

22 Bieg Solidarności

WYNIKI ZAWODÓW

Bieg Główny 5km

Organizator: Region Dolny Śląsk NSZZ Solidarność

Termin: 08.09.2012

Miejsce: Wrocław

Dystans: 5km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Czas Netto	[min/km]
Bieg Główny 5km Kobiety KATEGORIA:K30											
1	594	PISKOROWSKA Danuta	WROCLAW		POL	80	K30/1	(K)2	00:19:02	00:19:00	03.48
2	4111	MORAWSKA Marzena	WROCLAW		POL	76	K30/2	(K)3	00:19:43	00:19:42	03.56
3	681	SHCHENSNA- RADZIKOVSKA Halyna	ŚWIDNICA		POL	81	K30/3	(K)5	00:21:00	00:20:58	04.11
4	214	HADZICKA Sylwia	WROCLAW		POL	80	K30/4	(K)7	00:21:44	00:21:34	04.18
5	340	KOWALEWSKA Elżbieta	ZGORZELEC		POL	82	K30/5	(K)8	00:21:52	00:21:46	04.21
6	215	HAJDAS Anna	WROCLAW		POL GIMNAZJUM NR 16 WE WROCLAWIU	81	K30/6	(K)12	00:22:24	00:22:21	04.28
7	194	GÓRECKA Anna	WROCLAW		POL BIEGAM BO LUBIĘ WROCLAW	82	K30/7	(K)14	00:23:04	00:23:03	04.36
8	431	ŁABUZ Olimpia	WROCLAW		POL RADIOWA AKADEMIA TRIATHLONU	81	K30/8	(K)32	00:24:20	00:24:05	04.49
9	4107	KOSMALA Beata	WROCLAW		POL	76	K30/9	(K)33	00:24:21	00:24:19	04.51
10	893	ZAKRZEWSKA Kinga	WROCLAW		POL RADIOWA AKADEMIA TRIATHLONU	77	K30/10	(K)34	00:24:22	00:24:19	04.51
11	853	WIĘCEK Anna	WROCLAW		POL	80	K30/11	(K)36	00:24:23	00:24:10	04.50
12	239	JANKOWICZ Agnieszka	WAŁBRZYCH		POL	81	K30/12	(K)38	00:24:29	00:24:11	04.50
13	990	MAJEWSKA Anna			POL	74	K30/13	(K)42	00:24:38	00:24:29	04.53
14	13	ANDREJCZUK Alina	WROCLAW		POL	81	K30/14	(K)44	00:24:45	00:24:23	04.52
15	584	PAWLIKOWSKA Anna	WROCLAW		POL I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	74	K30/15	(K)46	00:24:48	00:24:40	04.56
16	381	KUCHARSKA Beata	WROCLAW		POL	76	K30/16	(K)49	00:25:13	00:25:10	05.02
17	349	KOZIOL Maria	WROCLAW		POL	81	K30/17	(K)50	00:25:28	00:25:21	05.04
18	436	ŁACKA Edyta	WROCLAW		POL I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	78	K30/18	(K)52	00:26:03	00:25:50	05.10
19	187	GNICH Joanna	WROCLAW		POL	78	K30/19	(K)57	00:26:30	00:26:18	05.15
20	764	SZPYRNA Katarzyna	WROCLAW		POL	81	K30/20	(K)66	00:27:02	00:26:49	05.21
21	411	LEŚNIEWSKA Izabela	WROCLAW		POL BIEGAM BO LUBIĘ WROCLAW	73	K30/21	(K)67	00:27:02	00:26:37	05.19
22	65	BUBAK Kamila	WROCLAW		POL	79	K30/22	(K)69	00:27:08	00:26:53	05.22
23	912	ŻUROW Karolina	WROCLAW		POL WKB PIAST WROCLAW	82	K30/23	(K)73	00:27:13	00:27:12	05.26
24	358	KRĘŻEL Jolanta	WROCLAW		POL	77	K30/24	(K)74	00:27:13	00:27:06	05.25
25	988	BIESIADKA Ewelina	WROCLAW		POL	76	K30/25	(K)78	00:27:26	00:27:12	05.26
26	525	NAWOCKA Adrianna	WROCLAW		POL	74	K30/26	(K)79	00:27:32	00:27:25	05.29
27	446	MADEJKA Anna	WILKSZYN		POL	73	K30/27	(K)80	00:27:38	00:27:28	05.29
28	528	NIEDZIELSKA Celina	WROCLAW		POL	77	K30/28	(K)81	00:27:38	00:27:19	05.27
29	4083	OBLĄK Regina	WROCLAW		POL	78	K30/29	(K)82	00:27:44	00:27:37	05.31
30	495	MIROSLAW Agnieszka	LUBAŃ		POL	82	K30/30	(K)84	00:27:58	00:27:48	05.33
31	308	KOŁA Barbara	TRZEBNICA		POL KB SUKCES ŻMIGRÓD	74	K30/31	(K)87	00:28:03	00:27:42	05.32
32	440	ŁUKASIEWICZ Justyna	IWINY		POL	80	K30/32	(K)89	00:28:07	00:28:00	05.36
33	634	RADZIWIŃCZAK Dominika	WROCLAW		POL	73	K30/33	(K)92	00:28:31	00:28:08	05.37
34	943	GAŹDZIŃSKA Katarzyna	ŚWIDNICA		POL	77	K30/34	(K)94	00:28:40	00:28:38	05.43
35	309	KOMAR Ewa	WAŁBRZYCH		POL	80	K30/35	(K)96	00:28:43	00:28:28	05.41
36	318	KORYBUT-BARSKA Anna	WROCLAW		POL	76	K30/36	(K)98	00:28:48	00:28:41	05.44
37	662	RYGIEL Klaudia	KAMIENIEC		POL	73	K30/37	(K)101	00:28:58	00:28:45	05.45
38	112	ĆWIEK Sabina	SIECHNICE		POL	78	K30/38	(K)104	00:29:06	00:28:49	05.45
39	848	WIELGUS Izabela	WROCLAW		POL	81	K30/39	(K)108	00:29:11	00:28:50	05.46
40	533	TATYS Teresa	WROCLAW		POL	79	K30/40	(K)113	00:29:36	00:29:26	05.53
41	717	SOWA Alina	WROCLAW		POL	76	K30/41	(K)116	00:29:50	00:29:25	05.53
42	4116	GANCARCZYK Elżbieta	WROCLAW		POL	76	K30/42	(K)119	00:29:53	00:29:44	05.56
43	644	RESPONDEK Iwona	WOJNOWICE		POL	78	K30/43	(K)124	00:30:11	00:29:54	05.58

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
44	945	GRUBERSKA Beata	OBORNIKI ŚLĄSKIE	POL		75	K30/44 (K)130	00:30:29	00:30:16	06.03
45	4157	KORNILUK Eliza	WROCLAW	POL		75	K30/45 (K)132	00:30:32	00:30:02	06.00
46	982	MAJCHER BUSZEWSKA Katarzyna		POL		77	K30/46 (K)134	00:30:41	00:30:18	06.03
47	719	SOWULA Dorota	WROCLAW	POL		73	K30/47 (K)135	00:30:42	00:30:18	06.03
48	693	SKUDLARSKA Anna	WROCLAW	POL		75	K30/48 (K)136	00:30:43	00:30:13	06.02
49	752	SZCZEPANIAK Dobromiła	WROCLAW	POL		74	K30/49 (K)137	00:30:43	00:30:19	06.03
50	698	SKWAREK Elżbieta	BIELAWA	POL		77	K30/50 (K)141	00:31:15	00:30:47	06.09
51	745	SWOBODA Anna	WROCLAW	POL		80	K30/51 (K)149	00:31:45	00:31:19	06.15
52	64	BRZOZOWSKA Katarzyna	WROCLAW	POL		79	K30/52 (K)150	00:31:46	00:31:18	06.15
53	716	SONNEK Marta	SYCÓW	POL		81	K30/53 (K)155	00:31:58	00:31:39	06.19
54	136	DUCHINSKA Iza	KAMIENIEC	POL	DUCHY	77	K30/54 (K)157	00:32:06	00:31:58	06.23
55	326	KOSSEK Urszula	WROCLAW	POL		74	K30/55 (K)159	00:32:11	00:31:52	06.22
56	510	MOSIJEWICZ Agnieszka	WROCLAW	POL		74	K30/56 (K)160	00:32:12	00:31:53	06.22
57	729	STASIAK Anna	WROCLAW	POL		82	K30/57 (K)165	00:32:26	00:32:20	06.28
58	676	SERAFINOWICZ Agnieszka	WROCLAW	POL		76	K30/58 (K)169	00:32:39	00:32:16	06.27
59	653	ROSZAK Katarzyna	WROCLAW	POL		80	K30/59 (K)171	00:32:43	00:32:15	06.27
60	174	GAWRYLUK Marta	WROCLAW	POL		79	K30/60 (K)178	00:33:26	00:33:11	06.38
61	278	KARSZNIA Aleksandra	WROCLAW	POL		82	K30/61 (K)182	00:33:53	00:33:47	06.45
62	407	LENSKA Joanna	WROCLAW	POL		73	K30/62 (K)192	00:34:35	00:34:11	06.50
63	242	JANOWSKA Małgorzata	KAMIENIEC	POL	DUCHY	73	K30/63 (K)194	00:34:55	00:34:33	06.54
64	540	NOWACKA-MUSIAŁ Sylwia	WROCLAW	POL		73	K30/64 (K)195	00:35:02	00:34:51	06.58
65	4158	MULARCZYK Jolanta	OBORNIKI ŚLĄSKIE	POL		76	K30/65 (K)196	00:35:07	00:34:54	06.58
66	4075	SOBCZYK Katarzyna	WROCLAW	POL		81	K30/66 (K)198	00:35:18	00:34:58	06.59
67	4076	ROGOWSKA Anna	WROCLAW	POL		75	K30/67 (K)209	00:37:25	00:37:10	07.26

Bieg Główny 5km Kobiety KATEGORIA:K20

1	4153	BATRAK Nataliia	OSTRÓW WIELKOPOLSKI	UKR		88	K20/1 (K)1	00:18:01	00:17:59	03.35
2	313	KOPINIAK Małgorzata	WROCLAW	POL		92	K20/2 (K)11	00:22:17	00:22:16	04.27
3	687	SKARBOWSKA Adrianna	WROCLAW	POL		88	K20/3 (K)13	00:22:29	00:22:19	04.27
4	679	ŚWIATOWA Zuzanna	ŚWIDNICA	POL		90	K20/4 (K)16	00:23:08	00:23:05	04.37
5	248	JARZĘBOWICZ Magdalena	WROCLAW	POL		86	K20/5 (K)19	00:23:30	00:23:24	04.40
6	66	BUDZEŃ Sandra	NYSA	POL		86	K20/6 (K)23	00:23:39	00:23:32	04.42
7	438	ŁOWICKA Magdalena	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	85	K20/7 (K)25	00:23:45	00:23:21	04.40
8	171	GAŁECKA Agata	WROCLAW	POL		86	K20/8 (K)26	00:23:46	00:23:44	04.44
9	4173	KRUCZEK Anna	WROCLAW	POL		85	K20/9 (K)27	00:23:59	00:23:40	04.44
10	493	MILLER Marta	WROCLAW	POL		88	K20/10 (K)29	00:24:07	00:24:04	04.48
11	192	GOULIA Vita	WROCLAW	POL		83	K20/11 (K)30	00:24:13	00:24:05	04.49
12	885	WYSZYŃSKA Katarzyna	SIEWIERZ	POL		84	K20/12 (K)37	00:24:28	00:24:19	04.51
13	390	KUŚ Katarzyna	TWARDOGÓRA	POL		91	K20/13 (K)39	00:24:33	00:24:32	04.54
14	335	KOWALCZYK Agnieszka	SOBOTKA	POL		90	K20/14 (K)40	00:24:34	00:24:28	04.53
15	909	ŻELAZOWSKA Ola	WROCLAW	POL		85	K20/15 (K)45	00:24:48	00:24:36	04.55
16	181	GĘBORYS Małgorzata	WROCLAW	POL		86	K20/16 (K)47	00:25:00	00:24:52	04.58
17	914	ŻYCHOWSKA Magdalena	WROCLAW	POL		88	K20/17 (K)51	00:25:36	00:25:30	05.06
18	881	WRÓBLEWSKA Anna	WROCLAW	POL		86	K20/18 (K)54	00:26:16	00:26:06	05.13
19	787	TAŁAŁAS Agnieszka	WROCLAW	POL		84	K20/19 (K)56	00:26:23	00:26:10	05.14
20	413	LEWICKA Justyna	WROCLAW	POL		88	K20/20 (K)59	00:26:39	00:26:22	05.16
21	379	KUBUŚ Agata	RACIBOROWICE	POL		86	K20/21 (K)60	00:26:40	00:26:30	05.18
22	530	NIEMIEC Katarzyna	WROCLAW	POL		83	K20/22 (K)64	00:27:00	00:26:55	05.23
23	490	MIKOŁAJCZYK Kamila	ODOLANÓW	POL	PORTA KAL	85	K20/23 (K)77	00:27:24	00:27:03	05.24
24	444	MACIONCZYK Agata	RADLIN	POL		88	K20/24 (K)86	00:28:03	00:27:32	05.30
25	28	BARTKOWIAK Aleksandra	ŻMIGRÓD	POL		91	K20/25 (K)91	00:28:11	00:28:08	05.37
26	518	MURAWSKA Kinga	WROCLAW	POL	OSEMKA.PWR.WROC.PL	90	K20/26 (K)95	00:28:41	00:28:18	05.39
27	599	PLEWA Katarzyna	STRONIE ŚLĄSKIE	POL		84	K20/27 (K)99	00:28:50	00:28:47	05.45
28	927	SMAJDA Ewa	KOBIERZYCE	POL		84	K20/28 (K)106	00:29:08	00:28:47	05.45
29	220	HEWCZUK Katarzyna	WROCLAW	POL		86	K20/29 (K)111	00:29:17	00:28:55	05.47
30	120	DEC Małgorzata	SOBÓTKA	POL		85	K20/30 (K)112	00:29:25	00:29:10	05.50
31	443	MACIAŚ Patrycja	PACZKÓW	POL	DOZAMEL-SOLIDARNOŚĆ	84	K20/31 (K)114	00:29:43	00:29:27	05.53
32	633	RADZIŃSKA Katarzyna	WROCLAW	POL		86	K20/32 (K)120	00:29:53	00:29:37	05.55

