

II Bieg Dookoła ZOO

WYNIKI ZAWODÓW / RESULTS LIST

OPEN 10km

Organizator: Sport Evolution Sp.j.

Data: 01 maja 2010 r.

Miejsce/Spot: Warszawa

Distance: 10km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
1	8	GIŻYŃSKI Mariusz	WARSZAWA		RAZEM PO ZDROWIE FINANSOWE!	81	M20/1		(M)1	00:30:42	00:30:42	19.54	00:09:38 / 1	00:20:59 / 1
2	27	KALASZCZYŃSKI Łukasz	PŁOCK		LASEK BIELAŃSKI TEAM	84	M20/2		(M)2	00:33:44	00:33:43	17.80	00:09:38 / 2	00:22:57 / 2
3	766	POLAK Sebastian	WARSZAWA		KB GYMNASION WARSZAWA	80	M30/1		(M)3	00:35:07	00:35:06	17.09	00:10:18 / 4	00:23:56 / 3
4	960	MATCZAK Bartosz	WARSZAWA		ENTRE.PL TEAM	81	M20/3		(M)4	00:35:49	00:35:48	16.76	00:10:08 / 3	00:24:08 / 4
5	23	CZEŚNIK Maria	WARSZAWA			77	K30/1		(K)1	00:36:03	00:36:02	16.65	00:11:16 / 7	00:24:38 / 5
6	29	KALIŃSKA Renata	PIASECZNO		IMPACT TEAM	78	K30/2		(K)2	00:36:25	00:36:25	16.48	00:11:08 / 5	00:24:45 / 6
7	126	SOBOLEWSKI Tomasz	SIERZCHÓW		JAGODATEAM	88	M20/4		(M)5	00:36:26	00:36:25	16.48	00:12:18 / 9	00:24:50 / 7
8	850	RAJZER Krzysztof	MARKI		ENTRE.PL TEAM	73	M30/2		(M)6	00:36:28	00:36:27	16.46	00:11:08 / 6	00:24:55 / 8
9	511	GLINKA Krzysztof	WARSZAWA		MKS POLONIA WARSZAWA	64	M40/1		(M)7	00:37:06	00:37:05	16.18	00:13:27 / 26	00:25:25 / 10
10	178	GACZYŃSKI Rafał	WARSZAWA			79	M30/3		(M)8	00:37:11	00:37:05	16.18	00:13:30 / 34	00:25:31 / 11
11	740	DRABCZYK Szymon	WARSZAWA			60	M50/1		(M)9	00:37:12	00:37:11	16.14	00:12:18 / 8	00:25:14 / 9
12	944	BELOWSKI Mateusz	PULAWY			91	M20/5		(M)10	00:37:42	00:37:39	15.94	00:13:27 / 27	00:25:39 / 12
13	656	SIEPIOLA Krzysztof	WARSZAWA			76	M30/4		(M)11	00:37:59	00:37:59	15.80	00:13:29 / 31	00:25:49 / 13
14	871	SOBIEGRAJ KRZYSZTOF	RADOM			88	M20/6		(M)12	00:38:07	00:38:06	15.75	00:13:28 / 29	00:25:50 / 14
15	694	KOŁODZIEJEK Piotr	WARSZAWA			70	M40/2		(M)13	00:38:10	00:38:08	15.73	00:13:54 / 74	00:26:15 / 16
16	400	PLACHCIŃSKI Patryk	WARSZAWA		ERA RUNNING TEAM	74	M30/5		(M)14	00:38:23	00:38:22	15.64	00:13:48 / 63	00:26:10 / 15
17	517	KRAWIECKI Wojciech	WARSZAWA		AZS WAT WARSZAWA	75	M30/6		(M)15	00:38:27	00:38:26	15.61	00:12:58 / 11	00:26:23 / 18
18	583	KOCISZEWSKI Krzysztof	WARSZAWA		WARSZAWIACY	59	M50/2		(M)16	00:38:35	00:38:31	15.58	00:13:57 / 78	00:26:22 / 17
19	225	ŁOBACZ Michał	WARSZAWA			89	M20/7		(M)17	00:38:55	00:38:53	15.43	00:14:05 / 103	00:26:36 / 21
20	421	RUDNIK Maciej	WARSZAWA		WARSZAWIACY	70	M40/3		(M)18	00:38:58	00:38:55	15.42	00:14:36 / 116	00:27:15 / 30
21	767	POLAK Ilona	WARSZAWA		KB GALERIA WARSZAWA	80	K30/3		(K)3	00:39:09	00:39:06	15.35	00:13:55 / 75	00:26:35 / 20
22	96	BŁASZCZYK Cezary	KATOWICE		KB HOLMES PLACE	71	M30/7		(M)19	00:39:09	00:39:07	15.34	00:13:03 / 12	00:26:51 / 22
23	906	JURKOWSKI Jan	WARSZAWA		BEMOWO	83	M20/8		(M)20	00:39:12	00:39:11	15.31	00:13:33 / 38	00:26:25 / 19
24	707	CAPIGA Mateusz	KAZUŃ POLSKI			90	M20/9		(M)21	00:39:13	00:39:09	15.33	00:14:36 / 115	00:27:16 / 31
25	470	PAJDOSZ Rafał	BIAŁA PODLASKA			77	M30/8		(M)22	00:39:25	00:39:21	15.25	00:12:18 / 10	00:27:02 / 25
26	813	CZARNECKI Marcin	WARSZAWA			76	M30/9		(M)23	00:39:32	00:39:31	15.18	00:13:53 / 71	00:26:57 / 24
27	446	JANKOWSKI Andrzej	WARSZAWA		ABC KONDYCJA	78	M30/10		(M)24	00:39:32	00:39:31	15.18	00:14:05 / 105	00:26:56 / 23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
28	294	WIŚNIEWSKI Seweryn	WARSZAWA			76	M30/11		(M)25	00:39:33	00:39:29	15.20	00:14:02 / 98	00:27:05 / 27
29	527	JANUŁA Mariusz	WARSZAWA			67	M40/4		(M)26	00:39:45	00:39:34	15.16	00:14:51 / 155	00:27:30 / 38
30	291	SŁOMA Marcin	WARSZAWA			68	M40/5		(M)27	00:39:50	00:39:48	15.08	00:14:02 / 97	00:27:33 / 41
31	948	ZAWODNIK DO UZUP							(M)28	00:39:52	00:39:50	15.06	00:13:57 / 79	00:27:08 / 29
32	801	PIETRZYKOWSKI Tomasz	NOWY DWÓR		JOGGER	93	M20/10		(M)29	00:39:55	00:39:53	15.04	00:14:00 / 91	00:27:06 / 28
33	310	WANAT Wojciech	WARSZAWA		BYLEDOIEC ANIN	66	M40/6		(M)30	00:39:58	00:39:51	15.06		00:27:05 / 26
34	207	RYNKIEWICZ Tomasz	WARSZAWA			75	M30/12		(M)31	00:40:01	00:39:56	15.03	00:14:42 / 136	00:27:34 / 43
35	599	LIBERADZKI Hubert	NOWY DWÓR		JOGGER	90	M20/11		(M)32	00:40:01	00:39:59	15.01	00:13:57 / 81	00:27:18 / 32
36	803	KRASZEWSKI Marcin	WARSZAWA			79	M30/13		(M)33	00:40:03	00:39:52	15.05	00:14:40 / 130	00:27:34 / 42
37	907	KOWALIK Paweł	WARSZAWA		KAMIKAZE SQUAD KOMARÓWKA PODLASKA	90	M20/12		(M)34	00:40:05	00:40:01	14.99	00:14:44 / 141	00:27:44 / 45
38	383	SIDOR Krzysztof	DZIEKANÓW POLSKI			62	M40/7		(M)35	00:40:08	00:40:07	14.96	00:14:44 / 140	00:27:19 / 33
39	162	KĄCKI Paweł	WARSZAWA		KB GYMNASION WARSZAWA	75	M30/14		(M)36	00:40:13	00:40:10	14.94	00:14:44 / 139	00:27:21 / 35
40	334	OLKIEWICZ Jędrzej	WARSZAWA			79	M30/15		(M)37	00:40:16	00:40:14	14.91	00:14:53 / 165	00:27:43 / 44
41	602	ŚLUSARCZYK Paulina	NOWY DWÓR		JOGGER	94	K20/1		(K)4	00:40:19	00:40:17	14.89	00:14:36 / 120	00:27:19 / 34
42	295	SKALSKI Piotr	GRODZISK			67	M40/8		(M)38	00:40:19	00:40:13	14.92	00:14:36 / 119	00:27:27 / 37
43	921	CYRA Piotr	WARSZAWA		ERA RUNNING TEAM	75	M30/16		(M)39	00:40:20	00:40:14	14.91	00:14:36 / 121	00:27:32 / 39
44	125	SOBOLEWSKI Maciej	SIERZCHÓW			85	M20/13		(M)40	00:40:21	00:40:19	14.88	00:14:36 / 118	00:27:23 / 36
45	99	SKIBINSKI Marek	WARSZAWA		LASEK BIELANSKI TEAM	90	M20/14		(M)41	00:40:30	00:40:28	14.83	00:15:04 / 192	00:28:11 / 58
46	235	KOSIERADZKI Łukasz	SIEDLCE		KOŁO STRZELECTWA SPORTOWEGO EKONOMIK SIEDL	91	M20/15		(M)42	00:40:35	00:40:31	14.81	00:14:37 / 124	00:27:33 / 40
47	942	ZAWODNIK DO UZUP							(M)43	00:40:36	00:40:21	14.87	00:13:21 / 18	00:27:59 / 54
48	255	CICHAWA Paweł	OPOCZNO			79	M30/17		(M)44	00:40:51	00:40:50	14.69	00:14:51 / 156	00:28:09 / 57
49	679	MADETKO ŁUKASZ	DAWIDY BANKOWE		KS RASZYN	85	M20/16		(M)45	00:40:51	00:40:39	14.76	00:14:44 / 144	00:27:57 / 51
50	970	KAMIŃSKI Robert	WARSZAWA			76	M30/18		(M)46	00:40:56	00:40:53	14.68	00:14:41 / 133	00:27:58 / 52
51	634	SZTUBECKI Michał	WARSZAWA		VEGE RUNNERS	72	M30/19		(M)47	00:41:03	00:40:56	14.66	00:14:45 / 146	00:27:55 / 49
52	136	DĄBROWSKI Robert	WARSZAWA			71	M30/20		(M)48	00:41:05	00:41:02	14.62	00:14:52 / 160	00:28:02 / 56
53	75	DARUK Piotr	WARSZAWA			79	M30/21		(M)49	00:41:11	00:41:07	14.59	00:14:42 / 135	00:27:58 / 53
54	728	SUCHMIEL Przemysław	WARSZAWA			75	M30/22		(M)50	00:41:16	00:41:10	14.57	00:13:22 / 20	00:28:49 / 78
55	84	OLCZAK Janusz	WARSZAWA			64	M40/9		(M)51	00:41:18	00:41:13	14.56	00:14:52 / 161	00:28:12 / 60
56	236	WYSOCKI Rafał	SIEDLCE		KOŁO STRZELECTWA SPORTOWEGO EKONOMIK SIEDL	90	M20/17		(M)52	00:41:20	00:41:15	14.55	00:14:34 / 111	00:27:57 / 50
57	481	SPECHT Mikołaj	WARSZAWA		STOWARZYSZENIE PARK SKARYSZEWSKI	79	M30/23		(M)53	00:41:21	00:41:15	14.55	00:15:06 / 197	00:28:23 / 62
58	166	IGNATOWICZ Andrzej	WARSZAWA		NIELSEN	74	M30/24		(M)54	00:41:24	00:41:20	14.52	00:14:55 / 170	00:28:25 / 63
59	486	OLSZEWSKI Jerzy	WARSZAWA			59	M50/3		(M)55	00:41:24	00:41:22	14.50	00:14:43 / 137	00:28:11 / 59
60	924	MUZYKA Michał	WARSZAWA		KOPYTKO	71	M30/25		(M)56	00:41:26	00:41:21	14.51	00:14:43 / 138	00:28:02 / 55
61	179	GACZYŃSKI Mateusz	WARSZAWA			76	M30/26		(M)57	00:41:27	00:41:20	14.52	00:14:50 / 152	00:28:17 / 61

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62	671	SIEKIERSKI Paweł	BIALYSTOK		DRUŻYNA SZPIKU	83	M20/18		(M)58	00:41:29	00:41:27	14.48	00:14:49 / 149	00:27:51 / 47
63	687	SIERADZKI Sławomir	SOSNOWIEC			77	M30/27		(M)59	00:41:29	00:41:17	14.53	00:13:26 / 25	00:28:49 / 79
64	925	DAJCZER Rafał	WARSZAWA			77	M30/28		(M)60	00:41:32	00:41:30	14.46	00:14:49 / 150	00:28:31 / 69
65	415	ROSKOWSKI Tomasz	WARSZAWA		ABC KONDYCJA LAS KABACKI	86	M20/19		(M)61	00:41:36	00:41:32	14.45	00:14:32 / 108	00:27:52 / 48
66	202	SOWIŃSKI Arkadiusz	WARSZAWA			76	M30/29		(M)62	00:41:37	00:41:34	14.43	00:15:10 / 212	00:28:46 / 75
67	598	JAJSZCZAK Maciej	NOWY DWÓR		JOGGER	94	M20/20		(M)63	00:41:45	00:41:44	14.38	00:14:00 / 90	00:27:47 / 46
68	521	BIREK Mateusz	WARSZAWA		EM MULTISPORT	82	M20/21		(M)64	00:41:47	00:41:36	14.42	00:16:17 / 307	00:29:33 / 103
69	138	PYZ Marek	WARSZAWA		CROSS BUDO WARSZAWA	81	M20/22		(M)65	00:41:48	00:41:34	14.43	00:13:26 / 24	00:28:54 / 82
70	822	KOJRO Łukasz	WARSZAWA		ZWIĄZKOWIEC	78	M30/30		(M)66	00:41:48	00:41:45	14.37	00:14:56 / 172	00:28:31 / 68
71	416	NIEMIRA Michał	WARSZAWA			84	M20/23		(M)67	00:41:52	00:41:48	14.35	00:15:05 / 194	00:28:37 / 72
72	482	NOWICKI Andrzej	WARSZAWA		-	63	M40/10		(M)68	00:41:52	00:41:45	14.37	00:14:57 / 176	00:28:30 / 66
73	28	UDAŁOW Dorota	PŁOCK		LASEK BIELAŃSKI TEAM	84	K20/2		(K)5	00:41:56	00:41:56	14.31	00:15:02 / 187	00:28:36 / 71
74	171	PEKAŁA Leszek	#####		KB WPIONIE.PL	75	M30/31		(M)69	00:41:57	00:41:46	14.37	00:15:04 / 191	00:28:52 / 81
75	151	SUCHOCKI Michał	WARSZAWA			76	M30/32		(M)70	00:42:03	00:41:57	14.30	00:13:21 / 19	00:28:54 / 83
76	554	KARCZ Jacek	SULEJÓWEK			73	M30/33		(M)71	00:42:04	00:42:00	14.29	00:14:49 / 151	00:28:35 / 70
77	401	BORKOWSKI Paweł	WARSZAWA		INFOVIDE-MATRIX	74	M30/34		(M)72	00:42:05	00:41:56	14.31	00:13:36 / 45	00:29:14 / 91
78	475	RYBKOWSKI Grzegorz	PRUSZKÓW		IM 2010 BIEGAMY Z OCHOTĄ	68	M40/11		(M)73	00:42:06	00:41:55	14.31	00:15:09 / 207	00:28:47 / 76
79	514	POPOWSKI Jarosław	WARSZAWA		UNTS	69	M40/12		(M)74	00:42:07	00:42:02	14.27	00:14:41 / 132	00:28:25 / 64
80	974	JABŁOŃSKI Michał	ZALESIE GÓRNE			74	M30/35		(M)75	00:42:13	00:42:06	14.25	00:15:11 / 214	00:28:51 / 80
81	354	TARNOWSKA Justyna	WIĄZOWNA		Ś.U.K.S. POLNA SWIMMING TEAM WARSZAWA	79	K30/4		(K)6	00:42:13	00:42:11	14.22	00:13:25 / 23	00:29:10 / 88
82	736	CZAJKOWSKA Ewa	SIERPC		TKKF KUBUŚ SIERPC	85	K20/3		(K)7	00:42:20	00:42:19	14.18	00:15:10 / 208	00:28:58 / 84
83	340	STAŃSKI SŁAWOMIR	WARSZAWA		BRAK	61	M40/13		(M)76	00:42:21	00:42:16	14.20	00:15:10 / 209	00:28:58 / 85
84	191	RACHWAŁ Michał	BIAŁA PODLASKA		AIKIDOWARSZAWA.PL	81	M20/24		(M)77	00:42:22	00:42:13	14.21	00:13:29 / 33	00:29:07 / 87
85	1000	KOSEDOWSKI Krzysztof	WARSZAWA			60	M50/4		(M)78	00:42:22	00:42:13	14.21	00:13:58 / 83	00:29:17 / 94
86	947	ZATORSKI Mirosław	WARSZAWA		LEGION.RUN	70	M40/14		(M)79	00:42:23	00:42:16	14.20	00:13:37 / 47	00:29:15 / 93
87	146	BOGUICKI Marcin	WARSZAWA		JOVENTUT ATL?TICA SABADELL	86	M20/25		(M)80	00:42:25	00:42:19	14.18	00:13:41 / 54	00:28:41 / 73
88	938	KURZAWA Sławomir	WARSZAWA			66	M40/15		(M)81	00:42:26	00:42:19	14.18	00:13:41 / 55	00:29:36 / 105
89	955	SOBOLEWSKI Jakub	WARSZAWA		SOCHACZEW	77	M30/36		(M)82	00:42:30	00:42:19	14.18	00:13:48 / 61	00:29:21 / 96
90	613	ZARZEKA Marcin	BIAŁA PODLASKA		VEGE RUNNERS	74	M30/37		(M)83	00:42:35	00:42:26	14.14	00:13:29 / 32	00:29:14 / 92
91	932	WASILEWSKI Robert	WARSZAWA		WSB CYTADELA	72	M30/38		(M)84	00:42:35	00:42:29	14.12	00:14:54 / 167	00:28:44 / 74
92	63	PTAK Paweł	WARSZAWA			79	M30/39		(M)85	00:42:39	00:42:34	14.10	00:13:35 / 42	00:29:31 / 101
93	668	KREPS Andrzej	WARSZAWA		CARSERVIS	67	M40/16		(M)86	00:42:40	00:42:31	14.11	00:13:20 / 17	00:29:13 / 89
94	660	ŻEBROWSKI Michał	WARSZAWA			76	M30/40		(M)87	00:42:46	00:42:26	14.14	00:14:00 / 89	00:29:26 / 99
95	81	OKULUS Piotr	WARSZAWA		LEGION	86	M20/26		(M)88	00:42:46	00:42:40	14.06	00:13:13 / 14	00:29:05 / 86
96	487	KONARSKI Jakub	WARSZAWA		WARSZAWIAKY	77	M30/41		(M)89	00:42:47	00:42:43	14.05	00:14:38 / 127	00:28:30 / 65
97	586	KAMIEŃ Dorota	WARSZAWA		AWF WARSZAWA	72	K30/5		(K)8	00:42:48	00:42:39	14.07	00:13:24 / 22	00:29:13 / 90
98	224	BELKA Grzegorz	JÓZEFÓW		NIEZRZESZONY	78	M30/42		(M)90	00:42:49	00:42:36	14.08	00:15:03 / 190	00:28:47 / 77

