

II Drezdenecka Dycha

Wyniki OPEN 10km Drezdenko 2016-04-10



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|--|--------|-----|---------|---------|---------------|----------------|--------------|------------|
| 1. | 557 | Tarasiuk Paweł | Poznań | Kaczmar Project | 1984 | M30 | | 1. | 0:15:05 (1.) | 0:30:29 | 03:02 | 0:30:28 |
| 2. | 460 | Jurgiewicz Bartosz | Szczecin | MKL Szczecin | 1990 | M20 | | 2. | 0:15:46 (2.) | 0:32:12 | 03:13 | 0:32:12 |
| 3. | 449 | Łucyk Maciej | Poznań | Maratończyk Poznań / Asics Frontrunner | 1983 | M30 | | 3. | 0:16:21 (3.) | 0:33:32 | 03:21 | 0:33:31 |
| 4. | 471 | Misjan Rafał | Strzelce Krajeńskie | Team Baryła | 1993 | M20 | 1. | 4. | 0:17:04 (6.) | 0:33:56 | 03:23 | 0:33:55 |
| 5. | 497 | Sobkowski Krzysztof | Międzychód | NZ | 1985 | M30 | 1. | 5. | 0:17:04 (4.) | 0:33:56 | 03:23 | 0:33:55 |
| 6. | 51 | Gwóźdź Jacek | Drezdenko | AZS Uniwersytet Przyrodniczy Poznań | 1989 | M20 | 2. | 6. | 0:17:04 (5.) | 0:34:25 | 03:26 | 0:34:24 |
| 7. | 614 | Waszczuk Tomasz | Szczecin | WASZCZUK TEAM | 1980 | M30 | 2. | 7. | 0:17:05 (7.) | 0:34:49 | 03:28 | 0:34:48 |
| 8. | 307 | Hanczarek Dariusz | Gorzów Wlkp. | ZSTiO Gorzów Wlkp. | 1976 | M40 | 1. | 8. | 0:17:09 (8.) | 0:35:04 | 03:30 | 0:35:03 |
| 9. | 378 | Sobczyński Adam | Międzychód | | 1987 | M20 | 3. | 9. | 0:17:32 (9.) | 0:35:32 | 03:33 | 0:35:31 |
| 10. | 475 | Kopciński Łukasz | Osiek nad Notecią | Klub Biegowy TSK Orzeł Osiek | 1992 | M20 | 4. | 10. | 0:18:04 (13.) | 0:35:41 | 03:34 | 0:35:40 |
| 11. | 101 | MAJZLIK PIOTR | DREZDENKO | Salon Fryzjerski Styl Drezdenko | 1982 | M30 | 3. | 11. | 0:17:48 (10.) | 0:36:01 | 03:36 | 0:35:59 |
| 12. | 595 | HELAK KAROL | PECKOWO | Salon fryzjerski styl | 1973 | M40 | 2. | 12. | 0:17:49 (11.) | 0:36:01 | 03:36 | 0:36:00 |
| 13. | 431 | Kuś Adam | Lubiszyn | | 1997 | M16 | 1. | 13. | 0:17:59 (12.) | 0:36:20 | 03:38 | 0:36:17 |
| 14. | 104 | Tomasz Sip | Gorzów Wlkp. | | 1979 | M30 | 4. | 14. | 0:18:20 (17.) | 0:36:49 | 03:40 | 0:36:46 |
| 15. | 456 | Mroczyński Michał | Trzcianka | | 2000 | M16 | 2. | 15. | 0:18:12 (14.) | 0:36:49 | 03:40 | 0:36:41 |
| 16. | 105 | Brudnicki Krzysztof | Gorzów Wlkp. | Biegacze do Żabki | 1978 | M30 | 5. | 16. | 0:18:19 (15.) | 0:36:50 | 03:41 | 0:36:44 |
| 17. | 407 | Sieczkowski Michał | Szczecin | | 1983 | M30 | 6. | 17. | 0:18:32 (18.) | 0:36:56 | 03:41 | 0:36:48 |
| 18. | 302 | Piątkowski | Gorzów | | 1978 | M30 | 7. | 18. | 0:18:20 (16.) | 0:36:58 | 03:41 | 0:36:53 |
| 19. | 476 | Starszak Marcin | Osiek nad Notecią | Klub Biegowy TSK Orzeł Osiek | 1982 | M30 | 8. | 19. | 0:18:39 (28.) | 0:37:00 | 03:42 | 0:36:58 |
| 20. | 32 | Pikula Kamil | Drezdenko | Salon Fryzjerski Styl Drezdenko | 1997 | M16 | 3. | 20. | 0:18:34 (23.) | 0:37:23 | 03:44 | 0:37:21 |
| 21. | 209 | Wawrzyniak Mariusz | Skwierzyna | | 1979 | M30 | 9. | 21. | 0:18:50 (31.) | 0:37:25 | 03:44 | 0:37:17 |
| 22. | 179 | Sopata Patryk | Drezdenko | | 1995 | M20 | 5. | 22. | 0:18:33 (19.) | 0:37:29 | 03:44 | 0:37:23 |
| 23. | 496 | Przybysz Rafał | Gorzów Wlkp. | | 1969 | M40 | 3. | 23. | 0:18:34 (25.) | 0:37:31 | 03:45 | 0:37:27 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|--------------------|--------------------------------------|--------|-----|---------|---------|---------------|----------------|--------------|------------|
| 24. | 648 | Ratajczak Janusz | Drawsko | KB AKTYWNI KRZYŻ WIELKOPOLSKI | 1962 | M50 | 1. | 24. | 0:18:34 (24.) | 0:37:32 | 03:45 | 0:37:29 |
| 25. | 15 | Kaleta Waldemar | Drezdenko | Victaulic Team | 1972 | M40 | 4. | 25. | 0:18:33 (20.) | 0:37:35 | 03:45 | 0:37:32 |
| 26. | 310 | Witczak- Flajszer | Miedzychod | | 1986 | K30 | | 1. | 0:18:52 (33.) | 0:37:36 | 03:45 | 0:37:34 |
| 27. | 61 | Boch Łukasz | Kamiennik | Victaulic Team | 1985 | M30 | 10. | 26. | 0:18:51 (32.) | 0:37:37 | 03:45 | 0:37:35 |
| 28. | 624 | Staniszczak Łukasz | Warzymice | | 1993 | M20 | 6. | 27. | 0:18:38 (27.) | 0:37:40 | 03:46 | 0:37:38 |
| 29. | 591 | Dymek Malwina | Chełst | Team Baryła | 1996 | K20 | | 2. | 0:18:36 (26.) | 0:37:42 | 03:46 | 0:37:41 |
| 30. | 3 | Musiał Adam | Krzyż Wlkp | | 1958 | M50 | 2. | 28. | 0:18:34 (22.) | 0:37:50 | 03:47 | 0:37:48 |
| 31. | 28 | BARYŁA JAROSŁAW | GORZÓW | Team Baryła | 1982 | M30 | 11. | 29. | 0:18:34 (21.) | 0:37:58 | 03:47 | 0:37:54 |
| 32. | 458 | Pluta Grzegorz | Nowe Czarnowo | KB HERMES GRYFINO | 1963 | M50 | 3. | 30. | 0:18:48 (30.) | 0:38:14 | 03:49 | 0:38:12 |
| 33. | 276 | Wróblewski Adam | Wieleń | | 1953 | M60 | 1. | 31. | 0:18:56 (35.) | 0:38:20 | 03:50 | 0:38:18 |
| 34. | 185 | Skwarzyński Jacenty | Gryfino | KB HERMES GRYFINO | 1953 | M60 | 2. | 32. | 0:18:53 (34.) | 0:38:22 | 03:50 | 0:38:19 |
| 35. | 621 | Weron Bartosz | Rzeszów | | 1982 | M30 | 12. | 33. | 0:18:57 (36.) | 0:38:25 | 03:50 | 0:38:20 |
| 36. | 521 | Hofman Dariusz | Wałcz | Google Pro Active Eyewear | 1984 | M30 | 13. | 34. | 0:19:05 (41.) | 0:38:27 | 03:50 | 0:38:20 |
| 37. | 445 | Szukała Adrian | Wronki | Wroniecki Klub Biegacza | 1990 | M20 | 7. | 35. | 0:18:58 (37.) | 0:38:31 | 03:51 | 0:38:15 |
| 38. | 385 | Pietruszyńska Danuta | Międzychód | | 1964 | K50 | | 3. | 0:19:10 (44.) | 0:38:35 | 03:51 | 0:38:32 |
| 39. | 466 | cisowskk kamil | Strzelce kraj. | | 1994 | M20 | 8. | 36. | 0:19:39 (57.) | 0:38:36 | 03:51 | 0:38:23 |
| 40. | 317 | Kolebuk Marek | Trzcianka | Northstar Polska | 1961 | M50 | 4. | 37. | 0:19:04 (40.) | 0:38:38 | 03:51 | 0:38:34 |
| 41. | 213 | WOJEWODA PAWEŁ | WIELEŃ | Brenderup Team | 1979 | M30 | 14. | 38. | 0:18:46 (29.) | 0:38:44 | 03:52 | 0:38:38 |
| 42. | 386 | Pietruszyński Gerard | Międzychód | | 1958 | M50 | 5. | 39. | 0:19:16 (45.) | 0:38:56 | 03:53 | 0:38:53 |
| 43. | 607 | Majewski Artur | Kalisz Pomorski | RunMors Kalisz Pomorski/Nadleśnictwo | 1977 | M30 | 15. | 40. | 0:19:40 (58.) | 0:38:58 | 03:53 | 0:38:53 |
| 44. | 524 | Bezulski Michał | Gorzów Wlkp. | CT Cadet Gorzów | 1971 | M40 | 5. | 41. | 0:19:46 (64.) | 0:39:08 | 03:54 | 0:38:59 |
| 45. | 454 | Głów Tomasz | Szamotuły | | 1970 | M40 | 6. | 42. | 0:19:23 (50.) | 0:39:14 | 03:55 | 0:39:07 |
| 46. | 462 | Rusin Radosław | Poznań | Kuny Noteckie | 1986 | M30 | 16. | 43. | 0:19:44 (62.) | 0:39:19 | 03:55 | 0:39:11 |
| 47. | 250 | Rudziński Jacek | Gryfino | KB HERMES GRYFINO | 1969 | M40 | 7. | 44. | 0:19:06 (42.) | 0:39:22 | 03:56 | 0:39:20 |
| 48. | 120 | Nawojczyk Daniel | Krzyż Wielkopolski | KB AKTYWNI KRZYŻ WIELKOPOLSKI | 1976 | M40 | 8. | 45. | 0:19:35 (54.) | 0:39:24 | 03:56 | 0:39:14 |
| 49. | 284 | Tuta Sławomir | Wieleń | KS Debiut Wieleń | 1985 | M30 | 17. | 46. | 0:19:23 (49.) | 0:39:24 | 03:56 | 0:39:17 |



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|----------|----------|---------------------|----------------|----------------------------------|--------|-----|---------|---------|---------------|----------------|--------------|------------|
| 50. | 472 | Czernicki Damian | Strzelce Kraj. | | 1998 | M16 | 4. | 47. | 0:19:46 (63.) | 0:39:25 | 03:56 | 0:39:24 |
| 51. | 345 | Gapska Rozalia | Pęckowo | | 1998 | K16 | 1. | 4. | 0:19:02 (39.) | 0:39:25 | 03:56 | 0:39:22 |
| 52. | 488 | Sikora Damian | Drezdenko | Morsy Puszczy Noteckiej | 1989 | M20 | 9. | 48. | 0:19:54 (72.) | 0:39:26 | 03:56 | 0:39:23 |
| 53. | 442 | Danielczak Marcin | Międzychód | runners PMI | 1988 | M20 | 10. | 49. | 0:19:41 (59.) | 0:39:26 | 03:56 | 0:39:23 |
| 54. | 304 | Handtke Tomasz | Pruszcz gd | SMURFIT KAPPA ADVENTURE TEAM | 1978 | M30 | 18. | 50. | 0:19:01 (38.) | 0:39:26 | 03:56 | 0:39:14 |
| 55. | 81 | Wiśniewski Sławomir | Drezdenko | FSD RUN DREZDENKO | 1974 | M40 | 9. | 51. | 0:19:55 (75.) | 0:39:28 | 03:56 | 0:39:26 |
| 56. | 214 | BARTOSIK | BARLINEK | ISKRA LUTÓWKO | 1976 | M40 | 10. | 52. | 0:19:53 (71.) | 0:39:34 | 03:57 | 0:39:30 |
| 57. | 142 | Łatuszyński Daniel | Drezdenko | FSD RUN Drezdenko | 1977 | M30 | 19. | 53. | 0:19:18 (46.) | 0:39:36 | 03:57 | 0:39:33 |
| 58. | 31 | Jankowiak Jakub | Gorzów Wlkp. | | 1984 | M30 | 20. | 54. | 0:19:49 (68.) | 0:39:36 | 03:57 | 0:39:25 |
| 59. | 106 | Maryniak Krzysztof | PSZCZEW | | 1968 | M40 | 11. | 55. | 0:19:36 (56.) | 0:39:37 | 03:57 | 0:39:26 |
| 60. | 97 | GORSZKA DAMIAN | Szczecin | Szczecin Biega | 1997 | M16 | 5. | 56. | 0:19:43 (61.) | 0:39:39 | 03:57 | 0:39:35 |
| 61. | 291 | Krawczyk Krzysztof | Bierzwnik | RUNNER'S BIERZWNIK | 1978 | M30 | 21. | 57. | 0:19:21 (48.) | 0:39:39 | 03:57 | 0:39:34 |
| 62. | 388 | Mruszczyk Maciej | Drezdenko | Salon Fryzjerski Styl Drezdenko | 1996 | M20 | 11. | 58. | 0:19:10 (43.) | 0:39:52 | 03:59 | 0:39:51 |
| 63. | 102 | ZATORSKI DARIUSZ | DREZDENKO | Salon Fryzjerski Styl Drezdenko | 1970 | M40 | 12. | 59. | 0:19:29 (53.) | 0:39:52 | 03:59 | 0:39:50 |
| 64. | 581 | Kuchta Piotr | Szczecin | Książąt Pomorskich Team Szczecin | 1988 | M20 | 12. | 60. | 0:19:42 (60.) | 0:39:55 | 03:59 | 0:39:46 |
| 65. | 265 | Nowak Adam | Drezdenko | | 1984 | M30 | 22. | 61. | 0:19:49 (66.) | 0:39:57 | 03:59 | 0:39:48 |
| 66. | 155 | Matusik Janusz | TUCZNO | niezrzeszony | 1955 | M60 | 3. | 62. | 0:19:48 (65.) | 0:40:02 | 04:00 | 0:39:58 |
