

OGÓLNOPOSLSKI BIEG NIEPODLEGŁOŚCI "GÓRA-2009 ROK"

| mc | mck | kat. | nr | imię | nazwisko | pleć | rok | mijscowosc | team | czas |
|----|-----|------|-----|------------|---------------|------|-------|---------------------|--------------------------------|-------------|
| 1 | 1 | M20 | 54 | Arkadiusz | Gardzielewski | M | .1986 | Rzeżęcin | WKS Śląsk | 00:30:22.10 |
| 2 | 2 | M20 | 174 | Sieriy | Okseniuvk | M | .1980 | Ukraine | DINAMO | 00:30:40.65 |
| 3 | 1 | M30 | 150 | Dimitry | Dubovski | M | .1974 | Białoruś | Białoruś | 00:31:05.20 |
| 4 | 3 | M20 | 45 | Marcin | Zagórny | M | .1988 | Radnica | Radnica Team | 00:31:42.69 |
| 5 | 4 | M20 | 58 | Kamil | Kędzierski | M | .1989 | Nysa | AZS-AWF Wrocław | 00:32:12.01 |
| 6 | 1 | M40 | 110 | Andrzej | Krzyścin | M | .1967 | Gniezno | Altom Gniezno | 00:32:43.73 |
| 7 | 2 | M30 | 117 | Sebastian | Boncler | M | .1973 | Poznań | KB Maniac Poznań | 00:33:43.08 |
| 8 | 3 | M30 | 69 | Jacek | Ryszewski | M | .1970 | Nysa | Nysa Biega | 00:33:49.45 |
| 9 | 4 | M30 | 118 | Tomasz | Wiatr | M | .1974 | Poznań | Maniac Poznań | 00:34:25.90 |
| 10 | 1 | K20 | 56 | Agnieszka | Ciołek | K | .1985 | Wrocław | AZS-AWF Wrocław | 00:34:35.50 |
| 11 | 5 | M20 | 128 | Marcin | Ławicki | M | .1986 | Lubin | RD Team | 00:34:36.12 |
| 12 | 1 | K40 | 153 | Małgorzata | Sobańska | K | .1969 | Korfantów | MGOSIR KORFANTÓW | 00:34:41.14 |
| 13 | 5 | M30 | 44 | Rafał | Czarnojańczyk | M | .1975 | Ostrów Wielkopolski | KS Maraton Ostrów Wielkopolski | 00:34:45.49 |
| 14 | 2 | M40 | 124 | Józef | Nadolny | M | .1961 | Głogów | - | 00:35:23.28 |
| 15 | 6 | M30 | 112 | Tomasz | Szajda | M | .1979 | Gniezno | Altom Gniezno | 00:35:25.75 |
| 16 | 6 | M20 | 93 | Piotr | Karolczak | M | .1982 | Poznań | Daremnny Trud | 00:35:32.08 |
| 17 | 7 | M20 | 156 | Marcin | Wikowski | M | .1985 | Krotoszyn | - | 00:35:43.73 |
| 18 | 2 | K40 | 173 | Alena | Makolova | K | .1968 | Belarus | OLIMP | 00:35:53.90 |
| 19 | 1 | M50 | 162 | Andrzej | Świątek | M | .1959 | Leszno | Drużyna Szpiku | 00:35:59.47 |
| 20 | 3 | M40 | 53 | Krzysztof | Kasprzak | M | .1968 | Kobierno | KS Krotosz Krotoszyn | 00:35:59.67 |
| 21 | 7 | M30 | 48 | Robert | Domagała | M | .1970 | Krotoszyn | KS Krotosz Krotoszyn | 00:36:08.71 |
| 22 | 8 | M30 | 208 | Paweł | Bajran | M | .1979 | Nowa Sól | Spoceni Nowa Sól | 00:36:24.16 |
| 23 | 9 | M30 | 190 | Ireneusz | Jarecki | M | .1970 | Trzebnica | LZS Trzebnica | 00:36:58.37 |
| 24 | 8 | M20 | 176 | Patryk | Musielek | M | .1983 | Leszno | UE Wrocław | 00:37:07.50 |