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
33	815	JACH Katarzyna	WROCLAW	POL	WROCLAW MUCHOBÓR WIELKI	91	K20/33 (K)121	00:29:59	00:29:32	05.54
34	420	LIS Natalia	TRZEBNICA	POL		86	K20/34 (K)126	00:30:18	00:29:55	05.59
35	234	JANECZKO Anna	OSOLA	POL		84	K20/35 (K)128	00:30:25	00:30:18	06.03
36	18	AUGUSTYNIAK Agnieszka	SMOLEC	POL		84	K20/36 (K)139	00:31:08	00:30:43	06.08
37	4169	KULIŃSKA Aneta	WROCLAW	POL		86	K20/37 (K)142	00:31:15	00:30:50	06.10
38	937	BAK Karolina	MIRKÓW	POL		90	K20/38 (K)148	00:31:44	00:31:35	06.19
39	391	KUŚMIERCZYK Katarzyna	JAWOR	POL		85	K20/39 (K)151	00:31:47	00:31:31	06.18
40	256	JEŻOWSKA Aleksandra	WROCLAW	POL		84	K20/40 (K)153	00:31:55	00:31:49	06.21
41	577	PARALUSZ Wioleta	WROCLAW	POL		84	K20/41 (K)154	00:31:57	00:31:36	06.19
42	956	LISIECKA Anna maria	OLEŚNICA	POL		86	K20/42 (K)168	00:32:32	00:32:10	06.26
43	272	KANIA Ewa	SYCÓW	POL		91	K20/43 (K)170	00:32:41	00:32:19	06.27
44	485	MICHALAK Martyna	WROCLAW	POL		84	K20/44 (K)173	00:32:53	00:32:33	06.30
45	799	TOMCZAK Julia	WROCLAW	POL		87	K20/45 (K)174	00:33:01	00:32:52	06.34
46	92	CIERNIEWSKA Katarzyna	WROCLAW	POL		88	K20/46 (K)186	00:34:09	00:33:45	06.45
47	614	POSPIESZAŁA Magdalena	NOWA RUDA	POL		86	K20/47 (K)199	00:35:20	00:35:08	07.01
48	792	TOLŁOCZKO Karolina i zosia	CHWAŁOWICE	POL		84	K20/48 (K)202	00:35:34	00:35:03	07.00
49	236	JANICKA Anna	LEWIN BRZESKI	POL		88	K20/49 (K)205	00:36:12	00:35:44	07.08
50	183	GIEDZIUN Magdalena	WROCLAW	POL		89	K20/50 (K)210	00:37:27	00:37:12	07.26
51	119	DĄBROWSKA Karolina	WROCLAW	POL		83	K20/51 (K)215	00:38:55	00:38:17	07.39
52	4128	LECH Aneta	WROCLAW	POL		83	K20/52 (K)216	00:38:55	00:38:17	07.39
53	550	NYKIEL Celina	STRZELIN	POL		83	K20/53 (K)217	00:38:56	00:38:50	07.46

Bieg Główny 5km Kobiety KATEGORIA:K16

1	761	SZMIT Ania	SARNY WIELKIE	POL		95	K16/1 (K)6	00:21:22	00:21:20	04.16
2	4140	CHODORSKA Paulina	WROCLAW	POL		95	K16/2 (K)9	00:21:59	00:21:52	04.22
3	955	LEWANDOWSKA Estera	WROCLAW	POL		96	K16/3 (K)18	00:23:18	00:23:13	04.38
4	607	POLAŃSKA Anna	LUBIAŻ	POL		93	K16/4 (K)21	00:23:30	00:23:15	04.39
5	810	TRAWNICZEK Agnieszka	BIELAWA	POL		95	K16/5 (K)31	00:24:18	00:24:10	04.50
6	651	ROMANOWSKA Justyna	KĄTY WROCLAWSKIE	POL		93	K16/6 (K)35	00:24:22	00:24:17	04.51
7	567	OGRODNIK Marta	WROCLAW	POL		95	K16/7 (K)48	00:25:11	00:25:03	05.00
8	552	OBODZIŃSKA Maria	WROCLAW	POL		93	K16/8 (K)55	00:26:20	00:26:08	05.13
9	4196	WITKOWSKA Disa	WROCLAW	POL		95	K16/9 (K)58	00:26:35	00:26:27	05.17
10	31	BARTKOWIAK Paulina	ŻMIGRÓD	POL		93	K16/10 (K)61	00:26:43	00:26:40	05.20
11	952	KRAŚNICKA Katarzyna	WROCLAW	POL		95	K16/11 (K)63	00:26:59	00:26:53	05.22
12	37	BENTYN Aleksandra	OTRĘBUSY	POL		93	K16/12 (K)65	00:27:00	00:26:33	05.18
13	707	GRAHAM Nicola	WROCLAW	POL		96	K16/13 (K)71	00:27:11	00:27:11	05.26
14	979	ŁYSIEN Alicja	WROCLAW	POL		95	K16/14 (K)93	00:28:35	00:28:08	05.37
15	779	ŚWIĄTEK Eliza	ŚCINAWA	POL		94	K16/15 (K)102	00:29:01	00:28:57	05.47
16	369	KRYSIAK Magdalena	WROCLAW	POL		94	K16/16 (K)105	00:29:07	00:28:58	05.47
17	231	JACUŃSKA Karolina	WROCLAW	POL		93	K16/17 (K)117	00:29:51	00:29:31	05.54
18	919	KLUZA Katarzyna	WROCLAW	POL		94	K16/18 (K)123	00:30:08	00:29:49	05.57
19	827	WALASZCZYK Aleksandra	GRABOWNO WIELKIE	POL		95	K16/19 (K)133	00:30:36	00:30:22	06.04
20	15043	KARSKA Maja	WIEDEŃ	AUT		93	K16/20 (K)161	00:32:16	00:32:03	06.24
21	107	CZECH Aneta	WROCLAW	POL		94	K16/21 (K)163	00:32:20	00:31:58	06.23
22	416	LIPNICKA Agnieszka	WROCLAW	POL		96	K16/22 (K)167	00:32:31	00:32:02	06.24
23	805	TOMES Anna	WROCLAW	POL		94	K16/23 (K)172	00:32:48	00:32:18	06.27
24	15042	KARSKA Paula	ZŁOTORYJA	POL	LO NR 7 WROCLAW	96	K16/24 (K)179	00:33:33	00:33:20	06.40
25	960	MURAWSKA Milena	WROCLAW	POL		96	K16/25 (K)180	00:33:42	00:33:18	06.39
26	931	WOLNIAK Dorota	WROCLAW	POL		94	K16/26 (K)207	00:36:59	00:36:50	07.22
27	257	JĘDRYCZKA Dominika	WROCLAW	POL		94	K16/27 (K)224	00:42:18	00:41:57	08.23
28	132	DROZD Monika	WROCLAW	POL		94	K16/28 (K)225	00:42:19	00:41:58	08.23
29	4104	KUŚ Ewelina		POL		94	K16/29 (K)227	00:43:54	00:43:43	08.44

Bieg Główny 5km Kobiety KATEGORIA:K12

1	4121	JĄŁOSZYŃSKA Magda		POL		00	K12/1 (K)28	00:24:03	00:23:55	04.47
2	4117	DAWIDOWICZ Magda		POL		97	K12/2 (K)53	00:26:12	00:26:03	05.12
3	4103	FLIS Agata		POL		98	K12/3 (K)70	00:27:11	00:27:01	05.24
4	608	POLAŃSKA Bernadetta	LUBIAŻ	POL		97	K12/4 (K)72	00:27:12	00:27:12	05.26
5	615	POŚPIECH Dominika	WROCLAW	POL		97	K12/5 (K)75	00:27:13	00:27:09	05.25
6	451	MAJCHER Anna	RADWANICE	POL		97	K12/6 (K)76	00:27:21	00:26:55	05.23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
7	4105	JALOSZYŃSKA Anna		POL		98	K12/7 (K)88	00:28:04	00:27:53	05.34
8	465	MAREK Zuzanna	WROCLAW	POL		97	K12/8 (K)100	00:28:52	00:28:40	05.44
9	987	STOKOWSKA Weronika	WROCLAW	POL		99	K12/9 (K)118	00:29:52	00:29:42	05.56
10	975	POŚWISTAK Izabella	CZERNICA	POL		97	K12/10 (K)143	00:31:15	00:31:11	06.14
11	15041	BOCZEK Karolina	WROCLAW	POL	MIGRÓD GRODZISZCZE	06	K12/11 (K)158	00:32:10	00:31:50	06.22
12	2317	STOKOWSKA Julia		POL		00	K12/12 (K)175	00:33:09	00:33:00	06.36
13	4078	WIKTORIA Sławin	WROCLAW	POL		98	K12/13 (K)185	00:34:00	00:33:57	06.47
14	76	CETERA Urszula	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	97	K12/14 (K)187	00:34:12	00:34:02	06.48
15	274	KARBOWSKA Julia	TWARDOGÓRA	POL		00	K12/15 (K)191	00:34:33	00:34:14	06.50
16	4092	SACHA Urszula	WROCLAW	POL		00	K12/16 (K)206	00:36:45	00:36:37	07.19
17	478	MAZUR Dominika	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	97	K12/17 (K)211	00:37:28	00:37:17	07.27
18	131	DROZD Ewelina	WROCLAW	POL		99	K12/18 (K)213	00:38:11	00:37:48	07.33
19	95	CISŁOWSKA Monika	WROCLAW	POL		97	K12/19 (K)214	00:38:40	00:38:26	07.41
20	319	KORZCKA Karolina	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	97	K12/20 (K)219	00:40:30	00:40:19	08.03
21	765	SZUBERT Ewelina	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	97	K12/21 (K)220	00:40:49	00:40:39	08.07
22	929	SZCZEPANIAK Kinga	WROCLAW	POL		99	K12/22 (K)223	00:41:20	00:40:50	08.10
23	4109	IWANKIEWICZ Ola		POL		98	K12/23 (K)226	00:43:51	00:43:40	08.44

Bieg Główny 5km Mężczyźni KATEGORIA:M70

1	573	PALCZAK Józef	WROCLAW	POL		41	M70/1 (M)214	00:22:41	00:22:38	04.31
2	134	DUBIJ Leon	WROCLAW	POL		41	M70/2 (M)253	00:23:24	00:23:17	04.39
3	624	PUSZCZEWICZ Zenon	PISARZOWICE	POL		41	M70/3 (M)297	00:23:59	00:23:59	04.47
4	4138	STYCZEŃ Mieczysław	KĄTY WROCLAWSKIE	POL		40	M70/4 (M)337	00:24:29	00:24:08	04.49
5	87	CHWASTYK Karol	KĄTY WROCLAWSKIE	POL		38	M70/5 (M)362	00:24:56	00:24:48	04.57
6	140	DURA Kazimierz	WROCLAW	POL		39	M70/6 (M)419	00:25:56	00:25:49	05.09
7	347	KOZDRA Mieczysław	NADOLICE WLK	POL		41	M70/7 (M)423	00:26:10	00:26:07	05.13
8	579	PATER Zbigniew	WROCLAW	POL		40	M70/8 (M)566	00:30:03	00:29:33	05.54
9	581	PAWLACZYK Marian	WROCLAW	POL		34	M70/9 (M)571	00:30:14	00:29:56	05.59
10	455	MALISZEWSKI Józef	WROCLAW	POL		40	M70/10 (M)592	00:31:28	00:31:17	06.15
11	387	KUPCZYK Stanisław	WROCLAW	POL		28	M70/11 (M)634	00:53:21	00:53:18	10.39

Bieg Główny 5km Mężczyźni KATEGORIA:M60

1	4095	OCHOTA Jerzy	POLICE	POL		52	M60/1 (M)92	00:20:08	00:20:06	04.01
2	143	DYGUDAJ Jerzy	LEGNICA	POL		49	M60/2 (M)146	00:21:15	00:21:11	04.14
3	538	NOSAL Kazimierz	ŚWIDNICA	POL		50	M60/3 (M)205	00:22:33	00:22:28	04.29
4	103	CZAJKOWSKI Stanisław	JELCZ-LASKOWICE	POL		50	M60/4 (M)224	00:22:49	00:22:34	04.30
5	620	PRZYBYLSKI Czesław	PSZENNO	POL	HERMES SWIDNICA	46	M60/5 (M)225	00:22:49	00:22:46	04.33
6	755	SZCZEŚNIAK Andrzej	WROCLAW	POL	LUKS ŻÓRAWINA	49	M60/6 (M)275	00:23:39	00:23:34	04.42
7	378	SZCZEŚNIAK Józef	TYNIEC	POL		43	M60/7 (M)280	00:23:46	00:23:37	04.43
8	602	PŁONKA Marian	WROCLAW	POL		48	M60/8 (M)285	00:23:51	00:23:41	04.44
9	441	MACHOWSKI Edward	WOLOW	POL		48	M60/9 (M)310	00:24:09	00:24:00	04.48
10	185	GIZINSKI Stefan	WOLOW	POL		48	M60/10 (M)340	00:24:31	00:24:24	04.52
11	611	PONIECKI Jan	SYCÓW	POL	KB LUPUS SYSÓW	46	M60/11 (M)350	00:24:40	00:24:36	04.55
12	202	GRĘDA Józef	SYCÓW	POL		46	M60/12 (M)352	00:24:44	00:24:40	04.56
13	24	BARABASZ Jerzy	WROCLAW	POL		50	M60/13 (M)358	00:24:51	00:24:47	04.57
14	701	SMYKOWSKI Władysław	OLAWA	POL		49	M60/14 (M)359	00:24:52	00:24:48	04.57
15	834	WANAT Wacław	WROCLAW	POL		46	M60/15 (M)371	00:25:01	00:25:00	05.00
16	53	BORA Andrzej	WROCLAW	POL		48	M60/16 (M)391	00:25:21	00:25:11	05.02
17	732	STAWARZ Mieczysław	ŚWIDNICA	POL		51	M60/17 (M)397	00:25:25	00:25:05	05.01
18	549	NOWICKI Zbigniew	WROCLAW	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	50	M60/18 (M)399	00:25:27	00:25:04	05.00
19	410	LEŚNIAK Józef	WROCLAW	POL	WKB PIAST WROCLAW	45	M60/19 (M)405	00:25:37	00:25:25	05.05
20	419	LIPOWSKI Zdzisław	LEGNICA	POL	KB LEW LEGNICA	46	M60/20 (M)409	00:25:44	00:25:30	05.06
21	656	RUDNO-RUDZIŃSKI Krzysztof	WROCLAW	POL		49	M60/21 (M)433	00:26:25	00:25:57	05.11
22	158	FLORCZAK Zdzisław	WROCLAW	POL		52	M60/22 (M)459	00:26:59	00:26:53	05.22
23	307	KOLIŃSKI Krzysztof	WROCLAW	POL		45	M60/23 (M)478	00:27:30	00:27:04	05.24
24	773	ŚLEBODA Ryszard	WOŁÓW	POL		44	M60/24 (M)480	00:27:31	00:27:17	05.27
25	4195	OLECH Jerzy	WROCLAW	POL		52	M60/25 (M)482	00:27:33	00:27:23	05.28
26	816	TUBICZ Jerzy	WROCLAW	POL	WROCLAW MUCHOBÓR WIELKI	52	M60/26 (M)524	00:28:41	00:28:39	05.43
27	4164	KORCZAK Józef	WOŁÓW	POL		50	M60/27 (M)534	00:28:58	00:28:49	05.45

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
28	887	ZA ŁĘSKI Henryk	SOBÓTKA	POL	WKB-PIAST WROCLAW	45	M60/28 (M)543	00:29:26	00:28:56	05.47
29	666	SADOWSKI Andrzej	WROCLAW	POL		46	M60/29 (M)580	00:30:40	00:30:21	06.04
30	241	JANKOWSKI Ryszard	WROCLAW	POL		43	M60/30 (M)589	00:31:20	00:30:50	06.10
31	1523	SOBÓTKA Antoni	WROCLAW	POL		45	M60/31 (M)625	00:37:28	00:37:03	07.24
32	671	SAWICKI Czesław	WROCLAW	POL		47	M60/32 (M)633	00:53:01	00:52:56	10.35



























