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
99	669	JASKÓŁOWSKI Waldemar	WARSZAWA		SZKOŁA GŁÓWNA SŁUŻBY POŻARNICZEJ W WARSZAW	69	M40/17		(M)91	00:42:57	00:42:46	14.03	00:13:53 / 72	00:29:31 / 102
100	490	TUCZYŃSKI Kacper	PRUSZKÓW		KB PRUSZKÓW	94	M20/27		(M)92	00:42:59	00:42:47	14.02	00:15:07 / 201	00:29:29 / 100
101	987	ZAWODNIK DO UZUP							(M)93	00:43:01	00:42:56	13.98	00:14:00 / 94	00:28:31 / 67
102	160	LASOCKI Piotr	WARSZAWA		SĄSZYBSI	81	M20/28		(M)94	00:43:02	00:42:52	14.00	00:14:00 / 93	00:29:46 / 111
103	130	GRZĘDA Tomasz	SZYDŁOWIEC			78	M30/43		(M)95	00:43:05	00:43:00	13.95	00:13:58 / 84	00:30:00 / 118
104	714	NOJSZEWSKI Kazimierz	NOWA IWICZNA		BYLEDOBIEC ANIN	68	M40/18		(M)96	00:43:06	00:42:59	13.96	00:13:28 / 28	00:29:19 / 95
105	107	SZAJBE Dariusz	WARSZAWA			70	M40/19		(M)97	00:43:07	00:42:58	13.96	00:13:50 / 65	00:29:44 / 107
106	548	BOGOWICZ zbigniew	WARSZAWA			49	M60/1		(M)98	00:43:10	00:43:02	13.94	00:13:37 / 46	00:29:45 / 110
107	165	JAROSIŃSKI Arkadiusz	WARSZAWA			77	M30/44		(M)99	00:43:11	00:43:03	13.94	00:13:37 / 48	00:29:25 / 98
108	182	GOCZYŃSKI Waldemar	SIERPC		TKKF KUBUŚ SIERPC	77	M30/45		(M)100	00:43:23	00:43:18	13.86	00:13:33 / 40	00:29:46 / 112
109	356	GŁOWACKI Jacek	WARSZAWA		BIEGAMY Z OCHOTĄ	61	M40/20		(M)101	00:43:24	00:43:12	13.89	00:13:33 / 37	00:29:33 / 104
110	309	PANEJKO-WANAT Katarzyna	WARSZAWA		BYLEDOIEC ANIN	84	K20/4		(K)9	00:43:24	00:43:15	13.87	00:14:37 / 125	00:31:25 / 196
111	719	KIELECKI Tomasz	JÓZEFÓW			85	M20/29		(M)102	00:43:25	00:43:16	13.87	00:13:40 / 52	00:30:02 / 123
112	362	WODER Olaf	GARWOLIN		TRUCHTACZ.PL	82	M20/30		(M)103	00:43:26	00:43:16	13.87	00:13:40 / 53	00:30:01 / 122
113	941	ZAWIŚLAK Emil	WARSZAWA			91	M20/31		(M)104	00:43:31	00:43:20	13.85	00:13:39 / 51	00:30:00 / 120
114	313	KULIK Krzysztof	WARSZAWA			80	M30/46		(M)105	00:43:33	00:43:19	13.85	00:14:01 / 96	00:30:03 / 125
115	592	SUDAKOWSKI Patryk	RAWA MAZOWIECKA		WWW.RAWA.FSE.PL	92	M20/32		(M)106	00:43:36	00:43:28	13.80	00:13:24 / 21	00:30:02 / 124
116	519	KAJAK Mirosław	GARWOLIN		TRUCHTACZ.PL	58	M50/5		(M)107	00:43:36	00:43:32	13.78	00:14:55 / 168	00:29:24 / 97
117	296	BEBELSKI RAFAŁ	WARSZAWA			77	M30/47		(M)108	00:43:38	00:43:27	13.81	00:13:48 / 59	00:29:57 / 117
118	56	KLIGLICH Paweł	WOŁOMIN			77	M30/48		(M)109	00:43:38	00:43:27	13.81	00:13:37 / 49	00:29:44 / 108
119	168	ZASINA Sebastian	PRUSZKÓW			82	M20/33		(M)110	00:43:39	00:43:33	13.78	00:13:33 / 36	00:29:42 / 106
120	556	SZELC Maciej	WARSZAWA		TRUCHT TARCHOMIN	78	M30/49		(M)111	00:43:45	00:43:37	13.76	00:13:15 / 15	00:29:44 / 109
121	650	ZDUŃCZYK Andrzej	WARSZAWA		BIK SA	74	M30/50		(M)112	00:43:46	00:43:37	13.76	00:14:00 / 88	00:30:07 / 129
122	106	TERCZYŃSKI Paweł	WARSZAWA		KB TP	73	M30/51		(M)113	00:43:53	00:43:47	13.70	00:13:49 / 64	00:30:09 / 131
123	791	SKWIRUT Michał	WARSZAWA		METRO WARSZAWSKIE	76	M30/52		(M)114	00:43:56	00:43:47	13.70	00:13:42 / 56	00:30:04 / 126
124	843	KORUBA Marcin	BUSKO ZDRÓJ			88	M20/34		(M)115	00:43:59	00:43:47	13.70	00:14:34 / 110	00:30:50 / 156
125	76	KIELEK Przemysław	GRODZISK			78	M30/53		(M)116	00:44:00	00:43:50	13.69	00:13:53 / 69	00:30:10 / 132
126	818	KACPIURA PIOTR	RADOM		JW3463	76	M30/54		(M)117	00:44:02	00:43:50	13.69	00:16:25 / 336	00:30:42 / 147
127	129	PILECKI Adam	RADOMYŚL		WAT	88	M20/35		(M)118	00:44:06	00:43:52	13.68	00:13:48 / 62	00:30:05 / 127
128	623	MIELOCH Tamara	PODKOWA LEŚNA			77	K30/6		(K)10	00:44:07	00:43:59	13.64	00:13:53 / 70	00:30:06 / 128
129	559	GERAS Ryszard	WARSZAWA			81	M20/36		(M)119	00:44:14	00:44:07	13.60	00:16:22 / 326	00:30:29 / 138
130	716	ROSZKIEWICZ Hubert	USTANÓW		RH FITNES	79	M30/55		(M)120	00:44:14	00:44:13	13.57	00:13:35 / 43	00:30:01 / 121
131	238	TURLEJ Dariusz	WARSZAWA		DARTS WARSZAWA	57	M50/6		(M)121	00:44:17	00:44:01	13.63	00:14:37 / 126	00:30:51 / 159
132	771	FELIS Paweł	WARSZAWA			69	M40/21		(M)122	00:44:18	00:44:05	13.61	00:16:21 / 322	00:30:35 / 141
133	649	WASZCZYK Bernard	WARSZAWA			76	M30/56		(M)123	00:44:18	00:44:04	13.62	00:13:57 / 80	00:30:22 / 136
134	600	KOŚCIELNIAK Marian	NOWY DWÓR		JOGGER	40	M70/1		(M)124	00:44:20	00:44:18	13.54	00:13:36 / 44	00:29:47 / 114
135	377	ŚWIERSZCZ Cezary	WARSZAWA			72	M30/57		(M)125	00:44:21	00:43:50	13.69	00:15:02 / 186	00:31:01 / 168

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
136	893	LUDKOWSKI Mariusz	STOJADŁA	LUDKI		74	M30/58	(M)126		00:44:22	00:44:11	13.58	00:16:43 / 391	00:31:02 / 171
137	847	PTAK Sławomir	CEGLÓW	KB DREPTAK MIŃSK MAZOWIECKI		86	M20/37	(M)127		00:44:22	00:44:11	13.58	00:16:43 / 388	00:31:02 / 170
138	444	JALOCHA Waldemar	PRUSZKÓW			66	M40/22	(M)128		00:44:23	00:44:12	13.57	00:13:34 / 41	00:29:57 / 116
139	577	SZYPSZAK Tomasz	SOCHACZEW	KM"AKTYWNI" SOCHACZEW		75	M30/59	(M)129		00:44:23	00:44:18	13.54	00:16:33 / 368	00:30:38 / 144
140	450	MAJ Grzegorz	CZŁUCHÓW			86	M20/38	(M)130		00:44:25	00:44:16	13.55	00:16:26 / 342	00:30:49 / 153
141	82	STANISZ Piotr	WARSZAWA	LEGION		86	M20/39	(M)131		00:44:27	00:44:21	13.53	00:13:13 / 13	00:29:46 / 113
142	144	ZAWISTOWSKI ARTUR	WARSZAWA	WARSZAWIACY		76	M30/60	(M)132		00:44:28	00:44:24	13.51	00:15:05 / 193	00:29:56 / 115
143	920	SZANIAWSKI Wojciech	WARSZAWA			73	M30/61	(M)133		00:44:32	00:44:15	13.56	00:14:56 / 175	00:31:29 / 201
144	35	SMOKOWSKI Tomasz	WARSZAWA			73	M30/62	(M)134		00:44:33	00:44:24	13.51	00:14:00 / 92	00:30:34 / 140
145	88	WENTYKIER Piotr	PŁOŃSK	K.B IM P.SĘKOWSKIEGO		79	M30/63	(M)135		00:44:37	00:44:35	13.46	00:13:48 / 60	00:30:20 / 135
146	105	JAKUBIAK Rafał	WARSZAWA	BIEGAMY Z OCHOTĄ		78	M30/64	(M)136		00:44:38	00:44:26	13.50	00:13:32 / 35	00:30:11 / 133
147	259	ZĘGOTA Grzegorz	WARSZAWA			72	M30/65	(M)137		00:44:38	00:44:24	13.51	00:16:27 / 345	00:30:50 / 154
148	342	ARTYSZUK Mirosław	WARSZAWA			60	M50/7	(M)138		00:44:39	00:44:33	13.47	00:13:28 / 30	00:30:07 / 130
149	95	RZEPNIEWSKI Wojciech	WARSZAWA			51	M50/8	(M)139		00:44:42	00:44:21	13.53	00:16:31 / 362	00:30:45 / 150
150	546	MAKULEC Dariusz	SOCHACZEW	KM"AKTYWNI" SOCHACZEW		69	M40/23	(M)140		00:44:48	00:44:43	13.42	00:14:35 / 113	00:30:58 / 166
151	985	ZAWODNIK DO UZUP						(M)141		00:44:50	00:44:36	13.45	00:16:21 / 324	00:30:37 / 142
152	418	SASIN Romuald	WARSZAWA	GWŁ BIAŁOBRZEGI		73	M30/66	(M)142		00:44:50	00:44:42	13.42	00:13:59 / 86	00:30:41 / 146
153	483	WOŹNIAK Ryszard	BORZYCHY	MARATONYPOLSKIE.PL TEAM		71	M30/67	(M)143		00:44:56	00:44:50	13.38	00:13:33 / 39	00:30:19 / 134
154	392	SZPANOWSKI maciej	WARSZAWA			74	M30/68	(M)144		00:44:57	00:44:36	13.45	00:16:24 / 335	00:30:49 / 152
155	264	NADROWSKI Piotr	PIASECZNO			67	M40/24	(M)145		00:44:59	00:44:53	13.37	00:16:17 / 313	00:30:53 / 162
156	676	RAKOWSKI Alessandro	WARSZAWA			75	M30/69	(M)146		00:45:01	00:44:54	13.36	00:13:52 / 67	00:30:34 / 139
157	209	PODRAZA Bartosz	WARSZAWA	POLSKA BIEGA		84	M20/40	(M)147		00:45:03	00:44:52	13.37	00:14:35 / 112	00:31:16 / 182
158	152	WIŚNIEWSKI Piotr	BŁONIE	RUMAKI		73	M30/70	(M)148		00:45:04	00:44:57	13.35	00:16:21 / 325	00:30:45 / 151
159	83	MIKINA Artur	WARSZAWA			59	M50/9	(M)149		00:45:05	00:44:52	13.37	00:13:58 / 85	00:30:50 / 157
160	208	KOWALEWSKI Robert	WARSZAWA	GAZETA WYBORCZA/ POLSKA BIEGA70		M40/25		(M)150		00:45:06	00:44:58	13.34	00:16:22 / 328	00:30:57 / 164
161	430	PIOTRKOWICZ Marek	WARSZAWA			71	M30/71	(M)151		00:45:07	00:44:57	13.35	00:14:29 / 106	00:31:12 / 176
162	205	PILIPIUK Bartosz	BIAŁYSTOK			86	M20/41	(M)152		00:45:08	00:44:51	13.38	00:16:31 / 364	00:30:57 / 165
163	380	KALBARCZYK Ireneusz	WOLA ROWSKA	TRUCHTACZ.PL GARWOLIN		60	M50/10	(M)153		00:45:09	00:44:54	13.36	00:14:04 / 102	00:30:52 / 160
164	384	MAKAREWICZ Michał	OTWOCK	DRŻYM TEAM		78	M30/72	(M)154		00:45:09	00:45:05	13.31	00:16:16 / 303	00:30:51 / 158
165	622	FELIS Albert	WARSZAWA			75	M30/73	(M)155		00:45:12	00:44:07	13.60	00:15:00 / 181	00:31:20 / 191
166	667	KUŹNIEWSKA Małgorzata	WARSZAWA	CARSERVIS		97	K20/5	(K)11		00:45:13	00:45:04	13.31	00:13:56 / 76	00:30:27 / 137
167	868	WIŚNIEWSKI Tomasz	WARSZAWA			70	M40/26	(M)156		00:45:15	00:45:01	13.33	00:16:18 / 314	00:30:57 / 163
168	855	ROSKIEWICZ Robert	USTANÓW	RH FITNESS		79	M30/74	(M)157		00:45:16	00:45:09	13.29	00:13:57 / 82	00:30:45 / 149
169	388	KACZAN Norbert	OLSZTYN	POLSKA BIEGA		75	M30/75	(M)158		00:45:17	00:45:13	13.27	00:13:57 / 77	00:31:01 / 169
170	525	RYSZKA Bogusław	WARSZAWA			66	M40/27	(M)159		00:45:19	00:45:13	13.27	00:14:01 / 95	00:31:00 / 167
171	226	KĘDZIERSKI Fabian	WARSZAWA			74	M30/76	(M)160		00:45:21	00:45:11	13.28	00:14:51 / 157	00:31:32 / 203
172	830	BIELSKI Andrzej	WARSZAWA	ACCELERATE		75	M30/77	(M)161		00:45:22	00:45:14	13.26	00:13:39 / 50	00:30:38 / 143

