

# 3xKopa

Organizator: Stowarzyszenie "Bieg Opolski"

Miejscowość i data: Pokrzywna, 22.04.2023

Klasyfikacja: Maraton Opawski

| Miejsce | Numer startowy | Kraj | Nazwisko i imię      | Rok ur. | Klub / Miejscowość                    | 1 okr. | Czas     | Czas netto | Tempo    | K     | M  | Kat. MGG | Kat. MPN | Kat. MWO | Kat. wiek. |
|---------|----------------|------|----------------------|---------|---------------------------------------|--------|----------|------------|----------|-------|----|----------|----------|----------|------------|
| 1       | 413            | POL  | Kaleciński Jarosław  | 1984    | Oboirygeni, Oborniki Śląskie          |        | 01:56:19 | 04:27:53   | 04:27:47 | 06:05 | 1  |          |          |          | 1/M30      |
| 2       | 354            | POL  | Smolski Kamil        | 1985    | Prudnik                               |        | 01:56:26 | 04:30:46   | 04:30:38 | 06:09 | 2  |          |          | 1        | 2/M30      |
| 3       | 1110           | POL  | Gregorczyk Łukasz    | 1983    | VegeRunners, Warszawa                 |        | 02:00:13 | 04:52:08   | 04:52:06 | 06:38 | 3  |          |          |          | 1/M40      |
| 4       | 412            | POL  | Herchel Arkadiusz    | 1977    | Grodków                               |        | 02:07:34 | 04:57:40   | 04:57:36 | 06:45 | 4  |          |          | 2        | 2/M40      |
| 5       | 428            | POL  | Żwirski Marcin       | 1989    | Nysa                                  |        | 01:59:04 | 05:01:35   | 05:01:32 | 06:51 | 5  |          | 1        | 3        | 3/M30      |
| 6       | 338            | POL  | Ryłko Krzysztof      | 1973    | Zadzyszka Oświęcim/KS Kandahar,       |        | 02:07:35 | 05:03:23   | 05:03:20 | 06:53 | 6  |          |          |          | 1/M50      |
| 7       | 312            | POL  | Słociak Rafał        | 1990    | Przedwojewski Team, Opole             |        | 02:08:23 | 05:10:21   | 05:10:12 | 07:03 | 7  |          |          | 4        | 4/M30      |
| 8       | 374            | POL  | Skrzypczyk Paulina   | 1991    | 42k Pro Team, Tychy                   |        | 02:17:06 | 05:16:11   | 05:16:11 | 07:11 | 1  |          |          |          | 1/K30      |
| 9       | 350            | POL  | Kern Ryszard         | 1985    | Kb Odra Opole, Kotórz Mały            |        | 02:18:08 | 05:22:31   | 05:22:19 | 07:19 | 8  |          |          | 5        | 5/M30      |
| 10      | 306            | POL  | Smoter Damian        | 1982    | Wrocław                               |        | 02:16:41 | 05:30:28   | 05:30:11 | 07:30 | 9  |          |          |          | 3/M40      |
| 11      | 377            | POL  | Budrewicz Katarzyna  | 1976    | BUDRYSY, Suwałki                      |        | 02:26:01 | 05:31:47   | 05:31:17 | 07:32 | 2  |          |          |          | 1/K40      |
| 12      | 626            | POL  | Wróbel Patryk        | 1994    | Juvenia Glucholazy, Glucholazy        |        | 02:21:30 | 05:32:33   | 05:32:10 | 07:33 | 10 |          |          |          | 1/M20      |
| 13      | 311            | POL  | Tokarczyk Marcin     | 1978    | Nysa                                  |        | 02:19:27 | 05:36:57   | 05:36:49 | 07:39 | 11 |          | 2        | 6        | 4/M40      |
| 14      | 383            | POL  | Hołownia Tomasz      | 1981    | Grupa biegowa bez GRANic, Strzegom    |        | 02:19:01 | 05:42:56   | 05:42:35 | 07:47 | 12 |          |          |          | 5/M40      |
| 15      | 375            | POL  | Augustyniak Grzegorz | 1982    | Wrocław                               |        | 02:27:45 | 05:43:38   | 05:43:10 | 07:48 | 13 |          |          |          | 6/M40      |
