



SILESIA MARATHON 2010

WYNIKI ZAWODÓW / RESULTS LIST

OPEN MARATHON

SILESIA MARATHON

Twój bieg. Twoje zwycięstwo.

Organizator: Fundacja SILESIA PRO ACTIVE, UM Katowice

Data: 03 maja 2010

Miejsce/Spot: Katowice

Distance: 42,195km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
1	3	KAPTSEAU YURY	MOGILEV	BLR		87	M20/1		(M)1	02:35:02	02:35:01	16.33	00:18:57 / 1 [16.70]	00:36:53 / 1 [17.16]	00:55:58 / 2 [16.96]	01:14:25 / 1 [17.01]	01:33:40 / 7 [16.89]	01:53:13 / 1 [16.77]	02:14:00 / 7 [16.41]
2	4	BUT-HUSAIM ALIAKSANDR	BREST	BLR		85	M20/2		(M)2	02:36:16	02:36:15	16.20	00:18:58 / 2 [16.68]	00:37:06 / 2 [17.06]	00:56:20 / 3 [16.85]	01:15:09 / 2 [16.84]	01:35:15 / 8 [16.61]	01:55:02 / 2 [16.51]	02:16:02 / 8 [16.16]
3	29	CZYŻ GRZEGORZ	BOGUMIŁOWICE	POL	AUTOMATYKA TARNÓW	67	M40/1		(M)3	02:36:56	02:36:55	16.13	00:19:20 / 3 [16.37]	00:37:40 / 3 [16.80]	00:57:11 / 4 [16.60]	01:16:04 / 3 [16.64]	01:36:38 / 9 [16.37]	01:56:16 / 3 [16.33]	02:16:59 / 9 [16.05]
4	23	PROKOP JAROSŁAW	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA 71	M30/1			(M)4	02:42:43	02:42:42	15.56	00:20:11 / 4 [15.68]	00:39:49 / 4 [15.89]	01:00:12 / 5 [15.77]	01:20:02 / 4 [15.82]	01:41:02 / 10 [15.66]	02:01:06 / 4 [15.68]	02:22:25 / 10 [15.44]
5	19	PAWŁOWSKI PIOTR	KOBIOR	POL	40-LATEK TYCHY	73	M30/2		(M)5	02:50:04	02:50:04	14.89	00:20:16 / 5 [15.61]	00:39:54 / 5 [15.86]	01:00:32 / 7 [15.68]	01:20:49 / 5 [15.66]	01:42:10 / 11 [15.49]	02:03:20 / 5 [15.39]	02:26:23 / 11 [15.02]
6	222	ULFIK RAFAŁ	ZABRZE	POL	POLITECHNIKA ŚLĄSKA W GLIWICACH	87	M20/3		STU/1 (M)6	02:51:33	02:51:33	14.76	00:20:32 / 7 [15.41]	00:40:39 / 7 [15.57]	01:01:29 / 8 [15.44]	01:22:08 / 7 [15.41]	01:43:54 / 13 [15.23]	02:05:31 / 7 [15.13]	02:29:04 / 12 [14.75]
7	1033	BLASZCZAK ANDRZEJ	KOŚCIELISKO	POL		61	M40/2		(M)7	02:51:35	02:51:33	14.76	00:22:04 / 27 [14.34]	00:43:20 / 19 [14.60]	01:05:37 / 18 [14.47]	01:26:43 / 13 [14.60]	01:48:53 / 20 [14.53]	02:09:44 / 13 [14.63]	02:31:10 / 15 [14.55]
8	2	KAMINSKAYA VOLHA	MOGILEV	BLR		87	K20/1		(K)1	02:51:41	02:51:40	14.75	00:21:37 / 14 [14.64]	00:42:18 / 10 [14.96]	01:03:50 / 10 [14.87]	01:24:14 / 8 [15.03]	01:45:39 / 14 [14.98]	02:06:45 / 8 [14.98]	02:29:17 / 13 [14.73]
9	16	WANTULOK ANDRZEJ	STRUMIEŃ	POL	ZIEMIA CIESZYŃSKA	73	M30/3		(M)8	02:53:15	02:53:13	14.62	00:21:58 / 20 [14.41]	00:43:03 / 17 [14.70]	01:05:19 / 16 [14.53]	01:26:40 / 12 [14.60]	01:48:52 / 19 [14.53]	02:09:42 / 12 [14.64]	02:31:55 / 17 [14.47]
10	913	POLEĆ MIROSLAW	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA 68	M40/3			(M)9	02:53:41	02:53:40	14.58	00:21:24 / 12 [14.79]	00:42:44 / 15 [14.81]	01:05:05 / 14 [14.59]	01:26:43 / 14 [14.60]	01:48:52 / 18 [14.53]	02:09:42 / 11 [14.64]	02:31:40 / 16 [14.50]
11	17	LUDKIEWICZ MARIUSZ	STARY WĘGLINIEC	POL	EDI TEAM ZGORZELEC	71	M30/4		(M)10	02:54:04	02:54:03	14.55	00:21:25 / 13 [14.78]	00:42:26 / 13 [14.91]	01:04:07 / 12 [14.81]	01:25:18 / 11 [14.84]	01:47:47 / 17 [14.68]	02:09:22 / 10 [14.68]	02:32:35 / 18 [14.41]
12	30	KUREK JACEK	TYCHY	POL	40-LATEK TYCHY	72	M30/5		(M)11	02:54:38	02:54:37	14.50	00:20:16 / 6 [15.61]	00:39:54 / 6 [15.86]	01:00:32 / 6 [15.68]	01:20:49 / 6 [15.66]	01:42:54 / 12 [15.38]	02:04:52 / 6 [15.21]	02:30:19 / 14 [14.63]
13	203	SKARŻYŃSKI JANUSZ	KATOWICE	POL	DOLINIARZE.COM	62	M40/4		(M)12	02:54:58	02:54:56	14.47	00:22:30 / 38 [14.06]	00:44:10 / 34 [14.33]	01:06:18 / 22 [14.32]	01:27:34 / 17 [14.45]	01:49:30 / 21 [14.45]	02:10:52 / 15 [14.51]	02:33:32 / 20 [14.32]
14	20	TKACZYK ŁUKASZ	LUBLIN	POL	AZS KUL LUBLIN	85	M20/4		STU/2 (M)13	02:57:11	02:57:10	14.29	00:22:20 / 35 [14.17]	00:43:49 / 32 [14.44]	01:06:22 / 24 [14.30]	01:27:54 / 18 [14.40]	01:50:11 / 24 [14.36]	02:11:48 / 18 [14.41]	02:34:13 / 21 [14.26]
15	986	THEN DAWID	BIELSKO-BIAŁA	POL	NIEZRZESZONY	79	M30/6		(M)14	02:57:56	02:57:52	14.23	00:21:45 / 15 [14.55]	00:42:57 / 16 [14.74]	01:05:22 / 17 [14.52]	01:26:44 / 15 [14.59]	01:49:34 / 22 [14.44]	02:11:43 / 16 [14.41]	02:35:15 / 23 [14.16]
16	819	WYSOCKI PAWEŁ	LUBLIN	POL	AZS KUL LUBLIN	89	M20/5		STU/3 (M)15	02:58:15	02:58:14	14.20	00:22:20 / 34 [14.17]	00:43:49 / 31 [14.44]	01:06:21 / 23 [14.31]	01:27:54 / 19 [14.40]	01:50:10 / 23 [14.36]	02:11:48 / 17 [14.41]	02:35:03 / 22 [14.18]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points								
												5km	10km	15km	21km	25km	30km	35km		
17	985	JUSZCZAK TOMASZ	TARNOWSKIE GÓRY	POL	ISKRA LASOWICE	79	M30/7			(M)16	02:58:40	02:58:38	14.17	00:21:59 / 21 [14.39]	00:43:40 / 28 [14.49]	01:06:35 / 33 [14.26]	01:28:46 / 32 [14.26]	01:51:46 / 29 [14.16]	02:13:34 / 20 [14.21]	02:36:07 / 25 [14.08]
18	11	SOBCZAK HENRYK	NOWY TARG	POL	NIEZRZESZONY	83	M20/6			(M)17	02:58:43	02:58:40	14.17	00:21:46 / 16 [14.54]	00:42:36 / 14 [14.86]	01:04:06 / 11 [14.81]	01:24:45 / 10 [14.94]	01:46:34 / 15 [14.85]	02:07:59 / 9 [14.84]	02:32:40 / 19 [14.40]
19	1041	POKRZYWIŃSKI KRZYSZTOF	POLICE	POL		62	M40/5			(M)18	02:59:34	02:59:32	14.10	00:22:01 / 23 [14.37]	00:43:24 / 21 [14.58]	01:06:09 / 20 [14.35]	01:28:29 / 30 [14.31]	01:52:29 / 35 [14.07]	02:15:37 / 30 [14.00]	02:38:40 / 30 [13.86]
20	24	POLEĆ JERZY	RUDA ŚLĄSKA	POL	KRS TKKF JASTRZĄB RUDA ŚLĄSKA 61	M40/6				(M)19	02:59:38	02:59:36	14.10	00:22:46 / 45 [13.90]	00:45:17 / 48 [13.98]	01:08:35 / 49 [13.84]	01:30:40 / 44 [13.96]	01:53:18 / 39 [13.96]	02:15:20 / 28 [14.03]	02:38:06 / 28 [13.91]
21	866	BŁASZCZYK ARTUR	DĄBROWA GÓRNICZA	POL	WSB CYTADELA	79	M30/8			(M)20	02:59:56	02:59:45	14.08	00:23:13 / 53 [13.63]	00:45:21 / 49 [13.96]	01:07:11 / 35 [14.13]	01:28:21 / 23 [14.33]	01:50:29 / 25 [14.32]	02:12:19 / 19 [14.35]	02:36:16 / 26 [14.07]
22	953	SZYNAL PAWEŁ	BŁONIE	POL	LKS OLYMP BŁONIE	73	M30/9			(M)21	03:01:25	03:01:23	13.96	00:21:51 / 18 [14.48]	00:43:31 / 23 [14.54]	01:06:28 / 26 [14.28]	01:28:21 / 22 [14.33]	01:51:19 / 27 [14.21]	02:13:43 / 21 [14.20]	02:37:18 / 27 [13.98]
23	26	MUSIELAK PATRYK	LESZNO	POL	AZS UE WROCŁAW	83	M20/7		STU/4	(M)22	03:01:42	03:01:42	13.93	00:21:16 / 10 [14.88]	00:42:08 / 8 [15.02]	01:03:50 / 9 [14.87]	01:24:40 / 9 [14.95]	01:47:28 / 16 [14.72]	02:10:39 / 14 [14.53]	02:35:57 / 24 [14.10]
24	208	CZAPIGA IREK	ŚWIĘTOCHŁOWICE	POL	KWK WUJEK	66	M40/7			(M)23	03:03:08	03:03:07	13.83	00:21:59 / 22 [14.39]	00:43:38 / 27 [14.50]	01:06:28 / 28 [14.28]	01:28:26 / 25 [14.31]	01:51:51 / 30 [14.15]	02:14:31 / 24 [14.11]	02:39:57 / 32 [13.75]
25	25	STEFAŃSKI MARIAN	RUDA ŚLĄSKA	POL	"KRS TKKF JASTRZĄB" RUDA ŚLĄSKA""	65	M40/8			(M)24	03:03:12	03:03:07	13.83	00:22:46 / 44 [13.90]	00:44:49 / 40 [14.12]	01:07:12 / 37 [14.13]	01:28:54 / 33 [14.24]	01:51:54 / 33 [14.14]	02:14:23 / 23 [14.13]	02:38:09 / 29 [13.90]
26	1028	JASEK TADEUSZ	RADZIECHOWY	POL		51	M50/1			(M)25	03:03:47	03:03:44	13.78	00:21:13 / 9 [14.91]	00:42:19 / 11 [14.96]	01:04:57 / 13 [14.62]	01:27:09 / 16 [14.52]	01:50:43 / 26 [14.29]	02:14:23 / 22 [14.13]	02:39:19 / 31 [13.80]
27	204	BASTA GRZEGORZ	CHELMEK	POL	ZADYSZKA OSWIĘCIM	70	M40/9			(M)26	03:04:09	03:04:07	13.75	00:22:22 / 37 [14.15]	00:44:48 / 39 [14.13]	01:07:57 / 45 [13.97]	01:29:58 / 38 [14.07]	01:53:12 / 38 [13.98]	02:15:55 / 31 [13.97]	02:40:22 / 36 [13.71]
28	736	BORKOWSKI ALEKSANDER	SWINOUJSCIE	POL	MKL-MARATON SWINOUJSCIE	56	M50/2			(M)27	03:04:16	03:04:14	13.74	00:22:03 / 25 [14.35]	00:43:37 / 26 [14.51]	01:06:29 / 30 [14.28]	01:28:32 / 31 [14.30]	00:22:03 / 1 [71.76]	02:15:18 / 26 [14.03]	01:52:02 / 2 [19.63]
29	1073	SZOSTAK MARIUSZ	BIELSKO-BIAŁA	POL	18 BOLSZ BIELSKO-BIAŁA	73	M30/10			(M)28	03:04:16	03:04:14	13.74	00:22:03 / 24 [14.35]	00:43:37 / 25 [14.51]	01:06:28 / 27 [14.28]	01:28:22 / 24 [14.32]	01:52:01 / 34 [14.12]	02:15:19 / 27 [14.03]	02:40:18 / 35 [13.72]
30	15	TOPOLSKI MARCIN	JADOWNIKI	POL	BIEGAJZNA.MI.PL	76	M30/11			(M)29	03:04:40	03:04:38	13.71	00:21:55 / 19 [14.44]	00:43:29 / 22 [14.55]	01:06:16 / 21 [14.33]	01:28:27 / 28 [14.31]	01:51:53 / 32 [14.14]	02:14:53 / 25 [14.08]	02:40:12 / 33 [13.73]
31	947	SIKORA ADAM	KATOWICE	POL	PRO-CYCLING.ORG	86	M20/8			(M)30	03:05:34	03:05:26	13.65	00:22:46 / 46 [13.90]	00:45:00 / 45 [14.06]	01:07:56 / 43 [13.97]	01:30:18 / 42 [14.02]	01:53:18 / 40 [13.96]	02:15:22 / 29 [14.03]	02:40:15 / 34 [13.72]
32	848	STOPYRA MICHAŁ	CHORZÓW	POL		87	M20/9			(M)31	03:06:50	03:06:47	13.55	00:22:56 / 48 [13.80]	00:45:03 / 47 [14.05]	01:07:58 / 46 [13.97]	01:29:58 / 39 [14.07]	01:53:25 / 42 [13.95]	02:16:39 / 34 [13.89]	02:41:59 / 38 [13.57]
33	938	PISKOROWSKA DANUTA	WROCŁAW	POL	LUKS ŻÓRAWINA	80	K30/1			(K)2	03:06:57	03:06:56	13.54	00:22:41 / 43 [13.95]	00:45:00 / 46 [14.06]	01:07:56 / 44 [13.97]	01:30:19 / 43 [14.01]	01:54:34 / 48 [13.81]	02:18:05 / 39 [13.75]	02:42:48 / 41 [13.51]
34	892	PANCHYRZ TOMASZ	CHORZÓW	POL		84	M20/10			(M)32	03:07:27	03:07:25	13.51	00:21:47 / 17 [14.53]	00:43:20 / 18 [14.60]	01:06:24 / 25 [14.30]	01:28:27 / 26 [14.31]	01:53:02 / 36 [14.00]	02:16:10 / 32 [13.94]	02:41:13 / 37 [13.64]
35	957	DZIENISIEWICZ IRENEUSZ	ELK	POL		76	M30/12			(M)33	03:07:33	03:07:29	13.50	00:22:39 / 40 [13.97]	00:44:27 / 35 [14.24]	01:07:12 / 36 [14.13]	01:29:16 / 35 [14.18]	01:53:04 / 37 [13.99]	02:16:18 / 33 [13.93]	02:42:10 / 39 [13.56]
36	207	SZAFARCZYK JANUSZ	DOBRODZIEN	POL	WKB META LUBLINIEC	69	M40/10			(M)34	03:08:32	03:08:31	13.43	00:23:24 / 56 [13.52]	00:45:56 / 55 [13.78]	01:09:05 / 52 [13.74]	01:31:39 / 49 [13.81]	01:55:46 / 51 [13.67]	02:19:12 / 45 [13.64]	02:44:05 / 43 [13.40]
37	1049	PANEJKO -WANAT KATARZYNA	MILANÓWEK	POL	BYLEDOBIEC ANIN	84	K20/2		STU/5	(K)3	03:08:33	03:08:32	13.43	00:22:41 / 41 [13.95]	00:44:53 / 42 [14.10]	01:07:56 / 41 [13.97]	01:29:59 / 40 [14.07]	00:22:41 / 2 [69.75]	02:16:59 / 35 [13.86]	01:53:11 / 3 [19.43]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points								
												5km	10km	15km	21km					
												25km	30km	35km						
59	751	OLSZOWSKI WŁADYSŁAWA	MIĘDZYBRODZIE	POL		67	M40/20		(M)56	03:18:27	03:18:18	12.77	00:23:52 / 66 [13.26]	00:46:59 / 65 [13.47]	01:11:24 / 65 [13.30]	01:35:11 / 64 [13.30]				
												02:00:27 / 65 [13.14]	02:25:33 / 61 [13.04]	02:52:27 / 61 [12.75]						
60	1052	VLADIMIR SMIDA	SPISSKA NOVAVES	SVK	MK TATRAN SPISSKA NOVAVES	54	M50/4		(M)57	03:18:52	03:18:47	12.74	00:23:50 / 65 [13.28]	00:46:54 / 63 [13.49]	01:11:18 / 64 [13.31]	01:35:16 / 67 [13.29]				
												02:00:28 / 66 [13.13]	02:25:33 / 60 [13.04]	02:52:56 / 64 [12.71]						
61	1022	TOMA DARIUSZ	SIEMIANOWICE ŚL.	POL	KB JÓZEFINKA KATOWICE	78	M30/20		(M)58	03:18:55	03:18:48	12.73	00:23:48 / 63 [13.30]	00:46:55 / 64 [13.49]	01:11:58 / 70 [13.19]	01:35:58 / 71 [13.19]				
												02:01:44 / 71 [13.00]	02:27:12 / 70 [12.90]	02:53:39 / 68 [12.66]						
62	221	KOCELAK PIOTR	TYCHY	POL		78	M30/21		PN/3 (M)59	03:19:04	03:18:59	12.72	00:24:23 / 80 [12.98]	00:48:15 / 84 [13.12]	01:13:21 / 87 [12.94]	01:37:32 / 85 [12.98]				
												02:02:45 / 78 [12.89]	02:27:32 / 72 [12.87]	02:53:57 / 69 [12.64]						
63	213	BURDKA PIOTR	BRZEZINY	POL	STRAŻ POŻARNA BRZEZINY	76	M30/22		(M)60	03:19:54	03:19:45	12.67	00:25:00 / 95 [12.66]	00:48:18 / 85 [13.10]	01:12:41 / 79 [13.06]	01:35:57 / 70 [13.19]				
												02:01:06 / 67 [13.07]	02:25:42 / 62 [13.03]	02:52:49 / 62 [12.72]						
64	862	GOLAS PIOTR	JAWORZNO	POL		63	M40/21		(M)61	03:20:04	03:19:53	12.67	00:25:13 / 102 [12.55]	00:48:06 / 79 [13.16]	01:12:02 / 71 [13.18]	01:35:14 / 65 [13.29]				
												02:00:05 / 64 [13.18]	02:25:05 / 57 [13.09]	02:52:55 / 63 [12.72]						
65	206	GAWEL BOGDAN	OŚWIĘCIM-ZABORZE	POL	MIL.SPORTU I REKREACJI OŚWIĘCIM-ZABORZE	56	M50/5		(M)62	03:20:24	03:20:23	12.63	00:23:56 / 68 [13.22]	00:47:01 / 66 [13.46]	01:11:50 / 69 [13.22]	01:35:50 / 69 [13.21]				
												02:01:28 / 69 [13.03]	02:26:56 / 69 [12.92]	02:53:26 / 66 [12.68]						
66	1015	WONKO ADAM	TOMASZÓW	POL	"K.B. OLIMP"" TOMASZÓW MAZ.""	54	M50/6		(M)63	03:20:29	03:20:21	12.64	00:24:11 / 72 [13.09]	00:47:10 / 67 [13.42]	01:11:30 / 66 [13.28]	01:35:01 / 61 [13.32]				
												01:59:51 / 62 [13.20]	02:25:09 / 58 [13.08]	02:53:27 / 67 [12.68]						
67	239	KOKOSZA RADOSŁAW	WARSZAWA	POL	IM 2010 WARSZAWA	79	M30/23		(M)64	03:20:37	03:20:20	12.64	00:24:56 / 90 [12.69]	00:48:43 / 93 [12.99]	01:13:37 / 88 [12.90]	01:37:27 / 83 [12.99]				
												02:02:47 / 79 [12.89]	02:27:35 / 73 [12.86]	02:54:35 / 71 [12.59]						
68	44	LEWAŃSKI ROBERT	KATOWICE	POL		71	M30/24		(M)65	03:20:40	03:20:35	12.62	00:25:34 / 112 [12.38]	00:50:06 / 108 [12.63]	01:15:26 / 105 [12.58]	01:39:45 / 97 [12.69]				
												02:05:30 / 94 [12.61]	02:30:37 / 80 [12.61]	02:56:33 / 78 [12.45]						
69	225	BEDNARSKI STANISŁAW	BYTOM	POL	NIEZRZESZONY	70	M40/22		(M)66	03:21:00	03:20:58	12.60	00:21:23 / 11 [14.80]	00:42:26 / 12 [14.91]	01:05:07 / 15 [14.58]	01:28:06 / 21 [14.37]				
												01:53:47 / 45 [13.91]	02:20:18 / 47 [13.53]	02:49:46 / 57 [12.95]						
70	946	SMĘDZIK KRZYSZTOF	DĄBROWA GÓRNICZAPOL	POL	TKKF DĄBROWA GÓRNICZA	61	M40/23		(M)67	03:21:14	03:21:12	12.58	00:24:12 / 74 [13.08]	00:47:30 / 70 [13.32]	01:12:31 / 75 [13.09]	01:36:27 / 74 [13.12]				
												02:02:14 / 76 [12.94]	02:27:18 / 71 [12.89]	02:54:36 / 72 [12.59]						
71	1035	KARLIKOWSKI ANDRZEJ	RADOM	POL		56	M50/7		(M)68	03:21:29	03:21:26	12.57	00:24:48 / 89 [12.76]	00:48:23 / 87 [13.08]	01:12:58 / 83 [13.01]	01:36:45 / 78 [13.08]				
												02:01:51 / 73 [12.98]	02:28:37 / 76 [12.78]	02:56:09 / 76 [12.48]						
72	1090	MACIEJEWSKI MAREK	MYSŁOWICE	POL		61	M40/24		(M)69	03:21:54	03:21:50	12.54	00:22:12 / 32 [14.25]	00:44:46 / 38 [14.14]	01:09:04 / 51 [13.74]	01:33:02 / 52 [13.61]				
												01:59:25 / 61 [13.25]	02:26:10 / 63 [12.99]	02:54:29 / 70 [12.60]						
73	914	GÓRSKI MARIAN	RUDA ŚLĄSKA	POL	"KRS TKKF JASTRZĄB"" RUDA ŚLĄSKA""	57	M50/8		(M)70	03:21:58	03:21:52	12.54	00:23:54 / 67 [13.24]	00:46:50 / 61 [13.51]	01:10:52 / 61 [13.40]	01:34:42 / 57 [13.37]				
												02:01:31 / 70 [13.02]	02:29:39 / 77 [12.69]	02:56:17 / 77 [12.47]						
74	234	KURKIEWICZ SŁAWOMIR	KATOWICE	POL	DOLINIARZE.COM	67	M40/25		PN/4 (M)71	03:22:37	03:22:27	12.51	00:24:46 / 85 [12.78]	00:48:42 / 90 [13.00]	01:13:48 / 93 [12.86]	01:38:52 / 92 [12.80]				
												02:04:16 / 85 [12.73]	02:30:16 / 79 [12.64]	02:57:16 / 81 [12.40]						
75	645	KOWALÓWKA ADAM	ŚWIĘTOCHŁOWICE	POL	MARATHON CLUB ŚWIĘTOCHŁOWICE	81	M20/14		(M)72	03:23:38	03:23:32	12.44	00:25:26 / 110 [12.44]	00:50:15 / 111 [12.59]	01:16:31 / 113 [12.41]	01:41:25 / 111 [12.48]				
												02:07:10 / 108 [12.44]	02:32:49 / 98 [12.42]	02:59:16 / 88 [12.27]						
76	991	WOŁOZYN RYSZARD	BIELSKO-BIAŁA	POL	KLINGSPOR	66	M40/26		(M)73	03:23:45	03:23:13	12.46	00:25:17 / 103 [12.52]	00:49:17 / 96 [12.84]	01:14:27 / 95 [12.75]	01:39:21 / 95 [12.74]				
												02:05:59 / 97 [12.56]	02:31:06 / 84 [12.57]	02:58:21 / 83 [12.33]						
77	1014	PLEWNIAK JERZY	TYCHY	POL	FIAT AUTO POLAND	53	M50/9		(M)74	03:23:46	03:23:13	12.46	00:26:50 / 183 [11.79]	00:51:24 / 139 [12.31]	01:17:49 / 151 [12.20]	01:42:43 / 132 [13.32]				
												02:08:53 / 125 [12.28]	02:34:02 / 107 [12.33]	03:00:11 / 94 [12.20]						
78	228	MANOWSKI JAN	PIEKARY ŚL.	POL		64	M40/27		(M)75	03:23:50	03:23:46	12.42	00:24:38 / 84 [12.85]	00:48:14 / 83 [13.12]	01:12:38 / 76 [13.07]	01:36:20 / 73 [13.14]				
												02:02:09 / 75 [12.95]	02:28:07 / 75 [12.82]	02:56:00 / 75 [12.49]						
79	753	BUCZYŃSKI ARKADIUSZ	MIĘDZYGÓRZE	POL	MOSIR BUKOWNO	74	M30/25		(M)76	03:24:08	03:23:48	12.42	00:25:37 / 114 [12.35]	00:49:37 / 101 [12.76]	01:15:11 / 104 [12.63]	01:39:56 / 101 [12.67]				
												02:06:51 / 105 [12.47]	02:32:44 / 96 [12.43]	03:00:08 / 93 [12.21]						

