

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------|----------------------|----------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|----|---|
| 1 | 119 | CZERWIŃSKI ADAM | CZASŁAW | | Polska | 1988 | M1 | 1 | 3:13 | 18,6 | 00:17:53 | 00:32:13 | 00:32:13 | 1 | |
| 2 | 517 | NOWAK ANDRZEJ | SOSNOWIEC | CROSS BOX EVOLUTION | Polska | 1979 | M2 | 1 | 3:21 | 17,9 | 00:18:10 | 00:33:29 | 00:33:29 | 2 | |
| 3 | 644 | SEMPER MATEUSZ | SOSNOWIEC | MKS-MOS PŁOMIEŃ SOSNOWIEC | Polska | 1999 | M1 | 2 | 3:25 | 17,5 | 00:19:13 | 00:34:12 | 00:34:14 | 3 | |
| 4 | 179 | GAIK KAMIL | SOSNOWIEC | PŁOMIEŃ SOSNOWIEC | Polska | 1997 | M1 | 3 | 3:25 | 17,5 | 00:19:14 | 00:34:15 | 00:34:15 | 4 | |
| 5 | 508 | NAWROT PAWEŁ | ŚWIĘTOCHŁOWICE | BIEG Z CHRYSUSEM! | Polska | 1990 | M1 | 4 | 3:27 | 17,4 | 00:19:13 | 00:34:32 | 00:34:32 | 5 | |
| 6 | 135 | DORIGHI WOJCIECH | GOLESZÓW | OLZA CIESZYN | Polska | 1987 | M1 | 5 | 3:27 | 17,4 | 00:19:14 | 00:34:35 | 00:34:36 | 6 | |
| 7 | 529 | OBOZ PAWEŁ | SOSNOWIEC | URODZENI BIEGACZE | Polska | 1981 | M2 | 2 | 3:29 | 17,2 | 00:18:57 | 00:34:52 | 00:34:52 | 7 | |
| 8 | 169 | FORMICKI RAFAŁ | ZAWIERCIE | VICTORIA ZAWIERCIE | Polska | 1995 | M1 | 6 | 3:29 | 17,2 | 00:17:30 | 00:34:55 | 00:35:04 | 8 | |
| 9 | 29 | BEDNARZ JAKUB | DĄBROWA GÓRNICZA | POGORIA BIEGA | Polska | 1985 | M2 | 3 | 3:31 | 17,0 | 00:19:21 | 00:35:14 | 00:35:16 | 9 | |
| 10 | 831 | WINKLER PAWEŁ | MARKLOWICE | WINKLERTEAM | Polska | 1989 | M1 | 7 | 3:34 | 16,9 | 00:19:14 | 00:35:35 | 00:35:35 | 10 | |
| 11 | 510 | NĘCKA ULA | SOSNOWIEC | ADIDAS RUNNING | Polska | 1984 | K2 | 1 | 3:35 | 16,7 | 00:19:27 | 00:35:49 | 00:35:49 | | 1 |
| 12 | 826 | WILK DARIUSZ | BEDZIN | | Polska | 1977 | M2 | 4 | 3:40 | 16,4 | 00:19:43 | 00:36:37 | 00:36:37 | 11 | |
| 13 | 505 | NAGŁO PIOTR | SOSNOWIEC | SOLVERE TEAM | Polska | 1980 | M2 | 5 | 3:40 | 16,4 | 00:20:00 | 00:36:42 | 00:36:43 | 12 | |
| 14 | 742 | SZNAPKA MARCIN | ŚWIĘTOCHŁOWICE | 3 KAWAŁY O... NA YOUTUBE | Polska | 1980 | M2 | 6 | 3:41 | 16,3 | 00:20:36 | 00:36:50 | 00:36:54 | 13 | |
| 15 | 709 | STROJNY ANDRZEJ | CHEŁM ŚLĄSKI | | Polska | 1965 | M4 | 1 | 3:41 | 16,3 | 00:20:23 | 00:36:53 | 00:36:56 | 14 | |
| 16 | 753 | SZYMCZAK ŁUKASZ | KATOWICE | | Polska | 1991 | M1 | 8 | 3:42 | 16,2 | 00:20:17 | 00:36:56 | 00:36:58 | 15 | |
| 17 | 201 | LYSKO JAKUB | KATOWICE | DOLINIARZE.COM | Polska | 1985 | M2 | 7 | 3:42 | 16,2 | 00:20:12 | 00:36:56 | 00:36:57 | 16 | |
| 18 | 241 | HYLA DARIUSZ | DĄBROWA GÓRNICZA | CAFEMOBIL TEAM | Polska | 1969 | M3 | 1 | 3:42 | 16,2 | | 00:36:59 | 00:37:01 | 17 | |
| 19 | 383 | KUBISTA MAREK | CHORZÓW | KB JÓZEFINKA | Polska | 1981 | M2 | 8 | 3:43 | 16,1 | 00:20:22 | 00:37:12 | 00:37:16 | 18 | |
| 20 | 99 | CICHOŃ ROMAN | MIERZĘCICE | | Polska | 1979 | M2 | 9 | 3:44 | 16,1 | 00:20:19 | 00:37:19 | 00:37:19 | 19 | |
| 21 | 546 | PAJĄK MICHAŁ | DĄBROWA GÓRNICZA | | Polska | 1982 | M2 | 10 | 3:44 | 16,1 | 00:19:57 | 00:37:19 | 00:37:20 | 20 | |
| 22 | 570 | PIEKUT MARIUSZ | TYCHY | | Polska | 1974 | M3 | 2 | 3:44 | 16,1 | 00:20:13 | 00:37:20 | 00:37:20 | 21 | |
| 23 | 230 | HANGIEL KRZYSZTOF | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1959 | M4 | 2 | 3:44 | 16,1 | 00:20:23 | 00:37:22 | 00:37:24 | 22 | |
| 24 | 547 | PAJĄK ROCH | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1978 | M2 | 11 | 3:45 | 16,0 | 00:20:11 | 00:37:33 | 00:37:35 | 23 | |
| 25 | 184 | GAJNY WOJCIECH | BIELSKO-BIAŁA | ULTRA BESKID SPORT | Polska | 1987 | M1 | 9 | 3:46 | 15,9 | 00:20:33 | 00:37:39 | 00:37:41 | 24 | |
| 26 | 420 | LUBNAU MAREK | SOSNOWIEC | MARKLAN SOSNOWIEC | Polska | 1962 | M4 | 3 | 3:46 | 15,9 | 00:20:31 | 00:37:39 | 00:37:40 | 25 | |
| 27 | 27 | BASTA GRZEGORZ | CHEŁMEK | ZADYSZKA OŚWIĘCIM | Polska | 1970 | M3 | 3 | 3:47 | 15,9 | 00:20:56 | 00:37:49 | 00:37:57 | 26 | |
| 28 | 265 | JARZĘBOWICZ PAWEŁ | OŚWIĘCIM | ZADYSZKA OŚWIĘCIM | Polska | 1979 | M2 | 12 | 3:47 | 15,8 | 00:20:37 | 00:37:51 | 00:37:53 | 27 | |
| 29 | 852 | WRZESIŃSKI RAFAŁ | TYCHY | STS BIEGATON MIKOŁÓW | Polska | 1990 | M1 | 10 | 3:48 | 15,8 | 00:20:47 | 00:37:56 | 00:37:58 | 28 | |
| 30 | 681 | SOKÓŁ ŁUKASZ | OPOCZNO | SOKOL RUNNING TEAM | Polska | 1985 | M2 | 13 | 3:49 | 15,7 | 00:20:40 | 00:38:07 | 00:38:09 | 29 | |
| 31 | 190 | GARNOWSKI MACIEJ | SIEMIANOWICE ŚLĄSKIE | BIEGIEMNAPOMOC.PL | Polska | 1985 | M2 | 14 | 3:49 | 15,7 | 00:20:57 | 00:38:08 | 00:38:14 | 30 | |
| 32 | 723 | SZCZEPAŃCZYK MICHAŁ | BĘDZIN | | Polska | 1984 | M2 | 15 | 3:49 | 15,7 | 00:20:52 | 00:38:12 | 00:38:13 | 31 | |
| 33 | 443 | MAŃKA KRZYSZTOF | CHEŁM ŚLĄSKI | BIEGAJZNAMI.PL | Polska | 1988 | M1 | 11 | 3:49 | 15,7 | 00:20:44 | 00:38:14 | 00:38:21 | 32 | |
| 34 | 313 | KOBOSKO PAWEŁ | RAJSKO | ZADYSZKA OŚWIĘCIM | Polska | 1977 | M2 | 16 | 3:50 | 15,7 | 00:21:01 | 00:38:20 | 00:38:28 | 33 | |
| 35 | 130 | DELEWSKA DALIA | DĄBROWA GÓRNICZA | MKS- MOS PŁOMIEŃ SOSNOWIEC/ SBRT | Polska | 1986 | K2 | 2 | 3:50 | 15,6 | 00:20:51 | 00:38:25 | 00:38:25 | | 2 |
| 36 | 851 | WRZESIŃSKI ANDRZEJ | TYCHY | STS BIEGATON MIKOŁÓW | Polska | 1961 | M4 | 4 | 3:51 | 15,6 | 00:20:53 | 00:38:25 | 00:38:26 | 34 | |
| 37 | 298 | KISZEL SZYMON | ZAWIERCIE | | Polska | 1998 | M1 | 12 | 3:51 | 15,6 | 00:20:40 | 00:38:34 | 00:38:39 | 35 | |
| 38 | 166 | FILUŚ STANISŁAW | MYSŁOWICE | KRS TRIATHLON DG | Polska | 1965 | M4 | 5 | 3:53 | 15,5 | 00:21:10 | 00:38:46 | 00:38:46 | 36 | |
| 39 | 165 | FILIP CZAK DARIUSZ | STRZELCE OPOLSKIE | GMINA STRZELCE OPOLSKIE | Polska | 1968 | M3 | 4 | 3:54 | 15,4 | 00:19:40 | 00:39:01 | 00:39:04 | 37 | |
| 40 | 6 | AMBORSKI RAFAŁ | KATOWICE | NIGHT RUNNERS ŚLONSK | Polska | 1989 | M1 | 13 | 3:54 | 15,4 | 00:21:18 | 00:39:03 | 00:39:08 | 38 | |
| 41 | 701 | STAWOWSKI BOGUMIŁ | KATOWICE | | Polska | 1964 | M4 | 6 | 3:55 | 15,3 | 00:19:57 | 00:39:12 | 00:39:18 | 39 | |
| 42 | 609 | PSZCZOŁA MARCIN | BĘDZIN | | Polska | 1978 | M2 | 17 | 3:55 | 15,3 | 00:21:22 | 00:39:14 | 00:39:16 | 40 | |

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Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------|---|------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|----|---|
| 43 | 51 | BOCHEŃSKI GRZEGORZ | GLIWICE | AMATOR | Polska | 1976 | M3 | 5 | 3:55 | 15,3 | 00:20:56 | 00:39:14 | 00:39:17 | 41 | |
| 44 | 105 | CIS ADAM | SOSNOWIEC | | Polska | 1978 | M2 | 18 | 3:56 | 15,3 | 00:21:33 | 00:39:15 | 00:39:18 | 42 | |
| 45 | 441 | MAŁYSZ KAROL | STARA WIEŚ | BESKIDY TRI SPORT TEAM | Polska | 1986 | M2 | 19 | 3:56 | 15,3 | 00:21:55 | 00:39:18 | 00:39:18 | 43 | |
| 46 | 669 | SMOTRYK ARTUR | TYCHY | NIEZRZESZONY | Polska | 1962 | M4 | 7 | 3:56 | 15,3 | 00:21:34 | 00:39:19 | 00:39:22 | 44 | |
| 47 | 258 | JANOCHA PIOTR | ŻARKI LETNISKO | LIBERO MYSZKÓW | Polska | 1979 | M2 | 20 | 3:56 | 15,3 | 00:21:25 | 00:39:20 | 00:39:23 | 45 | |
| 48 | 879 | ZIUZIAŃSKI ROMAN | DĄBROWA GÓRNICZA | | Polska | 1980 | M2 | 21 | 3:56 | 15,3 | 00:22:12 | 00:39:21 | 00:39:23 | 46 | |
| 49 | 335 | KORUS BARTŁOMIEJ | CZELADŹ | | Polska | 1980 | M2 | 22 | 3:56 | 15,2 | 00:22:07 | 00:39:21 | 00:39:27 | 47 | |
| 50 | 245 | JACHIMCZYK ALEKSANDRA | CHRZANÓW | PARKRUN CHRZANÓW | Polska | 1983 | K2 | 3 | 3:57 | 15,2 | 00:21:37 | 00:39:32 | 00:39:35 | | 3 |
| 51 | 399 | KWIECIAK JAROSŁAW | DĄBROWA GÓRNICZA | POGORIA BIEGA | Polska | 1954 | M5 | 1 | 3:57 | 15,2 | 00:22:03 | 00:39:34 | 00:39:39 | 48 | |
| 52 | 758 | ŚWIDER MARIUSZ | SOSNOWIEC | #CZELADZBIEGA | Polska | 1981 | M2 | 23 | 3:59 | 15,1 | 00:22:02 | 00:39:47 | 00:39:54 | 49 | |
| 53 | 668 | SMACZYŃSKI DARIUSZ | DĄBROWA GÓRNICZA | SRS AKTYWNA DĄBROWA | Polska | 1964 | M4 | 8 | 3:59 | 15,1 | 00:22:11 | 00:39:48 | 00:39:50 | 50 | |
| 54 | 217 | GRUCEL SŁAWOMIR | SOSNOWIEC | | Polska | 1981 | M2 | 24 | 3:59 | 15,1 | 00:21:43 | 00:39:50 | 00:39:52 | 51 | |
| 55 | 543 | OŚIŃSKI MARIUSZ | PIEKARY ŚLĄSKIE | CHELSEA POLAND | Polska | 1984 | M2 | 25 | 3:59 | 15,1 | 00:22:05 | 00:39:51 | 00:40:03 | 52 | |
| 56 | 401 | KWIECIEŃ KRYSZTIAN | SIEWIERZ | 3FLOW TRIATHLON TEAM/UKS OŻAROWICE | Polska | 1979 | M2 | 26 | 3:59 | 15,1 | 00:21:59 | 00:39:52 | 00:39:53 | 53 | |
| 57 | 84 | WILK TADEUSZ | RADZIECHOWY | | Polska | 1994 | M1 | 14 | 3:59 | 15,1 | 00:22:25 | 00:39:52 | 00:40:07 | 54 | |
| 58 | 840 | WOLNY DARIUSZ | STRZELCE OPOLSKIE | LIDEON | Polska | 1981 | M2 | 27 | 3:59 | 15,0 | 00:21:39 | 00:39:55 | 00:39:58 | 55 | |
| 59 | 429 | MACHOŃ MARCIN | KALETY | KALETY | Polska | 1983 | M2 | 28 | 4:00 | 15,0 | 00:21:54 | 00:40:00 | 00:40:03 | 56 | |
| 60 | 338 | KOSIŃSKI MAREK | WYRY | INCEPTION.LIFE | Polska | 1978 | M2 | 29 | 4:01 | 14,9 | 00:22:37 | 00:40:10 | 00:40:10 | 57 | |
| 61 | 616 | PYTEL JANUSZ | SOSNOWIEC | SOSÓŁ ZAKOPANE | Polska | 1958 | M4 | 9 | 4:01 | 14,9 | 00:22:27 | 00:40:13 | 00:40:13 | 58 | |
| 62 | 395 | KUSZKA MICHAŁ | 28 | BBL MIKOŁÓW | Polska | 1981 | M2 | 30 | 4:02 | 14,9 | 00:22:04 | 00:40:18 | 00:40:23 | 59 | |
| 63 | 54 | BODANKA PIOTR | NIEZNAŃCIE | FESTIWAL BIEGOWY W KRYNICY | Polska | 1979 | M2 | 31 | 4:02 | 14,9 | 00:22:27 | 00:40:18 | 00:40:21 | 60 | |
| 64 | 88 | CHABA ARTUR | DĄBROWA GÓRNICZA | | Polska | 1997 | M1 | 15 | 4:02 | 14,9 | 00:21:22 | 00:40:18 | 00:40:21 | 61 | |
| 65 | 442 | MANIARA PAWEŁ | SOSNOWIEC | | Polska | 1990 | M1 | 16 | 4:02 | 14,9 | 00:22:27 | 00:40:21 | 00:40:26 | 62 | |
| 66 | 672 | SOBCZYK BARBARA | WROCŁAW | KB SOBÓTKA | Polska | 1986 | K2 | 4 | 4:02 | 14,9 | | 00:40:23 | 00:40:27 | | 4 |
| 67 | 795 | WADELSKI EUGENIUSZ | RUDA ŚLĄSKA | BRAK | Polska | 1967 | M3 | 6 | 4:03 | 14,8 | 00:22:20 | 00:40:28 | 00:40:33 | 63 | |
| 68 | 322 | KOLBER KRZYSZTOF | ZAKOPANE | | Polska | 1992 | M1 | 17 | 4:03 | 14,8 | 00:22:42 | 00:40:28 | 00:40:43 | 64 | |
| 69 | 449 | MAREK ROBERT | BIELSKO - BIAŁA (STRACONK ULTRA BESKID SPORT - LOLOBERCIK | | Polska | 1975 | M3 | 7 | 4:03 | 14,8 | 00:22:31 | 00:40:34 | 00:40:38 | 65 | |
| 70 | 486 | MOTYL ARTUR | OLKUSZ | TEAM OLKUSZ | Polska | 1983 | M2 | 32 | 4:03 | 14,8 | 00:22:03 | 00:40:34 | 00:40:35 | 66 | |
| 71 | 362 | KROWIAK TOMASZ | SOSNOWIEC | | Polska | 1990 | M1 | 18 | 4:04 | 14,8 | 00:22:31 | 00:40:35 | 00:40:35 | 67 | |
| 72 | 549 | PALUSIŃSKI PIOTR | SOSNOWIEC | | Polska | 1966 | M4 | 10 | 4:04 | 14,8 | 00:22:36 | 00:40:40 | 00:40:45 | 68 | |
| 73 | 488 | MOTYL PIOTR | KATOWICE | 1965 | Polska | 1965 | M4 | 11 | 4:04 | 14,7 | 00:22:15 | 00:40:41 | 00:40:46 | 69 | |
| 74 | 252 | JAMROŻY MARCIN | SOSNOWIEC | SPELEOKLUB DĄBROWA GÓRNICZA | Polska | 1981 | M2 | 33 | 4:05 | 14,7 | | 00:40:54 | 00:40:58 | 70 | |
| 75 | 854 | WULCZYŃSKI RAFAŁ | CZELADŹ | | Polska | 1984 | M2 | 34 | 4:06 | 14,7 | | 00:40:56 | 00:41:10 | 71 | |
| 76 | 146 | DYK MIREK | SOSNOWIEC | NIEWYMIĘKACZE | Polska | 1974 | M3 | 8 | 4:06 | 14,6 | 00:22:21 | 00:41:04 | 00:41:08 | 72 | |
| 77 | 280 | KAJDAK DAWID | DĄBROWA GÓRNICZA | | Polska | 1977 | M2 | 35 | 4:07 | 14,6 | 00:22:53 | 00:41:06 | 00:41:23 | 73 | |
| 78 | 782 | TURCHAN MICHAŁ | SOSNOWIEC | | Polska | 1988 | M1 | 19 | 4:07 | 14,6 | 00:22:38 | 00:41:08 | 00:41:23 | 74 | |
| 79 | 862 | ZACZYK MARCIN | CHORZÓW | | Polska | 1971 | M3 | 9 | 4:08 | 14,5 | 00:22:37 | 00:41:15 | 00:41:15 | 75 | |
| 80 | 783 | TUREK RAFAŁ | BĘDZIN | | Polska | 1977 | M2 | 36 | 4:08 | 14,5 | 00:22:14 | 00:41:15 | 00:41:17 | 76 | |
| 81 | 530 | OGAN ŁUKASZ | ZABRZE | | Polska | 1991 | M1 | 20 | 4:08 | 14,5 | 00:23:04 | 00:41:18 | 00:41:40 | 77 | |
| 82 | 375 | KRZESIAK MARCIN | SOSNOWIEC | | Polska | 1978 | M2 | 37 | 4:08 | 14,5 | 00:22:57 | 00:41:19 | 00:41:19 | 78 | |
| 83 | 192 | GAWĘŁ BOGDAN | OŚWIĘCIM-ZABORZE | FESTIWAL BIEGOWY W KRYNICY-ZDRÓJ | Polska | 1956 | M5 | 2 | 4:08 | 14,5 | 00:23:01 | 00:41:20 | 00:41:36 | 79 | |
| 84 | 438 | MAŁEK PIOTR | ZAWIERCIE | | Polska | 1979 | M2 | 38 | 4:08 | 14,5 | 00:22:31 | 00:41:22 | 00:41:26 | 80 | |

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Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|------------------------|----------------------|---------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|---|
| 85 | 617 | PYTEL PIOTR | MYSŁOWICE | PEPE KLUB | Polska | 1984 | M2 | 39 | 4:08 | 14,5 | 00:23:02 | 00:41:23 | 00:41:26 | 81 | |
| 86 | 439 | MAŁOLEPSZY ŁUKASZ | MYSŁOWICE | 1983 | Polska | 1983 | M2 | 40 | 4:08 | 14,5 | 00:22:49 | 00:41:24 | 00:41:24 | 82 | |
| 87 | 270 | JĘDRYCHOWSKI EDWARD | SOSNOWIEC | | Polska | 1963 | M4 | 12 | 4:08 | 14,5 | 00:22:53 | 00:41:25 | 00:41:48 | 83 | |
| 88 | 297 | KINDLER PIOTR M. | ŚWIĘTOCHŁOWICE | NIEZRZESZONY | Polska | 1974 | M3 | 10 | 4:09 | 14,5 | 00:22:39 | 00:41:27 | 00:41:30 | 84 | |
| 89 | 193 | GAWIN WOJCIECH | SOSNOWIEC | | Polska | 1993 | M1 | 21 | 4:10 | 14,4 | 00:22:47 | 00:41:37 | 00:41:43 | 85 | |
| 90 | 155 | FABIAN MICHAŁ | CHORZÓW | | Polska | 1979 | M2 | 41 | 4:11 | 14,4 | 00:23:52 | 00:41:45 | 00:42:10 | 86 | |
| 91 | 390 | KULAS ROMUALD | SOSNOWIEC | | Polska | 1970 | M3 | 11 | 4:11 | 14,4 | 00:23:21 | 00:41:45 | 00:41:45 | 87 | |
| 92 | 645 | SEMPER PIOTR | SOSNOWIEC | FUNDACJA EXODUS SOSNOWIEC | Polska | 1972 | M3 | 12 | 4:11 | 14,4 | 00:23:13 | 00:41:48 | 00:42:08 | 88 | |
| 93 | 702 | STEC JERZY | ZABRZE | UM ZABRZE | Polska | 1964 | M4 | 13 | 4:11 | 14,3 | 00:22:59 | 00:41:54 | 00:41:58 | 89 | |
| 94 | 243 | IMBOR WOJCIECH | SOSNOWIEC | TKKF SATURN CZELADZ | Polska | 1982 | M2 | 42 | 4:11 | 14,3 | 00:23:10 | 00:41:55 | 00:41:55 | 90 | |
| 95 | 809 | WĘDRASZEK KRYSZTIAN | ŁAZY | | Polska | 1977 | M2 | 43 | 4:12 | 14,3 | 00:22:21 | 00:41:55 | 00:42:04 | 91 | |
| 96 | 342 | KOŚCIEŃ BARTOSZ | DĄBROWA GÓRNICZA | BIEGAJ Z BRAZYLIA | Polska | 1984 | M2 | 44 | 4:12 | 14,3 | 00:23:01 | 00:41:57 | 00:41:59 | 92 | |
| 97 | 683 | SOSNOWSKI ROMAN | KRAKÓW | KKB DYSTANS KRAKÓW/LACHOTEAM | Polska | 1970 | M3 | 13 | 4:12 | 14,3 | 00:23:43 | 00:42:00 | 00:42:22 | 93 | |
| 98 | 685 | SOWA ŁUKASZ | KATOWICE | | Polska | 1982 | M2 | 45 | 4:12 | 14,3 | 00:23:07 | 00:42:03 | 00:42:15 | 94 | |
| 99 | 881 | ZORAN HENRYK | RUDA ŚLĄSKA | ADS MASNA KRYTYCZNA | Polska | 1968 | M3 | 14 | 4:13 | 14,2 | 00:22:59 | 00:42:08 | 00:42:14 | 95 | |
| 100 | 605 | PRZYBYŁA KAMIL | DĄBROWA GÓRNICZA | NAJPRZÓD BIEGAJ | Polska | 1983 | M2 | 46 | 4:13 | 14,2 | 00:22:57 | 00:42:10 | 00:42:13 | 96 | |