| 67. | 430 | Polcyn Czesław | Jędrzejewo | KS Debiut Wieleń | 1976 | M40 | 13. | 63. | 0:19:36 (55.) | 0:40:03 | 04:00 | 0:40:02 |
| 68. | 175 | ZEMBIK Grzegorz | Gryfino | KB HERMES GRYFINO | 1967 | M40 | 14. | 64. | 0:19:51 (69.) | 0:40:03 | 04:00 | 0:39:59 |
| 69. | 533 | Kałużny Paweł | Nowa Sól | NOWOSOLSKA GRUPA BIEGOWA | 1978 | M30 | 23. | 65. | 0:20:04 (80.) | 0:40:06 | 04:00 | 0:39:57 |
| 70. | 596 | Wrotecka Katarzyna | Piła | 4RUN TEAM Piła | 1987 | K20 | 1. | 5. | 0:20:12 (86.) | 0:40:07 | 04:00 | 0:40:04 |
| 71. | 124 | Majchrzak Bartosz | Poznań | PKO Bank Polski | 1985 | M30 | 24. | 66. | 0:19:55 (74.) | 0:40:08 | 04:00 | 0:39:56 |
| 72. | 68 | Kapitańczyk Paweł | Poznań | | 1989 | M20 | 13. | 67. | 0:19:21 (47.) | 0:40:11 | 04:01 | 0:40:05 |
| 73. | 359 | Judkowiak Rafał | Pęckowo | Salon Fryzjerski Styl Drezdenko | 1979 | M30 | 25. | 68. | 0:19:27 (52.) | 0:40:13 | 04:01 | 0:40:09 |
| 74. | 292 | Michalik Andrzej | Gorzów Wlkp | BBL Gorzów | 1964 | M50 | 6. | 69. | 0:19:57 (76.) | 0:40:14 | 04:01 | 0:40:03 |
| 75. | 8 | Gajdosz Wojciech | Strzelce Kraj. | | 1989 | M20 | 14. | 70. | 0:20:15 (89.) | 0:40:19 | 04:01 | 0:40:13 |



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|----------|----------|----------------------|---------------------|------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 76. | 140 | Sip Wojciech | Drezdenko | Victaulic Team | 1977 | M30 | 26. | 71. | 0:20:04 (79.) | 0:40:20 | 04:02 | 0:40:16 |
| 77. | 515 | Bukiel Krzysztof | Kostrzyn nad Odrą | MOSiR Kostrzyn nad Odrą | 1961 | M50 | 7. | 72. | 0:20:05 (81.) | 0:40:22 | 04:02 | 0:40:19 |
| 78. | 554 | Wybacz Grzegorz | Gorzów | KOZAK MMA Gorzów Wlkp. | 1978 | M30 | 27. | 73. | 0:20:08 (83.) | 0:40:28 | 04:02 | 0:40:16 |
| 79. | 45 | Dolata Radosław | Drezdenko | | 1977 | M30 | 28. | 74. | 0:20:22 (92.) | 0:40:35 | 04:03 | 0:40:35 |
| 80. | 318 | Węclawiak Jakub | Gorzów | | 1988 | M20 | 15. | 75. | 0:19:24 (51.) | 0:40:36 | 04:03 | 0:40:33 |
| 81. | 589 | Rybarczyk Adam | KRZYŻ | SZKOLAKAJAKOWA.pl | 1981 | M30 | 29. | 76. | 0:20:26 (95.) | 0:40:37 | 04:03 | 0:40:20 |
| 82. | 461 | Rybarczyk Marek | Krzyż Wielkopolski | Kuny Noteckie | 1958 | M50 | 8. | 77. | 0:20:27 (96.) | 0:40:37 | 04:03 | 0:40:21 |
| 83. | 244 | Janukowicz Tomasz | Bierzwnik | RUNNER'S BIERZWNIK | 1987 | M20 | 16. | 78. | 0:19:58 (77.) | 0:40:39 | 04:03 | 0:40:34 |
| 84. | 189 | Świątkowski Grzegorz | strzelce krajeńskie | | 1978 | M30 | 30. | 79. | 0:20:35 (101.) | 0:40:41 | 04:04 | 0:40:31 |
| 85. | 48 | Furmaniak Krzysztof | Strzelce Krajeńskie | | 1975 | M40 | 15. | 80. | 0:19:49 (67.) | 0:40:46 | 04:04 | 0:40:38 |
| 86. | 42 | Korzeniewski | Gorzów | REHAKompleks | 1975 | M40 | 16. | 81. | 0:20:43 (106.) | 0:40:49 | 04:04 | 0:40:42 |
| 87. | 136 | Dawiskiba Krzysztof | Drezdenko | FSD RUN | 1983 | M30 | 31. | 82. | 0:20:05 (82.) | 0:40:51 | 04:05 | 0:40:49 |
| 88. | 517 | Rycielski Mariusz | Nowa Sól | | 1976 | M40 | 17. | 83. | 0:20:20 (90.) | 0:41:04 | 04:06 | 0:40:31 |
| 89. | 204 | Kurzawski Piotr | Poznań | Grotów Runners Club | 1981 | M30 | 32. | 84. | 0:20:20 (91.) | 0:41:05 | 04:06 | 0:40:46 |
| 90. | 201 | Berg Paweł | Wieleń | Brenderup Team | 1980 | M30 | 33. | 85. | 0:20:36 (102.) | 0:41:06 | 04:06 | 0:40:58 |
| 91. | 464 | Strzelczyk Krzysztof | Karsko | Track Driver Running | 1977 | M30 | 34. | 86. | 0:20:29 (98.) | 0:41:09 | 04:06 | 0:41:05 |
| 92. | 222 | TECLAW DANIEL | Strzelce Krajeńskie | Nietoperz Gardzko | 1979 | M30 | 35. | 87. | 0:20:38 (103.) | 0:41:11 | 04:07 | 0:41:05 |
| 93. | 98 | Wawrzyniak Paweł | Śrem | Mamy-Biegamy | 1981 | M30 | 36. | 88. | 0:20:14 (88.) | 0:41:15 | 04:07 | 0:41:06 |
| 94. | 433 | Urban Marcin | Wronki | Wroniecki Klub Biegacza | 1985 | M30 | 37. | 89. | 0:20:28 (97.) | 0:41:17 | 04:07 | 0:41:03 |
| 95. | 468 | Pikuła Sebastian | Gorzów | | 1982 | M30 | 38. | 90. | 0:21:02 (121.) | 0:41:21 | 04:08 | 0:41:17 |
| 96. | 239 | Perłakowski Karol | Bierzwnik | RUNNER'S BIERZWNIK | 1990 | M20 | 17. | 91. | 0:20:10 (85.) | 0:41:26 | 04:08 | 0:41:20 |
| 97. | 144 | JĘDRYCZKO | DREZDENKO | Leśnik Rąpin | 1989 | M20 | 18. | 92. | 0:20:25 (93.) | 0:41:27 | 04:08 | 0:40:56 |
| 98. | 55 | Mądry Bartłomiej | Gorzów | Biegacze do Żabki | 1978 | M30 | 39. | 93. | 0:20:43 (107.) | 0:41:28 | 04:08 | 0:41:22 |
| 99. | 131 | Prędko Robert | Drezdenko | FSD RUN | 1971 | M40 | 18. | 94. | 0:19:52 (70.) | 0:41:31 | 04:09 | 0:41:26 |
| 100. | 435 | Roszak Bartosz | Wronki | Wroniecki Klub Biegacza | 1983 | M30 | 40. | 95. | 0:20:14 (87.) | 0:41:33 | 04:09 | 0:41:19 |
| 101. | 24 | Piczak Łukasz | Stare Kurowo | SMURFIT KAPPA ADVENTURE TEAM | 1992 | M20 | 19. | 96. | 0:20:01 (78.) | 0:41:36 | 04:09 | 0:41:33 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-----------------------|---------------------|-------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 102. | 390 | Rosiński Marcin | Sulęcín | | 1979 | M30 | 41. | 97. | 0:21:04 (124.) | 0:41:39 | 04:09 | 0:41:25 |
| 103. | 71 | Con Lesław | Drezdenko | | 1965 | M50 | 9. | 98. | 0:19:55 (73.) | 0:41:39 | 04:09 | 0:41:26 |
| 104. | 325 | Chełkowski Bartosz | Sieraków | Cross Sieraków | 1989 | M20 | 20. | 99. | 0:20:52 (113.) | 0:41:45 | 04:10 | 0:41:15 |
| 105. | 207 | Dolata Piotr | Drezdenko | | 1988 | M20 | 21. | 100. | 0:20:48 (111.) | 0:41:47 | 04:10 | 0:41:43 |
| 106. | 266 | Witkowski Jarek | Pozna | CityZen/Lubuszanin | 1970 | M40 | 19. | 101. | 0:21:04 (127.) | 0:41:54 | 04:11 | 0:41:38 |
| 107. | 526 | Suduł Jarek | Gorzów Wlkp | | 1972 | M40 | 20. | 102. | 0:20:45 (108.) | 0:41:56 | 04:11 | 0:41:38 |
| 108. | 578 | Wawrzyniak Jakub | Poznań | | 1985 | M30 | 42. | 103. | 0:21:16 (136.) | 0:41:58 | 04:11 | 0:41:19 |
| 109. | 299 | Rajewicz Krzysztof | Puszczkowo | 31 BAZA LOTNICTWA TAKTYCZNEGO | 1974 | M40 | 21. | 104. | 0:21:04 (125.) | 0:41:59 | 04:11 | 0:41:46 |
| 110. | 199 | Jabłoński Michał | Drezdenko | URAN TRZEBICZ | 1989 | M20 | 22. | 105. | 0:20:09 (84.) | 0:42:03 | 04:12 | 0:41:35 |
| 111. | 158 | Kukotko Rafał | Tarnowo Podgórne | Lubuszanin Drezdenko | 1974 | M40 | 22. | 106. | 0:20:47 (110.) | 0:42:06 | 04:12 | 0:41:50 |
| 112. | 66 | Berliński Andrzej | Drezdenko | Victaulic Team | 1987 | M20 | 23. | 107. | 0:20:46 (109.) | 0:42:07 | 04:12 | 0:41:57 |
| 113. | 547 | Kotlenga Damian | Skwierzyna | | 1981 | M30 | 43. | 108. | 0:21:21 (142.) | 0:42:08 | 04:12 | 0:41:57 |
| 114. | 474 | Raksa Mateusz | Drezdenko | | 1989 | M20 | 24. | 109. | 0:20:51 (112.) | 0:42:09 | 04:12 | 0:41:49 |
| 115. | 46 | WITCZUK MACIEJ | DREZDENKO | FSD RUN DREZDENKO | 1980 | M30 | 44. | 110. | 0:20:54 (115.) | 0:42:13 | 04:13 | 0:42:00 |
| 116. | 580 | samotyja pawel | nowa sol | NOWOSOLSKA GRUPA BIEGOWA | 1976 | M40 | 23. | 111. | 0:21:06 (130.) | 0:42:13 | 04:13 | 0:42:03 |
| 117. | 43 | Rybarczyk Michał | Gorzów | | 1978 | M30 | 45. | 112. | 0:20:26 (94.) | 0:42:17 | 04:13 | 0:42:08 |
| 118. | 162 | Stechnij Krzysztof | Gorzów | | 1984 | M30 | 46. | 113. | 0:20:56 (117.) | 0:42:19 | 04:13 | 0:42:08 |
| 119. | 248 | Dyliński Bartosz | Strzelce Krajeńskie | | 1984 | M30 | 47. | 114. | 0:20:55 (116.) | 0:42:20 | 04:14 | 0:42:15 |
| 120. | 169 | Suśniło Tomasz | Drezdenko | Victaulic Team | 1980 | M30 | 48. | 115. | 0:21:01 (120.) | 0:42:21 | 04:14 | 0:42:21 |
| 121. | 418 | Babiszkiewicz Mikołaj | Gorzów WLKP | Team Szpital Drezdenko | 1977 | M30 | 49. | 116. | 0:20:59 (118.) | 0:42:21 | 04:14 | 0:42:13 |
| 122. | 483 | Perz Emilia | Nowy Tomyśl | | 1990 | K20 | 2. | 6. | 0:20:59 (119.) | 0:42:23 | 04:14 | 0:42:08 |
| 123. | 88 | Wygralak Piotr | Poznań | Team ASA - Biegiem po Zdrowie | 1986 | M30 | 50. | 117. | 0:20:52 (114.) | 0:42:27 | 04:14 | 0:42:18 |
| 124. | 63 | Mizgajski Krzysztof | Łowycín | | 1988 | M20 | 25. | 118. | 0:21:13 (134.) | 0:42:29 | 04:14 | 0:42:02 |
| 125. | 356 | Maćkowiak Maciej | Drezdenko | | 1992 | M20 | 26. | 119. | 0:20:39 (104.) | 0:42:32 | 04:15 | 0:42:09 |
| 126. | 215 | Ficner Iwona | Stare Kurowo | Kettlebell Fitness Team | 1975 | K40 | 1. | 7. | 0:21:05 (128.) | 0:42:33 | 04:15 | 0:42:25 |
| 127. | 174 | Kotlarek Dawid | Zielona Góra | Vege Runners | 1978 | M30 | 51. | 120. | 0:20:41 (105.) | 0:42:39 | 04:15 | 0:42:29 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|--------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 128. | 18 | Kłysz Maurycy | Przyprostynia | | 1986 | M30 | 52. | 121. | 0:20:29 (100.) | 0:42:41 | 04:16 | 0:42:38 |
| 129. | 582 | POHOLSKI PAWEŁ | DREZDENKO | | 1992 | M20 | 27. | 122. | 0:21:08 (131.) | 0:42:43 | 04:16 | 0:42:32 |
| 130. | 507 | Kurlej Mariusz | Gryfino | KB HERMES GRYFINO | 1968 | M40 | 24. | 123. | 0:21:43 (153.) | 0:42:46 | 04:16 | 0:42:27 |
| 131. | 25 | Odwrot Mariusz | Drezdenko | | 1978 | M30 | 53. | 124. | 0:20:29 (99.) | 0:42:49 | 04:16 | 0:42:45 |
| 132. | 485 | Sworobowicz Paweł | Szczecin | Fizjobiegacze Szczecin | 1985 | M30 | 54. | 125. | 0:21:30 (148.) | 0:42:53 | 04:17 | 0:42:40 |
| 133. | 424 | Kurzawa Jaroslaw | Bierzwnik | brak klubu | 1988 | M20 | 28. | 126. | 0:21:11 (133.) | 0:42:54 | 04:17 | 0:42:48 |
| 134. | 182 | Mucha Robert | Drezdenko | | 1969 | M40 | 25. | 127. | 0:21:04 (126.) | 0:42:56 | 04:17 | 0:42:43 |
