

VI Ostrowski ICE MAT Półmaraton pod Patronatem Prezydenta Miasta Ostrowa

WYNIKI ZAWODÓW / RESULTS LIST

Półmaraton 21,0975 km

Organizator: Klub Sportowy ICE MAT TEAM Ostrów Wielkopolski

Data: 24 marca 2019 r.

Miejsce: Ostrów Wielkopolski

Dystans: 21,097km

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

KOBIETY (WOMEN)

| Msc Rank | Nr Bib | Nazwisko i imię Name | Miejscowość City | Kraj Nat. | Druż / Klub Team / Club | R-k YoB Ranks | Klasyfikacje YoB Ranks | Czas Time | Real (***) Time | Tempo m/km | diff Net | 2km | 7km | 9km | 14km | 16km |
|----------|--------|--|------------------|-----------|---|---------------|------------------------|-----------------|-----------------|------------|----------|--------------|--------------|--------------|--------------|--------------|
| 1 | 22 | WIERZCHOWSKA Izabela () | KALISZ | POL | TEAM MASTERS BARRACUDA | 81K30/1 | K / 1 | 01:24:50 | 01:24:47 | 04.01 | +0:11:19 | 0:07:39 / 1 | 0:27:46 / 1 | 0:35:22 / 1 | 0:55:47 / 1 | 1:03:39 / 1 |
| 2 | 563 | ROMANOWSKA Justyna () | KĄTY | POL | AZS PWR / WOSIEK TEAM | 93K20/1 | K / 2 | 01:30:28 | | 04.17 | +0:16:57 | 0:08:01 / 2 | 0:29:34 / 2 | 0:37:45 / 2 | 0:59:41 / 2 | 1:08:02 / 2 |
| 3 | 263 | SZOSTAK Anna () | ZABRZE | POL | ZABRZAŃSKIE PARKOWE BIEGANIE | 90K20/2 | K / 3 | 01:33:49 | | 04.26 | +0:20:18 | 0:08:25 / 3 | 0:31:21 / 4 | 0:39:46 / 4 | 1:02:32 / 3 | 1:11:08 / 3 |
| 4 | 64 | ZAKRZEWICZ-PODLECKA Agnieszka () | ROKIETNICA | POL | ROKIETNICA BIEGA | 86K30/2 | K / 4 | 01:34:40 | | 04.29 | +0:21:09 | 0:08:31 / 4 | 0:31:04 / 3 | 0:39:40 / 3 | 1:02:40 / 4 | 1:11:28 / 4 |
| 5 | 57 | DZIĘCZKOWSKA-NIKLEWICZ Joanna (MROWINO | | POL | ROKIETNICA BIEGA | 81K30/3 | K / 5 | 01:38:20 | | 04.39 | +0:24:48 | 0:08:44 / 7 | 0:32:34 / 8 | 0:41:40 / 8 | 1:05:46 / 8 | 1:14:48 / 7 |