| 101 | 437 | MALINOWSKI MATEUSZ | MYSŁOWICE | | Polska | 1981 | M2 | 47 | 4:13 | 14,2 | 00:23:35 | 00:42:11 | 00:42:35 | 97 | |
| 102 | 139 | DUDEK BARTEK | KATOWICE | | Polska | 1976 | M3 | 15 | 4:13 | 14,2 | 00:22:59 | 00:42:12 | 00:42:16 | 98 | |
| 103 | 40 | BIEŃKOWSKI ŁUKASZ | KRAKÓW | KKB DYSTANS KRAKÓW | Polska | 1968 | M3 | 16 | 4:13 | 14,2 | 00:23:43 | 00:42:13 | 00:42:33 | 99 | |
| 104 | 595 | POZOWSKI JAN | KATOWICE | | Polska | 1985 | M2 | 48 | 4:14 | 14,2 | | 00:42:17 | 00:42:20 | 100 | |
| 105 | 59 | BORKOWSKI PRZEMYSŁAW | SOSNOWIEC | TRENUJTRIATHLON.PL | Polska | 1972 | M3 | 17 | 4:14 | 14,2 | 00:23:09 | 00:42:19 | 00:42:21 | 101 | |
| 106 | 563 | PĄK GRZEGORZ | SOSNOWIEC | KMP SOSNOWIEC | Polska | 1979 | M2 | 49 | 4:14 | 14,2 | 00:23:17 | 00:42:22 | 00:42:35 | 102 | |
| 107 | 274 | JUREWICZ KRZYSZTOF | SOSNOWIEC | SPELEOKLUB DĄBROWA GÓRNICZA | Polska | 1976 | M3 | 18 | 4:15 | 14,1 | 00:23:32 | 00:42:29 | 00:42:35 | 103 | |
| 108 | 591 | POLACZEK TOMASZ | BOJSZOWY | | Polska | 1988 | M1 | 22 | 4:15 | 14,1 | | 00:42:32 | 00:42:43 | 104 | |
| 109 | 113 | CZAPLA SEWERYN | SIEMIANOWICE ŚLĄSKIE | | Polska | 1983 | M2 | 50 | 4:15 | 14,1 | 00:23:19 | 00:42:33 | 00:42:39 | 105 | |
| 110 | 263 | JARZĘBOWICZ BEATA | OŚWIĘCIM | ZADYSZKA/NIEWYMIĘKACZE | Polska | 1981 | K2 | 5 | 4:16 | 14,1 | 00:23:06 | 00:42:37 | 00:42:39 | | 5 |
| 111 | 629 | ROGAŁA GRZEGORZ | WYRY | | Polska | 1991 | M1 | 23 | 4:16 | 14,1 | 00:23:42 | 00:42:38 | 00:42:42 | 106 | |
| 112 | 480 | MODRZEJEWSKI KAZIMIERZ | NYSA | ATHLETICS NYSA | Polska | 1963 | M4 | 14 | 4:16 | 14,1 | 00:23:24 | 00:42:39 | 00:42:43 | 107 | |
| 113 | 79 | BUŁA ROBERT | RYBNIK | | Polska | 1991 | M1 | 24 | 4:16 | 14,0 | 00:24:21 | 00:42:45 | 00:43:18 | 108 | |
| 114 | 257 | JANOCHA AGNIESZKA | ŻARKI LETNISKO | AMBITNI AMATORZY MYSZKÓW | Polska | 1979 | K2 | 6 | 4:17 | 14,0 | 00:23:11 | 00:42:46 | 00:42:49 | | 6 |
| 115 | 110 | CZADO ARTUR | SOSNOWIEC | | Polska | 1991 | M1 | 25 | 4:17 | 14,0 | 00:23:19 | 00:42:47 | 00:42:52 | 109 | |
| 116 | 475 | MILIK MARCIN | SOSNOWIEC | | Polska | 1977 | M2 | 51 | 4:18 | 14,0 | 00:24:14 | 00:42:58 | 00:43:09 | 110 | |
| 117 | 228 | HAJDUK JAN | SOSNOWIEC | STRONG HOUSE CZELADŹ | Polska | 1983 | M2 | 52 | 4:18 | 14,0 | 00:24:13 | 00:43:00 | 00:43:39 | 111 | |
| 118 | 866 | ZAJĄC ŁUKASZ | PIEKARY ŚLĄSKIE | BTM RUNNERS | Polska | 1985 | M2 | 53 | 4:19 | 13,9 | 00:23:50 | 00:43:10 | 00:43:36 | 112 | |
| 119 | 827 | WILK EDYTA | DĄBROWA GÓRNICZA | | Polska | 1987 | K1 | 1 | 4:19 | 13,9 | 00:21:29 | 00:43:10 | 00:43:13 | | 7 |
| 120 | 779 | TRZOPEK MARCIN | UJSOŁY | | Polska | 1992 | M1 | 26 | 4:19 | 13,9 | 00:23:57 | 00:43:11 | 00:43:19 | 113 | |
| 121 | 264 | JARZĘBOWICZ MATEUSZ | TRZEBNICA | ATHLETICS TEAM PRUSICE | Polska | 1982 | M2 | 54 | 4:19 | 13,9 | 00:23:45 | 00:43:15 | 00:43:19 | 114 | |
| 122 | 588 | PODSIADŁO JAROSŁAW | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1966 | M4 | 15 | 4:20 | 13,9 | 00:24:16 | 00:43:18 | 00:43:32 | 115 | |
| 123 | 625 | RODAK PIOTR | GLIWICE | MZT | Polska | 1965 | M4 | 16 | 4:20 | 13,8 | 00:24:19 | 00:43:20 | 00:43:29 | 116 | |
| 124 | 737 | SZLEMBARSKI RADOSŁAW | CZELADŹ | CSIR AGATSU | Polska | 1985 | M2 | 55 | 4:21 | 13,8 | 00:23:27 | 00:43:29 | 00:43:41 | 117 | |
| 125 | 334 | KORNES JANUSZ | SOSNOWIEC | TKKF TRIATHLON DĄBROWA GÓRNICZA | Polska | 1970 | M3 | 19 | 4:21 | 13,8 | 00:23:57 | 00:43:30 | 00:43:30 | 118 | |
| 126 | 49 | BOBER TOMASZ | MYSŁOWICE | | Polska | 1985 | M2 | 56 | 4:22 | 13,8 | 00:25:01 | 00:43:37 | 00:44:28 | 119 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------|------------------|---------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 127 | 450 | MARKOWSKI PRZEMYSŁAW | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1991 | M1 | 27 | 4:22 | 13,8 | 00:23:58 | 00:43:37 | 00:44:02 | 120 | |
| 128 | 738 | DUDWAŁ MATEUSZ | SOSNOWIEC | GYM EL-TORO | Polska | 1985 | M2 | 57 | 4:22 | 13,8 | 00:24:19 | 00:43:38 | 00:43:49 | 121 | |
| 129 | 66 | BRODEK ANDRZEJ | GLIWICE | | Polska | 1969 | M3 | 20 | 4:22 | 13,7 | 00:24:23 | 00:43:40 | 00:43:58 | 122 | |
| 130 | 363 | KRÓL ARKADIUSZ | SOSNOWIEC | 40-LATEK :) | Polska | 1975 | M3 | 21 | 4:22 | 13,7 | 00:24:19 | 00:43:43 | 00:44:00 | 123 | |
| 131 | 96 | CIACIURA MAGDALENA | BIELSKO-BIAŁA | | Polska | 1986 | K2 | 7 | 4:22 | 13,7 | | 00:43:43 | 00:43:43 | | 8 |
| 132 | 336 | KOSELA ŁUKASZ | KRAKÓW | | Polska | 1985 | M2 | 58 | 4:22 | 13,7 | | 00:43:44 | 00:44:07 | 124 | |
| 133 | 317 | KOCH ARTUR | SOSNOWIEC | | Polska | 1970 | M3 | 22 | 4:22 | 13,7 | 00:24:22 | 00:43:45 | 00:43:50 | 125 | |
| 134 | 833 | WIŚNIEWSKI JAROSŁAW | SOSNOWIEC | | Polska | 1973 | M3 | 23 | 4:23 | 13,7 | 00:24:48 | 00:43:46 | 00:43:46 | 126 | |
| 135 | 38 | BIEŃ MARIUSZ | DĄBROWA GÓRNICZA | | Polska | 1969 | M3 | 24 | 4:23 | 13,7 | 00:24:04 | 00:43:48 | 00:43:55 | 127 | |
| 136 | 195 | GAWROŃSKI ADAM | CHRZANÓW | | Polska | 1976 | M3 | 25 | 4:23 | 13,7 | 00:24:35 | 00:43:51 | 00:44:10 | 128 | |
| 137 | 750 | SZYMAŃSKI KRZYSZTOF | SOSNOWIEC | HARPAGAN SOSNOWIEC | Poland | 1979 | M2 | 59 | 4:23 | 13,7 | 00:25:02 | 00:43:53 | 00:44:30 | 129 | |
| 138 | 774 | TRYBOWSKI ŁUKASZ | MYSŁOWICE | DNF RUNNERS | Polska | 1978 | M2 | 60 | 4:24 | 13,6 | 00:24:39 | 00:44:00 | 00:44:26 | 130 | |
| 139 | 793 | URBAŃSKI MARIUSZ | SOSNOWIEC | | Polska | 1984 | M2 | 61 | 4:25 | 13,6 | | 00:44:08 | 00:44:22 | 131 | |
| 140 | 293 | KATA DAMIAN | GLIWICE | | Polska | 1987 | M1 | 28 | 4:25 | 13,6 | | 00:44:10 | 00:44:14 | 132 | |
| 141 | 534 | SEMIENIUK PAWEŁ | SOSNOWIEC | | Polska | 1991 | M1 | 29 | 4:25 | 13,6 | 00:25:03 | 00:44:11 | 00:44:11 | 133 | |
| 142 | 671 | SOBASZEK AURELIUSZ | GLIWICE | PSYCHONAUCI | Polska | 1986 | M2 | 62 | 4:25 | 13,6 | 00:24:15 | 00:44:11 | 00:44:17 | 134 | |
| 143 | 385 | KUCHARSKI PRZEMYSŁAW | DĄBROWA GÓRNICZA | GHOSTBIKERS | Polska | 1994 | M1 | 30 | 4:25 | 13,6 | 00:24:34 | 00:44:11 | 00:44:28 | 135 | |
| 144 | 578 | PIRÓG KONRAD | DĄBROWA GÓRNICZA | | Polska | 1985 | M2 | 63 | 4:25 | 13,6 | 00:24:53 | 00:44:13 | 00:44:36 | 136 | |
| 145 | 499 | MULCZYK MIŁOSZ | SOSNOWIEC | | Polska | 1984 | M2 | 64 | 4:25 | 13,6 | 00:24:38 | 00:44:15 | 00:44:28 | 137 | |
| 146 | 206 | GORGOŃ KRZYSZTOF | SOSNOWIEC | GIGI | Polska | 1978 | M2 | 65 | 4:26 | 13,6 | 00:25:12 | 00:44:15 | 00:44:50 | 138 | |
| 147 | 541 | OPUCHLIK ROMAN | ŚWIĘTOCHŁOWICE | | Polska | 1980 | M2 | 66 | 4:26 | 13,5 | 00:23:47 | 00:44:20 | 00:44:22 | 139 | |
| 148 | 655 | SIWIEC ARTUR | KATOWICE | SKLEP BIEGACZA PL | Polska | 1991 | M1 | 31 | 4:26 | 13,5 | 00:26:01 | 00:44:20 | 00:45:24 | 140 | |
| 149 | 518 | NOWAK EWA | MYSŁOWICE | | Polska | 1973 | K3 | 1 | 4:26 | 13,5 | 00:24:53 | 00:44:22 | 00:44:28 | | 9 |
| 150 | 246 | JACHOWICZ ŁUKASZ | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1983 | M2 | 67 | 4:26 | 13,5 | | 00:44:23 | 00:44:30 | 141 | |
| 151 | 215 | GRĘDA GRZEGORZ | SOSNOWIEC | SOLVERE TEAM | Polska | 1981 | M2 | 68 | 4:26 | 13,5 | 00:24:31 | 00:44:24 | 00:44:38 | 142 | |
| 152 | 158 | FEDORKO WITOLD | BĘDZIN | QUIETA MOVERE | Polska | 1979 | M2 | 69 | 4:26 | 13,5 | 00:24:04 | 00:44:24 | 00:44:31 | 143 | |
| 153 | 4 | ADAMOWSKI ZBIGNIEW | MYSZKÓW | AMBITNI AMATORZY | Polska | 1979 | M2 | 70 | 4:26 | 13,5 | 00:25:21 | 00:44:25 | 00:44:54 | 144 | |
| 154 | 887 | ŻERO SEBASTIAN | BĘDZIN | GHOSTBIKERS | Polska | 1981 | M2 | 71 | 4:27 | 13,5 | 00:24:34 | 00:44:25 | 00:44:33 | 145 | |
| 155 | 445 | MARCINIAK MICHAŁ | KATOWICE | MESSER | Polska | 1978 | M2 | 72 | 4:27 | 13,5 | 00:25:10 | 00:44:26 | 00:44:59 | 146 | |
| 156 | 426 | ŁYSEK TOMASZ | DĄBROWA GÓRNICZA | | Polska | 1983 | M2 | 73 | 4:27 | 13,5 | 00:24:36 | 00:44:27 | 00:44:45 | 147 | |
| 157 | 628 | ROGACZ PIOTR | SOSNOWIEC | SZAKALE | Polska | 1981 | M2 | 74 | 4:27 | 13,5 | 00:26:28 | 00:44:28 | 00:45:39 | 148 | |
| 158 | 137 | DREJ MACIEJ | SOSNOWIEC | | Polska | 1986 | M2 | 75 | 4:27 | 13,5 | 00:24:22 | 00:44:31 | 00:44:36 | 149 | |
| 159 | 103 | CIEŚLIK PAWEŁ | SOSNOWIEC | | Polska | 1975 | M3 | 26 | 4:27 | 13,5 | 00:24:16 | 00:44:32 | 00:44:39 | 150 | |
| 160 | 72 | BRZÓZKA NORBERT | DĄBROWA GÓRNICZA | POGORIA BIEGA | Polska | 1974 | M3 | 27 | 4:27 | 13,5 | 00:24:25 | 00:44:33 | 00:44:39 | 151 | |
| 161 | 802 | WASZKIEWICZ TOMASZ | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1974 | M3 | 28 | 4:28 | 13,5 | 00:24:39 | 00:44:35 | 00:44:53 | 152 | |
| 162 | 740 | SZNAPKA EUGENIUSZ | ŚWIĘTOCHŁOWICE | TKKF TELSPORT | Polska | 1955 | M5 | 3 | 4:28 | 13,5 | 00:24:48 | 00:44:36 | 00:44:36 | 153 | |
| 163 | 757 | ŚLIWIOK PAWEŁ | KATOWICE | BYSIOR TEAM | Polska | 1967 | M3 | 29 | 4:28 | 13,4 | 00:24:59 | 00:44:39 | 00:44:47 | 154 | |
| 164 | 841 | WOŹNICKI SZYMON | MYSŁOWICE | | Polska | 1978 | M2 | 76 | 4:28 | 13,4 | 00:24:37 | 00:44:41 | 00:44:48 | 155 | |
| 165 | 12 | BAJER GRZEGORZ | SOSNOWIEC | | Polska | 1975 | M3 | 30 | 4:28 | 13,4 | 00:23:53 | 00:44:44 | 00:44:45 | 156 | |
| 166 | 545 | OWCZARSKI KRZYSZTOF | CZELADŹ | CZELADŹ PIASKI | Polska | 1965 | M4 | 17 | 4:29 | 13,4 | | 00:44:47 | 00:44:47 | 157 | |
| 167 | 300 | KLATA SEBASTIAN | SOSNOWIEC | - | Polska | 1974 | M3 | 31 | 4:29 | 13,4 | 00:24:37 | 00:44:49 | 00:45:02 | 158 | |
| 168 | 698 | STAŃKOWSKA EMILIA | JAWORZNO | LACHO TEAM | Polska | 1992 | K1 | 2 | 4:29 | 13,4 | 00:24:27 | 00:44:49 | 00:44:55 | | 10 |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|--------------------------|------------------|-----------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 169 | 528 | OBIDIŃSKI PAWEŁ | KATOWICE | | Polska | 1981 | M2 | 77 | 4:30 | 13,3 | 00:25:54 | 00:45:00 | 00:45:36 | 159 | |
| 170 | 286 | KAMIŃSKI PIOTR | SOSNOWIEC | | Polska | 1977 | M2 | 78 | 4:30 | 13,3 | 00:24:46 | 00:45:02 | 00:45:13 | 160 | |
| 171 | 213 | GÓRSKI SYLWESTER | CZĘSTOCHOWA | | Polska | 1971 | M3 | 32 | 4:31 | 13,3 | 00:24:41 | 00:45:06 | 00:45:06 | 161 | |
| 172 | 479 | MŁODZIK DANIEL | SOSNOWIEC | | Polska | 1977 | M2 | 79 | 4:31 | 13,3 | 00:25:08 | 00:45:09 | 00:45:09 | 162 | |
| 173 | 20 | BARCHANOWSKI RAFAŁ | SOSNOWIEC | FARAŁ AFRICAA HUDY CLUB | Polska | 1978 | M2 | 80 | 4:31 | 13,3 | 00:24:59 | 00:45:11 | 00:45:17 | 163 | |
| 174 | 875 | ZIELIŃSKI PAWEŁ | BYDGOSZCZ | BEBOKI | Polska | 1979 | M2 | 81 | 4:31 | 13,3 | | 00:45:13 | 00:45:28 | 164 | |
| 175 | 393 | KUŁAKOWSKI GRZEGORZ | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1979 | K2 | 8 | 4:31 | 13,3 | 00:25:25 | 00:45:14 | 00:45:32 | | 11 |
| 176 | 693 | STACHURA MARIUSZ | ANDRYCHÓW | | Polska | 1972 | M3 | 33 | 4:32 | 13,3 | 00:24:59 | 00:45:16 | 00:45:40 | 165 | |
| 177 | 34 | BIEDROŃ DARIUSZ | PANIÓWKI | | Polska | 1978 | M2 | 82 | 4:32 | 13,2 | 00:25:47 | 00:45:22 | 00:45:50 | 166 | |
| 178 | 132 | DESZYŃSKI DAMIAN | GLIWICE | ISTA BIEGAMY | Polska | 1978 | M2 | 83 | 4:32 | 13,2 | 00:25:50 | 00:45:22 | 00:45:48 | 167 | |
| 179 | 494 | MROZIK DARIUSZ | BOJSZOWY | | Polska | 1986 | M2 | 84 | 4:32 | 13,2 | 00:24:57 | 00:45:22 | 00:45:29 | 168 | |
| 180 | 415 | LIS MARIUSZ JAKUB | SOSNOWIEC | KALINOWA CITY SOSNOWIEC | Polska | 1974 | M3 | 34 | 4:32 | 13,2 | 00:25:29 | 00:45:24 | 00:45:49 | 169 | |
| 181 | 457 | MATYSZKIEWICZ KRZYSZTOF | CZELADŹ | | Polska | 1997 | M1 | 32 | 4:32 | 13,2 | 00:25:06 | 00:45:24 | 00:45:39 | 170 | |
| 182 | 278 | KABAŁA SEBASTIAN | ŚWIĘTOCHŁOWICE | HIMOUNTAIN TEAM | Polska | 1973 | M3 | 35 | 4:33 | 13,2 | 00:25:39 | 00:45:25 | 00:45:46 | 171 | |
| 183 | 47 | BOBAKOWSKI MAREK | LUSZOWICE | | Polska | 1979 | M2 | 85 | 4:33 | 13,2 | 00:25:47 | 00:45:26 | 00:45:53 | 172 | |
| 184 | 869 | ZAŁUCKI ŁUKASZ | SOSNOWIEC | | Polska | 1981 | M2 | 86 | 4:33 | 13,2 | 00:25:00 | 00:45:29 | 00:45:36 | 173 | |
| 185 | 714 | SURMAN JULIA | KATOWICE | | Polska | 1999 | K1 | 3 | 4:33 | 13,2 | 00:22:18 | 00:45:32 | 00:45:38 | | 12 |
| 186 | 689 | SPRYCHA SŁAWOMIR | CZELADŹ | #CZELADŹBIEGA | Polska | 1983 | M2 | 87 | 4:33 | 13,2 | 00:25:02 | 00:45:33 | 00:45:41 | 174 | |
| 187 | 73 | BUCKI MARCIN | SOSNOWIEC | | Polska | 1982 | M2 | 88 | 4:33 | 13,2 | 00:26:01 | 00:45:34 | 00:46:11 | 175 | |
| 188 | 405 | LANGNER MAURYCJ | DĄBROWA GÓRNICZA | | Polska | 1975 | M3 | 36 | 4:34 | 13,2 | 00:25:01 | 00:45:37 | 00:45:44 | 176 | |
| 189 | 769 | THAL MARIUSZ | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1978 | M2 | 89 | 4:34 | 13,2 | 00:25:05 | 00:45:37 | 00:45:42 | 177 | |
| 190 | 562 | PAWLIK MAREK | NYSA | ATHLETICS NYSA | Polska | 1974 | M3 | 37 | 4:34 | 13,1 | | 00:45:40 | 00:45:48 | 178 | |
| 191 | 52 | BOCZKOWSKA JUSTYNA | ZAKOPANE | | Polska | 1966 | K4 | 1 | 4:34 | 13,1 | 00:23:07 | 00:45:41 | 00:46:00 | | 13 |
| 192 | 884 | ZWIERZYŃSKI PIOTR | RYBNIK | UNATCO | Polska | 1969 | M3 | 38 | 4:34 | 13,1 | 00:25:43 | 00:45:45 | 00:46:09 | 179 | |
| 193 | 721 | SZCZEPANEK BENIAMIN | SOSNOWIEC | | Polska | 1990 | M1 | 33 | 4:35 | 13,1 | 00:24:20 | 00:45:48 | 00:45:48 | 180 | |
| 194 | 100 | CIERPIOŁ MACIEJ | SOSNOWIEC | | Polska | 1994 | M1 | 34 | 4:35 | 13,1 | 00:26:04 | 00:45:49 | 00:46:11 | 181 | |
| 195 | 728 | SZCZOTKA JAKUB | DĄBROWA GÓRNICZA | | Polska | 1978 | M2 | 90 | 4:35 | 13,1 | 00:25:12 | 00:45:50 | 00:45:50 | 182 | |
| 196 | 318 | KOCHMAN KRZYSZTOF | SOSNOWIEC | KOCHMAN-SOSNOWIEC | Polska | 1969 | M3 | 39 | 4:35 | 13,1 | 00:25:04 | 00:45:51 | 00:45:54 | 183 | |
| 197 | 604 | PRZYBYLSKI TOMASZ | 218 | TYPOWY AMATOR | Polska | 1980 | M2 | 91 | 4:35 | 13,1 | 00:26:10 | 00:45:52 | 00:46:30 | 184 | |
| 198 | 464 | MICHALAK MIROSLAW | TYCHY | | Polska | 1972 | M3 | 40 | 4:35 | 13,1 | 00:25:25 | 00:45:54 | 00:46:02 | 185 | |
| 199 | 391 | KULIŃSKI MACIEJ | ZAWIERCIE | BIEGAJ RAZEM Z NAMI | Polska | 1971 | M3 | 41 | 4:36 | 13,1 | 00:25:33 | 00:45:55 | 00:46:01 | 186 | |
| 200 | 333 | KORNECKA-CIELIBAŁA ANETA | SOBKÓW | | Polska | 1978 | K2 | 9 | 4:36 | 13,1 | 00:25:03 | 00:45:55 | 00:46:09 | | 14 |
| 201 | 524 | NOWAK WOJCIECH | SOSNOWIEC | | Polska | 1977 | M2 | 92 | 4:36 | 13,1 | 00:25:33 | 00:45:57 | 00:46:09 | 187 | |
| 202 | 446 | MARZAK KRZYSZTOF | ŚWIĘTOCHŁOWICE | PKO BP SILESIA RUNNING TEAM | Polska | 1971 | M3 | 42 | 4:36 | 13,1 | 00:25:32 | 00:45:58 | 00:46:18 | 188 | |
| 203 | 373 | KRYZIA GRZEGORZ | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1973 | M3 | 43 | 4:36 | 13,0 | 00:25:23 | 00:46:01 | 00:46:18 | 189 | |
