

## III Świdnicka Piętnastka

Miejsce: ŚWIDNICA - 2012-09-01

Organizator: 1. Świdnicki Klub Biegacza „Hermes”, 2. Ośrodek Sportu i Rekreacji w Świdnicy

3. Gmina Miasto Świdnica

| Miejsce Open | Numer | Nazwisko    | Imię       | Płeć | Miejsce pięć M / K | Kategoria | Miejsce e kat. M / K | Miejscowość      | Klub                        | DYST ANS | Wynik   | km/h         | min/km         |
|--------------|-------|-------------|------------|------|--------------------|-----------|----------------------|------------------|-----------------------------|----------|---------|--------------|----------------|
| 1            | 182   | KROWLAIDIS  | SERGIEJ    | M    | 1                  | M 30-39   |                      |                  | UKRAINA                     | 15       | 0:53:40 | 16,77 [km/h] | 03:35 [min/km] |
| 2            | 202   | ŚLEZAK      | PIOTR      | M    | 2                  | M 0-29    |                      | OBORNIKI ŚLĄSKIE | WWW.WBIEGU24.PL             | 15       | 0:53:52 | 16,71 [km/h] | 03:35 [min/km] |
| 3            | 140   | PRZYBYŁA    | KRZYSZTOF  | M    | 3                  | M 40-49   |                      | WAWELNO          | ZZS WAWELNO                 | 15       | 0:54:38 | 16,47 [km/h] | 03:39 [min/km] |
| 4            | 21    | DURAK       | KATARZYNA  | K    | 1                  | K 30-39   |                      | WROCŁAW          | LUKS ŻÓRAWINA               | 15       | 0:54:49 | 16,42 [km/h] | 03:39 [min/km] |
| 5            | 128   | MUSIELAK    | PATRYK     | M    | 4                  | M 0-29    |                      | LESZNO           | JW 4408                     | 15       | 0:55:53 | 16,10 [km/h] | 03:44 [min/km] |
| 6            | 142   | KUŻMA       | WIESŁAW    | M    | 5                  | M 50-59   |                      |                  | WKB PIAST WROCŁAW           | 15       | 0:56:05 | 16,05 [km/h] | 03:44 [min/km] |
| 7            | 169   | BOGDAŁ      | PAWEŁ      | M    | 6                  | M 30-39   |                      | MIĘDZYGÓRZE      | ULKS BYSTRZYCA KŁODZKA      | 15       | 0:56:17 | 15,99 [km/h] | 03:45 [min/km] |
| 8            | 173   | KŁONOWSKI   | TOMASZ     | M    | 7                  | M 30-39   | 1                    | OŁAWA            | SABEL                       | 15       | 0:56:24 | 15,96 [km/h] | 03:46 [min/km] |
| 9            | 172   | SKÓRKA      | ADAM       | M    | 8                  | M 30-39   | 2                    | ZŁOTORYJA        | OLAWS ZŁOTORYJA             | 15       | 0:56:36 | 15,90 [km/h] | 03:46 [min/km] |
| 10           | 61    | MACIASZCZYK | ROMAN      | M    | 9                  | M 40-49   | 1                    | BIERUTÓW         |                             | 15       | 0:58:56 | 15,27 [km/h] | 03:56 [min/km] |
| 11           | 62    | MALINOWSKI  | SŁAWOMIR   | M    | 10                 | M 0-29    | 1                    | NOWA SÓL         | WKS ORŁY WAWRZUSIA NOWA SÓL | 15       | 0:59:03 | 15,24 [km/h] | 03:56 [min/km] |
| 12           | 88    | PELC        | PAWEŁ      | M    | 11                 | M 30-39   | 3                    | WROCŁAW          | PRO-RUN WROCŁAW             | 15       | 0:59:30 | 15,13 [km/h] | 03:58 [min/km] |
| 13           | 118   | URAMEK      | GRZEGORZ   | M    | 12                 | M 30-39   | 4                    | OBORNIKI ŚLĄSKIE |                             | 15       | 0:59:35 | 15,10 [km/h] | 03:58 [min/km] |
| 14           | 171   | BOREK       | GRZEGORZ   | M    | 13                 | M 0-29    | 2                    | BOGORIA          | STS SKARŻYSKO-KAMIENNA      | 15       | 1:00:01 | 15,00 [km/h] | 04:00 [min/km] |
| 15           | 187   | WOJSŁAW     | BARTŁOMIEJ | M    | 14                 | M 0-29    | 3                    | BIAŁA            | GLKS MARCINOWICE            | 15       | 1:00:08 | 14,97 [km/h] | 04:01 [min/km] |
| 16           | 44    | KITA        | MICHAŁ     | M    | 15                 | M 30-39   | 5                    | WROCŁAW          | PĘDZĄCY W MIEJSCU           | 15       | 1:00:13 | 14,95 [km/h] | 04:01 [min/km] |
| 17           | 102   | SKRZYPCZAK  | TOMASZ     | M    | 16                 | M 0-29    | 4                    | WROCŁAW          | WKB PIAST WROCŁAW           | 15       | 1:01:03 | 14,74 [km/h] | 04:04 [min/km] |
| 18           | 199   | JARZĄBEK    | GRZEGORZ   | M    | 17                 | M 40-49   | 2                    | LUBIN            | OLAWS ZŁOTORYJA             | 15       | 1:01:13 | 14,70 [km/h] | 04:05 [min/km] |
| 19           | 10    | BUSZEWSKI   | BENIAMIN   | M    | 18                 | M 30-39   | 6                    | WROCŁAW          |                             | 15       | 1:01:16 | 14,69 [km/h] | 04:05 [min/km] |
| 20           | 246   | DANISZ      | KAROL      | M    | 19                 | M 30-39   | 7                    | WROCŁAW          |                             | 15       | 1:01:40 | 14,59 [km/h] | 04:07 [min/km] |
| 21           | 117   | TOŁŁOCZKO   | ARKADIYUSZ | M    | 20                 | M 30-39   | 8                    | CHWAŁOWICE       | CHWAŁOWICE/JELCZ            | 15       | 1:01:49 | 14,56 [km/h] | 04:07 [min/km] |
| 22           | 143   | GUŁAJ       | ARTUR      | M    | 21                 | M 30-39   | 9                    | LEGNICA          |                             | 15       | 1:01:56 | 14,53 [km/h] | 04:08 [min/km] |
| 23           | 177   | SIKORA      | ADAM       | M    | 22                 | M 30-39   | 10                   | ŻELOWICE         |                             | 15       | 1:01:58 | 14,52 [km/h] | 04:08 [min/km] |
| 24           | 53    | KULCZEWSKI  | ŁUKASZ     | M    | 23                 | M 30-39   | 11                   | WROCŁAW          |                             | 15       | 1:02:20 | 14,44 [km/h] | 04:09 [min/km] |
| 25           | 150   | TERLIKOWSKI | ARKADIUSZ  | M    | 24                 | M 30-39   | 12                   | NOWA SÓL         | UKS "AREK" NOWA SÓL         | 15       | 1:02:26 | 14,42 [km/h] | 04:10 [min/km] |
| 26           | 5     | BIELAWSKI   | JAN        | M    | 25                 | M 40-49   | 3                    | ŚCINAWA          | START- ŚCINAWA              | 15       | 1:02:33 | 14,39 [km/h] | 04:10 [min/km] |
| 27           | 23    | SIKORA      | ADAM       | M    | 26                 | M 0-29    | 5                    | MIEROSZÓW        |                             | 15       | 1:03:09 | 14,25 [km/h] | 04:13 [min/km] |
| 28           | 87    | PAWLIK      | MARCIN     | M    | 27                 | M 0-29    | 6                    | WAŁBRZYCH        |                             | 15       | 1:03:10 | 14,25 [km/h] | 04:13 [min/km] |
| 29           | 141   | RYGUŁA      | ANNA       | K    | 2                  | K 30-39   |                      |                  | ZAWISZA STARA KUŹNIA        | 15       | 1:03:26 | 14,19 [km/h] | 04:14 [min/km] |
| 30           | 148   | MOŻEJKO     | ZBIGNIEW   | M    | 28                 | M 40-49   | 4                    | WROCŁAW          |                             | 15       | 1:04:08 | 14,03 [km/h] | 04:17 [min/km] |