| 16      | 313            | POL  | Klyszcz Michał       | 1994    | Izbicko w Biegu, Otmice               |        | 02:12:01 | 05:44:41   | 05:44:38 | 07:50 | 14 |          |          | 7        | 2/M20      |
| 17      | 328            | POL  | Polaczek Daniel      | 1993    | Izbicko w Biegu, Otmice               |        | 02:10:36 | 05:44:41   | 05:44:37 | 07:50 | 15 |          |          | 8        | 6/M30      |
| 18      | 392            | POL  | Papuga Dariusz       | 1965    | Zadzyszka Oświęcim, Jawiszowice       |        | 02:32:24 | 05:46:54   | 05:46:51 | 07:53 | 16 |          |          |          | 2/M50      |
| 19      | 347            | POL  | Kliś Marcin          | 1987    | Stare Siolkowice                      |        | 02:31:53 | 05:47:31   | 05:47:09 | 07:53 | 17 |          |          | 9        | 7/M30      |
| 20      | 309            | CZE  | Vojvodik Martin      | 1974    | SKOB Ostrava, Ostrava                 |        | 02:33:33 | 05:52:43   | 05:52:26 | 08:00 | 18 |          |          |          | 7/M40      |
| 21      | 384            | POL  | Kostrzewski Sławomir | 1975    | Opole                                 |        | 02:25:22 | 05:53:53   | 05:53:48 | 08:02 | 19 |          |          | 10       | 8/M40      |
| 22      | 315            | POL  | Knop Wojciech        | 1985    | Opole                                 |        | 02:29:06 | 05:54:20   | 05:53:43 | 08:03 | 20 |          |          | 11       | 8/M30      |
| 23      | 349            | POL  | Pechra Mateusz       | 1990    | UltraTURY, Turawa                     |        | 02:21:41 | 05:54:50   | 05:54:38 | 08:03 | 21 |          |          | 12       | 9/M30      |
| 24      | 346            | POL  | Buhl Marcin          | 1983    | Chrzastowice                          |        | 02:31:52 | 05:54:50   | 05:54:28 | 08:03 | 22 |          |          | 13       | 9/M40      |
| 25      | 411            | POL  | Cupriak Daniel       | 1972    | AGROAS TEAM, Grodków                  |        | 02:28:04 | 05:55:16   | 05:55:12 | 08:04 | 23 |          |          | 14       | 3/M50      |
| 26      | 330            | POL  | Jarzębowski Adam     | 1975    | Yazomb's, Katowice                    |        | 02:26:45 | 06:03:35   | 06:03:33 | 08:15 | 24 |          |          |          | 10/M40     |
| 27      | 310            | POL  | Baran Bartłomiej     | 1995    | Eko-Okna Runners, Baborów             |        | 02:16:48 | 06:03:49   | 06:03:49 | 08:16 | 25 |          |          | 15       | 3/M20      |
| 28      | 351            | POL  | Skóra Dominik        | 1998    | Tarnów Opolski                        |        | 02:23:04 | 06:04:06   | 06:03:51 | 08:16 | 26 |          |          | 16       | 4/M20      |
| 29      | 389            | POL  | Skóra Szymon         | 1977    | Nysa                                  |        | 02:28:06 | 06:05:04   | 06:04:39 | 08:17 | 27 |          | 3        | 17       | 11/M40     |
| 30      | 353            | POL  | Pozniak Robert       | 1970    | Od Jeziora do Jeziora, Dobrzeń Wielki |        | 02:33:19 | 06:05:38   | 06:05:17 | 08:18 | 28 |          |          | 18       | 4/M50      |
| 31      | 398            | POL  | Kania Marcin         | 1997    | #TeamKostera, Gliwice                 |        | 02:35:14 | 06:10:50   | 06:10:20 | 08:25 | 29 |          |          |          | 5/M20      |
| 32      | 316            | POL  | Bury Jarosław        | 1987    | Turyści, Lubliniec                    |        | 02:27:26 | 06:10:54   | 06:10:34 | 08:25 | 30 |          |          |          | 10/M30     |
| 33      | 400            | POL  | Sroga Maciej         | 1987    | Gt kona, Namysłów                     |        | 02:34:08 | 06:10:54   | 06:10:53 | 08:25 | 31 |          |          | 19       | 11/M30     |
