

XXI Strzelecki Bieg Uliczny im. E. Ferta

WYNIKI ZAWODÓW / RESULTS LIST

Bieg 15km

Organizator: Urząd Miejski - Referat Sportu i Rekreacji w Strzelcach Opolskich

Data: 18 grudnia 2010 r.

Miejsce/Spot: Strzelce Opolskie

Distance: 15km

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | 2.2km | 5km | Check points 7.2km | 10km | 12.2km |
|-----------------|-----------|-------------------------|---------------------|-------------|--------------------------------------|------------|-----------------------|----------------|-----|---------------|-----------------------|---------------------|---------------|-----------------------|---------------|---------------|
| 1 | 575 | GARDZIELEWSKI ARKADIUSZ | RZEŻĘCIN | POL | WKS ŚLĄSK | 86 M1/1 | | (M)1 | | 00:48:58 | 00:48:58 | 18.38 00:07:24 / 1 | 00:15:34 / 1 | 00:23:34 / 1 | 00:31:57 / 1 | 00:40:14 / 1 |
| 2 | 540 | BŁAŻYŃSKI MARCIN | OPOLE | POL | START DOBRODZIĘŃ | 88 M1/2 | OPOL/1 | (M)2 | | 00:50:03 | 00:50:03 | 17.98 00:07:31 / 2 | 00:16:00 / 2 | 00:24:15 / 2 | 00:32:54 / 2 | 00:41:14 / 2 |
| 3 | 537 | BRZEZIŃSKI BŁAŻEJ | BYDGOSZCZ | POL | MUKS-BYDGOSZCZ | 87 M1/3 | | (M)3 | | 00:51:43 | 00:51:43 | 17.40 00:07:37 / 4 | 00:16:20 / 3 | 00:24:51 / 3 | 00:33:47 / 3 | 00:42:34 / 3 |
| 4 | 506 | KŁECZEK RADOSŁAW | GOGOLIN | POL | GOGOLIN | 85 M1/4 | OPOL/2 | (M)4 | | 00:53:53 | 00:53:53 | 16.70 00:07:34 / 3 | 00:16:20 / 4 | 00:24:58 / 4 | 00:34:56 / 4 | 00:44:19 / 4 |
| 5 | 711 | ZIMA PAWEŁ | KROSNO | POL | KKB MOSIR KROSNO | 84 M1/5 | | (M)5 | | 00:54:03 | 00:54:03 | 16.65 00:08:10 / 5 | 00:17:18 / 5 | 00:26:12 / 5 | 00:35:29 / 5 | 00:44:29 / 5 |
| 6 | 607 | KĘDZIERSKI KAMIL | NYSA | POL | NYSA BIEGA | 89 M1/6 | OPOL/3 | (M)6 | | 00:55:11 | 00:55:11 | 16.31 00:08:28 / 6 | 00:17:43 / 6 | 00:26:58 / 6 | 00:36:22 / 6 | 00:45:36 / 6 |
| 7 | 576 | SOBAS JACEK | KĘDZIERZYN-KOŻŁE | POL | AZS KU POLITECHNIKA OPOLSKA OPOLE | 85 M1/7 | OPOL/4 | (M)7 | | 00:55:34 | 00:55:34 | 16.20 00:08:29 / 7 | 00:17:57 / 8 | 00:27:11 / 7 | 00:36:43 / 7 | 00:46:00 / 7 |
| 8 | 587 | PAWŁOWSKI PIOTR | KOBIÓR | POL | 40-LATEK TYCHY | 73 M2/1 | | (M)8 | | 00:56:02 | 00:56:02 | 16.06 00:08:30 / 9 | 00:17:57 / 7 | 00:27:11 / 8 | 00:36:47 / 8 | 00:46:10 / 8 |
| 9 | 185 | CZAJA ROMAN | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 71 M2/2 | | (M)9 | | 00:56:48 | 00:56:47 | 15.85 00:08:39 / 11 | 00:18:15 / 11 | 00:27:32 / 9 | 00:37:22 / 9 | 00:46:51 / 9 |
| 10 | 438 | MISZTAŁ ADAM | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OPOLSKIE | 87 M1/8 | OPOL/5 | (M)10 | | 00:56:57 | 00:56:57 | 15.80 00:08:33 / 10 | 00:18:05 / 9 | 00:27:35 / 10 | 00:37:31 / 10 | 00:47:18 / 11 |
| 11 | 378 | FILIPIAK MICHAŁ | ROZWADZA | POL | MGOKSIR CENTRUM ZDZIESZOWICE | 91 M1/9 | OPOL/6 | (M)11 | | 00:57:00 | 00:57:00 | 15.79 00:08:30 / 8 | 00:18:08 / 10 | 00:27:48 / 11 | 00:37:39 / 11 | 00:47:17 / 10 |
| 12 | 399 | KADŁUCZKA JAN | GŁOGLÓWEK | POL | CROSS KRAPKOWICE | 83 M1/10 | OPOL/7 | (M)12 | | 00:57:31 | 00:57:31 | 15.65 00:08:41 / 12 | 00:18:23 / 12 | 00:27:53 / 14 | 00:37:44 / 14 | 00:47:27 / 14 |
| 13 | 298 | BOROWSKI KRZYSZTOF | BLACHOWNJA | POL | NIEZRZESZONY | 54 M4/1 | | (M)13 | | 00:57:39 | 00:57:39 | 15.61 00:08:44 / 13 | 00:18:24 / 14 | 00:27:52 / 13 | 00:37:44 / 13 | 00:47:23 / 12 |
| 14 | 188 | JANUSZ RYSZARD | SZCZYTNA | POL | | 64 M3/1 | | (M)14 | | 00:57:39 | 00:57:39 | 15.61 00:08:45 / 14 | 00:18:24 / 13 | 00:27:51 / 12 | 00:37:43 / 12 | 00:47:23 / 13 |
| 15 | 276 | SWOBODA MAREK | WAŁBRZYCH | POL | W.Z.K. VICTORIA | 64 M3/2 | | (M)15 | | 00:58:50 | 00:58:50 | 15.30 00:09:04 / 21 | 00:18:51 / 15 | 00:28:27 / 15 | 00:38:34 / 15 | 00:48:28 / 15 |
| 16 | 358 | JAROSZ BOGDAN | WROCLAW | POL | 2 WOG WROCLAW | 67 M3/3 | | (M)16 | | 00:59:16 | 00:59:16 | 15.19 00:08:52 / 16 | 00:18:52 / 16 | 00:28:35 / 16 | 00:38:52 / 16 | 00:48:47 / 16 |
| 17 | 197 | UCIECHOWSKI PIOTR | OPOLE | POL | OZPR OPOLE | 63 M3/4 | OPOL/8 | (M)17 | | 00:59:31 | 00:59:31 | 15.12 00:09:15 / 25 | 00:19:29 / 26 | 00:29:24 / 26 | 00:39:32 / 20 | 00:49:19 / 18 |
| 18 | 290 | SZYMURA GRZEGORZ | LESZCZYNY | POL | | 71 M2/3 | | (M)18 | | 00:59:36 | 00:59:35 | 15.10 00:09:10 / 24 | 00:19:09 / 22 | 00:28:54 / 18 | 00:39:11 / 17 | 00:49:11 / 17 |
| 19 | 613 | GAJDA MARCIN | TYCHY | POL | 40-LATEK TYCHY | 78 M2/4 | | (M)19 | | 00:59:58 | 00:59:58 | 15.01 00:09:04 / 20 | 00:19:01 / 17 | 00:28:51 / 17 | 00:39:14 / 18 | 00:49:26 / 19 |
| 20 | 198 | KACZMAREK * ZBIGNIEW | TRZEBNICA | POL | LZS-4RUN-BROOKS | 72 M2/5 | | (M)20 | | 01:00:04 | 01:00:03 | 14.99 00:09:21 / 28 | 00:19:25 / 25 | 00:29:15 / 22 | 00:39:34 / 22 | 00:49:47 / 23 |
| 21 | 354 | CIEPLAK MACIEJ | RYBNIK | POL | CHEMIA-HURT RYBNIK | 62 M3/5 | | (M)21 | | 01:00:09 | 01:00:09 | 14.96 00:09:09 / 23 | 00:19:20 / 24 | 00:29:12 / 21 | 00:39:30 / 19 | 00:49:37 / 20 |
| 22 | 660 | MEHLICH DAWID | KRAPKOWICE | POL | | 94 M1/11 | OPOL/9 | (M)22 | | 01:00:12 | 01:00:12 | 14.95 00:08:46 / 15 | 00:19:04 / 18 | 00:29:10 / 20 | 00:39:37 / 23 | 00:49:44 / 22 |
| 23 | 620 | ULFIK RAFAŁ | ZABRZE | POL | POLITECHNIKA ŚLĄSKA | 87 M1/12 | | (M)23 | | 01:00:19 | 01:00:18 | 14.93 00:08:55 / 17 | 00:19:05 / 20 | 00:29:18 / 23 | 00:39:50 / 24 | 00:50:04 / 24 |
| 24 | 141 | DOMAGAŁA ROBERT | KROTOSZYN | POL | KS.KROTOSZ | 70 M3/6 | | (M)24 | | 01:00:26 | 01:00:25 | 14.90 00:09:04 / 19 | 00:19:04 / 19 | 00:29:00 / 19 | 00:39:33 / 21 | 00:49:44 / 21 |
| 25 | 325 | MACIOŁ ANDRZEJ | KRAKOW | POL | AZS AWF MASTERS KRAKÓW | 54 M4/2 | | (M)25 | | 01:00:35 | 01:00:35 | 14.86 00:09:20 / 27 | 00:19:31 / 27 | 00:29:33 / 27 | 00:39:52 / 26 | 00:50:05 / 25 |
| 26 | 657 | JANICKI ARKADIUSZ | GŁUBCZYCE | POL | PSP OPOLE | 80 M2/6 | OPOL/10 | (M)26 | | 01:00:57 | 01:00:57 | 14.77 00:09:08 / 22 | 00:19:16 / 23 | 00:29:18 / 24 | 00:39:51 / 25 | 00:50:09 / 26 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------------|------------|-----------------------|----------------|-------|---------------|-----------------------|--------------|---------------|---------------|---------------|---------------|---------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 27 | 69 | OBSTOJ MAREK | BYTOM | POL | | 90 | M1/13 | | (M)27 | 01:01:35 | 01:01:35 | 14.61 | 00:08:57 / 18 | 00:19:07 / 21 | 00:29:22 / 25 | 00:40:01 / 27 | 00:50:41 / 27 |
| 28 | 94 | GRYCMAN KAZIMIERZ | CIECHOWICE | POL | | 72 | M2/7 | | (M)28 | 01:01:38 | 01:01:36 | 14.61 | 00:09:42 / 44 | 00:20:05 / 35 | 00:30:13 / 31 | 00:40:47 / 30 | 00:51:02 / 28 |
| 29 | 357 | JAROSZ ELŻBIETA | WROCLAW | POL | PAO QUEST JELCZLASKOWICE | 71 | K2/1 | | (K)1 | 01:02:07 | 01:02:07 | 14.49 | 00:09:34 / 32 | 00:20:00 / 32 | 00:30:09 / 29 | 00:40:47 / 29 | 00:51:10 / 29 |
| 30 | 92 | SPALIŃSKI PIOTR | OLAWA | POL | OLAWA | 68 | M3/7 | | (M)29 | 01:02:07 | 01:02:05 | 14.50 | 00:09:26 / 29 | 00:19:58 / 29 | 00:30:10 / 30 | 00:40:46 / 28 | 00:51:11 / 30 |
| 31 | 44 | SOKOŁOWSKI MAREK | MYSLOWICE-WESOLA | POL | NIEZRZESZONY | 69 | M3/8 | | (M)30 | 01:02:41 | 01:02:41 | 14.36 | 00:09:32 / 31 | 00:20:00 / 31 | 00:30:26 / 32 | 00:41:17 / 32 | 00:51:50 / 31 |
| 32 | 157 | DANIŁ ADAM | RYBNIK | POL | AKB KNURÓW | 64 | M3/9 | | (M)31 | 01:02:44 | 01:02:44 | 14.35 | 00:09:27 / 30 | 00:19:58 / 30 | 00:30:26 / 33 | 00:41:19 / 33 | 00:51:50 / 32 |
| 33 | 72 | SZWED KRZYSZTOF | LUBLINIEC | POL | WKB META LUBLINIEC | 65 | M3/10 | | (M)32 | 01:02:59 | 01:02:55 | 14.30 | 00:09:56 / 62 | 00:20:34 / 53 | 00:30:58 / 47 | 00:41:44 / 42 | 00:52:15 / 35 |
| 34 | 40 | PACUŁA ANDRZEJ | GLIWICE | POL | PREMIER-GLIWICE | 64 | M3/11 | | (M)33 | 01:03:04 | 01:03:04 | 14.27 | 00:09:51 / 55 | 00:20:20 / 38 | 00:30:42 / 36 | 00:41:25 / 35 | 00:52:02 / 34 |
| 35 | 234 | JACHYMCZYK NORBERT | JAWORZNO | POL | KB MCKIS JAWORZNO | 78 | M2/8 | | (M)34 | 01:03:07 | 01:03:02 | 14.28 | 00:09:35 / 36 | 00:20:03 / 33 | 00:30:27 / 34 | 00:41:25 / 34 | 00:52:01 / 33 |
| 36 | 67 | SZOLTYSIK JÓZEF | SOSNICOWICE | POL | NIEZRZESZONY | 59 | M4/3 | | (M)35 | 01:03:12 | 01:03:10 | 14.25 | 00:09:51 / 56 | 00:20:23 / 43 | 00:30:49 / 41 | 00:41:41 / 38 | 00:52:15 / 36 |
| 37 | 686 | FIJAŁKOWSKI ZBIGNIEW | ŚWIĘTOCHŁOWICE | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | 62 | M3/12 | | (M)36 | 01:03:26 | 01:03:24 | 14.20 | 00:09:50 / 53 | 00:20:23 / 42 | 00:30:47 / 38 | 00:41:37 / 36 | 00:52:20 / 38 |
| 38 | 312 | HANGIEL KRZYSZTOF | SOSNOWIEC | POL | | 59 | M4/4 | | (M)37 | 01:03:27 | 01:03:24 | 14.20 | 00:09:44 / 48 | 00:20:18 / 37 | 00:30:46 / 37 | 00:41:42 / 39 | 00:52:23 / 41 |
| 39 | 103 | KOŁODZIEJ TOMASZ | NYSA | POL | NYSA BIEGA | 77 | M2/9 | OPOL/11 | (M)38 | 01:03:28 | 01:03:26 | 14.19 | 00:09:48 / 52 | 00:20:29 / 47 | 00:30:51 / 44 | 00:41:43 / 40 | 00:52:18 / 37 |
| 40 | 46 | KOTELUK TOMASZ | KALINOWICE | POL | OSIR STRZELCE OP. | 73 | M2/10 | OPOL/12 | (M)39 | 01:03:31 | 01:03:21 | 14.21 | 00:09:46 / 50 | 00:20:25 / 44 | 00:30:52 / 46 | 00:41:43 / 41 | 00:52:22 / 40 |
| 41 | 681 | KASPRZAK KRZYSZTOF | KOBIERNO | POL | KS KROTOSZ KROTOSZYN | 68 | M3/13 | | (M)40 | 01:03:34 | 01:03:30 | 14.17 | 00:09:34 / 35 | 00:20:04 / 34 | 00:30:35 / 35 | 00:41:45 / 43 | 00:52:27 / 42 |
| 42 | 380 | WILK DARIUSZ | BĘDZIN | POL | NIEZRZESZONY | 77 | M2/11 | | (M)41 | 01:03:39 | 01:03:35 | 14.15 | 00:09:44 / 47 | 00:20:23 / 41 | 00:30:50 / 43 | 00:41:41 / 37 | 00:52:22 / 39 |
| 43 | 215 | BRYCH-PAJAŁ EWA | CZĘSTOCHOWA | POL | CKS BUDOWLANI CZĘSTOCHOWA | 75 | K2/2 | | (K)2 | 01:03:50 | 01:03:50 | 14.10 | 00:09:34 / 34 | 00:20:06 / 36 | 00:30:50 / 42 | 00:41:49 / 45 | 00:52:32 / 45 |
| 44 | 343 | KOMOROWSKI KAROL | TRZEBNICA | POL | LZS-4RUN-BROOKS | 82 | M1/14 | | (M)42 | 01:03:53 | 01:03:51 | 14.10 | 00:09:53 / 58 | 00:20:32 / 52 | 00:31:00 / 50 | 00:42:05 / 48 | 00:52:44 / 47 |
| 45 | 622 | WIŚNIEWSKA DOMINIKA | ZABRZE | POL | SKB KRAŚNIK | 86 | K1/1 | | (K)3 | 01:03:53 | 01:03:53 | 14.09 | 00:09:41 / 42 | 00:20:27 / 45 | 00:30:49 / 40 | 00:41:48 / 44 | 00:52:31 / 44 |
| 46 | 296 | JANISZEWSKI WIKTOR | MILICZ | POL | KB ORZEŁ MILICZ | 75 | M2/12 | | (M)43 | 01:03:58 | 01:03:56 | 14.08 | 00:09:53 / 59 | 00:20:31 / 50 | 00:30:59 / 49 | 00:41:56 / 47 | 00:52:43 / 46 |
| 47 | 668 | BUCZYŃSKI ARKADIUSZ | MIEDZYGÓRZE | POL | | 74 | M2/13 | | (M)44 | 01:03:59 | 01:03:56 | 14.08 | 00:09:44 / 46 | 00:20:28 / 46 | 00:30:59 / 48 | 00:42:06 / 49 | 00:52:53 / 48 |
| 48 | 674 | ŁOZA ADAM | WROCLAW | POL | | 64 | M3/14 | | (M)45 | 01:04:01 | 01:03:57 | 14.07 | 00:09:52 / 57 | 00:20:22 / 40 | 00:30:52 / 45 | 00:41:50 / 46 | 00:52:30 / 43 |
| 49 | 578 | KUZYK AGNIESZKA | RACISZYN | POL | | 76 | K2/3 | | (K)4 | 01:04:11 | 01:04:11 | 14.02 | 00:09:38 / 39 | 00:20:30 / 49 | 00:31:04 / 53 | 00:42:09 / 50 | 00:52:55 / 49 |
| 50 | 548 | PRIMUS PAWEŁ | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OPOLSKIE | 93 | M1/15 | OPOL/13 | (M)46 | 01:04:22 | 01:04:18 | 14.00 | 00:09:18 / 26 | 00:19:32 / 28 | 00:29:38 / 28 | 00:40:48 / 31 | 00:53:09 / 50 |
| 51 | 666 | ŚCIGOCKI JAN | STRZELCE OPOLSKIE | POL | RSIR STRZELCE OPOLSKIE | 51 | M4/5 | OPOL/14 | (M)47 | 01:04:23 | 01:04:23 | 13.98 | 00:09:41 / 41 | 00:20:40 / 57 | 00:31:24 / 56 | 00:42:44 / 58 | 00:53:28 / 55 |
| 52 | 688 | WYSZKUŃ FRANCISZEK | ŁAŃCE | POL | FORMA WODZISŁAW ŚL | 81 | M1/16 | | (M)48 | 01:04:33 | 01:04:25 | 13.97 | 00:10:04 / 69 | 00:20:49 / 62 | 00:31:19 / 55 | 00:42:22 / 53 | 00:53:12 / 51 |
| 53 | 292 | ROCZKOWSKI ARTUR | RYBNIK | POL | NIEZRZESZONY | 65 | M3/15 | | (M)49 | 01:04:35 | 01:04:32 | 13.95 | 00:09:37 / 38 | 00:20:31 / 51 | 00:31:02 / 51 | 00:42:28 / 54 | 00:53:20 / 53 |
| 54 | 647 | KARDASIŃSKI KRZYSZTOF | OPOLE | POL | KMP OPOLE | 76 | M2/14 | OPOL/15 | (M)50 | 01:04:36 | 01:04:36 | 13.93 | 00:09:42 / 43 | 00:20:42 / 59 | 00:31:24 / 57 | 00:42:45 / 59 | 00:53:29 / 56 |
| 55 | 563 | PLONECKI MARCIN | WROCLAW | POL | | 82 | M1/17 | | (M)51 | 01:04:49 | 01:04:49 | 13.89 | 00:10:46 / 97 | 00:21:35 / 74 | 00:32:08 / 67 | 00:43:05 / 64 | 00:53:53 / 61 |
| 56 | 20 | MAJ TADEUSZ | KRAKÓW | POL | AZS AWF MASTERS KRAKÓW | 63 | M3/16 | | (M)52 | 01:04:51 | 01:04:51 | 13.88 | 00:09:34 / 33 | 00:20:22 / 39 | 00:30:48 / 39 | 00:42:17 / 51 | 00:53:20 / 52 |
| 57 | 313 | MALSKA JANINA | KRAKÓW | POL | WAWEL KRAKOW | 70 | K3/1 | | (K)5 | 01:04:59 | 01:04:59 | 13.85 | 00:09:43 / 45 | 00:20:29 / 48 | 00:31:03 / 52 | 00:42:21 / 52 | 00:53:24 / 54 |
| 58 | 508 | ADAMCZYK RAFAŁ | KATOWICE | POL | NIEZRZESZONY | 78 | M2/15 | | (M)53 | 01:05:00 | 01:04:55 | 13.86 | 00:10:07 / 71 | 00:21:03 / 65 | 00:31:41 / 62 | 00:42:57 / 61 | 00:53:49 / 57 |
| 59 | 676 | KOWALCZYK RAFAŁ | WROCLAW | POL | PROFANA BRESLAV | 78 | M2/16 | | (M)54 | 01:05:06 | 01:04:59 | 13.85 | 00:10:38 / 88 | 00:21:41 / 78 | 00:32:26 / 72 | 00:43:31 / 67 | 00:54:10 / 62 |
| 60 | 694 | PTAK MICHAŁ | ZDZIESZOWICE | POL | | 92 | M1/18 | OPOL/16 | (M)55 | 01:05:26 | 01:05:18 | 13.78 | 00:10:03 / 67 | 00:20:39 / 56 | 00:31:15 / 54 | 00:42:37 / 55 | 00:53:49 / 58 |
| 61 | 196 | HOLIK SEBASTIAN | BIADACZ | POL | | 74 | M2/17 | OPOL/17 | (M)56 | 01:05:31 | 01:05:31 | 13.74 | 00:09:36 / 37 | 00:20:38 / 54 | 00:31:36 / 60 | 00:43:01 / 62 | 00:53:52 / 60 |
| 62 | 13 | KOWALSKI TOMASZ | IZBICKO | POL | | 88 | M1/19 | OPOL/18 | (M)57 | 01:05:33 | 01:05:29 | 13.74 | 00:09:47 / 51 | 00:20:47 / 60 | 00:31:39 / 61 | 00:42:56 / 60 | 00:54:21 / 64 |
| 63 | 38 | GAWĘŁ BOGDAN | OŚWIĘCIM-ZABORZE | POL | MIŁOŚNIK SPORTU OŚWIĘCIM-ZABORZE | 56 | M4/6 | | (M)58 | 01:05:36 | 01:05:34 | 13.73 | 00:09:59 / 64 | 00:20:48 / 61 | 00:31:30 / 59 | 00:42:41 / 57 | 00:53:51 / 59 |