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3. Gmina Miasto Świdnica

| Miejsce Open | Numer | Nazwisko     | Imię      | Płeć | Miejsce pleć M / K | Kategoria | Miejsce e kat. M / K | Miejscowość     | Klub                                   | DYST ANS | Wynik   | km/h         | min/km         |
|--------------|-------|--------------|-----------|------|--------------------|-----------|----------------------|-----------------|----------------------------------------|----------|---------|--------------|----------------|
| 31           | 232   | MUSIAŁ       | MAREK     | M    | 29                 | M 50-59   | 1                    | BYSTRZYCA GÓRNA |                                        | 15       | 1:04:17 | 14,00 [km/h] | 04:17 [min/km] |
| 32           | 134   | MYDŁOWSKI    | RYSZARD   | M    | 30                 | M 50-59   | 2                    | ŚWIDNICA        | GLKS ŚWIDNICA                          | 15       | 1:04:27 | 13,96 [km/h] | 04:18 [min/km] |
| 33           | 159   | MARKOWICZ    | GRZEGORZ  | M    | 31                 | M 0-29    | 7                    | WROCLAW         |                                        | 15       | 1:04:46 | 13,90 [km/h] | 04:19 [min/km] |
| 34           | 30    | GIZLER       | PIOTR     | M    | 32                 | M 30-39   | 13                   | OŁAWA           |                                        | 15       | 1:04:57 | 13,86 [km/h] | 04:20 [min/km] |
| 35           | 153   | MARKIEWICZ   | ADAM      | M    | 33                 | M 30-39   | 14                   | WROCLAW         | PRO-RUN WROCLAW                        | 15       | 1:05:03 | 13,84 [km/h] | 04:20 [min/km] |
| 36           | 26    | GAŁYSA       | MICHAŁ    | M    | 34                 | M 50-59   | 3                    | WAŁBRZYCH       |                                        | 15       | 1:05:04 | 13,83 [km/h] | 04:20 [min/km] |
| 37           | 121   | WOJTANOWSKA  | PAULINA   | K    | 3                  | K 0-29    |                      | BIELAWA         |                                        | 15       | 1:05:08 | 13,82 [km/h] | 04:21 [min/km] |
| 38           | 54    | KULIŃSKI     | BOGDAN    | M    | 35                 | M 50-59   | 4                    | 67-200 GŁOGÓW   | KGHM HUTA MIEDZI GŁOGÓW DRUŻYNA SZPIKU | 15       | 1:05:32 | 13,73 [km/h] | 04:22 [min/km] |
| 39           | 151   | BARAN        | WIESŁAW   | M    | 36                 | M 40-49   | 5                    | ŚCINAWA         | START-ŚCINAWA                          | 15       | 1:05:41 | 13,70 [km/h] | 04:23 [min/km] |
| 40           | 1     | AMBROSIEWICZ | HENRYK    | M    | 37                 | M 60-69   | 1                    | LEGNICA         | KB LEW LEGNICA                         | 15       | 1:06:01 | 13,63 [km/h] | 04:24 [min/km] |
| 41           | 132   | ŻUKOWSKI     | MARIAN    | M    | 38                 | M 50-59   | 5                    | KWIATKOWICE     |                                        | 15       | 1:06:27 | 13,54 [km/h] | 04:26 [min/km] |
| 42           | 152   | PANEJKO      | WIESŁAW   | M    | 39                 | M 50-59   | 6                    | WROCLAW         | PRO RUN WROCLAW                        | 15       | 1:06:33 | 13,52 [km/h] | 04:26 [min/km] |
| 43           | 239   | DYGUDAJ      | JERZY     | M    | 40                 | M 60-69   | 2                    | LEGNICA         |                                        | 15       | 1:07:33 | 13,32 [km/h] | 04:30 [min/km] |
| 44           | 139   | RÓŻNOWSKI    | DARIUSZ   | M    | 41                 | M 40-49   | 6                    | INOWROCLAW      |                                        | 15       | 1:07:44 | 13,29 [km/h] | 04:31 [min/km] |
| 45           | 90    | PIOTROWSKI   | GRZEGORZ  | M    | 42                 | M 30-39   | 15                   | ŚWIDNICA        | HERMES ŚWIDNICA                        | 15       | 1:07:49 | 13,27 [km/h] | 04:31 [min/km] |
| 46           | 108   | SPRAWKA      | SŁAWOMIR  | M    | 43                 | M 30-39   | 16                   | ŚWIDNICA        |                                        | 15       | 1:07:50 | 13,27 [km/h] | 04:31 [min/km] |
| 47           | 82    | PANAJOTIS    | DARAS     | M    | 44                 | M 0-29    | 8                    | ŚWIDNICA        |                                        | 15       | 1:08:08 | 13,21 [km/h] | 04:33 [min/km] |
| 48           | 160   | DROŹDZIK     | MAGDALENA | K    | 4                  | K 30-39   |                      | NYSA            | WKB META LUBLINIEC                     | 15       | 1:08:19 | 13,17 [km/h] | 04:33 [min/km] |
| 49           | 9     | BUSZ         | ARTUR     | M    | 45                 | M 30-39   | 17                   | MIEROSZÓW       | TEMPO WAŁBRZYCH                        | 15       | 1:08:19 | 13,17 [km/h] | 04:33 [min/km] |
| 50           | 205   | GURGUL       | RYSZARD   | M    | 46                 | M 50-59   | 7                    | BOGUSZÓW GORCE  |                                        | 15       | 1:08:21 | 13,17 [km/h] | 04:33 [min/km] |
| 51           | 19    | DREKSLER     | SZYMON    | M    | 47                 | M 50-59   | 8                    | BRZEG           |                                        | 15       | 1:08:34 | 13,13 [km/h] | 04:34 [min/km] |
| 52           | 83    | PARUCH       | ROBERT    | M    | 48                 | M 0-29    | 9                    | ŚWIDNICA        |                                        | 15       | 1:08:47 | 13,08 [km/h] | 04:35 [min/km] |
| 53           | 46    | KMITA        | KRZYSZTOF | M    | 49                 | M 40-49   | 7                    | BOLESŁAWIEC     | JW 1145                                | 15       | 1:08:48 | 13,08 [km/h] | 04:35 [min/km] |
| 54           | 115   | ŚWIĘCICKI    | DANIEL    | M    | 50                 | M 30-39   | 18                   | ŚWIDNICA        |                                        | 15       | 1:09:29 | 12,95 [km/h] | 04:38 [min/km] |
| 55           | 163   | ROMAN        | KRZYSZTOF | M    | 51                 | M 50-59   | 9                    | KUDOWA ZDRÓJ    |                                        | 15       | 1:09:31 | 12,95 [km/h] | 04:38 [min/km] |
| 56           | 180   | KROCZAK      | WOJCIECH  | M    | 52                 | M 40-49   | 8                    | PIESZYCE        | POLSKA BIEGA                           | 15       | 1:09:36 | 12,93 [km/h] | 04:38 [min/km] |
| 57           | 67    | MATKOWSKI    | KAZIMIERZ | M    | 53                 | M 50-59   | 10                   | PIETRZYKOWICE   | DRUŻYNA SZPIKU                         | 15       | 1:10:15 | 12,81 [km/h] | 04:41 [min/km] |
| 58           | 79    | OLENDER      | GRZEGORZ  | M    | 54                 | M 30-39   | 19                   | WROCLAW         |                                        | 15       | 1:10:31 | 12,76 [km/h] | 04:42 [min/km] |
| 59           | 245   | ŁACH         | ŁUKASZ    | M    | 55                 | M 0-29    | 10                   | WOJNAROWICE     | PRĘDKIE STOPY ŻÓŁWIA                   | 15       | 1:10:57 | 12,68 [km/h] | 04:44 [min/km] |
| 60           | 65    | MARKOWICZ    | GRZEGORZ  | M    | 56                 | M 50-59   | 11                   | WROCLAW         |                                        | 15       | 1:11:01 | 12,67 [km/h] | 04:44 [min/km] |