| 34      | 379            | POL  | Budrewicz Maciej     | 1986    | BUDRYSY, Suwałki                      |        | 02:37:52 | 06:14:50   | 06:14:20 | 08:31 | 32 |          |          |          | 12/M30     |
| 35      | 317            | POL  | Kowalik Anna         | 1987    | Turyści, Lubliniec                    |        | 02:37:58 | 06:15:16   | 06:14:57 | 08:31 | 3  |          |          |          | 2/K30      |
| 36      | 334            | POL  | Każmierczak Piotr    | 1985    | Warszawa                              |        | 02:26:30 | 06:15:23   | 06:15:19 | 08:31 | 33 |          |          |          | 13/M30     |
| 37      | 343            | POL  | Michalowski Radosław | 1977    | NOA, Radomierzycze                    |        | 02:43:54 | 06:16:04   | 06:15:50 | 08:32 | 34 |          |          |          | 12/M40     |
| 38      | 303            | POL  | Krupińska Andżelika  | 1991    | Biegające Krejzole, Koziegłowy        |        | 02:40:23 | 06:20:09   | 06:19:44 | 08:38 | 4  |          |          |          | 3/K30      |
| 39      | 372            | POL  | Kińczyk Tomasz       | 1980    | Biegnij Oława, Oława                  |        | 02:35:25 | 06:20:09   | 06:20:01 | 08:38 | 35 |          |          |          | 13/M40     |
| 40      | 352            | POL  | Pikos Patryk         | 1987    | Polska Nowa Wieś                      |        | 02:29:43 | 06:20:43   | 06:20:30 | 08:39 | 36 |          |          | 20       | 14/M30     |
| 41      | 355            | POL  | Karcz Tomasz         | 1979    | Strzegom                              |        | 02:24:37 | 06:21:24   | 06:21:02 | 08:40 | 37 |          |          |          | 14/M40     |
| 42      | 394            | POL  | Stępień Grzegorz     | 1977    | Wieczorne Biegani w Opolu, Opole      |        | 02:42:58 | 06:21:54   | 06:21:35 | 08:40 | 38 |          |          | 21       | 15/M40     |
| 43      | 356            | POL  | Krzyżański Mieszko   | 1997    | Kamienna Góra                         |        | 02:43:47 | 06:22:23   | 06:22:15 | 08:41 | 39 |          |          |          | 6/M20      |
| 44      | 342            | POL  | Buhl Tobiasz         | 1995    | Opole                                 |        | 02:40:18 | 06:22:50   | 06:22:23 | 08:42 | 40 |          |          | 22       | 7/M20      |
| 45      | 393            | POL  | Mazur Janusz         | 1980    | Bolechowice                           |        | 02:47:48 | 06:26:00   | 06:25:13 | 08:46 | 41 |          |          |          | 16/M40     |
| 46      | 333            | POL  | Janusz Marek         | 1983    | Częstochowa                           |        | 02:33:45 | 06:26:07   | 06:26:01 | 08:46 | 42 |          |          |          | 17/M40     |
| 47      | 341            | POL  | Wawrzyniak Krystian  | 1988    | Opole                                 |        | 02:40:15 | 06:27:10   | 06:26:43 | 08:47 | 43 |          |          | 23       | 15/M30     |
| 48      | 348            | POL  | Eszner Agnieszka     | 1978    | Poznań                                |        | 02:45:27 | 06:27:45   | 06:27:21 | 08:48 | 5  |          |          |          | 2/K40      |
| 49      | 390            | POL  | Hacusi Jacek         | 1984    | Duszynki Zdrój                        |        | 02:46:44 | 06:30:21   | 06:30:09 | 08:52 | 44 |          |          |          | 16/M30     |
| 50      | 370            | POL  | Chojnacki Tomasz     | 1982    | Team Ozimek, Ozimek                   |        | 02:26:23 | 06:31:29   | 06:31:13 | 08:53 | 45 |          |          | 24       | 18/M40     |