| 6 | 208 | WOJTASZEK Agnieszka () | KOŚCIAN | POL | FIT4LIFE | 90K20/3 | K / 6 | 01:38:27 | | 04.40 | +0:24:56 | 0:08:48 / 8 | 0:32:04 / 6 | 0:41:04 / 6 | 1:05:07 / 6 | 1:14:22 / 6 |
| 7 | 360 | GÓRSKA Anna () | OSTRÓW | POL | KS FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI | 83K30/4 | K / 7 | Pow/44 01:38:44 | | 04.40 | +0:25:12 | 0:08:39 / 6 | 0:31:51 / 5 | 0:40:42 / 5 | 1:04:33 / 5 | 1:13:46 / 5 |
| 8 | 405 | ZAJĄC-SOBCZAK Marta () | TRZEBNICA | POL | DTR BIEGA | 82K30/5 | K / 8 | 01:39:34 | | 04.43 | +0:26:03 | 0:08:59 / 9 | 0:33:08 / 9 | 0:42:17 / 9 | 1:06:24 / 9 | 1:15:26 / 9 |
| 9 | 452 | LORENC Arleta () | OSTRÓW | POL | KB CZARNE WILKI | 92K20/4 | K / 9 | Pow/54 01:41:25 | | 04.48 | +0:27:53 | 0:08:39 / 5 | 0:32:07 / 7 | 0:41:06 / 7 | 1:05:42 / 7 | 1:15:18 / 8 |
| 10 | 544 | SARBINOWSKA Anna () | CZEMPIŃ | POL | KOŚCIAN TEAM | 80K30/6 | K / 10 | 01:45:12 | | 04.59 | +0:31:40 | 0:09:13 / 11 | 0:33:49 / 10 | 0:43:15 / 10 | 1:08:13 / 10 | 1:17:43 / 10 |
| 11 | 162 | GRZYBOWSKA Karolina () | CZERMIN | POL | | 78K40/1 | K / 11 | 01:45:36 | | 05.00 | +0:32:05 | 0:09:37 / 15 | 0:34:31 / 11 | 0:44:00 / 11 | 1:09:29 / 11 | 1:19:18 / 11 |
| 12 | 455 | JURKOWSKA Dominika () | WSCHOWA | POL | ENDORFINA WSCHOWA | 90K20/5 | K / 12 | 01:47:10 | | 05.04 | +0:33:38 | 0:09:39 / 18 | 0:35:59 / 18 | 0:46:07 / 18 | 1:12:12 / 15 | 1:21:57 / 14 |
| 13 | 351 | SKRZYPCZAK Hania () | MIOSŁAW | POL | BROWAR FORTUNA MIOSŁAW | 67K50/1 | K / 13 | 01:47:31 | | 05.05 | +0:34:00 | 0:09:43 / 20 | 0:35:05 / 13 | 0:44:54 / 13 | 1:11:02 / 13 | 1:21:13 / 13 |
| 14 | 333 | BESTRZYŃSKA Joanna () | GĄDKI | POL | | 71K40/2 | K / 14 | 01:47:35 | | 05.05 | +0:34:03 | 0:09:21 / 12 | 0:34:42 / 12 | 0:44:25 / 12 | 1:10:41 / 12 | 1:20:51 / 12 |
| 15 | 444 | SUŚ Joanna () | ZACHARZEW | POL | | 77K40/3 | K / 15 | Pow/80 01:48:52 | | 05.09 | +0:35:21 | 0:09:57 / 23 | 0:36:24 / 21 | 0:46:23 / 20 | 1:12:47 / 18 | 1:22:49 / 17 |