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
102	875	KONDRACKI DARIUSZ	CZĘSTOCHOWA	POL		67	M40/34		(M)98	03:28:14	03:28:00	12.17	00:26:36 / 170 [11.90]	00:51:49 / 160 [12.21]	01:18:19 / 161 [12.12]	01:43:33 / 151 [12.22]	02:10:24 / 145 [12.13]	02:35:52 / 123 [12.18]	03:02:26 / 115 [12.05]
103	217	DAROWSKI DARIUSZ	TRZEBNICA	POL	TSS TRZEBNICA	72	M30/34		(M)99	03:28:24	03:28:15	12.16	00:27:19 / 212 [11.58]	00:54:04 / 228 [11.71]	01:20:39 / 216 [11.77]	01:45:56 / 197 [11.95]	02:12:33 / 173 [11.94]	02:38:31 / 150 [11.98]	03:04:24 / 121 [11.92]
104	2108	OLECHNOWICZ MARTA	SZCZECIN	POL	BRAK	85	K20/3		(K)5	03:28:33	03:28:25	12.15	00:24:11 / 71 [13.09]	00:48:06 / 78 [13.16]	01:13:14 / 85 [12.96]	01:37:56 / 87 [12.92]	02:04:35 / 88 [12.70]	02:31:23 / 88 [12.54]	03:00:12 / 95 [12.20]
105	778	DROŹDZIK PAWEŁ	NYSA	POL	NYSA BIEGA	77	M30/35		(M)100	03:29:05	03:28:41	12.13	00:27:28 / 224 [11.52]	00:52:21 / 183 [12.09]	01:18:17 / 158 [12.13]	01:42:35 / 131 [12.34]	02:08:15 / 116 [12.34]	02:33:24 / 104 [12.38]	03:01:23 / 104 [12.12]
106	846	PŁONKA PIOTR	JAWORZNO	POL	KB MCKIS JAWORZNO	64	M40/35		(M)101	03:29:09	03:28:56	12.12	00:26:23 / 159 [11.99]	00:51:24 / 141 [12.31]	01:17:14 / 131 [12.29]	01:42:06 / 124 [12.40]	02:08:39 / 121 [12.30]	02:34:15 / 110 [12.31]	03:01:48 / 109 [12.09]
107	976	CZAJKOWSKI DAREK	GLIWICE	POL		69	M40/36		(M)102	03:29:10	03:28:55	12.12	00:27:01 / 192 [11.71]	00:52:33 / 187 [12.04]	01:19:03 / 174 [12.01]	01:44:04 / 160 [12.16]	02:09:47 / 135 [12.19]	02:34:42 / 119 [12.27]	03:01:01 / 102 [12.15]
108	796	JANUSZ BARTLOMIEJ	KATOWICE	POL	GAST OPROGRAMOWANIE DLA AUDYTU	75	M30/36		(M)103	03:29:17	03:29:11	12.10	00:24:59 / 94 [12.67]	00:49:18 / 99 [12.84]	01:15:00 / 99 [12.66]	01:39:58 / 102 [12.66]	02:06:21 / 102 [12.52]	02:32:33 / 93 [12.45]	03:01:32 / 107 [12.11]
109	981	ŁUBIAN MICHAŁ	GARWOLIN	POL	BLOCKERS-GARWOLIN	75	M30/37		(M)104	03:29:22	03:29:18	12.10	00:24:58 / 92 [12.67]	00:49:43 / 104 [12.73]	01:15:37 / 109 [12.55]	01:40:39 / 107 [12.58]	02:07:00 / 107 [12.46]	02:32:50 / 99 [12.42]	03:01:28 / 105 [12.12]
110	220	BIJAS PIOTR	SWARZĘDZ	POL	KB MANIAC POZNAŃ	75	M30/38		(M)105	03:29:32	03:29:22	12.09	00:25:48 / 118 [12.27]	00:51:05 / 123 [12.39]	01:16:56 / 119 [12.34]	01:41:57 / 116 [12.42]	02:07:51 / 111 [12.38]	02:32:53 / 100 [12.42]	03:01:55 / 112 [12.09]
111	1087	RZESZÓTKO LESZEK	BIELSKO-BIAŁA	POL	LUKS GRONICZEK	63	M40/37		(M)106	03:29:41	03:29:09	12.10	00:25:17 / 104 [12.52]	00:49:17 / 97 [12.84]	01:14:29 / 96 [12.75]	01:39:21 / 96 [12.74]	02:06:07 / 101 [12.55]	02:32:41 / 95 [12.44]	03:02:16 / 114 [12.06]
112	223	TORŁOP PRZEMYSŁAW	GDAŃSK	POL	GRUPA TRÓJMIASTO	66	M40/38		(M)107	03:30:02	03:29:48	12.07	00:26:19 / 146 [12.02]	00:51:28 / 148 [12.30]	01:17:47 / 145 [12.20]	01:43:16 / 143 [12.26]	02:10:08 / 139 [12.16]	02:36:13 / 126 [12.15]	03:03:26 / 116 [11.99]
113	230	GÓRNY MAREK	ŚWIĘCIECHOWA	POL	DRUŻYNA SZPIKU	55	M50/12		(M)108	03:30:11	03:29:49	12.07	00:27:15 / 204 [11.61]	00:52:34 / 188 [12.04]	01:18:32 / 164 [12.09]	01:43:42 / 156 [12.21]	02:10:29 / 147 [12.13]	02:36:35 / 130 [12.13]	03:04:01 / 119 [11.95]
114	810	KRÓL ANDRZEJ	TARNOWSKIE GÓRY	POL		78	M30/39		(M)109	03:30:29	03:30:29	12.03	00:27:28 / 222 [11.52]	00:52:21 / 182 [12.09]	01:18:17 / 157 [12.13]	01:42:35 / 130 [12.34]	02:08:15 / 114 [12.34]	02:33:26 / 105 [12.37]	03:01:23 / 103 [12.12]
115	911	SZESZKO MAREK	BYTOM	POL	"KRS TKKF JASTRZĄB" RUDA ŚLĄSKA"	64	M40/39		(M)110	03:30:54	03:30:33	12.02	00:25:57 / 125 [12.19]	00:51:06 / 126 [12.39]	01:16:57 / 121 [12.34]	01:41:49 / 113 [12.43]	01:32:41 / 6 [17.07]	02:34:23 / 114 [12.30]	02:08:37 / 6 [17.10]
116	629	SKIBA WŁODZIMIERZ	POZNAŃ	POL	AZS POZNAŃ	64	M40/40		(M)111	03:31:08	03:30:59	12.00	00:26:35 / 169 [11.90]	00:52:17 / 180 [12.10]	01:19:16 / 182 [11.98]	01:44:51 / 172 [12.07]	02:12:11 / 166 [11.97]	02:39:05 / 157 [11.93]	03:06:15 / 133 [11.81]
117	1063	ROMAŃSKI ŁUKASZ	BIELSKO BIAŁA	POL		87	M20/19		(M)112	03:31:15	03:30:57	12.00	00:26:59 / 191 [11.73]	00:52:11 / 176 [12.13]	01:18:18 / 159 [12.12]	01:43:04 / 140 [12.28]	02:08:57 / 126 [12.27]	02:34:15 / 111 [12.31]	03:02:14 / 113 [12.07]
118	1061	OLBRYŚ STANISŁAW ADAM		POL	KB PINAR LEGIONOWO	67	M40/41		(M)113	03:31:25	03:31:21	11.98	00:26:44 / 174 [11.84]	00:53:07 / 210 [11.91]	01:20:20 / 207 [11.82]	01:46:08 / 202 [11.93]	02:12:45 / 175 [11.92]	02:38:07 / 144 [12.01]	03:05:06 / 126 [11.88]
119	904	OLESZEK BARTOSZ	WARSZAWA	POL		74	M30/40		(M)114	03:31:44	03:30:56	12.00	00:27:25 / 220 [11.54]	00:53:07 / 211 [11.91]	01:20:21 / 209 [11.81]	01:46:09 / 203 [11.92]	02:12:46 / 176 [11.92]	02:38:07 / 145 [12.01]	03:05:07 / 127 [11.88]
120	643	KUBISZ TOMASZ	LUBLINIEC	POL	WKB META LUBLINIEC	76	M30/41		(M)115	03:32:06	03:32:04	11.94	00:23:42 / 62 [13.35]	00:47:37 / 74 [13.29]	01:12:28 / 74 [13.10]	01:36:37 / 76 [13.10]	02:03:52 / 83 [12.77]	02:32:01 / 91 [12.49]	03:01:31 / 106 [12.11]
121	631	ZIELONKA WIESŁAW	KATOWICE	POL	HUHTAMAKI-POLSKA	60	M50/13		(M)116	03:32:28	03:32:18	11.93	00:24:46 / 86 [12.78]	00:48:43 / 92 [12.99]	01:13:57 / 94 [12.84]	01:38:49 / 91 [12.81]	02:05:57 / 96 [12.56]	02:34:04 / 108 [12.32]	03:04:52 / 125 [11.89]
122	832	WILK ROBERT	KRAKÓW	POL	KKB DYSTANS KRAKÓW	71	M30/42		(M)117	03:32:43	03:32:16	11.93	00:27:59 / 246 [11.31]	00:53:41 / 226 [11.79]	01:20:07 / 205 [11.85]	01:45:41 / 190 [11.98]	02:12:22 / 171 [11.95]	02:38:22 / 147 [11.99]	03:06:25 / 135 [11.79]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
123	868	MISZTAŁ GRZEGORZ	WROCLAW	POL	JW 2644 WROCLAW	71	M30/43		(M)118	03:32:54	03:32:42	11.90	00:26:21 / 152 [12.01]	00:51:29 / 151 [12.29]	01:17:45 / 143 [12.21]	01:43:06 / 142 [12.28]	02:10:06 / 138 [12.16]	02:36:39 / 131 [12.12]	03:05:08 / 128 [11.88]
124	1020	ZIMNY RAFAŁ	WRONKI	POL	NIEZRZESZONY	69	M40/42		(M)119	03:33:06	03:32:55	11.89	00:25:52 / 122 [12.23]	00:51:06 / 129 [12.39]	01:17:02 / 127 [12.32]	01:42:00 / 119 [12.41]	02:08:44 / 123 [12.29]	02:35:28 / 122 [12.21]	03:04:44 / 123 [11.90]
125	918	ELMINOWSKI WOJCIECH	ELBLĄG	POL	ELBLĄG	62	M40/43		(M)120	03:33:08	03:33:05	11.88	00:25:24 / 108 [12.46]	00:50:40 / 116 [12.49]	01:17:13 / 130 [12.29]	01:43:05 / 141 [12.28]	02:10:12 / 140 [12.15]	02:36:51 / 134 [12.10]	03:05:12 / 132 [11.87]
126	847	SZWEDA PIOTR	BYTOM	POL		68	M40/44		(M)121	03:33:34	03:33:19	11.87	00:26:14 / 139 [12.06]	00:52:03 / 169 [12.16]	01:17:44 / 140 [12.21]	01:43:34 / 153 [12.22]	02:10:23 / 144 [12.13]	02:36:15 / 127 [12.15]	03:05:08 / 129 [11.88]
127	933	WALTER MARCIN	WIESZOWA	POL		75	M30/44		(M)122	03:33:42	03:33:22	11.87	00:27:58 / 245 [11.31]	00:53:32 / 221 [11.82]	01:19:39 / 192 [11.92]	01:44:43 / 169 [12.09]	02:11:14 / 153 [12.06]	02:37:01 / 137 [12.09]	03:05:08 / 130 [11.88]
128	961	GRZEGOREK JERZY	TRZEBNICA	POL	TSS TRZEBNICA	59	M50/14		(M)123	03:34:01	03:33:49	11.84	00:26:01 / 132 [12.16]	00:51:25 / 142 [12.31]	01:17:36 / 135 [12.23]	01:42:50 / 134 [12.31]	02:09:49 / 137 [12.19]	02:36:42 / 132 [12.12]	03:04:50 / 124 [11.90]
129	836	BYTNIOWSKI DARIUSZ	KATOWICE	POL		77	M30/45		(M)124	03:34:04	03:33:56	11.83	00:26:22 / 156 [12.00]	00:51:56 / 165 [12.19]	01:19:06 / 177 [12.00]	01:45:06 / 178 [12.04]	02:12:21 / 168 [11.95]	02:39:05 / 156 [11.93]	03:07:06 / 138 [11.75]
130	723	CISEK MIROSLAW TOMASZ	PIASECZNO	POL	KB GALERIA WARSZAWA	72	M30/46		(M)125	03:34:07	03:33:57	11.83	00:26:23 / 158 [11.99]	00:51:33 / 154 [12.28]	01:17:53 / 152 [12.19]	01:43:28 / 150 [12.23]	02:10:46 / 150 [12.10]	02:38:09 / 146 [12.01]	03:07:07 / 140 [11.75]
131	924	NIWIŃSKA ALEKSANDRA	CHOJNÓW	POL		86	K20/4	STU/8 (K)6		03:34:20	03:34:12	11.82	00:26:46 / 178 [11.82]	00:52:50 / 200 [11.98]	01:20:20 / 208 [11.82]	01:45:56 / 199 [11.95]	02:12:54 / 180 [11.91]	02:38:46 / 152 [11.96]	03:06:56 / 136 [11.76]
132	890	JUREK ZBIGNIEW	ZWOLEŃ	POL	MIASTO ZWOLEŃ	60	M50/15		(M)126	03:34:29	03:34:23	11.81	00:25:23 / 107 [12.47]	00:50:25 / 113 [12.55]	01:16:55 / 118 [12.34]	01:41:58 / 117 [12.41]	02:08:28 / 119 [12.32]	02:34:36 / 116 [12.28]	03:03:45 / 117 [11.97]
133	936	ONUSZCZAK BOGDAN	LUBIN	POL		81	M20/20		(M)127	03:34:33	03:33:43	11.85	00:28:31 / 271 [11.10]	00:53:34 / 222 [11.81]	01:19:33 / 189 [11.93]	01:44:22 / 161 [12.13]	02:11:09 / 152 [12.06]	02:36:57 / 136 [12.10]	03:04:39 / 122 [11.91]
134	945	MACHLOWSKI RYSZARD	KRAKOW	POL	KKB DYSTANS KRAKÓW	63	M40/45		(M)128	03:34:34	03:34:29	11.80	00:25:57 / 124 [12.19]	00:50:55 / 121 [12.43]	01:17:20 / 133 [12.28]	01:42:27 / 129 [12.35]	02:10:16 / 141 [12.15]	02:38:06 / 143 [12.01]	03:06:23 / 134 [11.80]
135	797	ROGACZ PIOTR	SOSNOWIEC	POL		81	M20/21		(M)129	03:35:08	03:34:52	11.78	00:26:19 / 147 [12.02]	00:51:19 / 135 [12.33]	01:17:24 / 134 [12.27]	01:42:04 / 122 [12.40]	02:08:36 / 120 [12.30]	02:35:17 / 121 [12.23]	03:04:18 / 120 [11.93]
136	837	CIASNOCHA RAFAŁ	KATOWICE	POL		77	M30/47		(M)130	03:35:15	03:35:07	11.77	00:26:22 / 157 [12.00]	00:51:56 / 164 [12.19]	01:19:06 / 176 [12.00]	01:45:06 / 179 [12.04]	02:12:21 / 170 [11.95]	02:39:04 / 155 [11.94]	03:07:07 / 139 [11.75]
137	216	PIĄTEK BOGDAN	ZIELONKA	POL	LECHICI ZIELONKA	53	M50/16		(M)131	03:35:43	03:35:19	11.76	00:27:34 / 231 [11.48]	00:53:09 / 213 [11.91]	01:20:24 / 214 [11.81]	01:45:56 / 198 [11.95]	02:12:21 / 169 [11.95]	02:38:28 / 149 [11.98]	03:07:16 / 143 [11.74]
138	727	ULFIK JERZY	ZABRZE	POL	NIEZRZESZONY	59	M50/17		(M)132	03:36:04	03:35:59	11.72	00:23:01 / 49 [13.75]	00:46:06 / 58 [13.73]	01:10:38 / 59 [13.44]	01:35:03 / 63 [13.32]	02:02:05 / 74 [12.96]	02:30:15 / 78 [12.64]	03:01:41 / 108 [12.10]
139	781	STĘPIEŃ JERZY	CHORZÓW	POL	NIEZRZESZONY	70	M40/46		(M)133	03:36:10	03:35:58	11.72	00:28:10 / 252 [11.23]	00:54:28 / 235 [11.62]	01:20:58 / 221 [11.72]	01:46:13 / 205 [11.92]	02:12:40 / 174 [11.93]	02:39:24 / 161 [11.91]	03:07:59 / 145 [11.70]
140	851	BALCERZAK BOGDAN	BYTOM	POL		65	M40/47		(M)134	03:36:22	03:36:06	11.72	00:26:46 / 179 [11.82]	00:52:03 / 170 [12.16]	01:18:01 / 155 [12.17]	01:43:34 / 154 [12.22]	02:10:21 / 143 [12.14]	02:36:12 / 124 [12.16]	03:05:09 / 131 [11.88]
141	229	LIPIŃSKI KRZYSZTOF	KOZIEGŁOWY	POL	KB MANIAC POZNAŃ	62	M40/48		(M)135	03:36:40	03:36:29	11.69	00:25:48 / 119 [12.27]	00:51:05 / 124 [12.39]	01:16:57 / 120 [12.34]	01:42:00 / 118 [12.41]	02:09:37 / 131 [12.21]	02:37:44 / 140 [12.04]	03:08:18 / 147 [11.68]
142	215	SPLAWSKI JAKUB	SIEMIANOWICE	POL	SLIMAK BYTKOW	77	M30/48		(M)136	03:37:33	03:37:22	11.65	00:28:54 / 285 [10.95]	00:56:50 / 301 [11.14]	01:25:58 / 301 [11.04]	01:50:56 / 253 [11.41]	02:16:32 / 217 [11.59]	02:41:22 / 182 [11.77]	03:09:25 / 154 [11.61]
143	638	MIELNICZUK FRANCISZEK	TYCHY	POL	40-LATEK TYCHY	55	M50/18		(M)137	03:37:34	03:37:16	11.65	00:26:34 / 168 [11.91]	00:52:11 / 175 [12.13]	01:19:15 / 181 [11.98]	01:45:35 / 188 [11.99]	02:13:50 / 193 [11.82]	02:41:17 / 181 [11.77]	03:09:59 / 156 [11.57]
144	1000	DĄBROWA KAMIL	WARSZAWA	POL	GAZETA WYBORCZA-POLSKA BIEGA73	M30/49			(M)138	03:37:48	03:37:38	11.63	00:25:10 / 99 [12.57]	00:49:47 / 106 [12.71]	01:15:33 / 107 [12.57]	01:40:21 / 105 [12.61]	02:07:31 / 109 [12.41]	02:36:16 / 128 [12.15]	03:07:11 / 141 [11.75]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
145	209	SMOLEŃ BOGUSŁAW	OLSZTYN	POL	NIEZRZESZONY	68	M40/49		(M)139	03:38:13	03:38:07	11.61	00:24:23 / 79 [12.98]	00:48:06 / 80 [13.16]	01:12:51 / 81 [13.03]	01:37:22 / 82 [13.00]	02:04:19 / 86 [12.73]	02:36:50 / 133 [12.11]	03:10:27 / 161 [11.55]
146	688	PAJĄK ANDRZEJ	MIKOŁÓW	POL		62	M40/50		(M)140	03:38:21	03:37:56	11.62	00:27:32 / 228 [11.49]	00:52:34 / 190 [12.04]	01:19:07 / 179 [12.00]	01:44:25 / 164 [12.12]	02:12:03 / 163 [11.98]	02:39:24 / 159 [11.91]	03:10:18 / 158 [11.55]
147	716	KRUEGER PAWEŁ	ZABRZE	POL		81	M20/22		(M)141	03:38:22	03:38:13	11.60	00:24:09 / 70 [13.10]	00:47:35 / 73 [13.30]	01:12:28 / 73 [13.10]	01:36:54 / 80 [13.06]	02:05:14 / 92 [12.63]	02:34:32 / 115 [12.29]	03:07:47 / 144 [11.71]
148	835	SZYMCZYNA ZDZIŚLAW	KRAKÓW	POL	KKB DYSTANS KRAKÓW	58	M50/19		(M)142	03:38:37	03:38:28	11.59	00:27:27 / 221 [11.53]	00:53:36 / 225 [11.81]	01:21:08 / 225 [11.70]	01:48:09 / 218 [11.70]	02:15:58 / 211 [11.64]	02:42:41 / 190 [11.67]	03:11:09 / 170 [11.50]
149	1047	NAJDER MAREK	KATOWICE	POL	STO KATOWICE	80	M30/50		(M)143	03:38:39	03:38:10	11.60	00:26:21 / 151 [12.01]	00:51:47 / 158 [12.22]	01:18:32 / 165 [12.09]	01:44:31 / 167 [12.11]	02:12:09 / 165 [11.97]	02:40:19 / 172 [11.84]	03:10:16 / 157 [11.56]
150	701	ROCZKOWSKI ARTUR	RYBNIK	POL	NIEZRZESZONY	65	M40/51		(M)144	03:38:56	03:38:53	11.57	00:22:49 / 47 [13.87]	00:44:53 / 41 [14.10]	01:08:53 / 50 [13.78]	01:34:53 / 59 [13.34]	02:03:58 / 84 [12.76]	02:33:21 / 103 [12.38]	03:08:59 / 151 [11.63]
151	826	PLUSKOTA HENRYK	PRASZKA	POL	TEDRIVE PRASZKA	58	M50/20		(M)145	03:39:00	03:38:47	11.57	00:27:18 / 210 [11.59]	00:52:44 / 196 [12.00]	01:19:38 / 191 [11.92]	01:45:31 / 186 [12.00]	02:13:07 / 186 [11.89]	02:40:49 / 177 [11.81]	03:10:29 / 162 [11.54]
152	2109	PAWTEL AGATA	RYBNIK	POL	NIEZRZESZONA	81	K20/5	STU/9 (K)7		03:39:06	03:38:34	11.58	00:28:40 / 283 [11.04]	00:54:29 / 236 [11.62]	01:21:13 / 228 [11.69]	01:46:42 / 209 [11.86]	02:14:14 / 201 [11.79]	02:41:28 / 183 [11.76]	03:10:40 / 164 [11.53]
153	22	JOUSSON ARNAUD	WARSZAWA	FRA		67	M40/52		(M)146	03:39:08	03:38:54	11.57	00:26:45 / 176 [11.83]	00:52:17 / 178 [12.10]	01:19:21 / 184 [11.96]	01:45:52 / 195 [11.96]	02:13:05 / 185 [11.89]	02:40:24 / 173 [11.84]	03:10:44 / 165 [11.53]
154	770	PUCHAŁA WITOLD	KATOWICE	POL		65	M40/53		(M)147	03:39:16	03:38:59	11.56	00:26:13 / 137 [12.07]	00:51:44 / 157 [12.23]	01:18:49 / 168 [12.04]	01:44:53 / 173 [12.07]	02:13:02 / 182 [11.89]	02:41:00 / 179 [11.79]	03:10:47 / 168 [11.52]
155	1066	WARCHOŁ KRZYSZTOF	PRZEWORSK	POL		69	M40/54	PN/5 (M)148		03:39:18	03:38:50	11.57	00:26:58 / 190 [11.73]	00:52:39 / 194 [12.02]	01:19:55 / 201 [11.88]	01:45:49 / 192 [11.96]	02:13:19 / 188 [11.87]	02:39:49 / 164 [11.88]	03:09:23 / 153 [11.61]
156	907	SZPITER TOMASZ	ZŁOTORYJA	POL	OLAWS ZŁOTORYJA	69	M40/55		(M)149	03:39:20	03:39:06	11.55	00:26:17 / 143 [12.04]	00:51:15 / 133 [12.35]	01:17:01 / 125 [12.33]	01:42:23 / 128 [12.36]	02:11:09 / 151 [12.06]	02:39:54 / 165 [11.87]	03:10:45 / 166 [11.53]
