8.80]
4443	2169	STAWICKI Piotr	CIECHANÓW		55	M50/281	(M)3830	01:07:12	01:02:23	9.62	00:37:03 / 4619 [8.10]
4444	5433	CIESZKOWSKI Dominik	WARSZAWA		82	M20/1019	(M)3831	01:07:14	01:06:08	9.07	00:32:29 / 3472 [9.24]
4445	4524	ZAWODNIK DO UZUP					(M)3832	01:07:14	01:02:16	9.64	00:35:41 / 4372 [8.41]
4446	707	MARKOWICZ Ewa	WROCLAW		79	K30/228	(K)614	01:07:15	01:03:43	9.42	00:35:30 / 4313 [8.45]
4447	4072	ZIELIŃSKI Piotr	WARSZAWA		70	M30/1443	(M)3833	01:07:16	01:02:52	9.54	00:36:24 / 4509 [8.24]
4448	6631	BRZOZOWSKI Artur	WARSZAWA		66	M40/625	(M)3834	01:07:18	01:05:19	9.19	00:32:53 / 3591 [9.12]
4449	2753	KLISZKO Sławomir	GÓRA KALWARIA		76	M30/1444	(M)3835	01:07:18	01:02:52	9.54	00:37:43 / 4718 [7.95]
4450	5499	FRANKENBERG Małgorzata	ŁÓDŹ	BRAK	55	K50/27	(K)615	01:07:20	01:03:56	9.38	00:36:37 / 4546 [8.19]
4451	1742	MUSZYŃSKI edmund	WARSZAWA		55	M50/282	(M)3836	01:07:21	01:05:20	9.18	00:34:43 / 4122 [8.64]
4452	2420	AMBORSKI Adam	WARSZAWA	CHYŻE ROSOMAKI	77	M30/1445	(M)3837	01:07:21	01:02:43	9.57	00:37:31 / 4688 [8.00]
4453	455	TYROWICZ Agata	WARSZAWA		84	K20/217	(K)616	01:07:23	01:03:43	9.42	00:34:37 / 4103 [8.67]
4454	3448	MROCKOWSKA marta	WARSZAWA		85	K20/218	(K)617	01:07:23	01:03:18	9.48	00:35:45 / 4398 [8.39]
4455	3890	LADAK Marcin	WARSZAWA		74	M30/1446	(M)3838	01:07:24	01:02:22	9.62	00:35:56 / 4434 [8.35]
4456	5473	DUKACZEWSKA izabella	WARSZAWA	ABC-KONDYCJA	63	K40/89	(K)618	01:07:24	01:03:44	9.41	00:34:56 / 4186 [8.59]
4457	4990	CHOJNACKI Grzegorz	WARSZAWA	HOS RUNNING TEAM	70	M30/1447	(M)3839	01:07:24	01:04:12	9.35	00:36:34 / 4536 [8.20]
4458	4970	STRZALKOWSKA dorota	WROCLAW	BRAK	65	K40/90	(K)619	01:07:24	01:01:38	9.73	00:37:30 / 4682 [8.00]
4459	2217	KOSSOWSKI Maciek	WARSZAWA		77	M30/1448	(M)3840	01:07:24	01:02:23	9.62	00:37:30 / 4683 [8.00]
4460	3548	MALCZYK Andrzej	WARSZAWA		64	M40/626	(M)3841	01:07:25	01:05:31	9.16	00:35:33 / 4325 [8.44]
4461	349	RZYSKO Tomasz	WÓLKA KOZODAWSKA		68	M40/627	(M)3842	01:07:26	01:02:34	9.59	00:36:18 / 4494 [8.26]
4462	554	LEŚNOWOLSKI Piotr	WARSZAWA		68	M40/628	(M)3843	01:07:26	01:02:34	9.59	00:36:18 / 4491 [8.26]
4463	2591	SOBCZYK Marta	WARSZAWA		62	K40/91	(K)620	01:07:26	01:02:17	9.63	00:37:15 / 4649 [8.05]
4464	4999	MAJCHERCZYK Małgorzata	WARSZAWA	HOS RUNNING TEAM	63	K40/92	(K)621	01:07:27	01:04:16	9.34	00:36:32 / 4528 [8.21]
4465	4991	ZAWADZKA Joanna	WARSZAWA	HOS RUNNING TEAM	84	K20/219	(K)622	01:07:27	01:04:16	9.34	00:36:32 / 4527 [8.21]
4466	4997	DRZEWIECKA Monika	WARSZAWA	HOS RUNNING TEAM	71	K30/229	(K)623	01:07:27	01:04:14	9.34	00:36:32 / 4531 [8.21]
4467	5111	GMYREK Piotr	WARSZAWA		83	M20/1020	(M)3844	01:07:27	01:05:04	9.22	00:33:51 / 3918 [8.86]
4468	4996	LATKOWSKA Jagoda	WARSZAWA	HOS RUNNING TEAM	56	K50/28	(K)624	01:07:27	01:04:14	9.34	00:36:32 / 4530 [8.21]
4469	4998	DRZEWIECKI Aleksander	WARSZAWA	HOS RUNNING TEAM	72	M30/1449	(M)3845	01:07:27	01:04:15	9.34	00:36:32 / 4529 [8.21]
4470	5140	JEDYŃSKA Iwona	LEGIONOWO		77	K30/230	(K)625	01:07:28	01:01:00	9.84	00:37:53 / 4737 [7.92]
4471	6565	VALDES-DAPENA Kim	WARSZAWA	VISTULA RUNNERS	80	K20/220	(K)626	01:07:30	01:02:13	9.64	00:36:31 / 4526 [8.22]
4472	5356	BEDNAREK Adam	PIASTÓW		95		(M)3846	01:07:31	01:03:05	9.51	00:35:05 / 4234 [8.55]
4473	2766	SZUMOWSKI Wiktor	WARSZAWA		87	M20/1021	(M)3847	01:07:31	01:04:07	9.36	00:35:44 / 4391 [8.40]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4474	1521	KRAWCZYK Maciej	PODKOWA LEŚNA		66	M40/629	(M)3848	01:07:32	01:04:37	9.29	00:37:24 / 4670 [8.02]
4475	5613	JURKIEWICZ piotr	WARSZAWA		63	M40/630	(M)3849	01:07:32	01:01:33	9.75	00:34:57 / 4191 [8.58]
4476	1667	MUZYCZUK Erwin	WARSZAWA		86	M20/1022	(M)3850	01:07:32	01:01:30	9.76	00:39:12 / 4887 [7.65]
4477	744	ŻUCZKOWSKI Łukasz	WARSZAWA		77	M30/1450	(M)3851	01:07:34	01:07:34	8.88	
4478	5434	CWALINA Urszula	WARSZAWA		74	K30/231	(K)627	01:07:34	01:07:34	8.88	
4479	4874	PASZTALENIC GRZEGORZ	WARSZAWA		74	M30/1451	(M)3852	01:07:34	01:02:46	9.56	00:36:59 / 4603 [8.11]
4480	3501	GORAYSKA-MYTYCH Elżbieta	WROCLAW		61	K40/93	(K)628	01:07:35	01:02:32	9.59	00:37:04 / 4624 [8.09]
4481	3506	BALCERZAK Krystyna	WARSZAWA		63	K40/94	(K)629	01:07:35	01:02:32	9.59	00:37:04 / 4626 [8.09]
4482	4505	WASILEWSKA Justyna	WARSZAWA		96		(K)630	01:07:36	01:05:21	9.18	00:34:54 / 4179 [8.60]
4483	4504	WASILEWSKI igor	WARSZAWA		66	M40/631	(M)3853	01:07:36	01:03:10	9.50	00:35:05 / 4233 [8.55]
4484	3143	JAKÓBOWSKA Dorota	WARSZAWA		82	K20/221	(K)631	01:07:36	01:02:27	9.61	00:39:04 / 4876 [7.68]
4485	3177	KARPIŃSKI Patryk	WARSZAWA		81	M20/1023	(M)3854	01:07:37	01:01:57	9.69	00:37:46 / 4723 [7.94]
4486	1016	MARČ Ewelina	BIAŁOBRZEGI	DE LAGE LANDEN	77	K30/232	(K)632	01:07:38	01:05:16	9.19	00:35:11 / 4253 [8.53]
4487	5724	KUCHARCZYK Jakub	KIELCE		89	M20/1024	(M)3855	01:07:38	01:03:45	9.41	00:36:14 / 4481 [8.28]
4488	449	MOSZKOWICZ Eugeniusz	WARSZAWA	ABCKONDYCJA LAS KABACKI	42	M60/62	(M)3856	01:07:39	01:03:59	9.38	00:34:56 / 4185 [8.59]
4489	1013	KILJAŃSKA Marta	WARSZAWA	DE LAGE LANDEN	83	K20/222	(K)633	01:07:39	01:05:17	9.19	00:35:11 / 4254 [8.53]
4490	2621	KUGACZ Jacek	ZIELONKA		74	M30/1452	(M)3857	01:07:40	01:03:36	9.43	00:36:56 / 4599 [8.12]
4491	4858	KWIATKOWSKI Michał	LEGIONOWO		74	M30/1453	(M)3858	01:07:40	01:01:41	9.73	00:37:27 / 4677 [8.01]
4492	4037	ŚLARZYŃSKI Jacek	WARSZAWA	WARSZAWA-BIELANY	69	M40/632	(M)3859	01:07:41	01:01:13	9.80	00:37:52 / 4733 [7.92]
4493	1769	BUTWIŁOWICZ Piotr	WARSZAWA		66	M40/633	(M)3860	01:07:41	01:02:32	9.59	00:36:30 / 4519 [8.22]
4494	2456	PEKACKI Robert	GRÓJEC		83	M20/1025	(M)3861	01:07:42	01:04:43	9.27	00:36:46 / 4571 [8.16]
4495	2457	POPKOWICZ Paweł	GRÓJEC		75	M30/1454	(M)3862	01:07:42	01:04:42	9.27	00:36:47 / 4572 [8.16]
4496	4312	THAMM Andreas	WARSZAWA		67	M40/634	(M)3863	01:07:42	01:03:50	9.40	00:37:06 / 4632 [8.09]
4497	4728	FRANK Uszko	WARSZAWA		66	M40/635	(M)3864	01:07:42	01:03:50	9.40	00:37:06 / 4631 [8.09]
4498	3185	LUBAŃSKI Stanisław	WARSZAWA	MALWA TEAM SPORT	50	M50/283	(M)3865	01:07:42	00:59:58	10.01	00:38:31 / 4811 [7.79]
4499	4767	WŁODARSKI Paweł	WARSZAWA		82	M20/1026	(M)3866	01:07:43	01:02:11	9.65	00:37:55 / 4744 [7.91]
4500	5283	DOMAŃSKI Paweł	WARSZAWA		74	M30/1455	(M)3867	01:07:43	01:03:54	9.39	00:36:43 / 4568 [8.17]
4501	2113	PANECKA Dorota	KURÓW		86	K20/223	(K)634	01:07:43	01:03:23	9.47	00:37:17 / 4655 [8.05]
4502	2158	ORLIŃSKI Michał	WARSZAWA		90		(M)3868	01:07:43	01:02:23	9.62	00:36:34 / 4538 [8.20]
4503	1855	TUROS Stephanie	WARSZAWA	VISTULA RUNNERS	73	K30/233	(K)635	01:07:44	01:05:15	9.20	00:35:11 / 4252 [8.53]
4504	1195	SZYMAŃSKI antoni	ŁAZY		48	M60/63	(M)3869	01:07:44	01:06:10	9.07	00:33:56 / 3940 [8.84]
4505	483	PRZEPĄKOWSKA Monika	ŻYRARDÓW		82	K20/224	(K)636	01:07:44	01:04:42	9.27	00:33:54 / 3930 [8.85]
4506	481	WOJDAK Magdalena	LIPCE		82	M20/1027	(M)3870	01:07:44	01:04:40	9.28	00:33:53 / 3926 [8.85]
4507	2008	SYGULA Kacper	WARSZAWA	AZS UW WARSZAWA	86	M20/1028	(M)3871	01:07:45	01:06:35	9.01	00:35:00 / 4208 [8.57]
4508	2453	MAŃKA Piotr	GRÓJEC		70	M30/1456	(M)3872	01:07:46	01:04:47	9.26	00:36:47 / 4574 [8.16]
4509	3502	ZIOBER ROMAN	WROCLAW		51	M50/284	(M)3873	01:07:46	01:02:30	9.60	00:36:42 / 4561 [8.17]
4510	1519	KRAWCZYK Marianna	PODKOWA LEŚNA		92		(K)637	01:07:47	01:04:51	9.25	00:37:24 / 4671 [8.02]
4511	6668	ZAWODNIK DO UZUP					(M)3874	01:07:48	01:03:09	9.50	00:37:17 / 4653 [8.05]
4512	6670	PIĄTEK antek	WARSZAWA		79	M30/1457	(M)3875	01:07:48	01:03:10	9.50	00:37:17 / 4656 [8.05]
4513	604	SIEMIONOWSKA Emilia	SULEJÓWEK		83	K20/225	(K)638	01:07:49	01:02:07	9.66	00:37:29 / 4680 [8.00]
4514	3692	MOŚCICKA Halina	WARSZAWA		59	K50/29	(K)639	01:07:50	01:06:29	9.02	00:34:31 / 4083 [8.69]
4515	1486	DOLIŃSKA Agnieszka	WARSZAWA	ALETEMPO	76	K30/234	(K)640	01:07:51	01:03:28	9.45	00:35:45 / 4397 [8.39]
4516	1487	ŚWIDERSKI Adrian	WARSZAWA	LASEK BIELAŃSKI TEAM	74	M30/1458	(M)3876	01:07:51	01:03:28	9.45	00:35:45 / 4400 [8.39]
4517	4947	KOT Gaweł	WARSZAWA	SBBP	94		(M)3877	01:07:52	01:01:47	9.71	00:37:08 / 4639 [8.08]
4518	4946	KOT Mirek	WARSZAWA	SBBP	67	M40/636	(M)3878	01:07:52	01:01:48	9.71	00:37:07 / 4636 [8.08]
4519	4643	ŁAZIUK Jerzy	PIASTÓW		70	M30/1459	(M)3879	01:07:54	01:07:54	8.84	00:35:52 / 4421 [8.36]
4520	4131	KULTA Anne	WARSZAWA		80	K20/226	(K)641	01:07:57	01:04:42	9.27	00:37:04 / 4625 [8.09]
4521	5234	KONCZAL Dorota	WARSZAWA	SP NR 187	74	K30/235	(K)642	01:07:58	01:05:20	9.18	00:36:17 / 4489 [8.27]
4522	4787	BEDNARSKI Bartosz	WARSZAWA		74	M30/1460	(M)3880	01:07:58	01:05:06	9.22	00:34:51 / 4162 [8.61]
4523	1057	GAJERSKI JERZY	WARSZAWA	BRAK	52	M50/285	(M)3881	01:07:59	01:03:04	9.51	00:36:49 / 4581 [8.15]
4524	6683	ZAWODNIK DO UZUP					(M)3882	01:07:59	01:05:07	9.21	00:34:51 / 4160 [8.61]
4525	3397	NIEŚCIORUK Anna	ŁOMIANKI		61	K40/95	(K)643	01:07:59	01:03:39	9.43	00:35:30 / 4308 [8.45]
4526	3267	KUBALSKA Joanna	WARSZAWA		86	K20/227	(K)644	01:08:02	01:03:03	9.52	00:36:51 / 4587 [8.14]
4527	3266	ZAJĄC Marcin	NADARZYN		86	M20/1029	(M)3883	01:08:02	01:03:02	9.52	00:36:51 / 4586 [8.14]
4528	1743	JURCZAK andrzej	NIEPORĘT		74	M30/1461	(M)3884	01:08:04	01:06:00	9.09	00:34:05 / 3976 [8.80]
4529	860	WOŹNICZKA ROBERT	WARSZAWA	ŻADNA	69	M40/637	(M)3885	01:08:06	01:06:06	9.08	00:33:10 / 3705 [9.05]
4530	3369	WYSOCKI Jan	WARSZAWA		43	M60/64	(M)3886	01:08:08	01:02:52	9.54	00:36:40 / 4559 [8.18]
4531	2985	WAŚ Marcin	WARSZAWA		75	M30/1462	(M)3887	01:08:10	01:08:07	8.81	00:33:42 / 3869 [8.90]
4532	4778	GRZEJSZCZAK wiesław	WARSZAWA		56	M50/286	(M)3888	01:08:12	01:03:17	9.48	00:36:09 / 4466 [8.30]
4533	4377	SOSNOWSKA Agnieszka	WARSZAWA		83	K20/228	(K)645	01:08:12	01:04:23	9.32	00:36:24 / 4508 [8.24]
4534	2375	DĄBROWSKI Błażej	WARSZAWA		84	M20/1030	(M)3889	01:08:14	01:03:50	9.40	00:34:53 / 4172 [8.60]
4535	4675	CZERNICHOWSKI Andrzej	WARSZAWA		72	M30/1463	(M)3890	01:08:14	01:02:53	9.54	00:36:27 / 4513 [8.23]
4536	2318	PRZESTRZELSKA DOROTA	WARSZAWA	FC VAN KLOPS KOBYŁKA	82	K20/229	(K)646	01:08:14	01:05:17	9.19	00:34:45 / 4129 [8.63]
4537	1982	MATULANIEC Elżbieta	WARSZAWA	DAMY RADĘ	56	K50/30	(K)647	01:08:14	01:03:15	9.49	00:36:44 / 4569 [8.17]
4538	4475	KERNER agnieszka	WARSZAWA		76	K30/236	(K)648	01:08:15	01:06:05	9.08	00:33:46 / 3886 [8.88]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4539	4467	KERNER Piotr	WARSZAWA		66	M40/638	(M)3891	01:08:15	01:08:15	8.79	00:33:46 / 3890 [8.88]
4540	286	KĄDZIELAWA Adam	WARSZAWA		74	M30/1464	(M)3892	01:08:15	01:05:16	9.19	00:36:46 / 4570 [8.16]
4541	2083	KELLER Tomasz	WARSZAWA		75	M30/1465	(M)3893	01:08:15	01:03:34	9.44	00:37:16 / 4650 [8.05]
4542	601	KORTEWEG Mateusz	WARSZAWA	AZS UW	89	M20/1031	(M)3894	01:08:17	01:02:30	9.60	00:38:15 / 4793 [7.84]
4543	6071	SZCZUREK Grzegorz	WARSZAWA		81	M20/1032	(M)3895	01:08:20	01:03:36	9.43	00:38:58 / 4870 [7.70]