| 25 | 4 | M40 | 51 | Piotr | Tyczyński | M | .1965 | Kobierno | KS Krotosz Krotoszyn | 00:37:11.05 |
| 26 | 10 | M30 | 109 | Paweł | Barszowski | M | .1970 | Leszno | Real 64-sto | 00:37:14.60 |
| 27 | 5 | M40 | 80 | Jacek | Żytkiewicz | M | .1968 | Świebodzin | Biegacze z Działek | 00:37:20.59 |
| 28 | 2 | K20 | 108 | Agnieszka | Jerzyk | K | .1988 | Leszno | Real 64-sto | 00:37:26.59 |
| 29 | 9 | M20 | 121 | Tomasz | Wojtczak | M | .1989 | Grzebienisko | www.thestick.pl | 00:37:29.02 |
| 30 | 11 | M30 | 41 | Paweł | Perdion | M | .1979 | Wrocław | - | 00:37:30.07 |
| 31 | 6 | M40 | 75 | Zdzisław | Sobolewski | M | .1963 | Miłogostowice | KB Lew Legnica | 00:37:34.84 |
| 32 | 7 | M40 | 43 | Robert | Śleboda | M | .1967 | Wołów | - | 00:37:35.73 |
| 33 | 12 | M30 | 179 | Mieczysław | Plesner | M | .1971 | Moczydlnica | Wińsko | 00:37:35.77 |
| 34 | 3 | K20 | 92 | Marta | Witke | K | .1984 | Karpacz | - | 00:37:37.72 |

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|----|----|-----|-----|-----------|--------------|---|-------|-----------------------|-----------------------------|-------------|
| 35 | 13 | M30 | 38 | Zbigniew | Kaczmarek | M | .1972 | Trzebnica | LZS Trzebnica | 00:37:40.86 |
| 36 | 14 | M30 | 120 | Sławomir | Naskręt | M | .1974 | Grzebienisko | www.thestick.pl | 00:37:52.28 |
| 37 | 10 | M20 | 79 | Krzysztof | Wierzbicki | M | .1984 | Świebodzin | Biegacze z Działek | 00:38:11.27 |
| 38 | 8 | M40 | 187 | Nadrzej | Hazubski | M | .1968 | Trzebnica | LZS Trzebnica | 00:38:17.42 |
| 39 | 11 | M20 | 37 | Marek | Michalczuk | M | .1981 | Dankowice | - | 00:38:50.92 |
| 40 | 15 | M30 | 207 | Jarosław | Oleniak | M | .1974 | Nowa Sól | Gedia Poland Nowa Sól | 00:39:01.33 |
| 41 | 2 | M50 | 59 | Czesław | Sienkiewicz | M | .1958 | Krotoszyn | KS Krotosz Krotoszyn | 00:39:03.97 |
| 42 | 16 | M30 | 94 | Andrzej | Lota | M | .1970 | Legnica | Feniks | 00:39:06.93 |
| 43 | 9 | M40 | 178 | Ryszard | Plesner | M | .1964 | Bożeń | ULKS Podlasie Wołów | 00:39:35.42 |
| 44 | 10 | M40 | 211 | Stanisław | Siągło | M | .1968 | Wołów | WKB Piast Wrocław | 00:39:45.60 |
| 45 | 3 | M50 | 55 | Valery | Maćkowiak | M | .1954 | Krotoszyn | KS Krotosz Krotoszyn | 00:39:52.51 |
| 46 | 4 | K20 | 52 | Katarzyna | Rurynkiewicz | K | .1986 | Opole | AZS-AWF Wrocław | 00:40:01.85 |
| 47 | 12 | M20 | 21 | Mariusz | Strzyżewski | M | .1985 | Góra | - | 00:40:15.72 |
| 48 | 13 | M20 | 102 | Arkadiusz | Miszczyk | M | .1981 | Chróstnik | - | 00:40:16.34 |