157	717	MARENIN ADAM	OPOLE	POL	STOWARZYSZENIE BIEG OPOLSKI	72	M30/51		(M)150	03:39:21	03:38:56	11.56	00:24:27 / 82 [12.94]	00:47:45 / 75 [13.25]	01:12:25 / 72 [13.11]	01:36:28 / 75 [13.12]	02:05:20 / 93 [12.62]	02:32:31 / 92 [12.45]	03:07:13 / 142 [11.74]
158	1013	DESKA AGNIESZKA	PRZYRÓW	POL	AKADEMIA IM.J. DŁUGOSZA CZESTOCHOWA	86	K20/6	STU/10 (K)8		03:39:33	03:38:54	11.57	00:29:48 / 349 [10.62]	00:57:00 / 313 [11.10]	01:25:59 / 302 [11.04]	01:53:06 / 288 [11.19]	02:20:23 / 242 [11.27]	02:47:02 / 219 [11.37]	03:14:14 / 189 [11.32]
159	987	KOBIERSKA AGNIESZKA	GLIWICE	POL		80	K30/3		(K)9	03:39:38	03:39:24	11.54	00:27:19 / 211 [11.58]	00:53:36 / 223 [11.81]	01:21:09 / 226 [11.70]	01:47:48 / 216 [11.74]	02:15:43 / 208 [11.66]	02:42:17 / 187 [11.70]	03:11:43 / 176 [11.47]
160	38	LIPOK LUCJAN	ZABRZE	POL		70	M40/56		(M)151	03:39:41	03:39:18	11.54	00:25:59 / 127 [12.18]	00:49:43 / 105 [12.73]	01:14:55 / 98 [12.67]	01:40:01 / 103 [12.66]	02:07:57 / 112 [12.37]	02:37:52 / 141 [12.03]	03:09:01 / 152 [11.63]
161	45	PIEPER RICHARD	BERLIN	GER	RUDOW	63	M40/57		(M)152	03:39:43	03:38:53	11.57	00:26:54 / 185 [11.76]	00:52:06 / 172 [12.15]	01:19:37 / 190 [11.92]	01:45:35 / 189 [11.99]	02:13:30 / 189 [11.85]	02:41:16 / 180 [11.77]	03:11:10 / 171 [11.50]
162	720	LORANC PRZEMYSŁAW	PIASECZNO	POL	ACCRCO ALL BLUES	87	M20/23		(M)153	03:39:53	03:39:38	11.53	00:28:09 / 250 [11.24]	00:54:53 / 249 [11.53]	01:22:39 / 239 [11.49]	01:49:05 / 228 [11.60]	02:16:53 / 218 [11.56]	02:43:32 / 198 [11.61]	03:12:23 / 179 [11.43]
163	654	SZATON MARIAN	PIEKARY ŚLĄSKIE	POL		60	M50/21		(M)154	03:40:03	03:39:56	11.51	00:26:29 / 163 [11.95]	00:52:17 / 179 [12.10]	01:20:03 / 203 [11.86]	01:47:41 / 214 [11.75]	02:15:59 / 212 [11.64]	02:42:58 / 193 [11.65]	03:12:08 / 178 [11.44]
164	967	NOWAK PIOTR	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	71	M30/52		(M)155	03:40:06	03:39:48	11.52	00:25:58 / 126 [12.19]	00:51:06 / 125 [12.39]	01:17:43 / 139 [12.22]	01:43:38 / 155 [12.21]	02:11:40 / 159 [12.02]	02:40:14 / 170 [11.85]	03:10:24 / 160 [11.55]
165	895	GAJDA JAKUB	BIELSKO-BIAŁA	POL	ORIENT EKSPERT	81	M20/24	PN/6 (M)156		03:40:12	03:39:57	11.51	00:26:19 / 148 [12.02]	00:51:26 / 143 [12.30]	01:17:37 / 136 [12.23]	01:42:54 / 138 [12.30]	02:09:49 / 136 [12.19]	02:36:13 / 125 [12.15]	03:07:04 / 137 [11.75]
166	799	BADURA ADAM	LESZCZYNY	POL		78	M30/53		(M)157	03:40:21	03:40:06	11.50	00:26:30 / 164 [11.94]	00:51:49 / 159 [12.21]	01:18:19 / 160 [12.12]	01:43:33 / 152 [12.22]	02:10:25 / 146 [12.13]	02:36:51 / 135 [12.10]	03:08:12 / 146 [11.68]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	5km	Check points			15km	21km
													10km	30km	35km		
167	749	JAKSIK DAMIAN	RUDA ŚLĄSKA	POL	BRAK KLUBU	86	M20/25		(M)	158	03:40:27	03:40:14	11.50	00:26:00 / 129 [12.17] 02:08:40 / 122 [12.30]	00:51:06 / 130 [12.39] 02:36:21 / 129 [12.14]	01:16:59 / 122 [12.33] 03:08:24 / 148 [11.67]	01:41:57 / 115 [12.42]
168	226	FABIŚ ARKADIUSZ	STĘSZEW	POL	MARATONYPOLSKIEPL.TEAM	72	M30/54		(M)	159	03:40:30	03:39:55	11.51	00:29:33 / 317 [10.71] 02:18:24 / 226 [11.43]	00:56:09 / 279 [11.27] 02:44:51 / 207 [11.52]	01:23:52 / 263 [11.32] 03:12:38 / 180 [11.41]	01:50:39 / 246 [11.44]
169	988	JUREK BOGDAN	MOSINA	POL	DRUZYNASZPIKU	65	M40/58		(M)	160	03:40:30	03:39:54	11.51	00:29:33 / 316 [10.71] 02:18:25 / 227 [11.43]	00:56:10 / 280 [11.27] 02:44:51 / 208 [11.52]	01:23:52 / 262 [11.32] 03:12:39 / 181 [11.41]	01:50:39 / 247 [11.44]
170	870	LITWA SZYMON	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	73	M30/55		(M)	161	03:40:58	03:40:43	11.47	00:26:54 / 186 [11.76] 02:12:03 / 162 [11.98]	00:52:28 / 184 [12.06] 02:39:24 / 160 [11.91]	01:18:58 / 170 [12.02] 03:10:21 / 159 [11.55]	01:44:24 / 163 [12.12]
171	783	SKOWROŃSKI MARIUSZ	RYBNIK	POL		65	M40/59		(M)	162	03:40:58	03:40:32	11.48	00:26:55 / 187 [11.76] 02:12:23 / 172 [11.95]	00:53:16 / 214 [11.88] 02:38:49 / 153 [11.95]	01:19:45 / 195 [11.90] 03:08:41 / 149 [11.65]	01:45:28 / 184 [12.00]
172	1037	HUTNICZAK MARIUSZ	DĄBROWA GÓRNICZAPOL	POL	SOLIDARNOŚĆ HUTA KATOWICE	65	M40/60		(M)	163	03:41:03	03:40:56	11.46	00:25:59 / 128 [12.18] 02:11:32 / 157 [12.03]	00:51:07 / 131 [12.38] 02:40:02 / 167 [11.86]	01:17:14 / 132 [12.29] 03:11:24 / 173 [11.49]	01:43:16 / 146 [12.26]
173	738	NIZIOL MARIAN	PIASECZNO	POL		57	M50/22		(M)	164	03:41:24	03:41:03	11.45	00:27:39 / 235 [11.44] 02:17:30 / 220 [11.51]	00:54:38 / 243 [11.58] 02:45:14 / 211 [11.49]	01:22:43 / 243 [11.48] 03:14:10 / 188 [11.32]	01:49:05 / 229 [11.60]
174	921	SIWEK DAWID	KATOWICE	POL	-)	83	M20/26		(M)	165	03:41:47	03:41:16	11.44	00:27:06 / 194 [11.68] 02:09:12 / 130 [12.25]	00:51:55 / 163 [12.19] 02:38:25 / 148 [11.99]	01:17:40 / 138 [12.22] 03:09:50 / 155 [11.58]	01:42:15 / 126 [12.38]
175	232	KRAWCZYK PIOTR	WARSZAWA	POL	STOWARZYSZENIE TERAPEUTÓW	67	M40/61		(M)	166	03:42:12	03:41:59	11.40	00:26:01 / 131 [12.16] 02:14:20 / 202 [11.78]	00:51:27 / 144 [12.30] 02:43:23 / 195 [11.62]	01:18:01 / 154 [12.17] 03:13:43 / 187 [11.35]	01:44:27 / 165 [12.12]
176	850	BRZEZIŃSKI DAMIAN	WYSOKA	POL	LKS WYSOKA	86	M20/27		(M)	167	03:42:14	03:41:54	11.41	00:27:40 / 236 [11.44] 02:12:04 / 164 [11.98]	00:53:04 / 209 [11.93] 02:39:32 / 162 [11.90]	01:19:06 / 178 [12.00] 03:10:47 / 167 [11.52]	01:44:36 / 168 [12.10]
177	867	STĘPŃIAK JANUSZ	KATOWICE	POL	AMATOR KATOWICE	68	M40/62		(M)	168	03:42:15	03:42:13	11.39	00:27:11 / 200 [11.64] 02:13:57 / 194 [11.81]	00:52:52 / 201 [11.97] 02:42:34 / 189 [11.68]	01:19:41 / 193 [11.91] 03:12:57 / 183 [11.40]	01:45:17 / 182 [12.02]
178	1003	CZUPRYNA KRZYSZTOF	KATOWICE	POL	ŚLIMAK BYTKÓW	70	M40/63		PN/7 (M)	169	03:42:15	03:42:15	11.39	00:23:37 / 61 [13.40] 02:08:15 / 115 [12.34]	00:46:38 / 60 [13.57] 02:33:27 / 106 [12.37]	01:11:18 / 63 [13.31] 03:12:57 / 184 [11.40]	01:35:42 / 68 [13.23]
179	929	STAWARZ TADEUSZ	ŻYWIEC	POL		53	M50/23		(M)	170	03:42:17	03:42:10	11.40	00:26:53 / 184 [11.77] 01:19:07 / 3 [20.00]	00:52:42 / 195 [12.01] 02:41:40 / 185 [11.74]	00:31:19 / 1 [30.31] 01:37:29 / 1 [22.56]	01:45:27 / 183 [12.00]
180	1055	MAZANIK ROBERT	WODZISŁAW ŚL.	POL	FORMA WODZISŁAW ŚL.	75	M30/56		(M)	171	03:42:22	03:42:14	11.39	00:22:08 / 29 [14.30] 02:04:46 / 90 [12.68]	00:44:55 / 43 [14.09] 02:35:00 / 120 [12.25]	01:09:52 / 56 [13.59] 03:08:54 / 150 [11.64]	01:34:58 / 60 [13.33]
181	949	JĘDRZEJCZYK PIOTR	PIASECZNO	POL		73	M30/57		(M)	172	03:42:34	03:42:07	11.40	00:29:08 / 298 [10.86] 02:19:03 / 231 [11.38]	00:56:08 / 276 [11.27] 02:46:00 / 215 [11.44]	01:24:10 / 265 [11.28] 03:14:31 / 190 [11.30]	01:50:48 / 248 [11.42]
182	928	DOWNAR KATARZYNA	PABIANICE	POL	BIEG NAD JEZIORSKIEM.PL	89	K20/7		STU/11 (K)	10	03:42:49	03:42:26	11.38	00:27:17 / 208 [11.60] 02:11:30 / 156 [12.03]	00:52:34 / 189 [12.04] 02:39:01 / 154 [11.94]	01:19:08 / 180 [12.00] 03:11:01 / 169 [11.51]	01:44:24 / 162 [12.12]
183	788	FIOŁEK STANISŁAW	SĄCZÓW	POL		57	M50/24		(M)	173	03:42:51	03:42:39	11.37	00:26:21 / 153 [12.01] 02:11:18 / 154 [12.05]	00:50:43 / 117 [12.48] 02:40:16 / 171 [11.85]	01:17:06 / 129 [12.31] 03:11:27 / 175 [11.48]	01:43:01 / 139 [12.29]
184	634	PETRYK ADAM	LUBECKO	POL		74	M30/58		(M)	174	03:43:30	03:43:11	11.34	00:27:08 / 196 [11.66] 02:14:33 / 204 [11.76]	00:52:39 / 192 [12.02] 02:43:35 / 200 [11.61]	01:19:46 / 196 [11.90] 03:15:06 / 192 [11.27]	01:46:08 / 201 [11.93]
185	1056	OWCZARSKI KRZYSZTOF	CZELADŹ	POL	CZELADŹ PIASKI	65	M40/64		(M)	175	03:43:30	03:43:25	11.33	00:24:12 / 73 [13.08] 02:09:46 / 133 [12.19]	00:48:35 / 89 [13.03] 02:38:36 / 151 [11.97]	01:15:06 / 100 [12.64] 03:11:23 / 172 [11.49]	01:41:15 / 110 [12.50]
186	693	USZKO GRZEGORZ	IZBICKO	POL	KS SIEDLEC	67	M40/65		(M)	176	03:43:32	03:43:29	11.33	00:27:23 / 214 [11.56] 02:19:58 / 240 [11.30]	00:54:18 / 233 [11.66] 02:48:06 / 226 [11.29]	01:22:41 / 241 [11.48] 03:17:10 / 205 [11.15]	01:50:31 / 243 [11.45]
187	1007	CIURA MARIOLA	BELCHATÓW	POL	DOLINIARZE.COM	86	K20/8		(K)	11	03:44:03	03:43:33	11.32	00:28:38 / 279 [11.05] 02:20:41 / 246 [11.25]	00:55:41 / 267 [11.37] 02:47:43 / 224 [11.32]	01:24:22 / 268 [11.25] 03:17:10 / 206 [11.15]	01:51:49 / 268 [11.32]
188	999	ŻABIŃSKI GRZEGORZ	TRZEBNICA	POL	LZS TRZEBNICA DTR TEAM	82	M20/28		(M)	177	03:44:08	03:44:00	11.30	00:26:44 / 175 [11.84] 02:12:20 / 167 [11.96]	00:52:13 / 177 [12.12] 02:39:05 / 158 [11.93]	01:19:18 / 183 [11.97] 03:11:26 / 174 [11.49]	01:44:58 / 175 [12.06]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points									
												5km	10km	15km	21km	25km	30km	35km			
189	937	MIEDZIEJEWski ANDRZEJ	GRODZISK	POL		86	M20/29		(M)178	03:44:34	03:44:17	11.29	00:26:41 / 172 [11.86]	00:51:29 / 149 [12.29]	01:17:47 / 148 [12.20]	01:43:22 / 148 [12.25]		02:10:16 / 142 [12.15]	02:39:46 / 163 [11.88]	03:10:36 / 163 [11.54]	
190	666	JAGIELSKI RAFAŁ	SOSNOWIEC	POL	AZS UNIwersytet Śląski	88	M20/30		STU/12 (M)179	03:44:58	03:44:48	11.26	00:28:34 / 274 [11.08]	00:54:55 / 253 [11.52]	01:21:14 / 230 [11.69]	01:46:10 / 204 [11.92]		02:13:00 / 181 [11.90]	02:40:01 / 166 [11.87]	03:13:03 / 185 [11.39]	
191	630	SOJKA JACEK	BYTOM	POL		72	M30/59		(M)180	03:45:00	03:44:57	11.25	00:27:08 / 197 [11.66]	00:54:54 / 252 [11.53]	01:22:23 / 237 [11.52]	01:48:56 / 225 [11.62]		02:17:10 / 219 [11.53]	02:46:01 / 216 [11.44]	03:17:25 / 210 [11.14]	
192	640	GRZEGORCZYK WOJCIECH	KĘDZIERZYN KOŹLE	POL		77	M30/60		(M)181	03:45:04	03:44:41	11.27	00:25:47 / 116 [12.27]	00:50:11 / 109 [12.61]	01:16:14 / 111 [12.45]	01:42:05 / 123 [12.40]		02:10:32 / 148 [12.12]	02:40:10 / 169 [11.85]	03:12:54 / 182 [11.40]	
193	934	WAWRZYZEK GRZEGORZ	ZABRZE	POL	RUNNING TEAM ZABRZE	68	M40/66		(M)182	03:45:28	03:45:08	11.25	00:27:16 / 205 [11.61]	00:53:20 / 215 [11.87]	01:20:52 / 219 [11.74]	01:47:39 / 213 [11.76]		02:15:43 / 207 [11.66]	02:42:17 / 186 [11.70]	03:13:34 / 186 [11.36]	
194	860	MICHALICKA FRANTISEK	ZILINA	SVK	ZILINA	64	M40/67		(M)183	03:45:45	03:45:34	11.22	00:28:28 / 270 [11.12]	00:56:12 / 283 [11.26]	01:25:17 / 295 [11.13]	01:53:58 / 299 [11.11]		02:23:46 / 296 [11.01]	02:52:04 / 264 [11.03]	03:20:25 / 228 [10.97]	
195	698	DEJA ŁUKASZ	PIEKARY ŚLĄSKIE	POL	POLITECHNIKA ŚLĄSKA	88	M20/31		(M)184	03:45:49	03:45:35	11.22	00:26:37 / 171 [11.89]	00:51:19 / 134 [12.33]	01:17:01 / 126 [12.33]	01:41:44 / 112 [12.44]		02:08:17 / 117 [12.33]	02:40:45 / 175 [11.81]	03:14:54 / 191 [11.28]	
196	641	HACZYK JAROSŁAW	OPOLE	POL	BIEGAM BO LUBIĘ BIEG OPOLSKI	68	M40/68		(M)185	03:46:02	03:45:52	11.21	00:28:28 / 269 [11.12]	00:56:24 / 291 [11.22]	01:26:45 / 318 [10.94]	01:55:49 / 320 [10.93]		02:22:34 / 281 [11.10]	02:49:16 / 234 [11.22]	03:17:25 / 211 [11.14]	
197	834	CHUDOBA PAULINA	GLIWICE	POL	PIAST GLIWICE SKLEPBIEGACA TEM88 K20/9				(K)12	03:46:10	03:45:56	11.21	00:26:32 / 166 [11.93]	00:51:58 / 166 [12.18]	01:19:01 / 171 [12.01]	01:45:33 / 187 [11.99]		02:15:51 / 210 [11.65]	02:44:09 / 203 [11.57]	03:16:34 / 203 [11.19]	
198	618	MIETKI TOMASZ	CZERSK	POL		77	M30/61		(M)186	03:46:44	03:46:19	11.19	00:27:56 / 243 [11.33]	00:54:57 / 255 [11.52]	01:23:50 / 261 [11.32]	01:51:30 / 261 [11.35]		02:20:54 / 252 [11.23]	02:48:44 / 230 [11.25]	03:18:05 / 215 [11.10]	
199	843	ZUGAJ ROBERT	KATOWICE	POL		78	M30/62		(M)187	03:46:53	03:46:21	11.18	00:27:21 / 213 [11.57]	00:52:57 / 203 [11.95]	01:19:24 / 185 [11.96]	01:45:00 / 176 [12.05]		02:13:05 / 184 [11.89]	02:42:48 / 191 [11.66]	03:16:18 / 200 [11.20]	
200	1012	KŁODZIŃSKI ROBERT	SZCZECIN	POL	MARATOŃCZYK TEAM SZCZECIN	68	M40/69		(M)188	03:47:20	03:47:11	11.14	00:26:49 / 181 [11.80]	00:52:38 / 191 [12.02]	01:19:45 / 194 [11.90]	01:46:18 / 206 [11.91]		02:14:14 / 200 [11.79]	02:41:28 / 184 [11.76]	03:12:07 / 177 [11.44]	
201	650	PAPROCKI WIESŁAW	JAWORZNO	POL		63	M40/70		(M)189	03:47:28	03:47:07	11.15	00:27:39 / 234 [11.44]	00:54:38 / 242 [11.58]	01:22:43 / 242 [11.48]	01:49:05 / 230 [11.60]		02:17:30 / 221 [11.51]	02:45:14 / 210 [11.49]	03:16:06 / 199 [11.21]	
202	2113	NIENADOWSKA BEATA	ELBLĄG	POL	ELBLAG	68	K40/1		STU/13 (K)13	03:47:30	03:47:27	11.13	00:27:24 / 216 [11.55]	00:54:18 / 234 [11.66]	01:22:28 / 238 [11.51]	01:50:04 / 237 [11.50]		02:19:40 / 238 [11.33]	02:48:18 / 227 [11.28]	03:18:58 / 217 [11.05]	
203	1024	ZIELONKA PAWEŁ	KATOWICE	POL		85	M20/32		(M)190	03:47:41	03:47:31	11.13	00:26:15 / 141 [12.05]	00:51:32 / 153 [12.28]	01:18:39 / 166 [12.07]	01:45:11 / 180 [12.03]		02:14:09 / 199 [11.79]	02:43:33 / 199 [11.61]	03:15:56 / 198 [11.22]	
204	1011	MAŃKOWSKI DARIUSZ	JASTROWIE	POL	RADA MIEJSKA JASTROWIE	66	M40/71		(M)191	03:47:44	03:47:06	11.15	00:29:17 / 304 [10.81]	00:56:50 / 302 [11.14]	01:25:59 / 303 [11.04]	01:53:06 / 289 [11.19]		02:21:36 / 259 [11.17]	02:49:41 / 239 [11.19]	03:19:18 / 220 [11.03]	
205	626	MICUDA JAN	MYSŁOWICE	POL	TRUCHTACZ MYSŁOWICE	50	M60/3		(M)192	03:47:49	03:47:09	11.15	00:29:53 / 373 [10.59]	00:56:46 / 298 [11.15]	01:24:52 / 277 [11.19]	01:51:37 / 264 [11.34]		02:20:56 / 254 [11.23]	02:49:34 / 236 [11.20]	03:19:12 / 218 [11.04]	
206	950	RAKOCZY PIOTR	WARSZAWA	POL		77	M30/63		(M)193	03:48:08	03:47:41	11.12	00:29:08 / 299 [10.86]	00:56:08 / 277 [11.27]	01:24:10 / 266 [11.28]	01:50:48 / 249 [11.42]		02:19:04 / 232 [11.38]	02:46:44 / 217 [11.39]	03:17:32 / 213 [11.13]	
207	887	HASA ADAM	KNURÓW	POL		76	M30/64		(M)194	03:48:24	03:48:08	11.10	00:27:37 / 232 [11.46]	00:53:48 / 227 [11.76]	01:21:13 / 229 [11.69]	01:48:12 / 220 [11.70]		02:16:20 / 215 [11.61]	02:44:36 / 206 [11.53]	03:15:32 / 195 [11.24]	
208	724	SĘDECKI PIOTR	SKIERNIEWICE	POL	NIEZRZESZONY	62	M40/72		(M)195	03:48:25	03:48:18	11.09	00:26:58 / 189 [11.73]	00:52:39 / 193 [12.02]	01:19:55 / 202 [11.88]	01:45:50 / 194 [11.96]		02:14:04 / 196 [11.80]	02:43:23 / 196 [11.62]	03:16:27 / 202 [11.19]	
209	685	KOPREK EDMUND	DOBRODZIEN	POL	WKB META LUBLINIEC	60	M50/25		(M)196	03:48:34	03:47:52	11.11	00:29:46 / 337 [10.63]	00:57:55 / 328 [10.93]	01:26:37 / 313 [10.96]	01:54:35 / 308 [11.05]		02:23:24 / 291 [11.03]	02:52:52 / 278 [10.98]	03:21:48 / 236 [10.90]	
210	39	WÓJTOWICZ ADAM	KATOWICE	POL	KB JÓZEFINKA KATOWICE	81	M20/33		(M)197	03:48:41	03:48:20	11.09	00:28:24 / 266 [11.14]	00:54:38 / 244 [11.58]	01:22:14 / 235 [11.54]	01:47:51 / 217 [11.74]		02:16:15 / 213 [11.61]	02:45:30 / 213 [11.47]	03:18:00 / 214 [11.10]	

