

## Silesiaman Duathlon Katowice

Organizator: **Holistix Events, KAPF Daniel Wójcik**  
 Miejsowość i data: **Katowice, 28.04.2019**  
 Klasyfikacja: **Open**

Miejsce	Numer startowy	Kraj	Nazwisko i imię	Rok ur.	Klub / Miejsowość	Bieg 5 km	Strefa 1	Rower 22 km	Strefa 2	Bieg 3 km	Czas	K	M	Kat. wiek.
1	187	POL	Woźniak Jakub	1990	dotfizjo, Przysucha	00:17:05	00:00:45	00:33:52	00:00:53	00:12:56	01:05:31	1		PK/M20
2	34	POL	Pisorski Dominik	1993	Tri Division Triathlon Team, Zabrze	00:17:06	00:00:45	00:33:49	00:00:52	00:13:52	01:06:24	2		PK/M20
3	133	POL	Skowron Tomasz	1996	WM Trislef, Nowy Sącz	00:17:05	00:00:47	00:34:04	00:01:38	00:13:46	01:07:20	3		PK/M20
4	129	POL	Rycyk Maciej	1978	Silesiaman Triathlon Team, Katowice	00:17:56	00:00:51	00:33:55	00:00:47	00:14:05	01:07:34	4		1/M40
5	102	POL	Owczarek Krzysztof	1992	Częstochowa	00:17:51	00:00:48	00:34:02	00:00:59	00:14:11	01:07:51	5		1/M20
6	183	POL	Brauliński Michał	1992	Power of Science Tri Team, Mińsk Mazowiecki	00:18:38	00:01:17	00:32:53	00:01:03	00:14:23	01:08:14	6		2/M20
7	143	POL	Stwora Dawid	1977	Policja Bielsko-Biała, Bielsko-Biała	00:17:51	00:00:52	00:35:15	00:00:43	00:13:44	01:08:25	7		2/M40
8	192	CZE	Witzlack-Makarevich Kai	1974	SC DHfK Leipzig, Ostrava	00:18:22	00:00:49	00:34:22	00:00:51	00:14:07	01:08:31	8		3/M40
9	42	POL	Garnowski Maciej	1985	Author Bicycles, Siemianowice Śląskie	00:18:23	00:00:58	00:34:42	00:00:51	00:13:40	01:08:34	9		1/M30
10	1	POL	Amborski Rafał	1989	Ratel Tri Team, Katowice	00:17:43	00:01:02	00:35:17	00:00:55	00:13:47	01:08:44	10		2/M30
11	31	POL	Dudziak Tomasz	1982	Polar Team, Kraków	00:18:25	00:01:03	00:34:21	00:00:56	00:14:11	01:08:56	11		3/M30
12	12	POL	Bratek Mariusz	1988	CUPRA DYNAMICA, Częstochowa	00:18:21	00:00:53	00:34:45	00:00:55	00:14:14	01:09:08	12		4/M30
13	135	POL	Smoleń Jarek	1978	Mysłowice	00:18:26	00:00:49	00:34:35	00:00:50	00:14:38	01:09:18	13		4/M40
14	95	POL	Mrowiec Kacper	1997	Żywiec	00:17:50	00:00:52	00:35:20	00:00:59	00:14:32	01:09:33	14		3/M20
15	47	POL	Gurdak Mateusz	1991	Kraków	00:17:52	00:01:04	00:35:25	00:01:14	00:14:26	01:10:01	15		4/M20
16	152	POL	Szydłowski Marcin	1979	Cross Spot/Dofizjo, Mysłenice	00:17:56	00:00:53	00:36:37	00:00:48	00:14:17	01:10:31	16		5/M40
17	40	POL	Gajewski Mateusz	1999	United Athletics, Poznań	00:17:00	00:01:04	00:37:48	00:01:04	00:13:48	01:10:44	17		5/M20
18	186	POL	Schmidt Roland	1982	La Deliziosa Tychy, Tychy	00:18:37	00:01:01	00:36:13	00:01:12	00:14:43	01:11:46	18		5/M30
19	165	POL	Wiśniewski Mateusz	1991	@wisnia_m aktywnie365, Cienin Kościelny	00:18:31	00:00:52	00:36:26	00:01:04	00:14:55	01:11:48	19		6/M20