| 204 | 77 | BUJOK TOMASZ | SOSNOWIEC | | Polska | 1986 | M2 | 93 | 4:36 | 13,0 | | 00:46:01 | 00:46:29 | 190 | |
| 205 | 544 | OSUSZEK MARCIN | WOLBROM | WOLBROM TEAM | Polska | 1988 | M1 | 35 | 4:36 | 13,0 | 00:26:02 | 00:46:03 | 00:46:47 | 191 | |
| 206 | 440 | MAŁYSA ADAM | KLUCZE | OLKUSZBIEGA | Polska | 1982 | M2 | 94 | 4:36 | 13,0 | 00:25:27 | 00:46:03 | 00:46:14 | 192 | |
| 207 | 428 | MACHERZYŃSKI DANIEL | SOSNOWIEC | | Polska | 1976 | M3 | 44 | 4:36 | 13,0 | 00:24:59 | 00:46:03 | 00:46:13 | 193 | |
| 208 | 18 | BARAN TOMASZ | DĄBROWA GÓRNICZA | | Polska | 1982 | M2 | 95 | 4:36 | 13,0 | 00:25:20 | 00:46:05 | 00:46:20 | 194 | |
| 209 | 227 | HABER MICHAŁ | MYSŁOWICE | | Polska | 1991 | M1 | 36 | 4:37 | 13,0 | 00:25:57 | 00:46:13 | 00:46:55 | 195 | |
| 210 | 651 | KOTRA JACEK | SMOLNICA | | Polska | 1981 | M2 | 96 | 4:37 | 13,0 | 00:25:45 | 00:46:14 | 00:46:27 | 196 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|-------------------------|----------------------|---------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 211 | 485 | MOTYL ALOJZY | OLKUSZ | TEAM OLKUSZ | Polska | 1958 | M4 | 18 | 4:37 | 13,0 | 00:25:22 | 00:46:15 | 00:46:16 | 197 | |
| 212 | 483 | MOŃ SEBASTIAN | DĄBROWA GÓRNICZA | | Polska | 1986 | M2 | 97 | 4:37 | 13,0 | 00:25:55 | 00:46:15 | 00:46:35 | 198 | |
| 213 | 574 | PIĘTA MARCIN | SŁAWKÓW | TWÓJ DIETETYK | Polska | 1979 | M2 | 98 | 4:38 | 13,0 | 00:26:00 | 00:46:15 | 00:46:29 | 199 | |
| 214 | 808 | WELM GRZEGORZ | CZĘSTOCHOWA | ZABIEGANI CZĘSTOCHOWA | Polska | 1970 | M3 | 45 | 4:38 | 13,0 | 00:25:48 | 00:46:17 | 00:46:21 | 200 | |
| 215 | 3 | ADAMCZYK TOMASZ | CZĘSTOCHOWA | ZABIEGANI CZĘSTOCHOWA | Polska | 1967 | M3 | 46 | 4:38 | 13,0 | 00:25:48 | 00:46:17 | 00:46:21 | 201 | |
| 216 | 418 | LOTKO ANDRZEJ | SOSNOWIEC | V TEAM | Polska | 1985 | M2 | 99 | 4:38 | 13,0 | 00:26:34 | 00:46:18 | 00:47:20 | 202 | |
| 217 | 654 | SIWEK TOMASZ | CZELADŹ | TOMASZ SIWEK | Polska | 1973 | M3 | 47 | 4:38 | 12,9 | 00:25:31 | 00:46:20 | 00:46:29 | 203 | |
| 218 | 112 | CZAPEK MAREK | GLIWICE | | Polska | 1973 | M3 | 48 | 4:38 | 12,9 | 00:26:11 | 00:46:20 | 00:46:30 | 204 | |
| 219 | 767 | TEKIELI TOMASZ | SOSNOWIEC | | Polska | 1983 | M2 | 100 | 4:38 | 12,9 | 00:25:54 | 00:46:21 | 00:46:58 | 205 | |
| 220 | 163 | FIJAK JERZY | BIELSKO-BIAŁA | HALNY WĘGIERSKA GÓRKA | Polska | 1956 | M5 | 4 | 4:38 | 12,9 | 00:25:25 | 00:46:23 | 00:46:36 | 206 | |
| 221 | 532 | OKOŃ TOMASZ | TYCHY | | Polska | 1989 | M1 | 37 | 4:38 | 12,9 | 00:26:21 | 00:46:24 | 00:47:02 | 207 | |
| 222 | 78 | BULIŃSKI PRZEMYŁSAW | BĘDZIN | | Polska | 1989 | M1 | 38 | 4:38 | 12,9 | 00:26:58 | 00:46:25 | 00:47:29 | 208 | |
| 223 | 490 | MOŹEJKO ARTUR | PORAJ | SPARTANIE DZIECIOM | Polska | 1974 | M3 | 49 | 4:39 | 12,9 | 00:25:22 | 00:46:27 | 00:46:32 | 209 | |
| 224 | 92 | CHROBAK ANIA | GLIWICE | OPEL ACTIVE TEAM | Polska | 1986 | K2 | 10 | 4:39 | 12,9 | 00:24:58 | 00:46:28 | 00:46:32 | | 15 |
| 225 | 777 | TRZEJA ZDANOWSKA DOROTA | BĘDZIN | | Polska | 1973 | K3 | 2 | 4:39 | 12,9 | 00:25:23 | 00:46:28 | 00:46:33 | | 16 |
| 226 | 695 | STACHURSKI ARTUR | DĄBROWA GÓRNICZA | | Polska | 1977 | M2 | 101 | 4:39 | 12,9 | 00:26:36 | 00:46:33 | 00:47:19 | 210 | |
| 227 | 80 | BYDŁOWSKI ARTUR | DĄBROWA GÓRNICZA | POGORIA BIEGA | Polska | 1984 | M2 | 102 | 4:40 | 12,9 | 00:26:43 | 00:46:38 | 00:47:15 | 211 | |
| 228 | 32 | BIAŁAS ADAM | STRZYŻOWICE | | Polska | 1991 | M1 | 39 | 4:40 | 12,9 | 00:25:00 | 00:46:38 | 00:46:38 | 212 | |
| 229 | 815 | WIECZOREK ŁUKASZ | SOSNOWIEC | | Polska | 1978 | M2 | 103 | 4:40 | 12,8 | 00:25:50 | 00:46:42 | 00:47:05 | 213 | |
| 230 | 848 | WRÓBLEWSKA KATARZYNA | CHORZÓW | | Polska | 1984 | K2 | 11 | 4:41 | 12,8 | 00:26:22 | 00:46:45 | 00:47:19 | | 17 |
| 231 | 770 | TOMAN ANDRZEJ | STANOWICE | LUXTORPEDA CZERWIONKA | Polska | 1962 | M4 | 19 | 4:41 | 12,8 | 00:26:13 | 00:46:47 | 00:47:19 | 214 | |
| 232 | 849 | WRÓBLEWSKI ROBERT | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1975 | M3 | 50 | 4:41 | 12,8 | 00:26:23 | 00:46:51 | 00:47:21 | 215 | |
| 233 | 606 | PRZYBYŁA MATEUSZ | CZERWIONKA-LESZCZYNY | | Polska | 1991 | M1 | 40 | 4:41 | 12,8 | 00:27:52 | 00:46:51 | 00:47:45 | 216 | |
| 234 | 567 | PIECZABA PATRYK | SOSNOWIEC | DZIKWORKOUT | Polska | 1984 | M2 | 104 | 4:41 | 12,8 | 00:26:54 | 00:46:53 | 00:47:51 | 217 | |
| 235 | 500 | MUSZYŃSKI KRZYSZTOF | SOSNOWIEC | | Polska | 1973 | M3 | 51 | 4:41 | 12,8 | 00:26:03 | 00:46:54 | 00:47:23 | 218 | |
| 236 | 189 | GARBAT MICHAŁ | SOSNOWIEC | | Polska | 2000 | M1 | 41 | 4:41 | 12,8 | 00:26:48 | 00:46:55 | 00:47:34 | 219 | |
| 237 | 741 | SZNAPKA MAGDALENA | ŚWIĘTOCHŁOWICE | 3 KAWAŁY O... NA YOUTUBE | Polska | 1987 | K1 | 4 | 4:42 | 12,8 | 00:25:50 | 00:46:56 | 00:47:08 | | 18 |
| 238 | 771 | TORBUS MATEUSZ | SOSNOWIEC | | Polska | 1972 | M3 | 52 | 4:42 | 12,8 | 00:25:55 | 00:46:59 | 00:47:17 | 220 | |
| 239 | 659 | SKOTNICZNY RYSZARD | DĄBROWA GÓRNICZA | | Polska | 1962 | M4 | 20 | 4:42 | 12,8 | 00:26:01 | 00:47:00 | 00:47:07 | 221 | |
| 240 | 104 | WOJTAS MARCIN | OLIWIA | | Polska | 1990 | M1 | 42 | 4:42 | 12,8 | 00:27:32 | 00:47:02 | 00:47:32 | 222 | |
| 241 | 433 | PODOLAK ALFRED | GLIWICE | PĘDZIWIATR GLIWICE | Polska | 1960 | M4 | 21 | 4:42 | 12,8 | 00:26:03 | 00:47:03 | 00:47:13 | 223 | |
| 242 | 312 | KNAP KAMIL | SOSNOWIEC | | Polska | 1978 | M2 | 105 | 4:43 | 12,7 | 00:26:02 | 00:47:06 | 00:47:15 | 224 | |
| 243 | 343 | KOTARBA ADRIAN | MYSZKÓW | AMBITNI AMATORZY | Polska | 1990 | M1 | 43 | 4:43 | 12,7 | 00:26:15 | 00:47:08 | 00:47:37 | 225 | |
| 244 | 204 | GOŁĘBIEWSKI DOMINIK | DĄBROWA GÓRNICZA | WSB | Polska | 1985 | M2 | 106 | 4:43 | 12,7 | 00:26:31 | 00:47:08 | 00:47:58 | 226 | |
| 245 | 592 | POLCZAK JOANNA | DĄBROWA GÓRNICZA | 3FLOW TRIATHLON TEAM | Polska | 1986 | K2 | 12 | 4:43 | 12,7 | 00:27:16 | 00:47:08 | 00:47:51 | | 19 |
| 246 | 326 | KOŁTAN MAŁGORZATA | SOSNOWIEC | CFO-BARBARIAN EXTREME TEAM | Polska | 1989 | K1 | 5 | 4:43 | 12,7 | 00:27:16 | 00:47:08 | 00:47:51 | | 20 |
| 247 | 181 | GAJEWSKI IREK | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1973 | M3 | 53 | 4:43 | 12,7 | 00:24:25 | 00:47:12 | 00:47:32 | 227 | |
| 248 | 684 | SOWA ADRIAN | KATOWICE | | Polska | 1990 | M1 | 44 | 4:43 | 12,7 | 00:26:05 | 00:47:15 | 00:48:03 | 228 | |
| 249 | 818 | WIERZBICKI KONRAD | GIEBUŁTÓW | | Polska | 1979 | M2 | 107 | 4:44 | 12,7 | 00:25:42 | 00:47:16 | 00:47:29 | 229 | |
| 250 | 515 | NOGA ŁUKASZ | SOSNOWIEC | DARE2RUN | Polska | 1982 | M2 | 108 | 4:44 | 12,7 | 00:26:38 | 00:47:23 | 00:47:30 | 230 | |
| 251 | 817 | WIEKIERA ŁUKASZ | SŁAWKÓW | S.G.B. SAMO SIĘ NIE PRZEBIEGNIE | Polska | 1976 | M3 | 54 | 4:44 | 12,7 | 00:26:17 | 00:47:25 | 00:47:39 | 231 | |
| 252 | 93 | CHRONOWSKA JUSTYNA | KATOWICE | | Polska | 1990 | K1 | 6 | 4:45 | 12,6 | 00:23:32 | 00:47:29 | 00:47:29 | | 21 |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|------------------------|--------------------|--------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 253 | 799 | WARCHOŁ PAWEŁ | SOSNOWIEC | | Polska | 1978 | M2 | 109 | 4:45 | 12,6 | 00:26:02 | 00:47:30 | 00:48:00 | 232 | |
| 254 | 147 | DYRLAGA STANISŁAW | WĘGIERSKA GÓRKA | KS HALNY WĘGIERSKA GÓRKA | Polska | 1958 | M4 | 22 | 4:45 | 12,6 | 00:26:36 | 00:47:31 | 00:47:49 | 233 | |
| 255 | 586 | POCHWAT ALEKSANDER | WOJKOWICE | | Polska | 1999 | M1 | 45 | 4:46 | 12,6 | 00:26:39 | 00:47:41 | 00:48:12 | 234 | |
| 256 | 164 | FIJOŁEK STANISŁAW | SĄCZÓW | | Polska | 1957 | M4 | 23 | 4:46 | 12,6 | 00:26:39 | 00:47:41 | 00:48:12 | 235 | |
| 257 | 152 | DZIURKA BARTOSZ | SOSNOWIEC | | Polska | 1990 | M1 | 46 | 4:46 | 12,6 | 00:26:24 | 00:47:42 | 00:47:59 | 236 | |
| 258 | 458 | MATYSZKIEWICZ PAWEŁ | CZELADŹ | | Polska | 1973 | M3 | 55 | 4:47 | 12,6 | 00:26:08 | 00:47:46 | 00:47:59 | 237 | |
| 259 | 261 | JAROS DARIUSZ | BĘDZIN | | Polska | 1967 | M3 | 56 | 4:47 | 12,5 | | 00:47:50 | 00:47:58 | 238 | |
| 260 | 419 | LUBICKI WOJCIECH | ZABRZE | BRAK | Polska | 1966 | M4 | 24 | 4:47 | 12,5 | 00:25:57 | 00:47:51 | 00:47:59 | 239 | |
| 261 | 21 | BARCHANOWSKI WOJCIECH | SOSNOWIEC | HAPAGAN SOSNOWIEC | Polska | 1973 | M3 | 57 | 4:48 | 12,5 | 00:26:29 | 00:47:55 | 00:48:24 | 240 | |
| 262 | 707 | STRAŚ ANDRZEJ | SOSNOWIEC | | Polska | 1964 | M4 | 25 | 4:48 | 12,5 | 00:26:55 | 00:48:00 | 00:48:13 | 241 | |
| 263 | 126 | DĄBROWIAK KRZYSZTOF | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1979 | M2 | 110 | 4:48 | 12,5 | 00:26:35 | 00:48:01 | 00:48:09 | 242 | |
| 264 | 477 | MIZGAJSKI MAREK | SOSNOWIEC | | Polska | 1980 | M2 | 111 | 4:48 | 12,5 | 00:28:26 | 00:48:03 | 00:49:09 | 243 | |
| 265 | 379 | KRZYWAŃSKA MONIKA | GOŁĄCZEWY | WOLBROM TEAM | Polska | 1978 | K2 | 13 | 4:48 | 12,5 | 00:26:39 | 00:48:03 | 00:48:45 | | 22 |
| 266 | 575 | PILCH MAREK | KRAKÓW | BBL KRAKÓW | Polska | 1954 | M5 | 5 | 4:48 | 12,5 | 00:26:48 | 00:48:04 | 00:48:07 | 244 | |
| 267 | 620 | RAŁ KARINA | SOSNOWIEC | | Polska | 1988 | K1 | 7 | 4:48 | 12,5 | | 00:48:04 | 00:48:25 | | 23 |
| 268 | 577 | PIOTROWSKI GRZEGORZ | SMOLNICA | | Polska | 2000 | M1 | 47 | 4:49 | 12,5 | 00:23:47 | 00:48:06 | 00:48:19 | 245 | |
| 269 | 812 | WĘGOREK PIOTR | BYTOM | BTM RUNNERS | Polska | 1980 | M2 | 112 | 4:49 | 12,5 | 00:27:35 | 00:48:09 | 00:49:00 | 246 | |
| 270 | 763 | TAFIL PIOTR | SOSNOWIEC | | Polska | 1985 | M2 | 113 | 4:49 | 12,5 | 00:27:34 | 00:48:09 | 00:48:56 | 247 | |
| 271 | 805 | WĄSOWICZ SŁAWOMIR | JAWORZNO | | Polska | 1973 | M3 | 58 | 4:49 | 12,5 | 00:27:04 | 00:48:10 | 00:48:39 | 248 | |
| 272 | 626 | RODKO - DZIUBEK KAMILA | CZELADŹ | SEKCJA PIASKI | Polska | 1989 | K1 | 8 | 4:49 | 12,5 | 00:26:23 | 00:48:11 | 00:48:19 | | 24 |
| 273 | 636 | RYBAK ARTUR | DĄBROWA GÓRNICZA | | Polska | 1981 | M2 | 114 | 4:49 | 12,4 | | 00:48:13 | 00:48:32 | 249 | |
| 274 | 421 | ŁAKOMY DOMINIKA | WIESIÓŁKA | | Polska | 1995 | K1 | 9 | 4:49 | 12,4 | 00:26:21 | 00:48:13 | 00:48:15 | | 25 |
| 275 | 614 | PYKA MICHAŁ | SOSNOWIEC | | Polska | 1987 | M1 | 48 | 4:49 | 12,4 | 00:26:58 | 00:48:13 | 00:48:29 | 250 | |
| 276 | 435 | MAJCHERCZYK MATEUSZ | SOSNOWIEC | | Polska | 1985 | M2 | 115 | 4:50 | 12,4 | 00:28:23 | 00:48:20 | 00:48:32 | 251 | |
| 277 | 209 | GOZDEK MARCIN | SOSNOWIEC | DZIK WORKOUT | Polska | 1984 | M2 | 116 | 4:50 | 12,4 | 00:25:55 | 00:48:23 | 00:48:43 | 252 | |
| 278 | 235 | HERMAN MATEUSZ | CHORZÓW | WESOŁE BIEGANIE | Polska | 1991 | M1 | 49 | 4:50 | 12,4 | 00:27:24 | 00:48:24 | 00:48:50 | 253 | |
| 279 | 197 | GLANOWSKI ZENON | SOSNOWIEC | TKKF CZELADŹ | Polska | 1950 | M5 | 6 | 4:50 | 12,4 | 00:27:25 | 00:48:25 | 00:48:50 | 254 | |
| 280 | 521 | NOWAK KRZYSZTOF | SOSNOWIEC | | Polska | 1976 | M3 | 59 | 4:51 | 12,4 | 00:26:15 | 00:48:25 | 00:49:06 | 255 | |
| 281 | 863 | ZADĘCKI GRZEGORZ | SŁAWKÓW | SAMO SIĘ NIE PRZEBIEGNIE | Polska | 1974 | M3 | 60 | 4:51 | 12,4 | 00:26:20 | 00:48:27 | 00:48:42 | 256 | |
| 282 | 755 | SZYMICZEK RADOSŁAW | SOSNOWIEC | | Polska | 1988 | M1 | 50 | 4:51 | 12,4 | 00:25:40 | 00:48:28 | 00:49:15 | 257 | |
| 283 | 675 | SOBOLEWSKI KAROL | SOSNOWIEC | | Polska | 1998 | M1 | 51 | 4:51 | 12,4 | 00:26:01 | 00:48:29 | 00:49:07 | 258 | |
| 284 | 734 | SZEWERDA HANNA | BYTOM | BTM RUNNERS | Polska | 1978 | K2 | 14 | 4:51 | 12,4 | 00:27:35 | 00:48:31 | 00:49:19 | | 26 |
| 285 | 361 | KRAWIEC PAWEŁ | PSARY | | Polska | 1991 | M1 | 52 | 4:51 | 12,4 | 00:26:51 | 00:48:32 | 00:48:47 | 259 | |
| 286 | 389 | KULA ANETA | SOSNOWIEC | MARKLAN SOSNOWIEC | Polska | 1973 | K3 | 3 | 4:51 | 12,4 | 00:26:47 | 00:48:33 | 00:48:43 | | 27 |
| 287 | 503 | MYSŁEK PAWEŁ | CZELADŹ | | Polska | 1991 | M1 | 53 | 4:51 | 12,4 | | 00:48:33 | 00:48:33 | 260 | |
| 288 | 581 | PLESZEK JAROSŁAW | DĄBROWA GÓRNICZA | | Polska | 1975 | M3 | 61 | 4:51 | 12,4 | 00:26:56 | 00:48:35 | 00:49:23 | 261 | |
| 289 | 238 | HRYNKIEWICZ PRZEMYSŁAW | SOSNOWIEC | | Polska | 1984 | M2 | 117 | 4:52 | 12,3 | 00:27:32 | 00:48:36 | 00:48:52 | 262 | |
| 290 | 459 | MAZUR ARKADIUSZ | MIĘDZYRZECZE DOLNE | TI ATOMOTIVE | Polska | 1988 | M1 | 54 | 4:52 | 12,3 | 00:27:46 | 00:48:40 | 00:49:20 | 263 | |
| 291 | 538 | OLSZEWSKI MAREK | SŁAWKÓW | | Polska | 1968 | M3 | 62 | 4:52 | 12,3 | 00:26:38 | 00:48:41 | 00:48:56 | 264 | |
| 292 | 519 | NOWAK GRZEGORZ | SOSNOWIEC | | Polska | 1978 | M2 | 118 | 4:52 | 12,3 | 00:27:16 | 00:48:43 | 00:49:16 | 265 | |
| 293 | 867 | ZAJĄC MARCIN | SOSNOWIEC | | Polska | 1973 | M3 | 63 | 4:52 | 12,3 | 00:27:59 | 00:48:44 | 00:49:28 | 266 | |
| 294 | 188 | GALAS ZBIGNIEW | CZELADŹ | TKKF CZELADŹ | Polska | 1960 | M4 | 26 | 4:53 | 12,3 | 00:28:11 | 00:48:46 | 00:49:31 | 267 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------|----------------------|------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|---|
| 295 | 344 | KOTNIS BOGUSŁAW | SOSNOWIEC | RFC ACTIVE TEAM | Polska | 1975 | M3 | 64 | 4:53 | 12,3 | 00:27:32 | 00:48:47 | 00:49:11 | 268 | |
| 296 | 535 | DZIERŻAWSKI TOMASZ | OLKUSZ | BORSUKI BIEGAJĄ | Polska | 1980 | M2 | 119 | 4:53 | 12,3 | 00:26:52 | 00:48:48 | 00:49:08 | 269 | |
| 297 | 98 | CICHON JOANNA | MIERZĘCICE | | Polska | 1983 | K2 | 15 | 4:53 | 12,3 | 00:26:43 | 00:48:53 | 00:49:01 | 28 | |
| 298 | 822 | WIKIERSKI MICHAŁ | GLIWICE | | Polska | 1984 | M2 | 120 | 4:53 | 12,3 | 00:27:42 | 00:48:54 | 00:49:33 | 270 | |
| 299 | 411 | LEŚNIAK TOMASZ | DĄBROWA GÓRNICZA | KRZYWDA TEAM | Polska | 1984 | M2 | 121 | 4:53 | 12,3 | 00:26:27 | 00:48:55 | 00:48:59 | 271 | |
| 300 | 397 | KWAŚNIK MICHAŁ | OLKUSZ | OLKUSZBIEGA.PL | Polska | 1984 | M2 | 122 | 4:53 | 12,3 | 00:27:12 | 00:48:55 | 00:49:05 | 272 | |
| 301 | 216 | GROCHOWICZ KRYSZTOF | SOSNOWIEC | | Polska | 1982 | M2 | 123 | 4:54 | 12,3 | 00:28:07 | 00:48:56 | 00:49:32 | 273 | |
| 302 | 643 | SCHMIDT MARIUSZ | SOSNOWIEC | POWER SILESIA | Polska | 1972 | M3 | 65 | 4:54 | 12,3 | 00:28:21 | 00:48:57 | 00:49:51 | 274 | |
| 303 | 762 | ŚWITAŁA MARCIN | CHRUSZCZOBRÓD | | Polska | 1983 | M2 | 124 | 4:54 | 12,3 | 00:26:33 | 00:48:58 | 00:49:07 | 275 | |
| 304 | 121 | CZUBAŁA MICHAŁ | DĄBROWA GÓRNICZA | | Polska | 1982 | M2 | 125 | 4:54 | 12,2 | 00:27:59 | 00:49:00 | 00:49:32 | 276 | |
| 305 | 272 | JOŃCZYK MARCIN | KRAKÓW | | Polska | 1977 | M2 | 126 | 4:54 | 12,2 | 00:28:10 | 00:49:00 | 00:49:33 | 277 | |