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
255	951	PARCZYK JERZY	WROCLAW	POL		67	M40/87		(M)241	03:55:33	03:54:46	10.78	00:29:53 / 374 [10.59]	00:58:08 / 333 [10.89]	01:28:05 / 338 [10.78]	01:56:56 / 328 [10.82]	02:27:01 / 323 [10.76]	02:56:19 / 304 [10.77]	03:26:50 / 282 [10.63]
256	611	MIKOŁAJCZAK ANDRZEJ	KATOWICE	POL		76	M30/78		(M)242	03:55:38	03:55:07	10.77	00:29:50 / 361 [10.61]	00:58:28 / 379 [10.82]	01:28:52 / 364 [10.68]	01:58:23 / 364 [10.69]	02:28:11 / 337 [10.68]	02:56:55 / 314 [10.73]	03:27:28 / 286 [10.60]
257	943	WOLFF MARIA	CHODZIEŻ	POL	TAZAR CHODZIEŻ	88	K20/10		STU/14 (K)15	03:55:41	03:55:19	10.76	00:28:09 / 251 [11.24]	00:55:35 / 266 [11.39]	01:25:10 / 290 [11.15]	01:53:58 / 298 [11.11]	02:24:38 / 304 [10.94]	02:54:51 / 295 [10.86]	03:25:49 / 271 [10.68]
258	740	PAJĄK DANIEL	SIEMIANOWICE	POL		64	M40/88		(M)243	03:55:42	03:55:36	10.75	00:27:52 / 241 [11.36]	00:55:14 / 262 [11.46]	01:25:09 / 289 [11.15]	01:53:45 / 296 [11.13]	02:23:36 / 295 [11.02]	02:53:30 / 290 [10.94]	03:25:25 / 264 [10.70]
259	613	DOLIŃSKI ADAM	WARSZAWA	POL	KB PIMAR LEGIONOWO	84	M20/40		(M)244	03:55:52	03:55:12	10.76	00:30:40 / 423 [10.32]	00:59:20 / 413 [10.67]	01:29:11 / 398 [10.64]	01:58:18 / 358 [10.70]	02:28:13 / 348 [10.67]	02:57:11 / 340 [10.72]	03:26:31 / 278 [10.65]
260	1016	BIELSKI ANDRZEJ	WARSZAWA	POL	ACCELERATE	75	M30/79		(M)245	03:55:56	03:55:41	10.74	00:26:30 / 165 [11.94]	00:51:52 / 161 [12.20]	01:18:28 / 163 [12.10]	01:44:48 / 171 [12.08]	02:16:23 / 216 [11.60]	02:49:55 / 242 [11.17]	03:25:30 / 265 [10.70]
261	880	GRUND MAREK	STRZEBIŃ	POL	KB STRZELEC STRZEBIŃ	89	M20/41		(M)246	03:55:57	03:55:29	10.75	00:28:35 / 275 [11.07]	00:55:24 / 265 [11.42]	01:23:35 / 257 [11.36]	01:50:53 / 251 [11.42]	02:20:54 / 251 [11.23]	02:51:40 / 260 [11.06]	03:25:35 / 266 [10.70]
262	906	BULKA ARTUR	KRAKÓW	POL		52	M50/36		(M)247	03:55:59	03:55:33	10.75	00:29:47 / 347 [10.62]	00:58:27 / 368 [10.83]	01:28:55 / 381 [10.68]	01:58:26 / 384 [10.69]	02:28:14 / 351 [10.67]	02:56:58 / 328 [10.73]	03:28:09 / 303 [10.56]
263	715	URBAN ROMAN	WROCLAW	POL		70	M40/89		(M)248	03:56:02	03:55:46	10.74	00:29:58 / 388 [10.56]	00:58:30 / 384 [10.82]	01:28:58 / 390 [10.67]	01:58:29 / 390 [10.68]	02:28:19 / 356 [10.67]	02:57:02 / 334 [10.72]	03:27:41 / 289 [10.59]
264	823	FLAK ŁUKASZ	ROGOŹNIK	POL		80	M30/80		(M)249	03:56:02	03:55:34	10.75	00:29:51 / 366 [10.60]	00:58:31 / 385 [10.82]	01:28:56 / 386 [10.67]	01:58:27 / 387 [10.69]	02:28:20 / 358 [10.67]	02:57:05 / 335 [10.72]	03:28:11 / 305 [10.56]
265	633	MIŁO ZBIGNIEW	BYTOM	POL	ZSO 4 BYTOM	74	M30/81		(M)250	03:56:09	03:55:33	10.75	00:30:55 / 440 [10.24]	01:00:12 / 428 [10.51]	01:30:23 / 417 [10.50]	01:58:42 / 397 [10.66]	02:27:59 / 329 [10.69]	02:55:57 / 301 [10.79]	03:26:13 / 275 [10.66]
266	872	WOŹNIAK RAFAŁ	ŚLAWKÓW	POL	DRUŻYNA SZPIKU	72	M30/82		(M)251	03:56:11	03:55:40	10.74	00:29:52 / 367 [10.60]	00:58:14 / 336 [10.87]	01:28:03 / 337 [10.78]	01:57:07 / 332 [10.81]	02:27:35 / 325 [10.72]	02:56:14 / 303 [10.77]	03:27:15 / 284 [10.61]
267	1021	PUĆKA LIDIA	POZNAŃ	POL		80	K30/5		(K)16	03:56:12	03:55:50	10.74	00:28:19 / 258 [11.18]	00:54:51 / 248 [11.54]	01:23:08 / 253 [11.42]	01:50:35 / 244 [11.45]	02:20:40 / 244 [11.25]	02:50:48 / 247 [11.12]	03:23:58 / 253 [10.78]
268	779	OPSZYŃSKI MICHAŁ	ŁAZY	POL	-	85	M20/42		(M)252	03:56:13	03:55:47	10.74	00:29:52 / 368 [10.60]	00:58:28 / 380 [10.82]	01:28:54 / 379 [10.68]	01:58:25 / 382 [10.69]	02:28:11 / 342 [10.68]	02:56:58 / 329 [10.73]	03:27:34 / 288 [10.59]
269	623	BOROWICZ ŁUKASZ	SOSNOWIEC	POL	ZABIEGANI CZĘSTOCHOWA	78	M30/83		(M)253	03:56:19	03:55:56	10.73	00:28:19 / 259 [11.18]	00:55:09 / 261 [11.48]	01:24:24 / 271 [11.25]	01:52:27 / 275 [11.26]	02:22:12 / 273 [11.13]	02:52:31 / 270 [11.01]	03:25:46 / 269 [10.69]
270	2116	JASZ MARTYNA	SIEMIANOWICE	POL		85	K20/11		(K)17	03:56:19	03:55:42	10.74	00:29:53 / 372 [10.59]	00:58:28 / 378 [10.82]	01:28:53 / 369 [10.68]	01:58:24 / 376 [10.69]	02:28:12 / 343 [10.68]	02:56:57 / 324 [10.73]	03:28:08 / 300 [10.56]
271	50	GRUBER DAWID	KATOWICE	POL		90	M20/43		(M)254	03:56:20	03:56:04	10.72	00:26:33 / 167 [11.92]	00:51:54 / 162 [12.19]	01:20:06 / 204 [11.85]	01:49:50 / 236 [11.52]	02:23:00 / 287 [11.06]	02:55:19 / 299 [10.83]	03:28:10 / 304 [10.56]
272	606	KOLANKIEWICZ RAFAŁ	KATOWICE	POL		76	M30/84		(M)255	03:56:22	03:55:36	10.75	00:31:11 / 443 [10.15]	01:00:02 / 423 [10.54]	01:30:01 / 408 [10.55]	01:58:32 / 392 [10.68]	02:28:24 / 360 [10.66]	02:57:09 / 339 [10.72]	03:27:53 / 291 [10.58]
273	636	KOŁODZIEJ RAFAŁ MARCIN	ZABRZE	POL		86	M20/44		STU/15 (M)256	03:56:29	03:55:56	10.73	00:30:46 / 433 [10.29]	00:59:41 / 417 [10.60]	01:30:52 / 421 [10.45]	01:59:48 / 413 [10.57]	02:30:00 / 385 [10.55]	02:58:27 / 350 [10.64]	03:29:05 / 320 [10.52]
274	744	NADOLNY LESZEK	LESZNO	POL	DRUŻYNA SZPIKU	57	M50/37		(M)257	03:56:36	03:56:15	10.72	00:27:37 / 233 [11.46]	00:54:30 / 238 [11.61]	01:23:04 / 250 [11.43]	01:51:36 / 262 [11.34]	02:22:14 / 274 [11.12]	02:53:29 / 289 [10.94]	03:25:54 / 273 [10.68]
275	1077	PĘCZERZ ŁUKASZ	RUDA ŚLĄSKA	POL	S.U.TIGRIS	80	M30/85		(M)258	03:56:38	03:55:48	10.74	00:29:52 / 370 [10.60]	00:56:57 / 310 [11.11]	01:25:00 / 284 [11.17]	01:52:25 / 273 [11.26]	02:21:57 / 263 [11.15]	02:52:20 / 266 [11.02]	03:26:29 / 277 [10.65]
276	900	SZCZEPANIK ANDRZEJ	MYSŁOWICE	POL	DOLINIARZE.COM+KSTATAIMICIO	73	M30/86		(M)259	03:56:44	03:56:13	10.72	00:29:50 / 360 [10.61]	00:58:28 / 381 [10.82]	01:28:51 / 360 [10.68]	01:58:22 / 362 [10.69]	02:28:11 / 338 [10.68]	02:56:56 / 315 [10.73]	03:28:08 / 299 [10.56]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
277	817	MUCHA GRZEGORZ	ZABIERZOW	POL		76	M30/87		(M)260	03:56:52	03:56:26	10.71	00:29:50 / 357 [10.61]	00:58:24 / 350 [10.84]	01:28:54 / 378 [10.68]	01:58:25 / 383 [10.69]	02:28:17 / 355 [10.67]	02:56:58 / 332 [10.73]	03:28:13 / 307 [10.56]
278	989	KONIECZNY JACEK	PYSKOWICE	POL	DOLINKA PYSKOWICE	82	M20/45		(M)261	03:56:52	03:56:52	10.69	00:29:43 / 329 [10.65]	00:58:23 / 343 [10.84]	01:28:50 / 358 [10.69]	01:58:24 / 371 [10.69]	02:28:09 / 333 [10.68]	02:56:56 / 317 [10.73]	03:27:18 / 285 [10.61]
279	776	KUCZ STEFAN	STRZEBIŃ	POL	KB STRZELEC - STRZEBIŃ	56	M50/38		(M)262	03:56:55	03:56:27	10.71	00:28:37 / 278 [11.06]	00:55:21 / 263 [11.43]	01:23:31 / 256 [11.37]	01:51:12 / 258 [11.38]	02:21:09 / 255 [11.21]	02:51:12 / 254 [11.09]	03:26:59 / 283 [10.62]
280	667	SIEWNIAK MATEUSZ	CHRZANÓW	POL		92	M20/46		(M)263	03:57:00	03:56:36	10.70	00:29:51 / 364 [10.60]	00:58:28 / 376 [10.82]	01:28:54 / 376 [10.68]	01:58:24 / 379 [10.69]	02:28:12 / 344 [10.68]	02:56:57 / 323 [10.73]	03:28:09 / 302 [10.56]
281	714	KOŃCA ADAM	SIEMIANOWICE	POL		81	M20/47		(M)264	03:57:00	03:56:56	10.69	00:28:27 / 268 [11.12]	00:56:24 / 290 [11.22]	01:25:13 / 294 [11.14]	01:53:26 / 292 [11.16]	02:23:58 / 298 [10.99]	02:56:26 / 306 [10.76]	03:28:08 / 297 [10.56]
282	1005	KUBIĆ WALDEMAR	CIESZYN	POL		79	M30/88		(M)265	03:57:01	03:56:41	10.70	00:29:36 / 320 [10.69]	00:58:05 / 330 [10.90]	01:27:38 / 330 [10.83]	01:55:18 / 314 [10.98]	02:24:23 / 303 [10.96]	02:53:04 / 283 [10.97]	03:24:44 / 258 [10.74]
283	748	NĘDZA MAREK	PRADŁA	POL		63	M40/90		(M)266	03:57:05	03:56:46	10.69	00:28:12 / 253 [11.22]	00:55:09 / 260 [11.48]	01:24:16 / 267 [11.27]	01:52:31 / 278 [11.25]	02:23:00 / 286 [11.06]	02:52:59 / 282 [10.98]	03:25:41 / 267 [10.69]
284	1075	WILCZYŃSKI WACŁAW	KĘDZIERZYN-KOŹLE	POL		50	M60/4		(M)267	03:57:12	03:56:47	10.69	00:28:20 / 260 [11.17]	00:55:00 / 256 [11.51]	01:23:39 / 259 [11.35]	01:51:49 / 267 [11.32]	02:22:15 / 275 [11.12]	02:52:49 / 276 [10.99]	03:26:40 / 280 [10.64]
285	912	SZESZKO DOROTA	BYTOM	POL	"KRS TKKF JASTRZĄB" RUDA ŚLĄSKA""	62	K40/2		(K)18	03:57:14	03:56:29	10.71	00:30:24 / 412 [10.41]	00:58:51 / 399 [10.75]	01:18:49 / 169 [12.04]	01:58:01 / 347 [10.73]	01:28:35 / 5 [17.86]	02:58:42 / 354 [10.62]	02:03:21 / 5 [17.83]
286	739	GUNIA MARIUSZ	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	65	M40/91		(M)268	03:57:24	03:56:50	10.69	00:28:59 / 292 [10.92]	00:55:52 / 270 [11.33]	01:23:41 / 260 [11.34]	01:51:03 / 256 [11.40]	02:22:02 / 267 [11.14]	02:52:55 / 279 [10.98]	03:26:31 / 279 [10.65]
287	752	ŚMIETANA PAWEŁ	KATOWICE	POL		89	M20/48		(M)269	03:57:28	03:56:56	10.69	00:29:48 / 351 [10.62]	00:58:19 / 340 [10.85]	01:28:53 / 366 [10.68]	01:58:24 / 374 [10.69]	02:28:11 / 341 [10.68]	02:56:58 / 327 [10.73]	03:28:09 / 301 [10.56]
288	824	MILIK MARCIN	SOSNOWIEC	POL	NIEZRZESZONY	77	M30/89		(M)270	03:57:29	03:57:13	10.67	00:26:20 / 149 [12.02]	00:51:28 / 147 [12.30]	01:17:47 / 146 [12.20]	01:43:16 / 145 [12.26]	02:11:41 / 160 [12.02]	02:43:43 / 201 [11.60]	03:21:41 / 234 [10.90]
289	662	RAZIK JACEK	HERBY	POL	WKB META LUBLINIEC	68	M40/92		(M)271	03:57:35	03:57:08	10.68	00:30:10 / 399 [10.49]	00:59:00 / 401 [10.73]	01:29:10 / 397 [10.65]	01:58:35 / 394 [10.67]	02:29:23 / 375 [10.59]	02:58:22 / 347 [10.64]	03:29:01 / 318 [10.52]
290	621	JUREK ANDRZEJ	KATOWICE	POL	DOLINIARZE.COM	75	M30/90		(M)272	03:57:35	03:57:12	10.67	00:29:57 / 387 [10.57]	00:58:37 / 392 [10.80]	01:28:57 / 389 [10.67]	01:58:02 / 350 [10.72]	02:28:04 / 331 [10.69]	02:57:06 / 337 [10.72]	03:28:14 / 309 [10.56]
291	995	ZBIEROWSKI PRZEMYSŁAW	KATOWICE	POL		77	M30/91		(M)273	03:57:39	03:57:13	10.67	00:29:11 / 301 [10.84]	00:56:34 / 297 [11.19]	01:25:07 / 288 [11.15]	01:52:27 / 276 [11.26]	02:21:57 / 264 [11.15]	02:51:40 / 259 [11.06]	03:24:57 / 260 [10.73]
292	874	CZERWIENSKI ANDRZEJ		POL		75	M30/92		(M)274	03:57:42	03:57:35	10.66	00:23:31 / 59 [13.46]	00:47:34 / 72 [13.31]	01:13:41 / 91 [12.88]	01:40:12 / 104 [12.63]	02:11:34 / 158 [12.03]	02:48:34 / 229 [11.26]	03:24:24 / 256 [10.76]
293	861	DELEWSKA DALIA	DĄBROWA GÓRNICZAPOL	SRB	AZS UŚ K-C/ MARATONYPOLSKIE.PL TEAM	86	K20/12		STU/16 (K)19	03:57:47	03:57:25	10.66	00:29:45 / 335 [10.64]	00:58:26 / 358 [10.83]	01:28:52 / 362 [10.68]	01:58:23 / 367 [10.69]	02:28:11 / 336 [10.68]	02:56:57 / 318 [10.73]	03:28:08 / 298 [10.56]
294	844	BOROJA DRAGO	FUTOG	SRB		53	M50/39		(M)275	03:57:47	03:57:23	10.67	00:29:45 / 333 [10.64]	00:58:26 / 359 [10.83]	01:28:53 / 367 [10.68]	01:58:24 / 368 [10.69]	02:28:12 / 345 [10.68]	02:56:57 / 321 [10.73]	03:28:12 / 306 [10.56]
295	725	LIPOWSKI ZDZISŁAW	LEGNICA	POL	KB LEW LEGNICA	46	M60/5		(M)276	03:57:48	03:57:44	10.65	00:25:50 / 120 [12.25]	00:51:04 / 122 [12.39]	01:17:40 / 137 [12.22]	01:44:01 / 158 [12.17]	02:13:11 / 187 [11.88]	02:47:06 / 220 [11.36]	03:24:55 / 259 [10.73]
296	673	STYPUŁA GRZEGORZ	ŚWIĘTOCHŁOWICE	POL	ŚCIEŻKI BIEGOWE NIKE - KATOWICE73	M30/93			(M)277	03:57:51	03:57:38	10.65	00:29:15 / 303 [10.82]	00:57:27 / 316 [11.02]	01:27:00 / 322 [10.91]	01:55:38 / 318 [10.95]	02:26:34 / 320 [10.80]	02:56:57 / 325 [10.73]	03:28:14 / 308 [10.56]
297	754	SZPAK DAMIAN	TYCHY	POL	NZ	61	M40/93		(M)278	03:57:52	03:57:12	10.67	00:29:56 / 383 [10.57]	00:58:24 / 345 [10.84]	01:28:36 / 349 [10.71]	01:58:01 / 348 [10.73]	02:28:11 / 340 [10.68]	03:01:04 / 369 [10.49]	03:28:20 / 313 [10.55]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points								
												5km	10km	15km	21km					
												25km	30km	35km						
320	2118	PASIEKA WŁODZIMIERZ	GLIWICE	POL		64	M40/97		(M)298	04:02:46	04:02:13	10.45	00:30:05 / 394 [10.52]	00:58:24 / 349 [10.84]	01:28:36 / 350 [10.71]	01:56:19 / 323 [10.88]				
												02:26:35 / 321 [10.79]	02:56:56 / 316 [10.73]	03:31:24 / 332 [10.40]						
321	885	KOROL KRZYSZTOF	WARSZAWA	POL		76	M30/105		(M)299	04:03:01	04:02:30	10.44	00:30:01 / 390 [10.54]	00:58:37 / 389 [10.80]	01:28:55 / 380 [10.68]	01:58:02 / 349 [10.72]				
												02:28:00 / 330 [10.69]	02:56:44 / 310 [10.74]	03:28:07 / 296 [10.57]						
322	792	KOŁODZIEJ MARIAN	CHORZÓW	POL	DOLINIARZE.COM. CHORZÓW	53	M50/41		(M)300	04:03:26	04:02:37	10.43	00:31:38 / 461 [10.00]	00:59:01 / 403 [10.72]	01:28:13 / 342 [10.76]	01:55:27 / 316 [10.96]				
												02:26:10 / 315 [10.82]	02:56:59 / 333 [10.73]	03:31:08 / 331 [10.41]						
323	646	CISZYŃSKI MAREK	KATOWICE	POL	START KATOWICE	64	M40/98		(M)301	04:03:44	04:03:25	10.40	00:28:03 / 247 [11.28]	00:54:54 / 251 [11.53]	01:22:55 / 247 [11.45]	01:50:58 / 254 [11.41]				
												02:22:01 / 266 [11.14]	02:52:52 / 277 [10.98]	03:27:43 / 290 [10.59]						
324	927	CZAJA DARIUSZ	ŁOWICZ	POL		69	M40/99		(M)302	04:03:44	04:03:11	10.41	00:30:22 / 410 [10.42]	00:59:05 / 404 [10.71]	01:28:37 / 351 [10.71]	01:56:59 / 330 [10.82]				
												02:27:48 / 326 [10.71]	02:56:58 / 331 [10.73]	03:29:08 / 321 [10.51]						
325	793	ZAWADA DAWID	KĘDZIERZYN KOŹLE	POL		85	M20/52		(M)303	04:03:55	04:03:33	10.39	00:29:57 / 385 [10.57]	00:58:25 / 351 [10.83]	01:28:01 / 336 [10.79]	01:57:01 / 331 [10.82]				
												02:28:52 / 368 [10.63]	03:01:16 / 371 [10.47]	03:34:38 / 348 [10.24]						
326	935	GRZYWACZ DARIUSZ	KATOWICE	POL		64	M40/100		(M)304	04:04:25	04:03:56	10.38	00:29:55 / 380 [10.58]	00:58:15 / 338 [10.86]	01:28:32 / 347 [10.72]	01:58:20 / 361 [10.70]				
												02:28:28 / 362 [10.66]	02:58:15 / 346 [10.65]	03:30:52 / 328 [10.43]						
327	1038	MŁOTKOWSKI MARIUSZ	PIŁA	POL		73	M30/106		(M)305	04:04:32	04:04:03	10.37	00:30:43 / 430 [10.30]	00:59:49 / 420 [10.58]	01:30:07 / 412 [10.53]	02:00:29 / 415 [10.51]				
												02:31:00 / 398 [10.48]	03:01:49 / 375 [10.44]	03:34:19 / 345 [10.26]						
328	609	LELONEK ZBIGNIEW	ŁĘDZINY	POL	NIEZRZESZONY	59	M50/42		(M)306	04:05:04	04:04:23	10.36	00:28:18 / 257 [11.18]	00:54:36 / 241 [11.59]	01:22:21 / 236 [11.53]	01:49:08 / 232 [11.60]				
												02:18:28 / 229 [11.43]	02:49:41 / 238 [11.19]	03:28:45 / 317 [10.53]						
329	2114	WOJEWÓDZKA SYLWIA	PŁOCK	POL	PŁOCK	75	K30/7		(K)23	04:05:04	04:04:41	10.35	00:27:17 / 206 [11.60]	00:53:04 / 208 [11.93]	01:20:57 / 220 [11.73]	01:48:45 / 223 [11.64]				
												02:19:25 / 235 [11.35]	02:52:20 / 267 [11.02]	03:28:40 / 316 [10.54]						
330	718	KOŹMIN ARKADIUSZ	BIELSKO-BIAŁA	POL	ULTRA BESKIDY	75	M30/107		(M)307	04:05:13	04:04:35	10.35	00:29:35 / 319 [10.70]	00:56:54 / 306 [11.12]	01:25:12 / 292 [11.14]	01:52:58 / 287 [11.20]				
												02:22:17 / 276 [11.12]	02:52:41 / 273 [10.99]	03:26:49 / 281 [10.63]						
331	600	KOZIARSKI MACIEJ	KATOWICE	POL		79	M30/108		(M)308	04:05:26	04:05:23	10.32	00:27:17 / 207 [11.60]	00:56:10 / 282 [11.27]	01:27:16 / 327 [10.88]	01:57:41 / 343 [10.76]				
												02:27:58 / 327 [10.69]	02:57:21 / 341 [10.71]	03:31:03 / 329 [10.42]						
332	664	LANGER MARIUSZ	REŃSKA WIEŚ	POL		79	M30/109		(M)309	04:05:32	04:04:57	10.34	00:30:16 / 407 [10.46]	00:57:27 / 317 [11.02]	01:26:40 / 316 [10.95]	01:54:06 / 303 [11.09]				
												02:25:08 / 308 [10.90]	02:53:46 / 291 [10.93]	03:25:52 / 272 [10.68]						
333	800	ADAMSKI WOJCIECH	WROCLAW	POL	NIEZRZESZONY	50	M60/7		(M)310	04:05:57	04:05:37	10.31	00:27:31 / 227 [11.50]	00:54:56 / 254 [11.52]	01:24:43 / 273 [11.21]	01:53:35 / 294 [11.14]				
												02:25:27 / 310 [10.88]	02:56:57 / 320 [10.73]	03:32:50 / 337 [10.33]						
334	721	DZIELIŃSKI STANISŁAW	BYTOM	POL		54	M50/43		(M)311	04:06:07	04:05:14	10.32	00:29:17 / 305 [10.81]	00:57:32 / 319 [11.00]	01:27:12 / 326 [10.89]	01:56:40 / 324 [10.85]				
												02:28:13 / 346 [10.67]	02:59:47 / 358 [10.56]	03:33:46 / 344 [10.29]						
335	709	UDOLF JAN	KATOWICE	POL	KB JÓZEFINKA KATOWICE	49	M60/8		(M)312	04:06:19	04:05:01	10.33	00:31:00 / 441 [10.21]	00:58:26 / 364 [10.83]	01:30:16 / 416 [10.52]	01:59:19 / 403 [10.61]				
												02:28:59 / 370 [10.62]	03:00:10 / 361 [10.54]	03:31:30 / 333 [10.40]						
336	672	WITKOWSKI STANISŁAW	TYCHY	POL	40-LATEK TYCHY	50	M60/9		(M)313	04:06:37	04:06:12	10.28	00:29:51 / 365 [10.60]	00:58:27 / 371 [10.83]	01:28:57 / 388 [10.67]	01:58:16 / 356 [10.70]				
												02:28:42 / 366 [10.64]	02:59:59 / 360 [10.55]	03:33:43 / 343 [10.29]						
337	707	POLKO ROMAN	WARSZAWA	POL	WKB META LUBLINIEC	62	M40/101		(M)314	04:07:11	04:07:07	10.24	00:28:25 / 267 [11.14]	00:56:23 / 289 [11.22]	01:25:24 / 296 [11.12]	01:53:15 / 290 [11.18]				
												02:22:58 / 285 [11.07]	02:52:29 / 269 [11.01]	03:29:55 / 324 [10.47]						
338	803	ŚMIETANA ANDRZEJ	KATOWICE	POL		63	M40/102		(M)315	04:07:11	04:07:00	10.25	00:26:11 / 135 [12.09]	00:52:08 / 174 [12.14]	01:21:43 / 232 [11.62]	01:50:35 / 245 [11.45]				
												02:23:08 / 288 [11.05]	02:56:21 / 305 [10.77]	03:32:38 / 336 [10.34]						
339	1039	KOPIEC PIOTR	BIELSKO BIAŁA	POL		75	M30/110		PN/9 (M)316	04:07:42	04:07:06	10.25	00:30:12 / 400 [10.48]	00:58:29 / 382 [10.82]	01:29:18 / 400 [10.63]	01:59:33 / 405 [10.59]				
												02:30:58 / 397 [10.48]	03:02:05 / 379 [10.43]	03:35:30 / 354 [10.20]						
340	1088	PIETRZAK JANUSZ	KATOWICE	POL		67	M40/103		(M)317	04:07:57	04:06:36	10.27	00:30:16 / 405 [10.46]	00:58:39 / 396 [10.79]	01:30:07 / 411 [10.53]	02:01:33 / 423 [10.41]				
												02:33:07 / 413 [10.33]	03:05:21 / 394 [10.24]	03:37:35 / 363 [10.11]						
341	639	TOMECKI TEODOR	ŻORY	POL		82	M20/53		(M)318	04:08:14	04:08:01	10.21	00:28:17 / 255 [11.19]	00:55:05 / 258 [11.49]	01:23:05 / 252 [11.43]	01:50:28 / 240 [11.46]				
												02:21:47 / 261 [11.16]	02:55:53 / 300 [10.79]	03:33:39 / 341 [10.29]						