20	16	POL	Bugdoł Ewa	1986	Kmicić Częstochowa, Pszów	00:18:46	00:00:49	00:36:13	00:00:50	00:15:15	01:11:53	1		PK/K30
21	15	POL	Buczek Mateusz	1984	Twomark / Bajtel-Point.pl, Mikołów	00:19:11	00:00:49	00:36:28	00:00:48	00:15:05	01:12:21	20		6/M30
22	117	POL	Przybyłowski Krzysztof	1991	Katowice	00:18:53	00:01:30	00:37:13	00:01:04	00:15:15	01:13:55	21		7/M20
23	22	POL	Cierpiełek Jakub	1988	Wadowice	00:19:13	00:01:51	00:37:47	00:00:55	00:14:27	01:14:13	22		7/M30
24	33	POL	Dydzak Filip	1983	WM Triself / Irondragon Triathlon Team, Kraków	00:19:52	00:01:05	00:37:20	00:01:03	00:15:14	01:14:34	23		8/M30
25	123	POL	Rduch Grzegorz	1975	Świerklany	00:18:22	00:01:40	00:38:39	00:01:33	00:14:22	01:14:36	24		6/M40
26	92	POL	Mikołajczyk Rafał	1981	Parikrun Katowice, Siemianowice Śląskie	00:19:16	00:01:28	00:37:58	00:01:06	00:14:54	01:14:42	25		9/M30
27	93	POL	Mikołajski Damian	1982	Team Damiko/Triathlon X Team, Dąbrowa Górnicza	00:20:30	00:01:00	00:36:54	00:01:16	00:15:08	01:14:48	26		10/M30
28	96	POL	Musiał Dawid	1984	Hager Sport Team, Kraków	00:18:46	00:00:54	00:38:46	00:01:15	00:15:23	01:15:04	27		11/M30
29	88	POL	Matysiak Robert	1976	NeonTeam, Mazańcowice	00:20:07	00:01:20	00:37:03	00:01:06	00:15:38	01:15:14	28		7/M40
30	80	POL	Ligocki Tomasz	1969	Chop Ze Żelaza Triathlon Team, Siemianowice Śląskie	00:20:51	00:00:50	00:37:17	00:00:41	00:15:42	01:15:21	29		1/M50+
31	98	POL	Nowicki Kacper	1996	Częstochowa	00:21:09	00:01:25	00:34:54	00:01:15	00:16:38	01:15:21	30		8/M20
32	10	POL	Boral Hubert	1982	www.expression.pl www.pol-papier.pl, Częstochowa	00:19:44	00:01:12	00:37:29	00:01:09	00:15:55	01:15:29	31		12/M30
33	115	POL	Pozowski Jan	1985	Katowice	00:19:51	00:01:09	00:37:07	00:01:21	00:16:04	01:15:32	32		13/M30
34	121	POL	Radczuk Daria	1986	Polar Team, Kraków	00:20:52	00:00:51	00:36:52	00:00:54	00:16:15	01:15:44	2		PK/K30
35	13	POL	Broda Tomasz	1986	Zabrzańskie Towarzystwo Triathlonowe, Zabrze	00:20:25	00:01:31	00:36:48	00:01:39	00:16:11	01:16:34	33		14/M30
36	8	POL	Bogus Rafał	1969	Kalas Helman-Sport Team, Częstochowa	00:20:48	00:01:24	00:36:33	00:01:26	00:16:24	01:16:35	34		2/M50+
37	156	POL	Trzaska Paweł	1985	Wadowice	00:20:54	00:01:13	00:36:20	00:01:04	00:17:25	01:16:56	35		15/M30
38	181	POL	Szarek Michał	1984	WM Triself, Tychy	00:20:53	00:01:26	00:37:41	00:01:10	00:15:47	01:16:57	36		16/M30
39	37	POL	Famuła Tomasz	1986	Tridivision Triathlon Team / Future Processing Running Team, Katowice	00:21:46	00:01:02	00:37:09	00:01:11	00:16:00	01:17:08	37		17/M30
