

Zawody: VII Bieg Dla Maćka

Data: 2016-05-29

Kategoria: 10KM

M	Mck Nr	Imię	Nazwisko	Kat	Miejscowość	Team	netto	Wynik	Tempo
1	141	NATALIA	NAHIRNIAK	K20 00:30:20	UKRAINA		00:38:16	00:38:16	03:49
2	69	DANUTA	PISKOROWSKA	K30 00:30:44	WROCLAW	TEAM-LUKS ŻÓRAWIN A-WROCLAW	00:38:33	00:38:36	03:51
3	165	MAGDALENA	CHRUSZCZ	K20 00:30:20	WROCLAW	LUKS ŻÓRAWINA	00:40:15	00:40:16	04:01
4	1	107	ANNA	K30 00:30:44	WROCLAW	KUBUTEK RUNNING TE AM	00:40:21	00:40:23	04:02
5	1	19	JOANNA	K20 00:32:25	WROCLAW/PRZEMIL	INTENSO	00:48:27	00:48:27	04:50
6	2	126	AGNIESZKA	K30 00:30:44	WROCLAW	LOS BIEGANEROS	00:49:35	00:49:41	04:58
7	1	131	GRAŻYNA	K50 00:34:14	TRZEBNICA	PRZEBIEGLI	00:49:42	00:49:46	04:58
8	3	249	MAGDALENA	K30 00:30:44	WROCLAW		00:51:09	00:51:19	05:07
9	2	136	DOROTA	K40 00:32:25	KRZEP TAR		00:51:36	00:51:41	05:10
10	4	133	ANNA	K30 00:30:44	WROCLAW	TRIAHLONMIETKÓW T EAM	00:51:38	00:51:47	05:10
11	5	79	MARTA	K30 00:30:44	WROCLAW	-	00:51:54	00:52:15	05:13
12	3	35	MARZENA	K40 00:32:25	WROCLAW	MIROTRANS WROCLAW	00:52:18	00:52:32	05:15
13	6	368	KATARZYNA	K30 00:30:44	WROCLAW	DRUŻYNA SZPIKU	00:52:10	00:52:33	05:15
14	7	159	WIOLETTA	K30 00:30:44	ŚWIDNICA	-	00:52:38	00:52:41	05:16
15	8	244	ANNA	K30 00:30:44	WYSOKA	-	00:52:29	00:52:44	05:16
16	1	257	MAGDA	K20 00:30:20	WROCLAW	-	00:52:34	00:52:44	05:16
17	9	56	ANNA	K30 00:30:44	WROCLAW	DOCFLOW SPORT TEAM	00:52:30	00:52:47	05:16
18	4	27	ANNA	K40 00:32:25	STANOWICE	CARGILL	00:52:48	00:52:59	05:17
19	5	149	MARZENA	K40 00:32:25	DAKOWICE		00:53:05	00:53:07	05:18
20	2	299	KATARZYNA	K20 00:30:20	WROCLAW	-	00:53:04	00:53:10	05:19
21	10	235	ALEKSANDRA	K30 00:30:44	BRZEG DOLNY	WROCLAW MARATHON TEAM	00:53:07	00:53:11	05:19
22	11	204	MAGDALENA	K30 00:30:44	WROCLAW	-	00:53:12	00:53:18	05:19
23	12	279	ANNA	K30 00:30:44	WROCLAW		00:53:06	00:53:26	05:20
24	6	106	ANITA	K40 00:32:25	WROCLAW	VEGE RUNNERS	00:53:12	00:53:31	05:21
25	7	296	KATARZYNA	K40 00:32:25	WROCLAW	TRENUJ Z NAMI 21 K	00:53:51	00:53:58	05:23
26	13	217	MONIKA	K30 00:30:44	WROCLAW	KAPITAN BOMBA TEAM	00:54:05	00:54:11	05:25
27	8	109	DOROTA	K40 00:32:25	WROCLAW	-	00:54:08	00:54:13	05:25
28	9	118	BEATA	K40 00:32:25	ZAKRZYCE		00:54:36	00:54:42	05:28
29	14	176	MARTA	K30 00:30:44	SYCÓW	-	00:54:36	00:54:43	05:28
30	3	238	ANNA	K20 00:30:20	WROCLAW	PRORUN WROCLAW	00:54:43	00:54:56	05:29
31	10	18	DANUTA	K40 00:32:25	WROCLAW	-	00:54:50	00:54:58	05:29
32	4	194	ALEKSANDRA	K20 00:30:20	MIĘDZYLESIE	WICIU I BUBA TEAM	00:54:44	00:54:59	05:29