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
173	699	BEREZNOWSKA Patrycja	KOBYLKA		AKTYWNY RELAKS WOLOMIN	75	K30/7		(K)12	00:45:23	00:45:14	13.26	00:14:38 / 128	00:31:14 / 180
174	498	STANKIEWICZ Krzysztof	WARSZAWA		BIK SA	71	M30/78		(M)162	00:45:26	00:45:16	13.25	00:16:38 / 380	00:31:23 / 195
175	704	ŚWIECICKI Wojciech	WARSZAWA			63	M40/28		(M)163	00:45:28	00:45:19	13.24	00:16:15 / 300	00:31:06 / 172
176	437	PAKUŁA Błażej	WARSZAWA			88	M20/42		(M)164	00:45:29	00:45:19	13.24	00:13:47 / 57	00:30:00 / 119
177	373	POJAWA Tomasz	WARSZAWA		BYLEDOBIEC ANIN	73	M30/79		(M)165	00:45:30	00:45:20	13.24	00:14:36 / 117	00:31:18 / 185
178	134	WYSZOMIERSKI Michał	WARSZAWA			80	M30/80		(M)166	00:45:30	00:45:10	13.28	00:16:31 / 363	00:31:19 / 190
179	85	WÓJTOWICZ Robert	PIASECZNO			72	M30/81		(M)167	00:45:30	00:45:27	13.20	00:13:52 / 68	00:30:43 / 148
180	230	PETASZKO Joanna	MRAĞOWO		MARATONY POLSKIE PL.TEAM	77	K30/8		(K)13	00:45:32	00:45:15	13.26	00:16:16 / 306	00:31:13 / 178
181	113	KRASUSKI Piotr	SOCHACZEW		AZS SGGW	88	M20/43		(M)168	00:45:35	00:45:18	13.25	00:16:25 / 339	00:31:15 / 181
182	528	LEŚNOWOLSKI Piotr	WARSZAWA			66	M40/29		(M)169	00:45:35	00:45:20	13.24	00:16:18 / 315	00:31:16 / 183
183	739	JAKUBASZEK Monika	WARSZAWA			80	K30/9		(K)14	00:45:37	00:45:31	13.18	00:14:05 / 104	00:31:14 / 179
184	72	PERET Elżbieta	WARSZAWA		KB GYMNASION	82	K20/6		(K)15	00:45:38	00:45:23	13.22	00:16:39 / 384	00:31:18 / 184
185	153	CYRAN Łukasz	MAJDAN KOZIC		MAKONDO TEAM	82	M20/44		(M)170	00:45:41	00:45:29	13.19	00:16:30 / 357	00:31:13 / 177
186	990	WIĘCKOWSKI Krzysztof				00	M20/45		(M)171	00:45:45	00:45:35	13.16	00:16:31 / 361	00:31:27 / 198
187	434	BERNACKI Bartosz	ŁĄKA PRUDNICKA			83	M20/46		(M)172	00:45:45	00:45:21	13.23	00:14:39 / 129	00:31:29 / 200
188	300	LUCZYK Janusz	POŚWIĘTNE			79	M30/82		(M)173	00:45:51	00:45:30	13.19	00:16:32 / 365	00:31:07 / 173
189	638	LEWANDOWSKI Paweł	WARSZAWA		KB GYMNASION WARSZAWA	80	M30/83		(M)174	00:45:51	00:45:44	13.12	00:16:16 / 302	00:30:53 / 161
190	92	KOŁODZIEJEK Marek	WARSZAWA			71	M30/84		(M)175	00:45:54	00:45:41	13.13	00:16:28 / 350	00:31:19 / 187
191	509	RUTKOWSKI Sławomir	WARSZAWA			59	M50/11		(M)176	00:45:58	00:45:41	13.13	00:16:23 / 329	00:31:10 / 175
192	832	TRZESZCZKOWSKA Dorota	WARSZAWA			83	K20/7		(K)16	00:46:01	00:45:25	13.21	00:14:30 / 107	00:31:19 / 188
193	185	NASALSKI Radosław	WARSZAWA			77	M30/85		(M)177	00:46:04	00:45:52	13.08	00:16:36 / 377	00:31:21 / 193
194	665	BUKOWSKI Michał	JASTRZĘBIE			88	M20/47		(M)178	00:46:08	00:45:53	13.08	00:16:25 / 341	00:31:21 / 194
195	70	KOSECKI Konrad	RADZYMNIN			81	M20/48		(M)179	00:46:08	00:45:48	13.10	00:16:48 / 399	00:31:28 / 199
196	423	BRZOZOWSKI Andrzej	ZAMOŚĆ		WARSZAWA - MOKOTÓW	54	M50/12		(M)180	00:46:10	00:46:02	13.03	00:15:00 / 180	00:32:01 / 216
197	697	ŚWIDERSKI Dariusz	WARSZAWA		CF CEFARM SA	69	M40/30		(M)181	00:46:11	00:46:01	13.04	00:14:02 / 99	00:31:08 / 174
198	281	ŻURAWSKI Paweł	LUBOCHNIA		WOJSKO POLSKIE	78	M30/86		(M)182	00:46:15	00:46:10	13.00	00:14:53 / 164	00:31:52 / 207
199	260	MATYJASIK Mirosław	PULAWY			73	M30/87		(M)183	00:46:18	00:46:07	13.01	00:14:32 / 109	00:31:30 / 202
200	604	JASTRZĘBSKI Krzysztof	NOWY DWÓR		JOGGER	68	M40/31		(M)184	00:46:23	00:46:19	12.95	00:13:47 / 58	00:31:18 / 186
201	564	BUDNICKI Grzegorz	WARSZAWA			55	M50/13		(M)185	00:46:26	00:46:17	12.96	00:13:54 / 73	00:31:19 / 189
202	978	CHRZANOWSKI Jakub	WARSZAWA			81	M20/49		(M)186	00:46:27	00:46:19	12.95	00:13:17 / 16	00:30:40 / 145
203	345	SOBOLEWSKI Rafał	WARSZAWA			75	M30/88		(M)187	00:46:28	00:46:12	12.99	00:14:48 / 148	00:31:56 / 209
204	244	POLKO Roman	WARSZAWA		META LUBLINIEC	62	M40/32		(M)188	00:46:30	00:46:29	12.91	00:13:59 / 87	00:31:26 / 197
205	569	CZERWIŃSKI Jarosław	MICHAŁÓW		NIEZRZESZONY	81	M20/50		(M)189	00:46:30	00:45:56	13.06	00:16:42 / 386	00:33:13 / 265
206	268	ZAWADZKI Kamil	WARSZAWA			79	M30/89		(M)190	00:46:32	00:46:21	12.94	00:14:57 / 177	00:32:00 / 215
207	248	SOBERA Maciej	KOZIENICE			75	M30/90		(M)191	00:46:34	00:46:15	12.97	00:14:52 / 159	00:32:05 / 219
208	64	WÓDZ Maciek	LESZNOWOLA			65	M40/33		(M)192	00:46:35	00:46:18	12.96	00:14:51 / 158	00:31:57 / 210
209	550	KAROL Maciej	WARSZAWA		ALLIANZ BANK POLSKA	85	M20/51		(M)193	00:46:36	00:46:06	13.02	00:15:44 / 265	00:32:48 / 240

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
210	195	MATYJASIAK Jerzy	WARSZAWA			79	M30/91		(M)194	00:46:40	00:46:27	12.92	00:14:44 / 143	00:32:02 / 218
211	371	PAWLOWSKA-POJAWA Anna	WARSZAWA		BYLEDOBIEC ANIN	76	K30/10		(K)17	00:46:45	00:46:35	12.88	00:14:37 / 122	00:31:55 / 208
212	114	FRANECKI Piotr	RZESZÓW			89	M20/52		(M)195	00:46:45	00:46:28	12.91	00:16:33 / 366	00:31:40 / 205
213	595	WIŚNIEWSKA-BOROWA Dorota	WARSZAWA			73	K30/11		(K)18	00:46:56	00:46:56	12.78	00:14:37 / 123	00:30:50 / 155
214	210	KULIK Jacek	GRODZISK			63	M40/34		(M)196	00:46:58	00:46:40	12.86	00:14:41 / 131	00:32:00 / 212
215	316	STĘPIEŃ Leszek	WOŁOMIN		KB POŚWIĘTNE	78	M30/92		(M)197	00:46:58	00:46:43	12.84	00:15:06 / 199	00:32:24 / 224
216	927	DOBRZAŃSKI Maciej	WARSZAWA		BIEGAMY Z OCHOTĄ	54	M50/14		(M)198	00:46:59	00:46:39	12.86	00:15:16 / 220	00:32:35 / 229
217	836	GLIŃSKI Łukasz	WARSZAWA		AZS WAT WARSZAWA	87	M20/53		(M)199	00:47:00	00:46:43	12.84	00:15:39 / 259	00:32:56 / 250
218	42	SZPILA Tomasz	WARSZAWA			66	M40/35		(M)200	00:47:01	00:46:45	12.83	00:15:14 / 217	00:32:44 / 237
219	731	BAK Magdalena	JÓZEFÓW			83	K20/8		(K)19	00:47:05	00:46:46	12.83	00:15:20 / 226	00:32:38 / 232
220	184	WOŹNIAK Grzegorz	WARSZAWA			63	M40/36		(M)201	00:47:07	00:47:05	12.74	00:16:28 / 349	00:32:02 / 217
221	615	DZIACZYŃSKI Mariusz	PIASECZNO		ABC KONDYCJA	66	M40/37		(M)202	00:47:12	00:47:05	12.74	00:16:34 / 370	00:31:39 / 204
222	870	WIECZOREK Dariusz	WARSZAWA			67	M40/38		(M)203	00:47:12	00:46:59	12.77	00:14:53 / 166	00:32:26 / 225
223	358	DRZEWIŃSKI Mariusz	WARSZAWA		BIAŁE ŁĄKI	80	M30/93		(M)204	00:47:14	00:46:52	12.80	00:15:09 / 206	00:32:21 / 221
224	790	BILIŃSKI Piotr	WARSZAWA			94	M20/54		(M)205	00:47:17	00:47:11	12.72	00:15:08 / 203	00:32:56 / 249
225	62	ELERYK Paweł	WARSZAWA			66	M40/39		(M)206	00:47:19	00:47:01	12.76	00:14:52 / 162	00:32:24 / 223
226	156	ZATOŃSKI Zbigniew	MAJDAN KOZIC		MAKONDO TEAM	77	M30/94		(M)207	00:47:20	00:47:08	12.73	00:15:07 / 200	00:32:53 / 243
227	141	STEFANIAK Grzegorz	RAWA MAZOWIECKA		TRIATHLON RAWA	78	M30/95		(M)208	00:47:22	00:46:56	12.78	00:16:35 / 374	00:31:42 / 206
228	538	ZABORSKI Łukasz	MĘTÓW			89	M20/55		(M)209	00:47:24	00:47:08	12.73	00:14:51 / 153	00:32:33 / 228
229	438	WOŁOWIK Arkadiusz	WARSZAWA			78	M30/96		(M)210	00:47:24	00:47:04	12.75	00:15:02 / 188	00:32:28 / 226
230	61	KIENHUIS Bas	WARSZAWA			77	M30/97		(M)211	00:47:24	00:47:06	12.74	00:14:52 / 163	00:32:24 / 222
231	741	ADAMECZEK Marek	WARSZAWA			69	M40/40		(M)212	00:47:25	00:47:07	12.73	00:15:21 / 228	00:32:55 / 247
232	762	KUCIŃSKI Andrzej	BRWINÓW			60	M50/15		(M)213	00:47:26	00:47:16	12.69	00:15:11 / 213	00:32:35 / 230
233	854	CAPITAN Miguel	WARSZAWA			68	M40/41		(M)214	00:47:27	00:47:13	12.71	00:15:53 / 273	00:33:24 / 278
234	988	TOMASZ Kowalski				69	M40/42		(M)215	00:47:28	00:47:13	12.71	00:16:27 / 344	00:32:06 / 220
235	774	WIETESKA Michał	WARSZAWA			81	M20/56		(M)216	00:47:28	00:47:10	12.72	00:15:32 / 252	00:32:59 / 255
236	492	WICIAK Paweł	WARSZAWA			81	M20/57		(M)217	00:47:34	00:47:20	12.68	00:16:26 / 343	00:31:59 / 211
237	934	KRAWCOW Piotr	BRWINÓW			85	M20/58		(M)218	00:47:35	00:47:17	12.69	00:15:31 / 250	00:33:03 / 260
238	274	NARTOWSKI Jan	WARSZAWA		JÓZEFOSŁAW	59	M50/16		(M)219	00:47:36	00:47:09	12.73	00:15:22 / 231	00:32:38 / 231
239	404	BIAŁOGRODZKI RYSZARD	PIASECZNO		PIASECZNO TEAM	59	M50/17		(M)220	00:47:36	00:47:23	12.66	00:15:25 / 238	00:32:53 / 244
240	155	MRZYGŁOCKI Andrzej	MAJDAN KOZIC		MAKONDO TEAM	62	M40/43		(M)221	00:47:37	00:47:24	12.66	00:14:59 / 178	00:32:47 / 238
241	386	WÓJCIK Robert	WARSZAWA			75	M30/98		(M)222	00:47:37	00:47:11	12.72	00:15:33 / 253	00:32:59 / 256
242	593	SUDAKOWSKI Tomasz	RAWA MAZOWIECKA		BIK SA	71	M30/99		(M)223	00:47:39	00:47:23	12.66	00:14:51 / 154	00:32:39 / 233
243	301	PERLEJEWSKI Sebastian	CIECHANOWIEC		AZS SGGW	87	M20/59		(M)224	00:47:42	00:47:24	12.66	00:15:05 / 195	00:32:32 / 227
244	479	SZYMAŃSKA Justyna	PŁONSK		PŁONSK	87	K20/9		(K)20	00:47:43	00:47:40	12.59	00:15:01 / 182	00:32:48 / 239
245	647	SREBRZYŃSKI CEZARY	WARSZAWA		WSB CYTADELA	70	M40/44		(M)225	00:47:44	00:47:32	12.62	00:15:15 / 219	00:33:03 / 258
246	789	BILIŃSKI Tomasz	WARSZAWA			63	M40/45		(M)226	00:47:46	00:47:40	12.59	00:15:08 / 202	00:32:56 / 248

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
247	227	JEDRZEJEWSKI Konrad	WARSZAWA			73	M30/100		(M)227	00:47:48	00:47:32	12.62	00:15:09 / 205	00:32:57 / 251
248	402	KOZUBSKI Sławomir	ŻYRARDÓW			86	M20/60		(M)228	00:47:49	00:47:12	12.71	00:16:10 / 293	00:33:17 / 270
249	580	POPIELARCZYK Maciek	WARSZAWA			93	M20/61		(M)229	00:47:51	00:47:32	12.62	00:15:40 / 260	00:33:15 / 269
250	298	TYWOŃCZUK Maciej	OLSZTYN		MPTEAM	81	M20/62		(M)230	00:47:52	00:47:25	12.65	00:15:00 / 179	00:32:42 / 235
251	355	MAMLA Zbigniew	WARSZAWA		TRUCHT TARCHOMIN	70	M40/46		(M)231	00:47:52	00:47:39	12.59	00:14:45 / 145	00:32:44 / 236
252	782	ŻUREK Katarzyna	NOWY DWÓR		WKB META LUBLINIEC	75	K30/12		(K)21	00:47:59	00:47:52	12.53	00:14:56 / 174	00:32:42 / 234
253	588	BIELEC Artur	WARSZAWA			73	M30/101		(M)232	00:48:03	00:47:39	12.59	00:15:31 / 248	00:33:13 / 266
254	451	KISZYCKI Tadeusz	ŁDŹ			56	M50/18		(M)233	00:48:04	00:47:41	12.58	00:16:16 / 305	00:33:36 / 288
255	293	ALBIŃSKI Tomasz	WARSZAWA			78	M30/102		(M)234	00:48:04	00:47:32	12.62	00:15:57 / 277	00:33:30 / 284
256	590	PLATEK Adam	WARSZAWA			71	M30/103		(M)235	00:48:07	00:47:46	12.56	00:16:33 / 367	00:32:00 / 213
257	873	FURTAK wojciech	WARSZAWA			78	M30/104		(M)236	00:48:10	00:47:55	12.52	00:15:14 / 216	00:32:58 / 253
258	372	TKACZYK Karol	WARSZAWA			75	M30/105		(M)237	00:48:10	00:47:51	12.54	00:15:19 / 223	00:32:58 / 254
259	765	SZELWACHOWSKI Dariusz	WARSZAWA		KB LAS HORMIGAS	64	M40/47		(M)238	00:48:11	00:48:09	12.46	00:13:50 / 66	00:32:00 / 214
260	688	LEŃ Paweł	BIAŁY DUNAJEC			84	M20/63		(M)239	00:48:12	00:47:32	12.62	00:16:11 / 294	00:33:04 / 262
261	547	ZYGA Szymon	WARSZAWA		KB NA WŁASNĄ NOGĘ	76	M30/106		(M)240	00:48:14	00:47:41	12.58	00:15:52 / 272	00:35:44 / 381
262	228	WALKOWIAK Piotr	ŚWINOUJŚCIE			88	M20/64		(M)241	00:48:14	00:47:55	12.52	00:15:23 / 234	00:33:22 / 276
263	272	ORLIK Sebastian	RADOM		JW 3463	75	M30/107		(M)242	00:48:14	00:47:51	12.54	00:15:28 / 244	00:33:21 / 272
264	206	DULNIK Marcin	WARSZAWA			80	M30/108		(M)243	00:48:18	00:47:54	12.53	00:14:55 / 169	00:32:51 / 242
265	256	NOWAK Dariusz	WARSZAWA			67	M40/48		(M)244	00:48:19	00:48:14	12.44	00:14:42 / 134	00:33:03 / 261
266	149	BUCZEK Dariusz	BUDY SUŁKOWSKIE			75	M30/109		(M)245	00:48:22	00:47:57	12.51	00:15:41 / 261	00:33:33 / 285
267	916	RZEPECKI Krzysztof	PIOTRKÓW			79	M30/110		(M)246	00:48:24	00:48:24	12.40		
268	305	REMBERK Michał	WARSZAWA		WARSZAWSKI ŻÓŁWIK	71	M30/111		(M)247	00:48:24	00:47:53	12.53	00:15:27 / 242	00:33:28 / 282
269	596	KROCHMAL Andrzej	WARSZAWA		KB ORIENTUZ	56	M50/19		(M)248	00:48:25	00:47:47	12.56	00:15:01 / 183	00:32:50 / 241
270	319	GRĘDUSZ Michał	KAMIENNA GÓRA			88	M20/65		(M)249	00:48:26	00:48:11	12.45	00:15:01 / 184	00:32:57 / 252
271	104	BEBAK Konrad	ZEMBRZYCE		ZEMBRZYCE.EU TEAM	89	M20/66		(M)250	00:48:36	00:48:20	12.41	00:15:15 / 218	00:33:18 / 271
272	131	PIECZONKA Janusz	WARSZAWA			88	M20/67		(M)251	00:48:37	00:48:17	12.43	00:14:03 / 101	00:34:02 / 306
273	500	PIEC Łukasz	SKIERNIEWICE		KB PIECYK	80	M30/112		(M)252	00:48:37	00:48:02	12.49	00:15:41 / 262	00:33:23 / 277
274	708	MIKOŁAJCZYK Konrad				00	M20/68		(M)253	00:48:38	00:48:20	12.41	00:15:48 / 270	00:33:40 / 293
275	65	KRETKIEWICZ Jacek	WARSZAWA			82	M20/69		(M)254	00:48:40	00:48:13	12.44	00:16:46 / 396	00:34:11 / 311
276	575	LEPLE Grzegorz	OPACZ KOLONIA			69	M40/49		(M)255	00:48:42	00:48:17	12.43	00:15:21 / 229	00:33:15 / 268
277	563	KAREWICZ Katarzyna	WARSZAWA			73	K30/13		(K)22	00:48:43	00:48:34	12.35	00:14:55 / 171	00:33:11 / 264
278	864	TYMIRSKI Paweł	WARSZAWA			74	M30/113		(M)256	00:48:44	00:48:23	12.40	00:15:06 / 196	00:33:11 / 263
279	161	TALAGA Bartosz	WARSZAWA		MARATONKA GRAJEWO	70	M40/50		(M)257	00:48:45	00:48:17	12.43	00:15:03 / 189	00:33:27 / 280
280	403	KOMOR Mirosław	OŻARÓW			56	M50/20		(M)258	00:48:48	00:48:25	12.39	00:16:39 / 383	00:34:55 / 339
281	246	MALDIS Marek	WARSZAWA		LASEK BIELANSKI TEAM	49	M60/2		(M)259	00:48:48	00:48:45	12.31	00:15:32 / 251	00:33:34 / 287
282	413	ZWIERZCHOWSKI Maciej	WARSZAWA			78	M30/114		(M)260	00:48:49	00:48:25	12.39	00:15:54 / 274	00:33:49 / 299
283	722	PRZYBYLSKI Tomasz	WARSZAWA			55	M50/21		(M)261	00:48:50	00:48:29	12.38	00:16:08 / 288	00:34:09 / 309

