

XVII MIĘDZYNARODOWY PÓLMARATON KURPIOWSKI

WYNIKI ZAWODÓW / RESULTS LIST

OPEN

Organizator: MIEJSKI OŚRODEK SPORTU I REKREACJI

Data: 08.05.2011

Miejsce/Spot: OSTROŁĘKA

Distance: 21,097 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Tempo		Check points			
											[km/h]	1 km	8 km	12 km	16 km	
1	108	ZAWORNOK IGOR	MINSK	BLR		77	M30/1		(M)1	01:07:52	18.65	00:03:03 / 3	00:15:36 / 2	00:28:39 / 2	00:41:45 / 1	00:54:47 / 2
2	115	PIETERCZYK NIE PODAŁ	KĘTRZYN	POL	KP PSP KĘTRZYN	84	M20/1		(M)2	01:08:18	18.53	00:03:04 / 4	00:15:46 / 4	00:30:09 / 8	00:44:16 / 8	00:54:54 / 3
3	85	FISKOVICZ SIERGIEJ	NOVOVOLYNSK	UKR	LKB RUDNIK	80	M30/2		(M)3	01:09:00	18.35	00:03:02 / 1	00:15:33 / 1	00:28:36 / 1	00:41:46 / 2	00:55:21 / 4
4	158	YASHCHUK VITALIY	ROVNO	UKR	SK KOVEL	86	M20/2		(M)4	01:09:20	18.26	00:03:13 / 7	00:16:18 / 8	00:29:24 / 3	00:42:41 / 3	00:50:32 / 1
5	64	MARKOWSKI MICHAŁ	SIEDLCE	POL	MKS POGOŃ SIEDLCE	83	M20/3		(M)5	01:09:42	18.16	00:03:13 / 8	00:16:17 / 6	00:29:25 / 4	00:42:41 / 4	00:56:04 / 5
6	164	GRYGO PAWEŁ	ŁOMŻA	POL	LLKS PREFBET	76	M30/3		(M)6	01:10:11	18.04	00:03:14 / 9	00:16:17 / 7	00:29:25 / 6	00:42:41 / 6	00:56:15 / 6
7	5	STARODUBTSEV VIKTOR	LVOV	UKR	SK KOVEL	70	M40/1		(M)7	01:10:18	18.01	00:03:02 / 2	00:15:55 / 5	00:29:25 / 5	00:42:41 / 5	00:56:20 / 7
8	111	SANKO ALIAKSANDR	MINSK	BLR	AMATAR	89	M20/4		(M)8	01:12:31	17.46	00:03:15 / 10	00:15:36 / 3	00:30:09 / 7	00:43:50 / 7	00:58:01 / 8
9	138	SOSNOWSKI WIESŁAW	GNISZEWO,	POL		72	M30/4		(M)9	01:13:29	17.23	00:03:13 / 6	00:17:14 / 10	00:31:10 / 10	00:45:10 / 9	00:59:19 / 9
10	75	DĄBROWSKI PRZEMYSŁAW	BORAWIE	POL	BORAWIE	89	M20/5		(M)10	01:14:02	17.10	00:03:13 / 5	00:16:56 / 9	00:31:07 / 9	00:45:17 / 10	00:59:48 / 11
11	93	MALICH DARIUSZ	GRONITY	POL	EFEKT WAR-MA	68	M40/2		(M)11	01:14:13	17.06	00:03:44 / 13	00:17:54 / 11	00:31:43 / 11	00:45:37 / 11	00:59:47 / 10
12	53	WIĘCKOWSKI WOJCIECH	BODZANÓW	POL	TKKF PŁOCK	61	M50/1		(M)12	01:17:21	16.36	00:03:44 / 16	00:17:57 / 13	00:32:49 / 12	00:47:50 / 13	01:02:52 / 12
13	112	RIMASHEUSKI ALIAKSANDR	MINSK	BLR	AMATAR	57	M50/2		(M)13	01:17:32	16.33	00:03:44 / 14	00:17:57 / 12	00:32:49 / 13	00:47:50 / 12	01:02:52 / 14
14	87	TERENTOWICZ STANISŁAW	LUBLIN	POL	AGRO NATURA NAŁĘCZÓW	66	M40/3		(M)14	01:17:58	16.24	00:03:44 / 15	00:18:14 / 14	00:32:56 / 14	00:47:50 / 14	01:02:52 / 13
15	173	PIECHNA WŁODZIMIERZ	OJRZEŃ	POL	KB TKKF PROMYK CIECHANÓW	70	M40/4		(M)15	01:18:55	16.04	00:03:45 / 19	00:18:15 / 17	00:33:09 / 17	00:48:22 / 17	01:03:43 / 17
16	39	CHMURZYŃSKI TOMASZ	BYDGOSZCZ	POL	CROSS BYDGOSZCZ	64	M40/5		(M)16	01:19:03	16.01	00:03:44 / 18	00:18:15 / 16	00:33:08 / 16	00:48:00 / 15	01:03:20 / 15
17	192	KRZYŻANOWSKI KAROL	RAJGRÓD	POL	MARATONKA GRAJEWO	72	M30/5		(M)17	01:20:50	15.66	00:03:43 / 12	00:18:15 / 15	00:33:08 / 15	00:48:00 / 16	01:03:42 / 16
18	83	KAMOL KAZIMIERZ	PULAWY	POL		60	M50/3		(M)18	01:21:42	15.49	00:03:47 / 24	00:19:02 / 22	00:34:45 / 22	00:50:29 / 19	01:06:34 / 18
19	97	MAGIERSKI JERZY	WARSZAWA	POL	BYLEDOBIEGANI	56	M50/4		(M)19	01:22:13	15.40	00:03:45 / 22	00:19:02 / 21	00:34:45 / 21	00:50:30 / 21	01:06:36 / 20
20	90	NAJDZION ROBERT	OLSZTYN	POL	AKM OLSZTYN	76	M30/6		(M)20	01:22:40	15.31	00:03:46 / 23	00:19:10 / 23	00:34:45 / 23	00:50:29 / 20	01:06:35 / 19
21	11	JASEK TADEUSZ	RADZIECHOWY	POL	ŻYWIEC	51	M60/1		(M)21	01:23:08	15.23	00:03:45 / 20	00:18:47 / 19	00:34:20 / 18	00:50:15 / 18	01:06:47 / 21
22	13	WILKOWSKI MIROSLAW	OSTROŁĘKA	POL	NIEZRZESZONY	64	M40/6		(M)22	01:23:35	15.14	00:03:44 / 17	00:18:35 / 18	00:34:26 / 19	00:50:35 / 23	01:07:05 / 22
23	165	SZYMAŃSKI DARIUSZ	ŁOMŻA	POL	DAJESZ BYKU TEAM	62	M40/7		(M)23	01:23:53	15.09	00:03:45 / 21	00:18:56 / 20	00:34:42 / 20	00:50:35 / 22	01:07:08 / 23
24	156	KUCIEJCZYK HENRYK	SZYDŁOWO	POL	KB TKKF PROMYK CIECHANÓW	59	M50/5		(M)24	01:24:15	15.02	00:03:55 / 29	00:19:29 / 25	00:35:21 / 25	00:51:27 / 24	01:07:51 / 24
25	254	SIEKIERSKI PAWEŁ	WOŁOMIN	POL	DRUŻYNA SZPIKU	83	M20/6		(M)25	01:24:53	14.91	00:04:00 / 32	00:19:54 / 26	00:35:45 / 26	00:51:30 / 25	01:07:53 / 25
26	56	ZIÓŁKOWSKI JACEK	WARSZAWA	POL	CROSS WARSZAWA	66	M40/8		(M)26	01:25:22	14.83	00:03:52 / 28	00:19:56 / 28	00:36:15 / 28	00:52:28 / 28	01:08:51 / 27
27	109	NAVITSKI IHAR	MINSK	BLR	REGION	69	M40/9		(M)27	01:25:25	14.82	00:03:51 / 27	00:19:29 / 24	00:35:20 / 24	00:52:03 / 26	01:08:36 / 26
28	154	KUBIT TADEUSZ	MLAWA	POL		74	M30/7		(M)28	01:26:33	14.63	00:03:56 / 30	00:19:57 / 29	00:36:28 / 31	00:53:01 / 29	01:09:46 / 29
29	147	TARNOWSKI WITOLD	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	61	M50/6		(M)29	01:26:42	14.60	00:04:01 / 35	00:20:00 / 31	00:36:21 / 29	00:53:01 / 30	01:09:46 / 30

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Tempo [km/h]	Check points				
30	191	KRAUSE JANUSZ	PROSTKI	POL	MARATONKA GRAJEWO	65	M40/10 (M)30	01:26:50	14.58	00:04:11 / 42	00:20:43 / 42	00:37:34 / 41	00:54:29 / 41	01:11:11 / 34
31	222	SYMEREWICZ MAREK	BARCZEWO	POL	NIEZRZESZONY	67	M40/11 (M)31	01:27:01	14.55	00:04:00 / 33	00:19:58 / 30	00:36:06 / 27	00:52:26 / 27	01:09:28 / 28