| 306 | 2 | ADAMCZYK ADAM | DĄBIE | | Polska | 1980 | M2 | 127 | 4:54 | 12,2 | 00:27:19 | 00:49:01 | 00:49:16 | 278 | |
| 307 | 679 | SODOWSKI MAREK | SIEMIANOWICE ŚLĄSKIE | | Polska | 1986 | M2 | 128 | 4:55 | 12,2 | 00:27:33 | 00:49:08 | 00:49:36 | 279 | |
| 308 | 622 | RASAŁA ŁUKASZ | SOSNOWIEC | | Polska | 1981 | M2 | 129 | 4:55 | 12,2 | 00:26:45 | 00:49:08 | 00:49:18 | 280 | |
| 309 | 560 | PAWĘZOWSKI JACEK | KATOWICE | | Polska | 1964 | M4 | 27 | 4:55 | 12,2 | 00:28:20 | 00:49:12 | 00:49:53 | 281 | |
| 310 | 406 | LASOTA ARKADIUSZ | SOSNOWIEC | | Polska | 1970 | M3 | 66 | 4:55 | 12,2 | 00:27:28 | 00:49:14 | 00:49:41 | 282 | |
| 311 | 117 | CZERNIEWSKI GRZEGORZ | SOSNOWIEC | | Polska | 1974 | M3 | 67 | 4:55 | 12,2 | 00:28:12 | 00:49:14 | 00:49:44 | 283 | |
| 312 | 220 | GRYGIEREK JAROSŁAW | CZECHOWICE-DZIEDZICE | | Polska | 1978 | M2 | 130 | 4:56 | 12,2 | 00:27:03 | 00:49:17 | 00:49:39 | 284 | |
| 313 | 1 | ADAMCZAK BARBARA | KATOWICE | 1980 | Polska | 1980 | K2 | 16 | 4:56 | 12,2 | 00:27:32 | 00:49:20 | 00:49:46 | 29 | |
| 314 | 470 | MICKIEWICZ ADAM | GRACZE | BAZALT-GRACZE | Polska | 1967 | M3 | 68 | 4:56 | 12,2 | 00:27:27 | 00:49:21 | 00:49:50 | 285 | |
| 315 | 400 | KWIECIEN KATARZYNA | SIEWIERZ | 3FLOW TRIATHLON TEAM/UKS OŻAROWICE | Polska | 1980 | K2 | 17 | 4:56 | 12,2 | 00:49:21 | 00:49:21 | 00:49:27 | 30 | |
| 316 | 148 | DZIUBEK MARCIN | CZELADŹ | SEKCJA PIASKI | Polska | 1985 | M2 | 131 | 4:56 | 12,2 | 00:25:17 | 00:49:22 | 00:49:31 | 286 | |
| 317 | 354 | KOZIEŁ PIOTR | DĄBROWA GÓRNICZA | | Polska | 1983 | M2 | 132 | 4:56 | 12,1 | 00:28:12 | 00:49:24 | 00:50:01 | 287 | |
| 318 | 533 | OLEJNIK MARIUSZ | STRZYŻOWICE | | Polska | 1973 | M3 | 69 | 4:57 | 12,1 | 00:27:24 | 00:49:26 | 00:49:52 | 288 | |
| 319 | 142 | DUDZIAK RYSZARD | SOSNOWIEC | | Polska | 1964 | M4 | 28 | 4:57 | 12,1 | 00:27:14 | 00:49:27 | 00:49:35 | 289 | |
| 320 | 364 | KOSELA ŁUKASZ | KRAKÓW | | Polska | 1985 | M2 | 133 | 4:57 | 12,1 | 00:27:48 | 00:49:31 | 00:50:36 | 290 | |
| 321 | 332 | KORCZAK MATEUSZ | SOSNOWIEC | | Polska | 1991 | M1 | 55 | 4:57 | 12,1 | 00:29:27 | 00:49:31 | 00:50:18 | 291 | |
| 322 | 214 | GRELA SŁAWOMIR | ZAWIERCIE | | Polska | 1964 | M4 | 29 | 4:57 | 12,1 | 00:27:04 | 00:49:31 | 00:49:48 | 292 | |
| 323 | 859 | WYWIĄŁ ŁUKASZ | WOJKOWICE | | Polska | 1984 | M2 | 134 | 4:57 | 12,1 | 00:28:13 | 00:49:31 | 00:50:24 | 293 | |
| 324 | 122 | CZYŻYKOWSKI MARCIN | ŚWIĘTOCHŁOWICE | SW | Polska | 1974 | M3 | 70 | 4:57 | 12,1 | 00:27:31 | 00:49:32 | 00:49:56 | 294 | |
| 325 | 408 | LECHOWICZ PRZEMEK | SOSNOWIEC | | Polska | 1984 | M2 | 135 | 4:57 | 12,1 | 00:26:21 | 00:49:32 | 00:49:47 | 295 | |
| 326 | 579 | PISKORZ AGNIESZKA | SOSNOWIEC | | Polska | 1981 | K2 | 18 | 4:57 | 12,1 | 00:27:32 | 00:49:34 | 00:49:45 | 31 | |
| 327 | 877 | ZIĘBIŃSKI ADAM | BUKOWNO | OLKUSZBIEGA.PL | Polska | 1973 | M3 | 71 | 4:58 | 12,1 | 00:27:31 | 00:49:36 | 00:49:45 | 296 | |
| 328 | 716 | SUŚLIK SOBIEŚLAW | MYSŁOWICE | | Polska | 1974 | M3 | 72 | 4:58 | 12,1 | 00:25:34 | 00:49:37 | 00:50:11 | 297 | |
| 329 | 71 | BRZEZIŃSKI BŁAŻEJ | SOSNOWIEC | | Polska | 1972 | M3 | 73 | 4:58 | 12,1 | 00:26:53 | 00:49:38 | 00:49:58 | 298 | |
| 330 | 478 | MLECZKO MATEUSZ | SOSNOWIEC | | Polska | 1990 | M1 | 56 | 4:58 | 12,1 | 00:28:08 | 00:49:38 | 00:50:18 | 299 | |
| 331 | 271 | JĘDRYKA KRZYSZTOF | SOSNOWIEC | START INDYWIDUALNY | Polska | 1982 | M2 | 136 | 4:58 | 12,1 | 00:28:08 | 00:49:39 | 00:49:59 | 300 | |
| 332 | 516 | NOWAK AGNIESZKA | SOSNOWIEC | POGORIA BIEGA | Polska | 1979 | K2 | 19 | 4:58 | 12,1 | 00:27:35 | 00:49:39 | 00:49:55 | 32 | |
| 333 | 76 | BUJOCZEK LESZEK | KRAKÓW | | Polska | 1975 | M3 | 74 | 4:58 | 12,1 | 00:26:58 | 00:49:39 | 00:49:59 | 301 | |
| 334 | 61 | BORUTA MARCIN | CZELADŹ | #CZELADZBIEGA | Polska | 1976 | M3 | 75 | 4:58 | 12,1 | 00:27:22 | 00:49:40 | 00:50:07 | 302 | |
| 335 | 751 | SZYMAŃSKI MATEUSZ | WROCLAW | | Polska | 1985 | M2 | 137 | 4:58 | 12,1 | 00:27:59 | 00:49:41 | 00:50:16 | 303 | |
| 336 | 558 | PAW PAWEŁ | MALEC | | Polska | 1984 | M2 | 138 | 4:58 | 12,1 | 00:28:55 | 00:49:42 | 00:50:43 | 304 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------|------------------|---------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 337 | 512 | NIEMIEC DARIUSZ | GDYNIA | FUNDACJA POCANCEROWANI | Polska | 1984 | M2 | 139 | 4:58 | 12,1 | 00:26:45 | 00:49:43 | 00:50:00 | 305 | |
| 338 | 700 | STASZKIEWICZ DAMIAN | DĄBROWA GÓRNICZA | | Polska | 1983 | M2 | 140 | 4:58 | 12,1 | 00:27:12 | 00:49:44 | 00:50:07 | 306 | |
| 339 | 41 | BŁACH AGNIESZKA | SOSNOWIEC | | Polska | 1972 | K3 | 4 | 4:58 | 12,1 | 00:27:47 | 00:49:44 | 00:50:12 | | 33 |
| 340 | 630 | ROGOWICZ PIOTR | DĄBROWA GÓRNICZA | TRUCHTACZ MYŚŁOWICE | Polska | 1963 | M4 | 30 | 4:59 | 12,1 | | 00:49:46 | 00:49:54 | 307 | |
| 341 | 39 | BIEŃ WOJCIECH | DĄBROWA GÓRNICZA | | Polska | 1974 | M3 | 76 | 4:59 | 12,0 | 00:28:37 | 00:49:50 | 00:50:34 | 308 | |
| 342 | 414 | LIC JANUSZ | ZABRZE | | Polska | 1967 | M3 | 77 | 4:59 | 12,0 | 00:26:26 | 00:49:50 | 00:49:58 | 309 | |
| 343 | 174 | FRYDRYCH MATEUSZ | SŁAWKÓW | | Polska | 1982 | M2 | 141 | 4:59 | 12,0 | 00:28:12 | 00:49:51 | 00:50:32 | 310 | |
| 344 | 350 | KOWALSKI MICHAŁ | OLKUSZ | | Polska | 1978 | M2 | 142 | 4:59 | 12,0 | 00:28:35 | 00:49:51 | 00:50:46 | 311 | |
| 345 | 731 | SZCZYRK JERZY | BUJAKÓW | | Polska | 1970 | M3 | 78 | 4:59 | 12,0 | 00:27:43 | 00:49:52 | 00:50:38 | 312 | |
| 346 | 45 | BŁESZYŃSKI ŁUKASZ | DĄBROWA GÓRNICZA | | Polska | 1977 | M2 | 143 | 4:59 | 12,0 | 00:25:54 | 00:49:54 | 00:50:26 | 313 | |
| 347 | 554 | PASIKOWSKI MARCIN | ŻARKI | POSITIVE ENERGY | Polska | 1980 | M2 | 144 | 4:59 | 12,0 | 00:28:24 | 00:49:54 | 00:50:26 | 314 | |
| 348 | 719 | SZATNIEWSKA AGNIESZKA | BĘDZIN | | Polska | 1978 | K2 | 20 | 5:00 | 12,0 | 00:27:38 | 00:49:57 | 00:50:07 | | 34 |
| 349 | 16 | BANAŚ ARKADIUSZ | SOSNOWIEC | | Polska | 1986 | M2 | 145 | 5:00 | 12,0 | 00:27:52 | 00:49:57 | 00:50:23 | 315 | |
| 350 | 304 | KLIKS ANDRZEJ | SOSNOWIEC | ROLKI SIELEC | Polska | 1974 | M3 | 79 | 5:00 | 12,0 | 00:28:44 | 00:49:58 | 00:51:05 | 316 | |
| 351 | 412 | LEŚNIEWSKI ARTUR | CZELADŹ | | Polska | 1987 | M1 | 57 | 5:00 | 12,0 | 00:27:51 | 00:49:58 | 00:50:23 | 317 | |
| 352 | 75 | BUJOCZEK JANUSZ | NAKŁO ŚLĄSKIE | | Polska | 1967 | M3 | 80 | 5:00 | 12,0 | 00:27:00 | 00:50:00 | 00:50:00 | 318 | |
| 353 | 82 | CANIBOŁ ANNA | SOSNOWIEC | | Polska | 1990 | K1 | 10 | 5:00 | 12,0 | 00:28:13 | 00:50:02 | 00:50:38 | | 35 |
| 354 | 177 | FURMAN ARTUR | BĘDZIN | GHOSTBIKERS | Polska | 1972 | M3 | 81 | 5:00 | 12,0 | 00:27:15 | 00:50:03 | 00:50:16 | 319 | |
| 355 | 754 | SZYMCZYK MARCIN | WOLBROM | WOLBROM TEAM | Polska | 1983 | M2 | 146 | 5:00 | 12,0 | 00:29:26 | 00:50:04 | 00:50:48 | 320 | |
| 356 | 321 | KOĆWIN RAFAL | SOSNOWIEC | | Polska | 1974 | M3 | 82 | 5:01 | 12,0 | 00:26:47 | 00:50:05 | 00:50:18 | 321 | |
| 357 | 89 | CHABERKA AGNIESZKA | WOLBROM | WOLBROM TEAM | Polska | 1982 | K2 | 21 | 5:01 | 12,0 | 00:29:26 | 00:50:06 | 00:50:50 | | 36 |
| 358 | 492 | MROCZKA ANNA | KATOWICE | BRAK | Polska | 1978 | K2 | 22 | 5:01 | 12,0 | | 00:50:06 | 00:50:21 | | 37 |
| 359 | 387 | KUCZBORSKI JAROSŁAW | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1974 | M3 | 83 | 5:01 | 12,0 | 00:27:29 | 00:50:07 | 00:50:34 | 322 | |
| 360 | 356 | KOZIOŁ DAWID | RADŁÓW | | Polska | 1997 | M1 | 58 | 5:01 | 12,0 | 00:28:19 | 00:50:08 | 00:50:54 | 323 | |
| 361 | 697 | STANIAK SEBASTIAN | SOSNOWIEC | CFO RUNNING TEAM | Polska | 1984 | M2 | 147 | 5:01 | 12,0 | 00:28:34 | 00:50:11 | 00:50:54 | 324 | |
| 362 | 871 | ZAMOJSKI BARTOSZ | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1976 | M3 | 84 | 5:01 | 12,0 | | 00:50:12 | 00:50:41 | 325 | |
| 363 | 62 | BORYSOWSKI DANIEL | OPOLE | | Polska | 1984 | M2 | 148 | 5:01 | 12,0 | 00:27:11 | 00:50:12 | 00:50:35 | 326 | |
| 364 | 124 | ĆWIKLIŃSKI PIOTR | DĄBROWA GÓRNICZA | KLUB ŻEGLARSKI ZAGŁĘBIE | Polska | 1980 | M2 | 149 | 5:01 | 11,9 | 00:27:14 | 00:50:14 | 00:50:21 | 327 | |
| 365 | 417 | LITWIN SŁAWOMIR | SOSNOWIEC | GONIE PSONIE | Polska | 1976 | M3 | 85 | 5:01 | 11,9 | 00:27:32 | 00:50:14 | 00:50:31 | 328 | |
| 366 | 416 | LISIEWICZ MARCIN | SOSNOWIEC | | Polska | 1978 | M2 | 150 | 5:02 | 11,9 | 00:27:25 | 00:50:16 | 00:50:47 | 329 | |
| 367 | 666 | SŁABOŃ MARIUSZ | WOLBROM | NIEZRZESZONY | Polska | 1975 | M3 | 86 | 5:02 | 11,9 | 00:27:40 | 00:50:17 | 00:50:27 | 330 | |
| 368 | 136 | DRAPACZ SŁAWOMIR | DĄBROWA GÓRNICZA | | Polska | 1957 | M4 | 31 | 5:02 | 11,9 | 00:27:59 | 00:50:18 | 00:50:29 | 331 | |
| 369 | 444 | MARCINEK MIROSLAW | CZELADZ | | Polska | 1959 | M4 | 32 | 5:02 | 11,9 | 00:27:06 | 00:50:20 | 00:50:26 | 332 | |
| 370 | 404 | LAMPA ALICJA | GLIWICE | NIGHT RUNNERS GLIWICE | Polska | 1989 | K1 | 11 | 5:02 | 11,9 | 00:28:04 | 00:50:21 | 00:51:00 | | 38 |
| 371 | 472 | MIGOŃ KAMIL | DĄBROWA GÓRNICZA | 1985 | Polska | 1985 | M2 | 151 | 5:02 | 11,9 | 00:29:15 | 00:50:22 | 00:51:19 | 333 | |
| 372 | 712 | SULICH MICHAŁ | SOSNOWIEC | BRACIA Z MĘYNA | Polska | 1985 | M2 | 152 | 5:02 | 11,9 | 00:29:15 | 00:50:23 | 00:51:19 | 334 | |
| 373 | 9 | ARAK DAWID | KRAKÓW | BIEGAJ Z BRAZYLIĄ | Polska | 1986 | M2 | 153 | 5:02 | 11,9 | 00:28:08 | 00:50:23 | 00:50:26 | 335 | |
| 374 | 876 | ZIELIŃSKI SEBASTIAN | ZABRZE | | Polska | 1979 | M2 | 154 | 5:02 | 11,9 | 00:27:17 | 00:50:24 | 00:50:28 | 336 | |
| 375 | 631 | ROLA ANDRZEJ | OLKUSZ | MOJA PIERWSZA DYCHA | Polska | 1964 | M4 | 33 | 5:03 | 11,9 | 00:27:59 | 00:50:25 | 00:51:10 | 337 | |
| 376 | 807 | WDOWIK JAKUB | SOSNOWIEC | BRAK | Polska | 1981 | M2 | 155 | 5:03 | 11,9 | 00:28:32 | 00:50:26 | 00:51:07 | 338 | |
| 377 | 301 | KLATA MARCEL | SOSNOWIEC | | Polska | 1995 | M1 | 59 | 5:03 | 11,9 | 00:27:41 | 00:50:26 | 00:50:42 | 339 | |
| 378 | 842 | WÓJCIK BARTŁOMIEJ | GLIWICE | | Polska | 1987 | M1 | 60 | 5:03 | 11,9 | 00:27:17 | 00:50:26 | 00:50:30 | 340 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------|----------------------|---------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 379 | 295 | KIDAWA GRZEGORZ | SOSNOWIEC | | Polska | 1978 | M2 | 156 | 5:03 | 11,9 | 00:29:27 | 00:50:27 | 00:51:14 | 341 | |
| 380 | 550 | PANEK AGATA | ZAWIERCIE | BIEGAJ RAZEM Z NAMI | Polska | 1978 | K2 | 23 | 5:03 | 11,9 | 00:28:03 | 00:50:27 | 00:50:33 | | 39 |
| 381 | 658 | SKOTNICZNA KAROLINA | DĄBROWA GÓRNICZA | | Polska | 1995 | K1 | 12 | 5:03 | 11,9 | 00:27:29 | 00:50:30 | 00:50:37 | | 40 |
| 382 | 111 | CZAJKA EMILIA | SOSNOWIEC | | Polska | 1988 | K1 | 13 | 5:03 | 11,9 | 00:27:55 | 00:50:31 | 00:50:55 | | 41 |
| 383 | 60 | BOROWSKA ANETA | ŁĘDZINY | | Polska | 1981 | K2 | 24 | 5:03 | 11,9 | 00:27:44 | 00:50:32 | 00:50:38 | | 42 |
| 384 | 787 | UHORCZAK EDWARD | SOSNOWIEC | ACELLRO MITTAL | Polska | 1955 | M5 | 7 | 5:03 | 11,9 | 00:25:22 | 00:50:33 | 00:50:35 | 342 | |
| 385 | 259 | JANOWICZ ADAM | RYBNIK | | Polska | 1992 | M1 | 61 | 5:03 | 11,9 | 00:28:39 | 00:50:34 | 00:51:09 | 343 | |
| 386 | 843 | WÓJCIK JAKUB | SOSNOWIEC | | Polska | 1980 | M2 | 157 | 5:04 | 11,9 | 00:25:22 | 00:50:36 | 00:51:11 | 344 | |
| 387 | 800 | WARSO WOJCIECH | SOSNOWIEC | | Polska | 1957 | M4 | 34 | 5:04 | 11,8 | 00:27:53 | 00:50:38 | 00:51:05 | 345 | |
| 388 | 775 | TRZEBINSKI KRZYSZTOF | DĄBROWA GÓRNICZA | | Polska | 1975 | M3 | 87 | 5:04 | 11,8 | 00:29:52 | 00:50:42 | 00:51:50 | 346 | |
| 389 | 509 | NEHRING ZBIGNIEW | KATOWICE | | Polska | 1970 | M3 | 88 | 5:04 | 11,8 | 00:27:47 | 00:50:43 | 00:51:14 | 347 | |
| 390 | 537 | OLSZEWSKI PIOTR | SOSNOWIEC | | Polska | 1994 | M1 | 62 | 5:04 | 11,8 | 00:28:14 | 00:50:43 | 00:51:32 | 348 | |
| 391 | 590 | POKWAP KRZYSZTOF | WOLBROM | WOLBROM TEAM | Polska | 1981 | M2 | 158 | 5:04 | 11,8 | 00:28:24 | 00:50:45 | 00:51:28 | 349 | |
| 392 | 347 | KOWACZ MATEUSZ | SOSNOWIEC | | Polska | 1984 | M2 | 159 | 5:05 | 11,8 | 00:26:37 | 00:50:46 | 00:51:35 | 350 | |
| 393 | 640 | SALA KATARZYNA | BEDZIN | | Polska | 1979 | K2 | 25 | 5:05 | 11,8 | 00:28:56 | 00:50:46 | 00:51:33 | | 43 |
| 394 | 351 | KOWALSKI RAFAŁ | DĄBROWA GÓRNICZA | | Polska | 1981 | M2 | 160 | 5:05 | 11,8 | 00:29:06 | 00:50:46 | 00:51:14 | 351 | |
| 395 | 594 | PORĘBSKI PIOTR | SOSNOWIEC | | Polska | 1978 | M2 | 161 | 5:05 | 11,8 | 00:29:27 | 00:50:47 | 00:51:37 | 352 | |
| 396 | 203 | GOŁĄB PAWEŁ | SOSNOWIEC | | Polska | 1989 | M1 | 63 | 5:05 | 11,8 | 00:28:11 | 00:50:49 | 00:51:12 | 353 | |
| 397 | 514 | NOELLE DAWID | SARNÓW | | Polska | 1977 | M2 | 162 | 5:05 | 11,8 | 00:28:18 | 00:50:50 | 00:51:09 | 354 | |
| 398 | 294 | KAWA JOANNA | MYSŁOWICE | | Polska | 1967 | K3 | 5 | 5:05 | 11,8 | 00:28:17 | 00:50:50 | 00:51:13 | | 44 |
| 399 | 838 | WOJDAK MARIUSZ | SOSNOWIEC | UNITED TEAM | Polska | 1986 | M2 | 163 | 5:05 | 11,8 | 00:28:22 | 00:50:53 | 00:51:43 | 355 | |
| 400 | 323 | KOŁAKOWSKI FILIP | DĄBROWA GÓRNICZA | MASAKRATORRUN | Polska | 1980 | M2 | 164 | 5:06 | 11,8 | | 00:50:56 | 00:51:25 | 356 | |
| 401 | 765 | TASAK MARCIN | SOSNOWIEC | | Polska | 1981 | M2 | 165 | 5:06 | 11,8 | 00:27:20 | 00:51:01 | 00:51:11 | 357 | |
| 402 | 339 | KOSOBUDZKA MONIKA | SOSNOWIEC | WIKOSS-SPORT | Polska | 1976 | K3 | 6 | 5:06 | 11,8 | 00:29:12 | 00:51:03 | 00:51:39 | | 45 |
| 403 | 394 | KUR MARIUSZ | ZAWIERCIE | | Polska | 1972 | M3 | 89 | 5:06 | 11,7 | 00:28:44 | 00:51:04 | 00:51:42 | 358 | |
| 404 | 58 | BORCZ TOMASZ | SOSNOWIEC | | Polska | 1973 | M3 | 90 | 5:07 | 11,7 | 00:27:21 | 00:51:07 | 00:51:12 | 359 | |
| 405 | 355 | KOZIOŁ ADAM | RADŁÓW | | Polska | 1973 | M3 | 91 | 5:07 | 11,7 | 00:28:31 | 00:51:09 | 00:51:54 | 360 | |
| 406 | 36 | BIENIEK ARTUR | CZELADŹ | | Polska | 1989 | M1 | | 5:07 | 11,7 | 00:24:36 | 00:51:10 | 00:51:28 | 361 | |
| 407 | 115 | CZARNOTA PIOTR | JAWORZNO | | Polska | 1982 | M2 | 166 | 5:07 | 11,7 | 00:31:52 | 00:51:11 | 00:52:32 | 362 | |
| 408 | 688 | SOWULA PIOTREK | OLKUSZ | OLKUSZBIEGA | Polska | 1986 | M2 | 167 | 5:07 | 11,7 | 00:27:41 | 00:51:11 | 00:51:23 | 363 | |
| 409 | 735 | SZĘDZIELORZ RAFAŁ | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1991 | M1 | 65 | 5:07 | 11,7 | | 00:51:13 | 00:52:09 | 364 | |
| 410 | 127 | DĄBROWIAK MARCIN | DĄBROWA GÓRNICZA | HARPAGAN SOSNOWIEC | Polska | 1982 | M2 | 168 | 5:07 | 11,7 | 00:28:36 | 00:51:15 | 00:51:23 | 365 | |