40	87	POL	Marzec Łukasz	1980	Triathlon X-Team, Dąbrowa Górnicza	00:20:25	00:01:04	00:38:48	00:01:02	00:16:04	01:17:23	38		18/M30
41	20	POL	Cichos Konrad	1982	Ratel Tri Team, Chorzów	00:20:26	00:01:19	00:38:51	00:01:21	00:15:31	01:17:28	39		19/M30
42	101	POL	Osiński Robert	1980	Imperium Sportu, Zabrze	00:20:48	00:01:10	00:38:01	00:01:17	00:16:20	01:17:36	40		20/M30
43	70	POL	Kozłowicz Mateusz	1986	Katowice	00:20:03	00:01:03	00:39:49	00:01:20	00:15:31	01:17:46	41		21/M30

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44	4	POL	<b>Bartecki Aleksander</b>	1972	HRmax Żory, Żory	00:20:36	00:01:59	00:37:37	00:01:25	00:16:53	<b>01:18:30</b>		<b>42</b>	<b>8/M40</b>
45	83	POL	<b>Madejski Sylwester</b>	1972	Imperium Sportu/Rapid, Czechowice-Dziedzice	00:20:52	00:01:52	00:38:46	00:01:37	00:15:48	<b>01:18:55</b>		<b>43</b>	<b>9/M40</b>
46	147	POL	<b>Szmajduch Mariusz</b>	1986	Adient Team, Mysłowice	00:19:14	00:01:17	00:41:27	00:01:38	00:15:26	<b>01:19:02</b>		<b>44</b>	<b>22/M30</b>
47	81	POL	<b>Łęcki Piotruś</b>	1981	Night Runners Gliwice, Gliwice	00:19:57	00:01:28	00:40:41	00:01:30	00:15:37	<b>01:19:13</b>		<b>45</b>	<b>23/M30</b>
48	32	POL	<b>Dygoń Paweł</b>	1975	Katowice	00:20:30	00:01:10	00:39:28	00:01:23	00:17:11	<b>01:19:42</b>		<b>46</b>	<b>10/M40</b>
49	75	POL	<b>Kuliński Piotr</b>	1990	Iron Fighters, Belchatów	00:21:18	00:01:18	00:37:37	00:01:41	00:17:56	<b>01:19:50</b>		<b>47</b>	<b>9/M20</b>
50	131	POL	<b>Sinka Damian</b>	1965	Pszczyna Biega, Pszczyna	00:20:27	00:01:39	00:39:17	00:01:37	00:16:55	<b>01:19:55</b>		<b>48</b>	<b>3/M50+</b>
51	182	POL	<b>Firek Sandra</b>	1984	Power of Science Tri Team, Bielsko-Biała	00:21:07	00:01:40	00:39:07	00:01:17	00:17:16	<b>01:20:27</b>	<b>3</b>		<b>PK/K30</b>
52	23	POL	<b>Czado Artur</b>	1991	Bolero team, Sosnowiec	00:20:00	00:01:16	00:41:36	00:01:13	00:16:57	<b>01:21:02</b>		<b>49</b>	<b>10/M20</b>
53	188	POL	<b>Horabik Kamil</b>	1992	WM Triself, Kraków	00:21:20	00:01:36	00:40:51	00:01:21	00:16:03	<b>01:21:11</b>		<b>50</b>	<b>11/M20</b>
54	151	POL	<b>Szybiński Daniel</b>	1984	Daredevils Triathlon Team, Kraków	00:21:14	00:01:23	00:41:04	00:01:29	00:16:11	<b>01:21:21</b>		<b>51</b>	<b>24/M30</b>
55	57	POL	<b>Józefowski Piotr</b>	1989	SW AŚ Częstochowa, Częstochowa	00:20:52	00:01:22	00:40:43	00:01:14	00:17:18	<b>01:21:29</b>		<b>52</b>	<b>25/M30</b>
56	111	POL	<b>Podoba Grzegorz</b>	1980	Gliwice	00:21:09	00:01:34	00:40:06	00:01:41	00:17:03	<b>01:21:33</b>		<b>53</b>	<b>26/M30</b>
57	27	POL	<b>Dobkowski Martin</b>	1992	KUŹNIA TRIATHLONU, Chorzów	00:21:19	00:01:26	00:41:48	00:01:18	00:15:58	<b>01:21:49</b>		<b>54</b>	<b>12/M20</b>
