

18.Strzelecki Bieg Uliczny im.Euzebiusza Ferta

WYNIKI ZAWODÓW

Organizator: UM w Strzelcach Opolskich, Referat Sportu i Rekreacji w Strzelcach Opolskich

Termin: 22 grudnia 2007

Miejsce: Strzelce Opolskie

Dystans: 15 km

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
1	32	JAROSZEWSKI	Marek	POL	APIS PLUS Piła	1975	M-30	1	00:46:01 (00:46:01)	00:00:11	00:09:03	00:18:04	00:27:17	00:36:34	
2	243	GLINKA	Waldemar	POL	GLKS Świdnica	1968	M-30	2	00:46:44 (00:46:44)	00:00:11	00:09:04	00:18:29	00:27:55	00:37:18	
3	19	DORSZYŃSKI	Grzegorz	POL	ULKS TALEX Borzytucho	1983	M-20	1	00:46:48 (00:46:48)	00:00:12	00:09:19	00:18:36	00:27:54	00:37:18	
4	14	CHAWAWKO	Tomasz	POL	Tomasz Chawawko TEAM	1974	M-30	3	00:47:04 (00:47:04)	00:00:12	00:09:19	00:18:36	00:27:54	00:37:18	
5	40	ZIMA	Paweł	POL	KKB MOSiR Krosno	1984	M-20	2	00:49:09 (00:49:09)	00:00:11	00:09:27	00:19:09	00:29:05	00:39:10	
6	5	MISZTAL	Adam	POL	RSiR Strzelce Op.	1987	M-20	3	00:49:38 (00:49:38)	00:00:12	00:09:48	00:19:50	00:29:46	00:39:45	
7	241	JAROSZ	Bogdan	POL	2 BATALION Wrocław	1967	M-40	1	00:50:17 (00:50:17)	00:00:10	00:10:02	00:20:04	00:30:11	00:40:13	
8	240	CIEPŁAK	Tomasz	POL	CHEMIA-HURT Rybnik	1984	M-20	4	00:51:22 (00:51:22)	00:00:13	00:10:11	00:20:26	00:30:45	00:41:07	
9	6	KOBAJŁO	Ryszard	POL	Gródek n/Dunajcem	1962	M-40	2	00:51:23 (00:51:23)	00:00:12	00:10:10	00:20:24	00:30:44	00:41:07	
10	247	HENCZKA	Marek	POL	WKB PODZAMCZE Wałbr	1957	M-50	1	00:51:23 (00:51:23)	00:00:11	00:10:12	00:20:26	00:30:45	00:41:08	
11	110	BOROWSKI	Krzysztof	POL	Blachownia	1954	M-50	2	00:51:36 (00:51:36)	00:00:13	00:10:20	00:20:34	00:30:51	00:41:13	
12	257	WADZIŃSKI	Kamil	POL	CENTRUM Zdieszowice	1989	M-20	5	00:51:42 (00:51:42)						
13	255	GAWROŃSKI	Artur	POL	DĘBY Wałbrzych	1964	M-40	3	00:51:43 (00:51:43)	00:00:13	00:10:11	00:20:25	00:30:45	00:41:11	
14	233	SKIBA	Krzysztof	POL	FORMA Wodzisław Śl.	1960	M-40	4	00:52:10 (00:52:10)	00:00:11	00:10:11	00:20:26	00:30:47	00:41:25	
15	61	KASPRZAK	Krzysztof	POL	KS KROTOSZ Krotoszyn	1968	M-30	4	00:52:37 (00:52:37)	00:00:20	00:10:42	00:21:13	00:31:50	00:42:22	
16	166	SIEMASZKO	Jerzy	POL	OKB Opole	1962	M-40	5	00:52:44 (00:52:44)	00:00:10	00:10:20	00:20:47	00:31:30	00:42:14	
17	173	AMBROZIK	Adam	POL	JW. 2697 Brzeg	1975	M-30	5	00:52:45 (00:52:45)	00:00:13	00:10:10	00:20:25	00:31:01	00:41:46	
18	274	SPALIŃSKI	Piotr	POL	KB FIODOR Oława	1968	M-30	6	00:52:51 (00:52:51)	00:00:12	00:10:19	00:20:47	00:31:30	00:42:13	
19	128	CZAPIGA	Irek	POL	KWK WUJEK Świętochłow	1966	M-40	6	00:53:00 (00:53:00)	00:00:12	00:10:31	00:21:13	00:31:54	00:42:33	
20	33	ZIĘBOWICZ	Miroslaw	POL	KKB DYSTANS Kraków	1962	M-40	7	00:53:02 (00:53:02)	00:00:14	00:10:43	00:21:13	00:31:43	00:42:22	
21	239	CIEPŁAK	Maciej	POL	CHEMIA-HURT Rybnik	1962	M-40	8	00:53:08 (00:53:08)	00:00:13	00:10:44	00:21:15	00:31:55	00:42:33	
22	197	GAJDA	Marcin	POL	40-latek Tychy	1978	M-20	6	00:53:20 (00:53:20)	00:00:19	00:10:38	00:21:00	00:31:42	00:42:32	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
23	231	JANUSZ	Ryszard	POL	POGOŃ Duszniki Zdrój	1964	M-40	9	00:53:26 (00:53:26)	00:00:12	00:10:33	00:21:14	00:31:51	00:42:35	
24	236	KACZUGA	Miroslaw	POL	DĘBY Wałbrzych	1963	M-40	10	00:53:40 (00:53:40)	00:00:13	00:10:29	00:21:07	00:31:55	00:42:48	
25	174	KUDRYŃSKI	Eugeniusz	POL	CERAMIKA Tułowice SC	1960	M-40	11	00:53:43 (00:53:43)	00:00:12	00:10:32	00:21:09	00:31:56	00:42:50	
26	28	MACIOŁ	Andrzej	POL	KKB DYSTANS Kraków	1954	M-50	3	00:54:12 (00:54:12)	00:00:16	00:10:44	00:21:14	00:32:08	00:43:16	
27	150	ŚWITOŃ	Marian	POL	TG SOKÓŁ Bukownica	1960	M-40	12	00:54:17 (00:54:17)	00:00:20	00:10:43	00:21:16	00:32:18	00:43:17	
28	242	TYMKÓW	Łukasz	POL	Brzeg	1981	M-20	7	00:54:23 (00:54:23)	00:00:13	00:10:43	00:21:15	00:32:03	00:43:10	
29	249	DANIŁ	Adam	POL	AKB Knurów	1964	M-40	13	00:54:26 (00:54:26)	00:00:16	00:10:44	00:21:32	00:32:35	00:43:30	
30	47	SOSNOWSKI	Tomasz	POL	WKB META Lubliniec	1977	M-30	7	00:54:37 (00:54:37)	00:00:11	00:10:22	00:21:11	00:32:10	00:43:25	
31	355	USTIANOWSKA	Dorota	POL	ENERY Częstochowa	1970	K-30	1	00:54:49 (00:54:49)	00:00:15	00:10:43	00:21:24	00:32:23	00:43:30	
32	356	WILCZYŃSKI	Tomasz	POL	ENERY Częstochowa	1975	M-30	8	00:54:49 (00:54:49)	00:00:13	00:10:43	00:21:24	00:32:23	00:43:30	
33	256	OLSZEWSKI	Jarosław	POL	NKB Namysłów	1981	M-20	8	00:55:08 (00:55:08)	00:00:24	00:11:12	00:21:57	00:32:58	00:44:11	
34	334	MORAŃSKI	Marian	POL	Zabrze	1975	M-30	9	00:55:08 (00:55:08)	00:00:13	00:10:49	00:21:43	00:32:51	00:44:08	
35	109	TWARDOCHLEB	Barbara	POL	Oława	1980	K-20	1	00:55:14 (00:55:14)	00:00:16	00:10:42	00:21:31	00:32:39	00:44:01	
36	88	LINDER	Rafał	POL	SBD ENERGETYK Rybnik	1983	M-20	9	00:55:17 (00:55:17)	00:00:12	00:10:29	00:22:03	00:33:24	00:44:27	
37	152	ADAMUS	Radosław	POL	KS MARATON Ostrów WI	1965	M-40	14	00:55:20 (00:55:20)	00:00:25	00:11:13	00:22:05	00:33:06	00:44:17	
38	34	ZIĘBOWICZ	Sławomir	POL	Kraków	1962	M-40	15	00:55:20 (00:55:20)	00:00:15	00:10:45	00:21:36	00:32:45	00:43:57	
39	20	JASEK	Tadeusz	POL	EKO-INSTAL Żywiec	1951	M-50	4	00:55:30 (00:55:30)	00:00:17	00:10:53	00:21:38	00:32:35	00:44:11	
40	336	GROMADA	Roland	POL	WKB PIAST Wrocław	1985	M-20	10	00:55:46 (00:55:46)	00:00:14	00:10:44	00:21:40	00:33:09	00:44:30	
41	266	KRUMIN	Dominik	POL	Sudecki OSG Wrocław	1981	M-20	11	00:55:47 (00:55:47)	00:00:21	00:11:09	00:22:14	00:33:26	00:44:39	
42	96	FILUŚ	Stanisław	POL	www.biegajznami.pl Mysłó	1965	M-40	16	00:55:47 (00:55:47)	00:00:28	00:11:31	00:22:29	00:33:41	00:44:51	
43	148	SZCZYPKOWSKI	Hieronim	POL	KS MARATON Ostrów WI	1959	M-40	17	00:55:48 (00:55:48)	00:00:16	00:10:55	00:21:54	00:33:06	00:44:24	
44	198	MĘŻYK	Piotr	POL	AZS AE Wrocław	1985	M-20	12	00:55:53 (00:55:53)	00:00:11	00:10:47	00:21:48	00:33:10	00:44:38	
45	287	GRYCMAN	Kazimierz	POL	Ciechowice	1972	M-30	10	00:55:54 (00:55:54)	00:00:19	00:11:16	00:22:21	00:33:39	00:44:55	