| 411 | 637 | SADOWSKI TOMASZ | SOSNOWIEC | | Polska | 1977 | M2 | 169 | 5:08 | 11,7 | 00:28:12 | 00:51:19 | 00:51:23 | 366 | |
| 412 | 607 | PRZYBYŁA PRZEMYSŁAW | CZERWIONKA-LESZCZYNY | | Polska | 1992 | M1 | 66 | 5:08 | 11,7 | 00:30:37 | 00:51:21 | 00:52:14 | 367 | |
| 413 | 156 | FARYNA PRZEMYSŁAW | SOSNOWIEC | | Polska | 1977 | M2 | 170 | 5:08 | 11,7 | 00:28:23 | 00:51:21 | 00:51:38 | 368 | |
| 414 | 526 | NOWAKOWSKI BARTOSZ | SOSNOWIEC | | Polska | 1985 | M2 | 171 | 5:09 | 11,7 | 00:29:26 | 00:51:28 | 00:51:56 | 369 | |
| 415 | 5 | ADASZEWSKA WIKTORIA | DĄBROWA GÓRNICZA | | Polska | 1982 | K2 | 26 | 5:09 | 11,7 | 00:28:56 | 00:51:30 | 00:52:08 | | 46 |
| 416 | 424 | ŁUKOWIEC MARLENA | DĄBROWA GÓRNICZA | KRZYWDA TEAM | Polska | 1987 | K1 | 14 | 5:10 | 11,6 | 00:28:06 | 00:51:36 | 00:51:41 | | 47 |
| 417 | 703 | STELMACH MICHAŁ | SOSNOWIEC | | Polska | 1976 | M3 | 92 | 5:10 | 11,6 | 00:28:31 | 00:51:37 | 00:51:52 | 370 | |
| 418 | 585 | POCHOPIEŃ MARIUSZ | SOSNOWIEC | | Polska | 1976 | M3 | 93 | 5:10 | 11,6 | 00:29:44 | 00:51:38 | 00:51:38 | 371 | |
| 419 | 764 | TARKOWSKA JADWIGA | KRAKÓW | | Polska | 1959 | K4 | 2 | 5:10 | 11,6 | 00:28:51 | 00:51:42 | 00:52:06 | | 48 |
| 420 | 319 | KOCIMSKI KRYSZTIAN | CZELADŹ | CZELADZ | Polska | 1980 | M2 | 172 | 5:10 | 11,6 | 00:30:06 | 00:51:44 | 00:52:39 | 372 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------|------------------|----------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 421 | 868 | ZAJKOWSKI MICHAŁ | SOSNOWIEC | | Polska | 1983 | M2 | 173 | 5:11 | 11,6 | 00:29:11 | 00:51:46 | 00:52:09 | 373 | |
| 422 | 247 | JAGODA ADAM | CHORZÓW | FUCHS OIL TEAM | Polska | 1966 | M4 | 35 | 5:11 | 11,6 | 00:29:58 | 00:51:48 | 00:52:27 | 374 | |
| 423 | 8 | ARAK AGNIESZKA | KRAKÓW | BIEGAJ Z BRAZYLIA | Polska | 1986 | K2 | 27 | 5:11 | 11,6 | 00:28:11 | 00:51:51 | 00:51:53 | 375 | 49 |
| 424 | 587 | POCZĘSNY MARCIN | OLKUSZ | OLKUSZ TOP TEAM | Polska | 1981 | M2 | 174 | 5:11 | 11,6 | 00:30:06 | 00:51:51 | 00:52:37 | 375 | |
| 425 | 114 | CZAPLIŃSKI JAROSŁAW | LUBLIN | | Polska | 1980 | M2 | 175 | 5:11 | 11,6 | | 00:51:53 | 00:52:29 | 376 | |
| 426 | 159 | FELCZAK KRZYSIEK | SOSNOWIEC | | Polska | 1979 | M2 | 176 | 5:12 | 11,5 | 00:28:28 | 00:52:01 | 00:52:25 | 377 | |
| 427 | 153 | DZIUROWICZ MIROŚLAW | SOSNOWIEC | UNITED TEAM SOSNOWIEC | Polska | 1986 | M2 | 177 | 5:12 | 11,5 | 00:30:14 | 00:52:01 | 00:52:52 | 378 | |
| 428 | 704 | SKUTA PAWEŁ | KRAKÓW | | Polska | 1985 | M2 | 178 | 5:12 | 11,5 | 00:29:10 | 00:52:02 | 00:52:02 | 379 | |
| 429 | 240 | HRYSKIEWICZ JANUSZ | MIEDARY | AKMB PĘDZIWIATR/UNISONO | Polska | 1973 | M3 | 94 | 5:12 | 11,5 | 00:30:16 | 00:52:03 | 00:53:11 | 380 | |
| 430 | 730 | SZCZYPA ROBERT | KATOWICE | | Polska | 1978 | M2 | 179 | 5:12 | 11,5 | 00:28:15 | 00:52:03 | 00:52:16 | 381 | |
| 431 | 667 | SŁOMKA ANDRZEJ | KATOWICE | | Polska | 1977 | M2 | 180 | 5:13 | 11,5 | 00:28:12 | 00:52:05 | 00:52:15 | 382 | |
| 432 | 761 | ŚWIERCZEK ŁUKASZ | SOSNOWIEC | TWENTYONE TEAM | Polska | 1977 | M2 | 181 | 5:13 | 11,5 | 00:29:22 | 00:52:06 | 00:52:18 | 383 | |
| 433 | 816 | WIECZÓREK MICHAŁ | CZELADZ | | Polska | 1984 | M2 | 182 | 5:13 | 11,5 | 00:29:26 | 00:52:07 | 00:52:34 | 384 | |
| 434 | 380 | KUBERA ANDRZEJ | KATOWICE | MICHAŁ | Polska | 1968 | M3 | 95 | 5:13 | 11,5 | 00:29:03 | 00:52:07 | 00:52:29 | 385 | |
| 435 | 857 | WYSOTA MICHAŁ | SOSNOWIEC | | Polska | 1978 | M2 | 183 | 5:13 | 11,5 | 00:29:22 | 00:52:08 | 00:52:18 | 386 | |
| 436 | 386 | KUCHARSKI WOJCIECH | SOSNOWIEC | | Polska | 1983 | M2 | 184 | 5:13 | 11,5 | 00:29:28 | 00:52:08 | 00:52:54 | 387 | |
| 437 | 392 | KUŁAKOWSKA MONIKA | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1983 | K2 | 28 | 5:13 | 11,5 | 00:28:53 | 00:52:10 | 00:52:27 | 388 | 50 |
| 438 | 743 | SZOJDA MARCIN | MIKOŁÓW | KS DEGENERAT | Polska | 1983 | M2 | 185 | 5:13 | 11,5 | 00:29:24 | 00:52:10 | 00:53:06 | 388 | |
| 439 | 275 | JUREWICZ MARTA | 30 | | Polska | 1978 | K2 | 29 | 5:13 | 11,5 | 00:28:44 | 00:52:11 | 00:52:25 | 389 | 51 |
| 440 | 15 | BANASIK PAWEŁ | MYSŁOWICE | | Polska | 1994 | M1 | 67 | 5:13 | 11,5 | 00:28:01 | 00:52:12 | 00:52:22 | 389 | |
| 441 | 820 | WIĘCEK PRZEMYSŁAW | SOSNOWIEC | | Polska | 1990 | M1 | 68 | 5:13 | 11,5 | 00:27:03 | 00:52:12 | 00:52:16 | 390 | |
| 442 | 828 | WILK MARIUSZ | PYSKOWICE | DZIERŻNO | Polska | 1966 | M4 | 36 | 5:13 | 11,5 | 00:28:28 | 00:52:12 | 00:52:21 | 391 | |
| 443 | 829 | WILSZ ADAM | PANIÓWKI | UNISONO | Polska | 1971 | M3 | 96 | 5:13 | 11,5 | 00:30:16 | 00:52:12 | 00:53:22 | 392 | |
| 444 | 370 | KRYCZEK MARCIN | DĄBROWA GÓRNICZA | | Polska | 1977 | M2 | 186 | 5:13 | 11,5 | 00:30:35 | 00:52:13 | 00:53:20 | 393 | |
| 445 | 467 | MICHALIK PAWEŁ | DĄBROWA GÓRNICZA | | Polska | 1979 | M2 | 187 | 5:13 | 11,5 | 00:30:35 | 00:52:13 | 00:53:20 | 394 | |
| 446 | 573 | PIĘTA KRZYSZTOF | SOSNOWIEC | | Polska | 1956 | M5 | 8 | 5:13 | 11,5 | 00:29:15 | 00:52:14 | 00:52:49 | 395 | |
| 447 | 834 | WLAZŁO MARCIN | SOSNOWIEC | CSIR AGATSU | Polska | 1977 | M2 | 188 | 5:14 | 11,5 | 00:28:25 | 00:52:15 | 00:52:15 | 396 | |
| 448 | 502 | MYRCIK MICHAŁ | BYDLIN | | Polska | 1981 | M2 | 189 | 5:14 | 11,5 | 00:29:36 | 00:52:16 | 00:52:16 | 397 | |
| 449 | 523 | NOWAK RYSZARD | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1957 | M4 | 37 | 5:14 | 11,5 | | 00:52:17 | 00:52:58 | 398 | |
| 450 | 633 | RUSEK WERONIKA | KATOWICE | | Polska | 1997 | K1 | 15 | 5:14 | 11,5 | 00:28:30 | 00:52:19 | 00:52:45 | 399 | 52 |
| 451 | 580 | PIWOWAR JAROSŁAW | SOSNOWIEC | | Polska | 1985 | M2 | 190 | 5:14 | 11,5 | 00:28:51 | 00:52:21 | 00:52:52 | 400 | |
| 452 | 63 | BOŚ PRZEMYSŁAW | JAWORZNO | | Polska | 1982 | M2 | 191 | 5:14 | 11,5 | 00:30:18 | 00:52:21 | 00:53:23 | 400 | |
| 453 | 123 | ĆWIKLIŃSKI JAKUB | SOSNOWIEC | | Polska | 1977 | M2 | 192 | 5:14 | 11,5 | 00:29:48 | 00:52:21 | 00:52:49 | 401 | |
| 454 | 474 | MIKUŁA MIŁOSZ | DĄBROWA GÓRNICZA | | Polska | 1977 | M2 | 193 | 5:14 | 11,5 | 00:28:46 | 00:52:23 | 00:52:23 | 402 | |
| 455 | 14 | BAŁAZY ALEKSANDER | KLUCZE | | Polska | 1974 | M3 | 97 | 5:15 | 11,4 | 00:29:52 | 00:52:27 | 00:53:19 | 403 | |
| 456 | 536 | OLSZENKO ANDRZEJ | BĘDZIN | ABB | Polska | 1983 | M2 | 194 | 5:15 | 11,4 | 00:29:00 | 00:52:29 | 00:52:54 | 404 | |
| 457 | 276 | JUSZCZAK MARCIN | SOSNOWIEC | DRUŻYNA MERITUM BANK I PARTNERZY | Polska | 1976 | M3 | 98 | 5:15 | 11,4 | 00:28:43 | 00:52:30 | 00:52:38 | 405 | |
| 458 | 308 | KŁUSEK JACEK | SOSNOWIEC | SOSNOWIEC | Polska | 1954 | M5 | 9 | 5:15 | 11,4 | 00:29:24 | 00:52:31 | 00:52:52 | 406 | |
| 459 | 718 | SZAFRUGA MICHAŁ | DĄBROWA GÓRNICZA | | Polska | 1977 | M2 | 195 | 5:15 | 11,4 | 00:30:14 | 00:52:32 | 00:53:25 | 407 | |
| 460 | 349 | KOWALCZYK ROBERT | PRZYSZOWICE | ISTA BIEGAMY | Polska | 1969 | M3 | 99 | 5:16 | 11,4 | 00:29:12 | 00:52:37 | 00:53:06 | 408 | |
| 461 | 673 | SOBCZYK PAWEŁ | SARNÓW | | Polska | 1963 | M4 | 38 | 5:16 | 11,4 | 00:30:33 | 00:52:38 | 00:53:32 | 409 | |
| 462 | 210 | GÓRALCZYK PAWEŁ | ZAWIERCIE | | Polska | 1989 | M1 | 69 | 5:16 | 11,4 | 00:29:53 | 00:52:38 | 00:53:06 | 410 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------|------------------|--------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 463 | 635 | RUSINSKI TOMASZ | SOSNOWIEC | | Polska | 1975 | M3 | 100 | 5:16 | 11,4 | | 00:52:38 | 00:52:38 | 411 | |
| 464 | 813 | KOSOBUDZKI SEBASTIAN | | WIKOSS-SPORT | Polska | | #N/D! | #N/D! | 5:16 | 11,4 | 00:29:24 | 00:52:39 | 00:53:17 | 412 | |
| 465 | 823 | WIKTOR ARKADIUSZ | SOSNOWIEC | | Polska | 1973 | M3 | 101 | 5:16 | 11,4 | 00:28:53 | 00:52:40 | 00:53:01 | 413 | |
| 466 | 747 | SZWIEC KATARZYNA | SOSNOWIEC | | Polska | 1987 | K1 | 16 | 5:16 | 11,4 | 00:29:51 | 00:52:44 | 00:53:33 | 414 | 53 |
| 467 | 465 | MICHALIK ANNA | DĄBROWA GÓRNICZA | | Polska | 1981 | K2 | 30 | 5:17 | 11,4 | 00:30:35 | 00:52:46 | 00:53:52 | 415 | 54 |
| 468 | 186 | GAJOS ERNEST | JAWORZNO | | Polska | 1998 | M1 | 70 | 5:17 | 11,4 | | 00:52:46 | 00:53:05 | 414 | |
| 469 | 647 | SIADUL ARTUR | SOSNOWIEC | | Polska | 1976 | M3 | 102 | 5:17 | 11,4 | 00:29:05 | 00:52:46 | 00:53:09 | 415 | |
| 470 | 694 | STACHURKA ŁUKASZ | DĄBROWA GÓRNICZA | WYLEWKICEMENTOWE.PL | Polska | 1981 | M2 | 196 | 5:17 | 11,4 | 00:28:27 | 00:52:48 | 00:52:53 | 416 | |
| 471 | 482 | MONETA PIOTR | SOSNOWIEC | BARDZO NIGDY | Polska | 1989 | M1 | 71 | 5:17 | 11,4 | 00:30:01 | 00:52:50 | 00:53:31 | 417 | |
| 472 | 610 | PUCEK TOMASZ | CHORZÓW | | Polska | 1979 | M2 | 197 | 5:17 | 11,4 | 00:30:02 | 00:52:52 | 00:53:41 | 418 | |
| 473 | 31 | BĘDKOWSKI GRZEGORZ | BĘDZIN | | Polska | 1970 | M3 | 103 | 5:17 | 11,3 | 00:30:32 | 00:52:53 | 00:53:54 | 419 | |
| 474 | 836 | WŁODARCZYK SŁAWOMIR | SOSNOWIEC | SKK KYOKUSHIN | Polska | 1968 | M3 | 104 | 5:18 | 11,3 | 00:28:40 | 00:52:55 | 00:53:00 | 420 | |
| 475 | 555 | PASIOWIEC MARCIN | OLKUSZ | | Polska | 1981 | M2 | 198 | 5:18 | 11,3 | 00:29:47 | 00:52:56 | 00:53:50 | 421 | |
| 476 | 237 | HORZELA PIOTR | STRZYŻOWICE | STRZYŻOWICE TEAM | Polska | 1976 | M3 | 105 | 5:18 | 11,3 | 00:29:43 | 00:52:56 | 00:53:37 | 422 | |
| 477 | 106 | CISZOWSKI ADAM | ZAWIERCIE | | Polska | 1977 | M2 | 199 | 5:18 | 11,3 | 00:29:30 | 00:52:57 | 00:53:46 | 423 | |
| 478 | 309 | KŁUSEK PAWEŁ | SOSNOWIEC | | Polska | 1982 | M2 | 200 | 5:18 | 11,3 | 00:29:08 | 00:52:59 | 00:53:18 | 424 | |
| 479 | 431 | MACIEJEWSKI ARKADIUSZ | SOSNOWIEC | | Polska | 1967 | M3 | 106 | 5:18 | 11,3 | | 00:53:00 | 00:53:07 | 425 | |
| 480 | 739 | SZLĘK PRZEMYSŁAW | DĄBROWA GÓRNICZA | | Polska | 1987 | M1 | 72 | 5:18 | 11,3 | 00:30:30 | 00:53:01 | 00:53:20 | 426 | |
| 481 | 648 | SIDOR DARIUSZ | OLKUSZ | OLKUSZBIEGA.PL | Polska | 1973 | M3 | 107 | 5:18 | 11,3 | 00:28:48 | 00:53:04 | 00:53:15 | 427 | |
| 482 | 423 | ŁUKASZEK MONIKA | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1980 | K2 | 31 | 5:18 | 11,3 | | 00:53:04 | 00:53:20 | 428 | 55 |
| 483 | 846 | WÓJTOWICZ CEZARY | SOSNOWIEC | | Polska | 1975 | M3 | 108 | 5:18 | 11,3 | 00:30:13 | 00:53:04 | 00:54:07 | 428 | |
| 484 | 145 | DYBAŁA ARKADIUSZ | SOSNOWIEC | BARCA | Polska | 1966 | M4 | 39 | 5:18 | 11,3 | 00:26:14 | 00:53:05 | 00:53:13 | 429 | |
| 485 | 198 | GLINIANY ADAM | WYRY | | Polska | 1969 | M3 | 109 | 5:19 | 11,3 | 00:29:21 | 00:53:07 | 00:53:24 | 430 | |
| 486 | 289 | KASPROWSKI RADOSŁAW | SOSNOWIEC | GHOSTBIKERS | Polska | 1986 | M2 | 201 | 5:19 | 11,3 | 00:28:45 | 00:53:08 | 00:53:25 | 431 | |
| 487 | 162 | FIGURA MICHAŁ | JAWORZNO | | Polska | 1992 | M1 | 73 | 5:19 | 11,3 | 00:30:22 | 00:53:10 | 00:53:45 | 432 | |
| 488 | 561 | PAWLIK AGNIESZKA | NYSA | ATHLETICS NYSA | Polska | 1973 | K3 | 7 | 5:19 | 11,3 | 00:29:37 | 00:53:11 | 00:53:11 | 433 | 56 |
| 489 | 410 | LENIARSKI KORDIAN | SOSNOWIEC | | Polska | 1977 | M2 | 202 | 5:19 | 11,3 | 00:27:44 | 00:53:14 | 00:54:09 | 433 | |
| 490 | 748 | SZWIEC MARCIN | CZELADŹ | | Polska | 1986 | M2 | 203 | 5:20 | 11,3 | 00:30:05 | 00:53:16 | 00:54:06 | 434 | |
| 491 | 340 | KOST WOJCIECH | TYCHY | | Polska | 1989 | M1 | 74 | 5:20 | 11,3 | 00:26:49 | 00:53:18 | 00:53:56 | 435 | |
| 492 | 746 | SZTYKIEL KAMILA | BYTOM | BTM RUNNERS | Polska | 1994 | K1 | 17 | 5:20 | 11,2 | 00:27:10 | 00:53:21 | 00:54:09 | 436 | 57 |
| 493 | 233 | HAWLENA MARCIN | SOSNOWIEC | | Polska | 1971 | M3 | | 5:20 | 11,2 | 00:28:11 | 00:53:22 | 00:53:27 | 436 | |
| 494 | 463 | MENŻYK JOANNA | MYSŁOWICE | | Polska | 1974 | K3 | 8 | 5:20 | 11,2 | 00:29:42 | 00:53:23 | 00:53:51 | 437 | 58 |
| 495 | 279 | KACZOR RAFAŁ | SOSNOWIEC | PKO SILESIA RUNNING TEAM | Polska | 1973 | M3 | 111 | 5:20 | 11,2 | 00:30:05 | 00:53:23 | 00:54:04 | 437 | |
| 496 | 315 | KOBYLEWSKI MARCIN | BYTOM | BTM RUNNERS | Polska | 1976 | M3 | 112 | 5:20 | 11,2 | 00:30:12 | 00:53:23 | 00:54:12 | 438 | |
| 497 | 353 | KOZAK PIOTR | SOSNOWIEC | | Polska | 1972 | M3 | 113 | 5:20 | 11,2 | 00:29:57 | 00:53:24 | 00:53:24 | 439 | |
| 498 | 223 | GRZYWNOWICZ ARTUR | BĘDZIN | | Polska | 1969 | M3 | 114 | 5:22 | 11,2 | 00:29:54 | 00:53:35 | 00:53:52 | 440 | |
| 499 | 627 | RODKO MARTA | CZELADŹ | SEKCJA PIASKI | Polska | 1986 | K2 | 32 | 5:22 | 11,2 | 00:29:29 | 00:53:36 | 00:53:44 | 441 | 59 |
| 500 | 128 | DĄBROWSKI MARCIN | GLIWICE | | Polska | 1979 | M2 | 204 | 5:22 | 11,2 | 00:30:34 | 00:53:36 | 00:54:39 | 441 | |
| 501 | 453 | MARYNOWSKI ADRIAN | BĘDZIN | PODSKARPIANS | Polska | 1978 | M2 | 205 | 5:22 | 11,2 | 00:30:07 | 00:53:38 | 00:53:51 | 442 | |
| 502 | 664 | SKUTA TOMASZ | 115 | POGORIA BIEGA / TIMING4U | Polska | 1978 | M2 | 206 | 5:22 | 11,2 | 00:30:07 | 00:53:39 | 00:54:05 | 443 | |
| 503 | 35 | BIELECKI MARIUSZ | CZELADŹ | CZELADŹ BIEGA | Polska | 1969 | M3 | 115 | 5:22 | 11,2 | 00:29:27 | 00:53:42 | 00:53:42 | 444 | |
| 504 | 461 | MENDAK JACEK | SOSNOWIEC | JARO-AUTO | Polska | 1963 | M4 | 40 | 5:22 | 11,2 | 00:31:13 | 00:53:43 | 00:54:36 | 445 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------|------------------|-------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|---|
| 505 | 687 | SOWIŃSKI MIROSŁAW | SOSNOWIEC | | Polska | 1976 | M3 | 116 | 5:22 | 11,2 | 00:31:17 | 00:53:45 | 00:54:06 | 446 | |
| 506 | 489 | MOTYLEWSKI MICHAŁ | DĄBROWA GÓRNICZA | | Polska | 1987 | M1 | 75 | 5:22 | 11,2 | 00:29:34 | 00:53:45 | 00:53:57 | 447 | |
| 507 | 120 | CZOPEK MIROSŁAW | SKAŁKA | | Polska | 1961 | M4 | 41 | 5:23 | 11,2 | 00:29:20 | 00:53:47 | 00:54:00 | 448 | |
| 508 | 548 | PALKA ADAM | BĘDZIN | | Polska | 1976 | M3 | 117 | 5:23 | 11,2 | 00:29:44 | 00:53:48 | 00:54:31 | 449 | |
| 509 | 97 | CIAPĄŁA SZYMON | KRAKÓW | DZIKIE ŻYCIE RUN TEAM | Polska | 1971 | M3 | 118 | 5:23 | 11,1 | 00:29:55 | 00:53:50 | 00:54:21 | 450 | |
| 510 | 806 | WĄTROBA JAN | LIBIĄŻ | | Polska | 1970 | M3 | 119 | 5:23 | 11,1 | 00:31:22 | 00:53:54 | 00:54:57 | 451 | |
| 511 | 670 | SOBALA RADOSŁAW | SOSNOWIEC | | Polska | 1979 | M2 | 207 | 5:23 | 11,1 | 00:30:21 | 00:53:54 | 00:53:54 | 452 | |
| 512 | 752 | SZYMCZAK EWA | BĘDZIN | DARE2RUN.PL | Polska | 1984 | K2 | 33 | 5:24 | 11,1 | 00:30:39 | 00:53:57 | 00:54:09 | 60 | |
| 513 | 94 | CHYZANOWSKA BARBARA | BĘDZIN | ZDZIERAJ KAPCIE WWW.AGATSU.PL | Polska | 1984 | K2 | 34 | 5:24 | 11,1 | 00:30:42 | 00:53:58 | 00:54:09 | 61 | |
| 514 | 226 | GWÓDŹ MICHAŁ | CZELADŹ | #CZELADZBIEGA | Polska | 1976 | M3 | 120 | 5:24 | 11,1 | 00:28:45 | 00:53:59 | 00:54:23 | 453 | |