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| Miejsce Open | Numer | Nazwisko    | Imię      | Płeć | Miejsce pleć M / K | Kategoria | Miejsce e kat. M / K | Miejscowość     | Klub                    | DYST ANS | Wynik   | km/h         | min/km         |
|--------------|-------|-------------|-----------|------|--------------------|-----------|----------------------|-----------------|-------------------------|----------|---------|--------------|----------------|
| 61           | 174   | GRAJEK      | TOMASZ    | M    | 57                 | M 0-29    | 11                   | GLIWICE         |                         | 15       | 1:11:04 | 12,66 [km/h] | 04:44 [min/km] |
| 62           | 144   | CIEŚLAK     | ZDZISŁAW  | M    | 58                 | M 40-49   | 9                    | ŚWIDNICA        | TEMMPO WAŁBRZYCH        | 15       | 1:11:08 | 12,65 [km/h] | 04:45 [min/km] |
| 63           | 70    | MORAWSKA    | BOŻENA    | K    | 5                  | K 40-49   |                      | ŚWIDNICA        |                         | 15       | 1:11:12 | 12,64 [km/h] | 04:45 [min/km] |
| 64           | 96    | PRZYBYLSKI  | CZESŁAW   | M    | 59                 | M 60-69   | 3                    | PSZENNO         | HERMES SWIDNICA         | 15       | 1:11:13 | 12,64 [km/h] | 04:45 [min/km] |
| 65           | 74    | OBODZIŃSKA  | PATRYCJA  | K    | 6                  | K 0-29    |                      | BRZEG           |                         | 15       | 1:11:45 | 12,54 [km/h] | 04:47 [min/km] |
| 66           | 16    | CZARKOWSKI  | NORBERT   | M    | 60                 | M 30-39   | 20                   | ŚWIEBODZICE     | TEMMPO WAŁBRZYCH        | 15       | 1:11:47 | 12,54 [km/h] | 04:47 [min/km] |
| 67           | 170   | PODGÓRSKA   | EWA       | K    | 7                  | K 0-29    | 1                    | ŚWIDNICA        | AWF WROCŁAW             | 15       | 1:11:52 | 12,52 [km/h] | 04:47 [min/km] |
| 68           | 123   | JĘCZMIEŃ    | MARLENA   | K    | 8                  | K 0-29    | 2                    | ŚWIDNICA        |                         | 15       | 1:11:55 | 12,51 [km/h] | 04:48 [min/km] |
| 69           | 116   | TATYS       | ŁUKASZ    | M    | 61                 | M 0-29    | 12                   | WROCŁAW         |                         | 15       | 1:12:12 | 12,47 [km/h] | 04:49 [min/km] |
| 70           | 136   | KARPISZ     | KRZYSZTOF | M    | 62                 | M 30-39   | 21                   | ŚWIDNICA        |                         | 15       | 1:12:19 | 12,45 [km/h] | 04:49 [min/km] |
| 71           | 15    | CZAJKOWSKI  | STANISŁAW | M    | 63                 | M 60-69   | 4                    | JELCZ-LASKOWICE | BIEGIEM DO EMERYTURY    | 15       | 1:12:42 | 12,38 [km/h] | 04:51 [min/km] |
| 72           | 133   | KLUCZYŃSKI  | MIROŚLAW  | M    | 64                 | M 40-49   | 10                   | ŚWIEBODZICE     |                         | 15       | 1:12:53 | 12,35 [km/h] | 04:52 [min/km] |
| 73           | 22    | FLEJTERSKI  | ADAM      | M    | 65                 | M 50-59   | 12                   | WROCŁAW         |                         | 15       | 1:12:57 | 12,34 [km/h] | 04:52 [min/km] |
| 74           | 52    | KOSZYKOWSKI | MAREK     | M    | 66                 | M 30-39   | 22                   | WROCŁAW         |                         | 15       | 1:12:58 | 12,33 [km/h] | 04:52 [min/km] |
| 75           | 50    | KOSMAŁA     | AGNIESZKA | K    | 9                  | K 30-39   | 1                    | ŚWIDNICA        |                         | 15       | 1:12:59 | 12,33 [km/h] | 04:52 [min/km] |
| 76           | 249   | WRÓBLEWSKI  | TOMASZ    | M    | 67                 | M 0-29    | 13                   | DZIERŻONIÓW     | BOXMET PISKORZÓW        | 15       | 1:13:24 | 12,26 [km/h] | 04:54 [min/km] |
| 77           | 39    | JURASZEK    | MIROŚLAW  | M    | 68                 | M 30-39   | 23                   | SIENIAWKA       | NIEZRZESZONY            | 15       | 1:13:24 | 12,26 [km/h] | 04:54 [min/km] |
| 78           | 8     | BUŁACZ      | ROMUALD   | M    | 69                 | M 30-39   | 24                   | WROCŁAW         | PRO-RUN WROCŁAW         | 15       | 1:13:34 | 12,23 [km/h] | 04:54 [min/km] |
| 79           | 242   | ŚWIĘCICKI   | PIOTR     | M    | 70                 | M 30-39   | 25                   | ŚWIDNICA        |                         | 15       | 1:13:40 | 12,22 [km/h] | 04:55 [min/km] |
| 80           | 25    | FORCZEK     | GRZEGORZ  | M    | 71                 | M 40-49   | 11                   | ŚWIDNICA        |                         | 15       | 1:13:47 | 12,20 [km/h] | 04:55 [min/km] |
| 81           | 241   | MAKOWIECKI  | RAFAŁ     | M    | 72                 | M 30-39   | 26                   | WROCŁAW         |                         | 15       | 1:13:53 | 12,18 [km/h] | 04:56 [min/km] |
| 82           | 40    | KACZMARSKI  | RAFAŁ     | M    | 73                 | M 30-39   | 27                   | WABIENICE       | KB LUPUS OLEŚNICA       | 15       | 1:14:00 | 12,16 [km/h] | 04:56 [min/km] |
| 83           | 124   | WYLEZIŃSKI  | PIOTR     | M    | 74                 | M 30-39   | 28                   | WROCŁAW         |                         | 15       | 1:14:07 | 12,14 [km/h] | 04:56 [min/km] |
| 84           | 45    | KLECZA      | JAROSŁAW  | M    | 75                 | M 40-49   | 12                   | NYSA            | NYSA BIEGA              | 15       | 1:14:13 | 12,13 [km/h] | 04:57 [min/km] |
| 85           | 48    | KOŁODZIEJ   | TOMASZ    | M    | 76                 | M 30-39   | 29                   | NYSA            | NYSA BIEGA              | 15       | 1:14:13 | 12,13 [km/h] | 04:57 [min/km] |
| 86           | 98    | RASAŁA      | MAREK     | M    | 77                 | M 40-49   | 13                   | STRZEGOM        |                         | 15       | 1:14:14 | 12,12 [km/h] | 04:57 [min/km] |
| 87           | 60    | MACHOŃ      | MARIAN    | M    | 78                 | M 50-59   | 13                   | ŚWIDNICA        | WKB META LUBLINIEC      | 15       | 1:14:16 | 12,12 [km/h] | 04:57 [min/km] |
| 88           | 51    | KOSMAŁA     | ŁUKASZ    | M    | 79                 | M 30-39   | 30                   | ŚWIDNICA        |                         | 15       | 1:14:19 | 12,11 [km/h] | 04:57 [min/km] |
| 89           | 6     | BOBROWSKI   | WALDEK    | M    | 80                 | M 50-59   | 14                   | MIEROSZÓW       |                         | 15       | 1:14:29 | 12,08 [km/h] | 04:58 [min/km] |
| 90           | 99    | RĄCZKOWSKI  | JANUSZ    | M    | 81                 | M 50-59   | 15                   | CHOCIANÓW       | KB ZDYSZAAANI CHOCIANÓW | 15       | 1:14:33 | 12,07 [km/h] | 04:58 [min/km] |