| 16 | 348 | WOJTASZEK Katarzyna () | TARCHAŁY | POL | LZS TARHALANKA TARCHAŁY WIELKIE | 90K20/6 | K / 16 | Pow/82 01:49:09 | | 05.10 | +0:35:37 | 0:09:34 / 14 | 0:35:27 / 15 | 0:45:18 / 15 | 1:11:50 / 14 | 1:21:58 / 15 |
| 17 | 529 | BUDZISZEWSKA Sandra () | WSCHOWA | POL | ENDORFINA WSCHOWA | 89K30/7 | K / 17 | 01:49:43 | | 05.12 | +0:36:12 | 0:09:38 / 16 | 0:36:03 / 19 | 0:46:09 / 19 | 1:12:51 / 19 | 1:23:03 / 19 |
| 18 | 205 | OKOŃ Teresa () | DORUCHÓW | POL | AKTYWNY OSTRZESZÓW | 81K30/8 | K / 18 | 01:49:49 | | 05.12 | +0:36:18 | 0:10:23 / 36 | 0:36:53 / 27 | 0:46:58 / 24 | 1:13:46 / 21 | 1:23:53 / 20 |
| 19 | 407 | WALIGÓRA Michalina () | KROTOSZYN | POL | | 90K20/7 | K / 19 | 01:50:06 | | 05.13 | +0:36:35 | 0:10:08 / 28 | 0:36:47 / 26 | 0:46:58 / 23 | 1:13:43 / 20 | 1:23:57 / 21 |
| 20 | 209 | ESZNER Agnieszka () | POZNAŃ | POL | | 78K40/4 | K / 20 | 01:50:06 | | 05.13 | +0:36:35 | 0:09:45 / 21 | 0:35:34 / 17 | 0:45:37 / 17 | 1:12:34 / 17 | 1:22:52 / 18 |
| 21 | 115 | ZARANEK Barbara () | KOWANÓWKO | POL | KĘSY TEAM | 71K40/5 | K / 21 | 01:50:32 | | 05.14 | +0:37:01 | 0:09:50 / 22 | 0:35:27 / 16 | 0:45:14 / 14 | 1:12:13 / 16 | 1:22:33 / 16 |
| 22 | 130 | PRZYBYŁAK Dorota () | SWARZĘDZ | POL | ADRUNALINE TEAM | 93K20/8 | K / 22 | 01:52:18 | | 05.19 | +0:38:46 | 0:10:52 / 54 | 0:38:13 / 35 | 0:47:53 / 31 | 1:14:23 / 24 | 1:24:24 / 22 |
| 23 | 326 | SZYMAŃSKA Anna () | KOSTRZYN | POL | | 77K40/6 | K / 23 | 01:53:38 | | 05.23 | +0:40:07 | 0:10:04 / 27 | 0:36:33 / 22 | 0:46:42 / 22 | 1:14:40 / 25 | 1:25:17 / 24 |
| 24 | 190 | WODICZKO Weronika () | KALISZ | POL | KTS SUPERMARATON/TEAM MASTERS BARRACUDA | 83K30/9 | K / 24 | 01:53:41 | | 05.23 | +0:40:10 | 0:10:31 / 38 | 0:38:25 / 36 | 0:48:43 / 35 | 1:16:38 / 33 | 1:26:52 / 32 |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