46	113	ZEMBRÓŃ	Mariusz	POL	WKB META Lubliniec	1974	M-30	11	00:55:54 (00:55:54)	00:00:11	00:10:28	00:21:21	00:32:49	00:44:34	
47	37	PYTEL	Janusz	POL	Sosnowiec	1958	M-40	18	00:56:01 (00:56:01)	00:00:17	00:10:55	00:22:00	00:33:22	00:44:49	
48	15	JACHYMCZYK	Norbert	POL	KB MCKiS Jaworzno	1978	M-20	13	00:56:02 (00:56:02)	00:00:22	00:11:33	00:22:43	00:33:54	00:45:04	
49	213	MAJER	Mieczysław	POL	Kędzierzyn -Kozłe	1953	M-50	5	00:56:10 (00:56:10)	00:00:15	00:11:15	00:22:24	00:33:40	00:44:58	
50	211	NITKA	Jacek	POL	GÓRNIK Brzeszcze	1966	M-40	19	00:56:12 (00:56:12)	00:00:22	00:11:45	00:22:55	00:34:00	00:45:01	
51	81	ŚWITAŁA	Krystian	POL	AKB Knurów	1960	M-40	20	00:56:12 (00:56:12)	00:00:21	00:11:30	00:22:29	00:33:46	00:45:06	
52	208	GÓRAK	Henryk	POL	40-latek Tychy	1953	M-50	6	00:56:13 (00:56:13)	00:00:21	00:11:32	00:22:33	00:33:46	00:45:02	
53	121	UCIECHOWSKI	Marcin	POL	RODŁO Opole	1988	M-20	14	00:56:20 (00:56:20)	00:00:18	00:11:13	00:22:26	00:33:44	00:45:07	
54	181	PACHUTA	Krzysztof	POL	ŻÓŁWIK Opole	1982	M-20	15	00:56:30 (00:56:30)	00:00:22	00:11:39	00:22:56	00:34:06	00:45:27	
55	39	TURZ	Bogusław	POL	Sosnowiec	1972	M-30	12	00:56:33 (00:56:33)	00:00:20	00:11:15	00:22:28	00:33:54	00:45:16	
56	59	SKOKLIK	Łukasz	POL	KS KROTOSZ Krotoszyn	1976	M-30	13	00:56:35 (00:56:35)	00:00:21	00:10:54	00:21:56	00:33:19	00:44:49	
57	86	NIECKARZ	Piotr	POL	KB LUPUS Oleśnica	1968	M-30	14	00:56:37 (00:56:37)	00:00:17	00:11:20	00:22:37	00:34:08	00:45:28	
58	151	KUCHARCZYK	Tomasz	POL	WKB META Lubliniec	1989	M-20	16	00:56:39 (00:56:39)	00:00:17	00:11:12	00:22:21	00:33:38	00:45:07	
59	261	KOWALCZYK	Jacek	POL	DĘBY Wałbrzych	1969	M-30	15	00:56:40 (00:56:40)	00:00:22	00:11:11	00:22:09	00:33:35	00:45:05	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
60	176	CZAPKA	Norbert	POL	JW. 2697 Brzeg	1971	M-30	16	00:56:48 (00:56:48)	00:00:18	00:11:34	00:22:56	00:34:23	00:45:50	
61	135	PASTUCHA	Marek	POL	CROSS Krapkowice	1960	M-40	21	00:56:52 (00:56:52)	00:00:15	00:11:14	00:22:27	00:33:48	00:45:17	
62	329	HORBACZEWSKI	Jakub	POL	WKB PIAST Wrocław	1981	M-20	17	00:56:53 (00:56:53)	00:00:16	00:11:32	00:22:35	00:34:00	00:45:32	
63	26	JANCZAK	Barbara	POL	Żory	1989	K-20	2	00:57:16 (00:57:16)	00:00:16	00:11:13	00:22:27	00:33:57	00:45:41	
64	262	ODRÓBKA	Stanisław	POL	NONSTOP ADVENTURE	1979	M-20	18	00:57:18 (00:57:18)	00:00:19	00:11:09	00:22:22	00:33:54	00:45:38	
65	51	MISIASZEK	Janusz	POL	Kędzierzyn -Koźle	1958	M-40	22	00:57:23 (00:57:23)	00:00:16	00:11:13	00:22:27	00:33:55	00:45:39	
66	252	LITWIN	Józef	POL	KB Głubczyce	1949	M-50	7	00:57:35 (00:57:35)	00:00:18	00:12:00	00:23:21	00:34:45	00:46:12	
67	57	SZYMURA	Grzegorz	POL	Leszczyny	1971	M-30	17	00:57:41 (00:57:41)	00:00:17	00:11:31	00:22:44	00:34:12	00:45:58	
68	21	SZWED	Krzysztof	POL	WKB META Lubliniec	1965	M-40	23	00:57:55 (00:57:55)	00:00:24	00:11:50	00:23:23	00:34:56	00:46:31	
69	17	MARSZAŁKOWSKI	Zbigniew	POL	FORMA Wodzisław Śl.	1957	M-50	8	00:57:57 (00:57:57)	00:00:15	00:11:40	00:23:18	00:34:55	00:46:31	
70	246	ROTER	Sebastian	POL	MLUKS TECHNIK Komorn	1989	M-20	19	00:57:59 (00:57:59)	00:00:14	00:10:53	00:22:11	00:33:46	00:45:50	
71	102	GÓRA	Rafał	POL	ORKAN Ostrzeszów	1990	M-20	20	00:58:05 (00:58:05)	00:00:18	00:10:41	00:22:03	00:33:54	00:46:02	
72	130	WALCZAK	Eugeniusz	POL	KS MARATON Ostrów WI	1959	M-40	24	00:58:07 (00:58:07)	00:00:35	00:12:19	00:23:51	00:35:20	00:46:52	
73	273	MACIASZCZYK	Roman	POL	Bierutów	1969	M-30	18	00:58:10 (00:58:10)	00:00:20	00:11:27	00:23:01	00:34:44	00:46:30	
74	286	SIWCZYK	Andrzej	POL	CHEMIA-HURT Rybnik	1957	M-50	9	00:58:10 (00:58:10)	00:00:18	00:11:28	00:22:46	00:34:25	00:46:28	
75	107	GARBACZ	Piotr	POL	Leśnica	1979	M-20	21	00:58:14 (00:58:14)	00:00:16	00:11:10	00:22:26	00:34:03	00:46:12	
76	123	UCIECHOWSKI	Piotr	POL	OZPR PKP Opole	1963	M-40	25	00:58:17 (00:58:17)	00:00:20	00:11:39	00:23:21	00:34:57	00:46:36	
77	136	BIELIŃSKI	Piotr	POL	KB SOKÓŁ Knurów	1988	M-20	22	00:58:18 (00:58:18)	00:00:20	00:11:32	00:22:43	00:34:19	00:46:15	
78	281	ROJEWSKI	Tadeusz	POL	Kędzierzyn -Koźle	1946	M-60	1	00:58:31 (00:58:31)	00:00:15	00:11:33	00:23:04	00:34:44	00:46:39	
79	170	PAJDA	Henryk	POL	Świętochłowice	1955	M-50	10	00:58:33 (00:58:33)	00:00:16	00:11:37	00:23:04	00:34:47	00:46:41	
80	245	CZUTA PAKOSZ	Irena	POL	MLUKS TECHNIK Komorn	1966	K-40	1	00:58:43 (00:58:43)	00:00:14	00:11:22	00:22:51	00:34:38	00:46:35	
81	238	PELC	Czesław	POL	PĘDZIWIATR Gliwice	1957	M-50	11	00:58:43 (00:58:43)	00:00:20	00:12:07	00:23:47	00:35:26	00:47:05	
82	237	KACZUGA	Kazimierz	POL	DĘBY Wałbrzych	1955	M-50	12	00:58:55 (00:58:55)	00:00:11	00:11:27	00:23:12	00:35:10	00:47:08	
83	366	GROMEK	Grzegorz	POL	Opolski Klub Rowerowy	1980	M-20	23	00:58:57 (00:58:57)	00:00:24	00:11:46	00:23:21	00:35:04	00:46:58	
84	119	JANIK	Jerzy	POL	RSiR Strzelce Op.	1954	M-50	13	00:59:00 (00:59:00)	00:00:16	00:11:08	00:22:42	00:34:37	00:46:47	
85	70	WOJNOWSKI	Jan	POL	AKB Supermaraton 100 Bi	1955	M-50	14	00:59:06 (00:59:06)	00:00:24	00:12:05	00:23:47	00:35:31	00:47:26	
86	202	PAWLAK	Michał	POL	NKB ZRYW Namysłów	1986	M-20	24	00:59:16 (00:59:16)	00:00:34	00:13:02	00:24:54	00:36:31	00:48:06	
87	111	FUS	Jan	POL	WKB PIAST Wrocław	1941	M-60	2	00:59:32 (00:59:32)	00:00:22	00:11:48	00:23:28	00:35:26	00:47:27	
88	350	BUKOWIEC	Andrzej	POL	Lubliniec	1981	M-20	25	00:59:34 (00:59:34)	00:00:20	00:11:46	00:23:29	00:35:28	00:47:41	
89	68	SZAFARCZYK	Janusz	POL	WKB META Lubliniec	1969	M-30	19	00:59:34 (00:59:34)	00:00:25	00:11:59	00:23:44	00:35:40	00:47:40	
90	376	STANKIEWICZ	Antoni	POL	WKB PIAST Wrocław	1958	M-40	26	00:59:36 (00:59:36)	00:00:14	00:11:13	00:22:58	00:35:07	00:47:26	
91	178	DOMICZ	Antoni	POL	Opole	1954	M-50	15	00:59:42 (00:59:42)	00:00:18	00:12:03	00:23:50	00:35:43	00:47:44	
92	351	BAJDA	Jacek	POL	WKB META Lubliniec	1977	M-30	20	00:59:43 (00:59:43)	00:00:21	00:11:27	00:23:16	00:35:11	00:47:14	
93	43	PELIKAN	Witold	POL	Kłobuck	1969	M-30	21	00:59:47 (00:59:47)	00:00:22	00:11:35	00:23:14	00:35:07	00:47:18	