58	91	POL	<b>Michalski Marcin</b>	1980	Katowice	00:22:11	00:03:51	00:36:44	00:02:22	00:17:26	<b>01:22:34</b>		<b>55</b>	<b>27/M30</b>
59	150	POL	<b>Szponder Artur</b>	1985	KBKS RADOMSKO / Centrum Edukacyjne Lepszy Start Sp. z o.o.	00:22:11	00:01:57	00:40:10	00:01:21	00:17:19	<b>01:22:58</b>		<b>56</b>	<b>28/M30</b>
60	51	POL	<b>Hoczek Arkadiusz</b>	1973	Kiededy się zmęczysz - jutro, Kolanowice	00:21:51	00:01:18	00:41:12	00:01:16	00:17:25	<b>01:23:02</b>		<b>57</b>	<b>11/M40</b>
61	39	POL	<b>Flieger Patryk</b>	1987	Master-Bruk Team, Oświęcim	00:21:55	00:01:38	00:41:15	00:01:28	00:16:51	<b>01:23:07</b>		<b>58</b>	<b>29/M30</b>
62	84	POL	<b>Madzia Tomasz</b>	1994	Łazy	00:23:29	00:01:13	00:40:07	00:01:10	00:17:20	<b>01:23:19</b>		<b>59</b>	<b>13/M20</b>
63	30	POL	<b>Duda-Flieger Izabela</b>	1986	Master-Bruk Team, Oświęcim	00:21:54	00:01:33	00:41:22	00:01:12	00:17:25	<b>01:23:26</b>	<b>4</b>		<b>1/K30</b>
64	25	POL	<b>Czerny Michał</b>	1983	Ruda Śląska	00:22:02	00:01:27	00:41:10	00:01:07	00:17:41	<b>01:23:27</b>		<b>60</b>	<b>30/M30</b>
65	66	POL	<b>Ktos Jan</b>	1981	Olawa	00:21:24	00:01:35	00:42:11	00:01:20	00:17:03	<b>01:23:33</b>		<b>61</b>	<b>31/M30</b>
66	35	POL	<b>Dziub Jerzy</b>	1966	Katowice	00:23:02	00:02:00	00:39:13	00:01:54	00:17:38	<b>01:23:47</b>		<b>62</b>	<b>4/M50+</b>
67	138	POL	<b>Soter Bartłomiej</b>	1987	Kotrak Team, Czeladź	00:22:02	00:01:10	00:42:06	00:00:53	00:17:46	<b>01:23:57</b>		<b>63</b>	<b>32/M30</b>
68	168	POL	<b>Wójcik Ewa</b>	1961	Wm Triself, Kraków	00:23:29	00:01:19	00:39:59	00:01:25	00:17:59	<b>01:24:11</b>	<b>5</b>		<b>1/K40+</b>
69	6	POL	<b>Błaszczyk Dominik</b>	1988	Night Runners, Kalety	00:19:46	00:01:07	00:45:29	00:00:53	00:17:21	<b>01:24:36</b>		<b>64</b>	<b>33/M30</b>
70	3	POL	<b>Bartecka Sabina</b>	1977	Różowe Tri/HRmax Żory, Żory	00:22:52	00:01:29	00:41:34	00:01:23	00:17:58	<b>01:25:16</b>	<b>6</b>		<b>2/K40+</b>
71	46	POL	<b>Głajcar Tomasz</b>	1976	Harbutowice	00:22:21	00:01:52	00:42:59	00:01:59	00:16:10	<b>01:25:21</b>		<b>65</b>	<b>12/M40</b>
72	174	POL	<b>Żero Sebastian</b>	1981	Ghostbikers, Będzin	00:22:44	00:01:29	00:40:31	00:01:18	00:19:36	<b>01:25:38</b>		<b>66</b>	<b>34/M30</b>
73	71	POL	<b>Kruczek Jacek</b>	1980	GT Kona, Opole	00:23:32	00:01:12	00:41:16	00:01:16	00:18:36	<b>01:25:52</b>		<b>67</b>	<b>35/M30</b>
74	69	POL	<b>Kozak Adam</b>	1964	Kuźnia Triathlonu, Siemianowice Śląskie	00:23:07	00:01:18	00:42:17	00:01:29	00:17:47	<b>01:25:58</b>		<b>68</b>	<b>5/M50+</b>
75	134	POL	<b>Skrzypek Krzysztof</b>	1975	Katowice	00:22:46	00:01:25	00:42:44	00:01:22	00:17:42	<b>01:25:59</b>		<b>69</b>	<b>13/M40</b>