Bieg Główny 5km Mężczyźni KATEGORIA:M50


























































1	294	KIELCZEWSKI Grzegorz	WROCLAW	POL		60	M50/1 (M)12	00:16:52	00:16:52	03.22
2	682	SIEMASZKO Jerzy	OPOLE	POL		62	M50/2 (M)15	00:17:06	00:17:06	03.25
3	392	KUŻMA Wiesław	WROCLAW	POL		62	M50/3 (M)23	00:17:43	00:17:42	03.32
4	280	KARWATKA Andrzej	GŁOGÓW	POL		57	M50/4 (M)42	00:18:33	00:18:31	03.42
5	110	CZERSKI Marian	WROCLAW	POL	WKB-PIAST WROCLAW	57	M50/5 (M)46	00:18:36	00:18:35	03.43
6	797	TOMCZAK Henryk	WROCLAW	POL	WKB-PIAST WROCLAW	62	M50/6 (M)60	00:19:07	00:19:02	03.48
7	949	JANOWICZ Jerzy	LESZNO	POL	ACHILES LESZNO	57	M50/7 (M)70	00:19:21	00:19:19	03.51
8	593	PILARSKI Dionizy	OLEŚNICA	POL		61	M50/8 (M)74	00:19:32	00:19:32	03.54
9	659	RYBA Jan	WROCLAW	POL		62	M50/9 (M)79	00:19:41	00:19:39	03.55
10	4087	HARBUK Ryszard	WROCLAW	POL		61	M50/10 (M)97	00:20:17	00:20:14	04.02
11	600	PLUTA Piotr	WROCLAW	POL		62	M50/11 (M)99	00:20:22	00:20:16	04.03
12	714	SÓLTYS Jacek	RADWANICE	POL		62	M50/12 (M)104	00:20:31	00:20:14	04.02
13	968	WILK Czesław	MIRKÓW	POL		58	M50/13 (M)113	00:20:40	00:20:38	04.07
14	301	KŁOCZANIUK Marek	KEPNO	POL		61	M50/14 (M)126	00:20:52	00:20:51	04.10
15	740	STYPULA Marian	ŚWIDNICA	POL		61	M50/15 (M)129	00:20:54	00:20:50	04.10
16	4134	PANEJKO Wiesław	WROCLAW	POL		53	M50/16 (M)141	00:21:06	00:20:55	04.11
17	876	WÓJCİK Jacek	KOTOWICE	POL	WKB-PIAST WROCLAW	61	M50/17 (M)143	00:21:09	00:21:08	04.13
18	15035	LECHOWSKI Grzegorz	WROCLAW	POL		55	M50/18 (M)152	00:21:19	00:21:18	04.15
19	841	WIĄCEK Marek	WROCLAW	POL	IM 2010	62	M50/19 (M)159	00:21:37	00:21:33	04.18
20	267	KACZMAREK Marek	WROCLAW	POL		55	M50/20 (M)162	00:21:44	00:21:30	04.18
21	840	WESOŁOWSKI Stanisław	URAZ	POL		54	M50/21 (M)164	00:21:46	00:21:36	04.19
22	461	MARCINKIEWICZ Tadeusz	WROCLAW	POL	WKB-PIAST WROCLAW	53	M50/22 (M)169	00:21:53	00:21:40	04.20
23	291	KICINSKI Roman	PERKOWO	POL		54	M50/23 (M)177	00:22:04	00:21:56	04.23
24	695	SKUDLARSKI Kamil	WROCLAW	POL		61	M50/24 (M)183	00:22:07	00:21:50	04.22
25	4088	LANGNER Krzysztof	WROCLAW	POL		62	M50/25 (M)197	00:22:25	00:22:12	04.26
26	898	ZARZYCKI Janusz	WROCLAW	POL		60	M50/26 (M)239	00:23:09	00:23:06	04.37
27	26	BARAŃSKI Andrzej	WROCLAW	POL	PRO-RUN WROCLAW	60	M50/27 (M)244	00:23:17	00:23:05	04.37
28	884	WYSOCZANSKI Kazimierz	WOLOW	POL		61	M50/28 (M)261	00:23:32	00:23:24	04.40
29	4200	TROJAN Stanisław	WROCLAW	POL		58	M50/29 (M)267	00:23:35	00:23:08	04.37
30	19	BABSKI Tadeusz	JELCZ-LASKOWICE	POL		57	M50/30 (M)283	00:23:50	00:23:34	04.42
31	618	PRZECH Władysław	NADOLICE WLK	POL		56	M50/31 (M)294	00:23:57	00:23:53	04.46
32	537	NIEGÓDKA Zbigniew	WROCLAW	POL		59	M50/32 (M)295	00:23:57	00:23:55	04.47
33	627	PYTEL Andrzej	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	62	M50/33 (M)300	00:24:02	00:23:48	04.45
34	262	JURECKI Henryk	MOKRONOS GÓRNY	POL		59	M50/34 (M)318	00:24:16	00:23:59	04.47
35	596	PISZCZAŁKA Krzysztof	SOBÓTKA	POL		61	M50/35 (M)332	00:24:26	00:24:13	04.50
36	849	WIELGUS Jan	ROŚCIŚLAWICE	POL		61	M50/36 (M)338	00:24:29	00:24:22	04.52
37	430	ŁABUZ Marek	WROCLAW	POL		56	M50/37 (M)344	00:24:35	00:24:13	04.50
38	860	WŁODARCZYK Andrzej	PIECHOWICE	POL		59	M50/38 (M)349	00:24:39	00:24:28	04.53
39	376	KSOK Mirosław	WROCLAW	POL		57	M50/39 (M)351	00:24:41	00:24:15	04.51
40	582	PAWLIK Andrzej	WROCLAW	POL		54	M50/40 (M)379	00:25:07	00:24:52	04.58
41	844	WIECZOREK Marian	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	57	M50/41 (M)380	00:25:08	00:25:02	05.00
42	337	KOWALCZYK Piotr	SOBOTKA	POL		59	M50/42 (M)388	00:25:18	00:25:12	05.02
43	402	LACHOWICZ Janusz	REKÓW	POL		61	M50/43 (M)400	00:25:32	00:25:11	05.02
44	90	CIECIORA Wojciech	SOBÓTKA	POL		61	M50/44 (M)415	00:25:50	00:25:36	05.07
45	911	ŻUKROWSKI Janusz	WROCLAW	POL		55	M50/45 (M)422	00:26:08	00:25:59	05.11
46	4089	ŁEPKOWSKI Jan	WROCLAW	POL		55	M50/46 (M)425	00:26:14	00:26:06	05.13
47	213	HACKEMER Marek	WROCLAW	POL		58	M50/47 (M)431	00:26:22	00:26:07	05.13
48	976	CHRAPKIEWICZ Zdzisław	WROCLAW	POL		54	M50/48 (M)436	00:26:29	00:26:11	05.14
49	4108	KOWALCZYK Tadeusz	BOROWA	POL		55	M50/49 (M)437	00:26:31	00:26:21	05.16
50	368	KRYSIĄK Dariusz	WROCLAW	POL		60	M50/50 (M)443	00:26:44	00:26:41	05.20
51	458	MANDAT Jan	OLEŚNICA	POL	KB LUPUS OLEŚNICA	59	M50/51 (M)444	00:26:46	00:26:44	05.20
52	355	KRAUZE Andrzej	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	57	M50/52 (M)450	00:26:55	00:26:38	05.19

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
53	122	DOLATA Leszek	SYCÓW	POL		58	M50/53 (M)453	00:26:56	00:26:47	05.21
54	479	MAZUR Tadeusz	WROCLAW	POL		55	M50/54 (M)468	00:27:14	00:27:04	05.24
55	93	CIERNIEWSKI Roman	WROCLAW	POL		59	M50/55 (M)515	00:28:26	00:28:03	05.36
56	780	ŚWIĄTEK Mirosław	WROCLAW	POL		58	M50/56 (M)516	00:28:29	00:28:02	05.36
57	50	BOGDAL Krzysztof	WROCLAW	POL		57	M50/57 (M)523	00:28:41	00:28:38	05.43
58	464	MAREK Romuald	WROCLAW	POL		59	M50/58 (M)531	00:28:52	00:28:26	05.41
59	449	MADEŁA Mirosław	WROCLAW	POL		56	M50/59 (M)532	00:28:53	00:28:25	05.41
60	992	OBREMSKI Jarosław	WROCLAW	POL		62	M50/60 (M)533	00:28:57	00:28:29	05.41
61	513	MOSZUMAŃSKI Dariusz	WROCLAW	POL		58	M50/61 (M)540	00:29:15	00:29:01	05.48
62	870	WOLNIAK Janusz	WROCLAW	POL		60	M50/62 (M)542	00:29:23	00:29:09	05.49
63	4136	PÓLTORAK Piotr	WROCLAW	POL		61	M50/63 (M)544	00:29:26	00:28:56	05.47
64	312	KONIECZNY Janusz	WROCLAW	POL		55	M50/64 (M)545	00:29:26	00:28:56	05.47
65	15045	BOLEK Marek	WROCLAW	POL		59	M50/65 (M)553	00:29:38	00:29:16	05.51
66	49	BOCZULA Krzysztof	BIELAWA	POL		62	M50/66 (M)568	00:30:09	00:29:44	05.56
67	150	FARAŃSKI Piotr	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	62	M50/67 (M)578	00:30:36	00:30:27	06.05
68	684	SIKORA Janusz	WROCLAW	POL		57	M50/68 (M)590	00:31:20	00:30:49	06.09
69	610	POLOCZEK Marek	WROCLAW	POL	WKB PIAST WROCLAW	55	M50/69 (M)600	00:31:49	00:31:20	06.16
70	456	MAŁYS Waldemar	WROCLAW	POL		57	M50/70 (M)611	00:34:06	00:33:48	06.45
71	138	DUDAŁA Ryszard	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	54	M50/71 (M)620	00:35:54	00:35:45	07.09

Bieg Główny 5km Mężczyźni KATEGORIA:M40

1	218	HAZUBSKI Andrzej	TRZEBNICA	POL		68	M40/1 (M)21	00:17:31	00:17:29	03.29
2	4141	BILL Mariusz	JORDANÓW ŚLĄSKI	POL		69	M40/2 (M)27	00:17:55	00:17:55	03.35
3	240	JANKOWSKI Grzegorz	JACZÓW	POL		72	M40/3 (M)30	00:18:00	00:17:59	03.35
4	268	KACZMAREK Zbigniew	TRZEBNICA	POL		72	M40/4 (M)47	00:18:36	00:18:36	03.43
5	56	BOROCHOWSKI Piotr	WROCLAW	POL	WKB PIAST WROCLAW	72	M40/5 (M)52	00:18:48	00:18:47	03.45
6	954	LEŚNICKI Marek	STANOWICE	POL		67	M40/6 (M)58	00:19:04	00:19:02	03.48
7	821	ULIASZ Jerzy	BYSTRZYCA KŁODZKA	POL		69	M40/7 (M)59	00:19:05	00:19:04	03.48
8	243	JANOWSKI Krzysiek	KAMIENIEC	POL	DUCHY	70	M40/8 (M)66	00:19:17	00:19:14	03.50
9	235	JANIAK Witold	WROCLAW	POL		70	M40/9 (M)80	00:19:43	00:19:39	03.55
10	859	BUDKA Mirosław	WAŁBRZYCH	POL		68	M40/10 (M)81	00:19:44	00:19:43	03.56
11	516	MOŻEJKO Zbigniew	WROCLAW	POL		69	M40/11 (M)98	00:20:19	00:20:16	04.03
12	199	GRABKOWSKI Robert	ŻMIGRÓD	POL	KB SUKCES ŻMIGRÓD	69	M40/12 (M)109	00:20:35	00:20:29	04.05
13	750	SZAWDZIN Krzysztof	WROCLAW	POL		69	M40/13 (M)119	00:20:48	00:20:43	04.08
14	258	JĘDRZEJCZYK Piotr	OLEŚNICA	POL		72	M40/14 (M)123	00:20:52	00:20:46	04.09
15	12	ANASZEWSKI Andrzej	WROCLAW	POL		68	M40/15 (M)127	00:20:53	00:20:52	04.10
16	135	DUBOWIECKI Witek	WROCLAW	POL		71	M40/16 (M)130	00:20:55	00:20:49	04.09
17	907	ZIÓLKOWSKI Przemysław	JUTROSIN	POL		68	M40/17 (M)137	00:21:03	00:20:57	04.11
18	966	SZCZĘŚNIK Jerzy	WROCLAW	POL		68	M40/18 (M)142	00:21:08	00:21:01	04.12
19	4171	NIKSIŃSKI Dariusz	WROCLAW	POL		66	M40/19 (M)154	00:21:30	00:21:21	04.16
20	488	MICHAŁSKI Ryszard	WROCLAW	POL		64	M40/20 (M)163	00:21:45	00:21:35	04.19
21	14	ANDRZEJAK Dariusz	WROCLAW	POL		67	M40/21 (M)165	00:21:47	00:21:41	04.20
22	94	CIEŚLAK Zdzisław	ŚWIDNICA	POL		70	M40/22 (M)181	00:22:07	00:21:54	04.22
23	763	SZOMBURG Tomasz	WROCLAW	POL	TEAM BBL	71	M40/23 (M)182	00:22:07	00:22:07	04.25
24	334	KOTWICA Andrzej	WROCLAW	POL		63	M40/24 (M)184	00:22:08	00:22:00	04.24
25	890	ZAJĄC Jan	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	68	M40/25 (M)189	00:22:10	00:21:53	04.22
26	508	MORAWSKI Mariusz	WROCLAW	POL		67	M40/26 (M)190	00:22:10	00:22:06	04.25
27	505	MODRZEJEWSKI Roman	GRABÓW NAD PROSNĄ	POL	GRABOWIANIE	67	M40/27 (M)191	00:22:15	00:22:11	04.26
28	100	CYTAWA Arkadiusz	WROCLAW	POL		71	M40/28 (M)198	00:22:26	00:22:17	04.27
29	418	LIPNICKI Tomasz	WROCLAW	POL		70	M40/29 (M)202	00:22:30	00:22:02	04.24
30	324	KOSIOL Andrzej	WROCLAW	POL		64	M40/30 (M)211	00:22:37	00:22:22	04.28
31	77	CHAŁUPCZAK Cezary	WROCLAW	POL		69	M40/31 (M)218	00:22:46	00:22:41	04.32
32	222	HRYDCZUK Wiesław	WIĄZÓW	POL	PKS-BRZEG	64	M40/32 (M)220	00:22:47	00:22:42	04.32
33	730	STAŚKIEWICZ Andrzej	ŻMIGRÓD	POL		68	M40/33 (M)226	00:22:50	00:22:31	04.30
34	938	PRZEMYSŁAW Demków	SOBÓTKA	POL		72	M40/34 (M)230	00:22:55	00:22:46	04.33
35	15006	MORSKI Piotr	WROCLAW	POL		65	M40/35 (M)246	00:23:18	00:22:36	04.31
36	29	BARTKOWIAK Hubert	ŻMIGRÓD	POL		68	M40/36 (M)252	00:23:24	00:23:17	04.39
37	812	TRAWNICZEK Piotr	BIELAWA	POL		66	M40/37 (M)260	00:23:32	00:23:31	04.42
38	346	KOWNACKI Jacek	WROCLAW	POL		72	M40/38 (M)265	00:23:34	00:23:17	04.39