| 49 | 17 | M30 | 62 | Arkadiusz | Jackowiak | M | .1975 | Dobrzyca | - | 00:40:16.82 |
| 50 | 18 | M30 | 74 | Robert | Cichocki | M | .1970 | Świebodzin | Biegacze z Działek | 00:40:25.32 |
| 51 | 4 | M50 | 83 | Leszek | Grzeškowiak | M | .1956 | Grodzisk Wielkopolski | Grodziski Klub Biegacza | 00:40:27.77 |
| 52 | 19 | M30 | 95 | Wiktor | Janiszewski | M | .1975 | Milicza | KB Orzeł Milicz | 00:40:34.35 |
| 53 | 14 | M20 | 20 | Daniel | Karkocha | M | .1992 | Góra | - | 00:40:35.03 |
| 54 | 5 | M50 | 209 | Zenon | Sznajder | M | .1959 | Nowa Sól | FREDEX Nowa Sól | 00:40:45.66 |
| 55 | 6 | M50 | 116 | Bogdan | Kuliński | M | .1959 | Głogów | TKKF Hutnik Głogów | 00:40:50.00 |
| 56 | 3 | K40 | 82 | Dorota | Przybysz | K | .1966 | Grodzisk Wielkopolski | Grodziski Klub Biegacza | 00:40:50.84 |
| 57 | 1 | M60 | 147 | Henryk | Ambrosiewicz | M | .1949 | Legnica | KB Lew Legnica | 00:40:52.94 |
| 58 | 20 | M30 | 5 | Bronisław | Sitnik | M | .1970 | Góra | - | 00:40:55.31 |
| 59 | 21 | M30 | 192 | Krzysztof | Janowski | M | .1970 | Kamieniec Wrocławski | - | 00:40:55.74 |
| 60 | 4 | K40 | 184 | Jolanta | Sobczak | K | .1965 | Wrocław | Piast Wrocław | 00:41:12.90 |
| 61 | 15 | M20 | 50 | Piotr | Grzempowski | M | .1988 | Krotoszyn | KS Krotosz Krotoszyn | 00:41:22.90 |
| 62 | 11 | M40 | 139 | Dariusz | Duda | M | .1962 | Zielona Góra | www.maratonypolskie.pl Team | 00:41:25.54 |
| 63 | 16 | M20 | 119 | Dawid | Lipowy | M | .1991 | Bukówiec Górny | TG Sokół Bukówiec Górny | 00:41:34.35 |
| 64 | 17 | M20 | 12 | Damian | Wiśniewski | M | .1990 | Tarpno | - | 00:41:38.12 |
| 65 | 5 | K20 | 40 | Karolina | Mudrzak | K | .1991 | Wołów | ULKS Podlasie Wołów | 00:41:38.26 |
| 66 | 12 | M40 | 169 | Wiesław | Prozorowski | M | .1968 | Leszno | Maraton Leszno | 00:41:40.35 |
| 67 | 7 | M50 | 8 | Krzysztof | Głuszko | M | .1958 | Góra | Runner Góra | 00:42:00.04 |
| 68 | 22 | M30 | 181 | Witold | Janiak | M | .1970 | Wrocław | - | 00:42:00.88 |
| 69 | 23 | M30 | 212 | Grzegorz | Tarczyński | M | .1974 | Pęgów | WKB PIAST WROCLAW | 00:42:05.78 |

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|-----|----|-------|-----|-----------|--------------|---|-------|--------------|---------------------|-------------|
| 70 | 8 | M50 | 114 | Remigiusz | Czaczyk | M | .1956 | Gniezno | Altom Gniezno | 00:42:10.80 |
| 71 | 18 | M20 | 134 | Paweł | Wałkiewicz | M | .1982 | Gołoszyn | - | 00:42:13.43 |
| 72 | 13 | M40 | 98 | Dariusz | Siewica | M | .1968 | Wrocław | Nike Poland | 00:42:16.11 |