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|----------|--------|--|------------------|-----------|--|---------------------------|-----------|----------------|--------------|--------------|--------------|--------------|--------------|--|
| 25 | 59 | KRZYŻANIAK Agnieszka () | KAMIONKI | | POL NIGHT RUNNERS | 84K30/10 K / 25 | 01:53:57 | 05.24 +0:40:25 | 0:09:59 / 25 | 0:36:20 / 20 | 0:46:27 / 21 | 1:13:55 / 22 | 1:24:39 / 23 | |
| 26 | 472 | MICHOWSKA Joanna () | WIERUSZÓW, | | POL ZST OSTRÓW WIELKOPOLSKI | 01K16/1 K / 26 | 01:54:01 | 05.24 +0:40:30 | 0:09:38 / 17 | 0:36:41 / 25 | 0:47:08 / 27 | 1:15:20 / 29 | 1:25:45 / 25 | |
| 27 | 63 | MICHALSKA Agnieszka () | POZNAŃ | | POL | 80K30/11 K / 27 | 01:54:09 | 05.24 +0:40:37 | 0:10:10 / 31 | 0:36:55 / 28 | 0:47:14 / 29 | 1:15:09 / 26 | 1:25:48 / 27 | |
| 28 | 48 | STEINKE Agata () | POZNAŃ | | POL | 79K40/7 K / 28 | 01:54:10 | 05.24 +0:40:39 | 0:10:09 / 29 | 0:36:56 / 29 | 0:47:13 / 28 | 1:15:10 / 27 | 1:25:47 / 26 | |
| 29 | 6 | GRACZYK Anna () | KALISZ | | POL SUPERMARATON KALISZ | 83K30/12 K / 29 | 01:54:37 | 05.25 +0:41:06 | 0:10:13 / 33 | 0:37:52 / 33 | 0:48:09 / 33 | 1:15:59 / 31 | 1:26:38 / 30 | |
| 30 | 362 | ADAMUS Dominika () | KALISZ | | POL SUPERMARATON KALISZ | 82K30/13 K / 30 | 01:54:37 | 05.25 +0:41:06 | 0:10:13 / 32 | 0:37:53 / 34 | 0:48:08 / 32 | 1:16:00 / 32 | 1:26:38 / 31 | |
| 31 | 43 | MAJCHRZAK Wanda () | MUROWANA | | POL KB KATORŻNIK MUROWANA GOŚLINA | 77K40/8 K / 31 | 01:54:46 | 05.26 +0:41:15 | 0:10:43 / 47 | 0:39:06 / 38 | 0:49:36 / 37 | 1:17:20 / 36 | 1:27:32 / 34 | |
| 32 | 298 | AKUSZEWSKA Agata () | PUSZCZYKOWO | | POL KOŚCIAN TEAM | 65K50/2 K / 32 | 01:55:02 | 05.27 +0:41:30 | 0:10:02 / 26 | 0:36:39 / 24 | 0:47:02 / 25 | 1:15:14 / 28 | 1:26:13 / 29 | |
| 33 | 567 | MAŁECKA Małgorzata () | KOŚCIAN | | POL TGV CLUB | 85K30/14 K / 33 | 01:57:02 | 05.32 +0:43:31 | 0:09:57 / 24 | 0:37:17 / 31 | 0:49:02 / 36 | 1:17:03 / 35 | 1:27:52 / 35 | |
| 34 | 223 | PIECHNIK Maria () | TRZEMESZNO | | POL | 81K30/15 K / 34 | 01:57:10 | 05.33 +0:43:38 | 0:09:26 / 13 | 0:36:34 / 23 | 0:47:08 / 26 | 1:15:39 / 30 | 1:26:52 / 33 | |
| 35 | 85 | WILCZYŃSKA Agnieszka () | POZNAŃ | | POL NESTHORN | 79K40/9 K / 35 | 01:58:07 | 05.35 +0:44:36 | 0:09:42 / 19 | 0:37:00 / 30 | 0:47:44 / 30 | 1:16:53 / 34 | 1:28:10 / 36 | |