| Miejsce | Nr | Nazwisko i imię | Miejscowość | Kraj | Drużyna | R-k | W kategorii | Wynik | Wynik | Check points | | | | | | | |
|----------------|------------|------------------------|--------------------|-------------|-----------------------------|------------|--------------------|--------------|---------------------|---------------------|------------|----------------|----------------|----------------|----------------|----------------|----------------|
| Rank | Bib | Name | City | Nat | Team | YoB | in Age | Time | Netto [km/h] | 2.2km | 5km | 7.2km | 10km | 12.2km | | | |
| 64 | 655 | JARZĘBOWICZ PAWEŁ | KATOWICE | POL | DOLINIARZE.COM | 79 | M2/18 | (M)59 | 01:05:38 | 01:05:34 | 13.73 | 00:11:42 / 172 | 00:24:07 / 166 | 00:34:06 / 103 | 00:44:44 / 79 | 00:55:07 / 73 | |
| 65 | 719 | STANKIEWICZ ANTONI | SOBÓTKA | POL | WKB PIAST WROCLAW | 58 | M4/7 | (M)60 | 01:05:40 | 01:05:40 | 13.71 | 00:10:02 / 66 | 00:20:58 / 64 | 00:31:44 / 63 | 00:43:05 / 63 | 00:54:14 / 63 | |
| 66 | 212 | PISKOROWSKA DANUTA | WROCLAW | POL | LUKS ŻÓRAWINA | 80 | K2/4 | (K)6 | 01:05:43 | 01:05:43 | 13.70 | 00:09:56 / 61 | 00:21:10 / 67 | 00:32:04 / 66 | 00:43:23 / 66 | 00:54:24 / 65 | |
| 67 | 490 | OLEJNIK STANISŁAW | GLUBCZYCE | POL | MARIANEK | 58 | M4/8 | OPOL/19 | (M)61 | 01:05:55 | 01:05:55 | 13.65 | 00:09:54 / 60 | 00:20:51 / 63 | 00:31:47 / 64 | 00:43:14 / 65 | 00:54:25 / 66 |
| 68 | 83 | LESIK KRZYSZTOF | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 74 | M2/19 | (M)62 | 01:05:56 | 01:05:48 | 13.68 | 00:10:32 / 83 | 00:21:34 / 72 | 00:32:17 / 68 | 00:43:32 / 68 | 00:54:29 / 67 | |
| 69 | 728 | JAREMA MICHAŁ | WROCLAW | POL | POLITECHNIKA WROCLAW | 87 | M1/20 | (M)63 | 01:06:07 | 01:06:04 | 13.62 | 00:09:45 / 49 | 00:20:41 / 58 | 00:31:27 / 58 | 00:42:40 / 56 | 00:54:45 / 68 | |
| 70 | 673 | WOJACZEK JACEK | PSZÓW | POL | FORMA WODZISŁAW ŚL | 64 | M3/17 | (M)64 | 01:06:16 | 01:06:08 | 13.61 | 00:10:59 / 111 | 00:22:13 / 85 | 00:32:50 / 78 | 00:44:11 / 77 | 00:54:56 / 70 | |
| 71 | 122 | MACIASZCZYK ROMAN | BIERUTÓW | POL | KB FIODOR OŁAWA | 69 | M3/18 | (M)65 | 01:06:23 | 01:06:18 | 13.57 | 00:10:23 / 77 | 00:21:36 / 75 | 00:32:27 / 73 | 00:43:42 / 69 | 00:54:49 / 69 | |
| 72 | 628 | DAMRAT ŁUKASZ | ZDZIESZOWICE | POL | | 88 | M1/21 | OPOL/20 | (M)66 | 01:06:25 | 01:06:16 | 13.58 | 00:10:33 / 86 | 00:21:35 / 73 | 00:32:28 / 74 | 00:43:42 / 70 | 00:55:08 / 74 |
| 73 | 176 | PAŁETKO MAREK | JASINICA DOLNA 135 | POL | NYSZA BIEGA | 82 | M1/22 | OPOL/21 | (M)67 | 01:06:30 | 01:06:29 | 13.54 | 00:09:50 / 54 | 00:21:13 / 68 | 00:32:23 / 70 | 00:43:51 / 71 | 00:55:06 / 71 |
| 74 | 734 | MAKOWSKI JAN | DZIERGOWICE | POL | | 73 | M2/20 | OPOL/22 | (M)68 | 01:06:46 | 01:06:39 | 13.50 | 00:10:33 / 85 | 00:21:45 / 80 | 00:32:37 / 76 | 00:43:56 / 72 | 00:55:07 / 72 |
| 75 | 478 | MIELNIK MARIUSZ | GLUBCZYCE | POL | MARIANEK | 77 | M2/21 | OPOL/23 | (M)69 | 01:06:58 | 01:06:56 | 13.45 | 00:10:11 / 74 | 00:21:37 / 76 | 00:32:25 / 71 | 00:43:59 / 73 | 00:55:12 / 75 |
| 76 | 25 | KARKOSZKA MARCIN | SIEROSZEWICE | POL | SKS SZCZĘSCIE OSTRZESZÓW | 90 | M1/23 | (M)70 | 01:07:01 | 01:07:01 | 13.43 | 00:10:06 / 70 | 00:21:25 / 70 | 00:32:30 / 75 | 00:44:00 / 74 | 00:55:15 / 77 | |
| 77 | 90 | LINDER RAFAŁ | RYBNIK | POL | PUMA RUNNING | 83 | M1/24 | (M)71 | 01:07:16 | 01:07:11 | 13.40 | 00:09:39 / 40 | 00:20:39 / 55 | 00:32:00 / 65 | 00:44:00 / 75 | 00:55:14 / 76 | |
| 78 | 481 | SAMBAK TADEUSZ | BRZESZCZE | POL | ZADYSZKA OŚWIĘCIM | 69 | M3/19 | (M)72 | 01:07:29 | 01:07:16 | 13.38 | 00:11:07 / 120 | 00:22:31 / 95 | 00:33:39 / 87 | 00:45:01 / 85 | 00:55:52 / 79 | |
| 79 | 689 | BRODACKI WIESŁAW | TYCHY | POL | 40-LATEK TYCHY | 61 | M3/20 | (M)73 | 01:07:34 | 01:07:21 | 13.36 | 00:11:16 / 128 | 00:22:36 / 99 | 00:33:38 / 86 | 00:45:04 / 86 | 00:56:10 / 82 | |
| 80 | 129 | PAPUGA DARIUSZ | JAWISZOWICE | POL | ZADYSZKA OŚWIĘCIM | 65 | M3/21 | (M)74 | 01:07:41 | 01:07:38 | 13.31 | 00:10:01 / 65 | 00:21:23 / 69 | 00:32:46 / 77 | 00:44:35 / 78 | 00:55:52 / 80 | |
| 81 | 669 | DZIEWIOR ARKADIUSZ | GLIWICE | POL | WWW.KAFELKOWANIE.GLIWICE.PL | 72 | M2/22 | (M)75 | 01:07:42 | 01:07:30 | 13.33 | 00:11:14 / 126 | 00:22:51 / 114 | 00:33:59 / 99 | 00:45:34 / 96 | 00:56:35 / 89 | |
| 82 | 76 | KUCZOK DAWID | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 94 | M1/25 | (M)76 | 01:07:43 | 01:07:37 | 13.31 | 00:10:51 / 106 | 00:22:22 / 88 | 00:33:22 / 84 | 00:44:55 / 83 | 00:56:16 / 84 | |
| 83 | 573 | JANIAK WITOLD | WROCLAW | POL | LUKS ŻÓRAWINA | 70 | M3/22 | (M)77 | 01:07:44 | 01:07:41 | 13.30 | 00:10:29 / 80 | 00:21:53 / 82 | 00:33:05 / 81 | 00:44:50 / 81 | 00:56:09 / 81 | |
| 84 | 57 | JANIK JERZY | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OP. | 54 | M4/9 | OPOL/24 | (M)78 | 01:07:46 | 01:07:43 | 13.29 | 00:09:57 / 63 | 00:21:08 / 66 | 00:32:19 / 69 | 00:44:07 / 76 | 00:55:50 / 78 |
| 85 | 667 | BUCZYŃSKI MARIUSZ | MIEDZYGÓRZE | POL | | 82 | M1/26 | (M)79 | 01:07:47 | 01:07:44 | 13.29 | 00:10:03 / 68 | 00:21:34 / 71 | 00:32:59 / 79 | 00:44:48 / 80 | 00:56:22 / 85 | |
| 86 | 631 | KOŁOSKA ADAM | PSZÓW | POL | FORMA WODZISŁAW ŚL | 67 | M3/23 | (M)80 | 01:07:53 | 01:07:45 | 13.28 | 00:11:20 / 132 | 00:22:43 / 108 | 00:33:50 / 93 | 00:45:17 / 91 | 00:56:24 / 87 | |
| 87 | 682 | MAGIERA JANUSZ | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 63 | M3/24 | (M)81 | 01:07:53 | 01:07:50 | 13.27 | 00:11:03 / 114 | 00:22:42 / 107 | 00:33:46 / 91 | 00:45:17 / 90 | 00:56:23 / 86 | |
| 88 | 33 | HACZYK JAROSŁAW | OPOLE | POL | BIEG OPOLSKI | 68 | M3/25 | OPOL/25 | (M)82 | 01:08:02 | 01:07:59 | 13.24 | 00:10:26 / 78 | 00:21:52 / 81 | 00:33:07 / 83 | 00:44:53 / 82 | 00:56:15 / 83 |
| 89 | 372 | KARBOWIAK HUBERT | WROCLAW | POL | WKB PIAST WROCLAW | 69 | M3/26 | (M)83 | 01:08:10 | 01:08:02 | 13.23 | 00:11:04 / 115 | 00:22:29 / 92 | 00:33:40 / 89 | 00:45:14 / 88 | 00:56:30 / 88 | |
| 90 | 178 | WYMYSŁO ANDRZEJ | PIEKARY ŚLĄSKIE | POL | | 57 | M4/10 | (M)84 | 01:08:26 | 01:08:23 | 13.16 | 00:10:38 / 89 | 00:22:20 / 86 | 00:33:53 / 95 | 00:45:36 / 98 | 00:56:56 / 94 | |
| 91 | 147 | JAROSZUK ADRIAN | KĘDZIERZYN-KOŹŁE | POL | ATAK SERCA | 85 | M1/27 | OPOL/26 | (M)85 | 01:08:29 | 01:08:18 | 13.18 | 00:10:49 / 103 | 00:22:37 / 102 | 00:33:56 / 96 | 00:45:31 / 94 | 00:56:57 / 95 |
| 92 | 665 | SITNIK KRZYSZTOF | LEŚNICA | POL | NIEZRZESZONY | 81 | M1/28 | OPOL/27 | (M)86 | 01:08:33 | 01:08:28 | 13.15 | 00:10:42 / 95 | 00:22:27 / 90 | 00:33:49 / 92 | 00:45:35 / 97 | 00:57:01 / 96 |
| 93 | 412 | BASTA GRZEGORZ | CHELMEK | POL | ZADYSZKA OŚWIĘCIM | 70 | M3/27 | (M)87 | 01:08:35 | 01:08:28 | 13.15 | 00:10:55 / 109 | 00:22:30 / 94 | 00:33:39 / 88 | 00:45:16 / 89 | 00:56:41 / 91 | |
| 94 | 51 | MOŚCICKI MICHAŁ | ZDZIESZOWICE | POL | REGGAE ROCKERS | 85 | M1/29 | OPOL/28 | (M)88 | 01:08:36 | 01:08:26 | 13.15 | 00:10:46 / 99 | 00:22:29 / 93 | 00:33:57 / 97 | 00:45:34 / 95 | 00:56:55 / 93 |
| 95 | 128 | SIWCZYK ANDRZEJ | RYBNIK | POL | CHEMIA-HURT RYBNIK | 57 | M4/11 | (M)89 | 01:08:48 | 01:08:46 | 13.09 | 00:10:10 / 73 | 00:21:42 / 79 | 00:33:04 / 80 | 00:45:00 / 84 | 00:56:40 / 90 | |
| 96 | 593 | BASIŃSKI WIKTOR | RUDNIKI | POL | | 60 | M4/12 | OPOL/29 | (M)90 | 01:08:51 | 01:08:46 | 13.09 | 00:11:06 / 119 | 00:22:46 / 113 | 00:34:03 / 101 | 00:45:51 / 101 | 00:57:06 / 98 |
| 97 | 139 | MOTYKA MARIUSZ | STRZELCE OPOLSKIE | POL | NIEZRZESZONY | 81 | M1/30 | OPOL/30 | (M)91 | 01:08:59 | 01:08:48 | 13.08 | 00:11:15 / 127 | 00:22:37 / 101 | 00:33:42 / 90 | 00:45:19 / 92 | 00:56:42 / 92 |
| 98 | 672 | MARSZAŁKOWSKI ZBIGNIEW | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 57 | M4/13 | (M)92 | 01:09:07 | 01:09:07 | 13.02 | 00:10:31 / 82 | 00:22:22 / 87 | 00:33:51 / 94 | 00:45:44 / 99 | 00:57:05 / 97 | |
| 99 | 47 | SIEKIERKA JANUSZ | SŁUPSKO | POL | | 79 | M2/23 | (M)93 | 01:09:22 | 01:09:19 | 12.98 | 00:10:36 / 87 | 00:22:29 / 91 | 00:33:59 / 98 | 00:45:50 / 100 | 00:57:20 / 100 | |
| 100 | 467 | GUCMAN BARTŁOMIEJ | OPOLE | POL | BIEG OPOLSKI | 76 | M2/24 | OPOL/31 | (M)94 | 01:09:26 | 01:09:17 | 12.99 | 00:11:31 / 155 | 00:23:14 / 126 | 00:34:29 / 113 | 00:46:09 / 107 | 00:57:35 / 102 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|---------------------------|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 101 | 487 | BARTKOWIAK DARIUSZ | OSTRÓW WLKP. | POL | KS MARATON OSTRÓW WLKP. | 65 | M3/28 | | (M)95 | 01:09:28 | 01:09:25 | 12.97 | 00:11:09 / 123 | 00:22:44 / 109 | 00:34:09 / 106 | 00:47:02 / 119 | 00:58:10 / 111 |
| 102 | 48 | MATERLA MAREK | SŁUPSKO | POL | ZRYW SŁUPSKO | 84 | M1/31 | | (M)96 | 01:09:30 | 01:09:23 | 12.97 | 00:10:48 / 102 | 00:22:37 / 103 | 00:34:09 / 105 | 00:46:08 / 104 | 00:57:43 / 105 |
| 103 | 589 | SZAFARCZYK JANUSZ | DOBRODZIĘN | POL | WKB META LUBLINIEC | 69 | M3/29 | OPOL/32 | (M)97 | 01:09:34 | 01:09:21 | 12.98 | 00:11:32 / 156 | 00:23:19 / 129 | 00:34:32 / 115 | 00:46:08 / 105 | 00:57:40 / 103 |
| 104 | 241 | ATEST RUDOLF | KUDOWA ZDRÓJ | POL | | 54 | M4/14 | | (M)98 | 01:09:40 | 01:09:38 | 12.92 | 00:10:32 / 84 | 00:22:06 / 83 | 00:33:35 / 85 | 00:45:30 / 93 | 00:57:24 / 101 |
| 105 | 716 | GRZEŚKOWIECZ ZBIGNIEW | NAMYSŁÓW | POL | ZRYW NAMYSŁÓW | 60 | M4/15 | | (M)99 | 01:09:44 | 01:09:32 | 12.94 | 00:11:33 / 158 | 00:23:22 / 133 | 00:34:39 / 117 | 00:46:37 / 113 | 00:58:04 / 108 |
| 106 | 258 | MUSIAŁ ARTUR | NAMYSŁÓW | POL | NKB ZRYW NAMYSŁÓW | 76 | M2/25 | OPOL/33 | (M)100 | 01:09:44 | 01:09:32 | 12.94 | 00:11:36 / 165 | 00:23:23 / 134 | 00:34:40 / 118 | 00:46:38 / 114 | 00:58:05 / 109 |
| 107 | 637 | BAR STANISŁAW | STRZELCE OPOLSKIE | POL | - | 76 | M2/26 | OPOL/34 | (M)101 | 01:09:48 | 01:09:42 | 12.91 | 00:11:06 / 118 | 00:22:45 / 112 | 00:34:11 / 109 | 00:46:06 / 102 | 00:57:42 / 104 |
| 108 | 356 | BALBUS ANNA | BYTOM | POL | MARATONYPOLSKIE.PL TEAM | 80 | K2/5 | | (K)7 | 01:10:09 | 01:10:08 | 12.83 | 00:10:41 / 92 | 00:22:35 / 97 | 00:34:08 / 104 | 00:46:07 / 103 | 00:57:51 / 106 |
| 109 | 309 | HORBOWY SŁAWOMIR | CZEPIELOWICE | POL | NIEZRZESZONY | 63 | M3/30 | OPOL/35 | (M)102 | 01:10:21 | 01:10:17 | 12.81 | 00:11:27 / 147 | 00:23:42 / 143 | 00:34:57 / 124 | 00:46:39 / 115 | 00:58:23 / 113 |
| 110 | 361 | JANOWSKI KRZYSZTOF | KAMIENIEC | POL | LUKS ŻÓRAWINA | 70 | M3/31 | | (M)103 | 01:10:25 | 01:10:24 | 12.78 | 00:10:08 / 72 | 00:21:39 / 77 | 00:33:06 / 82 | 00:45:12 / 87 | 00:57:13 / 99 |
| 111 | 498 | POŚPIECH KAROL | SYRYNIA | POL | FORMA WODZISŁAW ŚL | 54 | M4/16 | | (M)104 | 01:10:26 | 01:10:18 | 12.80 | 00:11:21 / 134 | 00:23:22 / 132 | 00:35:08 / 127 | 00:47:06 / 121 | 00:58:42 / 117 |
| 112 | 96 | JASIŃSKI TOMASZ | PRUDNIK | POL | IRONADA TEAM | 82 | M1/32 | OPOL/36 | (M)105 | 01:10:29 | 01:10:29 | 12.77 | 00:11:07 / 121 | 00:22:41 / 106 | 00:34:02 / 100 | 00:46:09 / 106 | 00:57:58 / 107 |
| 113 | 75 | KUCZOK MIROSLAW | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 72 | M2/27 | | (M)106 | 01:10:30 | 01:10:24 | 12.78 | 00:11:21 / 133 | 00:23:21 / 131 | 00:35:07 / 126 | 00:47:06 / 122 | 00:58:39 / 116 |
| 114 | 558 | REICHERT ANDRZEJ | UJAZD | POL | ZAWISZA STARA KUŹNIA | 51 | M4/17 | OPOL/37 | (M)107 | 01:10:38 | 01:10:38 | 12.74 | 00:10:46 / 98 | 00:22:33 / 96 | 00:34:11 / 108 | 00:46:14 / 110 | 00:58:07 / 110 |
| 115 | 680 | PEMIDOWICZ DAWID | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 76 | M2/28 | | (M)108 | 01:10:49 | 01:10:42 | 12.73 | 00:11:17 / 129 | 00:22:58 / 117 | 00:34:27 / 112 | 00:46:29 / 112 | 00:58:27 / 114 |
| 116 | 477 | MIELNIK DAMIAN | GŁUBCZYCE | POL | MARIANEK | 72 | M2/29 | OPOL/38 | (M)109 | 01:11:06 | 01:11:04 | 12.66 | 00:10:47 / 100 | 00:23:20 / 130 | 00:35:13 / 130 | 00:47:09 / 124 | 00:58:55 / 120 |
| 117 | 39 | CHUDY JACEK | BLACHOWNIA | POL | WOD-CHEM BLACHOWNIA | 75 | M2/30 | | (M)110 | 01:11:07 | 01:11:03 | 12.67 | 00:11:14 / 125 | 00:23:14 / 127 | 00:34:55 / 123 | 00:47:07 / 123 | 00:59:01 / 123 |
| 118 | 422 | SPAŁEK ANDRZEJ | ZAWADZKIE | POL | | 67 | M3/32 | OPOL/39 | (M)111 | 01:11:07 | 01:11:04 | 12.66 | 00:10:50 / 105 | 00:22:57 / 116 | 00:34:48 / 122 | 00:47:05 / 120 | 00:59:00 / 122 |
| 119 | 476 | BROŹEK ZYGMUNT | KRAKÓW | POL | NIEZRZESZONY | 61 | M3/33 | | (M)112 | 01:11:08 | 01:11:00 | 12.68 | 00:11:27 / 146 | 00:23:11 / 123 | 00:34:46 / 121 | 00:46:59 / 118 | 00:58:57 / 121 |
| 120 | 653 | WYBRANIEC ANDRZEJ | KIETRZ | POL | KS GRYF KIETRZ | 50 | M5/1 | OPOL/40 | (M)113 | 01:11:09 | 01:11:03 | 12.67 | 00:11:03 / 113 | 00:23:05 / 120 | 00:34:43 / 119 | 00:46:57 / 117 | 00:58:45 / 119 |
| 121 | 419 | KARDAS MACIEJ | OSTRÓW | POL | KS MARATON OSTRÓW WLKP. | 92 | M1/33 | | (M)114 | 01:11:12 | 01:11:09 | 12.65 | 00:10:58 / 110 | 00:22:44 / 110 | 00:34:12 / 110 | 00:46:14 / 109 | 00:58:23 / 112 |
| 122 | 373 | KUKUŁA WOJCIECH | OPOLE | POL | BIEG OPOLSKI | 87 | M1/34 | OPOL/41 | (M)115 | 01:11:14 | 01:11:06 | 12.66 | 00:11:29 / 151 | 00:23:35 / 140 | 00:35:15 / 131 | 00:47:24 / 129 | 00:59:16 / 125 |
| 123 | 524 | MIODUCKI MAREK | ZABRZE | POL | MARATONYPOLSKIE.PL TEAM | 74 | M2/31 | | (M)116 | 01:11:22 | 01:11:20 | 12.62 | 00:10:42 / 94 | 00:22:36 / 98 | 00:34:10 / 107 | 00:46:13 / 108 | 00:58:43 / 118 |
| 124 | 120 | WOŹNIAK RYSZARD | BORZYCHY | POL | MARATONYPOLSKIE.PL TEAM | 71 | M2/32 | | (M)117 | 01:11:25 | 01:11:11 | 12.64 | 00:10:51 / 107 | 00:22:38 / 104 | 00:34:05 / 102 | 00:46:28 / 111 | 00:58:32 / 115 |
| 125 | 237 | CALY SŁAWOMIR | OPOLE | POL | BIEG OPOLSKI | 76 | M2/33 | OPOL/42 | (M)118 | 01:11:28 | 01:11:14 | 12.63 | 00:12:09 / 219 | 00:24:22 / 176 | 00:36:10 / 161 | 00:48:01 / 135 | 00:59:31 / 128 |
| 126 | 398 | NOWAK GRZEGORZ | CZELADZ | POL | TKKF MOSIR CZELADZ | 75 | M2/34 | | (M)119 | 01:11:50 | 01:11:50 | 12.53 | 00:10:30 / 81 | 00:22:36 / 100 | 00:34:35 / 116 | 00:47:15 / 126 | 00:59:13 / 124 |
| 127 | 124 | TIMOSZUK JAROSŁAW | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OP. | 74 | M2/35 | OPOL/43 | (M)120 | 01:11:59 | 01:11:46 | 12.54 | 00:11:35 / 164 | 00:23:24 / 135 | 00:35:10 / 128 | 00:47:16 / 127 | 00:59:27 / 127 |
| 128 | 717 | MATYSEK DARIUSZ | WROCLAW | POL | | 76 | M2/36 | | (M)121 | 01:12:10 | 01:12:01 | 12.50 | 00:11:34 / 159 | 00:23:44 / 149 | 00:35:26 / 134 | 00:47:42 / 130 | 00:59:55 / 131 |