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
364	747	SZYMAŃSKI PAWEŁ	KATOWICE	POL		88	M20/55		(M)337	04:12:54	04:12:25	10.03	00:29:45 / 332 [10.64]	00:58:24 / 346 [10.84]	01:28:53 / 368 [10.68]	01:58:23 / 363 [10.69]	02:28:10 / 335 [10.68]	02:56:57 / 319 [10.73]	03:35:28 / 353 [10.20]
365	979	GRAJCAREK ROBERT	BIELSKO-BIAŁA	POL	RAMIRENT S.A.	76	M30/116		(M)338	04:12:59	04:12:22	10.03	00:30:50 / 437 [10.26]	01:00:38 / 434 [10.44]	01:32:11 / 434 [10.30]	02:02:03 / 429 [10.37]	02:33:40 / 414 [10.30]	03:05:21 / 395 [10.24]	03:41:23 / 389 [9.93]
366	962	OBSTARCZYK ANDRZEJ	OŚWIĘCIM	POL	ZADYSZKA OŚWIĘCIM	57	M50/49		(M)339	04:13:32	04:12:59	10.01	00:30:39 / 419 [10.32]	01:00:08 / 426 [10.52]	01:31:13 / 426 [10.41]	02:01:49 / 426 [10.39]	02:35:05 / 422 [10.20]	03:07:53 / 418 [10.11]	03:41:50 / 393 [9.91]
367	888	MALINOWSKA IWONA	BYTOM	POL	POLSKA BIEGA	75	K30/9		(K)28	04:13:38	04:13:15	10.00	00:29:39 / 325 [10.67]	00:57:51 / 324 [10.94]	01:27:46 / 331 [10.82]	01:57:16 / 333 [10.79]	02:29:02 / 371 [10.62]	03:02:10 / 380 [10.42]	03:39:40 / 375 [10.01]
368	787	DOBRAŚ TOMEK	POGWIZDÓW	POL	AZS PWSZ KOLEGIUM KARKONOSKIE	87	M20/56	STU/19	(M)340	04:13:48	04:13:28	9.99	00:26:00 / 130 [12.17]	00:51:06 / 127 [12.39]	01:17:00 / 123 [12.33]	01:45:59 / 200 [11.94]	02:19:51 / 239 [11.31]	02:57:29 / 343 [10.70]	03:38:00 / 365 [10.09]
369	719	MOCZULSKI MARCIN	KATOWICE	POL		75	M30/117		(M)341	04:13:51	04:13:26	9.99	00:29:38 / 323 [10.68]	00:58:26 / 366 [10.83]	01:28:39 / 352 [10.71]	01:58:07 / 352 [10.72]	02:29:28 / 377 [10.59]	03:02:04 / 378 [10.43]	03:40:23 / 380 [9.98]
370	993	BAZYLEWICZ IRENEUSZ	OŁAWA	POL	KB FIODOR OŁAWA	63	M40/111		(M)342	04:13:52	04:13:30	9.99	00:30:46 / 434 [10.29]	00:59:51 / 422 [10.57]	01:30:02 / 410 [10.54]	02:03:43 / 439 [10.23]	02:35:13 / 423 [10.19]	03:06:42 / 410 [10.17]	03:40:32 / 385 [9.97]
371	2121	MARKIEWICZ IRENA	WSCHOWA	POL	AZS UJ KRAKÓW	86	K20/15	STU/20	(K)29	04:14:10	04:14:02	9.97	00:27:41 / 237 [11.43]	00:54:18 / 232 [11.66]	01:24:00 / 264 [11.30]	01:52:25 / 274 [11.26]	02:25:14 / 309 [10.89]	02:57:05 / 336 [10.72]	03:33:33 / 340 [10.30]
372	687	STANKIEWICZ KRZYSZTOF	KATOWICE	POL		64	M40/112		(M)343	04:14:25	04:14:10	9.96	00:29:02 / 295 [10.90]	00:57:13 / 314 [11.06]	01:26:33 / 309 [10.97]	01:55:14 / 313 [10.98]	02:26:04 / 314 [10.83]	02:57:08 / 338 [10.72]	03:35:10 / 351 [10.22]
373	1027	KOŹDOŃ JAROSŁAW	ŻORY	POL	KW GLIWICE	84	M20/57		(M)344	04:14:37	04:14:13	9.96	00:29:39 / 326 [10.67]	00:57:42 / 322 [10.97]	01:28:09 / 341 [10.77]	01:57:17 / 334 [10.79]	02:27:59 / 328 [10.69]	02:56:49 / 312 [10.74]	03:35:31 / 355 [10.20]
374	859	ŚWIĘCH GRZEGORZ	BIELSKO-BIAŁA	POL		78	M30/118		(M)345	04:14:45	04:14:12	9.96	00:30:00 / 389 [10.55]	00:59:00 / 402 [10.73]	01:29:32 / 405 [10.60]	01:58:44 / 398 [10.66]	02:29:49 / 381 [10.56]	02:59:26 / 356 [10.58]	03:35:00 / 349 [10.23]
375	876	KOPYT MARCIN	WROCŁAW	POL	WKB KLECZKÓW WROCŁAW	90	M20/58		(M)346	04:15:16	04:14:53	9.93	00:27:09 / 199 [11.66]	00:53:29 / 219 [11.83]	01:21:32 / 231 [11.64]	01:49:14 / 233 [11.59]	02:20:24 / 243 [11.27]	02:53:10 / 284 [10.96]	03:41:33 / 392 [9.92]
376	2111	MIZERA AGNIESZKA	WROCŁAW	POL		69	K40/5		(K)30	04:15:27	04:15:08	9.92	00:30:39 / 418 [10.32]	00:59:50 / 421 [10.58]	01:30:54 / 423 [10.44]	02:00:47 / 417 [10.48]	02:32:55 / 410 [10.35]	03:05:22 / 396 [10.24]	03:40:26 / 382 [9.97]
377	840	ZABŁOCKI GRZEGORZ	NADARZYN	POL		63	M40/113		(M)347	04:15:28	04:15:04	9.93	00:29:46 / 340 [10.63]	00:58:28 / 375 [10.82]	01:28:56 / 385 [10.67]	01:58:28 / 389 [10.68]	02:30:24 / 391 [10.52]	03:04:12 / 392 [10.31]	03:40:26 / 383 [9.97]
378	706	BAUER BOGDAN	KĘDZIERZYN-KOŹLE	POL		71	M30/119		(M)348	04:15:36	04:15:12	9.92	00:28:35 / 277 [11.07]	00:56:07 / 275 [11.28]	01:25:11 / 291 [11.14]	01:53:59 / 300 [11.10]	02:25:00 / 306 [10.91]	02:56:53 / 313 [10.73]	03:35:35 / 356 [10.20]
379	1085	PRYMAKOWSKA BARBARA	TARNÓW	POL	SOKÓŁ	93	M20/59		(M)349	04:15:37	04:15:04	9.93	00:30:40 / 425 [10.32]	01:00:19 / 430 [10.49]	01:32:02 / 431 [10.31]	02:01:48 / 425 [10.39]	02:33:59 / 418 [10.28]	03:06:02 / 402 [10.21]	03:41:27 / 390 [9.93]
380	704	ZIĘBA TOMASZ	BYSTRZYCA	POL		77	M30/120		(M)350	04:15:42	04:15:09	9.92	00:29:51 / 362 [10.60]	00:58:27 / 372 [10.83]	01:28:56 / 383 [10.67]	01:58:24 / 378 [10.69]	02:28:15 / 352 [10.67]	02:58:37 / 353 [10.63]	03:39:30 / 372 [10.02]
381	710	LEWANDOWSKI JÓZEF	KATOWICE-MURCKI	POL	ZZRG MURCKI	66	M40/114		(M)351	04:15:52	04:15:16	9.92	00:30:40 / 422 [10.32]	00:58:39 / 395 [10.79]	01:28:16 / 344 [10.76]	01:57:18 / 335 [10.79]	02:28:58 / 369 [10.62]	03:01:12 / 370 [10.48]	03:36:27 / 359 [10.16]
382	780	PLATEK DAWID	KATOWICE	POL		89	M20/60		(M)352	04:15:59	04:15:12	9.92	00:33:21 / 506 [9.49]	01:05:02 / 484 [9.73]	01:37:13 / 480 [9.76]	02:07:34 / 461 [9.92]	02:39:39 / 451 [9.91]	03:11:23 / 438 [9.92]	03:45:21 / 416 [9.76]
383	620	ZAGÓRSKI RAFAŁ	KATOWICE	POL		81	M20/61		(M)353	04:16:23	04:15:37	9.90	00:31:11 / 444 [10.15]	01:00:03 / 424 [10.54]	01:30:01 / 409 [10.55]	01:59:11 / 402 [10.62]	02:30:24 / 390 [10.52]	03:01:44 / 374 [10.45]	03:40:22 / 379 [9.98]
384	891	SALWA ALEKSANDER	KATOWICE	POL		78	M30/121		(M)354	04:16:27	04:15:54	9.89	00:29:49 / 355 [10.61]	00:58:27 / 369 [10.83]	01:28:43 / 353 [10.70]	01:58:23 / 365 [10.69]	02:28:15 / 353 [10.67]	03:02:45 / 387 [10.39]	03:39:31 / 373 [10.02]
385	702	NOWAK MARIUSZ	DĄBROWA GÓRNICZAPOL			80	M30/122		(M)355	04:16:35	04:15:47	9.90	00:33:15 / 497 [9.52]	01:04:14 / 477 [9.85]	01:35:55 / 469 [9.90]	02:06:41 / 453 [9.99]	02:38:15 / 443 [10.00]	03:08:15 / 421 [10.09]	03:42:17 / 397 [9.89]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points								
												5km	10km	15km	21km	25km	30km	35km		
386	729	WIELGOSZ LESZEK	NOWA SÓL	POL		63	M40/115		(M)	356	04:16:53	04:16:27	9.87	00:30:43 / 429 [10.30]	01:00:50 / 440 [10.40]	01:32:48 / 442 [10.23]	02:02:20 / 435 [10.35]	02:35:15 / 427 [10.19]	03:10:07 / 433 [9.99]	03:44:28 / 409 [9.80]
387	790	ŁABA DOROTA	BIELSKO BIAŁA	POL		75	K30/10		(K)	31	04:16:55	04:16:23	9.87	00:29:49 / 354 [10.61]	00:58:26 / 361 [10.83]	01:29:29 / 403 [10.61]	02:01:15 / 421 [10.44]	02:35:15 / 425 [10.19]	03:10:06 / 430 [9.99]	03:44:27 / 408 [9.80]
388	732	SZNAJDER ZENON	NOWA SÓL	POL		59	M50/50		(M)	357	04:16:55	04:16:28	9.87	00:30:42 / 427 [10.31]	01:00:51 / 442 [10.40]	01:32:47 / 441 [10.23]	02:02:20 / 434 [10.35]	02:35:15 / 426 [10.19]	03:10:06 / 432 [9.99]	03:44:27 / 407 [9.80]
389	41	PENDOLSKI FRANCISZEK	KATOWICE	POL	KB JÓZEFINKA KATOWICE	42	M60/10		(M)	358	04:16:59	04:16:07	9.88	00:33:15 / 500 [9.52]	01:05:08 / 486 [9.72]	01:37:49 / 483 [9.71]	02:09:17 / 471 [9.79]	02:40:57 / 456 [9.83]	03:11:27 / 439 [9.92]	03:44:24 / 406 [9.80]
390	733	SZNAJDER MARIAN	SIEDLISKO	POL		66	M40/116		(M)	359	04:16:59	04:16:25	9.87	00:30:42 / 428 [10.31]	01:00:57 / 446 [10.38]	01:32:47 / 440 [10.23]	02:03:16 / 436 [10.27]	02:35:20 / 428 [10.19]	03:10:06 / 431 [9.99]	03:44:28 / 411 [9.80]
391	768	STĘPIŃSKI MAREK	WROCLAW	POL		78	M30/123		(M)	360	04:17:27	04:16:46	9.86	00:32:34 / 471 [9.72]	01:02:10 / 462 [10.18]	01:33:10 / 443 [10.19]	02:04:00 / 443 [10.21]	02:37:02 / 439 [10.08]	03:09:48 / 427 [10.00]	03:44:42 / 413 [9.79]
392	894	PINKOSZ JAN	ZABRZE	POL	POGORIA BIEGA	56	M50/51		(M)	361	04:17:27	04:17:10	9.84	00:29:09 / 300 [10.86]	00:56:59 / 311 [11.11]	01:26:12 / 305 [11.01]	01:54:05 / 302 [11.10]	02:23:34 / 293 [11.02]	02:52:34 / 272 [11.00]	03:28:19 / 311 [10.55]
393	697	POLCYN JAN	OSIEK NAD NOTECIĄ	POL	42.195-MECHANIK PIŁA	64	M40/117		(M)	362	04:17:41	04:17:07	9.85	00:29:33 / 314 [10.71]	00:58:14 / 337 [10.87]	01:28:17 / 345 [10.75]	01:57:24 / 338 [10.78]	02:28:10 / 334 [10.68]	02:59:50 / 359 [10.56]	03:40:51 / 388 [9.96]
394	728	STĘPIEŃ MAREK	PORĘBA	POL	BIEGAJZNAMI.PL	61	M40/118		(M)	363	04:18:16	04:17:32	9.83	00:31:29 / 455 [10.05]	01:01:00 / 449 [10.38]	01:32:01 / 429 [10.32]	02:01:53 / 427 [10.39]	02:35:33 / 430 [10.17]	03:10:09 / 434 [9.98]	03:47:29 / 426 [9.67]
395	2123	MOKRZYCKA KRYSZYNA	WROCLAW	POL		52	K50/2		(K)	32	04:18:20	04:17:46	9.82	00:30:41 / 426 [10.31]	01:00:51 / 443 [10.40]	01:32:41 / 439 [10.24]	02:03:55 / 441 [10.21]	02:37:27 / 440 [10.05]	03:10:12 / 435 [9.98]	03:45:06 / 414 [9.77]
396	1032	SZUMIELEWICZ WOJCIECH	WARSZAWA	POL	DB MARATHON	76	M30/124		(M)	364	04:19:03	04:18:31	9.79	00:30:01 / 391 [10.54]	00:58:37 / 390 [10.80]	01:28:55 / 382 [10.68]	01:58:28 / 388 [10.68]	02:29:14 / 372 [10.60]	03:03:27 / 389 [10.35]	03:43:50 / 401 [9.82]
397	1054	KORCZYŃSKI KAMIL	KATOWICE	POL		85	M20/62		(M)	365	04:19:13	04:18:31	9.79	00:31:55 / 463 [9.91]	01:00:51 / 441 [10.40]	01:30:07 / 413 [10.53]	01:58:25 / 381 [10.69]	02:30:18 / 388 [10.53]	03:04:10 / 391 [10.31]	03:42:33 / 398 [9.88]
398	858	GRABIŃSKI MARCIN	LUBLINIEC	POL	CROSS KAROLINKA CHORZÓW	79	M30/125		(M)	366	04:19:22	04:18:42	9.79	00:31:18 / 447 [10.11]	01:00:06 / 425 [10.53]	01:30:24 / 418 [10.50]	01:59:41 / 409 [10.58]	02:32:05 / 407 [10.40]	03:06:48 / 411 [10.16]	03:43:53 / 402 [9.82]
399	1072	RUSEK STANISŁAW	POZNAŃ	POL	DRUŻYNA SZPIKU	57	M50/52		(M)	367	04:19:37	04:19:03	9.77	00:29:37 / 321 [10.68]	00:58:12 / 335 [10.87]	01:27:59 / 333 [10.79]	01:58:15 / 355 [10.70]	02:30:06 / 387 [10.54]	03:02:41 / 386 [10.39]	03:40:50 / 387 [9.96]
400	680	CHMURCZYK MAREK	ZABRZE	POL		70	M40/119		(M)	368	04:20:19	04:20:13	9.73	00:29:49 / 353 [10.61]	00:59:07 / 405 [10.71]	01:30:36 / 419 [10.48]	02:00:53 / 418 [10.47]	02:34:00 / 420 [10.27]	03:07:18 / 413 [10.14]	03:44:28 / 410 [9.80]
401	857	LESIK TOMASZ	LUBLINIEC	POL	CROSS KAROLINKA CHORZÓW	54	M50/53		(M)	369	04:20:31	04:19:51	9.74	00:31:19 / 449 [10.10]	01:00:48 / 439 [10.41]	01:32:25 / 437 [10.27]	02:03:30 / 437 [10.25]	02:37:01 / 438 [10.08]	03:10:04 / 429 [9.99]	03:45:43 / 418 [9.74]
402	940	FRAŃCZEK MAREK	BYTOM	POL		68	M40/120		(M)	370	04:20:31	04:19:54	9.74	00:31:30 / 456 [10.05]	01:01:37 / 457 [10.27]	01:33:17 / 446 [10.18]	02:03:57 / 442 [10.21]	02:37:00 / 437 [10.08]	03:10:04 / 428 [9.99]	03:45:42 / 417 [9.74]
403	2102	BARAŃSKA CELESTYNA	GLIWICE	POL	ACCELERATE - KLUB BIEGACZA ACCENTURE	83	K20/16		(K)	33	04:20:36	04:19:54	9.74	00:33:10 / 487 [9.54]	01:03:58 / 476 [9.89]	01:36:09 / 471 [9.87]	02:07:03 / 455 [9.96]	02:40:09 / 452 [9.88]	03:11:57 / 440 [9.89]	03:47:54 / 427 [9.65]
404	614	KUKLA GRZEGORZ	SIEMIANOWICE	POL	BRAK	66	M40/121		(M)	371	04:20:54	04:20:49	9.71	00:29:03 / 296 [10.89]	00:58:03 / 329 [10.90]	01:28:44 / 354 [10.70]	01:58:30 / 391 [10.68]	02:32:00 / 403 [10.41]	03:06:22 / 406 [10.19]	03:43:36 / 400 [9.83]
405	658	PILSZEK DAMIAN	TYCHY	POL		74	M30/126		(M)	372	04:21:08	04:21:05	9.70	00:28:18 / 256 [11.18]	00:56:08 / 278 [11.27]	01:26:39 / 315 [10.96]	01:56:59 / 329 [10.82]	02:31:08 / 399 [10.47]	03:06:24 / 407 [10.19]	03:45:20 / 415 [9.76]
406	821	FISZER ANDRZEJ	KATOWICE	POL	KATOWICE MURCKI	86	M20/63	STU/21	(M)	373	04:21:10	04:20:32	9.72	00:29:56 / 382 [10.57]	00:58:34 / 388 [10.81]	01:28:57 / 387 [10.67]	01:58:07 / 353 [10.72]	02:28:19 / 357 [10.67]	03:00:46 / 366 [10.50]	03:42:38 / 399 [9.88]
407	761	BIALUCHA SERGIUSZ	BYTOM	POL		73	M30/127		(M)	374	04:21:17	04:20:29	9.72	00:33:08 / 484 [9.55]	01:05:33 / 504 [9.65]	01:40:22 / 493 [9.46]	02:13:39 / 494 [9.47]	02:48:09 / 484 [9.41]	03:19:55 / 463 [9.50]	03:51:21 / 441 [9.50]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points											
												5km	10km	15km	21km								
												25km	30km	35km									
473	765	NICKEL ANDRZEJ	CHELMEK	POL	OKB ZADYSZKA OŚWIĘCIM	75	M30/145		(M)	433	04:40:31	04:39:58	9.04	00:29:20 / 308 [10.79]	00:56:53 / 305 [11.13]	01:26:25 / 307 [10.99]	01:54:35 / 307 [11.05]	02:24:48 / 305 [10.93]	02:54:51 / 294 [10.86]	03:25:49 / 270 [10.68]			
474	802	KULIK PIOTR	KATOWICE	POL		67	M40/138		(M)	434	04:41:01	04:40:39	9.02	00:29:54 / 378 [10.58]	00:58:37 / 391 [10.80]	01:29:24 / 402 [10.62]	01:59:00 / 400 [10.64]	02:30:37 / 394 [10.50]	03:06:40 / 409 [10.17]	03:52:16 / 444 [9.47]			
475	809	CIEPIELA DARIUSZ	CZELADŹ	POL	NIEZRZESZONY	72	M30/146		(M)	435	04:41:05	04:40:29	9.03	00:30:52 / 438 [10.25]	01:00:24 / 433 [10.48]	01:33:14 / 444 [10.18]	02:05:22 / 449 [10.10]	02:44:18 / 467 [9.63]	03:23:01 / 481 [9.35]	04:03:48 / 483 [9.02]			
476	1048	BOBOER JAKUB	KATOWICE	POL		36	M70/1		(M)	436	04:41:09	04:40:21	9.03	00:31:19 / 448 [10.10]	01:00:53 / 444 [10.39]	01:34:10 / 450 [10.08]	02:06:13 / 450 [10.03]	02:42:43 / 460 [9.72]	03:19:40 / 461 [9.51]	04:00:22 / 468 [9.15]			
477	1008	PIECH MARCIN	JAWORZNO	POL	CHIRUNNERS JAWORZNO	83	M20/77		(M)	437	04:41:56	04:41:56	8.98	00:34:45 / 518 [9.11]	01:07:36 / 518 [9.36]	01:41:58 / 517 [9.31]	02:14:35 / 507 [9.41]	02:49:12 / 497 [9.35]	03:24:28 / 486 [9.29]	04:03:41 / 480 [9.02]			
478	1010	JANUS MARZENA	JAWORZNO	POL	CHI-RUNNERS JAWORZNO	87	K20/19		(K)	41	04:41:57	04:41:20	9.00	00:34:46 / 519 [9.10]	01:07:36 / 519 [9.36]	01:41:59 / 518 [9.31]	02:14:35 / 508 [9.41]	02:49:13 / 498 [9.35]	03:24:27 / 485 [9.29]	04:03:41 / 481 [9.02]			
479	670	MUSZYŃSKI WOJCIECH	KOLBUSZOWA	POL		77	M30/147		(M)	438	04:43:13	04:42:27	8.96	00:33:16 / 501 [9.51]	01:05:33 / 502 [9.65]	01:41:37 / 510 [9.34]	02:14:29 / 502 [9.41]	02:49:07 / 492 [9.36]	03:23:38 / 483 [9.32]	04:03:27 / 479 [9.03]			
480	920	WYSOCKI SŁAWOMIR	KATOWICE	POL		56	M50/62		(M)	439	04:43:18	04:42:32	8.96	00:31:53 / 462 [9.92]	01:02:19 / 463 [10.16]	01:35:00 / 456 [9.99]	02:06:38 / 451 [10.00]	02:41:41 / 458 [9.79]	03:17:25 / 454 [9.62]	03:59:40 / 465 [9.17]			
481	695	KOPREK JANUSZ	TOSZEK	POL	-	73	M30/148		(M)	440	04:43:43	04:42:51	8.95	00:36:12 / 530 [8.74]	01:11:15 / 527 [8.88]	01:46:43 / 533 [8.90]	02:21:29 / 530 [8.95]	02:57:14 / 521 [8.93]	03:32:26 / 510 [8.94]	04:08:42 / 500 [8.84]			
482	919	ŁAZOWSKI MARCIN	CHORZÓW	POL		76	M30/149		(M)	441	04:43:43	04:42:48	8.95	00:31:15 / 446 [10.13]	01:00:59 / 447 [10.38]	01:34:05 / 449 [10.09]	02:08:03 / 467 [9.88]	02:47:57 / 483 [9.42]	03:26:28 / 496 [9.20]	04:06:15 / 487 [8.93]			
483	849	TATARA DARIUSZ	CHORZÓW	POL		66	M40/139		(M)	442	04:43:46	04:43:04	8.94	00:32:34 / 470 [9.72]	01:03:22 / 474 [9.99]	01:36:10 / 472 [9.87]	02:08:00 / 466 [9.89]	02:43:37 / 462 [9.67]	03:21:05 / 465 [9.44]	04:02:38 / 474 [9.06]			
484	668	DYSZY RAFAŁ	GORA SIEWIERSKA	POL		72	M30/150		(M)	443	04:43:49	04:43:05	8.94	00:34:17 / 516 [9.23]	01:06:03 / 510 [9.58]	01:39:34 / 491 [9.53]	02:11:48 / 487 [9.60]	02:46:24 / 472 [9.51]	03:21:57 / 471 [9.40]	04:03:14 / 478 [9.04]			
485	690	PRUSKO ADAM	KATOWICE	POL	-----	68	M40/140		(M)	444	04:43:50	04:42:59	8.95	00:36:12 / 528 [8.74]	01:11:15 / 528 [8.88]	01:46:42 / 530 [8.90]	02:21:29 / 528 [8.95]	02:57:13 / 519 [8.93]	03:32:25 / 509 [8.94]	04:08:41 / 495 [8.84]			
486	236	HORAŁA PIOTR	WROCLAW	POL	POWERS TEAM	84	M20/78		(M)	445	04:43:50	04:42:59	8.95	00:36:12 / 529 [8.74]	01:11:16 / 529 [8.88]	01:46:42 / 529 [8.90]	02:21:29 / 529 [8.95]	02:57:13 / 520 [8.93]	03:32:26 / 511 [8.94]	04:08:42 / 499 [8.84]			
487	889	SAWCZYN TOMASZ	BRZĘKOWICE DOLNE	POL		79	M30/151		(M)	446	04:44:34	04:43:54	8.92	00:31:36 / 460 [10.01]	01:02:47 / 466 [10.08]	01:35:45 / 466 [9.91]	02:07:10 / 457 [9.95]	02:42:56 / 461 [9.71]	03:21:55 / 470 [9.40]	04:04:16 / 484 [9.00]			
488	660	WIZNER CZESŁAW	MYSŁOWICE	POL		54	M50/63		(M)	447	04:45:27	04:44:40	8.89	00:33:12 / 492 [9.53]	01:04:47 / 482 [9.77]	01:38:03 / 486 [9.68]	02:10:21 / 478 [9.71]	02:45:55 / 469 [9.54]	03:22:27 / 474 [9.38]	04:02:46 / 476 [9.06]			
489	32	GNIZA PAWEŁ	BIERUŃ	POL	WOPR BIERUŃ	89	M20/79		(M)	448	04:45:29	04:44:38	8.89	00:35:12 / 523 [8.99]	01:07:36 / 520 [9.36]	01:41:49 / 515 [9.32]	02:14:36 / 509 [9.40]	02:49:09 / 495 [9.35]	03:22:58 / 479 [9.35]	04:05:04 / 485 [8.97]			
490	708	SOLECKI TOMASZ	BIERUŃ	POL	"AZS ZIĘTEK" KATOWICE"	79	M30/152		(M)	449	04:45:49	04:44:57	8.88	00:35:12 / 524 [8.99]	01:07:36 / 521 [9.36]	01:41:49 / 516 [9.32]	02:14:36 / 510 [9.40]	02:49:09 / 496 [9.35]	03:22:58 / 478 [9.35]	04:05:04 / 486 [8.97]			
491	678	CZARNECKI ADAM	ŁOMIANKI	POL		71	M30/153		(M)	450	04:46:03	04:45:12	8.88	00:37:54 / 540 [8.35]	01:12:15 / 538 [8.76]	01:46:25 / 528 [8.92]	02:19:07 / 520 [9.10]	02:54:41 / 512 [9.06]	03:30:00 / 504 [9.04]	04:07:24 / 492 [8.89]			
492	741	ŁAKOMY REMIGIUSZ	SIEMIANOWICE	POL	BIEGANIE.PL	88	M20/80		(M)	451	04:46:48	04:46:03	8.85	00:33:46 / 511 [9.37]	01:05:31 / 494 [9.66]	01:38:07 / 489 [9.68]	02:10:35 / 481 [9.69]	02:47:05 / 476 [9.47]	03:25:27 / 492 [9.24]	04:08:13 / 493 [8.86]			
493	2106	KOLONKO JUSTYNA	CHORZÓW	POL	MARATHON CLUB CHORZÓW TEAM KOLONKO	75	K30/14		(K)	42	04:46:48	04:46:11	8.85	00:29:56 / 384 [10.57]	00:59:44 / 418 [10.60]	01:36:25 / 477 [9.85]	02:10:21 / 476 [9.71]	02:50:17 / 503 [9.29]	03:28:04 / 499 [9.13]	04:08:20 / 494 [8.85]			
494	676	KOLONKO PIOTR	CHORZÓW	POL	MARATHON CLUB MENDEN	67	M40/141		(M)	452	04:46:48	04:46:11	8.85	00:29:42 / 328 [10.65]	00:59:16 / 412 [10.68]	01:36:13 / 475 [9.87]	02:10:21 / 477 [9.71]	02:47:05 / 477 [9.47]	03:28:04 / 498 [9.13]	04:08:41 / 497 [8.84]			