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
39	486	MICHALSKI Adam	SOBÓTKA	 POL		70	M40/39 (M)268	00:23:35	00:23:30	04.42
40	774	ŚLEDZIKOWSKI Bogdan	WROCLAW	 POL		63	M40/40 (M)276	00:23:42	00:23:32	04.42
41	343	KOWALIK Wojciech	WROCLAW	 POL		64	M40/41 (M)277	00:23:44	00:23:41	04.44
42	747	SZAFRANIEC Krzysztof	WROCLAW	 POL		70	M40/42 (M)281	00:23:47	00:23:32	04.42
43	229	JACH Paweł i maciek	WROCLAW	 POL		64	M40/43 (M)291	00:23:56	00:23:28	04.41
44	469	MARYNOWSKI Jerzy	WROCLAW	 POL		69	M40/44 (M)293	00:23:57	00:23:48	04.45
45	284	KASPRZAK Tomasz	WROCLAW	 POL		63	M40/45 (M)304	00:24:04	00:23:39	04.43
46	4098	RAFALSKI Marek	WROCLAW	 POL		72	M40/46 (M)306	00:24:05	00:23:55	04.47
47	405	LEE Jei hoon	WROCLAW	 POL		64	M40/47 (M)307	00:24:05	00:23:59	04.47
48	359	KRĘŻEL Piotr	WROCLAW	 POL	PRO-RUN WROCLAW	72	M40/48 (M)316	00:24:12	00:24:06	04.49
49	808	TOPIŃSKI Waldemar	WROCLAW	 POL		71	M40/49 (M)333	00:24:27	00:24:15	04.51
50	507	MOLENDĄ Michał	WROCLAW	 POL		71	M40/50 (M)334	00:24:28	00:24:21	04.52
51	767	SZUMSKI Piotr	WROCLAW	 POL		69	M40/51 (M)343	00:24:35	00:24:12	04.50
52	548	NOWICKI Wojciech	KIELCZÓW	 POL		72	M40/52 (M)345	00:24:37	00:24:27	04.53
53	8	ADAMSKI Rafał	WROCLAW	 POL		68	M40/53 (M)354	00:24:47	00:24:35	04.55
54	984	JĘDRZEJEWSKI Zbigniew	WROCLAW	 POL		63	M40/54 (M)356	00:24:48	00:24:35	04.55
55	263	JURECKI Zygfryd	WROCLAW	 POL		65	M40/55 (M)360	00:24:53	00:24:29	04.53
56	296	KIRKIEWICZ Ireneusz	OŁAWA	 POL		71	M40/56 (M)375	00:25:04	00:24:36	04.55
57	603	PŁONKA Ryszard	WROCLAW	 POL		65	M40/57 (M)376	00:25:05	00:24:56	04.59
58	625	PYKA Mariusz	BIELANY WROCLAWSKIE	 POL		72	M40/58 (M)382	00:25:09	00:24:58	04.59
59	788	TATROCKI Krzysztof	SOBÓTKA	 POL		69	M40/59 (M)384	00:25:12	00:25:04	05.00
60	342	KOWALIK Grzegorz	WROCLAW	 POL		67	M40/60 (M)395	00:25:24	00:25:13	05.02
61	496	MIZERA Sławomir	WROCLAW	 POL		71	M40/61 (M)396	00:25:24	00:25:06	05.01
62	1872	KARCZYŃSKI Krzysztof	WROCLAW	 POL		71	M40/62 (M)407	00:25:40	00:25:27	05.05
63	48	BŁAWACKI Grzegorz	SZCZAWNO-ZDRÓJ	 POL		71	M40/63 (M)408	00:25:41	00:25:27	05.05
64	39	BIELECKI Krzysztof	WROCLAW	 POL		72	M40/64 (M)416	00:25:51	00:25:36	05.07
65	389	KURILEC Krzysztof	WROCLAW	 POL	BIEGAM BO LUBIĘ WROCLAW	64	M40/65 (M)424	00:26:11	00:25:47	05.09
66	123	DOLIŃSKI Tomasz	WROCLAW	 POL		64	M40/66 (M)435	00:26:25	00:26:08	05.13
67	52	BOHDANOWICZ Tomasz	WROCLAW	 POL		70	M40/67 (M)438	00:26:31	00:26:04	05.12
68	696	SKUDLARSKI Paweł	TRUMBULL	 USA		63	M40/68 (M)446	00:26:49	00:26:19	05.15
69	683	SIENKIEWICZ Zbigniew	OPOLE	 POL		64	M40/69 (M)447	00:26:51	00:26:38	05.19
70	439	ŁUCZAK Jarosław	OLEŚNICA	 POL	KB LUPUS OLEŚNICA	72	M40/70 (M)460	00:27:00	00:26:43	05.20
71	590	PERNAK Robert	KIELCZÓW	 POL		64	M40/71 (M)464	00:27:10	00:26:47	05.21
72	260	JOPEK Robert	OLEŚNICA	 POL		70	M40/72 (M)470	00:27:15	00:26:57	05.23
73	738	STOGA Tomek	WROCLAW	 POL		70	M40/73 (M)471	00:27:19	00:27:11	05.26
74	680	SĘDZIK Jacek	WROCLAW	 POL	WROCLAW	67	M40/74 (M)476	00:27:26	00:27:11	05.26
75	4175	SZUSZKIEWICZ Jacek	WROCLAW	 POL		66	M40/75 (M)491	00:27:51	00:27:21	05.28
76	646	RODZEWICZ Krzysztof	WROCLAW	 POL		67	M40/76 (M)492	00:27:56	00:27:31	05.30
77	545	NOWAK Wojciech	WROCLAW	 POL		64	M40/77 (M)503	00:28:07	00:27:43	05.32
78	15044	ZIEMIAŃSKI Paweł	SZCZEPANÓW	 POL		69	M40/78 (M)504	00:28:09	00:28:01	05.36
79	783	ŚWIĘŚ Dariusz	ŁĘG	 POL		68	M40/79 (M)506	00:28:10	00:27:45	05.33
80	4085	SUJECKI Andrzej	BELCHATÓW	 POL		68	M40/80 (M)514	00:28:23	00:27:58	05.35
81	401	KWIECIEŃ Jeremi	MIRKÓW	 POL		65	M40/81 (M)519	00:28:35	00:28:17	05.39
82	180	GĘBKA Wojciech	WROCLAW	 POL		69	M40/82 (M)520	00:28:37	00:28:16	05.39
83	754	SZCZERKOWSKI Waldemar	WAŁBRZYCH	 POL		64	M40/83 (M)521	00:28:39	00:28:38	05.43
84	4094	CHOMIAK Robert	WROCLAW	 POL		67	M40/84 (M)526	00:28:43	00:28:24	05.40
85	803	TOMCZAK Rafał	WROCLAW	 POL		71	M40/85 (M)546	00:29:27	00:29:08	05.49
86	1516	KRZYSZTOŃ Piotr	WROCLAW	 POL		72	M40/86 (M)547	00:29:30	00:29:05	05.49
87	689	SKOWRON Jerzy	WROCLAW	 POL		72	M40/87 (M)550	00:29:31	00:29:14	05.50
88	936	BALA Rafał	WROCLAW	 POL	WROCLAW	72	M40/88 (M)563	00:29:56	00:29:44	05.56
89	126	DOMAGAŁA Marcin	WROCLAW	 POL	LEŚNICA	72	M40/89 (M)575	00:30:31	00:30:16	06.03
90	4096	WILANOWSKI Tomasz	WROCLAW	 POL		70	M40/90 (M)576	00:30:33	00:30:12	06.02
91	226	IWANOW Adam	WROCLAW	 POL		68	M40/91 (M)579	00:30:38	00:30:09	06.01
92	149	FALIGOWSKI Robert	WROCLAW	 POL		70	M40/92 (M)582	00:31:01	00:30:53	06.10
93	408	LENTKA Janusz	WROCLAW	 POL	DOZAMEL-SOLIDARNOŚĆ	64	M40/93 (M)588	00:31:15	00:31:06	06.13
94	888	ZADZIORSKI Andrzej	JAWORZYNA ŚLĄSKA	 POL		67	M40/94 (M)591	00:31:20	00:31:04	06.12
95	868	WOJDYŁA Mieczysław	WROCLAW	 POL		64	M40/95 (M)597	00:31:40	00:31:09	06.13
96	366	KRUSZONA Mariusz	WROCLAW	 POL		72	M40/96 (M)598	00:31:42	00:31:32	06.18

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
97	948	JAGODZIŃSKI Mariusz	MIRKÓW	 POL		64	M40/97 (M)599	00:31:44	00:31:37	06.19
98	519	MUSIAŁ Kazimierz	WROCLAW	 POL		66	M40/98 (M)615	00:34:25	00:33:56	06.47
99	806	TOMES Tomasz	WROCLAW	 POL		67	M40/99 (M)619	00:35:43	00:35:13	07.02
100	4081	ROGOWSKI Artur	WROCLAW	 POL		65	M40/100 (M)624	00:37:26	00:37:11	07.26
Bieg Główny 5km Mężczyźni KATEGORIA:M30										
1	4154	BLAHODIR Yuriy	OSTRÓW WIELKOPOLSKI	 UKR		81	M30/1 (M)5	00:16:06	00:16:06	03.13
2	118	DAWIDZIUK Maciej	PROBOSZCZÓW	 POL		79	M30/2 (M)8	00:16:41	00:16:41	03.20
3	638	RAK Paweł	OLEŚNICA	 POL		82	M30/3 (M)10	00:16:45	00:16:44	03.20
4	204	GRONOSTAJ Grzegorz	WROCLAW	 POL		74	M30/4 (M)11	00:16:50	00:16:50	03.22
5	16	ANTOSIAK Tomasz	KĘDZIERZYN-KOŹLE	 POL		79	M30/5 (M)18	00:17:29	00:17:28	03.29
6	4190	OPALIŃSKI Arkadiusz	WROCLAW	 POL		82	M30/6 (M)20	00:17:31	00:17:29	03.29
7	15037	BEDNARKIEWICZ Krzysztof	WROCLAW	 POL		81	M30/7 (M)22	00:17:37	00:17:36	03.31
8	4080	CHODORSKI Piotr	WROCLAW	 POL		73	M30/8 (M)25	00:17:46	00:17:45	03.33
9	363	KRUMIN Dominik	KOBIERZYCE	 POL		81	M30/9 (M)28	00:17:57	00:17:54	03.34
10	71	BUSZEWSKI Beniamin	WROCLAW	 POL		74	M30/10 (M)29	00:18:00	00:17:57	03.35
11	831	WALKOWIAK Robert	MODŁA	 POL	KGHM DRUŻYNA SZPIKU	79	M30/11 (M)31	00:18:07	00:18:05	03.37
12	4174	KRASULAK Daniel	WROCLAW	 POL		81	M30/12 (M)32	00:18:09	00:18:09	03.37
13	10	AMBROZIK Adam	BRZEG	 POL		75	M30/13 (M)33	00:18:12	00:18:12	03.38
14	302	KŁONOWSKI Tomasz	OŁAWA	 POL		77	M30/14 (M)37	00:18:24	00:18:22	03.40
15	613	POPIACKI Wiesław	SICHÓW	 POL		82	M30/15 (M)38	00:18:26	00:18:22	03.40
16	40	BIELICKI Bartosz	MILICZ	 POL		80	M30/16 (M)40	00:18:29	00:18:27	03.41
17	322	KOSENDIAK Aureliusz	WROCLAW	 POL		80	M30/17 (M)44	00:18:33	00:18:29	03.41
18	4100	RUDY Jacek	WROCLAW	 POL		80	M30/18 (M)53	00:18:50	00:18:44	03.44
19	55	BORKOWSKI Tomasz	WROCLAW	 POL		74	M30/19 (M)55	00:18:59	00:18:55	03.47
20	238	JANISZEWSKI Wiktor	MILICZ	 POL	KB ORZEL MILICZ	75	M30/20 (M)61	00:19:08	00:19:03	03.48
21	499	MOCZEK Tomasz	GŁOGÓW	 POL		78	M30/21 (M)62	00:19:09	00:19:03	03.48
22	588	PELC Paweł	WROCLAW	 POL	PRO-RUN WROCLAW	78	M30/22 (M)64	00:19:11	00:19:09	03.49
23	795	TOMASZEWSKI Adrian	WROCLAW	 POL		77	M30/23 (M)65	00:19:14	00:19:10	03.50
24	947	JABŁOŃSKI Tomasz	WROCLAW	 POL		77	M30/24 (M)78	00:19:39	00:19:31	03.54
25	601	PŁONECKI Marcin	WROCLAW	 POL		82	M30/25 (M)82	00:19:47	00:19:42	03.56
26	557	OLEJNICZAK Jarosław	WROCLAW	 POL		73	M30/26 (M)84	00:19:49	00:19:37	03.55
27	903	ZIELIŃSKI Artur	WROCLAW	 POL	PRO-RUN WROCLAW	78	M30/27 (M)85	00:19:55	00:19:52	03.58
28	172	GANCZAREK Jacek	WAŁBRZYCH	 POL		76	M30/28 (M)86	00:19:56	00:19:53	03.58
29	4198	SIERKA Artur		 POL		81	M30/29 (M)87	00:20:00	00:19:56	03.59
30	384	KULCZEWSKI Łukasz	WROCLAW	 POL		80	M30/30 (M)89	00:20:04	00:20:00	04.00
31	762	SZMIT Radosław	BIAŁY KOŚCIÓŁ	 POL	WKB PIAST WROCLAW	79	M30/31 (M)93	00:20:09	00:20:07	04.01
32	189	GOŁĘBIEWSKI Jacek	ŚWIDNICA	 POL		74	M30/32 (M)94	00:20:12	00:20:09	04.01
33	281	KARWICKI Tomasz	WROCLAW	 POL	WKB PIAST WROCLAW	79	M30/33 (M)95	00:20:13	00:20:11	04.02
34	108	CZERNIAK Jarosław	WROCLAW	 POL	PRO-RUN WROCLAW	78	M30/34 (M)96	00:20:16	00:20:06	04.01
35	791	TOLŁOCZKO Arkadiusz	CHWAŁOWICE	 POL		77	M30/35 (M)100	00:20:23	00:20:17	04.03
36	663	RYMARSKI Arkadiusz	WROCLAW	 POL		75	M30/36 (M)102	00:20:26	00:20:23	04.04
37	35	BAK Piotr	OLEŚNICA	 POL	KB LUPUS OLEŚNICA	78	M30/37 (M)112	00:20:39	00:20:37	04.07
38	951	KOWALCZYK Paweł	WROCLAW	 POL		81	M30/38 (M)114	00:20:42	00:20:32	04.06
39	173	GARNEK Piotr	WROCLAW	 POL		79	M30/39 (M)115	00:20:45	00:20:33	04.06
40	826	WACZYŃSKI Marek	SOBÓTKA	 POL		79	M30/40 (M)116	00:20:46	00:20:34	04.06
41	758	SZKARADEK Aleksander	KŁODZKO	 POL		79	M30/41 (M)118	00:20:48	00:20:46	04.09
42	873	WOŁOSZYN Marcin	KUROWICE	 POL	KGHM DRUŻYNA SZPIKU	79	M30/42 (M)124	00:20:52	00:20:46	04.09
43	623	PTAK Kacper	WROCLAW	 POL		82	M30/43 (M)128	00:20:53	00:20:52	04.10
44	629	RACZKOWSKI Mariusz	WROCLAW	 POL		73	M30/44 (M)131	00:20:55	00:20:49	04.09
45	869	WOJTYŁO Michał	WROCLAW	 POL	RADIOWA AKADEMIA TRIATHLONU	82	M30/45 (M)134	00:20:58	00:20:53	04.10
46	756	SZCZOT Andrzej	WROCLAW	 POL		76	M30/46 (M)135	00:20:59	00:20:54	04.10
47	139	DUDZIŃSKI Marcin	WAŁBRZYCH	 POL		78	M30/47 (M)136	00:21:02	00:20:56	04.11
48	25	BARAN Jarosław	WROCLAW	 POL		74	M30/48 (M)144	00:21:11	00:21:02	04.12
49	385	KUNICKI Konrad	WROCLAW	 POL		82	M30/49 (M)156	00:21:32	00:21:29	04.17
50	476	MATYSEK Dariusz	WROCLAW	 POL		76	M30/50 (M)158	00:21:35	00:21:27	04.17
51	4137	DYJECIŃSKI Tomasz	OLEŚNICA	 POL		73	M30/51 (M)160	00:21:39	00:21:15	04.15
52	265	KACPRZYŃSKI Grzegorz	ŚRODA ŚLĄSKA	 POL		77	M30/52 (M)166	00:21:47	00:21:32	04.18
53	104	CZARKOWSKI Norbert	ŚWIEBODZICE	 POL		74	M30/53 (M)170	00:21:54	00:21:39	04.19