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
284	382	KOWALCZYK Arkadiusz	WARSZAWA			70	M40/51		(M)262	00:48:52	00:48:37	12.34	00:16:36 / 376	00:34:27 / 319
285	186	RĘBACZ Maciej	BIALYSTOK			71	M30/115		(M)263	00:48:53	00:48:43	12.32	00:14:44 / 142	00:33:03 / 259
286	80	HULANICKI Andrzej	WARSZAWA		TKKF PIASKI WARSZAWA	58	M50/22		(M)264	00:48:54	00:48:50	12.29	00:15:21 / 227	00:33:26 / 279
287	878	CHACZYKOWSKI Jacek	PRUSZKÓW		TEAM NUTRILITE	72	M30/116		(M)265	00:48:54	00:48:42	12.32	00:14:56 / 173	00:32:55 / 246
288	273	STRZELEC Wiesław	RADOM		JW3463	73	M30/117		(M)266	00:48:55	00:48:32	12.36	00:15:28 / 243	00:33:22 / 273
289	880	WOJTUNIAK JAROSŁAW	MAŁĘCZYN			75	M30/118		(M)267	00:48:58	00:48:34	12.35	00:15:28 / 245	00:33:22 / 274
290	749	ADAMCZAK Joanna	MIŃSK MAZOWIECKI			83	K20/10		(K)23	00:48:58	00:48:26	12.39	00:16:15 / 299	00:34:01 / 304
291	282	BECZKOWICZ Michał	WARSZAWA			78	M30/119		(M)268	00:49:02	00:48:53	12.27	00:15:27 / 240	00:33:38 / 289
292	552	CZARNECKI Michał	WARSZAWA			75	M30/120		(M)269	00:49:06	00:48:53	12.27	00:15:39 / 257	00:33:57 / 301
293	299	KALINOWSKI Arkadiusz	WARSZAWA			67	M40/52		(M)270	00:49:08	00:48:44	12.31	00:15:24 / 236	00:33:44 / 295
294	603	PIEKUT Andrzej	NOWY DWÓR		JOGGER	59	M50/23		(M)271	00:49:09	00:49:04	12.23	00:15:20 / 225	00:33:27 / 281
295	693	MADZIARSKA Monika	PIASECZNO		KB GYMNASION WARSZAWA	78	K30/14		(K)24	00:49:10	00:48:44	12.31	00:15:37 / 254	00:33:46 / 297
296	101	WIĘCKOWSKI Michał	WARSZAWA			76	M30/121		(M)272	00:49:10	00:49:00	12.24	00:16:30 / 359	00:33:02 / 257
297	320	SOŻYŃSKI Maciej	WROCLAW			59	M50/24		(M)273	00:49:10	00:48:42	12.32	00:15:39 / 258	00:33:40 / 292
298	288	BARTKOWSKI Tomasz	ŚWINOUJŚCIE			89	M20/70		(M)274	00:49:11	00:48:52	12.28	00:15:23 / 235	00:33:22 / 275
299	311	DITTWALD Piotr	WARSZAWA			85	M20/71		(M)275	00:49:15	00:48:48	12.30	00:15:25 / 239	00:33:30 / 283
300	879	ŻAK Robert	MARKI			77	M30/122		(M)276	00:49:16	00:49:08	12.21	00:16:17 / 308	00:31:21 / 192
301	363	KOJRO Grzegorz	WARSZAWA		ZWIĄZKOWIEC	84	M20/72		(M)277	00:49:16	00:48:59	12.25	00:14:46 / 147	00:33:14 / 267
302	48	HULANICKA Irina	WARSZAWA		TKKF PIASKI WARSZAWA	56	K50/1		(K)25	00:49:25	00:49:22	12.15	00:15:21 / 230	00:33:34 / 286
303	188	LABRIGA Dariusz	KARCZEW			70	M40/53		(M)278	00:49:30	00:49:14	12.19	00:15:08 / 204	00:33:45 / 296
304	216	SOSZYŃSKA Małgorzata	WARSZAWA		NIEZRZESZONA	62	K40/1		(K)26	00:49:31	00:49:15	12.18	00:15:23 / 233	00:33:43 / 294
305	616	DUNAJ Andrzej	BIALYSTOK		PODLASKI KLUB BIEGOWY	74	M30/123		(M)279	00:49:35	00:49:32	12.11	00:14:02 / 100	00:32:54 / 245
306	480	SPECHT Karolina	WARSZAWA		STOWARZYSZENIE PARK SKARYSZEWSKI	76	K30/15		(K)27	00:49:36	00:49:17	12.17	00:15:38 / 255	00:34:09 / 310
307	872	TRUSZKOWSKI Emil	WARSZAWA			87	M20/73		(M)280	00:49:40	00:49:18	12.17	00:15:22 / 232	00:34:21 / 314
308	755	GERMONT Mateusz	WARSZAWA			78	M30/124		(M)281	00:49:42	00:49:22	12.15	00:16:02 / 284	00:34:28 / 320
309	366	LASKOWSKI Grzegorz	POŚWIĘTNE			68	M40/54		(M)282	00:49:42	00:49:20	12.16	00:15:19 / 224	00:34:00 / 303
310	898	FABISZEWSKI adam	WARSZAWA			69	M40/55		(M)283	00:49:44	00:49:03	12.23	00:15:58 / 280	00:34:06 / 307
311	157	RZESZOTARSKI Dariusz	WIĄZOWNA		MICHAŁÓWKAKY	70	M40/56		(M)284	00:49:45	00:49:30	12.12	00:16:36 / 375	00:34:29 / 321
312	49	BIELECKI Jakub	WARSZAWA		KS ENTRE.PL TEAM	83	M20/74		(M)285	00:49:46	00:49:06	12.22	00:17:12 / 461	00:35:22 / 363
313	710	KRAJEWSKI Waldemar	WARSZAWA			80	M30/125		(M)286	00:49:49	00:49:35	12.10	00:15:50 / 271	00:34:25 / 318
314	776	ROŚŁOŃ Dominik	WARSZAWA			77	M30/126		(M)287	00:49:50	00:48:59	12.25	00:16:17 / 309	00:34:15 / 312
315	396	ŁUKASIK Kazimierz	PRUSZKÓW		BRAK	46	M60/3		(M)288	00:49:51	00:49:33	12.11	00:16:01 / 283	00:34:32 / 322
316	471	ISASI Gorka	MARKI		BILBAO	71	M30/127		(M)289	00:49:51	00:49:28	12.13	00:15:13 / 215	00:33:49 / 298
317	484	POPIOLEK Paweł	WARSZAWA		WAT	80	M30/128		(M)290	00:49:52	00:49:22	12.15	00:16:13 / 297	00:34:32 / 323
318	221	KILIAŃSKI Rafał	WARSZAWA		UKS NET	72	M30/129		(M)291	00:49:55	00:49:32	12.11	00:16:09 / 292	00:34:25 / 317
319	215	KULAKOWSKI Piotr	KONSTANCIN-JEZIOR		NIEZRZESZONY	57	M50/25		(M)292	00:49:56	00:49:39	12.08	00:15:31 / 249	00:34:22 / 315
320	315	KUCZKOWSKI Jerzy	OŻARÓW			56	M50/26		(M)293	00:49:58	00:49:35	12.10	00:16:39 / 382	00:34:56 / 342

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
321	632	KIESZEK Tadeusz	OŻARÓW	K.S. OŻAROWIANKA		56	M50/27		(M)294	00:49:58	00:49:34	12.10	00:16:40 / 385	00:34:56 / 341
322	535	GIERCZAK Kuba	WARSZAWA		RAIFFEISEN LEASING RUNNERS	79	M30/130		(M)295	00:49:59	00:49:33	12.11	00:16:12 / 296	00:34:40 / 329
323	581	TUROS Marek	WARSZAWA		AMATOR	69	M40/57		(M)296	00:50:01	00:49:46	12.06	00:15:30 / 246	00:33:39 / 290
324	914	RYBARCZYK Dariusz	WARSZAWA			82	M20/75		(M)297	00:50:02	00:49:14	12.19	00:16:30 / 356	00:34:34 / 325
325	393	CZAJA Piotr	WARSZAWA			76	M30/131		(M)298	00:50:05	00:49:42	12.07	00:16:25 / 338	00:34:46 / 334
326	429	JAROŃCZYK Paweł	BIALYSTOK			87	M20/76		(M)299	00:50:09	00:49:19	12.17	00:16:50 / 402	00:34:51 / 337
327	201	DZIEKONSKI Jacek	KONSTANCIN-JEZIOR		MARATONYPOLSKIE.PL TEAM	57	M50/28		(M)300	00:50:12	00:49:55	12.02	00:16:02 / 285	00:34:33 / 324
328	460	KACZMARCZYK Jolanta	WARSZAWA			82	K20/11		(K)28	00:50:13	00:49:34	12.10	00:16:43 / 390	00:34:58 / 346
329	457	EDDLES Andrew	MILANOWEK			67	M40/58		(M)301	00:50:14	00:49:57	12.01	00:15:39 / 256	00:34:16 / 313
330	717	WITEK-PIOTROWSKA Ewa	WARSZAWA		ENTRE.PL TEAM	75	K30/16		(K)29	00:50:14	00:49:46	12.06	00:16:30 / 358	00:34:47 / 335
331	249	DYKIERT Ryszard	FILIPÓW		PODLASKI KLUB BIEGOWY	52	M50/29		(M)302	00:50:15	00:50:03	11.99	00:15:56 / 276	00:34:22 / 316
332	443	WIATR Michał	WARSZAWA		SOFTTUTOR	79	M30/132		(M)303	00:50:19	00:49:54	12.02	00:16:24 / 332	00:34:55 / 340
333	381	KORZONKOWSKI Tomasz	WARSZAWA			76	M30/133		(M)304	00:50:21	00:50:17	11.93	00:16:28 / 348	00:34:55 / 338
334	601	ZARZYCKI Zdzisław	NOWY DWÓR		JOGGER	58	M50/30		(M)305	00:50:21	00:50:10	11.96	00:16:29 / 353	00:35:12 / 359
335	721	MARZEC Wojciech	ZĄBKI			66	M40/59		(M)306	00:50:23	00:50:03	11.99	00:16:17 / 311	00:34:45 / 332
336	574	ŚWIERZEWSKA Weronika	OSTRÓDA			85	K20/12		(K)30	00:50:25	00:49:59	12.00	00:16:19 / 316	00:34:39 / 328
337	796	KUCIŃSKI Łukasz	WARSZAWA			78	M30/134		(M)307	00:50:27	00:49:55	12.02	00:16:19 / 319	00:34:45 / 333
338	78	SZULKOWSKI Marek	JÓZEFÓW	-		70	M40/60		(M)308	00:50:30	00:50:20	11.92	00:15:42 / 263	00:34:37 / 326
339	466	POKONIECZNY Krzysztof	WARSZAWA			81	M20/77		(M)309	00:50:32	00:50:07	11.97	00:15:10 / 210	00:33:51 / 300
340	840	MIKA Jarosław	PRUSZKÓW			67	M40/61		(M)310	00:50:32	00:50:17	11.93	00:15:06 / 198	00:34:02 / 305
341	303	BOKSZ Jarosław	WARSZAWA		ŻÓLWIE RUNNIG TEAM	70	M40/62		(M)311	00:50:32	00:49:56	12.02	00:16:27 / 346	00:34:56 / 343
342	530	HOLÓWKO Wacław	WARSZAWA			89	M20/78		(M)312	00:50:33	00:50:17	11.93	00:16:17 / 310	00:35:11 / 358
343	507	POJASEK Piotr	WARSZAWA			87	M20/79		(M)313	00:50:38	00:49:58	12.01	00:16:44 / 393	00:35:06 / 355
344	915	OLEJ Tomasz	MAGDALENKA		EIFFAGE	69	M40/63		(M)314	00:50:38	00:50:07	11.97	00:16:04 / 286	00:35:02 / 351
345	414	BUKOWSKI Janusz	WARSZAWA		GAZOWNIA WARSZAWSKA	56	M50/31		(M)315	00:50:42	00:50:41	11.84	00:15:19 / 222	00:34:07 / 308
346	734	KRUCZKOWSKA Celina	WARSZAWA		ŁEBSKI KLUB ŻEGLARSKI	82	K20/13		(K)31	00:50:47	00:50:31	11.88	00:15:54 / 275	00:34:49 / 336
347	544	KRUK Arkadiusz	WARSZAWA			71	M30/135		(M)316	00:50:48	00:50:30	11.88	00:16:25 / 337	00:35:04 / 354
348	145	BUCZEK Dorota	BUDY SUŁKOWICKIE			78	K30/17		(K)32	00:50:50	00:50:23	11.91	00:16:09 / 289	00:34:59 / 348
349	562	BAGIŃSKI Paweł	WARSZAWA			76	M30/136		(M)317	00:50:51	00:50:34	11.87	00:15:27 / 241	00:34:39 / 327
350	489	JUCHNIEWICZ Andrzej	LIDZBARK			82	M20/80		(M)318	00:50:53	00:50:24	11.90	00:17:00 / 424	00:35:26 / 365
351	173	GÓRSKI Marcin	WARSZAWA			80	M30/137		(M)319	00:50:56	00:50:17	11.93	00:18:04 / 550	00:36:30 / 432
352	846	KALICIECKI Ireneusz	WARSZAWA		JELONEKRACE	63	M40/64		(M)320	00:50:57	00:50:26	11.90	00:17:05 / 440	00:35:49 / 388
353	777	KWIATEK Jarosław	WARSZAWA			71	M30/138		(M)321	00:50:58	00:50:15	11.94	00:17:15 / 468	00:35:43 / 380
354	888	KŁYS Piotr	WARSZAWA			68	M40/65		(M)322	00:50:58	00:50:14	11.94	00:17:14 / 465	00:35:43 / 379
355	458	DYMEL Krzysztof	RASZYN			84	M20/81		(M)323	00:51:00	00:50:04	11.98	00:17:17 / 474	00:35:42 / 378
356	591	PAWŁOWSKI Adam	RAWA MAZOWIECKA		KRTKPN	92	M20/82		(M)324	00:51:02	00:50:53	11.79	00:14:35 / 114	00:34:00 / 302
357	962	CZERWIŃSKI Rafał	WARSZAWA			74	M30/139		(M)325	00:51:05	00:50:01	12.00	00:17:17 / 473	00:35:44 / 382

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
358	979	PAĞOWSKI Krzysztof	WARSZAWA			83	M20/83		(M)326	00:51:11	00:51:04	11.75	00:15:16 / 221	00:34:40 / 330
359	232	KUCHARSKI Krzysztof	WARSZAWA		ERA RUNNING TEAM	75	M30/140		(M)327	00:51:11	00:50:49	11.81	00:16:57 / 416	00:35:29 / 369
360	172	OLUBIEC Piotr	WARSZAWA			68	M40/66		(M)328	00:51:18	00:50:59	11.77	00:16:19 / 318	00:35:33 / 372
361	353	PRZYBYLSKI Piotr	WARSZAWA		Ś.U.K.S POLNA SWIMMING TEAM WARSZAWA	81	M20/84		(M)329	00:51:21	00:50:42	11.83	00:16:53 / 405	00:35:19 / 362
362	343	JUCHNIEWICZ Lidia	WARSZAWA			81	K20/14		(K)33	00:51:25	00:50:57	11.78	00:16:59 / 423	00:35:08 / 356
363	903	MICHALSKI Robert	WOŁOMIN			82	M20/85		(M)330	00:51:25	00:50:20	11.92	00:17:28 / 493	00:36:07 / 409
364	635	WRZOSEK Michał	WARSZAWA			90	M20/86		(M)331	00:51:27	00:51:11	11.72	00:15:45 / 267	00:34:58 / 347
365	892	JANUSZ Piotr	WARSZAWA			70	M40/67		(M)332	00:51:31	00:51:06	11.74	00:17:01 / 425	00:35:40 / 377
366	417	WIERZBICKI Łukasz	WARSZAWA			82	M20/87		(M)333	00:51:32	00:51:12	11.72	00:16:34 / 369	00:35:35 / 373
367	329	KARPIŃSKI Robert	MARKI			71	M30/141		(M)334	00:51:33	00:50:55	11.78	00:17:03 / 435	00:35:57 / 396
368	359	GRODZKI Robert	WARSZAWA			61	M40/68		(M)335	00:51:33	00:50:55	11.78	00:17:03 / 434	00:35:57 / 397
369	242	SZMUK Aleksandra	WARSZAWA			79	K30/18		(K)34	00:51:33	00:51:13	11.71	00:15:58 / 281	00:35:04 / 353
370	196	KROUPA Luiza	WARSZAWA			67	K40/2		(K)35	00:51:34	00:51:13	11.71	00:16:20 / 320	00:35:25 / 364
371	74	STAROB RAT Arkadiusz	WARSZAWA			68	M40/69		(M)336	00:51:34	00:51:18	11.70	00:16:35 / 372	00:35:29 / 368
372	137	KOWALSKI MARIUSZ	WARSZAWA		BRAK	77	M30/142		(M)337	00:51:37	00:51:03	11.75	00:16:23 / 331	00:35:13 / 361
373	86	NIEWIADOMSKI Zdzisław	WARSZAWA			49	M60/4		(M)338	00:51:38	00:51:06	11.74	00:17:04 / 438	00:35:48 / 385
374	802	OBSTÓJ Irek	WARSZAWA		MPTEAM	62	M40/70		(M)339	00:51:39	00:51:12	11.72	00:16:08 / 287	00:35:13 / 360
375	441	BALUSZYŃSKI Janusz	WARSZAWA			78	M30/143		(M)340	00:51:41	00:51:38	11.62	00:15:01 / 185	00:34:45 / 331
376	778	CZERWIŃSKI Paweł	WARSZAWA			79	M30/144		(M)341	00:51:42	00:50:49	11.81	00:16:17 / 312	00:34:57 / 344
377	124	ZASUWA Maciej	OŻARÓW		UKA WARSZAWA	75	M30/145		(M)342	00:51:46	00:51:20	11.69	00:17:05 / 442	00:35:45 / 384
378	969	KUCZYŃSKI Lesław	WARSZAWA			78	M30/146		(M)343	00:51:47	00:51:19	11.69	00:15:47 / 268	00:34:58 / 345
379	122	KACPROWICZ Tomasz	WARSZAWA		DELOITTE ADVENTURE TEAM	84	M20/88		(M)344	00:51:50	00:51:09	11.73	00:16:35 / 373	00:36:04 / 405
380	297	TRONIARZ Marcin	RASZYN		KS RASZYN	75	M30/147		(M)345	00:51:52	00:51:40	11.61	00:17:37 / 512	00:36:49 / 447
381	678	BEDNAREK JACEK	PIASECZNO		PIASECZNO TEAM	67	M40/71		(M)346	00:51:52	00:51:40	11.61	00:17:25 / 484	00:36:49 / 448
382	271	MIRECKI Wojciech	WARSZAWA			61	M40/72		(M)347	00:51:54	00:51:00	11.76	00:16:38 / 381	00:35:29 / 367
383	820	RADZIEJEWSKI Karol	OŻARÓW			85	M20/89		(M)348	00:51:55	00:51:20	11.69	00:17:06 / 446	00:36:02 / 403
384	148	JAKUBIUK Sławomir	WARSZAWA			77	M30/148		(M)349	00:51:56	00:51:31	11.65	00:16:54 / 409	00:35:55 / 392
385	630	WILCZEK Paweł	WARSZAWA			68	M40/73		(M)350	00:51:56	00:51:06	11.74	00:17:13 / 463	00:35:55 / 394
386	536	BEDNARSKI Radosław	SIERPC			80	M30/149		(M)351	00:51:57	00:51:32	11.64	00:17:07 / 450	00:36:07 / 411
387	968	KUCZYŃSKI Daniel	WARSZAWA			75	M30/150		(M)352	00:51:57	00:51:29	11.65	00:15:47 / 269	00:35:02 / 352
388	411	GUTKOWSKA Karolina	OSIEK			86	K20/15		(K)36	00:51:58	00:51:39	11.62	00:16:48 / 397	00:36:02 / 401
389	501	SZTOMBER Piotr	WARSZAWA			85	M20/90		(M)353	00:51:59	00:51:27	11.66	00:16:37 / 378	00:35:36 / 375
390	821	BUDYTA Katarzyna	SOBIENIE JEZIORY			85	K20/16		(K)37	00:51:59	00:51:25	11.67	00:17:05 / 443	00:36:02 / 402
391	312	BIALKOWSKI Tomasz	BIALYSTOK		POGROMCY NIEMOCY	74	M30/151		(M)354	00:52:00	00:51:36	11.63	00:16:53 / 406	00:35:58 / 398
392	339	NIEDZIÓŁKA Małgorzata	WARSZAWA			68	K40/3		(K)38	00:52:01	00:51:41	11.61	00:15:59 / 282	00:35:10 / 357
393	223	DZIADKOWIEC Lesław	WARSZAWA		ZÓLWIE	68	M40/74		(M)355	00:52:04	00:51:27	11.66	00:17:24 / 483	00:36:05 / 408
394	718	ZIELIŃSKI Paweł	WARSZAWA			76	M30/152		(M)356	00:52:06	00:51:44	11.60	00:16:29 / 355	00:35:27 / 366