| 73 | 14 | M40 | 103 | Marek | Woźniak | M | .1961 | Koło | Florian-Chojnice | 00:42:21.94 |
| 74 | 24 | M30 | 3 | Tomasz | Kędzierski | M | .1974 | Stara Góra | - | 00:42:23.88 |
| 75 | 15 | M40 | 159 | Roman | Stawowy | M | .1960 | Korfantów | - | 00:42:26.97 |
| 76 | 16 | M40 | 191 | Bogusław | Adamowycz | M | .1963 | Bojadka | - | 00:42:29.41 |
| 77 | 9 | M50 | 206 | Tadeusz | Perłakowski | M | .1956 | kłobuczyn | TKKF Hutnik Głogów | 00:42:31.22 |
| 78 | 17 | M40 | 182 | Krzysztof | Janiak | M | .1966 | Trzebnica | LZS Trzebnica | 00:42:42.42 |
| 79 | 25 | M30 | 2 | Krzysztof | Kasprzak | M | .1971 | Góra | - | 00:42:56.86 |
| 80 | 26 | M30 | 160 | Mariusz | Ceglarz | M | .1976 | Dobrzyca | Truchtacz Dobrzyca | 00:43:00.22 |
| 81 | 19 | M20 | 135 | Hubert | Sobczak | M | .1987 | Rawicz | - | 00:43:08.41 |
| 82 | 1 | Spraw | 204 | Adam | Wayda | M | .1900 | Głogów | TC Chrobry | 00:43:12.50 |
| 83 | 27 | M30 | 127 | Tomasz | Pomierny | M | .1978 | Lubin | RD Team | 00:43:14.01 |
| 84 | 28 | M30 | 76 | Tomasz | Cichocki | M | .1973 | Świebodzin | Biegacze z Działek | 00:43:27.43 |
| 85 | 18 | M40 | 113 | Ziemowit | Dobrzycki | M | .1964 | Leszno | Real 64-sto | 00:43:28.04 |
| 86 | 20 | M20 | 189 | Damina | Jarecki | M | .1993 | Trzebnica | LZS Trzebnica | 00:43:29.30 |
| 87 | 6 | K20 | 81 | Ewelina | Białkowska | K | .1991 | Nysa | Nysa Biega | 00:43:30.35 |
| 88 | 21 | M20 | 71 | Paweł | Matner | M | .1991 | Nysa | Nysa Biega | 00:43:30.84 |
| 89 | 29 | M30 | 84 | Ireneusz | Olbert | M | .1970 | Brzeg Dolny | - | 00:43:44.51 |
| 90 | 7 | K20 | 39 | Justyna | Wolnik | K | .1988 | Wołów | ULKS Podlasie Wołów | 00:43:47.94 |
| 91 | 10 | M50 | 183 | Marek | Oleniasz | M | .1955 | Trzebnica | LZS Trzebnica | 00:43:48.47 |
| 92 | 19 | M40 | 132 | Bronisław | Matyla | M | .1965 | Rydzyna | Druzyna Szpiku | 00:43:50.07 |
| 93 | 20 | M40 | 68 | Tadeusz | Zioła | M | .1963 | Bogatynia | - | 00:43:51.41 |
| 94 | 30 | M30 | 77 | Tomasz | Kołodziej | M | .1977 | Nysa | Nysa Biega | 00:43:54.37 |
| 95 | 11 | M50 | 99 | Jan | Mandat | M | .1959 | Oleśnica | KB Lupus Oleśnica | 00:43:54.62 |
| 96 | 31 | M30 | 46 | Adam | Majchrak | M | .1975 | Radnica | Radnica Team | 00:43:58.61 |
| 97 | 12 | M50 | 73 | Ryszard | Tasarek | M | .1952 | Nysa | Nysa Biega | 00:44:01.22 |
| 98 | 22 | M20 | 11 | Piotr | Andrzejewski | M | .1987 | Góra | - | 00:44:07.59 |
| 99 | 13 | M50 | 180 | Lesław | Kaniowski | M | .1953 | Trzebnica | LZS Trzebnica | 00:44:11.07 |