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
54	249	JARZĘBOWICZ Mateusz	WROCLAW	POL		82	M30/54 (M)175	00:22:02	00:21:56	04.23
55	632	RADWAN Krzysztof	WROCLAW	POL	PJAKPREZENT.PL	76	M30/55 (M)179	00:22:06	00:21:54	04.22
56	631	RADECKI Jakub	WROCLAW	POL	PRO-RUN WROCLAW	75	M30/56 (M)185	00:22:08	00:22:00	04.24
57	980	PLOCH Sebastian	WROCLAW	POL		73	M30/57 (M)186	00:22:08	00:21:49	04.21
58	647	ROGALA Klaudiusz	WROCLAW	POL		73	M30/58 (M)187	00:22:09	00:22:00	04.24
59	4167	STEFANIAK Marcin	PĘGÓW	POL		82	M30/59 (M)194	00:22:19	00:22:12	04.26
60	426	LUBCZYNSKI Krzysiek	SYCOW	POL		75	M30/60 (M)195	00:22:19	00:22:14	04.26
61	585	PAWLIŃSKI Adam	WROCLAW	POL		78	M30/61 (M)196	00:22:21	00:22:04	04.24
62	191	GORLOWSKI Emil	ŚWIDNICA	POL		79	M30/62 (M)199	00:22:27	00:22:11	04.26
63	4176	GMODOR Mariusz	ZŁOTORYJA	POL		79	M30/63 (M)203	00:22:31	00:22:13	04.26
64	482	MĘDRZAK Jakub	ŻARY	POL		80	M30/64 (M)204	00:22:32	00:22:27	04.29
65	817	TUBICZ Paweł	WROCLAW	POL	WROCLAW MUCHOBÓR WIELKI	79	M30/65 (M)210	00:22:36	00:22:21	04.28
66	699	SMAGAŁA Wojciech	WROCLAW	POL		81	M30/66 (M)213	00:22:39	00:22:25	04.29
67	182	GIEBEL Michał	WROCLAW	POL		76	M30/67 (M)215	00:22:42	00:22:30	04.30
68	558	OLENDER Grzegorz	WROCLAW	POL		78	M30/68 (M)217	00:22:44	00:22:39	04.31
69	664	RZATKIEWICZ Konrad	WROCLAW	POL		79	M30/69 (M)221	00:22:48	00:22:45	04.33
70	198	GRABIEC Tomasz	WROCLAW	POL		76	M30/70 (M)227	00:22:51	00:22:31	04.30
71	512	MOSZAKOWSKI Sławomir	WROCLAW	POL		73	M30/71 (M)232	00:23:02	00:22:52	04.34
72	69	BULACZ Romuald	WROCLAW	POL	PRO-RUN WROCLAW	75	M30/72 (M)233	00:23:02	00:22:55	04.35
73	828	WALASZCZYK Marcin	GRABOWNO WIELKIE	POL		80	M30/73 (M)236	00:23:04	00:23:03	04.36
74	197	GÓRSKI Łukasz	WROCLAW	POL		82	M30/74 (M)242	00:23:16	00:23:02	04.36
75	377	MICHALSKI Łukasz	WROCLAW	POL		80	M30/75 (M)247	00:23:19	00:23:14	04.38
76	641	REKOWSKI Krzysztof	WROCLAW	POL		75	M30/76 (M)251	00:23:23	00:23:07	04.37
77	769	SZYMAŃSKI Dariusz	WROCLAW	POL		74	M30/77 (M)254	00:23:26	00:23:09	04.37
78	195	GÓRECKI Marcin	WROCLAW	POL	BIEGAM BO LUBIĘ WROCLAW	78	M30/78 (M)255	00:23:27	00:23:26	04.41
79	111	CZYKINOWSKI Adam	WROCLAW	POL		76	M30/79 (M)256	00:23:28	00:23:27	04.41
80	642	REMIAN Piotr	SIEDLEC	POL		76	M30/80 (M)257	00:23:29	00:23:22	04.40
81	492	MILDYN Krzysztof	LEGNICA	POL		75	M30/81 (M)258	00:23:30	00:23:22	04.40
82	586	PAWLOWSKI Mariusz	WYSOKA	POL		73	M30/82 (M)271	00:23:36	00:23:23	04.40
83	703	SOBCZYK Artur	WROCLAW	POL		81	M30/83 (M)273	00:23:38	00:23:26	04.41
84	98	CISZEWSKI Arkadiusz	KOBIERZYCE	POL		79	M30/84 (M)279	00:23:46	00:23:37	04.43
85	86	CHRZAN Paweł	WROCLAW	POL		76	M30/85 (M)290	00:23:55	00:23:42	04.44
86	875	WÓJCIK Adrian	WROCLAW	POL		74	M30/86 (M)301	00:24:02	00:23:37	04.43
87	605	POCIEJOWSKI Fryderyk	WROCLAW	POL		82	M30/87 (M)302	00:24:03	00:23:31	04.42
88	269	KACZMARSKI Rafał	WABIENICE	POL		78	M30/88 (M)305	00:24:05	00:23:47	04.45
89	967	SZYMAŃSKI Marek	WROCLAW	POL		82	M30/89 (M)309	00:24:08	00:24:03	04.48
90	962	PIOTROWSKI Marek	OLEŚNICA	POL		75	M30/90 (M)311	00:24:09	00:24:00	04.48
91	371	KRZYŚKÓW Paweł	WROCLAW	POL		79	M30/91 (M)313	00:24:11	00:24:07	04.49
92	230	JACKOWICZ Rafał	SOBÓTKA	POL		75	M30/92 (M)317	00:24:13	00:24:02	04.48
93	1236	SOBÓTKA Konrad	WROCLAW	POL		81	M30/93 (M)321	00:24:18	00:24:01	04.48
94	4113	KOSZYKOWSKI Marek	WROCLAW	POL		75	M30/94 (M)325	00:24:19	00:24:04	04.48
95	801	TOMCZAK Marcin	WROCLAW	POL		77	M30/95 (M)328	00:24:23	00:24:10	04.50
96	580	PAWELCZAK Przemysław	WROCLAW	POL		80	M30/96 (M)336	00:24:29	00:24:08	04.49
97	905	ZIMOŃ Adam	WROCLAW	POL		75	M30/97 (M)339	00:24:31	00:24:11	04.50
98	4146	KNAPIK Rafał	WROCLAW	POL		77	M30/98 (M)348	00:24:38	00:24:11	04.50
99	208	GUŁA Sławomir	KOBIERZYCE	POL		79	M30/99 (M)353	00:24:46	00:24:42	04.56
100	30	BARTKOWIAK Maciej	WROCLAW	POL		79	M30/100 (M)355	00:24:47	00:24:41	04.56
101	176	GAŚSIOR Łukasz	WROCLAW	POL		82	M30/101 (M)357	00:24:50	00:24:34	04.54
102	484	MICHALAK Krzysztof	WROCLAW	POL		82	M30/102 (M)364	00:24:57	00:24:39	04.55
103	305	KOGUT Krzysztof	WROCLAW	POL		81	M30/103 (M)366	00:24:58	00:24:46	04.57
104	283	KASOWSKI Wojciech	WROCLAW	POL		73	M30/104 (M)368	00:25:00	00:24:59	04.59
105	328	KOSTRZEWSKI Adrian	OLEŚNICA	POL	CIEMNA STRONA POMIDORA	82	M30/105 (M)372	00:25:01	00:24:54	04.58
106	219	HERBOWICZ Grzegorz	WROCLAW	POL	WROCLAW	79	M30/106 (M)378	00:25:07	00:25:03	05.00
107	99	CIUPIŃSKI Łukasz	SIECHNICE	POL		78	M30/107 (M)381	00:25:08	00:24:54	04.58
108	661	RYCZYŃSKI Jacek	OLEŚNICA	POL		74	M30/108 (M)383	00:25:09	00:25:01	05.00
109	809	TRAJDOS Przemysław	WROCLAW	POL		81	M30/109 (M)390	00:25:21	00:24:56	04.59
110	423	LISIECKI Przemysław	ŻARÓW	POL		79	M30/110 (M)394	00:25:23	00:25:13	05.02
111	116	DARŁAK Dariusz	WROCLAW	POL		74	M30/111 (M)398	00:25:26	00:25:01	05.00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
112	878	WRÓBEL Robert	WROCLAW		POL	73	M30/112 (M)403	00:25:34	00:25:12	05.02
113	978	KOSMALSKI Rafał	WROCLAW		POL	73	M30/113 (M)406	00:25:37	00:25:11	05.02
114	691	SKOWROŃSKI Krzysztof	KROTOSZYN		POL	81	M30/114 (M)413	00:25:47	00:25:21	05.04
115	4093	KUBICKI Maciej	OSOLA		POL	80	M30/115 (M)414	00:25:47	00:25:31	05.06
116	526	NAWOJCZYK Dariusz	WROCLAW		POL PORTA KAL	80	M30/116 (M)418	00:25:54	00:25:33	05.06
117	124	DOLMAS Marcin	WROCLAW		POL	79	M30/117 (M)428	00:26:17	00:25:58	05.11
118	640	RATAJCZAK Przemysław	WROCLAW		POL	78	M30/118 (M)439	00:26:31	00:26:21	05.16
119	759	SZKUDLAREK Michał	BRZEG		POL	78	M30/119 (M)451	00:26:56	00:26:42	05.20
120	167	FRUNCZA Łukasz	JĘDRZYCHÓW		POL	82	M30/120 (M)455	00:26:56	00:26:35	05.19
121	472	MATEJA Tomasz	NYSA		POL	80	M30/121 (M)456	00:26:57	00:26:37	05.19
122	713	SOLTYŃSKI Andrzej	NADOLICE WIELKIE		POL	77	M30/122 (M)467	00:27:13	00:27:13	05.26
123	604	PLUCIENNIK Tomasz	WROCLAW		POL	77	M30/123 (M)474	00:27:21	00:26:54	05.22
124	865	WOJCIECHOWSKI Jacek	WROCLAW		POL	79	M30/124 (M)477	00:27:29	00:27:14	05.26
125	591	PIASECKI Paweł	WROCLAW		POL	76	M30/125 (M)483	00:27:34	00:27:12	05.26
126	445	MADEJ Jacek	SIECHNICE		POL	74	M30/126 (M)486	00:27:44	00:27:14	05.26
127	161	FRANKL Rafał	WROCLAW		POL	79	M30/127 (M)487	00:27:46	00:27:33	05.30
128	303	KMIĘĆ Łukasz	WROCLAW		POL	80	M30/128 (M)488	00:27:49	00:27:41	05.32
129	983	KARYŚ Dariusz	LUTYNIA		POL	76	M30/129 (M)501	00:28:05	00:27:42	05.32
130	412	LEŚNIEWSKI Jakub	WROCLAW		POL BIEGAM BO LUBIĘ WROCLAW	74	M30/130 (M)502	00:28:06	00:27:41	05.32
131	807	TOMKOWICZ Rafał	WROCLAW		POL	78	M30/131 (M)505	00:28:10	00:27:50	05.34
132	146	DZIUDZIEL Łukasz	WROCLAW		POL	82	M30/132 (M)507	00:28:13	00:27:53	05.34
133	106	CZARNECKI Tomasz	WROCLAW		POL LEŚNICA	74	M30/133 (M)509	00:28:17	00:28:02	05.36
134	880	WRÓBEL Tomasz	WROCLAW		POL	81	M30/134 (M)513	00:28:21	00:28:04	05.36
135	428	ŁABUDA Arkadiusz	WROCLAW		POL	79	M30/135 (M)518	00:28:30	00:28:10	05.38
136	4144	CENIN Dariusz	OLEŚNICA		POL	74	M30/136 (M)530	00:28:48	00:28:27	05.41
137	4126	SIWAK Zbigniew	WROCLAW		POL	76	M30/137 (M)535	00:29:00	00:28:59	05.47
138	974	MECHLIŃSKI Tomasz	WROCLAW		POL	79	M30/138 (M)539	00:29:13	00:28:49	05.45
139	616	PÓLTORZCKI Paweł	WROCLAW		POL	74	M30/139 (M)548	00:29:30	00:29:14	05.50
140	896	ZAMERSKI Marek	WROCLAW		POL	80	M30/140 (M)551	00:29:32	00:29:08	05.49
141	279	KARSZNIA Marcin	WROCLAW		POL	79	M30/141 (M)556	00:29:42	00:29:36	05.55
142	325	KOSMALA Arkadiusz	OLEŚNICA		POL	78	M30/142 (M)559	00:29:44	00:29:36	05.55
143	737	STELMASZYK Konrad	WROCLAW		POL	79	M30/143 (M)564	00:29:57	00:29:38	05.55
144	742	SULKOWSKI Piotr	WROCLAW		POL	75	M30/144 (M)569	00:30:10	00:29:56	05.59
145	643	RESPONDEK Dariusz	WROCLAW		POL	74	M30/145 (M)570	00:30:11	00:29:54	05.58
146	706	SOBIŃSKI Krzysztof	PASIKUROWICE		POL	78	M30/146 (M)572	00:30:17	00:30:14	06.02
147	4147	CZAPLIŃSKI Michał	SOBÓTKA		POL	82	M30/147 (M)577	00:30:36	00:30:14	06.02
148	356	KRENZ Damian	WROCLAW		POL	74	M30/148 (M)583	00:31:03	00:30:40	06.08
149	393	KUŹNIAK Piotr	WROCLAW		POL	80	M30/149 (M)584	00:31:05	00:30:36	06.07
150	454	MALISZEWSKI Bartłomiej	WROCLAW		POL	81	M30/150 (M)593	00:31:29	00:31:17	06.15
151	4084	GRABLEWSKI Grzegorz	WROCLAW		POL	75	M30/151 (M)601	00:31:52	00:31:22	06.16
152	15040	MITEK Wojciech	GRODZISZCZE		POL MIGRÓD GRODZISZCZE	76	M30/152 (M)604	00:32:09	00:31:50	06.22
153	397	KWIECIEN Marcin	WROCLAW		POL	77	M30/153 (M)606	00:32:57	00:32:36	06.31
154	175	GAWRYLUK Sławomir	WROCLAW		POL	78	M30/154 (M)608	00:33:26	00:33:11	06.38
155	796	TOMASZEWSKI Piotr	WROCLAW		POL	77	M30/155 (M)609	00:33:53	00:33:20	06.40
156	221	HOMA Łukasz	WROCLAW		POL	82	M30/156 (M)612	00:34:11	00:33:46	06.45
157	972	OLEARNIK Piotr	WROCLAW		POL	75	M30/157 (M)616	00:34:31	00:34:13	06.50
158	725	STAGROWSKI Marcin	LEWIN BRZESKI		POL	76	M30/158 (M)622	00:36:11	00:35:44	07.08
159	551	NYKIEL Paweł	WROCLAW		POL I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM 2012	81	M30/159 (M)623	00:36:52	00:36:45	07.21
160	842	WICHROWSKI Grzegorz	WROCLAW		POL TORPIDO	74	M30/160 (M)627	00:39:11	00:38:54	07.46