| 135. | 392 | Kandziorra Marek | Poznań | Głogowska Squad | 1986 | M30 | 55. | 128. | 0:21:19 (141.) | 0:42:58 | 04:17 | 0:42:50 |
| 136. | 402 | Pensiek Bartosz | Drezdenko | | 1987 | M20 | 29. | 129. | 0:21:18 (138.) | 0:42:58 | 04:17 | 0:42:34 |
| 137. | 113 | KURZAWSKI | SKWIERZYNA | | 1981 | M30 | 56. | 130. | 0:21:22 (143.) | 0:43:01 | 04:18 | 0:42:50 |
| 138. | 170 | Suśniło Natalia | Drezdenko | AZS AWF Gorzów Wlkp. | 2000 | K16 | 2. | 8. | 0:21:51 (161.) | 0:43:02 | 04:18 | 0:42:53 |
| 139. | 432 | Sioma Konrad | Rokietnica | Rokietnica Biega | 1983 | M30 | 57. | 131. | 0:21:24 (144.) | 0:43:02 | 04:18 | 0:42:43 |
| 140. | 234 | Kollmann Marcin | Czarnków | | 1974 | M40 | 26. | 132. | 0:21:29 (147.) | 0:43:03 | 04:18 | 0:42:38 |
| 141. | 532 | Zimny Bartosz | Dobrzyca | Głogowska Squad | 1990 | M20 | 30. | 133. | 0:21:19 (140.) | 0:43:06 | 04:18 | 0:42:58 |
| 142. | 363 | Rutnicki-Szymczak | Międzychód | UKS WILKI MIĘDZYCHÓD | 1971 | M40 | 27. | 134. | 0:21:02 (122.) | 0:43:11 | 04:19 | 0:43:01 |
| 143. | 167 | Łastowski Dominik | Drezdenko | Lubuszanin Drezdenko | 1974 | M40 | 28. | 135. | 0:21:03 (123.) | 0:43:15 | 04:19 | 0:42:58 |
| 144. | 608 | Kozłowski Arkadiusz | Krosno Odrzańskie | | 1988 | M20 | 31. | 136. | 0:21:08 (132.) | 0:43:17 | 04:19 | 0:43:02 |
| 145. | 300 | Telus Wincenty | Strzelce Kraj. | | 1960 | M50 | 10. | 137. | 0:21:19 (139.) | 0:43:18 | 04:19 | 0:43:01 |
| 146. | 510 | Sip Kamil | Siedlec | Votum S.A.-Odszkodowania | 2000 | M16 | 6. | 138. | 0:21:24 (145.) | 0:43:19 | 04:19 | 0:43:19 |
| 147. | 459 | Witkowski Rafał | Drezdenko | SPWŁąd Poznań | 1977 | M30 | 58. | 139. | 0:21:18 (137.) | 0:43:20 | 04:20 | 0:42:52 |
| 148. | 121 | Fotek Tomasz | Drezdenko | Victaulic Team | 1982 | M30 | 59. | 140. | 0:21:51 (162.) | 0:43:21 | 04:20 | 0:43:19 |
| 149. | 123 | Fotek Aneta | Drezdenko | | 1985 | K30 | 1. | 9. | 0:21:50 (159.) | 0:43:22 | 04:20 | 0:43:19 |
| 150. | 16 | Gajdosz Piotr | Strzelce Kraj. | | 1996 | M20 | 32. | 141. | 0:22:42 (217.) | 0:43:25 | 04:20 | 0:42:59 |
| 151. | 499 | Czyrniański Jarosław | Strzelce Krajeńskie | | 1979 | M30 | 60. | 142. | 0:22:06 (176.) | 0:43:27 | 04:20 | 0:43:14 |
| 152. | 230 | Poszadel Tomasz | Dobiegniew | | 1983 | M30 | 61. | 143. | 0:21:16 (135.) | 0:43:29 | 04:20 | 0:42:38 |
| 153. | 27 | Zajączkowski Piotr | Gorzów Wlkp | | 1972 | M40 | 29. | 144. | 0:21:37 (150.) | 0:43:32 | 04:21 | 0:43:19 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|-----------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 154. | 444 | Zajączkowski Kacper | Gorzów Wlkp | Syberian Husky Team | 1999 | M16 | 7. | 145. | 0:21:28 (146.) | 0:43:32 | 04:21 | 0:43:01 |
| 155. | 354 | Nowak Dariusz | Drezdenko | | 1983 | M30 | 62. | 146. | 0:22:20 (191.) | 0:43:35 | 04:21 | 0:43:04 |
| 156. | 20 | Kolanowski Mikołaj | Międzychód | PMI RUNNERS | 1983 | M30 | 63. | 147. | 0:21:49 (157.) | 0:43:42 | 04:22 | 0:43:27 |
| 157. | 631 | Koza Eugeniusz | Drawski Młyn | Klub Biegacza Aktywni Krzyż | 1967 | M40 | 30. | 148. | 0:22:23 (196.) | 0:43:46 | 04:22 | 0:43:24 |
| 158. | 489 | Sikora Sławomir | Drezdenko | Morsy Puszczy Noteckiej | 1976 | M40 | 31. | 149. | 0:21:56 (169.) | 0:43:53 | 04:23 | 0:43:36 |
| 159. | 308 | Szmyt Dawid | Drezdenko | | 1995 | M20 | 33. | 150. | 0:21:42 (152.) | 0:43:54 | 04:23 | 0:43:49 |
| 160. | 254 | Brzóska Eugeniusz | Gryfino | KB HERMES GRYFINO | 1959 | M50 | 11. | 151. | 0:21:55 (167.) | 0:43:59 | 04:23 | 0:43:40 |
| 161. | 613 | Chmielowiec | Szczecin | SZCZECIN | 1960 | M50 | 12. | 152. | 0:21:44 (154.) | 0:44:01 | 04:24 | 0:43:52 |
| 162. | 243 | Skakun Michał | Międzychód | PMI RUNNERS | 1998 | M16 | 8. | 153. | 0:21:55 (165.) | 0:44:02 | 04:24 | 0:43:39 |
| 163. | 238 | Kowal Wojciech | Drezdenko | | 1972 | M40 | 32. | 154. | 0:22:04 (172.) | 0:44:03 | 04:24 | 0:43:51 |
| 164. | 518 | Kucharski Jacek | Niegosław | Lubuski Pluton OT | 1978 | M30 | 64. | 155. | 0:21:05 (129.) | 0:44:03 | 04:24 | 0:43:43 |
| 165. | 355 | Woźniak Daniel | Strzelce Kraj. | | 1978 | M30 | 65. | 156. | 0:21:58 (171.) | 0:44:10 | 04:25 | 0:43:44 |
| 166. | 505 | Danielczak Łukasz | Międzychód | | 1992 | M20 | 34. | 157. | 0:22:34 (208.) | 0:44:12 | 04:25 | 0:44:05 |
| 167. | 205 | DROZD WOJCIECH | DREZDENKO | | 1990 | M20 | 35. | 158. | 0:22:14 (186.) | 0:44:14 | 04:25 | 0:43:48 |
| 168. | 594 | Perz Marzenna | Bukowiec | NKB CHYŻY Nowy Tomyśl | 1968 | K40 | 2. | 10. | 0:22:08 (178.) | 0:44:14 | 04:25 | 0:43:59 |
| 169. | 78 | Kristel Piotr | Strzelce Krajeńskie | KB Pento | 1978 | M30 | 66. | 159. | 0:21:55 (166.) | 0:44:15 | 04:25 | 0:43:57 |
| 170. | 451 | Mądrzak Bogumił | Rudnica | Rudnica | 1954 | M60 | 4. | 160. | 0:21:48 (156.) | 0:44:21 | 04:26 | 0:44:19 |
| 171. | 361 | Onichimowski Kamil | DREZDENKO | REFEREE | 1996 | M20 | 36. | 161. | 0:22:05 (174.) | 0:44:21 | 04:26 | 0:44:05 |
| 172. | 516 | Kaczmarek Paulina | Świebodzin | | 1995 | K20 | 3. | 11. | 0:21:52 (163.) | 0:44:23 | 04:26 | 0:44:21 |
| 173. | 331 | Chmielewski Leszek | Poznań | Fabryka Formy Green Point | 1982 | M30 | 67. | 162. | 0:21:45 (155.) | 0:44:31 | 04:27 | 0:44:12 |
| 174. | 161 | Galina Marcin | Dobiegiew | | 1977 | M30 | 68. | 163. | 0:21:57 (170.) | 0:44:33 | 04:27 | 0:44:23 |
| 175. | 160 | Galina Kasia | Dobiegiew | | 1979 | K30 | 2. | 12. | 0:21:32 (149.) | 0:44:33 | 04:27 | 0:44:24 |
| 176. | 610 | Nowak Anna | Gorzow wielkopolski | | 1987 | K20 | 4. | 13. | 0:22:21 (192.) | 0:44:34 | 04:27 | 0:44:22 |
| 177. | 597 | Wilk Daniel | Krzyż | | 1972 | M40 | 33. | 164. | 0:22:32 (206.) | 0:44:35 | 04:27 | 0:44:26 |
| 178. | 285 | Urbanowicz Jacek | Gorzów Wlkp | LP | 1979 | M30 | 69. | 165. | 0:22:09 (180.) | 0:44:36 | 04:27 | 0:44:15 |
| 179. | 115 | Piekutowski Ireneusz | Drezdenko | FSD RUN DREZDENKO | 1993 | M20 | 37. | 166. | 0:21:53 (164.) | 0:44:37 | 04:27 | 0:44:17 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|---------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 180. | 58 | Majorek Krzysztof | Międzychód | | 1981 | M30 | 70. | 167. | 0:22:04 (173.) | 0:44:39 | 04:27 | 0:44:23 |
| 181. | 332 | Chmielewska Oktawia | Poznań | Fabryka Formy Green Point | 1986 | K30 | 3. | 14. | 0:22:09 (179.) | 0:44:40 | 04:28 | 0:44:23 |
| 182. | 89 | Dawiskba Artur | Drezdenko | FSD RUN DREZDENKO | 1976 | M40 | 34. | 168. | 0:21:55 (168.) | 0:44:43 | 04:28 | 0:44:27 |
| 183. | 609 | Burda Rafał | Słupca | | 1988 | M20 | 38. | 169. | 0:22:22 (195.) | 0:44:45 | 04:28 | 0:44:30 |
| 184. | 544 | Wierzbicka Maja | Zielona Góra | ZLKL Zielona Góra | 1999 | K16 | 3. | 15. | 0:21:51 (160.) | 0:44:48 | 04:28 | 0:44:38 |
| 185. | 225 | Zalewski Mariusz | Strzelce Krajeńskie | | 1969 | M40 | 35. | 170. | 0:22:12 (184.) | 0:44:48 | 04:28 | 0:44:35 |
| 186. | 630 | Karska Joanna | Gorzów | | 1979 | K30 | 4. | 16. | 0:22:22 (194.) | 0:44:49 | 04:28 | 0:44:38 |
| 187. | 187 | Kaczmarek Michał | Drezdenko | | 1989 | M20 | 39. | 171. | 0:22:05 (175.) | 0:44:51 | 04:29 | 0:44:44 |
| 188. | 478 | Szuca Agata | Strzelce Krajeńskie | KB Pento Strzelce Krajeńskie | 1993 | K20 | 5. | 17. | 0:22:43 (218.) | 0:44:52 | 04:29 | 0:44:46 |
| 189. | 128 | Majłowski Aleksander | Gorzów Wlkp. | | 1950 | M60 | 5. | 172. | 0:22:14 (185.) | 0:44:54 | 04:29 | 0:44:41 |
| 190. | 110 | Zagdan Michał | Drezdenko | SMURFIT KAPPA ADVENTURE TEAM | 1987 | M20 | 40. | 173. | 0:22:41 (216.) | 0:44:57 | 04:29 | 0:44:35 |
| 191. | 412 | Ciężkowski Radosław | Drezdenko | Team Szpital Drezdenko | 1986 | M30 | 71. | 174. | 0:21:40 (151.) | 0:44:59 | 04:29 | 0:44:35 |
| 192. | 14 | Drzewiecki Łukasz | Drezdenko | Autoluk | 1987 | M20 | 41. | 175. | 0:22:19 (190.) | 0:45:02 | 04:30 | 0:44:58 |
| 193. | 539 | Bartosz Marcin | Barlinek | KRAJ-ZEGA BARLINEK | 1977 | M30 | 72. | 176. | 0:22:24 (199.) | 0:45:06 | 04:30 | 0:44:59 |
| 194. | 80 | Wróblewski Krzysztof | Międzychód | Runnings PMI | 1964 | M50 | 13. | 177. | 0:21:49 (158.) | 0:45:07 | 04:30 | 0:44:51 |
| 195. | 10 | Czekalski Tomasz | Chojna | | 1980 | M30 | 73. | 178. | 0:22:16 (188.) | 0:45:10 | 04:31 | 0:44:57 |
| 196. | 371 | Kłos Arkadiusz | Szczecin | | 1981 | M30 | 74. | 179. | 0:22:23 (197.) | 0:45:16 | 04:31 | 0:44:49 |
| 197. | 504 | Białoszyński Robert | poznań | 31 BLT | 1971 | M40 | 36. | 180. | 0:22:47 (219.) | 0:45:18 | 04:31 | 0:45:05 |
| 198. | 556 | Roszak Karol | Drezdenko | | 2000 | M16 | 9. | 181. | 0:22:54 (224.) | 0:45:19 | 04:31 | 0:45:10 |
| 199. | 523 | Gumny Damian | Drezdenko | | 2000 | M16 | 10. | 182. | 0:22:54 (225.) | 0:45:19 | 04:31 | 0:45:11 |
| 200. | 419 | Dziobiak Sławomir | Gorzów WLKP | Team Szpital Drezdenko | 1977 | M30 | 75. | 183. | 0:22:26 (202.) | 0:45:22 | 04:32 | 0:45:17 |
| 201. | 59 | PAWLAK HENRYK | STRZELCE | | 1962 | M50 | 14. | 184. | 0:22:16 (187.) | 0:45:23 | 04:32 | 0:45:16 |
| 202. | 232 | Leszczak-Phong | Poznań | Brenderup Team | 1983 | M30 | 76. | 185. | 0:22:37 (211.) | 0:45:25 | 04:32 | 0:45:17 |
| 203. | 434 | Bodys Marek | Gryfino | KB HERMES GRYFINO | 1981 | M30 | 77. | 186. | 0:22:16 (189.) | 0:45:30 | 04:33 | 0:45:25 |
| 204. | 242 | Jakóbczyk Arkadiusz | Międzychód | PMI RUNNERS | 1993 | M20 | 42. | 187. | 0:22:25 (201.) | 0:45:33 | 04:33 | 0:45:09 |