32	32	ŁOŻYŃSKI PIOTR	OLSZTYN	POL	NIE ZRZESZONY	63	M40/12 (M)32	01:27:13	14.51	00:03:59 / 31	00:20:17 / 37	00:36:56 / 34	00:53:37 / 32	01:10:38 / 32
33	63	SZYSZKA ANNA	SIEDLCE	POL	MKS POGOŃ SIEDLCE	90	K20/1 (K)1	01:27:19	14.50	00:03:49 / 26	00:19:56 / 27	00:36:27 / 30	00:53:07 / 31	01:09:58 / 31
34	193	DRĘŻEK KRZYSZTOF	GRAJEWO	POL	MARATONKA GRAJEWO	65	M40/13 (M)33	01:28:03	14.38	00:04:10 / 39	00:20:41 / 40	00:37:33 / 40	00:54:25 / 39	01:11:18 / 36
35	59	ŁUKASZEWSKI WITOLD	RADZIWIŁÓW	POL		67	M40/14 (M)34	01:28:16	14.34	00:04:08 / 37	00:20:55 / 43	00:37:38 / 43	00:54:25 / 40	01:11:31 / 38
36	171	OPALKA JAN	PŁOŃSK	POL	KB IM.PIOTRA SĘKOWSKIEGO	50	M60/2 (M)35	01:28:26	14.31	00:04:00 / 34	00:20:07 / 33	00:36:42 / 32	00:53:49 / 34	01:11:04 / 33
37	152	RUSZCZYK EUGENIUSZ	MRAĞOWO	POL	BIEGACZE W MRAĞOWIE	64	M40/15 (M)36	01:28:35	14.29	00:04:11 / 43	00:20:10 / 34	00:37:32 / 37	00:54:24 / 37	01:11:23 / 37
38	219	TYBURSKI MARIUSZ	CZERNICE	POL	BRAK	76	M30/8 (M)37	01:29:14	14.19	00:03:41 / 11	00:20:16 / 36	00:37:02 / 35	00:54:17 / 35	01:15:06 / 55
39	226	DZIEGIELEWSKI ZBIGNIEW	WARSZAWA	POL		72	M30/9 (M)38	01:29:17	14.18	00:04:11 / 44	00:20:11 / 35	00:37:02 / 36	00:54:17 / 36	01:11:56 / 39
40	201	PODWYSOCKI MARCIN	AUGUSTOW	POL	ATP AUGUSTÓW	88	M20/7 (M)39	01:29:32	14.14	00:04:11 / 40	00:20:56 / 44	00:38:04 / 45	00:55:21 / 44	01:12:41 / 41
41	18	SZYMCZAK PIOTR	OSTROŁĘKA	POL		77	M30/10 (M)40	01:29:32	14.14	00:03:48 / 25	00:20:04 / 32	00:36:48 / 33	00:53:48 / 33	01:11:17 / 35
42	55	JĘZOWSKI SŁAWOMIR	WARSZAWA	POL	CROSS WARSZAWA	61	M50/7 (M)41	01:29:36	14.13	00:04:18 / 52	00:21:15 / 47	00:38:24 / 46	00:55:33 / 45	01:12:48 / 43
43	68	PEDZICH WALDEMAR	LELIS	POL	WSES W OSTROŁĘCE	61	M50/8 (M)42	01:30:23	14.01	00:04:11 / 46	00:21:04 / 45	00:38:24 / 47	00:55:34 / 47	01:12:52 / 44
44	43	GAŁĄBEK MARIUSZ	STAROGARD	POL	CROSS GDAŃSK	62	M40/16 (M)43	01:30:24	14.00	00:04:14 / 48	00:21:38 / 58	00:38:24 / 49	00:55:33 / 46	01:12:52 / 45
45	103	MALINOWSKA-SYPEK AGNIESZKA	WARSZAWA	POL	ENTRE.PL TEAMN	72	K30/1 (K)2	01:30:27	13.99	00:04:27 / 64	00:21:48 / 62	00:39:06 / 55	00:56:11 / 52	01:13:11 / 47
46	62	CZARNECKI MARCIN	WARSZAWA	POL	ART PROFI	76	M30/11 (M)44	01:30:34	13.98	00:04:22 / 57	00:21:38 / 59	00:39:06 / 56	00:56:20 / 53	01:13:30 / 49
47	257	SARZAŁA DARIUSZ	PULŤUSK	POL	NIEZRZESZONY	59	M50/9 (M)45	01:30:38	13.97	00:04:19 / 54	00:21:35 / 52	00:38:41 / 50	00:56:04 / 51	01:13:34 / 50
48	12	SKARUZ JAROSŁAW	WARSZAWA	POL	WARSZAWA-MIEDZIESZYN	77	M30/12 (M)46	01:30:44	13.95	00:04:32 / 77	00:21:37 / 56	00:38:42 / 51	00:56:04 / 50	01:13:35 / 51
49	89	WRONA JERZY	KRĘŻNICA	POL	ZPD STOLMAR KRĘŻNICA	62	M40/17 (M)47	01:30:58	13.92	00:04:17 / 51	00:21:15 / 48	00:38:24 / 48	00:55:34 / 48	01:13:01 / 46
50	174	MAŁECKI JANUSZ	OJRZEŃ	POL	NIEZRZESZONY	65	M40/18 (M)48	01:31:01	13.91	00:04:04 / 36	00:20:40 / 38	00:37:32 / 38	00:54:36 / 42	01:12:46 / 42
51	82	ŁĄTKOWSKI SŁAWOMIR	LUBAWA	POL	LKS LUBAWA	76	M30/13 (M)49	01:31:45	13.80	00:04:11 / 41	00:20:43 / 41	00:37:34 / 42	00:55:05 / 43	01:13:17 / 48
52	31	DOBRYŃSKI HENRYK	OLSZTYN	POL	NAPRZÓD GAZ OLSZTYN	62	M40/19 (M)50	01:32:39	13.66	00:04:14 / 50	00:21:25 / 50	00:38:45 / 52	00:56:23 / 54	01:14:26 / 52
53	49	MICHALCZUK KAMIL	MALKINIA	POL	MKB TEAM MALKINIA	88	M20/8 (M)51	01:32:50	13.64	00:04:08 / 38	00:20:40 / 39	00:37:33 / 39	00:54:24 / 38	01:12:07 / 40
54	223	DUDEK ROBERT	SKIERNIEWICE	POL	NIEZRZESZONY	70	M40/20 (M)52	01:32:56	13.62	00:04:43 / 90	00:22:47 / 82	00:40:46 / 76	00:58:20 / 66	01:15:52 / 66
55	2	YAKMOWICH NATALIA	KOVEL	UKR	SK KOVEL	68	K40/1 (K)3	01:33:12	13.58	00:04:28 / 67	00:21:53 / 65	00:39:37 / 64	00:57:26 / 60	01:15:37 / 64
56	4	SEMIRIAK KATIA	KOVEL	POL	SK KOVEL	86	K20/2 (K)4	01:33:12	13.58	00:04:27 / 62	00:21:53 / 64	00:39:36 / 60	00:57:26 / 59	01:15:36 / 63
57	166	OWORUSZKO JAROSŁAW	WARSZAWA	POL	LEASEPLAN	71	M40/21 (M)53	01:33:29	13.54	00:04:28 / 65	00:21:05 / 46	00:38:00 / 44	00:56:02 / 49	01:14:42 / 53
58	170	BIAŁOGRODZKI SYLWESTER	ZALESIE GÓRNE	POL	ZALESIE GÓRNE	61	M50/10 (M)54	01:33:35	13.53	00:04:11 / 45	00:21:20 / 49	00:38:49 / 53	00:56:44 / 55	01:15:10 / 58
59	151	ARTYSZUK MIROSLAW	WARSZAWA	POL		60	M50/11 (M)55	01:33:53	13.48	00:04:27 / 61	00:21:37 / 54	00:39:07 / 57	00:56:54 / 56	01:15:21 / 61
60	72	KRAWIEC ANDRZEJ	OLSZTYN	POL	AKM	72	M30/14 (M)56	01:33:54	13.48	00:04:48 / 98	00:23:00 / 90	00:42:13 / 93	00:59:05 / 76	01:15:21 / 60
61	185	ŻYCZYŃSKI JAROSŁAW	KOBYŁKA	POL	KLUB BIEGACZA CEVA	82	M20/9 (M)57	01:34:26	13.40	00:04:48 / 100	00:23:31 / 98	00:42:12 / 92	01:00:11 / 87	01:17:35 / 72
62	88	STOLARCZYK TOMASZ	OSTROŁĘKA	POL	TRASA OSTROŁĘKA	77	M30/15 (M)58	01:34:57	13.33	00:04:36 / 81	00:22:08 / 68	00:39:30 / 59	00:57:04 / 57	01:15:28 / 62
63	136	WALERZAK TOMASZ	SZCZYTNO	POL	AKB SZCZYTNO	80	M30/16 (M)59	01:35:19	13.28	00:04:40 / 85	00:22:53 / 84	00:41:27 / 86	00:59:42 / 81	01:17:37 / 74
64	35	SUJAK MIROSLAW	MIŃSK	POL	KB DREPTAK	65	M40/22 (M)60	01:35:24	13.27	00:04:31 / 74	00:22:05 / 66	00:39:49 / 66	00:58:15 / 64	01:16:58 / 69
65	50	MAJCHRZAK MICHAŁ	BOCHNIA	POL	CROSS KRAKÓW	84	M20/10 (M)61	01:35:46	13.22	00:04:47 / 97	00:23:00 / 89	00:41:28 / 87	00:59:05 / 75	01:17:26 / 71