Bieg Główny 5km Mężczyźni KATEGORIA:M20

1	946	IUKHIMCHUK Mykola	LUCK		UKR ACHILES LESZNO	85	M20/1 (M)1	00:14:50	00:14:50	02.58
2	971	ZULINSKI Aleksander	CHMIELNICKI		UKR ACHILES LESZNO	89	M20/2 (M)2	00:15:03	00:15:03	03.00
3	474	MATNER Paweł	NYSA		POL	91	M20/3 (M)3	00:15:51	00:15:51	03.10
4	62	BRESZKA Michał	DEBLIN		POL	84	M20/4 (M)4	00:16:03	00:16:03	03.12
5	4155	SLOBODIANIUK Denis	OSTRÓW WIELKOPOLSKI		UKR	87	M20/5 (M)7	00:16:28	00:16:28	03.17
6	117	DAUSTER Filip	WROCLAW		POL	90	M20/6 (M)16	00:17:13	00:17:13	03.26
7	965	PERZ Krzysztof	OSTRÓW WIELKOPOLSKI		POL	89	M20/7 (M)17	00:17:19	00:17:17	03.27

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]	
8	4152	SUMIN Oleksandr	OSTRÓW WIELKOPOLSKI		UKR	87	M20/8 (M)19	00:17:31	00:17:30	03.30	
9	425	LORYŚ Marcin	WROCLAW		POL	92	M20/9 (M)26	00:17:49	00:17:49	03.33	
10	4142	ŁĄTKA Piotr	OBORNIKI ŚLĄSKIE		POL	89	M20/10 (M)34	00:18:13	00:18:10	03.38	
11	32	BASIŃSKI Piotr	WROCLAW		POL	TRENUJ Z NAMI	89	M20/11 (M)36	00:18:23	00:18:21	03.40
12	299	KLIMCZAK Adam	WROCLAW		POL	WKB PIAST WROCLAW	88	M20/12 (M)45	00:18:35	00:18:31	03.42
13	824	URBANOWICZ Jacek	WROCLAW		POL	PRO-RUN WROCLAW	84	M20/13 (M)51	00:18:44	00:18:43	03.44
14	494	MILLER Tomasz	WROCLAW		POL		88	M20/14 (M)54	00:18:52	00:18:46	03.45
15	543	NOWAK Michał	JELENIA GÓRA		POL		88	M20/15 (M)56	00:19:00	00:18:56	03.47
16	477	MATYSIAK Sławomir	RAWICZ		POL		83	M20/16 (M)57	00:19:02	00:18:58	03.47
17	694	SKUDLARSKI Jakub	WROCLAW		POL		91	M20/17 (M)67	00:19:18	00:19:13	03.50
18	692	SKRZYPCZAK Tomasz	WROCLAW		POL	WKB PIAST WROCLAW	85	M20/18 (M)68	00:19:19	00:19:17	03.51
19	59	BORUCKI Krzysztof	WROCLAW		POL		91	M20/19 (M)69	00:19:20	00:19:17	03.51
20	541	NOWACKI Mateusz	OLAWA		POL		91	M20/20 (M)71	00:19:25	00:19:23	03.52
21	1028	HARASIUK Adam	WROCLAW		POL		89	M20/21 (M)75	00:19:34	00:19:34	03.54
22	917	CZEKAJ Daniel	OLSZYNA		POL		88	M20/22 (M)77	00:19:38	00:19:30	03.54
23	578	PARTYKA Sebastian	LUBIN		POL		91	M20/23 (M)88	00:20:03	00:20:00	04.00
24	753	SZCZEPANIAK Mateusz	KARLOWICE		POL		91	M20/24 (M)90	00:20:05	00:20:01	04.00
25	635	RAJA Paweł	WROCLAW		POL		85	M20/25 (M)105	00:20:31	00:20:27	04.05
26	4161	NOWAK Piotr	WROCLAW		POL		90	M20/26 (M)107	00:20:32	00:20:28	04.05
27	75	CEMPEL Kamil	WROCLAW		POL		86	M20/27 (M)108	00:20:33	00:20:23	04.04
28	109	CZERSKI Jacek	WROCLAW		POL		89	M20/28 (M)111	00:20:39	00:20:37	04.07
29	830	WALASZCZYK Mirosław	GRABOWNO WIELKIE		POL		83	M20/29 (M)120	00:20:49	00:20:47	04.09
30	576	PAPIERSKI Kamil	OLEŚNICA		POL		87	M20/30 (M)121	00:20:50	00:20:43	04.08
31	536	NIEZGÓDKA Przemysław	WROCLAW		POL	WKB-PIAST WROCLAW	84	M20/31 (M)122	00:20:50	00:20:46	04.09
32	4186	PALCZEWSKI Mateusz	WROCLAW		POL		87	M20/32 (M)125	00:20:52	00:20:50	04.10
33	704	SOBCZYK Piotr	WROCLAW		POL		85	M20/33 (M)132	00:20:55	00:20:49	04.09
34	310	KOMISARCZYK Michał	WROCLAW		POL		85	M20/34 (M)148	00:21:15	00:21:08	04.13
35	432	ŁACH Łukasz	WOJNAROWICE		POL		88	M20/35 (M)149	00:21:16	00:21:08	04.13
36	648	ROJKOWSKI Łukasz	ŻERNIKI WROCLAWSKIE		POL		92	M20/36 (M)150	00:21:17	00:21:17	04.15
37	4145	CHROMICZ Arkadiusz	WROCLAW		POL		87	M20/37 (M)161	00:21:41	00:21:17	04.15
38	4131	JAMKA Tomasz	WROCLAW		POL		91	M20/38 (M)167	00:21:51	00:21:36	04.19
39	4135	JABŁOŃSKI Marek	WROCLAW		POL		83	M20/39 (M)168	00:21:51	00:21:21	04.16
40	289	KĘDZIA Dawid	WROCLAW		POL		92	M20/40 (M)171	00:21:56	00:21:55	04.23
41	470	MATEJA Mariusz	NYSA		POL		86	M20/41 (M)173	00:21:57	00:21:45	04.21
42	232	JAGODZIŃSKI Marcin	WROCLAW		POL		83	M20/42 (M)174	00:21:59	00:21:57	04.23
43	630	RAĆ Krzysztof	WROCLAW		POL	WROCLAW	90	M20/43 (M)188	00:22:10	00:21:46	04.21
44	190	GOMUŁKIEWICZ Filip	WROCLAW		POL		84	M20/44 (M)192	00:22:15	00:22:14	04.26
45	141	DURMAJ Bartłomiej	WROCLAW		POL	MARNY PIJACZYNA	84	M20/45 (M)193	00:22:17	00:22:02	04.24
46	15060	CHMIELUK Grzegorz	JELCZ LASKOWICE		POL		90	M20/46 (M)200	00:22:28	00:22:04	04.24
47	915	ŻYWICZKA Michał	WROCLAW		POL		85	M20/47 (M)201	00:22:28	00:22:19	04.27
48	364	KRUPA Łukasz	CHOJNÓW		POL		90	M20/48 (M)206	00:22:34	00:22:15	04.27
49	437	ŁĄK Piotr	WROCLAW		POL	SDA MOST	91	M20/49 (M)208	00:22:35	00:22:16	04.27
50	612	POPCZYK Krzysztof	TWARDOGÓRA		POL		83	M20/50 (M)209	00:22:35	00:22:30	04.30
51	889	ZAGÓRSKI Piotr	SZCZYTNA		POL		86	M20/51 (M)212	00:22:39	00:22:15	04.27
52	471	MATEJA Paweł	NYSA		POL	MŁODZI KONSERWATYŚCI NYSA	88	M20/52 (M)219	00:22:46	00:22:41	04.32
53	900	ZAWORSKI Tomasz	WROCLAW		POL		88	M20/53 (M)222	00:22:48	00:22:31	04.30
54	406	LENCKI Damian	OLEŚNICA		POL		87	M20/54 (M)229	00:22:53	00:22:43	04.32
55	148	ESIK Przemysław	WROCLAW		POL		84	M20/55 (M)231	00:23:00	00:22:50	04.34
56	839	WESOŁOWSKI Sławomir	WROCLAW		POL	RV TEAM	86	M20/56 (M)234	00:23:04	00:22:58	04.35
57	82	CHMIELEWSKI Kamil	ŚWIEBODZICE		POL		83	M20/57 (M)241	00:23:15	00:22:59	04.35
58	741	SULIKOWSKI Rafał	LUBIN		POL		92	M20/58 (M)245	00:23:18	00:23:13	04.38
59	4177	KOŚNICA Łukasz	WROCLAW		POL		84	M20/59 (M)248	00:23:21	00:23:03	04.36
60	522	MUSIAŁ Wojciech	WROCLAW		POL		87	M20/60 (M)250	00:23:22	00:22:54	04.34
61	652	ROSPEK Grzegorz	OLEŚNICA		POL		88	M20/61 (M)259	00:23:31	00:23:23	04.40
62	986	WENERSKI Adam	WŁOCLAWEK		POL		89	M20/62 (M)264	00:23:34	00:23:21	04.40
63	961	PIERZCHAŁA Marek	WROCLAW		POL		84	M20/63 (M)266	00:23:34	00:23:28	04.41
64	562	ORŁOWSKI Kacper	WROCLAW		POL		89	M20/64 (M)269	00:23:35	00:23:08	04.37
65	422	LISIECKI Łukasz	WROCLAW		POL		88	M20/65 (M)272	00:23:37	00:23:25	04.41

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
66	166	FRIEDMAN Łukasz	WROCLAW	POL		89	M20/66 (M)274	00:23:38	00:23:33	04.42
67	178	LORENC Paweł	WROCLAW	POL		92	M20/67 (M)284	00:23:50	00:23:40	04.44
68	336	KOWALCZYK Łukasz	WROCLAW	POL		84	M20/68 (M)286	00:23:51	00:23:29	04.41
69	899	ZARZYCKI Łukasz	WROCLAW	POL	TRENUJ Z NAMI	87	M20/69 (M)288	00:23:54	00:23:52	04.46
70	556	OKRASZEWSKI Lucjan	WROCLAW	POL		85	M20/70 (M)289	00:23:55	00:23:41	04.44
71	4168	GRACZYK Dawid	WROCLAW	POL		87	M20/71 (M)292	00:23:56	00:23:34	04.42
72	114	DANCH Rafał	KĄTY WROCLAWSKIE	POL		86	M20/72 (M)296	00:23:58	00:23:46	04.45
73	4172	KRUCZEK Paweł	WROCLAW	POL		86	M20/73 (M)298	00:24:01	00:23:42	04.44
74	724	STACHOWIAK Krzysztof	NAMYSŁÓW	POL		90	M20/74 (M)299	00:24:02	00:23:48	04.45
75	574	PAMUŁA Radosław	WROCLAW	POL		92	M20/75 (M)303	00:24:03	00:23:46	04.45
76	711	SOKULSKI Tomasz	WROCLAW	POL	CHEMEKO-SYSTEM	87	M20/76 (M)312	00:24:09	00:23:51	04.46
77	622	PRZYWARTY Łukasz	WROCLAW	POL		89	M20/77 (M)314	00:24:12	00:23:55	04.47
78	15036	DĄBROWSKI Adam	MIĘDZYRZECZ	POL		90	M20/78 (M)315	00:24:12	00:24:02	04.48
79	506	MOGILAN Arkadiusz	MILICZ	POL		84	M20/79 (M)319	00:24:16	00:24:00	04.48
80	11	ANASZEWICZ Jarek	WARSZAWA	POL		83	M20/80 (M)323	00:24:19	00:24:00	04.48
81	434	ŁAPOT Paweł	WROCLAW	POL		84	M20/81 (M)326	00:24:22	00:24:09	04.49
82	42	BIGOS Łukasz	WROCLAW	POL		87	M20/82 (M)329	00:24:25	00:24:21	04.52
83	981	JAWOREK Damian	WROCLAW	POL		90	M20/83 (M)335	00:24:28	00:24:23	04.52
84	697	SKWARCZYŃSKI Krzysztof	NYSA	POL		88	M20/84 (M)341	00:24:33	00:24:20	04.52
85	338	KOWALCZYK Sylwester	SOBOTKA	POL		85	M20/85 (M)342	00:24:34	00:24:28	04.53
86	621	PRZYKLENK Kamil	MIRKÓW	POL		85	M20/86 (M)346	00:24:37	00:24:25	04.53
87	424	LOGOFET Leszek	WROCLAW	POL		85	M20/87 (M)361	00:24:53	00:24:49	04.57
88	450	MAJ Wojciech	WROCLAW	POL		85	M20/88 (M)363	00:24:57	00:24:49	04.57
89	4114	MAREK Filip	WROCLAW	POL		90	M20/89 (M)367	00:25:00	00:24:35	04.55
90	920	KOBOS Dariusz	WROCLAW	POL		83	M20/90 (M)369	00:25:00	00:24:59	04.59
91	587	PELC Dariusz	STRZELIN	POL		88	M20/91 (M)370	00:25:00	00:24:38	04.55
92	784	ŚWITALA Adrian	NAMYSŁÓW	POL		90	M20/92 (M)374	00:25:04	00:24:49	04.57
93	668	SAJEWICZ Grzegorz	NOWA SÓL	POL	CHEMEKO-SYSTEM	83	M20/93 (M)389	00:25:21	00:25:01	05.00
94	592	PIETRASZKO Jakub	WROCLAW	POL		91	M20/94 (M)392	00:25:22	00:24:51	04.58
95	958	MATKOWSKI Rafał	BIESTRZYKÓW	POL		92	M20/95 (M)393	00:25:23	00:25:10	05.02
96	904	ZIĘZIO Piotr	WROCLAW	POL		86	M20/96 (M)401	00:25:32	00:25:15	05.03
97	206	GRZESIUK Marek	WROCLAW	POL		90	M20/97 (M)402	00:25:33	00:25:31	05.06
98	15034	KĘPKA Łukasz	PULAWY	POL		84	M20/98 (M)410	00:25:44	00:25:27	05.05
99	4182	GARNCARZ Arkadiusz	WROCLAW	POL		84	M20/99 (M)411	00:25:45	00:25:28	05.05
100	4143	GUDAS Piotr	WROCLAW	POL		88	M20/100 (M)412	00:25:46	00:25:29	05.05
101	923	KRZYWICKI Tomasz	BYSTRZYCA KŁODZKA	POL		89	M20/101 (M)420	00:26:03	00:25:49	05.09
102	710	SOKOLSKI Piotr	WROCLAW	POL		84	M20/102 (M)421	00:26:05	00:26:00	05.12
103	718	SOWA Robert	TARNOBRZEG	POL		83	M20/103 (M)427	00:26:17	00:26:06	05.13
104	144	DYJA Janusz	WROCLAW	POL		84	M20/104 (M)429	00:26:17	00:25:59	05.11
105	23	BANDZARZEWSKI Maciej	KOMOROWICE	POL	ATHLETICS FOREVER	88	M20/105 (M)441	00:26:34	00:26:04	05.12
106	373	KRZYŻANEK Piotr	WROCLAW	POL		84	M20/106 (M)442	00:26:35	00:26:13	05.14
107	245	JARECKI Marcin	DZIERŻONIÓW	POL		85	M20/107 (M)445	00:26:48	00:26:40	05.20
108	250	JAŚKIEWICZ Kamil	WROCLAW	POL		85	M20/108 (M)452	00:26:56	00:26:33	05.18
109	963	PORAŻKA Kamil	WROCLAW	POL		91	M20/109 (M)454	00:26:56	00:26:53	05.22
110	317	KORYBSKI Michał	WROCLAW	POL		86	M20/110 (M)457	00:26:58	00:26:42	05.20
111	871	WOLNY Wincenty	WROCLAW	POL		84	M20/111 (M)458	00:26:58	00:26:26	05.17
112	193	GÓRALSKI Radosław	WROCLAW	POL		87	M20/112 (M)462	00:27:09	00:26:50	05.22
113	520	MUSIAŁ Maciej	WROCLAW	POL		87	M20/113 (M)463	00:27:10	00:26:42	05.20
114	777	ŚLIWIŃSKI Adrian	WROCLAW	POL		86	M20/114 (M)465	00:27:10	00:27:01	05.24
115	350	KOZŁOWSKI Maciej	SIEDLCE	POL		90	M20/115 (M)469	00:27:15	00:26:45	05.21
116	547	NOWICKI Grzegorz	WROCLAW	POL		86	M20/116 (M)473	00:27:20	00:27:08	05.25
117	514	MOSZUMAŃSKI Paweł	WROCLAW	POL		89	M20/117 (M)479	00:27:30	00:27:17	05.27
118	4179	PRUS Jakub	WROCLAW	POL		86	M20/118 (M)485	00:27:42	00:27:21	05.28
119	370	DWORAK Adrian	MROCEŃ	POL		90	M20/119 (M)489	00:27:50	00:27:25	05.29
120	147	DŻENDŻERA Dawid	WROCLAW	POL		88	M20/120 (M)490	00:27:51	00:27:33	05.30
121	15039	SMAGA Daniel	WROCLAW	POL		89	M20/121 (M)493	00:27:57	00:27:32	05.30
122	102	CZAJKA Dominik	OLAWA	POL		88	M20/122 (M)494	00:28:00	00:27:36	05.31
123	203	GROMADA Roland	WROCLAW	POL		85	M20/123 (M)499	00:28:02	00:27:32	05.30