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|--------------|-------|-------------|-----------|------|----------------------|-----------|----------------------|---------------|-------------------------|----------|---------|--------------|----------------|
| 91           | 58    | LEWCZAK     | DARIUSZ   | M    | 82                   | M 50-59   | 16                   | LEWIN BRZESKI | MARCUS                  | 15       | 1:14:38 | 12,06 [km/h] | 04:59 [min/km] |
| 92           | 243   | ŻAK         | SŁAWOMIR  | M    | 83                   | M 30-39   | 31                   | WROCLAW       |                         | 15       | 1:14:39 | 12,06 [km/h] | 04:59 [min/km] |
| 93           | 73    | NOWICKI     | RADOSŁAW  | M    | 84                   | M 40-49   | 14                   | ŚWIDNICA      |                         | 15       | 1:14:39 | 12,06 [km/h] | 04:59 [min/km] |
| 94           | 146   | SCHIEWE     | ANDRZEJ   | M    | 85                   | M 40-49   | 15                   | ŚWIDNICA      | ŚWIDNICA                | 15       | 1:14:39 | 12,06 [km/h] | 04:59 [min/km] |
| 95           | 12    | CHAŁUPCZAK  | CEZARY    | M    | 86                   | M 40-49   | 16                   | WROCLAW       |                         | 15       | 1:14:41 | 12,05 [km/h] | 04:59 [min/km] |
| 96           | 228   | KAŻMIERCZUK | GRZEGORZ  | M    | 87                   | M 30-39   | 32                   | WROCLAW       | NAPRZÓD GRABISZYN       | 15       | 1:14:56 | 12,01 [km/h] | 05:00 [min/km] |
| 97           | 203   | HAJDUK      | JAKUB     | M    | 88                   | M 0-29    | 14                   | STRZEGOM      |                         | 15       | 1:14:59 | 12,00 [km/h] | 05:00 [min/km] |
| 98           | 147   | BAJSAROWICZ | PAWEŁ     | M    | 89                   | M 30-39   | 33                   |               |                         | 15       | 1:14:59 | 12,00 [km/h] | 05:00 [min/km] |
| 99           | 72    | NOWICKI     | MILEK     | M    | 90                   | M 30-39   | 34                   | WARSZAWA      | WARSZAWA                | 15       | 1:15:03 | 11,99 [km/h] | 05:00 [min/km] |
| 100          | 2     | BARTECKI    | IRENEUSZ  | M    | 91                   | M 40-49   | 17                   | DZIERŻONIÓW   |                         | 15       | 1:15:05 | 11,99 [km/h] | 05:00 [min/km] |
| 101          | 56    | LECHOWICZ   | ANTONI    | M    | 92                   | M 50-59   | 17                   | DĄBRÓWKA      | CROSS KRAPKOWICE        | 15       | 1:15:22 | 11,94 [km/h] | 05:01 [min/km] |
| 102          | 84    | PASTUCHA    | ANNA      | K    | 10                   | K 50-59   | 1                    | KRAPKOWICE    | CROSS KRAPKOWICE        | 15       | 1:15:22 | 11,94 [km/h] | 05:01 [min/km] |
| 103          | 158   | WALENDOWSKI | PIOTR     | M    | 93                   | M 30-39   | 35                   | WROCLAW       |                         | 15       | 1:15:36 | 11,90 [km/h] | 05:02 [min/km] |
| 104          | 145   | NOWICKI     | WOJCIECH  | M    | 94                   | M 0-29    | 15                   | ŚWIDNICA      |                         | 15       | 1:15:36 | 11,90 [km/h] | 05:02 [min/km] |
| 105          | 43    | KASPRZAK    | TOMASZ    | M    | 95                   | M 40-49   | 18                   | WROCLAW       |                         | 15       | 1:15:40 | 11,89 [km/h] | 05:03 [min/km] |
| 106          | 176   | SIKORA      | JACEK     | M    | 96                   | M 30-39   | 36                   | ŻELOWICE      |                         | 15       | 1:15:44 | 11,88 [km/h] | 05:03 [min/km] |
| 107          | 31    | GŁADYSZ     | TOMASZ    | M    | 97                   | M 30-39   | 37                   | ŚWIDNICA      |                         | 15       | 1:15:54 | 11,86 [km/h] | 05:04 [min/km] |
| 108          | 93    | PODREZ      | SEBASTIAN | M    | 98                   | M 30-39   | 38                   | ŚWIDNICA      |                         | 15       | 1:16:04 | 11,83 [km/h] | 05:04 [min/km] |
| 109          | 114   | ŚWIATOWA    | ZUZANNA   | K    | 11                   | K 0-29    | 3                    | ŚWIDNICA      | HERMES ŚWIDNICA         | 15       | 1:16:04 | 11,83 [km/h] | 05:04 [min/km] |
| 110          | 27    | GAWRON      | ROBERT    | M    | 99                   | M 30-39   | 39                   | ŚWIDNICA      |                         | 15       | 1:16:22 | 11,79 [km/h] | 05:05 [min/km] |
| 111          | 155   | FURTAK      | KRZYSZTOF | M    | 100                  | M 50-59   | 18                   | LUBIN         |                         | 15       | 1:16:26 | 11,77 [km/h] | 05:06 [min/km] |
| 112          | 130   | ZIELIŃSKI   | BOGUMIŁ   | M    | 101                  | M 40-49   | 19                   | MIEROSZÓW     | GRUPA BIEGOWA MIEROSZÓW | 15       | 1:16:27 | 11,77 [km/h] | 05:06 [min/km] |
| 113          | 94    | PROCYK      | WOJCIECH  | M    | 102                  | M 30-39   | 40                   | WYSOKA        |                         | 15       | 1:16:31 | 11,76 [km/h] | 05:06 [min/km] |
| 114          | 38    | JANKOWICZ   | AGNIESZKA | K    | 12                   | K 30-39   | 2                    | WAŁBRZYCH     | TEMPO WAŁBRZYCH         | 15       | 1:16:35 | 11,75 [km/h] | 05:06 [min/km] |
| 115          | 244   | BACHIŃSKI   | WOJCIECH  | M    | 103                  | M 0-29    | 16                   | ROGÓW SOBÓCKI | PRĘDKIE STOPY ŻÓŁWIA    | 15       | 1:16:39 | 11,74 [km/h] | 05:07 [min/km] |
| 116          | 64    | MALSKI      | PIOTR     | M    | 104                  | M 40-49   | 20                   | LUBIN         |                         | 15       | 1:16:42 | 11,73 [km/h] | 05:07 [min/km] |
| 117          | 33    | GROCHOLA    | MAGDALENA | K    | 13                   | K 30-39   | 3                    | BUDZÓW        |                         | 15       | 1:16:45 | 11,73 [km/h] | 05:07 [min/km] |
| 118          | 3     | BARTOSIK    | DARIUSZ   | M    | 105                  | M 40-49   | 21                   | WAŁBRZYCH     |                         | 15       | 1:17:14 | 11,65 [km/h] | 05:09 [min/km] |
| 119          | 13    | CHAŁUPCZAK  | LILA      | K    | 14                   | K 40-49   | 1                    | WROCLAW       |                         | 15       | 1:17:14 | 11,65 [km/h] | 05:09 [min/km] |
| 120          | 57    | LECHOWICZ   | JERZY     | M    | 106                  | M 60-69   | 5                    | KRAPKOWICE    | CEM-BUD CHRZANÓW        | 15       | 1:17:20 | 11,64 [km/h] | 05:09 [min/km] |