66	41	BADOWSKI KRZYSZTOF	BYDGOSZCZ	POL	CROSS BYDGOSZCZ	62	M40/23 (M)62	01:35:57	13.19	00:04:29 / 73	00:21:37 / 55	00:39:06 / 54	00:57:44 / 62	01:16:57 / 68
67	98	REDA SŁAWOMIR	WARSZAWA	POL	KB ACTIVESPORTS WARSZAWA	58	M50/12 (M)63	01:36:04	13.18	00:04:39 / 83	00:22:54 / 86	00:41:13 / 81	00:59:24 / 78	01:17:44 / 78
68	176	WENTYKIER PIOTR	PŁOŃSK	POL	KB IM.PIOTRA SĘKOWSKIEGO	79	M30/17 (M)64	01:36:05	13.17	00:04:20 / 55	00:21:41 / 61	00:39:37 / 62	00:57:45 / 63	01:16:55 / 67

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Tempo [km/h]	Check points				
69	69	MATEJKO PIOTR	ORNETA	POL	IKS SMOK ORNETA	54	M50/13		(M)65	01:36:09	13.17	00:04:27 / 63	00:22:12 / 70	00:40:44 / 70	00:59:19 / 77	01:18:04 / 84
70	25	OBREBSKI ANDRZEJ	AUBURM (USA)	USA		68	M40/24		(M)66	01:36:17	13.15	00:04:19 / 53	00:21:34 / 51	00:39:10 / 58	00:57:09 / 58	01:15:38 / 65
71	121	KOWALEWSKI JAN	LEGIONOWO	POL	LOTOS JABLONNA	50	M60/3		(M)67	01:36:24	13.13	00:04:31 / 76	00:22:27 / 75	00:40:46 / 75	00:59:04 / 74	01:17:56 / 82
72	48	MIKOŁAJCZYK ŁUKASZ	MAŁKINIA	POL	MKB TEAM MAŁKINIA	90	M20/11		(M)68	01:36:32	13.11	00:04:27 / 60	00:21:40 / 60	00:40:07 / 67	00:58:55 / 70	01:18:24 / 85
73	34	NIEMIRA MICHAŁ	WARSZAWA	POL	BRAK	84	M20/12		(M)69	01:36:38	13.10	00:04:11 / 47	00:21:52 / 63	00:40:15 / 68	00:58:57 / 72	01:17:51 / 79
74	137	CZARNOTA KAZIMIERZ	SZCZYTNO	POL	AKB SZCZYTNO	60	M50/14		(M)70	01:36:42	13.09	00:04:39 / 84	00:22:53 / 85	00:41:27 / 85	00:59:54 / 84	01:18:32 / 89
75	169	BIALOGRODZKI LESZEK	PIASECZNO	POL	PIASECZNO	71	M40/25		(M)71	01:36:46	13.08	00:04:28 / 69	00:22:15 / 71	00:40:22 / 69	00:58:49 / 68	01:17:56 / 81
76	229	KWIATEK KAROL	NOWA WIES	POL	NWZ	83	M20/13		(M)72	01:36:48	13.08	00:04:43 / 89	00:22:15 / 72	00:40:46 / 74	00:58:49 / 69	01:17:42 / 77
77	57	DUDZIC MIROSLAW	OSTROLEKA	POL	AŚ OSTROLEKA	65	M40/26		(M)73	01:36:50	13.07	00:04:43 / 88	00:22:46 / 79	00:40:46 / 73	00:58:56 / 71	01:17:42 / 76
78	258	YETSYK OLEKSANDER	OSTROLEKA	POL	AG BEZ LIMITU OSTROLEKA I	60	M50/15		(M)74	01:36:58	13.05	00:04:28 / 70	00:22:20 / 73	00:40:47 / 77	00:59:32 / 80	01:18:24 / 86
79	247	KAMINSKI STANISLAW	NADARZYN	POL	KB NADARZYN	58	M50/16		(M)75	01:36:59	13.05	00:04:21 / 56	00:22:21 / 74	00:40:53 / 78	00:59:32 / 79	01:18:26 / 87
80	79	RZEPNIEWSKI WOJCIECH	WARSZAWA	POL	NIEZRZESZONY	51	M60/4		(M)76	01:37:15	13.02	00:04:43 / 91	00:23:21 / 94	00:41:48 / 88	01:00:04 / 86	01:18:45 / 91
81	251	DOMURAT DANIEL	MYSZYNIC	POL	NIEZRZESZONY	88	M20/14		(M)77	01:37:32	12.98	00:04:28 / 71	00:21:36 / 53	00:39:37 / 63	00:58:17 / 65	01:17:41 / 75
82	17	JANCZEWSKI KAROL	OSTROLEKA	POL	TRASA OSTROLEKA	77	M30/18		(M)78	01:37:36	12.97	00:04:29 / 72	00:22:09 / 69	00:39:40 / 65	00:57:41 / 61	01:17:08 / 70
83	218	ADAMIAK MICHAŁ	WARSZAWA	POL		75	M30/19		(M)79	01:37:39	12.96	00:04:32 / 79	00:22:36 / 78	00:40:45 / 71	00:59:00 / 73	01:17:55 / 80
84	20	MATLEWSKA MARZENA	ELBLĄG	POL	NIEZRZESZONA	70	K40/2		(K)5	01:37:41	12.96	00:04:37 / 82	00:22:08 / 67	00:41:23 / 82	00:59:59 / 85	01:18:43 / 90
85	211	SOBCZAK KRZYSZTOF	OLSZTYN	POL	AKM OLSZTYN	82	M20/15		(M)80	01:38:34	12.84	00:04:48 / 99	00:23:31 / 96	00:42:13 / 94	01:00:11 / 88	01:18:30 / 88
86	161	GRYGO KRZYSZTOF	ŁOMŻA	POL	KRB EKO ŁOMŻA	60	M50/17		(M)81	01:38:35	12.84	00:04:14 / 49	00:21:38 / 57	00:39:37 / 61	00:58:32 / 67	01:17:58 / 83
87	167	SUCHCICKI ALAN	NOWA WIEŚ	POL		96	M20/16		(M)82	01:38:38	12.83	00:05:06 / 127	00:25:09 / 145	00:45:41 / 160	01:03:54 / 120	01:21:02 / 99
88	196	KOLAKOWSKI JACEK	RZEKUŃ	POL	AG BEZ LIMITU OSTROLEKA I	68	M40/27		(M)83	01:38:39	12.83	00:04:26 / 59	00:22:28 / 77	00:41:03 / 79	00:59:44 / 82	01:18:46 / 92
89	194	BOROWSKI MICHAŁ KRZYSZTOF	GRAJEWO	POL	MARATONKA GRAJEWO	80	M30/20		(M)84	01:39:16	12.75	00:05:02 / 118	00:24:12 / 104	00:43:12 / 100	01:01:53 / 95	01:20:46 / 98
90	92	URADZIŃSKI MARCIN	OLSZTYN	POL	UWM	76	M30/21		(M)85	01:39:19	12.75	00:04:50 / 107	00:23:53 / 101	00:42:48 / 97	01:01:23 / 94	01:20:21 / 94
91	140	BARTECZKA JACEK	SZKARADOWO	POL	LUKS SZKARADOWO	84	M20/17		(M)86	01:39:34	12.71	00:05:12 / 147	00:24:12 / 103	00:43:21 / 102	01:02:22 / 98	01:21:06 / 100
92	131	KOSEDOWSKI KRZYSZTOF	WARSZAWA	POL		60	M50/18		(M)87	01:39:36	12.71	00:05:17 / 155	00:24:59 / 136	00:44:11 / 120	01:02:39 / 102	01:21:14 / 102
93	70	KOZŁOWSKI KAROL	SATRE JUCHY	POL		80	M30/22		(M)88	01:40:22	12.61	00:05:22 / 168	00:24:55 / 133	00:44:12 / 124	01:03:26 / 111	01:22:30 / 110
94	212	HUBA MIROSLAW	WYSZKÓW	POL		80	M30/23		(M)89	01:40:25	12.61	00:04:50 / 104	00:23:17 / 93	00:41:57 / 90	01:00:57 / 91	01:20:34 / 95
95	116	LIS SŁAWOMIR	OSTROLEKA	POL	POD BŁĘKITNĄ OSTRYGĄ	63	M40/28		(M)90	01:40:32	12.59	00:05:00 / 117	00:24:35 / 120	00:43:57 / 115	01:03:41 / 113	01:22:11 / 107
96	238	ZALEWSKI PIOTR	TRZCIANNE	POL	WWW.RAJSKI.STAW.COM	74	M30/24		(M)91	01:40:37	12.58	00:04:24 / 58	00:22:46 / 80	00:41:56 / 89	01:01:19 / 93	01:21:08 / 101
97	150	LEWANDOWSKI ZENON	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	52	M50/19		(M)92	01:40:39	12.58	00:04:42 / 87	00:23:14 / 92	00:42:06 / 91	01:01:14 / 92	01:20:46 / 97
98	204	ALBIŃSKI TOMASZ	WARSZAWA	POL	BRAK	78	M30/25		(M)93	01:41:06	12.52	00:05:21 / 164	00:24:27 / 116	00:43:21 / 103	01:08:02 / 168	01:15:10 / 57