| 129 | 280 | GRZEMPOWSKI PIOTR | KROTOSZYN | POL | KS. KROTOSZ KROTOSZYN | 88 | M1/35 | | (M)122 | 01:12:11 | 01:12:02 | 12.49 | 00:11:35 / 163 | 00:23:49 / 154 | 00:35:39 / 140 | 00:47:58 / 134 | 00:59:59 / 133 |
| 130 | 379 | MIELNIK ANDRZEJ | DĄBROWA GÓRNICZA | POL | LEŚNE LUDKI ŻARKI LETNISO | 59 | M4/18 | | (M)123 | 01:12:18 | 01:12:10 | 12.47 | 00:11:50 / 188 | 00:23:57 / 162 | 00:35:46 / 144 | 00:48:05 / 137 | 01:00:06 / 134 |
| 131 | 207 | WOJDAK TADEUSZ | PACZYNA | POL | OSP STRZELCE OPOLSKIE | 77 | M2/37 | | (M)124 | 01:12:27 | 01:12:13 | 12.46 | 00:10:47 / 101 | 00:22:38 / 105 | 00:34:21 / 111 | 00:46:45 / 116 | 00:59:17 / 126 |
| 132 | 300 | ZIOLA TADEUSZ | BOGATYNIA | POL | EDI TEAM ZGORZELEC | 63 | M3/34 | | (M)125 | 01:12:29 | 01:12:20 | 12.44 | 00:11:45 / 177 | 00:23:49 / 155 | 00:35:38 / 139 | 00:47:58 / 133 | 00:59:59 / 132 |
| 133 | 652 | CHOMIK RAFAŁ | GLIWICE | POL | FACCIAMO JOGGING | 77 | M2/38 | | (M)126 | 01:12:39 | 01:12:36 | 12.40 | 00:10:44 / 96 | 00:22:53 / 115 | 00:34:45 / 120 | 00:47:24 / 128 | 00:59:44 / 129 |
| 134 | 568 | MACHLOWSKI RYSZARD | KRAKÓW | POL | KKB DYSTANS KRAKÓW | 63 | M3/35 | | (M)127 | 01:12:53 | 01:12:41 | 12.38 | 00:11:22 / 136 | 00:23:36 / 142 | 00:35:34 / 137 | 00:48:15 / 140 | 01:00:31 / 140 |
| 135 | 156 | KOWALSKI PIOTR | IZBICKO | POL | | 90 | M1/36 | OPOL/44 | (M)128 | 01:12:56 | 01:12:53 | 12.35 | 00:11:02 / 112 | 00:23:18 / 128 | 00:35:20 / 133 | 00:48:09 / 138 | 01:00:28 / 138 |
| 136 | 654 | KANTYKA BEATA | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 81 | K1/2 | | (K)8 | 01:13:00 | 01:12:56 | 12.34 | 00:11:41 / 171 | 00:24:06 / 165 | 00:35:58 / 150 | 00:48:18 / 143 | 01:00:24 / 136 |
| 137 | 531 | PAKOSZ IRENA | KĘDZIERZYN-KOŹLE | POL | TECHNIK KOMORNO | 66 | K3/2 | OPOL/45 | (K)9 | 01:13:07 | 01:13:07 | 12.31 | 00:10:17 / 76 | 00:22:12 / 84 | 00:36:00 / 152 | 00:48:15 / 141 | 01:00:25 / 137 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|--------------|--------|------------------------|--------------------|----------|--|---------|--------------------|-------------|--------|------------|--------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 138 | 359 | GARCZYŃSKI GRZEGORZ | LUBIN | POL | | 47 | M5/2 | | (M)129 | 01:13:13 | 01:13:08 | 12.31 | 00:11:22 / 135 | 00:23:36 / 141 | 00:35:30 / 135 | 00:48:04 / 136 | 01:00:31 / 139 |
| 139 | 320 | WOSZ BOGUMIŁ | JELCZ-LASKOWICE | POL | | 63 | M3/36 | | (M)130 | 01:13:15 | 01:13:12 | 12.30 | 00:11:13 / 124 | 00:23:27 / 136 | 00:35:44 / 142 | 00:48:23 / 144 | 01:00:42 / 143 |
| 140 | 671 | GAWROŃSKI ZBIGNIEW | KIETRZ | POL | | 70 | M3/37 | OPOL/46 | (M)131 | 01:13:16 | 01:13:02 | 12.32 | 00:11:38 / 168 | 00:24:02 / 163 | 00:35:59 / 151 | 00:48:36 / 150 | 01:00:53 / 146 |
| 141 | 118 | NIEMCZYCKI TOMASZ | GLUBCZYCE | POL | | 75 | M2/39 | OPOL/47 | (M)132 | 01:13:17 | 01:13:17 | 12.28 | 00:10:29 / 79 | 00:22:24 / 89 | 00:34:32 / 114 | 00:47:10 / 125 | 00:59:47 / 130 |
| 142 | 724 | WĘGRZYŃ IRENEUSZ | GLUBCZYCE | POL | KB GLUBCZYCE | 60 | M4/19 | | (M)133 | 01:13:23 | 01:13:23 | 12.26 | 00:11:24 / 140 | 00:24:18 / 169 | 00:36:43 / 169 | 00:49:34 / 171 | 01:01:29 / 157 |
| 143 | 644 | ZAWADA DAWID | KĘDZIERZYN-KOŹLE | POL | POLSKA BIEGA | 85 | M1/37 | OPOL/48 | (M)134 | 01:13:23 | 01:13:20 | 12.27 | 00:11:27 / 145 | 00:23:29 / 137 | 00:35:49 / 145 | 00:48:31 / 149 | 01:00:59 / 147 |
| 144 | 700 | WÓJTOWICZ MARCIN | SIEMIANOWICE | POL | ŚLĄSKIE ŚCIEŻKI BIEGOWE | 77 | M2/40 | | (M)135 | 01:13:24 | 01:13:20 | 12.27 | 00:11:06 / 117 | 00:23:11 / 122 | 00:35:07 / 125 | 00:47:46 / 131 | 01:00:18 / 135 |
| 145 | 614 | ZAWIERUCHA JAN | ŻORY | POL | | 52 | M4/20 | | (M)136 | 01:13:30 | 01:13:21 | 12.27 | 00:11:54 / 192 | 00:24:19 / 170 | 00:36:25 / 164 | 00:48:54 / 157 | 01:01:07 / 151 |
| 146 | 596 | USZKO ADAM | SIEDLEC | POL | | 93 | M1/38 | OPOL/49 | (M)137 | 01:13:43 | 01:13:31 | 12.24 | 00:12:07 / 213 | 00:24:41 / 190 | 00:36:46 / 171 | 00:49:00 / 160 | 01:01:17 / 155 |
| 147 | 710 | KORDOS JAN | KRAKÓW | POL | | 49 | M5/3 | | (M)138 | 01:13:46 | 01:13:43 | 12.21 | 00:11:23 / 137 | 00:23:30 / 138 | 00:35:35 / 138 | 00:48:17 / 142 | 01:00:34 / 141 |
| 148 | 623 | MIELCAREK LESZEK | BYTOM | POL | | 55 | M4/21 | | (M)139 | 01:13:47 | 01:13:44 | 12.21 | 00:11:23 / 138 | 00:23:54 / 158 | 00:36:06 / 159 | 00:48:45 / 153 | 01:01:06 / 150 |
| 149 | 454 | BACHEN CZESŁAW | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OPOLSKIE | 79 | M2/41 | OPOL/50 | (M)140 | 01:13:48 | 01:13:42 | 12.21 | 00:10:50 / 104 | 00:23:02 / 119 | 00:35:10 / 129 | 00:47:56 / 132 | 01:00:39 / 142 |
| 150 | 619 | MUSKIEŃ PIOTR | ŁAZISKA | POL | | 76 | M2/42 | OPOL/51 | (M)141 | 01:13:48 | 01:13:35 | 12.23 | 00:11:52 / 189 | 00:24:21 / 172 | 00:36:27 / 165 | 00:48:57 / 158 | 01:01:05 / 149 |
| 151 | 560 | WOJCIESZONEK KRZYSZTOF | GÓRA->WROCLAW | POL | OŹW WROCLAW | 86 | M1/39 | | (M)142 | 01:13:53 | 01:13:38 | 12.22 | 00:12:14 / 229 | 00:24:45 / 194 | 00:36:45 / 170 | 00:48:59 / 159 | 01:01:16 / 154 |
| 152 | 456 | WRONA PIOTR | OPOLE | POL | CYKLOFAN OPOLE | 64 | M3/38 | OPOL/52 | (M)143 | 01:13:58 | 01:13:58 | 12.17 | 00:12:31 / 268 | 00:24:55 / 205 | 00:37:07 / 186 | 00:49:37 / 175 | 01:01:44 / 164 |
| 153 | 150 | KORDZIŃSKI KAZIMIERZ | LUBLINIEC | POL | MONTRAIL TEAM | 58 | M4/22 | | (M)144 | 01:14:04 | 01:14:00 | 12.16 | 00:12:27 / 261 | 00:25:15 / 223 | 00:37:42 / 210 | 00:49:44 / 178 | 01:01:41 / 161 |
| 154 | 362 | PILARZ TOMASZ | LUBIN | POL | STREFFA FIGHT TEAM | 74 | M2/43 | | (M)145 | 01:14:05 | 01:14:05 | 12.15 | 00:12:28 / 262 | 00:24:58 / 208 | 00:37:11 / 189 | 00:49:35 / 173 | 01:01:46 / 166 |
| 155 | 394 | BIELIŃSKA MONIKA | PRZYSZOWICE | POL | | 83 | K1/3 | | (K)10 | 01:14:06 | 01:13:58 | 12.17 | 00:11:28 / 149 | 00:23:54 / 157 | 00:35:57 / 148 | 00:48:28 / 145 | 01:00:52 / 145 |
| 156 | 60 | BROL KRZYSZTOF | LISOWICE | POL | | 65 | M3/39 | | (M)146 | 01:14:06 | 01:14:00 | 12.16 | 00:11:34 / 160 | 00:23:53 / 156 | 00:36:02 / 154 | 00:48:29 / 147 | 01:00:50 / 144 |
| 157 | 336 | TOLŁOCZKO ARKADIUSZ | JELCZ-LASKOWICE | POL | DLA MOJEJ ZOSI | 77 | M2/44 | | (M)147 | 01:14:12 | 01:14:05 | 12.15 | 00:12:11 / 225 | 00:24:51 / 200 | 00:37:17 / 191 | 00:49:57 / 181 | 01:01:54 / 168 |
| 158 | 284 | BARTOSZEK PIOTR | TYCHY | POL | ANTAŁEK PAPROCANY | 63 | M3/40 | | (M)148 | 01:14:12 | 01:14:05 | 12.15 | 00:11:34 / 161 | 00:23:45 / 150 | 00:35:54 / 146 | 00:48:42 / 152 | 01:01:15 / 153 |
| 159 | 78 | GUTOWSKI DARIUSZ | KŁOBUCK | POL | NGB KŁOBUCK | 68 | M3/41 | | (M)149 | 01:14:17 | 01:14:07 | 12.14 | 00:11:24 / 139 | 00:23:31 / 139 | 00:35:31 / 136 | 00:48:11 / 139 | 01:00:59 / 148 |
| 160 | 685 | TACZKA SEBASTIAN | OSTRÓW | POL | ZS FECH OSTRÓW | 93 | M1/40 | | (M)150 | 01:14:18 | 01:14:15 | 12.12 | 00:11:07 / 122 | 00:23:12 / 124 | 00:35:18 / 132 | 00:48:29 / 148 | 01:01:54 / 167 |
| 161 | 539 | PELC CZESŁAW | RYBNIK | POL | K.CZ. PĘDZIWIATR GLIWICE | 57 | M4/23 | | (M)151 | 01:14:19 | 01:14:15 | 12.12 | 00:12:12 / 227 | 00:24:57 / 206 | 00:37:06 / 185 | 00:49:35 / 172 | 01:01:42 / 162 |
| 162 | 546 | ZIELIŃSKI MICHAŁ | OPOLE | POL | | 82 | M1/41 | OPOL/53 | (M)152 | 01:14:20 | 01:14:09 | 12.14 | 00:12:21 / 242 | 00:25:22 / 232 | 00:37:50 / 218 | 00:50:28 / 198 | 01:02:22 / 181 |
| 163 | 529 | BIEŃKOWSKI ŁUKASZ | KRAKÓW | POL | KKB DYSTANS KRAKÓW | 68 | M3/42 | | (M)153 | 01:14:27 | 01:14:17 | 12.12 | 00:11:30 / 152 | 00:23:44 / 148 | 00:35:56 / 147 | 00:48:29 / 146 | 01:01:15 / 152 |
| 164 | 27 | MAŃKA KRZYSZTOF | CHELM ŚLĄSKI | POL | | 88 | M1/42 | | (M)154 | 01:14:30 | 01:14:27 | 12.09 | 00:11:31 / 154 | 00:24:07 / 167 | 00:35:58 / 149 | 00:49:02 / 161 | 01:01:37 / 160 |
| 165 | 387 | WCISŁO STANISŁAW | KRAKÓW - SKOTNIKI | POL | AZS AWF MASTERS KRAKÓW STASIU-SKOTNIKI | 58 | M4/24 | | (M)155 | 01:14:31 | 01:14:27 | 12.09 | 00:11:29 / 150 | 00:23:56 / 161 | 00:36:10 / 160 | 00:48:53 / 156 | 01:01:28 / 156 |
| 166 | 79 | BORYS MARCIN | OTMUCHÓW | POL | | 74 | M2/45 | OPOL/54 | (M)156 | 01:14:34 | 01:14:23 | 12.10 | 00:12:26 / 257 | 00:25:17 / 226 | 00:37:46 / 213 | 00:50:15 / 194 | 01:02:17 / 178 |
| 167 | 718 | HALCZAK SZYMON | KĘDZIERZYN - KOŹLE | POL | MMKS KEDZIERZYN KOŹLE | 94 | M1/43 | OPOL/55 | (M)157 | 01:14:49 | 01:14:49 | 12.03 | 00:13:33 / 332 | 00:26:23 / 290 | 00:38:06 / 223 | 00:50:27 / 197 | 01:02:30 / 185 |
| 168 | 364 | MOŚCICKI GRZEGORZ | ZDZIESZOWICE | POL | | 87 | M1/44 | OPOL/56 | (M)158 | 01:14:50 | 01:14:36 | 12.06 | 00:11:37 / 167 | 00:23:48 / 153 | 00:36:17 / 163 | 00:49:26 / 168 | 01:02:10 / 174 |
| 169 | 425 | KORNAGA ANDRZEJ | KATOWICE | POL | | 59 | M4/25 | | (M)159 | 01:14:54 | 01:14:40 | 12.05 | 00:12:02 / 204 | 00:24:40 / 189 | 00:36:50 / 174 | 00:49:28 / 169 | 01:01:57 / 169 |
| 170 | 281 | MAŁEK STANISŁAW | PRASZKA | POL | NEAPCO PRASZKA | 54 | M4/26 | OPOL/57 | (M)160 | 01:14:55 | 01:14:43 | 12.05 | 00:12:20 / 241 | 00:25:11 / 217 | 00:37:30 / 197 | 00:50:12 / 189 | 01:02:20 / 179 |
| 171 | 469 | WROŃSKA BEATA | JASŁO | POL | | 80 | K2/6 | | (K)11 | 01:14:57 | 01:14:54 | 12.02 | 00:11:20 / 131 | 00:23:47 / 152 | 00:36:03 / 156 | 00:48:53 / 155 | 01:01:37 / 159 |
| 172 | 602 | GRZESICA PRZEMYSŁAW | TOSZEK | POL | | 72 | M2/46 | | (M)161 | 01:14:58 | 01:14:58 | 12.01 | 00:13:37 / 339 | 00:26:42 / 296 | 00:38:42 / 254 | 00:51:14 / 214 | 01:03:01 / 194 |
| 173 | 627 | ORLICKI STANISŁAW | RUDZE | POL | 40-LATEK TYCHY | 59 | M4/27 | | (M)162 | 01:15:00 | 01:14:54 | 12.02 | 00:11:19 / 130 | 00:23:46 / 151 | 00:36:02 / 155 | 00:49:08 / 162 | 01:01:35 / 158 |
| 174 | 201 | SZCZEPANIAK MATEUSZ | KARŁOWICE | POL | BKB MARATOŃCZYK BRZEG | 91 | M1/45 | OPOL/58 | (M)163 | 01:15:02 | 01:15:01 | 12.00 | 00:10:15 / 75 | 00:22:45 / 111 | 00:35:43 / 141 | 00:48:36 / 151 | 01:01:43 / 163 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|---------------------------------------|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 175 | 323 | ŁUKOWSKI DARIUSZ | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OPOLSKIE | 64 | M3/43 | OPOL/59 | (M)164 | 01:15:04 | 01:14:56 | 12.01 | 00:11:41 / 170 | 00:24:16 / 168 | 00:36:59 / 179 | 00:50:09 / 188 | 01:02:29 / 184 |
| 176 | 289 | ŁASAK GRZEGORZ | OLAWA | POL | OLAWA | 77 | M2/47 | | (M)165 | 01:15:11 | 01:15:05 | 11.99 | 00:11:30 / 153 | 00:23:55 / 159 | 00:36:29 / 167 | 00:49:32 / 170 | 01:02:11 / 175 |
| 177 | 697 | KUBISTA MAREK | KATOWICE | POL | KB JÓZEFINKA | 81 | M1/46 | | (M)166 | 01:15:13 | 01:15:10 | 11.97 | 00:11:55 / 193 | 00:24:35 / 182 | 00:37:01 / 180 | 00:49:52 / 180 | 01:02:22 / 180 |
| 178 | 346 | ZASTAWNY RYSZARD | POGWIZDÓW | POL | | 49 | M5/4 | | (M)167 | 01:15:15 | 01:15:07 | 11.98 | 00:11:47 / 181 | 00:24:21 / 173 | 00:36:32 / 168 | 00:49:22 / 167 | 01:02:00 / 170 |
| 179 | 492 | MATYSZCZAK SŁAWOMIR | RĘBIELICE | POL | | 60 | M4/28 | | (M)168 | 01:15:16 | 01:15:06 | 11.98 | 00:12:06 / 211 | 00:24:22 / 177 | 00:36:48 / 173 | 00:49:39 / 176 | 01:02:14 / 177 |
| 180 | 723 | MACHOŃ MARIAN | ZAWADA | POL | WKB META LUBLINIEC | 53 | M4/29 | | (M)169 | 01:15:24 | 01:15:18 | 11.95 | 00:11:48 / 184 | 00:24:36 / 183 | 00:36:56 / 178 | 00:49:45 / 179 | 01:02:14 / 176 |
| 181 | 82 | WILCZYŃSKI WACŁAW | KĘDZIERZYN-KOŹLE | POL | | 50 | M5/5 | OPOL/60 | (M)170 | 01:15:27 | 01:15:27 | 11.93 | 00:11:54 / 191 | 00:24:46 / 196 | 00:37:19 / 193 | 00:50:17 / 195 | 01:02:45 / 189 |
| 182 | 472 | PARKITNY KRZYSZTOF | BLACHOWNIA | POL | KKTA BLACHOWNIA | 54 | M4/30 | | (M)171 | 01:15:30 | 01:15:25 | 11.93 | 00:11:48 / 185 | 00:24:31 / 180 | 00:37:06 / 183 | 00:49:59 / 182 | 01:02:26 / 183 |
| 183 | 564 | GROMEK GRZEGORZ | OPOLE | POL | CYKLOFAN OPOLE | 80 | M2/48 | OPOL/61 | (M)172 | 01:15:36 | 01:15:32 | 11.92 | 00:10:38 / 90 | 00:22:59 / 118 | 00:35:45 / 143 | 00:48:48 / 154 | 01:02:05 / 172 |
| 184 | 332 | ĆWIAKAŁA WOJCIECH | JELEŃ GÓRA | POL | | 63 | M3/44 | | (M)173 | 01:15:39 | 01:15:35 | 11.91 | 00:11:28 / 148 | 00:23:44 / 147 | 00:36:03 / 157 | 00:49:10 / 163 | 01:02:03 / 171 |
| 185 | 725 | SOBCZAK JOLANTA | WROCŁAW | POL | LUKS ŻÓRAWINA | 65 | K3/3 | | (K)12 | 01:15:42 | 01:15:42 | 11.89 | 00:10:55 / 108 | 00:23:43 / 145 | 00:36:14 / 162 | 00:49:21 / 166 | 01:02:05 / 173 |
| 186 | 698 | WOJTOWICZ ADAM | KATOWICE | POL | KB JÓZEFINKA | 81 | M1/47 | | (M)174 | 01:15:45 | 01:15:42 | 11.89 | 00:11:57 / 194 | 00:24:44 / 193 | 00:37:18 / 192 | 00:50:05 / 186 | 01:02:38 / 187 |
| 187 | 365 | NAPIERAJ DOMINIKA | ŻYTNIOŃ | POL | | 91 | K1/4 | OPOL/62 | (K)13 | 01:15:48 | 01:15:46 | 11.88 | 00:10:40 / 91 | 00:23:13 / 125 | 00:36:01 / 153 | 00:49:14 / 165 | 01:02:24 / 182 |
| 188 | 52 | PUSZCZEWICZ ZENON | PISARZOWICE | POL | KBLUPUS OLESNICA-BRZEG | 41 | M5/6 | OPOL/63 | (M)175 | 01:15:50 | 01:15:50 | 11.87 | 00:11:36 / 166 | 00:24:22 / 175 | 00:36:51 / 176 | 00:49:59 / 183 | 01:02:43 / 188 |
| 189 | 679 | WOLNY BARTŁOMIEJ | STRZELCE OPOLSKIE | POL | GRUPA INTERWENCYJNA SŁUŻBY WIĘZIENNEJ | 87 | M1/48 | OPOL/64 | (M)176 | 01:15:54 | 01:15:51 | 11.87 | 00:12:04 / 208 | 00:24:49 / 199 | 00:37:24 / 195 | 00:50:12 / 190 | 01:03:02 / 195 |
| 190 | 299 | RYMARZ MIROSLAW | OPOLE | POL | ENDURANCE | 78 | M2/49 | OPOL/65 | (M)177 | 01:15:57 | 01:15:46 | 11.88 | 00:12:09 / 221 | 00:25:08 / 215 | 00:37:32 / 199 | 00:50:23 / 196 | 01:02:57 / 190 |
| 191 | 368 | KOTYRBA PAULINA | WIŚNICZE | POL | | 94 | K1/5 | | (K)14 | 01:16:02 | 01:15:54 | 11.86 | 00:11:27 / 144 | 00:23:42 / 144 | 00:37:06 / 184 | 00:50:08 / 187 | 01:03:10 / 198 |
| 192 | 555 | WOJTASZEK MAREK | KROTOSZYN | POL | KS. KROTOSZ KROTOSZYN | 80 | M2/50 | | (M)178 | 01:16:07 | 01:15:57 | 11.85 | 00:12:35 / 278 | 00:25:49 / 256 | 00:38:31 / 240 | 00:51:07 / 206 | 01:03:35 / 200 |
| 193 | 393 | BIELIŃSKI ARTUR | PRZYSZOWICE | POL | | 86 | M1/49 | | (M)179 | 01:16:11 | 01:16:03 | 11.83 | 00:11:25 / 141 | 00:23:55 / 160 | 00:36:29 / 166 | 00:49:35 / 174 | 01:02:34 / 186 |
| 194 | 93 | SMYKOWSKI WŁADYSŁAW | OLAWA | POL | OLAWA | 49 | M5/7 | | (M)180 | 01:16:15 | 01:16:10 | 11.82 | 00:12:05 / 210 | 00:24:52 / 203 | 00:37:16 / 190 | 00:50:14 / 193 | 01:03:04 / 197 |
| 195 | 499 | GLADCZAK JAN | RUDA ŚLĄSKA | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | 62 | M3/45 | | (M)181 | 01:16:21 | 01:16:17 | 11.80 | 00:11:33 / 157 | 00:24:21 / 174 | 00:36:54 / 177 | 00:50:00 / 184 | 01:03:03 / 196 |