4544	926	BOJANOWSKA Ewa	WŁOCŁAWEK		82	K20/230	(K)649	01:08:20	01:06:17	9.05	00:35:31 / 4315 [8.45]
4545	3281	DANISZEWSKI Robert	ŻELECHÓW		77	M30/1466	(M)3896	01:08:22	01:06:33	9.02	00:33:21 / 3761 [9.00]
4546	6050	SUCHARDA Edward	WARSZAWA	-	97		(M)3897	01:08:22	01:03:59	9.38	00:35:36 / 4340 [8.43]
4547	5273	ZASTRÓŻNA EDYTA	WARSZAWA		78	K30/237	(K)650	01:08:22	01:03:37	9.43	00:37:47 / 4724 [7.94]
4548	3005	TOMICZAK Irena	WARSZAWA	MSIT	50	K50/31	(K)651	01:08:23	01:04:12	9.35	00:36:56 / 4600 [8.12]
4549	3816	BOJANOWSKI Jakub	ZIELONKA	DELOITTE ADVENTURE TEAM	67	M40/639	(M)3898	01:08:23	01:04:33	9.30	00:35:31 / 4316 [8.45]
4550	5249	PERZ Mariusz	WARSZAWA	MINERAL MIDRANGE S.A.	84	M20/1033	(M)3899	01:08:24	01:05:01	9.23	00:35:46 / 4402 [8.39]
4551	4772	STACHOWIAK Joanna	NOWE MIASTECZKO		87	K20/231	(K)652	01:08:25	01:03:25	9.46	00:38:55 / 4865 [7.71]
4552	2666	BORYŚ Paweł	WYSZOGRAD		77	M30/1467	(M)3900	01:08:26	01:06:20	9.05	00:34:42 / 4120 [8.65]
4553	3053	MAŁACHOWSKI Piotr	BIEŻUŃ	VIP	83	M20/1034	(M)3901	01:08:26	01:05:53	9.11	00:35:49 / 4414 [8.38]
4554	4455	CZAJKOWSKI Andrzej	WARSZAWA		69	M40/640	(M)3902	01:08:28	01:04:19	9.33	00:37:08 / 4640 [8.08]
4555	5034	URBAN Magdalena	WARSZAWA		80	K20/232	(K)653	01:08:29	01:06:25	9.03	00:33:40 / 3857 [8.91]
4556	3386	RUTKOWSKI Janusz	LESZNO		63	M40/641	(M)3903	01:08:29	01:04:11	9.35	00:35:29 / 4305 [8.45]
4557	472	SZALAK Michał	WARSZAWA	LASEK BIELAŃSKI TEAM	77	M30/1468	(M)3904	01:08:29	01:03:30	9.45	00:36:28 / 4514 [8.23]
4558	4693	KUŹMICZ Małgorzata	WARSZAWA		83	K20/233	(K)654	01:08:29	01:04:55	9.24	00:37:00 / 4606 [8.11]
4559	2642	ZIELIŃSKI Mirosław	WARSZAWA	LASEK BIELAŃSKI TEAM	53	M50/287	(M)3905	01:08:29	01:05:44	9.13	00:36:37 / 4547 [8.19]
4560	1059	SZCZUREK Anna	WARASZAWA		63	K40/96	(K)655	01:08:30	01:04:27	9.31	00:36:38 / 4549 [8.19]
4561	2782	KUPISZ sławomir		BGK	09		(M)3906	01:08:31	01:07:05	8.94	00:36:47 / 4577 [8.16]
4562	2787	DĄBROWSKI Grzegorz		BGK	09		(M)3907	01:08:31	01:07:04	8.95	00:36:47 / 4576 [8.16]
4563	4692	GĘBARSKI Michał	WARSZAWA		81	M20/1035	(M)3908	01:08:31	01:05:35	9.15	00:37:00 / 4607 [8.11]
4564	4684	ROGULSKI Andrzej	WARSZAWA		60	M40/642	(M)3909	01:08:34	01:03:46	9.41	00:36:31 / 4522 [8.22]
4565	4683	ROKICKA Aleksandra	WARSZAWA		86	K20/234	(K)656	01:08:34	01:03:46	9.41	00:36:31 / 4523 [8.22]
4566	2896	TATARCZUK Anna	JÓZEFÓW		82	K20/235	(K)657	01:08:35	01:03:11	9.50	00:38:41 / 4830 [7.76]
4567	732	WAJDWICZ Anna	WARSZAWA		78	K30/238	(K)658	01:08:36	01:07:25	8.90	00:34:57 / 4189 [8.58]
4568	733	ADAMCZYK Marek	JAKTORÓW		73	M30/1469	(M)3910	01:08:36	01:07:26	8.90	00:34:57 / 4190 [8.58]
4569	1457	CYTRYNIAK Barbara	MAGNUSZEW		55	K50/32	(K)659	01:08:36	01:07:15	8.92	00:33:21 / 3760 [9.00]
4570	1503	CZARNECKA Jagoda	GŁOSKÓW MIESZKOWO		92		(K)660	01:08:37	01:06:35	9.01	00:34:40 / 4110 [8.65]
4571	773	DĄBROWSKA LILIA	WARSZAWA	WITKACY LO	93		(K)661	01:08:37	01:03:37	9.43	00:35:52 / 4422 [8.36]
4572	5408	BYLICKA Emilia	WARSZAWA		84	K20/236	(K)662	01:08:39	01:03:47	9.41	00:37:33 / 4695 [7.99]
4573	2437	SZCZEPAŃSKA Ewa	24-100 PUŁAWY		84	K20/237	(K)663	01:08:39	01:05:08	9.21	00:35:44 / 4390 [8.40]
4574	1664	JANKOWSKI Andrzej	PUŁAWY		85	M20/1036	(M)3911	01:08:39	01:02:54	9.54	00:35:44 / 4389 [8.40]
4575	2853	MAŁYSA Agnieszka	WARSZAWA		79	M30/1470	(M)3912	01:08:39	01:03:43	9.42	00:36:30 / 4521 [8.22]
4576	4521	*****					(M)3913	01:08:40	01:08:40	8.74	00:36:30 / 4520 [8.22]
4577	1985	WACHOWIEC Maciej	WARSZAWA	AGR WELODROM	82	M20/1037	(M)3914	01:08:40	01:05:59	9.09	00:36:05 / 4457 [8.31]
4578	5265	PARYSEK MACIEJ	WARSZAWA		67	M40/643	(M)3915	01:08:41	01:07:07	8.94	00:34:40 / 4114 [8.65]
4579	2464	STARZYŃSKI Krzysztof	WARSZAWA		75	M30/1471	(M)3916	01:08:42	01:05:33	9.15	00:34:10 / 3998 [8.78]
4580	5050	TRUSIEWICZ Michał	WARSZAWA	MORNING COFFEE RUNNERS	79	M30/1472	(M)3917	01:08:43	01:06:43	8.99	00:34:53 / 4173 [8.60]
4581	4725	KRASNOPOLSKI lukasz	WARSZAWA		81	M20/1038	(M)3918	01:08:43	01:06:43	8.99	00:34:52 / 4169 [8.60]
4582	1833	PAZIEWSKI Jacek	WARSZAWA	CARSERVIS	66	M40/644	(M)3919	01:08:44	01:03:54	9.39	00:37:40 / 4711 [7.96]
4583	2054	JAKUBCZAK Przemysław	MIĘDZYBORÓW		77	M30/1473	(M)3920	01:08:45	01:08:45	8.73	00:36:12 / 4472 [8.29]
4584	1755	NIEMIADOMSKI Piotr	WARSZAWA		85	M20/1039	(M)3921	01:08:45	01:04:38	9.28	00:35:21 / 4279 [8.49]
4585	3503	SAPIŃSKA Edyta	WROCLAW		70	K30/239	(K)664	01:08:45	01:04:13	9.34	00:36:41 / 4560 [8.18]
4586	4750	CZERWIŃSKA NOWAK Edyta	WARSZAWA		63	K40/97	(K)665	01:08:46	01:04:44	9.27	00:35:03 / 4226 [8.56]
4587	5186	WOJTACHNIA MAREK	WARSZAWA	MINERAL MIDRANGE S.A.	74	M30/1474	(M)3922	01:08:47	01:04:05	9.36	00:37:41 / 4714 [7.96]
4588	3331	FARMUS Aldona	WARSZAWA		68	K40/98	(K)666	01:08:47	01:03:23	9.47	00:38:03 / 4766 [7.88]
4589	1028	BARTOSIŃSKA Paulina	WARSZAWA		95		(K)667	01:08:47	01:06:27	9.03	00:34:24 / 4049 [8.72]
4590	5004	PONTO wiesław	WARSZAWA		68	M40/645	(M)3923	01:08:47	01:04:05	9.36	00:37:40 / 4713 [7.96]
4591	3330	FARMUS Jacek	WARSZAWA		79	M30/1475	(M)3924	01:08:47	01:03:21	9.47	00:38:04 / 4773 [7.88]
4592	2697	DULKO Bożena	WARSZAWA		74	K30/240	(K)668	01:08:49	01:04:11	9.35	00:37:12 / 4644 [8.06]
4593	2461	KABZIŃSKA emilia	ŁÓDZ		74	K30/241	(K)669	01:08:51	01:03:53	9.39	00:37:07 / 4634 [8.08]
4594	4971	SZAFRAN Mariusz	WARSZAWA		78	M30/1476	(M)3925	01:08:51	01:03:41	9.42	00:37:22 / 4667 [8.03]
4595	2636	SZACHNA Dorota	WARSZAWA		68	K40/99	(K)670	01:08:51	01:05:58	9.10	00:35:27 / 4299 [8.46]
4596	1270	GRYCNER Paweł	WARSZAWA		84	M20/1040	(M)3926	01:08:52	01:05:02	9.23	00:35:21 / 4283 [8.49]
4597	2460	SZABŁOWSKI marek	WARSZAWA		48	M60/65	(M)3927	01:08:52	01:03:54	9.39	00:37:07 / 4635 [8.08]
4598	917	GRASZEK Piotr	BYDGOSZCZ		70	M30/1477	(M)3928	01:08:52	01:04:50	9.25	00:37:56 / 4745 [7.91]
4599	918	SMOLIŃSKA Małgorzata	WARSZAWA	POLSKA BIEGA	75	K30/242	(K)671	01:08:52	01:05:29	9.16	00:37:56 / 4748 [7.91]
4600	4209	WALCZAK Ludmiła	WARSZAWA		76	K30/243	(K)672	01:08:53	01:06:27	9.03	00:35:09 / 4245 [8.53]
4601	4208	WALCZAK Lena	WARSZAWA		97		(K)673	01:08:54	01:06:28	9.03	00:35:10 / 4250 [8.53]
4602	3310	NAREWSKI Przemysław	WARSZAWA		81	M20/1041	(M)3929	01:08:54	01:05:18	9.19	00:36:43 / 4564 [8.17]
4603	3312	DUDEK Piotr	JÓZEFÓW		73	M30/1478	(M)3930	01:08:54	01:05:18	9.19	00:36:43 / 4565 [8.17]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4604	3311	KULASIŃSKI Robert	WOŁOMIN		80	M20/1042	(M)3931	01:08:55	01:05:19	9.19	00:36:43 / 4567 [8.17]
4605	5414	CHACIŃSKA Małgorzata	NOWE RĘCZAJE		82	K20/238	(K)674	01:08:55	01:04:29	9.30	00:37:14 / 4646 [8.06]
4606	4393	PIOTROWSKI Hubert	WĘGORZEWO		84	M20/1043	(M)3932	01:08:56	01:03:30	9.45	00:38:32 / 4814 [7.79]
4607	3472	ŚMIECHOWSKI Mateusz		ULKS JEDLIŃSK	93		(M)3933	01:08:59	01:08:46	8.73	00:33:42 / 3866 [8.90]
4608	1396	GOŁĘBIEWSKA Marzena	WARSZAWA	ACTION	83	K20/239	(K)675	01:09:02	01:06:04	9.08	00:36:03 / 4451 [8.32]
4609	2879	MAJ Beata	WARSZAWA		67	K40/100	(K)676	01:09:03	01:03:36	9.43	00:38:49 / 4845 [7.73]
4610	465	ZIOLKOWSKI Bartłomiej	WARSZAWA		64	M40/646	(M)3934	01:09:03	01:05:56	9.10	00:36:55 / 4598 [8.13]
4611	622	KOWALCZYK Mirosław	JÓZEFÓW		65	M40/647	(M)3935	01:09:06	01:05:52	9.11	00:35:42 / 4379 [8.40]
4612	3191	MIKITUK Beata	WOHYN		86	K20/240	(K)677	01:09:06	01:03:09	9.50	00:36:16 / 4487 [8.27]
4613	3690	SŁONIEWSKI Tomasz	MYSIADŁO		74	M30/1479	(M)3936	01:09:07	01:04:24	9.32	00:39:13 / 4894 [7.65]
4614	1078	SZYMCZYK Krzysztof	PRUSZKÓW		70	M30/1480	(M)3937	01:09:07	01:05:46	9.12	00:36:54 / 4593 [8.13]
4615	2132	GASKA Mikołaj	WARSZAWA	POLONIA WARSZAWA	94		(M)3938	01:09:07	01:07:18	8.92	00:34:08 / 3995 [8.79]
4616	4656	ZAWODNIK DO UZUP					(M)3939	01:09:07	01:03:52	9.39	00:37:55 / 4740 [7.91]
4617	3196	ŁUGOWSKA Marta	WARSZAWA		82	K20/241	(K)678	01:09:08	01:05:37	9.14	00:36:13 / 4476 [8.28]
4618	1429	KUTOWSKI Jacek	WARSZAWA	ACTION	59	M50/288	(M)3940	01:09:09	01:07:27	8.90	00:35:39 / 4360 [8.42]
4619	4624	ŁĘCKA MAŁGORZATA	STARE BUDY		74	K30/244	(K)679	01:09:09	01:06:51	8.98	00:34:13 / 4002 [8.77]
4620	5278	KONDEJ Łukasz	WARSZAW		79	M30/1481	(M)3941	01:09:09	01:06:06	9.08	00:37:25 / 4672 [8.02]
4621	6585	ZIMOŃ Joanna	RYBNIK		78	K30/245	(K)680	01:09:09	01:07:27	8.90	00:35:40 / 4361 [8.41]
4622	5698	KOZIEL-ZIEMBIŃSKA Anna	ŁÓDŹ	POLSKA BIEGA	62	K40/101	(K)681	01:09:10	01:03:56	9.38	00:37:23 / 4669 [8.02]
4623	4807	LEWANDOWSKI Paweł	WARSZAWA		76	M30/1482	(M)3942	01:09:12	01:04:45	9.27	00:36:22 / 4503 [8.25]
4624	691	LUBIŃSKI Dariusz	WARSZAWA		68	M40/648	(M)3943	01:09:12	01:05:18	9.19	00:38:30 / 4810 [7.79]
4625	3192	GOLEC Mariusz	WOHYŃ		84	M20/1044	(M)3944	01:09:12	01:03:15	9.49	00:36:16 / 4486 [8.27]
4626	172	KOWALCZYK joanna			09		(K)682	01:09:12	01:07:40	8.87	00:36:01 / 4442 [8.33]
4627	1052	HAJNAS Anna	WARSZAWA		83	K20/242	(K)683	01:09:15	01:04:28	9.31	00:37:53 / 4735 [7.92]
4628	4567	JACKIEWICZ Zbigniew	WARSZAWA	WSPÓLNOTA SAMORZĄDOWA WOJEWÓDZTWA MA	58	M50/289	(M)3945	01:09:16	01:04:42	9.27	00:35:44 / 4392 [8.40]
4629	2863	KWIATKOWSKI Michał Karol	WARSZAWA		78	M30/1483	(M)3946	01:09:16	01:03:50	9.40	00:37:28 / 4679 [8.01]
4630	966	PALUCH Bogdan	WARSZAWA		49	M60/66	(M)3947	01:09:16	01:04:15	9.34	00:38:00 / 4754 [7.89]
4631	3263	STASIAK Agnieszka	WARSZAWA		79	K30/246	(K)684	01:09:17	01:05:00	9.23	00:37:37 / 4704 [7.98]
4632	854	PONCELEUSZ Kamil	MIŃSK MAZOWIECKI		86	M20/1045	(M)3948	01:09:19	01:04:08	9.36	00:38:14 / 4790 [7.85]
4633	3850	STĘPNOWSKI Adam	BYDGOSZCZ		83	M20/1046	(M)3949	01:09:19	01:03:48	9.40	00:37:30 / 4684 [8.00]
4634	5897	PAPROCKI Michał	GDYNIA		78	M30/1484	(M)3950	01:09:20	01:04:45	9.27	00:38:04 / 4775 [7.88]
4635	5706	KRUKOWSKA Magdalena	GDYNIA		77	K30/247	(K)685	01:09:20	01:04:45	9.27	00:38:04 / 4776 [7.88]
4636	4027	ZIELIŃSKI CEZARY	WARSZAWA		92		(M)3951	01:09:20	01:03:31	9.45	00:39:47 / 4944 [7.54]
4637	4026	ZIELIŃSKA ANNA	WARSZAWA		70	M30/1485	(M)3952	01:09:20	01:03:30	9.45	00:39:48 / 4945 [7.54]
4638	4994	PACHOLEC Marcin	WARSZAWA	HOS RUNNING TEAM	79	M30/1486	(M)3953	01:09:21	01:06:09	9.07	00:36:33 / 4533 [8.21]
4639	1860	MROCEK Katarzyna	ŁĘŻYCE		88	K20/243	(K)686	01:09:23	01:04:28	9.31	00:37:54 / 4738 [7.92]
4640	3034	URLUCH Jakub			09		(M)3954	01:09:23	01:04:54	9.24	00:37:53 / 4736 [7.92]
4641	2458	KOSTKA Dominika	WARSZAWA		73	K30/248	(K)687	01:09:26	01:05:53	9.11	00:36:17 / 4490 [8.27]
4642	5276	KOPACZ Paweł	HORNÓWEK		72	M30/1487	(M)3955	01:09:28	01:05:56	9.10	00:34:53 / 4174 [8.60]
4643	1216	KULKOWSKI MACIEJ	WARSZAWA		91		(M)3956	01:09:28	01:04:42	9.27	00:38:16 / 4795 [7.84]
4644	496	PILIPCZUK Edward	WARSZAWA		57	M50/290	(M)3957	01:09:29	01:03:40	9.42	00:37:29 / 4681 [8.00]