33	15	266	AGNIESZKA	K30 00:30:44	WROCLAW	SELEDYNOWI	00:54:56	00:55:02	05:30
34	11	192	ULA	K40 00:32:25	WROCLAW		00:55:04	00:55:10	05:31
35	16	48	ANNA	K30 00:30:44	JELENIA GÓRA	VEGE RUNNERS / TS REGLE SZKLARSKA PO RĘBA	00:55:09	00:55:13	05:31
36	17	263	DOROTA	K30 00:30:44	WROCLAW	-	00:55:20	00:55:26	05:32
37	12	94	ANNA	K40 00:32:25	WROCLAW	-	00:55:45	00:56:04	05:36
38	5	9	KAROLINA	K20 00:30:20	NADOLICE MAŁE	-	00:55:53	00:56:05	05:36

M	Mck	Nr	Imię	Nazwisko	Kat	Miejscowość	Team	netto	Wynik	Tempo
39	18	248	MAGDALENA	SZLĘZAK	K30 00:30:44	WROCLAW	-	00:56:02	00:56:12	05:37
40	13	216	AGNIESZKA	JASTRZĘBSKA	K40 00:32:25	WROCLAW	WKB PIAST	00:56:09	00:56:17	05:37
41	6	90	AGNIESZKA	STARZYK	K20 00:30:20	WROCLAW	RUNSTARS	00:56:05	00:56:18	05:37
42	19	1	MONIKA	ADAMOWICZ	K30 00:30:44	WROCLAW	-	00:56:04	00:56:23	05:38
43	7	239	LUCYNA	FONAŁ	K20 00:30:20	WROCLAW	-	00:56:19	00:56:28	05:38
44	8	97	MAGDALENA	TARGONI	K20 00:30:20	WROCLAW	BIEGAJ.MY	00:56:22	00:56:34	05:39
45	14	373	EWA	OLSZEWSKA-PUSZCZAK	K40 00:32:25	WROCLAW	-	00:56:39	00:56:50	05:41
46	20	155	SYLWIA	NAWROCKA MILLWARD	K30 00:30:44	WROCLAW	-	00:57:00	00:57:00	05:42
47	9	365	MARTA	WITIW	K20 00:30:20	WROCLAW	-	00:56:55	00:57:08	05:42
48	15	242	MAŁGORZATA	DEBERNA-KOŚCIK	K40 00:32:25	PEŁCZYCE	-	00:56:53	00:57:09	05:42
49	21	262	KATARZYNA	SZPYRNA	K30 00:30:44	WROCLAW	-	00:57:18	00:57:27	05:44
50	10	202	ANNA	GUTOWSKA	K20 00:30:20	WROCLAW	TRENUJZNAMI.PL / 2 1K.PL	00:57:24	00:57:38	05:45
51	22	240	JOANNA	SZACIŁO	K30 00:30:44	WROCLAW	BODY IMPULSE	00:57:34	00:57:39	05:45
52	16	280	JOLANTA	NOWAK	K40 00:32:25	WROCLAW	-	00:58:04	00:58:15	05:49
53	23	11	ELŻBIETA	BUCZYŁOWSKA	K30 00:30:44	WROCLAW	INTERSPORT	00:58:09	00:58:31	05:51
54	24	160	EWA	MAZURCZAK	K30 00:30:44	KIEŁCZÓWEK	TEAM ASA BIEGIEM P O ZDROWIE	00:58:35	00:58:53	05:53
55	17	233	AGNIESZKA	KICZMACHOWSKA	K40 00:32:25	TYNIEC MAŁY	-	00:58:42	00:58:55	05:53
56	25	153	DOROTA	ANASZEWSKA	K30 00:30:44	WROCLAW	-	00:59:16	00:59:23	05:56
57	26	8	ANNA	BARTNICKA	K30 00:30:44	WROCLAW	COMBAT MAMA	00:59:31	00:59:31	05:57
58	27	188	MAGDALENA	RYCERZ-PAL	K30 00:30:44	TYNIEC MAŁY	-	00:59:30	00:59:44	05:58
59	28	96	BASIA	SZPIŁAREWICZ	K30 00:30:44	ZIĘBICE	FIT MUM	00:59:47	00:59:47	05:58
60	18	270	KATARZYNA	DROZD PIOTROWSKA	K40 00:32:25	WROCLAW	-	00:59:33	00:59:47	05:58
61	29	140	AGNIESZKA	KRUZEL	K30 00:30:44	WROCLAW	BODY BALANCE TEAM	01:00:02	01:00:09	06:00