| 196 | 626 | NORMAN MACIEJ | BLACHOWNIA | POL | - | 91 | M1/50 | | (M)182 | 01:16:26 | 01:16:22 | 11.79 | 00:11:48 / 183 | 00:24:31 / 179 | 00:37:05 / 182 | 00:50:04 / 185 | 01:02:59 / 191 |
| 197 | 726 | HORAK IRZI | KRNOV | CZE | OLIMPIA BRUNTAL | 48 | M5/8 | | (M)183 | 01:16:27 | 01:16:25 | 11.78 | 00:11:44 / 175 | 00:24:38 / 185 | 00:37:09 / 187 | 00:50:13 / 191 | 01:03:00 / 192 |
| 198 | 733 | CHMURECZKA ANDRZEJ | ZAGAŃ | POL | TERMIT ZAGAŃ | 75 | M2/51 | | (M)184 | 01:16:27 | 01:16:25 | 11.78 | 00:11:44 / 174 | 00:24:39 / 186 | 00:37:09 / 188 | 00:50:13 / 192 | 01:03:00 / 193 |
| 199 | 337 | CUGOWSKI ROMAN | GLIWICE | POL | | 64 | M3/46 | | (M)185 | 01:16:28 | 01:16:15 | 11.80 | 00:12:20 / 239 | 00:25:25 / 239 | 00:38:16 / 230 | 00:51:22 / 222 | 01:03:52 / 204 |
| 200 | 315 | FUGOWSKI GRZEGORZ | GLIWICE | POL | | 85 | M1/51 | | (M)186 | 01:16:31 | 01:16:31 | 11.76 | 00:12:18 / 235 | 00:25:25 / 238 | 00:38:15 / 229 | 00:51:21 / 221 | 01:03:51 / 203 |
| 201 | 77 | STEMPIAK ANDRZEJ | CZYŻOWICE | POL | FORMA WODZISŁAW ŚL | 65 | M3/47 | | (M)187 | 01:16:39 | 01:16:32 | 11.76 | 00:12:10 / 222 | 00:25:02 / 212 | 00:37:40 / 208 | 00:50:39 / 200 | 01:03:35 / 201 |
| 202 | 369 | NAPIERAJ DANIEL | ŻYTNIOŃ | POL | | 92 | M1/52 | OPOL/66 | (M)188 | 01:16:46 | 01:16:44 | 11.73 | 00:10:41 / 93 | 00:23:11 / 121 | 00:36:04 / 158 | 00:49:10 / 164 | 01:01:45 / 165 |
| 203 | 353 | LITWIN JÓZEF | GLUBCZYCE | POL | KB GLUBCZYCE | 49 | M5/9 | OPOL/67 | (M)189 | 01:16:48 | 01:16:48 | 11.72 | | | | | |
| 204 | 423 | HYHS JAN | WYSOCKO WIELKIE | POL | KS MARATON OSTRÓW WLKP. | 92 | M1/53 | | (M)190 | 01:16:53 | 01:16:50 | 11.71 | 00:11:26 / 142 | 00:24:20 / 171 | 00:36:47 / 172 | 00:49:44 / 177 | 01:03:20 / 199 |
| 205 | 191 | MROZEK MAREK | KOTULIN | POL | | 70 | M3/48 | | (M)191 | 01:16:55 | 01:16:43 | 11.73 | 00:12:40 / 285 | 00:25:34 / 245 | 00:38:15 / 228 | 00:51:20 / 220 | 01:04:08 / 209 |
| 206 | 383 | ROTTE BOGUSŁAW | OPOLE | POL | CYKLOFAN OPOLE | 59 | M4/31 | OPOL/68 | (M)192 | 01:16:55 | 01:16:55 | 11.70 | 00:12:32 / 271 | 00:25:40 / 248 | 00:38:33 / 246 | 00:51:27 / 225 | 01:04:26 / 222 |
| 207 | 493 | SZYMCZYNA ZDZISŁAW | KRAKÓW | POL | KKB DYSTANS KRAKÓW | 58 | M4/32 | | (M)193 | 01:16:57 | 01:16:50 | 11.71 | 00:12:27 / 259 | 00:25:36 / 246 | 00:38:25 / 236 | 00:51:32 / 228 | 01:04:08 / 210 |
| 208 | 413 | KULPOK TOMASZ | RUDA ŚLĄSKA | POL | | 80 | M2/52 | | (M)194 | 01:17:05 | 01:16:55 | 11.70 | 00:12:22 / 247 | 00:25:24 / 234 | 00:38:05 / 222 | 00:51:15 / 216 | 01:04:09 / 211 |
| 209 | 525 | ORLOWSKA KAŚKA | NYSA | POL | 'ATHLETICS' NYSA | 78 | K2/7 | OPOL/69 | (K)15 | 01:17:06 | 01:17:06 | 11.67 | 00:12:55 / 298 | 00:25:51 / 259 | 00:38:33 / 245 | 00:51:27 / 224 | 01:04:26 / 223 |
| 210 | 447 | ROMAN ELŻBIETA | KUDOWA ZDRÓJ | POL | ULKS' OPAL' KUDOWA ZDRÓJ | 54 | K4/1 | | (K)16 | 01:17:09 | 01:17:00 | 11.69 | 00:12:19 / 236 | 00:25:07 / 214 | 00:37:47 / 214 | 00:51:08 / 208 | 01:04:04 / 206 |
| 211 | 155 | TYRAS ANDRZEJ | CZĘSTOCHOWA | POL | CI CO SKACZA I BIEGAJA | 76 | M2/53 | | (M)195 | 01:17:11 | 01:17:03 | 11.68 | 00:12:01 / 201 | 00:24:48 / 198 | 00:37:38 / 206 | 00:50:54 / 202 | 01:03:46 / 202 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|--|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 212 | 488 | BERESZKO WALDEMAR | SOSNOWIEC | POL | TKKF MOSIR CZELADZ | 52 | M4/33 | | (M)196 | 01:17:14 | 01:17:01 | 11.69 | 00:12:35 / 277 | 00:25:39 / 247 | 00:38:23 / 234 | 00:51:34 / 230 | 01:04:15 / 214 |
| 213 | 119 | PETRYK ADAM | LUBECKO | POL | | 74 | M2/54 | | (M)197 | 01:17:25 | 01:17:19 | 11.64 | 00:12:27 / 260 | 00:25:16 / 225 | 00:37:53 / 219 | 00:51:09 / 210 | 01:04:08 / 208 |
| 214 | 408 | OGONOWSKI EDWARD | OPOLE | POL | PKB ŻÓŁWIK OPOLE | 49 | M5/10 | OPOL/70 | (M)198 | 01:17:31 | 01:17:16 | 11.65 | 00:12:23 / 248 | 00:25:09 / 216 | 00:37:43 / 211 | 00:51:08 / 209 | 01:04:06 / 207 |
| 215 | 502 | KURYŁO ZENON | RYBNIK | POL | SBD ENERGETYK RYBNIK | 66 | M3/49 | | (M)199 | 01:17:33 | 01:17:18 | 11.64 | 00:12:47 / 287 | 00:25:47 / 253 | 00:38:21 / 232 | 00:51:28 / 226 | 01:04:22 / 219 |
| 216 | 179 | WYMYSŁO CZESŁAW | PIEKARY ŚLĄSKIE | POL | | 56 | M4/34 | | (M)200 | 01:17:34 | 01:17:31 | 11.61 | 00:12:00 / 199 | 00:25:15 / 222 | 00:38:13 / 226 | 00:51:43 / 235 | 01:04:21 / 218 |
| 217 | 592 | FROELICH GRZEGORZ | RUDA ŚLĄSKA | POL | NIEZRZESZONY | 70 | M3/50 | | (M)201 | 01:17:35 | 01:17:35 | 11.60 | 00:12:52 / 293 | 00:25:44 / 251 | 00:38:22 / 233 | 00:51:32 / 229 | 01:04:27 / 224 |
| 218 | 224 | LEWICKA ELŻBIETA | KNURÓW | POL | AKB KNURÓW | 75 | K2/8 | | (K)17 | 01:17:37 | 01:17:28 | 11.62 | 00:12:34 / 276 | 00:25:55 / 263 | 00:38:39 / 252 | 00:51:42 / 234 | 01:04:21 / 217 |
| 219 | 223 | SZTUKA ŁUKASZ | KATOWICE | POL | AKB KNURÓW | 80 | M2/55 | | (M)202 | 01:17:38 | 01:17:30 | 11.61 | 00:12:34 / 273 | 00:25:55 / 264 | 00:38:39 / 251 | 00:51:42 / 233 | 01:04:19 / 216 |
| 220 | 16 | PODESZWA PRZEMYSŁAW | WODZISŁAW ŚLĄSKI | POL | | 79 | M2/56 | | (M)203 | 01:17:45 | 01:17:39 | 11.59 | 00:11:57 / 195 | 00:24:40 / 188 | 00:37:04 / 181 | 00:50:30 / 199 | 01:03:55 / 205 |
| 221 | 211 | MLYNARSKA MARIOLA | PAJĘCZNO | POL | WKB META LUBLINIEC | 71 | K2/9 | | (K)18 | 01:17:46 | 01:17:40 | 11.59 | 00:12:12 / 226 | 00:25:14 / 219 | 00:38:04 / 221 | 00:51:29 / 227 | 01:04:15 / 213 |
| 222 | 21 | RZEMIŃSKI DARIUSZ | OPOLE | POL | BRAK | 67 | M3/51 | OPOL/71 | (M)204 | 01:17:46 | 01:17:36 | 11.60 | 00:12:08 / 217 | 00:24:52 / 202 | 00:37:38 / 207 | 00:51:06 / 205 | 01:04:13 / 212 |
| 223 | 464 | MARENIN ADAM | OPOLE | POL | BIEG OPOLSKI | 72 | M2/57 | OPOL/72 | (M)205 | 01:17:46 | 01:17:46 | 11.57 | 00:12:57 / 301 | 00:26:18 / 283 | 00:39:01 / 261 | 00:52:22 / 250 | 01:04:53 / 234 |
| 224 | 169 | GRZONDZIEL MATEUSZ | KATOWICE | POL | MKS MOS KATOWICE | 95 | M1/54 | | (M)206 | 01:17:53 | 01:17:46 | 11.57 | 00:11:45 / 176 | 00:24:23 / 178 | 00:37:23 / 194 | 00:51:07 / 207 | 01:04:29 / 225 |
| 225 | 523 | MATYSZCZAK ROMAN | KŁOBUCK | POL | WKB META LUBLINIEC | 64 | M3/52 | | (M)207 | 01:17:58 | 01:17:48 | 11.57 | 00:11:47 / 180 | 00:24:39 / 187 | 00:37:34 / 201 | 00:51:09 / 211 | 01:04:26 / 220 |
| 226 | 297 | WRZOSEK ROMAN | PYSKOWICE | POL | | 78 | M2/58 | | (M)208 | 01:18:03 | 01:18:03 | 11.53 | 00:13:53 / 378 | 00:27:45 / 330 | 00:40:20 / 301 | 00:53:15 / 273 | 01:05:55 / 247 |
| 227 | 518 | MAJCHER GRZEGORZ | STRZELCE OPOLSKIE | POL | | 74 | M2/59 | OPOL/73 | (M)209 | 01:18:07 | 01:18:01 | 11.54 | 00:12:01 / 203 | 00:24:47 / 197 | 00:37:37 / 205 | 00:50:54 / 201 | 01:04:18 / 215 |
| 228 | 87 | GROCHOWSKI GRZEGORZ | PIEKARY ŚLĄSKIE | POL | MOSIR PIEKARY ŚLĄSKIE | 71 | M2/60 | | (M)210 | 01:18:12 | 01:18:02 | 11.53 | 00:12:33 / 272 | 00:25:56 / 265 | 00:38:56 / 259 | 00:52:27 / 253 | 01:05:08 / 236 |
| 229 | 521 | WENCEL ROBERT | KĘDZIERZYN - KOŹLE | POL | | 71 | M2/61 | OPOL/74 | (M)211 | 01:18:14 | 01:18:14 | 11.50 | 00:12:17 / 234 | 00:25:06 / 213 | 00:37:47 / 215 | 00:51:12 / 212 | 01:04:26 / 221 |
| 230 | 152 | PACUŁA PIOTR | GLIWICE | POL | MARATONYPOLSKIE.PL TEAM | 59 | M4/35 | | (M)212 | 01:18:17 | 01:18:17 | 11.50 | 00:11:49 / 186 | 00:24:57 / 207 | 00:37:49 / 217 | 00:51:15 / 215 | 01:04:30 / 226 |
| 231 | 691 | HANO JAN | GLIWICE | POL | PĘDZIWIATR GLIWICE | 47 | M5/11 | | (M)213 | 01:18:21 | 01:18:10 | 11.51 | 00:12:13 / 228 | 00:25:19 / 229 | 00:38:11 / 225 | 00:51:36 / 231 | 01:04:51 / 233 |
| 232 | 590 | MROCZEK MARCIN | OPOLE | POL | | 77 | M2/62 | OPOL/75 | (M)214 | 01:18:33 | 01:18:25 | 11.48 | 00:12:25 / 253 | 00:25:02 / 211 | 00:37:28 / 196 | 00:51:05 / 204 | 01:04:47 / 230 |
| 233 | 579 | BRYCHCY WIOLETA | GLIWICE | POL | SBD ENERGETYK RYBNIK | 71 | K2/10 | | (K)19 | 01:18:36 | 01:18:33 | 11.46 | 00:12:00 / 200 | 00:25:15 / 221 | 00:38:10 / 224 | 00:51:42 / 232 | 01:04:49 / 232 |
| 234 | 266 | RAJCZYK WŁODZIMIERZ | ŻARKI LETNISKO | POL | LEŚNE ŁUDKI ŻARKI LETNISKO | 59 | M4/36 | | (M)215 | 01:18:39 | 01:18:32 | 11.46 | 00:12:26 / 254 | 00:25:46 / 252 | 00:38:38 / 250 | 00:51:44 / 236 | 01:05:06 / 235 |
| 235 | 678 | MIKA KRZYSZTOF | STRZELCE OPOLSKIE | POL | GRUPA INTERWENCYJNA ŚLĄZBY WIĘZIENNEJ | 69 | M3/53 | OPOL/76 | (M)216 | 01:18:40 | 01:18:37 | 11.45 | 00:12:07 / 215 | 00:25:24 / 236 | 00:38:29 / 239 | 00:51:52 / 239 | 01:05:10 / 237 |
| 236 | 317 | BALBUS MICHAŁ | BYTOM | POL | MIECHOWICE | 52 | M4/37 | | (M)217 | 01:18:41 | 01:18:39 | 11.44 | 00:11:47 / 179 | 00:24:43 / 192 | 00:37:36 / 203 | 00:51:23 / 223 | 01:04:42 / 227 |
| 237 | 687 | WĘGLER KORNELIA | RUDA ŚLĄSKA | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | 70 | K3/4 | | (K)20 | 01:18:46 | 01:18:38 | 11.45 | 00:12:22 / 246 | 00:25:27 / 242 | 00:38:32 / 244 | 00:52:01 / 243 | 01:05:12 / 239 |
| 238 | 462 | GUNIA MARIUSZ | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 65 | M3/54 | | (M)218 | 01:18:48 | 01:18:48 | 11.42 | 00:12:37 / 281 | 00:25:44 / 250 | 00:38:31 / 242 | 00:51:57 / 240 | 01:05:10 / 238 |
| 239 | 534 | LISEK JÓZEF | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OPOLSKIE | 51 | M4/38 | OPOL/77 | (M)219 | 01:18:59 | 01:18:57 | 11.40 | 00:11:44 / 173 | 00:24:37 / 184 | 00:37:35 / 202 | 00:51:13 / 213 | 01:04:44 / 228 |
| 240 | 609 | SOCHA RADOSŁAW | STRZELCE OPOLSKIE | POL | | 86 | M1/55 | OPOL/78 | (M)220 | 01:19:04 | 01:19:04 | 11.38 | 00:13:45 / 354 | 00:27:14 / 316 | 00:39:35 / 281 | 00:52:49 / 259 | 01:05:44 / 245 |
| 241 | 86 | BOSY JACEK | OPOLE | POL | FAST FOOT OPOLE | 79 | M2/63 | OPOL/79 | (M)221 | 01:19:12 | 01:19:02 | 11.39 | 00:12:05 / 209 | 00:24:54 / 204 | 00:37:41 / 209 | 00:51:16 / 217 | 01:04:45 / 229 |
| 242 | 480 | DZIELIŃSKI STANISŁAW | BYTOM | POL | NIEZRZESZONY | 54 | M4/39 | | (M)222 | 01:19:16 | 01:19:14 | 11.36 | 00:12:03 / 207 | 00:25:25 / 237 | 00:38:40 / 253 | 00:52:23 / 251 | 01:05:37 / 242 |
| 243 | 594 | TYCZYŃSKI PIOTR | KOBIERNO | POL | KS. KROTOSZ KROTOSZYN | 65 | M3/55 | | (M)223 | 01:19:23 | 01:19:19 | 11.35 | 00:12:01 / 202 | 00:25:23 / 233 | 00:38:31 / 241 | 00:52:13 / 247 | 01:05:33 / 241 |
| 244 | 386 | LECHOWICZ ANTONI | DĄBRÓWKA | POL | | 58 | M4/40 | OPOL/80 | (M)224 | 01:19:36 | 01:19:29 | 11.32 | 00:12:49 / 290 | 00:26:17 / 282 | 00:39:26 / 275 | 00:53:01 / 265 | 01:06:06 / 255 |
| 245 | 187 | CIEŚLA JAN | PRASZKA | POL | | 50 | M5/12 | OPOL/81 | (M)225 | 01:19:39 | 01:19:26 | 11.33 | 00:13:13 / 311 | 00:26:40 / 294 | 00:39:25 / 274 | 00:53:00 / 264 | 01:06:05 / 254 |
| 246 | 65 | PLUSKOTA HENRYK | PRASZKA | POL | NEAPCO PRASZKA | 58 | M4/41 | OPOL/82 | (M)226 | 01:19:39 | 01:19:26 | 11.33 | 00:13:13 / 310 | 00:26:41 / 295 | 00:39:24 / 273 | 00:52:59 / 263 | 01:06:04 / 253 |
| 247 | 630 | KOSTRZEWSKI PIOTR | OPOLE | POL | BIEG OPOLSKI | 70 | M3/56 | OPOL/83 | (M)227 | 01:19:42 | 01:19:42 | 11.29 | 00:13:25 / 321 | 00:26:45 / 300 | 00:39:52 / 291 | 00:53:22 / 278 | 01:06:28 / 262 |
| 248 | 396 | DYLAĞ MAREK | JAWORZNO | POL | KB MCKIS JAWORZNO | 61 | M3/57 | | (M)228 | 01:19:45 | 01:19:39 | 11.30 | 00:12:03 / 206 | 00:25:14 / 220 | 00:38:14 / 227 | 00:52:00 / 241 | 01:05:42 / 243 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|----------------------------------|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 249 | 610 | BERNAT JAROSŁAW | BLACHOWNIA | POL | KKTA BLACHOWNIA | 67 | M3/58 | | (M)229 | 01:19:47 | 01:19:43 | 11.29 | 00:11:50 / 187 | 00:24:52 / 201 | 00:38:00 / 220 | 00:52:01 / 244 | 01:05:43 / 244 |
| 250 | 468 | GRUSZKA ROBERT | WIERUSZÓW | POL | | 77 | M2/64 | | (M)230 | 01:19:47 | 01:19:44 | 11.29 | 00:11:34 / 162 | 00:25:22 / 230 | 00:38:46 / 255 | 00:52:44 / 257 | 01:06:00 / 250 |
| 251 | 26 | MICHALAK MIROSLAW | TYCHY | POL | OKB ZADYSZKA OŚWIĘCIM | 72 | M2/65 | | (M)231 | 01:19:50 | 01:19:45 | 11.29 | 00:12:26 / 255 | 00:25:54 / 262 | 00:39:15 / 266 | 00:52:55 / 261 | 01:06:14 / 259 |
| 252 | 63 | KOZŁOWSKI MARIAN | OZIMEK | POL | | 55 | M4/42 | OPOL/84 | (M)232 | 01:19:57 | 01:19:45 | 11.29 | 00:12:24 / 251 | 00:25:27 / 241 | 00:38:28 / 238 | 00:52:12 / 246 | 01:05:55 / 246 |
| 253 | 646 | BIAŁUCHA SERGIUSZ | BYTOM | POL | SAINT-GOBAIN SQUAD | 73 | M2/66 | | (M)233 | 01:19:59 | 01:19:59 | 11.25 | 00:13:04 / 307 | 00:26:26 / 291 | 00:39:51 / 289 | 00:53:32 / 280 | 01:06:45 / 268 |
| 254 | 511 | SKOWROŃSKI KRZYSZTOF | KROTOSZYN | POL | KS. KROTOSZ KROTOSZYN | 81 | M1/56 | | (M)234 | 01:20:01 | 01:19:52 | 11.27 | 00:12:36 / 280 | 00:25:50 / 258 | 00:38:48 / 257 | 00:52:32 / 254 | 01:06:03 / 252 |
| 255 | 549 | CYMANEK ANDRZEJ | WROCLAW | POL | FORTUM WROCLAW | 62 | M3/59 | | (M)235 | 01:20:06 | 01:19:59 | 11.25 | 00:12:11 / 224 | 00:25:22 / 231 | 00:38:34 / 248 | 00:52:24 / 252 | 01:05:56 / 248 |
| 256 | 643 | GÓRSKI DANIEL | OLAWA | POL | ADIPEE RUNNING CLUB | 81 | M1/57 | | (M)236 | 01:20:10 | 01:20:05 | 11.24 | 00:12:08 / 216 | 00:25:16 / 224 | 00:38:24 / 235 | 00:52:12 / 245 | 01:05:58 / 249 |
| 257 | 500 | SZYMCZYK BARBARA | RUDA ŚLĄSKA | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA 70 | K3/5 | | | (K)21 | 01:20:13 | 01:20:05 | 11.24 | 00:12:46 / 286 | 00:26:44 / 298 | 00:39:57 / 293 | 00:53:33 / 281 | 01:06:30 / 263 |
| 258 | 703 | KOWALSKI ŁUKASZ | ZABRZE | POL | | 80 | M2/67 | | (M)237 | 01:20:15 | 01:20:15 | 11.21 | 00:13:06 / 309 | 00:26:20 / 285 | 00:39:23 / 272 | 00:53:14 / 270 | 01:06:47 / 269 |
| 259 | 420 | SZCZERBA ANDRZEJ | SOSNOWIEC | POL | | 72 | M2/68 | | (M)238 | 01:20:17 | 01:20:06 | 11.24 | 00:12:39 / 283 | 00:26:12 / 279 | 00:39:16 / 267 | 00:53:13 / 268 | 01:06:59 / 278 |
| 260 | 340 | TURSKI BOGDAN | KRAKÓW | POL | KKB DYSTANS | 53 | M4/43 | | (M)239 | 01:20:17 | 01:20:17 | 11.21 | 00:13:50 / 370 | 00:28:04 / 342 | 00:40:45 / 306 | 00:54:03 / 285 | 01:06:53 / 276 |
| 261 | 17 | SMOLIŃSKI SŁAWOMIR | OPOLE | POL | WKB META LUBLINIEC | 73 | M2/69 | OPOL/85 | (M)240 | 01:20:23 | 01:20:09 | 11.23 | 00:13:05 / 308 | 00:26:04 / 268 | 00:38:26 / 237 | 00:52:14 / 248 | 01:06:11 / 257 |
| 262 | 203 | WITKOWSKI TADEUSZ | TARNÓW OPOLSKI | POL | NIEZRZESZONY | 56 | M4/44 | OPOL/86 | (M)241 | 01:20:27 | 01:20:20 | 11.20 | 00:12:03 / 205 | 00:25:17 / 227 | 00:38:19 / 231 | 00:52:16 / 249 | 01:06:02 / 251 |