| 515 | 493 | MROZEK ZBIGNIEW | DABROWA GORNICZA | BRAK | Polska | 1962 | M4 | 42 | 5:24 | 11,1 | 00:30:48 | 00:54:01 | 00:54:40 | 454 | |
| 516 | 886 | ŻERO DAGMARA | BĘDZIN | GHOSTBIKERS | Polska | 1985 | K2 | 35 | 5:24 | 11,1 | 00:28:54 | 00:54:05 | 00:54:13 | 62 | |
| 517 | 436 | MAJERCZYK PAWEŁ | SOSNOWIEC | BUDOWLANI SOSNOWIEC | Polska | 1986 | M2 | 208 | 5:25 | 11,1 | 00:31:58 | 00:54:05 | 00:55:12 | 455 | |
| 518 | 507 | NAWIAS ALBIN | KATOWICE | | Polska | 1961 | M4 | 43 | 5:25 | 11,1 | 00:29:02 | 00:54:06 | 00:54:13 | 456 | |
| 519 | 70 | BRZDĘK SEBASTIAN | ZAWIERCIE | | Polska | 1982 | M2 | 209 | 5:25 | 11,1 | 00:30:45 | 00:54:08 | 00:55:08 | 457 | |
| 520 | 495 | MROZIŃSKI MATEUSZ | SOSNOWIEC | | Polska | 1990 | M1 | 76 | 5:25 | 11,1 | 00:29:45 | 00:54:09 | 00:54:15 | 458 | |
| 521 | 603 | PRZYBYLSKI ANDRZEJ | SOSNOWIEC | AKTYWNI | Polska | 1967 | M3 | 121 | 5:25 | 11,1 | 00:30:44 | 00:54:09 | 00:54:42 | 459 | |
| 522 | 140 | DUDEK MAGDALENA | SOSNOWIEC | | Polska | 1987 | K1 | 18 | 5:25 | 11,1 | 00:31:04 | 00:54:14 | 00:55:11 | 63 | |
| 523 | 232 | HAUTON MONIKA | SOSNOWIEC | | Polska | 1979 | K2 | 36 | 5:26 | 11,1 | 00:29:49 | 00:54:16 | 00:54:58 | 64 | |
| 524 | 138 | DROZD MARCIN | DĄBROWA GÓRNICZA | | Polska | 1978 | M2 | 210 | 5:26 | 11,1 | 00:30:02 | 00:54:18 | 00:54:51 | 460 | |
| 525 | 792 | URBANEK MARCIN | SIERAKOWICE | ISTA BIEGAMY | Polska | 1982 | M2 | 211 | 5:26 | 11,0 | 00:30:07 | 00:54:20 | 00:54:50 | 461 | |
| 526 | 330 | KONOPKA PAWEŁ | BYTOM | | Polska | 1991 | M1 | 77 | 5:26 | 11,0 | 00:29:46 | 00:54:21 | 00:54:37 | 462 | |
| 527 | 44 | BŁASZCZYSZYN MICHAŁ | GLIWICE | | Polska | 1992 | M1 | 78 | 5:26 | 11,0 | 00:30:59 | 00:54:21 | 00:55:14 | 463 | |
| 528 | 788 | UNUCZEK TOMASZ | DĄBROWA GÓRNICZA | | Polska | 1984 | M2 | 212 | 5:26 | 11,0 | | 00:54:22 | 00:55:08 | 464 | |
| 529 | 790 | URBANEK ANITA | SIERAKOWICE | | Polska | 1993 | K1 | 19 | 5:26 | 11,0 | 00:29:49 | 00:54:24 | 00:54:48 | 65 | |
| 530 | 11 | BADACZEWSKA ANNA | BYTOM | BTM RUNNERS | Polska | 1986 | K2 | 37 | 5:27 | 11,0 | 00:30:58 | 00:54:28 | 00:55:16 | 66 | |
| 531 | 717 | SYPEK DAMIAN | SOSNOWIEC | | Polska | 1988 | M1 | 79 | 5:27 | 11,0 | 00:30:18 | 00:54:33 | 00:55:06 | 465 | |
| 532 | 660 | SKOWRON MICHAŁ | SOSNOWIEC | | Polska | 1984 | M2 | 213 | 5:27 | 11,0 | 00:30:22 | 00:54:34 | 00:54:47 | 466 | |
| 533 | 320 | KOCIMSKI KRZYSZTOF | CZELADŹ | | Polska | 1955 | M5 | 10 | 5:28 | 11,0 | 00:30:43 | 00:54:36 | 00:55:30 | 467 | |
| 534 | 170 | FRANKIEWICZ ŁUKASZ | SOSNOWIEC | | Polska | 1989 | M1 | 80 | 5:28 | 11,0 | | 00:54:37 | 00:55:09 | 468 | |
| 535 | 359 | KRAKOWSKI JACEK | GLIWICE | | Polska | 1973 | M3 | 122 | 5:28 | 11,0 | | 00:54:39 | 00:55:56 | 469 | |
| 536 | 205 | GONIEWICZ ALEKSANDRA | SOSNOWIEC | W POGONI ZA DUCHEM | Polska | 1974 | K3 | 9 | 5:28 | 11,0 | 00:29:33 | 00:54:42 | 00:55:01 | 67 | |
| 537 | 496 | MRÓZ TOMASZ | SŁAWKÓW | | Polska | 1984 | M2 | 214 | 5:29 | 11,0 | 00:30:39 | 00:54:47 | 00:55:17 | 470 | |
| 538 | 447 | MARCZEWSKI MARCIN | SOSNOWIEC | | Polska | 1980 | M2 | 215 | 5:29 | 11,0 | 00:29:56 | 00:54:47 | 00:55:12 | 471 | |
| 539 | 650 | SIEWIERT MARCIN | JAWORZNO | | Polska | 1971 | M3 | 123 | 5:29 | 10,9 | 00:31:40 | 00:54:49 | 00:55:57 | 472 | |
| 540 | 22 | BARGIEŁA PAWEŁ | DĄBROWA GÓRNICZA | | Polska | 1984 | M2 | 216 | 5:29 | 10,9 | 00:29:44 | 00:54:52 | 00:55:27 | 473 | |
| 541 | 102 | CIEŚLAK ANNA | CZELADŹ | HORDE | Polska | 1987 | K1 | 20 | 5:29 | 10,9 | 00:31:02 | 00:54:52 | 00:55:20 | 68 | |
| 542 | 432 | MACZEK-GĄDEK MONIKA | SOSNOWIEC | AKTYWNI | Polska | 1976 | K3 | 10 | 5:29 | 10,9 | 00:30:44 | 00:54:53 | 00:55:31 | 69 | |
| 543 | 513 | ADAMIEC MAGDALENA | PIEKARY ŚLĄSKIE | | Polska | 1988 | K1 | 21 | 5:29 | 10,9 | 00:31:40 | 00:54:53 | 00:55:29 | 70 | |
| 544 | 861 | ZACHARIASZ MAREK | SOSNOWIEC | ZABIEGAMI | Polska | 1969 | M3 | 124 | 5:29 | 10,9 | 00:30:44 | 00:54:53 | 00:55:31 | 474 | |
| 545 | 50 | BOCHENEK ROBERT | 40 | | Polska | 1976 | M3 | 125 | 5:29 | 10,9 | 00:30:39 | 00:54:53 | 00:55:09 | 475 | |
| 546 | 720 | SZATON BOGUSŁAW | CZELADŹ | MOSIR CZELADŹ | Polska | 1969 | M3 | 126 | 5:29 | 10,9 | 00:29:30 | 00:54:53 | 00:55:53 | 476 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------------|------------------|-------------------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 547 | 471 | MICUDA JAN | MYSŁOWICE | TRUCHTACZ MYSŁOWICE | Polska | 1950 | M5 | 11 | 5:29 | 10,9 | 00:31:41 | 00:54:53 | 00:55:57 | 477 | |
| 548 | 125 | DANIECKI RAFAŁ | DĄBROWA GÓRNICZA | MARKETING W BIZNESIE | Polska | 1984 | M2 | 217 | 5:29 | 10,9 | 00:30:50 | 00:54:53 | 00:55:14 | 478 | |
| 549 | 784 | TYLUTKI JAROSŁAW | SOSNOWIEC | | Polska | 1970 | M3 | 127 | 5:29 | 10,9 | 00:30:29 | 00:54:54 | 00:55:42 | 479 | |
| 550 | 593 | POLIŃSKA MAGDALENA | KATOWICE | | Polska | 1984 | K2 | 38 | 5:29 | 10,9 | 00:30:15 | 00:54:54 | 00:55:25 | | 71 |
| 551 | 277 | JUSZCZAK OSKAR | SOSNOWIEC | "DRUŻYNA MERITUM BANK I PARTNERZY". | Polska | 1998 | M1 | 81 | 5:30 | 10,9 | 00:27:51 | 00:54:58 | 00:55:07 | 480 | |
| 552 | 202 | SKIBA MARCIN | BĘDZIN | | Polska | | #N/D! | #N/D! | 5:30 | 10,9 | 00:29:08 | 00:55:00 | 00:55:27 | 481 | |
| 553 | 786 | UCHACZ KAZIMIERZ | SOSNOWIEC | | Polska | 1963 | M4 | 44 | 5:30 | 10,9 | 00:31:42 | 00:55:01 | 00:56:01 | 482 | |
| 554 | 596 | POZOWSKI WŁODZIMIERZ | KATOWICE | E.PLATER | Polska | 1952 | M5 | 12 | 5:30 | 10,9 | 00:30:09 | 00:55:02 | 00:55:13 | 483 | |
| 555 | 825 | WILCZEK MAŁGORZATA | TOSZEK | ISTA BIEGAMY | Polska | 1983 | K2 | 39 | 5:30 | 10,9 | 00:30:32 | 00:55:04 | 00:55:34 | | 72 |
| 556 | 870 | ZAMOJSKA IWONA | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1978 | K2 | 40 | 5:31 | 10,9 | 00:30:14 | 00:55:12 | 00:55:41 | | 73 |
| 557 | 83 | CARSKI ŁUKASZ | SOSNOWIEC | | Polska | 1986 | M2 | 218 | 5:32 | 10,9 | 00:31:18 | 00:55:16 | 00:56:08 | 484 | |
| 558 | 705 | STOLARSKA KINGA | DĄBROWA GÓRNICZA | | Polska | 1999 | K1 | 22 | 5:32 | 10,9 | 00:29:31 | 00:55:16 | 00:55:29 | | 74 |
| 559 | 855 | WYKURZ LILIANA | WOJKOWICE | | Polska | 1975 | K3 | 11 | 5:32 | 10,9 | 00:31:26 | 00:55:18 | 00:55:51 | | 75 |
| 560 | 160 | FIAŁKOWSKA BOŻENA | SOSNOWIEC | | Polska | 1969 | K3 | 12 | 5:32 | 10,8 | 00:29:06 | 00:55:19 | 00:55:22 | | 76 |
| 561 | 358 | KOZUBSKI KRZYSZTOF | SOSNOWIEC | | Polska | 1992 | M1 | 82 | 5:32 | 10,8 | 00:27:43 | 00:55:20 | 00:55:20 | 485 | |
| 562 | 425 | ŁYDKA WALDEMAR | SOSNOWIEC | | Polska | 1969 | M3 | 128 | 5:32 | 10,8 | 00:30:45 | 00:55:21 | 00:56:06 | 486 | |
| 563 | 824 | WILCZEK MAGDALENA | KATOWICE | BEBOKI | Polska | 1978 | K2 | 41 | 5:32 | 10,8 | 00:30:26 | 00:55:23 | 00:55:39 | | 77 |
| 564 | 53 | BOCZKOWSKA KAROLINA | ZAKOPANE | | Polska | 1988 | K1 | 23 | 5:33 | 10,8 | 00:32:22 | 00:55:25 | 00:56:00 | | 78 |
| 565 | 287 | KANIA DOROTA | KATOWICE | CFO RUNNING TEAM | Polska | 1989 | K1 | 24 | 5:33 | 10,8 | 00:30:18 | 00:55:27 | 00:56:10 | | 79 |
| 566 | 234 | HERDA SŁAWOMIRA | CIESZYN | OCOBIEGA | Polska | 1978 | K2 | 42 | 5:33 | 10,8 | 00:31:53 | 00:55:28 | 00:56:28 | | 80 |
| 567 | 676 | SOBOTA MARCIN | SOSNOWIEC | OSTROWY | Polska | 1975 | M3 | 129 | 5:34 | 10,8 | 00:30:28 | 00:55:37 | 00:55:48 | 487 | |
| 568 | 874 | ZDRADA ŁUKASZ | KATOWICE | | Polska | 1984 | M2 | 219 | 5:34 | 10,8 | 00:30:25 | 00:55:39 | 00:55:52 | 488 | |
| 569 | 430 | MACIEJEWSKA MONIKA | SOSNOWIEC | HEALTHY BODY | Polska | 1972 | K3 | 13 | 5:34 | 10,8 | 00:29:30 | 00:55:40 | 00:55:47 | | 81 |
| 570 | 86 | CERNAL RAFAŁ | 16 | | Polska | 1973 | M3 | 130 | 5:34 | 10,8 | 00:31:20 | 00:55:41 | 00:55:41 | 489 | |
| 571 | 663 | KOPCIŃSKI MICHAŁ | KATOWICE | SOFNETSPORT RUN TEAM | Polska | 1990 | M1 | 83 | 5:34 | 10,8 | 00:31:55 | 00:55:44 | 00:56:32 | 490 | |
| 572 | 525 | NOWAK-BRZEZIŃSKA AGNIESZKA | MYSŁOWICE | | Polska | 1978 | K2 | 43 | 5:35 | 10,7 | 00:30:37 | 00:55:49 | 00:56:14 | | 82 |
| 573 | 725 | SZCZEPONIK KLEMENTYNA | ŚWIĘTOCHŁOWICE | GRYFNE RUN FRELKI | Polska | 1989 | K1 | 25 | 5:35 | 10,7 | 00:31:18 | 00:55:51 | 00:56:27 | | 83 |
| 574 | 448 | MARCZEWSKI TOMEK | 21 | | Polska | 1982 | M2 | 220 | 5:35 | 10,7 | 00:30:38 | 00:55:53 | 00:56:30 | 491 | |
| 575 | 476 | MIROWSKI TOMASZ | SOSNOWIEC | STONEHENGE | Polska | 1977 | M2 | 221 | 5:35 | 10,7 | 00:31:29 | 00:55:54 | 00:55:54 | 492 | |
| 576 | 619 | RACINOWSKI PIOTR | DĄBROWA GÓRNICZA | | Polska | 1979 | M2 | 222 | 5:36 | 10,7 | 00:31:16 | 00:55:56 | 00:56:21 | 493 | |
| 577 | 618 | RABENDA WERONIKA | SOSNOWIEC | | Polska | 1991 | K1 | 26 | 5:36 | 10,7 | 00:31:40 | 00:55:57 | 00:56:48 | | 84 |
| 578 | 713 | SURMA DAWID | SOSNOWIEC | | Polska | 1991 | M1 | 84 | 5:36 | 10,7 | 00:31:40 | 00:55:57 | 00:56:48 | 494 | |
| 579 | 346 | KOTULIŃSKI TOMASZ | SOSNOWIEC | | Polska | 1976 | M3 | 131 | 5:36 | 10,7 | | 00:55:58 | 00:56:22 | 495 | |
| 580 | 365 | KRÓLIKOWSKA AGNIESZKA | SOSNOWIEC | BATMAN BIEGA ;) | Polska | 1984 | K2 | 44 | 5:36 | 10,7 | 00:31:45 | 00:56:00 | 00:56:47 | | 85 |
| 581 | 256 | JANKOWSKI BARTŁOMIEJ | CHORZÓW | | Polska | 1986 | M2 | 223 | 5:36 | 10,7 | 00:30:56 | 00:56:01 | 00:56:42 | 496 | |
| 582 | 832 | WINTER ANETA | DĄBROWA GÓRNICZA | | Polska | 1968 | K3 | 14 | 5:36 | 10,7 | 00:31:24 | 00:56:02 | 00:56:44 | | 86 |
| 583 | 324 | KOŁODZIEJCZYK DAMIAN | DĄBROWA GÓRNICZA | | Polska | 1997 | M1 | 85 | 5:36 | 10,7 | 00:31:18 | 00:56:03 | 00:56:44 | 497 | |
| 584 | 296 | KIJOWSKI TOMASZ | 127 | | Polska | 1968 | M3 | 132 | 5:36 | 10,7 | 00:32:16 | 00:56:04 | 00:57:06 | 498 | |
| 585 | 621 | RANDAK MAREK | BĘDZIN | | Polska | 1969 | M3 | 133 | 5:36 | 10,7 | 00:29:30 | 00:56:04 | 00:56:14 | 499 | |
| 586 | 33 | BIAŁAS BARTOSZ | BRUDZOWICE | | Polska | 1985 | M2 | 224 | 5:37 | 10,7 | 00:30:08 | 00:56:07 | 00:56:20 | 500 | |
| 587 | 348 | KOWALCZYK ALEKSANDRA | SOSNOWIEC | | Polska | 1984 | K2 | 45 | 5:37 | 10,7 | 00:32:15 | 00:56:09 | 00:57:21 | | 87 |
| 588 | 374 | KRZEMIŃSKI PRZEMYSŁAW | DĄBROWA GÓRNICZA | | Polska | 1980 | M2 | 225 | 5:37 | 10,7 | 00:31:51 | 00:56:13 | 00:57:00 | 501 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------------|----------------------|---------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|----|
| 589 | 468 | MICHALSKA MAŁGORZATA | KATOWICE | | Polska | 1989 | K1 | 27 | 5:37 | 10,7 | 00:30:55 | 00:56:13 | 00:56:44 | | 88 |
| 590 | 847 | WÓJTOWICZ RADOŚLAW | SOSNOWIEC | | Polska | 1977 | M2 | 226 | 5:37 | 10,7 | 00:31:53 | 00:56:14 | 00:56:58 | 502 | |
| 591 | 157 | FATYGA SEBASTIAN | SOSNOWIEC | JULIUSZ | Polska | 1975 | M3 | 134 | 5:38 | 10,6 | 00:30:33 | 00:56:21 | 00:56:32 | 503 | |
| 592 | 736 | SZLEMBARSKA MAŁGORZATA | CZELADŹ | CSIR AGATSU | Polska | 1985 | K2 | 46 | 5:38 | 10,6 | 00:30:43 | 00:56:22 | 00:56:34 | | 89 |
| 593 | 299 | KLACZA ŁUKASZ | DĄBROWA GÓRNICZA | MYLIFEBELIKE | Polska | 1989 | M1 | 86 | 5:38 | 10,6 | 00:31:18 | 00:56:23 | 00:57:29 | 504 | |
| 594 | 729 | SZCZYGIEL MICHAŁ | CZELADZ | HORDE | Polska | 1985 | M2 | 227 | 5:38 | 10,6 | 00:31:01 | 00:56:23 | 00:56:50 | 505 | |
| 595 | 422 | ŁUKASZEK MARCIN | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | Polska | 1981 | M2 | 228 | 5:38 | 10,6 | 00:30:38 | 00:56:23 | 00:56:40 | 506 | |
| 596 | 649 | SIEMIŃSKA-PILCH KATARZYNA | MOGILANY | | Polska | 1984 | K2 | 47 | 5:40 | 10,6 | 00:30:31 | 00:56:38 | 00:57:11 | | 90 |
| 597 | 677 | SOCHA MAREK | SOSNOWIEC | AMATOR | Polska | 1983 | M2 | 229 | 5:40 | 10,6 | 00:31:13 | 00:56:40 | 00:57:18 | 507 | |
| 598 | 327 | KOMENDA MAREK | SOSNOWIEC | | Polska | 1984 | M2 | 230 | 5:40 | 10,6 | 00:31:44 | 00:56:41 | 00:57:16 | 508 | |
| 599 | 889 | ŻURAWIECKI MARCIN | DĄBROWA GÓRNICZA | | Polska | 1983 | M2 | 231 | 5:40 | 10,6 | 00:32:51 | 00:56:41 | 00:57:46 | 509 | |
| 600 | 455 | MATUSIK SKALSKA RENATA | DZIEWKI | | Polska | 1972 | K3 | 15 | 5:40 | 10,6 | 00:30:06 | 00:56:44 | 00:57:05 | | 91 |
| 601 | 638 | SAJDAK KAROL | SOSNOWIEC | | Polska | 1985 | M2 | 232 | 5:40 | 10,6 | | 00:56:44 | 00:57:21 | 510 | |
| 602 | 498 | MUCHA STANISŁAW | DĄBROWA GÓRNICZA | | Polska | 1975 | M3 | 135 | 5:41 | 10,6 | 00:32:50 | 00:56:46 | 00:57:30 | 511 | |
| 603 | 329 | KONIECZKA KATARZYNA | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1976 | K3 | 16 | 5:41 | 10,6 | | 00:56:50 | 00:57:20 | | 92 |
| 604 | 682 | SOKÓŁ MAREK | DĄBROWA GÓRNICZA | | Polska | 1978 | M2 | 233 | 5:41 | 10,6 | 00:30:45 | 00:56:50 | 00:57:12 | 512 | |
| 605 | 17 | BANYŚ DAMIAN | OLKUSZ | --- | Polska | 1985 | M2 | 234 | 5:41 | 10,6 | 00:30:58 | 00:56:52 | 00:57:31 | 513 | |
| 606 | 680 | CICHOŃ ADRIAN | SOSNOWIEC | | Polska | 1977 | M2 | 235 | 5:41 | 10,5 | 00:31:51 | 00:56:54 | 00:57:18 | 514 | |
| 607 | 10 | AUGUSTYN WOJCIECH | MYSŁOWICE | SPOFTNETSPORT RUN TEAM | Polska | 1990 | M1 | 87 | 5:41 | 10,5 | 00:31:55 | 00:56:54 | 00:56:54 | 515 | |
| 608 | 107 | CISZOWSKI ŁUKASZ | CZELADŹ | #CZELADZBIEGA | Polska | 1981 | M2 | 236 | 5:42 | 10,5 | 00:32:08 | 00:56:55 | 00:57:41 | 516 | |
| 609 | 37 | BIENIEK JUSTYNA | SOSNOWIEC | | Polska | 1987 | K1 | 28 | 5:42 | 10,5 | 00:30:43 | 00:56:55 | 00:57:42 | | 93 |
| 610 | 427 | MACHARZYŃSKI PIOTR | JASTRZĘBIE-ZDRÓJ | | Polska | 1975 | M3 | 136 | 5:42 | 10,5 | 00:31:25 | 00:57:00 | 00:57:29 | 517 | |
| 611 | 218 | GRUCHALSKI JAKUB | CHORZÓW | ISTA BIEGAMY | Polska | 1983 | M2 | 237 | 5:42 | 10,5 | 00:31:44 | 00:57:04 | 00:57:37 | 518 | |
| 612 | 811 | WĘGOREK MONIKA | BYTOM | BTM RUNNERS | Polska | 1980 | K2 | 48 | 5:42 | 10,5 | 00:32:12 | 00:57:04 | 00:57:56 | | 94 |
| 613 | 665 | ŚLUSARZYK DAREK | SOSNOWIEC | SKARPA | Polska | 1975 | M3 | 137 | 5:43 | 10,5 | 00:32:45 | 00:57:07 | 00:57:50 | 519 | |
| 614 | 598 | PÓŁTORAK PRZEMYSŁAW | SOSNOWIEC | | Polska | 1978 | M2 | 238 | 5:43 | 10,5 | 00:33:24 | 00:57:08 | 00:58:17 | 520 | |
| 615 | 642 | SAR TOMASZ | NOWA WIEŚ | | Polska | 1990 | M1 | 88 | 5:43 | 10,5 | 00:33:04 | 00:57:11 | 00:58:11 | 521 | |
| 616 | 282 | KALMUK ANETA | SIEMIANOWICE ŚLĄSKIE | | Polska | 1983 | K2 | 49 | 5:43 | 10,5 | 00:31:44 | 00:57:13 | 00:57:40 | | 95 |
| 617 | 662 | SKÓRA ALEKSANDRA | SOSNOWIEC | | Polska | 1983 | K2 | 50 | 5:44 | 10,5 | 00:32:23 | 00:57:15 | 00:57:59 | | 96 |
| 618 | 303 | KLICH TOMASZ | SOSNOWIEC | | Polska | 1972 | M3 | 138 | 5:44 | 10,5 | 00:31:28 | 00:57:15 | 00:57:25 | 522 | |