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
124	21	BAGIŃSKI Wojciech	WROCLAW		POL	86	M20/124 (M)500	00:28:04	00:27:35	05.31
125	211	GWIAZDA Piotr	WROCLAW		POL	91	M20/125 (M)508	00:28:16	00:28:02	05.36
126	47	BŁASZCZAK Łukasz	WROCLAW		JAM	85	M20/126 (M)511	00:28:20	00:28:09	05.37
127	290	KĘDZIERSKI Sebastian	WROCLAW		BUR	88	M20/127 (M)512	00:28:20	00:28:10	05.38
128	216	HARBUZ Maciej	OLAWA		POL	88	M20/128 (M)522	00:28:39	00:28:16	05.39
129	44	BILSKI Sławomir	WROCLAW		PUR	84	M20/129 (M)525	00:28:43	00:28:31	05.42
130	4197	GAGAŁA Aleksander	WROCLAW		POL	91	M20/130 (M)537	00:29:10	00:28:51	05.46
131	838	WENCEL Paweł	WROCLAW		POL TUWROCLAW.COM	83	M20/131 (M)541	00:29:22	00:28:57	05.47
132	54	BORKOWSKI Jacek	ZĄBKOWICE ŚLĄSKIE		POL	87	M20/132 (M)549	00:29:31	00:29:12	05.50
133	789	TATYS Łukasz	WROCLAW		POL	83	M20/133 (M)552	00:29:37	00:29:27	05.53
134	404	LARKOWSKI Bartosz	WROCLAW		POL	84	M20/134 (M)554	00:29:39	00:29:32	05.54
135	778	ŚLIWIŃSKI Jakub	SMOLEC		POL	83	M20/135 (M)560	00:29:45	00:29:21	05.52
136	775	ŚLEDZIKOWSKI Jarosław	WROCLAW		POL	90	M20/136 (M)561	00:29:52	00:29:32	05.54
137	177	GAŚIOROWSKI Marcin	LEWIN BRZESKI		POL	83	M20/137 (M)567	00:30:05	00:29:36	05.55
138	845	WIECZOREK Mariusz	RAWICZ		POL DOZAMEL-SOLIDARNOŚĆ	84	M20/138 (M)573	00:30:21	00:30:13	06.02
139	744	SWIATLY Krzysztof	SMOLEC		POL	88	M20/139 (M)585	00:31:08	00:30:43	06.08
140	165	FRAK Paweł	WROCLAW		AFG	84	M20/140 (M)586	00:31:13	00:31:02	06.12
141	942	DYREK Paweł	WROCLOVE		POL	85	M20/141 (M)596	00:31:35	00:31:14	06.14
142	209	GUMOWSKI Krzysztof	WROCLAW		NZL	83	M20/142 (M)602	00:32:01	00:31:50	06.22
143	68	BUJAK Paweł	KĘDZIERZYN-KOŹLE		POL	91	M20/143 (M)603	00:32:03	00:31:41	06.20
144	367	KRYG Grzegorz	WROCLAW		POL	92	M20/144 (M)607	00:33:23	00:32:55	06.35
145	531	NIEWIADA Piotr	WROCLAW		POL	85	M20/145 (M)618	00:35:43	00:35:27	07.05
146	532	NIEWIADA Zbigniew	WROCLAW		POL	90	M20/146 (M)621	00:35:59	00:35:43	07.08
147	481	MAZURKIEWICZ Jakub	WROCLAW		POL	83	M20/147 (M)628	00:40:55	00:40:30	08.06
148	295	KILIAN Radosław	WROCLAW		POL	92	M20/148 (M)631	00:43:11	00:42:44	08.32

Bieg Główny 5km Mężczyźni KATEGORIA:M16

1	4133	MATUSZCZAK Rafał	WSCHOWA		POL	94	M16/1 (M)6	00:16:13	00:16:13	03.14
2	941	DROBNIK Piotr	WSCHOWA		POL	93	M16/2 (M)9	00:16:44	00:16:44	03.20
3	78	CHAŁUPCZAK Jakub	WROCLAW		POL MKS PARASOL WROCLAW	93	M16/3 (M)13	00:16:57	00:16:57	03.23
4	276	KARKOSZKA Marcin	PALATY		POL GRABOWIANIE	93	M16/4 (M)14	00:17:02	00:17:02	03.24
5	159	FONAŁ Filip	LEGNICA		POL	95	M16/5 (M)24	00:17:44	00:17:44	03.32
6	964	SADOWSKI Andrzej	KOBIERZYCE		POL MKSMOSWROCLAW	94	M16/6 (M)35	00:18:18	00:18:17	03.39
7	4132	NIKOROWSKI Piotr	WSCHOWA		POL	93	M16/7 (M)39	00:18:27	00:18:26	03.41
8	669	SAMOŁUK Adrian	BIAŁY KOŚCIÓŁ		POL	93	M16/8 (M)43	00:18:33	00:18:31	03.42
9	4163	KORBOWIAK Kamil	BRZEG		POL	95	M16/9 (M)48	00:18:37	00:18:37	03.43
10	15	ANDRZEWSKI Kamil	WROCLAW		POL	95	M16/10 (M)50	00:18:42	00:18:40	03.44
11	843	WIECZOREK Krzysztof	RAWICZ		POL DOZAMEL-SOLIDARNOŚĆ	93	M16/11 (M)63	00:19:09	00:19:02	03.48
12	639	RALSKI Michał	KIEŁCZÓW		POL	94	M16/12 (M)72	00:19:26	00:19:24	03.52
13	542	NOWAK Maciej	JELENIA GÓRA		POL	96	M16/13 (M)73	00:19:32	00:19:30	03.54
14	502	MODRZEJEWSKI Jakub	WROCLAW		POL	96	M16/14 (M)76	00:19:34	00:19:33	03.54
15	4162	ŁUKOWSKI Adrian	BRZEG		POL	93	M16/15 (M)91	00:20:06	00:20:04	04.00
16	504	MODRZEJEWSKI Mariusz	GRABÓW NAD PROSNĄ		POL GRABOWIANIE	93	M16/16 (M)103	00:20:27	00:20:24	04.04
17	487	MICHALSKI Jakub	WROCLAW		POL	94	M16/17 (M)106	00:20:32	00:20:26	04.05
18	467	MARKOWICZ Łukasz	WROCLAW		POL	94	M16/18 (M)117	00:20:47	00:20:35	04.07
19	128	DORUCH Maciej	WROCLAW		POL	94	M16/19 (M)133	00:20:56	00:20:47	04.09
20	168	GACH Maciej	WARSZAWA		POL	93	M16/20 (M)139	00:21:05	00:20:56	04.11
21	264	JUSKOWIAK Patryk	RAWICZ		POL	94	M16/21 (M)145	00:21:13	00:20:54	04.10
22	34	BAK Marek	WROCLAW		POL	94	M16/22 (M)147	00:21:15	00:21:06	04.13
23	535	NIEZGÓDKA Patryk	WROCLAW		POL	93	M16/23 (M)151	00:21:18	00:21:14	04.14
24	4123	PAKŁAK Krystian			POL	94	M16/24 (M)153	00:21:27	00:21:17	04.15
25	201	KIERYK Marcin	WROCLAW		POL	95	M16/25 (M)172	00:21:57	00:21:54	04.22
26	851	WIELGUS Sebastian	ROŚCIŚLAWICE		POL	96	M16/26 (M)178	00:22:06	00:21:59	04.23
27	950	KAZIMIERCZAK Adrian	WROCLAW		POL	95	M16/27 (M)180	00:22:07	00:22:03	04.24
28	4191	BANIA Mariusz	WROCLAW		POL	95	M16/28 (M)223	00:22:48	00:22:34	04.30
29	4166	ŚWIERCZEK Rafał			POL	93	M16/29 (M)235	00:23:04	00:22:42	04.32
30	15038	BAK Zbigniew	WROCLAW		POL	93	M16/30 (M)238	00:23:08	00:23:03	04.36
31	348	KOZIOŁ Łukasz	SOBÓTKA		POL	94	M16/31 (M)243	00:23:16	00:23:04	04.36
32	354	KRASOŃ Rafał	SOBÓTKA		POL	94	M16/32 (M)262	00:23:33	00:23:20	04.40

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
33	15002	STEFANOWSKI Adam	WROCLAW	POL		96	M16/33 (M)270	00:23:35	00:23:24	04.40
34	20	BACHIŃSKI Wojciech	ROGÓW SOBÓCKI	POL		93	M16/34 (M)282	00:23:49	00:23:27	04.41
35	858	WITKOWSKI Tomasz	KIELCZÓW	POL		96	M16/35 (M)287	00:23:54	00:23:52	04.46
36	130	DRAŻKIEWICZ Marcin	JELCZ-LASKOWICE	POL		94	M16/36 (M)320	00:24:17	00:24:03	04.48
37	15033	POLAK Jakub	WROCLAW	POL		94	M16/37 (M)331	00:24:26	00:24:17	04.51
38	4139	CYMERMAN Marcin	KĄTY WROCLAWSKIE	POL		94	M16/38 (M)347	00:24:38	00:24:26	04.53
39	561	OPARA Krzysztof	WROCLAW	POL		93	M16/39 (M)365	00:24:57	00:24:49	04.57
40	15003	GOŁĘBIEWSKI Łukasz	WROCLAW	POL		93	M16/40 (M)377	00:25:05	00:24:48	04.57
41	4156	PACAN Adam	WROCLAW	POL		95	M16/41 (M)426	00:26:16	00:25:57	05.11
42	345	KOWALSKI Paweł	WROCLAW	POL		93	M16/42 (M)430	00:26:20	00:26:09	05.13
43	297	KIRKIEWICZ Wojtek	OLAWA	POL		96	M16/43 (M)434	00:26:25	00:25:59	05.11
44	91	CIEMSKI Marek	WROCLAW	POL		93	M16/44 (M)440	00:26:33	00:26:16	05.15
45	15001	MIZERA Michał	WROCLAW	POL		93	M16/45 (M)449	00:26:54	00:26:36	05.19
46	731	STAŚKIEWICZ Tomasz	ŻMIGRÓD	POL		94	M16/46 (M)466	00:27:11	00:26:53	05.22
47	179	KARKOS Szymon	WROCLAW	POL		93	M16/47 (M)472	00:27:20	00:27:00	05.24
48	4112	JALOSZYŃSKI Daniel		POL		93	M16/48 (M)475	00:27:22	00:27:10	05.26
49	891	ZAJĄC Tomasz	WROCLAW	POL	DOZAMEL-SOLIDARNOŚĆ	95	M16/49 (M)497	00:28:01	00:27:40	05.32
50	403	LACHOWICZ Maciej młody	RĘKÓW	POL		93	M16/50 (M)498	00:28:01	00:27:40	05.32
51	4150	PORAŻKA Łukasz	WROCLAW	POL		93	M16/51 (M)510	00:28:17	00:28:14	05.38
52	568	OSTROWSKI Karol	KIELCZÓW	POL		93	M16/52 (M)527	00:28:43	00:28:15	05.39
53	4149	HOLINKA Patryk	WROCLAW	POL		95	M16/53 (M)529	00:28:48	00:28:27	05.41
54	9	AMANOWICZ Jakub	WROCLAW	POL		94	M16/54 (M)536	00:29:06	00:28:57	05.47
55	4102	DOBROWOLSKI Kamil	WROCLAW	POL		96	M16/55 (M)538	00:29:11	00:29:05	05.49
56	2308	STOKOWSKI Patryk		POL		96	M16/56 (M)558	00:29:43	00:29:27	05.53
57	617	PRAŁAT Patryk	ROGÓW SOBÓCKI	POL		95	M16/57 (M)595	00:31:33	00:31:13	06.14
58	985	CHRYK Aleksander		POL		96	M16/58 (M)626	00:38:12	00:37:58	07.35





