| 263 | 650 | KNAPIK JAN | KROTOSZYN | POL | K. S. KROTOSZ KROTOSZYN | 59 | M4/45 | | (M)242 | 01:20:32 | 01:20:23 | 11.20 | 00:12:40 / 284 | 00:26:13 / 280 | 00:39:18 / 268 | 00:53:03 / 266 | 01:06:28 / 261 |
| 264 | 713 | BURY BEATA | KROSNO | POL | KKB MOSIR KROSNO | 86 | K1/6 | | (K)22 | 01:20:35 | 01:20:32 | 11.18 | 00:11:46 / 178 | 00:25:12 / 218 | 00:38:33 / 247 | 00:52:37 / 256 | 01:06:23 / 260 |
| 265 | 692 | GILEWSKI FRANCISZEK | GLIWICE | POL | PĘDZIWIATR GLIWICE | 42 | M5/13 | | (M)243 | 01:20:48 | 01:20:48 | 11.14 | 00:12:34 / 275 | 00:26:08 / 275 | 00:39:34 / 279 | 00:53:21 / 277 | 01:06:49 / 270 |
| 266 | 701 | BEDNAREK TOMASZ | STRZELCE OPOLSKIE | POL | | 80 | M2/70 | OPOL/87 | (M)244 | 01:20:50 | 01:20:50 | 11.13 | 00:13:47 / 364 | 00:27:52 / 331 | 00:40:58 / 312 | 00:54:16 / 293 | 01:07:19 / 281 |
| 267 | 705 | ŚLADEK SEBASTIAN | JARYSZÓW | POL | | 91 | M1/58 | | (M)245 | 01:20:50 | 01:20:50 | 11.13 | 00:13:47 / 363 | 00:27:53 / 332 | 00:40:58 / 311 | 00:54:16 / 292 | 01:07:19 / 282 |
| 268 | 491 | MATYSZCZAK WŁODZIMIERZ | BRZEG | POL | | 59 | M4/46 | OPOL/88 | (M)246 | 01:20:52 | 01:20:41 | 11.15 | 00:12:07 / 214 | 00:24:35 / 181 | 00:37:32 / 200 | 00:51:45 / 237 | 01:06:08 / 256 |
| 269 | 186 | KUKUCZKA ARTUR | STRZELCE OPOLSKIE | POL | | 76 | M2/71 | OPOL/89 | (M)247 | 01:20:54 | 01:20:47 | 11.14 | 00:11:58 / 197 | 00:24:42 / 191 | 00:37:37 / 204 | 00:51:18 / 219 | 01:05:15 / 240 |
| 270 | 470 | STRZELCZYK ARKADIUSZ | GLUCHOŁAZY | POL | KL CHROBRY | 58 | M4/47 | OPOL/90 | (M)248 | 01:20:56 | 01:20:56 | 11.12 | 00:12:55 / 297 | 00:26:21 / 288 | 00:39:27 / 276 | 00:53:17 / 275 | 01:06:56 / 277 |
| 271 | 696 | PYKA RAFAŁ | STRZELCE OPOLSKIE | POL | | 87 | M1/59 | OPOL/91 | (M)249 | 01:20:59 | 01:20:54 | 11.12 | 00:12:23 / 249 | 00:25:57 / 266 | 00:39:08 / 262 | 00:52:57 / 262 | 01:06:41 / 266 |
| 272 | 641 | KALITA DARIUSZ | WAŁBRZYCH | POL | TEMMPO WAŁBRZYCH | 65 | M3/60 | | (M)250 | 01:21:01 | 01:20:50 | 11.13 | 00:12:24 / 252 | 00:25:54 / 261 | 00:39:20 / 270 | 00:53:15 / 272 | 01:06:52 / 274 |
| 273 | 517 | MATUSZCZYK ADRIAN | SZCZEPANEK | POL | | 73 | M2/72 | OPOL/92 | (M)251 | 01:21:06 | 01:21:00 | 11.11 | 00:12:10 / 223 | 00:25:26 / 240 | 00:38:47 / 256 | 00:53:07 / 267 | 01:06:53 / 275 |
| 274 | 401 | USZKO SABINA | SIEDLEC | POL | | 65 | K3/6 | OPOL/93 | (K)23 | 01:21:07 | 01:21:01 | 11.11 | 00:12:15 / 230 | 00:25:47 / 254 | 00:39:13 / 263 | 00:53:14 / 269 | 01:06:51 / 272 |
| 275 | 146 | GLUSZEK RYSZARD | KALINOWICE | POL | OSIR STRZELCE OP. | 64 | M3/61 | OPOL/94 | (M)252 | 01:21:07 | 01:20:55 | 11.12 | 00:12:16 / 231 | 00:25:48 / 255 | 00:39:14 / 265 | 00:53:14 / 271 | 01:06:52 / 273 |
| 276 | 675 | WOJACZEK FLORIAN | PSZÓW | POL | ZST WODZIŚLAW | 93 | M1/60 | | (M)253 | 01:21:20 | 01:21:11 | 11.09 | 00:12:06 / 212 | 00:25:17 / 228 | 00:38:50 / 258 | 00:52:51 / 260 | 01:07:02 / 279 |
| 277 | 684 | KALINOWSKI GRZEGORZ | BIELANY | POL | TEMMPO WAŁBRZYCH | 75 | M2/73 | | (M)254 | 01:21:21 | 01:21:10 | 11.09 | 00:12:24 / 250 | 00:25:54 / 260 | 00:39:19 / 269 | 00:53:16 / 274 | 01:06:44 / 267 |
| 278 | 184 | NAPORA MIECZYSLAW | PIŃCZÓW | POL | KL PONIDZIE PIŃCZÓW | 48 | M5/14 | | (M)255 | 01:21:23 | 01:21:19 | 11.07 | 00:11:48 / 182 | 00:25:02 / 210 | 00:38:32 / 243 | 00:52:36 / 255 | 01:06:40 / 265 |
| 279 | 19 | SZRAJBER MICHAŁ | STRZELCE OPOLSKIE | POL | RSIR STRZELCE OPOLSKIE | 78 | M2/74 | OPOL/95 | (M)256 | 01:21:34 | 01:21:21 | 11.06 | 00:11:27 / 143 | 00:24:05 / 164 | 00:37:31 / 198 | 00:52:01 / 242 | 01:06:37 / 264 |
| 280 | 18 | WOŹNICA ROMAN | BIERZYCE | POL | | 71 | M2/75 | | (M)257 | 01:21:40 | 01:21:30 | 11.04 | 00:12:37 / 282 | 00:26:10 / 277 | 00:39:30 / 278 | 00:53:40 / 283 | 01:07:30 / 283 |
| 281 | 677 | MARKOWSKI KRZYSZTOF | OLAWA | POL | NAD NADRWIANKA PUŁTUSK | 83 | M1/61 | | (M)258 | 01:21:46 | 01:21:42 | 11.02 | 00:12:29 / 266 | 00:26:19 / 284 | 00:39:48 / 287 | 00:54:13 / 290 | 01:07:43 / 284 |
| 282 | 586 | WIKI SEBASTIAN | TYCHY | POL | 40-LATEK TYCHY | 75 | M2/76 | | (M)259 | 01:21:50 | 01:21:45 | 11.01 | 00:12:28 / 264 | 00:26:03 / 267 | 00:39:29 / 277 | 00:53:18 / 276 | 01:07:18 / 280 |
| 283 | 22 | MODRZEJEWSKI ROMAN | GRABÓW NAD | POL | SKS SZCZĘŚCIE OSTRZESZÓW | 67 | M3/62 | | (M)260 | 01:21:55 | 01:21:55 | 10.99 | 00:11:58 / 196 | 00:25:00 / 209 | 00:37:45 / 212 | 00:51:16 / 218 | 01:04:48 / 231 |
| 284 | 370 | KUŚMIEREK WIKTOR | OPOLE | POL | WKB META LUBLINIEC | 45 | M5/15 | OPOL/96 | (M)261 | 01:22:06 | 01:21:51 | 11.00 | 00:13:32 / 331 | 00:27:24 / 318 | 00:40:44 / 305 | 00:54:29 / 298 | 01:08:04 / 288 |
| 285 | 230 | MIKLUSZKA RYSZARD | STRZELCE OPOLSKIE | POL | LUKS ŻÓRAWINA | 53 | M4/48 | OPOL/97 | (M)262 | 01:22:18 | 01:22:12 | 10.95 | 00:12:16 / 232 | 00:25:33 / 244 | 00:38:37 / 249 | 00:52:47 / 258 | 01:06:50 / 271 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | |
|-----------------|-----------|--------------------------|---------------------|-------------|-----------------------------------|------------|-----------------------|-----------------|----------|---------------|-----------------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km |
| 286 | 608 | KOWALSKI-NEUKIRCH HENRYK | KATOWICE | POL | NIEZRZESZONY | 49 | M5/16 | (M)263 | 01:22:25 | 01:22:19 | 10.93 | 00:12:56 / 300 | 00:26:54 / 304 | 00:40:38 / 304 | 00:54:47 / 304 | 01:08:29 / 292 |
| 287 | 410 | PASTUCHA ANNA | KRAPKOWICE | POL | CROSS KRAPKOWICE | 58 | K4/2 | OPOL/98 (K)24 | 01:22:25 | 01:22:18 | 10.94 | 00:12:21 / 243 | 00:26:08 / 274 | 00:39:42 / 282 | 00:54:08 / 286 | 01:08:03 / 287 |
| 288 | 542 | LANKAUF WALDEMAR | GLUBCZYCE | POL | CROSS KRAPKOWICE | 61 | M3/63 | OPOL/99 (M)264 | 01:22:33 | 01:22:27 | 10.92 | 00:12:53 / 295 | 00:26:39 / 293 | 00:40:20 / 300 | 00:54:37 / 300 | 01:08:32 / 294 |
| 289 | 580 | ZIEMBA KRZYSZTOF | OPOLE | POL | AZS KU POLITECHNIKA OPOLSKA OPOLE | 69 | M3/64 | OPOL/100 (M)265 | 01:22:41 | 01:22:32 | 10.90 | 00:13:13 / 312 | 00:27:03 / 308 | 00:40:46 / 307 | 00:54:49 / 306 | 01:08:41 / 298 |
| 290 | 597 | MATYSIAK JACEK | OSTRÓW WLKP. | POL | KS MARATON OSTRÓW WLKP. | 60 | M4/49 | (M)266 | 01:22:49 | 01:22:45 | 10.88 | 00:11:59 / 198 | 00:25:32 / 243 | 00:39:14 / 264 | 00:53:38 / 282 | 01:07:49 / 286 |
| 291 | 484 | MAMCZURA WOJCIECH | CHRÓSCINA | POL | | 70 | M3/65 | OPOL/101 (M)267 | 01:22:52 | 01:22:49 | 10.87 | 00:11:53 / 190 | 00:25:24 / 235 | 00:39:00 / 260 | 00:53:26 / 279 | 01:07:43 / 285 |
| 292 | 328 | SKÓRA MARCIN | STRZELCE OPOLSKIE | POL | NIEZRZESZONY | 89 | M1/62 | OPOL/102 (M)268 | 01:22:57 | 01:22:57 | 10.85 | 00:13:46 / 359 | 00:27:32 / 322 | 00:40:55 / 309 | 00:54:42 / 303 | 01:08:40 / 297 |
| 293 | 102 | WOŚKO JAN | KRAPKOWICE | POL | CROSS KRAPKOWICE | 53 | M4/50 | OPOL/103 (M)269 | 01:23:00 | 01:23:00 | 10.84 | 00:13:56 / 382 | 00:28:15 / 348 | 00:41:56 / 342 | 00:55:56 / 327 | 01:09:29 / 316 |
| 294 | 151 | SPRINGWALD PAWEŁ | LUBLINIEC | POL | WKB META LUBLINIEC | 59 | M4/51 | (M)270 | 01:23:13 | 01:23:08 | 10.83 | 00:12:31 / 269 | 00:26:20 / 286 | 00:40:15 / 296 | 00:55:02 / 307 | 01:09:26 / 310 |
| 295 | 330 | SIWEK KRZYSZTOF | ZLOTY STOK | POL | NIEZRZESZONY | 67 | M3/66 | (M)271 | 01:23:15 | 01:23:15 | 10.81 | 00:13:15 / 314 | 00:26:47 / 301 | 00:40:18 / 299 | 00:54:31 / 299 | 01:08:44 / 299 |
| 296 | 583 | KWAPIEŃ JACEK | KATOWICE | POL | | 71 | M2/77 | (M)272 | 01:23:21 | 01:23:21 | 10.80 | 00:13:50 / 371 | 00:28:18 / 352 | 00:42:06 / 346 | 00:56:06 / 336 | 01:09:34 / 321 |
| 297 | 58 | DROSZCZAK KRZYSZTOF | OLAWA | POL | GODZIKOWICE TEAM | 80 | M2/78 | (M)273 | 01:23:25 | 01:23:19 | 10.80 | 00:12:09 / 220 | 00:26:06 / 271 | 00:39:51 / 290 | 00:54:19 / 297 | 01:08:45 / 300 |
| 298 | 226 | TYKA EDWARD | ŚWIĘTOCHŁOWICE | POL | NIEZRZESZONY | 43 | M5/17 | (M)274 | 01:23:27 | 01:23:27 | 10.78 | 00:14:02 / 392 | 00:28:20 / 359 | 00:41:55 / 338 | 00:55:50 / 323 | 01:09:24 / 308 |
| 299 | 189 | GAWRYŚ CZESŁAW | DUSZNIKI ZDRÓJ | POL | | 47 | M5/18 | (M)275 | 01:23:38 | 01:23:32 | 10.77 | 00:12:48 / 288 | 00:26:31 / 292 | 00:40:05 / 295 | 00:54:18 / 295 | 01:08:31 / 293 |
| 300 | 360 | MALSKI PIOTR | LUBIN | POL | | 65 | M3/67 | (M)276 | 01:23:40 | 01:23:40 | 10.76 | 00:13:48 / 366 | 00:27:43 / 327 | 00:41:19 / 323 | 00:55:34 / 313 | 01:09:30 / 317 |
| 301 | 282 | REMIORZ PIOTR | DORTMUND | GER | BIEG SIKORNIK RADMAR | 69 | M3/68 | (M)277 | 01:23:42 | 01:23:28 | 10.78 | 00:13:35 / 333 | 00:27:30 / 321 | 00:41:01 / 313 | 00:55:10 / 310 | 01:09:24 / 307 |
| 302 | 430 | WÓJCİK ROBERT | WARSZAWA | POL | | 75 | M2/79 | (M)278 | 01:23:44 | 01:23:44 | 10.75 | 00:14:11 / 403 | 00:28:25 / 367 | 00:41:31 / 329 | 00:55:42 / 317 | 01:09:22 / 306 |
| 303 | 612 | POCZKAJSKA LIDIA | NYSA | POL | NYSA BIEGA | 89 | K1/7 | OPOL/104 (K)25 | 01:23:45 | 01:23:44 | 10.75 | 00:12:19 / 238 | 00:26:11 / 278 | 00:39:50 / 288 | 00:54:39 / 301 | 01:09:06 / 303 |
| 304 | 302 | PAWLAK KAZIMIERZ | OSTRÓW WLKP. | POL | KS MARATON OSTRÓW WLKP. | 59 | M4/52 | (M)279 | 01:23:49 | 01:23:45 | 10.75 | 00:12:17 / 233 | 00:26:09 / 276 | 00:40:04 / 294 | 00:54:40 / 302 | 01:09:07 / 304 |
| 305 | 366 | NAPIERAJ ANDRZEJ | ŻYŃNIÓW | POL | | 68 | M3/69 | OPOL/105 (M)280 | 01:23:50 | 01:23:47 | 10.74 | 00:12:27 / 258 | 00:26:15 / 281 | 00:39:53 / 292 | 00:54:14 / 291 | 01:08:35 / 295 |
| 306 | 404 | TOMICZEK IGOR | NAMYSŁÓW | POL | NKB ZRYW NAMYSŁÓW | 90 | M1/63 | OPOL/106 (M)281 | 01:23:52 | 01:23:40 | 10.76 | 00:12:20 / 240 | 00:26:06 / 269 | 00:39:46 / 284 | 00:54:17 / 294 | 01:08:53 / 302 |
| 307 | 91 | MANDAT JAN | OLEŚNICA | POL | KBLUPUS OLESNICA | 59 | M4/53 | (M)282 | 01:23:52 | 01:23:49 | 10.74 | 00:12:09 / 218 | 00:25:50 / 257 | 00:39:34 / 280 | 00:54:11 / 287 | 01:08:39 / 296 |
| 308 | 556 | MARKOWSKI MATEUSZ | OLAWA | POL | KB FIODOR OLAWA | 91 | M1/64 | (M)283 | 01:23:53 | 01:23:48 | 10.74 | 00:12:28 / 265 | 00:26:07 / 272 | 00:39:47 / 286 | 00:54:12 / 288 | 01:08:25 / 289 |
| 309 | 403 | MARKOWSKI KAZIMIERZ | MARKI | POL | MARCOVIA MARKI | 81 | M1/65 | (M)284 | 01:23:53 | 01:23:48 | 10.74 | 00:12:28 / 263 | 00:26:07 / 273 | 00:39:47 / 285 | 00:54:12 / 289 | 01:08:25 / 290 |
| 310 | 84 | MICHALSKI ADAM | SOBÓTKA | POL | WKB PIAST WROCLAW | 70 | M3/70 | (M)285 | 01:23:56 | 01:23:42 | 10.75 | 00:13:46 / 360 | 00:28:01 / 336 | 00:41:29 / 326 | 00:55:45 / 320 | 01:09:28 / 312 |
| 311 | 37 | KOZYRSKA AGNIESZKA | SOBÓTKA | POL | WKB PIAST WROCLAW | 72 | K2/11 | (K)26 | 01:23:57 | 01:23:43 | 10.75 | 00:13:46 / 361 | 00:28:01 / 334 | 00:41:31 / 327 | 00:55:44 / 318 | 01:09:29 / 314 |
| 312 | 262 | SOBCZAK ANDRZEJ | NOWA WIEŚ KAÇKA | POL | NWK SOBCZAKE.PL | 61 | M3/71 | (M)286 | 01:23:58 | 01:23:43 | 10.75 | 00:13:47 / 362 | 00:28:02 / 338 | 00:41:31 / 328 | 00:55:45 / 321 | 01:09:29 / 315 |
| 313 | 34 | WOYCZYŃSKI DARIUSZ | WROCLAW | POL | WKB PIAST WROCLAW | 68 | M3/72 | (M)287 | 01:23:58 | 01:23:44 | 10.75 | 00:13:46 / 358 | 00:28:02 / 337 | 00:41:29 / 325 | 00:55:45 / 319 | 01:09:29 / 313 |
| 314 | 363 | ULASIEWICZ JAN | ZABRZE | POL | NIEZRZESZONY | 67 | M3/73 | (M)288 | 01:24:01 | 01:24:01 | 10.71 | 00:14:09 / 401 | 00:28:29 / 374 | 00:42:08 / 348 | 00:56:11 / 338 | 01:09:48 / 323 |
| 315 | 143 | STEINERT EWELINA | KOŚMIDRY | POL | NIEZRZESZONY | 88 | K1/8 | (K)27 | 01:24:02 | 01:23:51 | 10.73 | 00:13:56 / 386 | 00:28:23 / 364 | 00:41:56 / 341 | 00:56:02 / 330 | 01:09:33 / 319 |
| 316 | 142 | STEBEL MATEUSZ | KOTY | POL | NIEZRZESZONY | 88 | M1/66 | (M)289 | 01:24:02 | 01:23:51 | 10.73 | 00:13:56 / 383 | 00:28:22 / 363 | 00:41:55 / 340 | 00:55:57 / 328 | 01:09:32 / 318 |
| 317 | 138 | STRĄK LESZEK | TARNOWSKIE GÓRY | POL | BIEGANIE.PL | 87 | M1/67 | (M)290 | 01:24:03 | 01:23:53 | 10.73 | 00:13:56 / 384 | 00:28:23 / 365 | 00:41:55 / 339 | 00:56:00 / 329 | 01:09:33 / 320 |
| 318 | 310 | PUTA ZDZISŁAW | SOSNOWIEC | POL | TKKF MOSIR CZELADZ | 46 | M5/19 | (M)291 | 01:24:03 | 01:23:56 | 10.72 | 00:12:57 / 302 | 00:27:05 / 310 | 00:41:09 / 320 | 00:55:42 / 316 | 01:09:41 / 322 |
| 319 | 522 | NOWICKI ANDRZEJ | KRAPKOWICE | POL | | 56 | M4/54 | OPOL/107 (M)292 | 01:24:14 | 01:23:59 | 10.72 | 00:12:48 / 289 | 00:26:44 / 299 | 00:40:17 / 298 | 00:54:47 / 305 | 01:09:19 / 305 |
| 320 | 707 | OSTENDA ALEKSANDER | KATOWICE | POL | OOS STAUWEIHER | 67 | M3/74 | (M)293 | 01:24:15 | 01:24:15 | 10.68 | 00:14:07 / 399 | 00:28:28 / 372 | 00:42:23 / 358 | 00:56:25 / 342 | 01:10:15 / 329 |
| 321 | 714 | FABIAN MICHAŁ | CHORZÓW | POL | | 79 | M2/80 | (M)294 | 01:24:15 | 01:24:15 | 10.68 | 00:14:07 / 398 | 00:28:27 / 371 | 00:42:23 / 357 | 00:56:25 / 343 | 01:10:16 / 330 |
| 322 | 350 | GRABIŃSKI MARCIN | LUBLINIEC | POL | KAROLINKA CHORZÓW | 79 | M2/81 | (M)295 | 01:24:16 | 01:24:11 | 10.69 | 00:12:32 / 270 | 00:26:21 / 287 | 00:40:16 / 297 | 00:55:03 / 309 | 01:09:27 / 311 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|-------------------------------|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 323 | 435 | CZECHOWSKI DARIUSZ | ŻORY | POL | | 80 | M2/82 | | (M)296 | 01:24:37 | 01:24:37 | 10.64 | 00:13:51 / 373 | 00:28:06 / 346 | 00:41:33 / 330 | 00:55:52 / 326 | 01:10:06 / 328 |
| 324 | 582 | KOCHAŃCZYK MAREK | KATOWICE | POL | | 72 | M2/83 | | (M)297 | 01:24:39 | 01:24:39 | 10.63 | 00:13:50 / 372 | 00:28:19 / 353 | 00:42:07 / 347 | 00:56:08 / 337 | 01:10:00 / 326 |
| 325 | 267 | NIEPIEKŁO KRZYSZTOF | ŻARKI LETNISKO | POL | LEŚNE LUDKI ŻARKI LETNISKO | 59 | M4/55 | | (M)298 | 01:24:40 | 01:24:33 | 10.64 | 00:12:51 / 291 | 00:27:10 / 313 | 00:41:09 / 319 | 00:55:38 / 315 | 01:09:54 / 325 |
| 326 | 552 | KLIMKOWICZ GRZEGORZ | DOBRZEŃ WIELKI | POL | STOWARZYSZENIE BIEG OPOLSKI | 76 | M2/84 | OPOL/108 | (M)299 | 01:24:43 | 01:24:33 | 10.64 | 00:12:55 / 299 | 00:27:13 / 315 | 00:41:06 / 316 | 00:55:51 / 325 | 01:10:51 / 341 |
| 327 | 85 | KĘDZIERSKI ZENON | STRZELCE OP. | POL | RSIR STRZELCE OPOLSKIE | 51 | M4/56 | OPOL/109 | (M)300 | 01:24:51 | 01:24:40 | 10.63 | 00:12:55 / 296 | 00:26:44 / 297 | 00:40:27 / 302 | 00:55:03 / 308 | 01:09:26 / 309 |
| 328 | 569 | SOBOŃ JACEK | KRZANOWICE | POL | | 73 | M2/85 | OPOL/110 | (M)301 | 01:24:55 | 01:24:46 | 10.62 | 00:13:24 / 319 | 00:27:43 / 325 | 00:41:55 / 337 | 00:56:21 / 339 | 01:10:30 / 335 |