99	245	MERCHEL DARIUSZ	SULEJÓWEK	POL	NIEZRZESZONY	69	M40/29		(M)94	01:41:19	12.49	00:04:53 / 111	00:22:55 / 87	00:41:08 / 80	01:00:29 / 89	01:20:44 / 96
100	248	ROPIAK RYSZARD	OSTROLEKA	POL	KURPIE MYSZYNIC	44	M60/5		(M)95	01:41:34	12.46	00:04:47 / 95	00:23:31 / 99	00:42:40 / 96	01:02:14 / 96	01:21:52 / 103
101	148	GOSZCZYŃSKI JACEK	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	67	M40/30		(M)96	01:41:41	12.45	00:05:11 / 139	00:24:40 / 123	00:44:01 / 117	01:03:01 / 104	01:22:26 / 109
102	702	SOWIŃSKI PAWEŁ	WARSZAWA	POL		84	M20/18		(M)97	01:41:46	12.44	00:05:07 / 131	00:24:55 / 132	00:44:11 / 122	01:03:19 / 110	01:22:23 / 108
103	102	ŻABIK RADOSŁAW	WARSZAWA	POL		79	M30/26		(M)98	01:41:47	12.44	00:05:21 / 165	00:24:36 / 122	00:43:17 / 101	01:02:31 / 101	01:22:10 / 106
104	21	BOCIANIAK ROBERT	OSTROLEKA	POL	TRASA OSTROLEKA	77	M30/27		(M)99	01:42:01	12.41	00:04:45 / 93	00:22:58 / 88	00:41:26 / 84	00:59:50 / 83	01:20:08 / 93
105	58	ŚWIERCZYŃSKI ZBIGNIEW	CZERSK	POL	OLSZTYN	50	M60/6		(M)100	01:42:26	12.36	00:05:57 / 221	00:25:17 / 163	00:43:51 / 109	01:03:00 / 103	01:23:32 / 119
106	27	GŁOSEK ROBERT	OSTROLEKA	POL	AG BEZ LIMITU OSTROLEKA I	70	M40/31		(M)101	01:42:37	12.34	00:04:57 / 114	00:24:26 / 114	00:44:03 / 119	01:03:46 / 115	01:23:31 / 118
107	99	DOBROWOLSKI KRZYSZTOF	WARSZAWA	POL	WARSZAWA	51	M60/7		(M)102	01:42:45	12.32	00:05:02 / 119	00:24:25 / 112	00:43:47 / 107	01:03:11 / 107	01:23:06 / 115

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Tempo		Check points			
											[km/h]					
108	246	OSIŃSKI STANISŁAW	WARSZAWA	POL		51	M60/8	(M)103	01:42:53	12.30	00:05:05 / 124	00:24:53 / 126	00:44:45 / 133	01:04:12 / 123	01:23:50 / 121	
109	80	TYBOROWSKI JÓZEF	ŁOMŻA	POL		45	M60/9	(M)104	01:43:02	12.29	00:05:12 / 150	00:24:54 / 129	00:44:23 / 129	01:03:47 / 117	01:23:32 / 120	
110	209	SIELECKI GRZEGORZ	OPATÓW	POL	BRAK	78	M30/28	(M)105	01:43:03	12.28	00:05:09 / 135	00:24:10 / 102	00:43:24 / 104	01:03:03 / 105	01:22:52 / 111	
111	42	MAŁOWIECKI GRZEGORZ	PRZECLAW	POL	CROSS SZCZECIN	72	M30/29	(M)106	01:43:03	12.28	00:05:11 / 144	00:24:22 / 108	00:43:25 / 105	01:02:28 / 100	01:21:58 / 105	
112	179	KUCZKOWSKI JERZY	OŻARÓW	POL	GOSIR OŻARÓW MAZOWIECKI	56	M50/20	(M)107	01:43:05	12.28	00:05:19 / 159	00:24:53 / 128	00:44:11 / 121	01:03:34 / 112	01:23:28 / 116	
113	94	ROSIŃSKA BARBARA	MILANÓWEK	POL	NIEZRZESZONA	62	K40/3	(K)6	01:43:19	12.25	00:04:28 / 68	00:22:48 / 83	00:42:16 / 95	01:02:27 / 99	01:23:04 / 114	
114	149	JABŁOŃSKI WALDEMAR	CIECHANÓW	POL	KB TKKF PROMYK CIECHANÓW	59	M50/21	(M)108	01:43:23	12.24	00:05:11 / 140	00:24:40 / 124	00:44:01 / 118	01:03:03 / 106	01:22:52 / 112	
115	188	OLENDER MARCIN	OLSZTYN	POL	NIEZRZESZONY	80	M30/30	(M)109	01:43:28	12.23	00:05:27 / 176	00:25:39 / 170	00:45:32 / 155	01:05:07 / 136	01:24:31 / 126	
116	67	BUKOWSKI JERZY	OSTROŁĘKA	POL	NONE	73	M30/31	(M)110	01:43:30	12.23	00:04:57 / 115	00:24:14 / 105	00:43:35 / 106	01:03:13 / 108	01:22:58 / 113	
117	197	SAJ SŁAWOMIR	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	69	M40/32	(M)111	01:44:01	12.17	00:04:50 / 106	00:24:22 / 109	00:43:53 / 113	01:03:44 / 114	01:24:00 / 122	
118	114	MAJOROWSKI ŁUKASZ	KETRZYŃ	POL	CZARNI KETRZYŃ	82	M20/19	(M)112	01:44:16	12.14	00:05:44 / 201	00:25:54 / 175	00:45:24 / 146	01:04:36 / 131	01:24:28 / 124	
119	77	SOCHACKI ANDRZEJ	WARSZAWA	POL	NIE ZRZESZONY	71	M40/33	(M)113	01:44:16	12.14	00:05:11 / 145	00:24:35 / 121	00:43:59 / 116	01:03:14 / 109	01:23:30 / 117	
120	172	ŚWIERCZ ANDRZEJ	PŁOŃSK	POL		68	M40/34	(M)114	01:44:17	12.14	00:04:58 / 116	00:24:46 / 125	00:44:14 / 127	01:04:27 / 128	01:24:51 / 128	
121	252	WIĘCEK MATEUSZ	MYSZYŃCIEC	POL	KURPIE MYSZYŃCIEC	89	M20/20	(M)115	01:44:26	12.12	00:04:31 / 75	00:22:27 / 76	00:40:46 / 72	01:00:31 / 90	01:21:58 / 104	
122	153	NOWAK ANDRZEJ	MLAWA	POL	POLSKA BIEGA	61	M50/22	(M)116	01:44:48	12.08	00:04:51 / 108	00:24:26 / 113	00:44:13 / 125	01:04:05 / 122	01:24:27 / 123	
123	8	DZIKOWSKI KRZYSZTOF	OSTRÓW	POL		74	M30/32	(M)117	01:44:53	12.07	00:05:43 / 198	00:25:54 / 176	00:45:16 / 139	01:04:57 / 135	01:24:51 / 129	
124	96	DZIUBANY TOMASZ	WARSZAWA	POL	YOKOGAWA RUNNERS	71	M40/35	(M)118	01:45:01	12.05	00:05:10 / 138	00:25:03 / 142	00:44:44 / 132	01:04:35 / 130	01:24:38 / 127	
125	142	ŁYCZKO SŁAWOMIR	KĘTRZYŃ	POL	GARBATE MAZURY	65	M40/36	(M)119	01:45:03	12.05	00:05:21 / 166	00:24:59 / 134	00:44:17 / 128	01:05:47 / 146	01:25:24 / 131	
126	132	WINNICKI WOJCIECH	PRZASNYSZ	POL		80	M30/33	(M)120	01:45:10	12.04	00:04:49 / 101	00:24:24 / 111	00:43:51 / 110	01:03:48 / 118	01:24:29 / 125	
127	76	KILIAŃSKI RAFAŁ	WARSZAWA	POL	UKS NET	72	M30/34	(M)121	01:45:27	12.00	00:05:07 / 130	00:25:09 / 148	00:45:22 / 143	01:05:38 / 145	01:25:50 / 142	
128	101	TUDEK MARIUSZ	GÓRA KALWARIA	POL	NIEZRZESZONY	72	M30/35	(M)122	01:45:40	11.98	00:05:30 / 178	00:25:19 / 164	00:45:17 / 140	01:05:28 / 142	01:25:39 / 138	
129	100	WIDOMSKI JAKUB	GÓRA KALWARIA	POL	NIE MA LIPY	95	M20/21	(M)123	01:45:41	11.98	00:05:22 / 169	00:25:20 / 165	00:45:20 / 142	01:05:28 / 143	01:25:39 / 137	