Bieg Główny 5km Mężczyźni KATEGORIA:M12

1	922	KOŚCIK Mateusz	WROCLAW	POL		97	M12/1 (M)41	00:18:29	00:18:28	03.41
2	924	LUCERSKI Maciej	JELEŃ GÓRA	POL		97	M12/2 (M)49	00:18:40	00:18:38	03.43
3	832	WALKÓW Jonasz	STRZELIN	POL		97	M12/3 (M)83	00:19:47	00:19:46	03.57
4	4106	GANCARZ Piotr		POL		97	M12/4 (M)101	00:20:24	00:20:22	04.04
5	4148	KOROLEWICZ Kamil	WROCLAW	POL		97	M12/5 (M)110	00:20:37	00:20:35	04.07
6	709	JAROSZ Patryk	WROCLAW	POL		97	M12/6 (M)138	00:21:04	00:21:02	04.12
7	4119	ZAWIŚLAK Paweł		POL		98	M12/7 (M)140	00:21:06	00:20:55	04.11
8	925	OKARMA Jacek	WROCLAW	POL		98	M12/8 (M)155	00:21:31	00:21:28	04.17
9	1867	WOJCIECHOWSKI Łukasz		POL		98	M12/9 (M)157	00:21:33	00:21:30	04.18
10	15047	CHABREWICZ Piotr	WROCLAW	POL		99	M12/10 (M)176	00:22:04	00:21:52	04.22
11	15005	IGNATOWICZ Adam	OLAWA	POL		99	M12/11 (M)207	00:22:35	00:22:16	04.27
12	847	WIELGUS Arkadiusz	ROŚCIŚLAWICE	POL	KS.ROŚCIŚLAWICE	98	M12/12 (M)216	00:22:42	00:22:38	04.31
13	4090	MICHALCZUK Krzysztof	WROCLAW	POL		97	M12/13 (M)228	00:22:52	00:22:51	04.34
14	829	WALASZCZYK Michał	GRABOWNO WIELKIE	POL		97	M12/14 (M)237	00:23:07	00:23:04	04.36
15	836	WAWRZEŃCZYK Antoni	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	97	M12/15 (M)240	00:23:11	00:23:02	04.36
16	452	MAJCHER Michał	RADWANICE	POL		00	M12/16 (M)249	00:23:22	00:23:19	04.39
17	400	KWIECIEN Jarosław	MIRKÓW	POL		97	M12/17 (M)263	00:23:34	00:23:18	04.39
18	989	WARMUZEK Krystian		POL		98	M12/18 (M)278	00:23:45	00:23:29	04.41
19	327	KOSTRZEWA Paweł	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	97	M12/19 (M)308	00:24:05	00:23:56	04.47
20	15004	KOCEMDA Jakub	OLAWA	POL		97	M12/20 (M)322	00:24:18	00:23:59	04.47
21	447	MADEJKA Maksymilian	WILKSZYŃ	POL		98	M12/21 (M)324	00:24:19	00:24:00	04.48
22	4118	RING Grzegorz		POL		98	M12/22 (M)327	00:24:22	00:24:11	04.50
23	850	WIELGUS Marcin	ROŚCIŚLAWICE	POL		00	M12/23 (M)330	00:24:26	00:24:19	04.51
24	4151	SŁOWIK Kacper	WROCLAW	POL		99	M12/24 (M)373	00:25:03	00:24:56	04.59
25	4188	LISIECKI Aleksander	ŻARÓW	POL		02	M12/25 (M)385	00:25:14	00:25:05	05.01
26	105	CZARNECKI Jakub	WROCLAW	POL	LEŚNICA	00	M12/26 (M)386	00:25:14	00:25:00	05.00
27	1068	SOBOLEWSKI Grzegorz	WROCLAW	POL		98	M12/27 (M)387	00:25:17	00:25:16	05.03
28	4110	TRZEBUNIAK Bartunek		POL		99	M12/28 (M)404	00:25:35	00:25:29	05.05
29	930	WOLNIAK Dariusz	WROCLAW	POL		00	M12/29 (M)417	00:25:53	00:25:51	05.10
30	4170	RZEMYKOWSKI Michał	NIEMIL	POL		00	M12/30 (M)432	00:26:22	00:26:15	05.15
31	4160	PAGACZ Michał	OLEŚNICA	POL		99	M12/31 (M)448	00:26:52	00:26:46	05.21

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
32	360	KROTLIŃSKI Antoni	WROCLAW	POL		99	M12/32 (M)481	00:27:33	00:27:31	05.30
33	4125	SIWAK Gracjan	WROCLAW	POL		00	M12/33 (M)495	00:28:00	00:27:57	05.35
34	399	KWIECIEŃ Jan	MIRKÓW	POL		00	M12/34 (M)496	00:28:00	00:27:41	05.32
35	4129	SERNECKI Franciszek	WROCLAW	POL		01	M12/35 (M)517	00:28:30	00:28:30	05.42
36	15046	ŚWIDERSKI Kamil	WROCLAW	POL		97	M12/36 (M)528	00:28:44	00:28:40	05.44
37	96	CISŁOWSKI Łukasz	WROCLAW	POL		98	M12/37 (M)555	00:29:41	00:29:26	05.53
38	2318	CISŁOWSKI Przemysław		POL		01	M12/38 (M)557	00:29:43	00:29:26	05.53
39	772	SZYMCZYK Wiktor	WROCLAW	POL		99	M12/39 (M)562	00:29:55	00:29:40	05.56
40	4194	KILIAN Wojciech	WROCLAW	POL		98	M12/40 (M)565	00:29:59	00:29:31	05.54
41	125	DOMAGAŁA Jakub	WROCLAW	POL	LEŚNICA	00	M12/41 (M)574	00:30:31	00:30:16	06.03
42	953	KRENZ Kacper	WROCLAW	POL		99	M12/42 (M)581	00:31:00	00:30:37	06.07
43	4122	GÓRAŚ Beniamin		POL		98	M12/43 (M)587	00:31:14	00:31:02	06.12
44	501	MODRZEJEWSKI Jakub	GRABÓW NAD PROSNĄ	POL	GRABOWIANIE	99	M12/44 (M)594	00:31:32	00:31:20	06.16
45	1267	OŻGA Bernard	WROCLAW	POL		00	M12/45 (M)605	00:32:24	00:32:03	06.24
46	61	BRANDSTETTER Elizeusz	WROCLAW	POL	GIMNAZJUM NR 16 WE WROCLAWIU	98	M12/46 (M)610	00:34:01	00:33:59	06.47
47	1453	MUSIAŁ Kacper		POL		06	M12/47 (M)613	00:34:24	00:33:56	06.47
48	4124	IDCZAK Bartosz	WROCLAW	POL		97	M12/48 (M)614	00:34:24	00:34:04	06.48
49	244	JANOWSKI Piotr	KAMIENIEC	POL	DUCHY	98	M12/49 (M)617	00:34:52	00:34:30	06.54
50	4192	SZCZEPANIAK Mateusz	WROCLAW	POL		00	M12/50 (M)629	00:41:17	00:40:47	08.09
51	275	KARBOWSKI Filip	TWARDOGÓRA	POL		00	M12/51 (M)630	00:42:37	00:42:23	08.28
52	1408	SACHA Wojciech	WROCLAW	POL		05	M12/52 (M)632	00:46:34	00:46:25	09.17

Bieg Główny 5km Kobiety KATEGORIA:K40

1	361	KROWICKA Dorota	WROCLAW	POL		69	K40/1 (K)4	00:20:28	00:20:27	04.05
2	811	TRAWNICZEK Joanna	BIELAWA	POL		72	K40/2 (K)15	00:23:06	00:23:02	04.36
3	818	TWARDOWSKA Mariola	MIĘDZYLESIE	POL		65	K40/3 (K)17	00:23:13	00:23:12	04.38
4	415	LICZNER Joanna	WROCLAW	POL		69	K40/4 (K)20	00:23:30	00:23:11	04.38
5	351	KOZYRSKA Agnieszka	SOBÓTKA	POL		72	K40/5 (K)22	00:23:35	00:23:31	04.42
6	217	HAZUBSKA Anna	TRZEBNICA	POL		69	K40/6 (K)41	00:24:36	00:24:26	04.53
7	79	CHAŁUPCZAK Lila	WROCLAW	POL		69	K40/7 (K)43	00:24:43	00:24:32	04.54
8	277	KARSKA Ewa	ZŁOTORYJA	POL	I TY MOŻESZ ZOSTAĆ MARATOŃCZYKIEM	66	K40/8 (K)62	00:26:47	00:26:42	05.20
9	388	KURIATA-LEŚNIAK Iwona	WROCLAW	POL	2012	69	K40/9 (K)68	00:27:06	00:27:02	05.24
10	4120	JALOSZYŃSKA Marzena		POL		70	K40/10 (K)83	00:27:57	00:27:48	05.33
11	160	FRANK Marta	WROCLAW	POL		68	K40/11 (K)85	00:28:00	00:27:32	05.30
12	200	GRABOWSKA Agata	KIELCZÓW	POL		67	K40/12 (K)109	00:29:16	00:29:00	05.48
13	4086	SUJECKA Urszula	BELCHATÓW	POL		71	K40/13 (K)115	00:29:46	00:29:18	05.51
14	973	KRYSIEWICZ Grażyna	WROCLAW	POL		68	K40/14 (K)125	00:30:15	00:29:57	05.59
15	553	OCHREM Maria	WROCLAW	POL		72	K40/15 (K)127	00:30:24	00:30:14	06.02
16	414	LEWKOWICZ Barbara	SZEWCE	POL		63	K40/16 (K)129	00:30:28	00:30:05	06.01
17	321	KORZENIOWSKA-PYKA Agata	BIELANY WROCLAWSKIE	POL		72	K40/17 (K)131	00:30:32	00:30:20	06.04
18	288	KESY-KOWALSKA Hanna	SZCZAWNO-ZDRÓJ	POL		67	K40/18 (K)140	00:31:08	00:30:54	06.10
19	503	MODRZEJEWSKA Lidia	GRABÓW NAD PROSNĄ	POL	GRABOWIANIE	72	K40/19 (K)147	00:31:42	00:31:28	06.17
20	417	LIPNICKA Anna	WROCLAW	POL		72	K40/20 (K)156	00:32:04	00:31:33	06.18
21	1252	OŻGA Bożena	WROCLAW	POL		66	K40/21 (K)164	00:32:24	00:32:03	06.24
22	398	KWIECIEŃ Aleksandra	MIRKÓW	POL		65	K40/22 (K)166	00:32:26	00:32:09	06.25
23	4082	OKOŃCZYK Ewa	WROCLAW	POL		67	K40/23 (K)176	00:33:11	00:32:59	06.35
24	227	IWANOW Ewa	WROCLAW	POL		68	K40/24 (K)181	00:33:46	00:33:17	06.39
25	435	ŁAWNIK Małgorzata	STANOWICE	POL		71	K40/25 (K)183	00:33:53	00:33:36	06.43
26	315	KORBA Iwona	BIELANY WROCLAWSKIE	POL		70	K40/26 (K)184	00:33:54	00:33:37	06.43
27	80	CHAREZA Ewa	PROCHOWICE	POL		65	K40/27 (K)188	00:34:18	00:34:16	06.51
28	210	GUZ Ewa	WROCLAW	POL		67	K40/28 (K)189	00:34:19	00:34:13	06.50
29	521	MUSIAŁ Monika	WROCLAW	POL		69	K40/29 (K)190	00:34:24	00:33:56	06.47
30	969	WRÓBEL Agnieszka	WROCLAW	POL		72	K40/30 (K)193	00:34:38	00:34:21	06.52
31	253	JEZIOROWSKA Elżbieta	WROCLAW	POL		65	K40/31 (K)200	00:35:21	00:35:10	07.02
32	835	WARSZAWA Joanna	WROCLAW	POL		70	K40/32 (K)201	00:35:29	00:35:07	07.01
33	341	KOWALIK Alicja	WROCLAW	POL		63	K40/33 (K)203	00:36:04	00:35:52	07.10
34	749	SZAWDZIN Anna	WROCLAW	POL		70	K40/34 (K)218	00:40:22	00:40:00	08.00
35	4193	SERNECKA Agata	WROCLAW	POL		66	K40/35 (K)222	00:41:10	00:40:52	08.10

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	Czas Netto	[min/km]
36	15032	KRYG Beata	WROCLAW	 POL		64	K40/36 (K)228	00:47:26	00:46:58	09.23
Bieg Główny 5km Kobiety KATEGORIA:K50										
1	43	BILIŃSKA Ewa	NIEDORADZ	 POL		62	K50/1 (K)10	00:22:03	00:21:56	04.23
2	429	ŁABUZ Ewa	WROCLAW	 POL		55	K50/2 (K)90	00:28:09	00:28:02	05.36
3	331	KOSZYKOWSKA Elżbieta	OBORNIKI ŚLĄSKIE	 POL		53	K50/3 (K)97	00:28:44	00:28:31	05.42
4	212	HACKEMER Alicja	WROCLAW	 POL		60	K50/4 (K)107	00:29:11	00:28:57	05.47
5	804	TOMCZAK Wiesława	WROCLAW	 POL		61	K50/5 (K)122	00:30:01	00:29:51	05.58
6	463	MAREK Ewa	WROCLAW	 POL		56	K50/6 (K)138	00:30:53	00:30:40	06.08
7	977	CHRAPKIEWICZ Hanna	WROCLAW	 POL		54	K50/7 (K)144	00:31:31	00:31:13	06.14
8	205	STAGROWSKA Jadwiga	LEWIN BRZESKI	 POL		54	K50/8 (K)145	00:31:34	00:31:08	06.13
9	739	STROJWAS Anna	WROCLAW	 POL		57	K50/9 (K)146	00:31:41	00:31:15	06.15
10	523	MUSIELAK Ewa	SYCÓW	 POL		58	K50/10 (K)152	00:31:48	00:31:27	06.17
11	628	NAJDUK Anna	WROCLAW	 POL	DOZAMEL-SOLIDARNOŚĆ	60	K50/11 (K)162	00:32:19	00:32:12	06.26
12	4159	ADAMEK Anna	WROCLAW	 POL		62	K50/12 (K)177	00:33:25	00:33:10	06.38
13	375	KSOK Krystyna	WROCLAW	 POL		58	K50/13 (K)197	00:35:17	00:34:53	06.58
14	534	NIEZGÓDKA Jolanta	WROCLAW	 POL		59	K50/14 (K)204	00:36:04	00:35:53	07.10
15	207	GUDER Wiesława	SYCOW	 POL		58	K50/15 (K)208	00:37:05	00:36:45	07.21
16	565	OSŁOWSKA-SPYCHALSKA Barbara	WROCLAW	 POL		55	K50/16 (K)212	00:38:11	00:37:43	07.32
17	480	MAZURKIEWICZ Barbara	WROCLAW	 POL	MORZĘCIN WIELKI	55	K50/17 (K)221	00:40:55	00:40:31	08.06
Bieg Główny 5km Kobiety KATEGORIA:K60										
1	353	KRAKOWIAK Barbara	TRZEBNICA	 POL		46	K60/1 (K)103	00:29:03	00:28:53	05.46
2	798	TOMCZAK Irmina	WROCLAW	 POL		36	K60/2 (K)110	00:29:17	00:28:58	05.47