| 51      | 302            | POL  | Bialik Jędrzej       | 1984    | Nysa                                  |        | 02:41:47 | 06:34:47   | 06:34:26 | 08:58 | 46 |          | 4        | 25       | 17/M30     |
| 52      | 345            | POL  | Tomaszek Wojciech    | 1980    | Kędzierzyn-Koźle                      |        | 02:31:03 | 06:34:58   | 06:34:32 | 08:58 | 47 |          |          | 26       | 19/M40     |
| 53      | 402            | POL  | Sajnog Leszek        | 1980    | #BIEGAJLESZNO, Mórkowo                |        | 02:38:49 | 06:37:37   | 06:37:30 | 09:02 | 48 |          |          |          | 20/M40     |
| 54      | 368            | POL  | Grzegorzak Michał    | 1991    | Mechnice                              |        | 02:27:37 | 06:43:48   | 06:43:35 | 09:10 | 49 |          |          | 27       | 18/M30     |
| 55      | 329            | POL  | Kucia Szymon         | 1991    | Adient, Pawłów                        |        | 02:40:48 | 06:46:04   | 06:45:33 | 09:13 | 50 |          |          | 28       | 19/M30     |
| 56      | 417            | POL  | Błędkowska Katarzyna | 1984    | Opole                                 |        | 02:57:11 | 06:47:17   | 06:47:04 | 09:15 | 6  |          |          | 1        | 4/K30      |
| 57      | 331            | POL  | Przondziona Adam     | 1964    | Koszęcin                              |        | 02:43:07 | 06:48:15   | 06:48:15 | 09:16 | 51 |          |          |          | 5/M50      |
| 58      | 559            | POL  | Matusiak Michał      | 1983    | Rowery Małgoška, Ceradz Kościelny     |        | 02:47:15 | 06:52:46   | 06:52:22 | 09:22 | 52 |          |          |          | 21/M40     |
| 59      | 396            | POL  | Majda Łukasz         | 1983    | Gniechowice                           |        | 02:42:47 | 06:54:09   | 06:53:57 | 09:24 | 53 |          |          |          | 22/M40     |
| 60      | 358            | POL  | Kociszewski Łukasz   | 1980    | Opole                                 |        | 02:59:02 | 06:56:42   | 06:56:11 | 09:28 | 54 |          |          | 29       | 23/M40     |
| 61      | 391            | POL  | Serkowska Paulina    | 1994    | Police                                |        | 03:00:08 | 06:58:25   | 06:57:40 | 09:30 | 7  |          |          |          | 1/K20      |
| 62      | 376            | POL  | Bartosiewicz Adam    | 1977    | Gryfino                               |        | 03:00:20 | 07:02:20   | 07:02:00 | 09:35 | 55 |          |          |          | 24/M40     |

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| Miejsce | Numer startowy | Kraj | Nazwisko i imię             | Rok ur. | Klub / Miejscowość                         | 1 okr. | Czas     | Czas netto | Tempo    | K     | M  | Kat. MGG | Kat. MPN | Kat. MWO | Kat. wiek. |
|---------|----------------|------|-----------------------------|---------|--|--------|----------|------------|----------|-------|----|----------|----------|----------|------------|
| 63      | 382            | POL  | Łubian Michał               | 1975    | BlueSoft, Warszawa                         |        | 02:42:36 | 07:03:01   | 07:02:55 | 09:36 | 56 |          |          |          | 25/M40     |
| 64      | 373            | POL  | Niestony Dominika           | 2001    | Ex Team, Opole                             |        | 03:09:57 | 07:06:15   | 07:06:04 | 09:41 | 8  |          |          | 2        | 2/K20      |
| 65      | 305            | POL  | Smak Adam                   | 1973    | PULSAR Wrocław, Wrocław                    |        | 02:50:30 | 07:06:58   | 07:06:15 | 09:42 | 57 |          |          |          | 6/M50      |
| 66      | 324            | POL  | Klabis Iwona                | 1980    | Lucky Losers, Lubliniec                    |        | 03:03:56 | 07:11:44   | 07:11:25 | 09:48 | 9  |          |          |          | 3/K40      |