130	61	SZYMAŃSKI ARTUR	WARSZAWA-WILA	POL		77	M30/36	(M)124	01:46:08	11.93	00:05:07 / 128	00:25:14 / 159	00:45:19 / 141	01:05:23 / 140	01:25:55 / 144	
131	146	BEREBECKI ROMAN	RYPIN	POL	KB LECH RYPIN	51	M60/10	(M)125	01:46:10	11.92	00:04:33 / 80	00:24:19 / 106	00:43:51 / 111	01:04:22 / 124	01:25:38 / 136	
132	230	KRZAK MACIEJ	WARSZAWA	POL	ABC KONDYCJA	54	M50/23	(M)126	01:46:31	11.88	00:05:03 / 120	00:24:54 / 130	00:44:47 / 136	01:05:10 / 139	01:25:40 / 139	
133	239	BARTOSZEWICZ JERZY	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	54	M50/24	(M)127	01:46:45	11.86	00:04:47 / 96	00:23:52 / 100	00:43:55 / 114	01:04:26 / 126	01:25:25 / 132	
134	71	REJZA HENRYK	OZORKÓW	POL	NIEZRZESZONY	51	M60/11	(M)128	01:46:56	11.84	00:05:03 / 121	00:24:31 / 119	00:44:12 / 123	01:04:43 / 132	01:25:42 / 140	
135	228	SMOCZYŃSKA TERESA				67	K40/4	(K)7	01:46:56	11.84	00:04:57 / 113	00:24:28 / 117	00:44:24 / 130	01:04:49 / 133	01:25:38 / 135	
136	74	BARSZCZ PAWEŁ	MALKINIA	POL	MKB TEAM MALKINIA	77	M30/37	(M)129	01:46:57	11.84	00:05:26 / 175	00:25:12 / 154	00:45:25 / 151	01:06:07 / 150	01:26:47 / 149	
137	216	PAWLUCZUK PAWEŁ	BIAŁYSTOK	POL	NIEZRZESZONY	78	M30/38	(M)130	01:47:12	11.81	00:05:16 / 153	00:25:15 / 162	00:45:26 / 153	01:05:50 / 148	01:27:01 / 152	
138	1	MISIORSKI KAMIL	OSTROŁĘKA	POL		84	M20/22	(M)131	01:47:15	11.80	00:04:45 / 94	00:24:27 / 115	00:44:14 / 126	01:04:27 / 127	01:25:26 / 133	
139	22	BIAŁOBRZECKI WITOLD	OSTROŁĘKA	POL		50	M60/12	(M)132	01:47:16	11.80	00:05:11 / 142	00:25:00 / 137	00:44:56 / 137	01:05:08 / 137	01:25:50 / 141	
140	14	PULAWSKI BOGUSŁAW	KADZIDŁO	POL		68	M40/37	(M)133	01:47:21	11.79	00:05:44 / 199	00:26:58 / 193	00:47:46 / 184	01:08:23 / 174	01:28:06 / 161	
141	224	WALENDZIK SŁAWOMIR	SKIERNIEWICE	POL	BRAK	65	M40/38	(M)134	01:47:42	11.75	00:05:12 / 151	00:25:08 / 143	00:45:25 / 150	01:05:50 / 147	01:26:50 / 151	
142	126	KLEJEWSKI HUBERT	SPYCHOWO	POL	NIEZRZESZONY	61	M50/25	(M)135	01:48:06	11.71	00:05:21 / 163	00:25:50 / 173	00:45:48 / 161	01:06:20 / 154	01:27:07 / 153	
143	125	OLENDER PAWEŁ	WARSZAWA	POL	MRAGOWSKI TRUCHT	77	M30/39	(M)136	01:48:14	11.70	00:05:12 / 146	00:24:54 / 131	00:44:46 / 134	01:04:22 / 125	01:25:52 / 143	
144	180	OLBRYŚ ELIZA	OSTROŁĘKA	POL		90	K20/3	(K)8	01:48:16	11.69	00:05:18 / 156	00:25:12 / 155	00:45:14 / 138	01:05:51 / 149	01:27:09 / 154	
145	78	CHOSZCZEWSKI MARCIN	PRZASNYSZ	POL	NIEZRZESZONY	80	M30/40	(M)137	01:48:18	11.69	00:04:50 / 103	00:24:23 / 110	00:43:52 / 112	01:03:49 / 119	01:25:00 / 130	
146	208	KŁONIECKI MARCIN	WARSZAWA	POL	NIEZRZESZONY	79	M30/41	(M)138	01:48:32	11.66	00:04:43 / 92	00:23:21 / 95	00:43:48 / 108	01:04:54 / 134	01:26:39 / 148	
147	124	KOSTECKI WIESŁAW	LEGIONOWO	POL	KB POMIAR LEGIONOWO	55	M50/26	(M)139	01:48:59	11.61	00:05:06 / 125	00:24:53 / 127	00:44:46 / 135	01:05:26 / 141	01:26:49 / 150	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Tempo [km/h]	Check points					
148	106	GÓRSKI TOMASZ	OSTROŁĘKA	POL		84	M20/23 (M)140	01:49:05	11.60	00:04:40 / 86	00:23:31 / 97	00:43:02 / 99	01:04:00 / 121	01:26:13 / 145	
149	168	SUCHCICKI LESZEK	NOWA WIEŚ	POL		69	M40/39 (M)141	01:49:10	11.60	00:05:06 / 126	00:25:09 / 146	00:45:41 / 159	01:06:53 / 155	01:28:10 / 163	
150	181	ROSINSKI ARKADIUSZ	ORŁO, MALKINIA	POL	WKB META LUBLINIEC	68	M40/40 (M)142	01:49:12	11.59	00:05:12 / 149	00:25:09 / 151	00:45:23 / 145	01:06:18 / 153	01:27:57 / 158	
151	155	MACIEJEWSKI PAWEŁ	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	72	M30/42 (M)143	01:49:31	11.56	00:04:49 / 102	00:25:00 / 138	00:45:26 / 152	01:07:04 / 156	01:25:27 / 134	
152	243	CECHOWSKI TOMASZ	OSTROŁĘKA	POL	POLSKA BIEGA	85	M20/24 (M)144	01:49:40	11.54	00:05:19 / 158	00:25:13 / 157	00:45:32 / 154	01:06:09 / 151	01:27:42 / 157	
153	30	MUCHA TOMASZ	JANÓW LUBELSKI	POL		74	M30/43 (M)145	01:49:45	11.53	00:05:25 / 172	00:25:46 / 172	00:46:19 / 168	01:07:29 / 160	01:29:04 / 164	
154	205	ZĘGOTA GRZEGORZ	WARSZAWA	POL	GRUBASY.PL	72	M30/44 (M)146	01:49:54	11.52	00:05:09 / 133	00:25:02 / 141	00:46:10 / 166	01:07:07 / 157	01:29:04 / 165	
155	259	EDYTA ORGANEK	GIŻYCKO	POL		77	K30/2 (K)9	01:49:56	11.51	00:05:40 / 188	00:26:24 / 188	00:47:19 / 181	01:08:33 / 178	01:29:44 / 170	
156	10	PRUSACZYK MATEUSZ	OLSZEWO-BORKI	POL		90	M20/25 (M)147	01:50:02	11.50	00:05:52 / 217	00:27:27 / 205	00:48:33 / 192	01:09:23 / 183	01:29:59 / 172	
157	207	SZYMAŃSKI PAWEŁ	WARSZAWA	POL		85	M20/26 (M)148	01:50:18	11.48	00:05:32 / 180	00:26:20 / 183	00:47:11 / 178	01:08:11 / 171	01:30:18 / 175	
158	250	CHORAŻEWICZ PAWEŁ	MYSZYNIC	POL	KURPIE MYSZYNIC	92	M20/27 (M)149	01:50:41	11.44	00:04:28 / 66	00:23:07 / 91	00:42:50 / 98	01:03:47 / 116	01:26:19 / 146	
159	237	GADALIŃSKA ELŻBIETA	WYSZKÓW	POL		80	K30/3 (K)10	01:50:53	11.42	00:05:05 / 123	00:25:09 / 149	00:45:59 / 162	01:07:34 / 161	01:29:26 / 168	
160	227	DOMIAN SŁAWOMIR	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	72	M30/45 (M)150	01:50:57	11.41	00:05:26 / 174	00:25:44 / 171	00:46:38 / 173	01:07:42 / 162	01:29:05 / 166	
161	213	URBANIAK HUBERT	WYSZKÓW	POL		80	M30/46 (M)151	01:51:13	11.38	00:04:52 / 110	00:24:31 / 118	00:44:37 / 131	01:05:30 / 144	01:28:09 / 162	