| 100 | 21 | M40 | 19 | Jacek | Rzyski | M | .1965 | Góra | - | 00:44:16.33 |
| 101 | 32 | M30 | 152 | Marcin | Prokopczyk | M | .1977 | Radosław | | 00:44:20.52 |
| 102 | 14 | M50 | 170 | Marek | Górny | M | .1955 | Święciechowa | Druzyna Szpiku | 00:44:23.26 |
| 103 | 22 | M40 | 1 | Robert | Grabkowski | M | .1969 | Żmigród | Policja Góra | 00:44:28.22 |
| 104 | 33 | M30 | 151 | Marek | Skorupiński | M | .1976 | Leszno | - | 00:44:38.04 |

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|-----|----|-----|-----|------------|--------------|---|-------|-------------------|-----------------------------------|-------------|
| 105 | 2 | M60 | 146 | Ldzisław | Lipowski | M | .1946 | Legnica | KB Lew Legnica | 00:44:45.35 |
| 106 | 15 | M50 | 105 | Zbigniew | Niewiadomski | M | .1952 | Lubin | - | 00:44:49.82 |
| 107 | 34 | M30 | 195 | Artur | Eling | M | .1971 | Rawicz | SUREM Rawicz | 00:44:53.31 |
| 108 | 23 | M20 | 88 | Michał | Wichłacz | M | .1982 | Dobrzyca | Truchtacz Dobrzyca | 00:44:54.53 |
| 109 | 35 | M30 | 47 | Szymon | Pyrka | M | .1978 | Nietkowice | Sparta | 00:44:56.37 |
| 110 | 36 | M30 | 194 | Krzysztof | Glina | M | .1970 | Rawicz | SUREM Rawicz | 00:45:00.04 |
| 111 | 16 | M50 | 163 | Marian | Zdanowski | M | .1956 | Poznań | - | 00:45:03.41 |
| 112 | 37 | M30 | 136 | Krzysztof | Kukawa | M | .1977 | Rawicz | - | 00:45:08.72 |
| 113 | 23 | M40 | 186 | Józef | Sulek | M | .1961 | Trzebnica | LZS Trzebnica | 00:45:11.61 |
| 114 | 17 | M50 | 164 | Marian | Skrzypczak | M | .1959 | Pianowo | LKS SAMA Kościan | 00:45:16.50 |
| 115 | 38 | M30 | 89 | Tomasz | Lewandowicz | M | .1970 | Dobrzyca | Truchtacz Dobrzyca | 00:45:19.04 |
| 116 | 18 | M50 | 107 | Henryk | Kubaszewski | M | .1951 | Leszno | MPEC Leszno | 00:45:21.65 |
| 117 | 24 | M20 | 9 | Krzysztof | Wojcieszonek | M | .1986 | Góra | - | 00:45:24.55 |
| 118 | 24 | M40 | 129 | Krzysztof | Wnuk | M | .1963 | Nowa Sól | Parafialny Klub Sportowy Nowa Sól | 00:45:35.20 |
| 119 | 8 | K20 | 104 | Dorota | Woźniak | K | .1981 | Koło | Florian-Chojnice | 00:45:40.42 |
| 120 | 25 | M20 | 18 | Przemysław | Miszczyk | M | .1992 | Wioska | - | 00:45:47.72 |
| 121 | 9 | K20 | 91 | Marta | Dajewska | K | .1990 | Stare Oborzyska | - | 00:45:51.76 |
| 122 | 39 | M30 | 144 | Marek | Duda | M | .1971 | Wrocław | RD Team | 00:46:05.47 |
| 123 | 26 | M20 | 70 | Jacek | Makowski | M | .1991 | Nysa | Nysa Biega | 00:46:07.00 |
| 124 | 3 | M60 | 213 | Edward | Machowski | M | .1948 | Wołów | WKB Piast Wrocław | 00:46:09.49 |