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points							
												5km	10km	15km	21km	25km	30km	35km	
495	675	KOLONKO MIROSLAW	CHORZÓW	POL	MARATHON CLUB CHORZÓW TEAM KOLONKO	70	M40/142		(M)453	04:46:49	04:46:12	8.85	00:29:41 / 327 [10.66]	00:59:16 / 409 [10.68]	01:36:13 / 476 [9.87]	02:10:21 / 475 [9.71]	02:47:05 / 475 [9.47]	03:28:04 / 500 [9.13]	04:08:41 / 498 [8.84]
496	1067	KUŚMIEREK WIKTOR	OPOLE	POL	WKB META LUBLINIEC	45	M60/15		(M)454	04:46:56	04:46:24	8.84	00:30:54 / 439 [10.24]	01:02:02 / 459 [10.20]	01:35:53 / 468 [9.90]	02:09:51 / 473 [9.75]	02:47:18 / 480 [9.46]	03:24:42 / 489 [9.28]	04:06:35 / 488 [8.92]
497	603	KACZYŃSKI JACEK	GLIWICE	POL	POLSKA BIEGA	72	M30/154		(M)455	04:47:06	04:46:20	8.84	00:32:36 / 472 [9.71]	01:03:12 / 471 [10.01]	01:35:35 / 462 [9.93]	02:06:56 / 454 [9.97]	02:47:39 / 482 [9.44]	03:25:23 / 491 [9.24]	04:10:06 / 504 [8.79]
498	996	SKOWRONEK WIESŁAW	BIELSKO-BIAŁA	POL		59	M50/64		(M)456	04:47:34	04:46:44	8.83	00:33:11 / 490 [9.54]	01:04:40 / 481 [9.79]	01:38:05 / 487 [9.68]	02:11:00 / 484 [9.66]	02:47:15 / 479 [9.46]	03:24:44 / 490 [9.27]	04:07:12 / 491 [8.89]
499	1023	BARA ADAM	KATOWICE	POL		77	M30/155		(M)457	04:47:40	04:47:02	8.82	00:30:18 / 408 [10.44]	00:58:46 / 398 [10.77]	01:29:12 / 399 [10.64]	02:00:47 / 416 [10.48]	02:36:55 / 436 [10.08]	03:16:09 / 451 [9.68]	03:59:58 / 466 [9.16]
500	619	SZMELIK KAROL	TYCHY	POL	MARATON DLA DZIADKA	89	M20/81	STU/24	(M)458	04:47:42	04:46:46	8.83	00:39:10 / 543 [8.08]	01:16:13 / 544 [8.30]	01:52:57 / 544 [8.40]	02:29:10 / 543 [8.49]	03:08:30 / 537 [8.39]	03:44:57 / 537 [8.44]	04:20:46 / 521 [8.43]
501	812	SZOSTAKOWSKI JAROSŁAW	WARSZAWA	POL	BIEGAMY Z OCHOTĄ	67	M40/143		(M)459	04:47:47	04:47:00	8.82	00:35:11 / 522 [8.99]	01:07:54 / 524 [9.32]	01:43:43 / 523 [9.15]	02:19:44 / 522 [9.06]	03:01:22 / 531 [8.72]	03:37:33 / 522 [8.73]	04:12:45 / 508 [8.70]
502	769	STOPKA WOJCIECH	KATOWICE	POL	NIEZRZESZONY	72	M30/156		(M)460	04:48:11	04:47:18	8.81	00:39:03 / 541 [8.10]	01:16:09 / 541 [8.31]	01:52:57 / 543 [8.40]	02:27:36 / 539 [8.58]	03:03:19 / 535 [8.63]	03:37:10 / 521 [8.74]	04:13:28 / 509 [8.67]
503	925	MIERZWA EUGENIUSZ	ŚWIĘTOCHŁOWICE	POL		66	M40/144		(M)461	04:48:34	04:47:47	8.80	00:34:17 / 515 [9.23]	01:06:11 / 511 [9.56]	01:40:35 / 498 [9.44]	02:14:21 / 500 [9.42]	02:50:01 / 502 [9.31]	03:25:50 / 493 [9.22]	04:06:40 / 489 [8.91]
504	1057	SZERBOWSKI MAREK	KATOWICE	POL		10	M20/82	PN/13	(M)462	04:49:06	04:48:31	8.77	00:36:34 / 535 [8.65]	01:11:25 / 532 [8.86]	01:46:43 / 535 [8.90]	02:21:30 / 532 [8.95]	02:56:23 / 516 [8.97]	03:30:51 / 506 [9.00]	04:08:41 / 496 [8.84]
505	1065	SWOBODA PIOTR	KATOWICE	POL		58	M50/65		(M)463	04:50:09	04:49:26	8.75	00:33:03 / 480 [9.57]	01:05:33 / 503 [9.65]	01:41:36 / 508 [9.34]	02:14:29 / 504 [9.41]	02:49:38 / 500 [9.33]	03:28:04 / 501 [9.13]	04:09:44 / 503 [8.80]
506	712	SZREIER MAREK	PSZÓW	POL	PSZÓW	67	M40/145		(M)464	04:50:17	04:49:34	8.74	00:33:12 / 495 [9.53]	01:05:33 / 505 [9.65]	01:41:38 / 512 [9.34]	02:14:30 / 506 [9.41]	02:49:19 / 499 [9.34]	03:25:50 / 494 [9.22]	04:06:41 / 490 [8.91]
507	791	GÓRECKI SEBASTIAN	OŚWIĘCIM	POL		85	M20/83		(M)465	04:50:24	04:49:52	8.73	00:29:49 / 356 [10.61]	01:01:07 / 450 [10.36]	01:34:46 / 454 [10.02]	02:07:40 / 462 [9.91]	02:46:14 / 471 [9.52]	03:26:54 / 497 [9.18]	04:11:41 / 506 [8.74]
508	36	MALCHERCZYK TOMASZ	KATOWICE	POL	EMPROJEKT	78	M30/157		(M)466	04:51:11	04:50:31	8.71	00:33:10 / 486 [9.54]	01:05:33 / 500 [9.65]	01:41:35 / 505 [9.35]	02:14:29 / 505 [9.41]	02:49:08 / 494 [9.35]	03:28:04 / 502 [9.13]	04:13:33 / 511 [8.67]
509	604	KULAWIK ARKADIUSZ	TYCHY	POL	BRAK	75	M30/158		(M)467	04:52:37	04:52:06	8.67	00:33:46 / 510 [9.37]	01:06:36 / 517 [9.50]	01:41:44 / 514 [9.33]	02:15:38 / 514 [9.33]	02:51:48 / 508 [9.21]	03:28:35 / 503 [9.10]	04:10:31 / 505 [8.78]
510	674	WALENDEWICZ MARIUSZ	RYBNIK	POL	BELLATOR RYBNIK	82	M20/84		(M)468	04:53:14	04:52:36	8.65	00:30:03 / 393 [10.53]	00:58:25 / 357 [10.83]	01:28:53 / 373 [10.68]	01:58:46 / 399 [10.66]	02:38:42 / 445 [9.97]	03:21:58 / 472 [9.40]	04:09:14 / 502 [8.82]
511	998	GAŁKA TOMASZ	ŁÓDŹ	POL		87	M20/85	STU/25	(M)469	04:53:21	04:52:57	8.64	00:31:22 / 450 [10.09]	01:02:04 / 460 [10.20]	01:35:49 / 467 [9.91]	02:10:08 / 474 [9.73]	02:47:38 / 481 [9.44]	03:25:52 / 495 [9.22]	04:09:10 / 501 [8.82]
512	34	PAŁKA SŁAWOMIR	DĄBROWA GÓRNICZA	POL		75	M30/159		(M)470	04:53:38	04:52:45	8.65	00:35:25 / 525 [8.93]	01:08:32 / 525 [9.23]	01:43:44 / 524 [9.15]	02:17:49 / 518 [9.18]	02:55:48 / 515 [9.00]	03:32:32 / 512 [8.93]	04:12:34 / 507 [8.71]
513	972	SALA ŁUKASZ	JELEŃ GÓRA	POL	JELEŃ GÓRA	85	M20/86		(M)471	04:54:18	04:54:11	8.61	00:26:13 / 138 [12.07]	00:53:32 / 220 [11.82]	01:24:44 / 274 [11.20]	01:57:22 / 337 [10.78]	02:38:13 / 441 [10.00]	03:23:16 / 482 [9.34]	04:13:33 / 510 [8.67]
514	608	POZIMSKI JANUSZ	TARNOWSKIE GÓRY	POL		76	M30/160		(M)472	04:55:23	04:55:18	8.57	00:30:39 / 420 [10.32]	01:01:15 / 453 [10.33]	01:35:27 / 458 [9.95]	02:10:45 / 483 [9.68]	02:51:03 / 506 [9.25]	03:32:13 / 508 [8.95]	04:16:22 / 513 [8.58]
515	653	PELC TOMASZ	KATOWICE	POL		76	M30/161		(M)473	04:55:53	04:55:09	8.58	00:32:47 / 474 [9.65]	01:03:00 / 468 [10.05]	01:35:39 / 463 [9.92]	02:09:35 / 472 [9.77]	02:50:21 / 504 [9.29]	03:32:00 / 507 [8.96]	04:17:13 / 515 [8.55]
516	813	RATAJCZAK SŁAWOMIR	GOSTYŃ	POL		77	M30/162		(M)474	04:57:18	04:56:37	8.54	00:31:23 / 451 [10.08]	01:01:58 / 458 [10.21]	01:35:44 / 464 [9.92]	02:10:37 / 482 [9.69]	02:51:37 / 507 [9.22]	03:33:09 / 514 [8.91]	04:19:44 / 519 [8.47]