162	47	DLUGOŁĘCKI SŁAWOMIR	ZARĘBY	POL	MKB TEAM MALKINIA	60	M50/27 (M)152	01:51:18	11.37	00:05:12 / 148	00:25:09 / 150	00:45:24 / 149	01:06:18 / 152	01:27:58 / 159	
163	36	PROKOPIUK ALEKSANDER	HAJNÓWKA	POL	RKB HAJNÓWKA	45	M60/13 (M)153	01:51:27	11.36	00:05:41 / 193	00:25:59 / 180	00:47:00 / 176	01:08:16 / 173	01:28:01 / 160	
164	234	CHARUBIN SŁAWOMIR	PISZ	POL	PISZ	64	M40/41 (M)154	01:51:27	11.36	00:05:23 / 171	00:25:55 / 178	00:46:59 / 175	01:08:15 / 172	01:29:25 / 167	
165	145	BIEDKA ROBERT	RZEKUŃ	POL	AG BEZ LIMITU OSTROŁĘKA I	74	M30/47 (M)155	01:51:45	11.33	00:05:09 / 136	00:25:26 / 166	00:46:28 / 170	01:08:02 / 167	01:15:07 / 56	
166	217	TOMCZAK MARCIN	BIAŁYSTOK	POL	NIEZRZESZONY	86	M20/28 (M)156	01:51:52	11.32	00:05:15 / 152	00:25:14 / 161	00:45:38 / 157	01:07:45 / 164	01:15:03 / 54	
167	214	MOUNIER FREDERIC	OLSZTYN	FRA		72	M30/48 (M)157	01:52:01	11.30	00:05:17 / 154	00:25:09 / 147	00:45:24 / 148	01:05:10 / 138	01:26:33 / 147	
168	19	WAGNER JACEK	OTWOCK	POL	LABRIGA.NET TEAM	72	M30/49 (M)158	01:52:09	11.29	00:05:44 / 200	00:26:57 / 192	00:47:46 / 185	01:08:25 / 175	01:29:59 / 171	
169	118	DUDKO TOMASZ	DYWITY	POL		79	M30/50 (M)159	01:52:18	11.27	00:04:50 / 105	00:22:47 / 81	00:41:24 / 83	01:02:18 / 97	01:27:21 / 155	
170	81	ŁĄTKOWSKA MIROSLAWA	LUBAWA	POL	LKS LUBAWA	78	K30/4 (K)11	01:52:37	11.24	00:05:11 / 143	00:25:35 / 169	00:46:37 / 172	01:08:05 / 170	01:29:40 / 169	
171	182	ZAWODNIK DO UZUP					(M)160	01:52:42	11.23	00:05:20 / 162	00:25:09 / 144	00:45:24 / 147	01:07:43 / 163	01:30:13 / 173	
172	129	SZULKOWSKI MAREK	JÓZEFÓW	POL		70	M40/42 (M)161	01:52:49	11.22	00:05:49 / 208	01:08:47 / 256	01:14:34 / 254	01:21:17 / 241	01:42:48 / 233	
173	157	KOZANECKA JOANNA	WARSZAWA	POL	12TRI.PL	77	K30/5 (K)12	01:52:53	11.21	00:05:42 / 194	00:27:20 / 199	00:48:58 / 197	01:10:22 / 190	01:31:49 / 182	
174	44	SZYMCZAK PIOTR	ŁĘCZYCA	POL	CROSS ŁÓDZ	79	M30/51 (M)162	01:53:14	11.18	00:05:38 / 183	00:26:22 / 185	00:47:23 / 183	01:08:45 / 180	01:30:48 / 178	
175	16	SIEMIĄTKOWSKI NORBERT	RZEKUŃ	POL	AG BEZ LIMITU OSTROŁĘKA I	74	M30/52 (M)163	01:53:39	11.14	00:05:10 / 137	00:25:27 / 167	00:46:28 / 169	01:08:02 / 166	01:30:14 / 174	
176	184	POŁOM TOMASZ	STAWIGUDA	POL	NIEZRZESZONY	87	M20/29 (M)164	01:53:53	11.12	00:05:08 / 132	00:25:02 / 140	00:45:33 / 156	01:07:28 / 159	01:30:54 / 179	
177	143	WRÓBLEWSKI TOMASZ	KĘTRZYN	POL	GARBATE MAZURY	79	M30/53 (M)165	01:53:54	11.11	00:05:22 / 170	00:25:01 / 139	00:46:10 / 167	01:08:01 / 165	01:30:33 / 176	
178	195	BORAWSKI KRZYSZTOF	GRAJEWO	POL	MARATONKA GRAJEWO	54	M50/28 (M)166	01:54:05	11.10	00:05:39 / 184	00:26:17 / 182	00:47:20 / 182	01:08:34 / 179	01:30:38 / 177	
179	38	MIECH WIESŁAW	PŁOCK	POL	CROSS WARSZAWA	54	M50/29 (M)167	01:54:30	11.06	00:06:01 / 226	00:27:21 / 200	00:48:33 / 193	01:10:42 / 193	01:32:19 / 187	
180	123	JAWORSKI DARIUSZ	LEGIONOWO	POL	PRACZE DWYANÓW	64	M40/43 (M)168	01:54:47	11.03	00:05:50 / 211	00:27:21 / 203	00:48:37 / 195	01:10:15 / 186	01:32:20 / 188	
181	104	GROCHOWSKA JOANNA	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	64	K40/5 (K)13	01:55:10	10.99	00:05:33 / 181	00:26:21 / 184	00:47:19 / 180	01:09:21 / 182	01:32:10 / 184	
182	225	PIASEK PAWEŁ	OSTROŁĘKA	POL		94	M20/30 (M)169	01:55:12	10.99	00:05:31 / 179	00:27:23 / 204	00:48:59 / 199	01:10:33 / 191	01:32:14 / 185	
183	54	KARAŚ ALEKSANDRA	PŁOCK	POL	CROSS WARSZAWA	50	K40/6 (K)14	01:55:16	10.98	00:08:02 / 255	00:40:30 / 254	01:16:47 / 256	01:55:16 / 256	01:33:45 / 193	
184	231	DZIACZYŃSKI MARIUSZ	PIASECZNO	POL	ABC KONDYCJA	66	M40/44 (M)170	01:55:26	10.97	00:05:04 / 122	00:24:59 / 135	00:46:02 / 163	01:08:28 / 177	01:31:42 / 181	
185	175	ZARZYCKI WOJCIECH	OSTROŁĘKA	POL	NIEZRZESZONY	71	M40/45 (M)171	01:55:30	10.96	00:05:46 / 202	00:27:41 / 207	00:49:09 / 203	01:10:37 / 192	01:32:29 / 189	
186	221	MICHAŁSKI ROBERT	WOŁOMIN	POL		82	M20/31 (M)172	01:55:41	10.94	00:05:19 / 157	00:25:34 / 168	00:47:14 / 179	01:09:53 / 184	01:33:15 / 192	
187	110	HUBAREVITCH NATALLIA	MINSK	BLR	AMATOR	92	K20/4 (K)15	01:55:49	10.93	00:05:29 / 177	00:27:20 / 198	00:48:28 / 191	01:10:16 / 187	01:33:09 / 191	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Tempo [km/h]	Check points					
188	51	DĄBROWSKI MACIEJ	BORYSZEWO	POL	CROSS WARSZAWA	83	M20/32 (M)173	01:56:17	10.89	00:08:05 / 256	00:40:30 / 253	01:16:47 / 255	01:55:16 / 255	01:17:37 / 73	
189	260	OGONOWSKI JAROSLAW	OSTROŁĘKA	POL		72	M30/54 (M)174	01:56:17	10.89	00:06:01 / 228	00:28:26 / 225	00:49:21 / 205	01:11:25 / 198	01:32:58 / 190	
190	198	RYPINA DOROTA	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	67	K40/7 (K)16	01:57:18	10.79	00:05:41 / 191	00:26:34 / 191	00:48:16 / 186	01:10:18 / 188	01:15:11 / 59	
191	236	RYBAK GRZEGORZ	WARSZAWA	POL	LAS KABACKI	81	M30/55 (M)175	01:57:21	10.79	00:05:51 / 213	00:27:41 / 208	00:49:20 / 204	01:11:47 / 201	01:35:01 / 200	
192	113	WITEK MARCIN	KETRZYN	POL	CZARNI KETRZYN	80	M30/56 (M)176	01:57:36	10.76	00:05:48 / 205	00:25:54 / 177	00:45:23 / 144	01:04:33 / 129	01:27:41 / 156	
193	28	KAWIECKI TOMASZ	PRZASNYSZ	POL		71	M40/46 (M)177	01:57:38	10.76	00:05:11 / 141	00:25:10 / 152	00:46:09 / 165	01:08:28 / 176	01:33:49 / 195	