94	108	MARKOWSKI	Waldemar	POL	INTERSILESIA Strzelce O	1980	M-20	26	00:59:52 (00:59:52)	00:00:15	00:11:44	00:23:28	00:35:24	00:47:33	
95	201	JĘDRYSIK	Jacek	POL	AZS PWr.	1988	M-20	27	01:00:03 (01:00:03)	00:00:23	00:11:38	00:23:06	00:35:16	00:47:44	
96	80	SZTUKA	Łukasz	POL	AKB Knurów	1980	M-20	28	01:00:12 (01:00:12)	00:00:23	00:12:17	00:24:14	00:36:18	00:48:31	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
97	134	PŁONECKI	Marcin	POL	Wrocław	1982	M-20	29	01:00:21 (01:00:21)	00:00:20	00:11:40	00:23:49	00:36:05	00:48:22	
98	53	WILK	Tadeusz	POL	TKKF MOSiR Czeladź	1952	M-50	16	01:00:25 (01:00:25)	00:00:20	00:11:48	00:23:27	00:35:34	00:48:08	
99	180	KARASOWSKI	Łukasz	POL	Brzeg	1983	M-20	30	01:00:28 (01:00:28)	00:00:17	00:11:24	00:23:02	00:35:05	00:47:40	
100	46	UHORCZAK	Edward	POL	Sosnowiec	1955	M-50	17	01:00:29 (01:00:29)	00:00:22	00:11:55	00:23:52	00:36:03	00:48:14	
101	106	WYLECIAŁ	Dorota	POL	Katowice	1960	K-40	2	01:00:35 (01:00:35)	00:00:20	00:11:49	00:23:49	00:36:01	00:48:21	
102	314	JANIUK	Jacek	POL	Opole	1974	M-30	22	01:00:41 (01:00:41)	00:00:24	00:12:55	00:25:14	00:37:24	00:49:20	
103	230	ATES	Rudolf	POL	ULKS OPAL Kudowa Zdró	1954	M-50	18	01:00:46 (01:00:46)	00:00:20	00:12:07	00:24:01	00:36:04	00:48:25	
104	265	JAKIEMCZUK	Henryk	POL	PKP Opole	1960	M-40	27	01:00:53 (01:00:53)	00:00:15	00:11:56	00:23:58	00:36:10	00:48:35	
105	323	CHODOR	Mariusz	POL	www.biegajz nami.pl Złotor	1979	M-20	31	01:00:55 (01:00:55)	00:00:28	00:12:58	00:24:55	00:36:53	00:48:56	
106	214	KALETA	Jan	POL	LKS ŚWIT Cięcina	1960	M-40	28	01:01:09 (01:01:09)	00:00:27	00:12:23	00:24:29	00:36:44	00:48:59	
107	27	NARUSZEWICZ	Arkadiusz	POL	KRS TKKF Jastrzębie Zdr	1975	M-30	23	01:01:14 (01:01:14)	00:00:19	00:11:49	00:23:55	00:36:17	00:48:47	
108	283	LANKAUF	Waldemar	POL	CROSS Krapkowice	1961	M-40	29	01:01:15 (01:01:15)	00:00:27	00:12:20	00:24:39	00:36:55	00:49:17	
109	220	GRABOWSKI	Krzysztof	POL	KCz PĘDZIWIATR Gliwice	1972	M-30	24	01:01:15 (01:01:15)	00:00:25	00:12:18	00:24:26	00:36:49	00:49:13	
110	36	ŚCIGOCKI	Jan	POL	OSiR Strzelce Opolskie	1951	M-50	19	01:01:22 (01:01:22)	00:00:12	00:11:38	00:23:34	00:35:57	00:48:37	
111	312	PAWLIKOWSKI	Jacek	POL	Jurajski Hatrick Kraków	1968	M-30	25	01:01:28 (01:01:28)	00:00:24	00:13:02	00:25:24	00:37:43	00:49:46	
112	60	BALBUS	Anna	POL	MaratonyPolskie.PL TEAM	1980	K-20	3	01:01:31 (01:01:31)	00:00:14	00:12:04	00:24:14	00:36:36	00:49:07	
113	18	SABOL	Frantisek	SVK	JM DEMOLEKS Bardejov	1964	M-40	30	01:01:31 (01:01:31)	00:00:13	00:12:04	00:24:15	00:36:35	00:49:07	
114	129	SITEK	Witold	POL	KS MARATON Ostrów WI	1956	M-50	20	01:01:33 (01:01:33)	00:00:18	00:12:51	00:25:09	00:37:46	00:49:47	
115	276	MARKOWSKI	Mateusz	POL	KB FIODOR Oława	1991	M-20	32	01:01:35 (01:01:35)	00:00:19	00:11:33	00:23:49	00:36:23	00:49:16	
116	210	KASZUBA	Bogdan	POL	40-latek Tychy	1956	M-50	21	01:01:38 (01:01:38)	00:00:33	00:12:44	00:24:55	00:37:08	00:49:27	
117	133	KUCZERA	Tadeusz	POL	Jankowice	1953	M-50	22	01:01:38 (01:01:38)	00:00:16	00:12:24	00:24:46	00:37:16	00:49:41	
118	187	MAŁEK	Stanisław	POL	TERRIVE Praszka	1954	M-50	23	01:01:40 (01:01:40)	00:00:22	00:12:24	00:24:47	00:37:12	00:49:37	
119	155	NOWAK	Piotr	POL	Mysłowice	1971	M-30	26	01:01:41 (01:01:41)	00:00:31	00:12:29	00:24:43	00:37:01	00:49:24	
120	330	SOBCZYK	Barbara	POL	WKS ŚLĄSK Wrocław	1986	K-20	4	01:01:41 (01:01:41)	00:00:15	00:12:34	00:24:53	00:37:16	00:49:40	
121	326	CZERNA	Michał	POL	FRAGLES Bolesławiec	1977	M-30	27	01:01:42 (01:01:42)	00:00:18	00:12:34	00:24:53	00:37:16	00:49:40	
122	203	KORNAGA	Andrzej	POL	Solidarność KWK WUJEK	1959	M-40	31	01:01:48 (01:01:48)	00:00:25	00:12:04	00:24:16	00:36:51	00:49:21	
123	2	CITKO	Maciej	POL	MaratonyPolskie.PL TEAM	1986	M-20	33	01:02:02 (01:02:02)	00:00:29	00:12:53	00:25:03	00:37:22	00:49:49	
124	250	POGORZELSKI	Grzegorz	POL	DĘBY Wałbrzych	1962	M-40	32	01:02:05 (01:02:05)	00:00:23	00:12:02	00:24:07	00:36:38	00:49:24	
125	125	WYSZKÓN	Mariusz	POL	OSP Łańce	1987	M-20	34	01:02:12 (01:02:12)	00:00:14	00:12:03	00:24:40	00:37:35	00:50:47	
126	227	WYBRANIEC	Andrzej	POL	Kietrz	1950	M-50	24	01:02:20 (01:02:20)	00:00:20	00:12:09	00:24:17	00:36:44	00:49:34	
127	195	DYRLAGA	Stanisław	POL	KS HALNY Węgierska Gór	1958	M-40	33	01:02:21 (01:02:21)	00:00:29	00:12:45	00:24:51	00:37:12	00:49:42	
128	44	MIELNIK	Andrzej	POL	Dąbrowa Górnicza	1959	M-40	34	01:02:23 (01:02:23)	00:00:18	00:12:28	00:24:41	00:37:11	00:49:47	
129	157	FRANKOWSKI	Andrzej	POL	KS MARATON Ostrów WI	1963	M-40	35	01:02:37 (01:02:37)	00:00:24	00:12:48	00:25:09	00:37:46	00:50:07	
130	13	SZNAJDER	Zenon	POL	FORMA Wodzisław Śl.	1952	M-50	25	01:02:42 (01:02:42)	00:00:20	00:12:06	00:24:16	00:36:52	00:50:00	
131	99	SWOBODA	Szymon	POL	Kośmidry	1984	M-20	35	01:02:50 (01:02:50)	00:00:37	00:12:20	00:24:36	00:37:16	00:50:12	
132	322	BRZEZIŃSKI	Paweł	POL	RUNMANIA.COM Opole	1986	M-20	36	01:02:51 (01:02:51)	00:00:28	00:12:30	00:24:37	00:37:03	00:49:39	
133	311	DUNASZEWSKI	Radosław	POL	Paszkówka	1971	M-30	28	01:02:52 (01:02:52)	00:00:23	00:13:02	00:25:24	00:37:47	00:50:36	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
134	122	UCIECHOWSKA	Teresa	POL	AZS PO Opole	1987	K-20	5	01:02:54 (01:02:54)	00:00:20	00:12:23	00:24:48	00:37:28	00:50:12	
135	259	ROSIEK	Stanisław	POL	Sudecki OSG Wrocław	1979	M-20	37	01:03:00 (01:03:00)	00:00:25	00:12:42	00:24:55	00:37:22	00:49:49	
136	145	SZRAUCNER	Miroslaw	POL	WKB META Lubliniec	1969	M-30	29	01:03:03 (01:03:03)	00:00:20	00:12:29	00:24:57	00:37:36	00:50:20	
137	41	MIELCAREK	Leszek	POL	www.madison.biz.pl Bytom	1955	M-50	26	01:03:06 (01:03:06)	00:00:22	00:13:16	00:25:52	00:38:17	00:50:45	
138	352	WOJTYŁA	Tadeusz	POL	Niezdrowice	1958	M-40	36	01:03:09 (01:03:09)	00:00:17	00:11:33	00:23:19	00:35:41	00:48:58	
139	93	KOKOSZEK	Robert	POL	SBD ENERGETYK Rybnik	1972	M-30	30	01:03:12 (01:03:12)	00:00:25	00:12:58	00:25:18	00:37:44	00:50:30	