| 36 | 281 | PAWLAK Agnieszka () | OBORNIKI | | POL | 86K30/16 K / 36 | 01:58:16 | 05.36 +0:44:44 | 0:10:48 / 51 | 0:39:25 / 40 | 0:50:04 / 38 | 1:18:24 / 38 | 1:29:14 / 38 | |
| 37 | 468 | MUSIELAK Wioleta () | MILICZ | | POL RUNNING TEAM MILICZ | 74K40/10 K / 37 | 01:58:27 | 05.36 +0:44:55 | 0:09:13 / 10 | 0:35:06 / 14 | 0:45:21 / 16 | 1:14:12 / 23 | 1:26:05 / 28 | |
| 38 | 461 | GOŁĘBIAK Katarzyna () | KALISZ | | POL | 92K20/9 K / 38 | 01:58:31 | 05.37 +0:44:59 | 0:10:35 / 42 | 0:39:34 / 44 | 0:50:31 / 42 | 1:19:13 / 40 | 1:30:01 / 40 | |
| 39 | 366 | PAJAŁK Monika () | SKÓRZEWO | | POL | 82K30/17 K / 39 | 01:59:09 | 05.38 +0:45:37 | 0:10:36 / 44 | 0:39:26 / 41 | 0:50:19 / 39 | 1:19:06 / 39 | 1:30:01 / 39 | |
| 40 | 564 | SENDERSKA-PŁONOWSKA Magdalena WROCŁAW () | WROCŁAW | | POL VEGE RUNNERS | 92K20/10 K / 40 | 01:59:25 | 05.39 +0:45:53 | 0:11:26 / 65 | 0:41:48 / 63 | 0:53:03 / 58 | 1:21:32 / 46 | 1:32:09 / 43 | |
| 41 | 566 | LUBAŃSKA Alicja () | BUKOWICE | | POL SSW TEAM KROŚNICE | 68K50/3 K / 41 | 02:00:32 | 05.42 +0:47:01 | 0:10:09 / 30 | 0:37:41 / 32 | 0:48:20 / 34 | 1:17:29 / 37 | 1:29:07 / 37 | |
| 42 | 589 | GĄDZIAK Marta () | OSTRÓW | | POL | 83K30/18 K / 42 | 02:00:49 | 05.43 +0:47:18 | 0:11:02 / 60 | 0:40:20 / 49 | 0:51:29 / 46 | 1:20:57 / 43 | 1:31:59 / 42 | |
| 43 | 359 | CHOJNACKA-MARYSIAK Anna () | POWIDZ | | POL KLUB SPORTOWY LIBERO POWIDZ | 81K30/19 K / 43 | 02:01:38 | 05.45 +0:48:07 | 0:10:20 / 35 | 0:38:55 / 37 | 0:50:35 / 43 | 1:20:22 / 41 | 1:31:54 / 41 | |
| 44 | 395 | JURKIEWICZ Patrycja () | OSTRÓW | | POL | 86K30/20 K / 44 | 02:02:39 | 05.48 +0:49:08 | 0:10:40 / 45 | 0:39:54 / 45 | 0:51:02 / 45 | 1:21:20 / 44 | 1:32:55 / 45 | |
| 45 | 578 | SZYDLAK Angelika () | KROTOSZYN | | POL | 95K20/11 K / 45 | 02:02:55 | 05.49 +0:49:24 | 0:10:43 / 48 | 0:40:45 / 54 | 0:52:09 / 53 | 1:22:44 / 53 | 1:33:58 / 49 | |
| 46 | 159 | STATKIEWICZ Anna () | ZDUNY | | POL | 81K30/21 K / 46 | 02:02:57 | 05.49 +0:49:25 | 0:10:44 / 49 | 0:40:44 / 53 | 0:52:11 / 54 | 1:22:44 / 54 | 1:34:00 / 51 | |
| 47 | 67 | JÓZEFOWICZ Edyta () | KOŚCIAN | | POL KOŚCIAN TEAM | 74K40/11 K / 47 | 02:03:36 | 05.51 +0:50:05 | 0:10:52 / 55 | 0:40:39 / 52 | 0:52:03 / 52 | 1:22:00 / 48 | 1:33:22 / 47 | |
| 48 | 50 | TOMCZAK Dorota () | KAŻMIERZ | | POL | 79K40/12 K / 48 | 02:04:10 | 05.53 +0:50:38 | 0:10:32 / 40 | 0:39:27 / 43 | 0:50:31 / 41 | 1:20:53 / 42 | 1:32:35 / 44 | |