| 205. | 598 | DYMEK URSZULA | Pęckowo | Salon Fryzjerski Styl Drezdenko | 1980 | K30 | 5. | 18. | 0:22:09 (181.) | 0:45:35 | 04:33 | 0:45:32 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 206. | 535 | Mazurek Karol | Drezdenko | K.S. NIERDZEWNI | 1992 | M20 | 43. | 188. | 0:23:31 (266.) | 0:45:37 | 04:33 | 0:45:06 |
| 207. | 467 | Kasperska Barbara | Gorzów Wlkp. | BBL Gorzów | 1978 | K30 | 6. | 19. | 0:23:00 (230.) | 0:45:39 | 04:33 | 0:45:19 |
| 208. | 193 | Franaszczyk Marcin | Sieraków | | 1975 | M40 | 37. | 189. | 0:22:26 (203.) | 0:45:40 | 04:34 | 0:45:07 |
| 209. | 406 | Iwański Łukasz | Dobiegniew | Borsuk Runners Team | 1986 | M30 | 78. | 190. | 0:22:09 (182.) | 0:45:43 | 04:34 | 0:45:28 |
| 210. | 119 | Ziółkowska Karolina | Bobrówko | | 1995 | K20 | 6. | 20. | 0:22:22 (193.) | 0:45:44 | 04:34 | 0:45:42 |
| 211. | 240 | Przybył Piotr | Strzelce Krajeńskie | | 1987 | M20 | 44. | 191. | 0:22:40 (215.) | 0:45:46 | 04:34 | 0:45:34 |
| 212. | 1 | Graś Tomasz | Drezdenko | Morsy Puszczy Noteckiej | 1976 | M40 | 38. | 192. | 0:22:51 (222.) | 0:45:50 | 04:35 | 0:45:19 |
| 213. | 152 | Jerzy Jarosław | Niegosław | FSD RUN | 1973 | M40 | 39. | 193. | 0:23:02 (234.) | 0:45:50 | 04:35 | 0:45:28 |
| 214. | 93 | Piasecki Leszek | Drezdenko | FSD RUN DREZDENKO | 1977 | M30 | 79. | 194. | 0:23:02 (233.) | 0:45:52 | 04:35 | 0:45:29 |
| 215. | 452 | Mirek Rafał | Wronki | Wronki | 1977 | M30 | 80. | 195. | 0:22:54 (227.) | 0:45:53 | 04:35 | 0:45:38 |
| 216. | 52 | Doktor Mateusz | drezdenko | Leśnik Rąpin | 1985 | M30 | 81. | 196. | 0:24:04 (303.) | 0:45:57 | 04:35 | 0:45:27 |
| 217. | 309 | Królak Marek | Strzelce Kraj | | 1974 | M40 | 40. | 197. | 0:22:59 (229.) | 0:45:57 | 04:35 | 0:45:43 |
| 218. | 149 | Stołowski Robert | Wieień | | 1976 | M40 | 41. | 198. | 0:22:35 (210.) | 0:46:05 | 04:36 | 0:45:57 |
| 219. | 401 | Witek Sebastian | Lubin | | 1976 | M40 | 42. | 199. | 0:22:57 (228.) | 0:46:06 | 04:36 | 0:45:48 |
| 220. | 446 | Żminkowski Jarosław | Gorzów Wlkp. | Zawarcie | 1969 | M40 | 43. | 200. | 0:22:24 (198.) | 0:46:10 | 04:37 | 0:45:52 |
| 221. | 604 | Markiewicz Filip | Międzychód | | 1983 | M30 | 82. | 201. | 0:22:27 (204.) | 0:46:10 | 04:37 | 0:45:47 |
| 222. | 177 | Głazer Anna | Czarnków | Czarnków | 1969 | K40 | 3. | 21. | 0:23:11 (247.) | 0:46:15 | 04:37 | 0:46:09 |
| 223. | 258 | Pruszanow Marcin | Gryfino | KB HERMES | 1976 | M40 | 44. | 202. | 0:22:40 (213.) | 0:46:15 | 04:37 | 0:45:56 |
| 224. | 221 | PAROŃ NORBERT | WRONKI | Wroniecki Klub Biegacza | 1981 | M30 | 83. | 203. | 0:22:54 (226.) | 0:46:17 | 04:37 | 0:46:02 |
| 225. | 427 | Gierczak Tomasz | Gorzów Wlkp. | | 1976 | M40 | 45. | 204. | 0:23:44 (282.) | 0:46:17 | 04:37 | 0:45:58 |
| 226. | 564 | Balicki Szymon | Drezdenko | | 1999 | M16 | 11. | 205. | 0:23:48 (284.) | 0:46:18 | 04:37 | 0:46:15 |
| 227. | 588 | Buśko Maciej | Międzychód | | 1972 | M40 | 46. | 206. | 0:23:18 (255.) | 0:46:19 | 04:37 | 0:45:58 |
| 228. | 649 | Gałązkiewicz Marian | Bytom Odrz | | 1956 | M60 | 6. | 207. | 0:22:40 (214.) | 0:46:20 | 04:38 | 0:46:17 |
| 229. | 29 | Mądrowski Rafał | Drezdenko | Victaulic Team | 1976 | M40 | 47. | 208. | 0:22:07 (177.) | 0:46:21 | 04:38 | 0:46:06 |
| 230. | 572 | Chrząszcz Andrzej | Kostrzyn nad Odrą | | 1975 | M40 | 48. | 209. | 0:23:07 (240.) | 0:46:25 | 04:38 | 0:46:13 |
| 231. | 297 | Rutkowski Wojtek | Grabiny Zameczek | SMURFIT KAPPA ADVENTURE TEAM | 1972 | M40 | 49. | 210. | 0:23:27 (261.) | 0:46:27 | 04:38 | 0:46:14 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|--------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 232. | 623 | Sura Kamil | Gorzów Wlkp | | 1976 | M40 | 50. | 211. | 0:22:50 (221.) | 0:46:30 | 04:39 | 0:46:09 |
| 233. | 443 | Chyba Hubert | Drezdenko | | 1996 | M20 | 45. | 212. | 0:23:25 (260.) | 0:46:30 | 04:39 | 0:46:15 |
| 234. | 500 | Klaus Rafał | Gorzów Wlkp. | Gorzowskie Bieganie Czwartkowe | 1962 | M50 | 15. | 213. | 0:23:10 (246.) | 0:46:31 | 04:39 | 0:46:26 |
| 235. | 508 | Wiśniewski Rafał | Międzychód | | 1971 | M40 | 51. | 214. | 0:23:17 (253.) | 0:46:33 | 04:39 | 0:46:09 |
| 236. | 73 | Szydełko Janusz | Gorzów | | 1971 | M40 | 52. | 215. | 0:22:30 (205.) | 0:46:36 | 04:39 | 0:46:33 |
| 237. | 408 | Maziejuk Sylwester | Międzyrzecz | | 1982 | M30 | 84. | 216. | 0:23:16 (252.) | 0:46:40 | 04:40 | 0:46:19 |
| 238. | 245 | Witkowski Krzysztof | Krzyż | | 1986 | M30 | 85. | 217. | 0:23:02 (235.) | 0:46:40 | 04:40 | 0:46:19 |
| 239. | 218 | Czerniawski Lech | Gorzów Wlkp. | KROKodile gorzów | 1989 | M20 | 46. | 218. | 0:23:01 (232.) | 0:46:43 | 04:40 | 0:46:23 |
| 240. | 395 | Skrzypczak Dariusz | Drezdenko | | 1978 | M30 | 86. | 219. | 0:22:52 (223.) | 0:46:43 | 04:40 | 0:46:13 |
| 241. | 327 | Duda Monika | Szczecin | RAZ Szczecin | 1978 | K30 | 7. | 22. | 0:23:03 (236.) | 0:46:48 | 04:40 | 0:46:31 |
| 242. | 509 | Sip Sebastian | Siedlec | Votum S.A.-Odszkodowania | 1974 | M40 | 53. | 220. | 0:23:09 (242.) | 0:46:50 | 04:41 | 0:46:47 |
| 243. | 577 | Sip Karolina | Siedlec | Votum S.A.-Odszkodowania | 1977 | K30 | 8. | 23. | 0:23:09 (243.) | 0:46:50 | 04:41 | 0:46:47 |
| 244. | 143 | Nowak Dariusz | Międzychód | KB Międzychód | 1973 | M40 | 54. | 221. | 0:23:32 (268.) | 0:46:52 | 04:41 | 0:46:23 |
| 245. | 95 | wróblewski tomasz | Drezdenko | | 1981 | M30 | 87. | 222. | 0:22:34 (209.) | 0:46:52 | 04:41 | 0:46:33 |
| 246. | 570 | Pupel Roksana | Drezdenko | | 1995 | K20 | 7. | 24. | 0:22:24 (200.) | 0:46:53 | 04:41 | 0:46:51 |
| 247. | 405 | Ciećwierz Mateusz | Dobiegniew | Borsuk Runners Team | 1995 | M20 | 47. | 223. | 0:22:10 (183.) | 0:46:53 | 04:41 | 0:46:39 |
| 248. | 429 | Zaremba Sylwester | Poznań | endoholics | 1981 | M30 | 88. | 224. | 0:23:38 (274.) | 0:46:54 | 04:41 | 0:46:32 |
| 249. | 294 | Szarek Rafał | Pruszcz Gd. | SMURFIT KAPPA ADVENTURE TEAM | 1976 | M40 | 55. | 225. | 0:23:05 (238.) | 0:46:54 | 04:41 | 0:46:42 |
| 250. | 301 | RZYWUCKA | Piła | 4RUN TEAM Piła | 1977 | K30 | 9. | 25. | 0:23:11 (248.) | 0:46:56 | 04:41 | 0:46:50 |
| 251. | 151 | Matysiak Rafał | Sieraków | | 1972 | M40 | 56. | 226. | 0:23:33 (270.) | 0:46:56 | 04:41 | 0:46:27 |
| 252. | 137 | Ziółek Dawid | Drezdenko | FSD RUN | 1984 | M30 | 89. | 227. | 0:24:03 (300.) | 0:46:57 | 04:41 | 0:46:25 |
| 253. | 57 | pawlak Krzysztof | gorzów wielkopolski | bbl gorzów wielkopolski | 1988 | M20 | 48. | 228. | 0:23:43 (279.) | 0:46:58 | 04:41 | 0:46:45 |
| 254. | 50 | Walentynowicz | Gorzów Wlkp. | | 1981 | K30 | 10. | 26. | 0:23:23 (258.) | 0:46:58 | 04:41 | 0:46:54 |
| 255. | 30 | Borduna Łukasz | Drezdenko | Victaulic Team | 1978 | M30 | 90. | 229. | 0:22:39 (212.) | 0:47:01 | 04:42 | 0:46:45 |
| 256. | 397 | Stańczyk Kazimierz | Lipki Wielkie | | 1966 | M50 | 16. | 230. | 0:22:32 (207.) | 0:47:03 | 04:42 | 0:46:53 |
| 257. | 482 | Dąbrowski Tomasz | Lubiszyn | | 1970 | M40 | 57. | 231. | 0:23:18 (256.) | 0:47:06 | 04:42 | 0:46:30 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|---------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 258. | 601 | Nowak Włodek | Nowogard | niezrzeszony | 1962 | M50 | 17. | 232. | 0:23:33 (271.) | 0:47:09 | 04:42 | 0:47:04 |
| 259. | 231 | Poszadel Jola | Dobiegniew | | 1986 | K30 | 11. | 27. | 0:23:13 (251.) | 0:47:09 | 04:42 | 0:46:30 |
| 260. | 422 | AUGUSTYNIAK | SIERAKÓW | | 1983 | M30 | 91. | 233. | 0:23:17 (254.) | 0:47:23 | 04:44 | 0:46:49 |
| 261. | 146 | Kowal Daniel | Pęckowo | | 1992 | M20 | 49. | 234. | 0:23:27 (262.) | 0:47:28 | 04:44 | 0:47:17 |
| 262. | 579 | Skrocki Adam | Strzelce Kraj. | | 1962 | M50 | 18. | 235. | 0:23:12 (249.) | 0:47:29 | 04:44 | 0:47:23 |
| 263. | 559 | Zimny Sara | Strzelce Krajeńskie | | 1997 | K16 | 4. | 28. | 0:24:26 (322.) | 0:47:30 | 04:45 | 0:47:19 |
| 264. | 360 | Maksymowicz | Drezdenko | Kostrzyński Klub Biegacza | 1974 | M40 | 58. | 236. | 0:23:04 (237.) | 0:47:33 | 04:45 | 0:47:21 |
| 265. | 36 | Przygoda Katarzyna | Chojna | KB HERMES GRYFINO | 1980 | K30 | 12. | 29. | 0:23:39 (275.) | 0:47:37 | 04:45 | 0:47:23 |
| 266. | 368 | Pucek Dominik | Drezdenko | FSD RUN Drezdenko | 1985 | M30 | 92. | 237. | 0:23:00 (231.) | 0:47:37 | 04:45 | 0:47:33 |
| 267. | 511 | Szymczyszyn Lidia | Gryfino | KB HERMES GRYFINO | 1977 | K30 | 13. | 30. | 0:23:27 (264.) | 0:47:37 | 04:45 | 0:47:26 |
| 268. | 413 | Rudnicki Jakub | Drezdenko | Team Szpital Drezdenko | 1991 | M20 | 50. | 238. | 0:23:05 (239.) | 0:47:38 | 04:45 | 0:47:12 |
| 269. | 593 | Domagała Stanisław | Drezdenko | | 1967 | M40 | 59. | 239. | 0:23:32 (269.) | 0:47:38 | 04:45 | 0:47:16 |
| 270. | 178 | Konecki Marek | Wełtyń | KB HERMES GRYFINO | 1962 | M50 | 19. | 240. | 0:23:33 (272.) | 0:47:43 | 04:46 | 0:47:23 |
| 271. | 531 | Plewa Piotr | PIŁA | | 1973 | M40 | 60. | 241. | 0:23:49 (286.) | 0:47:43 | 04:46 | 0:47:15 |
| 272. | 198 | Galina Wiola | Dobiegniew | | 1974 | K40 | 4. | 31. | 0:23:13 (250.) | 0:47:45 | 04:46 | 0:47:06 |
| 273. | 319 | Kasprzak Robert | Drezdenko | | 1961 | M50 | 20. | 242. | 0:23:43 (281.) | 0:47:49 | 04:46 | 0:47:31 |
| 274. | 72 | Wieczorek Konrad | Gorzów | REHAkompleks | 1981 | M30 | 93. | 243. | 0:23:40 (276.) | 0:47:50 | 04:47 | 0:47:46 |