140	30	WCISŁO	Stanisław	POL	KKB DYSTANS Kraków	1958	M-40	37	01:03:13 (01:03:13)	00:00:29	00:13:05	00:25:36	00:38:10	00:50:46	
141	124	STODOLSKI	Tomasz	POL	KS MARATON Ostrów WI	1956	M-50	27	01:03:14 (01:03:14)	00:00:26	00:12:50	00:25:09	00:37:48	00:50:36	
142	103	MARKIEWICZ	Wiesław	POL	ŻÓŁWIK Opole	1957	M-50	28	01:03:17 (01:03:17)	00:00:24	00:12:22	00:24:47	00:37:28	00:50:19	
143	172	RUDY	Jacek	POL	www.biegajznami.pl Wrocl	1980	M-20	38	01:03:18 (01:03:18)	00:00:30	00:13:29	00:26:02	00:38:37	00:51:12	
144	66	STAWOWY	Roman	POL	KS KROTOSZ Krotoszyn	1960	M-40	38	01:03:21 (01:03:21)	00:00:26	00:12:39	00:25:06	00:37:48	00:50:37	
145	50	WYMYSŁO	Andrzej	POL	Piekary Śl.	1957	M-50	29	01:03:21 (01:03:21)	00:00:19	00:12:12	00:25:05	00:38:19	00:50:51	
146	62	TYCZYŃSKI	Piotr	POL	KS KROTOSZ Krotoszyn	1965	M-40	39	01:03:22 (01:03:22)	00:00:26	00:13:22	00:25:58	00:38:35	00:51:09	
147	71	GRZEMPOWSKI	Piotr	POL	KS KROTOSZ Krotoszyn	1988	M-20	39	01:03:22 (01:03:22)	00:00:26	00:13:21	00:25:58	00:38:35	00:51:09	
148	193	USZKO	Grzegorz	POL	KS Siedlec	1967	M-40	40	01:03:26 (01:03:26)	00:00:18	00:12:28	00:25:04	00:37:46	00:50:39	
149	301	BELZYT	Edmund	POL	Częstochowa	1956	M-50	30	01:03:28 (01:03:28)	00:00:35	00:12:47	00:25:07	00:37:45	00:50:38	
150	308	ZAGÓRSKI	Zygmunt	POL	KB Branice	1944	M-60	3	01:03:33 (01:03:33)	00:00:24	00:12:53	00:25:28	00:38:13	00:50:55	
151	306	ZAGÓRSKI	Paweł	POL	KB Branice	1971	M-30	31	01:03:34 (01:03:34)	00:00:23	00:12:54	00:25:28	00:38:13	00:50:54	
152	244	CIBIS	Adam	POL	MLUKS TECHNIK Komorn	1989	M-20	40	01:03:34 (01:03:34)	00:00:14	00:11:35	00:23:47	00:36:26	00:49:59	
153	168	ELIASZ	Robert	POL	Zabrze	1965	M-40	41	01:03:36 (01:03:36)	00:00:25	00:13:12	00:25:45	00:38:19	00:51:06	
154	127	WYSZKOŃ	Franciszek	POL	Łańce	1981	M-20	41	01:03:40 (01:03:40)	00:00:14	00:12:03	00:24:40	00:37:35	00:50:47	
155	321	KUKUŁA	Wojciech	POL	www.biegopolski.pl	1987	M-20	42	01:03:42 (01:03:42)	00:00:25	00:12:29	00:25:05	00:38:07	00:51:07	
156	120	CHŁAP	Elżbieta	POL	doliniarze.com	1971	K-30	2	01:03:52 (01:03:52)	00:00:35	00:13:28	00:26:00	00:38:36	00:51:19	
157	269	SAB	Amaru	POL	Livitaca	1960	M-40	42	01:03:52 (01:03:52)	00:00:33	00:13:32	00:26:00	00:38:36	00:51:19	
158	167	WIRA	Miroslaw	POL	WKB PIAST Wrocław	1959	M-40	43	01:04:00 (01:04:00)	00:00:28	00:13:14	00:26:03	00:38:50	00:51:35	
159	332	LEWICKI	Tomasz	POL	Gliwice	1978	M-20	43	01:04:05 (01:04:05)	00:00:28	00:13:17	00:25:58	00:38:44	00:51:30	
160	24	ZAWADKA	Mateusz	POL	WKB META Lubliniec	1988	M-20	44	01:04:07 (01:04:07)	00:00:22	00:12:56	00:25:41	00:38:32	00:51:21	
161	264	PETRYK	Adam	POL	Lubecko	1974	M-30	32	01:04:10 (01:04:10)	00:00:26	00:13:22	00:25:55	00:38:39	00:51:28	
162	82	OLENIASZ	Marek	POL	LZS Trzebnica	1955	M-50	31	01:04:10 (01:04:10)	00:00:32	00:13:48	00:26:40	00:39:26	00:52:01	
163	206	ROMAN	Krzysztof	POL	ULKS OPAL Kudowa Zdró	1959	M-40	44	01:04:12 (01:04:12)	00:00:26	00:13:22	00:25:57	00:38:48	00:51:53	
164	297	CISZYŃSKI	Marek	POL	START Katowice	1964	M-40	45	01:04:18 (01:04:18)	00:00:36	00:13:28	00:26:06	00:38:53	00:51:41	
165	307	KAWECKI	Józef	POL	KB Branice	1949	M-50	32	01:04:19 (01:04:19)	00:00:23	00:12:53	00:25:29	00:38:48	00:51:39	
166	232	GAWRYŚ	Czesław	POL	POGOŃ Duszniki Śląskie	1947	M-60	4	01:04:31 (01:04:31)	00:00:19	00:13:03	00:25:58	00:38:48	00:51:40	
167	209	URBAN	Roman	POL	Wrocław	1970	M-30	33	01:04:33 (01:04:33)	00:00:36	00:13:15	00:26:01	00:38:52	00:51:54	
168	223	KOPIJ	Wiesław	POL	PKS Brzeg	1962	M-40	46	01:04:49 (01:04:49)	00:00:29	00:12:52	00:25:28	00:38:33	00:51:42	
169	204	MILO	Zbigniew	POL	ZSO4 Bytom	1974	M-30	34	01:04:50 (01:04:50)	00:00:32	00:12:40	00:25:06	00:37:48	00:50:53	
170	309	NĘDZA	Bartłomiej	POL	Jurajski Hattrick Pradła	1991	M-20	45	01:05:04 (01:05:04)	00:00:24	00:13:40	00:26:33	00:39:11	00:52:14	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
171	147	CICHY	Patryk	POL	WKB META Lubliniec	1988	M-20	46	01:05:06 (01:05:06)	00:00:24	00:14:16	00:27:12	00:40:03	00:52:57	
172	16	MARAS	Ladislav	SVK	FORMA Wodzisław Śl.	1963	M-40	47	01:05:11 (01:05:11)	00:00:31	00:14:12	00:27:15	00:40:10	00:52:44	
173	163	WRÓŃSKA	Beata	POL	Jasło	1980	K-20	6	01:05:21 (01:05:21)	00:00:19	00:12:33	00:25:21	00:38:32	00:51:50	
174	159	CYBULSKI	Krzysztof	POL	Gliwice	1962	M-40	48	01:05:21 (01:05:21)	00:00:17	00:12:36	00:25:21	00:38:32	00:51:50	
175	353	KIEL	Tomasz	POL	CHEMIK Kędzierzyn Koźle	1978	M-20	47	01:05:29 (01:05:29)	00:00:22	00:13:29	00:26:37	00:39:45	00:52:55	
176	251	KAŁUŻA	Adrian	POL	Tarnów Opolski	1987	M-20	48	01:05:30 (01:05:30)	00:00:32	00:14:16	00:27:13	00:40:05	00:53:02	
177	25	KORDZIŃSKI	Kazimierz	POL	WKB META Lubliniec	1958	M-40	49	01:05:38 (01:05:38)	00:00:26	00:13:35	00:26:36	00:40:14	00:53:36	
178	343	CHOJNACKI	Stanisław	POL	Czeladź	1950	M-50	33	01:05:41 (01:05:41)	00:00:15	00:12:56	00:25:58	00:39:10	00:52:25	
179	219	WLIZŁO	Tomasz	POL	ARCADIS PROFIL Wrocław	1974	M-30	35	01:05:49 (01:05:49)	00:00:33	00:14:05	00:27:10	00:40:13	00:53:11	
180	131	KOSTRZAK	Czesław	POL	KB SOKÓŁ Knurów	1960	M-40	50	01:05:52 (01:05:52)	00:00:22	00:13:04	00:26:16	00:39:36	00:52:53	
181	116	ADAMUS	Justyna	POL	doliniarze.com Katowice	1979	K-20	7	01:05:54 (01:05:54)	00:00:35	00:14:27	00:27:35	00:40:28	00:53:15	
182	189	DANIELAK	Roman	POL	KB DYSTANS Kraków	1967	M-40	51	01:06:00 (01:06:00)	00:00:29	00:13:13	00:26:00	00:39:15	00:52:47	
183	361	FORMA	Ewelina	POL	Mysłowice	1979	K-20	8	01:06:01 (01:06:01)	00:00:25	00:13:10	00:26:08	00:39:30	00:52:53	
184	126	PAPAŁA	Leszek	POL	doliniarze.com Łaziska G	1962	M-40	52	01:06:03 (01:06:03)	00:00:35	00:14:27	00:27:36	00:40:29	00:53:15	
185	271	WIZOR	Robert	POL	ARTEA Gliwice	1961	M-40	53	01:06:15 (01:06:15)	00:00:27	00:13:36	00:26:31	00:39:56	00:53:15	
186	45	MŁYNARSKA	Mariola	POL	WKB META Lubliniec	1971	K-30	3	01:06:19 (01:06:19)	00:00:15	00:12:40	00:25:47	00:39:15	00:52:53	
187	345	ZACHARIASZ	Józef	POL	Opole	1964	M-40	54	01:06:20 (01:06:20)	00:00:39	00:13:29	00:26:10	00:39:29	00:52:56	