| 49 | 440 | HELBİK Joanna () | POZNAŃ | | POL | 90K20/12 K / 49 | 02:04:51 | 05.55 +0:51:19 | 0:10:33 / 41 | 0:40:21 / 50 | 0:51:52 / 50 | 1:22:31 / 51 | 1:33:59 / 50 | |
| 50 | 306 | URBAN Sylwia () | OSTRÓW | | POL NIGHT RUNNERS OSTRÓW WIELKOPOLSKI | 84K30/22 K / 50 | 02:05:21 | 05.56 +0:51:50 | 0:11:05 / 62 | 0:40:53 / 58 | 0:52:12 / 55 | 1:22:07 / 49 | 1:33:21 / 46 | |
| 51 | 280 | PAWLAK Milena () | PRZECLAW | | POL | 87K30/23 K / 51 | 02:06:09 | 05.58 +0:52:38 | 0:10:47 / 50 | 0:39:26 / 42 | 0:50:29 / 40 | 1:21:22 / 45 | 1:33:23 / 48 | |
| 52 | 496 | KONSTAŃCZAK Joanna () | POZNAŃ | | POL NIGHT RUNNERS POZNAŃ | 83K30/24 K / 52 | 02:07:36 | 06.02 +0:54:05 | 0:10:31 / 37 | 0:40:01 / 47 | 0:51:32 / 47 | 1:22:30 / 50 | 1:34:19 / 52 | |
| 53 | 546 | STOLARCZYK Justyna () | BOGUSZÓW | | POL GRUPA BIEGOWA DZIKOWIEC | 80K30/25 K / 53 | 02:07:51 | 06.03 +0:54:19 | 0:10:57 / 58 | 0:40:17 / 48 | 0:51:42 / 49 | 1:22:44 / 52 | 1:34:54 / 55 | |
| 54 | 388 | PRZYBYLSKA Małgorzata () | SOCHACZEW | | POL KM AKTYWNI SOCHACZEW | 69K50/4 K / 54 | 02:08:17 | 06.04 +0:54:46 | 0:10:15 / 34 | 0:39:17 / 39 | 0:50:49 / 44 | 1:21:58 / 47 | 1:34:42 / 54 | |
| 55 | 140 | PRUCHNIEWSKA Agnieszka () | ROKIETNICA | | POL ROKIETNICA BIEGA | 78K40/13 K / 55 | 02:08:28 | 06.05 +0:54:56 | 0:10:41 / 46 | 0:40:00 / 46 | 0:51:39 / 48 | 1:22:49 / 55 | 1:34:37 / 53 | |
| 56 | 152 | KĄKOLEWSKA Ełżbieta () | MŁODASKO | | POL | 73K40/14 K / 56 | 02:08:32 | 06.05 +0:55:01 | 0:10:32 / 39 | 0:40:50 / 56 | 0:52:24 / 56 | 1:24:29 / 58 | 1:36:18 / 56 | |
| 57 | 571 | NICIEJEWSKA Monika () | CZARNOŻYŁY | | POL WIELUŃ BIEGA | 93K20/13 K / 57 | 02:10:06 | 06.10 +0:56:35 | 0:11:42 / 66 | 0:43:53 / 67 | 0:55:41 / 66 | 1:27:28 / 64 | 1:39:15 / 64 | |
| 58 | 382 | KOCZURA Alina () | OSTRÓW | | POL | 77K40/15 K / 58 | 02:10:26 | 06.10 +0:56:55 | 0:10:35 / 43 | 0:40:25 / 51 | 0:51:58 / 51 | 1:24:00 / 56 | 1:36:30 / 57 | |
| 59 | 582 | CHOLEWIŃSKA Longina () | MUROWANA | | POL HERNIK TEAM | 66K50/5 K / 59 | 02:10:37 | 06.11 +0:57:05 | 0:10:56 / 57 | 0:41:28 / 60 | 0:53:42 / 62 | 1:25:36 / 59 | 1:38:04 / 59 | |
| 60 | 403 | SKROBAŃSKA Katarzyna () | GODZIESZE | | POL BIEGAM BO CHCĘ | 79K40/16 K / 60 | 02:11:31 | 06.14 +0:57:59 | 0:10:53 / 56 | 0:40:49 / 55 | 0:52:34 / 57 | 1:24:24 / 57 | 1:36:45 / 58 | |