4645	6030	SOPEL Łukasz	WARSZAWA		84	M20/1047	(M)3958	01:09:30	01:06:49	8.98	00:34:59 / 4203 [8.58]
4646	4852	FLORCZYK Ola	WARSZAWA	BIESZCZADZKIE JELONKI	91		(K)688	01:09:31	01:09:16	8.66	00:33:07 / 3676 [9.06]
4647	4855	MACIEJEWSKI Andrzej	POZNAŃ	BIESZCZADZKIE JELONKI	67	M40/649	(M)3959	01:09:31	01:05:14	9.20	00:33:07 / 3678 [9.06]
4648	803	SMERECZYŃSKI Mikołaj	WARSZAWA		95		(M)3960	01:09:32	01:07:40	8.87	00:34:02 / 3963 [8.81]
4649	5902	PAWLAK Natalia	WARSZAWA		82	K20/244	(K)689	01:09:34	01:04:56	9.24	00:37:31 / 4687 [8.00]
4650	2449	KOBRZYŃSKI Bronisław	WARSZAWA		52	M50/291	(M)3961	01:09:34	01:04:26	9.31	00:40:16 / 4981 [7.45]
4651	3318	KOJRO Krzysztof	WARSZAWA		49	M60/67	(M)3962	01:09:36	01:04:28	9.31	00:37:50 / 4728 [7.93]
4652	2476	SYMONOWICZ Jacek	WARSZAWA		71	M30/1488	(M)3963	01:09:37	01:07:19	8.91	00:34:22 / 4041 [8.73]
4653	4236	KALINOWSKI Marek	WARSZAWA		57	M50/292	(M)3964	01:09:40	01:05:00	9.23	00:36:43 / 4566 [8.17]
4654	6051	SUCHARDA Edward Andrzej	WARSZAWA	-	97		(M)3965	01:09:41	01:05:19	9.19	00:37:27 / 4678 [8.01]
4655	2820	KOŁODRUB Małgorzata	OPOLE	NUTRICA	74	M30/1489	(M)3966	01:09:42	01:05:34	9.15	00:37:09 / 4641 [8.08]
4656	5279	SYNDYBAŁ Olga	WARSZAWA		81	K20/245	(K)690	01:09:43	01:06:40	9.00	00:37:25 / 4673 [8.02]
4657	1122	PRESKO Paweł	WARSZAWA	KS HEKTOR	79	M30/1490	(M)3967	01:09:44	01:06:14	9.06	00:36:50 / 4582 [8.14]
4658	2468	DEMOWSKI Stefan	ZAWICHOST		44	M60/68	(M)3968	01:09:45	01:07:57	8.83	00:36:42 / 4563 [8.17]
4659	2573	AMBORSKI KRZYSZTOF	WARSZAWA		41	M60/69	(M)3969	01:09:45	01:08:42	8.73	00:34:24 / 4051 [8.72]
4660	3866	CIOŚMAK Kinga	WARSZAWA		76	K30/249	(K)691	01:09:48	01:05:26	9.17	00:36:55 / 4597 [8.13]
4661	2147	PIETRASIĆ Katarzyna	WARSZAWA		91		(K)692	01:09:48	01:05:47	9.12	00:36:35 / 4541 [8.20]
4662	2148	PIETRASIĆ Marzena	WARSZAWA		63	K40/102	(K)693	01:09:48	01:05:48	9.12	00:36:35 / 4540 [8.20]
4663	3952	MIŚKIEWICZ Piotr	WARSZAWA		68	M40/650	(M)3970	01:09:49	01:05:16	9.19	00:37:03 / 4620 [8.10]
4664	3951	MIŚKIEWICZ Paulina	WARSZAWA		68	K40/103	(K)694	01:09:49	01:05:16	9.19	00:37:04 / 4627 [8.09]
4665	5815	MILLER Krzysztof	MSZCZONÓW		78	M30/1491	(M)3971	01:09:52	01:02:27	9.61	00:40:45 / 5005 [7.36]
4666	6312	WIERCIAŃSKA Emilia	SIEDLCE		83	K20/246	(K)695	01:09:52	01:08:29	8.76	00:35:43 / 4383 [8.40]
4667	6313	WIERCIAŃSKI Daniel	WARSZAWA		84	M20/1048	(M)3972	01:09:52	01:08:28	8.76	00:35:43 / 4386 [8.40]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4668	391	GRZESIAK Monika			81	K20/247	(K)696	01:09:54	01:07:58	8.83	00:35:26 / 4296 [8.47]
4669	3031	DZIENNIKARZ vip			09		(M)3973	01:09:55	01:04:48	9.26	00:39:38 / 4924 [7.57]
4670	2549	RUMIN Tosia	WARSZAWA	KS SPÓJNIA	95		(K)697	01:09:56	01:08:30	8.76	00:34:23 / 4045 [8.73]
4671	3877	KUKIER Monika	WARSZAWA		75	K30/250	(K)698	01:09:56	01:04:48	9.26	00:38:09 / 4780 [7.86]
4672	3878	GRABOWSKA Renata	WARSZAWA		72	K30/251	(K)699	01:09:56	01:04:48	9.26	00:38:09 / 4781 [7.86]
4673	1215	KULKOWSKA DOROTA	WARSZAWA		68	K40/104	(K)700	01:09:56	01:05:11	9.20	00:38:16 / 4794 [7.84]
4674	5171	GROMULSKI Bartosz	SOSNOWE		82	M20/1049	(M)3974	01:09:57	01:05:39	9.14	00:37:10 / 4643 [8.07]
4675	2118	CZEMODUROW Paulina	WARSZAWA		93		(K)701	01:09:57	01:09:57	8.58	00:36:50 / 4583 [8.14]
4676	799	BIŃKOWSKI Dawid	KOWAL		87	M20/1050	(M)3975	01:09:58	01:05:33	9.15	00:36:25 / 4511 [8.24]
4677	3406	ALGAWAM Magdalena	SIEDLCE		88	K20/248	(K)702	01:09:58	01:05:33	9.15	00:36:25 / 4512 [8.24]
4678	1076	ROGÓŻ Sylwia	WARSZAWA	EMBORT	94		(K)703	01:09:59	01:08:31	8.76	00:34:58 / 4197 [8.58]
4679	3384	SCHIFFERS Małgosia	WARSZAWA-WESOLA		75	K30/252	(K)704	01:10:01	01:05:53	9.11	00:36:39 / 4552 [8.19]
4680	2330	WROTEK Weronika	WARSZAWA		98		(K)705	01:10:02	01:04:42	9.27	00:40:34 / 4999 [7.40]
4681	2327	WROTEK Mirosław	WARSZAWA	ENTRE.PL TEAM	66	M40/651	(M)3976	01:10:02	01:04:42	9.27	00:40:34 / 5000 [7.40]
4682	2331	WROTEK Tymoteusz	WARSZAWA		98		(M)3977	01:10:02	01:05:12	9.20	00:40:33 / 4998 [7.40]
4683	5700	KRAKOWIAK Kamil	WARSZAWA		87	M20/1051	(M)3978	01:10:03	01:05:06	9.22	00:37:35 / 4698 [7.98]
4684	1526	TOBIACELLI Marek	WARSZAWA	BRAK	56	M50/293	(M)3979	01:10:04	01:06:17	9.05	00:37:31 / 4686 [8.00]
4685	5242	DERLACIŃSKI Łukasz	WARSZAWA		78	M30/1492	(M)3980	01:10:05	01:05:07	9.21	00:37:07 / 4633 [8.08]
4686	3272	STRZECHOWSKA Izabela	WARSZAWA		91		(K)706	01:10:05	01:07:16	8.92	00:37:32 / 4691 [7.99]
4687	1806	SALAŃSKI Wojciech	WARSZAWA		84	M20/1052	(M)3981	01:10:06	01:08:03	8.82	00:34:58 / 4196 [8.58]
4688	2758	TOMANIAK Krzysztof	WARSZAWA		81	M20/1053	(M)3982	01:10:06	01:05:52	9.11	00:36:17 / 4488 [8.27]
4689	1154	IGNACIUK Grzegorz	DZIEKANÓW LEŚNY		76	M30/1493	(M)3983	01:10:07	01:04:49	9.26	00:36:10 / 4467 [8.29]
4690	2667	JURCZAK Jarosław	WARSZAWA		76	M30/1494	(M)3984	01:10:07	01:08:02	8.82	00:36:03 / 4450 [8.32]
4691	6648	DRABOT Joanna	WARSZAWA		76	M30/1495	(M)3985	01:10:07	01:06:10	9.07	00:37:34 / 4697 [7.99]
4692	1386	BIEGANOWSKA Małgorzata	WARSZAWA	ACTION	61	K40/105	(K)707	01:10:10	01:06:46	8.99	00:37:00 / 4611 [8.11]
4693	2652	GRODZKI Artur	WARSZAWA		58	M50/294	(M)3986	01:10:11	01:06:21	9.04	00:36:11 / 4468 [8.29]
4694	4756	CHACHULSKI Zbigniew	WARSZAWA	NIEZALEŻNY	82	M20/1054	(M)3987	01:10:13	01:07:58	8.83	00:35:59 / 4438 [8.34]
4695	4321	KUBISIAK Kacper	WARSZAWA		76	M30/1496	(M)3988	01:10:13	01:07:58	8.83	00:35:58 / 4437 [8.34]
4696	6232	OSTROWSKA Julia	WARSZAWA		98		(K)708	01:10:14	01:05:05	9.22	00:38:58 / 4868 [7.70]
4697	3240	KOSUNIAK Jacek	WARSZAWA	KLUB BIEGACZA TPSA	72	M30/1497	(M)3989	01:10:14	01:05:44	9.13	00:36:53 / 4591 [8.13]
4698	710	CZAPLIŃSKI Krzysztof	GÓRA KALWARIA		94		(M)3990	01:10:17	01:05:09	9.21	00:40:16 / 4980 [7.45]
4699	4732	OSTROWSKI Wojciech	WARSZAWA		69	M40/652	(M)3991	01:10:19	01:05:11	9.20	00:38:57 / 4867 [7.70]
4700	4339	PANKOWSKI Andrzej Paweł	PŁOCK		69	M40/653	(M)3992	01:10:19	01:05:55	9.10	00:37:22 / 4668 [8.03]
4701	4114	JELIŃSKI Michał	PRZASNYSZ		87	M20/1055	(M)3993	01:10:20	01:04:55	9.24	00:38:37 / 4827 [7.77]
4702	5512	GAWROŃSKI Grzegorz	OSTROWIEC ŚW.		64	M40/654	(M)3994	01:10:21	01:06:39	9.00	00:37:16 / 4651 [8.05]
4703	4011	COŚ Monika	W		76	K30/253	(K)709	01:10:21	01:09:34	8.62	00:37:21 / 4665 [8.03]
4704	3709	KOWALIK Magdalena	WARSZAWA	VISTULA RUNNERS	76	K30/254	(K)710	01:10:23	01:07:55	8.83	00:36:48 / 4579 [8.15]
4705	1853	UMBER Sharon	WARSZAWA		60	K40/106	(K)711	01:10:23	01:07:55	8.83	00:36:48 / 4578 [8.15]
4706	1249	MOSTOWSKI Jan	WARSZAWA		49	M60/70	(M)3995	01:10:24	01:04:43	9.27	00:38:44 / 4835 [7.75]
4707	3457	KOJAWA Zbigniew	PODKOWA LEŚNA		61	M40/655	(M)3996	01:10:26	01:06:54	8.97	00:35:43 / 4381 [8.40]
4708	516	MIELNCZUK Marek	WARSZAWA		89	M20/1056	(M)3997	01:10:27	01:08:47	8.72	00:34:01 / 3961 [8.82]
4709	4685	GAWKOWSKA IZABELA	LEGIONOWO		75	K30/255	(K)712	01:10:28	01:06:31	9.02	00:37:33 / 4696 [7.99]
4710	4518	SNOPIKIEWICZ Krystyna	WARSZAWA		57	K50/33	(K)713	01:10:28	01:08:13	8.80	00:35:43 / 4384 [8.40]
4711	3468	GRZESIK Witold	WARSZAWA		61	M40/656	(M)3998	01:10:30	01:06:44	8.99	00:37:25 / 4674 [8.02]
4712	2883	CHOMIUK Andrzej	WARSZAWA	STOŁECZNY SPORTOWY KLUB	73	M30/1498	(M)3999	01:10:31	01:05:22	9.18	00:39:04 / 4877 [7.68]
				TAEKWON-DO \							
4713	2075	KORNILUK Elżbieta	KRZESZÓW		80	K20/249	(K)714	01:10:32	01:04:42	9.27	00:38:24 / 4801 [7.81]
4714	3500	BROSKIEWICZ Stanisław	WARSZAWA		59	M50/295	(M)4000	01:10:32	01:06:50	8.98	00:36:52 / 4588 [8.14]
4715	5894	PALASA Ieva	WARSZAWA	PARK ZNICZA	79	K30/256	(K)715	01:10:32	01:08:20	8.78	00:35:03 / 4220 [8.56]
4716	4097	PIETRASIEWICZ Wojciech	WARSZAWA		79	M30/1499	(M)4001	01:10:34	01:08:22	8.78	00:37:39 / 4707 [7.97]
4717	4098	AMAROWICZ-PIETRASIEWICZ Julia	WARSZAWA		80	K20/250	(K)716	01:10:34	01:08:22	8.78	00:37:39 / 4710 [7.97]
4718	2561	OSTAPIUK Jarek	WARSZAWA		75	M30/1500	(M)4002	01:10:37	01:07:45	8.86	00:36:11 / 4469 [8.29]
4719	1851	KAWECKI Sławomir	WARSZAWA		74	M30/1501	(M)4003	01:10:37	01:09:37	8.62	00:35:35 / 4337 [8.43]
4720	4539	WOJCIECHOWSKI Andrzej	JÓZEFÓW		51	M50/296	(M)4004	01:10:39	01:06:39	9.00	00:37:40 / 4712 [7.96]
4721	1974	BOLBOT Marcin	PODKOWA LEŚNA		70	M30/1502	(M)4005	01:10:39	01:04:51	9.25	00:38:39 / 4828 [7.76]
4722	3027	DZIENNIKARZ vip			09		(M)4006	01:10:40	01:05:33	9.15	00:39:42 / 4930 [7.56]
4723	2481	SKRZYPCZAK Edyta	WARSZAWA	POLBANK EFG	73	K30/257	(K)717	01:10:40	01:06:47	8.98	00:41:07 / 5028 [7.30]
4724	6577	ZAWODNIK DO UZUP					(M)4007	01:10:44	01:05:10	9.21	00:42:24 / 5096 [7.08]
4725	4064	GAGO Agata	WARSZAWA		69	K40/107	(K)718	01:10:45	01:05:22	9.18	00:38:36 / 4823 [7.77]
4726	3159	TUSTANOWSKA Joanna	WARSZAWA		85	K20/251	(K)719	01:10:46	01:05:57	9.10	00:37:42 / 4715 [7.96]
4727	1535	SOLNICA Jarek	WARSZAWA		67	M40/657	(M)4008	01:10:47	01:07:07	8.94	00:36:29 / 4518 [8.22]
4728	5752	LIPCZYŃSKI Dariusz	PABIANICE		62	M40/658	(M)4009	01:10:47	01:05:29	9.16	00:38:22 / 4799 [7.82]
4729	5952	RĘCZKOWSKI Marcin	WARSZAWA		78	M30/1503	(M)4010	01:10:47	01:05:50	9.11	00:37:35 / 4699 [7.98]
4730	4882	ZAWODNIK DO UZUP					(M)4011	01:10:47	01:05:05	9.22	00:38:51 / 4853 [7.72]
4731	4879	ŚLEBZAK Edyta	WARSZAWA		77	K30/258	(K)720	01:10:47	01:05:05	9.22	00:38:51 / 4850 [7.72]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4732	3761	STANKIEWICZ Anna	WARSZAWA		81	K20/252	(K)721	01:10:48	01:05:20	9.18	00:38:36 / 4824 [7.77]
4733	1727	NOWAK Anna	WARSZAWA		67	K40/108	(K)722	01:10:49	01:06:18	9.05	00:37:58 / 4751 [7.90]
4734	420	KŁOS Kamil	WARSZAWA		93		(M)4012	01:10:50	01:07:05	8.94	00:38:29 / 4808 [7.80]
4735	4405	SIEKIERZYŃSKA Agnieszka	WARSZAWA		77	K30/259	(K)723	01:10:51	01:06:16	9.05	00:38:19 / 4797 [7.83]
4736	438	ROGAŁA Marcin	WARSZAWA		74	M30/1504	(M)4013	01:10:52	01:05:42	9.13	00:38:09 / 4779 [7.86]
4737	4771	TEODORCZYK Piotr	JÓZEFOSŁAW		72	M30/1505	(M)4014	01:10:54	01:07:58	8.83	00:37:00 / 4609 [8.11]
4738	4770	SZUMAŃSKA TEODORCZYK Anna	JÓZEFOSŁAW		69	K40/109	(K)724	01:10:54	01:07:58	8.83	00:37:00 / 4608 [8.11]
4739	708	MACIASZEK Tomasz	WARSZAWA		83	M20/1057	(M)4015	01:10:54	01:06:57	8.96	00:38:15 / 4792 [7.84]
4740	4461	CHYBIŃSKA Halina	FROMBORK		52	K50/34	(K)725	01:10:55	01:09:20	8.65	00:35:45 / 4399 [8.39]
4741	2152	LASOCKI Marcin	WARSZAWA		74	M30/1506	(M)4016	01:10:56	01:07:00	8.96	00:37:52 / 4731 [7.92]
4742	711	FLORIAŃCZYK Laura	WARSZAWA		91		(M)4017	01:10:56	01:06:59	8.96	00:38:14 / 4791 [7.85]
4743	3141	CHRZANOWSKI Paweł	WARSZAWA		68	M40/659	(M)4018	01:10:56	01:05:09	9.21	00:39:03 / 4875 [7.68]
4744	3142	CHRZANOWSKA Małgorzata	WARSZAWA		69	K40/110	(K)726	01:10:56	01:05:09	9.21	00:39:03 / 4873 [7.68]
4745	3426	WAWRZYŃCZYK-MALINOWSKA Anna	WARSZAWA		67	K40/111	(K)727	01:10:58	01:05:04	9.22	00:38:46 / 4838 [7.74]
4746	3425	MALINOWSKI Piotr	WARSZAWA		66	M40/660	(M)4019	01:10:58	01:05:04	9.22	00:38:45 / 4836 [7.74]