| 275. | 180 | Płusa Mateusz | Drezdenko | Victaulic Team | 1991 | M20 | 51. | 244. | 0:23:29 (265.) | 0:47:50 | 04:47 | 0:47:41 |
| 276. | 628 | Wierchanowski | Golczewo | niezrzeszony | 1958 | M50 | 21. | 245. | 0:23:19 (257.) | 0:47:52 | 04:47 | 0:47:46 |
| 277. | 340 | Kupisz Joanna | Gorzów Wlkp. | | 1982 | K30 | 14. | 32. | 0:23:24 (259.) | 0:47:52 | 04:47 | 0:47:48 |
| 278. | 346 | Gapska Ewa | Pęckowo | | 1971 | K40 | 5. | 33. | 0:23:27 (263.) | 0:47:53 | 04:47 | 0:47:42 |
| 279. | 165 | Domina Małgorzata | Drezdenko | | 1987 | K20 | 8. | 34. | 0:24:31 (327.) | 0:47:58 | 04:47 | 0:47:42 |
| 280. | 91 | Ziejewska Agnieszka | Stare Kurowo | Kettlebell Fitness Team | 1979 | K30 | 15. | 35. | 0:23:48 (285.) | 0:48:05 | 04:48 | 0:47:49 |
| 281. | 369 | Kaczmarek Jan | Mieszkowice | | 1947 | M60 | 7. | 246. | 0:23:52 (291.) | 0:48:12 | 04:49 | 0:47:57 |
| 282. | 365 | Szpyruk Krzysztof | Gorzów Wlkp. | Sport4fun | 1976 | M40 | 61. | 247. | 0:23:58 (296.) | 0:48:15 | 04:49 | 0:48:10 |
| 283. | 364 | Tokarek Marcin | Gorzów Wlkp. | Sport4 | 1974 | M40 | 62. | 248. | 0:23:55 (294.) | 0:48:17 | 04:49 | 0:48:12 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-----------------------|---------------------|--------------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 284. | 264 | Podolski Waldemar | Międzychód | UKS WILKI MIĘDZYCHÓD | 1976 | M40 | 63. | 249. | 0:24:00 (299.) | 0:48:17 | 04:49 | 0:48:06 |
| 285. | 67 | Brzozowski Andrzej | Drezdenko | | 1974 | M40 | 64. | 250. | 0:22:50 (220.) | 0:48:18 | 04:49 | 0:47:35 |
| 286. | 552 | Graczyk Wojciech | Stare Kurowo | Kettlebell Fitness Team | 1999 | M16 | 12. | 251. | 0:24:08 (305.) | 0:48:19 | 04:49 | 0:48:08 |
| 287. | 129 | Majłowska Irena | Gorzów Wlkp. | | 1953 | K60 | 1. | 36. | 0:23:50 (287.) | 0:48:20 | 04:50 | 0:48:06 |
| 288. | 502 | Stępiński Mateusz | Strzelce Krajeńskie | #motyvacjaidoprzodu | 1990 | M20 | 52. | 252. | 0:23:10 (244.) | 0:48:21 | 04:50 | 0:48:01 |
| 289. | 235 | Frąckowiak Jarosław | Międzychód | | 1972 | M40 | 65. | 253. | 0:24:24 (319.) | 0:48:22 | 04:50 | 0:47:50 |
| 290. | 296 | Rządca Monika | Pruszcz Gd. | SMURFIT KAPPA ADVENTURE TEAM | 1984 | K30 | 16. | 37. | 0:23:53 (293.) | 0:48:23 | 04:50 | 0:48:18 |
| 291. | 632 | Sypniewski Piotr | Drezdeko | | 1972 | M40 | 66. | 254. | 0:23:40 (277.) | 0:48:23 | 04:50 | 0:48:02 |
| 292. | 617 | Sieński Adam | Drezdenko | KS-DRAGON | 1988 | M20 | 53. | 255. | 0:23:10 (245.) | 0:48:23 | 04:50 | 0:47:49 |
| 293. | 173 | Makowski Łukasz | Drezdenko | | 1982 | M30 | 94. | 256. | 0:24:04 (302.) | 0:48:25 | 04:50 | 0:47:54 |
| 294. | 256 | Szurgociński Piotr | Chojna | | 1973 | M40 | 67. | 257. | 0:24:11 (311.) | 0:48:26 | 04:50 | 0:48:12 |
| 295. | 423 | Glinka Przemysław | Piła | Przemko z Piły | 1965 | M50 | 22. | 258. | 0:23:51 (290.) | 0:48:26 | 04:50 | 0:48:13 |
| 296. | 566 | Pietrzyński Krzysztof | Krzyż Wlkp. | KB AKTYWNI KRZYŻ WIELKOPOLSKI | 1976 | M40 | 68. | 259. | 0:23:51 (288.) | 0:48:27 | 04:50 | 0:48:05 |
| 297. | 147 | ABŁOMIEJKO | DREZDENKO | SMURFIT KAPPA ADVENTURE TEAM | 1993 | K20 | 9. | 38. | 0:23:08 (241.) | 0:48:27 | 04:50 | 0:48:21 |
| 298. | 135 | Szczeciński Roman | Gorzów Wlkp. | | 1974 | M40 | 69. | 260. | 0:24:12 (313.) | 0:48:28 | 04:50 | 0:47:56 |
| 299. | 493 | Mumot Patryk | Wieleń | | 1991 | M20 | 54. | 261. | 0:24:11 (312.) | 0:48:38 | 04:51 | 0:48:31 |
| 300. | 5 | Grzymałowski | Drezdenko | Victaulic Team | 1986 | M30 | 95. | 262. | 0:23:44 (283.) | 0:48:41 | 04:52 | 0:48:06 |
| 301. | 154 | Konopińska Monika | Drezdenko | Szkolny Klub Biegacza Gimnazjum nr 1 | 1982 | K30 | 17. | 39. | 0:24:09 (308.) | 0:48:42 | 04:52 | 0:48:07 |
| 302. | 112 | Kowal Maciej | Drezdenko | | 1979 | M30 | 96. | 263. | 0:23:55 (295.) | 0:48:42 | 04:52 | 0:48:01 |
| 303. | 279 | Mileszko Michalina | Drezdenko | FSD RUN | 2000 | K16 | 5. | 40. | 0:24:27 (323.) | 0:48:43 | 04:52 | 0:48:23 |
| 304. | 38 | ŻURKOWSKA | MYŚLIBÓRZ | | 1968 | K40 | 6. | 41. | 0:23:59 (298.) | 0:48:50 | 04:53 | 0:48:40 |
| 305. | 40 | ŻURKOWSKI | MYŚLIBÓRZ | | 1967 | M40 | 70. | 264. | 0:23:59 (297.) | 0:48:50 | 04:53 | 0:48:40 |
| 306. | 382 | Komeza Damian | Drezdenko | Nie dotyczy | 2000 | M16 | 13. | 265. | 0:23:33 (273.) | 0:48:50 | 04:53 | 0:48:44 |
| 307. | 39 | Moroz Justyna | Drezdenko | | 1983 | K30 | 18. | 42. | 0:24:07 (304.) | 0:48:51 | 04:53 | 0:48:47 |
| 308. | 343 | Jarosiński Mariusz | Myślubórz | Mamy-Biegamy Wsparcie Techniczne | 1979 | M30 | 97. | 266. | 0:24:21 (317.) | 0:48:52 | 04:53 | 0:48:23 |
| 309. | 565 | Piątek Wiktoria | Kamiennik | | 1999 | K16 | 6. | 43. | 0:24:45 (336.) | 0:48:57 | 04:53 | 0:48:54 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|-------------|-------------|-----------------------|---------------------|-------------------------------|-----------|-----|------------|------------|----------------|-----------------|-----------------|---------------|
| 310. | 380 | Rudomina Wojciech | Siekierki Wielkie | | 1976 | M40 | 71. | 267. | 0:24:19 (315.) | 0:49:00 | 04:54 | 0:48:31 |
| 311. | 33 | Maślinski Robert | Drezdnko | Victaulic Team | 1983 | M30 | 98. | 268. | 0:24:21 (318.) | 0:49:01 | 04:54 | 0:48:44 |
| 312. | 166 | Kołodziejski Sławomir | Drezdenko | Victaulic Team | 1983 | M30 | 99. | 269. | 0:23:40 (278.) | 0:49:03 | 04:54 | 0:48:55 |
| 313. | 237 | Lisowski Sławek | Drezdenko | | 1984 | M30 | 100. | 270. | 0:24:33 (329.) | 0:49:03 | 04:54 | 0:48:46 |
| 314. | 421 | Spychalski Krystian | Wieleń | | 1984 | M30 | 101. | 271. | 0:23:51 (289.) | 0:49:05 | 04:54 | 0:48:56 |
| 315. | 486 | Skowroński Paweł | Poznań | n/z | 1955 | M60 | 8. | 272. | 0:24:09 (309.) | 0:49:15 | 04:55 | 0:49:04 |
| 316. | 134 | Patalas Ryszard | Gorzow wlkp. | olomed | 1979 | M30 | 102. | 273. | 0:24:56 (343.) | 0:49:24 | 04:56 | 0:49:03 |
| 317. | 586 | Wandziuk Witold | Gorzów Wlkp. | | 1986 | M30 | 103. | 274. | 0:24:16 (314.) | 0:49:28 | 04:56 | 0:49:16 |
| 318. | 441 | Okonek Kazimierz | Gorzów Wlkp. | | 1949 | M60 | 9. | 275. | 0:24:09 (307.) | 0:49:31 | 04:57 | 0:49:02 |
| 319. | 168 | Łastowska Sonia | Poznań | | 1973 | K40 | 7. | 44. | 0:24:34 (330.) | 0:49:33 | 04:57 | 0:49:15 |
| 320. | 529 | Nowak Zbigniew | Drezdenko | FSD RUN Drezdenko | 1978 | M30 | 104. | 276. | 0:23:31 (267.) | 0:49:48 | 04:58 | 0:49:44 |
| 321. | 126 | Mazana Justyna | Międzychód | | 1978 | K30 | 19. | 45. | 0:24:30 (326.) | 0:49:53 | 04:59 | 0:49:43 |
| 322. | 450 | Madej Agnieszka | Strzelce Krajeńskie | | 1983 | K30 | 20. | 46. | 0:24:20 (316.) | 0:49:55 | 04:59 | 0:49:35 |
| 323. | 172 | Kropiński Robert | Drezdenko | Victaulic Team | 1982 | M30 | 105. | 277. | 0:24:08 (306.) | 0:49:58 | 04:59 | 0:49:50 |
| 324. | 280 | FRAMSKA JUSTYNA | MIĘDZYCHÓD | | 1976 | K40 | 8. | 47. | 0:24:43 (335.) | 0:50:00 | 05:00 | 0:49:50 |
| 325. | 353 | Kozłowska Marta | strzelce kraj. | KB Pento Strzelce Krajeńskie | 1988 | K20 | 10. | 48. | 0:24:46 (337.) | 0:50:03 | 05:00 | 0:49:40 |
| 326. | 626 | Gajowczyk Beata | Strzelce Krajeńskie | | 1989 | K20 | 11. | 49. | 0:24:49 (340.) | 0:50:06 | 05:00 | 0:49:39 |
| 327. | 627 | Szczepaniak Paweł | Zwierzyn | | 1989 | M20 | 55. | 278. | 0:24:48 (339.) | 0:50:07 | 05:00 | 0:49:40 |
| 328. | 379 | Rudomina Elżbieta | Poznań | | 1983 | K30 | 21. | 50. | 0:25:01 (346.) | 0:50:09 | 05:00 | 0:49:39 |
| 329. | 367 | PŁACHTA Paweł | Międzyrzecz | | 1979 | M30 | 106. | 279. | 0:26:33 (395.) | 0:50:13 | 05:01 | 0:49:44 |
| 330. | 270 | Czapla Artur | Drezdenko | Morsy Puszczy Noteckiej | 1979 | M30 | 107. | 280. | 0:24:42 (334.) | 0:50:13 | 05:01 | 0:49:41 |
| 331. | 316 | Kowalicka Paulina | Strzelce Krajeńskie | BBL Gorzów | 1983 | K30 | 22. | 51. | 0:25:04 (347.) | 0:50:14 | 05:01 | 0:49:59 |
| 332. | 326 | Oszmałek Sebastian | Sieraków | Cross Sieraków | 1990 | M20 | 56. | 281. | 0:25:20 (353.) | 0:50:16 | 05:01 | 0:49:44 |
| 333. | 583 | Sawicki Mateusz | Skwierzyna | Jak nie chodzę to zapier..... | 1989 | M20 | 57. | 282. | 0:24:29 (325.) | 0:50:19 | 05:01 | 0:50:08 |
| 334. | 387 | Nawojczyk Anna | Krzyż Wielkopolski | | 1980 | K30 | 23. | 52. | 0:24:25 (321.) | 0:50:23 | 05:02 | 0:50:13 |
| 335. | 311 | Furman Krzysztof | Piła | | 1966 | M50 | 23. | 283. | 0:24:51 (341.) | 0:50:25 | 05:02 | 0:50:01 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|--|--------|------|---------|---------|----------------|----------------|--------------|------------|
| 336. | 236 | Pawłowski Wojciech | Poznań | schapani.pl | 1990 | M20 | 58. | 284. | 0:24:27 (324.) | 0:50:34 | 05:03 | 0:50:17 |
| 337. | 283 | Kubiak Kalina | Strzelce Kraj. | KB Pento Strzelce Krajeńskie | 1984 | K30 | 24. | 53. | 0:25:18 (352.) | 0:50:37 | 05:03 | 0:50:12 |
| 338. | 494 | Leszczyńska | Gorzów Wlkp | Syberian Husky Team | 2000 | K16 | 7. | 54. | 0:24:40 (333.) | 0:50:37 | 05:03 | 0:50:05 |
| 339. | 348 | Lew Piotr | Szczecin | Atak Logistik | 1976 | M40 | 72. | 285. | 0:25:00 (344.) | 0:50:39 | 05:03 | 0:50:25 |
| 340. | 148 | Muchel Sławomir | Chełst | | 1981 | M30 | 108. | 286. | 0:25:43 (363.) | 0:50:40 | 05:04 | 0:50:06 |
| 341. | 448 | Andrzejak Sylwia | Gorzów Wlkp. | | 1982 | K30 | 25. | 55. | 0:24:47 (338.) | 0:50:42 | 05:04 | 0:50:35 |