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
395	317	RONKIEWICZ Patrycja	WARSZAWA			78	K30/19	(K)39		00:52:06	00:51:54	11.56	00:17:03 / 432	00:36:13 / 417
396	318	KULMA Magdalena	WARSZAWA			80	K30/20	(K)40		00:52:06	00:51:55	11.56	00:17:03 / 431	00:36:13 / 416
397	177	SZELAĞ Tomasz	MIŃSK MAZOWIECKI			70	M40/75	(M)357		00:52:10	00:51:56	11.55	00:15:45 / 266	00:35:33 / 371
398	94	NOWAKOWSKI Mariusz	WARSZAWA		POLSKA BIEGA	60	M50/32	(M)358		00:52:11	00:51:41	11.61	00:17:08 / 453	00:36:33 / 436
399	449	KOSTKA Agnieszka	BUDZISKA			84	K20/17	(K)41		00:52:12	00:51:38	11.62	00:17:14 / 464	00:35:52 / 390
400	926	RUDNIK Rafał	PIASECZNO		RR PIASECZNO	76	M30/153	(M)359		00:52:13	00:51:43	11.60	00:17:26 / 488	00:36:23 / 425
401	93	NOWAKOWSKI Tomasz	WARSZAWA			90	M20/91	(M)360		00:52:14	00:51:44	11.60	00:17:09 / 455	00:36:33 / 438
402	477	DOBRYCZYCKI Robert	KOBYŁKA		DGW	73	M30/154	(M)361		00:52:16	00:51:27	11.66	00:19:19 / 648	00:36:57 / 459
403	276	PUZYNOWSKI JAROSŁAW	WARSZAWA			79	M30/155	(M)362		00:52:16	00:51:33	11.64	00:16:58 / 420	00:35:57 / 395
404	436	BEDNARCZYK mariusz	WARSZAWA			70	M40/76	(M)363		00:52:16	00:52:09	11.51	00:16:16 / 304	00:36:07 / 410
405	723	KUCZEROWSKI Michał	WARSZAWA			93	M20/92	(M)364		00:52:17	00:51:37	11.62	00:17:24 / 482	00:36:12 / 415
406	965	LISEWSKI TOMASZ	ZŁOTORIA		KM UMK TORUŃ	82	M20/93	(M)365		00:52:19	00:51:23	11.68	00:16:57 / 415	00:35:36 / 374
407	675	PUSTUŁA Artur	WARSZAWA		UKS KUSY	95	M20/94	(M)366		00:52:19	00:51:50	11.58	00:16:58 / 418	00:36:28 / 430
408	422	POPCZYK Anna	LUDWINÓW			87	K20/18	(K)42		00:52:21	00:51:58	11.55	00:16:45 / 395	00:36:08 / 412
409	845	SIKORA Jakub	WARSZAWA			84	M20/95	(M)367		00:52:22	00:51:47	11.59	00:17:19 / 477	00:36:16 / 419
410	900	NIEROBISZ piotr	WIESZOWA			69	M40/77	(M)368		00:52:23	00:51:34	11.64	00:17:31 / 500	00:36:57 / 458
411	333	KWIATKOWSKI ALEKSANDER	BIELAWY			62	M40/78	(M)369		00:52:24	00:51:40	11.61	00:17:43 / 530	00:37:03 / 464
412	229	WALCZAK Sławek	MARKI		MARATONY POLSKIE PL. TEAM	78	M30/156	(M)370		00:52:25	00:51:51	11.57	00:17:07 / 451	00:36:33 / 437
413	807	RYBAK Przemysław	WARSZAWA			79	M30/157	(M)371		00:52:25	00:52:10	11.50	00:16:30 / 360	00:35:48 / 386
414	181	KARŁOWICZ Anna	WARSZAWA		WOLNA WOLA	53	K50/2	(K)43		00:52:26	00:51:58	11.55	00:16:56 / 413	00:36:04 / 407
415	747	ZAWISTOWSKI Piotr	WARSZAWA			85	M20/96	(M)372		00:52:26	00:52:11	11.50	00:19:57 / 688	00:33:40 / 291
416	748	MALINOWSKA Ewelina	WARSZAWA			85	K20/19	(K)44		00:52:27	00:52:12	11.49	00:19:58 / 689	00:35:00 / 350
417	360	WIERCINIŃSKI Daniel	WARSZAWA			84	M20/97	(M)373		00:52:27	00:52:12	11.49	00:15:25 / 237	00:35:00 / 349
418	680	ROSPONDEK Kamila	MSTÓW			87	K20/20	(K)45		00:52:29	00:52:07	11.51	00:16:45 / 394	00:36:08 / 413
419	681	DROZDOWSKI Witold	LEGIONOWO			70	M40/79	(M)374		00:52:30	00:52:05	11.52	00:16:11 / 295	00:35:44 / 383
420	456	HUTNY Ewa	WARSZAWA			63	K40/4	(K)46		00:52:32	00:51:55	11.56	00:17:16 / 471	00:36:25 / 428
421	448	WOJEWODA Michał	WARSZAWA			74	M30/158	(M)375		00:52:32	00:52:11	11.50	00:16:54 / 408	00:36:18 / 420
422	889	BAGIŃSKI Jan	KOMORÓW			85	M20/98	(M)376		00:52:32	00:52:04	11.52	00:18:51 / 595	00:37:32 / 493
423	894	LUDKOWSKA Urszula	MIŃSK MAZOWIECKI		LUDKI	74	K30/21	(K)47		00:52:33	00:52:22	11.46	00:16:29 / 354	00:35:50 / 389
424	277	ROSIK ARTUR	WARSZAWA			84	M20/99	(M)377		00:52:35	00:51:51	11.57	00:17:26 / 486	00:36:21 / 422
425	237	MAŚLANKA Piotr	WARSZAWA			72	M30/159	(M)378		00:52:36	00:52:09	11.51	00:16:09 / 291	00:35:30 / 370
426	810	KUCIŃSKI Dominik	WARSZAWA			78	M30/160	(M)379		00:52:38	00:52:05	11.52	00:17:02 / 430	00:35:59 / 399
427	292	KOSELA Sebastian	RAWA MAZOWIECKA		RAWA MAZOWIECKA	85	M20/100	(M)380		00:52:45	00:52:12	11.49	00:17:43 / 532	00:37:17 / 477
428	330	JĘDRYCH Grzegorz	WARSZAWA			74	M30/161	(M)381		00:52:47	00:51:43	11.60	00:17:48 / 535	00:36:58 / 460
429	936	WOJTASZKO Maciej	WARSZAWA			76	M30/162	(M)382		00:52:47	00:52:20	11.46	00:17:12 / 462	00:36:51 / 453
430	505	ZDYBEL Piotr	WARSZAWA			82	M20/101	(M)383		00:52:48	00:52:26	11.44	00:17:07 / 452	00:36:50 / 451
431	869	RADZKA Katarzyna	WARSZAWA-WESOLA			83	K20/21	(K)48		00:52:51	00:52:17	11.48	00:16:43 / 392	00:35:53 / 391

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
432	407	MICHALSKI Janusz	WARSZAWA			57	M50/33		(M)384	00:52:51	00:52:17	11.48	00:17:10 / 458	00:36:32 / 435
433	568	ZIELIŃSKA Maria	WARSZAWA			85	K20/22		(K)49	00:52:51	00:52:16	11.48	00:17:37 / 511	00:37:03 / 463
434	513	BARTNIKOWSKA Monika	WARSZAWA			81	K20/23		(K)50	00:52:53	00:52:24	11.45	00:17:28 / 492	00:36:50 / 449
435	644	WIELEBA Piotr	WARSZAWA			81	M20/102		(M)385	00:52:55	00:52:22	11.46	00:18:11 / 557	00:37:34 / 495
436	374	ROJ-ROJEWSKA Urszula	BIALYSTOK		PODLASKI KLUB BIEGOWY	72	K30/22		(K)51	00:52:56	00:52:53	11.35	00:16:42 / 387	00:36:24 / 427
437	331	KONDEJ Rafał	WARSZAWA		KB TWG	75	M30/163		(M)386	00:53:00	00:52:29	11.43	00:16:15 / 301	00:36:01 / 400
438	508	SZYMKIEWICZ Tomasz	KIELCE			64	M40/80		(M)387	00:53:02	00:52:15	11.48	00:18:30 / 579	00:38:02 / 516
439	200	KORKOSZ Andrzej	WARSZAWA		GROTY TEAM	77	M30/164		(M)388	00:53:06	00:52:34	11.41	00:16:55 / 411	00:36:30 / 433
440	984	MICHAŁ Bator				69	M40/81		(M)389	00:53:08	00:52:24	11.45	00:17:36 / 510	00:37:11 / 472
441	34	KARWECKI Ryszard	WARSZAWA			56	M50/34		(M)390	00:53:08	00:52:58	11.33	00:15:42 / 264	00:35:38 / 376
442	121	JESIONOWSKI Maciej	WARSZAWA			83	M20/103		(M)391	00:53:09	00:52:26	11.44	00:18:42 / 589	00:37:49 / 506
443	369	PANKIEWICZ Walentyn	BIALYSTOK		PODLASKI KLUB BIEGOWY	79	M30/165		(M)392	00:53:09	00:52:44	11.38	00:17:15 / 469	00:37:13 / 474
444	516	ONIŚKO Anka	WARSZAWA			71	K30/23		(K)52	00:53:10	00:52:44	11.38	00:16:23 / 330	00:35:49 / 387
445	943	BELOWSKI Łukasz	PULAWY			82	M20/104		(M)393	00:53:15	00:52:37	11.40	00:16:37 / 379	00:35:55 / 393
446	43	NOWAK Grzegorz	SZYDLOWIEC			78	M30/166		(M)394	00:53:18	00:53:01	11.32	00:16:25 / 340	00:36:24 / 426
447	197	MALINOWSKI Jerzy	SZELIGI		UKS AMBRA	61	M40/82		(M)395	00:53:18	00:52:52	11.35	00:16:24 / 334	00:36:55 / 455
448	959	LUDWINEK Iwona	WARSZAWA		VEGE RUNNERS	83	K20/24		(K)53	00:53:19	00:53:01	11.32	00:16:56 / 414	00:36:43 / 441
449	109	ŚLIWA Mirosław	WARSZAWA			74	M30/167		(M)396	00:53:20	00:52:34	11.41	00:17:32 / 501	00:37:09 / 468
450	496	GAWRYŁO Zbigniew	WARSZAWA		BEMOWSKA GRUPA POŚCIGOWA	68	M40/83		(M)397	00:53:23	00:53:02	11.31	00:17:07 / 449	00:36:45 / 443
451	553	SIODŁAK Sławomir	KIJE		DGW	73	M30/168		(M)398	00:53:23	00:52:30	11.43	00:19:12 / 629	00:39:19 / 572
452	561	SIDWIŃSKI Marcin	WARSZAWA			82	M20/105		(M)399	00:53:24	00:52:46	11.37	00:17:31 / 498	00:37:17 / 479
453	117	KOSSAKOWSKA Katarzyna	WARSZAWA		DELOITTE ADVENTURE TEAM	74	K30/24		(K)54	00:53:24	00:52:43	11.38	00:18:42 / 590	00:37:49 / 507
454	350	TROCEWICZ Zbigniew	WARSZAWA			50	M60/5		(M)400	00:53:27	00:53:01	11.32	00:19:22 / 650	00:37:46 / 503
455	133	CZWARNO Tomasz	WARSZAWA		MPTEAM	78	M30/169		(M)401	00:53:30	00:53:03	11.31	00:16:14 / 298	00:36:23 / 424
456	478	SZYMAŃSKI Wiesław	PŁONSK		PŁONSK	62	M40/84		(M)402	00:53:31	00:53:28	11.22	00:16:48 / 398	00:36:50 / 450
457	557	DZIOBKOWSKA Małgorzata	WARSZAWA			69	K40/5		(K)55	00:53:32	00:53:01	11.32	00:16:54 / 410	00:36:31 / 434
458	849	MATYJASIK Jacek	WARSZAWA			71	M30/170		(M)403	00:53:33	00:53:12	11.28	00:16:22 / 327	00:36:04 / 404
459	398	OSTAFIN Dariusz	WARSZAWA			89	M20/106		(M)404	00:53:37	00:53:09	11.29	00:17:23 / 480	00:37:27 / 488
460	190	SMOKOWSKA Ada	WARSZAWA			80	K30/25		(K)56	00:53:40	00:53:04	11.31	00:17:42 / 527	00:37:19 / 481
461	834	TOKARSKI piotr	WARSZAWA		BEZ KLUBU	78	M30/171		(M)405	00:53:43	00:52:59	11.32	00:17:42 / 528	00:37:03 / 465
462	904	PONIKOWSKI Paweł	WARSZAWA			83	M20/107		(M)406	00:53:46	00:53:18	11.26	00:17:38 / 515	00:37:22 / 483
463	189	GIEMZA Jan	OTWOCK			88	M20/108		(M)407	00:53:47	00:53:11	11.28	00:17:27 / 489	00:37:17 / 478
464	147	MODRZEWSKI Mikołaj	WARSZAWA			75	M30/172		(M)408	00:53:47	00:53:25	11.23	00:17:04 / 437	00:36:57 / 457
465	459	KOWALCZYK Damian	OTWOCK			88	M20/109		(M)409	00:53:48	00:53:12	11.28	00:17:27 / 490	00:37:18 / 480
466	863	POPIELARZ Daniel	PRUSZKOW			78	M30/173		(M)410	00:53:51	00:53:21	11.25	00:16:28 / 352	00:36:58 / 461
467	111	KUCHARSKI Ernest	BIALOBRZEGI		-	79	M30/174		(M)411	00:53:52	00:53:34	11.20	00:16:57 / 417	00:36:51 / 452
468	897	URBANSKI piotr	WARSZAWA			71	M30/175		(M)412	00:53:53	00:53:24	11.24	00:17:55 / 542	00:37:32 / 492