| 125 | 25 | M40 | 17 | Krzysztof | Markowski | M | .1960 | Góra | - | 00:46:32.74 |
| 126 | 4 | M60 | 72 | Jerzy | Dygudaj | M | .1949 | Legnica | KB Lew Legnica | 00:46:44.15 |
| 127 | 40 | M30 | 10 | Grzegorz | Kalinowski | M | .1975 | Góra | - | 00:46:58.39 |
| 128 | 26 | M40 | 210 | Marian | Sznajder | M | .1966 | Piękne kąty | Fredex Nowa Sól | 00:47:09.10 |
| 129 | 1 | K30 | 158 | Aneta | Czajka | K | .1978 | Zduny | - | 00:47:09.15 |
| 130 | 27 | M20 | 188 | Jacek | Borkowski | M | .1987 | Ząbkowice Śląskie | - | 00:47:09.15 |
| 131 | 19 | M50 | 57 | Jan | Knapik | M | .1959 | Krotoszyn | KS Krotosz Krotoszyn | 00:47:11.36 |
| 132 | 27 | M40 | 123 | Andrzej | Sobczak | M | .1961 | Nowa Wieś Kącka | KB Kąty Wrocławskie | 00:47:16.99 |
| 133 | 28 | M20 | 16 | Tomasz | Łukowski | M | .1990 | Góra | Runner Góra | 00:47:19.63 |
| 134 | 5 | M60 | 168 | Andrzej | Szcześniak | M | .1949 | Wrocław | WOMP Wrocław | 00:47:20.89 |
| 135 | 28 | M40 | 61 | Tadeusz | Napieała | M | .1960 | Głogów | TEGES | 00:47:23.41 |
| 136 | 10 | K20 | 7 | Katarzyna | Głuszko | K | .1987 | Góra | Runner Góra | 00:47:26.10 |
| 137 | 5 | K40 | 96 | Agnieszka | Mizera | K | .1969 | Wrocław | - | 00:47:32.04 |
| 138 | 2 | K30 | 111 | Agata | Barszowska | K | .1976 | Leszno | Real 64-sto | 00:47:37.08 |
| 139 | 29 | M20 | 15 | Radosław | Skoczyła | M | .1990 | Góra | Runner Góra | 00:47:54.05 |

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| 140 | 41 | M30 | 4 | Jarosław | Bronowicki | M | .1976 | Góra | | 00:48:00.04 |
| 141 | 42 | M30 | 198 | Marcin | Drabik | M | .1971 | Wrocław | WKB Piast Wrocław | 00:48:00.23 |
| 142 | 30 | M20 | 14 | Michał | Uściło | M | .1985 | - | - | 00:48:16.42 |
| 143 | 20 | M50 | 85 | Grzegorz | Gamrowski | M | .1957 | Grodzisk Wielkopolski | Grodziski Klub Biegacza | 00:48:22.22 |
| 144 | 3 | K30 | 157 | Agata | Frąckowiak | K | .1978 | Krotoszyn | - | 00:48:28.35 |
| 145 | 31 | M20 | 101 | Łukasz | Drota | M | .1985 | Lubin | - | 00:48:45.84 |
| 146 | 21 | M50 | 149 | Jerzy | Jakubiak | M | .1959 | Kłoda | MPEC Leszno | 00:48:49.13 |
| 147 | 43 | M30 | 140 | Rafał | Czerwonka | M | .1970 | Leszno | MPEC Leszno | 00:48:51.34 |
| 148 | 22 | M50 | 87 | Janusz | Piechocki | M | .1951 | Brzeg Dolny | - | 00:48:53.56 |
| 149 | 6 | K40 | 185 | Anna | Hazubska | K | .1969 | Trzebnica | LZS Trzebnica | 00:48:55.44 |
| 150 | 32 | M20 | 155 | Przemysław | Hajdas | M | .1980 | Wrocław | - | 00:49:00.20 |
| 151 | 33 | M20 | 166 | Tomasz | Górny | M | .1982 | Święciechowa | Drużyna Szpiku | 00:49:08.53 |