| 342. | 130 | Dorożala Marta | Sieraków | | 1986 | K30 | 26. | 56. | 0:25:35 (357.) | 0:50:46 | 05:04 | 0:50:13 |
| 343. | 525 | Sobański Mateusz | Poznań | DECO-SUN | 1985 | M30 | 109. | 287. | 0:24:34 (331.) | 0:50:49 | 05:04 | 0:50:15 |
| 344. | 21 | Sikora Tomasz | Drezdenko | Victaulic Team | 1991 | M20 | 59. | 288. | 0:24:03 (301.) | 0:50:54 | 05:05 | 0:50:43 |
| 345. | 208 | Hliwa Przemysław | Drezdenko | | 1984 | M30 | 110. | 289. | 0:25:14 (350.) | 0:51:03 | 05:06 | 0:50:37 |
| 346. | 206 | Rzepa Karol | Wronki | Wroniecki Klub Biegacza | 1986 | M30 | 111. | 290. | 0:24:24 (320.) | 0:51:06 | 05:06 | 0:50:47 |
| 347. | 599 | Płucienniczak | Drezdenko | KU AZS UEP | 1996 | K20 | 12. | 57. | 0:24:35 (332.) | 0:51:08 | 05:06 | 0:50:52 |
| 348. | 287 | Wójcik Tadeusz | Chojna | KB HERMES GRYFINO | 1943 | M70+ | 1. | 291. | 0:25:33 (356.) | 0:51:14 | 05:07 | 0:50:59 |
| 349. | 156 | Jankowiak Daniel | Miedzychod | Babelteam | 1978 | M30 | 112. | 292. | 0:24:32 (328.) | 0:51:16 | 05:07 | 0:50:44 |
| 350. | 563 | Koza Mateusz | Drezdenko | | 1990 | M20 | 60. | 293. | 0:24:51 (342.) | 0:51:19 | 05:07 | 0:50:55 |
| 351. | 84 | Tichanów Piotr | Drezdenko | Victaulic Team | 1986 | M30 | 113. | 294. | 0:26:10 (376.) | 0:51:20 | 05:08 | 0:50:47 |
| 352. | 23 | Olek Izabela | Strzelce Krajeńskie | Komenda Powiatowa Policji w Strzelcach | 1990 | K20 | 13. | 58. | 0:25:00 (345.) | 0:51:21 | 05:08 | 0:51:12 |
| 353. | 398 | Baryczko Damian | Santok | | 1992 | M20 | 61. | 295. | 0:26:18 (381.) | 0:51:35 | 05:09 | 0:51:00 |
| 354. | 618 | Jędrzejczak Tomasz | Drezdenko | Tatowi | 1975 | M40 | 73. | 296. | 0:23:52 (292.) | 0:51:38 | 05:09 | 0:51:31 |
| 355. | 262 | Wachowiak Krzysztof | Międzychód | | 1977 | M30 | 114. | 297. | 0:25:43 (362.) | 0:51:46 | 05:10 | 0:51:21 |
| 356. | 35 | Galas Grażyna | Drezdenko | | 1968 | K40 | 9. | 59. | 0:25:08 (349.) | 0:51:56 | 05:11 | 0:51:38 |
| 357. | 546 | Staszak Radosław | Gorzów | | 1979 | M30 | 115. | 298. | 0:25:08 (348.) | 0:52:08 | 05:12 | 0:51:55 |
| 358. | 553 | Zimończyk Bogusław | Skwierzyna | | 1963 | M50 | 24. | 299. | 0:26:26 (388.) | 0:52:09 | 05:12 | 0:51:35 |
| 359. | 492 | Panyło Mieczysław | Świebodzin | | 1947 | M60 | 10. | 300. | 0:26:01 (371.) | 0:52:11 | 05:13 | 0:51:43 |
| 360. | 540 | Bartosz Ilona | LONDON | CO TYDZIEŃ ZAWODY :) | 1985 | K30 | 27. | 60. | 0:25:55 (370.) | 0:52:17 | 05:13 | 0:52:09 |
| 361. | 465 | Gielnik Karol | Poznań | Bar-Bitu-Run! | 1985 | M30 | 116. | 301. | 0:25:55 (369.) | 0:52:23 | 05:14 | 0:51:49 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|---------------------|------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 362. | 4 | Berezowski Krystian | Krzyż Wielkopolski | Brenderup Team | 1981 | M30 | 117. | 302. | 0:26:16 (380.) | 0:52:24 | 05:14 | 0:52:16 |
| 363. | 289 | Antczak Katarzyna | Drezdnko | | 1987 | K20 | 14. | 61. | 0:27:20 (423.) | 0:52:24 | 05:14 | 0:51:52 |
| 364. | 290 | Antczak Leszek | Drezdenko | | 1984 | M30 | 118. | 303. | 0:27:19 (422.) | 0:52:25 | 05:14 | 0:51:51 |
| 365. | 587 | Jurek Magdalena | Mierzyn | | 1971 | K40 | 10. | 62. | 0:26:15 (379.) | 0:52:25 | 05:14 | 0:52:03 |
| 366. | 619 | Zagdan Artur | Drezdenko | Tatowi | 1974 | M40 | 74. | 304. | 0:23:43 (280.) | 0:52:28 | 05:14 | 0:52:21 |
| 367. | 484 | Giś Ania | Drawsko | | 1978 | K30 | 28. | 63. | 0:26:36 (400.) | 0:52:34 | 05:15 | 0:52:10 |
| 368. | 195 | Pisarzewska | Międzychód | | 1983 | K30 | 29. | 64. | 0:26:30 (392.) | 0:52:35 | 05:15 | 0:51:59 |
| 369. | 122 | Zakrzewski Grzegorz | Drezdenko | FSD RUN DREZDENKO | 1994 | M20 | 62. | 305. | 0:24:09 (310.) | 0:52:38 | 05:15 | 0:52:31 |
| 370. | 479 | Bezgębłuk Paulina | Stare Kurowo | | 1990 | K20 | 15. | 65. | 0:25:50 (366.) | 0:52:41 | 05:16 | 0:52:32 |
| 371. | 314 | Dukaczewski Dawid | Drezdenko | FSD RUN Drezdenko | 1993 | M20 | 63. | 306. | 0:26:30 (393.) | 0:52:42 | 05:16 | 0:52:24 |
| 372. | 74 | Chodzinski Krzysztof | Skwierzyna | FSD RUN DREZDENKO | 1981 | M30 | 119. | 307. | 0:26:25 (386.) | 0:52:44 | 05:16 | 0:52:16 |
| 373. | 370 | Pawłowicz Kamila | Szczecin | | 1972 | K40 | 11. | 66. | 0:26:15 (378.) | 0:52:46 | 05:16 | 0:52:37 |
| 374. | 288 | Górnicki Rafał | Drezdenko | SMURFIT KAPPA ADVENTURE TEAM | 1978 | M30 | 120. | 308. | 0:25:18 (351.) | 0:52:47 | 05:16 | 0:52:36 |
| 375. | 490 | Czyż Aleksandra | Zielona Góra | Vege Runners | 1980 | K30 | 30. | 67. | 0:26:05 (375.) | 0:52:49 | 05:16 | 0:52:22 |
| 376. | 498 | Wróblewski Mateusz | Gorzów | | 1986 | M30 | 121. | 309. | 0:27:05 (412.) | 0:52:52 | 05:17 | 0:52:10 |
| 377. | 255 | KWAŚNY Wojciech | Skwierzyna | | 1969 | M40 | 75. | 310. | 0:25:44 (364.) | 0:52:54 | 05:17 | 0:52:46 |
| 378. | 12 | Pospieszny Robert | Międzychód / | | 1974 | M40 | 76. | 311. | 0:25:50 (365.) | 0:53:03 | 05:18 | 0:52:45 |
| 379. | 600 | JENEK PIOTR | DREZDENKO | | 1989 | M20 | 64. | 312. | 0:25:36 (358.) | 0:53:05 | 05:18 | 0:52:49 |
| 380. | 223 | Pawlowski Karol | Krzyż | | 1975 | M40 | 77. | 313. | 0:25:55 (368.) | 0:53:06 | 05:18 | 0:52:59 |
| 381. | 542 | Kulik Natalia | Gorzów | | 1976 | K40 | 12. | 68. | 0:26:26 (387.) | 0:53:06 | 05:18 | 0:52:52 |
| 382. | 69 | Mazij Bartosz | Drezdenko | SMURFIT KAPPA ADVENTURE TEAM | 1992 | M20 | 65. | 314. | 0:25:28 (354.) | 0:53:06 | 05:18 | 0:52:44 |
| 383. | 77 | Rerus Błażej | Drezdenko | | 1983 | M30 | 122. | 315. | 0:26:02 (374.) | 0:53:09 | 05:18 | 0:52:47 |
| 384. | 574 | Buckowska Maria | Drezdenko | | 1982 | K30 | 31. | 69. | 0:26:38 (402.) | 0:53:12 | 05:19 | 0:52:56 |
| 385. | 249 | Dylińska Monika | Strzelce Krajeńskie | | 1985 | K30 | 32. | 70. | 0:25:53 (367.) | 0:53:14 | 05:19 | 0:53:03 |
| 386. | 103 | Pniewski Tomek | Drezdenko | | 1974 | M40 | 78. | 316. | 0:26:30 (391.) | 0:53:22 | 05:20 | 0:53:04 |
| 387. | 463 | Jaroszewicz Agata | Drezdenko | | 1995 | K20 | 16. | 71. | 0:26:24 (385.) | 0:53:23 | 05:20 | 0:53:06 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|-------------------|---------------------|------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 388. | 219 | Fulara Alina | Strzelce Kraj | KB Pento Strzelce Krajeńskie | 1966 | K50 | 1. | 72. | 0:26:13 (377.) | 0:53:24 | 05:20 | 0:53:00 |
| 389. | 313 | Dukaczewska Edyta | Drezdenko | FSD RUN Drezdenko | 1974 | K40 | 13. | 73. | 0:26:20 (382.) | 0:53:29 | 05:20 | 0:53:11 |
| 390. | 7 | PIASECKI ROBERT | MIĘDZYCHÓD | | 1967 | M40 | 79. | 317. | 0:27:15 (421.) | 0:53:39 | 05:21 | 0:53:12 |
| 391. | 228 | Kina Mariusz | Czarnków | | 1986 | M30 | 123. | 318. | 0:26:57 (407.) | 0:53:40 | 05:22 | 0:53:12 |
| 392. | 229 | Lipska Małgorzata | Czarnków | | 1986 | K30 | 33. | 74. | 0:26:57 (406.) | 0:53:40 | 05:22 | 0:53:12 |
| 393. | 453 | Boboryk Piotr | Gorzów | | 1985 | M30 | 124. | 319. | 0:26:02 (373.) | 0:53:50 | 05:23 | 0:53:24 |
| 394. | 541 | POZNANIAK- HELAK | Krzyż Wlkp | Salon fryzjerski styl | 1971 | K40 | 14. | 75. | 0:26:32 (394.) | 0:53:54 | 05:23 | 0:53:49 |
| 395. | 394 | Andrzejak Leszek | Strzelce Krajeńskie | | 1953 | M60 | 11. | 320. | 0:26:22 (383.) | 0:54:09 | 05:24 | 0:54:01 |
| 396. | 241 | Rytlewska Ilona | Strzelce Krajeńskie | | 1977 | K30 | 34. | 76. | 0:26:34 (396.) | 0:54:14 | 05:25 | 0:54:01 |
| 397. | 306 | Romas Czesław | Gorzów | | 1950 | M60 | 12. | 321. | 0:26:23 (384.) | 0:54:16 | 05:25 | 0:53:51 |
| 398. | 400 | Zapart Krzysztof | Stare Polichno | | 1992 | M20 | 66. | 322. | 0:26:29 (390.) | 0:54:22 | 05:26 | 0:53:47 |
| 399. | 481 | Prętki Krzysztof | Międzychód | | 1975 | M40 | 80. | 323. | 0:27:10 (416.) | 0:54:22 | 05:26 | 0:53:43 |
| 400. | 312 | Dukaczewski | Drezdenko | FSD RUN Drezdenko | 1971 | M40 | 81. | 324. | 0:26:39 (403.) | 0:54:25 | 05:26 | 0:54:07 |
| 401. | 322 | TOMCZAK | DREZDENKO | | 1981 | K30 | 35. | 77. | 0:26:58 (408.) | 0:54:26 | 05:26 | 0:54:05 |
| 402. | 34 | Piczak Mateusz | Przynotecko | PZHGP | 1999 | M16 | 14. | 325. | 0:25:31 (355.) | 0:54:31 | 05:27 | 0:54:20 |
| 403. | 79 | Kristel Joanna | Strzelce Krajeńskie | KB Pento | 1981 | K30 | 36. | 78. | 0:26:36 (399.) | 0:54:33 | 05:27 | 0:54:10 |
| 404. | 267 | WYSZYŃSKI | DREZDENKO | | 2000 | M16 | 15. | 326. | 0:27:32 (427.) | 0:54:33 | 05:27 | 0:54:12 |
| 405. | 351 | Pawlicka Żaneta | Gorzów | BBL Gorzów | 1977 | K30 | 37. | 79. | 0:26:36 (398.) | 0:54:36 | 05:27 | 0:54:15 |
| 406. | 567 | Panyło Małgorzata | Świebodzin | | 1976 | K40 | 15. | 80. | 0:27:09 (415.) | 0:54:42 | 05:28 | 0:54:14 |
| 407. | 501 | Janczak Grzegorz | Dobiegniew | Borsuk Runners Team | 1988 | M20 | 67. | 327. | 0:26:02 (372.) | 0:54:47 | 05:28 | 0:54:33 |
| 408. | 447 | Spychała Paweł | Drezdenko | | 1969 | M40 | 82. | 328. | 0:27:10 (417.) | 0:54:59 | 05:29 | 0:54:21 |
| 409. | 437 | Drozd Lech | Gorzów Wlkp. | | 1953 | M60 | 13. | 329. | 0:27:11 (418.) | 0:55:03 | 05:30 | 0:54:35 |
| 410. | 90 | Majzlik Kamila | Drezdenko | Salon fryzjerski styl | 1988 | K20 | 17. | 81. | 0:26:49 (404.) | 0:55:04 | 05:30 | 0:54:49 |
| 411. | 96 | Geisler Mateusz | Poznań | | 1995 | M20 | 68. | 330. | 0:26:36 (397.) | 0:55:07 | 05:30 | 0:54:50 |
| 412. | 543 | Kulik Krzysztof | Gorzów | | 1979 | M30 | 125. | 331. | 0:28:04 (445.) | 0:55:12 | 05:31 | 0:54:58 |