| 67      | 320            | POL  | Dzierżanowski Łukasz        | 1978    | Opole                                      |        | 02:58:50 | 07:11:45   | 07:11:25 | 09:48 | 58 |          |          | 30       | 26/M40     |
| 68      | 319            | POL  | Dzierżanowska Kasia         | 1980    | Opole                                      |        | 02:58:54 | 07:11:45   | 07:11:25 | 09:48 | 10 |          |          | 3        | 4/K40      |
| 69      | 357            | POL  | Mielnik Krzysztof           | 1987    | Diehl Running Team, Namysłów               |        | 03:00:03 | 07:12:45   | 07:12:24 | 09:50 | 59 |          |          | 31       | 20/M30     |
| 70      | 336            | POL  | Górnicki Tomasz             | 1979    | Stare psy, Warszawa                        |        | 02:57:36 | 07:14:10   | 07:14:06 | 09:52 | 60 |          |          |          | 27/M40     |
| 71      | 332            | POL  | Jurkowski Piotr             | 1971    | POLARIS RUNNIG TEAM, Opole                 |        | 02:53:27 | 07:14:13   | 07:14:03 | 09:52 | 61 |          |          | 32       | 7/M50      |
| 72      | 361            | POL  | Gawlina Lesław              | 1967    | Ruda Śląska                                |        | 03:00:28 | 07:14:33   | 07:14:16 | 09:52 | 62 |          |          |          | 8/M50      |
| 73      | 322            | POL  | Karweta Marek               | 1988    | Fujitsu Running Team, Katowice             |        | 02:51:49 | 07:16:16   | 07:15:59 | 09:54 | 63 |          |          |          | 21/M30     |
| 74      | 388            | POL  | Stachak Krzysztof           | 1981    | Miraz Race Team, Świętochłowice            |        | 03:08:48 | 07:23:12   | 07:22:44 | 10:04 | 64 |          |          |          | 28/M40     |
| 75      | 363            | POL  | Olszewski Wojciech          | 1980    | Włóczno Team, Włóczno                      |        | 02:51:36 | 07:25:36   | 07:25:01 | 10:07 | 65 |          |          | 33       | 29/M40     |
| 76      | 387            | POL  | Nieznał Beata               | 1983    | UltraBies, Mielec                          |        | 03:15:06 | 07:31:16   | 07:30:58 | 10:15 | 11 |          |          |          | 5/K40      |
| 77      | 344            | POL  | Piotrowski Łukasz           | 1985    | Szydłów                                    |        | 03:11:02 | 07:36:14   | 07:35:25 | 10:22 | 66 |          |          | 34       | 22/M30     |
| 78      | 359            | POL  | Budziński Krzysztof         | 1968    | ?, Opole                                   |        | 03:07:21 | 07:44:05   | 07:43:21 | 10:32 | 67 |          |          | 35       | 9/M50      |
| 79      | 326            | POL  | Wąchalski Tadeusz           | 1967    | Dobrzeń Wielki                             |        | 03:48:55 | 07:49:41   | 07:48:53 | 10:40 | 68 |          |          | 36       | 10/M50     |
| 80      | 325            | POL  | Smoter Wojciech             | 1981    | STAL NYSA, Nysa                            |        | 02:48:18 | 07:51:18   | 07:50:57 | 10:42 | 69 |          | 5        | 37       | 30/M40     |
| 81      | 367            | POL  | Nowak Łukasz                | 1983    | Wieczorne Bieganie w Opolu, Suchy Bór      |        | 03:08:06 | 07:58:19   | 07:57:46 | 10:52 | 70 |          |          | 38       | 31/M40     |
| 82      | 397            | POL  | Kwiatkowska Zuzanna         | 1973    | RNB TEAM Polanica Zdrój, Szczytina         |        | 03:07:58 | 07:58:31   | 07:58:18 | 10:52 | 12 |          |          |          | 1/K50      |
| 83      | 381            | POL  | Kaczmarek Mirosław          | 1991    | Runner's Power Śrem, Śrem                  |        | 03:31:55 | 08:00:25   | 07:59:43 | 10:55 | 71 |          |          |          | 23/M30     |