4747	2151	ORŁOWSKI Marcin	PIASECZNO		76	M30/1507	(M)4020	01:10:59	01:07:02	8.95	00:37:52 / 4732 [7.92]
4748	4068	RAJCHERT Paweł	PIASECZNO		46	M60/71	(M)4021	01:10:59	01:08:18	8.78	00:36:40 / 4557 [8.18]
4749	1222	KUCZEROWSKA Anna	WARSZAWA		66	K40/112	(K)728	01:10:59	01:09:23	8.65	00:33:22 / 3769 [8.99]
4750	6359	ZALĘCKA Natalia	WARSZAWA	BZTEAM :)	80	K20/253	(K)729	01:11:01	01:07:20	8.91	00:37:19 / 4661 [8.04]
4751	6360	ZALĘCKI Bartek	WARSZAWA	BZTEAM :)	80	M20/1058	(M)4022	01:11:01	01:07:20	8.91	00:37:19 / 4660 [8.04]
4752	4717	ŻEBROWSKA MAGDALENA	BOBROWIEC	LEGEND HR ADVISORS	74	K30/260	(K)730	01:11:02	01:08:42	8.73	00:35:38 / 4353 [8.42]
4753	3348	SIDWA Artur	NOWY YORK	PIASECZNO	93		(M)4023	01:11:02	01:09:32	8.63	00:34:24 / 4052 [8.72]
4754	3349	SIDWA Andrzej	PIASECZNO	PIASECZNO	65	M40/661	(M)4024	01:11:03	01:09:34	8.62	00:34:24 / 4050 [8.72]
4755	2576	GARCIA SERRANO PALOMA	MADRYT	PROMYKA	74	K30/261	(K)731	01:11:03	01:07:40	8.87	00:37:56 / 4747 [7.91]
4756	4784	COSTA PLA Laura	WARSZAWA		78	K30/262	(K)732	01:11:03	01:07:40	8.87	00:37:56 / 4746 [7.91]
4757	3459	DERULSKI Marek	WARSZAWA		61	M40/662	(M)4025	01:11:03	01:06:37	9.01	00:37:43 / 4717 [7.95]
4758	2343	CECOT Lukasz	WARSZAWA	-	81	M20/1059	(M)4026	01:11:05	01:07:55	8.83	00:37:36 / 4700 [7.98]
4759	5981	RÓŻYCKI Konrad	WARSZAWA	ALETEMPO	62	M40/663	(M)4027	01:11:05	01:11:05	8.44	
4760	2528	PEŁKA Lukasz	WARSZAWA		89	M20/1060	(M)4028	01:11:06	01:09:04	8.69	00:34:40 / 4111 [8.65]
4761	409	SZCZEPANIAK Jan	WARSZAWA	WARSZAWSKI KLUB BOWLINGOWY CALINO	67	M40/664	(M)4029	01:11:06	01:07:10	8.93	00:38:00 / 4755 [7.89]
4762	2203	JANCZYK Rafał	WARSZAWA		68	M40/665	(M)4030	01:11:07	01:09:17	8.66	00:36:13 / 4474 [8.28]
4763	3757	KOWALCZYK Michał	WARSZAWA		91		(M)4031	01:11:08	01:08:41	8.74	00:36:59 / 4605 [8.11]
4764	3756	KOWALCZYK Tadeusz	WARSZAWA		59	M50/297	(M)4032	01:11:08	01:08:41	8.74	00:36:59 / 4604 [8.11]
4765	1094	ŁOWIN Mariusz	WARSZAWA		63	M40/666	(M)4033	01:11:09	01:05:12	9.20	00:39:38 / 4923 [7.57]
4766	6590	WÓJCIK Monika	ŁOMIANKI		69	K40/113	(K)733	01:11:10	01:06:14	9.06	00:37:49 / 4727 [7.93]
4767	2913	ŚLUBOWSKI Konstanty	WARSZAWA	PUMA TEAM	46	M60/72	(M)4034	01:11:10	01:06:01	9.09	00:37:36 / 4701 [7.98]
4768	2861	LIS marcin	HIPOLITÓW		75	M30/1508	(M)4035	01:11:11	01:06:48	8.98	00:36:14 / 4479 [8.28]
4769	4087	KOWALSKI Franek	WARSZAWA		96		(M)4036	01:11:12	01:06:04	9.08	00:38:55 / 4864 [7.71]
4770	1288	SZYDEK Jacek	WARSZAWA	FUNDACJA PROMETEUSZ	58	M50/298	(M)4037	01:11:13	01:07:21	8.91	00:37:52 / 4734 [7.92]
4771	2705	JENSEN Hanne	WARSZAWA		70	K30/263	(K)734	01:11:14	01:05:29	9.16	00:38:36 / 4825 [7.77]
4772	2648	PRUSIŃSKA Agnieszka	WARSZAWA		69	K40/114	(K)735	01:11:14	01:05:53	9.11	00:39:13 / 4893 [7.65]
4773	795	WOJTYŃSKI Jerzy	WARSZAWA		46	M60/73	(M)4038	01:11:14	01:05:56	9.10	00:39:16 / 4900 [7.64]
4774	2826	CHMAJ Dariusz	WARSZAWA	NUTRICA	78	M30/1509	(M)4039	01:11:15	01:07:05	8.94	00:38:08 / 4778 [7.87]
4775	4900	ZBRZEŻNY Rafał	WARSZAWA		75	M30/1510	(M)4040	01:11:16	01:06:46	8.99	00:38:10 / 4782 [7.86]
4776	3575	BRZUSZCZYŃSKI Radosław	WARSZAWA		73	M30/1511	(M)4041	01:11:16	01:06:31	9.02	00:39:08 / 4881 [7.67]
4777	4899	ZBRZEŻNA EWA	WARSZAWA		74	K30/264	(K)736	01:11:16	01:06:46	8.99	00:38:10 / 4783 [7.86]
4778	5018	KUJAWA kamila	WARSZAWA	DELOITTE ADVENTURE TEAM	81	K20/254	(K)737	01:11:18	01:08:34	8.75	00:36:54 / 4592 [8.13]
4779	1221	KUCZEROWSKA Alicja	WARSZAWA		91		(K)738	01:11:22	01:09:46	8.60	00:34:46 / 4132 [8.63]
4780	2673	MOSSAKOWSKI Marek	WARSZAWA		96		(M)4042	01:11:23	01:07:03	8.95	00:36:37 / 4545 [8.19]
4781	3975	CHMIELIŃSKI Tomasz	WARSZAWA		74	M30/1512	(M)4043	01:11:25	01:06:14	9.06	00:39:42 / 4931 [7.56]
4782	2207	WASILEWSKI Wojciech	WARSZAWA		84	M20/1061	(M)4044	01:11:25	01:06:14	9.06	00:39:43 / 4934 [7.55]
4783	774	DĄBROWSKI LESZEK	WARSZAWA		70	M30/1513	(M)4045	01:11:26	01:07:46	8.85	00:36:29 / 4517 [8.22]
4784	826	TOMANEK Rafał	WARSZAWA		83	M20/1062	(M)4046	01:11:28	01:06:34	9.01	00:38:02 / 4764 [7.89]
4785	1060	CHMIEŁOWSKI Piotr Filip	WASHINGTON D.C.		88	M20/1063	(M)4047	01:11:29	01:06:34	9.01	00:38:02 / 4760 [7.89]
4786	2446	PRZĄDKA Filip	WARSZAWA		90		(M)4048	01:11:29	01:06:35	9.01	00:38:02 / 4762 [7.89]
4787	2789	KILJAN Jacek	WARSZAWA		58	M50/299	(M)4049	01:11:30	01:07:56	8.83	00:36:08 / 4463 [8.30]
4788	4886	SODOLSKI Marek	WARSZAWA		69	M40/667	(M)4050	01:11:30	01:08:17	8.79	00:38:32 / 4812 [7.79]
4789	4355	BULICZ-KASPRZAK Katarzyna	SULEJÓWEK		76	K30/265	(K)739	01:11:32	01:08:32	8.75	00:38:04 / 4774 [7.88]
4790	4835	LOSEK Justyna	BYDGOSZCZ	BYDGOSZCZ	83	K20/255	(K)740	01:11:33	01:03:45	9.41	00:42:09 / 5086 [7.12]
4791	4834	LOSEK Michał	BYDGOSZCZ	BYDGOSZCZ	78	M30/1514	(M)4051	01:11:33	01:03:45	9.41	00:42:09 / 5087 [7.12]
4792	4786	KITA Kinga	WARSZAWA		86	K20/256	(K)741	01:11:34	01:05:54	9.10	00:37:05 / 4629 [8.09]
4793	3438	KASIŃSKA Monika	WARSZAWA		82	K20/257	(K)742	01:11:34	01:08:32	8.75	00:37:55 / 4742 [7.91]
4794	4785	WOJCIECHOWSKI Jacek	KALĘCZYN		86	M20/1064	(M)4052	01:11:34	01:05:54	9.10	00:37:05 / 4628 [8.09]
4795	3658	REZONICNIK Lidija	LJUBLJANA, SLOWENIA		85	K20/258	(K)743	01:11:35	01:07:28	8.89	00:37:01 / 4613 [8.10]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4796	3657	TURK Ernest	LJUBLJANA, SŁOWENIA		81	M20/1065	(M)4053	01:11:35	01:07:28	8.89	00:37:01 / 4614 [8.10]
4797	2854	URASZEWSKI Jarosław	BLONIE		83	M20/1066	(M)4054	01:11:36	01:06:23	9.04	00:39:46 / 4941 [7.54]
4798	2999	KUJAWIŃSKI Jacek	WARSZAWA		82	M20/1067	(M)4055	01:11:36	01:08:34	8.75	00:37:55 / 4743 [7.91]
4799	5972	RUDNICKI Daniel	WYSZKÓW		94		(M)4056	01:11:37	01:09:51	8.59	00:35:01 / 4211 [8.57]
4800	1370	JEDLIŃSKIA Paweł	WARSZAWA	ACTION	78	M30/1515	(M)4057	01:11:37	01:07:35	8.88	00:37:20 / 4664 [8.04]
4801	3024	DZIENNIKARZ vip			09		(M)4058	01:11:38	01:06:32	9.02	00:39:38 / 4925 [7.57]
4802	3246	ŻURAWSKI LUKASZ	WARSZAWA		82	M20/1068	(M)4059	01:11:38	01:06:02	9.09	00:39:20 / 4908 [7.63]
4803	2503	PANKIEWICZ Karol	WARSZAWA	DB MARATHON TEAM	79	M30/1516	(M)4060	01:11:38	01:07:06	8.94	00:38:04 / 4777 [7.88]
4804	5079	KUDELSKA Małgorzata	WARSZAWA		81	K20/259	(K)744	01:11:39	01:06:38	9.00	00:37:59 / 4753 [7.90]
4805	2227	TURZYŃSKI Łukasz	WARSZAWA		93		(M)4061	01:11:39	01:05:31	9.16	00:38:58 / 4871 [7.70]
4806	1347	SALAMONOWSKI Jan	WARSZAWA	ACTION	63	M40/668	(M)4062	01:11:39	01:10:18	8.53	00:35:28 / 4303 [8.46]
4807	5793	MAZUR Karolina	LUBLIN		85	K20/260	(K)745	01:11:40	01:08:19	8.78	00:38:50 / 4847 [7.73]
4808	5622	KACPEREK Marta	WYSZKÓW		83	K20/261	(K)746	01:11:40	01:07:56	8.83	00:38:27 / 4807 [7.80]
4809	6294	WALENCIK MATEUSZ	LUBLIN		85	M20/1069	(M)4063	01:11:40	01:08:19	8.78	00:38:51 / 4852 [7.72]
4810	3782	CZYŻEWSKA MARLENA	LEGIONOWO		67	K40/115	(K)747	01:11:42	01:09:00	8.70	00:38:53 / 4857 [7.72]
4811	1369	JAWOSZEK Kamil	WARSZAWA	ACTION	82	M20/1070	(M)4064	01:11:42	01:07:08	8.94	00:38:43 / 4831 [7.75]
4812	3784	WILK KOPACZ Katarzyna	KRAKÓW		77	K30/266	(K)748	01:11:42	01:09:00	8.70	00:38:53 / 4858 [7.72]
4813	2398	SZELACHOWSKI Wojciech	WARSZAWA		79	M30/1517	(M)4065	01:11:42	01:06:14	9.06	00:38:03 / 4770 [7.88]
4814	4394	KRAWCZYŃSKA Katarzyna	KIELCE		87	K20/262	(K)749	01:11:42	01:06:17	9.05	00:38:33 / 4815 [7.78]
4815	2424	SKRZYŃSKI Piotr	GŁOGÓW		80	M20/1071	(M)4066	01:11:45	01:09:34	8.62	00:37:44 / 4720 [7.95]
4816	3279	SEREMAK Iwona	PRUSZKÓW		71	K30/267	(K)750	01:11:45	01:05:15	9.20	00:39:39 / 4926 [7.57]
4817	3280	CUDNY Adam	WARSZAWA		72	M30/1518	(M)4067	01:11:46	01:05:15	9.20	00:39:40 / 4927 [7.56]
4818	2833	DĘBOWSKI JAROSŁAW	WARSZAWA		78	M30/1519	(M)4068	01:11:46	01:06:04	9.08	00:38:25 / 4803 [7.81]
4819	2864	CIECHOMSKI CEZARY	SOKOŁÓW		77	M30/1520	(M)4069	01:11:47	01:06:21	9.04	00:39:19 / 4906 [7.63]
4820	5955	RAJCHERT Jerzy	WARSZAWA		86	M20/1072	(M)4070	01:11:48	01:06:22	9.04	00:38:37 / 4826 [7.77]
4821	3485	GORZKA Aldona	PIASTÓW		61	K40/116	(K)751	01:11:49	01:08:49	8.72	00:38:03 / 4771 [7.88]
4822	5370	BIEŃKOWSKI Adam	WARSZAWA		88	M20/1073	(M)4071	01:11:50	01:06:39	9.00	00:39:15 / 4898 [7.64]
4823	3407	ŚLESICKI Adrian	WARSZAWA		93		(M)4072	01:11:51	01:05:48	9.12	00:40:10 / 4972 [7.47]
4824	4283	KRÓL ANIA	OPACZ		81	K20/263	(K)752	01:11:51	01:08:59	8.70	00:35:30 / 4312 [8.45]
4825	4144	PAWŁOWSKI Karol	WARSZAWA	CV LO	93		(M)4073	01:11:51	01:05:47	9.12	00:40:10 / 4973 [7.47]
4826	5449	DĄBKOWSKI Jan	WARSZAWA	STOWARZYSZENIE MŁODYCH DZIENNIKARZY	83	M20/1074	(M)4074	01:11:53	01:06:25	9.03	00:38:51 / 4855 [7.72]
4827	2931	JANKOWSKI Michał	WARSZAWA		54	M50/300	(M)4075	01:11:54	01:07:44	8.86	00:38:02 / 4765 [7.89]
4828	6380	ZDUNIAK Artur	WARSZAWA		74	M30/1521	(M)4076	01:11:56	01:06:43	8.99	00:37:58 / 4752 [7.90]
4829	2049	GUDZIŃSKA Iga	WARSZAWA		85	K20/264	(K)753	01:11:58	01:09:25	8.64	00:36:31 / 4524 [8.22]
4830	930	SKOLIMOWSKA Ewa	SIEDLCE		94		(K)754	01:12:03	01:05:56	9.10	00:40:57 / 5015 [7.33]
4831	3074	KOTOWICZ Otton	WARSZAWA		31	M70/9	(M)4077	01:12:04	01:06:59	8.96	00:39:12 / 4890 [7.65]
4832	1824	FIBAKIEWICZ Łukasz	PRUSZKÓW		76	M30/1522	(M)4078	01:12:07	01:07:56	8.83	00:38:54 / 4862 [7.71]
4833	1825	FIBAKIEWICZ Małgorzata	PRUSZKÓW		78	K30/268	(K)755	01:12:07	01:07:56	8.83	00:38:54 / 4863 [7.71]
4834	4124	KAJAK Anna	GARWOLIN	K JAK KLUB BIEGACZA	94		(K)756	01:12:10	01:10:59	8.45	00:37:37 / 4703 [7.98]
4835	3480	SAMOJLIK bazyli	WARSZAWA		43	M60/74	(M)4079	01:12:11	01:09:05	8.69	00:39:03 / 4872 [7.68]
4836	5757	LISEWSKI Paweł	WARSZAWA		73	M30/1523	(M)4080	01:12:16	01:07:32	8.88	00:37:33 / 4694 [7.99]
4837	4765	WANDAS Marek	WARSZAWA		76	M30/1524	(M)4081	01:12:16	01:08:17	8.79	00:38:24 / 4800 [7.81]
4838	4766	WANDAS Olga	WARSZAWA		76	K30/269	(K)757	01:12:16	01:08:16	8.79	00:38:24 / 4802 [7.81]
4839	2866	JANC Renata	ZIELONKA		61	K40/117	(K)758	01:12:16	01:06:35	9.01	00:38:32 / 4813 [7.79]
4840	635	WOLNIEWICZ Mirosław	PRUSZKÓW		70	M30/1525	(M)4082	01:12:18	01:06:40	9.00	00:38:54 / 4860 [7.71]
4841	2577	NASAR Grzegorz	PIASTÓW		72	M30/1526	(M)4083	01:12:18	01:06:40	9.00	00:38:54 / 4861 [7.71]
4842	1941	SZUBKA Krzysztof	WOŁOMIN		63	M40/669	(M)4084	01:12:18	01:10:17	8.54	00:36:03 / 4449 [8.32]
4843	2605	OLAK Lucyna	ŁÓDŹ		59	K50/35	(K)759	01:12:21	01:11:32	8.39	00:37:15 / 4648 [8.05]
4844	3004	SZUKALSKA - WRONA Małgorzata	WARSZAWA	MSIT	78	K30/270	(K)760	01:12:22	01:08:49	8.72	00:36:49 / 4580 [8.15]
4845	1011	KIERZKOWSKA Agata	PIASTÓW	DE LAGE LANDEN	80	K20/265	(K)761	01:12:22	01:10:01	8.57	00:37:20 / 4662 [8.04]
4846	1014	WOLIŃSKI Rafał	PRUSZKÓW	DE LAGE LANDEN	73	M30/1527	(M)4085	01:12:22	01:09:59	8.57	00:36:18 / 4493 [8.26]
4847	3362	BAK MIROSLAW	WARSZAWA		46	M60/75	(M)4086	01:12:22	01:07:45	8.86	00:38:51 / 4854 [7.72]