## III Świdnicka Piętnastka

Miejsce: ŚWIDNICA - 2012-09-01

Organizator: 1. Świdnicki Klub Biegacza „Hermes”, 2. Ośrodek Sportu i Rekreacji w Świdnicy

3. Gmina Miasto Świdnica

| Miejsce Open | Numer | Nazwisko    | Imię       | Płeć | Miejsce<br>e pięć<br>M / K | Kategoria | Miejsce<br>e kat.<br>M / K | Miejscowość       | Klub                                     | DYST<br>ANS | Wynik   | km/h         | min/km         |
|--------------|-------|-------------|------------|------|----------------------------|-----------|----------------------------|-------------------|------------------------------------------|-------------|---------|--------------|----------------|
| 121          | 149   | LEŚNIAK     | JÓZEF      | M    | 107                        | M 60-69   | 6                          | WROCŁAW           | WKB PIAST WROCŁAW                        | 15          | 1:17:23 | 11,63 [km/h] | 05:10 [min/km] |
| 122          | 75    | ODZIMKOWSKI | MARCIN     | M    | 108                        | M 30-39   | 41                         | ŻARÓW             |                                          | 15          | 1:18:04 | 11,53 [km/h] | 05:12 [min/km] |
| 123          | 11    | CEBULA      | RAFAŁ      | M    | 109                        | M 30-39   | 42                         | DZIERŻONIÓW       | MARCUS                                   | 15          | 1:18:31 | 11,46 [km/h] | 05:14 [min/km] |
| 124          | 230   | MALINOWSKI  | WŁADYSŁAW  | M    | 110                        | M 60-69   | 7                          | 59-300 PROCHOWICE | EMERYT                                   | 15          | 1:18:37 | 11,45 [km/h] | 05:14 [min/km] |
| 125          | 127   | KRZEMINSKI  | MAREK      | M    | 111                        | M 50-59   | 19                         | 52433 WROCŁAW     | GB WROCŁAWSKIE MORSY                     | 15          | 1:18:39 | 11,44 [km/h] | 05:15 [min/km] |
| 126          | 179   | NOWAKOWSKI  | PRZEMYSŁAW | M    | 112                        | M 30-39   | 43                         | UNISŁAW ŚLĄSKI    |                                          | 15          | 1:18:42 | 11,44 [km/h] | 05:15 [min/km] |
| 127          | 161   | CIEPAJ      | BARTŁOMIEJ | M    | 113                        | M 30-39   | 44                         | OPOLE             |                                          | 15          | 1:18:44 | 11,43 [km/h] | 05:15 [min/km] |
| 128          | 162   | CIEPAJ      | EWA        | K    | 15                         | K 0-29    | 4                          | OPOLE             |                                          | 15          | 1:18:45 | 11,43 [km/h] | 05:15 [min/km] |
| 129          | 101   | SKICA       | ROBERT     | M    | 114                        | M 30-39   | 45                         | KIEŁCZÓW          |                                          | 15          | 1:18:55 | 11,40 [km/h] | 05:16 [min/km] |
| 130          | 105   | SOKOŁOWSKI  | ROMAN      | M    | 115                        | M 50-59   | 20                         | KRAPKOWICE        | CROSS KRAPKOWICE                         | 15          | 1:18:59 | 11,39 [km/h] | 05:16 [min/km] |
| 131          | 167   | RATAJ       | MICHAŁ     | M    | 116                        | M 0-29    | 17                         | ŚWIDNICA          | HERMES ŚWIDNICA                          | 15          | 1:19:55 | 11,26 [km/h] | 05:20 [min/km] |
| 132          | 240   | OLKIEWICZ   | IRENEUSZ   | M    | 117                        | M 40-49   | 22                         |                   |                                          | 15          | 1:20:00 | 11,25 [km/h] | 05:20 [min/km] |
| 133          | 119   | WANAT       | WACŁAW     | M    | 118                        | M 60-69   | 8                          | 54-314 WROCŁAW    | PRO-RUN WROCŁAW                          | 15          | 1:20:20 | 11,20 [km/h] | 05:21 [min/km] |
| 134          | 183   | KACZMAREK   | DOROTA     | K    | 16                         | K 0-29    | 5                          | LESZNO            |                                          | 15          | 1:20:20 | 11,20 [km/h] | 05:21 [min/km] |