194	163	KĘPIŃSKI TOMASZ	NIEPORĘT	POL	PLAY	85	M20/33 (M)178	01:57:41	10.76	00:05:35 / 182	00:48:37 / 255	01:09:38 / 252	01:15:11 / 228	01:32:16 / 186	
195	117	DUDKO ROMAN	DYWITY	POL		49	M60/14 (M)179	01:57:46	10.75	00:06:01 / 229	00:25:12 / 156	00:51:11 / 225	01:13:21 / 211	01:35:59 / 205	
196	203	LESIK TOMASZ	LUBLINIEC	POL	CROSS CHORZÓW	55	M50/30 (M)180	01:57:58	10.73	00:05:43 / 196	00:26:24 / 189	00:48:19 / 189	01:11:01 / 196	01:34:16 / 197	
197	127	GAJDA PIOTR	ŁÓDŹ	POL	BRAK	81	M30/57 (M)181	01:58:40	10.67	00:06:11 / 240	00:28:26 / 226	00:50:48 / 214	01:13:19 / 210	01:36:14 / 209	
198	256	DUQUESNAU ANTOINE	WARSZAWA	POL		78	M30/58 (M)182	01:58:43	10.66	00:05:40 / 187	00:25:58 / 179	00:46:32 / 171	01:08:02 / 169	01:31:23 / 180	
199	37	POWAŁKA GRZEGORZ	WARSZAWA	POL	CROSS WARSZAWA	62	M40/47 (M)183	01:58:45	10.66	00:06:04 / 234	00:27:54 / 211	00:49:55 / 210	01:12:41 / 207	01:35:32 / 202	
200	60	DĘBEK LUKASZ	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	81	M30/59 (M)184	01:58:56	10.64	00:04:32 / 78	00:24:21 / 107	00:46:03 / 164	01:09:14 / 181	01:33:45 / 194	
201	105	GROCHOWSKI GRZEGORZ	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	61	M50/31 (M)185	01:59:12	10.62	00:05:59 / 224	00:28:24 / 224	00:50:44 / 213	01:13:19 / 209	01:36:02 / 206	
202	242	WIĘCKOWSKI TADEUSZ	OLSZEWO-BORKI	POL	AG BEZ LIMITU OSTROŁĘKA I	53	M50/32 (M)186	01:59:19	10.61	00:05:25 / 173	00:26:33 / 190	00:49:08 / 202	01:12:14 / 203	01:35:35 / 203	
203	215	FAVEEUW DAVID	VAUGNERAY	FRA		73	M30/60 (M)187	01:59:30	10.59	00:05:22 / 167	00:25:14 / 158	00:45:40 / 158	01:07:17 / 158	01:32:05 / 183	
204	133	KRÓLIKOWSKI JANUSZ	DYWITY	POL	AKM OLSZTYN	51	M60/15 (M)188	01:59:40	10.58	00:05:07 / 129	00:25:11 / 153	00:46:48 / 174	01:10:11 / 185	01:34:33 / 198	
205	190	KARMAŃSKI PIOTR	BYTOM	POL	NIEZRZESZONY	59	M50/33 (M)189	02:00:16	10.53	00:05:09 / 134	00:25:14 / 160	00:47:03 / 177	01:10:21 / 189	01:35:01 / 199	
206	95	WOŹNIAK KAZIMIERZ	OSTROŁĘKA	POL		60	M50/34 (M)190	02:00:17	10.52	00:05:59 / 225	00:28:11 / 220	00:51:10 / 221	01:14:30 / 220	01:36:57 / 210	
207	134	AMBROŹKO JAN	OLSZTYN	POL	AKB OLSZTYN	38	M70/1 (M)191	02:00:30	10.50	00:05:41 / 189	00:27:19 / 196	00:49:23 / 206	01:12:30 / 205	01:36:06 / 208	
208	15	KARCZEWSKI MAREK	CZARNOWIEC	POL	AG BEZ LIMITU OSTROŁĘKA I	66	M40/48 (M)192	02:01:15	10.44	00:05:48 / 204	00:28:10 / 218	00:51:11 / 222	01:14:47 / 222	01:39:06 / 221	
209	244	MERCHEL MIROSLAW	OSTROŁĘKA	POL	NIEZRZESZONY	76	M30/61 (M)193	02:01:18	10.44	00:06:02 / 231	00:27:42 / 209	00:48:40 / 196	01:10:55 / 194	01:35:12 / 201	
210	119	KOWALIK DANIEL	CHOTOMÓW	POL	GRUPA BIEGOWA CHTMO	82	M20/34 (M)194	02:01:22	10.43	00:05:40 / 186	00:27:14 / 194	00:49:01 / 200	01:14:18 / 216	01:43:08 / 234	
211	120	MACHNACKI MICHAŁ	CHOTOMÓW	POL	GRUPA BIEGOWA CHTMO	76	M30/62 (M)195	02:01:48	10.39	00:05:40 / 185	00:27:14 / 195	00:48:59 / 198	01:10:55 / 195	01:34:05 / 196	
212	40	MACHNIKOWSKI RAFAŁ	TORUŃ	POL	CROSS TORUŃ	76	M30/63 (M)196	02:01:56	10.38	00:06:02 / 232	00:27:21 / 201	00:48:33 / 194	01:11:10 / 197	01:35:57 / 204	
213	130	KARWECKI RYSZARD	WARSZAWA	POL		56	M50/35 (M)197	02:01:57	10.38	00:05:59 / 223	00:28:13 / 222	00:50:33 / 212	01:13:04 / 208	01:37:40 / 213	
214	135	SZUTKOWSKI SŁAWOMIR	OLSZTYN	POL	AKM OLSZTYN	56	M50/36 (M)198	02:02:06	10.37	00:05:41 / 190	00:27:19 / 197	00:49:23 / 207	01:12:31 / 206	01:36:04 / 207	
215	29	JUCHNIEWICZ STANISŁAW	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	52	M50/37 (M)199	02:02:21	10.35	00:05:49 / 206	00:28:09 / 216	00:51:10 / 220	01:14:29 / 219	01:38:10 / 215	
216	107	SIELECKI MICHAŁ	KOMOROWO	POL		77	M30/64 (M)200	02:02:58	10.29	00:05:56 / 220	00:28:19 / 223	00:50:49 / 215	01:14:15 / 215	01:38:15 / 216	
217	160	STANISZEWSKI EDWARD	WIŚNIEWO	POL	KB TKKF PROMYK CIECHANÓW	39	M70/2 (M)201	02:03:27	10.25	00:05:43 / 195	00:28:07 / 215	00:51:11 / 223	01:14:32 / 221	01:38:44 / 219	
218	65	BEBNEK CZESŁAW	KNUROWIEC	POL		53	M50/38 (M)202	02:03:38	10.24	00:04:54 / 112	00:25:52 / 174	00:48:20 / 190	01:11:54 / 202	01:38:44 / 218	
219	202	SAWA RYSZARD	PRUSZKÓW	POL	CROSS WARSZAWA	44	M60/16 (M)203	02:03:49	10.22	00:06:17 / 244	00:27:58 / 212	00:50:25 / 211	01:13:49 / 213	01:37:52 / 214	
220	7	DEPTUŁA SŁAWOMIR	OSTRÓW	POL		72	M30/65 (M)204	02:04:21	10.18	00:05:57 / 222	00:28:10 / 219	00:50:57 / 217	01:14:19 / 217	01:38:39 / 217	
221	24	KOWARSKI MARIUSZ	LIPIANKA	POL		63	M40/49 (M)205	02:04:43	10.15	00:05:41 / 192	00:28:00 / 213	00:51:06 / 219	01:15:04 / 224	01:39:44 / 224	
222	141	GRABOWSKI MARCIN	BIAŁYSTOK	POL		86	M20/35 (M)206	02:04:44	10.15	00:06:17 / 243	00:30:30 / 237	00:54:49 / 236	01:19:09 / 234	01:42:45 / 232	
223	84	KRZYSZTOFIAK GRAŻYNA	KWIDZYN	POL		58	K40/8 (K)17	02:04:45	10.15	00:06:01 / 230	00:28:55 / 230	00:52:01 / 228	01:15:40 / 229	01:39:41 / 223	
224	178	WÓJCIK ROBERT	WARSZAWA	POL	BRAK	75	M30/66 (M)207	02:05:09	10.11	00:05:52 / 216	00:27:21 / 202	00:49:34 / 208	01:13:55 / 214	01:39:12 / 222	
225	73	KARBOWSKI MARIUSZ	OLSZTYN	POL		74	M30/67 (M)208	02:05:34	10.08	00:05:20 / 160	00:26:23 / 187	00:48:18 / 187	01:11:44 / 199	01:37:38 / 212	