| 84      | 380            | POL  | Matuszewska Małgorzata      | 1975    | Runner's Power - Powiat Śremski, Śrem      |        | 03:31:55 | 08:00:27   | 07:59:45 | 10:55 | 13 |          |          |          | 6/K40      |
| 85      | 304            | POL  | Gidaszewska Jolanta         | 1977    | Leszno-Gronowo, Leszno                     |        | 03:24:00 | 08:00:48   | 08:00:41 | 10:55 | 14 |          |          |          | 7/K40      |
| 86      | 337            | POL  | Jendrysik Kinga             | 1983    | Toszek                                     |        | 03:16:09 | 08:01:12   | 08:00:55 | 10:56 | 15 |          |          |          | 8/K40      |
| 87      | 395            | POL  | Jagodzińska Paulina         | 1982    | UltraBies, Mielec                          |        | 03:33:56 | 08:01:55   | 08:01:36 | 10:57 | 16 |          |          |          | 9/K40      |
| 88      | 335            | POL  | Rozzak Maciej               | 1999    | Wrocław                                    |        | 03:22:36 | 08:10:56   | 08:10:47 | 11:09 | 72 |          |          |          | 8/M20      |
| 89      | 323            | POL  | Pokuta Waldemar             | 1972    | Krapkowice                                 |        | 03:07:50 | 08:29:17   | 08:28:32 | 11:34 | 73 |          |          | 39       | 11/M50     |
| 90      | 364            | POL  | Gruchoł Małgorzata          | 1976    | Wieczorne Bieganie w Opolu, Gogolin        |        | 03:10:38 | 08:30:39   | 08:29:55 | 11:36 | 17 |          |          | 4        | 10/K40     |
| 91      | 416            | POL  | Kocyba Artur                | 1968    | Glucholazy                                 |        | 03:07:29 | 08:44:26   | 08:43:42 | 11:55 | 74 | 1        | 6        | 40       | 12/M50     |
| 92      | 307            | POL  | Cupiał Dariusz              | 1966    | W pogoni za duchem, Sosnowiec              |        | 03:20:44 | 08:45:50   | 08:45:27 | 11:57 | 75 |          |          |          | 13/M50     |
| 93      | 360            | POL  | Mączka Krystyna             | 1955    | Bieg Rzeźnika, Gliwice                     |        | 03:39:32 | 08:56:26   | 08:55:47 | 12:11 | 18 |          |          |          | 1/K60      |
| 94      | 362            | POL  | Brzenczek Michał            | 1971    | Gliwice                                    |        | 03:39:33 | 08:56:26   | 08:55:47 | 12:11 | 76 |          |          |          | 14/M50     |
| 95      | 301            | POL  | Stromiło Anna               | 1982    | Brzozów Domowy Hatac, Piła                 |        | 03:55:26 | 09:17:36   | 09:17:33 | 12:40 | 19 |          |          |          | 11/K40     |
| 96      | 339            | POL  | Kołodziej Jacek             | 1973    | Compañeros Asphalt Team, Gliwice           |        | 03:28:49 | 09:18:22   | 09:18:02 | 12:41 | 77 |          |          |          | 15/M50     |
| PK      | 660            | POL  | Górniak-Antkowiak Agnieszka | 1978    | Oboirygeni, Oborniki Śląskie               |        | 02:36:55 | 06:12:18   | 06:12:07 | 08:27 |    |          |          |          | PK/K40     |
| PK      | 599            | POL  | Łukasz Rakowski             | 1981    | PCC Ultra Runners, Brzeg Dolny             |        | 02:28:36 | 06:41:23   | 06:41:00 | 09:07 |    |          |          |          | PK/M40     |
| PK      | 540            | POL  | Osakowicz Mateusz           | 1980    | Warszawa                                   |        | 02:33:07 | 06:51:07   | 06:50:52 | 09:20 |    |          |          |          | PK/M40     |