| 152 | 23 | M50 | 145 | Lech | Urlicki | M | .1950 | Nowa Sól | ZNP Nowa Sól | 00:49:14.24 |
| 153 | 29 | M40 | 66 | Krzysztof | Kraśniewski | M | .1965 | Żmigród | Radziądz | 00:49:15.30 |
| 154 | 30 | M40 | 67 | Hubert | Bartkowiak | M | .1968 | Żmigród | WKB Piast Wrocław | 00:49:15.33 |
| 155 | 24 | M50 | 154 | Leszek | Nadolny | M | .1957 | Leszno | Drużyna Szpiku | 00:49:18.44 |
| 156 | 44 | M30 | 142 | Marcin | Knurowski | M | .1971 | Głogów | - | 00:49:19.62 |
| 157 | 31 | M40 | 33 | Dariusz | Kalita | M | .1965 | Wałbrzych | - | 00:49:23.11 |
| 158 | 25 | M50 | 205 | Henryk | Kucharski | M | .1952 | Głogów | TKKF Hutnik Głogów | 00:49:25.63 |
| 159 | 45 | M30 | 177 | Wojciech | Szymański | M | .1976 | Leszno | - | 00:49:29.24 |
| 160 | 4 | K30 | 65 | Adriana | Dudek | K | .1970 | Wrocław | Biegacze z dzieciak | 00:49:44.07 |
| 161 | 6 | M60 | 60 | Jan | Jagielski | M | .1946 | Jelenia Góra | AZS Zielona Góra | 00:50:04.03 |
| 162 | 32 | M40 | 148 | Leszek | Nawrocki | M | .1969 | Głogówko | Głogówko | 00:50:08.82 |
| 163 | 7 | M60 | 214 | Stefan | Giziński | M | .1948 | Wołów | WKB Piast Wrocław | 00:50:09.32 |
| 164 | 5 | K30 | 90 | Lidia | Baksalary | K | .1973 | Leszno | IV LO Leszno | 00:50:25.76 |
| 165 | 26 | M50 | 32 | Piotr | Wójcik | M | .1955 | Wrocław | WKS Policja | 00:50:40.33 |
| 166 | 33 | M40 | 64 | Przemysław | Ziółkowski | M | .1968 | Jutrosin | - | 00:50:49.00 |
| 167 | 46 | M30 | 193 | Wojciech | grzesiak | M | .1973 | Wołów | Wołów | 00:50:49.52 |
| 168 | 47 | M30 | 34 | Paweł | Zdziechowski | M | .1973 | Śrem | - | 00:50:55.65 |
| 169 | 8 | M60 | 130 | Bogdan | Bykowski | M | .1949 | Stary Kisielin | - | 00:51:02.27 |
| 170 | 7 | K40 | 100 | Katarzyna | Dobrowolska | K | .1968 | Pęgów | - | 00:51:03.98 |
| 171 | 27 | M50 | 171 | Ireneusz | Koller | M | .1958 | Stara Przysieka | OSIR Śmigiel | 00:51:31.60 |
| 172 | 34 | M40 | 49 | Mariusz | Basiński | M | .1961 | Krotoszyn | KS Krotosz Krotoszyn | 00:51:32.64 |
| 173 | 48 | M30 | 131 | Robert | Pol | M | .1971 | Rawicz | - | 00:51:34.60 |
| 174 | 1 | M70 | 86 | Henryk | Mudry | M | .1939 | Wolsztyn | Grodziski Klub Biegacza | 00:51:58.18 |

OGÓLNOPOSLSKI BIEG NIEPODLEGŁOŚCI "GÓRA-2009 ROK"

| | | | | | | | | | | |
|-----|----|-----|-----|-----------|-------------------|---|-------|---------------------|------------------|-------------|
| 175 | 49 | M30 | 133 | Sławomir | Kłosowski | M | .1970 | Głogów | - | 00:52:17.08 |