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points									
												5km	10km	15km	21km						
												25km	30km	35km							
517	49	DLUŻEWSKI HENRYK	TYCHY	POL		66	M40/146		(M)475	04:57:58	04:57:12	8.52	00:34:53 / 520 [9.07]	01:06:29 / 516 [9.52]	01:39:12 / 490 [9.57]	02:14:04 / 498 [9.44]					
												02:52:45 / 509 [9.16]	03:35:44 / 516 [8.80]	04:18:59 / 516 [8.49]							
518	1081	KARLAK ANDRZEJ	WARSZAWA	POL	KB GALERIA WARSZAWA	66	M40/147		(M)476	04:58:23	04:57:44	8.50	00:32:58 / 477 [9.60]	01:04:26 / 479 [9.82]	01:37:47 / 481 [9.71]	02:11:16 / 486 [9.64]					
												02:50:46 / 505 [9.27]	03:32:53 / 513 [8.92]	04:16:52 / 514 [8.56]							
519	1079	BUTKIEWICZ MAŁGORZATA	WARSZAWA	POL	KB GALERIA WARSZAWA	66	K40/7		(K)43	04:58:23	04:57:44	8.50	00:32:58 / 476 [9.60]	01:04:26 / 480 [9.82]	01:37:47 / 482 [9.71]	02:11:16 / 485 [9.64]					
												02:48:11 / 485 [9.41]	03:30:00 / 505 [9.04]	04:15:04 / 512 [8.62]							
520	831	WAŚKIEWICZ ZBIGNIEW	KATOWICE	POL	AWF KATOWICE	70	M40/148		(M)477	04:58:47	04:58:12	8.49	00:36:34 / 536 [8.65]	01:11:26 / 533 [8.86]	01:46:43 / 534 [8.90]	02:21:30 / 531 [8.95]					
												02:59:44 / 527 [8.80]	03:39:02 / 525 [8.67]	04:19:36 / 518 [8.47]							
521	750	ŁOKAS ANDRZEJ	BĘDZIN	POL		68	M40/149		(M)478	04:59:13	04:58:31	8.48	00:33:19 / 504 [9.50]	01:05:34 / 506 [9.65]	01:41:42 / 513 [9.33]	02:15:27 / 513 [9.34]					
												02:54:18 / 511 [9.08]	03:34:24 / 515 [8.86]	04:19:13 / 517 [8.48]							
522	852	LIPIŃSKI PRZEMYSŁAW	KAZIMIERZ BISKUPI	POL	BEZFORMY.PL	75	M30/163		(M)479	04:59:38	04:58:42	8.48	00:39:15 / 546 [8.06]	01:16:50 / 547 [8.24]	01:56:06 / 546 [8.18]	02:33:35 / 546 [8.24]					
												03:08:31 / 539 [8.39]	03:44:53 / 534 [8.44]	04:20:47 / 522 [8.43]							
523	822	LIPIŃSKI ROBERT	SOSNOWIEC	POL	BEZFORMY.PL	70	M40/150		(M)480	04:59:38	04:58:42	8.48	00:39:12 / 545 [8.07]	01:16:13 / 543 [8.30]	01:52:57 / 542 [8.40]	02:29:09 / 541 [8.49]					
												03:08:30 / 538 [8.39]	03:44:53 / 533 [8.44]	04:20:48 / 523 [8.43]							
524	773	PROKOP PAWEŁ	KATOWICE	POL	BEZFORMY.PL	79	M30/164		(M)481	04:59:40	04:58:45	8.47	00:39:10 / 542 [8.08]	01:16:13 / 545 [8.30]	01:52:56 / 541 [8.41]	02:29:09 / 542 [8.49]					
												03:08:29 / 536 [8.39]	03:44:56 / 535 [8.44]	04:20:46 / 520 [8.43]							
525	795	PIEKOSZOWSKI TOMASZ	ŻORY	POL		88	M20/87		(M)482	04:59:47	04:59:07	8.46	00:32:22 / 465 [9.78]	01:04:15 / 478 [9.85]	01:37:53 / 484 [9.70]	02:13:49 / 495 [9.46]					
												02:57:20 / 522 [8.92]	03:37:58 / 523 [8.71]	04:21:45 / 528 [8.40]							
526	632	ZIELONKA MARIUSZ	POZNAŃ	POL	CSWŁĄD POZNAŃ	70	M40/151		(M)483	05:02:20	05:01:34	8.40	00:33:12 / 493 [9.53]	01:05:31 / 495 [9.66]	01:41:16 / 502 [9.37]	02:14:58 / 512 [9.38]					
												02:58:05 / 523 [8.88]	03:39:37 / 526 [8.65]	04:24:41 / 530 [8.31]							
527	2112	BOCZKOWSKA KAROLINA	ZAKOPANE	POL		88	K20/20		(K)44	05:05:20	05:04:36	8.31	00:36:30 / 534 [8.67]	01:11:18 / 530 [8.88]	01:46:42 / 531 [8.90]	02:20:55 / 524 [8.98]					
												02:58:22 / 525 [8.87]	03:36:19 / 519 [8.78]	04:21:03 / 527 [8.42]							
528	2110	BOCZKOWSKA JUSTYNA	ZAKOPANE	POL		66	K40/8		(K)45	05:05:20	05:04:36	8.31	00:36:30 / 533 [8.67]	01:11:18 / 531 [8.88]	01:46:42 / 532 [8.90]	02:20:55 / 525 [8.98]					
												02:58:22 / 524 [8.87]	03:36:19 / 518 [8.78]	04:21:03 / 526 [8.42]							
529	828	WOJACZEK MARIUSZ	ŻORY	POL		73	M30/165		(M)484	05:05:21	05:04:30	8.31	00:33:43 / 509 [9.39]	01:05:45 / 509 [9.63]	01:42:01 / 519 [9.31]	02:16:48 / 516 [9.25]					
												02:55:03 / 513 [9.04]	03:35:48 / 517 [8.80]	04:21:02 / 525 [8.42]							
530	816	OSADNIK JACEK	WARSZAWA	POL	POLSKA BIEGA WARSZAWA URSYNÓW	76	M30/166		(M)485	05:05:25	05:04:35	8.31	00:33:04 / 481 [9.57]	01:05:32 / 497 [9.66]	01:41:13 / 500 [9.38]	02:16:25 / 515 [9.28]					
												02:55:46 / 514 [9.00]	03:36:38 / 520 [8.76]	04:20:53 / 524 [8.43]							
531	694	TOMALA SEBASTIAN	KATOWICE	POL		75	M30/167		(M)486	05:05:34	05:04:41	8.31	00:37:43 / 538 [8.39]	01:11:51 / 537 [8.81]	01:47:29 / 537 [8.83]	02:21:51 / 536 [8.92]					
												03:00:02 / 529 [8.79]	03:41:52 / 529 [8.56]	04:26:58 / 532 [8.24]							
532	1068	GIENIECZKO MARCIN	GDYNIA	POL		78	M30/168		(M)487	05:06:45	05:06:42	8.25	00:32:25 / 466 [9.76]	01:05:37 / 508 [9.65]	01:42:52 / 521 [9.23]	02:19:21 / 521 [9.08]					
												02:59:39 / 526 [8.81]	03:38:47 / 524 [8.68]	04:24:02 / 529 [8.33]							
533	2124	GROCHOWSKA JOANNA	WARSZAWA	POL	BIEGAMY Z OCHOTA	64	K40/9		(K)46	05:09:32	05:08:46	8.20	00:35:11 / 521 [8.99]	01:07:54 / 523 [9.32]	01:43:43 / 522 [9.15]	02:19:45 / 523 [9.06]					
												03:01:22 / 530 [8.72]	03:41:41 / 528 [8.56]	04:25:11 / 531 [8.29]							
534	963	BUDNY ANDRZEJ	LUBLINIEC	POL	WKB META LUBLINIEC	73	M30/169		(M)488	05:15:32	05:14:55	8.04	00:33:01 / 478 [9.58]	01:05:32 / 498 [9.66]	01:41:37 / 509 [9.34]	02:17:28 / 517 [9.21]					
												03:02:42 / 534 [8.66]	03:48:56 / 538 [8.29]	04:32:40 / 538 [8.06]							
535	1019	KAMIENIAK MIŁOSZ	ZABRZE	POL	MARATONYPOLSKIE.PL TEAM	86	M20/88		(M)489	05:16:32	05:15:54	8.01	00:33:11 / 491 [9.54]	01:05:31 / 491 [9.66]	01:41:16 / 503 [9.37]	02:21:22 / 526 [8.95]					
												03:10:47 / 542 [8.29]	03:53:42 / 541 [8.12]	04:39:10 / 540 [7.88]							
536	1009	BOGACZEWICZ JAKUB	ZABRZE	POL		86	M20/89		(M)490	05:16:32	05:15:54	8.01	00:33:11 / 489 [9.54]	01:05:31 / 492 [9.66]	01:41:16 / 504 [9.37]	02:21:22 / 527 [8.95]					
												03:10:47 / 541 [8.29]	03:53:42 / 540 [8.12]	04:39:09 / 539 [7.88]							
537	899	SZWEC PAWEŁ	TORUŃ	POL	DRUŻYNA SZPIKU TOREC TORUŃ	80	M30/170		(M)491	05:16:32	05:15:43	8.02	00:33:10 / 488 [9.54]	01:05:31 / 493 [9.66]	01:41:16 / 501 [9.37]	02:21:32 / 534 [8.94]					
												03:10:46 / 540 [8.29]	03:53:42 / 542 [8.12]	04:39:11 / 541 [7.88]							
538	1034	ŻUK JÓZEF	WAŁBRZYCH	POL	WKB WAŁBRZYCH	40	M70/2		(M)492	05:20:26	05:19:58	7.91	00:34:18 / 517 [9.23]	01:07:54 / 522 [9.32]	01:45:14 / 526 [9.02]	02:21:32 / 533 [8.94]					
												03:02:07 / 532 [8.69]	03:43:19 / 532 [8.50]	04:31:13 / 536 [8.11]							