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
469	454	CZECHOWSKI Krzysztof	WARSZAWA			79	M30/176		(M)413	00:53:57	00:53:31	11.21	00:17:06 / 445	00:36:48 / 446
470	998	ZAWODNIK DO UZUP							(M)414	00:54:02	00:53:27	11.23	00:16:21 / 323	00:36:04 / 406
471	769	PUCHACZ Katarzyna	WARSZAWA		FDNT RUNNING TEAM	86	K20/25		(K)57	00:54:02	00:53:47	11.16	00:16:27 / 347	00:36:56 / 456
472	245	HOLOWACZ Tomasz	WARSZAWA			40	M70/2		(M)415	00:54:03	00:53:28	11.22	00:17:41 / 522	00:37:32 / 491
473	233	KUCHARSKI Stanislaw	RAWA MAZOWIECKA			77	M30/177		(M)416	00:54:06	00:53:44	11.17	00:16:58 / 419	00:36:27 / 429
474	852	ĆWIEK Jaroslaw	WARSZAWA			67	M40/85		(M)417	00:54:07	00:53:26	11.23	00:17:01 / 427	00:36:15 / 418
475	711	ZASADA Agnieszka	ZIELONKA			63	K40/6		(K)58	00:54:08	00:53:32	11.21	00:17:11 / 459	00:37:08 / 466
476	526	JAKUBOWSKA Edyta	WARSZAWA		REELANDIA	83	K20/26		(K)59	00:54:09	00:53:48	11.15	00:17:40 / 519	00:37:45 / 502
477	975	LINKIEWICZ Tomasz	HIPOLITÓW			71	M30/178		(M)418	00:54:11	00:53:43	11.17	00:18:32 / 581	00:38:29 / 541
478	357	WÓJCIK Kamil	RADOM			88	M20/110		(M)419	00:54:12	00:53:36	11.19	00:17:31 / 499	00:37:17 / 476
479	341	STAŃSKA Monika	WARSZAWA			87	K20/27		(K)60	00:54:14	00:53:53	11.14	00:17:05 / 441	00:37:38 / 497
480	652	KRUK Robert	WARSZAWA			64	M40/86		(M)420	00:54:15	00:54:13	11.07	00:15:57 / 278	00:36:21 / 423
481	640	KRUK EDYTA	WARSZAWA			71	K30/26		(K)61	00:54:15	00:54:13	11.07	00:15:58 / 279	00:36:21 / 421
482	918	WOŹNIAK Bartlomiej	OPOCZNO			89	M20/111		(M)421	00:54:17	00:53:45	11.16	00:16:20 / 321	00:36:12 / 414
483	773	SIERADZKI ŁUKASZ	MIASTKÓW		RUNNING TEAM MIASTKÓW	94	M20/112		(M)422	00:54:20	00:53:50	11.15	00:17:34 / 505	00:37:49 / 508
484	684	ORZESZEK Krzysztof	WARSZAWA		UKS GEPARD	70	M40/87		(M)423	00:54:20	00:53:44	11.17	00:17:03 / 436	00:36:47 / 445
485	951	FINKE Grzegorz	WARSZAWA			84	M20/113		(M)424	00:54:21	00:53:44	11.17	00:17:55 / 541	00:37:52 / 510
486	412	GAWAŁKIEWICZ Łukasz	SKIERNIEWICE		ZZTOP SKIERNIEWICE	80	M30/179		(M)425	00:54:25	00:53:40	11.18	00:18:25 / 573	00:38:52 / 553
487	231	KURIATA Marcin	WARSZAWA			75	M30/180		(M)426	00:54:25	00:53:55	11.13	00:18:21 / 567	00:38:19 / 533
488	651	MIGDAŁ Radoslaw	WARSZAWA			76	M30/181		(M)427	00:54:25	00:53:55	11.13	00:18:21 / 565	00:38:18 / 531
489	952	MIĄSEK Aleksandra	WARSZAWA			84	K20/28		(K)62	00:54:26	00:53:41	11.18	00:19:08 / 619	00:38:51 / 552
490	709	FILIPIAK Grzegorz	WARSZAWA			74	M30/182		(M)428	00:54:27	00:53:59	11.11	00:17:06 / 447	00:36:44 / 442
491	204	KWIATEK Piotr	WARSZAWA			77	M30/183		(M)429	00:54:31	00:54:08	11.08	00:16:50 / 401	00:37:10 / 469
492	950	ZAWODNIK DO UZUP							(M)430	00:54:33	00:53:56	11.12	00:17:06 / 448	00:37:11 / 473
493	180	DOMŻAŁ Michał	WARSZAWA			73	M30/184		(M)431	00:54:34	00:53:54	11.13	00:18:27 / 575	00:38:18 / 532
494	523	KUCIŃSKI Krzysztof	WARSZAWA			74	M30/185		(M)432	00:54:35	00:54:00	11.11	00:17:09 / 456	00:37:09 / 467
495	174	KĘCKI Maciej	WARSZAWA		NOCNY ROWER	81	M20/114		(M)433	00:54:40	00:54:18	11.05	00:18:22 / 569	00:38:53 / 555
496	788	MICHALSKI Michał	SOBIENIE JEZIORY			76	M30/186		(M)434	00:54:40	00:54:21	11.04	00:16:19 / 317	00:36:28 / 431
497	289	NOWAKOWSKI Jaroslaw	WARSZAWA			80	M30/187		(M)435	00:54:42	00:54:10	11.08	00:17:36 / 509	00:37:24 / 485
498	45	BOGUCKI Stefan	WARSZAWA			82	M20/115		(M)436	00:54:42	00:54:12	11.07	00:17:36 / 508	00:37:24 / 486
499	919	JOZWIK Robert	WARSZAWA		GATX RUNNING TEAM	76	M30/188		(M)437	00:54:43	00:54:08	11.08	00:17:25 / 485	00:37:36 / 496
500	110	SZCZĘSNY Jakub	WARSZAWA			76	M30/189		(M)438	00:54:44	00:54:23	11.03	00:17:05 / 444	00:37:33 / 494
501	982	ŻUK Marcin	PIASECZNO			74	M30/190		(M)439	00:54:45	00:54:13	11.07	00:16:59 / 422	00:37:15 / 475
502	250	ZALEWSKI Marcin	WARSZAWA		CANOR ANTICUS	52	M50/35		(M)440	00:54:46	00:54:10	11.08	00:18:09 / 554	00:37:59 / 512
503	251	ZALEWSKI Paweł	WARSZAWA		CANOR ANTICUS	84	M20/116		(M)441	00:54:46	00:54:09	11.08	00:18:09 / 555	00:38:01 / 514
504	911	ZALEWSKI Michał	WARSZAWA		ŚCIEŻKA BIEGOWA PARK LEŚNY BRÓDNO	63	M40/88		(M)442	00:54:47	00:54:11	11.07	00:18:09 / 553	00:38:01 / 515
505	922	STEFAŃSKA Katarzyna	NADARZYN		GLKS NADARZYN	72	K30/27		(K)63	00:54:48	00:54:19	11.05	00:17:11 / 460	00:38:07 / 523

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
506	972	FROM Przemek	WYSZKÓW			85	M20/117	(M)443		00:54:50	00:54:30	11.01	00:17:17 / 472	00:36:54 / 454
507	193	JÓZWIK Barbara	ZIELONKA			66	K40/7	(K)64		00:54:51	00:54:15	11.06	00:17:32 / 503	00:37:44 / 500
508	700	KUBALA Sławomir	WARSZAWA			71	M30/191	(M)444		00:54:58	00:54:00	11.11	00:18:24 / 570	00:38:14 / 527
509	997	WASIL Mirosław	PRUSZKÓW			76	M30/192	(M)445		00:55:01	00:54:14	11.06	00:17:57 / 544	00:38:00 / 513
510	585	KOWALCZYK Kamil	HALINÓW			92	M20/118	(M)446		00:55:05	00:55:02	10.90	00:15:10 / 211	00:36:35 / 439
511	618	ROTKO Ireneusz	WARSZAWA			78	M30/193	(M)447		00:55:06	00:54:19	11.05	00:18:31 / 580	00:38:25 / 536
512	743	IGNACIUK Grzegorz	ŁOMIANKI/DZIEKANÓ			76	M30/194	(M)448		00:55:06	00:54:32	11.00	00:17:10 / 457	00:37:10 / 470
513	163	ZAMELEK Paulina	WARSZAWA			77	K30/28	(K)65		00:55:07	00:54:43	10.97	00:17:01 / 426	00:37:45 / 501
514	286	SZYMAŃSKA Paulina	WARSZAWA			86	K20/29	(K)66		00:55:09	00:54:41	10.97	00:16:28 / 351	00:37:30 / 489
515	939	KURZAWA Aldona	WARSZAWA		URSYNÓW	67	K40/8	(K)67		00:55:14	00:54:55	10.93	00:17:37 / 513	00:38:10 / 526
516	883	SALACH marcin	WARSZAWA			78	M30/195	(M)449		00:55:16	00:54:41	10.97	00:18:10 / 556	00:38:54 / 558
517	115	KOKOSZKA Tomasz	WARSZAWA			81	M20/119	(M)450		00:55:18	00:54:52	10.94	00:17:15 / 467	00:37:43 / 499
518	284	GRZELAK Przemysław	PRUSZKÓW			78	M30/196	(M)451		00:55:19	00:54:36	10.99	00:17:29 / 494	00:38:03 / 519
519	625	ŁUBIAN Magdalena	OTWOCK			82	K20/30	(K)68		00:55:22	00:54:37	10.99	00:17:59 / 546	00:38:05 / 522
520	194	ZAPORSKI Marcin	WARSZAWA			76	M30/197	(M)452		00:55:23	00:54:40	10.98	00:17:38 / 516	00:38:27 / 538
521	537	CHOJNACKA Krystyna	SIERPC			53	K50/3	(K)69		00:55:25	00:55:21	10.84	00:17:14 / 466	00:37:47 / 504
522	817	CHYLICKI MARIAN	RADOM		JW3463	58	M50/36	(M)453		00:55:27	00:55:01	10.91	00:17:46 / 533	00:38:24 / 535
523	659	ROGOWSKI Grzegorz	WARSZAWA			86	M20/120	(M)454		00:55:28	00:54:59	10.91	00:16:49 / 400	00:36:40 / 440
524	399	ŁĄŻEWSKI Andrzej	WARSZAWA			66	M40/89	(M)455		00:55:31	00:54:58	10.92	00:17:41 / 523	00:38:18 / 530
525	606	ZARZYCKA Monika	NOWY DWÓR		JOGGER	88	K20/31	(K)70		00:55:31	00:55:26	10.82	00:17:29 / 495	00:38:32 / 542
526	243	SIECZKO Anna	LEGIONOWO			80	K30/29	(K)71		00:55:32	00:54:42	10.97	00:19:13 / 630	00:39:15 / 568
527	127	KOŁAKOWSKI MICHAŁ	WARSZAWA			82	M20/121	(M)456		00:55:32	00:54:42	10.97	00:19:12 / 626	00:39:15 / 569
528	57	MIKA Michał	PRUSZKÓW			77	M30/198	(M)457		00:55:34	00:55:20	10.84	00:16:09 / 290	00:37:02 / 462
529	829	DAM Marek	PRUSZKÓW			68	M40/90	(M)458		00:55:35	00:55:03	10.90	00:17:08 / 454	00:37:40 / 498
530	643	KWIATKOWSKI Adrian	WARSZAWA			74	M30/199	(M)459		00:55:39	00:55:06	10.89	00:17:35 / 506	00:38:04 / 520
531	55	ŚLUSARCZYK Tomasz	WARSZAWA			75	M30/200	(M)460		00:55:39	00:54:55	10.93	00:17:30 / 497	00:37:51 / 509
532	571	OSIAK Robert	WARSZAWA		ANIN-SADUL	87	M20/122	(M)461		00:55:40	00:54:55	10.93	00:18:15 / 560	00:38:35 / 544
533	621	PRZYBYŁOWSKA Joanna	WARSZAWA			82	K20/32	(K)72		00:55:40	00:54:35	10.99	00:17:52 / 537	00:38:04 / 521
534	389	NIEŚCIORUK Mirosław	ŁOMIANKI			61	M40/91	(M)462		00:55:43	00:54:49	10.95	00:18:24 / 571	00:38:33 / 543
535	447	CHOTKOWSKI Marek	JÓZEFOSŁAW		NIEZRZESZONY	62	M40/92	(M)463		00:55:43	00:55:04	10.90	00:17:47 / 534	00:38:09 / 525
536	674	WAJDWICZ Anna	WARSZAWA			78	K30/30	(K)73		00:55:48	00:55:28	10.82	00:17:40 / 520	00:38:14 / 528
537	572	OSIAK Paweł	WARSZAWA		ANIN-SADUL	77	M30/201	(M)464		00:55:49	00:55:06	10.89	00:18:36 / 585	00:38:54 / 557
538	426	ABRATKIEWICZ Sławomir	WARSZAWA			72	M30/202	(M)465		00:55:50	00:55:23	10.83	00:16:52 / 404	00:37:20 / 482
539	465	CHMIELEWSKI Kamil	WARSZAWA			82	M20/123	(M)466		00:55:53	00:55:24	10.83	00:17:53 / 540	00:38:28 / 539
540	108	KULKA Michał	WARSZAWA			80	M30/203	(M)467		00:55:54	00:55:08	10.88	00:17:32 / 502	00:37:11 / 471
541	701	ADAMCZYK Marek	JAKTORÓW			73	M30/204	(M)468		00:55:55	00:55:35	10.79	00:17:40 / 521	00:38:14 / 529
542	958	KRUSZEWSKA Joanna	WARSZAWA		HOLMES PLACE	55	K50/4	(K)74		00:56:04	00:55:40	10.78	00:18:56 / 599	00:39:03 / 561

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
543	425	KORSAK Marcin	WARSZAWA			78	M30/205		(M)469	00:56:05	00:55:20	10.84	00:18:19 / 563	00:38:50 / 550
544	467	NATORSKI Maciej	WARSZAWA			79	M30/206		(M)470	00:56:07	00:55:12	10.87	00:19:09 / 622	00:39:28 / 584
545	143	ZIELIŃSKI CEZARY	WARSZAWA			92	M20/124		(M)471	00:56:13	00:55:15	10.86	00:19:19 / 646	00:39:58 / 605
546	135	WIATR Sławek	OLEŚNICA		WKB META LUBLINIEC	73	M30/207		(M)472	00:56:14	00:55:37	10.79	00:17:39 / 517	00:38:39 / 545
547	432	KINASIEWICZ Paweł	WARSZAWA			76	M30/208		(M)473	00:56:14	00:56:00	10.71	00:16:24 / 333	00:37:58 / 511
548	738	DANGEL Maria	WARSZAWA			86	K20/33		(K)75	00:56:15	00:55:47	10.76	00:16:51 / 403	00:36:46 / 444
549	795	ŻELAZKO Lukasz	BELSK DUŻY			88	M20/125		(M)474	00:56:16	00:55:44	10.77	00:19:15 / 641	00:39:38 / 595
550	187	GROBELNY Marek	WARSZAWA			73	M30/209		(M)475	00:56:18	00:55:54	10.73	00:16:43 / 389	00:37:24 / 484
551	808	WOLSKI Marcin	WARSZAWA			76	M30/210		(M)476	00:56:19	00:55:41	10.78	00:16:59 / 421	00:37:31 / 490
552	503	SMUL Krzysztof	SKIERNIEWICE		KB CZCICIELA BOBRZEJ NORCY	80	M30/211		(M)477	00:56:25	00:56:25	10.64		
553	672	TURLEJ Aleksander	WARSZAWA			78	M30/212		(M)478	00:56:27	00:55:39	10.78	00:18:34 / 584	00:39:42 / 597
554	627	CIECIORA Tomasz	WÓLKA KOSOWSKA		DRUŻYNA SZPIKU	69	M40/93		(M)479	00:56:31	00:56:08	10.69	00:18:56 / 600	00:39:28 / 585
555	52	WOŹNIAK Jarosław	WARSZAWA			67	M40/94		(M)480	00:56:34	00:55:50	10.75	00:18:41 / 588	00:39:26 / 582
556	935	GAWRYSZEWSKI Jacek	WARSZAWA			50	M60/6		(M)481	00:56:35	00:56:06	10.70	00:17:57 / 545	00:38:52 / 554
557	578	DUDZIŃSKI Rafał	WARSZAWA			70	M40/95		(M)482	00:56:36	00:55:51	10.74	00:19:13 / 635	00:39:51 / 602
558	735	WACHOWICZ GRZEGORZ	WARSZAWA			78	M30/213		(M)483	00:56:38	00:55:40	10.78	00:19:16 / 643	00:39:39 / 596
559	695	DYMEL ANDRZEJ	WARSZAWA			52	M50/37		(M)484	00:56:39	00:56:16	10.66	00:17:19 / 476	00:38:41 / 546
560	973	ROSIŃSKI Dariusz	WARSZAWA			68	M40/96		(M)485	00:56:39	00:56:10	10.68	00:18:18 / 562	00:39:25 / 581
561	164	ROSTKOWSKA Joanna	NOWY DWÓR MAZ.		KB JOGGER	82	K20/34		(K)76	00:56:40	00:56:11	10.68	00:17:29 / 496	00:39:25 / 580
562	324	WIŚNIEWSKA Beata	WARSZAWA			71	K30/31		(K)77	00:56:41	00:56:00	10.71	00:19:01 / 609	00:39:23 / 576
563	325	WIŚNIEWSKI Marek	WARSZAWA			71	M30/214		(M)486	00:56:41	00:55:59	10.72	00:19:01 / 608	00:39:23 / 577
564	98	ŻESZCZYŃSKA Iza	WARSZAWA			80	K30/32		(K)78	00:56:43	00:56:21	10.65	00:17:41 / 524	00:38:43 / 547
565	737	WAGNER Jacek	OTWOCK			72	M30/215		(M)487	00:56:44	00:55:57	10.72	00:19:25 / 657	00:40:17 / 615
566	212	JAGIELSKI Witold	WARSZAWA			65	M40/97		(M)488	00:56:45	00:56:08	10.69	00:17:39 / 518	00:38:51 / 551
567	344	SAKOWSKA Aneta	WARSZAWA		LASEK BIELAŃSKI TEAM	75	K30/33		(K)79	00:56:46	00:55:59	10.72	00:19:32 / 665	00:40:30 / 623
568	712	KWIATKOWSKI Sławomir	WARSZAWA			77	M30/216		(M)489	00:56:48	00:56:42	10.58	00:15:31 / 247	00:38:53 / 556
569	772	TYTKOWSKI JACEK	WARSZAWA			54	M50/38		(M)490	00:56:49	00:55:55	10.73	00:17:41 / 526	00:38:26 / 537
570	594	BOROWY Krzysztof	WARSZAWA		ERA RUNNIG TEAM	74	M30/217		(M)491	00:56:50	00:56:13	10.67	00:16:53 / 407	00:38:22 / 534
571	365	ZYGMONT Tomasz	WARSZAWA		ŻÓLWIE RUNNING TEAM	69	M40/98		(M)492	00:56:50	00:56:13	10.67	00:17:52 / 538	00:38:58 / 560
572	510	RUTKOWSKI Jakub	WARSZAWA			87	M20/126		(M)493	00:56:54	00:56:18	10.66	00:17:43 / 531	00:39:04 / 562
573	469	GREWIŃSKI Tomik	WARSZAWA			69	M40/99		(M)494	00:56:54	00:56:09	10.69	00:20:08 / 694	00:40:42 / 630
574	657	FILIPCZAK Konrad	ZDUŃSKA WOLA		KOZIOŁ CLUB	86	M20/127		(M)495	00:56:56	00:56:04	10.70	00:19:13 / 633	00:39:20 / 575
575	631	BIELSKI Janusz	WARSZAWA			82	M20/128		(M)496	00:56:57	00:56:45	10.57	00:17:03 / 433	00:37:47 / 505
576	641	KARCZEWSKI Jacek	WARSZAWA		EKIPA BIEGOWA FRANCJA-POLSKA	59	M50/39		(M)497	00:56:59	00:56:00	10.71	00:18:26 / 574	00:39:06 / 564
577	639	NIEDŹWIADEK Jakub	WARSZAWA		NIEDŹWIADKI TEAM	93	M20/129		(M)498	00:57:01	00:56:25	10.64	00:19:06 / 618	00:39:48 / 600
578	213	DĄBROWSKI Marcin	WARSZAWA			78	M30/218		(M)499	00:57:02	00:56:15	10.67	00:19:00 / 607	00:39:37 / 592
579	715	ORZESZKOWSKA Agnieszka	WARSZAWA			83	K20/35		(K)80	00:57:02	00:56:16	10.66	00:19:00 / 606	00:39:37 / 593