| 176 | 11 | K20 | 78 | Patrycja | Szczypała | K | .1992 | Nysa | Nysa Biega | 00:52:34.47 |
| 177 | 35 | M40 | 13 | Andrzej | Durbajło | M | .1967 | Góra | - | 00:52:46.62 |
| 178 | 6 | K30 | 172 | Ewa | Napierała | K | .1970 | Racot | Sana Kościan | 00:52:58.58 |
| 179 | 34 | M20 | 200 | Maciej | Mroziński | M | .1984 | Ostrów Wielkopolski | KS Chorzy Ludzie | 00:52:59.96 |
| 180 | 35 | M20 | 197 | Dawid | Chlasta | M | .1985 | Ostrów Wielkopolski | KS Chorzy Ludzie | 00:53:01.12 |
| 181 | 50 | M30 | 141 | Radosław | Pencakowski | M | .1978 | Serby | - | 00:53:01.36 |
| 182 | 36 | M20 | 199 | Dawid | kopydlowski | M | .1984 | Ostrów Wielkopolski | KS Chorzy Ludzie | 00:53:01.58 |
| 183 | 37 | M20 | 196 | Kamil | Stodolski | M | .1983 | Ostrów Wielkopolski | KS Chorzy Ludzie | 00:53:02.21 |
| 184 | 38 | M20 | 201 | Damina | Kempa | M | .1985 | Ostrów Wielkopolski | KS Chorzy Ludzie | 00:53:02.30 |
| 185 | 39 | M20 | 203 | Filip | Stefański | M | .1983 | Ostrów Wielkopolski | KS Chorzy Ludzie | 00:53:05.36 |
| 186 | 40 | M20 | 63 | Adrian | Grabkowski | M | .1992 | Żmigród | Radziądz | 00:54:05.82 |
| 187 | 2 | M70 | 165 | Michał | Szkudlarek | M | .1933 | Śmigiel | OKFiR | 00:54:56.34 |
| 188 | 51 | M30 | 36 | Piotr | Leśmiewski | M | .1976 | Lubin | KM UMK Toruń | 00:55:37.00 |
| 189 | 28 | M50 | 35 | Kazimierz | Zdziechowski | M | .1950 | Śrem | - | 00:55:42.90 |
| 190 | 52 | M30 | 125 | Robert | Drząszcz | M | .1975 | Lubin | RD Team | 00:56:11.37 |
| 191 | 36 | M40 | 115 | Krzysztof | Borowiec | M | .1969 | Leszno | - | 00:56:26.85 |
| 192 | 9 | M60 | 167 | Michał | Włodarczyk | M | .1949 | Wrocław | KS Artemis | 00:56:50.28 |
| 193 | 53 | M30 | 122 | Bartosz | Maliszewski | M | .1974 | Poznań | - | 00:57:39.92 |
| 194 | 10 | M60 | 42 | Ryszard | Świeboda | M | .1944 | Wołów | - | 00:58:00.38 |
| 195 | 29 | M50 | 6 | Stanisław | Wojciechowski | M | .1952 | Góra | Biegamos Leszno | 00:59:28.66 |
| 196 | 7 | K30 | 97 | Ewa | Trozanowska | K | .1971 | Warkocz | KS Warkocz | 00:59:48.27 |
| 197 | 37 | M40 | 106 | Piotr | Kaczor | M | .1967 | Leszno | - | 00:59:49.53 |
| 198 | 11 | M60 | 126 | Roman | Terlikowski | M | .1946 | Nowa Sól | SP-8 Nowa Sól | 00:59:54.23 |
| 199 | 12 | K20 | 161 | Joanna | Grzeźlikowska | K | .1984 | Leszno | - | 01:00:06.29 |
| 200 | 8 | K30 | 143 | Ewa | Ragus Mroczkowska | K | .1971 | Sulechów | - | 01:00:56.53 |
| 201 | 1 | K50 | 31 | Lidia | Żybura | K | .1959 | Wrocław | - | 01:02:27.79 |
| 202 | 2 | K50 | 202 | Jadwiga | Napierała | K | .1957 | Gostyń | - | 01:11:52.35 |