| 619 | 222 | GRZESZCZYK IWONA | CZELADŹ | | Polska | 1977 | K2 | 51 | 5:44 | 10,5 | 00:32:19 | 00:57:15 | 00:58:00 | | 97 |
| 620 | 221 | GRZECHUŁA ARKADIUSZ | DĄBROWA GÓRNICZA | | Polska | 1984 | M2 | 239 | 5:44 | 10,5 | 00:31:09 | 00:57:20 | 00:57:54 | 523 | |
| 621 | 151 | DZIUK JOANNA | DĄBROWA GÓRNICZA | | Polska | 1981 | K2 | 52 | 5:44 | 10,5 | 00:32:48 | 00:57:23 | 00:58:23 | | 98 |
| 622 | 69 | BRYŚ KRZYSZTOF | PIEKARY ŚLĄSKIE | WESOŁE BIEGANIE | Polska | 1995 | M1 | 89 | 5:44 | 10,5 | 00:30:55 | 00:57:24 | 00:57:52 | 524 | |
| 623 | 772 | TRAFNY DAMIAN | SOSNOWIEC | STRONG HOUSE CZELADŹ | Polska | 1991 | M1 | 90 | 5:44 | 10,5 | 00:32:32 | 00:57:25 | 00:58:06 | 525 | |
| 624 | 511 | NIEDURNY MARCIN | RUDA ŚLĄSKA | | Polska | 1978 | M2 | 240 | 5:45 | 10,4 | | 00:57:26 | 00:58:22 | 526 | |
| 625 | 231 | HANGIEL LESZEK | SOSNOWIEC | | Polska | 1962 | M4 | 45 | 5:45 | 10,4 | 00:33:18 | 00:57:29 | 00:58:04 | 527 | |
| 626 | 890 | ŻURAWIECKI MICHAŁ | DĄBROWA GÓRNICZA | | Polska | 1993 | M1 | 91 | 5:45 | 10,4 | 00:32:26 | 00:57:32 | 00:58:37 | 528 | |
| 627 | 696 | STAJSZCZAK MĆCISŁAW | SOSNOWIEC | | Polska | 1982 | M2 | 241 | 5:45 | 10,4 | 00:32:05 | 00:57:33 | 00:58:39 | 529 | |
| 628 | 314 | KOBUŠEWSKA ANGELIKA | GRÓDKÓW | MADOR | Polska | 1991 | K1 | 29 | 5:45 | 10,4 | 00:32:09 | 00:57:34 | 00:58:37 | | 99 |
| 629 | 814 | WIECZOREK DANIEL | SOSNOWIEC | MADOR | Polska | 1990 | M1 | 92 | 5:45 | 10,4 | | 00:57:35 | 00:58:38 | 530 | |
| 630 | 733 | SZEWczyk KAMIL | DĄBROWA GÓRNICZA | | Polska | 1989 | M1 | 93 | 5:46 | 10,4 | 00:30:16 | 00:57:38 | 00:57:56 | 531 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|------------------------------|------------------|-------------------------------|----------------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|-----|
| 631 | 773 | TRAFNY PATRYK | SOSNOWIEC | | Polska | 1997 | M1 | 94 | 5:46 | 10,4 | | 00:57:38 | 00:58:21 | 532 | |
| 632 | 116 | CZERNICKA MAGDALENA | ZWONOWICE | | Polska | 1982 | K2 | 53 | 5:46 | 10,4 | | 00:57:39 | 00:58:31 | | 100 |
| 633 | 90 | CHOJOWSKA EDYTA | DĄBROWA GÓRNICZA | | Polska | 1972 | K3 | 17 | 5:46 | 10,4 | 00:32:01 | 00:57:42 | 00:57:42 | | 101 |
| 634 | 65 | BOŻYK MARIUSZ | SOSNOWIEC | | Polska | 1969 | M3 | 139 | 5:46 | 10,4 | 00:33:02 | 00:57:44 | 00:58:36 | 533 | |
| 635 | 171 | FRANKOWICZ ARKADIUSZ | BĘDZIN | | Polska | 1977 | M2 | 242 | 5:47 | 10,4 | 00:32:01 | 00:57:47 | 00:58:39 | 534 | |
| 636 | 830 | WILSZ EWA | PANIÓWKI | UNISONO | Polska | 1974 | K3 | 18 | 5:47 | 10,4 | 00:33:13 | 00:57:52 | 00:59:01 | | 102 |
| 637 | 653 | SIPIERA TOMASZ | KRAKÓW | LACHO TEAM | Polska | 1972 | M3 | 140 | 5:47 | 10,4 | 00:32:49 | 00:57:54 | 00:58:52 | 535 | |
| 638 | 260 | JANUS PAWEŁ | SOSNOWIEC | | Polska | 1984 | M2 | 243 | 5:47 | 10,4 | 00:33:31 | 00:57:54 | 00:58:56 | 536 | |
| 639 | 225 | GWIAZDOWICZ RYSZARD | KOSZĘCIN | | Polska | 1965 | M4 | 46 | 5:48 | 10,3 | 00:32:52 | 00:58:01 | 00:58:55 | 537 | |
| 640 | 68 | BRODZIŃSKA KAMILA | SOSNOWIEC | W POGONI ZA DUCHEM | Polska | 1981 | K2 | 54 | 5:49 | 10,3 | 00:32:23 | 00:58:08 | 00:58:26 | | 103 |
| 641 | 835 | WŁODARCZYK RAFAŁ | SOSNOWIEC | | Polska | 1973 | M3 | 141 | 5:49 | 10,3 | 00:33:18 | 00:58:09 | 00:58:44 | 538 | |
| 642 | 880 | KOWALSKI MARCIN | SOSNOWIEC | 3FLOW TRIATHLON TEAM | Polska | 1981 | M2 | 244 | 5:49 | 10,3 | 00:32:02 | 00:58:10 | 00:58:29 | 539 | |
| 643 | 794 | WACŁAW MARIA | SOSNOWIEC | | Polska | 1974 | K3 | 19 | 5:49 | 10,3 | 00:31:49 | 00:58:11 | 00:58:59 | | 104 |
| 644 | 378 | KRZYSZTOWCZYK JOANNA | SOSNOWIEC | | Polska | 1980 | K2 | 55 | 5:49 | 10,3 | 00:33:17 | 00:58:11 | 00:58:43 | | 105 |
| 645 | 224 | GUDZ BEATA | KATOWICE | | Polska | 1986 | K2 | 56 | 5:49 | 10,3 | 00:33:04 | 00:58:12 | 00:59:12 | | 106 |
| 646 | 539 | OLSZEWSKI BOGDAN | SOSNOWIEC | | Polska | 1957 | M4 | 47 | 5:49 | 10,3 | 00:32:58 | 00:58:12 | 00:59:13 | 540 | |
| 647 | 572 | PIETRASIAK DANIEL | SOSNOWIEC | PROFORMA HARPAGAN SOSNOWIEC | Polska | 1990 | M1 | 95 | 5:49 | 10,3 | 00:31:50 | 00:58:13 | 00:59:01 | 541 | |
| 648 | 796 | KOŹMIŃSKI MIROSLAW | BĘDZIN | W POGONI ZA DUCHEM | Polska | 1953 | M5 | 13 | 5:49 | 10,3 | 00:31:43 | 00:58:13 | 00:58:38 | 542 | |
| 649 | 531 | OKOŃ ANETA | KATOWICE | | Polska | 1993 | K1 | 30 | 5:49 | 10,3 | 00:33:05 | 00:58:14 | 00:59:14 | | 107 |
| 650 | 872 | ZAWISZA-WIERZBICKA KATARZYNA | GIEBUŁTÓW | | Polska | 1978 | K2 | 57 | 5:49 | 10,3 | 00:31:12 | 00:58:14 | 00:58:27 | | 108 |
| 651 | 368 | KRUKOWSKA KLAUDIA | SOSNOWIEC | PROFORMA | Polska | 1993 | K1 | 31 | 5:49 | 10,3 | 00:31:49 | 00:58:14 | 00:59:02 | | 109 |
| 652 | 564 | PEDZIK MARCIN | SOSNOWIEC | | United Kingdom | 1970 | M3 | 142 | 5:50 | 10,3 | 00:31:42 | 00:58:16 | 00:59:02 | 543 | |
| 653 | 481 | MOŁAS ADRIAN | BĘDZIN | | Polska | 1985 | M2 | 245 | 5:50 | 10,3 | 00:33:05 | 00:58:21 | 00:59:19 | 544 | |
| 654 | 55 | BOGUSZ KRZYSZTOF | WARSZAWA | POLONIA WARSZAWA | Polska | 1979 | M2 | 246 | 5:50 | 10,3 | 00:32:47 | 00:58:22 | 00:59:07 | 545 | |
| 655 | 454 | MARZEC ŁUKASZ | CZELADŹ | CSIR AGATSU | Polska | 1975 | M3 | 143 | 5:50 | 10,3 | 00:33:38 | 00:58:24 | 00:59:07 | 546 | |
| 656 | 678 | SOCHACKA ANNA | BĘDZIN | | Polska | 1973 | K3 | 20 | 5:51 | 10,3 | 00:32:24 | 00:58:25 | 00:58:45 | | 110 |
| 657 | 109 | CUPIAŁ MARIOLA | SOSNOWIEC | W POGONI ZA DUCHEM | Polska | 1966 | K4 | 3 | 5:51 | 10,3 | 00:33:09 | 00:58:26 | 00:59:12 | | 111 |
| 658 | 305 | KŁĘK MATEUSZ | WOLBROM | WOLBROM TEAM | Polska | 1991 | M1 | 96 | 5:51 | 10,3 | 00:32:33 | 00:58:26 | 00:59:11 | 547 | |
| 659 | 819 | WESOŁOWSKI RAFAŁ | SOSNOWIEC | | Polska | | #N/D! | #N/D! | 5:51 | 10,3 | 00:33:14 | 00:58:31 | 00:59:28 | 548 | |
| 660 | 865 | ZAJĄC IWONA | SŁAWKÓW | SAMO SIĘ NIE PRZEBIEGNIE | Polska | 1982 | K2 | 58 | 5:51 | 10,2 | 00:31:49 | 00:58:33 | 00:59:09 | | 112 |
| 661 | 352 | KOWALSKI ZBIGNIEW | TARNOWSKIE GÓRY | | Polska | 1979 | M2 | 247 | 5:51 | 10,2 | 00:32:16 | 00:58:35 | 00:59:14 | 549 | |
| 662 | 91 | WAYDOWICZ PRZEMYSŁAW | TARNOWSKIE GÓRY | PKO SILESIA RUNNING TEAM | Polska | 1980 | M2 | 248 | 5:52 | 10,2 | 00:32:47 | 00:58:39 | 00:59:09 | 550 | |
| 663 | 175 | FRYDRYSIAK SYLWIA | KATOWICE | W POGONI ZA DUCHEM | Polska | 1970 | K3 | 21 | 5:53 | 10,2 | 00:32:29 | 00:58:52 | 00:59:12 | | 113 |
| 664 | 328 | KONDERAK ANGELIKA | BĘDZIN | W POGONI ZA DUCHEM | Polska | 1993 | K1 | | 5:53 | 10,2 | 00:32:30 | 00:58:53 | 00:59:12 | | 114 |
| 665 | 715 | SUROWIEC AGNIESZKA | SOSNOWIEC | | Polska | 1973 | K3 | 22 | 5:53 | 10,2 | | 00:58:54 | 00:59:38 | | 115 |
| 666 | 520 | NOWAK KRZYSZTOF | SOSNOWIEC | | Polska | 1979 | M2 | 249 | 5:53 | 10,2 | 00:33:23 | 00:58:55 | 00:59:38 | 551 | |
| 667 | 674 | SOBOLEWSKA BEATA | SOSNOWIEC | | Polska | 1977 | K2 | 59 | 5:53 | 10,2 | 00:32:22 | 00:58:55 | 00:59:39 | | 116 |
| 668 | 131 | DEREŁA MONIKA | SOSNOWIEC | OMEGA BĘDZIN | Polska | 1974 | K3 | 23 | 5:54 | 10,2 | 00:33:28 | 00:58:55 | 00:59:52 | | 117 |
| 669 | 357 | KOZŁOWSKI ROBERT | BĘDZIN | - | POLSKA | 1974 | M3 | 144 | 5:54 | 10,2 | 00:28:11 | 00:59:02 | 00:59:04 | 552 | |
| 670 | 522 | NOWAK ŁUKASZ | CZELADŹ | #CZELADZBIEGA | Polska | 1986 | M2 | 250 | 5:54 | 10,2 | 00:32:02 | 00:59:04 | 00:59:31 | 553 | |
| 671 | 207 | GORGOŃ PAWEŁ | SOSNOWIEC | GIGI | Polska | 1948 | M5 | 14 | 5:54 | 10,2 | 00:34:03 | 00:59:05 | 01:00:06 | 554 | |
| 672 | 466 | MICHALIK KRZYSZTOF | SOSNOWIEC | PSGTEAM | Polska | 1973 | M3 | 145 | 5:55 | 10,1 | 00:32:07 | 00:59:14 | 00:59:29 | 555 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|---------------------------|-----------------------|--|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|-----|
| 673 | 182 | GAJEWSKI JAROSŁAW | TYCHY | FUCHS OIL TEAM | Polska | 1968 | M3 | 146 | 5:56 | 10,1 | 00:33:04 | 00:59:16 | 00:59:49 | 556 | |
| 674 | 285 | KAMIŃSKI JAKUB | SOSNOWIEC | | Polska | 1985 | M2 | 251 | 5:56 | 10,1 | 00:33:04 | 00:59:24 | 01:00:18 | 557 | |
| 675 | 310 | KŁYS MILENA | ZENDEK | | Polska | 1988 | K1 | 33 | 5:57 | 10,1 | | 00:59:34 | 01:00:29 | | 118 |
| 676 | 187 | GAJOS ERYK | JAWORZNO | | Polska | 1995 | M1 | 97 | 5:58 | 10,1 | 00:32:28 | 00:59:38 | 00:59:56 | 558 | |
| 677 | 367 | KRUK DARIUSZ | SOSNOWIEC | PSGTEAM | Polska | 1976 | M3 | 147 | 5:58 | 10,0 | 00:32:07 | 00:59:44 | 00:59:59 | 559 | |
| 678 | 376 | KRZESINSKI STANISLAW | SOSNOWIEC | | Polska | 1952 | M5 | 15 | 5:59 | 10,0 | 00:33:32 | 00:59:46 | 01:00:32 | 560 | |
| 679 | 254 | JANIGA BEATA | SOSNOWIEC | W POGONI ZA DUCHEM | Polska | 1982 | K2 | 60 | 5:59 | 10,0 | 00:32:33 | 00:59:50 | 01:00:03 | | 119 |
| 680 | 185 | GAJOS ANDRZEJ | JAWORZNO | | Polska | 1965 | M4 | 48 | 5:59 | 10,0 | 00:32:54 | 00:59:51 | 01:00:09 | 561 | |
| 681 | 434 | MAGRYS MAGDALENA | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1993 | K1 | 34 | 5:59 | 10,0 | 00:34:10 | 00:59:52 | 01:00:49 | | 120 |
| 682 | 583 | PLUCIŃSKI PAWEŁ | SOSNOWIEC | FUCHS OIL TEAM | Polska | 1971 | M3 | 148 | 6:00 | 10,0 | | 00:59:56 | 01:00:33 | 562 | |
| 683 | 646 | SENDRA DAMIAN | SOSNOWIEC | | Polska | 1987 | M1 | 98 | 6:00 | 10,0 | 00:32:41 | 00:59:57 | 01:00:20 | 563 | |
| 684 | 710 | STRÓJWĄS MAGDALENA | CZELADŹ | | Polska | 1985 | K2 | 61 | 6:00 | 10,0 | | 00:59:58 | 01:00:10 | | 121 |
| 685 | 686 | SOWA BOGUSŁAW | DĄBROWA GÓRNICZA ZĄBK | | Polska | 1980 | M2 | 252 | 6:00 | 10,0 | 00:33:39 | 01:00:01 | 01:00:56 | 564 | |
| 686 | 74 | BUGAJSKI CEZARY | SOSNOWIEC | ELMONTER | Polska | 1984 | M2 | 253 | 6:00 | 10,0 | 00:32:48 | 01:00:02 | 01:01:05 | 565 | |
| 687 | 306 | KŁOSEK PIOTR | SOSNOWIEC | | Polska | 1982 | M2 | 254 | 6:00 | 10,0 | 00:33:40 | 01:00:04 | 01:00:04 | 566 | |
| 688 | 853 | WSZOŁA PATRYK | PRECZÓW | GONIĘ I NIE MOGĘ DOGONIĆ WODZA ADRIAN/ | Polska | 1989 | M1 | 99 | 6:00 | 10,0 | 00:34:28 | 01:00:05 | 01:01:22 | 567 | |
| 689 | 101 | CIESIELSKI ADRIAN | SOSNOWIEC | BIEGNĘ DO CELU | Polska | 1989 | M1 | 100 | 6:01 | 10,0 | 00:34:27 | 01:00:06 | 01:01:24 | 568 | |
| 690 | 850 | FIGLER SANDRA | TARNOWSKIE GÓRY | RUNNERS TG | Polska | 1992 | K1 | 35 | 6:01 | 10,0 | 00:32:11 | 01:00:10 | 01:00:20 | | 122 |
| 691 | 154 | ELŻNER BARTŁOMIEJ | SĄCZÓW | SACZOW TEAM | Polska | 1977 | M2 | 255 | 6:01 | 10,0 | 00:33:58 | 01:00:13 | 01:01:03 | 569 | |
| 692 | 803 | WAWIERNIA DOROTA | KATOWICE | | Polska | 1975 | K3 | 24 | 6:01 | 10,0 | 00:33:51 | 01:00:14 | 01:00:54 | | 123 |
| 693 | 24 | BARTOSIŃSKA KATARZYNA | SOSNOWIEC | | Polska | 1991 | K1 | 36 | 6:02 | 9,9 | 00:33:24 | 01:00:19 | 01:01:16 | | 124 |
| 694 | 244 | JACH MARCIN | SOSNOWIEC | | Polska | 1974 | M3 | 149 | 6:02 | 9,9 | 00:33:39 | 01:00:24 | 01:01:18 | 570 | |
| 695 | 839 | WOLA RADOSŁAW | SOSNOWIEC | NIWKA | Polska | 1972 | M3 | 150 | 6:02 | 9,9 | 00:33:26 | 01:00:24 | 01:01:30 | 571 | |
| 696 | 552 | PARSZEWSKA ALEKSANDRA | BYTOM | BTM RUNNERS | Polska | 1991 | K1 | 37 | 6:02 | 9,9 | 00:34:17 | 01:00:25 | 01:01:21 | | 125 |
| 697 | 652 | SIKORA-SZCZOTKA MAGDALENA | DABROWA GORNICZA | | Polska | 1979 | K2 | 62 | 6:03 | 9,9 | 00:33:18 | 01:00:29 | 01:00:29 | | 126 |
| 698 | 46 | BŁOŃSKA-POLAK EWA | BYTOM | BTM RUNNERS | Polska | 1978 | K2 | 63 | 6:03 | 9,9 | 00:32:44 | 01:00:29 | 01:01:21 | | 127 |
| 699 | 13 | BALCEREK MAREK | SOSNOWIEC | | Polska | 1977 | M2 | 256 | 6:03 | 9,9 | 00:33:30 | 01:00:32 | 01:00:54 | 572 | |
| 700 | 199 | GLINIANY MAŁGORZATA | WYRY | | Polska | 1970 | K3 | 25 | 6:03 | 9,9 | 00:33:06 | 01:00:32 | 01:00:47 | | 128 |
| 701 | 882 | ZUWAŁA ANNA | SOSNOWIEC | | Polska | 1974 | K3 | 26 | 6:04 | 9,9 | 00:34:29 | 01:00:37 | 01:01:15 | | 129 |
| 702 | 196 | GIEROK MACIEJ | SOSNOWIEC | | Polska | 1984 | M2 | 257 | 6:05 | 9,9 | 00:34:16 | 01:00:45 | 01:01:34 | 573 | |
| 703 | 331 | KOPTA JERZY | KRAKÓW | CWAŁUJĄCE DZIADKI | Polska | 1945 | M5 | 16 | 6:05 | 9,9 | 00:35:25 | 01:00:46 | 01:01:35 | 574 | |
| 704 | 25 | BASA-ANYŻ ANNA | BĘDZIN | W POGONI ZA DUCHEM | Polska | 1980 | K2 | 64 | 6:05 | 9,9 | 00:35:02 | 01:00:48 | 01:01:59 | | 130 |
| 705 | 726 | SZCZERBA IZABELA | SOSNOWIEC | | Polska | 1985 | K2 | 65 | 6:05 | 9,9 | 00:32:40 | 01:00:49 | 01:01:05 | | 131 |
| 706 | 7 | ANYŻ ŁUKASZ | BĘDZIN | W POGONI ZA DUCHEM | Polska | 1980 | M2 | 258 | 6:05 | 9,9 | 00:35:03 | 01:00:49 | 01:01:59 | 575 | |
| 707 | 744 | SZPINDA ROBERT | BĘDZIN | POGORIA BIEGA | Polska | 1977 | M2 | 259 | 6:05 | 9,9 | 00:35:01 | 01:00:49 | 01:01:59 | 576 | |
| 708 | 657 | SKOCZEK AGNIESZKA | CIESZYN | OCOBIEGA | Polska | 1978 | K2 | 66 | 6:05 | 9,9 | 00:33:27 | 01:00:50 | 01:01:49 | | 132 |
| 709 | 556 | PATRYARCHA PIOTR | SOSNOWIEC | | Polska | 1976 | M3 | 151 | 6:05 | 9,9 | 00:35:56 | 01:00:54 | 01:02:06 | 577 | |
| 710 | 858 | WYWALEC-BOBER KATARZYNA | MYSŁOWICE | | Polska | 1985 | K2 | 67 | 6:05 | 9,9 | 00:34:46 | 01:00:54 | 01:01:44 | | 133 |
| 711 | 371 | KRYCZEK PIOTR | DĄBROWA GÓRNICZA | | Polska | 1979 | M2 | 260 | 6:06 | 9,8 | 00:33:50 | 01:00:56 | 01:02:03 | 578 | |
| 712 | 337 | KOSEWSKI MAREK | SOSNOWIEC | | Polska | 1962 | M4 | 49 | 6:06 | 9,8 | 00:25:42 | 01:00:58 | 01:01:02 | 579 | |
| 713 | 778 | TRZEWICZEK MARTYNA | SOSNOWIEC | | Polska | 1984 | K2 | 68 | 6:06 | 9,8 | 00:33:17 | 01:00:59 | 01:01:30 | | 134 |
| 714 | 398 | KWAŚNIK MONIKA | OLKUSZ | OLKUSZBIEGA.PL | Polska | 1982 | K2 | 69 | 6:06 | 9,8 | 00:31:54 | 01:01:01 | 01:01:11 | | 135 |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|-----------------------------|------------------|---------------------------|--------|------------|-----------|------------|--------------|------------|----------|------------|-------------|-----|-----|
| 715 | 268 | JAWORSKI KRZYSZTOF | DĄBROWA GÓRNICZA | SAMOTNY WILK | Polska | 1974 | M3 | 152 | 6:08 | 9,8 | 00:34:02 | 01:01:19 | 01:01:51 | 580 | |
| 716 | 540 | OMYŁA ANNA | STANOWICE | | Polska | 1990 | K1 | 38 | 6:08 | 9,8 | 00:34:52 | 01:01:22 | 01:02:26 | | 136 |
| 717 | 149 | DZIUBEK MICHAŁ | SOSNOWIEC | | Polska | 1981 | M2 | 261 | 6:09 | 9,8 | 00:35:24 | 01:01:29 | 01:02:24 | 581 | |
| 718 | 613 | PYKA MARTA | SOSNOWIEC | M&M'S | Polska | 1987 | K1 | 39 | 6:09 | 9,8 | 00:34:42 | 01:01:30 | 01:02:16 | | 137 |
| 719 | 789 | URACZ WIOLETA | SOSNOWIEC | | Polska | 1976 | K3 | 27 | 6:09 | 9,8 | 00:34:05 | 01:01:30 | 01:01:40 | | 138 |