188	296	SŁUPNY	Marek	POL	ZZRG KWK MURCKI Kato	1969	M-30	36	01:06:24 (01:06:24)	00:00:26	00:13:39	00:27:08	00:40:54	00:53:56	
189	371	KOWALSKI	Wojciech	POL	Leśnica	1971	M-30	37	01:06:27 (01:06:27)	00:00:25	00:12:47	00:25:51	00:39:28	00:53:13	
190	310	NĘDZA	Marek	POL	Jurajski Hatrick Pradła	1963	M-40	55	01:06:36 (01:06:36)	00:00:24	00:13:24	00:26:27	00:39:51	00:53:23	
191	305	WÓJTOWICZ	Marcin	POL	ŚLIMAK Bytków Siemiano	1977	M-30	38	01:06:38 (01:06:38)	00:00:27	00:12:50	00:25:41	00:38:58	00:52:35	
192	139	BZIUKIEWICZ	Michał	POL	WK SOKÓŁ Knurów	1989	M-20	49	01:06:43 (01:06:43)	00:00:18	00:13:42	00:27:09	00:40:22	00:53:38	
193	303	GEŁEJ	Marek	POL	Opole	1981	M-20	50	01:06:49 (01:06:49)	00:00:36	00:14:16	00:27:18	00:40:54	00:54:13	
194	171	TARCZYŃSKI	Grzegorz	POL	MARATON Pęgów	1974	M-30	39	01:06:49 (01:06:49)	00:00:18	00:13:34	00:26:58	00:40:25	00:53:53	
195	92	KRETEK	Krzysztof	POL	rybnik	1975	M-30	40	01:06:50 (01:06:50)	00:00:25	00:13:04	00:26:08	00:39:29	00:53:14	
196	165	GŁADCZAK	Jan	POL	KRS TKKF JASTRZĄB Ru	1962	M-40	56	01:06:52 (01:06:52)	00:00:25	00:13:27	00:26:32	00:39:57	00:53:33	
197	58	BALBUS	Michał	POL	www.biegajznami.pl Bytom	1952	M-50	34	01:06:57 (01:06:57)	00:00:19	00:12:29	00:25:37	00:39:00	00:52:52	
198	339	ROSIKOŃ	Stanisław	POL	NKB ZRYW Namysłów	1959	M-40	57	01:07:01 (01:07:01)	00:00:34	00:13:37	00:26:47	00:40:12	00:53:40	
199	75	KOPREK	Edmund	POL	WKB META Lubliniec	1960	M-40	58	01:07:01 (01:07:01)	00:00:26	00:13:46	00:26:50	00:40:15	00:53:42	
200	285	WAŚIK	Marek	POL	WKB PIAST Wrocław	1960	M-40	59	01:07:02 (01:07:02)	00:00:17	00:12:37	00:25:46	00:39:18	00:53:14	
201	132	BLUSZCZ	Stefan	POL	Świerklany	1952	M-50	35	01:07:04 (01:07:04)	00:00:17	00:13:19	00:26:38	00:40:10	00:53:40	
202	205	ROMAN	Elżbieta	POL	ULKS OPAL Kudowa Zdró	1954	K-50	1	01:07:07 (01:07:07)	00:00:25	00:13:25	00:26:27	00:39:58	00:53:34	
203	226	BUDZIK	Ryszard	POL	PWiK Brzeg	1962	M-40	60	01:07:10 (01:07:10)	00:00:31	00:14:24	00:27:35	00:40:48	00:53:58	
204	365	SPAŁEK	Andrzej	POL	Zawadzkie	1967	M-40	61	01:07:12 (01:07:12)	00:00:33	00:13:43	00:26:58	00:40:35	00:54:14	
205	175	JARZĘBOWICZ	Adam	POL	YARZOMB Katowice	1975	M-30	41	01:07:15 (01:07:15)	00:00:36	00:13:58	00:27:12	00:40:54	00:54:20	
206	137	BODYŁ	Roman	POL	Pabianice	1969	M-30	42	01:07:16 (01:07:16)	00:00:30	00:13:12	00:26:15	00:39:43	00:53:33	
207	140	STARONIEWICZ	Janusz	POL	KJB Rabka-Słone	1954	M-50	36	01:07:18 (01:07:18)	00:00:28	00:13:32	00:26:37	00:40:02	00:53:39	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
208	52	WYMYSŁO	Czesław	POL	MOSiR Piekary Śl.	1956	M-50	37	01:07:20 (01:07:20)	00:00:16	00:13:04	00:26:18	00:39:55	00:53:43	
209	48	CHUDY	Jacek	POL	Blachownia	1975	M-30	43	01:07:21 (01:07:21)	00:00:25	00:13:28	00:26:36	00:40:15	00:53:59	
210	11	KONTOWICZ	Rafał	POL	TRUCHTACZ Mysłowice	1974	M-30	44	01:07:23 (01:07:23)	00:00:30	00:14:09	00:27:15	00:40:27	00:54:11	
211	158	MATYSIAK	Jacek	POL	KS MARATON Ostrów WI	1960	M-40	62	01:07:30 (01:07:30)	00:00:30	00:13:23	00:26:29	00:40:02	00:53:42	
212	348	JAGUSIAK	Jarosław	POL	Wręczyca Wielka	1976	M-30	45	01:07:32 (01:07:32)	00:00:22	00:12:59	00:26:19	00:40:10	00:53:37	
213	293	WIŚNIEWSKI	Piotr	POL	WKB META Lubliniec	1972	M-30	46	01:07:37 (01:07:37)	00:00:24	00:13:38	00:26:57	00:40:24	00:54:13	
214	318	KUŚMIEREK	Wiktor	POL	WKB META Lubliniec	1945	M-60	5	01:07:37 (01:07:37)	00:00:18	00:13:27	00:27:02	00:40:32	00:54:12	
215	73	FIJAK	Jerzy	POL	Kraków	1956	M-50	38	01:07:45 (01:07:45)	00:00:29	00:13:44	00:26:56	00:40:30	00:54:20	
216	161	MLASKAWA	Edward	POL	Zabrze	1949	M-50	39	01:07:47 (01:07:47)	00:00:40	00:14:28	00:27:47	00:40:55	00:54:25	
217	9	SAMOLAK	Ireneusz	POL	FORMA Wodzisław Śl.	1976	M-30	47	01:07:50 (01:07:50)	00:00:19	00:13:16	00:26:33	00:40:07	00:53:55	
218	29	NOWARA	Andrzej	POL	Rzeczyce	1965	M-40	63	01:07:50 (01:07:50)	00:00:32	00:13:56	00:27:19	00:40:50	00:54:21	
219	317	LEŚKIEWICZ	Zofia	POL	Bielsko Biała	1952	K-50	2	01:07:56 (01:07:56)	00:00:16	00:13:03	00:26:27	00:40:02	00:53:51	
220	295	MACZUGA	Józef	POL	KWK Wesola	1956	M-50	40	01:07:57 (01:07:57)	00:00:18	00:13:38	00:27:08	00:40:54	00:54:32	
221	333	GUCMAN	Bartłomiej	POL	Opole	1976	M-30	48	01:07:58 (01:07:58)	00:00:33	00:14:11	00:27:37	00:40:59	00:54:31	
222	4	KRÓL	Marek	POL	Sek. bieg przy KSR Strzel	1977	M-30	49	01:07:59 (01:07:59)	00:00:21	00:12:53	00:26:12	00:39:53	00:54:10	
223	288	KOZIMOR	Wiesław	POL	Lewin Brzeski	1961	M-40	64	01:08:00 (01:08:00)	00:00:19	00:13:25	00:27:10	00:40:53	00:54:27	
224	115	MIZERA	Agnieszka	POL	Wrocław	1969	K-30	4	01:08:02 (01:08:02)	00:00:21	00:13:43	00:27:17	00:40:52	00:54:31	
225	89	BAK	Piotr	POL	Kraków	1961	M-40	65	01:08:04 (01:08:04)	00:00:26	00:13:54	00:27:31	00:40:58	00:54:31	
226	49	GUTOWSKI	Dariusz	POL	Kłobuck	1968	M-30	50	01:08:11 (01:08:11)	00:00:29	00:14:05	00:27:35	00:41:08	00:54:43	
227	98	MACHOŃ	Marian	POL	WKB META Lubliniec	1953	M-50	41	01:08:25 (01:08:25)	00:00:30	00:14:04	00:27:28	00:40:55	00:54:38	
228	277	ERTEL	Radosław	POL	MaratonyPolskie.PL TEAM	1968	M-30	51	01:08:26 (01:08:26)	00:00:40	00:14:18	00:28:07	00:41:35	00:55:03	
229	149	MAZUR	Tadeusz	POL	WKB META Lubliniec	1947	M-60	6	01:08:28 (01:08:28)	00:00:12	00:13:03	00:26:31	00:40:21	00:54:26	
230	91	PIETREK	Henryk	POL	Katowice	1944	M-60	7	01:08:29 (01:08:29)	00:00:15	00:13:21	00:26:59	00:40:49	00:54:43	
231	142	MODRZEJEWSKI	Roman	POL	Grabów n/Prosną	1967	M-40	66	01:08:36 (01:08:36)						
232	260	TAJDUŚ	Bogusław	POL	DĘBY Wałbrzych	1965	M-40	67	01:08:44 (01:08:44)	00:00:22	00:12:05	00:26:47	00:40:47	00:54:27	
233	154	SOWIŃSKI	Walerian	POL	KCz PĘDZIWIATR Gliwice	1946	M-60	8	01:08:45 (01:08:45)	00:00:31	00:14:37	00:28:19	00:41:55	00:55:29	
234	164	SZUDY	Katarzyna	POL	Ruda Śląska	1982	K-20	9	01:08:47 (01:08:47)	00:00:21	00:13:54	00:27:42	00:41:38	00:55:17	
235	23	MARKOWSKI	Adam	POL	WKB META Lubliniec	1993	M-20	51	01:08:50 (01:08:50)	00:00:27	00:13:55	00:27:27	00:41:06	00:54:56	