| 413. | 477 | Starszak Monika | Osiek nad Notecią | Klub Biegowy TSK Orzeł Osiek | 1983 | K30 | 38. | 82. | 0:27:09 (414.) | 0:55:13 | 05:31 | 0:54:44 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|--|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 414. | 82 | Gałka Jolanta | Gorzów | | 1980 | K30 | 39. | 83. | 0:27:12 (420.) | 0:55:19 | 05:31 | 0:55:13 |
| 415. | 520 | Dymek Ewa | Chełst | Team Baryła | 1995 | K20 | 18. | 84. | 0:27:12 (419.) | 0:55:20 | 05:32 | 0:55:13 |
| 416. | 514 | Gierłowski Mikołaj | Strzelce Krajeńskie | Zespół Szkół Elektrycznych GorzówWlkp. | 1981 | M30 | 126. | 332. | 0:27:04 (410.) | 0:55:21 | 05:32 | 0:55:01 |
| 417. | 268 | Lazarek Jacek | Stare Kurowo | SMURFIT KAPPA ADVENTURE TEAM | 1975 | M40 | 83. | 333. | 0:27:36 (431.) | 0:55:27 | 05:32 | 0:55:05 |
| 418. | 396 | Panicz Aleksandra | Szczecin | | 1982 | K30 | 40. | 85. | 0:27:04 (411.) | 0:55:30 | 05:33 | 0:54:51 |
| 419. | 560 | Zimny Tomasz | Strzelce Krajeńskie | | 1971 | M40 | 84. | 334. | 0:26:37 (401.) | 0:55:36 | 05:33 | 0:55:24 |
| 420. | 47 | Jachimowicz | Drezdenko | | 1994 | K20 | 19. | 86. | 0:26:28 (389.) | 0:55:36 | 05:33 | 0:55:20 |
| 421. | 503 | Haleczko Paweł | Strzelce Krajeńskie | #motywacjaিদoprzodu | 1993 | M20 | 69. | 335. | 0:28:49 (468.) | 0:55:40 | 05:34 | 0:55:03 |
| 422. | 271 | Ampuła Paweł | Gorzów | | 1979 | M30 | 127. | 336. | 0:26:51 (405.) | 0:55:46 | 05:34 | 0:55:23 |
| 423. | 573 | Herold Katarzyna | Dębno | | 1973 | K40 | 16. | 87. | 0:27:00 (409.) | 0:55:48 | 05:34 | 0:55:35 |
| 424. | 163 | Borowiak Joanna | Międzychód | | 1982 | K30 | 41. | 88. | 0:27:39 (435.) | 0:55:50 | 05:35 | 0:55:11 |
| 425. | 286 | Kowalicka-Szymczak | Santok | | 1976 | K40 | 17. | 89. | 0:27:33 (428.) | 0:55:50 | 05:35 | 0:55:24 |
| 426. | 403 | Cygan Kasia | Gorzów Wlkp. | BBL GORZÓW WLKP. | 1981 | K30 | 42. | 90. | 0:27:29 (425.) | 0:55:57 | 05:35 | 0:55:36 |
| 427. | 261 | Juchniewicz Jakub | Międzychód | | 1990 | M20 | 70. | 337. | 0:27:40 (437.) | 0:55:58 | 05:35 | 0:55:29 |
| 428. | 530 | Włoch Dorota | Drezdenko | | 1988 | K20 | 20. | 91. | 0:27:38 (432.) | 0:55:58 | 05:35 | 0:55:43 |
| 429. | 358 | Judkowiak Dorota | Drawsko | Salon Fryzjerski Styl Drezdenko | 1979 | K30 | 43. | 92. | 0:28:14 (451.) | 0:56:12 | 05:37 | 0:56:07 |
| 430. | 404 | grygiel wiesław | dobiegiew | | 1971 | M40 | 85. | 338. | 0:27:40 (436.) | 0:56:13 | 05:37 | 0:55:37 |
| 431. | 522 | ZAWADA MARTA | PIŁA | | 1978 | K30 | 44. | 93. | 0:27:09 (413.) | 0:56:13 | 05:37 | 0:55:45 |
| 432. | 100 | MAJZLIK JUSTYNA | DREZDENKO | Salon Fryzjerski Styl Drezdenko | 1984 | K30 | 45. | 94. | 0:28:14 (450.) | 0:56:14 | 05:37 | 0:56:08 |
| 433. | 341 | Nowak Aneta | Drezdenko | | 1972 | K40 | 18. | 95. | 0:27:57 (443.) | 0:56:16 | 05:37 | 0:55:48 |
| 434. | 611 | Nowak Bożena | Nowogard | niezrzeszona | 1965 | K50 | 2. | 96. | 0:27:46 (439.) | 0:56:18 | 05:37 | 0:56:13 |
| 435. | 384 | Gnysińska Karolina | Choszczno | | 1992 | K20 | 21. | 97. | 0:27:52 (442.) | 0:56:21 | 05:38 | 0:55:43 |
| 436. | 277 | Goździcka Agnieszka | Strzelce Krajeńskie | | 1974 | K40 | 19. | 98. | 0:27:39 (434.) | 0:56:24 | 05:38 | 0:56:14 |
| 437. | 252 | Pierzyńska Paulina | Chełst | | 2000 | K16 | 8. | 99. | 0:28:31 (462.) | 0:56:28 | 05:38 | 0:55:56 |
| 438. | 226 | Felczyńska Janina | Krzyż Wlkp | | 1963 | K50 | 3. | 100. | 0:27:29 (424.) | 0:56:33 | 05:39 | 0:56:27 |
| 439. | 562 | Halla Małgorzata | Gorzów | | 1977 | K30 | 46. | 101. | 0:28:02 (444.) | 0:56:34 | 05:39 | 0:56:18 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|------------------------------|--------|------|---------|---------|----------------|----------------|--------------|------------|
| 440. | 425 | Machelski Mateusz | Drezdenko | | 1991 | M20 | 71. | 339. | 0:25:42 (359.) | 0:56:37 | 05:39 | 0:56:26 |
| 441. | 41 | Galina Ania | Drezdenko | SMURFIT KAPPA ADVENTURE TEAM | 1979 | K30 | 47. | 102. | 0:27:36 (430.) | 0:56:46 | 05:40 | 0:56:25 |
| 442. | 247 | Fojecki Paweł | Bielsko | Nie zrzeszony | 1969 | M40 | 86. | 340. | 0:28:49 (467.) | 0:56:47 | 05:40 | 0:56:08 |
| 443. | 139 | Waberska Monika | Drezdenko | | 1986 | K30 | 48. | 103. | 0:27:47 (441.) | 0:56:51 | 05:41 | 0:56:34 |
| 444. | 117 | Horodyska | Drezdenko | - | 1990 | K20 | 22. | 104. | 0:28:06 (447.) | 0:56:53 | 05:41 | 0:56:16 |
| 445. | 650 | Wrona Józef | Wieleń | Brygier Krzyż | 1938 | M70+ | 2. | 341. | 0:28:16 (454.) | 0:56:54 | 05:41 | 0:56:31 |
| 446. | 92 | Górka Karolina | Międzychód | | 1984 | K30 | 49. | 105. | 0:27:47 (440.) | 0:56:55 | 05:41 | 0:56:27 |
| 447. | 629 | Machnicka Adrianna | Goleńczewo | | 1992 | K20 | 23. | 106. | 0:28:15 (452.) | 0:56:56 | 05:41 | 0:56:17 |
| 448. | 473 | Fijołek Monika | Gorzów Wielkopolski | | 1976 | K40 | 20. | 107. | 0:28:16 (453.) | 0:56:56 | 05:41 | 0:56:32 |
| 449. | 620 | Kozieł Szymon | Goleńczewo | TOUR DE RUN | 1978 | M30 | 128. | 342. | 0:28:35 (464.) | 0:56:57 | 05:41 | 0:56:19 |
| 450. | 616 | Uchman Natalia | Poznań | TOUR DE RUN | 1982 | K30 | 50. | 108. | 0:28:35 (465.) | 0:56:58 | 05:41 | 0:56:20 |
| 451. | 480 | Furmaniak Zdzisława | Strzelce Krajeńskie | | 1954 | K60 | 2. | 109. | 0:27:46 (438.) | 0:57:03 | 05:42 | 0:56:53 |
| 452. | 344 | Najkowska Kasia | Dębno | Mamy-Biegamy | 1985 | K30 | 51. | 110. | 0:29:54 (499.) | 0:57:03 | 05:42 | 0:56:32 |
| 453. | 612 | Lipski Henryk | Szczecin | START SZCZECIN | 1949 | M60 | 14. | 343. | 0:28:31 (461.) | 0:57:04 | 05:42 | 0:56:27 |
| 454. | 411 | Dębski Marcin | Drezdenko | Team Szpital Drezdenko | 1976 | M40 | 87. | 344. | 0:27:29 (426.) | 0:57:05 | 05:42 | 0:56:40 |
| 455. | 545 | Panyło Jacek | Świebodzin | | 1978 | M30 | 129. | 345. | 0:27:35 (429.) | 0:57:14 | 05:43 | 0:56:45 |
| 456. | 528 | Bury Marianna | Strzelce Krajeńskie | | 1972 | K40 | 21. | 111. | 0:28:45 (466.) | 0:57:28 | 05:44 | 0:56:54 |
| 457. | 568 | kalina katarzyna | Drezdenko | | 1980 | K30 | 52. | 112. | 0:29:28 (489.) | 0:57:49 | 05:46 | 0:57:14 |
| 458. | 569 | chyba jarosław | Drezdenko | | 1975 | M40 | 88. | 346. | 0:29:27 (488.) | 0:57:49 | 05:46 | 0:57:14 |
| 459. | 118 | Kołączyk Jerzy | Moryń | KB HERMES GRYFINO | 1954 | M60 | 15. | 347. | 0:29:15 (479.) | 0:57:53 | 05:47 | 0:57:31 |
| 460. | 224 | Popadowska Beata | Gorzów | | 1974 | K40 | 22. | 113. | 0:29:11 (475.) | 0:57:53 | 05:47 | 0:57:32 |
| 461. | 495 | Cierach Agnieszka | Gorzów Wlkp. | | 1983 | K30 | 53. | 114. | 0:29:06 (474.) | 0:57:55 | 05:47 | 0:57:39 |
| 462. | 251 | Muchel Magdalena | Chełst | | 1982 | K30 | 54. | 115. | 0:28:31 (460.) | 0:57:59 | 05:47 | 0:57:26 |
| 463. | 60 | Molska Małgorzata | Kłodawa | BBL Gorzów | 1968 | K40 | 23. | 116. | 0:28:23 (456.) | 0:58:09 | 05:48 | 0:57:48 |
| 464. | 538 | LEŚNIEWSKI | DREZDENKO | | 1954 | M60 | 16. | 348. | 0:28:07 (448.) | 0:58:17 | 05:49 | 0:58:07 |
| 465. | 141 | Sip Sabina | Drezdenko | FSD RUN DREZDENKO | 1979 | K30 | 55. | 117. | 0:27:39 (433.) | 0:58:21 | 05:50 | 0:58:16 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|---------------------|---------------------|---------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 466. | 6 | Stachowiak Emilia | Drezdenko | | 1976 | K40 | 24. | 118. | 0:28:04 (446.) | 0:58:23 | 05:50 | 0:57:56 |
| 467. | 114 | NADGŁOWSKI | DREZDENKO | | 1978 | M30 | 130. | 349. | 0:28:30 (459.) | 0:58:26 | 05:50 | 0:58:07 |
| 468. | 108 | Maryniak Barbara | PSZCZEW | | 1969 | K40 | 25. | 119. | 0:28:28 (457.) | 0:58:46 | 05:52 | 0:58:36 |
| 469. | 94 | Łesak Małgorzata | Drezdenko | | 1974 | K40 | 26. | 120. | 0:28:56 (469.) | 0:58:47 | 05:52 | 0:58:41 |
| 470. | 282 | Paroń Anna | WRONKI | | 1983 | K30 | 56. | 121. | 0:28:35 (463.) | 0:58:48 | 05:52 | 0:58:33 |
| 471. | 44 | Przylepa Roman | Drezdenko | Victaulic Team | 1965 | M50 | 25. | 350. | 0:29:13 (478.) | 0:58:53 | 05:53 | 0:58:19 |
| 472. | 315 | Lochert Radosław | Gorzów wlkp | | 1967 | M40 | 89. | 351. | 0:29:13 (477.) | 0:58:53 | 05:53 | 0:58:19 |
| 473. | 551 | Graczyk Julia | Stare Kurowo | Kettlebell Fitness Team | 2000 | K16 | 9. | 122. | 0:28:30 (458.) | 0:59:02 | 05:54 | 0:58:51 |
| 474. | 625 | Słapek Weronika | Strzelce Krajeńskie | | 1984 | K30 | 57. | 123. | 0:29:46 (493.) | 0:59:07 | 05:54 | 0:58:38 |
| 475. | 260 | Fąka Łukasz | Gębice | Amator z Gębic | 1975 | M40 | 90. | 352. | 0:29:11 (476.) | 0:59:14 | 05:55 | 0:58:54 |
| 476. | 263 | Błocisz Wojciech | Poznań | | 1990 | M20 | 72. | 353. | 0:29:26 (486.) | 0:59:16 | 05:55 | 0:58:37 |
| 477. | 373 | Sowała Krzysztof | Drezdenko | | 1980 | M30 | 131. | 354. | 0:29:27 (487.) | 0:59:19 | 05:55 | 0:59:13 |
| 478. | 9 | Strzesak Dagmara | Drezdenko | | 1993 | K20 | 24. | 124. | 0:31:09 (518.) | 0:59:20 | 05:56 | 0:58:49 |
| 479. | 217 | Kozłowski Paweł | Strzelce Krajeńskie | KB Pento Strzelce Krajeńskie | 1985 | M30 | 132. | 355. | 0:31:14 (519.) | 0:59:23 | 05:56 | 0:58:58 |
| 480. | 414 | Helwich-Rychlik | Drawski Młyn | Team Szpital Drezdenko | 1986 | K30 | 58. | 125. | 0:25:42 (360.) | 0:59:28 | 05:56 | 0:58:54 |
| 481. | 415 | Krysiak Katarzyna | Drezdenko | Team Szpital Drezdenko | 1975 | K40 | 27. | 126. | 0:25:43 (361.) | 0:59:28 | 05:56 | 0:58:54 |