| 720 | 87 | CERNAL WŁODZIMIERZ | SOSNOWIEC | | Polska | 1952 | M5 | 17 | 6:09 | 9,8 | 00:35:51 | 01:01:32 | 01:03:54 | 582 | |
| 721 | 639 | SAKWA ANETA | SOSNOWIEC | | Polska | 1971 | K3 | 28 | 6:09 | 9,7 | 00:35:28 | 01:01:34 | 01:02:16 | | 139 |
| 722 | 413 | LEWANDOWSKA KATARZYNA | DĄBROWA GÓRNICZA | | Polska | 1977 | K2 | 70 | 6:09 | 9,7 | 00:34:34 | 01:01:34 | 01:02:23 | | 140 |
| 723 | 810 | WĘGLER ZBIGNIEW | SOSNOWIEC | | Polska | 1946 | M5 | 18 | 6:10 | 9,7 | 00:34:33 | 01:01:37 | 01:02:36 | 583 | |
| 724 | 360 | KRAL ARTUR | RUDA ŚLĄSKA | | Polska | 1979 | M2 | 262 | 6:10 | 9,7 | | 01:01:39 | 01:02:27 | 584 | |
| 725 | 26 | BASIAGA JOLANTA | PIEKARY ŚLĄSKIE | | Polska | 1966 | K4 | 4 | 6:10 | 9,7 | 00:35:23 | 01:01:44 | 01:02:49 | | 141 |
| 726 | 28 | BĄCALSKA MONIKA | KATOWICE | | Polska | 1987 | K1 | 40 | 6:11 | 9,7 | 00:34:46 | 01:01:46 | 01:02:36 | | 142 |
| 727 | 407 | LECHOWICZ MARCIN | CHORZÓW | | Polska | 1985 | M2 | 263 | 6:11 | 9,7 | 00:34:18 | 01:01:53 | 01:02:33 | 585 | |
| 728 | 706 | STRASZAK JUSTYNA | SOSNOWIEC | | Polska | 1987 | K1 | 41 | 6:12 | 9,7 | 00:34:41 | 01:01:55 | 01:02:42 | | 143 |
| 729 | 615 | PYRKOSZ EWA | SOSNOWIEC | | Polska | 1981 | K2 | 71 | 6:12 | 9,7 | 00:33:54 | 01:01:55 | 01:02:12 | | 144 |
| 730 | 266 | JASKULSKA MONIKA | SOSNOWIEC | | Polska | 1974 | K3 | 29 | 6:12 | 9,7 | 00:33:59 | 01:01:59 | 01:02:09 | | 145 |
| 731 | 173 | FRELEK KATARZYNA | KATOWICE | | Polska | 1991 | K1 | 42 | 6:13 | 9,7 | 00:33:59 | 01:02:05 | 01:02:38 | | 146 |
| 732 | 219 | GRYC MARCIN | SOSNOWIEC | | Polska | 1981 | M2 | 264 | 6:13 | 9,7 | 00:35:10 | 01:02:06 | 01:02:46 | 586 | |
| 733 | 85 | CERNAL AGNIESZKA | 16 | VEGE RUNNERS | Polska | 1982 | K2 | 72 | 6:13 | 9,7 | 00:35:14 | 01:02:08 | 01:03:13 | | 147 |
| 734 | 172 | FRANKOWSKA-KRYSIAK MONIKA | SOSNOWIEC | | Polska | 1979 | K2 | 73 | 6:13 | 9,6 | 00:33:48 | 01:02:12 | 01:02:33 | | 148 |
| 735 | 821 | WIĘCŁAWSKA- PAJĄK KATARZYNA | SOSNOWIEC | | Polska | 1980 | K2 | 74 | 6:13 | 9,6 | 00:33:48 | 01:02:12 | 01:02:33 | | 149 |
| 736 | 571 | PIETRAS EWELINA | DĄBROWA GÓRNICZA | | Polska | 1986 | K2 | 75 | 6:14 | 9,6 | | 01:02:16 | 01:02:37 | | 150 |
| 737 | 469 | MICHERDA TOMASZ | DĄBROWA GÓRNICZA | | Polska | 1975 | M3 | 153 | 6:14 | 9,6 | 00:34:43 | 01:02:19 | 01:02:54 | 587 | |
| 738 | 262 | JAROSZ MARIAN | MYSŁOWICE | TRUCHTACZ MYSŁOWICE | Polska | 1953 | M5 | 19 | 6:14 | 9,6 | 00:35:56 | 01:02:21 | 01:03:26 | 588 | |
| 739 | 864 | ZAGAŁA MARTA | DĄBROWA GÓRNICZA | | Polska | | #N/D! | #N/D! | 6:14 | 9,6 | 00:35:18 | 01:02:22 | 01:03:03 | | 151 |
| 740 | 612 | PUTA ZDZIŚLAW | SOSNOWIEC | TKKF CZELADŹ | Polska | 1946 | M5 | 20 | 6:14 | 9,6 | 00:34:15 | 01:02:22 | 01:02:42 | 589 | |
| 741 | 497 | MUCHA KAZIMIERZ | BYTOM | | Polska | 1961 | M4 | 50 | 6:15 | 9,6 | 00:35:59 | 01:02:33 | 01:03:12 | 590 | |
| 742 | 183 | GAJEWSKI TOMASZ | SOSNOWIEC | | Polska | 1971 | M3 | 154 | 6:16 | 9,6 | 00:34:25 | 01:02:40 | 01:03:09 | 591 | |
| 743 | 506 | NALEPKA PAWEŁ | MIKOŁÓW | EPPS RUN TEAM | Polska | 1976 | M3 | 155 | 6:17 | 9,5 | 00:34:17 | 01:02:50 | 01:02:50 | 592 | |
| 744 | 611 | PUCHAŁA KRZYSZTOF | CZELADŹ | | Polska | 1982 | M2 | 265 | 6:17 | 9,5 | 00:35:53 | 01:02:51 | 01:03:44 | 593 | |
| 745 | 134 | DORCZAK-PUCHAŁA PAULINA | CZELADŹ | | Polska | 1987 | K1 | 43 | 6:17 | 9,5 | 00:35:53 | 01:02:51 | 01:03:44 | | 152 |
| 746 | 180 | GAJEK JUSTYNA | SOSNOWIEC | VRC | Polska | 1974 | K3 | 30 | 6:18 | 9,5 | 00:34:43 | 01:02:55 | 01:03:52 | | 153 |
| 747 | 57 | BOMBA ROBERT | BĘDZIN | DARE2RUN | Polska | 1978 | M2 | 266 | 6:19 | 9,5 | 00:35:33 | 01:03:09 | 01:03:28 | 594 | |
| 748 | 273 | JURECZKO JOANNA | BYTOM | MIECHOWICKA GRUPA BIEGOWA | Polska | 1991 | K1 | 44 | 6:19 | 9,5 | 00:34:42 | 01:03:10 | 01:03:32 | | 154 |
| 749 | 451 | MARMUROWICZ KRYSZTIAN | KATOWICE | | Polska | 1976 | M3 | 156 | 6:19 | 9,5 | | 01:03:11 | 01:03:51 | 595 | |
| 750 | 568 | PIEGA ROBERT | SOSNOWIEC | ----- | Polska | 1978 | M2 | 267 | 6:19 | 9,5 | 00:34:30 | 01:03:14 | 01:03:45 | 596 | |
| 751 | 267 | JAWOR MAGDALENA | CZELADŹ | | Polska | 1989 | K1 | 45 | 6:20 | 9,5 | | 01:03:24 | 01:04:30 | | 155 |
| 752 | 491 | MROCEK MATEUSZ | SOSNOWIEC | | Polska | 1987 | M1 | 101 | 6:20 | 9,5 | 00:36:43 | 01:03:25 | 01:04:31 | 597 | |
| 753 | 559 | PAWEZOWSKA MALGORZATA | SOSNOWIEC | | Polska | 1988 | K1 | 46 | 6:21 | 9,4 | 00:33:16 | 01:03:30 | 01:03:30 | | 156 |
| 754 | 284 | KAMIŃSKA BEATA | MYSZKÓW | W POGONI ZA DUCHEM | Polska | 1967 | K3 | 31 | 6:22 | 9,4 | 00:34:50 | 01:03:37 | 01:03:58 | | 157 |
| 755 | 766 | TAUL DAWID | KĘDZIERZYN-KOŹLE | | Polska | 1990 | M1 | 102 | 6:22 | 9,4 | 00:35:49 | 01:03:42 | 01:04:46 | 598 | |
| 756 | 634 | RUSIN - BĄK KAROLINA | DĄBROWA GÓRNICZA | | Polska | 1984 | K2 | 76 | 6:23 | 9,4 | 00:36:11 | 01:03:45 | 01:03:45 | | 158 |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|-------------------------|------------------|-------------------------|--------|------------|-----------|------------|--------------|------------|----------|-----------------|-------------|-----|-----|
| 757 | 194 | GAWRON EWELINA | SOSNOWIEC | | Polska | 1986 | K2 | 77 | 6:23 | 9,4 | 00:35:27 | 01:03:54 | 01:04:46 | | 159 |
| 758 | 776 | TRZEBIŃSKA EMILIA | DĄBROWA GÓRNICZA | | Polska | 1980 | K2 | 78 | 6:24 | 9,4 | 00:36:43 | 01:04:03 | 01:05:13 | | 160 |
| 759 | 307 | KŁOSUŃ DARIUSZ | SOSNOWIEC | | Polska | 1978 | M2 | 268 | 6:24 | 9,4 | 00:34:55 | 01:04:04 | 01:04:46 | 599 | |
| 760 | 724 | SZCZEPAŃSKI WALDEMAR | SOSNOWIEC | | Polska | 1953 | M5 | 21 | 6:25 | 9,3 | 00:35:27 | 01:04:13 | 01:04:23 | 600 | |
| 761 | 883 | ZUWAŁA ROBERT | SOSNOWIEC | | Polska | 1973 | M3 | 157 | 6:25 | 9,3 | 00:35:27 | 01:04:13 | 01:04:51 | 601 | |
| 762 | 656 | SIWY KRZYSZTOF | DĄBROWA GÓRNICZA | | Polska | 1987 | M1 | 103 | 6:26 | 9,3 | | 01:04:18 | 01:04:37 | 602 | |
| 763 | 108 | COP MARTYNA | STRZYŻOWICE | | Polska | 1990 | K1 | 47 | 6:27 | 9,3 | 00:35:37 | 01:04:27 | 01:05:13 | | 161 |
| 764 | 118 | CZERWIK JAKUB | SOSNOWIEC | IN CAT DOGE TRUSTS | Polska | 1986 | M2 | 269 | 6:27 | 9,3 | 00:37:56 | 01:04:28 | 01:05:38 | 603 | |
| 765 | 239 | HRYSZKIEWICZ BARBARA | MIEDARY | AKMB PĘDZIWIATR/UNISONO | Polska | 1974 | K3 | 32 | 6:29 | 9,3 | 00:36:30 | 01:04:48 | 01:05:56 | 162 | |
| 766 | 589 | POGORZELSKA-KLIKS AGATA | SOSNOWIEC | BIEGAM, BO TAK I JUŻ | Polska | 1974 | K3 | 33 | 6:29 | 9,3 | 00:33:15 | 01:04:49 | 01:05:56 | 163 | |
| 767 | 251 | JAMROCHA ŁUKASZ | SOSNOWIEC | | Polska | 1990 | M1 | 104 | 6:29 | 9,3 | 00:35:51 | 01:04:50 | 01:05:54 | 604 | |
| 768 | 551 | PANENKA MAŁGORZATA | NIEBOROWICE | UNISONO | Polska | 1975 | K3 | 34 | 6:29 | 9,3 | 00:36:30 | 01:04:50 | 01:05:58 | 164 | |
| 769 | 377 | KRZYSZTOFIK OLGA | SOSNOWIEC | IN DOGE CAT TRUSTS | Polska | 1991 | K1 | 48 | 6:30 | 9,2 | 00:37:57 | 01:05:03 | 01:06:13 | 165 | |
| 770 | 56 | BOGUSZYŃSKA BEATA | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1993 | K1 | 49 | 6:30 | 9,2 | 00:35:42 | 01:05:04 | 01:05:19 | 166 | |
| 771 | 727 | SZCZOTKA EWA | DĄBROWA GÓRNICZA | | Polska | 1984 | K2 | 79 | 6:31 | 9,2 | 00:36:08 | 01:05:05 | 01:05:50 | 167 | |
| 772 | 288 | KANIA MAREK | SOSNOWIEC | TOTALNY AMATOR | Polska | 1968 | M3 | 158 | 6:31 | 9,2 | 00:36:13 | 01:05:06 | 01:06:11 | 605 | |
| 773 | 860 | ZACHARIASZ AGASTA | SOSNOWIEC | ZABIEGANI | Polska | 1972 | K3 | 35 | 6:33 | 9,2 | 00:37:11 | 01:05:26 | 01:06:01 | 168 | |
| 774 | 582 | PLUCIŃSKA EDYTA | SOSNOWIEC | FUCHS OIL TEAM | Polska | 1972 | K3 | 36 | 6:33 | 9,2 | 00:37:11 | 01:05:26 | 01:06:01 | 169 | |
| 775 | 602 | PRZYBYLSKA MAGDALENA | SOSNOWIEC | AKTYWNI | Polska | 1993 | K1 | 50 | 6:33 | 9,2 | 00:37:13 | 01:05:28 | 01:06:02 | 170 | |
| 776 | 798 | WAŁĘSIAK PATRYCJA | SOSNOWIEC | | Polska | 1990 | K1 | 51 | 6:34 | 9,1 | 00:36:40 | 01:05:41 | 01:06:24 | 171 | |
| 777 | 200 | GŁODEK ARTUR | 45 | | Polska | 1987 | M1 | 105 | 6:35 | 9,1 | 00:36:27 | 01:05:46 | 01:06:28 | 606 | |
| 778 | 801 | BAZANEK AGNIESZKA | DĄBROWA GÓRNICZA | | Polska | 1985 | K2 | 80 | 6:35 | 9,1 | 00:36:11 | 01:05:47 | 01:05:47 | 172 | |
| 779 | 781 | TURCHAN KATARZYNA | SOSNOWIEC | | Polska | 1990 | K1 | 52 | 6:35 | 9,1 | 00:36:27 | 01:05:48 | 01:06:28 | 173 | |
| 780 | 768 | TERKA GRZEGORZ | JAWORZNO | | Polska | 1985 | M2 | 270 | 6:36 | 9,1 | 00:35:24 | 01:05:55 | 01:06:14 | 607 | |
| 781 | 341 | KOŚCIAŃSKA EWA | SOSNOWIEC | | Polska | 1984 | K2 | 81 | 6:36 | 9,1 | 00:36:12 | 01:06:05 | 01:06:37 | 174 | |
| 782 | 661 | SKOWRONEK ANNA | KRAKÓW | | Polska | 1981 | K2 | 82 | 6:37 | 9,1 | 00:36:23 | 01:06:10 | 01:06:55 | 175 | |
| 783 | 366 | KRÓLIKOWSKA GABRIELA | KATOWICE | DĄBROWA NORDIC TEAM | Polska | 1958 | K4 | 5 | 6:39 | 9,0 | 00:35:30 | 01:06:28 | 01:06:30 | 176 | |
| 784 | 381 | KUBICZEK DOMINIK | DĄBROWA GÓRNICZA | W POGONI ZA DUCHEM | POLSKA | 1982 | M2 | 271 | 6:39 | 9,0 | 00:36:09 | 01:06:28 | 01:06:53 | 608 | |
| 785 | 601 | PRZYBYLSKA DOROTA | SOSNOWIEC | AKTYWNI | Polska | 1967 | K3 | 37 | 6:41 | 9,0 | 00:37:13 | 01:06:51 | 01:07:25 | 177 | |
| 786 | 161 | FIGURA ANNA | JAWORZNO | | Polska | 1967 | K3 | 38 | 6:41 | 9,0 | 00:37:14 | 01:06:51 | 01:07:26 | 178 | |
| 787 | 565 | PENAR DOMINIK | CZELADŹ | SLOW PENAR POWER ;) | Polska | 1982 | M2 | 272 | 6:43 | 8,9 | 00:36:41 | 01:07:06 | 01:07:35 | 609 | |
| 788 | 845 | WÓJTOWICZ AGNIESZKA | ZABRZE | ISTA BIEGAMY | Polska | 1979 | K2 | 83 | 6:43 | 8,9 | 00:37:28 | 01:07:06 | 01:07:39 | 179 | |
| 789 | 566 | PENAR KAROLINA | CZELADŹ | SLOW PENAR POWER ;) | Polska | 1984 | K2 | 84 | 6:43 | 8,9 | 00:36:41 | 01:07:07 | 01:07:35 | 180 | |
| 790 | 641 | SAMSON KRZYSZTOF | 42-500 | | Polska | 1984 | M2 | 273 | 6:43 | 8,9 | | 01:07:08 | 01:07:54 | 610 | |
| 791 | 576 | PINKAWA AGNIESZKA | KATOWICE | DZIELNE ORZEŁKI | Polska | 1980 | K2 | 85 | 6:44 | 8,9 | 00:38:34 | 01:07:19 | 01:07:59 | 181 | |
| 792 | 749 | SZYMALA DOROTA | KATOWICE | DZIELNE ORZEŁKI | Polska | 1984 | K2 | 86 | 6:44 | 8,9 | 00:38:35 | 01:07:19 | 01:07:59 | 182 | |
| 793 | 19 | SOCHA ARKADIUSZ | SOSNOWIEC | | Polska | 1979 | M2 | 274 | 6:45 | 8,9 | 00:37:52 | 01:07:28 | 01:07:59 | 611 | |
| 794 | 64 | BOYNUINCE MONIKA | SOSNOWIEC | | Polska | 1980 | K2 | 87 | 6:46 | 8,9 | 00:37:16 | 01:07:41 | 01:08:04 | 183 | |
| 795 | 711 | STRUZIK AGATA | SOSNOWIEC | | Polska | 1974 | K3 | 39 | 6:47 | 8,8 | 00:37:16 | 01:07:50 | 01:08:16 | 184 | |
| 796 | 345 | KOTULIŃSKA EWA | SOSNOWIEC | | Polska | 1983 | K2 | 88 | 6:47 | 8,8 | 00:37:16 | 01:07:50 | 01:08:12 | 185 | |
| 797 | 141 | DUDKIEWICZ ANNA | KATOWICE | | Polska | 1981 | K2 | 89 | 6:47 | 8,8 | 00:38:29 | 01:07:51 | 01:08:44 | 186 | |
| 798 | 785 | TYLUTKI TOMASZ | SOSNOWIEC | OSTROWY | Polska | 1976 | M3 | 159 | 6:47 | 8,8 | 00:37:22 | 01:07:51 | 01:08:39 | 612 | |

3. HARPAGAŃSKA DYCHA

Organizator: Stowarzyszenie Harpagan Sosnowiec; MOSiR Sosnowiec; MOS Sosnowiec

Data: 03-04-2016

Dystans: 10km

Miejscowość: Sosnowiec

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | P1 | Czas netto | Czas Brutto | M | K |
|------|---------|----------------------|------------------|----------------------|--------|------------|-----------|------------|--------------|------------|----------|-----------------|-------------|-----|-----|
| 799 | 292 | KASPRZYK WIESŁAW | SOSNOWIEC | | Polska | 1959 | M4 | 51 | 6:48 | 8,8 | 00:36:28 | 01:07:57 | 01:08:36 | 613 | |
| 800 | 888 | ŻURAWIECKI MACIEJ | DĄBROWA GÓRNICZA | | Polska | 1995 | M1 | 106 | 6:51 | 8,8 | 00:38:43 | 01:08:31 | 01:09:36 | 614 | |
| 801 | 167 | FOLTA RENATA | SOSNOWIEC | HARPAGAN SOSNOWIEC | Polska | 1974 | K3 | 40 | 6:52 | 8,7 | | 01:08:40 | 01:09:22 | | 187 |
| 802 | 501 | MUSZYŃSKI ROBERT | SOSNOWIEC | | Polska | 1991 | M1 | 107 | 6:53 | 8,7 | 00:38:30 | 01:08:48 | 01:09:46 | 615 | |
| 803 | 608 | PRZYŁUCKI GRZEGORZ | PRECZÓW | 10 STOPIEŃ ŻASILANIA | Polska | 1968 | M3 | 160 | 6:57 | 8,6 | 00:38:45 | 01:09:31 | 01:10:39 | 616 | |
| 804 | 168 | FORMICKI MICHAŁ | CZELADŹ | | Polska | 1989 | M1 | 108 | 6:57 | 8,6 | 00:37:56 | 01:09:32 | 01:10:31 | 617 | |
| 805 | 129 | DEC TOMASZ | GLIWICE | FUCHS OIL TEAM | Polska | 1974 | M3 | 161 | 7:01 | 8,6 | 00:38:24 | 01:10:06 | 01:10:39 | 618 | |
| 806 | 253 | JANICZEK TADEUSZ | BYTOM-ŁAGIEWNIKI | TKKF MOSIR CZELADŹ | Polska | 1940 | M5 | 22 | 7:02 | 8,5 | | 01:10:18 | 01:11:28 | 619 | |
| 807 | 460 | MAZUR PATRYCJA | SOSNOWIEC | | Polska | 1992 | K1 | 53 | 7:05 | 8,5 | 00:38:45 | 01:10:45 | 01:11:44 | | 188 |
| 808 | 269 | JELIŃSKI MARCIN | SOSNOWIEC | GYM EL TORRO | Polska | 1976 | M3 | 162 | 7:05 | 8,5 | | 01:10:46 | 01:11:59 | 620 | |
| 809 | 212 | GÓRSKI JERZY | SOSNOWIEC | | Polska | 1949 | M5 | 23 | 7:06 | 8,4 | 00:39:12 | 01:11:03 | 01:11:51 | 621 | |
| 810 | 722 | SZCZEPANIK MARTA | SOSNOWIEC | | Polska | 1976 | K3 | 41 | 7:20 | 8,2 | 00:40:05 | 01:13:18 | 01:13:18 | | 189 |
| 811 | 462 | MENTEL AGNIESZKA | SOSNOWIEC | | Polska | 1990 | K1 | 54 | 7:21 | 8,2 | 00:41:45 | 01:13:31 | 01:14:34 | 190 | |
| 812 | 599 | PRAŁAT IRENEUSZ | TYCHY | | Polska | 1974 | M3 | 163 | 7:40 | 7,8 | 00:42:37 | 01:16:41 | 01:17:50 | 622 | |
| 813 | 325 | KOŁOS RENATA | KATOWICE | | Polska | 1984 | K2 | 90 | 7:40 | 7,8 | 00:42:36 | 01:16:42 | 01:17:50 | | 191 |
| 814 | 553 | PASIEKA ANNA | BYTOM | NIGHT RUNNERS | Polska | 1980 | K2 | 91 | 7:43 | 7,8 | 00:42:18 | 01:17:11 | 01:18:10 | | 192 |
| 815 | 760 | ŚWIDERSKI DANIEL | DĄBROWA GÓRNICZA | | Polska | 1982 | M2 | 275 | 7:51 | 7,6 | 00:42:10 | 01:18:26 | 01:19:04 | 623 | |
| 816 | 759 | ŚWIDERSKA MAŁGORZATA | DĄBROWA GÓRNICZA | | Polska | 1979 | K2 | 92 | 7:55 | 7,6 | 00:42:15 | 01:19:06 | 01:19:06 | | 193 |
| 817 | 632 | SKOCZEŃ ALEKSANDRA | SOSNOWIEC | | Polska | 1954 | K5 | 1 | 8:09 | 7,4 | 00:43:20 | 01:21:27 | 01:21:44 | | 194 |
| 818 | 691 | SROKA GRZEGORZ | OLKUSZ | SIARA TEAM | Polska | 1977 | M2 | 276 | 8:18 | 7,2 | 00:46:34 | 01:22:57 | 01:24:10 | 624 | |
| 819 | 690 | SROKA EWA | OLKUSZ | SIARA TEAM | Polska | 1975 | K3 | 42 | 8:18 | 7,2 | 00:46:34 | 01:22:59 | 01:24:11 | | 195 |
| 820 | 692 | SROKA NATALIA | OLKUSZ | SIARA TEAM | Polska | 2000 | K1 | 55 | 8:18 | 7,2 | 00:46:28 | 01:22:59 | 01:24:11 | | 196 |
| 821 | 291 | ORCZYK MAGDALENA | | | Polska | | #N/D! | #N/D! | 8:20 | 7,2 | 00:46:28 | 01:23:22 | 01:24:11 | | 197 |