76	148	POL	<b>Szopa Adrian</b>	1983	Częstochowa	00:22:37	00:01:52	00:42:14	00:01:46	00:17:48	<b>01:26:17</b>		<b>70</b>	<b>36/M30</b>
77	50	POL	<b>Hanczar Adrian</b>	1988	Pszczyna	00:24:06	00:01:09	00:42:16	00:01:07	00:17:45	<b>01:26:23</b>		<b>71</b>	<b>37/M30</b>
78	73	POL	<b>Krzystolik Adam</b>	1990	Banert Team, Pszczyna	00:23:59	00:02:04	00:41:50	00:01:35	00:17:21	<b>01:26:49</b>		<b>72</b>	<b>14/M20</b>
79	82	POL	<b>Łukowski Dariusz</b>	1964	Gmina Strzelce Opolskie, Strzelce Opolskie	00:21:50	00:01:41	00:45:34	00:00:59	00:16:47	<b>01:26:51</b>		<b>73</b>	<b>6/M50+</b>
80	86	POL	<b>Marczewski Damian</b>	1989	Katowice	00:24:05	00:02:11	00:41:50	00:02:03	00:16:44	<b>01:26:53</b>		<b>74</b>	<b>38/M30</b>
81	49	POL	<b>Haładus Dominik</b>	1983	Życie Częstochowy Team/Zarazkiem Się Bieganiem, Częstochowa	00:23:04	00:01:35	00:43:14	00:01:23	00:17:40	<b>01:26:56</b>		<b>75</b>	<b>39/M30</b>
82	177	POL	<b>Zober Marek</b>	1985	Chop Ze Żelaza Tri Team, Siemianowice Śląskie	00:22:46	00:01:29	00:43:54	00:01:12	00:17:37	<b>01:26:58</b>		<b>76</b>	<b>40/M30</b>
83	59	POL	<b>Jurak Krzysztof</b>	1991	Zawiercie	00:21:49	00:01:20	00:44:11	00:01:03	00:19:06	<b>01:27:29</b>		<b>77</b>	<b>15/M20</b>
84	184	POL	<b>Janowska Magda</b>	1976	Triidivision, Katowice	00:21:45	00:01:18	00:47:01	00:01:01	00:16:47	<b>01:27:52</b>	<b>7</b>		<b>3/K40+</b>
85	28	POL	<b>Dobromińska Agata</b>	1986	WM Triself, Kraków	00:22:01	00:02:41	00:43:38	00:02:47	00:16:46	<b>01:27:53</b>	<b>8</b>		<b>2/K30</b>
86	191	POL	<b>Stolarski Sławomir</b>	1976	WM TRISELF, Kraków	00:22:01	00:01:49	00:44:38	00:02:26	00:17:02	<b>01:27:56</b>		<b>78</b>	<b>14/M40</b>
87	136	POL	<b>Sobel Łukasz</b>	1985	Tychy	00:25:56	00:01:51	00:39:32	00:01:31	00:19:55	<b>01:28:45</b>		<b>79</b>	<b>41/M30</b>
88	65	POL	<b>Klimowicz Grzegorz</b>	1979	Katowice	00:22:00	00:01:37	00:46:15	00:01:07	00:17:50	<b>01:28:49</b>		<b>80</b>	<b>15/M40</b>
89	113	POL	<b>Potapowicz Gabriela</b>	1990	Katowice	00:24:04	00:02:18	00:42:37	00:01:49	00:18:06	<b>01:28:54</b>	<b>9</b>		<b>1/K20</b>

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90	166	POL	Wiśniewski Szymon	1978	Rudziczka	00:22:55	00:01:32	00:43:37	00:02:31	00:18:27	01:29:02	81		16/M40
91	54	POL	Ihnatowicz Arkadiusz	1968	Warszawa	00:24:43	00:02:13	00:42:06	00:01:45	00:18:31	01:29:18	82		7/M50+
92	167	POL	Witoszek Grzegorz	1985	Katowice	00:23:44	00:01:49	00:42:08	00:02:10	00:19:33	01:29:24	83		42/M30
93	118	POL	Psiuch Bartosz	1987	Myslowice	00:25:26	00:01:39	00:41:36	00:02:00	00:18:50	01:29:31	84		43/M30