4848	4116	MAJSZCZYK PAULINA	OTWOCK		89	K20/266	(K)762	01:12:22	01:10:23	8.52	00:36:03 / 4448 [8.32]
4849	797	VETTER Tomasz	WARSZAWA		67	M40/670	(M)4087	01:12:22	01:07:14	8.92	00:41:35 / 5056 [7.21]
4850	4983	NORYŚKIEWICZ Ryszard	BERLIN		55	M50/301	(M)4088	01:12:22	01:08:18	8.78	00:37:51 / 4730 [7.93]
4851	2254	KONARZEWSKI Hubert	DZIERŻANÓW		91		(M)4089	01:12:27	01:12:11	8.31	00:33:45 / 3885 [8.89]
4852	1584	JEDLIŃSKA Marta	WARSZAWA		73	K30/271	(K)763	01:12:30	01:07:22	8.91	00:38:00 / 4756 [7.89]
4853	3722	KRAWCZYŃSKI Jacek	RADZIEJOWICE-SŁABO		47	M60/76	(M)4090	01:12:31	01:09:06	8.68	00:36:32 / 4532 [8.21]
4854	950	SEREDYN Joanna	WARSZAWA		84	K20/267	(K)764	01:12:33	01:07:01	8.95	00:39:37 / 4922 [7.57]
4855	3184	LUBAŃSKI PIOTR	WARSZAWA	MALWA TEAM SPORT	74	M30/1528	(M)4091	01:12:34	01:08:31	8.76	00:43:23 / 5135 [6.92]
4856	1418	SZCZEPAŃCZYK Agnieszka	WARSZAWA	ACTION	80	K20/268	(K)765	01:12:35	01:08:09	8.80	00:38:12 / 4785 [7.85]
4857	4050	OSSOLIŃSKA Magdalena	JÓZEFÓW K/OTWOCKA		78	M30/1529	(M)4092	01:12:35	01:06:51	8.98	00:41:43 / 5066 [7.19]
4858	3516	KRUK Tomasz	JULIANÓW		71	M30/1530	(M)4093	01:12:35	01:06:50	8.98	00:41:43 / 5067 [7.19]
4859	2253	KONARZEWSKA Paulina	DZIERŻANÓW		90		(K)766	01:12:36	01:12:21	8.29	00:33:44 / 3879 [8.89]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4860	3914	SZATKIEWICZ Klara	WARSZAWA WESOLA	RAMM	68	K40/118	(K)767	01:12:37	01:10:26	8.52	00:37:17 / 4652 [8.05]
4861	3916	RAMM Ryszard	WARSZAWA	RAMM	37	M70/10	(M)4094	01:12:37	01:10:26	8.52	00:37:17 / 4654 [8.05]
4862	1411	PIWKOWSKI Piotr	WARSZAWA	ACTION	79	M30/1531	(M)4095	01:12:39	01:07:27	8.90	00:37:57 / 4749 [7.91]
4863	5796	MEJGIER Grażyna	WŁOCŁAWEK		54	K50/36	(K)768	01:12:40	01:07:19	8.91	00:39:14 / 4896 [7.65]
4864	4088	KOWALSKI Witold	WARSZAWA		66	M40/671	(M)4096	01:12:42	01:07:34	8.88	00:39:10 / 4884 [7.66]
4865	6138	KARNIŁOWICZ Michał	WARSZAWA	OTK RZEŹNIK	86	M20/1075	(M)4097	01:12:43	01:07:13	8.93	00:41:39 / 5059 [7.20]
4866	6137	KUDLEK Katarzyna	RZESZÓW		84	K20/269	(K)769	01:12:43	01:07:13	8.93	00:41:39 / 5060 [7.20]
4867	4182	MANOWSKI Maciej	WARSZAWA	NOCARZ.PL	75	M30/1532	(M)4098	01:12:43	01:08:46	8.73	00:38:13 / 4789 [7.85]
4868	1162	BONISLAWSKA Anna	LEGIONOWO		77	K30/272	(K)770	01:12:44	01:12:32	8.27	00:35:36 / 4342 [8.43]
4869	2100	PIOTROWSKI Dariusz	WARSZAWA		61	M40/672	(M)4099	01:12:45	01:06:47	8.98	00:39:17 / 4902 [7.64]
4870	386	KWIATEK Jacek	WARSZAWA		70	M30/1533	(M)4100	01:12:46	01:07:24	8.90	00:40:50 / 5007 [7.35]
4871	3340	AKSAMIT Marek	WARSZAWA		56	M50/302	(M)4101	01:12:46	01:08:07	8.81	00:37:14 / 4647 [8.06]
4872	259	OKUNIEWICZ Olgierd	ELK		39	M70/11	(M)4102	01:12:47	01:06:49	8.98	00:39:18 / 4905 [7.63]
4873	3075	ZAWODNIK DO UZUP					(M)4103	01:12:48	01:07:24	8.90	00:39:17 / 4903 [7.64]
4874	5228	ZAWODNIK DO UZUP					(M)4104	01:12:49	01:07:56	8.83	00:38:44 / 4832 [7.75]
4875	3223	KOWALEWSKI Paweł	OSTROŁĘKA		70	M30/1534	(M)4105	01:12:50	01:11:04	8.44	00:35:27 / 4298 [8.46]
4876	5243	PROTASIUK MARIUSZ	OTWOCK		80	M20/1076	(M)4106	01:12:50	01:11:04	8.44	00:35:27 / 4300 [8.46]
4877	1470	ZEGAR Agata	WARSZAWA		81	K20/270	(K)771	01:12:52	01:12:29	8.28	00:36:22 / 4502 [8.25]
4878	504	ZIENTEK lukasz	WARSZAWA		76	M30/1535	(M)4107	01:12:53	01:07:36	8.88	00:36:07 / 4460 [8.31]
4879	2086	TOMASZKIEWICZ Marek	WARSZAWA		56	M50/303	(M)4108	01:12:53	01:06:53	8.97	00:40:56 / 5014 [7.33]
4880	1652	SZUMIGOWSKA Justyna	OTWOCK		85	K20/271	(K)772	01:12:54	01:07:11	8.93	00:39:27 / 4913 [7.60]
4881	520	BUDA Katarzyna	ŁÓDŹ	BIEGAJZNAMI.PL	81	K20/272	(K)773	01:12:55	01:08:01	8.82	00:42:47 / 5120 [7.01]
4882	1353	SZULIK Łukasz	WARSZAWA	ACTION	82	M20/1077	(M)4109	01:12:56	01:05:05	9.22	00:40:08 / 4970 [7.48]
4883	513	SAKOWSKA Aneta	DROZDOWO	BIEGAJ Z NAMI	75	K30/273	(K)774	01:12:56	01:08:01	8.82	00:42:48 / 5121 [7.01]
4884	1341	PAWLAK Marcin	WARSZAWA	ACTION	81	M20/1078	(M)4110	01:12:56	01:05:06	9.22	00:40:07 / 4969 [7.48]
4885	1320	KARDA Marcin	WARSZAWA	ACTION	79	M30/1536	(M)4111	01:12:56	01:05:05	9.22	00:40:08 / 4971 [7.48]
4886	2276	PAPIERKOWSKI Daniel	PRZEMYŚL		85	M20/1079	(M)4112	01:12:56	01:09:13	8.67	00:38:12 / 4786 [7.85]
4887	5540	GRAD JUSTYNA	LEGIONOWO		66	K40/119	(K)775	01:12:59	01:11:33	8.39	00:37:38 / 4705 [7.97]
4888	2056	JAKUBCZAK Jarosław	MIĘDZYBORÓW		90		(M)4113	01:13:01	01:07:52	8.84	00:38:26 / 4806 [7.81]
4889	60	ERNST Jerzy	WARSZAWA	TVP WARSZAWA	49	M60/77	(M)4114	01:13:01	01:08:18	8.78	00:37:06 / 4630 [8.09]
4890	2643	WALCZAK Jakub	WARSZAWA		93		(M)4115	01:13:01	01:08:04	8.81	00:39:37 / 4921 [7.57]
4891	3667	RUSIŃSKA Edyta	WARSZAWA	URSUS	70	M30/1537	(M)4116	01:13:02	01:08:30	8.76	00:37:39 / 4708 [7.97]
4892	1133	RASIŃSKA EWELINA	GUZOWATKA		88	K20/273	(K)776	01:13:03	01:10:08	8.56	00:40:14 / 4976 [7.46]
4893	2338	KOSICKA-GRABOWSKA Agnieszka	WARSZAWA		72	K30/274	(K)777	01:13:04	01:08:35	8.75	00:39:14 / 4897 [7.65]
4894	1691	KUBRAK Jerzy	WARSZAWA		64	M40/673	(M)4117	01:13:04	01:07:09	8.94	00:40:19 / 4985 [7.44]
4895	2346	PAWŁOWSKA Magdalena	KIELCE		83	K20/274	(K)778	01:13:05	01:08:03	8.82	00:39:16 / 4901 [7.64]
4896	892	ŁAZOWSKA Joanna	WARSZAWA		80	K20/275	(K)779	01:13:05	01:09:10	8.67	00:40:10 / 4975 [7.47]
4897	2258	JABŁOŃSKA Kamila	ELK		87	K20/276	(K)780	01:13:07	01:07:38	8.87	00:40:01 / 4962 [7.50]
4898	2262	LEWANDOWSKA Barbara	WARSZAWA		80	K20/277	(K)781	01:13:07	01:07:38	8.87	00:40:01 / 4963 [7.50]
4899	3433	RACZKOWSKA Beata	ŻARY	KB GALERIA WARSZAWA	82	K20/278	(K)782	01:13:08	01:09:37	8.62	00:39:46 / 4940 [7.54]
4900	4404	GRZESZCZUK Grzegorz	WARSZAWA		66	M40/674	(M)4118	01:13:09	01:09:41	8.61	00:38:46 / 4837 [7.74]
4901	6586	DOBKOWSKA Anna	WARSZAWA		51	K50/37	(K)783	01:13:09	01:09:41	8.61	00:38:48 / 4842 [7.73]
4902	3434	MIŚKIEWICZ Marcin	KOZIENICE	KB GALERIA WARSZAWA	79	M30/1538	(M)4119	01:13:09	01:09:37	8.62	00:39:47 / 4943 [7.54]
4903	1816	PASIEROWSKA Monika	WARSZAWA		73	K30/275	(K)784	01:13:10	01:07:51	8.84	00:37:45 / 4721 [7.95]
4904	1934	POPENDA Wiesław	WARSZAWA		66	M40/675	(M)4120	01:13:13	01:08:52	8.71	00:38:55 / 4866 [7.71]
4905	6581	PIETRZELA Alicja			93		(K)785	01:13:13	01:07:15	8.92	00:40:21 / 4987 [7.43]
4906	5760	LUDWINIAK Stanisław	WOŁOMIN		54	M50/304	(M)4121	01:13:14	01:08:17	8.79	00:38:26 / 4805 [7.81]
4907	319	JAKUBIAK Bogdan	WARSZAWA		43	M60/78	(M)4122	01:13:15	01:09:22	8.65	00:38:21 / 4798 [7.82]
4908	5474	DWORZAŃSKA Ewa	LUBLIN	DWORZTEAM	81	K20/279	(K)786	01:13:15	01:08:20	8.78	00:40:53 / 5009 [7.34]
4909	292	KŁUSEK Bartłomiej	WARSZAWA		84	M20/1080	(M)4123	01:13:17	01:12:13	8.31	00:36:13 / 4475 [8.28]
4910	636	MAKOWSKA Lucyna	GRUDZIĄDZ		79	K30/276	(K)787	01:13:20	01:08:09	8.80	00:38:40 / 4829 [7.76]
4911	3749	WITKOWSKI Paweł	WARSZAWA		77	M30/1539	(M)4124	01:13:21	01:08:47	8.72	00:38:25 / 4804 [7.81]
4912	4017	HRYNIUK Jacek	KONSTANCIN		63	M40/676	(M)4125	01:13:23	01:09:20	8.65	00:37:22 / 4666 [8.03]
4913	5250	TUREK Iwona	WARSZAWA		82	K20/280	(K)788	01:13:23	01:10:22	8.53	00:38:33 / 4818 [7.78]
4914	3663	MALINOWSKI Adrian	WARSZAWA	URSUS	94		(M)4126	01:13:25	01:09:43	8.61	00:38:12 / 4788 [7.85]
4915	3661	WROŃSKI Michał	WARSZAWA	URSUS	94		(M)4127	01:13:25	01:08:59	8.70	00:38:12 / 4787 [7.85]
4916	4619	GAŁĄZKA KAROLINA	ŁOCHÓW		79	K30/277	(K)789	01:13:26	01:08:13	8.80	00:39:33 / 4918 [7.59]
4917	439	MOKRACKI Paweł	WARSZAWA		61	M40/677	(M)4128	01:13:28	01:11:54	8.34	00:36:51 / 4584 [8.14]
4918	3971	POTOREČKA Dorota	WARSZAWA		57	K50/38	(K)790	01:13:28	01:07:53	8.84	00:40:20 / 4986 [7.44]
4919	3544	KOWALSKI ROBERT	WARSZAWA	POLSKA GRUPA DEALERÓW SP. Z O.O.	74	M30/1540	(M)4129	01:13:28	01:08:00	8.82	00:38:03 / 4768 [7.88]
4920	3505	KARPIŃSKI Dariusz	WARSZAWA		74	M30/1541	(M)4130	01:13:28	01:07:50	8.85	00:38:02 / 4761 [7.89]
4921	976	GRUSZCZYŃSKI Marek	WARSZAWA		48	M60/79	(M)4131	01:13:29	01:08:15	8.79	00:39:24 / 4910 [7.61]
4922	3938	KARPIŃSKI Ryszard	WARSZAWA		72	M30/1542	(M)4132	01:13:29	01:07:52	8.84	00:38:02 / 4759 [7.89]
4923	2899	KOBUSIŃSKI Eugeniusz	WARSZAWA	AUTOMEX MIĘDZYLESIE	54	M50/305	(M)4133	01:13:31	01:09:23	8.65	



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4924	130	WOŹNIAK Adam	WARSZAWA		71	M30/1543	(M)4134	01:13:32	01:09:52	8.59	00:36:07 / 4458 [8.31]
4925	1420	POLAK Daniel	WARSZAWA	ACTION	84	K20/281	(K)791	01:13:32	01:11:33	8.39	00:36:55 / 4594 [8.13]
4926	143	SANKOWSKI Michał			76	M30/1544	(M)4135	01:13:33	01:13:33	8.16	00:36:07 / 4459 [8.31]
4927	3698	SYGULA Maria	WARSZAWA		96		(K)792	01:13:37	01:12:31	8.27	00:35:42 / 4378 [8.40]
4928	3060	FIDO Jerzy	ZIELONKA	LECHICI ZIELONKA	39	M70/12	(M)4136	01:13:38	01:08:06	8.81	00:39:05 / 4878 [7.68]
4929	4541	CZUJ Karolina	ALMERE (HOLANDIA)		75	K30/278	(K)793	01:13:43	01:09:23	8.65	00:39:57 / 4956 [7.51]
4930	6630	SAGAN Marcin	LUBLIN		74	M30/1545	(M)4137	01:13:43	01:07:37	8.87	00:41:06 / 5026 [7.30]
4931	6633	DOBROWOLSKA-SAGAN Magda	WARSZAWA		74	K30/279	(K)794	01:13:43	01:07:36	8.88	00:41:06 / 5027 [7.30]
4932	2180	KRASNOBORSKI Jakub	OTWOCK		81	M20/1081	(M)4138	01:13:45	01:10:19	8.53	00:37:46 / 4722 [7.94]
4933	3820	KRZYSZCZAK Mariusz	WARSZAWA		73	M30/1546	(M)4139	01:13:46	01:11:38	8.38	00:38:58 / 4869 [7.70]
4934	3587	KICUN Karol	WARSZAWA		84	M20/1082	(M)4140	01:13:46	01:09:10	8.67	00:40:00 / 4957 [7.50]
4935	3718	NOWACZYK Dorota	KARLINO	NUTRICA	71	M30/1547	(M)4141	01:13:46	01:09:44	8.60	00:39:29 / 4915 [7.60]
4936	916	GRASZEK Arleta	ŁĄŻEK	POLSKA BIEGA	69	K40/120	(K)795	01:13:47	01:09:44	8.60	00:39:29 / 4914 [7.60]
4937	128	PASTUŁA Urszula	WARSZAWA		70	K30/280	(K)796	01:13:50	01:09:06	8.68	00:41:39 / 5061 [7.20]
4938	2265	JESINOWICZ Grażyna	WARSZAWA	WARSZAWA	60	K40/121	(K)797	01:13:55	01:08:06	8.81	00:41:24 / 5043 [7.25]
4939	3479	PAŁKA Renata	WARSZAWA		67	K40/122	(K)798	01:13:55	01:10:50	8.47	00:39:03 / 4874 [7.68]
4940	5636	KANIA Krzysztof	WARSZAWA		59	M50/306	(M)4142	01:13:55	01:07:56	8.83	00:39:23 / 4909 [7.62]
4941	3273	TYC Ewelina	WARSZAWA		92		(K)799	01:14:01	01:11:13	8.42	00:37:48 / 4726 [7.94]
4942	3271	KWAŚNIK Andrzej	WARSZAWA		54	M50/307	(M)4143	01:14:01	01:11:12	8.43	00:37:32 / 4692 [7.99]
4943	2266	JESINOWICZ Anna	WARSZAWA	WARSZAWA	85	K20/282	(K)800	01:14:01	01:08:12	8.80	00:41:25 / 5045 [7.24]
4944	5008	WALEWSKA Ewa	AUGUSTÓWEK		72	K30/281	(K)801	01:14:04	01:13:49	8.13	00:35:40 / 4368 [8.41]
4945	2855	KOMARNICKI Bartosz	BLONIE		86	M20/1083	(M)4144	01:14:05	01:09:58	8.58	00:38:33 / 4816 [7.78]
4946	3146	OWCZAREK Stefan	WARSZAWA		53	M50/308	(M)4145	01:14:11	01:09:37	8.62	00:39:14 / 4895 [7.65]
4947	4459	STEFANIAK Katarzyna	WARSZAWA		63	K40/123	(K)802	01:14:11	01:08:47	8.72	00:39:09 / 4883 [7.66]
4948	2703	CAPIGA Andrzej	WARSZAWA		56	M50/309	(M)4146	01:14:11	01:10:36	8.50	00:35:41 / 4375 [8.41]
4949	4890	ZMORSKI marcin	WARSZAWA		73	M30/1548	(M)4147	01:14:19	01:11:46	8.36	00:39:41 / 4928 [7.56]