236	22	MARKOWSKI	Zbigniew	POL	WKB META Lubliniec	1970	M-30	52	01:08:57 (01:08:57)	00:00:26	00:13:55	00:27:27	00:41:06	00:54:56	
237	360	KONIECZNY	Jacek	POL	REMEDIIUM Pyskowice	1982	M-20	52	01:08:59 (01:08:59)	00:00:39	00:13:43	00:26:59	00:40:46	00:54:52	
238	216	KRÓL	Adam	POL	ŻÓŁWIK Opole	1960	M-40	68	01:09:07 (01:09:07)	00:00:13	00:13:55	00:27:39	00:41:22	00:55:15	
239	94	ŚLĘZAK	Andrzej	POL	Katowice	1968	M-30	53	01:09:09 (01:09:09)	00:00:36	00:14:17	00:27:48	00:41:32	00:55:18	
240	77	PYKA	Rafał	POL	RSiR Strzelce Op.	1987	M-20	53	01:09:12 (01:09:12)	00:00:21	00:13:42	00:27:31	00:41:41	00:55:30	
241	340	BERESZKO	Waldemar	POL	MOSiR Czeladź	1952	M-50	42	01:09:14 (01:09:14)	00:00:33	00:14:15	00:27:57	00:41:40	00:55:28	
242	10	PŁOWAŚ	Zbigniew	POL	FORMA Wodzisław Śl.	1953	M-50	43	01:09:15 (01:09:15)	00:00:17	00:13:58	00:27:42	00:41:29	00:55:20	
243	268	FIDOR	Andrzej	POL	WKB PIAST Wrocław	1987	M-20	54	01:09:22 (01:09:22)	00:00:13	00:13:37	00:27:25	00:41:27	00:55:38	
244	291	KRAJEWSKI	Sławomir	POL	dolinarze.com	1956	M-50	44	01:09:25 (01:09:25)	00:00:37	00:15:00	00:29:04	00:42:27	00:56:05	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik</i>	<i>(netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
245	87	MANDAT	Jan	POL	KB LUPUS Oleśnica	1959	M-40	69	01:09:28	(01:09:28)	00:00:17	00:13:03	00:26:42	00:40:45	00:54:50	
246	315	KOZIOL	Sebastian	POL	Stare Budkowice	1977	M-30	54	01:09:33	(01:09:33)	00:00:25	00:13:30	00:26:52	00:40:55	00:55:40	
247	272	ORLIK	Jerzy	POL	PLASTAL Gliwice	1959	M-40	70	01:09:43	(01:09:43)	00:00:23	00:14:39	00:28:49	00:43:05	00:57:09	
248	362	BIERNACKI	Arkadiusz	POL	KB LUPUS OPOLE	1968	M-30	55	01:09:49	(01:09:49)	00:00:32	00:14:35	00:28:22	00:42:16	00:56:16	
249	337	COPIJA	Ireneusz	POL	Gliwice	1977	M-30	56	01:09:53	(01:09:53)	00:00:28	00:14:32	00:28:41	00:42:20	00:56:19	
250	100	DULSKI	Daniel	POL	WKB META Lubliniec	1991	M-20	55	01:10:02	(01:10:02)	00:00:23	00:14:16	00:28:14	00:42:17	00:56:38	
251	378	DOBOSZ	Jacek	POL	TS IRON MAN Gogolin	1970	M-30	57	01:10:04	(01:10:04)	00:00:27	00:13:02	00:26:20	00:40:06	00:54:31	
252	104	GOŁEK	Diana	POL	WKB META Lubliniec	1983	K-20	10	01:10:07	(01:10:07)	00:00:23	00:14:16	00:28:14	00:42:17	00:56:38	
253	117	OZIMEK	Damian	POL	Antoniów	1983	M-20	56	01:10:08	(01:10:08)	00:00:40	00:14:55	00:28:41	00:42:22	00:56:19	
254	118	ŁOGIEWA	Andrzej	POL	KB JÓZEFINKA Katowice	1950	M-50	45	01:10:25	(01:10:25)	00:00:35	00:14:35	00:28:22	00:42:13	00:56:21	
255	63	KNAPIK	Jan	POL	KS KROTOSZ Krotoszyn	1959	M-40	71	01:10:28	(01:10:28)	00:00:27	00:14:44	00:28:45	00:42:39	00:56:41	
256	313	BOHDAN	Ryszard	POL	Zdzieszowice	1950	M-50	46	01:10:35	(01:10:35)	00:00:33	00:14:48	00:28:44	00:42:34	00:56:32	
257	83	LEWICKA	Elżbieta	POL	AKB Knurów	1975	K-30	5	01:10:36	(01:10:36)	00:00:30	00:14:55	00:28:59	00:42:55	00:56:48	
258	224	KOPIJ	Henryk	POL	PKS Brzeg	1955	M-50	47	01:10:36	(01:10:36)	00:00:28	00:13:54	00:27:40	00:41:42	00:56:05	
259	229	PRZYBYLSKI	Mariusz	POL	Kietrz	1976	M-30	58	01:10:42	(01:10:42)	00:00:31	00:13:41	00:27:19	00:41:48	00:56:49	
260	1	PRIMUS	Waldemar	POL	RSiR Strzelce Op.	1959	M-40	72	01:10:42	(01:10:42)	00:00:23	00:13:50	00:27:30	00:41:37	00:55:55	
261	177	PLUSKOTA	Henryk	POL	TEDRIVE Praszka	1958	M-40	73	01:10:47	(01:10:47)	00:00:34	00:15:17	00:29:22	00:43:21	00:57:15	
262	186	MOSIAŁA	Jan	POL	TEDRIVE Praszka	1962	M-40	74	01:10:53	(01:10:53)	00:00:34	00:15:17	00:29:22	00:43:21	00:57:15	
263	153	LEJCZAK	Krzysztof	POL	CROSS Krapkowice	1963	M-40	75	01:10:56	(01:10:56)	00:00:29	00:14:19	00:28:13	00:42:27	00:56:43	
264	280	NOWAK	Ryszard	POL	Sosnowiec	1957	M-50	48	01:10:58	(01:10:58)	00:00:34	00:14:38	00:28:44	00:42:58	00:57:06	
265	279	ZACKIEWICZ	Tomasz	POL	Jelcz-Laskowice	1970	M-30	59	01:11:05	(01:11:05)	00:00:18	00:13:35	00:27:44	00:42:01	00:56:35	
266	3	STANISŁAWCZYK	Jacek	POL	WKB META Lubliniec	1968	M-30	60	01:11:06	(01:11:06)	00:00:25	00:14:16	00:28:12	00:42:15	00:56:44	
267	358	SZKUDLAREK	Tomasz	POL	NKB ZRYW Namysłów	1972	M-30	61	01:11:17	(01:11:17)	00:00:35	00:15:01	00:29:04	00:43:22	00:57:15	
268	331	UDOLF	Jan	POL	KB JÓZEFINKA Katowice	1949	M-50	49	01:11:23	(01:11:23)	00:00:47	00:14:00	00:28:16	00:42:13	00:56:56	
269	42	CICHOPEK	Bożena	POL	KB MCKiS Jaworzno	1964	K-40	3	01:11:26	(01:11:26)	00:00:24	00:15:01	00:29:06	00:43:03	00:57:09	
270	218	BUDZYN	Waldemar	POL	ŻÓŁWIK Opole	1962	M-40	76	01:11:26	(01:11:26)	00:00:14	00:13:54	00:27:43	00:41:49	00:56:24	
271	370	SOCHA	Radosław	POL	Strzelce Op.	1986	M-20	57	01:11:36	(01:11:36)	00:00:19	00:14:45	00:28:56	00:43:41	00:57:41	
272	184	ZASTAWNY	Ryszard	POL	Orzesze	1949	M-50	50	01:11:45	(01:11:45)	00:00:35	00:14:27	00:27:57	00:42:11	00:56:50	
273	275	TOMECKI	Jerzy	POL	CHROMIK Mysłowice	1941	M-60	9	01:11:47	(01:11:47)	00:00:17	00:14:13	00:28:28	00:42:58	00:57:24	
274	162	KAPUŚCIŃSKA	Anna	POL	VICTORIA Świętochłowice	1952	K-50	3	01:12:01	(01:12:01)	00:00:15	00:14:31	00:28:58	00:43:30	00:57:46	
275	278	SZTYK	Jarosław	POL	Jelcz-Laskowice	1967	M-40	77	01:12:02	(01:12:02)	00:00:41	00:15:08	00:28:54	00:43:06	00:57:55	
276	235	BOCZAR	Andrzej	POL	Kietrz	1955	M-50	51	01:12:02	(01:12:02)	00:00:37	00:15:02	00:29:11	00:43:26	00:57:55	
277	54	KĘZIERSKI	Zenon	POL	OSiR Strzelce Op.	1951	M-50	52	01:12:04	(01:12:04)	00:00:32	00:14:05	00:27:57	00:42:17	00:56:58	
278	79	NOWAK	Czesław	POL	AKB Knurów	1951	M-50	53	01:12:06	(01:12:06)	00:00:30	00:14:06	00:28:02	00:42:24	00:57:00	
279	143	KARKOSZKA	Marcin	POL	Masanów	1990	M-20	58	01:12:10	(01:12:10)						
280	347	SKIBIŃSKI	Jacek	POL	Lubliniec	1977	M-30	62	01:12:10	(01:12:10)	00:00:21	00:14:19	00:28:24	00:42:46	00:57:25	
281	304	USZKO	Sabina	POL	KS Siedlec	1965	K-40	4	01:12:11	(01:12:11)	00:00:20	00:14:08	00:28:32	00:42:57	00:57:37	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