62	30	31	EDYTA	INDULSKA-SAŁDACZKA	K30 00:30:44	WROCLAW	-	01:00:26	01:00:26	06:02
63	31	104	AGNIESZKA	WIEJA ZAREMBA	K30 00:30:44	KIEŁCZÓW	-	01:00:07	01:00:31	06:03
64	32	301	AGNIESZKA	GNITECKA	K30 00:30:44	WROCLAW	IRONMANIA.EU	01:00:04	01:00:31	06:03
65	33	80	AGNIESZKA	SADOWSKA	K30 00:30:44	WROCLAW	-	01:00:35	01:00:50	06:05
66	19	197	MARIOLA	DUDEK	K40 00:32:25	JAROSŁAW	STRZEGOMSKA DWUNAS TKA	01:00:51	01:01:08	06:06
67	20	93	ANNA	STĘPIEŃ-KUCHNIA	K40 00:32:25	RYBNICA	TS REGLE SZKLARSKA PORĘBA	01:01:14	01:01:30	06:09
68	34	210	HANNA	ROSZKOWSKA	K30 00:30:44	WROCLAW	POMOC DLA LENKI Z WROCLAWIA	01:01:40	01:01:40	06:10
69	21	145	ANNA	TOMCZAK	K40 00:32:25	WROCLAW	BIEGAM BO BIEGAM	01:01:21	01:01:51	06:11
70	35	23	NATALIA	FORMELA	K30 00:30:44	MONAR POBIEDNA	MONAR POBIEDNA	01:02:17	01:02:21	06:14
71	22	371	MAŁGORZATA	ŁAWNIK	K40 00:32:25	STANOWICE	-	01:02:06	01:02:30	06:15
72	36	500	MAGDALENA	SOBCZAK	K30 00:30:44	WROCLAW	-	01:02:39	01:02:54	06:17
73	11	272	JOANNA	SIECZEJKO	K20 00:30:20	BOLESŁAWIEC	STEFEK BIEGA!	01:02:54	01:02:54	06:17
74	12	258	IWONA	PRUKOP	K20 00:30:20	WROCLAW	-	01:02:37	01:03:07	06:18
75	13	284	ANNA	WOJCIK	K20 00:30:20	WROCLAW	-	01:03:12	01:03:35	06:21
76	37	290	ALICJA	KOŁTONOWSKA	K30 00:30:44	WROCLAW	-	01:03:12	01:03:35	06:21
77	14	283	PAULINA	SOPATA	K20 00:30:20	WROCLAW	-	01:03:12	01:03:36	06:21
78	15	7	ALEKSANDRA	BARANOWSKA	K20 00:30:20	WROCLAW	MONAR WROCLAW	01:03:36	01:03:41	06:22
79	16	295	KAROLINA	BAK	K20 00:30:20	WROCLAW	-	01:03:19	01:03:42	06:22

M	Mck	Nr	Imię	Nazwisko	Kat	Miejscowość	Team	netto	Wynik	Tempo
80	23	172	DOROTA	LOREK	K40 00:32:25	WROCLAW	-	01:03:19	01:03:43	06:22
81	38	268	EWELINA	SMAGAŁA	K30 00:30:44	WROCLAW	-	01:03:33	01:03:54	06:23
82	39	195	ILONA	WALCZAK	K30 00:30:44	POZNAŃ	-	01:04:25	01:04:48	06:28
83	2	281	IWONA	JANKOWSKA	K50 00:34:14	WROCLAW	ZUMBA FILA	01:04:49	01:05:04	06:30
84	17	274	MAŁGORZATA	WIŚNIEWSKA	K20 00:30:20	WROCLAW	OIRP WROCLAW / WR OCLAW MARATHON TE AM	01:05:32	01:05:53	06:35
85	24	61	MAGDALENA	OWCZAREK	K40 00:32:25	WROCLAW	-	01:05:46	01:06:00	06:36
86	40	125	EWA	STELMASZAK	K30 00:30:44	WROCLAW	-	01:05:44	01:06:00	06:36
87	25	228	IWONA	KORBA	K40 00:32:25	BIELANY WROCLAWSK IE	-	01:05:39	01:06:02	06:36
88	26	179	ALICJA	GĘBCZYŃSKA	K40 00:32:25	WROCLAW	TWOMARK SPORT	01:06:34	01:06:45	06:40
89	27	282	IWONA	ROESLER	K40 00:32:25	WROCLAW	ZUMBA FILA	01:07:59	01:08:10	06:49
90	41	252	MARTA	BARTOSZEK	K30 00:30:44	WROCLAW	-	01:08:33	01:08:43	06:52