94	164	POL	Wikierski Michał	1984	Gliwice	00:24:29	00:01:25	00:43:26	00:01:20	00:18:56	01:29:36	85		44/M30
95	140	POL	Straś Jarosław	1987	Katowice	00:22:54	00:03:29	00:43:40	00:02:13	00:17:37	01:29:53	86		45/M30
96	157	POL	Trzcionka Dawid	1981	Tychy	00:23:48	00:01:51	00:43:36	00:01:45	00:18:54	01:29:54	87		46/M30
97	64	POL	Kisiel Anita	1974	Aktywna Ekipa Calypso Częstochowa, Częstochowa	00:24:33	00:01:26	00:43:20	00:01:29	00:19:15	01:30:03	10		4/K40+
98	26	POL	Dobaj-Zerek Magdalena	1979	MAD-Z, Warszawa	00:22:40	00:02:05	00:46:13	00:02:13	00:17:16	01:30:27	11		5/K40+
99	122	POL	Rataj Agnieszka	1994	Katowice	00:24:03	00:01:58	00:44:07	00:01:52	00:18:33	01:30:33	12		2/K20
100	170	POL	Zajdel Michał	1978	Socios Silesia, Halemba	00:24:04	00:01:48	00:44:11	00:01:27	00:19:04	01:30:34	88		17/M40
101	119	POL	Ptasznik Przemysław	1980	Wm Triself, Wieliczka	00:23:37	00:02:08	00:42:36	00:02:27	00:19:56	01:30:44	89		47/M30
102	38	POL	Federowicz Piotr	1969	Sosnowiec (Gmina Miejska)	00:25:29	00:01:28	00:42:45	00:01:29	00:19:35	01:30:46	90		8/M50+
103	105	POL	Pasierb Grzegorz	1976	DECARUN RZESZÓW, Rzeszów	00:24:23	00:01:24	00:45:41	00:00:50	00:18:46	01:31:04	91		18/M40
104	63	POL	Kawalec Paweł	1986	Sosnowiec	00:22:38	00:03:18	00:43:22	00:02:17	00:20:06	01:31:41	92		48/M30
105	11	POL	Borek Paweł	1991	Kraków	00:23:26	00:01:27	00:44:52	00:01:48	00:20:14	01:31:47	93		16/M20
106	141	POL	Stryj Witold	1976	Czwartkowa Runda/Paderewa, Myslowice	00:26:38	00:01:36	00:41:42	00:01:45	00:20:08	01:31:49	94		19/M40
107	185	POL	Chełmiński Artur	1976	CHOP ZE ŻELAZA TRI TEAM, Katowice	00:24:58	00:01:57	00:44:01	00:01:18	00:19:40	01:31:54	95		20/M40
108	52	POL	Hrabia Dariusz	1966	WKU w Katowicach, Katowice	00:27:44	00:01:40	00:41:28	00:01:49	00:19:37	01:32:18	96		9/M50+
109	97	POL	Nawrocki Zbigniew	1975	Wodzisław Śląski	00:23:08	00:01:08	00:47:23	00:01:12	00:19:34	01:32:25	97		21/M40
110	45	POL	Giza Radosław	1986	Jaworzno	00:25:09	00:01:24	00:45:47	00:01:17	00:19:44	01:33:21	98		49/M30
111	144	POL	Świątek Marcin	1977	Wataha-łączy nas bieganie, Bielsko-Biała	00:27:04	00:01:56	00:45:10	00:01:42	00:18:29	01:34:21	99		22/M40
112	5	POL	Błaszczak Czesław	1955	Katowice	00:27:08	00:01:50	00:43:38	00:02:10	00:19:45	01:34:31	100		10/M50+
113	60	POL	Juraszczyk Adam	1984	Klub Dzika, Rybnik	00:25:00	00:02:48	00:44:38	00:01:45	00:20:26	01:34:37	101		50/M30
114	2	POL	Antos Mateusz	1980	Tychy	00:26:54	00:01:53	00:42:47	00:02:23	00:21:05	01:35:02	102		51/M30
115	114	POL	Powroźna Mariola	1981	Night Runners Śląsk, Katowice	00:25:24	00:02:28	00:46:03	00:01:54	00:19:15	01:35:04	13		3/K30