282	112	SOBCZAK	Andrzej	POL	KB Kąty Wrocławskie	1961	M-40	78	01:12:29 (01:12:29)	00:00:35	00:15:06	00:29:33	00:44:01	00:58:28	
283	194	JURASZEK	Antoni	POL	KS HALNY Węgierska Gór	1956	M-50	54	01:12:32 (01:12:32)	00:00:30	00:14:11	00:28:15	00:42:54	00:57:56	
284	377	STANKIEWICZ	Iwona	POL	WKB PIAST Wrocław	1959	K-40	5	01:12:38 (01:12:38)	00:00:22	00:14:17	00:28:42	00:43:19	00:57:58	
285	105	LIBERA	Stanisław	POL	DYSTANS Kraków	1963	M-40	79	01:12:42 (01:12:42)	00:00:33	00:14:28	00:28:26	00:42:45	00:57:28	
286	188	CIEŚLA	Jan	POL	Praszka	1950	M-50	55	01:12:52 (01:12:52)	00:00:34	00:15:25	00:29:38	00:43:46	00:58:20	
287	325	KALINOWSKI	Paweł	POL	GÓRNIK Sosnowiec	1976	M-30	63	01:12:54 (01:12:54)	00:00:39	00:16:26	00:31:37	00:45:29	00:59:00	
288	190	GRUCA	Wiesław	POL	KKB DYSTANS Kraków	1965	M-40	80	01:12:56 (01:12:56)	00:00:43	00:15:28	00:30:02	00:44:43	00:59:39	
289	363	MARCINKIEWICZ	Paweł	POL	Opole	1969	M-30	64	01:12:56 (01:12:56)	00:00:33	00:14:35	00:28:36	00:43:13	00:58:09	
290	368	MATURA	Paweł	POL	Bytom	1973	M-30	65	01:13:01 (01:13:01)	00:00:30	00:14:12	00:28:12	00:42:41	00:57:59	
291	144	WĘGLER	Kornelia	POL	KRS TKKF JASTRZĄB Ru	1970	K-30	6	01:13:05 (01:13:05)	00:00:28	00:14:37	00:29:11	00:43:58	00:58:40	
292	253	LISIECKI	Grzegorz	POL	Piekary Śl.	1965	M-40	81	01:13:07 (01:13:07)	00:00:33	00:14:38	00:28:51	00:43:28	00:58:19	
293	179	KARASOWSKI	Marek	POL	Brzeg	1960	M-40	82	01:13:15 (01:13:15)	00:00:31	00:14:32	00:28:52	00:43:28	00:58:20	
294	64	MAĆKOWIAK	Valery	POL	KS KROTOSZ Krotoszyn	1954	M-50	56	01:13:16 (01:13:16)	00:00:29	00:15:04	00:29:30	00:44:04	00:58:45	
295	141	SZYMCZYK	Barbara	POL	KRS TKKF JASTRZĄB Ru	1970	K-30	7	01:13:20 (01:13:20)	00:00:27	00:14:36	00:29:12	00:44:02	00:58:47	
296	338	SZURA	Henryk	POL	Sosnowiec	1956	M-50	57	01:13:21 (01:13:21)	00:00:38	00:14:27	00:28:55	00:43:37	00:58:39	
297	341	SUCHOCKI	Mieczysław	POL	Sosnowiec	1953	M-50	58	01:13:21 (01:13:21)	00:00:39	00:14:26	00:28:55	00:43:36	00:58:39	
298	156	MATHYSIAK	Hieronim	POL	Kobyła Góra	1959	M-40	83	01:13:23 (01:13:23)	00:00:31	00:14:18	00:28:29	00:42:57	00:57:43	
299	248	JAGODZIŃSKI	Józef	POL	WKB Wałbrzych	1944	M-60	10	01:13:24 (01:13:24)	00:00:42	00:15:57	00:30:19	00:44:39	00:59:12	
300	222	LIER	Paweł	POL	WKB SKORPION Opole	1963	M-40	84	01:13:30 (01:13:30)	00:00:23	00:14:18	00:28:32	00:43:16	00:58:23	
301	185	ŻYŁA	Paweł	POL	Kraków	1963	M-40	85	01:13:31 (01:13:31)	00:00:42	00:15:28	00:30:01	00:44:43	00:59:38	
302	367	MALINOWSKA	Iwona	POL	Bytom	1975	K-30	8	01:13:33 (01:13:33)	00:00:29	00:14:11	00:28:17	00:43:00	00:58:17	
303	191	NOWAK	Marek	POL	KKB DYSTANS Kraków	1957	M-50	59	01:13:56 (01:13:56)	00:00:42	00:15:28	00:30:02	00:44:43	00:59:38	
304	12	TOMECKO	Józef	SVK	Presov	1953	M-50	60	01:13:58 (01:13:58)	00:00:31	00:14:24	00:28:39	00:42:53	00:57:35	
305	207	WÓJTOWICZ	Andrzej	POL	Kietrz	1956	M-50	61	01:14:10 (01:14:10)	00:00:42	00:15:31	00:30:19	00:45:05	00:59:54	
306	302	TERZECKI	Józef	POL	WKB META Lubliniec	1954	M-50	62	01:14:18 (01:14:18)	00:00:41	00:15:22	00:29:44	00:44:25	00:59:17	
307	69	STAROSTKA	Andrzej	POL	Kędzierzyn-Koźle	1948	M-50	63	01:14:36 (01:14:36)	00:00:27	00:14:57	00:29:42	00:44:41	00:59:50	
308	292	PILAWSKA	Agnieszka	POL	doliniarze.com	1974	K-30	9	01:14:37 (01:14:37)	00:00:38	00:15:01	00:29:04	00:44:14	00:59:32	
309	290	WITAS	Miras	POL	doliniarze.com	1966	M-40	86	01:14:37 (01:14:37)	00:00:38	00:15:01	00:29:04	00:44:14	00:59:32	
310	192	BOCZKOWSKI	Jerzy	POL	KKB DYSTANS Kraków	1956	M-50	64	01:14:38 (01:14:38)	00:00:42	00:15:29	00:30:03	00:44:44	00:59:39	
311	225	GOLIK	Jerzy	POL	PKS Brzeg	1956	M-50	65	01:14:45 (01:14:45)	00:00:27	00:13:52	00:27:55	00:42:55	00:58:41	
312	354	SCHWIERKOTT	Jan	POL	KS Sławęcice	1990	M-20	59	01:14:47 (01:14:47)	00:00:27	00:15:13	00:30:34	00:45:34	01:01:05	
313	284	DOBROWOLSKI	Damian	POL	KB Głubczyce	1972	M-30	66	01:14:49 (01:14:49)	00:00:29	00:13:59	00:28:37	00:43:25	00:58:59	
314	289	BIĄŁAS	Stanisław	POL	PKS Brzeg	1956	M-50	66	01:14:57 (01:14:57)	00:00:19	00:13:29	00:28:19	00:44:52	01:00:31	
315	254	MACZUGOWSKI	Janusz	POL	OLDBOYS Kmienna Góra	1944	M-60	11	01:15:00 (01:15:00)	00:00:24	00:14:38	00:29:19	00:44:17	00:59:24	
316	344	JANKOWSKI	Henryk	POL	TKKF MOSiR Czeladź	1946	M-60	12	01:15:04 (01:15:04)	00:00:37	00:14:44	00:29:17	00:44:14	00:59:29	
317	183	ZASTAWNY	Barbara	POL	KB Politechnika Śl.	1984	K-20	11	01:15:08 (01:15:08)	00:00:35	00:14:55	00:29:15	00:44:20	00:59:38	
318	182	ZASTAWNY	Katarzyna	POL	doliniarze.com Gardawice	1980	K-20	12	01:15:08 (01:15:08)	00:00:36	00:14:55	00:29:15	00:44:20	00:59:38	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
319	263	JAKUBCZYK	Piotr	POL	Kędzierzyn -Kozle	1975	M-30	67	01:15:22 (01:15:22)	00:00:36	00:15:29	00:30:12	00:45:00	01:00:18	
320	270	TUREK	Rudolf	POL	WKB Wałbrzych	1941	M-60	13	01:15:35 (01:15:35)	00:00:24	00:14:47	00:29:48	00:44:59	01:00:18	
321	374	MATUSZCZYK	Adrian	POL	Strzelce Op.	1973	M-30	68	01:15:42 (01:15:42)	00:00:29	00:13:54	00:27:37	00:42:00	00:57:19	
322	90	SZYMSKI	Marian	POL	Imielin	1951	M-50	67	01:15:56 (01:15:56)	00:00:30	00:15:34	00:30:42	00:45:33	01:00:39	
323	372	BANAŚ	Janusz	POL	SUPERMARATON Kalisz	1962	M-40	87	01:16:08 (01:16:08)	00:00:30	00:13:56	00:28:16	00:43:01	00:58:28	
324	324	TOMASZEWSKI	Dariusz	POL	GÓRNIK Sosnowiec	1978	M-20	60	01:16:28 (01:16:28)	00:00:39	00:16:25	00:31:50	00:47:02	01:01:44	
325	35	REICHERT	Andrzej	POL	Ujazd	1951	M-50	68	01:16:29 (01:16:29)	00:00:34	00:15:19	00:30:32	00:45:32	01:01:11	
326	212	PIECHACZEK	Henryk	POL	Kędzierzyn -Kozle	1944	M-60	14	01:17:00 (01:17:00)	00:00:31	00:15:15	00:30:08	00:45:09	01:00:49	
327	298	DUL	Sławomir	POL	Głucholazy	1978	M-20	61	01:17:05 (01:17:05)	00:00:34	00:15:00	00:29:52	00:45:14	01:01:03	
328	67	PATERAK	Robert	POL	WKB META Lubliniec	1986	M-20	62	01:17:19 (01:17:19)	00:00:35	00:15:38	00:30:14	00:45:38	01:02:24	
329	114	WIZNER	Czesław	POL	IPA Katowice	1954	M-50	69	01:17:20 (01:17:20)	00:00:34	00:15:31	00:30:22	00:45:41	01:01:20	