4950	4888	GRABOWIECKA-ZMORSKA marta	WARSZAWA		72	K30/282	(K)803	01:14:20	01:11:47	8.36	00:39:42 / 4929 [7.56]
4951	4507	WILCZYŃSKI Mariusz	PULTUSK	TEAM CENTURION	81	M20/1084	(M)4148	01:14:21	01:09:19	8.66	00:41:52 / 5070 [7.17]
4952	4509	GOŁĘBIEWSKA Kinga	NIESTĘPOWO	TEAM CENTURION	90		(K)804	01:14:21	01:09:19	8.66	00:41:52 / 5071 [7.17]
4953	597	TUCHARZ Emil	WARSZAWA		94		(M)4149	01:14:21	01:10:00	8.57	00:38:47 / 4840 [7.74]
4954	119	CYLUZDZIŃSKA Krystyna	WARSZAWA		09		(M)4150	01:14:22	01:14:11	8.09	00:36:47 / 4573 [8.16]
4955	943	KOŁACZYŃSKA Iwona	WARSZAWA		65	K40/124	(K)805	01:14:24	01:12:16	8.30	00:38:11 / 4784 [7.86]
4956	4501	GŁOWACKI Jacek	WARSZAWA	BIEGAMY Z OCHOTĄ	61	M40/678	(M)4151	01:14:27	01:09:09	8.68	00:40:53 / 5008 [7.34]
4957	3931	KASSYK Agnieszka	WARSZAWA		88	K20/283	(K)806	01:14:27	01:09:15	8.66	00:41:34 / 5054 [7.22]
4958	537	GARDOCKI Bartosz	WARSZAWA		84	M20/1085	(M)4152	01:14:28	01:09:57	8.58	00:36:37 / 4548 [8.19]
4959	4743	MARKIETA Jarosław	WARSZAWA		73	M30/1549	(M)4153	01:14:28	01:08:46	8.73	00:41:32 / 5053 [7.22]
4960	3669	PROKOP Łukasz	WARSZAWA	URSUS	85	M20/1086	(M)4154	01:14:28	01:10:23	8.52	00:40:40 / 5002 [7.38]
4961	4373	ŻBIK Barbara	WARSZAWA	ITI ADVENTURE TEAM	82	M20/1087	(M)4155	01:14:29	01:11:23	8.41	00:39:12 / 4888 [7.65]
4962	3029	DZIENNIKARZ vip			09		(M)4156	01:14:29	01:11:22	8.41	00:39:12 / 4889 [7.65]
4963	2382	MATERKA Rafał	KUTNO		83	M20/1088	(M)4157	01:14:40	01:10:53	8.46	00:37:30 / 4685 [8.00]
4964	924	BEDNARSKI Andrzej	WARSZAWA		94		(M)4158	01:14:42	01:10:22	8.53	00:38:47 / 4841 [7.74]
4965	6351	WYSOCKI Jerzy	WARSZAWA		61	M40/679	(M)4159	01:14:44	01:10:00	8.57	00:39:07 / 4880 [7.67]
4966	4631	SZYMAŃSKI Jacek	DUCZKI		69	M40/680	(M)4160	01:14:50	01:13:14	8.19	00:37:13 / 4645 [8.06]
4967	1751	SMOGORZEWSKA katarzyna	NIEPORĘT		94		(K)807	01:14:50	01:11:46	8.36	00:37:51 / 4729 [7.93]
4968	3659	JAROSZ Ewa	KONSTANCIN-JEZIORNA		56	K50/39	(K)808	01:14:52	01:10:09	8.55	00:39:43 / 4936 [7.55]
4969	1482	KUNIKOWSKA KASIA	JOZEFOW		71	K30/283	(K)809	01:14:53	01:12:04	8.33	00:38:00 / 4757 [7.89]
4970	3294	ROMANOWSKA Aneta	WARSZAWA		67	K40/125	(K)810	01:14:53	01:10:22	8.53	00:40:05 / 4966 [7.48]
4971	790	KIELCZYK Iesław	WARSZAWA		53	M50/310	(M)4161	01:14:54	01:12:42	8.25	00:36:02 / 4445 [8.33]
4972	791	JAKUBOWSKA Katarzyna	WARSZAWA		88	K20/284	(K)811	01:14:54	01:12:41	8.25	00:36:02 / 4446 [8.33]
4973	1734	RESZKO Maciej	WARSZAWA		82	M20/1089	(M)4162	01:14:56	01:10:58	8.45	00:35:50 / 4415 [8.37]
4974	3712	KRAWCZYŃSKI Bartek	WARSZAWA		75	M30/1550	(M)4163	01:14:56	01:10:58	8.45	00:39:48 / 4946 [7.54]
4975	2352	SPRAWKA Katarzyna	NOWY DWÓR		70	K30/284	(K)812	01:14:57	01:09:13	8.67	00:40:04 / 4964 [7.49]
4976	2353	SPRAWKA Piotr	NOWY DWÓR		73	M30/1551	(M)4164	01:14:57	01:09:13	8.67	00:40:04 / 4965 [7.49]
4977	580	SZCZAWIŃSKI Cezary	WARSZAWA		80	M20/1090	(M)4165	01:15:06	01:10:33	8.50	00:40:05 / 4968 [7.48]
4978	5701	KRASZEWSKA Dorota	WŁOCŁAWEK		67	K40/126	(K)813	01:15:13	01:10:00	8.57	00:41:40 / 5062 [7.20]
4979	1291	SOBOTKO Anita	SUWAŁKI		72	K30/285	(K)814	01:15:14	01:10:35	8.50	00:40:15 / 4978 [7.45]
4980	1290	SOWIŃSKI Robert	SUWAŁKI		72	M30/1552	(M)4166	01:15:14	01:10:35	8.50	00:40:15 / 4979 [7.45]
4981	5155	BOIŃSKA Karolina	WARSZAWA		83	K20/285	(K)815	01:15:16	01:10:15	8.54	00:40:55 / 5013 [7.33]
4982	2798	RAĆZKA Rafał	OTWOCK		75	M30/1553	(M)4167	01:15:17	01:09:57	8.58	00:39:57 / 4955 [7.51]
4983	3730	BARTNIK Justyna	GIDLE		87	K20/286	(K)816	01:15:18	01:10:51	8.47	00:39:53 / 4949 [7.52]
4984	3731	BARTNIK Joanna	GIDLE		89	K20/287	(K)817	01:15:18	01:10:51	8.47	00:39:54 / 4950 [7.52]
4985	5836	MULLER Christoph	WARSZAWA		78	M30/1554	(M)4168	01:15:19	01:11:25	8.40	00:38:30 / 4809 [7.79]
4986	3113	MUSOLF MARCIN	WARSZAWA		78	M30/1555	(M)4169	01:15:26	01:13:23	8.18	00:40:01 / 4960 [7.50]
4987	4992	OLSZANOWSKA Małgorzata	WARSZAWA	HOS RUNNING TEAM	71	K30/286	(K)818	01:15:33	01:12:21	8.29	00:38:54 / 4859 [7.71]
4988	4679	SZYMANEK Arkadiusz	WARSZAWA		66	M40/681	(M)4170	01:15:34	01:12:44	8.25	00:38:02 / 4763 [7.89]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
4989	4317	FORTIN Małgorzata	WARSZAWA		72	K30/287	(K)819	01:15:36	01:10:06	8.56	00:41:17 / 5038 [7.27]
4990	4322	ZAWODNIK DO UZUP					(M)4171	01:15:36	01:10:06	8.56	00:41:17 / 5037 [7.27]
4991	3557	GÓRECKI Leszek	WARSZAWA		54	M50/311	(M)4172	01:15:37	01:10:18	8.53	00:41:59 / 5079 [7.15]
4992	2168	STAWICKI Maciej	CIECHANÓW		85	M20/1091	(M)4173	01:15:44	01:10:54	8.46	00:39:11 / 4886 [7.66]
4993	1442	KOŁODZIEJUK Andrzej	WARSZAWA	ACTION	69	M40/682	(M)4174	01:15:46	01:11:51	8.35	00:39:15 / 4899 [7.64]
4994	2752	CYGAN Rafał	GÓRA KALWARIA		76	M30/1556	(M)4175	01:15:46	01:11:20	8.41	00:37:44 / 4719 [7.95]
4995	4372	FERENIEC Małgorzata	WARSZAWA		63	K40/127	(K)820	01:15:47	01:12:42	8.25	00:39:43 / 4935 [7.55]
4996	5184	GREWIŃSKA Katarzyna	KONSTANCIN-JEZIORNA		79	K30/288	(K)821	01:15:48	01:11:55	8.34	00:40:14 / 4977 [7.46]
4997	4415	ZAWODNIK DO UZUP					(M)4176	01:15:51	01:11:09	8.43	00:39:31 / 4917 [7.59]
4998	5091	GRYZIK Aneta	WARSZAWA		82	K20/288	(K)822	01:15:51	01:12:14	8.31	00:39:34 / 4920 [7.58]
4999	1821	PAJEWSKI Sławomir	WARSZAWA		55	M50/312	(M)4177	01:15:51	01:10:56	8.46	00:40:25 / 4988 [7.42]
5000	114	KOLSKI Krzysztof	WARSZAWA		80	M20/1092	(M)4178	01:15:52	01:09:56	8.58	00:42:32 / 5107 [7.05]
5001	115	DEJNEKO Robert	WARSZAWA		80	M20/1093	(M)4179	01:15:52	01:09:56	8.58	00:42:33 / 5109 [7.05]
5002	2496	ŁOSIAK JACEK	WARSZAWA		80	M20/1094	(M)4180	01:15:52	01:09:56	8.58	00:42:32 / 5108 [7.05]
5003	4210	KAZIMIERCZAK Marcin	WARSZAWA		77	M30/1557	(M)4181	01:15:58	01:10:10	8.55	00:40:47 / 5006 [7.36]
5004	4648	GRABOWSKI Radek	WARSZAWA	ART PROFI TEAM	74	M30/1558	(M)4182	01:16:03	01:13:35	8.15	00:41:03 / 5020 [7.31]
5005	4568	SAFIANOWSKA Aleksandra	WARSZAWA		58	K50/40	(K)823	01:16:04	01:11:21	8.41	00:40:28 / 4991 [7.41]
5006	722	ROSTKOWSKI Piotr	WARSZAWA	EKIPA MASUJĄCA :)	76	M30/1559	(M)4183	01:16:05	01:11:02	8.45	00:41:54 / 5073 [7.16]
5007	1752	KOKOSZKIEWICZ bożena	WARSZAWA		76	K30/289	(K)824	01:16:07	01:12:14	8.31	00:40:17 / 4983 [7.45]
5008	3030	DZIENNIKARZ vip			09		(M)4184	01:16:08	01:12:23	8.29	00:39:55 / 4952 [7.52]
5009	762	SKALSKI Grzegorz	OSTROWIEC ŚW		74	M30/1560	(M)4185	01:16:10	01:11:23	8.41	00:41:43 / 5065 [7.19]
5010	4012	LANKIEWICZ Kasia	WARSZAWA		75	K30/290	(K)825	01:16:14	01:15:28	7.95	00:37:20 / 4663 [8.04]
5011	2832	MARKIEWICZ Marek	WARSZAWA		79	M30/1561	(M)4186	01:16:16	01:10:34	8.50	00:43:36 / 5144 [6.88]
5012	2974	RATYŃSKI Krzysztof	ZĄBKI		76	M30/1562	(M)4187	01:16:16	01:11:30	8.39	00:40:30 / 4994 [7.41]
5013	1388	BOGUSZ Anna	WARSZAWA	ACTION	71	K30/291	(K)826	01:16:19	01:11:54	8.34	00:40:10 / 4974 [7.47]
5014	1462	BOGUSZ Jarosław	WARSZAWA		69	M40/683	(M)4188	01:16:19	01:11:18	8.42	00:39:19 / 4907 [7.63]
5015	132	KONDEJ Jerzy			09		(M)4189	01:16:20	01:10:56	8.46	00:39:18 / 4904 [7.63]
5016	4316	KRET Dominika	WARSZAWA		81	K20/289	(K)827	01:16:22	01:10:51	8.47	00:41:27 / 5049 [7.24]
5017	609	FUDAŁA Marek	WARSZAWA		81	M20/1095	(M)4190	01:16:23	01:10:49	8.47	00:42:21 / 5094 [7.08]
5018	610	FUDAŁA Marek	WARSZAWA		55	M50/313	(M)4191	01:16:23	01:10:49	8.47	00:42:22 / 5095 [7.08]
5019	5808	MIKOŁAJCZYK Magda	BIAŁA PODLASKA		94		(K)828	01:16:23	01:11:25	8.40	00:42:17 / 5092 [7.09]
5020	5807	MIKOŁAJCZYK Stanisław	BIAŁA PODLASKA		62	M40/684	(M)4192	01:16:23	01:11:25	8.40	00:42:17 / 5091 [7.09]
5021	4167	GMITRZAK Magdalena	WARSZAWA		85	K20/290	(K)829	01:16:25	01:13:37	8.15	00:43:16 / 5134 [6.93]
5022	2881	LEPECKA-CZAJKOWSKA Katarzyna	WARSZAWA		76	K30/292	(K)830	01:16:25	01:10:58	8.45	00:43:36 / 5145 [6.88]
5023	5095	ROMEJKO Monika	ŁOBEZ		81	K20/291	(K)831	01:16:27	01:14:31	8.05	00:38:48 / 4843 [7.73]
5024	2720	MIODUSZEWSKI Mariusz	ZĄBKI	10 WARSZAWSKI PULK SAMOCHODOWY	75	M30/1563	(M)4193	01:16:29	01:13:01	8.22	00:38:48 / 4844 [7.73]
5025	3242	BUTKIEWICZ Małgorzata	WARSZAWA		66	K40/128	(K)832	01:16:29	01:10:35	8.50	00:38:46 / 4839 [7.74]
5026	1845	MICHALIK wojciech			56	M50/314	(M)4194	01:16:30	01:13:01	8.22	00:38:50 / 4849 [7.73]
5027	6174	CZACHAROWSKI Bohdan	GRÓJEC	KB GALERIA WARSZAWA	41	M60/80	(M)4195	01:16:30	01:13:15	8.19	00:38:51 / 4851 [7.72]
5028	4063	KILIANEK BEATA	WARSZAWA		64	K40/129	(K)833	01:16:30	01:11:07	8.44	00:41:05 / 5025 [7.30]
5029	1450	CISEK Mirosław Tomasz	WARSZAWA	KB GALERIA WARSZAWA	72	M30/1564	(M)4196	01:16:31	01:13:04	8.21	00:38:50 / 4848 [7.73]
5030	4133	DRZEWIŃSKA Agnieszka	OŻARÓW MAZOWIECKI		81	K20/292	(K)834	01:16:33	01:11:03	8.44	00:40:55 / 5012 [7.33]
5031	4134	KOLASINSKI Barbara	WARSZAWA		78	K30/293	(K)835	01:16:34	01:11:04	8.44	00:40:55 / 5011 [7.33]
5032	598	TUCHARZ Grażyna	WARSZAWA		65	K40/130	(K)836	01:16:34	01:11:22	8.41	00:41:04 / 5024 [7.31]
5033	3482	MARCZAK Sławek	KARCZEW	69	M40/685	(M)4197	01:16:35	01:11:25	8.40	00:42:29 / 5104 [7.06]
5034	3289	NAGRODZKA Maria	WARSZAWA		75	K30/294	(K)837	01:16:35	01:11:42	8.37	00:41:07 / 5029 [7.30]
5035	3287	TROCEWICZ Zbigniew	WARSZAWA		50	M50/315	(M)4198	01:16:35	01:11:43	8.37	00:41:07 / 5030 [7.30]
5036	3169	KORSZUN Karolina	WARSZAWA		83	K20/293	(K)838	01:16:38	01:14:24	8.06	00:41:11 / 5032 [7.28]
5037	3001	JANOWICZ Andrzej	WARSZAWA	MSIT	41	M60/81	(M)4199	01:16:39	01:12:28	8.28	00:40:54 / 5010 [7.33]
5038	1203	WIŚNIEWSKA Aleksandra	WARSZAWA		94		(K)839	01:16:40	01:10:53	8.46	00:42:29 / 5105 [7.06]
5039	1202	WIŚNIEWSKI Andrzej	WARSZAWA		66	M40/686	(M)4200	01:16:41	01:10:55	8.46	00:42:29 / 5103 [7.06]
5040	5781	MANTORSKA kasia	WARSZAWA		63	K40/131	(K)840	01:16:42	01:15:23	7.96	00:39:08 / 4882 [7.67]
5041	530	MAJEWSKI Bartłomiej	WARSZAWA		93		(M)4201	01:16:44	01:11:57	8.34	00:38:52 / 4856 [7.72]
5042	2958	CYPEL Marta	SOCHACZEW	DRAGON FIGHT CLUB	76	K30/295	(K)841	01:16:44	01:11:54	8.34	00:40:33 / 4996 [7.40]
5043	2957	MIAŁKOS olga	SOCHACZEW	DRAGON FIGHT CLUB	88	K20/294	(K)842	01:16:44	01:11:54	8.34	00:40:33 / 4997 [7.40]
5044	2394	SŁOWIK Marzenna	PRUSZCZ GDAŃSKI		63	K40/132	(K)843	01:16:45	01:11:14	8.42	00:41:12 / 5034 [7.28]
5045	2395	SŁOWIK DARIUSZ	PRUSZCZ GDAŃSKI		61	M40/687	(M)4202	01:16:45	01:11:14	8.42	00:41:12 / 5033 [7.28]
5046	3783	KSIĘŻAK Jolanta	WARSZAWA		79	K30/296	(K)844	01:16:47	01:14:04	8.10	00:40:17 / 4984 [7.45]
5047	5973	RUDNICKI Tadeusz	WYSZKÓW		65	M40/688	(M)4203	01:16:47	01:15:00	8.00	00:37:03 / 4623 [8.10]
5048	1557	KĘDZIERSKI Paweł	WARSZAWA		57	M50/316	(M)4204	01:16:49	01:14:07	8.10	00:39:45 / 4939 [7.55]
5049	3781	KRZYKWA AGNIESZKA	LEGIONOWO		65	K40/133	(K)845	01:16:49	01:14:06	8.10	00:40:16 / 4982 [7.45]
5050	1257	KOWALCZYK Tomasz	WARSZAWA		68	M40/689	(M)4205	01:16:50	01:14:08	8.09	00:37:57 / 4750 [7.91]