116	41	POL	Gamza Bogna	1978	Siemianowice Śląskie	00:27:44	00:01:17	00:45:40	00:01:22	00:19:06	01:35:09	14		6/K40+
117	149	POL	Szperka Leszek	1978	Sigit, Czechowice-Dziedzice	00:23:53	00:01:58	00:47:41	00:01:33	00:20:07	01:35:12	103		23/M40
118	56	POL	Jedliński Łukasz	1974	Katowice	00:26:45	00:02:30	00:43:56	00:01:50	00:20:41	01:35:42	104		24/M40
119	163	POL	Wiesiołek Paweł	1981	Bagno, Katowice	00:24:02	00:01:58	00:48:15	00:01:07	00:20:21	01:35:43	105		52/M30
120	162	POL	Wesołowski Adam	1979	Night Runners Śląsk, Katowice	00:26:43	00:01:46	00:46:18	00:01:34	00:19:23	01:35:44	106		25/M40
121	106	POL	Pastuszka Tomasz	1989	Katowice	00:25:21	00:01:43	00:45:37	00:01:37	00:21:39	01:35:57	107		53/M30
122	21	POL	Cichowicz Paweł	1960	Sosnowiec	00:26:07	00:01:56	00:46:41	00:01:58	00:19:43	01:36:25	108		11/M50+
123	178	POL	Zwolski Dymitr	1983	Knurów	00:23:50	00:01:41	00:49:47	00:01:22	00:19:45	01:36:25	109		54/M30
124	7	POL	Bogunia Konrad	1992	Młode Wilki, Bielsko-Biała	00:25:30	00:01:20	00:50:51	00:01:13	00:18:42	01:37:36	110		17/M20
125	90	POL	Michalik Małgorzata	1982	Gliwice	00:26:06	00:02:02	00:47:07	00:01:48	00:20:42	01:37:45	15		4/K30
126	44	POL	Gawle Kinga	1984	DareDevils Triathlon Team, Skawina	00:26:59	00:01:35	00:47:27	00:01:34	00:21:21	01:38:56	16		5/K30
127	173	POL	Żero Dagmara	1985	Ghostbikers, Będzin	00:26:31	00:01:44	00:48:34	00:01:36	00:21:37	01:40:02	17		6/K30
128	68	POL	Konieczny Ryszard	1964	Racibórz	00:26:36	00:01:15	00:49:22	00:01:09	00:21:53	01:40:15	111		12/M50+
129	120	POL	Pyka Marcin	1990	Tarnowskie Góry	00:25:09	00:02:34	00:47:50	00:02:31	00:22:45	01:40:49	112		18/M20
130	14	POL	Bryś Jadzia	1988	WM TRISELF, Kraków	00:27:38	00:01:27	00:49:12	00:01:22	00:21:30	01:41:09	18		7/K30
131	24	POL	Czajka Krzysztof	1983	Tarnowskie Góry	00:26:46	00:02:08	00:51:26	00:01:59	00:18:58	01:41:17	113		55/M30
132	9	POL	Bondarczuk Sylwia	1976	Szybkie Żółwie, Bielsko-Biała	00:24:51	00:02:29	00:54:33	00:01:29	00:18:51	01:42:13	19		7/K40+
133	36	POL	Engel Ania	1990	DareDevils Triathlon Team, Kraków	00:28:41	00:01:33	00:48:14	00:01:52	00:21:53	01:42:13	20		3/K20
134	189	POL	Mazur Marcin	1974	Katowice	00:26:53	00:01:04	00:48:58	00:01:13	00:24:06	01:42:14	114		26/M40
135	109	POL	Piechaczek Krzysztof	1991	Huragan Ligota, Katowice	00:25:01	00:01:24	00:55:29	00:00:56	00:20:10	01:43:00	115		19/M20

## Silesiaman Duathlon Katowice

Miejsce	Numer startowy	Kraj	Nazwisko i imię	Rok ur.	Klub / Miejscowość	Bieg 5 km	Strefa 1	Rower 22 km	Strefa 2	Bieg 3 km	Czas	K	M	Kat. wiek.