| 135          | 227   | ZIMOŃ       | ADAM       | M    | 119                        | M 30-39   | 46                         | WROCŁAW           | RAKOWSKI-KAGLIK BROKERZY UBEZPIECZENIOWI | 15          | 1:20:36 | 11,17 [km/h] | 05:22 [min/km] |
| 136          | 37    | JACHOWICZ   | MALWINA    | K    | 17                         | K 0-29    | 6                          | WROCŁAW           | I TY MOZESZ ZOSTAĆ MARATOŃCZYKIEM 2012   | 15          | 1:20:46 | 11,14 [km/h] | 05:23 [min/km] |
| 137          | 7     | BROŻYNA     | ROBERT     | M    | 120                        | M 30-39   | 47                         | ŚWIDNICA          |                                          | 15          | 1:20:56 | 11,12 [km/h] | 05:24 [min/km] |
| 138          | 201   | KAPUŚCIK    | MARCIN     | M    | 121                        | M 40-49   | 23                         | JEDLINA - ZDRÓJ   |                                          | 15          | 1:20:59 | 11,11 [km/h] | 05:24 [min/km] |
| 139          | 248   | KOZIOŁ      | ŁUKASZ     | M    | 122                        | M 0-29    | 18                         | SOBUTKA           |                                          | 15          | 1:21:05 | 11,10 [km/h] | 05:24 [min/km] |
| 140          | 78    | OLEKSY      | ŁUKASZ     | M    | 123                        | M 30-39   | 48                         | WAŁBRZYCH         | TEMMPO WAŁBRZYCH                         | 15          | 1:21:20 | 11,07 [km/h] | 05:25 [min/km] |
| 141          | 81    | OSTROWSKI   | DARIUSZ    | M    | 124                        | M 40-49   | 24                         | KIEŁCZÓW          | WSOWL                                    | 15          | 1:21:29 | 11,05 [km/h] | 05:26 [min/km] |
| 142          | 204   | GLEBA       | MARTA      | K    | 18                         | K 0-29    | 7                          | ŚWIDNICA          |                                          | 15          | 1:21:34 | 11,03 [km/h] | 05:26 [min/km] |
| 143          | 55    | KWINTA      | SŁAWOMIR   | M    | 125                        | M 30-39   | 49                         | DZIERŻONIÓW       | MARCUS                                   | 15          | 1:21:46 | 11,01 [km/h] | 05:27 [min/km] |
| 144          | 66    | MASICA      | RYSZARD    | M    | 126                        | M 0-29    | 19                         | JEDLINA ZDRÓJ     | MIGRÓD GRODZISZCZE                       | 15          | 1:21:51 | 11,00 [km/h] | 05:27 [min/km] |
| 145          | 69    | MITEK       | WOJCIECH   | M    | 127                        | M 30-39   | 50                         | GRODZISZCZE       | MIGRÓD GRODZISZCZE                       | 15          | 1:21:51 | 11,00 [km/h] | 05:27 [min/km] |
| 146          | 18    | DĘBEK       | PIOTREK    | M    | 128                        | M 30-39   | 51                         | ŚWIDNICA          |                                          | 15          | 1:21:58 | 10,98 [km/h] | 05:28 [min/km] |
| 147          | 77    | OKWIEKA     | PAWEŁ      | M    | 129                        | M 40-49   | 25                         | ŚWIDNICA          |                                          | 15          | 1:21:59 | 10,98 [km/h] | 05:28 [min/km] |
| 148          | 59    | ŁUKASIK     | KAMILA     | K    | 19                         | K 40-49   | 2                          | PIESZYCE          |                                          | 15          | 1:22:25 | 10,92 [km/h] | 05:30 [min/km] |
| 149          | 109   | STAROŚCIAK  | ANTONI     | M    | 130                        | M 60-69   | 9                          | WROCŁAW           | WSOWLAD                                  | 15          | 1:22:41 | 10,88 [km/h] | 05:31 [min/km] |
| 150          | 35    | GRUŻLEWSKA  | ANIA       | K    | 20                         | K 40-49   | 3                          | DZIERŻONIÓW       |                                          | 15          | 1:22:47 | 10,87 [km/h] | 05:31 [min/km] |