| 329 | 567 | LEŚNIEWSKI PIOTR | OPOLE | POL | | 82 | M1/68 | OPOL/111 | (M)302 | 01:24:55 | 01:24:46 | 10.62 | 00:13:23 / 317 | 00:27:43 / 326 | 00:41:53 / 334 | 00:56:22 / 340 | 01:10:32 / 336 |
| 330 | 324 | MICUDA JAN | MYSŁOWICE | POL | TRUCHTACZ MSŁOWICE | 50 | M5/20 | | (M)303 | 01:24:57 | 01:24:57 | 10.59 | 00:13:26 / 324 | 00:27:17 / 317 | 00:40:57 / 310 | 00:55:35 / 314 | 01:10:01 / 327 |
| 331 | 295 | SOBIERAJ EWA | GLUSZYCA | POL | | 75 | K2/12 | | (K)28 | 01:24:59 | 01:24:46 | 10.62 | 00:13:25 / 322 | 00:27:44 / 329 | 00:41:45 / 333 | 00:56:06 / 334 | 01:10:22 / 334 |
| 332 | 400 | KOLISZ ANDRZEJ | OPOLE | POL | GRUNWALD 1411 | 70 | M3/75 | OPOL/112 | (M)304 | 01:25:00 | 01:24:47 | 10.62 | 00:13:25 / 320 | 00:27:44 / 328 | 00:41:45 / 332 | 00:56:06 / 335 | 01:10:21 / 333 |
| 333 | 450 | NOWAK MAREK | WIELICZKA | POL | KKB DYSTANS KRAKÓW | 57 | M4/57 | | (M)305 | 01:25:11 | 01:25:11 | 10.57 | 00:14:06 / 397 | 00:28:16 / 349 | 00:42:04 / 344 | 00:56:24 / 341 | 01:10:42 / 337 |
| 334 | 605 | KRÓL IWONA | KATOWICE | POL | DOLINIARZE.COM | 79 | K2/13 | | (K)29 | 01:25:17 | 01:25:03 | 10.58 | 00:12:59 / 304 | 00:27:09 / 312 | 00:41:04 / 314 | 00:55:50 / 322 | 01:10:17 / 331 |
| 335 | 606 | JARZĘBOWICZ ADAM | KATOWICE | POL | DOLINIARZE.COM | 75 | M2/86 | | (M)306 | 01:25:17 | 01:25:04 | 10.58 | 00:13:00 / 305 | 00:27:09 / 311 | 00:41:08 / 318 | 00:55:50 / 324 | 01:10:18 / 332 |
| 336 | 496 | OZAIST PIOTR | WROCLAW | POL | MARATONYPOLSKIE.PL TEAM | 80 | M2/87 | | (M)307 | 01:25:27 | 01:25:27 | 10.53 | 00:13:57 / 387 | 00:28:21 / 361 | 00:42:16 / 355 | 00:56:45 / 349 | 01:10:46 / 339 |
| 337 | 104 | KSIĘŻNIK DOROTA | BRZEG | POL | | 67 | K3/7 | OPOL/113 | (K)30 | 01:25:31 | 01:25:21 | 10.54 | 00:13:55 / 380 | 00:28:26 / 369 | 00:42:28 / 360 | 00:56:57 / 353 | 01:11:15 / 349 |
| 338 | 513 | KOROLL LILIANA | STRZELCE OPOLSKIE | POL | | 75 | K2/14 | OPOL/114 | (K)31 | 01:25:32 | 01:25:20 | 10.55 | 00:13:41 / 345 | 00:28:04 / 343 | 00:42:14 / 353 | 00:56:50 / 350 | 01:11:14 / 348 |
| 339 | 115 | STAROSTKA JACEK | KĘDZIERZYN-KOŹLE | POL | TORPEDA KĘDZIERZYN-KOŹLE | 74 | M2/88 | OPOL/115 | (M)308 | 01:25:41 | 01:25:34 | 10.52 | 00:12:26 / 256 | 00:26:52 / 302 | 00:41:05 / 315 | 00:56:03 / 332 | 01:10:50 / 340 |
| 340 | 599 | LIBOR ŁUKASZ | ANTONIÓW | POL | | 93 | M1/69 | OPOL/116 | (M)309 | 01:25:44 | 01:25:44 | 10.50 | 00:12:21 / 244 | 00:26:54 / 305 | 00:41:54 / 336 | 00:57:10 / 360 | 01:11:07 / 345 |
| 341 | 662 | SMAGAŁA WOJCIECH | WROCLAW | POL | WKB PIAST WROCLAW | 81 | M1/70 | | (M)310 | 01:25:56 | 01:25:56 | 10.47 | 00:14:51 / 437 | 00:29:57 / 409 | 00:44:08 / 397 | 00:58:27 / 378 | 01:12:21 / 369 |
| 342 | 218 | PATRYKOWSKI PIOTR | SIERAKÓW ŚLĄSKI | POL | | 75 | M2/89 | | (M)311 | 01:25:58 | 01:25:58 | 10.47 | 00:13:36 / 338 | 00:27:42 / 323 | 00:42:29 / 362 | 00:56:56 / 352 | 01:11:19 / 352 |
| 343 | 205 | RAZIK JACEK | HERBY | POL | WKB META LUBLINIEC | 68 | M3/76 | | (M)312 | 01:25:58 | 01:25:58 | 10.47 | 00:14:35 / 420 | 00:27:42 / 324 | 00:42:29 / 361 | 00:56:56 / 351 | 01:11:16 / 350 |
| 344 | 624 | KUCZMIERCZYK JANUSZ | MYSŁOWICE | POL | TRUCHTACZ MSŁOWICE | 47 | M5/21 | | (M)313 | 01:26:03 | 01:25:55 | 10.48 | 00:13:49 / 369 | 00:28:24 / 366 | 00:42:30 / 363 | 00:57:06 / 359 | 01:11:20 / 353 |
| 345 | 690 | GRZEGORCZUK TOMASZ | ŚWIĘTOCHŁOWICE | POL | KRS TKKF JASTRZĄB RUDA ŚLĄSKA | 95 | M1/71 | | (M)314 | 01:26:05 | 01:25:57 | 10.47 | 00:12:19 / 237 | 00:25:43 / 249 | 00:39:22 / 271 | 00:53:41 / 284 | 01:08:28 / 291 |
| 346 | 418 | SMARZYCH MARIOLA | STRZELCE OPOLSKIE | POL | | 68 | K3/8 | OPOL/117 | (K)32 | 01:26:06 | 01:25:54 | 10.48 | 00:13:51 / 374 | 00:28:19 / 356 | 00:42:13 / 352 | 00:56:43 / 348 | 01:11:11 / 346 |
| 347 | 722 | ROJEWSKI ŚWIATOSŁAW | OPOLE | POL | | 75 | M2/90 | OPOL/118 | (M)315 | 01:26:09 | 01:26:09 | 10.45 | 00:13:45 / 353 | 00:27:26 / 319 | 00:41:20 / 324 | 00:56:04 / 333 | 01:10:43 / 338 |
| 348 | 530 | GÓRECKO MICHAŁ | ZABRZE | POL | BPSC TEAM | 78 | M2/91 | | (M)316 | 01:26:17 | 01:26:17 | 10.43 | 00:14:04 / 393 | 00:28:49 / 386 | 00:43:19 / 376 | 00:58:14 / 373 | 01:12:14 / 367 |
| 349 | 135 | HACZYK NATALIA | OPOLE | POL | BIEG OPOLSKI | 73 | K2/15 | OPOL/119 | (K)33 | 01:26:22 | 01:26:13 | 10.44 | 00:12:52 / 292 | 00:27:12 / 314 | 00:41:08 / 317 | 00:56:02 / 331 | 01:10:55 / 342 |
| 350 | 656 | ŻYŁA PAWEŁ | MOGILANY | POL | | 63 | M3/77 | | (M)317 | 01:26:26 | 01:26:26 | 10.41 | 00:14:06 / 396 | 00:28:13 / 347 | 00:42:05 / 345 | 00:56:31 / 345 | 01:11:05 / 344 |
| 351 | 45 | KACIŁOWICZ JACEK | OPOLE | POL | BPSC TEAM | 53 | M4/58 | OPOL/120 | (M)318 | 01:26:32 | 01:26:32 | 10.40 | 00:14:04 / 394 | 00:28:51 / 389 | 00:43:20 / 377 | 00:58:14 / 372 | 01:12:13 / 366 |
| 352 | 145 | MARKOWSKI ZBIGNIEW | LUBLINIEC | POL | WKB META LUBLINIEC | 70 | M3/78 | | (M)319 | 01:26:46 | 01:26:42 | 10.38 | 00:13:30 / 327 | 00:28:03 / 339 | 00:42:12 / 350 | 00:57:04 / 357 | 01:11:39 / 355 |
| 353 | 144 | MARKOWSKA IWONA | LUBLINIEC | POL | WKB META LUBLINIEC | 71 | K2/16 | | (K)34 | 01:26:46 | 01:26:42 | 10.38 | 00:13:31 / 328 | 00:28:03 / 340 | 00:42:12 / 351 | 00:57:04 / 356 | 01:11:39 / 356 |
| 354 | 154 | PIOTROWSKI KRZYSZTOF | KRAPKOWICE | POL | | 75 | M2/92 | OPOL/121 | (M)320 | 01:26:51 | 01:26:51 | 10.36 | 00:13:49 / 367 | 00:28:20 / 358 | 00:42:15 / 354 | 00:56:58 / 354 | 01:11:28 / 354 |
| 355 | 335 | CZAJKOWSKI STANISŁAW | JELCZ-LASKOWICE | POL | ZIMNAR JELCZ-LASKOWICE | 50 | M5/22 | | (M)321 | 01:26:53 | 01:26:46 | 10.37 | 00:12:53 / 294 | 00:27:26 / 320 | 00:41:41 / 331 | 00:56:34 / 346 | 01:11:18 / 351 |
| 356 | 553 | LANGER MARIUSZ | REŃSKA WIEŚ | POL | | 79 | M2/93 | OPOL/122 | (M)322 | 01:26:56 | 01:26:56 | 10.35 | 00:14:47 / 432 | 00:30:00 / 412 | 00:44:15 / 398 | 00:58:26 / 376 | 01:12:25 / 371 |
| 357 | 180 | BUCZAK JAROSŁAW | PINCZÓW | POL | KL PONIDZIE PIŃCZÓW | 62 | M3/79 | | (M)323 | 01:27:03 | 01:26:58 | 10.35 | 00:13:35 / 334 | 00:28:21 / 362 | 00:42:35 / 365 | 00:57:24 / 366 | 01:12:03 / 360 |
| 358 | 663 | URBAŃSKI JÓZEF | KROSNO | POL | KKB MOSIR KROSNO | 58 | M4/59 | | (M)324 | 01:27:03 | 01:26:51 | 10.36 | 00:13:46 / 357 | 00:28:20 / 357 | 00:42:37 / 367 | 00:57:23 / 364 | 01:12:03 / 359 |
| 359 | 268 | FIC MARIUSZ | KROSNO | POL | #NAZWA? | 68 | M3/80 | | (M)325 | 01:27:03 | 01:26:51 | 10.36 | 00:13:45 / 355 | 00:28:19 / 355 | 00:42:38 / 369 | 00:57:24 / 367 | 01:12:02 / 358 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|------------------------------|---------------------|-------------|-----------------------------|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 360 | 127 | DROŻDZIK PAWEŁ | NYSA | POL | NYSA BIEGA | 77 | M2/94 | OPOL/123 | (M)326 | 01:27:03 | 01:26:51 | 10.36 | 00:13:46 / 356 | 00:28:19 / 354 | 00:42:38 / 368 | 00:57:24 / 365 | 01:12:04 / 361 |
| 361 | 331 | KRAWCZYK DARIUSZ | WROCLAW | POL | WKB PIAST WROCLAW | 49 | M5/23 | | (M)327 | 01:27:04 | 01:27:04 | 10.34 | 00:14:00 / 391 | 00:28:41 / 384 | 00:42:50 / 370 | 00:57:27 / 368 | 01:12:04 / 362 |
| 362 | 256 | WOJDYŁO TOMASZ | KRAKÓW | POL | | 73 | M2/95 | | (M)328 | 01:27:07 | 01:27:07 | 10.33 | 00:13:27 / 325 | 00:28:03 / 341 | 00:42:22 / 356 | 00:57:11 / 362 | 01:12:05 / 363 |
| 363 | 41 | JAREMA GRZEGORZ | RUDAWA | POL | MARATONYPOLSKIE.PL TEAM | 75 | M2/96 | | (M)329 | 01:27:09 | 01:26:56 | 10.35 | 00:13:36 / 335 | 00:28:16 / 350 | 00:42:36 / 366 | 00:57:48 / 369 | 01:12:25 / 372 |
| 364 | 428 | PIECHACZEK HENRYK | KWDZIERZYN-KOŹLE | POL | LUKS KEDZIERZYN | 44 | M5/24 | OPOL/124 | (M)330 | 01:27:17 | 01:27:17 | 10.31 | 00:13:38 / 340 | 00:27:59 / 333 | 00:42:12 / 349 | 00:57:23 / 363 | 01:12:05 / 364 |
| 365 | 465 | CEGŁA MARCIN | KRAKÓW | POL | | 80 | M2/97 | | (M)331 | 01:27:18 | 01:27:18 | 10.31 | 00:13:58 / 390 | 00:28:53 / 392 | 00:43:31 / 383 | 00:58:26 / 375 | 01:12:55 / 376 |
| 366 | 61 | MANOCH ARTUR | POZNAŃ | POL | | 74 | M2/98 | | (M)332 | 01:27:23 | 01:27:09 | 10.33 | 00:13:57 / 388 | 00:28:59 / 397 | 00:43:16 / 375 | 00:58:20 / 374 | 01:12:35 / 373 |
| 367 | 432 | PETERA JAROSŁAW | KARAKÓW | POL | JW 2771 KRAKÓW | 80 | M2/99 | | (M)333 | 01:27:29 | 01:27:29 | 10.29 | 00:13:58 / 389 | 00:28:53 / 393 | 00:43:32 / 385 | 00:58:27 / 377 | 01:12:56 / 377 |
| 368 | 729 | MROZEK JANUSZ | RACIBÓRZ | POL | | 77 | M2/100 | | (M)334 | 01:27:33 | 01:27:33 | 10.28 | 00:13:40 / 343 | 00:28:18 / 351 | 00:42:31 / 364 | 00:57:49 / 370 | 01:12:23 / 370 |
| 369 | 116 | STAROSTKA ANDRZEJ | KĘDZIERZYN-KOŹLE | POL | KĘDZIERZYN-KOŹLE | 48 | M5/25 | OPOL/125 | (M)335 | 01:27:46 | 01:27:34 | 10.28 | 00:13:41 / 347 | 00:28:37 / 378 | 00:42:53 / 371 | 00:58:00 / 371 | 01:12:50 / 375 |
| 370 | 271 | MIS PIOTR | NAMYSŁÓW | POL | NKB ZRYW NAMYSŁÓW | 90 | M1/72 | OPOL/126 | (M)336 | 01:27:50 | 01:27:38 | 10.27 | 00:12:30 / 267 | 00:26:06 / 270 | 00:39:46 / 283 | 00:54:18 / 296 | 01:09:50 / 324 |
| 371 | 536 | BRZEZIŃSKI PAWEŁ | OPOLE | POL | BIEG OPOLSKI | 86 | M1/73 | OPOL/127 | (M)337 | 01:27:57 | 01:27:49 | 10.25 | 00:11:40 / 169 | 00:24:45 / 195 | 00:37:48 / 216 | 00:51:51 / 238 | 01:08:48 / 301 |
| 372 | 30 | RUDNO-RUDZINSKI KRZYSZTOF | WROCLAW | POL | | 49 | M5/26 | | (M)338 | 01:28:12 | 01:28:12 | 10.20 | 00:14:23 / 410 | 00:29:07 / 398 | 00:43:33 / 386 | 00:58:38 / 381 | 01:13:12 / 380 |
| 373 | 213 | KLONOWSKI HENRYK | ŚWIĘTOCHŁOWICE | POL | | 71 | M2/101 | | (M)339 | 01:28:13 | 01:28:04 | 10.22 | 00:13:49 / 368 | 00:28:44 / 385 | 00:43:34 / 387 | 00:59:21 / 390 | 01:13:05 / 378 |
| 374 | 263 | KILAN PIOTR | IWANOWICE DUŻE | POL | NGB KŁOBUCK | 72 | M2/102 | | (M)340 | 01:28:19 | 01:28:08 | 10.21 | 00:12:35 / 279 | 00:26:23 / 289 | 00:40:29 / 303 | 00:55:27 / 311 | 01:10:59 / 343 |
| 375 | 495 | REMBIELAK MARIUSZ | OLESNO | POL | | 77 | M2/103 | OPOL/128 | (M)341 | 01:28:20 | 01:28:07 | 10.21 | 00:12:58 / 303 | 00:27:05 / 309 | 00:41:19 / 322 | 00:56:30 / 344 | 01:11:46 / 357 |
| 376 | 574 | PRIMUS WALDEMAR | STRZELCE OPOLSKIE | POL | OSIR STRZELCE OPOLSKIE | 59 | M4/60 | OPOL/129 | (M)342 | 01:28:21 | 01:28:06 | 10.22 | 00:13:44 / 352 | 00:28:01 / 335 | 00:42:00 / 343 | 00:56:59 / 355 | 01:12:09 / 365 |
| 377 | 341 | MUSUR ADAM | OLEŚNICA | POL | POLSKA BIEGA | 53 | M4/61 | | (M)343 | 01:28:30 | 01:28:26 | 10.18 | 00:12:34 / 274 | 00:26:53 / 303 | 00:41:18 / 321 | 00:56:41 / 347 | 01:12:19 / 368 |
| 378 | 629 | KROK KRZYSZTOF | MUSZYNA | POL | NIEZRZESZONY | 63 | M3/81 | | (M)344 | 01:28:32 | 01:28:21 | 10.19 | 00:13:53 / 377 | 00:28:51 / 390 | 00:43:38 / 390 | 00:58:40 / 382 | 01:13:15 / 381 |
| 379 | 712 | JORDAN MAREK | KROSNO | POL | KKB MOSIR KROSNO | 51 | M4/62 | | (M)345 | 01:28:41 | 01:28:41 | 10.15 | 00:14:50 / 436 | 00:30:23 / 419 | 00:45:06 / 408 | 01:00:02 / 394 | 01:14:27 / 386 |
| 380 | 283 | SIKORSKI ZYGMUNT | TYCHY | POL | | 60 | M4/63 | | (M)346 | 01:29:01 | 01:28:55 | 10.12 | 00:13:39 / 342 | 00:28:31 / 376 | 00:43:09 / 372 | 00:58:28 / 379 | 01:13:40 / 383 |
| 381 | 260 | PASIEKA WŁODZIMIERZ | GLIWICE | POL | | 64 | M3/82 | | (M)347 | 01:29:10 | 01:29:10 | 10.09 | 00:13:48 / 365 | 00:28:21 / 360 | 00:42:27 / 359 | 00:57:05 / 358 | 01:12:42 / 374 |
| 382 | 117 | HAŁON ANDRZEJ | OPOLE | POL | | 54 | M4/64 | OPOL/130 | (M)348 | 01:29:31 | 01:29:31 | 10.05 | 00:14:05 / 395 | 00:28:52 / 391 | 00:43:26 / 380 | 00:58:30 / 380 | 01:13:26 / 382 |
| 383 | 708 | GOJ JERZY | PIEKARY | POL | MOSIR PIEKARY ŚLĄSKIE | 58 | M4/65 | | (M)349 | 01:29:55 | 01:29:55 | 10.01 | 00:13:30 / 326 | 00:28:29 / 375 | 00:43:30 / 382 | 00:59:11 / 389 | 01:14:10 / 384 |
| 384 | 670 | PISS KRZYSZTOF | GLIWICE | POL | WWW.KAFELKOWANIE.GLIWICE.PL | 73 | M2/104 | | (M)350 | 01:30:04 | 01:29:52 | 10.01 | 00:13:56 / 385 | 00:28:54 / 394 | 00:43:43 / 392 | 00:58:58 / 384 | 01:14:25 / 385 |
| 385 | 633 | PODGÓRNY MARIUSZ | OZIMEK | POL | NIEZRZESZONY | 93 | M1/74 | OPOL/131 | (M)351 | 01:30:37 | 01:30:32 | 9.94 | 00:11:04 / 116 | 00:23:43 / 146 | 00:36:50 / 175 | 00:51:04 / 203 | 01:06:11 / 258 |
| 386 | 228 | GAJDA URSZULA | OZIMEK | POL | BRAK | 72 | K2/17 | OPOL/132 | (K)35 | 01:30:37 | 01:30:35 | 9.94 | 00:13:36 / 337 | 00:28:26 / 368 | 00:43:10 / 373 | 00:58:53 / 383 | 01:14:27 / 387 |
| 387 | 421 | PENDOLSKI FRANCISZEK | KATOWICE | POL | KB JÓZEFINKA | 42 | M5/27 | | (M)352 | 01:30:39 | 01:30:39 | 9.93 | 00:15:07 / 442 | 00:31:06 / 440 | 00:46:02 / 423 | 01:01:17 / 407 | 01:15:47 / 393 |
| 388 | 659 | ANDRES KORDIAN | KATOWICE | POL | | 52 | M4/66 | | (M)353 | 01:30:47 | 01:30:45 | 9.92 | 00:13:44 / 350 | 00:28:38 / 381 | 00:43:34 / 389 | 00:59:07 / 386 | 01:14:28 / 388 |
| 389 | 658 | PIETREK HENRYK | KATOWICE | POL | | 44 | M5/28 | | (M)354 | 01:30:47 | 01:30:45 | 9.92 | 00:13:44 / 351 | 00:28:38 / 380 | 00:43:34 / 388 | 00:59:07 / 387 | 01:14:28 / 389 |
| 390 | 664 | PIEZARA KRZYSZTOF | JAWORZNO | POL | KB MCKIS JAWORZNO | 81 | M1/75 | | (M)355 | 01:30:47 | 01:30:47 | 9.91 | 00:13:04 / 306 | 00:26:59 / 307 | 00:40:53 / 308 | 00:55:29 / 312 | 01:11:13 / 347 |
| 391 | 704 | STYŚ MAREK | GLIWICE | POL | | 74 | M2/105 | | (M)356 | 01:30:54 | 01:30:54 | 9.90 | 00:14:08 / 400 | 00:28:55 / 395 | 00:43:42 / 391 | 00:59:08 / 388 | 01:14:56 / 390 |
| 392 | 727 | PAJEK MICHAŁ | GAŚIOROWICE | POL | GISW | 75 | M2/106 | | (M)357 | 01:30:55 | 01:30:51 | 9.91 | 00:13:17 / 316 | 00:28:27 / 370 | 00:43:31 / 384 | 00:59:00 / 385 | 01:14:59 / 391 |
| 393 | 645 | SZCZEŚNIAK ARTUR | GLIWICE | POL | FACCIAMO JOGGING | 68 | M3/83 | | (M)358 | 01:31:07 | 01:31:04 | 9.88 | 00:13:54 / 379 | 00:29:18 / 399 | 00:44:35 / 399 | 01:00:42 / 402 | 01:16:16 / 398 |
| 394 | 695 | ŁOPUSIEWICZ JANUSZ | WROCLAW | POL | | 84 | M1/76 | | (M)359 | 01:31:14 | 01:31:14 | 9.86 | 00:15:01 / 439 | 00:30:36 / 429 | 00:45:49 / 420 | 01:01:18 / 408 | 01:16:17 / 399 |
| 395 | 598 | WIORA JÓZEF | STANISZCZE MAŁE | POL | | 74 | M2/107 | OPOL/133 | (M)360 | 01:31:25 | 01:31:25 | 9.85 | 00:12:22 / 245 | 00:26:55 / 306 | 00:41:53 / 335 | 00:57:10 / 361 | 01:13:06 / 379 |
| 396 | 132 | MROWIEC TERESA | BLACHOWNIA | POL | | 63 | K3/9 | | (K)36 | 01:31:30 | 01:31:27 | 9.84 | 00:13:52 / 376 | 00:29:30 / 401 | 00:44:54 / 405 | 01:00:34 / 399 | 01:15:49 / 395 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|---|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 397 | 699 | MLASKAWA EDWARD | ZABRZE | POL | | 49 | M5/29 | | (M)361 | 01:31:35 | 01:31:35 | 9.83 | 00:14:19 / 409 | 00:29:18 / 400 | 00:44:07 / 396 | 00:59:47 / 391 | 01:15:08 / 392 |