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
580	658	BEŹNICKI Filip	WARSZAWA			82	M20/130		(M)500	00:57:03	00:56:20	10.65	00:18:49 / 594	00:39:33 / 590
581	620	WIŚNIEWSKI Paweł	RADZIKÓW		HURAGAN ŚLABOSZOWICE	73	M30/219		(M)501	00:57:05	00:56:56	10.54	00:17:02 / 428	00:38:02 / 517
582	713	BŁACH Jacek	RAWA MAZOWIECKA			74	M30/220		(M)502	00:57:05	00:56:58	10.53	00:17:02 / 429	00:38:02 / 518
583	491	BARECKI Włodzimierz	WARSZAWA			56	M50/40		(M)503	00:57:07	00:56:26	10.63	00:19:11 / 623	00:40:09 / 611
584	891	PIELACHOWSKI Piotr	WARSZAWA		BOSO ALE W OSTROGACH	59	M50/41		(M)504	00:57:08	00:56:27	10.63	00:19:12 / 625	00:40:09 / 612
585	47	MISZCZUK Luiza	WARSZAWA			74	K30/34		(K)81	00:57:10	00:56:23	10.64	00:19:14 / 637	00:39:59 / 607
586	875	KOWALEWSKA Katarzyna	WARSZAWA			74	K30/35		(K)82	00:57:10	00:56:27	10.63	00:18:55 / 597	00:39:48 / 599
587	77	MAZAN Przemysław	WARSZAWA		VEGE RUNNERS	75	M30/221		(M)505	00:57:10	00:56:27	10.63	00:18:55 / 598	00:39:48 / 601
588	211	ROGAŁA Marcin	WARSZAWA			74	M30/222		(M)506	00:57:11	00:56:32	10.61	00:18:51 / 596	00:39:46 / 598
589	655	LERCH Agnieszka	WARSZAWA			79	K30/36		(K)83	00:57:12	00:56:20	10.65	00:19:12 / 627	00:39:20 / 574
590	150	RUPIEWICZ Jarosław	WARSZAWA		KB CASTELLANUS	80	M30/223		(M)507	00:57:12	00:56:20	10.65	00:19:51 / 678	00:40:29 / 622
591	290	BUDZYŃSKI Krzysztof	WARSZAWA			85	M20/131		(M)508	00:57:13	00:56:41	10.59	00:17:16 / 470	00:38:28 / 540
592	262	GRODZKI Dariusz	HALINÓW			81	M20/132		(M)509	00:57:13	00:56:41	10.59	00:17:04 / 439	00:37:24 / 487
593	524	STYKOWSKA Barbara	ŁOMIANKI			75	K30/37		(K)84	00:57:13	00:56:39	10.59	00:17:49 / 536	00:39:13 / 567
594	420	ŁUCZAK Dariusz	WARSZAWA			72	M30/224		(M)510	00:57:17	00:56:59	10.53	00:18:00 / 547	00:39:09 / 566
595	696	DYMEL Piotr	WARSZAWA			52	M50/42		(M)511	00:57:20	00:56:55	10.54	00:17:21 / 479	00:39:06 / 565
596	445	JANKOWSKA Agnieszka	WARSZAWA		ABC KONDYCJA	80	K30/38		(K)85	00:57:22	00:56:56	10.54	00:18:12 / 558	00:39:04 / 563
597	954	OCHAL Artur	WARSZAWA		DGW	72	M30/225		(M)512	00:57:22	00:56:33	10.61	00:19:23 / 655	00:40:11 / 613
598	199	ZARZYCKI Radosław	WARSZAWA		GROTY TEAM	77	M30/226		(M)513	00:57:24	00:56:51	10.55	00:17:35 / 507	00:38:57 / 559
599	797	KUCHARSKI Ireneusz	KOMORÓW		SPORT 21	71	M30/227		(M)514	00:57:24	00:56:57	10.54	00:17:26 / 487	00:38:47 / 548
600	799	BRZOZOWSKI Marcin	WARSZAWA			79	M30/228		(M)515	00:57:34	00:57:03	10.52	00:19:15 / 640	00:40:34 / 625
601	549	ŁUKASIEWICZ Łukasz	PRUSZKÓW			80	M30/229		(M)516	00:57:34	00:57:00	10.53	00:18:41 / 587	00:40:01 / 608
602	253	GĘBALSKI Zbigniew	WARSZAWA			53	M50/43		(M)517	00:57:35	00:56:44	10.58	00:19:05 / 615	00:39:35 / 591
603	427	BIEŃ Paulina	PŁOCK			88	K20/36		(K)86	00:57:35	00:57:16	10.48	00:18:15 / 559	00:39:28 / 583
604	66	ROŚLAN Jacek	WARSZAWA		HP RUN	63	M40/100		(M)518	00:57:39	00:57:15	10.48	00:18:06 / 551	00:39:24 / 578
605	428	JAWOREK Mariusz	PŁOCK			72	M30/230		(M)519	00:57:42	00:57:18	10.47	00:17:28 / 491	00:38:08 / 524
606	730	KOJRO Krzysztof	WARSZAWA		ZWIĄZKOWIEC	49	M60/7		(M)520	00:57:43	00:57:26	10.45	00:17:37 / 514	00:39:16 / 571
607	677	NOWAK Anna	WARSZAWA			76	K30/39		(K)87	00:57:44	00:57:10	10.50	00:18:30 / 578	00:39:38 / 594
608	758	RĘBACZ Wojciech	WARSZAWA			66	M40/101		(M)521	00:57:45	00:57:00	10.53	00:18:19 / 564	00:39:32 / 588
609	976	DZIKI Marzenna	WARSZAWA		ALETEMPO	53	K50/5		(K)88	00:57:45	00:57:05	10.51	00:18:06 / 552	00:39:20 / 573
610	780	ZAREMBA-KOWALSKA Anna	WARSZAWA			67	K40/9		(K)89	00:57:55	00:57:01	10.52	00:19:17 / 645	00:40:05 / 610
611	539	MALISZEWSKA Marta	WARSZAWA			78	K30/40		(K)90	00:57:58	00:57:27	10.44	00:18:01 / 548	00:39:15 / 570
612	367	COLAUTTI Enrico	WARSZAWA			66	M40/102		(M)522	00:57:59	00:57:14	10.48	00:19:29 / 661	00:40:48 / 633
613	102	KORCZAK MICHAŁ	WARSZAWA			79	M30/231		(M)523	00:58:02	00:57:16	10.48	00:20:45 / 720	00:41:31 / 652
614	214	MIKOŁAJCZYK Anna	WARSZAWA			82	K20/37		(K)91	00:58:05	00:57:47	10.38	00:18:03 / 549	00:39:31 / 587
615	128	JELIŃSKI Michał	WARSZAWA			87	M20/133		(M)524	00:58:06	00:57:08	10.50	00:18:59 / 604	00:39:32 / 589
616	139	ZIELIŃSKA ANNA	WARSZAWA			70	K40/10		(K)92	00:58:06	00:57:08	10.50	00:19:19 / 647	00:39:58 / 606

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii Grupy in Age Group Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
617	953	ŚWIDER Karol	ZIELONKA	ZIELONKA		91	M20/134 (M)525	00:58:15	00:57:46	10.39	00:19:05 / 614	00:40:35 / 627
618	474	SZAJEWSKA Ewelina	WARSZAWA	LASEK BIELAŃSKI TEAM		80	K30/41 (K)93	00:58:16	00:57:29	10.44	00:19:33 / 666	00:40:31 / 624
619	636	ROKOSZA Katarzyna	WARSZAWA	MPTEAM		76	K30/42 (K)94	00:58:20	00:57:34	10.42	00:19:30 / 663	00:40:22 / 616
620	686	PIWOWARCZYK Agnieszka	WARSZAWA			82	K20/38 (K)95	00:58:22	00:57:34	10.42	00:19:37 / 668	00:41:15 / 640
621	837	ROGOYSKA Marta	WARSZAWA			83	K20/39 (K)96	00:58:22	00:57:47	10.38	00:19:54 / 683	00:41:00 / 635
622	335	MACIOŁEK Szymon	SIEDLCE	KOŁO STRZELECTWA SPORTOWEGO EKONOMIK		79	M30/232 (M)526	00:58:32	00:57:36	10.42	00:20:11 / 701	00:41:54 / 665
623	858	NIEDZIÓŁKA Milena	SIEDLCE			75	K30/43 (K)97	00:58:32	00:57:34	10.42	00:20:11 / 700	00:41:54 / 666
624	956	NIWIŃSKI Bartek	RADOM			77	M30/233 (M)527	00:58:37	00:57:55	10.36	00:19:43 / 672	00:40:43 / 631
625	336	KOWALEWSKI Daniel	WARSZAWA	DGW		73	M30/234 (M)528	00:58:41	00:57:51	10.37	00:19:49 / 676	00:41:14 / 638
626	476	DOBRZYCKA Kamila	KOBYŁKA	DGW		74	K30/44 (K)98	00:58:41	00:57:52	10.37	00:19:49 / 677	00:41:14 / 639
627	851	ŻUCZKOWSKI Łukasz	WARSZAWA			77	K30/45 (K)99	00:58:46	00:58:04	10.33	00:18:43 / 592	00:40:02 / 609
628	529	MAKARUK Rafał	SULEJÓWEK			69	M40/103 (M)529	00:58:54	00:58:15	10.30	00:17:42 / 529	00:39:54 / 604
629	865	OWSIAK Robert	ŁOMOANKI			74	M30/235 (M)530	00:58:58	00:58:30	10.26	00:16:35 / 371	00:38:50 / 549
630	497	DUBIELECKI Łukasz	WOLICA	BIEGAMY Z OCHOTĄ		78	M30/236 (M)531	00:58:59	00:58:46	10.21	00:17:18 / 475	00:39:24 / 579
631	378	KOWALIK Zbigniew	WARSZAWA			66	M40/104 (M)532	00:58:59	00:58:41	10.22	00:18:29 / 577	00:40:43 / 632
632	798	TAPEREK Katarzyna	WARSZAWA			77	K30/46 (K)100	00:59:01	00:58:30	10.26	00:19:14 / 639	00:40:35 / 626
633	931	CHOMIUK Andrzej	WARSZAWA			73	M30/237 (M)533	00:59:03	00:58:19	10.29	00:19:01 / 610	00:40:26 / 620
634	862	DOMAŃSKI Jacek Expedyt	WARSZAWA	WKB META LUBLINIEC		41	M60/8 (M)534	00:59:06	00:58:19	10.29	00:19:23 / 654	00:41:44 / 658
635	905	RACZYŃSKA Dorota	POZNAŃ			76	K30/47 (K)101	00:59:08	00:58:25	10.27	00:19:05 / 616	00:40:22 / 618
636	512	GAWROŃSKI Mariusz	WARSZAWA			64	M40/105 (M)535	00:59:14	00:58:23	10.28	00:19:52 / 681	00:41:36 / 653
637	902	MAKOWIECKI Jacek	WARSZAWA			76	M30/238 (M)536	00:59:26	00:58:37	10.24	00:19:09 / 621	00:40:39 / 629
638	370	WAWER Robert	KOBYŁKA			71	M30/239 (M)537	00:59:27	00:59:01	10.17	00:18:21 / 566	00:40:25 / 619
639	768	POLAK Teresa	WARSZAWA	KB GYMNASION WARSZAWA		51	K50/6 (K)102	00:59:29	00:59:00	10.17	00:17:56 / 543	00:40:15 / 614
640	579	OLEJNICZAK Bartosz	WARSZAWA			85	M20/135 (M)538	00:59:31	00:58:58	10.18	00:17:23 / 481	00:39:30 / 586
641	874	HINZMANN Szymon	WARSZAWA			78	M30/240 (M)539	00:59:34	00:58:54	10.19	00:20:04 / 691	00:42:10 / 673
642	949	KOTYŃIA Małgorzata	WARSZAWA			80	K30/48 (K)103	00:59:36	00:59:15	10.13	00:18:24 / 572	00:40:28 / 621
643	867	KRÓLAK Stanisław	WARSZAWA			60	M50/44 (M)540	00:59:36	00:59:36	10.07		
644	967	SOLARZ Marek	WARSZAWA	MARATONYPOLSKIE.PL TEAM		91	M20/136 (M)541	00:59:38	00:59:09	10.14	00:19:04 / 612	00:40:35 / 628
645	192	JÓŻWIK Zbigniew	ZIELONKA			64	M40/106 (M)542	00:59:40	00:59:04	10.16	00:18:22 / 568	00:40:22 / 617
646	576	WAGNER Tomasz	WARSZAWA			64	M40/107 (M)543	00:59:42	00:59:11	10.14	00:20:46 / 721	00:42:42 / 688
647	91	MALSKI-BRODZICKI Maciej	MARKI			80	M30/241 (M)544	00:59:51	00:59:10	10.14	00:20:03 / 690	00:41:53 / 663
648	917	SEKLECKI Bogumił	WARSZAWA			72	M30/242 (M)545	00:59:56	00:59:08	10.15	00:19:32 / 664	00:41:21 / 642
649	993	SKROK Sylwia				00	K20/40 (K)104	00:59:57	00:59:34	10.07	00:19:22 / 653	00:41:24 / 645
650	433	MAMRO Zdzisław	KRAKÓW			46	M60/9 (M)546	00:59:57	00:59:19	10.12	00:19:49 / 675	00:41:58 / 669
651	690	JAKUBIK Anna	WARSZAWA	KOBIECY TEAM BIEGOWY		74	K30/49 (K)105	00:59:57	00:59:34	10.07	00:19:22 / 651	00:41:24 / 644
652	326	WITUSKI JERZY	WARSZAWA	KLUB BIEGACZA NIKE		50	M60/10 (M)547	01:00:08	00:59:59	10.00	00:19:13 / 634	00:41:11 / 637
653	908	KUCHARSKI Marek	GLUSZYNA			75	M30/243 (M)548	01:00:17	00:59:32	10.08	00:19:26 / 659	00:41:43 / 656

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
654	909	ADAMIAK Agnieszka	ŁÓDŹ			71	K30/50		(K)106	01:00:17	00:59:33	10.08	00:19:27 / 660	00:41:42 / 655
655	692	KŁOS Andrzej	MARKI	DGW		65	M40/108		(M)549	01:00:21	00:59:30	10.08	00:19:55 / 685	00:42:10 / 672
656	275	BERENT Irena	WARSZAWA			74	K30/51		(K)107	01:00:27	00:59:41	10.05	00:18:59 / 603	00:41:01 / 636
657	857	NIEDZIÓŁKA Tomasz	SIEDLCE			75	M30/244		(M)550	01:00:29	00:59:32	10.08	00:20:15 / 704	00:43:07 / 696
658	856	NIEDZIÓŁKA Jakub	SIEDLCE			94	M20/137		(M)551	01:00:29	00:59:33	10.08	00:20:15 / 703	00:43:06 / 695
659	646	OBIERZYŃSKI Arkadiusz	ZĄBKI			70	M40/109		(M)552	01:00:41	00:59:47	10.04	00:20:23 / 708	00:42:30 / 682
660	866	MUSZYŃSKI Edmund	WARSZAWA			55	M50/45		(M)553	01:00:47	01:00:05	9.99	00:19:05 / 613	00:41:20 / 641
661	493	TUCZYŃSKA Elżbieta	PRUSZKÓW	KB PRUSZKÓW		65	K40/11		(K)108	01:00:57	01:00:32	9.91	00:19:56 / 686	00:42:29 / 681
662	118	BOJANOWSKI Jakub	ZIELONKA	DELOITTE ADVENTURE TEAM		67	M40/110		(M)554	01:00:57	01:00:14	9.96	00:18:59 / 602	00:41:38 / 654
663	69	SADOWSKI Piotr	NOWY TOMYŚL			78	M30/245		(M)555	01:00:59	01:00:25	9.93	00:17:34 / 504	00:41:29 / 649
664	612	LASKUS Wiktoria	WARSZAWA			83	K20/41		(K)109	01:00:59	01:00:26	9.93	00:19:14 / 636	00:41:25 / 646
665	614	ZIOBER Roman	WROCLAW			58	M50/46		(M)556	01:01:00	01:00:06	9.98	00:20:25 / 711	00:43:19 / 701
666	463	WALEWSKA Agnieszka	WARSZAWA	NIEZRZESZONA		73	K30/52		(K)110	01:01:04	01:00:23	9.94	00:19:51 / 679	00:42:32 / 684
667	391	TURLEJ Zbigniew	WARSZAWA			48	M60/11		(M)557	01:01:07	01:00:27	9.93	00:18:59 / 601	00:42:23 / 675
668	826	KONDEJ Łukasz	WARSZAWA	KW TWG		79	M30/246		(M)558	01:01:16	01:00:45	9.88	00:20:07 / 693	00:43:08 / 697
669	838	DZIKOWSKI Dariusz	ŻELECHLINEK	AZS SGGW		87	M20/138		(M)559	01:01:20	01:01:01	9.83	00:18:33 / 582	00:41:48 / 662
670	940	ZAWIŚLAK robert	WARSZAWA			59	M50/47		(M)560	01:01:22	01:00:40	9.89	00:19:14 / 638	00:41:31 / 651
671	60	KALATA Piotr	WARSZAWA			80	M30/247		(M)561	01:01:24	01:00:51	9.86	00:19:00 / 605	00:41:44 / 659
672	167	MIELNIK Aneta	JADWISIN			73	K30/53		(K)111	01:01:32	01:00:45	9.88	00:20:18 / 707	00:42:39 / 686
673	824	KOWALEWSKI Paweł	OSTROŁĘKA			70	M40/111		(M)562	01:01:33	01:00:58	9.84	00:18:34 / 583	00:41:29 / 650
674	240	SZARSKI Grzegorz	WARSZAWA	ALETEMPO		87	M20/139		(M)563	01:01:33	01:00:53	9.85	00:20:09 / 696	00:42:26 / 677
675	266	GRABOWSKA Renata	WARSZAWA	ALE TEMPO		72	K30/54		(K)112	01:01:33	01:00:51	9.86	00:20:10 / 699	00:42:26 / 678
676	241	SZARSKA Iwona	WARSZAWA	ALETEMPO		60	K50/7		(K)113	01:01:34	01:00:53	9.85	00:20:09 / 695	00:42:29 / 680
677	364	ZIENTEK Łukasz	WARSZAWA			76	M30/248		(M)564	01:01:34	01:00:53	9.85	00:20:09 / 697	00:42:28 / 679
678	464	WALEWSKI Marcin	WARSZAWA	NIEZRZESZONY		71	M30/249		(M)565	01:01:40	01:00:58	9.84	00:19:51 / 680	00:42:33 / 685
679	705	MOSZKOWICZ Eugeniusz	WARSZAWA	ABCKODYCJA LAS KABACKI		42	M60/12		(M)566	01:01:44	01:01:07	9.82	00:18:39 / 586	00:41:27 / 648
680	314	WOLIŃSKI Rafał	PRUSZKÓW			73	M30/250		(M)567	01:01:47	01:01:07	9.82	00:19:08 / 620	00:41:46 / 661
681	87	KILJAŃSKA Marta	WARSZAWA			83	K20/42		(K)114	01:01:54	01:01:14	9.80	00:19:21 / 649	00:42:00 / 670
682	833	DOLIŃSKI Tadeusz	WARSZAWA	AMATOR		58	M50/48		(M)568	01:02:03	01:01:24	9.77	00:19:15 / 642	00:41:45 / 660
683	468	CZUPTA Hieronim	WARSZAWA	WARSZAWSKA MASA KRYTYCZNA		74	M30/251		(M)569	01:02:07	01:01:28	9.76	00:20:15 / 705	00:42:54 / 693
684	265	ZDUNIAK Grzegorz	WARSZAWA			84	M20/140		(M)570	01:02:09	01:01:22	9.78	00:19:30 / 662	00:42:16 / 674
685	51	KASIERSKA Ewa Katarzyna	POZNAŃ	DRUŻYNA SZPIKU		48	K60/1		(K)115	01:02:10	01:01:26	9.77	00:19:47 / 674	00:42:41 / 687
686	176	RAUZER Robert	WARSZAWA			72	M30/252		(M)571	01:02:18	01:01:27	9.76	00:18:43 / 591	00:41:26 / 647
687	306	REMBERK Barbara	WARSZAWA			74	K30/55		(K)116	01:02:21	01:01:33	9.75	00:19:13 / 632	00:42:26 / 676
688	828	DAM Marta	PRUSZKÓW			92	K20/43		(K)117	01:02:22	01:01:49	9.71	00:18:29 / 576	00:41:23 / 643
689	663	BALCERZAK Krystyna	PIASECZNO			63	K40/12		(K)118	01:02:22	01:01:25	9.77	00:20:17 / 706	00:43:13 / 699
690	321	SOŻYŃSKA Edyta	WROCLAW			71	K30/56		(K)119	01:02:22	01:01:27	9.76	00:20:25 / 712	00:43:13 / 698