330	300	STOLARCZYK	Stanisław	POL	CHROMIK Mysłowice	1943	M-60	15	01:17:25 (01:17:25)	00:00:40	00:15:44	00:31:01	00:46:25	01:01:54	
331	138	PASTUCHA	Anna	POL	CROSS Krapkowice	1958	K-40	6	01:17:40 (01:17:40)	00:00:21	00:14:57	00:30:26	00:45:56	01:01:48	
332	65	MACIARZ	Tadeusz	POL	Gliwice	1962	M-40	88	01:17:47 (01:17:47)	00:00:32	00:15:11	00:30:24	00:46:07	01:01:59	
333	200	BLIMKE	Roman	POL	Tychy	1946	M-60	16	01:18:00 (01:18:00)	00:00:27	00:14:48	00:29:46	00:45:18	01:01:30	
334	217	CHMIELEWSKI	Janusz	POL	PKS Brzeg	1957	M-50	70	01:18:02 (01:18:02)	00:00:35	00:15:34	00:30:46	00:46:10	01:02:03	
335	7	KOPCEWICZ	Henryk	POL	CROWN Goleniów	1954	M-50	71	01:18:04 (01:18:04)	00:00:32	00:15:47	00:31:05	00:46:27	01:02:31	
336	357	LACH	Mariusz	POL	AKB POCISK	1973	M-30	69	01:18:06 (01:18:06)	00:00:36	00:15:52	00:31:00	00:46:25	01:02:24	
337	74	HAZUBSKA	Anna	POL	LZS Trzebnica	1969	K-30	10	01:18:20 (01:18:20)	00:00:32	00:16:37	00:32:24	00:47:48	01:03:08	
338	221	STADNICZUK	Michał	POL	MASRERS Namysłów	1930	M-60	17	01:18:20 (01:18:20)	00:00:32	00:15:56	00:31:07	00:46:42	01:02:33	
339	38	JORDAN	Marek	POL	KKB MOSiR Krosno	1951	M-50	72	01:18:38 (01:18:38)	00:00:36	00:16:52	00:32:30	00:48:07	01:03:40	
340	196	BIEGUN	Henryk	POL	KS HALNY Węgierska Gór	1964	M-40	89	01:18:45 (01:18:45)	00:00:33	00:16:19	00:31:46	00:47:33	01:03:16	
341	199	GORAJ	Agnieszka	POL	Wrocław	1983	K-20	13	01:18:53 (01:18:53)	00:00:42	00:16:21	00:32:24	00:47:46	01:03:06	
342	101	BADURA	Stanisław	POL	Kośmidry	1990	M-20	63	01:19:51 (01:19:51)	00:00:37	00:15:25	00:30:04	00:45:00	01:01:06	
343	169	MILEWSKA	Alina	POL	Goszczowice	1983	K-20	14	01:19:56 (01:19:56)	00:00:25	00:15:57	00:31:35	00:47:32	01:03:30	
344	258	SZABLICKI	Aleksy	POL	WKB META Lubliniec	1960	M-40	90	01:20:10 (01:20:10)	00:00:40	00:15:53	00:31:14	00:47:18	01:03:53	
345	335	LIGAS	Michał	POL	Gliwice	1980	M-20	64	01:20:35 (01:20:35)	00:00:28	00:14:32	00:29:06	00:44:33	01:02:00	
346	31	MROŻEK	Andrzej	POL	KKB DYSTANS Kraków	1954	M-50	73	01:20:35 (01:20:35)	00:00:33	00:16:23	00:32:10	00:48:17	01:05:00	
347	234	PŁOTEK	Halina	POL	KB Głubczyce	1958	K-40	7	01:21:10 (01:21:10)	00:00:31	00:15:46	00:31:48	00:47:52	01:04:16	
348	359	CZERNER	Anna	POL	Opole	1977	K-30	11	01:21:19 (01:21:19)	00:00:37	00:16:13	00:32:24	00:48:40	01:05:05	
349	316	WOJDYŁA	Mieczysław	POL	Wrocław	1964	M-40	91	01:21:37 (01:21:37)	00:00:37	00:16:20	00:32:25	00:48:34	01:05:09	
350	373	KACIŁOWICZ	Jacek	POL	Opole	1953	M-50	74	01:21:52 (01:21:52)	00:00:41	00:16:50	00:33:11	00:49:31	01:05:41	
351	369	SOCHA	Amadeusz	POL	Strzelce Op.	1981	M-20	65	01:22:00 (01:22:00)	00:00:19	00:14:45	00:29:48	00:46:03	01:03:46	
352	327	KUREK	Anna	POL	MOSiR Czeladź	1971	K-30	12	01:22:29 (01:22:29)	00:00:39	00:15:46	00:31:51	00:48:27	01:05:38	
353	95	BARANOWSKA	Bożena	POL	Jemielnica	1966	K-40	8	01:22:32 (01:22:32)	00:00:43	00:16:43	00:32:45	00:49:14	01:05:59	
354	328	KUREK	Edward	POL	MOSiR Czechowice	1939	M-60	18	01:23:11 (01:23:11)	00:00:24	00:15:42	00:31:50	00:49:07	01:06:38	
355	342	OSIECKA	Anna	POL	Kędzierzyn -Kozle	1956	K-50	4	01:23:28 (01:23:28)	00:00:28	00:16:07	00:32:20	00:48:50	01:05:48	

<i>M-ce</i>	<i>Nr zaw.</i>	<i>Nazwisko</i>	<i>Imię</i>	<i>Kraj</i>	<i>Klub/Miejscowość</i>	<i>Rok urodz.</i>	<i>Kateg. wiek.</i>	<i>M-ce w kat</i>	<i>Wynik (netto)</i>	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
356	146	WĘGLER	Zbigniew	POL	Sosnowiec	1946	M-60	19	01:23:32 (01:23:32)	00:00:28	00:15:51	00:32:17	00:49:10	01:06:39	
357	349	ZACHARIASZ	Małgorzata	POL	Opole	1988	K-20	15	01:23:45 (01:23:45)	00:00:29	00:16:22	00:33:02	00:49:43	01:06:42	
358	84	SOBCZAK	Renata	POL	KB LUPUS Oleśnica	1953	K-50	5	01:23:46 (01:23:46)	00:00:33	00:16:38	00:33:06	00:49:51	01:06:54	
359	72	GRYGIEL	Bolesław	POL	Kędzierzyn -Kozłe	1947	M-60	20	01:23:59 (01:23:59)	00:00:39	00:17:31	00:34:07	00:50:47	01:07:35	
360	76	KRAKOWIAK	Barbara	POL	LZS Trzebnica	1946	K-60	1	01:24:14 (01:24:14)	00:00:33	00:16:38	00:33:06	00:49:51	01:06:54	
361	364	MROZOWSKI	Bogdan	POL	Sosnowiec	1958	M-40	92	01:24:24 (01:24:24)	00:00:32	00:15:49	00:32:12	00:49:10	01:06:38	
362	299	FESNAK	Andrzej	POL	e-ProfitSystem Warszawa	1957	M-50	75	01:25:23 (01:25:23)	00:00:42	00:16:34	00:32:58	00:49:50	01:07:28	
363	267	ŻUK	Józef	POL	CAMELA S.A.	1940	M-60	21	01:25:53 (01:25:53)	00:00:19	00:16:48	00:33:55	00:51:00	01:08:18	
364	78	SIKORA	Damian	POL	RSiR Strzelce Op.	1987	M-20	66	01:26:18 (01:26:18)	00:00:38	00:15:25	00:29:43	00:44:25	01:03:10	
365	85	PAWLIK	Jerzy	POL	Katowice	1950	M-50	76	01:26:18 (01:26:18)	00:00:30	00:16:31	00:33:11	00:50:33	01:08:18	
366	346	STACHOW	Jan	POL	Zw. Pol. Spadochroniarzy	1929	M-60	22	01:27:17 (01:27:17)	00:00:35	00:17:20	00:34:34	00:51:51	01:09:26	
367	320	PATER	Zbigniew	POL	WKB PIAST Wrocław	1940	M-60	23	01:28:20 (01:28:20)	00:00:43	00:17:10	00:34:28	00:52:30	01:10:52	
368	8	MEJ	Paweł	POL	Dziewin	1972	M-30	70	01:29:37 (01:29:37)	00:00:13	00:14:41	00:32:05	00:49:48	01:08:42	
369	319	MOSZYŃSKI	Adam	POL	www.serce-malwiny.pl	1972	M-30	71	01:30:00 (01:30:00)	00:00:44	00:16:41	00:32:43	00:50:25	01:10:08	
370	215	CHARCZUK	Zenon	POL	ŻÓŁWIK Opole	1957	M-50	77	01:30:03 (01:30:03)	00:00:35	00:16:25	00:33:01	00:50:09	01:09:31	
371	97	BOGACKI	Piotr	POL	Kraków	1958	M-40	93	01:30:09 (01:30:09)	00:00:37	00:17:19	00:36:31	00:54:24	01:12:10	
372	294	PAUL	Gerhard	POL	CROSS Krapkowice	1939	M-60	24	01:32:39 (01:32:39)	00:00:41	00:18:27	00:36:29	00:54:42	01:13:19	
373	375	PILARSKI	Grzegorz	POL	AON Warszawa	1975	M-30	72	01:40:11 (01:40:11)	00:00:32	00:17:06	00:36:00	00:56:13	01:17:38	
374	55	ROSIŃSKA	Janina	POL	AZS Łódź	1936	K-60	2	01:56:54 (01:56:54)	00:00:41	00:21:49	00:44:11	01:07:51	01:32:37	
375	56	ZIPPLES	Erhard	GER	BSV Hamburg	1927	M-60	25	02:12:01 (02:12:01)	00:00:42	00:24:47	00:52:52	01:21:47	01:47:04	
376	160	BEMŚ	Beata	POL	Gliwice	1969	K-30	13	02:12:04 (02:12:04)	00:00:43	00:24:56	00:50:37	01:16:51	01:44:21	