## III Świdnicka Piętnastka

Miejsce: ŚWIDNICA - 2012-09-01

Organizator: 1. Świdnicki Klub Biegacza „Hermes”, 2. Ośrodek Sportu i Rekreacji w Świdnicy

3. Gmina Miasto Świdnica

| Miejsce Open | Numer | Nazwisko        | Imię       | Płeć | Miejsce<br>e pięć<br>M / K | Kategoria     | Miejsce<br>e kat.<br>M / K | Miejscowość       | Klub                                             | DYST<br>ANS | Wynik   | km/h         | min/km         |
|--------------|-------|-----------------|------------|------|----------------------------|---------------|----------------------------|-------------------|--------------------------------------------------|-------------|---------|--------------|----------------|
| 151          | 200   | WYSZOMIRSKI     | MICHAŁ     | M    | 131                        | M 0-29        | 20                         | ŚWIDNICA          |                                                  | 15          | 1:22:47 | 10,87 [km/h] | 05:31 [min/km] |
| 152          | 24    | FORCZEK         | ANITA      | K    | 21                         | K 40-49       | 4                          | ŚWIDNICA          |                                                  | 15          | 1:22:56 | 10,85 [km/h] | 05:32 [min/km] |
| 153          | 89    | PIETRAS         | ADAM       | M    | 132                        | M 50-59       | 21                         | WIERZBNA          | WIERZBNA                                         | 15          | 1:22:59 | 10,85 [km/h] | 05:32 [min/km] |
| 154          | 34    | GRUDZIEN        | MAŁGORZATA | K    | 22                         | K 0-29        | 8                          | ZĄBKOWICE ŚL.     |                                                  | 15          | 1:23:13 | 10,82 [km/h] | 05:33 [min/km] |
| 155          | 103   | SMYKOWSKI       | WŁADYSŁAW  | M    | 133                        | M 60-69       | 10                         | OŁAWA             |                                                  | 15          | 1:23:29 | 10,78 [km/h] | 05:34 [min/km] |
| 156          | 120   | WOJEWODA        | MARCIN     | M    | 134                        | M 0-29        | 21                         | ŚWIDNICA          |                                                  | 15          | 1:24:43 | 10,62 [km/h] | 05:39 [min/km] |
| 157          | 250   | RUDNO-RUDZIŃSKI | KRZYSZTOF  | M    | 135                        | M 60-69       | 11                         | WROCŁAW           |                                                  | 15          | 1:24:53 | 10,60 [km/h] | 05:40 [min/km] |
| 158          | 100   | SIERADZKA       | RENATA     | K    | 23                         | K 40-49       | 5                          | ŚWIDNICA          | POLSKA BIEGA                                     | 15          | 1:25:01 | 10,59 [km/h] | 05:40 [min/km] |
| 159          | 175   | WRONA           | PATRYCJA   | K    | 24                         | K 0-29        | 9                          | ZĄBKOWICE ŚLĄSKIE | ZĄBKOWICKI KLUB KARATE KYOKUSHIN                 | 15          | 1:27:16 | 10,31 [km/h] | 05:49 [min/km] |
| 160          | 36    | HAŁGAS          | AGNIESZKA  | K    | 25                         | K 30-39       | 4                          | WAŁBRZYCH         |                                                  | 15          | 1:27:43 | 10,26 [km/h] | 05:51 [min/km] |
| 161          | 104   | SOBCZYK         | MAGDALENA  | K    | 26                         | K 30-39       | 5                          | ŚWIDNICA          |                                                  | 15          | 1:27:56 | 10,24 [km/h] | 05:52 [min/km] |
| 162          | 168   | TATROCKI        | KRZYSZTOF  | M    | 136                        | M 40-49       | 26                         | SOBÓTKA           |                                                  | 15          | 1:28:19 | 10,19 [km/h] | 05:53 [min/km] |
| 163          | 137   | Bednarczuk      | Wiesław    | M    | 137                        | M 50-59       | 22                         | Brzeg             |                                                  | 15          | 1:28:35 | 10,16 [km/h] | 05:54 [min/km] |
| 164          | 106   | SOŁTYŃSKI       | ANDRZEJ    | M    | 138                        | M 50-59       | 23                         | NADOLICE WIELKIE  | WKB PIAST WROCŁAW                                | 15          | 1:28:38 | 10,15 [km/h] | 05:55 [min/km] |
| 165          | 20    | DUBIEL          | DANIEL     | M    | 139                        | M 30-39       | 52                         | WROCŁAW           | CARGILL                                          | 15          | 1:28:53 | 10,13 [km/h] | 05:56 [min/km] |
| 166          | 122   | WRÓBLEWSKA      | ANNA       | K    | 27                         | K 0-29        | 10                         | WROCŁAW           |                                                  | 15          | 1:29:29 | 10,06 [km/h] | 05:58 [min/km] |