136	100	POL	<b>Orlik Fabiusz</b>	1983	Nova Trading Stale biegam, Myslowice	00:27:30	00:01:42	00:53:58	00:01:24	00:19:27	<b>01:44:01</b>	116		56/M30
137	53	POL	<b>Idzik Małgorzata</b>	1985	Świętochłowice	00:29:18	00:01:57	00:46:54	00:02:09	00:23:52	<b>01:44:10</b>	21		8/K30
138	67	POL	<b>Konarska Edyta</b>	1974	Olawa	00:29:02	00:02:08	00:49:08	00:02:03	00:22:27	<b>01:44:48</b>	22		8/K40+
139	108	POL	<b>Petryk Jakub</b>	1982	Katowice	00:28:14	00:01:58	00:50:15	00:02:02	00:22:51	<b>01:45:20</b>	117		57/M30
140	103	POL	<b>Paleta Elżbieta</b>	1994	Katowice	00:26:37	00:01:30	00:55:05	00:01:23	00:20:47	<b>01:45:22</b>	23		4/K20
141	159	POL	<b>Urbanowicz Zbigniew</b>	1975	Częstochowa	00:30:37	00:02:03	00:46:09	00:01:52	00:24:49	<b>01:45:30</b>	118		27/M40
142	171	POL	<b>Zaklinska Kasia</b>	1976	TMTeam, Gliwice	00:29:28	00:02:08	00:48:11	00:02:51	00:23:23	<b>01:46:01</b>	24		9/K40+
143	127	POL	<b>Rosa Magdalena</b>	1983	Katowice	00:28:02	00:02:09	00:50:14	00:02:03	00:24:00	<b>01:46:28</b>	25		9/K30
144	146	POL	<b>Szczeptański Dariusz</b>	1966	Mikołów	00:29:01	00:01:52	00:50:19	00:01:35	00:24:14	<b>01:47:01</b>	119		13/M50+
145	85	POL	<b>Malkinia Gosia</b>	1979	Gliwice	00:28:58	00:03:18	00:49:35	00:02:15	00:23:22	<b>01:47:28</b>	26		10/K40+
146	89	POL	<b>Mazur Magdalena</b>	1978	Katowice	00:30:26	00:01:10	00:50:01	00:01:08	00:24:46	<b>01:47:31</b>	27		11/K40+
147	48	POL	<b>Hajnrich Maciej</b>	1981	Katowice	00:28:22	00:01:47	00:53:22	00:01:26	00:23:12	<b>01:48:09</b>	120		58/M30
148	126	POL	<b>Rosa Dawid</b>	1982	Katowice	00:28:03	00:02:33	00:52:44	00:01:54	00:23:16	<b>01:48:30</b>	121		59/M30
149	180	POL	<b>Posmyk Aleksander</b>	1984	Katowice	00:30:33	00:02:45	00:49:57	00:02:18	00:23:22	<b>01:48:55</b>	122		60/M30
150	104	POL	<b>Pałyga Agnieszka</b>	1986	Future Processing Running Team, Sosnowiec	00:26:43	00:01:46	00:58:33	00:01:13	00:20:45	<b>01:49:00</b>	28		10/K30
151	160	POL	<b>Wala Grzegorz</b>	1973	Szyf, Wilkowice	00:30:39	00:02:48	00:46:36	00:02:05	00:29:18	<b>01:51:26</b>	123		28/M40
152	153	POL	<b>Tobiczyk Ziemowit</b>	1990	Wilkowice	00:29:51	00:01:35	00:55:01	00:01:49	00:23:30	<b>01:51:46</b>	124		20/M20
153	128	POL	<b>Rułka Marta</b>	1988	Do odcięcia, Gliwice	00:29:29	00:01:17	00:56:44	00:01:09	00:24:52	<b>01:53:31</b>	29		11/K30
154	17	POL	<b>Buk Marcin</b>	1988	TriDivision, Gliwice	00:29:29	00:01:37	00:56:26	00:01:16	00:24:43	<b>01:53:31</b>	125		61/M30
155	179	POL	<b>Kamrowski Łukasz</b>	1978	PAE Goggle Team, Katowice	00:32:28	00:01:20	00:59:10	00:01:22	00:33:42	<b>02:08:02</b>	126		29/M40
DNF	139	POL	<b>Stefański Michał</b>	1976	Kraków	00:21:37	00:01:21	00:40:54	00:01:12					DNF/M40