5051	6642	SANCHECZ Sylwia			09		(M)4206	01:16:51	01:12:59	8.22	00:37:33 / 4693 [7.99]
5052	245	REMBELSKA Stefania	WARSZAWA		39	K70/1	(K)846	01:16:53	01:13:01	8.22	00:38:00 / 4758 [7.89]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
5053	5971	RUDNICKA Grażyna	WYSZKÓW		61	K40/134	(K)847	01:16:58	01:15:12	7.98	00:37:03 / 4621 [8.10]
5054	1817	GRZESZCZAK Henryk	WARSZAWA		50	M50/317	(M)4207	01:16:59	01:12:12	8.31	00:39:47 / 4942 [7.54]
5055	240	SOBOWIEC Mariusz	WARSZAWA		72	M30/1565	(M)4208	01:17:00	00:55:50	10.75	00:49:00 / 5215 [6.12]
5056	3071	PAWŁOWICZ (KULE) Robert	SUCHOWOLA	KOT WSC WERBKOWICE	79	M30/1566	(M)4209	01:17:01	01:11:09	8.43	00:41:37 / 5057 [7.21]
5057	495	PILIPCZUK Iwona	WARSZAWA		59	K50/41	(K)848	01:17:04	01:11:14	8.42	00:42:00 / 5081 [7.14]
5058	1293	TARNOWSKI Dominik	SKIERNIEWICE	FUNDACJA PROMETEUSZ	79	M30/1567	(M)4210	01:17:08	01:12:29	8.28	00:42:26 / 5100 [7.07]
5059	1930	KOŁODZIEJ Monika	WARSZAWA		81	K20/295	(K)849	01:17:12	01:13:53	8.12	00:40:00 / 4959 [7.50]
5060	1931	CISZEWSKA Małgorzata	WARSZAWA		78	K30/297	(K)850	01:17:12	01:13:53	8.12	00:40:00 / 4958 [7.50]
5061	1749	SMOGORZEWSKI sławomir	NIEPORĘT		67	M40/690	(M)4211	01:17:12	01:14:07	8.10	00:39:25 / 4911 [7.61]
5062	3048	KOWALSKI Tadeusz	WARSZAWA		34	M70/13	(M)4212	01:17:15	01:12:00	8.33	00:41:54 / 5072 [7.16]
5063	1404	LEWANDOWSKI Piotr	WARSZAWA	ACTION	81	M20/1096	(M)4213	01:17:26	01:15:18	7.97	00:41:28 / 5050 [7.23]
5064	581	GOŁĘBIEWSKA Katarzyna	WARSZAWA		84	K20/296	(K)851	01:17:27	01:12:54	8.23	00:40:05 / 4967 [7.48]
5065	3221	ZIÓŁEK Robert	WARSZAWA		65	M40/691	(M)4214	01:17:30	01:11:57	8.34	00:40:34 / 5001 [7.40]
5066	4576	TOMANEK Andrzej	WARSZAWA		52	M50/318	(M)4215	01:17:33	01:15:12	7.98	00:39:13 / 4892 [7.65]
5067	8	SPONSOR vip			09		(M)4216	01:17:34	01:13:49	8.13	00:39:56 / 4953 [7.51]
5068	6674	ZAWODNIK DO UZUP					(M)4217	01:17:34	01:12:23	8.29	00:41:19 / 5039 [7.26]
5069	5880	OSIPOWSKA Monika	GRABSZCZYŻNA		88	K20/297	(K)852	01:17:35	01:14:26	8.06	00:37:38 / 4706 [7.97]
5070	975	GRABOWSKI Krzysztof	WARSZAWA		84	M20/1097	(M)4218	01:17:36	01:11:59	8.34	00:40:58 / 5016 [7.32]
5071	5217	CHYZEWSKI Bartosz	WARSZAWA		75	M30/1568	(M)4219	01:17:39	01:13:54	8.12	00:42:27 / 5102 [7.07]
5072	2205	MŚCICHOWSKI Edmund	OSTRÓW MAZOWIECKA		53	M50/319	(M)4220	01:17:41	01:14:32	8.05	00:38:17 / 4796 [7.84]
5073	5193	LEMAŃSKA Magdalena	WARSZAWA		92		(K)853	01:17:43	01:11:40	8.37	00:41:13 / 5036 [7.28]
5074	2876	MAC Anna	WARSZAWA		84	K20/298	(K)854	01:17:43	01:15:40	7.93	00:39:26 / 4912 [7.61]
5075	3567	PADUCH Grzegorz	WARSZAWA		80	M20/1098	(M)4221	01:17:43	01:13:22	8.18	00:41:20 / 5041 [7.26]
5076	3573	WÓJCİK karolina	WARSZAWA		82	K20/299	(K)855	01:17:43	01:13:22	8.18	00:41:25 / 5044 [7.24]
5077	3574	BOJKO filip	WARSZAWA		79	M30/1569	(M)4222	01:17:43	01:13:22	8.18	00:41:24 / 5042 [7.25]
5078	3918	KRZYŻANOWSKI Jan	WARSZAWA		78	M30/1570	(M)4223	01:17:49	01:13:05	8.21	00:41:37 / 5058 [7.21]
5079	3195	DROSIO KATARZYNA	WARSZAWA		81	K20/300	(K)856	01:17:49	01:13:05	8.21	00:41:42 / 5064 [7.19]
5080	5545	GROLEWSKA Sara	POZNAŃ	ECONS.PL	87	K20/301	(K)857	01:17:52	01:13:15	8.19	00:41:03 / 5023 [7.31]
5081	3962	SAWICKI Bartosz	WARSZAWA		97		(M)4224	01:17:54	01:15:26	7.95	00:41:02 / 5019 [7.31]
5082	5995	SŁOTA Aneta	PIASECZNO	ECONS.PL	68	K40/135	(K)858	01:17:54	01:13:17	8.19	00:41:03 / 5021 [7.31]
5083	5983	SŁOTA Artur	PIASECZNO	ECONS.PL	65	M40/692	(M)4225	01:17:54	01:13:17	8.19	00:41:03 / 5022 [7.31]
5084	4596	ANTOSIEWICZ Piotr	WARSZAWA		72	M30/1571	(M)4226	01:17:57	01:12:06	8.32	00:41:26 / 5046 [7.24]
5085	4609	ANTOSIEWICZ Zuzanna	WARSZAWA		98		(K)859	01:17:57	01:12:05	8.32	00:41:27 / 5047 [7.24]
5086	4489	BOMBAŁA Maria	WARSZAWA		94		(K)860	01:18:04	01:15:09	7.98	
5087	4490	BOMBAŁA Wojciech	WARSZAWA		66	M40/693	(M)4227	01:18:10	01:15:15	7.97	00:40:31 / 4995 [7.40]
5088	4454	ZALEWSKA Kinga	WARSZAWA		76	K30/298	(K)861	01:18:13	01:16:18	7.86	00:39:51 / 4948 [7.53]
5089	3250	FIJALKOWSKI Michał	KIELCE		78	M30/1572	(M)4228	01:18:16	01:13:18	8.19	00:42:11 / 5088 [7.11]
5090	2219	ZAGUN Katarzyna	WARSZAWA		75	K30/299	(K)862	01:18:19	01:15:23	7.96	00:40:28 / 4990 [7.41]
5091	4873	POLITOWICZ Krzysztof	CZECZOTKI		69	M40/694	(M)4229	01:18:21	01:14:16	8.08	00:39:43 / 4937 [7.55]
5092	4872	JÓŹWIAK Agnieszka	CZECZOTKI		71	K30/300	(K)863	01:18:22	01:14:17	8.08	00:39:44 / 4938 [7.55]
5093	1721	NIEDŹWIEDZKA Joanna	WARSZAWA	ŚCIEŻKA BIEGOWA PARK LEŚNY BRÓDNO	58	K50/42	(K)864	01:18:25	01:13:22	8.18	00:42:34 / 5110 [7.05]
5094	6060	SZAFRAN Beata	MSZCZONÓW		77	K30/301	(K)865	01:18:35	01:13:15	8.19	00:41:19 / 5040 [7.26]
5095	408	BUCIAK lukasz	NOWY DWÓR		76	M30/1573	(M)4230	01:18:37	01:16:46	7.82	
5096	109	GOLACHOWSKA Ewa	WARSZAWA		67	K40/136	(K)866	01:18:37	01:13:01	8.22	00:42:06 / 5085 [7.13]
5097	2396	DZIADURA MICHAŁ	PRUSZCZ GDAŃSKI		85	M20/1099	(M)4231	01:18:48	01:13:17	8.19	00:41:32 / 5052 [7.22]
5098	2393	SŁOWIK EWELINA	PRUSZCZ GDAŃSKI		85	K20/302	(K)867	01:18:48	01:13:17	8.19	00:41:32 / 5051 [7.22]
5099	5806	MIKOŁAJCZYK Dorota	BIAŁA PODLASKA		62	K40/137	(K)868	01:19:10	01:14:12	8.09	00:42:20 / 5093 [7.09]
5100	5802	MICHALSKI Andrzej	KOZIENICE		72	M30/1574	(M)4232	01:19:17	01:17:30	7.74	00:38:35 / 4820 [7.78]
5101	5963	RESPONDOWSKI Krzysztof	KONSTANCIN-JEZIORNA		65	M40/695	(M)4233	01:19:18	01:17:32	7.74	00:38:34 / 4819 [7.78]
5102	751	PIWOWARSKI Piotr	WARSZAWA		62	M40/696	(M)4234	01:19:21	01:17:09	7.78	00:40:30 / 4992 [7.41]
5103	1940	OSTROWSKA Patrycja	WARSZAWA		77	K30/302	(K)869	01:19:21	01:17:14	7.77	00:39:42 / 4933 [7.56]
5104	367	BORZYM Lech	WARSZAWA		45	M60/82	(M)4235	01:19:22	01:17:11	7.77	00:40:30 / 4993 [7.41]
5105	1942	OSTROWSKI Daniel	WARSZAWA		75	M30/1575	(M)4236	01:19:22	01:17:14	7.77	00:39:42 / 4932 [7.56]
5106	4696	ZIELIŃSKI Tomasz	WARSZAWA		57	M50/320	(M)4237	01:19:29	01:15:52	7.91	00:39:34 / 4919 [7.58]
5107	5143	STOLARSKA Joanna	WARSZAWA	HGR BEMOWO	86	K20/303	(K)870	01:19:30	01:17:45	7.72	00:39:29 / 4916 [7.60]
5108	1636	PIĄTEK andrzej	WARSZAWA		46	M60/83	(M)4238	01:19:34	01:16:17	7.87	00:39:54 / 4951 [7.52]
5109	6632	KRASNODĘBSKA Dorota	WARSZAWA		74	K30/303	(K)871	01:19:36	01:13:30	8.16	00:44:40 / 5167 [6.72]
5110	3572	KOZDRÓJ Rafał	WARSZAWA		95		(M)4239	01:19:42	01:14:07	8.10	00:41:57 / 5078 [7.15]
5111	1124	SZARECKA Marta	WARSZAWA	POLSKA BIEGA	93		(K)872	01:19:42	01:14:23	8.07	00:41:35 / 5055 [7.21]
5112	3276	ROMANOWSKI Leon	WARSZAWA		46	M60/84	(M)4240	01:19:48	01:16:09	7.88	00:42:14 / 5090 [7.10]
5113	4593	SZULIM Marek	WARSZAWA WESOŁA		74	M30/1576	(M)4241	01:19:48	01:15:14	7.98	00:42:26 / 5099 [7.07]
5114	4594	SZULIM Katarzyna	SULEJÓWEK		74	K30/304	(K)873	01:19:48	01:14:09	8.09	00:42:26 / 5101 [7.07]
5115	1670	JĘDRZEJEWSKA EWA	MARKI		57	K50/43	(K)874	01:20:03	01:14:17	8.08	00:41:57 / 5077 [7.15]
5116	1672	JĘDRZEJEWSKI Dariusz	MARKI	BIEGAM DLA ŻONY !!!!	81	M20/1100	(M)4242	01:20:03	01:14:17	8.08	00:41:56 / 5076 [7.15]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
5117	1368	CIARA Przemysław	WARSZAWA	ACTION	77	M30/1577	(M)4243	01:20:04	01:15:30	7.95	00:42:41 / 5117 [7.03]
5118	4893	ARCISZEWSKA Marta	WARSZAWA		78	K30/305	(K)875	01:20:10	01:14:54	8.01	00:41:55 / 5075 [7.16]
5119	4894	KRZYMOWSKI Marek	WARSZAWA		72	M30/1578	(M)4244	01:20:11	01:14:55	8.01	00:41:55 / 5074 [7.16]
5120	4062	ZACKIEWICZ Urszula	WARSZAWA		65	K40/138	(K)876	01:20:11	01:14:48	8.02	00:43:50 / 5150 [6.84]
5121	738	BARTKOWIAK Karolina	NADARZYN		87	K20/304	(K)877	01:20:13	01:15:07	7.99	00:42:24 / 5097 [7.08]
5122	4318	ŻUCHOWSKI Paweł	WARSZAWA		80	M20/1101	(M)4245	01:20:16	01:18:02	7.69	00:41:11 / 5031 [7.28]
5123	3675	BAJER Magdalena	WARSZAWA	URSUS	80	M20/1102	(M)4246	01:20:16	01:16:11	7.88	00:40:42 / 5004 [7.37]
5124	1423	WERTEL Paweł	WARSZAWA	ACTION	62	M40/697	(M)4247	01:20:16	01:17:45	7.72	00:39:48 / 4947 [7.54]
5125	3676	BAK Dagmara	WARSZAWA	URSUS	85	M20/1103	(M)4248	01:20:16	01:16:10	7.88	00:40:42 / 5003 [7.37]
5126	1602	HORDYJ-LEPLE Joanna	OPACZ-KOLONIA	KLUB BIEGACZA.PL	73	K30/306	(K)878	01:20:17	01:18:19	7.66	00:40:01 / 4961 [7.50]
5127	740	BARTKOWIAK Henryk	PIASECZNO		46	M60/85	(M)4249	01:20:21	01:15:13	7.98	00:42:24 / 5098 [7.08]
5128	889	RAWSKI Konrad	WARSZAWA		97	(M)4250	(M)4250	01:20:25	01:15:19	7.97	00:42:05 / 5084 [7.13]
5129	890	RAWSKI Mirosław	WARSZAWA		61	M40/698	(M)4251	01:20:25	01:15:19	7.97	00:42:05 / 5083 [7.13]
5130	2416	STANKIEWICZ Jan	WARSZAWA		66	M40/699	(M)4252	01:20:35	01:16:37	7.83	00:39:57 / 4954 [7.51]
5131	4449	BLĄŻEJCZYK Jacek	WARSZAWA		66	M40/700	(M)4253	01:20:48	01:18:08	7.68	00:41:02 / 5018 [7.31]
5132	1015	BEDNARSKA Katarzyna	WARSZAWA	DE LAGE LANDEN	85	K20/305	(K)879	01:20:50	01:18:27	7.65	00:39:11 / 4885 [7.66]
5133	5231	KMIECIŃSKA Iwona	WARSZAWA		77	K30/307	(K)880	01:20:55	01:15:05	7.99	00:43:41 / 5147 [6.87]
5134	2233	BEIM Lidia	WARSZAWA		48	K60/6	(K)881	01:21:18	01:15:17	7.97	00:43:30 / 5142 [6.90]
5135	1815	GADOMSKI Robert	WARSZAWA		72	M30/1579	(M)4254	01:21:18	01:15:24	7.96	00:43:29 / 5141 [6.90]
5136	3559	BIELECKA Karolina	SIEDLCE		84	K20/306	(K)882	01:21:19	01:16:50	7.81	00:41:27 / 5048 [7.24]
5137	5221	WOJTACZKA Kasandra	WARSZAWA		74	K30/308	(K)883	01:21:25	01:17:05	7.78	00:43:09 / 5127 [6.95]
5138	5222	WOJTACZKA Michał	WARSZAWA		74	M30/1580	(M)4255	01:21:26	01:17:07	7.78	00:43:09 / 5128 [6.95]
5139	5214	SUCHOŃSKA Małgorzata	BRZEZINY		79	K30/309	(K)884	01:21:27	01:16:14	7.87	00:42:12 / 5089 [7.11]
5140	3064	ROSA Helena	WOŁOMIN	ENTRE.PL	35	K70/2	(K)885	01:21:29	01:17:00	7.79	00:44:27 / 5163 [6.75]
5141	1173	PIWNICKA MAGDALENA	POMIECHÓWEK		88	K20/307	(K)886	01:21:29	01:15:37	7.93	00:42:59 / 5126 [6.98]
5142	99	AWDZIEJCZYK Ewa			09	(M)4256	(M)4256	01:21:38	01:18:25	7.65	00:42:58 / 5124 [6.98]
5143	95	TANBOULI-JABŁOŃSKA Iwona			09	(M)4257	(M)4257	01:21:38	01:18:24	7.65	00:42:58 / 5125 [6.98]
5144	258	TOMICKA Elzbieta	WARSZAWA		37	K70/3	(K)887	01:21:53	01:18:59	7.60	00:43:33 / 5143 [6.89]
5145	5180	KOWALCZUK Paweł	WARSZAWA		83	M20/1104	(M)4258	01:21:56	01:18:02	7.69	00:41:44 / 5068 [7.19]
5146	2767	ZALEWSKA Barbara	WARSZAWA		53	K50/44	(K)888	01:21:59	01:20:06	7.49	00:40:26 / 4989 [7.42]
5147	3762	STANKIEWICZ Katarzyna	WARSZAWA		84	K20/308	(K)889	01:21:59	01:16:31	7.84	00:44:10 / 5157 [6.79]
5148	3637	ZAJĄC Jakub	WARSZAWA		78	M30/1581	(M)4259	01:22:05	01:16:55	7.80	00:45:11 / 5180 [6.64]
5149	137	KAZIMIERSKI Maciej	WARSZAWA		71	M30/1582	(M)4260	01:22:11	01:16:46	7.82	00:43:44 / 5149 [6.86]
5150	3569	KOZDRÓJ Katarzyna	WARSZAWA		70	K30/310	(K)890	01:22:13	01:16:38	7.83	00:44:28 / 5164 [6.75]
5151	3628	KOSSAKOWSKI Zbigniew	WARSZAWA	NIE	74	M30/1583	(M)4261	01:22:17	01:19:57	7.50	00:41:12 / 5035 [7.28]