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	Check points						
												5km	10km	15km	21km			
												25km	30km	35km				
539	9	STĘPKOWSKI ANDRZEJ	WROCLAW	POL	GOWOP	75	M30/171		(M)493	05:20:27	05:20:26	7.90	00:29:54 / 376 [10.58]	01:00:46 / 437 [10.41]	01:34:43 / 452 [10.02]	02:13:08 / 491 [9.51]		
												02:57:09 / 518 [8.93]	03:42:27 / 530 [8.54]	04:31:00 / 534 [8.11]				
540	8	WIATROWSKI KRZYSZTOF	WROCLAW	POL	GOWOP	70	M40/152		(M)494	05:20:27	05:20:25	7.90	00:29:54 / 377 [10.58]	01:00:47 / 438 [10.41]	01:34:44 / 453 [10.02]	02:13:08 / 492 [9.51]		
												02:57:09 / 517 [8.93]	03:42:27 / 531 [8.54]	04:31:00 / 535 [8.11]				
541	801	MARAS LADISLAV	PRESOV	SVK	FORMA WODZISLAW SLASKI	63	M40/153		(M)495	05:20:27	05:19:40	7.92	00:36:19 / 532 [8.71]	01:11:26 / 535 [8.86]	01:47:26 / 536 [8.84]	02:22:33 / 537 [8.88]		
												03:02:27 / 533 [8.67]	03:44:57 / 536 [8.44]	04:31:59 / 537 [8.08]				
542	827	KIEWRA MACIEJ	WROCLAW	POL		78	M30/172		(M)496	05:23:17	05:22:26	7.85	00:35:56 / 527 [8.81]	01:10:20 / 526 [9.00]	01:46:21 / 527 [8.93]	02:21:45 / 535 [8.93]		
												02:59:45 / 528 [8.80]	03:41:32 / 527 [8.57]	04:29:26 / 533 [8.16]				
543	756	NEIFAR FATHI	KATOWICE	POL		47	M60/16		(M)497	05:25:25	05:25:22	7.78	00:35:49 / 526 [8.83]	01:11:26 / 534 [8.86]	01:51:09 / 540 [8.54]	02:31:17 / 545 [8.37]		
												03:13:25 / 544 [8.18]	03:56:32 / 544 [8.03]	04:41:12 / 542 [7.82]				
544	6	PILARCZYK LUKASZ	KATOWICE	POL		84	M20/90		(M)498	05:28:00	05:27:59	7.72	00:28:23 / 263 [11.15]	00:59:49 / 419 [10.58]	01:33:28 / 447 [10.16]	02:08:06 / 468 [9.88]		
												02:53:08 / 510 [9.14]	03:49:58 / 539 [8.26]	04:43:01 / 544 [7.77]				
545	820	NOWOK JERZY	RUDA ŚLĄSKA	POL		50	M60/17		(M)499	05:28:06	05:27:11	7.74	00:39:11 / 544 [8.08]	01:16:12 / 542 [8.31]	01:53:28 / 545 [8.37]	02:30:57 / 544 [8.39]		
												03:12:36 / 543 [8.21]	03:54:55 / 543 [8.08]	04:42:36 / 543 [7.78]				
546	1046	RACZYŃSKA MAGDALENA	CHORZÓW	POL	KTS SUPERMARATON KALISZ	79	K30/15		STU/26 (K)47	05:31:11	05:30:20	7.66	00:36:12 / 531 [8.74]	01:11:26 / 536 [8.86]	01:49:07 / 538 [8.70]	02:26:33 / 538 [8.64]		
												03:16:14 / 546 [8.06]	04:01:29 / 545 [7.86]	04:49:20 / 545 [7.60]				
547	954	SZOPA LESZEK	ZATOR	POL		53	M50/66		(M)500	05:31:21	05:30:32	7.66	00:41:33 / 547 [7.62]	01:20:54 / 549 [7.82]	02:01:57 / 548 [7.78]	02:41:31 / 547 [7.84]		
												03:25:01 / 547 [7.72]	04:05:52 / 546 [7.72]	04:49:48 / 546 [7.59]				
548	663	STĘCLIK TOMASZ	KATOWICE	POL	TKKF CZARNI KATOWICE	76	M30/173		(M)501	05:50:05	05:49:11	7.25	00:37:31 / 537 [8.43]	01:13:55 / 539 [8.56]	01:50:29 / 539 [8.59]	02:28:19 / 540 [8.53]		
												03:14:04 / 545 [8.15]	04:06:48 / 547 [7.69]	05:01:19 / 547 [7.30]				
549	1036	BULSKI LESZEK	ŁÓDŹ	POL		46	M60/18		(M)502	05:50:57	05:50:00	7.23	00:41:36 / 548 [7.61]	01:19:33 / 548 [7.96]	02:04:41 / 549 [7.61]	02:48:45 / 548 [7.50]		
												03:34:23 / 548 [7.38]	04:20:45 / 548 [7.28]	05:06:48 / 548 [7.17]				
550	1080	MICHALIK WOJCIECH	WARSZAWA	POL	KB GALERIA WARSZAWA	56	M50/67		(M)503	06:09:17	06:08:38	6.87	00:37:50 / 539 [8.36]	01:16:39 / 546 [8.26]	02:01:10 / 547 [7.83]	02:48:54 / 549 [7.49]		
												03:36:42 / 549 [7.30]	04:25:30 / 549 [7.15]	05:16:02 / 549 [6.96]				