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
691	633	MYTYCH Elżbieta	WARSZAWA			61	K40/13	(K)120		01:02:22	01:01:27	9.76	00:20:23 / 709	00:43:19 / 702
692	742	KRZYCZKOWSKI RAFAŁ	WARSZAWA			72	M30/253	(M)572		01:02:29	01:01:33	9.75	00:19:16 / 644	00:41:53 / 664
693	827	DAM Michał	PRUSZKÓW			96	M20/141	(M)573		01:02:33	01:02:01	9.67	00:17:20 / 478	00:41:57 / 667
694	961	CZARNECKA Ilona	ŁOMIANKI			74	K30/57	(K)121		01:02:34	01:01:50	9.70	00:19:41 / 670	00:42:46 / 690
695	624	ŁUBIAN Iwona	OTWOCK			82	K20/44	(K)122		01:02:36	01:01:46	9.71	00:20:48 / 723	00:43:48 / 705
696	607	MARUSZAK Piotr	WARSZAWA			84	M20/142	(M)574		01:02:44	01:01:46	9.71	00:19:24 / 656	00:43:52 / 707
697	368	PODLEWSKA Anna	WARSZAWA		RUN KAYAX RUN	81	K20/45	(K)123		01:02:50	01:02:01	9.67	00:21:42 / 738	00:44:51 / 718
698	302	GREWIŃSKA Natalia	WARSZAWA			76	K30/58	(K)124		01:02:53	01:02:04	9.67	00:21:41 / 737	00:44:49 / 717
699	462	ŁACHETA Jerzy	WARSZAWA			61	M40/112	(M)575		01:03:00	01:02:08	9.66	00:19:06 / 617	00:41:43 / 657
700	815	KOTOWSKA Katarzyna	DĘBE WIELKIE		AKADEMIA SZTUK WALKI	94	K20/46	(K)125		01:03:03	01:02:40	9.57	00:18:45 / 593	00:42:05 / 671
701	781	KOWALSKI Witold	WARSZAWA			66	M40/113	(M)576		01:03:05	01:02:13	9.64	00:20:14 / 702	00:42:50 / 691
702	518	KAJAK Daniel	GARWOLIN		TRUCHTACZ.PL	90	M20/143	(M)577		01:03:09	01:02:50	9.55	00:19:26 / 658	00:42:45 / 689
703	608	MARUSZAK Marta	WARSZAWA			87	K20/47	(K)126		01:03:19	01:02:21	9.62	00:20:27 / 714	00:43:54 / 708
704	896	WAŚOWICZ DARIUSZ	WIELOGÓRA			63	M40/114	(M)578		01:03:42	01:03:00	9.52	00:19:35 / 667	00:42:31 / 683
705	175	DĄBROWSKI Robert	WARSZAWA			71	M30/254	(M)579		01:03:55	01:03:22	9.47	00:17:52 / 539	00:40:57 / 634
706	584	LESZCZUK Adam	WARSZAWA			74	M30/255	(M)580		01:03:56	01:03:01	9.52	00:21:37 / 736	00:45:13 / 719
707	825	SYNDYBAŁ Olga	WARSZAWA			81	K20/48	(K)127		01:03:58	01:03:17	9.48	00:19:56 / 687	00:43:38 / 704
708	375	JANCZYK Rafał	WARSZAWA			68	M40/115	(M)581		01:04:05	01:03:40	9.42	00:18:18 / 561	00:42:51 / 692
709	702	OLCZAK Grzegorz	WARSZAWA			73	M30/256	(M)582		01:04:10	01:03:33	9.44	00:19:53 / 682	00:43:21 / 703
710	254	GĘBALSKA Kasia	WARSZAWA			94	K20/49	(K)128		01:04:35	01:03:44	9.41	00:19:42 / 671	00:43:03 / 694
711	132	SADOWSKA Katarzyna	WARSZAWA			83	K20/50	(K)129		01:04:43	01:04:08	9.36	00:19:54 / 684	00:43:51 / 706
712	222	KONCZEREWICZ Karol	WARSZAWA			75	M30/257	(M)583		01:04:45	01:04:23	9.32	00:16:55 / 412	00:39:54 / 603
713	698	MOĆKO Beata	WOŁOMIN			72	K30/59	(K)130		01:04:52	01:04:12	9.35	00:19:13 / 631	00:44:35 / 713
714	901	NIEROBISZ Joanna	WIESZOWA			73	K30/60	(K)131		01:04:53	01:04:04	9.37	00:20:35 / 718	00:44:32 / 712
715	589	ROZBICKA-WIECZOREK Agnieszka	WARSZAWA			82	K20/51	(K)132		01:04:53	01:04:03	9.37	00:20:49 / 725	00:44:25 / 710
716	257	RASIŃSKA EWELINA	GUZOWATKA			88	K20/52	(K)133		01:04:55	01:04:17	9.33	00:20:06 / 692	00:44:47 / 716
717	79	MATULANIEC Elżbieta	WARSZAWA		DAMY RADE	56	K50/8	(K)134		01:05:26	01:04:39	9.28	00:20:26 / 713	00:44:44 / 715
718	337	HOMICKI Bogusław	WARSZAWA			41	M60/13	(M)584		01:05:34	01:05:23	9.18	00:19:12 / 628	00:41:58 / 668
719	267	KUKIER Monika	WARSZAWA		ALE TEMPO	75	K30/61	(K)135		01:05:34	01:04:52	9.25	00:20:10 / 698	00:43:57 / 709
720	532	JELIŃSKA Małgorzata	WARSZAWA			83	K20/53	(K)136		01:05:42	01:04:45	9.27	00:22:02 / 745	00:45:50 / 725
721	531	JELIŃSKI Marcin	WARSZAWA			82	M20/144	(M)585		01:05:42	01:04:44	9.27	00:22:03 / 746	00:45:51 / 726
722	247	RADYMIAK anna	WARSZAWA			83	K20/54	(K)137		01:05:46	01:05:01	9.23	00:20:31 / 717	00:44:44 / 714
723	67	ROSLAN Małgorzata	WARSZAWA			64	K40/14	(K)138		01:06:08	01:05:44	9.13	00:19:45 / 673	00:44:29 / 711
724	234	STUSIŃSKA Karolina	SIEDLCE		KOŁO STRZELECTWA SPORTOWEGO EKONOMIK SIEDL	93	K20/55	(K)139		01:06:09	01:05:32	9.16	00:19:03 / 611	00:43:15 / 700
725	610	WACHOWICZ Małgorzata	WARSZAWA		AMATOR	84	K20/56	(K)140		01:06:22	01:05:43	9.13	00:20:48 / 722	00:45:46 / 724
726	395	SZYSZKOWSKI Włodzimierz	WARSZAWA			68	M40/116	(M)586		01:06:24	01:05:49	9.12	00:21:02 / 729	00:45:36 / 721

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
727	689	RADWAŃSKA Agnieszka	WARSZAWA			85	K20/57	(K)141		01:06:33	01:05:39	9.14	00:22:08 / 747	00:46:56 / 736
728	764	BONCZAK Marcin	WARSZAWA			81	M20/145	(M)587		01:06:52	01:06:06	9.08	00:20:28 / 716	00:46:46 / 735
729	44	ŚLUBOWSKI Konstanty	WARSZAWA			46	M60/14	(M)588		01:07:00	01:06:09	9.07	00:21:02 / 730	00:45:41 / 722
730	472	MICHALSKI Piotr	WARSZAWA			82	M20/146	(M)589		01:07:28	01:06:36	9.01	00:22:01 / 742	00:46:29 / 732
731	541	KRUŚ Magdalena	WARSZAWA			85	K20/58	(K)142		01:07:28	01:06:36	9.01	00:22:01 / 743	00:46:29 / 733
732	558	DULKO Bożena	WARSZAWA			74	K30/62	(K)143		01:07:31	01:06:44	8.99	00:20:56 / 728	00:46:09 / 728
733	142	BULICZ-KASPRZAK Katarzyna	SULEJÓWEK			76	K30/63	(K)144		01:07:41	01:06:53	8.97	00:20:49 / 724	00:46:25 / 730
734	90	WAWRZYCKA Marta	KIELCE			84	K20/59	(K)145		01:07:53	01:06:57	8.96	00:22:58 / 752	00:47:23 / 739
735	605	ORDOŃSKA Sandra	NOWY DWÓR		JOGGER	94	K20/60	(K)146		01:07:59	01:07:54	8.84	00:19:12 / 624	00:45:17 / 720
736	59	SWIERZYŃSKI Tomasz	WARSZAWA		GEMS	84	M20/147	(M)590		01:08:52	01:08:20	8.78	00:19:37 / 669	00:46:37 / 734
737	994	KAMIŃSKI Przemysław				84	M20/148	(M)591		01:08:52	01:07:59	8.83	00:21:08 / 731	00:45:41 / 723
738	502	KOROŚ Magdalena	CHYLICZKI			64	K40/15	(K)147		01:08:59	01:08:29	8.76	00:21:12 / 732	00:46:25 / 731
739	431	PIOTRKOWICZ Urszula	WARSZAWA			74	K30/64	(K)148		01:09:02	01:08:08	8.81	00:22:08 / 748	00:47:12 / 738
740	609	BENDOWSKI Norbert	WARSZAWA		NOCNY ROWER	87	M20/149	(M)592		01:09:16	01:08:15	8.79	00:20:52 / 726	00:48:45 / 750
741	628	DOBRZYŃECKA Anna	WARSZAWA		NOCNY ROWER	90	K20/61	(K)149		01:09:16	01:08:16	8.79	00:20:52 / 727	00:48:45 / 751
742	629	ZIÓLEK Elżbieta	WARSZAWA		BIEGAMY Z OCHOTĄ	60	K50/9	(K)150		01:09:36	01:08:50	8.72	00:21:56 / 740	00:47:55 / 742
743	495	HORDYJ-LEPLE Joanna	OPACZ-KOLONIA		KLUB BIEGACZA PL	73	K30/65	(K)151		01:09:59	01:09:03	8.69	00:20:24 / 710	00:47:07 / 737
744	394	NIEŚCIORUK Anna	ŁOMIANKI			67	K40/16	(K)152		01:10:04	01:09:07	8.68	00:22:56 / 751	00:48:04 / 744
745	753	TUROWSKI Jacek	WARSZAWA			66	M40/117	(M)593		01:10:18	01:09:40	8.61	00:21:33 / 735	00:47:43 / 741
746	488	MAREK Henryk	WARSZAWA		BRAK	47	M60/15	(M)594		01:10:23	01:09:33	8.63	00:22:02 / 744	00:47:36 / 740
747	270	ZDANOWICZ Agnieszka	WARSZAWA			87	K20/62	(K)153		01:10:30	01:09:36	8.62	00:22:13 / 750	00:48:05 / 745
748	937	KRAWCZYK Klaudia	PIASTÓW			93	K20/63	(K)154		01:10:40	01:09:57	8.58	00:21:57 / 741	00:48:23 / 747
749	352	NAGRODZKA Maryla	KOBYŁKA			75	K30/66	(K)155		01:11:11	01:10:45	8.48	00:21:25 / 734	00:48:10 / 746
750	351	BOGUSZ Marek	WARSZAWA			66	M40/118	(M)595		01:11:12	01:10:46	8.48	00:19:22 / 652	00:45:56 / 727
751	617	PRAGA Anna	WARSZAWA			56	K50/10	(K)156		01:11:13	01:11:05	8.44	00:20:42 / 719	00:48:02 / 743
752	218	CZECHOWSKI Jerzy	WARSZAWA			49	M60/16	(M)596		01:11:36	01:10:55	8.46	00:21:45 / 739	00:48:30 / 749
753	793	STREFLIK Katarzyna	GRÓJEC			91	K20/64	(K)157		01:11:36	01:11:04	8.44	00:20:28 / 715	00:48:24 / 748
754	763	ZIENTEK Łukasz	WARSZAWA			84	M20/150	(M)597		01:11:36	01:10:34	8.50	00:24:08 / 763	00:50:47 / 756
755	520	KAJAK Anna	GARWOLIN		TRUCHTACZ.PL	94	K20/65	(K)158		01:12:18	01:11:57	8.34	00:23:54 / 759	00:50:07 / 754
756	338	SITKO Dariusz	WARSZAWA		AKADEMIA OBRONY NARODOWEJ	58	M50/49	(M)598		01:12:30	01:11:52	8.35	00:21:19 / 733	00:49:10 / 752
757	376	GRABOWSKI Krzysztof	WARSZAWA			84	M20/151	(M)599		01:12:59	01:12:12	8.31	00:22:08 / 749	00:49:25 / 753
758	455	ZIELIŃSKI Tomasz	WARSZAWA			57	M50/50	(M)600		01:14:21	01:13:46	8.13	00:17:41 / 525	00:46:15 / 729
759	933	WALCZAK Anna	WARSZAWA			87	K20/66	(K)159		01:14:41	01:13:45	8.14	00:24:07 / 762	00:51:16 / 757
760	89	SUCHOŃSKA Małgorzata	HALINÓW			79	K30/67	(K)160		01:14:59	01:14:04	8.10	00:23:19 / 756	00:50:40 / 755
761	285	FLIS Artur	MICHAŁOWICE			86	M20/152	(M)601		01:15:11	01:14:17	8.08	00:23:15 / 754	00:51:21 / 758
762	287	FLIS Grażyna	MICHAŁOWICE			57	K50/11	(K)161		01:15:13	01:14:18	8.08	00:23:17 / 755	00:51:22 / 759
763	385	OSKROBA Karolina	MARKI			83	K20/67	(K)162		01:15:31	01:14:37	8.04	00:23:46 / 758	00:51:54 / 761

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Grupy Group	Sex	Wynik Time	Wynik Netto [km/h]	3.33 km	Check points 6.66 km	
764	387	MIKOŁAJCZYK Agata	WARSZAWA			76	K30/68	(K)	163	01:15:31	01:14:38	8.04	00:23:45 / 757	00:51:54 / 760
765	506	ŁUKAWSKA Karolina	LEGIONOWO			88	K20/68	(K)	164	01:15:53	01:14:54	8.01	00:24:17 / 764	00:52:00 / 762
766	545	PIWNICKA Magdalena	POMIECHÓWEK			88	K20/69	(K)	165	01:15:54	01:14:55	8.01	00:24:17 / 765	00:52:00 / 763
767	703	GADOMSKI robert	WARSZAWA			72	M30/258	(M)	602	01:16:11	01:15:12	7.98	00:23:15 / 753	00:52:25 / 764
768	912	CZUBAKOWSKI Sławomir	WARSZAWA			64	M40/119	(M)	603	01:18:33	01:18:20	7.66	00:23:58 / 760	00:53:24 / 766
769	913	GADZAŁA Katarzyna	WARSZAWA			88	K20/70	(K)	166	01:18:40	01:18:27	7.65	00:23:58 / 761	00:53:24 / 765
770	71	PERET Karolina	WARSZAWA			82	K20/71	(K)	167	01:20:06	01:19:16	7.57	00:24:49 / 766	00:54:32 / 767
771	816	MOKRACKI Paweł	WARSZAWA		NIEZRZESZONY	61	M40/120	(M)	604	01:23:20	01:22:34	7.27	00:25:51 / 767	00:56:30 / 768
772	992	NEDŹWIECKI Jan (2 koła !!)	WARSZAWA			30	M70/3	(M)	605	02:05:35	02:04:45	4.81	00:32:46 / 768	

ZAWODNICY NIE UKOŃCZYLI WYŚCIGU