| 398 | 174 | LEWANDOWSKA DOMINIKA | KLUCZBORK | POL | | 78 | K2/18 | OPOL/134 | (K)37 | 01:32:02 | 01:31:52 | 9.80 | 00:14:14 / 404 | 00:29:54 / 407 | 00:45:21 / 411 | 01:01:13 / 405 | 01:16:40 / 401 |
| 399 | 649 | OLSZAŃSKI DARIUSZ | KĘDZIERZYN-KOŹLE | POL | - | 59 | M4/67 | OPOL/135 | (M)362 | 01:32:04 | 01:31:55 | 9.79 | 00:14:17 / 407 | 00:29:56 / 408 | 00:45:25 / 413 | 01:01:15 / 406 | 01:16:41 / 402 |
| 400 | 131 | PIKULSKI MIECZYSLAW | PIŃCZÓW | POL | KL PONIDZIE PIŃCZÓW | 43 | M5/30 | | (M)363 | 01:32:18 | 01:32:14 | 9.76 | 00:13:36 / 336 | 00:28:41 / 383 | 00:44:05 / 394 | 01:00:20 / 397 | 01:15:59 / 396 |
| 401 | 158 | SOWIŃSKI WALERIAN | GLIWICE | POL | K.CZ. PĘDZIWIATR GLIWICE | 46 | M5/31 | | (M)364 | 01:32:25 | 01:32:13 | 9.76 | 00:13:24 / 318 | 00:28:29 / 373 | 00:43:23 / 379 | 00:59:49 / 392 | 01:15:49 / 394 |
| 402 | 303 | ORIAN ANNA | ZDZIESZOWICE | POL | SZKOŁA TAŃCA 'ORIAN-SHOW' | 75 | K2/19 | OPOL/136 | (K)38 | 01:32:30 | 01:32:30 | 9.73 | 00:13:32 / 330 | 00:28:50 / 388 | 00:44:06 / 395 | 01:00:21 / 398 | 01:16:00 / 397 |
| 403 | 715 | ZIELIŃSKA MARTA | GLIWICE | POL | FACCIAMO JOGGING | 79 | K2/20 | | (K)39 | 01:33:26 | 01:33:12 | 9.66 | 00:15:02 / 440 | 00:30:32 / 425 | 00:45:54 / 422 | 01:01:36 / 410 | 01:17:25 / 409 |
| 404 | 720 | SZCZEPANIAK RENATA | OLEŚNICA | POL | KB LUPUS OLESNICA | 73 | K2/21 | | (K)40 | 01:33:35 | 01:33:26 | 9.63 | 00:14:32 / 415 | 00:30:19 / 418 | 00:45:41 / 416 | 01:01:50 / 414 | 01:17:41 / 412 |
| 405 | 721 | SOBCZAK RENATA | OLEŚNICA | POL | | 53 | K4/3 | | (K)41 | 01:33:38 | 01:33:29 | 9.63 | 00:14:32 / 416 | 00:30:19 / 417 | 00:45:41 / 417 | 01:01:51 / 415 | 01:17:35 / 411 |
| 406 | 49 | MOŚCICKI WIKTOR | ZDZIESZOWICE | POL | | 49 | M5/32 | OPOL/137 | (M)365 | 01:33:39 | 01:33:39 | 9.61 | 00:14:42 / 427 | 00:30:25 / 420 | 00:45:42 / 418 | 01:01:39 / 412 | 01:17:19 / 408 |
| 407 | 159 | NIELACNY JAROSLAW | WROCLAW | POL | GATORADE | 71 | M2/108 | | (M)366 | 01:33:44 | 01:33:29 | 9.63 | 00:14:50 / 435 | 00:30:47 / 430 | 00:46:16 / 427 | 01:02:15 / 419 | 01:17:54 / 414 |
| 408 | 95 | GAWŁOWSKI ANDRZEJ | LUBLINIEC | POL | | 61 | M3/84 | | (M)367 | 01:33:57 | 01:33:51 | 9.59 | 00:14:11 / 402 | 00:29:33 / 404 | 00:44:51 / 404 | 01:00:51 / 403 | 01:17:02 / 405 |
| 409 | 200 | WERNIK KATARZYNA | WODZISLAW ŚLĄSKI | POL | FORMA WODZISLAW ŚL | 70 | K3/10 | | (K)42 | 01:34:07 | 01:33:57 | 9.58 | 00:14:16 / 406 | 00:29:59 / 411 | 00:45:27 / 414 | 01:01:38 / 411 | 01:17:31 / 410 |
| 410 | 326 | WĘGLER ZBIGNIEW | SOSNOWIEC | POL | | 46 | M5/33 | | (M)368 | 01:34:16 | 01:34:16 | 9.55 | 00:14:37 / 423 | 00:30:25 / 421 | 00:45:42 / 419 | 01:01:52 / 416 | 01:17:52 / 413 |
| 411 | 395 | TERLECKI JÓZEF | KAMYK | POL | WKB META LUBLINIEC | 54 | M4/68 | | (M)369 | 01:34:25 | 01:34:25 | 9.53 | 00:14:35 / 419 | 00:29:57 / 410 | 00:45:01 / 406 | 01:00:37 / 401 | 01:16:47 / 404 |
| 412 | 535 | SZPON TOMASZ | OPOLE | POL | OPOLE | 89 | M1/77 | OPOL/138 | (M)370 | 01:34:28 | 01:34:13 | 9.55 | 00:14:36 / 421 | 00:30:34 / 428 | 00:46:14 / 426 | 01:02:21 / 422 | 01:18:28 / 418 |
| 413 | 327 | ŁAZAREK LUKASZ | STRZELCE OPOLSKIE | POL | NIEZRZESZONY | 89 | M1/78 | OPOL/139 | (M)371 | 01:34:28 | 01:34:13 | 9.55 | 00:14:37 / 422 | 00:30:33 / 427 | 00:46:14 / 425 | 01:02:28 / 424 | 01:18:39 / 419 |
| 414 | 415 | GRZECHNIK CZESŁAWA | STRZELCE OPOLSKIE | POL | | 75 | K2/22 | OPOL/140 | (K)43 | 01:34:36 | 01:34:24 | 9.53 | 00:14:30 / 414 | 00:30:01 / 413 | 00:45:06 / 407 | 01:01:11 / 404 | 01:17:15 / 407 |
| 415 | 221 | BORKOWSKI JACEK | ZĄBKOWICE ŚLĄSKIE | POL | KB OGIEŃ SZCZAŁA | 87 | M1/79 | | (M)372 | 01:34:41 | 01:34:31 | 9.52 | 00:14:25 / 412 | 00:30:16 / 416 | 00:44:48 / 403 | 01:00:36 / 400 | 01:17:05 / 406 |
| 416 | 706 | PETRUS SŁAWOMIR | KIELCE | POL | KOŁO KIELECKIE TOWARZYSTWA POMOCY IM. ŚW BRATA ALBERTA | 57 | M4/69 | | (M)373 | 01:34:50 | 01:34:44 | 9.50 | 00:13:44 / 349 | 00:28:38 / 379 | 00:43:28 / 381 | 00:59:54 / 393 | 01:16:44 / 403 |
| 417 | 559 | MORAWSKI DARIUSZ | OPOLE | POL | LEKARSKA GRUPA KOLARSKA | 64 | M3/85 | OPOL/141 | (M)374 | 01:34:53 | 01:34:53 | 9.49 | 00:13:38 / 341 | 00:28:58 / 396 | 00:44:47 / 402 | 01:01:31 / 409 | 01:18:07 / 416 |
| 418 | 551 | MIGOŃ-WIRSKA ANNA | STRZELCE OPOLSKIE | POL | BRAK | 81 | K1/9 | OPOL/142 | (K)44 | 01:35:00 | 01:34:57 | 9.48 | 00:13:55 / 381 | 00:29:31 / 402 | 00:45:10 / 409 | 01:01:41 / 413 | 01:18:17 / 417 |
| 419 | 167 | ŚCIBISZ BOGDAN | SOSNOWIEC | POL | TKKF MOSIR CZELADZ | 43 | M5/34 | | (M)375 | 01:35:21 | 01:35:21 | 9.44 | 00:19:39 / 460 | 00:35:05 / 458 | 00:49:52 / 453 | 01:05:16 / 441 | 01:19:59 / 430 |
| 420 | 693 | SŁAWEK LINDA | ZDZIESZOWICE | POL | | 92 | K1/10 | OPOL/143 | (K)45 | 01:35:45 | 01:35:36 | 9.41 | 00:13:31 / 329 | 00:28:50 / 387 | 00:44:42 / 401 | 01:02:05 / 417 | 01:19:16 / 422 |
| 421 | 732 | KAMIŃSKI KRYSZTIAN | WROCLAW | POL | KB OGIEŃ | 87 | M1/80 | | (M)376 | 01:35:47 | 01:35:37 | 9.41 | 00:14:25 / 413 | 00:30:26 / 422 | 00:46:39 / 428 | 01:03:54 / 436 | 01:19:20 / 423 |
| 422 | 702 | KARMAŃSKI PIOTR | BYTOM | POL | | 59 | M4/70 | | (M)377 | 01:35:50 | 01:35:47 | 9.40 | 00:13:40 / 344 | 00:28:36 / 377 | 00:43:21 / 378 | 01:00:03 / 395 | 01:16:22 / 400 |
| 423 | 293 | MACIARZ TADEUSZ | GLIWICE | POL | NIEZRZESZONY | 62 | M3/86 | | (M)378 | 01:36:08 | 01:36:08 | 9.36 | 00:14:45 / 430 | 00:30:30 / 424 | 00:46:09 / 424 | 01:02:53 / 425 | 01:19:27 / 424 |
| 424 | 62 | DANIK KRZYSZTOF | OPOLE | POL | ELEKTROWNIA OPOLE KLUB FENIKS | 69 | M3/87 | OPOL/144 | (M)379 | 01:36:09 | 01:36:09 | 9.36 | 00:15:10 / 445 | 00:31:00 / 435 | 00:46:42 / 429 | 01:03:00 / 427 | 01:19:14 / 421 |
| 425 | 231 | MADEJ JÓZEF | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 51 | M4/71 | | (M)380 | 01:36:12 | 01:36:12 | 9.36 | 00:14:48 / 433 | 00:30:53 / 431 | 00:46:55 / 432 | 01:03:52 / 435 | 01:19:49 / 426 |
| 426 | 595 | MAĆKOWIAK VALERY | KROTOSZYN | POL | KS. KROTOSZ KROTOSZYN | 54 | M4/72 | | (M)381 | 01:36:23 | 01:36:14 | 9.35 | 00:14:38 / 424 | 00:30:33 / 426 | 00:47:00 / 437 | 01:04:42 / 439 | 01:20:18 / 435 |
| 427 | 175 | BEDNARCZYK WIESLAW | BRZEG | POL | BKB MARATOŃCZYK BRZEG | 56 | M4/73 | OPOL/145 | (M)382 | 01:36:34 | 01:36:25 | 9.33 | 00:14:33 / 417 | 00:30:59 / 433 | 00:46:59 / 435 | 01:03:45 / 430 | 01:19:55 / 429 |
| 428 | 730 | STOLARCZYK STANISLAW | TLUSZCZ | POL | BÓBR TLUSZCZ | 43 | M5/35 | | (M)383 | 01:36:38 | 01:36:38 | 9.31 | 00:14:49 / 434 | 00:30:59 / 434 | 00:47:00 / 436 | 01:03:51 / 434 | 01:20:05 / 434 |
| 429 | 446 | CZECHOWSKI DOMINIK | ŻORY | POL | | 84 | M1/81 | | (M)384 | 01:37:03 | 01:37:03 | 9.27 | 00:14:45 / 429 | 00:30:54 / 432 | 00:46:54 / 431 | 01:03:58 / 437 | 01:20:30 / 436 |
| 430 | 245 | KOWZAN ADAM | OPOLE | POL | SAMOBIEŻNY :) | 71 | M2/109 | OPOL/146 | (M)385 | 01:37:13 | 01:37:13 | 9.26 | 00:15:08 / 444 | 00:31:02 / 438 | 00:46:58 / 434 | 01:03:50 / 433 | 01:20:03 / 433 |
| 431 | 416 | GRZECHNIK ARTUR | STRZELCE OPOLSKIE | POL | | 73 | M2/110 | OPOL/147 | (M)386 | 01:37:20 | 01:37:09 | 9.26 | 00:14:34 / 418 | 00:30:14 / 415 | 00:45:39 / 415 | 01:02:11 / 418 | 01:19:05 / 420 |
| 432 | 527 | NADBRZEŻNY JAN | MALNIA | POL | CROSS KRAPKOWICE | 46 | M5/36 | OPOL/148 | (M)387 | 01:37:26 | 01:37:26 | 9.24 | 00:15:12 / 446 | 00:31:27 / 442 | 00:47:02 / 438 | 01:03:39 / 429 | 01:20:01 / 431 |
| 433 | 285 | KRAKOWIAK BARBARA | TRZEBNICA | POL | LZS TRZEBNICA | 46 | K5/1 | | (K)46 | 01:37:27 | 01:37:18 | 9.25 | 00:15:13 / 447 | 00:31:20 / 441 | 00:47:02 / 439 | 01:03:46 / 431 | 01:20:02 / 432 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Grupy Group | Sex | Wynik Time | Wynik Netto [km/h] | Check points | | | | | |
|-----------------|-----------|-------------------------|---------------------|-------------|-----------------------------|------------|-----------------------|----------------|--------|---------------|-----------------------|--------------|----------------|----------------|----------------|----------------|----------------|
| | | | | | | | | | | | | 2.2km | 5km | 7.2km | 10km | 12.2km | |
| 434 | 99 | OLESZCZUK RADOSŁAW | KRAPKOWICE | POL | CROSS KRAPKOWICE | 75 | M2/111 | OPOL/149 | (M)388 | 01:37:54 | 01:37:54 | 9.19 | 00:13:52 / 375 | 00:28:39 / 382 | 00:44:40 / 400 | 01:02:27 / 423 | 01:19:50 / 427 |
| 435 | 731 | WOJTAS BOŻENA | JEMIELNICA | POL | BUTTERFLAY | 66 | K3/11 | OPOL/150 | (K)47 | 01:38:12 | 01:38:12 | 9.16 | 00:14:15 / 405 | 00:29:48 / 405 | 00:45:20 / 410 | 01:02:18 / 421 | 01:19:52 / 428 |
| 436 | 349 | LESIK TOMASZ | LUBLINIEC | POL | KAROLINKA CHORZÓW | 54 | M4/74 | | (M)389 | 01:38:14 | 01:38:09 | 9.17 | 00:13:43 / 348 | 00:29:32 / 403 | 00:45:23 / 412 | 01:02:54 / 426 | 01:19:39 / 425 |
| 437 | 417 | JAGUDZKI SŁAWOMIR | STRZELCE OPOLSKIE | POL | | 77 | M2/112 | OPOL/151 | (M)390 | 01:38:41 | 01:38:29 | 9.14 | 00:13:41 / 346 | 00:28:04 / 344 | 00:43:14 / 374 | 01:00:05 / 396 | 01:18:00 / 415 |
| 438 | 311 | KUKUCZKA DARIUSZ | STRZELCE OPOLSKIE | POL | | 74 | M2/113 | OPOL/152 | (M)391 | 01:39:29 | 01:39:29 | 9.05 | 00:13:14 / 313 | 00:29:53 / 406 | 00:45:52 / 421 | 01:03:36 / 428 | 01:21:34 / 437 |
| 439 | 603 | JAREMA BEATA | RUDAWA | POL | MARATONYPOLSKIE.PL TEAM | 73 | K2/23 | | (K)48 | 01:39:36 | 01:39:22 | 9.06 | 00:14:41 / 426 | 00:31:01 / 437 | 00:47:29 / 440 | 01:04:48 / 440 | 01:22:16 / 440 |
| 440 | 148 | PAPIERNIK MIROSLAW | BYTOM | POL | | 63 | M3/88 | | (M)392 | 01:40:33 | 01:40:26 | 8.96 | 00:14:19 / 408 | 00:30:28 / 423 | 00:46:58 / 433 | 01:04:28 / 438 | 01:22:04 / 439 |
| 441 | 483 | MISIEWICZ JAROSŁAW | OPOLE | POL | | 75 | M2/114 | OPOL/153 | (M)393 | 01:42:21 | 01:42:18 | 8.80 | 00:13:25 / 323 | 00:30:03 / 414 | 00:46:49 / 430 | 01:03:47 / 432 | 01:22:22 / 441 |
| 442 | 445 | MARKOWSKI MARIUSZ | OLAWA | POL | KB OLAWA | 79 | M2/115 | | (M)394 | 01:43:07 | 01:43:07 | 8.73 | 00:15:05 / 441 | 00:32:34 / 447 | 00:49:47 / 452 | 01:07:56 / 451 | 01:26:01 / 448 |
| 443 | 254 | MATERLA JULITA | SŁUPSKO | POL | | 83 | K1/11 | | (K)49 | 01:43:31 | 01:43:24 | 8.70 | 00:14:24 / 411 | 00:31:00 / 436 | 00:47:33 / 441 | 01:05:35 / 442 | 01:24:10 / 442 |
| 444 | 709 | SPÓLNIK STANISŁAW | KRAKÓW | POL | KKB DYSTANS KRAKÓW | 51 | M4/75 | | (M)395 | 01:43:35 | 01:43:35 | 8.69 | 00:15:48 / 453 | 00:32:53 / 452 | 00:49:42 / 450 | 01:06:35 / 443 | 01:26:42 / 451 |
| 445 | 651 | CHYLEK JOLANTA | KĘDZIERZYN-KOŹLE | POL | SZKOŁA TAŃCA 'ORIAN-SHOW' | 61 | K3/12 | OPOL/154 | (K)50 | 01:43:39 | 01:43:39 | 8.68 | 00:15:35 / 449 | 00:32:47 / 449 | 00:49:36 / 446 | 01:07:10 / 445 | 01:25:05 / 443 |
| 446 | 286 | ŻUK JÓZEF | WAŁBRZYCH | POL | WKB WAŁBRZYCH | 40 | M5/37 | | (M)396 | 01:43:39 | 01:43:35 | 8.69 | 00:15:24 / 448 | 00:32:44 / 448 | 00:49:37 / 447 | 01:07:11 / 446 | 01:25:06 / 444 |
| 447 | 329 | BAK WAWRZYNIEC | STRZELCE OPOLSKIE | POL | NIEZRZESZONY | 89 | M1/82 | OPOL/155 | (M)397 | 01:43:40 | 01:43:27 | 8.70 | 00:13:16 / 315 | 00:28:05 / 345 | 00:43:59 / 393 | 01:02:16 / 420 | 01:21:53 / 438 |
| 448 | 242 | CIESIOŁKA MARIAN | BYTOM | POL | | 49 | M5/38 | | (M)398 | 01:43:51 | 01:43:51 | 8.67 | 00:15:08 / 443 | 00:31:05 / 439 | 00:49:43 / 451 | 01:06:50 / 444 | 01:25:16 / 446 |
| 449 | 252 | SZYSZKA EWA | OPOLE | POL | STOWARZYSZENIE BIEG OPOLSKI | 65 | K3/13 | OPOL/156 | (K)51 | 01:44:10 | 01:44:08 | 8.64 | 00:14:41 / 425 | 00:32:00 / 445 | 00:49:11 / 442 | 01:07:13 / 447 | 01:25:07 / 445 |
| 450 | 385 | SOBCZYK GABRIELA | RACIBÓRZ | POL | TRUCHTACZ RACIBÓRZ :) | 69 | K3/14 | | (K)52 | 01:44:29 | 01:44:26 | 8.62 | 00:14:47 / 431 | 00:32:10 / 446 | 00:49:22 / 444 | 01:07:21 / 448 | 01:25:49 / 447 |
| 451 | 550 | WIRSKI ADAM | STRZELCE OPOLSKIE | POL | BRAK | 78 | M2/116 | OPOL/157 | (M)399 | 01:45:21 | 01:45:19 | 8.55 | 00:15:45 / 450 | 00:33:40 / 453 | 00:51:20 / 454 | 01:09:06 / 454 | 01:27:06 / 452 |
| 452 | 50 | RASIŃSKI ANDRZEJ | BYTOM | POL | | 69 | M3/89 | | (M)400 | 01:45:25 | 01:45:25 | 8.54 | 00:14:43 / 428 | 00:31:28 / 443 | 00:49:18 / 443 | 01:07:48 / 450 | 01:26:41 / 450 |
| 453 | 202 | SZCZEPANIAK ANDRZEJ | KARLOWICE | POL | BKB MARATOŃCZYK BRZEG | 85 | M1/83 | OPOL/158 | (M)401 | 01:45:49 | 01:45:37 | 8.52 | 00:14:53 / 438 | 00:31:56 / 444 | 00:49:33 / 445 | 01:07:40 / 449 | 01:26:16 / 449 |
| 454 | 515 | KARWECKA EWA | WROCLAW | POL | | 78 | K2/24 | | (K)53 | 01:47:35 | 01:47:35 | 8.37 | 00:16:06 / 456 | 00:34:22 / 456 | 00:52:20 / 456 | 01:10:48 / 455 | 01:29:19 / 453 |
| 455 | 505 | MIERKUŁOW MACIEJ | KATOWICE | POL | | 80 | M2/117 | | (M)402 | 01:51:03 | 01:51:03 | 8.10 | 00:15:47 / 451 | 00:32:53 / 451 | 00:49:41 / 448 | 01:07:58 / 453 | 01:29:50 / 455 |
| 456 | 121 | WRÓBEL GRZEGORZ | RUDA SŁĄSKA | POL | | 75 | M2/118 | | (M)403 | 01:51:04 | 01:51:04 | 8.10 | 00:15:47 / 452 | 00:32:53 / 450 | 00:49:41 / 449 | 01:07:57 / 452 | 01:29:49 / 454 |
| 457 | 318 | NOWOK JERZY | RUDA ŚL | POL | | 50 | M5/39 | | (M)404 | 01:52:30 | 01:52:30 | 8.00 | 00:16:02 / 454 | 00:33:43 / 455 | 00:51:40 / 455 | 01:10:49 / 456 | 01:30:09 / 456 |
| 458 | 272 | ŚWIĘTANOWSKA BARBARA | OPOLE | POL | BIEG OPOLSKI | 76 | K2/25 | OPOL/159 | (K)54 | 01:53:45 | 01:53:45 | 7.91 | 00:16:04 / 455 | 00:33:43 / 454 | 00:52:40 / 457 | 01:13:28 / 458 | 01:33:23 / 457 |
| 459 | 501 | KASIERSKA EWA KATARZYNA | POZNAŃ | POL | DRUŻYNA SZPIKU | 48 | K5/2 | | (K)55 | 01:53:59 | 01:53:59 | 7.90 | 00:21:30 / 461 | 00:39:38 / 460 | 00:57:57 / 460 | 01:16:50 / 459 | 01:35:35 / 459 |
| 460 | 249 | HACZYK GABRIELA | OPOLE | POL | BIEG OPOLSKI | 48 | K5/3 | OPOL/160 | (K)56 | 01:54:29 | 01:54:29 | 7.86 | 00:16:27 / 457 | 00:35:04 / 457 | 00:53:19 / 458 | 01:13:20 / 457 | 01:34:10 / 458 |
| 461 | 275 | DZIAGACZ ROBERT | CZĘSTOCHOWA | POL | CI CO SKACZĄ I BIEGAJĄ | 74 | M2/119 | | (M)405 | 02:04:18 | 02:04:18 | 7.24 | 00:16:36 / 458 | 00:36:25 / 459 | 00:57:22 / 459 | 01:19:08 / 460 | 01:42:17 / 460 |
| 462 | 585 | ROSIŃSKA JANINA | PABIANICE | POL | AZS ŁÓDŹ | 36 | K5/4 | | (K)57 | 02:10:34 | 02:10:34 | 6.89 | 00:18:40 / 459 | 00:40:30 / 461 | 01:02:00 / 461 | 01:24:28 / 461 | 01:47:21 / 461 |