5152	978	SICIŃSKA Izabela	WARSZAWA		84	K20/309	(K)891	01:22:18	01:17:45	7.72	00:44:10 / 5156 [6.79]
5153	977	LENKIEWICZ Marek	WARSZAWA		84	M20/1105	(M)4262	01:22:21	01:17:50	7.71	00:44:09 / 5155 [6.80]
5154	5568	HADROWICZ paweł	PŁOCK	NIE	59	M50/321	(M)4263	01:22:21	01:17:02	7.79	00:44:19 / 5161 [6.77]
5155	4250	DROBIK Marcin	WARSZAWA		87	M20/1106	(M)4264	01:22:23	01:17:10	7.78	00:44:49 / 5169 [6.69]
5156	4249	KOCOŃ Rafał	WARSZAWA		84	M20/1107	(M)4265	01:22:23	01:17:10	7.78	00:44:49 / 5170 [6.69]
5157	4938	KARPIŃSKA Agnieszka	WARSZAWA		79	K30/311	(K)892	01:22:45	01:17:54	7.70	00:43:13 / 5130 [6.94]
5158	4939	SIARKIEWICZ Małgorzata	WARSZAWA		80	K20/310	(K)893	01:22:46	01:17:55	7.70	00:43:13 / 5129 [6.94]
5159	247	MICHALIK Jan	WARSZAWA		41	M60/86	(M)4266	01:22:48	01:18:06	7.68	00:44:14 / 5158 [6.78]
5160	501	CZUPTA Hieronim	WARSZAWA	AON WARSZAWA	74	M30/1584	(M)4267	01:22:52	01:17:09	7.78	00:48:26 / 5214 [6.19]
5161	3183	LUBAŃSKA elzbieta	WARSZAWA	MALWA TEAM SPORT	73	K30/312	(K)894	01:22:53	01:15:06	7.99	00:46:03 / 5192 [6.51]
5162	6211	WASILEWSKI Łukasz	WARSZAWA		00	(M)4268	(M)4268	01:22:54	01:18:28	7.65	00:42:38 / 5112 [7.04]
5163	4516	ŚWIERCZYŃSKA Dominika	WARSZAWA		93	(K)895	(K)895	01:22:54	01:18:25	7.65	00:43:25 / 5138 [6.91]
5164	131	CZAJKA Elzbieta	WARSZAWA		61	K40/139	(K)896	01:22:56	01:22:53	7.24	00:41:47 / 5069 [7.18]
5165	4747	ŁABANOWSKA Katarzyna	WARSZAWA		79	K30/313	(K)897	01:23:01	01:17:34	7.74	00:44:33 / 5166 [6.73]
5166	4251	MARKOWSKI Adam	WARSZAWA		84	M20/1108	(M)4269	01:23:20	01:17:28	7.75	00:44:49 / 5171 [6.69]
5167	2116	SOWIŃSKA Stefania	WARSZAWA		57	K50/45	(K)898	01:23:21	01:19:20	7.56	00:44:15 / 5159 [6.78]
5168	6021	SOBCZAK Iwona	WARSZAWA	ITI ADVENTURE TEAM	84	K20/311	(K)899	01:23:24	01:20:16	7.48	00:42:46 / 5119 [7.01]
5169	957	SOROKA Radosław	NIEPORĘT		89	M20/1109	(M)4270	01:23:29	01:22:12	7.30	00:39:06 / 4879 [7.67]
5170	3144	JAKÓBOWSKI Jacek	WARSZAWA		70	M30/1585	(M)4271	01:23:33	01:17:46	7.72	00:44:45 / 5168 [6.70]
5171	2733	DOŁOWY Inga	WARSZAWA		81	K20/312	(K)900	01:23:34	01:18:01	7.69	00:45:38 / 5185 [6.57]
5172	343	PRAGA Anna	WARSZAWA	ANNAPRAGA@O2.PL	56	K50/46	(K)901	01:23:35	01:17:36	7.73	00:44:31 / 5165 [6.74]
5173	2732	ANTONIAK Marcin	WARSZAWA		78	M30/1586	(M)4272	01:23:36	01:18:03	7.69	00:45:38 / 5186 [6.57]
5174	1394	DANYŁO Aneta	WARSZAWA	ACTION	79	K30/314	(K)902	01:23:36	01:18:51	7.61	00:45:00 / 5175 [6.67]
5175	511	MAREK Henryk	WARSZAWA		47	M60/87	(M)4273	01:23:39	01:19:33	7.54	
5176	234	KARAS Aleksandra		CROSS	09	(M)4274	(M)4274	01:23:41	01:20:04	7.49	00:42:52 / 5122 [7.00]
5177	2096	KOWALIK Weronika Ewa	WARSZAWA		79	K30/315	(K)903	01:23:43	01:19:37	7.54	00:43:25 / 5137 [6.91]
5178	217	DĄBROWSKI Maciej		CROSS	09	(M)4275	(M)4275	01:23:44	01:20:06	7.49	00:42:52 / 5123 [7.00]
5179	3494	MICHALSKI Damian	RADZYMIN-SŁUPNO		95	(M)4276	(M)4276	01:23:58	01:18:33	7.64	
5180	1432	LASKOWSKI Andrzej	WARSZAWA	ACTION	76	M30/1587	(M)4277	01:24:10	01:22:02	7.31	00:42:40 / 5114 [7.03]
5181	3766	PROBULSKI Marek	WARSZAWA		94	(M)4278	(M)4278	01:24:17	01:19:44	7.53	00:43:40 / 5146 [6.87]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
5182	1435	TULICKI Andrzej	WARSZAWA	ACTION	74	M30/1588	(M)4279	01:24:19	01:22:12	7.30	00:42:39 / 5113 [7.03]
5183	2677	MADEJSKI Jerzy Karol	RADOM		42	M60/88	(M)4280	01:24:24	01:18:40	7.63	00:46:11 / 5198 [6.50]
5184	3765	PROBULSKA Urszula	WARSZAWA		71	M30/1589	(M)4281	01:24:43	01:20:10	7.48	00:43:42 / 5148 [6.86]
5185	3973	WAGNER Grażyna	OŻARÓW MAZOWIECKI	OŚ. FLORIANA	54	K50/47	(K)904	01:24:52	01:23:33	7.18	00:41:41 / 5063 [7.20]
5186	2183	JESIONA Bogumiła	WARSZAWA-WESOLA		72	K30/316	(K)905	01:24:54	01:23:02	7.23	00:44:00 / 5153 [6.82]
5187	2182	JASIONA Karol	WARSZAWA-WESOLA		93		(M)4282	01:24:54	01:23:02	7.23	00:44:00 / 5152 [6.82]
5188	4174	DARMETKO Teresa	ŁOMŻA		81	K20/313	(K)906	01:25:00	01:19:21	7.56	00:45:12 / 5181 [6.64]
5189	2401	MIKA Dorota	WARSZAWA		72	K30/317	(K)907	01:25:06	01:22:18	7.29	00:43:13 / 5131 [6.94]
5190	2400	MIKA Artur	WARSZAWA		71	M30/1590	(M)4283	01:25:06	01:22:18	7.29	00:42:31 / 5106 [7.06]
5191	6928	KOZAK Bartosz	WARSZAWA	MKS POLONIA	98		(M)4284	01:25:06	01:22:18	7.29	00:43:13 / 5132 [6.94]
5192	6927	KOZAK Beata	WARSZAWA		73	K30/318	(K)908	01:25:07	01:22:19	7.29	00:43:14 / 5133 [6.94]
5193	1374	POKOS Łukasz	WARSZAWA	ACTION	82	M20/1110	(M)4285	01:25:11	01:20:36	7.44	00:45:56 / 5191 [6.53]
5194	1621	CHUDECKA anna	OSTRÓW MZOWIECKI		89	K20/314	(K)909	01:25:21	01:20:26	7.46	00:45:00 / 5173 [6.67]
5195	1620	SKŁODOWSKI radostaw	ZARĘBY KOŚCIELNE		87	M20/1111	(M)4286	01:25:22	01:20:27	7.46	00:45:00 / 5174 [6.67]
5196	2322	ZUBCZYŃSKA Izabela	WARSZAWA		52	K50/48	(K)910	01:25:27	01:20:32	7.45	00:43:56 / 5151 [6.83]
5197	5485	FELKEL sebastian	PIASTÓW		85	M20/1112	(M)4287	01:25:33	01:20:27	7.46	00:45:07 / 5179 [6.65]
5198	4610	JABŁONOWSKA Kasia	WARSZAWA		87	K20/315	(K)911	01:25:35	01:21:32	7.36	00:43:27 / 5139 [6.90]
5199	4601	GŁODOWSKI Adam	WARSZAWA		85	M20/1113	(M)4288	01:25:35	01:21:32	7.36	00:43:27 / 5140 [6.90]
5200	1920	UKLEJSKA Malgorzata	DEBINA		58	K50/49	(K)912	01:25:40	01:20:11	7.48	00:44:17 / 5160 [6.77]
5201	4211	ZIEMKIEWICZ Bogusława	WARSZAWA		71	K30/319	(K)913	01:25:44	01:19:56	7.51	00:45:12 / 5182 [6.64]
5202	6064	SZCZĘSNA Agnieszka	WOŁOMIN		68	K40/140	(K)914	01:25:45	01:20:58	7.41	00:45:28 / 5184 [6.60]
5203	6588	STĘPIEŃ Izabela	WOŁOMIN		80	K20/316	(K)915	01:25:45	01:20:58	7.41	00:45:27 / 5183 [6.60]
5204	972	CZUBAKOWSKI Sławomir	WARSZAWA		64	M40/701	(M)4289	01:26:00	01:24:25	7.11	00:42:40 / 5116 [7.03]
5205	971	GADZAŁA Katarzyna	WARSZAWA		88	K20/317	(K)916	01:26:00	01:24:26	7.11	00:42:40 / 5115 [7.03]
5206	931	SKOLIMOWSKA Jagoda	SIEDLCE		89	K20/318	(K)917	01:26:02	01:19:58	7.50	00:42:41 / 5118 [7.03]
5207	461	DUBIEL Anna	WARSZAWA		74	K30/320	(K)918	01:26:02	01:25:04	7.05	00:42:04 / 5082 [7.13]
5208	191	MAJ Sławomir	WARSZAWA		35	M70/14	(M)4290	01:26:06	01:19:56	7.51	00:47:13 / 5207 [6.35]
5209	94	LITOROWICZ-SIEGERT Agnieszka			09		(M)4291	01:26:15	01:23:01	7.23	00:44:09 / 5154 [6.80]
5210	6888	SIMIŃSKA Izabela	WARSZAWA		71	K30/321	(K)919	01:26:21	01:21:49	7.33	00:45:06 / 5178 [6.65]
5211	459	GWARA Elżbieta	WARSZAWA		58	K50/50	(K)920	01:26:24	01:25:20	7.03	00:40:59 / 5017 [7.32]
5212	3558	KRYSIŃSKA Anna	WARSZAWA		61	K40/141	(K)921	01:26:30	01:21:12	7.39	00:41:59 / 5080 [7.15]
5213	2232	STELMACH Tomasz	WARSZAWA		76	M30/1591	(M)4292	01:26:30	01:20:27	7.46	00:47:20 / 5211 [6.34]
5214	2234	GÓRA Marta	WARSZAWA		97		(K)922	01:26:30	01:20:27	7.46	00:47:20 / 5210 [6.34]
5215	4493	HALGAS Jan	WARSZAWA		53	M50/322	(M)4293	01:26:33	01:26:21	6.95	
5216	3566	SELIGA Grażyna			54	K50/51	(K)923	01:26:43	01:21:24	7.37	00:45:42 / 5188 [6.56]
5217	3565	WNOROWSKI Krzysztof	WARSZAWA		52	M50/323	(M)4294	01:26:43	01:21:25	7.37	00:45:41 / 5187 [6.57]
5218	4815	NOWAKOWSKA Joanna	WARSZAWA		79	K30/322	(K)924	01:26:44	01:22:46	7.25	00:45:04 / 5177 [6.66]
5219	4813	NOWAKOWSKI Wojtek	WARSZAWA		85	M20/1114	(M)4295	01:26:44	01:22:46	7.25	00:45:03 / 5176 [6.66]
5220	6342	WROŃSKA Dorota	WARSZAWA	-	69	K40/142	(K)925	01:26:53	01:21:02	7.40	00:46:04 / 5194 [6.51]
5221	6673	ZAWODNIK DO UZUP					(M)4296	01:27:35	01:24:34	7.09	00:46:07 / 5195 [6.51]
5222	6893	LUBAŃSKI piotr junior	WARSZAWA	MALWA TEAM SPORT	00		(M)4297	01:27:45	01:20:02	7.50	00:43:24 / 5136 [6.91]
5223	6892	JANKOWSKA Eliza	WARSZAWA		99		(K)926	01:27:46	01:20:01	7.50	00:46:04 / 5193 [6.51]
5224	1410	PADŁO Łukasz	WARSZAWA	ACTION	84	M20/1115	(M)4298	01:27:47	01:23:02	7.23	00:45:49 / 5190 [6.55]
5225	5173	OSOJCA Tomasz	WARSZAWA		79	M30/1592	(M)4299	01:27:57	01:22:38	7.26	00:47:15 / 5209 [6.35]
5226	5172	GROMULSKA-OSOJCA Barbara	WARSZAWA		78	K30/323	(K)927	01:27:58	01:22:40	7.26	00:47:14 / 5208 [6.35]
5227	1604	SOBIERAJSKA Aleksandra	WARSZAWA	KLUBBIEGACZA.PL	80	K20/319	(K)928	01:28:09	01:22:33	7.27	00:47:04 / 5203 [6.37]
5228	1605	CIRÓG Ewa	NOSALIN	KLUBBIEGACZA.PL	54	K50/52	(K)929	01:28:09	01:22:33	7.27	00:47:04 / 5204 [6.37]
5229	1415	SOBOTA Agnieszka	WARSZAWA	ACTION	80	K20/320	(K)930	01:28:19	01:23:34	7.18	00:45:49 / 5189 [6.55]
5230	2315	TLAŁKA Mikołaj	WARSZAWA		96		(M)4300	01:28:34	01:22:55	7.24	00:46:08 / 5196 [6.50]
5231	2314	TLAŁKA Mariusz	WARSZAWA		70	M30/1593	(M)4301	01:28:35	01:22:56	7.23	00:46:09 / 5197 [6.50]
5232	2909	SIERADZKA Edyta	WARSZAWA		85	K20/321	(K)931	01:28:45	01:25:45	7.00	00:42:36 / 5111 [7.04]
5233	1943	GARDAS Marcin	WARSZAWA		77	M30/1594	(M)4302	01:29:16	01:27:10	6.88	00:44:22 / 5162 [6.76]
5234	2072	LEKSYZCKA Magda	WARSZAWA		93		(K)932	01:29:30	01:27:49	6.83	00:46:39 / 5201 [6.43]
5235	2073	LELONKIEWICZ Anna	WARSZAWA		93		(K)933	01:29:30	01:27:49	6.83	00:46:39 / 5202 [6.43]
5236	2900	KĘPCZYŃSKI Janusz	OŻARÓW MAZOWIECKI		49	M60/89	(M)4303	01:29:41	01:23:46	7.16	00:47:10 / 5206 [6.36]
5237	1698	CENDROWSKI Jerzy	WARSZAWA		30	M70/15	(M)4304	01:30:32	01:28:55	6.75	00:44:56 / 5172 [6.68]
5238	2245	CZUB Jan	WARSZAWA		45	M60/90	(M)4305	01:30:56	01:26:18	6.95	00:46:36 / 5200 [6.44]
5239	3933	RACZYŃSKA Dorota	ZIELONKA		78	K30/324	(K)934	01:32:12	01:28:16	6.80	00:46:23 / 5199 [6.47]
5240	1935	TROCZYŃSKA-POPENDA Beata	WARSZAWA		66	K40/143	(K)935	01:34:55	01:30:34	6.62	00:47:52 / 5213 [6.27]
5241	512	FRYDRYCH Bożena	WARSZAWA		57	K50/53	(K)936	01:34:56	01:30:35	6.62	00:47:07 / 5205 [6.37]
5242	1946	NACHULEWICZ Joanna	WARSZAWA		63	K40/144	(K)937	01:35:24	01:29:53	6.68	00:50:27 / 5219 [5.95]
5243	3040	BAJOREK Cezary			09		(M)4306	01:36:16	01:36:11	6.24	00:49:05 / 5217 [6.11]
5244	3009	BAJOREK Jacek			09		(M)4307	01:36:16	01:36:12	6.24	00:49:05 / 5216 [6.11]
5245	4252	JAKUBOWSKA Joanna	WARSZAWA		85	K20/322	(K)938	01:36:38	01:30:46	6.61	00:50:47 / 5225 [5.91]
5246	2028	KAMIŃSKA Maria	NOWY DWÓR		74	K30/325	(K)939	01:36:38	01:29:58	6.67	00:50:47 / 5224 [5.91]



Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Wynik Time	Wynik Netto	[km/h]	5km
5247	4474	PAŚNICKA Ewelina	STARA WIEŚ		85	K20/323	(K)940	01:37:05	01:31:24	6.56	00:50:46 / 5221 [5.91]
5248	1750	SMOGORZEWSKA anna	NIEPORĘT		71	K30/326	(K)941	01:37:29	01:34:25	6.35	00:50:46 / 5222 [5.91]
5249	1096	CZECHOWSKI Jerzy	WARSZAWA		49	M60/91	(M)4308	01:37:30	01:31:33	6.55	00:50:46 / 5223 [5.91]
5250	83	NIEDŹWIECKI Jan			09		(M)4309	01:37:56	01:37:36	6.15	00:50:04 / 5218 [5.99]
5251	6952	JARZĄBEK Beata	KOMORÓW	BRAK	71	K30/327	(K)942	01:39:17	01:33:40	6.41	00:52:08 / 5226 [5.75]
5252	872	CHLEBICKA Elżbieta	KOMORÓW		63	K40/145	(K)943	01:39:18	01:33:41	6.40	00:52:09 / 5227 [5.75]
5253	6157	BORATYŃSKA Pola	WARSZAWA		91		(K)944	01:39:40	01:33:31	6.42	00:47:23 / 5212 [6.33]
5254	186	BŁASZCZAK Zbigniew	WARSZAWA	WHITE RAVEN WARSZAWA	34	M70/16	(M)4310	01:39:44	01:38:01	6.12	00:50:34 / 5220 [5.93]