| 482. | 107 | Rerus Marta | Drezdenko | | 1981 | K30 | 59. | 127. | 0:29:02 (471.) | 0:59:32 | 05:57 | 0:59:05 |
| 483. | 111 | Czapiewski Jacek | Drezdenko | | 1985 | M30 | 133. | 356. | 0:29:02 (470.) | 0:59:32 | 05:57 | 0:59:05 |
| 484. | 216 | Mądrawska Alicja | Drezdenko | | 1980 | K30 | 60. | 128. | 0:28:18 (455.) | 0:59:34 | 05:57 | 0:59:18 |
| 485. | 246 | Mazur Żaneta | Drezdenko | | 1981 | K30 | 61. | 129. | 0:28:10 (449.) | 0:59:34 | 05:57 | 0:59:19 |
| 486. | 622 | Nowak Magdalena | Drezdenko | | 1991 | K20 | 25. | 130. | 0:30:32 (512.) | 0:59:35 | 05:57 | 0:59:04 |
| 487. | 337 | Łuczyńska Katarzyna | Szczecin | A. Hartrodt (Polska) Sp. z o.o. | 1983 | K30 | 62. | 131. | 0:29:21 (483.) | 0:59:55 | 05:59 | 0:59:14 |
| 488. | 338 | Łochowicz Katarzyna | Drezdenko | | 1987 | K20 | 26. | 132. | 0:29:22 (484.) | 0:59:55 | 05:59 | 0:59:15 |
| 489. | 87 | Skurska Agnieszka | Błotno | FSD RUN DREZDENKO | 1983 | K30 | 63. | 133. | 0:29:04 (473.) | 0:59:59 | 05:59 | 0:59:41 |
| 490. | 85 | Nawrot Radosław | Drezdenko | Victaulic Team | 1980 | M30 | 134. | 357. | 0:29:04 (472.) | 0:59:59 | 05:59 | 0:59:41 |
| 491. | 188 | Dolata Patrycja | Drezdenko | | 1992 | K20 | 27. | 134. | 0:29:26 (485.) | 1:00:09 | 06:00 | 0:59:30 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|----------------------|----------------|--|--------|------|---------|---------|----------------|----------------|--------------|------------|
| 492. | 352 | Dębska Anna | Drezdenko | | 1984 | K30 | 64. | 135. | 0:29:58 (501.) | 1:00:22 | 06:02 | 0:59:55 |
| 493. | 336 | Szmajdziński Tomasz | Police | A. Hartrodt (Polska) Sp. z o.o. | 1987 | M20 | 73. | 358. | 0:29:20 (482.) | 1:00:26 | 06:02 | 0:59:44 |
| 494. | 333 | Herian Małgorzata | Police | A. Hartrodt (Polska) Sp. z o.o. | 1985 | K30 | 65. | 136. | 0:29:20 (481.) | 1:00:26 | 06:02 | 0:59:44 |
| 495. | 342 | Kamińska Marzena | Myślibórz | Mamy-Biegamy | 1981 | K30 | 66. | 137. | 0:29:58 (502.) | 1:00:43 | 06:04 | 1:00:12 |
| 496. | 220 | Kruk Iwona | Drezdenko | FSD RUN Drezdenko | 1967 | K40 | 28. | 138. | 0:30:12 (507.) | 1:00:46 | 06:04 | 1:00:30 |
| 497. | 145 | Małysz Milena | Drezdenko | | 1992 | K20 | 28. | 139. | 0:29:53 (498.) | 1:01:03 | 06:06 | 1:00:27 |
| 498. | 362 | Pospieszala Zbigniew | Bielsko | | 1976 | M40 | 91. | 359. | 0:29:28 (490.) | 1:01:19 | 06:07 | 1:01:15 |
| 499. | 558 | Krzyzanowski Jacek | Miedzichod | Rozbiegana Marzenka | 1967 | M40 | 92. | 360. | 0:30:01 (503.) | 1:01:23 | 06:08 | 1:00:52 |
| 500. | 512 | Firlej Iwona | Międzychód | | 1972 | K40 | 29. | 140. | 0:30:29 (510.) | 1:01:29 | 06:08 | 1:01:00 |
| 501. | 513 | Wiśniewska Dagmara | Międzychód | | 1977 | K30 | 67. | 141. | 0:30:33 (513.) | 1:01:30 | 06:09 | 1:01:00 |
| 502. | 575 | Kasprzak Dagmara | Drezdenko | | 1985 | K30 | 68. | 142. | 0:29:49 (494.) | 1:01:31 | 06:09 | 1:01:11 |
| 503. | 615 | Dolata Andrzej | Drezdenko | | 1965 | M50 | 26. | 361. | 0:30:05 (504.) | 1:01:33 | 06:09 | 1:01:08 |
| 504. | 548 | Zosiuk Milena | Górki Noteckie | | 1990 | K20 | 29. | 143. | 0:29:38 (492.) | 1:01:43 | 06:10 | 1:01:23 |
| 505. | 519 | Sokołowska | Drezdenko | | 1977 | K30 | 69. | 144. | 0:29:19 (480.) | 1:01:55 | 06:11 | 1:01:30 |
| 506. | 585 | Ławrów Dorota | Drezdenko | | 1977 | K30 | 70. | 145. | 0:29:55 (500.) | 1:01:55 | 06:11 | 1:01:29 |
| 507. | 269 | Gadocha Damian | Lipno | SMURFIT KAPPA ADVENTURE TEAM | 1997 | M16 | 16. | 362. | 0:29:50 (496.) | 1:02:05 | 06:12 | 1:01:28 |
| 508. | 455 | Sernik Jagoda | Drezdenko | klub biegacza przy gimnazjum nr.1 im. Józefa | 1999 | K16 | 10. | 146. | 0:29:50 (497.) | 1:02:06 | 06:12 | 1:01:29 |
| 509. | 184 | Winkszno Adam | Drezdenko | Victaulic Team | 1964 | M50 | 27. | 363. | 0:30:50 (515.) | 1:02:14 | 06:13 | 1:01:40 |
| 510. | 491 | Matuszewska Sandra | Drezdenko | | 1997 | K16 | 11. | 147. | 0:32:06 (530.) | 1:02:22 | 06:14 | 1:01:54 |
| 511. | 592 | Przybysz Aleksandra | Drezdenko | | 1997 | K16 | 12. | 148. | 0:32:07 (531.) | 1:02:22 | 06:14 | 1:01:55 |
| 512. | 26 | Wojtczak Justyna | Drezdenko | | 1990 | K20 | 30. | 149. | 0:30:32 (511.) | 1:02:32 | 06:15 | 1:02:06 |
| 513. | 273 | Czekajło Franciszek | Drezdenko | | 1951 | M60 | 17. | 364. | 0:29:49 (495.) | 1:02:45 | 06:16 | 1:02:14 |
| 514. | 339 | Skiba Eugeniusz | Gorzów Wlkp. | | 1946 | M70+ | 3. | 365. | 0:30:15 (508.) | 1:02:48 | 06:16 | 1:02:22 |
| 515. | 295 | Śliwiński Leszek | Drezdenko | | 1952 | M60 | 18. | 366. | 0:31:33 (523.) | 1:02:58 | 06:17 | 1:02:39 |
| 516. | 70 | Pietrkiewicz | Drezdenko | Victaulic Team | 1974 | K40 | 30. | 150. | 0:30:50 (514.) | 1:03:06 | 06:18 | 1:02:31 |
| 517. | 457 | Bis Marcin | Gorzów Wlkp. | BBL Gorzów | 1989 | M20 | 74. | 367. | 0:30:10 (505.) | 1:04:03 | 06:24 | 1:03:40 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|----------|----------|--------------------|---------------------|---------------------------------|--------|-----|---------|---------|----------------|----------------|--------------|------------|
| 518. | 469 | Krawczyk Mariusz | Skwierzyna | 17 WBZ | 1985 | M30 | 135. | 368. | 0:30:11 (506.) | 1:04:03 | 06:24 | 1:03:39 |
| 519. | 549 | Terek Paweł | Zielona Góra | | 1991 | M20 | 75. | 369. | 0:29:38 (491.) | 1:04:25 | 06:26 | 1:04:04 |
| 520. | 138 | Prędko Daria | Drezdenko | FSD RUN | 2000 | K16 | 13. | 151. | 0:30:16 (509.) | 1:04:58 | 06:29 | 1:04:48 |
| 521. | 127 | Michalak Magdalena | Dobiegiew | | 1984 | K30 | 71. | 152. | 0:31:29 (521.) | 1:05:05 | 06:30 | 1:04:45 |
| 522. | 159 | Kowalewska Sylwia | Strzelce Krajeńskie | | 1973 | K40 | 31. | 153. | 0:31:30 (522.) | 1:05:05 | 06:30 | 1:04:45 |
| 523. | 320 | Jarmakowska | Drezdenko | | 1971 | K40 | 32. | 154. | 0:31:41 (525.) | 1:05:07 | 06:30 | 1:04:47 |
| 524. | 274 | Hoffmann Wojciech | Poznan | Grotów Runners Club | 1977 | M30 | 136. | 370. | 0:31:37 (524.) | 1:05:44 | 06:34 | 1:05:08 |
| 525. | 56 | Litke Magdalena | Międzychód | Ojo Team | 1977 | K30 | 72. | 155. | 0:32:25 (533.) | 1:06:24 | 06:38 | 1:05:49 |
| 526. | 54 | Litke Rafał | Międzychód | Ojo Team | 1974 | M40 | 93. | 371. | 0:32:25 (532.) | 1:06:24 | 06:38 | 1:05:49 |
| 527. | 399 | Sydor Dominika | Dobiegiew | KB Pento Strzelce Krajeńskie | 1992 | K20 | 31. | 156. | 0:31:48 (527.) | 1:06:49 | 06:40 | 1:06:25 |
| 528. | 190 | Wołowicz Elżbieta | Strzelce Kraj. | KB Pento | 1982 | K30 | 73. | 157. | 0:31:49 (528.) | 1:06:49 | 06:40 | 1:06:26 |
| 529. | 191 | Wołowicz Sebastian | Strzelce Kraj. | KB Pento | 1980 | M30 | 137. | 372. | 0:31:47 (526.) | 1:06:49 | 06:40 | 1:06:24 |
| 530. | 420 | Frątczak Mateusz | Drezdenko | brak przynależności | 1991 | M20 | 76. | 373. | 0:31:27 (520.) | 1:07:42 | 06:46 | 1:07:31 |
| 531. | 17 | Sobkowska Agata | Drezdenko | | 1995 | K20 | 32. | 158. | 0:32:00 (529.) | 1:07:50 | 06:47 | 1:07:34 |
| 532. | 133 | FUCZYŁO | DREZDENKO | FSD RUN DREZDENKO | 1975 | K40 | 33. | 159. | 0:33:48 (538.) | 1:07:54 | 06:47 | 1:07:30 |
| 533. | 438 | Tyrawska Justyna | Drawsko | | 1979 | K30 | 74. | 160. | 0:33:48 (539.) | 1:07:54 | 06:47 | 1:07:30 |
| 534. | 440 | Okonek Izabela | Gorzów Wlkp. | | 1971 | K40 | 34. | 161. | 0:32:56 (535.) | 1:07:57 | 06:47 | 1:07:26 |
| 535. | 428 | Gierczak Paulina | Gorzów Wlkp. | | 1978 | K30 | 75. | 162. | 0:33:29 (537.) | 1:08:06 | 06:48 | 1:07:28 |
| 536. | 109 | Sikorska Anna | Międzychód | | 1981 | K30 | 76. | 163. | 0:35:28 (544.) | 1:09:56 | 06:59 | 1:09:24 |
| 537. | 75 | Chodzińska Marzena | Skwierzyna | FSD RUN DREZDENKO | 1982 | K30 | 77. | 164. | 0:32:54 (534.) | 1:11:27 | 07:08 | 1:11:00 |
| 538. | 330 | MAJZLIK-PUCEK | DREZDENKO | Salon Fryzjerski Styl Drezdenko | 1983 | K30 | 78. | 165. | 0:36:40 (549.) | 1:11:32 | 07:09 | 1:11:05 |
| 539. | 537 | Majzlik Mirosława | Drezdenko | | 1966 | K50 | 4. | 166. | 0:36:37 (548.) | 1:11:32 | 07:09 | 1:11:02 |
| 540. | 298 | Kotowska Agnieszka | Wieleń | | 1981 | K30 | 79. | 167. | 0:34:57 (541.) | 1:12:23 | 07:14 | 1:12:11 |
| 541. | 212 | Berg Joanna | Wieleń | Brenderup Team | 1981 | K30 | 80. | 168. | 0:34:56 (540.) | 1:12:23 | 07:14 | 1:12:10 |
| 542. | 550 | Kruk Daria | Drezdenko | | 1995 | K20 | 33. | 169. | 0:33:20 (536.) | 1:12:44 | 07:16 | 1:12:26 |
| 543. | 487 | Śląski Konrad | Drezdenko | - | 2000 | M16 | 17. | 374. | 0:31:07 (516.) | 1:12:59 | 07:17 | 1:12:28 |



| Msc open | Nr start | Nazwisko i imię | Miejscowość | Klub | Rok ur | Kat | Msc kat | Msc M/K | PK 5km | Wynik brutto | Tempo min/km | Czas netto |
|-------------|-------------|--------------------|-------------|------|-----------|-----|------------|------------|----------------|-----------------|-----------------|---------------|
| 544. | 647 | Lzernicki Ryszard | Międzyrzecz | | 1955 | M60 | 19. | 375. | 0:36:13 (545.) | 1:13:12 | 07:19 | 1:13:10 |
| 545. | 349 | Kupczak Mariusz | Drezdenko | | 1988 | M20 | 77. | 376. | 0:35:25 (543.) | 1:13:16 | 07:19 | 1:12:25 |
| 546. | 53 | JENEK JUSTYNA | DREZDENKO | | 1990 | K20 | 34. | 170. | 0:36:43 (550.) | 1:13:52 | 07:23 | 1:13:27 |
| 547. | 83 | Dokurno Małgorzata | Drezdenko | | 1981 | K30 | 81. | 171. | 0:36:28 (546.) | 1:13:52 | 07:23 | 1:13:32 |

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