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU

XXI Strzelecki Bieg Uliczny im. E. Fert

WYNIKI ZAWODÓW

Bieg 15km

Organizator: Urząd Miejski - Referat Sportu i Rekreacji w Strzelcach Opolskich

Termin: 18 grudnia 2010 r.

Miejsce: Strzelce Opolskie

Dystans: 15km

KOBIEТЫ (WOMEN)

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age | Sex | Czas Time | Czas Netto | Check1 | [km/h] |
|--------------|--------|----------------------|-------------------|----------|---------------------------------|---------|--------------------|-------|-----------|------------|---------------|--------|
| 1 | 357 | JAROSZ ELŻBIETA | WROCLAW | POL | PAO QUEST JELCZLASKOWICE | 71 | K2/1 | (K)1 | 01:02:07 | 01:02:07 | 00:09:34 / 1 | 14.49 |
| 2 | 215 | BRYCH-PAJĄK EWA | CZĘSTOCHOWA | POL | CKS BUDOWLANI CZĘSTOCHOWA | 75 | K2/2 | (K)2 | 01:03:50 | 01:03:50 | 00:09:34 / 2 | 14.10 |
| 3 | 622 | WIŚNIEWSKA DOMINIKA | ZABRZE | POL | SKB KRAŚNIK | 86 | K1/1 | (K)3 | 01:03:53 | 01:03:53 | 00:09:41 / 4 | 14.09 |
| 4 | 578 | KUZYK AGNIESZKA | RACISZYN | POL | | 76 | K2/3 | (K)4 | 01:04:11 | 01:04:11 | 00:09:38 / 3 | 14.02 |
| 5 | 313 | MALSKA JANINA | KRAKÓW | POL | WAWEL KRAKOW | 70 | K3/1 | (K)5 | 01:04:59 | 01:04:59 | 00:09:43 / 5 | 13.85 |
| 6 | 212 | PISKOROWSKA DANUTA | WROCLAW | POL | LUKS ŻÓRAWINA | 80 | K2/4 | (K)6 | 01:05:43 | 01:05:43 | 00:09:56 / 6 | 13.70 |
| 7 | 356 | BALBUS ANNA | BYTOM | POL | MARATONYPOLSKIE.PL TEAM | 80 | K2/5 | (K)7 | 01:10:09 | 01:10:08 | 00:10:41 / 9 | 12.83 |
| 8 | 654 | KANTYKA BEATA | OŚWIĘCIM | POL | ZADYSZKA OŚWIĘCIM | 81 | K1/2 | (K)8 | 01:13:00 | 01:12:56 | 00:11:41 / 14 | 12.34 |
| 9 | 531 | PAKOSZ IRENA | KĘDZIERZYN-KOŹLE | POL | TECHNIK KOMORNO | 66 | K3/2 | (K)9 | 01:13:07 | 01:13:07 | 00:10:17 / 7 | 12.31 |
| 10 | 394 | BIELIŃSKA MONIKA | PRYZSOWICE | POL | | 83 | K1/3 | (K)10 | 01:14:06 | 01:13:58 | 00:11:28 / 13 | 12.17 |
| 11 | 469 | WROŃSKA BEATA | JASŁO | POL | | 80 | K2/6 | (K)11 | 01:14:57 | 01:14:54 | 00:11:20 / 11 | 12.02 |
| 12 | 725 | SOBCZAK JOLANTA | WROCLAW | POL | LUKS ŻÓRAWINA | 65 | K3/3 | (K)12 | 01:15:42 | 01:15:42 | 00:10:55 / 10 | 11.89 |
| 13 | 365 | NAPIERAJ DOMINIKA | ŻYTNIÓW | POL | | 91 | K1/4 | (K)13 | 01:15:48 | 01:15:46 | 00:10:40 / 8 | 11.88 |
| 14 | 368 | KOTYRBA PAULINA | WIŚNICZE | POL | | 94 | K1/5 | (K)14 | 01:16:02 | 01:15:54 | 00:11:27 / 12 | 11.86 |
| 15 | 525 | ORŁOWSKA KAŚKA | NYSA | POL | 'ATHLETICS' NYSA | 78 | K2/7 | (K)15 | 01:17:06 | 01:17:06 | 00:12:55 / 26 | 11.67 |
| 16 | 447 | ROMAN ELŻBIETA | KUDOWA ZDRÓJ | POL | ULKS' OPAL' KUDOWA ZDRÓJ | 54 | K4/1 | (K)16 | 01:17:09 | 01:17:00 | 00:12:19 / 19 | 11.69 |
| 17 | 224 | LEWICKA ELŻBIETA | KNURÓW | POL | AKB KNURÓW | 75 | K2/8 | (K)17 | 01:17:37 | 01:17:28 | 00:12:34 / 23 | 11.62 |
| 18 | 211 | MŁYNARSKA MARIOLA | PAJĘCZNO | POL | WKB META LUBLINIEC | 71 | K2/9 | (K)18 | 01:17:46 | 01:17:40 | 00:12:12 / 17 | 11.59 |
| 19 | 579 | BRYCHCY WIOLETA | GLIWICE | POL | SBD ENERGETYK RYBNIK | 71 | K2/10 | (K)19 | 01:18:36 | 01:18:33 | 00:12:00 / 16 | 11.46 |
| 20 | 687 | WĘGLER KORNELIA | RUDA ŚLĄSKA | POL | KRS TKKF' JASTRZĄB' RUDA ŚLĄSKA | 70 | K3/4 | (K)20 | 01:18:46 | 01:18:38 | 00:12:22 / 22 | 11.45 |
| 21 | 500 | SZYMCZYK BARBARA | RUDA ŚLĄSKA | POL | KRS TKKF' JASTRZĄB' RUDA ŚLĄSKA | 70 | K3/5 | (K)21 | 01:20:13 | 01:20:05 | 00:12:46 / 24 | 11.24 |
| 22 | 713 | BURY BEATA | KROSNO | POL | KKB MOSIR KROSNO | 86 | K1/6 | (K)22 | 01:20:35 | 01:20:32 | 00:11:46 / 15 | 11.18 |
| 23 | 401 | USZKO SABINA | SIEDLEC | POL | | 65 | K3/6 | (K)23 | 01:21:07 | 01:21:01 | 00:12:15 / 18 | 11.11 |
| 24 | 410 | PASTUCHA ANNA | KRAPKOWICE | POL | CROSS KRAPKOWICE | 58 | K4/2 | (K)24 | 01:22:25 | 01:22:18 | 00:12:21 / 21 | 10.94 |
| 25 | 612 | POCZKAJSKA LIDIA | NYSA | POL | NYSA BIEGA | 89 | K1/7 | (K)25 | 01:23:45 | 01:23:44 | 00:12:19 / 20 | 10.75 |
| 26 | 37 | KOZYRSKA AGNIESZKA | SOBÓTKA | POL | WKB PIAST WROCLAW | 72 | K2/11 | (K)26 | 01:23:57 | 01:23:43 | 00:13:46 / 34 | 10.75 |
| 27 | 143 | STEINERT EWELINA | KOŚMIDRY | POL | NIEZRZESZONY | 88 | K1/8 | (K)27 | 01:24:02 | 01:23:51 | 00:13:56 / 39 | 10.73 |
| 28 | 295 | SOBIERAJ EWA | GLUSZYCA | POL | | 75 | K2/12 | (K)28 | 01:24:59 | 01:24:46 | 00:13:25 / 28 | 10.62 |
| 29 | 605 | KRÓL IWONA | KATOWICE | POL | DOLINIARZE.COM | 79 | K2/13 | (K)29 | 01:25:17 | 01:25:03 | 00:12:59 / 27 | 10.58 |
| 30 | 104 | KSIĘŻNIK DOROTA | BRZEG | POL | | 67 | K3/7 | (K)30 | 01:25:31 | 01:25:21 | 00:13:55 / 37 | 10.54 |
| 31 | 513 | KOROLL LILIANA | STRZELCE OPOLSKIE | POL | | 75 | K2/14 | (K)31 | 01:25:32 | 01:25:20 | 00:13:41 / 33 | 10.55 |
| 32 | 418 | SMARZYCH MARIOLA | STRZELCE OPOLSKIE | POL | | 68 | K3/8 | (K)32 | 01:26:06 | 01:25:54 | 00:13:51 / 35 | 10.48 |
| 33 | 135 | HACZYK NATALIA | OPOLE | POL | BIEG OPOLSKI | 73 | K2/15 | (K)33 | 01:26:22 | 01:26:13 | 00:12:52 / 25 | 10.44 |
| 34 | 144 | MARKOWSKA IWONA | LUBLINIEC | POL | WKB META LUBLINIEC | 71 | K2/16 | (K)34 | 01:26:46 | 01:26:42 | 00:13:31 / 29 | 10.38 |
| 35 | 228 | GAJDA URSZULA | OZIMEK | POL | BRAK | 72 | K2/17 | (K)35 | 01:30:37 | 01:30:35 | 00:13:36 / 32 | 9.94 |
| 36 | 132 | MROWIEC TERESA | BLACHOWNIA | POL | | 63 | K3/9 | (K)36 | 01:31:30 | 01:31:27 | 00:13:52 / 36 | 9.84 |
| 37 | 174 | LEWANDOWSKA DOMINIKA | KLUCZBORK | POL | | 78 | K2/18 | (K)37 | 01:32:02 | 01:31:52 | 00:14:14 / 40 | 9.80 |
| 38 | 303 | ORIAN ANNA | ZDZIESZOWICE | POL | SZKOŁA TAŃCA 'ORIAN-SHOW' | 75 | K2/19 | (K)38 | 01:32:30 | 01:32:30 | 00:13:32 / 31 | 9.73 |
| 39 | 715 | ZIELIŃSKA MARTA | GLIWICE | POL | FACCIAMO JOGGING | 79 | K2/20 | (K)39 | 01:33:26 | 01:33:12 | 00:15:02 / 50 | 9.66 |
| 40 | 720 | SZCZEPANIAK RENATA | OLEŚNICA | POL | KB LUPUS OLESNICA | 73 | K2/21 | (K)40 | 01:33:35 | 01:33:26 | 00:14:32 / 45 | 9.63 |
| 41 | 721 | SOBCZAK RENATA | OLEŚNICA | POL | | 53 | K4/3 | (K)41 | 01:33:38 | 01:33:29 | 00:14:32 / 46 | 9.63 |
| 42 | 200 | WERNIK KATARZYNA | WODZISŁAW ŚLĄSKI | POL | FORMA WODZISŁAW ŚL | 70 | K3/10 | (K)42 | 01:34:07 | 01:33:57 | 00:14:16 / 42 | 9.58 |
| 43 | 415 | GRZECHNIK CZESŁAWA | STRZELCE OPOLSKIE | POL | | 75 | K2/22 | (K)43 | 01:34:36 | 01:34:24 | 00:14:30 / 44 | 9.53 |
| 44 | 551 | MIGOŃ-WIRSKA ANNA | STRZELCE OPOLSKIE | POL | BRAK | 81 | K1/9 | (K)44 | 01:35:00 | 01:34:57 | 00:13:55 / 38 | 9.48 |
| 45 | 693 | SŁAWEK LINDA | ZDZIESZOWICE | POL | | 92 | K1/10 | (K)45 | 01:35:45 | 01:35:36 | 00:13:31 / 30 | 9.41 |
| 46 | 285 | KRAKOWIAK BARBARA | TRZEBNICA | POL | LZS TRZEBNICA | 46 | K5/1 | (K)46 | 01:37:27 | 01:37:18 | 00:15:13 / 51 | 9.25 |
| 47 | 731 | WOJTAS BOŻENA | JEMIELNICA | POL | BUTTERFLAY | 66 | K3/11 | (K)47 | 01:38:12 | 01:38:12 | 00:14:15 / 41 | 9.16 |

KOBIETY (WOMEN)

| Miejsce Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat | Drużyna Team | R-k YoB | W kategorii in Age Sex | Czas Time | Czas Netto | Check1 | [km/h] |
|---------------------|---------------|-----------------------------|-------------------------|-----------------|-----------------------------|----------------|-------------------------------|------------------|-------------------|---------------|---------------|
| 48 | 603 | JAREMA BEATA | RUDAWA | POL | MARATONYPOLSKIE.PL TEAM | 73 | K2/23 (K)48 | 01:39:36 | 01:39:22 | 00:14:41 / 48 | 9.06 |
| 49 | 254 | MATERLA JULITA | SŁUPSKO | POL | | 83 | K1/11 (K)49 | 01:43:31 | 01:43:24 | 00:14:24 / 43 | 8.70 |
| 50 | 651 | CHYLEK JOLANTA | KĘDZIERZYN-KOŹLE | POL | SZKOŁA TAŃCA 'ORIAN-SHOW' | 61 | K3/12 (K)50 | 01:43:39 | 01:43:39 | 00:15:35 / 52 | 8.68 |
| 51 | 252 | SZYSZKA EWA | OPOLE | POL | STOWARZYSZENIE BIEG OPOLSKI | 65 | K3/13 (K)51 | 01:44:10 | 01:44:08 | 00:14:41 / 47 | 8.64 |
| 52 | 385 | SOBCZYK GABRIELA | RACIBÓRZ | POL | TRUCHTACZ RACIBÓRZ :) | 69 | K3/14 (K)52 | 01:44:29 | 01:44:26 | 00:14:47 / 49 | 8.62 |
| 53 | 515 | KARWECKA EWA | WROCLAW | POL | | 78 | K2/24 (K)53 | 01:47:35 | 01:47:35 | 00:16:06 / 54 | 8.37 |
| 54 | 272 | ŚWIĘTANOWSKA BARBARA | OPOLE | POL | BIEG OPOLSKI | 76 | K2/25 (K)54 | 01:53:45 | 01:53:45 | 00:16:04 / 53 | 7.91 |
| 55 | 501 | KASIERSKA EWA KATARZYNA | POZNAŃ | POL | DRUŻYNA SZPIKU | 48 | K5/2 (K)55 | 01:53:59 | 01:53:59 | 00:21:30 / 57 | 7.90 |
| 56 | 249 | HACZYK GABRIELA | OPOLE | POL | BIEG OPOLSKI | 48 | K5/3 (K)56 | 01:54:29 | 01:54:29 | 00:16:27 / 55 | 7.86 |
| 57 | 585 | ROSIŃSKA JANINA | PABIANICE | POL | AZS ŁÓDŹ | 36 | K5/4 (K)57 | 02:10:34 | 02:10:34 | 00:18:40 / 56 | 6.89 |