226	183	ROGUSKI RAFAŁ	LEGIONOWO	POL	OSC RUNNERS	78	M30/68 (M)209	02:05:34	10.08	00:05:20 / 161	00:26:23 / 186	00:48:18 / 188	01:11:45 / 200	01:37:38 / 211	
227	206	ŚMIGIERA ADAM	WARSZAWA	POL	GRUBASY.PL	73	M30/69 (M)210	02:05:50	10.06	00:05:51 / 214	00:28:39 / 227	00:51:55 / 227	01:15:55 / 230	01:40:26 / 227	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Tempo [km/h]	Check points					
228	210	BRZOSTEK DOROTA	WARSZAWA	POL	NIEZRZESZONA	67	K40/9 (K)18	02:05:53	10.06	00:05:50 / 210	00:27:52 / 210	00:50:53 / 216	01:15:09 / 226	01:40:14 / 226	
229	128	DMOCHOWSKI JACEK	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	68	M40/50 (M)211	02:07:31	9.93	00:05:46 / 203	00:28:09 / 217	00:51:11 / 224	01:15:08 / 225	01:40:26 / 228	
230	235	DOMAŃSKI JACEK EXPEDYT	WARSZAWA	POL	WKB META LUBLINIEC	41	M70/3 (M)212	02:07:39	9.92	00:05:49 / 207	00:28:12 / 221	00:51:12 / 226	01:15:00 / 223	01:40:34 / 229	
231	144	SUCHCICKA ALEKSANDRA	ŁAZY	POL	AG BEZ LIMITU OSTROŁĘKA I	77	K30/6 (K)19	02:07:59	9.89	00:06:09 / 237	00:29:23 / 233	00:53:15 / 231	01:17:18 / 232	01:42:02 / 230	
232	159	MICHALSKA ANNA	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	64	K40/10 (K)20	02:08:31	9.85	00:06:38 / 250	00:30:54 / 239	00:55:38 / 239	01:20:43 / 239	01:45:44 / 239	
233	189	PAWLAK WŁODZIMIERZ	WARSZAWA	POL	BIEGAM Z OCHOTĄ	57	M50/39 (M)213	02:08:31	9.85	00:06:37 / 248	00:30:53 / 238	00:55:38 / 238	01:20:42 / 238	01:45:44 / 238	
234	46	ŻACH ANDRZEJ	MALKINIA	POL	MKB TEAM MALKINIA	57	M50/40 (M)214	02:08:50	9.83	00:05:43 / 197	00:28:05 / 214	00:50:57 / 218	01:14:19 / 218	01:44:42 / 236	
235	220	ORZECZOWSKA JUSTYNA	LELIS	POL	HOLMESPLACE.PL	90	K20/5 (K)21	02:09:00	9.81	00:05:56 / 218	00:28:46 / 229	00:52:15 / 229	01:16:38 / 231	01:42:31 / 231	
236	233	GÓRSKI MATEUSZ	OSTROŁĘKA	POL	AG BEZ LIMITU OSTROŁĘKA I	91	M20/36 (M)215	02:09:30	9.77	00:04:52 / 109	00:26:15 / 181	00:49:08 / 201	01:12:15 / 204	01:38:51 / 220	
237	241	MIERZEJEWSKI KRZYSZTOF	OLSZEWO-BORKI	POL	AG BEZ LIMITU OSTROŁĘKA I	60	M50/41 (M)216	02:11:34	9.62	00:05:51 / 215	00:28:40 / 228	00:52:35 / 230	01:17:52 / 233	01:44:34 / 235	
238	249	KRUSZEWSKA JOANNA	WARSZAWA	POL	OBOZYBIEGOWE.PL	55	K40/11 (K)22	02:11:36	9.62	00:06:03 / 233	00:30:01 / 234	00:54:21 / 234	01:19:11 / 235	01:45:12 / 237	
239	200	SKUZA PAWEŁ	WARSZAWA	POL	BRAK	86	M20/37 (M)217	02:11:59	9.59	00:06:09 / 236	00:29:22 / 232	00:53:30 / 232	01:19:13 / 237	01:47:38 / 242	
240	199	KOSSAKOWSKI WŁODZIMIERZ	WARSZAWA	POL	BRAK	57	M50/42 (M)218	02:12:33	9.55	00:06:09 / 235	00:29:22 / 231	00:53:30 / 233	01:19:12 / 236	01:46:24 / 241	
241	162	SALONI-SADOWSKA MARIA	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	71	K40/12 (K)23	02:12:37	9.54	00:06:37 / 247	00:30:54 / 240	00:55:41 / 240	01:20:43 / 240	01:46:23 / 240	
242	45	JANKOWSKI PIOTR	LEGIONÓW	POL	CROSS WARSZAWA	49	M60/17 (M)219	02:13:04	9.51	00:05:56 / 219	00:27:28 / 206	00:49:46 / 209	01:13:32 / 212	01:39:55 / 225	
243	52	WIADEREK SŁAWOMIR	WARSZAWA	POL	NIE DOT.	59	M50/43 (M)220	02:17:41	9.19	00:06:16 / 242	00:31:38 / 249	00:57:46 / 245	01:25:06 / 246	01:52:40 / 246	
244	253	SAKOWSKA ANETA	DROZDOWO	POL	SAMODZIELNA JEDNOSTKA	75	K30/7 (K)24	02:20:41	9.00	00:05:51 / 212	00:31:00 / 241	00:56:36 / 241	01:25:16 / 249	01:53:40 / 249	
245	6	MUCHA NATALIA	PULTUSK	POL		86	K20/6 (K)25	02:22:49	8.86	00:06:41 / 251	00:31:37 / 246	00:57:46 / 246	01:25:06 / 247	01:53:18 / 248	
246	139	JANKOWSKI STEFAN	SZCZYTNO	POL	AKB SZCZYTNO	38	M70/4 (M)221	02:23:52	8.80	00:06:17 / 245	00:32:43 / 250	01:00:17 / 250	01:27:26 / 251	01:54:44 / 251	
247	86	CHOJNOWSKA ANNA	ŁOMŻA	POL	ŁOMŻYŃSKI KLUB BIEGACZY	71	K40/13 (K)26	02:24:28	8.76	00:06:01 / 227	00:30:02 / 235	00:55:05 / 237	01:21:57 / 243	01:51:44 / 244	
248	186	KOŁODZIEJ PIOTR	OSTRÓW	POL		62	M40/51 (M)222	02:24:32	8.76	00:06:36 / 246	00:31:17 / 242	00:57:09 / 242	01:23:43 / 244	01:52:57 / 247	
249	26	PLAGA ADAM	OSTROŁĘKA	POL		73	M30/70 (M)223	02:25:01	8.73	00:05:49 / 209	00:30:22 / 236	00:54:46 / 235	01:21:38 / 242	01:52:17 / 245	
250	9	PRUSACZYK MACIEJ	OLSZEWO-BORKI	POL		68	M40/52 (M)224	02:25:20	8.71	00:06:14 / 241	00:31:37 / 245	00:57:19 / 243	01:24:43 / 245	01:53:54 / 250	
251	187	CZERWIŃSKA ELŻBIETA	WARSZAWA	POL	WYDAWNICTWO SIC!	58	K40/14 (K)27	02:25:22	8.71	00:07:08 / 254	00:36:56 / 252	01:11:41 / 253	01:15:10 / 227	01:48:55 / 243	
252	177	BULICZ-KASPRZAK KATARZYNA	SULEJÓWEK	POL	NIEZRZESZONA	76	K30/8 (K)28	02:26:15	8.66	00:06:42 / 252	00:31:38 / 247	00:57:40 / 244	01:26:10 / 250	01:55:33 / 252	
253	33	BUDZYŃSKI DARIUSZ	WOŁOMIN	POL		67	M40/53 (M)225	02:33:07	8.27	00:06:38 / 249	00:31:38 / 248	00:57:46 / 247	01:25:10 / 248	01:57:55 / 253	
254	23	GIRTLEK JERZY	WARSZAWA	POL		39	M70/5 (M)226	02:33:24	8.25	00:06:46 / 253	00:33:47 / 251	01:01:45 / 251	01:32:33 / 254	02:03:16 / 256	
255	122	LENKIEWICZ KATARZYNA	OBIERWIA	POL		90	K20/7 (K)29	02:36:00	8.11	00:06:10 / 238	00:31:29 / 243	00:59:41 / 248	01:29:30 / 252	02:02:03 / 255	
256	232	SZCZUBELEK MARCIN	LELIS	POL	NIEZRZESZONY	89	M20/38 (M)227	02:36:00	8.11	00:06:10 / 239	00:31:29 / 244	00:59:41 / 249	01:29:30 / 253	02:02:02 / 254	