Klasyfikacja wg czasów netto (poza 50-cioma pierwszymi na mecie).

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|----------|--------|-------------------------------|------------------|-----------|--|---------------------------|-----------|------------|----------|--------------|--------------|--------------|--------------|--------------|
| 61 | 272 | BAROS Zdzisława () | RUDNIKI | | POL FALSTART RUDNIKI | 65K50/6 K / 61 | 02:12:15 | 06.16 | +0:58:44 | 0:11:04 / 61 | 0:41:52 / 64 | 0:53:47 / 63 | 1:26:03 / 61 | 1:38:41 / 61 |
| 62 | 309 | TOMCZAK Danuta Jadwiga () | KOŚCIAN | | POL KOŚCIAN TEAM | 57K60/1 K / 62 | 02:12:20 | 06.16 | +0:58:49 | 0:10:51 / 53 | 0:40:53 / 57 | 0:53:38 / 61 | 1:25:51 / 60 | 1:38:23 / 60 |
| 63 | 526 | MARCZAK Karolina () | CZEKANÓW | | POL | 76K40/17 K / 63 | 02:12:42 | 06.17 | +0:59:10 | 0:10:48 / 52 | 0:41:10 / 59 | 0:53:30 / 59 | 1:26:14 / 63 | 1:39:13 / 63 |
| 64 | 110 | JASINOWSKA Emilia () | MIĘDZYCHÓD | | POL | 52K60/2 K / 64 | 02:13:59 | 06.21 | +1:00:27 | 0:11:07 / 63 | 0:41:37 / 61 | 0:53:35 / 60 | 1:26:11 / 62 | 1:38:52 / 62 |
| 65 | 175 | CARUK Arleta () | KALISZ | | POL BASTER TEAM | 68K50/7 K / 65 | 02:15:09 | 06.24 | +1:01:38 | 0:11:59 / 71 | 0:44:37 / 71 | 0:56:44 / 69 | 1:29:48 / 67 | 1:42:21 / 67 |
| 66 | 504 | SAJDYK Justyna () | BŁAŻOWA | | POL | 95K20/14 K / 66 | 02:19:09 | 06.35 | +1:05:38 | 0:10:58 / 59 | 0:42:33 / 65 | 0:55:09 / 65 | 1:28:57 / 66 | 1:42:06 / 66 |
| 67 | 34 | MALEWICZ-PEŁCZYŃSKA Alicja () | KIEKRZ | | POL ROKIETNICA BIEGA | 72K40/18 K / 67 | 02:20:43 | 06.40 | +1:07:12 | 0:11:10 / 64 | 0:41:42 / 62 | 0:53:49 / 64 | 1:27:32 / 65 | 1:41:49 / 65 |
| 68 | 15 | BARDOWSKA Weronika () | KALISZ | | POL BASTER TEAM | 95K20/15 K / 68 | 02:21:44 | 06.43 | +1:08:12 | 0:11:58 / 70 | 0:44:27 / 70 | 0:57:15 / 70 | 1:31:32 / 70 | 1:44:36 / 69 |
| 69 | 421 | JĘDRZEJAK-IZYDORSKA Anna () | OSTRÓW | | POL | 79K40/19 K / 69 | 02:22:35 | 06.45 | +1:09:04 | 0:11:54 / 68 | 0:44:10 / 68 | 0:56:35 / 68 | 1:31:06 / 69 | 1:45:23 / 70 |
| 70 | 269 | URBAŃSKA Anna () | SWARZĘDZ | | POL | 89K30/26 K / 70 | 02:22:45 | 06.46 | +1:09:13 | 0:11:52 / 67 | 0:43:45 / 66 | 0:55:58 / 67 | 1:30:38 / 68 | 1:43:47 / 68 |
| 71 | 536 | SUTOR Małgorzata () | LUBIN | | POL BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA | 66K50/8 K / 71 | 02:32:26 | 07.13 | +1:18:54 | 0:11:55 / 69 | 0:44:22 / 69 | 0:57:36 / 71 | 1:37:55 / 72 | 1:52:17 / 71 |
| 72 | 509 | RATAJCZAK Beata () | KOŚCIAN | | POL KAZIMIERZ RATAJCZAK | 63K50/9 K / 72 | 02:32:30 | 07.13 | +1:18:58 | 0:12:03 / 72 | 0:45:37 / 72 | 0:58:48 / 72 | 1:36:39 / 71 | 1:52:23 / 72 |
| | 156 | KUCHARSKA Dominika () | ROKIETNICA | | POL ROKIETNICA BIEGA | 85 | DNF | | | | 1:28:57 / 73 | | | |
| | 32 | STRZELCZAK Beata () | WTÓREK | | POL | 75 | DNS | | | | | | | |
| | 143 | CIEŚLAK Paulina () | KALISZ | | POL | 82 | DNS | | | | | | | |
| | 367 | UKLEJA Monika () | OSTRÓW | | POL | 82 | DNS | | | | | | | |
| | 487 | MATYSIAK-HAMERSKA Anna () | KALISZ | | POL | 91 | DNS | | | | | | | |

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|--------------|-----|---------------|-----|---------------|-----|------------|-----|
| Zgłoszonych: | 656 | Odebrało nr.: | 576 | Wystartowało: | 557 | Ukończyło: | 553 |
|--------------|-----|---------------|-----|---------------|-----|------------|-----|