| PK      | 550            | POL  | Milbrant Kornel             | 1983    | ADS Masna, Ruda Śląska                     |        | 03:03:41 | 07:14:33   | 07:14:18 | 09:52 |    |          |          |          | PK/M40     |
| PK      | 125            | POL  | Palej Janusz                | 1982    | J&J, Skarbimierz-Osiedle                   |        | 02:44:16 | 07:21:42   | 07:21:28 | 10:02 |    |          |          |          | PK/M40     |
| PK      | 528            | POL  | Mikołajczyk Kacper          | 1998    | Mogilno                                    |        | 02:44:45 | 07:28:59   | 07:28:40 | 10:12 |    |          |          |          | PK/M20     |
| PK      | 580            | POL  | Szymczyszyn Jerzy           | 1968    | Opole                                      |        | 03:07:21 | 07:44:08   | 07:43:24 | 10:32 |    |          |          |          | PK/M50     |
| PK      | 516            | POL  | Domański Henryk             | 1970    | Stan Umystu Lewin Biega, Lewin Brzeski     |        | 02:51:46 | 07:54:52   | 07:54:47 | 10:47 |    |          |          |          | PK/M50     |
| PK      | 607            | POL  | Sedlaczek Piotr             | 1977    | UltraL, Lubrza                             |        | 03:05:23 | 07:55:07   | 07:54:34 | 10:47 |    |          |          |          | PK/M40     |
| PK      | 565            | POL  | Kruzel Rafał                | 1971    | Biegowe Misie, Legnica                     |        | 03:29:27 | 08:00:42   | 08:00:36 | 10:55 |    |          |          |          | PK/M50     |
| PK      | 572            | POL  | Szyska Jakub                | 1984    | Zielona Góra                               |        | 03:12:50 | 08:04:18   | 08:03:26 | 11:00 |    |          |          |          | PK/M30     |
| PK      | 569            | POL  | Iciek Mariusz               | 1974    | Aktywni Kamieński, Gomonice                |        | 03:16:41 | 08:04:30   | 08:03:39 | 11:00 |    |          |          |          | PK/M40     |
| PK      | 614            | POL  | Dąbrowski Przemek           | 1962    | Belchatów                                  |        | 03:16:40 | 08:04:32   | 08:03:40 | 11:00 |    |          |          |          | PK/M60+    |
| PK      | 661            | POL  | Krakowski Paweł             | 1986    | Czapal Góra Miki Team, Mechnice            |        | 03:32:22 | 08:19:09   | 08:19:08 | 11:20 |    |          |          |          | PK/M30     |
| PK      | 551            | POL  | Milbrant Katarzyna          | 1983    | ADS Masna, Ruda Śląska                     |        | 03:48:39 | 08:53:41   | 08:53:26 | 12:07 |    |          |          |          | PK/K40     |
| PK      | 613            | DNK  | Helwich Agnieszka           | 1982    | HelTeam, Herlev                            |        | 03:30:04 | 08:56:18   | 08:56:13 | 12:11 |    |          |          |          | PK/K40     |
| PK      | 526            | POL  | Szewczyk Radosław           | 1973    | Łódź                                       |        | 03:42:17 | 09:12:45   | 09:12:03 | 12:33 |    |          |          |          | PK/M50     |
| PK      | 522            | POL  | Hoffmann Grzegorz           | 1977    | Kościąn Team, Piotrowo Pierwsze            |        | 03:36:08 | 09:12:54   | 09:12:14 | 12:33 |    |          |          |          | PK/M40     |
| PK      | 533            | POL  | Kacprzak Konrad             | 1985    | Łódź                                       |        | 03:54:50 | 09:28:15   | 09:27:32 | 12:54 |    |          |          |          | PK/M30     |
| DNS     | 567            | POL  | Śleziak Jarosław            | 1979    | Daniel Wosik Tervel Team Złoty Stok, Złoty |        |          |            |          |       |    |          |          |          | DNS/M40    |