| 167          | 107   | SOWA            | ROBERT     | M    | 140                        | M 0-29        | 22                         | TARNOBRZEG        |                                                  | 15          | 1:29:30 | 10,06 [km/h] | 05:58 [min/km] |
| 168          | 47    | KMITA           | JOANNA     | K    | 28                         | K 30-39       | 6                          | BOLESŁAWIEC       | DRUŻYNA SZPIKU                                   | 15          | 1:30:38 | 9,93 [km/h]  | 06:03 [min/km] |
| 169          | 80    | OSTROWSKI       | KAROL      | M    | 141                        | M 0-29        | 23                         | KIEŁCZÓW          | KFC DELKATESY. I TY MOŻESZ ZOSTAĆ MARATONCZYKIEM | 15          | 1:31:56 | 9,79 [km/h]  | 06:08 [min/km] |
| 170          | 181   | KROCZAK         | KATARZYNA  | K    | 29                         | K 0-29        | 11                         | PIESZYCE          | POLSKA BIEGA                                     | 15          | 1:32:04 | 9,78 [km/h]  | 06:08 [min/km] |
| 171          | 125   | HOŁOTA          | IWONA      | K    | 30                         | K 30-39       | 7                          | WROCŁAW           |                                                  | 15          | 1:32:10 | 9,76 [km/h]  | 06:09 [min/km] |
| 172          | 28    | GAŹDZIŃSKA      | KATARZYNA  | K    | 31                         | K 30-39       | 8                          | ŚWIDNICA          |                                                  | 15          | 1:32:38 | 9,72 [km/h]  | 06:11 [min/km] |
| 173          | 76    | OKWIEKA         | ALICJA     | K    | 32                         | K 0-29        | 12                         | ŚWIDNICA          | II L.O ŚWIDNICA                                  | 15          | 1:32:40 | 9,71 [km/h]  | 06:11 [min/km] |
| 174          | 178   | STADNICZUK      | MICHAŁ     | M    | 142                        | M 70 i więcej | 1                          | NAMYSŁÓW          |                                                  | 15          | 1:32:44 | 9,71 [km/h]  | 06:11 [min/km] |
| 175          | 29    | GIBAŁA          | ILONA      | K    | 33                         | K 0-29        | 13                         | CZĘSTOCHOWA       |                                                  | 15          | 1:33:55 | 9,58 [km/h]  | 06:16 [min/km] |
| 176          | 97    | PRZYBYLSKI      | JAN        | M    | 143                        | M 50-59       | 24                         | ŻARÓW             |                                                  | 15          | 1:34:25 | 9,53 [km/h]  | 06:18 [min/km] |
| 177          | 95    | PRZYBYLSKA      | MONIKA     | K    | 34                         | K 30-39       | 9                          | WROCŁAW           |                                                  | 15          | 1:34:25 | 9,53 [km/h]  | 06:18 [min/km] |
| 178          | 126   | PIKSA           | ALEKSANDRA | K    | 35                         | K 0-29        | 14                         | SOKOŁOWSKO        |                                                  | 15          | 1:35:03 | 9,47 [km/h]  | 06:20 [min/km] |
| 179          | 229   | KAWCZYŃSKA      | MONIKA     | K    | 36                         | K 30-39       | 10                         | WROCŁAW           |                                                  | 15          | 1:36:51 | 9,29 [km/h]  | 06:27 [min/km] |
| 180          | 129   | WYSZOMIRSKI     | ADAM       | M    | 144                        | M 30-39       | 53                         | ŚWIDNICA          |                                                  | 15          | 1:40:08 | 8,99 [km/h]  | 06:41 [min/km] |

**III Świdnicka Piętnastka**

Miejsce: ŚWIDNICA - 2012-09-01

Organizator: 1. Świdnicki Klub Biegacza „Hermes”, 2. Ośrodek Sportu i Rekreacji w Świdnicy

3. Gmina Miasto Świdnica

| Miejsce Open | Numer      | Nazwisko    | Imię      | Płeć | Miejsce<br>e płeć<br>M / K | Kategoria | Miejsce<br>e kat.<br>M / K | Miejscowość | Klub                   | DYST<br>ANS | Wynik          | km/h        | min/km         |
|--------------|------------|-------------|-----------|------|----------------------------|-----------|----------------------------|-------------|------------------------|-------------|----------------|-------------|----------------|
| 181          | <b>247</b> | WYSZOMIRSKA | AGNIESZKA | K    | 37                         | K 30-39   | 11                         | ŚWIDNICA    |                        | 15          | <b>1:40:08</b> | 8,99 [km/h] | 06:41 [min/km] |
| 182          | <b>92</b>  | PODLEŚNY    | MAREK     | M    | 145                        | M 30-39   | 54                         | ŚWIDNICA    |                        | 15          | <b>1:40:08</b> | 8,99 [km/h] | 06:41 [min/km] |
| PK           | <b>500</b> | ŻUBER       | TADEUSZ   | M    |                            | M 30-39   |                            | LEGNICA     | LEGNICA TRIATHLON CLUB | 15          | <b>1:20:08</b> |             |                |