91	42	223	ANNA	ZACHOWSKA	K30 00:30:44	WROCLAW	DOCFLOW	01:08:44	01:09:00	06:54
92	28	225	JOANNA	GRANSORT	K40 00:32:25	WROCLAW	DOCFLOW SPORT TEAM	01:08:40	01:09:00	06:54
93	18	293	BARBARA	JAGODZIŃSKA	K20 00:30:20	WROCLAW	-	01:09:32	01:09:32	06:57
94	19	178	NINA	GĘBCZYŃSKA	K20 00:30:20	WROCLAW	TWOMARK SPORT	01:09:28	01:09:41	06:58
95	20	99	ADRIANNA	TUREK	K20 00:30:20	WROCLAW	MONAR WROCLAW	01:09:41	01:09:44	06:58
96	21	53	NATALIA	MATYSIAK	K20 00:30:20	WROCLAW	MONAR WROCLAW	01:09:43	01:09:47	06:58
97	1	112	GENOWEFA	NOWAKOWSKA	K60 00:38:57	JELEŃ GÓRA	BIEGAM DLA SIEBIE	01:09:57	01:10:15	07:01
98	22	213	ANNA	ŁOZIENKO	K20 00:30:20	MIŁOSZYCE	KB HARCOWNIK JELCZ -LASKOWICE	01:10:24	01:10:42	07:04
99	1	269	ANNA	STROJWAŚ	K70 00:45:50	WROCLAW	-	01:10:44	01:10:59	07:05
100	3	253	WIESŁAWA	GUDER	K50 00:34:14	SYCÓW	KB LUPUS	01:11:28	01:11:53	07:11
101	4	102	IZABELA	URBAŃSKA-KRAWCZYK	K30 00:34:14	KAMIENIEC WROCLAW SKI	FAMILYFIT	01:12:04	01:12:24	07:14
102	23	173	KATARZYNA	KOZECKA	K20 00:30:20	WROCLAW	-	01:12:29	01:12:47	07:16
103	24	108	ANNA	WRONKA	K20 00:30:20	WROCLAW	-	01:12:29	01:12:51	07:17
104	43	181	JOANNA	MADEJOWSKA	K30 00:30:44	WROCLAW	-	01:12:36	01:12:54	07:17
105	25	150	PAULINA	CICHOŃ - BARTKA	K20 00:30:20	TYNIEC MAŁY	-	01:12:35	01:12:54	07:17
106	26	162	LAURA	KOPAŁA	K20 00:30:20	LUBIN	-	01:12:46	01:12:55	07:17
107	44	167	PAULINA	DOBROCHŁOP	K30 00:30:44	WROCLAW	MONAR	01:13:20	01:13:29	07:20
108	5	230	KATARZYNA	TYSZKOWSKA	K50 00:34:14	WROCLAW	-	01:13:27	01:13:45	07:22
109	45	297	MARTA	SZYNDLAREWICZ	K30 00:30:44	WROCLAW	GUTEK BIEGA	01:13:37	01:14:08	07:24
110	46	67	ANNA	PIOTROWICZ	K30 00:30:44	MONAR POBIEDNA	MONAR POBIEDNA	01:21:38	01:21:49	08:10
111	47	52	JUSTYNA	MACKAŁO	K30 00:30:44	MONAR POBIEDNA	MONAR POBIEDNA	01:21:38	01:21:49	08:10
112	27	164	JULITA	KOSTRUBA	K20 00:30:20	ŚCINAWA	MONAR ŚCINAWA	01:24:23	01:24:33	08:27
113	48	163	MONIKA	PRUGAR	K30 00:30:44	ŚCINAWA	MONAR ŚCINAWA	01:24:24	01:24:34	08:27
114	28	113	MARTA	TRYBALSKA	K20 00:30:20	WROCLAW	-	01:24:44	01:25:05	08:30
115	49	41	DANUTA	KONOWAŁ	K30 00:30:44	MONAR POBIEDNA	MONAR POBIEDNA	01:26:20	01:26:30	08:39
116	29	17	ANNA	DANIELEWSKA	K20 00:30:20	MONAR POBIEDNA	MONAR POBIEDNA	01:26:19	01:26:30	08:39
117	30	70	JOANNA	POPOWICZ	K20 00:30:20	MONAR POBIEDNA	MONAR POBIEDNA	01:30:35	01:30:44	09:04
118	31	98	KLAUDIA	TRZAJNA	K20 00:30:20	MONAR POBIEDNA	MONAR POBIEDNA	01:30:35	01:30:45	09:04